

1. Result Men Group A 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	12 Tim Broere	M35	19	I	38.94		
2	80 Shuji Sugawara	M35	18	O	39.12		
3	101 Filip-Mihail Woicik	M40	20	O	40.47	MT	
4	74 Bart Seffinga	M40	19	O	40.60		
5	46 André Los	M30	18	I	41.35		
6	6 Martin Beaudry	M50	14	O	41.80		
7	30 Martin Heerma	M50	14	I	42.20		
8	100 Michiel Wienese	M45	15	I	42.22		
9	66 Mark Reiling	M40	16	I	42.36		
10	37 Azamat Ismailov	M45	13	I	42.98		
11	72 Jeroen Schoppink	M40	17	O	43.09		
12	93 Erik van Hooft	M45	9	O	43.13	MT	
13	59 Takafumi Osame	M50	20	I	43.15		
14	60 Harry Pardijs	M45	13	O	43.16		
15	89 Martijn van der Horst	M50	9	I	43.24		
16	51 Frode Midjo	M50	10	I	43.27		
17	63 Maarten Quist	M45	11	I	43.37		
18	16 Niels de Jager	M40	12	O	43.63	MT	
19	18 Ian Dwyer	M45	15	O	43.93		
20	1 Erol Aksoy	M50	12	I	44.19		
21	103 Ben Young	M35	8	O	44.49	MT	
22	92 Sybe van Hijum	M30	11	O	44.86		
23	29 Andreas Haugerud	M35	8	I	45.10	MT	
24	15 Ronald de Graaf	M50	7	I	45.26	MT	
25	43 Willem Leeuwenburgh	M30	10	O	45.36	MT	
26	64 Anders Ratdal	M45	5	I	46.23	MT	
	19 Mike Egberts	M40	7	O	46.23		
28	65 Yngve Raudberget	M45	17	I	46.81		
29	83 Yan Traversy	M45	6	I	47.32	MT	
30	39 Christian Kelm	M40	6	O	50.49		
31	42 Dennis Laubhan	M45	5	O	53.78	MT	
32	57 Frode Nordahl	M45	3	I	55.24		
33	22 Jérôme Gass	M40	1	I	56.20		
34	85 Kevin van Cleef	M40	3	O	56.70		
35	7 Wim Bijkerk	M35	4	O	1:07.41		
	102 Andy Wong	M50	4	I	DNS		
	33 Vincent Henry	M35	16	O	DNS		

1. Race Result Men Group A 500 meter

		Name		Cat		PB	Time	Info
1	wt rd	22 Jérôme Gass		M40			56.20	
		Jérôme Gass						
		100m	15.62	(15.62)		m		
		500m	56.20	(40.58)				

		Name		Cat		PB	Time	Info
2	yw bl							

		Name		Cat		PB	Time	Info
3	wt rd	57 Frode Nordahl		M45		50.43	55.24	
		85 Kevin van Cleef		M40		50.47	56.70	
		Frode Nordahl						
		100m	14.55	(14.55)		100m	15.48	(15.48)
		500m	55.24	(40.69)		500m	56.70	(41.22)
		Kevin van Cleef						

		Name		Cat		PB	Time	Info
4	yw bl	102 Andy Wong		M50		1:04.63	DNS	
		7 Wim Bijkerk		M35		1:02.06	1:07.41	
		Andy Wong						
		Wim Bijkerk						
			100m	17.47	(17.47)			
			500m	1:07.41	(49.94)			

		Name		Cat		PB	Time	Info
5	wt rd	64 Anders Ratdal		M45		39.52	46.23	MT
		42 Dennis Laubhan		M45		49.38	53.78	MT
		Anders Ratdal						
		100m	12.62	(12.62)		100m	14.09	(14.09)
		500m	46.23	(33.61)		500m	53.78	(39.69)
		Dennis Laubhan						

		Name	Cat	PB	Time	Info
6	yw	83 Yan Traversy	M45	45.28	47.32	MT
	bl	39 Christian Kelm	M40	48.41	50.49	
		Yan Traversy		Christian Kelm		
		100m 12.83 (12.83)		100m 15.00 (15.00)		
		500m 47.32 (34.49)		500m 50.49 (35.49)		
		Name	Cat	PB	Time	Info
7	wt	15 Ronald de Graaf	M50	43.31	45.26	MT
	rd	19 Mike Egberts	M40	42.60	46.23	
		Ronald de Graaf		Mike Egberts		
		100m 12.81 (12.81)		100m 12.94 (12.94)		
		500m 45.26 (32.45)		500m 46.23 (33.29)		
		Name	Cat	PB	Time	Info
8	yw	29 Andreas Haugerud	M35	41.82	45.10	MT
	bl	103 Ben Young	M35	45.13	44.49	MT
		Andreas Haugerud		Ben Young		
		100m 12.24 (12.24)		100m 12.07 (12.07)		
		500m 45.10 (32.86)		500m 44.49 (32.42)		
		Name	Cat	PB	Time	Info
9	wt	89 Martijn van der Horst	M50	39.70	43.24	
	rd	93 Erik van Hooft	M45	38.72	43.13	MT
		Martijn van der Horst		Erik van Hooft		
		100m 12.02 (12.02)		100m 11.47 (11.47)		
		500m 43.24 (31.22)		500m 43.13 (31.66)		
		Name	Cat	PB	Time	Info
10	yw	51 Frode Midjo	M50	39.86	43.27	
	bl	43 Willem Leeuwenburgh	M30	42.61	45.36	MT
		Frode Midjo		Willem Leeuwenburgh		
		100m 12.16 (12.16)		100m 12.26 (12.26)		
		500m 43.27 (31.11)		500m 45.36 (33.10)		

		Name	Cat	PB	Time	Info
11	wt	63 Maarten Quist	M45	42.62	43.37	
	rd	92 Sybe van Hijum	M30	42.80	44.86	
		Maarten Quist		Sybe van Hijum		
		100m 11.76 (11.76)		100m 12.44 (12.44)		
		500m 43.37 (31.61)		500m 44.86 (32.42)		
		Name	Cat	PB	Time	Info
12	yw	1 Erol Aksoy	M50	42.61	44.19	
	bl	16 Niels de Jager	M40	41.32	43.63	MT
		Erol Aksoy		Niels de Jager		
		100m 12.25 (12.25)		100m 12.10 (12.10)		
		500m 44.19 (31.94)		500m 43.63 (31.53)		
		Name	Cat	PB	Time	Info
13	wt	37 Azamat Ismailov	M45	41.64	42.98	
	rd	60 Harry Pardijs	M45	37.19	43.16	
		Azamat Ismailov		Harry Pardijs		
		100m 11.62 (11.62)		100m 11.88 (11.88)		
		500m 42.98 (31.36)		500m 43.16 (31.28)		
		Name	Cat	PB	Time	Info
14	yw	30 Martin Heerma	M50	39.87	42.20	
	bl	6 Martin Beaudry	M50	41.53	41.80	
		Martin Heerma		Martin Beaudry		
		100m 11.59 (11.59)		100m 11.29 (11.29)		
		500m 42.20 (30.61)		500m 41.80 (30.51)		
		Name	Cat	PB	Time	Info
15	wt	100 Michiel Wienese	M45	39.40	42.22	
	rd	18 Ian Dwyer	M45	40.54	43.93	
		Michiel Wienese		Ian Dwyer		
		100m 11.67 (11.67)		100m 11.66 (11.66)		
		500m 42.22 (30.55)		500m 43.93 (32.27)		

		Name	Cat	PB	Time	Info
16	yw	66 Mark Reiling	M40	39.26	42.36	
	bl	33 Vincent Henry	M35	40.96	DNS	
		Mark Reiling		Vincent Henry		
		100m	11.75 (11.75)			
		500m	42.36 (30.61)			
		Name	Cat	PB	Time	Info
17	wt	65 Yngve Raudberget	M45	39.59	46.81	
	rd	72 Jeroen Schoppink	M40	37.66	43.09	
		Yngve Raudberget		Jeroen Schoppink		
		100m	12.38 (12.38)	100m	11.32 (11.32)	
		500m	46.81 (34.43)	500m	43.09 (31.77)	
		Name	Cat	PB	Time	Info
18	yw	46 André Los	M30	38.48	41.35	
	bl	80 Shuji Sugawara	M35	37.52	39.12	
		André Los		Shuji Sugawara		
		100m	11.93 (11.93)	100m	10.75 (10.75)	
		500m	41.35 (29.42)	500m	39.12 (28.37)	
		Name	Cat	PB	Time	Info
19	wt	12 Tim Broere	M35	38.17	38.94	
	rd	74 Bart Seffinga	M40	37.10	40.60	
		Tim Broere		Bart Seffinga		
		100m	10.40 (10.40)	100m	11.22 (11.22)	
		500m	38.94 (28.54)	500m	40.60 (29.38)	
		Name	Cat	PB	Time	Info
20	yw	59 Takafumi Osame	M50	38.74	43.15	
	bl	101 Filip-Mihail Woicik	M40	39.21	40.47	MT
		Takafumi Osame		Filip-Mihail Woicik		
		100m	11.66 (11.66)	100m	10.88 (10.88)	
		500m	43.15 (31.49)	500m	40.47 (29.59)	

2. Result Women Group A 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	11 Claudia Henckel	W35	8	I	44.84		
2	41 Evelien van der Kist	W35	7	I	46.10		
3	33 Teresa Schneider	W35	7	O	47.55		
4	25 Nicole Peeters	W30	6	O	47.93		
5	50 Irma Woud	W50	8	O	48.77		
6	42 Anna Van der Stok	W50	4	O	48.81		
7	48 Tomoko Wakazuki	W40	5	I	48.85		
8	44 Wendy van der Ham	W50	5	O	48.92		
9	2 Heidi Beck	W30	6	I	49.36		
10	14 Renate Jeppsson	W50	3	O	49.49		
11	29 Kim Reid	W50	3	I	51.39		
12	6 Jessica Chu	W30	2	I	54.13	PB	
13	22 Tove Julianne Nerdahl	W45	1	I	54.49		
14	21 Evelyn Mein-Klok	W50	4	I	55.26		
15	36 Jip Spel	W30	1	O	58.63	MT	
16	46 Daniela Völker	W45	2	O	58.96		

2. Race Result Women Group A 500 meter

		Name		Cat		PB	Time	Info
1	wt	22 Tove Julianne Nerdahl		W45		49.80	54.49	
	rd	36 Jip Spel		W30		53.21	58.63	MT
		Tove Julianne Nerdahl		Jip Spel				
		100m	14.43	(14.43)	100m	14.99	(14.99)	
		500m	54.49	(40.06)	500m	58.63	(43.64)	
		Name		Cat		PB	Time	Info
2	yw	6 Jessica Chu		W30		55.53	54.13	PB
	bl	46 Daniela Völker		W45		56.62	58.96	
		Jessica Chu		Daniela Völker				
		100m	14.04	(14.04)	100m	15.13	(15.13)	
		500m	54.13	(40.09)	500m	58.96	(43.83)	
		Name		Cat		PB	Time	Info
3	wt	29 Kim Reid		W50		47.63	51.39	
	rd	14 Renate Jeppsson		W50		42.90	49.49	
		Kim Reid		Renate Jeppsson				
		100m	13.93	(13.93)	100m	13.18	(13.18)	
		500m	51.39	(37.46)	500m	49.49	(36.31)	
		Name		Cat		PB	Time	Info
4	yw	21 Evelyn Mein-Klok		W50		53.08	55.26	
	bl	42 Anna Van der Stok		W50		47.67	48.81	
		Evelyn Mein-Klok		Anna Van der Stok				
		100m	14.85	(14.85)	100m	12.96	(12.96)	
		500m	55.26	(40.41)	500m	48.81	(35.85)	
		Name		Cat		PB	Time	Info
5	wt	48 Tomoko Wakazuki		W40		43.26	48.85	
	rd	44 Wendy van der Ham		W50		45.90	48.92	
		Tomoko Wakazuki		Wendy van der Ham				
		100m	12.86	(12.86)	100m	12.74	(12.74)	
		500m	48.85	(35.99)	500m	48.92	(36.18)	

		Name	Cat	PB	Time	Info
6	yw	2 Heidi Beck	W30	46.68	49.36	
	bl	25 Nicole Peeters	W30	44.87	47.93	
		Heidi Beck		Nicole Peeters		
		100m	12.61 (12.61)	100m	13.08 (13.08)	
		500m	49.36 (36.75)	500m	47.93 (34.85)	

		Name	Cat	PB	Time	Info
7	wt	41 Evelien van der Kist	W35	43.03	46.10	
	rd	33 Teresa Schneider	W35	44.80	47.55	
		Evelien van der Kist		Teresa Schneider		
		100m	12.51 (12.51)	100m	12.02 (12.02)	
		500m	46.10 (33.59)	500m	47.55 (35.53)	

		Name	Cat	PB	Time	Info
8	yw	11 Claudia Henckel	W35	42.19	44.84	
	bl	50 Irma Woud	W50	43.36	48.77	
		Claudia Henckel		Irma Woud		
		100m	12.21 (12.21)	100m	12.92 (12.92)	
		500m	44.84 (32.63)	500m	48.77 (35.85)	

3. Result Men Group B 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	84 Aart van Beuzekom	M55	17	O	44.55		
2	75 Piet Siemonsma	M70	18	O	45.38		
3	96 Hans van Peperstraten	M70	14	I	45.44		
4	86 Klaas van den Berg	M60	16	I	45.46	MT	
	87 Victor van den Hoff	M65	17	I	45.46		
6	50 Jan Mein	M65	15	I	45.62	MT	
7	21 Bjørn Fjelnseth	M55	14	O	47.41		
8	32 Morten Henriksen	M65	16	O	48.11		
9	98 Erik Vea	M70	13	I	48.68		
10	8 Robert Black	M60	15	O	48.81	MT	
11	49 Reinhold Marsollek	M70	11	I	48.85		
12	79 Arne Stenhaug	M65	10	I	49.56		
13	10 Egil Bokn	M70	11	O	50.21		
14	71 Thomas Rumpf	M60	13	O	50.31		
15	77 Harold Spragg	M65	12	I	50.79		
16	52 Tomomatsu Misawa	M55	3	O	51.34		
17	94 Chris van Koeverden	M65	9	O	52.28		
18	45 Ole Løland	M65	7	O	53.25	PB	
19	14 Michele Giuseppe Cortesi	M60	8	O	54.54		
20	68 Frans Rietveld	M80	8	I	55.01		
21	17 Pieter den Dunnen	M75	7	I	55.07		
22	36 Thomas Hoekstra	M70	9	I	55.46		
23	91 Ton van Helden	M75	6	I	57.41		
24	25 Volker Hannig	M55	5	I	57.91		
25	26 Hans-Gerd Heyne	M60	10	O	58.12		
26	13 Bujiin Jalbaa	M80	3	I	59.90		
27	82 Bruno Toniolli	M80	6	O	1:00.75		
28	9 Emilio Boicelli	M75	5	O	1:01.19		
29	81 Kenji Takai	M55	4	I	1:03.24	MT PB	
30	35 Gunnar Hiesgen	M55	4	O	1:09.74		
31	4 Badam Tumurbaatar	M55	1	I	1:11.91		
	61 Robert Petutschnigg	M55	12	O	DNS		
	24 Martin Hänggi	M55	18	I	DNS		

3. Race Result Men Group B 500 meter

		Name		Cat		PB	Time	Info
1	wt	4	Badam Tumurbaatar		M55		1:11.91	
	rd							
			Badam Tumurbaatar					
			100m	17.20	(17.20)		m	
			500m	1:11.91	(54.71)			
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		Name		Cat		PB	Time	Info
2	yw							
	bl							
			m				m	
<hr/>								
		Name		Cat		PB	Time	Info
3	wt	13	Bujiin Jalbaa		M80		59.90	
	rd	52	Tomomatsu Misawa		M55		51.34	
			Bujiin Jalbaa			Tomomatsu Misawa		
			100m	15.56	(15.56)	100m	13.67	(13.67)
			500m	59.90	(44.34)	500m	51.34	(37.67)
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		Name		Cat		PB	Time	Info
4	yw	81	Kenji Takai		M55	1:04.89	1:03.24	MT PB
	bl	35	Gunnar Hiesgen		M55	1:02.56	1:09.74	
			Kenji Takai			Gunnar Hiesgen		
			100m	15.88	(15.88)	100m	17.48	(17.48)
			500m	1:03.24	(47.36)	500m	1:09.74	(52.26)
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		Name		Cat		PB	Time	Info
5	wt	25	Volker Hannig		M55	56.74	57.91	
	rd	9	Emilio Boicelli		M75	54.32	1:01.19	
			Volker Hannig			Emilio Boicelli		
			100m	14.77	(14.77)	100m	16.00	(16.00)
			500m	57.91	(43.14)	500m	1:01.19	(45.19)

		Name		Cat		PB	Time	Info
6	yw	91 Ton van Helden		M75		44.15	57.41	
	bl	82 Bruno Toniolli		M80		40.55	1:00.75	
		Ton van Helden			Bruno Toniolli			
		100m	14.44	(14.44)	100m	15.25	(15.25)	
		500m	57.41	(42.97)	500m	1:00.75	(45.50)	
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		Name		Cat		PB	Time	Info
7	wt	17 Pieter den Dunnen		M75		42.50	55.07	
	rd	45 Ole Løland		M65		53.26	53.25	PB
		Pieter den Dunnen			Ole Løland			
		100m	14.86	(14.86)	100m	14.04	(14.04)	
		500m	55.07	(40.21)	500m	53.25	(39.21)	
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		Name		Cat		PB	Time	Info
8	yw	68 Frans Rietveld		M80		43.37	55.01	
	bl	14 Michele Giuseppe Cortesi		M60		47.76	54.54	
		Frans Rietveld			Michele Giuseppe Cortesi			
		100m	14.82	(14.82)	100m	14.14	(14.14)	
		500m	55.01	(40.19)	500m	54.54	(40.40)	
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		Name		Cat		PB	Time	Info
9	wt	36 Thomas Hoekstra		M70		44.53	55.46	
	rd	94 Chris van Koeverden		M65		44.34	52.28	
		Thomas Hoekstra			Chris van Koeverden			
		100m	14.32	(14.32)	100m	13.78	(13.78)	
		500m	55.46	(41.14)	500m	52.28	(38.50)	
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		Name		Cat		PB	Time	Info
10	yw	79 Arne Stenhaug		M65		41.21	49.56	
	bl	26 Hans-Gerd Heyne		M60		48.05	58.12	
		Arne Stenhaug			Hans-Gerd Heyne			
		100m	13.33	(13.33)	100m	15.16	(15.16)	
		500m	49.56	(36.23)	500m	58.12	(42.96)	

		Name	Cat		PB	Time	Info
11	wt	49 Reinhold Marsollek	M70		43.89	48.85	
	rd	10 Egil Bokn	M70		43.68	50.21	
		Reinhold Marsollek		Egil Bokn			
		100m	13.06	(13.06)	100m	13.71	(13.71)
		500m	48.85	(35.79)	500m	50.21	(36.50)

		Name	Cat		PB	Time	Info
12	yw	77 Harold Spragg	M65		40.70	50.79	
	bl	61 Robert Petutschnigg	M55		46.53	DNS	
		Harold Spragg		Robert Petutschnigg			
		100m	14.13	(14.13)			
		500m	50.79	(36.66)			

		Name	Cat		PB	Time	Info
13	wt	98 Erik Vea	M70		40.02	48.68	
	rd	71 Thomas Rumpf	M60		44.81	50.31	
		Erik Vea		Thomas Rumpf			
		100m	13.06	(13.06)	100m	13.25	(13.25)
		500m	48.68	(35.62)	500m	50.31	(37.06)

		Name	Cat		PB	Time	Info
14	yw	96 Hans van Peperstraten	M70		43.50	45.44	
	bl	21 Bjørn Fjelnseth	M55		46.76	47.41	
		Hans van Peperstraten		Bjørn Fjelnseth			
		100m	12.64	(12.64)	100m	12.98	(12.98)
		500m	45.44	(32.80)	500m	47.41	(34.43)

		Name	Cat		PB	Time	Info
15	wt	50 Jan Mein	M65		40.90	45.62	MT
	rd	8 Robert Black	M60		43.24	48.81	MT
		Jan Mein		Robert Black			
		100m	12.45	(12.45)	100m	13.27	(13.27)
		500m	45.62	(33.17)	500m	48.81	(35.54)

		Name	Cat	PB	Time	Info
16	yw	86 Klaas van den Berg	M60	40.98	45.46	MT
	bl	32 Morten Henriksen	M65	45.51	48.11	
		Klaas van den Berg		Morten Henriksen		
		100m	12.25 (12.25)	100m	12.89 (12.89)	
		500m	45.46 (33.21)	500m	48.11 (35.22)	

		Name	Cat	PB	Time	Info
17	wt	87 Victor van den Hoff	M65	39.29	45.46	
	rd	84 Aart van Beuzekom	M55	41.55	44.55	
		Victor van den Hoff		Aart van Beuzekom		
		100m	12.40 (12.40)	100m	12.34 (12.34)	
		500m	45.46 (33.06)	500m	44.55 (32.21)	

		Name	Cat	PB	Time	Info
18	yw	24 Martin Hänggi	M55	38.47	DNS	
	bl	75 Piet Siemonsma	M70	42.05	45.38	
		Martin Hänggi		Piet Siemonsma		
				100m	12.71 (12.71)	
				500m	45.38 (32.67)	

4. Result Women Group B 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	45 Gerdien Verweij	W55	14	O	46.88	
2	15 Chieko Kato	W55	4	O	48.37	
3	37 Ciska Stark	W60	13	O	50.04	
4	47 Jolanda Voskamp-Vollebregt	W55	13	I	50.95	
5	26 Anke Preuß	W55	11	I	51.34	
6	51 Lettie Zwanenburg	W65	10	I	51.91	
7	7 Marlies de Jong	W55	12	I	51.94	
8	8 Marianne de Neeling	W60	11	O	52.05	
9	24 Jorien Oosterwijk	W55	9	I	52.16	
10	43 Mariska van Haften- van den Bosch	W60	9	O	52.19	
11	34 Diane Silzer	W60	12	O	52.28	
12	39 Katsuyo Takeuchi	W55	10	O	52.44	
13	38 Marita Steen	W65	7	O	54.37	
14	12 Barbara Heerschop	W65	8	O	54.79	
15	27 Sarantuya Ravdan	W55	8	I	55.20	PB
16	5 Monica Cais	W55	7	I	56.23	
17	49 Joke Wittenberg	W70	5	I	59.48	
18	28 Marianne Reece	W55	6	O	59.66	
19	10 Hilles Hamersley	W60	4	I	59.84	
20	40 Silvia Tassara	W70	6	I	1:00.65	
21	1 Luvsandagva Altantsetseg	W70	5	O	1:04.20	
22	23 Nyambu Erdenetuya	W60	3	O	1:06.28	MT
23	32 Rossella Sardi	W65	3	I	1:14.60	
24	20 Purevmaa Magsar	W65	1	I	1:22.80	
	3 Monique Boerema	W60	14	I	DNF	

4. Race Result Women Group B 500 meter

		Name		Cat		PB	Time	Info
1	wt	20 Purevmaa Magsar		W65			1:22.80	
	rd							
		Purevmaa Magsar						
		100m	20.34	(20.34)		m		
		500m	1:22.80	(62.46)				
<hr/>								
		Name		Cat		PB	Time	Info
2	yw							
	bl							
			m			m		
<hr/>								
		Name		Cat		PB	Time	Info
3	wt	32 Rossella Sardi		W65		1:04.07	1:14.60	
	rd	23 Nyambuu Erdenetuya		W60			1:06.28	MT
		Rossella Sardi						
		100m	18.44	(18.44)		100m	16.50	(16.50)
		500m	1:14.60	(56.16)		500m	1:06.28	(49.78)
<hr/>								
		Name		Cat		PB	Time	Info
4	yw	10 Hilles Hamersley		W60		56.09	59.84	
	bl	15 Chieko Kato		W55			48.37	
		Hilles Hamersley						
		100m	15.97	(15.97)		100m	13.08	(13.08)
		500m	59.84	(43.87)		500m	48.37	(35.29)
<hr/>								
		Name		Cat		PB	Time	Info
5	wt	49 Joke Wittenberg		W70		49.30	59.48	
	rd	1 Luvsandagva Altantsetseg		W70		58.78	1:04.20	
		Joke Wittenberg						
		100m	15.75	(15.75)		100m	17.10	(17.10)
		500m	59.48	(43.73)		500m	1:04.20	(47.10)
<hr/>								

		Name	Cat	PB	Time	Info
6	yw	40 Silvia Tassara	W70	45.48	1:00.65	
	bl	28 Marianne Reece	W55	53.76	59.66	
		Silvia Tassara		Marianne Reece		
		100m 15.09 (15.09)		100m 16.07 (16.07)		
		500m 1:00.65 (45.56)		500m 59.66 (43.59)		
		Name	Cat	PB	Time	Info
7	wt	5 Monica Cais	W55	53.57	56.23	
	rd	38 Marita Steen	W65	47.37	54.37	
		Monica Cais		Marita Steen		
		100m 14.76 (14.76)		100m 14.53 (14.53)		
		500m 56.23 (41.47)		500m 54.37 (39.84)		
		Name	Cat	PB	Time	Info
8	yw	27 Sarantuya Ravdan	W55	56.40	55.20	PB
	bl	12 Barbara Heerschop	W65	45.50	54.79	
		Sarantuya Ravdan		Barbara Heerschop		
		100m 14.85 (14.85)		100m 14.51 (14.51)		
		500m 55.20 (40.35)		500m 54.79 (40.28)		
		Name	Cat	PB	Time	Info
9	wt	24 Jorien Oosterwijk	W55	45.91	52.16	
	rd	43 Mariska van Haften- van den Bosch	W60	47.75	52.19	
		Jorien Oosterwijk		Mariska van Haften- van den Bosch		
		100m 13.88 (13.88)		100m 13.88 (13.88)		
		500m 52.16 (38.28)		500m 52.19 (38.31)		
		Name	Cat	PB	Time	Info
10	yw	51 Lettie Zwanenburg	W65	46.64	51.91	
	bl	39 Katsuyo Takeuchi	W55	50.85	52.44	
		Lettie Zwanenburg		Katsuyo Takeuchi		
		100m 14.27 (14.27)		100m 14.09 (14.09)		
		500m 51.91 (37.64)		500m 52.44 (38.35)		

		Name	Cat	PB	Time	Info
11	wt	26 Anke Preuß	W55	47.02	51.34	
	rd	8 Marianne de Neeling	W60	46.57	52.05	
		Anke Preuß		Marianne de Neeling		
		100m	13.92 (13.92)	100m	14.18 (14.18)	
		500m	51.34 (37.42)	500m	52.05 (37.87)	

		Name	Cat	PB	Time	Info
12	yw	7 Marlies de Jong	W55	46.84	51.94	
	bl	34 Diane Silzer	W60	47.34	52.28	
		Marlies de Jong		Diane Silzer		
		100m	13.64 (13.64)	100m	14.26 (14.26)	
		500m	51.94 (38.30)	500m	52.28 (38.02)	

		Name	Cat	PB	Time	Info
13	wt	47 Jolanda Voskamp-Vollebregt	W55	44.25	50.95	
	rd	37 Ciska Stark	W60	46.22	50.04	
		Jolanda Voskamp-Vollebregt		Ciska Stark		
		100m	13.76 (13.76)	100m	13.61 (13.61)	
		500m	50.95 (37.19)	500m	50.04 (36.43)	

		Name	Cat	PB	Time	Info
14	yw	3 Monique Boerema	W60	43.58	DNF	
	bl	45 Gerdien Verweij	W55	42.35	46.88	
		Monique Boerema		Gerdien Verweij		
				100m	13.08 (13.08)	
				500m	46.88 (33.80)	

5. Result Men Group A 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	58 Mark Ooijevaar	M40	16	I	4:10.29	
2	20 Arjan Elferink	M45	15	I	4:14.47	
3	100 Michiel Wienese	M45	12	O	4:23.06	
4	72 Jeroen Schoppink	M40	12	I	4:28.58	
5	76 Daan Spoelstra	M45	14	I	4:28.60	MT
6	44 Niels Leliveld	M30	11	I	4:30.58	
7	29 Andreas Haugerud	M35	9	O	4:33.14	
8	56 Marc Nieuwenhuijse	M40	11	O	4:33.69	
9	90 Roberto van Goor	M50	9	I	4:40.88	
10	38 Vishwaraj Jadeja	M35	13	O	4:43.25	
11	70 Thomas Røste	M45	15	O	4:45.51	
12	63 Maarten Quist	M45	10	O	4:46.30	
13	66 Mark Reiling	M40	8	O	4:46.31	MT
14	55 Andrew Nicholson	M50	16	O	4:47.12	
15	43 Willem Leeuwenburgh	M30	10	I	4:48.04	
16	30 Martin Heerma	M50	13	I	4:48.77	
17	37 Azamat Ismailov	M45	7	O	4:48.90	
18	6 Martin Beaudry	M50	7	I	4:49.06	MT
19	1 Erol Aksoy	M50	5	O	4:58.22	MT
20	18 Ian Dwyer	M45	8	I	5:08.05	
21	104 Marvin Zeisberg	M30	6	O	5:08.57	
22	19 Mike Egberts	M40	5	I	5:10.33	
23	42 Dennis Laubhan	M45	4	I	5:18.94	
24	65 Yngve Raudberget	M45	14	O	5:26.81	
25	103 Ben Young	M35	2	I	5:33.28	MT
26	83 Yan Traversy	M45	3	O	5:39.69	
27	22 Jérôme Gass	M40	1	I	6:12.06	
28	59 Takafumi Osame	M50	6	I	6:13.88	
29	7 Wim Bijkerk	M35	1	O	6:49.28	
	102 Andy Wong	M50	2	O	DQ	
	39 Christian Kelm	M40	4	O	DQ	
	85 Kevin van Cleef	M40	3	I	DNS	

5. Race Result Men Group A 3000 meter

		Name		Cat		PB	Time	Info
1	wt	22 Jérôme Gass		M40			6:12.06	
	rd	7 Wim Bijkerk		M35			6:49.28	
		Jérôme Gass			Wim Bijkerk			
		200m	31.41	(31.41)	200m	32.04	(32.04)	
		600m	1:20.08	(48.67)	600m	1:24.19	(52.15)	
		1000m	2:07.14	(47.06)	1000m	2:17.36	(53.17)	
		1400m	2:54.96	(47.82)	1400m	3:11.62	(54.26)	
		1800m	3:44.56	(49.60)	1800m	4:06.19	(54.57)	
		2200m	4:33.93	(49.37)	2200m	5:01.00	(54.81)	
		2600m	5:23.30	(49.37)	2600m	5:55.14	(54.14)	
		3000m	6:12.06	(48.76)	3000m	6:49.28	(54.14)	

		Name		Cat		PB	Time	Info
2	yw	103 Ben Young		M35			5:33.28	MT
	bl	102 Andy Wong		M50		8:09.31		DQ
		Ben Young			Andy Wong			
		200m	25.99	(25.99)	200m	36.12	(36.12)	
		600m	1:06.91	(40.92)	600m	1:41.06	(64.94)	
		1000m	1:48.60	(41.69)	1000m	2:47.68	(66.62)	
		1400m	2:32.04	(43.44)	1400m	4:00.75	(73.07)	
		1800m	3:18.09	(46.05)				
		2200m	3:59.12	(41.03)				
		2600m	4:49.15	(50.03)				
		3000m	5:33.28	(44.13)				

		Name	Cat	PB	Time Info
3	wt	85 Kevin van Cleef	M40	5:09.09	DNS
	rd	83 Yan Traversy	M45	5:15.06	5:39.69
		<u>Kevin van Cleef</u>			<u>Yan Traversy</u>
				200m	24.66 (24.66)
				600m	1:00.67 (36.01)
				1000m	1:47.40 (46.73)
				1400m	2:31.86 (44.46)
				1800m	3:16.75 (44.89)
				2200m	4:04.50 (47.75)
				2600m	4:52.66 (48.16)
				3000m	5:39.69 (47.03)

		Name	Cat	PB	Time Info
4	yw	42 Dennis Laubhan	M45	5:15.74	5:18.94
	bl	39 Christian Kelm	M40	5:32.52	DQ
		<u>Dennis Laubhan</u>			<u>Christian Kelm</u>
				200m	23.28 (23.28)
				600m	1:02.80 (39.52)
				1000m	1:43.26 (40.46)
				1400m	2:25.09 (41.83)
				1800m	3:07.18 (42.09)
				2200m	3:52.04 (44.86)
				2600m	4:35.68 (43.64)
				3000m	5:18.94 (43.26)

		Name	Cat	PB	Time	Info	
5	wt	19 Mike Egberts	M40	4:43.51	5:10.33		
	rd	1 Erol Aksoy	M50	4:40.23	4:58.22	MT	
		Mike Egberts			Erol Aksoy		
		200m	23.77 (23.77)	200m	22.67 (22.67)		
		600m	1:00.18 (36.41)	600m	57.07 (34.40)		
		1000m	1:37.79 (37.61)	1000m	1:34.26 (37.19)		
		1400m	2:17.70 (39.91)	1400m	2:13.98 (39.72)		
		1800m	2:54.34 (36.64)	1800m	2:53.86 (39.88)		
		2200m	3:42.39 (48.05)	2200m	3:35.05 (41.19)		
		2600m	4:26.24 (43.85)	2600m	4:16.96 (41.91)		
		3000m	5:10.33 (44.09)	3000m	4:58.22 (41.26)		

		Name	Cat	PB	Time	Info	
6	yw	59 Takafumi Osame	M50	4:47.29	6:13.88		
	bl	104 Marvin Zeisberg	M30	4:59.10	5:08.57		
		Takafumi Osame			Marvin Zeisberg		
		200m	24.43 (24.43)	200m	23.95 (23.95)		
		600m	1:03.18 (38.75)	600m	1:01.21 (37.26)		
		1000m	1:45.02 (41.84)	1000m	1:39.96 (38.75)		
		1400m	2:31.24 (46.22)	1400m	2:20.90 (40.94)		
		1800m	3:19.94 (48.70)	1800m	3:02.05 (41.15)		
		2200m	4:12.85 (52.91)	2200m	3:44.22 (42.17)		
		2600m	5:15.34 (62.49)	2600m	4:26.39 (42.17)		
		3000m	6:13.88 (58.54)	3000m	5:08.57 (42.18)		

		Name	Cat	PB	Time	Info
7	wt	6 Martin Beaudry	M50	4:45.28	4:49.06	MT
	rd	37 Azamat Ismailov	M45	4:42.81	4:48.90	
		Martin Beaudry		Azamat Ismailov		
		200m	21.42 (21.42)	200m	21.60 (21.60)	
		600m	55.68 (34.26)	600m	55.98 (34.38)	
		1000m	1:31.30 (35.62)	1000m	1:31.36 (35.38)	
		1400m	2:09.42 (38.12)	1400m	2:08.41 (37.05)	
		1800m	2:49.18 (39.76)	1800m	2:47.32 (38.91)	
		2200m	3:27.50 (38.32)	2200m	3:27.50 (40.18)	
		2600m	4:10.35 (42.85)	2600m	4:08.94 (41.44)	
		3000m	4:49.06 (38.71)	3000m	4:48.90 (39.96)	

		Name	Cat	PB	Time	Info
8	yw	18 Ian Dwyer	M45	4:46.39	5:08.05	
	bl	66 Mark Reiling	M40	4:38.43	4:46.31	MT
		Ian Dwyer		Mark Reiling		
		200m	21.60 (21.60)	200m	21.33 (21.33)	
		600m	58.30 (36.70)	600m	56.30 (34.97)	
		1000m	1:37.49 (39.19)	1000m	1:33.43 (37.13)	
		1400m	2:17.68 (40.19)	1400m	2:11.04 (37.61)	
		1800m	2:59.07 (41.39)	1800m	2:48.53 (37.49)	
		2200m	3:41.43 (42.36)	2200m	3:27.31 (38.78)	
		2600m	4:24.63 (43.20)	2600m	4:06.28 (38.97)	
		3000m	5:08.05 (43.42)	3000m	4:46.31 (40.03)	

		Name	Cat	PB	Time	Info	
9	wt	90 Roberto van Goor	M50	4:18.86	4:40.88		
	rd	29 Andreas Haugerud	M35	4:21.55	4:33.14		
		Roberto van Goor			Andreas Haugerud		
		200m	21.98 (21.98)	200m	22.01 (22.01)		
		600m	56.59 (34.61)	600m	57.22 (35.21)		
		1000m	1:32.06 (35.47)	1000m	1:32.27 (35.05)		
		1400m	2:08.16 (36.10)	1400m	2:07.61 (35.34)		
		1800m	2:44.85 (36.69)	1800m	2:43.40 (35.79)		
		2200m	3:22.49 (37.64)	2200m	3:19.57 (36.17)		
		2600m	4:01.38 (38.89)	2600m	3:56.35 (36.78)		
		3000m	4:40.88 (39.50)	3000m	4:33.14 (36.79)		

		Name	Cat	PB	Time	Info	
10	yw	43 Willem Leeuwenburgh	M30	4:26.84	4:48.04		
	bl	63 Maarten Quist	M45	4:32.15	4:46.30		
		Willem Leeuwenburgh			Maarten Quist		
		200m	21.97 (21.97)	200m	21.63 (21.63)		
		600m	57.51 (35.54)	600m	56.25 (34.62)		
		1000m	1:34.24 (36.73)	1000m	1:34.15 (37.90)		
		1400m	2:12.02 (37.78)	1400m	2:11.86 (37.71)		
		1800m	2:50.37 (38.35)	1800m	2:50.11 (38.25)		
		2200m	3:30.93 (40.56)	2200m	3:28.12 (38.01)		
		2600m	4:08.49 (37.56)	2600m	4:06.42 (38.30)		
		3000m	4:48.04 (39.55)	3000m	4:46.30 (39.88)		

		Name	Cat	PB	Time	Info
11	wt	44 Niels Leliveld	M30	4:05.66	4:30.58	
	rd	56 Marc Nieuwenhuijse	M40	4:30.63	4:33.69	
		Niels Leliveld			Marc Nieuwenhuijse	
		200m	21.19 (21.19)	200m	23.48 (23.48)	
		600m	55.77 (34.58)	600m	58.32 (34.84)	
		1000m	1:30.57 (34.80)	1000m	1:33.35 (35.03)	
		1400m	2:05.32 (34.75)	1400m	2:08.98 (35.63)	
		1800m	2:40.47 (35.15)	1800m	2:45.08 (36.10)	
		2200m	3:16.23 (35.76)	2200m	3:21.05 (35.97)	
		2600m	3:52.99 (36.76)	2600m	3:57.52 (36.47)	
		3000m	4:30.58 (37.59)	3000m	4:33.69 (36.17)	

		Name	Cat	PB	Time	Info
12	yw	72 Jeroen Schoppink	M40	4:06.11	4:28.58	
	bl	100 Michiel Wienese	M45	4:04.06	4:23.06	
		Jeroen Schoppink			Michiel Wienese	
		200m	20.00 (20.00)	200m	20.72 (20.72)	
		600m	53.85 (33.85)	600m	52.68 (31.96)	
		1000m	1:28.96 (35.11)	1000m	1:26.27 (33.59)	
		1400m	2:04.41 (35.45)	1400m	2:00.41 (34.14)	
		1800m	2:39.71 (35.30)	1800m	2:34.52 (34.11)	
		2200m	3:15.31 (35.60)	2200m	3:09.50 (34.98)	
		2600m	3:51.36 (36.05)	2600m	3:45.58 (36.08)	
		3000m	4:28.58 (37.22)	3000m	4:23.06 (37.48)	

		Name	Cat	PB	Time	Info	
13	wt	30 Martin Heerma	M50	4:09.22	4:48.77		
	rd	38 Vishwaraj Jadeja	M35	4:19.39	4:43.25		
		Martin Heerma			Vishwaraj Jadeja		
		200m	22.06 (22.06)	200m	22.06 (22.06)		
		600m	57.57 (35.51)	600m	56.69 (34.63)		
		1000m	1:34.23 (36.66)	1000m	1:33.45 (36.76)		
		1400m	2:12.11 (37.88)	1400m	2:11.05 (37.60)		
		1800m	2:50.53 (38.42)	1800m	2:49.26 (38.21)		
		2200m	3:28.96 (38.43)	2200m	3:27.05 (37.79)		
		2600m	4:08.26 (39.30)	2600m	4:05.07 (38.02)		
		3000m	4:48.77 (40.51)	3000m	4:43.25 (38.18)		

		Name	Cat	PB	Time	Info	
14	yw	76 Daan Spoelstra	M45	4:21.92	4:28.60	MT	
	bl	65 Yngve Raudberget	M45	4:24.38	5:26.81		
		Daan Spoelstra			Yngve Raudberget		
		200m	21.42 (21.42)	200m	24.10 (24.10)		
		600m	55.07 (33.65)	600m	1:07.04 (42.94)		
		1000m	1:29.58 (34.51)	1000m	1:51.18 (44.14)		
		1400m	2:05.35 (35.77)	1400m	2:35.32 (44.14)		
		1800m	2:41.19 (35.84)	1800m	3:16.93 (41.61)		
		2200m	3:16.78 (35.59)	2200m	4:01.10 (44.17)		
		2600m	3:52.62 (35.84)	2600m	4:44.30 (43.20)		
		3000m	4:28.60 (35.98)	3000m	5:26.81 (42.51)		

		Name			Cat			PB	Time Info
15	wt	20	Arjan Elferink		M45			4:01.38	4:14.47
	rd	70	Thomas Røste		M45			4:10.93	4:45.51
			Arjan Elferink			Thomas Røste			
			200m	21.21	(21.21)	200m	23.20	(23.20)	
			600m	54.39	(33.18)	600m	57.37	(34.17)	
			1000m	1:26.98	(32.59)	1000m	1:31.69	(34.32)	
			1400m	1:59.84	(32.86)	1400m	2:07.93	(36.24)	
			1800m	2:32.71	(32.87)	1800m	2:45.06	(37.13)	
			2200m	3:06.07	(33.36)	2200m	3:23.62	(38.56)	
			2600m	3:40.06	(33.99)	2600m	4:03.81	(40.19)	
			3000m	4:14.47	(34.41)	3000m	4:45.51	(41.70)	

		Name			Cat			PB	Time Info
16	yw	58	Mark Ooijevaar		M40			3:46.94	4:10.29
	bl	55	Andrew Nicholson		M50			4:02.53	4:47.12
			Mark Ooijevaar			Andrew Nicholson			
			200m	21.09	(21.09)	200m	22.81	(22.81)	
			600m	53.20	(32.11)	600m	58.52	(35.71)	
			1000m	1:25.60	(32.40)	1000m	1:35.85	(37.33)	
			1400m	1:58.45	(32.85)	1400m	2:13.96	(38.11)	
			1800m	2:31.34	(32.89)	1800m	2:52.07	(38.11)	
			2200m	3:04.52	(33.18)	2200m	3:30.18	(38.11)	
			2600m	3:37.15	(32.63)	2600m	4:08.34	(38.16)	
			3000m	4:10.29	(33.14)	3000m	4:47.12	(38.78)	

6. Result Women Group A 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	30 Eva Riemersma - van Rheenen	W40	9	I	4:59.28		
2	11 Claudia Henckel	W35	8	I	5:09.31		
3	16 Christiane Kloß	W50	9	O	5:10.48		
4	41 Evelien van der Kist	W35	5	O	5:23.64		
5	25 Nicole Peeters	W30	10	I	5:31.84		
6	42 Anna Van der Stok	W50	5	I	5:36.25		
7	4 Esther Bouman	W35	7	I	5:40.39		
8	2 Heidi Beck	W30	6	O	5:50.11		
9	44 Wendy van der Ham	W50	7	O	5:50.69		
10	29 Kim Reid	W50	8	O	6:00.41	FL	
11	13 Peggy Herschke	W50	3	O	6:02.47		
12	35 Solfrid Sivertsen	W45	10	O	6:07.53		
13	21 Evelyn Mein-Klok	W50	6	I	6:07.69		
14	31 Andrea Roberts	W35	4	O	6:28.36	PB	
15	6 Jessica Chu	W30	1	O	6:42.20		
16	46 Daniela Völker	W45	4	I	6:42.32	MT	
17	48 Tomoko Wakazuki	W40	1	I	6:42.92		
18	22 Tove Julianne Nerdahl	W45	3	I	7:10.75	PB	
	50 Irma Woud	W50	2	I	DNS		

6. Race Result Women Group A 3000 meter

	Name	Cat	PB	Time	Info
1	wt 48 Tomoko Wakazuki	W40		6:42.92	
	rd 6 Jessica Chu	W30		6:42.20	
	Tomoko Wakazuki		Jessica Chu		
	200m	26.79 (26.79)	200m	27.90 (27.90)	
	600m	1:14.30 (47.51)	600m	1:15.47 (47.57)	
	1000m	2:04.28 (49.98)	1000m	2:05.48 (50.01)	
	1400m	2:57.20 (52.92)	1400m	2:58.71 (53.23)	
	1800m	3:52.70 (55.50)	1800m	3:53.18 (54.47)	
	2200m	4:50.29 (57.59)	2200m	4:48.97 (55.79)	
	2600m	5:47.60 (57.31)	2600m	5:45.23 (56.26)	
	3000m	6:42.92 (55.32)	3000m	6:42.20 (56.97)	

	Name	Cat	PB	Time	Info
2	yw 50 Irma Woud	W50	4:45.43	DNS	
	bl				
	Irma Woud				
					m

	Name	Cat	PB	Time	Info
3	wt 22 Tove Julianne Nerdahl	W45	7:13.56	7:10.75	PB
	rd 13 Peggy Herschke	W50	6:02.14	6:02.47	
	Tove Julianne Nerdahl		Peggy Herschke		
	200m	29.85 (29.85)	200m	26.40 (26.40)	
	600m	1:20.47 (50.62)	600m	1:10.00 (43.60)	
	1000m	2:13.51 (53.04)	1000m	1:55.96 (45.96)	
	1400m	3:09.71 (56.20)	1400m	2:44.03 (48.07)	
	1800m	4:10.26 (60.55)	1800m	3:33.58 (49.55)	
	2200m	5:11.18 (60.92)	2200m	4:22.82 (49.24)	
	2600m	6:12.74 (61.56)	2600m	5:12.51 (49.69)	
	3000m	7:10.75 (58.01)	3000m	6:02.47 (49.96)	

		Name	Cat	PB	Time	Info
4	yw	46 Daniela Völker	W45	7:05.55	6:42.32	MT
	bl	31 Andrea Roberts	W35	6:28.90	6:28.36	PB
Daniela Völker			Andrea Roberts			
		200m	29.68 (29.68)	200m	29.33 (29.33)	
		600m	1:20.81 (51.13)	600m	1:18.52 (49.19)	
		1000m	2:13.51 (52.70)	1000m	2:07.51 (48.99)	
		1400m	3:07.73 (54.22)	1400m	2:58.64 (51.13)	
		1800m	4:02.60 (54.87)	1800m	3:50.60 (51.96)	
		2200m	4:56.22 (53.62)	2200m	4:43.90 (53.30)	
		2600m	5:50.45 (54.23)	2600m	5:37.34 (53.44)	
		3000m	6:42.32 (51.87)	3000m	6:28.36 (51.02)	

		Name	Cat	PB	Time	Info
5	wt	42 Anna Van der Stok	W50	5:28.86	5:36.25	
	rd	41 Evelien van der Kist	W35	4:59.72	5:23.64	
Anna Van der Stok			Evelien van der Kist			
		200m	24.77 (24.77)	200m	23.54 (23.54)	
		600m	1:04.52 (39.75)	600m	1:04.34 (40.80)	
		1000m	1:47.25 (42.73)	1000m	1:46.61 (42.27)	
		1400m	2:32.56 (45.31)	1400m	2:29.47 (42.86)	
		1800m	3:17.71 (45.15)	1800m	3:12.36 (42.89)	
		2200m	4:03.44 (45.73)	2200m	3:55.75 (43.39)	
		2600m	4:49.75 (46.31)	2600m	4:39.75 (44.00)	
		3000m	5:36.25 (46.50)	3000m	5:23.64 (43.89)	

		Name	Cat	PB	Time	Info	
6	yw	21 Evelyn Mein-Klok	W50	5:38.69	6:07.69		
	bl	2 Heidi Beck	W30	5:40.64	5:50.11		
		Evelyn Mein-Klok			Heidi Beck		
		200m	27.14 (27.14)	200m	26.06 (26.06)		
		600m	1:11.86 (44.72)	600m	1:10.15 (44.09)		
		1000m	1:58.71 (46.85)	1000m	1:56.04 (45.89)		
		1400m	2:46.33 (47.62)	1400m	2:42.49 (46.45)		
		1800m	3:35.12 (48.79)	1800m	3:28.94 (46.45)		
		2200m	4:25.08 (49.96)	2200m	4:16.28 (47.34)		
		2600m	5:16.09 (51.01)	2600m	5:02.98 (46.70)		
		3000m	6:07.69 (51.60)	3000m	5:50.11 (47.13)		

		Name	Cat	PB	Time	Info	
7	wt	4 Esther Bouman	W35	4:46.41	5:40.39		
	rd	44 Wendy van der Ham	W50	5:19.09	5:50.69		
		Esther Bouman			Wendy van der Ham		
		200m	26.39 (26.39)	200m	25.09 (25.09)		
		600m	1:08.81 (42.42)	600m	1:08.40 (43.31)		
		1000m	1:53.82 (45.01)	1000m	1:54.35 (45.95)		
		1400m	2:39.98 (46.16)	1400m	2:40.72 (46.37)		
		1800m	3:24.81 (44.83)	1800m	3:27.45 (46.73)		
		2200m	4:09.76 (44.95)	2200m	4:15.50 (48.05)		
		2600m	4:55.43 (45.67)	2600m	5:03.93 (48.43)		
		3000m	5:40.39 (44.96)	3000m	5:50.69 (46.76)		

		Name	Cat	PB	Time	Info	
8	yw	11 Claudia Henckel	W35	4:58.14	5:09.31		
	bl	29 Kim Reid	W50	5:21.00	6:00.41	FL	
		Claudia Henckel			Kim Reid		
		200m	22.19 (22.19)	200m	26.15 (26.15)		
		600m	59.83 (37.64)	600m	1:06.34 (40.19)		
		1000m	1:39.42 (39.59)	1000m	1:49.36 (43.02)		
		1400m	2:20.11 (40.69)	1400m	2:35.03 (45.67)		
		1800m	3:01.05 (40.94)	1800m	3:21.83 (46.80)		
		2200m	3:43.28 (42.23)	2200m	4:10.92 (49.09)		
		2600m	4:26.54 (43.26)	2600m	4:59.97 (49.05)		
		3000m	5:09.31 (42.77)	3000m	6:00.41 (60.44)		

		Name	Cat	PB	Time	Info	
9	wt	30 Eva Riemersma - van Rheenen	W40	4:42.79	4:59.28		
	rd	16 Christiane Kloß	W50	4:38.75	5:10.48		
		Eva Riemersma - van Rheenen			Christiane Kloß		
		200m	23.40 (23.40)	200m	24.35 (24.35)		
		600m	59.38 (35.98)	600m	1:01.24 (36.89)		
		1000m	1:37.18 (37.80)	1000m	1:41.78 (40.54)		
		1400m	2:16.07 (38.89)	1400m	2:23.49 (41.71)		
		1800m	2:55.77 (39.70)	1800m	3:05.11 (41.62)		
		2200m	3:36.37 (40.60)	2200m	3:46.46 (41.35)		
		2600m	4:17.74 (41.37)	2600m	4:27.93 (41.47)		
		3000m	4:59.28 (41.54)	3000m	5:10.48 (42.55)		

Winter World Masters Games 2024

Ice Rink Piné - Baselga di Piné
16 to 19 January 2024

		Name	Cat	PB	Time	Info	
10	yw	25 Nicole Peeters	W30	5:04.13	5:31.84		
	bl	35 Solfrid Sivertsen	W45	4:59.09	6:07.53		
		Nicole Peeters			Solfrid Sivertsen		
		200m	26.64 (26.64)	200m	29.15 (29.15)		
		600m	1:10.26 (43.62)	600m	1:15.30 (46.15)		
		1000m	1:53.85 (43.59)	1000m	2:02.53 (47.23)		
		1400m	2:38.30 (44.45)	1400m	2:51.81 (49.28)		
		1800m	3:28.59 (50.29)	1800m	3:41.05 (49.24)		
		2200m	4:06.69 (38.10)	2200m	4:29.46 (48.41)		
		2600m	4:49.31 (42.62)	2600m	5:18.20 (48.74)		
		3000m	5:31.84 (42.53)	3000m	6:07.53 (49.33)		

7. Result Men Group B 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	95 Joost van Leenders	M55	22	I	4:40.67	
2	54 Geir Nasset	M55	17	I	4:47.60	
3	96 Hans van Peperstraten	M70	13	O	4:50.22	
4	86 Klaas van den Berg	M60	19	O	4:54.02	
5	87 Victor van den Hoff	M65	13	I	4:57.67	
6	41 Kees Langeveld	M65	20	O	5:01.99	
7	84 Aart van Beuzekom	M55	20	I	5:02.25	
8	99 Johan Vikhals	M55	19	I	5:02.74	
9	78 Frank Steenkamp	M65	18	O	5:07.64	
10	3 Scott Anderson	M55	22	O	5:09.52	
11	50 Jan Mein	M65	15	I	5:11.61	
12	98 Erik Vea	M70	12	O	5:14.57	
13	32 Morten Henriksen	M65	21	O	5:14.89	
14	53 Ragnvald Næss	M65	11	O	5:17.70	
15	71 Thomas Rumpf	M60	14	O	5:21.04	
16	28 Stephan Haueisen	M55	16	I	5:21.06	MT
17	40 Olav Langeland	M65	10	O	5:24.51	
18	26 Hans-Gerd Heyne	M60	15	O	5:27.74	
19	10 Egil Bokn	M70	9	I	5:32.76	
20	21 Bjørn Fjelnseth	M55	9	O	5:32.95	
21	27 Alf Harbitz	M70	7	I	5:36.17	
22	34 Erwin Henskes	M65	5	O	5:39.54	
23	69 Rolf Espen Riktor	M60	10	I	5:40.34	
24	49 Reinhold Marsollek	M70	7	O	5:42.65	
25	94 Chris van Koeverden	M65	11	I	5:47.13	
26	14 Michele Giuseppe Cortesi	M60	12	I	5:49.96	
27	105 Wim Zwanenburg	M65	17	O	5:50.71	
28	25 Volker Hannig	M55	4	O	5:57.23	PB
29	36 Thomas Hoekstra	M70	6	O	6:02.50	
30	17 Pieter den Dunnen	M75	5	I	6:05.43	
31	91 Ton van Helden	M75	8	O	6:28.24	
32	68 Frans Rietveld	M80	21	I	6:29.45	
33	52 Tomomatsu Misawa	M55	2	I	6:41.36	
34	82 Bruno Toniolli	M80	4	I	6:51.07	
35	9 Emilio Boicelli	M75	3	O	6:52.80	
36	35 Gunnar Hiesgen	M55	3	I	7:46.59	
37	13 Buijin Jalbaa	M80	2	O	8:04.74	
	45 Ole Løland	M65	6	I	DQ	

Pos	Name	Cat	Pair	Lane	Time	Info	Points
79	Arne Stenhaus	M65	8	I		DQ	
97	Hendrik van de Beek	M60	16	O		DQ	
75	Piet Siemonsma	M70	18	I		DQ	
4	Badam Tumurbaatar	M55	1	I		DNS	
61	Robert Petutschnigg	M55	14	I		DNS	

7. Race Result Men Group B 3000 meter

	Name	Cat	PB	Time Info
1	wt rd	4 Badam Tumurbaatar	M55	DNS
	<u>Badam Tumurbaatar</u>			
				m

	Name	Cat	PB	Time Info
2	yw	52 Tomomatsu Misawa	M55	6:41.36
	bl	13 Bujiin Jalbaa	M80	8:04.74
	<u>Tomomatsu Misawa</u>		<u>Bujiin Jalbaa</u>	
	200m	27.21 (27.21)	200m	31.02 (31.02)
	600m	1:13.53 (46.32)	600m	1:24.46 (53.44)
	1000m	2:04.47 (50.94)	1000m	2:20.92 (56.46)
	1400m	2:58.51 (54.04)	1400m	3:20.24 (59.32)
	1800m	3:54.48 (55.97)	1800m	4:23.45 (63.21)
	2200m	4:50.77 (56.29)	2200m	5:33.04 (69.59)
	2600m	5:47.23 (56.46)	2600m	6:46.52 (73.48)
	3000m	6:41.36 (54.13)	3000m	8:04.74 (78.22)

	Name	Cat	PB	Time Info
3	wt	35 Gunnar Hiesgen	M55	6:31.21 7:46.59
	rd	9 Emilio Boicelli	M75	5:26.74 6:52.80
	<u>Gunnar Hiesgen</u>		<u>Emilio Boicelli</u>	
	200m	33.93 (33.93)	200m	31.70 (31.70)
	600m	1:30.70 (56.77)	600m	1:23.41 (51.71)
	1000m	2:30.57 (59.87)	1000m	2:18.07 (54.66)
	1400m	3:33.16 (62.59)	1400m	3:13.21 (55.14)
	1800m	4:35.35 (62.19)	1800m	4:07.00 (53.79)
	2200m	5:38.93 (63.58)	2200m	5:02.11 (55.11)
	2600m	6:43.07 (64.14)	2600m	5:58.45 (56.34)
	3000m	7:46.59 (63.52)	3000m	6:52.80 (54.35)

		Name			Cat			PB	Time Info
4	yw	82	Bruno Toniolli		M80			4:25.20	6:51.07
	bl	25	Volker Hannig		M55			6:12.74	5:57.23 PB
			Bruno Toniolli			Volker Hannig			
			200m	33.60	(33.60)			200m	28.55 (28.55)
			600m	1:26.45	(52.85)			600m	1:12.28 (43.73)
			1000m	2:19.76	(53.31)			1000m	1:56.95 (44.67)
			1400m	3:13.61	(53.85)			1400m	2:44.18 (47.23)
			1800m	4:06.95	(53.34)			1800m	3:30.70 (46.52)
			2200m	5:00.40	(53.45)			2200m	4:18.51 (47.81)
			2600m	5:55.80	(55.40)			2600m	5:08.69 (50.18)
			3000m	6:51.07	(55.27)			3000m	5:57.23 (48.54)

		Name			Cat			PB	Time Info
5	wt	17	Pieter den Dunnen		M75			4:33.24	6:05.43
	rd	34	Erwin Henskes		M65			4:52.09	5:39.54
			Pieter den Dunnen			Erwin Henskes			
			200m	29.99	(29.99)			200m	27.66 (27.66)
			600m	1:15.18	(45.19)			600m	1:10.12 (42.46)
			1000m	2:00.72	(45.54)			1000m	1:54.42 (44.30)
			1400m	2:47.97	(47.25)			1400m	2:39.62 (45.20)
			1800m	3:36.30	(48.33)			1800m	3:25.18 (45.56)
			2200m	4:25.19	(48.89)			2200m	4:10.79 (45.61)
			2600m	5:14.53	(49.34)			2600m	4:55.44 (44.65)
			3000m	6:05.43	(50.90)			3000m	5:39.54 (44.10)

		Name	Cat	PB	Time Info
6	yw	45 Ole Løland	M65	5:40.91	DQ
	bl	36 Thomas Hoekstra	M70	4:42.79	6:02.50
		Ole Løland		Thomas Hoekstra	
		200m 26.10 (26.10)		200m 26.77 (26.77)	
				600m 1:09.69 (42.92)	
				1000m 1:56.38 (46.69)	
				1400m 2:44.45 (48.07)	
				1800m 3:32.93 (48.48)	
				2200m 4:22.50 (49.57)	
				2600m 5:12.63 (50.13)	
				3000m 6:02.50 (49.87)	

		Name	Cat	PB	Time Info
7	wt	27 Alf Harbitz	M70	4:49.12	5:36.17
	rd	49 Reinhold Marsollek	M70	4:36.74	5:42.65
		Alf Harbitz		Reinhold Marsollek	
		200m 25.04 (25.04)		200m 24.47 (24.47)	
		600m 1:06.48 (41.44)		600m 1:06.66 (42.19)	
		1000m 1:50.05 (43.57)		1000m 1:50.47 (43.81)	
		1400m 2:34.95 (44.90)		1400m 2:35.19 (44.72)	
		1800m 3:19.33 (44.38)		1800m 3:20.89 (45.70)	
		2200m 4:04.30 (44.97)		2200m 4:05.89 (45.00)	
		2600m 4:50.34 (46.04)		2600m 4:55.11 (49.22)	
		3000m 5:36.17 (45.83)		3000m 5:42.65 (47.54)	

		Name		Cat		PB	Time	Info
8	yw	79	Arne Stenhaug		M65	4:23.55		DQ
	bl	91	Ton van Helden		M75	4:48.74		6:28.24
				Arne Stenhaug				
				Ton van Helden				
		200m	26.50	(26.50)	200m		29.19	(29.19)
		600m	1:10.90	(44.40)	600m		1:19.40	(50.21)
		1000m	1:55.98	(45.08)	1000m		2:11.24	(51.84)
		1400m	3:24.59	(88.61)	1400m		3:02.91	(51.67)
		1800m	4:09.06	(44.47)	1800m		3:53.50	(50.59)
		2200m	4:53.88	(44.82)	2200m		4:45.12	(51.62)
					2600m		5:36.84	(51.72)
					3000m		6:28.24	(51.40)

		Name		Cat		PB	Time	Info
9	wt	10	Egil Bokn		M70	4:25.79		5:32.76
	rd	21	Bjørn Fjelnseth		M55	5:32.14		5:32.95
				Egil Bokn				
				Bjørn Fjelnseth				
		200m	25.97	(25.97)	200m		24.86	(24.86)
		600m	1:07.53	(41.56)	600m		1:05.82	(40.96)
		1000m	1:50.30	(42.77)	1000m		1:48.30	(42.48)
		1400m	2:33.91	(43.61)	1400m		2:33.21	(44.91)
		1800m	3:17.92	(44.01)	1800m		3:19.14	(45.93)
		2200m	4:02.96	(45.04)	2200m		4:05.21	(46.07)
		2600m	4:48.25	(45.29)	2600m		4:50.45	(45.24)
		3000m	5:32.76	(44.51)	3000m		5:32.95	(42.50)

		Name	Cat	PB	Time Info
10	yw	69 Rolf Espen Riktor	M60	5:13.58	5:40.34
	bl	40 Olav Langeland	M65	4:34.04	5:24.51
		Rolf Espen Riktor		Olav Langeland	
		200m 27.57 (27.57)		200m 26.25 (26.25)	
		600m 1:09.06 (41.49)		600m 1:07.38 (41.13)	
		1000m 1:51.68 (42.62)		1000m 1:49.64 (42.26)	
		1400m 2:35.14 (43.46)		1400m 2:32.71 (43.07)	
		1800m 3:20.30 (45.16)		1800m 3:15.63 (42.92)	
		2200m 4:06.02 (45.72)		2200m 3:59.17 (43.54)	
		2600m 4:52.62 (46.60)		2600m 4:42.13 (42.96)	
		3000m 5:40.34 (47.72)		3000m 5:24.51 (42.38)	

		Name	Cat	PB	Time Info
11	wt	94 Chris van Koeverden	M65	5:06.50	5:47.13
	rd	53 Ragnvald Næss	M65	4:14.64	5:17.70
		Chris van Koeverden		Ragnvald Næss	
		200m 26.95 (26.95)		200m 26.46 (26.46)	
		600m 1:09.61 (42.66)		600m 1:07.28 (40.82)	
		1000m 1:54.73 (45.12)		1000m 1:49.11 (41.83)	
		1400m 2:40.32 (45.59)		1400m 2:30.75 (41.64)	
		1800m 3:26.79 (46.47)		1800m 3:12.29 (41.54)	
		2200m 4:14.07 (47.28)		2200m 3:53.67 (41.38)	
		2600m 5:00.61 (46.54)		2600m 4:35.28 (41.61)	
		3000m 5:47.13 (46.52)		3000m 5:17.70 (42.42)	

		Name	Cat	PB	Time	Info
12	yw	14 Michele Giuseppe Cortesi	M60	5:12.53	5:49.96	
	bl	98 Erik Vea	M70	4:12.40	5:14.57	
Michele Giuseppe Cortesi			Erik Vea			
		200m	26.28 (26.28)	200m	24.83 (24.83)	
		600m	1:10.31 (44.03)	600m	1:04.59 (39.76)	
		1000m	1:56.06 (45.75)	1000m	1:45.74 (41.15)	
		1400m	2:42.45 (46.39)	1400m	2:27.06 (41.32)	
		1800m	3:30.00 (47.55)	1800m	3:09.16 (42.10)	
		2200m	4:15.82 (45.82)	2200m	3:51.10 (41.94)	
		2600m	5:02.84 (47.02)	2600m	4:33.15 (42.05)	
		3000m	5:49.96 (47.12)	3000m	5:14.57 (41.42)	

		Name	Cat	PB	Time	Info
13	wt	87 Victor van den Hoff	M65	4:12.94	4:57.67	
	rd	96 Hans van Peperstraten	M70	4:33.15	4:50.22	
Victor van den Hoff			Hans van Peperstraten			
		200m	23.55 (23.55)	200m	23.61 (23.61)	
		600m	1:00.18 (36.63)	600m	59.70 (36.09)	
		1000m	1:36.94 (36.76)	1000m	1:36.59 (36.89)	
		1400m	2:15.13 (38.19)	1400m	2:14.13 (37.54)	
		1800m	2:54.57 (39.44)	1800m	2:52.35 (38.22)	
		2200m	3:34.58 (40.01)	2200m	3:31.08 (38.73)	
		2600m	4:16.14 (41.56)	2600m	4:10.67 (39.59)	
		3000m	4:57.67 (41.53)	3000m	4:50.22 (39.55)	

		Name	Cat	PB	Time Info
14	yw	61 Robert Petutschnigg	M55	4:58.48	DNS
	bl	71 Thomas Rumpf	M60	4:43.16	5:21.04
		Robert Petutschnigg			
			Thomas Rumpf		
			200m	24.36 (24.36)	
			600m	1:05.62 (41.26)	
			1000m	1:48.09 (42.47)	
			1400m	2:30.67 (42.58)	
			1800m	3:13.33 (42.66)	
			2200m	3:55.98 (42.65)	
			2600m	4:38.70 (42.72)	
			3000m	5:21.04 (42.34)	

		Name	Cat	PB	Time Info
15	wt	50 Jan Mein	M65	4:27.70	5:11.61
	rd	26 Hans-Gerd Heyne	M60	4:57.62	5:27.74
		Jan Mein			
			Hans-Gerd Heyne		
		200m	23.90 (23.90)	200m	27.72 (27.72)
		600m	1:03.28 (39.38)	600m	1:11.27 (43.55)
		1000m	1:44.07 (40.79)	1000m	1:53.94 (42.67)
		1400m	2:24.84 (40.77)	1400m	2:36.49 (42.55)
		1800m	3:05.69 (40.85)	1800m	3:19.58 (43.09)
		2200m	3:46.83 (41.14)	2200m	4:02.34 (42.76)
		2600m	4:28.98 (42.15)	2600m	4:44.80 (42.46)
		3000m	5:11.61 (42.63)	3000m	5:27.74 (42.94)

		Name		Cat		PB	Time	Info
16	yw	28	Stephan Haueisen		M55	4:20.59	5:21.06	MT
	bl	97	Hendrik van de Beek		M60	4:24.60		DQ
				Stephan Haueisen		Hendrik van de Beek		
		200m	24.82	(24.82)		200m	25.64	(25.64)
		600m	1:05.44	(40.62)		600m	1:04.23	(38.59)
		1000m	1:45.42	(39.98)				
		1400m	2:25.97	(40.55)				
		1800m	3:07.58	(41.61)				
		2200m	3:50.19	(42.61)				
		2600m	4:33.88	(43.69)				
		3000m	5:21.06	(47.18)				

		Name		Cat		PB	Time	Info
17	wt	54	Geir Nettet		M55	4:30.07	4:47.60	
	rd	105	Wim Zwanenburg		M65	4:53.58	5:50.71	
				Geir Nettet		Wim Zwanenburg		
		200m	23.01	(23.01)		200m	27.79	(27.79)
		600m	58.67	(35.66)		600m	1:10.63	(42.84)
		1000m	1:35.47	(36.80)		1000m	1:56.21	(45.58)
		1400m	2:13.45	(37.98)		1400m	2:43.94	(47.73)
		1800m	2:51.42	(37.97)		1800m	3:29.41	(45.47)
		2200m	3:30.88	(39.46)		2200m	4:17.31	(47.90)
		2600m	4:09.24	(38.36)		2600m	5:03.63	(46.32)
		3000m	4:47.60	(38.36)		3000m	5:50.71	(47.08)

		Name	Cat	PB	Time	Info	
18	yw	75 Piet Siemonsma	M70	4:26.35		DQ	
	bl	78 Frank Steenkamp	M65	4:36.38		5:07.64	
		Piet Siemonsma			Frank Steenkamp		
		200m	23.93 (23.93)	200m	25.66 (25.66)		
		600m	1:03.00 (39.07)	600m	1:04.83 (39.17)		
		1000m	1:44.32 (41.32)	1000m	1:44.94 (40.11)		
		1400m	2:25.68 (41.36)	1400m	2:25.61 (40.67)		
		1800m	3:05.28 (39.60)	1800m	3:05.77 (40.16)		
		2200m	3:44.85 (39.57)	2200m	3:45.92 (40.15)		
		2600m	4:28.01 (43.16)	2600m	4:26.23 (40.31)		
		3000m	5:09.51 (41.50)	3000m	5:07.64 (41.41)		

		Name	Cat	PB	Time	Info	
19	wt	99 Johan Vikhals	M55	4:50.34		5:02.74	
	rd	86 Klaas van den Berg	M60	4:22.90		4:54.02	
		Johan Vikhals			Klaas van den Berg		
		200m	23.08 (23.08)	200m	22.67 (22.67)		
		600m	58.93 (35.85)	600m	58.08 (35.41)		
		1000m	1:35.57 (36.64)	1000m	1:35.19 (37.11)		
		1400m	2:14.11 (38.54)	1400m	2:13.07 (37.88)		
		1800m	2:54.27 (40.16)	1800m	2:52.43 (39.36)		
		2200m	3:35.43 (41.16)	2200m	3:33.04 (40.61)		
		2600m	4:17.75 (42.32)	2600m	4:13.90 (40.86)		
		3000m	5:02.74 (44.99)	3000m	4:54.02 (40.12)		

		Name	Cat	PB	Time	Info	
20	yw	84 Aart van Beuzekom	M55	4:36.82	5:02.25		
	bl	41 Kees Langeveld	M65	4:30.83	5:01.99		
		Aart van Beuzekom			Kees Langeveld		
		200m	23.64 (23.64)	200m	24.33 (24.33)		
		600m	1:01.56 (37.92)	600m	1:02.26 (37.93)		
		1000m	1:39.96 (38.40)	1000m	1:41.40 (39.14)		
		1400m	2:19.12 (39.16)	1400m	2:21.50 (40.10)		
		1800m	2:59.29 (40.17)	1800m	3:01.85 (40.35)		
		2200m	3:39.86 (40.57)	2200m	3:42.31 (40.46)		
		2600m	4:21.80 (41.94)	2600m	4:22.53 (40.22)		
		3000m	5:02.25 (40.45)	3000m	5:01.99 (39.46)		

		Name	Cat	PB	Time	Info	
21	wt	68 Frans Rietveld	M80	4:43.15	6:29.45		
	rd	32 Morten Henriksen	M65	4:18.54	5:14.89		
		Frans Rietveld			Morten Henriksen		
		200m	29.60 (29.60)	200m	25.52 (25.52)		
		600m	1:17.09 (47.49)	600m	1:05.89 (40.37)		
		1000m	2:06.28 (49.19)	1000m	1:46.86 (40.97)		
		1400m	2:57.17 (50.89)	1400m	2:28.83 (41.97)		
		1800m	3:48.99 (51.82)	1800m	3:10.45 (41.62)		
		2200m	4:41.96 (52.97)	2200m	3:51.83 (41.38)		
		2600m	5:35.62 (53.66)	2600m	4:33.47 (41.64)		
		3000m	6:29.45 (53.83)	3000m	5:14.89 (41.42)		

Winter World Masters Games 2024

Ice Rink Piné - Baselga di Piné
16 to 19 January 2024

		Name	Cat	PB	Time	Info
22	yw	95 Joost van Leenders	M55	4:23.98	4:40.67	
	bl	3 Scott Anderson	M55	4:24.24	5:09.52	
		Joost van Leenders			Scott Anderson	
		200m	22.64 (22.64)	200m	26.52 (26.52)	
		600m	57.92 (35.28)	600m	1:06.45 (39.93)	
		1000m	1:34.40 (36.48)	1000m	1:47.32 (40.87)	
		1400m	2:11.57 (37.17)	1400m	2:29.24 (41.92)	
		1800m	2:48.62 (37.05)	1800m	3:09.44 (40.20)	
		2200m	3:25.53 (36.91)	2200m	3:49.66 (40.22)	
		2600m	4:03.18 (37.65)	2600m	4:29.49 (39.83)	
		3000m	4:40.67 (37.49)	3000m	5:09.52 (40.03)	

8. Result Women Group B 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	45 Gerdien Verweij	W55	11	O	5:21.75		
2	37 Ciska Stark	W60	11	I	5:30.62		
3	51 Lettie Zwanenburg	W65	10	I	5:39.62	MT	
4	7 Marlies de Jong	W55	12	O	5:39.92		
5	43 Mariska van Haften- van den Bosch	W60	10	O	5:43.61		
6	19 Katrin Leschner	W55	9	O	5:50.42		
7	8 Marianne de Neeling	W60	8	O	5:50.64		
8	5 Monica Cais	W55	7	I	5:56.35		
9	15 Chieko Kato	W55	2	I	5:56.52		
10	27 Sarantuya Ravdan	W55	5	O	5:59.23	PB	
11	39 Katsuyo Takeuchi	W55	1	O	6:01.44		
12	34 Diane Silzer	W60	9	I	6:02.57		
13	17 Trine Landsem	W55	6	O	6:05.73		
14	12 Barbara Heerschop	W65	8	I	6:06.72		
15	38 Marita Steen	W65	12	I	6:10.21	MT	
16	49 Joke Wittenberg	W70	6	I	6:27.58		
17	40 Silvia Tassara	W70	3	I	6:39.39	MT	
18	28 Marianne Reece	W55	4	I	6:48.78	MT	
19	10 Hilles Hamersley	W60	5	I	7:05.32		
20	23 Nyambuu Erdenetuya	W60	1	I	7:47.23		
21	32 Rossella Sardi	W65	4	O	8:03.69		
	1 Luvsandagva Altantsetseg	W70	3	O		DQ	
	20 Purevmaa Magsar	W65	2	O		DNS	
	3 Monique Boerema	W60	7	O		DNS	

8. Race Result Women Group B 3000 meter

		Name	Cat	PB	Time Info
1	wt	23 Nyambuu Erdenetuya	W60		7:47.23
	rd	39 Katsuyo Takeuchi	W55		6:01.44
Nyambuu Erdenetuya			Katsuyo Takeuchi		
		200m	32.83 (32.83)	200m	26.82 (26.82)
		600m	1:28.28 (55.45)	600m	1:12.33 (45.51)
		1000m	2:27.89 (59.61)	1000m	1:59.91 (47.58)
		1400m	3:31.28 (63.39)	1400m	2:48.84 (48.93)
		1800m	4:35.06 (63.78)	1800m	3:37.87 (49.03)
		2200m	5:39.50 (64.44)	2200m	4:27.18 (49.31)
		2600m	6:43.38 (63.88)	2600m	5:15.42 (48.24)
		3000m	7:47.23 (63.85)	3000m	6:01.44 (46.02)

		Name	Cat	PB	Time Info
2	yw	15 Chieko Kato	W55		5:56.52
	bl	20 Purevmaa Magsar	W65		DNS
Chieko Kato			Purevmaa Magsar		
		200m	24.74 (24.74)		
		600m	1:07.41 (42.67)		
		1000m	1:54.76 (47.35)		
		1400m	2:43.02 (48.26)		
		1800m	3:32.76 (49.74)		
		2200m	4:21.56 (48.80)		
		2600m	5:09.17 (47.61)		
		3000m	5:56.52 (47.35)		

		Name	Cat	PB	Time	Info	
3	wt	40 Silvia Tassara	W70	5:13.39	6:39.39	MT	
	rd	1 Luvсандagva Altantsetseg	W70	7:04.13	DQ		
		Silvia Tassara			Luvсандagva Altantsetseg		
		200m	30.12 (30.12)	200m	34.53 (34.53)		
		600m	1:22.33 (52.21)	600m	1:30.37 (55.84)		
		1000m	2:14.48 (52.15)	1000m	2:25.96 (55.59)		
		1400m	3:07.42 (52.94)	1400m	3:24.96 (59.00)		
		1800m	3:59.75 (52.33)				
		2200m	4:52.72 (52.97)				
		2600m	5:46.70 (53.98)				
		3000m	6:39.39 (52.69)				

		Name	Cat	PB	Time	Info	
4	yw	28 Marianne Reece	W55	6:20.65	6:48.78	MT	
	bl	32 Rossella Sardi	W65	6:50.86	8:03.69		
		Marianne Reece			Rossella Sardi		
		200m	31.16 (31.16)	200m	35.71 (35.71)		
		600m	1:22.19 (51.03)	600m	1:38.35 (62.64)		
		1000m	2:16.13 (53.94)	1000m	2:42.77 (64.42)		
		1400m	3:10.52 (54.39)	1400m	3:46.80 (64.03)		
		1800m	4:04.81 (54.29)	1800m	4:51.24 (64.44)		
		2200m	5:01.04 (56.23)	2200m	5:56.44 (65.20)		
		2600m	5:56.10 (55.06)	2600m	6:59.49 (63.05)		
		3000m	6:48.78 (52.68)	3000m	8:03.69 (64.20)		

		Name	Cat	PB	Time Info
5	wt	10 Hilles Hamersley	W60	6:28.56	7:05.32
	rd	27 Sarantuya Ravdan	W55	6:15.90	5:59.23 PB
		Hilles Hamersley		Sarantuya Ravdan	
		200m	30.13 (30.13)	200m	26.47 (26.47)
		600m	1:20.27 (50.14)	600m	1:09.94 (43.47)
		1000m	2:14.77 (54.50)	1000m	1:55.21 (45.27)
		1400m	3:11.09 (56.32)	1400m	2:43.09 (47.88)
		1800m	4:09.05 (57.96)	1800m	3:32.21 (49.12)
		2200m	5:08.78 (59.73)	2200m	4:21.28 (49.07)
		2600m	6:07.76 (58.98)	2600m	5:11.63 (50.35)
		3000m	7:05.32 (57.56)	3000m	5:59.23 (47.60)

		Name	Cat	PB	Time Info
6	yw	49 Joke Wittenberg	W70	5:15.80	6:27.58
	bl	17 Trine Landsem	W55	5:42.62	6:05.73
		Joke Wittenberg		Trine Landsem	
		200m	29.97 (29.97)	200m	28.98 (28.98)
		600m	1:18.70 (48.73)	600m	1:14.28 (45.30)
		1000m	2:08.76 (50.06)	1000m	2:00.30 (46.02)
		1400m	2:59.05 (50.29)	1400m	2:47.71 (47.41)
		1800m	3:50.21 (51.16)	1800m	3:35.88 (48.17)
		2200m	4:42.35 (52.14)	2200m	4:24.75 (48.87)
		2600m	5:34.97 (52.62)	2600m	5:14.27 (49.52)
		3000m	6:27.58 (52.61)	3000m	6:05.73 (51.46)

		Name	Cat	PB	Time Info
7	wt	5 Monica Cais	W55	5:41.82	5:56.35
	rd	3 Monique Boerema	W60	4:41.48	DNS
Monica Cais			Monique Boerema		
		200m	27.75 (27.75)		
		600m	1:11.56 (43.81)		
		1000m	1:57.84 (46.28)		
		1400m	2:44.61 (46.77)		
		1800m	3:31.88 (47.27)		
		2200m	4:19.72 (47.84)		
		2600m	5:08.37 (48.65)		
		3000m	5:56.35 (47.98)		

		Name	Cat	PB	Time Info
8	yw	12 Barbara Heerschop	W65	5:01.56	6:06.72
	bl	8 Marianne de Neeling	W60	4:54.93	5:50.64
Barbara Heerschop			Marianne de Neeling		
		200m	27.62 (27.62)	200m	27.10 (27.10)
		600m	1:12.48 (44.86)	600m	1:09.53 (42.43)
		1000m	2:00.32 (47.84)	1000m	1:55.08 (45.55)
		1400m	2:49.27 (48.95)	1400m	2:41.88 (46.80)
		1800m	3:38.67 (49.40)	1800m	3:29.01 (47.13)
		2200m	4:28.33 (49.66)	2200m	4:16.45 (47.44)
		2600m	5:18.14 (49.81)	2600m	5:03.84 (47.39)
		3000m	6:06.72 (48.58)	3000m	5:50.64 (46.80)

		Name	Cat	PB	Time	Info	
9	wt	34 Diane Silzer	W60	4:58.35	6:02.57		
	rd	19 Katrin Leschner	W55	5:19.50	5:50.42		
		Diane Silzer			Katrin Leschner		
		200m	25.39 (25.39)	200m	26.20 (26.20)		
		600m	1:06.99 (41.60)	600m	1:08.78 (42.58)		
		1000m	1:53.92 (46.93)	1000m	1:55.19 (46.41)		
		1400m	2:43.60 (49.68)	1400m	2:41.47 (46.28)		
		1800m	3:32.76 (49.16)	1800m	3:28.23 (46.76)		
		2200m	4:23.22 (50.46)	2200m	4:15.81 (47.58)		
		2600m	5:13.57 (50.35)	2600m	5:03.72 (47.91)		
		3000m	6:02.57 (49.00)	3000m	5:50.42 (46.70)		

		Name	Cat	PB	Time	Info	
10	yw	51 Lettie Zwanenburg	W65	4:55.58	5:39.62	MT	
	bl	43 Mariska van Haaften- van den Bosch	W60	5:07.75	5:43.61		
		Lettie Zwanenburg			Mariska van Haaften- van den Bosch		
		200m	25.70 (25.70)	200m	25.62 (25.62)		
		600m	1:08.50 (42.80)	600m	1:07.54 (41.92)		
		1000m	1:52.12 (43.62)	1000m	1:51.69 (44.15)		
		1400m	2:36.70 (44.58)	1400m	2:35.93 (44.24)		
		1800m	3:21.72 (45.02)	1800m	3:21.84 (45.91)		
		2200m	4:07.68 (45.96)	2200m	4:08.12 (46.28)		
		2600m	4:54.04 (46.36)	2600m	4:55.43 (47.31)		
		3000m	5:39.62 (45.58)	3000m	5:43.61 (48.18)		

		Name	Cat	PB	Time	Info
11	wt	37 Ciska Stark	W60	5:01.04	5:30.62	
	rd	45 Gerdien Verweij	W55	4:40.84	5:21.75	
		Ciska Stark				Gerdien Verweij
		200m	25.17 (25.17)	200m	24.49 (24.49)	
		600m	1:06.29 (41.12)	600m	1:04.11 (39.62)	
		1000m	1:50.67 (44.38)	1000m	1:46.23 (42.12)	
		1400m	2:35.12 (44.45)	1400m	2:29.72 (43.49)	
		1800m	3:19.30 (44.18)	1800m	3:12.45 (42.73)	
		2200m	4:03.39 (44.09)	2200m	3:55.81 (43.36)	
		2600m	4:47.50 (44.11)	2600m	4:39.15 (43.34)	
		3000m	5:30.62 (43.12)	3000m	5:21.75 (42.60)	

		Name	Cat	PB	Time	Info
12	yw	38 Marita Steen	W65	5:04.27	6:10.21	MT
	bl	7 Marlies de Jong	W55	5:00.69	5:39.92	
		Marita Steen				Marlies de Jong
		200m	27.43 (27.43)	200m	25.99 (25.99)	
		600m	1:12.58 (45.15)	600m	1:07.42 (41.43)	
		1000m	2:00.38 (47.80)	1000m	1:50.85 (43.43)	
		1400m	2:49.96 (49.58)	1400m	2:35.98 (45.13)	
		1800m	3:39.65 (49.69)	1800m	3:21.37 (45.39)	
		2200m	4:29.47 (49.82)	2200m	4:07.48 (46.11)	
		2600m	5:20.23 (50.76)	2600m	4:53.55 (46.07)	
		3000m	6:10.21 (49.98)	3000m	5:39.92 (46.37)	

9. Result Men Group A 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	20 Arjan Elferink	M45	19	O	2:01.40		
2	58 Mark Ooijevaar	M40	20	I	2:03.49		
3	80 Shuji Sugawara	M35	17	I	2:03.69		
4	46 André Los	M30	20	O	2:04.61		
5	72 Jeroen Schoppink	M40	17	O	2:04.72		
6	74 Bart Seffinga	M40	19	I	2:05.99		
7	100 Michiel Wienese	M45	18	I	2:07.12		
8	76 Daan Spoelstra	M45	18	O	2:07.47		
9	51 Frode Midjo	M50	10	O	2:08.69		
10	66 Mark Reiling	M40	16	O	2:10.00		
11	56 Marc Nieuwenhuijse	M40	14	O	2:10.48		
12	92 Sybe van Hijum	M30	15	I	2:11.53		
13	6 Martin Beaudry	M50	13	O	2:11.95		
14	15 Ronald de Graaf	M50	10	I	2:12.49		
15	30 Martin Heerma	M50	16	I	2:13.21		
16	29 Andreas Haugerud	M35	11	I	2:13.76		
17	16 Niels de Jager	M40	11	O	2:14.21		
18	90 Roberto van Goor	M50	12	I	2:14.29		
19	70 Thomas Røste	M45	9	O	2:14.72		
20	37 Azamat Ismailov	M45	14	I	2:14.89		
21	89 Martijn van der Horst	M50	7	I	2:15.28		
22	43 Willem Leeuwenburgh	M30	15	O	2:16.10		
23	1 Erol Aksoy	M50	12	O	2:17.90		
24	18 Ian Dwyer	M45	9	I	2:18.13		
25	60 Harry Pardijs	M45	7	O	2:19.43		
26	19 Mike Egberts	M40	8	I	2:19.94		
27	93 Erik van Hooft	M45	1	I	2:21.61		
28	64 Anders Ratdal	M45	6	O	2:23.35		
29	103 Ben Young	M35	3	I	2:25.42	PB	
30	42 Dennis Laubhan	M45	6	I	2:28.91	PB	
31	44 Niels Leliveld	M30	13	I	2:38.33	FL	
32	83 Yan Traversy	M45	4	I	2:38.61		
33	85 Kevin van Cleef	M40	5	I	2:47.05		
34	57 Frode Nordahl	M45	5	O	2:49.11		
35	7 Wim Bijkerk	M35	3	O	3:11.18		
36	62 Cristian Picco	M40	4	O	3:16.91		
37	102 Andy Wong	M50	2	I	3:49.10		
	59 Takafumi Osame	M50	2	O		DQ	

Winter World Masters Games 2024

Ice Rink Piné - Baselga di Piné
16 to 19 January 2024

Pos	Name	Cat	Pair	Lane	Time Info	Points
33	Vincent Henry	M35	1	O	DNS	
31	Andre Held-Engelbrecht	M35	8	O	DNS	

9. Race Result Men Group A 1500 meter

		Name	Cat	PB	Time	Info
1	wt	93 Erik van Hooft	M45	1:58.70	2:21.61	
	rd	33 Vincent Henry	M35	2:02.14	DNS	
Erik van Hooft			Vincent Henry			
		300m	28.11	(28.11)		
		700m	1:01.34	(33.23)		
		1100m	1:39.58	(38.24)		
		1500m	2:21.61	(42.03)		

		Name	Cat	PB	Time	Info
2	yw	102 Andy Wong	M50	3:28.78	3:49.10	
	bl	59 Takafumi Osame	M50	2:03.72	DQ	
Andy Wong			Takafumi Osame			
		300m	43.11	(43.11)	30.68	(30.68)
		700m	1:43.04	(59.93)	1:06.61	(35.93)
		1100m	2:45.88	(62.84)	1:46.32	(39.71)
		1500m	3:49.10	(63.22)	2:32.15	(45.83)

		Name	Cat	PB	Time	Info
3	wt	103 Ben Young	M35	2:39.08	2:25.42	PB
	rd	7 Wim Bijkerk	M35	3:09.14	3:11.18	
Ben Young			Wim Bijkerk			
		300m	31.00	(31.00)	41.08	(41.08)
		700m	1:07.39	(36.39)	1:29.30	(48.22)
		1100m	1:45.75	(38.36)	2:19.97	(50.67)
		1500m	2:25.42	(39.67)	3:11.18	(51.21)

		Name	Cat	PB	Time	Info
4	yw	83 Yan Traversy	M45	2:23.65	2:38.61	
	bl	62 Cristian Picco	M40	2:59.05	3:16.91	
Yan Traversy			Cristian Picco			
		300m	32.97	(32.97)	38.28	(38.28)
		700m	1:10.88	(37.91)	1:26.11	(47.83)
		1100m	1:53.18	(42.30)	2:19.31	(53.20)
		1500m	2:38.61	(45.43)	3:16.91	(57.60)

		Name	Cat	PB	Time	Info
5	wt	85 Kevin van Cleef	M40	2:30.34	2:47.05	
	rd	57 Frode Nordahl	M45	2:45.23	2:49.11	
		Kevin van Cleef				Frode Nordahl
		300m	35.15 (35.15)	300m	34.41 (34.41)	
		700m	1:15.55 (40.40)	700m	1:16.55 (42.14)	
		1100m	2:00.32 (44.77)	1100m	2:01.30 (44.75)	
		1500m	2:47.05 (46.73)	1500m	2:49.11 (47.81)	
		Name	Cat	PB	Time	Info
6	yw	42 Dennis Laubhan	M45	2:29.58	2:28.91	PB
	bl	64 Anders Ratdal	M45	1:59.12	2:23.35	
		Dennis Laubhan				Anders Ratdal
		300m	31.62 (31.62)	300m	30.56 (30.56)	
		700m	1:08.72 (37.10)	700m	1:06.55 (35.99)	
		1100m	1:47.95 (39.23)	1100m	1:44.60 (38.05)	
		1500m	2:28.91 (40.96)	1500m	2:23.35 (38.75)	
		Name	Cat	PB	Time	Info
7	wt	89 Martijn van der Horst	M50	2:04.03	2:15.28	
	rd	60 Harry Pardijs	M45	1:57.32	2:19.43	
		Martijn van der Horst				Harry Pardijs
		300m	28.65 (28.65)	300m	28.58 (28.58)	
		700m	1:01.79 (33.14)	700m	1:02.04 (33.46)	
		1100m	1:36.96 (35.17)	1100m	1:38.99 (36.95)	
		1500m	2:15.28 (38.32)	1500m	2:19.43 (40.44)	
		Name	Cat	PB	Time	Info
8	yw	19 Mike Egberts	M40	2:10.55	2:19.94	
	bl	31 Andre Held-Engelbrecht	M35	2:13.09	DNS	
		Mike Egberts				Andre Held-Engelbrecht
		300m	29.73 (29.73)			
		700m	1:03.35 (33.62)			
		1100m	1:40.23 (36.88)			
		1500m	2:19.94 (39.71)			

		Name	Cat	PB	Time	Info
9	wt	18 Ian Dwyer	M45	2:07.10	2:18.13	
	rd	70 Thomas Røste	M45	1:57.06	2:14.72	
		Ian Dwyer		Thomas Røste		
		300m 28.67 (28.67)		300m 30.12 (30.12)		
		700m 1:01.98 (33.31)		700m 1:02.64 (32.52)		
		1100m 1:38.43 (36.45)		1100m 1:37.11 (34.47)		
		1500m 2:18.13 (39.70)		1500m 2:14.72 (37.61)		
		Name	Cat	PB	Time	Info
10	yw	15 Ronald de Graaf	M50	2:09.59	2:12.49	
	bl	51 Frode Midjo	M50	1:59.63	2:08.69	
		Ronald de Graaf		Frode Midjo		
		300m 29.02 (29.02)		300m 28.66 (28.66)		
		700m 1:01.58 (32.56)		700m 1:00.39 (31.73)		
		1100m 1:36.21 (34.63)		1100m 1:34.07 (33.68)		
		1500m 2:12.49 (36.28)		1500m 2:08.69 (34.62)		
		Name	Cat	PB	Time	Info
11	wt	29 Andreas Haugerud	M35	2:03.37	2:13.76	
	rd	16 Niels de Jager	M40	2:02.89	2:14.21	
		Andreas Haugerud		Niels de Jager		
		300m 29.97 (29.97)		300m 28.71 (28.71)		
		700m 1:03.88 (33.91)		700m 1:02.27 (33.56)		
		1100m 1:38.28 (34.40)		1100m 1:37.68 (35.41)		
		1500m 2:13.76 (35.48)		1500m 2:14.21 (36.53)		
		Name	Cat	PB	Time	Info
12	yw	90 Roberto van Goor	M50	2:04.41	2:14.29	
	bl	1 Erol Aksoy	M50	2:09.76	2:17.90	
		Roberto van Goor		Erol Aksoy		
		300m 28.69 (28.69)		300m 28.75 (28.75)		
		700m 1:01.61 (32.92)		700m 1:01.83 (33.08)		
		1100m 1:36.91 (35.30)		1100m 1:38.75 (36.92)		
		1500m 2:14.29 (37.38)		1500m 2:17.90 (39.15)		

		Name	Cat	PB	Time	Info
13	wt	44 Niels Leliveld	M30	1:57.01	2:38.33	FL
	rd	6 Martin Beaudry	M50	2:10.28	2:11.95	
		Niels Leliveld				Martin Beaudry
		300m 28.13 (28.13)		300m 28.88 (28.88)		
		700m 1:00.05 (31.92)		700m 1:01.03 (32.15)		
		1100m 1:32.68 (32.63)		1100m 1:35.13 (34.10)		
		1500m 2:38.33 (65.65)		1500m 2:11.95 (36.82)		
		Name	Cat	PB	Time	Info
14	yw	37 Azamat Ismailov	M45	2:08.93	2:14.89	
	bl	56 Marc Nieuwenhuijse	M40	2:08.42	2:10.48	
		Azamat Ismailov				Marc Nieuwenhuijse
		300m 28.27 (28.27)		300m 29.74 (29.74)		
		700m 1:01.45 (33.18)		700m 1:02.20 (32.46)		
		1100m 1:36.73 (35.28)		1100m 1:35.74 (33.54)		
		1500m 2:14.89 (38.16)		1500m 2:10.48 (34.74)		
		Name	Cat	PB	Time	Info
15	wt	92 Sybe van Hijum	M30	2:05.49	2:11.53	
	rd	43 Willem Leeuwenburgh	M30	2:07.64	2:16.10	
		Sybe van Hijum				Willem Leeuwenburgh
		300m 29.23 (29.23)		300m 29.03 (29.03)		
		700m 1:01.86 (32.63)		700m 1:02.19 (33.16)		
		1100m 1:35.96 (34.10)		1100m 1:38.19 (36.00)		
		1500m 2:11.53 (35.57)		1500m 2:16.10 (37.91)		
		Name	Cat	PB	Time	Info
16	yw	30 Martin Heerma	M50	1:58.04	2:13.21	
	bl	66 Mark Reiling	M40	1:59.45	2:10.00	
		Martin Heerma				Mark Reiling
		300m 28.03 (28.03)		300m 27.79 (27.79)		
		700m 1:00.28 (32.25)		700m 59.40 (31.61)		
		1100m 1:35.43 (35.15)		1100m 1:33.26 (33.86)		
		1500m 2:13.21 (37.78)		1500m 2:10.00 (36.74)		

		Name	Cat	PB	Time	Info
17	wt	80 Shuji Sugawara	M35	1:55.61	2:03.69	
	rd	72 Jeroen Schoppink	M40	1:52.70	2:04.72	
		Shuji Sugawara		Jeroen Schoppink		
		300m	25.80 (25.80)	300m	27.30 (27.30)	
		700m	55.64 (29.84)	700m	58.35 (31.05)	
		1100m	1:28.11 (32.47)	1100m	1:30.68 (32.33)	
		1500m	2:03.69 (35.58)	1500m	2:04.72 (34.04)	
		Name	Cat	PB	Time	Info
18	yw	100 Michiel Wienese	M45	1:57.24	2:07.12	
	bl	76 Daan Spoelstra	M45	2:03.63	2:07.47	
		Michiel Wienese		Daan Spoelstra		
		300m	27.21 (27.21)	300m	28.07 (28.07)	
		700m	58.19 (30.98)	700m	59.72 (31.65)	
		1100m	1:31.19 (33.00)	1100m	1:33.05 (33.33)	
		1500m	2:07.12 (35.93)	1500m	2:07.47 (34.42)	
		Name	Cat	PB	Time	Info
19	wt	74 Bart Seffinga	M40	1:50.31	2:05.99	
	rd	20 Arjan Elferink	M45	1:55.96	2:01.40	
		Bart Seffinga		Arjan Elferink		
		300m	26.13 (26.13)	300m	26.49 (26.49)	
		700m	56.18 (30.05)	700m	56.14 (29.65)	
		1100m	1:28.85 (32.67)	1100m	1:27.79 (31.65)	
		1500m	2:05.99 (37.14)	1500m	2:01.40 (33.61)	
		Name	Cat	PB	Time	Info
20	yw	58 Mark Ooijevaar	M40	1:50.34	2:03.49	
	bl	46 André Los	M30	1:53.46	2:04.61	
		Mark Ooijevaar		André Los		
		300m	28.41 (28.41)	300m	27.50 (27.50)	
		700m	59.09 (30.68)	700m	58.29 (30.79)	
		1100m	1:30.63 (31.54)	1100m	1:30.80 (32.51)	
		1500m	2:03.49 (32.86)	1500m	2:04.61 (33.81)	

10. Result Women Group A 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	30 Eva Riemersma - van Rheenen	W40	12	O	2:19.25	
2	11 Claudia Henckel	W35	12	I	2:21.71	
3	16 Christiane Kloß	W50	11	O	2:26.77	
4	41 Evelien van der Kist	W35	11	I	2:28.35	
5	25 Nicole Peeters	W30	3	I	2:29.06	
6	50 Irma Woud	W50	9	O	2:29.81	
7	4 Esther Bouman	W35	9	I	2:32.55	
8	29 Kim Reid	W50	10	O	2:34.58	
9	44 Wendy van der Ham	W50	10	I	2:34.83	
10	14 Renate Jeppsson	W50	8	O	2:36.04	
11	2 Heidi Beck	W30	7	I	2:36.16	
12	42 Anna Van der Stok	W50	8	I	2:36.67	
13	33 Teresa Schneider	W35	7	O	2:36.84	
14	31 Andrea Roberts	W35	1	I	2:47.56	
15	48 Tomoko Wakazuki	W40	4	I	2:47.75	
16	36 Jip Spel	W30	5	O	2:48.56	
17	6 Jessica Chu	W30	5	I	2:49.04	PB
18	21 Evelyn Mein-Klok	W50	6	I	2:49.36	
19	35 Solfrid Sivertsen	W45	6	O	2:56.64	
20	22 Tove Julianne Nerdahl	W45	3	O	3:03.84	
21	46 Daniela Völker	W45	4	O	3:08.27	

10. Race Result Women Group A 1500 meter

		Name	Cat	PB	Time	Info	
1	wt rd	31 Andrea Roberts	W35	2:43.47	2:47.56		
		Andrea Roberts					
		300m	35.14	(35.14)			m
		700m	1:15.10	(39.96)			
		1100m	1:59.44	(44.34)			
		1500m	2:47.56	(48.12)			
<hr/>							
		Name	Cat	PB	Time	Info	
2	yw bl						
		<hr/>					
							m
		<hr/>					
							m
<hr/>							
		Name	Cat	PB	Time	Info	
3	wt rd	25 Nicole Peeters	W30	2:19.53	2:29.06		
		22 Tove Julianne Nerdahl	W45	2:47.90	3:03.84		
		Nicole Peeters			Tove Julianne Nerdahl		
		300m	31.92	(31.92)	300m	36.70	(36.70)
		700m	1:08.34	(36.42)	700m	1:21.07	(44.37)
		1100m	1:47.89	(39.55)	1100m	2:09.94	(48.87)
		1500m	2:29.06	(41.17)	1500m	3:03.84	(53.90)
<hr/>							
		Name	Cat	PB	Time	Info	
4	yw bl	48 Tomoko Wakazuki	W40		2:47.75		
		46 Daniela Völker	W45	3:05.35	3:08.27		
		Tomoko Wakazuki			Daniela Völker		
		300m	32.09	(32.09)	300m	37.38	(37.38)
		700m	1:13.92	(41.83)	700m	1:24.10	(46.72)
		1100m	2:00.89	(46.97)	1100m	2:15.87	(51.77)
		1500m	2:47.75	(46.86)	1500m	3:08.27	(52.40)

		Name	Cat	PB	Time	Info
5	wt	6 Jessica Chu	W30	2:53.34	2:49.04	PB
	rd	36 Jip Spel	W30	2:39.54	2:48.56	
		<u>Jessica Chu</u>			<u>Jip Spel</u>	
		300m 34.65 (34.65)		300m 36.56 (36.56)		
		700m 1:16.96 (42.31)		700m 1:19.36 (42.80)		
		1100m 2:02.31 (45.35)		1100m 2:03.73 (44.37)		
		1500m 2:49.04 (46.73)		1500m 2:48.56 (44.83)		
		Name	Cat	PB	Time	Info
6	yw	21 Evelyn Mein-Klok	W50	2:38.94	2:49.36	
	bl	35 Solfrid Sivertsen	W45	2:23.91	2:56.64	
		<u>Evelyn Mein-Klok</u>			<u>Solfrid Sivertsen</u>	
		300m 35.76 (35.76)		300m 37.95 (37.95)		
		700m 1:17.58 (41.82)		700m 1:22.13 (44.18)		
		1100m 2:02.32 (44.74)		1100m 2:09.13 (47.00)		
		1500m 2:49.36 (47.04)		1500m 2:56.64 (47.51)		
		Name	Cat	PB	Time	Info
7	wt	2 Heidi Beck	W30	2:26.04	2:36.16	
	rd	33 Teresa Schneider	W35	2:23.62	2:36.84	
		<u>Heidi Beck</u>			<u>Teresa Schneider</u>	
		300m 31.56 (31.56)		300m 30.24 (30.24)		
		700m 1:10.04 (38.48)		700m 1:08.36 (38.12)		
		1100m 1:52.42 (42.38)		1100m 1:52.62 (44.26)		
		1500m 2:36.16 (43.74)		1500m 2:36.84 (44.22)		
		Name	Cat	PB	Time	Info
8	yw	42 Anna Van der Stok	W50	2:30.10	2:36.67	
	bl	14 Renate Jeppsson	W50	2:12.37	2:36.04	
		<u>Anna Van der Stok</u>			<u>Renate Jeppsson</u>	
		300m 31.93 (31.93)		300m 30.89 (30.89)		
		700m 1:10.39 (38.46)		700m 1:08.48 (37.59)		
		1100m 1:52.58 (42.19)		1100m 1:50.55 (42.07)		
		1500m 2:36.67 (44.09)		1500m 2:36.04 (45.49)		

		Name	Cat	PB	Time	Info
9	wt	4 Esther Bouman	W35	2:16.32	2:32.55	
	rd	50 Irma Woud	W50	2:12.53	2:29.81	
		Esther Bouman		Irma Woud		
		300m 33.17 (33.17)		300m 31.35 (31.35)		
		700m 1:10.65 (37.48)		700m 1:08.32 (36.97)		
		1100m 1:50.31 (39.66)		1100m 1:47.82 (39.50)		
		1500m 2:32.55 (42.24)		1500m 2:29.81 (41.99)		
		Name	Cat	PB	Time	Info
10	yw	44 Wendy van der Ham	W50	2:22.81	2:34.83	
	bl	29 Kim Reid	W50	2:29.03	2:34.58	
		Wendy van der Ham		Kim Reid		
		300m 31.59 (31.59)		300m 33.19 (33.19)		
		700m 1:09.66 (38.07)		700m 1:11.25 (38.06)		
		1100m 1:50.88 (41.22)		1100m 1:52.02 (40.77)		
		1500m 2:34.83 (43.95)		1500m 2:34.58 (42.56)		
		Name	Cat	PB	Time	Info
11	wt	41 Evelien van der Kist	W35	2:17.16	2:28.35	
	rd	16 Christiane Kloß	W50	2:14.38	2:26.77	
		Evelien van der Kist		Christiane Kloß		
		300m 30.58 (30.58)		300m 31.41 (31.41)		
		700m 1:08.31 (37.73)		700m 1:08.21 (36.80)		
		1100m 1:47.95 (39.64)		1100m 1:47.29 (39.08)		
		1500m 2:28.35 (40.40)		1500m 2:26.77 (39.48)		
		Name	Cat	PB	Time	Info
12	yw	11 Claudia Henckel	W35	2:14.48	2:21.71	
	bl	30 Eva Riemersma - van Rheenen	W40	2:11.27	2:19.25	
		Claudia Henckel		Eva Riemersma - van Rheenen		
		300m 29.27 (29.27)		300m 30.82 (30.82)		
		700m 1:04.57 (35.30)		700m 1:05.21 (34.39)		
		1100m 1:42.34 (37.77)		1100m 1:41.79 (36.58)		
		1500m 2:21.71 (39.37)		1500m 2:19.25 (37.46)		

11. Result Men Group B 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	95 Joost van Leenders	M55	17	I	2:12.71		
2	87 Victor van den Hoff	M65	18	O	2:14.89		
3	86 Klaas van den Berg	M60	18	I	2:16.02		
4	54 Geir Nettet	M55	12	I	2:16.22		
5	96 Hans van Peperstraten	M70	14	O	2:16.37		
6	99 Johan Vikhals	M55	14	I	2:18.39		
7	41 Kees Langeveld	M65	16	O	2:20.86		
8	32 Morten Henriksen	M65	12	O	2:22.11		
9	75 Piet Siemonsma	M70	15	I	2:22.17		
10	50 Jan Mein	M65	13	I	2:22.27		
11	84 Aart van Beuzekom	M55	17	O	2:22.58		
12	98 Erik Vea	M70	13	O	2:27.77		
13	21 Bjørn Fjelnseth	M55	8	O	2:28.08	PB	
14	97 Hendrik van de Beek	M60	15	O	2:28.38		
15	3 Scott Anderson	M55	11	I	2:31.89		
16	8 Robert Black	M60	16	I	2:32.09		
17	53 Ragnvald Næss	M65	10	O	2:33.27	MT	
18	79 Arne Stenhaus	M65	8	I	2:34.33		
19	10 Egil Bokn	M70	10	I	2:34.49	MT	
20	40 Olav Langeland	M65	9	I	2:36.28	MT	
21	45 Ole Løland	M65	4	O	2:39.04	PB	
22	77 Harold Spragg	M65	11	O	2:39.70		
23	94 Chris van Koeverden	M65	6	O	2:40.62		
24	69 Rolf Espen Riktor	M60	6	I	2:41.47		
25	14 Michele Giuseppe Cortesi	M60	5	I	2:43.69		
26	52 Tomomatsu Misawa	M55	2	I	2:44.07		
27	17 Pieter den Dunnen	M75	9	O	2:47.74	MT	
28	36 Thomas Hoekstra	M70	7	I	2:48.41		
29	91 Ton van Helden	M75	7	O	2:58.66		
30	68 Frans Rietveld	M80	5	O	3:01.11		
31	82 Bruno Toniolli	M80	4	I	3:07.11		
32	9 Emilio Boicelli	M75	3	I	3:15.00		
33	13 Bujiin Jalbaa	M80	2	O	3:15.14		
34	81 Kenji Takai	M55	1	I	3:45.23	FL	
35	4 Badam Tumurbaatar	M55	1	O	4:06.26		
	35 Gunnar Hiesgen	M55	3	O	DNS		

11. Race Result Men Group B 1500 meter

		Name		Cat		PB	Time	Info
1	wt	81	Kenji Takai		M55	3:16.00	3:45.23	FL
	rd	4	Badam Tumurbaatar		M55		4:06.26	
		Kenji Takai			Badam Tumurbaatar			
		300m	41.04	(41.04)	300m	43.88	(43.88)	
		700m	1:44.27	(63.23)	700m	1:41.05	(57.17)	
		1100m	2:40.04	(55.77)	1100m	2:50.68	(69.63)	
		1500m	3:45.23	(65.19)	1500m	4:06.26	(75.58)	

		Name		Cat		PB	Time	Info
2	yw	52	Tomomatsu Misawa		M55		2:44.07	
	bl	13	Bujiin Jalbaa		M80	2:13.40	3:15.14	
		Tomomatsu Misawa			Bujiin Jalbaa			
		300m	33.48	(33.48)	300m	38.61	(38.61)	
		700m	1:15.66	(42.18)	700m	1:26.82	(48.21)	
		1100m	1:57.71	(42.05)	1100m	2:18.88	(52.06)	
		1500m	2:44.07	(46.36)	1500m	3:15.14	(56.26)	

		Name		Cat		PB	Time	Info
3	wt	9	Emilio Boicelli		M75	2:49.81	3:15.00	
	rd	35	Gunnar Hiesgen		M55	3:13.58	DNS	
		Emilio Boicelli			Gunnar Hiesgen			
		300m	39.43	(39.43)				
		700m	1:27.09	(47.66)				
		1100m	2:19.14	(52.05)				
		1500m	3:15.00	(55.86)				

		Name		Cat		PB	Time	Info
4	yw	82	Bruno Toniolli		M80	2:04.60	3:07.11	
	bl	45	Ole Løland		M65	2:40.44	2:39.04	PB
		Bruno Toniolli			Ole Løland			
		300m	38.10	(38.10)	300m	33.37	(33.37)	
		700m	1:25.42	(47.32)	700m	1:12.71	(39.34)	
		1100m	2:16.40	(50.98)	1100m	1:55.20	(42.49)	
		1500m	3:07.11	(50.71)	1500m	2:39.04	(43.84)	

		Name	Cat	PB	Time	Info
5	wt	14 Michele Giuseppe Cortesi	M60	2:25.07	2:43.69	
	rd	68 Frans Rietveld	M80	2:12.64	3:01.11	
		Michele Giuseppe Cortesi		Frans Rietveld		
		300m	35.03 (35.03)	300m	37.60 (37.60)	
		700m	1:17.10 (42.07)	700m	1:23.39 (45.79)	
		1100m	2:00.26 (43.16)	1100m	2:11.26 (47.87)	
		1500m	2:43.69 (43.43)	1500m	3:01.11 (49.85)	
		Name	Cat	PB	Time	Info
6	yw	69 Rolf Espen Riktor	M60	2:29.39	2:41.47	
	bl	94 Chris van Koeverden	M65	2:20.38	2:40.62	
		Rolf Espen Riktor		Chris van Koeverden		
		300m	35.52 (35.52)	300m	33.41 (33.41)	
		700m	1:16.52 (41.00)	700m	1:13.69 (40.28)	
		1100m	1:58.56 (42.04)	1100m	1:56.57 (42.88)	
		1500m	2:41.47 (42.91)	1500m	2:40.62 (44.05)	
		Name	Cat	PB	Time	Info
7	wt	36 Thomas Hoekstra	M70	2:10.04	2:48.41	
	rd	91 Ton van Helden	M75	2:15.37	2:58.66	
		Thomas Hoekstra		Ton van Helden		
		300m	35.03 (35.03)	300m	39.17 (39.17)	
		700m	1:16.63 (41.60)	700m	1:25.24 (46.07)	
		1100m	2:01.48 (44.85)	1100m	2:12.14 (46.90)	
		1500m	2:48.41 (46.93)	1500m	2:58.66 (46.52)	
		Name	Cat	PB	Time	Info
8	yw	79 Arne Stenhaug	M65	2:03.45	2:34.33	
	bl	21 Bjørn Fjelnseth	M55	2:31.45	2:28.08 PB	
		Arne Stenhaug		Bjørn Fjelnseth		
		300m	32.61 (32.61)	300m	31.88 (31.88)	
		700m	1:10.78 (38.17)	700m	1:08.93 (37.05)	
		1100m	1:52.34 (41.56)	1100m	1:47.80 (38.87)	
		1500m	2:34.33 (41.99)	1500m	2:28.08 (40.28)	

		Name	Cat	PB	Time	Info
9	wt	40 Olav Langeland	M65	2:13.68	2:36.28	MT
	rd	17 Pieter den Dunnen	M75	2:08.54	2:47.74	MT
		Olav Langeland		Pieter den Dunnen		
		300m 34.13 (34.13)		300m 37.05 (37.05)		
		700m 1:13.87 (39.74)		700m 1:18.77 (41.72)		
		1100m 1:54.84 (40.97)		1100m 2:01.78 (43.01)		
		1500m 2:36.28 (41.44)		1500m 2:47.74 (45.96)		
		Name	Cat	PB	Time	Info
10	yw	10 Egil Bokn	M70	2:08.48	2:34.49	MT
	bl	53 Ragnvald Næss	M65	2:02.42	2:33.27	MT
		Egil Bokn		Ragnvald Næss		
		300m 33.01 (33.01)		300m 33.40 (33.40)		
		700m 1:12.28 (39.27)		700m 1:11.99 (38.59)		
		1100m 1:53.46 (41.18)		1100m 1:52.17 (40.18)		
		1500m 2:34.49 (41.03)		1500m 2:33.27 (41.10)		
		Name	Cat	PB	Time	Info
11	wt	3 Scott Anderson	M55	2:08.64	2:31.89	
	rd	77 Harold Spragg	M65	2:07.53	2:39.70	
		Scott Anderson		Harold Spragg		
		300m 34.77 (34.77)		300m 35.08 (35.08)		
		700m 1:13.80 (39.03)		700m 1:15.57 (40.49)		
		1100m 1:52.70 (38.90)		1100m 1:56.73 (41.16)		
		1500m 2:31.89 (39.19)		1500m 2:39.70 (42.97)		
		Name	Cat	PB	Time	Info
12	yw	54 Geir Nettet	M55	2:06.61	2:16.22	
	bl	32 Morten Henriksen	M65	2:00.09	2:22.11	
		Geir Nettet		Morten Henriksen		
		300m 29.66 (29.66)		300m 30.50 (30.50)		
		700m 1:03.85 (34.19)		700m 1:05.93 (35.43)		
		1100m 1:39.45 (35.60)		1100m 1:43.48 (37.55)		
		1500m 2:16.22 (36.77)		1500m 2:22.11 (38.63)		

		Name	Cat	PB	Time	Info
13	wt	50 Jan Mein	M65	2:07.00	2:22.27	
	rd	98 Erik Vea	M70	2:00.44	2:27.77	
		Jan Mein				Erik Vea
		300m 30.13 (30.13)		300m 31.08 (31.08)		
		700m 1:05.95 (35.82)		700m 1:07.80 (36.72)		
		1100m 1:43.56 (37.61)		1100m 1:46.61 (38.81)		
		1500m 2:22.27 (38.71)		1500m 2:27.77 (41.16)		
		Name	Cat	PB	Time	Info
14	yw	99 Johan Vikhals	M55	2:15.51	2:18.39	
	bl	96 Hans van Peperstraten	M70	2:06.86	2:16.37	
		Johan Vikhals				Hans van Peperstraten
		300m 30.15 (30.15)		300m 30.38 (30.38)		
		700m 1:03.54 (33.39)		700m 1:03.61 (33.23)		
		1100m 1:39.31 (35.77)		1100m 1:38.90 (35.29)		
		1500m 2:18.39 (39.08)		1500m 2:16.37 (37.47)		
		Name	Cat	PB	Time	Info
15	wt	75 Piet Siemonsma	M70	2:05.11	2:22.17	
	rd	97 Hendrik van de Beek	M60	2:04.06	2:28.38	
		Piet Siemonsma				Hendrik van de Beek
		300m 30.86 (30.86)		300m 33.88 (33.88)		
		700m 1:05.74 (34.88)		700m 1:10.14 (36.26)		
		1100m 1:43.31 (37.57)		1100m 1:48.57 (38.43)		
		1500m 2:22.17 (38.86)		1500m 2:28.38 (39.81)		
		Name	Cat	PB	Time	Info
16	yw	8 Robert Black	M60	2:12.02	2:32.09	
	bl	41 Kees Langeveld	M65	2:08.83	2:20.86	
		Robert Black				Kees Langeveld
		300m 32.28 (32.28)		300m 31.76 (31.76)		
		700m 1:08.92 (36.64)		700m 1:06.79 (35.03)		
		1100m 1:48.88 (39.96)		1100m 1:43.23 (36.44)		
		1500m 2:32.09 (43.21)		1500m 2:20.86 (37.63)		

		Name	Cat	PB	Time	Info	
17	wt	95 Joost van Leenders	M55	2:06.81	2:12.71		
	rd	84 Aart van Beuzekom	M55	2:07.71	2:22.58		
		Joost van Leenders			Aart van Beuzekom		
		300m	29.54 (29.54)	300m	30.03 (30.03)		
		700m	1:02.94 (33.40)	700m	1:04.69 (34.66)		
		1100m	1:37.85 (34.91)	1100m	1:42.07 (37.38)		
		1500m	2:12.71 (34.86)	1500m	2:22.58 (40.51)		
		Name	Cat	PB	Time	Info	
18	yw	86 Klaas van den Berg	M60	2:02.62	2:16.02		
	bl	87 Victor van den Hoff	M65	1:57.62	2:14.89		
		Klaas van den Berg			Victor van den Hoff		
		300m	29.13 (29.13)	300m	29.76 (29.76)		
		700m	1:03.12 (33.99)	700m	1:03.51 (33.75)		
		1100m	1:38.52 (35.40)	1100m	1:38.62 (35.11)		
		1500m	2:16.02 (37.50)	1500m	2:14.89 (36.27)		

12. Result Women Group B 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	45 Gerdien Verweij	W55	11	O	2:29.00	
2	37 Ciska Stark	W60	12	O	2:35.68	
3	3 Monique Boerema	W60	9	O	2:35.97	
4	8 Marianne de Neeling	W60	10	I	2:37.33	
5	51 Lettie Zwanenburg	W65	9	I	2:38.26	
6	7 Marlies de Jong	W55	11	I	2:38.53	
7	15 Chieko Kato	W55	4	I	2:38.94	
8	43 Mariska van Haaften- van den Bosch	W60	8	O	2:40.69	
9	26 Anke Preuß	W55	7	I	2:42.66	
10	47 Jolanda Voskamp-Vollebregt	W55	12	I	2:44.40	
11	19 Katrin Leschner	W55	8	I	2:44.54	
12	39 Katsuyo Takeuchi	W55	3	I	2:44.76	
13	34 Diane Silzer	W60	10	O	2:45.75	
14	17 Trine Landsem	W55	7	O	2:51.50	
15	38 Marita Steen	W65	6	I	2:53.51	
16	12 Barbara Heerschop	W65	5	O	2:54.82	
17	10 Hilles Hamersley	W60	6	O	3:10.67	
18	28 Marianne Reece	W55	5	I	3:13.24	
19	1 Luvsandagva Altantsetseg	W70	1	I	3:17.00	
20	32 Rossella Sardi	W65	3	O	3:46.71	
21	20 Purevmaa Magsar	W65	4	O	4:25.00	

12. Race Result Women Group B 1500 meter

		Name	Cat	PB	Time	Info	
1	wt rd	1	Luvsandagva Altantsetseg	W70	3:15.28	3:17.00	
		Luvsandagva Altantsetseg					
		300m	41.59	(41.59)		m	
		700m	1:31.06	(49.47)			
		1100m	2:23.84	(52.78)			
		1500m	3:17.00	(53.16)			
<hr/>							
		Name	Cat	PB	Time	Info	
2	yw bl						
					m	m	
<hr/>							
		Name	Cat	PB	Time	Info	
3	wt rd	39	Katsuyo Takeuchi	W55		2:44.76	
		32	Rossella Sardi	W65	3:21.59	3:46.71	
		Katsuyo Takeuchi			Rossella Sardi		
		300m	33.91	(33.91)	300m	46.08	(46.08)
		700m	1:15.60	(41.69)	700m	1:45.00	(58.92)
		1100m	2:00.28	(44.68)	1100m	2:46.49	(61.49)
		1500m	2:44.76	(44.48)	1500m	3:46.71	(60.22)
<hr/>							
		Name	Cat	PB	Time	Info	
4	yw bl	15	Chieko Kato	W55		2:38.94	
		20	Purevmaa Magsar	W65		4:25.00	
		Chieko Kato			Purevmaa Magsar		
		300m	32.01	(32.01)	300m	51.99	(51.99)
		700m	1:10.01	(38.00)	700m	1:58.20	(66.21)
		1100m	1:52.84	(42.83)	1100m	3:11.23	(73.03)
		1500m	2:38.94	(46.10)	1500m	4:25.00	(73.77)

		Name	Cat	PB	Time	Info
5	wt	28 Marianne Reece	W55	2:56.10	3:13.24	
	rd	12 Barbara Heerschop	W65	2:23.04	2:54.82	
		Marianne Reece		Barbara Heerschop		
		300m 40.11 (40.11)		300m 36.65 (36.65)		
		700m 1:28.36 (48.25)		700m 1:20.34 (43.69)		
		1100m 2:18.59 (50.23)		1100m 2:06.28 (45.94)		
		1500m 3:13.24 (54.65)		1500m 2:54.82 (48.54)		
		Name	Cat	PB	Time	Info
6	yw	38 Marita Steen	W65	2:26.54	2:53.51	
	bl	10 Hilles Hamersley	W60	3:02.25	3:10.67	
		Marita Steen		Hilles Hamersley		
		300m 35.81 (35.81)		300m 38.88 (38.88)		
		700m 1:19.07 (43.26)		700m 1:25.37 (46.49)		
		1100m 2:05.90 (46.83)		1100m 2:17.06 (51.69)		
		1500m 2:53.51 (47.61)		1500m 3:10.67 (53.61)		
		Name	Cat	PB	Time	Info
7	wt	26 Anke Preuß	W55	2:26.26	2:42.66	
	rd	17 Trine Landsem	W55	2:39.05	2:51.50	
		Anke Preuß		Trine Landsem		
		300m 33.54 (33.54)		300m 37.64 (37.64)		
		700m 1:14.56 (41.02)		700m 1:20.93 (43.29)		
		1100m 1:59.07 (44.51)		1100m 2:05.55 (44.62)		
		1500m 2:42.66 (43.59)		1500m 2:51.50 (45.95)		
		Name	Cat	PB	Time	Info
8	yw	19 Katrin Leschner	W55	2:28.58	2:44.54	
	bl	43 Mariska van Haften- van den Bosch	W60	2:27.14	2:40.69	
		Katrin Leschner		Mariska van Haften- van den Bosch		
		300m 33.98 (33.98)		300m 33.98 (33.98)		
		700m 1:14.46 (40.48)		700m 1:13.41 (39.43)		
		1100m 1:58.55 (44.09)		1100m 1:56.26 (42.85)		
		1500m 2:44.54 (45.99)		1500m 2:40.69 (44.43)		

		Name	Cat	PB	Time	Info
9	wt	51 Lettie Zwanenburg	W65	2:19.31	2:38.26	
	rd	3 Monique Boerema	W60	2:09.60	2:35.97	
		Lettie Zwanenburg		Monique Boerema		
		300m 33.74 (33.74)		300m 32.32 (32.32)		
		700m 1:12.66 (38.92)		700m 1:10.31 (37.99)		
		1100m 1:54.10 (41.44)		1100m 1:51.68 (41.37)		
		1500m 2:38.26 (44.16)		1500m 2:35.97 (44.29)		
		Name	Cat	PB	Time	Info
10	yw	8 Marianne de Neeling	W60	2:20.52	2:37.33	
	bl	34 Diane Silzer	W60	2:21.27	2:45.75	
		Marianne de Neeling		Diane Silzer		
		300m 34.23 (34.23)		300m 34.42 (34.42)		
		700m 1:13.65 (39.42)		700m 1:14.64 (40.22)		
		1100m 1:54.79 (41.14)		1100m 1:59.07 (44.43)		
		1500m 2:37.33 (42.54)		1500m 2:45.75 (46.68)		
		Name	Cat	PB	Time	Info
11	wt	7 Marlies de Jong	W55	2:22.42	2:38.53	
	rd	45 Gerdien Verweij	W55	2:10.56	2:29.00	
		Marlies de Jong		Gerdien Verweij		
		300m 32.91 (32.91)		300m 31.20 (31.20)		
		700m 1:12.45 (39.54)		700m 1:07.56 (36.36)		
		1100m 1:54.25 (41.80)		1100m 1:46.88 (39.32)		
		1500m 2:38.53 (44.28)		1500m 2:29.00 (42.12)		
		Name	Cat	PB	Time	Info
12	yw	47 Jolanda Voskamp-Vollebregt	W55	2:10.00	2:44.40	
	bl	37 Ciska Stark	W60	2:23.28	2:35.68	
		Jolanda Voskamp-Vollebregt		Ciska Stark		
		300m 34.92 (34.92)		300m 32.97 (32.97)		
		700m 1:17.01 (42.09)		700m 1:11.99 (39.02)		
		1100m 2:00.77 (43.76)		1100m 1:53.33 (41.34)		
		1500m 2:44.40 (43.63)		1500m 2:35.68 (42.35)		

13. Result Men Group A 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	58 Mark Ooijevaar	M40	9	I	7:18.48	
2	20 Arjan Elferink	M45	9	O	7:19.46	
3	46 André Los	M30	10	I	7:35.56	
4	92 Sybe van Hijum	M30	7	O	7:44.31	
5	56 Marc Nieuwenhuijse	M40	7	I	7:44.71	
6	44 Niels Leliveld	M30	8	O	7:54.59	
7	51 Frode Midjo	M50	5	O	8:00.63	
8	29 Andreas Haugerud	M35	5	I	8:02.69	
9	55 Andrew Nicholson	M50	2	O	8:03.46	
10	76 Daan Spoelstra	M45	8	I	8:14.12	
11	43 Willem Leeuwenburgh	M30	6	I	8:21.32	
12	90 Roberto van Goor	M50	4	I	8:23.15	
13	38 Vishwaraj Jadeja	M35	10	O	8:26.30	
14	63 Maarten Quist	M45	4	O	8:31.76	
15	104 Marvin Zeisberg	M30	3	I	9:00.72	
16	39 Christian Kelm	M40	3	O	9:07.10	
17	22 Jérôme Gass	M40	1	I	10:55.79	
	62 Cristian Picco	M40	2	I	DNS	
	31 Andre Held-Engelbrecht	M35	6	O	DNS	

13. Race Result Men Group A 5000 meter

	Name	Cat	PB	Time Info
1	wt rd	22 Jérôme Gass	M40	10:55.79
	Jérôme Gass			
	200m	29.51 (29.51)		m
	600m	1:17.15 (47.64)		
	1000m	2:06.99 (49.84)		
	1400m	2:56.09 (49.10)		
	1800m	3:46.71 (50.62)		
	2200m	4:38.60 (51.89)		
	2600m	5:30.88 (52.28)		
	3000m	6:24.58 (53.70)		
	3400m	7:20.74 (56.16)		
	3800m	8:17.50 (56.76)		
	4200m	9:11.08 (53.58)		
	4600m	10:03.63 (52.55)		
	5000m	10:55.79 (52.16)		

	Name	Cat	PB	Time Info
2	yw	62 Cristian Picco	M40	DNS
	bl	55 Andrew Nicholson	M50	6:52.26
	Cristian Picco		Andrew Nicholson	
		200m	23.34 (23.34)	
		600m	1:00.18 (36.84)	
		1000m	1:38.08 (37.90)	
		1400m	2:16.66 (38.58)	
		1800m	2:54.68 (38.02)	
		2200m	3:33.41 (38.73)	
		2600m	4:11.90 (38.49)	
		3000m	4:50.78 (38.88)	
		3400m	5:29.24 (38.46)	
		3800m	6:08.22 (38.98)	
		4200m	6:46.55 (38.33)	
		4600m	7:25.35 (38.80)	
		5000m	8:03.46 (38.11)	

		Name	Cat	PB	Time Info
3	wt	104 Marvin Zeisberg	M30	8:43.95	9:00.72
	rd	39 Christian Kelm	M40		9:07.10
		Marvin Zeisberg		Christian Kelm	
		200m 23.90 (23.90)		200m 24.20 (24.20)	
		600m 1:02.75 (38.85)		600m 1:02.90 (38.70)	
		1000m 1:42.53 (39.78)		1000m 1:43.51 (40.61)	
		1400m 2:24.76 (42.23)		1400m 2:25.60 (42.09)	
		1800m 3:06.86 (42.10)		1800m 3:08.11 (42.51)	
		2200m 3:50.09 (43.23)		2200m 3:51.62 (43.51)	
		2600m 4:33.61 (43.52)		2600m 4:35.71 (44.09)	
		3000m 5:17.81 (44.20)		3000m 5:20.20 (44.49)	
		3400m 6:02.02 (44.21)		3400m 6:05.42 (45.22)	
		3800m 6:47.01 (44.99)		3800m 6:51.52 (46.10)	
		4200m 7:31.63 (44.62)		4200m 7:37.04 (45.52)	
		4600m 8:14.94 (43.31)		4600m 8:20.57 (43.53)	
		5000m 9:00.72 (45.78)		5000m 9:07.10 (46.53)	

		Name	Cat	PB	Time Info
4	yw	90 Roberto van Goor	M50	7:23.83	8:23.15
	bl	63 Maarten Quist	M45	8:25.37	8:31.76
		Roberto van Goor		Maarten Quist	
		200m 23.07 (23.07)		200m 22.55 (22.55)	
		600m 1:01.37 (38.30)		600m 1:01.77 (39.22)	
		1000m 1:40.64 (39.27)		1000m 1:43.04 (41.27)	
		1400m 2:18.99 (38.35)		1400m 2:23.89 (40.85)	
		1800m 2:57.02 (38.03)		1800m 3:04.49 (40.60)	
		2200m 3:35.51 (38.49)		2200m 3:45.32 (40.83)	
		2600m 4:15.04 (39.53)		2600m 4:26.50 (41.18)	
		3000m 4:54.62 (39.58)		3000m 5:07.80 (41.30)	
		3400m 5:35.38 (40.76)		3400m 5:49.05 (41.25)	
		3800m 6:16.87 (41.49)		3800m 6:30.46 (41.41)	
		4200m 6:58.53 (41.66)		4200m 7:11.47 (41.01)	
		4600m 7:40.46 (41.93)		4600m 7:50.77 (39.30)	
		5000m 8:23.15 (42.69)		5000m 8:31.76 (40.99)	

		Name	Cat	PB	Time Info	
5	wt	29 Andreas Haugerud	M35	7:24.04	8:02.69	
	rd	51 Frode Midjo	M50	7:31.62	8:00.63	
		Andreas Haugerud			Frode Midjo	
		200m	22.02 (22.02)	200m	22.74 (22.74)	
		600m	59.21 (37.19)	600m	59.32 (36.58)	
		1000m	1:37.47 (38.26)	1000m	1:37.14 (37.82)	
		1400m	2:16.07 (38.60)	1400m	2:15.21 (38.07)	
		1800m	2:54.58 (38.51)	1800m	2:53.13 (37.92)	
		2200m	3:32.95 (38.37)	2200m	3:30.97 (37.84)	
		2600m	4:11.77 (38.82)	2600m	4:09.17 (38.20)	
		3000m	4:50.47 (38.70)	3000m	4:47.38 (38.21)	
		3400m	5:29.24 (38.77)	3400m	5:25.88 (38.50)	
		3800m	6:08.00 (38.76)	3800m	6:04.52 (38.64)	
		4200m	6:45.97 (37.97)	4200m	6:43.56 (39.04)	
		4600m	7:23.84 (37.87)	4600m	7:22.28 (38.72)	
		5000m	8:02.69 (38.85)	5000m	8:00.63 (38.35)	

		Name	Cat	PB	Time Info	
6	yw	43 Willem Leeuwenburgh	M30	7:53.90	8:21.32	
	bl	31 Andre Held-Engelbrecht	M35	8:02.78	DNS	
		Willem Leeuwenburgh			Andre Held-Engelbrecht	
		200m	22.76 (22.76)			
		600m	59.98 (37.22)			
		1000m	1:38.54 (38.56)			
		1400m	2:17.30 (38.76)			
		1800m	2:56.59 (39.29)			
		2200m	3:35.99 (39.40)			
		2600m	4:15.47 (39.48)			
		3000m	4:55.11 (39.64)			
		3400m	5:35.42 (40.31)			
		3800m	6:16.11 (40.69)			
		4200m	6:57.27 (41.16)			
		4600m	7:39.21 (41.94)			
		5000m	8:21.32 (42.11)			

		Name	Cat	PB	Time	Info
7	wt	56 Marc Nieuwenhuijse	M40	7:27.19	7:44.71	
	rd	92 Sybe van Hijum	M30	7:24.22	7:44.31	
Marc Nieuwenhuijse			Sybe van Hijum			
		200m	23.44 (23.44)	200m	23.35 (23.35)	
		600m	59.89 (36.45)	600m	58.96 (35.61)	
		1000m	1:36.11 (36.22)	1000m	1:35.74 (36.78)	
		1400m	2:12.88 (36.77)	1400m	2:12.29 (36.55)	
		1800m	2:49.37 (36.49)	1800m	2:49.13 (36.84)	
		2200m	3:25.84 (36.47)	2200m	3:25.38 (36.25)	
		2600m	4:02.32 (36.48)	2600m	4:01.66 (36.28)	
		3000m	4:39.16 (36.84)	3000m	4:37.48 (35.82)	
		3400m	5:16.17 (37.01)	3400m	5:13.99 (36.51)	
		3800m	5:53.58 (37.41)	3800m	5:51.17 (37.18)	
		4200m	6:30.70 (37.12)	4200m	6:28.51 (37.34)	
		4600m	7:07.88 (37.18)	4600m	7:06.42 (37.91)	
		5000m	7:44.71 (36.83)	5000m	7:44.31 (37.89)	

		Name	Cat	PB	Time	Info
8	yw	76 Daan Spoelstra	M45	7:47.86	8:14.12	
	bl	44 Niels Leliveld	M30	7:07.15	7:54.59	
Daan Spoelstra			Niels Leliveld			
		200m	22.49 (22.49)	200m	21.77 (21.77)	
		600m	58.94 (36.45)	600m	57.40 (35.63)	
		1000m	1:37.97 (39.03)	1000m	1:33.98 (36.58)	
		1400m	2:17.73 (39.76)	1400m	2:10.79 (36.81)	
		1800m	2:56.80 (39.07)	1800m	2:47.34 (36.55)	
		2200m	3:36.14 (39.34)	2200m	3:23.85 (36.51)	
		2600m	4:15.21 (39.07)	2600m	4:00.58 (36.73)	
		3000m	4:54.40 (39.19)	3000m	4:37.79 (37.21)	
		3400m	5:33.71 (39.31)	3400m	5:15.87 (38.08)	
		3800m	6:13.16 (39.45)	3800m	5:54.31 (38.44)	
		4200m	6:53.28 (40.12)	4200m	6:33.62 (39.31)	
		4600m	7:33.50 (40.22)	4600m	7:14.07 (40.45)	
		5000m	8:14.12 (40.62)	5000m	7:54.59 (40.52)	

		Name	Cat	PB	Time Info
9	wt	58 Mark Ooijevaar	M40	6:24.56	7:18.48
	rd	20 Arjan Elferink	M45	7:01.42	7:19.46
		Mark Ooijevaar		Arjan Elferink	
		200m 21.01 (21.01)		200m 21.13 (21.13)	
		600m 54.67 (33.66)		600m 54.67 (33.54)	
		1000m 1:28.92 (34.25)		1000m 1:28.73 (34.06)	
		1400m 2:03.33 (34.41)		1400m 2:03.45 (34.72)	
		1800m 2:37.92 (34.59)		1800m 2:38.68 (35.23)	
		2200m 3:13.27 (35.35)		2200m 3:13.95 (35.27)	
		2600m 3:48.57 (35.30)		2600m 3:49.01 (35.06)	
		3000m 4:24.01 (35.44)		3000m 4:23.81 (34.80)	
		3400m 4:59.34 (35.33)		3400m 4:58.51 (34.70)	
		3800m 5:34.73 (35.39)		3800m 5:32.93 (34.42)	
		4200m 6:10.19 (35.46)		4200m 6:08.31 (35.38)	
		4600m 6:44.67 (34.48)		4600m 6:44.12 (35.81)	
		5000m 7:18.48 (33.81)		5000m 7:19.46 (35.34)	

		Name	Cat	PB	Time Info
10	yw	46 André Los	M30	6:44.75	7:35.56
	bl	38 Vishwaraj Jadeja	M35	7:25.16	8:26.30
		André Los		Vishwaraj Jadeja	
		200m 22.21 (22.21)		200m 22.52 (22.52)	
		600m 57.34 (35.13)		600m 1:00.03 (37.51)	
		1000m 1:33.51 (36.17)		1000m 1:39.62 (39.59)	
		1400m 2:08.51 (35.00)		1400m 2:18.59 (38.97)	
		1800m 2:43.95 (35.44)		1800m 2:57.77 (39.18)	
		2200m 3:20.25 (36.30)		2200m 3:38.01 (40.24)	
		2600m 3:56.61 (36.36)		2600m 4:18.51 (40.50)	
		3000m 4:32.96 (36.35)		3000m 4:58.78 (40.27)	
		3400m 5:09.65 (36.69)		3400m 5:40.14 (41.36)	
		3800m 5:46.43 (36.78)		3800m 6:22.10 (41.96)	
		4200m 6:22.27 (35.84)		4200m 7:02.23 (40.13)	
		4600m 6:58.22 (35.95)		4600m 7:43.81 (41.58)	
		5000m 7:35.56 (37.34)		5000m 8:26.30 (42.49)	

14. Result Women Group A 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	30 Eva Riemersma - van Rheenen	W40	4	I	8:19.37	
2	16 Christiane Kloß	W50	3	O	8:51.69	
3	4 Esther Bouman	W35	3	I	9:30.87	
4	35 Solfrid Sivertsen	W45	4	O	10:22.38	
5	36 Jip Spel	W30	2	I	10:30.18	
6	13 Peggy Herschke	W50	2	O	10:44.61	
7	31 Andrea Roberts	W35	1	I	11:05.44 PB	

14. Race Result Women Group A 5000 meter

	Name	Cat	PB	Time Info
1	wt rd	31 Andrea Roberts	W35	11:18.06 11:05.44 PB
Andrea Roberts				
	200m	30.41 (30.41)		m
	600m	1:19.87 (49.46)		
	1000m	2:10.67 (50.80)		
	1400m	3:02.48 (51.81)		
	1800m	3:54.72 (52.24)		
	2200m	4:47.81 (53.09)		
	2600m	5:42.01 (54.20)		
	3000m	6:35.78 (53.77)		
	3400m	7:30.29 (54.51)		
	3800m	8:25.14 (54.85)		
	4200m	9:19.58 (54.44)		
	4600m	10:13.57 (53.99)		
	5000m	11:05.44 (51.87)		

	Name	Cat	PB	Time Info
2	yw	36 Jip Spel	W30	9:43.46 10:30.18
	bl	13 Peggy Herschke	W50	10:44.61
Jip Spel		Peggy Herschke		
	200m	27.81 (27.81)	200m	27.16 (27.16)
	600m	1:15.32 (47.51)	600m	1:12.95 (45.79)
	1000m	2:05.70 (50.38)	1000m	2:02.50 (49.55)
	1400m	2:55.81 (50.11)	1400m	2:53.46 (50.96)
	1800m	3:46.09 (50.28)	1800m	3:44.84 (51.38)
	2200m	4:36.56 (50.47)	2200m	4:37.09 (52.25)
	2600m	5:27.13 (50.57)	2600m	5:29.14 (52.05)
	3000m	6:16.91 (49.78)	3000m	6:21.99 (52.85)
	3400m	7:07.44 (50.53)	3400m	7:14.68 (52.69)
	3800m	7:57.13 (49.69)	3800m	8:07.87 (53.19)
	4200m	8:48.35 (51.22)	4200m	9:00.71 (52.84)
	4600m	9:39.06 (50.71)	4600m	9:53.60 (52.89)
	5000m	10:30.18 (51.12)	5000m	10:44.61 (51.01)

		Name	Cat	PB	Time Info
3	wt	4 Esther Bouman	W35	8:23.52	9:30.87
	rd	16 Christiane Kloß	W50	8:23.03	8:51.69
		Esther Bouman		Christiane Kloß	
		200m 26.52 (26.52)		200m 25.77 (25.77)	
		600m 1:10.46 (43.94)		600m 1:09.25 (43.48)	
		1000m 1:55.99 (45.53)		1000m 1:52.94 (43.69)	
		1400m 2:41.88 (45.89)		1400m 2:36.36 (43.42)	
		1800m 3:27.04 (45.16)		1800m 3:18.97 (42.61)	
		2200m 4:12.16 (45.12)		2200m 4:00.67 (41.70)	
		2600m 4:57.77 (45.61)		2600m 4:43.34 (42.67)	
		3000m 5:43.16 (45.39)		3000m 5:24.94 (41.60)	
		3400m 6:29.01 (45.85)		3400m 6:06.74 (41.80)	
		3800m 7:15.04 (46.03)		3800m 6:48.50 (41.76)	
		4200m 8:01.17 (46.13)		4200m 7:30.06 (41.56)	
		4600m 8:46.49 (45.32)		4600m 8:11.24 (41.18)	
		5000m 9:30.87 (44.38)		5000m 8:51.69 (40.45)	

		Name	Cat	PB	Time Info
4	yw	30 Eva Riemersma - van Rheenen	W40	8:01.67	8:19.37
	bl	35 Solfrid Sivertsen	W45	8:37.50	10:22.38
		Eva Riemersma - van Rheenen		Solfrid Sivertsen	
		200m 23.39 (23.39)		200m 27.47 (27.47)	
		600m 59.88 (36.49)		600m 1:13.97 (46.50)	
		1000m 1:38.05 (38.17)		1000m 2:03.42 (49.45)	
		1400m 2:17.28 (39.23)		1400m 2:53.44 (50.02)	
		1800m 2:56.85 (39.57)		1800m 3:43.22 (49.78)	
		2200m 3:36.49 (39.64)		2200m 4:33.47 (50.25)	
		2600m 4:16.56 (40.07)		2600m 5:22.87 (49.40)	
		3000m 4:56.73 (40.17)		3000m 6:13.06 (50.19)	
		3400m 5:37.06 (40.33)		3400m 7:03.42 (50.36)	
		3800m 6:17.84 (40.78)		3800m 7:52.37 (48.95)	
		4200m 6:58.86 (41.02)		4200m 8:42.97 (50.60)	
		4600m 7:39.39 (40.53)		4600m 9:32.64 (49.67)	
		5000m 8:19.37 (39.98)		5000m 10:22.38 (49.74)	

15. Result Men Group B 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	95 Joost van Leenders	M55	12	O	8:00.66	
2	54 Geir Nettet	M55	10	I	8:25.89	
3	78 Frank Steenkamp	M65	9	I	8:33.55	
4	41 Kees Langeveld	M65	11	I	8:40.28	
5	3 Scott Anderson	M55	12	I	8:44.79	
6	99 Johan Vikhals	M55	7	I	8:46.68	
7	53 Ragnvald Næss	M65	11	O	8:50.59	
8	71 Thomas Rumpf	M60	9	O	9:01.22	
9	26 Hans-Gerd Heyne	M60	10	O	9:03.94	
10	40 Olav Langeland	M65	7	O	9:21.50	
11	34 Erwin Henskes	M65	4	I	9:37.61	
12	8 Robert Black	M60	1	O	9:45.89	
13	69 Rolf Espen Riktor	M60	6	I	9:53.93	
14	105 Wim Zwanenburg	M65	8	O	10:02.53	
15	14 Michele Giuseppe Cortesi	M60	5	I	10:04.78	
16	49 Reinhold Marsollek	M70	6	O	10:05.63	
17	77 Harold Spragg	M65	5	O	10:06.38	
18	25 Volker Hannig	M55	1	I	10:18.32	
19	52 Tomomatsu Misawa	M55	3	O	11:44.47	
20	81 Kenji Takai	M55	3	I	13:01.09	
	5 Frederic Badi	M55	4	O	DNS	
	28 Stephan Haueisen	M55	8	I	DNS	

15. Race Result Men Group B 5000 meter

		Name	Cat	PB	Time	Info
1	wt	25 Volker Hannig	M55		10:18.32	
	rd	8 Robert Black	M60	8:22.41	9:45.89	
		Volker Hannig				Robert Black
		200m 28.02 (28.02)				200m 28.25 (28.25)
		600m 1:11.29 (43.27)				600m 1:14.44 (46.19)
		1000m 1:57.10 (45.81)				1000m 2:00.69 (46.25)
		1400m 2:44.25 (47.15)				1400m 2:46.41 (45.72)
		1800m 3:32.89 (48.64)				1800m 3:31.90 (45.49)
		2200m 4:21.77 (48.88)				2200m 4:17.01 (45.11)
		2600m 5:11.79 (50.02)				2600m 5:03.11 (46.10)
		3000m 6:01.46 (49.67)				3000m 5:48.85 (45.74)
		3400m 6:52.53 (51.07)				3400m 6:34.87 (46.02)
		3800m 7:43.79 (51.26)				3800m 7:22.42 (47.55)
		4200m 8:35.39 (51.60)				4200m 8:09.79 (47.37)
		4600m 9:27.22 (51.83)				4600m 8:58.22 (48.43)
		5000m 10:18.32 (51.10)				5000m 9:45.89 (47.67)

		Name	Cat	PB	Time	Info
2	yw					
	bl					

		Name	Cat	PB	Time Info
3	wt	81 Kenji Takai	M55	12:13.67	13:01.09
	rd	52 Tomomatsu Misawa	M55		11:44.47
		Kenji Takai		Tomomatsu Misawa	
		200m 33.00 (33.00)		200m 29.16 (29.16)	
		600m 1:30.01 (57.01)		600m 1:19.67 (50.51)	
		1000m 2:30.28 (60.27)		1000m 2:13.20 (53.53)	
		1400m 3:31.25 (60.97)		1400m 3:09.18 (55.98)	
		1800m 4:33.93 (62.68)		1800m 4:05.70 (56.52)	
		2200m 5:38.37 (64.44)		2200m 5:03.33 (57.63)	
		2600m 6:44.13 (65.76)		2600m 6:01.24 (57.91)	
		3000m 7:49.27 (65.14)		3000m 6:59.94 (58.70)	
		3400m 8:54.84 (65.57)		3400m 7:58.92 (58.98)	
		3800m 9:57.62 (62.78)		3800m 8:56.50 (57.58)	
		4200m 11:01.40 (63.78)		4200m 9:53.51 (57.01)	
		4600m 12:03.28 (61.88)		4600m 10:50.79 (57.28)	
		5000m 13:01.09 (57.81)		5000m 11:44.47 (53.68)	

		Name	Cat	PB	Time Info
4	yw	34 Erwin Henskes	M65	8:33.76	9:37.61
	bl	5 Frederic Badi	M55		DNS
		Erwin Henskes		Frederic Badi	
		200m 26.91 (26.91)			
		600m 1:10.09 (43.18)			
		1000m 1:54.54 (44.45)			
		1400m 2:39.22 (44.68)			
		1800m 3:25.04 (45.82)			
		2200m 4:10.67 (45.63)			
		2600m 4:57.17 (46.50)			
		3000m 5:43.96 (46.79)			
		3400m 6:30.90 (46.94)			
		3800m 7:18.15 (47.25)			
		4200m 8:05.62 (47.47)			
		4600m 8:52.30 (46.68)			
		5000m 9:37.61 (45.31)			

		Name	Cat	PB	Time Info
5	wt	14 Michele Giuseppe Cortesi	M60	9:13.07	10:04.78
	rd	77 Harold Spragg	M65	8:03.62	10:06.38
Michele Giuseppe Cortesi			Harold Spragg		
	200m	27.74 (27.74)	200m	28.40 (28.40)	
	600m	1:17.09 (49.35)	600m	1:16.92 (48.52)	
	1000m	2:05.41 (48.32)	1000m	2:05.82 (48.90)	
	1400m	2:54.08 (48.67)	1400m	2:53.81 (47.99)	
	1800m	3:41.91 (47.83)	1800m	3:41.62 (47.81)	
	2200m	4:30.09 (48.18)	2200m	4:30.04 (48.42)	
	2600m	5:18.42 (48.33)	2600m	5:18.87 (48.83)	
	3000m	6:07.71 (49.29)	3000m	6:07.32 (48.45)	
	3400m	6:56.06 (48.35)	3400m	6:56.52 (49.20)	
	3800m	7:44.59 (48.53)	3800m	7:45.06 (48.54)	
	4200m	8:31.59 (47.00)	4200m	8:32.27 (47.21)	
	4600m	9:18.83 (47.24)	4600m	9:19.74 (47.47)	
	5000m	10:04.78 (45.95)	5000m	10:06.38 (46.64)	

		Name	Cat	PB	Time Info
6	yw	69 Rolf Espen Riktor	M60	8:49.61	9:53.93
	bl	49 Reinhold Marsollek	M70	7:43.56	10:05.63
Rolf Espen Riktor			Reinhold Marsollek		
	200m	27.37 (27.37)	200m	25.85 (25.85)	
	600m	1:11.22 (43.85)	600m	1:09.37 (43.52)	
	1000m	1:56.89 (45.67)	1000m	1:57.30 (47.93)	
	1400m	2:42.92 (46.03)	1400m	2:44.84 (47.54)	
	1800m	3:29.78 (46.86)	1800m	3:32.83 (47.99)	
	2200m	4:16.79 (47.01)	2200m	4:21.64 (48.81)	
	2600m	5:04.49 (47.70)	2600m	5:10.59 (48.95)	
	3000m	5:53.07 (48.58)	3000m	5:59.91 (49.32)	
	3400m	6:41.31 (48.24)	3400m	6:48.73 (48.82)	
	3800m	7:29.19 (47.88)	3800m	7:37.91 (49.18)	
	4200m	8:17.43 (48.24)	4200m	8:27.93 (50.02)	
	4600m	9:05.50 (48.07)	4600m	9:17.79 (49.86)	
	5000m	9:53.93 (48.43)	5000m	10:05.63 (47.84)	

		Name	Cat	PB	Time Info
7	wt	99 Johan Vikhals	M55	8:16.95	8:46.68
	rd	40 Olav Langeland	M65	7:46.19	9:21.50
		Johan Vikhals		Olav Langeland	
		200m	25.28 (25.28)	200m	27.11 (27.11)
		600m	1:05.90 (40.62)	600m	1:10.80 (43.69)
		1000m	1:47.20 (41.30)	1000m	1:55.02 (44.22)
		1400m	2:28.42 (41.22)	1400m	2:39.82 (44.80)
		1800m	3:09.90 (41.48)	1800m	3:24.18 (44.36)
		2200m	3:51.53 (41.63)	2200m	4:08.93 (44.75)
		2600m	4:33.11 (41.58)	2600m	4:53.74 (44.81)
		3000m	5:14.58 (41.47)	3000m	5:38.60 (44.86)
		3400m	5:56.03 (41.45)	3400m	6:23.20 (44.60)
		3800m	6:38.37 (42.34)	3800m	7:08.18 (44.98)
		4200m	7:21.06 (42.69)	4200m	7:52.74 (44.56)
		4600m	8:04.00 (42.94)	4600m	8:37.08 (44.34)
		5000m	8:46.68 (42.68)	5000m	9:21.50 (44.42)

		Name	Cat	PB	Time Info
8	yw	28 Stephan Haueisen	M55	7:27.39	DNS
	bl	105 Wim Zwanenburg	M65	8:34.27	10:02.53
		Stephan Haueisen		Wim Zwanenburg	
		200m	28.73 (28.73)	200m	28.73 (28.73)
		600m	1:14.04 (45.31)	600m	1:14.04 (45.31)
		1000m	1:59.69 (45.65)	1000m	1:59.69 (45.65)
		1400m	2:45.83 (46.14)	1400m	2:45.83 (46.14)
		1800m	3:32.57 (46.74)	1800m	3:32.57 (46.74)
		2200m	4:20.06 (47.49)	2200m	4:20.06 (47.49)
		2600m	5:07.46 (47.40)	2600m	5:07.46 (47.40)
		3000m	5:55.84 (48.38)	3000m	5:55.84 (48.38)
		3400m	6:44.43 (48.59)	3400m	6:44.43 (48.59)
		3800m	7:32.63 (48.20)	3800m	7:32.63 (48.20)
		4200m	8:22.10 (49.47)	4200m	8:22.10 (49.47)
		4600m	9:12.83 (50.73)	4600m	9:12.83 (50.73)
		5000m	10:02.53 (49.70)	5000m	10:02.53 (49.70)

		Name	Cat	PB	Time Info
9	wt	78 Frank Steenkamp	M65	7:51.42	8:33.55
	rd	71 Thomas Rumpf	M60	8:13.24	9:01.22
		Frank Steenkamp		Thomas Rumpf	
		200m 25.10 (25.10)		200m 24.35 (24.35)	
		600m 1:03.99 (38.89)		600m 1:05.17 (40.82)	
		1000m 1:44.72 (40.73)		1000m 1:48.20 (43.03)	
		1400m 2:25.92 (41.20)		1400m 2:31.69 (43.49)	
		1800m 3:06.57 (40.65)		1800m 3:14.14 (42.45)	
		2200m 3:46.97 (40.40)		2200m 3:56.84 (42.70)	
		2600m 4:26.90 (39.93)		2600m 4:40.12 (43.28)	
		3000m 5:07.38 (40.48)		3000m 5:23.97 (43.85)	
		3400m 5:47.91 (40.53)		3400m 6:07.24 (43.27)	
		3800m 6:28.54 (40.63)		3800m 6:51.27 (44.03)	
		4200m 7:09.65 (41.11)		4200m 7:35.76 (44.49)	
		4600m 7:51.47 (41.82)		4600m 8:18.87 (43.11)	
		5000m 8:33.55 (42.08)		5000m 9:01.22 (42.35)	

		Name	Cat	PB	Time Info
10	yw	54 Geir Nettet	M55	7:51.06	8:25.89
	bl	26 Hans-Gerd Heyne	M60	8:15.76	9:03.94
		Geir Nettet		Hans-Gerd Heyne	
		200m 24.32 (24.32)		200m 28.34 (28.34)	
		600m 1:02.65 (38.33)		600m 1:11.96 (43.62)	
		1000m 1:41.58 (38.93)		1000m 1:54.71 (42.75)	
		1400m 2:21.24 (39.66)		1400m 2:38.05 (43.34)	
		1800m 3:00.86 (39.62)		1800m 3:20.95 (42.90)	
		2200m 3:40.46 (39.60)		2200m 4:04.18 (43.23)	
		2600m 4:20.18 (39.72)		2600m 4:46.21 (42.03)	
		3000m 5:00.28 (40.10)		3000m 5:28.42 (42.21)	
		3400m 5:40.79 (40.51)		3400m 6:11.65 (43.23)	
		3800m 6:21.84 (41.05)		3800m 6:54.91 (43.26)	
		4200m 7:03.10 (41.26)		4200m 7:38.53 (43.62)	
		4600m 7:44.60 (41.50)		4600m 8:21.61 (43.08)	
		5000m 8:25.89 (41.29)		5000m 9:03.94 (42.33)	

		Name	Cat	PB	Time Info
11	wt	41 Kees Langeveld	M65	7:47.66	8:40.28
	rd	53 Ragnvald Næss	M65	7:06.51	8:50.59
Kees Langeveld			Ragnvald Næss		
	200m	24.88 (24.88)	200m	25.97 (25.97)	
	600m	1:05.03 (40.15)	600m	1:08.04 (42.07)	
	1000m	1:46.54 (41.51)	1000m	1:49.72 (41.68)	
	1400m	2:27.90 (41.36)	1400m	2:31.72 (42.00)	
	1800m	3:09.18 (41.28)	1800m	3:13.17 (41.45)	
	2200m	3:49.95 (40.77)	2200m	3:54.34 (41.17)	
	2600m	4:30.61 (40.66)	2600m	4:35.74 (41.40)	
	3000m	5:12.10 (41.49)	3000m	5:17.92 (42.18)	
	3400m	5:53.94 (41.84)	3400m	6:00.00 (42.08)	
	3800m	6:35.72 (41.78)	3800m	6:42.72 (42.72)	
	4200m	7:17.99 (42.27)	4200m	7:26.04 (43.32)	
	4600m	7:59.19 (41.20)	4600m	8:08.77 (42.73)	
	5000m	8:40.28 (41.09)	5000m	8:50.59 (41.82)	

		Name	Cat	PB	Time Info
12	yw	3 Scott Anderson	M55	7:25.30	8:44.79
	bl	95 Joost van Leenders	M55	7:40.80	8:00.66
Scott Anderson			Joost van Leenders		
	200m	26.01 (26.01)	200m	23.22 (23.22)	
	600m	1:07.91 (41.90)	600m	59.38 (36.16)	
	1000m	1:48.94 (41.03)	1000m	1:36.82 (37.44)	
	1400m	2:30.48 (41.54)	1400m	2:14.79 (37.97)	
	1800m	3:12.18 (41.70)	1800m	2:52.22 (37.43)	
	2200m	3:53.47 (41.29)	2200m	3:30.10 (37.88)	
	2600m	4:35.05 (41.58)	2600m	4:08.78 (38.68)	
	3000m	5:16.65 (41.60)	3000m	4:48.13 (39.35)	
	3400m	5:57.91 (41.26)	3400m	5:26.65 (38.52)	
	3800m	6:39.51 (41.60)	3800m	6:05.52 (38.87)	
	4200m	7:21.25 (41.74)	4200m	6:44.62 (39.10)	
	4600m	8:03.85 (42.60)	4600m	7:23.45 (38.83)	
	5000m	8:44.79 (40.94)	5000m	8:00.66 (37.21)	

16. Result Women Group B 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	19 Katrin Leschner	W55	1	O	9:50.05	
2	5 Monica Cais	W55	3	O	10:23.84 PB	
3	17 Trine Landsem	W55	4	I	10:25.36	
4	49 Joke Wittenberg	W70	3	I	11:05.66	
5	40 Silvia Tassara	W70	4	O	11:14.58	
6	23 Nyambuu Erdenetuya	W60	2	O	13:21.21	
	27 Sarantuya Ravdan	W55	2	I	DQ	

16. Race Result Women Group B 5000 meter

	Name	Cat	PB	Time Info	
1	wt				
	rd	19 Katrin Leschner	W55	9:33.29 9:50.05	
			Katrin Leschner		
		m	200m	27.85 (27.85)	
			600m	1:14.66 (46.81)	
			1000m	2:02.42 (47.76)	
			1400m	2:50.76 (48.34)	
			1800m	3:38.43 (47.67)	
			2200m	4:25.53 (47.10)	
			2600m	5:12.39 (46.86)	
			3000m	5:58.81 (46.42)	
			3400m	6:46.38 (47.57)	
			3800m	7:32.91 (46.53)	

	Name	Cat	PB	Time Info
2	yw	27 Sarantuya Ravdan	W55	10:16.36 DQ
	bl	23 Nyambuu Erdenetuya	W60	13:00.28 13:21.21
		Sarantuya Ravdan		
		200m	25.95 (25.95)	
		600m	1:08.96 (43.01)	
		1000m	1:55.46 (46.50)	
		1400m	2:44.27 (48.81)	
		1800m	3:34.26 (49.99)	
		2200m	4:24.19 (49.93)	
		2600m	5:15.17 (50.98)	
		3000m	6:06.49 (51.32)	
		3400m	6:57.58 (51.09)	
		3800m	7:48.93 (51.35)	
		4200m	8:40.13 (51.20)	
		4600m	9:27.16 (47.03)	
		5000m	10:17.92 (50.76)	
		Nyambuu Erdenetuya		
		200m	33.07 (33.07)	
		600m	1:27.35 (54.28)	
		1000m	2:24.72 (57.37)	
		1400m	3:25.83 (61.11)	
		1800m	4:28.96 (63.13)	
		2200m	5:34.05 (65.09)	
		2600m	6:39.46 (65.41)	
		3000m	7:45.01 (65.55)	
		3400m	8:53.23 (68.22)	
		3800m	10:01.44 (68.21)	
		4200m	11:07.70 (66.26)	
		4600m	12:13.92 (66.22)	
		5000m	13:21.21 (67.29)	

		Name	Cat	PB	Time Info
3	wt	49 Joke Wittenberg	W70		11:05.66
	rd	5 Monica Cais	W55	11:13.78	10:23.84 PB
		Joke Wittenberg		Monica Cais	
		200m	29.91 (29.91)	200m	29.12 (29.12)
		600m	1:19.17 (49.26)	600m	1:16.79 (47.67)
		1000m	2:10.39 (51.22)	1000m	2:05.39 (48.60)
		1400m	3:02.97 (52.58)	1400m	2:54.71 (49.32)
		1800m	3:56.87 (53.90)	1800m	3:44.56 (49.85)
		2200m	4:50.68 (53.81)	2200m	4:35.16 (50.60)
		2600m	5:45.40 (54.72)	2600m	5:25.27 (50.11)
		3000m	6:39.88 (54.48)	3000m	6:15.07 (49.80)
		3400m	7:34.39 (54.51)	3400m	7:05.59 (50.52)
		3800m	8:26.89 (52.50)	3800m	7:55.55 (49.96)
		4200m	9:19.79 (52.90)	4200m	8:45.44 (49.89)
		4600m	10:12.50 (52.71)	4600m	9:34.96 (49.52)
		5000m	11:05.66 (53.16)	5000m	10:23.84 (48.88)

		Name	Cat	PB	Time Info
4	yw	17 Trine Landsem	W55	9:41.72	10:25.36
	bl	40 Silvia Tassara	W70	9:37.72	11:14.58
		Trine Landsem		Silvia Tassara	
		200m	28.96 (28.96)	200m	29.24 (29.24)
		600m	1:16.18 (47.22)	600m	1:20.64 (51.40)
		1000m	2:03.99 (47.81)	1000m	2:13.72 (53.08)
		1400m	2:52.93 (48.94)	1400m	3:06.67 (52.95)
		1800m	3:42.71 (49.78)	1800m	4:00.22 (53.55)
		2200m	4:32.47 (49.76)	2200m	4:53.95 (53.73)
		2600m	5:22.68 (50.21)	2600m	5:48.38 (54.43)
		3000m	6:13.16 (50.48)	3000m	6:42.96 (54.58)
		3400m	7:04.80 (51.64)	3400m	7:37.65 (54.69)
		3800m	7:54.95 (50.15)	3800m	8:31.69 (54.04)
		4200m	8:45.19 (50.24)	4200m	9:25.54 (53.85)
		4600m	9:34.86 (49.67)	4600m	10:20.25 (54.71)
		5000m	10:25.36 (50.50)	5000m	11:14.58 (54.33)

17. Result Men Group A 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	80 Shuji Sugawara	M35	20	O	1:18.52	
2	12 Tim Broere	M35	20	I	1:20.64	
3	74 Bart Seffinga	M40	19	O	1:20.76	
4	20 Arjan Elferink	M45	18	O	1:21.45	
5	100 Michiel Wienese	M45	18	I	1:23.86	
6	72 Jeroen Schoppink	M40	17	I	1:24.12	
7	66 Mark Reiling	M40	16	I	1:24.68	
8	16 Niels de Jager	M40	15	O	1:26.92	
9	76 Daan Spoelstra	M45	17	O	1:26.96	
10	30 Martin Heerma	M50	14	O	1:27.64	
11	18 Ian Dwyer	M45	15	I	1:27.89	
12	6 Martin Beaudry	M50	13	O	1:27.95	
13	70 Thomas Røste	M45	10	I	1:28.27	
14	89 Martijn van der Horst	M50	13	I	1:28.94	
15	37 Azamat Ismailov	M45	14	I	1:29.28	
16	38 Vishwaraj Jadeja	M35	16	O	1:30.61	
17	93 Erik van Hooft	M45	12	I	1:30.72	
18	15 Ronald de Graaf	M50	11	I	1:31.81	
19	90 Roberto van Goor	M50	9	O	1:33.32	
	103 Ben Young	M35	6	I	1:33.32	PB
21	19 Mike Egberts	M40	10	O	1:33.44	
22	64 Anders Ratdal	M45	9	I	1:34.19	
23	59 Takafumi Osame	M50	4	O	1:35.17	
24	60 Harry Pardijs	M45	11	O	1:36.55	
25	65 Yngve Raudberget	M45	3	O	1:39.30	
26	39 Christian Kelm	M40	8	I	1:40.69	
27	83 Yan Traversy	M45	7	I	1:41.33	
28	57 Frode Nordahl	M45	5	O	1:49.27	
29	85 Kevin van Cleef	M40	6	O	1:53.16	
30	104 Marvin Zeisberg	M30	8	O	1:54.33	FL
31	7 Wim Bijkerk	M35	4	I	2:13.49	
32	62 Cristian Picco	M40	5	I	2:14.86	
33	102 Andy Wong	M50	1	O	2:43.26	
	1 Erol Aksoy	M50	12	O	DNF	
	48 Ygor Lutz	M50	1	I	DNS	
	47 Stefan Lutz	M50	3	I	DNS	
	42 Dennis Laubhan	M45	7	O	DNS	
	101 Filip-Mihail Woicik	M40	19	I	DNS	

17. Race Result Men Group A 1000 meter

		Name	Cat	PB	Time Info
1	wt	48 Ygor Lutz	M50		DNS
	rd	102 Andy Wong	M50		2:43.26
		<u>Ygor Lutz</u>		<u>Andy Wong</u>	
				200m	33.62 (33.62)
				600m	1:37.47 (63.85)
				1000m	2:43.26 (65.79)

		Name	Cat	PB	Time Info
2	yw				
	bl				
		<u>m</u>		<u>m</u>	

		Name	Cat	PB	Time Info
3	wt	47 Stefan Lutz	M50		DNS
	rd	65 Yngve Raudberget	M45	1:19.51	1:39.30
		<u>Stefan Lutz</u>		<u>Yngve Raudberget</u>	
				200m	21.67 (21.67)
				600m	58.23 (36.56)
				1000m	1:39.30 (41.07)

		Name	Cat	PB	Time Info
4	yw	7 Wim Bijkerk	M35	2:08.38	2:13.49
	bl	59 Takafumi Osame	M50	1:19.19	1:35.17
		<u>Wim Bijkerk</u>		<u>Takafumi Osame</u>	
		200m	31.08 (31.08)	200m	21.89 (21.89)
		600m	1:21.40 (50.32)	600m	57.18 (35.29)
		1000m	2:13.49 (52.09)	1000m	1:35.17 (37.99)

		Name		Cat		PB	Time	Info
5	wt	62	Cristian Picco		M40	1:55.08	2:14.86	
	rd	57	Frode Nordahl		M45	1:44.07	1:49.27	
		Cristian Picco			Frode Nordahl			
		200m	27.82	(27.82)	200m	25.29	(25.29)	
		600m	1:17.75	(49.93)	600m	1:04.13	(38.84)	
		1000m	2:14.86	(57.11)	1000m	1:49.27	(45.14)	

		Name		Cat		PB	Time	Info
6	yw	103	Ben Young		M35	1:34.90	1:33.32	PB
	bl	85	Kevin van Cleef		M40	1:39.62	1:53.16	
		Ben Young			Kevin van Cleef			
		200m	21.73	(21.73)	200m	26.33	(26.33)	
		600m	56.12	(34.39)	600m	1:07.77	(41.44)	
		1000m	1:33.32	(37.20)	1000m	1:53.16	(45.39)	

		Name		Cat		PB	Time	Info
7	wt	83	Yan Traversy		M45	1:38.72	1:41.33	
	rd	42	Dennis Laubhan		M45	1:38.41	DNS	
		Yan Traversy			Dennis Laubhan			
		200m	23.25	(23.25)				
		600m	1:00.07	(36.82)				
		1000m	1:41.33	(41.26)				

		Name		Cat		PB	Time	Info
8	yw	39	Christian Kelm		M40	1:37.83	1:40.69	
	bl	104	Marvin Zeisberg		M30	1:35.19	1:54.33	FL
		Christian Kelm			Marvin Zeisberg			
		200m	23.54	(23.54)	200m	23.14	(23.14)	
		600m	1:01.63	(38.09)	600m	1:11.40	(48.26)	
		1000m	1:40.69	(39.06)	1000m	1:54.33	(42.93)	

		Name	Cat	PB	Time	Info	
9	wt	64 Anders Ratdal	M45	1:17.75	1:34.19		
	rd	90 Roberto van Goor	M50	1:23.19	1:33.32		
		Anders Ratdal			Roberto van Goor		
		200m	21.38 (21.38)	200m	21.46 (21.46)		
		600m	56.20 (34.82)	600m	55.72 (34.26)		
		1000m	1:34.19 (37.99)	1000m	1:33.32 (37.60)		

		Name	Cat	PB	Time	Info	
10	yw	70 Thomas Røste	M45	1:17.27	1:28.27		
	bl	19 Mike Egberts	M40	1:25.40	1:33.44		
		Thomas Røste			Mike Egberts		
		200m	20.84 (20.84)	200m	22.15 (22.15)		
		600m	53.69 (32.85)	600m	56.62 (34.47)		
		1000m	1:28.27 (34.58)	1000m	1:33.44 (36.82)		

		Name	Cat	PB	Time	Info	
11	wt	15 Ronald de Graaf	M50	1:25.84	1:31.81		
	rd	60 Harry Pardijs	M45	1:14.14	1:36.55		
		Ronald de Graaf			Harry Pardijs		
		200m	21.76 (21.76)	200m	21.05 (21.05)		
		600m	55.74 (33.98)	600m	55.16 (34.11)		
		1000m	1:31.81 (36.07)	1000m	1:36.55 (41.39)		

		Name	Cat	PB	Time	Info	
12	yw	93 Erik van Hooft	M45	1:17.93	1:30.72		
	bl	1 Erol Aksoy	M50	1:25.79	DNF		
		Erik van Hooft			Erol Aksoy		
		200m	20.04 (20.04)	200m	26.36 (26.36)		
		600m	53.89 (33.85)				
		1000m	1:30.72 (36.83)				

		Name	Cat	PB	Time	Info	
13	wt	89 Martijn van der Horst	M50	1:22.85	1:28.94		
	rd	6 Martin Beaudry	M50	1:24.29	1:27.95		
		Martijn van der Horst			Martin Beaudry		
		200m	21.23 (21.23)	200m	20.74 (20.74)		
		600m	54.49 (33.26)	600m	53.55 (32.81)		
		1000m	1:28.94 (34.45)	1000m	1:27.95 (34.40)		

		Name	Cat	PB	Time	Info	
14	yw	37 Azamat Ismailov	M45	1:22.71	1:29.28		
	bl	30 Martin Heerma	M50	1:18.61	1:27.64		
		Azamat Ismailov			Martin Heerma		
		200m	20.08 (20.08)	200m	20.20 (20.20)		
		600m	52.59 (32.51)	600m	52.01 (31.81)		
		1000m	1:29.28 (36.69)	1000m	1:27.64 (35.63)		

		Name	Cat	PB	Time	Info	
15	wt	18 Ian Dwyer	M45	1:21.62	1:27.89		
	rd	16 Niels de Jager	M40	1:22.43	1:26.92		
		Ian Dwyer			Niels de Jager		
		200m	20.20 (20.20)	200m	20.66 (20.66)		
		600m	52.16 (31.96)	600m	52.10 (31.44)		
		1000m	1:27.89 (35.73)	1000m	1:26.92 (34.82)		

		Name	Cat	PB	Time	Info	
16	yw	66 Mark Reiling	M40	1:17.66	1:24.68		
	bl	38 Vishwaraj Jadeja	M35	1:20.06	1:30.61		
		Mark Reiling			Vishwaraj Jadeja		
		200m	19.57 (19.57)	200m	20.89 (20.89)		
		600m	50.73 (31.16)	600m	54.14 (33.25)		
		1000m	1:24.68 (33.95)	1000m	1:30.61 (36.47)		

		Name		Cat		PB	Time	Info
17	wt	72	Jeroen Schoppink		M40	1:14.18	1:24.12	
	rd	76	Daan Spoelstra		M45	1:22.15	1:26.96	
		Jeroen Schoppink			Daan Spoelstra			
		200m	19.63	(19.63)	200m	20.81	(20.81)	
		600m	50.57	(30.94)	600m	53.21	(32.40)	
		1000m	1:24.12	(33.55)	1000m	1:26.96	(33.75)	

		Name		Cat		PB	Time	Info
18	yw	100	Michiel Wienese		M45	1:16.32	1:23.86	
	bl	20	Arjan Elferink		M45	1:15.55	1:21.45	
		Michiel Wienese			Arjan Elferink			
		200m	19.45	(19.45)	200m	19.49	(19.49)	
		600m	50.53	(31.08)	600m	49.30	(29.81)	
		1000m	1:23.86	(33.33)	1000m	1:21.45	(32.15)	

		Name		Cat		PB	Time	Info
19	wt	101	Filip-Mihail Woicik		M40	1:18.59	DNS	
	rd	74	Bart Seffinga		M40	1:12.16	1:20.76	
		Filip-Mihail Woicik			Bart Seffinga			
		200m			200m	19.46	(19.46)	
		600m			600m	48.73	(29.27)	
		1000m			1000m	1:20.76	(32.03)	

		Name		Cat		PB	Time	Info
20	yw	12	Tim Broere		M35	1:17.40	1:20.64	
	bl	80	Shuji Sugawara		M35	1:14.31	1:18.52	
		Tim Broere			Shuji Sugawara			
		200m	18.10	(18.10)	200m	18.37	(18.37)	
		600m	47.84	(29.74)	600m	46.80	(28.43)	
		1000m	1:20.64	(32.80)	1000m	1:18.52	(31.72)	

18. Result Women Group A 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	11 Claudia Henckel	W35	9	O	1:32.25		
2	41 Evelien van der Kist	W35	10	O	1:35.48		
3	25 Nicole Peeters	W30	9	I	1:37.58		
4	50 Irma Woud	W50	8	O	1:38.76		
5	14 Renate Jeppsson	W50	5	I	1:39.77		
6	33 Teresa Schneider	W35	5	O	1:41.86		
7	44 Wendy van der Ham	W50	10	I	1:41.88		
8	4 Esther Bouman	W35	6	O	1:42.03		
9	42 Anna Van der Stok	W50	6	I	1:42.16		
10	48 Tomoko Wakazuki	W40	8	I	1:44.93		
11	2 Heidi Beck	W30	7	O	1:45.05		
12	29 Kim Reid	W50	7	I	1:45.75		
13	6 Jessica Chu	W30	3	O	1:55.09	PB	
14	35 Solfrid Sivertsen	W45	1	I	1:58.98		
15	22 Tove Julianne Nerdahl	W45	4	I	2:00.25		
16	46 Daniela Völker	W45	3	I	2:05.33		
	21 Evelyn Mein-Klok	W50	4	O	DNS		

18. Race Result Women Group A 1000 meter

		Name	Cat	PB	Time Info
1	wt rd	35 Solfrid Sivertsen	W45	1:33.24	1:58.98

Solfrid Sivertsen

200m	26.29	(26.29)	m
600m	1:11.01	(44.72)	
1000m	1:58.98	(47.97)	

		Name	Cat	PB	Time Info
2	yw bl				

m

m

		Name	Cat	PB	Time Info
3	wt rd	46 Daniela Völker	W45	1:57.62	2:05.33
		6 Jessica Chu	W30	1:58.81	1:55.09 PB

Daniela Völker

200m	27.12	(27.12)
600m	1:15.02	(47.90)
1000m	2:05.33	(50.31)

Jessica Chu

200m	25.08	(25.08)
600m	1:06.63	(41.55)
1000m	1:55.09	(48.46)

		Name	Cat	PB	Time Info
4	yw bl	22 Tove Julianne Nerdahl	W45	1:45.71	2:00.25
		21 Evelyn Mein-Klok	W50	1:46.56	DNS

Tove Julianne Nerdahl

200m	26.13	(26.13)
600m	1:09.30	(43.17)
1000m	2:00.25	(50.95)

Evelyn Mein-Klok

		Name		Cat		PB	Time	Info
5	wt	14	Renate Jeppsson		W50	1:24.82	1:39.77	
	rd	33	Teresa Schneider		W35	1:32.90	1:41.86	
		Renate Jeppsson			Teresa Schneider			
		200m	22.74	(22.74)	200m	22.76	(22.76)	
		600m	58.24	(35.50)	600m	59.04	(36.28)	
		1000m	1:39.77	(41.53)	1000m	1:41.86	(42.82)	

		Name		Cat		PB	Time	Info
6	yw	42	Anna Van der Stok		W50	1:38.44	1:42.16	
	bl	4	Esther Bouman		W35	1:30.12	1:42.03	
		Anna Van der Stok			Esther Bouman			
		200m	23.17	(23.17)	200m	24.62	(24.62)	
		600m	1:01.10	(37.93)	600m	1:01.89	(37.27)	
		1000m	1:42.16	(41.06)	1000m	1:42.03	(40.14)	

		Name		Cat		PB	Time	Info
7	wt	29	Kim Reid		W50	1:33.19	1:45.75	
	rd	2	Heidi Beck		W30	1:34.29	1:45.05	
		Kim Reid			Heidi Beck			
		200m	24.62	(24.62)	200m	23.88	(23.88)	
		600m	1:03.62	(39.00)	600m	1:02.65	(38.77)	
		1000m	1:45.75	(42.13)	1000m	1:45.05	(42.40)	

		Name		Cat		PB	Time	Info
8	yw	48	Tomoko Wakazuki		W40	1:30.28	1:44.93	
	bl	50	Irma Woud		W50	1:26.28	1:38.76	
		Tomoko Wakazuki			Irma Woud			
		200m	22.22	(22.22)	200m	22.92	(22.92)	
		600m	1:00.47	(38.25)	600m	59.06	(36.14)	
		1000m	1:44.93	(44.46)	1000m	1:38.76	(39.70)	

		Name	Cat	PB	Time	Info	
9	wt	25 Nicole Peeters	W30	1:30.04	1:37.58		
	rd	11 Claudia Henckel	W35	1:24.86	1:32.25		
		Nicole Peeters			Claudia Henckel		
		200m	22.56 (22.56)	200m	20.92 (20.92)		
		600m	58.33 (35.77)	600m	54.88 (33.96)		
		1000m	1:37.58 (39.25)	1000m	1:32.25 (37.37)		
		Name	Cat	PB	Time	Info	
10	yw	44 Wendy van der Ham	W50	1:34.04	1:41.88		
	bl	41 Evelien van der Kist	W35	1:24.66	1:35.48		
		Wendy van der Ham			Evelien van der Kist		
		200m	23.33 (23.33)	200m	22.31 (22.31)		
		600m	1:00.23 (36.90)	600m	57.47 (35.16)		
		1000m	1:41.88 (41.65)	1000m	1:35.48 (38.01)		

19. Result Men Group B 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	87 Victor van den Hoff	M65	2	I	1:28.36	
2	95 Joost van Leenders	M55	13	O	1:28.70	
3	86 Klaas van den Berg	M60	13	I	1:30.18	
4	54 Geir Nettet	M55	12	O	1:32.01	
5	84 Aart van Beuzekom	M55	14	I	1:32.13	
6	75 Piet Siemonsma	M70	14	O	1:32.92	
7	96 Hans van Peperstraten	M70	12	I	1:33.17	
8	32 Morten Henriksen	M65	11	I	1:35.02	
9	50 Jan Mein	M65	11	O	1:36.53	
10	21 Bjørn Fjelnseth	M55	9	O	1:38.72	
11	98 Erik Vea	M70	10	O	1:39.90	
12	10 Egil Bokn	M70	9	I	1:40.54	
13	97 Hendrik van de Beek	M60	1	O	1:42.60	
14	45 Ole Løland	M65	6	I	1:44.63	PB
15	94 Chris van Koeverden	M65	8	I	1:45.87	
16	34 Erwin Henskes	M65	10	I	1:46.92	
17	25 Volker Hannig	M55	3	O	1:51.42	
18	17 Pieter den Dunnen	M75	8	O	1:52.54	
19	36 Thomas Hoekstra	M70	7	I	1:54.50	
20	68 Frans Rietveld	M80	6	O	1:57.13	
21	91 Ton van Helden	M75	7	O	1:59.39	
22	13 Bujin Jalbaa	M80	3	I	2:03.91	
23	82 Bruno Toniolli	M80	5	I	2:07.72	
24	9 Emilio Boicelli	M75	5	O	2:08.34	
25	81 Kenji Takai	M55	4	O	2:14.91	
	35 Gunnar Hiesgen	M55	1	I	DNS	
	4 Badam Tumurbaatar	M55	4	I	DNS	

19. Race Result Men Group B 1000 meter

		Name	Cat	PB	Time	Info
1	wt	35 Gunnar Hiesgen	M55	2:08.70		DNS
	rd	97 Hendrik van de Beek	M60	1:23.43		1:42.60
		<u>Gunnar Hiesgen</u>				<u>Hendrik van de Beek</u>
				200m	25.31	(25.31)
				600m	1:02.74	(37.43)
				1000m	1:42.60	(39.86)
		Name	Cat	PB	Time	Info
2	yw	87 Victor van den Hoff	M65	1:15.66		1:28.36
	bl					
		<u>Victor van den Hoff</u>				
		200m	21.39	(21.39)		m
		600m	54.31	(32.92)		
		1000m	1:28.36	(34.05)		
		Name	Cat	PB	Time	Info
3	wt	13 Bujiin Jalbaa	M80			2:03.91
	rd	25 Volker Hannig	M55			1:51.42
		<u>Bujiin Jalbaa</u>				<u>Volker Hannig</u>
		200m	27.15	(27.15)		200m 25.87 (25.87)
		600m	1:12.00	(44.85)		600m 1:07.61 (41.74)
		1000m	2:03.91	(51.91)		1000m 1:51.42 (43.81)
		Name	Cat	PB	Time	Info
4	yw	4 Badam Tumurbaatar	M55			DNS
	bl	81 Kenji Takai	M55	2:09.09		2:14.91
		<u>Badam Tumurbaatar</u>				<u>Kenji Takai</u>
				200m	30.13	(30.13)
				600m	1:21.22	(51.09)
				1000m	2:14.91	(53.69)

		Name	Cat	PB	Time	Info	
5	wt	82 Bruno Toniolli	M80	1:20.63	2:07.72		
	rd	9 Emilio Boicelli	M75	1:50.98	2:08.34		
		Bruno Toniolli			Emilio Boicelli		
		200m	28.93 (28.93)	200m	29.56 (29.56)		
		600m	1:16.61 (47.68)	600m	1:16.87 (47.31)		
		1000m	2:07.72 (51.11)	1000m	2:08.34 (51.47)		

		Name	Cat	PB	Time	Info	
6	yw	45 Ole Løland	M65	1:49.64	1:44.63	PB	
	bl	68 Frans Rietveld	M80	1:26.33	1:57.13		
		Ole Løland			Frans Rietveld		
		200m	24.12 (24.12)	200m	26.91 (26.91)		
		600m	1:03.20 (39.08)	600m	1:10.18 (43.27)		
		1000m	1:44.63 (41.43)	1000m	1:57.13 (46.95)		

		Name	Cat	PB	Time	Info	
7	wt	36 Thomas Hoekstra	M70	1:30.25	1:54.50		
	rd	91 Ton van Helden	M75	1:31.44	1:59.39		
		Thomas Hoekstra			Ton van Helden		
		200m	26.15 (26.15)	200m	27.64 (27.64)		
		600m	1:08.54 (42.39)	600m	1:12.15 (44.51)		
		1000m	1:54.50 (45.96)	1000m	1:59.39 (47.24)		

		Name	Cat	PB	Time	Info	
8	yw	94 Chris van Koeverden	M65	1:35.13	1:45.87		
	bl	17 Pieter den Dunnen	M75	1:25.69	1:52.54		
		Chris van Koeverden			Pieter den Dunnen		
		200m	24.10 (24.10)	200m	27.64 (27.64)		
		600m	1:03.80 (39.70)	600m	1:08.39 (40.75)		
		1000m	1:45.87 (42.07)	1000m	1:52.54 (44.15)		

		Name	Cat	PB	Time	Info
9	wt	10 Egil Bokn	M70	1:24.80	1:40.54	
	rd	21 Bjørn Fjelnseth	M55	1:37.55	1:38.72	
		Egil Bokn		Bjørn Fjelnseth		
		200m 24.34 (24.34)		200m 22.98 (22.98)		
		600m 1:01.90 (37.56)		600m 58.86 (35.88)		
		1000m 1:40.54 (38.64)		1000m 1:38.72 (39.86)		

		Name	Cat	PB	Time	Info
10	yw	34 Erwin Henskes	M65	1:29.19	1:46.92	
	bl	98 Erik Vea	M70	1:20.80	1:39.90	
		Erwin Henskes		Erik Vea		
		200m 25.34 (25.34)		200m 23.16 (23.16)		
		600m 1:05.11 (39.77)		600m 1:00.42 (37.26)		
		1000m 1:46.92 (41.81)		1000m 1:39.90 (39.48)		

		Name	Cat	PB	Time	Info
11	wt	32 Morten Henriksen	M65	1:19.33	1:35.02	
	rd	50 Jan Mein	M65	1:22.40	1:36.53	
		Morten Henriksen		Jan Mein		
		200m 22.64 (22.64)		200m 22.47 (22.47)		
		600m 57.81 (35.17)		600m 57.57 (35.10)		
		1000m 1:35.02 (37.21)		1000m 1:36.53 (38.96)		

		Name	Cat	PB	Time	Info
12	yw	96 Hans van Peperstraten	M70	1:24.10	1:33.17	
	bl	54 Geir Nettet	M55	1:23.19	1:32.01	
		Hans van Peperstraten		Geir Nettet		
		200m 21.88 (21.88)		200m 21.63 (21.63)		
		600m 56.44 (34.56)		600m 55.61 (33.98)		
		1000m 1:33.17 (36.73)		1000m 1:32.01 (36.40)		

		Name			Cat			PB	Time Info
13	wt	86	Klaas van den Berg		M60			1:19.85	1:30.18
	rd	95	Joost van Leenders		M55			1:27.00	1:28.70
		Klaas van den Berg			Joost van Leenders				
		200m	21.52	(21.52)	200m	21.84	(21.84)		
		600m	54.66	(33.14)	600m	54.20	(32.36)		
		1000m	1:30.18	(35.52)	1000m	1:28.70	(34.50)		
		Name			Cat			PB	Time Info
14	yw	84	Aart van Beuzekom		M55			1:23.04	1:32.13
	bl	75	Piet Siemonsma		M70			1:23.23	1:32.92
		Aart van Beuzekom			Piet Siemonsma				
		200m	21.31	(21.31)	200m	21.87	(21.87)		
		600m	55.64	(34.33)	600m	56.13	(34.26)		
		1000m	1:32.13	(36.49)	1000m	1:32.92	(36.79)		

20. Result Women Group B 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	3 Monique Boerema	W60	11	I	1:40.31	
2	47 Jolanda Voskamp-Vollebregt	W55	11	O	1:43.38	
3	51 Lettie Zwanenburg	W65	10	O	1:43.60	
4	15 Chieko Kato	W55	4	O	1:44.16	
5	8 Marianne de Neeling	W60	9	I	1:44.32	
6	26 Anke Preuß	W55	9	O	1:46.33	
7	43 Mariska van Haaften- van den Bosch	W60	7	I	1:46.70	
8	34 Diane Silzer	W60	12	O	1:49.08	
9	45 Gerdien Verweij	W55	12	I	1:52.00	
10	39 Katsuyo Takeuchi	W55	1	O	1:53.54	
11	24 Jorien Oosterwijk	W55	8	O	1:56.00	
12	38 Marita Steen	W65	8	I	1:58.61	
13	12 Barbara Heerschop	W65	7	O	1:59.05	
14	28 Marianne Reece	W55	5	O	2:02.51	
15	40 Silvia Tassara	W70	5	I	2:04.18	
16	49 Joke Wittenberg	W70	6	I	2:06.39	
17	1 Luvsandagva Altantsetseg	W70	1	I	2:08.78	
18	10 Hilles Hamersley	W60	6	O	2:10.72	
19	23 Nyambuu Erdenetuya	W60	4	I	2:23.55	
20	32 Rossella Sardi	W65	3	I	2:37.10	
	7 Marlies de Jong	W55	10	I	DQ	
	20 Purevmaa Magsar	W65	3	O	DNS	

20. Race Result Women Group B 1000 meter

		Name	Cat	PB	Time	Info
1	wt	1 Luvsandagva Altantsetseg	W70	1:57.68	2:08.78	
	rd	39 Katsuyo Takeuchi	W55	1:40.77	1:53.54	
		Luvsandagva Altantsetseg		Katsuyo Takeuchi		
		200m	29.90 (29.90)	200m	24.89 (24.89)	
		600m	1:17.93 (48.03)	600m	1:07.55 (42.66)	
		1000m	2:08.78 (50.85)	1000m	1:53.54 (45.99)	
<hr/>						
		Name	Cat	PB	Time	Info
2	yw					
	bl					
		m		m		
<hr/>						
		Name	Cat	PB	Time	Info
3	wt	32 Rossella Sardi	W65	2:09.41	2:37.10	
	rd	20 Purevmaa Magsar	W65		DNS	
		Rossella Sardi		Purevmaa Magsar		
		200m	33.91 (33.91)			
		600m	1:35.09 (61.18)			
		1000m	2:37.10 (62.01)			
<hr/>						
		Name	Cat	PB	Time	Info
4	yw	23 Nyambuu Erdenetuya	W60		2:23.55	
	bl	15 Chieko Kato	W55		1:44.16	
		Nyambuu Erdenetuya		Chieko Kato		
		200m	30.73 (30.73)	200m	22.62 (22.62)	
		600m	1:25.64 (54.91)	600m	1:00.85 (38.23)	
		1000m	2:23.55 (57.91)	1000m	1:44.16 (43.31)	

		Name		Cat		PB	Time	Info
5	wt	40 Silvia Tassara		W70		1:35.42	2:04.18	
	rd	28 Marianne Reece		W55		1:48.64	2:02.51	
		Silvia Tassara			Marianne Reece			
		200m	28.49	(28.49)	200m	29.28	(29.28)	
		600m	1:14.03	(45.54)	600m	1:12.75	(43.47)	
		1000m	2:04.18	(50.15)	1000m	2:02.51	(49.76)	

		Name		Cat		PB	Time	Info
6	yw	49 Joke Wittenberg		W70		1:39.07	2:06.39	
	bl	10 Hilles Hamersley		W60		1:55.71	2:10.72	
		Joke Wittenberg			Hilles Hamersley			
		200m	28.60	(28.60)	200m	28.28	(28.28)	
		600m	1:16.15	(47.55)	600m	1:18.26	(49.98)	
		1000m	2:06.39	(50.24)	1000m	2:10.72	(52.46)	

		Name		Cat		PB	Time	Info
7	wt	43 Mariska van Haften- van den Bosch		W60		1:39.62	1:46.70	
	rd	12 Barbara Heerschop		W65		1:32.86	1:59.05	
		Mariska van Haften- van den Bosch			Barbara Heerschop			
		200m	24.91	(24.91)	200m	25.74	(25.74)	
		600m	1:04.52	(39.61)	600m	1:09.60	(43.86)	
		1000m	1:46.70	(42.18)	1000m	1:59.05	(49.45)	

		Name		Cat		PB	Time	Info
8	yw	38 Marita Steen		W65		1:32.93	1:58.61	
	bl	24 Jorien Oosterwijk		W55		1:36.79	1:56.00	
		Marita Steen			Jorien Oosterwijk			
		200m	26.38	(26.38)	200m	24.91	(24.91)	
		600m	1:09.06	(42.68)	600m	1:06.41	(41.50)	
		1000m	1:58.61	(49.55)	1000m	1:56.00	(49.59)	

		Name	Cat	PB	Time	Info	
9	wt	8 Marianne de Neeling	W60	1:32.28	1:44.32		
	rd	26 Anke Preuß	W55	1:34.41	1:46.33		
		Marianne de Neeling			Anke Preuß		
		200m	24.80 (24.80)	200m	24.32 (24.32)		
		600m	1:03.64 (38.84)	600m	1:03.55 (39.23)		
		1000m	1:44.32 (40.68)	1000m	1:46.33 (42.78)		

		Name	Cat	PB	Time	Info	
10	yw	7 Marlies de Jong	W55	1:34.04	DQ		
	bl	51 Lettie Zwanenburg	W65	1:31.37	1:43.60		
		Marlies de Jong			Lettie Zwanenburg		
		200m	24.26 (24.26)	200m	24.67 (24.67)		
		600m	1:03.71 (39.45)	600m	1:02.62 (37.95)		
				1000m	1:43.60 (40.98)		

		Name	Cat	PB	Time	Info	
11	wt	3 Monique Boerema	W60	1:25.09	1:40.31		
	rd	47 Jolanda Voskamp-Vollebregt	W55	1:26.06	1:43.38		
		Monique Boerema			Jolanda Voskamp-Vollebregt		
		200m	23.50 (23.50)	200m	24.64 (24.64)		
		600m	59.87 (36.37)	600m	1:01.74 (37.10)		
		1000m	1:40.31 (40.44)	1000m	1:43.38 (41.64)		

		Name	Cat	PB	Time	Info	
12	yw	45 Gerdien Verweij	W55	1:23.76	1:52.00		
	bl	34 Diane Silzer	W60	1:32.54	1:49.08		
		Gerdien Verweij			Diane Silzer		
		200m	23.22 (23.22)	200m	25.11 (25.11)		
		600m	1:06.29 (43.07)	600m	1:04.98 (39.87)		
		1000m	1:52.00 (45.71)	1000m	1:49.08 (44.10)		

21. Result Men 10000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	58 Mark Ooijevaar	M40	14	I	15:05.53	
2	46 André Los	M30	12	O	15:44.77	
3	92 Sybe van Hijum	M30	14	O	15:55.34	
4	56 Marc Nieuwenhuijse	M40	13	I	16:15.04	
5	44 Niels Leliveld	M30	6	O	17:07.19	
6	51 Frode Midjo	M50	12	I	17:08.17	
7	63 Maarten Quist	M45	1	O	17:25.41	
8	55 Andrew Nicholson	M50	6	I	17:29.36	
9	53 Ragnvald Næss	M65	10	I	18:03.79	
10	3 Scott Anderson	M55	5	I	18:08.10	
11	41 Kees Langeveld	M65	11	I	18:10.56	
12	99 Johan Vikhals	M55	7	O	18:17.52	
13	38 Vishwaraj Jadeja	M35	13	O	18:27.26	
14	78 Frank Steenkamp	M65	4	I	18:40.05	
15	40 Olav Langeland	M65	10	O	18:48.12	
16	26 Hans-Gerd Heyne	M60	11	O	18:50.82	
17	104 Marvin Zeisberg	M30	9	O	18:58.67	
18	71 Thomas Rumpf	M60	4	O	19:25.31	
19	93 Erik van Hooft	M45	2	O	19:40.59	
20	27 Alf Harbitz	M70	8	O	19:41.87	
21	34 Erwin Henskes	M65	8	I	19:55.08	
22	8 Robert Black	M60	3	I	19:57.21	
23	69 Rolf Espen Riktor	M60	7	I	20:04.27	
24	79 Arne Stenhaug	M65	5	O	20:21.85	
25	105 Wim Zwanenburg	M65	9	I	20:32.76	
26	77 Harold Spragg	M65	2	I	20:49.91	
27	49 Reinhold Marsollek	M70	3	O	21:12.76	
28	62 Cristian Picco	M40	1	I	24:22.36	

21. Race Result Men 10000 meter

	Name	Cat	PB	Time	Info
1	wt 62 Cristian Picco	M40		24:22.36	
	rd 63 Maarten Quist	M45		17:25.41	
	Cristian Picco		Maarten Quist		
	400m	1:00.01 (60.01)	400m	42.81 (42.81)	
	800m	1:58.43 (58.42)	800m	1:23.07 (40.26)	
	1200m	2:57.44 (59.01)	1200m	2:03.65 (40.58)	
	1600m	3:52.79 (55.35)	1600m	2:44.71 (41.06)	
	2000m	4:50.85 (58.06)	2000m	3:25.62 (40.91)	
	2400m	5:48.17 (57.32)	2400m	4:06.39 (40.77)	
	2800m	6:46.46 (58.29)	2800m	4:47.54 (41.15)	
	3200m	7:45.78 (59.32)	3200m	5:29.51 (41.97)	
	3600m	8:44.24 (58.46)	3600m	6:10.38 (40.87)	
	4000m	9:43.73 (59.49)	4000m	6:51.50 (41.12)	
	4400m	10:38.62 (54.89)	4400m	7:32.94 (41.44)	
	4800m	11:32.69 (54.07)	4800m	8:15.14 (42.20)	
	5200m	12:28.97 (56.28)	5200m	8:55.92 (40.78)	
	5600m	13:27.09 (58.12)	5600m	9:37.03 (41.11)	
	6000m	14:28.14 (61.05)	6000m	10:18.65 (41.62)	
	6400m	15:25.87 (57.73)	6400m	11:02.25 (43.60)	
	6800m	16:25.67 (59.80)	6800m	11:44.04 (41.79)	
	7200m	17:30.18 (64.51)	7200m	12:26.06 (42.02)	
	7600m	18:33.99 (63.81)	7600m	13:09.05 (42.99)	
	8000m	19:31.14 (57.15)	8000m	13:53.65 (44.60)	
	8400m	20:29.57 (58.43)	8400m	14:36.96 (43.31)	
	8800m	21:26.24 (56.67)	8800m	15:19.18 (42.22)	
	9200m	22:27.79 (61.55)	9200m	16:00.90 (41.72)	
	9600m	23:24.63 (56.84)	9600m	16:44.39 (43.49)	
	10000m	24:22.36 (57.73)	10000m	17:25.41 (41.02)	

		Name	Cat	PB	Time	Info
2	yw	77 Harold Spragg	M65	19:15.94	20:49.91	
	bl	93 Erik van Hooft	M45		19:40.59	
		Harold Spragg			Erik van Hooft	
		400m	54.91 (54.91)	400m	44.48 (44.48)	
		800m	1:42.89 (47.98)	800m	1:26.07 (41.59)	
		1200m	2:32.98 (50.09)	1200m	2:08.77 (42.70)	
		1600m	3:19.92 (46.94)	1600m	2:53.19 (44.42)	
		2000m	4:09.22 (49.30)	2000m	3:38.94 (45.75)	
		2400m	4:58.20 (48.98)	2400m	4:24.54 (45.60)	
		2800m	5:47.10 (48.90)	2800m	5:11.16 (46.62)	
		3200m	6:35.74 (48.64)	3200m	5:58.24 (47.08)	
		3600m	7:24.38 (48.64)	3600m	6:45.58 (47.34)	
		4000m	8:12.30 (47.92)	4000m	7:30.39 (44.81)	
		4400m	9:04.41 (52.11)	4400m	8:15.22 (44.83)	
		4800m	9:53.72 (49.31)	4800m	9:02.66 (47.44)	
		5200m	10:46.09 (52.37)	5200m	9:50.11 (47.45)	
		5600m	11:36.26 (50.17)	5600m	10:41.28 (51.17)	
		6000m	12:27.63 (51.37)	6000m	11:33.83 (52.55)	
		6400m	13:17.35 (49.72)	6400m	12:27.33 (53.50)	
		6800m	14:07.82 (50.47)	6800m	13:15.00 (47.67)	
		7200m	14:57.38 (49.56)	7200m	14:02.78 (47.78)	
		7600m	15:48.10 (50.72)	7600m	14:49.78 (47.00)	
		8000m	16:40.67 (52.57)	8000m	15:40.00 (50.22)	
		8400m	17:31.80 (51.13)	8400m	16:28.50 (48.50)	
		8800m	18:20.75 (48.95)	8800m	17:18.58 (50.08)	
		9200m	19:12.80 (52.05)	9200m	18:10.90 (52.32)	
		9600m	20:01.75 (48.95)	9600m	18:58.36 (47.46)	
		10000m	20:49.91 (48.16)	10000m	19:40.59 (42.23)	

		Name	Cat	PB	Time	Info
3	wt	8 Robert Black	M60	18:36.26	19:57.21	
	rd	49 Reinhold Marsollek	M70	18:39.79	21:12.76	
		Robert Black			Reinhold Marsollek	
		400m	52.30 (52.30)	400m	56.14 (56.14)	
		800m	1:37.93 (45.63)	800m	1:47.26 (51.12)	
		1200m	2:24.00 (46.07)	1200m	2:38.15 (50.89)	
		1600m	3:10.34 (46.34)	1600m	3:27.78 (49.63)	
		2000m	3:56.90 (46.56)	2000m	4:18.67 (50.89)	
		2400m	4:42.60 (45.70)	2400m	5:08.88 (50.21)	
		2800m	5:30.68 (48.08)	2800m	6:00.07 (51.19)	
		3200m	6:17.84 (47.16)	3200m	6:49.50 (49.43)	
		3600m	7:06.08 (48.24)	3600m	7:37.98 (48.48)	
		4000m	7:52.94 (46.86)	4000m	8:29.97 (51.99)	
		4400m	8:41.08 (48.14)	4400m	9:22.46 (52.49)	
		4800m	9:29.01 (47.93)	4800m	10:11.89 (49.43)	
		5200m	10:15.71 (46.70)	5200m	11:02.89 (51.00)	
		5600m	11:04.00 (48.29)	5600m	11:55.91 (53.02)	
		6000m	11:53.11 (49.11)	6000m	12:49.66 (53.75)	
		6400m	12:41.79 (48.68)	6400m	13:41.49 (51.83)	
		6800m	13:27.84 (46.05)	6800m	14:33.99 (52.50)	
		7200m	14:14.65 (46.81)	7200m	15:24.25 (50.26)	
		7600m	15:01.85 (47.20)	7600m	16:15.87 (51.62)	
		8000m	15:50.45 (48.60)	8000m	17:08.41 (52.54)	
		8400m	16:39.91 (49.46)	8400m	18:00.31 (51.90)	
		8800m	17:26.19 (46.28)	8800m	18:51.84 (51.53)	
		9200m	18:16.57 (50.38)	9200m	19:39.16 (47.32)	
		9600m	19:08.52 (51.95)	9600m	20:27.61 (48.45)	
		10000m	19:57.21 (48.69)	10000m	21:12.76 (45.15)	

		Name	Cat	PB	Time Info
4	yw	78 Frank Steenkamp	M65	16:37.03	18:40.05
	bl	71 Thomas Rumpf	M60	17:26.29	19:25.31
Frank Steenkamp			Thomas Rumpf		
	400m	48.07 (48.07)	400m	47.18 (47.18)	
	800m	1:27.59 (39.52)	800m	1:28.62 (41.44)	
	1200m	2:09.73 (42.14)	1200m	2:13.50 (44.88)	
	1600m	2:52.24 (42.51)	1600m	2:57.82 (44.32)	
	2000m	3:34.71 (42.47)	2000m	3:42.82 (45.00)	
	2400m	4:16.37 (41.66)	2400m	4:26.35 (43.53)	
	2800m	4:59.82 (43.45)	2800m	5:12.50 (46.15)	
	3200m	5:42.80 (42.98)	3200m	5:57.39 (44.89)	
	3600m	6:25.71 (42.91)	3600m	6:44.57 (47.18)	
	4000m	7:08.65 (42.94)	4000m	7:30.84 (46.27)	
	4400m	7:53.43 (44.78)	4400m	8:19.02 (48.18)	
	4800m	8:39.13 (45.70)	4800m	9:06.18 (47.16)	
	5200m	9:22.92 (43.79)	5200m	9:53.14 (46.96)	
	5600m	10:07.65 (44.73)	5600m	10:41.63 (48.49)	
	6000m	10:53.78 (46.13)	6000m	11:32.82 (51.19)	
	6400m	11:43.51 (49.73)	6400m	12:20.40 (47.58)	
	6800m	12:31.48 (47.97)	6800m	13:05.77 (45.37)	
	7200m	13:17.48 (46.00)	7200m	13:53.35 (47.58)	
	7600m	14:04.72 (47.24)	7600m	14:38.02 (44.67)	
	8000m	14:49.35 (44.63)	8000m	15:27.41 (49.39)	
	8400m	15:35.31 (45.96)	8400m	16:17.28 (49.87)	
	8800m	16:22.02 (46.71)	8800m	17:02.92 (45.64)	
	9200m	17:07.29 (45.27)	9200m	17:52.42 (49.50)	
	9600m	17:54.42 (47.13)	9600m	18:41.84 (49.42)	
	10000m	18:40.05 (45.63)	10000m	19:25.31 (43.47)	

		Name	Cat	PB	Time	Info
5	wt	3 Scott Anderson	M55	16:15.65	18:08.10	
	rd	79 Arne Stenhaus	M65	16:16.06	20:21.85	
		Scott Anderson			Arne Stenhaus	
		400m	51.29 (51.29)	400m	53.13 (53.13)	
		800m	1:37.27 (45.98)	800m	1:42.50 (49.37)	
		1200m	2:20.90 (43.63)	1200m	2:31.53 (49.03)	
		1600m	3:03.83 (42.93)	1600m	3:21.93 (50.40)	
		2000m	3:46.51 (42.68)	2000m	4:14.05 (52.12)	
		2400m	4:29.99 (43.48)	2400m	5:03.05 (49.00)	
		2800m	5:14.61 (44.62)	2800m	5:53.40 (50.35)	
		3200m	5:56.78 (42.17)	3200m	6:45.72 (52.32)	
		3600m	6:41.98 (45.20)	3600m	7:35.35 (49.63)	
		4000m	7:26.70 (44.72)	4000m	8:26.23 (50.88)	
		4400m	8:12.87 (46.17)	4400m	9:16.69 (50.46)	
		4800m	8:57.45 (44.58)	4800m	10:04.79 (48.10)	
		5200m	9:39.05 (41.60)	5200m	10:52.03 (47.24)	
		5600m	10:21.35 (42.30)	5600m	11:38.84 (46.81)	
		6000m	11:03.56 (42.21)	6000m	12:25.20 (46.36)	
		6400m	11:45.11 (41.55)	6400m	13:10.74 (45.54)	
		6800m	12:26.86 (41.75)	6800m	13:57.08 (46.34)	
		7200m	13:09.04 (42.18)	7200m	14:44.31 (47.23)	
		7600m	13:51.78 (42.74)	7600m	15:31.11 (46.80)	
		8000m	14:36.35 (44.57)	8000m	16:18.50 (47.39)	
		8400m	15:19.89 (43.54)	8400m	17:07.43 (48.93)	
		8800m	16:02.04 (42.15)	8800m	17:54.88 (47.45)	
		9200m	16:44.86 (42.82)	9200m	18:45.45 (50.57)	
		9600m	17:26.75 (41.89)	9600m	19:34.75 (49.30)	
		10000m	18:08.10 (41.35)	10000m	20:21.85 (47.10)	

Winter World Masters Games 2024

Ice Rink Piné - Baselga di Piné

16 to 19 January 2024

	Name	Cat	PB	Time	Info
6	yw 55 Andrew Nicholson	M50	14:28.25	17:29.36	
	bl 44 Niels Leliveld	M30	15:18.84	17:07.19	
Andrew Nicholson			Niels Leliveld		
	400m	44.22 (44.22)	400m	41.49 (41.49)	
	800m	1:24.13 (39.91)	800m	1:20.38 (38.89)	
	1200m	2:04.54 (40.41)	1200m	1:59.06 (38.68)	
	1600m	2:45.02 (40.48)	1600m	2:36.94 (37.88)	
	2000m	3:26.18 (41.16)	2000m	3:15.38 (38.44)	
	2400m	4:06.75 (40.57)	2400m	3:54.22 (38.84)	
	2800m	4:47.13 (40.38)	2800m	4:33.30 (39.08)	
	3200m	5:28.20 (41.07)	3200m	5:14.92 (41.62)	
	3600m	6:13.00 (44.80)	3600m	5:57.35 (42.43)	
	4000m	6:57.21 (44.21)	4000m	6:38.03 (40.68)	
	4400m	7:44.00 (46.79)	4400m	7:19.79 (41.76)	
	4800m	8:28.66 (44.66)	4800m	8:02.26 (42.47)	
	5200m	9:11.28 (42.62)	5200m	8:46.91 (44.65)	
	5600m	9:54.20 (42.92)	5600m	9:27.77 (40.86)	
	6000m	10:36.29 (42.09)	6000m	10:07.81 (40.04)	
	6400m	11:17.09 (40.80)	6400m	10:48.61 (40.80)	
	6800m	11:57.60 (40.51)	6800m	11:29.38 (40.77)	
	7200m	12:38.23 (40.63)	7200m	12:09.83 (40.45)	
	7600m	13:19.67 (41.44)	7600m	12:53.00 (43.17)	
	8000m	14:02.10 (42.43)	8000m	13:37.71 (44.71)	
	8400m	14:44.28 (42.18)	8400m	14:22.22 (44.51)	
	8800m	15:26.42 (42.14)	8800m	15:04.59 (42.37)	
	9200m	16:08.74 (42.32)	9200m	15:45.50 (40.91)	
	9600m	16:49.22 (40.48)	9600m	16:26.23 (40.73)	
	10000m	17:29.36 (40.14)	10000m	17:07.19 (40.96)	

		Name	Cat	PB	Time	Info
7	wt	69 Rolf Espen Riktor	M60	18:12.34	20:04.27	
	rd	99 Johan Vikhals	M55	17:09.30	18:17.52	
		Rolf Espen Riktor			Johan Vikhals	
	400m	52.31 (52.31)	400m	47.99 (47.99)		
	800m	1:37.16 (44.85)	800m	1:30.93 (42.94)		
	1200m	2:24.49 (47.33)	1200m	2:14.13 (43.20)		
	1600m	3:12.07 (47.58)	1600m	2:57.89 (43.76)		
	2000m	3:58.36 (46.29)	2000m	3:40.78 (42.89)		
	2400m	4:45.72 (47.36)	2400m	4:24.55 (43.77)		
	2800m	5:35.33 (49.61)	2800m	5:08.08 (43.53)		
	3200m	6:22.93 (47.60)	3200m	5:51.60 (43.52)		
	3600m	7:11.20 (48.27)	3600m	6:35.61 (44.01)		
	4000m	8:01.63 (50.43)	4000m	7:19.94 (44.33)		
	4400m	8:53.26 (51.63)	4400m	8:05.52 (45.58)		
	4800m	9:41.99 (48.73)	4800m	8:52.60 (47.08)		
	5200m	10:29.04 (47.05)	5200m	9:38.19 (45.59)		
	5600m	11:16.55 (47.51)	5600m	10:22.91 (44.72)		
	6000m	12:05.40 (48.85)	6000m	11:07.15 (44.24)		
	6400m	12:52.34 (46.94)	6400m	11:51.61 (44.46)		
	6800m	13:41.20 (48.86)	6800m	12:35.52 (43.91)		
	7200m	14:28.83 (47.63)	7200m	13:19.99 (44.47)		
	7600m	15:16.47 (47.64)	7600m	14:03.30 (43.31)		
	8000m	16:03.50 (47.03)	8000m	14:45.78 (42.48)		
	8400m	16:51.52 (48.02)	8400m	15:29.26 (43.48)		
	8800m	17:37.79 (46.27)	8800m	16:11.05 (41.79)		
	9200m	18:25.65 (47.86)	9200m	16:53.09 (42.04)		
	9600m	19:16.45 (50.80)	9600m	17:35.67 (42.58)		
	10000m	20:04.27 (47.82)	10000m	18:17.52 (41.85)		

		Name	Cat	PB	Time Info
8	yw	34 Erwin Henskes	M65	18:03.45	19:55.08
	bl	27 Alf Harbitz	M70	17:15.75	19:41.87
Erwin Henskes			Alf Harbitz		
	400m	53.84 (53.84)	400m	49.80 (49.80)	
	800m	1:39.28 (45.44)	800m	1:35.59 (45.79)	
	1200m	2:26.37 (47.09)	1200m	2:22.44 (46.85)	
	1600m	3:12.28 (45.91)	1600m	3:08.62 (46.18)	
	2000m	3:59.25 (46.97)	2000m	3:54.83 (46.21)	
	2400m	4:46.18 (46.93)	2400m	4:41.84 (47.01)	
	2800m	5:32.52 (46.34)	2800m	5:27.68 (45.84)	
	3200m	6:18.30 (45.78)	3200m	6:13.76 (46.08)	
	3600m	7:05.96 (47.66)	3600m	6:59.02 (45.26)	
	4000m	7:53.26 (47.30)	4000m	7:44.99 (45.97)	
	4400m	8:42.21 (48.95)	4400m	8:32.82 (47.83)	
	4800m	9:32.40 (50.19)	4800m	9:21.25 (48.43)	
	5200m	10:21.54 (49.14)	5200m	10:08.15 (46.90)	
	5600m	11:08.39 (46.85)	5600m	10:54.60 (46.45)	
	6000m	11:56.96 (48.57)	6000m	11:41.61 (47.01)	
	6400m	12:45.06 (48.10)	6400m	12:27.01 (45.40)	
	6800m	13:32.28 (47.22)	6800m	13:15.35 (48.34)	
	7200m	14:19.13 (46.85)	7200m	14:02.73 (47.38)	
	7600m	15:07.22 (48.09)	7600m	14:49.54 (46.81)	
	8000m	15:53.78 (46.56)	8000m	15:37.46 (47.92)	
	8400m	16:42.43 (48.65)	8400m	16:25.60 (48.14)	
	8800m	17:30.94 (48.51)	8800m	17:13.18 (47.58)	
	9200m	18:19.33 (48.39)	9200m	18:02.85 (49.67)	
	9600m	19:09.46 (50.13)	9600m	18:52.64 (49.79)	
	10000m	19:55.08 (45.62)	10000m	19:41.87 (49.23)	

		Name	Cat	PB	Time Info	
9	wt	105 Wim Zwanenburg	M65	17:31.16	20:32.76	
	rd	104 Marvin Zeisberg	M30	18:42.83	18:58.67	
		Wim Zwanenburg			Marvin Zeisberg	
	400m	49.95 (49.95)	400m	47.19 (47.19)		
	800m	1:32.76 (42.81)	800m	1:28.42 (41.23)		
	1200m	2:19.20 (46.44)	1200m	2:12.79 (44.37)		
	1600m	3:08.13 (48.93)	1600m	2:57.83 (45.04)		
	2000m	3:55.50 (47.37)	2000m	3:43.59 (45.76)		
	2400m	4:44.33 (48.83)	2400m	4:28.45 (44.86)		
	2800m	5:33.98 (49.65)	2800m	5:13.72 (45.27)		
	3200m	6:24.60 (50.62)	3200m	5:59.04 (45.32)		
	3600m	7:13.71 (49.11)	3600m	6:45.73 (46.69)		
	4000m	8:00.62 (46.91)	4000m	7:32.75 (47.02)		
	4400m	8:52.85 (52.23)	4400m	8:18.46 (45.71)		
	4800m	9:44.15 (51.30)	4800m	9:04.81 (46.35)		
	5200m	10:33.29 (49.14)	5200m	9:51.33 (46.52)		
	5600m	11:23.22 (49.93)	5600m	10:36.76 (45.43)		
	6000m	12:15.16 (51.94)	6000m	11:22.86 (46.10)		
	6400m	13:05.39 (50.23)	6400m	12:09.66 (46.80)		
	6800m	13:55.92 (50.53)	6800m	12:55.20 (45.54)		
	7200m	14:48.36 (52.44)	7200m	13:41.23 (46.03)		
	7600m	15:39.13 (50.77)	7600m	14:28.33 (47.10)		
	8000m	16:28.38 (49.25)	8000m	15:13.47 (45.14)		
	8400m	17:17.53 (49.15)	8400m	15:59.40 (45.93)		
	8800m	18:07.17 (49.64)	8800m	16:45.52 (46.12)		
	9200m	18:57.91 (50.74)	9200m	17:31.26 (45.74)		
	9600m	19:46.33 (48.42)	9600m	18:16.60 (45.34)		
	10000m	20:32.76 (46.43)	10000m	18:58.67 (42.07)		

		Name	Cat	PB	Time Info
10	yw	53 Ragnvald Næss	M65	14:55.21	18:03.79
	bl	40 Olav Langeland	M65	16:17.94	18:48.12
Ragnvald Næss			Olav Langeland		
	400m	49.95 (49.95)	400m	49.83 (49.83)	
	800m	1:31.99 (42.04)	800m	1:32.32 (42.49)	
	1200m	2:16.52 (44.53)	1200m	2:16.29 (43.97)	
	1600m	3:01.55 (45.03)	1600m	3:02.45 (46.16)	
	2000m	3:43.97 (42.42)	2000m	3:46.16 (43.71)	
	2400m	4:26.92 (42.95)	2400m	4:30.20 (44.04)	
	2800m	5:10.01 (43.09)	2800m	5:13.97 (43.77)	
	3200m	5:54.16 (44.15)	3200m	5:57.95 (43.98)	
	3600m	6:36.42 (42.26)	3600m	6:42.27 (44.32)	
	4000m	7:19.18 (42.76)	4000m	7:27.02 (44.75)	
	4400m	8:03.17 (43.99)	4400m	8:12.38 (45.36)	
	4800m	8:47.40 (44.23)	4800m	8:58.12 (45.74)	
	5200m	9:30.91 (43.51)	5200m	9:42.80 (44.68)	
	5600m	10:13.10 (42.19)	5600m	10:26.83 (44.03)	
	6000m	10:57.64 (44.54)	6000m	11:13.14 (46.31)	
	6400m	11:41.43 (43.79)	6400m	11:59.20 (46.06)	
	6800m	12:23.67 (42.24)	6800m	12:43.96 (44.76)	
	7200m	13:07.15 (43.48)	7200m	13:30.08 (46.12)	
	7600m	13:50.89 (43.74)	7600m	14:17.26 (47.18)	
	8000m	14:32.87 (41.98)	8000m	15:03.46 (46.20)	
	8400m	15:15.56 (42.69)	8400m	15:49.18 (45.72)	
	8800m	15:58.19 (42.63)	8800m	16:34.51 (45.33)	
	9200m	16:40.40 (42.21)	9200m	17:19.28 (44.77)	
	9600m	17:22.55 (42.15)	9600m	18:03.90 (44.62)	
	10000m	18:03.79 (41.24)	10000m	18:48.12 (44.22)	

		Name	Cat	PB	Time Info
11	wt	41 Kees Langeveld	M65	16:04.82	18:10.56
	rd	26 Hans-Gerd Heyne	M60	17:07.79	18:50.82
Kees Langeveld			Hans-Gerd Heyne		
	400m	49.16 (49.16)	400m	54.86 (54.86)	
	800m	1:31.29 (42.13)	800m	1:41.88 (47.02)	
	1200m	2:14.03 (42.74)	1200m	2:26.06 (44.18)	
	1600m	2:56.10 (42.07)	1600m	3:09.60 (43.54)	
	2000m	3:37.18 (41.08)	2000m	3:53.25 (43.65)	
	2400m	4:20.02 (42.84)	2400m	4:37.37 (44.12)	
	2800m	5:03.28 (43.26)	2800m	5:22.13 (44.76)	
	3200m	5:46.24 (42.96)	3200m	6:07.14 (45.01)	
	3600m	6:30.41 (44.17)	3600m	6:52.51 (45.37)	
	4000m	7:12.26 (41.85)	4000m	7:37.15 (44.64)	
	4400m	7:53.12 (40.86)	4400m	8:23.45 (46.30)	
	4800m	8:34.56 (41.44)	4800m	9:08.83 (45.38)	
	5200m	9:18.88 (44.32)	5200m	9:53.38 (44.55)	
	5600m	10:01.87 (42.99)	5600m	10:38.37 (44.99)	
	6000m	10:45.03 (43.16)	6000m	11:24.11 (45.74)	
	6400m	11:29.34 (44.31)	6400m	12:10.23 (46.12)	
	6800m	12:12.65 (43.31)	6800m	12:56.22 (45.99)	
	7200m	12:56.66 (44.01)	7200m	13:42.30 (46.08)	
	7600m	13:40.91 (44.25)	7600m	14:27.39 (45.09)	
	8000m	14:26.19 (45.28)	8000m	15:10.39 (43.00)	
	8400m	15:09.58 (43.39)	8400m	15:53.28 (42.89)	
	8800m	15:52.98 (43.40)	8800m	16:38.19 (44.91)	
	9200m	16:37.40 (44.42)	9200m	17:22.63 (44.44)	
	9600m	17:22.90 (45.50)	9600m	18:06.68 (44.05)	
	10000m	18:10.56 (47.66)	10000m	18:50.82 (44.14)	

		Name			Cat			PB	Time Info
12	yw	51 Frode Midjo			M50			15:33.59	17:08.17
	bl	46 André Los			M30			13:57.77	15:44.77
		Frode Midjo			André Los				
		400m	42.97	(42.97)	400m	40.30	(40.30)		
		800m	1:21.67	(38.70)	800m	1:16.04	(35.74)		
		1200m	2:02.21	(40.54)	1200m	1:52.18	(36.14)		
		1600m	2:41.56	(39.35)	1600m	2:28.11	(35.93)		
		2000m	3:21.62	(40.06)	2000m	3:04.34	(36.23)		
		2400m	4:01.70	(40.08)	2400m	3:41.91	(37.57)		
		2800m	4:42.02	(40.32)	2800m	4:18.00	(36.09)		
		3200m	5:22.18	(40.16)	3200m	4:55.30	(37.30)		
		3600m	6:04.71	(42.53)	3600m	5:33.75	(38.45)		
		4000m	6:44.82	(40.11)	4000m	6:12.57	(38.82)		
		4400m	7:23.65	(38.83)	4400m	6:50.80	(38.23)		
		4800m	8:03.68	(40.03)	4800m	7:28.24	(37.44)		
		5200m	8:45.29	(41.61)	5200m	8:06.17	(37.93)		
		5600m	9:25.83	(40.54)	5600m	8:45.44	(39.27)		
		6000m	10:07.50	(41.67)	6000m	9:23.30	(37.86)		
		6400m	10:49.70	(42.20)	6400m	10:02.03	(38.73)		
		6800m	11:32.48	(42.78)	6800m	10:40.62	(38.59)		
		7200m	12:15.89	(43.41)	7200m	11:20.32	(39.70)		
		7600m	12:58.77	(42.88)	7600m	11:59.45	(39.13)		
		8000m	13:41.71	(42.94)	8000m	12:38.40	(38.95)		
		8400m	14:22.87	(41.16)	8400m	13:17.42	(39.02)		
		8800m	15:03.39	(40.52)	8800m	13:56.38	(38.96)		
		9200m	15:45.08	(41.69)	9200m	14:33.63	(37.25)		
		9600m	16:28.19	(43.11)	9600m	15:09.74	(36.11)		
		10000m	17:08.17	(39.98)	10000m	15:44.77	(35.03)		

		Name	Cat	PB	Time	Info
13	wt	56 Marc Nieuwenhuijse	M40	15:25.99	16:15.04	
	rd	38 Vishwaraj Jadeja	M35	15:13.14	18:27.26	
		Marc Nieuwenhuijse			Vishwaraj Jadeja	
		400m	44.12 (44.12)	400m	45.08 (45.08)	
		800m	1:21.98 (37.86)	800m	1:26.17 (41.09)	
		1200m	1:59.56 (37.58)	1200m	2:06.25 (40.08)	
		1600m	2:38.94 (39.38)	1600m	2:48.49 (42.24)	
		2000m	3:17.38 (38.44)	2000m	3:31.27 (42.78)	
		2400m	3:54.80 (37.42)	2400m	4:11.93 (40.66)	
		2800m	4:32.87 (38.07)	2800m	4:52.78 (40.85)	
		3200m	5:12.17 (39.30)	3200m	5:35.16 (42.38)	
		3600m	5:50.45 (38.28)	3600m	6:16.33 (41.17)	
		4000m	6:29.19 (38.74)	4000m	6:58.11 (41.78)	
		4400m	7:07.77 (38.58)	4400m	7:41.80 (43.69)	
		4800m	7:46.46 (38.69)	4800m	8:27.50 (45.70)	
		5200m	8:26.52 (40.06)	5200m	9:13.53 (46.03)	
		5600m	9:05.93 (39.41)	5600m	9:59.29 (45.76)	
		6000m	9:45.21 (39.28)	6000m	10:45.07 (45.78)	
		6400m	10:24.37 (39.16)	6400m	11:32.27 (47.20)	
		6800m	11:03.82 (39.45)	6800m	12:20.56 (48.29)	
		7200m	11:42.11 (38.29)	7200m	13:09.04 (48.48)	
		7600m	12:21.70 (39.59)	7600m	13:55.29 (46.25)	
		8000m	13:01.86 (40.16)	8000m	14:39.53 (44.24)	
		8400m	13:40.95 (39.09)	8400m	15:24.53 (45.00)	
		8800m	14:20.17 (39.22)	8800m	16:11.13 (46.60)	
		9200m	14:59.03 (38.86)	9200m	16:57.43 (46.30)	
		9600m	15:36.56 (37.53)	9600m	17:43.42 (45.99)	
		10000m	16:15.04 (38.48)	10000m	18:27.26 (43.84)	

		Name	Cat	PB	Time	Info
14	yw	58 Mark Ooijevaar	M40	13:12.60	15:05.53	
	bl	92 Sybe van Hijum	M30	15:25.20	15:55.34	
		Mark Ooijevaar				Sybe van Hijum
		400m	39.74 (39.74)	400m	40.98 (40.98)	
		800m	1:13.94 (34.20)	800m	1:16.31 (35.33)	
		1200m	1:48.56 (34.62)	1200m	1:51.71 (35.40)	
		1600m	2:23.94 (35.38)	1600m	2:28.88 (37.17)	
		2000m	2:59.91 (35.97)	2000m	3:06.27 (37.39)	
		2400m	3:34.96 (35.05)	2400m	3:42.90 (36.63)	
		2800m	4:10.35 (35.39)	2800m	4:19.79 (36.89)	
		3200m	4:46.56 (36.21)	3200m	4:57.86 (38.07)	
		3600m	5:22.24 (35.68)	3600m	5:35.53 (37.67)	
		4000m	5:58.62 (36.38)	4000m	6:13.78 (38.25)	
		4400m	6:34.76 (36.14)	4400m	6:51.84 (38.06)	
		4800m	7:11.12 (36.36)	4800m	7:29.39 (37.55)	
		5200m	7:48.39 (37.27)	5200m	8:07.36 (37.97)	
		5600m	8:24.50 (36.11)	5600m	8:46.50 (39.14)	
		6000m	9:01.67 (37.17)	6000m	9:25.12 (38.62)	
		6400m	9:38.23 (36.56)	6400m	10:04.44 (39.32)	
		6800m	10:14.44 (36.21)	6800m	10:43.64 (39.20)	
		7200m	10:51.54 (37.10)	7200m	11:22.96 (39.32)	
		7600m	11:28.61 (37.07)	7600m	12:02.81 (39.85)	
		8000m	12:05.41 (36.80)	8000m	12:42.59 (39.78)	
		8400m	12:41.68 (36.27)	8400m	13:20.36 (37.77)	
		8800m	13:17.29 (35.61)	8800m	13:59.31 (38.95)	
		9200m	13:54.36 (37.07)	9200m	14:38.10 (38.79)	
		9600m	14:30.68 (36.32)	9600m	15:16.23 (38.13)	
		10000m	15:05.53 (34.85)	10000m	15:55.34 (39.11)	

22. Result Women 10000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	30 Eva Riemersma - van Rheenen	W40	5	I	18:05.20		
2	16 Christiane Kloß	W50	3	O	18:16.94		
3	37 Ciska Stark	W60	6	I	19:35.57		
4	19 Katrin Leschner	W55	4	I	21:18.20		
5	36 Jip Spel	W30	5	O	21:34.27		
6	27 Sarantuya Ravdan	W55	1	I	21:38.69		
7	5 Monica Cais	W55	1	O	21:39.65	PB	
8	17 Trine Landsem	W55	6	O	22:11.74		
9	13 Peggy Herschke	W50	3	I	22:14.20		
10	31 Andrea Roberts	W35	4	O	23:59.44		

22. Race Result Women 10000 meter

	Name	Cat	PB	Time	Info
1	wt 27 Sarantuya Ravdan	W55		21:38.69	
	rd 5 Monica Cais	W55	21:51.58	21:39.65	PB
	Sarantuya Ravdan				
	400m 48.76 (48.76)			400m 53.79 (53.79)	
	800m 1:36.85 (48.09)			800m 1:43.53 (49.74)	
	1200m 2:32.29 (55.44)			1200m 2:38.23 (54.70)	
	1600m 3:24.95 (52.66)			1600m 3:30.44 (52.21)	
	2000m 4:19.25 (54.30)			2000m 4:22.63 (52.19)	
	2400m 5:12.37 (53.12)			2400m 5:16.97 (54.34)	
	2800m 6:07.31 (54.94)			2800m 6:10.17 (53.20)	
	3200m 6:59.99 (52.68)			3200m 7:04.08 (53.91)	
	3600m 7:53.63 (53.64)			3600m 7:57.29 (53.21)	
	4000m 8:47.02 (53.39)			4000m 8:51.32 (54.03)	
	4400m 9:40.90 (53.88)			4400m 9:44.61 (53.29)	
	4800m 10:35.22 (54.32)			4800m 10:39.47 (54.86)	
	5200m 11:27.78 (52.56)			5200m 11:32.06 (52.59)	
	5600m 12:18.87 (51.09)			5600m 12:24.00 (51.94)	
	6000m 13:09.40 (50.53)			6000m 13:15.47 (51.47)	
	6400m 14:00.48 (51.08)			6400m 14:05.69 (50.22)	
	6800m 14:50.65 (50.17)			6800m 14:55.99 (50.30)	
	7200m 15:42.20 (51.55)			7200m 15:45.97 (49.98)	
	7600m 16:34.32 (52.12)			7600m 16:36.49 (50.52)	
	8000m 17:24.47 (50.15)			8000m 17:27.01 (50.52)	
	8400m 18:16.74 (52.27)			8400m 18:18.91 (51.90)	
	8800m 19:07.53 (50.79)			8800m 19:10.13 (51.22)	
	9200m 19:59.23 (51.70)			9200m 20:00.98 (50.85)	
	9600m 20:48.25 (49.02)			9600m 20:49.71 (48.73)	
	10000m 21:38.69 (50.44)			10000m 21:39.65 (49.94)	

	Name	Cat	PB	Time	Info
2	yw				
	bl				
	m				
	m				

	Name	Cat	PB	Time Info
3	wt 13 Peggy Herschke	W50		22:14.20
	rd 16 Christiane Kloß	W50		18:16.94
	Peggy Herschke		Christiane Kloß	
	400m	52.61 (52.61)	400m	45.68 (45.68)
	800m	1:41.90 (49.29)	800m	1:29.09 (43.41)
	1200m	2:33.79 (51.89)	1200m	2:14.33 (45.24)
	1600m	3:26.20 (52.41)	1600m	2:57.81 (43.48)
	2000m	4:19.54 (53.34)	2000m	3:40.80 (42.99)
	2400m	5:13.38 (53.84)	2400m	4:25.48 (44.68)
	2800m	6:08.19 (54.81)	2800m	5:09.22 (43.74)
	3200m	7:02.63 (54.44)	3200m	5:52.83 (43.61)
	3600m	7:56.44 (53.81)	3600m	6:36.46 (43.63)
	4000m	8:51.60 (55.16)	4000m	7:21.77 (45.31)
	4400m	9:45.12 (53.52)	4400m	8:06.07 (44.30)
	4800m	10:36.41 (51.29)	4800m	8:51.13 (45.06)
	5200m	11:26.12 (49.71)	5200m	9:35.25 (44.12)
	5600m	12:17.52 (51.40)	5600m	10:18.86 (43.61)
	6000m	13:10.33 (52.81)	6000m	11:01.41 (42.55)
	6400m	14:02.32 (51.99)	6400m	11:44.97 (43.56)
	6800m	14:54.33 (52.01)	6800m	12:28.69 (43.72)
	7200m	15:48.03 (53.70)	7200m	13:12.85 (44.16)
	7600m	16:43.19 (55.16)	7600m	13:55.22 (42.37)
	8000m	17:39.62 (56.43)	8000m	14:38.00 (42.78)
	8400m	18:35.80 (56.18)	8400m	15:23.62 (45.62)
	8800m	19:32.46 (56.66)	8800m	16:08.20 (44.58)
	9200m	20:26.93 (54.47)	9200m	16:52.11 (43.91)
	9600m	21:22.29 (55.36)	9600m	17:35.50 (43.39)
	10000m	22:14.20 (51.91)	10000m	18:16.94 (41.44)

		Name	Cat	PB	Time	Info
4	yw	19 Katrin Leschner	W55	20:55.42	21:18.20	
	bl	31 Andrea Roberts	W35	23:55.14	23:59.44	
Katrin Leschner			Andrea Roberts			
	400m	53.57 (53.57)	400m	54.04 (54.04)		
	800m	1:43.75 (50.18)	800m	1:45.91 (51.87)		
	1200m	2:33.37 (49.62)	1200m	2:37.53 (51.62)		
	1600m	3:22.01 (48.64)	1600m	3:29.93 (52.40)		
	2000m	4:11.62 (49.61)	2000m	4:23.07 (53.14)		
	2400m	5:01.15 (49.53)	2400m	5:18.79 (55.72)		
	2800m	5:52.43 (51.28)	2800m	6:15.32 (56.53)		
	3200m	6:41.06 (48.63)	3200m	7:13.95 (58.63)		
	3600m	7:31.63 (50.57)	3600m	8:12.91 (58.96)		
	4000m	8:22.98 (51.35)	4000m	9:11.97 (59.06)		
	4400m	9:14.11 (51.13)	4400m	10:09.77 (57.80)		
	4800m	10:05.54 (51.43)	4800m	11:05.83 (56.06)		
	5200m	10:55.89 (50.35)	5200m	12:03.51 (57.68)		
	5600m	11:45.89 (50.00)	5600m	13:03.74 (60.23)		
	6000m	12:37.94 (52.05)	6000m	14:03.67 (59.93)		
	6400m	13:30.44 (52.50)	6400m	15:07.56 (63.89)		
	6800m	14:21.60 (51.16)	6800m	16:08.79 (61.23)		
	7200m	15:15.75 (54.15)	7200m	17:09.27 (60.48)		
	7600m	16:08.47 (52.72)	7600m	18:09.31 (60.04)		
	8000m	17:00.35 (51.88)	8000m	19:12.50 (63.19)		
	8400m	17:49.12 (48.77)	8400m	20:13.14 (60.64)		
	8800m	18:41.55 (52.43)	8800m	21:11.94 (58.80)		
	9200m	19:34.16 (52.61)	9200m	22:10.21 (58.27)		
	9600m	20:27.84 (53.68)	9600m	23:06.91 (56.70)		
	10000m	21:18.20 (50.36)	10000m	23:59.44 (52.53)		

	Name	Cat	PB	Time	Info
5	wt 30 Eva Riemersma - van Rheenen	W40	16:37.05	18:05.20	
	rd 36 Jip Spel	W30	19:36.69	21:34.27	
Eva Riemersma - van Rheenen			Jip Spel		
	400m	43.82 (43.82)	400m	52.68 (52.68)	
	800m	1:21.61 (37.79)	800m	1:42.10 (49.42)	
	1200m	2:01.56 (39.95)	1200m	2:32.59 (50.49)	
	1600m	2:42.74 (41.18)	1600m	3:23.17 (50.58)	
	2000m	3:24.87 (42.13)	2000m	4:14.29 (51.12)	
	2400m	4:06.26 (41.39)	2400m	5:05.68 (51.39)	
	2800m	4:48.16 (41.90)	2800m	5:57.46 (51.78)	
	3200m	5:31.68 (43.52)	3200m	6:47.92 (50.46)	
	3600m	6:15.00 (43.32)	3600m	7:41.44 (53.52)	
	4000m	6:57.58 (42.58)	4000m	8:33.36 (51.92)	
	4400m	7:42.58 (45.00)	4400m	9:21.76 (48.40)	
	4800m	8:26.39 (43.81)	4800m	10:12.80 (51.04)	
	5200m	9:09.53 (43.14)	5200m	11:04.83 (52.03)	
	5600m	9:52.51 (42.98)	5600m	11:57.59 (52.76)	
	6000m	10:37.09 (44.58)	6000m	12:48.64 (51.05)	
	6400m	11:22.04 (44.95)	6400m	13:40.76 (52.12)	
	6800m	12:06.72 (44.68)	6800m	14:33.32 (52.56)	
	7200m	12:50.40 (43.68)	7200m	15:27.61 (54.29)	
	7600m	13:34.96 (44.56)	7600m	16:20.49 (52.88)	
	8000m	14:18.90 (43.94)	8000m	17:13.44 (52.95)	
	8400m	15:07.48 (48.58)	8400m	18:08.63 (55.19)	
	8800m	15:51.92 (44.44)	8800m	19:00.14 (51.51)	
	9200m	16:36.15 (44.23)	9200m	19:53.30 (53.16)	
	9600m	17:19.75 (43.60)	9600m	20:44.34 (51.04)	
	10000m	18:05.20 (45.45)	10000m	21:34.27 (49.93)	

		Name	Cat	PB	Time Info
6	yw	37 Ciska Stark	W60	17:57.44	19:35.57
	bl	17 Trine Landsem	W55	19:52.97	22:11.74
Ciska Stark			Trine Landsem		
	400m	46.48 (46.48)	400m	51.56 (51.56)	
	800m	1:30.29 (43.81)	800m	1:38.66 (47.10)	
	1200m	2:16.71 (46.42)	1200m	2:29.99 (51.33)	
	1600m	3:04.30 (47.59)	1600m	3:20.12 (50.13)	
	2000m	3:51.86 (47.56)	2000m	4:11.13 (51.01)	
	2400m	4:38.22 (46.36)	2400m	5:00.97 (49.84)	
	2800m	5:23.99 (45.77)	2800m	5:51.34 (50.37)	
	3200m	6:10.01 (46.02)	3200m	6:42.77 (51.43)	
	3600m	6:57.34 (47.33)	3600m	7:32.55 (49.78)	
	4000m	7:42.96 (45.62)	4000m	8:24.84 (52.29)	
	4400m	8:29.35 (46.39)	4400m	9:16.76 (51.92)	
	4800m	9:15.48 (46.13)	4800m	10:09.73 (52.97)	
	5200m	10:01.81 (46.33)	5200m	11:04.96 (55.23)	
	5600m	10:50.07 (48.26)	5600m	11:59.21 (54.25)	
	6000m	11:38.62 (48.55)	6000m	12:52.82 (53.61)	
	6400m	12:25.15 (46.53)	6400m	13:47.61 (54.79)	
	6800m	13:12.35 (47.20)	6800m	14:48.59 (60.98)	
	7200m	14:00.16 (47.81)	7200m	15:41.82 (53.23)	
	7600m	14:50.30 (50.14)	7600m	16:35.51 (53.69)	
	8000m	15:37.12 (46.82)	8000m	17:33.15 (57.64)	
	8400m	16:23.08 (45.96)	8400m	18:29.57 (56.42)	
	8800m	17:11.23 (48.15)	8800m	19:26.78 (57.21)	
	9200m	18:01.11 (49.88)	9200m	20:22.29 (55.51)	
	9600m	18:48.89 (47.78)	9600m	21:17.61 (55.32)	
	10000m	19:35.57 (46.68)	10000m	22:11.74 (54.13)	