

## 1. Uitslag 3000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 19 Bjarne den Besten | HC1 | 1    | I    | 4:35.41 |      |        |
| 2   | 36 Nouschka Steenks  | DC2 | 7    | I    | 5:09.66 |      |        |
| 3   | 9 Lotte Janssen      | DC1 | 9    | I    | 5:13.21 |      |        |
| 4   | 1 Jolijn Solleveld   | DC1 | 8    | O    | 5:16.91 |      |        |
| 5   | 58 Robin Verboom     | HC1 | 3    | I    | 5:17.06 | HT   |        |
| 6   | 23 Augustine Kaper   | DC1 | 8    | I    | 5:20.79 | FL   |        |
| 7   | 4 Francis de Bruijn  | DC1 | 9    | O    | 5:23.72 | PR   |        |
| 8   | 20 Sanne Kool        | DC1 | 5    | O    | 5:30.39 |      |        |
| 9   | 39 Rinske Hogenboom  | DC2 | 10   | I    | 5:40.70 |      |        |
| 10  | 37 Tippi Verbree     | DC2 | 5    | I    | 5:42.42 |      |        |
| 11  | 6 Noortje de Nie     | DC2 | 10   | O    | 5:44.77 |      |        |
| 12  | 60 Noa van Leeuwen   | DC2 | 3    | O    | 5:49.98 | PR   |        |

## 1. Rituitslag 3000 meter

|   |          | Naam                     |                          | Cat     |     | PR | Tijd    | Info           |
|---|----------|--------------------------|--------------------------|---------|-----|----|---------|----------------|
| 1 | wt<br>rd | 19                       | <b>Bjarne den Besten</b> |         | HC1 |    | 4:31.20 | <b>4:35.41</b> |
|   |          | <b>Bjarne den Besten</b> |                          |         |     |    |         |                |
|   |          | 200m                     | 20.36                    | (20.36) |     |    |         | m              |
|   |          | 600m                     | 55.78                    | (35.42) |     |    |         |                |
|   |          | 1000m                    | 1:31.98                  | (36.20) |     |    |         |                |
|   |          | 1400m                    | 2:07.86                  | (35.88) |     |    |         |                |
|   |          | 1800m                    | 2:44.50                  | (36.64) |     |    |         |                |
|   |          | 2200m                    | 3:21.35                  | (36.85) |     |    |         |                |
|   |          | 2600m                    | 3:58.60                  | (37.25) |     |    |         |                |
|   |          | 3000m                    | 4:35.41                  | (36.81) |     |    |         |                |

|   |          | Naam |  | Cat |  | PR | Tijd | Info |
|---|----------|------|--|-----|--|----|------|------|
| 2 | gl<br>bl |      |  |     |  |    |      |      |
|   |          |      |  |     |  |    |      | m    |
|   |          |      |  |     |  |    |      | m    |

|   |          | Naam                 |                        | Cat     |                        | PR    | Tijd    | Info              |
|---|----------|----------------------|------------------------|---------|------------------------|-------|---------|-------------------|
| 3 | wt<br>rd | 58                   | <b>Robin Verboom</b>   |         | HC1                    |       |         | <b>5:17.06</b> HT |
|   |          | 60                   | <b>Noa van Leeuwen</b> |         | DC2                    |       | 6:20.01 | <b>5:49.98</b> PR |
|   |          | <b>Robin Verboom</b> |                        |         | <b>Noa van Leeuwen</b> |       |         |                   |
|   |          | 200m                 | 23.79                  | (23.79) |                        | 200m  | 24.36   | (24.36)           |
|   |          | 600m                 | 1:04.24                | (40.45) |                        | 600m  | 1:05.35 | (40.99)           |
|   |          | 1000m                | 1:44.88                | (40.64) |                        | 1000m | 1:49.57 | (44.22)           |
|   |          | 1400m                | 2:26.62                | (41.74) |                        | 1400m | 2:37.26 | (47.69)           |
|   |          | 1800m                | 3:10.13                | (43.51) |                        | 1800m | 3:25.89 | (48.63)           |
|   |          | 2200m                | 3:52.94                | (42.81) |                        | 2200m | 4:14.29 | (48.40)           |
|   |          | 2600m                | 4:37.73                | (44.79) |                        | 2600m | 5:03.46 | (49.17)           |
|   |          | 3000m                | 5:17.06                | (39.33) |                        | 3000m | 5:49.98 | (46.52)           |

|   | Naam     | Cat | PR | Tijd | Info |
|---|----------|-----|----|------|------|
| 4 | gl<br>bl |     |    |      |      |
|   |          | m   |    |      | m    |

|   | Naam                       | Cat | PR      | Tijd                  | Info              |
|---|----------------------------|-----|---------|-----------------------|-------------------|
| 5 | wt 37 <b>Tippi Verbree</b> | DC2 | 5:26.36 | <b>5:42.42</b>        |                   |
|   | rd 20 <b>Sanne Kool</b>    | DC1 | 5:20.81 | <b>5:30.39</b>        |                   |
|   | <b>Tippi Verbree</b>       |     |         |                       | <b>Sanne Kool</b> |
|   | 200m 24.69 (24.69)         |     |         | 200m 25.30 (25.30)    |                   |
|   | 600m 1:07.49 (42.80)       |     |         | 600m 1:06.74 (41.44)  |                   |
|   | 1000m 1:51.63 (44.14)      |     |         | 1000m 1:49.52 (42.78) |                   |
|   | 1400m 2:36.34 (44.71)      |     |         | 1400m 2:33.19 (43.67) |                   |
|   | 1800m 3:21.87 (45.53)      |     |         | 1800m 3:17.91 (44.72) |                   |
|   | 2200m 4:08.65 (46.78)      |     |         | 2200m 4:02.43 (44.52) |                   |
|   | 2600m 4:55.71 (47.06)      |     |         | 2600m 4:47.40 (44.97) |                   |
|   | 3000m 5:42.42 (46.71)      |     |         | 3000m 5:30.39 (42.99) |                   |

|   | Naam     | Cat | PR | Tijd | Info |
|---|----------|-----|----|------|------|
| 6 | gl<br>bl |     |    |      |      |
|   |          | m   |    |      | m    |

|   | Naam                          | Cat | PR      | Tijd           | Info |
|---|-------------------------------|-----|---------|----------------|------|
| 7 | wt 36 <b>Nouschka Steenks</b> | DC2 | 5:02.22 | <b>5:09.66</b> |      |
|   | rd                            |     |         |                |      |
|   | <b>Nouschka Steenks</b>       |     |         |                |      |
|   | 200m 23.30 (23.30)            |     |         | m              |      |
|   | 600m 1:03.28 (39.98)          |     |         |                |      |
|   | 1000m 1:44.32 (41.04)         |     |         |                |      |
|   | 1400m 2:24.71 (40.39)         |     |         |                |      |
|   | 1800m 3:05.11 (40.40)         |     |         |                |      |
|   | 2200m 3:47.07 (41.96)         |     |         |                |      |
|   | 2600m 4:29.35 (42.28)         |     |         |                |      |
|   | 3000m 5:09.66 (40.31)         |     |         |                |      |

|   |    | Naam  |                         | Cat                     |     | PR | Tijd           | Info            |
|---|----|-------|-------------------------|-------------------------|-----|----|----------------|-----------------|
| 8 | gl | 23    | <b>Augustine Kaper</b>  |                         | DC1 |    | <b>5:20.79</b> | FL              |
|   | bl | 1     | <b>Jolijn Solleveld</b> |                         | DC1 |    | <b>5:16.91</b> |                 |
|   |    |       |                         | <b>Augustine Kaper</b>  |     |    |                |                 |
|   |    |       |                         | <b>Jolijn Solleveld</b> |     |    |                |                 |
|   |    | 200m  | 22.90                   | (22.90)                 |     |    | 200m           | 23.43 (23.43)   |
|   |    | 600m  | 1:04.05                 | (41.15)                 |     |    | 600m           | 1:04.12 (40.69) |
|   |    | 1000m | 1:45.79                 | (41.74)                 |     |    | 1000m          | 1:46.54 (42.42) |
|   |    | 1400m | 2:28.36                 | (42.57)                 |     |    | 1400m          | 2:28.72 (42.18) |
|   |    | 1800m | 3:10.07                 | (41.71)                 |     |    | 1800m          | 3:11.10 (42.38) |
|   |    | 2200m | 3:51.79                 | (41.72)                 |     |    | 2200m          | 3:53.55 (42.45) |
|   |    | 2600m | 4:31.70                 | (39.91)                 |     |    | 2600m          | 4:35.75 (42.20) |
|   |    | 3000m | 5:20.79                 | (49.09)                 |     |    | 3000m          | 5:16.91 (41.16) |

|   |    | Naam  |                          | Cat                      |     | PR      | Tijd           | Info            |
|---|----|-------|--------------------------|--------------------------|-----|---------|----------------|-----------------|
| 9 | wt | 9     | <b>Lotte Janssen</b>     |                          | DC1 |         | <b>5:13.21</b> |                 |
|   | rd | 4     | <b>Francis de Bruijn</b> |                          | DC1 | 5:34.14 | <b>5:23.72</b> | PR              |
|   |    |       |                          | <b>Lotte Janssen</b>     |     |         |                |                 |
|   |    |       |                          | <b>Francis de Bruijn</b> |     |         |                |                 |
|   |    | 200m  | 24.10                    | (24.10)                  |     |         | 200m           | 24.50 (24.50)   |
|   |    | 600m  | 1:05.08                  | (40.98)                  |     |         | 600m           | 1:05.53 (41.03) |
|   |    | 1000m | 1:45.87                  | (40.79)                  |     |         | 1000m          | 1:47.55 (42.02) |
|   |    | 1400m | 2:27.69                  | (41.82)                  |     |         | 1400m          | 2:29.53 (41.98) |
|   |    | 1800m | 3:09.48                  | (41.79)                  |     |         | 1800m          | 3:12.25 (42.72) |
|   |    | 2200m | 3:51.25                  | (41.77)                  |     |         | 2200m          | 3:56.64 (44.39) |
|   |    | 2600m | 4:32.39                  | (41.14)                  |     |         | 2600m          | 4:41.21 (44.57) |
|   |    | 3000m | 5:13.21                  | (40.82)                  |     |         | 3000m          | 5:23.72 (42.51) |

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|    |    | Naam |                         | Cat     |         | PR                    | Tijd           | Info    |
|----|----|------|-------------------------|---------|---------|-----------------------|----------------|---------|
| 10 | gl | 39   | <b>Rinske Hogenboom</b> |         | DC2     | 5:38.07               | <b>5:40.70</b> |         |
|    | bl | 6    | <b>Noortje de Nie</b>   |         | DC2     | 5:44.32               | <b>5:44.77</b> |         |
|    |    |      | <b>Rinske Hogenboom</b> |         |         | <b>Noortje de Nie</b> |                |         |
|    |    |      | 200m                    | 25.47   | (25.47) | 200m                  | 26.05          | (26.05) |
|    |    |      | 600m                    | 1:06.45 | (40.98) | 600m                  | 1:07.49        | (41.44) |
|    |    |      | 1000m                   | 1:49.32 | (42.87) | 1000m                 | 1:51.24        | (43.75) |
|    |    |      | 1400m                   | 2:34.34 | (45.02) | 1400m                 | 2:36.73        | (45.49) |
|    |    |      | 1800m                   | 3:20.05 | (45.71) | 1800m                 | 3:22.91        | (46.18) |
|    |    |      | 2200m                   | 4:06.97 | (46.92) | 2200m                 | 4:09.64        | (46.73) |
|    |    |      | 2600m                   | 4:54.01 | (47.04) | 2600m                 | 4:58.96        | (49.32) |
|    |    |      | 3000m                   | 5:40.70 | (46.69) | 3000m                 | 5:44.77        | (45.81) |

## 2. Uitslag Dames 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 24 Isabelle Hersbach | DSA | 13   | I    | 44.56 |      |        |
| 2   | 44 Mariska van Zon   | DSA | 14   | I    | 47.45 |      |        |
| 3   | 18 Nerena van Vuuren | DN4 | 13   | O    | 47.54 |      |        |
| 4   | 35 Famke Hogenboom   | DN1 | 14   | O    | 49.89 |      |        |
| 5   | 14 Inge Rotteveel    | DSA | 11   | I    | 51.91 | PR   |        |
| 6   | 8 Annewil Stelloo    | D40 | 11   | O    | 57.54 |      |        |

## 2. Rituitslag Dames 500 meter

|    |    | Naam                  |                        | Cat     |                        | PR    | Tijd         | Info |
|----|----|-----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 11 | wt | 14                    | <b>Inge Rotteveel</b>  |         | DSA                    | 52.21 | <b>51.91</b> | PR   |
|    | rd | 8                     | <b>Annewil Stelloo</b> |         | D40                    | 54.03 | <b>57.54</b> |      |
|    |    | <u>Inge Rotteveel</u> |                        |         | <u>Annewil Stelloo</u> |       |              |      |
|    |    | 100m                  | 13.87                  | (13.87) | 100m                   | 14.94 | (14.94)      |      |
|    |    | 500m                  | 51.91                  | (38.04) | 500m                   | 57.54 | (42.60)      |      |

|    |    | Naam     |  | Cat |          | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 12 | gl |          |  |     |          |    |      |      |
|    | bl |          |  |     |          |    |      |      |
|    |    | <u>m</u> |  |     | <u>m</u> |    |      |      |

|    |    | Naam                     |                          | Cat     |                          | PR    | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 13 | wt | 24                       | <b>Isabelle Hersbach</b> |         | DSA                      | 42.07 | <b>44.56</b> |      |
|    | rd | 18                       | <b>Nerena van Vuuren</b> |         | DN4                      | 46.60 | <b>47.54</b> |      |
|    |    | <u>Isabelle Hersbach</u> |                          |         | <u>Nerena van Vuuren</u> |       |              |      |
|    |    | 100m                     | 12.30                    | (12.30) | 100m                     | 12.91 | (12.91)      |      |
|    |    | 500m                     | 44.56                    | (32.26) | 500m                     | 47.54 | (34.63)      |      |

|    |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|
| 14 | gl | 44                     | <b>Mariska van Zon</b> |         | DSA                    | 46.03 | <b>47.45</b> |      |
|    | bl | 35                     | <b>Famke Hogenboom</b> |         | DN1                    | 47.48 | <b>49.89</b> |      |
|    |    | <u>Mariska van Zon</u> |                        |         | <u>Famke Hogenboom</u> |       |              |      |
|    |    | 100m                   | 12.57                  | (12.57) | 100m                   | 13.22 | (13.22)      |      |
|    |    | 500m                   | 47.45                  | (34.88) | 500m                   | 49.89 | (36.67)      |      |

## 3. Uitslag Heren (Neo)Senioren 500 meter

| Pos | Naam                           | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|--------------------------------|-----|------|------|--------------|------|--------|
| 1   | 17 <b>Hidde Bart</b>           | HSA | 17   | I    | <b>39.83</b> |      |        |
| 2   | 48 <b>Tijn van Til</b>         | HN3 | 22   | I    | <b>40.92</b> |      |        |
| 3   | 2 <b>Joppe Kleiweg</b>         | HSA | 19   | I    | <b>41.38</b> |      |        |
| 4   | 29 <b>Berto Anker</b>          | HN1 | 21   | I    | <b>41.56</b> |      |        |
| 5   | 31 <b>Thomas van Herk</b>      | HN4 | 21   | O    | <b>41.58</b> |      |        |
| 6   | 57 <b>Hugo de Jonge</b>        | HN2 | 18   | O    | <b>41.72</b> |      |        |
| 7   | 34 <b>Alexander Doornekamp</b> | HSA | 19   | O    | <b>41.98</b> |      |        |
| 8   | 38 <b>Sven Pera</b>            | HN1 | 15   | I    | <b>42.31</b> |      |        |
| 9   | 47 <b>Guus Gelderblom</b>      | HN1 | 22   | O    | <b>42.61</b> |      |        |
| 10  | 5 <b>Remco Boere</b>           | HSA | 17   | O    | <b>42.63</b> |      |        |
| 11  | 40 <b>Erben van der Lans</b>   | HN4 | 20   | I    | <b>43.38</b> |      |        |
| 12  | 54 <b>Thijs Heezen</b>         | HN4 | 20   | O    | <b>46.53</b> |      |        |
| 13  | 55 <b>Jarno Middendorp</b>     | HN2 | 15   | O    | <b>49.32</b> | PR   |        |
|     | 7 <b>Jelmer Kraaijeveld</b>    | HSB | 18   | I    | <b>DQ</b>    |      |        |



## 3. Rituitslag Heren (Neo)Senioren 500 meter

|    |    | Naam             |                         | Cat     |                         | PR    | Tijd         | Info |
|----|----|------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 15 | wt | 38               | <b>Sven Pera</b>        |         | HN1                     | 42.21 | <b>42.31</b> |      |
|    | rd | 55               | <b>Jarno Middendorp</b> |         | HN2                     | 50.09 | <b>49.32</b> | PR   |
|    |    | <b>Sven Pera</b> |                         |         | <b>Jarno Middendorp</b> |       |              |      |
|    |    | 100m             | 11.27                   | (11.27) | 100m                    | 12.68 | (12.68)      |      |
|    |    | 500m             | 42.31                   | (31.04) | 500m                    | 49.32 | (36.64)      |      |

|    |    | Naam |  | Cat |   | PR | Tijd | Info |
|----|----|------|--|-----|---|----|------|------|
| 16 | gl |      |  |     |   |    |      |      |
|    | bl |      |  |     |   |    |      |      |
|    |    | m    |  |     | m |    |      |      |

|    |    | Naam              |                    | Cat     |                    | PR    | Tijd         | Info |
|----|----|-------------------|--------------------|---------|--------------------|-------|--------------|------|
| 17 | wt | 17                | <b>Hidde Bart</b>  |         | HSA                | 39.13 | <b>39.83</b> |      |
|    | rd | 5                 | <b>Remco Boere</b> |         | HSA                | 40.67 | <b>42.63</b> |      |
|    |    | <b>Hidde Bart</b> |                    |         | <b>Remco Boere</b> |       |              |      |
|    |    | 100m              | 10.87              | (10.87) | 100m               | 11.43 | (11.43)      |      |
|    |    | 500m              | 39.83              | (28.96) | 500m               | 42.63 | (31.20)      |      |

|    |    | Naam                      |                           | Cat |                      | PR    | Tijd         | Info |
|----|----|---------------------------|---------------------------|-----|----------------------|-------|--------------|------|
| 18 | gl | 7                         | <b>Jelmer Kraaijeveld</b> |     | HSB                  | 39.87 | <b>DQ</b>    |      |
|    | bl | 57                        | <b>Hugo de Jonge</b>      |     | HN2                  | 39.53 | <b>41.72</b> |      |
|    |    | <b>Jelmer Kraaijeveld</b> |                           |     | <b>Hugo de Jonge</b> |       |              |      |
|    |    | 100m                      |                           |     | 100m                 | 11.54 | (11.54)      |      |
|    |    | 500m                      |                           |     | 500m                 | 41.72 | (30.18)      |      |

|    |    | Naam                 |                             | Cat     |                             | PR    | Tijd         | Info |
|----|----|----------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 19 | wt | 2                    | <b>Joppe Kleiweg</b>        |         | HSA                         | 41.23 | <b>41.38</b> |      |
|    | rd | 34                   | <b>Alexander Doornekamp</b> |         | HSA                         | 40.86 | <b>41.98</b> |      |
|    |    | <b>Joppe Kleiweg</b> |                             |         | <b>Alexander Doornekamp</b> |       |              |      |
|    |    | 100m                 | 11.15                       | (11.15) | 100m                        | 11.13 | (11.13)      |      |
|    |    | 500m                 | 41.38                       | (30.23) | 500m                        | 41.98 | (30.85)      |      |

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|    |    | Naam                      |       | Cat                 |      | PR    | Tijd         | Info |
|----|----|---------------------------|-------|---------------------|------|-------|--------------|------|
| 20 | gl | 40 Erben van der Lans     |       | HN4                 |      | 40.95 | <b>43.38</b> |      |
|    | bl | 54 Thijs Heezen           |       | HN4                 |      | 43.62 | <b>46.53</b> |      |
|    |    | <u>Erben van der Lans</u> |       | <u>Thijs Heezen</u> |      |       |              |      |
|    |    | 100m                      | 11.71 | (11.71)             | 100m | 12.30 | (12.30)      |      |
|    |    | 500m                      | 43.38 | (31.67)             | 500m | 46.53 | (34.23)      |      |

|    |    | Naam               |       | Cat                    |      | PR    | Tijd         | Info |
|----|----|--------------------|-------|------------------------|------|-------|--------------|------|
| 21 | wt | 29 Berto Anker     |       | HN1                    |      | 40.45 | <b>41.56</b> |      |
|    | rd | 31 Thomas van Herk |       | HN4                    |      | 40.25 | <b>41.58</b> |      |
|    |    | <u>Berto Anker</u> |       | <u>Thomas van Herk</u> |      |       |              |      |
|    |    | 100m               | 11.50 | (11.50)                | 100m | 10.99 | (10.99)      |      |
|    |    | 500m               | 41.56 | (30.06)                | 500m | 41.58 | (30.59)      |      |

|    |    | Naam                |       | Cat                    |      | PR    | Tijd         | Info |
|----|----|---------------------|-------|------------------------|------|-------|--------------|------|
| 22 | gl | 48 Tijn van Til     |       | HN3                    |      | 40.25 | <b>40.92</b> |      |
|    | bl | 47 Guus Gelderblom  |       | HN1                    |      | 42.03 | <b>42.61</b> |      |
|    |    | <u>Tijn van Til</u> |       | <u>Guus Gelderblom</u> |      |       |              |      |
|    |    | 100m                | 11.20 | (11.20)                | 100m | 11.51 | (11.51)      |      |
|    |    | 500m                | 40.92 | (29.72)                | 500m | 42.61 | (31.10)      |      |

## 4. Uitslag Heren Masters 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 11 Bart Groot        | H55 | 27   | I    | 45.11 |      |        |
| 2   | 10 Jan Terpstra      | H55 | 27   | O    | 46.65 |      |        |
| 3   | 28 Richard Heikoop   | H55 | 25   | I    | 48.42 |      |        |
| 4   | 41 Marien Harkes     | H60 | 25   | O    | 48.52 |      |        |
| 5   | 33 Jan Floor         | H45 | 28   | O    | 48.84 | PR   |        |
| 6   | 13 Lex van Tol       | H65 | 28   | I    | 49.61 |      |        |
| 7   | 15 Co Oudshoorn      | H70 | 26   | O    | 52.33 |      |        |
| 8   | 43 Edwin van Leeuwen | H40 | 26   | I    | 56.11 |      |        |
|     | 53 Jaap Wijnia       | H55 | 23   | I    | DNS   |      |        |

## 4. Rituitslag Heren Masters 500 meter

|    |          | Naam |                    | Cat |     | PR |       | Tijd | Info       |
|----|----------|------|--------------------|-----|-----|----|-------|------|------------|
| 23 | wt<br>rd | 53   | <b>Jaap Wijnia</b> |     | H55 |    | 50.50 |      | <b>DNS</b> |
|    |          |      | <u>Jaap Wijnia</u> |     |     |    |       |      |            |
|    |          |      |                    |     |     |    |       | m    |            |

|    |          | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----------|------|--|-----|--|----|--|------|------|
| 24 | gl<br>bl |      |  |     |  |    |  |      |      |
|    |          |      |  |     |  |    |  | m    |      |
|    |          |      |  |     |  |    |  | m    |      |

|    |    | Naam |                        | Cat   |         | PR |                      | Tijd  | Info         |
|----|----|------|------------------------|-------|---------|----|----------------------|-------|--------------|
| 25 | wt | 28   | <b>Richard Heikoop</b> |       | H55     |    | 44.44                |       | <b>48.42</b> |
|    | rd | 41   | <b>Marien Harkes</b>   |       | H60     |    | 44.14                |       | <b>48.52</b> |
|    |    |      | <u>Richard Heikoop</u> |       |         |    | <u>Marien Harkes</u> |       |              |
|    |    |      | 100m                   | 13.14 | (13.14) |    | 100m                 | 12.99 | (12.99)      |
|    |    |      | 500m                   | 48.42 | (35.28) |    | 500m                 | 48.52 | (35.53)      |

|    |    | Naam |                          | Cat   |         | PR |                     | Tijd  | Info         |
|----|----|------|--------------------------|-------|---------|----|---------------------|-------|--------------|
| 26 | gl | 43   | <b>Edwin van Leeuwen</b> |       | H40     |    | 53.80               |       | <b>56.11</b> |
|    | bl | 15   | <b>Co Oudshoorn</b>      |       | H70     |    | 44.30               |       | <b>52.33</b> |
|    |    |      | <u>Edwin van Leeuwen</u> |       |         |    | <u>Co Oudshoorn</u> |       |              |
|    |    |      | 100m                     | 15.17 | (15.17) |    | 100m                | 14.14 | (14.14)      |
|    |    |      | 500m                     | 56.11 | (40.94) |    | 500m                | 52.33 | (38.19)      |

|    |    | Naam |                     | Cat   |         | PR |                     | Tijd  | Info         |
|----|----|------|---------------------|-------|---------|----|---------------------|-------|--------------|
| 27 | wt | 11   | <b>Bart Groot</b>   |       | H55     |    | 43.54               |       | <b>45.11</b> |
|    | rd | 10   | <b>Jan Terpstra</b> |       | H55     |    | 40.97               |       | <b>46.65</b> |
|    |    |      | <u>Bart Groot</u>   |       |         |    | <u>Jan Terpstra</u> |       |              |
|    |    |      | 100m                | 12.34 | (12.34) |    | 100m                | 12.60 | (12.60)      |
|    |    |      | 500m                | 45.11 | (32.77) |    | 500m                | 46.65 | (34.05)      |

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|    |    | Naam               |                    | Cat     |      | PR               | Tijd    | Info            |
|----|----|--------------------|--------------------|---------|------|------------------|---------|-----------------|
| 28 | gl | 13                 | <b>Lex van Tol</b> |         | H65  |                  | 47.73   | <b>49.61</b>    |
|    | bl | 33                 | <b>Jan Floor</b>   |         | H45  |                  | 51.06   | <b>48.84</b> PR |
|    |    | <u>Lex van Tol</u> |                    |         |      | <u>Jan Floor</u> |         |                 |
|    |    | 100m               | 13.31              | (13.31) | 100m | 13.19            | (13.19) |                 |
|    |    | 500m               | 49.61              | (36.30) | 500m | 48.84            | (35.65) |                 |

## 5. Uitslag Gastrijders 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 51 Sybe Weening         | HN4 | 31   | O    | 45.09 |      |        |
| 2   | 59 Jordy Krap           | HSA | 32   | O    | 45.36 |      |        |
| 3   | 56 Rutger Kock          | H50 | 31   | I    | 48.49 |      |        |
| 4   | 45 Marianne de Neeling  | D65 | 29   | O    | 52.51 | TRC  |        |
| 5   | 49 Lies Keijser         | DSA | 29   | I    | 52.82 |      |        |
| 6   | 52 Peter Verburg        | HPB | 30   | O    | 54.86 |      |        |
| 7   | 42 Tim de Bruijn        | H40 | 32   | I    | 55.14 | FL   |        |
| 8   | 46 Quinten Uppelschoten | HN2 | 30   | I    | 56.98 |      |        |

## 5. Rituitslag Gastrijders 500 meter

|    |    | Naam |                            | Cat   |         | PR    | Tijd                       | Info    |
|----|----|------|----------------------------|-------|---------|-------|----------------------------|---------|
| 29 | wt | 49   | <b>Lies Keijser</b>        |       | DSA     |       | <b>52.82</b>               |         |
|    | rd | 45   | <b>Marianne de Neeling</b> |       | D65     | 46.57 | <b>52.51</b>               | TRC     |
|    |    |      | <u>Lies Keijser</u>        |       |         |       | <u>Marianne de Neeling</u> |         |
|    |    |      | 100m                       | 13.89 | (13.89) | 100m  | 14.22                      | (14.22) |
|    |    |      | 500m                       | 52.82 | (38.93) | 500m  | 52.51                      | (38.29) |

|    |    | Naam |                             | Cat   |         | PR    | Tijd                 | Info    |
|----|----|------|-----------------------------|-------|---------|-------|----------------------|---------|
| 30 | gl | 46   | <b>Quinten Uppelschoten</b> |       | HN2     |       | <b>56.98</b>         |         |
|    | bl | 52   | <b>Peter Verburg</b>        |       | HPB     | 52.83 | <b>54.86</b>         |         |
|    |    |      | <u>Quinten Uppelschoten</u> |       |         |       | <u>Peter Verburg</u> |         |
|    |    |      | 100m                        | 13.49 | (13.49) | 100m  | 13.49                | (13.49) |
|    |    |      | 500m                        | 56.98 | (43.49) | 500m  | 54.86                | (41.37) |

|    |    | Naam |                     | Cat   |         | PR    | Tijd                | Info    |
|----|----|------|---------------------|-------|---------|-------|---------------------|---------|
| 31 | wt | 56   | <b>Rutger Kock</b>  |       | H50     | 46.98 | <b>48.49</b>        |         |
|    | rd | 51   | <b>Sybe Weening</b> |       | HN4     |       | <b>45.09</b>        |         |
|    |    |      | <u>Rutger Kock</u>  |       |         |       | <u>Sybe Weening</u> |         |
|    |    |      | 100m                | 13.17 | (13.17) | 100m  | 11.99               | (11.99) |
|    |    |      | 500m                | 48.49 | (35.32) | 500m  | 45.09               | (33.10) |

|    |    | Naam |                      | Cat   |         | PR    | Tijd              | Info    |
|----|----|------|----------------------|-------|---------|-------|-------------------|---------|
| 32 | gl | 42   | <b>Tim de Bruijn</b> |       | H40     |       | <b>55.14</b>      | FL      |
|    | bl | 59   | <b>Jordy Krap</b>    |       | HSA     | 45.00 | <b>45.36</b>      |         |
|    |    |      | <u>Tim de Bruijn</u> |       |         |       | <u>Jordy Krap</u> |         |
|    |    |      | 100m                 | 11.80 | (11.80) | 100m  | 12.73             | (12.73) |
|    |    |      | 500m                 | 55.14 | (43.34) | 500m  | 45.36             | (32.63) |

## 6. Uitslag Dames 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 24 Isabelle Hersbach | DSA | 35   | I    | 1:30.22 |      |        |
| 2   | 44 Mariska van Zon   | DSA | 36   | I    | 1:34.46 |      |        |
| 3   | 18 Nerena van Vuuren | DN4 | 35   | O    | 1:38.31 |      |        |
| 4   | 35 Famke Hogenboom   | DN1 | 36   | O    | 1:42.11 |      |        |
| 5   | 14 Inge Rotteveel    | DSA | 33   | I    | 1:43.57 | PR   |        |
| 6   | 8 Annewil Stelloo    | D40 | 33   | O    | 1:56.74 |      |        |



## 6. Rituitslag Dames 1000 meter

|    |    | Naam              | Cat | PR      | Tijd           | Info |
|----|----|-------------------|-----|---------|----------------|------|
| 33 | wt | 14 Inge Rotteveel | DSA | 1:44.29 | <b>1:43.57</b> | PR   |
|    | rd | 8 Annewil Stelloo | D40 | 1:48.91 | <b>1:56.74</b> |      |

### Inge Rotteveel

|       |         |         |
|-------|---------|---------|
| 200m  | 25.29   | (25.29) |
| 600m  | 1:04.21 | (38.92) |
| 1000m | 1:43.57 | (39.36) |

### Annewil Stelloo

|       |         |         |
|-------|---------|---------|
| 200m  | 27.00   | (27.00) |
| 600m  | 1:11.03 | (44.03) |
| 1000m | 1:56.74 | (45.71) |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 34 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |

m

m

|    |    | Naam                 | Cat | PR      | Tijd           | Info |
|----|----|----------------------|-----|---------|----------------|------|
| 35 | wt | 24 Isabelle Hersbach | DSA | 1:24.41 | <b>1:30.22</b> |      |
|    | rd | 18 Nerena van Vuuren | DN4 | 1:33.79 | <b>1:38.31</b> |      |

### Isabelle Hersbach

|       |         |         |
|-------|---------|---------|
| 200m  | 21.17   | (21.17) |
| 600m  | 54.24   | (33.07) |
| 1000m | 1:30.22 | (35.98) |

### Nerena van Vuuren

|       |         |         |
|-------|---------|---------|
| 200m  | 22.32   | (22.32) |
| 600m  | 58.74   | (36.42) |
| 1000m | 1:38.31 | (39.57) |

|    |    | Naam               | Cat | PR      | Tijd           | Info |
|----|----|--------------------|-----|---------|----------------|------|
| 36 | gl | 44 Mariska van Zon | DSA | 1:34.45 | <b>1:34.46</b> |      |
|    | bl | 35 Famke Hogenboom | DN1 | 1:35.05 | <b>1:42.11</b> |      |

### Mariska van Zon

|       |         |         |
|-------|---------|---------|
| 200m  | 21.64   | (21.64) |
| 600m  | 56.67   | (35.03) |
| 1000m | 1:34.46 | (37.79) |

### Famke Hogenboom

|       |         |         |
|-------|---------|---------|
| 200m  | 23.39   | (23.39) |
| 600m  | 1:01.34 | (37.95) |
| 1000m | 1:42.11 | (40.77) |

## 7. Uitslag Heren (Neo)Senioren 1000 meter

| Pos | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 17 <b>Hidde Bart</b>           | HSA | 39   | I    | <b>1:20.40</b> |      |        |
| 2   | 48 <b>Tijn van Til</b>         | HN3 | 44   | I    | <b>1:22.10</b> |      |        |
| 3   | 57 <b>Hugo de Jonge</b>        | HN2 | 40   | O    | <b>1:22.67</b> |      |        |
| 4   | 2 <b>Joppe Kleiweg</b>         | HSA | 41   | I    | <b>1:22.86</b> | PR   |        |
| 5   | 29 <b>Berto Anker</b>          | HN1 | 43   | I    | <b>1:23.82</b> |      |        |
| 6   | 31 <b>Thomas van Herk</b>      | HN4 | 43   | O    | <b>1:24.12</b> |      |        |
| 7   | 38 <b>Sven Pera</b>            | HN1 | 37   | I    | <b>1:24.81</b> | PR   |        |
| 8   | 5 <b>Remco Boere</b>           | HSA | 39   | O    | <b>1:25.76</b> |      |        |
| 9   | 47 <b>Guus Gelderblom</b>      | HN1 | 44   | O    | <b>1:25.79</b> |      |        |
| 10  | 34 <b>Alexander Doornekamp</b> | HSA | 41   | O    | <b>1:27.65</b> |      |        |
| 11  | 40 <b>Erben van der Lans</b>   | HN4 | 42   | I    | <b>1:30.97</b> |      |        |
| 12  | 54 <b>Thijs Heezen</b>         | HN4 | 42   | O    | <b>1:32.76</b> |      |        |
| 13  | 55 <b>Jarno Middendorp</b>     | HN2 | 37   | O    | <b>1:37.00</b> | PR   |        |

## 7. Rituitslag Heren (Neo)Senioren 1000 meter

|    |    | Naam                       | Cat | PR      | Tijd           | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 37 | wt | 38 <b>Sven Pera</b>        | HN1 | 1:25.49 | <b>1:24.81</b> | PR   |
|    | rd | 55 <b>Jarno Middendorp</b> | HN2 | 1:39.65 | <b>1:37.00</b> | PR   |

### Sven Pera

|       |         |         |
|-------|---------|---------|
| 200m  | 19.41   | (19.41) |
| 600m  | 50.96   | (31.55) |
| 1000m | 1:24.81 | (33.85) |

### Jarno Middendorp

|       |         |         |
|-------|---------|---------|
| 200m  | 22.53   | (22.53) |
| 600m  | 59.02   | (36.49) |
| 1000m | 1:37.00 | (37.98) |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 38 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |
|    |    | m    |     |    |      |      |
|    |    | m    |     |    |      |      |

|    |    | Naam                 | Cat     | PR      | Tijd           | Info |
|----|----|----------------------|---------|---------|----------------|------|
| 39 | wt | 17 <b>Hidde Bart</b> | HSA     | 1:17.56 | <b>1:20.40</b> |      |
|    | rd | 5 <b>Remco Boere</b> | HSA     | 1:21.76 | <b>1:25.76</b> |      |
|    |    | <b>Hidde Bart</b>    |         |         |                |      |
|    |    | 200m                 | 18.73   | (18.73) |                |      |
|    |    | 600m                 | 48.46   | (29.73) |                |      |
|    |    | 1000m                | 1:20.40 | (31.94) |                |      |
|    |    | <b>Remco Boere</b>   |         |         |                |      |
|    |    | 200m                 | 19.60   | (19.60) |                |      |
|    |    | 600m                 | 51.24   | (31.64) |                |      |
|    |    | 1000m                | 1:25.76 | (34.52) |                |      |

|    |    | Naam                    | Cat     | PR      | Tijd           | Info |
|----|----|-------------------------|---------|---------|----------------|------|
| 40 | gl |                         |         |         |                |      |
|    | bl | 57 <b>Hugo de Jonge</b> | HN2     | 1:22.63 | <b>1:22.67</b> |      |
|    |    | m                       |         |         |                |      |
|    |    | <b>Hugo de Jonge</b>    |         |         |                |      |
|    |    | 200m                    | 19.92   | (19.92) |                |      |
|    |    | 600m                    | 50.22   | (30.30) |                |      |
|    |    | 1000m                   | 1:22.67 | (32.45) |                |      |

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|    |    | Naam |                             | Cat     |         | PR    |                             | Tijd    | Info              |  |
|----|----|------|-----------------------------|---------|---------|-------|-----------------------------|---------|-------------------|--|
| 41 | wt | 2    | <b>Joppe Kleiweg</b>        |         | HSA     |       |                             | 1:23.30 | <b>1:22.86</b> PR |  |
|    | rd | 34   | <b>Alexander Doornekamp</b> |         | HSA     |       |                             | 1:22.84 | <b>1:27.65</b>    |  |
|    |    |      | <b>Joppe Kleiweg</b>        |         |         |       | <b>Alexander Doornekamp</b> |         |                   |  |
|    |    |      | 200m                        | 19.33   | (19.33) | 200m  |                             |         | 19.78 (19.78)     |  |
|    |    |      | 600m                        | 50.17   | (30.84) | 600m  |                             |         | 52.89 (33.11)     |  |
|    |    |      | 1000m                       | 1:22.86 | (32.69) | 1000m |                             |         | 1:27.65 (34.76)   |  |

|    |    | Naam |                           | Cat     |         | PR    |                     | Tijd    | Info            |  |
|----|----|------|---------------------------|---------|---------|-------|---------------------|---------|-----------------|--|
| 42 | gl | 40   | <b>Erben van der Lans</b> |         | HN4     |       |                     | 1:22.79 | <b>1:30.97</b>  |  |
|    | bl | 54   | <b>Thijs Heezen</b>       |         | HN4     |       |                     | 1:28.49 | <b>1:32.76</b>  |  |
|    |    |      | <b>Erben van der Lans</b> |         |         |       | <b>Thijs Heezen</b> |         |                 |  |
|    |    |      | 200m                      | 20.53   | (20.53) | 200m  |                     |         | 21.48 (21.48)   |  |
|    |    |      | 600m                      | 54.02   | (33.49) | 600m  |                     |         | 55.87 (34.39)   |  |
|    |    |      | 1000m                     | 1:30.97 | (36.95) | 1000m |                     |         | 1:32.76 (36.89) |  |

|    |    | Naam |                        | Cat     |         | PR    |                        | Tijd    | Info            |  |
|----|----|------|------------------------|---------|---------|-------|------------------------|---------|-----------------|--|
| 43 | wt | 29   | <b>Berto Anker</b>     |         | HN1     |       |                        | 1:19.74 | <b>1:23.82</b>  |  |
|    | rd | 31   | <b>Thomas van Herk</b> |         | HN4     |       |                        | 1:23.01 | <b>1:24.12</b>  |  |
|    |    |      | <b>Berto Anker</b>     |         |         |       | <b>Thomas van Herk</b> |         |                 |  |
|    |    |      | 200m                   | 19.58   | (19.58) | 200m  |                        |         | 19.20 (19.20)   |  |
|    |    |      | 600m                   | 50.94   | (31.36) | 600m  |                        |         | 50.58 (31.38)   |  |
|    |    |      | 1000m                  | 1:23.82 | (32.88) | 1000m |                        |         | 1:24.12 (33.54) |  |

|    |    | Naam |                        | Cat     |         | PR    |                        | Tijd    | Info            |  |
|----|----|------|------------------------|---------|---------|-------|------------------------|---------|-----------------|--|
| 44 | gl | 48   | <b>Tijn van Til</b>    |         | HN3     |       |                        | 1:20.94 | <b>1:22.10</b>  |  |
|    | bl | 47   | <b>Guus Gelderblom</b> |         | HN1     |       |                        | 1:24.74 | <b>1:25.79</b>  |  |
|    |    |      | <b>Tijn van Til</b>    |         |         |       | <b>Guus Gelderblom</b> |         |                 |  |
|    |    |      | 200m                   | 19.10   | (19.10) | 200m  |                        |         | 20.28 (20.28)   |  |
|    |    |      | 600m                   | 49.54   | (30.44) | 600m  |                        |         | 52.18 (31.90)   |  |
|    |    |      | 1000m                  | 1:22.10 | (32.56) | 1000m |                        |         | 1:25.79 (33.61) |  |

## 8. Uitslag Heren Masters 1000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 11 Bart Groot        | H55 | 49   | I    | 1:28.66 |      |        |
| 2   | 28 Richard Heikoop   | H55 | 47   | I    | 1:35.62 |      |        |
| 3   | 10 Jan Terpstra      | H55 | 49   | O    | 1:36.39 |      |        |
| 4   | 13 Lex van Tol       | H65 | 50   | I    | 1:37.19 |      |        |
| 5   | 33 Jan Floor         | H45 | 50   | O    | 1:37.33 | PR   |        |
| 6   | 41 Marien Harkes     | H60 | 47   | O    | 1:38.23 |      |        |
| 7   | 15 Co Oudshoorn      | H70 | 48   | O    | 1:43.19 |      |        |
| 8   | 43 Edwin van Leeuwen | H40 | 45   | I    | 1:52.21 |      |        |
|     | 53 Jaap Wijnia       | H55 | 48   | I    | DNS     |      |        |

## 8. Rituitslag Heren Masters 1000 meter

|    |          | Naam                        | Cat | PR      | Tijd           | Info |
|----|----------|-----------------------------|-----|---------|----------------|------|
| 45 | wt<br>rd | 43 <b>Edwin van Leeuwen</b> | H40 | 1:46.97 | <b>1:52.21</b> |      |

### Edwin van Leeuwen

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 26.38   | (26.38) | m |
| 600m  | 1:09.26 | (42.88) |   |
| 1000m | 1:52.21 | (42.95) |   |

|    |          | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 46 | gl<br>bl |      |     |    |      |      |

m m

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 47 | wt | 28 <b>Richard Heikoop</b> | H55 | 1:29.16 | <b>1:35.62</b> |      |
|    | rd | 41 <b>Marien Harkes</b>   | H60 | 1:27.80 | <b>1:38.23</b> |      |

### Richard Heikoop

|       |         |         |
|-------|---------|---------|
| 200m  | 22.91   | (22.91) |
| 600m  | 58.21   | (35.30) |
| 1000m | 1:35.62 | (37.41) |

### Marien Harkes

|       |         |         |
|-------|---------|---------|
| 200m  | 23.02   | (23.02) |
| 600m  | 59.96   | (36.94) |
| 1000m | 1:38.23 | (38.27) |

|    |    | Naam                   | Cat | PR      | Tijd           | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 48 | gl | 53 <b>Jaap Wijnia</b>  | H55 | 1:42.54 | <b>DNS</b>     |      |
|    | bl | 15 <b>Co Oudshoorn</b> | H70 | 1:29.34 | <b>1:43.19</b> |      |

### Jaap Wijnia

### Co Oudshoorn

|       |         |         |
|-------|---------|---------|
| 200m  | 24.26   | (24.26) |
| 600m  | 1:02.23 | (37.97) |
| 1000m | 1:43.19 | (40.96) |

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|    |    | Naam                   |         | Cat     |                     | PR      | Tijd           | Info |
|----|----|------------------------|---------|---------|---------------------|---------|----------------|------|
| 49 | wt | 11 <b>Bart Groot</b>   |         | H55     |                     | 1:25.28 | <b>1:28.66</b> |      |
|    | rd | 10 <b>Jan Terpstra</b> |         | H55     |                     | 1:29.88 | <b>1:36.39</b> |      |
|    |    | <b>Bart Groot</b>      |         |         | <b>Jan Terpstra</b> |         |                |      |
|    |    | 200m                   | 21.08   | (21.08) | 200m                | 22.46   | (22.46)        |      |
|    |    | 600m                   | 54.48   | (33.40) | 600m                | 58.59   | (36.13)        |      |
|    |    | 1000m                  | 1:28.66 | (34.18) | 1000m               | 1:36.39 | (37.80)        |      |

|    |    | Naam                  |         | Cat     |                  | PR      | Tijd           | Info |
|----|----|-----------------------|---------|---------|------------------|---------|----------------|------|
| 50 | gl | 13 <b>Lex van Tol</b> |         | H65     |                  | 1:35.61 | <b>1:37.19</b> |      |
|    | bl | 33 <b>Jan Floor</b>   |         | H45     |                  | 1:40.45 | <b>1:37.33</b> | PR   |
|    |    | <b>Lex van Tol</b>    |         |         | <b>Jan Floor</b> |         |                |      |
|    |    | 200m                  | 22.98   | (22.98) | 200m             | 22.90   | (22.90)        |      |
|    |    | 600m                  | 58.92   | (35.94) | 600m             | 58.79   | (35.89)        |      |
|    |    | 1000m                 | 1:37.19 | (38.27) | 1000m            | 1:37.33 | (38.54)        |      |

## 9. Uitslag Gastrijders 1000 meter

| Pos | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 59 <b>Jordy Krap</b>           | HSA | 54   | O    | <b>1:29.13</b> | PR   |        |
| 2   | 56 <b>Rutger Kock</b>          | H50 | 53   | I    | <b>1:32.11</b> |      |        |
| 3   | 51 <b>Sybe Weening</b>         | HN4 | 53   | O    | <b>1:34.50</b> |      |        |
| 4   | 42 <b>Tim de Bruijn</b>        | H40 | 54   | I    | <b>1:34.61</b> |      |        |
| 5   | 49 <b>Lies Keijser</b>         | DSA | 51   | I    | <b>1:45.69</b> | HT   |        |
| 6   | 45 <b>Marianne de Neeling</b>  | D65 | 51   | O    | <b>1:47.74</b> | HT   |        |
| 7   | 52 <b>Peter Verburg</b>        | HPB | 52   | O    | <b>1:55.09</b> | HT   |        |
| 8   | 46 <b>Quinten Uppelschoten</b> | HN2 | 52   | I    | <b>1:55.50</b> | HT   |        |



## 9. Rituitslag Gastrijders 1000 meter

|    |    | Naam |                            | Cat     |          | PR      | Tijd                       | Info     |
|----|----|------|----------------------------|---------|----------|---------|----------------------------|----------|
| 51 | wt | 49   | <b>Lies Keijser</b>        |         | DSA      |         | <b>1:45.69</b>             | HT       |
|    | rd | 45   | <b>Marianne de Neeling</b> |         | D65      | 1:32.28 | <b>1:47.74</b>             | HT       |
|    |    |      | <u>Lies Keijser</u>        |         |          |         | <u>Marianne de Neeling</u> |          |
|    |    |      | 200m                       | 1:45.69 | (105.69) | 200m    | 1:47.74                    | (107.74) |

|    |    | Naam |                             | Cat     |          | PR      | Tijd                 | Info     |
|----|----|------|-----------------------------|---------|----------|---------|----------------------|----------|
| 52 | gl | 46   | <b>Quinten Uppelschoten</b> |         | HN2      |         | <b>1:55.50</b>       | HT       |
|    | bl | 52   | <b>Peter Verburg</b>        |         | HPB      | 1:50.21 | <b>1:55.09</b>       | HT       |
|    |    |      | <u>Quinten Uppelschoten</u> |         |          |         | <u>Peter Verburg</u> |          |
|    |    |      | 200m                        | 1:55.50 | (115.50) | 200m    | 1:55.09              | (115.09) |

|    |    | Naam |                     | Cat     |         | PR    | Tijd                | Info    |
|----|----|------|---------------------|---------|---------|-------|---------------------|---------|
| 53 | wt | 56   | <b>Rutger Kock</b>  |         | H50     |       | <b>1:32.11</b>      |         |
|    | rd | 51   | <b>Sybe Weening</b> |         | HN4     |       | <b>1:34.50</b>      |         |
|    |    |      | <u>Rutger Kock</u>  |         |         |       | <u>Sybe Weening</u> |         |
|    |    |      | 200m                | 22.02   | (22.02) | 200m  | 20.72               | (20.72) |
|    |    |      | 600m                | 56.31   | (34.29) | 600m  | 55.50               | (34.78) |
|    |    |      | 1000m               | 1:32.11 | (35.80) | 1000m | 1:34.50             | (39.00) |

|    |    | Naam |                      | Cat     |         | PR      | Tijd              | Info    |
|----|----|------|----------------------|---------|---------|---------|-------------------|---------|
| 54 | gl | 42   | <b>Tim de Bruijn</b> |         | H40     |         | <b>1:34.61</b>    |         |
|    | bl | 59   | <b>Jordy Krap</b>    |         | HSA     | 1:29.66 | <b>1:29.13</b>    | PR      |
|    |    |      | <u>Tim de Bruijn</u> |         |         |         | <u>Jordy Krap</u> |         |
|    |    |      | 200m                 | 20.92   | (20.92) | 200m    | 21.54             | (21.54) |
|    |    |      | 600m                 | 55.60   | (34.68) | 600m    | 54.67             | (33.13) |
|    |    |      | 1000m                | 1:34.61 | (39.01) | 1000m   | 1:29.13           | (34.46) |