

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 1. Result Pupillen 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	57 <b>Tygo Blom</b>	HPA	1	I	<b>47.82</b>	
2	67 <b>Jannik Ris</b>	HPA	1	O	<b>52.64</b>	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 1. Race Result Pupillen 500 meter

		Name		Cat		PB	Time	Info
1	wt	57	<b>Tygo Blom</b>		HPA	46.18	<b>47.82</b>	
	rd	67	<b>Jannik Ris</b>		HPA	51.88	<b>52.64</b>	
		<b>Tygo Blom</b>			<b>Jannik Ris</b>			
		100m	12.65	(12.65)	100m	13.44	(13.44)	
		500m	47.82	(35.17)	500m	52.64	(39.20)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 2. Result Junioren niet licentie houders 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	46 Stefan Brussee	HA1	8	I	43.26	PB	
2	47 Nick Schouten	HB2	5	O	44.96		
3	34 Jack van der Geest	HB1	4	O	48.61		
4	51 Daan d'Engelbronner	HB1	5	I	49.17		
5	43 Carmen Westerhoven	DB2	2	I	52.49		
6	49 Luuk Schouten	HC2	4	I	54.28		
7	32 Mette van der Heijden	DC2	9	O	55.07	PB	
8	69 Sem Hilgersom	HC2	9	I	55.34	PB	
9	44 Nikita Westerhoven	DC1	7	O	57.75	PB	
10	31 Lyn van Hameren	DC1	8	O	57.76	PB	
11	35 Janna Harting	HC2	2	O	59.57		
12	33 Noor van Dongen	DC1	6	I	1:01.35		
13	36 Rens Ebbink	HC2	6	O	1:06.97	FL	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 2. Race Result Junioren niet licentie houders 500 meter

		Name		Cat		PB		Time	Info
2	wt	43	<b>Carmen Westerhoven</b>		DB2			<b>52.49</b>	
	rd	35	<b>Janna Harting</b>		HC2			<b>59.57</b>	
		<b>Carmen Westerhoven</b>			<b>Janna Harting</b>				
		100m	13.60	(13.60)	100m	14.69	(14.69)		
		500m	52.49	(38.89)	500m	59.57	(44.88)		

		Name		Cat		PB		Time	Info
3	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
4	wt	49	<b>Luuk Schouten</b>		HC2			<b>54.28</b>	
	rd	34	<b>Jack van der Geest</b>		HB1			<b>48.61</b>	
		<b>Luuk Schouten</b>			<b>Jack van der Geest</b>				
		100m	13.30	(13.30)	100m	12.16	(12.16)		
		500m	54.28	(40.98)	500m	48.61	(36.45)		

		Name		Cat		PB		Time	Info
5	yw	51	<b>Daan d"Engelbronner</b>		HB1			<b>49.17</b>	
	bl	47	<b>Nick Schouten</b>		HB2			<b>44.96</b>	
		<b>Daan d"Engelbronner</b>			<b>Nick Schouten</b>				
		100m	12.42	(12.42)	100m	11.75	(11.75)		
		500m	49.17	(36.75)	500m	44.96	(33.21)		

		Name		Cat		PB		Time	Info
6	wt	33	<b>Noor van Dongen</b>		DC1			<b>1:01.35</b>	
	rd	36	<b>Rens Ebbink</b>		HC2			<b>1:06.97</b>	FL
		<b>Noor van Dongen</b>			<b>Rens Ebbink</b>				
		100m	14.12	(14.12)	100m	13.59	(13.59)		
		500m	1:01.35	(47.23)	500m	1:06.97	(53.38)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

		Name		Cat		PB		Time	Info
7	yw								
	bl	44	<b>Nikita Westerhoven</b>		DC1		1:09.15	<b>57.75</b>	PB
						<b>Nikita Westerhoven</b>			
			m			100m	14.11	(14.11)	
						500m	57.75	(43.64)	
<hr/>									
		Name		Cat		PB		Time	Info
8	wt	46	<b>Stefan Brussee</b>		HA1		47.69	<b>43.26</b>	PB
	rd	31	<b>Lyn van Hameren</b>		DC1		1:01.39	<b>57.76</b>	PB
						<b>Stefan Brussee</b>			
			100m			11.29	(11.29)		
			500m			43.26	(31.97)		
						<b>Lyn van Hameren</b>			
			100m			13.74	(13.74)		
			500m			57.76	(44.02)		
<hr/>									
		Name		Cat		PB		Time	Info
9	yw	69	<b>Sem Hilgersom</b>		HC2		56.55	<b>55.34</b>	PB
	bl	32	<b>Mette van der Heijden</b>		DC2		56.91	<b>55.07</b>	PB
						<b>Sem Hilgersom</b>			
			100m			13.97	(13.97)		
			500m			55.34	(41.37)		
						<b>Mette van der Heijden</b>			
			100m			13.34	(13.34)		
			500m			55.07	(41.73)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 3. Result Junior C Meisjes 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	59 Stefanie Koot	DC2	13	O	46.50	
2	4 Lara Castro Nortier	DC1	12	O	47.40 PB	
3	70 Anne Spruijt	DC2	13	I	48.18	
4	40 Bo Hoogvorst	DC1	12	I	48.36	
5	41 Ilse Veuger	DC1	10	I	51.13	
6	1 Imke van Dongen	DC1	11	I	54.56	
7	3 Danique Verhoeve	DC1	11	O	55.84	
8	2 Claire Vermeulen	DC2	10	O	57.41	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 3. Race Result Junior C Meisjes 500 meter

		Name		Cat		PB		Time	Info
10	wt	41	<b>Ilse Veuger</b>		DC1		50.27	<b>51.13</b>	
	rd	2	<b>Claire Vermeulen</b>		DC2		56.92	<b>57.41</b>	
		<b>Ilse Veuger</b>			<b>Claire Vermeulen</b>				
		100m	13.07	(13.07)	100m	14.50	(14.50)		
		500m	51.13	(38.06)	500m	57.41	(42.91)		

		Name		Cat		PB		Time	Info
11	yw	1	<b>Imke van Dongen</b>		DC1		53.53	<b>54.56</b>	
	bl	3	<b>Danique Verhoeve</b>		DC1		53.23	<b>55.84</b>	
		<b>Imke van Dongen</b>			<b>Danique Verhoeve</b>				
		100m	13.54	(13.54)	100m	13.45	(13.45)		
		500m	54.56	(41.02)	500m	55.84	(42.39)		

		Name		Cat		PB		Time	Info
12	wt	40	<b>Bo Hoogvorst</b>		DC1		45.82	<b>48.36</b>	
	rd	4	<b>Lara Castro Nortier</b>		DC1		47.58	<b>47.40</b>	PB
		<b>Bo Hoogvorst</b>			<b>Lara Castro Nortier</b>				
		100m	12.99	(12.99)	100m	12.40	(12.40)		
		500m	48.36	(35.37)	500m	47.40	(35.00)		

		Name		Cat		PB		Time	Info
13	yw	70	<b>Anne Spruijt</b>		DC2		46.98	<b>48.18</b>	
	bl	59	<b>Stefanie Koot</b>		DC2		45.73	<b>46.50</b>	
		<b>Anne Spruijt</b>			<b>Stefanie Koot</b>				
		100m	13.10	(13.10)	100m	12.58	(12.58)		
		500m	48.18	(35.08)	500m	46.50	(33.92)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 4. Result Junior C Jongens 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	38 Jim Hartveld	HC2	18	O	43.77		
2	68 Tom de Louwere	HC1	19	O	45.13	PB	
3	9 Lars van Klink	HC2	19	I	46.39	PB	
4	10 Sven Kompier	HC1	17	O	47.13		
5	65 Max Barends	HC1	17	I	47.51	PB	
6	17 Mees Blaauw	HC1	16	I	47.83		
7	14 Joep van Leeuwen	HC1	18	I	48.67		
8	12 Dorian Hogan	HC1	14	I	49.08	PB	
9	13 Boaz de Gast	HC1	16	O	50.10		
10	16 Luuk van Leeuwen	HC1	14	O	51.98	PB	
11	15 Stijn van Leeuwen	HC1	15	I	52.59		
12	11 Daan van Veen	HC1	15	O	55.35	PB	



# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 4. Race Result Junior C Jongens 500 meter

		Name		Cat		PB		Time	Info
14	wt	12	<b>Dorian Hogan</b>		HC1	49.63		<b>49.08</b>	PB
	rd	16	<b>Luuk van Leeuwen</b>		HC1	52.16		<b>51.98</b>	PB
		<b>Dorian Hogan</b>			<b>Luuk van Leeuwen</b>				
		100m	12.62	(12.62)	100m	13.31	(13.31)		
		500m	49.08	(36.46)	500m	51.98	(38.67)		

		Name		Cat		PB		Time	Info
15	yw	15	<b>Stijn van Leeuwen</b>		HC1	51.63		<b>52.59</b>	
	bl	11	<b>Daan van Veen</b>		HC1	59.49		<b>55.35</b>	PB
		<b>Stijn van Leeuwen</b>			<b>Daan van Veen</b>				
		100m	13.23	(13.23)	100m	13.75	(13.75)		
		500m	52.59	(39.36)	500m	55.35	(41.60)		

		Name		Cat		PB		Time	Info
16	wt	17	<b>Mees Blaauw</b>		HC1	47.51		<b>47.83</b>	
	rd	13	<b>Boaz de Gast</b>		HC1	48.31		<b>50.10</b>	
		<b>Mees Blaauw</b>			<b>Boaz de Gast</b>				
		100m	12.50	(12.50)	100m	13.04	(13.04)		
		500m	47.83	(35.33)	500m	50.10	(37.06)		

		Name		Cat		PB		Time	Info
17	yw	65	<b>Max Barends</b>		HC1	48.44		<b>47.51</b>	PB
	bl	10	<b>Sven Kompier</b>		HC1	47.12		<b>47.13</b>	
		<b>Max Barends</b>			<b>Sven Kompier</b>				
		100m	12.50	(12.50)	100m	12.54	(12.54)		
		500m	47.51	(35.01)	500m	47.13	(34.59)		

		Name		Cat		PB		Time	Info
18	wt	14	<b>Joep van Leeuwen</b>		HC1	47.01		<b>48.67</b>	
	rd	38	<b>Jim Hartveld</b>		HC2	41.66		<b>43.77</b>	
		<b>Joep van Leeuwen</b>			<b>Jim Hartveld</b>				
		100m	12.46	(12.46)	100m	11.80	(11.80)		
		500m	48.67	(36.21)	500m	43.77	(31.97)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

		Name		Cat		PB		Time	Info
19	yw	9	Lars van Klink		HC2		46.84	<b>46.39</b>	PB
	bl	68	Tom de Louwere		HC1		45.78	<b>45.13</b>	PB
		Lars van Klink			Tom de Louwere				
		100m	12.27	(12.27)	100m	12.17	(12.17)		
		500m	46.39	(34.12)	500m	45.13	(32.96)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 5. Result Junior B Dames 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	6 Vera van der Leden	DB1	20	I	48.62	PB	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 5. Race Result Junior B Dames 500 meter

	Name	Cat	PB	Time	Info
20	wt rd	6 Vera van der Leden	DB1	49.23	<b>48.62</b> PB
	<b>Vera van der Leden</b>				
	100m	12.81	(12.81)		m
	500m	48.62	(35.81)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 6. Result Junior B Heren 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	24 Tygo Kompier	HB2	25	O	40.48		
2	26 Maarten Pennings	HB2	26	I	43.20		
3	28 Aidan Verhoeve	HB1	26	O	43.69		
4	19 Rick Loos	HB1	25	I	45.21		
5	20 Tom Loos	HB1	24	I	46.12		
6	62 Kyenno Fredrikze	HB1	24	O	46.16		
7	18 Job van Dongen	HB1	22	O	46.50		
8	23 Jurre van Kleef	HB2	22	I	46.91	PB	
9	27 Niels Pennings	HB1	23	I	47.12		
10	21 Ravi de Jong	HB2	21	I	48.93		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 6. Race Result Junior B Heren 500 meter

		Name		Cat		PB		Time	Info
21	wt rd	21	<b>Ravi de Jong</b>		HB2		47.81	<b>48.93</b>	
			<b>Ravi de Jong</b>						
			100m				13.11	(13.11)	m
			500m				48.93	(35.82)	

		Name		Cat		PB		Time	Info
22	yw bl	23	<b>Jurre van Kleef</b>		HB2		49.32	<b>46.91</b>	PB
		18	<b>Job van Dongen</b>		HB1		46.31	<b>46.50</b>	
			<b>Jurre van Kleef</b>						
			100m				12.49	(12.49)	
			500m				46.91	(34.42)	
			<b>Job van Dongen</b>						
			100m				11.74	(11.74)	
			500m				46.50	(34.76)	

		Name		Cat		PB		Time	Info
23	wt rd	27	<b>Niels Pennings</b>		HB1		45.69	<b>47.12</b>	
			<b>Niels Pennings</b>						
			100m				12.56	(12.56)	m
			500m				47.12	(34.56)	

		Name		Cat		PB		Time	Info
24	yw bl	20	<b>Tom Loos</b>		HB1		45.05	<b>46.12</b>	
		62	<b>Kyenno Fredrikze</b>		HB1		45.76	<b>46.16</b>	
			<b>Tom Loos</b>						
			100m				12.34	(12.34)	
			500m				46.12	(33.78)	
			<b>Kyenno Fredrikze</b>						
			100m				12.08	(12.08)	
			500m				46.16	(34.08)	

		Name		Cat		PB		Time	Info
25	wt rd	19	<b>Rick Loos</b>		HB1		43.88	<b>45.21</b>	
		24	<b>Tygo Kompier</b>		HB2		38.29	<b>40.48</b>	
			<b>Rick Loos</b>						
			100m				12.14	(12.14)	
			500m				45.21	(33.07)	
			<b>Tygo Kompier</b>						
			100m				11.06	(11.06)	
			500m				40.48	(29.42)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

		Name		Cat		PB		Time	Info
26	yw	26	<b>Maarten Pennings</b>		HB2		42.13	<b>43.20</b>	
	bl	28	<b>Aidan Verhoeve</b>		HB1		42.01	<b>43.69</b>	
		<b>Maarten Pennings</b>				<b>Aidan Verhoeve</b>			
		100m	11.70	(11.70)		100m	11.56	(11.56)	
		500m	43.20	(31.50)		500m	43.69	(32.13)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

---

## 7. Result Junior A Dames 500 meter

---

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	71 Guusje van Santen	DA1	27	O	<b>47.17</b>	
2	7 Famke Hogenboom	DA1	27	I	<b>47.78</b>	



# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 7. Race Result Junior A Dames 500 meter

		Name	Cat	PB	Time	Info
27	wt	7 <b>Famke Hogenboom</b>	DA1	47.48	<b>47.78</b>	
	rd	71 <b>Guusje van Santen</b>	DA1	44.47	<b>47.17</b>	
		<b>Famke Hogenboom</b>				
		100m	12.47	(12.47)		
		500m	47.78	(35.31)		
		<b>Guusje van Santen</b>				
		100m	12.78	(12.78)		
		500m	47.17	(34.39)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 8. Result Junior A Heren 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	42 <b>Wessel de Haas</b>	HA2	28	I	<b>40.71</b>	
2	30 <b>Kees de Ruijter</b>	HA1	29	I	<b>40.75</b>	
3	29 <b>Thijs van Bostelen</b>	HA1	29	O	<b>40.91</b>	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 8. Race Result Junior A Heren 500 meter

		Name		Cat		PB		Time	Info
28	wt rd	42	<b>Wessel de Haas</b>		HA2		39.99	<b>40.71</b>	
			<b>Wessel de Haas</b>						
			100m	11.10	(11.10)				m
			500m	40.71	(29.61)				
		Name		Cat		PB		Time	Info
29	yw	30	<b>Kees de Ruijter</b>		HA1		39.59	<b>40.75</b>	
	bl	29	<b>Thijs van Bostelen</b>		HA1		39.41	<b>40.91</b>	
			<b>Kees de Ruijter</b>						
			100m	11.03	(11.03)				
			500m	40.75	(29.72)				
			<b>Thijs van Bostelen</b>						
			100m	11.26	(11.26)				
			500m	40.91	(29.65)				

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 9. Result Pupillen 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	57 <b>Tygo Blom</b>	HPA	30	O	<b>1:40.34</b>	
2	67 <b>Jannik Ris</b>	HPA	30	I	<b>1:45.98</b> PB	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 9. Race Result Pupillen 1000 meter

		Name		Cat		PB	Time	Info
30	wt	67	<b>Jannik Ris</b>		HPA	1:46.86	<b>1:45.98</b>	PB
	rd	57	<b>Tygo Blom</b>		HPA	1:37.91	<b>1:40.34</b>	
		<b>Jannik Ris</b>			<b>Tygo Blom</b>			
		200m	22.74	(22.74)	200m	22.35	(22.35)	
		600m	1:01.69	(38.95)	600m	1:00.14	(37.79)	
		1000m	1:45.98	(44.29)	1000m	1:40.34	(40.20)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 10. Result Junioren niet licentie houders 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	46 Stefan Brussee	HA1	38	I	1:30.90	PB	
2	47 Nick Schouten	HB2	33	O	1:34.98		
3	34 Jack van der Geest	HB1	33	I	1:40.02		
4	51 Daan d'Engelbronner	HB1	34	I	1:48.47		
5	43 Carmen Westerhoven	DB2	31	O	1:48.83		
6	69 Sem Hilgersom	HC2	37	O	1:50.40	PB	
7	36 Rens Ebbink	HC2	36	O	1:54.31		
8	49 Luuk Schouten	HC2	34	O	1:56.57		
9	32 Mette van der Heijden	DC2	38	O	1:57.69	PB	
10	33 Noor van Dongen	DC1	36	I	1:59.06		
11	31 Lyn van Hameren	DC1	37	I	2:00.95	PB	
12	44 Nikita Westerhoven	DC1	35	O	2:01.04		
13	35 Janna Harting	HC2	31	I	2:09.09		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 10. Race Result Junioren niet licentie houders 1000 meter

		Name	Cat	PB	Time	Info
31	wt	35 <b>Janna Harting</b>	HC2		<b>2:09.09</b>	
	rd	43 <b>Carmen Westerhoven</b>	DB2		<b>1:48.83</b>	

### Janna Harting

200m	27.54	(27.54)
600m	1:16.09	(48.55)
1000m	2:09.09	(53.00)

### Carmen Westerhoven

200m	24.89	(24.89)
600m	1:05.68	(40.79)
1000m	1:48.83	(43.15)

		Name	Cat	PB	Time	Info
32	yw					
	bl					

m

m

		Name	Cat	PB	Time	Info
33	wt	34 <b>Jack van der Geest</b>	HB1		<b>1:40.02</b>	
	rd	47 <b>Nick Schouten</b>	HB2		<b>1:34.98</b>	

### Jack van der Geest

200m	22.14	(22.14)
600m	59.61	(37.47)
1000m	1:40.02	(40.41)

### Nick Schouten

200m	21.43	(21.43)
600m	57.30	(35.87)
1000m	1:34.98	(37.68)

		Name	Cat	PB	Time	Info
34	yw	51 <b>Daan d"Engelbronner</b>	HB1		<b>1:48.47</b>	
	bl	49 <b>Luuk Schouten</b>	HC2		<b>1:56.57</b>	

### Daan d"Engelbronner

200m	22.80	(22.80)
600m	1:04.15	(41.35)
1000m	1:48.47	(44.32)

### Luuk Schouten

200m	24.78	(24.78)
600m	1:08.66	(43.88)
1000m	1:56.57	(47.91)

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

	Name	Cat	PB	Time	Info
35	wt				
	rd	44 <b>Nikita Westerhoven</b>	DC1		<b>2:01.04</b>
			<b>Nikita Westerhoven</b>		
	m		200m	26.50	(26.50)
			600m	1:13.06	(46.56)
			1000m	2:01.04	(47.98)
<hr/>					
	Name	Cat	PB	Time	Info
36	yw	33 <b>Noor van Dongen</b>	DC1		<b>1:59.06</b>
	bl	36 <b>Rens Ebbink</b>	HC2		<b>1:54.31</b>
			<b>Noor van Dongen</b>		
			200m	27.05	(27.05)
			600m	1:12.48	(45.43)
			1000m	1:59.06	(46.58)
			<b>Rens Ebbink</b>		
			200m	25.36	(25.36)
			600m	1:09.12	(43.76)
			1000m	1:54.31	(45.19)
<hr/>					
	Name	Cat	PB	Time	Info
37	wt	31 <b>Lyn van Hameren</b>	DC1	2:24.08	<b>2:00.95</b> PB
	rd	69 <b>Sem Hilgersom</b>	HC2	1:53.35	<b>1:50.40</b> PB
			<b>Lyn van Hameren</b>		
			200m	25.43	(25.43)
			600m	1:10.65	(45.22)
			1000m	2:00.95	(50.30)
			<b>Sem Hilgersom</b>		
			200m	24.71	(24.71)
			600m	1:06.49	(41.78)
			1000m	1:50.40	(43.91)
<hr/>					
	Name	Cat	PB	Time	Info
38	yw	46 <b>Stefan Brussee</b>	HA1	1:44.29	<b>1:30.90</b> PB
	bl	32 <b>Mette van der Heijden</b>	DC2	2:00.43	<b>1:57.69</b> PB
			<b>Stefan Brussee</b>		
			200m	20.20	(20.20)
			600m	54.22	(34.02)
			1000m	1:30.90	(36.68)
			<b>Mette van der Heijden</b>		
			200m	24.79	(24.79)
			600m	1:09.49	(44.70)
			1000m	1:57.69	(48.20)



# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 11. Result Junior C Meisjes 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	59 Stefanie Koot	DC2	41	I	1:33.16		
2	70 Anne Spruijt	DC2	42	O	1:38.02		
3	40 Bo Hoogvorst	DC1	41	O	1:38.48		
4	4 Lara Castro Nortier	DC1	42	I	1:38.83	PB	
5	41 Ilse Veuger	DC1	40	O	1:45.86	PB	
6	1 Imke van Dongen	DC1	40	I	1:52.51	PB	
7	3 Danique Verhoeve	DC1	39	O	1:53.50		
8	2 Claire Vermeulen	DC2	39	I	1:58.44	PB	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 11. Race Result Junior C Meisjes 1000 meter

		Name	Cat	PB	Time	Info
39	wt	2 <b>Claire Vermeulen</b>	DC2	2:00.17	<b>1:58.44</b>	PB
	rd	3 <b>Danique Verhoeve</b>	DC1	1:51.38	<b>1:53.50</b>	
		<b>Claire Vermeulen</b>		<b>Danique Verhoeve</b>		
		200m 25.56 (25.56)		200m 24.65 (24.65)		
		600m 1:09.76 (44.20)		600m 1:07.93 (43.28)		
		1000m 1:58.44 (48.68)		1000m 1:53.50 (45.57)		

		Name	Cat	PB	Time	Info
40	yw	1 <b>Imke van Dongen</b>	DC1	1:52.97	<b>1:52.51</b>	PB
	bl	41 <b>Ilse Veuger</b>	DC1	1:46.26	<b>1:45.86</b>	PB
		<b>Imke van Dongen</b>		<b>Ilse Veuger</b>		
		200m 24.41 (24.41)		200m 23.39 (23.39)		
		600m 1:06.58 (42.17)		600m 1:03.57 (40.18)		
		1000m 1:52.51 (45.93)		1000m 1:45.86 (42.29)		

		Name	Cat	PB	Time	Info
41	wt	59 <b>Stefanie Koot</b>	DC2	1:32.47	<b>1:33.16</b>	
	rd	40 <b>Bo Hoogvorst</b>	DC1	1:36.78	<b>1:38.48</b>	
		<b>Stefanie Koot</b>		<b>Bo Hoogvorst</b>		
		200m 21.30 (21.30)		200m 22.59 (22.59)		
		600m 56.00 (34.70)		600m 59.07 (36.48)		
		1000m 1:33.16 (37.16)		1000m 1:38.48 (39.41)		

		Name	Cat	PB	Time	Info
42	yw	4 <b>Lara Castro Nortier</b>	DC1	1:43.61	<b>1:38.83</b>	PB
	bl	70 <b>Anne Spruijt</b>	DC2	1:36.77	<b>1:38.02</b>	
		<b>Lara Castro Nortier</b>		<b>Anne Spruijt</b>		
		200m 21.87 (21.87)		200m 22.30 (22.30)		
		600m 59.23 (37.36)		600m 58.52 (36.22)		
		1000m 1:38.83 (39.60)		1000m 1:38.02 (39.50)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 12. Result Junior C Jongens 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	38 Jim Hartveld	HC2	47	I	<b>1:28.63</b>	
2	68 Tom de Louwere	HC1	47	O	<b>1:30.83</b> PB	
3	17 Mees Blaauw	HC1	46	O	<b>1:35.77</b> PB	
4	10 Sven Kompier	HC1	45	O	<b>1:36.57</b>	
5	9 Lars van Klink	HC2	48	I	<b>1:36.83</b>	
6	65 Max Barends	HC1	43	I	<b>1:39.14</b> PB	
7	12 Dorian Hogan	HC1	45	I	<b>1:40.52</b>	
8	13 Boaz de Gast	HC1	46	I	<b>1:40.68</b>	
9	14 Joep van Leeuwen	HC1	48	O	<b>1:40.94</b>	
10	16 Luuk van Leeuwen	HC1	44	I	<b>1:46.68</b>	
11	15 Stijn van Leeuwen	HC1	44	O	<b>1:47.48</b> MT	
	11 Daan van Veen	HC1	43	O	<b>DQ</b>	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 12. Race Result Junior C Jongens 1000 meter

		Name	Cat	PB	Time Info
43	wt	65 <b>Max Barends</b>	HC1	1:42.79	<b>1:39.14</b> PB
	rd	11 <b>Daan van Veen</b>	HC1		<b>DQ</b>
		<b>Max Barends</b>		<b>Daan van Veen</b>	
		200m 22.69 (22.69)		200m 25.75 (25.75)	
		600m 1:00.45 (37.76)		600m 1:09.51 (43.76)	
		1000m 1:39.14 (38.69)		1000m 2:05.90 (56.39)	

		Name	Cat	PB	Time Info
44	yw	16 <b>Luuk van Leeuwen</b>	HC1	1:47.97	<b>1:46.68</b>
	bl	15 <b>Stijn van Leeuwen</b>	HC1	1:46.99	<b>1:47.48</b> MT
		<b>Luuk van Leeuwen</b>		<b>Stijn van Leeuwen</b>	
		200m 23.25 (23.25)		200m 23.63 (23.63)	
		600m 1:02.95 (39.70)		600m 1:03.94 (40.31)	
		1000m 1:46.68 (43.73)		1000m 1:47.48 (43.54)	

		Name	Cat	PB	Time Info
45	wt	12 <b>Dorian Hogan</b>	HC1	1:39.88	<b>1:40.52</b>
	rd	10 <b>Sven Kompier</b>	HC1	1:36.50	<b>1:36.57</b>
		<b>Dorian Hogan</b>		<b>Sven Kompier</b>	
		200m 22.25 (22.25)		200m 22.06 (22.06)	
		600m 59.93 (37.68)		600m 58.09 (36.03)	
		1000m 1:40.52 (40.59)		1000m 1:36.57 (38.48)	

		Name	Cat	PB	Time Info
46	yw	13 <b>Boaz de Gast</b>	HC1	1:40.50	<b>1:40.68</b>
	bl	17 <b>Mees Blaauw</b>	HC1	1:40.56	<b>1:35.77</b> PB
		<b>Boaz de Gast</b>		<b>Mees Blaauw</b>	
		200m 22.34 (22.34)		200m 21.96 (21.96)	
		600m 1:00.13 (37.79)		600m 57.57 (35.61)	
		1000m 1:40.68 (40.55)		1000m 1:35.77 (38.20)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

		Name		Cat		PB	Time	Info
47	wt	38	<b>Jim Hartveld</b>		HC2		1:23.70	<b>1:28.63</b>
	rd	68	<b>Tom de Louwere</b>		HC1		1:30.86	<b>1:30.83</b> PB
		<b>Jim Hartveld</b>			<b>Tom de Louwere</b>			
		200m	20.72	(20.72)	200m	21.46	(21.46)	
		600m	54.47	(33.75)	600m	55.50	(34.04)	
		1000m	1:28.63	(34.16)	1000m	1:30.83	(35.33)	
<hr/>								
		Name		Cat		PB	Time	Info
48	yw	9	<b>Lars van Klink</b>		HC2		1:36.16	<b>1:36.83</b>
	bl	14	<b>Joep van Leeuwen</b>		HC1		1:36.52	<b>1:40.94</b>
		<b>Lars van Klink</b>			<b>Joep van Leeuwen</b>			
		200m	22.66	(22.66)	200m	22.79	(22.79)	
		600m	59.45	(36.79)	600m	1:00.61	(37.82)	
		1000m	1:36.83	(37.38)	1000m	1:40.94	(40.33)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

---

## 13. Result Junior B Dames 1500 meter

---

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	6 Vera van der Leden	DB1	49	I	2:42.54	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 13. Race Result Junior B Dames 1500 meter

	Name	Cat	PB	Time	Info
49	wt rd	6 Vera van der Leden	DB1	2:41.95	<b>2:42.54</b>
	<b>Vera van der Leden</b>				
	300m	31.90 (31.90)			m
	700m	1:11.81 (39.91)			
	1100m	1:56.58 (44.77)			
	1500m	2:42.54 (45.96)			

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 14. Result Junior B Heren 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	24 <b>Tygo Kompier</b>	HB2	54	I	<b>2:09.52</b>	
2	26 <b>Maarten Pennings</b>	HB2	55	O	<b>2:17.68</b>	
3	28 <b>Aidan Verhoeve</b>	HB1	54	O	<b>2:19.45</b>	
4	19 <b>Rick Loos</b>	HB1	55	I	<b>2:20.49</b>	
5	62 <b>Kyenno Fredrikze</b>	HB1	52	I	<b>2:24.59</b>	
6	20 <b>Tom Loos</b>	HB1	53	O	<b>2:26.73</b>	
7	27 <b>Niels Pennings</b>	HB1	53	I	<b>2:30.65</b>	
8	18 <b>Job van Dongen</b>	HB1	52	O	<b>2:31.08</b>	
9	23 <b>Jurre van Kleef</b>	HB2	51	I	<b>2:48.17</b>	
10	21 <b>Ravi de Jong</b>	HB2	50	I	<b>2:52.15</b>	



# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 14. Race Result Junior B Heren 1500 meter

		Name		Cat		PB		Time	Info
50	wt rd	21	<b>Ravi de Jong</b>		HB2	2:35.46		<b>2:52.15</b>	
			<b>Ravi de Jong</b>						
			300m	32.46	(32.46)		m		
			700m	1:12.07	(39.61)				
			1100m	2:08.16	(56.09)				
			1500m	2:52.15	(43.99)				
51	yw bl	23	<b>Jurre van Kleef</b>		HB2			<b>2:48.17</b>	
			<b>Jurre van Kleef</b>						
			300m	39.91	(39.91)		m		
			700m	1:20.01	(40.10)				
			1100m	2:03.29	(43.28)				
			1500m	2:48.17	(44.88)				
52	wt rd	62	<b>Kyenno Fredrikze</b>		HB1	2:19.93		<b>2:24.59</b>	
		18	<b>Job van Dongen</b>		HB1	2:26.84		<b>2:31.08</b>	
			<b>Kyenno Fredrikze</b>						
			300m	29.84	(29.84)				
			700m	1:06.25	(36.41)				
			1100m	1:45.21	(38.96)				
			1500m	2:24.59	(39.38)				
			<b>Job van Dongen</b>						
			300m	30.40	(30.40)				
			700m	1:08.68	(38.28)				
			1100m	1:49.22	(40.54)				
			1500m	2:31.08	(41.86)				
53	yw bl	27	<b>Niels Pennings</b>		HB1	2:21.67		<b>2:30.65</b>	
		20	<b>Tom Loos</b>		HB1	2:21.98		<b>2:26.73</b>	
			<b>Niels Pennings</b>						
			300m	29.99	(29.99)				
			700m	1:06.88	(36.89)				
			1100m	1:47.77	(40.89)				
			1500m	2:30.65	(42.88)				
			<b>Tom Loos</b>						
			300m	30.56	(30.56)				
			700m	1:06.69	(36.13)				
			1100m	1:46.23	(39.54)				
			1500m	2:26.73	(40.50)				

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

		Name		Cat		PB		Time	Info
54	wt	24	<b>Tygo Kompier</b>		HB2		1:55.26	<b>2:09.52</b>	
	rd	28	<b>Aidan Verhoeve</b>		HB1		2:11.82	<b>2:19.45</b>	
		<b>Tygo Kompier</b>			<b>Aidan Verhoeve</b>				
		300m	27.75	(27.75)	300m	28.46	(28.46)		
		700m	59.87	(32.12)	700m	1:04.03	(35.57)		
		1100m	1:34.18	(34.31)	1100m	1:41.83	(37.80)		
		1500m	2:09.52	(35.34)	1500m	2:19.45	(37.62)		
<hr/>									
		Name		Cat		PB		Time	Info
55	yw	19	<b>Rick Loos</b>		HB1		2:13.01	<b>2:20.49</b>	
	bl	26	<b>Maarten Pennings</b>		HB2		2:10.22	<b>2:17.68</b>	
		<b>Rick Loos</b>			<b>Maarten Pennings</b>				
		300m	30.00	(30.00)	300m	28.90	(28.90)		
		700m	1:05.72	(35.72)	700m	1:03.39	(34.49)		
		1100m	1:42.89	(37.17)	1100m	1:40.18	(36.79)		
		1500m	2:20.49	(37.60)	1500m	2:17.68	(37.50)		

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

---

## 15. Result Junior A Dames 1500 meter

---

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	71 <b>Guusje van Santen</b>	DA1	56	O	<b>2:25.90</b>	
2	7 <b>Famke Hogenboom</b>	DA1	56	I	<b>2:32.53</b>	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 15. Race Result Junior A Dames 1500 meter

	Name	Cat	PB	Time	Info
56	wt 7 <b>Famke Hogenboom</b>	DA1	2:28.42	<b>2:32.53</b>	
	rd 71 <b>Guusje van Santen</b>	DA1	2:20.27	<b>2:25.90</b>	
	<b>Famke Hogenboom</b>		<b>Guusje van Santen</b>		
	300m	31.86 (31.86)	300m	30.98 (30.98)	
	700m	1:09.98 (38.12)	700m	1:07.20 (36.22)	
	1100m	1:50.74 (40.76)	1100m	1:45.75 (38.55)	
	1500m	2:32.53 (41.79)	1500m	2:25.90 (40.15)	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 16. Result Junior A Heren 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Thijs van Bostelen	HA1	58	O	<b>2:04.98</b>	
2	30 Kees de Ruijter	HA1	57	I	<b>2:07.01</b>	
3	42 Wessel de Haas	HA2	58	I	<b>2:12.35</b>	

# District Sassenheim in Hoorn

De Uithof - Den Haag

12 March 2023

## 16. Race Result Junior A Heren 1500 meter

		Name	Cat	PB	Time Info
57	wt rd	30 <b>Kees de Ruijter</b>	HA1	1:59.97	<b>2:07.01</b>

### Kees de Ruijter

300m	27.03	(27.03)	m
700m	58.80	(31.77)	
1100m	1:32.19	(33.39)	
1500m	2:07.01	(34.82)	

		Name	Cat	PB	Time Info
58	yw	42 <b>Wessel de Haas</b>	HA2	2:04.80	<b>2:12.35</b>
	bl	29 <b>Thijs van Bostelen</b>	HA1	1:57.84	<b>2:04.98</b>

### Wessel de Haas

300m	27.18	(27.18)
700m	59.40	(32.22)
1100m	1:35.35	(35.95)
1500m	2:12.35	(37.00)

### Thijs van Bostelen

300m	26.63	(26.63)
700m	57.43	(30.80)
1100m	1:30.16	(32.73)
1500m	2:04.98	(34.82)