

1. Uitslag 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 49 Roos Bos | DPA | 37 | O | 29.14 | PR | |
| 2 | 3 Feline Scholten | DPA | 37 | I | 29.44 | PR | |
| 3 | 101 Liese van der Laan | DPA | 38 | I | 29.92 | PR | |
| 4 | 25 Wende Linnenbank | DPA | 38 | O | 30.10 | | |
| 5 | 16 Fenne Valentijn | DPA | 35 | I | 30.40 | PR | |
| 6 | 31 Philine Jansen | DPA | 33 | I | 30.96 | PR | |
| 7 | 43 Moreno Koutstaal | HPB | 34 | O | 31.26 | PR | |
| 8 | 104 Tijn Schoonderwoerd | HPB | 33 | O | 31.51 | | |
| 9 | 19 Noa Halma | DPB | 36 | I | 31.53 | | |
| 10 | 4 Magnus Kaper | HPB | 30 | O | 31.61 | PR | |
| 11 | 67 Nienke Molleman | DPA | 11 | O | 31.62 | PR | |
| 12 | 18 Puk Moerman | DPA | 36 | O | 31.66 | | |
| 13 | 50 Tessa Bos | DPB | 32 | I | 31.95 | | |
| 14 | 66 Jelte Petri | HPA | 35 | O | 31.99 | | |
| 15 | 15 Lisa Rimmelzwaan | DPC | 31 | O | 32.00 | PR | |
| 16 | 11 Julia van Schie | DPA | 32 | O | 32.28 | | |
| 17 | 97 Tom Plag | HPA | 30 | I | 32.51 | PR | |
| 18 | 88 Tom Hartveld | HPB | 34 | I | 32.88 | | |
| 19 | 29 Fenna Stougje | DPB | 28 | O | 32.95 | PR | |
| 20 | 48 Roëll Köhler | HPC | 31 | I | 33.17 | | |
| 21 | 38 Ellen Govaert | DPB | 29 | O | 33.38 | PR | |
| 22 | 70 Florian de Kool | HPC | 28 | I | 33.54 | PR | |
| 23 | 127 Guus Grootoonk | HPA | 15 | O | 33.76 | PR | |
| 24 | 76 Roos Toonen | DPD | 29 | I | 33.80 | | |
| 25 | 116 Damian Haesen | HPA | 25 | O | 34.19 | PR | |
| 26 | 21 Merel Adriaanse | DPA | 26 | I | 34.21 | PR | |
| 27 | 126 Tess van der Salm | DPB | 26 | O | 34.22 | PR | |
| 28 | 74 Lisa van der Goes | DPA | 6 | I | 34.34 | PR | |
| 29 | 39 Cas van der Knaap | HPB | 24 | I | 34.42 | PR | |
| 30 | 28 Scott Berkelaar | HPB | 27 | I | 34.66 | PR | |
| 31 | 89 Elin de Gast | DPA | 22 | O | 34.79 | PR | |
| 32 | 7 Sophie van der Ven | DPC | 23 | I | 35.17 | PR | |
| 33 | 13 Tessa Verboom | DPC | 21 | O | 35.34 | PR | |
| 34 | 12 Sara van Schie | DPC | 22 | I | 35.60 | PR | |
| 35 | 52 Dex van der Valk | HPD | 17 | O | 35.69 | PR | |
| 36 | 10 Fenna Vissenberg | DPA | 23 | O | 35.73 | PR | |
| 37 | 51 Carlijn van der Valk | DPB | 12 | I | 35.76 | PR | |
| 38 | 5 Femke Schouten | DPC | 19 | I | 35.83 | PR | |

| Pos | Naam | Cat | Paar | Baan | Tijd Info | Punten |
|-----|---------------------------|-----|------|------|-----------|--------|
| 39 | 92 Guusje Spaargaren | DPB | 19 | O | 35.99 PR | |
| 40 | 64 Thomas Hulsman | HPC | 20 | I | 36.03 PR | |
| 41 | 40 Sten van der Knaap | HPE | 25 | I | 36.44 | |
| 42 | 27 Ian Schenderling | HPC | 16 | O | 36.80 PR | |
| 43 | 37 Leon Spivakovskiy | HPE | 18 | I | 36.95 PR | |
| 44 | 17 Fien Moerman | DPD | 27 | O | 37.02 | |
| 45 | 20 Sofie Mourik | DPB | 20 | O | 37.11 PR | |
| 46 | 14 Emma Rimmelzwaan | DPA | 24 | O | 37.37 | |
| 47 | 53 Jane van Nierop | DPC | 14 | O | 37.96 PR | |
| 48 | 35 Julian Dries | HPC | 15 | I | 38.28 PR | |
| 49 | 6 Celine van Laar | DPD | 17 | I | 38.42 | |
| 50 | 45 Jelle Kerstens | HPD | 18 | O | 38.50 | |
| 51 | 34 Jo-Lien van Scheijndel | DPD | 14 | I | 38.52 | |
| 52 | 54 Kate Van Nierop | DPA | 16 | I | 38.58 | |
| 53 | 22 Elise Stans | DPC | 10 | O | 38.66 PR | |
| 54 | 93 Noud Barendse | HPD | 2 | I | 38.73 | |
| 55 | 1 Jasmijn van Haastrecht | DPB | 13 | I | 38.80 PR | |
| 56 | 84 Stan Speet | HPC | 21 | I | 39.03 | |
| 57 | 63 Kik Meliesie | HPC | 13 | O | 39.16 | |
| 58 | 72 Meijke Vijverberg | DPC | 12 | O | 39.32 | |
| 59 | 115 Rens Pera | HPA | 10 | I | 39.59 PR | |
| 60 | 106 Meike de Nie | DPB | 3 | I | 39.82 PR | |
| 61 | 99 Moen Heijne | DPB | 11 | I | 39.89 PR | |
| 62 | 80 Abhinav Nair | HPE | 9 | I | 40.41 PR | |
| 63 | 26 Lena van der Ham | DPC | 8 | I | 40.72 PR | |
| 64 | 65 Nienke Zwaan | DPA | 8 | O | 41.92 PR | |
| 65 | 33 Ravi Rijsterborgh | HPD | 6 | O | 42.20 PR | |
| 66 | 2 Lois den Heijer | DPE | 7 | I | 43.61 PR | |
| 67 | 81 Luuk Bronsgeest | HPD | 5 | I | 43.74 PR | |
| 68 | 112 Liv Wiersema | DPD | 2 | O | 44.02 | |
| 69 | 98 Lindy Bezemer | DPE | 7 | O | 44.89 | |
| 70 | 68 Sigrid Vergeer | DPC | 5 | O | 45.39 | |
| 71 | 108 Tess de Bree | DPA | 9 | O | 45.78 FL | |
| 72 | 73 Evie Vijverberg | DPE | 4 | O | 46.77 PR | |
| 73 | 78 Wess Duijvestijn | HPE | 4 | I | 46.93 PR | |
| 74 | 32 Ilvy Rijsterborgh | DPF | 3 | O | 48.06 PR | |
| 75 | 121 Liv Scholten | DPF | 1 | O | 50.88 | |
| 76 | 95 Stein Barendse | HPE | 1 | I | 52.92 | |

1. Rituitslag 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|---------------------|-------|--------------|------|
| 1 | wt | 95 | Stein Barendse | | HPE | | 52.92 | |
| | rd | 121 | Liv Scholten | | DPF | | 50.88 | |
| | | <u>Stein Barendse</u> | | | <u>Liv Scholten</u> | | | |
| | | 300m | 52.92 | (52.92) | 300m | 50.88 | (50.88) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 2 | gl | 93 | Noud Barendse | | HPD | | 38.73 | |
| | bl | 112 | Liv Wiersema | | DPD | | 44.02 | |
| | | <u>Noud Barendse</u> | | | <u>Liv Wiersema</u> | | | |
| | | 300m | 38.73 | (38.73) | 300m | 44.02 | (44.02) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 3 | wt | 106 | Meike de Nie | | DPB | 51.84 | 39.82 | PR |
| | rd | 32 | Ilyv Rijsterborgh | | DPF | 54.62 | 48.06 | PR |
| | | <u>Meike de Nie</u> | | | <u>Ilyv Rijsterborgh</u> | | | |
| | | 300m | 39.82 | (39.82) | 300m | 48.06 | (48.06) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|------------------------|-------|--------------|------|
| 4 | gl | 78 | Wess Duijvestijn | | HPE | 48.96 | 46.93 | PR |
| | bl | 73 | Evie Vijverberg | | DPE | 50.26 | 46.77 | PR |
| | | <u>Wess Duijvestijn</u> | | | <u>Evie Vijverberg</u> | | | |
| | | 300m | 46.93 | (46.93) | 300m | 46.77 | (46.77) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|---------|-----------------------|-------|--------------|------|
| 5 | wt | 81 | Luuk Bronsgeest | | HPD | 45.20 | 43.74 | PR |
| | rd | 68 | Sigrid Vergeer | | DPC | 45.11 | 45.39 | |
| | | <u>Luuk Bronsgeest</u> | | | <u>Sigrid Vergeer</u> | | | |
| | | 300m | 43.74 | (43.74) | 300m | 45.39 | (45.39) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 6 | gl | 74 | Lisa van der Goes | | DPA | 38.83 | 34.34 | PR |
| | bl | 33 | Ravi Rijsterborgh | | HPD | 43.23 | 42.20 | PR |
| | | <u>Lisa van der Goes</u> | | | <u>Ravi Rijsterborgh</u> | | | |
| | | 300m | 34.34 | (34.34) | 300m | 42.20 | (42.20) | |
| 7 | wt | 2 | Lois den Heijer | | DPE | 44.59 | 43.61 | PR |
| | rd | 98 | Lindy Bezemer | | DPE | 44.79 | 44.89 | |
| | | <u>Lois den Heijer</u> | | | <u>Lindy Bezemer</u> | | | |
| | | 300m | 43.61 | (43.61) | 300m | 44.89 | (44.89) | |
| 8 | gl | 26 | Lena van der Ham | | DPC | 41.05 | 40.72 | PR |
| | bl | 65 | Nienke Zwaan | | DPA | 42.15 | 41.92 | PR |
| | | <u>Lena van der Ham</u> | | | <u>Nienke Zwaan</u> | | | |
| | | 300m | 40.72 | (40.72) | 300m | 41.92 | (41.92) | |
| 9 | wt | 80 | Abbhinav Nair | | HPE | 40.91 | 40.41 | PR |
| | rd | 108 | Tess de Bree | | DPA | 41.97 | 45.78 | FL |
| | | <u>Abbhinav Nair</u> | | | <u>Tess de Bree</u> | | | |
| | | 300m | 40.41 | (40.41) | 300m | 45.78 | (45.78) | |
| 10 | gl | 115 | Rens Pera | | HPA | 40.56 | 39.59 | PR |
| | bl | 22 | Elise Stans | | DPC | 40.90 | 38.66 | PR |
| | | <u>Rens Pera</u> | | | <u>Elise Stans</u> | | | |
| | | 300m | 39.59 | (39.59) | 300m | 38.66 | (38.66) | |
| 11 | wt | 99 | Moen Heijne | | DPB | 40.62 | 39.89 | PR |
| | rd | 67 | Nienke Molleman | | DPA | 32.39 | 31.62 | PR |
| | | <u>Moen Heijne</u> | | | <u>Nienke Molleman</u> | | | |
| | | 300m | 39.89 | (39.89) | 300m | 31.62 | (31.62) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------------|-------------------------------|---------|--------------------------|-------|---------|-----------------|
| 12 | gl | 51 | Carlijn van der Valk | | DPB | | 39.21 | 35.76 PR |
| | bl | 72 | Meijke Vijverberg | | DPC | | 39.25 | 39.32 |
| | | <u>Carlijn van der Valk</u> | | | <u>Meijke Vijverberg</u> | | | |
| | | 300m | 35.76 | (35.76) | 300m | 39.32 | (39.32) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 13 | wt | 1 | Jasmijn van Haastrecht | | DPB | | 40.25 | 38.80 PR |
| | rd | 63 | Kik Meliesie | | HPC | | 37.97 | 39.16 |
| | | <u>Jasmijn van Haastrecht</u> | | | <u>Kik Meliesie</u> | | | |
| | | 300m | 38.80 | (38.80) | 300m | 39.16 | (39.16) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 14 | gl | 34 | Jo-Lien van Scheijndel | | DPD | | 38.44 | 38.52 |
| | bl | 53 | Jane van Nierop | | DPC | | 39.01 | 37.96 PR |
| | | <u>Jo-Lien van Scheijndel</u> | | | <u>Jane van Nierop</u> | | | |
| | | 300m | 38.52 | (38.52) | 300m | 37.96 | (37.96) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 15 | wt | 35 | Julian Dries | | HPC | | 39.03 | 38.28 PR |
| | rd | 127 | Guus Grootoink | | HPA | | 38.90 | 33.76 PR |
| | | <u>Julian Dries</u> | | | <u>Guus Grootoink</u> | | | |
| | | 300m | 38.28 | (38.28) | 300m | 33.76 | (33.76) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 16 | gl | 54 | Kate Van Nierop | | DPA | | 38.34 | 38.58 |
| | bl | 27 | Ian Schenderling | | HPC | | 37.96 | 36.80 PR |
| | | <u>Kate Van Nierop</u> | | | <u>Ian Schenderling</u> | | | |
| | | 300m | 38.58 | (38.58) | 300m | 36.80 | (36.80) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 17 | wt | 6 | Celine van Laar | | DPD | | 38.15 | 38.42 |
| | rd | 52 | Dex van der Valk | | HPD | | 38.18 | 35.69 PR |
| | | <u>Celine van Laar</u> | | | <u>Dex van der Valk</u> | | | |
| | | 300m | 38.42 | (38.42) | 300m | 35.69 | (35.69) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|-------|--------------------------|------|
| 18 | gl | 37 Leon Spivakovskiy | HPE | 37.95 | 36.95 | PR |
| | bl | 45 Jelle Kerstens | HPD | 37.61 | 38.50 | |
| | | <u>Leon Spivakovskiy</u> | | | <u>Jelle Kerstens</u> | |
| | | 300m 36.95 (36.95) | | | 300m 38.50 (38.50) | |
| | | Naam | Cat | PR | Tijd | Info |
| 19 | wt | 5 Femke Schouten | DPC | 36.64 | 35.83 | PR |
| | rd | 92 Guusje Spaargaren | DPB | 37.39 | 35.99 | PR |
| | | <u>Femke Schouten</u> | | | <u>Guusje Spaargaren</u> | |
| | | 300m 35.83 (35.83) | | | 300m 35.99 (35.99) | |
| | | Naam | Cat | PR | Tijd | Info |
| 20 | gl | 64 Thomas Hulsman | HPC | 37.15 | 36.03 | PR |
| | bl | 20 Sofie Mourik | DPB | 37.55 | 37.11 | PR |
| | | <u>Thomas Hulsman</u> | | | <u>Sofie Mourik</u> | |
| | | 300m 36.03 (36.03) | | | 300m 37.11 (37.11) | |
| | | Naam | Cat | PR | Tijd | Info |
| 21 | wt | 84 Stan Speet | HPC | 37.26 | 39.03 | |
| | rd | 13 Tessa Verboom | DPC | 36.33 | 35.34 | PR |
| | | <u>Stan Speet</u> | | | <u>Tessa Verboom</u> | |
| | | 300m 39.03 (39.03) | | | 300m 35.34 (35.34) | |
| | | Naam | Cat | PR | Tijd | Info |
| 22 | gl | 12 Sara van Schie | DPC | 36.95 | 35.60 | PR |
| | bl | 89 Elin de Gast | DPA | 36.29 | 34.79 | PR |
| | | <u>Sara van Schie</u> | | | <u>Elin de Gast</u> | |
| | | 300m 35.60 (35.60) | | | 300m 34.79 (34.79) | |
| | | Naam | Cat | PR | Tijd | Info |
| 23 | wt | 7 Sophie van der Ven | DPC | 35.44 | 35.17 | PR |
| | rd | 10 Fenna Vissenberg | DPA | 36.42 | 35.73 | PR |
| | | <u>Sophie van der Ven</u> | | | <u>Fenna Vissenberg</u> | |
| | | 300m 35.17 (35.17) | | | 300m 35.73 (35.73) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|-------|--------------------------|------|
| 24 | gl | 39 Cas van der Knaap | HPB | 34.93 | 34.42 | PR |
| | bl | 14 Emma Rimmelzwaan | DPA | 35.78 | 37.37 | |
| | | <u>Cas van der Knaap</u> | | | <u>Emma Rimmelzwaan</u> | |
| | | 300m 34.42 (34.42) | | | 300m 37.37 (37.37) | |
| | | Naam | Cat | PR | Tijd | Info |
| 25 | wt | 40 Sten van der Knaap | HPE | 35.40 | 36.44 | |
| | rd | 116 Damian Haesen | HPA | 35.67 | 34.19 | PR |
| | | <u>Sten van der Knaap</u> | | | <u>Damian Haesen</u> | |
| | | 300m 36.44 (36.44) | | | 300m 34.19 (34.19) | |
| | | Naam | Cat | PR | Tijd | Info |
| 26 | gl | 21 Merel Adriaanse | DPA | 35.11 | 34.21 | PR |
| | bl | 126 Tess van der Salm | DPB | 35.13 | 34.22 | PR |
| | | <u>Merel Adriaanse</u> | | | <u>Tess van der Salm</u> | |
| | | 300m 34.21 (34.21) | | | 300m 34.22 (34.22) | |
| | | Naam | Cat | PR | Tijd | Info |
| 27 | wt | 28 Scott Berkelaar | HPB | 35.85 | 34.66 | PR |
| | rd | 17 Fien Moerman | DPD | 35.12 | 37.02 | |
| | | <u>Scott Berkelaar</u> | | | <u>Fien Moerman</u> | |
| | | 300m 34.66 (34.66) | | | 300m 37.02 (37.02) | |
| | | Naam | Cat | PR | Tijd | Info |
| 28 | gl | 70 Florian de Kool | HPC | 34.81 | 33.54 | PR |
| | bl | 29 Fenna Stougje | DPB | 33.80 | 32.95 | PR |
| | | <u>Florian de Kool</u> | | | <u>Fenna Stougje</u> | |
| | | 300m 33.54 (33.54) | | | 300m 32.95 (32.95) | |
| | | Naam | Cat | PR | Tijd | Info |
| 29 | wt | 76 Roos Toonen | DPD | 33.79 | 33.80 | |
| | rd | 38 Ellen Govaert | DPB | 34.36 | 33.38 | PR |
| | | <u>Roos Toonen</u> | | | <u>Ellen Govaert</u> | |
| | | 300m 33.80 (33.80) | | | 300m 33.38 (33.38) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------------|-------|---------|--|-------|--------------|------|
| 30 | gl | 97 Tom Plag | | HPA | | 33.17 | 32.51 | PR |
| | bl | 4 Magnus Kaper | | HPB | | 33.07 | 31.61 | PR |
| | | <u>Tom Plag</u> | | | | | | |
| | | 300m | 32.51 | (32.51) | | | | |
| | | <u>Magnus Kaper</u> | | | | | | |
| | | 300m | 31.61 | (31.61) | | | | |
| 31 | wt | 48 Roëll Köhler | | HPC | | 33.00 | 33.17 | |
| | rd | 15 Lisa Rimmelzwaan | | DPC | | 32.06 | 32.00 | PR |
| | | <u>Roëll Köhler</u> | | | | | | |
| | | 300m | 33.17 | (33.17) | | | | |
| | | <u>Lisa Rimmelzwaan</u> | | | | | | |
| | | 300m | 32.00 | (32.00) | | | | |
| 32 | gl | 50 Tessa Bos | | DPB | | 31.72 | 31.95 | |
| | bl | 11 Julia van Schie | | DPA | | 31.78 | 32.28 | |
| | | <u>Tessa Bos</u> | | | | | | |
| | | 300m | 31.95 | (31.95) | | | | |
| | | <u>Julia van Schie</u> | | | | | | |
| | | 300m | 32.28 | (32.28) | | | | |
| 33 | wt | 31 Philine Jansen | | DPA | | 31.05 | 30.96 | PR |
| | rd | 104 Tijn Schoonderwoerd | | HPB | | 31.38 | 31.51 | |
| | | <u>Philine Jansen</u> | | | | | | |
| | | 300m | 30.96 | (30.96) | | | | |
| | | <u>Tijn Schoonderwoerd</u> | | | | | | |
| | | 300m | 31.51 | (31.51) | | | | |
| 34 | gl | 88 Tom Hartveld | | HPB | | 32.43 | 32.88 | |
| | bl | 43 Moreno Koutstaal | | HPB | | 31.29 | 31.26 | PR |
| | | <u>Tom Hartveld</u> | | | | | | |
| | | 300m | 32.88 | (32.88) | | | | |
| | | <u>Moreno Koutstaal</u> | | | | | | |
| | | 300m | 31.26 | (31.26) | | | | |
| 35 | wt | 16 Fenne Valentijn | | DPA | | 31.31 | 30.40 | PR |
| | rd | 66 Jelte Petri | | HPA | | 30.97 | 31.99 | |
| | | <u>Fenne Valentijn</u> | | | | | | |
| | | 300m | 30.40 | (30.40) | | | | |
| | | <u>Jelte Petri</u> | | | | | | |
| | | 300m | 31.99 | (31.99) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------|--------------------|---------|--------------------|-------|--------------|------|
| 36 | gl | 19 | Noa Halma | | DPB | 31.02 | 31.53 | |
| | bl | 18 | Puk Moerman | | DPA | 30.98 | 31.66 | |
| | | Noa Halma | | | Puk Moerman | | | |
| | | 300m | 31.53 | (31.53) | 300m | 31.66 | (31.66) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|-----------------|-------|--------------|------|
| 37 | wt | 3 | Feline Scholten | | DPA | 29.93 | 29.44 | PR |
| | rd | 49 | Roos Bos | | DPA | 29.93 | 29.14 | PR |
| | | Feline Scholten | | | Roos Bos | | | |
| | | 300m | 29.44 | (29.44) | 300m | 29.14 | (29.14) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|-------------------------|-------|--------------|------|
| 38 | gl | 101 | Liese van der Laan | | DPA | 30.43 | 29.92 | PR |
| | bl | 25 | Wende Linnenbank | | DPA | 29.56 | 30.10 | |
| | | Liese van der Laan | | | Wende Linnenbank | | | |
| | | 300m | 29.92 | (29.92) | 300m | 30.10 | (30.10) | |

2. Uitslag 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 49 Roos Bos | DPA | 76 | O | 46.14 | | |
| 2 | 3 Feline Scholten | DPA | 75 | I | 46.20 | | |
| 3 | 101 Liese van der Laan | DPA | 75 | O | 46.94 | PR | |
| 4 | 16 Fenne Valentijn | DPA | 74 | O | 47.81 | PR | |
| 5 | 25 Wende Linnenbank | DPA | 76 | I | 48.29 | | |
| 6 | 31 Philine Jansen | DPA | 70 | O | 49.28 | PR | |
| 7 | 4 Magnus Kaper | HPB | 70 | I | 49.55 | PR | |
| 8 | 43 Moreno Koutstaal | HPB | 72 | I | 49.59 | | |
| 9 | 67 Nienke Molleman | DPA | 72 | O | 49.61 | PR | |
| 10 | 66 Jelte Petri | HPA | 74 | I | 50.21 | | |
| 11 | 104 Tijn Schoonderwoerd | HPB | 68 | O | 50.80 | PR | |
| 12 | 19 Noa Halma | DPB | 73 | I | 50.95 | | |
| 13 | 50 Tessa Bos | DPB | 71 | I | 51.47 | | |
| 14 | 97 Tom Plag | HPA | 67 | O | 51.49 | PR | |
| 15 | 11 Julia van Schie | DPA | 69 | O | 51.52 | | |
| 16 | 15 Lisa Rimmelzwaan | DPC | 69 | I | 51.64 | | |
| 17 | 29 Fenna Stougje | DPB | 67 | I | 52.02 | PR | |
| 18 | 38 Ellen Govaert | DPB | 66 | O | 53.30 | | |
| 19 | 88 Tom Hartveld | HPB | 71 | O | 53.63 | | |
| 20 | 14 Emma Rimmelzwaan | DPA | 64 | O | 54.12 | PR | |
| 21 | 126 Tess van der Salm | DPB | 66 | I | 54.30 | PR | |
| 22 | 48 Roëll Köhler | HPC | 68 | I | 54.61 | | |
| 23 | 76 Roos Toonen | DPD | 65 | O | 54.67 | | |
| 24 | 21 Merel Adriaanse | DPA | 63 | O | 54.73 | PR | |
| 25 | 70 Florian de Kool | HPC | 63 | I | 54.94 | PR | |
| 26 | 39 Cas van der Knaap | HPB | 65 | I | 55.17 | | |
| 27 | 127 Guus Grootoonk | HPA | 56 | O | 55.35 | PR | |
| 28 | 89 Elin de Gast | DPA | 64 | I | 56.52 | | |
| 29 | 116 Damian Haesen | HPA | 52 | O | 56.97 | PR | |
| 30 | 13 Tessa Verboom | DPC | 61 | O | 57.26 | PR | |
| 31 | 12 Sara van Schie | DPC | 59 | O | 57.68 | PR | |
| 32 | 10 Fenna Vissenberg | DPA | 62 | O | 57.77 | | |
| 33 | 52 Dex van der Valk | HPD | 57 | I | 57.95 | PR | |
| 34 | 28 Scott Berkelaar | HPB | 55 | I | 57.97 | PR | |
| 35 | 7 Sophie van der Ven | DPC | 59 | I | 58.58 | | |
| 36 | 5 Femke Schouten | DPC | 57 | O | 58.61 | | |
| 37 | 40 Sten van der Knaap | HPE | 60 | I | 58.73 | PR | |
| 38 | 64 Thomas Hulsmann | HPC | 56 | I | 59.13 | PR | |

| Pos | Naam | Cat | Paar | Baan | Tijd Info | Punten |
|-----|---------------------------|-----|------|------|-----------|--------|
| 39 | 74 Lisa van der Goes | DPA | 61 | I | 59.29 | |
| 40 | 37 Leon Spivakovskiy | HPE | 58 | O | 59.42 | PR |
| 41 | 17 Fien Moerman | DPD | 62 | I | 1:00.09 | |
| 42 | 51 Carlijn van der Valk | DPB | 50 | I | 1:01.05 | PR |
| 43 | 27 Ian Schenderling | HPC | 54 | O | 1:01.34 | PR |
| 44 | 20 Sofie Mourik | DPB | 58 | I | 1:01.47 | |
| 45 | 63 Kik Meliesie | HPC | 54 | I | 1:02.39 | PR |
| 46 | 6 Celine van Laar | DPD | 51 | O | 1:02.42 | PR |
| 47 | 53 Jane van Nierop | DPC | 48 | O | 1:03.68 | PR |
| 48 | 35 Julian Dries | HPC | 39 | I | 1:03.70 | |
| 49 | 108 Tess de Bree | DPA | 53 | I | 1:03.91 | PR |
| 50 | 26 Lena van der Ham | DPC | 52 | I | 1:04.03 | PR |
| 51 | 34 Jo-Lien van Scheijndel | DPD | 49 | I | 1:04.35 | PR |
| 52 | 72 Meijke Vijverberg | DPC | 51 | I | 1:04.37 | |
| 53 | 22 Elise Stans | DPC | 49 | O | 1:04.70 | PR |
| 54 | 93 Noud Barendse | HPD | 42 | I | 1:05.07 | |
| 55 | 84 Stan Speet | HPC | 55 | O | 1:05.20 | |
| 56 | 92 Guusje Spaargaren | DPB | 60 | O | 1:05.28 | FL |
| 57 | 106 Meike de Nie | DPB | 44 | I | 1:05.29 | PR |
| 58 | 54 Kate Van Nierop | DPA | 50 | O | 1:05.47 | |
| 59 | 1 Jasmijn van Haastrecht | DPB | 48 | I | 1:06.01 | |
| 60 | 80 Abhinav Nair | HPE | 39 | O | 1:07.27 | |
| 61 | 65 Nienke Zwaan | DPA | 47 | O | 1:07.38 | PR |
| 62 | 45 Jelle Kerstens | HPD | 53 | O | 1:07.44 | FL |
| 63 | 115 Rens Pera | HPA | 47 | I | 1:08.06 | PR |
| 64 | 33 Ravi Rijsterborgh | HPD | 46 | O | 1:10.04 | PR |
| 65 | 112 Liv Wiersema | DPD | 46 | I | 1:11.51 | |
| 66 | 68 Sigrid Vergeer | DPC | 44 | O | 1:12.24 | PR |
| | 2 Lois den Heijer | DPE | 45 | I | 1:12.24 | PR |
| 68 | 98 Lindy Bezemer | DPE | 45 | O | 1:12.56 | PR |
| 69 | 32 Ilvy Rijsterborgh | DPF | 43 | O | 1:19.52 | PR |
| 70 | 73 Evie Vijverberg | DPE | 43 | I | 1:19.65 | PR |
| 71 | 99 Moen Heijne | DPB | 42 | O | 1:22.96 | |
| 72 | 78 Wess Duijvestijn | HPE | 40 | I | 1:24.62 | PR |
| 73 | 121 Liv Scholten | DPF | 41 | O | 1:25.18 | |
| 74 | 95 Stein Barendse | HPE | 41 | I | 1:28.24 | |
| | 81 Luuk Bronsgeest | HPD | 40 | O | DQ | |
| | 18 Puk Moerman | DPA | | | WDR | |

2. Rituitslag 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|----------------------|---------|----------------------|---------|----------------|------|
| 39 | wt | 35 | Julian Dries | | HPC | | 1:03.70 | |
| | rd | 80 | Abbhinav Nair | | HPE | | 1:07.27 | |
| | | <u>Julian Dries</u> | | | <u>Abbhinav Nair</u> | | | |
| | | 100m | 14.81 | (14.81) | 100m | 15.81 | (15.81) | |
| | | 500m | 1:03.70 | (48.89) | 500m | 1:07.27 | (51.46) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|------------------------|---------|----------------|------|
| 40 | gl | 78 | Wess Duijvestijn | | HPE | 1:25.32 | 1:24.62 | PR |
| | bl | 81 | Luuk Bronsgeest | | HPD | | | DQ |
| | | <u>Wess Duijvestijn</u> | | | <u>Luuk Bronsgeest</u> | | | |
| | | 100m | 18.13 | (18.13) | 100m | 16.14 | (16.14) | |
| | | 500m | 1:24.62 | (66.49) | 500m | 1:16.82 | (60.68) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 41 | wt | 95 | Stein Barendse | | HPE | | 1:28.24 | |
| | rd | 121 | Liv Scholten | | DPF | | 1:25.18 | |
| | | <u>Stein Barendse</u> | | | <u>Liv Scholten</u> | | | |
| | | 100m | 17.02 | (17.02) | 100m | 18.45 | (18.45) | |
| | | 500m | 1:28.24 | (71.22) | 500m | 1:25.18 | (66.73) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|--------------------|---------|----------------|------|
| 42 | gl | 93 | Noud Barendse | | HPD | | 1:05.07 | |
| | bl | 99 | Moen Heijne | | DPB | | 1:22.96 | |
| | | <u>Noud Barendse</u> | | | <u>Moen Heijne</u> | | | |
| | | 100m | 15.42 | (15.42) | 100m | 15.28 | (15.28) | |
| | | 500m | 1:05.07 | (49.65) | 500m | 1:22.96 | (67.68) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 43 | wt | 73 | Evie Vijverberg | | DPE | 1:24.03 | 1:19.65 | PR |
| | rd | 32 | Ilvij Rijsterborgh | | DPF | 1:22.23 | 1:19.52 | PR |
| | | <u>Evie Vijverberg</u> | | | <u>Ilvij Rijsterborgh</u> | | | |
| | | 100m | 18.46 | (18.46) | 100m | 18.50 | (18.50) | |
| | | 500m | 1:19.65 | (61.19) | 500m | 1:19.52 | (61.02) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------------|-----|----------------------|--------------------------|------|
| 44 | gl | 106 Meike de Nie | DPB | 1:15.98 | 1:05.29 | PR |
| | bl | 68 Sigrid Vergeer | DPC | 1:16.43 | 1:12.24 | PR |
| | | Meike de Nie | | | Sigrid Vergeer | |
| | | 100m 15.35 (15.35) | | 100m 16.24 (16.24) | | |
| | | 500m 1:05.29 (49.94) | | 500m 1:12.24 (56.00) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 45 | wt | 2 Lois den Heijer | DPE | 1:14.01 | 1:12.24 | PR |
| | rd | 98 Lindy Bezemer | DPE | 1:13.98 | 1:12.56 | PR |
| | | Lois den Heijer | | | Lindy Bezemer | |
| | | 100m 16.74 (16.74) | | 100m 16.77 (16.77) | | |
| | | 500m 1:12.24 (55.50) | | 500m 1:12.56 (55.79) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 46 | gl | 112 Liv Wiersema | DPD | 1:11.12 | 1:11.51 | |
| | bl | 33 Ravi Rijsterborgh | HPD | 1:12.55 | 1:10.04 | PR |
| | | Liv Wiersema | | | Ravi Rijsterborgh | |
| | | 100m 16.10 (16.10) | | 100m 15.81 (15.81) | | |
| | | 500m 1:11.51 (55.41) | | 500m 1:10.04 (54.23) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 47 | wt | 115 Rens Pera | HPA | 1:10.44 | 1:08.06 | PR |
| | rd | 65 Nienke Zwaan | DPA | 1:12.25 | 1:07.38 | PR |
| | | Rens Pera | | | Nienke Zwaan | |
| | | 100m 14.88 (14.88) | | 100m 15.92 (15.92) | | |
| | | 500m 1:08.06 (53.18) | | 500m 1:07.38 (51.46) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 48 | gl | 1 Jasmijn van Haastrecht | DPB | 1:05.25 | 1:06.01 | |
| | bl | 53 Jane van Nierop | DPC | 1:04.91 | 1:03.68 | PR |
| | | Jasmijn van Haastrecht | | | Jane van Nierop | |
| | | 100m 15.80 (15.80) | | 100m 14.71 (14.71) | | |
| | | 500m 1:06.01 (50.21) | | 500m 1:03.68 (48.97) | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-------------------------------|---------|------------------------|---------|----------------|------|
| 49 | wt | 34 | Jo-Lien van Scheijndel | | DPD | 1:06.67 | 1:04.35 | PR |
| | rd | 22 | Elise Stans | | DPC | 1:07.63 | 1:04.70 | PR |
| | | <u>Jo-Lien van Scheijndel</u> | | | <u>Elise Stans</u> | | | |
| | | 100m | 15.32 | (15.32) | 100m | 15.19 | (15.19) | |
| | | 500m | 1:04.35 | (49.03) | 500m | 1:04.70 | (49.51) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 50 | gl | 51 | Carlijn van der Valk | | DPB | 1:06.05 | 1:01.05 | PR |
| | bl | 54 | Kate Van Nierop | | DPA | 1:05.36 | 1:05.47 | |
| | | <u>Carlijn van der Valk</u> | | | <u>Kate Van Nierop</u> | | | |
| | | 100m | 13.96 | (13.96) | 100m | 14.89 | (14.89) | |
| | | 500m | 1:01.05 | (47.09) | 500m | 1:05.47 | (50.58) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 51 | wt | 72 | Meijke Vijverberg | | DPC | 1:04.35 | 1:04.37 | |
| | rd | 6 | Celine van Laar | | DPD | 1:06.03 | 1:02.42 | PR |
| | | <u>Meijke Vijverberg</u> | | | <u>Celine van Laar</u> | | | |
| | | 100m | 15.30 | (15.30) | 100m | 15.55 | (15.55) | |
| | | 500m | 1:04.37 | (49.07) | 500m | 1:02.42 | (46.87) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 52 | gl | 26 | Lena van der Ham | | DPC | 1:05.46 | 1:04.03 | PR |
| | bl | 116 | Damian Haesen | | HPA | 1:04.54 | 56.97 | PR |
| | | <u>Lena van der Ham</u> | | | <u>Damian Haesen</u> | | | |
| | | 100m | 15.86 | (15.86) | 100m | 14.28 | (14.28) | |
| | | 500m | 1:04.03 | (48.17) | 500m | 56.97 | (42.69) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 53 | wt | 108 | Tess de Bree | | DPA | 1:04.21 | 1:03.91 | PR |
| | rd | 45 | Jelle Kerstens | | HPD | 1:05.13 | 1:07.44 | FL |
| | | <u>Tess de Bree</u> | | | <u>Jelle Kerstens</u> | | | |
| | | 100m | 15.40 | (15.40) | 100m | 19.02 | (19.02) | |
| | | 500m | 1:03.91 | (48.51) | 500m | 1:07.44 | (48.42) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 54 | gl | 63 | Kik Meliesie | | HPC | 1:02.40 | 1:02.39 | PR |
| | bl | 27 | Ian Schenderling | | HPC | 1:02.51 | 1:01.34 | PR |
| | | Kik Meliesie | | | Ian Schenderling | | | |
| | | 100m | 15.23 | (15.23) | 100m | 14.48 | (14.48) | |
| | | 500m | 1:02.39 | (47.16) | 500m | 1:01.34 | (46.86) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 55 | wt | 28 | Scott Berkelaar | | HPB | 59.63 | 57.97 | PR |
| | rd | 84 | Stan Speet | | HPC | 1:01.45 | 1:05.20 | |
| | | Scott Berkelaar | | | Stan Speet | | | |
| | | 100m | 13.82 | (13.82) | 100m | 15.52 | (15.52) | |
| | | 500m | 57.97 | (44.15) | 500m | 1:05.20 | (49.68) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 56 | gl | 64 | Thomas Hulsmán | | HPC | 1:02.10 | 59.13 | PR |
| | bl | 127 | Guus Grootoonk | | HPA | 1:00.87 | 55.35 | PR |
| | | Thomas Hulsmán | | | Guus Grootoonk | | | |
| | | 100m | 14.09 | (14.09) | 100m | 13.90 | (13.90) | |
| | | 500m | 59.13 | (45.04) | 500m | 55.35 | (41.45) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 57 | wt | 52 | Dex van der Valk | | HPD | 59.31 | 57.95 | PR |
| | rd | 5 | Femke Schouten | | DPC | 58.61 | 58.61 | |
| | | Dex van der Valk | | | Femke Schouten | | | |
| | | 100m | 14.44 | (14.44) | 100m | 14.60 | (14.60) | |
| | | 500m | 57.95 | (43.51) | 500m | 58.61 | (44.01) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 58 | gl | 20 | Sofie Mourik | | DPB | 1:00.89 | 1:01.47 | |
| | bl | 37 | Leon Spivakovskiy | | HPE | 59.61 | 59.42 | PR |
| | | Sofie Mourik | | | Leon Spivakovskiy | | | |
| | | 100m | 14.67 | (14.67) | 100m | 14.91 | (14.91) | |
| | | 500m | 1:01.47 | (46.80) | 500m | 59.42 | (44.51) | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|--------------------------|---------|---------|-------|----------------|------|
| 59 | wt | 7 | Sophie van der Ven | | DPC | | | 57.75 | 58.58 | |
| | rd | 12 | Sara van Schie | | DPC | | | 59.25 | 57.68 | PR |
| | | Sophie van der Ven | | | Sara van Schie | | | | | |
| | | 100m | 14.10 | (14.10) | 100m | 14.29 | (14.29) | | | |
| | | 500m | 58.58 | (44.48) | 500m | 57.68 | (43.39) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 60 | gl | 40 | Sten van der Knaap | | HPE | | | 59.28 | 58.73 | PR |
| | bl | 92 | Guusje Spaargaren | | DPB | | | 58.07 | 1:05.28 | FL |
| | | Sten van der Knaap | | | Guusje Spaargaren | | | | | |
| | | 100m | 14.62 | (14.62) | 100m | 14.41 | (14.41) | | | |
| | | 500m | 58.73 | (44.11) | 500m | 1:05.28 | (50.87) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 61 | wt | 74 | Lisa van der Goes | | DPA | | | 57.98 | 59.29 | |
| | rd | 13 | Tessa Verboom | | DPC | | | 58.32 | 57.26 | PR |
| | | Lisa van der Goes | | | Tessa Verboom | | | | | |
| | | 100m | 14.07 | (14.07) | 100m | 14.36 | (14.36) | | | |
| | | 500m | 59.29 | (45.22) | 500m | 57.26 | (42.90) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 62 | gl | 17 | Fien Moerman | | DPD | | | 56.74 | 1:00.09 | |
| | bl | 10 | Fenna Vissenberg | | DPA | | | 56.53 | 57.77 | |
| | | Fien Moerman | | | Fenna Vissenberg | | | | | |
| | | 100m | 14.91 | (14.91) | 100m | 14.56 | (14.56) | | | |
| | | 500m | 1:00.09 | (45.18) | 500m | 57.77 | (43.21) | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 63 | wt | 70 | Florian de Kool | | HPC | | | 56.67 | 54.94 | PR |
| | rd | 21 | Merel Adriaanse | | DPA | | | 56.76 | 54.73 | PR |
| | | Florian de Kool | | | Merel Adriaanse | | | | | |
| | | 100m | 13.47 | (13.47) | 100m | 14.64 | (14.64) | | | |
| | | 500m | 54.94 | (41.47) | 500m | 54.73 | (40.09) | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 64 | gl | 89 | Elin de Gast | | DPA | 55.11 | 56.52 | |
| | bl | 14 | Emma Rimmelzwaan | | DPA | 55.91 | 54.12 | PR |
| | | Elin de Gast | | | Emma Rimmelzwaan | | | |
| | | 100m | 14.44 | (14.44) | 100m | 14.29 | (14.29) | |
| | | 500m | 56.52 | (42.08) | 500m | 54.12 | (39.83) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 65 | wt | 39 | Cas van der Knaap | | HPB | 54.23 | 55.17 | |
| | rd | 76 | Roos Toonen | | DPD | 54.64 | 54.67 | |
| | | Cas van der Knaap | | | Roos Toonen | | | |
| | | 100m | 13.91 | (13.91) | 100m | 13.96 | (13.96) | |
| | | 500m | 55.17 | (41.26) | 500m | 54.67 | (40.71) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 66 | gl | 126 | Tess van der Salm | | DPB | 55.47 | 54.30 | PR |
| | bl | 38 | Ellen Govaert | | DPB | 52.92 | 53.30 | |
| | | Tess van der Salm | | | Ellen Govaert | | | |
| | | 100m | 14.22 | (14.22) | 100m | 13.76 | (13.76) | |
| | | 500m | 54.30 | (40.08) | 500m | 53.30 | (39.54) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 67 | wt | 29 | Fenna Stougje | | DPB | 53.73 | 52.02 | PR |
| | rd | 97 | Tom Plag | | HPA | 51.59 | 51.49 | PR |
| | | Fenna Stougje | | | Tom Plag | | | |
| | | 100m | 13.51 | (13.51) | 100m | 13.32 | (13.32) | |
| | | 500m | 52.02 | (38.51) | 500m | 51.49 | (38.17) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 68 | gl | 48 | Roëll Köhler | | HPC | 50.66 | 54.61 | |
| | bl | 104 | Tijn Schoonderwoerd | | HPB | 51.31 | 50.80 | PR |
| | | Roëll Köhler | | | Tijn Schoonderwoerd | | | |
| | | 100m | 14.04 | (14.04) | 100m | 12.87 | (12.87) | |
| | | 500m | 54.61 | (40.57) | 500m | 50.80 | (37.93) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|------------------------|-------|--------------|------|
| 69 | wt | 15 | Lisa Rimmelzwaan | | DPC | 50.92 | 51.64 | |
| | rd | 11 | Julia van Schie | | DPA | 50.74 | 51.52 | |
| | | Lisa Rimmelzwaan | | | Julia van Schie | | | |
| | | 100m | 13.25 | (13.25) | 100m | 13.42 | (13.42) | |
| | | 500m | 51.64 | (38.39) | 500m | 51.52 | (38.10) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 70 | gl | 4 | Magnus Kaper | | HPB | 50.97 | 49.55 | PR |
| | bl | 31 | Philine Jansen | | DPA | 50.97 | 49.28 | PR |
| | | Magnus Kaper | | | Philine Jansen | | | |
| | | 100m | 12.84 | (12.84) | 100m | 13.08 | (13.08) | |
| | | 500m | 49.55 | (36.71) | 500m | 49.28 | (36.20) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 71 | wt | 50 | Tessa Bos | | DPB | 50.58 | 51.47 | |
| | rd | 88 | Tom Hartveld | | HPB | 51.53 | 53.63 | |
| | | Tessa Bos | | | Tom Hartveld | | | |
| | | 100m | 13.29 | (13.29) | 100m | 13.85 | (13.85) | |
| | | 500m | 51.47 | (38.18) | 500m | 53.63 | (39.78) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 72 | gl | 43 | Moreno Koutstaal | | HPB | 47.98 | 49.59 | |
| | bl | 67 | Nienke Molleman | | DPA | 50.13 | 49.61 | PR |
| | | Moreno Koutstaal | | | Nienke Molleman | | | |
| | | 100m | 13.33 | (13.33) | 100m | 13.30 | (13.30) | |
| | | 500m | 49.59 | (36.26) | 500m | 49.61 | (36.31) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 73 | wt | 19 | Noa Halma | | DPB | 48.68 | 50.95 | |
| | rd | 18 | Puk Moerman | | DPA | 47.97 | WDR | |
| | | Noa Halma | | | Puk Moerman | | | |
| | | 100m | 13.19 | (13.19) | | | | |
| | | 500m | 50.95 | (37.76) | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 74 | gl | 66 | Jelte Petri | | HPA | 48.47 | 50.21 | |
| | bl | 16 | Fenne Valentijn | | DPA | 48.76 | 47.81 | PR |
| | | Jelte Petri | | | Fenne Valentijn | | | |
| | | 100m | 13.04 | (13.04) | 100m | 12.79 | (12.79) | |
| | | 500m | 50.21 | (37.17) | 500m | 47.81 | (35.02) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 75 | wt | 3 | Feline Scholten | | DPA | 46.07 | 46.20 | |
| | rd | 101 | Liese van der Laan | | DPA | 47.13 | 46.94 | PR |
| | | Feline Scholten | | | Liese van der Laan | | | |
| | | 100m | 12.38 | (12.38) | 100m | 12.62 | (12.62) | |
| | | 500m | 46.20 | (33.82) | 500m | 46.94 | (34.32) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-----------------|-------|--------------|------|
| 76 | gl | 25 | Wende Linnenbank | | DPA | 46.91 | 48.29 | |
| | bl | 49 | Roos Bos | | DPA | 46.04 | 46.14 | |
| | | Wende Linnenbank | | | Roos Bos | | | |
| | | 100m | 12.57 | (12.57) | 100m | 12.39 | (12.39) | |
| | | 500m | 48.29 | (35.72) | 500m | 46.14 | (33.75) | |

3. Uitslag 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------------|-----|------|------|-------|------|--------|
| 1 | 110 Hidde Bart | HSA | 77 | I | 39.91 | | |
| 2 | 102 Wouter van der Geer | HSA | 77 | O | 41.03 | | |
| 3 | 105 Thomas van Herk | HN4 | 78 | I | 41.36 | | |
| 4 | 100 Freek Bennis | HN4 | 79 | I | 41.78 | | |
| 5 | 41 Guus Gelderblom | HN1 | 80 | I | 42.17 | | |
| 6 | 91 Alexander Doornekamp | HSA | 81 | I | 42.27 | | |
| 7 | 57 Thijs Langeveld | HSA | 81 | O | 42.36 | | |
| 8 | 8 Remco Boere | HSA | 79 | O | 42.62 | | |
| 9 | 86 Jelmer Kraaijeveld | HSB | 78 | O | 43.10 | | |
| 10 | 103 Isabelle Hersbach | DSA | 84 | I | 43.30 | | |
| 11 | 129 Mathieu van der Horst | HC2 | 88 | O | 43.67 | PR | |
| 12 | 128 Fleur Hartveld | DC1 | 85 | I | 43.80 | | |
| 13 | 47 Roland ten Klooster | H60 | 83 | O | 43.98 | | |
| 14 | 120 Ymke Wubben | DB2 | 82 | I | 44.04 | | |
| 15 | 111 Isa Oudenes | DB2 | 82 | O | 44.39 | | |
| 16 | 69 Martijn van der Horst | H50 | 87 | O | 44.40 | | |
| 17 | 46 Giel Hermans | H60 | 83 | I | 44.41 | | |
| 18 | 124 Tom Hoogenboom | HSA | 85 | O | 44.48 | | |
| 19 | 55 Bart Groot | H55 | 86 | O | 45.54 | | |
| 20 | 42 Mark Veenstra | HSB | 84 | O | 45.69 | | |
| 21 | 119 Fiore Koutstaal | DC2 | 80 | O | 45.89 | | |
| 22 | 117 Thijs Heezen | HN4 | 86 | I | 45.90 | | |
| 23 | 71 Leon van Kooten | HSB | 87 | I | 47.19 | | |
| 24 | 123 Jos Drabbels | H60 | 89 | I | 47.21 | | |
| 25 | 24 Mariska van Zon | DSA | 91 | I | 48.00 | | |
| 26 | 82 Alwin van den Brand | H50 | 90 | I | 48.03 | | |
| 27 | 77 Peter van den Bos | H40 | 89 | O | 48.12 | | |
| 28 | 56 Famke Hogenboom | DN1 | 90 | O | 48.18 | | |
| 29 | 107 Ferd Veelenturf | H65 | 88 | I | 48.27 | | |
| 30 | 122 Cheyenne van der Breggen | DSA | 91 | O | 49.39 | | |
| 31 | 87 Jarno Middendorp | HN2 | 93 | O | 50.09 | PR | |
| 32 | 96 Jan Floor | H45 | 96 | O | 53.08 | | |
| 33 | 125 Jan Rodewijk | H70 | 92 | O | 53.12 | | |
| 34 | 109 Jaap Wijnia | H55 | 93 | I | 53.83 | | |
| 35 | 90 Edwin van Leeuwen | H40 | 95 | O | 55.31 | | |
| 36 | 118 Frans Rietveld | H80 | 94 | I | 56.16 | | |
| 37 | 75 Annewil Stelloo | D40 | 94 | O | 56.43 | | |
| 38 | 58 Nico Woldendorp | H80 | 92 | I | 57.85 | | |

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 39 | 83 Floor ter Wal | D50 | 96 | I | 58.48 | | |
| 40 | 62 Inge Rotteveel | DSA | 95 | I | 1:11.44 | FL | |

3. Rituitslag 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|----------------------------|-------|----------------------------|-------|--------------|---------|
| 77 | wt | 110 | Hidde Bart | | HSA | 39.13 | 39.91 | |
| | rd | 102 | Wouter van der Geer | | HSA | 38.20 | 41.03 | |
| | | | Hidde Bart | | Wouter van der Geer | | | |
| | | | 100m | 10.83 | (10.83) | 100m | 11.38 | (11.38) |
| | | | 500m | 39.91 | (29.08) | 500m | 41.03 | (29.65) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-------|---------------------------|-------|--------------|---------|
| 78 | gl | 105 | Thomas van Herk | | HN4 | 41.06 | 41.36 | |
| | bl | 86 | Jelmer Kraaijeveld | | HSB | 39.87 | 43.10 | |
| | | | Thomas van Herk | | Jelmer Kraaijeveld | | | |
| | | | 100m | 10.95 | (10.95) | 100m | 11.96 | (11.96) |
| | | | 500m | 41.36 | (30.41) | 500m | 43.10 | (31.14) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------|-------|--------------------|-------|--------------|---------|
| 79 | wt | 100 | Freek Bennis | | HN4 | 41.31 | 41.78 | |
| | rd | 8 | Remco Boere | | HSA | 40.67 | 42.62 | |
| | | | Freek Bennis | | Remco Boere | | | |
| | | | 100m | 11.54 | (11.54) | 100m | 11.65 | (11.65) |
| | | | 500m | 41.78 | (30.24) | 500m | 42.62 | (30.97) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|------------------------|-------|--------------|---------|
| 80 | gl | 41 | Guus Gelderblom | | HN1 | 42.03 | 42.17 | |
| | bl | 119 | Fiore Koutstaal | | DC2 | 43.87 | 45.89 | |
| | | | Guus Gelderblom | | Fiore Koutstaal | | | |
| | | | 100m | 11.67 | (11.67) | 100m | 12.44 | (12.44) |
| | | | 500m | 42.17 | (30.50) | 500m | 45.89 | (33.45) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------------|-------|------------------------|-------|--------------|---------|
| 81 | wt | 91 | Alexander Doornekamp | | HSA | 40.86 | 42.27 | |
| | rd | 57 | Thijs Langeveld | | HSA | 41.21 | 42.36 | |
| | | | Alexander Doornekamp | | Thijs Langeveld | | | |
| | | | 100m | 11.12 | (11.12) | 100m | 11.71 | (11.71) |
| | | | 500m | 42.27 | (31.15) | 500m | 42.36 | (30.65) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|---------------|----------------------------|---------------|------|
| 82 | gl | 120 Ymke Wubben | DB2 | 42.72 | 44.04 | |
| | bl | 111 Isa Oudenes | DB2 | 43.32 | 44.39 | |
| | | Ymke Wubben | | Isa Oudenes | | |
| | | 100m | 12.24 (12.24) | 100m | 12.07 (12.07) | |
| | | 500m | 44.04 (31.80) | 500m | 44.39 (32.32) | |
| | | Naam | Cat | PR | Tijd | Info |
| 83 | wt | 46 Giel Hermans | H60 | 42.32 | 44.41 | |
| | rd | 47 Roland ten Klooster | H60 | 41.14 | 43.98 | |
| | | Giel Hermans | | Roland ten Klooster | | |
| | | 100m | 12.20 (12.20) | 100m | 11.76 (11.76) | |
| | | 500m | 44.41 (32.21) | 500m | 43.98 (32.22) | |
| | | Naam | Cat | PR | Tijd | Info |
| 84 | gl | 103 Isabelle Hersbach | DSA | 42.07 | 43.30 | |
| | bl | 42 Mark Veenstra | HSB | 43.11 | 45.69 | |
| | | Isabelle Hersbach | | Mark Veenstra | | |
| | | 100m | 11.98 (11.98) | 100m | 12.41 (12.41) | |
| | | 500m | 43.30 (31.32) | 500m | 45.69 (33.28) | |
| | | Naam | Cat | PR | Tijd | Info |
| 85 | wt | 128 Fleur Hartveld | DC1 | 41.97 | 43.80 | |
| | rd | 124 Tom Hoogenboom | HSA | 43.96 | 44.48 | |
| | | Fleur Hartveld | | Tom Hoogenboom | | |
| | | 100m | 12.14 (12.14) | 100m | 11.84 (11.84) | |
| | | 500m | 43.80 (31.66) | 500m | 44.48 (32.64) | |
| | | Naam | Cat | PR | Tijd | Info |
| 86 | gl | 117 Thijs Heezen | HN4 | 43.62 | 45.90 | |
| | bl | 55 Bart Groot | H55 | 43.54 | 45.54 | |
| | | Thijs Heezen | | Bart Groot | | |
| | | 100m | 12.31 (12.31) | 100m | 12.71 (12.71) | |
| | | 500m | 45.90 (33.59) | 500m | 45.54 (32.83) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------------|---------------|---------------------------------|---------------|------|
| 87 | wt | 71 Leon van Kooten | HSB | 44.85 | 47.19 | |
| | rd | 69 Martijn van der Horst | H50 | 39.70 | 44.40 | |
| | | Leon van Kooten | | Martijn van der Horst | | |
| | | 100m | 12.67 (12.67) | 100m | 12.30 (12.30) | |
| | | 500m | 47.19 (34.52) | 500m | 44.40 (32.10) | |
| | | Naam | Cat | PR | Tijd | Info |
| 88 | gl | 107 Ferd Veelenturf | H65 | 42.32 | 48.27 | |
| | bl | 129 Mathieu van der Horst | HC2 | 46.39 | 43.67 | PR |
| | | Ferd Veelenturf | | Mathieu van der Horst | | |
| | | 100m | 13.17 (13.17) | 100m | 11.86 (11.86) | |
| | | 500m | 48.27 (35.10) | 500m | 43.67 (31.81) | |
| | | Naam | Cat | PR | Tijd | Info |
| 89 | wt | 123 Jos Drabbels | H60 | 43.47 | 47.21 | |
| | rd | 77 Peter van den Bos | H40 | 46.87 | 48.12 | |
| | | Jos Drabbels | | Peter van den Bos | | |
| | | 100m | 12.98 (12.98) | 100m | 12.91 (12.91) | |
| | | 500m | 47.21 (34.23) | 500m | 48.12 (35.21) | |
| | | Naam | Cat | PR | Tijd | Info |
| 90 | gl | 82 Alwin van den Brand | H50 | 47.88 | 48.03 | |
| | bl | 56 Famke Hogenboom | DN1 | 47.48 | 48.18 | |
| | | Alwin van den Brand | | Famke Hogenboom | | |
| | | 100m | 12.99 (12.99) | 100m | 12.72 (12.72) | |
| | | 500m | 48.03 (35.04) | 500m | 48.18 (35.46) | |
| | | Naam | Cat | PR | Tijd | Info |
| 91 | wt | 24 Mariska van Zon | DSA | 46.03 | 48.00 | |
| | rd | 122 Cheyenne van der Breggen | DSA | 48.33 | 49.39 | |
| | | Mariska van Zon | | Cheyenne van der Breggen | | |
| | | 100m | 12.70 (12.70) | 100m | 13.37 (13.37) | |
| | | 500m | 48.00 (35.30) | 500m | 49.39 (36.02) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|--------------------------|---------|--------------------------|-------|----------------|------|
| 92 | gl | 58 | Nico Woldendorp | | H80 | 43.23 | 57.85 | |
| | bl | 125 | Jan Rodewijk | | H70 | 43.31 | 53.12 | |
| | | Nico Woldendorp | | | Jan Rodewijk | | | |
| | | 100m | 15.14 | (15.14) | 100m | 14.23 | (14.23) | |
| | | 500m | 57.85 | (42.71) | 500m | 53.12 | (38.89) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 93 | wt | 109 | Jaap Wijnia | | H55 | 50.50 | 53.83 | |
| | rd | 87 | Jarno Middendorp | | HN2 | 51.07 | 50.09 | PR |
| | | Jaap Wijnia | | | Jarno Middendorp | | | |
| | | 100m | 14.64 | (14.64) | 100m | 13.00 | (13.00) | |
| | | 500m | 53.83 | (39.19) | 500m | 50.09 | (37.09) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 94 | gl | 118 | Frans Rietveld | | H80 | 43.37 | 56.16 | |
| | bl | 75 | Annewil Stelloo | | D40 | 54.03 | 56.43 | |
| | | Frans Rietveld | | | Annewil Stelloo | | | |
| | | 100m | 14.69 | (14.69) | 100m | 14.89 | (14.89) | |
| | | 500m | 56.16 | (41.47) | 500m | 56.43 | (41.54) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 95 | wt | 62 | Inge Rotteveel | | DSA | 53.55 | 1:11.44 | FL |
| | rd | 90 | Edwin van Leeuwen | | H40 | 54.38 | 55.31 | |
| | | Inge Rotteveel | | | Edwin van Leeuwen | | | |
| | | 100m | 14.73 | (14.73) | 100m | 14.81 | (14.81) | |
| | | 500m | 1:11.44 | (56.71) | 500m | 55.31 | (40.50) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 96 | gl | 83 | Floor ter Wal | | D50 | 50.26 | 58.48 | |
| | bl | 96 | Jan Floor | | H45 | | 53.08 | |
| | | Floor ter Wal | | | Jan Floor | | | |
| | | 100m | 15.53 | (15.53) | 100m | 14.30 | (14.30) | |
| | | 500m | 58.48 | (42.95) | 500m | 53.08 | (38.78) | |

4. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd Info | Punten |
|-----|------------------------------|-----|------|------|------------|--------|
| 1 | 110 Hidde Bart | HSA | 99 | O | 2:05.83 | |
| 2 | 102 Wouter van der Geer | HSA | 97 | O | 2:08.64 | |
| 3 | 86 Jelmer Kraaijeveld | HSB | 97 | I | 2:08.85 | |
| 4 | 100 Freek Bennis | HN4 | 99 | I | 2:10.07 | |
| 5 | 41 Guus Gelderblom | HN1 | 101 | O | 2:11.42 | |
| 6 | 8 Remco Boere | HSA | 98 | I | 2:11.64 | |
| 7 | 57 Thijs Langeveld | HSA | 103 | O | 2:12.20 | |
| 8 | 91 Alexander Doornekamp | HSA | 102 | O | 2:12.43 | |
| 9 | 105 Thomas van Herk | HN4 | 107 | O | 2:12.72 PR | |
| 10 | 42 Mark Veenstra | HSB | 100 | O | 2:13.13 | |
| 11 | 55 Bart Groot | H55 | 103 | I | 2:15.03 | |
| 12 | 46 Giel Hermans | H60 | 100 | I | 2:15.15 | |
| 13 | 129 Mathieu van der Horst | HC2 | 106 | I | 2:15.58 PR | |
| 14 | 69 Martijn van der Horst | H50 | 101 | I | 2:16.14 | |
| 15 | 124 Tom Hoogenboom | HSA | 107 | I | 2:16.66 PR | |
| 16 | 47 Roland ten Klooster | H60 | 98 | O | 2:17.20 | |
| 17 | 128 Fleur Hartveld | DC1 | 105 | I | 2:17.81 | |
| 18 | 103 Isabelle Hersbach | DSA | 102 | I | 2:19.40 | |
| 19 | 94 Fleur Alkemade | DC2 | 104 | I | 2:19.57 | |
| 20 | 123 Jos Drabbels | H60 | 108 | O | 2:20.32 | |
| 21 | 111 Isa Oudenes | DB2 | 104 | O | 2:21.07 | |
| 22 | 117 Thijs Heezen | HN4 | 106 | O | 2:21.16 | |
| 23 | 120 Ymke Wubben | DB2 | 105 | O | 2:24.72 | |
| 24 | 24 Mariska van Zon | DSA | 108 | I | 2:27.18 | |
| 25 | 87 Jarno Middendorp | HN2 | 113 | I | 2:27.60 | |
| 26 | 77 Peter van den Bos | H40 | 109 | O | 2:28.09 | |
| 27 | 107 Ferd Veelenturf | H65 | 110 | I | 2:31.00 | |
| 28 | 82 Alwin van den Brand | H50 | 113 | O | 2:33.19 | |
| 29 | 122 Cheyenne van der Breggen | DSA | 111 | O | 2:34.25 | |
| 30 | 56 Famke Hogenboom | DN1 | 110 | O | 2:35.85 | |
| 31 | 71 Leon van Kooten | HSB | 109 | I | 2:36.49 | |
| 32 | 96 Jan Floor | H45 | 114 | I | 2:39.48 | |
| 33 | 125 Jan Rodewijk | H70 | 112 | O | 2:41.45 | |
| 34 | 109 Jaap Wijnia | H55 | 112 | I | 2:44.08 | |
| 35 | 90 Edwin van Leeuwen | H40 | 114 | O | 2:45.25 | |
| 36 | 62 Inge Rotteveel | DSA | 115 | O | 2:49.14 | |
| 37 | 58 Nico Woldendorp | H80 | 116 | O | 2:56.29 | |
| 38 | 75 Annewil Stelloo | D40 | 115 | I | 2:58.57 | |

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 39 | 118 Frans Rietveld | H80 | 116 | I | 2:59.11 | | |
| 40 | 83 Floor ter Wal | D50 | 111 | I | 3:06.19 | | |

4. Rituitslag 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 97 | wt | 86 Jelmer Kraaijeveld | HSB | 1:59.25 | 2:08.85 | |
| | rd | 102 Wouter van der Geer | HSA | 1:56.55 | 2:08.64 | |

Jelmer Kraaijeveld

| | | |
|-------|---------|---------|
| 300m | 28.10 | (28.10) |
| 700m | 1:00.32 | (32.22) |
| 1100m | 1:34.32 | (34.00) |
| 1500m | 2:08.85 | (34.53) |

Wouter van der Geer

| | | |
|-------|---------|---------|
| 300m | 27.59 | (27.59) |
| 700m | 59.71 | (32.12) |
| 1100m | 1:33.55 | (33.84) |
| 1500m | 2:08.64 | (35.09) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-----|---------|----------------|------|
| 98 | gl | 8 Remco Boere | HSA | 2:04.94 | 2:11.64 | |
| | bl | 47 Roland ten Klooster | H60 | 2:04.66 | 2:17.20 | |

Remco Boere

| | | |
|-------|---------|---------|
| 300m | 26.93 | (26.93) |
| 700m | 59.58 | (32.65) |
| 1100m | 1:35.13 | (35.55) |
| 1500m | 2:11.64 | (36.51) |

Roland ten Klooster

| | | |
|-------|---------|---------|
| 300m | 28.72 | (28.72) |
| 700m | 1:02.61 | (33.89) |
| 1100m | 1:39.33 | (36.72) |
| 1500m | 2:17.20 | (37.87) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 99 | wt | 100 Freek Bennis | HN4 | 2:07.94 | 2:10.07 | |
| | rd | 110 Hidde Bart | HSA | 2:02.64 | 2:05.83 | |

Freek Bennis

| | | |
|-------|---------|---------|
| 300m | 28.09 | (28.09) |
| 700m | 1:00.90 | (32.81) |
| 1100m | 1:34.86 | (33.96) |
| 1500m | 2:10.07 | (35.21) |

Hidde Bart

| | | |
|-------|---------|---------|
| 300m | 26.67 | (26.67) |
| 700m | 57.71 | (31.04) |
| 1100m | 1:30.47 | (32.76) |
| 1500m | 2:05.83 | (35.36) |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|-------------------------|-----|---------|----------------|------|
| 100 | gl | 46 Giel Hermans | H60 | 2:08.76 | 2:15.15 | |
| | bl | 42 Mark Veenstra | HSB | 2:07.99 | 2:13.13 | |

Giel Hermans

| | | |
|-------|---------|---------|
| 300m | 29.06 | (29.06) |
| 700m | 1:02.84 | (33.78) |
| 1100m | 1:38.31 | (35.47) |
| 1500m | 2:15.15 | (36.84) |

Mark Veenstra

| | | |
|-------|---------|---------|
| 300m | 29.47 | (29.47) |
| 700m | 1:03.23 | (33.76) |
| 1100m | 1:37.79 | (34.56) |
| 1500m | 2:13.13 | (35.34) |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|---------------------------------|-----------------|-----------------------------|-----------------|------|
| 101 | wt | 69 Martijn van der Horst | H50 | 2:03.60 | 2:16.14 | |
| | rd | 41 Guus Gelderblom | HN1 | 2:09.66 | 2:11.42 | |
| | | Martijn van der Horst | | Guus Gelderblom | | |
| | | 300m | 29.65 (29.65) | 300m | 28.42 (28.42) | |
| | | 700m | 1:03.54 (33.89) | 700m | 1:01.22 (32.80) | |
| | | 1100m | 1:39.48 (35.94) | 1100m | 1:35.37 (34.15) | |
| | | 1500m | 2:16.14 (36.66) | 1500m | 2:11.42 (36.05) | |
| | | Naam | Cat | PR | Tijd | Info |
| 102 | gl | 103 Isabelle Hersbach | DSA | 2:11.30 | 2:19.40 | |
| | bl | 91 Alexander Doornekamp | HSA | 2:11.61 | 2:12.43 | |
| | | Isabelle Hersbach | | Alexander Doornekamp | | |
| | | 300m | 29.45 (29.45) | 300m | 28.63 (28.63) | |
| | | 700m | 1:03.85 (34.40) | 700m | 1:02.34 (33.71) | |
| | | 1100m | 1:41.10 (37.25) | 1100m | 1:37.34 (35.00) | |
| | | 1500m | 2:19.40 (38.30) | 1500m | 2:12.43 (35.09) | |
| | | Naam | Cat | PR | Tijd | Info |
| 103 | wt | 55 Bart Groot | H55 | 2:07.68 | 2:15.03 | |
| | rd | 57 Thijs Langeveld | HSA | 2:07.85 | 2:12.20 | |
| | | Bart Groot | | Thijs Langeveld | | |
| | | 300m | 30.19 (30.19) | 300m | 28.49 (28.49) | |
| | | 700m | 1:04.15 (33.96) | 700m | 1:01.30 (32.81) | |
| | | 1100m | 1:39.06 (34.91) | 1100m | 1:36.31 (35.01) | |
| | | 1500m | 2:15.03 (35.97) | 1500m | 2:12.20 (35.89) | |
| | | Naam | Cat | PR | Tijd | Info |
| 104 | gl | 94 Fleur Alkemade | DC2 | 2:08.84 | 2:19.57 | |
| | bl | 111 Isa Oudenes | DB2 | 2:15.24 | 2:21.07 | |
| | | Fleur Alkemade | | Isa Oudenes | | |
| | | 300m | 29.12 (29.12) | 300m | 30.10 (30.10) | |
| | | 700m | 1:02.78 (33.66) | 700m | 1:05.09 (34.99) | |
| | | 1100m | 1:40.37 (37.59) | 1100m | 1:42.45 (37.36) | |
| | | 1500m | 2:19.57 (39.20) | 1500m | 2:21.07 (38.62) | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|----------------------------------|-----|-----------------------|------------------------|------|
| 105 | wt | 128 Fleur Hartveld | DC1 | 2:12.56 | 2:17.81 | |
| | rd | 120 Ymke Wubben | DB2 | 2:08.28 | 2:24.72 | |
| | | Fleur Hartveld | | | Ymke Wubben | |
| | | 300m 29.35 (29.35) | | 300m 29.17 (29.17) | | |
| | | 700m 1:03.08 (33.73) | | 700m 1:01.82 (32.65) | | |
| | | 1100m 1:39.44 (36.36) | | 1100m 1:41.50 (39.68) | | |
| | | 1500m 2:17.81 (38.37) | | 1500m 2:24.72 (43.22) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 106 | gl | 129 Mathieu van der Horst | HC2 | 2:21.80 | 2:15.58 | PR |
| | bl | 117 Thijs Heezen | HN4 | 2:16.01 | 2:21.16 | |
| | | Mathieu van der Horst | | | Thijs Heezen | |
| | | 300m 29.02 (29.02) | | 300m 29.65 (29.65) | | |
| | | 700m 1:02.82 (33.80) | | 700m 1:04.28 (34.63) | | |
| | | 1100m 1:39.04 (36.22) | | 1100m 1:41.67 (37.39) | | |
| | | 1500m 2:15.58 (36.54) | | 1500m 2:21.16 (39.49) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 107 | wt | 124 Tom Hoogenboom | HSA | 2:19.01 | 2:16.66 | PR |
| | rd | 105 Thomas van Herk | HN4 | 2:13.45 | 2:12.72 | PR |
| | | Tom Hoogenboom | | | Thomas van Herk | |
| | | 300m 27.69 (27.69) | | 300m 27.44 (27.44) | | |
| | | 700m 1:00.41 (32.72) | | 700m 1:00.07 (32.63) | | |
| | | 1100m 1:37.02 (36.61) | | 1100m 1:35.81 (35.74) | | |
| | | 1500m 2:16.66 (39.64) | | 1500m 2:12.72 (36.91) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 108 | gl | 24 Mariska van Zon | DSA | 2:22.23 | 2:27.18 | |
| | bl | 123 Jos Drabbels | H60 | 2:05.18 | 2:20.32 | |
| | | Mariska van Zon | | | Jos Drabbels | |
| | | 300m 30.76 (30.76) | | 300m 30.84 (30.84) | | |
| | | 700m 1:07.44 (36.68) | | 700m 1:06.14 (35.30) | | |
| | | 1100m 1:46.54 (39.10) | | 1100m 1:42.97 (36.83) | | |
| | | 1500m 2:27.18 (40.64) | | 1500m 2:20.32 (37.35) | | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|-------------------------------------|-----------------|---------|-----------------|---------------------------------|
| 109 | wt | 71 Leon van Kooten | HSB | 2:22.21 | 2:36.49 | |
| | rd | 77 Peter van den Bos | H40 | 2:21.69 | 2:28.09 | |
| | | Leon van Kooten | | | | Peter van den Bos |
| | | 300m | 31.77 (31.77) | 300m | 32.25 (32.25) | |
| | | 700m | 1:10.21 (38.44) | 700m | 1:08.72 (36.47) | |
| | | 1100m | 1:51.93 (41.72) | 1100m | 1:47.78 (39.06) | |
| | | 1500m | 2:36.49 (44.56) | 1500m | 2:28.09 (40.31) | |
| | | Naam | Cat | PR | Tijd | Info |
| 110 | gl | 107 Ferd Veelenturf | H65 | 2:08.15 | 2:31.00 | |
| | bl | 56 Famke Hogenboom | DN1 | 2:28.42 | 2:35.85 | |
| | | Ferd Veelenturf | | | | Famke Hogenboom |
| | | 300m | 32.29 (32.29) | 300m | 32.42 (32.42) | |
| | | 700m | 1:10.19 (37.90) | 700m | 1:11.10 (38.68) | |
| | | 1100m | 1:50.12 (39.93) | 1100m | 1:52.59 (41.49) | |
| | | 1500m | 2:31.00 (40.88) | 1500m | 2:35.85 (43.26) | |
| | | Naam | Cat | PR | Tijd | Info |
| 111 | wt | 83 Floor ter Wal | D50 | 2:36.37 | 3:06.19 | |
| | rd | 122 Cheyenne van der Breggen | DSA | 2:33.20 | 2:34.25 | |
| | | Floor ter Wal | | | | Cheyenne van der Breggen |
| | | 300m | 37.94 (37.94) | 300m | 32.78 (32.78) | |
| | | 700m | 1:23.72 (45.78) | 700m | 1:10.98 (38.20) | |
| | | 1100m | 2:14.20 (50.48) | 1100m | 1:51.78 (40.80) | |
| | | 1500m | 3:06.19 (51.99) | 1500m | 2:34.25 (42.47) | |
| | | Naam | Cat | PR | Tijd | Info |
| 112 | gl | 109 Jaap Wijnia | H55 | 2:35.55 | 2:44.08 | |
| | bl | 125 Jan Rodewijk | H70 | 2:10.83 | 2:41.45 | |
| | | Jaap Wijnia | | | | Jan Rodewijk |
| | | 300m | 35.65 (35.65) | 300m | 35.27 (35.27) | |
| | | 700m | 1:16.40 (40.75) | 700m | 1:15.72 (40.45) | |
| | | 1100m | 1:59.32 (42.92) | 1100m | 1:58.08 (42.36) | |
| | | 1500m | 2:44.08 (44.76) | 1500m | 2:41.45 (43.37) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-------------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 113 | wt | 87 | Jarno Middendorp | | HN2 | | 2:27.60 | |
| | rd | 82 | Alwin van den Brand | | H50 | | 2:33.19 | |
| | | <u>Jarno Middendorp</u> | | | <u>Alwin van den Brand</u> | | | |
| | | 300m | 31.65 | (31.65) | 300m | 32.07 | (32.07) | |
| | | 700m | 1:08.63 | (36.98) | 700m | 1:10.13 | (38.06) | |
| | | 1100m | 1:47.56 | (38.93) | 1100m | 1:50.84 | (40.71) | |
| | | 1500m | 2:27.60 | (40.04) | 1500m | 2:33.19 | (42.35) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 114 | gl | 96 | Jan Floor | | H45 | | 2:39.48 | |
| | bl | 90 | Edwin van Leeuwen | | H40 | | 2:45.25 | |
| | | <u>Jan Floor</u> | | | <u>Edwin van Leeuwen</u> | | | |
| | | 300m | 34.38 | (34.38) | 300m | 36.04 | (36.04) | |
| | | 700m | 1:13.96 | (39.58) | 700m | 1:17.63 | (41.59) | |
| | | 1100m | 1:55.75 | (41.79) | 1100m | 2:00.63 | (43.00) | |
| | | 1500m | 2:39.48 | (43.73) | 1500m | 2:45.25 | (44.62) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 115 | wt | 75 | Annewil Stelloo | | D40 | 2:45.66 | 2:58.57 | |
| | rd | 62 | Inge Rotteveel | | DSA | 2:39.15 | 2:49.14 | |
| | | <u>Annewil Stelloo</u> | | | <u>Inge Rotteveel</u> | | | |
| | | 300m | 37.87 | (37.87) | 300m | 37.87 | (37.87) | |
| | | 700m | 1:23.26 | (45.39) | 700m | 1:20.46 | (42.59) | |
| | | 1100m | 2:10.89 | (47.63) | 1100m | 2:05.20 | (44.74) | |
| | | 1500m | 2:58.57 | (47.68) | 1500m | 2:49.14 | (43.94) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 116 | gl | 118 | Frans Rietveld | | H80 | 2:12.64 | 2:59.11 | |
| | bl | 58 | Nico Woldendorp | | H80 | 2:14.53 | 2:56.29 | |
| | | <u>Frans Rietveld</u> | | | <u>Nico Woldendorp</u> | | | |
| | | 300m | 37.05 | (37.05) | 300m | 37.25 | (37.25) | |
| | | 700m | 1:21.95 | (44.90) | 700m | 1:21.21 | (43.96) | |
| | | 1100m | 2:09.52 | (47.57) | 1100m | 2:09.13 | (47.92) | |
| | | 1500m | 2:59.11 | (49.59) | 1500m | 2:56.29 | (47.16) | |