

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	52 Daniël Bleumink	HPC	1	I	14.65	
2	64 Feline Kromdijk	DPE	2	I	16.41	
3	46 Joël Withaar	HPD	2	O	17.68	

Referee:

Assistant:

Starter:

From 11/2/2024 5:30:00 PM to 11/2/2024 5:40:28 PM

Print: 3/31/2025 7:33:38 AM

# Traningswed pup F t/m master

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2 November 2024

## 1. Race Result 100 meter

		Name		Cat		PB		Time	Info
1	wt rd	52	<b>Daniël Bleumink</b>		HPC		14.29	<b>14.65</b>	
		<b>Daniël Bleumink</b>							
		100m	14.65	(14.65)					m

		Name		Cat		PB		Time	Info
2	yw bl	64	<b>Feline Kromdijk</b>		DPE			<b>16.41</b>	
		46	<b>Joël Withaar</b>		HPD			<b>17.68</b>	
		<b>Feline Kromdijk</b>							
		100m	16.41	(16.41)					
		<b>Joël Withaar</b>							
		100m	17.68	(17.68)					

Referee:

Assistant:

Starter:

From 11/2/2024 5:30:00 PM to 11/2/2024 5:40:28 PM

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# Traningswed pup F t/m master

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2 November 2024

## 2. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	54 Ties Groothuis	HPB	13	I	12.25	PB	
2	9 Eva Mezzo	DPA	14	I	12.29	PB	
3	77 Britt van der Linden	DA1	14	O	12.49		
4	2 Roan Varenbrink	HPA	13	O	12.63		
5	91 Jill Krikken	DPB	11	O	12.73	PB	
6	69 Evi de Vries	DPC	12	O	12.79		
7	4 Olle Klunder	HPC	11	I	12.84	PB	
8	55 Luuk Groothuis	HPA	12	I	12.89		
9	106 Saar Nieuwenhuis	DPA	7	I	12.96	PB	
10	5 Noor Klunder	DPA	9	I	12.98	PB	
11	8 Joëlle van Drimmelen	DPA	8	O	13.19	PB	
12	18 Fabian Kruithof	HPA	6	I	13.21	PB	
13	79 Nora Venema	DPC	10	I	13.35		
14	34 Jesse van Velde	HPB	10	O	13.42		
15	92 Maud Nijenkamp	DPB	9	O	13.59		
16	51 Jasper van Gelder	HPC	8	I	13.69		
17	83 Fedde ter Laak	HPC	5	O	13.74		
18	86 Elin Mak	DPC	7	O	13.79		
19	68 Nadine Hendriksen	DPD	3	I	13.84	PB	
20	75 Lisa Oldenhof	DPA	5	I	13.88		
21	11 Jelle Nijkamp	HPB	3	O	14.09	PB	
22	33 Jasmijn Smit	DPB	6	O	14.26		

Referee:

Assistant:

Starter:

From 11/2/2024 5:30:00 PM to 11/2/2024 5:48:43 PM

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Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 2. Race Result 100 meter

		Name		Cat		PB		Time	Info
3	wt	68	<b>Nadine Hendriksen</b>		DPD		14.25	<b>13.84</b>	PB
	rd	11	<b>Jelle Nijkamp</b>		HPB		14.56	<b>14.09</b>	PB
		<b>Nadine Hendriksen</b>			<b>Jelle Nijkamp</b>				
		100m	13.84	(13.84)	100m	14.09	(14.09)		

		Name		Cat		PB		Time	Info
4	yw								
	bl								

		Name		Cat		PB		Time	Info
5	wt	75	<b>Lisa Oldenhof</b>		DPA		13.84	<b>13.88</b>	
	rd	83	<b>Fedde ter Laak</b>		HPC		13.57	<b>13.74</b>	
		<b>Lisa Oldenhof</b>			<b>Fedde ter Laak</b>				
		100m	13.88	(13.88)	100m	13.74	(13.74)		

		Name		Cat		PB		Time	Info
6	yw	18	<b>Fabian Kruithof</b>		HPA		14.16	<b>13.21</b>	PB
	bl	33	<b>Jasmijn Smit</b>		DPB		14.13	<b>14.26</b>	
		<b>Fabian Kruithof</b>			<b>Jasmijn Smit</b>				
		100m	13.21	(13.21)	100m	14.26	(14.26)		

		Name		Cat		PB		Time	Info
7	wt	106	<b>Saar Nieuwenhuis</b>		DPA		13.42	<b>12.96</b>	PB
	rd	86	<b>Elin Mak</b>		DPC		13.69	<b>13.79</b>	
		<b>Saar Nieuwenhuis</b>			<b>Elin Mak</b>				
		100m	12.96	(12.96)	100m	13.79	(13.79)		

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		Name		Cat		PB		Time	Info
8	yw	51	<b>Jasper van Gelder</b>		HPC		13.49	<b>13.69</b>	
	bl	8	<b>Joëlle van Drimmelen</b>		DPA		13.58	<b>13.19</b>	PB
		<u>Jasper van Gelder</u>					<u>Joëlle van Drimmelen</u>		
		100m	13.69	(13.69)			100m	13.19	(13.19)

		Name		Cat		PB		Time	Info
9	wt	5	<b>Noor Klunder</b>		DPA		13.14	<b>12.98</b>	PB
	rd	92	<b>Maud Nijkamp</b>		DPB		13.26	<b>13.59</b>	
		<u>Noor Klunder</u>					<u>Maud Nijkamp</u>		
		100m	12.98	(12.98)			100m	13.59	(13.59)

		Name		Cat		PB		Time	Info
10	yw	79	<b>Nora Venema</b>		DPC		13.30	<b>13.35</b>	
	bl	34	<b>Jesse van Velde</b>		HPB		13.19	<b>13.42</b>	
		<u>Nora Venema</u>					<u>Jesse van Velde</u>		
		100m	13.35	(13.35)			100m	13.42	(13.42)

		Name		Cat		PB		Time	Info
11	wt	4	<b>Olle Klunder</b>		HPC		13.00	<b>12.84</b>	PB
	rd	91	<b>Jill Krikken</b>		DPB		12.77	<b>12.73</b>	PB
		<u>Olle Klunder</u>					<u>Jill Krikken</u>		
		100m	12.84	(12.84)			100m	12.73	(12.73)

		Name		Cat		PB		Time	Info
12	yw	55	<b>Luuk Groothuis</b>		HPA		12.83	<b>12.89</b>	
	bl	69	<b>Evi de Vries</b>		DPC		12.64	<b>12.79</b>	
		<u>Luuk Groothuis</u>					<u>Evi de Vries</u>		
		100m	12.89	(12.89)			100m	12.79	(12.79)

		Name		Cat		PB		Time	Info
13	wt	54	<b>Ties Groothuis</b>		HPB		12.42	<b>12.25</b>	PB
	rd	2	<b>Roan Varenbrink</b>		HPA		12.43	<b>12.63</b>	
		<u>Ties Groothuis</u>					<u>Roan Varenbrink</u>		
		100m	12.25	(12.25)			100m	12.63	(12.63)

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Starter:

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		Name	Cat	PB	Time	Info
14	yw	9 <b>Eva Mezzo</b>	DPA	12.53	<b>12.29</b>	PB
	bl	77 <b>Britt van der Linden</b>	DA1	11.84	<b>12.49</b>	
		<b>Eva Mezzo</b>				
		100m	12.29 (12.29)			
		<b>Britt van der Linden</b>				
		100m	12.49 (12.49)			

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## 3. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	13 Myrthe Cents	DPB	34	I	13.29		
2	21 Sylvan Markvoort	HPA	28	O	13.79	PB	
3	88 Maxim Ypma	HPD	28	I	13.81	PB	
4	10 Fajah Lugtenberg	DPC	33	I	13.84		
5	44 Thure Louwers	HPC	34	O	13.96		
6	84 Jildau ter Laak	DPB	25	O	14.18		
7	22 Elysa ter Kulve	DPB	31	O	14.20		
8	104 Eline Torrenga	DPC	23	I	14.48	PB	
9	65 Milan Busser	HPD	17	O	14.57		
10	105 Vajèn Kerkmeijer	DPB	29	I	14.61	PB	
11	45 Stian Louwers	HPD	22	I	14.62	PB	
	78 Jill Isfordink	DPB	32	O	14.62		
13	23 Jayvinn ter Kulve	HPD	32	I	14.64		
14	56 Indy Wesselink	DPB	31	I	14.67		
15	87 Merle Ypma	DPA	15	O	14.74		
16	26 Jasper Neimeijer	HPC	26	O	14.78		
17	59 Lotte van Duinen	DPC	26	I	14.80	PB	
18	53 Mees Mulder	HPE	18	O	14.84		
19	108 Milou Ruijtenberg	DPC	33	O	14.92		
20	93 Bastian Klomp	HPB	30	I	14.97		
21	58 Anne van Duinen	DPA	29	O	15.01		
22	61 Vayèn van der Weerd	DPC	25	I	15.13		
23	70 Esmee Noordman	DPD	27	O	15.15		
24	12 Koen Nijkamp	HPD	30	O	15.18		
	96 Léon Zwitter	HPB	16	O	15.18		
26	47 Jesse Withaar	HPB	27	I	15.20		
27	67 Willem Schalkwijk	HPD	24	I	15.26	PB	
28	116 Siem Jansma	HPB	23	O	15.83		
29	107 Gijs Thuis	HPC	17	I	15.91		
30	31 Elina Martens	DPC	21	O	15.93	PB	
31	15 Lola Bruggeman	DPE	24	O	16.12		
32	66 Lot Schalkwijk	DPF	21	I	16.15	PB	
33	17 Kalijn Kruithof	DPE	20	O	16.39	PB	
34	101 Lotte Looman	DPC	19	I	16.73	PB	
35	37 Isabel Potjes	DPC	22	O	17.07		
36	7 Faas Klunder	HPC	20	I	17.26	PB	
37	90 Lotte Mus	DPD	19	O	17.32	PB	
38	98 Tim Van der Kous	HPB	15	I	17.75		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	100 Puck Berke	DPD	18	I	18.84		
40	76 Sophie Wetzels	DPD	16	I	19.15		

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 3. Race Result 100 meter

		Name		Cat		PB		Time	Info
15	wt	98	<b>Tim Van der Kous</b>		HPB			<b>17.75</b>	
	rd	87	<b>Merle Ypma</b>		DPA			<b>14.74</b>	
		<b>Tim Van der Kous</b>			<b>Merle Ypma</b>				
		100m	17.75	(17.75)	100m	14.74	(14.74)		

		Name		Cat		PB		Time	Info
16	yw	76	<b>Sophie Wetzels</b>		DPD			<b>19.15</b>	
	bl	96	<b>Léon Zwitter</b>		HPB			<b>15.18</b>	
		<b>Sophie Wetzels</b>			<b>Léon Zwitter</b>				
		100m	19.15	(19.15)	100m	15.18	(15.18)		

		Name		Cat		PB		Time	Info
17	wt	107	<b>Gijs Thuis</b>		HPC			<b>15.91</b>	
	rd	65	<b>Milan Busser</b>		HPD			<b>14.57</b>	
		<b>Gijs Thuis</b>			<b>Milan Busser</b>				
		100m	15.91	(15.91)	100m	14.57	(14.57)		

		Name		Cat		PB		Time	Info
18	yw	100	<b>Puck Berke</b>		DPD			<b>18.84</b>	
	bl	53	<b>Mees Mulder</b>		HPE			<b>14.84</b>	
		<b>Puck Berke</b>			<b>Mees Mulder</b>				
		100m	18.84	(18.84)	100m	14.84	(14.84)		

		Name		Cat		PB		Time	Info
19	wt	101	<b>Lotte Looman</b>		DPC	20.07		<b>16.73</b>	PB
	rd	90	<b>Lotte Mus</b>		DPD	19.61		<b>17.32</b>	PB
		<b>Lotte Looman</b>			<b>Lotte Mus</b>				
		100m	16.73	(16.73)	100m	17.32	(17.32)		

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		Name	Cat	PB	Time	Info
20	yw	7 <b>Faas Klunder</b>	HPC	18.38	<b>17.26</b>	PB
	bl	17 <b>Kalijn Kruithof</b>	DPE	17.12	<b>16.39</b>	PB
		<u>Faas Klunder</u>			<u>Kalijn Kruithof</u>	
		100m 17.26 (17.26)		100m 16.39 (16.39)		

		Name	Cat	PB	Time	Info
21	wt	66 <b>Lot Schalkwijk</b>	DPF	18.04	<b>16.15</b>	PB
	rd	31 <b>Elina Martens</b>	DPC	16.37	<b>15.93</b>	PB
		<u>Lot Schalkwijk</u>			<u>Elina Martens</u>	
		100m 16.15 (16.15)		100m 15.93 (15.93)		

		Name	Cat	PB	Time	Info
22	yw	45 <b>Stian Louwers</b>	HPD	16.06	<b>14.62</b>	PB
	bl	37 <b>Isabel Potjes</b>	DPC	16.76	<b>17.07</b>	
		<u>Stian Louwers</u>			<u>Isabel Potjes</u>	
		100m 14.62 (14.62)		100m 17.07 (17.07)		

		Name	Cat	PB	Time	Info
23	wt	104 <b>Eline Torrenga</b>	DPC	15.67	<b>14.48</b>	PB
	rd	116 <b>Siem Jansma</b>	HPB	15.68	<b>15.83</b>	
		<u>Eline Torrenga</u>			<u>Siem Jansma</u>	
		100m 14.48 (14.48)		100m 15.83 (15.83)		

		Name	Cat	PB	Time	Info
24	yw	67 <b>Willem Schalkwijk</b>	HPD	15.59	<b>15.26</b>	PB
	bl	15 <b>Lola Bruggeman</b>	DPE	15.61	<b>16.12</b>	
		<u>Willem Schalkwijk</u>			<u>Lola Bruggeman</u>	
		100m 15.26 (15.26)		100m 16.12 (16.12)		

		Name	Cat	PB	Time	Info
25	wt	61 <b>Vayèn van der Weerd</b>	DPC	15.04	<b>15.13</b>	
	rd	84 <b>Jildau ter Laak</b>	DPB	13.83	<b>14.18</b>	
		<u>Vayèn van der Weerd</u>			<u>Jildau ter Laak</u>	
		100m 15.13 (15.13)		100m 14.18 (14.18)		

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		Name	Cat	PB	Time	Info
26	yw	59 <b>Lotte van Duinen</b>	DPC	15.10	<b>14.80</b>	PB
	bl	26 <b>Jasper Neimeijer</b>	HPC	14.27	<b>14.78</b>	
		<u>Lotte van Duinen</u>			<u>Jasper Neimeijer</u>	
		100m 14.80 (14.80)		100m 14.78 (14.78)		

		Name	Cat	PB	Time	Info
27	wt	47 <b>Jesse Withaar</b>	HPB	14.73	<b>15.20</b>	
	rd	70 <b>Esmee Noordman</b>	DPD	14.79	<b>15.15</b>	
		<u>Jesse Withaar</u>			<u>Esmee Noordman</u>	
		100m 15.20 (15.20)		100m 15.15 (15.15)		

		Name	Cat	PB	Time	Info
28	yw	88 <b>Maxim Ypma</b>	HPD	14.77	<b>13.81</b>	PB
	bl	21 <b>Sylvan Markvoort</b>	HPA	14.86	<b>13.79</b>	PB
		<u>Maxim Ypma</u>			<u>Sylvan Markvoort</u>	
		100m 13.81 (13.81)		100m 13.79 (13.79)		

		Name	Cat	PB	Time	Info
29	wt	105 <b>Vajèn Kerkmeijer</b>	DPB	14.61	<b>14.61</b>	PB
	rd	58 <b>Anne van Duinen</b>	DPA	14.63	<b>15.01</b>	
		<u>Vajèn Kerkmeijer</u>			<u>Anne van Duinen</u>	
		100m 14.61 (14.61)		100m 15.01 (15.01)		

		Name	Cat	PB	Time	Info
30	yw	93 <b>Bastian Klomp</b>	HPB	14.69	<b>14.97</b>	
	bl	12 <b>Koen Nijkamp</b>	HPD	14.71	<b>15.18</b>	
		<u>Bastian Klomp</u>			<u>Koen Nijkamp</u>	
		100m 14.97 (14.97)		100m 15.18 (15.18)		

		Name	Cat	PB	Time	Info
31	wt	56 <b>Indy Wesselink</b>	DPB	14.29	<b>14.67</b>	
	rd	22 <b>Elysa ter Kulve</b>	DPB	13.82	<b>14.20</b>	
		<u>Indy Wesselink</u>			<u>Elysa ter Kulve</u>	
		100m 14.67 (14.67)		100m 14.20 (14.20)		

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		Name		Cat		PB		Time	Info
32	yw	23	<b>Jayvinn ter Kulve</b>		HPD		14.49	<b>14.64</b>	
	bl	78	<b>Jill Isfordink</b>		DPB		14.14	<b>14.62</b>	
		<b>Jayvinn ter Kulve</b>			<b>Jill Isfordink</b>				
		100m	14.64	(14.64)	100m	14.62	(14.62)		

		Name		Cat		PB		Time	Info
33	wt	10	<b>Fajah Lugtenberg</b>		DPC		13.64	<b>13.84</b>	
	rd	108	<b>Milou Ruijtenberg</b>		DPC		14.05	<b>14.92</b>	
		<b>Fajah Lugtenberg</b>			<b>Milou Ruijtenberg</b>				
		100m	13.84	(13.84)	100m	14.92	(14.92)		

		Name		Cat		PB		Time	Info
34	yw	13	<b>Myrthe Cents</b>		DPB		13.17	<b>13.29</b>	
	bl	44	<b>Thure Louwers</b>		HPC		13.86	<b>13.96</b>	
		<b>Myrthe Cents</b>			<b>Thure Louwers</b>				
		100m	13.29	(13.29)	100m	13.96	(13.96)		

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## 4. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	77 Britt van der Linden	DA1	45	O	47.97		
2	106 Saar Nieuwenhuis	DPA	42	I	49.65	PB	
3	9 Eva Mezzo	DPA	46	O	49.73		
4	4 Olle Klunder	HPC	42	O	50.54		
5	5 Noor Klunder	DPA	43	O	51.33		
6	69 Evi de Vries	DPC	43	I	52.13		
7	55 Luuk Groothuis	HPA	41	I	52.35		
8	91 Jill Krikken	DPB	45	I	52.72		
9	8 Joëlle van Drimmelen	DPA	44	O	52.80		
10	54 Ties Groothuis	HPB	44	I	53.24		
11	18 Fabian Kruithof	HPA	41	O	53.74		
12	2 Roan Varenbrink	HPA	46	I	53.79		
13	92 Maud Nijkamp	DPB	40	O	54.76		
14	83 Fedde ter Laak	HPC	40	I	54.77		
15	86 Elin Mak	DPC	39	I	55.29		
16	75 Lisa Oldenhof	DPA	38	I	56.20		
17	79 Nora Venema	DPC	39	O	56.64		
18	33 Jasmijn Smit	DPB	38	O	56.76		
19	68 Nadine Hendriksen	DPD	35	I	56.99	PB	
20	34 Jesse van Velde	HPB	37	I	58.91		
21	51 Jasper van Gelder	HPC	37	O	59.77		
22	11 Jelle Nijkamp	HPB	35	O	1:00.18	PB	

Referee:

Assistant:

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## 4. Race Result 500 meter

		Name		Cat		PB		Time	Info
35	wt	68	<b>Nadine Hendriksen</b>		DPD		57.01	<b>56.99</b>	PB
	rd	11	<b>Jelle Nijkamp</b>		HPB		1:00.33	<b>1:00.18</b>	PB
		<b>Nadine Hendriksen</b>			<b>Jelle Nijkamp</b>				
		100m	14.07	(14.07)	100m	14.55	(14.55)		
		500m	56.99	(42.92)	500m	1:00.18	(45.63)		

		Name		Cat		PB		Time	Info
36	yw								
	bl								
			m						

		Name		Cat		PB		Time	Info
37	wt	34	<b>Jesse van Velde</b>		HPB		57.64	<b>58.91</b>	
	rd	51	<b>Jasper van Gelder</b>		HPC		59.47	<b>59.77</b>	
		<b>Jesse van Velde</b>			<b>Jasper van Gelder</b>				
		100m	13.64	(13.64)	100m	14.29	(14.29)		
		500m	58.91	(45.27)	500m	59.77	(45.48)		

		Name		Cat		PB		Time	Info
38	yw	75	<b>Lisa Oldenhof</b>		DPA		55.12	<b>56.20</b>	
	bl	33	<b>Jasmijn Smit</b>		DPB		55.11	<b>56.76</b>	
		<b>Lisa Oldenhof</b>			<b>Jasmijn Smit</b>				
		100m	14.01	(14.01)	100m	15.00	(15.00)		
		500m	56.20	(42.19)	500m	56.76	(41.76)		

		Name		Cat		PB		Time	Info
39	wt	86	<b>Elin Mak</b>		DPC		52.78	<b>55.29</b>	
	rd	79	<b>Nora Venema</b>		DPC		53.99	<b>56.64</b>	
		<b>Elin Mak</b>			<b>Nora Venema</b>				
		100m	13.99	(13.99)	100m	14.23	(14.23)		
		500m	55.29	(41.30)	500m	56.64	(42.41)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
40	yw	83	<b>Fedde ter Laak</b>		HPC		54.76	<b>54.77</b>	
	bl	92	<b>Maud Nijkamp</b>		DPB		51.24	<b>54.76</b>	
		<b>Fedde ter Laak</b>			<b>Maud Nijkamp</b>				
		100m	14.07	(14.07)	100m	13.74	(13.74)		
		500m	54.77	(40.70)	500m	54.76	(41.02)		

		Name		Cat		PB		Time	Info
41	wt	55	<b>Luuk Groothuis</b>		HPA		50.46	<b>52.35</b>	
	rd	18	<b>Fabian Kruithof</b>		HPA		53.51	<b>53.74</b>	
		<b>Luuk Groothuis</b>			<b>Fabian Kruithof</b>				
		100m	13.22	(13.22)	100m	13.55	(13.55)		
		500m	52.35	(39.13)	500m	53.74	(40.19)		

		Name		Cat		PB		Time	Info
42	yw	106	<b>Saar Nieuwenhuis</b>		DPA		53.38	<b>49.65</b>	PB
	bl	4	<b>Olle Klunder</b>		HPC		49.56	<b>50.54</b>	
		<b>Saar Nieuwenhuis</b>			<b>Olle Klunder</b>				
		100m	12.92	(12.92)	100m	13.00	(13.00)		
		500m	49.65	(36.73)	500m	50.54	(37.54)		

		Name		Cat		PB		Time	Info
43	wt	69	<b>Evi de Vries</b>		DPC		51.98	<b>52.13</b>	
	rd	5	<b>Noor Klunder</b>		DPA		49.84	<b>51.33</b>	
		<b>Evi de Vries</b>			<b>Noor Klunder</b>				
		100m	12.95	(12.95)	100m	12.99	(12.99)		
		500m	52.13	(39.18)	500m	51.33	(38.34)		

		Name		Cat		PB		Time	Info
44	yw	54	<b>Ties Groothuis</b>		HPB		51.16	<b>53.24</b>	
	bl	8	<b>Joëlle van Drimmelen</b>		DPA		49.28	<b>52.80</b>	
		<b>Ties Groothuis</b>			<b>Joëlle van Drimmelen</b>				
		100m	12.47	(12.47)	100m	13.27	(13.27)		
		500m	53.24	(40.77)	500m	52.80	(39.53)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
45	wt	91	<b>Jill Krikken</b>		DPB		50.78	<b>52.72</b>	
	rd	77	<b>Britt van der Linden</b>		DA1		44.51	<b>47.97</b>	
		<u>Jill Krikken</u>			<u>Britt van der Linden</u>				
		100m	13.07	(13.07)	100m	12.57	(12.57)		
		500m	52.72	(39.65)	500m	47.97	(35.40)		

		Name		Cat		PB		Time	Info
46	yw	2	<b>Roan Varenbrink</b>		HPA		48.86	<b>53.79</b>	
	bl	9	<b>Eva Mezzo</b>		DPA		48.55	<b>49.73</b>	
		<u>Roan Varenbrink</u>			<u>Eva Mezzo</u>				
		100m	13.06	(13.06)	100m	12.51	(12.51)		
		500m	53.79	(40.73)	500m	49.73	(37.22)		

Referee:

Assistant:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 5. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	52 Daniël Bleumink	HPC	48	O	15.06	
2	64 Feline Kromdijk	DPE	48	I	16.63	
3	46 Joël Withaar	HPD	47	I	18.20	

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

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## 5. Race Result 100 meter

	Name	Cat	PB	Time	Info
47	wt rd	46 Joël Withaar	HPD		<b>18.20</b>
	Joël Withaar				
	100m	18.20 (18.20)		m	

	Name	Cat	PB	Time	Info
48	yw bl	64 Feline Kromdijk	DPE		<b>16.63</b>
		52 Daniël Bleumink	HPC	14.29	<b>15.06</b>
	Feline Kromdijk				
	100m	16.63 (16.63)			
	Daniël Bleumink				
	100m	15.06 (15.06)			

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	13 Myrthe Cents	DPB	68	I	33.05	PB	
2	44 Thure Louwers	HPC	67	I	35.20	PB	
3	84 Jildau ter Laak	DPB	64	I	35.78		
4	10 Fajah Lugtenberg	DPC	68	O	36.18	PB	
5	56 Indy Wesselink	DPB	66	I	36.69		
6	21 Sylvan Markvoort	HPA	61	I	37.16	PB	
7	58 Anne van Duinen	DPA	64	O	37.72		
8	105 Vajèn Kerkmeijer	DPB	62	I	38.46		
9	88 Maxim Ypma	HPD	60	I	38.70	PB	
10	26 Jasper Neimeijer	HPC	67	O	38.84		
11	108 Milou Ruijtenberg	DPC	66	O	39.03		
12	104 Eline Torrenga	DPC	58	O	39.13	PB	
13	65 Milan Busser	HPD	51	I	39.19		
14	22 Elysa ter Kulve	DPB	63	I	39.30		
	59 Lotte van Duinen	DPC	63	O	39.30		
16	67 Willem Schalkwijk	HPD	62	O	40.36		
17	12 Koen Nijkamp	HPD	59	I	40.56	PB	
18	61 Vayèn van der Weerd	DPC	60	O	40.77		
19	70 Esmee Noordman	DPD	61	O	40.91		
20	93 Bastian Klomp	HPB	59	O	40.97		
21	47 Jesse Withaar	HPB	57	O	41.32		
22	53 Mees Mulder	HPE	55	O	41.44	PB	
23	87 Merle Ypma	DPA	50	O	41.96		
24	45 Stian Louwers	HPD	56	O	42.44	PB	
25	15 Lola Bruggeman	DPE	58	I	43.11		
26	96 Léon Zwitter	HPB	49	O	43.47		
27	116 Siem Jansma	HPB	57	I	43.89		
28	31 Elina Martens	DPC	56	I	44.20	PB	
29	98 Tim Van der Kous	HPB	49	I	44.64		
30	23 Jayvinn ter Kulve	HPD	65	I	45.56	FL	
31	7 Faas Klunder	HPC	54	O	46.22	PB	
32	107 Gijs Thuis	HPC	52	O	46.48		
33	17 Kalijn Kruithof	DPE	51	O	46.62	PB	
34	37 Isabel Potjes	DPC	55	I	46.70		
35	90 Lotte Mus	DPD	54	I	46.90	PB	
36	78 Jill Isfordink	DPB	65	O	47.68	FL	
37	101 Lotte Looman	DPC	53	I	48.14	PB	
38	100 Puck Berke	DPD	52	I	49.74		

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# Traningswed pup F t/m master

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	66 Lot Schalkwijk	DPF	53	0	51.68		
40	76 Sophie Wetzels	DPD	50	1	52.95		

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Race Result 300 meter

		Name		Cat		PB		Time	Info
49	wt	98	<b>Tim Van der Kous</b>		HPB			<b>44.64</b>	
	rd	96	<b>Léon Zwitter</b>		HPB			<b>43.47</b>	
		<u>Tim Van der Kous</u>					<u>Léon Zwitter</u>		
		300m	44.64	(44.64)			300m	43.47	(43.47)

		Name		Cat		PB		Time	Info
50	yw	76	<b>Sophie Wetzels</b>		DPD			<b>52.95</b>	
	bl	87	<b>Merle Ypma</b>		DPA			<b>41.96</b>	
		<u>Sophie Wetzels</u>					<u>Merle Ypma</u>		
		300m	52.95	(52.95)			300m	41.96	(41.96)

		Name		Cat		PB		Time	Info
51	wt	65	<b>Milan Busser</b>		HPD			<b>39.19</b>	
	rd	17	<b>Kalijn Kruithof</b>		DPE	47.07		<b>46.62</b>	PB
		<u>Milan Busser</u>					<u>Kalijn Kruithof</u>		
		300m	39.19	(39.19)			300m	46.62	(46.62)

		Name		Cat		PB		Time	Info
52	yw	100	<b>Puck Berke</b>		DPD			<b>49.74</b>	
	bl	107	<b>Gijs Thuis</b>		HPC			<b>46.48</b>	
		<u>Puck Berke</u>					<u>Gijs Thuis</u>		
		300m	49.74	(49.74)			300m	46.48	(46.48)

		Name		Cat		PB		Time	Info
53	wt	101	<b>Lotte Looman</b>		DPC	52.39		<b>48.14</b>	PB
	rd	66	<b>Lot Schalkwijk</b>		DPF	47.63		<b>51.68</b>	
		<u>Lotte Looman</u>					<u>Lot Schalkwijk</u>		
		300m	48.14	(48.14)			300m	51.68	(51.68)

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
54	yw	90 <b>Lotte Mus</b>	DPD	54.91	<b>46.90</b>	PB
	bl	7 <b>Faas Klunder</b>	HPC	46.93	<b>46.22</b>	PB
		<u>Lotte Mus</u>		<u>Faas Klunder</u>		
		300m 46.90 (46.90)		300m 46.22 (46.22)		

		Name	Cat	PB	Time	Info
55	wt	37 <b>Isabel Potjes</b>	DPC	45.51	<b>46.70</b>	
	rd	53 <b>Mees Mulder</b>	HPE	46.90	<b>41.44</b>	PB
		<u>Isabel Potjes</u>		<u>Mees Mulder</u>		
		300m 46.70 (46.70)		300m 41.44 (41.44)		

		Name	Cat	PB	Time	Info
56	yw	31 <b>Elina Martens</b>	DPC	45.75	<b>44.20</b>	PB
	bl	45 <b>Stian Louwers</b>	HPD	45.27	<b>42.44</b>	PB
		<u>Elina Martens</u>		<u>Stian Louwers</u>		
		300m 44.20 (44.20)		300m 42.44 (42.44)		

		Name	Cat	PB	Time	Info
57	wt	116 <b>Siem Jansma</b>	HPB	43.51	<b>43.89</b>	
	rd	47 <b>Jesse Withaar</b>	HPB	40.64	<b>41.32</b>	
		<u>Siem Jansma</u>		<u>Jesse Withaar</u>		
		300m 43.89 (43.89)		300m 41.32 (41.32)		

		Name	Cat	PB	Time	Info
58	yw	15 <b>Lola Bruggeman</b>	DPE	42.34	<b>43.11</b>	
	bl	104 <b>Eline Torrenga</b>	DPC	42.47	<b>39.13</b>	PB
		<u>Lola Bruggeman</u>		<u>Eline Torrenga</u>		
		300m 43.11 (43.11)		300m 39.13 (39.13)		

		Name	Cat	PB	Time	Info
59	wt	12 <b>Koen Nijkamp</b>	HPD	41.41	<b>40.56</b>	PB
	rd	93 <b>Bastian Klomp</b>	HPB	38.62	<b>40.97</b>	
		<u>Koen Nijkamp</u>		<u>Bastian Klomp</u>		
		300m 40.56 (40.56)		300m 40.97 (40.97)		

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# Traningswed pup F t/m master

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		Name	Cat	PB	Time	Info
60	yw	88 Maxim Ypma	HPD	40.83	<b>38.70</b>	PB
	bl	61 Vayèn van der Weerd	DPC	39.93	<b>40.77</b>	
		<u>Maxim Ypma</u>				
		300m	38.70 (38.70)			
		<u>Vayèn van der Weerd</u>				
		300m	40.77 (40.77)			
<hr/>						
		Name	Cat	PB	Time	Info
61	wt	21 Sylvan Markvoort	HPA	39.44	<b>37.16</b>	PB
	rd	70 Esmee Noordman	DPD	39.51	<b>40.91</b>	
		<u>Sylvan Markvoort</u>				
		300m	37.16 (37.16)			
		<u>Esmee Noordman</u>				
		300m	40.91 (40.91)			
<hr/>						
		Name	Cat	PB	Time	Info
62	yw	105 Vajèn Kerkmeijer	DPB	35.80	<b>38.46</b>	
	bl	67 Willem Schalkwijk	HPD	39.66	<b>40.36</b>	
		<u>Vajèn Kerkmeijer</u>				
		300m	38.46 (38.46)			
		<u>Willem Schalkwijk</u>				
		300m	40.36 (40.36)			
<hr/>						
		Name	Cat	PB	Time	Info
63	wt	22 Elysa ter Kulve	DPB	38.45	<b>39.30</b>	
	rd	59 Lotte van Duinen	DPC	38.50	<b>39.30</b>	
		<u>Elysa ter Kulve</u>				
		300m	39.30 (39.30)			
		<u>Lotte van Duinen</u>				
		300m	39.30 (39.30)			
<hr/>						
		Name	Cat	PB	Time	Info
64	yw	84 Jildau ter Laak	DPB	35.18	<b>35.78</b>	
	bl	58 Anne van Duinen	DPA	37.26	<b>37.72</b>	
		<u>Jildau ter Laak</u>				
		300m	35.78 (35.78)			
		<u>Anne van Duinen</u>				
		300m	37.72 (37.72)			
<hr/>						
		Name	Cat	PB	Time	Info
65	wt	23 Jayvinn ter Kulve	HPD	38.20	<b>45.56</b>	FL
	rd	78 Jill Isfordink	DPB	37.02	<b>47.68</b>	FL
		<u>Jayvinn ter Kulve</u>				
		300m	45.56 (45.56)			
		<u>Jill Isfordink</u>				
		300m	47.68 (47.68)			

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
66	yw	56 <b>Indy Wesselink</b>	DPB	36.19	<b>36.69</b>	
	bl	108 <b>Milou Ruijtenberg</b>	DPC	37.59	<b>39.03</b>	
		<u>Indy Wesselink</u>			<u>Milou Ruijtenberg</u>	
		300m 36.69 (36.69)		300m 39.03 (39.03)		

		Name	Cat	PB	Time	Info
67	wt	44 <b>Thure Louwers</b>	HPC	37.06	<b>35.20</b>	PB
	rd	26 <b>Jasper Neimeijer</b>	HPC	37.02	<b>38.84</b>	
		<u>Thure Louwers</u>			<u>Jasper Neimeijer</u>	
		300m 35.20 (35.20)		300m 38.84 (38.84)		

		Name	Cat	PB	Time	Info
68	yw	13 <b>Myrthe Cents</b>	DPB	33.29	<b>33.05</b>	PB
	bl	10 <b>Fajah Lugtenberg</b>	DPC	36.59	<b>36.18</b>	PB
		<u>Myrthe Cents</u>			<u>Fajah Lugtenberg</u>	
		300m 33.05 (33.05)		300m 36.18 (36.18)		

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 7. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	9 Eva Mezzo	DPA	75	I	30.93		
2	106 Saar Nieuwenhuis	DPA	76	O	31.70	PB	
3	91 Jill Krikken	DPB	77	I	31.72		
4	4 Olle Klunder	HPC	76	I	31.81	PB	
5	69 Evi de Vries	DPC	78	O	32.52		
6	5 Noor Klunder	DPA	73	O	32.55		
7	54 Ties Groothuis	HPB	77	O	32.56		
8	55 Luuk Groothuis	HPA	75	O	33.16		
9	18 Fabian Kruithof	HPA	73	I	33.29		
10	83 Fedde ter Laak	HPC	72	I	34.13		
11	92 Maud Nijkamp	DPB	74	O	34.30		
12	86 Elin Mak	DPC	74	I	34.32		
13	34 Jesse van Velde	HPB	72	O	34.49	PB	
14	79 Nora Venema	DPC	71	O	34.79		
15	75 Lisa Oldenhof	DPA	71	I	34.83	PB	
16	68 Nadine Hendriksen	DPD	69	I	35.20	PB	
17	51 Jasper van Gelder	HPC	70	O	35.59		
18	11 Jelle Nijkamp	HPB	70	I	35.95	PB	
	2 Roan Varenbrink	HPA			WDR		

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 7. Race Result 300 meter

		Name		Cat		PB		Time	Info
69	wt	68	<b>Nadine Hendriksen</b>		DPD		35.55	<b>35.20</b>	PB
	rd								
		<u>Nadine Hendriksen</u>							
		300m	35.20	(35.20)		m			

		Name		Cat		PB		Time	Info
70	yw	11	<b>Jelle Nijkamp</b>		HPB		36.27	<b>35.95</b>	PB
	bl	51	<b>Jasper van Gelder</b>		HPC		35.00	<b>35.59</b>	
		<u>Jelle Nijkamp</u>							
		300m	35.95	(35.95)					
		<u>Jasper van Gelder</u>							
		300m	35.59	(35.59)					

		Name		Cat		PB		Time	Info
71	wt	75	<b>Lisa Oldenhof</b>		DPA		34.97	<b>34.83</b>	PB
	rd	79	<b>Nora Venema</b>		DPC		33.91	<b>34.79</b>	
		<u>Lisa Oldenhof</u>							
		300m	34.83	(34.83)					
		<u>Nora Venema</u>							
		300m	34.79	(34.79)					

		Name		Cat		PB		Time	Info
72	yw	83	<b>Fedde ter Laak</b>		HPC		33.58	<b>34.13</b>	
	bl	34	<b>Jesse van Velde</b>		HPB		34.56	<b>34.49</b>	PB
		<u>Fedde ter Laak</u>							
		300m	34.13	(34.13)					
		<u>Jesse van Velde</u>							
		300m	34.49	(34.49)					

		Name		Cat		PB		Time	Info
73	wt	18	<b>Fabian Kruithof</b>		HPA		33.01	<b>33.29</b>	
	rd	5	<b>Noor Klunder</b>		DPA		31.80	<b>32.55</b>	
		<u>Fabian Kruithof</u>							
		300m	33.29	(33.29)					
		<u>Noor Klunder</u>							
		300m	32.55	(32.55)					

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name	Cat	PB	Time	Info
74	yw	86 <b>Elin Mak</b>	DPC	33.83	<b>34.32</b>	
	bl	92 <b>Maud Nijkamp</b>	DPB	32.65	<b>34.30</b>	
		<u>Elin Mak</u>		<u>Maud Nijkamp</u>		
		300m 34.32 (34.32)		300m 34.30 (34.30)		

		Name	Cat	PB	Time	Info
75	wt	9 <b>Eva Mezzo</b>	DPA	30.74	<b>30.93</b>	
	rd	55 <b>Luuk Groothuis</b>	HPA	31.81	<b>33.16</b>	
		<u>Eva Mezzo</u>		<u>Luuk Groothuis</u>		
		300m 30.93 (30.93)		300m 33.16 (33.16)		

		Name	Cat	PB	Time	Info
76	yw	4 <b>Olle Klunder</b>	HPC	31.83	<b>31.81</b>	PB
	bl	106 <b>Saar Nieuwenhuis</b>	DPA	32.33	<b>31.70</b>	PB
		<u>Olle Klunder</u>		<u>Saar Nieuwenhuis</u>		
		300m 31.81 (31.81)		300m 31.70 (31.70)		

		Name	Cat	PB	Time	Info
77	wt	91 <b>Jill Krikken</b>	DPB	31.35	<b>31.72</b>	
	rd	54 <b>Ties Groothuis</b>	HPB	31.63	<b>32.56</b>	
		<u>Jill Krikken</u>		<u>Ties Groothuis</u>		
		300m 31.72 (31.72)		300m 32.56 (32.56)		

		Name	Cat	PB	Time	Info
78	yw	2 <b>Roan Varenbrink</b>	HPA	30.35	<b>WDR</b>	
	bl	69 <b>Evi de Vries</b>	DPC	30.99	<b>32.52</b>	
		<u>Roan Varenbrink</u>		<u>Evi de Vries</u>		
				300m 32.52 (32.52)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 8. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	8 Joëlle van Drimmelen	DPA	80	O	1:16.40	
2	33 Jasmijn Smit	DPB	80	I	1:19.64	
	77 Britt van der Linden	DA1			WDR	

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 8. Race Result 700 meter

	Name	Cat	PB	Time Info	
79	wt rd	77 <b>Britt van der Linden</b>	DA1	1:04.48	<b>WDR</b>

Britt van der Linden

m

	Name	Cat	PB	Time Info	
80	yw	33 <b>Jasmijn Smit</b>	DPB	1:18.86	<b>1:19.64</b>
	bl	8 <b>Joëlle van Drimmelen</b>	DPA	1:10.64	<b>1:16.40</b>

Jasmijn Smit

Joëlle van Drimmelen

300m 35.46 (35.46)

300m 34.40 (34.40)

700m 1:19.64 (44.18)

700m 1:16.40 (42.00)

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 9. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	13 Myrthe Cents	DPB	100	O	34.99		
2	44 Thure Louwers	HPC	99	O	36.05		
3	84 Jildau ter Laak	DPB	96	O	36.29		
4	26 Jasper Neimeijer	HPC	99	I	36.46	PB	
5	10 Fajah Lugtenberg	DPC	100	I	36.69		
6	78 Jill Isfordink	DPB	97	I	37.57		
7	21 Sylvan Markvoort	HPA	93	O	38.07		
8	23 Jayvinn ter Kulve	HPD	97	O	38.20	PB	
9	108 Milou Ruijtenberg	DPC	98	I	38.45		
10	56 Indy Wesselink	DPB	98	O	38.50		
11	88 Maxim Ypma	HPD	92	O	39.04		
12	58 Anne van Duinen	DPA	96	I	39.18		
13	105 Vajèn Kerkmeijer	DPB	94	O	39.60		
14	104 Eline Torrenga	DPC	90	I	39.85		
15	87 Merle Ypma	DPA	82	I	40.37		
16	93 Bastian Klomp	HPB	91	I	40.62		
17	53 Mees Mulder	HPE	87	I	40.64	PB	
18	70 Esmee Noordman	DPD	93	I	40.73		
19	45 Stian Louwers	HPD	88	I	40.80	PB	
20	47 Jesse Withaar	HPB	89	I	40.83		
21	12 Koen Nijkamp	HPD	91	O	40.97		
22	61 Vayèn van der Weerd	DPC	92	I	41.17		
23	22 Elysa ter Kulve	DPB	95	O	41.50		
24	65 Milan Busser	HPD	83	O	41.53		
25	96 Léon Zwitter	HPB	81	I	43.24		
26	15 Lola Bruggeman	DPE	90	O	44.41		
27	66 Lot Schalkwijk	DPF	85	I	44.42	PB	
28	31 Elina Martens	DPC	88	O	44.66		
29	107 Gijs Thuis	HPC	84	I	45.32		
30	98 Tim Van der Kous	HPB	81	O	45.37		
31	37 Isabel Potjes	DPC	87	O	46.75		
32	17 Kalijn Kruithof	DPE	83	I	47.01		
33	90 Lotte Mus	DPD	86	O	47.10		
34	7 Faas Klunder	HPC	86	I	47.14		
35	100 Puck Berke	DPD	84	O	49.28		
36	101 Lotte Looman	DPC	85	O	49.97		
37	76 Sophie Wetzels	DPD	82	O	53.27		
38	116 Siem Jansma	HPB	89	O	55.27	FL	

Referee:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	59 Lotte van Duinen	DPC	95	I	1:01.83	FL	
40	67 Willem Schalkwijk	HPD	94	I	1:27.54	FL	

Referee:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 9. Race Result 300 meter

		Name		Cat		PB		Time	Info
81	wt	96	<b>Léon Zwitter</b>		HPB			<b>43.24</b>	
	rd	98	<b>Tim Van der Kous</b>		HPB			<b>45.37</b>	
		<u>Léon Zwitter</u>				<u>Tim Van der Kous</u>			
		300m	43.24	(43.24)		300m	45.37	(45.37)	

		Name		Cat		PB		Time	Info
82	yw	87	<b>Merle Ypma</b>		DPA			<b>40.37</b>	
	bl	76	<b>Sophie Wetzels</b>		DPD			<b>53.27</b>	
		<u>Merle Ypma</u>				<u>Sophie Wetzels</u>			
		300m	40.37	(40.37)		300m	53.27	(53.27)	

		Name		Cat		PB		Time	Info
83	wt	17	<b>Kalijn Kruithof</b>		DPE	47.07		<b>47.01</b>	
	rd	65	<b>Milan Busser</b>		HPD			<b>41.53</b>	
		<u>Kalijn Kruithof</u>				<u>Milan Busser</u>			
		300m	47.01	(47.01)		300m	41.53	(41.53)	

		Name		Cat		PB		Time	Info
84	yw	107	<b>Gijs Thuis</b>		HPC			<b>45.32</b>	
	bl	100	<b>Puck Berke</b>		DPD			<b>49.28</b>	
		<u>Gijs Thuis</u>				<u>Puck Berke</u>			
		300m	45.32	(45.32)		300m	49.28	(49.28)	

		Name		Cat		PB		Time	Info
85	wt	66	<b>Lot Schalkwijk</b>		DPF	47.63		<b>44.42</b>	PB
	rd	101	<b>Lotte Looman</b>		DPC	52.39		<b>49.97</b>	
		<u>Lot Schalkwijk</u>				<u>Lotte Looman</u>			
		300m	44.42	(44.42)		300m	49.97	(49.97)	



# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
86	yw	7	<b>Faas Klunder</b>		HPC	46.93		<b>47.14</b>	
	bl	90	<b>Lotte Mus</b>		DPD	54.91		<b>47.10</b>	
		<u>Faas Klunder</u>				<u>Lotte Mus</u>			
		300m	47.14	(47.14)		300m	47.10	(47.10)	

		Name		Cat		PB		Time	Info
87	wt	53	<b>Mees Mulder</b>		HPE	46.90		<b>40.64</b>	PB
	rd	37	<b>Isabel Potjes</b>		DPC	45.51		<b>46.75</b>	
		<u>Mees Mulder</u>				<u>Isabel Potjes</u>			
		300m	40.64	(40.64)		300m	46.75	(46.75)	

		Name		Cat		PB		Time	Info
88	yw	45	<b>Stian Louwers</b>		HPD	45.27		<b>40.80</b>	PB
	bl	31	<b>Elina Martens</b>		DPC	45.75		<b>44.66</b>	
		<u>Stian Louwers</u>				<u>Elina Martens</u>			
		300m	40.80	(40.80)		300m	44.66	(44.66)	

		Name		Cat		PB		Time	Info
89	wt	47	<b>Jesse Withaar</b>		HPB	40.64		<b>40.83</b>	
	rd	116	<b>Siem Jansma</b>		HPB	43.51		<b>55.27</b>	FL
		<u>Jesse Withaar</u>				<u>Siem Jansma</u>			
		300m	40.83	(40.83)		300m	55.27	(55.27)	

		Name		Cat		PB		Time	Info
90	yw	104	<b>Eline Torrenga</b>		DPC	42.47		<b>39.85</b>	
	bl	15	<b>Lola Bruggeman</b>		DPE	42.34		<b>44.41</b>	
		<u>Eline Torrenga</u>				<u>Lola Bruggeman</u>			
		300m	39.85	(39.85)		300m	44.41	(44.41)	

		Name		Cat		PB		Time	Info
91	wt	93	<b>Bastian Klomp</b>		HPB	38.62		<b>40.62</b>	
	rd	12	<b>Koen Nijkamp</b>		HPD	41.41		<b>40.97</b>	
		<u>Bastian Klomp</u>				<u>Koen Nijkamp</u>			
		300m	40.62	(40.62)		300m	40.97	(40.97)	

Referee:

Assistant:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
92	yw	61	<b>Vayèn van der Weerd</b>		DPC		39.93	<b>41.17</b>	
	bl	88	<b>Maxim Ypma</b>		HPD		40.83	<b>39.04</b>	
		<u>Vayèn van der Weerd</u>				<u>Maxim Ypma</u>			
		300m	41.17	(41.17)		300m	39.04	(39.04)	

		Name		Cat		PB		Time	Info
93	wt	70	<b>Esmee Noordman</b>		DPD		39.51	<b>40.73</b>	
	rd	21	<b>Sylvan Markvoort</b>		HPA		39.44	<b>38.07</b>	
		<u>Esmee Noordman</u>				<u>Sylvan Markvoort</u>			
		300m	40.73	(40.73)		300m	38.07	(38.07)	

		Name		Cat		PB		Time	Info
94	yw	67	<b>Willem Schalkwijk</b>		HPD		39.66	<b>1:27.54</b>	FL
	bl	105	<b>Vajèn Kerkmeijer</b>		DPB		35.80	<b>39.60</b>	
		<u>Willem Schalkwijk</u>				<u>Vajèn Kerkmeijer</u>			
		300m	1:27.54	(87.54)		300m	39.60	(39.60)	

		Name		Cat		PB		Time	Info
95	wt	59	<b>Lotte van Duinen</b>		DPC		38.50	<b>1:01.83</b>	FL
	rd	22	<b>Elysa ter Kulve</b>		DPB		38.45	<b>41.50</b>	
		<u>Lotte van Duinen</u>				<u>Elysa ter Kulve</u>			
		300m	1:01.83	(61.83)		300m	41.50	(41.50)	

		Name		Cat		PB		Time	Info
96	yw	58	<b>Anne van Duinen</b>		DPA		37.26	<b>39.18</b>	
	bl	84	<b>Jildau ter Laak</b>		DPB		35.18	<b>36.29</b>	
		<u>Anne van Duinen</u>				<u>Jildau ter Laak</u>			
		300m	39.18	(39.18)		300m	36.29	(36.29)	

		Name		Cat		PB		Time	Info
97	wt	78	<b>Jill Isfordink</b>		DPB		37.02	<b>37.57</b>	
	rd	23	<b>Jayvinn ter Kulve</b>		HPD		38.20	<b>38.20</b>	PB
		<u>Jill Isfordink</u>				<u>Jayvinn ter Kulve</u>			
		300m	37.57	(37.57)		300m	38.20	(38.20)	

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name	Cat	PB	Time	Info
98	yw	108 <b>Milou Ruijtenberg</b>	DPC	37.59	<b>38.45</b>	
	bl	56 <b>Indy Wesselink</b>	DPB	36.19	<b>38.50</b>	
		<u>Milou Ruijtenberg</u>			<u>Indy Wesselink</u>	
		300m 38.45 (38.45)		300m 38.50 (38.50)		
<hr/>						
		Name	Cat	PB	Time	Info
99	wt	26 <b>Jasper Neimeijer</b>	HPC	37.02	<b>36.46</b>	PB
	rd	44 <b>Thure Louwers</b>	HPC	37.06	<b>36.05</b>	
		<u>Jasper Neimeijer</u>			<u>Thure Louwers</u>	
		300m 36.46 (36.46)		300m 36.05 (36.05)		
<hr/>						
		Name	Cat	PB	Time	Info
100	yw	10 <b>Fajah Lugtenberg</b>	DPC	36.59	<b>36.69</b>	
	bl	13 <b>Myrthe Cents</b>	DPB	33.29	<b>34.99</b>	
		<u>Fajah Lugtenberg</u>			<u>Myrthe Cents</u>	
		300m 36.69 (36.69)		300m 34.99 (34.99)		

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 10. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	89 Lesley Bartelds	HN1	103	I	43.70		
2	72 Gerwin Boschloo	H50	104	I	44.87		
3	85 Herre Mak	HC2	106	O	45.74		
4	29 Femke Assink	DSA	102	I	45.96		
5	94 Jens Zwitter	H45	102	O	46.24		
6	113 Sjoerd de Haan	HC2	105	O	46.25		
7	73 Wietske Bannink	DSB	105	I	47.30		
8	27 Rudie Assink	H55	101	I	47.40		
9	82 Pieter Dijkstra	HSA	106	I	47.67		
10	6 Just Klunder	HC1	108	I	48.06		
11	49 Megan Bootsveld	DN4	103	O	48.68		
12	80 Arjen Esselink	H55	104	O	48.83		
13	114 Wietze de Haan	HC1	109	I	49.17	PB	
14	81 Loïc de Vries	HB1	111	I	49.38	PB	
15	74 Jelte Wensveen	HB1	110	O	49.87	PB	
16	95 Lisa Otten	DB1	108	O	50.49		
17	32 Demi Bartelds	DN4	107	I	50.87		
18	1 Elin Varenbrink	DC2	112	I	51.45		
19	57 Lise Cents	DC1	110	I	51.82	PB	
20	24 Hilbert ter Kulve	H40	107	O	51.95		
21	103 Niels Klein Koerkamp	HSB	116	I	52.56	PB	
22	48 Mika Wesselink	HC1	114	O	54.75		
23	19 Kim Versteeg	DC1	111	O	55.31		
24	110 Tessa Bosman	DB1	115	I	55.48	PB	
25	63 Silke van den Bos	DC2	109	O	56.14		
26	111 Yara Makkinga	DC1	113	O	56.23		
27	41 Suze Kleinsman	DC1	113	I	56.82		
28	25 Blom Ooijman	DC2	112	O	57.59		
29	42 Minke Nijenhuis	DC1	114	I	1:00.53		
30	115 Lize Zeewuster	DC1	116	O	1:00.91	PB	
31	112 Ilse Horstman	DC1	115	O	1:02.53		

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 10. Race Result 500 meter

		Name		Cat		PB		Time	Info
101	wt	27	<b>Rudie Assink</b>		H55		43.69	<b>47.40</b>	
	rd								
		<b>Rudie Assink</b>							
		100m	12.95	(12.95)		m			
		500m	47.40	(34.45)					

		Name		Cat		PB		Time	Info
102	yw	29	<b>Femke Assink</b>		DSA		43.48	<b>45.96</b>	
	bl	94	<b>Jens Zwitter</b>		H45		41.46	<b>46.24</b>	
		<b>Femke Assink</b>							
		100m	12.39	(12.39)		100m	12.99	(12.99)	
		500m	45.96	(33.57)		500m	46.24	(33.25)	

		Name		Cat		PB		Time	Info
103	wt	89	<b>Lesley Bartelds</b>		HN1		41.82	<b>43.70</b>	
	rd	49	<b>Megan Bootsveld</b>		DN4		47.20	<b>48.68</b>	
		<b>Lesley Bartelds</b>							
		100m	12.09	(12.09)		100m	13.16	(13.16)	
		500m	43.70	(31.61)		500m	48.68	(35.52)	

		Name		Cat		PB		Time	Info
104	yw	72	<b>Gerwin Boschloo</b>		H50		43.16	<b>44.87</b>	
	bl	80	<b>Arjen Esselink</b>		H55		46.23	<b>48.83</b>	
		<b>Gerwin Boschloo</b>							
		100m	11.89	(11.89)		100m	13.01	(13.01)	
		500m	44.87	(32.98)		500m	48.83	(35.82)	

		Name		Cat		PB		Time	Info
105	wt	73	<b>Wietske Bannink</b>		DSB		43.81	<b>47.30</b>	
	rd	113	<b>Sjoerd de Haan</b>		HC2		45.37	<b>46.25</b>	
		<b>Wietske Bannink</b>							
		100m	12.25	(12.25)		100m	12.25	(12.25)	
		500m	47.30	(35.05)		500m	46.25	(34.00)	

Referee:

Assistant:

Starter:

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# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
106	yw	82	<b>Pieter Dijkstra</b>		HSA		47.63	<b>47.67</b>	
	bl	85	<b>Herre Mak</b>		HC2		45.66	<b>45.74</b>	
		<b>Pieter Dijkstra</b>			<b>Herre Mak</b>				
		100m	12.77	(12.77)	100m	12.19	(12.19)		
		500m	47.67	(34.90)	500m	45.74	(33.55)		

		Name		Cat		PB		Time	Info
107	wt	32	<b>Demi Bartelds</b>		DN4		47.76	<b>50.87</b>	
	rd	24	<b>Hilbert ter Kulve</b>		H40		50.14	<b>51.95</b>	
		<b>Demi Bartelds</b>			<b>Hilbert ter Kulve</b>				
		100m	13.44	(13.44)	100m	13.51	(13.51)		
		500m	50.87	(37.43)	500m	51.95	(38.44)		

		Name		Cat		PB		Time	Info
108	yw	6	<b>Just Klunder</b>		HC1		47.75	<b>48.06</b>	
	bl	95	<b>Lisa Otten</b>		DB1		47.98	<b>50.49</b>	
		<b>Just Klunder</b>			<b>Lisa Otten</b>				
		100m	12.65	(12.65)	100m	13.40	(13.40)		
		500m	48.06	(35.41)	500m	50.49	(37.09)		

		Name		Cat		PB		Time	Info
109	wt	114	<b>Wietze de Haan</b>		HC1		50.64	<b>49.17</b>	PB
	rd	63	<b>Silke van den Bos</b>		DC2		52.53	<b>56.14</b>	
		<b>Wietze de Haan</b>			<b>Silke van den Bos</b>				
		100m	13.50	(13.50)	100m	14.17	(14.17)		
		500m	49.17	(35.67)	500m	56.14	(41.97)		

		Name		Cat		PB		Time	Info
110	yw	57	<b>Lise Cents</b>		DC1		52.89	<b>51.82</b>	PB
	bl	74	<b>Jelte Wensveen</b>		HB1		52.25	<b>49.87</b>	PB
		<b>Lise Cents</b>			<b>Jelte Wensveen</b>				
		100m	13.25	(13.25)	100m	13.11	(13.11)		
		500m	51.82	(38.57)	500m	49.87	(36.76)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
111	wt	81	<b>Loïc de Vries</b>		HB1		50.93	<b>49.38</b>	PB
	rd	19	<b>Kim Versteeg</b>		DC1		54.45	<b>55.31</b>	
		<b>Loïc de Vries</b>			<b>Kim Versteeg</b>				
		100m	12.39	(12.39)	100m	13.89	(13.89)		
		500m	49.38	(36.99)	500m	55.31	(41.42)		

		Name		Cat		PB		Time	Info
112	yw	1	<b>Elin Varenbrink</b>		DC2		49.27	<b>51.45</b>	
	bl	25	<b>Blom Ooijman</b>		DC2		55.45	<b>57.59</b>	
		<b>Elin Varenbrink</b>			<b>Blom Ooijman</b>				
		100m	13.19	(13.19)	100m	14.24	(14.24)		
		500m	51.45	(38.26)	500m	57.59	(43.35)		

		Name		Cat		PB		Time	Info
113	wt	41	<b>Suze Kleinsman</b>		DC1		53.93	<b>56.82</b>	
	rd	111	<b>Yara Makkinga</b>		DC1		56.13	<b>56.23</b>	
		<b>Suze Kleinsman</b>			<b>Yara Makkinga</b>				
		100m	13.84	(13.84)	100m	14.27	(14.27)		
		500m	56.82	(42.98)	500m	56.23	(41.96)		

		Name		Cat		PB		Time	Info
114	yw	42	<b>Minke Nijenhuis</b>		DC1		53.52	<b>1:00.53</b>	
	bl	48	<b>Mika Wesselink</b>		HC1		50.86	<b>54.75</b>	
		<b>Minke Nijenhuis</b>			<b>Mika Wesselink</b>				
		100m	14.46	(14.46)	100m	13.53	(13.53)		
		500m	1:00.53	(46.07)	500m	54.75	(41.22)		

		Name		Cat		PB		Time	Info
115	wt	110	<b>Tessa Bosman</b>		DB1		55.55	<b>55.48</b>	PB
	rd	112	<b>Ilse Horstman</b>		DC1		1:01.76	<b>1:02.53</b>	
		<b>Tessa Bosman</b>			<b>Ilse Horstman</b>				
		100m	13.69	(13.69)	100m	15.46	(15.46)		
		500m	55.48	(41.79)	500m	1:02.53	(47.07)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
116	yw	103	<b>Niels Klein Koerkamp</b>		HSB		54.97	<b>52.56</b>	PB
	bl	115	<b>Lize Zeewuster</b>		DC1		1:02.12	<b>1:00.91</b>	PB
		<b>Niels Klein Koerkamp</b>				<b>Lize Zeewuster</b>			
		100m	14.00	(14.00)		100m	14.14	(14.14)	
		500m	52.56	(38.56)		500m	1:00.91	(46.77)	

Referee:

Assistant:

Starter:

From 11/2/2024 7:10:00 PM to 11/2/2024 8:01:35 PM

Print: 3/31/2025 9:33:39 AM



# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 11. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	94 Jens Zwitter	H45	117	O	2:22.20		
2	72 Gerwin Boschloo	H50	118	I	2:23.11		
3	80 Arjen Esselink	H55	118	O	2:26.58		
4	24 Hilbert ter Kulve	H40	117	I	2:46.31	PB	

Referee:

Assistant:

Starter:

From 11/2/2024 7:10:00 PM to 11/2/2024 8:22:10 PM

Print: 3/31/2025 7:33:39 AM

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 11. Race Result 1500 meter

		Name		Cat		PB		Time	Info
117	wt	24	<b>Hilbert ter Kulve</b>		H40	2:48.56		<b>2:46.31</b>	PB
	rd	94	<b>Jens Zwitter</b>		H45	2:02.08		<b>2:22.20</b>	
		<b>Hilbert ter Kulve</b>			<b>Jens Zwitter</b>				
		300m	35.74	(35.74)	300m	31.76	(31.76)		
		700m	1:17.96	(42.22)	700m	1:07.40	(35.64)		
		1100m	2:02.36	(44.40)	1100m	1:44.29	(36.89)		
		1500m	2:46.31	(43.95)	1500m	2:22.20	(37.91)		

		Name		Cat		PB		Time	Info
118	yw	72	<b>Gerwin Boschloo</b>		H50	2:10.91		<b>2:23.11</b>	
	bl	80	<b>Arjen Esselink</b>		H55	2:16.94		<b>2:26.58</b>	
		<b>Gerwin Boschloo</b>			<b>Arjen Esselink</b>				
		300m	30.43	(30.43)	300m	32.05	(32.05)		
		700m	1:06.96	(36.53)	700m	1:09.36	(37.31)		
		1100m	1:45.00	(38.04)	1100m	1:47.70	(38.34)		
		1500m	2:23.11	(38.11)	1500m	2:26.58	(38.88)		

Referee:

Assistant:

Starter:

From 11/2/2024 7:10:00 PM to 11/2/2024 8:22:10 PM

Print: 3/31/2025 9:33:39 AM

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 12. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	89 Lesley Bartelds	HN1	132	O	1:29.01		
2	85 Herre Mak	HC2	130	O	1:33.71		
3	113 Sjoerd de Haan	HC2	129	O	1:34.23		
4	29 Femke Assink	DSA	131	O	1:34.87		
5	27 Rudie Assink	H55	132	I	1:35.38		
6	6 Just Klunder	HC1	128	O	1:37.62		
7	82 Pieter Dijkstra	HSA	129	I	1:37.70		
8	114 Wietze de Haan	HC1	127	I	1:38.01	PB	
9	73 Wietske Bannink	DSB	131	I	1:41.68		
10	49 Megan Bootsveld	DN4	130	I	1:42.06		
11	74 Jelte Wensveen	HB1	125	I	1:42.65	PB	
12	81 Loïc de Vries	HB1	125	O	1:43.42	PB	
13	32 Demi Bartelds	DN4	127	O	1:43.54		
14	95 Lisa Otten	DB1	128	I	1:44.24		
15	103 Niels Klein Koerkamp	HSB	126	O	1:45.79	PB	
16	1 Elin Varenbrink	DC2	123	O	1:49.80		
17	110 Tessa Bosman	DB1	123	I	1:54.98		
18	63 Silke van den Bos	DC2	124	O	1:56.13		
19	48 Mika Wesselink	HC1	121	I	1:56.56		
20	19 Kim Versteeg	DC1	121	O	1:59.11		
21	111 Yara Makkinga	DC1	119	I	1:59.90		
22	25 Blom Ooijman	DC2	124	I	2:00.18		
23	57 Lise Cents	DC1	126	I	2:05.03		
24	42 Minke Nijenhuis	DC1	122	I	2:07.63		
25	41 Suze Kleinsman	DC1	122	O	2:09.54		
26	112 Ilse Horstman	DC1	120	I	2:11.80		
27	115 Lize Zeewuster	DC1	120	O	2:18.19		

Referee:

Assistant:

Starter:

From 11/2/2024 7:10:00 PM to 11/2/2024 8:48:42 PM

Print: 3/31/2025 7:33:39 AM

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

## 12. Race Result 1000 meter

	Name	Cat	PB	Time Info
119	wt rd	111 <b>Yara Makkinga</b>	DC1	<b>1:59.90</b>

### Yara Makkinga

200m	26.28	(26.28)	m
600m	1:11.55	(45.27)	
1000m	1:59.90	(48.35)	

	Name	Cat	PB	Time Info
120	yw	112 <b>Ilse Horstman</b>	DC1	<b>2:11.80</b>
	bl	115 <b>Lize Zeewuster</b>	DC1	<b>2:18.19</b>

### Ilse Horstman

200m	28.72	(28.72)
600m	1:18.85	(50.13)
1000m	2:11.80	(52.95)

### Lize Zeewuster

200m	27.75	(27.75)
600m	1:21.97	(54.22)
1000m	2:18.19	(56.22)

	Name	Cat	PB	Time Info
121	wt	48 <b>Mika Wesselink</b>	HC1	1:51.27 <b>1:56.56</b>
	rd	19 <b>Kim Versteeg</b>	DC1	1:57.22 <b>1:59.11</b>

### Mika Wesselink

200m	24.76	(24.76)
600m	1:09.42	(44.66)
1000m	1:56.56	(47.14)

### Kim Versteeg

200m	26.81	(26.81)
600m	1:12.38	(45.57)
1000m	1:59.11	(46.73)

	Name	Cat	PB	Time Info
122	yw	42 <b>Minke Nijenhuis</b>	DC1	1:53.09 <b>2:07.63</b>
	bl	41 <b>Suze Kleinsman</b>	DC1	2:08.10 <b>2:09.54</b>

### Minke Nijenhuis

200m	27.34	(27.34)
600m	1:15.22	(47.88)
1000m	2:07.63	(52.41)

### Suze Kleinsman

200m	25.59	(25.59)
600m	1:10.80	(45.21)
1000m	2:09.54	(58.74)

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
123	wt	110	<b>Tessa Bosman</b>		DB1		1:54.94	<b>1:54.98</b>	
	rd	1	<b>Elin Varenbrink</b>		DC2		1:41.26	<b>1:49.80</b>	
		<b>Tessa Bosman</b>			<b>Elin Varenbrink</b>				
		200m	24.93	(24.93)	200m	24.43	(24.43)		
		600m	1:09.06	(44.13)	600m	1:05.61	(41.18)		
		1000m	1:54.98	(45.92)	1000m	1:49.80	(44.19)		

		Name		Cat		PB		Time	Info
124	yw	25	<b>Blom Ooijman</b>		DC2		1:55.39	<b>2:00.18</b>	
	bl	63	<b>Silke van den Bos</b>		DC2		1:53.31	<b>1:56.13</b>	
		<b>Blom Ooijman</b>			<b>Silke van den Bos</b>				
		200m	26.79	(26.79)	200m	26.03	(26.03)		
		600m	1:11.95	(45.16)	600m	1:09.75	(43.72)		
		1000m	2:00.18	(48.23)	1000m	1:56.13	(46.38)		

		Name		Cat		PB		Time	Info
125	wt	74	<b>Jelte Wensveen</b>		HB1		1:50.04	<b>1:42.65</b>	PB
	rd	81	<b>Loïc de Vries</b>		HB1		1:48.16	<b>1:43.42</b>	PB
		<b>Jelte Wensveen</b>			<b>Loïc de Vries</b>				
		200m	23.79	(23.79)	200m	22.54	(22.54)		
		600m	1:02.77	(38.98)	600m	1:01.92	(39.38)		
		1000m	1:42.65	(39.88)	1000m	1:43.42	(41.50)		

		Name		Cat		PB		Time	Info
126	yw	57	<b>Lise Cents</b>		DC1		1:52.23	<b>2:05.03</b>	
	bl	103	<b>Niels Klein Koerkamp</b>		HSB		1:46.12	<b>1:45.79</b>	PB
		<b>Lise Cents</b>			<b>Niels Klein Koerkamp</b>				
		200m	24.20	(24.20)	200m	24.81	(24.81)		
		600m	1:06.52	(42.32)	600m	1:04.01	(39.20)		
		1000m	2:05.03	(58.51)	1000m	1:45.79	(41.78)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
127	wt	114	<b>Wietze de Haan</b>		HC1		1:40.59	<b>1:38.01</b>	PB
	rd	32	<b>Demi Bartelds</b>		DN4		1:37.02	<b>1:43.54</b>	
		<b>Wietze de Haan</b>			<b>Demi Bartelds</b>				
		200m	23.00	(23.00)	200m	23.89	(23.89)		
		600m	59.60	(36.60)	600m	1:02.31	(38.42)		
		1000m	1:38.01	(38.41)	1000m	1:43.54	(41.23)		

		Name		Cat		PB		Time	Info
128	yw	95	<b>Lisa Otten</b>		DB1		1:39.46	<b>1:44.24</b>	
	bl	6	<b>Just Klunder</b>		HC1		1:36.46	<b>1:37.62</b>	
		<b>Lisa Otten</b>			<b>Just Klunder</b>				
		200m	23.27	(23.27)	200m	22.23	(22.23)		
		600m	1:01.83	(38.56)	600m	58.99	(36.76)		
		1000m	1:44.24	(42.41)	1000m	1:37.62	(38.63)		

		Name		Cat		PB		Time	Info
129	wt	82	<b>Pieter Dijkstra</b>		HSA		1:36.24	<b>1:37.70</b>	
	rd	113	<b>Sjoerd de Haan</b>		HC2		1:33.63	<b>1:34.23</b>	
		<b>Pieter Dijkstra</b>			<b>Sjoerd de Haan</b>				
		200m	22.10	(22.10)	200m	21.45	(21.45)		
		600m	58.38	(36.28)	600m	56.49	(35.04)		
		1000m	1:37.70	(39.32)	1000m	1:34.23	(37.74)		

		Name		Cat		PB		Time	Info
130	yw	49	<b>Megan Bootsveld</b>		DN4		1:36.88	<b>1:42.06</b>	
	bl	85	<b>Herre Mak</b>		HC2		1:32.54	<b>1:33.71</b>	
		<b>Megan Bootsveld</b>			<b>Herre Mak</b>				
		200m	23.70	(23.70)	200m	21.39	(21.39)		
		600m	1:01.19	(37.49)	600m	55.94	(34.55)		
		1000m	1:42.06	(40.87)	1000m	1:33.71	(37.77)		

# Traningswed pup F t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

2 November 2024

		Name		Cat		PB		Time	Info
131	wt	73	<b>Wietske Bannink</b>		DSB		1:32.86	<b>1:41.68</b>	
	rd	29	<b>Femke Assink</b>		DSA		1:27.75	<b>1:34.87</b>	
		<b>Wietske Bannink</b>			<b>Femke Assink</b>				
		200m	21.67	(21.67)	200m	21.77	(21.77)		
		600m	58.71	(37.04)	600m	56.41	(34.64)		
		1000m	1:41.68	(42.97)	1000m	1:34.87	(38.46)		

		Name		Cat		PB		Time	Info
132	yw	27	<b>Rudie Assink</b>		H55		1:28.75	<b>1:35.38</b>	
	bl	89	<b>Lesley Bartelds</b>		HN1		1:24.70	<b>1:29.01</b>	
		<b>Rudie Assink</b>			<b>Lesley Bartelds</b>				
		200m	22.43	(22.43)	200m	21.00	(21.00)		
		600m	57.20	(34.77)	600m	53.90	(32.90)		
		1000m	1:35.38	(38.18)	1000m	1:29.01	(35.11)		