

## 1. Uitslag Voor 1000 m. 500 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|---------------------------------|-----|------|------|--------------|------|--------|
| 1   | 86 <b>Matthe Pronk</b>          | HB1 | 3    | O    | <b>41.47</b> |      |        |
| 2   | 44 <b>Maartje Redder</b>        | DC2 | 3    | I    | <b>45.30</b> |      |        |
| 3   | 33 <b>Sterre Kuijs</b>          | DC2 | 4    | I    | <b>45.54</b> |      |        |
| 4   | 76 <b>Donna Pronk</b>           | DC2 | 4    | O    | <b>50.02</b> |      |        |
| 5   | 35 <b>Jan Meester</b>           | HC1 | 1    | I    | <b>50.21</b> |      |        |
| 6   | 74 <b>Thomas van Westrienen</b> | HC1 | 6    | I    | <b>51.35</b> |      |        |
| 7   | 85 <b>Hidde Heijhoff</b>        | HC1 | 5    | I    | <b>52.30</b> |      |        |
| 8   | 39 <b>Joep Nijbacker</b>        | HC1 | 5    | O    | <b>52.81</b> |      |        |
| 9   | 34 <b>Youri van der Linden</b>  | HC2 | 6    | O    | <b>57.83</b> |      |        |

## 1. Rituitslag Voor 1000 m. 500 meter

|   |    | Naam                     | Cat                   | PR    | Tijd         | Info |
|---|----|--------------------------|-----------------------|-------|--------------|------|
| 1 | wt | 35 <b>Jan Meester</b>    | HC1                   | 47.25 | <b>50.21</b> |      |
|   | rd |                          |                       |       |              |      |
|   |    | <b>Jan Meester</b>       |                       |       |              |      |
|   |    | 100m 13.15 (13.15)       | m                     |       |              |      |
|   |    | 500m 50.21 (37.06)       |                       |       |              |      |
|   |    | Naam                     | Cat                   | PR    | Tijd         | Info |
| 2 | gl |                          |                       |       |              |      |
|   | bl |                          |                       |       |              |      |
|   |    |                          |                       |       |              |      |
|   |    | m                        | m                     |       |              |      |
|   |    | Naam                     | Cat                   | PR    | Tijd         | Info |
| 3 | wt | 44 <b>Maartje Redder</b> | DC2                   | 44.48 | <b>45.30</b> |      |
|   | rd | 86 <b>Matthe Pronk</b>   | HB1                   | 39.96 | <b>41.47</b> |      |
|   |    | <b>Maartje Redder</b>    | <b>Matthe Pronk</b>   |       |              |      |
|   |    | 100m 12.18 (12.18)       | 100m 11.39 (11.39)    |       |              |      |
|   |    | 500m 45.30 (33.12)       | 500m 41.47 (30.08)    |       |              |      |
|   |    | Naam                     | Cat                   | PR    | Tijd         | Info |
| 4 | gl | 33 <b>Sterre Kuijs</b>   | DC2                   | 43.88 | <b>45.54</b> |      |
|   | bl | 76 <b>Donna Pronk</b>    | DC2                   | 48.25 | <b>50.02</b> |      |
|   |    | <b>Sterre Kuijs</b>      | <b>Donna Pronk</b>    |       |              |      |
|   |    | 100m 12.59 (12.59)       | 100m 13.47 (13.47)    |       |              |      |
|   |    | 500m 45.54 (32.95)       | 500m 50.02 (36.55)    |       |              |      |
|   |    | Naam                     | Cat                   | PR    | Tijd         | Info |
| 5 | wt | 85 <b>Hidde Heijhoff</b> | HC1                   | 50.12 | <b>52.30</b> |      |
|   | rd | 39 <b>Joep Nijbacker</b> | HC1                   | 51.48 | <b>52.81</b> |      |
|   |    | <b>Hidde Heijhoff</b>    | <b>Joep Nijbacker</b> |       |              |      |
|   |    | 100m 13.56 (13.56)       | 100m 13.25 (13.25)    |       |              |      |
|   |    | 500m 52.30 (38.74)       | 500m 52.81 (39.56)    |       |              |      |

# Finale SFA Cup JUN.C T/M MASTER

IJsbaan de Meent - Alkmaar

22 februari 2020

|   |    | Naam                            | Cat           | PR                          | Tijd          | Info |
|---|----|---------------------------------|---------------|-----------------------------|---------------|------|
| 6 | gl | 74 <b>Thomas van Westrienen</b> | HC1           | 50.18                       | <b>51.35</b>  |      |
|   | bl | 34 <b>Youri van der Linden</b>  | HC2           | 55.81                       | <b>57.83</b>  |      |
|   |    | <b>Thomas van Westrienen</b>    |               | <b>Youri van der Linden</b> |               |      |
|   |    | 100m                            | 13.40 (13.40) | 100m                        | 14.62 (14.62) |      |
|   |    | 500m                            | 51.35 (37.95) | 500m                        | 57.83 (43.21) |      |

## 2. Uitslag Voor 1500 m. 500 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 22 Joeri Groot        | HSA | 9    | I    | 39.51   |      |        |
| 2   | 77 Sebastiaan McKay   | HSB | 7    | I    | 41.70   |      |        |
| 3   | 52 Menno Schaap       | HN3 | 9    | O    | 42.74   |      |        |
| 4   | 10 Dennis van Dok     | H45 | 10   | O    | 43.39   |      |        |
| 5   | 11 Dwight Donkersloot | HB2 | 14   | O    | 43.46   | PR   |        |
| 6   | 73 Dennis Schaap      | HB1 | 11   | O    | 44.06   |      |        |
| 7   | 54 Leon Schot         | HC2 | 11   | I    | 44.18   |      |        |
| 8   | 6 Marvin Brunen       | HSA | 12   | I    | 44.40   |      |        |
| 9   | 5 Marco Bottelier     | H50 | 10   | I    | 44.45   |      |        |
| 10  | 64 Thijs van Tol      | HA1 | 12   | O    | 44.58   |      |        |
| 11  | 72 Gerlof Zwaga       | H50 | 13   | O    | 45.53   |      |        |
| 12  | 49 Patrick Roelands   | HB2 | 13   | I    | 45.93   |      |        |
| 13  | 48 Mike Roelands      | HB2 | 15   | I    | 46.48   |      |        |
| 14  | 68 Britt van Wees     | DA1 | 14   | I    | 46.95   |      |        |
| 15  | 47 Gerrit van Rijn    | H55 | 17   | O    | 47.63   |      |        |
| 16  | 20 Ad Groot           | H60 | 16   | I    | 48.22   |      |        |
| 17  | 8 Iris Daman          | DB2 | 16   | O    | 48.43   |      |        |
| 18  | 65 Yaelle Vleugel     | DSA | 17   | I    | 48.68   |      |        |
| 19  | 40 Sam Nijbacker      | HB1 | 18   | O    | 49.29   | PR   |        |
| 20  | 70 Bart de Wolf       | H50 | 18   | I    | 51.21   |      |        |
| 21  | 36 Ton Morsch         | H70 | 19   | I    | 54.57   |      |        |
| 22  | 66 Anouk Volkers      | DB2 | 19   | O    | 56.28   |      |        |
| 23  | 75 Nico Komen         | H60 | 20   | O    | 1:00.76 |      |        |
| 24  | 16 Jim van Elst       | H55 | 20   | I    | 1:02.23 |      |        |
|     | 42 Stefan Potgieter   | HB2 | 7    | O    | DNS     |      |        |
|     | 14 Bob Elling         | HN2 | 15   | O    | DNS     |      |        |

## 2. Rituitslag Voor 1500 m. 500 meter

|   |    | Naam                       | Cat           | PR                      | Tijd         | Info |
|---|----|----------------------------|---------------|-------------------------|--------------|------|
| 7 | wt | 77 <b>Sebastiaan McKay</b> | HSB           | 40.66                   | <b>41.70</b> |      |
|   | rd | 42 <b>Stefan Potgieter</b> | HB2           | 41.80                   | <b>DNS</b>   |      |
|   |    | <b>Sebastiaan McKay</b>    |               | <b>Stefan Potgieter</b> |              |      |
|   |    | 100m                       | 11.32 (11.32) |                         |              |      |
|   |    | 500m                       | 41.70 (30.38) |                         |              |      |

|   |    | Naam | Cat | PR | Tijd | Info |
|---|----|------|-----|----|------|------|
| 8 | gl |      |     |    |      |      |
|   | bl |      |     |    |      |      |
|   |    | m    | m   |    |      |      |

|   |    | Naam                   | Cat           | PR                  | Tijd          | Info |
|---|----|------------------------|---------------|---------------------|---------------|------|
| 9 | wt | 22 <b>Joeri Groot</b>  | HSA           | 37.76               | <b>39.51</b>  |      |
|   | rd | 52 <b>Menno Schaap</b> | HN3           | 40.16               | <b>42.74</b>  |      |
|   |    | <b>Joeri Groot</b>     |               | <b>Menno Schaap</b> |               |      |
|   |    | 100m                   | 10.64 (10.64) | 100m                | 11.35 (11.35) |      |
|   |    | 500m                   | 39.51 (28.87) | 500m                | 42.74 (31.39) |      |

|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
|----|----|--------------------------|---------------|-----------------------|---------------|------|
| 10 | gl | 5 <b>Marco Bottelier</b> | H50           | 42.48                 | <b>44.45</b>  |      |
|    | bl | 10 <b>Dennis van Dok</b> | H45           | 41.94                 | <b>43.39</b>  |      |
|    |    | <b>Marco Bottelier</b>   |               | <b>Dennis van Dok</b> |               |      |
|    |    | 100m                     | 12.26 (12.26) | 100m                  | 11.96 (11.96) |      |
|    |    | 500m                     | 44.45 (32.19) | 500m                  | 43.39 (31.43) |      |

|    |    | Naam                    | Cat           | PR                   | Tijd          | Info |
|----|----|-------------------------|---------------|----------------------|---------------|------|
| 11 | wt | 54 <b>Leon Schot</b>    | HC2           | 43.22                | <b>44.18</b>  |      |
|    | rd | 73 <b>Dennis Schaap</b> | HB1           | 42.77                | <b>44.06</b>  |      |
|    |    | <b>Leon Schot</b>       |               | <b>Dennis Schaap</b> |               |      |
|    |    | 100m                    | 11.95 (11.95) | 100m                 | 11.74 (11.74) |      |
|    |    | 500m                    | 44.18 (32.23) | 500m                 | 44.06 (32.32) |      |

|    |    | Naam                         | Cat | PR                        | Tijd         | Info |
|----|----|------------------------------|-----|---------------------------|--------------|------|
| 12 | gl | 6 <b>Marvin Brunen</b>       | HSA | 42.62                     | <b>44.40</b> |      |
|    | bl | 64 <b>Thijs van Tol</b>      | HA1 | 43.46                     | <b>44.58</b> |      |
|    |    | <b>Marvin Brunen</b>         |     | <b>Thijs van Tol</b>      |              |      |
|    |    | 100m 11.85 (11.85)           |     | 100m 11.95 (11.95)        |              |      |
|    |    | 500m 44.40 (32.55)           |     | 500m 44.58 (32.63)        |              |      |
|    |    | Naam                         | Cat | PR                        | Tijd         | Info |
| 13 | wt | 49 <b>Patrick Roelands</b>   | HB2 | 44.10                     | <b>45.93</b> |      |
|    | rd | 72 <b>Gerlof Zwaga</b>       | H50 | 43.59                     | <b>45.53</b> |      |
|    |    | <b>Patrick Roelands</b>      |     | <b>Gerlof Zwaga</b>       |              |      |
|    |    | 100m 11.98 (11.98)           |     | 100m 12.70 (12.70)        |              |      |
|    |    | 500m 45.93 (33.95)           |     | 500m 45.53 (32.83)        |              |      |
|    |    | Naam                         | Cat | PR                        | Tijd         | Info |
| 14 | gl | 68 <b>Britt van Wees</b>     | DA1 | 44.91                     | <b>46.95</b> |      |
|    | bl | 11 <b>Dwight Donkersloot</b> | HB2 | 43.56                     | <b>43.46</b> | PR   |
|    |    | <b>Britt van Wees</b>        |     | <b>Dwight Donkersloot</b> |              |      |
|    |    | 100m 12.63 (12.63)           |     | 100m 11.79 (11.79)        |              |      |
|    |    | 500m 46.95 (34.32)           |     | 500m 43.46 (31.67)        |              |      |
|    |    | Naam                         | Cat | PR                        | Tijd         | Info |
| 15 | wt | 48 <b>Mike Roelands</b>      | HB2 | 44.67                     | <b>46.48</b> |      |
|    | rd | 14 <b>Bob Elling</b>         | HN2 | 43.23                     | <b>DNS</b>   |      |
|    |    | <b>Mike Roelands</b>         |     | <b>Bob Elling</b>         |              |      |
|    |    | 100m 12.18 (12.18)           |     |                           |              |      |
|    |    | 500m 46.48 (34.30)           |     |                           |              |      |
|    |    | Naam                         | Cat | PR                        | Tijd         | Info |
| 16 | gl | 20 <b>Ad Groot</b>           | H60 | 44.00                     | <b>48.22</b> |      |
|    | bl | 8 <b>Iris Daman</b>          | DB2 | 46.40                     | <b>48.43</b> |      |
|    |    | <b>Ad Groot</b>              |     | <b>Iris Daman</b>         |              |      |
|    |    | 100m 13.22 (13.22)           |     | 100m 12.92 (12.92)        |              |      |
|    |    | 500m 48.22 (35.00)           |     | 500m 48.43 (35.51)        |              |      |

|    |                | Naam |                 | Cat             | PR    |  | Tijd     | Info    |
|----|----------------|------|-----------------|-----------------|-------|--|----------|---------|
| 17 | wt             | 65   | Yaelle Vleugel  | DSA             | 47.53 |  | 48.68    |         |
|    | rd             | 47   | Gerrit van Rijn | H55             | 46.29 |  | 47.63    |         |
|    | Yaelle Vleugel |      |                 | Gerrit van Rijn |       |  |          |         |
|    | 100m           |      | 12.95           | (12.95)         | 100m  |  | 12.70    | (12.70) |
|    | 500m           |      | 48.68           | (35.73)         | 500m  |  | 47.63    | (34.93) |
|    |                |      |                 |                 |       |  |          |         |
|    |                | Naam |                 | Cat             | PR    |  | Tijd     | Info    |
| 18 | gl             | 70   | Bart de Wolf    | H50             | 50.94 |  | 51.21    |         |
|    | bl             | 40   | Sam Nijbacker   | HB1             | 51.12 |  | 49.29 PR |         |
|    | Bart de Wolf   |      |                 | Sam Nijbacker   |       |  |          |         |
|    | 100m           |      | 14.30           | (14.30)         | 100m  |  | 12.68    | (12.68) |
|    | 500m           |      | 51.21           | (36.91)         | 500m  |  | 49.29    | (36.61) |
|    |                |      |                 |                 |       |  |          |         |
|    |                | Naam |                 | Cat             | PR    |  | Tijd     | Info    |
| 19 | wt             | 36   | Ton Morsch      | H70             | 46.04 |  | 54.57    |         |
|    | rd             | 66   | Anouk Volkers   | DB2             | 54.85 |  | 56.28    |         |
|    | Ton Morsch     |      |                 | Anouk Volkers   |       |  |          |         |
|    | 100m           |      | 14.93           | (14.93)         | 100m  |  | 14.81    | (14.81) |
|    | 500m           |      | 54.57           | (39.64)         | 500m  |  | 56.28    | (41.47) |
|    |                |      |                 |                 |       |  |          |         |
|    |                | Naam |                 | Cat             | PR    |  | Tijd     | Info    |
| 20 | gl             | 16   | Jim van Elst    | H55             | 57.91 |  | 1:02.23  |         |
|    | bl             | 75   | Nico Komen      | H60             | 53.67 |  | 1:00.76  |         |
|    | Jim van Elst   |      |                 | Nico Komen      |       |  |          |         |
|    | 100m           |      | 16.57           | (16.57)         | 100m  |  | 16.54    | (16.54) |
|    | 500m           |      | 1:02.23         | (45.66)         | 500m  |  | 1:00.76  | (44.22) |

## 3. Uitslag 1000 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|---------------------------------|-----|------|------|----------------|------|--------|
| 1   | 86 <b>Matthe Pronk</b>          | HB1 | 21   | I    | <b>1:23.89</b> |      |        |
| 2   | 33 <b>Sterre Kuijs</b>          | DC2 | 23   | O    | <b>1:33.06</b> |      |        |
| 3   | 44 <b>Maartje Redder</b>        | DC2 | 23   | I    | <b>1:33.87</b> |      |        |
| 4   | 76 <b>Donna Pronk</b>           | DC2 | 25   | O    | <b>1:43.48</b> |      |        |
| 5   | 35 <b>Jan Meester</b>           | HC1 | 24   | I    | <b>1:45.45</b> |      |        |
| 6   | 74 <b>Thomas van Westrienen</b> | HC1 | 25   | I    | <b>1:46.44</b> |      |        |
| 7   | 85 <b>Hidde Heijhoff</b>        | HC1 | 24   | O    | <b>1:54.53</b> |      |        |
| 8   | 39 <b>Joep Nijbacker</b>        | HC1 | 26   | I    | <b>1:57.40</b> |      |        |
| 9   | 34 <b>Youri van der Linden</b>  | HC2 | 26   | O    | <b>2:01.06</b> |      |        |

## 3. Rituitslag 1000 meter

|    |          | Naam                   | Cat | PR      | Tijd Info      |
|----|----------|------------------------|-----|---------|----------------|
| 21 | wt<br>rd | 86 <b>Matthe Pronk</b> | HB1 | 1:18.99 | <b>1:23.89</b> |

### Matthe Pronk

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 20.25   | (20.25) | m |
| 600m  | 51.01   | (30.76) |   |
| 1000m | 1:23.89 | (32.88) |   |

|    |          | Naam | Cat | PR | Tijd Info |
|----|----------|------|-----|----|-----------|
| 22 | gl<br>bl |      |     |    |           |

|   |   |
|---|---|
| m | m |
|---|---|

|    |          | Naam                     | Cat | PR      | Tijd Info      |
|----|----------|--------------------------|-----|---------|----------------|
| 23 | wt<br>rd | 44 <b>Maartje Redder</b> | DC2 | 1:32.28 | <b>1:33.87</b> |
|    |          | 33 <b>Sterre Kuijs</b>   | DC2 | 1:26.03 | <b>1:33.06</b> |

### Maartje Redder

|       |         |         |
|-------|---------|---------|
| 200m  | 22.10   | (22.10) |
| 600m  | 57.77   | (35.67) |
| 1000m | 1:33.87 | (36.10) |

### Sterre Kuijs

|       |         |         |
|-------|---------|---------|
| 200m  | 22.41   | (22.41) |
| 600m  | 56.73   | (34.32) |
| 1000m | 1:33.06 | (36.33) |

|    |          | Naam                     | Cat | PR      | Tijd Info      |
|----|----------|--------------------------|-----|---------|----------------|
| 24 | gl<br>bl | 35 <b>Jan Meester</b>    | HC1 | 1:39.34 | <b>1:45.45</b> |
|    |          | 85 <b>Hidde Heijhoff</b> | HC1 | 1:47.51 | <b>1:54.53</b> |

### Jan Meester

|       |         |         |
|-------|---------|---------|
| 200m  | 23.84   | (23.84) |
| 600m  | 1:03.80 | (39.96) |
| 1000m | 1:45.45 | (41.65) |

### Hidde Heijhoff

|       |         |         |
|-------|---------|---------|
| 200m  | 25.58   | (25.58) |
| 600m  | 1:08.66 | (43.08) |
| 1000m | 1:54.53 | (45.87) |

# Finale SFA Cup JUN.C T/M MASTER

IJsbahn de Meent - Alkmaar

22 februari 2020

|    |    | Naam                            | Cat             | PR                          | Tijd            | Info |
|----|----|---------------------------------|-----------------|-----------------------------|-----------------|------|
| 25 | wt | 74 <b>Thomas van Westrienen</b> | HC1             | 1:39.86                     | <b>1:46.44</b>  |      |
|    | rd | 76 <b>Donna Pronk</b>           | DC2             | 1:37.38                     | <b>1:43.48</b>  |      |
|    |    | <b>Thomas van Westrienen</b>    |                 | <b>Donna Pronk</b>          |                 |      |
|    |    | 200m                            | 24.34 (24.34)   | 200m                        | 23.63 (23.63)   |      |
|    |    | 600m                            | 1:04.29 (39.95) | 600m                        | 1:01.74 (38.11) |      |
|    |    | 1000m                           | 1:46.44 (42.15) | 1000m                       | 1:43.48 (41.74) |      |
|    |    | Naam                            | Cat             | PR                          | Tijd            | Info |
| 26 | gl | 39 <b>Joep Nijbacker</b>        | HC1             | 1:46.43                     | <b>1:57.40</b>  |      |
|    | bl | 34 <b>Youri van der Linden</b>  | HC2             | 1:59.47                     | <b>2:01.06</b>  |      |
|    |    | <b>Joep Nijbacker</b>           |                 | <b>Youri van der Linden</b> |                 |      |
|    |    | 200m                            | 25.55 (25.55)   | 200m                        | 26.76 (26.76)   |      |
|    |    | 600m                            | 1:09.75 (44.20) | 600m                        | 1:11.23 (44.47) |      |
|    |    | 1000m                           | 1:57.40 (47.65) | 1000m                       | 2:01.06 (49.83) |      |

## 4. Uitslag 1500 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 22 Joeri Groot        | HSA | 27   | I    | 2:05.83 |      |        |
| 2   | 77 Sebastiaan McKay   | HSB | 29   | O    | 2:09.39 |      |        |
| 3   | 10 Dennis van Dok     | H45 | 31   | O    | 2:13.73 |      |        |
| 4   | 72 Gerlof Zwaga       | H50 | 31   | I    | 2:14.02 |      |        |
| 5   | 5 Marco Bottelier     | H50 | 29   | I    | 2:16.58 |      |        |
| 6   | 64 Thijs van Tol      | HA1 | 33   | I    | 2:20.33 |      |        |
| 7   | 54 Leon Schot         | HC2 | 30   | I    | 2:20.38 |      |        |
| 8   | 52 Menno Schaap       | HN3 | 27   | O    | 2:20.86 |      |        |
| 9   | 11 Dwight Donkersloot | HB2 | 32   | I    | 2:23.33 |      |        |
| 10  | 6 Marvin Brunen       | HSA | 35   | I    | 2:23.97 |      |        |
| 11  | 73 Dennis Schaap      | HB1 | 32   | O    | 2:27.36 |      |        |
| 12  | 49 Patrick Roelands   | HB2 | 34   | I    | 2:28.10 |      |        |
| 13  | 68 Britt van Wees     | DA1 | 33   | O    | 2:29.80 |      |        |
| 14  | 48 Mike Roelands      | HB2 | 37   | I    | 2:33.29 |      |        |
| 15  | 70 Bart de Wolf       | H50 | 38   | O    | 2:33.41 |      |        |
| 16  | 20 Ad Groot           | H60 | 35   | O    | 2:34.09 |      |        |
| 17  | 47 Gerrit van Rijn    | H55 | 36   | I    | 2:37.56 |      |        |
| 18  | 65 Yaelle Vleugel     | DSA | 37   | O    | 2:39.49 |      |        |
| 19  | 8 Iris Daman          | DB2 | 36   | O    | 2:41.63 |      |        |
| 20  | 40 Sam Nijbacker      | HB1 | 38   | I    | 2:43.54 |      |        |
| 21  | 36 Ton Morsch         | H70 | 39   | I    | 2:48.94 |      |        |
| 22  | 66 Anouk Volkers      | DB2 | 39   | O    | 3:01.98 |      |        |
| 23  | 16 Jim van Elst       | H55 | 40   | I    | 3:12.64 |      |        |
| 24  | 75 Nico Komen         | H60 | 40   | O    | 3:14.98 |      |        |
|     | 42 Stefan Potgieter   | HB2 | 30   | O    | DNS     |      |        |
|     | 14 Bob Elling         | HN2 | 34   | O    | DNS     |      |        |

## 4. Rituitslag 1500 meter

|    |    | Naam                       | Cat             | PR                      | Tijd            | Info |
|----|----|----------------------------|-----------------|-------------------------|-----------------|------|
| 27 | wt | 22 <b>Joeri Groot</b>      | HSA             | 1:54.66                 | <b>2:05.83</b>  |      |
|    | rd | 52 <b>Menno Schaap</b>     | HN3             | 2:08.66                 | <b>2:20.86</b>  |      |
|    |    | <b>Joeri Groot</b>         |                 | <b>Menno Schaap</b>     |                 |      |
|    |    | 300m                       | 27.15 (27.15)   | 300m                    | 28.12 (28.12)   |      |
|    |    | 700m                       | 59.42 (32.27)   | 700m                    | 1:03.60 (35.48) |      |
|    |    | 1100m                      | 1:32.37 (32.95) | 1100m                   | 1:41.62 (38.02) |      |
|    |    | 1500m                      | 2:05.83 (33.46) | 1500m                   | 2:20.86 (39.24) |      |
|    |    |                            |                 |                         |                 |      |
|    |    | Naam                       | Cat             | PR                      | Tijd            | Info |
| 28 | gl |                            |                 |                         |                 |      |
|    | bl |                            |                 |                         |                 |      |
|    |    | m                          |                 | m                       |                 |      |
|    |    |                            |                 |                         |                 |      |
|    |    | Naam                       | Cat             | PR                      | Tijd            | Info |
| 29 | wt | 5 <b>Marco Bottelier</b>   | H50             | 2:05.77                 | <b>2:16.58</b>  |      |
|    | rd | 77 <b>Sebastiaan McKay</b> | HSB             | 2:03.18                 | <b>2:09.39</b>  |      |
|    |    | <b>Marco Bottelier</b>     |                 | <b>Sebastiaan McKay</b> |                 |      |
|    |    | 300m                       | 29.41 (29.41)   | 300m                    | 27.97 (27.97)   |      |
|    |    | 700m                       | 1:03.35 (33.94) | 700m                    | 1:00.47 (32.50) |      |
|    |    | 1100m                      | 1:39.18 (35.83) | 1100m                   | 1:34.10 (33.63) |      |
|    |    | 1500m                      | 2:16.58 (37.40) | 1500m                   | 2:09.39 (35.29) |      |
|    |    |                            |                 |                         |                 |      |
|    |    | Naam                       | Cat             | PR                      | Tijd            | Info |
| 30 | gl | 54 <b>Leon Schot</b>       | HC2             | 2:10.78                 | <b>2:20.38</b>  |      |
|    | bl | 42 <b>Stefan Potgieter</b> | HB2             | 2:10.34                 | <b>DNS</b>      |      |
|    |    | <b>Leon Schot</b>          |                 | <b>Stefan Potgieter</b> |                 |      |
|    |    | 300m                       | 29.68 (29.68)   |                         |                 |      |
|    |    | 700m                       | 1:04.67 (34.99) |                         |                 |      |
|    |    | 1100m                      | 1:41.66 (36.99) |                         |                 |      |
|    |    | 1500m                      | 2:20.38 (38.72) |                         |                 |      |

|    |    | Naam                         | Cat | PR                    | Tijd           | Info |
|----|----|------------------------------|-----|-----------------------|----------------|------|
| 31 | wt | 72 <b>Gerlof Zwaga</b>       | H50 | 2:07.98               | <b>2:14.02</b> |      |
|    | rd | 10 <b>Dennis van Dok</b>     | H45 | 2:08.71               | <b>2:13.73</b> |      |
|    |    | <b>Gerlof Zwaga</b>          |     | <b>Dennis van Dok</b> |                |      |
|    |    | 300m 30.30 (30.30)           |     | 300m 28.87 (28.87)    |                |      |
|    |    | 700m 1:03.82 (33.52)         |     | 700m 1:02.00 (33.13)  |                |      |
|    |    | 1100m 1:38.55 (34.73)        |     | 1100m 1:37.53 (35.53) |                |      |
|    |    | 1500m 2:14.02 (35.47)        |     | 1500m 2:13.73 (36.20) |                |      |
|    |    | Naam                         | Cat | PR                    | Tijd           | Info |
| 32 | gl | 11 <b>Dwight Donkersloot</b> | HB2 | 2:13.53               | <b>2:23.33</b> |      |
|    | bl | 73 <b>Dennis Schaap</b>      | HB1 | 2:13.81               | <b>2:27.36</b> |      |
|    |    | <b>Dwight Donkersloot</b>    |     | <b>Dennis Schaap</b>  |                |      |
|    |    | 300m 29.85 (29.85)           |     | 300m 30.74 (30.74)    |                |      |
|    |    | 700m 1:05.42 (35.57)         |     | 700m 1:06.58 (35.84)  |                |      |
|    |    | 1100m 1:42.99 (37.57)        |     | 1100m 1:45.74 (39.16) |                |      |
|    |    | 1500m 2:23.33 (40.34)        |     | 1500m 2:27.36 (41.62) |                |      |
|    |    | Naam                         | Cat | PR                    | Tijd           | Info |
| 33 | wt | 64 <b>Thijs van Tol</b>      | HA1 | 2:11.79               | <b>2:20.33</b> |      |
|    | rd | 68 <b>Britt van Wees</b>     | DA1 | 2:18.06               | <b>2:29.80</b> |      |
|    |    | <b>Thijs van Tol</b>         |     | <b>Britt van Wees</b> |                |      |
|    |    | 300m 30.16 (30.16)           |     | 300m 31.54 (31.54)    |                |      |
|    |    | 700m 1:05.64 (35.48)         |     | 700m 1:08.39 (36.85)  |                |      |
|    |    | 1100m 1:42.51 (36.87)        |     | 1100m 1:48.25 (39.86) |                |      |
|    |    | 1500m 2:20.33 (37.82)        |     | 1500m 2:29.80 (41.55) |                |      |
|    |    | Naam                         | Cat | PR                    | Tijd           | Info |
| 34 | gl | 49 <b>Patrick Roelands</b>   | HB2 | 2:21.04               | <b>2:28.10</b> |      |
|    | bl | 14 <b>Bob Elling</b>         | HN2 | 2:19.29               | <b>DNS</b>     |      |
|    |    | <b>Patrick Roelands</b>      |     | <b>Bob Elling</b>     |                |      |
|    |    | 300m 30.19 (30.19)           |     |                       |                |      |
|    |    | 700m 1:07.57 (37.38)         |     |                       |                |      |
|    |    | 1100m 1:47.74 (40.17)        |     |                       |                |      |
|    |    | 1500m 2:28.10 (40.36)        |     |                       |                |      |

|    |    | Naam                      | Cat | PR                    | Tijd           | Info |
|----|----|---------------------------|-----|-----------------------|----------------|------|
| 35 | wt | 6 <b>Marvin Brunen</b>    | HSA | 2:15.56               | <b>2:23.97</b> |      |
|    | rd | 20 <b>Ad Groot</b>        | H60 | 2:14.75               | <b>2:34.09</b> |      |
|    |    | <b>Marvin Brunen</b>      |     | <b>Ad Groot</b>       |                |      |
|    |    | 300m 29.36 (29.36)        |     | 300m 32.51 (32.51)    |                |      |
|    |    | 700m 1:05.24 (35.88)      |     | 700m 1:10.15 (37.64)  |                |      |
|    |    | 1100m 1:43.52 (38.28)     |     | 1100m 1:50.94 (40.79) |                |      |
|    |    | 1500m 2:23.97 (40.45)     |     | 1500m 2:34.09 (43.15) |                |      |
|    |    | Naam                      | Cat | PR                    | Tijd           | Info |
| 36 | gl | 47 <b>Gerrit van Rijn</b> | H55 | 2:25.31               | <b>2:37.56</b> |      |
|    | bl | 8 <b>Iris Daman</b>       | DB2 | 2:27.17               | <b>2:41.63</b> |      |
|    |    | <b>Gerrit van Rijn</b>    |     | <b>Iris Daman</b>     |                |      |
|    |    | 300m 31.43 (31.43)        |     | 300m 32.86 (32.86)    |                |      |
|    |    | 700m 1:10.09 (38.66)      |     | 700m 1:11.86 (39.00)  |                |      |
|    |    | 1100m 1:52.95 (42.86)     |     | 1100m 1:54.84 (42.98) |                |      |
|    |    | 1500m 2:37.56 (44.61)     |     | 1500m 2:41.63 (46.79) |                |      |
|    |    | Naam                      | Cat | PR                    | Tijd           | Info |
| 37 | wt | 48 <b>Mike Roelands</b>   | HB2 | 2:27.11               | <b>2:33.29</b> |      |
|    | rd | 65 <b>Yaelle Vleugel</b>  | DSA | 2:31.36               | <b>2:39.49</b> |      |
|    |    | <b>Mike Roelands</b>      |     | <b>Yaelle Vleugel</b> |                |      |
|    |    | 300m 31.17 (31.17)        |     | 300m 33.77 (33.77)    |                |      |
|    |    | 700m 1:10.27 (39.10)      |     | 700m 1:14.49 (40.72)  |                |      |
|    |    | 1100m 1:51.53 (41.26)     |     | 1100m 1:57.23 (42.74) |                |      |
|    |    | 1500m 2:33.29 (41.76)     |     | 1500m 2:39.49 (42.26) |                |      |
|    |    | Naam                      | Cat | PR                    | Tijd           | Info |
| 38 | gl | 40 <b>Sam Nijbacker</b>   | HB1 | 2:41.32               | <b>2:43.54</b> |      |
|    | bl | 70 <b>Bart de Wolf</b>    | H50 | 2:31.64               | <b>2:33.41</b> |      |
|    |    | <b>Sam Nijbacker</b>      |     | <b>Bart de Wolf</b>   |                |      |
|    |    | 300m 33.18 (33.18)        |     | 300m 34.71 (34.71)    |                |      |
|    |    | 700m 1:16.78 (43.60)      |     | 700m 1:13.15 (38.44)  |                |      |
|    |    | 1100m 2:00.05 (43.27)     |     | 1100m 1:53.02 (39.87) |                |      |
|    |    | 1500m 2:43.54 (43.49)     |     | 1500m 2:33.41 (40.39) |                |      |

# Finale SFA Cup JUN.C T/M MASTER

IJsbahn de Meent - Alkmaar

22 februari 2020

|    |    | Naam                    | Cat | PR                    | Tijd           | Info |
|----|----|-------------------------|-----|-----------------------|----------------|------|
| 39 | wt | 36 <b>Ton Morsch</b>    | H70 | 2:15.01               | <b>2:48.94</b> |      |
|    | rd | 66 <b>Anouk Volkers</b> | DB2 | 2:59.56               | <b>3:01.98</b> |      |
|    |    | <b>Ton Morsch</b>       |     | <b>Anouk Volkers</b>  |                |      |
|    |    | 300m 37.40 (37.40)      |     | 300m 37.84 (37.84)    |                |      |
|    |    | 700m 1:19.95 (42.55)    |     | 700m 1:23.43 (45.59)  |                |      |
|    |    | 1100m 2:03.74 (43.79)   |     | 1100m 2:12.39 (48.96) |                |      |
|    |    | 1500m 2:48.94 (45.20)   |     | 1500m 3:01.98 (49.59) |                |      |
|    |    | Naam                    | Cat | PR                    | Tijd           | Info |
| 40 | gl | 16 <b>Jim van Elst</b>  | H55 | 2:58.27               | <b>3:12.64</b> |      |
|    | bl | 75 <b>Nico Komen</b>    | H60 | 2:44.32               | <b>3:14.98</b> |      |
|    |    | <b>Jim van Elst</b>     |     | <b>Nico Komen</b>     |                |      |
|    |    | 300m 42.11 (42.11)      |     | 300m 41.52 (41.52)    |                |      |
|    |    | 700m 1:31.63 (49.52)    |     | 700m 1:30.42 (48.90)  |                |      |
|    |    | 1100m 2:22.06 (50.43)   |     | 1100m 2:22.86 (52.44) |                |      |
|    |    | 1500m 3:12.64 (50.58)   |     | 1500m 3:14.98 (52.12) |                |      |