

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

1. Uitslag Vrouwen Junioren B 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	17 Quinty Hersi	DB1	14	I	4:37.43		
2	16 Sara ter Hart	DB2	13	O	4:38.01		
3	6 Diede Brandts	DB1	12	I	4:44.51		
4	24 Amber Koetsier	DB1	13	I	4:46.18		
5	26 Kalista Lamers	DB2	14	O	4:46.39		
6	15 Sari Harder	DB1	12	O	4:46.96		
7	35 Danique van Rooden	DB2	11	O	4:50.92		
8	41 Indy Veerman	DB1	9	I	4:53.67	PR	
9	19 Lenthe Jansen	DB2	11	I	4:55.85		
10	20 Silke Kabel	DB1	6	I	4:58.75		
11	11 Emilie Fransen	DB1	9	O	4:58.88		
12	43 Mara Vergeer	DB1	4	O	5:00.27	PR	
13	3 Tirza Blokland	DB1	5	O	5:01.09		
14	13 Freya Goerres	DB1	5	I	5:01.83		
15	4 Melle Boeijen	DB2	6	O	5:02.20		
16	27 Fabienne Maarse	DB1	8	I	5:02.61		
17	25 Stefanie Koot	DB1	10	O	5:03.98		
18	30 Zhara Möllers	DB2	4	I	5:04.78		
19	36 Anna Sijbrandij	DB2	1	I	5:07.83	PR	
20	40 Isabella Talen	DB1	8	O	5:09.58		
21	8 Anouk Clossen	DB2	10	I	5:10.09		
22	33 Talisha Renes	DB2	7	O	5:11.79		
23	34 Anouk Rodenburg	DB1	1	O	5:13.35		
24	37 Wende Smit	DB1	3	O	5:13.76		
25	29 Lonneke Merckx	DB1	7	I	5:14.55		
26	5 Janne Boos	DB2	3	I	5:22.07		
	23 Maaike Koelewijn	DB2				WDR	

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1. Rituitslag Vrouwen Junioren B 3000 meter

		Naam		Cat		PR		Tijd	Info
1	wt	36	Anna Sijbrandij		DB2	5:08.87		5:07.83	PR
	rd	34	Anouk Rodenburg		DB1	5:10.04		5:13.35	
		Anna Sijbrandij			Anouk Rodenburg				
		200m	23.14	(23.14)	200m	24.91	(24.91)		
		600m	1:00.40	(37.26)	600m	1:04.24	(39.33)		
		1000m	1:39.45	(39.05)	1000m	1:45.18	(40.94)		
		1400m	2:20.52	(41.07)	1400m	2:26.50	(41.32)		
		1800m	3:02.40	(41.88)	1800m	3:09.57	(43.07)		
		2200m	3:44.37	(41.97)	2200m	3:52.10	(42.53)		
		2600m	4:26.28	(41.91)	2600m	4:33.66	(41.56)		
		3000m	5:07.83	(41.55)	3000m	5:13.35	(39.69)		

		Naam		Cat		PR		Tijd	Info
2	gl	23	Maaïke Koelewijn		DB2	4:27.56		WDR	
	bl								
		Maaïke Koelewijn			m				

		Naam		Cat		PR		Tijd	Info
3	wt	5	Janne Boos		DB2	5:06.46		5:22.07	
	rd	37	Wende Smit		DB1	4:59.94		5:13.76	
		Janne Boos			Wende Smit				
		200m	23.53	(23.53)	200m	23.93	(23.93)		
		600m	1:03.02	(39.49)	600m	1:01.30	(37.37)		
		1000m	1:43.81	(40.79)	1000m	1:42.03	(40.73)		
		1400m	2:25.67	(41.86)	1400m	2:23.75	(41.72)		
		1800m	3:08.35	(42.68)	1800m	3:05.66	(41.91)		
		2200m	3:52.25	(43.90)	2200m	3:47.48	(41.82)		
		2600m	4:37.19	(44.94)	2600m	4:30.54	(43.06)		
		3000m	5:22.07	(44.88)	3000m	5:13.76	(43.22)		

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		Naam		Cat		PR		Tijd	Info
4	gl	30	Zhara Möllers		DB2		5:01.02	5:04.78	
	bl	43	Mara Vergeer		DB1		5:04.00	5:00.27	PR
		Zhara Möllers				Mara Vergeer			
		200m	22.84	(22.84)		200m	22.86	(22.86)	
		600m	1:00.19	(37.35)		600m	1:00.61	(37.75)	
		1000m	1:39.21	(39.02)		1000m	1:39.75	(39.14)	
		1400m	2:19.13	(39.92)		1400m	2:19.34	(39.59)	
		1800m	2:59.74	(40.61)		1800m	2:59.16	(39.82)	
		2200m	3:40.85	(41.11)		2200m	3:39.14	(39.98)	
		2600m	4:22.41	(41.56)		2600m	4:20.11	(40.97)	
		3000m	5:04.78	(42.37)		3000m	5:00.27	(40.16)	

		Naam		Cat		PR		Tijd	Info
5	wt	13	Freya Goerres		DB1		5:00.54	5:01.83	
	rd	3	Tirza Blokland		DB1		4:57.70	5:01.09	
		Freya Goerres				Tirza Blokland			
		200m	22.79	(22.79)		200m	23.22	(23.22)	
		600m	1:00.83	(38.04)		600m	1:00.44	(37.22)	
		1000m	1:40.11	(39.28)		1000m	1:39.57	(39.13)	
		1400m	2:20.44	(40.33)		1400m	2:19.08	(39.51)	
		1800m	3:00.66	(40.22)		1800m	3:00.01	(40.93)	
		2200m	3:41.55	(40.89)		2200m	3:40.26	(40.25)	
		2600m	4:22.21	(40.66)		2600m	4:21.17	(40.91)	
		3000m	5:01.83	(39.62)		3000m	5:01.09	(39.92)	

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		Naam		Cat		PR		Tijd	Info
6	gl	20	Silke Kabel		DB1		4:48.62	4:58.75	
	bl	4	Melle Boeijen		DB2		4:58.60	5:02.20	
		Silke Kabel			Melle Boeijen				
		200m	22.50	(22.50)	200m	21.89	(21.89)		
		600m	58.34	(35.84)	600m	58.29	(36.40)		
		1000m	1:36.59	(38.25)	1000m	1:37.56	(39.27)		
		1400m	2:15.77	(39.18)	1400m	2:16.87	(39.31)		
		1800m	2:55.32	(39.55)	1800m	2:57.35	(40.48)		
		2200m	3:36.05	(40.73)	2200m	3:38.31	(40.96)		
		2600m	4:17.37	(41.32)	2600m	4:20.39	(42.08)		
		3000m	4:58.75	(41.38)	3000m	5:02.20	(41.81)		

		Naam		Cat		PR		Tijd	Info
7	wt	29	Lonneke Merkx		DB1		4:58.72	5:14.55	
	rd	33	Talisha Renes		DB2		4:57.24	5:11.79	
		Lonneke Merkx			Talisha Renes				
		200m	22.55	(22.55)	200m	21.92	(21.92)		
		600m	59.23	(36.68)	600m	56.88	(34.96)		
		1000m	1:38.82	(39.59)	1000m	1:36.46	(39.58)		
		1400m	2:20.87	(42.05)	1400m	2:18.73	(42.27)		
		1800m	3:03.53	(42.66)	1800m	3:02.22	(43.49)		
		2200m	3:47.23	(43.70)	2200m	3:46.47	(44.25)		
		2600m	4:30.78	(43.55)	2600m	4:29.30	(42.83)		
		3000m	5:14.55	(43.77)	3000m	5:11.79	(42.49)		

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		Naam		Cat		PR		Tijd	Info
8	gl	27	Fabienne Maarse		DB1		4:55.41	5:02.61	
	bl	40	Isabella Talen		DB1		4:54.24	5:09.58	
		Fabienne Maarse			Isabella Talen				
		200m	22.27	(22.27)	200m	22.72	(22.72)		
		600m	58.14	(35.87)	600m	58.59	(35.87)		
		1000m	1:36.04	(37.90)	1000m	1:37.33	(38.74)		
		1400m	2:15.69	(39.65)	1400m	2:17.87	(40.54)		
		1800m	2:55.95	(40.26)	1800m	3:00.05	(42.18)		
		2200m	3:37.80	(41.85)	2200m	3:42.75	(42.70)		
		2600m	4:19.98	(42.18)	2600m	4:26.38	(43.63)		
		3000m	5:02.61	(42.63)	3000m	5:09.58	(43.20)		

		Naam		Cat		PR		Tijd	Info
9	wt	41	Indy Veerman		DB1		4:54.87	4:53.67	PR
	rd	11	Emilie Fransen		DB1		4:52.89	4:58.88	
		Indy Veerman			Emilie Fransen				
		200m	21.40	(21.40)	200m	22.49	(22.49)		
		600m	56.14	(34.74)	600m	59.21	(36.72)		
		1000m	1:34.09	(37.95)	1000m	1:38.75	(39.54)		
		1400m	2:13.36	(39.27)	1400m	2:18.88	(40.13)		
		1800m	2:52.94	(39.58)	1800m	2:58.46	(39.58)		
		2200m	3:33.53	(40.59)	2200m	3:38.45	(39.99)		
		2600m	4:14.14	(40.61)	2600m	4:18.62	(40.17)		
		3000m	4:53.67	(39.53)	3000m	4:58.88	(40.26)		

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		Naam		Cat		PR		Tijd	Info
10	gl	8	Anouk Cnossen		DB2		4:50.27	5:10.09	
	bl	25	Stefanie Koot		DB1		4:49.51	5:03.98	
		Anouk Cnossen				Stefanie Koot			
		200m	24.17	(24.17)		200m	23.56	(23.56)	
		600m	1:03.11	(38.94)		600m	1:01.56	(38.00)	
		1000m	1:42.71	(39.60)		1000m	1:41.10	(39.54)	
		1400m	2:23.41	(40.70)		1400m	2:20.89	(39.79)	
		1800m	3:04.93	(41.52)		1800m	3:02.09	(41.20)	
		2200m	3:46.62	(41.69)		2200m	3:43.11	(41.02)	
		2600m	4:28.95	(42.33)		2600m	4:24.19	(41.08)	
		3000m	5:10.09	(41.14)		3000m	5:03.98	(39.79)	

		Naam		Cat		PR		Tijd	Info
11	wt	19	Lenthe Jansen		DB2		4:49.21	4:55.85	
	rd	35	Danique van Rooden		DB2		4:44.83	4:50.92	
		Lenthe Jansen				Danique van Rooden			
		200m	22.29	(22.29)		200m	24.14	(24.14)	
		600m	59.56	(37.27)		600m	1:01.44	(37.30)	
		1000m	1:38.23	(38.67)		1000m	1:38.82	(37.38)	
		1400m	2:17.99	(39.76)		1400m	2:16.92	(38.10)	
		1800m	2:56.80	(38.81)		1800m	2:54.95	(38.03)	
		2200m	3:35.92	(39.12)		2200m	3:33.34	(38.39)	
		2600m	4:16.31	(40.39)		2600m	4:12.07	(38.73)	
		3000m	4:55.85	(39.54)		3000m	4:50.92	(38.85)	

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		Naam			Cat			PR	Tijd	Info
12	gl	6	Diede Brandts		DB1			4:43.41	4:44.51	
	bl	15	Sari Harder		DB1			4:43.83	4:46.96	
		Diede Brandts				Sari Harder				
		200m	21.39	(21.39)	200m	22.34	(22.34)			
		600m	56.04	(34.65)	600m	56.22	(33.88)			
		1000m	1:32.21	(36.17)	1000m	1:32.75	(36.53)			
		1400m	2:09.72	(37.51)	1400m	2:10.86	(38.11)			
		1800m	2:47.95	(38.23)	1800m	2:49.57	(38.71)			
		2200m	3:26.68	(38.73)	2200m	3:28.47	(38.90)			
		2600m	4:05.94	(39.26)	2600m	4:08.34	(39.87)			
		3000m	4:44.51	(38.57)	3000m	4:46.96	(38.62)			

		Naam			Cat			PR	Tijd	Info
13	wt	24	Amber Koetsier		DB1			4:41.80	4:46.18	
	rd	16	Sara ter Hart		DB2			4:34.83	4:38.01	
		Amber Koetsier				Sara ter Hart				
		200m	22.11	(22.11)	200m	21.58	(21.58)			
		600m	57.36	(35.25)	600m	55.67	(34.09)			
		1000m	1:33.67	(36.31)	1000m	1:31.11	(35.44)			
		1400m	2:11.94	(38.27)	1400m	2:07.52	(36.41)			
		1800m	2:50.38	(38.44)	1800m	2:44.56	(37.04)			
		2200m	3:28.87	(38.49)	2200m	3:21.97	(37.41)			
		2600m	4:07.42	(38.55)	2600m	3:59.70	(37.73)			
		3000m	4:46.18	(38.76)	3000m	4:38.01	(38.31)			

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		Naam		Cat		PR		Tijd	Info
14	gl	17	Quinty Hersi		DB1		4:30.35	4:37.43	
	bl	26	Kalista Lamers		DB2		4:39.21	4:46.39	
		Quinty Hersi				Kalista Lamers			
		200m	20.45	(20.45)		200m	22.12	(22.12)	
		600m	52.27	(31.82)		600m	56.05	(33.93)	
		1000m	1:26.70	(34.43)		1000m	1:32.45	(36.40)	
		1400m	2:03.32	(36.62)		1400m	2:10.31	(37.86)	
		1800m	2:40.79	(37.47)		1800m	2:48.61	(38.30)	
		2200m	3:18.91	(38.12)		2200m	3:27.24	(38.63)	
		2600m	3:57.79	(38.88)		2600m	4:06.86	(39.62)	
		3000m	4:37.43	(39.64)		3000m	4:46.39	(39.53)	

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2. Uitslag Mannen Junioren B 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	37 Sem Spruit	HB1	14	O	4:09.51		
2	15 Samuel Gunnink	HB2	10	O	4:12.30	PR	
3	40 Friso van Vliet	HB1	13	I	4:14.15		
4	22 Taeke Jongbloed	HB1	12	O	4:14.18		
5	36 Bodhi Smeele	HB2	11	I	4:14.45		
6	17 Stefan Has	HB2	13	O	4:14.79		
7	19 Jan-Hendrik Hoekstra	HB1	14	I	4:15.18		
8	33 Milan Rietveld	HB2	12	I	4:15.64		
9	44 Pieter Zijlstra	HB1	11	O	4:16.13		
10	24 Levi Kapp	HB2	9	O	4:17.03		
11	2 Kian Baard	HB1	6	O	4:17.22	PR	
12	30 Onne van Miltenburg	HB1	6	I	4:17.29		
13	21 Lars van Ipenburg	HB1	10	I	4:17.82		
14	41 Emiel van Wees	HB2	7	O	4:17.84		
15	42 Mats Westra	HB2	7	I	4:17.89		
16	1 Joep Aben	HB2	9	I	4:20.22		
17	13 Lars Groenheiden	HB1	8	O	4:21.34		
18	9 Alexander Boon	HB2	8	I	4:22.42		
19	4 Luke Bavius	HB1	4	I	4:22.84		
20	6 Samuel de Bie	HB2	1	O	4:23.22	PR	
21	12 Daan de Graaf	HB2	5	O	4:25.45		
22	39 Floris Verploeg	HB1	5	I	4:25.69		
23	43 Sjors Zautsen	HB2	1	I	4:27.18		
24	27 Thomas Landman	HB2	4	O	4:27.31		
25	14 Christian Groenhof	HB2	3	O	4:28.75		
26	35 Daan Segers	HB1	2	I	4:29.44		
27	11 Loic Crielaers	HB1	2	O	4:34.97		
28	26 Joris Kuipers	HB1	3	I	4:37.84		

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2. Rituitslag Mannen Junioren B 3000 meter

		Naam		Cat		PR		Tijd	Info
1	wt	43	Sjors Zautsen		HB2		4:21.48	4:27.18	
	rd	6	Samuel de Bie		HB2		4:23.25	4:23.22	PR

Sjors Zautsen

200m	19.97	(19.97)
600m	51.42	(31.45)
1000m	1:23.88	(32.46)
1400m	1:57.85	(33.97)
1800m	2:33.04	(35.19)
2200m	3:09.78	(36.74)
2600m	3:48.23	(38.45)
3000m	4:27.18	(38.95)

Samuel de Bie

200m	20.70	(20.70)
600m	52.13	(31.43)
1000m	1:24.52	(32.39)
1400m	1:58.03	(33.51)
1800m	2:32.65	(34.62)
2200m	3:08.42	(35.77)
2600m	3:45.35	(36.93)
3000m	4:23.22	(37.87)

		Naam		Cat		PR		Tijd	Info
2	gl	35	Daan Segers		HB1		4:22.56	4:29.44	
	bl	11	Loic Crielaers		HB1		4:22.81	4:34.97	

Daan Segers

200m	20.60	(20.60)
600m	55.18	(34.58)
1000m	1:30.66	(35.48)
1400m	2:06.63	(35.97)
1800m	2:42.75	(36.12)
2200m	3:18.50	(35.75)
2600m	3:53.77	(35.27)
3000m	4:29.44	(35.67)

Loic Crielaers

200m	20.62	(20.62)
600m	53.27	(32.65)
1000m	1:27.13	(33.86)
1400m	2:02.32	(35.19)
1800m	2:38.36	(36.04)
2200m	3:16.03	(37.67)
2600m	3:54.97	(38.94)
3000m	4:34.97	(40.00)

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		Naam		Cat		PR		Tijd	Info
3	wt	26	Joris Kuipers		HB1		4:19.07	4:37.84	
	rd	14	Christian Groenhof		HB2		4:18.51	4:28.75	
		Joris Kuipers			Christian Groenhof				
		200m	20.87	(20.87)	200m	20.74	(20.74)		
		600m	55.24	(34.37)	600m	54.68	(33.94)		
		1000m	1:29.65	(34.41)	1000m	1:29.55	(34.87)		
		1400m	2:05.59	(35.94)	1400m	2:04.39	(34.84)		
		1800m	2:42.22	(36.63)	1800m	2:39.82	(35.43)		
		2200m	3:20.13	(37.91)	2200m	3:15.85	(36.03)		
		2600m	3:58.65	(38.52)	2600m	3:52.26	(36.41)		
		3000m	4:37.84	(39.19)	3000m	4:28.75	(36.49)		

		Naam		Cat		PR		Tijd	Info
4	gl	4	Luke Bavius		HB1		4:20.75	4:22.84	
	bl	27	Thomas Landman		HB2		4:20.53	4:27.31	
		Luke Bavius			Thomas Landman				
		200m	19.98	(19.98)	200m	20.89	(20.89)		
		600m	51.56	(31.58)	600m	53.14	(32.25)		
		1000m	1:24.43	(32.87)	1000m	1:26.90	(33.76)		
		1400m	1:58.57	(34.14)	1400m	2:01.15	(34.25)		
		1800m	2:33.54	(34.97)	1800m	2:36.48	(35.33)		
		2200m	3:09.24	(35.70)	2200m	3:13.27	(36.79)		
		2600m	3:45.59	(36.35)	2600m	3:50.37	(37.10)		
		3000m	4:22.84	(37.25)	3000m	4:27.31	(36.94)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
5	wt	39	Floris Verploeg		HB1			4:18.33	4:25.69
	rd	12	Daan de Graaf		HB2			4:18.20	4:25.45
		Floris Verploeg			Daan de Graaf				
		200m	21.38	(21.38)	200m	20.39	(20.39)		
		600m	54.84	(33.46)	600m	53.45	(33.06)		
		1000m	1:28.86	(34.02)	1000m	1:27.07	(33.62)		
		1400m	2:03.46	(34.60)	1400m	2:01.11	(34.04)		
		1800m	2:38.43	(34.97)	1800m	2:35.47	(34.36)		
		2200m	3:13.67	(35.24)	2200m	3:11.10	(35.63)		
		2600m	3:49.48	(35.81)	2600m	3:47.64	(36.54)		
		3000m	4:25.69	(36.21)	3000m	4:25.45	(37.81)		

		Naam		Cat		PR		Tijd	Info
6	gl	30	Onne van Miltenburg		HB1			4:17.02	4:17.29
	bl	2	Kian Baard		HB1			4:17.62	4:17.22 PR
		Onne van Miltenburg			Kian Baard				
		200m	20.82	(20.82)	200m	20.08	(20.08)		
		600m	52.82	(32.00)	600m	51.75	(31.67)		
		1000m	1:25.57	(32.75)	1000m	1:24.23	(32.48)		
		1400m	1:59.42	(33.85)	1400m	1:57.52	(33.29)		
		1800m	2:33.85	(34.43)	1800m	2:31.04	(33.52)		
		2200m	3:08.65	(34.80)	2200m	3:05.55	(34.51)		
		2600m	3:43.40	(34.75)	2600m	3:40.74	(35.19)		
		3000m	4:17.29	(33.89)	3000m	4:17.22	(36.48)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
7	wt	42	Mats Westra		HB2			4:15.57	4:17.89
	rd	41	Emiel van Wees		HB2			4:16.63	4:17.84
		Mats Westra			Emiel van Wees				
		200m	20.22	(20.22)	200m	20.43	(20.43)		
		600m	53.12	(32.90)	600m	52.31	(31.88)		
		1000m	1:25.89	(32.77)	1000m	1:25.46	(33.15)		
		1400m	1:59.10	(33.21)	1400m	1:59.02	(33.56)		
		1800m	2:33.08	(33.98)	1800m	2:33.45	(34.43)		
		2200m	3:07.27	(34.19)	2200m	3:08.06	(34.61)		
		2600m	3:42.42	(35.15)	2600m	3:43.15	(35.09)		
		3000m	4:17.89	(35.47)	3000m	4:17.84	(34.69)		

		Naam		Cat		PR		Tijd	Info
8	gl	9	Alexander Boon		HB2			4:16.89	4:22.42
	bl	13	Lars Groenheiden		HB1			4:16.73	4:21.34
		Alexander Boon			Lars Groenheiden				
		200m	19.17	(19.17)	200m	19.92	(19.92)		
		600m	50.65	(31.48)	600m	51.17	(31.25)		
		1000m	1:23.76	(33.11)	1000m	1:23.93	(32.76)		
		1400m	1:57.99	(34.23)	1400m	1:57.99	(34.06)		
		1800m	2:32.72	(34.73)	1800m	2:33.10	(35.11)		
		2200m	3:08.65	(35.93)	2200m	3:08.79	(35.69)		
		2600m	3:45.10	(36.45)	2600m	3:45.23	(36.44)		
		3000m	4:22.42	(37.32)	3000m	4:21.34	(36.11)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam			Cat			PR	Tijd	Info
9	wt	1	Joep Aben		HB2			4:14.07	4:20.22	
	rd	24	Levi Kapp		HB2			4:11.15	4:17.03	
		Joep Aben						Levi Kapp		
		200m	20.91	(20.91)	200m	20.84	(20.84)			
		600m	53.81	(32.90)	600m	52.56	(31.72)			
		1000m	1:26.81	(33.00)	1000m	1:25.05	(32.49)			
		1400m	2:00.32	(33.51)	1400m	1:58.24	(33.19)			
		1800m	2:34.32	(34.00)	1800m	2:31.94	(33.70)			
		2200m	3:08.99	(34.67)	2200m	3:06.19	(34.25)			
		2600m	3:44.39	(35.40)	2600m	3:41.40	(35.21)			
		3000m	4:20.22	(35.83)	3000m	4:17.03	(35.63)			

		Naam			Cat			PR	Tijd	Info
10	gl	21	Lars van Ipenburg		HB1			4:11.09	4:17.82	
	bl	15	Samuel Gunnink		HB2			4:15.14	4:12.30	PR
		Lars van Ipenburg						Samuel Gunnink		
		200m	19.77	(19.77)	200m	20.64	(20.64)			
		600m	51.18	(31.41)	600m	51.66	(31.02)			
		1000m	1:23.65	(32.47)	1000m	1:23.58	(31.92)			
		1400m	1:57.05	(33.40)	1400m	1:56.23	(32.65)			
		1800m	2:31.02	(33.97)	1800m	2:29.13	(32.90)			
		2200m	3:05.73	(34.71)	2200m	3:02.64	(33.51)			
		2600m	3:41.36	(35.63)	2600m	3:36.91	(34.27)			
		3000m	4:17.82	(36.46)	3000m	4:12.30	(35.39)			

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam			Cat			PR	Tijd	Info
11	wt	36	Bodhi Smeele		HB2			4:06.24	4:14.45	
	rd	44	Pieter Zijlstra		HB1			4:10.88	4:16.13	
		Bodhi Smeele			Pieter Zijlstra					
		200m	21.09	(21.09)	200m	20.31	(20.31)			
		600m	53.31	(32.22)	600m	52.34	(32.03)			
		1000m	1:25.82	(32.51)	1000m	1:25.79	(33.45)			
		1400m	1:59.36	(33.54)	1400m	1:59.25	(33.46)			
		1800m	2:33.23	(33.87)	1800m	2:33.54	(34.29)			
		2200m	3:07.39	(34.16)	2200m	3:07.52	(33.98)			
		2600m	3:41.17	(33.78)	2600m	3:41.85	(34.33)			
		3000m	4:14.45	(33.28)	3000m	4:16.13	(34.28)			

		Naam			Cat			PR	Tijd	Info
12	gl	33	Milan Rietveld		HB2			4:08.12	4:15.64	
	bl	22	Taeke Jongbloed		HB1			4:08.17	4:14.18	
		Milan Rietveld			Taeke Jongbloed					
		200m	20.30	(20.30)	200m	19.89	(19.89)			
		600m	52.02	(31.72)	600m	51.12	(31.23)			
		1000m	1:24.66	(32.64)	1000m	1:23.16	(32.04)			
		1400m	1:58.14	(33.48)	1400m	1:56.08	(32.92)			
		1800m	2:31.12	(32.98)	1800m	2:29.76	(33.68)			
		2200m	3:05.68	(34.56)	2200m	3:04.20	(34.44)			
		2600m	3:40.64	(34.96)	2600m	3:39.07	(34.87)			
		3000m	4:15.64	(35.00)	3000m	4:14.18	(35.11)			

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
13	wt	40	Friso van Vliet		HB1			4:03.91	4:14.15
	rd	17	Stefan Has		HB2			4:02.58	4:14.79
		Friso van Vliet			Stefan Has				
		200m	20.16	(20.16)	200m	20.23	(20.23)		
		600m	51.96	(31.80)	600m	52.28	(32.05)		
		1000m	1:24.56	(32.60)	1000m	1:24.56	(32.28)		
		1400m	1:58.11	(33.55)	1400m	1:57.67	(33.11)		
		1800m	2:31.86	(33.75)	1800m	2:31.63	(33.96)		
		2200m	3:06.03	(34.17)	2200m	3:05.66	(34.03)		
		2600m	3:40.08	(34.05)	2600m	3:40.22	(34.56)		
		3000m	4:14.15	(34.07)	3000m	4:14.79	(34.57)		

		Naam		Cat		PR		Tijd	Info
14	gl	19	Jan-Hendrik Hoekstra		HB1			4:03.39	4:15.18
	bl	37	Sem Spruit		HB1			3:51.04	4:09.51
		Jan-Hendrik Hoekstra			Sem Spruit				
		200m	20.44	(20.44)	200m	19.38	(19.38)		
		600m	52.23	(31.79)	600m	49.98	(30.60)		
		1000m	1:24.47	(32.24)	1000m	1:22.05	(32.07)		
		1400m	1:57.66	(33.19)	1400m	1:54.43	(32.38)		
		1800m	2:31.05	(33.39)	1800m	2:27.28	(32.85)		
		2200m	3:05.32	(34.27)	2200m	3:00.80	(33.52)		
		2600m	3:40.22	(34.90)	2600m	3:35.03	(34.23)		
		3000m	4:15.18	(34.96)	3000m	4:09.51	(34.48)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

3. Uitslag Vrouwen Junioren A 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	33 Sofia Schilder	DA1	14	I	4:37.74		
2	16 Sterre Kamphuis	DA2	10	O	4:39.45		
3	37 Mirjam Thomas	DA1	11	O	4:39.46		
4	3 Tijn Borst	DA1	14	O	4:41.95		
5	18 Anouk Könst	DA1	13	I	4:44.15		
6	36 Jasmin van der Terp	DA1	12	I	4:46.36		
7	38 Nynke Tinga	DA1	13	O	4:47.84		
8	23 Bo Mengerink	DA2	11	I	4:48.56		
9	11 Maureen Hagen	DA1	7	I	4:48.64		
10	26 Bente Moller	DA2	7	O	4:49.80		
11	29 Luna van Polen	DA1	9	O	4:50.16		
12	34 Jitte Schuitemaker	DA2	10	I	4:50.83		
13	39 Valerie Vinken	DA1	12	O	4:51.09		
14	7 Cleo Elenbaas	DA1	9	I	4:55.63		
15	6 Lara Dingjan	DA2	8	O	4:56.90		
16	28 Bregje Nagelmaeker	DA1	8	I	4:58.57		
17	15 Corien de Jong	DA1	6	O	5:01.90		
18	12 Emma Hartveld	DA2	3	I	5:06.51	PR	
19	2 Noëmi de Boer	DA1	3	O	5:06.59		
20	5 Lieve Bunt	DA1	2	O	5:11.01	PR	
21	4 Merit de Bruin	DA1	6	I	5:12.68		
22	19 Jenieke Kuiken	DA2	5	I	5:13.69		
23	13 Kersty Heeremans	DA2	1	I	5:19.53	PR	
24	43 Machaila Wesch-Dawson	DA1	4	O	5:21.22		
25	31 Jade Repko	DA2	2	I	5:21.77	PR	
26	25 Renske Molenaar	DA1	4	I	5:23.17		
27	21 Mirte Maijenburg	DA2	1	O	5:26.46	PR	
	24 Sophie Moerman	DA2	5	O	DQ		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

3. Rituitslag Vrouwen Junioren A 3000 meter

		Naam		Cat		PR		Tijd	Info
1	wt	13	Kersty Heeremans		DA2	5:29.10		5:19.53	PR
	rd	21	Mirte Maijenburg		DA2	5:31.01		5:26.46	PR

Kersty Heeremans

200m	24.13	(24.13)
600m	1:01.39	(37.26)
1000m	1:40.46	(39.07)
1400m	2:21.45	(40.99)
1800m	3:04.40	(42.95)
2200m	3:48.63	(44.23)
2600m	4:33.41	(44.78)
3000m	5:19.53	(46.12)

Mirte Maijenburg

200m	23.03	(23.03)
600m	1:00.75	(37.72)
1000m	1:40.52	(39.77)
1400m	2:22.56	(42.04)
1800m	3:07.17	(44.61)
2200m	3:52.16	(44.99)
2600m	4:38.85	(46.69)
3000m	5:26.46	(47.61)

		Naam		Cat		PR		Tijd	Info
2	gl	31	Jade Repko		DA2	5:28.72		5:21.77	PR
	bl	5	Lieve Bunt		DA1	5:21.56		5:11.01	PR

Jade Repko

200m	22.75	(22.75)
600m	59.82	(37.07)
1000m	1:40.32	(40.50)
1400m	2:23.89	(43.57)
1800m	3:08.16	(44.27)
2200m	3:52.25	(44.09)
2600m	4:37.69	(45.44)
3000m	5:21.77	(44.08)

Lieve Bunt

200m	22.53	(22.53)
600m	1:00.44	(37.91)
1000m	1:41.22	(40.78)
1400m	2:23.09	(41.87)
1800m	3:05.18	(42.09)
2200m	3:47.59	(42.41)
2600m	4:30.76	(43.17)
3000m	5:11.01	(40.25)

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
3	wt	12	Emma Hartveld		DA2		5:11.08	5:06.51	PR
	rd	2	Noëmi de Boer		DA1		4:59.26	5:06.59	
		Emma Hartveld			Noëmi de Boer				
		200m	23.91	(23.91)	200m	21.89	(21.89)		
		600m	1:03.26	(39.35)	600m	59.08	(37.19)		
		1000m	1:43.99	(40.73)	1000m	1:39.37	(40.29)		
		1400m	2:24.36	(40.37)	1400m	2:20.20	(40.83)		
		1800m	3:04.93	(40.57)	1800m	3:02.49	(42.29)		
		2200m	3:46.04	(41.11)	2200m	3:44.43	(41.94)		
		2600m	4:26.92	(40.88)	2600m	4:26.50	(42.07)		
		3000m	5:06.51	(39.59)	3000m	5:06.59	(40.09)		

		Naam		Cat		PR		Tijd	Info
4	gl	25	Renske Molenaar		DA1		5:15.85	5:23.17	
	bl	43	Machaila Wesch-Dawson		DA1		5:08.61	5:21.22	
		Renske Molenaar			Machaila Wesch-Dawson				
		200m	24.38	(24.38)	200m	24.38	(24.38)		
		600m	1:05.11	(40.73)	600m	1:03.40	(39.02)		
		1000m	1:47.28	(42.17)	1000m	1:44.35	(40.95)		
		1400m	2:29.84	(42.56)	1400m	2:26.07	(41.72)		
		1800m	3:12.90	(43.06)	1800m	3:08.58	(42.51)		
		2200m	3:56.20	(43.30)	2200m	3:52.74	(44.16)		
		2600m	4:39.57	(43.37)	2600m	4:37.34	(44.60)		
		3000m	5:23.17	(43.60)	3000m	5:21.22	(43.88)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
5	wt	19	Jenieke Kuiken		DA2		5:01.45	5:13.69	
	rd	24	Sophie Moerman		DA2		4:55.61	DQ	
		Jenieke Kuiken			Sophie Moerman				
		200m	23.20	(23.20)	200m	23.84	(23.84)		
		600m	1:01.14	(37.94)	600m	1:02.26	(38.42)		
		1000m	1:40.78	(39.64)	1000m	1:43.00	(40.74)		
		1400m	2:21.98	(41.20)	1400m	2:24.75	(41.75)		
		1800m	3:03.74	(41.76)	1800m	3:07.76	(43.01)		
		2200m	3:46.36	(42.62)	2200m	3:51.75	(43.99)		
		2600m	4:30.13	(43.77)	2600m	4:36.68	(44.93)		
		3000m	5:13.69	(43.56)	3000m	5:21.78	(45.10)		

		Naam		Cat		PR		Tijd	Info
6	gl	4	Merit de Bruin		DA1		4:56.65	5:12.68	
	bl	15	Corien de Jong		DA1		4:55.66	5:01.90	
		Merit de Bruin			Corien de Jong				
		200m	23.76	(23.76)	200m	23.73	(23.73)		
		600m	1:01.68	(37.92)	600m	1:00.59	(36.86)		
		1000m	1:41.16	(39.48)	1000m	1:39.00	(38.41)		
		1400m	2:21.74	(40.58)	1400m	2:18.38	(39.38)		
		1800m	3:03.76	(42.02)	1800m	2:58.94	(40.56)		
		2200m	3:46.65	(42.89)	2200m	3:39.49	(40.55)		
		2600m	4:30.05	(43.40)	2600m	4:20.54	(41.05)		
		3000m	5:12.68	(42.63)	3000m	5:01.90	(41.36)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
7	wt	11	Maureen Hagen		DA1		4:44.34	4:48.64	
	rd	26	Bente Moller		DA2		4:46.16	4:49.80	
		Maureen Hagen			Bente Moller				
		200m	22.79	(22.79)	200m	22.34	(22.34)		
		600m	59.62	(36.83)	600m	57.46	(35.12)		
		1000m	1:38.05	(38.43)	1000m	1:33.70	(36.24)		
		1400m	2:16.15	(38.10)	1400m	2:11.22	(37.52)		
		1800m	2:53.81	(37.66)	1800m	2:49.61	(38.39)		
		2200m	3:31.78	(37.97)	2200m	3:29.10	(39.49)		
		2600m	4:10.28	(38.50)	2600m	4:09.39	(40.29)		
		3000m	4:48.64	(38.36)	3000m	4:49.80	(40.41)		

		Naam		Cat		PR		Tijd	Info
8	gl	28	Bregje Nagelmaeker		DA1		4:52.49	4:58.57	
	bl	6	Lara Dingjan		DA2		4:49.57	4:56.90	
		Bregje Nagelmaeker			Lara Dingjan				
		200m	22.60	(22.60)	200m	23.25	(23.25)		
		600m	59.12	(36.52)	600m	1:00.40	(37.15)		
		1000m	1:37.57	(38.45)	1000m	1:37.61	(37.21)		
		1400m	2:17.03	(39.46)	1400m	2:15.81	(38.20)		
		1800m	2:56.68	(39.65)	1800m	2:55.39	(39.58)		
		2200m	3:37.03	(40.35)	2200m	3:35.06	(39.67)		
		2600m	4:17.71	(40.68)	2600m	4:15.72	(40.66)		
		3000m	4:58.57	(40.86)	3000m	4:56.90	(41.18)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

18 februari 2024

		Naam		Cat		PR		Tijd	Info
9	wt	7	Cleo Elenbaas		DA1		4:40.20	4:55.63	
	rd	29	Luna van Polen		DA1		4:39.68	4:50.16	
		Cleo Elenbaas				Luna van Polen			
		200m	21.67	(21.67)		200m	21.40	(21.40)	
		600m	55.97	(34.30)		600m	55.20	(33.80)	
		1000m	1:32.42	(36.45)		1000m	1:31.08	(35.88)	
		1400m	2:11.05	(38.63)		1400m	2:08.62	(37.54)	
		1800m	2:51.35	(40.30)		1800m	2:47.56	(38.94)	
		2200m	3:32.75	(41.40)		2200m	3:27.59	(40.03)	
		2600m	4:14.17	(41.42)		2600m	4:08.33	(40.74)	
		3000m	4:55.63	(41.46)		3000m	4:50.16	(41.83)	

		Naam		Cat		PR		Tijd	Info
10	gl	34	Jitte Schuitemaker		DA2		4:40.07	4:50.83	
	bl	16	Sterre Kamphuis		DA2		4:37.86	4:39.45	
		Jitte Schuitemaker				Sterre Kamphuis			
		200m	22.44	(22.44)		200m	22.07	(22.07)	
		600m	57.07	(34.63)		600m	56.06	(33.99)	
		1000m	1:33.55	(36.48)		1000m	1:30.97	(34.91)	
		1400m	2:11.93	(38.38)		1400m	2:07.14	(36.17)	
		1800m	2:51.24	(39.31)		1800m	2:44.54	(37.40)	
		2200m	3:31.33	(40.09)		2200m	3:22.47	(37.93)	
		2600m	4:11.14	(39.81)		2600m	4:00.72	(38.25)	
		3000m	4:50.83	(39.69)		3000m	4:39.45	(38.73)	

Landelijke Selectie NK 3000m Junioren A/B

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		Naam		Cat		PR		Tijd	Info
11	wt	23	Bo Mengerink		DA2			4:38.81	4:48.56
	rd	37	Mirjam Thomas		DA1			4:38.22	4:39.46
		Bo Mengerink			Mirjam Thomas				
		200m	21.97	(21.97)		200m	21.90	(21.90)	
		600m	57.61	(35.64)		600m	56.76	(34.86)	
		1000m	1:33.80	(36.19)		1000m	1:32.97	(36.21)	
		1400m	2:10.90	(37.10)		1400m	2:09.45	(36.48)	
		1800m	2:49.05	(38.15)		1800m	2:46.74	(37.29)	
		2200m	3:28.53	(39.48)		2200m	3:24.55	(37.81)	
		2600m	4:08.35	(39.82)		2600m	4:02.47	(37.92)	
		3000m	4:48.56	(40.21)		3000m	4:39.46	(36.99)	

		Naam		Cat		PR		Tijd	Info
12	gl	36	Jasmin van der Terp		DA1			4:38.08	4:46.36
	bl	39	Valerie Vinken		DA1			4:38.32	4:51.09
		Jasmin van der Terp			Valerie Vinken				
		200m	21.69	(21.69)		200m	23.30	(23.30)	
		600m	55.36	(33.67)		600m	59.06	(35.76)	
		1000m	1:30.48	(35.12)		1000m	1:35.60	(36.54)	
		1400m	2:07.24	(36.76)		1400m	2:13.43	(37.83)	
		1800m	2:45.31	(38.07)		1800m	2:52.17	(38.74)	
		2200m	3:24.51	(39.20)		2200m	3:31.80	(39.63)	
		2600m	4:05.18	(40.67)		2600m	4:11.97	(40.17)	
		3000m	4:46.36	(41.18)		3000m	4:51.09	(39.12)	

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

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		Naam		Cat		PR		Tijd	Info
13	wt	18	Anouk Könst		DA1		4:36.55	4:44.15	
	rd	38	Nynke Tinga		DA1		4:37.31	4:47.84	
		Anouk Könst			Nynke Tinga				
		200m	22.81	(22.81)	200m	21.72	(21.72)		
		600m	57.70	(34.89)	600m	57.50	(35.78)		
		1000m	1:33.44	(35.74)	1000m	1:34.92	(37.42)		
		1400m	2:10.49	(37.05)	1400m	2:12.37	(37.45)		
		1800m	2:48.10	(37.61)	1800m	2:50.46	(38.09)		
		2200m	3:26.22	(38.12)	2200m	3:29.50	(39.04)		
		2600m	4:04.95	(38.73)	2600m	4:08.29	(38.79)		
		3000m	4:44.15	(39.20)	3000m	4:47.84	(39.55)		

		Naam		Cat		PR		Tijd	Info
14	gl	33	Sofia Schilder		DA1		4:21.58	4:37.74	
	bl	3	Tijn Borst		DA1		4:34.82	4:41.95	
		Sofia Schilder			Tijn Borst				
		200m	21.53	(21.53)	200m	21.47	(21.47)		
		600m	55.99	(34.46)	600m	55.83	(34.36)		
		1000m	1:30.79	(34.80)	1000m	1:32.02	(36.19)		
		1400m	2:06.48	(35.69)	1400m	2:09.03	(37.01)		
		1800m	2:42.96	(36.48)	1800m	2:46.28	(37.25)		
		2200m	3:20.50	(37.54)	2200m	3:24.45	(38.17)		
		2600m	3:58.56	(38.06)	2600m	4:03.04	(38.59)		
		3000m	4:37.74	(39.18)	3000m	4:41.95	(38.91)		

Landelijke Selectie NK 3000m Junioren A/B

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4. Uitslag Mannen Junioren A 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	36 Sil van der Veen	HA1	16	O	3:59.06	TRC	
2	33 Wisse Slendebroek	HA2	15	O	4:02.25		
3	39 Chris de Velde	HA1	13	O	4:07.40		
4	2 Thomas van Berkel	HA2	16	I	4:08.09		
5	6 Johan Bouwhuis	HA1	15	I	4:10.93		
6	19 Sille Hut	HA2	14	I	4:10.99		
7	14 Dion van Hal	HA1	10	I	4:12.37	PR	
8	41 Rens Vergeer	HA1	12	I	4:12.60		
9	30 Kees de Ruijter	HA2	11	O	4:15.31		
10	43 Jelmer de Winter	HA1	12	O	4:19.28		
11	38 Miel van der Veer	HA2	6	O	4:20.18		
12	9 Tobias Elshof	HA1	10	O	4:20.58		
13	18 Stefan Huizenga	HA1	14	O	4:21.89		
14	24 Teun van der Linden	HA2	8	O	4:22.56		
15	34 Nout Tates	HA2	4	O	4:23.82	PR	
16	40 Seth Verbeek	HA2	3	O	4:25.40		
17	44 Mark Withagen	HA2	4	I	4:25.57	PR	
18	10 Max Eppinga	HA1	5	O	4:25.70		
19	8 Vester Demoed	HA1	9	O	4:26.33		
20	7 Boaz Buter	HA1	3	I	4:27.06		
21	20 Isaac Immerzeel	HA1	7	I	4:27.38		
22	17 Sylvian Hoogeveen	HA2	11	I	4:27.76		
23	16 Jurre Hoffer	HA1	8	I	4:27.91		
24	1 Bram ten Berge	HA1	6	I	4:28.04		
25	25 Jan Meester	HA1	7	O	4:29.35		
26	23 Twan Kuipers	HA1	9	I	4:31.94		
27	32 Leon Schot	HA2	5	I	4:33.59		
28	35 Jochem Terluin	HA1	1	I	4:41.67		
29	28 Jelle Plug	HA2	13	I	4:41.88	FL	

Landelijke Selectie NK 3000m Junioren A/B

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4. Rituitslag Mannen Junioren A 3000 meter

	Naam	Cat	PR	Tijd	Info
1	wt rd	35 Jochem Terluin	HA1	4:27.83	4:41.67

Jochem Terluin

200m	20.49	(20.49)	m
600m	54.44	(33.95)	
1000m	1:29.54	(35.10)	
1400m	2:06.06	(36.52)	
1800m	2:43.57	(37.51)	
2200m	3:21.87	(38.30)	
2600m	4:01.18	(39.31)	
3000m	4:41.67	(40.49)	

	Naam	Cat	PR	Tijd	Info
2	gl bl				

m

m

	Naam	Cat	PR	Tijd	Info
3	wt rd	7 Boaz Buter	HA1	4:22.61	4:27.06
		40 Seth Verbeek	HA2	4:18.59	4:25.40

Boaz Buter

200m	20.96	(20.96)
600m	54.44	(33.48)
1000m	1:28.15	(33.71)
1400m	2:03.09	(34.94)
1800m	2:38.60	(35.51)
2200m	3:14.62	(36.02)
2600m	3:50.81	(36.19)
3000m	4:27.06	(36.25)

Seth Verbeek

200m	21.52	(21.52)
600m	54.71	(33.19)
1000m	1:28.85	(34.14)
1400m	2:03.91	(35.06)
1800m	2:39.13	(35.22)
2200m	3:14.49	(35.36)
2600m	3:49.78	(35.29)
3000m	4:25.40	(35.62)

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

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		Naam		Cat		PR		Tijd	Info
4	gl	44	Mark Withagen		HA2			4:25.69	4:25.57 PR
	bl	34	Nout Tates		HA2			4:23.86	4:23.82 PR
		Mark Withagen				Nout Tates			
		200m	19.78	(19.78)		200m	19.43	(19.43)	
		600m	50.76	(30.98)		600m	49.98	(30.55)	
		1000m	1:23.15	(32.39)		1000m	1:22.59	(32.61)	
		1400m	1:57.35	(34.20)		1400m	1:56.57	(33.98)	
		1800m	2:32.83	(35.48)		1800m	2:32.31	(35.74)	
		2200m	3:09.56	(36.73)		2200m	3:09.29	(36.98)	
		2600m	3:47.05	(37.49)		2600m	3:46.85	(37.56)	
		3000m	4:25.57	(38.52)		3000m	4:23.82	(36.97)	

		Naam		Cat		PR		Tijd	Info
5	wt	32	Leon Schot		HA2			4:18.32	4:33.59
	rd	10	Max Eppinga		HA1			4:21.85	4:25.70
		Leon Schot				Max Eppinga			
		200m	20.97	(20.97)		200m	20.91	(20.91)	
		600m	54.33	(33.36)		600m	54.50	(33.59)	
		1000m	1:28.43	(34.10)		1000m	1:29.17	(34.67)	
		1400m	2:03.34	(34.91)		1400m	2:03.67	(34.50)	
		1800m	2:38.43	(35.09)		1800m	2:38.61	(34.94)	
		2200m	3:14.82	(36.39)		2200m	3:13.86	(35.25)	
		2600m	3:53.70	(38.88)		2600m	3:49.73	(35.87)	
		3000m	4:33.59	(39.89)		3000m	4:25.70	(35.97)	

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

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		Naam		Cat		PR		Tijd	Info
6	gl	1	Bram ten Berge		HA1			4:19.21	4:28.04
	bl	38	Miel van der Veer		HA2			4:19.53	4:20.18
		Bram ten Berge			Miel van der Veer				
		200m	20.31	(20.31)	200m	22.45	(22.45)		
		600m	54.89	(34.58)	600m	55.61	(33.16)		
		1000m	1:29.90	(35.01)	1000m	1:28.39	(32.78)		
		1400m	2:04.77	(34.87)	1400m	2:01.58	(33.19)		
		1800m	2:39.97	(35.20)	1800m	2:35.01	(33.43)		
		2200m	3:15.26	(35.29)	2200m	3:08.95	(33.94)		
		2600m	3:51.13	(35.87)	2600m	3:44.04	(35.09)		
		3000m	4:28.04	(36.91)	3000m	4:20.18	(36.14)		

		Naam		Cat		PR		Tijd	Info
7	wt	20	Isaac Immerzeel		HA1			4:15.74	4:27.38
	rd	25	Jan Meester		HA1			4:17.41	4:29.35
		Isaac Immerzeel			Jan Meester				
		200m	20.74	(20.74)	200m	19.97	(19.97)		
		600m	53.44	(32.70)	600m	52.35	(32.38)		
		1000m	1:26.75	(33.31)	1000m	1:25.94	(33.59)		
		1400m	2:00.69	(33.94)	1400m	2:00.27	(34.33)		
		1800m	2:35.30	(34.61)	1800m	2:35.75	(35.48)		
		2200m	3:11.26	(35.96)	2200m	3:12.65	(36.90)		
		2600m	3:48.57	(37.31)	2600m	3:50.73	(38.08)		
		3000m	4:27.38	(38.81)	3000m	4:29.35	(38.62)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

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		Naam		Cat		PR		Tijd	Info
8	gl	16	Jurre Hoffer		HA1		4:17.79	4:27.91	
	bl	24	Teun van der Linden		HA2		4:09.22	4:22.56	
		Jurre Hoffer			Teun van der Linden				
		200m	20.05	(20.05)		200m	21.14	(21.14)	
		600m	53.00	(32.95)		600m	54.32	(33.18)	
		1000m	1:27.80	(34.80)		1000m	1:28.48	(34.16)	
		1400m	2:03.21	(35.41)		1400m	2:02.70	(34.22)	
		1800m	2:39.14	(35.93)		1800m	2:37.44	(34.74)	
		2200m	3:15.38	(36.24)		2200m	3:12.34	(34.90)	
		2600m	3:51.64	(36.26)		2600m	3:47.52	(35.18)	
		3000m	4:27.91	(36.27)		3000m	4:22.56	(35.04)	

		Naam		Cat		PR		Tijd	Info
9	wt	23	Twan Kuipers		HA1		4:14.25	4:31.94	
	rd	8	Vester Demoed		HA1		4:13.51	4:26.33	
		Twan Kuipers			Vester Demoed				
		200m	20.63	(20.63)		200m	20.78	(20.78)	
		600m	54.63	(34.00)		600m	52.98	(32.20)	
		1000m	1:29.92	(35.29)		1000m	1:26.35	(33.37)	
		1400m	2:05.64	(35.72)		1400m	2:00.60	(34.25)	
		1800m	2:41.88	(36.24)		1800m	2:35.70	(35.10)	
		2200m	3:18.47	(36.59)		2200m	3:12.14	(36.44)	
		2600m	3:55.44	(36.97)		2600m	3:49.10	(36.96)	
		3000m	4:31.94	(36.50)		3000m	4:26.33	(37.23)	

Landelijke Selectie NK 3000m Junioren A/B

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		Naam		Cat		PR		Tijd	Info
10	gl	14	Dion van Hal		HA1			4:15.11	4:12.37 PR
	bl	9	Tobias Elshof		HA1			4:13.75	4:20.58
		Dion van Hal			Tobias Elshof				
		200m	19.54	(19.54)	200m	19.93	(19.93)		
		600m	51.13	(31.59)	600m	51.28	(31.35)		
		1000m	1:23.13	(32.00)	1000m	1:23.75	(32.47)		
		1400m	1:56.12	(32.99)	1400m	1:57.69	(33.94)		
		1800m	2:29.68	(33.56)	1800m	2:32.54	(34.85)		
		2200m	3:03.47	(33.79)	2200m	3:08.49	(35.95)		
		2600m	3:37.94	(34.47)	2600m	3:44.80	(36.31)		
		3000m	4:12.37	(34.43)	3000m	4:20.58	(35.78)		

		Naam		Cat		PR		Tijd	Info
11	wt	17	Sylvian Hoogeveen		HA2			4:12.75	4:27.76
	rd	30	Kees de Ruijter		HA2			4:08.93	4:15.31
		Sylvian Hoogeveen			Kees de Ruijter				
		200m	19.85	(19.85)	200m	19.32	(19.32)		
		600m	51.71	(31.86)	600m	49.78	(30.46)		
		1000m	1:25.68	(33.97)	1000m	1:21.96	(32.18)		
		1400m	2:00.86	(35.18)	1400m	1:55.43	(33.47)		
		1800m	2:36.82	(35.96)	1800m	2:29.47	(34.04)		
		2200m	3:13.46	(36.64)	2200m	3:04.41	(34.94)		
		2600m	3:50.51	(37.05)	2600m	3:39.78	(35.37)		
		3000m	4:27.76	(37.25)	3000m	4:15.31	(35.53)		

Landelijke Selectie NK 3000m Junioren A/B

Kunstijsbaan Breda - Breda

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		Naam		Cat		PR		Tijd	Info
12	gl	41	Rens Vergeer		HA1			4:10.23	4:12.60
	bl	43	Jelmer de Winter		HA1			4:13.06	4:19.28
		Rens Vergeer			Jelmer de Winter				
		200m	19.80	(19.80)	200m	19.87	(19.87)		
		600m	51.79	(31.99)	600m	51.03	(31.16)		
		1000m	1:24.88	(33.09)	1000m	1:24.19	(33.16)		
		1400m	1:58.14	(33.26)	1400m	1:58.08	(33.89)		
		1800m	2:31.43	(33.29)	1800m	2:32.37	(34.29)		
		2200m	3:04.90	(33.47)	2200m	3:07.37	(35.00)		
		2600m	3:38.78	(33.88)	2600m	3:43.20	(35.83)		
		3000m	4:12.60	(33.82)	3000m	4:19.28	(36.08)		

		Naam		Cat		PR		Tijd	Info
13	wt	28	Jelle Plug		HA2			4:06.27	4:41.88 FL
	rd	39	Chris de Velde		HA1			4:02.69	4:07.40
		Jelle Plug			Chris de Velde				
		200m	19.04	(19.04)	200m	19.67	(19.67)		
		600m	49.92	(30.88)	600m	51.36	(31.69)		
		1000m	1:21.10	(31.18)	1000m	1:23.23	(31.87)		
		1400m	1:52.84	(31.74)	1400m	1:54.85	(31.62)		
		1800m	2:25.31	(32.47)	1800m	2:27.04	(32.19)		
		2200m	2:59.02	(33.71)	2200m	3:00.03	(32.99)		
		2600m	3:33.66	(34.64)	2600m	3:33.43	(33.40)		
		3000m	4:41.88	(68.22)	3000m	4:07.40	(33.97)		

Landelijke Selectie NK 3000m Junioren A/B

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		Naam		Cat		PR		Tijd	Info
14	gl	19	Sille Hut		HA2		3:58.96	4:10.99	
	bl	18	Stefan Huizenga		HA1		4:04.95	4:21.89	
		Sille Hut			Stefan Huizenga				
		200m	20.12	(20.12)	200m	21.58	(21.58)		
		600m	52.84	(32.72)	600m	55.04	(33.46)		
		1000m	1:25.43	(32.59)	1000m	1:28.49	(33.45)		
		1400m	1:58.23	(32.80)	1400m	2:01.79	(33.30)		
		1800m	2:30.72	(32.49)	1800m	2:35.59	(33.80)		
		2200m	3:03.55	(32.83)	2200m	3:09.80	(34.21)		
		2600m	3:36.83	(33.28)	2600m	3:45.09	(35.29)		
		3000m	4:10.99	(34.16)	3000m	4:21.89	(36.80)		

		Naam		Cat		PR		Tijd	Info
15	wt	6	Johan Bouwhuis		HA1		4:00.19	4:10.93	
	rd	33	Wisse Slendebroek		HA2		3:56.03	4:02.25	
		Johan Bouwhuis			Wisse Slendebroek				
		200m	20.29	(20.29)	200m	20.60	(20.60)		
		600m	51.96	(31.67)	600m	51.77	(31.17)		
		1000m	1:23.82	(31.86)	1000m	1:23.71	(31.94)		
		1400m	1:56.01	(32.19)	1400m	1:55.56	(31.85)		
		1800m	2:28.55	(32.54)	1800m	2:27.36	(31.80)		
		2200m	3:02.00	(33.45)	2200m	2:59.04	(31.68)		
		2600m	3:35.95	(33.95)	2600m	3:30.67	(31.63)		
		3000m	4:10.93	(34.98)	3000m	4:02.25	(31.58)		

Landelijke Selectie NK 3000m Junioren A/B

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		Naam		Cat		PR		Tijd	Info
16	gl	2	Thomas van Berkel		HA2			4:00.34	4:08.09
	bl	36	Sil van der Veen		HA1			3:54.73	3:59.06 TRC
		Thomas van Berkel			Sil van der Veen				
		200m	20.14	(20.14)	200m	20.44	(20.44)		
		600m	51.91	(31.77)	600m	50.96	(30.52)		
		1000m	1:23.66	(31.75)	1000m	1:21.81	(30.85)		
		1400m	1:55.80	(32.14)	1400m	1:52.78	(30.97)		
		1800m	2:28.03	(32.23)	1800m	2:24.13	(31.35)		
		2200m	3:00.74	(32.71)	2200m	2:55.52	(31.39)		
		2600m	3:34.05	(33.31)	2600m	3:27.18	(31.66)		
		3000m	4:08.09	(34.04)	3000m	3:59.06	(31.88)		