

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

## 1. Uitslag 100 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd  | Info   | Punten |
|-----|--------------------------|-----|------|------|-------|--------|--------|
| 1   | 36 Gijs Heres            | HPC | 13   | O    | 13.27 |        |        |
| 2   | 23 Iris Pekelder         | DPE | 14   | O    | 13.39 | PR TRC |        |
| 3   | 3 Jalou Wiltjer          | DPE | 12   | O    | 14.25 | PR     |        |
| 4   | 22 Lucario Elisa         | HPC | 13   | I    | 14.30 |        |        |
| 5   | 6 Rieneke Kamphuis       | DPE | 12   | I    | 14.92 | PR     |        |
| 6   | 30 Maartje Helmantel     | DPD | 11   | O    | 15.04 |        |        |
| 7   | 13 Anne-Linde Mensinga   | DPD | 14   | I    | 15.34 |        |        |
| 8   | 1 Cor Westerdijk         | HPD | 10   | I    | 15.50 |        |        |
| 9   | 51 Oscar Voorthuijzen    | HPE | 9    | I    | 15.72 |        |        |
| 10  | 47 Eloise van Niejenhuis | DPD | 7    | O    | 15.79 | PR     |        |
| 11  | 58 Ronan Ophof           | HPD | 9    | O    | 15.94 |        |        |
| 12  | 28 Tom Kilsdonk          | HPF | 8    | O    | 15.98 | PR     |        |
| 13  | 21 Sefanja Wijmenga      | DPD | 10   | O    | 16.07 |        |        |
| 14  | 34 Nola Heinrich         | DPE | 6    | I    | 16.41 | PR     |        |
| 15  | 53 Aiva Turin            | DPD | 8    | I    | 16.94 |        |        |
| 16  | 33 Mirtha Nijboer        | DPD | 7    | I    | 17.01 |        |        |
| 17  | 8 Florian Bos            | HPF | 5    | I    | 17.03 | PR     |        |
| 18  | 5 Annika Kamphuis        | DPF | 4    | I    | 18.38 | PR     |        |
| 19  | 41 Quinn van der Zande   | HPF | 6    | O    | 19.08 |        |        |
| 20  | 57 Tobin Vegter          | HPF | 1    | I    | 19.43 | HT     |        |
| 21  | 2 Bram ten Have          | HPE | 3    | O    | 19.99 |        |        |
| 22  | 7 Roosmarijn Kuik        | DPF | 3    | I    | 20.24 | PR     |        |
| 23  | 44 Nora Mast             | DPF | 4    | O    | 20.41 | PR     |        |
| 24  | 18 Elena Schouwstra      | DPE | 5    | O    | 20.51 |        |        |
| 25  | 52 Lasse de Bondt        | HPF | 2    | I    | 22.13 | PR     |        |
| 26  | 39 Elin Sikken           | DPE | 2    | O    | 25.82 | FL     |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 1. Rituitslag 100 meter

|   |    | Naam                                                   | Cat                                                     | PR    | Tijd  | Info |
|---|----|--------------------------------------------------------|---------------------------------------------------------|-------|-------|------|
| 1 | wt | 57 <b>Tobin Vegter</b>                                 | HPF                                                     |       | 19.43 | HT   |
|   | rd |                                                        |                                                         |       |       |      |
|   |    | <div>Tobin Vegter</div> <div>100m19.43(19.43)m</div>   |                                                         |       |       |      |
|   |    | Naam                                                   | Cat                                                     | PR    | Tijd  | Info |
| 2 | wt | 52 <b>Lasse de Bondt</b>                               | HPF                                                     | 22.67 | 22.13 | PR   |
|   | rd | 39 <b>Elin Sikken</b>                                  | DPE                                                     |       | 25.82 | FL   |
|   |    | <div>Lasse de Bondt</div> <div>100m22.13(22.13)</div>  | <div>Elin Sikken</div> <div>100m25.82(25.82)</div>      |       |       |      |
|   |    | Naam                                                   | Cat                                                     | PR    | Tijd  | Info |
| 3 | wt | 7 <b>Roosmarijn Kuik</b>                               | DPF                                                     | 22.42 | 20.24 | PR   |
|   | rd | 2 <b>Bram ten Have</b>                                 | HPE                                                     | 19.51 | 19.99 |      |
|   |    | <div>Roosmarijn Kuik</div> <div>100m20.24(20.24)</div> | <div>Bram ten Have</div> <div>100m19.99(19.99)</div>    |       |       |      |
|   |    | Naam                                                   | Cat                                                     | PR    | Tijd  | Info |
| 4 | wt | 5 <b>Annika Kamphuis</b>                               | DPF                                                     | 19.11 | 18.38 | PR   |
|   | rd | 44 <b>Nora Mast</b>                                    | DPF                                                     | 21.90 | 20.41 | PR   |
|   |    | <div>Annika Kamphuis</div> <div>100m18.38(18.38)</div> | <div>Nora Mast</div> <div>100m20.41(20.41)</div>        |       |       |      |
|   |    | Naam                                                   | Cat                                                     | PR    | Tijd  | Info |
| 5 | wt | 8 <b>Florian Bos</b>                                   | HPF                                                     | 18.04 | 17.03 | PR   |
|   | rd | 18 <b>Elena Schouwstra</b>                             | DPE                                                     | 18.64 | 20.51 |      |
|   |    | <div>Florian Bos</div> <div>100m17.03(17.03)</div>     | <div>Elena Schouwstra</div> <div>100m20.51(20.51)</div> |       |       |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
|----|--------------------|-------|-----------------------|------|-------|---------|------|
| 6  | wt                 | 34    | Nola Heinrich         | DPE  | 17.25 | 16.41   | PR   |
|    | rd                 | 41    | Quinn van der Zande   | HPF  | 18.68 | 19.08   |      |
|    | Nola Heinrich      |       | Quinn van der Zande   |      |       |         |      |
|    | 100m               | 16.41 | (16.41)               | 100m | 19.08 | (19.08) |      |
|    |                    |       |                       |      |       |         |      |
|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
| 7  | wt                 | 33    | Mirthe Nijboer        | DPD  | 16.83 | 17.01   |      |
|    | rd                 | 47    | Eloise van Niejenhuis | DPD  | 15.88 | 15.79   | PR   |
|    | Mirthe Nijboer     |       | Eloise van Niejenhuis |      |       |         |      |
|    | 100m               | 17.01 | (17.01)               | 100m | 15.79 | (15.79) |      |
|    |                    |       |                       |      |       |         |      |
|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
| 8  | wt                 | 53    | Aiva Turin            | DPD  | 16.04 | 16.94   |      |
|    | rd                 | 28    | Tom Kilsdonk          | HPF  | 16.05 | 15.98   | PR   |
|    | Aiva Turin         |       | Tom Kilsdonk          |      |       |         |      |
|    | 100m               | 16.94 | (16.94)               | 100m | 15.98 | (15.98) |      |
|    |                    |       |                       |      |       |         |      |
|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
| 9  | wt                 | 51    | Oscar Voorthuijzen    | HPE  | 15.67 | 15.72   |      |
|    | rd                 | 58    | Ronan Ophof           | HPD  | 15.84 | 15.94   |      |
|    | Oscar Voorthuijzen |       | Ronan Ophof           |      |       |         |      |
|    | 100m               | 15.72 | (15.72)               | 100m | 15.94 | (15.94) |      |
|    |                    |       |                       |      |       |         |      |
|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
| 10 | wt                 | 1     | Cor Westerdijk        | HPD  | 15.16 | 15.50   |      |
|    | rd                 | 21    | Sefanja Wijmenga      | DPD  | 15.85 | 16.07   |      |
|    | Cor Westerdijk     |       | Sefanja Wijmenga      |      |       |         |      |
|    | 100m               | 15.50 | (15.50)               | 100m | 16.07 | (16.07) |      |
|    |                    |       |                       |      |       |         |      |
|    |                    | Naam  |                       | Cat  | PR    | Tijd    | Info |
| 11 | wt                 |       |                       | DPD  | 14.57 | 15.04   |      |
|    | rd                 | 30    | Maartje Helmantel     |      |       |         |      |
|    |                    |       | Maartje Helmantel     |      |       |         |      |
|    | m                  |       |                       | 100m | 15.04 | (15.04) |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

|    |    | Naam                   | Cat                | PR    | Tijd  | Info   |
|----|----|------------------------|--------------------|-------|-------|--------|
| 12 | wt | 6 Rieneke Kamphuis     | DPE                | 14.99 | 14.92 | PR     |
|    | rd | 3 Jalou Wiltjer        | DPE                | 14.57 | 14.25 | PR     |
|    |    | Rieneke Kamphuis       | Jalou Wiltjer      |       |       |        |
|    |    | 100m 14.92 (14.92)     | 100m 14.25 (14.25) |       |       |        |
|    |    | Naam                   | Cat                | PR    | Tijd  | Info   |
| 13 | wt | 22 Lucario Elisa       | HPC                | 14.04 | 14.30 |        |
|    | rd | 36 Gijs Heres          | HPC                | 13.17 | 13.27 |        |
|    |    | Lucario Elisa          | Gijs Heres         |       |       |        |
|    |    | 100m 14.30 (14.30)     | 100m 13.27 (13.27) |       |       |        |
|    |    | Naam                   | Cat                | PR    | Tijd  | Info   |
| 14 | wt | 13 Anne-Linde Mensinga | DPD                | 14.37 | 15.34 |        |
|    | rd | 23 Iris Pekelder       | DPE                | 13.76 | 13.39 | PR TRC |
|    |    | Anne-Linde Mensinga    | Iris Pekelder      |       |       |        |
|    |    | 100m 15.34 (15.34)     | 100m 13.39 (13.39) |       |       |        |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

## 2. Uitslag 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 56 Madee Hadders        | DC1 | 30   | O    | 46.95   |      |        |
| 2   | 45 Femke de Jong        | DC1 | 29   | O    | 47.84   | PR   |        |
| 3   | 35 Fien Heres           | DC1 | 30   | I    | 48.09   |      |        |
| 4   | 55 Esmee van de Kant    | DPA | 27   | I    | 48.75   | PR   |        |
| 5   | 27 Jesper Dagelet       | HC2 | 29   | I    | 48.86   |      |        |
| 6   | 26 Tobias Dagelet       | HPB | 28   | O    | 49.06   | PR   |        |
| 7   | 17 Ruben Toolsema       | HPA | 27   | O    | 49.82   |      |        |
| 8   | 12 Lennie Djo Bronsema  | DPB | 28   | I    | 50.06   |      |        |
| 9   | 24 Roos Arends          | DPC | 25   | I    | 51.41   | PR   |        |
| 10  | 14 Jasmijn Pranger      | DPB | 23   | O    | 51.97   | PR   |        |
| 11  | 37 Thom Langius         | HPA | 24   | I    | 52.06   | PR   |        |
| 12  | 31 Ruben Helmantel      | HPA | 26   | I    | 52.47   |      |        |
| 13  | 9 Sara Pilon            | DC2 | 26   | O    | 52.50   | PR   |        |
| 14  | 42 Daphne Steenbergen   | DC1 | 24   | O    | 53.55   |      |        |
| 15  | 32 Willemijn Helmantel  | DPA | 25   | O    | 53.90   |      |        |
| 16  | 48 Thijmen Menger       | HPA | 23   | I    | 55.70   |      |        |
| 17  | 38 Elmar Kuper          | HPB | 21   | I    | 56.65   |      |        |
| 18  | 49 Felien Hadders       | DPC | 22   | I    | 56.88   |      |        |
| 19  | 15 Annelou Feikens      | DPB | 21   | O    | 57.84   |      |        |
| 20  | 46 Jolie Knapper        | DPC | 22   | O    | 58.74   | PR   |        |
| 21  | 43 Luna Mast            | DPB | 19   | I    | 1:01.31 |      |        |
| 22  | 10 Flore Feikens        | DPD | 19   | O    | 1:05.14 |      |        |
| 23  | 40 Joshua van der Zande | HPC | 15   | I    | 1:06.99 |      |        |
| 24  | 11 Wieke Feikens        | DPD | 20   | O    | 1:09.03 |      |        |
| 25  | 4 Twan Scheper          | HPD | 18   | O    | 1:09.84 | PR   |        |
| 26  | 50 Marije Bosch         | DPC | 20   | I    | 1:12.42 |      |        |
| 27  | 20 Amy Lee              | DPD | 17   | I    | 1:15.22 |      |        |
| 28  | 25 Liza Plijter         | DPC | 18   | I    | 1:15.55 |      |        |
| 29  | 54 Amélie Lucassen      | DPC | 17   | O    | 1:16.26 |      |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 2. Rituitslag 500 meter

|    |          | Naam                 | Cat                  |                 | PR      | Tijd    | Info    |
|----|----------|----------------------|----------------------|-----------------|---------|---------|---------|
| 15 | wt<br>rd | 40                   | Joshua van der Zande | HPC             |         | 1:06.99 |         |
|    |          | Joshua van der Zande |                      |                 |         |         |         |
|    |          | 100m                 | 14.71                | (14.71)         | m       |         |         |
|    |          | 500m                 | 1:06.99              | (52.28)         |         |         |         |
|    |          |                      |                      |                 |         |         |         |
|    |          | Naam                 | Cat                  |                 | PR      | Tijd    | Info    |
| 16 | gl<br>bl |                      |                      |                 |         |         |         |
|    |          |                      |                      |                 |         |         |         |
|    |          | m                    |                      | m               |         |         |         |
|    |          |                      |                      |                 |         |         |         |
|    |          |                      |                      |                 |         |         |         |
|    |          | Naam                 | Cat                  |                 | PR      | Tijd    | Info    |
| 17 | wt<br>rd | 20                   | Amy Lee              | DPD             | 1:10.40 | 1:15.22 |         |
|    |          | 54                   | Amélie Lucassen      | DPC             | 1:16.13 | 1:16.26 |         |
|    |          | Amy Lee              |                      | Amélie Lucassen |         |         |         |
|    |          | 100m                 | 16.19                | (16.19)         | 100m    | 16.15   | (16.15) |
|    |          | 500m                 | 1:15.22              | (59.03)         | 500m    | 1:16.26 | (60.11) |
|    |          |                      |                      |                 |         |         |         |
|    |          | Naam                 | Cat                  |                 | PR      | Tijd    | Info    |
| 18 | gl<br>bl | 25                   | Liza Plijter         | DPC             | 1:09.82 | 1:15.55 |         |
|    |          | 4                    | Twan Scheper         | HPD             | 1:14.97 | 1:09.84 | PR      |
|    |          | Liza Plijter         |                      | Twan Scheper    |         |         |         |
|    |          | 100m                 | 15.55                | (15.55)         | 100m    | 15.55   | (15.55) |
|    |          | 500m                 | 1:15.55              | (60.00)         | 500m    | 1:09.84 | (54.29) |
|    |          |                      |                      |                 |         |         |         |
|    |          | Naam                 | Cat                  |                 | PR      | Tijd    | Info    |
| 19 | wt<br>rd | 43                   | Luna Mast            | DPB             | 1:00.86 | 1:01.31 |         |
|    |          | 10                   | Flore Feikens        | DPD             | 1:04.84 | 1:05.14 |         |
|    |          | Luna Mast            |                      | Flore Feikens   |         |         |         |
|    |          | 100m                 | 15.05                | (15.05)         | 100m    | 15.21   | (15.21) |
|    |          | 500m                 | 1:01.31              | (46.26)         | 500m    | 1:05.14 | (49.93) |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
|----|----|------------------------------|-----------------|---------------------------|-----------------|------|
| 20 | gl | 50 <b>Marije Bosch</b>       | DPC             | 1:08.73                   | 1:12.42         |      |
|    | bl | 11 <b>Wieke Feikens</b>      | DPD             | 1:04.61                   | 1:09.03         |      |
|    |    | <b>Marije Bosch</b>          |                 | <b>Wieke Feikens</b>      |                 |      |
|    |    | 100m                         | 16.67 (16.67)   | 100m                      | 15.85 (15.85)   |      |
|    |    | 500m                         | 1:12.42 (55.75) | 500m                      | 1:09.03 (53.18) |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 21 | wt | 38 <b>Elmar Kuper</b>        | HPB             | 56.35                     | 56.65           |      |
|    | rd | 15 <b>Annelou Feikens</b>    | DPB             | 57.43                     | 57.84           |      |
|    |    | <b>Elmar Kuper</b>           |                 | <b>Annelou Feikens</b>    |                 |      |
|    |    | 100m                         | 14.50 (14.50)   | 100m                      | 14.54 (14.54)   |      |
|    |    | 500m                         | 56.65 (42.15)   | 500m                      | 57.84 (43.30)   |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 22 | gl | 49 <b>Felien Hadders</b>     | DPC             | 55.60                     | 56.88           |      |
|    | bl | 46 <b>Jolie Knapper</b>      | DPC             | 58.78                     | 58.74           | PR   |
|    |    | <b>Felien Hadders</b>        |                 | <b>Jolie Knapper</b>      |                 |      |
|    |    | 100m                         | 14.31 (14.31)   | 100m                      | 14.55 (14.55)   |      |
|    |    | 500m                         | 56.88 (42.57)   | 500m                      | 58.74 (44.19)   |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 23 | wt | 48 <b>Thijmen Menger</b>     | HPA             | 55.22                     | 55.70           |      |
|    | rd | 14 <b>Jasmijn Pranger</b>    | DPB             | 53.27                     | 51.97           | PR   |
|    |    | <b>Thijmen Menger</b>        |                 | <b>Jasmijn Pranger</b>    |                 |      |
|    |    | 100m                         | 14.26 (14.26)   | 100m                      | 13.25 (13.25)   |      |
|    |    | 500m                         | 55.70 (41.44)   | 500m                      | 51.97 (38.72)   |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 24 | gl | 37 <b>Thom Langius</b>       | HPA             | 53.30                     | 52.06           | PR   |
|    | bl | 42 <b>Daphne Steenbergen</b> | DC1             | 53.03                     | 53.55           |      |
|    |    | <b>Thom Langius</b>          |                 | <b>Daphne Steenbergen</b> |                 |      |
|    |    | 100m                         | 13.54 (13.54)   | 100m                      | 13.98 (13.98)   |      |
|    |    | 500m                         | 52.06 (38.52)   | 500m                      | 53.55 (39.57)   |      |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

|    |    | Naam                |                            | Cat     | PR                  |       | Tijd    | Info |
|----|----|---------------------|----------------------------|---------|---------------------|-------|---------|------|
| 25 | wt | 24                  | <b>Roos Arends</b>         | DPC     | 52.52               |       | 51.41   | PR   |
|    | rd | 32                  | <b>Willemijn Helmantel</b> | DPA     | 52.82               |       | 53.90   |      |
|    |    | Roos Arends         |                            |         | Willemijn Helmantel |       |         |      |
|    |    | 100m                | 12.84                      | (12.84) | 100m                | 13.57 | (13.57) |      |
|    |    | 500m                | 51.41                      | (38.57) | 500m                | 53.90 | (40.33) |      |
|    |    | Naam                |                            | Cat     | PR                  |       | Tijd    | Info |
| 26 | gl | 31                  | <b>Ruben Helmantel</b>     | HPA     | 52.20               |       | 52.47   |      |
|    | bl | 9                   | <b>Sara Pilon</b>          | DC2     | 52.87               |       | 52.50   | PR   |
|    |    | Ruben Helmantel     |                            |         | Sara Pilon          |       |         |      |
|    |    | 100m                | 13.11                      | (13.11) | 100m                | 13.84 | (13.84) |      |
|    |    | 500m                | 52.47                      | (39.36) | 500m                | 52.50 | (38.66) |      |
|    |    | Naam                |                            | Cat     | PR                  |       | Tijd    | Info |
| 27 | wt | 55                  | <b>Esmee van de Kant</b>   | DPA     | 48.93               |       | 48.75   | PR   |
|    | rd | 17                  | <b>Ruben Toolsema</b>      | HPA     | 49.72               |       | 49.82   |      |
|    |    | Esmee van de Kant   |                            |         | Ruben Toolsema      |       |         |      |
|    |    | 100m                | 12.74                      | (12.74) | 100m                | 12.82 | (12.82) |      |
|    |    | 500m                | 48.75                      | (36.01) | 500m                | 49.82 | (37.00) |      |
|    |    | Naam                |                            | Cat     | PR                  |       | Tijd    | Info |
| 28 | gl | 12                  | <b>Lennie Djo Bronsema</b> | DPB     | 49.15               |       | 50.06   |      |
|    | bl | 26                  | <b>Tobias Dagelet</b>      | HPB     | 49.13               |       | 49.06   | PR   |
|    |    | Lennie Djo Bronsema |                            |         | Tobias Dagelet      |       |         |      |
|    |    | 100m                | 13.42                      | (13.42) | 100m                | 12.75 | (12.75) |      |
|    |    | 500m                | 50.06                      | (36.64) | 500m                | 49.06 | (36.31) |      |
|    |    | Naam                |                            | Cat     | PR                  |       | Tijd    | Info |
| 29 | wt | 27                  | <b>Jesper Dagelet</b>      | HC2     | 48.35               |       | 48.86   |      |
|    | rd | 45                  | <b>Femke de Jong</b>       | DC1     | 47.98               |       | 47.84   | PR   |
|    |    | Jesper Dagelet      |                            |         | Femke de Jong       |       |         |      |
|    |    | 100m                | 12.55                      | (12.55) | 100m                | 12.74 | (12.74) |      |
|    |    | 500m                | 48.86                      | (36.31) | 500m                | 47.84 | (35.10) |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

|    |    | Naam       |               | Cat     |               | PR    |       | Tijd    |  | Info |
|----|----|------------|---------------|---------|---------------|-------|-------|---------|--|------|
| 30 | gl | 35         | Fien Heres    | DC1     |               | 47.37 |       | 48.09   |  |      |
|    | bl | 56         | Madee Hadders | DC1     |               | 44.61 |       | 46.95   |  |      |
|    |    | Fien Heres |               |         | Madee Hadders |       |       |         |  |      |
|    |    | 100m       | 13.01         | (13.01) |               | 100m  | 12.81 | (12.81) |  |      |
|    |    | 500m       | 48.09         | (35.08) |               | 500m  | 46.95 | (34.14) |  |      |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

## 4. Uitslag 300 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 1   | 45 Femke de Jong         | DC1 | 52   | O    | 30.47 | PR   |        |
| 2   | 35 Fien Heres            | DC1 | 52   | I    | 30.66 | PR   |        |
| 3   | 17 Ruben Toolsema        | HPA | 54   | I    | 31.14 | PR   |        |
| 4   | 36 Gijs Heres            | HPC | 53   | I    | 32.22 |      |        |
| 5   | 24 Roos Arends           | DPC | 53   | O    | 32.25 |      |        |
| 6   | 32 Willemijn Helmantel   | DPA | 51   | O    | 32.56 | PR   |        |
| 7   | 31 Ruben Helmantel       | HPA | 54   | O    | 33.44 |      |        |
| 8   | 42 Daphne Steenbergen    | DC1 | 47   | O    | 33.76 | PR   |        |
| 9   | 49 Felien Hadders        | DPC | 51   | I    | 35.22 |      |        |
| 10  | 15 Annelou Feikens       | DPB | 50   | I    | 35.86 | PR   |        |
| 11  | 23 Iris Pekelder         | DPE | 47   | I    | 36.19 | PR   |        |
| 12  | 22 Lucario Elisa         | HPC | 50   | O    | 36.35 |      |        |
| 13  | 43 Luna Mast             | DPB | 45   | O    | 37.05 | PR   |        |
| 14  | 46 Jolie Knapper         | DPC | 49   | I    | 37.11 |      |        |
| 15  | 3 Jalou Wiltjer          | DPE | 46   | I    | 37.71 | PR   |        |
| 16  | 6 Rieneke Kamphuis       | DPE | 43   | O    | 38.51 | PR   |        |
| 17  | 40 Joshua van der Zande  | HPC | 44   | O    | 39.16 | PR   |        |
| 18  | 30 Maartje Helmantel     | DPD | 48   | O    | 39.45 |      |        |
| 19  | 13 Anne-Linde Mensinga   | DPD | 48   | I    | 39.70 |      |        |
| 20  | 10 Flore Feikens         | DPD | 45   | I    | 40.23 |      |        |
| 21  | 1 Cor Westerdijk         | HPD | 44   | I    | 40.28 | PR   |        |
| 22  | 47 Eloise van Niejenhuis | DPD | 41   | O    | 42.09 | PR   |        |
| 23  | 11 Wieke Feikens         | DPD | 46   | O    | 42.51 |      |        |
| 24  | 25 Liza Plijter          | DPC | 43   | I    | 42.57 |      |        |
| 25  | 4 Twan Scheper           | HPD | 40   | I    | 42.70 | PR   |        |
| 26  | 28 Tom Kilsdonk          | HPF | 40   | O    | 42.85 | PR   |        |
| 27  | 50 Marije Bosch          | DPC | 42   | O    | 43.45 |      |        |
| 28  | 21 Sefanja Wijmenga      | DPD | 41   | I    | 43.71 |      |        |
| 29  | 20 Amy Lee               | DPD | 42   | I    | 44.51 |      |        |
| 30  | 51 Oscar Voorthuijzen    | HPE | 39   | O    | 44.79 |      |        |
| 31  | 53 Aiva Turin            | DPD | 37   | I    | 46.60 |      |        |
| 32  | 8 Florian Bos            | HPF | 38   | O    | 46.76 | PR   |        |
| 33  | 33 Mirthe Nijboer        | DPD | 37   | O    | 47.27 |      |        |
| 34  | 58 Ronan Ophof           | HPD | 34   | I    | 47.35 |      |        |
| 35  | 39 Elin Sikken           | DPE | 31   | O    | 48.34 |      |        |
| 36  | 57 Tobin Vegter          | HPF | 31   | I    | 50.99 |      |        |
| 37  | 5 Annika Kamphuis        | DPF | 36   | I    | 51.68 |      |        |
| 38  | 41 Quinn van der Zande   | HPF | 35   | I    | 52.17 |      |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

| Pos | Naam                | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 39  | 54 Amélie Lucassen  | DPC | 39   | I    | 54.12   |      |        |
| 40  | 34 Nola Heinrich    | DPE | 38   | I    | 56.02   |      |        |
| 41  | 18 Elena Schouwstra | DPE | 35   | O    | 56.06   |      |        |
| 42  | 2 Bram ten Have     | HPE | 36   | O    | 56.66   | PR   |        |
| 43  | 7 Roosmarijn Kuik   | DPF | 33   | I    | 59.19   | PR   |        |
| 44  | 44 Nora Mast        | DPF | 34   | O    | 59.85   | PR   |        |
| 45  | 52 Lasse de Bondt   | HPF | 33   | O    | 1:13.21 | FL   |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 4. Rituitslag 300 meter

|    |    | Naam |                     | Cat   |                  | PR      |         | Tijd    | Info |
|----|----|------|---------------------|-------|------------------|---------|---------|---------|------|
| 31 | wt | 57   | Tobin Vegter        | HPF   |                  |         |         | 50.99   |      |
|    | rd | 39   | Elin Sikken         | DPE   |                  |         |         | 48.34   |      |
|    |    |      | Tobin Vegter        |       | Elin Sikken      |         |         |         |      |
|    |    |      | 300m                | 50.99 | (50.99)          | 300m    | 48.34   | (48.34) |      |
|    |    | Naam |                     | Cat   |                  | PR      |         | Tijd    | Info |
| 32 | gl |      |                     |       |                  |         |         |         |      |
|    | bl |      |                     |       |                  |         |         |         |      |
|    |    | m    |                     | m     |                  |         |         |         |      |
|    |    | Naam |                     | Cat   |                  | PR      |         | Tijd    | Info |
| 33 | wt | 7    | Roosmarijn Kuik     | DPF   |                  | 1:01.29 |         | 59.19   | PR   |
|    | rd | 52   | Lasse de Bondt      | HPF   |                  |         |         | 1:13.21 | FL   |
|    |    |      | Roosmarijn Kuik     |       | Lasse de Bondt   |         |         |         |      |
|    |    |      | 300m                | 59.19 | (59.19)          | 300m    | 1:13.21 | (73.21) |      |
|    |    | Naam |                     | Cat   |                  | PR      |         | Tijd    | Info |
| 34 | gl | 58   | Ronan Ophof         | HPD   |                  |         |         | 47.35   |      |
|    | bl | 44   | Nora Mast           | DPF   |                  | 1:03.32 |         | 59.85   | PR   |
|    |    |      | Ronan Ophof         |       | Nora Mast        |         |         |         |      |
|    |    |      | 300m                | 47.35 | (47.35)          | 300m    | 59.85   | (59.85) |      |
|    |    | Naam |                     | Cat   |                  | PR      |         | Tijd    | Info |
| 35 | wt | 41   | Quinn van der Zande | HPF   |                  | 51.40   |         | 52.17   |      |
|    | rd | 18   | Elena Schouwstra    | DPE   |                  | 54.45   |         | 56.06   |      |
|    |    |      | Quinn van der Zande |       | Elena Schouwstra |         |         |         |      |
|    |    |      | 300m                | 52.17 | (52.17)          | 300m    | 56.06   | (56.06) |      |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
|----|----|---------------------------------|-----|------------------------------|-------|------|
| 36 | gl | 5 <b>Annika Kamphuis</b>        | DPF | 51.32                        | 51.68 |      |
|    | bl | 2 <b>Bram ten Have</b>          | HPE | 58.85                        | 56.66 | PR   |
|    |    | <b>Annika Kamphuis</b>          |     | <b>Bram ten Have</b>         |       |      |
|    |    | 300m 51.68 (51.68)              |     | 300m 56.66 (56.66)           |       |      |
|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
| 37 | wt | 53 <b>Aiva Turin</b>            | DPD | 43.97                        | 46.60 |      |
|    | rd | 33 <b>Mirthe Nijboer</b>        | DPD | 46.73                        | 47.27 |      |
|    |    | <b>Aiva Turin</b>               |     | <b>Mirthe Nijboer</b>        |       |      |
|    |    | 300m 46.60 (46.60)              |     | 300m 47.27 (47.27)           |       |      |
|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
| 38 | gl | 34 <b>Nola Heinrich</b>         | DPE | 48.16                        | 56.02 |      |
|    | bl | 8 <b>Florian Bos</b>            | HPF | 50.17                        | 46.76 | PR   |
|    |    | <b>Nola Heinrich</b>            |     | <b>Florian Bos</b>           |       |      |
|    |    | 300m 56.02 (56.02)              |     | 300m 46.76 (46.76)           |       |      |
|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
| 39 | wt | 54 <b>Amélie Lucassen</b>       | DPC | 45.86                        | 54.12 |      |
|    | rd | 51 <b>Oscar Voorthuijzen</b>    | HPE | 44.30                        | 44.79 |      |
|    |    | <b>Amélie Lucassen</b>          |     | <b>Oscar Voorthuijzen</b>    |       |      |
|    |    | 300m 54.12 (54.12)              |     | 300m 44.79 (44.79)           |       |      |
|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
| 40 | gl | 4 <b>Twan Scheper</b>           | HPD | 46.03                        | 42.70 | PR   |
|    | bl | 28 <b>Tom Kilsdonk</b>          | HPF | 44.53                        | 42.85 | PR   |
|    |    | <b>Twan Scheper</b>             |     | <b>Tom Kilsdonk</b>          |       |      |
|    |    | 300m 42.70 (42.70)              |     | 300m 42.85 (42.85)           |       |      |
|    |    | Naam                            | Cat | PR                           | Tijd  | Info |
| 41 | wt | 21 <b>Sefanja Wijmenga</b>      | DPD | 42.82                        | 43.71 |      |
|    | rd | 47 <b>Eloise van Niejenhuis</b> | DPD | 42.75                        | 42.09 | PR   |
|    |    | <b>Sefanja Wijmenga</b>         |     | <b>Eloise van Niejenhuis</b> |       |      |
|    |    | 300m 43.71 (43.71)              |     | 300m 42.09 (42.09)           |       |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
|----|----|-------------------------|----------------------|---------|-------|---------------|
| 42 | gl | 20 Amy Lee              | DPD                  | 43.77   | 44.51 |               |
|    | bl | 50 Marije Bosch         | DPC                  | 42.48   | 43.45 |               |
|    |    | Amy Lee                 | Marije Bosch         |         |       |               |
|    |    | 300m                    | 44.51                | (44.51) | 300m  | 43.45 (43.45) |
|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
| 43 | wt | 25 Liza Plijter         | DPC                  | 42.15   | 42.57 |               |
|    | rd | 6 Rieneke Kamphuis      | DPE                  | 40.74   | 38.51 | PR            |
|    |    | Liza Plijter            | Rieneke Kamphuis     |         |       |               |
|    |    | 300m                    | 42.57                | (42.57) | 300m  | 38.51 (38.51) |
|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
| 44 | gl | 1 Cor Westerdijk        | HPD                  | 41.45   | 40.28 | PR            |
|    | bl | 40 Joshua van der Zande | HPC                  | 42.22   | 39.16 | PR            |
|    |    | Cor Westerdijk          | Joshua van der Zande |         |       |               |
|    |    | 300m                    | 40.28                | (40.28) | 300m  | 39.16 (39.16) |
|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
| 45 | wt | 10 Flore Feikens        | DPD                  | 39.32   | 40.23 |               |
|    | rd | 43 Luna Mast            | DPB                  | 38.62   | 37.05 | PR            |
|    |    | Flore Feikens           | Luna Mast            |         |       |               |
|    |    | 300m                    | 40.23                | (40.23) | 300m  | 37.05 (37.05) |
|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
| 46 | gl | 3 Jalou Wiltjer         | DPE                  | 38.43   | 37.71 | PR            |
|    | bl | 11 Wieke Feikens        | DPD                  | 40.13   | 42.51 |               |
|    |    | Jalou Wiltjer           | Wieke Feikens        |         |       |               |
|    |    | 300m                    | 37.71                | (37.71) | 300m  | 42.51 (42.51) |
|    |    | Naam                    | Cat                  | PR      | Tijd  | Info          |
| 47 | wt | 23 Iris Pekelder        | DPE                  | 37.66   | 36.19 | PR            |
|    | rd | 42 Daphne Steenbergen   | DC1                  | 37.40   | 33.76 | PR            |
|    |    | Iris Pekelder           | Daphne Steenbergen   |         |       |               |
|    |    | 300m                    | 36.19                | (36.19) | 300m  | 33.76 (33.76) |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
|----|----|-------------------------------|---------------|----------------------------|---------------|------|
| 48 | gl | 13 <b>Anne-Linde Mensinga</b> | DPD           | 38.41                      | 39.70         |      |
|    | bl | 30 <b>Maartje Helmantel</b>   | DPD           | 37.98                      | 39.45         |      |
|    |    | <b>Anne-Linde Mensinga</b>    |               | <b>Maartje Helmantel</b>   |               |      |
|    |    | 300m                          | 39.70 (39.70) | 300m                       | 39.45 (39.45) |      |
|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
| 49 | wt | 46 <b>Jolie Knapper</b>       | DPC           | 36.98                      | 37.11         |      |
|    | rd |                               |               |                            |               |      |
|    |    | <b>Jolie Knapper</b>          |               |                            |               |      |
|    |    | 300m                          | 37.11 (37.11) | m                          |               |      |
|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
| 50 | gl | 15 <b>Annelou Feikens</b>     | DPB           | 36.82                      | 35.86         | PR   |
|    | bl | 22 <b>Lucario Elisa</b>       | HPC           | 35.30                      | 36.35         |      |
|    |    | <b>Annelou Feikens</b>        |               | <b>Lucario Elisa</b>       |               |      |
|    |    | 300m                          | 35.86 (35.86) | 300m                       | 36.35 (36.35) |      |
|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
| 51 | wt | 49 <b>Felien Hadders</b>      | DPC           | 34.34                      | 35.22         |      |
|    | rd | 32 <b>Willemijn Helmantel</b> | DPA           | 34.11                      | 32.56         | PR   |
|    |    | <b>Felien Hadders</b>         |               | <b>Willemijn Helmantel</b> |               |      |
|    |    | 300m                          | 35.22 (35.22) | 300m                       | 32.56 (32.56) |      |
|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
| 52 | gl | 35 <b>Fien Heres</b>          | DC1           | 33.81                      | 30.66         | PR   |
|    | bl | 45 <b>Femke de Jong</b>       | DC1           | 34.29                      | 30.47         | PR   |
|    |    | <b>Fien Heres</b>             |               | <b>Femke de Jong</b>       |               |      |
|    |    | 300m                          | 30.66 (30.66) | 300m                       | 30.47 (30.47) |      |
|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
| 53 | wt | 36 <b>Gijs Heres</b>          | HPC           | 32.00                      | 32.22         |      |
|    | rd | 24 <b>Roos Arends</b>         | DPC           | 32.21                      | 32.25         |      |
|    |    | <b>Gijs Heres</b>             |               | <b>Roos Arends</b>         |               |      |
|    |    | 300m                          | 32.22 (32.22) | 300m                       | 32.25 (32.25) |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

|    |    | Naam           |                 | Cat   |         | PR              |       | Tijd |       | Info    |    |
|----|----|----------------|-----------------|-------|---------|-----------------|-------|------|-------|---------|----|
| 54 | gl | 17             | Ruben Toolsema  |       | HPA     |                 | 31.74 |      | 31.14 |         | PR |
|    | bl | 31             | Ruben Helmantel |       | HPA     |                 | 33.00 |      | 33.44 |         |    |
|    |    | Ruben Toolsema |                 |       |         | Ruben Helmantel |       |      |       |         |    |
|    |    | 300m           |                 | 31.14 | (31.14) |                 | 300m  |      | 33.44 | (33.44) |    |

# Afstanden en mass start

Kardinge - Groningen

13 december 2025

## 5. Uitslag 700 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 55 Esmee van de Kant   | DPA | 57   | I    | 1:10.27 |      |        |
| 2   | 26 Tobias Dagelet      | HPB | 58   | O    | 1:11.05 | PR   |        |
| 3   | 12 Lennie Djo Bronsema | DPB | 57   | O    | 1:12.74 |      |        |
| 4   | 37 Thom Langius        | HPA | 58   | I    | 1:15.04 | PR   |        |
| 5   | 14 Jasmijn Pranger     | DPB | 56   | O    | 1:15.31 |      |        |
| 6   | 48 Thijmen Menger      | HPA | 55   | I    | 1:18.28 |      |        |
| 7   | 38 Elmar Kuper         | HPB | 56   | I    | 1:20.38 |      |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 5. Rituitslag 700 meter

|    |          | Naam              |                     |         | Cat     |      |                     | PR      | Tijd    |  | Info |
|----|----------|-------------------|---------------------|---------|---------|------|---------------------|---------|---------|--|------|
| 55 | wt<br>rd | 48                | Thijmen Menger      |         | HPA     |      |                     | 1:18.09 | 1:18.28 |  |      |
|    |          | Thijmen Menger    |                     |         |         |      |                     |         |         |  |      |
|    |          | 300m              |                     | 35.70   | (35.70) | m    |                     |         |         |  |      |
|    |          | 700m              |                     | 1:18.28 | (42.58) |      |                     |         |         |  |      |
|    |          |                   |                     |         |         |      |                     |         |         |  |      |
|    |          | Naam              |                     |         | Cat     |      |                     | PR      | Tijd    |  | Info |
| 56 | gl<br>bl | 38                | Elmar Kuper         |         | HPB     |      |                     | 1:18.78 | 1:20.38 |  |      |
|    |          | 14                | Jasmijn Pranger     |         | DPB     |      |                     | 1:15.31 |         |  |      |
|    |          | Elmar Kuper       |                     |         |         |      | Jasmijn Pranger     |         |         |  |      |
|    |          | 300m              |                     | 36.20   | (36.20) | 300m |                     | 34.10   | (34.10) |  |      |
|    |          | 700m              |                     | 1:20.38 | (44.18) | 700m |                     | 1:15.31 | (41.21) |  |      |
|    |          |                   |                     |         |         |      |                     |         |         |  |      |
|    |          | Naam              |                     |         | Cat     |      |                     | PR      | Tijd    |  | Info |
| 57 | wt<br>rd | 55                | Esmee van de Kant   |         | DPA     |      |                     | 1:10.06 | 1:10.27 |  |      |
|    |          | 12                | Lennie Djo Bronsema |         | DPB     |      |                     | 1:10.30 | 1:12.74 |  |      |
|    |          | Esmee van de Kant |                     |         |         |      | Lennie Djo Bronsema |         |         |  |      |
|    |          | 300m              |                     | 31.82   | (31.82) | 300m |                     | 32.97   | (32.97) |  |      |
|    |          | 700m              |                     | 1:10.27 | (38.45) | 700m |                     | 1:12.74 | (39.77) |  |      |
|    |          |                   |                     |         |         |      |                     |         |         |  |      |
|    |          | Naam              |                     |         | Cat     |      |                     | PR      | Tijd    |  | Info |
| 58 | gl<br>bl | 37                | Thom Langius        |         | HPA     |      |                     | 1:17.83 | 1:15.04 |  | PR   |
|    |          | 26                | Tobias Dagelet      |         | HPB     |      |                     | 1:12.36 | 1:11.05 |  | PR   |
|    |          | Thom Langius      |                     |         |         |      | Tobias Dagelet      |         |         |  |      |
|    |          | 300m              |                     | 33.25   | (33.25) | 300m |                     | 31.78   | (31.78) |  |      |
|    |          | 700m              |                     | 1:15.04 | (41.79) | 700m |                     | 1:11.05 | (39.27) |  |      |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 6. Uitslag 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------|-----|------|------|----------------|------|--------|
| 1   | 56 <b>Madee Hadders</b>  | DC1 | 60   | O    | <b>1:32.73</b> | HT   |        |
| 2   | 27 <b>Jesper Dagelet</b> | HC2 | 59   | I    | <b>1:43.13</b> |      |        |
| 3   | 9 <b>Sara Pilon</b>      | DC2 | 60   | I    | <b>1:50.47</b> |      |        |

# Afstanden en mass start

Kardinge - Groningen  
13 december 2025

## 6. Rituitslag 1000 meter

|    |          | Naam           | Cat            |         | PR    | Tijd    | Info       |
|----|----------|----------------|----------------|---------|-------|---------|------------|
| 59 | wt<br>rd | 27             | Jesper Dagelet |         | HC2   | 1:41.04 | 1:43.13    |
|    |          | Jesper Dagelet |                |         |       |         |            |
|    |          | 200m           | 22.69          | (22.69) | m     |         |            |
|    |          | 600m           | 1:06.04        | (43.35) |       |         |            |
|    |          | 1000m          | 1:43.13        | (37.09) |       |         |            |
|    |          |                |                |         |       |         |            |
|    |          | Naam           | Cat            |         | PR    | Tijd    | Info       |
| 60 | gl<br>bl | 9              | Sara Pilon     |         | DC2   | 1:49.63 | 1:50.47    |
|    |          | 56             | Madee Hadders  |         | DC1   | 1:29.37 | 1:32.73 HT |
|    |          | Sara Pilon     |                |         |       |         |            |
|    |          | Madee Hadders  |                |         |       |         |            |
|    |          | 200m           | 24.50          | (24.50) | 200m  | 25.44   | (25.44)    |
|    |          | 600m           | 1:10.51        | (46.01) | 600m  | 56.51   | (31.07)    |
|    |          | 1000m          | 1:50.47        | (39.96) | 1000m | 1:32.73 | (36.22)    |