

1. Uitslag Selectie 5/15 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	123 Mathijs Molenaar	HA1	6	I	38.33		
2	151 Sem Spruit	HB1	5	O	39.03		
3	91 Matthijs de Haan	HC2	6	O	39.42		
4	99 Taeke Jongbloed	HB1	5	I	39.94		
5	22 Peng Shen Plugge	HC2	3	O	40.67		
6	115 Luke Bavius	HB1	3	I	40.75		
7	95 Nick Barendse	HB1	4	I	41.47		
8	121 Milou de Lange	DA1	4	O	42.48		
9	122 Scarlett de Bruijn	DC2	1	O	45.00		
	120 Ymke Wubben	DB1	1	I	45.00		
11	98 Amber Koetsier	DB1	2	O	45.60		
12	94 Isa Oudenes	DB1	2	I	46.00		

1. Rituitslag Selectie 5/15 500 meter

		Naam		Cat		PR	Tijd	Info
1	wt	120	Ymke Wubben		DB1	43.29	45.00	
	rd	122	Scarlett de Bruijn		DC2	43.40	45.00	
		Ymke Wubben			Scarlett de Bruijn			
		100m	12.60	(12.60)	100m	12.33	(12.33)	
		500m	45.00	(32.40)	500m	45.00	(32.67)	

		Naam		Cat		PR	Tijd	Info
2	gl	94	Isa Oudenes		DB1	44.76	46.00	
	bl	98	Amber Koetsier		DB1	45.10	45.60	
		Isa Oudenes			Amber Koetsier			
		100m	12.35	(12.35)	100m	12.35	(12.35)	
		500m	46.00	(33.65)	500m	45.60	(33.25)	

		Naam		Cat		PR	Tijd	Info
3	wt	115	Luke Bavius		HB1	40.37	40.75	
	rd	22	Peng Shen Plugge		HC2	40.09	40.67	
		Luke Bavius			Peng Shen Plugge			
		100m	11.25	(11.25)	100m	11.09	(11.09)	
		500m	40.75	(29.50)	500m	40.67	(29.58)	

		Naam		Cat		PR	Tijd	Info
4	gl	95	Nick Barendse		HB1	40.87	41.47	
	bl	121	Milou de Lange		DA1	41.62	42.48	
		Nick Barendse			Milou de Lange			
		100m	11.39	(11.39)	100m	11.83	(11.83)	
		500m	41.47	(30.08)	500m	42.48	(30.65)	

		Naam		Cat		PR	Tijd	Info
5	wt	99	Taeke Jongbloed		HB1	39.87	39.94	
	rd	151	Sem Spruit		HB1	38.38	39.03	
		Taeke Jongbloed			Sem Spruit			
		100m	11.26	(11.26)	100m	10.90	(10.90)	
		500m	39.94	(28.68)	500m	39.03	(28.13)	

		Naam		Cat		PR	Tijd	Info
6	gl	123	Mathijs Molenaar		HA1		37.38	38.33
	bl	91	Matthijs de Haan		HC2		39.12	39.42
		Mathijs Molenaar			Matthijs de Haan			
		100m	10.61	(10.61)	100m	10.92	(10.92)	
		500m	38.33	(27.72)	500m	39.42	(28.50)	

2. Uitslag Pupillen 5/10 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	85 Bjarne den Besten	HPA	28	I	43.22		
2	7 Fleur Hartveld	DPA	28	O	44.34		
3	1 Nanette de Boon	DPA	27	O	46.76	PR	
4	51 Fabienne van der Veldt	DPA	26	O	48.13	PR	
5	41 Francis de Bruijn	DPA	26	I	48.72	PR	
6	30 Feline Scholten	DPB	25	I	49.35		
7	84 Maren de Bruin	DPA	27	I	49.81		
8	69 Wende Linnenbank	DPB	23	O	49.82	PR	
9	9 Elin Lamain	DPA	21	I	49.85		
10	28 Roos Bos	DPB	24	O	49.91	PR	
11	11 Jolijn Solleveld	DPA	25	O	50.48		
12	42 Fien Hummel	DPA	23	I	50.66		
13	19 Jelte Petri	HPB	21	O	50.84	PR	
14	27 Liese van der Laan	DPB	22	I	51.04		
15	103 Felice Koutstaal	DPC	17	O	51.11	PR	
16	14 Puk Moerman	DPB	19	I	51.53	PR	
17	89 Luuk van Zwienen	HPA	24	I	51.73		
18	56 Sanne Kool	DPA	20	I	51.84	PR	
19	47 Lotte Janssen	DPA	18	I	51.92	PR	
20	100 Fay Barendse	DPA	22	O	52.01		
21	26 Fenne Valentijn	DPB	17	I	52.23	PR	
22	32 Hessel Veldhuizen	HPC	18	O	52.41	PR	
23	65 Quinten Köhler	HPD	20	O	52.65		
24	29 Tessa Bos	DPC	16	O	53.13	PR	
25	110 Tom Plag	HPB	19	O	53.39		
26	57 Mats Mudde	HPA	12	O	53.59	PR	
27	82 Laura Zeemeijer	DPA	16	I	53.75	PR	
28	138 Noa Halma	DPC	10	I	54.05	PR	
29	17 Mats Nobel	HPA	11	I	54.06	PR	
30	2 Yara Lagerwerf	DPB	12	I	54.32	PR	
31	18 Dionne Verkleij	DPC	11	O	54.52	PR	
32	114 Tijn Schoonderwoerd	HPC	15	O	54.70		
33	104 Moreno Koutstaal	HPC	15	I	54.86		
34	3 Lisa Rimmelzwaan	DPD	7	O	55.06		
35	49 Philine Jansen	DPB	9	O	55.52	PR	
36	39 Julia van Schie	DPB	14	I	55.77	PR	
37	70 Tristan Boon	HPA	14	O	56.05	PR	
38	45 Nienke Molleman	DPB	13	O	56.36	HT	

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	53 Elin de Gast	DPB	10	O	58.07	PR	
40	31 Ellen Govaert	DPC	7	I	58.36	PR	
	8 Tom Hartveld	HPC	13	I		DQ	
	66 Roell Köhler	HPD	9	I		DNS	

2. Rituitslag Pupillen 5/10 500 meter

		Naam		Cat		PR	Tijd	Info
7	wt	31 Ellen Govaert		DPC		1:00.47	58.36	PR
	rd	3 Lisa Rimmelzwaan		DPD			55.06	
		Ellen Govaert		Lisa Rimmelzwaan				
		100m	14.18	(14.18)	100m	13.29	(13.29)	
		500m	58.36	(44.18)	500m	55.06	(41.77)	

		Naam		Cat		PR	Tijd	Info
8	gl							
	bl							
			m					

		Naam		Cat		PR	Tijd	Info
9	wt	66 Roell Köhler		HPD		59.82	DNS	
	rd	49 Philine Jansen		DPB		58.13	55.52	PR
		Roell Köhler		Philine Jansen				
					100m	13.57	(13.57)	
					500m	55.52	(41.95)	

		Naam		Cat		PR	Tijd	Info
10	gl	138 Noa Halma		DPC		1:01.09	54.05	PR
	bl	53 Elin de Gast		DPB		1:00.90	58.07	PR
		Noa Halma		Elin de Gast				
		100m	13.45	(13.45)	100m	14.81	(14.81)	
		500m	54.05	(40.60)	500m	58.07	(43.26)	

		Naam		Cat		PR	Tijd	Info
11	wt	17 Mats Nobel		HPA		57.57	54.06	PR
	rd	18 Dionne Verkleij		DPC		57.53	54.52	PR
		Mats Nobel		Dionne Verkleij				
		100m	13.71	(13.71)	100m	13.78	(13.78)	
		500m	54.06	(40.35)	500m	54.52	(40.74)	

		Naam			Cat	PR	Tijd	Info
12	gl	2	Yara Lagerwerf		DPB	59.05	54.32	PR
	bl	57	Mats Mudde		HPA	57.83	53.59	PR
		<u>Yara Lagerwerf</u>			<u>Mats Mudde</u>			
		100m	13.77	(13.77)	100m	13.49	(13.49)	
		500m	54.32	(40.55)	500m	53.59	(40.10)	
		Naam			Cat	PR	Tijd	Info
13	wt	8	Tom Hartveld		HPC	56.90	DQ	
	rd	45	Nienke Molleman		DPB	56.26	56.36	HT
		<u>Tom Hartveld</u>			<u>Nienke Molleman</u>			
		100m	56.05	(56.05)	100m	56.36	(56.36)	
		Naam			Cat	PR	Tijd	Info
14	gl	39	Julia van Schie		DPB	57.03	55.77	PR
	bl	70	Tristan Boon		HPA	57.50	56.05	PR
		<u>Julia van Schie</u>			<u>Tristan Boon</u>			
		100m	14.03	(14.03)	100m	14.27	(14.27)	
		500m	55.77	(41.74)	500m	56.05	(41.78)	
		Naam			Cat	PR	Tijd	Info
15	wt	104	Moreno Koutstaal		HPC	54.57	54.86	
	rd	114	Tijn Schoonderwoerd		HPC	54.58	54.70	
		<u>Moreno Koutstaal</u>			<u>Tijn Schoonderwoerd</u>			
		100m	14.01	(14.01)	100m	13.29	(13.29)	
		500m	54.86	(40.85)	500m	54.70	(41.41)	
		Naam			Cat	PR	Tijd	Info
16	gl	82	Laura Zeemeijer		DPA	54.46	53.75	PR
	bl	29	Tessa Bos		DPC	55.00	53.13	PR
		<u>Laura Zeemeijer</u>			<u>Tessa Bos</u>			
		100m	13.56	(13.56)	100m	13.34	(13.34)	
		500m	53.75	(40.19)	500m	53.13	(39.79)	

		Naam			Cat	PR	Tijd	Info
17	wt	26	Fenne Valentijn		DPB	53.28	52.23	PR
	rd	103	Felice Koutstaal		DPC	53.12	51.11	PR
		<u>Fenne Valentijn</u>			<u>Felice Koutstaal</u>			
		100m	13.54	(13.54)	100m	13.18	(13.18)	
		500m	52.23	(38.69)	500m	51.11	(37.93)	
		Naam			Cat	PR	Tijd	Info
18	gl	47	Lotte Janssen		DPA	53.02	51.92	PR
	bl	32	Hessel Veldhuizen		HPC	53.77	52.41	PR
		<u>Lotte Janssen</u>			<u>Hessel Veldhuizen</u>			
		100m	13.54	(13.54)	100m	13.81	(13.81)	
		500m	51.92	(38.38)	500m	52.41	(38.60)	
		Naam			Cat	PR	Tijd	Info
19	wt	14	Puk Moerman		DPB	51.55	51.53	PR
	rd	110	Tom Plag		HPB	52.83	53.39	
		<u>Puk Moerman</u>			<u>Tom Plag</u>			
		100m	13.50	(13.50)	100m	13.59	(13.59)	
		500m	51.53	(38.03)	500m	53.39	(39.80)	
		Naam			Cat	PR	Tijd	Info
20	gl	56	Sanne Kool		DPA	52.41	51.84	PR
	bl	65	Quinten Köhler		HPD	52.04	52.65	
		<u>Sanne Kool</u>			<u>Quinten Köhler</u>			
		100m	13.32	(13.32)	100m	13.18	(13.18)	
		500m	51.84	(38.52)	500m	52.65	(39.47)	
		Naam			Cat	PR	Tijd	Info
21	wt	9	Elin Lamain		DPA	49.52	49.85	
	rd	19	Jelte Petri		HPB	50.94	50.84	PR
		<u>Elin Lamain</u>			<u>Jelte Petri</u>			
		100m	13.33	(13.33)	100m	12.97	(12.97)	
		500m	49.85	(36.52)	500m	50.84	(37.87)	

		Naam			Cat	PR	Tijd	Info
22	gl	27	Liese van der Laan		DPB	49.52	51.04	
	bl	100	Fay Barendse		DPA	50.57	52.01	
		<u>Liese van der Laan</u>			<u>Fay Barendse</u>			
		100m	13.38	(13.38)	100m	13.54	(13.54)	
		500m	51.04	(37.66)	500m	52.01	(38.47)	
		Naam			Cat	PR	Tijd	Info
23	wt	42	Fien Hummel		DPA	49.89	50.66	
	rd	69	Wende Linnenbank		DPB	50.37	49.82	PR
		<u>Fien Hummel</u>			<u>Wende Linnenbank</u>			
		100m	12.88	(12.88)	100m	12.70	(12.70)	
		500m	50.66	(37.78)	500m	49.82	(37.12)	
		Naam			Cat	PR	Tijd	Info
24	gl	89	Luuk van Zwiene		HPA	49.52	51.73	
	bl	28	Roos Bos		DPB	50.41	49.91	PR
		<u>Luuk van Zwiene</u>			<u>Roos Bos</u>			
		100m	13.27	(13.27)	100m	13.20	(13.20)	
		500m	51.73	(38.46)	500m	49.91	(36.71)	
		Naam			Cat	PR	Tijd	Info
25	wt	30	Feline Scholten		DPB	48.81	49.35	
	rd	11	Jolijn Solleveld		DPA	49.21	50.48	
		<u>Feline Scholten</u>			<u>Jolijn Solleveld</u>			
		100m	12.83	(12.83)	100m	12.96	(12.96)	
		500m	49.35	(36.52)	500m	50.48	(37.52)	
		Naam			Cat	PR	Tijd	Info
26	gl	41	Francis de Bruijn		DPA	49.00	48.72	PR
	bl	51	Fabiënne van der Veldt		DPA	48.75	48.13	PR
		<u>Francis de Bruijn</u>			<u>Fabiënne van der Veldt</u>			
		100m	12.73	(12.73)	100m	12.98	(12.98)	
		500m	48.72	(35.99)	500m	48.13	(35.15)	

		Naam			Cat	PR	Tijd	Info
27	wt	84	Maren de Bruin		DPA	48.51	49.81	
	rd	1	Nanette de Boon		DPA	47.60	46.76	PR
		Maren de Bruin			Nanette de Boon			
		100m	13.53	(13.53)	100m	11.98	(11.98)	
		500m	49.81	(36.28)	500m	46.76	(34.78)	

		Naam			Cat	PR	Tijd	Info
28	gl	85	Bjarne den Besten		HPA	43.04	43.22	
	bl	7	Fleur Hartveld		DPA	43.37	44.34	
		Bjarne den Besten			Fleur Hartveld			
		100m	11.77	(11.77)	100m	12.31	(12.31)	
		500m	43.22	(31.45)	500m	44.34	(32.03)	

3. Uitslag 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	134 Jasper van der Marel	HA2	31	O	4:03.48		
2	88 Yoeri van Bostelen	HA2	31	I	4:19.08		
3	141 Tygo Kompier	HA1	32	I	4:23.60		
4	133 Emma Noz	DA2	29	I	4:49.86		
5	135 Elanne de Vries	DA1	32	O	5:07.55		

3. Rituitslag 3000 meter

		Naam	Cat	PR	Tijd	Info
29	wt rd	133 Emma Noz	DA2	4:29.96	4:49.86	

Emma Noz

200m	21.76	(21.76)	m
600m	55.53	(33.77)	
1000m	1:30.69	(35.16)	
1400m	2:07.48	(36.79)	
1800m	2:45.80	(38.32)	
2200m	3:25.92	(40.12)	
2600m	4:07.22	(41.30)	
3000m	4:49.86	(42.64)	

		Naam	Cat	PR	Tijd	Info
30	gl bl					
						m

		Naam	Cat	PR	Tijd	Info
31	wt rd	88 Yoeri van Bostelen	HA2	4:05.97	4:19.08	
		134 Jasper van der Marel	HA2	3:56.65	4:03.48	

Yoeri van Bostelen

200m	19.18	(19.18)
600m	52.30	(33.12)
1000m	1:25.14	(32.84)
1400m	1:58.46	(33.32)
1800m	2:32.57	(34.11)
2200m	3:07.23	(34.66)
2600m	3:42.57	(35.34)
3000m	4:19.08	(36.51)

Jasper van der Marel

200m	19.75	(19.75)
600m	50.70	(30.95)
1000m	1:21.99	(31.29)
1400m	1:53.51	(31.52)
1800m	2:25.38	(31.87)
2200m	2:57.51	(32.13)
2600m	3:30.23	(32.72)
3000m	4:03.48	(33.25)

		Naam		Cat		PR		Tijd	Info
32	gl	141	Tygo Kompier		HA1			4:09.90	4:23.60
	bl	135	Elanne de Vries		DA1			4:35.39	5:07.55
		Tygo Kompier				Elanne de Vries			
		200m	19.70	(19.70)		200m	21.02	(21.02)	
		600m	52.09	(32.39)		600m	56.55	(35.53)	
		1000m	1:25.77	(33.68)		1000m	1:35.03	(38.48)	
		1400m	2:00.27	(34.50)		1400m	2:15.87	(40.84)	
		1800m	2:35.63	(35.36)		1800m	2:57.92	(42.05)	
		2200m	3:11.43	(35.80)		2200m	3:41.21	(43.29)	
		2600m	3:47.16	(35.73)		2600m	4:25.93	(44.72)	
		3000m	4:23.60	(36.44)		3000m	5:07.55	(41.62)	

4. Uitslag Selectie 5/15 1500 meter 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	151 Sem Spruit	HB1	38	I	1:59.30		
2	123 Mathijs Molenaar	HA1	37	O	2:03.01		
3	99 Taeke Jongbloed	HB1	38	O	2:03.40		
4	115 Luke Bavius	HB1	35	O	2:06.06		
5	95 Nick Barendse	HB1	35	I	2:10.16	PR	
6	22 Peng Shen Plugge	HC2	36	O	2:10.95		
7	120 Ymke Wubben	DB1	33	O	2:19.03		
8	121 Milou de Lange	DA1	36	I	2:20.16		
9	98 Amber Koetsier	DB1	34	O	2:23.04		
10	122 Scarlett de Bruijn	DC2	34	I	2:24.71		
11	94 Isa Oudenes	DB1	33	I	2:27.95		
	91 Matthijs de Haan	HC2	37	I		DNF	

4. Rituitslag Selectie 5/15 1500 meter 1500 meter

		Naam		Cat		PR	Tijd	Info
33	wt	94	Isa Oudenes		DB1	2:18.69	2:27.95	
	rd	120	Ymke Wubben		DB1	2:08.99	2:19.03	

Isa Oudenes

300m	31.18	(31.18)
700m	1:07.91	(36.73)
1100m	1:46.92	(39.01)
1500m	2:27.95	(41.03)

Ymke Wubben

300m	30.58	(30.58)
700m	1:04.08	(33.50)
1100m	1:40.55	(36.47)
1500m	2:19.03	(38.48)

		Naam		Cat		PR	Tijd	Info
34	gl	122	Scarlett de Bruijn		DC2	2:15.37	2:24.71	
	bl	98	Amber Koetsier		DB1	2:18.14	2:23.04	

Scarlett de Bruijn

300m	30.37	(30.37)
700m	1:06.74	(36.37)
1100m	1:45.40	(38.66)
1500m	2:24.71	(39.31)

Amber Koetsier

300m	30.04	(30.04)
700m	1:05.50	(35.46)
1100m	1:43.36	(37.86)
1500m	2:23.04	(39.68)

		Naam		Cat		PR	Tijd	Info
35	wt	95	Nick Barendse		HB1	2:11.44	2:10.16	PR
	rd	115	Luke Bavius		HB1	2:05.68	2:06.06	

Nick Barendse

300m	27.14	(27.14)
700m	58.76	(31.62)
1100m	1:32.96	(34.20)
1500m	2:10.16	(37.20)

Luke Bavius

300m	26.89	(26.89)
700m	57.26	(30.37)
1100m	1:30.62	(33.36)
1500m	2:06.06	(35.44)

		Naam		Cat		PR	Tijd	Info
36	gl	121	Milou de Lange		DA1	2:09.57	2:20.16	
	bl	22	Peng Shen Plugge		HC2	2:05.57	2:10.95	

Milou de Lange

300m	29.73	(29.73)
700m	1:04.82	(35.09)
1100m	1:41.87	(37.05)
1500m	2:20.16	(38.29)

Peng Shen Plugge

300m	27.65	(27.65)
700m	1:00.33	(32.68)
1100m	1:35.15	(34.82)
1500m	2:10.95	(35.80)

		Naam			Cat	PR	Tijd	Info
37	wt	91	Matthijs de Haan		HC2	2:00.64		DNF
	rd	123	Mathijs Molenaar		HA1	1:56.97		2:03.01
		Matthijs de Haan			Mathijs Molenaar			
		300m	26.75	(26.75)	300m	25.81	(25.81)	
		700m	59.09	(32.34)	700m	55.82	(30.01)	
					1100m	1:28.24	(32.42)	
					1500m	2:03.01	(34.77)	
		Naam			Cat	PR	Tijd	Info
38	gl	151	Sem Spruit		HB1	1:54.45		1:59.30
	bl	99	Taeke Jongbloed		HB1	2:00.88		2:03.40
		Sem Spruit			Taeke Jongbloed			
		300m	25.86	(25.86)	300m	26.53	(26.53)	
		700m	55.20	(29.34)	700m	56.56	(30.03)	
		1100m	1:26.42	(31.22)	1100m	1:28.82	(32.26)	
		1500m	1:59.30	(32.88)	1500m	2:03.40	(34.58)	

5. Uitslag Pupillen 5/10 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	85 Bjarne den Besten	HPA	60	O	1:28.55		
2	7 Fleur Hartveld	DPA	60	I	1:29.32		
3	51 Fabienne van der Veldt	DPA	56	I	1:39.59	PR	
4	30 Feline Scholten	DPB	57	I	1:40.00	PR	
5	41 Francis de Bruijn	DPA	57	O	1:41.08		
6	1 Nanette de Boon	DPA	59	O	1:41.23		
7	84 Maren de Bruin	DPA	59	I	1:41.59		
8	9 Elin Lamain	DPA	58	I	1:43.16		
9	27 Liese van der Laan	DPB	55	O	1:44.26		
10	11 Jolijn Solleveld	DPA	58	O	1:44.70		
11	28 Roos Bos	DPB	54	O	1:46.78		
12	19 Jelte Petri	HPB	54	I	1:47.51		
13	47 Lotte Janssen	DPA	53	I	1:48.14		
14	103 Felice Koutstaal	DPC	45	I	1:48.18	PR	
15	26 Fenne Valentijn	DPB	48	I	1:49.43	PR	
16	14 Puk Moerman	DPB	55	I	1:49.52		
17	100 Fay Barendse	DPA	51	O	1:49.71		
18	42 Fien Hummel	DPA	53	O	1:49.87		
19	65 Quinten Köhler	HPD	50	I	1:50.41		
20	56 Sanne Kool	DPA	52	I	1:51.75	HT	
21	32 Hessel Veldhuizen	HPC	51	I	1:52.13		
22	89 Luuk van Zwienen	HPA	56	O	1:52.28		
23	110 Tom Plag	HPB	49	I	1:52.48		
24	114 Tijn Schoonderwoerd	HPC	49	O	1:52.77		
25	104 Moreno Koutstaal	HPC	48	O	1:53.33	PR	
26	29 Tessa Bos	DPC	47	O	1:53.42	PR	
27	18 Dionne Verkleij	DPC	47	I	1:53.43	PR	
28	82 Laura Zeemeijer	DPA	50	O	1:53.57		
29	138 Noa Halma	DPC	39	I	1:54.37		
30	17 Mats Nobel	HPA	46	I	1:54.49	PR	
31	70 Tristan Boon	HPA	45	O	1:55.19	PR	
32	57 Mats Mudde	HPA	43	I	1:57.05	PR	
33	2 Yara Lagerwerf	DPB	44	O	1:57.18	PR	
34	3 Lisa Rimmelzwaan	DPD	41	O	1:57.79		
35	49 Philine Jansen	DPB	42	O	1:58.83		
36	39 Julia van Schie	DPB	41	I	1:58.86		
37	45 Nienke Molleman	DPB	39	O	1:59.51		
38	8 Tom Hartveld	HPC	46	O	1:59.74	PR	

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
39	53 Elin de Gast	DPB	42	I	2:02.32		
40	31 Ellen Govaert	DPC	44	I	2:03.53	PR	
41	66 Roell Köhler	HPD	43	O	2:13.92	PR FL	
	69 Wende Linnenbank	DPB	52	O	DQ		

5. Rituitslag Pupillen 5/10 1000 meter

		Naam	Cat	PR	Tijd	Info
39	wt	138 Noa Halma	DPC		1:54.37	
	rd	45 Nienke Molleman	DPB		1:59.51	

Noa Halma

200m	24.44	(24.44)
600m	1:08.16	(43.72)
1000m	1:54.37	(46.21)

Nienke Molleman

200m	25.95	(25.95)
600m	1:11.25	(45.30)
1000m	1:59.51	(48.26)

		Naam	Cat	PR	Tijd	Info
40	gl					
	bl					

m

m

		Naam	Cat	PR	Tijd	Info
41	wt	39 Julia van Schie	DPB		1:58.86	
	rd	3 Lisa Rimmelzwaan	DPD		1:57.79	

Julia van Schie

200m	26.47	(26.47)
600m	1:11.34	(44.87)
1000m	1:58.86	(47.52)

Lisa Rimmelzwaan

200m	26.08	(26.08)
600m	1:10.78	(44.70)
1000m	1:57.79	(47.01)

		Naam	Cat	PR	Tijd	Info
42	gl	53 Elin de Gast	DPB		2:02.32	
	bl	49 Philine Jansen	DPB		1:58.83	

Elin de Gast

200m	26.72	(26.72)
600m	1:13.30	(46.58)
1000m	2:02.32	(49.02)

Philine Jansen

200m	27.89	(27.89)
600m	1:12.93	(45.04)
1000m	1:58.83	(45.90)

		Naam			Cat			PR	Tijd	Info
43	wt	57	Mats Mudde		HPA			2:12.68	1:57.05	PR
	rd	66	Roell Köhler		HPD			2:17.09	2:13.92	PR FL
		Mats Mudde			Roell Köhler					
		200m	25.05	(25.05)	200m	25.86	(25.86)			
		600m	1:10.83	(45.78)	600m	1:12.48	(46.62)			
		1000m	1:57.05	(46.22)	1000m	2:13.92	(61.44)			

		Naam			Cat			PR	Tijd	Info
44	gl	31	Ellen Govaert		DPC			2:07.97	2:03.53	PR
	bl	2	Yara Lagerwerf		DPB			2:17.87	1:57.18	PR
		Ellen Govaert			Yara Lagerwerf					
		200m	26.82	(26.82)	200m	25.66	(25.66)			
		600m	1:14.12	(47.30)	600m	1:10.37	(44.71)			
		1000m	2:03.53	(49.41)	1000m	1:57.18	(46.81)			

		Naam			Cat			PR	Tijd	Info
45	wt	103	Felice Koutstaal		DPC			2:02.70	1:48.18	PR
	rd	70	Tristan Boon		HPA			1:59.47	1:55.19	PR
		Felice Koutstaal			Tristan Boon					
		200m	24.05	(24.05)	200m	25.75	(25.75)			
		600m	1:04.61	(40.56)	600m	1:09.14	(43.39)			
		1000m	1:48.18	(43.57)	1000m	1:55.19	(46.05)			

		Naam			Cat			PR	Tijd	Info
46	gl	17	Mats Nobel		HPA			2:03.85	1:54.49	PR
	bl	8	Tom Hartveld		HPC			2:02.03	1:59.74	PR
		Mats Nobel			Tom Hartveld					
		200m	25.05	(25.05)	200m	24.99	(24.99)			
		600m	1:08.84	(43.79)	600m	1:08.83	(43.84)			
		1000m	1:54.49	(45.65)	1000m	1:59.74	(50.91)			

		Naam	Cat		PR	Tijd	Info
47	wt	18 Dionne Verkleij	DPC		1:58.96	1:53.43	PR
	rd	29 Tessa Bos	DPC		1:55.21	1:53.42	PR
		Dionne Verkleij			Tessa Bos		
		200m	25.43	(25.43)	200m	25.00	(25.00)
		600m	1:08.40	(42.97)	600m	1:07.29	(42.29)
		1000m	1:53.43	(45.03)	1000m	1:53.42	(46.13)

		Naam	Cat		PR	Tijd	Info
48	gl	26 Fenne Valentijn	DPB		1:52.82	1:49.43	PR
	bl	104 Moreno Koutstaal	HPC		1:56.78	1:53.33	PR
		Fenne Valentijn			Moreno Koutstaal		
		200m	24.71	(24.71)	200m	26.07	(26.07)
		600m	1:05.15	(40.44)	600m	1:09.89	(43.82)
		1000m	1:49.43	(44.28)	1000m	1:53.33	(43.44)

		Naam	Cat		PR	Tijd	Info
49	wt	110 Tom Plag	HPB		1:50.44	1:52.48	
	rd	114 Tijn Schoonderwoerd	HPC		1:50.05	1:52.77	
		Tom Plag			Tijn Schoonderwoerd		
		200m	24.60	(24.60)	200m	24.62	(24.62)
		600m	1:07.41	(42.81)	600m	1:08.10	(43.48)
		1000m	1:52.48	(45.07)	1000m	1:52.77	(44.67)

		Naam	Cat		PR	Tijd	Info
50	gl	65 Quinten Köhler	HPD		1:50.00	1:50.41	
	bl	82 Laura Zeemeijer	DPA		1:52.75	1:53.57	
		Quinten Köhler			Laura Zeemeijer		
		200m	24.40	(24.40)	200m	25.22	(25.22)
		600m	1:06.44	(42.04)	600m	1:07.53	(42.31)
		1000m	1:50.41	(43.97)	1000m	1:53.57	(46.04)

		Naam	Cat	PR	Tijd	Info
51	wt	32 Hessel Veldhuizen	HPC	1:48.50	1:52.13	
	rd	100 Fay Barendse	DPA	1:43.36	1:49.71	
		Hessel Veldhuizen		Fay Barendse		
		200m	25.76 (25.76)	200m	25.13 (25.13)	
		600m	1:07.82 (42.06)	600m	1:05.77 (40.64)	
		1000m	1:52.13 (44.31)	1000m	1:49.71 (43.94)	

		Naam	Cat	PR	Tijd	Info
52	gl	56 Sanne Kool	DPA	1:47.69	1:51.75	HT
	bl	69 Wende Linnenbank	DPB	1:45.80	DQ	
		Sanne Kool		Wende Linnenbank		
		200m	1:51.75 (111.75)	200m	24.09 (24.09)	
				600m	1:03.81 (39.72)	
				1000m	1:44.71 (40.90)	

		Naam	Cat	PR	Tijd	Info
53	wt	47 Lotte Janssen	DPA	1:45.19	1:48.14	
	rd	42 Fien Hummel	DPA	1:45.66	1:49.87	
		Lotte Janssen		Fien Hummel		
		200m	25.33 (25.33)	200m	24.51 (24.51)	
		600m	1:06.79 (41.46)	600m	1:05.62 (41.11)	
		1000m	1:48.14 (41.35)	1000m	1:49.87 (44.25)	

		Naam	Cat	PR	Tijd	Info
54	gl	19 Jelte Petri	HPB	1:45.85	1:47.51	
	bl	28 Roos Bos	DPB	1:45.40	1:46.78	
		Jelte Petri		Roos Bos		
		200m	23.37 (23.37)	200m	24.04 (24.04)	
		600m	1:03.88 (40.51)	600m	1:04.24 (40.20)	
		1000m	1:47.51 (43.63)	1000m	1:46.78 (42.54)	

		Naam	Cat		PR	Tijd	Info
55	wt	14 Puk Moerman	DPB		1:44.96	1:49.52	
	rd	27 Liese van der Laan	DPB		1:42.83	1:44.26	
		Puk Moerman			Liese van der Laan		
		200m	23.94	(23.94)	200m	23.95	(23.95)
		600m	1:04.44	(40.50)	600m	1:03.21	(39.26)
		1000m	1:49.52	(45.08)	1000m	1:44.26	(41.05)

		Naam	Cat		PR	Tijd	Info
56	gl	51 Fabiënne van der Veldt	DPA		1:43.80	1:39.59	PR
	bl	89 Luuk van Zwienen	HPA		1:44.05	1:52.28	
		Fabiënne van der Veldt			Luuk van Zwienen		
		200m	22.89	(22.89)	200m	24.56	(24.56)
		600m	1:01.21	(38.32)	600m	1:06.70	(42.14)
		1000m	1:39.59	(38.38)	1000m	1:52.28	(45.58)

		Naam	Cat		PR	Tijd	Info
57	wt	30 Feline Scholten	DPB		1:41.18	1:40.00	PR
	rd	41 Francis de Bruijn	DPA		1:40.60	1:41.08	
		Feline Scholten			Francis de Bruijn		
		200m	23.35	(23.35)	200m	23.03	(23.03)
		600m	1:00.88	(37.53)	600m	1:00.08	(37.05)
		1000m	1:40.00	(39.12)	1000m	1:41.08	(41.00)

		Naam	Cat		PR	Tijd	Info
58	gl	9 Elin Lamain	DPA		1:41.27	1:43.16	
	bl	11 Jolijn Solleveld	DPA		1:42.29	1:44.70	
		Elin Lamain			Jolijn Solleveld		
		200m	23.82	(23.82)	200m	23.63	(23.63)
		600m	1:02.21	(38.39)	600m	1:03.32	(39.69)
		1000m	1:43.16	(40.95)	1000m	1:44.70	(41.38)

		Naam			Cat	PR	Tijd	Info
59	wt	84	Maren de Bruin		DPA	1:38.75	1:41.59	
	rd	1	Nanette de Boon		DPA	1:40.06	1:41.23	
		Maren de Bruin			Nanette de Boon			
		200m	23.51	(23.51)	200m	22.15	(22.15)	
		600m	1:01.75	(38.24)	600m	1:00.54	(38.39)	
		1000m	1:41.59	(39.84)	1000m	1:41.23	(40.69)	

		Naam			Cat	PR	Tijd	Info
60	gl	7	Fleur Hartveld		DPA	1:28.20	1:29.32	
	bl	85	Bjarne den Besten		HPA	1:27.10	1:28.55	
		Fleur Hartveld			Bjarne den Besten			
		200m	21.05	(21.05)	200m	20.92	(20.92)	
		600m	53.80	(32.75)	600m	53.58	(32.66)	
		1000m	1:29.32	(35.52)	1000m	1:28.55	(34.97)	

6. Uitslag Junioren C 5/10 500 meter + 5/5 1e 500m

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	75 Tamar Koolwijk	DC2	65	I	46.52		
2	5 Evi Lagerwerf	DC2	66	O	49.15	PR	
3	63 Lyam van der Neut	HC1	64	O	50.66	PR	
4	87 Oona Alleblas	DC1	65	O	51.11		
5	86 Pien de Jong	DC2	64	I	52.36	PR	
6	55 Zino Van Os	HC1	61	O	52.74	PR	
7	93 Mirthe Wijnakker	DC2	63	O	53.48	PR	
8	92 Roos Siere	DC1	63	I	54.10		
9	68 Beyza Barkin	DC2	61	I	58.50		
10	111 Sanne Plag	DC1	62	I	1:00.52		
11	81 Valerie Coesmans	DC1	62	O	1:03.32	PR	
	154 Sven Kompier	HC2	66	I	DNS		

6. Rituitslag Junioren C 5/10 500 meter + 5/5 1e 500m

		Naam		Cat		PR	Tijd	Info
61	wt	68 Beyza Barkin		DC2		57.84	58.50	
	rd	55 Zino Van Os		HC1		58.94	52.74	PR
		Beyza Barkin		Zino Van Os				
		100m	15.17	(15.17)	100m	13.43	(13.43)	
		500m	58.50	(43.33)	500m	52.74	(39.31)	

		Naam		Cat		PR	Tijd	Info
62	gl	111 Sanne Plag		DC1		55.65	1:00.52	
	bl	81 Valerie Coesmans		DC1		1:06.71	1:03.32	PR
		Sanne Plag		Valerie Coesmans				
		100m	14.55	(14.55)	100m	14.34	(14.34)	
		500m	1:00.52	(45.97)	500m	1:03.32	(48.98)	

		Naam		Cat		PR	Tijd	Info
63	wt	92 Roos Siere		DC1		53.73	54.10	
	rd	93 Mirthe Wijnakker		DC2		53.71	53.48	PR
		Roos Siere		Mirthe Wijnakker				
		100m	13.03	(13.03)	100m	13.48	(13.48)	
		500m	54.10	(41.07)	500m	53.48	(40.00)	

		Naam		Cat		PR	Tijd	Info
64	gl	86 Pien de Jong		DC2		52.51	52.36	PR
	bl	63 Lyam van der Neut		HC1		53.70	50.66	PR
		Pien de Jong		Lyam van der Neut				
		100m	13.75	(13.75)	100m	12.80	(12.80)	
		500m	52.36	(38.61)	500m	50.66	(37.86)	

		Naam		Cat		PR	Tijd	Info
65	wt	75 Tamar Koolwijk		DC2		45.91	46.52	
	rd	87 Oona Alleblas		DC1		50.61	51.11	
		Tamar Koolwijk		Oona Alleblas				
		100m	12.31	(12.31)	100m	13.46	(13.46)	
		500m	46.52	(34.21)	500m	51.11	(37.65)	

		Naam	Cat	PR	Tijd	Info
66	gl	154 Sven Kompier	HC2	45.41		DNS
	bl	5 Evi Lagerwerf	DC2	49.17		49.15 PR
		<u>Sven Kompier</u>				
			<u>Evi Lagerwerf</u>			
			100m	12.62	(12.62)	
			500m	49.15	(36.53)	

7. Uitslag Junioren C 5/15 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	38 Stian van Etten	HC2	81	I	42.72	PR	
2	12 Tygo Blom	HC1	82	I	43.98	PR	
3	13 Ties Moerman	HC1	81	O	44.56	PR	
4	4 Britt Post	DC2	79	I	44.62		
5	61 Mees Blaauw	HC2	77	O	45.01	PR	
6	10 Pauline Tas	DC2	82	O	45.21		
7	97 Ruben Star	HC1	79	O	45.43		
8	16 Olivier Wennekes	HC1	78	I	45.81	PR	
9	127 Esmee van Randeraat	DC1	76	I	45.93	PR	
10	83 Peter de Bruin	HC1	78	O	46.05		
11	20 Teije Hekkema	HC2	76	O	46.15	PR	
12	76 Boaz de Gast	HC2	77	I	46.18	PR	
13	48 Joep van Leeuwen	HC2	74	O	46.26	PR	
14	73 Bo Hoogvorst	DC2	74	I	46.88		
15	36 Feline Solleveld	DC2	75	O	47.41		
16	125 Lara Castro Nortier	DC2	73	O	47.76		
17	40 Valerie Gerritse	DC1	72	I	48.17	PR	
18	71 Emma Boon	DC2	71	O	48.51	PR	
19	35 Keira Vissenberg	DC2	73	I	48.71		
20	124 Ilse Veuger	DC2	72	O	49.44		
21	37 Tycho Petri	HC1	71	I	49.62		
22	77 Lisa de Koster	DC2	70	I	49.78	PR	
23	80 Nouschka Steenks	DC1	67	I	49.86	PR	
24	54 Lindsey Eijgermans	DC2	68	I	49.93	PR	
25	62 Clover van Zeijl	DC2	70	O	50.88		
26	112 Cato Slegtenhorst	DC1	69	O	51.11		
27	64 Anne-Lotte Kohler	DC2	69	I	51.26		
28	43 Kian Van Nierop	HC1	68	O	54.73	PR	
29	113 Kai Budiarto	HC1	75	I	55.59	FL	
30	66 Roell Köhler	HPD	67	O	58.51		
31	50 Rune Stoel	HC1	80	I	1:00.49	FL	
32	116 Julian Ras	HC1	80	O	1:02.02	FL	

7. Rituitslag Junioren C 5/15 500 meter

		Naam		Cat		PR	Tijd	Info
67	wt	80	Nouschka Steenks		DC1	51.44	49.86	PR
	rd	66	Roell Köhler		HPD	59.82	58.51	
			Nouschka Steenks		Roell Köhler			
			100m	12.90	(12.90)	100m	14.09	(14.09)
			500m	49.86	(36.96)	500m	58.51	(44.42)

		Naam		Cat		PR	Tijd	Info
68	gl	54	Lindsey Eijgermans		DC2	50.74	49.93	PR
	bl	43	Kian Van Nierop		HC1	55.66	54.73	PR
			Lindsey Eijgermans		Kian Van Nierop			
			100m	12.97	(12.97)	100m	12.64	(12.64)
			500m	49.93	(36.96)	500m	54.73	(42.09)

		Naam		Cat		PR	Tijd	Info
69	wt	64	Anne-Lotte Kohler		DC2	49.60	51.26	
	rd	112	Cato Slegtenhorst		DC1	49.30	51.11	
			Anne-Lotte Kohler		Cato Slegtenhorst			
			100m	13.46	(13.46)	100m	13.87	(13.87)
			500m	51.26	(37.80)	500m	51.11	(37.24)

		Naam		Cat		PR	Tijd	Info
70	gl	77	Lisa de Koster		DC2	49.88	49.78	PR
	bl	62	Clover van Zeijl		DC2	50.58	50.88	
			Lisa de Koster		Clover van Zeijl			
			100m	13.05	(13.05)	100m	13.29	(13.29)
			500m	49.78	(36.73)	500m	50.88	(37.59)

		Naam		Cat		PR	Tijd	Info
71	wt	37	Tycho Petri		HC1	49.33	49.62	
	rd	71	Emma Boon		DC2	48.94	48.51	PR
			Tycho Petri		Emma Boon			
			100m	13.03	(13.03)	100m	12.54	(12.54)
			500m	49.62	(36.59)	500m	48.51	(35.97)

		Naam	Cat	PR	Tijd	Info
72	gl	40 Valerie Gerritse	DC1	48.52	48.17	PR
	bl	124 Ilse Veuger	DC2	49.40	49.44	
		Valerie Gerritse		Ilse Veuger		
		100m 12.62 (12.62)		100m 12.85 (12.85)		
		500m 48.17 (35.55)		500m 49.44 (36.59)		
		Naam	Cat	PR	Tijd	Info
73	wt	35 Keira Vissenberg	DC2	47.23	48.71	
	rd	125 Lara Castro Nortier	DC2	47.40	47.76	
		Keira Vissenberg		Lara Castro Nortier		
		100m 13.00 (13.00)		100m 12.76 (12.76)		
		500m 48.71 (35.71)		500m 47.76 (35.00)		
		Naam	Cat	PR	Tijd	Info
74	gl	73 Bo Hoogvorst	DC2	45.82	46.88	
	bl	48 Joep van Leeuwen	HC2	47.01	46.26	PR
		Bo Hoogvorst		Joep van Leeuwen		
		100m 12.82 (12.82)		100m 12.21 (12.21)		
		500m 46.88 (34.06)		500m 46.26 (34.05)		
		Naam	Cat	PR	Tijd	Info
75	wt	113 Kai Budiarto	HC1	45.11	55.59	FL
	rd	36 Feline Solleveld	DC2	46.75	47.41	
		Kai Budiarto		Feline Solleveld		
		100m 11.70 (11.70)		100m 12.80 (12.80)		
		500m 55.59 (43.89)		500m 47.41 (34.61)		
		Naam	Cat	PR	Tijd	Info
76	gl	127 Esmee van Randraat	DC1	46.90	45.93	PR
	bl	20 Teije Hekkema	HC2	46.85	46.15	PR
		Esmee van Randraat		Teije Hekkema		
		100m 12.38 (12.38)		100m 11.88 (11.88)		
		500m 45.93 (33.55)		500m 46.15 (34.27)		

		Naam			Cat	PR	Tijd	Info
77	wt	76	Boaz de Gast		HC2	46.38	46.18	PR
	rd	61	Mees Blaauw		HC2	45.78	45.01	PR
		Boaz de Gast			Mees Blaauw			
		100m	12.34	(12.34)	100m	11.98	(11.98)	
		500m	46.18	(33.84)	500m	45.01	(33.03)	

		Naam			Cat	PR	Tijd	Info
78	gl	16	Olivier Wennekes		HC1	46.20	45.81	PR
	bl	83	Peter de Bruin		HC1	45.51	46.05	
		Olivier Wennekes			Peter de Bruin			
		100m	12.27	(12.27)	100m	12.32	(12.32)	
		500m	45.81	(33.54)	500m	46.05	(33.73)	

		Naam			Cat	PR	Tijd	Info
79	wt	4	Britt Post		DC2	44.09	44.62	
	rd	97	Ruben Star		HC1	45.27	45.43	
		Britt Post			Ruben Star			
		100m	11.99	(11.99)	100m	12.09	(12.09)	
		500m	44.62	(32.63)	500m	45.43	(33.34)	

		Naam			Cat	PR	Tijd	Info
80	gl	50	Rune Stoel		HC1	45.41	1:00.49	FL
	bl	116	Julian Ras		HC1	45.21	1:02.02	FL
		Rune Stoel			Julian Ras			
		100m	12.05	(12.05)	100m	11.95	(11.95)	
		500m	1:00.49	(48.44)	500m	1:02.02	(50.07)	

		Naam			Cat	PR	Tijd	Info
81	wt	38	Stian van Etten		HC2	42.78	42.72	PR
	rd	13	Ties Moerman		HC1	44.67	44.56	PR
		Stian van Etten			Ties Moerman			
		100m	11.71	(11.71)	100m	11.91	(11.91)	
		500m	42.72	(31.01)	500m	44.56	(32.65)	

		Naam		Cat		PR	Tijd	Info
82	gl	12	Tygo Blom		HC1	44.66	43.98	PR
	bl	10	Pauline Tas		DC2	44.28	45.21	
			Tygo Blom				Pauline Tas	
		100m	11.87	(11.87)	100m	12.07	(12.07)	
		500m	43.98	(32.11)	500m	45.21	(33.14)	

8. Uitslag Junioren B + Masters 5/15 500 meters

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	126 Paddy Smit	HN2	99	I	40.14		
2	23 Dong Yang Plugge	HB2	99	O	41.12		
3	78 Gio Kromokario	HB1	97	O	41.33	PR	
4	152 Tijn van Til	HN2	100	O	41.56		
5	33 Jules van Winden	HB2	97	I	41.87		
6	130 Guus Gelderblom	HA2	96	I	42.13	PR	
7	79 Indy Kromokario	HA1	98	O	42.40		
8	6 Jim Hartveld	HB1	96	O	42.45		
9	90 Alexander Doornekamp	HN4	94	O	42.60		
10	74 Joey van den Berg	HB2	98	I	42.77		
11	58 Paul Mudde	H40	91	O	43.11		
12	129 Ben Lispet	HB1	90	I	43.14		
13	101 Roland ten Klooster	H60	91	I	43.28		
	139 Aidan Verhoeve	HB2	90	O	43.28		
15	106 Bram van der Hoeven	HB1	88	O	43.54	PR	
16	21 Martijn van der Horst	H50	88	I	43.84		
17	136 Liam Dias d'Ullois	HB2	89	I	43.93		
18	52 Tiemen Haaring	HA1	95	O	43.97		
19	128 Paul Robijn	H55	89	O	44.11		
20	44 Willem Jan Molleman	H45	100	I	44.14		
21	72 Robbert-Jan Neven	H45	92	O	44.31		
22	34 Kira Kramer	DB1	87	I	45.13		
23	153 Arne Wendt	HN3	95	I	45.55		
24	109 Romke de Haan	H50	93	O	45.62		
25	117 Bart Groot	H55	86	I	45.72		
26	146 Leon van Kooten	HSB	85	O	45.78	PR	
27	96 Lenthe Jansen	DB2	87	O	46.19		
28	148 Julian Broos	HB1	83	O	47.69		
29	149 Richard Heikoop	H55	86	O	47.84		
30	46 Nerena van Vuuren	DN3	85	I	48.34		
31	144 Simone Gravesteyn	DB1	84	I	48.49		
32	147 Sara de Jong	DB1	84	O	51.87		
	150 Stef Voermans	H50	83	I	DNS		
	145 Leo Schoenmeijer	H75	93	I	DNS		
	119 Berto Anker	HA2	94	I	DNS		
	142 Jeroen Ras	H50			WDR		

8. Rituitslag Junioren B + Masters 5/15 500 meters

		Naam		Cat		PR	Tijd	Info
83	wt	150	Stef Voermans		H50	50.30		DNS
	rd	148	Julian Broos		HB1	47.56		47.69
				<u>Stef Voermans</u>	<u>Julian Broos</u>			
				100m		12.49	(12.49)	
				500m		47.69	(35.20)	

		Naam		Cat		PR	Tijd	Info
84	gl	144	Simone Gravesteyn		DB1	47.10		48.49
	bl	147	Sara de Jong		DB1	48.21		51.87
				<u>Simone Gravesteyn</u>	<u>Sara de Jong</u>			
				100m		12.79	(12.79)	
				500m		48.49	(35.70)	
				100m		13.72	(13.72)	
				500m		51.87	(38.15)	

		Naam		Cat		PR	Tijd	Info
85	wt	46	Nerena van Vuuren		DN3	46.60		48.34
	rd	146	Leon van Kooten		HSB	45.87		45.78 PR
				<u>Nerena van Vuuren</u>	<u>Leon van Kooten</u>			
				100m		13.07	(13.07)	
				500m		48.34	(35.27)	
				100m		12.48	(12.48)	
				500m		45.78	(33.30)	

		Naam		Cat		PR	Tijd	Info
86	gl	117	Bart Groot		H55	43.54		45.72
	bl	149	Richard Heikoop		H55	44.44		47.84
				<u>Bart Groot</u>	<u>Richard Heikoop</u>			
				100m		12.46	(12.46)	
				500m		45.72	(33.26)	
				100m		13.04	(13.04)	
				500m		47.84	(34.80)	

		Naam		Cat		PR	Tijd	Info
87	wt	34	Kira Kramer		DB1	44.21		45.13
	rd	96	Lenthe Jansen		DB2	45.28		46.19
				<u>Kira Kramer</u>	<u>Lenthe Jansen</u>			
				100m		12.11	(12.11)	
				500m		45.13	(33.02)	
				100m		12.48	(12.48)	
				500m		46.19	(33.71)	

		Naam	Cat	PR	Tijd	Info
88	gl	21 Martijn van der Horst	H50	39.70	43.84	
	bl	106 Bram van der Hoeven	HB1	44.23	43.54	PR
		Martijn van der Horst		Bram van der Hoeven		
		100m	11.96 (11.96)	100m	11.79 (11.79)	
		500m	43.84 (31.88)	500m	43.54 (31.75)	
		Naam	Cat	PR	Tijd	Info
89	wt	136 Liam Dias d'Ullois	HB2	43.66	43.93	
	rd	128 Paul Robijn	H55	40.89	44.11	
		Liam Dias d'Ullois		Paul Robijn		
		100m	11.63 (11.63)	100m	12.34 (12.34)	
		500m	43.93 (32.30)	500m	44.11 (31.77)	
		Naam	Cat	PR	Tijd	Info
90	gl	129 Ben Lispet	HB1	42.52	43.14	
	bl	139 Aidan Verhoeve	HB2	42.01	43.28	
		Ben Lispet		Aidan Verhoeve		
		100m	11.50 (11.50)	100m	11.38 (11.38)	
		500m	43.14 (31.64)	500m	43.28 (31.90)	
		Naam	Cat	PR	Tijd	Info
91	wt	101 Roland ten Klooster	H60	41.14	43.28	
	rd	58 Paul Mudde	H40	41.13	43.11	
		Roland ten Klooster		Paul Mudde		
		100m	11.68 (11.68)	100m	11.68 (11.68)	
		500m	43.28 (31.60)	500m	43.11 (31.43)	
		Naam	Cat	PR	Tijd	Info
92	gl	142 Jeroen Ras	H50	43.14	WDR	
	bl	72 Robbert-Jan Neven	H45	42.37	44.31	
		Jeroen Ras		Robbert-Jan Neven		
				100m	11.89 (11.89)	
				500m	44.31 (32.42)	

		Naam	Cat	PR	Tijd	Info
93	wt	145 Leo Schoenmeijer	H75	42.87		DNS
	rd	109 Romke de Haan	H50	42.77		45.62
		<u>Leo Schoenmeijer</u>			<u>Romke de Haan</u>	
				100m	12.84	(12.84)
				500m	45.62	(32.78)
		Naam	Cat	PR	Tijd	Info
94	gl	119 Berto Anker	HA2	41.91		DNS
	bl	90 Alexander Doornekamp	HN4	40.86		42.60
		<u>Berto Anker</u>			<u>Alexander Doornekamp</u>	
				100m	11.22	(11.22)
				500m	42.60	(31.38)
		Naam	Cat	PR	Tijd	Info
95	wt	153 Arne Wendt	HN3	42.69		45.55
	rd	52 Tiemen Haaring	HA1	42.71		43.97
		<u>Arne Wendt</u>			<u>Tiemen Haaring</u>	
				100m	12.28	(12.28)
				500m	45.55	(33.27)
				100m	11.76	(11.76)
				500m	43.97	(32.21)
		Naam	Cat	PR	Tijd	Info
96	gl	130 Guus Gelderblom	HA2	42.42		42.13 PR
	bl	6 Jim Hartveld	HB1	41.66		42.45
		<u>Guus Gelderblom</u>			<u>Jim Hartveld</u>	
				100m	11.37	(11.37)
				500m	42.13	(30.76)
				100m	11.68	(11.68)
				500m	42.45	(30.77)
		Naam	Cat	PR	Tijd	Info
97	wt	33 Jules van Winden	HB2	41.35		41.87
	rd	78 Gio Kromokario	HB1	41.57		41.33 PR
		<u>Jules van Winden</u>			<u>Gio Kromokario</u>	
				100m	11.32	(11.32)
				500m	41.87	(30.55)
				100m	10.92	(10.92)
				500m	41.33	(30.41)

		Naam		Cat		PR	Tijd	Info
98	gl	74	Joey van den Berg		HB2	41.39	42.77	
	bl	79	Indy Kromokario		HA1	42.09	42.40	
			<u>Joey van den Berg</u>		<u>Indy Kromokario</u>			
			100m	11.39	(11.39)	100m	11.21	(11.21)
			500m	42.77	(31.38)	500m	42.40	(31.19)

		Naam		Cat		PR	Tijd	Info
99	wt	126	Paddy Smit		HN2	38.98	40.14	
	rd	23	Dong Yang Plugge		HB2	40.81	41.12	
			<u>Paddy Smit</u>		<u>Dong Yang Plugge</u>			
			100m	10.72	(10.72)	100m	11.12	(11.12)
			500m	40.14	(29.42)	500m	41.12	(30.00)

		Naam		Cat		PR	Tijd	Info
100	gl	44	Willem Jan Molleman		H45	39.51	44.14	
	bl	152	Tijn van Til		HN2	41.09	41.56	
			<u>Willem Jan Molleman</u>		<u>Tijn van Til</u>			
			100m	11.97	(11.97)	100m	11.33	(11.33)
			500m	44.14	(32.17)	500m	41.56	(30.23)

9. Uitslag Jun C 2e 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	145 Leo Schoenmeijer	H75	102	I	52.81		
2	55 Zino Van Os	HC1	101	I	53.67		
3	81 Valerie Coesmans	DC1	101	O	55.41	PR	

9. Rituitslag Jun C 2e 500 meter

		Naam		Cat		PR		Tijd	Info
101	wt	55	Zino Van Os		HC1			58.94	53.67
	rd	81	Valerie Coesmans		DC1			1:06.71	55.41 PR
		Zino Van Os			Valerie Coesmans				
		100m	13.29	(13.29)	100m	14.50	(14.50)		
		500m	53.67	(40.38)	500m	55.41	(40.91)		

		Naam		Cat		PR		Tijd	Info
102	gl	145	Leo Schoenmeijer		H75			42.87	52.81
	bl								
		Leo Schoenmeijer							
		100m	13.62	(13.62)	m				
		500m	52.81	(39.19)					

10. Uitslag Junioren C 5/10 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	75 Tamar Koolwijk	DC2	106	O	1:35.03	PR	
2	5 Evi Lagerwerf	DC2	106	I	1:42.84		
3	63 Lyam van der Neut	HC1	104	O	1:47.27	PR	
4	87 Oona Alleblas	DC1	107	I	1:47.78		
5	86 Pien de Jong	DC2	105	I	1:50.14	HT	
6	93 Mirthe Wijnakker	DC2	105	O	1:51.65		
7	92 Roos Siere	DC1	102	O	1:59.33		
8	68 Beyza Barkin	DC2	102	I	2:00.28		
9	111 Sanne Plag	DC1	104	I	2:10.06		
	154 Sven Kompier	HC2	107	O	DNS		

10. Rituitslag Junioren C 5/10 1000 meter

		Naam		Cat		PR	Tijd	Info
102	wt	68	Beyza Barkin		DC2	1:57.23	2:00.28	
	rd	92	Roos Siere		DC1	1:51.83	1:59.33	
		Beyza Barkin			Roos Siere			
		200m	27.56	(27.56)	200m	25.16	(25.16)	
		600m	1:12.35	(44.79)	600m	1:09.72	(44.56)	
		1000m	2:00.28	(47.93)	1000m	1:59.33	(49.61)	

		Naam		Cat		PR	Tijd	Info
103	gl							
	bl							

		Naam		Cat		PR	Tijd	Info
104	wt	111	Sanne Plag		DC1	1:52.65	2:10.06	
	rd	63	Lyam van der Neut		HC1	1:53.46	1:47.27	PR
		Sanne Plag			Lyam van der Neut			
		200m	27.33	(27.33)	200m	24.53	(24.53)	
		600m	1:15.93	(48.60)	600m	1:04.64	(40.11)	
		1000m	2:10.06	(54.13)	1000m	1:47.27	(42.63)	

		Naam		Cat		PR	Tijd	Info
105	gl	86	Pien de Jong		DC2	1:49.49	1:50.14	HT
	bl	93	Mirthe Wijnakker		DC2	1:49.58	1:51.65	
		Pien de Jong			Mirthe Wijnakker			
		200m	1:50.14	(110.14)	200m	25.20	(25.20)	
					600m	1:07.64	(42.44)	
					1000m	1:51.65	(44.01)	

		Naam	Cat	PR	Tijd	Info
106	wt	5 Evi Lagerwerf	DC2	1:42.10	1:42.84	
	rd	75 Tamar Koolwijk	DC2	1:35.62	1:35.03	PR
		Evi Lagerwerf				
		200m	22.57 (22.57)			
		600m	1:00.93 (38.36)			
		1000m	1:42.84 (41.91)			
		Tamar Koolwijk				
		200m	22.01 (22.01)			
		600m	56.45 (34.44)			
		1000m	1:35.03 (38.58)			

		Naam	Cat	PR	Tijd	Info
107	gl	87 Oona Alleblas	DC1	1:44.08	1:47.78	
	bl	154 Sven Kompier	HC2	1:36.50	DNS	
		Oona Alleblas				
		200m	23.86 (23.86)			
		600m	1:04.03 (40.17)			
		1000m	1:47.78 (43.75)			
		Sven Kompier				

11. Uitslag Junioren C 5/15 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	38 Stian van Etten	HC2	122	I	2:08.71	PR	
2	61 Mees Blaauw	HC2	119	I	2:19.40	PR	
3	4 Britt Post	DC2	123	O	2:21.12		
4	83 Peter de Bruin	HC1	120	O	2:22.81	PR	
5	13 Ties Moerman	HC1	122	O	2:23.56		
6	12 Tygo Blom	HC1	118	O	2:24.56	PR	
7	97 Ruben Star	HC1	120	I	2:25.10		
8	48 Joep van Leeuwen	HC2	117	O	2:26.37	PR	
9	76 Boaz de Gast	HC2	117	I	2:26.47	PR	
10	73 Bo Hoogvorst	DC2	123	I	2:29.46		
11	116 Julian Ras	HC1	116	O	2:29.57	PR	
12	127 Esmee van Randerlaat	DC1	110	O	2:30.38	HT	
13	40 Valerie Gerritse	DC1	115	I	2:30.69	PR	
14	10 Pauline Tas	DC2	121	O	2:31.02		
15	36 Feline Solleveld	DC2	121	I	2:31.29		
16	20 Teije Hekkema	HC2	115	O	2:31.81	PR	
17	125 Lara Castro Nortier	DC2	116	I	2:32.42		
18	16 Olivier Wennekes	HC1	118	I	2:33.42		
19	37 Tycho Petri	HC1	110	I	2:34.53	PR	
20	50 Rune Stoel	HC1	109	O	2:35.61	HT	
21	71 Emma Boon	DC2	114	O	2:35.80	PR	
22	113 Kai Budiarto	HC1	114	I	2:36.09		
23	112 Cato Slegtenhorst	DC1	108	I	2:36.17		
24	35 Keira Vissenberg	DC2	119	O	2:37.09		
25	124 Ilse Veuger	DC2	112	I	2:38.31	PR	
26	54 Lindsey Eijgermans	DC2	113	O	2:39.93	PR	
27	64 Anne-Lotte Kohler	DC2	112	O	2:42.24		
28	77 Lisa de Koster	DC2	111	I	2:42.91	PR	
29	62 Clover van Zeijl	DC2	111	O	2:47.09	PR	
30	80 Nouschka Steenks	DC1	113	I	2:49.30		
31	43 Kian Van Nierop	HC1	109	I	3:02.26	HT	

11. Rituitslag Junioren C 5/15 1500 meter

		Naam	Cat	PR	Tijd	Info																																																																																																																																																																																																											
108	wt rd	112 Cato Slegtenhorst	DC1		2:36.17																																																																																																																																																																																																												
<table border="1"> <thead> <tr> <th colspan="7">Cato Slegtenhorst</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>300m</td> <td>36.17</td> <td>(36.17)</td> <td></td> <td>m</td> </tr> <tr> <td></td> <td></td> <td>700m</td> <td>1:12.35</td> <td>(36.18)</td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td>1100m</td> <td>1:53.55</td> <td>(41.20)</td> <td></td> <td></td> </tr> <tr> <td></td> <td></td> <td>1500m</td> <td>2:36.17</td> <td>(42.62)</td> <td></td> <td></td> </tr> </tbody> </table>							Cato Slegtenhorst									300m	36.17	(36.17)		m			700m	1:12.35	(36.18)					1100m	1:53.55	(41.20)					1500m	2:36.17	(42.62)																																																																																																																																																																										
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		Naam			Cat	PR	Tijd	Info
112	wt	124	Ilse Veuger		DC2	2:40.36	2:38.31	PR
	rd	64	Anne-Lotte Kohler		DC2	2:42.14	2:42.24	
		Ilse Veuger			Anne-Lotte Kohler			
		300m	32.56	(32.56)	300m	33.44	(33.44)	
		700m	1:13.12	(40.56)	700m	1:14.05	(40.61)	
		1100m	1:55.80	(42.68)	1100m	1:58.23	(44.18)	
		1500m	2:38.31	(42.51)	1500m	2:42.24	(44.01)	
		Naam			Cat	PR	Tijd	Info
113	gl	80	Nouschka Steenks		DC1	2:41.75	2:49.30	
	bl	54	Lindsey Eijgermans		DC2	2:40.05	2:39.93	PR
		Nouschka Steenks			Lindsey Eijgermans			
		300m	41.06	(41.06)	300m	32.58	(32.58)	
		700m	1:21.82	(40.76)	700m	1:12.74	(40.16)	
		1100m	2:05.15	(43.33)	1100m	1:56.39	(43.65)	
		1500m	2:49.30	(44.15)	1500m	2:39.93	(43.54)	
		Naam			Cat	PR	Tijd	Info
114	wt	113	Kai Budiarto		HC1	2:31.74	2:36.09	
	rd	71	Emma Boon		DC2	2:38.06	2:35.80	PR
		Kai Budiarto			Emma Boon			
		300m	30.52	(30.52)	300m	32.04	(32.04)	
		700m	1:09.10	(38.58)	700m	1:11.55	(39.51)	
		1100m	1:51.77	(42.67)	1100m	1:53.95	(42.40)	
		1500m	2:36.09	(44.32)	1500m	2:35.80	(41.85)	
		Naam			Cat	PR	Tijd	Info
115	gl	40	Valerie Gerritse		DC1	2:38.99	2:30.69	PR
	bl	20	Teije Hekkema		HC2	2:33.59	2:31.81	PR
		Valerie Gerritse			Teije Hekkema			
		300m	31.09	(31.09)	300m	31.44	(31.44)	
		700m	1:08.65	(37.56)	700m	1:09.58	(38.14)	
		1100m	1:48.79	(40.14)	1100m	1:49.61	(40.03)	
		1500m	2:30.69	(41.90)	1500m	2:31.81	(42.20)	

		Naam	Cat	PR	Tijd	Info
116	wt	125 Lara Castro Nortier	DC2	2:31.58	2:32.42	
	rd	116 Julian Ras	HC1	2:30.40	2:29.57	PR
		Lara Castro Nortier				Julian Ras
		300m	31.29 (31.29)	300m	29.62 (29.62)	
		700m	1:09.86 (38.57)	700m	1:06.77 (37.15)	
		1100m	1:51.40 (41.54)	1100m	1:48.03 (41.26)	
		1500m	2:32.42 (41.02)	1500m	2:29.57 (41.54)	
		Naam	Cat	PR	Tijd	Info
117	gl	76 Boaz de Gast	HC2	2:31.38	2:26.47	PR
	bl	48 Joep van Leeuwen	HC2	2:28.91	2:26.37	PR
		Boaz de Gast				Joep van Leeuwen
		300m	30.67 (30.67)	300m	31.05 (31.05)	
		700m	1:07.70 (37.03)	700m	1:07.65 (36.60)	
		1100m	1:46.35 (38.65)	1100m	1:46.95 (39.30)	
		1500m	2:26.47 (40.12)	1500m	2:26.37 (39.42)	
		Naam	Cat	PR	Tijd	Info
118	wt	16 Olivier Wennekes	HC1	2:26.11	2:33.42	
	rd	12 Tygo Blom	HC1	2:24.74	2:24.56	PR
		Olivier Wennekes				Tygo Blom
		300m	30.57 (30.57)	300m	30.41 (30.41)	
		700m	1:07.56 (36.99)	700m	1:06.69 (36.28)	
		1100m	1:49.48 (41.92)	1100m	1:45.64 (38.95)	
		1500m	2:33.42 (43.94)	1500m	2:24.56 (38.92)	
		Naam	Cat	PR	Tijd	Info
119	gl	61 Mees Blaauw	HC2	2:20.47	2:19.40	PR
	bl	35 Keira Vissenberg	DC2	2:25.35	2:37.09	
		Mees Blaauw				Keira Vissenberg
		300m	29.81 (29.81)	300m	31.83 (31.83)	
		700m	1:04.59 (34.78)	700m	1:11.19 (39.36)	
		1100m	1:41.25 (36.66)	1100m	1:53.97 (42.78)	
		1500m	2:19.40 (38.15)	1500m	2:37.09 (43.12)	

		Naam			Cat	PR	Tijd	Info
120	wt	97	Ruben Star		HC1	2:22.95	2:25.10	
	rd	83	Peter de Bruin		HC1	2:22.93	2:22.81	PR
		Ruben Star			Peter de Bruin			
		300m	30.27	(30.27)	300m	30.04	(30.04)	
		700m	1:07.00	(36.73)	700m	1:05.60	(35.56)	
		1100m	1:45.46	(38.46)	1100m	1:43.53	(37.93)	
		1500m	2:25.10	(39.64)	1500m	2:22.81	(39.28)	
		Naam			Cat	PR	Tijd	Info
121	gl	36	Feline Solleveld		DC2	2:21.31	2:31.29	
	bl	10	Pauline Tas		DC2	2:21.63	2:31.02	
		Feline Solleveld			Pauline Tas			
		300m	32.11	(32.11)	300m	30.24	(30.24)	
		700m	1:10.86	(38.75)	700m	1:07.72	(37.48)	
		1100m	1:51.33	(40.47)	1100m	1:49.32	(41.60)	
		1500m	2:31.29	(39.96)	1500m	2:31.02	(41.70)	
		Naam			Cat	PR	Tijd	Info
122	wt	38	Stian van Etten		HC2	2:15.05	2:08.71	PR
	rd	13	Ties Moerman		HC1	2:19.85	2:23.56	
		Stian van Etten			Ties Moerman			
		300m	28.18	(28.18)	300m	29.71	(29.71)	
		700m	1:00.68	(32.50)	700m	1:04.91	(35.20)	
		1100m	1:34.45	(33.77)	1100m	1:43.53	(38.62)	
		1500m	2:08.71	(34.26)	1500m	2:23.56	(40.03)	
		Naam			Cat	PR	Tijd	Info
123	gl	73	Bo Hoogvorst		DC2	2:20.99	2:29.46	
	bl	4	Britt Post		DC2	2:16.35	2:21.12	
		Bo Hoogvorst			Britt Post			
		300m	30.94	(30.94)	300m	30.22	(30.22)	
		700m	1:06.72	(35.78)	700m	1:05.42	(35.20)	
		1100m	1:46.20	(39.48)	1100m	1:42.75	(37.33)	
		1500m	2:29.46	(43.26)	1500m	2:21.12	(38.37)	

12. Uitslag Junioren B + masters 5/15 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	126 Paddy Smit	HN2	140	I	2:03.98		
2	33 Jules van Winden	HB2	141	O	2:08.30		
3	152 Tijn van Til	HN2	138	O	2:08.46	PR	
4	58 Paul Mudde	H40	135	I	2:12.21		
5	109 Romke de Haan	H50	140	O	2:12.74		
6	130 Guus Gelderblom	HA2	137	I	2:12.99		
7	90 Alexander Doornekamp	HN4	137	O	2:13.81		
8	106 Bram van der Hoeven	HB1	131	O	2:14.26	PR	
9	128 Paul Robijn	H55	132	I	2:14.56		
10	44 Willem Jan Molleman	H45	141	I	2:16.42		
11	136 Liam Dias d'Ullois	HB2	130	O	2:16.51	PR	
12	101 Roland ten Klooster	H60	129	I	2:16.79		
13	139 Aidan Verhoeve	HB2	130	I	2:16.96		
14	78 Gio Kromokario	HB1	126	I	2:17.50	PR	
15	74 Joey van den Berg	HB2	132	O	2:17.97		
16	21 Martijn van der Horst	H50	128	I	2:18.15		
17	6 Jim Hartveld	HB1	134	I	2:18.34		
18	117 Bart Groot	H55	138	I	2:18.69		
19	129 Ben Lispet	HB1	127	O	2:19.25	PR	
20	153 Arne Wendt	HN3	133	I	2:19.78		
21	52 Tiemen Haaring	HA1	131	I	2:20.77		
22	23 Dong Yang Plugge	HB2	136	I	2:20.95		
23	72 Robbert-Jan Neven	H45	139	I	2:21.62		
24	96 Lenthe Jansen	DB2	133	O	2:22.13		
25	149 Richard Heikoop	H55	135	O	2:26.12		
26	146 Leon van Kooten	HSB	128	O	2:27.81		
27	34 Kira Kramer	DB1	129	O	2:28.93		
28	46 Nerena van Vuuren	DN3	127	I	2:32.37		
29	148 Julian Broos	HB1	124	O	2:33.24		
30	145 Leo Schoenmeijer	H75	134	O	2:38.11		
31	144 Simone Gravesteyn	DB1	125	O	2:45.94		
32	147 Sara de Jong	DB1	125	I	2:45.95		
33	79 Indy Kromokario	HA1	126	O	2:48.00	FL	
	150 Stef Voermans	H50	124	I	DNS		
	119 Berto Anker	HA2	139	O	DNS		
	142 Jeroen Ras	H50			WDR		

12. Rituitslag Junioren B + masters 5/15 1500 meter

		Naam	Cat	PR	Tijd	Info
124	wt	150 Stef Voermans	H50	2:28.94		DNS
	rd	148 Julian Broos	HB1			2:33.24
		<u>Stef Voermans</u>				<u>Julian Broos</u>
				300m	31.35	(31.35)
				700m	1:10.02	(38.67)
				1100m	1:51.57	(41.55)
				1500m	2:33.24	(41.67)
		Naam	Cat	PR	Tijd	Info
125	gl	147 Sara de Jong	DB1	2:35.52		2:45.95
	bl	144 Simone Gravesteyn	DB1	2:44.69		2:45.94
		<u>Sara de Jong</u>				<u>Simone Gravesteyn</u>
		300m	33.77	(33.77)	300m	33.88 (33.88)
		700m	1:16.18	(42.41)	700m	1:15.01 (41.13)
		1100m	2:00.95	(44.77)	1100m	1:59.54 (44.53)
		1500m	2:45.95	(45.00)	1500m	2:45.94 (46.40)
		Naam	Cat	PR	Tijd	Info
126	wt	78 Gio Kromokario	HB1	2:24.04		2:17.50 PR
	rd	79 Indy Kromokario	HA1	2:22.45		2:48.00 FL
		<u>Gio Kromokario</u>				<u>Indy Kromokario</u>
		300m	26.97	(26.97)	300m	27.48 (27.48)
		700m	1:01.15	(34.18)	700m	1:17.13 (49.65)
		1100m	1:38.45	(37.30)	1100m	2:02.36 (45.23)
		1500m	2:17.50	(39.05)	1500m	2:48.00 (45.64)
		Naam	Cat	PR	Tijd	Info
127	gl	46 Nerena van Vuuren	DN3	2:27.02		2:32.37
	bl	129 Ben Lispet	HB1	2:25.09		2:19.25 PR
		<u>Nerena van Vuuren</u>				<u>Ben Lispet</u>
		300m	32.41	(32.41)	300m	29.08 (29.08)
		700m	1:10.96	(38.55)	700m	1:04.09 (35.01)
		1100m	1:51.95	(40.99)	1100m	1:41.44 (37.35)
		1500m	2:32.37	(40.42)	1500m	2:19.25 (37.81)

		Naam	Cat	PR	Tijd	Info
128	wt	21 Martijn van der Horst	H50	2:04.03	2:18.15	
	rd	146 Leon van Kooten	HSB	2:22.21	2:27.81	
		Martijn van der Horst		Leon van Kooten		
		300m	29.37 (29.37)	300m	30.93 (30.93)	
		700m	1:03.59 (34.22)	700m	1:07.34 (36.41)	
		1100m	1:39.94 (36.35)	1100m	1:46.79 (39.45)	
		1500m	2:18.15 (38.21)	1500m	2:27.81 (41.02)	
		Naam	Cat	PR	Tijd	Info
129	gl	101 Roland ten Klooster	H60	2:04.66	2:16.79	
	bl	34 Kira Kramer	DB1	2:20.76	2:28.93	
		Roland ten Klooster		Kira Kramer		
		300m	28.70 (28.70)	300m	29.70 (29.70)	
		700m	1:02.54 (33.84)	700m	1:06.65 (36.95)	
		1100m	1:38.80 (36.26)	1100m	1:47.41 (40.76)	
		1500m	2:16.79 (37.99)	1500m	2:28.93 (41.52)	
		Naam	Cat	PR	Tijd	Info
130	wt	139 Aidan Verhoeve	HB2	2:11.82	2:16.96	
	rd	136 Liam Dias d'Ullois	HB2	2:17.24	2:16.51	PR
		Aidan Verhoeve		Liam Dias d'Ullois		
		300m	27.94 (27.94)	300m	29.04 (29.04)	
		700m	1:02.01 (34.07)	700m	1:02.73 (33.69)	
		1100m	1:38.70 (36.69)	1100m	1:39.19 (36.46)	
		1500m	2:16.96 (38.26)	1500m	2:16.51 (37.32)	
		Naam	Cat	PR	Tijd	Info
131	gl	52 Tiemen Haaring	HA1	2:17.23	2:20.77	
	bl	106 Bram van der Hoeven	HB1	2:14.33	2:14.26	PR
		Tiemen Haaring		Bram van der Hoeven		
		300m	29.46 (29.46)	300m	28.83 (28.83)	
		700m	1:04.07 (34.61)	700m	1:03.01 (34.18)	
		1100m	1:41.27 (37.20)	1100m	1:38.76 (35.75)	
		1500m	2:20.77 (39.50)	1500m	2:14.26 (35.50)	

		Naam	Cat	PR	Tijd	Info
132	wt	128 Paul Robijn	H55	2:02.28	2:14.56	
	rd	74 Joey van den Berg	HB2	2:15.55	2:17.97	
		Paul Robijn			Joey van den Berg	
		300m 29.31 (29.31)		300m 29.47 (29.47)		
		700m 1:02.96 (33.65)		700m 1:04.30 (34.83)		
		1100m 1:38.34 (35.38)		1100m 1:40.94 (36.64)		
		1500m 2:14.56 (36.22)		1500m 2:17.97 (37.03)		
		Naam	Cat	PR	Tijd	Info
133	gl	153 Arne Wendt	HN3	2:16.20	2:19.78	
	bl	96 Lenthe Jansen	DB2	2:16.94	2:22.13	
		Arne Wendt			Lenthe Jansen	
		300m 29.75 (29.75)		300m 30.61 (30.61)		
		700m 1:05.76 (36.01)		700m 1:06.55 (35.94)		
		1100m 1:42.87 (37.11)		1100m 1:43.84 (37.29)		
		1500m 2:19.78 (36.91)		1500m 2:22.13 (38.29)		
		Naam	Cat	PR	Tijd	Info
134	wt	6 Jim Hartveld	HB1	2:10.07	2:18.34	
	rd	145 Leo Schoenmeijer	H75	2:15.32	2:38.11	
		Jim Hartveld			Leo Schoenmeijer	
		300m 29.62 (29.62)		300m 34.33 (34.33)		
		700m 1:03.95 (34.33)		700m 1:14.24 (39.91)		
		1100m 1:40.47 (36.52)		1100m 1:56.06 (41.82)		
		1500m 2:18.34 (37.87)		1500m 2:38.11 (42.05)		
		Naam	Cat	PR	Tijd	Info
135	gl	58 Paul Mudde	H40	2:05.90	2:12.21	
	bl	149 Richard Heikoop	H55	2:15.15	2:26.12	
		Paul Mudde			Richard Heikoop	
		300m 28.38 (28.38)		300m 32.08 (32.08)		
		700m 1:01.15 (32.77)		700m 1:08.61 (36.53)		
		1100m 1:36.03 (34.88)		1100m 1:47.32 (38.71)		
		1500m 2:12.21 (36.18)		1500m 2:26.12 (38.80)		

		Naam	Cat	PR	Tijd	Info
136	wt	23 Dong Yang Plugge	HB2	2:10.52	2:20.95	
	rd	142 Jeroen Ras	H50	2:10.50	WDR	
		Dong Yang Plugge				Jeroen Ras
		300m	28.57 (28.57)			
		700m	1:03.82 (35.25)			
		1100m	1:41.47 (37.65)			
		1500m	2:20.95 (39.48)			
		Naam	Cat	PR	Tijd	Info
137	gl	130 Guus Gelderblom	HA2	2:10.71	2:12.99	
	bl	90 Alexander Doornekamp	HN4	2:11.72	2:13.81	
		Guus Gelderblom				Alexander Doornekamp
		300m	28.43 (28.43)	300m	28.19 (28.19)	
		700m	1:01.66 (33.23)	700m	1:01.49 (33.30)	
		1100m	1:36.71 (35.05)	1100m	1:37.25 (35.76)	
		1500m	2:12.99 (36.28)	1500m	2:13.81 (36.56)	
		Naam	Cat	PR	Tijd	Info
138	wt	117 Bart Groot	H55	2:07.68	2:18.69	
	rd	152 Tijn van Til	HN2	2:09.70	2:08.46	PR
		Bart Groot				Tijn van Til
		300m	29.85 (29.85)	300m	27.22 (27.22)	
		700m	1:04.87 (35.02)	700m	59.30 (32.08)	
		1100m	1:41.48 (36.61)	1100m	1:33.26 (33.96)	
		1500m	2:18.69 (37.21)	1500m	2:08.46 (35.20)	
		Naam	Cat	PR	Tijd	Info
139	gl	72 Robbert-Jan Neven	H45	2:09.74	2:21.62	
	bl	119 Berto Anker	HA2	2:07.10	DNS	
		Robbert-Jan Neven				Berto Anker
		300m	29.64 (29.64)			
		700m	1:05.06 (35.42)			
		1100m	1:42.00 (36.94)			
		1500m	2:21.62 (39.62)			

		Naam			Cat	PR	Tijd	Info
140	wt	126	Paddy Smit		HN2	1:59.53	2:03.98	
	rd	109	Romke de Haan		H50	2:05.35	2:12.74	
		Paddy Smit			Romke de Haan			
		300m	26.30	(26.30)	300m	29.59	(29.59)	
		700m	57.06	(30.76)	700m	1:02.23	(32.64)	
		1100m	1:29.73	(32.67)	1100m	1:37.16	(34.93)	
		1500m	2:03.98	(34.25)	1500m	2:12.74	(35.58)	
		Naam			Cat	PR	Tijd	Info
141	gl	44	Willem Jan Molleman		H45	1:57.18	2:16.42	
	bl	33	Jules van Winden		HB2	2:06.36	2:08.30	
		Willem Jan Molleman			Jules van Winden			
		300m	29.48	(29.48)	300m	27.70	(27.70)	
		700m	1:03.25	(33.77)	700m	59.58	(31.88)	
		1100m	1:38.96	(35.71)	1100m	1:33.16	(33.58)	
		1500m	2:16.42	(37.46)	1500m	2:08.30	(35.14)	