

## 1. Uitslag 100 meter

| Pos | Naam                          | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------------|-----|------|------|-------|------|--------|
| 1   | 44 Nathan Baas                | HB2 | 3    | O    | 11.02 |      |        |
| 2   | 2 Friso Broersma              | HC1 | 4    | I    | 11.88 | PR   |        |
| 3   | 27 Stijn Nieuwold             | HC2 | 3    | I    | 12.51 | PR   |        |
| 4   | 46 Femke van Beek             | DC2 | 4    | O    | 12.93 |      |        |
| 5   | 40 Samantha Buis              | DN3 | 1    | I    | 13.22 | PR   |        |
| 6   | 57 Esmee Monod de Froideville | DC2 | 1    | O    | 14.26 |      |        |

## 1. Rituitslag 100 meter

|   |    | Naam                 |                                   | Cat     |                                   | PR    | Tijd         | Info |
|---|----|----------------------|-----------------------------------|---------|-----------------------------------|-------|--------------|------|
| 1 | wt | 40                   | <b>Samantha Buis</b>              |         | DN3                               | 13.44 | <b>13.22</b> | PR   |
|   | rd | 57                   | <b>Esmee Monod de Froideville</b> |         | DC2                               |       | <b>14.26</b> |      |
|   |    | <u>Samantha Buis</u> |                                   |         | <u>Esmee Monod de Froideville</u> |       |              |      |
|   |    | 100m                 | 13.22                             | (13.22) | 100m                              | 14.26 | (14.26)      |      |

|   |    | Naam     |  | Cat |          | PR | Tijd | Info |
|---|----|----------|--|-----|----------|----|------|------|
| 2 | gl |          |  |     |          |    |      |      |
|   | bl |          |  |     |          |    |      |      |
|   |    | <u>m</u> |  |     | <u>m</u> |    |      |      |

|   |    | Naam                  |                       | Cat     |                    | PR    | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|--------------------|-------|--------------|------|
| 3 | wt | 27                    | <b>Stijn Nieuwold</b> |         | HC2                | 12.75 | <b>12.51</b> | PR   |
|   | rd | 44                    | <b>Nathan Baas</b>    |         | HB2                | 10.89 | <b>11.02</b> |      |
|   |    | <u>Stijn Nieuwold</u> |                       |         | <u>Nathan Baas</u> |       |              |      |
|   |    | 100m                  | 12.51                 | (12.51) | 100m               | 11.02 | (11.02)      |      |

|   |    | Naam                  |                       | Cat     |                       | PR    | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 4 | gl | 2                     | <b>Friso Broersma</b> |         | HC1                   | 12.83 | <b>11.88</b> | PR   |
|   | bl | 46                    | <b>Femke van Beek</b> |         | DC2                   | 12.85 | <b>12.93</b> |      |
|   |    | <u>Friso Broersma</u> |                       |         | <u>Femke van Beek</u> |       |              |      |
|   |    | 100m                  | 11.88                 | (11.88) | 100m                  | 12.93 | (12.93)      |      |

## 2. Uitslag 500 meter (500/1500)

| Pos | Naam              | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------|-----|------|------|-------|------|--------|
| 1   | 60 Tijmen Smit    | H40 | 9    | I    | 44.77 |      |        |
| 2   | 28 Rennie Verloop | H65 | 9    | O    | 45.90 |      |        |
| 3   | 3 Arend Holman    | HC2 | 10   | I    | 46.17 | PR   |        |
| 4   | 26 Alain Delmee   | HC2 | 10   | O    | 46.55 |      |        |
| 5   | 17 Cilia Roos     | DB2 | 8    | O    | 47.42 |      |        |
| 6   | 18 Dionne Nijziel | DA1 | 7    | O    | 52.40 |      |        |
| 7   | 8 Thomas Thijse   | HB2 | 7    | I    | 53.92 |      |        |
| 8   | 31 Elif Meijer    | DC2 | 5    | I    | 56.30 |      |        |
|     | 39 Amber Kuip     | DB1 |      |      |       | WDR  |        |

## 2. Rituitslag 500 meter (500/1500)

|   |    | Naam               |                    | Cat   |         | PR | Tijd  | Info         |
|---|----|--------------------|--------------------|-------|---------|----|-------|--------------|
| 5 | wt | 31                 | <b>Elif Meijer</b> |       | DC2     |    | 55.05 | <b>56.30</b> |
|   | rd |                    |                    |       |         |    |       |              |
|   |    | <u>Elif Meijer</u> |                    |       |         |    |       |              |
|   |    |                    | 100m               | 13.93 | (13.93) |    | m     |              |
|   |    |                    | 500m               | 56.30 | (42.37) |    |       |              |

|   |    | Naam |   | Cat |  | PR | Tijd | Info |
|---|----|------|---|-----|--|----|------|------|
| 6 | gl |      |   |     |  |    |      |      |
|   | bl |      |   |     |  |    |      |      |
|   |    |      | m |     |  |    | m    |      |

|   |    | Naam                   |                        | Cat   |         | PR | Tijd  | Info          |
|---|----|------------------------|------------------------|-------|---------|----|-------|---------------|
| 7 | wt | 8                      | <b>Thomas Thijssse</b> |       | HB2     |    | 50.17 | <b>53.92</b>  |
|   | rd | 18                     | <b>Dionne Nijziel</b>  |       | DA1     |    | 49.97 | <b>52.40</b>  |
|   |    | <u>Thomas Thijssse</u> |                        |       |         |    |       |               |
|   |    |                        | 100m                   | 14.06 | (14.06) |    | 100m  | 13.95 (13.95) |
|   |    |                        | 500m                   | 53.92 | (39.86) |    | 500m  | 52.40 (38.45) |
|   |    | <u>Dionne Nijziel</u>  |                        |       |         |    |       |               |

|   |    | Naam              |                   | Cat   |         | PR | Tijd  | Info         |
|---|----|-------------------|-------------------|-------|---------|----|-------|--------------|
| 8 | gl | 39                | <b>Amber Kuip</b> |       | DB1     |    | 50.38 | <b>WDR</b>   |
|   | bl | 17                | <b>Cilia Roos</b> |       | DB2     |    | 46.21 | <b>47.42</b> |
|   |    | <u>Amber Kuip</u> |                   |       |         |    |       |              |
|   |    | <u>Cilia Roos</u> |                   |       |         |    |       |              |
|   |    |                   | 100m              | 12.69 | (12.69) |    |       |              |
|   |    |                   | 500m              | 47.42 | (34.73) |    |       |              |

|   |    | Naam                  |                       | Cat   |         | PR | Tijd  | Info          |
|---|----|-----------------------|-----------------------|-------|---------|----|-------|---------------|
| 9 | wt | 60                    | <b>Tijmen Smit</b>    |       | H40     |    |       | <b>44.77</b>  |
|   | rd | 28                    | <b>Rennie Verloop</b> |       | H65     |    | 43.34 | <b>45.90</b>  |
|   |    | <u>Tijmen Smit</u>    |                       |       |         |    |       |               |
|   |    |                       | 100m                  | 11.89 | (11.89) |    | 100m  | 12.28 (12.28) |
|   |    |                       | 500m                  | 44.77 | (32.88) |    | 500m  | 45.90 (33.62) |
|   |    | <u>Rennie Verloop</u> |                       |       |         |    |       |               |

|    |    | Naam                |                     | Cat     |                     | PR    | Tijd         | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|--------------|------|
| 10 | gl | 3                   | <b>Arend Holman</b> |         | HC2                 | 46.34 | <b>46.17</b> | PR   |
|    | bl | 26                  | <b>Alain Delmee</b> |         | HC2                 | 45.04 | <b>46.55</b> |      |
|    |    | <b>Arend Holman</b> |                     |         | <b>Alain Delmee</b> |       |              |      |
|    |    | 100m                | 12.22               | (12.22) | 100m                | 12.37 | (12.37)      |      |
|    |    | 500m                | 46.17               | (33.95) | 500m                | 46.55 | (34.18)      |      |

## 3. Uitslag 500 meter (500/1000 & 500/3000)

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 52 Jan Mooijman       | HB2 | 30   | O    | 39.31   |      |        |
| 2   | 47 Sven Huizinga      | HB1 | 30   | I    | 39.75   |      |        |
| 3   | 41 Berend Bervoets    | HSA | 29   | O    | 40.44   |      |        |
| 4   | 51 Jurre Hoffer       | HA1 | 27   | O    | 40.66   |      |        |
| 5   | 45 Stefan Has         | HB2 | 28   | I    | 41.15   |      |        |
| 6   | 16 Nick Bootsveld     | HSA | 28   | O    | 41.58   |      |        |
| 7   | 55 David Baas         | HC2 | 29   | I    | 42.08   |      |        |
| 8   | 11 Anouk Karel        | DSA | 27   | I    | 42.68   |      |        |
| 9   | 14 Patrick Metselaar  | H40 | 25   | I    | 42.92   |      |        |
| 10  | 56 Lieke Huizink      | DB2 | 26   | I    | 42.98   |      |        |
| 11  | 54 Sofia Schilder     | DA1 | 25   | O    | 43.24   |      |        |
| 12  | 43 Jelle Buijsman     | HSA | 24   | I    | 43.32   |      |        |
| 13  | 20 Niek Kaan          | HC1 | 24   | O    | 43.73   |      |        |
| 14  | 59 Indy Veerman       | DB1 | 26   | O    | 44.35   |      |        |
| 15  | 12 Koen Veerman       | HC2 | 21   | I    | 44.40   |      |        |
| 16  | 13 Noa Petitjean      | DC2 | 23   | O    | 44.62   |      |        |
| 17  | 48 Sari Harder        | DB1 | 23   | I    | 44.88   |      |        |
| 18  | 61 Thijmen Postmus    | HA2 | 19   | O    | 45.22   |      |        |
| 19  | 6 Adão Buiten         | HA2 | 22   | I    | 45.41   |      |        |
| 20  | 58 Jarne Feenstra     | HC2 | 20   | I    | 45.50   | PR   |        |
| 21  | 37 Rosan Kuip         | DC2 | 21   | O    | 45.66   |      |        |
| 22  | 9 Merthe Boos         | DC2 | 22   | O    | 45.88   |      |        |
| 23  | 19 Selene Dekker      | DC1 | 19   | I    | 46.24   |      |        |
| 24  | 1 Jasper Molenaar     | HN3 | 18   | I    | 46.25   |      |        |
| 25  | 42 Taylor Bork        | DC2 | 20   | O    | 47.06   |      |        |
| 26  | 5 Daphne Geerligts    | DC1 | 16   | I    | 48.52   | PR   |        |
| 27  | 25 Fenny Neefjes      | DB1 | 17   | I    | 48.75   |      |        |
| 28  | 38 Thomas de Roo      | HB1 | 15   | I    | 49.75   |      |        |
| 29  | 30 Kick Wessels       | HB1 | 17   | O    | 50.57   |      |        |
| 30  | 49 Sanne Vriend       | DC2 | 15   | O    | 50.87   |      |        |
| 31  | 10 Jan de Jong        | H65 | 16   | O    | 50.93   |      |        |
| 32  | 32 Jasmijn Valenteijn | DC1 | 18   | O    | 51.03   |      |        |
| 33  | 21 Julia ter Hofstede | DB1 | 14   | O    | 53.21   |      |        |
| 34  | 22 Isa Tol            | DC2 | 13   | I    | 53.28   |      |        |
| 35  | 24 Casper Droog       | HC1 | 13   | O    | 53.51   |      |        |
| 36  | 15 Senna Niejenhuis   | HB2 | 11   | I    | 58.81   |      |        |
| 37  | 36 Lina van Pommeren  | DC1 | 14   | I    | 1:01.60 | FL   |        |

## 3. Rituitslag 500 meter (500/1000 & 500/3000)

|    |    | Naam                    |                         | Cat     |     | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-----|-------|--------------|------|
| 11 | wt | 15                      | <b>Senna Niejenhuis</b> |         | HB2 | 58.41 | <b>58.81</b> |      |
|    | rd |                         |                         |         |     |       |              |      |
|    |    | <b>Senna Niejenhuis</b> |                         |         |     |       |              |      |
|    |    | 100m                    | 14.14                   | (14.14) |     | m     |              |      |
|    |    | 500m                    | 58.81                   | (44.67) |     |       |              |      |

|    |    | Naam |   | Cat |  | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 12 | gl |      |   |     |  |    |      |      |
|    | bl |      |   |     |  |    |      |      |
|    |    |      | m |     |  | m  |      |      |

|    |    | Naam                |                     | Cat     |     | PR    | Tijd         | Info    |
|----|----|---------------------|---------------------|---------|-----|-------|--------------|---------|
| 13 | wt | 22                  | <b>Isa Tol</b>      |         | DC2 | 53.24 | <b>53.28</b> |         |
|    | rd | 24                  | <b>Casper Droog</b> |         | HC1 | 52.61 | <b>53.51</b> |         |
|    |    | <b>Isa Tol</b>      |                     |         |     |       |              |         |
|    |    | 100m                | 13.68               | (13.68) |     | 100m  | 13.06        | (13.06) |
|    |    | 500m                | 53.28               | (39.60) |     | 500m  | 53.51        | (40.45) |
|    |    | <b>Casper Droog</b> |                     |         |     |       |              |         |

|    |    | Naam                      |                           | Cat     |     | PR    | Tijd           | Info    |
|----|----|---------------------------|---------------------------|---------|-----|-------|----------------|---------|
| 14 | gl | 36                        | <b>Lina van Pommeren</b>  |         | DC1 | 56.30 | <b>1:01.60</b> | FL      |
|    | bl | 21                        | <b>Julia ter Hofstede</b> |         | DB1 | 51.66 | <b>53.21</b>   |         |
|    |    | <b>Lina van Pommeren</b>  |                           |         |     |       |                |         |
|    |    | 100m                      | 16.74                     | (16.74) |     | 100m  | 13.58          | (13.58) |
|    |    | 500m                      | 1:01.60                   | (44.86) |     | 500m  | 53.21          | (39.63) |
|    |    | <b>Julia ter Hofstede</b> |                           |         |     |       |                |         |

|    |    | Naam                 |                      | Cat     |     | PR    | Tijd         | Info    |
|----|----|----------------------|----------------------|---------|-----|-------|--------------|---------|
| 15 | wt | 38                   | <b>Thomas de Roo</b> |         | HB1 | 48.26 | <b>49.75</b> |         |
|    | rd | 49                   | <b>Sanne Vriend</b>  |         | DC2 | 49.48 | <b>50.87</b> |         |
|    |    | <b>Thomas de Roo</b> |                      |         |     |       |              |         |
|    |    | 100m                 | 13.08                | (13.08) |     | 100m  | 13.20        | (13.20) |
|    |    | 500m                 | 49.75                | (36.67) |     | 500m  | 50.87        | (37.67) |
|    |    | <b>Sanne Vriend</b>  |                      |         |     |       |              |         |

|    |    | Naam                   |                        |         | Cat                | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|--------------------|-------|--------------|------|
| 16 | gl | 5                      | <b>Daphne Geerligs</b> |         | DC1                | 48.62 | <b>48.52</b> | PR   |
|    | bl | 10                     | <b>Jan de Jong</b>     |         | H65                | 46.40 | <b>50.93</b> |      |
|    |    | <b>Daphne Geerligs</b> |                        |         | <b>Jan de Jong</b> |       |              |      |
|    |    | 100m                   | 12.54                  | (12.54) | 100m               | 13.43 | (13.43)      |      |
|    |    | 500m                   | 48.52                  | (35.98) | 500m               | 50.93 | (37.50)      |      |

|    |    | Naam                  |                       |         | Cat                 | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|--------------|------|
| 17 | wt | 25                    | <b>Fenny Neeffjes</b> |         | DB1                 | 47.86 | <b>48.75</b> |      |
|    | rd | 30                    | <b>Kick Wessels</b>   |         | HB1                 | 47.71 | <b>50.57</b> |      |
|    |    | <b>Fenny Neeffjes</b> |                       |         | <b>Kick Wessels</b> |       |              |      |
|    |    | 100m                  | 12.71                 | (12.71) | 100m                | 13.35 | (13.35)      |      |
|    |    | 500m                  | 48.75                 | (36.04) | 500m                | 50.57 | (37.22)      |      |

|    |    | Naam                   |                           |         | Cat                       | PR    | Tijd         | Info |
|----|----|------------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 18 | gl | 1                      | <b>Jasper Molenaar</b>    |         | HN3                       | 45.10 | <b>46.25</b> |      |
|    | bl | 32                     | <b>Jasmijn Valenteijn</b> |         | DC1                       | 47.80 | <b>51.03</b> |      |
|    |    | <b>Jasper Molenaar</b> |                           |         | <b>Jasmijn Valenteijn</b> |       |              |      |
|    |    | 100m                   | 12.25                     | (12.25) | 100m                      | 13.44 | (13.44)      |      |
|    |    | 500m                   | 46.25                     | (34.00) | 500m                      | 51.03 | (37.59)      |      |

|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 19 | wt | 19                   | <b>Selene Dekker</b>   |         | DC1                    | 45.09 | <b>46.24</b> |      |
|    | rd | 61                   | <b>Thijmen Postmus</b> |         | HA2                    | 44.23 | <b>45.22</b> |      |
|    |    | <b>Selene Dekker</b> |                        |         | <b>Thijmen Postmus</b> |       |              |      |
|    |    | 100m                 | 12.64                  | (12.64) | 100m                   | 12.21 | (12.21)      |      |
|    |    | 500m                 | 46.24                  | (33.60) | 500m                   | 45.22 | (33.01)      |      |

|    |    | Naam                  |                       |         | Cat                | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|--------------------|-------|--------------|------|
| 20 | gl | 58                    | <b>Jarne Feenstra</b> |         | HC2                | 46.28 | <b>45.50</b> | PR   |
|    | bl | 42                    | <b>Taylor Bork</b>    |         | DC2                | 45.46 | <b>47.06</b> |      |
|    |    | <b>Jarne Feenstra</b> |                       |         | <b>Taylor Bork</b> |       |              |      |
|    |    | 100m                  | 12.49                 | (12.49) | 100m               | 12.83 | (12.83)      |      |
|    |    | 500m                  | 45.50                 | (33.01) | 500m               | 47.06 | (34.23)      |      |



|    |    | Naam                |                     |         | Cat               |       |         | PR    | Tijd         | Info |  |
|----|----|---------------------|---------------------|---------|-------------------|-------|---------|-------|--------------|------|--|
| 21 | wt | 12                  | <b>Koen Veerman</b> |         | HC2               |       |         | 43.62 | <b>44.40</b> |      |  |
|    | rd | 37                  | <b>Rosan Kuip</b>   |         | DC2               |       |         | 43.47 | <b>45.66</b> |      |  |
|    |    | <b>Koen Veerman</b> |                     |         | <b>Rosan Kuip</b> |       |         |       |              |      |  |
|    |    | 100m                | 12.09               | (12.09) | 100m              | 12.15 | (12.15) |       |              |      |  |
|    |    | 500m                | 44.40               | (32.31) | 500m              | 45.66 | (33.51) |       |              |      |  |

|    |    | Naam               |                    |         | Cat                |       |         | PR    | Tijd         | Info |  |
|----|----|--------------------|--------------------|---------|--------------------|-------|---------|-------|--------------|------|--|
| 22 | gl | 6                  | <b>Adão Buiten</b> |         | HA2                |       |         | 44.94 | <b>45.41</b> |      |  |
|    | bl | 9                  | <b>Merthe Boos</b> |         | DC2                |       |         | 43.65 | <b>45.88</b> |      |  |
|    |    | <b>Adão Buiten</b> |                    |         | <b>Merthe Boos</b> |       |         |       |              |      |  |
|    |    | 100m               | 12.44              | (12.44) | 100m               | 12.03 | (12.03) |       |              |      |  |
|    |    | 500m               | 45.41              | (32.97) | 500m               | 45.88 | (33.85) |       |              |      |  |

|    |    | Naam               |                      |         | Cat                  |       |         | PR    | Tijd         | Info |  |
|----|----|--------------------|----------------------|---------|----------------------|-------|---------|-------|--------------|------|--|
| 23 | wt | 48                 | <b>Sari Harder</b>   |         | DB1                  |       |         | 43.24 | <b>44.88</b> |      |  |
|    | rd | 13                 | <b>Noa Petitjean</b> |         | DC2                  |       |         | 42.92 | <b>44.62</b> |      |  |
|    |    | <b>Sari Harder</b> |                      |         | <b>Noa Petitjean</b> |       |         |       |              |      |  |
|    |    | 100m               | 12.19                | (12.19) | 100m                 | 12.10 | (12.10) |       |              |      |  |
|    |    | 500m               | 44.88                | (32.69) | 500m                 | 44.62 | (32.52) |       |              |      |  |

|    |    | Naam                  |                       |         | Cat              |       |         | PR    | Tijd         | Info |  |
|----|----|-----------------------|-----------------------|---------|------------------|-------|---------|-------|--------------|------|--|
| 24 | gl | 43                    | <b>Jelle Buijsman</b> |         | HSA              |       |         | 40.07 | <b>43.32</b> |      |  |
|    | bl | 20                    | <b>Niek Kaan</b>      |         | HC1              |       |         | 42.59 | <b>43.73</b> |      |  |
|    |    | <b>Jelle Buijsman</b> |                       |         | <b>Niek Kaan</b> |       |         |       |              |      |  |
|    |    | 100m                  | 11.46                 | (11.46) | 100m             | 12.02 | (12.02) |       |              |      |  |
|    |    | 500m                  | 43.32                 | (31.86) | 500m             | 43.73 | (31.71) |       |              |      |  |

|    |    | Naam                     |                          |         | Cat                   |       |         | PR    | Tijd         | Info |  |
|----|----|--------------------------|--------------------------|---------|-----------------------|-------|---------|-------|--------------|------|--|
| 25 | wt | 14                       | <b>Patrick Metselaar</b> |         | H40                   |       |         | 40.90 | <b>42.92</b> |      |  |
|    | rd | 54                       | <b>Sofia Schilder</b>    |         | DA1                   |       |         | 41.83 | <b>43.24</b> |      |  |
|    |    | <b>Patrick Metselaar</b> |                          |         | <b>Sofia Schilder</b> |       |         |       |              |      |  |
|    |    | 100m                     | 12.01                    | (12.01) | 100m                  | 12.09 | (12.09) |       |              |      |  |
|    |    | 500m                     | 42.92                    | (30.91) | 500m                  | 43.24 | (31.15) |       |              |      |  |

|    |    | Naam                 |                      |         | Cat                 | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 26 | gl | 56                   | <b>Lieke Huizink</b> |         | DB2                 | 41.93 | <b>42.98</b> |      |
|    | bl | 59                   | <b>Indy Veerman</b>  |         | DB1                 | 42.59 | <b>44.35</b> |      |
|    |    | <b>Lieke Huizink</b> |                      |         | <b>Indy Veerman</b> |       |              |      |
|    |    | 100m                 | 11.97                | (11.97) | 100m                | 12.32 | (12.32)      |      |
|    |    | 500m                 | 42.98                | (31.01) | 500m                | 44.35 | (32.03)      |      |

|    |    | Naam               |                     |         | Cat                 | PR    | Tijd         | Info |
|----|----|--------------------|---------------------|---------|---------------------|-------|--------------|------|
| 27 | wt | 11                 | <b>Anouk Karel</b>  |         | DSA                 | 39.74 | <b>42.68</b> |      |
|    | rd | 51                 | <b>Jurre Hoffer</b> |         | HA1                 | 39.32 | <b>40.66</b> |      |
|    |    | <b>Anouk Karel</b> |                     |         | <b>Jurre Hoffer</b> |       |              |      |
|    |    | 100m               | 11.47               | (11.47) | 100m                | 11.00 | (11.00)      |      |
|    |    | 500m               | 42.68               | (31.21) | 500m                | 40.66 | (29.66)      |      |

|    |    | Naam              |                       |         | Cat                   | PR    | Tijd         | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 28 | gl | 45                | <b>Stefan Has</b>     |         | HB2                   | 39.85 | <b>41.15</b> |      |
|    | bl | 16                | <b>Nick Bootsveld</b> |         | HSA                   | 39.72 | <b>41.58</b> |      |
|    |    | <b>Stefan Has</b> |                       |         | <b>Nick Bootsveld</b> |       |              |      |
|    |    | 100m              | 11.42                 | (11.42) | 100m                  | 11.18 | (11.18)      |      |
|    |    | 500m              | 41.15                 | (29.73) | 500m                  | 41.58 | (30.40)      |      |

|    |    | Naam              |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|-------------------|------------------------|---------|------------------------|-------|--------------|------|
| 29 | wt | 55                | <b>David Baas</b>      |         | HC2                    | 39.18 | <b>42.08</b> |      |
|    | rd | 41                | <b>Berend Bervoets</b> |         | HSA                    | 38.22 | <b>40.44</b> |      |
|    |    | <b>David Baas</b> |                        |         | <b>Berend Bervoets</b> |       |              |      |
|    |    | 100m              | 11.57                  | (11.57) | 100m                   | 11.26 | (11.26)      |      |
|    |    | 500m              | 42.08                  | (30.51) | 500m                   | 40.44 | (29.18)      |      |

|    |    | Naam                 |                      |         | Cat                 | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 30 | gl | 47                   | <b>Sven Huizinga</b> |         | HB1                 | 39.16 | <b>39.75</b> |      |
|    | bl | 52                   | <b>Jan Mooijman</b>  |         | HB2                 | 37.93 | <b>39.31</b> |      |
|    |    | <b>Sven Huizinga</b> |                      |         | <b>Jan Mooijman</b> |       |              |      |
|    |    | 100m                 | 10.91                | (10.91) | 100m                | 10.92 | (10.92)      |      |
|    |    | 500m                 | 39.75                | (28.84) | 500m                | 39.31 | (28.39)      |      |

## 4. Uitslag 500 (100/500/300)

| Pos | Naam                          | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------------|-----|------|------|-------|------|--------|
| 1   | 44 Nathan Baas                | HB2 | 33   | O    | 41.91 |      |        |
| 2   | 2 Friso Broersma              | HC1 | 33   | I    | 46.42 |      |        |
| 3   | 46 Femke van Beek             | DC2 | 34   | I    | 49.75 |      |        |
| 4   | 40 Samantha Buis              | DN3 | 34   | O    | 51.42 |      |        |
| 5   | 27 Stijn Nieuwold             | HC2 | 31   | I    | 52.56 |      |        |
| 6   | 57 Esmee Monod de Froideville | DC2 | 31   | O    | 58.81 |      |        |

## 4. Rituitslag 500 (100/500/300)

|    |    | Naam                  |                                   | Cat     |                                   | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------------------|---------|-----------------------------------|-------|---------|--------------|------|
| 31 | wt | 27                    | <b>Stijn Nieuwold</b>             |         | HC2                               |       | 52.44   | <b>52.56</b> |      |
|    | rd | 57                    | <b>Esmee Monod de Froideville</b> |         | DC2                               |       |         | <b>58.81</b> |      |
|    |    | <b>Stijn Nieuwold</b> |                                   |         | <b>Esmee Monod de Froideville</b> |       |         |              |      |
|    |    | 100m                  | 13.06                             | (13.06) | 100m                              | 14.38 | (14.38) |              |      |
|    |    | 500m                  | 52.56                             | (39.50) | 500m                              | 58.81 | (44.43) |              |      |

|    |    | Naam |   | Cat |  | PR |  | Tijd | Info |
|----|----|------|---|-----|--|----|--|------|------|
| 32 | gl |      |   |     |  |    |  |      |      |
|    | bl |      |   |     |  |    |  |      |      |
|    |    |      | m |     |  |    |  |      |      |
|    |    |      |   |     |  |    |  |      |      |

|    |    | Naam                  |                       | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|--------------------|-------|---------|--------------|------|
| 33 | wt | 2                     | <b>Friso Broersma</b> |         | HC1                |       | 45.12   | <b>46.42</b> |      |
|    | rd | 44                    | <b>Nathan Baas</b>    |         | HB2                |       | 39.95   | <b>41.91</b> |      |
|    |    | <b>Friso Broersma</b> |                       |         | <b>Nathan Baas</b> |       |         |              |      |
|    |    | 100m                  | 12.18                 | (12.18) | 100m               | 11.28 | (11.28) |              |      |
|    |    | 500m                  | 46.42                 | (34.24) | 500m               | 41.91 | (30.63) |              |      |

|    |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 34 | gl | 46                    | <b>Femke van Beek</b> |         | DC2                  |       | 47.69   | <b>49.75</b> |      |
|    | bl | 40                    | <b>Samantha Buis</b>  |         | DN3                  |       | 48.43   | <b>51.42</b> |      |
|    |    | <b>Femke van Beek</b> |                       |         | <b>Samantha Buis</b> |       |         |              |      |
|    |    | 100m                  | 13.17                 | (13.17) | 100m                 | 13.49 | (13.49) |              |      |
|    |    | 500m                  | 49.75                 | (36.58) | 500m                 | 51.42 | (37.93) |              |      |

## 5. Uitslag 1500 meter

| Pos | Naam              | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1   | 28 Rennie Verloop | H65 | 39   | I    | 2:21.26 |      |        |
| 2   | 60 Tijmen Smit    | H40 | 35   | O    | 2:21.92 |      |        |
| 3   | 17 Cilia Roos     | DB2 | 40   | I    | 2:30.87 |      |        |
| 4   | 53 Evy de Wildt   | DB2 | 40   | O    | 2:31.19 |      |        |
| 5   | 26 Alain Delmee   | HC2 | 38   | I    | 2:32.64 |      |        |
| 6   | 3 Arend Holman    | HC2 | 39   | O    | 2:33.12 |      |        |
| 7   | 18 Dionne Nijziel | DA1 | 37   | I    | 2:51.47 |      |        |
| 8   | 8 Thomas Thijse   | HB2 | 38   | O    | 3:02.67 |      |        |
| 9   | 31 Elif Meijer    | DC2 | 35   | I    | 3:04.36 |      |        |
|     | 39 Amber Kuip     | DB1 |      |      |         | WDR  |        |

## 5. Rituitslag 1500 meter

|    |    | Naam                  | Cat | PR | Tijd           | Info |
|----|----|-----------------------|-----|----|----------------|------|
| 35 | wt | 31 <b>Elif Meijer</b> | DC2 |    | <b>3:04.36</b> |      |
|    | rd | 60 <b>Tijmen Smit</b> | H40 |    | <b>2:21.92</b> |      |

### Elif Meijer

|       |         |         |
|-------|---------|---------|
| 300m  | 37.04   | (37.04) |
| 700m  | 1:24.58 | (47.54) |
| 1100m | 2:14.76 | (50.18) |
| 1500m | 3:04.36 | (49.60) |

### Tijmen Smit

|       |         |         |
|-------|---------|---------|
| 300m  | 29.56   | (29.56) |
| 700m  | 1:05.45 | (35.89) |
| 1100m | 1:43.21 | (37.76) |
| 1500m | 2:21.92 | (38.71) |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 36 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |

m

m

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 37 | wt | 18 <b>Dionne Nijziel</b> | DA1 | 2:40.17 | <b>2:51.47</b> |      |
|    | rd | 39 <b>Amber Kuip</b>     | DB1 | 2:43.64 | <b>WDR</b>     |      |

### Dionne Nijziel

|       |         |         |
|-------|---------|---------|
| 300m  | 34.59   | (34.59) |
| 700m  | 1:15.98 | (41.39) |
| 1100m | 2:01.92 | (45.94) |
| 1500m | 2:51.47 | (49.55) |

### Amber Kuip

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 38 | gl | 26 <b>Alain Delmee</b>  | HC2 | 2:30.16 | <b>2:32.64</b> |      |
|    | bl | 8 <b>Thomas Thijsse</b> | HB2 | 2:47.78 | <b>3:02.67</b> |      |

### Alain Delmee

|       |         |         |
|-------|---------|---------|
| 300m  | 31.92   | (31.92) |
| 700m  | 1:08.78 | (36.86) |
| 1100m | 1:48.57 | (39.79) |
| 1500m | 2:32.64 | (44.07) |

### Thomas Thijsse

|       |         |         |
|-------|---------|---------|
| 300m  | 35.48   | (35.48) |
| 700m  | 1:21.75 | (46.27) |
| 1100m | 2:11.69 | (49.94) |
| 1500m | 3:02.67 | (50.98) |

|    |    | Naam                  |                       |         | Cat                 | PR      | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 39 | wt | 28                    | <b>Rennie Verloop</b> |         | H65                 | 2:10.56 | <b>2:21.26</b> |      |
|    | rd | 3                     | <b>Arend Holman</b>   |         | HC2                 | 2:28.05 | <b>2:33.12</b> |      |
|    |    | <b>Rennie Verloop</b> |                       |         | <b>Arend Holman</b> |         |                |      |
|    |    | 300m                  | 29.52                 | (29.52) | 300m                | 30.81   | (30.81)        |      |
|    |    | 700m                  | 1:04.69               | (35.17) | 700m                | 1:07.64 | (36.83)        |      |
|    |    | 1100m                 | 1:42.07               | (37.38) | 1100m               | 1:48.73 | (41.09)        |      |
|    |    | 1500m                 | 2:21.26               | (39.19) | 1500m               | 2:33.12 | (44.39)        |      |
|    |    | Naam                  |                       |         | Cat                 | PR      | Tijd           | Info |
| 40 | gl | 17                    | <b>Cilia Roos</b>     |         | DB2                 | 2:26.90 | <b>2:30.87</b> |      |
|    | bl | 53                    | <b>Evy de Wildt</b>   |         | DB2                 | 2:22.99 | <b>2:31.19</b> |      |
|    |    | <b>Cilia Roos</b>     |                       |         | <b>Evy de Wildt</b> |         |                |      |
|    |    | 300m                  | 31.43                 | (31.43) | 300m                | 30.29   | (30.29)        |      |
|    |    | 700m                  | 1:08.63               | (37.20) | 700m                | 1:07.61 | (37.32)        |      |
|    |    | 1100m                 | 1:49.17               | (40.54) | 1100m               | 1:49.11 | (41.50)        |      |
|    |    | 1500m                 | 2:30.87               | (41.70) | 1500m               | 2:31.19 | (42.08)        |      |

## 6. Uitslag 300 meter

| Pos | Naam                          | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------------|-----|------|------|-------|------|--------|
| 1   | 44 Nathan Baas                | HB2 | 43   | I    | 26.34 |      |        |
| 2   | 2 Friso Broersma              | HC1 | 44   | O    | 29.52 |      |        |
| 3   | 46 Femke van Beek             | DC2 | 44   | I    | 31.41 |      |        |
| 4   | 27 Stijn Nieuwold             | HC2 | 43   | O    | 32.59 |      |        |
| 5   | 40 Samantha Buis              | DN3 | 41   | O    | 32.64 | PR   |        |
| 6   | 57 Esmee Monod de Froideville | DC2 | 41   | I    | 36.07 |      |        |



## 6. Rituitslag 300 meter

|    |    | Naam                              |                                   | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|-----------------------------------|-----------------------------------|---------|----------------------|-------|---------|--------------|------|
| 41 | wt | 57                                | <b>Esmee Monod de Froideville</b> |         | DC2                  |       |         | <b>36.07</b> |      |
|    | rd | 40                                | <b>Samantha Buis</b>              |         | DN3                  | 33.20 |         | <b>32.64</b> | PR   |
|    |    | <u>Esmee Monod de Froideville</u> |                                   |         | <u>Samantha Buis</u> |       |         |              |      |
|    |    | 300m                              | 36.07                             | (36.07) | 300m                 | 32.64 | (32.64) |              |      |

|    |    | Naam     |  | Cat |          | PR |  | Tijd | Info |
|----|----|----------|--|-----|----------|----|--|------|------|
| 42 | gl |          |  |     |          |    |  |      |      |
|    | bl |          |  |     |          |    |  |      |      |
|    |    | <u>m</u> |  |     | <u>m</u> |    |  |      |      |

|    |    | Naam               |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|--------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 43 | wt | 44                 | <b>Nathan Baas</b>    |         | HB2                   | 25.57 |         | <b>26.34</b> |      |
|    | rd | 27                 | <b>Stijn Nieuwold</b> |         | HC2                   | 32.47 |         | <b>32.59</b> |      |
|    |    | <u>Nathan Baas</u> |                       |         | <u>Stijn Nieuwold</u> |       |         |              |      |
|    |    | 300m               | 26.34                 | (26.34) | 300m                  | 32.59 | (32.59) |              |      |

|    |    | Naam                  |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 44 | gl | 46                    | <b>Femke van Beek</b> |         | DC2                   | 30.72 |         | <b>31.41</b> |      |
|    | bl | 2                     | <b>Friso Broersma</b> |         | HC1                   | 28.63 |         | <b>29.52</b> |      |
|    |    | <u>Femke van Beek</u> |                       |         | <u>Friso Broersma</u> |       |         |              |      |
|    |    | 300m                  | 31.41                 | (31.41) | 300m                  | 29.52 | (29.52) |              |      |

## 7. Uitslag 3000 meter

| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1   | 41 Berend Bervoets | HSA | 48   | I    | 4:10.06 |      |        |
| 2   | 34 Stijn Vlieland  | HC2 | 48   | O    | 4:21.00 | TRC  |        |
| 3   | 16 Nick Bootsveld  | HSA | 47   | I    | 4:39.43 |      |        |
| 4   | 61 Thijmen Postmus | HA2 | 47   | O    | 5:26.86 |      |        |
| 5   | 10 Jan de Jong     | H65 | 45   | I    | 5:33.69 |      |        |

## 7. Rituitslag 3000 meter

|    |          | Naam                  | Cat | PR      | Tijd Info      |
|----|----------|-----------------------|-----|---------|----------------|
| 45 | wt<br>rd | 10 <b>Jan de Jong</b> | H65 | 4:52.06 | <b>5:33.69</b> |

### Jan de Jong

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 24.84   | (24.84) | m |
| 600m  | 1:05.60 | (40.76) |   |
| 1000m | 1:49.39 | (43.79) |   |
| 1400m | 2:34.14 | (44.75) |   |
| 1800m | 3:19.52 | (45.38) |   |
| 2200m | 4:03.96 | (44.44) |   |
| 2600m | 4:49.23 | (45.27) |   |
| 3000m | 5:33.69 | (44.46) |   |

|    |          | Naam | Cat | PR | Tijd Info |
|----|----------|------|-----|----|-----------|
| 46 | gl<br>bl |      |     |    |           |
|    |          |      | m   |    | m         |

|    |          | Naam                      | Cat | PR      | Tijd Info      |
|----|----------|---------------------------|-----|---------|----------------|
| 47 | wt<br>rd | 16 <b>Nick Bootsveld</b>  | HSA | 4:16.68 | <b>4:39.43</b> |
|    |          | 61 <b>Thijmen Postmus</b> | HA2 | 5:13.49 | <b>5:26.86</b> |

### Nick Bootsveld

|       |         |         |
|-------|---------|---------|
| 200m  | 21.39   | (21.39) |
| 600m  | 56.77   | (35.38) |
| 1000m | 1:33.43 | (36.66) |
| 1400m | 2:09.76 | (36.33) |
| 1800m | 2:46.55 | (36.79) |
| 2200m | 3:23.95 | (37.40) |
| 2600m | 4:01.71 | (37.76) |
| 3000m | 4:39.43 | (37.72) |

### Thijmen Postmus

|       |         |         |
|-------|---------|---------|
| 200m  | 23.67   | (23.67) |
| 600m  | 1:04.36 | (40.69) |
| 1000m | 1:44.02 | (39.66) |
| 1400m | 2:30.72 | (46.70) |
| 1800m | 3:13.33 | (42.61) |
| 2200m | 3:57.15 | (43.82) |
| 2600m | 4:41.99 | (44.84) |
| 3000m | 5:26.86 | (44.87) |

|    |    | Naam  |                        | Cat     |     | PR    | Tijd                  | Info               |
|----|----|-------|------------------------|---------|-----|-------|-----------------------|--------------------|
| 48 | gl | 41    | <b>Berend Bervoets</b> |         | HSA |       | 3:56.31               | <b>4:10.06</b>     |
|    | bl | 34    | <b>Stijn Vlieland</b>  |         | HC2 |       |                       | <b>4:21.00</b> TRC |
|    |    |       | <b>Berend Bervoets</b> |         |     |       | <b>Stijn Vlieland</b> |                    |
|    |    | 200m  | 20.44                  | (20.44) |     | 200m  | 20.08                 | (20.08)            |
|    |    | 600m  | 52.39                  | (31.95) |     | 600m  | 51.62                 | (31.54)            |
|    |    | 1000m | 1:24.12                | (31.73) |     | 1000m | 1:28.04               | (36.42)            |
|    |    | 1400m | 1:56.26                | (32.14) |     | 1400m | 1:59.50               | (31.46)            |
|    |    | 1800m | 2:28.93                | (32.67) |     | 1800m | 2:34.35               | (34.85)            |
|    |    | 2200m | 3:01.91                | (32.98) |     | 2200m | 3:09.66               | (35.31)            |
|    |    | 2600m | 3:35.40                | (33.49) |     | 2600m | 3:45.29               | (35.63)            |
|    |    | 3000m | 4:10.06                | (34.66) |     | 3000m | 4:21.00               | (35.71)            |

## 8. Uitslag 1000 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 51 Jurre Hoffer       | HA1 | 63   | I    | 1:21.52 |      |        |
| 2   | 52 Jan Mooijman       | HB2 | 66   | I    | 1:21.76 |      |        |
| 3   | 45 Stefan Has         | HB2 | 66   | O    | 1:23.19 |      |        |
| 4   | 14 Patrick Metselaar  | H40 | 62   | I    | 1:25.18 |      |        |
| 5   | 47 Sven Huizinga      | HB1 | 65   | I    | 1:25.68 |      |        |
| 6   | 55 David Baas         | HC2 | 63   | O    | 1:26.12 |      |        |
| 7   | 50 Jet Fransen        | DA2 | 64   | I    | 1:26.14 |      |        |
| 8   | 54 Sofia Schilder     | DA1 | 64   | O    | 1:27.64 |      |        |
| 9   | 11 Anouk Karel        | DSA | 62   | O    | 1:27.93 |      |        |
| 10  | 43 Jelle Buijsman     | HSA | 65   | O    | 1:28.01 |      |        |
| 11  | 12 Koen Veerman       | HC2 | 59   | O    | 1:28.91 |      |        |
| 12  | 20 Niek Kaan          | HC1 | 60   | I    | 1:29.67 |      |        |
| 13  | 58 Jarne Feenstra     | HC2 | 55   | I    | 1:31.15 | PR   |        |
| 14  | 13 Noa Petitjean      | DC2 | 61   | I    | 1:31.85 |      |        |
| 15  | 59 Indy Veerman       | DB1 | 61   | O    | 1:32.45 |      |        |
| 16  | 1 Jasper Molenaar     | HN3 | 56   | O    | 1:32.94 | PR   |        |
| 17  | 37 Rosan Kuip         | DC2 | 59   | I    | 1:33.29 |      |        |
| 18  | 48 Sari Harder        | DB1 | 60   | O    | 1:33.34 |      |        |
| 19  | 19 Selene Dekker      | DC1 | 57   | I    | 1:33.81 |      |        |
| 20  | 6 Adão Buiten         | HA2 | 57   | O    | 1:35.12 |      |        |
| 21  | 42 Taylor Bork        | DC2 | 58   | I    | 1:35.99 |      |        |
| 22  | 25 Fenny Neefjes      | DB1 | 54   | I    | 1:39.68 | PR   |        |
| 23  | 5 Daphne Geerligts    | DC1 | 53   | O    | 1:39.84 | PR   |        |
| 24  | 30 Kick Wessels       | HB1 | 55   | O    | 1:40.79 |      |        |
| 25  | 38 Thomas de Roo      | HB1 | 51   | I    | 1:44.27 |      |        |
| 26  | 32 Jasmijn Valenteijn | DC1 | 56   | I    | 1:46.21 |      |        |
| 27  | 21 Julia ter Hofstede | DB1 | 51   | O    | 1:46.45 | PR   |        |
| 28  | 9 Merthe Boos         | DC2 | 58   | O    | 1:48.88 | FL   |        |
| 29  | 22 Isa Tol            | DC2 | 54   | O    | 1:49.83 |      |        |
| 30  | 49 Sanne Vriend       | DC2 | 53   | I    | 1:50.45 |      |        |
| 31  | 24 Casper Droog       | HC1 | 52   | I    | 1:51.23 |      |        |
| 32  | 15 Senna Niejenhuis   | HB2 | 49   | I    | 2:16.26 |      |        |
|     | 36 Lina van Pommeren  | DC1 |      |      |         | WDR  |        |

## 8. Rituitslag 1000 meter

|    |          | Naam                       | Cat | PR      | Tijd Info      |
|----|----------|----------------------------|-----|---------|----------------|
| 49 | wt<br>rd | 15 <b>Senna Niejenhuis</b> | HB2 | 2:14.66 | <b>2:16.26</b> |

### Senna Niejenhuis

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 28.16   | (28.16) | m |
| 600m  | 1:18.56 | (50.40) |   |
| 1000m | 2:16.26 | (57.70) |   |

|    |          | Naam | Cat | PR | Tijd Info |
|----|----------|------|-----|----|-----------|
| 50 | gl<br>bl |      |     |    |           |
|    |          |      |     |    |           |

|    |    | Naam                         | Cat | PR                        | Tijd Info         |
|----|----|------------------------------|-----|---------------------------|-------------------|
| 51 | wt | 38 <b>Thomas de Roo</b>      | HB1 | 1:40.27                   | <b>1:44.27</b>    |
|    | rd | 21 <b>Julia ter Hofstede</b> | DB1 | 1:47.99                   | <b>1:46.45</b> PR |
|    |    | <b>Thomas de Roo</b>         |     | <b>Julia ter Hofstede</b> |                   |
|    |    | 200m 22.82 (22.82)           |     | 200m 24.21 (24.21)        |                   |
|    |    | 600m 1:02.81 (39.99)         |     | 600m 1:04.11 (39.90)      |                   |
|    |    | 1000m 1:44.27 (41.46)        |     | 1000m 1:46.45 (42.34)     |                   |

|    |    | Naam                        | Cat | PR                       | Tijd Info      |
|----|----|-----------------------------|-----|--------------------------|----------------|
| 52 | gl | 24 <b>Casper Droog</b>      | HC1 | 1:50.56                  | <b>1:51.23</b> |
|    | bl | 36 <b>Lina van Pommeren</b> | DC1 | 2:00.13                  | <b>WDR</b>     |
|    |    | <b>Casper Droog</b>         |     | <b>Lina van Pommeren</b> |                |
|    |    | 200m 24.39 (24.39)          |     |                          |                |
|    |    | 600m 1:06.47 (42.08)        |     |                          |                |
|    |    | 1000m 1:51.23 (44.76)       |     |                          |                |

|    |    | Naam                     | Cat     |         | PR                     | Tijd           | Info    |
|----|----|--------------------------|---------|---------|------------------------|----------------|---------|
| 53 | wt | 49 <b>Sanne Vriend</b>   | DC2     |         | 1:42.34                | <b>1:50.45</b> |         |
|    | rd | 5 <b>Daphne Geerligs</b> | DC1     |         | 1:42.57                | <b>1:39.84</b> | PR      |
|    |    | <b>Sanne Vriend</b>      |         |         | <b>Daphne Geerligs</b> |                |         |
|    |    | 200m                     | 23.74   | (23.74) | 200m                   | 22.65          | (22.65) |
|    |    | 600m                     | 1:04.43 | (40.69) | 600m                   | 1:00.59        | (37.94) |
|    |    | 1000m                    | 1:50.45 | (46.02) | 1000m                  | 1:39.84        | (39.25) |

|    |    | Naam                    | Cat     |         | PR             | Tijd           | Info    |
|----|----|-------------------------|---------|---------|----------------|----------------|---------|
| 54 | gl | 25 <b>Fenny Neefjes</b> | DB1     |         | 1:41.28        | <b>1:39.68</b> | PR      |
|    | bl | 22 <b>Isa Tol</b>       | DC2     |         | 1:47.83        | <b>1:49.83</b> |         |
|    |    | <b>Fenny Neefjes</b>    |         |         | <b>Isa Tol</b> |                |         |
|    |    | 200m                    | 22.51   | (22.51) | 200m           | 25.41          | (25.41) |
|    |    | 600m                    | 1:00.35 | (37.84) | 600m           | 1:06.28        | (40.87) |
|    |    | 1000m                   | 1:39.68 | (39.33) | 1000m          | 1:49.83        | (43.55) |

|    |    | Naam                     | Cat     |         | PR                  | Tijd           | Info    |
|----|----|--------------------------|---------|---------|---------------------|----------------|---------|
| 55 | wt | 58 <b>Jarne Feenstra</b> | HC2     |         | 1:32.78             | <b>1:31.15</b> | PR      |
|    | rd | 30 <b>Kick Wessels</b>   | HB1     |         | 1:40.30             | <b>1:40.79</b> |         |
|    |    | <b>Jarne Feenstra</b>    |         |         | <b>Kick Wessels</b> |                |         |
|    |    | 200m                     | 21.38   | (21.38) | 200m                | 22.90          | (22.90) |
|    |    | 600m                     | 55.46   | (34.08) | 600m                | 1:00.74        | (37.84) |
|    |    | 1000m                    | 1:31.15 | (35.69) | 1000m               | 1:40.79        | (40.05) |

|    |    | Naam                         | Cat     |         | PR                     | Tijd           | Info    |
|----|----|------------------------------|---------|---------|------------------------|----------------|---------|
| 56 | gl | 32 <b>Jasmijn Valenteijn</b> | DC1     |         | 1:39.87                | <b>1:46.21</b> |         |
|    | bl | 1 <b>Jasper Molenaar</b>     | HN3     |         | 1:33.57                | <b>1:32.94</b> | PR      |
|    |    | <b>Jasmijn Valenteijn</b>    |         |         | <b>Jasper Molenaar</b> |                |         |
|    |    | 200m                         | 23.92   | (23.92) | 200m                   | 20.94          | (20.94) |
|    |    | 600m                         | 1:03.76 | (39.84) | 600m                   | 55.36          | (34.42) |
|    |    | 1000m                        | 1:46.21 | (42.45) | 1000m                  | 1:32.94        | (37.58) |

|    |    | Naam                 |                      |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 57 | wt | 19                   | <b>Selene Dekker</b> |         | DC1                |         |         | 1:30.65 | <b>1:33.81</b> |      |
|    | rd | 6                    | <b>Adão Buiten</b>   |         | HA2                |         |         | 1:32.09 | <b>1:35.12</b> |      |
|    |    | <b>Selene Dekker</b> |                      |         | <b>Adão Buiten</b> |         |         |         |                |      |
|    |    | 200m                 | 21.46                | (21.46) | 200m               | 22.05   | (22.05) |         |                |      |
|    |    | 600m                 | 55.96                | (34.50) | 600m               | 57.19   | (35.14) |         |                |      |
|    |    | 1000m                | 1:33.81              | (37.85) | 1000m              | 1:35.12 | (37.93) |         |                |      |

|    |    | Naam               |                    |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|--------------------|--------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 58 | gl | 42                 | <b>Taylor Bork</b> |         | DC2                |         |         | 1:31.05 | <b>1:35.99</b> |      |
|    | bl | 9                  | <b>Merthe Boos</b> |         | DC2                |         |         | 1:29.49 | <b>1:48.88</b> | FL   |
|    |    | <b>Taylor Bork</b> |                    |         | <b>Merthe Boos</b> |         |         |         |                |      |
|    |    | 200m               | 21.94              | (21.94) | 200m               | 22.91   | (22.91) |         |                |      |
|    |    | 600m               | 57.12              | (35.18) | 600m               | 1:09.20 | (46.29) |         |                |      |
|    |    | 1000m              | 1:35.99            | (38.87) | 1000m              | 1:48.88 | (39.68) |         |                |      |

|    |    | Naam              |                     |         | Cat                 |         |         | PR      | Tijd           | Info |
|----|----|-------------------|---------------------|---------|---------------------|---------|---------|---------|----------------|------|
| 59 | wt | 37                | <b>Rosan Kuip</b>   |         | DC2                 |         |         | 1:27.19 | <b>1:33.29</b> |      |
|    | rd | 12                | <b>Koen Veerman</b> |         | HC2                 |         |         | 1:27.05 | <b>1:28.91</b> |      |
|    |    | <b>Rosan Kuip</b> |                     |         | <b>Koen Veerman</b> |         |         |         |                |      |
|    |    | 200m              | 21.03               | (21.03) | 200m                | 20.91   | (20.91) |         |                |      |
|    |    | 600m              | 55.88               | (34.85) | 600m                | 53.56   | (32.65) |         |                |      |
|    |    | 1000m             | 1:33.29             | (37.41) | 1000m               | 1:28.91 | (35.35) |         |                |      |

|    |    | Naam             |                    |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|------------------|--------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 60 | gl | 20               | <b>Niek Kaan</b>   |         | HC1                |         |         | 1:25.77 | <b>1:29.67</b> |      |
|    | bl | 48               | <b>Sari Harder</b> |         | DB1                |         |         | 1:25.24 | <b>1:33.34</b> |      |
|    |    | <b>Niek Kaan</b> |                    |         | <b>Sari Harder</b> |         |         |         |                |      |
|    |    | 200m             | 20.76              | (20.76) | 200m               | 21.53   | (21.53) |         |                |      |
|    |    | 600m             | 53.88              | (33.12) | 600m               | 54.22   | (32.69) |         |                |      |
|    |    | 1000m            | 1:29.67            | (35.79) | 1000m              | 1:33.34 | (39.12) |         |                |      |



|    |    | Naam                    | Cat     |         | PR                  | Tijd           | Info    |
|----|----|-------------------------|---------|---------|---------------------|----------------|---------|
| 61 | wt | 13 <b>Noa Petitjean</b> | DC2     |         | 1:25.68             | <b>1:31.85</b> |         |
|    | rd | 59 <b>Indy Veerman</b>  | DB1     |         | 1:25.43             | <b>1:32.45</b> |         |
|    |    | <b>Noa Petitjean</b>    |         |         | <b>Indy Veerman</b> |                |         |
|    |    | 200m                    | 20.92   | (20.92) | 200m                | 21.09          | (21.09) |
|    |    | 600m                    | 54.80   | (33.88) | 600m                | 53.57          | (32.48) |
|    |    | 1000m                   | 1:31.85 | (37.05) | 1000m               | 1:32.45        | (38.88) |

|    |    | Naam                        | Cat     |         | PR                 | Tijd           | Info    |
|----|----|-----------------------------|---------|---------|--------------------|----------------|---------|
| 62 | gl | 14 <b>Patrick Metselaar</b> | H40     |         | 1:23.06            | <b>1:25.18</b> |         |
|    | bl | 11 <b>Anouk Karel</b>       | DSA     |         | 1:19.76            | <b>1:27.93</b> |         |
|    |    | <b>Patrick Metselaar</b>    |         |         | <b>Anouk Karel</b> |                |         |
|    |    | 200m                        | 20.40   | (20.40) | 200m               | 20.00          | (20.00) |
|    |    | 600m                        | 51.75   | (31.35) | 600m               | 52.44          | (32.44) |
|    |    | 1000m                       | 1:25.18 | (33.43) | 1000m              | 1:27.93        | (35.49) |

|    |    | Naam                   | Cat     |         | PR                | Tijd           | Info    |
|----|----|------------------------|---------|---------|-------------------|----------------|---------|
| 63 | wt | 51 <b>Jurre Hoffer</b> | HA1     |         | 1:21.03           | <b>1:21.52</b> |         |
|    | rd | 55 <b>David Baas</b>   | HC2     |         | 1:19.74           | <b>1:26.12</b> |         |
|    |    | <b>Jurre Hoffer</b>    |         |         | <b>David Baas</b> |                |         |
|    |    | 200m                   | 18.81   | (18.81) | 200m              | 19.29          | (19.29) |
|    |    | 600m                   | 48.97   | (30.16) | 600m              | 50.31          | (31.02) |
|    |    | 1000m                  | 1:21.52 | (32.55) | 1000m             | 1:26.12        | (35.81) |

|    |    | Naam                     | Cat     |         | PR                    | Tijd           | Info    |
|----|----|--------------------------|---------|---------|-----------------------|----------------|---------|
| 64 | gl | 50 <b>Jet Fransen</b>    | DA2     |         | 1:22.50               | <b>1:26.14</b> |         |
|    | bl | 54 <b>Sofia Schilder</b> | DA1     |         | 1:23.61               | <b>1:27.64</b> |         |
|    |    | <b>Jet Fransen</b>       |         |         | <b>Sofia Schilder</b> |                |         |
|    |    | 200m                     | 20.16   | (20.16) | 200m                  | 20.90          | (20.90) |
|    |    | 600m                     | 51.63   | (31.47) | 600m                  | 53.12          | (32.22) |
|    |    | 1000m                    | 1:26.14 | (34.51) | 1000m                 | 1:27.64        | (34.52) |

|    |    | Naam                 |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 65 | wt | 47                   | <b>Sven Huizinga</b>  |         | HB1                   | 1:15.92 | <b>1:25.68</b> |      |
|    | rd | 43                   | <b>Jelle Buijsman</b> |         | HSA                   | 1:18.60 | <b>1:28.01</b> |      |
|    |    | <b>Sven Huizinga</b> |                       |         | <b>Jelle Buijsman</b> |         |                |      |
|    |    | 200m                 | 18.63                 | (18.63) | 200m                  | 19.68   | (19.68)        |      |
|    |    | 600m                 | 47.92                 | (29.29) | 600m                  | 52.17   | (32.49)        |      |
|    |    | 1000m                | 1:25.68               | (37.76) | 1000m                 | 1:28.01 | (35.84)        |      |

|    |    | Naam                |                     |         | Cat               | PR      | Tijd           | Info |
|----|----|---------------------|---------------------|---------|-------------------|---------|----------------|------|
| 66 | gl | 52                  | <b>Jan Mooijman</b> |         | HB2               | 1:14.62 | <b>1:21.76</b> |      |
|    | bl | 45                  | <b>Stefan Has</b>   |         | HB2               | 1:17.43 | <b>1:23.19</b> |      |
|    |    | <b>Jan Mooijman</b> |                     |         | <b>Stefan Has</b> |         |                |      |
|    |    | 200m                | 18.36               | (18.36) | 200m              | 19.34   | (19.34)        |      |
|    |    | 600m                | 46.51               | (28.15) | 600m              | 49.01   | (29.67)        |      |
|    |    | 1000m               | 1:21.76             | (35.25) | 1000m             | 1:23.19 | (34.18)        |      |