

1. Uitslag Iedereen 500 met 500

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 25 Sander van Holland | H45 | 8 | O | 44.78 | | |
| 2 | 26 Quinty Breij | DN1 | 7 | I | 47.08 | | |
| 3 | 4 Hiba Pals | DPA | 7 | O | 49.00 | | |
| 4 | 30 Maartje van Dijck | DC1 | 8 | I | 50.36 | | |
| 5 | 21 Bregje Nafzger | DC2 | 6 | I | 53.33 | PR | |
| 6 | 27 Isabel Segers | DC1 | 6 | O | 54.35 | | |
| 7 | 46 Jojanneke den Hartog | DPC | 5 | O | 56.37 | PR | |
| 8 | 17 Lena Westra | DPC | 5 | I | 59.71 | PR | |
| 9 | 13 Neel Geurts | DPC | 3 | O | 1:01.97 | PR | |
| 10 | 10 Sep Wijten | HC1 | 3 | I | 1:02.74 | PR | |
| 11 | 12 Joyce de Bel | DPC | 4 | O | 1:05.09 | PR | |
| 12 | 18 Grete Svea Brehmer | DPA | 4 | I | 1:05.21 | | |
| 13 | 37 Floor Vogelaar | DPC | 2 | I | 1:07.56 | | |
| 14 | 35 Giorgia Dingemans | DPE | 2 | O | 1:07.67 | PR | |
| 15 | 32 Juul Oggel | DPC | 1 | I | 1:08.22 | | |

1. Rituitslag Iedereen 500 met 500

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------|-------------------|---------|-----|----|---------|----------------|
| 1 | wt | 32 | Juul Oggel | | DPC | | 1:07.75 | 1:08.22 |
| | rd | | | | | | | |
| | | <u>Juul Oggel</u> | | | | | | |
| | | 100m | 15.79 | (15.79) | | m | | |
| | | 500m | 1:08.22 | (52.43) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|------|---------|-------------------|
| 2 | gl | 37 | Floor Vogelaar | | DPC | | | 1:07.56 |
| | bl | 35 | Giorgia Dingemans | | DPE | | | 1:07.67 PR |
| | | <u>Floor Vogelaar</u> | | | | | | |
| | | 100m | 15.39 | (15.39) | | 100m | 15.55 | (15.55) |
| | | 500m | 1:07.56 | (52.17) | | 500m | 1:07.67 | (52.12) |
| | | <u>Giorgia Dingemans</u> | | | | | | |
| | | 100m | 15.55 | (15.55) | | 100m | 15.55 | (15.55) |
| | | 500m | 1:07.67 | (52.12) | | 500m | 1:07.67 | (52.12) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------|--------------------|---------|-----|------|---------|-------------------|
| 3 | wt | 10 | Sep Wijten | | HC1 | | 1:03.48 | 1:02.74 PR |
| | rd | 13 | Neel Geurts | | DPC | | 1:03.73 | 1:01.97 PR |
| | | <u>Sep Wijten</u> | | | | | | |
| | | 100m | 14.86 | (14.86) | | 100m | 14.27 | (14.27) |
| | | 500m | 1:02.74 | (47.88) | | 500m | 1:01.97 | (47.70) |
| | | <u>Neel Geurts</u> | | | | | | |
| | | 100m | 14.27 | (14.27) | | 100m | 14.27 | (14.27) |
| | | 500m | 1:01.97 | (47.70) | | 500m | 1:01.97 | (47.70) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------------|---------------------------|---------|-----|------|---------|-------------------|
| 4 | gl | 18 | Grete Svea Brehmer | | DPA | | 1:03.46 | 1:05.21 |
| | bl | 12 | Joyce de Bel | | DPC | | 1:07.70 | 1:05.09 PR |
| | | <u>Grete Svea Brehmer</u> | | | | | | |
| | | 100m | 15.20 | (15.20) | | 100m | 15.32 | (15.32) |
| | | 500m | 1:05.21 | (50.01) | | 500m | 1:05.09 | (49.77) |
| | | <u>Joyce de Bel</u> | | | | | | |
| | | 100m | 15.32 | (15.32) | | 100m | 15.32 | (15.32) |
| | | 500m | 1:05.09 | (49.77) | | 500m | 1:05.09 | (49.77) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------------|-----------------------------|---------|-----|------|---------|-----------------|
| 5 | wt | 17 | Lena Westra | | DPC | | 1:00.43 | 59.71 PR |
| | rd | 46 | Jojanneke den Hartog | | DPC | | 1:00.92 | 56.37 PR |
| | | <u>Lena Westra</u> | | | | | | |
| | | 100m | 14.33 | (14.33) | | 100m | 13.98 | (13.98) |
| | | 500m | 59.71 | (45.38) | | 500m | 56.37 | (42.39) |
| | | <u>Jojanneke den Hartog</u> | | | | | | |
| | | 100m | 13.98 | (13.98) | | 100m | 13.98 | (13.98) |
| | | 500m | 56.37 | (42.39) | | 500m | 56.37 | (42.39) |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|------------------------------|-------|---------|---------------------------|-------|--------------|------|
| 6 | gl | 21 Bregje Nafzger | | | DC2 | 54.25 | 53.33 | PR |
| | bl | 27 Isabel Segers | | | DC1 | 54.01 | 54.35 | |
| | | Bregje Nafzger | | | Isabel Segers | | | |
| | | 100m | 13.81 | (13.81) | 100m | 14.25 | (14.25) | |
| | | 500m | 53.33 | (39.52) | 500m | 54.35 | (40.10) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 7 | wt | 26 Quinty Breij | | | DN1 | 46.14 | 47.08 | |
| | rd | 4 Hiba Pals | | | DPA | 48.31 | 49.00 | |
| | | Quinty Breij | | | Hiba Pals | | | |
| | | 100m | 12.49 | (12.49) | 100m | 13.05 | (13.05) | |
| | | 500m | 47.08 | (34.59) | 500m | 49.00 | (35.95) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 8 | gl | 30 Maartje van Dijck | | | DC1 | 50.22 | 50.36 | |
| | bl | 25 Sander van Holland | | | H45 | 44.13 | 44.78 | |
| | | Maartje van Dijck | | | Sander van Holland | | | |
| | | 100m | 13.13 | (13.13) | 100m | 12.12 | (12.12) | |
| | | 500m | 50.36 | (37.23) | 500m | 44.78 | (32.66) | |

2. Uitslag Iedereen 500 met 1000

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1 | 38 Tom van Dijck | HA1 | 21 | O | 42.43 | | |
| 2 | 39 Sem Boon | HN1 | 21 | I | 42.56 | | |
| 3 | 44 Sep de Kraker | HPA | 22 | O | 43.50 | | |
| 4 | 24 Wenzel Zeegers | H50 | 22 | I | 44.92 | | |
| 5 | 40 Lars Boon | HB2 | 20 | I | 46.13 | | |
| 6 | 19 Anouk Cosijn | DA2 | 19 | O | 46.40 | | |
| 7 | 28 Carlijn Oude Vrielink | DN1 | 19 | I | 46.89 | | |
| 8 | 20 Chantal Herms | D45 | 20 | O | 47.25 | | |
| 9 | 22 Maud Mastenbroek | DB1 | 17 | I | 48.16 | | |
| 10 | 47 Yasmine Pals | DC2 | 17 | O | 48.90 | | |
| 11 | 7 Gerard Adolfse | H55 | 15 | O | 50.69 | | |
| 12 | 50 Naomi Segers | DPB | 18 | I | 50.84 | | |
| 13 | 11 Sven de Waijer | H55 | 16 | O | 51.23 | | |
| 14 | 33 Hans Bakker | H60 | 14 | O | 51.41 | PR | |
| 15 | 45 Jouke den Hartog | HPA | 15 | I | 51.53 | | |
| 16 | 23 Bauke de Winter | HB1 | 13 | O | 51.75 | PR | |
| 17 | 2 Bram Morel | HC1 | 13 | I | 51.80 | PR | |
| 18 | 29 Tamar Wolters | DC1 | 18 | O | 52.50 | | |
| 19 | 43 Djim Spierings | HPB | 14 | I | 52.80 | PR | |
| 20 | 1 Fenne Smit | DPB | 16 | I | 53.88 | | |
| 21 | 15 Thijs Severijn | HC1 | 11 | O | 55.26 | | |
| 22 | 8 Jip van Deijck | DC2 | 12 | I | 57.57 | PR | |
| 23 | 6 Zoé van de Laar | DPA | 12 | O | 58.11 | PR | |
| 24 | 42 Zepp Spierings | HC1 | 11 | I | 59.69 | | |
| 25 | 3 Damla Cakar | DPB | 9 | O | 1:03.76 | | |
| 26 | 49 Juultje Jacobs | DPB | 9 | I | 1:05.99 | PR | |

2. Rituitslag Iedereen 500 met 1000

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|--------------------|---------|----------------|------|
| 9 | wt | 49 | Juultje Jacobs | | DPB | 1:10.56 | 1:05.99 | PR |
| | rd | 3 | Damla Cakar | | DPB | 1:03.56 | 1:03.76 | |
| | | Juultje Jacobs | | | Damla Cakar | | | |
| | | 100m | 15.33 | (15.33) | 100m | 14.82 | (14.82) | |
| | | 500m | 1:05.99 | (50.66) | 500m | 1:03.76 | (48.94) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 10 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | | |
| | | | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 11 | wt | 42 | Zepp Spierings | | HC1 | 58.31 | 59.69 | |
| | rd | 15 | Thijs Severijn | | HC1 | 54.02 | 55.26 | |
| | | Zepp Spierings | | | Thijs Severijn | | | |
| | | 100m | 14.59 | (14.59) | 100m | 14.39 | (14.39) | |
| | | 500m | 59.69 | (45.10) | 500m | 55.26 | (40.87) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|------------------------|---------|------------------------|---------|--------------|------|
| 12 | gl | 8 | Jip van Deijck | | DC2 | 58.33 | 57.57 | PR |
| | bl | 6 | Zoé van de Laar | | DPA | 1:01.56 | 58.11 | PR |
| | | Jip van Deijck | | | Zoé van de Laar | | | |
| | | 100m | 14.66 | (14.66) | 100m | 14.61 | (14.61) | |
| | | 500m | 57.57 | (42.91) | 500m | 58.11 | (43.50) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|------------------------|---------|------------------------|-------|--------------|------|
| 13 | wt | 2 | Bram Morel | | HC1 | 52.21 | 51.80 | PR |
| | rd | 23 | Bauke de Winter | | HB1 | 53.06 | 51.75 | PR |
| | | Bram Morel | | | Bauke de Winter | | | |
| | | 100m | 13.18 | (13.18) | 100m | 13.32 | (13.32) | |
| | | 500m | 51.80 | (38.62) | 500m | 51.75 | (38.43) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-------|---------|-------|--------------------|---------|
| 14 | gl | 43 | Djim Spierings | | HPB | 53.38 | 52.80 | PR |
| | bl | 33 | Hans Bakker | | H60 | 51.59 | 51.41 | PR |
| | | | Djim Spierings | | | | Hans Bakker | |
| | | | 100m | 13.89 | (13.89) | 100m | 14.04 | (14.04) |
| | | | 500m | 52.80 | (38.91) | 500m | 51.41 | (37.37) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|-----------------------|---------|
| 15 | wt | 45 | Jouke den Hartog | | HPA | 51.36 | 51.53 | |
| | rd | 7 | Gerard Adolfse | | H55 | 47.34 | 50.69 | |
| | | | Jouke den Hartog | | | | Gerard Adolfse | |
| | | | 100m | 13.19 | (13.19) | 100m | 13.79 | (13.79) |
| | | | 500m | 51.53 | (38.34) | 500m | 50.69 | (36.90) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-------|---------|-------|-----------------------|---------|
| 16 | gl | 1 | Fenne Smit | | DPB | 52.14 | 53.88 | |
| | bl | 11 | Sven de Waijer | | H55 | 49.56 | 51.23 | |
| | | | Fenne Smit | | | | Sven de Waijer | |
| | | | 100m | 13.90 | (13.90) | 100m | 13.88 | (13.88) |
| | | | 500m | 53.88 | (39.98) | 500m | 51.23 | (37.35) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|---------------------|---------|
| 17 | wt | 22 | Maud Mastenbroek | | DB1 | 47.52 | 48.16 | |
| | rd | 47 | Yasmine Pals | | DC2 | 47.95 | 48.90 | |
| | | | Maud Mastenbroek | | | | Yasmine Pals | |
| | | | 100m | 12.90 | (12.90) | 100m | 12.98 | (12.98) |
| | | | 500m | 48.16 | (35.26) | 500m | 48.90 | (35.92) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|----------------------|-------|---------|-------|----------------------|---------|
| 18 | gl | 50 | Naomi Segers | | DPB | 49.61 | 50.84 | |
| | bl | 29 | Tamar Wolters | | DC1 | 51.17 | 52.50 | |
| | | | Naomi Segers | | | | Tamar Wolters | |
| | | | 100m | 13.34 | (13.34) | 100m | 14.60 | (14.60) |
| | | | 500m | 50.84 | (37.50) | 500m | 52.50 | (37.90) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------------|------------------------------|---------|---------------------|-------|--------------|------|
| 19 | wt | 28 | Carlijn Oude Vrielink | | DN1 | 46.82 | 46.89 | |
| | rd | 19 | Anouk Cosijn | | DA2 | 46.05 | 46.40 | |
| | | Carlijn Oude Vrielink | | | Anouk Cosijn | | | |
| | | 100m | 12.51 | (12.51) | 100m | 12.49 | (12.49) | |
| | | 500m | 46.89 | (34.38) | 500m | 46.40 | (33.91) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------|----------------------|---------|----------------------|-------|--------------|------|
| 20 | gl | 40 | Lars Boon | | HB2 | 45.68 | 46.13 | |
| | bl | 20 | Chantal Herms | | D45 | 45.90 | 47.25 | |
| | | Lars Boon | | | Chantal Herms | | | |
| | | 100m | 12.08 | (12.08) | 100m | 12.66 | (12.66) | |
| | | 500m | 46.13 | (34.05) | 500m | 47.25 | (34.59) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------|----------------------|---------|----------------------|-------|--------------|------|
| 21 | wt | 39 | Sem Boon | | HN1 | 41.22 | 42.56 | |
| | rd | 38 | Tom van Dijck | | HA1 | 42.07 | 42.43 | |
| | | Sem Boon | | | Tom van Dijck | | | |
| | | 100m | 11.47 | (11.47) | 100m | 11.84 | (11.84) | |
| | | 500m | 42.56 | (31.09) | 500m | 42.43 | (30.59) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|--------------|------|
| 22 | gl | 24 | Wenzel Zeegers | | H50 | 44.08 | 44.92 | |
| | bl | 44 | Sep de Kraker | | HPA | 43.19 | 43.50 | |
| | | Wenzel Zeegers | | | Sep de Kraker | | | |
| | | 100m | 11.99 | (11.99) | 100m | 11.84 | (11.84) | |
| | | 500m | 44.92 | (32.93) | 500m | 43.50 | (31.66) | |

3. Uitslag Iedereen 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------------|-----|------|------|---------|------|--------|
| 1 | 48 Teun van der Linden | HA2 | 25 | I | 4:17.11 | | |
| 2 | 41 Claudio Agustin Sandoval Villota | HSB | 26 | O | 4:38.46 | | |
| 3 | 34 Pim Boere | HB1 | 26 | I | 4:38.94 | PR | |
| 4 | 36 Mark Reessink | HSB | 25 | O | 4:47.48 | | |
| 5 | 9 Lars Huiting | HN2 | 23 | I | 6:56.84 | PR | |

3. Rituitslag Iedereen 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|---------------------|---------------------|---------|-----|----|----------------|------|
| 23 | wt rd | 9 | Lars Huiting | | HN2 | | 6:56.84 | PR |
| | | Lars Huiting | | | | | | |
| | | 200m | 28.79 | (28.79) | m | | | |
| | | 600m | 1:18.86 | (50.07) | | | | |
| | | 1000m | 2:12.33 | (53.47) | | | | |
| | | 1400m | 3:07.03 | (54.70) | | | | |
| | | 1800m | 4:02.79 | (55.76) | | | | |
| | | 2200m | 4:59.44 | (56.65) | | | | |
| | | 2600m | 5:59.07 | (59.63) | | | | |
| | | 3000m | 6:56.84 | (57.77) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|------|--|-----|--|----|------|------|
| 24 | gl bl | | | | | | | |
| | | m | | | | | | |
| | | m | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|----------------------------|----------------------------|---------|----------------------|---------|----------------|------|
| 25 | wt rd | 48 | Teun van der Linden | | HA2 | 4:09.22 | 4:17.11 | |
| | | 36 | Mark Reessink | | HSB | 4:29.84 | 4:47.48 | |
| | | Teun van der Linden | | | Mark Reessink | | | |
| | | 200m | 21.07 | (21.07) | 200m | 22.67 | (22.67) | |
| | | 600m | 54.83 | (33.76) | 600m | 58.87 | (36.20) | |
| | | 1000m | 1:28.02 | (33.19) | 1000m | 1:35.39 | (36.52) | |
| | | 1400m | 2:01.38 | (33.36) | 1400m | 2:12.78 | (37.39) | |
| | | 1800m | 2:35.32 | (33.94) | 1800m | 2:50.78 | (38.00) | |
| | | 2200m | 3:09.46 | (34.14) | 2200m | 3:29.01 | (38.23) | |
| | | 2600m | 3:43.56 | (34.10) | 2600m | 4:08.38 | (39.37) | |
| | | 3000m | 4:17.11 | (33.55) | 3000m | 4:47.48 | (39.10) | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------------------------|---------|---------|---|---------|----------------|------|--|
| 26 | gl | 34 Pim Boere | | HB1 | | 4:47.90 | 4:38.94 | PR | |
| | bl | 41 Claudio Agustin Sandoval Villota | | HSB | | 4:13.52 | 4:38.46 | | |
| | | Pim Boere | | | Claudio Agustin Sandoval Villota | | | | |
| | | 200m | 22.01 | (22.01) | 200m | 21.14 | (21.14) | | |
| | | 600m | 57.10 | (35.09) | 600m | 55.07 | (33.93) | | |
| | | 1000m | 1:33.02 | (35.92) | 1000m | 1:30.11 | (35.04) | | |
| | | 1400m | 2:09.80 | (36.78) | 1400m | 2:05.44 | (35.33) | | |
| | | 1800m | 2:47.31 | (37.51) | 1800m | 2:42.00 | (36.56) | | |
| | | 2200m | 3:24.82 | (37.51) | 2200m | 3:20.04 | (38.04) | | |
| | | 2600m | 4:01.71 | (36.89) | 2600m | 3:59.37 | (39.33) | | |
| | | 3000m | 4:38.94 | (37.23) | 3000m | 4:38.46 | (39.09) | | |

4. Uitslag Iedereen 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 25 Sander van Holland | H45 | 33 | O | 44.33 | | |
| 2 | 26 Quinty Breij | DN1 | 34 | I | 47.41 | | |
| 3 | 4 Hiba Pals | DPA | 34 | O | 49.52 | | |
| 4 | 30 Maartje van Dijck | DC1 | 33 | I | 51.11 | | |
| 5 | 21 Bregje Nafzger | DC2 | 31 | O | 54.72 | | |
| 6 | 27 Isabel Segers | DC1 | 32 | I | 55.23 | | |
| 7 | 46 Jojanneke den Hartog | DPC | 32 | O | 55.69 | PR | |
| 8 | 17 Lena Westra | DPC | 31 | I | 1:02.45 | | |
| 9 | 13 Neel Geurts | DPC | 29 | I | 1:03.03 | | |
| 10 | 10 Sep Wijten | HC1 | 29 | O | 1:04.17 | | |
| 11 | 12 Joyce de Bel | DPC | 30 | O | 1:04.49 | PR | |
| 12 | 18 Grete Svea Brehmer | DPA | 30 | I | 1:04.68 | | |
| 13 | 37 Floor Vogelaar | DPC | 27 | I | 1:05.78 | PR | |
| 14 | 35 Giorgia Dingemans | DPE | 28 | I | 1:10.11 | | |
| 15 | 32 Juul Oggel | DPC | 28 | O | 1:21.82 | FL | |

4. Rituitslag Iedereen 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----|----|----------------|------|
| 27 | wt | 37 | Floor Vogelaar | | DPC | | 1:05.78 | PR |
| | rd | | | | | | | |
| | | Floor Vogelaar | | | | | | |
| | | 100m | 15.17 | (15.17) | m | | | |
| | | 500m | 1:05.78 | (50.61) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|------|---------|----------------|------|
| 28 | gl | 35 | Giorgia Dingemans | | DPE | | 1:10.11 | |
| | bl | 32 | Juul Oggel | | DPC | 1:07.75 | 1:21.82 | FL |
| | | Giorgia Dingemans | | | | | | |
| | | 100m | 15.62 | (15.62) | 100m | 15.85 | (15.85) | |
| | | 500m | 1:10.11 | (54.49) | 500m | 1:21.82 | (65.97) | |
| | | Juul Oggel | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|------|---------|----------------|------|
| 29 | wt | 13 | Neel Geurts | | DPC | 1:03.73 | 1:03.03 | |
| | rd | 10 | Sep Wijten | | HC1 | 1:03.48 | 1:04.17 | |
| | | Neel Geurts | | | | | | |
| | | 100m | 14.59 | (14.59) | 100m | 14.96 | (14.96) | |
| | | 500m | 1:03.03 | (48.44) | 500m | 1:04.17 | (49.21) | |
| | | Sep Wijten | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|------|---------|----------------|------|
| 30 | gl | 18 | Grete Svea Brehmer | | DPA | 1:03.46 | 1:04.68 | |
| | bl | 12 | Joyce de Bel | | DPC | 1:07.70 | 1:04.49 | PR |
| | | Grete Svea Brehmer | | | | | | |
| | | 100m | 15.12 | (15.12) | 100m | 15.21 | (15.21) | |
| | | 500m | 1:04.68 | (49.56) | 500m | 1:04.49 | (49.28) | |
| | | Joyce de Bel | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|------|---------|----------------|------|
| 31 | wt | 17 | Lena Westra | | DPC | 1:00.43 | 1:02.45 | |
| | rd | 21 | Bregje Nafzger | | DC2 | 54.25 | 54.72 | |
| | | Lena Westra | | | | | | |
| | | 100m | 14.50 | (14.50) | 100m | 13.96 | (13.96) | |
| | | 500m | 1:02.45 | (47.95) | 500m | 54.72 | (40.76) | |
| | | Bregje Nafzger | | | | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info | |
|----|----|--------------------------|----------------------------|---------|----------------------------|-------|---------|---------|--------------|------|--|
| 32 | gl | 27 | Isabel Segers | | DC1 | | | 54.01 | 55.23 | | |
| | bl | 46 | Joanneke den Hartog | | DPC | | | 1:00.92 | 55.69 | PR | |
| | | Isabel Segers | | | Joanneke den Hartog | | | | | | |
| | | 100m | 14.53 | (14.53) | 100m | 13.97 | (13.97) | | | | |
| | | 500m | 55.23 | (40.70) | 500m | 55.69 | (41.72) | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info | |
| 33 | wt | 30 | Maartje van Dijck | | DC1 | | | 50.22 | 51.11 | | |
| | rd | 25 | Sander van Holland | | H45 | | | 44.13 | 44.33 | | |
| | | Maartje van Dijck | | | Sander van Holland | | | | | | |
| | | 100m | 13.23 | (13.23) | 100m | 11.97 | (11.97) | | | | |
| | | 500m | 51.11 | (37.88) | 500m | 44.33 | (32.36) | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info | |
| 34 | gl | 26 | Quinty Breij | | DN1 | | | 46.14 | 47.41 | | |
| | bl | 4 | Hiba Pals | | DPA | | | 48.31 | 49.52 | | |
| | | Quinty Breij | | | Hiba Pals | | | | | | |
| | | 100m | 12.63 | (12.63) | 100m | 13.27 | (13.27) | | | | |
| | | 500m | 47.41 | (34.78) | 500m | 49.52 | (36.25) | | | | |

5. Uitslag Iedereen 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|---------|--------|--------|
| 1 | 38 Tom van Dijck | HA1 | 47 | O | 1:24.71 | PR | |
| 2 | 44 Sep de Kraker | HPA | 48 | O | 1:26.88 | PR TRC | |
| 3 | 39 Sem Boon | HN1 | 47 | I | 1:29.24 | | |
| 4 | 24 Wenzel Zeegers | H50 | 48 | I | 1:33.22 | | |
| 5 | 22 Maud Mastenbroek | DB1 | 46 | O | 1:36.69 | | |
| 6 | 40 Lars Boon | HB2 | 45 | O | 1:37.57 | | |
| 7 | 19 Anouk Cosijn | DA2 | 46 | I | 1:37.99 | | |
| 8 | 7 Gerard Adolfse | H55 | 43 | I | 1:39.13 | | |
| 9 | 47 Yasmine Pals | DC2 | 43 | O | 1:39.63 | | |
| 10 | 28 Carlijn Oude Vrielink | DN1 | 44 | O | 1:41.05 | PR | |
| 11 | 11 Sven de Waijer | H55 | 41 | O | 1:41.93 | | |
| 12 | 33 Hans Bakker | H60 | 44 | I | 1:42.32 | | |
| 13 | 45 Jouke den Hartog | HPA | 41 | I | 1:43.30 | PR | |
| 14 | 29 Tamar Wolters | DC1 | 42 | I | 1:44.07 | | |
| 15 | 50 Naomi Segers | DPB | 42 | O | 1:44.40 | | |
| 16 | 23 Bauke de Winter | HB1 | 40 | O | 1:46.43 | PR | |
| 17 | 2 Bram Morel | HC1 | 39 | O | 1:49.77 | | |
| 18 | 15 Thijs Severijn | HC1 | 39 | I | 1:51.41 | | |
| 19 | 43 Djim Spierings | HPB | 38 | I | 1:54.13 | PR | |
| 20 | 1 Fenne Smit | DPB | 40 | I | 1:54.46 | | |
| 21 | 8 Jip van Deijck | DC2 | 37 | O | 1:56.47 | PR | |
| 22 | 6 Zoé van de Laar | DPA | 38 | O | 2:01.13 | PR | |
| 23 | 42 Zepp Spierings | HC1 | 37 | I | 2:05.03 | PR | |
| 24 | 3 Damla Cakar | DPB | 35 | O | 2:19.06 | PR | |
| 25 | 49 Juultje Jacobs | DPB | 35 | I | 2:24.16 | PR | |
| | 20 Chantal Herms | D45 | 45 | I | | DNF | |

5. Rituitslag Iedereen 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----|-----|----|----------------|------|
| 35 | wt | 49 | Juultje Jacobs | | DPB | | 2:24.16 | PR |
| | rd | 3 | Damla Cakar | | DPB | | 2:19.06 | PR |

| Juultje Jacobs | | | Damla Cakar | | |
|----------------|---------|---------|-------------|---------|---------|
| 200m | 28.83 | (28.83) | 200m | 28.01 | (28.01) |
| 600m | 1:24.68 | (55.85) | 600m | 1:21.00 | (52.99) |
| 1000m | 2:24.16 | (59.48) | 1000m | 2:19.06 | (58.06) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--|-----|--|----|------|------|
| 36 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|---------|---------|---------|----------------|---------|
| 37 | wt | 42 | Zepp Spierings | | HC1 | 2:07.24 | 2:05.03 | PR |
| | rd | 8 | Jip van Deijck | | DC2 | | 1:56.47 | PR |
| | | | Zepp Spierings | | | | | |
| | | | 200m | 26.15 | (26.15) | 200m | 26.20 | (26.20) |
| | | | 600m | 1:13.55 | (47.40) | 600m | 1:10.49 | (44.29) |
| | | | 1000m | 2:05.03 | (51.48) | 1000m | 1:56.47 | (45.98) |
| | | | Jip van Deijck | | | | | |
| | | | 200m | 26.20 | (26.20) | 200m | 26.20 | (26.20) |
| | | | 600m | 1:10.49 | (44.29) | 600m | 1:10.49 | (44.29) |
| | | | 1000m | 1:56.47 | (45.98) | 1000m | 1:56.47 | (45.98) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|---------|---------|-------|----------------|---------|
| 38 | gl | 43 | Djim Spierings | | HPB | | 1:54.13 | PR |
| | bl | 6 | Zoé van de Laar | | DPA | | 2:01.13 | PR |
| | | | Djim Spierings | | | | | |
| | | | 200m | 25.41 | (25.41) | 200m | 28.55 | (28.55) |
| | | | 600m | 1:07.83 | (42.42) | 600m | 1:15.09 | (46.54) |
| | | | 1000m | 1:54.13 | (46.30) | 1000m | 2:01.13 | (46.04) |
| | | | Zoé van de Laar | | | | | |
| | | | 200m | 28.55 | (28.55) | 200m | 28.55 | (28.55) |
| | | | 600m | 1:15.09 | (46.54) | 600m | 1:15.09 | (46.54) |
| | | | 1000m | 2:01.13 | (46.04) | 1000m | 2:01.13 | (46.04) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|-------------------|----------------|---------|
| 39 | wt | 15 Thijs Severijn | HC1 | | 1:49.60 | 1:51.41 | |
| | rd | 2 Bram Morel | HC1 | | 1:49.39 | 1:49.77 | |
| | | Thijs Severijn | | | Bram Morel | | |
| | | 200m | 25.14 | (25.14) | 200m | 25.00 | (25.00) |
| | | 600m | 1:05.93 | (40.79) | 600m | 1:06.88 | (41.88) |
| | | 1000m | 1:51.41 | (45.48) | 1000m | 1:49.77 | (42.89) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------|---------|------------------------|----------------|---------|
| 40 | gl | 1 Fenne Smit | DPB | | 1:52.01 | 1:54.46 | |
| | bl | 23 Bauke de Winter | HB1 | | 1:52.88 | 1:46.43 | PR |
| | | Fenne Smit | | | Bauke de Winter | | |
| | | 200m | 24.57 | (24.57) | 200m | 24.32 | (24.32) |
| | | 600m | 1:06.52 | (41.95) | 600m | 1:04.06 | (39.74) |
| | | 1000m | 1:54.46 | (47.94) | 1000m | 1:46.43 | (42.37) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------|---------|---------|-----------------------|----------------|---------|
| 41 | wt | 45 Jouke den Hartog | HPA | | 1:47.30 | 1:43.30 | PR |
| | rd | 11 Sven de Waijer | H55 | | 1:36.65 | 1:41.93 | |
| | | Jouke den Hartog | | | Sven de Waijer | | |
| | | 200m | 23.37 | (23.37) | 200m | 24.54 | (24.54) |
| | | 600m | 1:02.45 | (39.08) | 600m | 1:02.80 | (38.26) |
| | | 1000m | 1:43.30 | (40.85) | 1000m | 1:41.93 | (39.13) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|---------|---------|---------------------|----------------|---------|
| 42 | gl | 29 Tamar Wolters | DC1 | | 1:43.00 | 1:44.07 | |
| | bl | 50 Naomi Segers | DPB | | 1:44.23 | 1:44.40 | |
| | | Tamar Wolters | | | Naomi Segers | | |
| | | 200m | 25.16 | (25.16) | 200m | 23.94 | (23.94) |
| | | 600m | 1:04.23 | (39.07) | 600m | 1:03.62 | (39.68) |
| | | 1000m | 1:44.07 | (39.84) | 1000m | 1:44.40 | (40.78) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|---------|---------|---------------------|---------|----------------|------|
| 43 | wt | 7 Gerard Adolfse | | | H55 | 1:36.20 | 1:39.13 | |
| | rd | 47 Yasmine Pals | | | DC2 | 1:37.31 | 1:39.63 | |
| | | <u>Gerard Adolfse</u> | | | <u>Yasmine Pals</u> | | | |
| | | 200m | 23.94 | (23.94) | 200m | 23.20 | (23.20) | |
| | | 600m | 1:01.53 | (37.59) | 600m | 59.87 | (36.67) | |
| | | 1000m | 1:39.13 | (37.60) | 1000m | 1:39.63 | (39.76) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|------------------------------|---------|----------------|------|
| 44 | gl | 33 Hans Bakker | | | H60 | 1:40.20 | 1:42.32 | |
| | bl | 28 Carlijn Oude Vrielink | | | DN1 | 1:42.38 | 1:41.05 | PR |
| | | <u>Hans Bakker</u> | | | <u>Carlijn Oude Vrielink</u> | | | |
| | | 200m | 24.51 | (24.51) | 200m | 22.53 | (22.53) | |
| | | 600m | 1:02.54 | (38.03) | 600m | 59.99 | (37.46) | |
| | | 1000m | 1:42.32 | (39.78) | 1000m | 1:41.05 | (41.06) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------|--|--|------------------|---------|----------------|------|
| 45 | wt | 20 Chantal Herms | | | D45 | 1:31.40 | DNF | |
| | rd | 40 Lars Boon | | | HB2 | 1:36.77 | 1:37.57 | |
| | | <u>Chantal Herms</u> | | | <u>Lars Boon</u> | | | |
| | | 200m | | | 200m | 21.25 | (21.25) | |
| | | 600m | | | 600m | 57.80 | (36.55) | |
| | | 1000m | | | 1000m | 1:37.57 | (39.77) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|---------|---------|-------------------------|---------|----------------|------|
| 46 | gl | 19 Anouk Cosijn | | | DA2 | 1:36.29 | 1:37.99 | |
| | bl | 22 Maud Mastenbroek | | | DB1 | 1:33.83 | 1:36.69 | |
| | | <u>Anouk Cosijn</u> | | | <u>Maud Mastenbroek</u> | | | |
| | | 200m | 22.13 | (22.13) | 200m | 23.18 | (23.18) | |
| | | 600m | 59.37 | (37.24) | 600m | 59.58 | (36.40) | |
| | | 1000m | 1:37.99 | (38.62) | 1000m | 1:36.69 | (37.11) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|----------------------|---------|----------------|--------|
| 47 | wt | 39 Sem Boon | | | HN1 | 1:25.80 | 1:29.24 | |
| | rd | 38 Tom van Dijck | | | HA1 | 1:25.16 | 1:24.71 | PR |
| | | Sem Boon | | | Tom van Dijck | | | |
| | | 200m | 20.02 | (20.02) | 200m | 20.16 | (20.16) | |
| | | 600m | 53.17 | (33.15) | 600m | 51.69 | (31.53) | |
| | | 1000m | 1:29.24 | (36.07) | 1000m | 1:24.71 | (33.02) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 48 | gl | 24 Wenzel Zeegers | | | H50 | 1:28.79 | 1:33.22 | |
| | bl | 44 Sep de Kraker | | | HPA | 1:26.96 | 1:26.88 | PR TRC |
| | | Wenzel Zeegers | | | Sep de Kraker | | | |
| | | 200m | 20.55 | (20.55) | 200m | 20.50 | (20.50) | |
| | | 600m | 54.16 | (33.61) | 600m | 52.54 | (32.04) | |
| | | 1000m | 1:33.22 | (39.06) | 1000m | 1:26.88 | (34.34) | |