

## 1. Uitslag 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 74 Sem Spruit           | HB1 | 41   | O    | 39.50 |      |        |
| 2   | 95 Matthijs de Haan     | HC2 | 42   | O    | 40.84 |      |        |
| 3   | 45 Taeke Jongbloed      | HB1 | 42   | I    | 41.04 | PR   |        |
| 4   | 27 Luke Bavius          | HB1 | 40   | O    | 41.88 |      |        |
| 5   | 64 Peng Shen Plugge     | HC2 | 40   | I    | 42.21 |      |        |
| 6   | 34 Jules van Winden     | HB2 | 36   | I    | 42.39 |      |        |
| 7   | 76 Dion van Hal         | HA1 | 36   | O    | 42.53 |      |        |
| 8   | 47 Indy Kromokario      | HA1 | 33   | O    | 42.75 |      |        |
| 9   | 83 Stian van Etten      | HC2 | 34   | I    | 42.81 |      |        |
| 10  | 65 Joey van den Berg    | HB2 | 37   | I    | 43.08 |      |        |
| 11  | 79 Fleur Alkemade       | DC1 | 33   | I    | 43.17 |      |        |
| 12  | 31 Niels Pennings       | HB2 | 30   | O    | 43.95 | PR   |        |
| 13  | 68 Tiemen Haaring       | HA1 | 32   | I    | 44.08 |      |        |
| 14  | 69 Quinten de Jong      | HB1 | 31   | O    | 44.12 |      |        |
| 15  | 16 Tygo Blom            | HC1 | 28   | I    | 44.88 | PR   |        |
| 16  | 100 Ymke Wubben         | DB1 | 39   | I    | 45.04 |      |        |
| 17  | 101 Bram van der Hoeven | HB1 | 32   | O    | 45.38 |      |        |
|     | 1 Jim Hartveld          | HB1 | 37   | O    | 45.38 |      |        |
| 19  | 57 Mees Blaauw          | HC2 | 28   | O    | 45.78 | PR   |        |
| 20  | 23 Fiore Koutstaal      | DC1 | 31   | I    | 45.80 |      |        |
| 21  | 104 Aidan Verhoeve      | HB2 | 35   | I    | 45.89 |      |        |
| 22  | 72 Scarlett de Bruijn   | DC2 | 39   | O    | 45.91 |      |        |
| 23  | 112 Kira Kramer         | DB1 | 30   | I    | 46.10 |      |        |
| 24  | 20 Ties Moerman         | HC1 | 24   | O    | 46.25 | PR   |        |
| 25  | 88 Amber Koetsier       | DB1 | 38   | O    | 46.30 |      |        |
| 26  | 58 Isa Oudenes          | DB1 | 38   | I    | 46.31 |      |        |
| 27  | 2 Boaz de Gast          | HC2 | 20   | O    | 46.38 | PR   |        |
| 28  | 105 Esmee Zijderlaan    | DB2 | 34   | O    | 46.67 |      |        |
| 29  | 70 Lieke van Ooij       | DB2 | 23   | I    | 46.87 | PR   |        |
| 30  | 28 Julian Ras           | HC1 | 24   | I    | 46.90 | PR   |        |
|     | 18 Esmee van Randeraat  | DC1 | 21   | I    | 46.90 | PR   |        |
| 32  | 11 Teije Hekkema        | HC2 | 19   | O    | 46.96 | PR   |        |
| 33  | 49 Ruben Star           | HC1 | 15   | O    | 47.43 | PR   |        |
| 34  | 117 Annika Korpershoek  | DC2 | 29   | O    | 47.57 | HT   |        |
| 35  | 32 Rune Stoel           | HC1 | 27   | O    | 47.70 |      |        |
| 36  | 24 Joep van Leeuwen     | HC2 | 25   | O    | 47.80 |      |        |
| 37  | 94 Lara Castro Nortier  | DC2 | 21   | O    | 47.84 |      |        |
| 38  | 9 Olivier Wennekes      | HC1 | 27   | I    | 48.41 |      |        |

| Pos | Naam                     | Cat | Paar | Baan | Tijd Info     | Punten |
|-----|--------------------------|-----|------|------|---------------|--------|
| 39  | 118 Floortje Korpershoek | DC2 | 16   | I    | 48.78 PR      |        |
| 40  | 5 Emma Boon              | DC2 | 19   | I    | 48.94 PR      |        |
| 41  | 8 Kai Budiarto           | HC1 | 29   | I    | 48.97 HT      |        |
| 42  | 111 Loek Oudenes         | HC1 | 12   | I    | 49.09 PR      |        |
| 43  | 19 Tycho Petri           | HC1 | 9    | I    | 49.33 PR      |        |
| 44  | 77 Valerie Gerritse      | DC1 | 14   | I    | 49.44 PR      |        |
| 45  | 38 Feline Solleveld      | DC2 | 22   | I    | 49.90         |        |
| 46  | 52 Simone Gravesteyn     | DB1 | 26   | O    | 50.04         |        |
| 47  | 78 Lisa de Koster        | DC2 | 12   | O    | 50.10 PR      |        |
| 48  | 37 Tippi Verbree         | DC1 | 13   | I    | 50.15         |        |
| 49  | 15 Famke Hogenboom       | DA2 | 22   | O    | 50.24         |        |
| 50  | 63 Maaïke Helleman       | DC1 | 13   | O    | 50.28         |        |
| 51  | 113 Mette Verdoold       | DC2 | 16   | O    | 50.39         |        |
| 52  | 7 Lianne Vreugdenhil     | DC2 | 20   | I    | 50.60         |        |
| 53  | 59 Lindsey Eijgermans    | DC2 | 11   | O    | 50.74 PR      |        |
| 54  | 4 Evi Lagerwerf          | DC2 | 17   | O    | 51.10         |        |
| 55  | 50 Bente Barendse        | DB1 | 23   | O    | 51.11         |        |
| 56  | 99 Anne-Lotte Kohler     | DC2 | 17   | I    | 51.31         |        |
| 57  | 107 Luna Beks            | DC1 | 6    | O    | 51.34 PR      |        |
| 58  | 42 Mare Damsma           | DC1 | 14   | O    | 51.73         |        |
| 59  | 6 Isolde de Koster       | DC2 | 6    | I    | 51.90 PR      |        |
| 60  | 106 Jasper Zijderlaan    | HC2 | 3    | O    | 51.93 PR      |        |
| 61  | 43 Luuk van Leeuwen      | HC2 | 11   | I    | 51.94 PR      |        |
| 62  | 25 Stijn van Leeuwen     | HC2 | 9    | O    | 52.23         |        |
| 63  | 56 Femke Govers          | DA2 | 18   | O    | 52.56         |        |
| 64  | 66 Oona Alleblas         | DC1 | 7    | O    | 52.62         |        |
| 65  | 21 Clover van Zeijl      | DC2 | 10   | O    | 52.94         |        |
| 66  | 26 Jasmijn Bavius        | DC1 | 10   | I    | 53.02         |        |
| 67  | 46 Mirthe Wijnakker      | DC2 | 3    | I    | 53.71 PR      |        |
| 68  | 14 Lyam van der Neut     | HC1 | 8    | I    | 54.06         |        |
| 69  | 3 Renske Ansink          | DC1 | 7    | I    | 54.62         |        |
| 70  | 109 Merle van Rijn       | DC1 | 4    | O    | 55.42 PR      |        |
| 71  | 61 Pien de Jong          | DC2 | 8    | O    | 55.70         |        |
| 72  | 81 Kian Van Nierop       | HC1 | 5    | O    | 55.72         |        |
| 73  | 39 Beyza Barkin          | DC2 | 1    | I    | 57.84 PR      |        |
| 74  | 12 Rinske Hogenboom      | DC1 | 4    | I    | 58.50         |        |
| 75  | 33 Sanne Plag            | DC1 | 5    | I    | 59.70         |        |
| 76  | 13 Rutger van Gerven     | HC2 | 1    | O    | 1:01.39       |        |
| 77  | 51 Cato Slegtenhorst     | DC1 | 15   | I    | 1:04.11 HT FL |        |

| Pos | Naam             | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------|-----|------|------|------|------|--------|
| 97  | Lisa den Hertog  | DC2 | 25   | I    |      | DQ   |        |
| 82  | Sven Kompier     | HC2 | 26   | I    |      | DNS  |        |
| 30  | Maarten Pennings | HA1 | 35   | O    |      | DNS  |        |
| 110 | Daan van Zwienen | HB2 | 41   | I    |      | DNS  |        |

## 1. Rituitslag 500 meter

|   |    | Naam                        |       | Cat                      |      | PR      | Tijd           | Info |
|---|----|-----------------------------|-------|--------------------------|------|---------|----------------|------|
| 1 | wt | 39 <b>Beyza Barkin</b>      |       | DC2                      |      | 1:19.06 | <b>57.84</b>   | PR   |
|   | rd | 13 <b>Rutger van Gerven</b> |       | HC2                      |      | 1:00.51 | <b>1:01.39</b> |      |
|   |    | <b>Beyza Barkin</b>         |       | <b>Rutger van Gerven</b> |      |         |                |      |
|   |    | 100m                        | 14.99 | (14.99)                  | 100m | 14.19   | (14.19)        |      |
|   |    | 500m                        | 57.84 | (42.85)                  | 500m | 1:01.39 | (47.20)        |      |

|   |    | Naam |   | Cat |  | PR | Tijd | Info |
|---|----|------|---|-----|--|----|------|------|
| 2 | gl |      |   |     |  |    |      |      |
|   | bl |      |   |     |  |    |      |      |
|   |    |      | m |     |  |    |      |      |
|   |    |      |   |     |  |    |      |      |

|   |    | Naam                         |       | Cat                      |      | PR    | Tijd         | Info |
|---|----|------------------------------|-------|--------------------------|------|-------|--------------|------|
| 3 | wt | 46 <b>Mirthe Wijnakker</b>   |       | DC2                      |      | 54.13 | <b>53.71</b> | PR   |
|   | rd | 106 <b>Jasper Zijderlaan</b> |       | HC2                      |      | 55.72 | <b>51.93</b> | PR   |
|   |    | <b>Mirthe Wijnakker</b>      |       | <b>Jasper Zijderlaan</b> |      |       |              |      |
|   |    | 100m                         | 13.63 | (13.63)                  | 100m | 12.79 | (12.79)      |      |
|   |    | 500m                         | 53.71 | (40.08)                  | 500m | 51.93 | (39.14)      |      |

|   |    | Naam                       |       | Cat                   |      | PR    | Tijd         | Info |
|---|----|----------------------------|-------|-----------------------|------|-------|--------------|------|
| 4 | gl | 12 <b>Rinske Hogenboom</b> |       | DC1                   |      | 55.35 | <b>58.50</b> |      |
|   | bl | 109 <b>Merle van Rijn</b>  |       | DC1                   |      | 56.01 | <b>55.42</b> | PR   |
|   |    | <b>Rinske Hogenboom</b>    |       | <b>Merle van Rijn</b> |      |       |              |      |
|   |    | 100m                       | 14.79 | (14.79)               | 100m | 14.08 | (14.08)      |      |
|   |    | 500m                       | 58.50 | (43.71)               | 500m | 55.42 | (41.34)      |      |

|   |    | Naam                      |       | Cat                    |      | PR    | Tijd         | Info |
|---|----|---------------------------|-------|------------------------|------|-------|--------------|------|
| 5 | wt | 33 <b>Sanne Plag</b>      |       | DC1                    |      | 58.34 | <b>59.70</b> |      |
|   | rd | 81 <b>Kian Van Nierop</b> |       | HC1                    |      | 55.66 | <b>55.72</b> |      |
|   |    | <b>Sanne Plag</b>         |       | <b>Kian Van Nierop</b> |      |       |              |      |
|   |    | 100m                      | 15.30 | (15.30)                | 100m | 13.34 | (13.34)      |      |
|   |    | 500m                      | 59.70 | (44.40)                | 500m | 55.72 | (42.38)      |      |

|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 6  | gl | 6                        | <b>Isolde de Koster</b>  |         | DC2                      | 52.72 | <b>51.90</b> | PR   |
|    | bl | 107                      | <b>Luna Beks</b>         |         | DC1                      | 52.88 | <b>51.34</b> | PR   |
|    |    | <u>Isolde de Koster</u>  |                          |         | <u>Luna Beks</u>         |       |              |      |
|    |    | 100m                     | 13.69                    | (13.69) | 100m                     | 13.51 | (13.51)      |      |
|    |    | 500m                     | 51.90                    | (38.21) | 500m                     | 51.34 | (37.83)      |      |
|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
| 7  | wt | 3                        | <b>Renske Ansink</b>     |         | DC1                      | 52.82 | <b>54.62</b> |      |
|    | rd | 66                       | <b>Oona Alleblas</b>     |         | DC1                      | 52.37 | <b>52.62</b> |      |
|    |    | <u>Renske Ansink</u>     |                          |         | <u>Oona Alleblas</u>     |       |              |      |
|    |    | 100m                     | 14.14                    | (14.14) | 100m                     | 13.88 | (13.88)      |      |
|    |    | 500m                     | 54.62                    | (40.48) | 500m                     | 52.62 | (38.74)      |      |
|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
| 8  | gl | 14                       | <b>Lyam van der Neut</b> |         | HC1                      | 53.70 | <b>54.06</b> |      |
|    | bl | 61                       | <b>Pien de Jong</b>      |         | DC2                      | 52.51 | <b>55.70</b> |      |
|    |    | <u>Lyam van der Neut</u> |                          |         | <u>Pien de Jong</u>      |       |              |      |
|    |    | 100m                     | 13.39                    | (13.39) | 100m                     | 14.33 | (14.33)      |      |
|    |    | 500m                     | 54.06                    | (40.67) | 500m                     | 55.70 | (41.37)      |      |
|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
| 9  | wt | 19                       | <b>Tycho Petri</b>       |         | HC1                      | 51.95 | <b>49.33</b> | PR   |
|    | rd | 25                       | <b>Stijn van Leeuwen</b> |         | HC2                      | 51.63 | <b>52.23</b> |      |
|    |    | <u>Tycho Petri</u>       |                          |         | <u>Stijn van Leeuwen</u> |       |              |      |
|    |    | 100m                     | 13.35                    | (13.35) | 100m                     | 13.10 | (13.10)      |      |
|    |    | 500m                     | 49.33                    | (35.98) | 500m                     | 52.23 | (39.13)      |      |
|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
| 10 | gl | 26                       | <b>Jasmijn Bavius</b>    |         | DC1                      | 51.60 | <b>53.02</b> |      |
|    | bl | 21                       | <b>Clover van Zeijl</b>  |         | DC2                      | 52.04 | <b>52.94</b> |      |
|    |    | <u>Jasmijn Bavius</u>    |                          |         | <u>Clover van Zeijl</u>  |       |              |      |
|    |    | 100m                     | 13.61                    | (13.61) | 100m                     | 13.76 | (13.76)      |      |
|    |    | 500m                     | 53.02                    | (39.41) | 500m                     | 52.94 | (39.18)      |      |

|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd           | Info  |
|----|----|--------------------------|---------------------------|---------|---------------------------|-------|----------------|-------|
| 11 | wt | 43                       | <b>Luuk van Leeuwen</b>   |         | HC2                       | 51.98 | <b>51.94</b>   | PR    |
|    | rd | 59                       | <b>Lindsey Eijgermans</b> |         | DC2                       | 51.89 | <b>50.74</b>   | PR    |
|    |    | <b>Luuk van Leeuwen</b>  |                           |         | <b>Lindsey Eijgermans</b> |       |                |       |
|    |    | 100m                     | 12.96                     | (12.96) | 100m                      | 13.34 | (13.34)        |       |
|    |    | 500m                     | 51.94                     | (38.98) | 500m                      | 50.74 | (37.40)        |       |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd           | Info  |
| 12 | gl | 111                      | <b>Loek Oudenes</b>       |         | HC1                       | 50.22 | <b>49.09</b>   | PR    |
|    | bl | 78                       | <b>Lisa de Koster</b>     |         | DC2                       | 50.16 | <b>50.10</b>   | PR    |
|    |    | <b>Loek Oudenes</b>      |                           |         | <b>Lisa de Koster</b>     |       |                |       |
|    |    | 100m                     | 12.97                     | (12.97) | 100m                      | 13.11 | (13.11)        |       |
|    |    | 500m                     | 49.09                     | (36.12) | 500m                      | 50.10 | (36.99)        |       |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd           | Info  |
| 13 | wt | 37                       | <b>Tippi Verbree</b>      |         | DC1                       | 50.00 | <b>50.15</b>   |       |
|    | rd | 63                       | <b>Maaïke Helleman</b>    |         | DC1                       | 50.18 | <b>50.28</b>   |       |
|    |    | <b>Tippi Verbree</b>     |                           |         | <b>Maaïke Helleman</b>    |       |                |       |
|    |    | 100m                     | 12.95                     | (12.95) | 100m                      | 13.59 | (13.59)        |       |
|    |    | 500m                     | 50.15                     | (37.20) | 500m                      | 50.28 | (36.69)        |       |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd           | Info  |
| 14 | gl | 77                       | <b>Valerie Gerritse</b>   |         | DC1                       | 50.07 | <b>49.44</b>   | PR    |
|    | bl | 42                       | <b>Mare Damsma</b>        |         | DC1                       | 50.69 | <b>51.73</b>   |       |
|    |    | <b>Valerie Gerritse</b>  |                           |         | <b>Mare Damsma</b>        |       |                |       |
|    |    | 100m                     | 12.98                     | (12.98) | 100m                      | 13.50 | (13.50)        |       |
|    |    | 500m                     | 49.44                     | (36.46) | 500m                      | 51.73 | (38.23)        |       |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd           | Info  |
| 15 | wt | 51                       | <b>Cato Slegtenhorst</b>  |         | DC1                       | 49.30 | <b>1:04.11</b> | HT FL |
|    | rd | 49                       | <b>Ruben Star</b>         |         | HC1                       | 49.38 | <b>47.43</b>   | PR    |
|    |    | <b>Cato Slegtenhorst</b> |                           |         | <b>Ruben Star</b>         |       |                |       |
|    |    | 100m                     | 13.35                     | (13.35) | 100m                      | 12.26 | (12.26)        |       |
|    |    | 500m                     | 1:04.11                   | (50.76) | 500m                      | 47.43 | (35.17)        |       |

|    |    | Naam                        |                             |         | Cat                   | PR      | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|-----------------------|---------|--------------|------|
| 16 | gl | 118                         | <b>Floortje Korpershoek</b> |         | DC2                   | 49.76   | <b>48.78</b> | PR   |
|    | bl | 113                         | <b>Mette Verdoold</b>       |         | DC2                   | 49.11   | <b>50.39</b> |      |
|    |    | <b>Floortje Korpershoek</b> |                             |         | <b>Mette Verdoold</b> |         |              |      |
|    |    | 100m                        | 12.60                       | (12.60) | 100m                  | 13.13   | (13.13)      |      |
|    |    | 500m                        | 48.78                       | (36.18) | 500m                  | 50.39   | (37.26)      |      |
|    |    | Naam                        |                             |         | Cat                   | PR      | Tijd         | Info |
| 17 | wt | 99                          | <b>Anne-Lotte Kohler</b>    |         | DC2                   | 49.60   | <b>51.31</b> |      |
|    | rd | 4                           | <b>Evi Lagerwerf</b>        |         | DC2                   | 49.17   | <b>51.10</b> |      |
|    |    | <b>Anne-Lotte Kohler</b>    |                             |         | <b>Evi Lagerwerf</b>  |         |              |      |
|    |    | 100m                        | 13.28                       | (13.28) | 100m                  | 13.25   | (13.25)      |      |
|    |    | 500m                        | 51.31                       | (38.03) | 500m                  | 51.10   | (37.85)      |      |
|    |    | Naam                        |                             |         | Cat                   | PR      | Tijd         | Info |
| 18 | gl | 56                          | <b>Femke Govers</b>         |         | DA2                   | 48.74   | <b>52.56</b> |      |
|    | bl |                             |                             |         |                       |         |              |      |
|    |    | <b>Femke Govers</b>         |                             |         |                       |         |              |      |
|    |    | m                           |                             |         | 100m                  | 13.74   | (13.74)      |      |
|    |    |                             |                             | 500m    | 52.56                 | (38.82) |              |      |
|    |    | Naam                        |                             |         | Cat                   | PR      | Tijd         | Info |
| 19 | wt | 5                           | <b>Emma Boon</b>            |         | DC2                   | 48.95   | <b>48.94</b> | PR   |
|    | rd | 11                          | <b>Teije Hekkema</b>        |         | HC2                   | 48.39   | <b>46.96</b> | PR   |
|    |    | <b>Emma Boon</b>            |                             |         | <b>Teije Hekkema</b>  |         |              |      |
|    |    | 100m                        | 12.77                       | (12.77) | 100m                  | 12.19   | (12.19)      |      |
|    |    | 500m                        | 48.94                       | (36.17) | 500m                  | 46.96   | (34.77)      |      |
|    |    | Naam                        |                             |         | Cat                   | PR      | Tijd         | Info |
| 20 | gl | 7                           | <b>Lisanne Vreugdenhil</b>  |         | DC2                   | 48.45   | <b>50.60</b> |      |
|    | bl | 2                           | <b>Boaz de Gast</b>         |         | HC2                   | 48.31   | <b>46.38</b> | PR   |
|    |    | <b>Lisanne Vreugdenhil</b>  |                             |         | <b>Boaz de Gast</b>   |         |              |      |
|    |    | 100m                        | 13.26                       | (13.26) | 100m                  | 12.49   | (12.49)      |      |
|    |    | 500m                        | 50.60                       | (37.34) | 500m                  | 46.38   | (33.89)      |      |

|    |    | Naam                          | Cat           | PR                         | Tijd          | Info |
|----|----|-------------------------------|---------------|----------------------------|---------------|------|
| 21 | wt | 18 <b>Esmee van Randeraat</b> | DC1           | 47.29                      | <b>46.90</b>  | PR   |
|    | rd | 94 <b>Lara Castro Nortier</b> | DC2           | 47.40                      | <b>47.84</b>  |      |
|    |    | <b>Esmee van Randeraat</b>    |               | <b>Lara Castro Nortier</b> |               |      |
|    |    | 100m                          | 12.56 (12.56) | 100m                       | 12.50 (12.50) |      |
|    |    | 500m                          | 46.90 (34.34) | 500m                       | 47.84 (35.34) |      |

|    |    | Naam                       | Cat           | PR                     | Tijd          | Info |
|----|----|----------------------------|---------------|------------------------|---------------|------|
| 22 | gl | 38 <b>Feline Solleveld</b> | DC2           | 47.68                  | <b>49.90</b>  |      |
|    | bl | 15 <b>Famke Hogenboom</b>  | DA2           | 47.48                  | <b>50.24</b>  |      |
|    |    | <b>Feline Solleveld</b>    |               | <b>Famke Hogenboom</b> |               |      |
|    |    | 100m                       | 13.18 (13.18) | 100m                   | 13.09 (13.09) |      |
|    |    | 500m                       | 49.90 (36.72) | 500m                   | 50.24 (37.15) |      |

|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
|----|----|--------------------------|---------------|-----------------------|---------------|------|
| 23 | wt | 70 <b>Lieke van Ooij</b> | DB2           | 47.41                 | <b>46.87</b>  | PR   |
|    | rd | 50 <b>Bente Barendse</b> | DB1           | 47.75                 | <b>51.11</b>  |      |
|    |    | <b>Lieke van Ooij</b>    |               | <b>Bente Barendse</b> |               |      |
|    |    | 100m                     | 12.57 (12.57) | 100m                  | 13.45 (13.45) |      |
|    |    | 500m                     | 46.87 (34.30) | 500m                  | 51.11 (37.66) |      |

|    |    | Naam                   | Cat           | PR                  | Tijd          | Info |
|----|----|------------------------|---------------|---------------------|---------------|------|
| 24 | gl | 28 <b>Julian Ras</b>   | HC1           | 47.01               | <b>46.90</b>  | PR   |
|    | bl | 20 <b>Ties Moerman</b> | HC1           | 47.02               | <b>46.25</b>  | PR   |
|    |    | <b>Julian Ras</b>      |               | <b>Ties Moerman</b> |               |      |
|    |    | 100m                   | 12.07 (12.07) | 100m                | 12.23 (12.23) |      |
|    |    | 500m                   | 46.90 (34.83) | 500m                | 46.25 (34.02) |      |

|    |    | Naam                       | Cat | PR                      | Tijd          | Info |
|----|----|----------------------------|-----|-------------------------|---------------|------|
| 25 | wt | 97 <b>Lisa den Hertog</b>  | DC2 | 47.07                   | <b>DQ</b>     |      |
|    | rd | 24 <b>Joep van Leeuwen</b> | HC2 | 47.01                   | <b>47.80</b>  |      |
|    |    | <b>Lisa den Hertog</b>     |     | <b>Joep van Leeuwen</b> |               |      |
|    |    |                            |     | 100m                    | 12.32 (12.32) |      |
|    |    |                            |     | 500m                    | 47.80 (35.48) |      |



|    |    | Naam                          |       |         | Cat                       | PR    | Tijd    | Info            |
|----|----|-------------------------------|-------|---------|---------------------------|-------|---------|-----------------|
| 26 | gl | 82 <b>Sven Kompier</b>        |       |         | HC2                       | 47.07 |         | <b>DNS</b>      |
|    | bl | 52 <b>Simone Gravesteyn</b>   |       |         | DB1                       | 47.10 |         | <b>50.04</b>    |
|    |    | <b>Sven Kompier</b>           |       |         | <b>Simone Gravesteyn</b>  |       |         |                 |
|    |    | 100m                          |       |         |                           | 13.28 | (13.28) |                 |
|    |    | 500m                          |       |         |                           | 50.04 | (36.76) |                 |
|    |    | Naam                          |       |         | Cat                       | PR    | Tijd    | Info            |
| 27 | wt | 9 <b>Olivier Wennekes</b>     |       |         | HC1                       | 46.51 |         | <b>48.41</b>    |
|    | rd | 32 <b>Rune Stoel</b>          |       |         | HC1                       | 46.08 |         | <b>47.70</b>    |
|    |    | <b>Olivier Wennekes</b>       |       |         | <b>Rune Stoel</b>         |       |         |                 |
|    |    | 100m                          | 12.64 | (12.64) |                           | 12.28 | (12.28) |                 |
|    |    | 500m                          | 48.41 | (35.77) |                           | 47.70 | (35.42) |                 |
|    |    | Naam                          |       |         | Cat                       | PR    | Tijd    | Info            |
| 28 | gl | 16 <b>Tygo Blom</b>           |       |         | HC1                       | 46.18 |         | <b>44.88</b> PR |
|    | bl | 57 <b>Mees Blaauw</b>         |       |         | HC2                       | 46.84 |         | <b>45.78</b> PR |
|    |    | <b>Tygo Blom</b>              |       |         | <b>Mees Blaauw</b>        |       |         |                 |
|    |    | 100m                          | 11.75 | (11.75) |                           | 12.16 | (12.16) |                 |
|    |    | 500m                          | 44.88 | (33.13) |                           | 45.78 | (33.62) |                 |
|    |    | Naam                          |       |         | Cat                       | PR    | Tijd    | Info            |
| 29 | wt | 8 <b>Kai Budiarto</b>         |       |         | HC1                       | 45.11 |         | <b>48.97</b> HT |
|    | rd | 117 <b>Annika Korpershoek</b> |       |         | DC2                       | 46.40 |         | <b>47.57</b> HT |
|    |    | <b>Kai Budiarto</b>           |       |         | <b>Annika Korpershoek</b> |       |         |                 |
|    |    | 100m                          | 48.97 | (48.97) |                           | 47.57 | (47.57) |                 |
|    |    | Naam                          |       |         | Cat                       | PR    | Tijd    | Info            |
| 30 | gl | 112 <b>Kira Kramer</b>        |       |         | DB1                       | 44.64 |         | <b>46.10</b>    |
|    | bl | 31 <b>Niels Pennings</b>      |       |         | HB2                       | 45.69 |         | <b>43.95</b> PR |
|    |    | <b>Kira Kramer</b>            |       |         | <b>Niels Pennings</b>     |       |         |                 |
|    |    | 100m                          | 12.02 | (12.02) |                           | 12.04 | (12.04) |                 |
|    |    | 500m                          | 46.10 | (34.08) |                           | 43.95 | (31.91) |                 |

|    |    | Naam                   |                            |         | Cat                        | PR    | Tijd         | Info |
|----|----|------------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 31 | wt | 23                     | <b>Fiore Koutstaal</b>     |         | DC1                        | 44.57 | <b>45.80</b> |      |
|    | rd | 69                     | <b>Quinten de Jong</b>     |         | HB1                        | 43.54 | <b>44.12</b> |      |
|    |    | <b>Fiore Koutstaal</b> |                            |         | <b>Quinten de Jong</b>     |       |              |      |
|    |    | 100m                   | 12.54                      | (12.54) | 100m                       | 11.79 | (11.79)      |      |
|    |    | 500m                   | 45.80                      | (33.26) | 500m                       | 44.12 | (32.33)      |      |
|    |    | Naam                   |                            |         | Cat                        | PR    | Tijd         | Info |
| 32 | gl | 68                     | <b>Tiemen Haaring</b>      |         | HA1                        | 43.14 | <b>44.08</b> |      |
|    | bl | 101                    | <b>Bram van der Hoeven</b> |         | HB1                        | 44.74 | <b>45.38</b> |      |
|    |    | <b>Tiemen Haaring</b>  |                            |         | <b>Bram van der Hoeven</b> |       |              |      |
|    |    | 100m                   | 11.89                      | (11.89) | 100m                       | 12.14 | (12.14)      |      |
|    |    | 500m                   | 44.08                      | (32.19) | 500m                       | 45.38 | (33.24)      |      |
|    |    | Naam                   |                            |         | Cat                        | PR    | Tijd         | Info |
| 33 | wt | 79                     | <b>Fleur Alkemade</b>      |         | DC1                        | 42.40 | <b>43.17</b> |      |
|    | rd | 47                     | <b>Indy Kromokario</b>     |         | HA1                        | 42.11 | <b>42.75</b> |      |
|    |    | <b>Fleur Alkemade</b>  |                            |         | <b>Indy Kromokario</b>     |       |              |      |
|    |    | 100m                   | 11.59                      | (11.59) | 100m                       | 11.16 | (11.16)      |      |
|    |    | 500m                   | 43.17                      | (31.58) | 500m                       | 42.75 | (31.59)      |      |
|    |    | Naam                   |                            |         | Cat                        | PR    | Tijd         | Info |
| 34 | gl | 83                     | <b>Stian van Etten</b>     |         | HC2                        | 42.78 | <b>42.81</b> |      |
|    | bl | 105                    | <b>Esmee Zijderlaan</b>    |         | DB2                        | 45.90 | <b>46.67</b> |      |
|    |    | <b>Stian van Etten</b> |                            |         | <b>Esmee Zijderlaan</b>    |       |              |      |
|    |    | 100m                   | 11.70                      | (11.70) | 100m                       | 12.65 | (12.65)      |      |
|    |    | 500m                   | 42.81                      | (31.11) | 500m                       | 46.67 | (34.02)      |      |
|    |    | Naam                   |                            |         | Cat                        | PR    | Tijd         | Info |
| 35 | wt | 104                    | <b>Aidan Verhoeve</b>      |         | HB2                        | 42.01 | <b>45.89</b> |      |
|    | rd | 30                     | <b>Maarten Pennings</b>    |         | HA1                        | 42.13 | <b>DNS</b>   |      |
|    |    | <b>Aidan Verhoeve</b>  |                            |         | <b>Maarten Pennings</b>    |       |              |      |
|    |    | 100m                   | 11.93                      | (11.93) |                            |       |              |      |
|    |    | 500m                   | 45.89                      | (33.96) |                            |       |              |      |

|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
|----|----|--------------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 36 | gl | 34                       | <b>Jules van Winden</b>   |         | HB2                       | 41.47 | <b>42.39</b> |      |
|    | bl | 76                       | <b>Dion van Hal</b>       |         | HA1                       | 41.23 | <b>42.53</b> |      |
|    |    | <u>Jules van Winden</u>  |                           |         | <u>Dion van Hal</u>       |       |              |      |
|    |    | 100m                     | 11.27                     | (11.27) | 100m                      | 11.72 | (11.72)      |      |
|    |    | 500m                     | 42.39                     | (31.12) | 500m                      | 42.53 | (30.81)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 37 | wt | 65                       | <b>Joey van den Berg</b>  |         | HB2                       | 41.39 | <b>43.08</b> |      |
|    | rd | 1                        | <b>Jim Hartveld</b>       |         | HB1                       | 41.66 | <b>45.38</b> |      |
|    |    | <u>Joey van den Berg</u> |                           |         | <u>Jim Hartveld</u>       |       |              |      |
|    |    | 100m                     | 11.29                     | (11.29) | 100m                      | 12.05 | (12.05)      |      |
|    |    | 500m                     | 43.08                     | (31.79) | 500m                      | 45.38 | (33.33)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 38 | gl | 58                       | <b>Isa Oudenes</b>        |         | DB1                       | 44.76 | <b>46.31</b> |      |
|    | bl | 88                       | <b>Amber Koetsier</b>     |         | DB1                       | 45.10 | <b>46.30</b> |      |
|    |    | <u>Isa Oudenes</u>       |                           |         | <u>Amber Koetsier</u>     |       |              |      |
|    |    | 100m                     | 12.48                     | (12.48) | 100m                      | 12.38 | (12.38)      |      |
|    |    | 500m                     | 46.31                     | (33.83) | 500m                      | 46.30 | (33.92)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 39 | wt | 100                      | <b>Ymke Wubben</b>        |         | DB1                       | 43.29 | <b>45.04</b> |      |
|    | rd | 72                       | <b>Scarlett de Bruijn</b> |         | DC2                       | 43.40 | <b>45.91</b> |      |
|    |    | <u>Ymke Wubben</u>       |                           |         | <u>Scarlett de Bruijn</u> |       |              |      |
|    |    | 100m                     | 12.55                     | (12.55) | 100m                      | 12.53 | (12.53)      |      |
|    |    | 500m                     | 45.04                     | (32.49) | 500m                      | 45.91 | (33.38)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 40 | gl | 64                       | <b>Peng Shen Plugge</b>   |         | HC2                       | 41.12 | <b>42.21</b> |      |
|    | bl | 27                       | <b>Luke Bavius</b>        |         | HB1                       | 41.40 | <b>41.88</b> |      |
|    |    | <u>Peng Shen Plugge</u>  |                           |         | <u>Luke Bavius</u>        |       |              |      |
|    |    | 100m                     | 11.35                     | (11.35) | 100m                      | 11.33 | (11.33)      |      |
|    |    | 500m                     | 42.21                     | (30.86) | 500m                      | 41.88 | (30.55)      |      |

|    |    | Naam                        | Cat | PR                | Tijd  | Info         |
|----|----|-----------------------------|-----|-------------------|-------|--------------|
| 41 | wt | 110 <b>Daan van Zwienen</b> | HB2 | 38.08             |       | <b>DNS</b>   |
|    | rd | 74 <b>Sem Spruit</b>        | HB1 | 38.38             |       | <b>39.50</b> |
|    |    | <b>Daan van Zwienen</b>     |     | <b>Sem Spruit</b> |       |              |
|    |    |                             |     | 100m              | 10.95 | (10.95)      |
|    |    |                             |     | 500m              | 39.50 | (28.55)      |

|    |    | Naam                       | Cat | PR                      | Tijd  | Info            |
|----|----|----------------------------|-----|-------------------------|-------|-----------------|
| 42 | gl | 45 <b>Taeke Jongbloed</b>  | HB1 | 41.07                   |       | <b>41.04</b> PR |
|    | bl | 95 <b>Matthijs de Haan</b> | HC2 | 40.56                   |       | <b>40.84</b>    |
|    |    | <b>Taeke Jongbloed</b>     |     | <b>Matthijs de Haan</b> |       |                 |
|    |    |                            |     | 100m                    | 11.36 | (11.36)         |
|    |    |                            |     | 500m                    | 41.04 | (29.68)         |
|    |    |                            |     | 100m                    | 11.32 | (11.32)         |
|    |    |                            |     | 500m                    | 40.84 | (29.52)         |

## 2. Uitslag 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|--------------------------|-----|------|------|---------|-------|--------|
| 1   | 76 Dion van Hal          | HA1 | 77   | I    | 1:23.83 |       |        |
| 2   | 83 Stian van Etten       | HC2 | 74   | O    | 1:24.12 | PR    |        |
| 3   | 65 Joey van den Berg     | HB2 | 74   | I    | 1:26.41 | PR    |        |
| 4   | 1 Jim Hartveld           | HB1 | 78   | O    | 1:27.06 |       |        |
| 5   | 79 Fleur Alkemade        | DC1 | 77   | O    | 1:27.96 |       |        |
| 6   | 68 Tiemen Haaring        | HA1 | 75   | I    | 1:28.33 |       |        |
| 7   | 23 Fiore Koutstaal       | DC1 | 71   | I    | 1:30.07 | PR    |        |
| 8   | 104 Aidan Verhoeve       | HB2 | 75   | O    | 1:30.48 |       |        |
| 9   | 31 Niels Pennings        | HB2 | 70   | O    | 1:30.84 | PR    |        |
| 10  | 101 Bram van der Hoeven  | HB1 | 71   | O    | 1:31.40 |       |        |
| 11  | 16 Tygo Blom             | HC1 | 65   | O    | 1:32.39 | PR    |        |
| 12  | 57 Mees Blaauw           | HC2 | 69   | I    | 1:32.67 | PR    |        |
| 13  | 69 Quinten de Jong       | HB1 | 72   | I    | 1:32.81 |       |        |
| 14  | 105 Esmee Zijderlaan     | DB2 | 76   | O    | 1:34.02 |       |        |
| 15  | 112 Kira Kramer          | DB1 | 72   | O    | 1:34.61 |       |        |
| 16  | 9 Olivier Wennekes       | HC1 | 73   | O    | 1:34.83 |       |        |
| 17  | 2 Boaz de Gast           | HC2 | 61   | I    | 1:34.85 | PR    |        |
| 18  | 20 Ties Moerman          | HC1 | 67   | O    | 1:35.83 | PR    |        |
| 19  | 24 Joep van Leeuwen      | HC2 | 67   | I    | 1:36.01 | PR    |        |
| 20  | 70 Lieke van Ooij        | DB2 | 63   | O    | 1:36.51 | PR    |        |
| 21  | 117 Annika Korpershoek   | DC2 | 65   | I    | 1:36.55 | PR    |        |
| 22  | 49 Ruben Star            | HC1 | 61   | O    | 1:37.42 | PR    |        |
| 23  | 18 Esmee van Randeraat   | DC1 | 64   | I    | 1:38.24 |       |        |
| 24  | 8 Kai Budiarto           | HC1 | 70   | I    | 1:38.58 |       |        |
| 25  | 11 Teije Hekkema         | HC2 | 62   | O    | 1:39.18 | PR    |        |
| 26  | 32 Rune Stoel            | HC1 | 69   | O    | 1:39.50 |       |        |
| 27  | 94 Lara Castro Nortier   | DC2 | 60   | I    | 1:39.95 |       |        |
| 28  | 97 Lisa den Hertog       | DC2 | 66   | O    | 1:40.24 |       |        |
| 29  | 63 Maaïke Helleman       | DC1 | 56   | O    | 1:40.26 | PR    |        |
| 30  | 50 Bente Barendse        | DB1 | 64   | O    | 1:40.74 |       |        |
| 31  | 5 Emma Boon              | DC2 | 57   | I    | 1:41.03 | PR    |        |
| 32  | 118 Floortje Korpershoek | DC2 | 54   | I    | 1:41.07 | PR    |        |
| 33  | 15 Famke Hogenboom       | DA2 | 68   | O    | 1:41.34 |       |        |
| 34  | 111 Loek Oudenes         | HC1 | 45   | O    | 1:41.61 | PR    |        |
| 35  | 51 Cato Slegtenhorst     | DC1 | 59   | O    | 1:41.67 | PR    |        |
| 36  | 37 Tippi Verbree         | DC1 | 55   | I    | 1:42.16 | PR    |        |
| 37  | 77 Valerie Gerritse      | DC1 | 58   | I    | 1:42.40 | HT PR |        |
| 38  | 7 Lisanne Vreugdenhil    | DC2 | 60   | O    | 1:42.52 |       |        |

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|-----------------------|-----|------|------|---------|-------|--------|
| 39  | 113 Mette Verdoold    | DC2 | 55   | O    | 1:42.67 | PR    |        |
| 40  | 38 Feline Solleveld   | DC2 | 63   | I    | 1:42.72 |       |        |
| 41  | 19 Tycho Petri        | HC1 | 51   | I    | 1:43.30 | HT PR |        |
| 42  | 107 Luna Beks         | DC1 | 47   | I    | 1:43.56 | PR    |        |
| 43  | 6 Isolde de Koster    | DC2 | 48   | I    | 1:44.09 | PR    |        |
| 44  | 106 Jasper Zijderlaan | HC2 | 46   | O    | 1:44.88 | PR    |        |
| 45  | 43 Luuk van Leeuwen   | HC2 | 52   | I    | 1:45.66 | HT PR |        |
| 46  | 59 Lindsey Eijgermans | DC2 | 58   | O    | 1:45.67 |       |        |
| 47  | 66 Oona Alleblas      | DC1 | 50   | O    | 1:45.73 | PR    |        |
| 48  | 99 Anne-Lotte Kohler  | DC2 | 53   | O    | 1:46.27 |       |        |
| 49  | 25 Stijn van Leeuwen  | HC2 | 52   | O    | 1:46.67 | PR    |        |
| 50  | 4 Evi Lagerwerf       | DC2 | 54   | O    | 1:47.10 |       |        |
| 51  | 52 Simone Gravesteyn  | DB1 | 57   | O    | 1:47.47 |       |        |
| 52  | 42 Mare Damsma        | DC1 | 56   | I    | 1:47.61 |       |        |
| 53  | 78 Lisa de Koster     | DC2 | 53   | I    | 1:48.55 |       |        |
| 54  | 56 Femke Govers       | DA2 | 59   | I    | 1:49.17 |       |        |
| 55  | 21 Clover van Zeijl   | DC2 | 48   | O    | 1:49.26 |       |        |
| 56  | 109 Merle van Rijn    | DC1 | 46   | I    | 1:51.95 | PR    |        |
| 57  | 46 Mirthe Wijnakker   | DC2 | 49   | I    | 1:52.32 | PR    |        |
| 58  | 61 Pien de Jong       | DC2 | 49   | O    | 1:53.05 |       |        |
| 59  | 14 Lyam van der Neut  | HC1 | 47   | O    | 1:53.46 | PR    |        |
| 60  | 26 Jasmijn Bavius     | DC1 | 51   | O    | 1:53.50 | HT    |        |
| 61  | 28 Julian Ras         | HC1 | 66   | I    | 1:55.51 | FL    |        |
| 62  | 12 Rinske Hogenboom   | DC1 | 45   | I    | 1:56.00 | PR    |        |
| 63  | 81 Kian Van Nierop    | HC1 | 43   | I    | 1:56.79 | PR    |        |
| 64  | 39 Beyza Barkin       | DC2 | 43   | O    | 1:57.23 |       |        |
| 65  | 3 Renske Ansink       | DC1 | 50   | I    | 1:57.34 |       |        |
| 66  | 33 Sanne Plag         | DC1 | 44   | O    | 2:02.24 | PR    |        |
| 67  | 47 Indy Kromokario    | HA1 | 73   | I    | 2:05.25 | FL    |        |
| 68  | 13 Rutger van Gerven  | HC2 | 44   | I    | 2:10.30 | PR    |        |
|     | 34 Jules van Winden   | HB2 | 78   | I    | DNF     |       |        |
|     | 82 Sven Kompier       | HC2 | 68   | I    | DNS     |       |        |
|     | 30 Maarten Pennings   | HA1 | 76   | I    | DNS     |       |        |

## 2. Rituitslag 1000 meter

|    |    | Naam |                        | Cat |     | PR      | Tijd           | Info |
|----|----|------|------------------------|-----|-----|---------|----------------|------|
| 43 | wt | 81   | <b>Kian Van Nierop</b> |     | HC1 | 2:07.15 | <b>1:56.79</b> | PR   |
|    | rd | 39   | <b>Beyza Barkin</b>    |     | DC2 |         | <b>1:57.23</b> |      |

### Kian Van Nierop

|       |         |         |
|-------|---------|---------|
| 200m  | 25.29   | (25.29) |
| 600m  | 1:10.45 | (45.16) |
| 1000m | 1:56.79 | (46.34) |

### Beyza Barkin

|       |         |         |
|-------|---------|---------|
| 200m  | 27.17   | (27.17) |
| 600m  | 1:11.30 | (44.13) |
| 1000m | 1:57.23 | (45.93) |

|    |    | Naam |                          | Cat |     | PR      | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|---------|----------------|------|
| 44 | gl | 13   | <b>Rutger van Gerven</b> |     | HC2 | 2:12.21 | <b>2:10.30</b> | PR   |
|    | bl | 33   | <b>Sanne Plag</b>        |     | DC1 | 2:06.41 | <b>2:02.24</b> | PR   |

### Rutger van Gerven

|       |         |         |
|-------|---------|---------|
| 200m  | 27.65   | (27.65) |
| 600m  | 1:17.84 | (50.19) |
| 1000m | 2:10.30 | (52.46) |

### Sanne Plag

|       |         |         |
|-------|---------|---------|
| 200m  | 26.99   | (26.99) |
| 600m  | 1:12.65 | (45.66) |
| 1000m | 2:02.24 | (49.59) |

|    |    | Naam |                         | Cat |     | PR      | Tijd           | Info |
|----|----|------|-------------------------|-----|-----|---------|----------------|------|
| 45 | wt | 12   | <b>Rinske Hogenboom</b> |     | DC1 | 1:57.28 | <b>1:56.00</b> | PR   |
|    | rd | 111  | <b>Loek Oudenes</b>     |     | HC1 | 1:57.00 | <b>1:41.61</b> | PR   |

### Rinske Hogenboom

|       |         |         |
|-------|---------|---------|
| 200m  | 25.43   | (25.43) |
| 600m  | 1:09.03 | (43.60) |
| 1000m | 1:56.00 | (46.97) |

### Loek Oudenes

|       |         |         |
|-------|---------|---------|
| 200m  | 23.43   | (23.43) |
| 600m  | 1:01.51 | (38.08) |
| 1000m | 1:41.61 | (40.10) |

|    |    | Naam |                          | Cat |     | PR      | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|---------|----------------|------|
| 46 | gl | 109  | <b>Merle van Rijn</b>    |     | DC1 | 2:02.98 | <b>1:51.95</b> | PR   |
|    | bl | 106  | <b>Jasper Zijderlaan</b> |     | HC2 | 1:58.56 | <b>1:44.88</b> | PR   |

### Merle van Rijn

|       |         |         |
|-------|---------|---------|
| 200m  | 24.75   | (24.75) |
| 600m  | 1:06.84 | (42.09) |
| 1000m | 1:51.95 | (45.11) |

### Jasper Zijderlaan

|       |         |         |
|-------|---------|---------|
| 200m  | 23.45   | (23.45) |
| 600m  | 1:03.63 | (40.18) |
| 1000m | 1:44.88 | (41.25) |

|    |    | Naam |                          | Cat     |         | PR      | Tijd                     | Info    |  |
|----|----|------|--------------------------|---------|---------|---------|--------------------------|---------|--|
| 47 | wt | 107  | <b>Luna Beks</b>         |         | DC1     | 1:55.88 | <b>1:43.56</b>           | PR      |  |
|    | rd | 14   | <b>Lyam van der Neut</b> |         | HC1     | 2:03.43 | <b>1:53.46</b>           | PR      |  |
|    |    |      | <b>Luna Beks</b>         |         |         |         | <b>Lyam van der Neut</b> |         |  |
|    |    |      | 200m                     | 23.42   | (23.42) | 200m    | 24.91                    | (24.91) |  |
|    |    |      | 600m                     | 1:01.72 | (38.30) | 600m    | 1:07.76                  | (42.85) |  |
|    |    |      | 1000m                    | 1:43.56 | (41.84) | 1000m   | 1:53.46                  | (45.70) |  |

|    |    | Naam |                         | Cat     |         | PR      | Tijd                    | Info    |  |
|----|----|------|-------------------------|---------|---------|---------|-------------------------|---------|--|
| 48 | gl | 6    | <b>Isolde de Koster</b> |         | DC2     | 1:50.47 | <b>1:44.09</b>          | PR      |  |
|    | bl | 21   | <b>Clover van Zeijl</b> |         | DC2     | 1:48.96 | <b>1:49.26</b>          |         |  |
|    |    |      | <b>Isolde de Koster</b> |         |         |         | <b>Clover van Zeijl</b> |         |  |
|    |    |      | 200m                    | 23.32   | (23.32) | 200m    | 24.68                   | (24.68) |  |
|    |    |      | 600m                    | 1:01.64 | (38.32) | 600m    | 1:05.44                 | (40.76) |  |
|    |    |      | 1000m                   | 1:44.09 | (42.45) | 1000m   | 1:49.26                 | (43.82) |  |

|    |    | Naam |                         | Cat     |         | PR      | Tijd                | Info    |  |
|----|----|------|-------------------------|---------|---------|---------|---------------------|---------|--|
| 49 | wt | 46   | <b>Mirthe Wijnakker</b> |         | DC2     | 1:53.33 | <b>1:52.32</b>      | PR      |  |
|    | rd | 61   | <b>Pien de Jong</b>     |         | DC2     | 1:49.49 | <b>1:53.05</b>      |         |  |
|    |    |      | <b>Mirthe Wijnakker</b> |         |         |         | <b>Pien de Jong</b> |         |  |
|    |    |      | 200m                    | 24.79   | (24.79) | 200m    | 25.82               | (25.82) |  |
|    |    |      | 600m                    | 1:07.83 | (43.04) | 600m    | 1:08.26             | (42.44) |  |
|    |    |      | 1000m                   | 1:52.32 | (44.49) | 1000m   | 1:53.05             | (44.79) |  |

|    |    | Naam |                      | Cat     |         | PR      | Tijd                 | Info    |  |
|----|----|------|----------------------|---------|---------|---------|----------------------|---------|--|
| 50 | gl | 3    | <b>Renske Ansink</b> |         | DC1     | 1:54.28 | <b>1:57.34</b>       |         |  |
|    | bl | 66   | <b>Oona Alleblas</b> |         | DC1     | 1:50.36 | <b>1:45.73</b>       | PR      |  |
|    |    |      | <b>Renske Ansink</b> |         |         |         | <b>Oona Alleblas</b> |         |  |
|    |    |      | 200m                 | 25.28   | (25.28) | 200m    | 24.17                | (24.17) |  |
|    |    |      | 600m                 | 1:09.44 | (44.16) | 600m    | 1:04.13              | (39.96) |  |
|    |    |      | 1000m                | 1:57.34 | (47.90) | 1000m   | 1:45.73              | (41.60) |  |



|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info  |
|----|----|--------------------------|---------|---------|-----------------------|---------|----------------|-------|
| 51 | wt | 19 <b>Tycho Petri</b>    |         |         | HC1                   | 1:48.18 | <b>1:43.30</b> | HT PR |
|    | rd | 26 <b>Jasmijn Bavius</b> |         |         | DC1                   | 1:46.08 | <b>1:53.50</b> | HT    |
|    |    | <b>Tycho Petri</b>       |         |         | <b>Jasmijn Bavius</b> |         |                |       |
|    |    | 200m                     | 22.99   | (22.99) | 200m                  | 24.82   | (24.82)        |       |
|    |    | 600m                     | 1:01.23 | (38.24) | 600m                  | 1:07.19 | (42.37)        |       |
|    |    | 1000m                    | 1:43.30 | (42.07) | 1000m                 | 1:53.50 | (46.31)        |       |

|    |    | Naam                        |         |         | Cat                      | PR      | Tijd           | Info  |
|----|----|-----------------------------|---------|---------|--------------------------|---------|----------------|-------|
| 52 | gl | 43 <b>Luuk van Leeuwen</b>  |         |         | HC2                      | 1:46.68 | <b>1:45.66</b> | HT PR |
|    | bl | 25 <b>Stijn van Leeuwen</b> |         |         | HC2                      | 1:46.99 | <b>1:46.67</b> | PR    |
|    |    | <b>Luuk van Leeuwen</b>     |         |         | <b>Stijn van Leeuwen</b> |         |                |       |
|    |    | 200m                        | 23.10   | (23.10) | 200m                     | 23.79   | (23.79)        |       |
|    |    | 600m                        | 1:03.21 | (40.11) | 600m                     | 1:03.83 | (40.04)        |       |
|    |    | 1000m                       | 1:45.66 | (42.45) | 1000m                    | 1:46.67 | (42.84)        |       |

|    |    | Naam                        |         |         | Cat                      | PR      | Tijd           | Info |
|----|----|-----------------------------|---------|---------|--------------------------|---------|----------------|------|
| 53 | wt | 78 <b>Lisa de Koster</b>    |         |         | DC2                      | 1:47.91 | <b>1:48.55</b> |      |
|    | rd | 99 <b>Anne-Lotte Kohler</b> |         |         | DC2                      | 1:45.32 | <b>1:46.27</b> |      |
|    |    | <b>Lisa de Koster</b>       |         |         | <b>Anne-Lotte Kohler</b> |         |                |      |
|    |    | 200m                        | 24.47   | (24.47) | 200m                     | 24.64   | (24.64)        |      |
|    |    | 600m                        | 1:06.03 | (41.56) | 600m                     | 1:04.99 | (40.35)        |      |
|    |    | 1000m                       | 1:48.55 | (42.52) | 1000m                    | 1:46.27 | (41.28)        |      |

|    |    | Naam                            |         |         | Cat                  | PR      | Tijd           | Info |
|----|----|---------------------------------|---------|---------|----------------------|---------|----------------|------|
| 54 | gl | 118 <b>Floortje Korpershoek</b> |         |         | DC2                  | 1:43.62 | <b>1:41.07</b> | PR   |
|    | bl | 4 <b>Evi Lagerwerf</b>          |         |         | DC2                  | 1:43.28 | <b>1:47.10</b> |      |
|    |    | <b>Floortje Korpershoek</b>     |         |         | <b>Evi Lagerwerf</b> |         |                |      |
|    |    | 200m                            | 23.02   | (23.02) | 200m                 | 23.52   | (23.52)        |      |
|    |    | 600m                            | 1:00.86 | (37.84) | 600m                 | 1:03.11 | (39.59)        |      |
|    |    | 1000m                           | 1:41.07 | (40.21) | 1000m                | 1:47.10 | (43.99)        |      |

|    |    | Naam                      | Cat | PR                    | Tijd                  | Info |
|----|----|---------------------------|-----|-----------------------|-----------------------|------|
| 55 | wt | 37 <b>Tippi Verbree</b>   | DC1 | 1:44.98               | <b>1:42.16</b>        | PR   |
|    | rd | 113 <b>Mette Verdoold</b> | DC2 | 1:42.97               | <b>1:42.67</b>        | PR   |
|    |    | <b>Tippi Verbree</b>      |     |                       | <b>Mette Verdoold</b> |      |
|    |    | 200m 22.70 (22.70)        |     | 200m 23.36 (23.36)    |                       |      |
|    |    | 600m 1:01.12 (38.42)      |     | 600m 1:01.72 (38.36)  |                       |      |
|    |    | 1000m 1:42.16 (41.04)     |     | 1000m 1:42.67 (40.95) |                       |      |

|    |    | Naam                      | Cat | PR                    | Tijd                   | Info |
|----|----|---------------------------|-----|-----------------------|------------------------|------|
| 56 | gl | 42 <b>Mare Damsma</b>     | DC1 | 1:44.01               | <b>1:47.61</b>         |      |
|    | bl | 63 <b>Maaike Helleman</b> | DC1 | 1:44.38               | <b>1:40.26</b>         | PR   |
|    |    | <b>Mare Damsma</b>        |     |                       | <b>Maaike Helleman</b> |      |
|    |    | 200m 23.86 (23.86)        |     | 200m 23.12 (23.12)    |                        |      |
|    |    | 600m 1:04.56 (40.70)      |     | 600m 1:00.55 (37.43)  |                        |      |
|    |    | 1000m 1:47.61 (43.05)     |     | 1000m 1:40.26 (39.71) |                        |      |

|    |    | Naam                        | Cat | PR                    | Tijd                     | Info |
|----|----|-----------------------------|-----|-----------------------|--------------------------|------|
| 57 | wt | 5 <b>Emma Boon</b>          | DC2 | 1:41.63               | <b>1:41.03</b>           | PR   |
|    | rd | 52 <b>Simone Gravesteyn</b> | DB1 | 1:42.44               | <b>1:47.47</b>           |      |
|    |    | <b>Emma Boon</b>            |     |                       | <b>Simone Gravesteyn</b> |      |
|    |    | 200m 22.16 (22.16)          |     | 200m 23.28 (23.28)    |                          |      |
|    |    | 600m 59.93 (37.77)          |     | 600m 1:03.19 (39.91)  |                          |      |
|    |    | 1000m 1:41.03 (41.10)       |     | 1000m 1:47.47 (44.28) |                          |      |

|    |    | Naam                         | Cat | PR                    | Tijd                      | Info  |
|----|----|------------------------------|-----|-----------------------|---------------------------|-------|
| 58 | gl | 77 <b>Valerie Gerritse</b>   | DC1 | 1:42.33               | <b>1:42.40</b>            | HT PR |
|    | bl | 59 <b>Lindsey Eijgermans</b> | DC2 | 1:41.68               | <b>1:45.67</b>            |       |
|    |    | <b>Valerie Gerritse</b>      |     |                       | <b>Lindsey Eijgermans</b> |       |
|    |    | 200m 22.95 (22.95)           |     | 200m 23.38 (23.38)    |                           |       |
|    |    | 600m 1:01.33 (38.38)         |     | 600m 1:02.26 (38.88)  |                           |       |
|    |    | 1000m 1:42.40 (41.07)        |     | 1000m 1:45.67 (43.41) |                           |       |

|    |    | Naam                |                          |         | Cat                      |         |         | PR      | Tijd           | Info |
|----|----|---------------------|--------------------------|---------|--------------------------|---------|---------|---------|----------------|------|
| 59 | wt | 56                  | <b>Femke Govers</b>      |         | DA2                      |         |         | 1:42.89 | <b>1:49.17</b> |      |
|    | rd | 51                  | <b>Cato Slegtenhorst</b> |         | DC1                      |         |         | 1:42.12 | <b>1:41.67</b> | PR   |
|    |    | <b>Femke Govers</b> |                          |         | <b>Cato Slegtenhorst</b> |         |         |         |                |      |
|    |    | 200m                | 23.85                    | (23.85) | 200m                     | 24.14   | (24.14) |         |                |      |
|    |    | 600m                | 1:03.41                  | (39.56) | 600m                     | 1:02.34 | (38.20) |         |                |      |
|    |    | 1000m               | 1:49.17                  | (45.76) | 1000m                    | 1:41.67 | (39.33) |         |                |      |

|    |    | Naam                       |                            |         | Cat                        |         |         | PR      | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|----------------------------|---------|---------|---------|----------------|------|
| 60 | gl | 94                         | <b>Lara Castro Nortier</b> |         | DC2                        |         |         | 1:38.83 | <b>1:39.95</b> |      |
|    | bl | 7                          | <b>Lisanne Vreugdenhil</b> |         | DC2                        |         |         | 1:40.03 | <b>1:42.52</b> |      |
|    |    | <b>Lara Castro Nortier</b> |                            |         | <b>Lisanne Vreugdenhil</b> |         |         |         |                |      |
|    |    | 200m                       | 22.20                      | (22.20) | 200m                       | 24.00   | (24.00) |         |                |      |
|    |    | 600m                       | 59.73                      | (37.53) | 600m                       | 1:02.48 | (38.48) |         |                |      |
|    |    | 1000m                      | 1:39.95                    | (40.22) | 1000m                      | 1:42.52 | (40.04) |         |                |      |

|    |    | Naam                |                     |         | Cat               |         |         | PR      | Tijd           | Info |
|----|----|---------------------|---------------------|---------|-------------------|---------|---------|---------|----------------|------|
| 61 | wt | 2                   | <b>Boaz de Gast</b> |         | HC2               |         |         | 1:40.50 | <b>1:34.85</b> | PR   |
|    | rd | 49                  | <b>Ruben Star</b>   |         | HC1               |         |         | 1:41.35 | <b>1:37.42</b> | PR   |
|    |    | <b>Boaz de Gast</b> |                     |         | <b>Ruben Star</b> |         |         |         |                |      |
|    |    | 200m                | 21.88               | (21.88) | 200m              | 22.11   | (22.11) |         |                |      |
|    |    | 600m                | 57.16               | (35.28) | 600m              | 58.71   | (36.60) |         |                |      |
|    |    | 1000m               | 1:34.85             | (37.69) | 1000m             | 1:37.42 | (38.71) |         |                |      |

|    |    | Naam                 |                      |  | Cat   |         |         | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|--|-------|---------|---------|---------|----------------|------|
| 62 | gl | 11                   | <b>Teije Hekkema</b> |  | HC2   |         |         | 1:41.44 | <b>1:39.18</b> | PR   |
|    | bl |                      |                      |  |       |         |         |         |                |      |
|    |    | <b>Teije Hekkema</b> |                      |  |       |         |         |         |                |      |
|    |    | m                    |                      |  | 200m  | 21.66   | (21.66) |         |                |      |
|    |    |                      |                      |  | 600m  | 58.37   | (36.71) |         |                |      |
|    |    |                      |                      |  | 1000m | 1:39.18 | (40.81) |         |                |      |

|    |    | Naam                       | Cat             | PR      | Tijd            | Info                  |
|----|----|----------------------------|-----------------|---------|-----------------|-----------------------|
| 63 | wt | 38 <b>Feline Solleveld</b> | DC2             | 1:37.25 | <b>1:42.72</b>  |                       |
|    | rd | 70 <b>Lieke van Ooij</b>   | DB2             | 1:37.61 | <b>1:36.51</b>  | PR                    |
|    |    | <b>Feline Solleveld</b>    |                 |         |                 | <b>Lieke van Ooij</b> |
|    |    | 200m                       | 23.47 (23.47)   | 200m    | 22.06 (22.06)   |                       |
|    |    | 600m                       | 1:02.31 (38.84) | 600m    | 58.24 (36.18)   |                       |
|    |    | 1000m                      | 1:42.72 (40.41) | 1000m   | 1:36.51 (38.27) |                       |

|    |    | Naam                         | Cat             | PR      | Tijd            | Info                  |
|----|----|------------------------------|-----------------|---------|-----------------|-----------------------|
| 64 | gl | 18 <b>Esmee van Randraat</b> | DC1             | 1:37.65 | <b>1:38.24</b>  |                       |
|    | bl | 50 <b>Bente Barendse</b>     | DB1             | 1:38.50 | <b>1:40.74</b>  |                       |
|    |    | <b>Esmee van Randraat</b>    |                 |         |                 | <b>Bente Barendse</b> |
|    |    | 200m                         | 22.59 (22.59)   | 200m    | 23.12 (23.12)   |                       |
|    |    | 600m                         | 59.98 (37.39)   | 600m    | 1:00.87 (37.75) |                       |
|    |    | 1000m                        | 1:38.24 (38.26) | 1000m   | 1:40.74 (39.87) |                       |

|    |    | Naam                          | Cat             | PR      | Tijd            | Info             |
|----|----|-------------------------------|-----------------|---------|-----------------|------------------|
| 65 | wt | 117 <b>Annika Korpershoek</b> | DC2             | 1:37.88 | <b>1:36.55</b>  | PR               |
|    | rd | 16 <b>Tygo Blom</b>           | HC1             | 1:37.91 | <b>1:32.39</b>  | PR               |
|    |    | <b>Annika Korpershoek</b>     |                 |         |                 | <b>Tygo Blom</b> |
|    |    | 200m                          | 21.91 (21.91)   | 200m    | 21.43 (21.43)   |                  |
|    |    | 600m                          | 57.81 (35.90)   | 600m    | 55.96 (34.53)   |                  |
|    |    | 1000m                         | 1:36.55 (38.74) | 1000m   | 1:32.39 (36.43) |                  |

|    |    | Naam                      | Cat             | PR      | Tijd            | Info                   |
|----|----|---------------------------|-----------------|---------|-----------------|------------------------|
| 66 | gl | 28 <b>Julian Ras</b>      | HC1             | 1:36.00 | <b>1:55.51</b>  | FL                     |
|    | bl | 97 <b>Lisa den Hertog</b> | DC2             | 1:36.35 | <b>1:40.24</b>  |                        |
|    |    | <b>Julian Ras</b>         |                 |         |                 | <b>Lisa den Hertog</b> |
|    |    | 200m                      | 21.37 (21.37)   | 200m    | 22.69 (22.69)   |                        |
|    |    | 600m                      | 1:10.59 (49.22) | 600m    | 59.84 (37.15)   |                        |
|    |    | 1000m                     | 1:55.51 (44.92) | 1000m   | 1:40.24 (40.40) |                        |

|    |    | Naam                    |                         |         | Cat                 | PR      | Tijd           | Info |
|----|----|-------------------------|-------------------------|---------|---------------------|---------|----------------|------|
| 67 | wt | 24                      | <b>Joep van Leeuwen</b> |         | HC2                 | 1:36.52 | <b>1:36.01</b> | PR   |
|    | rd | 20                      | <b>Ties Moerman</b>     |         | HC1                 | 1:36.55 | <b>1:35.83</b> | PR   |
|    |    | <u>Joep van Leeuwen</u> |                         |         | <u>Ties Moerman</u> |         |                |      |
|    |    | 200m                    | 21.74                   | (21.74) | 200m                | 21.99   | (21.99)        |      |
|    |    | 600m                    | 57.72                   | (35.98) | 600m                | 57.38   | (35.39)        |      |
|    |    | 1000m                   | 1:36.01                 | (38.29) | 1000m               | 1:35.83 | (38.45)        |      |

|    |    | Naam                |                        |  | Cat                    | PR      | Tijd           | Info |
|----|----|---------------------|------------------------|--|------------------------|---------|----------------|------|
| 68 | gl | 82                  | <b>Sven Kompier</b>    |  | HC2                    | 1:36.50 | <b>DNS</b>     |      |
|    | bl | 15                  | <b>Famke Hogenboom</b> |  | DA2                    | 1:35.05 | <b>1:41.34</b> |      |
|    |    | <u>Sven Kompier</u> |                        |  | <u>Famke Hogenboom</u> |         |                |      |
|    |    | 200m                |                        |  | 200m                   | 23.28   | (23.28)        |      |
|    |    | 600m                |                        |  | 600m                   | 1:01.50 | (38.22)        |      |
|    |    | 1000m               |                        |  | 1000m                  | 1:41.34 | (39.84)        |      |

|    |    | Naam               |                    |         | Cat               | PR      | Tijd           | Info |
|----|----|--------------------|--------------------|---------|-------------------|---------|----------------|------|
| 69 | wt | 57                 | <b>Mees Blaauw</b> |         | HC2               | 1:34.14 | <b>1:32.67</b> | PR   |
|    | rd | 32                 | <b>Rune Stoel</b>  |         | HC1               | 1:34.83 | <b>1:39.50</b> |      |
|    |    | <u>Mees Blaauw</u> |                    |         | <u>Rune Stoel</u> |         |                |      |
|    |    | 200m               | 21.45              | (21.45) | 200m              | 22.37   | (22.37)        |      |
|    |    | 600m               | 56.52              | (35.07) | 600m              | 59.53   | (37.16)        |      |
|    |    | 1000m              | 1:32.67            | (36.15) | 1000m             | 1:39.50 | (39.97)        |      |

|    |    | Naam                |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 70 | gl | 8                   | <b>Kai Budiarto</b>   |         | HC1                   | 1:34.72 | <b>1:38.58</b> |      |
|    | bl | 31                  | <b>Niels Pennings</b> |         | HB2                   | 1:33.88 | <b>1:30.84</b> | PR   |
|    |    | <u>Kai Budiarto</u> |                       |         | <u>Niels Pennings</u> |         |                |      |
|    |    | 200m                | 21.60                 | (21.60) | 200m                  | 20.67   | (20.67)        |      |
|    |    | 600m                | 58.21                 | (36.61) | 600m                  | 55.03   | (34.36)        |      |
|    |    | 1000m               | 1:38.58               | (40.37) | 1000m                 | 1:30.84 | (35.81)        |      |

|    |    | Naam                   |                            |         | Cat                        | PR      | Tijd           | Info |
|----|----|------------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 71 | wt | 23                     | <b>Fiore Koutstaal</b>     |         | DC1                        | 1:31.01 | <b>1:30.07</b> | PR   |
|    | rd | 101                    | <b>Bram van der Hoeven</b> |         | HB1                        | 1:30.53 | <b>1:31.40</b> |      |
|    |    | <b>Fiore Koutstaal</b> |                            |         | <b>Bram van der Hoeven</b> |         |                |      |
|    |    | 200m                   | 21.15                      | (21.15) | 200m                       | 21.46   | (21.46)        |      |
|    |    | 600m                   | 54.88                      | (33.73) | 600m                       | 56.08   | (34.62)        |      |
|    |    | 1000m                  | 1:30.07                    | (35.19) | 1000m                      | 1:31.40 | (35.32)        |      |

|    |    | Naam                   |                        |         | Cat                | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|--------------------|---------|----------------|------|
| 72 | gl | 69                     | <b>Quinten de Jong</b> |         | HB1                | 1:30.03 | <b>1:32.81</b> |      |
|    | bl | 112                    | <b>Kira Kramer</b>     |         | DB1                | 1:31.93 | <b>1:34.61</b> |      |
|    |    | <b>Quinten de Jong</b> |                        |         | <b>Kira Kramer</b> |         |                |      |
|    |    | 200m                   | 21.37                  | (21.37) | 200m               | 21.18   | (21.18)        |      |
|    |    | 600m                   | 56.76                  | (35.39) | 600m               | 56.32   | (35.14)        |      |
|    |    | 1000m                  | 1:32.81                | (36.05) | 1000m              | 1:34.61 | (38.29)        |      |

|    |    | Naam                   |                         |         | Cat                     | PR      | Tijd           | Info |
|----|----|------------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 73 | wt | 47                     | <b>Indy Kromokario</b>  |         | HA1                     | 1:29.84 | <b>2:05.25</b> | FL   |
|    | rd | 9                      | <b>Olivier Wennekes</b> |         | HC1                     | 1:31.89 | <b>1:34.83</b> |      |
|    |    | <b>Indy Kromokario</b> |                         |         | <b>Olivier Wennekes</b> |         |                |      |
|    |    | 200m                   | 19.45                   | (19.45) | 200m                    | 21.43   | (21.43)        |      |
|    |    | 600m                   | 1:19.55                 | (60.10) | 600m                    | 56.73   | (35.30)        |      |
|    |    | 1000m                  | 2:05.25                 | (45.70) | 1000m                   | 1:34.83 | (38.10)        |      |

|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 74 | gl | 65                       | <b>Joey van den Berg</b> |         | HB2                    | 1:26.64 | <b>1:26.41</b> | PR   |
|    | bl | 83                       | <b>Stian van Etten</b>   |         | HC2                    | 1:25.13 | <b>1:24.12</b> | PR   |
|    |    | <b>Joey van den Berg</b> |                          |         | <b>Stian van Etten</b> |         |                |      |
|    |    | 200m                     | 19.51                    | (19.51) | 200m                   | 20.03   | (20.03)        |      |
|    |    | 600m                     | 51.71                    | (32.20) | 600m                   | 51.65   | (31.62)        |      |
|    |    | 1000m                    | 1:26.41                  | (34.70) | 1000m                  | 1:24.12 | (32.47)        |      |

|    |    | Naam                      |         |         | Cat                   | PR      | Tijd           | Info |
|----|----|---------------------------|---------|---------|-----------------------|---------|----------------|------|
| 75 | wt | 68 <b>Tiemen Haaring</b>  |         |         | HA1                   | 1:27.01 | <b>1:28.33</b> |      |
|    | rd | 104 <b>Aidan Verhoeve</b> |         |         | HB2                   | 1:25.82 | <b>1:30.48</b> |      |
|    |    | <b>Tiemen Haaring</b>     |         |         | <b>Aidan Verhoeve</b> |         |                |      |
|    |    | 200m                      | 20.42   | (20.42) | 200m                  | 20.08   | (20.08)        |      |
|    |    | 600m                      | 53.65   | (33.23) | 600m                  | 54.02   | (33.94)        |      |
|    |    | 1000m                     | 1:28.33 | (34.68) | 1000m                 | 1:30.48 | (36.46)        |      |

|    |    | Naam                        |  |  | Cat                     | PR      | Tijd           | Info |
|----|----|-----------------------------|--|--|-------------------------|---------|----------------|------|
| 76 | gl | 30 <b>Maarten Pennings</b>  |  |  | HA1                     | 1:24.27 | <b>DNS</b>     |      |
|    | bl | 105 <b>Esmee Zijderlaan</b> |  |  | DB2                     | 1:32.44 | <b>1:34.02</b> |      |
|    |    | <b>Maarten Pennings</b>     |  |  | <b>Esmee Zijderlaan</b> |         |                |      |
|    |    | 200m                        |  |  | 200m                    | 22.09   | (22.09)        |      |
|    |    | 600m                        |  |  | 600m                    | 57.50   | (35.41)        |      |
|    |    | 1000m                       |  |  | 1000m                   | 1:34.02 | (36.52)        |      |

|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info |
|----|----|--------------------------|---------|---------|-----------------------|---------|----------------|------|
| 77 | wt | 76 <b>Dion van Hal</b>   |         |         | HA1                   | 1:20.28 | <b>1:23.83</b> |      |
|    | rd | 79 <b>Fleur Alkemade</b> |         |         | DC1                   | 1:24.34 | <b>1:27.96</b> |      |
|    |    | <b>Dion van Hal</b>      |         |         | <b>Fleur Alkemade</b> |         |                |      |
|    |    | 200m                     | 19.66   | (19.66) | 200m                  | 20.29   | (20.29)        |      |
|    |    | 600m                     | 50.76   | (31.10) | 600m                  | 52.71   | (32.42)        |      |
|    |    | 1000m                    | 1:23.83 | (33.07) | 1000m                 | 1:27.96 | (35.25)        |      |

|    |    | Naam                       |       |         | Cat                 | PR      | Tijd           | Info |
|----|----|----------------------------|-------|---------|---------------------|---------|----------------|------|
| 78 | gl | 34 <b>Jules van Winden</b> |       |         | HB2                 | 1:22.83 | <b>DNF</b>     |      |
|    | bl | 1 <b>Jim Hartveld</b>      |       |         | HB1                 | 1:23.70 | <b>1:27.06</b> |      |
|    |    | <b>Jules van Winden</b>    |       |         | <b>Jim Hartveld</b> |         |                |      |
|    |    | 200m                       | 19.60 | (19.60) | 200m                | 20.11   | (20.11)        |      |
|    |    |                            |       |         | 600m                | 52.31   | (32.20)        |      |
|    |    |                            |       |         | 1000m               | 1:27.06 | (34.75)        |      |

## 3. Uitslag KTT 1500 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 74 Sem Spruit         | HB1 | 82   | I    | 1:58.06 |      |        |
| 2   | 45 Taeke Jongbloed    | HB1 | 83   | I    | 2:06.23 |      |        |
| 3   | 110 Daan van Zwienen  | HB2 | 84   | I    | 2:06.69 |      |        |
| 4   | 27 Luke Bavius        | HB1 | 83   | O    | 2:06.85 | PR   |        |
| 5   | 95 Matthijs de Haan   | HC2 | 82   | O    | 2:09.15 |      |        |
| 6   | 64 Peng Shen Plugge   | HC2 | 84   | O    | 2:09.57 |      |        |
| 7   | 100 Ymke Wubben       | DB1 | 79   | I    | 2:17.65 |      |        |
| 8   | 58 Isa Oudenes        | DB1 | 81   | I    | 2:25.33 |      |        |
| 9   | 88 Amber Koetsier     | DB1 | 81   | O    | 2:25.54 |      |        |
| 10  | 72 Scarlett de Bruijn | DC2 | 79   | O    | 2:25.94 |      |        |



## 3. Rituitslag KTT 1500 meter

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 79 | wt | 100 <b>Ymke Wubben</b>       | DB1 | 2:08.99 | <b>2:17.65</b> |      |
|    | rd | 72 <b>Scarlett de Bruijn</b> | DC2 | 2:15.37 | <b>2:25.94</b> |      |

### Ymke Wubben

|       |         |         |
|-------|---------|---------|
| 300m  | 30.40   | (30.40) |
| 700m  | 1:04.65 | (34.25) |
| 1100m | 1:40.64 | (35.99) |
| 1500m | 2:17.65 | (37.01) |

### Scarlett de Bruijn

|       |         |         |
|-------|---------|---------|
| 300m  | 30.34   | (30.34) |
| 700m  | 1:06.05 | (35.71) |
| 1100m | 1:45.35 | (39.30) |
| 1500m | 2:25.94 | (40.59) |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 80 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |

m

m

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 81 | wt | 58 <b>Isa Oudenes</b>    | DB1 | 2:19.94 | <b>2:25.33</b> |      |
|    | rd | 88 <b>Amber Koetsier</b> | DB1 | 2:18.14 | <b>2:25.54</b> |      |

### Isa Oudenes

|       |         |         |
|-------|---------|---------|
| 300m  | 31.63   | (31.63) |
| 700m  | 1:08.20 | (36.57) |
| 1100m | 1:46.52 | (38.32) |
| 1500m | 2:25.33 | (38.81) |

### Amber Koetsier

|       |         |         |
|-------|---------|---------|
| 300m  | 31.11   | (31.11) |
| 700m  | 1:08.09 | (36.98) |
| 1100m | 1:47.28 | (39.19) |
| 1500m | 2:25.54 | (38.26) |

|    |    | Naam                       | Cat | PR      | Tijd           | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 82 | gl | 74 <b>Sem Spruit</b>       | HB1 | 1:54.45 | <b>1:58.06</b> |      |
|    | bl | 95 <b>Matthijs de Haan</b> | HC2 | 2:08.90 | <b>2:09.15</b> |      |

### Sem Spruit

|       |         |         |
|-------|---------|---------|
| 300m  | 25.91   | (25.91) |
| 700m  | 55.02   | (29.11) |
| 1100m | 1:25.63 | (30.61) |
| 1500m | 1:58.06 | (32.43) |

### Matthijs de Haan

|       |         |         |
|-------|---------|---------|
| 300m  | 27.15   | (27.15) |
| 700m  | 58.78   | (31.63) |
| 1100m | 1:33.26 | (34.48) |
| 1500m | 2:09.15 | (35.89) |

|    |    | Naam |                        | Cat |     | PR | Tijd    | Info              |
|----|----|------|------------------------|-----|-----|----|---------|-------------------|
| 83 | wt | 45   | <b>Taeke Jongbloed</b> |     | HB1 |    | 2:04.76 | <b>2:06.23</b>    |
|    | rd | 27   | <b>Luke Bavius</b>     |     | HB1 |    | 2:07.07 | <b>2:06.85</b> PR |

### Taeke Jongbloed

|       |         |         |
|-------|---------|---------|
| 300m  | 27.19   | (27.19) |
| 700m  | 57.85   | (30.66) |
| 1100m | 1:31.20 | (33.35) |
| 1500m | 2:06.23 | (35.03) |

### Luke Bavius

|       |         |         |
|-------|---------|---------|
| 300m  | 27.22   | (27.22) |
| 700m  | 58.74   | (31.52) |
| 1100m | 1:32.52 | (33.78) |
| 1500m | 2:06.85 | (34.33) |

|    |    | Naam |                         | Cat |     | PR | Tijd    | Info           |
|----|----|------|-------------------------|-----|-----|----|---------|----------------|
| 84 | gl | 110  | <b>Daan van Zwiene</b>  |     | HB2 |    | 2:03.96 | <b>2:06.69</b> |
|    | bl | 64   | <b>Peng Shen Plugge</b> |     | HC2 |    | 2:08.10 | <b>2:09.57</b> |

### Daan van Zwiene

|       |         |         |
|-------|---------|---------|
| 300m  | 25.70   | (25.70) |
| 700m  | 56.39   | (30.69) |
| 1100m | 1:30.61 | (34.22) |
| 1500m | 2:06.69 | (36.08) |

### Peng Shen Plugge

|       |         |         |
|-------|---------|---------|
| 300m  | 27.28   | (27.28) |
| 700m  | 59.36   | (32.08) |
| 1100m | 1:33.96 | (34.60) |
| 1500m | 2:09.57 | (35.61) |

## 4. Uitslag 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1   | 73 Jeroen van Voorden     | HSA | 88   | O    | 40.04 |      |        |
| 2   | 93 Hidde Bart             | HSA | 88   | I    | 40.12 |      |        |
| 3   | 96 Paddy Smit             | HN2 | 89   | I    | 40.58 |      |        |
| 4   | 123 Thijs Langeveld       | HN4 | 90   | I    | 42.35 |      |        |
| 5   | 60 Remco Boere            | HSA | 90   | O    | 42.67 |      |        |
| 6   | 98 Marije van der Spek    | DN2 | 89   | O    | 43.87 |      |        |
| 7   | 87 Bart Groot             | H55 | 85   | O    | 45.78 |      |        |
| 8   | 80 Shirley Jaarsma        | D40 | 86   | I    | 47.44 |      |        |
| 9   | 17 Arjan Vijverberg       | H45 | 87   | O    | 48.43 |      |        |
| 10  | 102 Frank Steenkamp       | H65 | 85   | I    | 50.62 |      |        |
| 11  | 122 Joris Ritsema van Eck | H50 | 87   | I    | 53.43 |      |        |

## 4. Rituitslag 500 meter

|    |    | Naam |                        | Cat   |         | PR    | Tijd              | Info    |
|----|----|------|------------------------|-------|---------|-------|-------------------|---------|
| 85 | wt | 102  | <b>Frank Steenkamp</b> |       | H65     | 44.97 | <b>50.62</b>      |         |
|    | rd | 87   | <b>Bart Groot</b>      |       | H55     | 43.54 | <b>45.78</b>      |         |
|    |    |      | <b>Frank Steenkamp</b> |       |         |       | <b>Bart Groot</b> |         |
|    |    |      | 100m                   | 13.77 | (13.77) | 100m  | 12.61             | (12.61) |
|    |    |      | 500m                   | 50.62 | (36.85) | 500m  | 45.78             | (33.17) |

|    |    | Naam |                        | Cat   |         | PR    | Tijd         | Info |
|----|----|------|------------------------|-------|---------|-------|--------------|------|
| 86 | gl | 80   | <b>Shirley Jaarsma</b> |       | D40     | 45.30 | <b>47.44</b> |      |
|    | bl |      |                        |       |         |       |              |      |
|    |    |      | <b>Shirley Jaarsma</b> |       |         |       |              |      |
|    |    |      | 100m                   | 12.81 | (12.81) | m     |              |      |
|    |    |      | 500m                   | 47.44 | (34.63) |       |              |      |

|    |    | Naam |                              | Cat   |         | PR    | Tijd                    | Info    |
|----|----|------|------------------------------|-------|---------|-------|-------------------------|---------|
| 87 | wt | 122  | <b>Joris Ritsema van Eck</b> |       | H50     |       | <b>53.43</b>            |         |
|    | rd | 17   | <b>Arjan Vijverberg</b>      |       | H45     | 45.04 | <b>48.43</b>            |         |
|    |    |      | <b>Joris Ritsema van Eck</b> |       |         |       | <b>Arjan Vijverberg</b> |         |
|    |    |      | 100m                         | 14.24 | (14.24) | 100m  | 13.11                   | (13.11) |
|    |    |      | 500m                         | 53.43 | (39.19) | 500m  | 48.43                   | (35.32) |

|    |    | Naam |                           | Cat   |         | PR    | Tijd                      | Info    |
|----|----|------|---------------------------|-------|---------|-------|---------------------------|---------|
| 88 | gl | 93   | <b>Hidde Bart</b>         |       | HSA     | 39.37 | <b>40.12</b>              |         |
|    | bl | 73   | <b>Jeroen van Voorden</b> |       | HSA     | 38.68 | <b>40.04</b>              |         |
|    |    |      | <b>Hidde Bart</b>         |       |         |       | <b>Jeroen van Voorden</b> |         |
|    |    |      | 100m                      | 10.99 | (10.99) | 100m  | 11.14                     | (11.14) |
|    |    |      | 500m                      | 40.12 | (29.13) | 500m  | 40.04                     | (28.90) |

|    |    | Naam |                            | Cat   |         | PR    | Tijd                       | Info    |
|----|----|------|----------------------------|-------|---------|-------|----------------------------|---------|
| 89 | wt | 96   | <b>Paddy Smit</b>          |       | HN2     | 40.31 | <b>40.58</b>               |         |
|    | rd | 98   | <b>Marije van der Spek</b> |       | DN2     | 41.72 | <b>43.87</b>               |         |
|    |    |      | <b>Paddy Smit</b>          |       |         |       | <b>Marije van der Spek</b> |         |
|    |    |      | 100m                       | 11.04 | (11.04) | 100m  | 12.09                      | (12.09) |
|    |    |      | 500m                       | 40.58 | (29.54) | 500m  | 43.87                      | (31.78) |

|    |    | Naam                       | Cat           | PR                 | Tijd          | Info |
|----|----|----------------------------|---------------|--------------------|---------------|------|
| 90 | gl | 123 <b>Thijs Langeveld</b> | HN4           | 41.21              | <b>42.35</b>  |      |
|    | bl | 60 <b>Remco Boere</b>      | HSA           | 40.67              | <b>42.67</b>  |      |
|    |    | <b>Thijs Langeveld</b>     |               | <b>Remco Boere</b> |               |      |
|    |    | 100m                       | 11.58 (11.58) | 100m               | 11.42 (11.42) |      |
|    |    | 500m                       | 42.35 (30.77) | 500m               | 42.67 (31.25) |      |

## 5. Uitslag 3000 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|---------------------------------|-----|------|------|----------------|------|--------|
| 1   | 116 <b>Wouter van der Geer</b>  | HSA | 98   | O    | <b>4:22.41</b> |      |        |
| 2   | 91 <b>Mark Veenstra</b>         | HSB | 100  | I    | <b>4:37.61</b> |      |        |
| 3   | 35 <b>Joppe Kleiweg</b>         | HN4 | 97   | O    | <b>4:41.52</b> |      |        |
| 4   | 108 <b>Paul Robijn</b>          | H55 | 99   | O    | <b>4:44.70</b> |      |        |
| 5   | 103 <b>Sven Pera</b>            | HA2 | 99   | I    | <b>4:47.24</b> |      |        |
| 6   | 120 <b>Sebastiaan Scargo</b>    | H45 | 98   | I    | <b>4:52.95</b> |      |        |
| 7   | 29 <b>Lenthe Jansen</b>         | DB2 | 96   | O    | <b>5:04.61</b> |      |        |
| 8   | 90 <b>Martin van Bostelen</b>   | H50 | 95   | O    | <b>5:07.74</b> | PR   |        |
| 9   | 119 <b>Stef Voermans</b>        | H50 | 95   | I    | <b>5:17.95</b> | PR   |        |
| 10  | 75 <b>Dong Yang Plugge</b>      | HB2 | 96   | I    | <b>5:18.21</b> | FL   |        |
| 11  | 22 <b>Nerena van Vuuren</b>     | DN3 | 97   | I    | <b>5:23.69</b> |      |        |
| 12  | 10 <b>Keira Vissenberg</b>      | DC2 | 91   | O    | <b>5:28.46</b> |      |        |
| 13  | 48 <b>Mathieu van der Horst</b> | HC1 | 94   | I    | <b>5:31.40</b> |      |        |
| 14  | 114 <b>Jan Rodewijk</b>         | H70 | 93   | O    | <b>5:35.09</b> |      |        |
| 15  | 115 <b>Pip Ypenburg</b>         | DA1 | 91   | I    | <b>5:46.65</b> | PR   |        |
| 16  | 36 <b>Nico Woldendorp</b>       | H80 | 93   | I    | <b>6:00.46</b> |      |        |
|     | 84 <b>Berto Anker</b>           | HA2 | 100  | O    | <b>DNS</b>     |      |        |

## 5. Rituitslag 3000 meter

|    |    | Naam                |                         | Cat     |                         | PR      |         | Tijd           | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 91 | wt | 115                 | <b>Pip Ypenburg</b>     |         | DA1                     | 5:50.62 |         | <b>5:46.65</b> | PR   |
|    | rd | 10                  | <b>Keira Vissenberg</b> |         | DC2                     |         |         | <b>5:28.46</b> |      |
|    |    | <b>Pip Ypenburg</b> |                         |         | <b>Keira Vissenberg</b> |         |         |                |      |
|    |    | 200m                | 25.63                   | (25.63) | 200m                    | 24.43   | (24.43) |                |      |
|    |    | 600m                | 1:07.65                 | (42.02) | 600m                    | 1:05.15 | (40.72) |                |      |
|    |    | 1000m               | 1:51.65                 | (44.00) | 1000m                   | 1:47.42 | (42.27) |                |      |
|    |    | 1400m               | 2:37.67                 | (46.02) | 1400m                   | 2:30.84 | (43.42) |                |      |
|    |    | 1800m               | 3:24.46                 | (46.79) | 1800m                   | 3:14.89 | (44.05) |                |      |
|    |    | 2200m               | 4:12.29                 | (47.83) | 2200m                   | 4:00.40 | (45.51) |                |      |
|    |    | 2600m               | 5:00.56                 | (48.27) | 2600m                   | 4:45.51 | (45.11) |                |      |
|    |    | 3000m               | 5:46.65                 | (46.09) | 3000m                   | 5:28.46 | (42.95) |                |      |

|    |    | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 92 | gl |      |  |     |  |    |  |      |      |
|    | bl |      |  |     |  |    |  |      |      |
|    |    |      |  |     |  |    |  |      |      |

|    |    | Naam                   |                        | Cat     |                     | PR      |         | Tijd           | Info |
|----|----|------------------------|------------------------|---------|---------------------|---------|---------|----------------|------|
| 93 | wt | 36                     | <b>Nico Woldendorp</b> |         | H80                 | 5:07.24 |         | <b>6:00.46</b> |      |
|    | rd | 114                    | <b>Jan Rodewijk</b>    |         | H70                 | 5:03.24 |         | <b>5:35.09</b> |      |
|    |    | <b>Nico Woldendorp</b> |                        |         | <b>Jan Rodewijk</b> |         |         |                |      |
|    |    | 200m                   | 25.92                  | (25.92) | 200m                | 26.15   | (26.15) |                |      |
|    |    | 600m                   | 1:09.76                | (43.84) | 600m                | 1:08.60 | (42.45) |                |      |
|    |    | 1000m                  | 1:57.69                | (47.93) | 1000m               | 1:52.47 | (43.87) |                |      |
|    |    | 1400m                  | 2:46.38                | (48.69) | 1400m               | 2:36.73 | (44.26) |                |      |
|    |    | 1800m                  | 3:35.66                | (49.28) | 1800m               | 3:21.07 | (44.34) |                |      |
|    |    | 2200m                  | 4:24.16                | (48.50) | 2200m               | 4:06.15 | (45.08) |                |      |
|    |    | 2600m                  | 5:12.89                | (48.73) | 2600m               | 4:50.69 | (44.54) |                |      |
|    |    | 3000m                  | 6:00.46                | (47.57) | 3000m               | 5:35.09 | (44.40) |                |      |

|    |          | Naam                            | Cat | PR | Tijd Info      |
|----|----------|---------------------------------|-----|----|----------------|
| 94 | gl<br>bl | 48 <b>Mathieu van der Horst</b> | HC1 |    | <b>5:31.40</b> |

**Mathieu van der Horst**

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 25.10   | (25.10) | m |
| 600m  | 1:06.66 | (41.56) |   |
| 1000m | 1:50.74 | (44.08) |   |
| 1400m | 2:35.93 | (45.19) |   |
| 1800m | 3:20.86 | (44.93) |   |
| 2200m | 4:05.71 | (44.85) |   |
| 2600m | 4:50.02 | (44.31) |   |
| 3000m | 5:31.40 | (41.38) |   |

|    |    | Naam                          | Cat | PR      | Tijd Info         |
|----|----|-------------------------------|-----|---------|-------------------|
| 95 | wt | 119 <b>Stef Voermans</b>      | H50 | 5:23.19 | <b>5:17.95</b> PR |
|    | rd | 90 <b>Martin van Bostelen</b> | H50 | 5:10.98 | <b>5:07.74</b> PR |

**Stef Voermans**

|       |         |         |
|-------|---------|---------|
| 200m  | 24.44   | (24.44) |
| 600m  | 1:03.04 | (38.60) |
| 1000m | 1:43.09 | (40.05) |
| 1400m | 2:24.45 | (41.36) |
| 1800m | 3:06.69 | (42.24) |
| 2200m | 3:49.69 | (43.00) |
| 2600m | 4:33.96 | (44.27) |
| 3000m | 5:17.95 | (43.99) |

**Martin van Bostelen**

|       |         |         |
|-------|---------|---------|
| 200m  | 24.78   | (24.78) |
| 600m  | 1:03.06 | (38.28) |
| 1000m | 1:42.93 | (39.87) |
| 1400m | 2:24.25 | (41.32) |
| 1800m | 3:05.41 | (41.16) |
| 2200m | 3:46.72 | (41.31) |
| 2600m | 4:27.65 | (40.93) |
| 3000m | 5:07.74 | (40.09) |



|    |    | Naam |                         | Cat     |         | PR |                      | Tijd    | Info              |         |         |
|----|----|------|-------------------------|---------|---------|----|----------------------|---------|-------------------|---------|---------|
| 96 | gl | 75   | <b>Dong Yang Plugge</b> |         | HB2     |    |                      | 5:11.51 | <b>5:18.21</b> FL |         |         |
|    | bl | 29   | <b>Lenthe Jansen</b>    |         | DB2     |    |                      | 4:58.94 | <b>5:04.61</b>    |         |         |
|    |    |      | <b>Dong Yang Plugge</b> |         |         |    | <b>Lenthe Jansen</b> |         |                   |         |         |
|    |    |      | 200m                    | 22.74   | (22.74) |    |                      |         | 200m              | 23.18   | (23.18) |
|    |    |      | 600m                    | 1:01.87 | (39.13) |    |                      |         | 600m              | 1:01.84 | (38.66) |
|    |    |      | 1000m                   | 1:41.77 | (39.90) |    |                      |         | 1000m             | 1:42.00 | (40.16) |
|    |    |      | 1400m                   | 2:22.56 | (40.79) |    |                      |         | 1400m             | 2:22.25 | (40.25) |
|    |    |      | 1800m                   | 3:02.92 | (40.36) |    |                      |         | 1800m             | 3:02.39 | (40.14) |
|    |    |      | 2200m                   | 3:44.62 | (41.70) |    |                      |         | 2200m             | 3:43.99 | (41.60) |
|    |    |      | 2600m                   | 4:25.70 | (41.08) |    |                      |         | 2600m             | 4:24.89 | (40.90) |
|    |    |      | 3000m                   | 5:18.21 | (52.51) |    |                      |         | 3000m             | 5:04.61 | (39.72) |

|    |    | Naam |                          | Cat     |         | PR |                      | Tijd    | Info           |         |         |
|----|----|------|--------------------------|---------|---------|----|----------------------|---------|----------------|---------|---------|
| 97 | wt | 22   | <b>Nerena van Vuuren</b> |         | DN3     |    |                      | 5:01.04 | <b>5:23.69</b> |         |         |
|    | rd | 35   | <b>Joppe Kleiweg</b>     |         | HN4     |    |                      | 4:40.23 | <b>4:41.52</b> |         |         |
|    |    |      | <b>Nerena van Vuuren</b> |         |         |    | <b>Joppe Kleiweg</b> |         |                |         |         |
|    |    |      | 200m                     | 23.92   | (23.92) |    |                      |         | 200m           | 20.86   | (20.86) |
|    |    |      | 600m                     | 1:04.74 | (40.82) |    |                      |         | 600m           | 54.84   | (33.98) |
|    |    |      | 1000m                    | 1:46.88 | (42.14) |    |                      |         | 1000m          | 1:29.76 | (34.92) |
|    |    |      | 1400m                    | 2:29.10 | (42.22) |    |                      |         | 1400m          | 2:06.63 | (36.87) |
|    |    |      | 1800m                    | 3:11.97 | (42.87) |    |                      |         | 1800m          | 2:44.90 | (38.27) |
|    |    |      | 2200m                    | 3:56.40 | (44.43) |    |                      |         | 2200m          | 3:24.15 | (39.25) |
|    |    |      | 2600m                    | 4:40.51 | (44.11) |    |                      |         | 2600m          | 4:03.40 | (39.25) |
|    |    |      | 3000m                    | 5:23.69 | (43.18) |    |                      |         | 3000m          | 4:41.52 | (38.12) |

|    |    | Naam                           | Cat | PR      | Tijd           | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 98 | gl | 120 <b>Sebastiaan Scargo</b>   | H45 | 4:34.97 | <b>4:52.95</b> |      |
|    | bl | 116 <b>Wouter van der Geer</b> | HSA | 4:09.31 | <b>4:22.41</b> |      |

### Sebastiaan Scargo

|       |         |         |
|-------|---------|---------|
| 200m  | 22.13   | (22.13) |
| 600m  | 57.60   | (35.47) |
| 1000m | 1:34.03 | (36.43) |
| 1400m | 2:11.25 | (37.22) |
| 1800m | 2:50.00 | (38.75) |
| 2200m | 3:29.92 | (39.92) |
| 2600m | 4:10.65 | (40.73) |
| 3000m | 4:52.95 | (42.30) |

### Wouter van der Geer

|       |         |         |
|-------|---------|---------|
| 200m  | 20.50   | (20.50) |
| 600m  | 54.23   | (33.73) |
| 1000m | 1:28.03 | (33.80) |
| 1400m | 2:01.65 | (33.62) |
| 1800m | 2:35.89 | (34.24) |
| 2200m | 3:11.12 | (35.23) |
| 2600m | 3:46.72 | (35.60) |
| 3000m | 4:22.41 | (35.69) |

|    |    | Naam                   | Cat | PR      | Tijd           | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 99 | wt | 103 <b>Sven Pera</b>   | HA2 | 4:41.12 | <b>4:47.24</b> |      |
|    | rd | 108 <b>Paul Robijn</b> | H55 | 4:18.82 | <b>4:44.70</b> |      |

### Sven Pera

|       |         |         |
|-------|---------|---------|
| 200m  | 20.97   | (20.97) |
| 600m  | 55.39   | (34.42) |
| 1000m | 1:31.99 | (36.60) |
| 1400m | 2:10.59 | (38.60) |
| 1800m | 2:49.79 | (39.20) |
| 2200m | 3:28.87 | (39.08) |
| 2600m | 4:07.95 | (39.08) |
| 3000m | 4:47.24 | (39.29) |

### Paul Robijn

|       |         |         |
|-------|---------|---------|
| 200m  | 22.80   | (22.80) |
| 600m  | 57.48   | (34.68) |
| 1000m | 1:34.01 | (36.53) |
| 1400m | 2:11.82 | (37.81) |
| 1800m | 2:49.84 | (38.02) |
| 2200m | 3:27.80 | (37.96) |
| 2600m | 4:06.34 | (38.54) |
| 3000m | 4:44.70 | (38.36) |

|     |    | Naam                    | Cat | PR      | Tijd Info      |
|-----|----|-------------------------|-----|---------|----------------|
| 100 | gl | 91 <b>Mark Veenstra</b> | HSB | 4:30.79 | <b>4:37.61</b> |
|     | bl | 84 <b>Berto Anker</b>   | HA2 | 4:38.13 | <b>DNS</b>     |

### Mark Veenstra

|       |         |         |
|-------|---------|---------|
| 200m  | 21.01   | (21.01) |
| 600m  | 55.75   | (34.74) |
| 1000m | 1:32.34 | (36.59) |
| 1400m | 2:09.22 | (36.88) |
| 1800m | 2:45.93 | (36.71) |
| 2200m | 3:22.44 | (36.51) |
| 2600m | 3:59.51 | (37.07) |
| 3000m | 4:37.61 | (38.10) |

### Berto Anker

## 6. Uitslag 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 73 Jeroen van Voorden     | HSA | 104  | I    | 1:18.73 |      |        |
| 2   | 96 Paddy Smit             | HN2 | 105  | O    | 1:20.78 |      |        |
| 3   | 93 Hidde Bart             | HSA | 104  | O    | 1:20.91 |      |        |
| 4   | 123 Thijs Langeveld       | HN4 | 105  | I    | 1:24.77 |      |        |
| 5   | 60 Remco Boere            | HSA | 106  | O    | 1:26.61 |      |        |
| 6   | 98 Marije van der Spek    | DN2 | 101  | I    | 1:30.22 |      |        |
| 7   | 87 Bart Groot             | H55 | 101  | O    | 1:31.14 |      |        |
| 8   | 80 Shirley Jaarsma        | D40 | 102  | O    | 1:38.27 |      |        |
| 9   | 17 Arjan Vijverberg       | H45 | 103  | O    | 1:39.03 |      |        |
| 10  | 102 Frank Steenkamp       | H65 | 102  | I    | 1:40.02 |      |        |
|     | 122 Joris Ritsema van Eck | H50 | 103  | I    | DNS     |      |        |

## 6. Rituitslag 1000 meter

|     |    | Naam                          | Cat | PR      | Tijd           | Info |
|-----|----|-------------------------------|-----|---------|----------------|------|
| 101 | wt | 98 <b>Marije van der Spek</b> | DN2 | 1:24.67 | <b>1:30.22</b> |      |
|     | rd | 87 <b>Bart Groot</b>          | H55 | 1:25.28 | <b>1:31.14</b> |      |

### Marije van der Spek

|       |         |         |
|-------|---------|---------|
| 200m  | 20.82   | (20.82) |
| 600m  | 54.71   | (33.89) |
| 1000m | 1:30.22 | (35.51) |

### Bart Groot

|       |         |         |
|-------|---------|---------|
| 200m  | 21.85   | (21.85) |
| 600m  | 56.17   | (34.32) |
| 1000m | 1:31.14 | (34.97) |

|     |    | Naam                       | Cat | PR      | Tijd           | Info |
|-----|----|----------------------------|-----|---------|----------------|------|
| 102 | gl | 102 <b>Frank Steenkamp</b> | H65 | 1:28.89 | <b>1:40.02</b> |      |
|     | bl | 80 <b>Shirley Jaarsma</b>  | D40 | 1:29.40 | <b>1:38.27</b> |      |

### Frank Steenkamp

|       |         |         |
|-------|---------|---------|
| 200m  | 23.84   | (23.84) |
| 600m  | 1:01.49 | (37.65) |
| 1000m | 1:40.02 | (38.53) |

### Shirley Jaarsma

|       |         |         |
|-------|---------|---------|
| 200m  | 22.88   | (22.88) |
| 600m  | 59.85   | (36.97) |
| 1000m | 1:38.27 | (38.42) |

|     |    | Naam                             | Cat | PR      | Tijd           | Info |
|-----|----|----------------------------------|-----|---------|----------------|------|
| 103 | wt | 122 <b>Joris Ritsema van Eck</b> | H50 |         | <b>DNS</b>     |      |
|     | rd | 17 <b>Arjan Vijverberg</b>       | H45 | 1:29.78 | <b>1:39.03</b> |      |

### Joris Ritsema van Eck

### Arjan Vijverberg

|       |         |         |
|-------|---------|---------|
| 200m  | 22.76   | (22.76) |
| 600m  | 59.14   | (36.38) |
| 1000m | 1:39.03 | (39.89) |

|     |    | Naam                         | Cat | PR      | Tijd           | Info |
|-----|----|------------------------------|-----|---------|----------------|------|
| 104 | gl | 73 <b>Jeroen van Voorden</b> | HSA | 1:15.89 | <b>1:18.73</b> |      |
|     | bl | 93 <b>Hidde Bart</b>         | HSA | 1:18.01 | <b>1:20.91</b> |      |

### Jeroen van Voorden

|       |         |         |
|-------|---------|---------|
| 200m  | 18.80   | (18.80) |
| 600m  | 47.91   | (29.11) |
| 1000m | 1:18.73 | (30.82) |

### Hidde Bart

|       |         |         |
|-------|---------|---------|
| 200m  | 18.91   | (18.91) |
| 600m  | 48.45   | (29.54) |
| 1000m | 1:20.91 | (32.46) |

|     |    | Naam                   |                        | Cat     |                   | PR      | Tijd    | Info           |
|-----|----|------------------------|------------------------|---------|-------------------|---------|---------|----------------|
| 105 | wt | 123                    | <b>Thijs Langeveld</b> |         | HN4               |         | 1:23.14 | <b>1:24.77</b> |
|     | rd | 96                     | <b>Paddy Smit</b>      |         | HN2               |         | 1:20.76 | <b>1:20.78</b> |
|     |    | <b>Thijs Langeveld</b> |                        |         | <b>Paddy Smit</b> |         |         |                |
|     |    | 200m                   | 20.09                  | (20.09) | 200m              | 18.58   | (18.58) |                |
|     |    | 600m                   | 51.09                  | (31.00) | 600m              | 48.60   | (30.02) |                |
|     |    | 1000m                  | 1:24.77                | (33.68) | 1000m             | 1:20.78 | (32.18) |                |

|     |    | Naam               |                    | Cat |       | PR      | Tijd    | Info           |
|-----|----|--------------------|--------------------|-----|-------|---------|---------|----------------|
| 106 | gl | 60                 | <b>Remco Boere</b> |     | HSA   |         | 1:22.35 | <b>1:26.61</b> |
|     | bl |                    |                    |     |       |         |         |                |
|     |    | <b>Remco Boere</b> |                    |     |       |         |         |                |
|     |    | m                  |                    |     | 200m  | 19.33   | (19.33) |                |
|     |    |                    |                    |     | 600m  | 51.06   | (31.73) |                |
|     |    |                    |                    |     | 1000m | 1:26.61 | (35.55) |                |