

## 1. Uitslag 500/1500 500 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1   | 52 Leon Wenteler      | HN3 | 10   | O    | 40.38 |      |        |
| 2   | 26 Dion van Hal       | HB2 | 10   | I    | 42.47 |      |        |
| 3   | 16 Sven Pera          | HA1 | 8    | I    | 43.98 |      |        |
| 4   | 47 Indy Kromokario    | HB2 | 8    | O    | 44.84 |      |        |
| 5   | 50 Thijs Heezen       | HN2 | 6    | O    | 45.13 |      |        |
| 6   | 31 Bart Groot         | H55 | 7    | O    | 45.81 |      |        |
| 7   | 6 Meerle van den Berg | DN2 | 5    | O    | 46.36 |      |        |
| 8   | 32 Jos Drabbels       | H55 | 7    | I    | 46.53 |      |        |
| 9   | 2 Gerard Snel         | H55 | 3    | O    | 47.00 |      |        |
| 10  | 33 Jorn Limburg       | HSA | 6    | I    | 47.11 |      |        |
| 11  | 34 Lenthe Jansen      | DB1 | 5    | I    | 47.43 |      |        |
| 12  | 49 Bert-Jan Mostert   | H55 | 4    | O    | 47.93 |      |        |
| 13  | 4 Nerena van Vuuren   | DN2 | 4    | I    | 48.35 |      |        |
| 14  | 14 Heleen Docter      | DSA | 2    | O    | 48.36 |      |        |
| 15  | 21 Lex van Tol        | H60 | 2    | I    | 49.72 |      |        |
| 16  | 13 Frank Steenkamp    | H65 | 3    | I    | 50.43 |      |        |
| 17  | 40 Patrick Delanghe   | H55 | 1    | I    | 53.48 |      |        |
| 18  | 30 Stef Voermans      | H50 | 1    | O    | 53.71 |      |        |
|     | 12 Jeroen van Voorden | HSA | 9    | I    | DNS   |      |        |
|     | 7 Joes van Deursen    | HA2 | 9    | O    | DNS   |      |        |

## 1. Rituitslag 500/1500 500 meter

|   |    | Naam                    |                         | Cat     |                      | PR    | Tijd         | Info |
|---|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 1 | wt | 40                      | <b>Patrick Delanghe</b> |         | H55                  | 51.49 | <b>53.48</b> |      |
|   | rd | 30                      | <b>Stef Voermans</b>    |         | H50                  | 51.10 | <b>53.71</b> |      |
|   |    | <u>Patrick Delanghe</u> |                         |         | <u>Stef Voermans</u> |       |              |      |
|   |    | 100m                    | 13.85                   | (13.85) | 100m                 | 13.68 | (13.68)      |      |
|   |    | 500m                    | 53.48                   | (39.63) | 500m                 | 53.71 | (40.03)      |      |

|   |    | Naam               |                      | Cat     |                      | PR    | Tijd         | Info |
|---|----|--------------------|----------------------|---------|----------------------|-------|--------------|------|
| 2 | gl | 21                 | <b>Lex van Tol</b>   |         | H60                  | 47.73 | <b>49.72</b> |      |
|   | bl | 14                 | <b>Heleen Docter</b> |         | DSA                  | 46.46 | <b>48.36</b> |      |
|   |    | <u>Lex van Tol</u> |                      |         | <u>Heleen Docter</u> |       |              |      |
|   |    | 100m               | 13.30                | (13.30) | 100m                 | 13.10 | (13.10)      |      |
|   |    | 500m               | 49.72                | (36.42) | 500m                 | 48.36 | (35.26)      |      |

|   |    | Naam                   |                        | Cat     |                    | PR    | Tijd         | Info |
|---|----|------------------------|------------------------|---------|--------------------|-------|--------------|------|
| 3 | wt | 13                     | <b>Frank Steenkamp</b> |         | H65                | 44.97 | <b>50.43</b> |      |
|   | rd | 2                      | <b>Gerard Snel</b>     |         | H55                | 42.55 | <b>47.00</b> |      |
|   |    | <u>Frank Steenkamp</u> |                        |         | <u>Gerard Snel</u> |       |              |      |
|   |    | 100m                   | 14.07                  | (14.07) | 100m               | 12.85 | (12.85)      |      |
|   |    | 500m                   | 50.43                  | (36.36) | 500m               | 47.00 | (34.15)      |      |

|   |    | Naam                     |                          | Cat     |                         | PR    | Tijd         | Info |
|---|----|--------------------------|--------------------------|---------|-------------------------|-------|--------------|------|
| 4 | gl | 4                        | <b>Nerena van Vuuren</b> |         | DN2                     | 46.60 | <b>48.35</b> |      |
|   | bl | 49                       | <b>Bert-Jan Mostert</b>  |         | H55                     | 44.47 | <b>47.93</b> |      |
|   |    | <u>Nerena van Vuuren</u> |                          |         | <u>Bert-Jan Mostert</u> |       |              |      |
|   |    | 100m                     | 13.08                    | (13.08) | 100m                    | 13.24 | (13.24)      |      |
|   |    | 500m                     | 48.35                    | (35.27) | 500m                    | 47.93 | (34.69)      |      |

|   |    | Naam                 |                            | Cat     |                            | PR    | Tijd         | Info |
|---|----|----------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 5 | wt | 34                   | <b>Lenthe Jansen</b>       |         | DB1                        | 45.33 | <b>47.43</b> |      |
|   | rd | 6                    | <b>Meerle van den Berg</b> |         | DN2                        | 45.89 | <b>46.36</b> |      |
|   |    | <u>Lenthe Jansen</u> |                            |         | <u>Meerle van den Berg</u> |       |              |      |
|   |    | 100m                 | 12.75                      | (12.75) | 100m                       | 12.69 | (12.69)      |      |
|   |    | 500m                 | 47.43                      | (34.68) | 500m                       | 46.36 | (33.67)      |      |

|       |    | Naam                         |       | Cat                     |      | PR    | Tijd         | Info |
|-------|----|------------------------------|-------|-------------------------|------|-------|--------------|------|
| 6     | gl | 33 <b>Jorn Limburg</b>       |       | HSA                     |      | 44.83 | <b>47.11</b> |      |
|       | bl | 50 <b>Thijs Heezen</b>       |       | HN2                     |      | 43.62 | <b>45.13</b> |      |
|       |    | <b>Jorn Limburg</b>          |       | <b>Thijs Heezen</b>     |      |       |              |      |
|       |    | 100m                         | 12.87 | (12.87)                 | 100m | 12.15 | (12.15)      |      |
|       |    | 500m                         | 47.11 | (34.24)                 | 500m | 45.13 | (32.98)      |      |
| <hr/> |    |                              |       |                         |      |       |              |      |
|       |    | Naam                         |       | Cat                     |      | PR    | Tijd         | Info |
| 7     | wt | 32 <b>Jos Drabbels</b>       |       | H55                     |      | 43.47 | <b>46.53</b> |      |
|       | rd | 31 <b>Bart Groot</b>         |       | H55                     |      | 43.54 | <b>45.81</b> |      |
|       |    | <b>Jos Drabbels</b>          |       | <b>Bart Groot</b>       |      |       |              |      |
|       |    | 100m                         | 12.78 | (12.78)                 | 100m | 12.44 | (12.44)      |      |
|       |    | 500m                         | 46.53 | (33.75)                 | 500m | 45.81 | (33.37)      |      |
| <hr/> |    |                              |       |                         |      |       |              |      |
|       |    | Naam                         |       | Cat                     |      | PR    | Tijd         | Info |
| 8     | gl | 16 <b>Sven Pera</b>          |       | HA1                     |      | 43.75 | <b>43.98</b> |      |
|       | bl | 47 <b>Indy Kromokario</b>    |       | HB2                     |      | 44.37 | <b>44.84</b> |      |
|       |    | <b>Sven Pera</b>             |       | <b>Indy Kromokario</b>  |      |       |              |      |
|       |    | 100m                         | 11.62 | (11.62)                 | 100m | 11.71 | (11.71)      |      |
|       |    | 500m                         | 43.98 | (32.36)                 | 500m | 44.84 | (33.13)      |      |
| <hr/> |    |                              |       |                         |      |       |              |      |
|       |    | Naam                         |       | Cat                     |      | PR    | Tijd         | Info |
| 9     | wt | 12 <b>Jeroen van Voorden</b> |       | HSA                     |      | 38.68 | <b>DNS</b>   |      |
|       | rd | 7 <b>Joes van Deursen</b>    |       | HA2                     |      | 38.89 | <b>DNS</b>   |      |
|       |    | <b>Jeroen van Voorden</b>    |       | <b>Joes van Deursen</b> |      |       |              |      |
| <hr/> |    |                              |       |                         |      |       |              |      |
|       |    | Naam                         |       | Cat                     |      | PR    | Tijd         | Info |
| 10    | gl | 26 <b>Dion van Hal</b>       |       | HB2                     |      | 41.23 | <b>42.47</b> |      |
|       | bl | 52 <b>Leon Wenteler</b>      |       | HN3                     |      | 39.36 | <b>40.38</b> |      |
|       |    | <b>Dion van Hal</b>          |       | <b>Leon Wenteler</b>    |      |       |              |      |
|       |    | 100m                         | 11.78 | (11.78)                 | 100m | 11.53 | (11.53)      |      |
|       |    | 500m                         | 42.47 | (30.69)                 | 500m | 40.38 | (28.85)      |      |

## 2. Uitslag 500/1000 500 meter

| Pos | Naam                         | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------------------|-----|------|------|-------|------|--------|
| 1   | 45 Tygo Kompier              | HB2 | 23   | I    | 39.99 |      |        |
| 2   | 48 Kees de Ruijter           | HA1 | 22   | O    | 40.55 |      |        |
| 3   | 36 Dion Verhoog              | HSA | 23   | O    | 40.75 |      |        |
| 4   | 42 Daan van Zwienen          | HB1 | 22   | I    | 40.77 |      |        |
| 5   | 25 Sil Bergsma               | HB1 | 20   | I    | 42.51 |      |        |
| 6   | 5 Remco Boere                | HSA | 18   | I    | 42.59 |      |        |
| 7   | 44 Elanne de Vries           | DB2 | 24   | O    | 43.14 |      |        |
|     | 9 Amber van der Meijden      | DB2 | 19   | I    | 43.14 |      |        |
| 9   | 1 Joey van den Berg          | HB1 | 19   | O    | 43.15 |      |        |
| 10  | 29 David Eijsackers          | HN3 | 24   | I    | 43.42 |      |        |
| 11  | 15 Jules van Winden          | HB1 | 16   | I    | 43.56 |      |        |
| 12  | 38 Robbert-Jan Neven         | H45 | 17   | O    | 43.97 |      |        |
| 13  | 11 Blanche Cardinal Tremblay | DB2 | 17   | I    | 44.02 |      |        |
| 14  | 19 Emma Noz                  | DA1 | 21   | O    | 44.13 |      |        |
| 15  | 8 Alexander Doornekamp       | HN3 | 21   | I    | 44.16 |      |        |
| 16  | 35 Rick Loos                 | HB1 | 15   | O    | 44.95 |      |        |
| 17  | 43 Tiemen Haaring            | HB2 | 20   | O    | 44.97 |      |        |
| 18  | 24 Birgit Radt               | DB1 | 15   | I    | 45.06 |      |        |
| 19  | 28 Yiran van 't Oosten       | DB1 | 16   | O    | 45.74 |      |        |
| 20  | 53 Tom Loos                  | HB1 | 14   | I    | 47.03 |      |        |
| 21  | 51 Valerie Aarts             | DB2 | 14   | O    | 47.91 |      |        |
| 22  | 23 Mariska van Zon           | DN3 | 11   | I    | 48.01 |      |        |
| 23  | 10 Shirley Jaarsma           | D40 | 11   | O    | 48.17 |      |        |
| 24  | 54 Job van Dongen            | HB1 | 13   | I    | 48.64 |      |        |
| 25  | 27 Famke Hogenboom           | DA1 | 12   | O    | 49.53 |      |        |
| 26  | 55 Ravi de Jong              | HB2 | 13   | O    | 50.82 |      |        |
| 27  | 41 Kees Hofwegen             | H55 | 12   | I    | 52.22 |      |        |
|     | 39 Susanne Prins             | DA1 | 18   | O    | DNF   |      |        |

## 2. Rituitslag 500/1000 500 meter

|    |    | Naam |                        | Cat   |                        | PR    | Tijd         | Info    |
|----|----|------|------------------------|-------|------------------------|-------|--------------|---------|
| 11 | wt | 23   | <b>Mariska van Zon</b> |       | DN3                    | 46.03 | <b>48.01</b> |         |
|    | rd | 10   | <b>Shirley Jaarsma</b> |       | D40                    | 45.30 | <b>48.17</b> |         |
|    |    |      | <b>Mariska van Zon</b> |       | <b>Shirley Jaarsma</b> |       |              |         |
|    |    |      | 100m                   | 12.73 | (12.73)                | 100m  | 12.88        | (12.88) |
|    |    |      | 500m                   | 48.01 | (35.28)                | 500m  | 48.17        | (35.29) |

|    |    | Naam |                        | Cat   |                        | PR    | Tijd         | Info    |
|----|----|------|------------------------|-------|------------------------|-------|--------------|---------|
| 12 | gl | 41   | <b>Kees Hofwegen</b>   |       | H55                    | 48.65 | <b>52.22</b> |         |
|    | bl | 27   | <b>Famke Hogenboom</b> |       | DA1                    | 47.48 | <b>49.53</b> |         |
|    |    |      | <b>Kees Hofwegen</b>   |       | <b>Famke Hogenboom</b> |       |              |         |
|    |    |      | 100m                   | 13.95 | (13.95)                | 100m  | 13.19        | (13.19) |
|    |    |      | 500m                   | 52.22 | (38.27)                | 500m  | 49.53        | (36.34) |

|    |    | Naam |                       | Cat   |                     | PR    | Tijd         | Info    |
|----|----|------|-----------------------|-------|---------------------|-------|--------------|---------|
| 13 | wt | 54   | <b>Job van Dongen</b> |       | HB1                 | 46.31 | <b>48.64</b> |         |
|    | rd | 55   | <b>Ravi de Jong</b>   |       | HB2                 | 50.20 | <b>50.82</b> |         |
|    |    |      | <b>Job van Dongen</b> |       | <b>Ravi de Jong</b> |       |              |         |
|    |    |      | 100m                  | 12.27 | (12.27)             | 100m  | 13.36        | (13.36) |
|    |    |      | 500m                  | 48.64 | (36.37)             | 500m  | 50.82        | (37.46) |

|    |    | Naam |                      | Cat   |                      | PR    | Tijd         | Info    |
|----|----|------|----------------------|-------|----------------------|-------|--------------|---------|
| 14 | gl | 53   | <b>Tom Loos</b>      |       | HB1                  | 45.05 | <b>47.03</b> |         |
|    | bl | 51   | <b>Valerie Aarts</b> |       | DB2                  | 44.24 | <b>47.91</b> |         |
|    |    |      | <b>Tom Loos</b>      |       | <b>Valerie Aarts</b> |       |              |         |
|    |    |      | 100m                 | 12.49 | (12.49)              | 100m  | 12.52        | (12.52) |
|    |    |      | 500m                 | 47.03 | (34.54)              | 500m  | 47.91        | (35.39) |

|    |    | Naam |                    | Cat   |                  | PR    | Tijd         | Info    |
|----|----|------|--------------------|-------|------------------|-------|--------------|---------|
| 15 | wt | 24   | <b>Birgit Radt</b> |       | DB1              | 44.47 | <b>45.06</b> |         |
|    | rd | 35   | <b>Rick Loos</b>   |       | HB1              | 43.88 | <b>44.95</b> |         |
|    |    |      | <b>Birgit Radt</b> |       | <b>Rick Loos</b> |       |              |         |
|    |    |      | 100m               | 12.07 | (12.07)          | 100m  | 12.10        | (12.10) |
|    |    |      | 500m               | 45.06 | (32.99)          | 500m  | 44.95        | (32.85) |

|    |    | Naam                             | Cat           | PR                         | Tijd          | Info |
|----|----|----------------------------------|---------------|----------------------------|---------------|------|
| 16 | gl | 15 Jules van Winden              | HB1           | 42.51                      | <b>43.56</b>  |      |
|    | bl | 28 Yiran van 't Oosten           | DB1           | 43.86                      | <b>45.74</b>  |      |
|    |    | <u>Jules van Winden</u>          |               | <u>Yiran van 't Oosten</u> |               |      |
|    |    | 100m                             | 11.36 (11.36) | 100m                       | 12.12 (12.12) |      |
|    |    | 500m                             | 43.56 (32.20) | 500m                       | 45.74 (33.62) |      |
|    |    | Naam                             | Cat           | PR                         | Tijd          | Info |
| 17 | wt | 11 Blanche Cardinal Tremblay     | DB2           | 43.00                      | <b>44.02</b>  |      |
|    | rd | 38 Robbert-Jan Neven             | H45           | 43.30                      | <b>43.97</b>  |      |
|    |    | <u>Blanche Cardinal Tremblay</u> |               | <u>Robbert-Jan Neven</u>   |               |      |
|    |    | 100m                             | 11.52 (11.52) | 100m                       | 11.82 (11.82) |      |
|    |    | 500m                             | 44.02 (32.50) | 500m                       | 43.97 (32.15) |      |
|    |    | Naam                             | Cat           | PR                         | Tijd          | Info |
| 18 | gl | 5 Remco Boere                    | HSA           | 40.67                      | <b>42.59</b>  |      |
|    | bl | 39 Susanne Prins                 | DA1           | 42.97                      | <b>DNF</b>    |      |
|    |    | <u>Remco Boere</u>               |               | <u>Susanne Prins</u>       |               |      |
|    |    | 100m                             | 11.29 (11.29) | 100m                       | 12.34 (12.34) |      |
|    |    | 500m                             | 42.59 (31.30) |                            |               |      |
|    |    | Naam                             | Cat           | PR                         | Tijd          | Info |
| 19 | wt | 9 Amber van der Meijden          | DB2           | 42.36                      | <b>43.14</b>  |      |
|    | rd | 1 Joey van den Berg              | HB1           | 42.13                      | <b>43.15</b>  |      |
|    |    | <u>Amber van der Meijden</u>     |               | <u>Joey van den Berg</u>   |               |      |
|    |    | 100m                             | 11.80 (11.80) | 100m                       | 11.53 (11.53) |      |
|    |    | 500m                             | 43.14 (31.34) | 500m                       | 43.15 (31.62) |      |
|    |    | Naam                             | Cat           | PR                         | Tijd          | Info |
| 20 | gl | 25 Sil Bergsma                   | HB1           | 41.53                      | <b>42.51</b>  |      |
|    | bl | 43 Tiemen Haaring                | HB2           | 44.38                      | <b>44.97</b>  |      |
|    |    | <u>Sil Bergsma</u>               |               | <u>Tiemen Haaring</u>      |               |      |
|    |    | 100m                             | 11.59 (11.59) | 100m                       | 12.03 (12.03) |      |
|    |    | 500m                             | 42.51 (30.92) | 500m                       | 44.97 (32.94) |      |

|    |    | Naam                        |                             |         | Cat  |                 |         | PR    | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|------|-----------------|---------|-------|--------------|------|
| 21 | wt | 8                           | <b>Alexander Doornekamp</b> |         | HN3  |                 |         | 40.86 | <b>44.16</b> |      |
|    | rd | 19                          | <b>Emma Noz</b>             |         | DA1  |                 |         | 42.25 | <b>44.13</b> |      |
|    |    | <u>Alexander Doornekamp</u> |                             |         |      | <u>Emma Noz</u> |         |       |              |      |
|    |    | 100m                        | 11.50                       | (11.50) | 100m | 11.98           | (11.98) |       |              |      |
|    |    | 500m                        | 44.16                       | (32.66) | 500m | 44.13           | (32.15) |       |              |      |

|    |    | Naam                    |                         |         | Cat  |                        |         | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|------|------------------------|---------|-------|--------------|------|
| 22 | gl | 42                      | <b>Daan van Zwienen</b> |         | HB1  |                        |         | 38.96 | <b>40.77</b> |      |
|    | bl | 48                      | <b>Kees de Ruijter</b>  |         | HA1  |                        |         | 40.08 | <b>40.55</b> |      |
|    |    | <u>Daan van Zwienen</u> |                         |         |      | <u>Kees de Ruijter</u> |         |       |              |      |
|    |    | 100m                    | 10.83                   | (10.83) | 100m | 11.09                  | (11.09) |       |              |      |
|    |    | 500m                    | 40.77                   | (29.94) | 500m | 40.55                  | (29.46) |       |              |      |

|    |    | Naam                |                     |         | Cat  |                     |         | PR    | Tijd         | Info |
|----|----|---------------------|---------------------|---------|------|---------------------|---------|-------|--------------|------|
| 23 | wt | 45                  | <b>Tygo Kompier</b> |         | HB2  |                     |         | 38.29 | <b>39.99</b> |      |
|    | rd | 36                  | <b>Dion Verhoog</b> |         | HSA  |                     |         | 39.46 | <b>40.75</b> |      |
|    |    | <u>Tygo Kompier</u> |                     |         |      | <u>Dion Verhoog</u> |         |       |              |      |
|    |    | 100m                | 11.13               | (11.13) | 100m | 11.03               | (11.03) |       |              |      |
|    |    | 500m                | 39.99               | (28.86) | 500m | 40.75               | (29.72) |       |              |      |

|    |    | Naam                    |                         |         | Cat  |                        |         | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|------|------------------------|---------|-------|--------------|------|
| 24 | gl | 29                      | <b>David Eijsackers</b> |         | HN3  |                        |         | 39.80 | <b>43.42</b> |      |
|    | bl | 44                      | <b>Elanne de Vries</b>  |         | DB2  |                        |         | 41.47 | <b>43.14</b> |      |
|    |    | <u>David Eijsackers</u> |                         |         |      | <u>Elanne de Vries</u> |         |       |              |      |
|    |    | 100m                    | 10.92                   | (10.92) | 100m | 11.81                  | (11.81) |       |              |      |
|    |    | 500m                    | 43.42                   | (32.50) | 500m | 43.14                  | (31.33) |       |              |      |

## 3. Uitslag 1500 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1   | 52 Leon Wenteler      | HN3 | 36   | O    | 2:01.59 |      |        |
| 2   | 26 Dion van Hal       | HB2 | 36   | I    | 2:10.46 |      |        |
| 3   | 16 Sven Pera          | HA1 | 32   | O    | 2:17.02 |      |        |
| 4   | 32 Jos Drabbels       | H55 | 28   | I    | 2:20.31 |      |        |
| 5   | 31 Bart Groot         | H55 | 34   | I    | 2:21.08 |      |        |
| 6   | 6 Meerle van den Berg | DN2 | 30   | I    | 2:21.62 |      |        |
| 7   | 33 Jorn Limburg       | HSA | 31   | O    | 2:22.07 |      |        |
| 8   | 50 Thijs Heezen       | HN2 | 31   | I    | 2:23.70 |      |        |
| 9   | 49 Bert-Jan Mostert   | H55 | 33   | I    | 2:23.98 |      |        |
| 10  | 2 Gerard Snel         | H55 | 34   | O    | 2:24.34 |      |        |
| 11  | 14 Heleen Docter      | DSA | 29   | O    | 2:25.14 |      |        |
| 12  | 34 Lenthe Jansen      | DB1 | 33   | O    | 2:29.55 |      |        |
| 13  | 47 Indy Kromokario    | HB2 | 27   | O    | 2:30.56 | PR   |        |
| 14  | 13 Frank Steenkamp    | H65 | 32   | I    | 2:31.35 |      |        |
| 15  | 21 Lex van Tol        | H60 | 28   | O    | 2:33.96 |      |        |
| 16  | 4 Nerena van Vuuren   | DN2 | 30   | O    | 2:35.23 |      |        |
| 17  | 30 Stef Voermans      | H50 | 29   | I    | 2:35.46 |      |        |
| 18  | 40 Patrick Delanghe   | H55 | 27   | I    | 2:41.17 |      |        |
|     | 7 Joes van Deursen    | HA2 | 35   | I    | DNS     |      |        |
|     | 12 Jeroen van Voorden | HSA | 35   | O    | DNS     |      |        |



## 3. Rituitslag 1500 meter

|    |    | Naam                       | Cat | PR      | Tijd           | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 27 | wt | 40 <b>Patrick Delanghe</b> | H55 | 2:32.84 | <b>2:41.17</b> |      |
|    | rd | 47 <b>Indy Kromokario</b>  | HB2 | 2:40.61 | <b>2:30.56</b> | PR   |

### Patrick Delanghe

|       |         |         |
|-------|---------|---------|
| 300m  | 35.30   | (35.30) |
| 700m  | 1:16.88 | (41.58) |
| 1100m | 1:58.31 | (41.43) |
| 1500m | 2:41.17 | (42.86) |

### Indy Kromokario

|       |         |         |
|-------|---------|---------|
| 300m  | 30.51   | (30.51) |
| 700m  | 1:07.51 | (37.00) |
| 1100m | 1:48.58 | (41.07) |
| 1500m | 2:30.56 | (41.98) |

|    |    | Naam                   | Cat | PR      | Tijd           | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 28 | gl | 32 <b>Jos Drabbels</b> | H55 | 2:05.18 | <b>2:20.31</b> |      |
|    | bl | 21 <b>Lex van Tol</b>  | H60 | 2:24.65 | <b>2:33.96</b> |      |

### Jos Drabbels

|       |         |         |
|-------|---------|---------|
| 300m  | 30.75   | (30.75) |
| 700m  | 1:06.50 | (35.75) |
| 1100m | 1:43.38 | (36.88) |
| 1500m | 2:20.31 | (36.93) |

### Lex van Tol

|       |         |         |
|-------|---------|---------|
| 300m  | 33.14   | (33.14) |
| 700m  | 1:11.16 | (38.02) |
| 1100m | 1:51.85 | (40.69) |
| 1500m | 2:33.96 | (42.11) |

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 29 | wt | 30 <b>Stef Voermans</b> | H50 | 2:28.94 | <b>2:35.46</b> |      |
|    | rd | 14 <b>Heleen Docter</b> | DSA | 2:24.59 | <b>2:25.14</b> |      |

### Stef Voermans

|       |         |         |
|-------|---------|---------|
| 300m  | 34.27   | (34.27) |
| 700m  | 1:14.15 | (39.88) |
| 1100m | 1:54.62 | (40.47) |
| 1500m | 2:35.46 | (40.84) |

### Heleen Docter

|       |         |         |
|-------|---------|---------|
| 300m  | 32.56   | (32.56) |
| 700m  | 1:09.13 | (36.57) |
| 1100m | 1:46.87 | (37.74) |
| 1500m | 2:25.14 | (38.27) |

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 30 | gl | 6 <b>Meerle van den Berg</b> | DN2 | 2:21.58 | <b>2:21.62</b> |      |
|    | bl | 4 <b>Nerena van Vuuren</b>   | DN2 | 2:27.02 | <b>2:35.23</b> |      |

### Meerle van den Berg

|       |         |         |
|-------|---------|---------|
| 300m  | 30.31   | (30.31) |
| 700m  | 1:05.92 | (35.61) |
| 1100m | 1:43.31 | (37.39) |
| 1500m | 2:21.62 | (38.31) |

### Nerena van Vuuren

|       |         |         |
|-------|---------|---------|
| 300m  | 33.01   | (33.01) |
| 700m  | 1:12.66 | (39.65) |
| 1100m | 1:53.98 | (41.32) |
| 1500m | 2:35.23 | (41.25) |

|    |    | Naam                       | Cat | PR      | Tijd                  | Info                 |
|----|----|----------------------------|-----|---------|-----------------------|----------------------|
| 31 | wt | 50 <b>Thijs Heezen</b>     | HN2 | 2:16.01 | <b>2:23.70</b>        |                      |
|    | rd | 33 <b>Jorn Limburg</b>     | HSA | 2:14.17 | <b>2:22.07</b>        |                      |
|    |    | <b>Thijs Heezen</b>        |     |         |                       | <b>Jorn Limburg</b>  |
|    |    | 300m 29.95 (29.95)         |     |         | 300m 31.24 (31.24)    |                      |
|    |    | 700m 1:07.25 (37.30)       |     |         | 700m 1:07.16 (35.92)  |                      |
|    |    | 1100m 1:45.28 (38.03)      |     |         | 1100m 1:44.83 (37.67) |                      |
|    |    | 1500m 2:23.70 (38.42)      |     |         | 1500m 2:22.07 (37.24) |                      |
|    |    | Naam                       | Cat | PR      | Tijd                  | Info                 |
| 32 | gl | 13 <b>Frank Steenkamp</b>  | H65 | 2:13.20 | <b>2:31.35</b>        |                      |
|    | bl | 16 <b>Sven Pera</b>        | HA1 | 2:15.93 | <b>2:17.02</b>        |                      |
|    |    | <b>Frank Steenkamp</b>     |     |         |                       | <b>Sven Pera</b>     |
|    |    | 300m 33.08 (33.08)         |     |         | 300m 28.86 (28.86)    |                      |
|    |    | 700m 1:11.57 (38.49)       |     |         | 700m 1:04.14 (35.28)  |                      |
|    |    | 1100m 1:50.99 (39.42)      |     |         | 1100m 1:40.75 (36.61) |                      |
|    |    | 1500m 2:31.35 (40.36)      |     |         | 1500m 2:17.02 (36.27) |                      |
|    |    | Naam                       | Cat | PR      | Tijd                  | Info                 |
| 33 | wt | 49 <b>Bert-Jan Mostert</b> | H55 | 2:11.55 | <b>2:23.98</b>        |                      |
|    | rd | 34 <b>Lenthe Jansen</b>    | DB1 | 2:21.36 | <b>2:29.55</b>        |                      |
|    |    | <b>Bert-Jan Mostert</b>    |     |         |                       | <b>Lenthe Jansen</b> |
|    |    | 300m 31.28 (31.28)         |     |         | 300m 31.40 (31.40)    |                      |
|    |    | 700m 1:07.23 (35.95)       |     |         | 700m 1:08.48 (37.08)  |                      |
|    |    | 1100m 1:44.92 (37.69)      |     |         | 1100m 1:48.95 (40.47) |                      |
|    |    | 1500m 2:23.98 (39.06)      |     |         | 1500m 2:29.55 (40.60) |                      |
|    |    | Naam                       | Cat | PR      | Tijd                  | Info                 |
| 34 | gl | 31 <b>Bart Groot</b>       | H55 | 2:07.68 | <b>2:21.08</b>        |                      |
|    | bl | 2 <b>Gerard Snel</b>       | H55 | 2:06.56 | <b>2:24.34</b>        |                      |
|    |    | <b>Bart Groot</b>          |     |         |                       | <b>Gerard Snel</b>   |
|    |    | 300m 30.78 (30.78)         |     |         | 300m 30.74 (30.74)    |                      |
|    |    | 700m 1:06.42 (35.64)       |     |         | 700m 1:07.58 (36.84)  |                      |
|    |    | 1100m 1:43.57 (37.15)      |     |         | 1100m 1:45.36 (37.78) |                      |
|    |    | 1500m 2:21.08 (37.51)      |     |         | 1500m 2:24.34 (38.98) |                      |

|                  |    | Naam                  | Cat                | PR      | Tijd Info |
|------------------|----|-----------------------|--------------------|---------|-----------|
| 35               | wt | 7 Joes van Deursen    | HA2                | 2:04.20 | DNS       |
|                  | rd | 12 Jeroen van Voorden | HSA                | 1:55.70 | DNS       |
| Joes van Deursen |    |                       | Jeroen van Voorden |         |           |

|              |    | Naam             | Cat             | PR      | Tijd Info       |
|--------------|----|------------------|-----------------|---------|-----------------|
| 36           | gl | 26 Dion van Hal  | HB2             | 2:07.35 | <b>2:10.46</b>  |
|              | bl | 52 Leon Wenteler | HN3             | 1:59.21 | <b>2:01.59</b>  |
| Dion van Hal |    |                  | Leon Wenteler   |         |                 |
|              |    | 300m             | 27.75 (27.75)   | 300m    | 27.00 (27.00)   |
|              |    | 700m             | 59.77 (32.02)   | 700m    | 56.88 (29.88)   |
|              |    | 1100m            | 1:34.10 (34.33) | 1100m   | 1:28.85 (31.97) |
|              |    | 1500m            | 2:10.46 (36.36) | 1500m   | 2:01.59 (32.74) |

## 4. Uitslag 1000 meter

| Pos | Naam                         | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------------|-----|------|------|---------|------|--------|
| 1   | 48 Kees de Ruijter           | HA1 | 48   | O    | 1:21.19 |      |        |
| 2   | 45 Tygo Kompier              | HB2 | 49   | O    | 1:21.81 |      |        |
| 3   | 36 Dion Verhoog              | HSA | 50   | O    | 1:24.33 |      |        |
| 4   | 29 David Eijsackers          | HN3 | 50   | I    | 1:25.90 |      |        |
| 5   | 5 Remco Boere                | HSA | 49   | I    | 1:26.85 |      |        |
| 6   | 15 Jules van Winden          | HB1 | 43   | O    | 1:26.90 |      |        |
| 7   | 19 Emma Noz                  | DA1 | 46   | O    | 1:27.75 |      |        |
| 8   | 38 Robbert-Jan Neven         | H45 | 44   | I    | 1:29.06 |      |        |
| 9   | 1 Joey van den Berg          | HB1 | 44   | O    | 1:29.53 |      |        |
| 10  | 51 Valerie Aarts             | DB2 | 41   | O    | 1:30.75 |      |        |
| 11  | 42 Daan van Zwienen          | HB1 | 48   | I    | 1:31.57 |      |        |
| 12  | 43 Tiemen Haaring            | HB2 | 41   | I    | 1:31.89 | PR   |        |
| 13  | 39 Susanne Prins             | DA1 | 45   | O    | 1:32.04 |      |        |
| 14  | 24 Birgit Radt               | DB1 | 38   | O    | 1:32.07 | PR   |        |
| 15  | 44 Elanne de Vries           | DB2 | 46   | I    | 1:32.29 |      |        |
| 16  | 8 Alexander Doornekamp       | HN3 | 47   | I    | 1:32.60 |      |        |
| 17  | 35 Rick Loos                 | HB1 | 43   | I    | 1:33.32 |      |        |
| 18  | 28 Yiran van 't Oosten       | DB1 | 42   | I    | 1:33.91 |      |        |
| 19  | 53 Tom Loos                  | HB1 | 40   | I    | 1:37.04 |      |        |
| 20  | 23 Mariska van Zon           | DN3 | 38   | I    | 1:38.42 |      |        |
| 21  | 10 Shirley Jaarsma           | D40 | 42   | O    | 1:38.87 |      |        |
| 22  | 54 Job van Dongen            | HB1 | 37   | O    | 1:40.09 |      |        |
| 23  | 27 Famke Hogenboom           | DA1 | 39   | O    | 1:41.79 |      |        |
| 24  | 41 Kees Hofwegen             | H55 | 39   | I    | 1:44.03 |      |        |
| 25  | 55 Ravi de Jong              | HB2 | 37   | I    | 1:46.54 | PR   |        |
| 26  | 11 Blanche Cardinal Tremblay | DB2 | 40   | O    | 1:59.83 |      |        |
|     | 25 Sil Bergsma               | HB1 | 45   | I    | DNS     |      |        |
|     | 9 Amber van der Meijden      | DB2 | 47   | O    | DNS     |      |        |

## 4. Rituitslag 1000 meter

|    |    | Naam                   |                       | Cat     |                                  | PR      |         | Tijd           | Info |
|----|----|------------------------|-----------------------|---------|----------------------------------|---------|---------|----------------|------|
| 37 | wt | 55                     | <b>Ravi de Jong</b>   |         | HB2                              | 1:50.52 |         | <b>1:46.54</b> | PR   |
|    | rd | 54                     | <b>Job van Dongen</b> |         | HB1                              | 1:36.37 |         | <b>1:40.09</b> |      |
|    |    | <b>Ravi de Jong</b>    |                       |         | <b>Job van Dongen</b>            |         |         |                |      |
|    |    | 200m                   | 24.39                 | (24.39) | 200m                             | 21.98   | (21.98) |                |      |
|    |    | 600m                   | 1:04.18               | (39.79) | 600m                             | 59.90   | (37.92) |                |      |
|    |    | 1000m                  | 1:46.54               | (42.36) | 1000m                            | 1:40.09 | (40.19) |                |      |
|    |    | <b>Mariska van Zon</b> |                       |         | <b>Birgit Radt</b>               |         |         |                |      |
|    |    | 200m                   | 21.80                 | (21.80) | 200m                             | 21.23   | (21.23) |                |      |
|    |    | 600m                   | 58.53                 | (36.73) | 600m                             | 55.08   | (33.85) |                |      |
|    |    | 1000m                  | 1:38.42               | (39.89) | 1000m                            | 1:32.07 | (36.99) |                |      |
|    |    | <b>Kees Hofwegen</b>   |                       |         | <b>Famke Hogenboom</b>           |         |         |                |      |
|    |    | 200m                   | 24.18                 | (24.18) | 200m                             | 23.44   | (23.44) |                |      |
|    |    | 600m                   | 1:02.89               | (38.71) | 600m                             | 1:01.44 | (38.00) |                |      |
|    |    | 1000m                  | 1:44.03               | (41.14) | 1000m                            | 1:41.79 | (40.35) |                |      |
|    |    | <b>Tom Loos</b>        |                       |         | <b>Blanche Cardinal Tremblay</b> |         |         |                |      |
|    |    | 200m                   | 21.24                 | (21.24) | 200m                             | 20.92   | (20.92) |                |      |
|    |    | 600m                   | 56.56                 | (35.32) | 600m                             | 1:09.37 | (48.45) |                |      |
|    |    | 1000m                  | 1:37.04               | (40.48) | 1000m                            | 1:59.83 | (50.46) |                |      |

|    |    | Naam                  |                       |         | Cat   |         |         | PR                   | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|-------|---------|---------|----------------------|----------------|------|
| 41 | wt | 43                    | <b>Tiemen Haaring</b> |         | HB2   |         |         | 1:32.12              | <b>1:31.89</b> | PR   |
|    | rd | 51                    | <b>Valerie Aarts</b>  |         | DB2   |         |         | 1:29.22              | <b>1:30.75</b> |      |
|    |    | <b>Tiemen Haaring</b> |                       |         |       |         |         | <b>Valerie Aarts</b> |                |      |
|    |    | 200m                  | 20.75                 | (20.75) | 200m  | 21.34   | (21.34) |                      |                |      |
|    |    | 600m                  | 55.23                 | (34.48) | 600m  | 55.12   | (33.78) |                      |                |      |
|    |    | 1000m                 | 1:31.89               | (36.66) | 1000m | 1:30.75 | (35.63) |                      |                |      |

|    |    | Naam                       |                            |         | Cat   |         |         | PR                     | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|-------|---------|---------|------------------------|----------------|------|
| 42 | gl | 28                         | <b>Yiran van 't Oosten</b> |         | DB1   |         |         | 1:32.07                | <b>1:33.91</b> |      |
|    | bl | 10                         | <b>Shirley Jaarsma</b>     |         | D40   |         |         | 1:29.40                | <b>1:38.87</b> |      |
|    |    | <b>Yiran van 't Oosten</b> |                            |         |       |         |         | <b>Shirley Jaarsma</b> |                |      |
|    |    | 200m                       | 20.73                      | (20.73) | 200m  | 22.48   | (22.48) |                        |                |      |
|    |    | 600m                       | 55.38                      | (34.65) | 600m  | 58.92   | (36.44) |                        |                |      |
|    |    | 1000m                      | 1:33.91                    | (38.53) | 1000m | 1:38.87 | (39.95) |                        |                |      |

|    |    | Naam             |                         |         | Cat   |         |         | PR                      | Tijd           | Info |
|----|----|------------------|-------------------------|---------|-------|---------|---------|-------------------------|----------------|------|
| 43 | wt | 35               | <b>Rick Loos</b>        |         | HB1   |         |         | 1:27.34                 | <b>1:33.32</b> |      |
|    | rd | 15               | <b>Jules van Winden</b> |         | HB1   |         |         | 1:26.79                 | <b>1:26.90</b> |      |
|    |    | <b>Rick Loos</b> |                         |         |       |         |         | <b>Jules van Winden</b> |                |      |
|    |    | 200m             | 21.74                   | (21.74) | 200m  | 19.71   | (19.71) |                         |                |      |
|    |    | 600m             | 56.50                   | (34.76) | 600m  | 52.26   | (32.55) |                         |                |      |
|    |    | 1000m            | 1:33.32                 | (36.82) | 1000m | 1:26.90 | (34.64) |                         |                |      |

|    |    | Naam                     |                          |         | Cat   |         |         | PR                       | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|-------|---------|---------|--------------------------|----------------|------|
| 44 | gl | 38                       | <b>Robbert-Jan Neven</b> |         | H45   |         |         | 1:28.29                  | <b>1:29.06</b> |      |
|    | bl | 1                        | <b>Joey van den Berg</b> |         | HB1   |         |         | 1:27.46                  | <b>1:29.53</b> |      |
|    |    | <b>Robbert-Jan Neven</b> |                          |         |       |         |         | <b>Joey van den Berg</b> |                |      |
|    |    | 200m                     | 20.55                    | (20.55) | 200m  | 19.78   | (19.78) |                          |                |      |
|    |    | 600m                     | 53.84                    | (33.29) | 600m  | 52.66   | (32.88) |                          |                |      |
|    |    | 1000m                    | 1:29.06                  | (35.22) | 1000m | 1:29.53 | (36.87) |                          |                |      |

|    |    | Naam                    | Cat | PR                   | Tijd    | Info           |
|----|----|-------------------------|-----|----------------------|---------|----------------|
| 45 | wt | 25 <b>Sil Bergsma</b>   | HB1 | 1:23.87              |         | <b>DNS</b>     |
|    | rd | 39 <b>Susanne Prins</b> | DA1 | 1:25.68              |         | <b>1:32.04</b> |
|    |    | <u>Sil Bergsma</u>      |     | <u>Susanne Prins</u> |         |                |
|    |    | 200m                    |     | 21.29                | (21.29) |                |
|    |    | 600m                    |     | 55.40                | (34.11) |                |
|    |    | 1000m                   |     | 1:32.04              | (36.64) |                |

|    |    | Naam                      | Cat | PR              | Tijd    | Info           |
|----|----|---------------------------|-----|-----------------|---------|----------------|
| 46 | gl | 44 <b>Elanne de Vries</b> | DB2 | 1:23.07         |         | <b>1:32.29</b> |
|    | bl | 19 <b>Emma Noz</b>        | DA1 | 1:23.67         |         | <b>1:27.75</b> |
|    |    | <u>Elanne de Vries</u>    |     | <u>Emma Noz</u> |         |                |
|    |    | 200m                      |     | 20.00           | (20.00) |                |
|    |    | 600m                      |     | 53.67           | (33.67) |                |
|    |    | 1000m                     |     | 1:32.29         | (38.62) |                |
|    |    | 200m                      |     | 20.53           | (20.53) |                |
|    |    | 600m                      |     | 52.73           | (32.20) |                |
|    |    | 1000m                     |     | 1:27.75         | (35.02) |                |

|    |    | Naam                           | Cat | PR                           | Tijd    | Info           |
|----|----|--------------------------------|-----|------------------------------|---------|----------------|
| 47 | wt | 8 <b>Alexander Doornekamp</b>  | HN3 | 1:22.84                      |         | <b>1:32.60</b> |
|    | rd | 9 <b>Amber van der Meijden</b> | DB2 | 1:25.08                      |         | <b>DNS</b>     |
|    |    | <u>Alexander Doornekamp</u>    |     | <u>Amber van der Meijden</u> |         |                |
|    |    | 200m                           |     | 20.66                        | (20.66) |                |
|    |    | 600m                           |     | 55.34                        | (34.68) |                |
|    |    | 1000m                          |     | 1:32.60                      | (37.26) |                |

|    |    | Naam                      | Cat | PR                     | Tijd    | Info           |
|----|----|---------------------------|-----|------------------------|---------|----------------|
| 48 | gl | 42 <b>Daan van Zwiene</b> | HB1 | 1:19.44                |         | <b>1:31.57</b> |
|    | bl | 48 <b>Kees de Ruijter</b> | HA1 | 1:19.55                |         | <b>1:21.19</b> |
|    |    | <u>Daan van Zwiene</u>    |     | <u>Kees de Ruijter</u> |         |                |
|    |    | 200m                      |     | 18.57                  | (18.57) |                |
|    |    | 600m                      |     | 50.99                  | (32.42) |                |
|    |    | 1000m                     |     | 1:31.57                | (40.58) |                |
|    |    | 200m                      |     | 19.23                  | (19.23) |                |
|    |    | 600m                      |     | 49.33                  | (30.10) |                |
|    |    | 1000m                     |     | 1:21.19                | (31.86) |                |

|    |    | Naam               |                     |         | Cat                 | PR      | Tijd           | Info |
|----|----|--------------------|---------------------|---------|---------------------|---------|----------------|------|
| 49 | wt | 5                  | <b>Remco Boere</b>  |         | HSA                 | 1:22.35 | <b>1:26.85</b> |      |
|    | rd | 45                 | <b>Tygo Kompier</b> |         | HB2                 | 1:16.19 | <b>1:21.81</b> |      |
|    |    | <b>Remco Boere</b> |                     |         | <b>Tygo Kompier</b> |         |                |      |
|    |    | 200m               | 19.56               | (19.56) | 200m                | 18.87   | (18.87)        |      |
|    |    | 600m               | 51.67               | (32.11) | 600m                | 49.01   | (30.14)        |      |
|    |    | 1000m              | 1:26.85             | (35.18) | 1000m               | 1:21.81 | (32.80)        |      |

|    |    | Naam                    |                         |         | Cat                 | PR      | Tijd           | Info |
|----|----|-------------------------|-------------------------|---------|---------------------|---------|----------------|------|
| 50 | gl | 29                      | <b>David Eijsackers</b> |         | HN3                 | 1:21.40 | <b>1:25.90</b> |      |
|    | bl | 36                      | <b>Dion Verhoog</b>     |         | HSA                 | 1:19.45 | <b>1:24.33</b> |      |
|    |    | <b>David Eijsackers</b> |                         |         | <b>Dion Verhoog</b> |         |                |      |
|    |    | 200m                    | 18.80                   | (18.80) | 200m                | 19.17   | (19.17)        |      |
|    |    | 600m                    | 50.45                   | (31.65) | 600m                | 50.09   | (30.92)        |      |
|    |    | 1000m                   | 1:25.90                 | (35.45) | 1000m               | 1:24.33 | (34.24)        |      |