

## 1. Uitslag 500 meter

| Pos | Naam                               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------------------|-----|------|------|---------|------|--------|
| 1   | 19 Mathijs Kwakman                 | HN1 | 2    | O    | 39.72   |      |        |
| 2   | 43 Cas van der Rest                | HSA | 2    | I    | 41.56   |      |        |
| 3   | 31 Mathe Toonen                    | HSA | 1    | O    | 41.91   |      |        |
| 4   | 33 Eric van den Berg               | H50 | 3    | O    | 43.59   |      |        |
| 5   | 1 Mats Boonstra                    | HA2 | 4    | I    | 43.99   |      |        |
| 6   | 42 Simon Eijrond                   | HB2 | 3    | I    | 44.23   |      |        |
| 7   | 21 David Leguit                    | HB2 | 4    | O    | 44.38   |      |        |
| 8   | 5 Frits Horstman                   | HB1 | 6    | I    | 44.73   | PR   |        |
| 9   | 29 Wouter Baan                     | H45 | 7    | O    | 45.48   |      |        |
| 10  | 32 Janine Timmer                   | DN1 | 5    | I    | 45.59   |      |        |
| 11  | 36 Koen Pleizier                   | HB2 | 11   | O    | 45.79   | PR   |        |
| 12  | 7 Stijn Visser                     | HSA | 9    | I    | 46.47   | PR   |        |
| 13  | 17 Jort Lion                       | HC2 | 8    | I    | 46.58   |      |        |
| 14  | 27 Maartje Onderdelinden           | DB1 | 10   | O    | 46.76   |      |        |
| 15  | 44 Josephine Dekkers               | DB1 | 8    | O    | 46.93   |      |        |
| 16  | 15 Norah Smits                     | DN3 | 5    | O    | 47.80   |      |        |
| 17  | 37 Ella Boonstra                   | DB1 | 1    | I    | 48.15   |      |        |
| 18  | 22 Timon Sandker                   | HC2 | 12   | O    | 48.36   | PR   |        |
| 19  | 26 Johan Sonneveld                 | HSA | 9    | O    | 48.60   |      |        |
| 20  | 11 Marre Looijen                   | DN2 | 10   | I    | 49.19   |      |        |
| 21  | 35 Miro Leguit                     | HC2 | 13   | O    | 49.70   | PR   |        |
| 22  | 8 Nelleke van de Wetering          | D40 | 7    | I    | 49.98   |      |        |
| 23  | 25 Julia Onderdelinden             | DC1 | 13   | I    | 50.15   | PR   |        |
| 24  | 4 Jikke van Hövell tot Westerflier | DB1 | 11   | I    | 50.38   |      |        |
| 25  | 24 Auke Baan Hofman                | HC2 | 16   | I    | 50.49   | PR   |        |
| 26  | 2 Katja Greve                      | DA2 | 14   | I    | 50.62   |      |        |
| 27  | 14 Corne Hoogenboom                | HC2 | 12   | I    | 50.82   |      |        |
| 28  | 9 Isabel Verhaegh                  | DSA | 14   | O    | 52.46   |      |        |
| 29  | 39 Madelief Faneyte                | DB2 | 15   | I    | 53.07   |      |        |
| 30  | 3 Loek van Hövell tot Westerflier  | HC1 | 20   | O    | 53.33   | HT   |        |
| 31  | 23 Jan Heeres                      | H65 | 15   | O    | 53.78   |      |        |
| 32  | 28 Jippe Faneyte                   | HC2 | 20   | I    | 55.65   | HT   |        |
| 33  | 12 Eveline Bremmer                 | D55 | 18   | O    | 58.21   |      |        |
| 34  | 46 Dexter Brouwer                  | HC2 | 18   | I    | 1:10.10 | FL   |        |
|     | 45 Anniek Heethaar                 | DB2 | 6    | O    | DNS     |      |        |
|     | 30 Bauke Meijer                    | H75 |      |      | WDR     |      |        |
|     | 41 Gijs van Cappelle               | HSB |      |      | WDR     |      |        |

## 1. Rituitslag 500 meter

|   |    | Naam                 |                      | Cat     |                     | PR    | Tijd         | Info |
|---|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 1 | wt | 37                   | <b>Ella Boonstra</b> |         | DB1                 | 46.70 | <b>48.15</b> |      |
|   | rd | 31                   | <b>Mathe Toonen</b>  |         | HSA                 | 41.35 | <b>41.91</b> |      |
|   |    | <u>Ella Boonstra</u> |                      |         | <u>Mathe Toonen</u> |       |              |      |
|   |    | 100m                 | 12.89                | (12.89) | 100m                | 11.42 | (11.42)      |      |
|   |    | 500m                 | 48.15                | (35.26) | 500m                | 41.91 | (30.49)      |      |

|   |    | Naam                    |                         | Cat     |                        | PR    | Tijd         | Info |
|---|----|-------------------------|-------------------------|---------|------------------------|-------|--------------|------|
| 2 | gl | 43                      | <b>Cas van der Rest</b> |         | HSA                    | 40.74 | <b>41.56</b> |      |
|   | bl | 19                      | <b>Mathijs Kwakman</b>  |         | HN1                    | 38.86 | <b>39.72</b> |      |
|   |    | <u>Cas van der Rest</u> |                         |         | <u>Mathijs Kwakman</u> |       |              |      |
|   |    | 100m                    | 11.05                   | (11.05) | 100m                   | 10.54 | (10.54)      |      |
|   |    | 500m                    | 41.56                   | (30.51) | 500m                   | 39.72 | (29.18)      |      |

|   |    | Naam                 |                          | Cat     |                          | PR    | Tijd         | Info |
|---|----|----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 3 | wt | 42                   | <b>Simon Eijrond</b>     |         | HB2                      | 43.13 | <b>44.23</b> |      |
|   | rd | 33                   | <b>Eric van den Berg</b> |         | H50                      | 40.20 | <b>43.59</b> |      |
|   |    | <u>Simon Eijrond</u> |                          |         | <u>Eric van den Berg</u> |       |              |      |
|   |    | 100m                 | 11.30                    | (11.30) | 100m                     | 11.80 | (11.80)      |      |
|   |    | 500m                 | 44.23                    | (32.93) | 500m                     | 43.59 | (31.79)      |      |

|   |    | Naam                 |                      | Cat     |                     | PR    | Tijd         | Info |
|---|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 4 | gl | 1                    | <b>Mats Boonstra</b> |         | HA2                 | 42.57 | <b>43.99</b> |      |
|   | bl | 21                   | <b>David Leguit</b>  |         | HB2                 | 42.62 | <b>44.38</b> |      |
|   |    | <u>Mats Boonstra</u> |                      |         | <u>David Leguit</u> |       |              |      |
|   |    | 100m                 | 11.95                | (11.95) | 100m                | 11.57 | (11.57)      |      |
|   |    | 500m                 | 43.99                | (32.04) | 500m                | 44.38 | (32.81)      |      |

|   |    | Naam                 |                      | Cat     |                    | PR    | Tijd         | Info |
|---|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 5 | wt | 32                   | <b>Janine Timmer</b> |         | DN1                | 45.07 | <b>45.59</b> |      |
|   | rd | 15                   | <b>Norah Smits</b>   |         | DN3                | 45.45 | <b>47.80</b> |      |
|   |    | <u>Janine Timmer</u> |                      |         | <u>Norah Smits</u> |       |              |      |
|   |    | 100m                 | 12.02                | (12.02) | 100m               | 12.17 | (12.17)      |      |
|   |    | 500m                 | 45.59                | (33.57) | 500m               | 47.80 | (35.63)      |      |

|    |    | Naam                           |                                | Cat     |                              | PR    |         | Tijd         | Info |
|----|----|--------------------------------|--------------------------------|---------|------------------------------|-------|---------|--------------|------|
| 6  | gl | 5                              | <b>Frits Horstman</b>          |         | HB1                          | 45.27 |         | <b>44.73</b> | PR   |
|    | bl | 45                             | <b>Anniek Heethaar</b>         |         | DB2                          | 45.11 |         | <b>DNS</b>   |      |
|    |    | <b>Frits Horstman</b>          |                                |         | <b>Anniek Heethaar</b>       |       |         |              |      |
|    |    | 100m                           | 12.30                          | (12.30) |                              |       |         |              |      |
|    |    | 500m                           | 44.73                          | (32.43) |                              |       |         |              |      |
|    |    | Naam                           |                                | Cat     |                              | PR    |         | Tijd         | Info |
| 7  | wt | 8                              | <b>Nelleke van de Wetering</b> |         | D40                          | 46.00 |         | <b>49.98</b> |      |
|    | rd | 29                             | <b>Wouter Baan</b>             |         | H45                          | 43.06 |         | <b>45.48</b> |      |
|    |    | <b>Nelleke van de Wetering</b> |                                |         | <b>Wouter Baan</b>           |       |         |              |      |
|    |    | 100m                           | 13.49                          | (13.49) | 100m                         | 12.42 | (12.42) |              |      |
|    |    | 500m                           | 49.98                          | (36.49) | 500m                         | 45.48 | (33.06) |              |      |
|    |    | Naam                           |                                | Cat     |                              | PR    |         | Tijd         | Info |
| 8  | gl | 17                             | <b>Jort Lion</b>               |         | HC2                          | 46.21 |         | <b>46.58</b> |      |
|    | bl | 44                             | <b>Josephine Dekkers</b>       |         | DB1                          | 46.84 |         | <b>46.93</b> |      |
|    |    | <b>Jort Lion</b>               |                                |         | <b>Josephine Dekkers</b>     |       |         |              |      |
|    |    | 100m                           | 12.38                          | (12.38) | 100m                         | 12.45 | (12.45) |              |      |
|    |    | 500m                           | 46.58                          | (34.20) | 500m                         | 46.93 | (34.48) |              |      |
|    |    | Naam                           |                                | Cat     |                              | PR    |         | Tijd         | Info |
| 9  | wt | 7                              | <b>Stijn Visser</b>            |         | HSA                          | 47.15 |         | <b>46.47</b> | PR   |
|    | rd | 26                             | <b>Johan Sonneveld</b>         |         | HSA                          | 46.62 |         | <b>48.60</b> |      |
|    |    | <b>Stijn Visser</b>            |                                |         | <b>Johan Sonneveld</b>       |       |         |              |      |
|    |    | 100m                           | 12.91                          | (12.91) | 100m                         | 12.85 | (12.85) |              |      |
|    |    | 500m                           | 46.47                          | (33.56) | 500m                         | 48.60 | (35.75) |              |      |
|    |    | Naam                           |                                | Cat     |                              | PR    |         | Tijd         | Info |
| 10 | gl | 11                             | <b>Marre Looijen</b>           |         | DN2                          | 47.87 |         | <b>49.19</b> |      |
|    | bl | 27                             | <b>Maartje Onderdelinden</b>   |         | DB1                          | 46.37 |         | <b>46.76</b> |      |
|    |    | <b>Marre Looijen</b>           |                                |         | <b>Maartje Onderdelinden</b> |       |         |              |      |
|    |    | 100m                           | 12.87                          | (12.87) | 100m                         | 12.69 | (12.69) |              |      |
|    |    | 500m                           | 49.19                          | (36.32) | 500m                         | 46.76 | (34.07) |              |      |

|    |    | Naam                                    |                                         |         | Cat                  | PR    | Tijd         | Info |
|----|----|-----------------------------------------|-----------------------------------------|---------|----------------------|-------|--------------|------|
| 11 | wt | 4                                       | <b>Jikke van Hövell tot Westerfliet</b> |         | DB1                  | 48.54 | <b>50.38</b> |      |
|    | rd | 36                                      | <b>Koen Pleizier</b>                    |         | HB2                  | 48.45 | <b>45.79</b> | PR   |
|    |    | <u>Jikke van Hövell tot Westerfliet</u> |                                         |         | <u>Koen Pleizier</u> |       |              |      |
|    |    | 100m                                    | 13.47                                   | (13.47) | 100m                 | 12.19 | (12.19)      |      |
|    |    | 500m                                    | 50.38                                   | (36.91) | 500m                 | 45.79 | (33.60)      |      |

|    |    | Naam                    |                         |         | Cat                  | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 12 | gl | 14                      | <b>Corne Hoogenboom</b> |         | HC2                  | 49.39 | <b>50.82</b> |      |
|    | bl | 22                      | <b>Timon Sandker</b>    |         | HC2                  | 49.06 | <b>48.36</b> | PR   |
|    |    | <u>Corne Hoogenboom</u> |                         |         | <u>Timon Sandker</u> |       |              |      |
|    |    | 100m                    | 13.14                   | (13.14) | 100m                 | 12.84 | (12.84)      |      |
|    |    | 500m                    | 50.82                   | (37.68) | 500m                 | 48.36 | (35.52)      |      |

|    |    | Naam                       |                            |         | Cat                | PR    | Tijd         | Info |
|----|----|----------------------------|----------------------------|---------|--------------------|-------|--------------|------|
| 13 | wt | 25                         | <b>Julia Onderdelinden</b> |         | DC1                | 50.58 | <b>50.15</b> | PR   |
|    | rd | 35                         | <b>Miro Leguit</b>         |         | HC2                | 51.61 | <b>49.70</b> | PR   |
|    |    | <u>Julia Onderdelinden</u> |                            |         | <u>Miro Leguit</u> |       |              |      |
|    |    | 100m                       | 13.21                      | (13.21) | 100m               | 12.87 | (12.87)      |      |
|    |    | 500m                       | 50.15                      | (36.94) | 500m               | 49.70 | (36.83)      |      |

|    |    | Naam               |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 14 | gl | 2                  | <b>Katja Greve</b>     |         | DA2                    | 48.28 | <b>50.62</b> |      |
|    | bl | 9                  | <b>Isabel Verhaegh</b> |         | DSA                    | 50.38 | <b>52.46</b> |      |
|    |    | <u>Katja Greve</u> |                        |         | <u>Isabel Verhaegh</u> |       |              |      |
|    |    | 100m               | 13.37                  | (13.37) | 100m                   | 13.42 | (13.42)      |      |
|    |    | 500m               | 50.62                  | (37.25) | 500m                   | 52.46 | (39.04)      |      |

|    |    | Naam                    |                         |         | Cat               | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-------------------|-------|--------------|------|
| 15 | wt | 39                      | <b>Madelief Faneyte</b> |         | DB2               | 52.95 | <b>53.07</b> |      |
|    | rd | 23                      | <b>Jan Heeres</b>       |         | H65               | 45.83 | <b>53.78</b> |      |
|    |    | <u>Madelief Faneyte</u> |                         |         | <u>Jan Heeres</u> |       |              |      |
|    |    | 100m                    | 13.83                   | (13.83) | 100m              | 13.73 | (13.73)      |      |
|    |    | 500m                    | 53.07                   | (39.24) | 500m              | 53.78 | (40.05)      |      |

|    |    | Naam |                         | Cat   |         | PR    | Tijd                | Info |
|----|----|------|-------------------------|-------|---------|-------|---------------------|------|
| 16 | gl | 24   | <b>Auke Baan Hofman</b> |       | HC2     | 51.96 | <b>50.49</b>        | PR   |
|    | bl | 30   | <b>Bauke Meijer</b>     |       | H75     | 45.35 | <b>WDR</b>          |      |
|    |    |      | <b>Auke Baan Hofman</b> |       |         |       | <b>Bauke Meijer</b> |      |
|    |    |      | 100m                    | 12.67 | (12.67) |       |                     |      |
|    |    |      | 500m                    | 50.49 | (37.82) |       |                     |      |

|    |    | Naam |                                        | Cat     |         | PR    | Tijd                                   | Info    |
|----|----|------|----------------------------------------|---------|---------|-------|----------------------------------------|---------|
| 17 | wt | 28   | <b>Jippe Faneyte</b>                   |         | HC2     | 57.97 | <b>1:05.34</b>                         | FL      |
|    | rd | 3    | <b>Loek van Hövell tot Westerfliet</b> |         | HC1     | 51.06 | <b>1:02.92</b>                         | FL      |
|    |    |      | <b>Jippe Faneyte</b>                   |         |         |       | <b>Loek van Hövell tot Westerfliet</b> |         |
|    |    |      | 100m                                   | 12.98   | (12.98) | 100m  | 13.64                                  | (13.64) |
|    |    |      | 500m                                   | 1:05.34 | (52.36) | 500m  | 1:02.92                                | (49.28) |

|    |    | Naam |                        | Cat     |         | PR    | Tijd                   | Info    |
|----|----|------|------------------------|---------|---------|-------|------------------------|---------|
| 18 | gl | 46   | <b>Dexter Brouwer</b>  |         | HC2     | 54.95 | <b>1:10.10</b>         | FL      |
|    | bl | 12   | <b>Eveline Bremmer</b> |         | D55     | 56.95 | <b>58.21</b>           |         |
|    |    |      | <b>Dexter Brouwer</b>  |         |         |       | <b>Eveline Bremmer</b> |         |
|    |    |      | 100m                   | 14.07   | (14.07) | 100m  | 15.04                  | (15.04) |
|    |    |      | 500m                   | 1:10.10 | (56.03) | 500m  | 58.21                  | (43.17) |

|    |    | Naam |                          | Cat |     | PR    | Tijd       | Info |
|----|----|------|--------------------------|-----|-----|-------|------------|------|
| 19 | wt | 41   | <b>Gijs van Cappelle</b> |     | HSB | 41.27 | <b>WDR</b> |      |
|    | rd |      |                          |     |     |       |            |      |
|    |    |      | <b>Gijs van Cappelle</b> |     |     |       | m          |      |

|    |    | Naam |                                        | Cat   |         | PR    | Tijd                                   | Info    |
|----|----|------|----------------------------------------|-------|---------|-------|----------------------------------------|---------|
| 20 | gl | 28   | <b>Jippe Faneyte</b>                   |       | HC2     | 57.97 | <b>55.65</b>                           | HT      |
|    | bl | 3    | <b>Loek van Hövell tot Westerfliet</b> |       | HC1     | 51.06 | <b>53.33</b>                           | HT      |
|    |    |      | <b>Jippe Faneyte</b>                   |       |         |       | <b>Loek van Hövell tot Westerfliet</b> |         |
|    |    |      | 100m                                   | 55.65 | (55.65) | 100m  | 53.33                                  | (53.33) |

## 2. Uitslag 1000 meter

| Pos | Naam                               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------------------|-----|------|------|---------|------|--------|
| 1   | 19 Mathijs Kwakman                 | HN1 | 21   | O    | 1:21.60 |      |        |
| 2   | 43 Cas van der Rest                | HSA | 20   | O    | 1:23.30 |      |        |
| 3   | 33 Eric van den Berg               | H50 | 21   | I    | 1:26.72 |      |        |
| 4   | 21 David Leguit                    | HB2 | 22   | O    | 1:28.75 |      |        |
| 5   | 42 Simon Eijrond                   | HB2 | 23   | I    | 1:29.12 | PR   |        |
| 6   | 29 Wouter Baan                     | H45 | 23   | O    | 1:30.65 |      |        |
| 7   | 5 Frits Horstman                   | HB1 | 26   | O    | 1:33.00 | PR   |        |
| 8   | 36 Koen Pleizier                   | HB2 | 27   | I    | 1:34.43 | PR   |        |
| 9   | 32 Janine Timmer                   | DN1 | 24   | O    | 1:34.95 | HT   |        |
| 10  | 44 Josephine Dekkers               | DB1 | 24   | I    | 1:37.59 | HT   |        |
| 11  | 15 Norah Smits                     | DN3 | 22   | I    | 1:40.11 |      |        |
|     | 22 Timon Sandker                   | HC2 | 25   | I    | 1:40.11 | HT   |        |
| 13  | 4 Jikke van Hövell tot Westerflief | DB1 | 26   | I    | 1:41.31 |      |        |
| 14  | 11 Marre Looijen                   | DN2 | 27   | O    | 1:41.33 |      |        |
| 15  | 8 Nelleke van de Wetering          | D40 | 25   | O    | 1:42.69 | HT   |        |
| 16  | 35 Miro Leguit                     | HC2 | 28   | I    | 1:43.37 | PR   |        |
| 17  | 24 Auke Baan Hofman                | HC2 | 30   | O    | 1:44.03 |      |        |
| 18  | 14 Corne Hoogenboom                | HC2 | 31   | I    | 1:46.56 | PR   |        |
| 19  | 23 Jan Heeres                      | H65 | 29   | O    | 1:47.62 |      |        |
| 20  | 3 Loek van Hövell tot Westerflief  | HC1 | 29   | I    | 1:51.97 |      |        |
| 21  | 39 Madelief Faneyte                | DB2 | 28   | O    | 1:53.57 |      |        |
| 22  | 9 Isabel Verhaegh                  | DSA | 30   | I    | 1:54.63 |      |        |
|     | 41 Gijs van Cappelle               | HSB |      |      |         | WDR  |        |

## 2. Rituitslag 1000 meter

|    |    | Naam                        | Cat     | PR      | Tijd                    | Info              |
|----|----|-----------------------------|---------|---------|-------------------------|-------------------|
| 20 | wt | 41 <b>Gijs van Cappelle</b> | HSB     | 1:22.70 |                         | <b>WDR</b>        |
|    | rd | 43 <b>Cas van der Rest</b>  | HSA     | 1:22.16 |                         | <b>1:23.30</b>    |
|    |    | <u>Gijs van Cappelle</u>    |         |         | <u>Cas van der Rest</u> |                   |
|    |    |                             |         | 200m    | 19.46                   | (19.46)           |
|    |    |                             |         | 600m    | 50.42                   | (30.96)           |
|    |    |                             |         | 1000m   | 1:23.30                 | (32.88)           |
|    |    | Naam                        | Cat     | PR      | Tijd                    | Info              |
| 21 | gl | 33 <b>Eric van den Berg</b> | H50     | 1:19.59 |                         | <b>1:26.72</b>    |
|    | bl | 19 <b>Mathijs Kwakman</b>   | HN1     | 1:18.27 |                         | <b>1:21.60</b>    |
|    |    | <u>Eric van den Berg</u>    |         |         | <u>Mathijs Kwakman</u>  |                   |
|    |    | 200m                        | 20.55   | (20.55) | 200m                    | 18.32 (18.32)     |
|    |    | 600m                        | 52.99   | (32.44) | 600m                    | 48.32 (30.00)     |
|    |    | 1000m                       | 1:26.72 | (33.73) | 1000m                   | 1:21.60 (33.28)   |
|    |    | Naam                        | Cat     | PR      | Tijd                    | Info              |
| 22 | wt | 15 <b>Norah Smits</b>       | DN3     | 1:34.31 |                         | <b>1:40.11</b>    |
|    | rd | 21 <b>David Leguit</b>      | HB2     | 1:26.45 |                         | <b>1:28.75</b>    |
|    |    | <u>Norah Smits</u>          |         |         | <u>David Leguit</u>     |                   |
|    |    | 200m                        | 21.83   | (21.83) | 200m                    | 20.23 (20.23)     |
|    |    | 600m                        | 46.40   | (24.57) | 600m                    | 44.42 (24.19)     |
|    |    | 1000m                       | 1:40.11 | (53.71) | 1000m                   | 1:28.75 (44.33)   |
|    |    | Naam                        | Cat     | PR      | Tijd                    | Info              |
| 23 | gl | 42 <b>Simon Eijrond</b>     | HB2     | 1:29.24 |                         | <b>1:29.12</b> PR |
|    | bl | 29 <b>Wouter Baan</b>       | H45     | 1:26.28 |                         | <b>1:30.65</b>    |
|    |    | <u>Simon Eijrond</u>        |         |         | <u>Wouter Baan</u>      |                   |
|    |    | 200m                        | 29.07   | (29.07) | 200m                    | 34.45 (34.45)     |
|    |    | 600m                        | 53.34   | (24.27) | 600m                    | 55.41 (20.96)     |
|    |    | 1000m                       | 1:29.12 | (35.78) | 1000m                   | 1:30.65 (35.24)   |

|    |    | Naam |                                         | Cat     |                                | PR    | Tijd    | Info              |
|----|----|------|-----------------------------------------|---------|--------------------------------|-------|---------|-------------------|
| 24 | wt | 44   | <b>Josephine Dekkers</b>                |         | DB1                            |       | 1:36.16 | <b>1:37.59</b> HT |
|    | rd | 32   | <b>Janine Timmer</b>                    |         | DN1                            |       | 1:33.78 | <b>1:34.95</b> HT |
|    |    |      | <u>Josephine Dekkers</u>                |         | <u>Janine Timmer</u>           |       |         |                   |
|    |    |      | 200m                                    | 1:37.59 | (97.59)                        | 200m  | 1:34.95 | (94.95)           |
|    |    | Naam |                                         | Cat     |                                | PR    | Tijd    | Info              |
| 25 | gl | 22   | <b>Timon Sandker</b>                    |         | HC2                            |       | 1:39.63 | <b>1:40.11</b> HT |
|    | bl | 8    | <b>Nelleke van de Wetering</b>          |         | D40                            |       | 1:33.49 | <b>1:42.69</b> HT |
|    |    |      | <u>Timon Sandker</u>                    |         | <u>Nelleke van de Wetering</u> |       |         |                   |
|    |    |      | 200m                                    | 1:40.11 | (100.11)                       | 200m  | 1:42.69 | (102.69)          |
|    |    | Naam |                                         | Cat     |                                | PR    | Tijd    | Info              |
| 26 | wt | 4    | <b>Jikke van Hövell tot Westerflier</b> |         | DB1                            |       | 1:39.83 | <b>1:41.31</b>    |
|    | rd | 5    | <b>Frits Horstman</b>                   |         | HB1                            |       | 1:40.32 | <b>1:33.00</b> PR |
|    |    |      | <u>Jikke van Hövell tot Westerflier</u> |         | <u>Frits Horstman</u>          |       |         |                   |
|    |    |      | 200m                                    | 23.58   | (23.58)                        | 200m  | 21.43   | (21.43)           |
|    |    |      | 600m                                    | 1:01.11 | (37.53)                        | 600m  | 55.85   | (34.42)           |
|    |    |      | 1000m                                   | 1:41.31 | (40.20)                        | 1000m | 1:33.00 | (37.15)           |
|    |    | Naam |                                         | Cat     |                                | PR    | Tijd    | Info              |
| 27 | gl | 36   | <b>Koen Pleizier</b>                    |         | HB2                            |       | 1:43.29 | <b>1:34.43</b> PR |
|    | bl | 11   | <b>Marre Looijen</b>                    |         | DN2                            |       | 1:39.66 | <b>1:41.33</b>    |
|    |    |      | <u>Koen Pleizier</u>                    |         | <u>Marre Looijen</u>           |       |         |                   |
|    |    |      | 200m                                    | 21.73   | (21.73)                        | 200m  | 23.32   | (23.32)           |
|    |    |      | 600m                                    | 57.42   | (35.69)                        | 600m  | 1:00.91 | (37.59)           |
|    |    |      | 1000m                                   | 1:34.43 | (37.01)                        | 1000m | 1:41.33 | (40.42)           |
|    |    | Naam |                                         | Cat     |                                | PR    | Tijd    | Info              |
| 28 | wt | 35   | <b>Miro Leguit</b>                      |         | HC2                            |       | 1:49.98 | <b>1:43.37</b> PR |
|    | rd | 39   | <b>Madelief Faneyte</b>                 |         | DB2                            |       | 1:46.48 | <b>1:53.57</b>    |
|    |    |      | <u>Miro Leguit</u>                      |         | <u>Madelief Faneyte</u>        |       |         |                   |
|    |    |      | 200m                                    | 23.71   | (23.71)                        | 200m  | 25.22   | (25.22)           |
|    |    |      | 600m                                    | 1:03.34 | (39.63)                        | 600m  | 1:07.15 | (41.93)           |
|    |    |      | 1000m                                   | 1:43.37 | (40.03)                        | 1000m | 1:53.57 | (46.42)           |



|    |    | Naam                                   |                                        | Cat     |                   | PR      | Tijd           | Info |
|----|----|----------------------------------------|----------------------------------------|---------|-------------------|---------|----------------|------|
| 29 | gl | 3                                      | <b>Loek van Hövell tot Westerfliet</b> | HC1     |                   | 1:44.80 | <b>1:51.97</b> |      |
|    | bl | 23                                     | <b>Jan Heeres</b>                      | H65     |                   | 1:31.14 | <b>1:47.62</b> |      |
|    |    | <b>Loek van Hövell tot Westerfliet</b> |                                        |         | <b>Jan Heeres</b> |         |                |      |
|    |    | 200m                                   | 26.02                                  | (26.02) | 200m              | 25.78   | (25.78)        |      |
|    |    | 600m                                   | 1:09.05                                | (43.03) | 600m              | 1:06.29 | (40.51)        |      |
|    |    | 1000m                                  | 1:51.97                                | (42.92) | 1000m             | 1:47.62 | (41.33)        |      |

|    |    | Naam                   |                         | Cat     |                         | PR      | Tijd           | Info |
|----|----|------------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 30 | wt | 9                      | <b>Isabel Verhaegh</b>  | DSA     |                         | 1:50.61 | <b>1:54.63</b> |      |
|    | rd | 24                     | <b>Auke Baan Hofman</b> | HC2     |                         |         | <b>1:44.03</b> |      |
|    |    | <b>Isabel Verhaegh</b> |                         |         | <b>Auke Baan Hofman</b> |         |                |      |
|    |    | 200m                   | 25.00                   | (25.00) | 200m                    | 22.88   | (22.88)        |      |
|    |    | 600m                   | 1:07.36                 | (42.36) | 600m                    | 1:02.04 | (39.16)        |      |
|    |    | 1000m                  | 1:54.63                 | (47.27) | 1000m                   | 1:44.03 | (41.99)        |      |

|    |    | Naam                    |                         | Cat     |   | PR      | Tijd           | Info |
|----|----|-------------------------|-------------------------|---------|---|---------|----------------|------|
| 31 | gl | 14                      | <b>Corne Hoogenboom</b> | HC2     |   | 1:50.04 | <b>1:46.56</b> | PR   |
|    | bl |                         |                         |         |   |         |                |      |
|    |    | <b>Corne Hoogenboom</b> |                         |         |   |         |                |      |
|    |    | 200m                    | 23.73                   | (23.73) | m |         |                |      |
|    |    | 600m                    | 1:03.96                 | (40.23) |   |         |                |      |
|    |    | 1000m                   | 1:46.56                 | (42.60) |   |         |                |      |

## 3. Uitslag 700 meter

| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1   | 12 Eveline Bremmer | D55 | 32   | O    | 1:21.78 |      |        |
| 2   | 46 Dexter Brouwer  | HC2 | 33   | I    | 1:27.54 |      |        |
|     | 28 Jippe Faneyte   | HC2 | 32   | I    | DNS     |      |        |

## 3. Rituitslag 700 meter

|    |    | Naam                      | Cat                    | PR      | Tijd    | Info           |
|----|----|---------------------------|------------------------|---------|---------|----------------|
| 32 | wt | 28 <b>Jippe Faneyte</b>   | HC2                    | 1:24.70 |         | <b>DNS</b>     |
|    | rd | 12 <b>Eveline Bremmer</b> | D55                    | 1:20.58 |         | <b>1:21.78</b> |
|    |    | <u>Jippe Faneyte</u>      |                        |         |         |                |
|    |    |                           | <u>Eveline Bremmer</u> |         |         |                |
|    |    |                           | 300m                   | 37.61   | (37.61) |                |
|    |    |                           | 700m                   | 1:21.78 | (44.17) |                |

|    |    | Naam                     | Cat     | PR      | Tijd | Info           |
|----|----|--------------------------|---------|---------|------|----------------|
| 33 | gl | 46 <b>Dexter Brouwer</b> | HC2     | 1:20.71 |      | <b>1:27.54</b> |
|    | bl |                          |         |         |      |                |
|    |    | <u>Dexter Brouwer</u>    |         |         |      |                |
|    |    | 300m                     | 38.76   | (38.76) |      |                |
|    |    | 700m                     | 1:27.54 | (48.78) |      |                |

## 4. Uitslag 1500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 17 Jort Lion             | HC2 | 35   | O    | 2:25.95 | PR   |        |
| 2   | 27 Maartje Onderdelinden | DB1 | 34   | O    | 2:27.56 |      |        |
| 3   | 26 Johan Sonneveld       | HSA | 34   | I    | 2:30.80 |      |        |
| 4   | 25 Julia Onderdelinden   | DC1 | 37   | I    | 2:42.93 |      |        |
|     | 45 Anniek Heethaar       | DB2 | 35   | I    | DNS     |      |        |
|     | 30 Bauke Meijer          | H75 |      |      | WDR     |      |        |

## 4. Rituitslag 1500 meter

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 34 | wt | 26 Johan Sonneveld       | HSA | 2:24.82 | <b>2:30.80</b> |      |
|    | rd | 27 Maartje Onderdelinden | DB1 | 2:22.74 | <b>2:27.56</b> |      |

## Johan Sonneveld

|       |         |         |
|-------|---------|---------|
| 300m  | 31.48   | (31.48) |
| 700m  | 1:08.41 | (36.93) |
| 1100m | 1:49.08 | (40.67) |
| 1500m | 2:30.80 | (41.72) |

## Maartje Onderdelinden

|       |         |         |
|-------|---------|---------|
| 300m  | 30.87   | (30.87) |
| 700m  | 1:07.24 | (36.37) |
| 1100m | 1:47.52 | (40.28) |
| 1500m | 2:27.56 | (40.04) |

|    |    | Naam               | Cat | PR      | Tijd           | Info |
|----|----|--------------------|-----|---------|----------------|------|
| 35 | gl | 45 Anniek Heethaar | DB2 | 2:20.08 | <b>DNS</b>     |      |
|    | bl | 17 Jort Lion       | HC2 | 2:32.40 | <b>2:25.95</b> | PR   |

## Anniek Heethaar

## Jort Lion

|       |         |         |
|-------|---------|---------|
| 300m  | 30.73   | (30.73) |
| 700m  | 1:07.81 | (37.08) |
| 1100m | 1:46.34 | (38.53) |
| 1500m | 2:25.95 | (39.61) |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 36 | wt |      |     |    |      |      |
|    | rd |      |     |    |      |      |

m

m

|    |    | Naam                   | Cat | PR      | Tijd           | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 37 | gl | 25 Julia Onderdelinden | DC1 |         | <b>2:42.93</b> |      |
|    | bl | 30 Bauke Meijer        | H75 | 2:15.66 | <b>WDR</b>     |      |

## Julia Onderdelinden

## Bauke Meijer

|       |         |         |
|-------|---------|---------|
| 300m  | 32.41   | (32.41) |
| 700m  | 1:12.59 | (40.18) |
| 1100m | 1:57.16 | (44.57) |
| 1500m | 2:42.93 | (45.77) |

## 5. Uitslag 3000 meter

| Pos | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1   | 31 Mathe Toonen  | HSA | 38   | I    | 4:51.16 |      |        |
| 2   | 1 Mats Boonstra  | HA2 | 39   | O    | 5:00.40 | PR   |        |
| 3   | 7 Stijn Visser   | HSA | 39   | I    | 5:22.21 |      |        |
| 4   | 37 Ella Boonstra | DB1 | 40   | I    | 5:40.81 |      |        |
| 5   | 2 Katja Greve    | DA2 | 38   | O    | 5:59.11 |      |        |

## 5. Rituitslag 3000 meter

|    |    | Naam  |                     | Cat     |       | PR      | Tijd               | Info |
|----|----|-------|---------------------|---------|-------|---------|--------------------|------|
| 38 | wt | 31    | <b>Mathe Toonen</b> |         | HSA   | 4:43.66 | <b>4:51.16</b>     |      |
|    | rd | 2     | <b>Katja Greve</b>  |         | DA2   | 5:47.02 | <b>5:59.11</b>     |      |
|    |    |       | <b>Mathe Toonen</b> |         |       |         | <b>Katja Greve</b> |      |
|    |    | 200m  | 22.68               | (22.68) | 200m  | 25.06   | (25.06)            |      |
|    |    | 600m  | 59.33               | (36.65) | 600m  | 1:08.52 | (43.46)            |      |
|    |    | 1000m | 1:35.58             | (36.25) | 1000m | 1:55.28 | (46.76)            |      |
|    |    | 1400m | 2:12.84             | (37.26) | 1400m | 2:43.18 | (47.90)            |      |
|    |    | 1800m | 2:51.18             | (38.34) | 1800m | 3:31.15 | (47.97)            |      |
|    |    | 2200m | 3:29.68             | (38.50) | 2200m | 4:19.32 | (48.17)            |      |
|    |    | 2600m | 4:09.47             | (39.79) | 2600m | 5:08.98 | (49.66)            |      |
|    |    | 3000m | 4:51.16             | (41.69) | 3000m | 5:59.11 | (50.13)            |      |

|    |    | Naam  |                      | Cat     |       | PR      | Tijd                 | Info |
|----|----|-------|----------------------|---------|-------|---------|----------------------|------|
| 39 | gl | 7     | <b>Stijn Visser</b>  |         | HSA   | 5:10.52 | <b>5:22.21</b>       |      |
|    | bl | 1     | <b>Mats Boonstra</b> |         | HA2   | 5:09.38 | <b>5:00.40</b>       | PR   |
|    |    |       | <b>Stijn Visser</b>  |         |       |         | <b>Mats Boonstra</b> |      |
|    |    | 200m  | 23.29                | (23.29) | 200m  | 22.79   | (22.79)              |      |
|    |    | 600m  | 1:00.82              | (37.53) | 600m  | 1:01.04 | (38.25)              |      |
|    |    | 1000m | 1:40.72              | (39.90) | 1000m | 1:39.50 | (38.46)              |      |
|    |    | 1400m | 2:22.69              | (41.97) | 1400m | 2:18.21 | (38.71)              |      |
|    |    | 1800m | 3:06.32              | (43.63) | 1800m | 2:57.60 | (39.39)              |      |
|    |    | 2200m | 3:50.80              | (44.48) | 2200m | 3:37.71 | (40.11)              |      |
|    |    | 2600m | 4:36.25              | (45.45) | 2600m | 4:18.68 | (40.97)              |      |
|    |    | 3000m | 5:22.21              | (45.96) | 3000m | 5:00.40 | (41.72)              |      |

|    |          | Naam                 |                      | Cat     |     | PR | Tijd           | Info |
|----|----------|----------------------|----------------------|---------|-----|----|----------------|------|
| 40 | wt<br>rd | 37                   | <b>Ella Boonstra</b> |         | DB1 |    | <b>5:40.81</b> |      |
|    |          | <b>Ella Boonstra</b> |                      |         |     |    |                |      |
|    |          | 200m                 | 24.90                | (24.90) |     |    |                | m    |
|    |          | 600m                 | 1:07.57              | (42.67) |     |    |                |      |
|    |          | 1000m                | 1:52.33              | (44.76) |     |    |                |      |
|    |          | 1400m                | 2:38.28              | (45.95) |     |    |                |      |
|    |          | 1800m                | 3:24.35              | (46.07) |     |    |                |      |
|    |          | 2200m                | 4:10.00              | (45.65) |     |    |                |      |
|    |          | 2600m                | 4:55.87              | (45.87) |     |    |                |      |
|    |          | 3000m                | 5:40.81              | (44.94) |     |    |                |      |