

# Trainingswedstrijd 5/Wisselaarscup 2

Kunstijsbaan Breda - Breda

9 november 2025

## 1. Uitslag 500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 45 Rinse Franken         | HN1 | 14   | O    | 38.80   |      |        |
| 2   | 5 Pieter de Munck        | HSB | 13   | O    | 42.29   |      |        |
| 3   | 37 Thomas Ros            | HSA | 14   | I    | 42.48   |      |        |
| 4   | 39 Erik van Hooft        | H45 | 13   | I    | 43.58   |      |        |
| 5   | 2 Casper de Munck        | HSB | 11   | O    | 44.61   |      |        |
| 6   | 42 Herbert Boender       | H45 | 11   | I    | 45.69   |      |        |
| 7   | 3 Jarno de Laat          | HSA | 12   | O    | 45.84   |      |        |
| 8   | 22 Ryan Preesman         | HPA | 12   | I    | 46.16   | PR   |        |
| 9   | 30 Yara van Klaveren     | DA1 | 10   | I    | 47.29   |      |        |
| 10  | 21 Daan Lankhaar         | HPA | 9    | O    | 48.29   |      |        |
| 11  | 20 Meike Wagemakers      | DN4 | 10   | O    | 48.74   |      |        |
| 12  | 9 Mika Meeldijk          | HB1 | 9    | I    | 48.98   | PR   |        |
| 13  | 1 Bjorn Bijl             | HB2 | 8    | I    | 49.23   | PR   |        |
| 14  | 23 Eline den Dunnen      | DC2 | 6    | I    | 49.51   | PR   |        |
| 15  | 36 Merel Kramer          | DB1 | 8    | O    | 49.90   | PR   |        |
| 16  | 34 Lijnie Boele          | D60 | 7    | O    | 50.33   |      |        |
| 17  | 24 André van Staalduinen | H60 | 7    | I    | 50.55   |      |        |
| 18  | 29 Rinke van Grinsven    | HC2 | 6    | O    | 51.47   | PR   |        |
| 19  | 27 Ed Blok               | H60 | 5    | I    | 52.61   |      |        |
| 20  | 38 Judi Schouten         | DC1 | 3    | I    | 52.82   | PR   |        |
| 21  | 4 Carlijn Mol            | DN1 | 3    | O    | 53.09   |      |        |
| 22  | 35 Marianne de Neeling   | D65 | 5    | O    | 53.71   |      |        |
| 23  | 18 Rian Buitendijk       | D55 | 4    | O    | 54.13   |      |        |
| 24  | 54 Cyp Roovers           | HC1 | 4    | I    | 58.82   |      |        |
| 25  | 48 Teun Zuydervelt       | HC2 | 1    | I    | 59.02   | PR   |        |
| 26  | 31 Floor Kuijpers        | DC1 | 1    | O    | 1:01.59 |      |        |

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|   |    | Naam            |                     | Cat     | PR                  |         | Tijd    | Info |
|---|----|-----------------|---------------------|---------|---------------------|---------|---------|------|
| 1 | wt | 48              | Teun Zuydervelt     | HC2     | 59.88               |         | 59.02   | PR   |
|   | rd | 31              | Floor Kuijpers      | DC1     | 1:00.27             |         | 1:01.59 |      |
|   |    | Teun Zuydervelt |                     |         | Floor Kuijpers      |         |         |      |
|   |    | 100m            | 13.67               | (13.67) | 100m                | 14.35   | (14.35) |      |
|   |    | 500m            | 59.02               | (45.35) | 500m                | 1:01.59 | (47.24) |      |
|   |    |                 |                     |         |                     |         |         |      |
|   |    | Naam            |                     | Cat     | PR                  |         | Tijd    | Info |
| 2 | gl |                 |                     |         |                     |         |         |      |
|   | bl |                 |                     |         |                     |         |         |      |
|   |    | m               |                     |         | m                   |         |         |      |
|   |    |                 |                     |         |                     |         |         |      |
|   |    | Naam            |                     | Cat     | PR                  |         | Tijd    | Info |
| 3 | wt | 38              | Judi Schouten       | DC1     | 53.82               |         | 52.82   | PR   |
|   | rd | 4               | Carlijn Mol         | DN1     | 50.42               |         | 53.09   |      |
|   |    | Judi Schouten   |                     |         | Carlijn Mol         |         |         |      |
|   |    | 100m            | 13.67               | (13.67) | 100m                | 14.13   | (14.13) |      |
|   |    | 500m            | 52.82               | (39.15) | 500m                | 53.09   | (38.96) |      |
|   |    |                 |                     |         |                     |         |         |      |
|   |    | Naam            |                     | Cat     | PR                  |         | Tijd    | Info |
| 4 | gl | 54              | Cyp Roovers         | HC1     | 57.56               |         | 58.82   |      |
|   | bl | 18              | Rian Buitendijk     | D55     | 47.76               |         | 54.13   |      |
|   |    | Cyp Roovers     |                     |         | Rian Buitendijk     |         |         |      |
|   |    | 100m            | 13.63               | (13.63) | 100m                | 14.80   | (14.80) |      |
|   |    | 500m            | 58.82               | (45.19) | 500m                | 54.13   | (39.33) |      |
|   |    |                 |                     |         |                     |         |         |      |
|   |    | Naam            |                     | Cat     | PR                  |         | Tijd    | Info |
| 5 | wt | 27              | Ed Blok             | H60     | 51.57               |         | 52.61   |      |
|   | rd | 35              | Marianne de Neeling | D65     | 46.57               |         | 53.71   |      |
|   |    | Ed Blok         |                     |         | Marianne de Neeling |         |         |      |
|   |    | 100m            | 14.46               | (14.46) | 100m                | 14.58   | (14.58) |      |
|   |    | 500m            | 52.61               | (38.15) | 500m                | 53.71   | (39.13) |      |

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|    |                       | Naam  |                       | Cat                | PR    |         | Tijd    | Info |
|----|-----------------------|-------|-----------------------|--------------------|-------|---------|---------|------|
| 6  | gl                    | 23    | Eline den Dunnen      | DC2                | 52.16 |         | 49.51   | PR   |
|    | bl                    | 29    | Rinke van Grinsven    | HC2                | 52.57 |         | 51.47   | PR   |
|    | Eline den Dunnen      |       |                       | Rinke van Grinsven |       |         |         |      |
|    | 100m                  | 13.23 | (13.23)               | 100m               | 13.20 | (13.20) |         |      |
|    |                       | 500m  | 49.51                 | (36.28)            | 500m  | 51.47   | (38.27) |      |
|    |                       |       |                       |                    |       |         |         |      |
|    |                       | Naam  |                       | Cat                | PR    |         | Tijd    | Info |
| 7  | wt                    | 24    | André van Staalduinen | H60                | 42.57 |         | 50.55   |      |
|    | rd                    | 34    | Lijnie Boele          | D60                | 43.60 |         | 50.33   |      |
|    | André van Staalduinen |       |                       | Lijnie Boele       |       |         |         |      |
|    | 100m                  | 13.39 | (13.39)               | 100m               | 13.50 | (13.50) |         |      |
|    |                       | 500m  | 50.55                 | (37.16)            | 500m  | 50.33   | (36.83) |      |
|    |                       |       |                       |                    |       |         |         |      |
|    |                       | Naam  |                       | Cat                | PR    |         | Tijd    | Info |
| 8  | gl                    | 1     | Bjorn Bijl            | HB2                | 50.15 |         | 49.23   | PR   |
|    | bl                    | 36    | Merel Kramer          | DB1                | 49.93 |         | 49.90   | PR   |
|    | Bjorn Bijl            |       |                       | Merel Kramer       |       |         |         |      |
|    | 100m                  | 12.32 | (12.32)               | 100m               | 13.16 | (13.16) |         |      |
|    |                       | 500m  | 49.23                 | (36.91)            | 500m  | 49.90   | (36.74) |      |
|    |                       |       |                       |                    |       |         |         |      |
|    |                       | Naam  |                       | Cat                | PR    |         | Tijd    | Info |
| 9  | wt                    | 9     | Mika Meeldijk         | HB1                | 49.22 |         | 48.98   | PR   |
|    | rd                    | 21    | Daan Lankhaar         | HPA                | 48.29 |         | 48.29   |      |
|    | Mika Meeldijk         |       |                       | Daan Lankhaar      |       |         |         |      |
|    | 100m                  | 12.69 | (12.69)               | 100m               | 12.75 | (12.75) |         |      |
|    |                       | 500m  | 48.98                 | (36.29)            | 500m  | 48.29   | (35.54) |      |
|    |                       |       |                       |                    |       |         |         |      |
|    |                       | Naam  |                       | Cat                | PR    |         | Tijd    | Info |
| 10 | gl                    | 30    | Yara van Klaveren     | DA1                | 46.60 |         | 47.29   |      |
|    | bl                    | 20    | Meike Wagemakers      | DN4                | 48.17 |         | 48.74   |      |
|    | Yara van Klaveren     |       |                       | Meike Wagemakers   |       |         |         |      |
|    | 100m                  | 12.84 | (12.84)               | 100m               | 13.04 | (13.04) |         |      |
|    |                       | 500m  | 47.29                 | (34.45)            | 500m  | 48.74   | (35.70) |      |

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|    |                 | Naam |                 |                 | Cat     |      | PR |       | Tijd  |         | Info |    |
|----|-----------------|------|-----------------|-----------------|---------|------|----|-------|-------|---------|------|----|
| 11 | wt<br>rd        | 42   | Herbert Boender |                 |         | H45  |    | 44.54 |       | 45.69   |      |    |
|    |                 | 2    | Casper de Munck |                 |         | HSB  |    | 41.17 |       | 44.61   |      |    |
|    | Herbert Boender |      |                 | Casper de Munck |         |      |    |       |       |         |      |    |
|    | 100m            |      |                 | 12.37           | (12.37) | 100m |    |       | 12.03 | (12.03) |      |    |
|    | 500m            |      |                 | 45.69           | (33.32) | 500m |    |       | 44.61 | (32.58) |      |    |
|    |                 |      |                 |                 |         |      |    |       |       |         |      |    |
|    |                 | Naam |                 |                 | Cat     |      | PR |       | Tijd  |         | Info |    |
| 12 | gl<br>bl        | 22   | Ryan Preesman   |                 |         | HPA  |    | 46.18 |       | 46.16   |      | PR |
|    |                 | 3    | Jarno de Laat   |                 |         | HSA  |    | 44.97 |       | 45.84   |      |    |
|    | Ryan Preesman   |      |                 | Jarno de Laat   |         |      |    |       |       |         |      |    |
|    | 100m            |      |                 | 12.22           | (12.22) | 100m |    |       | 12.15 | (12.15) |      |    |
|    | 500m            |      |                 | 46.16           | (33.94) | 500m |    |       | 45.84 | (33.69) |      |    |
|    |                 |      |                 |                 |         |      |    |       |       |         |      |    |
|    |                 | Naam |                 |                 | Cat     |      | PR |       | Tijd  |         | Info |    |
| 13 | wt<br>rd        | 39   | Erik van Hooft  |                 |         | H45  |    | 38.72 |       | 43.58   |      |    |
|    |                 | 5    | Pieter de Munck |                 |         | HSB  |    | 39.90 |       | 42.29   |      |    |
|    | Erik van Hooft  |      |                 | Pieter de Munck |         |      |    |       |       |         |      |    |
|    | 100m            |      |                 | 11.52           | (11.52) | 100m |    |       | 11.83 | (11.83) |      |    |
|    | 500m            |      |                 | 43.58           | (32.06) | 500m |    |       | 42.29 | (30.46) |      |    |
|    |                 |      |                 |                 |         |      |    |       |       |         |      |    |
|    |                 | Naam |                 |                 | Cat     |      | PR |       | Tijd  |         | Info |    |
| 14 | gl<br>bl        | 37   | Thomas Ros      |                 |         | HSA  |    | 41.92 |       | 42.48   |      |    |
|    |                 | 45   | Rinse Franken   |                 |         | HN1  |    | 37.94 |       | 38.80   |      |    |
|    | Thomas Ros      |      |                 | Rinse Franken   |         |      |    |       |       |         |      |    |
|    | 100m            |      |                 | 11.65           | (11.65) | 100m |    |       | 10.81 | (10.81) |      |    |
|    | 500m            |      |                 | 42.48           | (30.83) | 500m |    |       | 38.80 | (27.99) |      |    |

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## 2. Uitslag 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 49 Tobi Raams        | HA2 | 21   | O    | 44.33   |      |        |
| 2   | 28 Gitte Verstraten  | DPA | 22   | O    | 50.42   | PR   |        |
| 3   | 50 Daphne Kramer     | DPA | 22   | I    | 53.27   |      |        |
| 4   | 44 Marijn de Laat    | HN3 | 19   | O    | 57.17   |      |        |
| 5   | 32 Franca de Ronde   | DPB | 17   | I    | 58.31   | PR   |        |
| 6   | 19 Sep Snaaijer      | HPB | 20   | I    | 58.75   | PR   |        |
| 7   | 33 Élodie de Ronde   | DC2 | 18   | I    | 1:01.51 | PR   |        |
| 8   | 43 Lynn van Horen    | DPB | 19   | I    | 1:01.92 |      |        |
| 9   | 57 Valerie Boender   | DB1 | 18   | O    | 1:02.78 | PR   |        |
| 10  | 56 Jilles Boender    | HPA | 20   | O    | 1:07.66 | FL   |        |
| 11  | 52 Ravi Rijsterborgh | HPC | 17   | O    | 1:08.26 | PR   |        |
| 12  | 53 Ilvy Rijsterborgh | DPE | 15   | I    | 1:21.24 |      |        |
|     | 55 Rodrigo Schram    | HPA | 21   | I    | DQ      |      |        |

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## 2. Rituitslag 500 meter

|    |          | Naam              | Cat               |                   | PR   |         | Tijd    | Info       |
|----|----------|-------------------|-------------------|-------------------|------|---------|---------|------------|
| 15 | wt<br>rd | 53                | Ilvy Rijsterborgh |                   | DPE  |         | 1:14.65 | 1:21.24    |
|    |          | Ilvy Rijsterborgh |                   |                   |      |         |         |            |
|    |          | 100m              | 18.21             | (18.21)           | m    |         |         |            |
|    |          | 500m              | 1:21.24           | (63.03)           |      |         |         |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          | Naam              | Cat               |                   | PR   |         | Tijd    | Info       |
| 16 | gl<br>bl |                   |                   |                   |      |         |         |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          | m                 |                   | m                 |      |         |         |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          | Naam              | Cat               |                   | PR   |         | Tijd    | Info       |
| 17 | wt<br>rd | 32                | Franca de Ronde   |                   | DPB  |         | 1:05.37 | 58.31 PR   |
|    |          | 52                | Ravi Rijsterborgh |                   | HPC  |         | 1:08.50 | 1:08.26 PR |
|    |          | Franca de Ronde   |                   | Ravi Rijsterborgh |      |         |         |            |
|    |          | 100m              | 14.52             | (14.52)           | 100m | 15.23   | (15.23) |            |
|    |          | 500m              | 58.31             | (43.79)           | 500m | 1:08.26 | (53.03) |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          | Naam              | Cat               |                   | PR   |         | Tijd    | Info       |
| 18 | gl<br>bl | 33                | Élodie de Ronde   |                   | DC2  |         | 1:05.17 | 1:01.51 PR |
|    |          | 57                | Valerie Boender   |                   | DB1  |         | 1:06.88 | 1:02.78 PR |
|    |          | Élodie de Ronde   |                   | Valerie Boender   |      |         |         |            |
|    |          | 100m              | 14.86             | (14.86)           | 100m | 14.66   | (14.66) |            |
|    |          | 500m              | 1:01.51           | (46.65)           | 500m | 1:02.78 | (48.12) |            |
|    |          |                   |                   |                   |      |         |         |            |
|    |          | Naam              | Cat               |                   | PR   |         | Tijd    | Info       |
| 19 | wt<br>rd | 43                | Lynn van Horen    |                   | DPB  |         | 1:01.60 | 1:01.92    |
|    |          | 44                | Marijn de Laat    |                   | HN3  |         | 55.93   | 57.17      |
|    |          | Lynn van Horen    |                   | Marijn de Laat    |      |         |         |            |
|    |          | 100m              | 15.17             | (15.17)           | 100m | 13.64   | (13.64) |            |
|    |          | 500m              | 1:01.92           | (46.75)           | 500m | 57.17   | (43.53) |            |

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|    |    | Naam                       | Cat     |         |                         | PR      | Tijd    | Info |
|----|----|----------------------------|---------|---------|-------------------------|---------|---------|------|
| 20 | gl | 19 <b>Sep Snaaijer</b>     | HPB     |         |                         | 59.74   | 58.75   | PR   |
|    | bl | 56 <b>Jilles Boender</b>   | HPA     |         |                         | 1:01.75 | 1:07.66 | FL   |
|    |    | <b>Sep Snaaijer</b>        |         |         | <b>Jilles Boender</b>   |         |         |      |
|    |    | 100m                       | 13.94   | (13.94) | 100m                    | 14.21   | (14.21) |      |
|    |    | 500m                       | 58.75   | (44.81) | 500m                    | 1:07.66 | (53.45) |      |
|    |    | Naam                       | Cat     |         |                         | PR      | Tijd    | Info |
| 21 | wt | 55 <b>Rodrigo Schram</b>   | HPA     |         |                         | 54.15   | DQ      |      |
|    | rd | 49 <b>Tobi Raams</b>       | HA2     |         |                         | 42.36   | 44.33   |      |
|    |    | <b>Rodrigo Schram</b>      |         |         | <b>Tobi Raams</b>       |         |         |      |
|    |    | 100m                       | 12.97   | (12.97) | 100m                    | 11.97   | (11.97) |      |
|    |    | 500m                       | 1:09.71 | (56.74) | 500m                    | 44.33   | (32.36) |      |
|    |    | Naam                       | Cat     |         |                         | PR      | Tijd    | Info |
| 22 | gl | 50 <b>Daphne Kramer</b>    | DPA     |         |                         | 54.39   | 53.27   |      |
|    | bl | 28 <b>Gitte Verstraten</b> | DPA     |         |                         | 53.58   | 50.42   | PR   |
|    |    | <b>Daphne Kramer</b>       |         |         | <b>Gitte Verstraten</b> |         |         |      |
|    |    | 100m                       | 13.23   | (13.23) | 100m                    | 13.40   | (13.40) |      |
|    |    | 500m                       | 53.27   | (40.04) | 500m                    | 50.42   | (37.02) |      |

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## 3. Uitslag 500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 25 Jochem Uithoven   | H40 | 24   | I    | 40.96 |      |        |
| 2   | 6 Adriaan Provoost   | H65 | 23   | O    | 51.33 |      |        |
| 3   | 40 Jeroen Snaaijer   | H40 | 23   | I    | 53.27 |      |        |
| 4   | 13 Pieter den Dunnen | H75 | 24   | O    | 54.78 |      |        |



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## 3. Rituitslag 500 meter

|    |    | Naam               | Cat   |                  | PR    | Tijd  | Info    |
|----|----|--------------------|-------|------------------|-------|-------|---------|
| 23 | wt | 40 Jeroen Snaaijer | H40   |                  | 51.77 | 53.27 |         |
|    | rd | 6 Adriaan Provoost | H65   |                  | 43.19 | 51.33 |         |
|    |    | Jeroen Snaaijer    |       | Adriaan Provoost |       |       |         |
|    |    | 100m               | 13.62 | (13.62)          | 100m  | 13.55 | (13.55) |
|    |    | 500m               | 53.27 | (39.65)          | 500m  | 51.33 | (37.78) |

|    |    | Naam                 | Cat   |                   | PR    | Tijd  | Info    |
|----|----|----------------------|-------|-------------------|-------|-------|---------|
| 24 | gl | 25 Jochem Uithoven   | H40   |                   | 38.15 | 40.96 |         |
|    | bl | 13 Pieter den Dunnen | H75   |                   | 42.50 | 54.78 |         |
|    |    | Jochem Uithoven      |       | Pieter den Dunnen |       |       |         |
|    |    | 100m                 | 11.40 | (11.40)           | 100m  | 15.06 | (15.06) |
|    |    | 500m                 | 40.96 | (29.56)           | 500m  | 54.78 | (39.72) |

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## 4. Uitslag 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 45 Rinse Franken         | HN1 | 37   | O    | 1:16.08 |      |        |
| 2   | 5 Pieter de Munck        | HSB | 37   | I    | 1:23.73 |      |        |
| 3   | 37 Thomas Ros            | HSA | 38   | I    | 1:25.45 |      |        |
| 4   | 39 Erik van Hooft        | H45 | 36   | I    | 1:30.16 |      |        |
| 5   | 42 Herbert Boender       | H45 | 38   | O    | 1:30.66 |      |        |
| 6   | 2 Casper de Munck        | HSB | 35   | O    | 1:30.96 |      |        |
| 7   | 22 Ryan Preesman         | HPA | 35   | I    | 1:33.39 |      |        |
| 8   | 3 Jarno de Laat          | HSA | 34   | I    | 1:36.58 |      |        |
| 9   | 21 Daan Lankhaar         | HPA | 34   | O    | 1:37.68 | PR   |        |
| 10  | 30 Yara van Klaveren     | DA1 | 33   | O    | 1:38.45 |      |        |
| 11  | 27 Ed Blok               | H60 | 32   | I    | 1:40.87 | PR   |        |
| 12  | 34 Lijnie Boele          | D60 | 32   | O    | 1:41.26 |      |        |
| 13  | 36 Merel Kramer          | DB1 | 31   | O    | 1:41.95 | PR   |        |
| 14  | 23 Eline den Dunnen      | DC2 | 29   | I    | 1:42.17 |      |        |
| 15  | 20 Meike Wagemakers      | DN4 | 33   | I    | 1:42.22 |      |        |
| 16  | 24 André van Staalduinen | H60 | 36   | O    | 1:42.50 |      |        |
| 17  | 9 Mika Meeldijk          | HB1 | 30   | O    | 1:42.68 |      |        |
| 18  | 35 Marianne de Neeling   | D65 | 31   | I    | 1:45.09 |      |        |
| 19  | 18 Rian Buitendijk       | D55 | 29   | O    | 1:47.31 |      |        |
| 20  | 1 Bjorn Bijl             | HB2 | 28   | I    | 1:48.02 | PR   |        |
| 21  | 38 Judi Schouten         | DC1 | 28   | O    | 1:51.22 | PR   |        |
| 22  | 4 Carlijn Mol            | DN1 | 27   | O    | 1:52.14 |      |        |
| 23  | 48 Teun Zuydervelt       | HC2 | 27   | I    | 2:02.63 | PR   |        |
| 24  | 54 Cyp Roovers           | HC1 | 25   | O    | 2:08.81 |      |        |
| 25  | 31 Floor Kuijpers        | DC1 | 25   | I    | 2:29.73 |      |        |
|     | 29 Rinke van Grinsven    | HC2 | 30   | I    | DQ      |      |        |

# Trainingswedstrijd 5/Wisselaarscup 2

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## 4. Rituitslag 1000 meter

|    |    | Naam            |                 | Cat     | PR            |         | Tijd    | Info |
|----|----|-----------------|-----------------|---------|---------------|---------|---------|------|
| 25 | wt | 31              | Floor Kuijpers  | DC1     | 2:16.41       |         | 2:29.73 |      |
|    | rd | 54              | Cyp Roovers     | HC1     |               |         | 2:08.81 |      |
|    |    | Floor Kuijpers  |                 |         | Cyp Roovers   |         |         |      |
|    |    | 200m            | 29.89           | (29.89) | 200m          | 26.25   | (26.25) |      |
|    |    | 600m            | 1:28.41         | (58.52) | 600m          | 1:16.28 | (50.03) |      |
|    |    | 1000m           | 2:29.73         | (61.32) | 1000m         | 2:08.81 | (52.53) |      |
|    |    | Naam            |                 | Cat     | PR            |         | Tijd    | Info |
| 26 | gl |                 |                 |         |               |         |         |      |
|    | bl |                 |                 |         |               |         |         |      |
|    |    | m               |                 |         | m             |         |         |      |
|    |    | Naam            |                 | Cat     | PR            |         | Tijd    | Info |
| 27 | wt | 48              | Teun Zuydervelt | HC2     | 2:15.07       |         | 2:02.63 | PR   |
|    | rd | 4               | Carlijn Mol     | DN1     | 1:38.32       |         | 1:52.14 |      |
|    |    | Teun Zuydervelt |                 |         | Carlijn Mol   |         |         |      |
|    |    | 200m            | 26.61           | (26.61) | 200m          | 24.90   | (24.90) |      |
|    |    | 600m            | 1:14.07         | (47.46) | 600m          | 1:06.31 | (41.41) |      |
|    |    | 1000m           | 2:02.63         | (48.56) | 1000m         | 1:52.14 | (45.83) |      |
|    |    | Naam            |                 | Cat     | PR            |         | Tijd    | Info |
| 28 | gl | 1               | Bjorn Bijl      | HB2     | 1:48.88       |         | 1:48.02 | PR   |
|    | bl | 38              | Judi Schouten   | DC1     | 1:53.70       |         | 1:51.22 | PR   |
|    |    | Bjorn Bijl      |                 |         | Judi Schouten |         |         |      |
|    |    | 200m            | 22.85           | (22.85) | 200m          | 24.81   | (24.81) |      |
|    |    | 600m            | 1:04.49         | (41.64) | 600m          | 1:07.17 | (42.36) |      |
|    |    | 1000m           | 1:48.02         | (43.53) | 1000m         | 1:51.22 | (44.05) |      |

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|    |    | Naam                          | Cat             | PR                     | Tijd            | Info |
|----|----|-------------------------------|-----------------|------------------------|-----------------|------|
| 29 | wt | 23 <b>Eline den Dunnen</b>    | DC2             | 1:47.84                | 1:42.17         |      |
|    | rd | 18 <b>Rian Buitendijk</b>     | D55             | 1:34.88                | 1:47.31         |      |
|    |    | <b>Eline den Dunnen</b>       |                 | <b>Rian Buitendijk</b> |                 |      |
|    |    | 200m                          | 23.25 (23.25)   | 200m                   | 25.88 (25.88)   |      |
|    |    | 600m                          | 1:00.77 (37.52) | 600m                   | 1:20.40 (54.52) |      |
|    |    | 1000m                         | 1:42.17 (41.40) | 1000m                  | 1:47.31 (26.91) |      |
|    |    | Naam                          | Cat             | PR                     | Tijd            | Info |
| 30 | gl | 29 <b>Rinke van Grinsven</b>  | HC2             | 1:48.53                | DQ              |      |
|    | bl | 9 <b>Mika Meeldijk</b>        | HB1             | 1:44.06                | 1:42.68         |      |
|    |    | <b>Rinke van Grinsven</b>     |                 | <b>Mika Meeldijk</b>   |                 |      |
|    |    | 200m                          | 47.65 (47.65)   | 200m                   | 23.09 (23.09)   |      |
|    |    | 600m                          | 1:29.03 (41.38) | 600m                   | 1:02.11 (39.02) |      |
|    |    |                               |                 | 1000m                  | 1:42.68 (40.57) |      |
|    |    | Naam                          | Cat             | PR                     | Tijd            | Info |
| 31 | wt | 35 <b>Marianne de Neeling</b> | D65             | 1:32.28                | 1:45.09         |      |
|    | rd | 36 <b>Merel Kramer</b>        | DB1             | 1:43.31                | 1:41.95         | PR   |
|    |    | <b>Marianne de Neeling</b>    |                 | <b>Merel Kramer</b>    |                 |      |
|    |    | 200m                          | 24.73 (24.73)   | 200m                   | 23.35 (23.35)   |      |
|    |    | 600m                          | 1:03.44 (38.71) | 600m                   | 1:01.79 (38.44) |      |
|    |    | 1000m                         | 1:45.09 (41.65) | 1000m                  | 1:41.95 (40.16) |      |
|    |    | Naam                          | Cat             | PR                     | Tijd            | Info |
| 32 | gl | 27 <b>Ed Blok</b>             | H60             | 1:42.20                | 1:40.87         | PR   |
|    | bl | 34 <b>Lijnie Boele</b>        | D60             | 1:24.59                | 1:41.26         |      |
|    |    | <b>Ed Blok</b>                |                 | <b>Lijnie Boele</b>    |                 |      |
|    |    | 200m                          | 24.62 (24.62)   | 200m                   | 23.39 (23.39)   |      |
|    |    | 600m                          | 1:01.88 (37.26) | 600m                   | 1:00.76 (37.37) |      |
|    |    | 1000m                         | 1:40.87 (38.99) | 1000m                  | 1:41.26 (40.50) |      |

# Trainingswedstrijd 5/Wisselaarscup 2

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|    |    | Naam | Cat                   |         |         | PR                    | Tijd    | Info       |
|----|----|------|-----------------------|---------|---------|-----------------------|---------|------------|
| 33 | wt | 20   | Meike Wagemakers      |         |         | DN4                   | 1:39.27 | 1:42.22    |
|    | rd | 30   | Yara van Klaveren     |         |         | DA1                   | 1:36.45 | 1:38.45    |
|    |    |      | Meike Wagemakers      |         |         | Yara van Klaveren     |         |            |
|    |    |      | 200m                  | 23.58   | (23.58) | 200m                  | 22.71   | (22.71)    |
|    |    |      | 600m                  | 1:01.72 | (38.14) | 600m                  | 59.77   | (37.06)    |
|    |    |      | 1000m                 | 1:42.22 | (40.50) | 1000m                 | 1:38.45 | (38.68)    |
|    |    | Naam | Cat                   |         |         | PR                    | Tijd    | Info       |
| 34 | gl | 3    | Jarno de Laat         |         |         | HSA                   | 1:33.91 | 1:36.58    |
|    | bl | 21   | Daan Lankhaar         |         |         | HPA                   | 1:37.87 | 1:37.68 PR |
|    |    |      | Jarno de Laat         |         |         | Daan Lankhaar         |         |            |
|    |    |      | 200m                  | 22.01   | (22.01) | 200m                  | 22.45   | (22.45)    |
|    |    |      | 600m                  | 58.73   | (36.72) | 600m                  | 59.11   | (36.66)    |
|    |    |      | 1000m                 | 1:36.58 | (37.85) | 1000m                 | 1:37.68 | (38.57)    |
|    |    | Naam | Cat                   |         |         | PR                    | Tijd    | Info       |
| 35 | wt | 22   | Ryan Preesman         |         |         | HPA                   | 1:33.38 | 1:33.39    |
|    | rd | 2    | Casper de Munck       |         |         | HSB                   | 1:22.58 | 1:30.96    |
|    |    |      | Ryan Preesman         |         |         | Casper de Munck       |         |            |
|    |    |      | 200m                  | 21.37   | (21.37) | 200m                  | 21.17   | (21.17)    |
|    |    |      | 600m                  | 56.30   | (34.93) | 600m                  | 54.61   | (33.44)    |
|    |    |      | 1000m                 | 1:33.39 | (37.09) | 1000m                 | 1:30.96 | (36.35)    |
|    |    | Naam | Cat                   |         |         | PR                    | Tijd    | Info       |
| 36 | gl | 39   | Erik van Hooft        |         |         | H45                   | 1:17.93 | 1:30.16    |
|    | bl | 24   | André van Staalduinen |         |         | H60                   | 1:27.32 | 1:42.50    |
|    |    |      | Erik van Hooft        |         |         | André van Staalduinen |         |            |
|    |    |      | 200m                  | 20.33   | (20.33) | 200m                  | 24.31   | (24.31)    |
|    |    |      | 600m                  | 53.68   | (33.35) | 600m                  | 1:02.25 | (37.94)    |
|    |    |      | 1000m                 | 1:30.16 | (36.48) | 1000m                 | 1:42.50 | (40.25)    |

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Kunstijsbaan Breda - Breda

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|    |    | Naam | Cat             |         |         | PR              | Tijd    | Info    |
|----|----|------|-----------------|---------|---------|-----------------|---------|---------|
| 37 | wt | 5    | Pieter de Munck |         |         | HSB             | 1:15.79 | 1:23.73 |
|    | rd | 45   | Rinse Franken   |         |         | HN1             | 1:14.74 | 1:16.08 |
|    |    |      | Pieter de Munck |         |         | Rinse Franken   |         |         |
|    |    |      | 200m            | 20.08   | (20.08) | 200m            | 18.48   | (18.48) |
|    |    |      | 600m            | 50.75   | (30.67) | 600m            | 46.57   | (28.09) |
|    |    |      | 1000m           | 1:23.73 | (32.98) | 1000m           | 1:16.08 | (29.51) |
|    |    |      |                 |         |         |                 |         |         |
|    |    | Naam | Cat             |         |         | PR              | Tijd    | Info    |
| 38 | gl | 37   | Thomas Ros      |         |         | HSA             | 1:25.43 | 1:25.45 |
|    | bl | 42   | Herbert Boender |         |         | H45             | 1:26.94 | 1:30.66 |
|    |    |      | Thomas Ros      |         |         | Herbert Boender |         |         |
|    |    |      | 200m            | 20.00   | (20.00) | 200m            | 21.33   | (21.33) |
|    |    |      | 600m            | 51.17   | (31.17) | 600m            | 54.72   | (33.39) |
|    |    |      | 1000m           | 1:25.45 | (34.28) | 1000m           | 1:30.66 | (35.94) |

# Trainingswedstrijd 5/Wisselaarscup 2

Kunstijsbaan Breda - Breda

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## 5. Uitslag 700 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 49 Tobi Raams        | HA2 | 46   | O    | 1:01.63 | PR   |        |
| 2   | 50 Daphne Kramer     | DPA | 41   | O    | 1:15.87 |      |        |
| 3   | 55 Rodrigo Schram    | HPA | 42   | I    | 1:18.47 |      |        |
| 4   | 28 Gitte Verstraten  | DPA | 44   | I    | 1:20.97 | FL   |        |
| 5   | 44 Marijn de Laat    | HN3 | 45   | O    | 1:21.58 | PR   |        |
| 6   | 19 Sep Snaaijer      | HPB | 43   | O    | 1:25.93 |      |        |
| 7   | 56 Jilles Boender    | HPA | 42   | O    | 1:27.63 |      |        |
| 8   | 33 Élodie de Ronde   | DC2 | 39   | I    | 1:28.14 |      |        |
| 9   | 57 Valerie Boender   | DB1 | 45   | I    | 1:31.34 | PR   |        |
| 10  | 43 Lynn van Horen    | DPB | 46   | I    | 1:34.99 |      |        |
| 11  | 52 Ravi Rijsterborgh | HPC | 43   | I    | 1:37.74 | PR   |        |
| 12  | 32 Franca de Ronde   | DPB | 44   | O    | 1:40.65 | FL   |        |
| 13  | 53 Ilvy Rijsterborgh | DPE | 41   | I    | 1:47.16 |      |        |

# Trainingswedstrijd 5/Wisselaarscup 2

Kunstijsbaan Breda - Breda

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## 5. Rituitslag 700 meter

|    |    | Naam               | Cat     |         | PR | Tijd    | Info |
|----|----|--------------------|---------|---------|----|---------|------|
| 39 | wt | 33 Élodie de Ronde | DC2     |         |    | 1:28.14 |      |
|    | rd |                    |         |         |    |         |      |
|    |    | Élodie de Ronde    |         |         |    |         |      |
|    |    | 300m               | 38.70   | (38.70) |    | m       |      |
|    |    | 700m               | 1:28.14 | (49.44) |    |         |      |

|    |    | Naam | Cat |  | PR | Tijd | Info |
|----|----|------|-----|--|----|------|------|
| 40 | gl |      |     |  |    |      |      |
|    | bl |      |     |  |    |      |      |
|    |    | m    |     |  |    | m    |      |

|    |    | Naam                 | Cat           |         | PR   | Tijd            | Info |
|----|----|----------------------|---------------|---------|------|-----------------|------|
| 41 | wt | 53 Ilvy Rijsterborgh | DPE           |         |      | 1:47.16         |      |
|    | rd | 50 Daphne Kramer     | DPA           |         |      | 1:15.87         |      |
|    |    | Ilvy Rijsterborgh    | Daphne Kramer |         |      |                 |      |
|    |    | 300m                 | 46.45         | (46.45) | 300m | 34.01 (34.01)   |      |
|    |    | 700m                 | 1:47.16       | (60.71) | 700m | 1:15.87 (41.86) |      |

|    |    | Naam              | Cat            |         | PR   | Tijd            | Info |
|----|----|-------------------|----------------|---------|------|-----------------|------|
| 42 | gl | 55 Rodrigo Schram | HPA            |         |      | 1:18.47         |      |
|    | bl | 56 Jilles Boender | HPA            |         |      | 1:27.63         |      |
|    |    | Rodrigo Schram    | Jilles Boender |         |      |                 |      |
|    |    | 300m              | 34.41          | (34.41) | 300m | 37.78 (37.78)   |      |
|    |    | 700m              | 1:18.47        | (44.06) | 700m | 1:27.63 (49.85) |      |

|    |    | Naam                 | Cat          |         | PR      | Tijd            | Info |
|----|----|----------------------|--------------|---------|---------|-----------------|------|
| 43 | wt | 52 Ravi Rijsterborgh | HPC          |         | 1:52.35 | 1:37.74         | PR   |
|    | rd | 19 Sep Snaaijer      | HPB          |         |         | 1:25.93         |      |
|    |    | Ravi Rijsterborgh    | Sep Snaaijer |         |         |                 |      |
|    |    | 300m                 | 41.61        | (41.61) | 300m    | 37.88 (37.88)   |      |
|    |    | 700m                 | 1:37.74      | (56.13) | 700m    | 1:25.93 (48.05) |      |



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|    |    | Naam             | Cat              |         | PR              |         | Tijd    | Info       |
|----|----|------------------|------------------|---------|-----------------|---------|---------|------------|
| 44 | gl | 28               | Gitte Verstraten |         | DPA             |         | 1:20.97 | FL         |
|    | bl | 32               | Franca de Ronde  |         | DPB             |         | 1:40.65 | FL         |
|    |    | Gitte Verstraten |                  |         | Franca de Ronde |         |         |            |
|    |    | 300m             | 40.82            | (40.82) | 300m            | 39.63   | (39.63) |            |
|    |    | 700m             | 1:20.97          | (40.15) | 700m            | 1:40.65 | (61.02) |            |
|    |    |                  |                  |         |                 |         |         |            |
|    |    | Naam             | Cat              |         | PR              |         | Tijd    | Info       |
| 45 | wt | 57               | Valerie Boender  |         | DB1             |         | 1:36.13 | 1:31.34 PR |
|    | rd | 44               | Marijn de Laat   |         | HN3             |         | 1:21.79 | 1:21.58 PR |
|    |    | Valerie Boender  |                  |         | Marijn de Laat  |         |         |            |
|    |    | 300m             | 39.81            | (39.81) | 300m            | 35.59   | (35.59) |            |
|    |    | 700m             | 1:31.34          | (51.53) | 700m            | 1:21.58 | (45.99) |            |
|    |    |                  |                  |         |                 |         |         |            |
|    |    | Naam             | Cat              |         | PR              |         | Tijd    | Info       |
| 46 | gl | 43               | Lynn van Horen   |         | DPB             |         | 1:33.02 | 1:34.99    |
|    | bl | 49               | Tobi Raams       |         | HA2             |         | 1:01.96 | 1:01.63 PR |
|    |    | Lynn van Horen   |                  |         | Tobi Raams      |         |         |            |
|    |    | 300m             | 38.60            | (38.60) | 300m            | 28.36   | (28.36) |            |
|    |    | 700m             | 1:34.99          | (56.39) | 700m            | 1:01.63 | (33.27) |            |

# Trainingswedstrijd 5/Wisselaarscup 2

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## 6. Uitslag 1500 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 25 Jochem Uithoven   | H40 | 47   | I    | 2:04.43 |      |        |
| 2   | 6 Adriaan Provoost   | H65 | 47   | O    | 2:34.95 |      |        |
| 3   | 13 Pieter den Dunnen | H75 | 48   | I    | 2:46.66 |      |        |
|     | 40 Jeroen Snaaijer   | H40 | 48   | O    | DNS     |      |        |

# Trainingswedstrijd 5/Wisselaarscup 2

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## 6. Rituitslag 1500 meter

|    |    | Naam              |                   |         | Cat              | PR      |         | Tijd    | Info |
|----|----|-------------------|-------------------|---------|------------------|---------|---------|---------|------|
| 47 | wt | 25                | Jochem Uithoven   |         | H40              | 1:53.24 |         | 2:04.43 |      |
|    | rd | 6                 | Adriaan Provoost  |         | H65              | 2:05.91 |         | 2:34.95 |      |
|    |    | Jochem Uithoven   |                   |         | Adriaan Provoost |         |         |         |      |
|    |    | 300m              | 26.99             | (26.99) | 300m             | 33.45   | (33.45) |         |      |
|    |    | 700m              | 57.82             | (30.83) | 700m             | 1:12.24 | (38.79) |         |      |
|    |    | 1100m             | 1:30.23           | (32.41) | 1100m            | 1:53.11 | (40.87) |         |      |
|    |    | 1500m             | 2:04.43           | (34.20) | 1500m            | 2:34.95 | (41.84) |         |      |
|    |    |                   |                   |         |                  |         |         |         |      |
|    |    | Naam              |                   |         | Cat              | PR      |         | Tijd    | Info |
| 48 | gl | 13                | Pieter den Dunnen |         | H75              | 2:08.54 |         | 2:46.66 |      |
|    | bl | 40                | Jeroen Snaaijer   |         | H40              | 2:51.78 |         | DNS     |      |
|    |    | Pieter den Dunnen |                   |         | Jeroen Snaaijer  |         |         |         |      |
|    |    | 300m              | 36.58             | (36.58) |                  |         |         |         |      |
|    |    | 700m              | 1:18.08           | (41.50) |                  |         |         |         |      |
|    |    | 1100m             | 2:01.20           | (43.12) |                  |         |         |         |      |
|    |    | 1500m             | 2:46.66           | (45.46) |                  |         |         |         |      |