

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

1. Uitslag 5000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	27 Jens Klootwijk	HN3	9	I	7:07.81	PR	
2	12 Tijn van Harten	HB2	6	O	7:18.60		
3	37 Tim Kole	HSB	9	O	7:29.96	PR	
4	1 Mart Polman	HB2	5	O	7:37.40		
5	46 Jelmer de Winter	HN1	1	O	7:39.57		
6	33 Frits Horstman	HB2	4	O	7:41.15		
7	29 Milan Stam	HB2	7	O	7:56.74		
8	3 Diede Brandts	DA1	10	O	8:00.45	PR	
9	30 Wiebe Kipping	HN1	8	I	8:20.21	PR	
10	44 Charissa de Mes	DB2	6	I	8:23.17		
11	15 Sem Bol	HB1	8	O	8:25.15		
12	54 Silke Kabel	DA1	1	I	8:38.80		
13	52 Greta Rakels	DB1	5	I	8:49.49		
14	8 Sven de Waijer	H55	10	I	8:54.37		
15	22 Meike Gerlich	DB2	7	I	9:20.26		
16	53 Witse Vereiken	HB2	3	I	9:22.58		
	45 Florine Zunnabeld	DC1	4	I	DNF		
	39 Jurre Hoffer	HN1	3	O	DNS		

Open wedstrijd lange afstanden

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22 maart 2026

1. Rituitslag 5000 meter

		Naam		Cat		PR		Tijd	Info
1	wt	54	Silke Kabel		DA1			8:38.80	
	rd	46	Jelmer de Winter		HN1			7:39.57	
		Silke Kabel			Jelmer de Winter				
		200m	23.35	(23.35)	200m	21.59	(21.59)		
		600m	1:02.65	(39.30)	600m	56.41	(34.82)		
		1000m	1:43.18	(40.53)	1000m	1:31.78	(35.37)		
		1400m	2:23.91	(40.73)	1400m	2:07.97	(36.19)		
		1800m	3:04.87	(40.96)	1800m	2:44.11	(36.14)		
		2200m	3:46.38	(41.51)	2200m	3:19.88	(35.77)		
		2600m	4:28.38	(42.00)	2600m	3:56.18	(36.30)		
		3000m	5:09.79	(41.41)	3000m	4:32.73	(36.55)		
		3400m	5:50.64	(40.85)	3400m	5:09.05	(36.32)		
		3800m	6:32.60	(41.96)	3800m	5:45.76	(36.71)		
		4200m	7:14.83	(42.23)	4200m	6:23.18	(37.42)		
		4600m	7:56.80	(41.97)	4600m	7:00.99	(37.81)		
		5000m	8:38.80	(42.00)	5000m	7:39.57	(38.58)		

		Naam		Cat		PR		Tijd	Info
2	gl								
	bl								
		m			m				

Open wedstrijd lange afstanden

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		Naam		Cat		PR	Tijd	Info
3	wt	53	Witse Vereiken		HB2		9:22.58	
	rd	39	Jurre Hoffer		HN1		DNS	
		Witse Vereiken			Jurre Hoffer			
		200m	24.79	(24.79)				
		600m	1:06.60	(41.81)				
		1000m	1:49.96	(43.36)				
		1400m	2:33.90	(43.94)				
		1800m	3:18.60	(44.70)				
		2200m	4:02.46	(43.86)				
		2600m	4:47.42	(44.96)				
		3000m	5:32.78	(45.36)				
		3400m	6:17.20	(44.42)				
		3800m	7:02.98	(45.78)				
		4200m	7:50.37	(47.39)				
		4600m	8:38.06	(47.69)				
		5000m	9:22.58	(44.52)				

		Naam		Cat		PR	Tijd	Info
4	gl	45	Florine Zunnabeld		DC1		DNF	
	bl	33	Frits Horstman		HB2		7:41.15	
		Florine Zunnabeld			Frits Horstman			
		200m	23.56	(23.56)	200m	21.20	(21.20)	
		600m	1:03.23	(39.67)	600m	55.24	(34.04)	
		1000m	1:44.26	(41.03)	1000m	1:30.15	(34.91)	
		1400m	2:26.53	(42.27)	1400m	2:05.99	(35.84)	
		1800m	3:09.95	(43.42)	1800m	2:41.97	(35.98)	
		2200m	3:54.56	(44.61)	2200m	3:18.25	(36.28)	
		2600m	4:39.26	(44.70)	2600m	3:54.51	(36.26)	
		3000m	5:25.36	(46.10)	3000m	4:31.14	(36.63)	
		3400m	6:12.23	(46.87)	3400m	5:08.36	(37.22)	
		3800m	6:58.89	(46.66)	3800m	5:45.88	(37.52)	
					4200m	6:23.96	(38.08)	
					4600m	7:02.71	(38.75)	
					5000m	7:41.15	(38.44)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

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		Naam	Cat	PR	Tijd	Info
5	wt	52 Greta Rakels	DB1		8:49.49	
	rd	1 Mart Polman	HB2		7:37.40	
		Greta Rakels				
		200m	24.65 (24.65)			
		600m	1:05.44 (40.79)			
		1000m	1:46.14 (40.70)			
		1400m	2:28.10 (41.96)			
		1800m	3:10.65 (42.55)			
		2200m	3:53.57 (42.92)			
		2600m	4:35.96 (42.39)			
		3000m	5:17.57 (41.61)			
		3400m	5:59.56 (41.99)			
		3800m	6:42.17 (42.61)			
		4200m	7:25.27 (43.10)			
		4600m	8:08.49 (43.22)			
		5000m	8:49.49 (41.00)			
		Mart Polman				
		200m	21.53 (21.53)			
		600m	56.95 (35.42)			
		1000m	1:32.61 (35.66)			
		1400m	2:08.25 (35.64)			
		1800m	2:43.89 (35.64)			
		2200m	3:19.64 (35.75)			
		2600m	3:54.95 (35.31)			
		3000m	4:30.77 (35.82)			
		3400m	5:07.30 (36.53)			
		3800m	5:44.74 (37.44)			
		4200m	6:22.53 (37.79)			
		4600m	7:00.25 (37.72)			
		5000m	7:37.40 (37.15)			

		Naam	Cat	PR	Tijd	Info
6	gl	44 Charissa de Mes	DB2		8:23.17	
	bl	12 Tijn van Harten	HB2		7:18.60	
		Charissa de Mes				
		200m	23.32 (23.32)			
		600m	1:01.44 (38.12)			
		1000m	1:40.25 (38.81)			
		1400m	2:19.31 (39.06)			
		1800m	2:58.44 (39.13)			
		2200m	3:37.92 (39.48)			
		2600m	4:17.70 (39.78)			
		3000m	4:58.01 (40.31)			
		3400m	5:38.01 (40.00)			
		3800m	6:18.86 (40.85)			
		4200m	6:59.84 (40.98)			
		4600m	7:41.69 (41.85)			
		5000m	8:23.17 (41.48)			
		Tijn van Harten				
		200m	21.91 (21.91)			
		600m	55.26 (33.35)			
		1000m	1:29.60 (34.34)			
		1400m	2:03.83 (34.23)			
		1800m	2:38.24 (34.41)			
		2200m	3:12.87 (34.63)			
		2600m	3:47.57 (34.70)			
		3000m	4:22.61 (35.04)			
		3400m	4:57.59 (34.98)			
		3800m	5:32.86 (35.27)			
		4200m	6:08.33 (35.47)			
		4600m	6:43.71 (35.38)			
		5000m	7:18.60 (34.89)			

Open wedstrijd lange afstanden

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		Naam	Cat	PR	Tijd	Info
7	wt	22 Meike Gerlich	DB2		9:20.26	
	rd	29 Milan Stam	HB2		7:56.74	
		Meike Gerlich				
		200m	25.37 (25.37)		200m	22.58 (22.58)
		600m	1:08.86 (43.49)		600m	59.32 (36.74)
		1000m	1:52.98 (44.12)		1000m	1:37.08 (37.76)
		1400m	2:37.52 (44.54)		1400m	2:15.72 (38.64)
		1800m	3:22.46 (44.94)		1800m	2:53.18 (37.46)
		2200m	4:07.92 (45.46)		2200m	3:30.16 (36.98)
		2600m	4:53.48 (45.56)		2600m	4:06.92 (36.76)
		3000m	5:38.95 (45.47)		3000m	4:44.24 (37.32)
		3400m	6:24.29 (45.34)		3400m	5:22.19 (37.95)
		3800m	7:09.42 (45.13)		3800m	6:00.32 (38.13)
		4200m	7:54.08 (44.66)		4200m	6:38.88 (38.56)
		4600m	8:38.09 (44.01)		4600m	7:18.08 (39.20)
		5000m	9:20.26 (42.17)		5000m	7:56.74 (38.66)

		Naam	Cat	PR	Tijd	Info
8	gl	30 Wiebe Kipping	HN1	8:57.16	8:20.21	PR
	bl	15 Sem Bol	HB1		8:25.15	
		Wiebe Kipping				
		200m	21.89 (21.89)		200m	23.23 (23.23)
		600m	58.05 (36.16)		600m	1:02.24 (39.01)
		1000m	1:35.40 (37.35)		1000m	1:41.93 (39.69)
		1400m	2:13.98 (38.58)		1400m	2:22.22 (40.29)
		1800m	2:53.34 (39.36)		1800m	3:02.57 (40.35)
		2200m	3:33.60 (40.26)		2200m	3:43.54 (40.97)
		2600m	4:14.02 (40.42)		2600m	4:24.37 (40.83)
		3000m	4:55.08 (41.06)		3000m	5:05.11 (40.74)
		3400m	5:36.15 (41.07)		3400m	5:45.91 (40.80)
		3800m	6:17.61 (41.46)		3800m	6:26.38 (40.47)
		4200m	6:59.10 (41.49)		4200m	7:06.43 (40.05)
		4600m	7:40.08 (40.98)		4600m	7:46.23 (39.80)
		5000m	8:20.21 (40.13)		5000m	8:25.15 (38.92)

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22 maart 2026

		Naam			Cat	PR	Tijd	Info
9	wt	27	Jens Klootwijk		HN3	7:10.13	7:07.81	PR
	rd	37	Tim Kole		HSB	7:51.40	7:29.96	PR
		Jens Klootwijk			Tim Kole			
		200m	20.38	(20.38)	200m	22.17	(22.17)	
		600m	53.48	(33.10)	600m	57.37	(35.20)	
		1000m	1:26.77	(33.29)	1000m	1:32.49	(35.12)	
		1400m	2:00.13	(33.36)	1400m	2:07.84	(35.35)	
		1800m	2:33.50	(33.37)	1800m	2:43.31	(35.47)	
		2200m	3:07.06	(33.56)	2200m	3:18.97	(35.66)	
		2600m	3:40.70	(33.64)	2600m	3:54.74	(35.77)	
		3000m	4:14.66	(33.96)	3000m	4:30.63	(35.89)	
		3400m	4:48.95	(34.29)	3400m	5:06.39	(35.76)	
		3800m	5:23.52	(34.57)	3800m	5:42.32	(35.93)	
		4200m	5:58.16	(34.64)	4200m	6:18.51	(36.19)	
		4600m	6:32.96	(34.80)	4600m	6:54.68	(36.17)	
		5000m	7:07.81	(34.85)	5000m	7:29.96	(35.28)	

		Naam			Cat	PR	Tijd	Info
10	gl	8	Sven de Waijer		H55	8:50.69	8:54.37	
	bl	3	Diede Brandts		DA1	8:09.75	8:00.45	PR
		Sven de Waijer			Diede Brandts			
		200m	26.33	(26.33)	200m	23.37	(23.37)	
		600m	1:07.06	(40.73)	600m	1:00.12	(36.75)	
		1000m	1:48.75	(41.69)	1000m	1:37.77	(37.65)	
		1400m	2:31.88	(43.13)	1400m	2:15.85	(38.08)	
		1800m	3:14.47	(42.59)	1800m	2:53.01	(37.16)	
		2200m	3:56.55	(42.08)	2200m	3:30.79	(37.78)	
		2600m	4:38.80	(42.25)	2600m	4:08.80	(38.01)	
		3000m	5:21.35	(42.55)	3000m	4:46.85	(38.05)	
		3400m	6:04.57	(43.22)	3400m	5:25.16	(38.31)	
		3800m	6:47.50	(42.93)	3800m	6:03.51	(38.35)	
		4200m	7:30.24	(42.74)	4200m	6:42.53	(39.02)	
		4600m	8:13.01	(42.77)	4600m	7:21.82	(39.29)	
		5000m	8:54.37	(41.36)	5000m	8:00.45	(38.63)	

Open wedstrijd lange afstanden

IJsbaan Twente - Enschede

22 maart 2026

2. Uitslag 10000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	4 Jort van Wijk	HSA	23	O	14:08.56	PR	
2	24 Twan Kuipers	HN1	24	I	14:28.92	PR	
3	25 Finn ten Hove	HSA	23	I	14:39.42	PR	
4	17 Lars Groenheiden	HA1	13	O	14:44.93		
5	34 Jesse van Buren	HA2	12	O	14:51.08		
6	38 Kurt van de Nes	H55	24	O	15:17.12		
7	2 Levi Kapp	HA2	14	O	15:27.41		
8	28 Peter van Buiten	HSA	21	O	15:41.24	PR	
9	43 Dennis Vergeer	HN4	22	I	15:44.32	PR	
10	18 Lars van Ipenburg	HA1	14	I	15:50.16		
11	10 Colin Koenderink	HN3	20	O	15:51.87	PR	
12	13 Kian Baard	HA1	22	O	16:00.57	PR	
13	42 Fedor van der Laan	HSA	21	I	16:03.41		
14	21 Tjibbe Moller	HA2	19	O	16:12.37	PR	
15	14 Jelte van der Zwaag	HN3	20	I	16:24.53	PR	
16	23 Cédric Springer	HN4	18	O	17:15.22		
17	51 Nynke Tinga	DN1	16	I	17:22.09		
18	16 Hiltje Gerritsma	DSA	11	O	17:36.99		
19	9 Arthur Knibbe	HSA	17	I	17:43.37	PR	
20	11 Luuk Achterberg	HSA	17	O	17:57.37		
21	20 Maud Beusen	DN3	11	I	18:05.65		
22	48 Loek Hendriksen	HSA	19	I	18:12.37		
23	41 Stefan Aukema	H50	16	O	18:22.61		
24	49 Florian Meijer	HSA	12	I	18:53.63		
25	50 Lisa Feenstra	DN4	15	O	20:23.76		
	5 Leo de Leede	H60	18	I	DQ ^{T08}		
	19 Loic Crielaers	HA1			WDR		
	47 Niels Brandt	HA1			WDR		

T08 - Niet wisselen / Verkeerd wisselen (te vroege/te late wissel) (254.5)

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22 maart 2026

2. Rituitslag 10000 meter

		Naam		Cat		PR	Tijd	Info
11	wt	20	Maud Beusen		DN3		18:05.65	
	rd	16	Hiltje Gerritsma		DSA		17:36.99	
		Maud Beusen			Hiltje Gerritsma			
		400m	45.71	(45.71)	400m	45.39	(45.39)	
		800m	1:27.57	(41.86)	800m	1:27.00	(41.61)	
		1200m	2:09.88	(42.31)	1200m	2:08.95	(41.95)	
		1600m	2:52.47	(42.59)	1600m	2:51.58	(42.63)	
		2000m	3:35.44	(42.97)	2000m	3:34.04	(42.46)	
		2400m	4:18.65	(43.21)	2400m	4:16.78	(42.74)	
		2800m	5:02.30	(43.65)	2800m	4:59.42	(42.64)	
		3200m	5:45.38	(43.08)	3200m	5:42.10	(42.68)	
		3600m	6:28.50	(43.12)	3600m	6:25.03	(42.93)	
		4000m	7:11.64	(43.14)	4000m	7:07.73	(42.70)	
		4400m	7:55.12	(43.48)	4400m	7:50.46	(42.73)	
		4800m	8:38.71	(43.59)	4800m	8:33.31	(42.85)	
		5200m	9:22.31	(43.60)	5200m	9:15.98	(42.67)	
		5600m	10:05.92	(43.61)	5600m	9:58.18	(42.20)	
		6000m	10:49.40	(43.48)	6000m	10:40.19	(42.01)	
		6400m	11:33.04	(43.64)	6400m	11:22.11	(41.92)	
		6800m	12:16.08	(43.04)	6800m	12:04.05	(41.94)	
		7200m	12:59.43	(43.35)	7200m	12:46.14	(42.09)	
		7600m	13:42.86	(43.43)	7600m	13:28.10	(41.96)	
		8000m	14:27.10	(44.24)	8000m	14:10.25	(42.15)	
		8400m	15:10.96	(43.86)	8400m	14:52.03	(41.78)	
		8800m	15:54.71	(43.75)	8800m	15:33.55	(41.52)	
		9200m	16:38.39	(43.68)	9200m	16:14.91	(41.36)	
		9600m	17:22.28	(43.89)	9600m	16:56.12	(41.21)	
		10000m	18:05.65	(43.37)	10000m	17:36.99	(40.87)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam		Cat		PR	Tijd	Info
12	gl	49	Florian Meijer		HSA		18:53.63	
	bl	34	Jesse van Buren		HA2		14:51.08	
		Florian Meijer				Jesse van Buren		
		400m	41.86	(41.86)	400m	37.90	(37.90)	
		800m	1:23.32	(41.46)	800m	1:12.44	(34.54)	
		1200m	2:05.33	(42.01)	1200m	1:46.92	(34.48)	
		1600m	2:47.43	(42.10)	1600m	2:22.23	(35.31)	
		2000m	3:29.32	(41.89)	2000m	2:57.45	(35.22)	
		2400m	4:11.51	(42.19)	2400m	3:32.62	(35.17)	
		2800m	4:54.51	(43.00)	2800m	4:07.16	(34.54)	
		3200m	5:39.11	(44.60)	3200m	4:42.00	(34.84)	
		3600m	6:25.65	(46.54)	3600m	5:17.47	(35.47)	
		4000m	7:13.43	(47.78)	4000m	5:53.29	(35.82)	
		4400m	8:02.11	(48.68)	4400m	6:28.81	(35.52)	
		4800m	8:51.08	(48.97)	4800m	7:04.61	(35.80)	
		5200m	9:40.07	(48.99)	5200m	7:40.53	(35.92)	
		5600m	10:28.65	(48.58)	5600m	8:15.95	(35.42)	
		6000m	11:17.42	(48.77)	6000m	8:51.84	(35.89)	
		6400m	12:06.18	(48.76)	6400m	9:27.69	(35.85)	
		6800m	12:53.17	(46.99)	6800m	10:04.08	(36.39)	
		7200m	13:37.34	(44.17)	7200m	10:39.81	(35.73)	
		7600m	14:21.50	(44.16)	7600m	11:15.79	(35.98)	
		8000m	15:05.98	(44.48)	8000m	11:51.54	(35.75)	
		8400m	15:53.11	(47.13)	8400m	12:28.39	(36.85)	
		8800m	16:41.41	(48.30)	8800m	13:04.92	(36.53)	
		9200m	17:32.52	(51.11)	9200m	13:40.58	(35.66)	
		9600m	18:17.38	(44.86)	9600m	14:15.83	(35.25)	
		10000m	18:53.63	(36.25)	10000m	14:51.08	(35.25)	

Open wedstrijd lange afstanden

IJsbaan Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
13	wt	19 Loic Crielaers	HA1			WDR
	rd	17 Lars Groenheiden	HA1		14:44.93	
		<u>Loic Crielaers</u>		<u>Lars Groenheiden</u>		
				400m	39.69	(39.69)
				800m	1:14.75	(35.06)
				1200m	1:50.28	(35.53)
				1600m	2:25.78	(35.50)
				2000m	3:01.51	(35.73)
				2400m	3:36.89	(35.38)
				2800m	4:12.25	(35.36)
				3200m	4:47.40	(35.15)
				3600m	5:22.68	(35.28)
				4000m	5:57.98	(35.30)
				4400m	6:33.40	(35.42)
				4800m	7:08.62	(35.22)
				5200m	7:43.53	(34.91)
				5600m	8:18.33	(34.80)
				6000m	8:53.35	(35.02)
				6400m	9:28.28	(34.93)
				6800m	10:03.67	(35.39)
				7200m	10:38.96	(35.29)
				7600m	11:14.24	(35.28)
				8000m	11:49.41	(35.17)
				8400m	12:24.84	(35.43)
				8800m	12:59.99	(35.15)
				9200m	13:35.13	(35.14)
				9600m	14:10.12	(34.99)
				10000m	14:44.93	(34.81)

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam		Cat		PR		Tijd	Info
14	gl	18	Lars van Ipenburg		HA1			15:50.16	
	bl	2	Levi Kapp		HA2			15:27.41	
		Lars van Ipenburg				Levi Kapp			
		400m	39.86	(39.86)		400m	39.86	(39.86)	
		800m	1:16.04	(36.18)		800m	1:16.57	(36.71)	
		1200m	1:53.00	(36.96)		1200m	1:53.12	(36.55)	
		1600m	2:30.08	(37.08)		1600m	2:30.00	(36.88)	
		2000m	3:06.52	(36.44)		2000m	3:05.51	(35.51)	
		2400m	3:42.91	(36.39)		2400m	3:41.68	(36.17)	
		2800m	4:18.87	(35.96)		2800m	4:17.95	(36.27)	
		3200m	4:55.10	(36.23)		3200m	4:54.31	(36.36)	
		3600m	5:32.20	(37.10)		3600m	5:31.11	(36.80)	
		4000m	6:08.72	(36.52)		4000m	6:06.99	(35.88)	
		4400m	6:45.36	(36.64)		4400m	6:43.52	(36.53)	
		4800m	7:22.64	(37.28)		4800m	7:20.80	(37.28)	
		5200m	7:59.90	(37.26)		5200m	7:58.57	(37.77)	
		5600m	8:37.05	(37.15)		5600m	8:35.94	(37.37)	
		6000m	9:14.49	(37.44)		6000m	9:13.45	(37.51)	
		6400m	9:51.62	(37.13)		6400m	9:50.40	(36.95)	
		6800m	10:28.97	(37.35)		6800m	10:27.81	(37.41)	
		7200m	11:07.42	(38.45)		7200m	11:06.66	(38.85)	
		7600m	11:46.15	(38.73)		7600m	11:44.08	(37.42)	
		8000m	12:25.85	(39.70)		8000m	12:21.65	(37.57)	
		8400m	13:06.29	(40.44)		8400m	13:00.01	(38.36)	
		8800m	13:47.23	(40.94)		8800m	13:37.48	(37.47)	
		9200m	14:27.77	(40.54)		9200m	14:14.90	(37.42)	
		9600m	15:08.85	(41.08)		9600m	14:51.81	(36.91)	
		10000m	15:50.16	(41.31)		10000m	15:27.41	(35.60)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
15	wt	47 Niels Brandt	HA1			WDR
	rd	50 Lisa Feenstra	DN4		20:23.76	
		<u>Niels Brandt</u>				
			<u>Lisa Feenstra</u>			
			400m	51.69	(51.69)	
			800m	1:42.39	(50.70)	
			1200m	2:32.30	(49.91)	
			1600m	3:22.03	(49.73)	
			2000m	4:12.02	(49.99)	
			2400m	5:01.59	(49.57)	
			2800m	5:51.56	(49.97)	
			3200m	6:41.71	(50.15)	
			3600m	7:31.23	(49.52)	
			4000m	8:21.00	(49.77)	
			4400m	9:10.45	(49.45)	
			4800m	9:59.80	(49.35)	
			5200m	10:48.82	(49.02)	
			5600m	11:38.12	(49.30)	
			6000m	12:26.88	(48.76)	
			6400m	13:16.03	(49.15)	
			6800m	14:04.74	(48.71)	
			7200m	14:53.11	(48.37)	
			7600m	15:41.30	(48.19)	
			8000m	16:29.67	(48.37)	
			8400m	17:17.20	(47.53)	
			8800m	18:04.71	(47.51)	
			9200m	18:52.05	(47.34)	
			9600m	19:38.91	(46.86)	
			10000m	20:23.76	(44.85)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam		Cat		PR		Tijd	Info
16	gl	51	Nynke Tinga		DN1			17:22.09	
	bl	41	Stefan Aukema		H50			18:22.61	
		Nynke Tinga				Stefan Aukema			
		400m	41.01	(41.01)		400m	45.20	(45.20)	
		800m	1:19.53	(38.52)		800m	1:26.97	(41.77)	
		1200m	1:58.04	(38.51)		1200m	2:09.93	(42.96)	
		1600m	2:36.79	(38.75)		1600m	2:53.26	(43.33)	
		2000m	3:15.94	(39.15)		2000m	3:36.69	(43.43)	
		2400m	3:55.70	(39.76)		2400m	4:20.62	(43.93)	
		2800m	4:35.89	(40.19)		2800m	5:04.73	(44.11)	
		3200m	5:16.27	(40.38)		3200m	5:49.27	(44.54)	
		3600m	5:56.89	(40.62)		3600m	6:33.71	(44.44)	
		4000m	6:38.05	(41.16)		4000m	7:17.98	(44.27)	
		4400m	7:19.16	(41.11)		4400m	8:02.67	(44.69)	
		4800m	8:00.46	(41.30)		4800m	8:46.76	(44.09)	
		5200m	8:42.64	(42.18)		5200m	9:31.19	(44.43)	
		5600m	9:25.31	(42.67)		5600m	10:15.59	(44.40)	
		6000m	10:08.26	(42.95)		6000m	10:59.72	(44.13)	
		6400m	10:51.51	(43.25)		6400m	11:43.52	(43.80)	
		6800m	11:34.29	(42.78)		6800m	12:27.65	(44.13)	
		7200m	12:17.52	(43.23)		7200m	13:12.05	(44.40)	
		7600m	13:00.80	(43.28)		7600m	13:56.88	(44.83)	
		8000m	13:43.65	(42.85)		8000m	14:41.09	(44.21)	
		8400m	14:26.66	(43.01)		8400m	15:25.22	(44.13)	
		8800m	15:10.38	(43.72)		8800m	16:09.35	(44.13)	
		9200m	15:54.16	(43.78)		9200m	16:53.68	(44.33)	
		9600m	16:38.32	(44.16)		9600m	17:38.15	(44.47)	
		10000m	17:22.09	(43.77)		10000m	18:22.61	(44.46)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
17	wt	9 Arthur Knibbe	HSA	19:28.83	17:43.37	PR
	rd	11 Luuk Achterberg	HSA		17:57.37	
		Arthur Knibbe			Luuk Achterberg	
		400m	40.41 (40.41)	400m	46.79 (46.79)	
		800m	1:18.89 (38.48)	800m	1:28.38 (41.59)	
		1200m	1:59.11 (40.22)	1200m	2:10.19 (41.81)	
		1600m	2:40.03 (40.92)	1600m	2:52.24 (42.05)	
		2000m	3:21.41 (41.38)	2000m	3:34.52 (42.28)	
		2400m	4:03.22 (41.81)	2400m	4:16.60 (42.08)	
		2800m	4:45.60 (42.38)	2800m	4:59.09 (42.49)	
		3200m	5:28.75 (43.15)	3200m	5:41.43 (42.34)	
		3600m	6:11.90 (43.15)	3600m	6:23.83 (42.40)	
		4000m	6:55.64 (43.74)	4000m	7:06.12 (42.29)	
		4400m	7:39.74 (44.10)	4400m	7:48.57 (42.45)	
		4800m	8:24.64 (44.90)	4800m	8:30.20 (41.63)	
		5200m	9:10.14 (45.50)	5200m	9:13.20 (43.00)	
		5600m	9:55.28 (45.14)	5600m	9:56.64 (43.44)	
		6000m	10:39.09 (43.81)	6000m	10:39.38 (42.74)	
		6400m	11:23.50 (44.41)	6400m	11:21.91 (42.53)	
		6800m	12:08.79 (45.29)	6800m	12:04.97 (43.06)	
		7200m	12:53.61 (44.82)	7200m	12:48.81 (43.84)	
		7600m	13:37.69 (44.08)	7600m	13:32.90 (44.09)	
		8000m	14:20.30 (42.61)	8000m	14:16.44 (43.54)	
		8400m	15:01.83 (41.53)	8400m	14:59.94 (43.50)	
		8800m	15:43.14 (41.31)	8800m	15:44.11 (44.17)	
		9200m	16:24.00 (40.86)	9200m	16:28.59 (44.48)	
		9600m	17:04.53 (40.53)	9600m	17:12.94 (44.35)	
		10000m	17:43.37 (38.84)	10000m	17:57.37 (44.43)	

Open wedstrijd lange afstanden

IJsbaan Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
18	gl	5 Leo de Leede	H60	17:21.67		DQ ^{T08}
	bl	23 Cédric Springer	HN4		17:15.22	
		<u>Leo de Leede</u>				
			<u>Cédric Springer</u>			
			400m	43.67	(43.67)	
			800m	1:22.98	(39.31)	
			1200m	2:02.98	(40.00)	
			1600m	2:43.00	(40.02)	
			2000m	3:22.85	(39.85)	
			2400m	4:03.35	(40.50)	
			2800m	4:44.03	(40.68)	
			3200m	5:24.58	(40.55)	
			3600m	6:05.52	(40.94)	
			4000m	6:48.00	(42.48)	
			4400m	7:30.54	(42.54)	
			4800m	8:12.97	(42.43)	
			5200m	8:56.07	(43.10)	
			5600m	9:37.54	(41.47)	
			6000m	10:18.53	(40.99)	
			6400m	11:00.60	(42.07)	
			6800m	11:42.54	(41.94)	
			7200m	12:25.16	(42.62)	
			7600m	13:07.91	(42.75)	
			8000m	13:51.08	(43.17)	
			8400m	14:33.31	(42.23)	
			8800m	15:14.96	(41.65)	
			9200m	15:55.32	(40.36)	
			9600m	16:35.59	(40.27)	
			10000m	17:15.22	(39.63)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam			Cat			PR	Tijd	Info
19	wt	48	Loek Hendriksen		HSA			17:09.49	18:12.37	
	rd	21	Tjibbe Moller		HA2			16:57.50	16:12.37	PR
		Loek Hendriksen				Tjibbe Moller				
		400m	43.28	(43.28)	400m	41.00	(41.00)			
		800m	1:24.37	(41.09)	800m	1:19.97	(38.97)			
		1200m	2:05.52	(41.15)	1200m	1:58.99	(39.02)			
		1600m	2:46.86	(41.34)	1600m	2:37.65	(38.66)			
		2000m	3:28.32	(41.46)	2000m	3:16.01	(38.36)			
		2400m	4:10.56	(42.24)	2400m	3:54.51	(38.50)			
		2800m	4:54.21	(43.65)	2800m	4:32.82	(38.31)			
		3200m	5:39.46	(45.25)	3200m	5:10.87	(38.05)			
		3600m	6:24.00	(44.54)	3600m	5:48.29	(37.42)			
		4000m	7:08.12	(44.12)	4000m	6:26.49	(38.20)			
		4400m	7:51.50	(43.38)	4400m	7:04.63	(38.14)			
		4800m	8:34.15	(42.65)	4800m	7:43.18	(38.55)			
		5200m	9:17.53	(43.38)	5200m	8:22.20	(39.02)			
		5600m	10:01.98	(44.45)	5600m	9:01.26	(39.06)			
		6000m	10:46.99	(45.01)	6000m	9:40.53	(39.27)			
		6400m	11:32.85	(45.86)	6400m	10:19.93	(39.40)			
		6800m	12:18.37	(45.52)	6800m	10:59.44	(39.51)			
		7200m	13:03.70	(45.33)	7200m	11:37.81	(38.37)			
		7600m	13:48.63	(44.93)	7600m	12:15.94	(38.13)			
		8000m	14:32.67	(44.04)	8000m	12:54.45	(38.51)			
		8400m	15:16.59	(43.92)	8400m	13:33.35	(38.90)			
		8800m	16:01.33	(44.74)	8800m	14:12.49	(39.14)			
		9200m	16:46.18	(44.85)	9200m	14:52.01	(39.52)			
		9600m	17:29.63	(43.45)	9600m	15:32.16	(40.15)			
		10000m	18:12.37	(42.74)	10000m	16:12.37	(40.21)			

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
20	gl	14 Jelte van der Zwaag	HN3	17:04.83	16:24.53	PR
	bl	10 Colin Koenderink	HN3	16:53.45	15:51.87	PR

Jelte van der Zwaag

400m	43.83	(43.83)
800m	1:33.35	(49.52)
1200m	2:13.27	(39.92)
1600m	2:52.46	(39.19)
2000m	3:31.49	(39.03)
2400m	4:11.18	(39.69)
2800m	4:50.62	(39.44)
3200m	5:30.11	(39.49)
3600m	6:09.10	(38.99)
4000m	6:48.12	(39.02)
4400m	7:26.72	(38.60)
4800m	8:05.59	(38.87)
5200m	8:44.37	(38.78)
5600m	9:23.23	(38.86)
6000m	10:02.37	(39.14)
6400m	10:40.53	(38.16)
6800m	11:17.37	(36.84)
7200m	11:54.51	(37.14)
7600m	12:32.86	(38.35)
8000m	13:11.54	(38.68)
8400m	13:49.78	(38.24)
8800m	14:28.05	(38.27)
9200m	15:06.48	(38.43)
9600m	15:45.53	(39.05)
10000m	16:24.53	(39.00)

Colin Koenderink

400m	40.97	(40.97)
800m	1:17.74	(36.77)
1200m	1:55.35	(37.61)
1600m	2:32.43	(37.08)
2000m	3:09.80	(37.37)
2400m	3:47.20	(37.40)
2800m	4:24.68	(37.48)
3200m	5:02.16	(37.48)
3600m	5:39.90	(37.74)
4000m	6:17.58	(37.68)
4400m	6:55.41	(37.83)
4800m	7:32.73	(37.32)
5200m	8:10.39	(37.66)
5600m	8:47.89	(37.50)
6000m	9:25.22	(37.33)
6400m	10:02.13	(36.91)
6800m	10:39.88	(37.75)
7200m	11:17.66	(37.78)
7600m	11:55.15	(37.49)
8000m	12:33.81	(38.66)
8400m	13:10.75	(36.94)
8800m	13:47.84	(37.09)
9200m	14:25.84	(38.00)
9600m	15:13.05	(47.21)
10000m	15:51.87	(38.82)

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
21	wt	42 Fedor van der Laan	HSA	15:42.59	16:03.41	
	rd	28 Peter van Buiten	HSA	16:04.07	15:41.24	PR
		Fedor van der Laan		Peter van Buiten		
		400m 40.98 (40.98)		400m 39.87 (39.87)		
		800m 1:18.55 (37.57)		800m 1:17.44 (37.57)		
		1200m 1:56.99 (38.44)		1200m 1:55.02 (37.58)		
		1600m 2:35.46 (38.47)		1600m 2:32.96 (37.94)		
		2000m 3:13.80 (38.34)		2000m 3:10.53 (37.57)		
		2400m 3:51.96 (38.16)		2400m 3:48.46 (37.93)		
		2800m 4:30.72 (38.76)		2800m 4:26.46 (38.00)		
		3200m 5:09.31 (38.59)		3200m 5:04.15 (37.69)		
		3600m 5:48.13 (38.82)		3600m 5:41.78 (37.63)		
		4000m 6:26.78 (38.65)		4000m 6:19.36 (37.58)		
		4400m 7:05.81 (39.03)		4400m 6:57.28 (37.92)		
		4800m 7:44.78 (38.97)		4800m 7:35.21 (37.93)		
		5200m 8:23.80 (39.02)		5200m 8:12.74 (37.53)		
		5600m 9:02.85 (39.05)		5600m 8:50.14 (37.40)		
		6000m 9:41.39 (38.54)		6000m 9:27.38 (37.24)		
		6400m 10:19.81 (38.42)		6400m 10:05.18 (37.80)		
		6800m 10:57.86 (38.05)		6800m 10:42.72 (37.54)		
		7200m 11:35.67 (37.81)		7200m 11:20.48 (37.76)		
		7600m 12:13.30 (37.63)		7600m 11:58.14 (37.66)		
		8000m 12:50.57 (37.27)		8000m 12:35.92 (37.78)		
		8400m 13:28.69 (38.12)		8400m 13:13.44 (37.52)		
		8800m 14:07.14 (38.45)		8800m 13:50.77 (37.33)		
		9200m 14:45.85 (38.71)		9200m 14:28.21 (37.44)		
		9600m 15:24.72 (38.87)		9600m 15:05.15 (36.94)		
		10000m 16:03.41 (38.69)		10000m 15:41.24 (36.09)		

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam			Cat	PR	Tijd	Info
22	gl	43 Dennis Vergeer			HN4	16:18.76	15:44.32	PR
	bl	13 Kian Baard			HA1	16:19.95	16:00.57	PR
		Dennis Vergeer			Kian Baard			
		400m	39.17	(39.17)	400m	41.34	(41.34)	
		800m	1:14.34	(35.17)	800m	1:17.82	(36.48)	
		1200m	1:50.68	(36.34)	1200m	1:55.35	(37.53)	
		1600m	2:27.15	(36.47)	1600m	2:32.92	(37.57)	
		2000m	3:04.33	(37.18)	2000m	3:10.86	(37.94)	
		2400m	3:42.09	(37.76)	2400m	3:49.12	(38.26)	
		2800m	4:19.55	(37.46)	2800m	4:27.08	(37.96)	
		3200m	4:57.34	(37.79)	3200m	5:05.12	(38.04)	
		3600m	5:34.98	(37.64)	3600m	5:43.80	(38.68)	
		4000m	6:12.75	(37.77)	4000m	6:22.55	(38.75)	
		4400m	6:50.37	(37.62)	4400m	7:01.30	(38.75)	
		4800m	7:28.18	(37.81)	4800m	7:39.93	(38.63)	
		5200m	8:05.91	(37.73)	5200m	8:19.13	(39.20)	
		5600m	8:43.72	(37.81)	5600m	8:57.95	(38.82)	
		6000m	9:21.99	(38.27)	6000m	9:36.55	(38.60)	
		6400m	9:59.86	(37.87)	6400m	10:15.20	(38.65)	
		6800m	10:38.06	(38.20)	6800m	10:53.88	(38.68)	
		7200m	11:15.95	(37.89)	7200m	11:32.44	(38.56)	
		7600m	11:54.55	(38.60)	7600m	12:10.88	(38.44)	
		8000m	12:33.31	(38.76)	8000m	12:49.32	(38.44)	
		8400m	13:11.94	(38.63)	8400m	13:28.04	(38.72)	
		8800m	13:50.19	(38.25)	8800m	14:06.75	(38.71)	
		9200m	14:28.84	(38.65)	9200m	14:45.56	(38.81)	
		9600m	15:06.88	(38.04)	9600m	15:23.41	(37.85)	
		10000m	15:44.32	(37.44)	10000m	16:00.57	(37.16)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam	Cat	PR	Tijd	Info
23	wt	25 Finn ten Hove	HSA	14:46.10	14:39.42	PR
	rd	4 Jort van Wijk	HSA	14:28.75	14:08.56	PR
		Finn ten Hove			Jort van Wijk	
		400m	39.06 (39.06)	400m	38.69 (38.69)	
		800m	1:12.30 (33.24)	800m	1:11.25 (32.56)	
		1200m	1:46.52 (34.22)	1200m	1:44.16 (32.91)	
		1600m	2:21.08 (34.56)	1600m	2:16.94 (32.78)	
		2000m	2:55.84 (34.76)	2000m	2:49.94 (33.00)	
		2400m	3:30.43 (34.59)	2400m	3:23.23 (33.29)	
		2800m	4:05.66 (35.23)	2800m	3:56.60 (33.37)	
		3200m	4:40.37 (34.71)	3200m	4:29.97 (33.37)	
		3600m	5:15.27 (34.90)	3600m	5:03.44 (33.47)	
		4000m	5:49.76 (34.49)	4000m	5:36.85 (33.41)	
		4400m	6:24.46 (34.70)	4400m	6:10.52 (33.67)	
		4800m	6:59.88 (35.42)	4800m	6:44.00 (33.48)	
		5200m	7:35.07 (35.19)	5200m	7:17.41 (33.41)	
		5600m	8:10.38 (35.31)	5600m	7:51.05 (33.64)	
		6000m	8:46.04 (35.66)	6000m	8:24.85 (33.80)	
		6400m	9:21.34 (35.30)	6400m	8:58.44 (33.59)	
		6800m	9:56.82 (35.48)	6800m	9:31.98 (33.54)	
		7200m	10:32.29 (35.47)	7200m	10:05.71 (33.73)	
		7600m	11:08.01 (35.72)	7600m	10:39.72 (34.01)	
		8000m	11:43.36 (35.35)	8000m	11:14.02 (34.30)	
		8400m	12:18.55 (35.19)	8400m	11:48.60 (34.58)	
		8800m	12:53.90 (35.35)	8800m	12:23.19 (34.59)	
		9200m	13:29.04 (35.14)	9200m	12:58.15 (34.96)	
		9600m	14:04.22 (35.18)	9600m	13:33.15 (35.00)	
		10000m	14:39.42 (35.20)	10000m	14:08.56 (35.41)	

Open wedstrijd lange afstanden

IJsbahn Twente - Enschede

22 maart 2026

		Naam		Cat		PR		Tijd	Info
24	gl	24	Twan Kuipers		HN1		14:34.07	14:28.92	PR
	bl	38	Kurt van de Nes		H55		14:58.83	15:17.12	
		Twan Kuipers			Kurt van de Nes				
		400m	37.51	(37.51)	400m	41.22	(41.22)		
		800m	1:11.52	(34.01)	800m	1:16.86	(35.64)		
		1200m	1:45.76	(34.24)	1200m	1:52.88	(36.02)		
		1600m	2:19.75	(33.99)	1600m	2:29.09	(36.21)		
		2000m	2:53.68	(33.93)	2000m	3:05.31	(36.22)		
		2400m	3:27.69	(34.01)	2400m	3:41.23	(35.92)		
		2800m	4:01.91	(34.22)	2800m	4:17.62	(36.39)		
		3200m	4:36.35	(34.44)	3200m	4:54.06	(36.44)		
		3600m	5:10.61	(34.26)	3600m	5:30.65	(36.59)		
		4000m	5:44.95	(34.34)	4000m	6:07.34	(36.69)		
		4400m	6:19.59	(34.64)	4400m	6:43.45	(36.11)		
		4800m	6:54.51	(34.92)	4800m	7:19.80	(36.35)		
		5200m	7:29.60	(35.09)	5200m	7:56.04	(36.24)		
		5600m	8:04.56	(34.96)	5600m	8:32.58	(36.54)		
		6000m	8:39.14	(34.58)	6000m	9:09.41	(36.83)		
		6400m	9:13.90	(34.76)	6400m	9:46.38	(36.97)		
		6800m	9:48.83	(34.93)	6800m	10:23.17	(36.79)		
		7200m	10:23.46	(34.63)	7200m	10:59.62	(36.45)		
		7600m	10:58.13	(34.67)	7600m	11:36.37	(36.75)		
		8000m	11:32.63	(34.50)	8000m	12:13.22	(36.85)		
		8400m	12:07.76	(35.13)	8400m	12:50.19	(36.97)		
		8800m	12:43.23	(35.47)	8800m	13:26.96	(36.77)		
		9200m	13:18.49	(35.26)	9200m	14:03.75	(36.79)		
		9600m	13:53.70	(35.21)	9600m	14:40.48	(36.73)		
		10000m	14:28.92	(35.22)	10000m	15:17.12	(36.64)		

T08 - Niet wisselen / Verkeerd wisselen (te vroege/te late wissel) (254.5)