

1. Uitslag Dames jun B - 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	66 Amy van der Meer	DB1	5	O	43.47		
2	67 Leila Meijer	DB1	4	I	44.03		
3	112 Quinty van Wijnbergen	DB1	5	I	44.21		
4	55 Evelieke Kool	DB2	2	I	44.35		
5	12 Anouk Beursgens	DB2	4	O	44.87		
6	99 Tessa Veltman	DB1	2	O	44.92		
7	123 Inger van Dok	DB2	1	O	46.72		
	129 Heleen Compier	DB2	3	I		DQ	
	83 Eva Schipper	DB1	3	O		DQ	
	124 Quinty van Klink	DB2	1	I		DNS	

1. Rituitslag Dames jun B - 500 meter

		Naam	Cat	PR	Tijd	Info		
1	wt	124 Quinty van Klink	DB2	46.89		DNS		
	rd	123 Inger van Dok	DB2	46.04		46.72		
<table border="0"> <tr> <td style="border-bottom: 1px solid black;">Quinty van Klink</td> <td style="border-bottom: 1px solid black;">Inger van Dok</td> </tr> </table>			Quinty van Klink	Inger van Dok				
Quinty van Klink	Inger van Dok							
				100m	12.49	(12.49)		
				500m	46.72	(34.23)		

		Naam	Cat	PR	Tijd	Info		
2	wt	55 Evelieke Kool	DB2	44.05		44.35		
	rd	99 Tessa Veltman	DB1	44.00		44.92		
<table border="0"> <tr> <td style="border-bottom: 1px solid black;">Evelieke Kool</td> <td style="border-bottom: 1px solid black;">Tessa Veltman</td> </tr> </table>			Evelieke Kool	Tessa Veltman				
Evelieke Kool	Tessa Veltman							
				100m	12.16	(12.16)		
				500m	44.35	(32.19)		
				100m	12.04	(12.04)		
				500m	44.92	(32.88)		

		Naam	Cat	PR	Tijd	Info		
3	wt	129 Heleen Compier	DB2	44.82		DQ		
	rd	83 Eva Schipper	DB1	43.70		DQ		
<table border="0"> <tr> <td style="border-bottom: 1px solid black;">Heleen Compier</td> <td style="border-bottom: 1px solid black;">Eva Schipper</td> </tr> </table>			Heleen Compier	Eva Schipper				
Heleen Compier	Eva Schipper							
				100m	12.67	(12.67)		
				500m	46.72	(34.05)		
				100m	12.12	(12.12)		
				500m	45.14	(33.02)		

		Naam	Cat	PR	Tijd	Info		
4	wt	67 Leila Meijer	DB1	42.85		44.03		
	rd	12 Anouk Beursgens	DB2	43.17		44.87		
<table border="0"> <tr> <td style="border-bottom: 1px solid black;">Leila Meijer</td> <td style="border-bottom: 1px solid black;">Anouk Beursgens</td> </tr> </table>			Leila Meijer	Anouk Beursgens				
Leila Meijer	Anouk Beursgens							
				100m	12.22	(12.22)		
				500m	44.03	(31.81)		
				100m	12.07	(12.07)		
				500m	44.87	(32.80)		

		Naam	Cat	PR	Tijd	Info		
5	wt	112 Quinty van Wijnbergen	DB1	43.11		44.21		
	rd	66 Amy van der Meer	DB1	42.20		43.47		
<table border="0"> <tr> <td style="border-bottom: 1px solid black;">Quinty van Wijnbergen</td> <td style="border-bottom: 1px solid black;">Amy van der Meer</td> </tr> </table>			Quinty van Wijnbergen	Amy van der Meer				
Quinty van Wijnbergen	Amy van der Meer							
				100m	12.08	(12.08)		
				500m	44.21	(32.13)		
				100m	11.86	(11.86)		
				500m	43.47	(31.61)		

2. Uitslag Heren jun B - 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	114 Max Wokke	HB2	11	I	40.09		
2	110 Hugo van der Wel	HB2	12	I	40.19		
3	91 Daan Theunissen	HB2	9	I	40.69		
4	15 Stephan Clazing	HB1	11	O	40.81		
5	64 Niels Loos	HB2	10	I	41.12		
6	108 Thijs Wagenaar	HB2	9	O	41.41		
7	62 Tom van Lint	HB2	10	O	41.72		
8	127 Zeno de Ponti	HB1	7	I	43.03		
9	121 Marco Schot	HB1	8	I	43.34		
10	126 Jens Pronk	HB2	7	O	45.44	PR	
11	125 Lars Vernet	HB1	8	O	45.90		
12	128 Florian Reimus	HB2	6	I	46.91		
	107 Thom de Vries	HB2	12	O	DNS		

2. Rituitslag Heren jun B - 500 meter

		Naam		Cat		PR	Tijd	Info
6	wt	128	Florian Reimus		HB2	46.74	46.91	
	rd							
		Florian Reimus						
		100m	12.63	(12.63)		m		
		500m	46.91	(34.28)				

		Naam		Cat		PR	Tijd	Info
7	wt	127	Zeno de Ponti		HB1	41.29	43.03	
	rd	126	Jens Pronk		HB2	45.50	45.44	PR
		Zeno de Ponti						
		100m	12.04	(12.04)		100m	12.72	(12.72)
		500m	43.03	(30.99)		500m	45.44	(32.72)
		Jens Pronk						
		100m	12.72	(12.72)		100m	12.72	(12.72)
		500m	45.44	(32.72)		500m	45.44	(32.72)

		Naam		Cat		PR	Tijd	Info
8	wt	121	Marco Schot		HB1	41.24	43.34	
	rd	125	Lars Vernet		HB1	45.16	45.90	
		Marco Schot						
		100m	11.49	(11.49)		100m	12.32	(12.32)
		500m	43.34	(31.85)		500m	45.90	(33.58)
		Lars Vernet						
		100m	12.32	(12.32)		100m	12.32	(12.32)
		500m	45.90	(33.58)		500m	45.90	(33.58)

		Naam		Cat		PR	Tijd	Info
9	wt	91	Daan Theunissen		HB2	40.30	40.69	
	rd	108	Thijs Wagenaar		HB2	40.49	41.41	
		Daan Theunissen						
		100m	11.31	(11.31)		100m	11.43	(11.43)
		500m	40.69	(29.38)		500m	41.41	(29.98)
		Thijs Wagenaar						
		100m	11.43	(11.43)		100m	11.43	(11.43)
		500m	41.41	(29.98)		500m	41.41	(29.98)

		Naam		Cat		PR	Tijd	Info
10	wt	64	Niels Loos		HB2	40.38	41.12	
	rd	62	Tom van Lint		HB2	40.30	41.72	
		Niels Loos						
		100m	11.14	(11.14)		100m	11.37	(11.37)
		500m	41.12	(29.98)		500m	41.72	(30.35)
		Tom van Lint						
		100m	11.37	(11.37)		100m	11.37	(11.37)
		500m	41.72	(30.35)		500m	41.72	(30.35)

		Naam	Cat	PR	Tijd	Info
11	wt	114 Max Wokke	HB2	39.17	40.09	
	rd	15 Stephan Clazing	HB1	39.18	40.81	
		Max Wokke				Stephan Clazing
		100m 10.98 (10.98)		100m 11.04 (11.04)		
		500m 40.09 (29.11)		500m 40.81 (29.77)		

		Naam	Cat	PR	Tijd	Info
12	wt	110 Hugo van der Wel	HB2	39.33	40.19	
	rd	107 Thom de Vries	HB2	39.05	DNS	
		Hugo van der Wel				Thom de Vries
		100m 11.02 (11.02)				
		500m 40.19 (29.17)				

3. Uitslag Dames jun A - 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	17 Lynn Dekker	DA2	13	I	43.02		
2	73 Emmy Pordon	DA2	13	O	46.50		
3	35 Maartje Heine	DA2	14	I	47.63		
4	38 Megan Hoogland	DA1	14	O	48.27		

3. Rituitslag Dames jun A - 500 meter

		Naam		Cat		PR		Tijd	Info
13	wt	17	Lynn Dekker		DA2		41.95	43.02	
	rd	73	Emmy Pordon		DA2		44.56	46.50	
		Lynn Dekker				Emmy Pordon			
		100m	12.02	(12.02)		100m	12.48	(12.48)	
		500m	43.02	(31.00)		500m	46.50	(34.02)	

		Naam		Cat		PR		Tijd	Info
14	wt	35	Maartje Heine		DA2		46.71	47.63	
	rd	38	Megan Hoogland		DA1		46.23	48.27	
		Maartje Heine				Megan Hoogland			
		100m	13.01	(13.01)		100m	12.79	(12.79)	
		500m	47.63	(34.62)		500m	48.27	(35.48)	

4. Uitslag Heren jun A - 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	102 Thijs Vermaak	HA2	20	O	38.52		
2	57 Levy Kramer	HA2	19	O	40.67		
3	11 Daan de Best	HA2	19	I	41.09		
4	97 Bart Valentijn	HA2	20	I	41.15		
5	60 Bart Lauwers	HA1	17	I	41.59		
6	115 Casper van der Woude	HA1	17	O	41.61		
7	77 Jelle van Rijn	HA1	18	O	41.81		
8	58 Sam Kramer	HA2	18	I	42.33		
9	85 Stefan Schot	HA1	15	I	42.62		
10	120 Jelle Bervoets	HA1	16	I	42.77		
11	27 Jochem Giesbers	HA1	16	O	43.42		
12	118 Stan Zirkzee	HA2	15	O	44.33		

4. Rituitslag Heren jun A - 500 meter

		Naam		Cat		PR	Tijd	Info
15	wt	85	Stefan Schot		HA1	41.36	42.62	
	rd	118	Stan Zirkzee		HA2	42.22	44.33	
		Stefan Schot			Stan Zirkzee			
		100m	11.61	(11.61)	100m	11.87	(11.87)	
		500m	42.62	(31.01)	500m	44.33	(32.46)	

		Naam		Cat		PR	Tijd	Info
16	wt	120	Jelle Bervoets		HA1	42.29	42.77	
	rd	27	Jochem Giesbers		HA1	41.21	43.42	
		Jelle Bervoets			Jochem Giesbers			
		100m	11.84	(11.84)	100m	11.54	(11.54)	
		500m	42.77	(30.93)	500m	43.42	(31.88)	

		Naam		Cat		PR	Tijd	Info
17	wt	60	Bart Lauwers		HA1	40.23	41.59	
	rd	115	Casper van der Woude		HA1	40.62	41.61	
		Bart Lauwers			Casper van der Woude			
		100m	11.11	(11.11)	100m	11.43	(11.43)	
		500m	41.59	(30.48)	500m	41.61	(30.18)	

		Naam		Cat		PR	Tijd	Info
18	wt	58	Sam Kramer		HA2	40.14	42.33	
	rd	77	Jelle van Rijn		HA1	40.16	41.81	
		Sam Kramer			Jelle van Rijn			
		100m	11.54	(11.54)	100m	11.39	(11.39)	
		500m	42.33	(30.79)	500m	41.81	(30.42)	

		Naam		Cat		PR	Tijd	Info
19	wt	11	Daan de Best		HA2	40.10	41.09	
	rd	57	Levy Kramer		HA2	39.05	40.67	
		Daan de Best			Levy Kramer			
		100m	11.18	(11.18)	100m	11.29	(11.29)	
		500m	41.09	(29.91)	500m	40.67	(29.38)	

		Naam			Cat	PR	Tijd	Info
20	wt	97	Bart Valentijn		HA2	40.09	41.15	
	rd	102	Thijs Vermaak		HA2	38.06	38.52	
		Bart Valentijn			Thijs Vermaak			
		100m	11.12	(11.12)	100m	10.58	(10.58)	
		500m	41.15	(30.03)	500m	38.52	(27.94)	

5. Uitslag Dames jun B - 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	66 Amy van der Meer	DB1	25	I	2:14.68		
2	67 Leila Meijer	DB1	26	I	2:16.28		
3	55 Evelieke Kool	DB2	25	O	2:18.66		
4	12 Anouk Beursgens	DB2	26	O	2:18.78		
5	112 Quinty van Wijnbergen	DB1	24	O	2:19.14		
6	99 Tessa Veltman	DB1	24	I	2:19.62		
7	83 Eva Schipper	DB1	23	I	2:20.40		
8	129 Heleen Compier	DB2	21	I	2:22.27		
9	123 Inger van Dok	DB2	23	O	2:22.48		
10	124 Quinty van Klink	DB2	21	O	2:33.73		

5. Rituitslag Dames jun B - 1500 meter

		Naam		Cat		PR	Tijd	Info
21	wt	129	Heleen Compier		DB2	2:15.82	2:22.27	
	rd	124	Quinty van Klink		DB2	2:22.52	2:33.73	
			Heleen Compier				Quinty van Klink	
			300m	30.14	(30.14)	300m	31.78	(31.78)
			700m	1:05.00	(34.86)	700m	1:10.71	(38.93)
			1100m	1:42.76	(37.76)	1100m	1:51.66	(40.95)
			1500m	2:22.27	(39.51)	1500m	2:33.73	(42.07)

		Naam		Cat		PR	Tijd	Info
22	gl							
	bl							
			m				m	

		Naam		Cat		PR	Tijd	Info
23	wt	83	Eva Schipper		DB1	2:15.99	2:20.40	
	rd	123	Inger van Dok		DB2	2:17.07	2:22.48	
			Eva Schipper				Inger van Dok	
			300m	29.30	(29.30)	300m	30.33	(30.33)
			700m	1:04.69	(35.39)	700m	1:06.07	(35.74)
			1100m	1:42.43	(37.74)	1100m	1:44.14	(38.07)
			1500m	2:20.40	(37.97)	1500m	2:22.48	(38.34)

		Naam		Cat		PR	Tijd	Info
24	gl	99	Tessa Veltman		DB1	2:15.54	2:19.62	
	bl	112	Quinty van Wijnbergen		DB1	2:14.71	2:19.14	
			Tessa Veltman				Quinty van Wijnbergen	
			300m	29.00	(29.00)	300m	28.78	(28.78)
			700m	1:03.47	(34.47)	700m	1:03.62	(34.84)
			1100m	1:40.70	(37.23)	1100m	1:40.37	(36.75)
			1500m	2:19.62	(38.92)	1500m	2:19.14	(38.77)

		Naam		Cat		PR	Tijd	Info
25	wt	66	Amy van der Meer		DB1		2:10.84	2:14.68
	rd	55	Evelieke Kool		DB2		2:15.14	2:18.66

Amy van der Meer

300m	28.56	(28.56)
700m	1:02.10	(33.54)
1100m	1:37.55	(35.45)
1500m	2:14.68	(37.13)

Evelieke Kool

300m	29.77	(29.77)
700m	1:05.06	(35.29)
1100m	1:41.44	(36.38)
1500m	2:18.66	(37.22)

		Naam		Cat		PR	Tijd	Info
26	gl	67	Leila Meijer		DB1		2:08.84	2:16.28
	bl	12	Anouk Beursgens		DB2		2:14.63	2:18.78

Leila Meijer

300m	29.39	(29.39)
700m	1:03.96	(34.57)
1100m	1:39.59	(35.63)
1500m	2:16.28	(36.69)

Anouk Beursgens

300m	29.71	(29.71)
700m	1:04.80	(35.09)
1100m	1:41.41	(36.61)
1500m	2:18.78	(37.37)

6. Uitslag Heren jun B - 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	110 Hugo van der Wel	HB2	34	I	2:02.13		
2	91 Daan Theunissen	HB2	33	I	2:04.81		
3	114 Max Wokke	HB2	31	I	2:05.13		
4	15 Stephan Clazing	HB1	34	O	2:07.41		
5	108 Thijs Wagenaar	HB2	32	I	2:07.71		
6	64 Niels Loos	HB2	29	O	2:08.48		
7	62 Tom van Lint	HB2	31	O	2:10.19		
8	126 Jens Pronk	HB2	30	O	2:11.09	PR	
9	121 Marco Schot	HB1	30	I	2:15.18		
10	125 Lars Vernet	HB1	29	I	2:17.76		
11	128 Florian Reimus	HB2	27	I	2:24.10		
	127 Zeno de Ponti	HB1	32	O	DNS		
	107 Thom de Vries	HB2	33	O	DNS		

6. Rituitslag Heren jun B - 1500 meter

		Naam	Cat	PR	Tijd	Info																																																																																																																																					
27	wt rd	128 Florian Reimus	HB2	2:23.71	2:24.10																																																																																																																																						
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		Naam	Cat	PR	Tijd	Info
31	wt	114 Max Wokke	HB2	2:01.93	2:05.13	
	rd	62 Tom van Lint	HB2	2:01.74	2:10.19	
		Max Wokke				Tom van Lint
		300m 26.40 (26.40)				300m 27.25 (27.25)
		700m 57.55 (31.15)				700m 59.10 (31.85)
		1100m 1:30.63 (33.08)				1100m 1:33.36 (34.26)
		1500m 2:05.13 (34.50)				1500m 2:10.19 (36.83)
		Naam	Cat	PR	Tijd	Info
32	gl	108 Thijs Wagenaar	HB2	2:02.54	2:07.71	
	bl	127 Zeno de Ponti	HB1	2:02.65	DNS	
		Thijs Wagenaar				Zeno de Ponti
		300m 27.28 (27.28)				
		700m 58.12 (30.84)				
		1100m 1:31.50 (33.38)				
		1500m 2:07.71 (36.21)				
		Naam	Cat	PR	Tijd	Info
33	wt	91 Daan Theunissen	HB2	2:01.44	2:04.81	
	rd	107 Thom de Vries	HB2	1:58.13	DNS	
		Daan Theunissen				Thom de Vries
		300m 26.82 (26.82)				
		700m 58.18 (31.36)				
		1100m 1:31.01 (32.83)				
		1500m 2:04.81 (33.80)				
		Naam	Cat	PR	Tijd	Info
34	gl	110 Hugo van der Wel	HB2	1:55.49	2:02.13	
	bl	15 Stephan Clazing	HB1	2:00.55	2:07.41	
		Hugo van der Wel				Stephan Clazing
		300m 26.33 (26.33)				300m 26.43 (26.43)
		700m 56.72 (30.39)				700m 57.97 (31.54)
		1100m 1:28.60 (31.88)				1100m 1:31.93 (33.96)
		1500m 2:02.13 (33.53)				1500m 2:07.41 (35.48)

7. Uitslag Dames jun A - 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	17 Lynn Dekker	DA2	36	I	2:13.77		
2	73 Emmy Pordon	DA2	35	I	2:24.77		
3	35 Maartje Heine	DA2	36	O	2:27.02		
4	38 Megan Hoogland	DA1	35	O	2:32.96		

7. Rituitslag Dames jun A - 1500 meter

		Naam	Cat	PR	Tijd	Info
35	wt	73 Emmy Pordon	DA2	2:16.66	2:24.77	
	rd	38 Megan Hoogland	DA1	2:23.69	2:32.96	
Emmy Pordon			Megan Hoogland			
		300m	29.60 (29.60)	300m	32.05 (32.05)	
		700m	1:04.68 (35.08)	700m	1:10.72 (38.67)	
		1100m	1:43.39 (38.71)	1100m	1:52.00 (41.28)	
		1500m	2:24.77 (41.38)	1500m	2:32.96 (40.96)	

		Naam	Cat	PR	Tijd	Info
36	gl	17 Lynn Dekker	DA2	2:06.46	2:13.77	
	bl	35 Maartje Heine	DA2	2:25.55	2:27.02	
Lynn Dekker			Maartje Heine			
		300m	28.55 (28.55)	300m	31.02 (31.02)	
		700m	1:01.55 (33.00)	700m	1:07.79 (36.77)	
		1100m	1:37.07 (35.52)	1100m	1:46.69 (38.90)	
		1500m	2:13.77 (36.70)	1500m	2:27.02 (40.33)	

8. Uitslag Heren jun A - 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	102 Thijs Vermaak	HA2	41	I	2:00.08		
2	97 Bart Valentijn	HA2	39	O	2:04.54		
3	57 Levy Kramer	HA2	42	O	2:04.93		
4	115 Casper van der Woude	HA1	39	I	2:05.05		
5	11 Daan de Best	HA2	41	O	2:06.22		
6	58 Sam Kramer	HA2	42	I	2:07.38		
7	120 Jelle Bervoets	HA1	37	O	2:08.84		
8	77 Jelle van Rijn	HA1	40	I	2:09.03		
9	85 Stefan Schot	HA1	37	I	2:09.49		
10	60 Bart Lauwers	HA1	40	O	2:10.67		
11	118 Stan Zirkzee	HA2	38	O	2:12.90		
12	27 Jochem Giesbers	HA1	38	I	2:13.52		

8. Rituitslag Heren jun A - 1500 meter

		Naam	Cat	PR	Tijd	Info
37	wt	85 Stefan Schot	HA1	2:03.55	2:09.49	
	rd	120 Jelle Bervoets	HA1	2:07.22	2:08.84	

Stefan Schot

300m	27.95	(27.95)
700m	1:00.79	(32.84)
1100m	1:34.72	(33.93)
1500m	2:09.49	(34.77)

Jelle Bervoets

300m	28.22	(28.22)
700m	1:00.42	(32.20)
1100m	1:34.22	(33.80)
1500m	2:08.84	(34.62)

		Naam	Cat	PR	Tijd	Info
38	gl	27 Jochem Giesbers	HA1	2:08.01	2:13.52	
	bl	118 Stan Zirkzee	HA2	2:07.53	2:12.90	

Jochem Giesbers

300m	28.05	(28.05)
700m	1:01.36	(33.31)
1100m	1:36.54	(35.18)
1500m	2:13.52	(36.98)

Stan Zirkzee

300m	28.59	(28.59)
700m	1:02.07	(33.48)
1100m	1:36.69	(34.62)
1500m	2:12.90	(36.21)

		Naam	Cat	PR	Tijd	Info
39	wt	115 Casper van der Woude	HA1	2:01.86	2:05.05	
	rd	97 Bart Valentijn	HA2	2:01.33	2:04.54	

Casper van der Woude

300m	27.89	(27.89)
700m	59.11	(31.22)
1100m	1:31.59	(32.48)
1500m	2:05.05	(33.46)

Bart Valentijn

300m	27.08	(27.08)
700m	58.55	(31.47)
1100m	1:31.09	(32.54)
1500m	2:04.54	(33.45)

		Naam	Cat	PR	Tijd	Info
40	gl	77 Jelle van Rijn	HA1	2:03.49	2:09.03	
	bl	60 Bart Lauwers	HA1	2:02.30	2:10.67	

Jelle van Rijn

300m	27.71	(27.71)
700m	1:00.79	(33.08)
1100m	1:34.64	(33.85)
1500m	2:09.03	(34.39)

Bart Lauwers

300m	27.29	(27.29)
700m	1:00.42	(33.13)
1100m	1:34.95	(34.53)
1500m	2:10.67	(35.72)

		Naam			Cat	PR	Tijd	Info
41	wt	102	Thijs Vermaak		HA2	1:57.69	2:00.08	
	rd	11	Daan de Best		HA2	2:00.70	2:06.22	
		Thijs Vermaak			Daan de Best			
		300m	26.12	(26.12)	300m	26.95	(26.95)	
		700m	55.68	(29.56)	700m	58.41	(31.46)	
		1100m	1:26.67	(30.99)	1100m	1:31.06	(32.65)	
		1500m	2:00.08	(33.41)	1500m	2:06.22	(35.16)	
		Naam			Cat	PR	Tijd	Info
42	gl	58	Sam Kramer		HA2	1:59.90	2:07.38	
	bl	57	Levy Kramer		HA2	2:00.04	2:04.93	
		Sam Kramer			Levy Kramer			
		300m	27.76	(27.76)	300m	27.08	(27.08)	
		700m	59.39	(31.63)	700m	58.49	(31.41)	
		1100m	1:32.98	(33.59)	1100m	1:30.89	(32.40)	
		1500m	2:07.38	(34.40)	1500m	2:04.93	(34.04)	

9. Uitslag Dames jun B - 3.000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	66 Amy van der Meer	DB1	6	I	4:43.19		
2	67 Leila Meijer	DB1	6	O	4:45.23	PR	
3	55 Evelieke Kool	DB2	5	I	4:45.54		
4	12 Anouk Beursgens	DB2	4	I	4:46.40	PR	
5	83 Eva Schipper	DB1	3	O	4:47.44	PR	
6	112 Quinty van Wijnbergen	DB1	5	O	4:51.67	PR	
7	123 Inger van Dok	DB2	3	I	4:52.53		
8	99 Tessa Veltman	DB1	4	O	4:52.68		
9	129 Heleen Compier	DB2	1	I	4:55.66		
10	124 Quinty van Klink	DB2	1	O	5:02.34	PR	

9. Rituitslag Dames jun B - 3.000 meter

		Naam	Cat	PR	Tijd	Info
1	wt	129 Heleen Compier	DB2	4:46.76	4:55.66	
	rd	124 Quinty van Klink	DB2	5:03.57	5:02.34	PR
		Heleen Compier		Quinty van Klink		
		200m	22.68 (22.68)	200m	23.07 (23.07)	
		600m	58.65 (35.97)	600m	1:01.10 (38.03)	
		1000m	1:36.38 (37.73)	1000m	1:40.41 (39.31)	
		1400m	2:15.35 (38.97)	1400m	2:20.35 (39.94)	
		1800m	2:54.49 (39.14)	1800m	3:00.54 (40.19)	
		2200m	3:34.37 (39.88)	2200m	3:41.07 (40.53)	
		2600m	4:15.02 (40.65)	2600m	4:21.86 (40.79)	
		3000m	4:55.66 (40.64)	3000m	5:02.34 (40.48)	

		Naam	Cat	PR	Tijd	Info
2	gl					
	bl					
		m				
		m				

		Naam	Cat	PR	Tijd	Info
3	wt	123 Inger van Dok	DB2	4:45.29	4:52.53	
	rd	83 Eva Schipper	DB1	4:47.81	4:47.44	PR
		Inger van Dok		Eva Schipper		
		200m	22.01 (22.01)	200m	21.16 (21.16)	
		600m	57.94 (35.93)	600m	54.81 (33.65)	
		1000m	1:35.85 (37.91)	1000m	1:31.25 (36.44)	
		1400m	2:14.30 (38.45)	1400m	2:09.86 (38.61)	
		1800m	2:53.27 (38.97)	1800m	2:48.92 (39.06)	
		2200m	3:32.85 (39.58)	2200m	3:28.39 (39.47)	
		2600m	4:12.85 (40.00)	2600m	4:08.11 (39.72)	
		3000m	4:52.53 (39.68)	3000m	4:47.44 (39.33)	

		Naam			Cat	PR	Tijd	Info
4	gl	12	Anouk Beursgens		DB2	4:49.86	4:46.40	PR
	bl	99	Tessa Veltman		DB1	4:46.98	4:52.68	
		Anouk Beursgens			Tessa Veltman			
		200m	22.01	(22.01)	200m	22.41	(22.41)	
		600m	57.46	(35.45)	600m	58.19	(35.78)	
		1000m	1:34.03	(36.57)	1000m	1:35.43	(37.24)	
		1400m	2:11.42	(37.39)	1400m	2:14.05	(38.62)	
		1800m	2:49.54	(38.12)	1800m	2:53.31	(39.26)	
		2200m	3:28.36	(38.82)	2200m	3:33.22	(39.91)	
		2600m	4:07.37	(39.01)	2600m	4:13.07	(39.85)	
		3000m	4:46.40	(39.03)	3000m	4:52.68	(39.61)	

		Naam			Cat	PR	Tijd	Info
5	wt	55	Evelieke Kool		DB2	4:40.50	4:45.54	
	rd	112	Quinty van Wijnbergen		DB1	4:57.73	4:51.67	PR
		Evelieke Kool			Quinty van Wijnbergen			
		200m	21.82	(21.82)	200m	21.57	(21.57)	
		600m	57.27	(35.45)	600m	56.25	(34.68)	
		1000m	1:33.63	(36.36)	1000m	1:32.93	(36.68)	
		1400m	2:10.74	(37.11)	1400m	2:10.96	(38.03)	
		1800m	2:48.48	(37.74)	1800m	2:50.07	(39.11)	
		2200m	3:26.95	(38.47)	2200m	3:30.26	(40.19)	
		2600m	4:06.14	(39.19)	2600m	4:11.03	(40.77)	
		3000m	4:45.54	(39.40)	3000m	4:51.67	(40.64)	

		Naam	Cat	PR	Tijd	Info
6	gl	66 Amy van der Meer	DB1	4:40.25	4:43.19	
	bl	67 Leila Meijer	DB1	4:45.96	4:45.23	PR

Amy van der Meer

200m	21.68	(21.68)
600m	56.47	(34.79)
1000m	1:32.72	(36.25)
1400m	2:09.70	(36.98)
1800m	2:47.68	(37.98)
2200m	3:26.19	(38.51)
2600m	4:05.00	(38.81)
3000m	4:43.19	(38.19)

Leila Meijer

200m	22.63	(22.63)
600m	58.33	(35.70)
1000m	1:34.64	(36.31)
1400m	2:12.17	(37.53)
1800m	2:49.70	(37.53)
2200m	3:27.59	(37.89)
2600m	4:06.49	(38.90)
3000m	4:45.23	(38.74)

10. Uitslag Heren jun B - 3.000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	110 Hugo van der Wel	HB2	12	I	4:13.02		
2	91 Daan Theunissen	HB2	11	I	4:18.11	PR	
3	114 Max Wokke	HB2	12	O	4:21.13		
4	64 Niels Loos	HB2	10	I	4:24.02		
5	127 Zeno de Ponti	HB1	7	I	4:24.35		
6	126 Jens Pronk	HB2	9	O	4:25.26		
7	15 Stephan Clazing	HB1	11	O	4:25.68	PR	
8	108 Thijs Wagenaar	HB2	10	O	4:29.99		
9	121 Marco Schot	HB1	9	I	4:39.81		
10	128 Florian Reimus	HB2	8	O	4:43.44	PR	
11	125 Lars Vernet	HB1	8	I	4:43.78		
	107 Thom de Vries	HB2	7	O	DNS		

10. Rituitslag Heren jun B - 3.000 meter

		Naam	Cat	PR	Tijd Info
7	wt	127 Zeno de Ponti	HB1	4:18.58	4:24.35
	rd	107 Thom de Vries	HB2	4:10.75	DNS

Zeno de Ponti

200m	20.70	(20.70)
600m	52.87	(32.17)
1000m	1:26.53	(33.66)
1400m	2:00.93	(34.40)
1800m	2:35.35	(34.42)
2200m	3:10.78	(35.43)
2600m	3:47.51	(36.73)
3000m	4:24.35	(36.84)

Thom de Vries

		Naam	Cat	PR	Tijd Info
8	gl	125 Lars Vernet	HB1	4:38.60	4:43.78
	bl	128 Florian Reimus	HB2	5:02.57	4:43.44 PR

Lars Vernet

200m	22.65	(22.65)
600m	58.71	(36.06)
1000m	1:35.45	(36.74)
1400m	2:12.72	(37.27)
1800m	2:49.67	(36.95)
2200m	3:27.24	(37.57)
2600m	4:05.53	(38.29)
3000m	4:43.78	(38.25)

Florian Reimus

200m	22.82	(22.82)
600m	59.64	(36.82)
1000m	1:36.99	(37.35)
1400m	2:14.18	(37.19)
1800m	2:51.03	(36.85)
2200m	3:28.32	(37.29)
2600m	4:06.25	(37.93)
3000m	4:43.44	(37.19)

		Naam			Cat	PR	Tijd	Info
9	wt	121	Marco Schot		HB1	4:34.82	4:39.81	
	rd	126	Jens Pronk		HB2	4:24.15	4:25.26	
		Marco Schot			Jens Pronk			
		200m	22.16	(22.16)	200m	22.18	(22.18)	
		600m	57.81	(35.65)	600m	55.63	(33.45)	
		1000m	1:33.25	(35.44)	1000m	1:29.59	(33.96)	
		1400m	2:08.89	(35.64)	1400m	2:04.18	(34.59)	
		1800m	2:44.95	(36.06)	1800m	2:38.74	(34.56)	
		2200m	3:21.97	(37.02)	2200m	3:13.86	(35.12)	
		2600m	4:00.11	(38.14)	2600m	3:49.35	(35.49)	
		3000m	4:39.81	(39.70)	3000m	4:25.26	(35.91)	

		Naam			Cat	PR	Tijd	Info
10	gl	64	Niels Loos		HB2	4:20.64	4:24.02	
	bl	108	Thijs Wagenaar		HB2	4:22.48	4:29.99	
		Niels Loos			Thijs Wagenaar			
		200m	20.36	(20.36)	200m	20.43	(20.43)	
		600m	53.08	(32.72)	600m	52.98	(32.55)	
		1000m	1:26.48	(33.40)	1000m	1:26.25	(33.27)	
		1400m	2:01.10	(34.62)	1400m	2:00.69	(34.44)	
		1800m	2:35.95	(34.85)	1800m	2:36.31	(35.62)	
		2200m	3:11.33	(35.38)	2200m	3:13.20	(36.89)	
		2600m	3:47.34	(36.01)	2600m	3:51.05	(37.85)	
		3000m	4:24.02	(36.68)	3000m	4:29.99	(38.94)	

		Naam			Cat	PR	Tijd	Info
11	wt	91	Daan Theunissen		HB2	4:23.86	4:18.11	PR
	rd	15	Stephan Clazing		HB1	4:26.15	4:25.68	PR
		Daan Theunissen			Stephan Clazing			
		200m	19.92	(19.92)	200m	20.79	(20.79)	
		600m	52.33	(32.41)	600m	53.90	(33.11)	
		1000m	1:25.48	(33.15)	1000m	1:27.15	(33.25)	
		1400m	1:59.57	(34.09)	1400m	2:00.72	(33.57)	
		1800m	2:33.71	(34.14)	1800m	2:35.35	(34.63)	
		2200m	3:08.18	(34.47)	2200m	3:10.94	(35.59)	
		2600m	3:43.09	(34.91)	2600m	3:47.93	(36.99)	
		3000m	4:18.11	(35.02)	3000m	4:25.68	(37.75)	

		Naam			Cat	PR	Tijd	Info
12	gl	110	Hugo van der Wel		HB2	4:10.31	4:13.02	
	bl	114	Max Wokke		HB2	4:19.87	4:21.13	
		Hugo van der Wel			Max Wokke			
		200m	19.86	(19.86)	200m	19.92	(19.92)	
		600m	52.24	(32.38)	600m	52.88	(32.96)	
		1000m	1:25.83	(33.59)	1000m	1:26.81	(33.93)	
		1400m	1:58.72	(32.89)	1400m	2:01.24	(34.43)	
		1800m	2:31.56	(32.84)	1800m	2:35.75	(34.51)	
		2200m	3:04.61	(33.05)	2200m	3:10.69	(34.94)	
		2600m	3:38.49	(33.88)	2600m	3:45.99	(35.30)	
		3000m	4:13.02	(34.53)	3000m	4:21.13	(35.14)	

11. Uitslag Dames jun A - 3.000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	17 Lynn Dekker	DA2	14	I	4:36.85		
2	35 Maartje Heine	DA2	13	I	5:04.38	PR	
3	73 Emmy Pordon	DA2	14	O	5:05.88		
4	38 Megan Hoogland	DA1	13	O	5:08.37	PR	

11. Rituitslag Dames jun A - 3.000 meter

		Naam	Cat	PR	Tijd	Info
13	wt	35 Maartje Heine	DA2	5:15.96	5:04.38	PR
	rd	38 Megan Hoogland	DA1	5:29.72	5:08.37	PR

Maartje Heine

200m	23.12	(23.12)
600m	1:00.93	(37.81)
1000m	1:40.92	(39.99)
1400m	2:21.95	(41.03)
1800m	3:02.58	(40.63)
2200m	3:43.96	(41.38)
2600m	4:24.28	(40.32)
3000m	5:04.38	(40.10)

Megan Hoogland

200m	23.02	(23.02)
600m	1:00.63	(37.61)
1000m	1:39.82	(39.19)
1400m	2:19.88	(40.06)
1800m	3:00.96	(41.08)
2200m	3:43.23	(42.27)
2600m	4:26.24	(43.01)
3000m	5:08.37	(42.13)

		Naam	Cat	PR	Tijd	Info
14	gl	17 Lynn Dekker	DA2	4:28.16	4:36.85	
	bl	73 Emmy Pordon	DA2	4:52.83	5:05.88	

Lynn Dekker

200m	22.06	(22.06)
600m	57.07	(35.01)
1000m	1:32.55	(35.48)
1400m	2:08.83	(36.28)
1800m	2:45.69	(36.86)
2200m	3:22.10	(36.41)
2600m	3:59.15	(37.05)
3000m	4:36.85	(37.70)

Emmy Pordon

200m	22.75	(22.75)
600m	58.71	(35.96)
1000m	1:36.32	(37.61)
1400m	2:16.23	(39.91)
1800m	2:57.34	(41.11)
2200m	3:39.03	(41.69)
2600m	4:21.52	(42.49)
3000m	5:05.88	(44.36)

12. Uitslag Heren jun A - 3.000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	97 Bart Valentijn	HA2	19	I	4:15.92	PR	
2	102 Thijs Vermaak	HA2	20	I	4:18.49	PR	
3	115 Casper van der Woude	HA1	18	I	4:19.96	PR	
4	57 Levy Kramer	HA2	20	O	4:21.29		
5	85 Stefan Schot	HA1	16	O	4:23.33		
6	77 Jelle van Rijn	HA1	17	I	4:26.89		
7	120 Jelle Bervoets	HA1	16	I	4:27.77	PR	
8	11 Daan de Best	HA2	19	O	4:30.41		
9	118 Stan Zirkzee	HA2	15	O	4:32.14		
10	60 Bart Lauwers	HA1	17	O	4:36.52		
11	27 Jochem Giesbers	HA1	15	I	4:40.44		
	58 Sam Kramer	HA2	18	O	DNS		

12. Rituitslag Heren jun A - 3.000 meter

		Naam			Cat			PR	Tijd	Info
15	wt	27	Jochem Giesbers		HA1			4:39.18	4:40.44	
	rd	118	Stan Zirkzee		HA2			4:23.79	4:32.14	
			Jochem Giesbers			Stan Zirkzee				
			200m	20.70	(20.70)	200m	21.10	(21.10)		
			600m	54.74	(34.04)	600m	54.43	(33.33)		
			1000m	1:31.18	(36.44)	1000m	1:28.39	(33.96)		
			1400m	2:07.68	(36.50)	1400m	2:02.65	(34.26)		
			1800m	2:44.83	(37.15)	1800m	2:37.93	(35.28)		
			2200m	3:23.04	(38.21)	2200m	3:14.96	(37.03)		
			2600m	4:01.78	(38.74)	2600m	3:53.12	(38.16)		
			3000m	4:40.44	(38.66)	3000m	4:32.14	(39.02)		

		Naam			Cat			PR	Tijd	Info
16	gl	120	Jelle Bervoets		HA1			4:34.22	4:27.77	PR
	bl	85	Stefan Schot		HA1			4:21.48	4:23.33	
			Jelle Bervoets			Stefan Schot				
			200m	20.95	(20.95)	200m	20.68	(20.68)		
			600m	54.06	(33.11)	600m	53.25	(32.57)		
			1000m	1:28.24	(34.18)	1000m	1:27.58	(34.33)		
			1400m	2:03.16	(34.92)	1400m	2:01.84	(34.26)		
			1800m	2:38.63	(35.47)	1800m	2:36.51	(34.67)		
			2200m	3:14.43	(35.80)	2200m	3:11.48	(34.97)		
			2600m	3:51.03	(36.60)	2600m	3:47.07	(35.59)		
			3000m	4:27.77	(36.74)	3000m	4:23.33	(36.26)		

		Naam	Cat		PR	Tijd	Info
17	wt	77 Jelle van Rijn	HA1		4:17.91	4:26.89	
	rd	60 Bart Lauwers	HA1		4:28.54	4:36.52	
		Jelle van Rijn			Bart Lauwers		
		200m	20.34	(20.34)	200m	20.53	(20.53)
		600m	53.92	(33.58)	600m	53.06	(32.53)
		1000m	1:27.86	(33.94)	1000m	1:27.14	(34.08)
		1400m	2:02.48	(34.62)	1400m	2:02.27	(35.13)
		1800m	2:37.59	(35.11)	1800m	2:38.61	(36.34)
		2200m	3:13.70	(36.11)	2200m	3:16.23	(37.62)
		2600m	3:50.49	(36.79)	2600m	3:55.49	(39.26)
		3000m	4:26.89	(36.40)	3000m	4:36.52	(41.03)

		Naam	Cat		PR	Tijd	Info
18	gl	115 Casper van der Woude	HA1		4:21.78	4:19.96	PR
	bl	58 Sam Kramer	HA2		4:11.77	DNS	
		Casper van der Woude			Sam Kramer		
		200m	20.29	(20.29)			
		600m	51.94	(31.65)			
		1000m	1:24.93	(32.99)			
		1400m	1:58.80	(33.87)			
		1800m	2:33.43	(34.63)			
		2200m	3:08.73	(35.30)			
		2600m	3:44.40	(35.67)			
		3000m	4:19.96	(35.56)			

		Naam			Cat	PR	Tijd	Info
19	wt	97	Bart Valentijn		HA2	4:17.93	4:15.92	PR
	rd	11	Daan de Best		HA2	4:21.93	4:30.41	
		Bart Valentijn			Daan de Best			
		200m	19.65	(19.65)	200m	19.69	(19.69)	
		600m	51.18	(31.53)	600m	51.42	(31.73)	
		1000m	1:23.29	(32.11)	1000m	1:24.33	(32.91)	
		1400m	1:56.37	(33.08)	1400m	1:58.89	(34.56)	
		1800m	2:30.26	(33.89)	1800m	2:34.74	(35.85)	
		2200m	3:04.66	(34.40)	2200m	3:11.86	(37.12)	
		2600m	3:39.96	(35.30)	2600m	3:50.47	(38.61)	
		3000m	4:15.92	(35.96)	3000m	4:30.41	(39.94)	

		Naam			Cat	PR	Tijd	Info
20	gl	102	Thijs Vermaak		HA2	4:22.31	4:18.49	PR
	bl	57	Levy Kramer		HA2	4:15.87	4:21.29	
		Thijs Vermaak			Levy Kramer			
		200m	20.56	(20.56)	200m	20.87	(20.87)	
		600m	52.29	(31.73)	600m	53.40	(32.53)	
		1000m	1:25.11	(32.82)	1000m	1:26.23	(32.83)	
		1400m	1:58.63	(33.52)	1400m	1:59.65	(33.42)	
		1800m	2:32.65	(34.02)	1800m	2:34.15	(34.50)	
		2200m	3:07.66	(35.01)	2200m	3:09.22	(35.07)	
		2600m	3:42.95	(35.29)	2600m	3:44.85	(35.63)	
		3000m	4:18.49	(35.54)	3000m	4:21.29	(36.44)	