

## 1. Uitslag 100 meter voor 100-100-300m en 100-500-300m

| Pos | Naam                  | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1   | 14 Mike Roelands      | HN2 | 8    | O    | 11.36 | PR   |        |
| 2   | 41 Emiel van Wees     | HB2 | 8    | I    | 11.68 |      |        |
| 3   | 44 Esmée Brommer      | DN1 | 7    | I    | 11.71 |      |        |
| 4   | 47 Janne Boos         | DB2 | 6    | I    | 12.20 |      |        |
| 5   | 38 Jens van Wifferen  | HPA | 7    | O    | 12.24 |      |        |
| 6   | 43 Jurian van Eekelen | HPC | 6    | O    | 13.14 |      |        |
| 7   | 16 Kaya van der Zwan  | DPB | 3    | I    | 14.40 | PR   |        |
| 8   | 20 Dior Scheelings    | DPB | 3    | O    | 14.48 | PR   |        |
| 9   | 42 Cas Hoogenkamp     | HPC | 4    | I    | 14.53 | PR   |        |
| 10  | 2 Doortje Wijker      | DPD | 4    | O    | 15.14 |      |        |
| 11  | 45 Lamies Alsaffar    | DC2 | 2    | I    | 15.20 | PR   |        |
| 12  | 29 Sil Koper          | HPD | 2    | O    | 15.23 | PR   |        |
| 13  | 26 Saar Korver        | DPA | 5    | I    | 15.74 |      |        |
|     | 9 Sarah Kant          | DPB | 1    | O    | 15.74 | PR   |        |
| 15  | 15 Tobias Schut       | HPD | 1    | I    | 16.85 | PR   |        |
|     | 39 Nadine Bliekendaal | DB2 |      |      |       | WDR  |        |

## 1. Rituitslag 100 meter voor 100-100-300m en 100-500-300m

|   |    | Naam                |                     | Cat     |                   | PR    | Tijd         | Info |
|---|----|---------------------|---------------------|---------|-------------------|-------|--------------|------|
| 1 | wt | 15                  | <b>Tobias Schut</b> |         | HPD               | 17.93 | <b>16.85</b> | PR   |
|   | rd | 9                   | <b>Sarah Kant</b>   |         | DPB               | 15.93 | <b>15.74</b> | PR   |
|   |    | <u>Tobias Schut</u> |                     |         | <u>Sarah Kant</u> |       |              |      |
|   |    | 100m                | 16.85               | (16.85) | 100m              | 15.74 | (15.74)      |      |

|   |    | Naam                   |                        | Cat     |                  | PR    | Tijd         | Info |
|---|----|------------------------|------------------------|---------|------------------|-------|--------------|------|
| 2 | gl | 45                     | <b>Lamies Alsaffar</b> |         | DC2              | 15.75 | <b>15.20</b> | PR   |
|   | bl | 29                     | <b>Sil Koper</b>       |         | HPD              | 15.25 | <b>15.23</b> | PR   |
|   |    | <u>Lamies Alsaffar</u> |                        |         | <u>Sil Koper</u> |       |              |      |
|   |    | 100m                   | 15.20                  | (15.20) | 100m             | 15.23 | (15.23)      |      |

|   |    | Naam                     |                          | Cat     |                        | PR    | Tijd         | Info |
|---|----|--------------------------|--------------------------|---------|------------------------|-------|--------------|------|
| 3 | wt | 16                       | <b>Kaya van der Zwan</b> |         | DPB                    | 15.16 | <b>14.40</b> | PR   |
|   | rd | 20                       | <b>Dior Scheelings</b>   |         | DPB                    | 15.14 | <b>14.48</b> | PR   |
|   |    | <u>Kaya van der Zwan</u> |                          |         | <u>Dior Scheelings</u> |       |              |      |
|   |    | 100m                     | 14.40                    | (14.40) | 100m                   | 14.48 | (14.48)      |      |

|   |    | Naam                  |                       | Cat     |                       | PR    | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 4 | gl | 42                    | <b>Cas Hoogenkamp</b> |         | HPC                   | 14.60 | <b>14.53</b> | PR   |
|   | bl | 2                     | <b>Doortje Wijker</b> |         | DPD                   | 14.90 | <b>15.14</b> |      |
|   |    | <u>Cas Hoogenkamp</u> |                       |         | <u>Doortje Wijker</u> |       |              |      |
|   |    | 100m                  | 14.53                 | (14.53) | 100m                  | 15.14 | (15.14)      |      |

|   |    | Naam               |                            | Cat     |                            | PR    | Tijd         | Info |
|---|----|--------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 5 | wt | 26                 | <b>Saar Korver</b>         |         | DPA                        | 13.99 | <b>15.74</b> |      |
|   | rd | 39                 | <b>Nadine Blienkendaal</b> |         | DB2                        | 13.82 | <b>WDR</b>   |      |
|   |    | <u>Saar Korver</u> |                            |         | <u>Nadine Blienkendaal</u> |       |              |      |
|   |    | 100m               | 15.74                      | (15.74) |                            |       |              |      |

|   |    | Naam                         |       | Cat                       |      | PR    | Tijd         | Info |
|---|----|------------------------------|-------|---------------------------|------|-------|--------------|------|
| 6 | gl | 47 <b>Janne Boos</b>         |       | DB2                       |      | 12.14 | <b>12.20</b> |      |
|   | bl | 43 <b>Jurian van Eekelen</b> |       | HPC                       |      | 12.97 | <b>13.14</b> |      |
|   |    | <u>Janne Boos</u>            |       | <u>Jurian van Eekelen</u> |      |       |              |      |
|   |    | 100m                         | 12.20 | (12.20)                   | 100m | 13.14 | (13.14)      |      |

|   |    | Naam                        |       | Cat                      |      | PR    | Tijd         | Info |
|---|----|-----------------------------|-------|--------------------------|------|-------|--------------|------|
| 7 | wt | 44 <b>Esmée Brommer</b>     |       | DN1                      |      | 11.61 | <b>11.71</b> |      |
|   | rd | 38 <b>Jens van Wifferen</b> |       | HPA                      |      | 11.90 | <b>12.24</b> |      |
|   |    | <u>Esmée Brommer</u>        |       | <u>Jens van Wifferen</u> |      |       |              |      |
|   |    | 100m                        | 11.71 | (11.71)                  | 100m | 12.24 | (12.24)      |      |

|   |    | Naam                     |       | Cat                  |      | PR    | Tijd         | Info |
|---|----|--------------------------|-------|----------------------|------|-------|--------------|------|
| 8 | gl | 41 <b>Emiel van Wees</b> |       | HB2                  |      | 11.44 | <b>11.68</b> |      |
|   | bl | 14 <b>Mike Roelands</b>  |       | HN2                  |      | 11.38 | <b>11.36</b> | PR   |
|   |    | <u>Emiel van Wees</u>    |       | <u>Mike Roelands</u> |      |       |              |      |
|   |    | 100m                     | 11.68 | (11.68)              | 100m | 11.36 | (11.36)      |      |

**2. Uitslag 500 meter voor 500-700m, 500-1000m, 500-1500m, 500-3000m en 500-5000m**

| Pos | Naam                            | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------------|-----|------|------|---------|------|--------|
| 1   | 12 Menno Schaap                 | HSA | 24   | I    | 40.99   |      |        |
| 2   | 32 Leon Schot                   | HA2 | 23   | I    | 42.53   |      |        |
| 3   | 48 Mark Ooijevaar               | H40 | 24   | O    | 43.18   |      |        |
| 4   | 21 Brian Bloedjes               | HN3 | 22   | I    | 43.26   | PR   |        |
| 5   | 25 Patrick Roelands             | HN2 | 23   | O    | 43.71   | PR   |        |
| 6   | 28 Marvin Brunen                | HSA | 21   | O    | 44.53   |      |        |
| 7   | 34 Nathan van der Meulen        | HB1 | 21   | I    | 45.36   |      |        |
| 8   | 30 Sam Nijbacker                | HN1 | 20   | I    | 45.96   |      |        |
| 9   | 49 Floris Hink                  | HB1 | 19   | O    | 46.43   |      |        |
| 10  | 3 Casper Schut                  | HB2 | 19   | I    | 46.50   | PR   |        |
| 11  | 40 Teun Kwant                   | HPA | 20   | O    | 46.61   |      |        |
| 12  | 36 Jade Kamps                   | DPB | 22   | O    | 47.03   |      |        |
| 13  | 1 Jari Hoogeboom                | HB1 | 18   | I    | 47.41   | PR   |        |
| 14  | 19 Coba Meijer                  | DB2 | 16   | O    | 48.55   | PR   |        |
| 15  | 27 Jop van der Bijl             | HSA | 17   | I    | 48.59   |      |        |
| 16  | 22 Luuk van Waggendorff van Ryn | HC2 | 17   | O    | 48.77   |      |        |
| 17  | 4 Kees Molenaar                 | H65 | 16   | I    | 50.82   |      |        |
| 18  | 13 Famke Goedbloed              | DB1 | 15   | I    | 51.75   |      |        |
| 19  | 50 Femke Groot                  | DC1 | 15   | O    | 52.88   |      |        |
| 20  | 18 Riëlle Hageman               | DB2 | 14   | O    | 53.24   |      |        |
| 21  | 8 Tygo van den Hoek             | HC1 | 12   | I    | 56.63   | PR   |        |
| 22  | 6 Maud Miedema                  | DPB | 13   | I    | 56.65   | PR   |        |
| 23  | 33 Marit Molhoek                | DPA | 14   | I    | 57.25   |      |        |
| 24  | 23 Stijn Smit                   | HC2 | 12   | O    | 58.05   | PR   |        |
| 25  | 11 Robyn Nolten                 | DC1 | 13   | O    | 59.76   |      |        |
| 26  | 37 Jaylinn de Mes               | DPC | 11   | I    | 1:02.62 |      |        |
| 27  | 7 Bodine Schut                  | DC1 | 11   | O    | 1:04.10 |      |        |
| 28  | 17 Lindy Molenaar               | DC1 | 9    | I    | 1:04.25 |      |        |
|     | 10 Simon Schouws                | HSA | 18   | O    | DNS     |      |        |

## 2. Rituitslag 500 meter voor 500-700m, 500-1000m, 500-1500m, 500-3000m en 500-5000m

|   |    | Naam                  |                       | Cat     |     | PR      | Tijd           | Info |
|---|----|-----------------------|-----------------------|---------|-----|---------|----------------|------|
| 9 | wt | 17                    | <b>Lindy Molenaar</b> |         | DC1 | 1:03.16 | <b>1:04.25</b> |      |
|   | rd |                       |                       |         |     |         |                |      |
|   |    | <b>Lindy Molenaar</b> |                       |         |     |         |                |      |
|   |    | 100m                  | 15.07                 | (15.07) |     |         | m              |      |
|   |    | 500m                  | 1:04.25               | (49.18) |     |         |                |      |

|    |    | Naam |   | Cat |  | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 10 | gl |      |   |     |  |    |      |      |
|    | bl |      |   |     |  |    |      |      |
|    |    |      | m |     |  |    | m    |      |

|    |    | Naam                  |                       | Cat     |     | PR      | Tijd           | Info            |
|----|----|-----------------------|-----------------------|---------|-----|---------|----------------|-----------------|
| 11 | wt | 37                    | <b>Jaylinn de Mes</b> |         | DPC | 1:00.81 | <b>1:02.62</b> |                 |
|    | rd | 7                     | <b>Bodine Schut</b>   |         | DC1 | 1:01.79 | <b>1:04.10</b> |                 |
|    |    | <b>Jaylinn de Mes</b> |                       |         |     |         |                |                 |
|    |    | 100m                  | 19.51                 | (19.51) |     |         | 100m           | 15.62 (15.62)   |
|    |    | 500m                  | 1:02.62               | (43.11) |     |         | 500m           | 1:04.10 (48.48) |
|    |    | <b>Bodine Schut</b>   |                       |         |     |         |                |                 |

|    |    | Naam                     |                          | Cat     |     | PR    | Tijd         | Info          |
|----|----|--------------------------|--------------------------|---------|-----|-------|--------------|---------------|
| 12 | gl | 8                        | <b>Tygo van den Hoek</b> |         | HC1 | 58.63 | <b>56.63</b> | PR            |
|    | bl | 23                       | <b>Stijn Smit</b>        |         | HC2 | 58.41 | <b>58.05</b> | PR            |
|    |    | <b>Tygo van den Hoek</b> |                          |         |     |       |              |               |
|    |    | 100m                     | 13.55                    | (13.55) |     |       | 100m         | 14.09 (14.09) |
|    |    | 500m                     | 56.63                    | (43.08) |     |       | 500m         | 58.05 (43.96) |
|    |    | <b>Stijn Smit</b>        |                          |         |     |       |              |               |

|    |    | Naam                |                     | Cat     |     | PR    | Tijd         | Info          |
|----|----|---------------------|---------------------|---------|-----|-------|--------------|---------------|
| 13 | wt | 6                   | <b>Maud Miedema</b> |         | DPB | 57.38 | <b>56.65</b> | PR            |
|    | rd | 11                  | <b>Robyn Nolten</b> |         | DC1 | 58.19 | <b>59.76</b> |               |
|    |    | <b>Maud Miedema</b> |                     |         |     |       |              |               |
|    |    | 100m                | 13.89               | (13.89) |     |       | 100m         | 14.26 (14.26) |
|    |    | 500m                | 56.65               | (42.76) |     |       | 500m         | 59.76 (45.50) |
|    |    | <b>Robyn Nolten</b> |                     |         |     |       |              |               |

|    |    | Naam                                   | Cat | PR                                  | Tijd         | Info |
|----|----|--|-----|-------------------------------------|--------------|------|
| 14 | gl | 33 <b>Marit Molhoek</b>                | DPA | 56.54                               | <b>57.25</b> |      |
|    | bl | 18 <b>Riëlle Hageman</b>               | DB2 | 52.47                               | <b>53.24</b> |      |
|    |    | <b>Marit Molhoek</b>                   |     | <b>Riëlle Hageman</b>               |              |      |
|    |    | 100m 14.18 (14.18)                     |     | 100m 13.80 (13.80)                  |              |      |
|    |    | 500m 57.25 (43.07)                     |     | 500m 53.24 (39.44)                  |              |      |
|    |    | Naam                                   | Cat | PR                                  | Tijd         | Info |
| 15 | wt | 13 <b>Famke Goedbloed</b>              | DB1 | 51.10                               | <b>51.75</b> |      |
|    | rd | 50 <b>Femke Groot</b>                  | DC1 | 50.69                               | <b>52.88</b> |      |
|    |    | <b>Famke Goedbloed</b>                 |     | <b>Femke Groot</b>                  |              |      |
|    |    | 100m 13.35 (13.35)                     |     | 100m 13.64 (13.64)                  |              |      |
|    |    | 500m 51.75 (38.40)                     |     | 500m 52.88 (39.24)                  |              |      |
|    |    | Naam                                   | Cat | PR                                  | Tijd         | Info |
| 16 | gl | 4 <b>Kees Molenaar</b>                 | H65 | 45.22                               | <b>50.82</b> |      |
|    | bl | 19 <b>Coba Meijer</b>                  | DB2 | 49.43                               | <b>48.55</b> | PR   |
|    |    | <b>Kees Molenaar</b>                   |     | <b>Coba Meijer</b>                  |              |      |
|    |    | 100m 13.39 (13.39)                     |     | 100m 13.04 (13.04)                  |              |      |
|    |    | 500m 50.82 (37.43)                     |     | 500m 48.55 (35.51)                  |              |      |
|    |    | Naam                                   | Cat | PR                                  | Tijd         | Info |
| 17 | wt | 27 <b>Jop van der Bijl</b>             | HSA | 44.38                               | <b>48.59</b> |      |
|    | rd | 22 <b>Luuk van Waggendorff van Ryn</b> | HC2 | 48.03                               | <b>48.77</b> |      |
|    |    | <b>Jop van der Bijl</b>                |     | <b>Luuk van Waggendorff van Ryn</b> |              |      |
|    |    | 100m 13.01 (13.01)                     |     | 100m 13.11 (13.11)                  |              |      |
|    |    | 500m 48.59 (35.58)                     |     | 500m 48.77 (35.66)                  |              |      |
|    |    | Naam                                   | Cat | PR                                  | Tijd         | Info |
| 18 | gl | 1 <b>Jari Hoogeboom</b>                | HB1 | 47.44                               | <b>47.41</b> | PR   |
|    | bl | 10 <b>Simon Schouws</b>                | HSA | 46.81                               | <b>DNS</b>   |      |
|    |    | <b>Jari Hoogeboom</b>                  |     | <b>Simon Schouws</b>                |              |      |
|    |    | 100m 12.17 (12.17)                     |     |                                     |              |      |
|    |    | 500m 47.41 (35.24)                     |     |                                     |              |      |

|    |    | Naam                            | Cat | PR                 | Tijd                    | Info |
|----|----|---------------------------------|-----|--------------------|-------------------------|------|
| 19 | wt | 3 <b>Casper Schut</b>           | HB2 | 46.65              | <b>46.50</b>            | PR   |
|    | rd | 49 <b>Floris Hink</b>           | HB1 | 46.29              | <b>46.43</b>            |      |
|    |    | <b>Casper Schut</b>             |     |                    | <b>Floris Hink</b>      |      |
|    |    | 100m 12.69 (12.69)              |     | 100m 12.38 (12.38) |                         |      |
|    |    | 500m 46.50 (33.81)              |     | 500m 46.43 (34.05) |                         |      |
|    |    | Naam                            | Cat | PR                 | Tijd                    | Info |
| 20 | gl | 30 <b>Sam Nijbacker</b>         | HN1 | 45.59              | <b>45.96</b>            |      |
|    | bl | 40 <b>Teun Kwant</b>            | HPA | 45.79              | <b>46.61</b>            |      |
|    |    | <b>Sam Nijbacker</b>            |     |                    | <b>Teun Kwant</b>       |      |
|    |    | 100m 12.01 (12.01)              |     | 100m 12.74 (12.74) |                         |      |
|    |    | 500m 45.96 (33.95)              |     | 500m 46.61 (33.87) |                         |      |
|    |    | Naam                            | Cat | PR                 | Tijd                    | Info |
| 21 | wt | 34 <b>Nathan van der Meulen</b> | HB1 | 45.19              | <b>45.36</b>            |      |
|    | rd | 28 <b>Marvin Brunen</b>         | HSA | 42.62              | <b>44.53</b>            |      |
|    |    | <b>Nathan van der Meulen</b>    |     |                    | <b>Marvin Brunen</b>    |      |
|    |    | 100m 11.97 (11.97)              |     | 100m 11.63 (11.63) |                         |      |
|    |    | 500m 45.36 (33.39)              |     | 500m 44.53 (32.90) |                         |      |
|    |    | Naam                            | Cat | PR                 | Tijd                    | Info |
| 22 | gl | 21 <b>Brian Bloedjes</b>        | HN3 | 43.32              | <b>43.26</b>            | PR   |
|    | bl | 36 <b>Jade Kamps</b>            | DPB | 45.14              | <b>47.03</b>            |      |
|    |    | <b>Brian Bloedjes</b>           |     |                    | <b>Jade Kamps</b>       |      |
|    |    | 100m 11.65 (11.65)              |     | 100m 12.15 (12.15) |                         |      |
|    |    | 500m 43.26 (31.61)              |     | 500m 47.03 (34.88) |                         |      |
|    |    | Naam                            | Cat | PR                 | Tijd                    | Info |
| 23 | wt | 32 <b>Leon Schot</b>            | HA2 | 41.24              | <b>42.53</b>            |      |
|    | rd | 25 <b>Patrick Roelands</b>      | HN2 | 43.74              | <b>43.71</b>            | PR   |
|    |    | <b>Leon Schot</b>               |     |                    | <b>Patrick Roelands</b> |      |
|    |    | 100m 11.77 (11.77)              |     | 100m 11.68 (11.68) |                         |      |
|    |    | 500m 42.53 (30.76)              |     | 500m 43.71 (32.03) |                         |      |

|    |    | Naam                |                       | Cat     |                       | PR    | Tijd    | Info         |
|----|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|
| 24 | gl | 12                  | <b>Menno Schaap</b>   |         | HSA                   |       | 39.77   | <b>40.99</b> |
|    | bl | 48                  | <b>Mark Ooijevaar</b> |         | H40                   |       | 39.43   | <b>43.18</b> |
|    |    | <b>Menno Schaap</b> |                       |         | <b>Mark Ooijevaar</b> |       |         |              |
|    |    | 100m                | 11.19                 | (11.19) | 100m                  | 12.07 | (12.07) |              |
|    |    | 500m                | 40.99                 | (29.80) | 500m                  | 43.18 | (31.11) |              |



## 3. Uitslag 500 meter voor 100-500-300m

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 41 Emiel van Wees      | HB2 | 30   | I    | 42.34   |      |        |
| 2   | 38 Jens van Wifferen   | HPA | 30   | O    | 45.35   |      |        |
| 3   | 43 Jurian van Eekelen  | HPC | 29   | I    | 50.80   |      |        |
| 4   | 26 Saar Korver         | DPA | 28   | O    | 1:02.27 |      |        |
| 5   | 9 Sarah Kant           | DPB | 27   | I    | 1:06.59 |      |        |
| 6   | 16 Kaya van der Zwan   | DPB | 25   | I    | 1:07.65 |      |        |
| 7   | 42 Cas Hoogenkamp      | HPC | 28   | I    | 1:08.73 |      |        |
| 8   | 29 Sil Koper           | HPD | 27   | O    | 1:13.13 |      |        |
| 9   | 15 Tobias Schut        | HPD | 25   | O    | 1:17.56 |      |        |
|     | 39 Nadine Blienkendaal | DB2 |      |      |         | WDR  |        |

**3. Rituitslag 500 meter voor 100-500-300m**

|    |    | Naam                     |                          | Cat     |                     | PR      | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|---------|----------------|------|
| 25 | wt | 16                       | <b>Kaya van der Zwan</b> |         | DPB                 |         | <b>1:07.65</b> |      |
|    | rd | 15                       | <b>Tobias Schut</b>      |         | HPD                 |         | <b>1:17.56</b> |      |
|    |    | <u>Kaya van der Zwan</u> |                          |         | <u>Tobias Schut</u> |         |                |      |
|    |    | 100m                     | 15.60                    | (15.60) | 100m                | 17.19   | (17.19)        |      |
|    |    | 500m                     | 1:07.65                  | (52.05) | 500m                | 1:17.56 | (60.37)        |      |

|    |    | Naam |   | Cat |  | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 26 | gl |      |   |     |  |    |      |      |
|    | bl |      |   |     |  |    |      |      |
|    |    |      | m |     |  |    |      |      |
|    |    |      | m |     |  |    |      |      |

|    |    | Naam              |                   | Cat     |                  | PR      | Tijd           | Info |
|----|----|-------------------|-------------------|---------|------------------|---------|----------------|------|
| 27 | wt | 9                 | <b>Sarah Kant</b> |         | DPB              | 1:06.45 | <b>1:06.59</b> |      |
|    | rd | 29                | <b>Sil Koper</b>  |         | HPD              | 1:10.51 | <b>1:13.13</b> |      |
|    |    | <u>Sarah Kant</u> |                   |         | <u>Sil Koper</u> |         |                |      |
|    |    | 100m              | 15.50             | (15.50) | 100m             | 15.37   | (15.37)        |      |
|    |    | 500m              | 1:06.59           | (51.09) | 500m             | 1:13.13 | (57.76)        |      |

|    |    | Naam                  |                       | Cat     |                    | PR      | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|--------------------|---------|----------------|------|
| 28 | gl | 42                    | <b>Cas Hoogenkamp</b> |         | HPC                | 1:06.01 | <b>1:08.73</b> |      |
|    | bl | 26                    | <b>Saar Korver</b>    |         | DPA                | 1:01.20 | <b>1:02.27</b> |      |
|    |    | <u>Cas Hoogenkamp</u> |                       |         | <u>Saar Korver</u> |         |                |      |
|    |    | 100m                  | 14.90                 | (14.90) | 100m               | 14.88   | (14.88)        |      |
|    |    | 500m                  | 1:08.73               | (53.83) | 500m               | 1:02.27 | (47.39)        |      |

|    |    | Naam                      |                            | Cat     |                            | PR    | Tijd         | Info |
|----|----|---------------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 29 | wt | 43                        | <b>Jurian van Eekelen</b>  |         | HPC                        | 49.62 | <b>50.80</b> |      |
|    | rd | 39                        | <b>Nadine Blienkendaal</b> |         | DB2                        | 51.02 | <b>WDR</b>   |      |
|    |    | <u>Jurian van Eekelen</u> |                            |         | <u>Nadine Blienkendaal</u> |       |              |      |
|    |    | 100m                      | 13.33                      | (13.33) |                            |       |              |      |
|    |    | 500m                      | 50.80                      | (37.47) |                            |       |              |      |

|    |    | Naam                  |                          | Cat     |     | PR                       | Tijd  | Info         |
|----|----|-----------------------|--------------------------|---------|-----|--------------------------|-------|--------------|
| 30 | gl | 41                    | <b>Emiel van Wees</b>    |         | HB2 |                          | 41.29 | <b>42.34</b> |
|    | bl | 38                    | <b>Jens van Wifferen</b> |         | HPA |                          | 44.21 | <b>45.35</b> |
|    |    | <b>Emiel van Wees</b> |                          |         |     | <b>Jens van Wifferen</b> |       |              |
|    |    | 100m                  | 11.74                    | (11.74) |     | 100m                     | 12.29 | (12.29)      |
|    |    | 500m                  | 42.34                    | (30.60) |     | 500m                     | 45.35 | (33.06)      |

**4. Uitslag 100 meter 2de omloop voor 100-100-300m**

| Pos | Naam               | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|--------------------|-----|------|------|-------|------|--------|
| 1   | 44 Esmée Brommer   | DN1 | 34   | O    | 11.59 | PR   |        |
| 2   | 14 Mike Roelands   | HN2 | 34   | I    | 11.64 |      |        |
| 3   | 47 Janne Boos      | DB2 | 33   | I    | 12.24 |      |        |
| 4   | 20 Dior Scheelings | DPB | 31   | I    | 14.24 | PR   |        |
| 5   | 2 Doortje Wijker   | DPD | 33   | O    | 14.86 | PR   |        |
| 6   | 45 Lamies Alsaffar | DC2 | 31   | O    | 15.17 | PR   |        |

**4. Rituitslag 100 meter 2de omloop voor 100-100-300m**

|    |    | Naam                   |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 31 | wt | 20                     | <b>Dior Scheelings</b> |         | DPB                    | 15.14 |         | <b>14.24</b> | PR   |
|    | rd | 45                     | <b>Lamies Alsaffar</b> |         | DC2                    | 15.75 |         | <b>15.17</b> | PR   |
|    |    | <b>Dior Scheelings</b> |                        |         | <b>Lamies Alsaffar</b> |       |         |              |      |
|    |    | 100m                   | 14.24                  | (14.24) | 100m                   | 15.17 | (15.17) |              |      |

|    |    | Naam |  | Cat |  | PR |  | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 32 | gl |      |  |     |  |    |  |      |      |
|    | bl |      |  |     |  |    |  |      |      |
|    |    |      |  |     |  |    |  |      |      |
|    |    |      |  |     |  |    |  |      |      |

|    |    | Naam              |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 33 | wt | 47                | <b>Janne Boos</b>     |         | DB2                   | 12.14 |         | <b>12.24</b> |      |
|    | rd | 2                 | <b>Doortje Wijker</b> |         | DPD                   | 14.90 |         | <b>14.86</b> | PR   |
|    |    | <b>Janne Boos</b> |                       |         | <b>Doortje Wijker</b> |       |         |              |      |
|    |    | 100m              | 12.24                 | (12.24) | 100m                  | 14.86 | (14.86) |              |      |

|    |    | Naam                 |                      | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|----------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 34 | gl | 14                   | <b>Mike Roelands</b> |         | HN2                  | 11.38 |         | <b>11.64</b> |      |
|    | bl | 44                   | <b>Esmée Brommer</b> |         | DN1                  | 11.61 |         | <b>11.59</b> | PR   |
|    |    | <b>Mike Roelands</b> |                      |         | <b>Esmée Brommer</b> |       |         |              |      |
|    |    | 100m                 | 11.64                | (11.64) | 100m                 | 11.59 | (11.59) |              |      |

**5. Uitslag 1500 meter**

| Pos | Naam                            | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------------|-----|------|------|---------|------|--------|
| 1   | 32 Leon Schot                   | HA2 | 40   | I    | 2:06.80 |      |        |
| 2   | 12 Menno Schaap                 | HSA | 40   | O    | 2:09.78 |      |        |
| 3   | 21 Brian Bloedjes               | HN3 | 39   | O    | 2:13.78 | PR   |        |
| 4   | 28 Marvin Brunen                | HSA | 39   | I    | 2:17.85 |      |        |
| 5   | 49 Floris Hink                  | HB1 | 38   | I    | 2:30.75 |      |        |
| 6   | 22 Luuk van Waggendorff van Ryn | HC2 | 38   | O    | 2:34.29 |      |        |
| 7   | 19 Coba Meijer                  | DB2 | 37   | I    | 2:41.52 |      |        |
| 8   | 33 Marit Molhoek                | DPA | 35   | I    | 3:06.44 |      |        |
| 9   | 7 Bodine Schut                  | DC1 | 37   | O    | 3:17.50 |      |        |

**5. Rituitslag 1500 meter**

|    |          | Naam                    | Cat | PR | Tijd           | Info |
|----|----------|-------------------------|-----|----|----------------|------|
| 35 | wt<br>rd | 33 <b>Marit Molhoek</b> | DPA |    | <b>3:06.44</b> |      |

**Marit Molhoek**

|       |         |         |   |
|-------|---------|---------|---|
| 300m  | 39.59   | (39.59) | m |
| 700m  | 1:29.16 | (49.57) |   |
| 1100m | 2:19.36 | (50.20) |   |
| 1500m | 3:06.44 | (47.08) |   |

|    |          | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 36 | gl<br>bl |      |     |    |      |      |

m

m

|    |    | Naam                  | Cat | PR      | Tijd           | Info |
|----|----|-----------------------|-----|---------|----------------|------|
| 37 | wt | 19 <b>Coba Meijer</b> | DB2 |         | <b>2:41.52</b> |      |
|    | rd | 7 <b>Bodine Schut</b> | DC1 | 3:07.03 | <b>3:17.50</b> |      |

**Coba Meijer**

|       |         |         |
|-------|---------|---------|
| 300m  | 31.96   | (31.96) |
| 700m  | 1:11.83 | (39.87) |
| 1100m | 1:55.64 | (43.81) |
| 1500m | 2:41.52 | (45.88) |

**Bodine Schut**

|       |         |         |
|-------|---------|---------|
| 300m  | 40.91   | (40.91) |
| 700m  | 1:32.44 | (51.53) |
| 1100m | 2:24.24 | (51.80) |
| 1500m | 3:17.50 | (53.26) |

|    |    | Naam                                  | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------------|-----|---------|----------------|------|
| 38 | gl | 49 <b>Floris Hink</b>                 | HB1 | 2:28.04 | <b>2:30.75</b> |      |
|    | bl | 22 <b>Luuk van Wagendorff van Ryn</b> | HC2 | 2:26.42 | <b>2:34.29</b> |      |

**Floris Hink**

|       |         |         |
|-------|---------|---------|
| 300m  | 30.51   | (30.51) |
| 700m  | 1:08.88 | (38.37) |
| 1100m | 1:50.12 | (41.24) |
| 1500m | 2:30.75 | (40.63) |

**Luuk van Wagendorff van Ryn**

|       |         |         |
|-------|---------|---------|
| 300m  | 32.05   | (32.05) |
| 700m  | 1:10.94 | (38.89) |
| 1100m | 1:51.12 | (40.18) |
| 1500m | 2:34.29 | (43.17) |

|    |    | Naam                 |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 39 | wt | 28                   | <b>Marvin Brunen</b>  |         | HSA                   | 2:15.56 | <b>2:17.85</b> |      |
|    | rd | 21                   | <b>Brian Bloedjes</b> |         | HN3                   | 2:14.16 | <b>2:13.78</b> | PR   |
|    |    | <b>Marvin Brunen</b> |                       |         | <b>Brian Bloedjes</b> |         |                |      |
|    |    | 300m                 | 28.73                 | (28.73) | 300m                  | 28.67   | (28.67)        |      |
|    |    | 700m                 | 1:02.58               | (33.85) | 700m                  | 1:01.58 | (32.91)        |      |
|    |    | 1100m                | 1:39.59               | (37.01) | 1100m                 | 1:36.57 | (34.99)        |      |
|    |    | 1500m                | 2:17.85               | (38.26) | 1500m                 | 2:13.78 | (37.21)        |      |

|    |    | Naam              |                     |         | Cat                 | PR      | Tijd           | Info |
|----|----|-------------------|---------------------|---------|---------------------|---------|----------------|------|
| 40 | gl | 32                | <b>Leon Schot</b>   |         | HA2                 | 2:02.31 | <b>2:06.80</b> |      |
|    | bl | 12                | <b>Menno Schaap</b> |         | HSA                 | 2:04.76 | <b>2:09.78</b> |      |
|    |    | <b>Leon Schot</b> |                     |         | <b>Menno Schaap</b> |         |                |      |
|    |    | 300m              | 27.78               | (27.78) | 300m                | 27.02   | (27.02)        |      |
|    |    | 700m              | 59.11               | (31.33) | 700m                | 58.90   | (31.88)        |      |
|    |    | 1100m             | 1:32.22             | (33.11) | 1100m               | 1:33.02 | (34.12)        |      |
|    |    | 1500m             | 2:06.80             | (34.58) | 1500m               | 2:09.78 | (36.76)        |      |



**6. Uitslag 700 meter**

| Pos | Naam              | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1   | 6 Maud Miedema    | DPB | 41   | I    | 1:21.12 |      |        |
| 2   | 11 Robyn Nolten   | DC1 | 42   | I    | 1:25.05 |      |        |
| 3   | 37 Jaylinn de Mes | DPC | 42   | O    | 1:28.65 | PR   |        |

## 6. Rituitslag 700 meter

|    |          | Naam                     | Cat             | PR      | Tijd           | Info |
|----|----------|--------------------------|-----------------|---------|----------------|------|
| 41 | wt<br>rd | 6 <b>Maud Miedema</b>    | DPB             |         | <b>1:21.12</b> |      |
|    |          | <b>Maud Miedema</b>      |                 |         |                |      |
|    |          | 300m                     | 35.57 (35.57)   |         |                | m    |
|    |          | 700m                     | 1:21.12 (45.55) |         |                |      |
|    |          | Naam                     | Cat             | PR      | Tijd           | Info |
| 42 | gl       | 11 <b>Robyn Nolten</b>   | DC1             | 1:23.24 | <b>1:25.05</b> |      |
|    | bl       | 37 <b>Jaylinn de Mes</b> | DPC             | 1:31.39 | <b>1:28.65</b> | PR   |
|    |          | <b>Robyn Nolten</b>      |                 |         |                |      |
|    |          | 300m                     | 37.70 (37.70)   |         |                |      |
|    |          | 700m                     | 1:25.05 (47.35) |         |                |      |
|    |          | <b>Jaylinn de Mes</b>    |                 |         |                |      |
|    |          | 300m                     | 39.81 (39.81)   |         |                |      |
|    |          | 700m                     | 1:28.65 (48.84) |         |                |      |

## 7. Uitslag 300 meter

| Pos | Naam                  | Cat | Paar | Baan | Tijd         | Info       | Punten |
|-----|-----------------------|-----|------|------|--------------|------------|--------|
| 1   | 41 Emiel van Wees     | HB2 | 50   | O    | <b>27.23</b> |            |        |
| 2   | 44 Esmée Brommer      | DN1 | 49   | I    | <b>27.45</b> | PR         |        |
| 3   | 14 Mike Roelands      | HN2 | 50   | I    | <b>27.79</b> |            |        |
| 4   | 47 Janne Boos         | DB2 | 49   | O    | <b>28.88</b> |            |        |
| 5   | 38 Jens van Wifferen  | HPA | 48   | I    | <b>29.41</b> |            |        |
| 6   | 43 Jurian van Eekelen | HPC | 48   | O    | <b>31.70</b> |            |        |
| 7   | 26 Saar Korver        | DPA | 47   | O    | <b>37.93</b> | PR         |        |
| 8   | 20 Dior Scheelings    | DPB | 46   | I    | <b>39.63</b> | PR         |        |
| 9   | 2 Doortje Wijker      | DPD | 44   | O    | <b>40.02</b> | PR         |        |
| 10  | 42 Cas Hoogenkamp     | HPC | 45   | O    | <b>40.13</b> | PR         |        |
| 11  | 9 Sarah Kant          | DPB | 45   | I    | <b>40.18</b> | PR         |        |
| 12  | 16 Kaya van der Zwan  | DPB | 46   | O    | <b>41.73</b> |            |        |
| 13  | 29 Sil Koper          | HPD | 44   | I    | <b>42.08</b> | PR         |        |
| 14  | 15 Tobias Schut       | HPD | 43   | I    | <b>47.02</b> | PR         |        |
| 15  | 45 Lamies Alsaffar    | DC2 | 43   | O    | <b>50.24</b> | FL         |        |
|     | 39 Nadine Blikendaal  | DB2 |      |      |              | <b>WDR</b> |        |

**7. Rituitslag 300 meter**

|    |    | Naam                      |       | Cat                    |      | PR    | Tijd         | Info |
|----|----|---------------------------|-------|------------------------|------|-------|--------------|------|
| 43 | wt | 15 <b>Tobias Schut</b>    |       | HPD                    |      | 50.42 | <b>47.02</b> | PR   |
|    | rd | 45 <b>Lamies Alsaffar</b> |       | DC2                    |      | 43.80 | <b>50.24</b> | FL   |
|    |    | <u>Tobias Schut</u>       |       | <u>Lamies Alsaffar</u> |      |       |              |      |
|    |    | 300m                      | 47.02 | (47.02)                | 300m | 50.24 | (50.24)      |      |

|    |    | Naam                    |       | Cat                   |      | PR    | Tijd         | Info |
|----|----|-------------------------|-------|-----------------------|------|-------|--------------|------|
| 44 | gl | 29 <b>Sil Koper</b>     |       | HPD                   |      | 43.66 | <b>42.08</b> | PR   |
|    | bl | 2 <b>Doortje Wijker</b> |       | DPD                   |      | 41.30 | <b>40.02</b> | PR   |
|    |    | <u>Sil Koper</u>        |       | <u>Doortje Wijker</u> |      |       |              |      |
|    |    | 300m                    | 42.08 | (42.08)               | 300m | 40.02 | (40.02)      |      |

|    |    | Naam                     |       | Cat                   |      | PR    | Tijd         | Info |
|----|----|--------------------------|-------|-----------------------|------|-------|--------------|------|
| 45 | wt | 9 <b>Sarah Kant</b>      |       | DPB                   |      | 40.77 | <b>40.18</b> | PR   |
|    | rd | 42 <b>Cas Hoogenkamp</b> |       | HPC                   |      | 40.13 | <b>40.13</b> | PR   |
|    |    | <u>Sarah Kant</u>        |       | <u>Cas Hoogenkamp</u> |      |       |              |      |
|    |    | 300m                     | 40.18 | (40.18)               | 300m | 40.13 | (40.13)      |      |

|    |    | Naam                        |       | Cat                      |      | PR    | Tijd         | Info |
|----|----|-----------------------------|-------|--------------------------|------|-------|--------------|------|
| 46 | gl | 20 <b>Dior Scheelings</b>   |       | DPB                      |      | 40.12 | <b>39.63</b> | PR   |
|    | bl | 16 <b>Kaya van der Zwan</b> |       | DPB                      |      | 40.43 | <b>41.73</b> |      |
|    |    | <u>Dior Scheelings</u>      |       | <u>Kaya van der Zwan</u> |      |       |              |      |
|    |    | 300m                        | 39.63 | (39.63)                  | 300m | 41.73 | (41.73)      |      |

|    |    | Naam                          |  | Cat                |      | PR    | Tijd         | Info |
|----|----|-------------------------------|--|--------------------|------|-------|--------------|------|
| 47 | wt | 39 <b>Nadine Blienkendaal</b> |  | DB2                |      | 33.20 | <b>WDR</b>   |      |
|    | rd | 26 <b>Saar Korver</b>         |  | DPA                |      | 38.10 | <b>37.93</b> | PR   |
|    |    | <u>Nadine Blienkendaal</u>    |  | <u>Saar Korver</u> |      |       |              |      |
|    |    |                               |  |                    | 300m | 37.93 | (37.93)      |      |

|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
|----|----|--------------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 48 | gl | 38                       | <b>Jens van Wifferen</b>  |         | HPA                       | 28.31 | <b>29.41</b> |      |
|    | bl | 43                       | <b>Jurian van Eekelen</b> |         | HPC                       | 31.24 | <b>31.70</b> |      |
|    |    | <u>Jens van Wifferen</u> |                           |         | <u>Jurian van Eekelen</u> |       |              |      |
|    |    | 300m                     | 29.41                     | (29.41) | 300m                      | 31.70 | (31.70)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 49 | wt | 44                       | <b>Esmée Brommer</b>      |         | DN1                       | 27.52 | <b>27.45</b> | PR   |
|    | rd | 47                       | <b>Janne Boos</b>         |         | DB2                       | 28.47 | <b>28.88</b> |      |
|    |    | <u>Esmée Brommer</u>     |                           |         | <u>Janne Boos</u>         |       |              |      |
|    |    | 300m                     | 27.45                     | (27.45) | 300m                      | 28.88 | (28.88)      |      |
|    |    | Naam                     |                           |         | Cat                       | PR    | Tijd         | Info |
| 50 | gl | 14                       | <b>Mike Roelands</b>      |         | HN2                       | 27.74 | <b>27.79</b> |      |
|    | bl | 41                       | <b>Emiel van Wees</b>     |         | HB2                       | 26.90 | <b>27.23</b> |      |
|    |    | <u>Mike Roelands</u>     |                           |         | <u>Emiel van Wees</u>     |       |              |      |
|    |    | 300m                     | 27.79                     | (27.79) | 300m                      | 27.23 | (27.23)      |      |

## 8. Uitslag 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 48 Mark Ooijevaar        | H40 | 56   | O    | 1:22.70 | TRC  |        |
| 2   | 40 Teun Kwant            | HPA | 56   | I    | 1:32.34 |      |        |
| 3   | 34 Nathan van der Meulen | HB1 | 55   | I    | 1:35.88 | PR   |        |
| 4   | 36 Jade Kamps            | DPB | 51   | O    | 1:37.63 |      |        |
| 5   | 13 Famke Goedbloed       | DB1 | 55   | O    | 1:46.89 |      |        |
| 6   | 50 Femke Groot           | DC1 | 54   | I    | 1:48.36 | HT   |        |
| 7   | 18 Riëlle Hageman        | DB2 | 54   | O    | 1:51.08 |      |        |
| 8   | 8 Tygo van den Hoek      | HC1 | 53   | O    | 2:03.76 | PR   |        |
| 9   | 23 Stijn Smit            | HC2 | 51   | I    | 2:06.31 | PR   |        |
| 10  | 17 Lindy Molenaar        | DC1 | 53   | I    | 2:16.93 |      |        |

**8. Rituitslag 1000 meter**

|    |    | Naam                       |         |                          | Cat   | PR      | Tijd           | Info |
|----|----|----------------------------|---------|--------------------------|-------|---------|----------------|------|
| 51 | wt | 23 <b>Stijn Smit</b>       |         |                          | HC2   | 2:14.12 | <b>2:06.31</b> | PR   |
|    | rd | 36 <b>Jade Kamps</b>       |         |                          | DPB   |         | <b>1:37.63</b> |      |
|    |    | <b>Stijn Smit</b>          |         | <b>Jade Kamps</b>        |       |         |                |      |
|    |    | 200m                       | 25.56   | (25.56)                  | 200m  | 21.26   | (21.26)        |      |
|    |    | 600m                       | 1:13.44 | (47.88)                  | 600m  | 58.49   | (37.23)        |      |
|    |    | 1000m                      | 2:06.31 | (52.87)                  | 1000m | 1:37.63 | (39.14)        |      |
|    |    | Naam                       |         |                          | Cat   | PR      | Tijd           | Info |
| 52 | gl |                            |         |                          |       |         |                |      |
|    | bl |                            |         |                          |       |         |                |      |
|    |    | m                          |         | m                        |       |         |                |      |
|    |    | Naam                       |         |                          | Cat   | PR      | Tijd           | Info |
| 53 | wt | 17 <b>Lindy Molenaar</b>   |         |                          | DC1   | 2:16.29 | <b>2:16.93</b> |      |
|    | rd | 8 <b>Tygo van den Hoek</b> |         |                          | HC1   | 2:07.12 | <b>2:03.76</b> | PR   |
|    |    | <b>Lindy Molenaar</b>      |         | <b>Tygo van den Hoek</b> |       |         |                |      |
|    |    | 200m                       | 45.64   | (45.64)                  | 200m  | 41.25   | (41.25)        |      |
|    |    | 600m                       | 1:31.29 | (45.65)                  | 600m  | 1:22.50 | (41.25)        |      |
|    |    | 1000m                      | 2:16.93 | (45.64)                  | 1000m | 2:03.76 | (41.26)        |      |
|    |    | Naam                       |         |                          | Cat   | PR      | Tijd           | Info |
| 54 | gl | 50 <b>Femke Groot</b>      |         |                          | DC1   | 1:47.13 | <b>1:48.36</b> | HT   |
|    | bl | 18 <b>Riëlle Hageman</b>   |         |                          | DB2   | 1:46.56 | <b>1:51.08</b> |      |
|    |    | <b>Femke Groot</b>         |         | <b>Riëlle Hageman</b>    |       |         |                |      |
|    |    | 200m                       | 23.41   | (23.41)                  | 200m  | 37.02   | (37.02)        |      |
|    |    | 600m                       | 1:03.99 | (40.58)                  | 600m  | 1:14.05 | (37.03)        |      |
|    |    | 1000m                      | 1:48.36 | (44.37)                  | 1000m | 1:51.08 | (37.03)        |      |

|    |    | Naam                         |                              |         | Cat                    | PR      | Tijd           | Info |
|----|----|------------------------------|------------------------------|---------|------------------------|---------|----------------|------|
| 55 | wt | 34                           | <b>Nathan van der Meulen</b> |         | HB1                    | 1:36.26 | <b>1:35.88</b> | PR   |
|    | rd | 13                           | <b>Famke Goedbloed</b>       |         | DB1                    | 1:43.99 | <b>1:46.89</b> |      |
|    |    | <b>Nathan van der Meulen</b> |                              |         | <b>Famke Goedbloed</b> |         |                |      |
|    |    | 200m                         | 21.01                        | (21.01) | 200m                   | 24.36   | (24.36)        |      |
|    |    | 600m                         | 56.46                        | (35.45) | 600m                   | 1:04.14 | (39.78)        |      |
|    |    | 1000m                        | 1:35.88                      | (39.42) | 1000m                  | 1:46.89 | (42.75)        |      |

|    |    | Naam              |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 56 | gl | 40                | <b>Teun Kwant</b>     |         | HPA                   | 1:29.53 | <b>1:32.34</b> |      |
|    | bl | 48                | <b>Mark Ooijevaar</b> |         | H40                   | 1:14.76 | <b>1:22.70</b> | TRC  |
|    |    | <b>Teun Kwant</b> |                       |         | <b>Mark Ooijevaar</b> |         |                |      |
|    |    | 200m              | 21.50                 | (21.50) | 200m                  | 20.48   | (20.48)        |      |
|    |    | 600m              | 55.98                 | (34.48) | 600m                  | 51.25   | (30.77)        |      |
|    |    | 1000m             | 1:32.34               | (36.36) | 1000m                 | 1:22.70 | (31.45)        |      |



**9. Uitslag 3000 meter**

| Pos | Naam                | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1   | 25 Patrick Roelands | HN2 | 58   | O    | 4:58.90 | PR   |        |
| 2   | 30 Sam Nijbacker    | HN1 | 57   | O    | 5:07.27 |      |        |
| 3   | 27 Jop van der Bijl | HSA | 58   | I    | 5:18.08 |      |        |
| 4   | 1 Jari Hoogeboom    | HB1 | 57   | I    | 5:20.72 | PR   |        |

## 9. Rituitslag 3000 meter

|    |    | Naam                     |         |         | Cat                  | PR      | Tijd           | Info |
|----|----|--------------------------|---------|---------|----------------------|---------|----------------|------|
| 57 | wt | 1 <b>Jari Hooigeboom</b> |         |         | HB1                  | 5:23.02 | <b>5:20.72</b> | PR   |
|    | rd | 30 <b>Sam Nijbacker</b>  |         |         | HN1                  | 4:59.88 | <b>5:07.27</b> |      |
|    |    | <b>Jari Hooigeboom</b>   |         |         | <b>Sam Nijbacker</b> |         |                |      |
|    |    | 200m                     | 23.36   | (23.36) | 200m                 | 21.99   | (21.99)        |      |
|    |    | 600m                     | 1:02.60 | (39.24) | 600m                 | 1:00.52 | (38.53)        |      |
|    |    | 1000m                    | 1:44.04 | (41.44) | 1000m                | 1:41.08 | (40.56)        |      |
|    |    | 1400m                    | 2:26.95 | (42.91) | 1400m                | 2:21.89 | (40.81)        |      |
|    |    | 1800m                    | 3:10.14 | (43.19) | 1800m                | 3:03.24 | (41.35)        |      |
|    |    | 2200m                    | 3:53.86 | (43.72) | 2200m                | 3:44.94 | (41.70)        |      |
|    |    | 2600m                    | 4:37.96 | (44.10) | 2600m                | 4:26.93 | (41.99)        |      |
|    |    | 3000m                    | 5:20.72 | (42.76) | 3000m                | 5:07.27 | (40.34)        |      |

|    |    | Naam                       |         |         | Cat                     | PR      | Tijd           | Info |
|----|----|----------------------------|---------|---------|-------------------------|---------|----------------|------|
| 58 | gl | 27 <b>Jop van der Bijl</b> |         |         | HSA                     | 4:56.65 | <b>5:18.08</b> |      |
|    | bl | 25 <b>Patrick Roelands</b> |         |         | HN2                     | 5:04.37 | <b>4:58.90</b> | PR   |
|    |    | <b>Jop van der Bijl</b>    |         |         | <b>Patrick Roelands</b> |         |                |      |
|    |    | 200m                       | 24.24   | (24.24) | 200m                    | 21.65   | (21.65)        |      |
|    |    | 600m                       | 1:02.76 | (38.52) | 600m                    | 57.03   | (35.38)        |      |
|    |    | 1000m                      | 1:42.63 | (39.87) | 1000m                   | 1:35.46 | (38.43)        |      |
|    |    | 1400m                      | 2:24.28 | (41.65) | 1400m                   | 2:15.46 | (40.00)        |      |
|    |    | 1800m                      | 3:06.66 | (42.38) | 1800m                   | 2:55.83 | (40.37)        |      |
|    |    | 2200m                      | 3:50.21 | (43.55) | 2200m                   | 3:36.57 | (40.74)        |      |
|    |    | 2600m                      | 4:34.23 | (44.02) | 2600m                   | 4:18.06 | (41.49)        |      |
|    |    | 3000m                      | 5:18.08 | (43.85) | 3000m                   | 4:58.90 | (40.84)        |      |

**10. Uitslag 5000 meter**

| Pos | Naam                    | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|-------------------------|-----|------|------|----------------|------|--------|
| 1   | 5 <b>Dennis Schaap</b>  | HN1 | 60   | I    | <b>7:51.72</b> | PR   |        |
| 2   | 3 <b>Casper Schut</b>   | HB2 | 59   | O    | <b>8:31.31</b> |      |        |
| 3   | 10 <b>Simon Schouws</b> | HSA | 60   | O    | <b>9:07.97</b> | PR   |        |
| 4   | 4 <b>Kees Molenaar</b>  | H65 | 59   | I    | <b>9:10.12</b> |      |        |

## 10. Rituitslag 5000 meter

|    |    | Naam                 |                      |         | Cat                 | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|---------|---------------------|---------|----------------|------|
| 59 | wt | 4                    | <b>Kees Molenaar</b> |         | H65                 |         | <b>9:10.12</b> |      |
|    | rd | 3                    | <b>Casper Schut</b>  |         | HB2                 |         | <b>8:31.31</b> |      |
|    |    | <b>Kees Molenaar</b> |                      |         | <b>Casper Schut</b> |         |                |      |
|    |    | 200m                 | 25.33                | (25.33) | 200m                | 24.20   | (24.20)        |      |
|    |    | 600m                 | 1:06.57              | (41.24) | 600m                | 1:03.64 | (39.44)        |      |
|    |    | 1000m                | 1:49.63              | (43.06) | 1000m               | 1:43.05 | (39.41)        |      |
|    |    | 1400m                | 2:32.87              | (43.24) | 1400m               | 2:23.04 | (39.99)        |      |
|    |    | 1800m                | 3:16.32              | (43.45) | 1800m               | 3:03.59 | (40.55)        |      |
|    |    | 2200m                | 4:00.03              | (43.71) | 2200m               | 3:44.38 | (40.79)        |      |
|    |    | 2600m                | 4:44.19              | (44.16) | 2600m               | 4:25.51 | (41.13)        |      |
|    |    | 3000m                | 5:28.38              | (44.19) | 3000m               | 5:06.53 | (41.02)        |      |
|    |    | 3400m                | 6:12.97              | (44.59) | 3400m               | 5:47.98 | (41.45)        |      |
|    |    | 3800m                | 6:57.66              | (44.69) | 3800m               | 6:29.21 | (41.23)        |      |
|    |    | 4200m                | 7:42.01              | (44.35) | 4200m               | 7:10.54 | (41.33)        |      |
|    |    | 4600m                | 8:26.28              | (44.27) | 4600m               | 7:51.39 | (40.85)        |      |
|    |    | 5000m                | 9:10.12              | (43.84) | 5000m               | 8:31.31 | (39.92)        |      |

|    |    | Naam                 |                      |         | Cat                  | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|---------|----------------------|---------|----------------|------|
| 60 | gl | 5                    | <b>Dennis Schaap</b> |         | HN1                  | 8:53.25 | <b>7:51.72</b> | PR   |
|    | bl | 10                   | <b>Simon Schouws</b> |         | HSA                  | 9:09.08 | <b>9:07.97</b> | PR   |
|    |    | <b>Dennis Schaap</b> |                      |         | <b>Simon Schouws</b> |         |                |      |
|    |    | 200m                 | 20.74                | (20.74) | 200m                 | 24.12   | (24.12)        |      |
|    |    | 600m                 | 56.75                | (36.01) | 600m                 | 1:03.15 | (39.03)        |      |
|    |    | 1000m                | 1:32.96              | (36.21) | 1000m                | 1:43.13 | (39.98)        |      |
|    |    | 1400m                | 2:08.82              | (35.86) | 1400m                | 2:25.10 | (41.97)        |      |
|    |    | 1800m                | 2:44.61              | (35.79) | 1800m                | 3:08.25 | (43.15)        |      |
|    |    | 2200m                | 3:21.43              | (36.82) | 2200m                | 3:51.85 | (43.60)        |      |
|    |    | 2600m                | 3:58.64              | (37.21) | 2600m                | 4:36.45 | (44.60)        |      |
|    |    | 3000m                | 4:35.90              | (37.26) | 3000m                | 5:20.89 | (44.44)        |      |
|    |    | 3400m                | 5:13.31              | (37.41) | 3400m                | 6:07.09 | (46.20)        |      |
|    |    | 3800m                | 5:52.08              | (38.77) | 3800m                | 6:53.98 | (46.89)        |      |
|    |    | 4200m                | 6:31.21              | (39.13) | 4200m                | 7:41.07 | (47.09)        |      |
|    |    | 4600m                | 7:11.30              | (40.09) | 4600m                | 8:26.23 | (45.16)        |      |
|    |    | 5000m                | 7:51.72              | (40.42) | 5000m                | 9:07.97 | (41.74)        |      |