

1. Uitslag 1 Pupillen Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	110 Stijn Huiberts	HPB	4	I	56.40		8
2	701 Lincoln Kostwinder	HPB	4	O	1:01.94		7
3	311 Tom Kramer	HPC	1	I	1:04.09		6
4	601 Gijs Koomen	HPB	3	O	1:04.36	PR	5
5	201 Cas Hoogenkamp	HPB	3	I	1:05.35		4
6	801 Tobias Schut	HPC	2	O	1:11.37	PR	3
7	401 Jur Pronk	HPD	2	I	1:18.64	FL	2
8	502 Björn Baas	HPC	1	O	1:23.71		1

1. Rituitslag 1 Pupillen Heren 500 meter

		Naam		Cat		PR	Tijd	Info
1	wt	311	Tom Kramer		HPC		1:04.09	
	rd	502	Björn Baas		HPC		1:23.71	
		Tom Kramer			Björn Baas			
		100m	14.56	(14.56)	100m	18.80	(18.80)	
		500m	1:04.09	(49.53)	500m	1:23.71	(64.91)	

		Naam		Cat		PR	Tijd	Info
2	gl	401	Jur Pronk		HPD	1:14.10	1:18.64	FL
	bl	801	Tobias Schut		HPC	1:11.45	1:11.37	PR
		Jur Pronk			Tobias Schut			
		100m	15.48	(15.48)	100m	15.80	(15.80)	
		500m	1:18.64	(63.16)	500m	1:11.37	(55.57)	

		Naam		Cat		PR	Tijd	Info
3	wt	201	Cas Hoogenkamp		HPB	1:01.72	1:05.35	
	rd	601	Gijs Koomen		HPB	1:10.70	1:04.36	PR
		Cas Hoogenkamp			Gijs Koomen			
		100m	14.22	(14.22)	100m	14.78	(14.78)	
		500m	1:05.35	(51.13)	500m	1:04.36	(49.58)	

		Naam		Cat		PR	Tijd	Info
4	gl	110	Stijn Huiberts		HPB	53.77	56.40	
	bl	701	Lincoln Kostwinder		HPB	1:00.25	1:01.94	
		Stijn Huiberts			Lincoln Kostwinder			
		100m	13.57	(13.57)	100m	14.50	(14.50)	
		500m	56.40	(42.83)	500m	1:01.94	(47.44)	

2. Uitslag 2 Pupillen Dames 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	602 Maud Miedema	DPA	8	I	50.29	PR	8
2	702 Nienke Neefjes	DPA	8	O	51.21		7
3	202 Jonna Molhoek	DPB	7	I	53.20		6
4	301 Dauphine van Diepen	DPA	6	I	55.22	PR	5
5	102 Jacobine Buur	DPB	6	O	57.40	PR	4
6	802 Doortje Wijker	DPC	7	O	57.54		3
7	501 Juliët Verschoor	DPD	5	O	1:06.08		2
8	402 Daisy Veltum	DPD	5	I	1:11.33		1

2. Rituitslag 2 Pupillen Dames 500 meter

		Naam		Cat		PR		Tijd	Info
5	wt	402	Daisy Veltum		DPD			1:11.33	
	rd	501	Juliët Verschoor		DPD	1:04.06		1:06.08	
		<u>Daisy Veltum</u>				<u>Juliët Verschoor</u>			
		100m	15.46	(15.46)		100m	14.86	(14.86)	
		500m	1:11.33	(55.87)		500m	1:06.08	(51.22)	

		Naam		Cat		PR		Tijd	Info
6	gl	301	Dauphine van Diepen		DPA	57.13		55.22	PR
	bl	102	Jacobine Buur		DPB	58.07		57.40	PR
		<u>Dauphine van Diepen</u>				<u>Jacobine Buur</u>			
		100m	13.44	(13.44)		100m	14.14	(14.14)	
		500m	55.22	(41.78)		500m	57.40	(43.26)	

		Naam		Cat		PR		Tijd	Info
7	wt	202	Jonna Molhoek		DPB	52.29		53.20	
	rd	802	Doortje Wijker		DPC	56.98		57.54	
		<u>Jonna Molhoek</u>				<u>Doortje Wijker</u>			
		100m	13.51	(13.51)		100m	13.81	(13.81)	
		500m	53.20	(39.69)		500m	57.54	(43.73)	

		Naam		Cat		PR		Tijd	Info
8	gl	602	Maud Miedema		DPA	51.50		50.29	PR
	bl	702	Nienke Neeffjes		DPA	50.37		51.21	
		<u>Maud Miedema</u>				<u>Nienke Neeffjes</u>			
		100m	12.68	(12.68)		100m	12.95	(12.95)	
		500m	50.29	(37.61)		500m	51.21	(38.26)	

3. Uitslag 3 Junioren C Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	203 Kasper Rooks	HC2	12	O	45.87		8
2	403 Koen Pronk	HPA	12	I	50.31		7
3	803 Jelco Vader	HC2	11	I	52.31	PR	6
4	103 Nick Peetoom	HC1	11	O	52.48		5
5	703 Valentijn de Vries	HPB	9	O	1:02.00	PR	4
6	603 Sil Koper	HPC	9	I	1:02.21	PR	3

3. Rituitslag 3 Junioren C Heren 500 meter

		Naam		Cat		PR	Tijd	Info
9	wt	603	Sil Koper		HPC	1:04.76	1:02.21	PR
	rd	703	Valentijn de Vries		HPB	1:02.64	1:02.00	PR
		Sil Koper			Valentijn de Vries			
		100m	14.50	(14.50)	100m	14.45	(14.45)	
		500m	1:02.21	(47.71)	500m	1:02.00	(47.55)	

		Naam		Cat		PR	Tijd	Info
10	gl							
	bl							
			m				m	

		Naam		Cat		PR	Tijd	Info
11	wt	803	Jelco Vader		HC2	53.42	52.31	PR
	rd	103	Nick Peetoom		HC1	49.98	52.48	
		Jelco Vader			Nick Peetoom			
		100m	12.93	(12.93)	100m	13.07	(13.07)	
		500m	52.31	(39.38)	500m	52.48	(39.41)	

		Naam		Cat		PR	Tijd	Info
12	gl	403	Koen Pronk		HPA	49.91	50.31	
	bl	203	Kasper Rooks		HC2	42.56	45.87	
		Koen Pronk			Kasper Rooks			
		100m	13.02	(13.02)	100m	12.11	(12.11)	
		500m	50.31	(37.29)	500m	45.87	(33.76)	

4. Uitslag 4 Junioren C Dames 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	404 Esmee Groot	DC2	16	O	49.12		8
2	503 Sara Pruiksma	DC1	16	I	50.43		7
3	704 Amarins Dronrijp	DC1	15	I	50.83		6
4	104 Sterre Hoekstra	DC2	15	O	51.84	PR	5
5	204 Maud Bos	DC2	14	I	54.11	PR	4
6	604 Sarah Kant	DPA	14	O	56.31		3
7	302 Saar Veldt	DC2	13	I	1:00.78		2
8	804 Bodine Schut	DC2	13	O	1:04.81		1

4. Rituitslag 4 Junioren C Dames 500 meter

		Naam		Cat		PR	Tijd	Info
13	wt	302	Saar Veldt		DC2	59.74	1:00.78	
	rd	804	Bodine Schut		DC2	1:01.79	1:04.81	
		Saar Veldt			Bodine Schut			
		100m	14.32	(14.32)	100m	15.73	(15.73)	
		500m	1:00.78	(46.46)	500m	1:04.81	(49.08)	

		Naam		Cat		PR	Tijd	Info
14	gl	204	Maud Bos		DC2	55.72	54.11	PR
	bl	604	Sarah Kant		DPA	56.09	56.31	
		Maud Bos			Sarah Kant			
		100m	13.56	(13.56)	100m	14.61	(14.61)	
		500m	54.11	(40.55)	500m	56.31	(41.70)	

		Naam		Cat		PR	Tijd	Info
15	wt	704	Amarins Dronrijp		DC1	49.64	50.83	
	rd	104	Sterre Hoekstra		DC2	51.86	51.84	PR
		Amarins Dronrijp			Sterre Hoekstra			
		100m	13.39	(13.39)	100m	13.10	(13.10)	
		500m	50.83	(37.44)	500m	51.84	(38.74)	

		Naam		Cat		PR	Tijd	Info
16	gl	503	Sara Pruiksmā		DC1	48.67	50.43	
	bl	404	Esmee Groot		DC2	48.57	49.12	
		Sara Pruiksmā			Esmee Groot			
		100m	13.09	(13.09)	100m	13.04	(13.04)	
		500m	50.43	(37.34)	500m	49.12	(36.08)	

5. Uitslag 5 Junioren B/A Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	405 Jerry Coenen	HA1	20	I	40.42		8
2	504 Mats Verschoor	HB1	20	O	40.98		7
3	805 Björn Zonneveld	HB1	19	I	42.07		6
4	105 Simeon Verhart	HC1	19	O	43.57		5
5	205 Nathan van der Meulen	HB2	18	O	44.31	PR	4
6	303 Luuk van Waggendorff van Ryn	HB1	18	I	44.91		3
7	605 Chris Molenaar	HB2	17	I	47.98	PR	2

5. Rituitslag 5 Junioren B/A Heren 500 meter

		Naam		Cat		PR	Tijd	Info
17	wt	605	Chris Molenaar		HB2	49.28	47.98	PR
	rd							
		Chris Molenaar						
		100m	12.74	(12.74)		m		
		500m	47.98	(35.24)				

		Naam		Cat		PR	Tijd	Info
18	gl	303	Luuk van Wagendorff van Ryn		HB1	44.47	44.91	
	bl	205	Nathan van der Meulen		HB2	44.52	44.31	PR
		Luuk van Wagendorff van Ryn			Nathan van der Meulen			
		100m	11.98	(11.98)	100m	11.68	(11.68)	
		500m	44.91	(32.93)	500m	44.31	(32.63)	

		Naam		Cat		PR	Tijd	Info
19	wt	805	Björn Zonneveld		HB1	41.18	42.07	
	rd	105	Simeon Verhart		HC1	42.55	43.57	
		Björn Zonneveld			Simeon Verhart			
		100m	11.51	(11.51)	100m	11.39	(11.39)	
		500m	42.07	(30.56)	500m	43.57	(32.18)	

		Naam		Cat		PR	Tijd	Info
20	gl	405	Jerry Coenen		HA1	39.13	40.42	
	bl	504	Mats Verschoor		HB1	40.80	40.98	
		Jerry Coenen			Mats Verschoor			
		100m	10.86	(10.86)	100m	11.07	(11.07)	
		500m	40.42	(29.56)	500m	40.98	(29.91)	

6. Uitslag 6 Junioren B/A Dames 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	705 Fenny Neefjes	DB2	24	I	45.79		8
2	106 Noa Veerman	DC1	24	O	45.95		7
3	406 Jamy Blaauw	DA1	23	O	46.88	PR	6
4	806 Coba Meijer	DA1	23	I	48.93		5
5	606 Famke Goedbloed	DB2	21	I	51.71		4
6	206 Marit Molhoek	DC1	22	I	52.11		3
7	309 Riëlle Hageman	DA1	22	O	52.59		2

6. Rituitslag 6 Junioren B/A Dames 500 meter

		Naam		Cat		PR	Tijd	Info
21	wt rd	606 Famke Goedbloed		DB2		50.44	51.71	
		Famke Goedbloed						
		100m	13.85	(13.85)	m			
		500m	51.71	(37.86)				
22	gl bl	206 Marit Molhoek		DC1		50.34	52.11	
		309 Riëlle Hageman		DA1		49.97	52.59	
		Marit Molhoek						
		100m	13.44	(13.44)				
		500m	52.11	(38.67)				
		Riëlle Hageman						
		100m	14.03	(14.03)				
		500m	52.59	(38.56)				
23	wt rd	806 Coba Meijer		DA1		48.35	48.93	
		406 Jamy Blaauw		DA1		47.69	46.88	PR
		Coba Meijer						
		100m	12.80	(12.80)				
		500m	48.93	(36.13)				
		Jamy Blaauw						
		100m	12.57	(12.57)				
		500m	46.88	(34.31)				
24	gl bl	705 Fenny Neefjes		DB2		45.39	45.79	
		106 Noa Veerman		DC1		44.91	45.95	
		Fenny Neefjes						
		100m	12.25	(12.25)				
		500m	45.79	(33.54)				
		Noa Veerman						
		100m	12.36	(12.36)				
		500m	45.95	(33.59)				

7. Uitslag 7 Neo en Senioren Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	305 Jari Hoogeboom	HB2	28	O	44.10		8
2	107 Marc Hamburger	HSA	27	I	44.58		7
3	706 Jasper Molenaar	HN4	27	O	44.97		6
4	607 Bram van der Molen	HN2	26	I	46.59		5
5	407 Jesse Oinga	HA1	25	I	47.41	PR	4
6	207 Leo Groot	HN2	26	O	48.72		3
7	807 Willem Brantjes	H65	28	I	50.94		2
8	505 Jim van Elst	H60	25	O	1:05.77		1

7. Rituitslag 7 Neo en Senioren Heren 500 meter

		Naam		Cat		PR	Tijd	Info
25	wt	407	Jesse Oinga		HA1	50.19	47.41	PR
	rd	505	Jim van Elst		H60	57.91	1:05.77	
		Jesse Oinga			Jim van Elst			
		100m	12.29	(12.29)	100m	17.04	(17.04)	
		500m	47.41	(35.12)	500m	1:05.77	(48.73)	

		Naam		Cat		PR	Tijd	Info
26	gl	607	Bram van der Molen		HN2	45.38	46.59	
	bl	207	Leo Groot		HN2	48.49	48.72	
		Bram van der Molen			Leo Groot			
		100m	12.83	(12.83)	100m	12.42	(12.42)	
		500m	46.59	(33.76)	500m	48.72	(36.30)	

		Naam		Cat		PR	Tijd	Info
27	wt	107	Marc Hamburger		HSA	43.37	44.58	
	rd	706	Jasper Molenaar		HN4	43.84	44.97	
		Marc Hamburger			Jasper Molenaar			
		100m	11.79	(11.79)	100m	12.21	(12.21)	
		500m	44.58	(32.79)	500m	44.97	(32.76)	

		Naam		Cat		PR	Tijd	Info
28	gl	807	Willem Brantjes		H65	42.97	50.94	
	bl	305	Jari Hoogeboom		HB2	43.26	44.10	
		Willem Brantjes			Jari Hoogeboom			
		100m	13.81	(13.81)	100m	11.82	(11.82)	
		500m	50.94	(37.13)	500m	44.10	(32.28)	

8. Uitslag 8 Neo en Senioren Dames 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	306 Renske Kramer	DSA	32	I	47.73		8
2	608 Senna Miedema	DB1	32	O	48.93		7
3	408 Myrthe De Reus	DN1	31	O	49.40		6
4	808 Luna den Elsen	DN4	31	I	49.75		5
5	707 Maaïke Has	DN4	29	I	56.64		4
6	208 Elin Biersteker	DB1	30	O	1:02.20		3
7	506 Richtje Taal	D75	30	I	1:21.20		2

8. Rituitslag 8 Neo en Senioren Dames 500 meter

		Naam		Cat		PR	Tijd	Info
29	wt rd	707	Maaike Has		DN4		56.64	
		Maaike Has						
		100m	14.64	(14.64)		m		
		500m	56.64	(42.00)				

		Naam		Cat		PR	Tijd	Info
30	gl	506	Richtje Taal		D75	1:06.60	1:21.20	
	bl	208	Elin Biersteker		DB1	1:01.59	1:02.20	
		Richtje Taal		Elin Biersteker				
		100m	18.72	(18.72)	100m	14.78	(14.78)	
		500m	1:21.20	(62.48)	500m	1:02.20	(47.42)	

		Naam		Cat		PR	Tijd	Info
31	wt	808	Luna den Elsen		DN4	47.80	49.75	
	rd	408	Myrthe De Reus		DN1	47.55	49.40	
		Luna den Elsen		Myrthe De Reus				
		100m	13.03	(13.03)	100m	12.80	(12.80)	
		500m	49.75	(36.72)	500m	49.40	(36.60)	

		Naam		Cat		PR	Tijd	Info
32	gl	306	Renske Kramer		DSA	45.79	47.73	
	bl	608	Senna Miedema		DB1	48.78	48.93	
		Renske Kramer		Senna Miedema				
		100m	12.83	(12.83)	100m	12.41	(12.41)	
		500m	47.73	(34.90)	500m	48.93	(36.52)	

9. Uitslag 9 Veteranen Heren 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	609 Erwin van Eis	H40	36	O	45.26		8
2	507 Dennis van Dok	H50	36	I	45.82		7
3	109 Gerlof Zwaga	H55	35	O	47.64		6
4	307 Ronald Mossinkoff	H55	35	I	50.19		5
5	809 Kees Molenaar	H65	34	I	52.52		4
6	409 Dirk Jan de Boer	H45	33	I	55.41		3
7	209 Mart Kuiper	H70	34	O	56.99		2

9. Rituitslag 9 Veteranen Heren 500 meter

		Naam		Cat		PR	Tijd	Info
33	wt rd	409	Dirk Jan de Boer		H45		55.41	
		Dirk Jan de Boer						
		100m	15.46	(15.46)		m		
		500m	55.41	(39.95)				

		Naam		Cat		PR	Tijd	Info
34	gl bl	809	Kees Molenaar		H65	45.22	52.52	
		209	Mart Kuiper		H70	46.20	56.99	
		Kees Molenaar						
		100m	13.73	(13.73)		100m	14.75	(14.75)
		500m	52.52	(38.79)		500m	56.99	(42.24)
		Mart Kuiper						

		Naam		Cat		PR	Tijd	Info
35	wt rd	307	Ronald Mossinkoff		H55	44.50	50.19	
		109	Gerlof Zwaga		H55	43.59	47.64	
		Ronald Mossinkoff						
		100m	12.94	(12.94)		100m	12.83	(12.83)
		500m	50.19	(37.25)		500m	47.64	(34.81)
		Gerlof Zwaga						

		Naam		Cat		PR	Tijd	Info
36	gl bl	507	Dennis van Dok		H50	41.68	45.82	
		609	Erwin van Eis		H40	40.82	45.26	
		Dennis van Dok						
		100m	12.50	(12.50)		100m	11.81	(11.81)
		500m	45.82	(33.32)		500m	45.26	(33.45)
		Erwin van Eis						

10. Uitslag 10 Pupillen Heren (2) 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	110 Stijn Huiberts	HPB	40	O	56.04		8
2	410 Luuk Hoogeboom	HPB	40	I	56.14		7
3	701 Lincoln Kostwinder	HPB	39	I	1:03.62		6
4	311 Tom Kramer	HPC	37	O	1:04.15		5
5	601 Gijs Koomen	HPB	38	O	1:05.40		4
6	201 Cas Hoogenkamp	HPB	39	O	1:07.08		3
7	801 Tobias Schut	HPC	38	I	1:16.31		2
8	502 Björn Baas	HPC	37	I	1:20.60		1

10. Rituitslag 10 Pupillen Heren (2) 500 meter

		Naam		Cat		PR	Tijd	Info
37	wt	502 Björn Baas		HPC			1:20.60	
	rd	311 Tom Kramer		HPC			1:04.15	
		Björn Baas		Tom Kramer				
		100m	17.74	(17.74)	100m	14.28	(14.28)	
		500m	1:20.60	(62.86)	500m	1:04.15	(49.87)	

		Naam		Cat		PR	Tijd	Info
38	gl	801 Tobias Schut		HPC		1:11.45	1:16.31	
	bl	601 Gijs Koomen		HPB		1:10.70	1:05.40	
		Tobias Schut		Gijs Koomen				
		100m	15.89	(15.89)	100m	15.64	(15.64)	
		500m	1:16.31	(60.42)	500m	1:05.40	(49.76)	

		Naam		Cat		PR	Tijd	Info
39	wt	701 Lincoln Kostwinder		HPB		1:00.25	1:03.62	
	rd	201 Cas Hoogenkamp		HPB		1:01.72	1:07.08	
		Lincoln Kostwinder		Cas Hoogenkamp				
		100m	14.74	(14.74)	100m	14.45	(14.45)	
		500m	1:03.62	(48.88)	500m	1:07.08	(52.63)	

		Naam		Cat		PR	Tijd	Info
40	gl	410 Luuk Hoogeboom		HPB		53.91	56.14	
	bl	110 Stijn Huiberts		HPB		53.77	56.04	
		Luuk Hoogeboom		Stijn Huiberts				
		100m	13.74	(13.74)	100m	13.74	(13.74)	
		500m	56.14	(42.40)	500m	56.04	(42.30)	

11. Uitslag 11 Pupillen Dames (2) 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	702 Nienke Neeffjes	DPA	44	I	51.84		8
2	602 Maud Miedema	DPA	44	O	52.01		7
3	202 Jonna Molhoek	DPB	43	O	54.14		6
4	411 Fay Hoedjes	DPA	43	I	56.18		5
5	301 Dauphine van Diepen	DPA	42	O	56.81		4
6	802 Doortje Wijker	DPC	42	I	58.17		3
7	111 Imme Hoffmans	DPC	41	O	59.63		2
8	501 Juliët Verschoor	DPD	41	I	1:04.79		1

11. Rituitslag 11 Pupillen Dames (2) 500 meter

		Naam		Cat		PR	Tijd	Info
41	wt	501	Juliët Verschoor		DPD	1:04.06	1:04.79	
	rd	111	Imme Hoffmans		DPC	59.44	59.63	
		Juliët Verschoor			Imme Hoffmans			
		100m	14.73	(14.73)	100m	14.01	(14.01)	
		500m	1:04.79	(50.06)	500m	59.63	(45.62)	

		Naam		Cat		PR	Tijd	Info
42	gl	802	Doortje Wijker		DPC	56.98	58.17	
	bl	301	Dauphine van Diepen		DPA	57.13	56.81	
		Doortje Wijker			Dauphine van Diepen			
		100m	13.93	(13.93)	100m	13.66	(13.66)	
		500m	58.17	(44.24)	500m	56.81	(43.15)	

		Naam		Cat		PR	Tijd	Info
43	wt	411	Fay Hoedjes		DPA	55.38	56.18	
	rd	202	Jonna Molhoek		DPB	52.29	54.14	
		Fay Hoedjes			Jonna Molhoek			
		100m	14.06	(14.06)	100m	13.59	(13.59)	
		500m	56.18	(42.12)	500m	54.14	(40.55)	

		Naam		Cat		PR	Tijd	Info
44	gl	702	Nienke Neefjes		DPA	50.37	51.84	
	bl	602	Maud Miedema		DPA	51.50	52.01	
		Nienke Neefjes			Maud Miedema			
		100m	13.04	(13.04)	100m	13.08	(13.08)	
		500m	51.84	(38.80)	500m	52.01	(38.93)	

12. Uitslag 12 Junioren C Heren 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	203 Kasper Rooks	HC2	48	I	1:28.30		8
2	412 Siebren Bruijn	HC2	48	O	1:30.53	PR	7
3	112 Cas Huiberts	HC2	47	I	1:46.57	PR	6
4	803 Jelco Vader	HC2	47	O	2:08.90	FL	5
5	703 Valentijn de Vries	HPB	45	O	2:09.30	PR	4
6	603 Sil Koper	HPC	45	I	2:10.15		3

12. Rituitslag 12 Junioren C Heren 1000 meter

		Naam		Cat		PR	Tijd	Info
45	wt	603	Sil Koper		HPC		2:10.15	
	rd	703	Valentijn de Vries		HPB	2:09.78	2:09.30	PR
		Sil Koper			Valentijn de Vries			
		200m	26.37	(26.37)	200m	26.82	(26.82)	
		600m	1:18.42	(52.05)	600m	1:17.90	(51.08)	
		1000m	2:10.15	(51.73)	1000m	2:09.30	(51.40)	
		Naam		Cat		PR	Tijd	Info
46	gl							
	bl							
		m			m			
		Naam		Cat		PR	Tijd	Info
47	wt	112	Cas Huiberts		HC2	1:46.94	1:46.57	PR
	rd	803	Jelco Vader		HC2	1:54.53	2:08.90	FL
		Cas Huiberts			Jelco Vader			
		200m	23.04	(23.04)	200m	23.73	(23.73)	
		600m	1:03.50	(40.46)	600m	1:19.79	(56.06)	
		1000m	1:46.57	(43.07)	1000m	2:08.90	(49.11)	
		Naam		Cat		PR	Tijd	Info
48	gl	203	Kasper Rooks		HC2	1:25.42	1:28.30	
	bl	412	Siebre Bruijn		HC2	1:31.34	1:30.53	PR
		Kasper Rooks			Siebre Bruijn			
		200m	19.98	(19.98)	200m	20.67	(20.67)	
		600m	52.51	(32.53)	600m	54.51	(33.84)	
		1000m	1:28.30	(35.79)	1000m	1:30.53	(36.02)	

13. Uitslag 13 Junioren C Dames 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	404 Esmee Groot	DC2	52	O	1:39.25		8
2	113 Anniek van de Kreeke	DC1	52	I	1:42.91		7
3	704 Amarins Dronrijp	DC1	51	I	1:44.47		6
4	503 Sara Pruiksma	DC1	51	O	1:51.52		5
5	604 Sarah Kant	DPA	50	O	1:52.25	PR	4
6	204 Maud Bos	DC2	50	I	1:57.55	FL	3
7	804 Bodine Schut	DC2	49	I	2:12.40		2
8	302 Saar Veldt	DC2	49	O	2:12.93	PR	1

13. Rituitslag 13 Junioren C Dames 1000 meter

		Naam	Cat	PR	Tijd	Info
49	wt	804 Bodine Schut	DC2	2:05.11	2:12.40	
	rd	302 Saar Veldt	DC2	2:16.18	2:12.93	PR
		Bodine Schut				Saar Veldt
		200m 29.08 (29.08)			200m 28.55 (28.55)	
		600m 1:19.93 (50.85)			600m 1:18.86 (50.31)	
		1000m 2:12.40 (52.47)			1000m 2:12.93 (54.07)	
		Naam	Cat	PR	Tijd	Info
50	gl	204 Maud Bos	DC2	1:52.62	1:57.55	FL
	bl	604 Sarah Kant	DPA	1:57.77	1:52.25	PR
		Maud Bos				Sarah Kant
		200m 23.68 (23.68)			200m 25.38 (25.38)	
		600m 1:04.00 (40.32)			600m 1:07.73 (42.35)	
		1000m 1:57.55 (53.55)			1000m 1:52.25 (44.52)	
		Naam	Cat	PR	Tijd	Info
51	wt	704 Amarins Dronrijp	DC1	1:43.66	1:44.47	
	rd	503 Sara Pruiksmā	DC1	1:42.36	1:51.52	
		Amarins Dronrijp				Sara Pruiksmā
		200m 23.65 (23.65)			200m 23.45 (23.45)	
		600m 1:03.10 (39.45)			600m 1:04.78 (41.33)	
		1000m 1:44.47 (41.37)			1000m 1:51.52 (46.74)	
		Naam	Cat	PR	Tijd	Info
52	gl	113 Anniek van de Kreeke	DC1	1:42.03	1:42.91	
	bl	404 Esmee Groot	DC2	1:37.77	1:39.25	
		Anniek van de Kreeke				Esmee Groot
		200m 23.10 (23.10)			200m 22.95 (22.95)	
		600m 1:01.70 (38.60)			600m 1:00.27 (37.32)	
		1000m 1:42.91 (41.21)			1000m 1:39.25 (38.98)	

14. Uitslag 14 Junioren B/A Dames 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	705 Fenny Neefjes	DB2	56	O	1:31.19	PR	8
2	106 Noa Veerman	DC1	56	I	1:31.63		7
3	806 Coba Meijer	DA1	55	O	1:40.56		6
4	413 Sam Veltum	DA2	54	I	1:42.85	PR	5
5	606 Famke Goedbloed	DB2	53	I	1:44.29		4
6	309 Riëlle Hageman	DA1	55	I	1:44.64		3
7	206 Marit Molhoek	DC1	54	O	1:46.97		2

14. Rituitslag 14 Junioren B/A Dames 1000 meter

		Naam	Cat	PR	Tijd	Info																																																																																																																																																																																						
53	wt rd	606 Famke Goedbloed	DB2	1:42.35	1:44.29																																																																																																																																																																																							
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1000m	1:42.85	(41.74)	1000m	1:46.97	(41.95)																																																																																																																																																																																							
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15. Uitslag 15 Neo en Senioren Heren 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	414 Mathijs Berkhout	HA2	60	O	1:25.99		8
2	810 Brian Bloedjes	HN4	59	O	1:28.14		7
3	610 Marvin Brunen	HSA	59	I	1:29.69		6
4	107 Marc Hamburger	HSA	60	I	1:33.60		5
5	308 Jop van der Bijl	HSA	58	O	1:33.96		4
6	508 Fred Louter	H60	58	I	1:42.76		3
7	210 Robin Fictoor	HB1	57	I	1:46.61	PR	2

15. Rituitslag 15 Neo en Senioren Heren 1000 meter

		Naam	Cat	PR	Tijd	Info
57	wt rd	210 Robin Fictoor	HB1	1:50.84	1:46.61	PR

Robin Fictoor

200m	23.18	(23.18)	m
600m	1:03.27	(40.09)	
1000m	1:46.61	(43.34)	

		Naam	Cat	PR	Tijd	Info
58	gl	508 Fred Louter	H60	1:24.44	1:42.76	
	bl	308 Jop van der Bijl	HSA	1:30.54	1:33.96	

Fred Louter

200m	24.87	(24.87)
600m	1:02.88	(38.01)
1000m	1:42.76	(39.88)

Jop van der Bijl

200m	21.84	(21.84)
600m	56.84	(35.00)
1000m	1:33.96	(37.12)

		Naam	Cat	PR	Tijd	Info
59	wt	610 Marvin Brunen	HSA	1:28.51	1:29.69	
	rd	810 Brian Bloedjes	HN4	1:26.27	1:28.14	

Marvin Brunen

200m	20.38	(20.38)
600m	53.68	(33.30)
1000m	1:29.69	(36.01)

Brian Bloedjes

200m	20.55	(20.55)
600m	52.44	(31.89)
1000m	1:28.14	(35.70)

		Naam	Cat	PR	Tijd	Info
60	gl	107 Marc Hamburger	HSA	1:28.35	1:33.60	
	bl	414 Mathijs Berkhout	HA2	1:21.35	1:25.99	

Marc Hamburger

200m	20.59	(20.59)
600m	55.13	(34.54)
1000m	1:33.60	(38.47)

Mathijs Berkhout

200m	19.45	(19.45)
600m	50.87	(31.42)
1000m	1:25.99	(35.12)

16. Uitslag 16 Neo en Senioren Dames 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	415 Shelley Blaauw	DN1	64	O	1:30.67		8
2	608 Senna Miedema	DB1	64	I	1:40.68	PR	7
3	509 Marije Metzelaar	D40	61	I	1:41.87		6
4	811 Suzanne Kuijpers	DSA	62	I	1:42.89		5
5	709 Ilse Bakker	DSA	63	O	1:49.59		4
6	310 Annemieke Hoogeboom	D45	63	I	1:55.89	PR	3
7	208 Elin Biersteker	DB1	62	O	2:16.70		2

16. Rituitslag 16 Neo en Senioren Dames 1000 meter

		Naam	Cat	PR	Tijd	Info
61	wt rd	509 Marije Metzelaar	D40		1:41.87	
		Marije Metzelaar				
		200m	22.78 (22.78)		m	
		600m	1:00.62 (37.84)			
		1000m	1:41.87 (41.25)			
		Suzanne Kuijpers				
		200m	23.18 (23.18)			
		600m	1:02.12 (38.94)			
		1000m	1:42.89 (40.77)			
		Elin Biersteker				
		200m	29.03 (29.03)			
		600m	1:21.90 (52.87)			
		1000m	2:16.70 (54.80)			
		Annemieke Hoogeboom				
		200m	25.70 (25.70)			
		600m	1:09.19 (43.49)			
		1000m	1:55.89 (46.70)			
		Ilse Bakker				
		200m	23.58 (23.58)			
		600m	1:03.52 (39.94)			
		1000m	1:49.59 (46.07)			
		Senna Miedema				
		200m	22.58 (22.58)			
		600m	1:01.12 (38.54)			
		1000m	1:40.68 (39.56)			
		Shelley Blaauw				
		200m	20.67 (20.67)			
		600m	53.57 (32.90)			
		1000m	1:30.67 (37.10)			

17. Uitslag 17 Junioren B/A Heren 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	805 Björn Zonneveld	HB1	68	I	2:11.11		8
2	504 Mats Verschoor	HB1	68	O	2:15.05		7
3	105 Simeon Verhart	HC1	67	O	2:17.76		6
4	303 Luuk van Waggendorff van Ryn	HB1	67	I	2:20.52		5
5	205 Nathan van der Meulen	HB2	66	O	2:24.39		4
6	605 Chris Molenaar	HB2	66	I	2:25.18	PR	3
	416 Jurre Roording	HB1	65	I	DQ		

17. Rituitslag 17 Junioren B/A Heren 1500 meter

		Naam	Cat	PR	Tijd	Info
65	wt rd	416 Jurre Roording	HB1	2:37.50		DQ

Jurre Roording

300m	1:03.10	(63.10)
700m	1:40.00	(36.90)
1100m	2:22.03	(42.03)
1500m	3:05.50	(43.47)

m

		Naam	Cat	PR	Tijd	Info
66	gl	605 Chris Molenaar	HB2	2:34.47		2:25.18 PR
	bl	205 Nathan van der Meulen	HB2	2:21.55		2:24.39

Chris Molenaar

300m	31.88	(31.88)
700m	1:08.54	(36.66)
1100m	1:46.55	(38.01)
1500m	2:25.18	(38.63)

Nathan van der Meulen

300m	30.41	(30.41)
700m	1:06.45	(36.04)
1100m	1:44.64	(38.19)
1500m	2:24.39	(39.75)

		Naam	Cat	PR	Tijd	Info
67	wt	303 Luuk van Wagendorff van Ryn	HB1	2:19.84		2:20.52
	rd	105 Simeon Verhart	HC1	2:15.03		2:17.76

Luuk van Wagendorff van Ryn

300m	28.93	(28.93)
700m	1:03.83	(34.90)
1100m	1:41.06	(37.23)
1500m	2:20.52	(39.46)

Simeon Verhart

300m	28.38	(28.38)
700m	1:02.98	(34.60)
1100m	1:40.38	(37.40)
1500m	2:17.76	(37.38)

		Naam	Cat	PR	Tijd	Info
68	gl	805 Björn Zonneveld	HB1	2:08.21		2:11.11
	bl	504 Mats Verschoor	HB1	2:11.60		2:15.05

Björn Zonneveld

300m	28.85	(28.85)
700m	1:02.05	(33.20)
1100m	1:36.18	(34.13)
1500m	2:11.11	(34.93)

Mats Verschoor

300m	27.00	(27.00)
700m	1:00.04	(33.04)
1100m	1:36.68	(36.64)
1500m	2:15.05	(38.37)

18. Uitslag 18 Neo en Senioren Heren 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	607 Bram van der Molen	HN2	71	I	2:22.28	PR	8
2	308 Jop van der Bijl	HSA	71	O	2:27.03		7
3	114 Jordy Jak	H45	72	I	2:27.90		6
4	407 Jesse Oinga	HA1	70	I	2:28.83	PR	5
5	207 Leo Groot	HN2	70	O	2:33.80		4
6	807 Willem Brantjes	H65	72	O	2:37.83		3
7	505 Jim van Elst	H60	69	I	3:15.76		2

18. Rituitslag 18 Neo en Senioren Heren 1500 meter

		Naam		Cat		PR	Tijd	Info
69	wt	505	Jim van Elst		H60	2:58.27	3:15.76	
	rd							
			Jim van Elst					
			300m	41.85	(41.85)		m	
			700m	1:32.90	(51.05)			
		1100m	2:22.94	(50.04)				
		1500m	3:15.76	(52.82)				
<hr/>								
		Naam		Cat		PR	Tijd	Info
70	gl	407	Jesse Oinga		HA1	2:50.59	2:28.83	PR
	bl	207	Leo Groot		HN2	2:32.44	2:33.80	
			Jesse Oinga					
			300m	30.63	(30.63)		300m	32.26 (32.26)
			700m	1:06.19	(35.56)		700m	1:08.65 (36.39)
		1100m	1:46.02	(39.83)		1100m	1:51.32 (42.67)	
		1500m	2:28.83	(42.81)		1500m	2:33.80 (42.48)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
71	wt	607	Bram van der Molen		HN2	2:22.44	2:22.28	PR
	rd	308	Jop van der Bijl		HSA	2:19.96	2:27.03	
			Bram van der Molen					
			300m	30.65	(30.65)		300m	31.34 (31.34)
			700m	1:06.09	(35.44)		700m	1:07.84 (36.50)
		1100m	1:43.33	(37.24)		1100m	1:46.77 (38.93)	
		1500m	2:22.28	(38.95)		1500m	2:27.03 (40.26)	
<hr/>								
		Naam		Cat		PR	Tijd	Info
72	gl	114	Jordy Jak		H45	2:22.04	2:27.90	
	bl	807	Willem Brantjes		H65	2:07.16	2:37.83	
			Jordy Jak					
			300m	32.69	(32.69)		300m	34.12 (34.12)
			700m	1:09.64	(36.95)		700m	1:13.43 (39.31)
		1100m	1:48.19	(38.55)		1100m	1:54.77 (41.34)	
		1500m	2:27.90	(39.71)		1500m	2:37.83 (43.06)	
<hr/>								
		Willem Brantjes						
		300m	34.12	(34.12)		300m	34.12 (34.12)	
		700m	1:13.43	(39.31)		700m	1:13.43 (39.31)	
		1100m	1:54.77	(41.34)		1100m	1:54.77 (41.34)	
		1500m	2:37.83	(43.06)		1500m	2:37.83 (43.06)	

19. Uitslag 19 Neo en Senioren Dames 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	415 Shelley Blaauw	DN1	76	O	2:20.01		8
2	306 Renske Kramer	DSA	76	I	2:26.02		7
3	812 Iris Daman	DN3	75	I	2:46.12		6
4	612 Amy Noordstrand	DA2	74	O	3:06.94	PR	5
5	707 Maaïke Has	DN4	73	I	3:10.79		4
6	506 Richtje Taal	D75	74	I	4:12.74		3
	211 Rowen Knol	DSA				WDR	

19. Rituitslag 19 Neo en Senioren Dames 1500 meter

		Naam	Cat	PR	Tijd	Info
73	wt rd	707 Maaike Has	DN4		3:10.79	
		Maaike Has				
		300m	36.76 (36.76)			m
		700m	1:25.06 (48.30)			
		1100m	2:17.86 (52.80)			
		1500m	3:10.79 (52.93)			
		Richtje Taal				
		300m	49.86 (49.86)			
		700m	1:55.79 (65.93)			
		1100m	3:03.98 (68.19)			
		1500m	4:12.74 (68.76)			
		Amy Noordstrand				
		300m	37.50 (37.50)			
		700m	1:25.77 (48.27)			
		1100m	2:16.18 (50.41)			
		1500m	3:06.94 (50.76)			
		Iris Daman				
		300m	33.42 (33.42)			
		700m	1:14.13 (40.71)			
		1100m	1:59.07 (44.94)			
		1500m	2:46.12 (47.05)			
		Rowen Knol				
		300m				
		700m				
		1100m				
		1500m				
		Renske Kramer				
		300m	31.47 (31.47)			
		700m	1:08.13 (36.66)			
		1100m	1:46.80 (38.67)			
		1500m	2:26.02 (39.22)			
		Shelley Blaauw				
		300m	30.43 (30.43)			
		700m	1:05.70 (35.27)			
		1100m	1:42.26 (36.56)			
		1500m	2:20.01 (37.75)			

20. Uitslag 20 Veteranen Heren 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	507 Dennis van Dok	H50	80	I	2:20.27		8
2	109 Gerlof Zwaga	H55	79	I	2:27.60		7
3	609 Erwin van Eis	H40	80	O	2:32.32		6
4	307 Ronald Mossinkoff	H55	79	O	2:35.99		5
5	809 Kees Molenaar	H65	78	O	2:45.57		4
6	409 Dirk Jan de Boer	H45	77	I	2:49.63		3
7	209 Mart Kuiper	H70	78	I	2:53.83		2

20. Rituitslag 20 Veteranen Heren 1500 meter

		Naam	Cat	PR	Tijd	Info
77	wt rd	409 Dirk Jan de Boer	H45		2:49.63	
		Dirk Jan de Boer				
		300m	35.12 (35.12)			m
		700m	1:17.32 (42.20)			
		1100m	2:02.81 (45.49)			
		1500m	2:49.63 (46.82)			
		Mart Kuiper				
		300m	36.08 (36.08)			
		700m	1:19.43 (43.35)			
		1100m	2:06.01 (46.58)			
		1500m	2:53.83 (47.82)			
		Kees Molenaar				
		300m	34.05 (34.05)			
		700m	1:16.38 (42.33)			
		1100m	2:00.58 (44.20)			
		1500m	2:45.57 (44.99)			
		Gerlof Zwaga				
		300m	31.73 (31.73)			
		700m	1:08.95 (37.22)			
		1100m	1:48.07 (39.12)			
		1500m	2:27.60 (39.53)			
		Ronald Mossinkoff				
		300m	33.00 (33.00)			
		700m	1:12.72 (39.72)			
		1100m	1:54.00 (41.28)			
		1500m	2:35.99 (41.99)			
		Dennis van Dok				
		300m	29.96 (29.96)			
		700m	1:04.90 (34.94)			
		1100m	1:42.11 (37.21)			
		1500m	2:20.27 (38.16)			
		Erwin van Eis				
		300m	30.51 (30.51)			
		700m	1:07.77 (37.26)			
		1100m	1:48.20 (40.43)			
		1500m	2:32.32 (44.12)			

21. Uitslag 21 Neo en Senioren Heren 3000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	418 Jasper Stam	HA1	84	O	4:40.45		8
2	305 Jari Hoogeboom	HB2	84	I	4:50.34		7
3	813 Casper Schut	HA1	83	I	4:52.41		6
4	706 Jasper Molenaar	HN4	83	O	5:00.07		5
5	611 Sam Albracht	HN3	82	I	5:05.58		4
6	115 Olaf Wijker	H55	82	O	5:35.46		3
7	212 Arjen Bosma	HSB	81	I	5:52.58		2

21. Rituitslag 21 Neo en Senioren Heren 3000 meter

		Naam		Cat		PR		Tijd	Info
81	wt rd	212	Arjen Bosma		HSB		5:08.85	5:52.58	
		Arjen Bosma							
		200m	25.44	(25.44)				m	
		600m	1:07.57	(42.13)					
		1000m	1:51.28	(43.71)					
		1400m	2:36.04	(44.76)					
		1800m	3:23.52	(47.48)					
		2200m	4:11.53	(48.01)					
		2600m	5:01.40	(49.87)					
		3000m	5:52.58	(51.18)					

		Naam		Cat		PR		Tijd	Info
82	gl	611	Sam Albracht		HN3		4:48.59	5:05.58	
	bl	115	Olaf Wijker		H55		4:47.51	5:35.46	
		Sam Albracht							
		200m	22.85	(22.85)					
		600m	1:02.00	(39.15)					
		1000m	1:42.26	(40.26)					
		1400m	2:22.34	(40.08)					
		1800m	3:02.50	(40.16)					
		2200m	3:42.39	(39.89)					
		2600m	4:24.09	(41.70)					
		3000m	5:05.58	(41.49)					
		Olaf Wijker							
		200m	24.14	(24.14)					
		600m	1:04.34	(40.20)					
		1000m	1:46.68	(42.34)					
		1400m	2:30.84	(44.16)					
		1800m	3:16.01	(45.17)					
		2200m	4:02.59	(46.58)					
		2600m	4:49.01	(46.42)					
		3000m	5:35.46	(46.45)					

		Naam	Cat	PR	Tijd	Info
83	wt	813 Casper Schut	HA1	4:43.01	4:52.41	
	rd	706 Jasper Molenaar	HN4	4:56.06	5:00.07	

Casper Schut

200m	21.73	(21.73)
600m	57.49	(35.76)
1000m	1:35.15	(37.66)
1400m	2:13.69	(38.54)
1800m	2:53.18	(39.49)
2200m	3:32.52	(39.34)
2600m	4:12.44	(39.92)
3000m	4:52.41	(39.97)

Jasper Molenaar

200m	22.59	(22.59)
600m	1:00.23	(37.64)
1000m	1:38.98	(38.75)
1400m	2:18.42	(39.44)
1800m	2:58.32	(39.90)
2200m	3:39.25	(40.93)
2600m	4:20.08	(40.83)
3000m	5:00.07	(39.99)

		Naam	Cat	PR	Tijd	Info
84	gl	305 Jari Hoogeboom	HB2	4:40.11	4:50.34	
	bl	418 Jasper Stam	HA1	4:33.64	4:40.45	

Jari Hoogeboom

200m	21.40	(21.40)
600m	57.69	(36.29)
1000m	1:35.43	(37.74)
1400m	2:13.35	(37.92)
1800m	2:52.24	(38.89)
2200m	3:31.45	(39.21)
2600m	4:10.68	(39.23)
3000m	4:50.34	(39.66)

Jasper Stam

200m	19.97	(19.97)
600m	54.94	(34.97)
1000m	1:31.38	(36.44)
1400m	2:08.38	(37.00)
1800m	2:45.96	(37.58)
2200m	3:24.22	(38.26)
2600m	4:02.32	(38.10)
3000m	4:40.45	(38.13)