

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	17 Roan Varenbrink	HPC	8	I	13.14	PB	
2	41 Douwe Gildemacher	HPC	9	O	13.81	PB	
3	10 Pien Evers	DPD	8	O	13.85	PB	
4	65 Lize Zeewuster	DPB	6	O	14.09	PB	
5	70 Jill Isfordink	DPD	5	O	14.82	PB	
6	39 Sylvan Markvoort	HPC	6	I	15.65		
7	25 Arwen Bezembinder	DPB	4	I	16.11	PB	
8	23 Ruben Warmink	HPE	4	O	16.56	PB	
9	80 Roos Bak	DPF	5	I	16.72		
10	56 Fenne Nijenhuis	DPD	3	I	19.75		
11	22 Faas Klunder	HPE	2	I	19.91		
12	105 Mick de Wals	HPD	3	O	20.05		
13	101 Kalijn Kruithof	DPF	1	I	20.75	PB	
	8 Ties Groothuis	HPD	7	I	DNS		
	41 Douwe Gildemacher	HPC	7	O	DNS		
	102 Bruno Esmeijer	HPE			WDR		

Referee:

Assistant:

Starter:

From 3/17/2023 5:30:00 PM to 3/17/2023 6:21:42 PM

Print: 9/1/2024 5:34:40 AM

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17 March 2023

1. Race Result 100 meter

		Name		Cat		PB		Time	Info
1	wt	101	Kalijn Kruithof		DPF	21.60		20.75	PB
	rd								
		<u>Kalijn Kruithof</u>							
		100m	20.75	(20.75)		m			

		Name		Cat		PB		Time	Info
2	yw	22	Faas Klunder		HPE	19.24		19.91	
	bl	102	Bruno Esmeijer		HPE	19.34		WDR	
		<u>Faas Klunder</u>							
		100m	19.91	(19.91)		<u>Bruno Esmeijer</u>			

		Name		Cat		PB		Time	Info
3	wt	56	Fenne Nijenhuis		DPD	18.63		19.75	
	rd	105	Mick de Wals		HPD	19.03		20.05	
		<u>Fenne Nijenhuis</u>							
		100m	19.75	(19.75)		<u>Mick de Wals</u>			
						100m	20.05	(20.05)	

		Name		Cat		PB		Time	Info
4	yw	25	Arwen Bezembinder		DPB	16.30		16.11	PB
	bl	23	Ruben Warmink		HPE	17.01		16.56	PB
		<u>Arwen Bezembinder</u>							
		100m	16.11	(16.11)		<u>Ruben Warmink</u>			
						100m	16.56	(16.56)	

		Name		Cat		PB		Time	Info
5	wt	80	Roos Bak		DPF	15.95		16.72	
	rd	70	Jill Isfordink		DPD	15.21		14.82	PB
		<u>Roos Bak</u>							
		100m	16.72	(16.72)		<u>Jill Isfordink</u>			
						100m	14.82	(14.82)	

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		Name		Cat		PB	Time	Info
6	yw	39	Sylvan Markvoort		HPC		15.02	15.65
	bl	65	Lize Zeewuster		DPB		14.83	14.09 PB
		<u>Sylvan Markvoort</u>			<u>Lize Zeewuster</u>			
		100m	15.65	(15.65)	100m	14.09	(14.09)	

		Name		Cat		PB	Time	Info
7	wt	8	Ties Groothuis		HPD		13.38	DNS
	rd	41	Douwe Gildemacher		HPC		14.24	DNS
		<u>Ties Groothuis</u>			<u>Douwe Gildemacher</u>			

		Name		Cat		PB	Time	Info
8	yw	17	Roan Varenbrink		HPC		13.16	13.14 PB
	bl	10	Pien Evers		DPD		14.18	13.85 PB
		<u>Roan Varenbrink</u>			<u>Pien Evers</u>			
		100m	13.14	(13.14)	100m	13.85	(13.85)	

		Name		Cat		PB	Time	Info
9	wt							
	rd	41	Douwe Gildemacher		HPC		14.24	13.81 PB
		<u>Douwe Gildemacher</u>						
		m			100m	13.81	(13.81)	

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17 March 2023

2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Tim Hoogkamer	HSA	54	I	36.49	PB	
2	50 Floris van Velsen	HB2	55	O	37.53	PB	
3	19 Jack Boekema	HC1	55	I	38.50		
4	42 Daniël van Velsen	HA2	52	I	40.24		
5	115 Yasmine Bouaziz	DA2	53	O	40.78		
6	75 Rens Hiddink	HN1	50	I	41.10		
7	108 Govert van der Weijden	HB1	53	I	41.18		
8	98 Jasmijn ter Haar	DC1	51	O	41.87	PB	
	54 Marloes Westerhof	DSB	51	I	41.87	PB	
10	26 Floris Klunder	H45	47	I	42.26		
11	61 Beau Kappers	HB1	48	O	42.77		
12	36 Noam van de Koppel	HC2	50	O	42.84		
13	90 Etienne Tournier	HB1	49	O	42.95		
14	29 Menno Klunder	H45	46	O	43.07		
15	5 Mees Klunder	HC1	49	I	43.19		
16	116 Noëmi De boer	DB2	48	I	43.38		
17	52 Klaas Jan van der Veen	H50	44	O	43.65		
18	68 Gerwin Boschloo	H50	46	I	43.86		
19	88 Koen Bos	HA2	45	O	44.18		
20	64 Femke Assink	DN3	44	I	44.20		
21	35 Jan-Willem van Velsen	H50	43	O	44.50		
22	83 Ties Sinke	HB2	38	I	44.53	PB	
23	2 Veerle Friso	DC1	47	O	44.79		
24	14 Luca Batterink	HPA	39	I	45.07	PB	
25	11 Charley Boekema	DPC	43	I	45.20	PB	
26	114 Jimmie van der Veen	HN4	42	I	45.37		
27	72 Ellis Van Halteren	DB2	34	I	45.77	PB	
28	32 Suze Egbring	DA1	45	I	45.90		
29	31 Chantal Herms	D45	56	O	46.14		
30	30 Iris Rietman	DC2	56	I	46.37		
31	89 Luna Blumink	DB1	35	I	46.64	PB	
32	3 Liz Wolters	DPB	39	O	46.70		
33	87 Janneke Bos	DB1	36	I	46.71	PB	
34	20 Benthe Kamerling	DPB	38	O	46.73	PB	
35	62 Arjen Esselink	H55	40	I	46.76		
36	28 Paul de Leeuw	HPA	40	O	47.17		
37	24 Lauren van den Brink	DPC	41	O	47.24		
38	49 Wietske Bannink	DSB	34	O	47.28		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	46 Bas Hagen	H50	33	I	47.46		
40	60 Céline Hagen	DB2	30	O	47.52		
41	15 Julia Vredenberg	DB2	37	O	47.56		
42	109 Aafke Altena	DPA	32	O	47.71	PB	
43	47 Marlin Schouwstra	DB1	32	I	47.91	PB	
44	63 Jasmijn Egers	DN4	35	O	48.10		
45	112 Ronald van der Aa	H40	9	O	48.14		
46	111 Diede Salomons	DPA	31	I	48.16	PB	
47	79 Noah Bak	DC2	28	I	48.28	PB	
48	43 Dalanda Jalloh	DB1	29	O	48.37	PB	
49	48 Hans ten Hag	H70	33	O	48.49		
50	99 Megan Bootsveld	DN2	31	O	48.66		
51	66 Morgan DeFreese	DPC	36	O	48.83		
52	96 Femke Ditzel	DB2	26	I	48.89	PB	
53	104 Ellen Bongertman	DB2	22	I	49.07	PB	
54	21 Sjoerd de Haan	HPA	29	I	49.22	PB	
55	93 Pieter Dijkstra	HSA	27	I	49.29	PB	
56	55 Herre Mak	HPA	28	O	49.34	PB	
57	84 Liam Schroten	HPB	42	O	49.58		
58	81 Linda van Oosterom	D40	27	O	49.67		
59	85 Cheryl Buitenhuis	DA2	30	I	49.90		
60	59 Tobi Kiers	HC2	25	I	49.93	PB	
61	92 Erwin Huzen	HSB	24	O	50.45	PB	
62	18 Just Klunder	HPB	26	O	50.49	PB	
63	95 Mirjam Hulsebos	D50	25	O	50.67		
64	91 Mathieu Tournier	HA1	22	O	51.23		
65	57 Melle ter Horst	HPB	23	O	51.73	PB	
66	103 Danique Dellink	DN4	41	I	52.03		
67	78 Lise Koier	DC1	24	I	52.52		
68	12 Elin Varenbrink	DPA	20	I	52.54	PB	
69	110 Noor Klunder	DPC	23	I	52.82		
70	100 Zelda Welgraven	DN4	20	O	53.15		
71	73 Arne Alphenaar	H60	37	I	53.27		
72	77 Hilde Klok	DC1	21	I	53.29	PB	
73	7 Imme Ooijman	DC1	21	O	53.74	PB	
74	6 Luuk Groothuis	HPC	18	O	54.20	PB	
75	34 Jill Krikken	DPD	19	I	54.44	PB	
76	16 Olle Klunder	HPE	18	I	54.47	PB	
77	106 Sikko Kranenborg	H70	17	O	55.58		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
78	97 Britt Spenkelink	DPA	19	O	57.06		
79	40 Alexander Warmink	HPA	12	O	57.29	PB	
80	45 Minke Nijenhuis	DPB	12	I	57.54	PB	
81	9 Fabian Kruihof	HPC	15	I	57.55	PB	
82	27 Eva Mezzo	DPC	15	O	57.64	PB	
83	107 Wietske Brandsma	D45	14	I	57.93	PB	
84	1 Blom Ooijman	DPA	14	O	57.98	PB	
85	51 Merle Markvoort	DPA	16	I	58.40		
86	13 Lauren Wolters	DPD	16	O	59.09		
87	69 Robin Stadhouders	DPA	10	I	59.41	PB	
88	38 Suze Kleinsman	DPB	13	I	1:00.69	PB	
89	58 Elin Mak	DPE	17	I	1:01.05		
90	37 Wietze de Haan	HPB	13	O	1:02.16		
91	94 Carlijn van Dongen	DC1	11	I	1:03.69	PB	
92	82 Coosje Sinke	DPB	11	O	1:06.34	PB	
93	86 Maren Arnold	DPB	9	I	1:10.08	PB	
94	44 Thijmen Warmink	HPC	10	O	1:11.24	PB	
	33 Luca Heesen	HN2				WDR	
	113 Adriaan de Kluiver	HSA				WDR	

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2. Race Result 500 meter

		Name		Cat		PB		Time	Info
9	wt	86	Maren Arnold		DPB		1:14.68	1:10.08	PB
	rd	112	Ronald van der Aa		H40			48.14	
		Maren Arnold			Ronald van der Aa				
		100m	16.52	(16.52)	100m	13.57	(13.57)		
		500m	1:10.08	(53.56)	500m	48.14	(34.57)		

		Name		Cat		PB		Time	Info
10	yw	69	Robin Stadhouders		DPA		1:00.52	59.41	PB
	bl	44	Thijmen Warmink		HPC		1:13.91	1:11.24	PB
		Robin Stadhouders			Thijmen Warmink				
		100m	14.12	(14.12)	100m	15.60	(15.60)		
		500m	59.41	(45.29)	500m	1:11.24	(55.64)		

		Name		Cat		PB		Time	Info
11	wt	94	Carlijn van Dongen		DC1		1:04.95	1:03.69	PB
	rd	82	Coosje Sinke		DPB		1:08.51	1:06.34	PB
		Carlijn van Dongen			Coosje Sinke				
		100m	15.44	(15.44)	100m	15.44	(15.44)		
		500m	1:03.69	(48.25)	500m	1:06.34	(50.90)		

		Name		Cat		PB		Time	Info
12	yw	45	Minke Nijenhuis		DPB		1:01.09	57.54	PB
	bl	40	Alexander Warmink		HPA		1:01.57	57.29	PB
		Minke Nijenhuis			Alexander Warmink				
		100m	13.97	(13.97)	100m	13.63	(13.63)		
		500m	57.54	(43.57)	500m	57.29	(43.66)		

		Name		Cat		PB		Time	Info
13	wt	38	Suze Kleinsman		DPB		1:00.96	1:00.69	PB
	rd	37	Wietze de Haan		HPB		1:01.38	1:02.16	
		Suze Kleinsman			Wietze de Haan				
		100m	13.92	(13.92)	100m	16.53	(16.53)		
		500m	1:00.69	(46.77)	500m	1:02.16	(45.63)		

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		Name	Cat	PB	Time	Info
14	yw	107 Wietske Brandsma	D45	1:00.17	57.93	PB
	bl	1 Blom Ooijman	DPA	59.90	57.98	PB
		Wietske Brandsma		Blom Ooijman		
		100m 15.68 (15.68)		100m 14.46 (14.46)		
		500m 57.93 (42.25)		500m 57.98 (43.52)		

		Name	Cat	PB	Time	Info
15	wt	9 Fabian Kruithof	HPC	59.82	57.55	PB
	rd	27 Eva Mezzo	DPC	1:00.80	57.64	PB
		Fabian Kruithof		Eva Mezzo		
		100m 14.28 (14.28)		100m 13.72 (13.72)		
		500m 57.55 (43.27)		500m 57.64 (43.92)		

		Name	Cat	PB	Time	Info
16	yw	51 Merle Markvoort	DPA	57.10	58.40	
	bl	13 Lauren Wolters	DPD	57.55	59.09	
		Merle Markvoort		Lauren Wolters		
		100m 14.62 (14.62)		100m 14.49 (14.49)		
		500m 58.40 (43.78)		500m 59.09 (44.60)		

		Name	Cat	PB	Time	Info
17	wt	58 Elin Mak	DPE	58.93	1:01.05	
	rd	106 Sikko Kranenburg	H70	51.34	55.58	
		Elin Mak		Sikko Kranenburg		
		100m 14.69 (14.69)		100m 14.60 (14.60)		
		500m 1:01.05 (46.36)		500m 55.58 (40.98)		

		Name	Cat	PB	Time	Info
18	yw	16 Olle Klunder	HPE	56.12	54.47	PB
	bl	6 Luuk Groothuis	HPC	55.77	54.20	PB
		Olle Klunder		Luuk Groothuis		
		100m 13.41 (13.41)		100m 13.39 (13.39)		
		500m 54.47 (41.06)		500m 54.20 (40.81)		

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		Name		Cat		PB	Time	Info
19	wt	34	Jill Krikken		DPD	56.79	54.44	PB
	rd	97	Britt Spenkelink		DPA	54.92	57.06	
		Jill Krikken			Britt Spenkelink			
		100m	13.39	(13.39)	100m	13.62	(13.62)	
		500m	54.44	(41.05)	500m	57.06	(43.44)	

		Name		Cat		PB	Time	Info
20	yw	12	Elin Varenbrink		DPA	53.58	52.54	PB
	bl	100	Zelda Welgraven		DN4	51.42	53.15	
		Elin Varenbrink			Zelda Welgraven			
		100m	13.46	(13.46)	100m	13.19	(13.19)	
		500m	52.54	(39.08)	500m	53.15	(39.96)	

		Name		Cat		PB	Time	Info
21	wt	77	Hilde Klok		DC1	54.85	53.29	PB
	rd	7	Imme Ooijman		DC1	54.88	53.74	PB
		Hilde Klok			Imme Ooijman			
		100m	13.97	(13.97)	100m	13.68	(13.68)	
		500m	53.29	(39.32)	500m	53.74	(40.06)	

		Name		Cat		PB	Time	Info
22	yw	104	Ellen Bongertman		DB2	53.91	49.07	PB
	bl	91	Mathieu Tournier		HA1	50.32	51.23	
		Ellen Bongertman			Mathieu Tournier			
		100m	13.38	(13.38)	100m	12.95	(12.95)	
		500m	49.07	(35.69)	500m	51.23	(38.28)	

		Name		Cat		PB	Time	Info
23	wt	110	Noor Klunder		DPC	52.56	52.82	
	rd	57	Melle ter Horst		HPB	53.54	51.73	PB
		Noor Klunder			Melle ter Horst			
		100m	13.52	(13.52)	100m	12.99	(12.99)	
		500m	52.82	(39.30)	500m	51.73	(38.74)	

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		Name	Cat		PB	Time	Info
24	yw	78 Lise Koier	DC1		51.79	52.52	
	bl	92 Erwin Huzen	HSB		51.86	50.45	PB
		Lise Koier		Erwin Huzen			
		100m	13.89	(13.89)	100m	13.45	(13.45)
		500m	52.52	(38.63)	500m	50.45	(37.00)
		Name	Cat		PB	Time	Info
25	wt	59 Tobi Kiers	HC2		51.47	49.93	PB
	rd	95 Mirjam Hulsebos	D50		50.18	50.67	
		Tobi Kiers		Mirjam Hulsebos			
		100m	13.01	(13.01)	100m	13.76	(13.76)
		500m	49.93	(36.92)	500m	50.67	(36.91)
		Name	Cat		PB	Time	Info
26	yw	96 Femke Ditzel	DB2		50.50	48.89	PB
	bl	18 Just Klunder	HPB		50.81	50.49	PB
		Femke Ditzel		Just Klunder			
		100m	13.08	(13.08)	100m	13.29	(13.29)
		500m	48.89	(35.81)	500m	50.49	(37.20)
		Name	Cat		PB	Time	Info
27	wt	93 Pieter Dijkstra	HSA		50.50	49.29	PB
	rd	81 Linda van Oosterom	D40		47.98	49.67	
		Pieter Dijkstra		Linda van Oosterom			
		100m	13.62	(13.62)	100m	13.56	(13.56)
		500m	49.29	(35.67)	500m	49.67	(36.11)
		Name	Cat		PB	Time	Info
28	yw	79 Noah Bak	DC2		50.03	48.28	PB
	bl	55 Herre Mak	HPA		50.38	49.34	PB
		Noah Bak		Herre Mak			
		100m	12.83	(12.83)	100m	13.28	(13.28)
		500m	48.28	(35.45)	500m	49.34	(36.06)

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		Name		Cat		PB		Time	Info
29	wt	21	Sjoerd de Haan		HPA		50.07	49.22	PB
	rd	43	Dalanda Jalloh		DB1		48.64	48.37	PB
		Sjoerd de Haan			Dalanda Jalloh				
		100m	12.84	(12.84)	100m	12.67	(12.67)		
		500m	49.22	(36.38)	500m	48.37	(35.70)		
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		Name		Cat		PB		Time	Info
30	yw	85	Cheryl Buitenhuis		DA2		48.30	49.90	
	bl	60	Céline Hagen		DB2		47.20	47.52	
		Cheryl Buitenhuis			Céline Hagen				
		100m	12.90	(12.90)	100m	12.83	(12.83)		
		500m	49.90	(37.00)	500m	47.52	(34.69)		
<hr/>									
		Name		Cat		PB		Time	Info
31	wt	111	Diede Salomons		DPA		49.23	48.16	PB
	rd	99	Megan Bootsveld		DN2		47.20	48.66	
		Diede Salomons			Megan Bootsveld				
		100m	12.86	(12.86)	100m	13.34	(13.34)		
		500m	48.16	(35.30)	500m	48.66	(35.32)		
<hr/>									
		Name		Cat		PB		Time	Info
32	yw	47	Marlin Schouwstra		DB1		48.77	47.91	PB
	bl	109	Aafke Altena		DPA		48.52	47.71	PB
		Marlin Schouwstra			Aafke Altena				
		100m	13.28	(13.28)	100m	12.93	(12.93)		
		500m	47.91	(34.63)	500m	47.71	(34.78)		
<hr/>									
		Name		Cat		PB		Time	Info
33	wt	46	Bas Hagen		H50		47.06	47.46	
	rd	48	Hans ten Hag		H70		45.87	48.49	
		Bas Hagen			Hans ten Hag				
		100m	13.20	(13.20)	100m	13.28	(13.28)		
		500m	47.46	(34.26)	500m	48.49	(35.21)		

Referee:

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
34	yw	72	Ellis Van Halteren		DB2	46.60	45.77	PB
	bl	49	Wietske Bannink		DSB	43.81	47.28	
		Ellis Van Halteren			Wietske Bannink			
		100m	12.60	(12.60)	100m	12.33	(12.33)	
		500m	45.77	(33.17)	500m	47.28	(34.95)	
<hr/>								
		Name		Cat		PB	Time	Info
35	wt	89	Luna Blumink		DB1	47.66	46.64	PB
	rd	63	Jasmijn Egers		DN4	47.66	48.10	
		Luna Blumink			Jasmijn Egers			
		100m	12.63	(12.63)	100m	13.00	(13.00)	
		500m	46.64	(34.01)	500m	48.10	(35.10)	
<hr/>								
		Name		Cat		PB	Time	Info
36	yw	87	Janneke Bos		DB1	46.93	46.71	PB
	bl	66	Morgan DeFreese		DPC	47.55	48.83	
		Janneke Bos			Morgan DeFreese			
		100m	12.64	(12.64)	100m	12.93	(12.93)	
		500m	46.71	(34.07)	500m	48.83	(35.90)	
<hr/>								
		Name		Cat		PB	Time	Info
37	wt	73	Arne Alphenaar		H60	47.36	53.27	
	rd	15	Julia Vredenberg		DB2	45.66	47.56	
		Arne Alphenaar			Julia Vredenberg			
		100m	14.08	(14.08)	100m	12.88	(12.88)	
		500m	53.27	(39.19)	500m	47.56	(34.68)	
<hr/>								
		Name		Cat		PB	Time	Info
38	yw	83	Ties Sinke		HB2	46.49	44.53	PB
	bl	20	Benthe Kamerling		DPB	46.73	46.73	PB
		Ties Sinke			Benthe Kamerling			
		100m	12.16	(12.16)	100m	12.37	(12.37)	
		500m	44.53	(32.37)	500m	46.73	(34.36)	

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
39	wt	14	Luca Batterink		HPA		46.33	45.07	PB
	rd	3	Liz Wolters		DPB		46.41	46.70	
		Luca Batterink			Liz Wolters				
		100m	11.64	(11.64)	100m	12.26	(12.26)		
		500m	45.07	(33.43)	500m	46.70	(34.44)		

		Name		Cat		PB		Time	Info
40	yw	62	Arjen Esselink		H55		46.23	46.76	
	bl	28	Paul de Leeuw		HPA		46.04	47.17	
		Arjen Esselink			Paul de Leeuw				
		100m	12.76	(12.76)	100m	12.08	(12.08)		
		500m	46.76	(34.00)	500m	47.17	(35.09)		

		Name		Cat		PB		Time	Info
41	wt	103	Danique Dellink		DN4		46.09	52.03	
	rd	24	Lauren van den Brink		DPC		46.25	47.24	
		Danique Dellink			Lauren van den Brink				
		100m	13.10	(13.10)	100m	12.86	(12.86)		
		500m	52.03	(38.93)	500m	47.24	(34.38)		

		Name		Cat		PB		Time	Info
42	yw	114	Jimmie van der Veen		HN4			45.37	
	bl	84	Liam Schroten		HPB		45.93	49.58	
		Jimmie van der Veen			Liam Schroten				
		100m	11.51	(11.51)	100m	12.87	(12.87)		
		500m	45.37	(33.86)	500m	49.58	(36.71)		

		Name		Cat		PB		Time	Info
43	wt	11	Charley Boekema		DPC		45.29	45.20	PB
	rd	35	Jan-Willem van Velsen		H50		44.40	44.50	
		Charley Boekema			Jan-Willem van Velsen				
		100m	12.02	(12.02)	100m	12.02	(12.02)		
		500m	45.20	(33.18)	500m	44.50	(32.48)		

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB	Time	Info
44	yw	64	Femke Assink		DN3	43.48	44.20	
	bl	52	Klaas Jan van der Veen		H50	41.97	43.65	
		Femke Assink			Klaas Jan van der Veen			
		100m	12.21	(12.21)	100m	11.92	(11.92)	
		500m	44.20	(31.99)	500m	43.65	(31.73)	
<hr/>								
		Name		Cat		PB	Time	Info
45	wt	32	Suze Egbring		DA1	45.18	45.90	
	rd	88	Koen Bos		HA2	43.00	44.18	
		Suze Egbring			Koen Bos			
		100m	12.48	(12.48)	100m	11.88	(11.88)	
		500m	45.90	(33.42)	500m	44.18	(32.30)	
<hr/>								
		Name		Cat		PB	Time	Info
46	yw	68	Gerwin Boschloo		H50	43.16	43.86	
	bl	29	Menno Klunder		H45	40.02	43.07	
		Gerwin Boschloo			Menno Klunder			
		100m	11.82	(11.82)	100m	11.54	(11.54)	
		500m	43.86	(32.04)	500m	43.07	(31.53)	
<hr/>								
		Name		Cat		PB	Time	Info
47	wt	26	Floris Klunder		H45	38.54	42.26	
	rd	2	Veerle Friso		DC1	43.53	44.79	
		Floris Klunder			Veerle Friso			
		100m	11.49	(11.49)	100m	11.95	(11.95)	
		500m	42.26	(30.77)	500m	44.79	(32.84)	
<hr/>								
		Name		Cat		PB	Time	Info
48	yw	116	Noëmi De boer		DB2	43.20	43.38	
	bl	61	Beau Kappers		HB1	42.68	42.77	
		Noëmi De boer			Beau Kappers			
		100m	11.81	(11.81)	100m	11.87	(11.87)	
		500m	43.38	(31.57)	500m	42.77	(30.90)	

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
49	wt	5	Mees Klunder		HC1		42.91	43.19	
	rd	90	Etienne Tournier		HB1		42.70	42.95	
		Mees Klunder			Etienne Tournier				
		100m	11.78	(11.78)	100m	11.56	(11.56)		
		500m	43.19	(31.41)	500m	42.95	(31.39)		
<hr/>									
		Name		Cat		PB		Time	Info
50	yw	75	Rens Hiddink		HN1		40.99	41.10	
	bl	36	Noam van de Koppel		HC2		42.19	42.84	
		Rens Hiddink			Noam van de Koppel				
		100m	11.22	(11.22)	100m	11.49	(11.49)		
		500m	41.10	(29.88)	500m	42.84	(31.35)		
<hr/>									
		Name		Cat		PB		Time	Info
51	wt	54	Marloes Westerhof		DSB		41.98	41.87	PB
	rd	98	Jasmijn ter Haar		DC1		42.27	41.87	PB
		Marloes Westerhof			Jasmijn ter Haar				
		100m	11.53	(11.53)	100m	11.27	(11.27)		
		500m	41.87	(30.34)	500m	41.87	(30.60)		
<hr/>									
		Name		Cat		PB		Time	Info
52	yw	42	Daniël van Velsen		HA2		39.32	40.24	
	bl	33	Luca Heesen		HN2		37.93	WDR	
		Daniël van Velsen			Luca Heesen				
		100m	11.12	(11.12)					
		500m	40.24	(29.12)					
<hr/>									
		Name		Cat		PB		Time	Info
53	wt	108	Govert van der Weijden		HB1		40.86	41.18	
	rd	115	Yasmine Bouaziz		DA2		40.22	40.78	
		Govert van der Weijden			Yasmine Bouaziz				
		100m	10.91	(10.91)	100m	11.05	(11.05)		
		500m	41.18	(30.27)	500m	40.78	(29.73)		

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
54	yw	4 Tim Hoogkamer	HSA	36.61	36.49	PB
	bl	113 Adriaan de Kluiver	HSA	38.16	WDR	
		<u>Tim Hoogkamer</u>				<u>Adriaan de Kluiver</u>
		100m	10.13	(10.13)		
		500m	36.49	(26.36)		

		Name	Cat	PB	Time	Info
55	wt	19 Jack Boekema	HC1	38.02	38.50	
	rd	50 Floris van Velsen	HB2	37.87	37.53	PB
		<u>Jack Boekema</u>				<u>Floris van Velsen</u>
		100m	10.58	(10.58)	100m	10.49 (10.49)
		500m	38.50	(27.92)	500m	37.53 (27.04)

		Name	Cat	PB	Time	Info
56	yw	30 Iris Rietman	DC2	45.62	46.37	
	bl	31 Chantal Herms	D45	46.13	46.14	
		<u>Iris Rietman</u>				<u>Chantal Herms</u>
		100m	12.54	(12.54)	100m	12.34 (12.34)
		500m	46.37	(33.83)	500m	46.14 (33.80)

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

3. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Tim Hoogkamer	HSA	85	I	1:13.47		
2	50 Floris van Velsen	HB2	85	O	1:13.79		
3	42 Daniël van Velsen	HA2	83	I	1:16.81	PB	
4	19 Jack Boekema	HC1	83	O	1:16.97		
5	75 Rens Hiddink	HN1	84	I	1:23.58		
6	26 Floris Klunder	H45	79	O	1:24.01	MT	
7	5 Mees Klunder	HC1	81	I	1:24.83	PB	
8	36 Noam van de Koppel	HC2	81	O	1:26.19	PB	
9	35 Jan-Willem van Velsen	H50	76	I	1:26.24	PB	
10	68 Gerwin Boschloo	H50	77	O	1:26.36		
	52 Klaas Jan van der Veen	H50	77	I	1:26.36		
12	29 Menno Klunder	H45	78	I	1:26.40		
13	54 Marloes Westerhof	DSB	84	O	1:26.70		
14	90 Etienne Tournier	HB1	79	I	1:26.79	PB	
15	88 Koen Bos	HA2	76	O	1:27.44	PB	
16	61 Beau Kappers	HB1	82	O	1:27.51		
17	98 Jasmijn ter Haar	DC1	80	O	1:28.38	MT	
18	64 Femke Assink	DN3	78	O	1:28.48		
19	83 Ties Sinke	HB2	73	I	1:29.36	PB	
20	2 Veerle Friso	DC1	82	I	1:30.84		
21	31 Chantal Herms	D45	70	I	1:31.40	PB	
22	46 Bas Hagen	H50	71	O	1:31.92	PB	
23	72 Ellis Van Halteren	DB2	73	O	1:32.14		
24	62 Arjen Esselink	H55	74	O	1:32.93	PB	
25	32 Suze Egbring	DA1	72	O	1:32.98		
26	87 Janneke Bos	DB1	71	I	1:33.88	PB	
27	89 Luna Blumink	DB1	70	O	1:34.24	PB	
28	114 Jimmie van der Veen	HN4	57	I	1:34.41		
29	15 Julia Vredenberg	DB2	72	I	1:34.65		
30	30 Iris Rietman	DC2	74	I	1:34.72		
31	112 Ronald van der Aa	H40	58	I	1:35.39		
32	60 Céline Hagen	DB2	69	O	1:35.87	PB	
33	79 Noah Bak	DC2	67	I	1:36.17	PB	
34	63 Jasmijn Egers	DN4	65	I	1:36.42	PB	
35	99 Megan Bootsveld	DN2	67	O	1:37.47		
36	47 Marlin Schouwstra	DB1	68	I	1:37.65	PB	
37	81 Linda van Oosterom	D40	66	O	1:38.15		
38	48 Hans ten Hag	H70	69	I	1:39.44		

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	104 Ellen Bongertman	DB2	61	O	1:40.64	PB	
40	43 Dalanda Jalloh	DB1	63	I	1:40.83	PB	
41	93 Pieter Dijkstra	HSA	68	O	1:41.19	PB	
42	95 Mirjam Hulsebos	D50	66	I	1:41.71		
43	96 Femke Ditzel	DB2	65	O	1:42.46	PB	
44	73 Arne Alphenaar	H60	75	I	1:42.58		
45	59 Tobi Kiers	HC2	64	O	1:42.85	PB	
46	103 Danique Dellink	DN4	75	O	1:43.73		
47	85 Cheryl Buitenhuis	DA2	64	I	1:46.73		
48	78 Lise Koier	DC1	62	O	1:48.18	PB	
49	77 Hilde Klok	DC1	62	I	1:48.27	PB	
50	7 Imme Ooijman	DC1	59	I	1:48.50	PB	
51	91 Mathieu Tournier	HA1	60	O	1:49.16		
52	106 Sikko Kranenborg	H70	61	I	1:50.16		
53	107 Wietske Brandsma	D45	60	I	1:56.13	PB	
54	100 Zelda Welgraven	DN4	59	O	2:03.10		
55	94 Carlijn van Dongen	DC1	58	O	2:16.09	PB	
	92 Erwin Huzen	HSB	63	O		DQ	
	108 Govert van der Weijden	HB1	80	I		DNS	
	33 Luca Heesen	HN2				WDR	
	113 Adriaan de Kluiver	HSA				WDR	

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

3. Race Result 1000 meter

	Name	Cat	PB	Time	Info
57	wt rd	114 Jimmie van der Veen	HN4		1:34.41

Jimmie van der Veen

200m	21.29	(21.29)	m
600m	56.57	(35.28)	
1000m	1:34.41	(37.84)	

	Name	Cat	PB	Time	Info
58	yw	112 Ronald van der Aa	H40		1:35.39
	bl	94 Carlijn van Dongen	DC1	2:18.55	2:16.09 PB

Ronald van der Aa

200m	22.74	(22.74)
600m	57.87	(35.13)
1000m	1:35.39	(37.52)

Carlijn van Dongen

200m	30.69	(30.69)
600m	1:23.82	(53.13)
1000m	2:16.09	(52.27)

	Name	Cat	PB	Time	Info
59	wt	7 Imme Ooijman	DC1	1:58.49	1:48.50 PB
	rd	100 Zelda Welgraven	DN4	1:50.68	2:03.10

Imme Ooijman

200m	24.40	(24.40)
600m	1:05.64	(41.24)
1000m	1:48.50	(42.86)

Zelda Welgraven

200m	26.31	(26.31)
600m	1:12.27	(45.96)
1000m	2:03.10	(50.83)

	Name	Cat	PB	Time	Info
60	yw	107 Wietske Brandsma	D45	2:05.25	1:56.13 PB
	bl	91 Mathieu Tournier	HA1	1:48.55	1:49.16

Wietske Brandsma

200m	27.60	(27.60)
600m	1:10.83	(43.23)
1000m	1:56.13	(45.30)

Mathieu Tournier

200m	23.67	(23.67)
600m	1:05.22	(41.55)
1000m	1:49.16	(43.94)

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
61	wt	106 Sikko Kranenburg	H70	1:42.86	1:50.16	
	rd	104 Ellen Bongertman	DB2	1:55.90	1:40.64	PB
		Sikko Kranenburg				
		200m	26.01 (26.01)	200m	23.38 (23.38)	
		600m	1:08.86 (42.85)	600m	1:00.96 (37.58)	
		1000m	1:50.16 (41.30)	1000m	1:40.64 (39.68)	

		Name	Cat	PB	Time	Info
62	yw	77 Hilde Klok	DC1	1:54.67	1:48.27	PB
	bl	78 Lise Koier	DC1	1:50.76	1:48.18	PB
		Hilde Klok				
		200m	24.55 (24.55)	200m	25.33 (25.33)	
		600m	1:05.37 (40.82)	600m	1:05.58 (40.25)	
		1000m	1:48.27 (42.90)	1000m	1:48.18 (42.60)	

		Name	Cat	PB	Time	Info
63	wt	43 Dalanda Jalloh	DB1	1:41.19	1:40.83	PB
	rd	92 Erwin Huzen	HSB	1:47.32	DQ	
		Dalanda Jalloh				
		200m	22.46 (22.46)	200m	25.00 (25.00)	
		600m	59.93 (37.47)	600m	1:02.94 (37.94)	
		1000m	1:40.83 (40.90)			

		Name	Cat	PB	Time	Info
64	yw	85 Cheryl Buitenhuis	DA2	1:41.86	1:46.73	
	bl	59 Tobi Kiers	HC2	1:50.56	1:42.85	PB
		Cheryl Buitenhuis				
		200m	23.15 (23.15)	200m	23.24 (23.24)	
		600m	1:02.29 (39.14)	600m	1:01.77 (38.53)	
		1000m	1:46.73 (44.44)	1000m	1:42.85 (41.08)	

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
65	wt	63	Jasmijn Egers		DN4		1:37.16	1:36.42	PB
	rd	96	Femke Ditzel		DB2		1:46.49	1:42.46	PB
		Jasmijn Egers				Femke Ditzel			
		200m	22.59	(22.59)		200m	23.09	(23.09)	
		600m	58.97	(36.38)		600m	1:01.35	(38.26)	
		1000m	1:36.42	(37.45)		1000m	1:42.46	(41.11)	

		Name		Cat		PB		Time	Info
66	yw	95	Mirjam Hulsebos		D50		1:40.84	1:41.71	
	bl	81	Linda van Oosterom		D40		1:37.69	1:38.15	
		Mirjam Hulsebos				Linda van Oosterom			
		200m	23.89	(23.89)		200m	23.67	(23.67)	
		600m	1:01.73	(37.84)		600m	1:00.11	(36.44)	
		1000m	1:41.71	(39.98)		1000m	1:38.15	(38.04)	

		Name		Cat		PB		Time	Info
67	wt	79	Noah Bak		DC2		1:41.36	1:36.17	PB
	rd	99	Megan Bootsveld		DN2		1:36.88	1:37.47	
		Noah Bak				Megan Bootsveld			
		200m	22.25	(22.25)		200m	23.04	(23.04)	
		600m	58.48	(36.23)		600m	59.34	(36.30)	
		1000m	1:36.17	(37.69)		1000m	1:37.47	(38.13)	

		Name		Cat		PB		Time	Info
68	yw	47	Marlin Schouwstra		DB1		1:40.41	1:37.65	PB
	bl	93	Pieter Dijkstra		HSA		1:41.23	1:41.19	PB
		Marlin Schouwstra				Pieter Dijkstra			
		200m	22.76	(22.76)		200m	24.63	(24.63)	
		600m	58.98	(36.22)		600m	1:01.49	(36.86)	
		1000m	1:37.65	(38.67)		1000m	1:41.19	(39.70)	

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
69	wt	48	Hans ten Hag		H70		1:32.85	1:39.44
	rd	60	Céline Hagen		DB2		1:38.51	1:35.87 PB
		Hans ten Hag			Céline Hagen			
		200m	22.95	(22.95)	200m	22.36	(22.36)	
		600m	59.54	(36.59)	600m	58.09	(35.73)	
		1000m	1:39.44	(39.90)	1000m	1:35.87	(37.78)	

		Name		Cat		PB	Time	Info
70	yw	31	Chantal Herms		D45		1:33.73	1:31.40 PB
	bl	89	Luna Blumink		DB1		1:40.16	1:34.24 PB
		Chantal Herms			Luna Blumink			
		200m	21.35	(21.35)	200m	21.94	(21.94)	
		600m	55.29	(33.94)	600m	56.94	(35.00)	
		1000m	1:31.40	(36.11)	1000m	1:34.24	(37.30)	

		Name		Cat		PB	Time	Info
71	wt	87	Janneke Bos		DB1		1:34.75	1:33.88 PB
	rd	46	Bas Hagen		H50		1:35.23	1:31.92 PB
		Janneke Bos			Bas Hagen			
		200m	21.83	(21.83)	200m	22.48	(22.48)	
		600m	57.05	(35.22)	600m	57.13	(34.65)	
		1000m	1:33.88	(36.83)	1000m	1:31.92	(34.79)	

		Name		Cat		PB	Time	Info
72	yw	15	Julia Vredenberg		DB2		1:31.00	1:34.65
	bl	32	Suze Egbring		DA1		1:29.52	1:32.98
		Julia Vredenberg			Suze Egbring			
		200m	22.20	(22.20)	200m	21.56	(21.56)	
		600m	57.67	(35.47)	600m	55.89	(34.33)	
		1000m	1:34.65	(36.98)	1000m	1:32.98	(37.09)	

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
73	wt	83	Ties Sinke		HB2		1:33.45	1:29.36	PB
	rd	72	Ellis Van Halteren		DB2		1:32.09	1:32.14	
		Ties Sinke			Ellis Van Halteren				
		200m	21.07	(21.07)	200m	21.64	(21.64)		
		600m	54.35	(33.28)	600m	55.67	(34.03)		
		1000m	1:29.36	(35.01)	1000m	1:32.14	(36.47)		

		Name		Cat		PB		Time	Info
74	yw	30	Iris Rietman		DC2		1:34.67	1:34.72	
	bl	62	Arjen Esselink		H55		1:35.26	1:32.93	PB
		Iris Rietman			Arjen Esselink				
		200m	22.01	(22.01)	200m	22.33	(22.33)		
		600m	56.87	(34.86)	600m	56.47	(34.14)		
		1000m	1:34.72	(37.85)	1000m	1:32.93	(36.46)		

		Name		Cat		PB		Time	Info
75	wt	73	Arne Alphenaar		H60		1:31.42	1:42.58	
	rd	103	Danique Dellink		DN4		1:34.36	1:43.73	
		Arne Alphenaar			Danique Dellink				
		200m	24.62	(24.62)	200m	23.26	(23.26)		
		600m	1:03.31	(38.69)	600m	1:01.84	(38.58)		
		1000m	1:42.58	(39.27)	1000m	1:43.73	(41.89)		

		Name		Cat		PB		Time	Info
76	yw	35	Jan-Willem van Velsen		H50		1:27.59	1:26.24	PB
	bl	88	Koen Bos		HA2		1:27.56	1:27.44	PB
		Jan-Willem van Velsen			Koen Bos				
		200m	20.79	(20.79)	200m	20.94	(20.94)		
		600m	52.96	(32.17)	600m	53.53	(32.59)		
		1000m	1:26.24	(33.28)	1000m	1:27.44	(33.91)		

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB	Time	Info
77	wt	52	Klaas Jan van der Veen		H50		1:25.23	1:26.36
	rd	68	Gerwin Boschloo		H50		1:26.02	1:26.36
		Klaas Jan van der Veen			Gerwin Boschloo			
		200m	20.34	(20.34)	200m	20.93	(20.93)	
		600m	52.10	(31.76)	600m	53.08	(32.15)	
		1000m	1:26.36	(34.26)	1000m	1:26.36	(33.28)	

		Name		Cat		PB	Time	Info
78	yw	29	Menno Klunder		H45		1:20.49	1:26.40
	bl	64	Femke Assink		DN3		1:27.75	1:28.48
		Menno Klunder			Femke Assink			
		200m	19.79	(19.79)	200m	21.04	(21.04)	
		600m	51.82	(32.03)	600m	53.66	(32.62)	
		1000m	1:26.40	(34.58)	1000m	1:28.48	(34.82)	

		Name		Cat		PB	Time	Info
79	wt	90	Etienne Tournier		HB1		1:28.25	1:26.79 PB
	rd	26	Floris Klunder		H45		1:15.98	1:24.01 MT
		Etienne Tournier			Floris Klunder			
		200m	20.13	(20.13)	200m	19.81	(19.81)	
		600m	36.51	(16.38)	600m	1:09.24	(49.43)	
		1000m	1:26.79	(50.28)	1000m	1:24.01	(14.77)	

		Name		Cat		PB	Time	Info
80	yw	108	Govert van der Weijden		HB1		1:25.92	DNS
	bl	98	Jasmijn ter Haar		DC1		1:29.94	1:28.38 MT
		Govert van der Weijden			Jasmijn ter Haar			
		200m	33.66	(33.66)	200m	16.83	(16.83)	
					600m	33.66	(16.83)	
					1000m	1:28.38	(54.72)	

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
81	wt	5	Mees Klunder		HC1		1:26.31	1:24.83	PB
	rd	36	Noam van de Koppel		HC2		1:26.29	1:26.19	PB
		Mees Klunder			Noam van de Koppel				
		200m	20.03	(20.03)	200m	19.90	(19.90)		
		600m	51.82	(31.79)	600m	51.74	(31.84)		
		1000m	1:24.83	(33.01)	1000m	1:26.19	(34.45)		

		Name		Cat		PB		Time	Info
82	yw	2	Veerle Friso		DC1		1:27.27	1:30.84	
	bl	61	Beau Kappers		HB1		1:26.15	1:27.51	
		Veerle Friso			Beau Kappers				
		200m	20.80	(20.80)	200m	20.86	(20.86)		
		600m	55.20	(34.40)	600m	54.21	(33.35)		
		1000m	1:30.84	(35.64)	1000m	1:27.51	(33.30)		

		Name		Cat		PB		Time	Info
83	wt	42	Daniël van Velsen		HA2		1:17.79	1:16.81	PB
	rd	19	Jack Boekema		HC1		1:16.60	1:16.97	
		Daniël van Velsen			Jack Boekema				
		200m	18.67	(18.67)	200m	18.29	(18.29)		
		600m	47.09	(28.42)	600m	46.68	(28.39)		
		1000m	1:16.81	(29.72)	1000m	1:16.97	(30.29)		

		Name		Cat		PB		Time	Info
84	yw	75	Rens Hiddink		HN1		1:21.77	1:23.58	
	bl	54	Marloes Westerhof		DSB		1:25.30	1:26.70	
		Rens Hiddink			Marloes Westerhof				
		200m	19.37	(19.37)	200m	20.19	(20.19)		
		600m	50.64	(31.27)	600m	51.83	(31.64)		
		1000m	1:23.58	(32.94)	1000m	1:26.70	(34.87)		

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name		Cat		PB		Time	Info
85	wt	4	Tim Hoogkamer		HSA		1:13.26	1:13.47	
	rd	50	Floris van Velsen		HB2		1:13.07	1:13.79	
		Tim Hoogkamer			Floris van Velsen				
		200m	17.16	(17.16)	200m	17.58	(17.58)		
		600m	44.09	(26.93)	600m	44.22	(26.64)		
		1000m	1:13.47	(29.38)	1000m	1:13.79	(29.57)		

		Name		Cat		PB		Time	Info
86	yw	33	Luca Heesen		HN2		1:14.68	WDR	
	bl	113	Adriaan de Kluiver		HSA		1:13.19	WDR	
		Luca Heesen			Adriaan de Kluiver				

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

4. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	11 Charley Boekema	DPC	110	I	28.61	PB	
2	14 Luca Batterink	HPA	111	I	28.72	PB	
3	3 Liz Wolters	DPB	110	O	29.32	PB	
4	28 Paul de Leeuw	HPA	111	O	29.40		
5	20 Benthe Kamerling	DPB	108	O	29.70		
6	24 Lauren van den Brink	DPC	109	O	30.00	PB	
7	109 Aafke Altena	DPA	106	I	30.34	PB	
8	66 Morgan DeFreese	DPC	109	I	30.72		
	111 Diede Salomons	DPA	107	I	30.72	PB	
10	21 Sjoerd de Haan	HPA	106	O	31.09	PB	
11	110 Noor Klunder	DPC	105	I	32.20	PB	
12	18 Just Klunder	HPB	104	O	32.30	PB	
13	57 Melle ter Horst	HPB	105	O	32.36	PB	
14	6 Luuk Groothuis	HPC	101	I	33.02	PB	
15	12 Elin Varenbrink	DPA	103	O	33.73		
16	34 Jill Krikken	DPD	103	I	33.81	PB	
17	17 Roan Varenbrink	HPC	102	O	33.82	PB	
18	16 Olle Klunder	HPE	102	I	33.85	PB	
	97 Britt Spenkelink	DPA	104	I	33.85		
20	27 Eva Mezzo	DPC	100	I	34.49	PB	
21	69 Robin Stadhouders	DPA	95	I	35.49	PB	
22	9 Fabian Kruithof	HPC	99	I	35.69	PB	
23	40 Alexander Warmink	HPA	98	I	35.81	PB	
24	13 Lauren Wolters	DPD	99	O	35.82	PB	
25	1 Blom Ooijman	DPA	98	O	35.83	PB	
26	45 Minke Nijenhuis	DPB	100	O	35.87		
27	51 Merle Markvoort	DPA	96	O	36.27	PB	
28	10 Pien Evers	DPD	95	O	37.60	PB	
29	41 Douwe Gildemacher	HPC	94	I	38.56	PB	
30	58 Elin Mak	DPE	97	O	38.78		
31	65 Lize Zeewuster	DPB	92	I	38.84	PB	
32	70 Jill Isfordink	DPD	94	O	39.85	PB	
33	39 Sylvan Markvoort	HPC	93	O	41.63		
34	82 Coosje Sinke	DPB	92	O	41.84		
35	44 Thijmen Warmink	HPC	93	I	42.36	PB	
36	80 Roos Bak	DPF	90	O	42.84	PB	
37	38 Suze Kleinsman	DPB	96	I	42.90	FL	
38	86 Maren Arnold	DPB	90	I	44.12	PB	

Referee:

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	37 Wietze de Haan	HPB	97	I	45.93	FL	
40	25 Arwen Bezembinder	DPB	91	I	46.75	PB	
41	23 Ruben Warmink	HPE	91	O	49.83		
42	55 Herre Mak	HPA	107	O	52.19	FL	
43	22 Faas Klunder	HPE	89	I	52.69	PB	
44	56 Fenne Nijenhuis	DPD	88	O	54.75	MT	
45	101 Kalijn Kruithof	DPF	88	I	57.04		
46	105 Mick de Wals	HPD	89	O	59.33	PB	
	8 Ties Groothuis	HPD	101	O	DNS		
	102 Bruno Esmeijer	HPE			WDR		
	84 Liam Schroten	HPB			WDR		

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

4. Race Result 300 meter

		Name	Cat	PB	Time Info
87	wt rd	102 Bruno Esmeijer	HPE	1:03.04	WDR
		<u>Bruno Esmeijer</u>			
				m	

		Name	Cat	PB	Time Info
88	yw bl	101 Kalijn Kruithof	DPF		57.04
		56 Fenne Nijenhuis	DPD	52.82	54.75 MT
		<u>Kalijn Kruithof</u>		<u>Fenne Nijenhuis</u>	
		300m 57.04 (57.04)		300m 54.75 (54.75)	

		Name	Cat	PB	Time Info
89	wt rd	22 Faas Klunder	HPE	53.10	52.69 PB
		105 Mick de Wals	HPD	1:01.85	59.33 PB
		<u>Faas Klunder</u>		<u>Mick de Wals</u>	
		300m 52.69 (52.69)		300m 59.33 (59.33)	

		Name	Cat	PB	Time Info
90	yw bl	86 Maren Arnold	DPB	45.05	44.12 PB
		80 Roos Bak	DPF	44.45	42.84 PB
		<u>Maren Arnold</u>		<u>Roos Bak</u>	
		300m 44.12 (44.12)		300m 42.84 (42.84)	

		Name	Cat	PB	Time Info
91	wt rd	25 Arwen Bezembinder	DPB	47.48	46.75 PB
		23 Ruben Warmink	HPE	47.97	49.83
		<u>Arwen Bezembinder</u>		<u>Ruben Warmink</u>	
		300m 46.75 (46.75)		300m 49.83 (49.83)	

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
92	yw	65 Lize Zeewuster	DPB	41.24	38.84	PB
	bl	82 Coosje Sinke	DPB	40.78	41.84	
		<u>Lize Zeewuster</u>		<u>Coosje Sinke</u>		
		300m 38.84 (38.84)		300m 41.84 (41.84)		

		Name	Cat	PB	Time	Info
93	wt	44 Tijmen Warmink	HPC	43.15	42.36	PB
	rd	39 Sylvan Markvoort	HPC	40.60	41.63	
		<u>Tijmen Warmink</u>		<u>Sylvan Markvoort</u>		
		300m 42.36 (42.36)		300m 41.63 (41.63)		

		Name	Cat	PB	Time	Info
94	yw	41 Douwe Gildemacher	HPC	40.04	38.56	PB
	bl	70 Jill Isfordink	DPD	40.32	39.85	PB
		<u>Douwe Gildemacher</u>		<u>Jill Isfordink</u>		
		300m 38.56 (38.56)		300m 39.85 (39.85)		

		Name	Cat	PB	Time	Info
95	wt	69 Robin Stadhouders	DPA	37.97	35.49	PB
	rd	10 Pien Evers	DPD	38.48	37.60	PB
		<u>Robin Stadhouders</u>		<u>Pien Evers</u>		
		300m 35.49 (35.49)		300m 37.60 (37.60)		

		Name	Cat	PB	Time	Info
96	yw	38 Suze Kleinsman	DPB	36.97	42.90	FL
	bl	51 Merle Markvoort	DPA	37.33	36.27	PB
		<u>Suze Kleinsman</u>		<u>Merle Markvoort</u>		
		300m 42.90 (42.90)		300m 36.27 (36.27)		

		Name	Cat	PB	Time	Info
97	wt	37 Wietze de Haan	HPB	38.18	45.93	FL
	rd	58 Elin Mak	DPE	37.24	38.78	
		<u>Wietze de Haan</u>		<u>Elin Mak</u>		
		300m 45.93 (45.93)		300m 38.78 (38.78)		

Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
98	yw	40 Alexander Warmink	HPA	36.18	35.81	PB
	bl	1 Blom Ooijman	DPA	36.64	35.83	PB
		<u>Alexander Warmink</u>			<u>Blom Ooijman</u>	
		300m 35.81 (35.81)		300m 35.83 (35.83)		
<hr/>						
		Name	Cat	PB	Time	Info
99	wt	9 Fabian Kruithof	HPC	36.77	35.69	PB
	rd	13 Lauren Wolters	DPD	36.18	35.82	PB
		<u>Fabian Kruithof</u>			<u>Lauren Wolters</u>	
		300m 35.69 (35.69)		300m 35.82 (35.82)		
<hr/>						
		Name	Cat	PB	Time	Info
100	yw	27 Eva Mezzo	DPC	35.06	34.49	PB
	bl	45 Minke Nijenhuis	DPB	35.86	35.87	
		<u>Eva Mezzo</u>			<u>Minke Nijenhuis</u>	
		300m 34.49 (34.49)		300m 35.87 (35.87)		
<hr/>						
		Name	Cat	PB	Time	Info
101	wt	6 Luuk Groothuis	HPC	34.31	33.02	PB
	rd	8 Ties Groothuis	HPD	34.36	DNS	
		<u>Luuk Groothuis</u>			<u>Ties Groothuis</u>	
		300m 33.02 (33.02)				
<hr/>						
		Name	Cat	PB	Time	Info
102	yw	16 Olle Klunder	HPE	34.04	33.85	PB
	bl	17 Roan Varenbrink	HPC	33.97	33.82	PB
		<u>Olle Klunder</u>			<u>Roan Varenbrink</u>	
		300m 33.85 (33.85)		300m 33.82 (33.82)		
<hr/>						
		Name	Cat	PB	Time	Info
103	wt	34 Jill Krikken	DPD	34.21	33.81	PB
	rd	12 Elin Varenbrink	DPA	33.51	33.73	
		<u>Jill Krikken</u>			<u>Elin Varenbrink</u>	
		300m 33.81 (33.81)		300m 33.73 (33.73)		

Referee:

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
104	yw	97 Britt Spenkelink	DPA	33.60	33.85	
	bl	18 Just Klunder	HPB	32.53	32.30	PB
		<u>Britt Spenkelink</u>		<u>Just Klunder</u>		
		300m 33.85 (33.85)		300m 32.30 (32.30)		
<hr/>						
		Name	Cat	PB	Time	Info
105	wt	110 Noor Klunder	DPC	33.28	32.20	PB
	rd	57 Melle ter Horst	HPB	33.06	32.36	PB
		<u>Noor Klunder</u>		<u>Melle ter Horst</u>		
		300m 32.20 (32.20)		300m 32.36 (32.36)		
<hr/>						
		Name	Cat	PB	Time	Info
106	yw	109 Aafke Altena	DPA	31.09	30.34	PB
	bl	21 Sjoerd de Haan	HPA	32.13	31.09	PB
		<u>Aafke Altena</u>		<u>Sjoerd de Haan</u>		
		300m 30.34 (30.34)		300m 31.09 (31.09)		
<hr/>						
		Name	Cat	PB	Time	Info
107	wt	111 Diede Salomons	DPA	31.47	30.72	PB
	rd	55 Herre Mak	HPA	32.25	52.19	FL
		<u>Diede Salomons</u>		<u>Herre Mak</u>		
		300m 30.72 (30.72)		300m 52.19 (52.19)		
<hr/>						
		Name	Cat	PB	Time	Info
108	yw	84 Liam Schroten	HPB	29.71	WDR	
	bl	20 Benthe Kamerling	DPB	29.70	29.70	
		<u>Liam Schroten</u>		<u>Benthe Kamerling</u>		
				300m 29.70 (29.70)		
<hr/>						
		Name	Cat	PB	Time	Info
109	wt	66 Morgan DeFreese	DPC	30.61	30.72	
	rd	24 Lauren van den Brink	DPC	30.11	30.00	PB
		<u>Morgan DeFreese</u>		<u>Lauren van den Brink</u>		
		300m 30.72 (30.72)		300m 30.00 (30.00)		
<hr/>						

Referee:

Assistant:

Starter:

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

		Name	Cat	PB	Time	Info
110	yw	11 Charley Boekema	DPC	28.86	28.61	PB
	bl	3 Liz Wolters	DPB	29.55	29.32	PB
		Charley Boekema		Liz Wolters		
		300m	28.61 (28.61)	300m	29.32 (29.32)	

		Name	Cat	PB	Time	Info
111	wt	14 Luca Batterink	HPA	29.43	28.72	PB
	rd	28 Paul de Leeuw	HPA	29.08	29.40	
		Luca Batterink		Paul de Leeuw		
		300m	28.72 (28.72)	300m	29.40 (29.40)	

Referee:

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Recordwedstrijd DIJC in Thialf Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

17 March 2023

5. Result extra 100 mtr pup, indien er tijd over is.

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	28 Paul de Leeuw	HPA	149	I	11.54	PB	
2	14 Luca Batterink	HPA	148	I	11.79		
3	11 Charley Boekema	DPC	149	O	11.93	PB	
4	3 Liz Wolters	DPB	146	I	12.18	PB	
5	20 Benthe Kamerling	DPB	148	O	12.27		
6	109 Aafke Altena	DPA	144	I	12.71	PB	
7	111 Diede Salomons	DPA	145	I	12.75	PB	
8	66 Morgan DeFreese	DPC	146	O	12.78		
9	24 Lauren van den Brink	DPC	147	I	12.87		
10	21 Sjoerd de Haan	HPA	145	O	12.94	PB	
11	57 Melle ter Horst	HPB	139	I	13.01	PB	
12	17 Roan Varenbrink	HPC	143	I	13.08	PB	
13	18 Just Klunder	HPB	144	O	13.10	PB	
14	110 Noor Klunder	DPC	143	O	13.22	PB	
15	6 Luuk Groothuis	HPC	139	O	13.25	PB	
16	16 Olle Klunder	HPE	142	O	13.40		
17	34 Jill Krikken	DPD	140	O	13.42		
18	55 Herre Mak	HPA	142	I	13.43		
19	27 Eva Mezzo	DPC	141	I	13.44	PB	
20	97 Britt Spenkelink	DPA	130	I	13.51	PB	
21	12 Elin Varenbrink	DPA	141	O	13.53		
22	38 Suze Kleinsman	DPB	136	I	13.62	PB	
	69 Robin Stadhouders	DPA	136	O	13.62	PB	
24	13 Lauren Wolters	DPD	137	O	13.74	PB	
25	10 Pien Evers	DPD	137	I	13.90		
26	40 Alexander Warmink	HPA	138	I	13.99		
27	65 Lize Zeewuster	DPB	132	I	14.01	PB	
28	45 Minke Nijenhuis	DPB	135	I	14.08	PB	
29	41 Douwe Gildemacher	HPC	135	O	14.09		
30	9 Fabian Kruithof	HPC	134	O	14.21	PB	
31	1 Blom Ooijman	DPA	132	O	14.31	PB	
32	51 Merle Markvoort	DPA	134	I	14.46	PB	
33	58 Elin Mak	DPE	138	O	14.66		
34	70 Jill Isfordink	DPD	131	O	15.12		
35	82 Coosje Sinke	DPB	130	O	15.14	PB	
36	39 Sylvan Markvoort	HPC	133	O	15.19		
37	37 Wietze de Haan	HPB	133	I	15.52		
38	44 Thijmen Warmink	HPC	131	I	15.56		

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Sport- en Recreatiecentrum de Scheg - Deventer

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	80 Roos Bak	DPF	129	O	16.59		
40	25 Arwen Bezembinder	DPB	128	I	16.70		
41	86 Maren Arnold	DPB	129	I	16.93		
42	23 Ruben Warmink	HPE	128	O	17.10		
43	105 Mick de Wals	HPD	125	I	18.82	PB	
44	22 Faas Klunder	HPE	126	I	18.86	PB	
45	56 Fenne Nijenhuis	DPD	127	I	19.65		
46	101 Kalijn Kruithof	DPF	126	O	19.84	PB	
	102 Bruno Esmeijer	HPE	127	O	DNS		
	8 Ties Groothuis	HPD			WDR		
	84 Liam Schroten	HPB			WDR		

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5. Race Result extra 100 mtr pup, indien er tijd over is.

	Name	Cat	PB	Time	Info
125	wt rd	105 Mick de Wals	HPD	19.03	18.82 PB
	Mick de Wals				
	100m	18.82 (18.82)	m		

	Name	Cat	PB	Time	Info
126	yw bl	22 Faas Klunder	HPE	19.24	18.86 PB
		101 Kalijn Kruithof	DPF	21.60	19.84 PB
	Faas Klunder				
	100m	18.86 (18.86)			
	Kalijn Kruithof				
	100m	19.84 (19.84)			

	Name	Cat	PB	Time	Info
127	wt rd	56 Fenne Nijenhuis	DPD	18.63	19.65
		102 Bruno Esmeijer	HPE	19.34	DNS
	Fenne Nijenhuis				
	100m	19.65 (19.65)			
	Bruno Esmeijer				

	Name	Cat	PB	Time	Info
128	yw bl	25 Arwen Bezembinder	DPB	16.30	16.70
		23 Ruben Warmink	HPE	17.01	17.10
	Arwen Bezembinder				
	100m	16.70 (16.70)			
	Ruben Warmink				
	100m	17.10 (17.10)			

	Name	Cat	PB	Time	Info
129	wt rd	86 Maren Arnold	DPB	16.02	16.93
		80 Roos Bak	DPF	15.95	16.59
	Maren Arnold				
	100m	16.93 (16.93)			
	Roos Bak				
	100m	16.59 (16.59)			

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		Name		Cat		PB		Time	Info
130	yw	97	Britt Spenkelink		DPA	15.36		13.51	PB
	bl	82	Coosje Sinke		DPB	15.55		15.14	PB
		Britt Spenkelink			Coosje Sinke				
		100m	13.51	(13.51)	100m	15.14	(15.14)		

		Name		Cat		PB		Time	Info
131	wt	44	Thijmen Warmink		HPC	15.33		15.56	
	rd	70	Jill Isfordink		DPD	15.21		15.12	
		Thijmen Warmink			Jill Isfordink				
		100m	15.56	(15.56)	100m	15.12	(15.12)		

		Name		Cat		PB		Time	Info
132	yw	65	Lize Zeewuster		DPB	14.83		14.01	PB
	bl	1	Blom Ooijman		DPA	14.71		14.31	PB
		Lize Zeewuster			Blom Ooijman				
		100m	14.01	(14.01)	100m	14.31	(14.31)		

		Name		Cat		PB		Time	Info
133	wt	37	Wietze de Haan		HPB	14.99		15.52	
	rd	39	Sylvan Markvoort		HPC	15.02		15.19	
		Wietze de Haan			Sylvan Markvoort				
		100m	15.52	(15.52)	100m	15.19	(15.19)		

		Name		Cat		PB		Time	Info
134	yw	51	Merle Markvoort		DPA	14.49		14.46	PB
	bl	9	Fabian Kruithof		HPC	14.24		14.21	PB
		Merle Markvoort			Fabian Kruithof				
		100m	14.46	(14.46)	100m	14.21	(14.21)		

		Name		Cat		PB		Time	Info
135	wt	45	Minke Nijenhuis		DPB	14.19		14.08	PB
	rd	41	Douwe Gildemacher		HPC	14.24		14.09	
		Minke Nijenhuis			Douwe Gildemacher				
		100m	14.08	(14.08)	100m	14.09	(14.09)		

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		Name	Cat	PB	Time	Info
136	yw	38 Suze Kleinsman	DPB	14.18	13.62	PB
	bl	69 Robin Stadhouders	DPA	14.12	13.62	PB
		<u>Suze Kleinsman</u>		<u>Robin Stadhouders</u>		
		100m 13.62 (13.62)		100m 13.62 (13.62)		
<hr/>						
		Name	Cat	PB	Time	Info
137	wt	10 Pien Evers	DPD	14.18	13.90	
	rd	13 Lauren Wolters	DPD	14.18	13.74	PB
		<u>Pien Evers</u>		<u>Lauren Wolters</u>		
		100m 13.90 (13.90)		100m 13.74 (13.74)		
<hr/>						
		Name	Cat	PB	Time	Info
138	yw	40 Alexander Warmink	HPA	13.91	13.99	
	bl	58 Elin Mak	DPE	14.07	14.66	
		<u>Alexander Warmink</u>		<u>Elin Mak</u>		
		100m 13.99 (13.99)		100m 14.66 (14.66)		
<hr/>						
		Name	Cat	PB	Time	Info
139	wt	57 Melle ter Horst	HPB	13.48	13.01	PB
	rd	6 Luuk Groothuis	HPC	13.51	13.25	PB
		<u>Melle ter Horst</u>		<u>Luuk Groothuis</u>		
		100m 13.01 (13.01)		100m 13.25 (13.25)		
<hr/>						
		Name	Cat	PB	Time	Info
140	yw	8 Ties Groothuis	HPD	13.38	WDR	
	bl	34 Jill Krikken	DPD	13.35	13.42	
		<u>Ties Groothuis</u>		<u>Jill Krikken</u>		
				100m 13.42 (13.42)		
<hr/>						
		Name	Cat	PB	Time	Info
141	wt	27 Eva Mezzo	DPC	13.44	13.44	PB
	rd	12 Elin Varenbrink	DPA	13.33	13.53	
		<u>Eva Mezzo</u>		<u>Elin Varenbrink</u>		
		100m 13.44 (13.44)		100m 13.53 (13.53)		

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		Name	Cat	PB	Time	Info
142	yw	55 Herre Mak	HPA	13.24	13.43	
	bl	16 Olle Klunder	HPE	13.26	13.40	
		<u>Herre Mak</u>		<u>Olle Klunder</u>		
		100m 13.43 (13.43)		100m 13.40 (13.40)		
<hr/>						
		Name	Cat	PB	Time	Info
143	wt	17 Roan Varenbrink	HPC	13.16	13.08	PB
	rd	110 Noor Klunder	DPC	13.25	13.22	PB
		<u>Roan Varenbrink</u>		<u>Noor Klunder</u>		
		100m 13.08 (13.08)		100m 13.22 (13.22)		
<hr/>						
		Name	Cat	PB	Time	Info
144	yw	109 Aafke Altena	DPA	12.87	12.71	PB
	bl	18 Just Klunder	HPB	13.15	13.10	PB
		<u>Aafke Altena</u>		<u>Just Klunder</u>		
		100m 12.71 (12.71)		100m 13.10 (13.10)		
<hr/>						
		Name	Cat	PB	Time	Info
145	wt	111 Diede Salomons	DPA	13.13	12.75	PB
	rd	21 Sjoerd de Haan	HPA	13.09	12.94	PB
		<u>Diede Salomons</u>		<u>Sjoerd de Haan</u>		
		100m 12.75 (12.75)		100m 12.94 (12.94)		
<hr/>						
		Name	Cat	PB	Time	Info
146	yw	3 Liz Wolters	DPB	12.32	12.18	PB
	bl	66 Morgan DeFreese	DPC	12.72	12.78	
		<u>Liz Wolters</u>		<u>Morgan DeFreese</u>		
		100m 12.18 (12.18)		100m 12.78 (12.78)		
<hr/>						
		Name	Cat	PB	Time	Info
147	wt	24 Lauren van den Brink	DPC	12.56	12.87	
	rd	84 Liam Schrotten	HPB	12.29	WDR	
		<u>Lauren van den Brink</u>		<u>Liam Schrotten</u>		
		100m 12.87 (12.87)				

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		Name	Cat	PB	Time	Info
148	yw	14 Luca Batterink	HPA	11.73	11.79	
	bl	20 Benthe Kamerling	DPB	12.27	12.27	
		Luca Batterink		Benthe Kamerling		
		100m 11.79 (11.79)		100m 12.27 (12.27)		

		Name	Cat	PB	Time	Info
149	wt	28 Paul de Leeuw	HPA	11.62	11.54	PB
	rd	11 Charley Boekema	DPC	12.10	11.93	PB
		Paul de Leeuw		Charley Boekema		
		100m 11.54 (11.54)		100m 11.93 (11.93)		

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