

**1. Result Pupillen A/B (100/500) 100 meter**

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	2 Rimer Tjoelker	HPA	8	I	<b>12.92</b>		
2	12 Yteke Soepboer	DPA	7	O	<b>12.99</b>	PB	
3	15 Jan Aesge van der Meer	HPB	7	I	<b>13.27</b>		
4	20 Thijs de Wit	HPA	8	O	<b>13.42</b>	PB	
5	3 Rimar Kaper	HPB	6	O	<b>13.78</b>	PB	
6	18 Frouwkje Dijkstra	DPA	6	I	<b>14.15</b>		
7	13 Pier Soepboer	HPB	4	I	<b>14.18</b>	MT	
8	26 Wytse Hamstra	HPB	5	O	<b>14.26</b>	PB	
9	16 Marije Nieman	DPB	4	O	<b>14.28</b>	PB	
10	14 Romke Jepma	HPA	5	I	<b>14.34</b>		
11	6 Ilona Borger	DPB	3	I	<b>14.43</b>	PB	
12	1 Louise Bouma	DPB	1	I	<b>14.81</b>		
13	4 Marije Nieuwland	DPA	3	O	<b>15.05</b>		
14	47 Goffe Jensma	HPB	1	O	<b>15.73</b>	PB	

## 1. Race Result Pupillen A/B (100/500) 100 meter

		Name	Cat	PB	Time	Info
1	wt	1 <b>Louise Bouma</b>	DPB	14.64	<b>14.81</b>	
	rd	47 <b>Goffe Jensma</b>	HPB	20.09	<b>15.73</b>	PB
		<u>Louise Bouma</u>		<u>Goffe Jensma</u>		
		100m	14.81 (14.81)	100m	15.73 (15.73)	

		Name	Cat	PB	Time	Info
2	yw					
	bl					
		<u>m</u>		<u>m</u>		

		Name	Cat	PB	Time	Info
3	wt	6 <b>Ilona Borger</b>	DPB	14.45	<b>14.43</b>	PB
	rd	4 <b>Marije Nieuwland</b>	DPA	14.58	<b>15.05</b>	
		<u>Ilona Borger</u>		<u>Marije Nieuwland</u>		
		100m	14.43 (14.43)	100m	15.05 (15.05)	

		Name	Cat	PB	Time	Info
4	yw	13 <b>Pier Soepboer</b>	HPB	14.47	<b>14.18</b>	MT
	bl	16 <b>Marije Nieman</b>	DPB	14.43	<b>14.28</b>	PB
		<u>Pier Soepboer</u>		<u>Marije Nieman</u>		
		100m	14.18 (14.18)	100m	14.28 (14.28)	

		Name	Cat	PB	Time	Info
5	wt	14 <b>Romke Jepma</b>	HPA	14.04	<b>14.34</b>	
	rd	26 <b>Wytse Hamstra</b>	HPB	14.37	<b>14.26</b>	PB
		<u>Romke Jepma</u>		<u>Wytse Hamstra</u>		
		100m	14.34 (14.34)	100m	14.26 (14.26)	

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		Name	Cat	PB	Time	Info
6	yw	18 Frouwkje Dijkstra	DPA	14.04	<b>14.15</b>	
	bl	3 Rimar Kaper	HPB	14.25	<b>13.78</b>	PB
		<u>Frouwkje Dijkstra</u>		<u>Rimar Kaper</u>		
		100m	14.15 (14.15)	100m	13.78 (13.78)	

		Name	Cat	PB	Time	Info
7	wt	15 Jan Aesge van der Meer	HPB	13.22	<b>13.27</b>	
	rd	12 Yteke Soepboer	DPA	13.13	<b>12.99</b>	PB
		<u>Jan Aesge van der Meer</u>		<u>Yteke Soepboer</u>		
		100m	13.27 (13.27)	100m	12.99 (12.99)	

		Name	Cat	PB	Time	Info
8	yw	2 Rimer Tjoelker	HPA	12.84	<b>12.92</b>	
	bl	20 Thijs de Wit	HPA	13.68	<b>13.42</b>	PB
		<u>Rimer Tjoelker</u>		<u>Thijs de Wit</u>		
		100m	12.92 (12.92)	100m	13.42 (13.42)	

**2. Result Pupillen C/D (100/100) 1e 100 meter**

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	24 Jolieke Zijlstra	DPD	11	O	<b>13.86</b>	
2	17 Jurjen Dijkstra	HPC	12	I	<b>14.37</b>	
3	21 Roos van der Werf	DPC	11	I	<b>14.82</b>	
4	25 Lotte van der Woud	DPC	10	O	<b>15.36</b>	
5	48 Sybren Jensma	HPC	12	O	<b>16.70</b> MT	
6	7 Djurre Zuidema	HPC	10	I	<b>17.00</b>	
7	5 Finn De Kwaadsteniet	HPD	9	I	<b>18.86</b>	

**2. Race Result Pupillen C/D (100/100) 1e 100 meter**

		Name	Cat	PB	Time	Info														
9	wt	5 <b>Finn De Kwaadsteniet</b>	HPD		<b>18.86</b>															
	rd																			
<table border="0" style="width:100%"> <tr> <td colspan="7"><b>Finn De Kwaadsteniet</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>18.86</td> <td>(18.86)</td> <td></td> <td>m</td> </tr> </table>							<b>Finn De Kwaadsteniet</b>									100m	18.86	(18.86)		m
<b>Finn De Kwaadsteniet</b>																				
		100m	18.86	(18.86)		m														

		Name	Cat	PB	Time	Info														
10	yw	7 <b>Djurre Zuidema</b>	HPC		<b>17.00</b>															
	bl	25 <b>Lotte van der Woud</b>	DPC		<b>15.36</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Djurre Zuidema</b></td> <td colspan="4"><b>Lotte van der Woud</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>17.00</td> <td>(17.00)</td> <td>100m</td> <td>15.36 (15.36)</td> </tr> </table>							<b>Djurre Zuidema</b>			<b>Lotte van der Woud</b>						100m	17.00	(17.00)	100m	15.36 (15.36)
<b>Djurre Zuidema</b>			<b>Lotte van der Woud</b>																	
		100m	17.00	(17.00)	100m	15.36 (15.36)														

		Name	Cat	PB	Time	Info														
11	wt	21 <b>Roos van der Werf</b>	DPC	14.74	<b>14.82</b>															
	rd	24 <b>Jolieke Zijlstra</b>	DPD	13.73	<b>13.86</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Roos van der Werf</b></td> <td colspan="4"><b>Jolieke Zijlstra</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>14.82</td> <td>(14.82)</td> <td>100m</td> <td>13.86 (13.86)</td> </tr> </table>							<b>Roos van der Werf</b>			<b>Jolieke Zijlstra</b>						100m	14.82	(14.82)	100m	13.86 (13.86)
<b>Roos van der Werf</b>			<b>Jolieke Zijlstra</b>																	
		100m	14.82	(14.82)	100m	13.86 (13.86)														

		Name	Cat	PB	Time	Info														
12	yw	17 <b>Jurjen Dijkstra</b>	HPC	13.99	<b>14.37</b>															
	bl	48 <b>Sybren Jensma</b>	HPC	32.55	<b>16.70</b>	MT														
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Jurjen Dijkstra</b></td> <td colspan="4"><b>Sybren Jensma</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>14.37</td> <td>(14.37)</td> <td>100m</td> <td>16.70 (16.70)</td> </tr> </table>							<b>Jurjen Dijkstra</b>			<b>Sybren Jensma</b>						100m	14.37	(14.37)	100m	16.70 (16.70)
<b>Jurjen Dijkstra</b>			<b>Sybren Jensma</b>																	
		100m	14.37	(14.37)	100m	16.70 (16.70)														

**3. Result Pupillen E/F (100/100) 1e 100 meter**

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	19 Sybrich Soepboer	DPE	15	I	16.90	
2	23 Bram Zijlstra	HPF	16	O	17.24	
3	40 Aniek van der Tuuk	DPF	13	I	17.72	
4	49 Henny Jensma	DPE	15	O	18.98	
5	45 Elske Anema	DPF	14	O	19.98	
6	33 Jitse Hamstra	HPF	16	I	24.60	
7	44 Thijs Zijlstra	HPF	14	I	29.40	

**3. Race Result Pupillen E/F (100/100) 1e 100 meter**

		Name	Cat	PB	Time	Info														
13	wt	40 <b>Aniek van der Tuuk</b>	DPF		<b>17.72</b>															
	rd																			
<table border="0" style="width:100%"> <tr> <td colspan="7"><b>Aniek van der Tuuk</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>17.72</td> <td>(17.72)</td> <td></td> <td>m</td> </tr> </table>							<b>Aniek van der Tuuk</b>									100m	17.72	(17.72)		m
<b>Aniek van der Tuuk</b>																				
		100m	17.72	(17.72)		m														

		Name	Cat	PB	Time	Info														
14	yw	44 <b>Thijs Zijlstra</b>	HPF		<b>29.40</b>															
	bl	45 <b>Elske Anema</b>	DPF		<b>19.98</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Thijs Zijlstra</b></td> <td colspan="4"><b>Elske Anema</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>29.40</td> <td>(29.40)</td> <td>100m</td> <td>19.98 (19.98)</td> </tr> </table>							<b>Thijs Zijlstra</b>			<b>Elske Anema</b>						100m	29.40	(29.40)	100m	19.98 (19.98)
<b>Thijs Zijlstra</b>			<b>Elske Anema</b>																	
		100m	29.40	(29.40)	100m	19.98 (19.98)														

		Name	Cat	PB	Time	Info														
15	wt	19 <b>Sybrich Soepboer</b>	DPE		<b>16.90</b>															
	rd	49 <b>Henny Jensma</b>	DPE		<b>18.98</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Sybrich Soepboer</b></td> <td colspan="4"><b>Henny Jensma</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>16.90</td> <td>(16.90)</td> <td>100m</td> <td>18.98 (18.98)</td> </tr> </table>							<b>Sybrich Soepboer</b>			<b>Henny Jensma</b>						100m	16.90	(16.90)	100m	18.98 (18.98)
<b>Sybrich Soepboer</b>			<b>Henny Jensma</b>																	
		100m	16.90	(16.90)	100m	18.98 (18.98)														

		Name	Cat	PB	Time	Info														
16	yw	33 <b>Jitse Hamstra</b>	HPF		<b>24.60</b>															
	bl	23 <b>Bram Zijlstra</b>	HPF	16.86	<b>17.24</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><b>Jitse Hamstra</b></td> <td colspan="4"><b>Bram Zijlstra</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>24.60</td> <td>(24.60)</td> <td>100m</td> <td>17.24 (17.24)</td> </tr> </table>							<b>Jitse Hamstra</b>			<b>Bram Zijlstra</b>						100m	24.60	(24.60)	100m	17.24 (17.24)
<b>Jitse Hamstra</b>			<b>Bram Zijlstra</b>																	
		100m	24.60	(24.60)	100m	17.24 (17.24)														

## 4. Result B/C junioren/senioren (100/500) 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	39 Jilles Tjoelker	HA1	25	O	11.35		
2	27 Geert Hamstra	H45	26	I	11.89		
3	37 Harm van der Meulen	H50	26	O	11.93		
4	42 Jan Piet de Jager	H45	24	I	12.38		
5	28 Sophie Kroondijk	DC2	23	O	12.49	PB	
6	11 Kim van der Graaf	DC1	24	O	12.93		
7	43 Anna van der Graaf	DB2	21	O	13.45	PB	
8	38 Eke van der Meulen	DB2	23	I	13.50		
9	29 Oege Jurjen Dijkstra	H40	17	I	13.89		
10	36 Gerrit van der Meer	H45	20	I	14.83		
11	10 Merrith Bouma	DC2	21	I	14.86	PB	
12	30 Yvonne Dijkstra	DSB	18	I	15.24		
13	41 Elmer de Wit	H45	20	O	15.71		
14	35 Sieb Zeinstra	H70	22	I	15.93		
15	34 Gerda Hamstra-Zeinstra	D45	18	O	16.71		
16	31 Eeltje Borger	H50	22	O	17.61		
17	22 Noa Beau Steenbeeke	DA2	19	O	20.30	FL	
18	50 Luuk Naber	HN2	19	I	22.89	FL	
	32 Onno Zonneveld	HN2	25	I	DNS		



**4. Race Result B/C junioren/senioren (100/500) 100 meter**

		Name	Cat	PB	Time	Info
17	wt	29 <b>Oege Jurjen Dijkstra</b>	H40		<b>13.89</b>	
	rd					
		<u>Oege Jurjen Dijkstra</u>				
		100m	13.89 (13.89)	m		
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	30 <b>Yvonne Dijkstra</b>	DSB		<b>15.24</b>	
	bl	34 <b>Gerda Hamstra-Zeinstra</b>	D45		<b>16.71</b>	
		<u>Yvonne Dijkstra</u>		<u>Gerda Hamstra-Zeinstra</u>		
		100m	15.24 (15.24)	100m	16.71 (16.71)	
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	50 <b>Luuk Naber</b>	HN2		<b>22.89</b>	FL
	rd	22 <b>Noa Beau Steenbeeke</b>	DA2		<b>20.30</b>	FL
		<u>Luuk Naber</u>		<u>Noa Beau Steenbeeke</u>		
		100m	22.89 (22.89)	100m	20.30 (20.30)	
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	36 <b>Gerrit van der Meer</b>	H45		<b>14.83</b>	
	bl	41 <b>Elmer de Wit</b>	H45		<b>15.71</b>	
		<u>Gerrit van der Meer</u>		<u>Elmer de Wit</u>		
		100m	14.83 (14.83)	100m	15.71 (15.71)	
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	10 <b>Merrith Bouma</b>	DC2	14.89	<b>14.86</b>	PB
	rd	43 <b>Anna van der Graaf</b>	DB2	14.42	<b>13.45</b>	PB
		<u>Merrith Bouma</u>		<u>Anna van der Graaf</u>		
		100m	14.86 (14.86)	100m	13.45 (13.45)	

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		Name	Cat	PB	Time	Info
22	yw	35 <b>Sieb Zeinstra</b>	H70		<b>15.93</b>	
	bl	31 <b>Eeltje Borger</b>	H50		<b>17.61</b>	
		<b>Sieb Zeinstra</b>		<b>Eeltje Borger</b>		
		100m	15.93 (15.93)	100m	17.61 (17.61)	

		Name	Cat	PB	Time	Info
23	wt	38 <b>Eke van der Meulen</b>	DB2	12.57	<b>13.50</b>	
	rd	28 <b>Sophie Kroondijk</b>	DC2	12.89	<b>12.49</b>	PB
		<b>Eke van der Meulen</b>		<b>Sophie Kroondijk</b>		
		100m	13.50 (13.50)	100m	12.49 (12.49)	

		Name	Cat	PB	Time	Info
24	yw	42 <b>Jan Piet de Jager</b>	H45	11.80	<b>12.38</b>	
	bl	11 <b>Kim van der Graaf</b>	DC1	12.65	<b>12.93</b>	
		<b>Jan Piet de Jager</b>		<b>Kim van der Graaf</b>		
		100m	12.38 (12.38)	100m	12.93 (12.93)	

		Name	Cat	PB	Time	Info
25	wt	32 <b>Onno Zonneveld</b>	HN2	10.87	<b>DNS</b>	
	rd	39 <b>Jilles Tjoelker</b>	HA1	11.09	<b>11.35</b>	
		<b>Onno Zonneveld</b>		<b>Jilles Tjoelker</b>		
				100m	11.35 (11.35)	

		Name	Cat	PB	Time	Info
26	yw	27 <b>Geert Hamstra</b>	H45	10.81	<b>11.89</b>	
	bl	37 <b>Harm van der Meulen</b>	H50	10.70	<b>11.93</b>	
		<b>Geert Hamstra</b>		<b>Harm van der Meulen</b>		
		100m	11.89 (11.89)	100m	11.93 (11.93)	

**5. Result Pupillen A/B (100/500) 500 meter**

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	2 Rimer Tjoelker	HPA	33	I	49.92	
2	15 Jan Aesge van der Meer	HPB	33	O	51.44	
3	12 Yteke Soepboer	DPA	34	I	51.66	PB
4	20 Thijs de Wit	HPA	32	O	55.54	FL
5	16 Marije Nieman	DPB	31	O	56.11	
6	14 Romke Jepma	HPA	32	I	56.53	PB
7	26 Wytse Hamstra	HPB	34	O	56.59	FL
8	13 Pier Soepboer	HPB	27	I	58.70	PB
9	18 Frouwkje Dijkstra	DPA	31	I	1:00.84	
10	1 Louise Bouma	DPB	30	I	1:01.17	
11	4 Marije Nieuwland	DPA	29	O	1:01.45	
12	3 Rimar Kaper	HPB	29	I	1:03.35	PB
13	6 Ilona Borger	DPB	30	O	1:03.37	PB
14	47 Goffe Jensma	HPB	27	O	1:10.03	

**5. Race Result Pupillen A/B (100/500) 500 meter**

		Name		Cat		PB	Time	Info
27	wt	13	<b>Pier Soepboer</b>		HPB	1:06.42	<b>58.70</b>	PB
	rd	47	<b>Goffe Jensma</b>		HPB		<b>1:10.03</b>	
		<u>Pier Soepboer</u>			<u>Goffe Jensma</u>			
		100m	14.32	(14.32)	100m	15.66	(15.66)	
		500m	58.70	(44.38)	500m	1:10.03	(54.37)	

		Name		Cat		PB	Time	Info
28	yw							
	bl							
			m					
			m					

		Name		Cat		PB	Time	Info
29	wt	3	<b>Rimar Kaper</b>		HPB	1:03.77	<b>1:03.35</b>	PB
	rd	4	<b>Marije Nieuwland</b>		DPA	1:00.99	<b>1:01.45</b>	
		<u>Rimar Kaper</u>			<u>Marije Nieuwland</u>			
		100m	14.03	(14.03)	100m	14.73	(14.73)	
		500m	1:03.35	(49.32)	500m	1:01.45	(46.72)	

		Name		Cat		PB	Time	Info
30	yw	1	<b>Louise Bouma</b>		DPB	58.56	<b>1:01.17</b>	
	bl	6	<b>Ilona Borger</b>		DPB	1:03.59	<b>1:03.37</b>	PB
		<u>Louise Bouma</u>			<u>Ilona Borger</u>			
		100m	15.02	(15.02)	100m	14.89	(14.89)	
		500m	1:01.17	(46.15)	500m	1:03.37	(48.48)	

		Name		Cat		PB	Time	Info
31	wt	18	<b>Frouwkje Dijkstra</b>		DPA	56.70	<b>1:00.84</b>	
	rd	16	<b>Marije Nieman</b>		DPB	55.41	<b>56.11</b>	
		<u>Frouwkje Dijkstra</u>			<u>Marije Nieman</u>			
		100m	15.18	(15.18)	100m	14.66	(14.66)	
		500m	1:00.84	(45.66)	500m	56.11	(41.45)	

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		Name	Cat	PB	Time	Info
32	yw	14 <b>Romke Jepma</b>	HPA	57.65	<b>56.53</b>	PB
	bl	20 <b>Thijs de Wit</b>	HPA	54.88	<b>55.54</b>	FL
		<b>Romke Jepma</b>		<b>Thijs de Wit</b>		
		100m	14.80 (14.80)	100m	13.92 (13.92)	
		500m	56.53 (41.73)	500m	55.54 (41.62)	

		Name	Cat	PB	Time	Info
33	wt	2 <b>Rimer Tjoelker</b>	HPA	49.91	<b>49.92</b>	
	rd	15 <b>Jan Aesge van der Meer</b>	HPB	51.43	<b>51.44</b>	
		<b>Rimer Tjoelker</b>		<b>Jan Aesge van der Meer</b>		
		100m	13.02 (13.02)	100m	13.51 (13.51)	
		500m	49.92 (36.90)	500m	51.44 (37.93)	

		Name	Cat	PB	Time	Info
34	yw	12 <b>Yteke Soepboer</b>	DPA	51.81	<b>51.66</b>	PB
	bl	26 <b>Wytse Hamstra</b>	HPB	54.62	<b>56.59</b>	FL
		<b>Yteke Soepboer</b>		<b>Wytse Hamstra</b>		
		100m	13.52 (13.52)	100m	17.01 (17.01)	
		500m	51.66 (38.14)	500m	56.59 (39.58)	

**6. Result Pupillen C/D (100/100) 2e 100 meter**

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	24 Jolieke Zijlstra	DPD	37	I	13.71	PB	
2	17 Jurjen Dijkstra	HPC	37	O	14.25		
3	25 Lotte van der Woud	DPC	36	O	14.53		
4	21 Roos van der Werf	DPC	38	I	14.91		
5	48 Sybren Jensma	HPC	38	O	16.62	MT	
6	7 Djurre Zuidema	HPC	36	I	16.93		
7	5 Finn De Kwaadsteniet	HPD	35	I	17.50		

**6. Race Result Pupillen C/D (100/100) 2e 100 meter**

		Name	Cat	PB	Time	Info														
35	wt	5 <b>Finn De Kwaadsteniet</b>	HPD		<b>17.50</b>															
	rd																			
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Finn De Kwaadsteniet</u></td> <td colspan="4"></td> </tr> <tr> <td>100m</td> <td>17.50</td> <td>(17.50)</td> <td>m</td> <td colspan="3"></td> </tr> </table>							<u>Finn De Kwaadsteniet</u>							100m	17.50	(17.50)	m			
<u>Finn De Kwaadsteniet</u>																				
100m	17.50	(17.50)	m																	

		Name	Cat	PB	Time	Info														
36	yw	7 <b>Djurre Zuidema</b>	HPC		<b>16.93</b>															
	bl	25 <b>Lotte van der Woud</b>	DPC		<b>14.53</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Djurre Zuidema</u></td> <td colspan="4"><u>Lotte van der Woud</u></td> </tr> <tr> <td>100m</td> <td>16.93</td> <td>(16.93)</td> <td>100m</td> <td>14.53</td> <td>(14.53)</td> <td></td> </tr> </table>							<u>Djurre Zuidema</u>			<u>Lotte van der Woud</u>				100m	16.93	(16.93)	100m	14.53	(14.53)	
<u>Djurre Zuidema</u>			<u>Lotte van der Woud</u>																	
100m	16.93	(16.93)	100m	14.53	(14.53)															

		Name	Cat	PB	Time	Info														
37	wt	24 <b>Jolieke Zijlstra</b>	DPD	13.73	<b>13.71</b>	PB														
	rd	17 <b>Jurjen Dijkstra</b>	HPC	13.99	<b>14.25</b>															
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Jolieke Zijlstra</u></td> <td colspan="4"><u>Jurjen Dijkstra</u></td> </tr> <tr> <td>100m</td> <td>13.71</td> <td>(13.71)</td> <td>100m</td> <td>14.25</td> <td>(14.25)</td> <td></td> </tr> </table>							<u>Jolieke Zijlstra</u>			<u>Jurjen Dijkstra</u>				100m	13.71	(13.71)	100m	14.25	(14.25)	
<u>Jolieke Zijlstra</u>			<u>Jurjen Dijkstra</u>																	
100m	13.71	(13.71)	100m	14.25	(14.25)															

		Name	Cat	PB	Time	Info														
38	yw	21 <b>Roos van der Werf</b>	DPC	14.74	<b>14.91</b>															
	bl	48 <b>Sybren Jensma</b>	HPC	32.55	<b>16.62</b>	MT														
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Roos van der Werf</u></td> <td colspan="4"><u>Sybren Jensma</u></td> </tr> <tr> <td>100m</td> <td>14.91</td> <td>(14.91)</td> <td>100m</td> <td>16.62</td> <td>(16.62)</td> <td></td> </tr> </table>							<u>Roos van der Werf</u>			<u>Sybren Jensma</u>				100m	14.91	(14.91)	100m	16.62	(16.62)	
<u>Roos van der Werf</u>			<u>Sybren Jensma</u>																	
100m	14.91	(14.91)	100m	16.62	(16.62)															

**7. Result Pupillen E/F (100/100) 2e 100 meter**

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	19 Sybrich Soepboer	DPE	41	O	<b>17.07</b>	
2	40 Aniek van der Tuuk	DPF	40	I	<b>17.33</b>	
3	23 Bram Zijlstra	HPF	42	I	<b>17.57</b>	
4	49 Henny Jensma	DPE	42	O	<b>18.48</b>	
5	45 Elske Anema	DPF	39	I	<b>20.09</b>	
6	33 Jitse Hamstra	HPF	41	I	<b>24.15</b>	
7	44 Thijs Zijlstra	HPF	40	O	<b>34.22</b> FL	



**7. Race Result Pupillen E/F (100/100) 2e 100 meter**

		Name	Cat	PB	Time	Info
39	wt rd	45 <b>Elske Anema</b>	DPF		<b>20.09</b>	
		<u>Elske Anema</u>				
		100m	20.09 (20.09)			m

		Name	Cat	PB	Time	Info
40	yw	40 <b>Aniek van der Tuuk</b>	DPF		<b>17.33</b>	
	bl	44 <b>Thijs Zijlstra</b>	HPF		<b>34.22</b>	FL
		<u>Aniek van der Tuuk</u>				
		100m	17.33 (17.33)			
		<u>Thijs Zijlstra</u>				
		100m	34.22 (34.22)			

		Name	Cat	PB	Time	Info
41	wt	33 <b>Jitse Hamstra</b>	HPF		<b>24.15</b>	
	rd	19 <b>Sybrich Soepboer</b>	DPE		<b>17.07</b>	
		<u>Jitse Hamstra</u>				
		100m	24.15 (24.15)			
		<u>Sybrich Soepboer</u>				
		100m	17.07 (17.07)			

		Name	Cat	PB	Time	Info
42	yw	23 <b>Bram Zijlstra</b>	HPF	16.86	<b>17.57</b>	
	bl	49 <b>Henny Jensma</b>	DPE		<b>18.48</b>	
		<u>Bram Zijlstra</u>				
		100m	17.57 (17.57)			
		<u>Henny Jensma</u>				
		100m	18.48 (18.48)			

**8. Result B/C Junioren/ senioren (100/500) 500 meter**

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	32 Onno Zonneveld	HN2	52	O	41.32	MT	
2	27 Geert Hamstra	H45	45	O	43.29		
3	37 Harm van der Meulen	H50	52	I	44.47	MT	
4	42 Jan Piet de Jager	H45	51	I	45.12	MT	
5	39 Jilles Tjoelker	HA1	51	O	47.56	FL	
6	28 Sophie Kroondijk	DC2	50	O	48.14		
7	11 Kim van der Graaf	DC1	49	O	50.22		
	43 Anna van der Graaf	DB2	50	I	50.22		
9	38 Eke van der Meulen	DB2	49	I	50.73		
10	29 Oege Jurjen Dijkstra	H40	43	I	52.13		
11	22 Noa Beau Steenbeeke	DA2	46	I	53.18		
12	36 Gerrit van der Meer	H45	47	I	54.49		
13	10 Merrith Bouma	DC2	48	I	58.48	PB	
14	41 Elmer de Wit	H45	46	O	1:00.41		
15	35 Sieb Zeinstra	H70	47	O	1:01.42	PB	
16	30 Yvonne Dijkstra	DSB	44	I	1:01.82		
17	34 Gerda Hamstra-Zeinstra	D45	44	O	1:02.14		
18	31 Eeltje Borger	H50	48	O	1:18.55		
	50 Luuk Naber	HN2	45	I		DNS	

**8. Race Result B/C Junioren/ senioren (100/500) 500 meter**

		Name		Cat		PB	Time	Info																											
43	wt	29	<b>Oege Jurjen Dijkstra</b>		H40		<b>52.13</b>																												
	rd																																		
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Oege Jurjen Dijkstra</u></td> <td colspan="5"></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.40</td> <td>(13.40)</td> <td></td> <td>m</td> <td colspan="2"></td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>52.13</td> <td>(38.73)</td> <td colspan="4"></td> </tr> </table>									<u>Oege Jurjen Dijkstra</u>											100m	13.40	(13.40)		m					500m	52.13	(38.73)				
<u>Oege Jurjen Dijkstra</u>																																			
		100m	13.40	(13.40)		m																													
		500m	52.13	(38.73)																															

		Name		Cat		PB	Time	Info																											
44	yw	30	<b>Yvonne Dijkstra</b>		DSB		<b>1:01.82</b>																												
	bl	34	<b>Gerda Hamstra-Zeinstra</b>		D45		<b>1:02.14</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Yvonne Dijkstra</u></td> <td colspan="5"><u>Gerda Hamstra-Zeinstra</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>15.51</td> <td>(15.51)</td> <td></td> <td>100m</td> <td>16.68</td> <td>(16.68)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>1:01.82</td> <td>(46.31)</td> <td></td> <td>500m</td> <td>1:02.14</td> <td>(45.46)</td> </tr> </table>									<u>Yvonne Dijkstra</u>				<u>Gerda Hamstra-Zeinstra</u>							100m	15.51	(15.51)		100m	16.68	(16.68)			500m	1:01.82	(46.31)		500m	1:02.14	(45.46)
<u>Yvonne Dijkstra</u>				<u>Gerda Hamstra-Zeinstra</u>																															
		100m	15.51	(15.51)		100m	16.68	(16.68)																											
		500m	1:01.82	(46.31)		500m	1:02.14	(45.46)																											

		Name		Cat		PB	Time	Info																											
45	wt	50	<b>Luuk Naber</b>		HN2		<b>DNS</b>																												
	rd	27	<b>Geert Hamstra</b>		H45		<b>43.29</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Luuk Naber</u></td> <td colspan="5"><u>Geert Hamstra</u></td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>100m</td> <td>11.69</td> <td>(11.69)</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>500m</td> <td>43.29</td> <td>(31.60)</td> </tr> </table>									<u>Luuk Naber</u>				<u>Geert Hamstra</u>											100m	11.69	(11.69)							500m	43.29	(31.60)
<u>Luuk Naber</u>				<u>Geert Hamstra</u>																															
						100m	11.69	(11.69)																											
						500m	43.29	(31.60)																											

		Name		Cat		PB	Time	Info																											
46	yw	22	<b>Noa Beau Steenbeeke</b>		DA2		<b>53.18</b>																												
	bl	41	<b>Elmer de Wit</b>		H45		<b>1:00.41</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Noa Beau Steenbeeke</u></td> <td colspan="5"><u>Elmer de Wit</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.54</td> <td>(13.54)</td> <td></td> <td>100m</td> <td>15.03</td> <td>(15.03)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>53.18</td> <td>(39.64)</td> <td></td> <td>500m</td> <td>1:00.41</td> <td>(45.38)</td> </tr> </table>									<u>Noa Beau Steenbeeke</u>				<u>Elmer de Wit</u>							100m	13.54	(13.54)		100m	15.03	(15.03)			500m	53.18	(39.64)		500m	1:00.41	(45.38)
<u>Noa Beau Steenbeeke</u>				<u>Elmer de Wit</u>																															
		100m	13.54	(13.54)		100m	15.03	(15.03)																											
		500m	53.18	(39.64)		500m	1:00.41	(45.38)																											

		Name		Cat		PB	Time	Info																											
47	wt	36	<b>Gerrit van der Meer</b>		H45		<b>54.49</b>																												
	rd	35	<b>Sieb Zeinstra</b>		H70	1:02.64	<b>1:01.42</b>	PB																											
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Gerrit van der Meer</u></td> <td colspan="5"><u>Sieb Zeinstra</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>14.99</td> <td>(14.99)</td> <td></td> <td>100m</td> <td>15.96</td> <td>(15.96)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>54.49</td> <td>(39.50)</td> <td></td> <td>500m</td> <td>1:01.42</td> <td>(45.46)</td> </tr> </table>									<u>Gerrit van der Meer</u>				<u>Sieb Zeinstra</u>							100m	14.99	(14.99)		100m	15.96	(15.96)			500m	54.49	(39.50)		500m	1:01.42	(45.46)
<u>Gerrit van der Meer</u>				<u>Sieb Zeinstra</u>																															
		100m	14.99	(14.99)		100m	15.96	(15.96)																											
		500m	54.49	(39.50)		500m	1:01.42	(45.46)																											

# club wedstrijd STS zondag 8 januari 2023

Elfstedenhal - Leeuwarden

8 January 2023

		Name	Cat	PB	Time	Info
48	yw	10 <b>Merrith Bouma</b>	DC2	1:07.11	<b>58.48</b>	PB
	bl	31 <b>Eeltje Borger</b>	H50		<b>1:18.55</b>	
		<b>Merrith Bouma</b>		<b>Eeltje Borger</b>		
		100m 14.96 (14.96)		100m 18.61 (18.61)		
		500m 58.48 (43.52)		500m 1:18.55 (59.94)		

		Name	Cat	PB	Time	Info
49	wt	38 <b>Eke van der Meulen</b>	DB2	46.55	<b>50.73</b>	
	rd	11 <b>Kim van der Graaf</b>	DC1	49.35	<b>50.22</b>	
		<b>Eke van der Meulen</b>		<b>Kim van der Graaf</b>		
		100m 13.44 (13.44)		100m 12.98 (12.98)		
		500m 50.73 (37.29)		500m 50.22 (37.24)		

		Name	Cat	PB	Time	Info
50	yw	43 <b>Anna van der Graaf</b>	DB2	50.11	<b>50.22</b>	
	bl	28 <b>Sophie Kroondijk</b>	DC2	47.17	<b>48.14</b>	
		<b>Anna van der Graaf</b>		<b>Sophie Kroondijk</b>		
		100m 13.51 (13.51)		100m 12.55 (12.55)		
		500m 50.22 (36.71)		500m 48.14 (35.59)		

		Name	Cat	PB	Time	Info
51	wt	42 <b>Jan Piet de Jager</b>	H45	42.06	<b>45.12</b>	MT
	rd	39 <b>Jilles Tjoelker</b>	HA1	39.25	<b>47.56</b>	FL
		<b>Jan Piet de Jager</b>		<b>Jilles Tjoelker</b>		
		100m 45.12 (45.12)		100m 11.04 (11.04)		
				500m 47.56 (36.52)		

		Name	Cat	PB	Time	Info
52	yw	37 <b>Harm van der Meulen</b>	H50	41.91	<b>44.47</b>	MT
	bl	32 <b>Onno Zonneveld</b>	HN2	39.92	<b>41.32</b>	MT
		<b>Harm van der Meulen</b>		<b>Onno Zonneveld</b>		
		100m 44.47 (44.47)		100m 41.32 (41.32)		