



# Ijsbeercup 1

Ijsbaan Haarlem - Haarlem  
11 oktober 2025



## 1. Uitslag 500 meter Pupillen

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 47 Sverre Lindstedt  | HPA | 4    | I    | 50.07   | PR   |        |
| 2   | 63 Florien Laarhoven | DPA | 3    | I    | 51.20   |      |        |
| 3   | 45 Hanna van Ruiten  | DPA | 4    | O    | 51.60   |      |        |
| 4   | 49 Tara Fijten       | DPA | 3    | O    | 52.22   |      |        |
| 5   | 53 Jonna Molhoek     | DPA | 1    | I    | 57.24   |      |        |
| 6   | 50 Iris Fijten       | DPB | 2    | I    | 1:02.07 |      |        |
| 7   | 56 Feline Heineman   | DPC | 2    | O    | 1:05.99 |      |        |



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|   |    | Naam                        | Cat     |                         | PR      | Tijd            | Info |
|---|----|-----------------------------|---------|-------------------------|---------|-----------------|------|
| 1 | wt | 53 <b>Jonna Molhoek</b>     | DPA     |                         | 51.65   | 57.24           |      |
|   | rd |                             |         |                         |         |                 |      |
|   |    | <b>Jonna Molhoek</b>        |         |                         |         |                 |      |
|   |    | 100m                        | 14.33   | (14.33)                 | m       |                 |      |
|   |    | 500m                        | 57.24   | (42.91)                 |         |                 |      |
|   |    | Naam                        | Cat     |                         | PR      | Tijd            | Info |
| 2 | gl | 50 <b>Iris Fijten</b>       | DPB     |                         | 1:01.86 | 1:02.07         |      |
|   | bl | 56 <b>Feline Heineman</b>   | DPC     |                         | 1:04.10 | 1:05.99         |      |
|   |    | <b>Iris Fijten</b>          |         | <b>Feline Heineman</b>  |         |                 |      |
|   |    | 100m                        | 14.34   | (14.34)                 | 100m    | 15.07 (15.07)   |      |
|   |    | 500m                        | 1:02.07 | (47.73)                 | 500m    | 1:05.99 (50.92) |      |
|   |    | Naam                        | Cat     |                         | PR      | Tijd            | Info |
| 3 | wt | 63 <b>Florien Laarhoven</b> | DPA     |                         | 50.75   | 51.20           |      |
|   | rd | 49 <b>Tara Fijten</b>       | DPA     |                         | 48.73   | 52.22           |      |
|   |    | <b>Florien Laarhoven</b>    |         | <b>Tara Fijten</b>      |         |                 |      |
|   |    | 100m                        | 13.17   | (13.17)                 | 100m    | 13.29 (13.29)   |      |
|   |    | 500m                        | 51.20   | (38.03)                 | 500m    | 52.22 (38.93)   |      |
|   |    | Naam                        | Cat     |                         | PR      | Tijd            | Info |
| 4 | gl | 47 <b>Sverre Lindstedt</b>  | HPA     |                         | 50.48   | 50.07           | PR   |
|   | bl | 45 <b>Hanna van Ruiten</b>  | DPA     |                         | 50.30   | 51.60           |      |
|   |    | <b>Sverre Lindstedt</b>     |         | <b>Hanna van Ruiten</b> |         |                 |      |
|   |    | 100m                        | 12.84   | (12.84)                 | 100m    | 13.37 (13.37)   |      |
|   |    | 500m                        | 50.07   | (37.23)                 | 500m    | 51.60 (38.23)   |      |



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## 2. Uitslag 500 meter IJsberen

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 1 Mees Olie              | HC2 | 24   | O    | 46.44   | PR   |        |
| 2   | 12 Jelle van Ruiten      | HC2 | 24   | I    | 47.35   | PR   |        |
| 3   | 27 Jasper van Tol        | HC1 | 23   | I    | 48.21   | PR   |        |
| 4   | 35 Julie Bierman         | DC1 | 21   | O    | 48.67   | PR   |        |
| 5   | 5 Floris van Maris       | HC1 | 22   | I    | 49.19   | PR   |        |
| 6   | 36 Emi Kiers             | DC2 | 23   | O    | 49.30   |      |        |
| 7   | 67 Freek Tonino          | HC2 | 5    | I    | 49.34   | PR   |        |
| 8   | 43 Philipine Cornelissen | DC2 | 22   | O    | 49.65   |      |        |
| 9   | 55 Laurens Heineman      | HC1 | 17   | O    | 50.19   | PR   |        |
| 10  | 34 Evi Ruissen           | DC2 | 19   | I    | 50.62   | PR   |        |
| 11  | 57 Timo van der Poel     | HC1 | 19   | O    | 50.67   |      |        |
| 12  | 19 Dominique van der Aa  | DC1 | 16   | O    | 50.78   | PR   |        |
| 13  | 23 Emma Tauber           | DC1 | 21   | I    | 50.99   |      |        |
| 14  | 62 Tygo van der Poel     | HC2 | 15   | O    | 51.15   | PR   |        |
| 15  | 40 Kelsy Mulckhuyse      | DC2 | 12   | O    | 51.22   |      |        |
| 16  | 10 Christiaan Zandstra   | HC2 | 20   | I    | 51.43   |      |        |
| 17  | 25 Ella Westerik         | DC2 | 18   | O    | 51.72   |      |        |
| 18  | 21 Hille de Graaf        | DC1 | 20   | O    | 51.88   |      |        |
| 19  | 8 Lisa Meeuwissen        | DC2 | 16   | I    | 51.92   |      |        |
| 20  | 44 Jelle Boonstra        | HC1 | 17   | I    | 52.60   |      |        |
| 21  | 46 Roos Valentijn        | DC2 | 14   | I    | 52.96   |      |        |
| 22  | 41 Stern Amons           | HC1 | 13   | O    | 53.21   | PR   |        |
| 23  | 20 Elisa Domingues Rosa  | DC2 | 18   | I    | 53.54   |      |        |
| 24  | 7 Julie Vermeulen        | DC1 | 13   | I    | 53.71   |      |        |
| 25  | 39 Isa Pruisscher        | DC1 | 15   | I    | 53.73   |      |        |
| 26  | 9 Mark Prins             | HC1 | 12   | I    | 54.24   |      |        |
| 27  | 13 Ilya Fontaine         | HC1 | 10   | I    | 54.48   | PR   |        |
| 28  | 65 Matthijs van Rhenen   | HC1 | 9    | I    | 55.18   | PR   |        |
| 29  | 54 Alissa Pels           | DC2 | 14   | O    | 55.90   |      |        |
| 30  | 58 Stijn van Dorth       | HC2 | 10   | O    | 56.60   | PR   |        |
| 31  | 33 Demi de Vries         | DC1 | 11   | I    | 56.62   |      |        |
| 32  | 61 Tessa van Egmond      | DC1 | 9    | O    | 57.40   |      |        |
| 33  | 42 Wietske Metselaar     | DC1 | 8    | I    | 57.53   | PR   |        |
| 34  | 32 Sanne Neijzing        | DC1 | 7    | I    | 1:01.23 |      |        |
| 35  | 60 Fiene Dekker          | DC1 | 7    | O    | 1:01.65 |      |        |
| 36  | 31 Valerie Rinses        | DC1 | 8    | O    | 1:01.79 |      |        |
|     | 64 Ralph Kooloos         | HC1 | 11   | O    | DNS     |      |        |



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## 2. Rituitslag 500 meter Ijsberen

|   |    | Naam                          | Cat                     | PR      | Tijd    | Info |
|---|----|-------------------------------|-------------------------|---------|---------|------|
| 5 | wt | 67 <b>Freek Tonino</b>        | HC2                     | 51.56   | 49.34   | PR   |
|   | rd |                               |                         |         |         |      |
|   |    | <b>Freek Tonino</b>           |                         |         |         |      |
|   |    | 100m 12.90 (12.90)            | m                       |         |         |      |
|   |    | 500m 49.34 (36.44)            |                         |         |         |      |
|   |    | Naam                          | Cat                     | PR      | Tijd    | Info |
| 6 | gl |                               |                         |         |         |      |
|   | bl |                               |                         |         |         |      |
|   |    |                               |                         |         |         |      |
|   |    | m                             | m                       |         |         |      |
|   |    | Naam                          | Cat                     | PR      | Tijd    | Info |
| 7 | wt | 32 <b>Sanne Neijzing</b>      | DC1                     | 59.62   | 1:01.23 |      |
|   | rd | 60 <b>Fiene Dekker</b>        | DC1                     | 58.47   | 1:01.65 |      |
|   |    | <b>Sanne Neijzing</b>         | <b>Fiene Dekker</b>     |         |         |      |
|   |    | 100m 15.07 (15.07)            | 100m 14.70 (14.70)      |         |         |      |
|   |    | 500m 1:01.23 (46.16)          | 500m 1:01.65 (46.95)    |         |         |      |
|   |    | Naam                          | Cat                     | PR      | Tijd    | Info |
| 8 | gl | 42 <b>Wietske Metselaar</b>   | DC1                     | 1:00.26 | 57.53   | PR   |
|   | bl | 31 <b>Valerie Rinses</b>      | DC1                     | 1:00.28 | 1:01.79 |      |
|   |    | <b>Wietske Metselaar</b>      | <b>Valerie Rinses</b>   |         |         |      |
|   |    | 100m 13.93 (13.93)            | 100m 15.24 (15.24)      |         |         |      |
|   |    | 500m 57.53 (43.60)            | 500m 1:01.79 (46.55)    |         |         |      |
|   |    | Naam                          | Cat                     | PR      | Tijd    | Info |
| 9 | wt | 65 <b>Matthijs van Rhenen</b> | HC1                     | 56.62   | 55.18   | PR   |
|   | rd | 61 <b>Tessa van Egmond</b>    | DC1                     | 56.43   | 57.40   |      |
|   |    | <b>Matthijs van Rhenen</b>    | <b>Tessa van Egmond</b> |         |         |      |
|   |    | 100m 13.90 (13.90)            | 100m 14.29 (14.29)      |         |         |      |
|   |    | 500m 55.18 (41.28)            | 500m 57.40 (43.11)      |         |         |      |



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|    |    | Naam                        | Cat           | PR                       | Tijd          | Info |
|----|----|-----------------------------|---------------|--------------------------|---------------|------|
| 10 | gl | 13 <b>Ilya Fontaine</b>     | HC1           | 56.51                    | 54.48         | PR   |
|    | bl | 58 <b>Stijn van Dorth</b>   | HC2           | 57.03                    | 56.60         | PR   |
|    |    | <b>Ilya Fontaine</b>        |               | <b>Stijn van Dorth</b>   |               |      |
|    |    | 100m                        | 14.52 (14.52) | 100m                     | 14.46 (14.46) |      |
|    |    | 500m                        | 54.48 (39.96) | 500m                     | 56.60 (42.14) |      |
|    |    | Naam                        | Cat           | PR                       | Tijd          | Info |
| 11 | wt | 33 <b>Demi de Vries</b>     | DC1           | 54.45                    | 56.62         |      |
|    | rd | 64 <b>Ralph Kooloos</b>     | HC1           | 53.94                    | DNS           |      |
|    |    | <b>Demi de Vries</b>        |               | <b>Ralph Kooloos</b>     |               |      |
|    |    | 100m                        | 14.55 (14.55) |                          |               |      |
|    |    | 500m                        | 56.62 (42.07) |                          |               |      |
|    |    | Naam                        | Cat           | PR                       | Tijd          | Info |
| 12 | gl | 9 <b>Mark Prins</b>         | HC1           | 53.89                    | 54.24         |      |
|    | bl | 40 <b>Kelsy Mulckhuysen</b> | DC2           | 50.51                    | 51.22         |      |
|    |    | <b>Mark Prins</b>           |               | <b>Kelsy Mulckhuysen</b> |               |      |
|    |    | 100m                        | 13.63 (13.63) | 100m                     | 13.20 (13.20) |      |
|    |    | 500m                        | 54.24 (40.61) | 500m                     | 51.22 (38.02) |      |
|    |    | Naam                        | Cat           | PR                       | Tijd          | Info |
| 13 | wt | 7 <b>Julie Vermeulen</b>    | DC1           | 53.70                    | 53.71         |      |
|    | rd | 41 <b>Stern Amons</b>       | HC1           | 53.44                    | 53.21         | PR   |
|    |    | <b>Julie Vermeulen</b>      |               | <b>Stern Amons</b>       |               |      |
|    |    | 100m                        | 13.48 (13.48) | 100m                     | 13.38 (13.38) |      |
|    |    | 500m                        | 53.71 (40.23) | 500m                     | 53.21 (39.83) |      |
|    |    | Naam                        | Cat           | PR                       | Tijd          | Info |
| 14 | gl | 46 <b>Roos Valentijn</b>    | DC2           | 50.85                    | 52.96         |      |
|    | bl | 54 <b>Alissa Pels</b>       | DC2           | 52.54                    | 55.90         |      |
|    |    | <b>Roos Valentijn</b>       |               | <b>Alissa Pels</b>       |               |      |
|    |    | 100m                        | 13.51 (13.51) | 100m                     | 14.82 (14.82) |      |
|    |    | 500m                        | 52.96 (39.45) | 500m                     | 55.90 (41.08) |      |



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|    |    | Naam                 |                      | Cat     | PR                   |       | Tijd    | Info |
|----|----|----------------------|----------------------|---------|----------------------|-------|---------|------|
| 15 | wt | 39                   | Isa Pruisscher       | DC1     | 52.42                |       | 53.73   |      |
|    | rd | 62                   | Tygo van der Poel    | HC2     | 51.97                |       | 51.15   | PR   |
|    |    | Isa Pruisscher       |                      |         | Tygo van der Poel    |       |         |      |
|    |    | 100m                 | 13.44                | (13.44) | 100m                 | 13.37 | (13.37) |      |
|    |    | 500m                 | 53.73                | (40.29) | 500m                 | 51.15 | (37.78) |      |
|    |    |                      |                      |         |                      |       |         |      |
|    |    | Naam                 |                      | Cat     | PR                   |       | Tijd    | Info |
| 16 | gl | 8                    | Lisa Meeuwissen      | DC2     | 51.89                |       | 51.92   |      |
|    | bl | 19                   | Dominique van der Aa | DC1     | 52.43                |       | 50.78   | PR   |
|    |    | Lisa Meeuwissen      |                      |         | Dominique van der Aa |       |         |      |
|    |    | 100m                 | 13.50                | (13.50) | 100m                 | 13.11 | (13.11) |      |
|    |    | 500m                 | 51.92                | (38.42) | 500m                 | 50.78 | (37.67) |      |
|    |    |                      |                      |         |                      |       |         |      |
|    |    | Naam                 |                      | Cat     | PR                   |       | Tijd    | Info |
| 17 | wt | 44                   | Jelle Boonstra       | HC1     | 51.56                |       | 52.60   |      |
|    | rd | 55                   | Laurens Heineman     | HC1     | 51.27                |       | 50.19   | PR   |
|    |    | Jelle Boonstra       |                      |         | Laurens Heineman     |       |         |      |
|    |    | 100m                 | 13.24                | (13.24) | 100m                 | 12.58 | (12.58) |      |
|    |    | 500m                 | 52.60                | (39.36) | 500m                 | 50.19 | (37.61) |      |
|    |    |                      |                      |         |                      |       |         |      |
|    |    | Naam                 |                      | Cat     | PR                   |       | Tijd    | Info |
| 18 | gl | 20                   | Elisa Domingues Rosa | DC2     | 51.75                |       | 53.54   |      |
|    | bl | 25                   | Ella Westerik        | DC2     | 51.70                |       | 51.72   |      |
|    |    | Elisa Domingues Rosa |                      |         | Ella Westerik        |       |         |      |
|    |    | 100m                 | 13.67                | (13.67) | 100m                 | 13.02 | (13.02) |      |
|    |    | 500m                 | 53.54                | (39.87) | 500m                 | 51.72 | (38.70) |      |
|    |    |                      |                      |         |                      |       |         |      |
|    |    | Naam                 |                      | Cat     | PR                   |       | Tijd    | Info |
| 19 | wt | 34                   | Evi Ruissen          | DC2     | 50.77                |       | 50.62   | PR   |
|    | rd | 57                   | Timo van der Poel    | HC1     | 50.34                |       | 50.67   |      |
|    |    | Evi Ruissen          |                      |         | Timo van der Poel    |       |         |      |
|    |    | 100m                 | 13.22                | (13.22) | 100m                 | 13.34 | (13.34) |      |
|    |    | 500m                 | 50.62                | (37.40) | 500m                 | 50.67 | (37.33) |      |



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|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
|----|----|---------------------------------|---------------|------------------------------|---------------|------|
| 20 | gl | 10 <b>Christiaan Zandstra</b>   | HC2           | 51.19                        | 51.43         |      |
|    | bl | 21 <b>Hille de Graaf</b>        | DC1           | 51.17                        | 51.88         |      |
|    |    | <b>Christiaan Zandstra</b>      |               | <b>Hille de Graaf</b>        |               |      |
|    |    | 100m                            | 13.18 (13.18) | 100m                         | 13.49 (13.49) |      |
|    |    | 500m                            | 51.43 (38.25) | 500m                         | 51.88 (38.39) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 21 | wt | 23 <b>Emma Tauber</b>           | DC1           | 48.87                        | 50.99         |      |
|    | rd | 35 <b>Julie Bierman</b>         | DC1           | 49.42                        | 48.67         | PR   |
|    |    | <b>Emma Tauber</b>              |               | <b>Julie Bierman</b>         |               |      |
|    |    | 100m                            | 12.95 (12.95) | 100m                         | 12.96 (12.96) |      |
|    |    | 500m                            | 50.99 (38.04) | 500m                         | 48.67 (35.71) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 22 | gl | 5 <b>Floris van Maris</b>       | HC1           | 50.03                        | 49.19         | PR   |
|    | bl | 43 <b>Philipine Cornelissen</b> | DC2           | 48.70                        | 49.65         |      |
|    |    | <b>Floris van Maris</b>         |               | <b>Philipine Cornelissen</b> |               |      |
|    |    | 100m                            | 12.67 (12.67) | 100m                         | 13.31 (13.31) |      |
|    |    | 500m                            | 49.19 (36.52) | 500m                         | 49.65 (36.34) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 23 | wt | 27 <b>Jasper van Tol</b>        | HC1           | 48.32                        | 48.21         | PR   |
|    | rd | 36 <b>Emi Kiers</b>             | DC2           | 48.61                        | 49.30         |      |
|    |    | <b>Jasper van Tol</b>           |               | <b>Emi Kiers</b>             |               |      |
|    |    | 100m                            | 12.41 (12.41) | 100m                         | 12.65 (12.65) |      |
|    |    | 500m                            | 48.21 (35.80) | 500m                         | 49.30 (36.65) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 24 | gl | 12 <b>Jelle van Ruiten</b>      | HC2           | 47.80                        | 47.35         | PR   |
|    | bl | 1 <b>Mees Olie</b>              | HC2           | 46.75                        | 46.44         | PR   |
|    |    | <b>Jelle van Ruiten</b>         |               | <b>Mees Olie</b>             |               |      |
|    |    | 100m                            | 12.72 (12.72) | 100m                         | 12.25 (12.25) |      |
|    |    | 500m                            | 47.35 (34.63) | 500m                         | 46.44 (34.19) |      |



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## 3. Uitslag 500 meter Junioren B t/m Masters

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 29 Bob van Nobelen      | H40 | 27   | O    | 42.84 |      |        |
| 2   | 30 Frans Verhoeve       | H55 | 28   | O    | 44.48 |      |        |
| 3   | 51 Zhara Möllers        | DA2 | 28   | I    | 44.80 |      |        |
| 4   | 2 Ilse van der Velden   | DB1 | 26   | O    | 45.92 |      |        |
| 5   | 3 Zoë van der Velden    | DB1 | 27   | I    | 45.96 |      |        |
| 6   | 59 Milan Kolmer         | HA2 | 25   | I    | 48.29 |      |        |
| 7   | 52 Marit Molhoek        | DC2 | 26   | I    | 53.46 |      |        |
|     | 66 Anniek van de Kreeke | DC2 | 25   | O    | DNS   |      |        |



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## 3. Rituitslag 500 meter Junioren B t/m Masters

|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
|----|----|--------------------------------|---------------|-----------------------------|---------------|------|
| 25 | wt | 59 <b>Milan Kolmer</b>         | HA2           | 46.88                       | 48.29         |      |
|    | rd | 66 <b>Anniek van de Kreeke</b> | DC2           | 49.07                       | DNS           |      |
|    |    | <b>Milan Kolmer</b>            |               | <b>Anniek van de Kreeke</b> |               |      |
|    |    | 100m                           | 12.59 (12.59) |                             |               |      |
|    |    | 500m                           | 48.29 (35.70) |                             |               |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 26 | gl | 52 <b>Marit Molhoek</b>        | DC2           | 49.80                       | 53.46         |      |
|    | bl | 2 <b>Ilse van der Velden</b>   | DB1           | 43.76                       | 45.92         |      |
|    |    | <b>Marit Molhoek</b>           |               | <b>Ilse van der Velden</b>  |               |      |
|    |    | 100m                           | 13.79 (13.79) | 100m                        | 11.89 (11.89) |      |
|    |    | 500m                           | 53.46 (39.67) | 500m                        | 45.92 (34.03) |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 27 | wt | 3 <b>Zoë van der Velden</b>    | DB1           | 44.46                       | 45.96         |      |
|    | rd | 29 <b>Bob van Nobelen</b>      | H40           | 40.23                       | 42.84         |      |
|    |    | <b>Zoë van der Velden</b>      |               | <b>Bob van Nobelen</b>      |               |      |
|    |    | 100m                           | 12.40 (12.40) | 100m                        | 11.27 (11.27) |      |
|    |    | 500m                           | 45.96 (33.56) | 500m                        | 42.84 (31.57) |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 28 | gl | 51 <b>Zhara Möllers</b>        | DA2           | 43.36                       | 44.80         |      |
|    | bl | 30 <b>Frans Verhoeve</b>       | H55           | 40.44                       | 44.48         |      |
|    |    | <b>Zhara Möllers</b>           |               | <b>Frans Verhoeve</b>       |               |      |
|    |    | 100m                           | 12.23 (12.23) | 100m                        | 12.12 (12.12) |      |
|    |    | 500m                           | 44.80 (32.57) | 500m                        | 44.48 (32.36) |      |



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## 4. Uitslag 300 meter Pupillen

| Pos | Naam                 | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1   | 47 Sverre Lindstedt  | HPA | 32   | I    | 31.44 |      |        |
| 2   | 63 Florien Laarhoven | DPA | 31   | O    | 32.26 |      |        |
| 3   | 49 Tara Fijten       | DPA | 31   | I    | 32.32 |      |        |
| 4   | 45 Hanna van Ruiten  | DPA | 29   | I    | 33.13 |      |        |
| 5   | 53 Jonna Molhoek     | DPA | 32   | O    | 33.86 |      |        |
| 6   | 50 Iris Fijten       | DPB | 30   | I    | 38.25 |      |        |
| 7   | 56 Feline Heineman   | DPC | 30   | O    | 39.89 |      |        |



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## 4. Rituitslag 300 meter Pupillen

|    |    | Naam                        | Cat                      | PR    | Tijd          | Info |
|----|----|-----------------------------|--------------------------|-------|---------------|------|
| 29 | wt | 45 <b>Hanna van Ruiten</b>  | DPA                      | 32.38 | 33.13         |      |
|    | rd |                             |                          |       |               |      |
|    |    | <b>Hanna van Ruiten</b>     |                          |       |               |      |
|    |    | 300m                        | 33.13 (33.13)            |       | m             |      |
|    |    | Naam                        | Cat                      | PR    | Tijd          | Info |
| 30 | gl | 50 <b>Iris Fijten</b>       | DPB                      | 37.30 | 38.25         |      |
|    | bl | 56 <b>Feline Heineman</b>   | DPC                      | 36.70 | 39.89         |      |
|    |    | <b>Iris Fijten</b>          | <b>Feline Heineman</b>   |       |               |      |
|    |    | 300m                        | 38.25 (38.25)            | 300m  | 39.89 (39.89) |      |
|    |    | Naam                        | Cat                      | PR    | Tijd          | Info |
| 31 | wt | 49 <b>Tara Fijten</b>       | DPA                      | 31.08 | 32.32         |      |
|    | rd | 63 <b>Florien Laarhoven</b> | DPA                      | 31.93 | 32.26         |      |
|    |    | <b>Tara Fijten</b>          | <b>Florien Laarhoven</b> |       |               |      |
|    |    | 300m                        | 32.32 (32.32)            | 300m  | 32.26 (32.26) |      |
|    |    | Naam                        | Cat                      | PR    | Tijd          | Info |
| 32 | gl | 47 <b>Sverre Lindstedt</b>  | HPA                      | 31.03 | 31.44         |      |
|    | bl | 53 <b>Jonna Molhoek</b>     | DPA                      | 31.72 | 33.86         |      |
|    |    | <b>Sverre Lindstedt</b>     | <b>Jonna Molhoek</b>     |       |               |      |
|    |    | 300m                        | 31.44 (31.44)            | 300m  | 33.86 (33.86) |      |



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## 5. Uitslag 300 meter Ijsberen

| Pos | Naam                     | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 1   | 1 Mees Olie              | HC2 | 52   | I    | 28.84 | PR   |        |
| 2   | 27 Jasper van Tol        | HC1 | 52   | O    | 29.91 | PR   |        |
| 3   | 55 Laurens Heineman      | HC1 | 46   | I    | 30.89 | PR   |        |
| 4   | 5 Floris van Maris       | HC1 | 49   | I    | 30.93 | PR   |        |
| 5   | 36 Emi Kiers             | DC2 | 51   | I    | 31.09 |      |        |
| 6   | 12 Jelle van Ruiten      | HC2 | 51   | O    | 31.20 |      |        |
| 7   | 35 Julie Bierman         | DC1 | 50   | O    | 31.26 |      |        |
| 8   | 67 Freek Tonino          | HC2 | 33   | I    | 31.27 | PR   |        |
| 9   | 10 Christiaan Zandstra   | HC2 | 44   | O    | 31.97 | PR   |        |
| 10  | 34 Evi Ruissen           | DC2 | 48   | O    | 31.98 |      |        |
| 11  | 23 Emma Tauber           | DC1 | 50   | I    | 32.02 |      |        |
| 12  | 62 Tygo van der Poel     | HC2 | 36   | O    | 32.06 |      |        |
| 13  | 57 Timo van der Poel     | HC1 | 47   | O    | 32.09 |      |        |
| 14  | 40 Kelsy Mulckhuyse      | DC2 | 48   | I    | 32.11 |      |        |
| 15  | 19 Dominique van der Aa  | DC1 | 43   | I    | 32.16 | PR   |        |
| 16  | 43 Philipine Cornelissen | DC2 | 49   | O    | 32.28 |      |        |
| 17  | 25 Ella Westerik         | DC2 | 45   | I    | 32.41 |      |        |
| 18  | 64 Ralph Kooloos         | HC1 | 35   | I    | 32.42 |      |        |
| 19  | 21 Hille de Graaf        | DC1 | 47   | I    | 32.47 |      |        |
| 20  | 44 Jelle Boonstra        | HC1 | 45   | O    | 32.63 |      |        |
| 21  | 8 Lisa Meeuwissen        | DC2 | 44   | I    | 32.87 |      |        |
| 22  | 46 Roos Valentijn        | DC2 | 46   | O    | 32.97 |      |        |
| 23  | 7 Julie Vermeulen        | DC1 | 41   | I    | 33.17 | PR   |        |
| 24  | 9 Mark Prins             | HC1 | 42   | O    | 33.46 |      |        |
| 25  | 39 Isa Pruisscher        | DC1 | 39   | I    | 33.69 | PR   |        |
| 26  | 41 Stern Amons           | HC1 | 41   | O    | 33.70 |      |        |
| 27  | 20 Elisa Domingues Rosa  | DC2 | 43   | O    | 34.55 |      |        |
| 28  | 65 Matthijs van Rhenen   | HC1 | 38   | I    | 34.58 | PR   |        |
| 29  | 33 Demi de Vries         | DC1 | 42   | I    | 34.68 |      |        |
| 30  | 13 Ilya Fontaine         | HC1 | 38   | O    | 34.80 | PR   |        |
| 31  | 54 Alissa Pels           | DC2 | 40   | I    | 34.88 | PR   |        |
| 32  | 61 Tessa van Egmond      | DC1 | 35   | O    | 35.91 | PR   |        |
| 33  | 42 Wietske Metselaar     | DC1 | 37   | I    | 35.95 |      |        |
| 34  | 58 Stijn van Dorth       | HC2 | 39   | O    | 36.30 |      |        |
| 35  | 60 Fiene Dekker          | DC1 | 40   | O    | 36.99 |      |        |
| 36  | 32 Sanne Neijzing        | DC1 | 36   | I    | 37.34 |      |        |
| 37  | 31 Valerie Rinses        | DC1 | 37   | O    | 37.45 |      |        |



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## 5. Rituitslag 300 meter Ijsberen

|    |    | Naam                 | Cat   | PR      | Tijd              | Info |
|----|----|----------------------|-------|---------|-------------------|------|
| 33 | wt | 67 Freek Tonino      | HC2   | 31.92   | 31.27             | PR   |
|    | rd |                      |       |         |                   |      |
|    |    | Freek Tonino         |       |         |                   |      |
|    |    | 300m                 | 31.27 | (31.27) | m                 |      |
|    |    |                      |       |         |                   |      |
|    |    | Naam                 | Cat   | PR      | Tijd              | Info |
| 34 | gl |                      |       |         |                   |      |
|    | bl |                      |       |         |                   |      |
|    |    | m                    |       |         |                   |      |
|    |    | m                    |       |         |                   |      |
|    |    |                      |       |         |                   |      |
|    |    | Naam                 | Cat   | PR      | Tijd              | Info |
| 35 | wt | 64 Ralph Kooloos     | HC1   |         | 32.42             |      |
|    | rd | 61 Tessa van Egmond  | DC1   | 39.46   | 35.91             | PR   |
|    |    | Ralph Kooloos        |       |         |                   |      |
|    |    | 300m                 | 32.42 | (32.42) | Tessa van Egmond  |      |
|    |    | 300m                 | 35.91 | (35.91) |                   |      |
|    |    |                      |       |         |                   |      |
|    |    | Naam                 | Cat   | PR      | Tijd              | Info |
| 36 | gl | 32 Sanne Neijzing    | DC1   | 37.34   | 37.34             |      |
|    | bl | 62 Tygo van der Poel | HC2   |         | 32.06             |      |
|    |    | Sanne Neijzing       |       |         |                   |      |
|    |    | 300m                 | 37.34 | (37.34) | Tygo van der Poel |      |
|    |    | 300m                 | 32.06 | (32.06) |                   |      |
|    |    |                      |       |         |                   |      |
|    |    | Naam                 | Cat   | PR      | Tijd              | Info |
| 37 | wt | 42 Wietske Metselaar | DC1   | 35.82   | 35.95             |      |
|    | rd | 31 Valerie Rinses    | DC1   | 36.15   | 37.45             |      |
|    |    | Wietske Metselaar    |       |         |                   |      |
|    |    | 300m                 | 35.95 | (35.95) | Valerie Rinses    |      |
|    |    | 300m                 | 37.45 | (37.45) |                   |      |



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|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
|----|----|------|----------------------|----------------------|------|-------|---------|------|
| 38 | gl | 65   | Matthijs van Rhenen  | HC1                  |      | 35.68 | 34.58   | PR   |
|    | bl | 13   | Ilya Fontaine        | HC1                  |      | 35.96 | 34.80   | PR   |
|    |    |      | Matthijs van Rhenen  | Ilya Fontaine        |      |       |         |      |
|    |    | 300m | 34.58                | (34.58)              | 300m | 34.80 | (34.80) |      |
|    |    |      |                      |                      |      |       |         |      |
|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
| 39 | wt | 39   | Isa Pruisscher       | DC1                  |      | 33.83 | 33.69   | PR   |
|    | rd | 58   | Stijn van Dorth      | HC2                  |      | 34.77 | 36.30   |      |
|    |    |      | Isa Pruisscher       | Stijn van Dorth      |      |       |         |      |
|    |    | 300m | 33.69                | (33.69)              | 300m | 36.30 | (36.30) |      |
|    |    |      |                      |                      |      |       |         |      |
|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
| 40 | gl | 54   | Alissa Pels          | DC2                  |      | 34.92 | 34.88   | PR   |
|    | bl | 60   | Fiene Dekker         | DC1                  |      | 35.48 | 36.99   |      |
|    |    |      | Alissa Pels          | Fiene Dekker         |      |       |         |      |
|    |    | 300m | 34.88                | (34.88)              | 300m | 36.99 | (36.99) |      |
|    |    |      |                      |                      |      |       |         |      |
|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
| 41 | wt | 7    | Julie Vermeulen      | DC1                  |      | 33.76 | 33.17   | PR   |
|    | rd | 41   | Stern Amons          | HC1                  |      | 33.35 | 33.70   |      |
|    |    |      | Julie Vermeulen      | Stern Amons          |      |       |         |      |
|    |    | 300m | 33.17                | (33.17)              | 300m | 33.70 | (33.70) |      |
|    |    |      |                      |                      |      |       |         |      |
|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
| 42 | gl | 33   | Demi de Vries        | DC1                  |      | 33.63 | 34.68   |      |
|    | bl | 9    | Mark Prins           | HC1                  |      | 33.26 | 33.46   |      |
|    |    |      | Demi de Vries        | Mark Prins           |      |       |         |      |
|    |    | 300m | 34.68                | (34.68)              | 300m | 33.46 | (33.46) |      |
|    |    |      |                      |                      |      |       |         |      |
|    |    | Naam |                      | Cat                  | PR   |       | Tijd    | Info |
| 43 | wt | 19   | Dominique van der Aa | DC1                  |      | 33.12 | 32.16   | PR   |
|    | rd | 20   | Elisa Domingues Rosa | DC2                  |      | 33.05 | 34.55   |      |
|    |    |      | Dominique van der Aa | Elisa Domingues Rosa |      |       |         |      |
|    |    | 300m | 32.16                | (32.16)              | 300m | 34.55 | (34.55) |      |



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|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
|----|----|--------------------------|---------------|-----------------------|---------------|------|
| 44 | gl | 8 Lisa Meeuwissen        | DC2           | 32.55                 | 32.87         |      |
|    | bl | 10 Christiaan Zandstra   | HC2           | 32.57                 | 31.97         | PR   |
|    |    | Lisa Meeuwissen          |               | Christiaan Zandstra   |               |      |
|    |    | 300m                     | 32.87 (32.87) | 300m                  | 31.97 (31.97) |      |
|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
| 45 | wt | 25 Ella Westerik         | DC2           | 32.03                 | 32.41         |      |
|    | rd | 44 Jelle Boonstra        | HC1           | 32.12                 | 32.63         |      |
|    |    | Ella Westerik            |               | Jelle Boonstra        |               |      |
|    |    | 300m                     | 32.41 (32.41) | 300m                  | 32.63 (32.63) |      |
|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
| 46 | gl | 55 Laurens Heineman      | HC1           | 32.33                 | 30.89         | PR   |
|    | bl | 46 Roos Valentijn        | DC2           | 32.56                 | 32.97         |      |
|    |    | Laurens Heineman         |               | Roos Valentijn        |               |      |
|    |    | 300m                     | 30.89 (30.89) | 300m                  | 32.97 (32.97) |      |
|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
| 47 | wt | 21 Hille de Graaf        | DC1           | 31.77                 | 32.47         |      |
|    | rd | 57 Timo van der Poel     | HC1           | 31.79                 | 32.09         |      |
|    |    | Hille de Graaf           |               | Timo van der Poel     |               |      |
|    |    | 300m                     | 32.47 (32.47) | 300m                  | 32.09 (32.09) |      |
|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
| 48 | gl | 40 Kelsy Mulckhuysen     | DC2           | 31.90                 | 32.11         |      |
|    | bl | 34 Evi Ruissen           | DC2           | 31.91                 | 31.98         |      |
|    |    | Kelsy Mulckhuysen        |               | Evi Ruissen           |               |      |
|    |    | 300m                     | 32.11 (32.11) | 300m                  | 31.98 (31.98) |      |
|    |    | Naam                     | Cat           | PR                    | Tijd          | Info |
| 49 | wt | 5 Floris van Maris       | HC1           | 31.25                 | 30.93         | PR   |
|    | rd | 43 Philipine Cornelissen | DC2           | 30.73                 | 32.28         |      |
|    |    | Floris van Maris         |               | Philipine Cornelissen |               |      |
|    |    | 300m                     | 30.93 (30.93) | 300m                  | 32.28 (32.28) |      |



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|    |    | Naam                       | Cat           | PR                      | Tijd          | Info |
|----|----|----------------------------|---------------|-------------------------|---------------|------|
| 50 | gl | 23 <b>Emma Tauber</b>      | DC1           | 30.99                   | 32.02         |      |
|    | bl | 35 <b>Julie Bierman</b>    | DC1           | 30.92                   | 31.26         |      |
|    |    | <b>Emma Tauber</b>         |               | <b>Julie Bierman</b>    |               |      |
|    |    | 300m                       | 32.02 (32.02) | 300m                    | 31.26 (31.26) |      |
|    |    | Naam                       | Cat           | PR                      | Tijd          | Info |
| 51 | wt | 36 <b>Emi Kiers</b>        | DC2           | 30.22                   | 31.09         |      |
|    | rd | 12 <b>Jelle van Ruiten</b> | HC2           | 30.20                   | 31.20         |      |
|    |    | <b>Emi Kiers</b>           |               | <b>Jelle van Ruiten</b> |               |      |
|    |    | 300m                       | 31.09 (31.09) | 300m                    | 31.20 (31.20) |      |
|    |    | Naam                       | Cat           | PR                      | Tijd          | Info |
| 52 | gl | 1 <b>Mees Olie</b>         | HC2           | 29.53                   | 28.84         | PR   |
|    | bl | 27 <b>Jasper van Tol</b>   | HC1           | 30.64                   | 29.91         | PR   |
|    |    | <b>Mees Olie</b>           |               | <b>Jasper van Tol</b>   |               |      |
|    |    | 300m                       | 28.84 (28.84) | 300m                    | 29.91 (29.91) |      |



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## 6. Uitslag 300 meter Junioren B t/m Masters

| Pos | Naam                           | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|--------------------------------|-----|------|------|--------------|------|--------|
| 1   | 29 <b>Bob van Nobelen</b>      | H40 | 55   | O    | <b>27.09</b> |      |        |
| 2   | 30 <b>Frans Verhoeve</b>       | H55 | 56   | I    | <b>27.73</b> |      |        |
| 3   | 3 <b>Zoë van der Velden</b>    | DB1 | 56   | O    | <b>28.30</b> | PR   |        |
| 4   | 2 <b>Ilse van der Velden</b>   | DB1 | 55   | I    | <b>28.35</b> |      |        |
| 5   | 51 <b>Zhara Möllers</b>        | DA2 | 54   | I    | <b>28.52</b> | PR   |        |
| 6   | 59 <b>Milan Kolmer</b>         | HA2 | 54   | O    | <b>30.36</b> |      |        |
| 7   | 52 <b>Marit Molhoek</b>        | DC2 | 53   | I    | <b>33.53</b> |      |        |
|     | 66 <b>Anniek van de Kreeke</b> | DC2 | 53   | O    | <b>DNS</b>   |      |        |



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## 6. Rituitslag 300 meter Junioren B t/m Masters

|    |    | Naam                           | Cat                         | PR      | Tijd  | Info |
|----|----|--------------------------------|-----------------------------|---------|-------|------|
| 53 | wt | 52 <b>Marit Molhoek</b>        | DC2                         | 31.14   | 33.53 |      |
|    | rd | 66 <b>Anniek van de Kreeke</b> | DC2                         | 30.70   | DNS   |      |
|    |    | <b>Marit Molhoek</b>           | <b>Anniek van de Kreeke</b> |         |       |      |
|    |    | 300m                           | 33.53                       | (33.53) |       |      |

|    |    | Naam                    | Cat                 | PR      | Tijd  | Info          |
|----|----|-------------------------|---------------------|---------|-------|---------------|
| 54 | gl | 51 <b>Zhara Möllers</b> | DA2                 | 28.73   | 28.52 | PR            |
|    | bl | 59 <b>Milan Kolmer</b>  | HA2                 | 29.72   | 30.36 |               |
|    |    | <b>Zhara Möllers</b>    | <b>Milan Kolmer</b> |         |       |               |
|    |    | 300m                    | 28.52               | (28.52) | 300m  | 30.36 (30.36) |

|    |    | Naam                         | Cat                    | PR      | Tijd  | Info          |
|----|----|------------------------------|------------------------|---------|-------|---------------|
| 55 | wt | 2 <b>Ilse van der Velden</b> | DB1                    | 28.27   | 28.35 |               |
|    | rd | 29 <b>Bob van Nobelen</b>    | H40                    | 25.91   | 27.09 |               |
|    |    | <b>Ilse van der Velden</b>   | <b>Bob van Nobelen</b> |         |       |               |
|    |    | 300m                         | 28.35                  | (28.35) | 300m  | 27.09 (27.09) |

|    |    | Naam                        | Cat                       | PR      | Tijd  | Info          |
|----|----|-----------------------------|---------------------------|---------|-------|---------------|
| 56 | gl | 30 <b>Frans Verhoeve</b>    | H55                       | 26.41   | 27.73 |               |
|    | bl | 3 <b>Zoë van der Velden</b> | DB1                       | 28.41   | 28.30 | PR            |
|    |    | <b>Frans Verhoeve</b>       | <b>Zoë van der Velden</b> |         |       |               |
|    |    | 300m                        | 27.73                     | (27.73) | 300m  | 28.30 (28.30) |



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## 7. Uitslag 700 meter Ijsberen

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 1 Mees Olie              | HC2 | 75   | I    | 1:06.13 | PR   |        |
| 2   | 12 Jelle van Ruiten      | HC2 | 74   | O    | 1:06.96 | PR   |        |
| 3   | 27 Jasper van Tol        | HC1 | 65   | O    | 1:07.53 | PR   |        |
| 4   | 5 Floris van Maris       | HC1 | 71   | I    | 1:10.58 | PR   |        |
| 5   | 35 Julie Bierman         | DC1 | 59   | O    | 1:10.72 |      |        |
| 6   | 57 Timo van der Poel     | HC1 | 74   | I    | 1:11.01 | PR   |        |
| 7   | 43 Philipine Cornelissen | DC2 | 76   | I    | 1:11.03 |      |        |
| 8   | 55 Laurens Heineman      | HC1 | 65   | I    | 1:11.35 | PR   |        |
| 9   | 36 Emi Kiers             | DC2 | 75   | O    | 1:11.75 |      |        |
| 10  | 64 Ralph Kooloos         | HC1 | 59   | I    | 1:12.53 |      |        |
| 11  | 19 Dominique van der Aa  | DC1 | 68   | O    | 1:12.54 | PR   |        |
| 12  | 34 Evi Ruissen           | DC2 | 76   | O    | 1:12.60 |      |        |
| 13  | 67 Freek Tonino          | HC2 | 57   | I    | 1:12.81 |      |        |
| 14  | 8 Lisa Meeuwissen        | DC2 | 71   | O    | 1:12.90 | PR   |        |
| 15  | 10 Christiaan Zandstra   | HC2 | 69   | O    | 1:12.93 | PR   |        |
| 16  | 62 Tygo van der Poel     | HC2 | 60   | I    | 1:13.60 |      |        |
| 17  | 46 Roos Valentijn        | DC2 | 70   | O    | 1:13.81 | PR   |        |
| 18  | 44 Jelle Boonstra        | HC1 | 72   | I    | 1:14.18 |      |        |
| 19  | 21 Hille de Graaf        | DC1 | 67   | O    | 1:14.23 | PR   |        |
| 20  | 23 Emma Tauber           | DC1 | 73   | I    | 1:14.46 |      |        |
| 21  | 7 Julie Vermeulen        | DC1 | 67   | I    | 1:14.89 | PR   |        |
| 22  | 41 Stern Amons           | HC1 | 66   | O    | 1:15.26 | PR   |        |
| 23  | 40 Kelsy Mulckhuyse      | DC2 | 69   | I    | 1:15.28 | PR   |        |
| 24  | 25 Ella Westerik         | DC2 | 73   | O    | 1:15.38 |      |        |
| 25  | 13 Ilya Fontaine         | HC1 | 66   | I    | 1:15.98 | PR   |        |
| 26  | 39 Isa Pruisscher        | DC1 | 68   | I    | 1:16.76 | PR   |        |
| 27  | 9 Mark Prins             | HC1 | 64   | O    | 1:17.31 | PR   |        |
| 28  | 20 Elisa Domingues Rosa  | DC2 | 70   | I    | 1:17.50 |      |        |
| 29  | 65 Matthijs van Rhenen   | HC1 | 63   | I    | 1:18.72 | PR   |        |
| 30  | 54 Alissa Pels           | DC2 | 72   | O    | 1:18.79 |      |        |
| 31  | 33 Demi de Vries         | DC1 | 60   | O    | 1:18.94 |      |        |
| 32  | 58 Stijn van Dorth       | HC2 | 64   | I    | 1:20.48 | PR   |        |
| 33  | 61 Tessa van Egmond      | DC1 | 62   | I    | 1:20.61 |      |        |
| 34  | 32 Sanne Neijzing        | DC1 | 63   | O    | 1:28.41 |      |        |
| 35  | 31 Valerie Rinses        | DC1 | 61   | I    | 1:32.32 | PR   |        |
|     | 42 Wietske Metselaar     | DC1 | 61   | O    | DQ      |      |        |
|     | 60 Fiene Dekker          | DC1 | 62   | O    | DQ      |      |        |



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## 7. Rituitslag 700 meter Ijsberen

|    |    | Naam                 | Cat     |         | PR                |         | Tijd    | Info |
|----|----|----------------------|---------|---------|-------------------|---------|---------|------|
| 57 | wt | 67 Freek Tonino      | HC2     |         | 1:12.61           |         | 1:12.81 |      |
|    | rd |                      |         |         |                   |         |         |      |
|    |    | Freek Tonino         |         |         |                   |         |         |      |
|    |    | 300m                 | 32.49   | (32.49) | m                 |         |         |      |
|    |    | 700m                 | 1:12.81 | (40.32) |                   |         |         |      |
|    |    | Naam                 | Cat     |         | PR                |         | Tijd    | Info |
| 58 | gl |                      |         |         |                   |         |         |      |
|    | bl |                      |         |         |                   |         |         |      |
|    |    |                      |         |         |                   |         |         |      |
|    |    | m                    |         |         | m                 |         |         |      |
|    |    | Naam                 | Cat     |         | PR                |         | Tijd    | Info |
| 59 | wt | 64 Ralph Kooloos     | HC1     |         |                   |         | 1:12.53 |      |
|    | rd | 35 Julie Bierman     | DC1     |         |                   |         | 1:10.72 |      |
|    |    | Ralph Kooloos        |         |         | Julie Bierman     |         |         |      |
|    |    | 300m                 | 32.97   | (32.97) | 300m              | 32.48   | (32.48) |      |
|    |    | 700m                 | 1:12.53 | (39.56) | 700m              | 1:10.72 | (38.24) |      |
|    |    | Naam                 | Cat     |         | PR                |         | Tijd    | Info |
| 60 | gl | 62 Tygo van der Poel | HC2     |         |                   |         | 1:13.60 |      |
|    | bl | 33 Demi de Vries     | DC1     |         |                   |         | 1:18.94 |      |
|    |    | Tygo van der Poel    |         |         | Demi de Vries     |         |         |      |
|    |    | 300m                 | 33.36   | (33.36) | 300m              | 35.45   | (35.45) |      |
|    |    | 700m                 | 1:13.60 | (40.24) | 700m              | 1:18.94 | (43.49) |      |
|    |    | Naam                 | Cat     |         | PR                |         | Tijd    | Info |
| 61 | wt | 31 Valerie Rinses    | DC1     |         | 1:42.98           |         | 1:32.32 | PR   |
|    | rd | 42 Wietske Metselaar | DC1     |         | 1:31.62           |         | DQ      |      |
|    |    | Valerie Rinses       |         |         | Wietske Metselaar |         |         |      |
|    |    | 300m                 | 40.82   | (40.82) | 300m              | 38.35   | (38.35) |      |
|    |    | 700m                 | 1:32.32 | (51.50) | 700m              | 1:26.67 | (48.32) |      |



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|    |    | Naam                   | Cat     |         |                | PR      | Tijd    | Info |
|----|----|------------------------|---------|---------|----------------|---------|---------|------|
| 62 | gl | 61 Tessa van Egmond    | DC1     |         |                |         | 1:20.61 |      |
|    | bl | 60 Fiene Dekker        | DC1     |         |                | 1:29.01 |         | DQ   |
|    |    | Tessa van Egmond       |         |         | Fiene Dekker   |         |         |      |
|    |    | 300m                   | 36.14   | (36.14) | 300m           | 38.31   | (38.31) |      |
|    |    | 700m                   | 1:20.61 | (44.47) | 700m           | 1:30.87 | (52.56) |      |
|    |    |                        |         |         |                |         |         |      |
|    |    | Naam                   | Cat     |         |                | PR      | Tijd    | Info |
| 63 | wt | 65 Matthijs van Rhenen | HC1     |         |                | 1:23.98 | 1:18.72 | PR   |
|    | rd | 32 Sanne Neijzing      | DC1     |         |                | 1:26.34 | 1:28.41 |      |
|    |    | Matthijs van Rhenen    |         |         | Sanne Neijzing |         |         |      |
|    |    | 300m                   | 35.09   | (35.09) | 300m           | 38.95   | (38.95) |      |
|    |    | 700m                   | 1:18.72 | (43.63) | 700m           | 1:28.41 | (49.46) |      |
|    |    |                        |         |         |                |         |         |      |
|    |    | Naam                   | Cat     |         |                | PR      | Tijd    | Info |
| 64 | gl | 58 Stijn van Dorth     | HC2     |         |                | 1:25.13 | 1:20.48 | PR   |
|    | bl | 9 Mark Prins           | HC1     |         |                | 1:21.98 | 1:17.31 | PR   |
|    |    | Stijn van Dorth        |         |         | Mark Prins     |         |         |      |
|    |    | 300m                   | 36.62   | (36.62) | 300m           | 34.69   | (34.69) |      |
|    |    | 700m                   | 1:20.48 | (43.86) | 700m           | 1:17.31 | (42.62) |      |
|    |    |                        |         |         |                |         |         |      |
|    |    | Naam                   | Cat     |         |                | PR      | Tijd    | Info |
| 65 | wt | 55 Laurens Heineman    | HC1     |         |                | 1:21.84 | 1:11.35 | PR   |
|    | rd | 27 Jasper van Tol      | HC1     |         |                | 1:22.01 | 1:07.53 | PR   |
|    |    | Laurens Heineman       |         |         | Jasper van Tol |         |         |      |
|    |    | 300m                   | 31.05   | (31.05) | 300m           | 30.73   | (30.73) |      |
|    |    | 700m                   | 1:11.35 | (40.30) | 700m           | 1:07.53 | (36.80) |      |
|    |    |                        |         |         |                |         |         |      |
|    |    | Naam                   | Cat     |         |                | PR      | Tijd    | Info |
| 66 | gl | 13 Ilya Fontaine       | HC1     |         |                | 1:20.16 | 1:15.98 | PR   |
|    | bl | 41 Stern Amons         | HC1     |         |                | 1:20.26 | 1:15.26 | PR   |
|    |    | Ilya Fontaine          |         |         | Stern Amons    |         |         |      |
|    |    | 300m                   | 35.31   | (35.31) | 300m           | 34.46   | (34.46) |      |
|    |    | 700m                   | 1:15.98 | (40.67) | 700m           | 1:15.26 | (40.80) |      |
|    |    |                        |         |         |                |         |         |      |



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|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
|----|----|--------------------------------|-----|-----------------------------|---------|------|
| 67 | wt | 7 <b>Julie Vermeulen</b>       | DC1 | 1:20.07                     | 1:14.89 | PR   |
|    | rd | 21 <b>Hille de Graaf</b>       | DC1 | 1:18.93                     | 1:14.23 | PR   |
|    |    | <b>Julie Vermeulen</b>         |     | <b>Hille de Graaf</b>       |         |      |
|    |    | 300m 33.13 (33.13)             |     | 300m 33.81 (33.81)          |         |      |
|    |    | 700m 1:14.89 (41.76)           |     | 700m 1:14.23 (40.42)        |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 68 | gl | 39 <b>Isa Pruisscher</b>       | DC1 | 1:18.29                     | 1:16.76 | PR   |
|    | bl | 19 <b>Dominique van der Aa</b> | DC1 | 1:17.20                     | 1:12.54 | PR   |
|    |    | <b>Isa Pruisscher</b>          |     | <b>Dominique van der Aa</b> |         |      |
|    |    | 300m 34.09 (34.09)             |     | 300m 33.11 (33.11)          |         |      |
|    |    | 700m 1:16.76 (42.67)           |     | 700m 1:12.54 (39.43)        |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 69 | wt | 40 <b>Kelsy Mulckhuysen</b>    | DC2 | 1:15.43                     | 1:15.28 | PR   |
|    | rd | 10 <b>Christiaan Zandstra</b>  | HC2 | 1:15.16                     | 1:12.93 | PR   |
|    |    | <b>Kelsy Mulckhuysen</b>       |     | <b>Christiaan Zandstra</b>  |         |      |
|    |    | 300m 33.90 (33.90)             |     | 300m 33.54 (33.54)          |         |      |
|    |    | 700m 1:15.28 (41.38)           |     | 700m 1:12.93 (39.39)        |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 70 | gl | 20 <b>Elisa Domingues Rosa</b> | DC2 | 1:16.20                     | 1:17.50 |      |
|    | bl | 46 <b>Roos Valentijn</b>       | DC2 | 1:14.98                     | 1:13.81 | PR   |
|    |    | <b>Elisa Domingues Rosa</b>    |     | <b>Roos Valentijn</b>       |         |      |
|    |    | 300m 35.00 (35.00)             |     | 300m 33.27 (33.27)          |         |      |
|    |    | 700m 1:17.50 (42.50)           |     | 700m 1:13.81 (40.54)        |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 71 | wt | 5 <b>Floris van Maris</b>      | HC1 | 1:13.76                     | 1:10.58 | PR   |
|    | rd | 8 <b>Lisa Meeuwissen</b>       | DC2 | 1:14.53                     | 1:12.90 | PR   |
|    |    | <b>Floris van Maris</b>        |     | <b>Lisa Meeuwissen</b>      |         |      |
|    |    | 300m 31.87 (31.87)             |     | 300m 33.21 (33.21)          |         |      |
|    |    | 700m 1:10.58 (38.71)           |     | 700m 1:12.90 (39.69)        |         |      |



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|    |    | Naam                            | Cat | PR                      | Tijd    | Info |
|----|----|---------------------------------|-----|-------------------------|---------|------|
| 72 | gl | 44 <b>Jelle Boonstra</b>        | HC1 | 1:14.11                 | 1:14.18 |      |
|    | bl | 54 <b>Alissa Pels</b>           | DC2 | 1:14.93                 | 1:18.79 |      |
|    |    | <b>Jelle Boonstra</b>           |     | <b>Alissa Pels</b>      |         |      |
|    |    | 300m 33.11 (33.11)              |     | 300m 36.05 (36.05)      |         |      |
|    |    | 700m 1:14.18 (41.07)            |     | 700m 1:18.79 (42.74)    |         |      |
|    |    | Naam                            | Cat | PR                      | Tijd    | Info |
| 73 | wt | 23 <b>Emma Tauber</b>           | DC1 | 1:13.53                 | 1:14.46 |      |
|    | rd | 25 <b>Ella Westerik</b>         | DC2 | 1:13.37                 | 1:15.38 |      |
|    |    | <b>Emma Tauber</b>              |     | <b>Ella Westerik</b>    |         |      |
|    |    | 300m 32.96 (32.96)              |     | 300m 33.83 (33.83)      |         |      |
|    |    | 700m 1:14.46 (41.50)            |     | 700m 1:15.38 (41.55)    |         |      |
|    |    | Naam                            | Cat | PR                      | Tijd    | Info |
| 74 | gl | 57 <b>Timo van der Poel</b>     | HC1 | 1:13.43                 | 1:11.01 | PR   |
|    | bl | 12 <b>Jelle van Ruiten</b>      | HC2 | 1:12.13                 | 1:06.96 | PR   |
|    |    | <b>Timo van der Poel</b>        |     | <b>Jelle van Ruiten</b> |         |      |
|    |    | 300m 32.17 (32.17)              |     | 300m 31.36 (31.36)      |         |      |
|    |    | 700m 1:11.01 (38.84)            |     | 700m 1:06.96 (35.60)    |         |      |
|    |    | Naam                            | Cat | PR                      | Tijd    | Info |
| 75 | wt | 1 <b>Mees Olie</b>              | HC2 | 1:08.55                 | 1:06.13 | PR   |
|    | rd | 36 <b>Emi Kiers</b>             | DC2 | 1:08.51                 | 1:11.75 |      |
|    |    | <b>Mees Olie</b>                |     | <b>Emi Kiers</b>        |         |      |
|    |    | 300m 29.90 (29.90)              |     | 300m 32.40 (32.40)      |         |      |
|    |    | 700m 1:06.13 (36.23)            |     | 700m 1:11.75 (39.35)    |         |      |
|    |    | Naam                            | Cat | PR                      | Tijd    | Info |
| 76 | gl | 43 <b>Philipine Cornelissen</b> | DC2 | 1:09.31                 | 1:11.03 |      |
|    | bl | 34 <b>Evi Ruissen</b>           | DC2 | 1:11.89                 | 1:12.60 |      |
|    |    | <b>Philipine Cornelissen</b>    |     | <b>Evi Ruissen</b>      |         |      |
|    |    | 300m 32.33 (32.33)              |     | 300m 33.32 (33.32)      |         |      |
|    |    | 700m 1:11.03 (38.70)            |     | 700m 1:12.60 (39.28)    |         |      |



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## 8. Uitslag 700 meter Junioren B t/m Masters

| Pos | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 29 <b>Bob van Nobelen</b>      | H40 | 77   | I    | <b>1:00.69</b> |      |        |
| 2   | 30 <b>Frans Verhoeve</b>       | H55 | 80   | I    | <b>1:01.62</b> |      |        |
| 3   | 51 <b>Zhara Möllers</b>        | DA2 | 80   | O    | <b>1:02.15</b> | PR   |        |
| 4   | 59 <b>Milan Kolmer</b>         | HA2 | 79   | O    | <b>1:07.90</b> | PR   |        |
| 5   | 52 <b>Marit Molhoek</b>        | DC2 | 79   | I    | <b>1:15.03</b> |      |        |
|     | 66 <b>Anniek van de Kreeke</b> | DC2 | 77   | O    | <b>DNS</b>     |      |        |



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## 8. Rituitslag 700 meter Junioren B t/m Masters

|    |    | Naam                           | Cat     | PR                          | Tijd    | Info |
|----|----|--------------------------------|---------|-----------------------------|---------|------|
| 77 | wt | 29 <b>Bob van Nobelen</b>      | H40     | 57.45                       | 1:00.69 |      |
|    | rd | 66 <b>Anniek van de Kreeke</b> | DC2     | 1:10.50                     | DNS     |      |
|    |    | <b>Bob van Nobelen</b>         |         | <b>Anniek van de Kreeke</b> |         |      |
|    |    | 300m                           | 27.75   | (27.75)                     |         |      |
|    |    | 700m                           | 1:00.69 | (32.94)                     |         |      |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 78 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |
|    |    | m    | m   |    |      |      |

|    |    | Naam                    | Cat     | PR                  | Tijd    | Info            |
|----|----|-------------------------|---------|---------------------|---------|-----------------|
| 79 | wt | 52 <b>Marit Molhoek</b> | DC2     | 1:11.99             | 1:15.03 |                 |
|    | rd | 59 <b>Milan Kolmer</b>  | HA2     | 1:08.03             | 1:07.90 | PR              |
|    |    | <b>Marit Molhoek</b>    |         | <b>Milan Kolmer</b> |         |                 |
|    |    | 300m                    | 34.89   | (34.89)             | 300m    | 31.19 (31.19)   |
|    |    | 700m                    | 1:15.03 | (40.14)             | 700m    | 1:07.90 (36.71) |

|    |    | Naam                     | Cat     | PR                   | Tijd    | Info            |
|----|----|--------------------------|---------|----------------------|---------|-----------------|
| 80 | gl | 30 <b>Frans Verhoeve</b> | H55     | 57.78                | 1:01.62 |                 |
|    | bl | 51 <b>Zhara Möllers</b>  | DA2     | 1:03.57              | 1:02.15 | PR              |
|    |    | <b>Frans Verhoeve</b>    |         | <b>Zhara Möllers</b> |         |                 |
|    |    | 300m                     | 28.48   | (28.48)              | 300m    | 28.81 (28.81)   |
|    |    | 700m                     | 1:01.62 | (33.14)              | 700m    | 1:02.15 (33.34) |