

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 1. Result Portugal 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	107 António Morgado Piteira	HB1	9	O	41.81	
2	111 Rodrigo José Cavaleiro Mendes	HN2	10	I	43.60	
3	106 Pedro Henrique Mendes De Figueiredo	HN1	10	O	43.63	
4	116 Martim José Coelho Vieira	HC1	8	O	44.39	
5	76 Francisca Gomes Henriques	DB1	4	I	45.87	
6	119 Manuel Morgado Piteira	HC1	7	O	46.69	
7	108 João Rodrigues Do Nascimento Bettencourt	HB1	7	I	47.01	
8	109 Tiago Manuel Custódio Marreiros	HB2	9	I	47.02	
9	122 Leonor Almodôvar Ladeira	DC2	3	O	47.75	
10	110 Luís Carlos Ponte Da Silva	HN1	5	O	47.89	
11	112 Diogo Helder Lourenço	HN2	5	I	48.23	
12	78 Joana Carolina Pereira Vieira	DB2	4	O	48.29	
13	75 Soraia Da Silva Marques	DB2	1	I	49.85	
14	120 Clara Correia Cruz Pereira	DC1	2	I	50.47	
15	121 Helena Oryshchyn	DC2	3	I	50.71	
16	123 Joana Barbosa Ramos	DC1	1	O	58.36	
17	77 Ana Rita Andrade De Freitas	DB1	2	O	1:03.32 FL	
	105 João Afonso Calado Dias	HB2	8	I	DNF	
	118 Raúl Jorge Freitas Mendonça	HC1			WDR	
	117 Tiago Filipe Calado Mestre	HC1			WDR	

Referee:

Assistant:

Starter:

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		Name		Cat		PB		Time	Info
1	wt	75	<b>Soraia Da Silva Marques</b>		DB2			<b>49.85</b>	
	rd	123	<b>Joana Barbosa Ramos</b>		DC1			<b>58.36</b>	
		<u>Soraia Da Silva Marques</u>				<u>Joana Barbosa Ramos</u>			
		100m	13.13	(13.13)		100m	13.91	(13.91)	
		500m	49.85	(36.72)		500m	58.36	(44.45)	

		Name		Cat		PB		Time	Info
2	yw	120	<b>Clara Correia Cruz Pereira</b>		DC1			<b>50.47</b>	
	bl	77	<b>Ana Rita Andrade De Freitas</b>		DB1			<b>1:03.32</b>	FL
		<u>Clara Correia Cruz Pereira</u>				<u>Ana Rita Andrade De Freitas</u>			
		100m	13.38	(13.38)		100m	13.00	(13.00)	
		500m	50.47	(37.09)		500m	1:03.32	(50.32)	

		Name		Cat		PB		Time	Info
3	wt	121	<b>Helena Oryshchyn</b>		DC2			<b>50.71</b>	
	rd	122	<b>Leonor Almodôvar Ladeira</b>		DC2			<b>47.75</b>	
		<u>Helena Oryshchyn</u>				<u>Leonor Almodôvar Ladeira</u>			
		100m	12.85	(12.85)		100m	12.59	(12.59)	
		500m	50.71	(37.86)		500m	47.75	(35.16)	

		Name		Cat		PB		Time	Info
4	yw	76	<b>Francisca Gomes Henriques</b>		DB1			<b>45.87</b>	
	bl	78	<b>Joana Carolina Pereira Vieira</b>		DB2			<b>48.29</b>	
		<u>Francisca Gomes Henriques</u>				<u>Joana Carolina Pereira Vieira</u>			
		100m	12.13	(12.13)		100m	13.26	(13.26)	
		500m	45.87	(33.74)		500m	48.29	(35.03)	

		Name		Cat		PB		Time	Info
5	wt	112	<b>Diogo Helder Lourenço</b>		HN2			<b>48.23</b>	
	rd	110	<b>Luís Carlos Ponte Da Silva</b>		HN1			<b>47.89</b>	
		<u>Diogo Helder Lourenço</u>				<u>Luís Carlos Ponte Da Silva</u>			
		100m	13.34	(13.34)		100m	12.28	(12.28)	
		500m	48.23	(34.89)		500m	47.89	(35.61)	

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		Name	Cat	PB	Time	Info
6	yw	118 <b>Raúl Jorge Freitas Mendonça</b>	HC1			<b>WDR</b>
	bl	117 <b>Tiago Filipe Calado Mestre</b>	HC1			<b>WDR</b>
		<u>Raúl Jorge Freitas Mendonça</u>			<u>Tiago Filipe Calado Mestre</u>	

		Name	Cat	PB	Time	Info
7	wt	108 <b>João Rodrigues Do Nascimento Bettencourt</b>	HB1			<b>47.01</b>
	rd	119 <b>Manuel Morgado Piteira</b>	HC1			<b>46.69</b>
		<u>João Rodrigues Do Nascimento Bettencourt</u>			<u>Manuel Morgado Piteira</u>	
		100m 12.47 (12.47)			100m 12.40 (12.40)	
		500m 47.01 (34.54)			500m 46.69 (34.29)	

		Name	Cat	PB	Time	Info
8	yw	105 <b>João Afonso Calado Dias</b>	HB2			<b>DNF</b>
	bl	116 <b>Martim José Coelho Vieira</b>	HC1			<b>44.39</b>
		<u>João Afonso Calado Dias</u>			<u>Martim José Coelho Vieira</u>	
		100m 12.63 (12.63)			100m 11.78 (11.78)	
					500m 44.39 (32.61)	

		Name	Cat	PB	Time	Info
9	wt	109 <b>Tiago Manuel Custódio Marreiros</b>	HB2			<b>47.02</b>
	rd	107 <b>António Morgado Piteira</b>	HB1			<b>41.81</b>
		<u>Tiago Manuel Custódio Marreiros</u>			<u>António Morgado Piteira</u>	
		100m 13.03 (13.03)			100m 11.17 (11.17)	
		500m 47.02 (33.99)			500m 41.81 (30.64)	

		Name	Cat	PB	Time	Info
10	yw	111 <b>Rodrigo José Cavaleiro Mendes</b>	HN2			<b>43.60</b>
	bl	106 <b>Pedro Henrique Mendes De Figueiredo</b>	HN1			<b>43.63</b>
		<u>Rodrigo José Cavaleiro Mendes</u>			<u>Pedro Henrique Mendes De Figueiredo</u>	
		100m 12.27 (12.27)			100m 12.11 (12.11)	
		500m 43.60 (31.33)			500m 43.63 (31.52)	

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 2. Result Women 1th 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	41 Esme Stollenga	DSA	33	O	38.97		
2	12 Isabel Grevelt	DN2	33	I	39.05		
3	80 Naomi Verkerk	DN4	34	O	39.13		
4	40 Konami Soga	DSA	12	O	39.18		
5	47 Ramona Westerhuis	DN1	30	I	39.33	PB	
6	30 Sanneke de Neeling	DSA	34	I	39.37		
7	15 Pien Hersman	DA2	31	I	39.46		
8	4 Angel Daleman	DB1	30	O	39.47		
9	20 Sylke Kas	DN2	29	O	39.66		
10	28 Maud Lugters	DN3	32	O	39.67		
11	17 Jildou Hoekstra	DA2	32	I	39.82		
12	42 Meike Veen	DA1	29	I	40.49		
13	13 Lotte Groenen	DA1	26	O	41.10		
14	3 Yasmine Bouaziz	DA2	24	I	41.23		
15	22 Jillian Knook	DA1	28	I	41.24		
16	43 Rosalie van Vliet	DB2	25	I	41.72		
17	50 Sofie Bouw	DA1	23	I	41.81		
18	11 Marika de Glee	DB1	20	O	41.94	PB	
19	14 Jade Groenewoud	DA2	20	I	41.97		
20	2 Janna Bolsius	DA1	22	O	41.98	PB	
21	24 Patricia Koot	DA1	27	O	42.08	MT	
22	54 Sietske van der Meer	DA2	21	O	42.11	PB	
23	37 Sterre van Schaik	DA1	23	O	42.13		
24	26 Sophie Kraaijeveld	DA2	21	I	42.45		
25	29 Amber van der Meijden	DB2	19	O	42.55	PB	
26	6 Lotte Donderwinkel	DB2	22	I	42.59		
27	25 Veerle van Koppen	DA2	17	O	42.67		
28	16 Silke Hijma	DA2	24	O	42.78		
29	31 Emma Noz	DA1	18	O	42.86		
30	33 Tess Postma	DA1	27	I	43.01	MT	
31	8 Lianne van Gammeren	DB2	13	O	43.04		
32	19 Lieke Hoogendoorn	DB2	25	O	43.12		
33	23 Emma Kole	DA2	16	O	43.36		
	58 Jasmijn Veenhuis	DB1	19	I	43.36		
35	49 Tijn Borst	DB2	16	I	43.40		
36	44 Elanne de Vries	DB2	26	I	43.63		
37	27 Paula Kuipers	DB2	14	O	44.00		
38	52 Lieke Hijlkema	DB1	15	O	44.38		

Referee:

Assistant:

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	46 Mayke Vriesinga	DB2	17	I	44.90		
40	53 Emma Koster	DA2	14	I	44.94		
41	61 Janne Kraamer	DA2	18	I	45.43		
42	35 Evi de Ruijter	DB1	15	I	45.45		
43	32 Luna van Polen	DB2	13	I	45.51		
	57 Kaat van Steekelenburg	DA2	11	I	45.51		
45	55 Zhara Möllers	DB1	12	I	45.52		
	36 Jildou Schaaf	DA2			WDR		
	34 Yael Prenger	DN1			WDR		

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## 2. Race Result Women 1th 500 meter

		Name		Cat		PB		Time	Info
11	wt	57	<b>Kaat van Steekelenburg</b>		DA2		44.61	<b>45.51</b>	
	rd								
		<b>Kaat van Steekelenburg</b>							
		100m	12.64	(12.64)		m			
		500m	45.51	(32.87)					

		Name		Cat		PB		Time	Info
12	wt	55	<b>Zhara Möllers</b>		DB1		44.44	<b>45.52</b>	
	rd	40	<b>Konami Soga</b>		DSA			<b>39.18</b>	
		<b>Zhara Möllers</b>				<b>Konami Soga</b>			
		100m	12.29	(12.29)		100m	10.80	(10.80)	
		500m	45.52	(33.23)		500m	39.18	(28.38)	

		Name		Cat		PB		Time	Info
13	wt	32	<b>Luna van Polen</b>		DB2		44.20	<b>45.51</b>	
	rd	8	<b>Lianne van Gammeren</b>		DB2		42.56	<b>43.04</b>	
		<b>Luna van Polen</b>				<b>Lianne van Gammeren</b>			
		100m	12.70	(12.70)		100m	11.57	(11.57)	
		500m	45.51	(32.81)		500m	43.04	(31.47)	

		Name		Cat		PB		Time	Info
14	wt	53	<b>Emma Koster</b>		DA2		43.42	<b>44.94</b>	
	rd	27	<b>Paula Kuipers</b>		DB2		43.40	<b>44.00</b>	
		<b>Emma Koster</b>				<b>Paula Kuipers</b>			
		100m	12.40	(12.40)		100m	12.15	(12.15)	
		500m	44.94	(32.54)		500m	44.00	(31.85)	

		Name		Cat		PB		Time	Info
15	wt	35	<b>Evi de Ruijter</b>		DB1		43.16	<b>45.45</b>	
	rd	52	<b>Lieke Hijlkema</b>		DB1		43.59	<b>44.38</b>	
		<b>Evi de Ruijter</b>				<b>Lieke Hijlkema</b>			
		100m	12.35	(12.35)		100m	12.06	(12.06)	
		500m	45.45	(33.10)		500m	44.38	(32.32)	

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		Name	Cat		PB	Time	Info
16	wt	49 <b>Tijn Borst</b>	DB2		43.09	<b>43.40</b>	
	rd	23 <b>Emma Kole</b>	DA2		42.93	<b>43.36</b>	
		<b>Tijn Borst</b>			<b>Emma Kole</b>		
		100m	12.00	(12.00)	100m	12.25	(12.25)
		500m	43.40	(31.40)	500m	43.36	(31.11)

		Name	Cat		PB	Time	Info
17	wt	46 <b>Mayke Vriesinga</b>	DB2		42.99	<b>44.90</b>	
	rd	25 <b>Veerle van Koppen</b>	DA2		42.65	<b>42.67</b>	
		<b>Mayke Vriesinga</b>			<b>Veerle van Koppen</b>		
		100m	12.08	(12.08)	100m	12.23	(12.23)
		500m	44.90	(32.82)	500m	42.67	(30.44)

		Name	Cat		PB	Time	Info
18	wt	61 <b>Janne Kraamer</b>	DA2		42.85	<b>45.43</b>	
	rd	31 <b>Emma Noz</b>	DA1		42.64	<b>42.86</b>	
		<b>Janne Kraamer</b>			<b>Emma Noz</b>		
		100m	12.63	(12.63)	100m	11.84	(11.84)
		500m	45.43	(32.80)	500m	42.86	(31.02)

		Name	Cat		PB	Time	Info
19	wt	58 <b>Jasmijn Veenhuis</b>	DB1		43.09	<b>43.36</b>	
	rd	29 <b>Amber van der Meijden</b>	DB2		42.73	<b>42.55</b>	PB
		<b>Jasmijn Veenhuis</b>			<b>Amber van der Meijden</b>		
		100m	12.22	(12.22)	100m	11.56	(11.56)
		500m	43.36	(31.14)	500m	42.55	(30.99)

		Name	Cat		PB	Time	Info
20	wt	14 <b>Jade Groenewoud</b>	DA2		40.18	<b>41.97</b>	
	rd	11 <b>Marika de Glee</b>	DB1		42.01	<b>41.94</b>	PB
		<b>Jade Groenewoud</b>			<b>Marika de Glee</b>		
		100m	11.73	(11.73)	100m	11.55	(11.55)
		500m	41.97	(30.24)	500m	41.94	(30.39)

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		Name		Cat		PB		Time	Info
21	wt	26	<b>Sophie Kraaijeveld</b>		DA2		42.02	<b>42.45</b>	
	rd	54	<b>Sietske van der Meer</b>		DA2		42.30	<b>42.11</b>	PB
		<b>Sophie Kraaijeveld</b>			<b>Sietske van der Meer</b>				
		100m	11.89	(11.89)	100m	11.73	(11.73)		
		500m	42.45	(30.56)	500m	42.11	(30.38)		
<hr/>									
		Name		Cat		PB		Time	Info
22	wt	6	<b>Lotte Donderwinkel</b>		DB2		42.49	<b>42.59</b>	
	rd	2	<b>Janna Bolsius</b>		DA1		42.08	<b>41.98</b>	PB
		<b>Lotte Donderwinkel</b>			<b>Janna Bolsius</b>				
		100m	11.70	(11.70)	100m	11.74	(11.74)		
		500m	42.59	(30.89)	500m	41.98	(30.24)		
<hr/>									
		Name		Cat		PB		Time	Info
23	wt	50	<b>Sofie Bouw</b>		DA1		41.70	<b>41.81</b>	
	rd	37	<b>Sterre van Schaik</b>		DA1		41.55	<b>42.13</b>	
		<b>Sofie Bouw</b>			<b>Sterre van Schaik</b>				
		100m	11.34	(11.34)	100m	11.56	(11.56)		
		500m	41.81	(30.47)	500m	42.13	(30.57)		
<hr/>									
		Name		Cat		PB		Time	Info
24	wt	3	<b>Yasmine Bouaziz</b>		DA2		40.22	<b>41.23</b>	
	rd	16	<b>Silke Hijma</b>		DA2		41.52	<b>42.78</b>	
		<b>Yasmine Bouaziz</b>			<b>Silke Hijma</b>				
		100m	11.25	(11.25)	100m	11.97	(11.97)		
		500m	41.23	(29.98)	500m	42.78	(30.81)		
<hr/>									
		Name		Cat		PB		Time	Info
25	wt	43	<b>Rosalie van Vliet</b>		DB2		41.26	<b>41.72</b>	
	rd	19	<b>Lieke Hoogendoorn</b>		DB2		41.86	<b>43.12</b>	
		<b>Rosalie van Vliet</b>			<b>Lieke Hoogendoorn</b>				
		100m	11.57	(11.57)	100m	11.81	(11.81)		
		500m	41.72	(30.15)	500m	43.12	(31.31)		

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		Name	Cat	PB	Time	Info
26	wt	44 <b>Elanne de Vries</b>	DB2	41.49	<b>43.63</b>	
	rd	13 <b>Lotte Groenen</b>	DA1	40.64	<b>41.10</b>	
		<b>Elanne de Vries</b>		<b>Lotte Groenen</b>		
		100m	11.92 (11.92)	100m	11.21 (11.21)	
		500m	43.63 (31.71)	500m	41.10 (29.89)	

		Name	Cat	PB	Time	Info
27	wt	33 <b>Tess Postma</b>	DA1	41.50	<b>43.01</b>	MT
	rd	24 <b>Patricia Koot</b>	DA1	41.40	<b>42.08</b>	MT
		<b>Tess Postma</b>		<b>Patricia Koot</b>		
		100m	11.70 (11.70)	100m	42.08 (42.08)	
		500m	43.01 (31.31)			

		Name	Cat	PB	Time	Info
28	wt	22 <b>Jillian Knook</b>	DA1	41.03	<b>41.24</b>	
	rd	36 <b>Jildou Schaaf</b>	DA2	40.70	<b>WDR</b>	
		<b>Jillian Knook</b>		<b>Jildou Schaaf</b>		
		100m	11.36 (11.36)			
		500m	41.24 (29.88)			

		Name	Cat	PB	Time	Info
29	wt	42 <b>Meike Veen</b>	DA1	40.19	<b>40.49</b>	
	rd	20 <b>Sylke Kas</b>	DN2	39.49	<b>39.66</b>	
		<b>Meike Veen</b>		<b>Sylke Kas</b>		
		100m	11.50 (11.50)	100m	10.92 (10.92)	
		500m	40.49 (28.99)	500m	39.66 (28.74)	

		Name	Cat	PB	Time	Info
30	wt	47 <b>Ramona Westerhuis</b>	DN1	39.65	<b>39.33</b>	PB
	rd	4 <b>Angel Daleman</b>	DB1	39.14	<b>39.47</b>	
		<b>Ramona Westerhuis</b>		<b>Angel Daleman</b>		
		100m	10.93 (10.93)	100m	11.19 (11.19)	
		500m	39.33 (28.40)	500m	39.47 (28.28)	

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		Name		Cat		PB		Time	Info
31	wt	15	<b>Pien Hersman</b>		DA2		39.44	<b>39.46</b>	
	rd	34	<b>Yael Prenger</b>		DN1		40.48	<b>WDR</b>	
		<b>Pien Hersman</b>			<b>Yael Prenger</b>				
		100m	11.03	(11.03)					
		500m	39.46	(28.43)					

		Name		Cat		PB		Time	Info
32	wt	17	<b>Jildou Hoekstra</b>		DA2		38.79	<b>39.82</b>	
	rd	28	<b>Maud Lugters</b>		DN3		38.55	<b>39.67</b>	
		<b>Jildou Hoekstra</b>			<b>Maud Lugters</b>				
		100m	10.88	(10.88)	100m	11.04	(11.04)		
		500m	39.82	(28.94)	500m	39.67	(28.63)		

		Name		Cat		PB		Time	Info
33	wt	12	<b>Isabel Grevelt</b>		DN2		38.27	<b>39.05</b>	
	rd	41	<b>Esme Stollenga</b>		DSA		37.92	<b>38.97</b>	
		<b>Isabel Grevelt</b>			<b>Esme Stollenga</b>				
		100m	10.95	(10.95)	100m	11.02	(11.02)		
		500m	39.05	(28.10)	500m	38.97	(27.95)		

		Name		Cat		PB		Time	Info
34	wt	30	<b>Sanneke de Neeling</b>		DSA		37.66	<b>39.37</b>	
	rd	80	<b>Naomi Verkerk</b>		DN4		38.25	<b>39.13</b>	
		<b>Sanneke de Neeling</b>			<b>Naomi Verkerk</b>				
		100m	11.19	(11.19)	100m	10.88	(10.88)		
		500m	39.37	(28.18)	500m	39.13	(28.25)		

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 3. Result Men 1th 500 meter (3K)

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	56 Joep Stubbe	HA1	37	I	38.04		
2	35 Jelle Koeleman	HA2	38	I	38.18		
3	20 Geert Frijters	HA2	38	O	38.79	PB	
4	55 Remco Stam	HA2	36	O	39.37	PB	
5	19 Rinse Franken	HB2	35	I	39.49	PB	
6	68 Joël Bom	HA1	37	O	39.99		
7	53 Eise van Schijndel	HB2	35	O	40.61		
	41 Teun van der Linden	HA1	36	I	DQ		

Referee:

Assistant:

Starter:

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# International Thialf Race

Thialf - Heerenveen  
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## 3. Race Result Men 1th 500 meter (3K)

		Name		Cat		PB		Time	Info
35	wt	19	<b>Rinse Franken</b>		HB2		39.51	<b>39.49</b>	PB
	rd	53	<b>Eise van Schijndel</b>		HB2		40.04	<b>40.61</b>	
		<b>Rinse Franken</b>			<b>Eise van Schijndel</b>				
		100m	11.03	(11.03)	100m	11.26	(11.26)		
		500m	39.49	(28.46)	500m	40.61	(29.35)		

		Name		Cat		PB		Time	Info
36	wt	41	<b>Teun van der Linden</b>		HA1		40.90	<b>DQ</b>	
	rd	55	<b>Remco Stam</b>		HA2		39.46	<b>39.37</b>	PB
		<b>Teun van der Linden</b>			<b>Remco Stam</b>				
		100m			100m	11.25	(11.25)		
		500m			500m	39.37	(28.12)		

		Name		Cat		PB		Time	Info
37	wt	56	<b>Joep Stubbe</b>		HA1		38.01	<b>38.04</b>	
	rd	68	<b>Joël Bom</b>		HA1		39.12	<b>39.99</b>	
		<b>Joep Stubbe</b>			<b>Joël Bom</b>				
		100m	10.52	(10.52)	100m	10.92	(10.92)		
		500m	38.04	(27.52)	500m	39.99	(29.07)		

		Name		Cat		PB		Time	Info
38	wt	35	<b>Jelle Koeleman</b>		HA2		38.02	<b>38.18</b>	
	rd	20	<b>Geert Frijters</b>		HA2		38.98	<b>38.79</b>	PB
		<b>Jelle Koeleman</b>			<b>Geert Frijters</b>				
		100m	10.36	(10.36)	100m	10.63	(10.63)		
		500m	38.18	(27.82)	500m	38.79	(28.16)		

# International Thialf Race

Thialf - Heerenveen  
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## 4. Result Men 1th 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	99 Thomas Geerdinck	HSA	73	O	35.76		
2	18 Mika van Essen	HN4	72	O	36.26		
3	113 Jarle Gerrits	HN2	71	O	36.34		
4	6 Jenning de Boo	HA2	71	I	36.44		
5	57 Pim Stuij	HN1	69	I	36.46		
6	114 Elwin Jongman	HN4	69	O	36.48		
7	25 Rem de Hair	HN3	72	I	36.49		
8	66 Stein de Wit	HA2	73	I	36.51		
9	115 Thijs Govers	HSA	70	O	36.58		
10	29 Matthieu Hollaar	HN1	68	O	36.75	PB	
11	23 Rinze-Bart de Glee	HA2	70	I	36.80	PB	
12	14 Ward Dielissen	HA1	66	I	36.84	PB	
13	17 Tom Egbertsen	HA2	63	O	36.97	PB	
	3 Max Bergsma	HA2	65	I	36.97	PB	
15	8 Mats van den Bos	HA1	62	I	37.09	PB	
16	1 Stijn Beekelaar	HA2	62	O	37.13	PB	
17	40 Thomas de Lange	HN1	66	O	37.22		
18	33 Gijs Kamp	HA2	64	O	37.29	PB	
19	51 Jelle Rieff	HN1	68	I	37.34		
20	26 Swen Halferkamps	HA1	59	I	37.48	PB	
21	65 Hidde Westra	HA2	60	O	37.53	PB	
22	62 Loek van Vilsteren	HA2	65	O	37.57		
23	54 Ties van Seumeren	HA1	61	O	37.66	PB	
24	2 Mats Bendijk	HB2	59	O	37.68	PB	
25	50 Niklas Reinders	HA1	61	I	37.70	PB	
26	7 Bryant Boogert	HA1	60	I	37.74	PB	
27	42 Nick Luijten	HA2	57	O	37.82	PB	
28	9 Yoeri van Bostelen	HA1	57	I	37.90	PB	
29	12 Stijn van de Bunt	HA2	63	I	37.92		
30	39 Niels de Kruijk	HB2	64	I	38.00		
31	52 Thom Rooijackers	HA2	56	O	38.05		
32	43 Rick Meijer	HN1	55	O	38.21		
33	48 Matthé Pronk	HA2	40	O	38.31	PB	
34	34 Björn Kitselaar	HA1	54	O	38.37	PB	
35	16 Sijmen Egberts	HA2	51	O	38.38		
	31 Sille Hut	HA1	58	O	38.38		
37	13 Ted Dalrymple	HA2	67	O	38.43		
38	71 Arjen Boersma	HB1	58	I	38.66		

Referee:

Assistant:

Starter:

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# International Thialf Race

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	37 Tygo Kompier	HB2	53	O	38.69		
40	44 Mathijs Molenaar	HB2	54	I	38.73	PB	
	45 Tom Nijdam	HA2	56	I	38.73		
42	22 Tijs van Gennip	HB2	53	I	38.76		
43	38 Jasper Krommenhoek	HA2	51	I	38.79	PB	
44	5 Pelle Bolsius	HB1	52	I	38.90		
45	24 Michiel de Groot	HA1	55	I	38.92		
46	49 Niels van Reeuwijk	HA1	48	O	39.07	PB	
	11 Colin Breed	HB1	48	I	39.07	PB	
48	36 Mika Kolder	HB2	47	O	39.10	PB	
49	67 Daan van Zwienen	HB1	46	I	39.12	PB	
50	46 Thijmen Paardekooper	HA1	50	O	39.18		
51	81 Floris van van Velsen	HB2	45	O	39.42	PB	
52	77 Jelle Plug	HA1	45	I	39.58		
53	75 Jurjen Hiemstra	HA1	47	I	39.75		
54	63 Sietse de Vries	HB2	46	O	39.76		
55	120 Jilles Tjoelker	HA1	49	I	39.80		
56	70 Gijs Luijten	HN1	52	O	39.88		
57	4 Sem Bodewes	HA1	49	O	39.97		
58	78 Milan Rietveld	HB1	44	I	40.16		
59	72 Nick Bontrop	HB1	44	O	40.24		
60	64 Olaf Vunderink	HB2	43	O	40.50		
61	10 Johan Bouwhuis	HB2	41	I	40.55		
62	79 Matteo van Schajik	HB2	42	O	40.57		
63	61 Johanco Veldsman	HN3	43	I	40.72		
64	69 Luke Zeliff	HB2	40	I	40.91		
65	83 Mats Westra	HB1	42	I	40.95		
66	73 Jesse van Buren	HB1	41	O	43.27		
67	58 Johan Talsma	HA1	67	I	1:12.58	FL	
	76 Jesper van Mieghem	HA1	50	I	DNF		

Referee:

Assistant:

Starter:

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# International Thialf Race

Thialf - Heerenveen  
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## 4. Race Result Men 1th 500 meter

		Name		Cat		PB		Time	Info
40	wt	69	<b>Luke Zeliff</b>		HB2			<b>40.91</b>	
	rd	48	<b>Matthé Pronk</b>		HA2	38.42		<b>38.31</b>	PB
		<b>Luke Zeliff</b>			<b>Matthé Pronk</b>				
		100m	11.47	(11.47)	100m	10.90	(10.90)		
		500m	40.91	(29.44)	500m	38.31	(27.41)		

		Name		Cat		PB		Time	Info
41	wt	10	<b>Johan Bouwhuis</b>		HB2	40.07		<b>40.55</b>	
	rd	73	<b>Jesse van Buren</b>		HB1	42.58		<b>43.27</b>	
		<b>Johan Bouwhuis</b>			<b>Jesse van Buren</b>				
		100m	11.30	(11.30)	100m	11.80	(11.80)		
		500m	40.55	(29.25)	500m	43.27	(31.47)		

		Name		Cat		PB		Time	Info
42	wt	83	<b>Mats Westra</b>		HB1	40.67		<b>40.95</b>	
	rd	79	<b>Matteo van Schajik</b>		HB2	39.79		<b>40.57</b>	
		<b>Mats Westra</b>			<b>Matteo van Schajik</b>				
		100m	11.06	(11.06)	100m	11.19	(11.19)		
		500m	40.95	(29.89)	500m	40.57	(29.38)		

		Name		Cat		PB		Time	Info
43	wt	61	<b>Johanco Veldsman</b>		HN3	39.78		<b>40.72</b>	
	rd	64	<b>Olaf Vunderink</b>		HB2	39.24		<b>40.50</b>	
		<b>Johanco Veldsman</b>			<b>Olaf Vunderink</b>				
		100m	11.54	(11.54)	100m	11.07	(11.07)		
		500m	40.72	(29.18)	500m	40.50	(29.43)		

		Name		Cat		PB		Time	Info
44	wt	78	<b>Milan Rietveld</b>		HB1	39.47		<b>40.16</b>	
	rd	72	<b>Nick Bontrop</b>		HB1	39.54		<b>40.24</b>	
		<b>Milan Rietveld</b>			<b>Nick Bontrop</b>				
		100m	11.26	(11.26)	100m	11.04	(11.04)		
		500m	40.16	(28.90)	500m	40.24	(29.20)		

# International Thialf Race

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		Name	Cat		PB	Time	Info
45	wt	77 <b>Jelle Plug</b>	HA1		39.49	<b>39.58</b>	
	rd	81 <b>Floris van van Velsen</b>	HB2		39.50	<b>39.42</b>	PB
		<b>Jelle Plug</b>		<b>Floris van van Velsen</b>			
		100m	10.73	(10.73)	100m	10.95	(10.95)
		500m	39.58	(28.85)	500m	39.42	(28.47)
		Name	Cat		PB	Time	Info
46	wt	67 <b>Daan van Zwienen</b>	HB1		39.35	<b>39.12</b>	PB
	rd	63 <b>Sietse de Vries</b>	HB2		39.35	<b>39.76</b>	
		<b>Daan van Zwienen</b>		<b>Sietse de Vries</b>			
		100m	10.59	(10.59)	100m	10.90	(10.90)
		500m	39.12	(28.53)	500m	39.76	(28.86)
		Name	Cat		PB	Time	Info
47	wt	75 <b>Jurjen Hiemstra</b>	HA1		39.22	<b>39.75</b>	
	rd	36 <b>Mika Kolder</b>	HB2		39.19	<b>39.10</b>	PB
		<b>Jurjen Hiemstra</b>		<b>Mika Kolder</b>			
		100m	11.24	(11.24)	100m	11.07	(11.07)
		500m	39.75	(28.51)	500m	39.10	(28.03)
		Name	Cat		PB	Time	Info
48	wt	11 <b>Colin Breed</b>	HB1		39.22	<b>39.07</b>	PB
	rd	49 <b>Niels van Reeuwijk</b>	HA1		39.21	<b>39.07</b>	PB
		<b>Colin Breed</b>		<b>Niels van Reeuwijk</b>			
		100m	10.82	(10.82)	100m	10.93	(10.93)
		500m	39.07	(28.25)	500m	39.07	(28.14)
		Name	Cat		PB	Time	Info
49	wt	120 <b>Jilles Tjoelker</b>	HA1		39.25	<b>39.80</b>	
	rd	4 <b>Sem Bodewes</b>	HA1		39.34	<b>39.97</b>	
		<b>Jilles Tjoelker</b>		<b>Sem Bodewes</b>			
		100m	11.01	(11.01)	100m	11.06	(11.06)
		500m	39.80	(28.79)	500m	39.97	(28.91)



# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat	PB	Time	Info
50	wt	76 <b>Jesper van Mieghem</b>	HA1	39.12		<b>DNF</b>
	rd	46 <b>Thijmen Paardekooper</b>	HA1	38.78		<b>39.18</b>
		<u>Jesper van Mieghem</u>		<u>Thijmen Paardekooper</u>		
		100m	10.67 (10.67)	100m	10.88 (10.88)	
				500m	39.18 (28.30)	
		Name	Cat	PB	Time	Info
51	wt	38 <b>Jasper Krommenhoek</b>	HA2	39.13		<b>38.79</b> PB
	rd	16 <b>Sijmen Egberts</b>	HA2	37.34		<b>38.38</b>
		<u>Jasper Krommenhoek</u>		<u>Sijmen Egberts</u>		
		100m	11.05 (11.05)	100m	10.80 (10.80)	
		500m	38.79 (27.74)	500m	38.38 (27.58)	
		Name	Cat	PB	Time	Info
52	wt	5 <b>Pelle Bolsius</b>	HB1	38.83		<b>38.90</b>
	rd	70 <b>Gijs Luijten</b>	HN1	38.82		<b>39.88</b>
		<u>Pelle Bolsius</u>		<u>Gijs Luijten</u>		
		100m	10.85 (10.85)	100m	10.96 (10.96)	
		500m	38.90 (28.05)	500m	39.88 (28.92)	
		Name	Cat	PB	Time	Info
53	wt	22 <b>Tijs van Gennip</b>	HB2	38.48		<b>38.76</b>
	rd	37 <b>Tygo Kompier</b>	HB2	38.29		<b>38.69</b>
		<u>Tijs van Gennip</u>		<u>Tygo Kompier</u>		
		100m	10.74 (10.74)	100m	10.82 (10.82)	
		500m	38.76 (28.02)	500m	38.69 (27.87)	
		Name	Cat	PB	Time	Info
54	wt	44 <b>Mathijs Molenaar</b>	HB2	38.75		<b>38.73</b> PB
	rd	34 <b>Björn Kitselaar</b>	HA1	38.45		<b>38.37</b> PB
		<u>Mathijs Molenaar</u>		<u>Björn Kitselaar</u>		
		100m	10.91 (10.91)	100m	10.51 (10.51)	
		500m	38.73 (27.82)	500m	38.37 (27.86)	

# International Thialf Race

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		Name		Cat		PB		Time	Info
55	wt	24	<b>Michiel de Groot</b>		HA1		38.49	<b>38.92</b>	
	rd	43	<b>Rick Meijer</b>		HN1		37.60	<b>38.21</b>	
		<b>Michiel de Groot</b>			<b>Rick Meijer</b>				
		100m	10.82	(10.82)	100m	10.73	(10.73)		
		500m	38.92	(28.10)	500m	38.21	(27.48)		

		Name		Cat		PB		Time	Info
56	wt	45	<b>Tom Nijdam</b>		HA2		38.18	<b>38.73</b>	
	rd	52	<b>Thom Rooijackers</b>		HA2		38.02	<b>38.05</b>	
		<b>Tom Nijdam</b>			<b>Thom Rooijackers</b>				
		100m	10.88	(10.88)	100m	10.59	(10.59)		
		500m	38.73	(27.85)	500m	38.05	(27.46)		

		Name		Cat		PB		Time	Info
57	wt	9	<b>Yoeri van Bostelen</b>		HA1		38.24	<b>37.90</b>	PB
	rd	42	<b>Nick Luijten</b>		HA2		38.04	<b>37.82</b>	PB
		<b>Yoeri van Bostelen</b>			<b>Nick Luijten</b>				
		100m	10.68	(10.68)	100m	10.61	(10.61)		
		500m	37.90	(27.22)	500m	37.82	(27.21)		

		Name		Cat		PB		Time	Info
58	wt	71	<b>Arjen Boersma</b>		HB1		38.15	<b>38.66</b>	
	rd	31	<b>Sille Hut</b>		HA1		38.13	<b>38.38</b>	
		<b>Arjen Boersma</b>			<b>Sille Hut</b>				
		100m	10.50	(10.50)	100m	10.76	(10.76)		
		500m	38.66	(28.16)	500m	38.38	(27.62)		

		Name		Cat		PB		Time	Info
59	wt	26	<b>Swen Halferkamps</b>		HA1		37.61	<b>37.48</b>	PB
	rd	2	<b>Mats Bendijk</b>		HB2		37.68	<b>37.68</b>	PB
		<b>Swen Halferkamps</b>			<b>Mats Bendijk</b>				
		100m	10.38	(10.38)	100m	10.55	(10.55)		
		500m	37.48	(27.10)	500m	37.68	(27.13)		

# International Thialf Race

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		Name	Cat	PB	Time	Info
60	wt	7 <b>Bryant Boogert</b>	HA1	37.92	<b>37.74</b>	PB
	rd	65 <b>Hidde Westra</b>	HA2	37.80	<b>37.53</b>	PB
		<b>Bryant Boogert</b>		<b>Hidde Westra</b>		
		100m 10.47 (10.47)		100m 10.71 (10.71)		
		500m 37.74 (27.27)		500m 37.53 (26.82)		

		Name	Cat	PB	Time	Info
61	wt	50 <b>Niklas Reinders</b>	HA1	37.96	<b>37.70</b>	PB
	rd	54 <b>Ties van Seumeren</b>	HA1	37.74	<b>37.66</b>	PB
		<b>Niklas Reinders</b>		<b>Ties van Seumeren</b>		
		100m 10.74 (10.74)		100m 10.60 (10.60)		
		500m 37.70 (26.96)		500m 37.66 (27.06)		

		Name	Cat	PB	Time	Info
62	wt	8 <b>Mats van den Bos</b>	HA1	37.58	<b>37.09</b>	PB
	rd	1 <b>Stijn Beekelaar</b>	HA2	37.33	<b>37.13</b>	PB
		<b>Mats van den Bos</b>		<b>Stijn Beekelaar</b>		
		100m 10.27 (10.27)		100m 10.35 (10.35)		
		500m 37.09 (26.82)		500m 37.13 (26.78)		

		Name	Cat	PB	Time	Info
63	wt	12 <b>Stijn van de Bunt</b>	HA2	37.65	<b>37.92</b>	
	rd	17 <b>Tom Egbertsen</b>	HA2	37.39	<b>36.97</b>	PB
		<b>Stijn van de Bunt</b>		<b>Tom Egbertsen</b>		
		100m 10.83 (10.83)		100m 10.32 (10.32)		
		500m 37.92 (27.09)		500m 36.97 (26.65)		

		Name	Cat	PB	Time	Info
64	wt	39 <b>Niels de Kruijk</b>	HB2	37.55	<b>38.00</b>	
	rd	33 <b>Gijs Kamp</b>	HA2	37.66	<b>37.29</b>	PB
		<b>Niels de Kruijk</b>		<b>Gijs Kamp</b>		
		100m 10.56 (10.56)		100m 10.22 (10.22)		
		500m 38.00 (27.44)		500m 37.29 (27.07)		

# International Thialf Race

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		Name	Cat	PB	Time	Info
65	wt	3 <b>Max Bergsma</b>	HA2	37.22	<b>36.97</b>	PB
	rd	62 <b>Loek van Vilsteren</b>	HA2	37.39	<b>37.57</b>	
		<b>Max Bergsma</b>		<b>Loek van Vilsteren</b>		
		100m	10.23 (10.23)	100m	10.46 (10.46)	
		500m	36.97 (26.74)	500m	37.57 (27.11)	

		Name	Cat	PB	Time	Info
66	wt	14 <b>Ward Dielissen</b>	HA1	37.13	<b>36.84</b>	PB
	rd	40 <b>Thomas de Lange</b>	HN1	37.10	<b>37.22</b>	
		<b>Ward Dielissen</b>		<b>Thomas de Lange</b>		
		100m	10.32 (10.32)	100m	10.63 (10.63)	
		500m	36.84 (26.52)	500m	37.22 (26.59)	

		Name	Cat	PB	Time	Info
67	wt	58 <b>Johan Talsma</b>	HA1	36.91	<b>1:12.58</b>	FL
	rd	13 <b>Ted Dalrymple</b>	HA2	37.31	<b>38.43</b>	
		<b>Johan Talsma</b>		<b>Ted Dalrymple</b>		
		100m	10.12 (10.12)	100m	10.94 (10.94)	
		500m	1:12.58 (62.46)	500m	38.43 (27.49)	

		Name	Cat	PB	Time	Info
68	wt	51 <b>Jelle Rieff</b>	HN1	36.67	<b>37.34</b>	
	rd	29 <b>Matthieu Hollaar</b>	HN1	36.75	<b>36.75</b>	PB
		<b>Jelle Rieff</b>		<b>Matthieu Hollaar</b>		
		100m	10.45 (10.45)	100m	10.45 (10.45)	
		500m	37.34 (26.89)	500m	36.75 (26.30)	

		Name	Cat	PB	Time	Info
69	wt	57 <b>Pim Stuij</b>	HN1	36.18	<b>36.46</b>	
	rd	114 <b>Elwin Jongman</b>	HN4	35.62	<b>36.48</b>	
		<b>Pim Stuij</b>		<b>Elwin Jongman</b>		
		100m	10.22 (10.22)	100m	10.17 (10.17)	
		500m	36.46 (26.24)	500m	36.48 (26.31)	

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat	PB	Time	Info
70	wt	23 <b>Rinze-Bart de Glee</b>	HA2	36.89	<b>36.80</b>	PB
	rd	115 <b>Thijs Govers</b>	HSA	35.43	<b>36.58</b>	
		<b>Rinze-Bart de Glee</b>		<b>Thijs Govers</b>		
		100m 10.29 (10.29)		100m 10.13 (10.13)		
		500m 36.80 (26.51)		500m 36.58 (26.45)		

		Name	Cat	PB	Time	Info
71	wt	6 <b>Jenning de Boo</b>	HA2	36.03	<b>36.44</b>	
	rd	113 <b>Jarle Gerrits</b>	HN2	36.10	<b>36.34</b>	
		<b>Jenning de Boo</b>		<b>Jarle Gerrits</b>		
		100m 10.46 (10.46)		100m 10.13 (10.13)		
		500m 36.44 (25.98)		500m 36.34 (26.21)		

		Name	Cat	PB	Time	Info
72	wt	25 <b>Rem de Hair</b>	HN3	35.72	<b>36.49</b>	
	rd	18 <b>Mika van Essen</b>	HN4	35.85	<b>36.26</b>	
		<b>Rem de Hair</b>		<b>Mika van Essen</b>		
		100m 9.99 (9.99)		100m 10.09 (10.09)		
		500m 36.49 (26.50)		500m 36.26 (26.17)		

		Name	Cat	PB	Time	Info
73	wt	66 <b>Stein de Wit</b>	HA2	36.28	<b>36.51</b>	
	rd	99 <b>Thomas Geerdinck</b>	HSA	35.03	<b>35.76</b>	
		<b>Stein de Wit</b>		<b>Thomas Geerdinck</b>		
		100m 10.28 (10.28)		100m 9.88 (9.88)		
		500m 36.51 (26.23)		500m 35.76 (25.88)		

# International Thialf Race

Thialf - Heerenveen  
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## 5. Result Women 1th 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	21 <b>Bente Kerkhoff</b>	DN2	75	I	<b>4:23.56</b>	
2	34 <b>Yael Prenger</b>	DN1	77	O	<b>4:29.06</b>	
3	84 <b>Elsemieke van Maaren</b>	DSA	76	I	<b>4:30.33</b>	
4	29 <b>Amber van der Meijden</b>	DB2	77	I	<b>4:31.86</b> PB	
5	57 <b>Kaat van Steekelenburg</b>	DA2	75	O	<b>4:33.99</b> PB	
6	33 <b>Tess Postma</b>	DA1	76	O	<b>4:41.66</b>	
7	51 <b>Britt Breider</b>	DB1	74	I	<b>4:47.84</b>	
8	60 <b>Isa van Wijhe</b>	DB2	74	O	<b>4:54.32</b>	

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 7:22:17 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
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## 5. Race Result Women 1th 3000 meter

		Name		Cat		PB		Time	Info
74	wt	51	<b>Britt Breider</b>		DB1	4:46.76		<b>4:47.84</b>	
	rd	60	<b>Isa van Wijhe</b>		DB2	4:50.44		<b>4:54.32</b>	
		<b>Britt Breider</b>				<b>Isa van Wijhe</b>			
		200m	21.77	(21.77)		200m	22.11	(22.11)	
		600m	56.70	(34.93)		600m	56.68	(34.57)	
		1000m	1:32.80	(36.10)		1000m	1:33.68	(37.00)	
		1400m	2:10.90	(38.10)		1400m	2:12.51	(38.83)	
		1800m	2:49.66	(38.76)		1800m	2:51.94	(39.43)	
		2200m	3:29.22	(39.56)		2200m	3:32.38	(40.44)	
		2600m	4:08.53	(39.31)		2600m	4:12.81	(40.43)	
		3000m	4:47.84	(39.31)		3000m	4:54.32	(41.51)	

		Name		Cat		PB		Time	Info
75	yw	21	<b>Bente Kerkhoff</b>		DN2	4:14.61		<b>4:23.56</b>	
	bl	57	<b>Kaat van Steekelenburg</b>		DA2	4:35.10		<b>4:33.99</b>	PB
		<b>Bente Kerkhoff</b>				<b>Kaat van Steekelenburg</b>			
		200m	20.99	(20.99)		200m	22.39	(22.39)	
		600m	54.11	(33.12)		600m	57.14	(34.75)	
		1000m	1:27.69	(33.58)		1000m	1:32.30	(35.16)	
		1400m	2:02.11	(34.42)		1400m	2:08.07	(35.77)	
		1800m	2:37.31	(35.20)		1800m	2:44.14	(36.07)	
		2200m	3:12.43	(35.12)		2200m	3:20.43	(36.29)	
		2600m	3:47.76	(35.33)		2600m	3:57.12	(36.69)	
		3000m	4:23.56	(35.80)		3000m	4:33.99	(36.87)	

# International Thialf Race

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		Name		Cat		PB	Time	Info
76	wt	84	<b>Elsemieke van Maaren</b>		DSA	4:27.39	<b>4:30.33</b>	
	rd	33	<b>Tess Postma</b>		DA1	4:37.67	<b>4:41.66</b>	
		<b>Elsemieke van Maaren</b>			<b>Tess Postma</b>			
		200m	21.27	(21.27)	200m	21.42	(21.42)	
		600m	54.63	(33.36)	600m	54.39	(32.97)	
		1000m	1:27.97	(33.34)	1000m	1:29.11	(34.72)	
		1400m	2:02.61	(34.64)	1400m	2:05.21	(36.10)	
		1800m	2:37.91	(35.30)	1800m	2:42.85	(37.64)	
		2200m	3:14.31	(36.40)	2200m	3:21.96	(39.11)	
		2600m	3:51.95	(37.64)	2600m	4:01.41	(39.45)	
		3000m	4:30.33	(38.38)	3000m	4:41.66	(40.25)	

		Name		Cat		PB	Time	Info
77	yw	29	<b>Amber van der Meijden</b>		DB2	4:38.00	<b>4:31.86</b>	PB
	bl	34	<b>Yael Prenger</b>		DN1	4:20.74	<b>4:29.06</b>	
		<b>Amber van der Meijden</b>			<b>Yael Prenger</b>			
		200m	20.72	(20.72)	200m	20.72	(20.72)	
		600m	53.89	(33.17)	600m	53.24	(32.52)	
		1000m	1:29.03	(35.14)	1000m	1:26.84	(33.60)	
		1400m	2:05.23	(36.20)	1400m	2:01.17	(34.33)	
		1800m	2:41.47	(36.24)	1800m	2:36.37	(35.20)	
		2200m	3:17.93	(36.46)	2200m	3:12.68	(36.31)	
		2600m	3:54.69	(36.76)	2600m	3:50.10	(37.42)	
		3000m	4:31.86	(37.17)	3000m	4:29.06	(38.96)	



# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 6. Result Men 1th 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	55 Remco Stam	HA2	81	O	3:57.16	PB	
2	35 Jelle Koeleman	HA2	82	O	3:58.47		
3	48 Matthé Pronk	HA2	83	I	3:59.04		
4	68 Joël Bom	HA1	81	I	4:01.90	PB	
5	27 Freek van der Ham	HA1	78	I	4:02.22	PB	
6	30 Yanick de Hoogd	HA1	79	O	4:08.81	PB	
7	56 Joep Stubbe	HA1	83	O	4:08.89		
8	41 Teun van der Linden	HA1	80	I	4:09.22	PB	
9	19 Rinse Franken	HB2	82	I	4:10.85		
10	20 Geert Frijters	HA2	79	I	4:15.81	PB	
11	53 Eise van Schijndel	HB2	80	O	4:17.47		
12	82 Rens Vergeer	HB2	78	O	4:19.97	PB	

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 7:37:53 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 6. Race Result Men 1th 3000 meter

	Name	Cat	PB	Time	Info
78	wt 27 <b>Freek van der Ham</b>	HA1	4:08.53	<b>4:02.22</b>	PB
	rd 82 <b>Rens Vergeer</b>	HB2	4:21.90	<b>4:19.97</b>	PB
	<b>Freek van der Ham</b>				
	200m	19.81 (19.81)		200m	20.97 (20.97)
	600m	50.01 (30.20)		600m	54.73 (33.76)
	1000m	1:21.06 (31.05)		1000m	1:29.01 (34.28)
	1400m	1:52.60 (31.54)		1400m	2:03.02 (34.01)
	1800m	2:24.85 (32.25)		1800m	2:36.59 (33.57)
	2200m	2:57.00 (32.15)		2200m	3:10.18 (33.59)
	2600m	3:29.36 (32.36)		2600m	3:44.31 (34.13)
	3000m	4:02.22 (32.86)		3000m	4:19.97 (35.66)

	Name	Cat	PB	Time	Info
79	yw 20 <b>Geert Frijters</b>	HA2	4:20.77	<b>4:15.81</b>	PB
	bl 30 <b>Yanick de Hoogd</b>	HA1	4:11.39	<b>4:08.81</b>	PB
	<b>Geert Frijters</b>				
	200m	20.57 (20.57)		200m	20.39 (20.39)
	600m	52.32 (31.75)		600m	51.55 (31.16)
	1000m	1:23.86 (31.54)		1000m	1:22.85 (31.30)
	1400m	1:55.97 (32.11)		1400m	1:54.49 (31.64)
	1800m	2:29.62 (33.65)		1800m	2:26.53 (32.04)
	2200m	3:04.05 (34.43)		2200m	2:59.56 (33.03)
	2600m	3:39.76 (35.71)		2600m	3:33.53 (33.97)
	3000m	4:15.81 (36.05)		3000m	4:08.81 (35.28)

# International Thialf Race

Thialf - Heerenveen  
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		Name			Cat			PB	Time	Info
80	wt	41	<b>Teun van der Linden</b>		HA1			4:09.46	<b>4:09.22</b>	PB
	rd	53	<b>Eise van Schijndel</b>		HB2			4:14.95	<b>4:17.47</b>	
		<b>Teun van der Linden</b>				<b>Eise van Schijndel</b>				
		200m	20.56	(20.56)	200m	20.46	(20.46)			
		600m	52.30	(31.74)	600m	51.91	(31.45)			
		1000m	1:24.41	(32.11)	1000m	1:24.50	(32.59)			
		1400m	1:57.18	(32.77)	1400m	1:57.69	(33.19)			
		1800m	2:29.94	(32.76)	1800m	2:31.76	(34.07)			
		2200m	3:02.94	(33.00)	2200m	3:06.56	(34.80)			
		2600m	3:36.05	(33.11)	2600m	3:41.78	(35.22)			
		3000m	4:09.22	(33.17)	3000m	4:17.47	(35.69)			

		Name			Cat			PB	Time	Info
81	yw	68	<b>Joël Bom</b>		HA1			4:04.46	<b>4:01.90</b>	PB
	bl	55	<b>Remco Stam</b>		HA2			3:59.64	<b>3:57.16</b>	PB
		<b>Joël Bom</b>				<b>Remco Stam</b>				
		200m	19.40	(19.40)	200m	19.44	(19.44)			
		600m	49.73	(30.33)	600m	49.26	(29.82)			
		1000m	1:20.69	(30.96)	1000m	1:19.33	(30.07)			
		1400m	1:52.02	(31.33)	1400m	1:49.81	(30.48)			
		1800m	2:23.48	(31.46)	1800m	2:20.70	(30.89)			
		2200m	2:55.70	(32.22)	2200m	2:52.34	(31.64)			
		2600m	3:28.50	(32.80)	2600m	3:24.42	(32.08)			
		3000m	4:01.90	(33.40)	3000m	3:57.16	(32.74)			

# International Thialf Race

Thialf - Heerenveen  
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		Name		Cat		PB	Time	Info
82	wt	19	<b>Rinse Franken</b>		HB2		4:08.12	<b>4:10.85</b>
	rd	35	<b>Jelle Koeleman</b>		HA2		3:57.45	<b>3:58.47</b>
		<b>Rinse Franken</b>			<b>Jelle Koeleman</b>			
		200m	19.77	(19.77)	200m	19.38	(19.38)	
		600m	51.96	(32.19)	600m	49.73	(30.35)	
		1000m	1:24.28	(32.32)	1000m	1:19.84	(30.11)	
		1400m	1:56.64	(32.36)	1400m	1:50.33	(30.49)	
		1800m	2:28.73	(32.09)	1800m	2:20.93	(30.60)	
		2200m	3:01.63	(32.90)	2200m	2:52.42	(31.49)	
		2600m	3:35.60	(33.97)	2600m	3:24.98	(32.56)	
		3000m	4:10.85	(35.25)	3000m	3:58.47	(33.49)	

		Name		Cat		PB	Time	Info
83	yw	48	<b>Matthé Pronk</b>		HA2		3:58.96	<b>3:59.04</b>
	bl	56	<b>Joep Stubbe</b>		HA1		4:00.38	<b>4:08.89</b>
		<b>Matthé Pronk</b>			<b>Joep Stubbe</b>			
		200m	19.22	(19.22)	200m	19.39	(19.39)	
		600m	49.10	(29.88)	600m	49.44	(30.05)	
		1000m	1:19.32	(30.22)	1000m	1:20.30	(30.86)	
		1400m	1:50.49	(31.17)	1400m	1:52.06	(31.76)	
		1800m	2:22.25	(31.76)	1800m	2:24.55	(32.49)	
		2200m	2:54.30	(32.05)	2200m	2:58.25	(33.70)	
		2600m	3:26.55	(32.25)	2600m	3:33.07	(34.82)	
		3000m	3:59.04	(32.49)	3000m	4:08.89	(35.82)	

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 7. Result Women 1th 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	4 Angel Daleman	DB1	98	I	1:58.76 PB TRC	
2	18 Chloé Hoogendoorn	DA2	100	O	1:59.75	
3	12 Isabel Grevelt	DN2	100	I	2:01.25	
4	42 Meike Veen	DA1	99	I	2:03.25	
5	48 Sanne Westra	DN1	99	O	2:03.49	
6	26 Sophie Kraaijeveld	DA2	95	I	2:04.12	
7	14 Jade Groenewoud	DA2	98	O	2:04.46	
8	24 Patricia Koot	DA1	95	O	2:05.54 PB	
9	25 Veerle van Koppen	DA2	96	O	2:05.87 PB	
10	43 Rosalie van Vliet	DB2	97	O	2:06.05	
11	16 Silke Hijma	DA2	93	O	2:08.55 PB	
12	31 Emma Noz	DA1	89	O	2:09.47	
13	11 Marika de Glee	DB1	93	I	2:11.14	
14	19 Lieke Hoogendoorn	DB2	97	I	2:12.14	
15	6 Lotte Donderwinkel	DB2	87	O	2:12.33 PB	
16	27 Paula Kuipers	DB2	91	O	2:13.15	
17	56 Tosca Mulder	DA2	96	I	2:13.92	
18	32 Luna van Polen	DB2	94	O	2:14.18	
19	23 Emma Kole	DA2	90	O	2:14.77	
20	61 Janne Kraamer	DA2	94	I	2:14.79	
21	58 Jasmijn Veenhuis	DB1	91	I	2:14.87	
22	35 Evi de Ruijter	DB1	92	I	2:15.81	
23	49 Tijn Borst	DB2	87	I	2:16.03	
24	44 Elanne de Vries	DB2	92	O	2:16.48	
25	46 Mayke Vriesinga	DB2	89	I	2:17.29	
26	8 Lianne van Gammeren	DB2	88	O	2:17.91	
27	53 Emma Koster	DA2	90	I	2:22.31	
28	52 Lieke Hijlkema	DB1	85	I	2:24.32	
29	55 Zhara Möllers	DB1	88	I	2:25.87	

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 7. Race Result Women 1th 1500 meter

	Name	Cat	PB	Time Info
85	wt rd	52 <b>Lieke Hijlkema</b>	DB1	2:23.15 <b>2:24.32</b>

### Lieke Hijlkema

300m	30.20	(30.20)	m
700m	1:05.16	(34.96)	
1100m	1:43.91	(38.75)	
1500m	2:24.32	(40.41)	

	Name	Cat	PB	Time Info
86	yw bl			

m

m

	Name	Cat	PB	Time Info
87	wt rd	49 <b>Tijn Borst</b>	DB2	2:14.54 <b>2:16.03</b>
		6 <b>Lotte Donderwinkel</b>	DB2	2:14.44 <b>2:12.33</b> PB

### Tijn Borst

300m	28.30	(28.30)
700m	1:01.49	(33.19)
1100m	1:37.74	(36.25)
1500m	2:16.03	(38.29)

### Lotte Donderwinkel

300m	27.74	(27.74)
700m	1:00.13	(32.39)
1100m	1:35.81	(35.68)
1500m	2:12.33	(36.52)

	Name	Cat	PB	Time Info
88	yw bl	55 <b>Zhara Möllers</b>	DB1	2:20.13 <b>2:25.87</b>
		8 <b>Lianne van Gammeren</b>	DB2	2:13.73 <b>2:17.91</b>

### Zhara Möllers

300m	30.34	(30.34)
700m	1:06.14	(35.80)
1100m	1:45.57	(39.43)
1500m	2:25.87	(40.30)

### Lianne van Gammeren

300m	28.49	(28.49)
700m	1:02.70	(34.21)
1100m	1:39.52	(36.82)
1500m	2:17.91	(38.39)

# International Thialf Race

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		Name	Cat	PB	Time	Info
89	wt	46 <b>Mayke Vriesinga</b>	DB2	2:12.68	<b>2:17.29</b>	
	rd	31 <b>Emma Noz</b>	DA1	2:06.88	<b>2:09.47</b>	
		<b>Mayke Vriesinga</b>		<b>Emma Noz</b>		
		300m 29.00 (29.00)		300m 28.23 (28.23)		
		700m 1:02.97 (33.97)		700m 59.88 (31.65)		
		1100m 1:39.64 (36.67)		1100m 1:33.80 (33.92)		
		1500m 2:17.29 (37.65)		1500m 2:09.47 (35.67)		
		Name	Cat	PB	Time	Info
90	yw	53 <b>Emma Koster</b>	DA2	2:11.55	<b>2:22.31</b>	
	bl	23 <b>Emma Kole</b>	DA2	2:05.81	<b>2:14.77</b>	
		<b>Emma Koster</b>		<b>Emma Kole</b>		
		300m 29.36 (29.36)		300m 29.35 (29.35)		
		700m 1:03.62 (34.26)		700m 1:02.63 (33.28)		
		1100m 1:41.40 (37.78)		1100m 1:37.90 (35.27)		
		1500m 2:22.31 (40.91)		1500m 2:14.77 (36.87)		
		Name	Cat	PB	Time	Info
91	wt	58 <b>Jasmijn Veenhuis</b>	DB1	2:13.64	<b>2:14.87</b>	
	rd	27 <b>Paula Kuipers</b>	DB2	2:11.37	<b>2:13.15</b>	
		<b>Jasmijn Veenhuis</b>		<b>Paula Kuipers</b>		
		300m 28.54 (28.54)		300m 28.72 (28.72)		
		700m 1:01.84 (33.30)		700m 1:01.56 (32.84)		
		1100m 1:37.81 (35.97)		1100m 1:36.69 (35.13)		
		1500m 2:14.87 (37.06)		1500m 2:13.15 (36.46)		
		Name	Cat	PB	Time	Info
92	yw	35 <b>Evi de Ruijter</b>	DB1	2:11.02	<b>2:15.81</b>	
	bl	44 <b>Elanne de Vries</b>	DB2	2:10.41	<b>2:16.48</b>	
		<b>Evi de Ruijter</b>		<b>Elanne de Vries</b>		
		300m 29.60 (29.60)		300m 28.65 (28.65)		
		700m 1:03.52 (33.92)		700m 1:02.59 (33.94)		
		1100m 1:39.42 (35.90)		1100m 1:39.64 (37.05)		
		1500m 2:15.81 (36.39)		1500m 2:16.48 (36.84)		

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat	PB	Time	Info
93	wt	11 <b>Marika de Glee</b>	DB1	2:10.12	<b>2:11.14</b>	
	rd	16 <b>Silke Hijma</b>	DA2	2:08.70	<b>2:08.55</b>	PB
		<b>Marika de Glee</b>		<b>Silke Hijma</b>		
		300m 27.58 (27.58)		300m 27.84 (27.84)		
		700m 1:00.26 (32.68)		700m 58.83 (30.99)		
		1100m 1:35.27 (35.01)		1100m 1:32.39 (33.56)		
		1500m 2:11.14 (35.87)		1500m 2:08.55 (36.16)		
		Name	Cat	PB	Time	Info
94	yw	61 <b>Janne Kraamer</b>	DA2	2:10.99	<b>2:14.79</b>	
	bl	32 <b>Luna van Polen</b>	DB2	2:10.09	<b>2:14.18</b>	
		<b>Janne Kraamer</b>		<b>Luna van Polen</b>		
		300m 29.29 (29.29)		300m 29.72 (29.72)		
		700m 1:02.97 (33.68)		700m 1:03.36 (33.64)		
		1100m 1:38.20 (35.23)		1100m 1:38.39 (35.03)		
		1500m 2:14.79 (36.59)		1500m 2:14.18 (35.79)		
		Name	Cat	PB	Time	Info
95	wt	26 <b>Sophie Kraaijeveld</b>	DA2	2:03.46	<b>2:04.12</b>	
	rd	24 <b>Patricia Koot</b>	DA1	2:06.90	<b>2:05.54</b>	PB
		<b>Sophie Kraaijeveld</b>		<b>Patricia Koot</b>		
		300m 27.90 (27.90)		300m 27.58 (27.58)		
		700m 58.66 (30.76)		700m 57.98 (30.40)		
		1100m 1:30.69 (32.03)		1100m 1:30.67 (32.69)		
		1500m 2:04.12 (33.43)		1500m 2:05.54 (34.87)		
		Name	Cat	PB	Time	Info
96	yw	56 <b>Tosca Mulder</b>	DA2	2:09.68	<b>2:13.92</b>	
	bl	25 <b>Veerle van Koppen</b>	DA2	2:06.17	<b>2:05.87</b>	PB
		<b>Tosca Mulder</b>		<b>Veerle van Koppen</b>		
		300m 28.13 (28.13)		300m 28.07 (28.07)		
		700m 1:00.47 (32.34)		700m 59.06 (30.99)		
		1100m 1:35.68 (35.21)		1100m 1:31.86 (32.80)		
		1500m 2:13.92 (38.24)		1500m 2:05.87 (34.01)		



# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat	PB	Time	Info
97	wt	19 <b>Lieke Hoogendoorn</b>	DB2	2:07.00	<b>2:12.14</b>	
	rd	43 <b>Rosalie van Vliet</b>	DB2	2:05.19	<b>2:06.05</b>	
		<b>Lieke Hoogendoorn</b>		<b>Rosalie van Vliet</b>		
		300m 28.15 (28.15)		300m 27.34 (27.34)		
		700m 1:00.58 (32.43)		700m 58.73 (31.39)		
		1100m 1:35.61 (35.03)		1100m 1:31.80 (33.07)		
		1500m 2:12.14 (36.53)		1500m 2:06.05 (34.25)		
		Name	Cat	PB	Time	Info
98	yw	4 <b>Angel Daleman</b>	DB1	2:00.57	<b>1:58.76</b>	PB TRC
	bl	14 <b>Jade Groenewoud</b>	DA2	1:58.16	<b>2:04.46</b>	
		<b>Angel Daleman</b>		<b>Jade Groenewoud</b>		
		300m 26.43 (26.43)		300m 27.73 (27.73)		
		700m 55.53 (29.10)		700m 58.17 (30.44)		
		1100m 1:26.17 (30.64)		1100m 1:30.33 (32.16)		
		1500m 1:58.76 (32.59)		1500m 2:04.46 (34.13)		
		Name	Cat	PB	Time	Info
99	wt	42 <b>Meike Veen</b>	DA1	2:01.66	<b>2:03.25</b>	
	rd	48 <b>Sanne Westra</b>	DN1	2:02.61	<b>2:03.49</b>	
		<b>Meike Veen</b>		<b>Sanne Westra</b>		
		300m 27.11 (27.11)		300m 27.59 (27.59)		
		700m 57.25 (30.14)		700m 57.74 (30.15)		
		1100m 1:29.79 (32.54)		1100m 1:29.57 (31.83)		
		1500m 2:03.25 (33.46)		1500m 2:03.49 (33.92)		
		Name	Cat	PB	Time	Info
100	yw	12 <b>Isabel Grevelt</b>	DN2	1:59.59	<b>2:01.25</b>	
	bl	18 <b>Chloé Hoogendoorn</b>	DA2	1:59.28	<b>1:59.75</b>	
		<b>Isabel Grevelt</b>		<b>Chloé Hoogendoorn</b>		
		300m 25.51 (25.51)		300m 25.72 (25.72)		
		700m 54.04 (28.53)		700m 54.46 (28.74)		
		1100m 1:25.69 (31.65)		1100m 1:25.80 (31.34)		
		1500m 2:01.25 (35.56)		1500m 1:59.75 (33.95)		

# International Thialf Race

Thialf - Heerenveen  
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## 8. Result Men 1th 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	12 Stijn van de Bunt	HA2	120	I	1:50.01	PB	
2	16 Sijmen Egberts	HA2	122	I	1:51.24		
3	38 Jasper Krommenhoek	HA2	122	O	1:51.46	PB	
4	29 Matthieu Hollaar	HN1	121	I	1:51.47		
5	65 Hidde Westra	HA2	121	O	1:52.27	PB	
6	114 Elwin Jongman	HN4	119	O	1:52.68		
7	3 Max Bergsma	HA2	118	I	1:53.65	PB	
8	62 Loek van Vilsteren	HA2	120	O	1:53.67		
9	59 Jasper Tinga	HA2	118	O	1:54.15		
10	43 Rick Meijer	HN1	117	I	1:54.23		
11	31 Sille Hut	HA1	116	I	1:54.26	PB	
12	5 Pelle Bolsius	HB1	116	O	1:54.41	PB	
13	36 Mika Kolder	HB2	114	O	1:54.70	PB	
14	9 Yoeri van Bostelen	HA1	112	I	1:55.57	PB	
15	14 Ward Dielissen	HA1	115	I	1:55.92	PB	
16	49 Niels van Reeuwijk	HA1	112	O	1:56.25	PB	
17	46 Thijmen Paardekooper	HA1	108	O	1:56.40		
18	45 Tom Nijdam	HA2	114	I	1:56.73		
19	66 Stein de Wit	HA2	117	O	1:56.93		
20	24 Michiel de Groot	HA1	119	I	1:57.42		
21	50 Niklas Reinders	HA1	111	I	1:57.65	PB	
22	44 Mathijs Molenaar	HB2	106	O	1:57.79	PB	
23	1 Stijn Beekelaar	HA2	113	O	1:57.87		
24	11 Colin Breed	HB1	101	I	1:57.96	PB	
25	77 Jelle Plug	HA1	113	I	1:58.78	PB	
26	33 Gijs Kamp	HA2	111	O	1:59.30		
27	75 Jurjen Hiemstra	HA1	110	I	1:59.40		
28	34 Björn Kitselaar	HA1	107	O	2:00.86		
29	63 Sietse de Vries	HB2	109	O	2:00.92		
30	81 Floris van van Velsen	HB2	105	O	2:01.08	PB	
31	4 Sem Bodewes	HA1	110	O	2:01.24		
32	37 Tygo Kompier	HB2	115	O	2:01.32		
33	78 Milan Rietveld	HB1	108	I	2:01.60		
34	72 Nick Bontrop	HB1	105	I	2:01.93		
35	10 Johan Bouwhuis	HB2	107	I	2:02.07		
36	64 Olaf Vunderink	HB2	106	I	2:02.12		
37	67 Daan van Zwienen	HB1	104	O	2:03.96	PB	
38	79 Matteo van Schajik	HB2	104	I	2:04.00	PB	

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 9:11:22 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	83 Mats Westra	HB1	103	I	2:05.24		
40	73 Jesse van Buren	HB1	103	O	2:08.40		
	76 Jesper van Mieghem	HA1	109	I	DNF		

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 9:11:22 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 8. Race Result Men 1th 1500 meter

	Name	Cat	PB	Time	Info
101	wt rd	11 <b>Colin Breed</b>	HB1	2:03.08	<b>1:57.96</b> PB
	<b>Colin Breed</b>				
	300m	26.13 (26.13)		m	
	700m	56.12 (29.99)			
	1100m	1:26.86 (30.74)			
	1500m	1:57.96 (31.10)			

	Name	Cat	PB	Time	Info
102	yw bl				
	m			m	

	Name	Cat	PB	Time	Info
103	wt rd	83 <b>Mats Westra</b>	HB1	2:04.54	<b>2:05.24</b>
		73 <b>Jesse van Buren</b>	HB1	2:07.03	<b>2:08.40</b>
	<b>Mats Westra</b>				
	300m	26.83 (26.83)			
	700m	58.07 (31.24)			
	1100m	1:30.96 (32.89)			
	1500m	2:05.24 (34.28)			
	<b>Jesse van Buren</b>				
	300m	28.22 (28.22)			
	700m	1:00.95 (32.73)			
	1100m	1:34.65 (33.70)			
	1500m	2:08.40 (33.75)			

	Name	Cat	PB	Time	Info
104	yw bl	79 <b>Matteo van Schajik</b>	HB2	2:04.85	<b>2:04.00</b> PB
		67 <b>Daan van Zwienen</b>	HB1	2:05.40	<b>2:03.96</b> PB
	<b>Matteo van Schajik</b>				
	300m	26.83 (26.83)			
	700m	57.48 (30.65)			
	1100m	1:30.33 (32.85)			
	1500m	2:04.00 (33.67)			
	<b>Daan van Zwienen</b>				
	300m	25.96 (25.96)			
	700m	56.89 (30.93)			
	1100m	1:30.28 (33.39)			
	1500m	2:03.96 (33.68)			

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat	PB	Time	Info
105	wt	72 <b>Nick Bontrop</b>	HB1	2:00.83	<b>2:01.93</b>	
	rd	81 <b>Floris van van Velsen</b>	HB2	2:02.73	<b>2:01.08</b>	PB
		<b>Nick Bontrop</b>		<b>Floris van van Velsen</b>		
		300m 26.34 (26.34)		300m 26.19 (26.19)		
		700m 55.87 (29.53)		700m 55.90 (29.71)		
		1100m 1:27.49 (31.62)		1100m 1:27.61 (31.71)		
		1500m 2:01.93 (34.44)		1500m 2:01.08 (33.47)		
		Name	Cat	PB	Time	Info
106	yw	64 <b>Olaf Vunderink</b>	HB2	1:59.18	<b>2:02.12</b>	
	bl	44 <b>Mathijs Molenaar</b>	HB2	2:00.90	<b>1:57.79</b>	PB
		<b>Olaf Vunderink</b>		<b>Mathijs Molenaar</b>		
		300m 26.70 (26.70)		300m 25.06 (25.06)		
		700m 57.06 (30.36)		700m 53.60 (28.54)		
		1100m 1:28.93 (31.87)		1100m 1:24.84 (31.24)		
		1500m 2:02.12 (33.19)		1500m 1:57.79 (32.95)		
		Name	Cat	PB	Time	Info
107	wt	10 <b>Johan Bouwhuis</b>	HB2	2:01.60	<b>2:02.07</b>	
	rd	34 <b>Björn Kitselaar</b>	HA1	2:00.52	<b>2:00.86</b>	
		<b>Johan Bouwhuis</b>		<b>Björn Kitselaar</b>		
		300m 26.37 (26.37)		300m 25.57 (25.57)		
		700m 56.86 (30.49)		700m 55.45 (29.88)		
		1100m 1:28.84 (31.98)		1100m 1:27.41 (31.96)		
		1500m 2:02.07 (33.23)		1500m 2:00.86 (33.45)		
		Name	Cat	PB	Time	Info
108	yw	78 <b>Milan Rietveld</b>	HB1	2:00.27	<b>2:01.60</b>	
	bl	46 <b>Thijmen Paardekooper</b>	HA1	1:56.36	<b>1:56.40</b>	
		<b>Milan Rietveld</b>		<b>Thijmen Paardekooper</b>		
		300m 26.50 (26.50)		300m 25.79 (25.79)		
		700m 56.30 (29.80)		700m 54.55 (28.76)		
		1100m 1:28.49 (32.19)		1100m 1:24.80 (30.25)		
		1500m 2:01.60 (33.11)		1500m 1:56.40 (31.60)		

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat		PB	Time	Info
109	wt	76 <b>Jesper van Mieghem</b>	HA1		2:00.16		<b>DNF</b>
	rd	63 <b>Sietse de Vries</b>	HB2		2:00.06		<b>2:00.92</b>
		<b>Jesper van Mieghem</b>			<b>Sietse de Vries</b>		
		300m	25.87	(25.87)	300m	26.05	(26.05)
					700m	56.17	(30.12)
					1100m	1:27.91	(31.74)
					1500m	2:00.92	(33.01)
		Name	Cat		PB	Time	Info
110	yw	75 <b>Jurjen Hiemstra</b>	HA1		1:59.18		<b>1:59.40</b>
	bl	4 <b>Sem Bodewes</b>	HA1		2:00.42		<b>2:01.24</b>
		<b>Jurjen Hiemstra</b>			<b>Sem Bodewes</b>		
		300m	25.79	(25.79)	300m	26.13	(26.13)
		700m	54.91	(29.12)	700m	55.36	(29.23)
		1100m	1:25.69	(30.78)	1100m	1:27.09	(31.73)
		1500m	1:59.40	(33.71)	1500m	2:01.24	(34.15)
		Name	Cat		PB	Time	Info
111	wt	50 <b>Niklas Reinders</b>	HA1		1:58.87		<b>1:57.65</b> PB
	rd	33 <b>Gijs Kamp</b>	HA2		1:59.15		<b>1:59.30</b>
		<b>Niklas Reinders</b>			<b>Gijs Kamp</b>		
		300m	26.00	(26.00)	300m	24.48	(24.48)
		700m	54.89	(28.89)	700m	53.24	(28.76)
		1100m	1:26.01	(31.12)	1100m	1:25.12	(31.88)
		1500m	1:57.65	(31.64)	1500m	1:59.30	(34.18)
		Name	Cat		PB	Time	Info
112	yw	9 <b>Yoeri van Bostelen</b>	HA1		1:58.30		<b>1:55.57</b> PB
	bl	49 <b>Niels van Reeuwijk</b>	HA1		1:57.08		<b>1:56.25</b> PB
		<b>Yoeri van Bostelen</b>			<b>Niels van Reeuwijk</b>		
		300m	25.06	(25.06)	300m	25.53	(25.53)
		700m	53.40	(28.34)	700m	53.88	(28.35)
		1100m	1:23.43	(30.03)	1100m	1:24.24	(30.36)
		1500m	1:55.57	(32.14)	1500m	1:56.25	(32.01)

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat		PB	Time	Info
113	wt	77 <b>Jelle Plug</b>	HA1		1:58.87	<b>1:58.78</b>	PB
	rd	1 <b>Stijn Beekelaar</b>	HA2		1:56.04	<b>1:57.87</b>	
		<b>Jelle Plug</b>		<b>Stijn Beekelaar</b>			
		300m	25.54	(25.54)	300m	25.19	(25.19)
		700m	54.83	(29.29)	700m	54.86	(29.67)
		1100m	1:25.94	(31.11)	1100m	1:26.17	(31.31)
		1500m	1:58.78	(32.84)	1500m	1:57.87	(31.70)
		Name	Cat		PB	Time	Info
114	yw	45 <b>Tom Nijdam</b>	HA2		1:56.13	<b>1:56.73</b>	
	bl	36 <b>Mika Kolder</b>	HB2		1:55.92	<b>1:54.70</b>	PB
		<b>Tom Nijdam</b>		<b>Mika Kolder</b>			
		300m	25.25	(25.25)	300m	25.44	(25.44)
		700m	53.64	(28.39)	700m	53.56	(28.12)
		1100m	1:24.03	(30.39)	1100m	1:23.18	(29.62)
		1500m	1:56.73	(32.70)	1500m	1:54.70	(31.52)
		Name	Cat		PB	Time	Info
115	wt	14 <b>Ward Dielissen</b>	HA1		1:56.30	<b>1:55.92</b>	PB
	rd	37 <b>Tygo Kompier</b>	HB2		1:55.26	<b>2:01.32</b>	
		<b>Ward Dielissen</b>		<b>Tygo Kompier</b>			
		300m	24.57	(24.57)	300m	25.94	(25.94)
		700m	52.15	(27.58)	700m	56.05	(30.11)
		1100m	1:22.12	(29.97)	1100m	1:28.36	(32.31)
		1500m	1:55.92	(33.80)	1500m	2:01.32	(32.96)
		Name	Cat		PB	Time	Info
116	yw	31 <b>Sille Hut</b>	HA1		1:54.82	<b>1:54.26</b>	PB
	bl	5 <b>Pelle Bolsius</b>	HB1		1:54.99	<b>1:54.41</b>	PB
		<b>Sille Hut</b>		<b>Pelle Bolsius</b>			
		300m	25.20	(25.20)	300m	25.59	(25.59)
		700m	53.62	(28.42)	700m	53.62	(28.03)
		1100m	1:22.92	(29.30)	1100m	1:23.12	(29.50)
		1500m	1:54.26	(31.34)	1500m	1:54.41	(31.29)

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 9:11:22 PM

Print: 1/15/2025 9:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
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		Name	Cat		PB	Time	Info
117	wt	43 <b>Rick Meijer</b>	HN1		1:52.90	<b>1:54.23</b>	
	rd	66 <b>Stein de Wit</b>	HA2		1:54.37	<b>1:56.93</b>	
		<b>Rick Meijer</b>			<b>Stein de Wit</b>		
		300m	25.32	(25.32)	300m	24.49	(24.49)
		700m	53.64	(28.32)	700m	52.33	(27.84)
		1100m	1:23.04	(29.40)	1100m	1:22.80	(30.47)
		1500m	1:54.23	(31.19)	1500m	1:56.93	(34.13)
		Name	Cat		PB	Time	Info
118	yw	3 <b>Max Bergsma</b>	HA2		1:53.80	<b>1:53.65</b>	PB
	bl	59 <b>Jasper Tinga</b>	HA2		1:53.99	<b>1:54.15</b>	
		<b>Max Bergsma</b>			<b>Jasper Tinga</b>		
		300m	24.96	(24.96)	300m	26.22	(26.22)
		700m	53.13	(28.17)	700m	54.26	(28.04)
		1100m	1:22.92	(29.79)	1100m	1:23.48	(29.22)
		1500m	1:53.65	(30.73)	1500m	1:54.15	(30.67)
		Name	Cat		PB	Time	Info
119	wt	24 <b>Michiel de Groot</b>	HA1		1:54.64	<b>1:57.42</b>	
	rd	114 <b>Elwin Jongman</b>	HN4		1:51.46	<b>1:52.68</b>	
		<b>Michiel de Groot</b>			<b>Elwin Jongman</b>		
		300m	25.61	(25.61)	300m	24.06	(24.06)
		700m	54.42	(28.81)	700m	50.85	(26.79)
		1100m	1:25.05	(30.63)	1100m	1:20.20	(29.35)
		1500m	1:57.42	(32.37)	1500m	1:52.68	(32.48)
		Name	Cat		PB	Time	Info
120	yw	12 <b>Stijn van de Bunt</b>	HA2		1:51.25	<b>1:50.01</b>	PB
	bl	62 <b>Loek van Vilsteren</b>	HA2		1:51.56	<b>1:53.67</b>	
		<b>Stijn van de Bunt</b>			<b>Loek van Vilsteren</b>		
		300m	24.90	(24.90)	300m	24.76	(24.76)
		700m	51.77	(26.87)	700m	52.45	(27.69)
		1100m	1:20.09	(28.32)	1100m	1:22.31	(29.86)
		1500m	1:50.01	(29.92)	1500m	1:53.67	(31.36)



# International Thialf Race

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		Name			Cat			PB	Time	Info
121	wt	29	<b>Matthieu Hollaar</b>		HN1			1:51.38	<b>1:51.47</b>	
	rd	65	<b>Hidde Westra</b>		HA2			1:52.72	<b>1:52.27</b>	PB
		<b>Matthieu Hollaar</b>			<b>Hidde Westra</b>					
		300m	24.37	(24.37)	300m	24.73	(24.73)			
		700m	51.12	(26.75)	700m	52.23	(27.50)			
		1100m	1:19.78	(28.66)	1100m	1:21.44	(29.21)			
		1500m	1:51.47	(31.69)	1500m	1:52.27	(30.83)			

		Name			Cat			PB	Time	Info
122	yw	16	<b>Sijmen Egberts</b>		HA2			1:48.29	<b>1:51.24</b>	
	bl	38	<b>Jasper Krommenhoek</b>		HA2			1:52.57	<b>1:51.46</b>	PB
		<b>Sijmen Egberts</b>			<b>Jasper Krommenhoek</b>					
		300m	25.28	(25.28)	300m	25.44	(25.44)			
		700m	52.60	(27.32)	700m	52.77	(27.33)			
		1100m	1:21.02	(28.42)	1100m	1:21.48	(28.71)			
		1500m	1:51.24	(30.22)	1500m	1:51.46	(29.98)			

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 9. Result Women 1th 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	80 Naomi Verkerk	DN4	128	I	<b>1:18.03</b>	
2	47 Ramona Westerhuis	DN1	130	I	<b>1:19.09</b> PB	
3	1 Marit van Beijnum	DN3	129	O	<b>1:19.12</b>	
4	7 Helga Drost	DSA	128	O	<b>1:19.13</b>	
5	15 Pien Hersman	DA2	126	O	<b>1:19.88</b> PB	
6	20 Sylke Kas	DN2	129	I	<b>1:20.06</b>	
7	17 Jildou Hoekstra	DA2	130	O	<b>1:20.25</b>	
8	13 Lotte Groenen	DA1	125	I	<b>1:21.00</b> PB	
9	2 Janna Bolsius	DA1	127	O	<b>1:22.70</b>	
10	22 Jillian Knook	DA1	126	I	<b>1:22.94</b>	
11	50 Sofie Bouw	DA1	124	I	<b>1:25.23</b>	
12	37 Sterre van Schaik	DA1	123	I	<b>1:26.31</b>	
13	3 Yasmine Bouaziz	DA2	125	O	<b>1:26.75</b>	
	54 Sietske van der Meer	DA2			WDR	
	36 Jildou Schaaf	DA2			WDR	

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 9:38:33 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 9. Race Result Women 1th 1000 meter

		Name	Cat	PB	Time	Info
123	wt rd	37	<b>Sterre van Schaik</b>	DA1	1:23.52	<b>1:26.31</b>
		Sterre van Schaik				
		200m	19.92	(19.92)		m
		600m	51.89	(31.97)		
		1000m	1:26.31	(34.42)		
<hr/>						
		Name	Cat	PB	Time	Info
124	yw bl	50	<b>Sofie Bouw</b>	DA1	1:23.93	<b>1:25.23</b>
		54	<b>Sietske van der Meer</b>	DA2	1:24.26	<b>WDR</b>
		Sofie Bouw				
		200m	19.94	(19.94)		
		600m	51.59	(31.65)		
		1000m	1:25.23	(33.64)		
<hr/>						
		Name	Cat	PB	Time	Info
125	wt rd	13	<b>Lotte Groenen</b>	DA1	1:23.18	<b>1:21.00</b> PB
		3	<b>Yasmine Bouaziz</b>	DA2	1:20.93	<b>1:26.75</b>
		Lotte Groenen				
		200m	19.07	(19.07)		
		600m	48.66	(29.59)		
		1000m	1:21.00	(32.34)		
<hr/>						
<hr/>						
		Name	Cat	PB	Time	Info
126	yw bl	22	<b>Jillian Knook</b>	DA1	1:22.73	<b>1:22.94</b>
		15	<b>Pien Hersman</b>	DA2	1:20.44	<b>1:19.88</b> PB
		Jillian Knook				
		200m	19.38	(19.38)		
		600m	49.73	(30.35)		
		1000m	1:22.94	(33.21)		
<hr/>						
<hr/>						
		Name	Cat	PB	Time	Info
126	yw bl	22	<b>Jillian Knook</b>	DA1	1:22.73	<b>1:22.94</b>
		15	<b>Pien Hersman</b>	DA2	1:20.44	<b>1:19.88</b> PB
		Pien Hersman				
		200m	18.64	(18.64)		
		600m	47.66	(29.02)		
		1000m	1:19.88	(32.22)		

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

		Name	Cat	PB	Time Info
127	wt	36 <b>Jildou Schaaf</b>	DA2	1:21.05	<b>WDR</b>
	rd	2 <b>Janna Bolsius</b>	DA1	1:22.65	<b>1:22.70</b>
		<u>Jildou Schaaf</u>		<u>Janna Bolsius</u>	
		200m		20.22 (20.22)	
		600m		50.85 (30.63)	
		1000m		1:22.70 (31.85)	

		Name	Cat	PB	Time Info
128	yw	80 <b>Naomi Verkerk</b>	DN4	1:16.40	<b>1:18.03</b>
	bl	7 <b>Helga Drost</b>	DSA	1:15.36	<b>1:19.13</b>
		<u>Naomi Verkerk</u>		<u>Helga Drost</u>	
		200m		18.77 (18.77)	200m 18.61 (18.61)
		600m		47.39 (28.62)	600m 47.38 (28.77)
		1000m		1:18.03 (30.64)	1000m 1:19.13 (31.75)

		Name	Cat	PB	Time Info
129	wt	20 <b>Sylke Kas</b>	DN2	1:18.82	<b>1:20.06</b>
	rd	1 <b>Marit van Beijnum</b>	DN3	1:18.04	<b>1:19.12</b>
		<u>Sylke Kas</u>		<u>Marit van Beijnum</u>	
		200m		19.06 (19.06)	200m 18.40 (18.40)
		600m		48.09 (29.03)	600m 47.39 (28.99)
		1000m		1:20.06 (31.97)	1000m 1:19.12 (31.73)

		Name	Cat	PB	Time Info
130	yw	47 <b>Ramona Westerhuis</b>	DN1	1:20.06	<b>1:19.09</b> PB
	bl	17 <b>Jildou Hoekstra</b>	DA2	1:19.18	<b>1:20.25</b>
		<u>Ramona Westerhuis</u>		<u>Jildou Hoekstra</u>	
		200m		18.42 (18.42)	200m 18.59 (18.59)
		600m		47.12 (28.70)	600m 47.85 (29.26)
		1000m		1:19.09 (31.97)	1000m 1:20.25 (32.40)

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 10. Result Men 1th 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	6 <b>Jenning de Boo</b>	HA2	142	O	<b>1:12.47</b>	
2	17 <b>Tom Egbertsen</b>	HA2	138	I	<b>1:12.59</b> PB	
3	23 <b>Rinze-Bart de Glee</b>	HA2	142	I	<b>1:12.64</b>	
4	57 <b>Pim Stuij</b>	HN1	137	O	<b>1:12.98</b>	
5	40 <b>Thomas de Lange</b>	HN1	141	O	<b>1:13.22</b>	
6	115 <b>Thijs Govers</b>	HSA	140	O	<b>1:13.51</b>	
7	8 <b>Mats van den Bos</b>	HA1	137	I	<b>1:13.56</b> PB	
8	13 <b>Ted Dalrymple</b>	HA2	141	I	<b>1:13.62</b>	
9	54 <b>Ties van Seumeren</b>	HA1	136	I	<b>1:14.07</b> PB	
10	2 <b>Mats Bendijk</b>	HB2	138	O	<b>1:14.11</b>	
11	58 <b>Johan Talsma</b>	HA1	139	O	<b>1:14.47</b>	
12	51 <b>Jelle Rieff</b>	HN1	140	I	<b>1:15.17</b>	
13	52 <b>Thom Rooijackers</b>	HA2	134	O	<b>1:15.47</b> PB	
14	7 <b>Bryant Boogert</b>	HA1	135	O	<b>1:15.57</b> PB	
15	26 <b>Swen Halferkamps</b>	HA1	134	I	<b>1:15.85</b> PB	
16	39 <b>Niels de Kruijk</b>	HB2	139	I	<b>1:16.29</b>	
17	22 <b>Tijs van Gennip</b>	HB2	136	O	<b>1:16.76</b> PB	
18	71 <b>Arjen Boersma</b>	HB1	133	I	<b>1:17.76</b> PB	
19	70 <b>Gijs Luijten</b>	HN1	135	I	<b>1:19.02</b>	
20	120 <b>Jilles Tjoelker</b>	HA1	133	O	<b>1:20.11</b>	
21	61 <b>Johanco Veldsman</b>	HN3	131	I	<b>1:20.87</b>	
22	69 <b>Luke Zeliff</b>	HB2	131	O	<b>1:22.51</b>	

Referee:

Assistant:

Starter:

From 9/24/2022 4:45:00 PM to 9/24/2022 9:50:42 PM

Print: 1/15/2025 8:28:43 AM

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 10. Race Result Men 1th 1000 meter

		Name		Cat		PB		Time	Info
131	wt	61	<b>Johanco Veldsman</b>		HN3		1:19.69	<b>1:20.87</b>	
	rd	69	<b>Luke Zeliff</b>		HB2			<b>1:22.51</b>	
		<b>Johanco Veldsman</b>			<b>Luke Zeliff</b>				
		200m	18.96	(18.96)	200m	19.82	(19.82)		
		600m	48.45	(29.49)	600m	49.91	(30.09)		
		1000m	1:20.87	(32.42)	1000m	1:22.51	(32.60)		

		Name		Cat		PB		Time	Info
132	yw								
	bl								
			m						
			m						

		Name		Cat		PB		Time	Info
133	wt	71	<b>Arjen Boersma</b>		HB1		1:19.08	<b>1:17.76</b>	PB
	rd	120	<b>Jilles Tjoelker</b>		HA1		1:19.21	<b>1:20.11</b>	
		<b>Arjen Boersma</b>			<b>Jilles Tjoelker</b>				
		200m	18.45	(18.45)	200m	18.68	(18.68)		
		600m	47.22	(28.77)	600m	48.16	(29.48)		
		1000m	1:17.76	(30.54)	1000m	1:20.11	(31.95)		

		Name		Cat		PB		Time	Info
134	yw	26	<b>Swen Halferkamps</b>		HA1		1:16.92	<b>1:15.85</b>	PB
	bl	52	<b>Thom Rooijackers</b>		HA2		1:16.86	<b>1:15.47</b>	PB
		<b>Swen Halferkamps</b>			<b>Thom Rooijackers</b>				
		200m	17.59	(17.59)	200m	17.76	(17.76)		
		600m	45.04	(27.45)	600m	45.20	(27.44)		
		1000m	1:15.85	(30.81)	1000m	1:15.47	(30.27)		

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

		Name	Cat		PB	Time	Info
135	wt	70 <b>Gijs Luijten</b>	HN1		1:16.26	<b>1:19.02</b>	
	rd	7 <b>Bryant Boogert</b>	HA1		1:16.22	<b>1:15.57</b>	PB
		<b>Gijs Luijten</b>			<b>Bryant Boogert</b>		
		200m	18.80	(18.80)	200m	17.96	(17.96)
		600m	48.04	(29.24)	600m	45.52	(27.56)
		1000m	1:19.02	(30.98)	1000m	1:15.57	(30.05)

		Name	Cat		PB	Time	Info
136	yw	54 <b>Ties van Seumeren</b>	HA1		1:15.25	<b>1:14.07</b>	PB
	bl	22 <b>Tijs van Gennip</b>	HB2		1:18.62	<b>1:16.76</b>	PB
		<b>Ties van Seumeren</b>			<b>Tijs van Gennip</b>		
		200m	18.21	(18.21)	200m	18.32	(18.32)
		600m	45.35	(27.14)	600m	46.44	(28.12)
		1000m	1:14.07	(28.72)	1000m	1:16.76	(30.32)

		Name	Cat		PB	Time	Info
137	wt	8 <b>Mats van den Bos</b>	HA1		1:14.30	<b>1:13.56</b>	PB
	rd	57 <b>Pim Stuij</b>	HN1		1:12.66	<b>1:12.98</b>	
		<b>Mats van den Bos</b>			<b>Pim Stuij</b>		
		200m	17.42	(17.42)	200m	17.02	(17.02)
		600m	44.52	(27.10)	600m	43.52	(26.50)
		1000m	1:13.56	(29.04)	1000m	1:12.98	(29.46)

		Name	Cat		PB	Time	Info
138	yw	17 <b>Tom Egbertsen</b>	HA2		1:13.09	<b>1:12.59</b>	PB
	bl	2 <b>Mats Bendijk</b>	HB2		1:13.65	<b>1:14.11</b>	
		<b>Tom Egbertsen</b>			<b>Mats Bendijk</b>		
		200m	17.75	(17.75)	200m	17.98	(17.98)
		600m	44.32	(26.57)	600m	45.29	(27.31)
		1000m	1:12.59	(28.27)	1000m	1:14.11	(28.82)

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

		Name		Cat		PB		Time	Info
139	wt	39	<b>Niels de Kruijk</b>		HB2		1:15.07	<b>1:16.29</b>	
	rd	58	<b>Johan Talsma</b>		HA1		1:13.90	<b>1:14.47</b>	
		<b>Niels de Kruijk</b>			<b>Johan Talsma</b>				
		200m	17.71	(17.71)	200m	17.23	(17.23)		
		600m	45.92	(28.21)	600m	44.36	(27.13)		
		1000m	1:16.29	(30.37)	1000m	1:14.47	(30.11)		

		Name		Cat		PB		Time	Info
140	yw	51	<b>Jelle Rieff</b>		HN1		1:13.07	<b>1:15.17</b>	
	bl	115	<b>Thijs Govers</b>		HSA		1:09.78	<b>1:13.51</b>	
		<b>Jelle Rieff</b>			<b>Thijs Govers</b>				
		200m	17.75	(17.75)	200m	17.68	(17.68)		
		600m	45.20	(27.45)	600m	44.41	(26.73)		
		1000m	1:15.17	(29.97)	1000m	1:13.51	(29.10)		

		Name		Cat		PB		Time	Info
141	wt	13	<b>Ted Dalrymple</b>		HA2		1:12.73	<b>1:13.62</b>	
	rd	40	<b>Thomas de Lange</b>		HN1		1:13.00	<b>1:13.22</b>	
		<b>Ted Dalrymple</b>			<b>Thomas de Lange</b>				
		200m	17.96	(17.96)	200m	17.67	(17.67)		
		600m	44.72	(26.76)	600m	44.36	(26.69)		
		1000m	1:13.62	(28.90)	1000m	1:13.22	(28.86)		

		Name		Cat		PB		Time	Info
142	yw	23	<b>Rinze-Bart de Glee</b>		HA2		1:12.23	<b>1:12.64</b>	
	bl	6	<b>Jenning de Boo</b>		HA2		1:11.24	<b>1:12.47</b>	
		<b>Rinze-Bart de Glee</b>			<b>Jenning de Boo</b>				
		200m	17.42	(17.42)	200m	17.33	(17.33)		
		600m	44.09	(26.67)	600m	43.49	(26.16)		
		1000m	1:12.64	(28.55)	1000m	1:12.47	(28.98)		



# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 11. Result Portugal 2nd 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	107 António Morgado Piteira	HB1	152	I	41.29	PB	
2	116 Martim José Coelho Vieira	HC1	151	I	43.07	PB	
3	106 Pedro Henrique Mendes De Figueiredo	HN1	152	O	44.03		
4	105 João Afonso Calado Dias	HB2	151	O	44.78		
5	76 Francisca Gomes Henriques	DB1	147	O	45.56	PB	
6	117 Tiago Filipe Calado Mestre	HC1	149	I	46.47		
7	119 Manuel Morgado Piteira	HC1	150	I	46.57	PB	
8	108 João Rodrigues Do Nascimento Bettencourt	HB1	150	O	47.00	PB	
9	122 Leonor Almodôvar Ladeira	DC2	146	I	47.48	MT	
10	78 Joana Carolina Pereira Vieira	DB2	147	I	47.62	PB	
11	110 Luís Carlos Ponte Da Silva	HN1	148	I	48.12		
12	118 Raúl Jorge Freitas Mendonça	HC1	149	O	48.72		
13	112 Diogo Helder Lourenço	HN2	148	O	49.23		
14	121 Helena Oryshchyn	DC2	146	O	49.83	PB	
15	75 Soraia Da Silva Marques	DB2	143	O	50.41		
16	120 Clara Correia Cruz Pereira	DC1	145	I	51.89	MT	
17	77 Ana Rita Andrade De Freitas	DB1	145	O	52.23	PB	
18	123 Joana Barbosa Ramos	DC1	143	I	58.95		

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 11. Race Result Portugal 2nd 500 meter

		Name		Cat		PB		Time	Info
143	wt	123	<b>Joana Barbosa Ramos</b>		DC1		58.36	<b>58.95</b>	
	rd	75	<b>Soraia Da Silva Marques</b>		DB2		49.85	<b>50.41</b>	
		<b>Joana Barbosa Ramos</b>			<b>Soraia Da Silva Marques</b>				
		100m	14.44	(14.44)	100m	13.06	(13.06)		
		500m	58.95	(44.51)	500m	50.41	(37.35)		

		Name		Cat		PB		Time	Info
144	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
145	wt	120	<b>Clara Correia Cruz Pereira</b>		DC1		50.47	<b>51.89</b>	MT
	rd	77	<b>Ana Rita Andrade De Freitas</b>		DB1		1:03.32	<b>52.23</b>	PB
		<b>Clara Correia Cruz Pereira</b>			<b>Ana Rita Andrade De Freitas</b>				
		100m	51.89	(51.89)	100m	13.85	(13.85)		
					500m	52.23	(38.38)		

		Name		Cat		PB		Time	Info
146	yw	122	<b>Leonor Almodôvar Ladeira</b>		DC2		47.75	<b>47.48</b>	MT
	bl	121	<b>Helena Oryshchyn</b>		DC2		50.71	<b>49.83</b>	PB
		<b>Leonor Almodôvar Ladeira</b>			<b>Helena Oryshchyn</b>				
		100m	47.48	(47.48)	100m	12.79	(12.79)		
					500m	49.83	(37.04)		

		Name		Cat		PB		Time	Info
147	wt	78	<b>Joana Carolina Pereira Vieira</b>		DB2		48.29	<b>47.62</b>	PB
	rd	76	<b>Francisca Gomes Henriques</b>		DB1		45.87	<b>45.56</b>	PB
		<b>Joana Carolina Pereira Vieira</b>			<b>Francisca Gomes Henriques</b>				
		100m	13.12	(13.12)	100m	11.88	(11.88)		
		500m	47.62	(34.50)	500m	45.56	(33.68)		

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

		Name	Cat	PB	Time	Info
148	yw	110 <b>Luís Carlos Ponte Da Silva</b>	HN1	47.89	<b>48.12</b>	
	bl	112 <b>Diogo Helder Lourenço</b>	HN2	48.23	<b>49.23</b>	
		<b>Luís Carlos Ponte Da Silva</b>		<b>Diogo Helder Lourenço</b>		
		100m	12.02 (12.02)	100m	13.09 (13.09)	
		500m	48.12 (36.10)	500m	49.23 (36.14)	

		Name	Cat	PB	Time	Info
149	wt	117 <b>Tiago Filipe Calado Mestre</b>	HC1		<b>46.47</b>	
	rd	118 <b>Raúl Jorge Freitas Mendonça</b>	HC1		<b>48.72</b>	
		<b>Tiago Filipe Calado Mestre</b>		<b>Raúl Jorge Freitas Mendonça</b>		
		100m	12.58 (12.58)	100m	12.58 (12.58)	
		500m	46.47 (33.89)	500m	48.72 (36.14)	

		Name	Cat	PB	Time	Info
150	yw	119 <b>Manuel Morgado Piteira</b>	HC1	46.69	<b>46.57</b>	PB
	bl	108 <b>João Rodrigues Do Nascimento Bettencourt</b>	HB1	47.01	<b>47.00</b>	PB
		<b>Manuel Morgado Piteira</b>		<b>João Rodrigues Do Nascimento Bettencourt</b>		
		100m	12.27 (12.27)	100m	12.62 (12.62)	
		500m	46.57 (34.30)	500m	47.00 (34.38)	

		Name	Cat	PB	Time	Info
151	wt	116 <b>Martim José Coelho Vieira</b>	HC1	44.39	<b>43.07</b>	PB
	rd	105 <b>João Afonso Calado Dias</b>	HB2		<b>44.78</b>	
		<b>Martim José Coelho Vieira</b>		<b>João Afonso Calado Dias</b>		
		100m	11.41 (11.41)	100m	11.75 (11.75)	
		500m	43.07 (31.66)	500m	44.78 (33.03)	

		Name	Cat	PB	Time	Info
152	yw	107 <b>António Morgado Piteira</b>	HB1	41.81	<b>41.29</b>	PB
	bl	106 <b>Pedro Henrique Mendes De Figueiredo</b>	HN1	43.63	<b>44.03</b>	
		<b>António Morgado Piteira</b>		<b>Pedro Henrique Mendes De Figueiredo</b>		
		100m	11.10 (11.10)	100m	11.98 (11.98)	
		500m	41.29 (30.19)	500m	44.03 (32.05)	

# International Thialf Race

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## 12. Result Women 2nd 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	15 Pien Hersman	DA2	154	O	<b>39.73</b>	
2	20 Sylke Kas	DN2	156	I	<b>39.74</b>	
3	13 Lotte Groenen	DA1	156	O	<b>40.44</b> PB	
4	3 Yasmine Bouaziz	DA2	155	I	<b>41.31</b>	
5	50 Sofie Bouw	DA1	154	I	<b>41.66</b> PB	
6	33 Tess Postma	DA1	155	O	<b>42.54</b>	
7	51 Britt Breider	DB1	153	I	<b>43.67</b> PB	
8	9 Janine Garretsen	DB1	153	O	<b>44.99</b>	

# International Thialf Race

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## 12. Race Result Women 2nd 500 meter

		Name		Cat		PB		Time	Info
153	wt	51	<b>Britt Breider</b>		DB1	43.78		<b>43.67</b>	PB
	rd	9	<b>Janine Garretsen</b>		DB1	42.88		<b>44.99</b>	
		<b>Britt Breider</b>			<b>Janine Garretsen</b>				
		100m	11.90	(11.90)	100m	12.45	(12.45)		
		500m	43.67	(31.77)	500m	44.99	(32.54)		

		Name		Cat		PB		Time	Info
154	wt	50	<b>Sofie Bouw</b>		DA1	41.70		<b>41.66</b>	PB
	rd	15	<b>Pien Hersman</b>		DA2	39.44		<b>39.73</b>	
		<b>Sofie Bouw</b>			<b>Pien Hersman</b>				
		100m	11.30	(11.30)	100m	11.00	(11.00)		
		500m	41.66	(30.36)	500m	39.73	(28.73)		

		Name		Cat		PB		Time	Info
155	wt	3	<b>Yasmine Bouaziz</b>		DA2	40.22		<b>41.31</b>	
	rd	33	<b>Tess Postma</b>		DA1	41.50		<b>42.54</b>	
		<b>Yasmine Bouaziz</b>			<b>Tess Postma</b>				
		100m	11.25	(11.25)	100m	11.78	(11.78)		
		500m	41.31	(30.06)	500m	42.54	(30.76)		

		Name		Cat		PB		Time	Info
156	wt	20	<b>Sylke Kas</b>		DN2	39.49		<b>39.74</b>	
	rd	13	<b>Lotte Groenen</b>		DA1	40.64		<b>40.44</b>	PB
		<b>Sylke Kas</b>			<b>Lotte Groenen</b>				
		100m	11.04	(11.04)	100m	11.24	(11.24)		
		500m	39.74	(28.70)	500m	40.44	(29.20)		

# International Thialf Race

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## 13. Result Men 2nd 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	57 Pim Stuij	HN1	166	I	36.57		
2	17 Tom Egbertsen	HA2	165	I	37.24		
3	8 Mats van den Bos	HA1	166	O	37.44		
4	58 Johan Talsma	HA1	164	O	37.45		
5	7 Bryant Boogert	HA1	161	O	37.55	PB	
6	52 Thom Rooijackers	HA2	163	I	37.67	PB	
7	54 Ties van Seumeren	HA1	161	I	37.73		
	51 Jelle Rieff	HN1	165	O	37.73		
9	26 Swen Halferkamps	HA1	162	I	37.81		
10	35 Jelle Koeleman	HA2	162	O	38.10		
11	56 Joep Stubbe	HA1	163	O	38.17		
12	48 Matthé Pronk	HA2	158	I	38.37		
13	39 Niels de Kruijk	HB2	164	I	38.40		
14	22 Tijs van Gennip	HB2	159	I	38.70		
15	68 Joël Bom	HA1	158	O	38.87	PB	
16	27 Freek van der Ham	HA1	160	I	39.19		
17	82 Rens Vergeer	HB2	159	O	39.27	PB	
18	121 Thijs van Bostelen	HA1	157	O	40.54		
19	41 Teun van der Linden	HA1	157	I	40.68		
20	74 Thijs van de Burgt	HA1	160	O	41.05		

# International Thialf Race

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## 13. Race Result Men 2nd 500 meter

		Name		Cat		PB		Time	Info
157	wt	41	<b>Teun van der Linden</b>		HA1	40.90		<b>40.68</b>	
	rd	121	<b>Thijs van Bostelen</b>		HA1	39.86		<b>40.54</b>	
		<b>Teun van der Linden</b>			<b>Thijs van Bostelen</b>				
		100m	11.36	(11.36)	100m	11.22	(11.22)		
		500m	40.68	(29.32)	500m	40.54	(29.32)		

		Name		Cat		PB		Time	Info
158	wt	48	<b>Matthé Pronk</b>		HA2	38.31		<b>38.37</b>	
	rd	68	<b>Joël Bom</b>		HA1	39.12		<b>38.87</b>	PB
		<b>Matthé Pronk</b>			<b>Joël Bom</b>				
		100m	10.86	(10.86)	100m	10.94	(10.94)		
		500m	38.37	(27.51)	500m	38.87	(27.93)		

		Name		Cat		PB		Time	Info
159	wt	22	<b>Tijs van Gennip</b>		HB2	38.48		<b>38.70</b>	
	rd	82	<b>Rens Vergeer</b>		HB2	39.81		<b>39.27</b>	PB
		<b>Tijs van Gennip</b>			<b>Rens Vergeer</b>				
		100m	10.74	(10.74)	100m	10.84	(10.84)		
		500m	38.70	(27.96)	500m	39.27	(28.43)		

		Name		Cat		PB		Time	Info
160	wt	27	<b>Freek van der Ham</b>		HA1	39.18		<b>39.19</b>	
	rd	74	<b>Thijs van de Burgt</b>		HA1	39.46		<b>41.05</b>	
		<b>Freek van der Ham</b>			<b>Thijs van de Burgt</b>				
		100m	10.98	(10.98)	100m	10.97	(10.97)		
		500m	39.19	(28.21)	500m	41.05	(30.08)		

		Name		Cat		PB		Time	Info
161	wt	54	<b>Ties van Seumeren</b>		HA1	37.66		<b>37.73</b>	
	rd	7	<b>Bryant Boogert</b>		HA1	37.74		<b>37.55</b>	PB
		<b>Ties van Seumeren</b>			<b>Bryant Boogert</b>				
		100m	10.77	(10.77)	100m	10.54	(10.54)		
		500m	37.73	(26.96)	500m	37.55	(27.01)		

# International Thialf Race

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		Name	Cat	PB	Time	Info
162	wt	26 <b>Swen Halferkamps</b>	HA1	37.48	<b>37.81</b>	
	rd	35 <b>Jelle Koeleman</b>	HA2	38.02	<b>38.10</b>	
		<b>Swen Halferkamps</b>		<b>Jelle Koeleman</b>		
		100m	10.52 (10.52)	100m	10.43 (10.43)	
		500m	37.81 (27.29)	500m	38.10 (27.67)	

		Name	Cat	PB	Time	Info
163	wt	52 <b>Thom Rooijackers</b>	HA2	38.02	<b>37.67</b>	PB
	rd	56 <b>Joep Stubbe</b>	HA1	38.01	<b>38.17</b>	
		<b>Thom Rooijackers</b>		<b>Joep Stubbe</b>		
		100m	10.40 (10.40)	100m	10.60 (10.60)	
		500m	37.67 (27.27)	500m	38.17 (27.57)	

		Name	Cat	PB	Time	Info
164	wt	39 <b>Niels de Kruijk</b>	HB2	37.55	<b>38.40</b>	
	rd	58 <b>Johan Talsma</b>	HA1	36.91	<b>37.45</b>	
		<b>Niels de Kruijk</b>		<b>Johan Talsma</b>		
		100m	10.60 (10.60)	100m	18.72 (18.72)	
		500m	38.40 (27.80)	500m	37.45 (18.73)	

		Name	Cat	PB	Time	Info
165	wt	17 <b>Tom Egbertsen</b>	HA2	36.97	<b>37.24</b>	
	rd	51 <b>Jelle Rieff</b>	HN1	36.67	<b>37.73</b>	
		<b>Tom Egbertsen</b>		<b>Jelle Rieff</b>		
		100m	10.65 (10.65)	100m	10.57 (10.57)	
		500m	37.24 (26.59)	500m	37.73 (27.16)	

		Name	Cat	PB	Time	Info
166	wt	57 <b>Pim Stuij</b>	HN1	36.18	<b>36.57</b>	
	rd	8 <b>Mats van den Bos</b>	HA1	37.09	<b>37.44</b>	
		<b>Pim Stuij</b>		<b>Mats van den Bos</b>		
		100m	10.21 (10.21)	100m	10.29 (10.29)	
		500m	36.57 (26.36)	500m	37.44 (27.15)	



# International Thialf Race

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## 14. Result Women 2nd 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	62 Paulien Verhaar	DN4	178	O	<b>4:16.36</b>	
2	4 Angel Daleman	DB1	177	I	<b>4:17.36</b> PB	
3	73 Eline Jansen	DN2	176	O	<b>4:20.11</b>	
4	25 Veerle van Koppen	DA2	176	I	<b>4:22.87</b> PB	
5	24 Patricia Koot	DA1	173	O	<b>4:23.37</b> PB	
6	2 Janna Bolsius	DA1	178	I	<b>4:27.94</b> PB	
7	74 Laura van Ramshorst	DSA	169	I	<b>4:29.52</b> PB	
8	5 Vera van Ditshuizen	DN1	177	O	<b>4:31.25</b>	
9	31 Emma Noz	DA1	174	I	<b>4:33.33</b> PB	
10	19 Lieke Hoogendoorn	DB2	173	I	<b>4:33.86</b> PB	
11	45 Sylvia de Vries	DA1	175	I	<b>4:35.99</b>	
12	11 Marika de Glee	DB1	168	O	<b>4:39.63</b>	
13	61 Janne Kraamer	DA2	171	O	<b>4:41.75</b> PB	
14	32 Luna van Polen	DB2	170	O	<b>4:44.51</b> PB	
15	56 Tosca Mulder	DA2	174	O	<b>4:44.52</b>	
16	35 Evi de Ruijter	DB1	167	I	<b>4:44.94</b> PB	
17	49 Tijn Borst	DB2	170	I	<b>4:45.21</b> PB	
18	46 Mayke Vriesinga	DB2	175	O	<b>4:46.81</b>	
19	44 Elanne de Vries	DB2	172	I	<b>4:46.85</b>	
20	6 Lotte Donderwinkel	DB2	171	I	<b>4:49.13</b>	
21	22 Jillian Knook	DA1	167	O	<b>4:50.77</b>	
22	52 Lieke Hijlkema	DB1	168	I	<b>5:14.09</b>	
	53 Emma Koster	DA2	172	O	<b>DNF</b>	
	59 Laura de Vries	DB1			<b>WDR</b>	

# International Thialf Race

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## 14. Race Result Women 2nd 3000 meter

	Name	Cat	PB	Time	Info
167	wt 35 <b>Evi de Ruijter</b>	DB1	4:54.36	<b>4:44.94</b>	PB
	rd 22 <b>Jillian Knook</b>	DA1		<b>4:50.77</b>	
	<b>Evi de Ruijter</b>				
	200m	23.27 (23.27)		200m	22.26 (22.26)
	600m	1:00.21 (36.94)		600m	58.89 (36.63)
	1000m	1:36.26 (36.05)		1000m	1:35.81 (36.92)
	1400m	2:13.06 (36.80)		1400m	2:13.11 (37.30)
	1800m	2:50.19 (37.13)		1800m	2:51.75 (38.64)
	2200m	3:28.33 (38.14)		2200m	3:30.74 (38.99)
	2600m	4:06.86 (38.53)		2600m	4:10.07 (39.33)
	3000m	4:44.94 (38.08)		3000m	4:50.77 (40.70)

	Name	Cat	PB	Time	Info
168	yw 52 <b>Lieke Hijlkema</b>	DB1		<b>5:14.09</b>	
	bl 11 <b>Marika de Glee</b>	DB1		<b>4:39.63</b>	
	<b>Lieke Hijlkema</b>				
	200m	22.50 (22.50)		200m	21.26 (21.26)
	600m	58.40 (35.90)		600m	55.61 (34.35)
	1000m	1:37.48 (39.08)		1000m	1:31.80 (36.19)
	1400m	2:19.26 (41.78)		1400m	2:08.86 (37.06)
	1800m	3:02.35 (43.09)		1800m	2:46.05 (37.19)
	2200m	3:46.15 (43.80)		2200m	3:23.59 (37.54)
	2600m	4:28.89 (42.74)		2600m	4:01.39 (37.80)
	3000m	5:14.09 (45.20)		3000m	4:39.63 (38.24)

# International Thialf Race

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		Name	Cat	PB	Time	Info
169	wt	74 <b>Laura van Ramshorst</b>	DSA	4:49.52	<b>4:29.52</b>	PB
	rd	59 <b>Laura de Vries</b>	DB1		<b>WDR</b>	
		<b>Laura van Ramshorst</b>		<b>Laura de Vries</b>		
		200m	21.64 (21.64)			
		600m	55.11 (33.47)			
		1000m	1:30.38 (35.27)			
		1400m	2:05.96 (35.58)			
		1800m	2:41.45 (35.49)			
		2200m	3:17.12 (35.67)			
		2600m	3:53.21 (36.09)			
		3000m	4:29.52 (36.31)			

		Name	Cat	PB	Time	Info
170	yw	49 <b>Tijn Borst</b>	DB2	4:47.21	<b>4:45.21</b>	PB
	bl	32 <b>Luna van Polen</b>	DB2	4:46.62	<b>4:44.51</b>	PB
		<b>Tijn Borst</b>		<b>Luna van Polen</b>		
		200m	21.62 (21.62)	200m	21.58 (21.58)	
		600m	55.74 (34.12)	600m	55.49 (33.91)	
		1000m	1:31.36 (35.62)	1000m	1:31.61 (36.12)	
		1400m	2:09.06 (37.70)	1400m	2:08.87 (37.26)	
		1800m	2:47.12 (38.06)	1800m	2:47.13 (38.26)	
		2200m	3:25.98 (38.86)	2200m	3:26.03 (38.90)	
		2600m	4:05.48 (39.50)	2600m	4:05.30 (39.27)	
		3000m	4:45.21 (39.73)	3000m	4:44.51 (39.21)	

# International Thialf Race

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		Name			Cat			PB	Time Info
171	wt	6	<b>Lotte Donderwinkel</b>		DB2			4:44.67	<b>4:49.13</b>
	rd	61	<b>Janne Kraamer</b>		DA2			4:43.21	<b>4:41.75</b> PB
		<b>Lotte Donderwinkel</b>			<b>Janne Kraamer</b>				
		200m	20.84	(20.84)	200m	22.16	(22.16)		
		600m	55.38	(34.54)	600m	56.47	(34.31)		
		1000m	1:32.22	(36.84)	1000m	1:32.08	(35.61)		
		1400m	2:10.33	(38.11)	1400m	2:09.05	(36.97)		
		1800m	2:49.17	(38.84)	1800m	2:46.74	(37.69)		
		2200m	3:28.84	(39.67)	2200m	3:24.73	(37.99)		
		2600m	4:09.03	(40.19)	2600m	4:02.99	(38.26)		
		3000m	4:49.13	(40.10)	3000m	4:41.75	(38.76)		

		Name			Cat			PB	Time Info
172	yw	44	<b>Elanne de Vries</b>		DB2			4:40.28	<b>4:46.85</b>
	bl	53	<b>Emma Koster</b>		DA2			4:41.51	<b>DNF</b>
		<b>Elanne de Vries</b>			<b>Emma Koster</b>				
		200m	20.55	(20.55)	200m	21.40	(21.40)		
		600m	54.73	(34.18)	600m	55.89	(34.49)		
		1000m	1:31.92	(37.19)	1000m	1:33.63	(37.74)		
		1400m	2:10.17	(38.25)	1400m	2:13.66	(40.03)		
		1800m	2:49.19	(39.02)	1800m	2:55.98	(42.32)		
		2200m	3:28.59	(39.40)					
		2600m	4:08.50	(39.91)					
		3000m	4:46.85	(38.35)					

# International Thialf Race

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		Name			Cat			PB	Time	Info
173	wt	19	<b>Lieke Hoogendoorn</b>		DB2			4:34.86	<b>4:33.86</b>	PB
	rd	24	<b>Patricia Koot</b>		DA1			4:29.54	<b>4:23.37</b>	PB
		<b>Lieke Hoogendoorn</b>			<b>Patricia Koot</b>					
		200m	20.58	(20.58)	200m	20.60	(20.60)			
		600m	53.16	(32.58)	600m	52.45	(31.85)			
		1000m	1:27.82	(34.66)	1000m	1:25.77	(33.32)			
		1400m	2:04.13	(36.31)	1400m	2:00.31	(34.54)			
		1800m	2:41.12	(36.99)	1800m	2:35.38	(35.07)			
		2200m	3:18.35	(37.23)	2200m	3:11.08	(35.70)			
		2600m	3:56.17	(37.82)	2600m	3:47.07	(35.99)			
		3000m	4:33.86	(37.69)	3000m	4:23.37	(36.30)			

		Name			Cat			PB	Time	Info
174	yw	31	<b>Emma Noz</b>		DA1			4:33.43	<b>4:33.33</b>	PB
	bl	56	<b>Tosca Mulder</b>		DA2			4:37.20	<b>4:44.52</b>	
		<b>Emma Noz</b>			<b>Tosca Mulder</b>					
		200m	21.28	(21.28)	200m	21.55	(21.55)			
		600m	54.64	(33.36)	600m	55.09	(33.54)			
		1000m	1:28.09	(33.45)	1000m	1:30.17	(35.08)			
		1400m	2:02.42	(34.33)	1400m	2:06.49	(36.32)			
		1800m	2:37.96	(35.54)	1800m	2:44.16	(37.67)			
		2200m	3:15.18	(37.22)	2200m	3:23.50	(39.34)			
		2600m	3:53.88	(38.70)	2600m	4:03.61	(40.11)			
		3000m	4:33.33	(39.45)	3000m	4:44.52	(40.91)			

# International Thialf Race

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		Name			Cat			PB	Time	Info
175	wt	45	<b>Sylvia de Vries</b>		DA1			4:31.28	<b>4:35.99</b>	
	rd	46	<b>Mayke Vriesinga</b>		DB2			4:39.11	<b>4:46.81</b>	
		<b>Sylvia de Vries</b>			<b>Mayke Vriesinga</b>					
		200m	21.32	(21.32)	200m	21.26	(21.26)			
		600m	54.92	(33.60)	600m	56.14	(34.88)			
		1000m	1:30.19	(35.27)	1000m	1:32.77	(36.63)			
		1400m	2:05.63	(35.44)	1400m	2:10.91	(38.14)			
		1800m	2:41.56	(35.93)	1800m	2:49.89	(38.98)			
		2200m	3:18.52	(36.96)	2200m	3:29.04	(39.15)			
		2600m	3:56.58	(38.06)	2600m	4:07.91	(38.87)			
		3000m	4:35.99	(39.41)	3000m	4:46.81	(38.90)			

		Name			Cat			PB	Time	Info
176	yw	25	<b>Veerle van Koppen</b>		DA2			4:23.23	<b>4:22.87</b>	PB
	bl	73	<b>Eline Jansen</b>		DN2			4:15.81	<b>4:20.11</b>	
		<b>Veerle van Koppen</b>			<b>Eline Jansen</b>					
		200m	21.09	(21.09)	200m	21.44	(21.44)			
		600m	54.38	(33.29)	600m	53.64	(32.20)			
		1000m	1:28.26	(33.88)	1000m	1:27.28	(33.64)			
		1400m	2:02.01	(33.75)	1400m	2:01.22	(33.94)			
		1800m	2:36.29	(34.28)	1800m	2:35.45	(34.23)			
		2200m	3:11.02	(34.73)	2200m	3:09.66	(34.21)			
		2600m	3:46.58	(35.56)	2600m	3:44.60	(34.94)			
		3000m	4:22.87	(36.29)	3000m	4:20.11	(35.51)			

# International Thialf Race

Thialf - Heerenveen  
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		Name			Cat			PB	Time	Info
177	wt	4	<b>Angel Daleman</b>		DB1			4:19.98	<b>4:17.36</b>	PB
	rd	5	<b>Vera van Ditshuizen</b>		DN1			4:23.56	<b>4:31.25</b>	
		<b>Angel Daleman</b>			<b>Vera van Ditshuizen</b>					
		200m	19.86	(19.86)	200m	21.20	(21.20)			
		600m	51.12	(31.26)	600m	54.42	(33.22)			
		1000m	1:23.66	(32.54)	1000m	1:28.88	(34.46)			
		1400m	1:57.58	(33.92)	1400m	2:03.78	(34.90)			
		1800m	2:32.39	(34.81)	1800m	2:39.48	(35.70)			
		2200m	3:07.56	(35.17)	2200m	3:16.03	(36.55)			
		2600m	3:42.48	(34.92)	2600m	3:53.69	(37.66)			
		3000m	4:17.36	(34.88)	3000m	4:31.25	(37.56)			

		Name			Cat			PB	Time	Info
178	yw	2	<b>Janna Bolsius</b>		DA1			4:29.11	<b>4:27.94</b>	PB
	bl	62	<b>Paulien Verhaar</b>		DN4			4:12.07	<b>4:16.36</b>	
		<b>Janna Bolsius</b>			<b>Paulien Verhaar</b>					
		200m	21.18	(21.18)	200m	20.16	(20.16)			
		600m	53.92	(32.74)	600m	52.71	(32.55)			
		1000m	1:27.17	(33.25)	1000m	1:25.84	(33.13)			
		1400m	2:01.46	(34.29)	1400m	1:59.28	(33.44)			
		1800m	2:36.78	(35.32)	1800m	2:32.75	(33.47)			
		2200m	3:13.40	(36.62)	2200m	3:06.39	(33.64)			
		2600m	3:50.59	(37.19)	2600m	3:40.97	(34.58)			
		3000m	4:27.94	(37.35)	3000m	4:16.36	(35.39)			

# International Thialf Race

Thialf - Heerenveen  
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## 15. Result Men 2nd 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	65 Hidde Westra	HA2	194	O	3:55.12	
2	36 Mika Kolder	HB2	193	O	3:56.82 PB	
3	62 Loek van Vilsteren	HA2	193	I	3:58.01 PB	
4	59 Jasper Tinga	HA2	192	O	3:58.08 PB	
5	23 Rinze-Bart de Glee	HA2	192	I	4:01.39 PB	
6	5 Pelle Bolsius	HB1	186	O	4:02.57 MT PB	
7	2 Mats Bendijk	HB2	191	O	4:03.09 PB	
8	1 Stijn Beekelaar	HA2	189	O	4:03.71 PB	
9	46 Thijmen Paardekooper	HA1	194	I	4:03.79	
10	11 Colin Breed	HB1	179	I	4:04.90	
11	50 Niklas Reinders	HA1	184	O	4:05.79 PB	
12	49 Niels van Reeuwijk	HA1	190	O	4:07.24	
13	9 Yoeri van Bostelen	HA1	189	I	4:08.55	
14	45 Tom Nijdam	HA2	190	I	4:09.44 PB	
15	63 Sietse de Vries	HB2	188	O	4:12.72 PB	
16	10 Johan Bouwhuis	HB2	188	I	4:14.38 PB	
17	44 Mathijs Molenaar	HB2	183	I	4:16.18 PB	
18	37 Tygo Kompier	HB2	183	O	4:17.11 PB	
19	78 Milan Rietveld	HB1	180	I	4:17.22	
20	77 Jelle Plug	HA1	187	O	4:18.31	
21	4 Sem Bodewes	HA1	185	O	4:18.32 PB	
22	81 Floris van van Velsen	HB2	185	I	4:18.57	
23	73 Jesse van Buren	HB1	181	I	4:21.74 PB	
24	83 Mats Westra	HB1	182	O	4:22.28	
25	79 Matteo van Schajik	HB2	180	O	4:25.54 PB	
26	72 Nick Bontrop	HB1	182	I	4:27.86 PB	
27	74 Thijs van de Burgt	HA1	187	I	4:31.97	
28	67 Daan van Zwienen	HB1	181	O	4:33.11	
	76 Jesper van Mieghem	HA1	186	I	DNS	
	75 Jurjen Hiemstra	HA1			WDR	
	121 Thijs van Bostelen	HA1			WDR	



# International Thialf Race

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## 15. Race Result Men 2nd 3000 meter

	Name	Cat	PB	Time	Info
179	wt rd	11 <b>Colin Breed</b>	HB1	<b>4:04.90</b>	
	<b>Colin Breed</b>				
	200m	19.37 (19.37)			m
	600m	51.38 (32.01)			
	1000m	1:23.86 (32.48)			
	1400m	1:56.61 (32.75)			
	1800m	2:29.02 (32.41)			
	2200m	3:01.00 (31.98)			
	2600m	3:32.93 (31.93)			
	3000m	4:04.90 (31.97)			
	<b>Milan Rietveld</b>				
	200m	19.78 (19.78)			
	600m	51.88 (32.10)			
	1000m	1:25.19 (33.31)			
	1400m	1:59.59 (34.40)			
	1800m	2:33.86 (34.27)			
	2200m	3:07.89 (34.03)			
	2600m	3:42.49 (34.60)			
	3000m	4:17.22 (34.73)			
	<b>Matteo van Schajik</b>				
	200m	19.98 (19.98)			
	600m	52.41 (32.43)			
	1000m	1:26.29 (33.88)			
	1400m	2:00.82 (34.53)			
	1800m	2:36.25 (35.43)			
	2200m	3:12.37 (36.12)			
	2600m	3:48.97 (36.60)			
	3000m	4:25.54 (36.57)			
	<b>Milan Rietveld</b>				
	200m	19.78 (19.78)			
	600m	51.88 (32.10)			
	1000m	1:25.19 (33.31)			
	1400m	1:59.59 (34.40)			
	1800m	2:33.86 (34.27)			
	2200m	3:07.89 (34.03)			
	2600m	3:42.49 (34.60)			
	3000m	4:17.22 (34.73)			
	<b>Matteo van Schajik</b>				
	200m	19.98 (19.98)			
	600m	52.41 (32.43)			
	1000m	1:26.29 (33.88)			
	1400m	2:00.82 (34.53)			
	1800m	2:36.25 (35.43)			
	2200m	3:12.37 (36.12)			
	2600m	3:48.97 (36.60)			
	3000m	4:25.54 (36.57)			

# International Thialf Race

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		Name		Cat		PB		Time	Info
181	wt	73	<b>Jesse van Buren</b>		HB1		4:26.55	<b>4:21.74</b>	PB
	rd	67	<b>Daan van Zwiene</b>		HB1			<b>4:33.11</b>	
		<b>Jesse van Buren</b>			<b>Daan van Zwiene</b>				
		200m	20.57	(20.57)	200m	20.25	(20.25)		
		600m	52.99	(32.42)	600m	52.89	(32.64)		
		1000m	1:26.56	(33.57)	1000m	1:27.35	(34.46)		
		1400m	2:00.99	(34.43)	1400m	2:03.77	(36.42)		
		1800m	2:36.08	(35.09)	1800m	2:40.57	(36.80)		
		2200m	3:11.04	(34.96)	2200m	3:17.68	(37.11)		
		2600m	3:46.87	(35.83)	2600m	3:55.08	(37.40)		
		3000m	4:21.74	(34.87)	3000m	4:33.11	(38.03)		

		Name		Cat		PB		Time	Info
182	yw	72	<b>Nick Bontrop</b>		HB1		4:36.42	<b>4:27.86</b>	PB
	bl	83	<b>Mats Westra</b>		HB1			<b>4:22.28</b>	
		<b>Nick Bontrop</b>			<b>Mats Westra</b>				
		200m	20.28	(20.28)	200m	19.96	(19.96)		
		600m	52.28	(32.00)	600m	52.42	(32.46)		
		1000m	1:25.02	(32.74)	1000m	1:25.62	(33.20)		
		1400m	1:59.11	(34.09)	1400m	2:00.01	(34.39)		
		1800m	2:34.67	(35.56)	1800m	2:34.55	(34.54)		
		2200m	3:11.51	(36.84)	2200m	3:09.36	(34.81)		
		2600m	3:49.10	(37.59)	2600m	3:45.40	(36.04)		
		3000m	4:27.86	(38.76)	3000m	4:22.28	(36.88)		

# International Thialf Race

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		Name		Cat		PB		Time	Info
183	wt	44	<b>Mathijs Molenaar</b>		HB2		4:23.31	<b>4:16.18</b>	PB
	rd	37	<b>Tygo Kompier</b>		HB2		4:17.87	<b>4:17.11</b>	PB
		<b>Mathijs Molenaar</b>			<b>Tygo Kompier</b>				
		200m	19.15	(19.15)	200m	19.65	(19.65)		
		600m	51.56	(32.41)	600m	51.93	(32.28)		
		1000m	1:25.41	(33.85)	1000m	1:25.42	(33.49)		
		1400m	1:59.65	(34.24)	1400m	1:59.49	(34.07)		
		1800m	2:33.97	(34.32)	1800m	2:34.13	(34.64)		
		2200m	3:08.61	(34.64)	2200m	3:09.49	(35.36)		
		2600m	3:43.16	(34.55)	2600m	3:43.84	(34.35)		
		3000m	4:16.18	(33.02)	3000m	4:17.11	(33.27)		

		Name		Cat		PB		Time	Info
184	yw	75	<b>Jurjen Hiemstra</b>		HA1		4:21.97	<b>WDR</b>	
	bl	50	<b>Niklas Reinders</b>		HA1		4:18.13	<b>4:05.79</b>	PB
		<b>Jurjen Hiemstra</b>			<b>Niklas Reinders</b>				
					200m	19.57	(19.57)		
					600m	50.87	(31.30)		
					1000m	1:23.08	(32.21)		
					1400m	1:55.49	(32.41)		
					1800m	2:28.12	(32.63)		
					2200m	3:00.69	(32.57)		
					2600m	3:33.40	(32.71)		
					3000m	4:05.79	(32.39)		

# International Thialf Race

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		Name		Cat		PB		Time	Info
185	wt	81	<b>Floris van van Velsen</b>		HB2		4:18.50	<b>4:18.57</b>	
	rd	4	<b>Sem Bodewes</b>		HA1		4:21.10	<b>4:18.32</b>	PB
		<b>Floris van van Velsen</b>			<b>Sem Bodewes</b>				
		200m	20.03	(20.03)	200m	20.55	(20.55)		
		600m	51.98	(31.95)	600m	52.79	(32.24)		
		1000m	1:24.65	(32.67)	1000m	1:24.88	(32.09)		
		1400m	1:58.56	(33.91)	1400m	1:58.17	(33.29)		
		1800m	2:32.92	(34.36)	1800m	2:32.36	(34.19)		
		2200m	3:08.24	(35.32)	2200m	3:07.30	(34.94)		
		2600m	3:43.70	(35.46)	2600m	3:42.78	(35.48)		
		3000m	4:18.57	(34.87)	3000m	4:18.32	(35.54)		

		Name		Cat		PB		Time	Info
186	yw	76	<b>Jesper van Mieghem</b>		HA1		4:16.43	<b>DNS</b>	
	bl	5	<b>Pelle Bolsius</b>		HB1		4:17.73	<b>4:02.57</b>	MT PB
		<b>Jesper van Mieghem</b>			<b>Pelle Bolsius</b>				
					200m	20.02	(20.02)		
					600m	50.72	(30.70)		
					1000m	1:21.48	(30.76)		
					1400m	1:52.77	(31.29)		
					1800m	2:24.77	(32.00)		
					2200m	2:57.49	(32.72)		
					2600m	3:13.89	(16.40)		
					3000m	4:02.57	(48.68)		

# International Thialf Race

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		Name		Cat		PB		Time	Info
187	wt	74	<b>Thijs van de Burgt</b>		HA1		4:12.39	<b>4:31.97</b>	
	rd	77	<b>Jelle Plug</b>		HA1		4:11.69	<b>4:18.31</b>	
		<b>Thijs van de Burgt</b>				<b>Jelle Plug</b>			
		200m	20.15	(20.15)		200m	20.28	(20.28)	
		600m	52.55	(32.40)		600m	51.29	(31.01)	
		1000m	1:26.43	(33.88)		1000m	1:23.45	(32.16)	
		1400m	2:01.04	(34.61)		1400m	1:56.51	(33.06)	
		1800m	2:36.94	(35.90)		1800m	2:30.76	(34.25)	
		2200m	3:15.07	(38.13)		2200m	3:05.66	(34.90)	
		2600m	3:54.03	(38.96)		2600m	3:41.63	(35.97)	
		3000m	4:31.97	(37.94)		3000m	4:18.31	(36.68)	

		Name		Cat		PB		Time	Info
188	yw	10	<b>Johan Bouwhuis</b>		HB2		4:14.90	<b>4:14.38</b>	PB
	bl	63	<b>Sietse de Vries</b>		HB2		4:16.51	<b>4:12.72</b>	PB
		<b>Johan Bouwhuis</b>				<b>Sietse de Vries</b>			
		200m	19.80	(19.80)		200m	19.52	(19.52)	
		600m	50.48	(30.68)		600m	49.84	(30.32)	
		1000m	1:22.42	(31.94)		1000m	1:21.68	(31.84)	
		1400m	1:55.42	(33.00)		1400m	1:54.40	(32.72)	
		1800m	2:29.32	(33.90)		1800m	2:27.48	(33.08)	
		2200m	3:03.91	(34.59)		2200m	3:01.46	(33.98)	
		2600m	3:39.07	(35.16)		2600m	3:36.91	(35.45)	
		3000m	4:14.38	(35.31)		3000m	4:12.72	(35.81)	

# International Thialf Race

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	Name	Cat	PB	Time	Info
189	wt	9 <b>Yoeri van Bostelen</b>	HA1	4:05.97	<b>4:08.55</b>
	rd	1 <b>Stijn Beekelaar</b>	HA2	4:09.47	<b>4:03.71</b> PB
	<b>Yoeri van Bostelen</b>			<b>Stijn Beekelaar</b>	
	200m	18.84 (18.84)	200m	19.02 (19.02)	
	600m	49.60 (30.76)	600m	50.00 (30.98)	
	1000m	1:21.12 (31.52)	1000m	1:21.89 (31.89)	
	1400m	1:53.78 (32.66)	1400m	1:53.80 (31.91)	
	1800m	2:26.40 (32.62)	1800m	2:25.82 (32.02)	
	2200m	2:59.81 (33.41)	2200m	2:58.39 (32.57)	
	2600m	3:33.67 (33.86)	2600m	3:31.10 (32.71)	
	3000m	4:08.55 (34.88)	3000m	4:03.71 (32.61)	

	Name	Cat	PB	Time	Info
190	yw	45 <b>Tom Nijdam</b>	HA2	4:10.13	<b>4:09.44</b> PB
	bl	49 <b>Niels van Reeuwijk</b>	HA1	4:06.85	<b>4:07.24</b>
	<b>Tom Nijdam</b>			<b>Niels van Reeuwijk</b>	
	200m	19.22 (19.22)	200m	19.38 (19.38)	
	600m	49.41 (30.19)	600m	49.26 (29.88)	
	1000m	1:20.79 (31.38)	1000m	1:20.76 (31.50)	
	1400m	1:52.97 (32.18)	1400m	1:52.47 (31.71)	
	1800m	2:25.80 (32.83)	1800m	2:25.15 (32.68)	
	2200m	2:59.42 (33.62)	2200m	2:58.58 (33.43)	
	2600m	3:33.99 (34.57)	2600m	3:32.43 (33.85)	
	3000m	4:09.44 (35.45)	3000m	4:07.24 (34.81)	

# International Thialf Race

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		Name	Cat	PB	Time Info
191	wt	121 <b>Thijs van Bostelen</b>	HA1	4:07.56	<b>WDR</b>
	rd	2 <b>Mats Bendijk</b>	HB2	4:03.19	<b>4:03.09</b> PB
		<u>Thijs van Bostelen</u>		<u>Mats Bendijk</u>	
				200m	19.18 (19.18)
				600m	49.15 (29.97)
				1000m	1:20.70 (31.55)
				1400m	1:52.32 (31.62)
				1800m	2:24.31 (31.99)
				2200m	2:57.04 (32.73)
				2600m	3:29.51 (32.47)
				3000m	4:03.09 (33.58)

		Name	Cat	PB	Time Info
192	yw	23 <b>Rinze-Bart de Glee</b>	HA2	4:01.89	<b>4:01.39</b> PB
	bl	59 <b>Jasper Tinga</b>	HA2	3:59.49	<b>3:58.08</b> PB
		<u>Rinze-Bart de Glee</u>		<u>Jasper Tinga</u>	
		200m	18.93 (18.93)	200m	19.92 (19.92)
		600m	49.13 (30.20)	600m	50.54 (30.62)
		1000m	1:19.44 (30.31)	1000m	1:21.48 (30.94)
		1400m	1:50.10 (30.66)	1400m	1:52.42 (30.94)
		1800m	2:21.37 (31.27)	1800m	2:23.37 (30.95)
		2200m	2:53.66 (32.29)	2200m	2:54.31 (30.94)
		2600m	3:26.84 (33.18)	2600m	3:25.88 (31.57)
		3000m	4:01.39 (34.55)	3000m	3:58.08 (32.20)

# International Thialf Race

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		Name			Cat			PB	Time	Info
193	wt	62	<b>Loek van Vilsteren</b>		HA2			4:01.78	<b>3:58.01</b>	PB
	rd	36	<b>Mika Kolder</b>		HB2			4:02.72	<b>3:56.82</b>	PB
		<b>Loek van Vilsteren</b>				<b>Mika Kolder</b>				
		200m	19.32	(19.32)	200m	19.48	(19.48)			
		600m	50.60	(31.28)	600m	50.53	(31.05)			
		1000m	1:21.71	(31.11)	1000m	1:22.23	(31.70)			
		1400m	1:52.59	(30.88)	1400m	1:53.30	(31.07)			
		1800m	2:23.07	(30.48)	1800m	2:23.92	(30.62)			
		2200m	2:53.87	(30.80)	2200m	2:54.34	(30.42)			
		2600m	3:25.30	(31.43)	2600m	3:25.19	(30.85)			
		3000m	3:58.01	(32.71)	3000m	3:56.82	(31.63)			

		Name			Cat			PB	Time	Info
194	yw	46	<b>Thijmen Paardekooper</b>		HA1			4:02.39	<b>4:03.79</b>	
	bl	65	<b>Hidde Westra</b>		HA2			3:52.43	<b>3:55.12</b>	
		<b>Thijmen Paardekooper</b>				<b>Hidde Westra</b>				
		200m	19.27	(19.27)	200m	19.38	(19.38)			
		600m	49.45	(30.18)	600m	48.96	(29.58)			
		1000m	1:20.02	(30.57)	1000m	1:18.54	(29.58)			
		1400m	1:51.37	(31.35)	1400m	1:48.46	(29.92)			
		1800m	2:23.45	(32.08)	1800m	2:19.14	(30.68)			
		2200m	2:56.29	(32.84)	2200m	2:50.46	(31.32)			
		2600m	3:29.69	(33.40)	2600m	3:22.49	(32.03)			
		3000m	4:03.79	(34.10)	3000m	3:55.12	(32.63)			



# International Thialf Race

Thialf - Heerenveen  
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## 16. Result Portugal 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	111 Rodrigo José Cavaleiro Mendes	HN2	195	I	4:29.19	
2	109 Tiago Manuel Custódio Marreiros	HB2	195	O	4:40.19	

# International Thialf Race

Thialf - Heerenveen  
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## 16. Race Result Portugal 3000 meter

	Name	Cat	PB	Time	Info
195	wt 111 <b>Rodrigo José Cavaleiro Mendes</b>	HN2		<b>4:29.19</b>	
	rd 109 <b>Tiago Manuel Custódio Marreiros</b>	HB2		<b>4:40.19</b>	
	<b>Rodrigo José Cavaleiro Mendes</b>		<b>Tiago Manuel Custódio Marreiros</b>		
	200m	20.96 (20.96)	200m	21.87 (21.87)	
	600m	54.74 (33.78)	600m	56.38 (34.51)	
	1000m	1:29.68 (34.94)	1000m	1:31.65 (35.27)	
	1400m	2:05.21 (35.53)	1400m	2:07.98 (36.33)	
	1800m	2:40.86 (35.65)	1800m	2:45.25 (37.27)	
	2200m	3:16.61 (35.75)	2200m	3:23.45 (38.20)	
	2600m	3:53.25 (36.64)	2600m	4:02.14 (38.69)	
	3000m	4:29.19 (35.94)	3000m	4:40.19 (38.05)	

# International Thialf Race

Thialf - Heerenveen  
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## 17. Result Woman & Men 5000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	40 <b>Thomas de Lange</b>	HN1	196	O	<b>6:50.31</b>	PB	
2	84 <b>Colin James Duivenvoorden</b>	HN1	197	O	<b>6:53.21</b>		
3	43 <b>Rick Meijer</b>	HN1	196	I	<b>6:59.37</b>	PB	
4	124 <b>Esther Kiel</b>	DSA	197	I	<b>7:12.22</b>		

# International Thialf Race

Thialf - Heerenveen  
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## 17. Race Result Woman & Men 5000 meter

	Name	Cat	PB	Time	Info
196	wt 43 <b>Rick Meijer</b>	HN1	7:00.00	<b>6:59.37</b>	PB
	rd 40 <b>Thomas de Lange</b>	HN1	6:55.71	<b>6:50.31</b>	PB
	<b>Rick Meijer</b>				
	200m	19.85 (19.85)			
	600m	51.65 (31.80)			
	1000m	1:25.35 (33.70)			
	1400m	1:57.57 (32.22)			
	1800m	2:29.81 (32.24)			
	2200m	3:02.13 (32.32)			
	2600m	3:34.43 (32.30)			
	3000m	4:07.37 (32.94)			
	3400m	4:40.25 (32.88)			
	3800m	5:13.89 (33.64)			
	4200m	5:48.56 (34.67)			
	4600m	6:23.72 (35.16)			
	5000m	6:59.37 (35.65)			
	<b>Thomas de Lange</b>				
	200m	19.74 (19.74)			
	600m	50.75 (31.01)			
	1000m	1:22.75 (32.00)			
	1400m	1:54.67 (31.92)			
	1800m	2:26.50 (31.83)			
	2200m	2:58.23 (31.73)			
	2600m	3:29.89 (31.66)			
	3000m	4:01.89 (32.00)			
	3400m	4:34.19 (32.30)			
	3800m	5:06.82 (32.63)			
	4200m	5:40.15 (33.33)			
	4600m	6:14.37 (34.22)			
	5000m	6:50.31 (35.94)			

	Name	Cat	PB	Time	Info
197	yw 124 <b>Esther Kiel</b>	DSA	7:11.68	<b>7:12.22</b>	
	bl 84 <b>Colin James Duivenvoorden</b>	HN1	6:33.99	<b>6:53.21</b>	
	<b>Esther Kiel</b>				
	200m	21.57 (21.57)			
	600m	55.87 (34.30)			
	1000m	1:30.27 (34.40)			
	1400m	2:04.81 (34.54)			
	1800m	2:39.31 (34.50)			
	2200m	3:13.65 (34.34)			
	2600m	3:47.46 (33.81)			
	3000m	4:21.42 (33.96)			
	3400m	4:55.69 (34.27)			
	3800m	5:29.92 (34.23)			
	4200m	6:04.00 (34.08)			
	4600m	6:38.13 (34.13)			
	5000m	7:12.22 (34.09)			
	<b>Colin James Duivenvoorden</b>				
	200m	20.13 (20.13)			
	600m	50.92 (30.79)			
	1000m	1:21.48 (30.56)			
	1400m	1:52.53 (31.05)			
	1800m	2:23.93 (31.40)			
	2200m	2:55.83 (31.90)			
	2600m	3:28.29 (32.46)			
	3000m	4:01.29 (33.00)			
	3400m	4:35.10 (33.81)			
	3800m	5:09.86 (34.76)			
	4200m	5:44.30 (34.44)			
	4600m	6:18.94 (34.64)			
	5000m	6:53.21 (34.27)			

# International Thialf Race

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## 18. Result Women 2nd 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	21 Bente Kerkhoff	DN2	199	O	2:03.83		
2	17 Jildou Hoekstra	DA2	201	I	2:04.42	PB	
3	13 Lotte Groenen	DA1	200	O	2:06.10	PB	
4	15 Pien Hersman	DA2	199	I	2:06.24	PB	
5	34 Yael Prenger	DN1	201	O	2:06.79		
6	33 Tess Postma	DA1	200	I	2:09.22		
7	57 Kaat van Steekelenburg	DA2	198	O	2:13.65	PB	
8	51 Britt Breider	DB1	198	I	2:16.11		

# International Thialf Race

Thialf - Heerenveen  
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## 18. Race Result Women 2nd 1500 meter

		Name		Cat		PB	Time	Info
198	wt	51	<b>Britt Breider</b>		DB1	2:13.44	<b>2:16.11</b>	
	rd	57	<b>Kaat van Steekelenburg</b>		DA2	2:19.65	<b>2:13.65</b>	PB
		<b>Britt Breider</b>			<b>Kaat van Steekelenburg</b>			
		300m	29.74	(29.74)	300m	30.06	(30.06)	
		700m	1:03.71	(33.97)	700m	1:03.49	(33.43)	
		1100m	1:39.37	(35.66)	1100m	1:38.04	(34.55)	
		1500m	2:16.11	(36.74)	1500m	2:13.65	(35.61)	

		Name		Cat		PB	Time	Info
199	yw	15	<b>Pien Hersman</b>		DA2	2:06.94	<b>2:06.24</b>	PB
	bl	21	<b>Bente Kerkhoff</b>		DN2	2:02.08	<b>2:03.83</b>	
		<b>Pien Hersman</b>			<b>Bente Kerkhoff</b>			
		300m	26.47	(26.47)	300m	27.43	(27.43)	
		700m	57.62	(31.15)	700m	57.68	(30.25)	
		1100m	1:30.90	(33.28)	1100m	1:29.86	(32.18)	
		1500m	2:06.24	(35.34)	1500m	2:03.83	(33.97)	

		Name		Cat		PB	Time	Info
200	wt	33	<b>Tess Postma</b>		DA1	2:08.18	<b>2:09.22</b>	
	rd	13	<b>Lotte Groenen</b>		DA1	2:10.76	<b>2:06.10</b>	PB
		<b>Tess Postma</b>			<b>Lotte Groenen</b>			
		300m	27.28	(27.28)	300m	26.72	(26.72)	
		700m	58.29	(31.01)	700m	57.40	(30.68)	
		1100m	1:32.06	(33.77)	1100m	1:30.78	(33.38)	
		1500m	2:09.22	(37.16)	1500m	2:06.10	(35.32)	

		Name		Cat		PB	Time	Info
201	yw	17	<b>Jildou Hoekstra</b>		DA2	2:06.75	<b>2:04.42</b>	PB
	bl	34	<b>Yael Prenger</b>		DN1	2:03.50	<b>2:06.79</b>	
		<b>Jildou Hoekstra</b>			<b>Yael Prenger</b>			
		300m	26.04	(26.04)	300m	27.19	(27.19)	
		700m	55.85	(29.81)	700m	58.10	(30.91)	
		1100m	1:28.65	(32.80)	1100m	1:31.07	(32.97)	
		1500m	2:04.42	(35.77)	1500m	2:06.79	(35.72)	

# International Thialf Race

Thialf - Heerenveen  
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## 19. Result Men 2nd 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	17 Tom Egbertsen	HA2	214	O	1:51.18	PB	
2	6 Jenning de Boo	HA2	213	I	1:52.76	PB	
3	54 Ties van Seumeren	HA1	215	O	1:53.43		
4	35 Jelle Koeleman	HA2	214	I	1:53.78		
5	55 Remco Stam	HA2	212	O	1:54.18	PB	
6	8 Mats van den Bos	HA1	211	I	1:54.25	PB	
7	57 Pim Stuij	HN1	209	O	1:54.43	PB	
8	48 Matthé Pronk	HA2	215	I	1:54.47		
9	68 Joël Bom	HA1	210	O	1:54.82	PB	
10	30 Yanick de Hoogd	HA1	207	O	1:55.29	PB	
11	27 Freek van der Ham	HA1	210	I	1:55.48	PB	
12	42 Nick Luijten	HA2	211	O	1:55.51		
13	56 Joep Stubbe	HA1	213	O	1:55.54		
14	7 Bryant Boogert	HA1	208	I	1:56.84	PB	
15	51 Jelle Rieff	HN1	212	I	1:56.89		
16	52 Thom Rooijackers	HA2	206	I	1:58.05	PB	
17	22 Tijs van Gennip	HB2	207	I	1:58.24		
18	19 Rinse Franken	HB2	208	O	1:58.38		
19	71 Arjen Boersma	HB1	206	O	1:58.94	PB	
20	41 Teun van der Linden	HA1	205	O	1:59.54		
21	121 Thijs van Bostelen	HA1	204	O	2:01.00		
22	39 Niels de Kruijk	HB2	209	I	2:01.01		
23	53 Eise van Schijndel	HB2	205	I	2:01.35		
24	120 Jilles Tjoelker	HA1	202	I	2:02.27		
25	69 Luke Zelif	HB2	202	O	2:07.66		
	26 Swen Halferkamps	HA1				WDR	

# International Thialf Race

Thialf - Heerenveen  
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## 19. Race Result Men 2nd 1500 meter

		Name		Cat		PB		Time	Info
202	wt	120	<b>Jilles Tjoelker</b>		HA1			<b>2:02.27</b>	
	rd	69	<b>Luke Zeliff</b>		HB2			<b>2:07.66</b>	
		<u>Jilles Tjoelker</u>			<u>Luke Zeliff</u>				
		300m	25.84	(25.84)	300m	27.18	(27.18)		
		700m	55.87	(30.03)	700m	58.13	(30.95)		
		1100m	1:28.22	(32.35)	1100m	1:31.80	(33.67)		
		1500m	2:02.27	(34.05)	1500m	2:07.66	(35.86)		

		Name		Cat		PB		Time	Info
203	yw								
	bl								
		<u>m</u>			<u>m</u>				

		Name		Cat		PB		Time	Info
204	wt	26	<b>Swen Halferkamps</b>		HA1	1:58.92		<b>WDR</b>	
	rd	121	<b>Thijs van Bostelen</b>		HA1	1:59.44		<b>2:01.00</b>	
		<u>Swen Halferkamps</u>			<u>Thijs van Bostelen</u>				
					300m	26.66	(26.66)		
					700m	56.57	(29.91)		
					1100m	1:28.00	(31.43)		
					1500m	2:01.00	(33.00)		

		Name		Cat		PB		Time	Info
205	yw	53	<b>Eise van Schijndel</b>		HB2	1:59.96		<b>2:01.35</b>	
	bl	41	<b>Teun van der Linden</b>		HA1	1:59.30		<b>1:59.54</b>	
		<u>Eise van Schijndel</u>			<u>Teun van der Linden</u>				
		300m	26.24	(26.24)	300m	27.10	(27.10)		
		700m	55.82	(29.58)	700m	57.41	(30.31)		
		1100m	1:27.38	(31.56)	1100m	1:28.59	(31.18)		
		1500m	2:01.35	(33.97)	1500m	1:59.54	(30.95)		



# International Thialf Race

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		Name	Cat		PB	Time	Info
206	wt	52 <b>Thom Rooijackers</b>	HA2		1:59.38	<b>1:58.05</b>	PB
	rd	71 <b>Arjen Boersma</b>	HB1		1:59.34	<b>1:58.94</b>	PB
		<b>Thom Rooijackers</b>		<b>Arjen Boersma</b>			
		300m	24.91	(24.91)	300m	25.84	(25.84)
		700m	53.14	(28.23)	700m	55.53	(29.69)
		1100m	1:24.14	(31.00)	1100m	1:26.69	(31.16)
		1500m	1:58.05	(33.91)	1500m	1:58.94	(32.25)
		Name	Cat		PB	Time	Info
207	yw	22 <b>Tijs van Gennip</b>	HB2		1:58.21	<b>1:58.24</b>	
	bl	30 <b>Yanick de Hoogd</b>	HA1		1:57.77	<b>1:55.29</b>	PB
		<b>Tijs van Gennip</b>		<b>Yanick de Hoogd</b>			
		300m	25.26	(25.26)	300m	25.66	(25.66)
		700m	54.09	(28.83)	700m	53.17	(27.51)
		1100m	1:25.36	(31.27)	1100m	1:22.88	(29.71)
		1500m	1:58.24	(32.88)	1500m	1:55.29	(32.41)
		Name	Cat		PB	Time	Info
208	wt	7 <b>Bryant Boogert</b>	HA1		1:58.66	<b>1:56.84</b>	PB
	rd	19 <b>Rinse Franken</b>	HB2		1:58.07	<b>1:58.38</b>	
		<b>Bryant Boogert</b>		<b>Rinse Franken</b>			
		300m	24.48	(24.48)	300m	25.47	(25.47)
		700m	52.49	(28.01)	700m	54.16	(28.69)
		1100m	1:23.30	(30.81)	1100m	1:25.38	(31.22)
		1500m	1:56.84	(33.54)	1500m	1:58.38	(33.00)
		Name	Cat		PB	Time	Info
209	yw	39 <b>Niels de Kruijk</b>	HB2		1:58.61	<b>2:01.01</b>	
	bl	57 <b>Pim Stuij</b>	HN1		1:55.47	<b>1:54.43</b>	PB
		<b>Niels de Kruijk</b>		<b>Pim Stuij</b>			
		300m	25.04	(25.04)	300m	24.11	(24.11)
		700m	54.54	(29.50)	700m	51.49	(27.38)
		1100m	1:27.07	(32.53)	1100m	1:21.35	(29.86)
		1500m	2:01.01	(33.94)	1500m	1:54.43	(33.08)

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		Name		Cat		PB		Time	Info
210	wt	27	<b>Freek van der Ham</b>		HA1		1:56.61	<b>1:55.48</b>	PB
	rd	68	<b>Joël Bom</b>		HA1		1:57.08	<b>1:54.82</b>	PB
		<b>Freek van der Ham</b>			<b>Joël Bom</b>				
		300m	25.88	(25.88)	300m	25.59	(25.59)		
		700m	54.24	(28.36)	700m	54.01	(28.42)		
		1100m	1:23.98	(29.74)	1100m	1:23.91	(29.90)		
		1500m	1:55.48	(31.50)	1500m	1:54.82	(30.91)		
<hr/>									
		Name		Cat		PB		Time	Info
211	yw	8	<b>Mats van den Bos</b>		HA1		1:57.21	<b>1:54.25</b>	PB
	bl	42	<b>Nick Luijten</b>		HA2		1:54.96	<b>1:55.51</b>	
		<b>Mats van den Bos</b>			<b>Nick Luijten</b>				
		300m	24.89	(24.89)	300m	24.90	(24.90)		
		700m	52.90	(28.01)	700m	52.70	(27.80)		
		1100m	1:22.25	(29.35)	1100m	1:22.79	(30.09)		
		1500m	1:54.25	(32.00)	1500m	1:55.51	(32.72)		
<hr/>									
		Name		Cat		PB		Time	Info
212	wt	51	<b>Jelle Rieff</b>		HN1		1:54.23	<b>1:56.89</b>	
	rd	55	<b>Remco Stam</b>		HA2		1:55.88	<b>1:54.18</b>	PB
		<b>Jelle Rieff</b>			<b>Remco Stam</b>				
		300m	25.05	(25.05)	300m	25.49	(25.49)		
		700m	53.65	(28.60)	700m	53.72	(28.23)		
		1100m	1:24.28	(30.63)	1100m	1:23.32	(29.60)		
		1500m	1:56.89	(32.61)	1500m	1:54.18	(30.86)		
<hr/>									
		Name		Cat		PB		Time	Info
213	yw	6	<b>Jenning de Boo</b>		HA2		1:53.43	<b>1:52.76</b>	PB
	bl	56	<b>Joep Stubbe</b>		HA1		1:54.02	<b>1:55.54</b>	
		<b>Jenning de Boo</b>			<b>Joep Stubbe</b>				
		300m	24.45	(24.45)	300m	25.15	(25.15)		
		700m	51.74	(27.29)	700m	53.30	(28.15)		
		1100m	1:21.09	(29.35)	1100m	1:23.50	(30.20)		
		1500m	1:52.76	(31.67)	1500m	1:55.54	(32.04)		

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		Name			Cat			PB	Time	Info
214	wt	35	<b>Jelle Koeleman</b>		HA2			1:53.59	<b>1:53.78</b>	
	rd	17	<b>Tom Egbertsen</b>		HA2			1:51.60	<b>1:51.18</b>	PB
		<b>Jelle Koeleman</b>			<b>Tom Egbertsen</b>					
		300m	24.96	(24.96)	300m	24.48	(24.48)			
		700m	53.12	(28.16)	700m	51.43	(26.95)			
		1100m	1:22.61	(29.49)	1100m	1:20.41	(28.98)			
		1500m	1:53.78	(31.17)	1500m	1:51.18	(30.77)			
<hr/>										
		Name			Cat			PB	Time	Info
215	yw	48	<b>Matthé Pronk</b>		HA2			1:54.14	<b>1:54.47</b>	
	bl	54	<b>Ties van Seumeren</b>		HA1			1:53.17	<b>1:53.43</b>	
		<b>Matthé Pronk</b>			<b>Ties van Seumeren</b>					
		300m	25.37	(25.37)	300m	25.27	(25.27)			
		700m	53.30	(27.93)	700m	52.87	(27.60)			
		1100m	1:22.89	(29.59)	1100m	1:22.23	(29.36)			
		1500m	1:54.47	(31.58)	1500m	1:53.43	(31.20)			

# International Thialf Race

Thialf - Heerenveen  
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## 20. Result Portugal 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	107 António Morgado Piteira	HB1	223	I	2:10.67	
2	106 Pedro Henrique Mendes De Figueiredo	HN1	223	O	2:15.69	
3	116 Martim José Coelho Vieira	HC1	222	O	2:18.12	
4	78 Joana Carolina Pereira Vieira	DB2	217	O	2:21.09	
5	105 João Afonso Calado Dias	HB2	222	I	2:21.51	
6	119 Manuel Morgado Piteira	HC1	221	O	2:23.32	
7	108 João Rodrigues Do Nascimento Bettencourt	HB1	221	I	2:26.29	
8	110 Luís Carlos Ponte Da Silva	HN1	218	O	2:27.07	
9	112 Diogo Helder Lourenço	HN2	218	I	2:28.01	
10	117 Tiago Filipe Calado Mestre	HC1	220	O	2:30.90	
11	77 Ana Rita Andrade De Freitas	DB1	216	O	2:38.56	
12	75 Soraia Da Silva Marques	DB2	216	I	2:47.45	
	76 Francisca Gomes Henriques	DB1	217	I	DQ	
	118 Raúl Jorge Freitas Mendonça	HC1	220	I	DQ	

# International Thialf Race

Thialf - Heerenveen  
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## 20. Race Result Portugal 1500 meter

	Name	Cat	PB	Time Info
216	wt 75 <b>Soraia Da Silva Marques</b>	DB2		<b>2:47.45</b>
	rd 77 <b>Ana Rita Andrade De Freitas</b>	DB1		<b>2:38.56</b>

### Soraia Da Silva Marques

300m	32.57	(32.57)
700m	1:11.88	(39.31)
1100m	1:56.82	(44.94)
1500m	2:47.45	(50.63)

### Ana Rita Andrade De Freitas

300m	34.26	(34.26)
700m	1:13.57	(39.31)
1100m	1:54.70	(41.13)
1500m	2:38.56	(43.86)

	Name	Cat	PB	Time Info
217	yw 76 <b>Francisca Gomes Henriques</b>	DB1		<b>DQ</b>
	bl 78 <b>Joana Carolina Pereira Vieira</b>	DB2		<b>2:21.09</b>

### Francisca Gomes Henriques

300m	28.93	(28.93)
700m	40.74	(11.81)
1100m	52.55	(11.81)
1500m	1:04.36	(11.81)

### Joana Carolina Pereira Vieira

300m	31.50	(31.50)
700m	1:08.09	(36.59)
1100m	1:42.76	(34.67)
1500m	2:21.09	(38.33)

	Name	Cat	PB	Time Info
218	wt 112 <b>Diogo Helder Lourenço</b>	HN2		<b>2:28.01</b>
	rd 110 <b>Luís Carlos Ponte Da Silva</b>	HN1		<b>2:27.07</b>

### Diogo Helder Lourenço

300m	31.50	(31.50)
700m	1:08.16	(36.66)
1100m	1:46.75	(38.59)
1500m	2:28.01	(41.26)

### Luís Carlos Ponte Da Silva

300m	31.42	(31.42)
700m	1:07.84	(36.42)
1100m	1:46.42	(38.58)
1500m	2:27.07	(40.65)

	Name	Cat	PB	Time Info
219	yw			
	bl			

m

m

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		Name	Cat	PB	Time	Info	
220	wt	118 <b>Raúl Jorge Freitas Mendonça</b>	HC1			<b>DQ</b>	
	rd	117 <b>Tiago Filipe Calado Mestre</b>	HC1			<b>2:30.90</b>	
		<b>Raúl Jorge Freitas Mendonça</b>			<b>Tiago Filipe Calado Mestre</b>		
		300m	28.43 (28.43)	300m	31.08 (31.08)		
		700m	56.86 (28.43)	700m	1:08.09 (37.01)		
		1100m	1:25.29 (28.43)	1100m	1:48.65 (40.56)		
		1500m	1:53.72 (28.43)	1500m	2:30.90 (42.25)		
		Name	Cat	PB	Time	Info	
221	yw	108 <b>João Rodrigues Do Nascimento Bettencourt</b>	HB1			<b>2:26.29</b>	
	bl	119 <b>Manuel Morgado Piteira</b>	HC1			<b>2:23.32</b>	
		<b>João Rodrigues Do Nascimento Bettencourt</b>			<b>Manuel Morgado Piteira</b>		
		300m	1:06.85 (66.85)	300m	30.42 (30.42)		
		700m	1:33.33 (26.48)	700m	1:06.75 (36.33)		
		1100m	1:59.81 (26.48)	1100m	1:44.87 (38.12)		
		1500m	2:26.29 (26.48)	1500m	2:23.32 (38.45)		
		Name	Cat	PB	Time	Info	
222	wt	105 <b>João Afonso Calado Dias</b>	HB2			<b>2:21.51</b>	
	rd	116 <b>Martim José Coelho Vieira</b>	HC1			<b>2:18.12</b>	
		<b>João Afonso Calado Dias</b>			<b>Martim José Coelho Vieira</b>		
		300m	29.08 (29.08)	300m	27.99 (27.99)		
		700m	1:04.26 (35.18)	700m	1:02.07 (34.08)		
		1100m	1:42.14 (37.88)	1100m	1:39.70 (37.63)		
		1500m	2:21.51 (39.37)	1500m	2:18.12 (38.42)		
		Name	Cat	PB	Time	Info	
223	yw	107 <b>António Morgado Piteira</b>	HB1			<b>2:10.67</b>	
	bl	106 <b>Pedro Henrique Mendes De Figueiredo</b>	HN1			<b>2:15.69</b>	
		<b>António Morgado Piteira</b>			<b>Pedro Henrique Mendes De Figueiredo</b>		
		300m	27.91 (27.91)	300m	28.94 (28.94)		
		700m	1:00.16 (32.25)	700m	1:01.98 (33.04)		
		1100m	1:34.29 (34.13)	1100m	1:38.04 (36.06)		
		1500m	2:10.67 (36.38)	1500m	2:15.69 (37.65)		

# International Thialf Race

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## 21. Result Women 2nd 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	20 <b>Sylke Kas</b>	DN2	225	I	<b>1:20.33</b>	
2	9 <b>Janine Garretsen</b>	DB1	224	I	<b>1:31.21</b>	
	50 <b>Sofie Bouw</b>	DA1			<b>WDR</b>	

# International Thialf Race

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## 21. Race Result Women 2nd 1000 meter

	Name	Cat	PB	Time Info
224	wt rd	9 <b>Janine Garretsen</b>	DB1	1:26.30 <b>1:31.21</b>

### Janine Garretsen

200m	21.31	(21.31)	m
600m	54.88	(33.57)	
1000m	1:31.21	(36.33)	

	Name	Cat	PB	Time Info
225	yw bl	20 <b>Sylke Kas</b>	DN2	1:18.82 <b>1:20.33</b>
		50 <b>Sofie Bouw</b>	DA1	1:23.93 <b>WDR</b>

### Sylke Kas

200m	18.73	(18.73)
600m	48.12	(29.39)
1000m	1:20.33	(32.21)

### Sofie Bouw



# International Thialf Race

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## 22. Result Men 2nd 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	34 Björn Kitselaar	HA1	227	I	1:17.60	PB	
2	33 Gijs Kamp	HA2	227	O	1:17.78		
3	82 Rens Vergeer	HB2	226	I	1:18.84	PB	

# International Thialf Race

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## 22. Race Result Men 2nd 1000 meter

	Name	Cat	PB	Time	Info
226	wt rd	82 <b>Rens Vergeer</b>	HB2	1:23.62	<b>1:18.84</b> PB
	<b>Rens Vergeer</b>				
	200m	18.69 (18.69)		m	
	600m	47.81 (29.12)			
	1000m	1:18.84 (31.03)			

	Name	Cat	PB	Time	Info
227	yw bl	34 <b>Björn Kitselaar</b>	HA1	1:17.64	<b>1:17.60</b> PB
		33 <b>Gijs Kamp</b>	HA2	1:15.93	<b>1:17.78</b>
	<b>Björn Kitselaar</b>				
	200m	17.84 (17.84)			
	600m	45.97 (28.13)			
	1000m	1:17.60 (31.63)			
	<b>Gijs Kamp</b>				
	200m	17.38 (17.38)			
	600m	45.51 (28.13)			
	1000m	1:17.78 (32.27)			

# International Thialf Race

Thialf - Heerenveen  
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## 23. Result Portugal 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	111 Rodrigo José Cavaleiro Mendes	HN2	230	O	<b>1:23.76</b>	
2	109 Tiago Manuel Custódio Marreiros	HB2	230	I	<b>1:30.82</b>	
3	122 Leonor Almodôvar Ladeira	DC2	229	O	<b>1:37.81</b>	
4	120 Clara Correia Cruz Pereira	DC1	228	O	<b>1:43.22</b>	
5	121 Helena Oryshchyn	DC2	229	I	<b>1:44.38</b>	
6	123 Joana Barbosa Ramos	DC1	228	I	<b>2:02.16</b>	

# International Thialf Race

Thialf - Heerenveen  
24 and 25 September 2022

## 23. Race Result Portugal 1000 meter

		Name	Cat	PB	Time	Info
228	wt	123 <b>Joana Barbosa Ramos</b>	DC1		<b>2:02.16</b>	
	rd	120 <b>Clara Correia Cruz Pereira</b>	DC1		<b>1:43.22</b>	
		<u>Joana Barbosa Ramos</u>				<u>Clara Correia Cruz Pereira</u>
		200m 25.46 (25.46)			200m 23.34 (23.34)	
		600m 1:13.09 (47.63)			600m 1:02.83 (39.49)	
		1000m 2:02.16 (49.07)			1000m 1:43.22 (40.39)	

		Name	Cat	PB	Time	Info
229	yw	121 <b>Helena Oryshchyn</b>	DC2		<b>1:44.38</b>	
	bl	122 <b>Leonor Almodôvar Ladeira</b>	DC2		<b>1:37.81</b>	
		<u>Helena Oryshchyn</u>				<u>Leonor Almodôvar Ladeira</u>
		200m 22.26 (22.26)			200m 22.18 (22.18)	
		600m 1:00.49 (38.23)			600m 57.65 (35.47)	
		1000m 1:44.38 (43.89)			1000m 1:37.81 (40.16)	

		Name	Cat	PB	Time	Info
230	wt	109 <b>Tiago Manuel Custódio Marreiros</b>	HB2		<b>1:30.82</b>	
	rd	111 <b>Rodrigo José Cavaleiro Mendes</b>	HN2		<b>1:23.76</b>	
		<u>Tiago Manuel Custódio Marreiros</u>				<u>Rodrigo José Cavaleiro Mendes</u>
		200m 21.50 (21.50)			200m 20.03 (20.03)	
		600m 55.63 (34.13)			600m 51.16 (31.13)	
		1000m 1:30.82 (35.19)			1000m 1:23.76 (32.60)	