

1. Uitslag 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 29 Daan de Graaf | HA1 | 1 | O | 39.83 | | |
| 2 | 23 Marius ten Herkel | HSB | 2 | O | 40.96 | | |
| 3 | 28 Kian Baard | HB2 | 2 | I | 41.18 | | |
| 4 | 10 Sven Rill | HSA | 1 | I | 42.91 | | |
| 5 | 25 Stijn Zwaan | HC2 | 3 | I | 43.20 | HT | |
| 6 | 12 Christiaan Smit | HSB | 3 | O | 43.77 | | |
| 7 | 2 Joanan van Loo | HB1 | 4 | I | 44.26 | HT | |
| 8 | 30 Peter Paul Erdman | HSB | 8 | I | 44.31 | | |
| 9 | 19 Bart Makaske | H60 | 6 | I | 45.02 | | |
| 10 | 5 Anton Mink | H60 | 5 | O | 45.06 | | |
| 11 | 18 Ben van Sligtenhorst | HB1 | 6 | O | 45.94 | | |
| 12 | 17 Henk Roelfsema | H60 | 5 | I | 46.59 | | |
| 13 | 13 Irma Woud | D50 | 8 | O | 48.61 | | |
| 14 | 4 Bart Lemcke | H40 | 7 | O | 48.67 | | |
| 15 | 22 Sophie Rijnders | DSA | 7 | I | 49.97 | | |
| 16 | 14 Wouter Breeuwsma | H60 | 10 | I | 50.61 | | |
| 17 | 24 Nanne Kabel | DB1 | 9 | I | 50.73 | | |
| 18 | 20 Joost Siemensma | H50 | 11 | O | 51.58 | | |
| 19 | 9 Jarno Zomerman | HC2 | 12 | O | 51.88 | PR | |
| 20 | 8 Marjan Koerselman | D45 | 12 | I | 52.36 | | |
| 21 | 7 Linn Kolkman | DC1 | 11 | I | 53.59 | PR | |
| 22 | 26 Nieske van Deelee | DC2 | 14 | O | 56.02 | | |
| 23 | 15 Clarine Bronkhorst | D55 | 14 | I | 56.68 | | |
| 24 | 6 Zuske Hofman | DC1 | 13 | O | 58.16 | | |
| 25 | 11 Marielle Faasen | D50 | 13 | I | 58.46 | | |
| | 27 Rutger Remmers | HSA | 4 | O | DNS | | |
| | 16 Karel Margry | H65 | | | WDR | | |
| | 3 Manuel van Loo | HPA | | | WDR | | |
| | 21 Sara de Wolf | DC2 | | | WDR | | |

1. Rituitslag 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------|----------------------|---------|----------------------|-------|--------------|------|
| 1 | wt | 10 | Sven Rill | | HSA | 40.92 | 42.91 | |
| | rd | 29 | Daan de Graaf | | HA1 | 38.71 | 39.83 | |
| | | Sven Rill | | | Daan de Graaf | | | |
| | | 100m | 11.80 | (11.80) | 100m | 10.79 | (10.79) | |
| | | 500m | 42.91 | (31.11) | 500m | 39.83 | (29.04) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 2 | gl | 28 | Kian Baard | | HB2 | 40.48 | 41.18 | |
| | bl | 23 | Marius ten Herkel | | HSB | 39.42 | 40.96 | |
| | | Kian Baard | | | Marius ten Herkel | | | |
| | | 100m | 11.29 | (11.29) | 100m | 11.33 | (11.33) | |
| | | 500m | 41.18 | (29.89) | 500m | 40.96 | (29.63) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 3 | wt | 25 | Stijn Zwaan | | HC2 | 43.29 | 43.20 | HT |
| | rd | 12 | Christiaan Smit | | HSB | 41.90 | 43.77 | |
| | | Stijn Zwaan | | | Christiaan Smit | | | |
| | | 100m | 11.25 | (11.25) | 100m | 12.04 | (12.04) | |
| | | 500m | 43.20 | (31.95) | 500m | 43.77 | (31.73) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 4 | gl | 2 | Joanan van Loo | | HB1 | 43.82 | 44.26 | HT |
| | bl | 27 | Rutger Remmers | | HSA | 44.06 | DNS | |
| | | Joanan van Loo | | | Rutger Remmers | | | |
| | | 100m | 11.79 | (11.79) | | | | |
| | | 500m | 44.26 | (32.47) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------|
| 5 | wt | 17 | Henk Roelfsema | | H60 | 43.59 | 46.59 | |
| | rd | 5 | Anton Mink | | H60 | 43.22 | 45.06 | |
| | | Henk Roelfsema | | | Anton Mink | | | |
| | | 100m | 12.53 | (12.53) | 100m | 12.21 | (12.21) | |
| | | 500m | 46.59 | (34.06) | 500m | 45.06 | (32.85) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 6 | gl | 19 | Bart Makaske | | H60 | 41.32 | 45.02 | |
| | bl | 18 | Ben van Sligtenhorst | | HB1 | 44.82 | 45.94 | |
| | | Bart Makaske | | | Ben van Sligtenhorst | | | |
| | | 100m | 12.21 | (12.21) | 100m | 12.26 | (12.26) | |
| | | 500m | 45.02 | (32.81) | 500m | 45.94 | (33.68) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 7 | wt | 22 | Sophie Rijnders | | DSA | 45.28 | 49.97 | |
| | rd | 4 | Bart Lemcke | | H40 | 43.28 | 48.67 | |
| | | Sophie Rijnders | | | Bart Lemcke | | | |
| | | 100m | 13.70 | (13.70) | 100m | 12.65 | (12.65) | |
| | | 500m | 49.97 | (36.27) | 500m | 48.67 | (36.02) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 8 | gl | 30 | Peter Paul Erdman | | HSB | 42.53 | 44.31 | |
| | bl | 13 | Irma Woud | | D50 | 43.36 | 48.61 | |
| | | Peter Paul Erdman | | | Irma Woud | | | |
| | | 100m | 12.40 | (12.40) | 100m | 12.92 | (12.92) | |
| | | 500m | 44.31 | (31.91) | 500m | 48.61 | (35.69) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 9 | wt | 24 | Nanne Kabel | | DB1 | 49.30 | 50.73 | |
| | rd | 16 | Karel Margry | | H65 | 41.14 | WDR | |
| | | Nanne Kabel | | | Karel Margry | | | |
| | | 100m | 13.35 | (13.35) | | | | |
| | | 500m | 50.73 | (37.38) | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 10 | gl | 14 | Wouter Breeuwsma | | H60 | 47.64 | 50.61 | |
| | bl | 3 | Manuel van Loo | | HPA | 50.23 | WDR | |
| | | Wouter Breeuwsma | | | Manuel van Loo | | | |
| | | 100m | 13.43 | (13.43) | | | | |
| | | 500m | 50.61 | (37.18) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|------------------------|---------|------------------------|-------|---------|-----------------|
| 11 | wt | 7 | Linn Kolkman | | DC1 | | 54.50 | 53.59 PR |
| | rd | 20 | Joost Siemensma | | H50 | | 44.50 | 51.58 |
| | | Linn Kolkman | | | Joost Siemensma | | | |
| | | 100m | 14.12 | (14.12) | 100m | 12.83 | (12.83) | |
| | | 500m | 53.59 | (39.47) | 500m | 51.58 | (38.75) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|-----------------------|-------|---------|-----------------|
| 12 | gl | 8 | Marjan Koerselman | | D45 | | 44.18 | 52.36 |
| | bl | 9 | Jarno Zomerman | | HC2 | | 51.95 | 51.88 PR |
| | | Marjan Koerselman | | | Jarno Zomerman | | | |
| | | 100m | 13.48 | (13.48) | 100m | 13.67 | (13.67) | |
| | | 500m | 52.36 | (38.88) | 500m | 51.88 | (38.21) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|---------|--------------|
| 13 | wt | 11 | Marielle Faasen | | D50 | | 56.08 | 58.46 |
| | rd | 6 | Zuske Hofman | | DC1 | | 57.19 | 58.16 |
| | | Marielle Faasen | | | Zuske Hofman | | | |
| | | 100m | 15.04 | (15.04) | 100m | 15.07 | (15.07) | |
| | | 500m | 58.46 | (43.42) | 500m | 58.16 | (43.09) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|--------------------------|-------|---------|--------------|
| 14 | gl | 15 | Clarine Bronkhorst | | D55 | | 51.35 | 56.68 |
| | bl | 26 | Nieske van Deelee | | DC2 | | 54.12 | 56.02 |
| | | Clarine Bronkhorst | | | Nieske van Deelee | | | |
| | | 100m | 14.72 | (14.72) | 100m | 14.58 | (14.58) | |
| | | 500m | 56.68 | (41.96) | 500m | 56.02 | (41.44) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|-----|-----|----|-------|------------|
| 15 | wt | 21 | Sara de Wolf | | DC2 | | 47.12 | WDR |
| | rd | | | | | | | |
| | | Sara de Wolf | | | | | | |
| | | | | | m | | | |

2. Uitslag 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 28 Kian Baard | HB2 | 17 | O | 1:21.46 | | |
| 2 | 23 Marius ten Herkel | HSB | 17 | I | 1:21.98 | | |
| 3 | 10 Sven Rill | HSA | 16 | O | 1:29.32 | | |
| 4 | 2 Joanan van Loo | HB1 | 16 | I | 1:32.19 | PR | |
| 5 | 13 Irma Woud | D50 | 19 | O | 1:39.64 | | |
| 6 | 22 Sophie Rijnders | DSA | 18 | I | 1:40.08 | | |
| 7 | 14 Wouter Breeuwsma | H60 | 19 | I | 1:45.35 | | |
| 8 | 8 Marjan Koerselman | D45 | 20 | I | 1:48.01 | | |
| 9 | 9 Jarno Zomerman | HC2 | 21 | O | 1:48.79 | | |
| 10 | 11 Marielle Faasen | D50 | 20 | O | 1:56.19 | | |
| 11 | 26 Nieske van Deelee | DC2 | 21 | I | 1:56.30 | PR | |
| | 16 Karel Margry | H65 | | | | WDR | |

2. Rituitslag 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|---------|----------------|------|
| 16 | wt | 2 | Joanan van Loo | | HB1 | 1:33.57 | 1:32.19 | PR |
| | rd | 10 | Sven Rill | | HSA | 1:21.55 | 1:29.32 | |
| | | Joanan van Loo | | | Sven Rill | | | |
| | | 200m | 20.22 | (20.22) | 200m | 20.10 | (20.10) | |
| | | 600m | 54.49 | (34.27) | 600m | 52.06 | (31.96) | |
| | | 1000m | 1:32.19 | (37.70) | 1000m | 1:29.32 | (37.26) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 17 | gl | 23 | Marius ten Herkel | | HSB | 1:18.30 | 1:21.98 | |
| | bl | 28 | Kian Baard | | HB2 | 1:19.31 | 1:21.46 | |
| | | Marius ten Herkel | | | Kian Baard | | | |
| | | 200m | 19.60 | (19.60) | 200m | 19.64 | (19.64) | |
| | | 600m | 50.05 | (30.45) | 600m | 49.50 | (29.86) | |
| | | 1000m | 1:21.98 | (31.93) | 1000m | 1:21.46 | (31.96) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 18 | wt | 22 | Sophie Rijnders | | DSA | 1:31.05 | 1:40.08 | |
| | rd | 16 | Karel Margry | | H65 | 1:19.85 | WDR | |
| | | Sophie Rijnders | | | Karel Margry | | | |
| | | 200m | 23.02 | (23.02) | | | | |
| | | 600m | 59.74 | (36.72) | | | | |
| | | 1000m | 1:40.08 | (40.34) | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 19 | gl | 14 | Wouter Breeuwsm | | H60 | 1:34.17 | 1:45.35 | |
| | bl | 13 | Irma Woud | | D50 | 1:26.28 | 1:39.64 | |
| | | Wouter Breeuwsm | | | Irma Woud | | | |
| | | 200m | 23.24 | (23.24) | 200m | 23.03 | (23.03) | |
| | | 600m | 1:02.35 | (39.11) | 600m | 1:00.15 | (37.12) | |
| | | 1000m | 1:45.35 | (43.00) | 1000m | 1:39.64 | (39.49) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 20 | wt | 8 | Marjan Koerselman | | D45 | 1:31.83 | 1:48.01 | |
| | rd | 11 | Marielle Faasen | | D50 | 1:53.31 | 1:56.19 | |
| | | Marjan Koerselman | | | Marielle Faasen | | | |
| | | 200m | 23.91 | (23.91) | 200m | 26.93 | (26.93) | |
| | | 600m | 1:04.10 | (40.19) | 600m | 1:10.53 | (43.60) | |
| | | 1000m | 1:48.01 | (43.91) | 1000m | 1:56.19 | (45.66) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 21 | gl | 26 | Nieske van Deelee | | DC2 | 1:59.74 | 1:56.30 | PR |
| | bl | 9 | Jarno Zomerman | | HC2 | 1:46.53 | 1:48.79 | |
| | | Nieske van Deelee | | | Jarno Zomerman | | | |
| | | 200m | 25.79 | (25.79) | 200m | 24.32 | (24.32) | |
| | | 600m | 1:09.58 | (43.79) | 600m | 1:05.44 | (41.12) | |
| | | 1000m | 1:56.30 | (46.72) | 1000m | 1:48.79 | (43.35) | |

3. Uitslag 700 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1 | 19 Bart Makaske | H60 | 22 | I | 1:03.23 | | |
| 2 | 20 Joost Siemensma | H50 | 22 | O | 1:13.77 | | |
| 3 | 7 Linn Kolkman | DC1 | 23 | O | 1:17.84 | | |
| 4 | 6 Zuske Hofman | DC1 | 23 | I | 1:24.74 | | |
| | 3 Manuel van Loo | HPA | | | | WDR | |

3. Rituitslag 700 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|------------------------|---------|------------------------|---------|---------|----------------|
| 22 | wt | 19 | Bart Makaske | | H60 | | 59.89 | 1:03.23 |
| | rd | 20 | Joost Siemensma | | H50 | | 1:03.75 | 1:13.77 |
| | | Bart Makaske | | | Joost Siemensma | | | |
| | | 300m | 29.31 | (29.31) | 300m | 33.51 | (33.51) | |
| | | 700m | 1:03.23 | (33.92) | 700m | 1:13.77 | (40.26) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|---------------------|---------|---------|----------------|
| 23 | gl | 6 | Zuske Hofman | | DC1 | | 1:21.83 | 1:24.74 |
| | bl | 7 | Linn Kolkman | | DC1 | | 1:14.76 | 1:17.84 |
| | | Zuske Hofman | | | Linn Kolkman | | | |
| | | 300m | 38.29 | (38.29) | 300m | 34.80 | (34.80) | |
| | | 700m | 1:24.74 | (46.45) | 700m | 1:17.84 | (43.04) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--|-----|--|----|------|------|
| 24 | wt | | | | | | | |
| | rd | | | | | | | |
| | | | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----|-----|----|---------|------------|
| 25 | gl | | | | | | | |
| | bl | 3 | Manuel van Loo | | HPA | | 1:10.92 | WDR |
| | | | | | | | | |
| | | | | | | | | |

4. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 29 Daan de Graaf | HA1 | 25 | I | 2:04.72 | | |
| 2 | 30 Peter Paul Erdman | HSB | 26 | O | 2:09.75 | | |
| 3 | 12 Christiaan Smit | HSB | 25 | O | 2:16.99 | | |
| 4 | 5 Anton Mink | H60 | 26 | I | 2:19.67 | | |
| 5 | 18 Ben van Sligtenhorst | HB1 | 27 | O | 2:22.05 | | |
| 6 | 17 Henk Roelfsema | H60 | 28 | O | 2:22.47 | | |
| 7 | 25 Stijn Zwaan | HC2 | 27 | I | 2:22.94 | PR | |
| 8 | 4 Bart Lemcke | H40 | 29 | O | 2:26.36 | HT | |
| 9 | 24 Nanne Kabel | DB1 | 29 | I | 2:33.17 | | |
| 10 | 15 Clarine Bronkhorst | D55 | 30 | I | 2:57.75 | | |
| | 27 Rutger Remmers | HSA | 28 | I | DNS | | |
| | 21 Sara de Wolf | DC2 | | | WDR | | |

4. Rituitslag 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 25 | wt | 29 Daan de Graaf | HA1 | 1:59.32 | 2:04.72 | |
| | rd | 12 Christiaan Smit | HSB | 2:09.78 | 2:16.99 | |

Daan de Graaf

| | | |
|-------|---------|---------|
| 300m | 27.03 | (27.03) |
| 700m | 58.42 | (31.39) |
| 1100m | 1:30.67 | (32.25) |
| 1500m | 2:04.72 | (34.05) |

Christiaan Smit

| | | |
|-------|---------|---------|
| 300m | 28.97 | (28.97) |
| 700m | 1:02.53 | (33.56) |
| 1100m | 1:38.55 | (36.02) |
| 1500m | 2:16.99 | (38.44) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 26 | gl | 5 Anton Mink | H60 | 2:11.48 | 2:19.67 | |
| | bl | 30 Peter Paul Erdman | HSB | 2:03.80 | 2:09.75 | |

Anton Mink

| | | |
|-------|---------|---------|
| 300m | 29.18 | (29.18) |
| 700m | 1:03.64 | (34.46) |
| 1100m | 1:40.83 | (37.19) |
| 1500m | 2:19.67 | (38.84) |

Peter Paul Erdman

| | | |
|-------|---------|---------|
| 300m | 29.11 | (29.11) |
| 700m | 1:01.23 | (32.12) |
| 1100m | 1:34.76 | (33.53) |
| 1500m | 2:09.75 | (34.99) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 27 | wt | 25 Stijn Zwaan | HC2 | 2:24.81 | 2:22.94 | PR |
| | rd | 18 Ben van Sligtenhorst | HB1 | 2:19.59 | 2:22.05 | |

Stijn Zwaan

| | | |
|-------|---------|---------|
| 300m | 28.26 | (28.26) |
| 700m | 1:04.73 | (36.47) |
| 1100m | 1:44.08 | (39.35) |
| 1500m | 2:22.94 | (38.86) |

Ben van Sligtenhorst

| | | |
|-------|---------|---------|
| 300m | 29.34 | (29.34) |
| 700m | 1:04.46 | (35.12) |
| 1100m | 1:42.69 | (38.23) |
| 1500m | 2:22.05 | (39.36) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 28 | gl | 27 Rutger Remmers | HSA | 2:15.97 | DNS | |
| | bl | 17 Henk Roelfsema | H60 | 2:13.95 | 2:22.47 | |

Rutger Remmers

Henk Roelfsema

| | | |
|-------|---------|---------|
| 300m | 30.63 | (30.63) |
| 700m | 1:05.98 | (35.35) |
| 1100m | 1:43.06 | (37.08) |
| 1500m | 2:22.47 | (39.41) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------|-----|-----|---------|----------------|------|
| 29 | wt | 24 | Nanne Kabel | | DB1 | 2:29.25 | 2:33.17 | |
| | rd | 4 | Bart Lemcke | | H40 | 2:13.23 | 2:26.36 | HT |

Nanne Kabel

| | | |
|-------|---------|---------|
| 300m | 33.03 | (33.03) |
| 700m | 1:11.01 | (37.98) |
| 1100m | 1:51.87 | (40.86) |
| 1500m | 2:33.17 | (41.30) |

Bart Lemcke

| | | |
|-------|---------|---------|
| 300m | 31.10 | (31.10) |
| 700m | 1:08.34 | (37.24) |
| 1100m | 1:47.04 | (38.70) |
| 1500m | 2:26.36 | (39.32) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-----|-----|---------|----------------|------|
| 30 | gl | 15 | Clarine Bronkhorst | | D55 | 2:35.52 | 2:57.75 | |
| | bl | 21 | Sara de Wolf | | DC2 | 2:25.04 | WDR | |

Clarine Bronkhorst

| | | |
|-------|---------|---------|
| 300m | 36.94 | (36.94) |
| 700m | 1:21.77 | (44.83) |
| 1100m | 2:08.22 | (46.45) |
| 1500m | 2:57.75 | (49.53) |

Sara de Wolf