



# Ijsbeercup 7

Ijsbaan Haarlem - Haarlem  
20 december 2025



## 1. Uitslag 500 meter Pupillen

| Pos | Naam                             | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------------------|-----|------|------|-------|------|--------|
| 1   | 19 Sverre Lindstedt              | HPA | 3    | O    | 50.19 |      |        |
| 2   | 29 Jens van Huuksloot Kuilenburg | HPC | 4    | I    | 50.94 |      |        |
| 3   | 32 Marise Krom                   | DPA | 3    | I    | 53.43 | PR   |        |
| 4   | 42 Lottie Vermeulen              | DPA | 4    | O    | 56.01 | PR   |        |
| 5   | 40 Feline Heineman               | DPC | 1    | I    | 57.39 | PR   |        |



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|   |          | Naam                      | Cat | PR      | Tijd  | Info |
|---|----------|---------------------------|-----|---------|-------|------|
| 1 | wt<br>rd | 40 <b>Feline Heineman</b> | DPC | 1:01.54 | 57.39 | PR   |

### Feline Heineman

100m 14.11 (14.11)

m

500m 57.39 (43.28)

|   |          | Naam | Cat | PR | Tijd | Info |
|---|----------|------|-----|----|------|------|
| 2 | gl<br>bl |      |     |    |      |      |

m

m

|   |          | Naam                       | Cat | PR    | Tijd  | Info |
|---|----------|----------------------------|-----|-------|-------|------|
| 3 | wt<br>rd | 32 <b>Marise Krom</b>      | DPA | 53.61 | 53.43 | PR   |
|   |          | 19 <b>Sverre Lindstedt</b> | HPA | 48.70 | 50.19 |      |

### Marise Krom

100m 13.69 (13.69)

### Sverre Lindstedt

100m 12.64 (12.64)

500m 53.43 (39.74)

500m 50.19 (37.55)

|   |          | Naam                                    | Cat | PR    | Tijd  | Info |
|---|----------|-----------------------------------------|-----|-------|-------|------|
| 4 | gl<br>bl | 29 <b>Jens van Huuksloot Kuilenburg</b> | HPC | 49.96 | 50.94 |      |
|   |          | 42 <b>Lottie Vermeulen</b>              | DPA | 56.72 | 56.01 | PR   |

### Jens van Huuksloot Kuilenburg

100m 12.92 (12.92)

500m 50.94 (38.02)

### Lottie Vermeulen

100m 13.37 (13.37)

500m 56.01 (42.64)



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## 2. Uitslag 500 meter IJsberen

| Pos | Naam                             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1   | 38 Stijn Vergeer                 | HC2 | 21   | O    | 42.31   |      |        |
| 2   | 46 Bart Hof                      | HC1 | 22   | I    | 43.59   |      |        |
| 3   | 37 Lars Hoek                     | HC1 | 22   | O    | 43.84   |      |        |
| 4   | 22 Lev van den Bosch             | HC1 | 21   | I    | 44.35   |      |        |
| 5   | 18 Jasper van Tol                | HC1 | 20   | O    | 44.91   |      |        |
| 6   | 3 Mees Olie                      | HC2 | 19   | O    | 44.94   |      |        |
| 7   | 12 Lewis Koot                    | HC1 | 20   | I    | 45.20   |      |        |
| 8   | 28 Mark van Huuksloot Kuilenburg | HC1 | 19   | I    | 45.71   |      |        |
| 9   | 52 Sam van Dongen                | HC2 | 18   | I    | 45.97   |      |        |
| 10  | 50 Julie Bierman                 | DC1 | 18   | O    | 46.62   |      |        |
| 11  | 43 Arjan Vink                    | HC2 | 16   | O    | 46.73   | PR   |        |
| 12  | 27 Jelle van Ruiten              | HC2 | 17   | I    | 46.96   |      |        |
| 13  | 48 Esmee Bijl                    | DC2 | 16   | I    | 47.26   |      |        |
| 14  | 39 Laurens Heineman              | HC1 | 15   | I    | 47.48   | PR   |        |
| 15  | 6 Floris van Maris               | HC1 | 15   | O    | 47.49   |      |        |
| 16  | 15 Rinske van der Maarl          | DC2 | 17   | O    | 47.89   |      |        |
| 17  | 25 Ralph Kooloos                 | HC1 | 14   | O    | 48.43   |      |        |
| 18  | 16 Emi Kiers                     | DC2 | 14   | I    | 48.76   |      |        |
| 19  | 51 Freek Tonino                  | HC2 | 11   | O    | 49.13   | PR   |        |
| 20  | 41 Emma Tauber                   | DC1 | 13   | I    | 49.62   |      |        |
| 21  | 14 Philipine Cornelissen         | DC2 | 13   | O    | 49.79   |      |        |
| 22  | 5 Ella Westerik                  | DC2 | 10   | I    | 50.29   | PR   |        |
| 23  | 33 Julie Vermeulen               | DC1 | 9    | I    | 50.63   |      |        |
| 24  | 10 Mark Prins                    | HC1 | 12   | I    | 50.81   |      |        |
| 25  | 30 Stern Amons                   | HC1 | 10   | O    | 51.13   | PR   |        |
| 26  | 7 Dominique van der Aa           | DC1 | 11   | I    | 51.19   |      |        |
| 27  | 9 Lisa Meeuwissen                | DC2 | 12   | O    | 51.22   |      |        |
| 28  | 1 Roos Valentijn                 | DC2 | 7    | O    | 52.29   |      |        |
| 29  | 35 Alissa Pels                   | DC2 | 9    | O    | 52.43   |      |        |
| 30  | 8 Isa Pruisscher                 | DC1 | 7    | I    | 53.23   |      |        |
| 31  | 49 Tessa van Egmond              | DC1 | 5    | I    | 54.16   | PR   |        |
| 32  | 26 Elisa Domingues Rosa          | DC2 | 8    | I    | 54.27   |      |        |
| 33  | 31 Renske Krom                   | DC2 | 8    | O    | 55.88   |      |        |
| 34  | 2 Sanne Neijzing                 | DC1 | 6    | I    | 57.17   | PR   |        |
| 35  | 21 Wietske Metselaar             | DC1 | 6    | O    | 59.90   | FL   |        |
| 36  | 24 Aimée Tolk                    | DC2 | 5    | O    | 1:14.77 | FL   |        |



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## 2. Rituitslag 500 meter Ijsberen

|   |    | Naam                       | Cat           | PR         | Tijd            | Info |
|---|----|----------------------------|---------------|------------|-----------------|------|
| 5 | wt | 49 <b>Tessa van Egmond</b> | DC1           | 55.79      | 54.16           | PR   |
|   | rd | 24 <b>Aimée Tolk</b>       | DC2           | 58.93      | 1:14.77         | FL   |
|   |    | Tessa van Egmond           |               | Aimée Tolk |                 |      |
|   |    | 100m                       | 14.20 (14.20) | 100m       | 15.21 (15.21)   |      |
|   |    | 500m                       | 54.16 (39.96) | 500m       | 1:14.77 (59.56) |      |

|   |    | Naam                        | Cat           | PR                | Tijd          | Info |
|---|----|-----------------------------|---------------|-------------------|---------------|------|
| 6 | gl | 2 <b>Sanne Neijzing</b>     | DC1           | 57.20             | 57.17         | PR   |
|   | bl | 21 <b>Wietske Metselaar</b> | DC1           | 57.53             | 59.90         | FL   |
|   |    | Sanne Neijzing              |               | Wietske Metselaar |               |      |
|   |    | 100m                        | 14.09 (14.09) | 100m              | 13.58 (13.58) |      |
|   |    | 500m                        | 57.17 (43.08) | 500m              | 59.90 (46.32) |      |

|   |    | Naam                    | Cat           | PR             | Tijd          | Info |
|---|----|-------------------------|---------------|----------------|---------------|------|
| 7 | wt | 8 <b>Isa Pruisscher</b> | DC1           | 52.42          | 53.23         |      |
|   | rd | 1 <b>Roos Valentijn</b> | DC2           | 50.85          | 52.29         |      |
|   |    | Isa Pruisscher          |               | Roos Valentijn |               |      |
|   |    | 100m                    | 13.45 (13.45) | 100m           | 13.52 (13.52) |      |
|   |    | 500m                    | 53.23 (39.78) | 500m           | 52.29 (38.77) |      |

|   |    | Naam                           | Cat           | PR          | Tijd          | Info |
|---|----|--------------------------------|---------------|-------------|---------------|------|
| 8 | gl | 26 <b>Elisa Domingues Rosa</b> | DC2           | 51.75       | 54.27         |      |
|   | bl | 31 <b>Renske Krom</b>          | DC2           | 55.69       | 55.88         |      |
|   |    | Elisa Domingues Rosa           |               | Renske Krom |               |      |
|   |    | 100m                           | 13.68 (13.68) | 100m        | 15.01 (15.01) |      |
|   |    | 500m                           | 54.27 (40.59) | 500m        | 55.88 (40.87) |      |

|   |    | Naam                      | Cat           | PR          | Tijd          | Info |
|---|----|---------------------------|---------------|-------------|---------------|------|
| 9 | wt | 33 <b>Julie Vermeulen</b> | DC1           | 50.59       | 50.63         |      |
|   | rd | 35 <b>Alissa Pels</b>     | DC2           | 51.54       | 52.43         |      |
|   |    | Julie Vermeulen           |               | Alissa Pels |               |      |
|   |    | 100m                      | 13.04 (13.04) | 100m        | 14.60 (14.60) |      |
|   |    | 500m                      | 50.63 (37.59) | 500m        | 52.43 (37.83) |      |



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|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
|----|----|---------------------------------|---------------|------------------------------|---------------|------|
| 10 | gl | 5 <b>Ella Westerik</b>          | DC2           | 50.88                        | 50.29         | PR   |
|    | bl | 30 <b>Stern Amons</b>           | HC1           | 51.39                        | 51.13         | PR   |
|    |    | <b>Ella Westerik</b>            |               | <b>Stern Amons</b>           |               |      |
|    |    | 100m                            | 13.00 (13.00) | 100m                         | 13.14 (13.14) |      |
|    |    | 500m                            | 50.29 (37.29) | 500m                         | 51.13 (37.99) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 11 | wt | 7 <b>Dominique van der Aa</b>   | DC1           | 50.22                        | 51.19         |      |
|    | rd | 51 <b>Freek Tonino</b>          | HC2           | 49.34                        | 49.13         | PR   |
|    |    | <b>Dominique van der Aa</b>     |               | <b>Freek Tonino</b>          |               |      |
|    |    | 100m                            | 13.11 (13.11) | 100m                         | 12.77 (12.77) |      |
|    |    | 500m                            | 51.19 (38.08) | 500m                         | 49.13 (36.36) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 12 | gl | 10 <b>Mark Prins</b>            | HC1           | 49.93                        | 50.81         |      |
|    | bl | 9 <b>Lisa Meeuwissen</b>        | DC2           | 50.24                        | 51.22         |      |
|    |    | <b>Mark Prins</b>               |               | <b>Lisa Meeuwissen</b>       |               |      |
|    |    | 100m                            | 12.79 (12.79) | 100m                         | 13.13 (13.13) |      |
|    |    | 500m                            | 50.81 (38.02) | 500m                         | 51.22 (38.09) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 13 | wt | 41 <b>Emma Tauber</b>           | DC1           | 48.17                        | 49.62         |      |
|    | rd | 14 <b>Philipine Cornelissen</b> | DC2           | 48.50                        | 49.79         |      |
|    |    | <b>Emma Tauber</b>              |               | <b>Philipine Cornelissen</b> |               |      |
|    |    | 100m                            | 12.82 (12.82) | 100m                         | 13.30 (13.30) |      |
|    |    | 500m                            | 49.62 (36.80) | 500m                         | 49.79 (36.49) |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 14 | gl | 16 <b>Emi Kiers</b>             | DC2           | 48.61                        | 48.76         |      |
|    | bl | 25 <b>Ralph Kooloos</b>         | HC1           | 48.31                        | 48.43         |      |
|    |    | <b>Emi Kiers</b>                |               | <b>Ralph Kooloos</b>         |               |      |
|    |    | 100m                            | 12.63 (12.63) | 100m                         | 12.58 (12.58) |      |
|    |    | 500m                            | 48.76 (36.13) | 500m                         | 48.43 (35.85) |      |



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|    |    | Naam                          |                               | Cat     |      | PR                   |         | Tijd |       | Info |    |
|----|----|-------------------------------|-------------------------------|---------|------|----------------------|---------|------|-------|------|----|
| 15 | wt | 39                            | Laurens Heineman              |         | HC1  |                      | 47.81   |      | 47.48 |      | PR |
|    |    | 6                             | Floris van Maris              |         | HC1  |                      | 47.19   |      | 47.49 |      |    |
|    | rd | Laurens Heineman              |                               |         |      | Floris van Maris     |         |      |       |      |    |
|    |    | 100m                          | 12.29                         | (12.29) | 100m | 12.34                | (12.34) |      |       |      |    |
|    |    | 500m                          | 47.48                         | (35.19) | 500m | 47.49                | (35.15) |      |       |      |    |
|    |    |                               |                               |         |      |                      |         |      |       |      |    |
|    |    | Naam                          |                               | Cat     |      | PR                   |         | Tijd |       | Info |    |
| 16 | gl | 48                            | Esmee Bijl                    |         | DC2  |                      | 47.18   |      | 47.26 |      |    |
|    |    | 43                            | Arjan Vink                    |         | HC2  |                      | 47.27   |      | 46.73 |      |    |
|    | bl | Esmee Bijl                    |                               |         |      | Arjan Vink           |         |      |       |      |    |
|    |    | 100m                          | 12.42                         | (12.42) | 100m | 12.48                | (12.48) |      |       |      |    |
|    |    | 500m                          | 47.26                         | (34.84) | 500m | 46.73                | (34.25) |      |       |      |    |
|    |    |                               |                               |         |      |                      |         |      |       |      |    |
|    |    | Naam                          |                               | Cat     |      | PR                   |         | Tijd |       | Info |    |
| 17 | wt | 27                            | Jelle van Ruiten              |         | HC2  |                      | 46.94   |      | 46.96 |      |    |
|    |    | 15                            | Rinske van der Maarl          |         | DC2  |                      | 46.41   |      | 47.89 |      |    |
|    | rd | Jelle van Ruiten              |                               |         |      | Rinske van der Maarl |         |      |       |      |    |
|    |    | 100m                          | 12.59                         | (12.59) | 100m | 12.73                | (12.73) |      |       |      |    |
|    |    | 500m                          | 46.96                         | (34.37) | 500m | 47.89                | (35.16) |      |       |      |    |
|    |    |                               |                               |         |      |                      |         |      |       |      |    |
|    |    | Naam                          |                               | Cat     |      | PR                   |         | Tijd |       | Info |    |
| 18 | gl | 52                            | Sam van Dongen                |         | HC2  |                      | 45.22   |      | 45.97 |      |    |
|    |    | 50                            | Julie Bierman                 |         | DC1  |                      | 46.23   |      | 46.62 |      |    |
|    | bl | Sam van Dongen                |                               |         |      | Julie Bierman        |         |      |       |      |    |
|    |    | 100m                          | 12.15                         | (12.15) | 100m | 12.64                | (12.64) |      |       |      |    |
|    |    | 500m                          | 45.97                         | (33.82) | 500m | 46.62                | (33.98) |      |       |      |    |
|    |    |                               |                               |         |      |                      |         |      |       |      |    |
|    |    | Naam                          |                               | Cat     |      | PR                   |         | Tijd |       | Info |    |
| 19 | wt | 28                            | Mark van Huuksloot Kuilenburg |         | HC1  |                      | 44.65   |      | 45.71 |      |    |
|    |    | 3                             | Mees Olie                     |         | HC2  |                      | 43.79   |      | 44.94 |      |    |
|    | rd | Mark van Huuksloot Kuilenburg |                               |         |      | Mees Olie            |         |      |       |      |    |
|    |    | 100m                          | 12.23                         | (12.23) | 100m | 11.83                | (11.83) |      |       |      |    |
|    |    | 500m                          | 45.71                         | (33.48) | 500m | 44.94                | (33.11) |      |       |      |    |



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|    |    | Naam |                   | Cat               |       | PR      |                | Tijd  |         | Info |
|----|----|------|-------------------|-------------------|-------|---------|----------------|-------|---------|------|
| 20 | gl | 12   | Lewis Koot        | HC1               |       | 44.98   |                | 45.20 |         |      |
|    | bl | 18   | Jasper van Tol    | HC1               |       | 44.26   |                | 44.91 |         |      |
|    |    |      |                   | Lewis Koot        |       |         | Jasper van Tol |       |         |      |
|    |    |      |                   | 100m              | 12.26 | (12.26) | 100m           | 12.06 | (12.06) |      |
|    |    |      |                   | 500m              | 45.20 | (32.94) | 500m           | 44.91 | (32.85) |      |
|    |    |      |                   |                   |       |         |                |       |         |      |
|    |    | Naam |                   | Cat               |       | PR      |                | Tijd  |         | Info |
| 21 | wt | 22   | Lev van den Bosch | HC1               |       | 43.40   |                | 44.35 |         |      |
|    | rd | 38   | Stijn Vergeer     | HC2               |       | 41.77   |                | 42.31 |         |      |
|    |    |      |                   | Lev van den Bosch |       |         | Stijn Vergeer  |       |         |      |
|    |    |      |                   | 100m              | 11.86 | (11.86) | 100m           | 11.33 | (11.33) |      |
|    |    |      |                   | 500m              | 44.35 | (32.49) | 500m           | 42.31 | (30.98) |      |
|    |    |      |                   |                   |       |         |                |       |         |      |
|    |    | Naam |                   | Cat               |       | PR      |                | Tijd  |         | Info |
| 22 | gl | 46   | Bart Hof          | HC1               |       | 42.91   |                | 43.59 |         |      |
|    | bl | 37   | Lars Hoek         | HC1               |       | 42.11   |                | 43.84 |         |      |
|    |    |      |                   | Bart Hof          |       |         | Lars Hoek      |       |         |      |
|    |    |      |                   | 100m              | 11.76 | (11.76) | 100m           | 11.94 | (11.94) |      |
|    |    |      |                   | 500m              | 43.59 | (31.83) | 500m           | 43.84 | (31.90) |      |



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## 3. Uitslag 500 meter Junioren B t/m Masters

| Pos | Naam             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1   | 44 Sverre Kroes  | HB1 | 23   | I    | 47.80   |      |        |
| 2   | 4 Sven Jonkheer  | HB1 | 24   | I    | 49.03   | PR   |        |
| 3   | 11 Joanne Vromen | DSA | 24   | O    | 1:19.64 |      |        |



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## 3. Rituitslag 500 meter Junioren B t/m Masters

|    |          | Naam             | Cat           | PR            | Tijd            | Info |
|----|----------|------------------|---------------|---------------|-----------------|------|
| 23 | wt<br>rd | 44 Sverre Kroes  | HB1           | 47.09         | 47.80           |      |
|    |          | Sverre Kroes     |               |               |                 |      |
|    |          | 100m             | 12.46 (12.46) |               | m               |      |
|    |          | 500m             | 47.80 (35.34) |               |                 |      |
|    |          |                  |               |               |                 |      |
|    |          | Naam             | Cat           | PR            | Tijd            | Info |
| 24 | gl       | 4 Sven Jonkheer  | HB1           | 49.33         | 49.03           | PR   |
|    | bl       | 11 Joanne Vromen | DSA           | 1:14.12       | 1:19.64         |      |
|    |          | Sven Jonkheer    |               | Joanne Vromen |                 |      |
|    |          | 100m             | 13.25 (13.25) | 100m          | 17.81 (17.81)   |      |
|    |          | 500m             | 49.03 (35.78) | 500m          | 1:19.64 (61.83) |      |



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## 4. Uitslag 300 meter Pupillen

| Pos | Naam                             | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------------------|-----|------|------|-------|------|--------|
| 1   | 29 Jens van Huuksloot Kuilenburg | HPC | 28   | O    | 32.58 |      |        |
| 2   | 32 Marise Krom                   | DPA | 28   | I    | 34.24 | PR   |        |
| 3   | 42 Lottie Vermeulen              | DPA | 25   | I    | 34.43 | PR   |        |
| 4   | 40 Feline Heineman               | DPC | 27   | I    | 36.06 | PR   |        |
|     | 19 Sverre Lindstedt              | HPA |      |      | WDR   |      |        |



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## 4. Rituitslag 300 meter Pupillen

|    |    | Naam                                    | Cat                                  | PR    | Tijd          | Info |
|----|----|-----------------------------------------|--------------------------------------|-------|---------------|------|
| 25 | wt | 42 <b>Lottie Vermeulen</b>              | DPA                                  | 37.04 | 34.43         | PR   |
|    | rd |                                         |                                      |       |               |      |
|    |    | <b>Lottie Vermeulen</b>                 |                                      |       |               |      |
|    |    | 300m                                    | 34.43 (34.43)                        |       | m             |      |
|    |    |                                         |                                      |       |               |      |
|    |    | Naam                                    | Cat                                  | PR    | Tijd          | Info |
| 26 | gl |                                         |                                      |       |               |      |
|    | bl |                                         |                                      |       |               |      |
|    |    |                                         |                                      |       |               |      |
|    |    | m                                       |                                      |       | m             |      |
|    |    |                                         |                                      |       |               |      |
|    |    | Naam                                    | Cat                                  | PR    | Tijd          | Info |
| 27 | wt | 40 <b>Feline Heineman</b>               | DPC                                  | 36.25 | 36.06         | PR   |
|    | rd | 19 <b>Sverre Lindstedt</b>              | HPA                                  | 30.56 | WDR           |      |
|    |    | <b>Feline Heineman</b>                  | <b>Sverre Lindstedt</b>              |       |               |      |
|    |    | 300m                                    | 36.06 (36.06)                        |       |               |      |
|    |    |                                         |                                      |       |               |      |
|    |    | Naam                                    | Cat                                  | PR    | Tijd          | Info |
| 28 | gl | 32 <b>Marise Krom</b>                   | DPA                                  | 34.60 | 34.24         | PR   |
|    | bl | 29 <b>Jens van Huuksloot Kuilenburg</b> | HPC                                  | 31.56 | 32.58         |      |
|    |    | <b>Marise Krom</b>                      | <b>Jens van Huuksloot Kuilenburg</b> |       |               |      |
|    |    | 300m                                    | 34.24 (34.24)                        | 300m  | 32.58 (32.58) |      |



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## 5. Uitslag 1500 meter IJsberen

| Pos | Naam                             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1   | 12 Lewis Koot                    | HC1 | 46   | I    | 2:16.43 |      |        |
| 2   | 22 Lev van den Bosch             | HC1 | 45   | O    | 2:17.88 |      |        |
| 3   | 38 Stijn Vergeer                 | HC2 | 46   | O    | 2:19.38 |      |        |
| 4   | 46 Bart Hof                      | HC1 | 44   | O    | 2:21.24 |      |        |
| 5   | 52 Sam van Dongen                | HC2 | 43   | O    | 2:21.50 |      |        |
| 6   | 28 Mark van Huuksloot Kuilenburg | HC1 | 43   | I    | 2:21.60 |      |        |
| 7   | 37 Lars Hoek                     | HC1 | 45   | I    | 2:22.25 |      |        |
| 8   | 18 Jasper van Tol                | HC1 | 44   | I    | 2:24.55 |      |        |
| 9   | 3 Mees Olie                      | HC2 | 41   | I    | 2:27.56 |      |        |
| 10  | 43 Arjan Vink                    | HC2 | 33   | I    | 2:28.37 | PR   |        |
| 11  | 15 Rinske van der Maarl          | DC2 | 41   | O    | 2:31.39 |      |        |
| 12  | 27 Jelle van Ruiten              | HC2 | 42   | I    | 2:34.51 |      |        |
| 13  | 48 Esmee Bijl                    | DC2 | 40   | I    | 2:34.76 |      |        |
| 14  | 25 Ralph Kooloos                 | HC1 | 42   | O    | 2:35.47 |      |        |
| 15  | 39 Laurens Heineman              | HC1 | 36   | O    | 2:37.06 | PR   |        |
| 16  | 33 Julie Vermeulen               | DC1 | 36   | I    | 2:37.31 | PR   |        |
| 17  | 41 Emma Tauber                   | DC1 | 38   | I    | 2:38.60 |      |        |
| 18  | 6 Floris van Maris               | HC1 | 39   | O    | 2:39.07 |      |        |
| 19  | 7 Dominique van der Aa           | DC1 | 38   | O    | 2:39.85 |      |        |
| 20  | 14 Philipine Cornelissen         | DC2 | 39   | I    | 2:40.46 |      |        |
| 21  | 16 Emi Kiers                     | DC2 | 33   | O    | 2:41.33 |      |        |
| 22  | 9 Lisa Meeuwissen                | DC2 | 37   | O    | 2:41.74 |      |        |
| 23  | 51 Freek Tonino                  | HC2 | 34   | O    | 2:42.62 | PR   |        |
| 24  | 1 Roos Valentijn                 | DC2 | 35   | O    | 2:46.09 |      |        |
| 25  | 30 Stern Amons                   | HC1 | 29   | I    | 2:47.00 |      |        |
| 26  | 49 Tessa van Egmond              | DC1 | 32   | I    | 2:47.71 | PR   |        |
| 27  | 10 Mark Prins                    | HC1 | 35   | I    | 2:49.33 |      |        |
| 28  | 5 Ella Westerik                  | DC2 | 34   | I    | 2:49.82 | PR   |        |
| 29  | 8 Isa Pruisscher                 | DC1 | 31   | O    | 2:53.72 | PR   |        |
| 30  | 31 Renske Krom                   | DC2 | 32   | O    | 2:55.30 | PR   |        |
| 31  | 26 Elisa Domingues Rosa          | DC2 | 31   | I    | 3:00.19 |      |        |
| 32  | 21 Wietske Metselaar             | DC1 | 29   | O    | 3:01.99 | PR   |        |
| 33  | 2 Sanne Neijzing                 | DC1 | 30   | I    | 3:04.80 | PR   |        |
| 34  | 24 Aimée Tolk                    | DC2 | 30   | O    | 3:16.78 |      |        |
|     | 35 Alissa Pels                   | DC2 | 37   | I    | DNF     |      |        |
|     | 50 Julie Bierman                 | DC1 |      |      | WDR     |      |        |



# Ijsbeercup 7

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## 5. Rituitslag 1500 meter IJsberen

|    |    | Naam                           | Cat | PR                       | Tijd    | Info |
|----|----|--------------------------------|-----|--------------------------|---------|------|
| 29 | wt | 30 <b>Stern Amons</b>          | HC1 |                          | 2:47.00 |      |
|    | rd | 21 <b>Wietske Metselaar</b>    | DC1 | 3:10.09                  | 3:01.99 | PR   |
|    |    | <b>Stern Amons</b>             |     | <b>Wietske Metselaar</b> |         |      |
|    |    | 300m 34.53 (34.53)             |     | 300m 36.01 (36.01)       |         |      |
|    |    | 700m 1:20.32 (45.79)           |     | 700m 1:22.23 (46.22)     |         |      |
|    |    | 1100m 2:05.20 (44.88)          |     | 1100m 2:11.25 (49.02)    |         |      |
|    |    | 1500m 2:47.00 (41.80)          |     | 1500m 3:01.99 (50.74)    |         |      |
|    |    | Naam                           | Cat | PR                       | Tijd    | Info |
| 30 | gl | 2 <b>Sanne Neijzing</b>        | DC1 | 3:09.47                  | 3:04.80 | PR   |
|    | bl | 24 <b>Aimée Tolk</b>           | DC2 |                          | 3:16.78 |      |
|    |    | <b>Sanne Neijzing</b>          |     | <b>Aimée Tolk</b>        |         |      |
|    |    | 300m 38.29 (38.29)             |     | 300m 39.61 (39.61)       |         |      |
|    |    | 700m 1:26.12 (47.83)           |     | 700m 1:30.77 (51.16)     |         |      |
|    |    | 1100m 2:14.84 (48.72)          |     | 1100m 2:23.83 (53.06)    |         |      |
|    |    | 1500m 3:04.80 (49.96)          |     | 1500m 3:16.78 (52.95)    |         |      |
|    |    | Naam                           | Cat | PR                       | Tijd    | Info |
| 31 | wt | 26 <b>Elisa Domingues Rosa</b> | DC2 | 2:56.49                  | 3:00.19 |      |
|    | rd | 8 <b>Isa Pruisscher</b>        | DC1 | 2:54.92                  | 2:53.72 | PR   |
|    |    | <b>Elisa Domingues Rosa</b>    |     | <b>Isa Pruisscher</b>    |         |      |
|    |    | 300m 34.88 (34.88)             |     | 300m 35.20 (35.20)       |         |      |
|    |    | 700m 1:21.88 (47.00)           |     | 700m 1:20.96 (45.76)     |         |      |
|    |    | 1100m 2:11.68 (49.80)          |     | 1100m 2:07.86 (46.90)    |         |      |
|    |    | 1500m 3:00.19 (48.51)          |     | 1500m 2:53.72 (45.86)    |         |      |
|    |    | Naam                           | Cat | PR                       | Tijd    | Info |
| 32 | gl | 49 <b>Tessa van Egmond</b>     | DC1 | 2:57.77                  | 2:47.71 | PR   |
|    | bl | 31 <b>Renske Krom</b>          | DC2 | 2:56.99                  | 2:55.30 | PR   |
|    |    | <b>Tessa van Egmond</b>        |     | <b>Renske Krom</b>       |         |      |
|    |    | 300m 34.99 (34.99)             |     | 300m 36.94 (36.94)       |         |      |
|    |    | 700m 1:16.79 (41.80)           |     | 700m 1:21.59 (44.65)     |         |      |
|    |    | 1100m 2:01.43 (44.64)          |     | 1100m 2:08.58 (46.99)    |         |      |
|    |    | 1500m 2:47.71 (46.28)          |     | 1500m 2:55.30 (46.72)    |         |      |



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|    |    | Naam                | Cat     |         |                  | PR      | Tijd    | Info |
|----|----|---------------------|---------|---------|------------------|---------|---------|------|
| 33 | wt | 43 Arjan Vink       | HC2     |         |                  | 2:54.74 | 2:28.37 | PR   |
|    | rd | 16 Emi Kiers        | DC2     |         |                  | 2:37.46 | 2:41.33 |      |
|    |    | Arjan Vink          |         |         | Emi Kiers        |         |         |      |
|    |    | 300m                | 31.15   | (31.15) | 300m             | 32.94   | (32.94) |      |
|    |    | 700m                | 1:08.11 | (36.96) | 700m             | 1:13.42 | (40.48) |      |
|    |    | 1100m               | 1:47.97 | (39.86) | 1100m            | 1:56.83 | (43.41) |      |
|    |    | 1500m               | 2:28.37 | (40.40) | 1500m            | 2:41.33 | (44.50) |      |
|    |    |                     |         |         |                  |         |         |      |
|    |    | Naam                | Cat     |         |                  | PR      | Tijd    | Info |
| 34 | gl | 5 Ella Westerik     | DC2     |         |                  | 2:54.27 | 2:49.82 | PR   |
|    | bl | 51 Freek Tonino     | HC2     |         |                  | 2:45.54 | 2:42.62 | PR   |
|    |    | Ella Westerik       |         |         | Freek Tonino     |         |         |      |
|    |    | 300m                | 33.89   | (33.89) | 300m             | 33.43   | (33.43) |      |
|    |    | 700m                | 1:16.38 | (42.49) | 700m             | 1:15.35 | (41.92) |      |
|    |    | 1100m               | 2:01.85 | (45.47) | 1100m            | 2:00.28 | (44.93) |      |
|    |    | 1500m               | 2:49.82 | (47.97) | 1500m            | 2:42.62 | (42.34) |      |
|    |    |                     |         |         |                  |         |         |      |
|    |    | Naam                | Cat     |         |                  | PR      | Tijd    | Info |
| 35 | wt | 10 Mark Prins       | HC1     |         |                  | 2:42.69 | 2:49.33 |      |
|    | rd | 1 Roos Valentijn    | DC2     |         |                  | 2:38.90 | 2:46.09 |      |
|    |    | Mark Prins          |         |         | Roos Valentijn   |         |         |      |
|    |    | 300m                | 33.43   | (33.43) | 300m             | 33.57   | (33.57) |      |
|    |    | 700m                | 1:17.58 | (44.15) | 700m             | 1:14.67 | (41.10) |      |
|    |    | 1100m               | 2:04.29 | (46.71) | 1100m            | 2:00.26 | (45.59) |      |
|    |    | 1500m               | 2:49.33 | (45.04) | 1500m            | 2:46.09 | (45.83) |      |
|    |    |                     |         |         |                  |         |         |      |
|    |    | Naam                | Cat     |         |                  | PR      | Tijd    | Info |
| 36 | gl | 33 Julie Vermeulen  | DC1     |         |                  | 2:42.51 | 2:37.31 | PR   |
|    | bl | 39 Laurens Heineman | HC1     |         |                  | 2:41.70 | 2:37.06 | PR   |
|    |    | Julie Vermeulen     |         |         | Laurens Heineman |         |         |      |
|    |    | 300m                | 31.53   | (31.53) | 300m             | 31.06   | (31.06) |      |
|    |    | 700m                | 1:11.23 | (39.70) | 700m             | 1:09.60 | (38.54) |      |
|    |    | 1100m               | 1:54.18 | (42.95) | 1100m            | 1:53.02 | (43.42) |      |
|    |    | 1500m               | 2:37.31 | (43.13) | 1500m            | 2:37.06 | (44.04) |      |



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|    |    | Naam                            | Cat                         | PR      | Tijd    | Info            |
|----|----|---------------------------------|-----------------------------|---------|---------|-----------------|
| 37 | wt | 35 <b>Alissa Pels</b>           | DC2                         | 2:38.38 | DNF     |                 |
|    | rd | 9 <b>Lisa Meeuwissen</b>        | DC2                         | 2:35.22 | 2:41.74 |                 |
|    |    | <b>Alissa Pels</b>              | <b>Lisa Meeuwissen</b>      |         |         |                 |
|    |    | 300m                            | 33.55                       | (33.55) |         |                 |
|    |    | 700m                            | 1:14.54                     | (40.99) |         |                 |
|    |    | 1100m                           | 1:57.53                     | (42.99) |         |                 |
|    |    | 1500m                           | 2:41.74                     | (44.21) |         |                 |
|    |    | Naam                            | Cat                         | PR      | Tijd    | Info            |
| 38 | gl | 41 <b>Emma Tauber</b>           | DC1                         | 2:35.38 | 2:38.60 |                 |
|    | bl | 7 <b>Dominique van der Aa</b>   | DC1                         | 2:34.96 | 2:39.85 |                 |
|    |    | <b>Emma Tauber</b>              | <b>Dominique van der Aa</b> |         |         |                 |
|    |    | 300m                            | 32.17                       | (32.17) | 300m    | 33.80 (33.80)   |
|    |    | 700m                            | 1:13.08                     | (40.91) | 700m    | 1:14.85 (41.05) |
|    |    | 1100m                           | 1:55.76                     | (42.68) | 1100m   | 1:57.33 (42.48) |
|    |    | 1500m                           | 2:38.60                     | (42.84) | 1500m   | 2:39.85 (42.52) |
|    |    | Naam                            | Cat                         | PR      | Tijd    | Info            |
| 39 | wt | 14 <b>Philipine Cornelissen</b> | DC2                         | 2:33.00 | 2:40.46 |                 |
|    | rd | 6 <b>Floris van Maris</b>       | HC1                         | 2:34.76 | 2:39.07 |                 |
|    |    | <b>Philipine Cornelissen</b>    | <b>Floris van Maris</b>     |         |         |                 |
|    |    | 300m                            | 33.05                       | (33.05) | 300m    | 33.41 (33.41)   |
|    |    | 700m                            | 1:14.25                     | (41.20) | 700m    | 1:13.96 (40.55) |
|    |    | 1100m                           | 1:56.93                     | (42.68) | 1100m   | 1:57.15 (43.19) |
|    |    | 1500m                           | 2:40.46                     | (43.53) | 1500m   | 2:39.07 (41.92) |
|    |    | Naam                            | Cat                         | PR      | Tijd    | Info            |
| 40 | gl | 48 <b>Esmee Bijl</b>            | DC2                         | 2:30.69 | 2:34.76 |                 |
|    | bl | 50 <b>Julie Bierman</b>         | DC1                         | 2:30.86 | WDR     |                 |
|    |    | <b>Esmee Bijl</b>               | <b>Julie Bierman</b>        |         |         |                 |
|    |    | 300m                            | 33.15                       | (33.15) |         |                 |
|    |    | 700m                            | 1:12.42                     | (39.27) |         |                 |
|    |    | 1100m                           | 1:53.34                     | (40.92) |         |                 |
|    |    | 1500m                           | 2:34.76                     | (41.42) |         |                 |



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|    |    | Naam                                    | Cat             | PR                          | Tijd            | Info |
|----|----|-----------------------------------------|-----------------|-----------------------------|-----------------|------|
| 41 | wt | 3 <b>Mees Olie</b>                      | HC2             | 2:25.64                     | 2:27.56         |      |
|    | rd | 15 <b>Rinske van der Maarl</b>          | DC2             | 2:26.11                     | 2:31.39         |      |
|    |    | <b>Mees Olie</b>                        |                 | <b>Rinske van der Maarl</b> |                 |      |
|    |    | 300m                                    | 30.64 (30.64)   | 300m                        | 32.17 (32.17)   |      |
|    |    | 700m                                    | 1:08.37 (37.73) | 700m                        | 1:10.58 (38.41) |      |
|    |    | 1100m                                   | 1:47.86 (39.49) | 1100m                       | 1:50.81 (40.23) |      |
|    |    | 1500m                                   | 2:27.56 (39.70) | 1500m                       | 2:31.39 (40.58) |      |
|    |    |                                         |                 |                             |                 |      |
|    |    | Naam                                    | Cat             | PR                          | Tijd            | Info |
| 42 | gl | 27 <b>Jelle van Ruiten</b>              | HC2             | 2:26.46                     | 2:34.51         |      |
|    | bl | 25 <b>Ralph Kooloos</b>                 | HC1             | 2:29.25                     | 2:35.47         |      |
|    |    | <b>Jelle van Ruiten</b>                 |                 | <b>Ralph Kooloos</b>        |                 |      |
|    |    | 300m                                    | 30.97 (30.97)   | 300m                        | 32.56 (32.56)   |      |
|    |    | 700m                                    | 1:08.10 (37.13) | 700m                        | 1:12.59 (40.03) |      |
|    |    | 1100m                                   | 1:49.56 (41.46) | 1100m                       | 1:54.86 (42.27) |      |
|    |    | 1500m                                   | 2:34.51 (44.95) | 1500m                       | 2:35.47 (40.61) |      |
|    |    |                                         |                 |                             |                 |      |
|    |    | Naam                                    | Cat             | PR                          | Tijd            | Info |
| 43 | wt | 28 <b>Mark van Huuksloot Kuilenburg</b> | HC1             | 2:15.37                     | 2:21.60         |      |
|    | rd | 52 <b>Sam van Dongen</b>                | HC2             | 2:16.05                     | 2:21.50         |      |
|    |    | <b>Mark van Huuksloot Kuilenburg</b>    |                 | <b>Sam van Dongen</b>       |                 |      |
|    |    | 300m                                    | 30.21 (30.21)   | 300m                        | 29.93 (29.93)   |      |
|    |    | 700m                                    | 1:05.74 (35.53) | 700m                        | 1:05.75 (35.82) |      |
|    |    | 1100m                                   | 1:42.85 (37.11) | 1100m                       | 1:43.35 (37.60) |      |
|    |    | 1500m                                   | 2:21.60 (38.75) | 1500m                       | 2:21.50 (38.15) |      |
|    |    |                                         |                 |                             |                 |      |
|    |    | Naam                                    | Cat             | PR                          | Tijd            | Info |
| 44 | gl | 18 <b>Jasper van Tol</b>                | HC1             | 2:20.72                     | 2:24.55         |      |
|    | bl | 46 <b>Bart Hof</b>                      | HC1             | 2:16.42                     | 2:21.24         |      |
|    |    | <b>Jasper van Tol</b>                   |                 | <b>Bart Hof</b>             |                 |      |
|    |    | 300m                                    | 30.65 (30.65)   | 300m                        | 29.78 (29.78)   |      |
|    |    | 700m                                    | 1:07.22 (36.57) | 700m                        | 1:04.75 (34.97) |      |
|    |    | 1100m                                   | 1:46.44 (39.22) | 1100m                       | 1:43.21 (38.46) |      |
|    |    | 1500m                                   | 2:24.55 (38.11) | 1500m                       | 2:21.24 (38.03) |      |



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|    |    | Naam                        | Cat             | PR                       | Tijd            | Info |
|----|----|-----------------------------|-----------------|--------------------------|-----------------|------|
| 45 | wt | 37 <b>Lars Hoek</b>         | HC1             | 2:15.33                  | 2:22.25         |      |
|    | rd | 22 <b>Lev van den Bosch</b> | HC1             | 2:12.72                  | 2:17.88         |      |
|    |    | <b>Lars Hoek</b>            |                 | <b>Lev van den Bosch</b> |                 |      |
|    |    | 300m                        | 29.35 (29.35)   | 300m                     | 29.11 (29.11)   |      |
|    |    | 700m                        | 1:04.63 (35.28) | 700m                     | 1:03.52 (34.41) |      |
|    |    | 1100m                       | 1:43.03 (38.40) | 1100m                    | 1:40.38 (36.86) |      |
|    |    | 1500m                       | 2:22.25 (39.22) | 1500m                    | 2:17.88 (37.50) |      |
|    |    |                             |                 |                          |                 |      |
|    |    | Naam                        | Cat             | PR                       | Tijd            | Info |
| 46 | gl | 12 <b>Lewis Koot</b>        | HC1             | 2:12.91                  | 2:16.43         |      |
|    | bl | 38 <b>Stijn Vergeer</b>     | HC2             | 2:14.63                  | 2:19.38         |      |
|    |    | <b>Lewis Koot</b>           |                 | <b>Stijn Vergeer</b>     |                 |      |
|    |    | 300m                        | 29.60 (29.60)   | 300m                     | 28.60 (28.60)   |      |
|    |    | 700m                        | 1:03.76 (34.16) | 700m                     | 1:03.70 (35.10) |      |
|    |    | 1100m                       | 1:39.45 (35.69) | 1100m                    | 1:41.55 (37.85) |      |
|    |    | 1500m                       | 2:16.43 (36.98) | 1500m                    | 2:19.38 (37.83) |      |



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## 6. Uitslag 1500 meter Junioren B t/m Masters

| Pos | Naam                    | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|-------------------------|-----|------|------|----------------|------|--------|
| 1   | 4 <b>Sven Jonkheer</b>  | HB1 | 47   | I    | <b>2:42.40</b> | PR   |        |
| 2   | 44 <b>Sverre Kroes</b>  | HB1 | 48   | O    | <b>2:43.14</b> | PR   |        |
| 3   | 11 <b>Joanne Vromen</b> | DSA | 48   | I    | <b>4:14.68</b> |      |        |



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## 6. Rituitslag 1500 meter Junioren B t/m Masters

|    |          | Naam                   | Cat | PR      | Tijd    | Info |
|----|----------|------------------------|-----|---------|---------|------|
| 47 | wt<br>rd | 4 <b>Sven Jonkheer</b> | HB1 | 3:00.94 | 2:42.40 | PR   |

### Sven Jonkheer

|       |         |         |   |
|-------|---------|---------|---|
| 300m  | 33.41   | (33.41) | m |
| 700m  | 1:15.16 | (41.75) |   |
| 1100m | 1:59.34 | (44.18) |   |
| 1500m | 2:42.40 | (43.06) |   |

|    |    | Naam                    | Cat | PR      | Tijd    | Info |
|----|----|-------------------------|-----|---------|---------|------|
| 48 | gl | 11 <b>Joanne Vromen</b> | DSA |         | 4:14.68 |      |
|    | bl | 44 <b>Sverre Kroes</b>  | HB1 | 2:44.07 | 2:43.14 | PR   |

### Joanne Vromen

|       |         |         |
|-------|---------|---------|
| 300m  | 49.59   | (49.59) |
| 700m  | 1:54.64 | (65.05) |
| 1100m | 3:02.72 | (68.08) |
| 1500m | 4:14.68 | (71.96) |

### Sverre Kroes

|       |         |         |
|-------|---------|---------|
| 300m  | 33.08   | (33.08) |
| 700m  | 1:13.53 | (40.45) |
| 1100m | 1:57.40 | (43.87) |
| 1500m | 2:43.14 | (45.74) |



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## 7. Uitslag Alle categorieën 300 meter

| Pos | Naam                        | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|-----------------------------|-----|------|------|--------------|------|--------|
| 1   | 46 <b>Bart Hof</b>          | HC1 | 52   | O    | <b>28.45</b> |      |        |
| 2   | 10 <b>Mark Prins</b>        | HC1 | 52   | I    | <b>31.51</b> | PR   |        |
| 3   | 41 <b>Emma Tauber</b>       | DC1 | 51   | O    | <b>31.77</b> |      |        |
| 4   | 8 <b>Isa Pruisscher</b>     | DC1 | 51   | I    | <b>35.78</b> |      |        |
| 5   | 21 <b>Wietske Metselaar</b> | DC1 | 49   | I    | <b>36.06</b> |      |        |



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## 7. Rituitslag Alle categorieën 300 meter

|    |    | Naam                                                                             | Cat | PR    | Tijd  | Info |
|----|----|----------------------------------------------------------------------------------|-----|-------|-------|------|
| 49 | wt | 21 <b>Wietske Metselaar</b>                                                      | DC1 | 35.82 | 36.06 |      |
|    | rd |                                                                                  |     |       |       |      |
|    |    | <div>Wietske Metselaar</div> <div>300m36.06(36.06)m</div>                        |     |       |       |      |
|    |    | Naam                                                                             | Cat | PR    | Tijd  | Info |
| 50 | gl |                                                                                  |     |       |       |      |
|    | bl |                                                                                  |     |       |       |      |
|    |    | m                                                                                | m   |       |       |      |
|    |    | Naam                                                                             | Cat | PR    | Tijd  | Info |
| 51 | wt | 8 <b>Isa Pruisscher</b>                                                          | DC1 | 33.69 | 35.78 |      |
|    | rd | 41 <b>Emma Tauber</b>                                                            | DC1 | 30.99 | 31.77 |      |
|    |    | <div>Isa PruisscherEmma Tauber</div> <div>300m35.78(35.78)300m31.77(31.77)</div> |     |       |       |      |
|    |    | Naam                                                                             | Cat | PR    | Tijd  | Info |
| 52 | gl | 10 <b>Mark Prins</b>                                                             | HC1 | 32.31 | 31.51 | PR   |
|    | bl | 46 <b>Bart Hof</b>                                                               | HC1 | 27.85 | 28.45 |      |
|    |    | <div>Mark PrinsBart Hof</div> <div>300m31.51(31.51)300m28.45(28.45)</div>        |     |       |       |      |



# Ijsbeercup 7

Ijsbaan Haarlem - Haarlem  
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## 8. Uitslag Alle categorieën 700 meter

| Pos | Naam                             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1   | 28 Mark van Huuksloot Kuilenburg | HC1 | 56   | O    | 1:04.69 | PR   |        |
| 2   | 15 Rinske van der Maarl          | DC2 | 55   | I    | 1:07.99 | PR   |        |
| 3   | 48 Esmee Bijl                    | DC2 | 56   | I    | 1:08.45 | PR   |        |
| 4   | 29 Jens van Huuksloot Kuilenburg | HPC | 55   | O    | 1:12.87 | PR   |        |
| 5   | 35 Alissa Pels                   | DC2 | 53   | I    | 1:14.33 | PR   |        |
| 6   | 26 Elisa Domingues Rosa          | DC2 | 53   | O    | 1:19.93 |      |        |



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## 8. Rituitslag Alle categorieën 700 meter

|    |    | Naam                           | Cat             | PR                          | Tijd            | Info |
|----|----|--------------------------------|-----------------|-----------------------------|-----------------|------|
| 53 | wt | 35 <b>Alissa Pels</b>          | DC2             | 1:14.93                     | 1:14.33         | PR   |
|    | rd | 26 <b>Elisa Domingues Rosa</b> | DC2             | 1:16.20                     | 1:19.93         |      |
|    |    | <b>Alissa Pels</b>             |                 | <b>Elisa Domingues Rosa</b> |                 |      |
|    |    | 300m                           | 34.44 (34.44)   | 300m                        | 35.77 (35.77)   |      |
|    |    | 700m                           | 1:14.33 (39.89) | 700m                        | 1:19.93 (44.16) |      |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 54 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |
|    |    | m    |     | m  |      |      |

|    |    | Naam                                    | Cat             | PR                                   | Tijd            | Info |
|----|----|-----------------------------------------|-----------------|--------------------------------------|-----------------|------|
| 55 | wt | 15 <b>Rinske van der Maarl</b>          | DC2             | 1:08.66                              | 1:07.99         | PR   |
|    | rd | 29 <b>Jens van Huuksloot Kuilenburg</b> | HPC             | 1:13.69                              | 1:12.87         | PR   |
|    |    | <b>Rinske van der Maarl</b>             |                 | <b>Jens van Huuksloot Kuilenburg</b> |                 |      |
|    |    | 300m                                    | 31.13 (31.13)   | 300m                                 | 32.16 (32.16)   |      |
|    |    | 700m                                    | 1:07.99 (36.86) | 700m                                 | 1:12.87 (40.71) |      |

|    |    | Naam                                    | Cat             | PR                                   | Tijd            | Info |
|----|----|-----------------------------------------|-----------------|--------------------------------------|-----------------|------|
| 56 | gl | 48 <b>Esmee Bijl</b>                    | DC2             | 1:11.33                              | 1:08.45         | PR   |
|    | bl | 28 <b>Mark van Huuksloot Kuilenburg</b> | HC1             | 1:08.97                              | 1:04.69         | PR   |
|    |    | <b>Esmee Bijl</b>                       |                 | <b>Mark van Huuksloot Kuilenburg</b> |                 |      |
|    |    | 300m                                    | 31.16 (31.16)   | 300m                                 | 30.32 (30.32)   |      |
|    |    | 700m                                    | 1:08.45 (37.29) | 700m                                 | 1:04.69 (34.37) |      |