

1. Uitslag Jun C Sprint 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 11 Bjarne den Besten | HC1 | 12 | O | 11.44 | | |
| 2 | 52 Twan van Duuren | HC1 | 11 | O | 11.60 | PR | |
| 3 | 26 Leander Maas | HC1 | 11 | I | 12.08 | | |
| 4 | 45 Peter de Bruin | HC2 | 12 | I | 12.11 | | |
| 5 | 49 Merijn Abrahamse | HC1 | 10 | O | 12.53 | PR | |
| 6 | 72 Mike Teeuw | HC1 | 9 | O | 12.57 | PR | |
| 7 | 51 Luna Beks | DC2 | 5 | O | 12.58 | | |
| 8 | 21 Mare Damsma | DC2 | 9 | I | 12.74 | PR | |
| 9 | 50 Mats Mudde | HC1 | 8 | O | 12.80 | PR | |
| 10 | 12 Lyam van der Neut | HC2 | 7 | I | 12.82 | PR | |
| 11 | 82 Luuk van Zwienen | HC1 | 8 | I | 12.97 | | |
| 12 | 44 Maren de Bruin | DC1 | 6 | O | 13.09 | PR | |
| 13 | 76 Lauren de Kool | DC1 | 10 | I | 13.13 | | |
| 14 | 43 Noortje Valkenburg | DC1 | 6 | I | 13.18 | PR | |
| 15 | 74 Lieke Nuyt | DC1 | 3 | O | 13.34 | PR | |
| 16 | 54 Bracha Scholten | DC2 | 3 | I | 13.56 | PR | |
| 17 | 32 Laura Gravesteyn | DC1 | 2 | O | 13.62 | PR | |
| 18 | 56 Aiden de Koster | DC1 | 4 | O | 13.71 | | |
| 19 | 59 Jasmijn Bavius | DC2 | 5 | I | 13.72 | | |
| 20 | 24 Fiene Dijkshoorn | DC1 | 7 | O | 13.81 | | |
| 21 | 75 Suze Verschoor | DC1 | 4 | I | 13.91 | | |
| 22 | 60 Thomas Steele | HC2 | 1 | I | 13.96 | | |
| 23 | 18 Linde De Langen | DC1 | 1 | O | 14.08 | | |
| 24 | 65 Malaika Bevelander | DC1 | 2 | I | 14.79 | | |

1. Rituitslag Jun C Sprint 100 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------|------------------------|---------|------|------------------------|---------|--------------|------|
| 1 | wt | 60 | Thomas Steele | | HC2 | | | 13.96 | |
| | rd | 18 | Linde De Langen | | DC1 | | | 14.08 | |
| | | <u>Thomas Steele</u> | | | | <u>Linde De Langen</u> | | | |
| | | 100m | 13.96 | (13.96) | 100m | 14.08 | (14.08) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------------|---------------------------|---------|------|-------------------------|---------|--------------|------|
| 2 | gl | 65 | Malaika Bevelander | | DC1 | | | 14.79 | |
| | bl | 32 | Laura Gravesteyn | | DC1 | 13.96 | | 13.62 | PR |
| | | <u>Malaika Bevelander</u> | | | | <u>Laura Gravesteyn</u> | | | |
| | | 100m | 14.79 | (14.79) | 100m | 13.62 | (13.62) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------------------------|------------------------|---------|------|-------------------|---------|--------------|------|
| 3 | wt | 54 | Bracha Scholten | | DC2 | 13.85 | | 13.56 | PR |
| | rd | 74 | Lieke Nuyt | | DC1 | 13.56 | | 13.34 | PR |
| | | <u>Bracha Scholten</u> | | | | <u>Lieke Nuyt</u> | | | |
| | | 100m | 13.56 | (13.56) | 100m | 13.34 | (13.34) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-----------------------|------------------------|---------|------|------------------------|---------|--------------|------|
| 4 | gl | 75 | Suze Verschoor | | DC1 | 13.43 | | 13.91 | |
| | bl | 56 | Aiden de Koster | | DC1 | 13.65 | | 13.71 | |
| | | <u>Suze Verschoor</u> | | | | <u>Aiden de Koster</u> | | | |
| | | 100m | 13.91 | (13.91) | 100m | 13.71 | (13.71) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|------|------------------|---------|--------------|------|
| 5 | wt | 59 | Jasmijn Bavius | | DC2 | 13.36 | | 13.72 | |
| | rd | 51 | Luna Beks | | DC2 | 12.50 | | 12.58 | |
| | | <u>Jasmijn Bavius</u> | | | | <u>Luna Beks</u> | | | |
| | | 100m | 13.72 | (13.72) | 100m | 12.58 | (12.58) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|---------------|-------------------------|---------------|------|
| 6 | gl | 43 Noortje Valkenburg | DC1 | 13.34 | 13.18 | PR |
| | bl | 44 Maren de Bruin | DC1 | 13.16 | 13.09 | PR |
| | | <u>Noortje Valkenburg</u> | | <u>Maren de Bruin</u> | | |
| | | 100m | 13.18 (13.18) | 100m | 13.09 (13.09) | |
| | | Naam | Cat | PR | Tijd | Info |
| 7 | wt | 12 Lyam van der Neut | HC2 | 13.07 | 12.82 | PR |
| | rd | 24 Fiene Dijkshoorn | DC1 | 13.16 | 13.81 | |
| | | <u>Lyam van der Neut</u> | | <u>Fiene Dijkshoorn</u> | | |
| | | 100m | 12.82 (12.82) | 100m | 13.81 (13.81) | |
| | | Naam | Cat | PR | Tijd | Info |
| 8 | gl | 82 Luuk van Zwienen | HC1 | 12.76 | 12.97 | |
| | bl | 50 Mats Mudde | HC1 | 13.14 | 12.80 | PR |
| | | <u>Luuk van Zwienen</u> | | <u>Mats Mudde</u> | | |
| | | 100m | 12.97 (12.97) | 100m | 12.80 (12.80) | |
| | | Naam | Cat | PR | Tijd | Info |
| 9 | wt | 21 Mare Damsma | DC2 | 12.87 | 12.74 | PR |
| | rd | 72 Mike Teeuw | HC1 | 12.90 | 12.57 | PR |
| | | <u>Mare Damsma</u> | | <u>Mike Teeuw</u> | | |
| | | 100m | 12.74 (12.74) | 100m | 12.57 (12.57) | |
| | | Naam | Cat | PR | Tijd | Info |
| 10 | gl | 76 Lauren de Kool | DC1 | 12.81 | 13.13 | |
| | bl | 49 Merijn Abrahamse | HC1 | 12.76 | 12.53 | PR |
| | | <u>Lauren de Kool</u> | | <u>Merijn Abrahamse</u> | | |
| | | 100m | 13.13 (13.13) | 100m | 12.53 (12.53) | |
| | | Naam | Cat | PR | Tijd | Info |
| 11 | wt | 26 Leander Maas | HC1 | 12.05 | 12.08 | |
| | rd | 52 Twan van Duuren | HC1 | 11.65 | 11.60 | PR |
| | | <u>Leander Maas</u> | | <u>Twan van Duuren</u> | | |
| | | 100m | 12.08 (12.08) | 100m | 11.60 (11.60) | |

Junioren Sprint of 500/1500

De Uithof - Den Haag

19 oktober 2024

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|---------------|-------|--------------|------|
| 12 | gl | 45 Peter de Bruin | HC2 | 11.88 | 12.11 | |
| | bl | 11 Bjarne den Besten | HC1 | 11.15 | 11.44 | |
| | | Peter de Bruin | | | | |
| | | 100m | 12.11 (12.11) | | | |
| | | Bjarne den Besten | | | | |
| | | 100m | 11.44 (11.44) | | | |

2. Uitslag Jun A en B Sprint 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|--------------|------|--------|
| 1 | 25 Gio Kromokario | HB2 | 15 | I | 10.97 | | |
| 2 | 37 Owen Knook | HB2 | 16 | I | 11.35 | PR | |
| 3 | 40 Teije Hekkema | HB1 | 15 | O | 11.37 | PR | |
| 4 | 33 Isa Oudenes | DB2 | 14 | O | 12.02 | | |
| 5 | 30 Lisa de Koster | DB1 | 14 | I | 13.24 | | |
| 6 | 73 Beyza Barkin | DB1 | 13 | I | 15.71 | | |
| | 58 Lenthe Jansen | DA1 | 13 | O | DNS | | |
| | 15 Matthijs de Haan | HB1 | | | WDR | | |

2. Rituitslag Jun A en B Sprint 100 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|----------------------|------|
| 13 | wt | 73 Beyza Barkin | DB1 | 14.47 | 15.71 | |
| | rd | 58 Lenthe Jansen | DA1 | 12.27 | DNS | |
| | | <u>Beyza Barkin</u> | | | <u>Lenthe Jansen</u> | |
| | | 100m | 15.71 | (15.71) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-------|---------|--------------------|---------------|
| 14 | gl | 30 Lisa de Koster | DB1 | 12.72 | 13.24 | |
| | bl | 33 Isa Oudenes | DB2 | 11.62 | 12.02 | |
| | | <u>Lisa de Koster</u> | | | <u>Isa Oudenes</u> | |
| | | 100m | 13.24 | (13.24) | 100m | 12.02 (12.02) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-------|---------|----------------------|---------------|
| 15 | wt | 25 Gio Kromokario | HB2 | 10.74 | 10.97 | |
| | rd | 40 Teije Hekkema | HB1 | 11.58 | 11.37 | PR |
| | | <u>Gio Kromokario</u> | | | <u>Teije Hekkema</u> | |
| | | 100m | 10.97 | (10.97) | 100m | 11.37 (11.37) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-------|---------|-------------------------|------|
| 16 | gl | 37 Owen Knook | HB2 | 11.44 | 11.35 | PR |
| | bl | 15 Matthijs de Haan | HB1 | 10.75 | WDR | |
| | | <u>Owen Knook</u> | | | <u>Matthijs de Haan</u> | |
| | | 100m | 11.35 | (11.35) | | |

3. Uitslag Jun C 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1 | 42 Tygo Blom | HC2 | 28 | O | 42.93 | | |
| 2 | 46 Rune Stoel | HC2 | 27 | I | 44.23 | | |
| 3 | 47 Nanette de Boon | DC1 | 28 | I | 44.82 | | |
| 4 | 5 Olivier Wennekes | HC2 | 27 | O | 46.28 | | |
| 5 | 36 Elin Lamain | DC1 | 24 | O | 46.67 | PR | |
| 6 | 17 Thijs Breugem | HC2 | 25 | O | 46.85 | PR | |
| 7 | 61 Nouschka Steenks | DC2 | 26 | I | 47.37 | | |
| 8 | 63 Fien Hummel | DC1 | 23 | I | 48.16 | | |
| 9 | 14 Jolijn Solleveld | DC1 | 25 | I | 48.37 | | |
| 10 | 67 Cato Slegtenhorst | DC2 | 21 | O | 49.47 | | |
| 11 | 23 Tippi Verbree | DC2 | 23 | O | 49.87 | | |
| 12 | 16 Lotte Janssen | DC1 | 21 | I | 50.65 | | |
| 13 | 66 Kim Lagraauw | DC1 | 17 | I | 51.57 | PR | |
| 14 | 29 Medde Barendse | DC1 | 20 | I | 51.63 | | |
| 15 | 57 Robin Verboom | HC1 | 19 | I | 51.78 | | |
| 16 | 27 Rinske Hogenboom | DC2 | 22 | I | 51.81 | | |
| 17 | 79 Sara van der Goes | DC1 | 22 | O | 52.29 | | |
| 18 | 48 Seppe Wiersema | HC1 | 19 | O | 52.30 | PR | |
| 19 | 53 Oona Alleblas | DC2 | 24 | I | 52.82 | | |
| 20 | 6 Tristan Boon | HC1 | 20 | O | 53.07 | | |
| 21 | 70 Margot van Schie | DC2 | 17 | O | 55.41 | | |
| | 2 Melle Zweers | HC2 | 26 | O | DNF | | |

3. Rituitslag Jun C 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 17 | wt | 66 | Kim Lagraauw | | DC1 | 52.14 | | 51.57 | PR |
| | rd | 70 | Margot van Schie | | DC2 | 54.52 | | 55.41 | |
| | | Kim Lagraauw | | | Margot van Schie | | | | |
| | | 100m | 13.52 | (13.52) | 100m | 14.63 | (14.63) | | |
| | | 500m | 51.57 | (38.05) | 500m | 55.41 | (40.78) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|---|-----|--|----|--|------|------|
| 18 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | m | | | | | | |
| | | | | | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 19 | wt | 57 | Robin Verboom | | HC1 | 51.29 | | 51.78 | |
| | rd | 48 | Seppe Wiersema | | HC1 | 53.23 | | 52.30 | PR |
| | | Robin Verboom | | | Seppe Wiersema | | | | |
| | | 100m | 13.51 | (13.51) | 100m | 13.69 | (13.69) | | |
| | | 500m | 51.78 | (38.27) | 500m | 52.30 | (38.61) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|---------|--------------|------|
| 20 | gl | 29 | Medde Barendse | | DC1 | 50.30 | | 51.63 | |
| | bl | 6 | Tristan Boon | | HC1 | 52.40 | | 53.07 | |
| | | Medde Barendse | | | Tristan Boon | | | | |
| | | 100m | 13.38 | (13.38) | 100m | 13.45 | (13.45) | | |
| | | 500m | 51.63 | (38.25) | 500m | 53.07 | (39.62) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 21 | wt | 16 | Lotte Janssen | | DC1 | 49.66 | | 50.65 | |
| | rd | 67 | Cato Slegtenhorst | | DC2 | 49.05 | | 49.47 | |
| | | Lotte Janssen | | | Cato Slegtenhorst | | | | |
| | | 100m | 13.22 | (13.22) | 100m | 13.20 | (13.20) | | |
| | | 500m | 50.65 | (37.43) | 500m | 49.47 | (36.27) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|--------------------------|--------------|------|
| 22 | gl | 27 Rinske Hogenboom | DC2 | 50.95 | 51.81 | |
| | bl | 79 Sara van der Goes | DC1 | 50.77 | 52.29 | |
| | | Rinske Hogenboom | | Sara van der Goes | | |
| | | 100m 13.43 (13.43) | | 100m 13.41 (13.41) | | |
| | | 500m 51.81 (38.38) | | 500m 52.29 (38.88) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 23 | wt | 63 Fien Hummel | DC1 | 47.24 | 48.16 | |
| | rd | 23 Tippi Verbree | DC2 | 48.40 | 49.87 | |
| | | Fien Hummel | | Tippi Verbree | | |
| | | 100m 13.01 (13.01) | | 100m 12.85 (12.85) | | |
| | | 500m 48.16 (35.15) | | 500m 49.87 (37.02) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 24 | gl | 53 Oona Alleblas | DC2 | 48.82 | 52.82 | |
| | bl | 36 Elin Lamain | DC1 | 47.00 | 46.67 | PR |
| | | Oona Alleblas | | Elin Lamain | | |
| | | 100m 13.67 (13.67) | | 100m 12.65 (12.65) | | |
| | | 500m 52.82 (39.15) | | 500m 46.67 (34.02) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 25 | wt | 14 Jolijn Solleveld | DC1 | 46.91 | 48.37 | |
| | rd | 17 Thijs Breugem | HC2 | 47.90 | 46.85 | PR |
| | | Jolijn Solleveld | | Thijs Breugem | | |
| | | 100m 12.58 (12.58) | | 100m 12.21 (12.21) | | |
| | | 500m 48.37 (35.79) | | 500m 46.85 (34.64) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 26 | gl | 61 Nouschka Steenks | DC2 | 46.96 | 47.37 | |
| | bl | 2 Melle Zweers | HC2 | 48.30 | DNF | |
| | | Nouschka Steenks | | Melle Zweers | | |
| | | 100m 12.44 (12.44) | | 100m 12.82 (12.82) | | |
| | | 500m 47.37 (34.93) | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|---------------|-------------------------|---------------|------|
| 27 | wt | 46 Rune Stoel | HC2 | 43.44 | 44.23 | |
| | rd | 5 Olivier Wennekes | HC2 | 44.59 | 46.28 | |
| | | Rune Stoel | | Olivier Wennekes | | |
| | | 100m | 11.79 (11.79) | 100m | 12.58 (12.58) | |
| | | 500m | 44.23 (32.44) | 500m | 46.28 (33.70) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|---------------|------------------|---------------|------|
| 28 | gl | 47 Nanette de Boon | DC1 | 43.41 | 44.82 | |
| | bl | 42 Tygo Blom | HC2 | 42.49 | 42.93 | |
| | | Nanette de Boon | | Tygo Blom | | |
| | | 100m | 11.80 (11.80) | 100m | 11.42 (11.42) | |
| | | 500m | 44.82 (33.02) | 500m | 42.93 (31.51) | |

4. Uitslag Jun C Sprint 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 11 Bjarne den Besten | HC1 | 40 | O | 42.31 | | |
| 2 | 52 Twan van Duuren | HC1 | 39 | I | 43.11 | | |
| 3 | 45 Peter de Bruin | HC2 | 40 | I | 45.02 | | |
| 4 | 26 Leander Maas | HC1 | 39 | O | 46.86 | | |
| 5 | 44 Maren de Bruin | DC1 | 38 | O | 48.21 | | |
| 6 | 51 Luna Beks | DC2 | 38 | I | 49.04 | | |
| 7 | 21 Mare Damsma | DC2 | 37 | I | 49.75 | | |
| 8 | 12 Lyam van der Neut | HC2 | 36 | O | 50.69 | | |
| 9 | 82 Luuk van Zwienen | HC1 | 36 | I | 52.46 | | |
| 10 | 50 Mats Mudde | HC1 | 34 | I | 52.62 | PR | |
| 11 | 74 Lieke Nuyt | DC1 | 34 | O | 52.74 | PR | |
| 12 | 59 Jasmijn Bavius | DC2 | 37 | O | 53.05 | | |
| 13 | 43 Noortje Valkenburg | DC1 | 31 | O | 53.18 | HT | |
| 14 | 49 Merijn Abrahamse | HC1 | 31 | I | 53.42 | PR | |
| 15 | 72 Mike Teeuw | HC1 | 35 | O | 53.73 | | |
| 16 | 76 Lauren de Kool | DC1 | 33 | O | 54.53 | | |
| 17 | 56 Aiden de Koster | DC1 | 32 | I | 54.56 | PR | |
| 18 | 24 Fiene Dijkshoorn | DC1 | 35 | I | 54.72 | | |
| 19 | 65 Malaika Bevelander | DC1 | 29 | I | 55.50 | | |
| 20 | 60 Thomas Steele | HC2 | 29 | O | 55.61 | PR | |
| 21 | 75 Suze Verschoor | DC1 | 33 | I | 55.68 | | |
| 22 | 54 Bracha Scholten | DC2 | 32 | O | 55.96 | PR | |
| 23 | 18 Linde De Langen | DC1 | 30 | I | 1:00.11 | PR | |
| 24 | 32 Laura Gravesteyn | DC1 | 30 | O | 1:00.57 | PR | |

4. Rituitslag Jun C Sprint 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|---------------------------|------|---------|--------------|------|
| 29 | wt | 65 | Malaika Bevelander | | DC1 | | 55.50 | |
| | rd | 60 | Thomas Steele | | HC2 | 1:00.81 | 55.61 | PR |
| | | | | Malaika Bevelander | | | | |
| | | | | Thomas Steele | | | | |
| | | 100m | 14.17 | (14.17) | 100m | 14.08 | (14.08) | |
| | | 500m | 55.50 | (41.33) | 500m | 55.61 | (41.53) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------------------------|------|---------|----------------|------|
| 30 | gl | 18 | Linde De Langen | | DC1 | 1:02.28 | 1:00.11 | PR |
| | bl | 32 | Laura Gravesteyn | | DC1 | 1:01.67 | 1:00.57 | PR |
| | | | | Linde De Langen | | | | |
| | | | | Laura Gravesteyn | | | | |
| | | 100m | 14.23 | (14.23) | 100m | 14.34 | (14.34) | |
| | | 500m | 1:00.11 | (45.88) | 500m | 1:00.57 | (46.23) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|---------------------------|------|-------|--------------|------|
| 31 | wt | 49 | Merijn Abrahamse | | HC1 | 56.51 | 53.42 | PR |
| | rd | 43 | Noortje Valkenburg | | DC1 | 53.87 | 53.18 | HT |
| | | | | Merijn Abrahamse | | | | |
| | | | | Noortje Valkenburg | | | | |
| | | 100m | 13.00 | (13.00) | 100m | 13.26 | (13.26) | |
| | | 500m | 53.42 | (40.42) | 500m | 53.18 | (39.92) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|------------------------|------|-------|--------------|------|
| 32 | gl | 56 | Aiden de Koster | | DC1 | 55.86 | 54.56 | PR |
| | bl | 54 | Bracha Scholten | | DC2 | 58.75 | 55.96 | PR |
| | | | | Aiden de Koster | | | | |
| | | | | Bracha Scholten | | | | |
| | | 100m | 13.20 | (13.20) | 100m | 13.77 | (13.77) | |
| | | 500m | 54.56 | (41.36) | 500m | 55.96 | (42.19) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-----------------------|------|-------|--------------|------|
| 33 | wt | 75 | Suze Verschoor | | DC1 | 52.22 | 55.68 | |
| | rd | 76 | Lauren de Kool | | DC1 | 53.02 | 54.53 | |
| | | | | Suze Verschoor | | | | |
| | | | | Lauren de Kool | | | | |
| | | 100m | 14.27 | (14.27) | 100m | 13.84 | (13.84) | |
| | | 500m | 55.68 | (41.41) | 500m | 54.53 | (40.69) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|---------------|-------|--------------|------|
| 34 | gl | 50 Mats Mudde | HC1 | 53.59 | 52.62 | PR |
| | bl | 74 Lieke Nuyt | DC1 | 53.67 | 52.74 | PR |
| | | Mats Mudde | | | | |
| | | 100m | 13.40 (13.40) | | | |
| | | 500m | 52.62 (39.22) | | | |
| | | Lieke Nuyt | | | | |
| | | 100m | 13.85 (13.85) | | | |
| | | 500m | 52.74 (38.89) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 35 | wt | 24 Fiene Dijkshoorn | DC1 | 52.96 | 54.72 | |
| | rd | 72 Mike Teeuw | HC1 | 53.00 | 53.73 | |
| | | Fiene Dijkshoorn | | | | |
| | | 100m | 14.14 (14.14) | | | |
| | | 500m | 54.72 (40.58) | | | |
| | | Mike Teeuw | | | | |
| | | 100m | 13.28 (13.28) | | | |
| | | 500m | 53.73 (40.45) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 36 | gl | 82 Luuk van Zwienen | HC1 | 48.83 | 52.46 | |
| | bl | 12 Lyam van der Neut | HC2 | 46.04 | 50.69 | |
| | | Luuk van Zwienen | | | | |
| | | 100m | 13.46 (13.46) | | | |
| | | 500m | 52.46 (39.00) | | | |
| | | Lyam van der Neut | | | | |
| | | 100m | 12.95 (12.95) | | | |
| | | 500m | 50.69 (37.74) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 37 | wt | 21 Mare Damsma | DC2 | 48.73 | 49.75 | |
| | rd | 59 Jasmijn Bavius | DC2 | 50.15 | 53.05 | |
| | | Mare Damsma | | | | |
| | | 100m | 13.04 (13.04) | | | |
| | | 500m | 49.75 (36.71) | | | |
| | | Jasmijn Bavius | | | | |
| | | 100m | 13.81 (13.81) | | | |
| | | 500m | 53.05 (39.24) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 38 | gl | 51 Luna Beks | DC2 | 46.66 | 49.04 | |
| | bl | 44 Maren de Bruin | DC1 | 46.85 | 48.21 | |
| | | Luna Beks | | | | |
| | | 100m | 12.92 (12.92) | | | |
| | | 500m | 49.04 (36.12) | | | |
| | | Maren de Bruin | | | | |
| | | 100m | 13.27 (13.27) | | | |
| | | 500m | 48.21 (34.94) | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------------|-------|---------|---------------------|-------|--------------|------|
| 39 | wt | 52 Twan van Duuren | | | HC1 | 41.78 | 43.11 | |
| | rd | 26 Leander Maas | | | HC1 | 44.82 | 46.86 | |
| | | Twan van Duuren | | | Leander Maas | | | |
| | | 100m | 11.80 | (11.80) | 100m | 12.23 | (12.23) | |
| | | 500m | 43.11 | (31.31) | 500m | 46.86 | (34.63) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-------|---------|--------------------------|-------|--------------|------|
| 40 | gl | 45 Peter de Bruin | | | HC2 | 44.27 | 45.02 | |
| | bl | 11 Bjarne den Besten | | | HC1 | 40.54 | 42.31 | |
| | | Peter de Bruin | | | Bjarne den Besten | | | |
| | | 100m | 12.06 | (12.06) | 100m | 11.59 | (11.59) | |
| | | 500m | 45.02 | (32.96) | 500m | 42.31 | (30.72) | |

5. Uitslag Jun A en B Sprint 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|--------------|------|--------|
| 1 | 25 Gio Kromokario | HB2 | 44 | I | 41.24 | | |
| 2 | 40 Teije Hekkema | HB1 | 43 | I | 43.03 | PR | |
| 3 | 33 Isa Oudenes | DB2 | 44 | O | 44.57 | | |
| 4 | 37 Owen Knook | HB2 | 42 | O | 46.85 | | |
| 5 | 30 Lisa de Koster | DB1 | 42 | I | 51.94 | | |
| 6 | 73 Beyza Barkin | DB1 | 41 | O | 59.98 | | |
| | 58 Lenthe Jansen | DA1 | 41 | I | DNS | | |
| | 15 Matthijs de Haan | HB1 | | | WDR | | |

5. Rituitslag Jun A en B Sprint 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|-----|---------------------|-------|---------|--------------|
| 41 | wt | 58 | Lenthe Jansen | | DA1 | 44.44 | | DNS |
| | rd | 73 | Beyza Barkin | | DB1 | 56.58 | | 59.98 |
| | | <u>Lenthe Jansen</u> | | | <u>Beyza Barkin</u> | | | |
| | | | | | 100m | 15.43 | (15.43) | |
| | | | | | 500m | 59.98 | (44.55) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|-----|-------------------|-------|---------|--------------|
| 42 | gl | 30 | Lisa de Koster | | DB1 | 49.16 | | 51.94 |
| | bl | 37 | Owen Knook | | HB2 | 44.67 | | 46.85 |
| | | <u>Lisa de Koster</u> | | | <u>Owen Knook</u> | | | |
| | | | | | 100m | 13.49 | (13.49) | |
| | | | | | 500m | 51.94 | (38.45) | |
| | | | | | 100m | 11.84 | (11.84) | |
| | | | | | 500m | 46.85 | (35.01) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|-------------------------|-----|-------------------------|-------|---------|-----------------|
| 43 | wt | 40 | Teije Hekkema | | HB1 | 43.91 | | 43.03 PR |
| | rd | 15 | Matthijs de Haan | | HB1 | 38.40 | | WDR |
| | | <u>Teije Hekkema</u> | | | <u>Matthijs de Haan</u> | | | |
| | | | | | 100m | 11.38 | (11.38) | |
| | | | | | 500m | 43.03 | (31.65) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|-----|--------------------|-------|---------|--------------|
| 44 | gl | 25 | Gio Kromokario | | HB2 | 39.90 | | 41.24 |
| | bl | 33 | Isa Oudenes | | DB2 | 43.32 | | 44.57 |
| | | <u>Gio Kromokario</u> | | | <u>Isa Oudenes</u> | | | |
| | | | | | 100m | 11.04 | (11.04) | |
| | | | | | 500m | 41.24 | (30.20) | |
| | | | | | 100m | 12.16 | (12.16) | |
| | | | | | 500m | 44.57 | (32.41) | |

6. Uitslag Jun A en B 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|--------------|------|--------|
| 1 | 28 Bram van der Hoeven | HB2 | 56 | O | 42.36 | | |
| 2 | 77 Milou de Lange | DA2 | 55 | I | 43.11 | | |
| 3 | 1 Joep van Leeuwen | HB1 | 56 | I | 43.51 | PR | |
| 4 | 19 Boaz de Gast | HB1 | 55 | O | 44.16 | | |
| 5 | 10 Julian Broos | HB2 | 53 | I | 44.25 | PR | |
| 6 | 34 Mees Blaauw | HB1 | 54 | O | 44.36 | | |
| 7 | 41 Lara Castro Nortier | DB1 | 54 | I | 46.29 | | |
| 8 | 39 Bo Hoogvorst | DB1 | 52 | I | 46.77 | | |
| 9 | 69 Lieke van Ooij | DA1 | 53 | O | 47.00 | | |
| 10 | 38 Anne Spruijt | DB2 | 51 | O | 47.02 | | |
| 11 | 13 Feline Solleveld | DB1 | 52 | O | 47.20 | | |
| 12 | 4 Keira Vissenberg | DB1 | 51 | I | 48.29 | | |
| 13 | 55 Isolde de Koster | DB1 | 47 | I | 48.45 | PR | |
| 14 | 7 Emma Boon | DB1 | 50 | I | 48.98 | | |
| 15 | 31 Simone Gravesteyn | DB2 | 49 | I | 49.65 | | |
| 16 | 71 Mette Verdoold | DB1 | 49 | O | 50.27 | | |
| 17 | 8 Lindsey Eijgermans | DB1 | 48 | I | 50.55 | | |
| 18 | 80 Emma van der Goes | DB2 | 48 | O | 51.03 | | |
| 19 | 81 Danique Verhoeve | DB1 | 45 | O | 51.77 | PR | |
| 20 | 20 Mirthe Wijnakker | DB1 | 45 | I | 52.06 | | |
| 21 | 9 Clover van Zeijl | DB1 | 47 | O | 53.03 | | |

6. Rituitslag Jun A en B 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|-------------------------|---------|
| 45 | wt | 20 | Mirthe Wijnakker | | DB1 | 51.22 | 52.06 | |
| | rd | 81 | Danique Verhoeve | | DB1 | 51.95 | 51.77 | PR |
| | | | Mirthe Wijnakker | | | | Danique Verhoeve | |
| | | | 100m | 13.20 | (13.20) | 100m | 13.21 | (13.21) |
| | | | 500m | 52.06 | (38.86) | 500m | 51.77 | (38.56) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 46 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | m | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|-------------------------|---------|
| 47 | wt | 55 | Isolde de Koster | | DB1 | 48.82 | 48.45 | PR |
| | rd | 9 | Clover van Zeijl | | DB1 | 49.33 | 53.03 | |
| | | | Isolde de Koster | | | | Clover van Zeijl | |
| | | | 100m | 12.76 | (12.76) | 100m | 13.61 | (13.61) |
| | | | 500m | 48.45 | (35.69) | 500m | 53.03 | (39.42) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-------|---------|-------|--------------------------|---------|
| 48 | gl | 8 | Lindsey Eijgermans | | DB1 | 49.56 | 50.55 | |
| | bl | 80 | Emma van der Goes | | DB2 | 50.00 | 51.03 | |
| | | | Lindsey Eijgermans | | | | Emma van der Goes | |
| | | | 100m | 13.38 | (13.38) | 100m | 13.34 | (13.34) |
| | | | 500m | 50.55 | (37.17) | 500m | 51.03 | (37.69) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|-------|---------|-------|-----------------------|---------|
| 49 | wt | 31 | Simone Gravesteyn | | DB2 | 47.10 | 49.65 | |
| | rd | 71 | Mette Verdoold | | DB1 | 47.18 | 50.27 | |
| | | | Simone Gravesteyn | | | | Mette Verdoold | |
| | | | 100m | 13.32 | (13.32) | 100m | 13.48 | (13.48) |
| | | | 500m | 49.65 | (36.33) | 500m | 50.27 | (36.79) |

| | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | | | | | | | | |
|---|----|-------------------------------|-------------------------|---------|--------------|---------------|----------------------------|--|------|-------------------------|----|------|------|--|--|------|-------|---------|------|---------------|--|--|------|-------|---------|------|---------------|
| 50 | gl | 7 Emma Boon | DB1 | 48.01 | 48.98 | | | | | | | | | | | | | | | | | | | | | | |
| | bl | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <td colspan="7">Emma Boon</td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>12.74</td> <td>(12.74)</td> <td></td> <td>m</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>48.98</td> <td>(36.24)</td> <td></td> <td></td> </tr> </table> | | | | | | | Emma Boon | | | | | | | | | 100m | 12.74 | (12.74) | | m | | | 500m | 48.98 | (36.24) | | |
| Emma Boon | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | 100m | 12.74 | (12.74) | | m | | | | | | | | | | | | | | | | | | | | | |
| | | 500m | 48.98 | (36.24) | | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <th colspan="2"></th> <th>Naam</th> <th>Cat</th> <th>PR</th> <th>Tijd</th> <th>Info</th> </tr> </table> | | | | | | | | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | |
| | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | | | | | | | | |
| 51 | wt | 4 Keira Vissenberg | DB1 | 46.02 | 48.29 | | | | | | | | | | | | | | | | | | | | | | |
| | rd | 38 Anne Spruijt | DB2 | 46.21 | 47.02 | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <td colspan="3">Keira Vissenberg</td> <td colspan="4">Anne Spruijt</td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>12.85</td> <td>(12.85)</td> <td>100m</td> <td>12.27 (12.27)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>48.29</td> <td>(35.44)</td> <td>500m</td> <td>47.02 (34.75)</td> </tr> </table> | | | | | | | Keira Vissenberg | | | Anne Spruijt | | | | | | 100m | 12.85 | (12.85) | 100m | 12.27 (12.27) | | | 500m | 48.29 | (35.44) | 500m | 47.02 (34.75) |
| Keira Vissenberg | | | Anne Spruijt | | | | | | | | | | | | | | | | | | | | | | | | |
| | | 100m | 12.85 | (12.85) | 100m | 12.27 (12.27) | | | | | | | | | | | | | | | | | | | | | |
| | | 500m | 48.29 | (35.44) | 500m | 47.02 (34.75) | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <th colspan="2"></th> <th>Naam</th> <th>Cat</th> <th>PR</th> <th>Tijd</th> <th>Info</th> </tr> </table> | | | | | | | | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | |
| | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | | | | | | | | |
| 52 | gl | 39 Bo Hoogvorst | DB1 | 45.39 | 46.77 | | | | | | | | | | | | | | | | | | | | | | |
| | bl | 13 Feline Solleveld | DB1 | 46.43 | 47.20 | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <td colspan="3">Bo Hoogvorst</td> <td colspan="4">Feline Solleveld</td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>12.80</td> <td>(12.80)</td> <td>100m</td> <td>12.50 (12.50)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>46.77</td> <td>(33.97)</td> <td>500m</td> <td>47.20 (34.70)</td> </tr> </table> | | | | | | | Bo Hoogvorst | | | Feline Solleveld | | | | | | 100m | 12.80 | (12.80) | 100m | 12.50 (12.50) | | | 500m | 46.77 | (33.97) | 500m | 47.20 (34.70) |
| Bo Hoogvorst | | | Feline Solleveld | | | | | | | | | | | | | | | | | | | | | | | | |
| | | 100m | 12.80 | (12.80) | 100m | 12.50 (12.50) | | | | | | | | | | | | | | | | | | | | | |
| | | 500m | 46.77 | (33.97) | 500m | 47.20 (34.70) | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <th colspan="2"></th> <th>Naam</th> <th>Cat</th> <th>PR</th> <th>Tijd</th> <th>Info</th> </tr> </table> | | | | | | | | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | |
| | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | | | | | | | | |
| 53 | wt | 10 Julian Broos | HB2 | 46.00 | 44.25 | PR | | | | | | | | | | | | | | | | | | | | | |
| | rd | 69 Lieke van Ooij | DA1 | 46.42 | 47.00 | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <td colspan="3">Julian Broos</td> <td colspan="4">Lieke van Ooij</td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>11.84</td> <td>(11.84)</td> <td>100m</td> <td>12.64 (12.64)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>44.25</td> <td>(32.41)</td> <td>500m</td> <td>47.00 (34.36)</td> </tr> </table> | | | | | | | Julian Broos | | | Lieke van Ooij | | | | | | 100m | 11.84 | (11.84) | 100m | 12.64 (12.64) | | | 500m | 44.25 | (32.41) | 500m | 47.00 (34.36) |
| Julian Broos | | | Lieke van Ooij | | | | | | | | | | | | | | | | | | | | | | | | |
| | | 100m | 11.84 | (11.84) | 100m | 12.64 (12.64) | | | | | | | | | | | | | | | | | | | | | |
| | | 500m | 44.25 | (32.41) | 500m | 47.00 (34.36) | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <th colspan="2"></th> <th>Naam</th> <th>Cat</th> <th>PR</th> <th>Tijd</th> <th>Info</th> </tr> </table> | | | | | | | | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | |
| | | Naam | Cat | PR | Tijd | Info | | | | | | | | | | | | | | | | | | | | | |
| 54 | gl | 41 Lara Castro Nortier | DB1 | 45.44 | 46.29 | | | | | | | | | | | | | | | | | | | | | | |
| | bl | 34 Mees Blaauw | HB1 | 44.15 | 44.36 | | | | | | | | | | | | | | | | | | | | | | |
| <table border="0" style="width:100%"> <tr> <td colspan="3">Lara Castro Nortier</td> <td colspan="4">Mees Blaauw</td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>12.37</td> <td>(12.37)</td> <td>100m</td> <td>11.91 (11.91)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>46.29</td> <td>(33.92)</td> <td>500m</td> <td>44.36 (32.45)</td> </tr> </table> | | | | | | | Lara Castro Nortier | | | Mees Blaauw | | | | | | 100m | 12.37 | (12.37) | 100m | 11.91 (11.91) | | | 500m | 46.29 | (33.92) | 500m | 44.36 (32.45) |
| Lara Castro Nortier | | | Mees Blaauw | | | | | | | | | | | | | | | | | | | | | | | | |
| | | 100m | 12.37 | (12.37) | 100m | 11.91 (11.91) | | | | | | | | | | | | | | | | | | | | | |
| | | 500m | 46.29 | (33.92) | 500m | 44.36 (32.45) | | | | | | | | | | | | | | | | | | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|--------------|------|
| 55 | wt | 77 | Milou de Lange | | DA2 | 40.78 | 43.11 | |
| | rd | 19 | Boaz de Gast | | HB1 | 43.26 | 44.16 | |
| | | Milou de Lange | | | Boaz de Gast | | | |
| | | 100m | 11.79 | (11.79) | 100m | 12.08 | (12.08) | |
| | | 500m | 43.11 | (31.32) | 500m | 44.16 | (32.08) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|----------------------------|---------|----------------------------|-------|--------------|------|
| 56 | gl | 1 | Joep van Leeuwen | | HB1 | 43.80 | 43.51 | PR |
| | bl | 28 | Bram van der Hoeven | | HB2 | 41.76 | 42.36 | |
| | | Joep van Leeuwen | | | Bram van der Hoeven | | | |
| | | 100m | 11.87 | (11.87) | 100m | 11.57 | (11.57) | |
| | | 500m | 43.51 | (31.64) | 500m | 42.36 | (30.79) | |

7. Uitslag Jun C Sprint 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 52 Twan van Duuren | HC1 | 67 | O | 27.28 | PR | |
| 2 | 11 Bjarne den Besten | HC1 | 68 | O | 27.33 | | |
| 3 | 45 Peter de Bruin | HC2 | 67 | I | 29.12 | PR | |
| 4 | 26 Leander Maas | HC1 | 68 | I | 29.91 | | |
| 5 | 44 Maren de Bruin | DC1 | 66 | I | 30.55 | PR | |
| 6 | 51 Luna Beks | DC2 | 65 | O | 31.13 | | |
| 7 | 21 Mare Damsma | DC2 | 66 | O | 31.27 | | |
| 8 | 12 Lyam van der Neut | HC2 | 65 | I | 31.56 | PR | |
| 9 | 50 Mats Mudde | HC1 | 64 | I | 31.92 | PR | |
| 10 | 49 Merijn Abrahamse | HC1 | 62 | O | 32.58 | PR | |
| 11 | 43 Noortje Valkenburg | DC1 | 64 | O | 32.70 | PR | |
| 12 | 72 Mike Teeuw | HC1 | 61 | O | 32.78 | PR | |
| 13 | 74 Lieke Nuyt | DC1 | 61 | I | 33.14 | PR | |
| 14 | 59 Jasmijn Bavius | DC2 | 63 | I | 33.24 | | |
| 15 | 82 Luuk van Zwienen | HC1 | 63 | O | 33.33 | | |
| 16 | 76 Lauren de Kool | DC1 | 59 | O | 33.77 | PR | |
| 17 | 75 Suze Verschoor | DC1 | 59 | I | 33.86 | | |
| 18 | 24 Fiene Dijkshoorn | DC1 | 62 | I | 34.04 | PR | |
| | 56 Aiden de Koster | DC1 | 60 | O | 34.04 | PR | |
| 20 | 54 Bracha Scholten | DC2 | 60 | I | 34.89 | PR | |
| 21 | 18 Linde De Langen | DC1 | 57 | I | 35.24 | PR | |
| 22 | 60 Thomas Steele | HC2 | 58 | O | 35.83 | | |
| 23 | 32 Laura Gravesteyn | DC1 | 57 | O | 36.99 | PR | |
| 24 | 65 Malaika Bevelander | DC1 | 58 | I | 43.69 | FL | |

7. Rituitslag Jun C Sprint 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|-------------------------|---------|
| 57 | wt | 18 | Linde De Langen | | DC1 | 38.10 | 35.24 | PR |
| | rd | 32 | Laura Gravesteyn | | DC1 | 38.71 | 36.99 | PR |
| | | | Linde De Langen | | | | Laura Gravesteyn | |
| | | | 300m | 35.24 | (35.24) | 300m | 36.99 | (36.99) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-------|---------|------|----------------------|---------|
| 58 | gl | 65 | Malaika Bevelander | | DC1 | | 43.69 | FL |
| | bl | 60 | Thomas Steele | | HC2 | | 35.83 | |
| | | | Malaika Bevelander | | | | Thomas Steele | |
| | | | 300m | 43.69 | (43.69) | 300m | 35.83 | (35.83) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-------|---------|-------|-----------------------|---------|
| 59 | wt | 75 | Suze Verschoor | | DC1 | 33.56 | 33.86 | |
| | rd | 76 | Lauren de Kool | | DC1 | 35.28 | 33.77 | PR |
| | | | Suze Verschoor | | | | Lauren de Kool | |
| | | | 300m | 33.86 | (33.86) | 300m | 33.77 | (33.77) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|---------|-------|------------------------|---------|
| 60 | gl | 54 | Bracha Scholten | | DC2 | 35.95 | 34.89 | PR |
| | bl | 56 | Aiden de Koster | | DC1 | 35.67 | 34.04 | PR |
| | | | Bracha Scholten | | | | Aiden de Koster | |
| | | | 300m | 34.89 | (34.89) | 300m | 34.04 | (34.04) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------|-------|---------|-------|-------------------|---------|
| 61 | wt | 74 | Lieke Nuyt | | DC1 | 33.64 | 33.14 | PR |
| | rd | 72 | Mike Teeuw | | HC1 | 35.26 | 32.78 | PR |
| | | | Lieke Nuyt | | | | Mike Teeuw | |
| | | | 300m | 33.14 | (33.14) | 300m | 32.78 | (32.78) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|---------------|-------|--------------|------|
| 62 | gl | 24 Fiene Dijkshoorn | DC1 | 34.24 | 34.04 | PR |
| | bl | 49 Merijn Abrahamse | HC1 | 35.08 | 32.58 | PR |
| | | <u>Fiene Dijkshoorn</u> | | | | |
| | | 300m | 34.04 (34.04) | | | |
| | | <u>Merijn Abrahamse</u> | | | | |
| | | 300m | 32.58 (32.58) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 63 | wt | 59 Jasmijn Bavius | DC2 | 32.83 | 33.24 | |
| | rd | 82 Luuk van Zwienen | HC1 | 32.39 | 33.33 | |
| | | <u>Jasmijn Bavius</u> | | | | |
| | | 300m | 33.24 (33.24) | | | |
| | | <u>Luuk van Zwienen</u> | | | | |
| | | 300m | 33.33 (33.33) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 64 | gl | 50 Mats Mudde | HC1 | 33.42 | 31.92 | PR |
| | bl | 43 Noortje Valkenburg | DC1 | 33.10 | 32.70 | PR |
| | | <u>Mats Mudde</u> | | | | |
| | | 300m | 31.92 (31.92) | | | |
| | | <u>Noortje Valkenburg</u> | | | | |
| | | 300m | 32.70 (32.70) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 65 | wt | 12 Lyam van der Neut | HC2 | 32.01 | 31.56 | PR |
| | rd | 51 Luna Beks | DC2 | 30.76 | 31.13 | |
| | | <u>Lyam van der Neut</u> | | | | |
| | | 300m | 31.56 (31.56) | | | |
| | | <u>Luna Beks</u> | | | | |
| | | 300m | 31.13 (31.13) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 66 | gl | 44 Maren de Bruin | DC1 | 31.29 | 30.55 | PR |
| | bl | 21 Mare Damsma | DC2 | 30.90 | 31.27 | |
| | | <u>Maren de Bruin</u> | | | | |
| | | 300m | 30.55 (30.55) | | | |
| | | <u>Mare Damsma</u> | | | | |
| | | 300m | 31.27 (31.27) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 67 | wt | 45 Peter de Bruin | HC2 | 29.88 | 29.12 | PR |
| | rd | 52 Twan van Duuren | HC1 | 27.34 | 27.28 | PR |
| | | <u>Peter de Bruin</u> | | | | |
| | | 300m | 29.12 (29.12) | | | |
| | | <u>Twan van Duuren</u> | | | | |
| | | 300m | 27.28 (27.28) | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|---------------|-------|--------------|------|
| 68 | gl | 26 Leander Maas | HC1 | 29.28 | 29.91 | |
| | bl | 11 Bjarne den Besten | HC1 | 26.27 | 27.33 | |
| | | Leander Maas | | | | |
| | | 300m | 29.91 (29.91) | | | |
| | | Bjarne den Besten | | | | |
| | | 300m | 27.33 (27.33) | | | |

8. Uitslag Jun A en B Sprint 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|--------------|-------|--------|
| 1 | 25 Gio Kromokario | HB2 | 72 | I | 26.05 | | |
| 2 | 40 Teije Hekkema | HB1 | 72 | O | 27.60 | PR | |
| 3 | 33 Isa Oudenes | DB2 | 69 | O | 28.06 | | |
| 4 | 37 Owen Knook | HB2 | 71 | O | 29.23 | | |
| 5 | 30 Lisa de Koster | DB1 | 69 | I | 31.79 | HT | |
| 6 | 73 Beyza Barkin | DB1 | 70 | I | 36.50 | HT PR | |
| | 58 Lenthe Jansen | DA1 | 70 | O | DNS | | |
| | 15 Matthijs de Haan | HB1 | | | WDR | | |

8. Rituitslag Jun A en B Sprint 300 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|-------|--------------------|------|
| 69 | wt | 30 Lisa de Koster | DB1 | 31.00 | 31.79 | HT |
| | rd | 33 Isa Oudenes | DB2 | 27.97 | 28.06 | |
| | | <u>Lisa de Koster</u> | | | <u>Isa Oudenes</u> | |
| | | 300m 31.79 (31.79) | | | 300m 28.06 (28.06) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|-------|----------------------|-------|
| 70 | gl | 73 Beyza Barkin | DB1 | 35.73 | 36.50 | HT PR |
| | bl | 58 Lenthe Jansen | DA1 | 29.03 | DNS | |
| | | <u>Beyza Barkin</u> | | | <u>Lenthe Jansen</u> | |
| | | 300m 36.50 (36.50) | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|--------------------|-------------------|------|
| 71 | wt | 15 Matthijs de Haan | HB1 | 25.03 | WDR | |
| | rd | 37 Owen Knook | HB2 | 28.63 | 29.23 | |
| | | <u>Matthijs de Haan</u> | | | <u>Owen Knook</u> | |
| | | | | 300m 29.23 (29.23) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|-------|----------------------|------|
| 72 | gl | 25 Gio Kromokario | HB2 | 25.80 | 26.05 | |
| | bl | 40 Teije Hekkema | HB1 | 28.47 | 27.60 | PR |
| | | <u>Gio Kromokario</u> | | | <u>Teije Hekkema</u> | |
| | | 300m 26.05 (26.05) | | | 300m 27.60 (27.60) | |

9. Uitslag Jun C 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 42 Tygo Blom | HC2 | 84 | I | 2:13.73 | PR | |
| 2 | 46 Rune Stoel | HC2 | 84 | O | 2:21.00 | | |
| 3 | 47 Nanette de Boon | DC1 | 83 | I | 2:22.49 | PR | |
| 4 | 61 Nouschka Steenks | DC2 | 81 | O | 2:24.29 | PR | |
| 5 | 36 Elin Lamain | DC1 | 81 | I | 2:24.91 | PR | |
| 6 | 2 Melle Zweers | HC2 | 82 | I | 2:26.46 | PR | |
| 7 | 5 Olivier Wennekes | HC2 | 83 | O | 2:26.75 | | |
| 8 | 17 Thijs Breugem | HC2 | 82 | O | 2:27.10 | PR | |
| 9 | 14 Jolijn Solleveld | DC1 | 80 | I | 2:30.40 | PR | |
| 10 | 67 Cato Slegtenhorst | DC2 | 79 | I | 2:32.24 | | |
| 11 | 63 Fien Hummel | DC1 | 77 | O | 2:34.08 | PR | |
| 12 | 16 Lotte Janssen | DC1 | 79 | O | 2:35.60 | | |
| 13 | 23 Tippi Verbree | DC2 | 80 | O | 2:35.95 | | |
| 14 | 27 Rinske Hogenboom | DC2 | 78 | I | 2:44.83 | | |
| 15 | 29 Medde Barendse | DC1 | 75 | I | 2:45.18 | PR | |
| 16 | 6 Tristan Boon | HC1 | 73 | O | 2:45.23 | | |
| 17 | 66 Kim Lagraauw | DC1 | 75 | O | 2:45.30 | | |
| 18 | 79 Sara van der Goes | DC1 | 78 | O | 2:45.40 | | |
| 19 | 53 Oona Alleblas | DC2 | 77 | I | 2:49.57 | | |
| 20 | 57 Robin Verboom | HC1 | 73 | I | 2:50.71 | FL | |
| 21 | 70 Margot van Schie | DC2 | 76 | I | 2:55.31 | | |
| 22 | 48 Seppe Wiersema | HC1 | 76 | O | 3:01.77 | | |

9. Rituitslag Jun C 1500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|---------------------|---------|----------------|------|
| 73 | wt | 57 | Robin Verboom | | HC1 | | 2:50.71 | FL |
| | rd | 6 | Tristan Boon | | HC1 | | 2:45.23 | |
| | | Robin Verboom | | | Tristan Boon | | | |
| | | 300m | 32.76 | (32.76) | 300m | 33.65 | (33.65) | |
| | | 700m | 1:14.64 | (41.88) | 700m | 1:15.31 | (41.66) | |
| | | 1100m | 2:01.08 | (46.44) | 1100m | 1:59.69 | (44.38) | |
| | | 1500m | 2:50.71 | (49.63) | 1500m | 2:45.23 | (45.54) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 74 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | | |
| | | | m | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 75 | wt | 29 | Medde Barendse | | DC1 | 2:47.56 | 2:45.18 | PR |
| | rd | 66 | Kim Lagraauw | | DC1 | | 2:45.30 | |
| | | Medde Barendse | | | Kim Lagraauw | | | |
| | | 300m | 34.35 | (34.35) | 300m | 34.42 | (34.42) | |
| | | 700m | 1:16.66 | (42.31) | 700m | 1:15.91 | (41.49) | |
| | | 1100m | 2:01.00 | (44.34) | 1100m | 2:01.33 | (45.42) | |
| | | 1500m | 2:45.18 | (44.18) | 1500m | 2:45.30 | (43.97) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-----------------------|---------|----------------|------|
| 76 | gl | 70 | Margot van Schie | | DC2 | 2:52.17 | 2:55.31 | |
| | bl | 48 | Seppe Wiersema | | HC1 | | 3:01.77 | |
| | | Margot van Schie | | | Seppe Wiersema | | | |
| | | 300m | 36.81 | (36.81) | 300m | 34.29 | (34.29) | |
| | | 700m | 1:22.27 | (45.46) | 700m | 1:17.19 | (42.90) | |
| | | 1100m | 2:09.69 | (47.42) | 1100m | 2:02.33 | (45.14) | |
| | | 1500m | 2:55.31 | (45.62) | 1500m | 3:01.77 | (59.44) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|-----------------------|--------------------------|------|
| 77 | wt | 53 Oona Alleblas | DC2 | 2:34.09 | 2:49.57 | |
| | rd | 63 Fien Hummel | DC1 | 2:37.67 | 2:34.08 | PR |
| | | Oona Alleblas | | | Fien Hummel | |
| | | 300m 34.73 (34.73) | | 300m 31.65 (31.65) | | |
| | | 700m 1:17.10 (42.37) | | 700m 1:09.90 (38.25) | | |
| | | 1100m 2:02.51 (45.41) | | 1100m 1:51.38 (41.48) | | |
| | | 1500m 2:49.57 (47.06) | | 1500m 2:34.08 (42.70) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 78 | gl | 27 Rinske Hogenboom | DC2 | 2:38.68 | 2:44.83 | |
| | bl | 79 Sara van der Goes | DC1 | 2:44.03 | 2:45.40 | |
| | | Rinske Hogenboom | | | Sara van der Goes | |
| | | 300m 35.03 (35.03) | | 300m 34.82 (34.82) | | |
| | | 700m 1:17.59 (42.56) | | 700m 1:16.86 (42.04) | | |
| | | 1100m 2:01.35 (43.76) | | 1100m 2:01.18 (44.32) | | |
| | | 1500m 2:44.83 (43.48) | | 1500m 2:45.40 (44.22) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 79 | wt | 67 Cato Slegtenhorst | DC2 | 2:29.94 | 2:32.24 | |
| | rd | 16 Lotte Janssen | DC1 | 2:34.93 | 2:35.60 | |
| | | Cato Slegtenhorst | | | Lotte Janssen | |
| | | 300m 32.04 (32.04) | | 300m 33.95 (33.95) | | |
| | | 700m 1:10.44 (38.40) | | 700m 1:13.85 (39.90) | | |
| | | 1100m 1:50.67 (40.23) | | 1100m 1:54.78 (40.93) | | |
| | | 1500m 2:32.24 (41.57) | | 1500m 2:35.60 (40.82) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 80 | gl | 14 Jolijn Solleveld | DC1 | 2:35.38 | 2:30.40 | PR |
| | bl | 23 Tippi Verbree | DC2 | 2:33.33 | 2:35.95 | |
| | | Jolijn Solleveld | | | Tippi Verbree | |
| | | 300m 31.39 (31.39) | | 300m 32.61 (32.61) | | |
| | | 700m 1:10.72 (39.33) | | 700m 1:12.60 (39.99) | | |
| | | 1100m 1:50.67 (39.95) | | 1100m 1:53.89 (41.29) | | |
| | | 1500m 2:30.40 (39.73) | | 1500m 2:35.95 (42.06) | | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------|---------|---------|-------------------------|----------------|---------|
| 81 | wt | 36 Elin Lamain | DC1 | | 2:33.91 | 2:24.91 | PR |
| | rd | 61 Nouschka Steenks | DC2 | | 2:25.35 | 2:24.29 | PR |
| | | Elin Lamain | | | Nouschka Steenks | | |
| | | 300m | 31.38 | (31.38) | 300m | 31.78 | (31.78) |
| | | 700m | 1:07.73 | (36.35) | 700m | 1:08.79 | (37.01) |
| | | 1100m | 1:46.11 | (38.38) | 1100m | 1:46.66 | (37.87) |
| | | 1500m | 2:24.91 | (38.80) | 1500m | 2:24.29 | (37.63) |
| | | Naam | Cat | | PR | Tijd | Info |
| 82 | gl | 2 Melle Zweers | HC2 | | 2:30.95 | 2:26.46 | PR |
| | bl | 17 Thijs Breugem | HC2 | | 2:33.82 | 2:27.10 | PR |
| | | Melle Zweers | | | Thijs Breugem | | |
| | | 300m | 31.27 | (31.27) | 300m | 30.19 | (30.19) |
| | | 700m | 1:08.43 | (37.16) | 700m | 1:07.63 | (37.44) |
| | | 1100m | 1:47.62 | (39.19) | 1100m | 1:46.93 | (39.30) |
| | | 1500m | 2:26.46 | (38.84) | 1500m | 2:27.10 | (40.17) |
| | | Naam | Cat | | PR | Tijd | Info |
| 83 | wt | 47 Nanette de Boon | DC1 | | 2:23.68 | 2:22.49 | PR |
| | rd | 5 Olivier Wennekes | HC2 | | 2:17.82 | 2:26.75 | |
| | | Nanette de Boon | | | Olivier Wennekes | | |
| | | 300m | 29.00 | (29.00) | 300m | 30.65 | (30.65) |
| | | 700m | 1:04.43 | (35.43) | 700m | 1:07.47 | (36.82) |
| | | 1100m | 1:42.66 | (38.23) | 1100m | 1:46.65 | (39.18) |
| | | 1500m | 2:22.49 | (39.83) | 1500m | 2:26.75 | (40.10) |
| | | Naam | Cat | | PR | Tijd | Info |
| 84 | gl | 42 Tygo Blom | HC2 | | 2:15.45 | 2:13.73 | PR |
| | bl | 46 Rune Stoel | HC2 | | 2:18.16 | 2:21.00 | |
| | | Tygo Blom | | | Rune Stoel | | |
| | | 300m | 28.20 | (28.20) | 300m | 28.45 | (28.45) |
| | | 700m | 1:01.78 | (33.58) | 700m | 1:03.11 | (34.66) |
| | | 1100m | 1:37.64 | (35.86) | 1100m | 1:41.23 | (38.12) |
| | | 1500m | 2:13.73 | (36.09) | 1500m | 2:21.00 | (39.77) |

10. Uitslag Jun A en B 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|----------------|------|--------|
| 1 | 28 Bram van der Hoeven | HB2 | 96 | I | 2:13.65 | | |
| 2 | 34 Mees Blaauw | HB1 | 96 | O | 2:16.17 | | |
| 3 | 1 Joep van Leeuwen | HB1 | 93 | O | 2:17.30 | PR | |
| 4 | 19 Boaz de Gast | HB1 | 95 | O | 2:22.35 | | |
| 5 | 77 Milou de Lange | DA2 | 95 | I | 2:22.81 | | |
| 6 | 10 Julian Broos | HB2 | 89 | O | 2:26.31 | PR | |
| 7 | 41 Lara Castro Nortier | DB1 | 92 | I | 2:26.67 | | |
| 8 | 39 Bo Hoogvorst | DB1 | 94 | O | 2:27.48 | | |
| 9 | 38 Anne Spruijt | DB2 | 92 | O | 2:29.12 | | |
| 10 | 69 Lieke van Ooij | DA1 | 91 | O | 2:30.63 | | |
| 11 | 13 Feline Solleveld | DB1 | 93 | I | 2:31.93 | | |
| 12 | 55 Isolde de Koster | DB1 | 90 | I | 2:34.92 | | |
| 13 | 7 Emma Boon | DB1 | 91 | I | 2:35.93 | | |
| 14 | 4 Keira Vissenberg | DB1 | 94 | I | 2:36.14 | | |
| 15 | 81 Danique Verhoeve | DB1 | 86 | O | 2:39.50 | PR | |
| 16 | 71 Mette Verdoold | DB1 | 90 | O | 2:39.91 | | |
| 17 | 8 Lindsey Eijgermans | DB1 | 89 | I | 2:41.93 | | |
| 18 | 20 Mirthe Wijnakker | DB1 | 87 | I | 2:44.85 | | |
| 19 | 80 Emma van der Goes | DB2 | 85 | I | 2:45.62 | | |
| 20 | 9 Clover van Zeijl | DB1 | 85 | O | 2:50.30 | | |
| 21 | 31 Simone Gravesteyn | DB2 | 87 | O | 2:51.33 | | |

10. Rituitslag Jun A en B 1500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|-------------------------|---------|----------------|------|
| 85 | wt | 80 | Emma van der Goes | | DB2 | 2:40.06 | 2:45.62 | |
| | rd | 9 | Clover van Zeijl | | DB1 | 2:32.19 | 2:50.30 | |
| | | <u>Emma van der Goes</u> | | | <u>Clover van Zeijl</u> | | | |
| | | 300m | 33.29 | (33.29) | 300m | 34.21 | (34.21) | |
| | | 700m | 1:15.83 | (42.54) | 700m | 1:16.86 | (42.65) | |
| | | 1100m | 2:01.41 | (45.58) | 1100m | 2:02.57 | (45.71) | |
| | | 1500m | 2:45.62 | (44.21) | 1500m | 2:50.30 | (47.73) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|---------|---------|----------------|------|
| 86 | gl | 81 | Danique Verhoeve | | DB1 | 2:43.17 | 2:39.50 | PR |
| | bl | | | | | | | |
| | | <u>Danique Verhoeve</u> | | | | | | |
| | | m | 300m | 33.38 | (33.38) | | | |
| | | | 700m | 1:14.48 | (41.10) | | | |
| | | | 1100m | 1:57.16 | (42.68) | | | |
| | | | 1500m | 2:39.50 | (42.34) | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 87 | wt | 20 | Mirthe Wijnakker | | DB1 | 2:41.46 | 2:44.85 | |
| | rd | 31 | Simone Gravesteyn | | DB2 | 2:40.35 | 2:51.33 | |
| | | <u>Mirthe Wijnakker</u> | | | <u>Simone Gravesteyn</u> | | | |
| | | 300m | 34.04 | (34.04) | 300m | 33.69 | (33.69) | |
| | | 700m | 1:16.25 | (42.21) | 700m | 1:15.56 | (41.87) | |
| | | 1100m | 2:00.93 | (44.68) | 1100m | 2:02.05 | (46.49) | |
| | | 1500m | 2:44.85 | (43.92) | 1500m | 2:51.33 | (49.28) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 88 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-----|-----------------------|----------------|------|
| 89 | wt | 8 Lindsey Eijgermans | DB1 | 2:35.99 | 2:41.93 | |
| | rd | 10 Julian Broos | HB2 | 2:33.24 | 2:26.31 | PR |
| | | Lindsey Eijgermans | | Julian Broos | | |
| | | 300m 33.43 (33.43) | | 300m 30.14 (30.14) | | |
| | | 700m 1:14.78 (41.35) | | 700m 1:07.33 (37.19) | | |
| | | 1100m 1:58.46 (43.68) | | 1100m 1:47.07 (39.74) | | |
| | | 1500m 2:41.93 (43.47) | | 1500m 2:26.31 (39.24) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 90 | gl | 55 Isolde de Koster | DB1 | 2:29.95 | 2:34.92 | |
| | bl | 71 Mette Verdoold | DB1 | 2:29.37 | 2:39.91 | |
| | | Isolde de Koster | | Mette Verdoold | | |
| | | 300m 31.59 (31.59) | | 300m 32.75 (32.75) | | |
| | | 700m 1:10.05 (38.46) | | 700m 1:11.62 (38.87) | | |
| | | 1100m 1:52.03 (41.98) | | 1100m 1:54.51 (42.89) | | |
| | | 1500m 2:34.92 (42.89) | | 1500m 2:39.91 (45.40) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 91 | wt | 7 Emma Boon | DB1 | 2:32.53 | 2:35.93 | |
| | rd | 69 Lieke van Ooij | DA1 | 2:25.08 | 2:30.63 | |
| | | Emma Boon | | Lieke van Ooij | | |
| | | 300m 33.19 (33.19) | | 300m 31.98 (31.98) | | |
| | | 700m 1:13.33 (40.14) | | 700m 1:10.52 (38.54) | | |
| | | 1100m 1:54.80 (41.47) | | 1100m 1:50.66 (40.14) | | |
| | | 1500m 2:35.93 (41.13) | | 1500m 2:30.63 (39.97) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 92 | gl | 41 Lara Castro Nortier | DB1 | 2:25.92 | 2:26.67 | |
| | bl | 38 Anne Spruijt | DB2 | 2:22.70 | 2:29.12 | |
| | | Lara Castro Nortier | | Anne Spruijt | | |
| | | 300m 29.89 (29.89) | | 300m 30.74 (30.74) | | |
| | | 700m 1:06.74 (36.85) | | 700m 1:07.57 (36.83) | | |
| | | 1100m 1:46.29 (39.55) | | 1100m 1:47.70 (40.13) | | |
| | | 1500m 2:26.67 (40.38) | | 1500m 2:29.12 (41.42) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-----------------|---------|-----------------|-------------------------|
| 93 | wt | 13 Feline Solleveld | DB1 | 2:19.03 | 2:31.93 | |
| | rd | 1 Joep van Leeuwen | HB1 | 2:18.14 | 2:17.30 | PR |
| | | Feline Solleveld | | | | Joep van Leeuwen |
| | | 300m | 32.25 (32.25) | 300m | 28.87 (28.87) | |
| | | 700m | 1:10.81 (38.56) | 700m | 1:02.96 (34.09) | |
| | | 1100m | 1:51.25 (40.44) | 1100m | 1:39.15 (36.19) | |
| | | 1500m | 2:31.93 (40.68) | 1500m | 2:17.30 (38.15) | |
| | | Naam | Cat | PR | Tijd | Info |
| 94 | gl | 4 Keira Vissenberg | DB1 | 2:25.35 | 2:36.14 | |
| | bl | 39 Bo Hoogvorst | DB1 | 2:19.36 | 2:27.48 | |
| | | Keira Vissenberg | | | | Bo Hoogvorst |
| | | 300m | 31.55 (31.55) | 300m | 31.13 (31.13) | |
| | | 700m | 1:10.78 (39.23) | 700m | 1:07.72 (36.59) | |
| | | 1100m | 1:53.17 (42.39) | 1100m | 1:46.52 (38.80) | |
| | | 1500m | 2:36.14 (42.97) | 1500m | 2:27.48 (40.96) | |
| | | Naam | Cat | PR | Tijd | Info |
| 95 | wt | 77 Milou de Lange | DA2 | 2:08.51 | 2:22.81 | |
| | rd | 19 Boaz de Gast | HB1 | 2:17.55 | 2:22.35 | |
| | | Milou de Lange | | | | Boaz de Gast |
| | | 300m | 29.59 (29.59) | 300m | 30.06 (30.06) | |
| | | 700m | 1:05.49 (35.90) | 700m | 1:05.66 (35.60) | |
| | | 1100m | 1:43.52 (38.03) | 1100m | 1:44.03 (38.37) | |
| | | 1500m | 2:22.81 (39.29) | 1500m | 2:22.35 (38.32) | |
| | | Naam | Cat | PR | Tijd | Info |
| 96 | gl | 28 Bram van der Hoeven | HB2 | 2:09.69 | 2:13.65 | |
| | bl | 34 Mees Blaauw | HB1 | 2:13.13 | 2:16.17 | |
| | | Bram van der Hoeven | | | | Mees Blaauw |
| | | 300m | 29.57 (29.57) | 300m | 29.28 (29.28) | |
| | | 700m | 1:03.06 (33.49) | 700m | 1:03.56 (34.28) | |
| | | 1100m | 1:37.86 (34.80) | 1100m | 1:39.57 (36.01) | |
| | | 1500m | 2:13.65 (35.79) | 1500m | 2:16.17 (36.60) | |