

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Olle Klunder	HPD	12	O	13.15	PB	
2	3 Noor Klunder	DPB	11	O	13.30		
3	31 Nora Venema	DPD	12	I	13.71	PB	
4	16 Danique Stout	DPB	11	I	13.77		
5	48 Tess de Waal	DPB	9	I	13.84	PB	
6	49 Fajah Lugtenberg	DPD	7	I	14.41	PB	
7	61 Fedde Bennink	HPC	7	O	14.44	PB	
8	32 Noor Koster	DPE	8	I	14.47	PB	
	60 Timo Bennink	HPC	8	O	14.47	PB	
10	38 Christan van den Brink	HPE	9	O	14.49		
11	40 Nadine Hendriksen	DPE	5	O	14.66	PB	
12	27 Juliet Vaandering	DPD	6	O	14.80	PB	
13	53 Thijmen Warmink	HPB	10	I	14.89		
14	15 Miquel Stout	HPE	6	I	14.90		
15	51 Jasper van Gelder	HPD	10	O	14.91		
16	29 Jasmijn Tempelman	DPD	1	O	15.14	PB	
17	30 Kyara Tolsma	DPD	5	I	15.58	PB	
18	45 Jelle Nijkamp	HPC	4	O	15.71	PB	
19	28 Jasper Neimeijer	HPD	3	O	16.19	PB	
20	52 Siem Jansma	HPC	4	I	16.83		
21	46 Koen Nijkamp	HPE	1	I	17.50	PB	
22	34 Sverre Botter	HPF	2	I	17.78		
23	6 Faas Klunder	HPD	2	O	19.44		
24	55 Ruben Warmink	HPD	3	I	21.80	FL	

Referee:

Assistant:

Starter:

From 11/11/2023 5:30:00 PM to 11/11/2023 5:42:22 PM

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

1. Race Result 100 meter

		Name	Cat	PB	Time	Info
1	wt	46 Koen Nijkamp	HPE	19.30	17.50	PB
	rd	29 Jasmijn Tempelman	DPD	17.00	15.14	PB
		<u>Koen Nijkamp</u>		<u>Jasmijn Tempelman</u>		
		100m 17.50 (17.50)		100m 15.14 (15.14)		

		Name	Cat	PB	Time	Info
2	yw	34 Sverre Botter	HPF	17.23	17.78	
	bl	6 Faas Klunder	HPD	18.86	19.44	
		<u>Sverre Botter</u>		<u>Faas Klunder</u>		
		100m 17.78 (17.78)		100m 19.44 (19.44)		

		Name	Cat	PB	Time	Info
3	wt	55 Ruben Warmink	HPD	16.54	21.80	FL
	rd	28 Jasper Neimeijer	HPD	16.64	16.19	PB
		<u>Ruben Warmink</u>		<u>Jasper Neimeijer</u>		
		100m 21.80 (21.80)		100m 16.19 (16.19)		

		Name	Cat	PB	Time	Info
4	yw	52 Siem Jansma	HPC	16.52	16.83	
	bl	45 Jelle Nijkamp	HPC	16.39	15.71	PB
		<u>Siem Jansma</u>		<u>Jelle Nijkamp</u>		
		100m 16.83 (16.83)		100m 15.71 (15.71)		

		Name	Cat	PB	Time	Info
5	wt	30 Kyara Tolsma	DPD	16.30	15.58	PB
	rd	40 Nadine Hendriksen	DPE	14.97	14.66	PB
		<u>Kyara Tolsma</u>		<u>Nadine Hendriksen</u>		
		100m 15.58 (15.58)		100m 14.66 (14.66)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
6	yw	15 Miquel Stout	HPE	14.83	14.90	
	bl	27 Juliet Vaandering	DPD	15.37	14.80	PB
		<u>Miquel Stout</u>		<u>Juliet Vaandering</u>		
		100m 14.90 (14.90)		100m 14.80 (14.80)		

		Name	Cat	PB	Time	Info
7	wt	49 Fajah Lugtenberg	DPD	14.64	14.41	PB
	rd	61 Fedde Bennink	HPC	14.70	14.44	PB
		<u>Fajah Lugtenberg</u>		<u>Fedde Bennink</u>		
		100m 14.41 (14.41)		100m 14.44 (14.44)		

		Name	Cat	PB	Time	Info
8	yw	32 Noor Koster	DPE	14.54	14.47	PB
	bl	60 Timo Bennink	HPC	14.67	14.47	PB
		<u>Noor Koster</u>		<u>Timo Bennink</u>		
		100m 14.47 (14.47)		100m 14.47 (14.47)		

		Name	Cat	PB	Time	Info
9	wt	48 Tess de Waal	DPB	13.97	13.84	PB
	rd	38 Christan van den Brink	HPE	14.34	14.49	
		<u>Tess de Waal</u>		<u>Christan van den Brink</u>		
		100m 13.84 (13.84)		100m 14.49 (14.49)		

		Name	Cat	PB	Time	Info
10	yw	53 Thijmen Warmink	HPB	14.42	14.89	
	bl	51 Jasper van Gelder	HPD	14.17	14.91	
		<u>Thijmen Warmink</u>		<u>Jasper van Gelder</u>		
		100m 14.89 (14.89)		100m 14.91 (14.91)		

		Name	Cat	PB	Time	Info
11	wt	16 Danique Stout	DPB	13.73	13.77	
	rd	3 Noor Klunder	DPB	13.22	13.30	
		<u>Danique Stout</u>		<u>Noor Klunder</u>		
		100m 13.77 (13.77)		100m 13.30 (13.30)		

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
12	yw	31	Nora Venema		DPD		13.91	13.71	PB
	bl	4	Olle Klunder		HPD		13.26	13.15	PB
		Nora Venema			Olle Klunder				
		100m	13.71	(13.71)	100m	13.15	(13.15)		

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

2. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	3 Noor Klunder	DPB	24	I	33.99		
2	4 Olle Klunder	HPD	23	O	35.50		
3	16 Danique Stout	DPB	24	O	35.81		
4	48 Tess de Waal	DPB	21	O	36.36	PB	
5	60 Timo Bennink	HPC	21	I	37.38	PB	
6	38 Christan van den Brink	HPE	22	O	38.26		
7	32 Noor Koster	DPE	20	O	38.30	PB	
8	40 Nadine Hendriksen	DPE	19	O	39.12	PB	
9	61 Fedde Bennink	HPC	22	I	39.33		
10	49 Fajah Lugtenberg	DPD	20	I	39.53		
11	15 Miquel Stout	HPE	17	O	40.05		
12	53 Thijmen Warmink	HPB	18	I	40.42		
13	27 Juliet Vaandering	DPD	15	O	40.50	PB	
14	51 Jasper van Gelder	HPD	19	I	41.38		
15	28 Jasper Neimeijer	HPD	18	O	43.67	PB	
16	29 Jasmijn Tempelman	DPD	14	I	43.93	PB	
17	30 Kyara Tolsma	DPD	15	I	44.87		
18	31 Nora Venema	DPD	23	I	45.12	FL	
19	52 Siem Jansma	HPC	16	I	47.14	PB	
20	55 Ruben Warmink	HPD	16	O	47.52		
21	34 Sverre Botter	HPF	14	O	48.58	PB	
22	45 Jelle Nijkamp	HPC	17	I	51.84	FL	
23	46 Koen Nijkamp	HPE	13	I	52.04	PB	
24	6 Faas Klunder	HPD	13	O	52.47	PB	

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

2. Race Result 300 meter

		Name	Cat	PB	Time	Info
13	wt	46 Koen Nijkamp	HPE	53.65	52.04	PB
	rd	6 Faas Klunder	HPD	52.57	52.47	PB
		<u>Koen Nijkamp</u>		<u>Faas Klunder</u>		
		300m 52.04 (52.04)		300m 52.47 (52.47)		

		Name	Cat	PB	Time	Info
14	yw	29 Jasmijn Tempelman	DPD	49.24	43.93	PB
	bl	34 Sverre Botter	HPF	48.89	48.58	PB
		<u>Jasmijn Tempelman</u>		<u>Sverre Botter</u>		
		300m 43.93 (43.93)		300m 48.58 (48.58)		

		Name	Cat	PB	Time	Info
15	wt	30 Kyara Tolsma	DPD	43.97	44.87	
	rd	27 Juliet Vaandering	DPD	44.84	40.50	PB
		<u>Kyara Tolsma</u>		<u>Juliet Vaandering</u>		
		300m 44.87 (44.87)		300m 40.50 (40.50)		

		Name	Cat	PB	Time	Info
16	yw	52 Siem Jansma	HPC	48.15	47.14	PB
	bl	55 Ruben Warmink	HPD	46.61	47.52	
		<u>Siem Jansma</u>		<u>Ruben Warmink</u>		
		300m 47.14 (47.14)		300m 47.52 (47.52)		

		Name	Cat	PB	Time	Info
17	wt	45 Jelle Nijkamp	HPC	43.88	51.84	FL
	rd	15 Miquel Stout	HPE	39.64	40.05	
		<u>Jelle Nijkamp</u>		<u>Miquel Stout</u>		
		300m 51.84 (51.84)		300m 40.05 (40.05)		

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		Name	Cat	PB	Time	Info
18	yw	53 Thijmen Warmink	HPB	39.97	40.42	
	bl	28 Jasper Neimeijer	HPD	43.93	43.67	PB
		<u>Thijmen Warmink</u>		<u>Jasper Neimeijer</u>		
		300m 40.42 (40.42)		300m 43.67 (43.67)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	51 Jasper van Gelder	HPD	39.57	41.38	
	rd	40 Nadine Hendriksen	DPE	39.28	39.12	PB
		<u>Jasper van Gelder</u>		<u>Nadine Hendriksen</u>		
		300m 41.38 (41.38)		300m 39.12 (39.12)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	49 Fajah Lugtenberg	DPD	39.13	39.53	
	bl	32 Noor Koster	DPE	39.36	38.30	PB
		<u>Fajah Lugtenberg</u>		<u>Noor Koster</u>		
		300m 39.53 (39.53)		300m 38.30 (38.30)		
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	60 Timo Bennink	HPC	37.39	37.38	PB
	rd	48 Tess de Waal	DPB	37.02	36.36	PB
		<u>Timo Bennink</u>		<u>Tess de Waal</u>		
		300m 37.38 (37.38)		300m 36.36 (36.36)		
<hr/>						
		Name	Cat	PB	Time	Info
22	yw	61 Fedde Bennink	HPC	38.21	39.33	
	bl	38 Christan van den Brink	HPE	38.13	38.26	
		<u>Fedde Bennink</u>		<u>Christan van den Brink</u>		
		300m 39.33 (39.33)		300m 38.26 (38.26)		
<hr/>						
		Name	Cat	PB	Time	Info
23	wt	31 Nora Venema	DPD	36.69	45.12	FL
	rd	4 Olle Klunder	HPD	33.59	35.50	
		<u>Nora Venema</u>		<u>Olle Klunder</u>		
		300m 45.12 (45.12)		300m 35.50 (35.50)		

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11 November 2023

		Name	Cat	PB	Time	Info
24	yw	3 Noor Klunder	DPB	32.20	33.99	
	bl	16 Danique Stout	DPB	35.04	35.81	
		Noor Klunder				
		300m	33.99	(33.99)		
		Danique Stout				
		300m	35.81	(35.81)		

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

3. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	4 Olle Klunder	HPD	35	I	34.12	
2	3 Noor Klunder	DPB	36	O	34.49	
3	16 Danique Stout	DPB	36	I	35.18	
4	48 Tess de Waal	DPB	33	I	36.28	PB
5	31 Nora Venema	DPD	35	O	36.87	
6	32 Noor Koster	DPE	32	I	37.88	PB
7	60 Timo Bennink	HPC	33	O	38.03	
8	38 Christan van den Brink	HPE	34	I	38.44	
9	40 Nadine Hendriksen	DPE	31	I	38.65	PB
10	15 Miquel Stout	HPE	29	I	39.48	PB
11	61 Fedde Bennink	HPC	34	O	40.02	
12	49 Fajah Lugtenberg	DPD	32	O	40.11	
13	51 Jasper van Gelder	HPD	31	O	40.80	
14	27 Juliet Vaandering	DPD	27	I	41.28	
15	53 Thijmen Warmink	HPB	30	O	41.34	
16	45 Jelle Nijkamp	HPC	29	O	42.96	PB
17	30 Kyara Tolsma	DPD	27	O	43.89	PB
18	28 Jasper Neimeijer	HPD	30	I	43.93	
19	29 Jasmijn Tempelman	DPD	26	O	45.49	
20	55 Ruben Warmink	HPD	28	I	46.53	PB
21	52 Siem Jansma	HPC	28	O	47.93	
22	34 Sverre Botter	HPF	26	I	50.05	
23	46 Koen Nijkamp	HPE	25	O	52.69	
24	6 Faas Klunder	HPD	25	I	53.01	

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

3. Race Result 300 meter

		Name		Cat		PB		Time	Info
25	wt	6	Faas Klunder		HPD		52.57	53.01	
	rd	46	Koen Nijkamp		HPE		53.65	52.69	
		Faas Klunder			Koen Nijkamp				
		300m	53.01	(53.01)	300m	52.69	(52.69)		

		Name		Cat		PB		Time	Info
26	yw	34	Sverre Botter		HPF		48.89	50.05	
	bl	29	Jasmijn Tempelman		DPD		49.24	45.49	
		Sverre Botter			Jasmijn Tempelman				
		300m	50.05	(50.05)	300m	45.49	(45.49)		

		Name		Cat		PB		Time	Info
27	wt	27	Juliet Vaandering		DPD		44.84	41.28	
	rd	30	Kyara Tolsma		DPD		43.97	43.89	PB
		Juliet Vaandering			Kyara Tolsma				
		300m	41.28	(41.28)	300m	43.89	(43.89)		

		Name		Cat		PB		Time	Info
28	yw	55	Ruben Warmink		HPD		46.61	46.53	PB
	bl	52	Siem Jansma		HPC		48.15	47.93	
		Ruben Warmink			Siem Jansma				
		300m	46.53	(46.53)	300m	47.93	(47.93)		

		Name		Cat		PB		Time	Info
29	wt	15	Miquel Stout		HPE		39.64	39.48	PB
	rd	45	Jelle Nijkamp		HPC		43.88	42.96	PB
		Miquel Stout			Jelle Nijkamp				
		300m	39.48	(39.48)	300m	42.96	(42.96)		

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
30	yw	28 Jasper Neimeijer	HPD	43.93	43.93	
	bl	53 Thijmen Warmink	HPB	39.97	41.34	
		<u>Jasper Neimeijer</u>		<u>Thijmen Warmink</u>		
		300m	43.93 (43.93)	300m	41.34 (41.34)	

		Name	Cat	PB	Time	Info
31	wt	40 Nadine Hendriksen	DPE	39.28	38.65	PB
	rd	51 Jasper van Gelder	HPD	39.57	40.80	
		<u>Nadine Hendriksen</u>		<u>Jasper van Gelder</u>		
		300m	38.65 (38.65)	300m	40.80 (40.80)	

		Name	Cat	PB	Time	Info
32	yw	32 Noor Koster	DPE	39.36	37.88	PB
	bl	49 Fajah Lugtenberg	DPD	39.13	40.11	
		<u>Noor Koster</u>		<u>Fajah Lugtenberg</u>		
		300m	37.88 (37.88)	300m	40.11 (40.11)	

		Name	Cat	PB	Time	Info
33	wt	48 Tess de Waal	DPB	37.02	36.28	PB
	rd	60 Timo Bennink	HPC	37.39	38.03	
		<u>Tess de Waal</u>		<u>Timo Bennink</u>		
		300m	36.28 (36.28)	300m	38.03 (38.03)	

		Name	Cat	PB	Time	Info
34	yw	38 Christan van den Brink	HPE	38.13	38.44	
	bl	61 Fedde Bennink	HPC	38.21	40.02	
		<u>Christan van den Brink</u>		<u>Fedde Bennink</u>		
		300m	38.44 (38.44)	300m	40.02 (40.02)	

		Name	Cat	PB	Time	Info
35	wt	4 Olle Klunder	HPD	33.59	34.12	
	rd	31 Nora Venema	DPD	36.69	36.87	
		<u>Olle Klunder</u>		<u>Nora Venema</u>		
		300m	34.12 (34.12)	300m	36.87 (36.87)	

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name		Cat		PB		Time	Info
36	yw	16	Danique Stout		DPB		35.04	35.18	
	bl	3	Noor Klunder		DPB		32.20	34.49	
		Danique Stout				Noor Klunder			
		300m	35.18	(35.18)		300m	34.49	(34.49)	

Referee:

Assistant:

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

4. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Niels Teunissen	HB2	53	I	41.72		
2	86 Beau Kappers	HB2	54	O	42.42		
3	102 Veerle Friso	DC2	53	O	43.79		
4	88 Gerwin Boschloo	H50	52	I	45.44		
5	33 Kalista Lamers	DB2	51	I	45.93		
6	62 Rudie Assink	H55	46	I	46.46		
7	95 Huub Smeets	HB2	48	O	46.76	PB	
8	91 Johan Bakker	H45	47	I	46.77		
	50 Bas Ellenbroek	HC1	52	O	46.77		
10	80 Gert-Jan Braas	H60	51	O	46.89		
11	82 Yfke Raadsveld	DC1	50	I	46.95		
12	92 Jens Bakker	HB2	49	O	47.09		
13	74 Christiaan Abeelen	H50	49	I	47.14		
14	93 Esther Korenberg	DB2	47	O	47.35		
15	5 Chantal Herms	D45	46	O	47.43		
16	47 Paul de Leeuw	HC1	45	O	47.67		
17	43 Henk Hendriksen	HSB	44	O	47.90	PB	
18	64 Arjen Esselink	H55	44	I	48.03		
19	35 Joachim van Laar	HC2	50	O	48.07		
20	9 Marthe Schalkwijk	DC2	41	O	48.33	PB	
21	104 Tristan Swenne	HB2	45	I	48.48		
22	24 Monique de Groot	DC1	43	I	48.81	PB	
23	19 Jasmijn Egers	DSA	43	O	48.95		
24	37 Sil Wisselink	HB1	42	I	49.34	PB	
25	77 Bente van Dasselaar	DC1	40	I	50.50	PB	
26	36 Remco Wisselink	H45	42	O	50.93	PB	
27	70 Melle ter Horst	HPA	41	I	51.03	PB	
28	73 Daan Cents	HC2	39	I	51.46	PB	
29	63 Elin Varenbrink	DC1	40	O	52.39	PB	
30	13 Iris Noordman	DPA	38	O	52.40	PB	
31	39 Mirjam Hulsebos	D55	39	O	52.50		
32	87 Dione Groot Jebbink	DPA	38	I	53.24	PB	
33	65 Famke Aukema	DC1	37	I	53.50	PB	
34	94 Arne Alphenaar	H60	48	I	55.51		
35	90 Ellen Bakker	DPA	37	O	1:03.43	PB	
	26 Luca Batterink	HC1			WDR		

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

4. Race Result 500 meter

		Name		Cat		PB		Time	Info
37	wt	65	Famke Aukema		DC1		57.15	53.50	PB
	rd	90	Ellen Bakker		DPA		1:09.17	1:03.43	PB
		Famke Aukema			Ellen Bakker				
		100m	14.31	(14.31)	100m	15.34	(15.34)		
		500m	53.50	(39.19)	500m	1:03.43	(48.09)		

		Name		Cat		PB		Time	Info
38	yw	87	Dione Groot Jebbink		DPA		54.87	53.24	PB
	bl	13	Iris Noordman		DPA		53.96	52.40	PB
		Dione Groot Jebbink			Iris Noordman				
		100m	13.95	(13.95)	100m	13.66	(13.66)		
		500m	53.24	(39.29)	500m	52.40	(38.74)		

		Name		Cat		PB		Time	Info
39	wt	73	Daan Cents		HC2		51.87	51.46	PB
	rd	39	Mirjam Hulsebos		D55		50.18	52.50	
		Daan Cents			Mirjam Hulsebos				
		100m	12.93	(12.93)	100m	14.03	(14.03)		
		500m	51.46	(38.53)	500m	52.50	(38.47)		

		Name		Cat		PB		Time	Info
40	yw	77	Bente van Dasselaar		DC1		50.79	50.50	PB
	bl	63	Elin Varenbrink		DC1		52.45	52.39	PB
		Bente van Dasselaar			Elin Varenbrink				
		100m	13.62	(13.62)	100m	13.77	(13.77)		
		500m	50.50	(36.88)	500m	52.39	(38.62)		

		Name		Cat		PB		Time	Info
41	wt	70	Melle ter Horst		HPA		51.03	51.03	PB
	rd	9	Marthe Schalkwijk		DC2		48.72	48.33	PB
		Melle ter Horst			Marthe Schalkwijk				
		100m	13.02	(13.02)	100m	12.65	(12.65)		
		500m	51.03	(38.01)	500m	48.33	(35.68)		

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
42	yw	37	Sil Wisselink		HB1		49.52	49.34	PB
	bl	36	Remco Wisselink		H45		51.33	50.93	PB
		Sil Wisselink			Remco Wisselink				
		100m	12.93	(12.93)	100m	13.67	(13.67)		
		500m	49.34	(36.41)	500m	50.93	(37.26)		

		Name		Cat		PB		Time	Info
43	wt	24	Monique de Groot		DC1		48.87	48.81	PB
	rd	19	Jasmijn Egers		DSA		47.66	48.95	
		Monique de Groot			Jasmijn Egers				
		100m	12.67	(12.67)	100m	13.14	(13.14)		
		500m	48.81	(36.14)	500m	48.95	(35.81)		

		Name		Cat		PB		Time	Info
44	yw	64	Arjen Esselink		H55		46.23	48.03	
	bl	43	Henk Hendriksen		HSB		47.91	47.90	PB
		Arjen Esselink			Henk Hendriksen				
		100m	12.69	(12.69)	100m	13.52	(13.52)		
		500m	48.03	(35.34)	500m	47.90	(34.38)		

		Name		Cat		PB		Time	Info
45	wt	104	Tristan Swenne		HB2		48.10	48.48	
	rd	47	Paul de Leeuw		HC1		46.04	47.67	
		Tristan Swenne			Paul de Leeuw				
		100m	12.92	(12.92)	100m	11.85	(11.85)		
		500m	48.48	(35.56)	500m	47.67	(35.82)		

		Name		Cat		PB		Time	Info
46	yw	62	Rudie Assink		H55		43.69	46.46	
	bl	5	Chantal Herms		D45		46.13	47.43	
		Rudie Assink			Chantal Herms				
		100m	12.59	(12.59)	100m	12.58	(12.58)		
		500m	46.46	(33.87)	500m	47.43	(34.85)		

pup t/m master

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		Name		Cat		PB		Time	Info
47	wt	91	Johan Bakker		H45		44.04	46.77	
	rd	93	Esther Korenberg		DB2		45.56	47.35	
		Johan Bakker			Esther Korenberg				
		100m	12.70	(12.70)	100m	12.52	(12.52)		
		500m	46.77	(34.07)	500m	47.35	(34.83)		

		Name		Cat		PB		Time	Info
48	yw	94	Arne Alphenaar		H60		47.36	55.51	
	bl	95	Huub Smeets		HB2		47.21	46.76	PB
		Arne Alphenaar			Huub Smeets				
		100m	14.51	(14.51)	100m	12.26	(12.26)		
		500m	55.51	(41.00)	500m	46.76	(34.50)		

		Name		Cat		PB		Time	Info
49	wt	74	Christiaan Abeelen		H50		44.31	47.14	
	rd	92	Jens Bakker		HB2		46.73	47.09	
		Christiaan Abeelen			Jens Bakker				
		100m	12.51	(12.51)	100m	12.84	(12.84)		
		500m	47.14	(34.63)	500m	47.09	(34.25)		

		Name		Cat		PB		Time	Info
50	yw	82	Yfke Raadsveld		DC1		46.43	46.95	
	bl	35	Joachim van Laar		HC2		46.73	48.07	
		Yfke Raadsveld			Joachim van Laar				
		100m	12.18	(12.18)	100m	12.66	(12.66)		
		500m	46.95	(34.77)	500m	48.07	(35.41)		

		Name		Cat		PB		Time	Info
51	wt	33	Kalista Lamers		DB2		45.80	45.93	
	rd	80	Gert-Jan Braas		H60		43.08	46.89	
		Kalista Lamers			Gert-Jan Braas				
		100m	12.39	(12.39)	100m	12.73	(12.73)		
		500m	45.93	(33.54)	500m	46.89	(34.16)		

Referee:

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		Name			Cat			PB	Time	Info
52	yw	88	Gerwin Boschloo		H50			43.16	45.44	
	bl	50	Bas Ellenbroek		HC1			46.10	46.77	
		Gerwin Boschloo			Bas Ellenbroek					
		100m	12.18	(12.18)	100m	12.36	(12.36)			
		500m	45.44	(33.26)	500m	46.77	(34.41)			
<hr/>										
		Name			Cat			PB	Time	Info
53	wt	8	Niels Teunissen		HB2			41.35	41.72	
	rd	102	Veerle Friso		DC2			42.52	43.79	
		Niels Teunissen			Veerle Friso					
		100m	11.34	(11.34)	100m	11.84	(11.84)			
		500m	41.72	(30.38)	500m	43.79	(31.95)			
<hr/>										
		Name			Cat			PB	Time	Info
54	yw	26	Luca Batterink		HC1			44.57	WDR	
	bl	86	Beau Kappers		HB2			41.80	42.42	
		Luca Batterink			Beau Kappers					
				100m	11.57	(11.57)				
				500m	42.42	(30.85)				

Referee:

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5. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	105 Noam van de Koppel	HB1	73	I	42.97		
2	106 Harry Pardijs	H45	73	O	43.70		
3	99 Jefta Westerink	HA1	74	O	44.67	PB	
4	84 Roberto van Goor	H50	74	I	44.76		
5	42 Nick Hendriksen	HC1	72	O	45.67	PB	
6	1 Tim Roorda	HB1	72	I	46.54		
7	17 Noortje Kappers	DPA	71	O	46.81		
8	66 Wietske Bannink	DSB	71	I	47.64		
9	107 Sanne Bakker	DB2	70	I	48.54		
10	41 Joanne Hendriksen	DPA	69	I	48.55	PB	
11	96 Lisa Huis in 't Veld	DPA	69	O	49.07	PB	
12	89 Joost Smeets	HC2	70	O	49.40		
13	79 Justin van Velde	HPA	67	I	49.98		
14	68 Abe van Laar	HPA	68	O	50.68	PB	
15	59 Jurre Bennink	HB1	65	I	51.05		
16	2 Just Klunder	HPA	67	O	51.29		
17	75 Denice Burgmeijer	DA1	68	I	51.37		
18	14 Marit Noordman	DB1	66	O	51.43	PB	
19	101 Jasper van Roekel	HC1	62	O	52.31	PB	
20	78 Inge Blaakmeer	DB2	66	I	54.08		
21	72 Lise Cents	DPA	61	O	54.11	PB	
22	67 Loïc de Vries	HC2	63	O	54.16		
23	7 Hilde Klok	DC2	63	I	54.30		
24	57 Femke Lindeboom	DPA	64	I	54.68		
25	58 Jitske Bennink	DPA	62	I	54.70		
26	20 Lise Koier	DC2	65	O	54.93		
27	10 Lena Wisselink	DPA	60	I	55.03	PB	
28	100 Fleur Van de Beek	DPA	61	I	55.46		
29	54 Alexander Warmink	HC1	59	O	57.64		
30	98 Neyómy Barry	DPA	57	I	58.23	PB	
31	25 Betsie Slaghuis	D65	60	O	58.26		
32	23 Thea de Groot	DB2	58	I	1:00.50	PB	
33	12 Wietze de Haan	HPA	57	O	1:05.47	FL	
34	103 Saar Burgwal	DPA	58	O	1:05.62		
35	44 Kim Versteeg	DPA	59	I	1:06.31	FL	
	21 Liss Phielix	DC2			WDR		

Referee:

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5. Race Result 500 meter

		Name	Cat	PB	Time	Info
57	wt	98 Neyómy Barry	DPA	1:08.56	58.23	PB
	rd	12 Wietze de Haan	HPA	1:01.38	1:05.47	FL
		<u>Neyómy Barry</u>		<u>Wietze de Haan</u>		
		100m 13.78 (13.78)		100m 15.98 (15.98)		
		500m 58.23 (44.45)		500m 1:05.47 (49.49)		

		Name	Cat	PB	Time	Info
58	yw	23 Thea de Groot	DB2	1:00.64	1:00.50	PB
	bl	103 Saar Burgwal	DPA	1:01.14	1:05.62	
		<u>Thea de Groot</u>		<u>Saar Burgwal</u>		
		100m 15.49 (15.49)		100m 14.08 (14.08)		
		500m 1:00.50 (45.01)		500m 1:05.62 (51.54)		

		Name	Cat	PB	Time	Info
59	wt	44 Kim Versteeg	DPA	57.49	1:06.31	FL
	rd	54 Alexander Warmink	HC1	57.29	57.64	
		<u>Kim Versteeg</u>		<u>Alexander Warmink</u>		
		100m 1:06.31 (66.31)		100m 57.64 (57.64)		

		Name	Cat	PB	Time	Info
60	yw	10 Lena Wisselink	DPA	59.12	55.03	PB
	bl	25 Betsie Slaghuis	D65	51.09	58.26	
		<u>Lena Wisselink</u>		<u>Betsie Slaghuis</u>		
		100m 55.03 (55.03)		100m 58.26 (58.26)		

		Name	Cat	PB	Time	Info
61	wt	100 Fleur Van de Beek	DPA	55.42	55.46	
	rd	72 Lise Cents	DPA	54.60	54.11	PB
		<u>Fleur Van de Beek</u>		<u>Lise Cents</u>		
		100m 13.67 (13.67)		100m 13.83 (13.83)		
		500m 55.46 (41.79)		500m 54.11 (40.28)		

Referee:

Assistant:

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		Name		Cat		PB		Time	Info
62	yw	58	Jitske Bennink		DPA	54.24		54.70	
	bl	101	Jasper van Roekel		HC1	54.13		52.31	PB
		Jitske Bennink			Jasper van Roekel				
		100m	13.76	(13.76)	100m	13.35	(13.35)		
		500m	54.70	(40.94)	500m	52.31	(38.96)		
<hr/>									
		Name		Cat		PB		Time	Info
63	wt	7	Hilde Klok		DC2	53.29		54.30	
	rd	67	Loïc de Vries		HC2	52.78		54.16	
		Hilde Klok			Loïc de Vries				
		100m	14.68	(14.68)	100m	13.32	(13.32)		
		500m	54.30	(39.62)	500m	54.16	(40.84)		
<hr/>									
		Name		Cat		PB		Time	Info
64	yw	57	Femke Lindeboom		DPA	53.33		54.68	
	bl	21	Liss Phielix		DC2	51.62		WDR	
		Femke Lindeboom			Liss Phielix				
		100m	13.31	(13.31)					
		500m	54.68	(41.37)					
<hr/>									
		Name		Cat		PB		Time	Info
65	wt	59	Jurre Bennink		HB1	47.85		51.05	
	rd	20	Lise Koier		DC2	51.79		54.93	
		Jurre Bennink			Lise Koier				
		100m	12.96	(12.96)	100m	14.34	(14.34)		
		500m	51.05	(38.09)	500m	54.93	(40.59)		
<hr/>									
		Name		Cat		PB		Time	Info
66	yw	78	Inge Blaakmeer		DB2	51.51		54.08	
	bl	14	Marit Noordman		DB1	51.43		51.43	PB
		Inge Blaakmeer			Marit Noordman				
		100m	13.92	(13.92)	100m	13.61	(13.61)		
		500m	54.08	(40.16)	500m	51.43	(37.82)		

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
67	wt	79	Justin van Velde		HPA		49.90	49.98	
	rd	2	Just Klunder		HPA		50.49	51.29	
		Justin van Velde			Just Klunder				
		100m	12.69	(12.69)	100m	13.18	(13.18)		
		500m	49.98	(37.29)	500m	51.29	(38.11)		

		Name		Cat		PB		Time	Info
68	yw	75	Denice Burgmeijer		DA1		50.10	51.37	
	bl	68	Abe van Laar		HPA		50.86	50.68	PB
		Denice Burgmeijer			Abe van Laar				
		100m	13.40	(13.40)	100m	13.13	(13.13)		
		500m	51.37	(37.97)	500m	50.68	(37.55)		

		Name		Cat		PB		Time	Info
69	wt	41	Joanne Hendriksen		DPA		49.33	48.55	PB
	rd	96	Lisa Huis in 't Veld		DPA		49.83	49.07	PB
		Joanne Hendriksen			Lisa Huis in 't Veld				
		100m	12.48	(12.48)	100m	12.37	(12.37)		
		500m	48.55	(36.07)	500m	49.07	(36.70)		

		Name		Cat		PB		Time	Info
70	yw	107	Sanne Bakker		DB2		47.70	48.54	
	bl	89	Joost Smeets		HC2		48.82	49.40	
		Sanne Bakker			Joost Smeets				
		100m	12.85	(12.85)	100m	12.53	(12.53)		
		500m	48.54	(35.69)	500m	49.40	(36.87)		

		Name		Cat		PB		Time	Info
71	wt	66	Wietske Bannink		DSB		43.81	47.64	
	rd	17	Noortje Kappers		DPA		44.33	46.81	
		Wietske Bannink			Noortje Kappers				
		100m	12.40	(12.40)	100m	12.25	(12.25)		
		500m	47.64	(35.24)	500m	46.81	(34.56)		

pup t/m master

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		Name		Cat		PB		Time	Info
72	yw	1	Tim Roorda		HB1		45.43	46.54	
	bl	42	Nick Hendriksen		HC1		46.51	45.67	PB
		Tim Roorda			Nick Hendriksen				
		100m	12.19	(12.19)	100m	12.33	(12.33)		
		500m	46.54	(34.35)	500m	45.67	(33.34)		

		Name		Cat		PB		Time	Info
73	wt	105	Noam van de Koppel		HB1		42.14	42.97	
	rd	106	Harry Pardijs		H45		37.19	43.70	
		Noam van de Koppel			Harry Pardijs				
		100m	11.53	(11.53)	100m	11.83	(11.83)		
		500m	42.97	(31.44)	500m	43.70	(31.87)		

		Name		Cat		PB		Time	Info
74	yw	84	Roberto van Goor		H50		42.27	44.76	
	bl	99	Jefta Westerink		HA1		44.71	44.67	PB
		Roberto van Goor			Jefta Westerink				
		100m	12.16	(12.16)	100m	12.08	(12.08)		
		500m	44.76	(32.60)	500m	44.67	(32.59)		

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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6. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Niels Teunissen	HB2	90	O	2:07.98	PB	
2	43 Henk Hendriksen	HSB	86	I	2:20.20	PB	
3	33 Kalista Lamers	DB2	87	I	2:20.36	PB	
4	88 Gerwin Boschloo	H50	89	O	2:20.53		
5	74 Christiaan Abeelen	H50	88	I	2:20.73		
6	80 Gert-Jan Braas	H60	90	I	2:20.78		
7	91 Johan Bakker	H45	89	I	2:21.25		
8	64 Arjen Esselink	H55	88	O	2:22.59		
9	92 Jens Bakker	HB2	83	O	2:26.27	PB	
10	62 Rudie Assink	H55	85	O	2:28.08		
11	35 Joachim van Laar	HC2	82	I	2:28.60	PB	
12	104 Tristan Swenne	HB2	83	I	2:28.73	PB	
13	95 Huub Smeets	HB2	84	O	2:28.81	PB	
14	93 Esther Korenberg	DB2	86	O	2:29.51		
15	19 Jasmijn Egers	DSA	85	I	2:29.85		
16	5 Chantal Herms	D45	84	I	2:30.52		
17	24 Monique de Groot	DC1	77	I	2:34.98		
18	36 Remco Wisselink	H45	81	O	2:36.25		
19	50 Bas Ellenbroek	HC1	79	O	2:36.60		
20	37 Sil Wisselink	HB1	81	I	2:37.44		
21	9 Marthe Schalkwijk	DC2	79	I	2:39.54	PB	
22	47 Paul de Leeuw	HC1	78	O	2:41.73		
23	39 Mirjam Hulsebos	D55	82	O	2:42.98		
24	77 Bente van Dasselaar	DC1	78	I	2:43.07		
25	94 Arne Alphenaar	H60	87	O	2:43.18		
26	65 Famke Aukema	DC1	80	I	2:50.27	PB	
	26 Luca Batterink	HC1				WDR	

Referee:

Assistant:

Starter:

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6. Race Result 1500 meter

	Name	Cat	PB	Time Info
77	wt rd 24 Monique de Groot	DC1		2:34.98

Monique de Groot

300m	31.92	(31.92)	m
700m	1:11.30	(39.38)	
1100m	1:53.27	(41.97)	
1500m	2:34.98	(41.71)	

	Name	Cat	PB	Time Info
78	yw bl 77 Bente van Dasselaar	DC1		2:43.07
	47 Paul de Leeuw	HC1		2:41.73

Bente van Dasselaar

300m	33.15	(33.15)
700m	1:13.89	(40.74)
1100m	1:58.61	(44.72)
1500m	2:43.07	(44.46)

Paul de Leeuw

300m	31.60	(31.60)
700m	1:12.48	(40.88)
1100m	1:57.61	(45.13)
1500m	2:41.73	(44.12)

	Name	Cat	PB	Time Info
79	wt rd 9 Marthe Schalkwijk	DC2	2:46.24	2:39.54 PB
	50 Bas Ellenbroek	HC1		2:36.60

Marthe Schalkwijk

300m	31.37	(31.37)
700m	1:55.46	(84.09)
1100m	2:00.00	(4.54)
1500m	2:39.54	(39.54)

Bas Ellenbroek

300m	30.14	(30.14)
700m	1:11.54	(41.40)
1100m	2:03.00	(51.46)
1500m	2:36.60	(33.60)

	Name	Cat	PB	Time Info
80	yw bl 65 Famke Aukema	DC1	3:00.10	2:50.27 PB
	26 Luca Batterink	HC1		WDR

Famke Aukema

300m	35.67	(35.67)
700m	1:18.86	(43.19)
1100m	2:03.97	(45.11)
1500m	2:50.27	(46.30)

Luca Batterink

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		Name			Cat			PB	Time	Info
81	wt	37	Sil Wisselink		HB1			2:37.36	2:37.44	
	rd	36	Remco Wisselink		H45			2:35.53	2:36.25	
		Sil Wisselink			Remco Wisselink					
		300m	32.61	(32.61)	300m	33.80	(33.80)			
		700m	1:12.72	(40.11)	700m	1:12.63	(38.83)			
		1100m	1:55.19	(42.47)	1100m	1:53.85	(41.22)			
		1500m	2:37.44	(42.25)	1500m	2:36.25	(42.40)			
<hr/>										
		Name			Cat			PB	Time	Info
82	yw	35	Joachim van Laar		HC2			2:33.55	2:28.60	PB
	bl	39	Mirjam Hulsebos		D55			2:37.43	2:42.98	
		Joachim van Laar			Mirjam Hulsebos					
		300m	31.36	(31.36)	300m	34.87	(34.87)			
		700m	1:09.25	(37.89)	700m	1:16.61	(41.74)			
		1100m	1:49.52	(40.27)	1100m	1:59.36	(42.75)			
		1500m	2:28.60	(39.08)	1500m	2:42.98	(43.62)			
<hr/>										
		Name			Cat			PB	Time	Info
83	wt	104	Tristan Swenne		HB2			2:29.73	2:28.73	PB
	rd	92	Jens Bakker		HB2			2:30.01	2:26.27	PB
		Tristan Swenne			Jens Bakker					
		300m	31.09	(31.09)	300m	31.29	(31.29)			
		700m	1:08.58	(37.49)	700m	1:07.65	(36.36)			
		1100m	1:48.37	(39.79)	1100m	1:46.81	(39.16)			
		1500m	2:28.73	(40.36)	1500m	2:26.27	(39.46)			
<hr/>										
		Name			Cat			PB	Time	Info
84	yw	5	Chantal Herms		D45			2:23.93	2:30.52	
	bl	95	Huub Smeets		HB2			2:32.62	2:28.81	PB
		Chantal Herms			Huub Smeets					
		300m	31.53	(31.53)	300m	30.67	(30.67)			
		700m	1:09.06	(37.53)	700m	1:07.59	(36.92)			
		1100m	1:49.01	(39.95)	1100m	1:47.72	(40.13)			
		1500m	2:30.52	(41.51)	1500m	2:28.81	(41.09)			

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 7:47:20 PM

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name	Cat	PB	Time	Info
85	wt	19 Jasmijn Egers	DSA	2:23.41	2:29.85	
	rd	62 Rudie Assink	H55	2:15.09	2:28.08	
		Jasmijn Egers		Rudie Assink		
		300m 32.61 (32.61)		300m 31.74 (31.74)		
		700m 1:10.52 (37.91)		700m 1:08.96 (37.22)		
		1100m 1:49.81 (39.29)		1100m 1:48.12 (39.16)		
		1500m 2:29.85 (40.04)		1500m 2:28.08 (39.96)		
<hr/>						
		Name	Cat	PB	Time	Info
86	yw	43 Henk Hendriksen	HSB	2:26.34	2:20.20	PB
	bl	93 Esther Korenberg	DB2	2:24.49	2:29.51	
		Henk Hendriksen		Esther Korenberg		
		300m 31.61 (31.61)		300m 31.43 (31.43)		
		700m 1:06.91 (35.30)		700m 1:09.58 (38.15)		
		1100m 1:43.38 (36.47)		1100m 1:49.48 (39.90)		
		1500m 2:20.20 (36.82)		1500m 2:29.51 (40.03)		
<hr/>						
		Name	Cat	PB	Time	Info
87	wt	33 Kalista Lamers	DB2	2:23.37	2:20.36	PB
	rd	94 Arne Alphenaar	H60	2:20.56	2:43.18	
		Kalista Lamers		Arne Alphenaar		
		300m 30.18 (30.18)		300m 35.95 (35.95)		
		700m 1:05.35 (35.17)		700m 1:16.73 (40.78)		
		1100m 1:42.28 (36.93)		1100m 1:59.37 (42.64)		
		1500m 2:20.36 (38.08)		1500m 2:43.18 (43.81)		
<hr/>						
		Name	Cat	PB	Time	Info
88	yw	74 Christiaan Abeelen	H50	2:12.77	2:20.73	
	bl	64 Arjen Esselink	H55	2:16.94	2:22.59	
		Christiaan Abeelen		Arjen Esselink		
		300m 30.34 (30.34)		300m 31.15 (31.15)		
		700m 1:05.59 (35.25)		700m 1:06.78 (35.63)		
		1100m 1:42.78 (37.19)		1100m 1:44.33 (37.55)		
		1500m 2:20.73 (37.95)		1500m 2:22.59 (38.26)		

Referee:

Assistant:

Starter:

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name			Cat			PB	Time	Info
89	wt	91	Johan Bakker		H45			2:13.62	2:21.25	
	rd	88	Gerwin Boschloo		H50			2:10.91	2:20.53	
		Johan Bakker			Gerwin Boschloo					
		300m	30.84	(30.84)	300m	30.36	(30.36)			
		700m	1:05.76	(34.92)	700m	1:05.18	(34.82)			
		1100m	1:42.89	(37.13)	1100m	1:42.62	(37.44)			
		1500m	2:21.25	(38.36)	1500m	2:20.53	(37.91)			
<hr/>										
		Name			Cat			PB	Time	Info
90	yw	80	Gert-Jan Braas		H60			2:10.84	2:20.78	
	bl	8	Niels Teunissen		HB2			2:08.12	2:07.98	PB
		Gert-Jan Braas			Niels Teunissen					
		300m	30.87	(30.87)	300m	27.97	(27.97)			
		700m	1:05.79	(34.92)	700m	1:00.42	(32.45)			
		1100m	1:42.25	(36.46)	1100m	1:33.89	(33.47)			
		1500m	2:20.78	(38.53)	1500m	2:07.98	(34.09)			

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

7. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	86 Beau Kappers	HB2	93	I	1:00.05	PB	
2	102 Veerle Friso	DC2	94	O	1:01.37	PB	
3	82 Yfke Raadsveld	DC1	94	I	1:08.66	PB	
4	73 Daan Cents	HC2	91	I	1:12.02	PB	
5	70 Melle ter Horst	HPA	93	O	1:12.78	PB	
6	63 Elin Varenbrink	DC1	92	O	1:14.61	PB	
7	13 Iris Noordman	DPA	92	I	1:15.28	PB	
8	87 Dione Groot Jebbink	DPA	91	O	1:17.01		

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 7:52:49 PM

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

7. Race Result 700 meter

		Name		Cat		PB		Time	Info
91	wt	73	Daan Cents		HC2	1:17.88		1:12.02	PB
	rd	87	Dione Groot Jebbink		DPA			1:17.01	
		Daan Cents			Dione Groot Jebbink				
		300m	32.19	(32.19)	300m	35.30	(35.30)		
		700m	1:12.02	(39.83)	700m	1:17.01	(41.71)		

		Name		Cat		PB		Time	Info
92	yw	13	Iris Noordman		DPA	1:20.11		1:15.28	PB
	bl	63	Elin Varenbrink		DC1	1:18.60		1:14.61	PB
		Iris Noordman			Elin Varenbrink				
		300m	34.38	(34.38)	300m	33.84	(33.84)		
		700m	1:15.28	(40.90)	700m	1:14.61	(40.77)		

		Name		Cat		PB		Time	Info
93	wt	86	Beau Kappers		HB2	1:02.05		1:00.05	PB
	rd	70	Melle ter Horst		HPA	1:13.72		1:12.78	PB
		Beau Kappers			Melle ter Horst				
		300m	27.87	(27.87)	300m	32.44	(32.44)		
		700m	1:00.05	(32.18)	700m	1:12.78	(40.34)		

		Name		Cat		PB		Time	Info
94	yw	82	Yfke Raadsveld		DC1	1:13.93		1:08.66	PB
	bl	102	Veerle Friso		DC2	1:02.27		1:01.37	PB
		Yfke Raadsveld			Veerle Friso				
		300m	31.08	(31.08)	300m	28.50	(28.50)		
		700m	1:08.66	(37.58)	700m	1:01.37	(32.87)		

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 7:52:49 PM

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

8. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	96 Lisa Huis in 't Veld	DPA	102	I	30.45	PB	
2	79 Justin van Velde	HPA	101	I	30.96	PB	
3	57 Femke Lindeboom	DPA	102	O	33.58		
4	72 Lise Cents	DPA	95	I	33.78	PB	
5	100 Fleur Van de Beek	DPA	99	I	34.01		
6	103 Saar Burgwal	DPA	98	O	34.33	PB	
7	10 Lena Wisselink	DPA	100	I	34.66		
8	58 Jitske Bennink	DPA	101	O	35.00		
9	98 Neyómy Barry	DPA	100	O	35.85		
10	54 Alexander Warmink	HC1	98	I	36.60		
11	44 Kim Versteeg	DPA	97	I	37.46		
12	90 Ellen Bakker	DPA	97	O	39.88	PB	
13	12 Wietze de Haan	HPA	99	O	43.49	FL	

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 8:00:35 PM

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

8. Race Result 300 meter

		Name	Cat	PB	Time Info
95	wt rd	72 Lise Cents	DPA	35.14	33.78 PB
		<u>Lise Cents</u>			
		300m	33.78 (33.78)		m

		Name	Cat	PB	Time Info
96	yw bl				

		Name	Cat	PB	Time Info
97	wt rd	44 Kim Versteeg	DPA	36.07	37.46
		90 Ellen Bakker	DPA	40.49	39.88 PB
		<u>Kim Versteeg</u>	<u>Ellen Bakker</u>		
		300m	37.46 (37.46)	300m	39.88 (39.88)

		Name	Cat	PB	Time Info
98	yw bl	54 Alexander Warmink	HC1	35.81	36.60
		103 Saar Burgwal	DPA	36.45	34.33 PB
		<u>Alexander Warmink</u>	<u>Saar Burgwal</u>		
		300m	36.60 (36.60)	300m	34.33 (34.33)

		Name	Cat	PB	Time Info
99	wt rd	100 Fleur Van de Beek	DPA	33.90	34.01
		12 Wietze de Haan	HPA	34.00	43.49 FL
		<u>Fleur Van de Beek</u>	<u>Wietze de Haan</u>		
		300m	34.01 (34.01)	300m	43.49 (43.49)

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name	Cat	PB	Time	Info
100	yw	10 Lena Wisselink	DPA	33.88	34.66	
	bl	98 Neyómy Barry	DPA	35.17	35.85	
		<u>Lena Wisselink</u>				
		300m	34.66 (34.66)			
		<u>Neyómy Barry</u>				
		300m	35.85 (35.85)			
<hr/>						
		Name	Cat	PB	Time	Info
101	wt	79 Justin van Velde	HPA	31.01	30.96	PB
	rd	58 Jitske Bennink	DPA	33.57	35.00	
		<u>Justin van Velde</u>				
		300m	30.96 (30.96)			
		<u>Jitske Bennink</u>				
		300m	35.00 (35.00)			
<hr/>						
		Name	Cat	PB	Time	Info
102	yw	96 Lisa Huis in 't Veld	DPA	30.60	30.45	PB
	bl	57 Femke Lindeboom	DPA	32.78	33.58	
		<u>Lisa Huis in 't Veld</u>				
		300m	30.45 (30.45)			
		<u>Femke Lindeboom</u>				
		300m	33.58 (33.58)			

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

9. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	105 Noam van de Koppel	HB1	113	O	1:25.82		
2	99 Jefta Westerink	HA1	113	I	1:29.00	PB	
3	84 Roberto van Goor	H50	112	I	1:30.31		
4	106 Harry Pardijs	H45	114	I	1:31.76		
5	1 Tim Roorda	HB1	114	O	1:34.12		
6	42 Nick Hendriksen	HC1	109	O	1:35.49	PB	
7	17 Noortje Kappers	DPA	112	O	1:36.84		
8	107 Sanne Bakker	DB2	111	I	1:39.04		
9	68 Abe van Laar	HPA	104	O	1:41.71	PB	
10	14 Marit Noordman	DB1	109	I	1:42.74		
11	41 Joanne Hendriksen	DPA	106	O	1:42.83	PB	
12	89 Joost Smeets	HC2	108	O	1:44.99	PB	
13	2 Just Klunder	HPA	108	I	1:45.25		
14	59 Jurre Bennink	HB1	110	I	1:45.32		
15	75 Denice Burgmeijer	DA1	110	O	1:47.59		
16	101 Jasper van Roekel	HC1	104	I	1:48.44		
17	78 Inge Blaakmeer	DB2	107	O	1:51.19		
18	7 Hilde Klok	DC2	105	I	1:52.50		
19	25 Betsie Slaghuis	D65	107	I	1:58.74		
20	23 Thea de Groot	DB2	103	O	2:00.72	PB	
21	67 Loïc de Vries	HC2	106	I	2:06.10	FL	
22	20 Lise Koier	DC2	105	O	2:27.88	FL	
	21 Liss Phielix	DC2				WDR	
	66 Wietske Bannink	DSB				WDR	

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 8:37:28 PM

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pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

9. Race Result 1000 meter

		Name	Cat	PB	Time Info
103	wt	21 Liss Phielix	DC2	1:53.75	WDR
	rd	23 Thea de Groot	DB2	2:00.90	2:00.72 PB

Liss Phielix

Thea de Groot

200m	28.92	(28.92)
600m	1:14.83	(45.91)
1000m	2:00.72	(45.89)

		Name	Cat	PB	Time Info
104	yw	101 Jasper van Roekel	HC1		1:48.44
	bl	68 Abe van Laar	HPA	2:19.10	1:41.71 PB

Jasper van Roekel

Abe van Laar

200m	23.96	(23.96)	200m	23.64	(23.64)
600m	1:04.90	(40.94)	600m	1:02.54	(38.90)
1000m	1:48.44	(43.54)	1000m	1:41.71	(39.17)

		Name	Cat	PB	Time Info
105	wt	7 Hilde Kloek	DC2	1:48.27	1:52.50
	rd	20 Lise Koier	DC2	1:48.18	2:27.88 FL

Hilde Kloek

Lise Koier

200m	25.61	(25.61)	200m	26.33	(26.33)
600m	1:08.45	(42.84)	600m	1:08.62	(42.29)
1000m	1:52.50	(44.05)	1000m	2:27.88	(79.26)

		Name	Cat	PB	Time Info
106	yw	67 Loïc de Vries	HC2	1:59.04	2:06.10 FL
	bl	41 Joanne Hendriksen	DPA	1:51.83	1:42.83 PB

Loïc de Vries

Joanne Hendriksen

200m	29.01	(29.01)	200m	22.36	(22.36)
600m	1:16.35	(47.34)	600m	1:01.01	(38.65)
1000m	2:06.10	(49.75)	1000m	1:42.83	(41.82)

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
107	wt	25	Betsie Slaghuis		D65		1:44.85	1:58.74	
	rd	78	Inge Blaakmeer		DB2		1:44.28	1:51.19	
		Betsie Slaghuis			Inge Blaakmeer				
		200m	26.93	(26.93)	200m	24.96	(24.96)		
		600m	1:11.31	(44.38)	600m	1:07.34	(42.38)		
		1000m	1:58.74	(47.43)	1000m	1:51.19	(43.85)		

		Name		Cat		PB		Time	Info
108	yw	2	Just Klunder		HPA		1:45.19	1:45.25	
	bl	89	Joost Smeets		HC2		1:45.83	1:44.99	PB
		Just Klunder			Joost Smeets				
		200m	23.08	(23.08)	200m	22.92	(22.92)		
		600m	1:02.81	(39.73)	600m	1:01.68	(38.76)		
		1000m	1:45.25	(42.44)	1000m	1:44.99	(43.31)		

		Name		Cat		PB		Time	Info
109	wt	14	Marit Noordman		DB1		1:42.41	1:42.74	
	rd	42	Nick Hendriksen		HC1		1:39.82	1:35.49	PB
		Marit Noordman			Nick Hendriksen				
		200m	23.62	(23.62)	200m	21.98	(21.98)		
		600m	1:02.26	(38.64)	600m	58.33	(36.35)		
		1000m	1:42.74	(40.48)	1000m	1:35.49	(37.16)		

		Name		Cat		PB		Time	Info
110	yw	59	Jurre Bennink		HB1		1:41.30	1:45.32	
	bl	75	Denice Burgmeijer		DA1		1:43.91	1:47.59	
		Jurre Bennink			Denice Burgmeijer				
		200m	23.53	(23.53)	200m	23.69	(23.69)		
		600m	1:02.93	(39.40)	600m	1:03.76	(40.07)		
		1000m	1:45.32	(42.39)	1000m	1:47.59	(43.83)		

pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name	Cat	PB	Time Info
111	wt	107 Sanne Bakker	DB2	1:36.26	1:39.04
	rd	66 Wietske Bannink	DSB	1:32.86	WDR
		Sanne Bakker		Wietske Bannink	
		200m	22.66 (22.66)		
		600m	59.61 (36.95)		
		1000m	1:39.04 (39.43)		

		Name	Cat	PB	Time Info
112	yw	84 Roberto van Goor	H50	1:23.19	1:30.31
	bl	17 Noortje Kappers	DPA	1:34.39	1:36.84
		Roberto van Goor		Noortje Kappers	
		200m	21.09 (21.09)	200m	21.87 (21.87)
		600m	54.59 (33.50)	600m	57.73 (35.86)
		1000m	1:30.31 (35.72)	1000m	1:36.84 (39.11)

		Name	Cat	PB	Time Info
113	wt	99 Jefta Westerink	HA1	1:30.13	1:29.00 PB
	rd	105 Noam van de Koppel	HB1	1:24.26	1:25.82
		Jefta Westerink		Noam van de Koppel	
		200m	20.71 (20.71)	200m	19.72 (19.72)
		600m	53.49 (32.78)	600m	51.28 (31.56)
		1000m	1:29.00 (35.51)	1000m	1:25.82 (34.54)

		Name	Cat	PB	Time Info
114	yw	106 Harry Pardijs	H45	1:14.14	1:31.76
	bl	1 Tim Roorda	HB1	1:31.46	1:34.12
		Harry Pardijs		Tim Roorda	
		200m	20.68 (20.68)	200m	21.67 (21.67)
		600m	54.73 (34.05)	600m	56.91 (35.24)
		1000m	1:31.76 (37.03)	1000m	1:34.12 (37.21)