

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Olle Klunder	HPD	12	O	13.15	PB	
2	3 Noor Klunder	DPB	11	O	13.30		
3	31 Nora Venema	DPD	12	I	13.71	PB	
4	16 Danique Stout	DPB	11	I	13.77		
5	48 Tess de Waal	DPB	9	I	13.84	PB	
6	49 Fajah Lugtenberg	DPD	7	I	14.41	PB	
7	61 Fedde Bennink	HPC	7	O	14.44	PB	
8	32 Noor Koster	DPE	8	I	14.47	PB	
	60 Timo Bennink	HPC	8	O	14.47	PB	
10	38 Christan van den Brink	HPE	9	O	14.49		
11	40 Nadine Hendriksen	DPE	5	O	14.66	PB	
12	27 Juliet Vaandering	DPD	6	O	14.80	PB	
13	53 Thijmen Warmink	HPB	10	I	14.89		
14	15 Miquel Stout	HPE	6	I	14.90		
15	51 Jasper van Gelder	HPD	10	O	14.91		
16	29 Jasmijn Tempelman	DPD	1	O	15.14	PB	
17	30 Kyara Tolsma	DPD	5	I	15.58	PB	
18	45 Jelle Nijkamp	HPC	4	O	15.71	PB	
19	28 Jasper Neimeijer	HPD	3	O	16.19	PB	
20	52 Siem Jansma	HPC	4	I	16.83		
21	46 Koen Nijkamp	HPE	1	I	17.50	PB	
22	34 Sverre Botter	HPF	2	I	17.78		
23	6 Faas Klunder	HPD	2	O	19.44		
24	55 Ruben Warmink	HPD	3	I	21.80	FL	

Referee:

Assistant:

Starter:

From 11/11/2023 5:30:00 PM to 11/11/2023 5:42:22 PM

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 1. Race Result 100 meter

		Name	Cat	PB	Time	Info
1	wt	46 <b>Koen Nijkamp</b>	HPE	19.30	<b>17.50</b>	PB
	rd	29 <b>Jasmijn Tempelman</b>	DPD	17.00	<b>15.14</b>	PB
		<u>Koen Nijkamp</u>		<u>Jasmijn Tempelman</u>		
		100m 17.50 (17.50)		100m 15.14 (15.14)		

		Name	Cat	PB	Time	Info
2	yw	34 <b>Sverre Botter</b>	HPF	17.23	<b>17.78</b>	
	bl	6 <b>Faas Klunder</b>	HPD	18.86	<b>19.44</b>	
		<u>Sverre Botter</u>		<u>Faas Klunder</u>		
		100m 17.78 (17.78)		100m 19.44 (19.44)		

		Name	Cat	PB	Time	Info
3	wt	55 <b>Ruben Warmink</b>	HPD	16.54	<b>21.80</b>	FL
	rd	28 <b>Jasper Neimeijer</b>	HPD	16.64	<b>16.19</b>	PB
		<u>Ruben Warmink</u>		<u>Jasper Neimeijer</u>		
		100m 21.80 (21.80)		100m 16.19 (16.19)		

		Name	Cat	PB	Time	Info
4	yw	52 <b>Siem Jansma</b>	HPC	16.52	<b>16.83</b>	
	bl	45 <b>Jelle Nijkamp</b>	HPC	16.39	<b>15.71</b>	PB
		<u>Siem Jansma</u>		<u>Jelle Nijkamp</u>		
		100m 16.83 (16.83)		100m 15.71 (15.71)		

		Name	Cat	PB	Time	Info
5	wt	30 <b>Kyara Tolsma</b>	DPD	16.30	<b>15.58</b>	PB
	rd	40 <b>Nadine Hendriksen</b>	DPE	14.97	<b>14.66</b>	PB
		<u>Kyara Tolsma</u>		<u>Nadine Hendriksen</u>		
		100m 15.58 (15.58)		100m 14.66 (14.66)		

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		Name	Cat	PB	Time	Info
6	yw	15 <b>Miquel Stout</b>	HPE	14.83	<b>14.90</b>	
	bl	27 <b>Juliet Vaandering</b>	DPD	15.37	<b>14.80</b>	PB
		<u>Miquel Stout</u>		<u>Juliet Vaandering</u>		
		100m 14.90 (14.90)		100m 14.80 (14.80)		

		Name	Cat	PB	Time	Info
7	wt	49 <b>Fajah Lugtenberg</b>	DPD	14.64	<b>14.41</b>	PB
	rd	61 <b>Fedde Bennink</b>	HPC	14.70	<b>14.44</b>	PB
		<u>Fajah Lugtenberg</u>		<u>Fedde Bennink</u>		
		100m 14.41 (14.41)		100m 14.44 (14.44)		

		Name	Cat	PB	Time	Info
8	yw	32 <b>Noor Koster</b>	DPE	14.54	<b>14.47</b>	PB
	bl	60 <b>Timo Bennink</b>	HPC	14.67	<b>14.47</b>	PB
		<u>Noor Koster</u>		<u>Timo Bennink</u>		
		100m 14.47 (14.47)		100m 14.47 (14.47)		

		Name	Cat	PB	Time	Info
9	wt	48 <b>Tess de Waal</b>	DPB	13.97	<b>13.84</b>	PB
	rd	38 <b>Christan van den Brink</b>	HPE	14.34	<b>14.49</b>	
		<u>Tess de Waal</u>		<u>Christan van den Brink</u>		
		100m 13.84 (13.84)		100m 14.49 (14.49)		

		Name	Cat	PB	Time	Info
10	yw	53 <b>Thijmen Warmink</b>	HPB	14.42	<b>14.89</b>	
	bl	51 <b>Jasper van Gelder</b>	HPD	14.17	<b>14.91</b>	
		<u>Thijmen Warmink</u>		<u>Jasper van Gelder</u>		
		100m 14.89 (14.89)		100m 14.91 (14.91)		

		Name	Cat	PB	Time	Info
11	wt	16 <b>Danique Stout</b>	DPB	13.73	<b>13.77</b>	
	rd	3 <b>Noor Klunder</b>	DPB	13.22	<b>13.30</b>	
		<u>Danique Stout</u>		<u>Noor Klunder</u>		
		100m 13.77 (13.77)		100m 13.30 (13.30)		

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		Name	Cat	PB	Time	Info
12	yw	31 <b>Nora Venema</b>	DPD	13.91	<b>13.71</b>	PB
	bl	4 <b>Olle Klunder</b>	HPD	13.26	<b>13.15</b>	PB
		<b>Nora Venema</b>				
		100m	13.71 (13.71)			
		<b>Olle Klunder</b>				
		100m	13.15 (13.15)			

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 2. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	3 Noor Klunder	DPB	24	I	33.99		
2	4 Olle Klunder	HPD	23	O	35.50		
3	16 Danique Stout	DPB	24	O	35.81		
4	48 Tess de Waal	DPB	21	O	36.36	PB	
5	60 Timo Bennink	HPC	21	I	37.38	PB	
6	38 Christan van den Brink	HPE	22	O	38.26		
7	32 Noor Koster	DPE	20	O	38.30	PB	
8	40 Nadine Hendriksen	DPE	19	O	39.12	PB	
9	61 Fedde Bennink	HPC	22	I	39.33		
10	49 Fajah Lugtenberg	DPD	20	I	39.53		
11	15 Miquel Stout	HPE	17	O	40.05		
12	53 Thijmen Warmink	HPB	18	I	40.42		
13	27 Juliet Vaandering	DPD	15	O	40.50	PB	
14	51 Jasper van Gelder	HPD	19	I	41.38		
15	28 Jasper Neimeijer	HPD	18	O	43.67	PB	
16	29 Jasmijn Tempelman	DPD	14	I	43.93	PB	
17	30 Kyara Tolsma	DPD	15	I	44.87		
18	31 Nora Venema	DPD	23	I	45.12	FL	
19	52 Siem Jansma	HPC	16	I	47.14	PB	
20	55 Ruben Warmink	HPD	16	O	47.52		
21	34 Sverre Botter	HPF	14	O	48.58	PB	
22	45 Jelle Nijkamp	HPC	17	I	51.84	FL	
23	46 Koen Nijkamp	HPE	13	I	52.04	PB	
24	6 Faas Klunder	HPD	13	O	52.47	PB	

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11 November 2023

## 2. Race Result 300 meter

		Name		Cat		PB		Time	Info
13	wt	46	<b>Koen Nijkamp</b>		HPE		53.65	<b>52.04</b>	PB
	rd	6	<b>Faas Klunder</b>		HPD		52.57	<b>52.47</b>	PB
		<u>Koen Nijkamp</u>			<u>Faas Klunder</u>				
		300m	52.04	(52.04)	300m	52.47	(52.47)		

		Name		Cat		PB		Time	Info
14	yw	29	<b>Jasmijn Tempelman</b>		DPD		49.24	<b>43.93</b>	PB
	bl	34	<b>Sverre Botter</b>		HPF		48.89	<b>48.58</b>	PB
		<u>Jasmijn Tempelman</u>			<u>Sverre Botter</u>				
		300m	43.93	(43.93)	300m	48.58	(48.58)		

		Name		Cat		PB		Time	Info
15	wt	30	<b>Kyara Tolsma</b>		DPD		43.97	<b>44.87</b>	
	rd	27	<b>Juliet Vaandering</b>		DPD		44.84	<b>40.50</b>	PB
		<u>Kyara Tolsma</u>			<u>Juliet Vaandering</u>				
		300m	44.87	(44.87)	300m	40.50	(40.50)		

		Name		Cat		PB		Time	Info
16	yw	52	<b>Siem Jansma</b>		HPC		48.15	<b>47.14</b>	PB
	bl	55	<b>Ruben Warmink</b>		HPD		46.61	<b>47.52</b>	
		<u>Siem Jansma</u>			<u>Ruben Warmink</u>				
		300m	47.14	(47.14)	300m	47.52	(47.52)		

		Name		Cat		PB		Time	Info
17	wt	45	<b>Jelle Nijkamp</b>		HPC		43.88	<b>51.84</b>	FL
	rd	15	<b>Miquel Stout</b>		HPE		39.64	<b>40.05</b>	
		<u>Jelle Nijkamp</u>			<u>Miquel Stout</u>				
		300m	51.84	(51.84)	300m	40.05	(40.05)		

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		Name	Cat	PB	Time	Info
18	yw	53 <b>Thijmen Warmink</b>	HPB	39.97	<b>40.42</b>	
	bl	28 <b>Jasper Neimeijer</b>	HPD	43.93	<b>43.67</b>	PB
		<u>Thijmen Warmink</u>		<u>Jasper Neimeijer</u>		
		300m 40.42 (40.42)		300m 43.67 (43.67)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	51 <b>Jasper van Gelder</b>	HPD	39.57	<b>41.38</b>	
	rd	40 <b>Nadine Hendriksen</b>	DPE	39.28	<b>39.12</b>	PB
		<u>Jasper van Gelder</u>		<u>Nadine Hendriksen</u>		
		300m 41.38 (41.38)		300m 39.12 (39.12)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	49 <b>Fajah Lugtenberg</b>	DPD	39.13	<b>39.53</b>	
	bl	32 <b>Noor Koster</b>	DPE	39.36	<b>38.30</b>	PB
		<u>Fajah Lugtenberg</u>		<u>Noor Koster</u>		
		300m 39.53 (39.53)		300m 38.30 (38.30)		
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	60 <b>Timo Bennink</b>	HPC	37.39	<b>37.38</b>	PB
	rd	48 <b>Tess de Waal</b>	DPB	37.02	<b>36.36</b>	PB
		<u>Timo Bennink</u>		<u>Tess de Waal</u>		
		300m 37.38 (37.38)		300m 36.36 (36.36)		
<hr/>						
		Name	Cat	PB	Time	Info
22	yw	61 <b>Fedde Bennink</b>	HPC	38.21	<b>39.33</b>	
	bl	38 <b>Christan van den Brink</b>	HPE	38.13	<b>38.26</b>	
		<u>Fedde Bennink</u>		<u>Christan van den Brink</u>		
		300m 39.33 (39.33)		300m 38.26 (38.26)		
<hr/>						
		Name	Cat	PB	Time	Info
23	wt	31 <b>Nora Venema</b>	DPD	36.69	<b>45.12</b>	FL
	rd	4 <b>Olle Klunder</b>	HPD	33.59	<b>35.50</b>	
		<u>Nora Venema</u>		<u>Olle Klunder</u>		
		300m 45.12 (45.12)		300m 35.50 (35.50)		

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		Name	Cat	PB	Time	Info
24	yw	3 Noor Klunder	DPB	32.20	<b>33.99</b>	
	bl	16 Danique Stout	DPB	35.04	<b>35.81</b>	
		<u>Noor Klunder</u>				
		300m	33.99 (33.99)			
		<u>Danique Stout</u>				
		300m	35.81 (35.81)			

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 3. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	4 Olle Klunder	HPD	35	I	34.12	
2	3 Noor Klunder	DPB	36	O	34.49	
3	16 Danique Stout	DPB	36	I	35.18	
4	48 Tess de Waal	DPB	33	I	36.28	PB
5	31 Nora Venema	DPD	35	O	36.87	
6	32 Noor Koster	DPE	32	I	37.88	PB
7	60 Timo Bennink	HPC	33	O	38.03	
8	38 Christan van den Brink	HPE	34	I	38.44	
9	40 Nadine Hendriksen	DPE	31	I	38.65	PB
10	15 Miquel Stout	HPE	29	I	39.48	PB
11	61 Fedde Bennink	HPC	34	O	40.02	
12	49 Fajah Lugtenberg	DPD	32	O	40.11	
13	51 Jasper van Gelder	HPD	31	O	40.80	
14	27 Juliet Vaandering	DPD	27	I	41.28	
15	53 Thijmen Warmink	HPB	30	O	41.34	
16	45 Jelle Nijkamp	HPC	29	O	42.96	PB
17	30 Kyara Tolsma	DPD	27	O	43.89	PB
18	28 Jasper Neimeijer	HPD	30	I	43.93	
19	29 Jasmijn Tempelman	DPD	26	O	45.49	
20	55 Ruben Warmink	HPD	28	I	46.53	PB
21	52 Siem Jansma	HPC	28	O	47.93	
22	34 Sverre Botter	HPF	26	I	50.05	
23	46 Koen Nijkamp	HPE	25	O	52.69	
24	6 Faas Klunder	HPD	25	I	53.01	

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 3. Race Result 300 meter

		Name	Cat	PB	Time	Info
25	wt	6 <b>Faas Klunder</b>	HPD	52.57	<b>53.01</b>	
	rd	46 <b>Koen Nijkamp</b>	HPE	53.65	<b>52.69</b>	
		<u>Faas Klunder</u>		<u>Koen Nijkamp</u>		
		300m 53.01 (53.01)		300m 52.69 (52.69)		

		Name	Cat	PB	Time	Info
26	yw	34 <b>Sverre Botter</b>	HPF	48.89	<b>50.05</b>	
	bl	29 <b>Jasmijn Tempelman</b>	DPD	49.24	<b>45.49</b>	
		<u>Sverre Botter</u>		<u>Jasmijn Tempelman</u>		
		300m 50.05 (50.05)		300m 45.49 (45.49)		

		Name	Cat	PB	Time	Info
27	wt	27 <b>Juliet Vaandering</b>	DPD	44.84	<b>41.28</b>	
	rd	30 <b>Kyara Tolsma</b>	DPD	43.97	<b>43.89</b>	PB
		<u>Juliet Vaandering</u>		<u>Kyara Tolsma</u>		
		300m 41.28 (41.28)		300m 43.89 (43.89)		

		Name	Cat	PB	Time	Info
28	yw	55 <b>Ruben Warmink</b>	HPD	46.61	<b>46.53</b>	PB
	bl	52 <b>Siem Jansma</b>	HPC	48.15	<b>47.93</b>	
		<u>Ruben Warmink</u>		<u>Siem Jansma</u>		
		300m 46.53 (46.53)		300m 47.93 (47.93)		

		Name	Cat	PB	Time	Info
29	wt	15 <b>Miquel Stout</b>	HPE	39.64	<b>39.48</b>	PB
	rd	45 <b>Jelle Nijkamp</b>	HPC	43.88	<b>42.96</b>	PB
		<u>Miquel Stout</u>		<u>Jelle Nijkamp</u>		
		300m 39.48 (39.48)		300m 42.96 (42.96)		

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		Name	Cat	PB	Time	Info
30	yw	28 Jasper Neimeijer	HPD	43.93	<b>43.93</b>	
	bl	53 Thijmen Warmink	HPB	39.97	<b>41.34</b>	
		<u>Jasper Neimeijer</u>		<u>Thijmen Warmink</u>		
		300m	43.93 (43.93)	300m	41.34 (41.34)	

		Name	Cat	PB	Time	Info
31	wt	40 Nadine Hendriksen	DPE	39.28	<b>38.65</b>	PB
	rd	51 Jasper van Gelder	HPD	39.57	<b>40.80</b>	
		<u>Nadine Hendriksen</u>		<u>Jasper van Gelder</u>		
		300m	38.65 (38.65)	300m	40.80 (40.80)	

		Name	Cat	PB	Time	Info
32	yw	32 Noor Koster	DPE	39.36	<b>37.88</b>	PB
	bl	49 Fajah Lugtenberg	DPD	39.13	<b>40.11</b>	
		<u>Noor Koster</u>		<u>Fajah Lugtenberg</u>		
		300m	37.88 (37.88)	300m	40.11 (40.11)	

		Name	Cat	PB	Time	Info
33	wt	48 Tess de Waal	DPB	37.02	<b>36.28</b>	PB
	rd	60 Timo Bennink	HPC	37.39	<b>38.03</b>	
		<u>Tess de Waal</u>		<u>Timo Bennink</u>		
		300m	36.28 (36.28)	300m	38.03 (38.03)	

		Name	Cat	PB	Time	Info
34	yw	38 Christan van den Brink	HPE	38.13	<b>38.44</b>	
	bl	61 Fedde Bennink	HPC	38.21	<b>40.02</b>	
		<u>Christan van den Brink</u>		<u>Fedde Bennink</u>		
		300m	38.44 (38.44)	300m	40.02 (40.02)	

		Name	Cat	PB	Time	Info
35	wt	4 Olle Klunder	HPD	33.59	<b>34.12</b>	
	rd	31 Nora Venema	DPD	36.69	<b>36.87</b>	
		<u>Olle Klunder</u>		<u>Nora Venema</u>		
		300m	34.12 (34.12)	300m	36.87 (36.87)	

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		Name	Cat	PB	Time	Info
36	yw	16 Danique Stout	DPB	35.04	<b>35.18</b>	
	bl	3 Noor Klunder	DPB	32.20	<b>34.49</b>	
		<u>Danique Stout</u>		<u>Noor Klunder</u>		
		300m	35.18 (35.18)	300m	34.49 (34.49)	

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Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 4. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Niels Teunissen	HB2	53	I	41.72		
2	86 Beau Kappers	HB2	54	O	42.42		
3	102 Veerle Friso	DC2	53	O	43.79		
4	88 Gerwin Boschloo	H50	52	I	45.44		
5	33 Kalista Lamers	DB2	51	I	45.93		
6	62 Rudie Assink	H55	46	I	46.46		
7	95 Huub Smeets	HB2	48	O	46.76	PB	
8	91 Johan Bakker	H45	47	I	46.77		
	50 Bas Ellenbroek	HC1	52	O	46.77		
10	80 Gert-Jan Braas	H60	51	O	46.89		
11	82 Yfke Raadsveld	DC1	50	I	46.95		
12	92 Jens Bakker	HB2	49	O	47.09		
13	74 Christiaan Abeelen	H50	49	I	47.14		
14	93 Esther Korenberg	DB2	47	O	47.35		
15	5 Chantal Herms	D45	46	O	47.43		
16	47 Paul de Leeuw	HC1	45	O	47.67		
17	43 Henk Hendriksen	HSB	44	O	47.90	PB	
18	64 Arjen Esselink	H55	44	I	48.03		
19	35 Joachim van Laar	HC2	50	O	48.07		
20	9 Marthe Schalkwijk	DC2	41	O	48.33	PB	
21	104 Tristan Swenne	HB2	45	I	48.48		
22	24 Monique de Groot	DC1	43	I	48.81	PB	
23	19 Jasmijn Egers	DSA	43	O	48.95		
24	37 Sil Wisselink	HB1	42	I	49.34	PB	
25	77 Bente van Dasselaar	DC1	40	I	50.50	PB	
26	36 Remco Wisselink	H45	42	O	50.93	PB	
27	70 Melle ter Horst	HPA	41	I	51.03	PB	
28	73 Daan Cents	HC2	39	I	51.46	PB	
29	63 Elin Varenbrink	DC1	40	O	52.39	PB	
30	13 Iris Noordman	DPA	38	O	52.40	PB	
31	39 Mirjam Hulsebos	D55	39	O	52.50		
32	87 Dione Groot Jebbink	DPA	38	I	53.24	PB	
33	65 Famke Aukema	DC1	37	I	53.50	PB	
34	94 Arne Alphenaar	H60	48	I	55.51		
35	90 Ellen Bakker	DPA	37	O	1:03.43	PB	
	26 Luca Batterink	HC1			WDR		

Referee:

Assistant:

Starter:

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## 4. Race Result 500 meter

		Name		Cat		PB		Time	Info
37	wt	65	<b>Famke Aukema</b>		DC1		57.15	<b>53.50</b>	PB
	rd	90	<b>Ellen Bakker</b>		DPA		1:09.17	<b>1:03.43</b>	PB
		<b>Famke Aukema</b>			<b>Ellen Bakker</b>				
		100m	14.31	(14.31)	100m	15.34	(15.34)		
		500m	53.50	(39.19)	500m	1:03.43	(48.09)		

		Name		Cat		PB		Time	Info
38	yw	87	<b>Dione Groot Jebbink</b>		DPA		54.87	<b>53.24</b>	PB
	bl	13	<b>Iris Noordman</b>		DPA		53.96	<b>52.40</b>	PB
		<b>Dione Groot Jebbink</b>			<b>Iris Noordman</b>				
		100m	13.95	(13.95)	100m	13.66	(13.66)		
		500m	53.24	(39.29)	500m	52.40	(38.74)		

		Name		Cat		PB		Time	Info
39	wt	73	<b>Daan Cents</b>		HC2		51.87	<b>51.46</b>	PB
	rd	39	<b>Mirjam Hulsebos</b>		D55		50.18	<b>52.50</b>	
		<b>Daan Cents</b>			<b>Mirjam Hulsebos</b>				
		100m	12.93	(12.93)	100m	14.03	(14.03)		
		500m	51.46	(38.53)	500m	52.50	(38.47)		

		Name		Cat		PB		Time	Info
40	yw	77	<b>Bente van Dasselaar</b>		DC1		50.79	<b>50.50</b>	PB
	bl	63	<b>Elin Varenbrink</b>		DC1		52.45	<b>52.39</b>	PB
		<b>Bente van Dasselaar</b>			<b>Elin Varenbrink</b>				
		100m	13.62	(13.62)	100m	13.77	(13.77)		
		500m	50.50	(36.88)	500m	52.39	(38.62)		

		Name		Cat		PB		Time	Info
41	wt	70	<b>Melle ter Horst</b>		HPA		51.03	<b>51.03</b>	PB
	rd	9	<b>Marthe Schalkwijk</b>		DC2		48.72	<b>48.33</b>	PB
		<b>Melle ter Horst</b>			<b>Marthe Schalkwijk</b>				
		100m	13.02	(13.02)	100m	12.65	(12.65)		
		500m	51.03	(38.01)	500m	48.33	(35.68)		

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		Name		Cat		PB		Time	Info
42	yw	37	<b>Sil Wisselink</b>		HB1		49.52	<b>49.34</b>	PB
	bl	36	<b>Remco Wisselink</b>		H45		51.33	<b>50.93</b>	PB
		<b>Sil Wisselink</b>			<b>Remco Wisselink</b>				
		100m	12.93	(12.93)	100m	13.67	(13.67)		
		500m	49.34	(36.41)	500m	50.93	(37.26)		

		Name		Cat		PB		Time	Info
43	wt	24	<b>Monique de Groot</b>		DC1		48.87	<b>48.81</b>	PB
	rd	19	<b>Jasmijn Egers</b>		DSA		47.66	<b>48.95</b>	
		<b>Monique de Groot</b>			<b>Jasmijn Egers</b>				
		100m	12.67	(12.67)	100m	13.14	(13.14)		
		500m	48.81	(36.14)	500m	48.95	(35.81)		

		Name		Cat		PB		Time	Info
44	yw	64	<b>Arjen Esselink</b>		H55		46.23	<b>48.03</b>	
	bl	43	<b>Henk Hendriksen</b>		HSB		47.91	<b>47.90</b>	PB
		<b>Arjen Esselink</b>			<b>Henk Hendriksen</b>				
		100m	12.69	(12.69)	100m	13.52	(13.52)		
		500m	48.03	(35.34)	500m	47.90	(34.38)		

		Name		Cat		PB		Time	Info
45	wt	104	<b>Tristan Swenne</b>		HB2		48.10	<b>48.48</b>	
	rd	47	<b>Paul de Leeuw</b>		HC1		46.04	<b>47.67</b>	
		<b>Tristan Swenne</b>			<b>Paul de Leeuw</b>				
		100m	12.92	(12.92)	100m	11.85	(11.85)		
		500m	48.48	(35.56)	500m	47.67	(35.82)		

		Name		Cat		PB		Time	Info
46	yw	62	<b>Rudie Assink</b>		H55		43.69	<b>46.46</b>	
	bl	5	<b>Chantal Herms</b>		D45		46.13	<b>47.43</b>	
		<b>Rudie Assink</b>			<b>Chantal Herms</b>				
		100m	12.59	(12.59)	100m	12.58	(12.58)		
		500m	46.46	(33.87)	500m	47.43	(34.85)		

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		Name			Cat			PB	Time	Info
47	wt	91	<b>Johan Bakker</b>		H45			44.04	<b>46.77</b>	
	rd	93	<b>Esther Korenberg</b>		DB2			45.56	<b>47.35</b>	
		<b>Johan Bakker</b>			<b>Esther Korenberg</b>					
		100m	12.70	(12.70)	100m	12.52	(12.52)			
		500m	46.77	(34.07)	500m	47.35	(34.83)			
<hr/>										
		Name			Cat			PB	Time	Info
48	yw	94	<b>Arne Alphenaar</b>		H60			47.36	<b>55.51</b>	
	bl	95	<b>Huub Smeets</b>		HB2			47.21	<b>46.76</b>	PB
		<b>Arne Alphenaar</b>			<b>Huub Smeets</b>					
		100m	14.51	(14.51)	100m	12.26	(12.26)			
		500m	55.51	(41.00)	500m	46.76	(34.50)			
<hr/>										
		Name			Cat			PB	Time	Info
49	wt	74	<b>Christiaan Abeelen</b>		H50			44.31	<b>47.14</b>	
	rd	92	<b>Jens Bakker</b>		HB2			46.73	<b>47.09</b>	
		<b>Christiaan Abeelen</b>			<b>Jens Bakker</b>					
		100m	12.51	(12.51)	100m	12.84	(12.84)			
		500m	47.14	(34.63)	500m	47.09	(34.25)			
<hr/>										
		Name			Cat			PB	Time	Info
50	yw	82	<b>Yfke Raadveld</b>		DC1			46.43	<b>46.95</b>	
	bl	35	<b>Joachim van Laar</b>		HC2			46.73	<b>48.07</b>	
		<b>Yfke Raadveld</b>			<b>Joachim van Laar</b>					
		100m	12.18	(12.18)	100m	12.66	(12.66)			
		500m	46.95	(34.77)	500m	48.07	(35.41)			
<hr/>										
		Name			Cat			PB	Time	Info
51	wt	33	<b>Kalista Lamers</b>		DB2			45.80	<b>45.93</b>	
	rd	80	<b>Gert-Jan Braas</b>		H60			43.08	<b>46.89</b>	
		<b>Kalista Lamers</b>			<b>Gert-Jan Braas</b>					
		100m	12.39	(12.39)	100m	12.73	(12.73)			
		500m	45.93	(33.54)	500m	46.89	(34.16)			

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		Name		Cat		PB		Time	Info
52	yw	88	<b>Gerwin Boschloo</b>		H50		43.16	<b>45.44</b>	
	bl	50	<b>Bas Ellenbroek</b>		HC1		46.10	<b>46.77</b>	
		<b>Gerwin Boschloo</b>			<b>Bas Ellenbroek</b>				
		100m	12.18	(12.18)	100m	12.36	(12.36)		
		500m	45.44	(33.26)	500m	46.77	(34.41)		

		Name		Cat		PB		Time	Info
53	wt	8	<b>Niels Teunissen</b>		HB2		41.35	<b>41.72</b>	
	rd	102	<b>Veerle Friso</b>		DC2		42.52	<b>43.79</b>	
		<b>Niels Teunissen</b>			<b>Veerle Friso</b>				
		100m	11.34	(11.34)	100m	11.84	(11.84)		
		500m	41.72	(30.38)	500m	43.79	(31.95)		

		Name		Cat		PB		Time	Info
54	yw	26	<b>Luca Batterink</b>		HC1		44.57	<b>WDR</b>	
	bl	86	<b>Beau Kappers</b>		HB2		41.80	<b>42.42</b>	
		<b>Luca Batterink</b>			<b>Beau Kappers</b>				
					100m	11.57	(11.57)		
					500m	42.42	(30.85)		

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## 5. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	105 Noam van de Koppel	HB1	73	I	42.97		
2	106 Harry Pardijs	H45	73	O	43.70		
3	99 Jefta Westerink	HA1	74	O	44.67	PB	
4	84 Roberto van Goor	H50	74	I	44.76		
5	42 Nick Hendriksen	HC1	72	O	45.67	PB	
6	1 Tim Roorda	HB1	72	I	46.54		
7	17 Noortje Kappers	DPA	71	O	46.81		
8	66 Wietske Bannink	DSB	71	I	47.64		
9	107 Sanne Bakker	DB2	70	I	48.54		
10	41 Joanne Hendriksen	DPA	69	I	48.55	PB	
11	96 Lisa Huis in 't Veld	DPA	69	O	49.07	PB	
12	89 Joost Smeets	HC2	70	O	49.40		
13	79 Justin van Velde	HPA	67	I	49.98		
14	68 Abe van Laar	HPA	68	O	50.68	PB	
15	59 Jurre Bennink	HB1	65	I	51.05		
16	2 Just Klunder	HPA	67	O	51.29		
17	75 Denice Burgmeijer	DA1	68	I	51.37		
18	14 Marit Noordman	DB1	66	O	51.43	PB	
19	101 Jasper van Roekel	HC1	62	O	52.31	PB	
20	78 Inge Blaakmeer	DB2	66	I	54.08		
21	72 Lise Cents	DPA	61	O	54.11	PB	
22	67 Loïc de Vries	HC2	63	O	54.16		
23	7 Hilde Klok	DC2	63	I	54.30		
24	57 Femke Lindeboom	DPA	64	I	54.68		
25	58 Jitske Bennink	DPA	62	I	54.70		
26	20 Lise Koier	DC2	65	O	54.93		
27	10 Lena Wisselink	DPA	60	I	55.03	PB	
28	100 Fleur Van de Beek	DPA	61	I	55.46		
29	54 Alexander Warmink	HC1	59	O	57.64		
30	98 Neyómy Barry	DPA	57	I	58.23	PB	
31	25 Betsie Slaghuis	D65	60	O	58.26		
32	23 Thea de Groot	DB2	58	I	1:00.50	PB	
33	12 Wietze de Haan	HPA	57	O	1:05.47	FL	
34	103 Saar Burgwal	DPA	58	O	1:05.62		
35	44 Kim Versteeg	DPA	59	I	1:06.31	FL	
	21 Liss Phielix	DC2			WDR		

Referee:

Assistant:

Starter:

From 11/11/2023 6:30:00 PM to 11/11/2023 8:57:22 PM

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## 5. Race Result 500 meter

		Name	Cat	PB	Time	Info
57	wt	98 <b>Neyómy Barry</b>	DPA	1:08.56	<b>58.23</b>	PB
	rd	12 <b>Wietze de Haan</b>	HPA	1:01.38	<b>1:05.47</b>	FL
		<u>Neyómy Barry</u>		<u>Wietze de Haan</u>		
		100m 13.78 (13.78)		100m 15.98 (15.98)		
		500m 58.23 (44.45)		500m 1:05.47 (49.49)		

		Name	Cat	PB	Time	Info
58	yw	23 <b>Thea de Groot</b>	DB2	1:00.64	<b>1:00.50</b>	PB
	bl	103 <b>Saar Burgwal</b>	DPA	1:01.14	<b>1:05.62</b>	
		<u>Thea de Groot</u>		<u>Saar Burgwal</u>		
		100m 15.49 (15.49)		100m 14.08 (14.08)		
		500m 1:00.50 (45.01)		500m 1:05.62 (51.54)		

		Name	Cat	PB	Time	Info
59	wt	44 <b>Kim Versteeg</b>	DPA	57.49	<b>1:06.31</b>	FL
	rd	54 <b>Alexander Warmink</b>	HC1	57.29	<b>57.64</b>	
		<u>Kim Versteeg</u>		<u>Alexander Warmink</u>		
		100m 1:06.31 (66.31)		100m 57.64 (57.64)		

		Name	Cat	PB	Time	Info
60	yw	10 <b>Lena Wisselink</b>	DPA	59.12	<b>55.03</b>	PB
	bl	25 <b>Betsie Slaghuis</b>	D65	51.09	<b>58.26</b>	
		<u>Lena Wisselink</u>		<u>Betsie Slaghuis</u>		
		100m 55.03 (55.03)		100m 58.26 (58.26)		

		Name	Cat	PB	Time	Info
61	wt	100 <b>Fleur Van de Beek</b>	DPA	55.42	<b>55.46</b>	
	rd	72 <b>Lise Cents</b>	DPA	54.60	<b>54.11</b>	PB
		<u>Fleur Van de Beek</u>		<u>Lise Cents</u>		
		100m 13.67 (13.67)		100m 13.83 (13.83)		
		500m 55.46 (41.79)		500m 54.11 (40.28)		

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		Name		Cat		PB		Time	Info
62	yw	58	<b>Jitske Bennink</b>		DPA	54.24		<b>54.70</b>	
	bl	101	<b>Jasper van Roekel</b>		HC1	54.13		<b>52.31</b>	PB
		<b>Jitske Bennink</b>			<b>Jasper van Roekel</b>				
		100m	13.76	(13.76)	100m	13.35	(13.35)		
		500m	54.70	(40.94)	500m	52.31	(38.96)		
<hr/>									
		Name		Cat		PB		Time	Info
63	wt	7	<b>Hilde Klok</b>		DC2	53.29		<b>54.30</b>	
	rd	67	<b>Loïc de Vries</b>		HC2	52.78		<b>54.16</b>	
		<b>Hilde Klok</b>			<b>Loïc de Vries</b>				
		100m	14.68	(14.68)	100m	13.32	(13.32)		
		500m	54.30	(39.62)	500m	54.16	(40.84)		
<hr/>									
		Name		Cat		PB		Time	Info
64	yw	57	<b>Femke Lindeboom</b>		DPA	53.33		<b>54.68</b>	
	bl	21	<b>Liss Phielix</b>		DC2	51.62		<b>WDR</b>	
		<b>Femke Lindeboom</b>			<b>Liss Phielix</b>				
		100m	13.31	(13.31)					
		500m	54.68	(41.37)					
<hr/>									
		Name		Cat		PB		Time	Info
65	wt	59	<b>Jurre Bennink</b>		HB1	47.85		<b>51.05</b>	
	rd	20	<b>Lise Koier</b>		DC2	51.79		<b>54.93</b>	
		<b>Jurre Bennink</b>			<b>Lise Koier</b>				
		100m	12.96	(12.96)	100m	14.34	(14.34)		
		500m	51.05	(38.09)	500m	54.93	(40.59)		
<hr/>									
		Name		Cat		PB		Time	Info
66	yw	78	<b>Inge Blaakmeer</b>		DB2	51.51		<b>54.08</b>	
	bl	14	<b>Marit Noordman</b>		DB1	51.43		<b>51.43</b>	PB
		<b>Inge Blaakmeer</b>			<b>Marit Noordman</b>				
		100m	13.92	(13.92)	100m	13.61	(13.61)		
		500m	54.08	(40.16)	500m	51.43	(37.82)		

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		Name		Cat		PB		Time	Info
67	wt	79	<b>Justin van Velde</b>		HPA		49.90	<b>49.98</b>	
	rd	2	<b>Just Klunder</b>		HPA		50.49	<b>51.29</b>	
		<b>Justin van Velde</b>			<b>Just Klunder</b>				
		100m	12.69	(12.69)	100m	13.18	(13.18)		
		500m	49.98	(37.29)	500m	51.29	(38.11)		

		Name		Cat		PB		Time	Info
68	yw	75	<b>Denice Burgmeijer</b>		DA1		50.10	<b>51.37</b>	
	bl	68	<b>Abe van Laar</b>		HPA		50.86	<b>50.68</b>	PB
		<b>Denice Burgmeijer</b>			<b>Abe van Laar</b>				
		100m	13.40	(13.40)	100m	13.13	(13.13)		
		500m	51.37	(37.97)	500m	50.68	(37.55)		

		Name		Cat		PB		Time	Info
69	wt	41	<b>Joanne Hendriksen</b>		DPA		49.33	<b>48.55</b>	PB
	rd	96	<b>Lisa Huis in 't Veld</b>		DPA		49.83	<b>49.07</b>	PB
		<b>Joanne Hendriksen</b>			<b>Lisa Huis in 't Veld</b>				
		100m	12.48	(12.48)	100m	12.37	(12.37)		
		500m	48.55	(36.07)	500m	49.07	(36.70)		

		Name		Cat		PB		Time	Info
70	yw	107	<b>Sanne Bakker</b>		DB2		47.70	<b>48.54</b>	
	bl	89	<b>Joost Smeets</b>		HC2		48.82	<b>49.40</b>	
		<b>Sanne Bakker</b>			<b>Joost Smeets</b>				
		100m	12.85	(12.85)	100m	12.53	(12.53)		
		500m	48.54	(35.69)	500m	49.40	(36.87)		

		Name		Cat		PB		Time	Info
71	wt	66	<b>Wietske Bannink</b>		DSB		43.81	<b>47.64</b>	
	rd	17	<b>Noortje Kappers</b>		DPA		44.33	<b>46.81</b>	
		<b>Wietske Bannink</b>			<b>Noortje Kappers</b>				
		100m	12.40	(12.40)	100m	12.25	(12.25)		
		500m	47.64	(35.24)	500m	46.81	(34.56)		

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		Name		Cat		PB		Time	Info
72	yw	1	<b>Tim Roorda</b>		HB1		45.43	<b>46.54</b>	
	bl	42	<b>Nick Hendriksen</b>		HC1		46.51	<b>45.67</b>	PB
		<b>Tim Roorda</b>			<b>Nick Hendriksen</b>				
		100m	12.19	(12.19)	100m	12.33	(12.33)		
		500m	46.54	(34.35)	500m	45.67	(33.34)		

		Name		Cat		PB		Time	Info
73	wt	105	<b>Noam van de Koppel</b>		HB1		42.14	<b>42.97</b>	
	rd	106	<b>Harry Pardijs</b>		H45		37.19	<b>43.70</b>	
		<b>Noam van de Koppel</b>			<b>Harry Pardijs</b>				
		100m	11.53	(11.53)	100m	11.83	(11.83)		
		500m	42.97	(31.44)	500m	43.70	(31.87)		

		Name		Cat		PB		Time	Info
74	yw	84	<b>Roberto van Goor</b>		H50		42.27	<b>44.76</b>	
	bl	99	<b>Jefta Westerink</b>		HA1		44.71	<b>44.67</b>	PB
		<b>Roberto van Goor</b>			<b>Jefta Westerink</b>				
		100m	12.16	(12.16)	100m	12.08	(12.08)		
		500m	44.76	(32.60)	500m	44.67	(32.59)		

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	8 Niels Teunissen	HB2	90	O	2:07.98	PB	
2	43 Henk Hendriksen	HSB	86	I	2:20.20	PB	
3	33 Kalista Lamers	DB2	87	I	2:20.36	PB	
4	88 Gerwin Boschloo	H50	89	O	2:20.53		
5	74 Christiaan Abeelen	H50	88	I	2:20.73		
6	80 Gert-Jan Braas	H60	90	I	2:20.78		
7	91 Johan Bakker	H45	89	I	2:21.25		
8	64 Arjen Esselink	H55	88	O	2:22.59		
9	92 Jens Bakker	HB2	83	O	2:26.27	PB	
10	62 Rudie Assink	H55	85	O	2:28.08		
11	35 Joachim van Laar	HC2	82	I	2:28.60	PB	
12	104 Tristan Swenne	HB2	83	I	2:28.73	PB	
13	95 Huub Smeets	HB2	84	O	2:28.81	PB	
14	93 Esther Korenberg	DB2	86	O	2:29.51		
15	19 Jasmijn Egers	DSA	85	I	2:29.85		
16	5 Chantal Herms	D45	84	I	2:30.52		
17	24 Monique de Groot	DC1	77	I	2:34.98		
18	36 Remco Wisselink	H45	81	O	2:36.25		
19	50 Bas Ellenbroek	HC1	79	O	2:36.60		
20	37 Sil Wisselink	HB1	81	I	2:37.44		
21	9 Marthe Schalkwijk	DC2	79	I	2:39.54	PB	
22	47 Paul de Leeuw	HC1	78	O	2:41.73		
23	39 Mirjam Hulsebos	D55	82	O	2:42.98		
24	77 Bente van Dasselaar	DC1	78	I	2:43.07		
25	94 Arne Alphenaar	H60	87	O	2:43.18		
26	65 Famke Aukema	DC1	80	I	2:50.27	PB	
	26 Luca Batterink	HC1				WDR	

Referee:

Assistant:

Starter:

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# pup t/m master

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## 6. Race Result 1500 meter

	Name	Cat	PB	Time Info
77	wt rd	24 <b>Monique de Groot</b>	DC1	<b>2:34.98</b>

### Monique de Groot

300m	31.92	(31.92)	m
700m	1:11.30	(39.38)	
1100m	1:53.27	(41.97)	
1500m	2:34.98	(41.71)	

	Name	Cat	PB	Time Info
78	yw bl	77 <b>Bente van Dasselaar</b>	DC1	<b>2:43.07</b>
		47 <b>Paul de Leeuw</b>	HC1	<b>2:41.73</b>

### Bente van Dasselaar

300m	33.15	(33.15)
700m	1:13.89	(40.74)
1100m	1:58.61	(44.72)
1500m	2:43.07	(44.46)

### Paul de Leeuw

300m	31.60	(31.60)
700m	1:12.48	(40.88)
1100m	1:57.61	(45.13)
1500m	2:41.73	(44.12)

	Name	Cat	PB	Time Info
79	wt rd	9 <b>Marthe Schalkwijk</b>	DC2	2:46.24 <b>2:39.54</b> PB
		50 <b>Bas Ellenbroek</b>	HC1	<b>2:36.60</b>

### Marthe Schalkwijk

300m	31.37	(31.37)
700m	1:55.46	(84.09)
1100m	2:00.00	(4.54)
1500m	2:39.54	(39.54)

### Bas Ellenbroek

300m	30.14	(30.14)
700m	1:11.54	(41.40)
1100m	2:03.00	(51.46)
1500m	2:36.60	(33.60)

	Name	Cat	PB	Time Info
80	yw bl	65 <b>Famke Aukema</b>	DC1	3:00.10 <b>2:50.27</b> PB
		26 <b>Luca Batterink</b>	HC1	<b>WDR</b>

### Famke Aukema

300m	35.67	(35.67)
700m	1:18.86	(43.19)
1100m	2:03.97	(45.11)
1500m	2:50.27	(46.30)

### Luca Batterink

Referee:

Assistant:

Starter:

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# pup t/m master

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		Name			Cat			PB	Time	Info
81	wt	37	<b>Sil Wisselink</b>		HB1			2:37.36	<b>2:37.44</b>	
	rd	36	<b>Remco Wisselink</b>		H45			2:35.53	<b>2:36.25</b>	
		<b>Sil Wisselink</b>			<b>Remco Wisselink</b>					
		300m	32.61	(32.61)	300m	33.80	(33.80)			
		700m	1:12.72	(40.11)	700m	1:12.63	(38.83)			
		1100m	1:55.19	(42.47)	1100m	1:53.85	(41.22)			
		1500m	2:37.44	(42.25)	1500m	2:36.25	(42.40)			
<hr/>										
		Name			Cat			PB	Time	Info
82	yw	35	<b>Joachim van Laar</b>		HC2			2:33.55	<b>2:28.60</b>	PB
	bl	39	<b>Mirjam Hulsebos</b>		D55			2:37.43	<b>2:42.98</b>	
		<b>Joachim van Laar</b>			<b>Mirjam Hulsebos</b>					
		300m	31.36	(31.36)	300m	34.87	(34.87)			
		700m	1:09.25	(37.89)	700m	1:16.61	(41.74)			
		1100m	1:49.52	(40.27)	1100m	1:59.36	(42.75)			
		1500m	2:28.60	(39.08)	1500m	2:42.98	(43.62)			
<hr/>										
		Name			Cat			PB	Time	Info
83	wt	104	<b>Tristan Swenne</b>		HB2			2:29.73	<b>2:28.73</b>	PB
	rd	92	<b>Jens Bakker</b>		HB2			2:30.01	<b>2:26.27</b>	PB
		<b>Tristan Swenne</b>			<b>Jens Bakker</b>					
		300m	31.09	(31.09)	300m	31.29	(31.29)			
		700m	1:08.58	(37.49)	700m	1:07.65	(36.36)			
		1100m	1:48.37	(39.79)	1100m	1:46.81	(39.16)			
		1500m	2:28.73	(40.36)	1500m	2:26.27	(39.46)			
<hr/>										
		Name			Cat			PB	Time	Info
84	yw	5	<b>Chantal Herms</b>		D45			2:23.93	<b>2:30.52</b>	
	bl	95	<b>Huub Smeets</b>		HB2			2:32.62	<b>2:28.81</b>	PB
		<b>Chantal Herms</b>			<b>Huub Smeets</b>					
		300m	31.53	(31.53)	300m	30.67	(30.67)			
		700m	1:09.06	(37.53)	700m	1:07.59	(36.92)			
		1100m	1:49.01	(39.95)	1100m	1:47.72	(40.13)			
		1500m	2:30.52	(41.51)	1500m	2:28.81	(41.09)			

Referee:

Assistant:

Starter:

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
85	wt	19	<b>Jasmijn Egers</b>		DSA		2:23.41	<b>2:29.85</b>	
	rd	62	<b>Rudie Assink</b>		H55		2:15.09	<b>2:28.08</b>	
		<b>Jasmijn Egers</b>			<b>Rudie Assink</b>				
		300m	32.61	(32.61)	300m	31.74	(31.74)		
		700m	1:10.52	(37.91)	700m	1:08.96	(37.22)		
		1100m	1:49.81	(39.29)	1100m	1:48.12	(39.16)		
		1500m	2:29.85	(40.04)	1500m	2:28.08	(39.96)		

		Name		Cat		PB		Time	Info
86	yw	43	<b>Henk Hendriksen</b>		HSB		2:26.34	<b>2:20.20</b>	PB
	bl	93	<b>Esther Korenberg</b>		DB2		2:24.49	<b>2:29.51</b>	
		<b>Henk Hendriksen</b>			<b>Esther Korenberg</b>				
		300m	31.61	(31.61)	300m	31.43	(31.43)		
		700m	1:06.91	(35.30)	700m	1:09.58	(38.15)		
		1100m	1:43.38	(36.47)	1100m	1:49.48	(39.90)		
		1500m	2:20.20	(36.82)	1500m	2:29.51	(40.03)		

		Name		Cat		PB		Time	Info
87	wt	33	<b>Kalista Lamers</b>		DB2		2:23.37	<b>2:20.36</b>	PB
	rd	94	<b>Arne Alphenaar</b>		H60		2:20.56	<b>2:43.18</b>	
		<b>Kalista Lamers</b>			<b>Arne Alphenaar</b>				
		300m	30.18	(30.18)	300m	35.95	(35.95)		
		700m	1:05.35	(35.17)	700m	1:16.73	(40.78)		
		1100m	1:42.28	(36.93)	1100m	1:59.37	(42.64)		
		1500m	2:20.36	(38.08)	1500m	2:43.18	(43.81)		

		Name		Cat		PB		Time	Info
88	yw	74	<b>Christiaan Abeelen</b>		H50		2:12.77	<b>2:20.73</b>	
	bl	64	<b>Arjen Esselink</b>		H55		2:16.94	<b>2:22.59</b>	
		<b>Christiaan Abeelen</b>			<b>Arjen Esselink</b>				
		300m	30.34	(30.34)	300m	31.15	(31.15)		
		700m	1:05.59	(35.25)	700m	1:06.78	(35.63)		
		1100m	1:42.78	(37.19)	1100m	1:44.33	(37.55)		
		1500m	2:20.73	(37.95)	1500m	2:22.59	(38.26)		

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB	Time	Info
89	wt	91	<b>Johan Bakker</b>		H45		2:13.62	<b>2:21.25</b>
	rd	88	<b>Gerwin Boschloo</b>		H50		2:10.91	<b>2:20.53</b>
		<b>Johan Bakker</b>			<b>Gerwin Boschloo</b>			
		300m	30.84	(30.84)	300m	30.36	(30.36)	
		700m	1:05.76	(34.92)	700m	1:05.18	(34.82)	
		1100m	1:42.89	(37.13)	1100m	1:42.62	(37.44)	
		1500m	2:21.25	(38.36)	1500m	2:20.53	(37.91)	

		Name		Cat		PB	Time	Info
90	yw	80	<b>Gert-Jan Braas</b>		H60		2:10.84	<b>2:20.78</b>
	bl	8	<b>Niels Teunissen</b>		HB2		2:08.12	<b>2:07.98</b> PB
		<b>Gert-Jan Braas</b>			<b>Niels Teunissen</b>			
		300m	30.87	(30.87)	300m	27.97	(27.97)	
		700m	1:05.79	(34.92)	700m	1:00.42	(32.45)	
		1100m	1:42.25	(36.46)	1100m	1:33.89	(33.47)	
		1500m	2:20.78	(38.53)	1500m	2:07.98	(34.09)	

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	86 Beau Kappers	HB2	93	I	1:00.05	PB	
2	102 Veerle Friso	DC2	94	O	1:01.37	PB	
3	82 Yfke Raadsveld	DC1	94	I	1:08.66	PB	
4	73 Daan Cents	HC2	91	I	1:12.02	PB	
5	70 Melle ter Horst	HPA	93	O	1:12.78	PB	
6	63 Elin Varenbrink	DC1	92	O	1:14.61	PB	
7	13 Iris Noordman	DPA	92	I	1:15.28	PB	
8	87 Dione Groot Jebbink	DPA	91	O	1:17.01		

Referee:

Assistant:

Starter:

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Race Result 700 meter

		Name		Cat		PB		Time	Info
91	wt	73	<b>Daan Cents</b>		HC2	1:17.88		<b>1:12.02</b>	PB
	rd	87	<b>Dione Groot Jebbink</b>		DPA			<b>1:17.01</b>	
		<b>Daan Cents</b>			<b>Dione Groot Jebbink</b>				
		300m	32.19	(32.19)	300m	35.30	(35.30)		
		700m	1:12.02	(39.83)	700m	1:17.01	(41.71)		

		Name		Cat		PB		Time	Info
92	yw	13	<b>Iris Noordman</b>		DPA	1:20.11		<b>1:15.28</b>	PB
	bl	63	<b>Elin Varenbrink</b>		DC1	1:18.60		<b>1:14.61</b>	PB
		<b>Iris Noordman</b>			<b>Elin Varenbrink</b>				
		300m	34.38	(34.38)	300m	33.84	(33.84)		
		700m	1:15.28	(40.90)	700m	1:14.61	(40.77)		

		Name		Cat		PB		Time	Info
93	wt	86	<b>Beau Kappers</b>		HB2	1:02.05		<b>1:00.05</b>	PB
	rd	70	<b>Melle ter Horst</b>		HPA	1:13.72		<b>1:12.78</b>	PB
		<b>Beau Kappers</b>			<b>Melle ter Horst</b>				
		300m	27.87	(27.87)	300m	32.44	(32.44)		
		700m	1:00.05	(32.18)	700m	1:12.78	(40.34)		

		Name		Cat		PB		Time	Info
94	yw	82	<b>Yfke Raadsveld</b>		DC1	1:13.93		<b>1:08.66</b>	PB
	bl	102	<b>Veerle Friso</b>		DC2	1:02.27		<b>1:01.37</b>	PB
		<b>Yfke Raadsveld</b>			<b>Veerle Friso</b>				
		300m	31.08	(31.08)	300m	28.50	(28.50)		
		700m	1:08.66	(37.58)	700m	1:01.37	(32.87)		

Referee:

Assistant:

Starter:

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# pup t/m master

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## 8. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	96 Lisa Huis in 't Veld	DPA	102	I	30.45	PB	
2	79 Justin van Velde	HPA	101	I	30.96	PB	
3	57 Femke Lindeboom	DPA	102	O	33.58		
4	72 Lise Cents	DPA	95	I	33.78	PB	
5	100 Fleur Van de Beek	DPA	99	I	34.01		
6	103 Saar Burgwal	DPA	98	O	34.33	PB	
7	10 Lena Wisselink	DPA	100	I	34.66		
8	58 Jitske Bennink	DPA	101	O	35.00		
9	98 Neyómy Barry	DPA	100	O	35.85		
10	54 Alexander Warmink	HC1	98	I	36.60		
11	44 Kim Versteeg	DPA	97	I	37.46		
12	90 Ellen Bakker	DPA	97	O	39.88	PB	
13	12 Wietze de Haan	HPA	99	O	43.49	FL	

Referee:

Assistant:

Starter:

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# pup t/m master

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## 8. Race Result 300 meter

		Name	Cat	PB	Time Info
95	wt rd	72 <b>Lise Cents</b>	DPA	35.14	<b>33.78</b> PB
		<u>Lise Cents</u>			
		300m	33.78 (33.78)		m

		Name	Cat	PB	Time Info
96	yw bl				

		Name	Cat	PB	Time Info
97	wt rd	44 <b>Kim Versteeg</b>	DPA	36.07	<b>37.46</b>
		90 <b>Ellen Bakker</b>	DPA	40.49	<b>39.88</b> PB
		<u>Kim Versteeg</u>	<u>Ellen Bakker</u>		
		300m	37.46 (37.46)	300m	39.88 (39.88)

		Name	Cat	PB	Time Info
98	yw bl	54 <b>Alexander Warmink</b>	HC1	35.81	<b>36.60</b>
		103 <b>Saar Burgwal</b>	DPA	36.45	<b>34.33</b> PB
		<u>Alexander Warmink</u>	<u>Saar Burgwal</u>		
		300m	36.60 (36.60)	300m	34.33 (34.33)

		Name	Cat	PB	Time Info
99	wt rd	100 <b>Fleur Van de Beek</b>	DPA	33.90	<b>34.01</b>
		12 <b>Wietze de Haan</b>	HPA	34.00	<b>43.49</b> FL
		<u>Fleur Van de Beek</u>	<u>Wietze de Haan</u>		
		300m	34.01 (34.01)	300m	43.49 (43.49)

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
100	yw	10 <b>Lena Wisselink</b>	DPA	33.88	<b>34.66</b>	
	bl	98 <b>Neyómy Barry</b>	DPA	35.17	<b>35.85</b>	
		<u>Lena Wisselink</u>		<u>Neyómy Barry</u>		
		300m 34.66 (34.66)		300m 35.85 (35.85)		
<hr/>						
		Name	Cat	PB	Time	Info
101	wt	79 <b>Justin van Velde</b>	HPA	31.01	<b>30.96</b>	PB
	rd	58 <b>Jitske Bennink</b>	DPA	33.57	<b>35.00</b>	
		<u>Justin van Velde</u>		<u>Jitske Bennink</u>		
		300m 30.96 (30.96)		300m 35.00 (35.00)		
<hr/>						
		Name	Cat	PB	Time	Info
102	yw	96 <b>Lisa Huis in 't Veld</b>	DPA	30.60	<b>30.45</b>	PB
	bl	57 <b>Femke Lindeboom</b>	DPA	32.78	<b>33.58</b>	
		<u>Lisa Huis in 't Veld</u>		<u>Femke Lindeboom</u>		
		300m 30.45 (30.45)		300m 33.58 (33.58)		

Referee:

Assistant:

Starter:

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

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## 9. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	105 Noam van de Koppel	HB1	113	O	1:25.82		
2	99 Jefta Westerink	HA1	113	I	1:29.00	PB	
3	84 Roberto van Goor	H50	112	I	1:30.31		
4	106 Harry Pardijs	H45	114	I	1:31.76		
5	1 Tim Roorda	HB1	114	O	1:34.12		
6	42 Nick Hendriksen	HC1	109	O	1:35.49	PB	
7	17 Noortje Kappers	DPA	112	O	1:36.84		
8	107 Sanne Bakker	DB2	111	I	1:39.04		
9	68 Abe van Laar	HPA	104	O	1:41.71	PB	
10	14 Marit Noordman	DB1	109	I	1:42.74		
11	41 Joanne Hendriksen	DPA	106	O	1:42.83	PB	
12	89 Joost Smeets	HC2	108	O	1:44.99	PB	
13	2 Just Klunder	HPA	108	I	1:45.25		
14	59 Jurre Bennink	HB1	110	I	1:45.32		
15	75 Denice Burgmeijer	DA1	110	O	1:47.59		
16	101 Jasper van Roekel	HC1	104	I	1:48.44		
17	78 Inge Blaakmeer	DB2	107	O	1:51.19		
18	7 Hilde Klok	DC2	105	I	1:52.50		
19	25 Betsie Slaghuis	D65	107	I	1:58.74		
20	23 Thea de Groot	DB2	103	O	2:00.72	PB	
21	67 Loïc de Vries	HC2	106	I	2:06.10	FL	
22	20 Lise Koier	DC2	105	O	2:27.88	FL	
	21 Liss Phielix	DC2				WDR	
	66 Wietske Bannink	DSB				WDR	

Referee:

Assistant:

Starter:

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# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

## 9. Race Result 1000 meter

		Name	Cat	PB	Time Info
103	wt	21 <b>Liss Phielix</b>	DC2	1:53.75	<b>WDR</b>
	rd	23 <b>Thea de Groot</b>	DB2	2:00.90	<b>2:00.72</b> PB

Liss Phielix

Thea de Groot

200m	28.92	(28.92)
600m	1:14.83	(45.91)
1000m	2:00.72	(45.89)

		Name	Cat	PB	Time Info
104	yw	101 <b>Jasper van Roekel</b>	HC1		<b>1:48.44</b>
	bl	68 <b>Abe van Laar</b>	HPA	2:19.10	<b>1:41.71</b> PB

Jasper van Roekel

Abe van Laar

200m	23.96	(23.96)	200m	23.64	(23.64)
600m	1:04.90	(40.94)	600m	1:02.54	(38.90)
1000m	1:48.44	(43.54)	1000m	1:41.71	(39.17)

		Name	Cat	PB	Time Info
105	wt	7 <b>Hilde Kloek</b>	DC2	1:48.27	<b>1:52.50</b>
	rd	20 <b>Lise Koier</b>	DC2	1:48.18	<b>2:27.88</b> FL

Hilde Kloek

Lise Koier

200m	25.61	(25.61)	200m	26.33	(26.33)
600m	1:08.45	(42.84)	600m	1:08.62	(42.29)
1000m	1:52.50	(44.05)	1000m	2:27.88	(79.26)

		Name	Cat	PB	Time Info
106	yw	67 <b>Loïc de Vries</b>	HC2	1:59.04	<b>2:06.10</b> FL
	bl	41 <b>Joanne Hendriksen</b>	DPA	1:51.83	<b>1:42.83</b> PB

Loïc de Vries

Joanne Hendriksen

200m	29.01	(29.01)	200m	22.36	(22.36)
600m	1:16.35	(47.34)	600m	1:01.01	(38.65)
1000m	2:06.10	(49.75)	1000m	1:42.83	(41.82)

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name	Cat	PB	Time	Info
107	wt	25 <b>Betsie Slaghuis</b>	D65	1:44.85	<b>1:58.74</b>	
	rd	78 <b>Inge Blaakmeer</b>	DB2	1:44.28	<b>1:51.19</b>	
		<b>Betsie Slaghuis</b>		<b>Inge Blaakmeer</b>		
		200m 26.93 (26.93)		200m 24.96 (24.96)		
		600m 1:11.31 (44.38)		600m 1:07.34 (42.38)		
		1000m 1:58.74 (47.43)		1000m 1:51.19 (43.85)		

		Name	Cat	PB	Time	Info
108	yw	2 <b>Just Klunder</b>	HPA	1:45.19	<b>1:45.25</b>	
	bl	89 <b>Joost Smeets</b>	HC2	1:45.83	<b>1:44.99</b>	PB
		<b>Just Klunder</b>		<b>Joost Smeets</b>		
		200m 23.08 (23.08)		200m 22.92 (22.92)		
		600m 1:02.81 (39.73)		600m 1:01.68 (38.76)		
		1000m 1:45.25 (42.44)		1000m 1:44.99 (43.31)		

		Name	Cat	PB	Time	Info
109	wt	14 <b>Marit Noordman</b>	DB1	1:42.41	<b>1:42.74</b>	
	rd	42 <b>Nick Hendriksen</b>	HC1	1:39.82	<b>1:35.49</b>	PB
		<b>Marit Noordman</b>		<b>Nick Hendriksen</b>		
		200m 23.62 (23.62)		200m 21.98 (21.98)		
		600m 1:02.26 (38.64)		600m 58.33 (36.35)		
		1000m 1:42.74 (40.48)		1000m 1:35.49 (37.16)		

		Name	Cat	PB	Time	Info
110	yw	59 <b>Jurre Bennink</b>	HB1	1:41.30	<b>1:45.32</b>	
	bl	75 <b>Denice Burgmeijer</b>	DA1	1:43.91	<b>1:47.59</b>	
		<b>Jurre Bennink</b>		<b>Denice Burgmeijer</b>		
		200m 23.53 (23.53)		200m 23.69 (23.69)		
		600m 1:02.93 (39.40)		600m 1:03.76 (40.07)		
		1000m 1:45.32 (42.39)		1000m 1:47.59 (43.83)		

# pup t/m master

Sport- en Recreatiecentrum de Scheg - Deventer

11 November 2023

		Name	Cat	PB	Time	Info
111	wt	107 <b>Sanne Bakker</b>	DB2	1:36.26	<b>1:39.04</b>	
	rd	66 <b>Wietske Bannink</b>	DSB	1:32.86	<b>WDR</b>	
		<u>Sanne Bakker</u>		<u>Wietske Bannink</u>		
		200m	22.66 (22.66)			
		600m	59.61 (36.95)			
		1000m	1:39.04 (39.43)			

		Name	Cat	PB	Time	Info
112	yw	84 <b>Roberto van Goor</b>	H50	1:23.19	<b>1:30.31</b>	
	bl	17 <b>Noortje Kappers</b>	DPA	1:34.39	<b>1:36.84</b>	
		<u>Roberto van Goor</u>		<u>Noortje Kappers</u>		
		200m	21.09 (21.09)	200m	21.87 (21.87)	
		600m	54.59 (33.50)	600m	57.73 (35.86)	
		1000m	1:30.31 (35.72)	1000m	1:36.84 (39.11)	

		Name	Cat	PB	Time	Info
113	wt	99 <b>Jefta Westerink</b>	HA1	1:30.13	<b>1:29.00</b>	PB
	rd	105 <b>Noam van de Koppel</b>	HB1	1:24.26	<b>1:25.82</b>	
		<u>Jefta Westerink</u>		<u>Noam van de Koppel</u>		
		200m	20.71 (20.71)	200m	19.72 (19.72)	
		600m	53.49 (32.78)	600m	51.28 (31.56)	
		1000m	1:29.00 (35.51)	1000m	1:25.82 (34.54)	

		Name	Cat	PB	Time	Info
114	yw	106 <b>Harry Pardijs</b>	H45	1:14.14	<b>1:31.76</b>	
	bl	1 <b>Tim Roorda</b>	HB1	1:31.46	<b>1:34.12</b>	
		<u>Harry Pardijs</u>		<u>Tim Roorda</u>		
		200m	20.68 (20.68)	200m	21.67 (21.67)	
		600m	54.73 (34.05)	600m	56.91 (35.24)	
		1000m	1:31.76 (37.03)	1000m	1:34.12 (37.21)	