

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

1. Result 100

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	85 Tom van Steenoven	HSA	9	I	11.45		
2	80 Kayleigh ter Laak	DN2	10	I	11.78		
3	83 Jefta Westerink	HB2	3	O	11.87	PB	
4	92 Kim Bakker	DC1	8	O	13.00		
5	37 Milou Klatt-ten Cate	DSB	10	O	13.05		
6	88 Thijmen van Haaf	HB1	7	I	13.14		
7	82 Inge Pelgröm	DN3	8	I	13.15		
8	67 Liam Makkinga	HPE	5	O	13.59		
9	76 Olle Klunder	HPE	7	O	13.63		
10	53 Sil Wisselink	HC2	5	I	13.81		
11	72 Jesse van Velde	HPD	6	I	13.96		
12	60 Myrthe Cents	DPD	6	O	14.09		
13	20 Famke Aukema	DPA	2	I	14.43		
14	87 Eline van den Beld	DPE	3	I	14.47		
15	54 Judith de Jong	DPC	4	I	14.49		
16	96 Kim Versteeg	DPB	2	O	14.55	PB	
17	68 Yara Makkinga	DPB	4	O	14.77		
18	84 Kim van der Molen	DPC	1	O	15.98	PB	
19	69 Miquel Stout	HPF	1	I	17.28	PB	

Referee:

Assistant:

Starter:

From 3/8/2023 5:15:00 PM to 3/8/2023 5:31:52 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

1. Race Result 100

		Name	Cat	PB	Time	Info
1	wt	69 Miquel Stout	HPF	17.34	17.28	PB
	rd	84 Kim van der Molen	DPC	16.13	15.98	PB
		<u>Miquel Stout</u>			<u>Kim van der Molen</u>	
		100m 17.28 (17.28)		100m 15.98 (15.98)		

		Name	Cat	PB	Time	Info
2	yw	20 Famke Aukema	DPA	14.42	14.43	
	bl	96 Kim Versteeg	DPB	14.87	14.55	PB
		<u>Famke Aukema</u>			<u>Kim Versteeg</u>	
		100m 14.43 (14.43)		100m 14.55 (14.55)		

		Name	Cat	PB	Time	Info
3	wt	87 Eline van den Beld	DPE	14.21	14.47	
	rd	83 Jefta Westerink	HB2	14.38	11.87	PB
		<u>Eline van den Beld</u>			<u>Jefta Westerink</u>	
		100m 14.47 (14.47)		100m 11.87 (11.87)		

		Name	Cat	PB	Time	Info
4	yw	54 Judith de Jong	DPC	14.43	14.49	
	bl	68 Yara Makkinga	DPB	14.73	14.77	
		<u>Judith de Jong</u>			<u>Yara Makkinga</u>	
		100m 14.49 (14.49)		100m 14.77 (14.77)		

		Name	Cat	PB	Time	Info
5	wt	53 Sil Wisselink	HC2	13.56	13.81	
	rd	67 Liam Makkinga	HPE	13.38	13.59	
		<u>Sil Wisselink</u>			<u>Liam Makkinga</u>	
		100m 13.81 (13.81)		100m 13.59 (13.59)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB	Time	Info
6	yw	72	Jesse van Velde		HPD	13.72	13.96	
	bl	60	Myrthe Cents		DPD	13.87	14.09	
		<u>Jesse van Velde</u>			<u>Myrthe Cents</u>			
		100m	13.96	(13.96)	100m	14.09	(14.09)	

		Name		Cat		PB	Time	Info
7	wt	88	Tijmen van Haaf		HB1	13.10	13.14	
	rd	76	Olle Klunder		HPE	13.26	13.63	
		<u>Tijmen van Haaf</u>			<u>Olle Klunder</u>			
		100m	13.14	(13.14)	100m	13.63	(13.63)	

		Name		Cat		PB	Time	Info
8	yw	82	Inge Pelgröm		DN3	12.79	13.15	
	bl	92	Kim Bakker		DC1	12.65	13.00	
		<u>Inge Pelgröm</u>			<u>Kim Bakker</u>			
		100m	13.15	(13.15)	100m	13.00	(13.00)	

		Name		Cat		PB	Time	Info
9	wt	85	Tom van Steenoven		HSA	11.26	11.45	
	rd							
		<u>Tom van Steenoven</u>						
		100m	11.45	(11.45)	m			

		Name		Cat		PB	Time	Info
10	yw	80	Kayleigh ter Laak		DN2	11.65	11.78	
	bl	37	Milou Klatt-ten Cate		DSB	11.71	13.05	
		<u>Kayleigh ter Laak</u>			<u>Milou Klatt-ten Cate</u>			
		100m	11.78	(11.78)	100m	13.05	(13.05)	

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	44 Lièn van Dasselaar	DA2	33	O	44.30		
2	83 Jefta Westerink	HB2	31	I	44.74		
3	85 Tom van Steenoven	HSA	33	I	45.82		
4	98 Ties Sinke	HB2	32	I	46.94		
5	10 Lenneke Groot Koerkamp	DB2	29	O	46.98	PB	
6	4 Charley Boekema	DPC	31	O	47.10		
7	56 Nick Hendriksen	HPA	30	I	48.12	PB	
8	66 Janneke Bos	DB1	32	O	48.20		
9	82 Inge Pelgröm	DN3	30	O	48.89		
10	39 Annabel Weteringe	DC2	27	O	49.13	PB	
11	9 Marthe Schalkwijk	DC1	27	I	49.40		
12	26 Isis van Til	DC2	28	O	49.42		
13	37 Milou Klatt-ten Cate	DSB	34	O	49.81		
14	5 Caspian Alexander	HPB	29	I	50.02		
15	57 Joanne Hendriksen	DPB	26	I	50.10	PB	
16	74 Joost Smeets	HC1	24	I	50.22	PB	
17	21 Denice Burgmeijer	DB2	26	O	50.53		
18	71 Justin van Velde	HPB	24	O	50.88	PB	
19	41 Federico Talen	HPC	23	I	51.49	PB	
20	43 Norah van Elst	DPC	28	I	51.62		
21	6 Dorus Schalkwijk	H40	34	I	51.68		
22	45 Bente van Dasselaar	DPA	22	O	52.28	PB	
23	75 Noor Klunder	DPC	22	I	52.64		
24	28 Isa van der Weerd	DPB	23	O	52.74		
25	16 Mirjam Hulsebos	D50	25	I	52.90		
26	23 Lisa Otten	DC1	25	O	53.80		
27	31 Marit Noordman	DC2	21	I	54.35		
28	52 Remco Wisselink	H45	17	O	54.37	PB	
29	53 Sil Wisselink	HC2	20	O	54.73	PB	
30	97 Silke van den Bos	DPA	21	O	55.30		
31	73 Femke Lindeboom	DPB	18	I	55.63	PB	
32	27 Mireille van der Weerd	DC1	20	I	56.42		
33	63 Jill Krikken	DPD	16	I	56.79	PB	
34	20 Famke Aukema	DPA	18	O	57.15	PB	
35	48 Sven Bosman	HC1	19	I	58.12		
36	67 Liam Makkinga	HPE	15	I	58.99	PB	
37	59 Jasmijn Smit	DPD	15	O	59.91	PB	
38	47 Danique Stout	DPC	17	I	59.92		

Referee:

Assistant:

Starter:

From 3/8/2023 5:15:00 PM to 3/8/2023 5:58:26 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	32 Iris Noordman	DPB	19	O	1:00.70		
40	64 Feline van de Brandhof	DPB	13	O	1:02.53	PB	
41	96 Kim Versteeg	DPB	16	O	1:03.14		
42	54 Judith de Jong	DPC	14	I	1:03.41		
43	68 Yara Makkinga	DPB	13	I	1:07.01		
44	58 Nadine Hendriksen	DPF	11	I	1:07.37		
45	29 Vayèn van der Weerd	DPE	11	O	1:10.18	PB	
46	30 Esmee Noordman	DPF	12	O	1:10.44		
	62 Bastian Klomp	HPD	12	I	DNS		
	79 Vajèn Kerkmeijer	DPD	14	O	DNS		

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From 3/8/2023 5:15:00 PM to 3/8/2023 5:58:26 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

2. Race Result 500 meter

		Name		Cat		PB		Time	Info
11	wt	58	Nadine Hendriksen		DPF			1:07.37	
	rd	29	Vayèn van der Weerd		DPE	1:11.12		1:10.18	PB
		Nadine Hendriksen			Vayèn van der Weerd				
		100m	15.05	(15.05)	100m	15.94	(15.94)		
		500m	1:07.37	(52.32)	500m	1:10.18	(54.24)		

		Name		Cat		PB		Time	Info
12	yw	62	Bastian Klomp		HPD			DNS	
	bl	30	Esmee Noordman		DPF	1:10.36		1:10.44	
		Bastian Klomp			Esmee Noordman				
		100m			100m	15.43	(15.43)		
		500m			500m	1:10.44	(55.01)		

		Name		Cat		PB		Time	Info
13	wt	68	Yara Makkinga		DPB	1:06.35		1:07.01	
	rd	64	Feline van de Brandhof		DPB	1:04.26		1:02.53	PB
		Yara Makkinga			Feline van de Brandhof				
		100m	15.45	(15.45)	100m	14.82	(14.82)		
		500m	1:07.01	(51.56)	500m	1:02.53	(47.71)		

		Name		Cat		PB		Time	Info
14	yw	54	Judith de Jong		DPC	1:02.78		1:03.41	
	bl	79	Vajèn Kerkmeijer		DPD	1:04.77		DNS	
		Judith de Jong			Vajèn Kerkmeijer				
		100m	14.87	(14.87)					
		500m	1:03.41	(48.54)					

		Name		Cat		PB		Time	Info
15	wt	67	Liam Makkinga		HPE	59.91		58.99	PB
	rd	59	Jasmijn Smit		DPD	1:01.91		59.91	PB
		Liam Makkinga			Jasmijn Smit				
		100m	14.12	(14.12)	100m	15.09	(15.09)		
		500m	58.99	(44.87)	500m	59.91	(44.82)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name			Cat			PB	Time	Info	
16	yw	63	Jill Krikken		DPD			58.17	56.79	PB	
	bl	96	Kim Versteeg		DPB			58.50	1:03.14		
		Jill Krikken			Kim Versteeg						
		100m	13.78	(13.78)	100m	15.16	(15.16)				
		500m	56.79	(43.01)	500m	1:03.14	(47.98)				
		Name			Cat			PB	Time	Info	
17	wt	47	Danique Stout		DPC			57.76	59.92		
	rd	52	Remco Wisselink		H45			57.00	54.37	PB	
		Danique Stout			Remco Wisselink						
		100m	14.73	(14.73)	100m	14.58	(14.58)				
		500m	59.92	(45.19)	500m	54.37	(39.79)				
		Name			Cat			PB	Time	Info	
18	yw	73	Femke Lindeboom		DPB			57.23	55.63	PB	
	bl	20	Famke Aukema		DPA			57.78	57.15	PB	
		Femke Lindeboom			Famke Aukema						
		100m	13.55	(13.55)	100m	14.82	(14.82)				
		500m	55.63	(42.08)	500m	57.15	(42.33)				
		Name			Cat			PB	Time	Info	
19	wt	48	Sven Bosman		HC1			55.15	58.12		
	rd	32	Iris Noordman		DPB			56.81	1:00.70		
		Sven Bosman			Iris Noordman						
		100m	13.75	(13.75)	100m	14.77	(14.77)				
		500m	58.12	(44.37)	500m	1:00.70	(45.93)				
		Name			Cat			PB	Time	Info	
20	yw	27	Mireille van der Weerd		DC1			55.19	56.42		
	bl	53	Sil Wisselink		HC2			55.36	54.73	PB	
		Mireille van der Weerd			Sil Wisselink						
		100m	14.26	(14.26)	100m	54.73	(54.73)				
		500m	56.42	(42.16)							

Referee:

Assistant:

Starter:

From 3/8/2023 5:15:00 PM to 3/8/2023 5:58:26 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB		Time	Info
21	wt	31	Marit Noordman		DC2		53.57	54.35	
	rd	97	Silke van den Bos		DPA		55.02	55.30	
		Marit Noordman			Silke van den Bos				
		100m	14.19	(14.19)	100m	14.09	(14.09)		
		500m	54.35	(40.16)	500m	55.30	(41.21)		
<hr/>									
		Name		Cat		PB		Time	Info
22	yw	75	Noor Klunder		DPC		52.56	52.64	
	bl	45	Bente van Dasselaar		DPA		52.28	52.28	PB
		Noor Klunder			Bente van Dasselaar				
		100m	13.30	(13.30)	100m	13.60	(13.60)		
		500m	52.64	(39.34)	500m	52.28	(38.68)		
<hr/>									
		Name		Cat		PB		Time	Info
23	wt	41	Federico Talen		HPC		51.53	51.49	PB
	rd	28	Isa van der Weerd		DPB		51.88	52.74	
		Federico Talen			Isa van der Weerd				
		100m	13.03	(13.03)	100m	13.96	(13.96)		
		500m	51.49	(38.46)	500m	52.74	(38.78)		
<hr/>									
		Name		Cat		PB		Time	Info
24	yw	74	Joost Smeets		HC1		50.68	50.22	PB
	bl	71	Justin van Velde		HPB		51.92	50.88	PB
		Joost Smeets			Justin van Velde				
		100m	12.82	(12.82)	100m	12.80	(12.80)		
		500m	50.22	(37.40)	500m	50.88	(38.08)		
<hr/>									
		Name		Cat		PB		Time	Info
25	wt	16	Mirjam Hulsebos		D50		50.18	52.90	
	rd	23	Lisa Otten		DC1		50.54	53.80	
		Mirjam Hulsebos			Lisa Otten				
		100m	14.01	(14.01)	100m	13.71	(13.71)		
		500m	52.90	(38.89)	500m	53.80	(40.09)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB		Time	Info
26	yw	57	Joanne Hendriksen		DPB		50.43	50.10	PB
	bl	21	Denice Burgmeijer		DB2		50.10	50.53	
		Joanne Hendriksen			Denice Burgmeijer				
		100m	12.69	(12.69)	100m	13.04	(13.04)		
		500m	50.10	(37.41)	500m	50.53	(37.49)		

		Name		Cat		PB		Time	Info
27	wt	9	Marthe Schalkwijk		DC1		48.72	49.40	
	rd	39	Annabel Weteringe		DC2		49.20	49.13	PB
		Marthe Schalkwijk			Annabel Weteringe				
		100m	13.00	(13.00)	100m	13.09	(13.09)		
		500m	49.40	(36.40)	500m	49.13	(36.04)		

		Name		Cat		PB		Time	Info
28	yw	43	Norah van Elst		DPC		49.66	51.62	
	bl	26	Isis van Til		DC2		48.86	49.42	
		Norah van Elst			Isis van Til				
		100m	13.37	(13.37)	100m	12.78	(12.78)		
		500m	51.62	(38.25)	500m	49.42	(36.64)		

		Name		Cat		PB		Time	Info
29	wt	5	Caspian Alexander		HPB		47.71	50.02	
	rd	10	Lenneke Groot Koerkamp		DB2		47.31	46.98	PB
		Caspian Alexander			Lenneke Groot Koerkamp				
		100m	12.61	(12.61)	100m	12.20	(12.20)		
		500m	50.02	(37.41)	500m	46.98	(34.78)		

		Name		Cat		PB		Time	Info
30	yw	56	Nick Hendriksen		HPA		48.18	48.12	PB
	bl	82	Inge Pelgröm		DN3		48.40	48.89	
		Nick Hendriksen			Inge Pelgröm				
		100m	12.60	(12.60)	100m	13.12	(13.12)		
		500m	48.12	(35.52)	500m	48.89	(35.77)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB		Time	Info
31	wt	83	Jefta Westerink		HB2		44.71	44.74	
	rd	4	Charley Boekema		DPC		45.29	47.10	
		Jefta Westerink			Charley Boekema				
		100m	11.93	(11.93)	100m	12.43	(12.43)		
		500m	44.74	(32.81)	500m	47.10	(34.67)		

		Name		Cat		PB		Time	Info
32	yw	98	Ties Sinke		HB2		46.49	46.94	
	bl	66	Janneke Bos		DB1		46.93	48.20	
		Ties Sinke			Janneke Bos				
		100m	12.58	(12.58)	100m	12.78	(12.78)		
		500m	46.94	(34.36)	500m	48.20	(35.42)		

		Name		Cat		PB		Time	Info
33	wt	85	Tom van Steenoven		HSA		43.07	45.82	
	rd	44	Lièn van Dasselaar		DA2		41.86	44.30	
		Tom van Steenoven			Lièn van Dasselaar				
		100m	11.68	(11.68)	100m	11.76	(11.76)		
		500m	45.82	(34.14)	500m	44.30	(32.54)		

		Name		Cat		PB		Time	Info
34	yw	6	Dorus Schalkwijk		H40		43.81	51.68	
	bl	37	Milou Klatt-ten Cate		DSB		43.41	49.81	
		Dorus Schalkwijk			Milou Klatt-ten Cate				
		100m	13.52	(13.52)	100m	13.38	(13.38)		
		500m	51.68	(38.16)	500m	49.81	(36.43)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

3. Result 100

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	80 Kayleigh ter Laak	DN2	36	O	11.99	
2	87 Eline van den Beld	DPE	36	I	14.41	
3	69 Miquel Stout	HPF	35	O	17.18 PB	

Referee:

Assistant:

Starter:

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	66 Janneke Bos	DB1	45	I	30.64		
2	71 Justin van Velde	HPB	45	O	31.75	PB	
3	92 Kim Bakker	DC1	46	O	31.83		
4	88 Thijmen van Haaf	HB1	46	I	31.91	PB	
5	76 Olle Klunder	HPE	44	I	34.04	PB	
6	97 Silke van den Bos	DPA	43	O	34.41		
7	63 Jill Krikken	DPD	44	O	34.45		
8	48 Sven Bosman	HC1	43	I	34.47		
9	72 Jesse van Velde	HPD	42	O	36.68		
	60 Myrthe Cents	DPD	41	O	36.68	PB	
11	59 Jasmijn Smit	DPD	42	I	37.00	PB	
	73 Femke Lindeboom	DPB	41	I	37.00		
13	64 Feline van de Brandhof	DPB	39	O	38.62		
14	30 Esmee Noordman	DPF	40	O	41.10	PB	
15	58 Nadine Hendriksen	DPF	37	I	41.18	PB	
16	79 Vajèn Kerkmeijer	DPD	38	I	41.20		
17	29 Vayèn van der Weerd	DPE	40	I	42.04		
18	84 Kim van der Molen	DPC	37	O	45.67		
	62 Bastian Klomp	HPD	39	I	DNS		

Referee:

Assistant:

Starter:

From 3/8/2023 5:15:00 PM to 3/8/2023 6:22:50 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

5. Race Result 300 meter

		Name	Cat	PB	Time Info
37	wt	58 Nadine Hendriksen	DPF	42.18	41.18 PB
	rd	84 Kim van der Molen	DPC	45.33	45.67
		<u>Nadine Hendriksen</u>		<u>Kim van der Molen</u>	
		300m 41.18 (41.18)		300m 45.67 (45.67)	

		Name	Cat	PB	Time Info
38	yw	79 Vajèn Kerkmeijer	DPD	40.33	41.20
	bl				
		<u>Vajèn Kerkmeijer</u>			
		300m 41.20 (41.20)		m	

		Name	Cat	PB	Time Info
39	wt	62 Bastian Klomp	HPD	38.62	DNS
	rd	64 Feline van de Brandhof	DPB	37.75	38.62
		<u>Bastian Klomp</u>		<u>Feline van de Brandhof</u>	
				300m 38.62 (38.62)	

		Name	Cat	PB	Time Info
40	yw	29 Vayèn van der Weerd	DPE	41.56	42.04
	bl	30 Esmee Noordman	DPF	41.23	41.10 PB
		<u>Vayèn van der Weerd</u>		<u>Esmee Noordman</u>	
		300m 42.04 (42.04)		300m 41.10 (41.10)	

		Name	Cat	PB	Time Info
41	wt	73 Femke Lindeboom	DPB	34.46	37.00
	rd	60 Myrthe Cents	DPD	37.12	36.68 PB
		<u>Femke Lindeboom</u>		<u>Myrthe Cents</u>	
		300m 37.00 (37.00)		300m 36.68 (36.68)	

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name	Cat	PB	Time	Info
42	yw	59 Jasmijn Smit	DPD	37.32	37.00	PB
	bl	72 Jesse van Velde	HPD	36.66	36.68	
		<u>Jasmijn Smit</u>		<u>Jesse van Velde</u>		
		300m 37.00 (37.00)		300m 36.68 (36.68)		

		Name	Cat	PB	Time	Info
43	wt	48 Sven Bosman	HC1	34.13	34.47	
	rd	97 Silke van den Bos	DPA	33.76	34.41	
		<u>Sven Bosman</u>		<u>Silke van den Bos</u>		
		300m 34.47 (34.47)		300m 34.41 (34.41)		

		Name	Cat	PB	Time	Info
44	yw	76 Olle Klunder	HPE	34.27	34.04	PB
	bl	63 Jill Krikken	DPD	34.21	34.45	
		<u>Olle Klunder</u>		<u>Jill Krikken</u>		
		300m 34.04 (34.04)		300m 34.45 (34.45)		

		Name	Cat	PB	Time	Info
45	wt	66 Janneke Bos	DB1	30.25	30.64	
	rd	71 Justin van Velde	HPB	32.05	31.75	PB
		<u>Janneke Bos</u>		<u>Justin van Velde</u>		
		300m 30.64 (30.64)		300m 31.75 (31.75)		

		Name	Cat	PB	Time	Info
46	yw	88 Thijmen van Haaf	HB1	32.53	31.91	PB
	bl	92 Kim Bakker	DC1	31.26	31.83	
		<u>Thijmen van Haaf</u>		<u>Kim Bakker</u>		
		300m 31.91 (31.91)		300m 31.83 (31.83)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

6. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	19 Marloes Westerhof	DSB	55	I	1:00.73	PB TRC	
2	44 Lièn van Dasselaar	DA2	56	O	1:01.30		
3	89 Veerle Friso	DC1	55	O	1:02.27	PB	
4	99 Klaas Jan van der Veen	H50	56	I	1:02.34		
5	4 Charley Boekema	DPC	54	I	1:04.46	PB	
6	91 Lauren van den Brink	DPC	53	O	1:05.89	PB	
7	25 Bo Meijer	DA2	54	O	1:06.65	PB	
8	78 Morgan DeFreese	DPC	51	O	1:10.21	PB	
9	5 Caspian Alexander	HPB	52	O	1:10.66	PB	
10	57 Joanne Hendriksen	DPB	51	I	1:10.84	PB	
11	74 Joost Smeets	HC1	52	I	1:10.87	PB	
12	43 Norah van Elst	DPC	53	I	1:12.26		
13	41 Federico Talen	HPC	47	I	1:13.21		
14	45 Bente van Dasselaar	DPA	49	I	1:13.71	PB	
15	28 Isa van der Weerd	DPB	50	O	1:15.31		
16	75 Noor Klunder	DPC	49	O	1:15.69	PB	
17	93 Julia Bakker	DPC	48	I	1:17.61		
18	32 Iris Noordman	DPB	50	I	1:25.24		
19	47 Danique Stout	DPC	47	O	1:25.60	PB	
20	79 Vajèn Kerkmeijer	DPD	48	O	1:35.83		

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

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6. Race Result 700 meter

		Name		Cat		PB		Time	Info
47	wt	41	Federico Talen		HPC			1:13.21	
	rd	47	Danique Stout		DPC	1:26.73		1:25.60	PB
		Federico Talen			Danique Stout				
		300m	32.87	(32.87)	300m	37.24	(37.24)		
		700m	1:13.21	(40.34)	700m	1:25.60	(48.36)		

		Name		Cat		PB		Time	Info
48	yw	93	Julia Bakker		DPC			1:17.61	
	bl	79	Vajèn Kerkmeijer		DPD			1:35.83	
		Julia Bakker			Vajèn Kerkmeijer				
		300m	34.17	(34.17)	300m	1:35.83	(95.83)		
		700m	1:17.61	(43.44)					

		Name		Cat		PB		Time	Info
49	wt	45	Bente van Dasselaar		DPA	1:15.63		1:13.71	PB
	rd	75	Noor Klunder		DPC	1:16.95		1:15.69	PB
		Bente van Dasselaar			Noor Klunder				
		300m	33.12	(33.12)	300m	33.32	(33.32)		
		700m	1:13.71	(40.59)	700m	1:15.69	(42.37)		

		Name		Cat		PB		Time	Info
50	yw	32	Iris Noordman		DPB	1:20.11		1:25.24	
	bl	28	Isa van der Weerd		DPB	1:13.47		1:15.31	
		Iris Noordman			Isa van der Weerd				
		300m	38.09	(38.09)	300m	34.13	(34.13)		
		700m	1:25.24	(47.15)	700m	1:15.31	(41.18)		

		Name		Cat		PB		Time	Info
51	wt	57	Joanne Hendriksen		DPB	1:11.74		1:10.84	PB
	rd	78	Morgan DeFreese		DPC	1:12.27		1:10.21	PB
		Joanne Hendriksen			Morgan DeFreese				
		300m	31.24	(31.24)	300m	31.28	(31.28)		
		700m	1:10.84	(39.60)	700m	1:10.21	(38.93)		

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
52	yw	74	Joost Smeets		HC1		1:10.88	1:10.87	PB
	bl	5	Caspian Alexander		HPB		1:11.16	1:10.66	PB
		Joost Smeets			Caspian Alexander				
		300m	31.91	(31.91)	300m	31.51	(31.51)		
		700m	1:10.87	(38.96)	700m	1:10.66	(39.15)		

		Name		Cat		PB		Time	Info
53	wt	43	Norah van Elst		DPC		1:10.79	1:12.26	
	rd	91	Lauren van den Brink		DPC		1:07.69	1:05.89	PB
		Norah van Elst			Lauren van den Brink				
		300m	32.03	(32.03)	300m	30.49	(30.49)		
		700m	1:12.26	(40.23)	700m	1:05.89	(35.40)		

		Name		Cat		PB		Time	Info
54	yw	4	Charley Boekema		DPC		1:06.66	1:04.46	PB
	bl	25	Bo Meijer		DA2		1:08.77	1:06.65	PB
		Charley Boekema			Bo Meijer				
		300m	29.28	(29.28)	300m	30.43	(30.43)		
		700m	1:04.46	(35.18)	700m	1:06.65	(36.22)		

		Name		Cat		PB		Time	Info
55	wt	19	Marloes Westerhof		DSB		1:01.68	1:00.73	PB TRC
	rd	89	Veerle Friso		DC1		1:04.13	1:02.27	PB
		Marloes Westerhof			Veerle Friso				
		300m	27.85	(27.85)	300m	28.62	(28.62)		
		700m	1:00.73	(32.88)	700m	1:02.27	(33.65)		

		Name		Cat		PB		Time	Info
56	yw	99	Klaas Jan van der Veen		H50		1:00.60	1:02.34	
	bl	44	Lièn van Dasselaar		DA2		1:00.76	1:01.30	
		Klaas Jan van der Veen			Lièn van Dasselaar				
		300m	29.04	(29.04)	300m	28.09	(28.09)		
		700m	1:02.34	(33.30)	700m	1:01.30	(33.21)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

7. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	90 Ruben de Rijk	HB1	64	O	2:12.90	PB	
2	10 Lenneke Groot Koerkamp	DB2	63	O	2:28.46	PB	
3	6 Dorus Schalkwijk	H40	63	I	2:34.02		
4	56 Nick Hendriksen	HPA	59	O	2:34.57		
5	3 Diede Salomons	DPA	57	I	2:36.52		
6	70 Veerle Zunnabeld	DPB	62	O	2:36.95	PB	
7	40 Bjorn Binnenpoorte	HC2	58	I	2:37.73		
8	39 Annabel Weteringe	DC2	62	I	2:38.23	PB	
9	16 Mirjam Hulsebos	D50	64	I	2:45.23		
10	9 Marthe Schalkwijk	DC1	58	O	2:46.24		
11	21 Denice Burgmeijer	DB2	60	I	2:47.95		
12	31 Marit Noordman	DC2	61	O	2:50.72	PB	
13	23 Lisa Otten	DC1	61	I	2:53.19		
14	20 Famke Aukema	DPA	59	I	3:00.10	PB	
15	27 Mireille van der Weerd	DC1	57	O	3:11.16	FL	
	26 Isis van Til	DC2	60	O		DNS	

Referee:

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

7. Race Result 1500 meter

		Name	Cat	PB	Time	Info
57	wt	3 Diede Salomons	DPA		2:36.52	
	rd	27 Mireille van der Weerd	DC1		3:11.16	FL

Diede Salomons

300m	32.03	(32.03)
700m	1:12.16	(40.13)
1100m	1:54.08	(41.92)
1500m	2:36.52	(42.44)

Mireille van der Weerd

300m	43.22	(43.22)
700m	1:34.78	(51.56)
1100m	2:24.32	(49.54)
1500m	3:11.16	(46.84)

		Name	Cat	PB	Time	Info
58	yw	40 Bjorn Binnenpoorte	HC2		2:37.73	
	bl	9 Marthe Schalkwijk	DC1		2:46.24	

Bjorn Binnenpoorte

300m	32.23	(32.23)
700m	1:13.14	(40.91)
1100m	1:56.04	(42.90)
1500m	2:37.73	(41.69)

Marthe Schalkwijk

300m	33.57	(33.57)
700m	1:15.60	(42.03)
1100m	2:01.05	(45.45)
1500m	2:46.24	(45.19)

		Name	Cat	PB	Time	Info
59	wt	20 Famke Aukema	DPA	3:02.64	3:00.10	PB
	rd	56 Nick Hendriksen	HPA		2:34.57	

Famke Aukema

300m	37.91	(37.91)
700m	1:24.23	(46.32)
1100m	2:12.18	(47.95)
1500m	3:00.10	(47.92)

Nick Hendriksen

300m	32.35	(32.35)
700m	1:13.34	(40.99)
1100m	1:54.25	(40.91)
1500m	2:34.57	(40.32)

		Name	Cat	PB	Time	Info
60	yw	21 Denice Burgmeijer	DB2		2:47.95	
	bl	26 Isis van Til	DC2		DNS	

Denice Burgmeijer

300m	32.97	(32.97)
700m	1:15.47	(42.50)
1100m	2:01.45	(45.98)
1500m	2:47.95	(46.50)

Isis van Til

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
61	wt	23 Lisa Otten	DC1	2:41.92	2:53.19	
	rd	31 Marit Noordman	DC2	2:59.23	2:50.72	PB
		Lisa Otten				Marit Noordman
		300m	33.79 (33.79)	300m	34.97 (34.97)	
		700m	1:17.31 (43.52)	700m	1:18.52 (43.55)	
		1100m	2:04.94 (47.63)	1100m	2:04.33 (45.81)	
		1500m	2:53.19 (48.25)	1500m	2:50.72 (46.39)	

		Name	Cat	PB	Time	Info
62	yw	39 Annabel Weteringe	DC2	2:38.28	2:38.23	PB
	bl	70 Veerle Zunnabeld	DPB	2:39.11	2:36.95	PB
		Annabel Weteringe				Veerle Zunnabeld
		300m	32.92 (32.92)	300m	32.29 (32.29)	
		700m	1:12.72 (39.80)	700m	1:11.89 (39.60)	
		1100m	1:54.58 (41.86)	1100m	1:54.25 (42.36)	
		1500m	2:38.23 (43.65)	1500m	2:36.95 (42.70)	

		Name	Cat	PB	Time	Info
63	wt	6 Dorus Schalkwijk	H40	2:15.73	2:34.02	
	rd	10 Lenneke Groot Koerkamp	DB2	2:29.99	2:28.46	PB
		Dorus Schalkwijk				Lenneke Groot Koerkamp
		300m	33.17 (33.17)	300m	30.99 (30.99)	
		700m	1:12.35 (39.18)	700m	1:09.15 (38.16)	
		1100m	1:52.75 (40.40)	1100m	1:48.04 (38.89)	
		1500m	2:34.02 (41.27)	1500m	2:28.46 (40.42)	

		Name	Cat	PB	Time	Info
64	yw	16 Mirjam Hulsebos	D50	2:37.43	2:45.23	
	bl	90 Ruben de Rijk	HB1	2:18.39	2:12.90	PB
		Mirjam Hulsebos				Ruben de Rijk
		300m	34.46 (34.46)	300m	28.53 (28.53)	
		700m	1:16.90 (42.44)	700m	1:01.61 (33.08)	
		1100m	2:00.75 (43.85)	1100m	1:36.49 (34.88)	
		1500m	2:45.23 (44.48)	1500m	2:12.90 (36.41)	

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

9. Result 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	14 Lesley Bartelds	HA1	67	O	4:48.22		
2	34 Dirk van Zoest	H45	69	I	4:53.72	PB	
3	2 Mees Klunder	HC1	70	O	4:56.42	PB	
4	8 Zoë Tiemens	DN2	70	I	5:04.36		
5	42 Isabella Talen	DC2	65	O	5:08.80		
6	49 Eva Weultjes	DC2	66	I	5:08.99		
7	24 Kalista Lamers	DB1	68	I	5:15.51		
8	46 Tristan Swenne	HB1	65	I	5:21.07		
9	51 Huub Smeets	HB1	68	O	5:21.35		
10	33 Evy van Zoest	DB1	66	O	5:22.01		
11	35 Marcel Bloemenkamp	H55	69	O	5:24.09		
12	13 Demi Bartelds	DN2	67	I	5:36.13		

Referee:

Assistant:

Starter:

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

9. Race Result 3000 meter

		Name		Cat		PB		Time	Info
65	wt	46	Tristan Swenne		HB1			5:21.07	
	rd	42	Isabella Talen		DC2			5:08.80	
		Tristan Swenne				Isabella Talen			
		200m	23.57	(23.57)		200m	22.94	(22.94)	
		600m	1:02.33	(38.76)		600m	1:00.35	(37.41)	
		1000m	1:44.12	(41.79)		1000m	1:40.00	(39.65)	
		1400m	2:27.39	(43.27)		1400m	2:20.55	(40.55)	
		1800m	3:10.91	(43.52)		1800m	3:01.83	(41.28)	
		2200m	3:54.76	(43.85)		2200m	3:43.67	(41.84)	
		2600m	4:38.20	(43.44)		2600m	4:26.24	(42.57)	
		3000m	5:21.07	(42.87)		3000m	5:08.80	(42.56)	

		Name		Cat		PB		Time	Info
66	yw	49	Eva Weultjes		DC2			5:08.99	
	bl	33	Evy van Zoest		DB1			5:22.01	
		Eva Weultjes				Evy van Zoest			
		200m	23.06	(23.06)		200m	22.18	(22.18)	
		600m	1:00.73	(37.67)		600m	1:00.10	(37.92)	
		1000m	1:40.94	(40.21)		1000m	1:41.53	(41.43)	
		1400m	2:22.05	(41.11)		1400m	2:24.21	(42.68)	
		1800m	3:04.08	(42.03)		1800m	3:08.20	(43.99)	
		2200m	3:46.47	(42.39)		2200m	3:53.00	(44.80)	
		2600m	4:28.68	(42.21)		2600m	4:37.74	(44.74)	
		3000m	5:08.99	(40.31)		3000m	5:22.01	(44.27)	

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB		Time	Info
67	wt	13	Demi Bartelds		DN2		5:35.23	5:36.13	
	rd	14	Lesley Bartelds		HA1			4:48.22	
		Demi Bartelds			Lesley Bartelds				
		200m	24.07	(24.07)	200m	21.98	(21.98)		
		600m	1:03.69	(39.62)	600m	57.46	(35.48)		
		1000m	1:45.54	(41.85)	1000m	1:34.41	(36.95)		
		1400m	2:29.75	(44.21)	1400m	2:12.99	(38.58)		
		1800m	3:14.99	(45.24)	1800m	2:52.16	(39.17)		
		2200m	4:01.87	(46.88)	2200m	3:31.47	(39.31)		
		2600m	4:49.82	(47.95)	2600m	4:10.36	(38.89)		
		3000m	5:36.13	(46.31)	3000m	4:48.22	(37.86)		

		Name		Cat		PB		Time	Info
68	yw	24	Kalista Lamers		DB1			5:15.51	
	bl	51	Huub Smeets		HB1			5:21.35	
		Kalista Lamers			Huub Smeets				
		200m	23.77	(23.77)	200m	23.83	(23.83)		
		600m	1:03.52	(39.75)	600m	1:03.13	(39.30)		
		1000m	1:43.87	(40.35)	1000m	1:44.42	(41.29)		
		1400m	2:25.08	(41.21)	1400m	2:27.03	(42.61)		
		1800m	3:06.83	(41.75)	1800m	3:10.32	(43.29)		
		2200m	3:49.21	(42.38)	2200m	3:54.42	(44.10)		
		2600m	4:32.06	(42.85)	2600m	4:38.31	(43.89)		
		3000m	5:15.51	(43.45)	3000m	5:21.35	(43.04)		

Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

		Name		Cat		PB		Time	Info
69	wt	34	Dirk van Zoest		H45		5:02.54	4:53.72	PB
	rd	35	Marcel Bloemenkamp		H55		5:21.39	5:24.09	
		Dirk van Zoest			Marcel Bloemenkamp				
		200m	22.33	(22.33)	200m	24.40	(24.40)		
		600m	57.84	(35.51)	600m	1:02.74	(38.34)		
		1000m	1:35.55	(37.71)	1000m	1:43.26	(40.52)		
		1400m	2:14.49	(38.94)	1400m	2:25.70	(42.44)		
		1800m	2:53.74	(39.25)	1800m	3:09.43	(43.73)		
		2200m	3:32.99	(39.25)	2200m	3:54.15	(44.72)		
		2600m	4:13.41	(40.42)	2600m	4:38.83	(44.68)		
		3000m	4:53.72	(40.31)	3000m	5:24.09	(45.26)		

		Name		Cat		PB		Time	Info
70	yw	8	Zoë Tiemens		DN2		4:58.88	5:04.36	
	bl	2	Mees Klunder		HC1		4:59.77	4:56.42	PB
		Zoë Tiemens			Mees Klunder				
		200m	22.27	(22.27)	200m	21.37	(21.37)		
		600m	59.31	(37.04)	600m	57.58	(36.21)		
		1000m	1:37.55	(38.24)	1000m	1:35.49	(37.91)		
		1400m	2:16.44	(38.89)	1400m	2:13.62	(38.13)		
		1800m	2:56.39	(39.95)	1800m	2:52.66	(39.04)		
		2200m	3:38.02	(41.63)	2200m	3:33.49	(40.83)		
		2600m	4:20.56	(42.54)	2600m	4:15.03	(41.54)		
		3000m	5:04.36	(43.80)	3000m	4:56.42	(41.39)		

Referee:

Assistant:

Starter:

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

10. Result 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	15 Christiaan Abeelen	H50	72	I	8:17.65	
2	65 Wiebe de Rijk	HA1	71	I	8:25.18	
3	55 Henk Hendriksen	HSB	71	O	8:25.98 PB	
4	17 Henk Liefink	H50	72	O	8:38.66	

Referee:

Assistant:

Starter:

From 3/8/2023 5:15:00 PM to 3/8/2023 7:39:13 PM

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Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

8 March 2023

10. Race Result 5000 meter

	Name	Cat	PB	Time	Info
71	wt 65 Wiebe de Rijk	HA1		8:25.18	
	rd 55 Henk Hendriksen	HSB	8:44.78	8:25.98	PB
	Wiebe de Rijk				
	200m	22.24 (22.24)			
	600m	1:00.52 (38.28)			
	1000m	1:39.47 (38.95)			
	1400m	2:18.78 (39.31)			
	1800m	2:58.07 (39.29)			
	2200m	3:37.99 (39.92)			
	2600m	4:17.81 (39.82)			
	3000m	4:57.95 (40.14)			
	3400m	5:38.70 (40.75)			
	3800m	6:20.19 (41.49)			
	4200m	7:01.95 (41.76)			
	4600m	7:44.37 (42.42)			
	5000m	8:25.18 (40.81)			
	Henk Hendriksen				
	200m	24.85 (24.85)			
	600m	1:03.39 (38.54)			
	1000m	1:42.89 (39.50)			
	1400m	2:22.61 (39.72)			
	1800m	3:01.89 (39.28)			
	2200m	3:41.86 (39.97)			
	2600m	4:21.64 (39.78)			
	3000m	5:01.68 (40.04)			
	3400m	5:42.35 (40.67)			
	3800m	6:23.71 (41.36)			
	4200m	7:04.91 (41.20)			
	4600m	7:46.07 (41.16)			
	5000m	8:25.98 (39.91)			

	Name	Cat	PB	Time	Info
72	yw 15 Christiaan Abeelen	H50	8:07.25	8:17.65	
	bl 17 Henk Liefink	H50	8:29.85	8:38.66	
	Christiaan Abeelen				
	200m	23.17 (23.17)			
	600m	1:01.83 (38.66)			
	1000m	1:40.76 (38.93)			
	1400m	2:19.49 (38.73)			
	1800m	2:58.27 (38.78)			
	2200m	3:37.20 (38.93)			
	2600m	4:16.71 (39.51)			
	3000m	4:56.94 (40.23)			
	3400m	5:37.39 (40.45)			
	3800m	6:17.46 (40.07)			
	4200m	6:57.82 (40.36)			
	4600m	7:38.23 (40.41)			
	5000m	8:17.65 (39.42)			
	Henk Liefink				
	200m	24.91 (24.91)			
	600m	1:03.25 (38.34)			
	1000m	1:42.71 (39.46)			
	1400m	2:22.93 (40.22)			
	1800m	3:02.86 (39.93)			
	2200m	3:43.33 (40.47)			
	2600m	4:24.32 (40.99)			
	3000m	5:06.06 (41.74)			
	3400m	5:48.73 (42.67)			
	3800m	6:31.45 (42.72)			
	4200m	7:14.24 (42.79)			
	4600m	7:57.05 (42.81)			
	5000m	8:38.66 (41.61)			

Referee:

Assistant:

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