

## 1. Uitslag Dames - Jun C - 500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 1   | 29 Quinty Hersi          | DC2 | 14   | O    | 44.25 |      |        |
| 2   | 75 Indy Veerman          | DC2 | 12   | I    | 45.05 |      |        |
| 3   | 13 Diede Brandts         | DC2 | 9    | I    | 45.18 |      |        |
| 4   | 63 Noa Petitjean         | DC1 | 13   | I    | 45.25 |      |        |
| 5   | 47 Fabienne Maarse       | DC2 | 14   | I    | 45.44 |      |        |
| 6   | 12 Merthe Boos           | DC1 | 10   | I    | 46.21 |      |        |
| 7   | 44 Rosan Kuip            | DC1 | 13   | O    | 46.36 |      |        |
| 8   | 73 Sarah Stolwijk        | DC1 | 11   | I    | 46.59 |      |        |
| 9   | 55 Mariël Mur            | DC1 | 9    | O    | 46.75 |      |        |
| 10  | 16 Anna Dekker           | DC2 | 10   | O    | 47.21 |      |        |
| 11  | 9 Tirza Blokland         | DC2 | 11   | O    | 47.36 |      |        |
| 12  | 71 Wende Smit            | DC2 | 8    | O    | 48.30 |      |        |
| 13  | 86 Britt van Wijk        | DC2 | 7    | O    | 48.51 |      |        |
| 14  | 7 Femke van Beek         | DC1 | 6    | I    | 49.08 |      |        |
| 15  | 1 Miranda van den Akker  | DC1 | 7    | I    | 49.13 |      |        |
| 16  | 2 Lianne van Assema      | DC1 | 8    | I    | 49.26 |      |        |
| 17  | 62 Noor van der Peet     | DC1 | 4    | O    | 49.72 | PR   |        |
| 18  | 18 Evy van Duijn         | DC2 | 6    | O    | 49.75 |      |        |
| 19  | 8 Quinty Bloedjes        | DC2 | 4    | I    | 50.02 |      |        |
| 20  | 24 Lena de Groot         | DC1 | 3    | I    | 50.49 | PR   |        |
| 21  | 28 Maaïke Haveman        | DC1 | 5    | I    | 50.94 | PR   |        |
| 22  | 37 Digna Jousse          | DC1 | 5    | O    | 51.52 | PR   |        |
| 23  | 50 Charissa de Mes       | DC1 | 3    | O    | 52.51 | PR   |        |
| 24  | 74 Wieke van Stuivenberg | DC1 | 1    | I    | 57.03 | PR   |        |
|     | 26 Sari Harder           | DC2 | 12   | O    | DQ    |      |        |

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|  |    | Naam                            | Cat                      | PR      | Tijd         | Info          |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|--|----|---------------------------------|--------------------------|---------|--------------|---------------|------------------------------|--|------|--------------------------|---------|------|---------------|---|----|--------------------------|-------|---------|--------------|---------------|----|-----------------------------|------|-------|--------------|------|---|--|--|--|--|--|--|------------------------|--|---|--------------------------|--|--|---|--|--|------|-------|---------|------|---------------|--|--|------|-------|---------|------|---------------|--|--|--|--|--|--|--|--|--|------|-------|---------|------|---------------|--|--|------|-------|---------|------|---------------|
| 1  | wt | 74 <b>Wieke van Stuivenberg</b> | DC1                      | 57.79   | <b>57.03</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  | rd |                                 |                          |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <table border="0" style="width: 100%;"> <tr> <td colspan="7"><b>Wieke van Stuivenberg</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>14.14</td> <td>(14.14)</td> <td></td> <td>m</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>57.03</td> <td>(42.89)</td> <td></td> <td></td> </tr> </table>   |    |                                 |                          |         |              |               | <b>Wieke van Stuivenberg</b> |  |      |                          |         |      |               |   |    | 100m                     | 14.14 | (14.14) |              | m             |    |                             | 500m | 57.03 | (42.89)      |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <b>Wieke van Stuivenberg</b>   |    |                                 |                          |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 100m                            | 14.14                    | (14.14) |              | m             |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 57.03                    | (42.89) |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <table border="0" style="width: 100%;"> <tr> <td></td> <td></td> <td>m</td> <td></td> <td></td> <td></td> <td>m</td> </tr> </table>  |    |                                 |                          |         |              |               |                              |  | m    |                          |         |      | m             |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | m                               |                          |         |              | m             |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <table border="1"> <thead> <tr> <th></th> <th></th> <th>Naam</th> <th>Cat</th> <th>PR</th> <th>Tijd</th> <th>Info</th> </tr> </thead> <tbody> <tr> <td rowspan="2">2</td> <td>gl</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>bl</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td colspan="7"> <table border="0" style="width: 100%;"> <tr> <td></td> <td></td> <td>m</td> <td></td> <td></td> <td></td> <td>m</td> </tr> </table> </td> </tr> </tbody> </table>   |    |                                 |                          |         |              |               |                              |  | Naam | Cat                      | PR      | Tijd | Info          | 2 | gl |                          |       |         |              |               | bl |                             |      |       |              |      | <table border="0" style="width: 100%;"> <tr> <td></td> <td></td> <td>m</td> <td></td> <td></td> <td></td> <td>m</td> </tr> </table>   |  |  |  |  |  |  |                        |  | m |                          |  |  | m |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | Naam                            | Cat                      | PR      | Tijd         | Info          |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| 2  | gl |                                 |                          |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  | bl |                                 |                          |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | m                               |                          |         |              | m             |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | Naam                            | Cat                      | PR      | Tijd         | Info          |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| 3  | wt | 24 <b>Lena de Groot</b>         | DC1                      | 50.82   | <b>50.49</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  | rd | 50 <b>Charissa de Mes</b>       | DC1                      | 53.50   | <b>52.51</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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| <b>Lena de Groot</b>   |    |                                 | <b>Charissa de Mes</b>   |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 100m                            | 13.19                    | (13.19) | 100m         | 14.25 (14.25) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.49                    | (37.30) | 500m         | 52.51 (38.26) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | 100m                            | 13.45                    | (13.45) | 100m         | 13.01 (13.01) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.02                    | (36.57) | 500m         | 49.72 (36.71) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | Naam                            | Cat                      | PR      | Tijd         | Info          |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| 4  | gl | 8 <b>Quinty Bloedjes</b>        | DC2                      | 49.73   | <b>50.02</b> |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  | bl | 62 <b>Noor van der Peet</b>     | DC1                      | 49.82   | <b>49.72</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <table border="0" style="width: 100%;"> <tr> <td colspan="3"><b>Quinty Bloedjes</b></td> <td colspan="4"><b>Noor van der Peet</b></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.45</td> <td>(13.45)</td> <td>100m</td> <td>13.01 (13.01)</td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>50.02</td> <td>(36.57)</td> <td>500m</td> <td>49.72 (36.71)</td> </tr> </table>  |    |                                 |                          |         |              |               | <b>Quinty Bloedjes</b>       |  |      | <b>Noor van der Peet</b> |         |      |               |   |    | 100m                     | 13.45 | (13.45) | 100m         | 13.01 (13.01) |    |                             | 500m | 50.02 | (36.57)      | 500m | 49.72 (36.71)   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| <b>Quinty Bloedjes</b>   |    |                                 | <b>Noor van der Peet</b> |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 100m                            | 13.45                    | (13.45) | 100m         | 13.01 (13.01) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.02                    | (36.57) | 500m         | 49.72 (36.71) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | 100m                            | 13.39                    | (13.39) | 100m         | 13.85 (13.85) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.94                    | (37.55) | 500m         | 51.52 (37.67) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | Naam                            | Cat                      | PR      | Tijd         | Info          |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
| 5  | wt | 28 <b>Maaïke Haveman</b>        | DC1                      | 51.74   | <b>50.94</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  | rd | 37 <b>Digna Josse</b>           | DC1                      | 52.29   | <b>51.52</b> | PR            |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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| <b>Maaïke Haveman</b>  |    |                                 | <b>Digna Josse</b>       |         |              |               |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 100m                            | 13.39                    | (13.39) | 100m         | 13.85 (13.85) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.94                    | (37.55) | 500m         | 51.52 (37.67) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
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|  |    | 100m                            | 13.39                    | (13.39) | 100m         | 13.85 (13.85) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |
|  |    | 500m                            | 50.94                    | (37.55) | 500m         | 51.52 (37.67) |                              |  |      |                          |         |      |               |   |    |                          |       |         |              |               |    |                             |      |       |              |      |   |  |  |  |  |  |  |                        |  |   |                          |  |  |   |  |  |      |       |         |      |               |  |  |      |       |         |      |               |  |  |  |  |  |  |  |  |  |      |       |         |      |               |  |  |      |       |         |      |               |

|   |    | Naam |                       | Cat   |         | PR   |                      | Tijd  | Info          |
|---|----|------|-----------------------|-------|---------|------|----------------------|-------|---------------|
| 6 | gl | 7    | <b>Femke van Beek</b> |       | DC1     |      |                      | 48.36 | <b>49.08</b>  |
|   | bl | 18   | <b>Evy van Duijn</b>  |       | DC2     |      |                      | 48.95 | <b>49.75</b>  |
|   |    |      | <b>Femke van Beek</b> |       |         |      | <b>Evy van Duijn</b> |       |               |
|   |    |      | 100m                  | 12.92 | (12.92) | 100m |                      |       | 13.07 (13.07) |
|   |    |      | 500m                  | 49.08 | (36.16) | 500m |                      |       | 49.75 (36.68) |

|   |    | Naam |                              | Cat   |         | PR   |                       | Tijd  | Info          |
|---|----|------|------------------------------|-------|---------|------|-----------------------|-------|---------------|
| 7 | wt | 1    | <b>Miranda van den Akker</b> |       | DC1     |      |                       | 47.81 | <b>49.13</b>  |
|   | rd | 86   | <b>Britt van Wijk</b>        |       | DC2     |      |                       | 47.48 | <b>48.51</b>  |
|   |    |      | <b>Miranda van den Akker</b> |       |         |      | <b>Britt van Wijk</b> |       |               |
|   |    |      | 100m                         | 13.14 | (13.14) | 100m |                       |       | 13.02 (13.02) |
|   |    |      | 500m                         | 49.13 | (35.99) | 500m |                       |       | 48.51 (35.49) |

|   |    | Naam |                          | Cat   |         | PR   |                   | Tijd  | Info          |
|---|----|------|--------------------------|-------|---------|------|-------------------|-------|---------------|
| 8 | gl | 2    | <b>Lianne van Assema</b> |       | DC1     |      |                   | 47.06 | <b>49.26</b>  |
|   | bl | 71   | <b>Wende Smit</b>        |       | DC2     |      |                   | 47.00 | <b>48.30</b>  |
|   |    |      | <b>Lianne van Assema</b> |       |         |      | <b>Wende Smit</b> |       |               |
|   |    |      | 100m                     | 13.71 | (13.71) | 100m |                   |       | 13.09 (13.09) |
|   |    |      | 500m                     | 49.26 | (35.55) | 500m |                   |       | 48.30 (35.21) |

|   |    | Naam |                      | Cat   |         | PR   |                   | Tijd  | Info          |
|---|----|------|----------------------|-------|---------|------|-------------------|-------|---------------|
| 9 | wt | 13   | <b>Diede Brandts</b> |       | DC2     |      |                   | 44.76 | <b>45.18</b>  |
|   | rd | 55   | <b>Mariël Mur</b>    |       | DC1     |      |                   | 46.07 | <b>46.75</b>  |
|   |    |      | <b>Diede Brandts</b> |       |         |      | <b>Mariël Mur</b> |       |               |
|   |    |      | 100m                 | 12.43 | (12.43) | 100m |                   |       | 12.37 (12.37) |
|   |    |      | 500m                 | 45.18 | (32.75) | 500m |                   |       | 46.75 (34.38) |

|    |    | Naam |                    | Cat   |         | PR   |                    | Tijd  | Info          |
|----|----|------|--------------------|-------|---------|------|--------------------|-------|---------------|
| 10 | gl | 12   | <b>Merthe Boos</b> |       | DC1     |      |                    | 45.99 | <b>46.21</b>  |
|    | bl | 16   | <b>Anna Dekker</b> |       | DC2     |      |                    | 46.07 | <b>47.21</b>  |
|    |    |      | <b>Merthe Boos</b> |       |         |      | <b>Anna Dekker</b> |       |               |
|    |    |      | 100m               | 12.31 | (12.31) | 100m |                    |       | 12.80 (12.80) |
|    |    |      | 500m               | 46.21 | (33.90) | 500m |                    |       | 47.21 (34.41) |

|    |    | Naam                  |                       |         | Cat                   | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 11 | wt | 73                    | <b>Sarah Stolwijk</b> |         | DC1                   | 45.44 | <b>46.59</b> |      |
|    | rd | 9                     | <b>Tirza Blokland</b> |         | DC2                   | 46.71 | <b>47.36</b> |      |
|    |    | <b>Sarah Stolwijk</b> |                       |         | <b>Tirza Blokland</b> |       |              |      |
|    |    | 100m                  | 12.65                 | (12.65) | 100m                  | 13.02 | (13.02)      |      |
|    |    | 500m                  | 46.59                 | (33.94) | 500m                  | 47.36 | (34.34)      |      |

|    |    | Naam                |                     |         | Cat                | PR    | Tijd         | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|--------------|------|
| 12 | gl | 75                  | <b>Indy Veerman</b> |         | DC2                | 44.54 | <b>45.05</b> |      |
|    | bl | 26                  | <b>Sari Harder</b>  |         | DC2                | 43.37 | <b>DQ</b>    |      |
|    |    | <b>Indy Veerman</b> |                     |         | <b>Sari Harder</b> |       |              |      |
|    |    | 100m                | 12.27               | (12.27) |                    |       |              |      |
|    |    | 500m                | 45.05               | (32.78) |                    |       |              |      |

|    |    | Naam                 |                      |         | Cat               | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|-------------------|-------|--------------|------|
| 13 | wt | 63                   | <b>Noa Petitjean</b> |         | DC1               | 44.74 | <b>45.25</b> |      |
|    | rd | 44                   | <b>Rosan Kuip</b>    |         | DC1               | 44.32 | <b>46.36</b> |      |
|    |    | <b>Noa Petitjean</b> |                      |         | <b>Rosan Kuip</b> |       |              |      |
|    |    | 100m                 | 12.30                | (12.30) | 100m              | 12.26 | (12.26)      |      |
|    |    | 500m                 | 45.25                | (32.95) | 500m              | 46.36 | (34.10)      |      |

|    |    | Naam                   |                        |         | Cat                 | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|--------------|------|
| 14 | gl | 47                     | <b>Fabienne Maarse</b> |         | DC2                 | 44.32 | <b>45.44</b> |      |
|    | bl | 29                     | <b>Quinty Hersi</b>    |         | DC2                 | 42.70 | <b>44.25</b> |      |
|    |    | <b>Fabienne Maarse</b> |                        |         | <b>Quinty Hersi</b> |       |              |      |
|    |    | 100m                   | 12.33                  | (12.33) | 100m                | 11.76 | (11.76)      |      |
|    |    | 500m                   | 45.44                  | (33.11) | 500m                | 44.25 | (32.49)      |      |

## 2. Uitslag Heren - Jun C - 500 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------------|-----|------|------|---------|------|--------|
| 1   | 35 Sven Huizinga                | HC2 | 28   | I    | 40.76   |      |        |
| 2   | 58 Gijs Nolen                   | HC2 | 29   | O    | 42.35   |      |        |
| 3   | 79 Stijn Vlieland               | HC1 | 30   | I    | 42.44   |      |        |
| 4   | 49 Yoshua Meeuwenoord           | HC2 | 29   | I    | 42.97   |      |        |
| 5   | 25 Moos van Hall                | HC1 | 26   | O    | 43.47   |      |        |
| 6   | 19 Simon Eijrond                | HC2 | 26   | I    | 43.51   |      |        |
| 7   | 52 Onne van Miltenburg          | HC2 | 30   | O    | 43.64   |      |        |
| 8   | 45 Wessel Lamme                 | HC2 | 25   | O    | 43.68   | PR   |        |
| 9   | 36 Lars van Ipenburg            | HC2 | 25   | I    | 43.74   |      |        |
| 10  | 78 Floris Verploeg              | HC2 | 27   | O    | 44.34   |      |        |
| 11  | 30 Tom van Hofwegen             | HC1 | 23   | I    | 44.47   | PR   |        |
| 12  | 23 Lars Groenheiden             | HC2 | 27   | I    | 44.60   |      |        |
| 13  | 10 Jelle de Bock                | HC2 | 24   | I    | 45.00   |      |        |
| 14  | 68 Vigho Roodenburg             | HC2 | 24   | O    | 45.33   |      |        |
| 15  | 31 Luc Hogenboom                | HC1 | 23   | O    | 45.62   |      |        |
| 16  | 59 Joris Onink                  | HC2 | 19   | O    | 45.76   | PR   |        |
| 17  | 11 Bruno Bonetti                | HC2 | 19   | I    | 46.16   |      |        |
| 18  | 76 Koen Veerman                 | HC1 | 22   | O    | 46.26   |      |        |
| 19  | 56 Dan Nastas                   | HC2 | 21   | I    | 46.41   |      |        |
| 20  | 83 Stijn de Vries               | HC2 | 22   | I    | 46.45   |      |        |
| 21  | 20 Jarne Feenstra               | HC1 | 20   | I    | 46.54   | PR   |        |
| 22  | 51 Nathan van der Meulen        | HC2 | 21   | O    | 47.09   |      |        |
| 23  | 39 Ingmar Kaizer                | HC2 | 20   | O    | 47.22   |      |        |
| 24  | 66 Kai Pronk                    | HC1 | 18   | I    | 48.48   | PR   |        |
| 25  | 87 Kjeld Wijker                 | HC1 | 18   | O    | 48.92   |      |        |
| 26  | 17 Alain Delmee                 | HC1 | 17   | I    | 49.61   |      |        |
| 27  | 33 Jari Hoogeboom               | HC2 | 17   | O    | 49.83   |      |        |
| 28  | 84 Luuk van Waggendorff van Ryn | HC1 | 16   | I    | 50.58   |      |        |
| 29  | 53 Chris Molenaar               | HC2 | 15   | I    | 53.07   |      |        |
| 30  | 32 Arend Holman                 | HC1 | 16   | O    | 1:05.35 | FL   |        |
|     | 5 David Baas                    | HC1 | 28   | O    | DQ      |      |        |

## 2. Rituitslag Heren - Jun C - 500 meter

|    |          | Naam                  |                       | Cat     |     | PR    | Tijd         | Info |
|----|----------|-----------------------|-----------------------|---------|-----|-------|--------------|------|
| 15 | wt<br>rd | 53                    | <b>Chris Molenaar</b> |         | HC2 | 52.16 | <b>53.07</b> |      |
|    |          | <b>Chris Molenaar</b> |                       |         |     |       |              |      |
|    |          | 100m                  | 13.95                 | (13.95) | m   |       |              |      |
|    |          | 500m                  | 53.07                 | (39.12) |     |       |              |      |

|    |          | Naam                               |                                    | Cat                 |      | PR      | Tijd           | Info |
|----|----------|------------------------------------|------------------------------------|---------------------|------|---------|----------------|------|
| 16 | gl<br>bl | 84                                 | <b>Luuk van Wagendorff van Ryn</b> |                     | HC1  | 50.21   | <b>50.58</b>   |      |
|    |          | 32                                 | <b>Arend Holman</b>                |                     | HC1  | 49.81   | <b>1:05.35</b> | FL   |
|    |          | <b>Luuk van Wagendorff van Ryn</b> |                                    | <b>Arend Holman</b> |      |         |                |      |
|    |          | 100m                               | 13.22                              | (13.22)             | 100m | 12.96   | (12.96)        |      |
|    |          | 500m                               | 50.58                              | (37.36)             | 500m | 1:05.35 | (52.39)        |      |

|    |          | Naam                |                       | Cat                   |      | PR    | Tijd         | Info |
|----|----------|---------------------|-----------------------|-----------------------|------|-------|--------------|------|
| 17 | wt<br>rd | 17                  | <b>Alain Delmee</b>   |                       | HC1  | 49.38 | <b>49.61</b> |      |
|    |          | 33                  | <b>Jari Hoogeboom</b> |                       | HC2  | 48.34 | <b>49.83</b> |      |
|    |          | <b>Alain Delmee</b> |                       | <b>Jari Hoogeboom</b> |      |       |              |      |
|    |          | 100m                | 13.09                 | (13.09)               | 100m | 12.86 | (12.86)      |      |
|    |          | 500m                | 49.61                 | (36.52)               | 500m | 49.83 | (36.97)      |      |

|    |          | Naam             |                     | Cat                 |      | PR    | Tijd         | Info |
|----|----------|------------------|---------------------|---------------------|------|-------|--------------|------|
| 18 | gl<br>bl | 66               | <b>Kai Pronk</b>    |                     | HC1  | 48.95 | <b>48.48</b> | PR   |
|    |          | 87               | <b>Kjeld Wijker</b> |                     | HC1  | 48.10 | <b>48.92</b> |      |
|    |          | <b>Kai Pronk</b> |                     | <b>Kjeld Wijker</b> |      |       |              |      |
|    |          | 100m             | 12.48               | (12.48)             | 100m | 12.96 | (12.96)      |      |
|    |          | 500m             | 48.48               | (36.00)             | 500m | 48.92 | (35.96)      |      |

|    |          | Naam                 |                      | Cat                |      | PR    | Tijd         | Info |
|----|----------|----------------------|----------------------|--------------------|------|-------|--------------|------|
| 19 | wt<br>rd | 11                   | <b>Bruno Bonetti</b> |                    | HC2  | 45.79 | <b>46.16</b> |      |
|    |          | 59                   | <b>Joris Onink</b>   |                    | HC2  | 46.33 | <b>45.76</b> | PR   |
|    |          | <b>Bruno Bonetti</b> |                      | <b>Joris Onink</b> |      |       |              |      |
|    |          | 100m                 | 12.23                | (12.23)            | 100m | 12.19 | (12.19)      |      |
|    |          | 500m                 | 46.16                | (33.93)            | 500m | 45.76 | (33.57)      |      |

|    |    | Naam |                       | Cat   |         | PR   |                      | Tijd  | Info            |  |
|----|----|------|-----------------------|-------|---------|------|----------------------|-------|-----------------|--|
| 20 | gl | 20   | <b>Jarne Feenstra</b> |       | HC1     |      |                      | 46.84 | <b>46.54</b> PR |  |
|    | bl | 39   | <b>Ingmar Kaizer</b>  |       | HC2     |      |                      | 46.60 | <b>47.22</b>    |  |
|    |    |      | <b>Jarne Feenstra</b> |       |         |      | <b>Ingmar Kaizer</b> |       |                 |  |
|    |    |      | 100m                  | 12.56 | (12.56) | 100m |                      |       | 12.47 (12.47)   |  |
|    |    |      | 500m                  | 46.54 | (33.98) | 500m |                      |       | 47.22 (34.75)   |  |

|    |    | Naam |                              | Cat   |         | PR   |                              | Tijd  | Info          |  |
|----|----|------|------------------------------|-------|---------|------|------------------------------|-------|---------------|--|
| 21 | wt | 56   | <b>Dan Nastas</b>            |       | HC2     |      |                              | 45.50 | <b>46.41</b>  |  |
|    | rd | 51   | <b>Nathan van der Meulen</b> |       | HC2     |      |                              | 46.49 | <b>47.09</b>  |  |
|    |    |      | <b>Dan Nastas</b>            |       |         |      | <b>Nathan van der Meulen</b> |       |               |  |
|    |    |      | 100m                         | 12.03 | (12.03) | 100m |                              |       | 12.39 (12.39) |  |
|    |    |      | 500m                         | 46.41 | (34.38) | 500m |                              |       | 47.09 (34.70) |  |

|    |    | Naam |                       | Cat   |         | PR   |                     | Tijd  | Info          |  |
|----|----|------|-----------------------|-------|---------|------|---------------------|-------|---------------|--|
| 22 | gl | 83   | <b>Stijn de Vries</b> |       | HC2     |      |                     | 44.58 | <b>46.45</b>  |  |
|    | bl | 76   | <b>Koen Veerman</b>   |       | HC1     |      |                     | 45.31 | <b>46.26</b>  |  |
|    |    |      | <b>Stijn de Vries</b> |       |         |      | <b>Koen Veerman</b> |       |               |  |
|    |    |      | 100m                  | 12.71 | (12.71) | 100m |                     |       | 12.77 (12.77) |  |
|    |    |      | 500m                  | 46.45 | (33.74) | 500m |                     |       | 46.26 (33.49) |  |

|    |    | Naam |                         | Cat   |         | PR   |                      | Tijd  | Info            |  |
|----|----|------|-------------------------|-------|---------|------|----------------------|-------|-----------------|--|
| 23 | wt | 30   | <b>Tom van Hofwegen</b> |       | HC1     |      |                      | 44.89 | <b>44.47</b> PR |  |
|    | rd | 31   | <b>Luc Hogenboom</b>    |       | HC1     |      |                      | 44.73 | <b>45.62</b>    |  |
|    |    |      | <b>Tom van Hofwegen</b> |       |         |      | <b>Luc Hogenboom</b> |       |                 |  |
|    |    |      | 100m                    | 11.87 | (11.87) | 100m |                      |       | 11.66 (11.66)   |  |
|    |    |      | 500m                    | 44.47 | (32.60) | 500m |                      |       | 45.62 (33.96)   |  |

|    |    | Naam |                         | Cat   |         | PR   |                         | Tijd  | Info          |  |
|----|----|------|-------------------------|-------|---------|------|-------------------------|-------|---------------|--|
| 24 | gl | 10   | <b>Jelle de Bock</b>    |       | HC2     |      |                         | 43.97 | <b>45.00</b>  |  |
|    | bl | 68   | <b>Vigho Roodenburg</b> |       | HC2     |      |                         | 45.25 | <b>45.33</b>  |  |
|    |    |      | <b>Jelle de Bock</b>    |       |         |      | <b>Vigho Roodenburg</b> |       |               |  |
|    |    |      | 100m                    | 11.87 | (11.87) | 100m |                         |       | 12.44 (12.44) |  |
|    |    |      | 500m                    | 45.00 | (33.13) | 500m |                         |       | 45.33 (32.89) |  |

|    |    | Naam                        | Cat | PR                  | Tijd         | Info |
|----|----|-----------------------------|-----|---------------------|--------------|------|
| 25 | wt | 36 <b>Lars van Ipenburg</b> | HC2 | 42.89               | <b>43.74</b> |      |
|    | rd | 45 <b>Wessel Lamme</b>      | HC2 | 43.70               | <b>43.68</b> | PR   |
|    |    | <b>Lars van Ipenburg</b>    |     | <b>Wessel Lamme</b> |              |      |
|    |    | 100m 11.82 (11.82)          |     | 100m 11.69 (11.69)  |              |      |
|    |    | 500m 43.74 (31.92)          |     | 500m 43.68 (31.99)  |              |      |

|    |    | Naam                    | Cat | PR                   | Tijd         | Info |
|----|----|-------------------------|-----|----------------------|--------------|------|
| 26 | gl | 19 <b>Simon Eijrond</b> | HC2 | 43.13                | <b>43.51</b> |      |
|    | bl | 25 <b>Moos van Hall</b> | HC1 | 43.32                | <b>43.47</b> |      |
|    |    | <b>Simon Eijrond</b>    |     | <b>Moos van Hall</b> |              |      |
|    |    | 100m 11.51 (11.51)      |     | 100m 11.96 (11.96)   |              |      |
|    |    | 500m 43.51 (32.00)      |     | 500m 43.47 (31.51)   |              |      |

|    |    | Naam                       | Cat | PR                     | Tijd         | Info |
|----|----|----------------------------|-----|------------------------|--------------|------|
| 27 | wt | 23 <b>Lars Groenheiden</b> | HC2 | 43.75                  | <b>44.60</b> |      |
|    | rd | 78 <b>Floris Verploeg</b>  | HC2 | 43.47                  | <b>44.34</b> |      |
|    |    | <b>Lars Groenheiden</b>    |     | <b>Floris Verploeg</b> |              |      |
|    |    | 100m 12.12 (12.12)         |     | 100m 12.29 (12.29)     |              |      |
|    |    | 500m 44.60 (32.48)         |     | 500m 44.34 (32.05)     |              |      |

|    |    | Naam                    | Cat | PR                | Tijd         | Info |
|----|----|-------------------------|-----|-------------------|--------------|------|
| 28 | gl | 35 <b>Sven Huizinga</b> | HC2 | 39.92             | <b>40.76</b> |      |
|    | bl | 5 <b>David Baas</b>     | HC1 | 41.96             | <b>DQ</b>    |      |
|    |    | <b>Sven Huizinga</b>    |     | <b>David Baas</b> |              |      |
|    |    | 100m 11.30 (11.30)      |     |                   |              |      |
|    |    | 500m 40.76 (29.46)      |     |                   |              |      |

|    |    | Naam                         | Cat | PR                 | Tijd         | Info |
|----|----|------------------------------|-----|--------------------|--------------|------|
| 29 | wt | 49 <b>Yoshua Meeuwenoord</b> | HC2 | 42.12              | <b>42.97</b> |      |
|    | rd | 58 <b>Gijs Nolen</b>         | HC2 | 40.39              | <b>42.35</b> |      |
|    |    | <b>Yoshua Meeuwenoord</b>    |     | <b>Gijs Nolen</b>  |              |      |
|    |    | 100m 11.70 (11.70)           |     | 100m 11.38 (11.38) |              |      |
|    |    | 500m 42.97 (31.27)           |     | 500m 42.35 (30.97) |              |      |



|    |    | Naam                  |                            | Cat     |      | PR                         | Tijd         | Info |
|----|----|-----------------------|----------------------------|---------|------|----------------------------|--------------|------|
| 30 | gl | 79                    | <b>Stijn Vlieland</b>      |         |      | 42.00                      | <b>42.44</b> |      |
|    | bl | 52                    | <b>Onne van Miltenburg</b> |         |      | 42.77                      | <b>43.64</b> |      |
|    |    | <b>Stijn Vlieland</b> |                            |         |      | <b>Onne van Miltenburg</b> |              |      |
|    |    | 100m                  | 11.72                      | (11.72) | 100m | 12.00                      | (12.00)      |      |
|    |    | 500m                  | 42.44                      | (30.72) | 500m | 43.64                      | (31.64)      |      |

## 3. Uitslag Dames - Jun C - 1500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 29 Quinty Hersi          | DC2 | 42   | O    | 2:18.45 |      |        |
| 2   | 26 Sari Harder           | DC2 | 43   | O    | 2:18.65 |      |        |
| 3   | 13 Diede Brandts         | DC2 | 43   | I    | 2:22.04 |      |        |
| 4   | 47 Fabienne Maarse       | DC2 | 44   | I    | 2:24.10 |      |        |
| 5   | 44 Rosan Kuip            | DC1 | 44   | O    | 2:24.56 |      |        |
| 6   | 9 Tirza Blokland         | DC2 | 40   | O    | 2:24.75 |      |        |
| 7   | 55 Mariël Mur            | DC1 | 42   | I    | 2:24.85 |      |        |
| 8   | 63 Noa Petitjean         | DC1 | 40   | I    | 2:25.73 |      |        |
| 9   | 75 Indy Veerman          | DC2 | 41   | I    | 2:25.90 |      |        |
| 10  | 71 Wende Smit            | DC2 | 41   | O    | 2:26.45 |      |        |
| 11  | 73 Sarah Stolwijk        | DC1 | 39   | O    | 2:26.63 |      |        |
| 12  | 2 Lianne van Assema      | DC1 | 36   | I    | 2:26.97 |      |        |
| 13  | 16 Anna Dekker           | DC2 | 39   | I    | 2:28.51 |      |        |
| 14  | 1 Miranda van den Akker  | DC1 | 38   | O    | 2:29.28 |      |        |
| 15  | 7 Femke van Beek         | DC1 | 37   | O    | 2:32.65 |      |        |
| 16  | 18 Evy van Duijn         | DC2 | 38   | I    | 2:34.09 |      |        |
| 17  | 62 Noor van der Peet     | DC1 | 33   | O    | 2:34.19 | PR   |        |
| 18  | 86 Britt van Wijk        | DC2 | 36   | O    | 2:36.16 |      |        |
| 19  | 8 Quinty Bloedjes        | DC2 | 33   | I    | 2:37.67 | PR   |        |
| 20  | 37 Digna Josse           | DC1 | 35   | I    | 2:38.39 | PR   |        |
| 21  | 28 Maaïke Haveman        | DC1 | 34   | I    | 2:39.87 | PR   |        |
| 22  | 50 Charissa de Mes       | DC1 | 35   | O    | 2:41.73 | PR   |        |
| 23  | 24 Lena de Groot         | DC1 | 31   | I    | 2:45.09 |      |        |
| 24  | 74 Wieke van Stuivenberg | DC1 | 34   | O    | 3:05.38 | HT   |        |
|     | 12 Merthe Boos           | DC1 |      |      |         | WDR  |        |

## 3. Rituitslag Dames - Jun C - 1500 meter

|    |          | Naam                    | Cat | PR | Tijd           | Info |
|----|----------|-------------------------|-----|----|----------------|------|
| 31 | wt<br>rd | 24 <b>Lena de Groot</b> | DC1 |    | <b>2:45.09</b> |      |

### Lena de Groot

|       |         |         |   |
|-------|---------|---------|---|
| 300m  | 33.32   | (33.32) | m |
| 700m  | 1:15.39 | (42.07) |   |
| 1100m | 2:00.15 | (44.76) |   |
| 1500m | 2:45.09 | (44.94) |   |

|    |          | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 32 | gl<br>bl |      |     |    |      |      |
|    |          |      |     |    |      |      |

|    |    | Naam                        | Cat | PR      | Tijd           | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 33 | wt | 8 <b>Quinty Bloedjes</b>    | DC2 | 2:39.34 | <b>2:37.67</b> | PR   |
|    | rd | 62 <b>Noor van der Peet</b> | DC1 | 2:35.44 | <b>2:34.19</b> | PR   |

### Quinty Bloedjes

|       |         |         |
|-------|---------|---------|
| 300m  | 33.39   | (33.39) |
| 700m  | 1:11.86 | (38.47) |
| 1100m | 1:46.99 | (35.13) |
| 1500m | 2:37.67 | (50.68) |

### Noor van der Peet

|       |         |         |
|-------|---------|---------|
| 300m  | 32.24   | (32.24) |
| 700m  | 1:11.33 | (39.09) |
| 1100m | 1:52.76 | (41.43) |
| 1500m | 2:34.19 | (41.43) |

|    |    | Naam                            | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------|-----|---------|----------------|------|
| 34 | gl | 28 <b>Maaïke Haveman</b>        | DC1 | 2:51.49 | <b>2:39.87</b> | PR   |
|    | bl | 74 <b>Wieke van Stuivenberg</b> | DC1 | 3:15.20 | <b>3:05.38</b> | HT   |

### Maaïke Haveman

|       |         |         |
|-------|---------|---------|
| 300m  | 34.02   | (34.02) |
| 700m  | 1:28.93 | (54.91) |
| 1100m | 2:04.40 | (35.47) |
| 1500m | 2:39.87 | (35.47) |

### Wieke van Stuivenberg

|      |         |          |
|------|---------|----------|
| 300m | 3:05.38 | (185.38) |
|------|---------|----------|

|    |    | Naam                           | Cat | PR      | Tijd                         | Info |
|----|----|--------------------------------|-----|---------|------------------------------|------|
| 35 | wt | 37 <b>Digna Joosse</b>         | DC1 | 2:44.97 | <b>2:38.39</b>               | PR   |
|    | rd | 50 <b>Charissa de Mes</b>      | DC1 | 2:51.02 | <b>2:41.73</b>               | PR   |
|    |    | <b>Digna Joosse</b>            |     |         | <b>Charissa de Mes</b>       |      |
|    |    | 300m 33.59 (33.59)             |     |         | 300m 33.01 (33.01)           |      |
|    |    | 700m 1:13.52 (39.93)           |     |         | 700m 1:12.71 (39.70)         |      |
|    |    | 1100m 1:55.82 (42.30)          |     |         | 1100m 1:56.91 (44.20)        |      |
|    |    | 1500m 2:38.39 (42.57)          |     |         | 1500m 2:41.73 (44.82)        |      |
|    |    | Naam                           | Cat | PR      | Tijd                         | Info |
| 36 | gl | 2 <b>Lianne van Assema</b>     | DC1 | 2:23.15 | <b>2:26.97</b>               |      |
|    | bl | 86 <b>Britt van Wijk</b>       | DC2 | 2:30.34 | <b>2:36.16</b>               |      |
|    |    | <b>Lianne van Assema</b>       |     |         | <b>Britt van Wijk</b>        |      |
|    |    | 300m 32.50 (32.50)             |     |         | 300m 32.94 (32.94)           |      |
|    |    | 700m 1:09.17 (36.67)           |     |         | 700m 1:11.17 (38.23)         |      |
|    |    | 1100m 1:47.83 (38.66)          |     |         | 1100m 1:52.48 (41.31)        |      |
|    |    | 1500m 2:26.97 (39.14)          |     |         | 1500m 2:36.16 (43.68)        |      |
|    |    | Naam                           | Cat | PR      | Tijd                         | Info |
| 37 | wt | 12 <b>Merthe Boos</b>          | DC1 | 2:27.19 | <b>WDR</b>                   |      |
|    | rd | 7 <b>Femke van Beek</b>        | DC1 | 2:26.48 | <b>2:32.65</b>               |      |
|    |    | <b>Merthe Boos</b>             |     |         | <b>Femke van Beek</b>        |      |
|    |    |                                |     |         | 300m 33.12 (33.12)           |      |
|    |    |                                |     |         | 700m 1:12.44 (39.32)         |      |
|    |    |                                |     |         | 1100m 1:52.98 (40.54)        |      |
|    |    |                                |     |         | 1500m 2:32.65 (39.67)        |      |
|    |    | Naam                           | Cat | PR      | Tijd                         | Info |
| 38 | gl | 18 <b>Evy van Duijn</b>        | DC2 | 2:28.48 | <b>2:34.09</b>               |      |
|    | bl | 1 <b>Miranda van den Akker</b> | DC1 | 2:28.27 | <b>2:29.28</b>               |      |
|    |    | <b>Evy van Duijn</b>           |     |         | <b>Miranda van den Akker</b> |      |
|    |    | 300m 32.45 (32.45)             |     |         | 300m 32.11 (32.11)           |      |
|    |    | 700m 1:11.14 (38.69)           |     |         | 700m 1:10.22 (38.11)         |      |
|    |    | 1100m 1:51.69 (40.55)          |     |         | 1100m 1:49.67 (39.45)        |      |
|    |    | 1500m 2:34.09 (42.40)          |     |         | 1500m 2:29.28 (39.61)        |      |

|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info |
|----|----|--------------------------|---------|---------|-----------------------|---------|----------------|------|
| 39 | wt | 16 <b>Anna Dekker</b>    |         |         | DC2                   | 2:22.93 | <b>2:28.51</b> |      |
|    | rd | 73 <b>Sarah Stolwijk</b> |         |         | DC1                   | 2:21.16 | <b>2:26.63</b> |      |
|    |    | <b>Anna Dekker</b>       |         |         | <b>Sarah Stolwijk</b> |         |                |      |
|    |    | 300m                     | 31.63   | (31.63) | 300m                  | 31.60   | (31.60)        |      |
|    |    | 700m                     | 1:08.88 | (37.25) | 700m                  | 1:08.84 | (37.24)        |      |
|    |    | 1100m                    | 1:48.38 | (39.50) | 1100m                 | 1:47.21 | (38.37)        |      |
|    |    | 1500m                    | 2:28.51 | (40.13) | 1500m                 | 2:26.63 | (39.42)        |      |
|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info |
| 40 | gl | 63 <b>Noa Petitjean</b>  |         |         | DC1                   | 2:23.09 | <b>2:25.73</b> |      |
|    | bl | 9 <b>Tirza Blokland</b>  |         |         | DC2                   | 2:22.77 | <b>2:24.75</b> |      |
|    |    | <b>Noa Petitjean</b>     |         |         | <b>Tirza Blokland</b> |         |                |      |
|    |    | 300m                     | 29.99   | (29.99) | 300m                  | 31.57   | (31.57)        |      |
|    |    | 700m                     | 1:06.48 | (36.49) | 700m                  | 1:08.11 | (36.54)        |      |
|    |    | 1100m                    | 1:45.37 | (38.89) | 1100m                 | 1:46.01 | (37.90)        |      |
|    |    | 1500m                    | 2:25.73 | (40.36) | 1500m                 | 2:24.75 | (38.74)        |      |
|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info |
| 41 | wt | 75 <b>Indy Veerman</b>   |         |         | DC2                   | 2:20.28 | <b>2:25.90</b> |      |
|    | rd | 71 <b>Wende Smit</b>     |         |         | DC2                   | 2:22.96 | <b>2:26.45</b> |      |
|    |    | <b>Indy Veerman</b>      |         |         | <b>Wende Smit</b>     |         |                |      |
|    |    | 300m                     | 30.08   | (30.08) | 300m                  | 31.23   | (31.23)        |      |
|    |    | 700m                     | 1:05.66 | (35.58) | 700m                  | 1:08.25 | (37.02)        |      |
|    |    | 1100m                    | 1:45.06 | (39.40) | 1100m                 | 1:47.23 | (38.98)        |      |
|    |    | 1500m                    | 2:25.90 | (40.84) | 1500m                 | 2:26.45 | (39.22)        |      |
|    |    | Naam                     |         |         | Cat                   | PR      | Tijd           | Info |
| 42 | gl | 55 <b>Mariël Mur</b>     |         |         | DC1                   | 2:19.31 | <b>2:24.85</b> |      |
|    | bl | 29 <b>Quinty Hersi</b>   |         |         | DC2                   | 2:12.59 | <b>2:18.45</b> |      |
|    |    | <b>Mariël Mur</b>        |         |         | <b>Quinty Hersi</b>   |         |                |      |
|    |    | 300m                     | 29.97   | (29.97) | 300m                  | 29.05   | (29.05)        |      |
|    |    | 700m                     | 1:05.51 | (35.54) | 700m                  | 1:03.47 | (34.42)        |      |
|    |    | 1100m                    | 1:44.55 | (39.04) | 1100m                 | 1:40.35 | (36.88)        |      |
|    |    | 1500m                    | 2:24.85 | (40.30) | 1500m                 | 2:18.45 | (38.10)        |      |

|    |    | Naam                 |                      |         | Cat                | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|---------|--------------------|---------|----------------|------|
| 43 | wt | 13                   | <b>Diede Brandts</b> |         | DC2                | 2:17.22 | <b>2:22.04</b> |      |
|    | rd | 26                   | <b>Sari Harder</b>   |         | DC2                | 2:15.19 | <b>2:18.65</b> |      |
|    |    | <b>Diede Brandts</b> |                      |         | <b>Sari Harder</b> |         |                |      |
|    |    | 300m                 | 30.25                | (30.25) | 300m               | 29.40   | (29.40)        |      |
|    |    | 700m                 | 1:04.85              | (34.60) | 700m               | 1:03.52 | (34.12)        |      |
|    |    | 1100m                | 1:42.04              | (37.19) | 1100m              | 1:40.26 | (36.74)        |      |
|    |    | 1500m                | 2:22.04              | (40.00) | 1500m              | 2:18.65 | (38.39)        |      |

|    |    | Naam                   |                        |         | Cat               | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|-------------------|---------|----------------|------|
| 44 | gl | 47                     | <b>Fabienne Maarse</b> |         | DC2               | 2:17.79 | <b>2:24.10</b> |      |
|    | bl | 44                     | <b>Rosan Kuip</b>      |         | DC1               | 2:15.91 | <b>2:24.56</b> |      |
|    |    | <b>Fabienne Maarse</b> |                        |         | <b>Rosan Kuip</b> |         |                |      |
|    |    | 300m                   | 30.03                  | (30.03) | 300m              | 30.20   | (30.20)        |      |
|    |    | 700m                   | 1:05.42                | (35.39) | 700m              | 1:07.29 | (37.09)        |      |
|    |    | 1100m                  | 1:44.09                | (38.67) | 1100m             | 1:45.90 | (38.61)        |      |
|    |    | 1500m                  | 2:24.10                | (40.01) | 1500m             | 2:24.56 | (38.66)        |      |

## 4. Uitslag Heren - Jun C - 1500 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------------|-----|------|------|---------|------|--------|
| 1   | 35 Sven Huizinga                | HC2 | 60   | O    | 2:04.30 |      |        |
| 2   | 79 Stijn Vlieland               | HC1 | 60   | I    | 2:10.47 |      |        |
| 3   | 58 Gijs Nolen                   | HC2 | 58   | I    | 2:10.52 |      |        |
| 4   | 52 Onne van Miltenburg          | HC2 | 59   | I    | 2:10.91 |      |        |
| 5   | 25 Moos van Hall                | HC1 | 58   | O    | 2:12.07 |      |        |
| 6   | 78 Floris Verploeg              | HC2 | 59   | O    | 2:12.76 |      |        |
| 7   | 36 Lars van Ipenburg            | HC2 | 57   | I    | 2:13.38 | PR   |        |
| 8   | 68 Vigho Roodenburg             | HC2 | 55   | O    | 2:16.58 |      |        |
| 9   | 23 Lars Groenheiden             | HC2 | 55   | I    | 2:16.72 |      |        |
| 10  | 19 Simon Eijrond                | HC2 | 56   | O    | 2:16.77 |      |        |
| 11  | 45 Wessel Lamme                 | HC2 | 57   | O    | 2:17.14 |      |        |
| 12  | 5 David Baas                    | HC1 | 53   | O    | 2:18.90 |      |        |
| 13  | 30 Tom van Hofwegen             | HC1 | 53   | I    | 2:19.54 |      |        |
| 14  | 76 Koen Veerman                 | HC1 | 52   | I    | 2:20.70 |      |        |
| 15  | 83 Stijn de Vries               | HC2 | 52   | O    | 2:20.81 | PR   |        |
| 16  | 49 Yoshua Meeuwenoord           | HC2 | 56   | I    | 2:21.96 |      |        |
| 17  | 10 Jelle de Bock                | HC2 | 54   | I    | 2:23.10 |      |        |
| 18  | 59 Joris Onink                  | HC2 | 50   | I    | 2:23.78 | PR   |        |
| 19  | 20 Jarne Feenstra               | HC1 | 49   | I    | 2:24.47 |      |        |
| 20  | 31 Luc Hogenboom                | HC1 | 54   | O    | 2:25.08 |      |        |
| 21  | 11 Bruno Bonetti                | HC2 | 51   | O    | 2:26.12 |      |        |
| 22  | 39 Ingmar Kaizer                | HC2 | 47   | I    | 2:28.22 | PR   |        |
| 23  | 51 Nathan van der Meulen        | HC2 | 50   | O    | 2:33.28 | PR   |        |
| 24  | 84 Luuk van Waggendorff van Ryn | HC1 | 48   | I    | 2:33.62 | PR   |        |
| 25  | 87 Kjeld Wijker                 | HC1 | 51   | I    | 2:33.72 |      |        |
| 26  | 33 Jari Hoogeboom               | HC2 | 46   | I    | 2:39.89 |      |        |
| 27  | 17 Alain Delmee                 | HC1 | 47   | O    | 2:41.99 | HT   |        |
| 28  | 32 Arend Holman                 | HC1 | 45   | I    | 2:46.82 |      |        |
| 29  | 53 Chris Molenaar               | HC2 | 46   | O    | 2:49.16 |      |        |
|     | 66 Kai Pronk                    | HC1 | 48   | O    | DQ      |      |        |
|     | 56 Dan Nastas                   | HC2 | 49   | O    | DQ      |      |        |

## 4. Rituitslag Heren - Jun C - 1500 meter

|    |          | Naam                   | Cat | PR | Tijd           | Info |
|----|----------|------------------------|-----|----|----------------|------|
| 45 | wt<br>rd | 32 <b>Arend Holman</b> | HC1 |    | <b>2:46.82</b> |      |

### Arend Holman

|       |         |         |   |
|-------|---------|---------|---|
| 300m  | 32.09   | (32.09) | m |
| 700m  | 1:12.29 | (40.20) |   |
| 1100m | 1:57.83 | (45.54) |   |
| 1500m | 2:46.82 | (48.99) |   |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 46 | gl | 33 <b>Jari Hoogeboom</b> | HC2 | 2:37.91 | <b>2:39.89</b> |      |
|    | bl | 53 <b>Chris Molenaar</b> | HC2 | 2:48.69 | <b>2:49.16</b> |      |

### Jari Hoogeboom

|       |         |         |
|-------|---------|---------|
| 300m  | 33.36   | (33.36) |
| 700m  | 1:14.69 | (41.33) |
| 1100m | 1:57.52 | (42.83) |
| 1500m | 2:39.89 | (42.37) |

### Chris Molenaar

|       |         |         |
|-------|---------|---------|
| 300m  | 35.56   | (35.56) |
| 700m  | 1:18.45 | (42.89) |
| 1100m | 2:03.03 | (44.58) |
| 1500m | 2:49.16 | (46.13) |

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 47 | wt | 39 <b>Ingmar Kaizer</b> | HC2 | 2:35.99 | <b>2:28.22</b> | PR   |
|    | rd | 17 <b>Alain Delmee</b>  | HC1 | 2:55.86 | <b>2:41.99</b> | HT   |

### Ingmar Kaizer

|       |         |         |
|-------|---------|---------|
| 300m  | 32.35   | (32.35) |
| 700m  | 1:12.13 | (39.78) |
| 1100m | 1:51.25 | (39.12) |
| 1500m | 2:28.22 | (36.97) |

### Alain Delmee

|      |         |          |
|------|---------|----------|
| 300m | 2:41.99 | (161.99) |
|------|---------|----------|

|    |    | Naam                                  | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------------|-----|---------|----------------|------|
| 48 | gl | 84 <b>Luuk van Wagendorff van Ryn</b> | HC1 | 2:37.43 | <b>2:33.62</b> | PR   |
|    | bl | 66 <b>Kai Pronk</b>                   | HC1 | 2:38.98 | <b>DQ</b>      |      |

### Luuk van Wagendorff van Ryn

|       |         |         |
|-------|---------|---------|
| 300m  | 32.48   | (32.48) |
| 700m  | 1:12.20 | (39.72) |
| 1100m | 1:53.16 | (40.96) |
| 1500m | 2:33.62 | (40.46) |

### Kai Pronk



|    |    | Naam                            | Cat             | PR      | Tijd            | Info                         |
|----|----|---------------------------------|-----------------|---------|-----------------|------------------------------|
| 49 | wt | 20 <b>Jarne Feenstra</b>        | HC1             | 2:23.86 | <b>2:24.47</b>  |                              |
|    | rd | 56 <b>Dan Nastas</b>            | HC2             | 2:29.72 | <b>DQ</b>       |                              |
|    |    | <b>Jarne Feenstra</b>           |                 |         |                 | <b>Dan Nastas</b>            |
|    |    | 300m                            | 30.34 (30.34)   |         |                 |                              |
|    |    | 700m                            | 1:07.07 (36.73) |         |                 |                              |
|    |    | 1100m                           | 1:45.55 (38.48) |         |                 |                              |
|    |    | 1500m                           | 2:24.47 (38.92) |         |                 |                              |
|    |    | Naam                            | Cat             | PR      | Tijd            | Info                         |
| 50 | gl | 59 <b>Joris Onink</b>           | HC2             | 2:30.56 | <b>2:23.78</b>  | PR                           |
|    | bl | 51 <b>Nathan van der Meulen</b> | HC2             | 2:35.86 | <b>2:33.28</b>  | PR                           |
|    |    | <b>Joris Onink</b>              |                 |         |                 | <b>Nathan van der Meulen</b> |
|    |    | 300m                            | 29.78 (29.78)   | 300m    | 30.70 (30.70)   |                              |
|    |    | 700m                            | 1:07.49 (37.71) | 700m    | 1:08.83 (38.13) |                              |
|    |    | 1100m                           | 1:45.45 (37.96) | 1100m   | 1:50.48 (41.65) |                              |
|    |    | 1500m                           | 2:23.78 (38.33) | 1500m   | 2:33.28 (42.80) |                              |
|    |    | Naam                            | Cat             | PR      | Tijd            | Info                         |
| 51 | wt | 87 <b>Kjeld Wijker</b>          | HC1             | 2:33.18 | <b>2:33.72</b>  |                              |
|    | rd | 11 <b>Bruno Bonetti</b>         | HC2             | 2:23.25 | <b>2:26.12</b>  |                              |
|    |    | <b>Kjeld Wijker</b>             |                 |         |                 | <b>Bruno Bonetti</b>         |
|    |    | 300m                            | 31.76 (31.76)   | 300m    | 30.03 (30.03)   |                              |
|    |    | 700m                            | 1:11.60 (39.84) | 700m    | 1:06.93 (36.90) |                              |
|    |    | 1100m                           | 1:52.54 (40.94) | 1100m   | 1:45.50 (38.57) |                              |
|    |    | 1500m                           | 2:33.72 (41.18) | 1500m   | 2:26.12 (40.62) |                              |
|    |    | Naam                            | Cat             | PR      | Tijd            | Info                         |
| 52 | gl | 76 <b>Koen Veerman</b>          | HC1             | 2:18.44 | <b>2:20.70</b>  |                              |
|    | bl | 83 <b>Stijn de Vries</b>        | HC2             | 2:21.63 | <b>2:20.81</b>  | PR                           |
|    |    | <b>Koen Veerman</b>             |                 |         |                 | <b>Stijn de Vries</b>        |
|    |    | 300m                            | 30.43 (30.43)   | 300m    | 30.83 (30.83)   |                              |
|    |    | 700m                            | 1:05.92 (35.49) | 700m    | 1:06.09 (35.26) |                              |
|    |    | 1100m                           | 1:43.22 (37.30) | 1100m   | 1:43.37 (37.28) |                              |
|    |    | 1500m                           | 2:20.70 (37.48) | 1500m   | 2:20.81 (37.44) |                              |

|    |    | Naam |                           |                 | Cat                     | PR              | Tijd           | Info |
|----|----|------|---------------------------|-----------------|-------------------------|-----------------|----------------|------|
| 53 | wt | 30   | <b>Tom van Hofwegen</b>   |                 | HC1                     | 2:19.25         | <b>2:19.54</b> |      |
|    | rd | 5    | <b>David Baas</b>         |                 | HC1                     | 2:16.75         | <b>2:18.90</b> |      |
|    |    |      | <b>Tom van Hofwegen</b>   |                 | <b>David Baas</b>       |                 |                |      |
|    |    |      | 300m                      | 28.61 (28.61)   | 300m                    | 27.60 (27.60)   |                |      |
|    |    |      | 700m                      | 1:03.71 (35.10) | 700m                    | 1:01.42 (33.82) |                |      |
|    |    |      | 1100m                     | 1:42.14 (38.43) | 1100m                   | 1:39.87 (38.45) |                |      |
|    |    |      | 1500m                     | 2:19.54 (37.40) | 1500m                   | 2:18.90 (39.03) |                |      |
|    |    | Naam |                           |                 | Cat                     | PR              | Tijd           | Info |
| 54 | gl | 10   | <b>Jelle de Bock</b>      |                 | HC2                     | 2:17.28         | <b>2:23.10</b> |      |
|    | bl | 31   | <b>Luc Hogenboom</b>      |                 | HC1                     | 2:21.38         | <b>2:25.08</b> |      |
|    |    |      | <b>Jelle de Bock</b>      |                 | <b>Luc Hogenboom</b>    |                 |                |      |
|    |    |      | 300m                      | 29.13 (29.13)   | 300m                    | 29.13 (29.13)   |                |      |
|    |    |      | 700m                      | 1:04.55 (35.42) | 700m                    | 1:05.53 (36.40) |                |      |
|    |    |      | 1100m                     | 1:43.74 (39.19) | 1100m                   | 1:45.13 (39.60) |                |      |
|    |    |      | 1500m                     | 2:23.10 (39.36) | 1500m                   | 2:25.08 (39.95) |                |      |
|    |    | Naam |                           |                 | Cat                     | PR              | Tijd           | Info |
| 55 | wt | 23   | <b>Lars Groenheiden</b>   |                 | HC2                     | 2:13.65         | <b>2:16.72</b> |      |
|    | rd | 68   | <b>Vigho Roodenburg</b>   |                 | HC2                     | 2:15.34         | <b>2:16.58</b> |      |
|    |    |      | <b>Lars Groenheiden</b>   |                 | <b>Vigho Roodenburg</b> |                 |                |      |
|    |    |      | 300m                      | 29.85 (29.85)   | 300m                    | 30.29 (30.29)   |                |      |
|    |    |      | 700m                      | 1:04.70 (34.85) | 700m                    | 1:04.83 (34.54) |                |      |
|    |    |      | 1100m                     | 1:40.65 (35.95) | 1100m                   | 1:40.49 (35.66) |                |      |
|    |    |      | 1500m                     | 2:16.72 (36.07) | 1500m                   | 2:16.58 (36.09) |                |      |
|    |    | Naam |                           |                 | Cat                     | PR              | Tijd           | Info |
| 56 | gl | 49   | <b>Yoshua Meeuwenoord</b> |                 | HC2                     | 2:10.94         | <b>2:21.96</b> |      |
|    | bl | 19   | <b>Simon Eijrond</b>      |                 | HC2                     | 2:13.97         | <b>2:16.77</b> |      |
|    |    |      | <b>Yoshua Meeuwenoord</b> |                 | <b>Simon Eijrond</b>    |                 |                |      |
|    |    |      | 300m                      | 28.52 (28.52)   | 300m                    | 28.65 (28.65)   |                |      |
|    |    |      | 700m                      | 1:02.05 (33.53) | 700m                    | 1:02.50 (33.85) |                |      |
|    |    |      | 1100m                     | 1:39.84 (37.79) | 1100m                   | 1:38.88 (36.38) |                |      |
|    |    |      | 1500m                     | 2:21.96 (42.12) | 1500m                   | 2:16.77 (37.89) |                |      |

|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|------------------------|---------|----------------|------|
| 57 | wt | 36                         | <b>Lars van Ipenburg</b>   |         | HC2                    | 2:14.27 | <b>2:13.38</b> | PR   |
|    | rd | 45                         | <b>Wessel Lamme</b>        |         | HC2                    | 2:14.37 | <b>2:17.14</b> |      |
|    |    | <b>Lars van Ipenburg</b>   |                            |         | <b>Wessel Lamme</b>    |         |                |      |
|    |    | 300m                       | 28.25                      | (28.25) | 300m                   | 28.88   | (28.88)        |      |
|    |    | 700m                       | 1:01.66                    | (33.41) | 700m                   | 1:02.75 | (33.87)        |      |
|    |    | 1100m                      | 1:37.24                    | (35.58) | 1100m                  | 1:39.15 | (36.40)        |      |
|    |    | 1500m                      | 2:13.38                    | (36.14) | 1500m                  | 2:17.14 | (37.99)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 58 | gl | 58                         | <b>Gijs Nolen</b>          |         | HC2                    | 2:05.92 | <b>2:10.52</b> |      |
|    | bl | 25                         | <b>Moos van Hall</b>       |         | HC1                    | 2:08.88 | <b>2:12.07</b> |      |
|    |    | <b>Gijs Nolen</b>          |                            |         | <b>Moos van Hall</b>   |         |                |      |
|    |    | 300m                       | 27.92                      | (27.92) | 300m                   | 28.40   | (28.40)        |      |
|    |    | 700m                       | 1:00.94                    | (33.02) | 700m                   | 1:01.45 | (33.05)        |      |
|    |    | 1100m                      | 1:35.24                    | (34.30) | 1100m                  | 1:36.42 | (34.97)        |      |
|    |    | 1500m                      | 2:10.52                    | (35.28) | 1500m                  | 2:12.07 | (35.65)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 59 | wt | 52                         | <b>Onne van Miltenburg</b> |         | HC2                    | 2:09.73 | <b>2:10.91</b> |      |
|    | rd | 78                         | <b>Floris Verploeg</b>     |         | HC2                    | 2:09.00 | <b>2:12.76</b> |      |
|    |    | <b>Onne van Miltenburg</b> |                            |         | <b>Floris Verploeg</b> |         |                |      |
|    |    | 300m                       | 28.65                      | (28.65) | 300m                   | 28.99   | (28.99)        |      |
|    |    | 700m                       | 1:01.47                    | (32.82) | 700m                   | 1:01.79 | (32.80)        |      |
|    |    | 1100m                      | 1:35.95                    | (34.48) | 1100m                  | 1:36.64 | (34.85)        |      |
|    |    | 1500m                      | 2:10.91                    | (34.96) | 1500m                  | 2:12.76 | (36.12)        |      |
|    |    | Naam                       |                            |         | Cat                    | PR      | Tijd           | Info |
| 60 | gl | 79                         | <b>Stijn Vlieland</b>      |         | HC1                    | 2:08.49 | <b>2:10.47</b> |      |
|    | bl | 35                         | <b>Sven Huizinga</b>       |         | HC2                    | 2:00.62 | <b>2:04.30</b> |      |
|    |    | <b>Stijn Vlieland</b>      |                            |         | <b>Sven Huizinga</b>   |         |                |      |
|    |    | 300m                       | 28.08                      | (28.08) | 300m                   | 26.75   | (26.75)        |      |
|    |    | 700m                       | 1:00.28                    | (32.20) | 700m                   | 57.35   | (30.60)        |      |
|    |    | 1100m                      | 1:34.79                    | (34.51) | 1100m                  | 1:30.12 | (32.77)        |      |
|    |    | 1500m                      | 2:10.47                    | (35.68) | 1500m                  | 2:04.30 | (34.18)        |      |