

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	18 Evi de Vries	DPD	11	I	13.32	
2	22 Noor Hoekert	DPC	12	I	14.00	
3	9 Jasmijn Smit	DPC	11	O	14.18	
4	12 Nadine Hendriksen	DPE	12	O	14.25 PB	
5	5 Lysanna van Boven	DPC	4	I	14.36	
6	2 Sara Bruinekool	DPC	9	O	14.51 PB	
7	30 Ise Fidder	DPD	9	I	15.80 PB	
8	26 Nora den Herder	DPD	4	O	15.82	
9	11 Silke van Veen	DPC	7	O	16.27 PB	
10	3 Frederique Oosting	DPC	10	I	16.58 PB	
11	15 Do Schoonhoven	DPD	3	O	16.62	
12	14 Madee Hoekstra	DPD	7	I	16.86 PB	
13	25 Sofie Boonzaaijer	DPE	10	O	17.12 PB	
14	17 Lara Touw	DPE	5	I	17.91	
15	3 Sep de Bruin	HPF	6	I	18.91	
16	27 Bo Elle Ruijgrok	DPE	6	O	19.68	
17	24 Zara de Jong	DPE	1	I	19.77	
18	23 Julie van Aken	DPF	5	O	19.81	
19	8 Luuk Hoekert	HPF	8	I	20.32 PB	
20	20 Shuyun Long	DPF	3	I	21.62	
	19 Gerjanne Bast	DPD			WDR	

Referee:

Assistant:

Starter:

From 2/10/2024 5:30:00 PM to 2/10/2024 5:47:40 PM

Print: 12/3/2024 5:30:22 PM

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1. Race Result 100 meter

	Name	Cat	PB	Time Info
1	wt rd	24 Zara de Jong	DPE	19.77

Zara de Jong

100m 19.77 (19.77) m

	Name	Cat	PB	Time Info
2	yw bl			

m m

	Name	Cat	PB	Time Info
3	wt	20 Shuyun Long	DPF	21.62
	rd	15 Do Schoonhoven	DPD	16.62

Shuyun Long

Do Schoonhoven

100m 21.62 (21.62) 100m 16.62 (16.62)

	Name	Cat	PB	Time Info
4	yw	5 Lysanna van Boven	DPC	14.36
	bl	26 Nora den Herder	DPD	15.82

Lysanna van Boven

Nora den Herder

100m 14.36 (14.36) 100m 15.82 (15.82)

	Name	Cat	PB	Time Info
5	wt	17 Lara Touw	DPE	17.91
	rd	23 Julie van Aken	DPF	19.81

Lara Touw

Julie van Aken

100m 17.91 (17.91) 100m 19.81 (19.81)

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		Name	Cat	PB	Time	Info
6	yw	3 Sep de Bruin	HPF		18.91	
	bl	27 Bo Elle Ruijgrok	DPE		19.68	
		<u>Sep de Bruin</u>		<u>Bo Elle Ruijgrok</u>		
		100m 18.91 (18.91)		100m 19.68 (19.68)		
<hr/>						
		Name	Cat	PB	Time	Info
7	wt	14 Madee Hoekstra	DPD	17.48	16.86	PB
	rd	11 Silke van Veen	DPC	17.84	16.27	PB
		<u>Madee Hoekstra</u>		<u>Silke van Veen</u>		
		100m 16.86 (16.86)		100m 16.27 (16.27)		
<hr/>						
		Name	Cat	PB	Time	Info
8	yw	8 Luuk Hoekert	HPF	21.23	20.32	PB
	bl	19 Gerjanne Bast	DPD	18.91	WDR	
		<u>Luuk Hoekert</u>		<u>Gerjanne Bast</u>		
		100m 20.32 (20.32)				
<hr/>						
		Name	Cat	PB	Time	Info
9	wt	30 Ise Fidder	DPD	17.11	15.80	PB
	rd	2 Sara Bruinekool	DPC	15.25	14.51	PB
		<u>Ise Fidder</u>		<u>Sara Bruinekool</u>		
		100m 15.80 (15.80)		100m 14.51 (14.51)		
<hr/>						
		Name	Cat	PB	Time	Info
10	yw	3 Frederique Oosting	DPC	17.16	16.58	PB
	bl	25 Sofie Boonzaaijer	DPE	17.21	17.12	PB
		<u>Frederique Oosting</u>		<u>Sofie Boonzaaijer</u>		
		100m 16.58 (16.58)		100m 17.12 (17.12)		
<hr/>						
		Name	Cat	PB	Time	Info
11	wt	18 Evi de Vries	DPD	13.00	13.32	
	rd	9 Jasmijn Smit	DPC	14.13	14.18	
		<u>Evi de Vries</u>		<u>Jasmijn Smit</u>		
		100m 13.32 (13.32)		100m 14.18 (14.18)		

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		Name	Cat	PB	Time	Info
12	yw	22 Noor Hoekert	DPC	13.77	14.00	
	bl	12 Nadine Hendriksen	DPE	14.37	14.25	PB
		Noor Hoekert				
		100m	14.00 (14.00)			
		Nadine Hendriksen				
		100m	14.25 (14.25)			

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2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	1 Jari van Polen	HN2	48	I	39.05	PB	
2	1 Gerwin Boonen	HSB	45	I	43.26		
3	3 Twan van de Poppe	HC1	48	O	43.54		
4	1 Jefta Westerink	HA1	46	O	44.16	PB	
5	1 Luc Wit	HB2	44	O	44.72	PB	
6	1 Demi Meinten	DA2	43	I	45.01	PB	
7	1 Johan Bakker	H45	39	O	46.05		
8	1 Diede Wallet	DN1	41	O	46.11	PB	
9	3 Benjamin Klompmaker	HB2	37	O	46.15	PB	
10	1 Stef van Moolenbroek	HC2	44	I	46.23		
11	3 Tom van Steenoven	HSA	42	I	46.24		
12	2 Jens Bakker	HB2	40	O	46.47	PB	
	4 Yfke Raadveld	DC1	43	O	46.47		
14	2 Iza Benschop	DC1	39	I	47.36		
15	1 Miranda van den Akker	DC2	38	I	48.19		
16	10 Joanne Hendriksen	DPA	42	O	48.46		
17	1 Henri van Ramshorst	H50	41	I	48.51		
18	2 Milou Klatt-ten Cate	DSB	36	O	48.72		
19	2 Beert Timmer	H40	46	I	48.92		
20	5 Henk Hendriksen	HSB	38	O	49.00		
21	3 André Klompmaker	H50	31	I	49.36		
22	2 Jorinde van den Akker	DA1	35	I	49.63		
23	9 Kim Bakker	DC2	34	I	49.67		
24	7 Arjan Bovenmars	H45	33	I	49.83	PB	
25	5 Bente van Dasselaar	DC1	36	I	50.51		
26	3 Denise Bakker	DA2	33	O	51.32		
27	5 Elma van Laar	DN1	16	I	51.54		
28	29 Julia Bakker	DPB	32	O	51.70		
29	6 Janiek Timmer	DC2	31	O	52.01		
30	21 Yfke Hoekert	DPA	30	I	52.10	PB	
31	1 Andrea Oosting-Klock	D40	16	O	52.20		
32	2 Alex Kroeze	HSB	30	O	52.24	PB	
33	1 Irene van Veen	DSB	27	I	52.94	PB	
34	31 Lynn Hoekert	DPB	28	I	53.98	PB	
35	1 Jasmijn van Ittersum	DB2	26	O	54.15	PB	
36	4 Alwin van der Lee	H50	27	O	54.20	PB	
37	1 Mari-Jen ten Hove	DPB	28	O	54.59	PB	
38	7 Merel Smit	DC1	34	O	55.06		

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	2 Debby Stoudam	DN3	25	I	55.07	PB	
40	3 Sanne Huurdeman	DC2	18	I	55.32		
41	2 Matthijs Lozeman	HPB	24	O	55.35	PB	
42	8 Fleur Oevering	DC1	26	I	56.06	PB	
	3 Erik Jeuring	H40	47	O	56.06		
44	1 Jan Heuver	H60	13	I	56.62		
45	6 Karsjan Prins	HPA	24	I	57.07	PB	
46	6 Arian Kragt	HSB	25	O	57.65		
47	4 Marlon Tiemens	DN3	21	O	57.88	PB	
48	1 Wilma de Wolf	D50	29	O	58.35		
49	8 Linde Bisschop	DPB	23	I	59.70		
50	7 Feline van de Brandhof	DPA	22	I	59.71	PB	
51	2 Jeanet Luteijn	D50	22	O	59.78	PB	
52	5 David van Zuijlekom	H45	23	O	1:00.24		
53	7 Thijmen Drooger	HPB	19	O	1:02.39	PB	
54	16 Elena van den Heuvel	DPA	15	I	1:02.79		
55	6 Symon Oevering	H45	17	I	1:03.59		
56	6 Naomi Bleijerveld	DPB	20	O	1:04.24	PB	
57	1 Levi Boonen	HPB	20	I	1:04.26	PB	
58	13 Esther Bovendorp	DPB	15	O	1:05.40		
59	28 Femke van Duijn	DPB	18	O	1:13.18		
60	2 John Jonker	H50	35	O	1:14.68		
61	4 Ellen Bakker	DPA	19	I	1:18.06	FL	
62	32 Rivka van Zuijlekom	DPB	17	O	1:35.99		
	4 Joshua Leusink	HN4	47	I	DNF		
	3 Esther Korenberg	DB2	37	I	DNS		
	3 Herman van de Bunt	HN1	40	I	DNS		
	2 Nick Hendriksen	HC1	45	O	DNS		
	4 Harmen Snoek	HC1			WDR		
	3 Kim Stoudam	DN4			WDR		
	2 Auke-Tjeerd Hiemstra	HN2			WDR		

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2. Race Result 500 meter

		Name		Cat		PB		Time	Info
13	wt	1	Jan Heuver		H60			56.62	
	rd								
		Jan Heuver							
		100m	15.60	(15.60)			m		
		500m	56.62	(41.02)					

		Name		Cat		PB		Time	Info
14	yw								
	bl								
							m		
							m		

		Name		Cat		PB		Time	Info
15	wt	16	Elena van den Heuvel		DPA			1:02.79	
	rd	13	Esther Bovendorp		DPB			1:05.40	
		Elena van den Heuvel							
		100m	14.70	(14.70)			100m	15.00	(15.00)
		500m	1:02.79	(48.09)			500m	1:05.40	(50.40)
		Esther Bovendorp							
		100m	15.00	(15.00)			100m	15.00	(15.00)
		500m	1:05.40	(50.40)			500m	1:05.40	(50.40)

		Name		Cat		PB		Time	Info
16	yw	5	Elma van Laar		DN1			51.54	
	bl	1	Andrea Oosting-Klock		D40			52.20	
		Elma van Laar							
		100m	13.33	(13.33)			100m	13.94	(13.94)
		500m	51.54	(38.21)			500m	52.20	(38.26)
		Andrea Oosting-Klock							
		100m	13.94	(13.94)			100m	13.94	(13.94)
		500m	52.20	(38.26)			500m	52.20	(38.26)

		Name		Cat		PB		Time	Info
17	wt	6	Symon Oevering		H45			1:03.59	
	rd	32	Rivka van Zuijlekom		DPB			1:35.99	
		Symon Oevering							
		100m	16.06	(16.06)			100m	19.60	(19.60)
		500m	1:03.59	(47.53)			500m	1:35.99	(76.39)
		Rivka van Zuijlekom							
		100m	19.60	(19.60)			100m	19.60	(19.60)
		500m	1:35.99	(76.39)			500m	1:35.99	(76.39)

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		Name		Cat		PB		Time	Info
18	yw	3	Sanne Huurdeman		DC2			55.32	
	bl	28	Femke van Duijn		DPB			1:13.18	
		Sanne Huurdeman			Femke van Duijn				
		100m	13.67	(13.67)	100m	16.33	(16.33)		
		500m	55.32	(41.65)	500m	1:13.18	(56.85)		

		Name		Cat		PB		Time	Info
19	wt	4	Ellen Bakker		DPA	1:03.43		1:18.06	FL
	rd	7	Thijmen Drooger		HPB	1:11.99		1:02.39	PB
		Ellen Bakker			Thijmen Drooger				
		100m	26.58	(26.58)	100m	14.80	(14.80)		
		500m	1:18.06	(51.48)	500m	1:02.39	(47.59)		

		Name		Cat		PB		Time	Info
20	yw	1	Levi Boonen		HPB	1:11.89		1:04.26	PB
	bl	6	Naomi Bleijerveld		DPB	1:07.86		1:04.24	PB
		Levi Boonen			Naomi Bleijerveld				
		100m	14.71	(14.71)	100m	15.35	(15.35)		
		500m	1:04.26	(49.55)	500m	1:04.24	(48.89)		

		Name		Cat		PB		Time	Info
21	wt	4	Harmen Snoek		HC1	1:02.05		WDR	
	rd	4	Marlon Tiemens		DN3	1:01.36		57.88	PB
		Harmen Snoek			Marlon Tiemens				
		100m			100m	14.89	(14.89)		
		500m			500m	57.88	(42.99)		

		Name		Cat		PB		Time	Info
22	yw	7	Feline van de Brandhof		DPA	1:00.94		59.71	PB
	bl	2	Jeanet Luteijn		D50	1:00.87		59.78	PB
		Feline van de Brandhof			Jeanet Luteijn				
		100m	14.72	(14.72)	100m	16.20	(16.20)		
		500m	59.71	(44.99)	500m	59.78	(43.58)		

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		Name		Cat		PB		Time	Info
23	wt	8	Linde Bisschop		DPB		59.15	59.70	
	rd	5	David van Zuijlekom		H45		59.55	1:00.24	
		Linde Bisschop			David van Zuijlekom				
		100m	14.21	(14.21)	100m	15.28	(15.28)		
		500m	59.70	(45.49)	500m	1:00.24	(44.96)		

		Name		Cat		PB		Time	Info
24	yw	6	Karsjan Prins		HPA		59.08	57.07	PB
	bl	2	Matthijs Lozeman		HPB		59.98	55.35	PB
		Karsjan Prins			Matthijs Lozeman				
		100m	14.21	(14.21)	100m	14.16	(14.16)		
		500m	57.07	(42.86)	500m	55.35	(41.19)		

		Name		Cat		PB		Time	Info
25	wt	2	Debby Stoudam		DN3		56.74	55.07	PB
	rd	6	Arian Kragt		HSB		56.83	57.65	
		Debby Stoudam			Arian Kragt				
		100m	13.65	(13.65)	100m	14.89	(14.89)		
		500m	55.07	(41.42)	500m	57.65	(42.76)		

		Name		Cat		PB		Time	Info
26	yw	8	Fleur Oevering		DC1		58.86	56.06	PB
	bl	1	Jasmijn van Ittersum		DB2		58.94	54.15	PB
		Fleur Oevering			Jasmijn van Ittersum				
		100m	14.08	(14.08)	100m	13.82	(13.82)		
		500m	56.06	(41.98)	500m	54.15	(40.33)		

		Name		Cat		PB		Time	Info
27	wt	1	Irene van Veen		DSB		54.53	52.94	PB
	rd	4	Alwin van der Lee		H50		55.26	54.20	PB
		Irene van Veen			Alwin van der Lee				
		100m	13.94	(13.94)	100m	14.77	(14.77)		
		500m	52.94	(39.00)	500m	54.20	(39.43)		

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		Name	Cat	PB	Time	Info
28	yw	31 Lynn Hoekert	DPB	54.47	53.98	PB
	bl	1 Mari-Jen ten Hove	DPB	55.32	54.59	PB
		<u>Lynn Hoekert</u>		<u>Mari-Jen ten Hove</u>		
		100m 13.78 (13.78)		100m 13.82 (13.82)		
		500m 53.98 (40.20)		500m 54.59 (40.77)		

		Name	Cat	PB	Time	Info
29	wt	3 Kim Stoudam	DN4	53.62	WDR	
	rd	1 Wilma de Wolf	D50	53.03	58.35	
		<u>Kim Stoudam</u>		<u>Wilma de Wolf</u>		
				100m 15.01 (15.01)		
				500m 58.35 (43.34)		

		Name	Cat	PB	Time	Info
30	yw	21 Yfke Hoekert	DPA	53.43	52.10	PB
	bl	2 Alex Kroeze	HSB	52.49	52.24	PB
		<u>Yfke Hoekert</u>		<u>Alex Kroeze</u>		
		100m 13.16 (13.16)		100m 13.24 (13.24)		
		500m 52.10 (38.94)		500m 52.24 (39.00)		

		Name	Cat	PB	Time	Info
31	wt	3 André Klompmaker	H50	49.34	49.36	
	rd	6 Janiek Timmer	DC2	51.90	52.01	
		<u>André Klompmaker</u>		<u>Janiek Timmer</u>		
		100m 13.50 (13.50)		100m 13.42 (13.42)		
		500m 49.36 (35.86)		500m 52.01 (38.59)		

		Name	Cat	PB	Time	Info
32	yw	2 Auke-Tjeerd Hiemstra	HN2	51.78	WDR	
	bl	29 Julia Bakker	DPB	51.67	51.70	
		<u>Auke-Tjeerd Hiemstra</u>		<u>Julia Bakker</u>		
				100m 13.29 (13.29)		
				500m 51.70 (38.41)		

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		Name		Cat		PB		Time	Info
33	wt	7	Arjan Bovenmars		H45		50.52	49.83	PB
	rd	3	Denise Bakker		DA2		50.07	51.32	
		Arjan Bovenmars			Denise Bakker				
		100m	13.38	(13.38)	100m	13.45	(13.45)		
		500m	49.83	(36.45)	500m	51.32	(37.87)		

		Name		Cat		PB		Time	Info
34	yw	9	Kim Bakker		DC2		49.48	49.67	
	bl	7	Merel Smit		DC1		51.32	55.06	
		Kim Bakker			Merel Smit				
		100m	12.96	(12.96)	100m	14.07	(14.07)		
		500m	49.67	(36.71)	500m	55.06	(40.99)		

		Name		Cat		PB		Time	Info
35	wt	2	Jorinde van den Akker		DA1		47.58	49.63	
	rd	2	John Jonker		H50		48.64	1:14.68	
		Jorinde van den Akker			John Jonker				
		100m	13.16	(13.16)	100m	21.23	(21.23)		
		500m	49.63	(36.47)	500m	1:14.68	(53.45)		

		Name		Cat		PB		Time	Info
36	yw	5	Bente van Dasselaar		DC1		49.40	50.51	
	bl	2	Milou Klatt-ten Cate		DSB		43.41	48.72	
		Bente van Dasselaar			Milou Klatt-ten Cate				
		100m	13.34	(13.34)	100m	13.21	(13.21)		
		500m	50.51	(37.17)	500m	48.72	(35.51)		

		Name		Cat		PB		Time	Info
37	wt	3	Esther Korenberg		DB2		45.56	DNS	
	rd	3	Benjamin Klompmaker		HB2		47.22	46.15	PB
		Esther Korenberg			Benjamin Klompmaker				
		100m			100m	12.77	(12.77)		
		500m			500m	46.15	(33.38)		

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		Name	Cat	PB	Time	Info
38	yw	1 Miranda van den Akker	DC2	47.25	48.19	
	bl	5 Henk Hendriksen	HSB	47.25	49.00	
		Miranda van den Akker		Henk Hendriksen		
		100m 13.23 (13.23)		100m 13.70 (13.70)		
		500m 48.19 (34.96)		500m 49.00 (35.30)		

		Name	Cat	PB	Time	Info
39	wt	2 Iza Benschop	DC1	46.80	47.36	
	rd	1 Johan Bakker	H45	44.04	46.05	
		Iza Benschop		Johan Bakker		
		100m 12.41 (12.41)		100m 12.53 (12.53)		
		500m 47.36 (34.95)		500m 46.05 (33.52)		

		Name	Cat	PB	Time	Info
40	yw	3 Herman van de Bunt	HN1	47.14	DNS	
	bl	2 Jens Bakker	HB2	46.73	46.47	PB
		Herman van de Bunt		Jens Bakker		
				100m 12.61 (12.61)		
				500m 46.47 (33.86)		

		Name	Cat	PB	Time	Info
41	wt	1 Henri van Ramshorst	H50	45.83	48.51	
	rd	1 Diede Wallet	DN1	46.31	46.11	PB
		Henri van Ramshorst		Diede Wallet		
		100m 13.48 (13.48)		100m 12.48 (12.48)		
		500m 48.51 (35.03)		500m 46.11 (33.63)		

		Name	Cat	PB	Time	Info
42	yw	3 Tom van Steenoven	HSA	43.07	46.24	
	bl	10 Joanne Hendriksen	DPA	46.68	48.46	
		Tom van Steenoven		Joanne Hendriksen		
		100m 11.78 (11.78)		100m 12.41 (12.41)		
		500m 46.24 (34.46)		500m 48.46 (36.05)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
43	wt	1 Demi Meinten	DA2	45.22	45.01	PB
	rd	4 Yfke Raadsveld	DC1	45.56	46.47	
		Demi Meinten		Yfke Raadsveld		
		100m 12.15 (12.15)		100m 12.13 (12.13)		
		500m 45.01 (32.86)		500m 46.47 (34.34)		

		Name	Cat	PB	Time	Info
44	yw	1 Stef van Moolenbroek	HC2	45.44	46.23	
	bl	1 Luc Wit	HB2	45.25	44.72	PB
		Stef van Moolenbroek		Luc Wit		
		100m 12.22 (12.22)		100m 12.01 (12.01)		
		500m 46.23 (34.01)		500m 44.72 (32.71)		

		Name	Cat	PB	Time	Info
45	wt	1 Gerwin Boonen	HSB	40.83	43.26	
	rd	2 Nick Hendriksen	HC1	43.92	DNS	
		Gerwin Boonen		Nick Hendriksen		
		100m 11.58 (11.58)				
		500m 43.26 (31.68)				

		Name	Cat	PB	Time	Info
46	yw	2 Beert Timmer	H40	45.08	48.92	
	bl	1 Jefta Westerink	HA1	44.29	44.16	PB
		Beert Timmer		Jefta Westerink		
		100m 12.87 (12.87)		100m 11.84 (11.84)		
		500m 48.92 (36.05)		500m 44.16 (32.32)		

		Name	Cat	PB	Time	Info
47	wt	4 Joshua Leusink	HN4	42.79	DNF	
	rd	3 Erik Jeuring	H40	41.78	56.06	
		Joshua Leusink		Erik Jeuring		
		100m 11.41 (11.41)		100m 11.49 (11.49)		
				500m 56.06 (44.57)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
48	yw	1 Jari van Polen	HN2	41.33	39.05	PB
	bl	3 Twan van de Poppe	HC1	42.55	43.54	
		<u>Jari van Polen</u>		<u>Twan van de Poppe</u>		
		100m	11.01 (11.01)	100m	11.73 (11.73)	
		500m	39.05 (28.04)	500m	43.54 (31.81)	

Referee:

Assistant:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

3. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	10 Joanne Hendriksen	DPA	68	O	30.52		
2	18 Evi de Vries	DPD	67	I	32.58		
3	29 Julia Bakker	DPB	67	O	33.21		
4	31 Lynn Hoekert	DPB	68	I	33.40		
5	21 Yfke Hoekert	DPA	66	I	33.99		
6	1 Mari-Jen ten Hove	DPB	65	I	34.73	PB	
7	2 Matthijs Lozeman	HPB	64	I	34.83	PB	
8	6 Karsjan Prins	HPA	59	I	35.50	PB	
9	12 Nadine Hendriksen	DPE	63	I	35.55	PB	
10	9 Jasmijn Smit	DPC	66	O	36.50		
11	22 Noor Hoekert	DPC	65	O	36.53	PB	
12	7 Feline van de Brandhof	DPA	64	O	37.29		
13	7 Thijmen Drooger	HPB	60	I	37.31	PB	
14	8 Linde Bisschop	DPB	63	O	37.79		
15	16 Elena van den Heuvel	DPA	60	O	38.03	PB	
16	5 Lysanna van Boven	DPC	62	I	38.05	PB	
17	4 Ellen Bakker	DPA	61	I	38.31	PB	
18	1 Levi Boonen	HPB	62	O	38.74	PB	
19	13 Esther Bovendorp	DPB	51	O	39.06		
20	2 Sara Bruinekool	DPC	61	O	39.32	PB	
21	6 Naomi Bleijerveld	DPB	59	O	40.49	PB	
22	28 Femke van Duijn	DPB	56	I	43.54		
23	15 Do Schoonhoven	DPD	52	I	43.58		
24	26 Nora den Herder	DPD	51	I	43.72		
25	11 Silke van Veen	DPC	57	O	43.89	PB	
26	3 Frederique Oosting	DPC	57	I	44.14	PB	
27	14 Madee Hoekstra	DPD	58	I	46.78	PB	
28	30 Ise Fidder	DPD	58	O	47.49	PB	
29	25 Sofie Boonzaaijer	DPE	56	O	48.96		
30	3 Sep de Bruin	HPF	55	I	49.79		
31	23 Julie van Aken	DPF	53	O	52.63		
32	24 Zara de Jong	DPE	49	I	52.96		
33	32 Rivka van Zuijlekom	DPB	52	O	54.10		
34	27 Bo Elle Ruijgrok	DPE	53	I	56.53		
35	17 Lara Touw	DPE	54	O	1:01.32	FL	
36	8 Luuk Hoekert	HPF	55	O	1:05.82	FL	
37	20 Shuyun Long	DPF	54	I	1:07.27	FL	
	19 Gerjanne Bast	DPD	49	O	DNS		

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

3. Race Result 300 meter

		Name		Cat		PB		Time	Info
49	wt	24	Zara de Jong		DPE			52.96	
	rd	19	Gerjanne Bast		DPD			DNS	
		Zara de Jong			Gerjanne Bast				
		300m	52.96	(52.96)					

		Name		Cat		PB		Time	Info
50	yw								
	bl								
			m						
			m						

		Name		Cat		PB		Time	Info
51	wt	26	Nora den Herder		DPD			43.72	
	rd	13	Esther Bovendorp		DPB			39.06	
		Nora den Herder			Esther Bovendorp				
		300m	43.72	(43.72)	300m	39.06	(39.06)		

		Name		Cat		PB		Time	Info
52	yw	15	Do Schoonhoven		DPD			43.58	
	bl	32	Rivka van Zuijlekom		DPB			54.10	
		Do Schoonhoven			Rivka van Zuijlekom				
		300m	43.58	(43.58)	300m	54.10	(54.10)		

		Name		Cat		PB		Time	Info
53	wt	27	Bo Elle Ruijgrok		DPE			56.53	
	rd	23	Julie van Aken		DPF			52.63	
		Bo Elle Ruijgrok			Julie van Aken				
		300m	56.53	(56.53)	300m	52.63	(52.63)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
54	yw	20 Shuyun Long	DPF		1:07.27	FL
	bl	17 Lara Touw	DPE		1:01.32	FL
		<u>Shuyun Long</u>			<u>Lara Touw</u>	
		300m 1:07.27 (67.27)			300m 1:01.32 (61.32)	

		Name	Cat	PB	Time	Info
55	wt	3 Sep de Bruin	HPF		49.79	
	rd	8 Luuk Hoekert	HPF	54.58	1:05.82	FL
		<u>Sep de Bruin</u>			<u>Luuk Hoekert</u>	
		300m 49.79 (49.79)			300m 1:05.82 (65.82)	

		Name	Cat	PB	Time	Info
56	yw	28 Femke van Duijn	DPB		43.54	
	bl	25 Sofie Boonzaaijer	DPE		48.96	
		<u>Femke van Duijn</u>			<u>Sofie Boonzaaijer</u>	
		300m 43.54 (43.54)			300m 48.96 (48.96)	

		Name	Cat	PB	Time	Info
57	wt	3 Frederique Oosting	DPC	46.88	44.14	PB
	rd	11 Silke van Veen	DPC	49.66	43.89	PB
		<u>Frederique Oosting</u>			<u>Silke van Veen</u>	
		300m 44.14 (44.14)			300m 43.89 (43.89)	

		Name	Cat	PB	Time	Info
58	yw	14 Madee Hoekstra	DPD	51.03	46.78	PB
	bl	30 Ise Fidder	DPD	48.91	47.49	PB
		<u>Madee Hoekstra</u>			<u>Ise Fidder</u>	
		300m 46.78 (46.78)			300m 47.49 (47.49)	

		Name	Cat	PB	Time	Info
59	wt	6 Karsjan Prins	HPA	40.76	35.50	PB
	rd	6 Naomi Bleijerveld	DPB	42.97	40.49	PB
		<u>Karsjan Prins</u>			<u>Naomi Bleijerveld</u>	
		300m 35.50 (35.50)			300m 40.49 (40.49)	

Referee:

Assistant:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
60	yw	7 Thijmen Drooger	HPB	41.15	37.31	PB
	bl	16 Elena van den Heuvel	DPA	45.46	38.03	PB
		<u>Thijmen Drooger</u>			<u>Elena van den Heuvel</u>	
		300m 37.31 (37.31)		300m 38.03 (38.03)		
<hr/>						
		Name	Cat	PB	Time	Info
61	wt	4 Ellen Bakker	DPA	39.58	38.31	PB
	rd	2 Sara Bruinekool	DPC	40.24	39.32	PB
		<u>Ellen Bakker</u>			<u>Sara Bruinekool</u>	
		300m 38.31 (38.31)		300m 39.32 (39.32)		
<hr/>						
		Name	Cat	PB	Time	Info
62	yw	5 Lysanna van Boven	DPC	38.71	38.05	PB
	bl	1 Levi Boonen	HPB	40.59	38.74	PB
		<u>Lysanna van Boven</u>			<u>Levi Boonen</u>	
		300m 38.05 (38.05)		300m 38.74 (38.74)		
<hr/>						
		Name	Cat	PB	Time	Info
63	wt	12 Nadine Hendriksen	DPE	37.24	35.55	PB
	rd	8 Linde Bisschop	DPB	37.50	37.79	
		<u>Nadine Hendriksen</u>			<u>Linde Bisschop</u>	
		300m 35.55 (35.55)		300m 37.79 (37.79)		
<hr/>						
		Name	Cat	PB	Time	Info
64	yw	2 Matthijs Lozeman	HPB	37.93	34.83	PB
	bl	7 Feline van de Brandhof	DPA	36.67	37.29	
		<u>Matthijs Lozeman</u>			<u>Feline van de Brandhof</u>	
		300m 34.83 (34.83)		300m 37.29 (37.29)		
<hr/>						
		Name	Cat	PB	Time	Info
65	wt	1 Mari-Jen ten Hove	DPB	35.53	34.73	PB
	rd	22 Noor Hoekert	DPC	36.59	36.53	PB
		<u>Mari-Jen ten Hove</u>			<u>Noor Hoekert</u>	
		300m 34.73 (34.73)		300m 36.53 (36.53)		

Referee:

Assistant:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name		Cat		PB		Time	Info
66	yw	21	Yfke Hoekert		DPA		33.61	33.99	
	bl	9	Jasmijn Smit		DPC		34.76	36.50	
		Yfke Hoekert			Jasmijn Smit				
		300m	33.99	(33.99)	300m	36.50	(36.50)		

		Name		Cat		PB		Time	Info
67	wt	18	Evi de Vries		DPD		32.53	32.58	
	rd	29	Julia Bakker		DPB		32.81	33.21	
		Evi de Vries			Julia Bakker				
		300m	32.58	(32.58)	300m	33.21	(33.21)		

		Name		Cat		PB		Time	Info
68	yw	31	Lynn Hoekert		DPB		33.07	33.40	
	bl	10	Joanne Hendriksen		DPA		30.48	30.52	
		Lynn Hoekert			Joanne Hendriksen				
		300m	33.40	(33.40)	300m	30.52	(30.52)		

Referee:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

4. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	1 Jari van Polen	HN2	94	I	1:17.14	PB	
2	1 Jefta Westerink	HA1	92	I	1:26.83	PB	
3	1 Gerwin Boonen	HSB	92	O	1:26.84		
4	3 Twan van de Poppe	HC1	93	O	1:29.20		
5	3 Erik Jeurig	H40	93	I	1:30.02		
6	1 Johan Bakker	H45	89	I	1:31.15		
7	3 Benjamin Klompmaker	HB2	83	I	1:31.75	PB	
8	2 Jens Bakker	HB2	86	I	1:32.03	PB	
9	1 Demi Meinten	DA2	87	O	1:32.29	PB	
10	1 Luc Wit	HB2	90	I	1:32.68	PB	
11	5 Henk Hendriksen	HSB	88	I	1:33.67	PB	
12	3 Herman van de Bunt	HN1	79	O	1:34.16	PB	
13	1 Miranda van den Akker	DC2	86	O	1:34.82	PB	
14	2 John Jonker	H50	87	I	1:35.66		
15	1 Diede Wallet	DN1	84	O	1:35.92	PB	
16	3 André Klompmaker	H50	81	O	1:35.99	PB	
17	1 Henri van Ramshorst	H50	91	O	1:36.24		
18	3 Tom van Steenoven	HSA	91	I	1:36.29		
19	7 Arjan Bovenmars	H45	71	I	1:36.39		
20	2 Milou Klatt-ten Cate	DSB	81	I	1:37.13		
21	1 Stef van Moolenbroek	HC2	88	O	1:37.59		
22	4 Yfke Raadsveld	DC1	85	O	1:38.52		
23	2 Iza Benschop	DC1	85	I	1:39.44		
24	2 Jorinde van den Akker	DA1	83	O	1:39.99		
25	9 Kim Bakker	DC2	79	I	1:41.36	PB	
26	5 Bente van Dasselaar	DC1	82	I	1:42.11		
27	5 Elma van Laar	DN1	69	I	1:42.82		
28	6 Janiek Timmer	DC2	78	I	1:44.31	PB	
29	2 Beert Timmer	H40	84	I	1:44.40		
30	1 Andrea Oosting-Klock	D40	69	O	1:45.59		
31	1 Irene van Veen	DSB	77	O	1:46.58	PB	
32	3 Denise Bakker	DA2	82	O	1:47.50		
33	1 Jan Heuver	H60	70	O	1:47.69		
34	2 Alex Kroeze	HSB	78	O	1:48.59	PB	
35	1 Jasmijn van Ittersum	DB2	75	I	1:48.98	PB	
36	4 Alwin van der Lee	H50	77	I	1:50.44	PB	
37	7 Merel Smit	DC1	80	I	1:50.72		
38	3 Sanne Huurdeman	DC2	72	I	1:51.17		

Referee:

Assistant:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	8 Fleur Oevering	DC1	73	O	1:54.28	PB	
40	1 Wilma de Wolf	D50	80	O	1:55.25		
41	5 David van Zuijlekom	H45	74	O	1:56.37	PB	
42	2 Jeanet Luteijn	D50	76	I	1:56.58	PB	
43	2 Debby Stoudam	DN3	74	I	1:57.50	PB	
44	4 Marlon Tiemens	DN3	73	I	1:58.82	PB	
45	6 Arian Kragt	HSB	76	O	2:01.32		
46	6 Symon Oevering	H45	72	O	2:09.78		
	3 Esther Korenberg	DB2	89	O	DNS		
	2 Nick Hendriksen	HC1	90	O	DNS		
	4 Harmen Snoek	HC1			WDR		
	2 Auke-Tjeerd Hiemstra	HN2			WDR		
	3 Kim Stoudam	DN4			WDR		
	4 Joshua Leusink	HN4			WDR		

Referee:

Assistant:

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Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

4. Race Result 1000 meter

		Name	Cat	PB	Time	Info
69	wt	5 Elma van Laar	DN1		1:42.82	
	rd	1 Andrea Oosting-Klock	D40		1:45.59	
		<u>Elma van Laar</u>		<u>Andrea Oosting-Klock</u>		
		200m 23.57 (23.57)		200m 24.59 (24.59)		
		600m 1:01.82 (38.25)		600m 1:03.61 (39.02)		
		1000m 1:42.82 (41.00)		1000m 1:45.59 (41.98)		

		Name	Cat	PB	Time	Info
70	yw	4 Harmen Snoek	HC1		WDR	
	bl	1 Jan Heuver	H60		1:47.69	
		<u>Harmen Snoek</u>		<u>Jan Heuver</u>		
				200m 27.23 (27.23)		
				600m 1:07.75 (40.52)		
				1000m 1:47.69 (39.94)		

		Name	Cat	PB	Time	Info
71	wt	7 Arjan Bovenmars	H45		1:36.39	
	rd	2 Auke-Tjeerd Hiemstra	HN2		WDR	
		<u>Arjan Bovenmars</u>		<u>Auke-Tjeerd Hiemstra</u>		
		200m 23.16 (23.16)				
		600m 59.56 (36.40)				
		1000m 1:36.39 (36.83)				

		Name	Cat	PB	Time	Info
72	yw	3 Sanne Huurdeman	DC2		1:51.17	
	bl	6 Symon Oevering	H45		2:09.78	
		<u>Sanne Huurdeman</u>		<u>Symon Oevering</u>		
		200m 24.21 (24.21)		200m 29.52 (29.52)		
		600m 1:06.57 (42.36)		600m 1:18.15 (48.63)		
		1000m 1:51.17 (44.60)		1000m 2:09.78 (51.63)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
73	wt	4 Marlon Tiemens	DN3	2:06.33	1:58.82	PB
	rd	8 Fleur Oevering	DC1	2:14.06	1:54.28	PB
		Marlon Tiemens		Fleur Oevering		
		200m 26.70 (26.70)		200m 25.17 (25.17)		
		600m 1:11.62 (44.92)		600m 1:08.93 (43.76)		
		1000m 1:58.82 (47.20)		1000m 1:54.28 (45.35)		

		Name	Cat	PB	Time	Info
74	yw	2 Debby Stoudam	DN3	2:06.90	1:57.50	PB
	bl	5 David van Zuijlekom	H45	1:59.15	1:56.37	PB
		Debby Stoudam		David van Zuijlekom		
		200m 25.77 (25.77)		200m 27.49 (27.49)		
		600m 1:10.47 (44.70)		600m 1:11.90 (44.41)		
		1000m 1:57.50 (47.03)		1000m 1:56.37 (44.47)		

		Name	Cat	PB	Time	Info
75	wt	1 Jasmijn van Ittersum	DB2	1:58.59	1:48.98	PB
	rd	3 Kim Stoudam	DN4	1:56.28	WDR	
		Jasmijn van Ittersum		Kim Stoudam		
		200m 24.35 (24.35)				
		600m 1:05.02 (40.67)				
		1000m 1:48.98 (43.96)				

		Name	Cat	PB	Time	Info
76	yw	2 Jeanet Luteijn	D50	1:57.79	1:56.58	PB
	bl	6 Arian Kragt	HSB	1:56.14	2:01.32	
		Jeanet Luteijn		Arian Kragt		
		200m 27.96 (27.96)		200m 27.59 (27.59)		
		600m 1:11.91 (43.95)		600m 1:14.12 (46.53)		
		1000m 1:56.58 (44.67)		1000m 2:01.32 (47.20)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name		Cat		PB		Time	Info
77	wt	4	Alwin van der Lee		H50		1:52.78	1:50.44	PB
	rd	1	Irene van Veen		DSB		1:51.71	1:46.58	PB
		Alwin van der Lee			Irene van Veen				
		200m	25.63	(25.63)	200m	24.55	(24.55)		
		600m	1:05.96	(40.33)	600m	1:04.58	(40.03)		
		1000m	1:50.44	(44.48)	1000m	1:46.58	(42.00)		

		Name		Cat		PB		Time	Info
78	yw	6	Janiek Timmer		DC2		1:48.63	1:44.31	PB
	bl	2	Alex Kroeze		HSB		1:49.11	1:48.59	PB
		Janiek Timmer			Alex Kroeze				
		200m	23.99	(23.99)	200m	25.12	(25.12)		
		600m	1:03.77	(39.78)	600m	1:06.20	(41.08)		
		1000m	1:44.31	(40.54)	1000m	1:48.59	(42.39)		

		Name		Cat		PB		Time	Info
79	wt	9	Kim Bakker		DC2		1:45.37	1:41.36	PB
	rd	3	Herman van de Bunt		HN1		1:44.11	1:34.16	PB
		Kim Bakker			Herman van de Bunt				
		200m	23.24	(23.24)	200m	22.56	(22.56)		
		600m	1:01.82	(38.58)	600m	58.06	(35.50)		
		1000m	1:41.36	(39.54)	1000m	1:34.16	(36.10)		

		Name		Cat		PB		Time	Info
80	yw	7	Merel Smit		DC1		1:43.98	1:50.72	
	bl	1	Wilma de Wolf		D50		1:48.19	1:55.25	
		Merel Smit			Wilma de Wolf				
		200m	23.91	(23.91)	200m	26.52	(26.52)		
		600m	1:05.66	(41.75)	600m	1:10.11	(43.59)		
		1000m	1:50.72	(45.06)	1000m	1:55.25	(45.14)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
81	wt	2 Milou Klatt-ten Cate	DSB	1:27.11	1:37.13	
	rd	3 André Klompmaker	H50	1:40.52	1:35.99	PB
		Milou Klatt-ten Cate				
		200m	22.74 (22.74)	200m	23.91 (23.91)	
		600m	58.95 (36.21)	600m	1:00.25 (36.34)	
		1000m	1:37.13 (38.18)	1000m	1:35.99 (35.74)	

		Name	Cat	PB	Time	Info
82	yw	5 Bente van Dasselaar	DC1	1:41.54	1:42.11	
	bl	3 Denise Bakker	DA2	1:39.16	1:47.50	
		Bente van Dasselaar				
		200m	23.00 (23.00)	200m	24.48 (24.48)	
		600m	1:00.56 (37.56)	600m	1:04.17 (39.69)	
		1000m	1:42.11 (41.55)	1000m	1:47.50 (43.33)	

		Name	Cat	PB	Time	Info
83	wt	3 Benjamin Klompmaker	HB2	1:38.80	1:31.75	PB
	rd	2 Jorinde van den Akker	DA1	1:38.38	1:39.99	
		Benjamin Klompmaker				
		200m	22.23 (22.23)	200m	22.84 (22.84)	
		600m	56.92 (34.69)	600m	59.84 (37.00)	
		1000m	1:31.75 (34.83)	1000m	1:39.99 (40.15)	

		Name	Cat	PB	Time	Info
84	yw	2 Beert Timmer	H40	1:38.00	1:44.40	
	bl	1 Diede Wallet	DN1	1:37.13	1:35.92	PB
		Beert Timmer				
		200m	24.69 (24.69)	200m	22.24 (22.24)	
		600m	1:03.63 (38.94)	600m	57.27 (35.03)	
		1000m	1:44.40 (40.77)	1000m	1:35.92 (38.65)	

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name		Cat		PB		Time	Info
85	wt	2	Iza Benschop		DC1		1:36.74	1:39.44	
	rd	4	Yfke Raadsveld		DC1		1:36.96	1:38.52	
		Iza Benschop			Yfke Raadsveld				
		200m	22.03	(22.03)	200m	21.94	(21.94)		
		600m	59.20	(37.17)	600m	58.46	(36.52)		
		1000m	1:39.44	(40.24)	1000m	1:38.52	(40.06)		

		Name		Cat		PB		Time	Info
86	yw	2	Jens Bakker		HB2		1:36.02	1:32.03	PB
	bl	1	Miranda van den Akker		DC2		1:35.36	1:34.82	PB
		Jens Bakker			Miranda van den Akker				
		200m	21.37	(21.37)	200m	22.84	(22.84)		
		600m	55.82	(34.45)	600m	58.12	(35.28)		
		1000m	1:32.03	(36.21)	1000m	1:34.82	(36.70)		

		Name		Cat		PB		Time	Info
87	wt	2	John Jonker		H50		1:34.16	1:35.66	
	rd	1	Demi Meinten		DA2		1:33.50	1:32.29	PB
		John Jonker			Demi Meinten				
		200m	22.22	(22.22)	200m	21.55	(21.55)		
		600m	57.85	(35.63)	600m	56.29	(34.74)		
		1000m	1:35.66	(37.81)	1000m	1:32.29	(36.00)		

		Name		Cat		PB		Time	Info
88	yw	5	Henk Hendriksen		HSB		1:35.19	1:33.67	PB
	bl	1	Stef van Moolenbroek		HC2		1:34.87	1:37.59	
		Henk Hendriksen			Stef van Moolenbroek				
		200m	22.81	(22.81)	200m	21.30	(21.30)		
		600m	57.51	(34.70)	600m	56.91	(35.61)		
		1000m	1:33.67	(36.16)	1000m	1:37.59	(40.68)		

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
89	wt	1 Johan Bakker	H45	1:30.79	1:31.15	
	rd	3 Esther Korenberg	DB2	1:32.50	DNS	
		<u>Johan Bakker</u>		<u>Esther Korenberg</u>		
		200m	21.80 (21.80)			
		600m	55.43 (33.63)			
		1000m	1:31.15 (35.72)			

		Name	Cat	PB	Time	Info
90	yw	1 Luc Wit	HB2	1:32.81	1:32.68	PB
	bl	2 Nick Hendriksen	HC1	1:31.44	DNS	
		<u>Luc Wit</u>		<u>Nick Hendriksen</u>		
		200m	21.28 (21.28)			
		600m	55.68 (34.40)			
		1000m	1:32.68 (37.00)			

		Name	Cat	PB	Time	Info
91	wt	3 Tom van Steenoven	HSA	1:29.00	1:36.29	
	rd	1 Henri van Ramshorst	H50	1:29.83	1:36.24	
		<u>Tom van Steenoven</u>		<u>Henri van Ramshorst</u>		
		200m	21.08 (21.08)	200m	24.22 (24.22)	
		600m	57.64 (36.56)	600m	1:00.08 (35.86)	
		1000m	1:36.29 (38.65)	1000m	1:36.24 (36.16)	

		Name	Cat	PB	Time	Info
92	yw	1 Jefta Westerink	HA1	1:29.00	1:26.83	PB
	bl	1 Gerwin Boonen	HSB	1:22.13	1:26.84	
		<u>Jefta Westerink</u>		<u>Gerwin Boonen</u>		
		200m	20.52 (20.52)	200m	19.87 (19.87)	
		600m	52.78 (32.26)	600m	51.45 (31.58)	
		1000m	1:26.83 (34.05)	1000m	1:26.84 (35.39)	

Club.wed.STG Elburg, 't Griezeveen, SSVN, Viking

Sport- en Recreatiecentrum de Scheg - Deventer

10 February 2024

		Name	Cat	PB	Time	Info
93	wt	3 Erik Jeuring	H40	1:25.30	1:30.02	
	rd	3 Twan van de Poppe	HC1	1:26.68	1:29.20	
		<u>Erik Jeuring</u>		<u>Twan van de Poppe</u>		
		200m 20.54 (20.54)		200m 20.44 (20.44)		
		600m 53.59 (33.05)		600m 53.67 (33.23)		
		1000m 1:30.02 (36.43)		1000m 1:29.20 (35.53)		

		Name	Cat	PB	Time	Info
94	yw	1 Jari van Polen	HN2	1:22.20	1:17.14	PB
	bl	4 Joshua Leusink	HN4	1:27.68	WDR	
		<u>Jari van Polen</u>		<u>Joshua Leusink</u>		
		200m 18.54 (18.54)				
		600m 47.01 (28.47)				
		1000m 1:17.14 (30.13)				