

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

1. Uitslag Pupillen C en ouder (100/500) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 89 Tim Postma | HC1 | 23 | I | 12.23 | PR | |
| 2 | 50 Rimar Kaper | HC1 | 21 | O | 12.57 | PR | |
| 3 | 31 Bente Dam | DPA | 23 | O | 12.76 | | |
| 4 | 29 Lynn van Baaren | DPA | 24 | O | 12.80 | | |
| 5 | 23 Jurre Valkenburg | HPB | 22 | O | 12.81 | | |
| 6 | 56 Jolieke Zijlstra | DPB | 21 | I | 12.86 | PR | |
| 7 | 99 Maud de Vries | DC1 | 19 | O | 12.90 | PR | |
| 8 | 100 Joas van der Vaart | HC1 | 24 | I | 13.18 | | |
| 9 | 34 Maarten van Achteren | HC1 | 10 | I | 13.23 | PR | |
| 10 | 30 Julia Boersma | DPB | 22 | I | 13.26 | | |
| 11 | 79 Ilana Hokse | DPC | 15 | I | 13.36 | | |
| 12 | 1 Jurjen Dijkstra | HPA | 16 | O | 13.39 | PR | |
| 13 | 3 Frouwkje Dijkstra | DC2 | 18 | I | 13.45 | | |
| 14 | 64 Fimke van der Wey | DPB | 13 | I | 13.49 | PR | |
| 15 | 97 Femke Hazeveld | DPC | 19 | I | 13.52 | | |
| 16 | 83 Anna de Vegt | DPC | 17 | I | 13.55 | | |
| 17 | 32 Amber Soet | DPA | 17 | O | 13.58 | | |
| 18 | 49 Philip Aalberts | HPC | 15 | O | 13.63 | | |
| 19 | 104 Renske Kromkamp | DPC | 13 | O | 13.64 | PR | |
| 20 | 61 Bas van der Weij | HPB | 18 | O | 13.68 | | |
| 21 | 58 Jim Oosterhuis | HPC | 14 | O | 13.70 | PR | |
| 22 | 76 Larissa Feenstra | DPA | 20 | O | 13.73 | | |
| 23 | 72 Ilona Borger | DC1 | 11 | O | 13.81 | PR | |
| 24 | 18 Aniek Snijdelaar | DPB | 14 | I | 13.90 | | |
| 25 | 17 Norah Bijlsma | DPA | 11 | I | 13.94 | PR | |
| 26 | 12 Lotte van der Woud | DPA | 12 | I | 14.01 | PR | |
| 27 | 28 Myrthe Zwaagstra | DPB | 16 | I | 14.03 | | |
| | 21 Esra Alkema | DPC | 10 | O | 14.03 | PR | |
| 29 | 74 Ranomi Schaap | DPB | 9 | I | 14.25 | PR | |
| 30 | 77 Romée Lanser | DPB | 9 | O | 14.43 | | |
| 31 | 84 Louise Bouma | DC1 | 12 | O | 14.62 | | |
| 32 | 41 Jorik Ettema | HPA | 8 | I | 14.65 | PR | |
| 33 | 62 Sinne Kramer | DPB | 6 | I | 14.91 | PR | |
| 34 | 27 Yfke Vries | DPC | 5 | O | 15.07 | PR | |
| 35 | 40 Sanne Elgersma | DPB | 1 | I | 15.33 | | |
| 36 | 98 Pim de Vries | HPC | 7 | I | 15.45 | | |
| 37 | 43 Marij Elzinga | DPC | 1 | O | 15.61 | | |
| 38 | 63 Wille Kramer | HPC | 6 | O | 15.68 | | |

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| Pos | Naam | Cat | Paar | Baan | Tijd Info | Punten |
|-----|-------------------|-----|------|------|-----------|--------|
| 39 | 66 Isa Draijer | DPA | 5 | I | 15.77 | |
| 40 | 38 Iris Buma | DPC | 3 | O | 15.89 PR | |
| | 19 Djurre Zuidema | HPA | 7 | O | 15.89 | |
| 42 | 44 Marit Dijkstra | DPC | 4 | O | 16.10 PR | |
| 43 | 42 Laurien Ettema | DPC | 3 | I | 16.81 PR | |
| 44 | 65 Femke Draijer | DPC | 4 | I | 17.20 PR | |
| 45 | 4 Wietske de Boer | DPA | 8 | O | 19.33 | |
| 46 | 69 Hidde Boskma | HPB | 20 | I | 20.12 FL | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|-------|---------|------|---------------------|--------------|------|
| 6 | gl | 62 Sinne Kramer | | DPB | | 15.76 | 14.91 | PR |
| | bl | 63 Wille Kramer | | HPC | | 15.66 | 15.68 | |
| | | <u>Sinne Kramer</u> | | | | <u>Wille Kramer</u> | | |
| | | 100m | 14.91 | (14.91) | 100m | 15.68 | (15.68) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|-------|---------|------|-----------------------|--------------|------|
| 7 | wt | 98 Pim de Vries | | HPC | | 14.49 | 15.45 | |
| | rd | 19 Djurre Zuidema | | HPA | | 15.12 | 15.89 | |
| | | <u>Pim de Vries</u> | | | | <u>Djurre Zuidema</u> | | |
| | | 100m | 15.45 | (15.45) | 100m | 15.89 | (15.89) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|-------|---------|------|------------------------|--------------|------|
| 8 | gl | 41 Jorik Ettema | | HPA | | 15.04 | 14.65 | PR |
| | bl | 4 Wietske de Boer | | DPA | | 14.96 | 19.33 | |
| | | <u>Jorik Ettema</u> | | | | <u>Wietske de Boer</u> | | |
| | | 100m | 14.65 | (14.65) | 100m | 19.33 | (19.33) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------|---------|------|---------------------|--------------|------|
| 9 | wt | 74 Ranomi Schaap | | DPB | | 14.27 | 14.25 | PR |
| | rd | 77 Roméé Lanser | | DPB | | 14.18 | 14.43 | |
| | | <u>Ranomi Schaap</u> | | | | <u>Roméé Lanser</u> | | |
| | | 100m | 14.25 | (14.25) | 100m | 14.43 | (14.43) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------------|-------|---------|------|--------------------|--------------|------|
| 10 | gl | 34 Maarten van Achteren | | HC1 | | 14.29 | 13.23 | PR |
| | bl | 21 Esra Alkema | | DPC | | 14.20 | 14.03 | PR |
| | | <u>Maarten van Achteren</u> | | | | <u>Esra Alkema</u> | | |
| | | 100m | 13.23 | (13.23) | 100m | 14.03 | (14.03) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|------|---------------------|--------------|------|
| 11 | wt | 17 Norah Bijlsma | | DPA | | 14.05 | 13.94 | PR |
| | rd | 72 Ilona Borger | | DC1 | | 14.13 | 13.81 | PR |
| | | <u>Norah Bijlsma</u> | | | | <u>Ilona Borger</u> | | |
| | | 100m | 13.94 | (13.94) | 100m | 13.81 | (13.81) | |

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| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------------|---------------------------|---------|---------------------|-------|--------------|------|--|
| 12 | gl | 12 | Lotte van der Woud | | DPA | 14.02 | 14.01 | PR | |
| | bl | 84 | Louise Bouma | | DC1 | 14.04 | 14.62 | | |
| | | <u>Lotte van der Woud</u> | | | <u>Louise Bouma</u> | | | | |
| | | 100m | 14.01 | (14.01) | 100m | 14.62 | (14.62) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|--------------------------|--------------------------|---------|------------------------|-------|--------------|------|--|
| 13 | wt | 64 | Fimke van der Wey | | DPB | 13.69 | 13.49 | PR | |
| | rd | 104 | Renske Kromkamp | | DPC | 13.68 | 13.64 | PR | |
| | | <u>Fimke van der Wey</u> | | | <u>Renske Kromkamp</u> | | | | |
| | | 100m | 13.49 | (13.49) | 100m | 13.64 | (13.64) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------------|-------------------------|---------|-----------------------|-------|--------------|------|--|
| 14 | gl | 18 | Aniek Snijdelaar | | DPB | 13.69 | 13.90 | | |
| | bl | 58 | Jim Oosterhuis | | HPC | 13.78 | 13.70 | PR | |
| | | <u>Aniek Snijdelaar</u> | | | <u>Jim Oosterhuis</u> | | | | |
| | | 100m | 13.90 | (13.90) | 100m | 13.70 | (13.70) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|--|
| 15 | wt | 79 | Ilana Hokse | | DPC | 13.35 | 13.36 | | |
| | rd | 49 | Philip Aalberts | | HPC | 13.15 | 13.63 | | |
| | | <u>Ilana Hokse</u> | | | <u>Philip Aalberts</u> | | | | |
| | | 100m | 13.36 | (13.36) | 100m | 13.63 | (13.63) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------------|-------------------------|---------|------------------------|-------|--------------|------|--|
| 16 | gl | 28 | Myrthe Zwaagstra | | DPB | 13.62 | 14.03 | | |
| | bl | 1 | Jurjen Dijkstra | | HPA | 13.45 | 13.39 | PR | |
| | | <u>Myrthe Zwaagstra</u> | | | <u>Jurjen Dijkstra</u> | | | | |
| | | 100m | 14.03 | (14.03) | 100m | 13.39 | (13.39) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------|---------------------|---------|-------------------|-------|--------------|------|--|
| 17 | wt | 83 | Anna de Vegt | | DPC | 13.37 | 13.55 | | |
| | rd | 32 | Amber Soet | | DPA | 13.33 | 13.58 | | |
| | | <u>Anna de Vegt</u> | | | <u>Amber Soet</u> | | | | |
| | | 100m | 13.55 | (13.55) | 100m | 13.58 | (13.58) | | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|-------------------------|-------|--------------|------|
| 18 | gl | 3 | Frouwkje Dijkstra | | DC2 | 13.37 | 13.45 | |
| | bl | 61 | Bas van der Weij | | HPB | 13.24 | 13.68 | |
| | | <u>Frouwkje Dijkstra</u> | | | <u>Bas van der Weij</u> | | | |
| | | 100m | 13.45 | (13.45) | 100m | 13.68 | (13.68) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 19 | wt | 97 | Femke Hazeveld | | DPC | 13.21 | 13.52 | |
| | rd | 99 | Maud de Vries | | DC1 | 13.17 | 12.90 | PR |
| | | <u>Femke Hazeveld</u> | | | <u>Maud de Vries</u> | | | |
| | | 100m | 13.52 | (13.52) | 100m | 12.90 | (12.90) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 20 | gl | 69 | Hidde Boskma | | HPB | 13.19 | 20.12 | FL |
| | bl | 76 | Larissa Feenstra | | DPA | 13.18 | 13.73 | |
| | | <u>Hidde Boskma</u> | | | <u>Larissa Feenstra</u> | | | |
| | | 100m | 20.12 | (20.12) | 100m | 13.73 | (13.73) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 21 | wt | 56 | Jolieke Zijlstra | | DPB | 13.01 | 12.86 | PR |
| | rd | 50 | Rimar Kaper | | HC1 | 13.13 | 12.57 | PR |
| | | <u>Jolieke Zijlstra</u> | | | <u>Rimar Kaper</u> | | | |
| | | 100m | 12.86 | (12.86) | 100m | 12.57 | (12.57) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 22 | gl | 30 | Julia Boersma | | DPB | 13.13 | 13.26 | |
| | bl | 23 | Jurre Valkenburg | | HPB | 12.67 | 12.81 | |
| | | <u>Julia Boersma</u> | | | <u>Jurre Valkenburg</u> | | | |
| | | 100m | 13.26 | (13.26) | 100m | 12.81 | (12.81) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 23 | wt | 89 | Tim Postma | | HC1 | 12.35 | 12.23 | PR |
| | rd | 31 | Bente Dam | | DPA | 12.73 | 12.76 | |
| | | <u>Tim Postma</u> | | | <u>Bente Dam</u> | | | |
| | | 100m | 12.23 | (12.23) | 100m | 12.76 | (12.76) | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|------------------------|-------|---------|--------------|
| 24 | gl | 100 | Joas van der Vaart | | HC1 | | 12.82 | 13.18 |
| | bl | 29 | Lynn van Baaren | | DPA | | 12.56 | 12.80 |
| | | <u>Joas van der Vaart</u> | | | <u>Lynn van Baaren</u> | | | |
| | | 100m | 13.18 | (13.18) | 100m | 12.80 | (12.80) | |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

2. Uitslag Jongste pupillen (100/300) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------------|-----|------|------|--------------|------|--------|
| 1 | 105 Fayenna Schaap | DPD | 29 | I | 14.13 | PR | |
| 2 | 10 Aniek van der Tuuk | DPD | 30 | O | 14.26 | PR | |
| 3 | 16 Trude Schoustra | DPD | 30 | I | 15.07 | PR | |
| 4 | 94 Michella De Jong | DPE | 29 | O | 15.51 | | |
| 5 | 91 Jeltje De Jong | DPD | 25 | I | 15.80 | PR | |
| 6 | 78 Hylke van der Heide | HPF | 28 | I | 15.93 | PR | |
| 7 | 68 Thijs Zijlstra | HPF | 27 | I | 16.02 | PR | |
| 8 | 9 Jitse Hamstra | HPE | 27 | O | 16.15 | PR | |
| 9 | 14 Jimte Schoustra | HPD | 25 | O | 16.52 | PR | |
| 10 | 70 Elvyra Koning | DPF | 26 | I | 17.26 | PR | |
| 11 | 95 Romy Gmelich Meijling | DPE | 26 | O | 17.73 | | |
| 12 | 67 Bram Zijlstra | HPD | 28 | O | 20.85 | FL | |

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2. Rituitslag Jongste pupillen (100/300) 100 meter

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Elfstedenhal - Leeuwarden

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|--------------------|------------------------|------|
| 25 | wt | 91 Jeltje De Jong | DPD | 18.00 | 15.80 | PR |
| | rd | 14 Jimte Schoustra | HPD | 17.55 | 16.52 | PR |
| | | <u>Jeltje De Jong</u> | | | <u>Jimte Schoustra</u> | |
| | | 100m 15.80 (15.80) | | 100m 16.52 (16.52) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------------|-----|--------------------|------------------------------|------|
| 26 | gl | 70 Elvyra Koning | DPF | 18.53 | 17.26 | PR |
| | bl | 95 Romy Gmelich Meijling | DPE | | 17.73 | |
| | | <u>Elvyra Koning</u> | | | <u>Romy Gmelich Meijling</u> | |
| | | 100m 17.26 (17.26) | | 100m 17.73 (17.73) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|--------------------|----------------------|------|
| 27 | wt | 68 Thijs Zijlstra | HPF | 17.47 | 16.02 | PR |
| | rd | 9 Jitse Hamstra | HPE | 16.62 | 16.15 | PR |
| | | <u>Thijs Zijlstra</u> | | | <u>Jitse Hamstra</u> | |
| | | 100m 16.02 (16.02) | | 100m 16.15 (16.15) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-----|--------------------|----------------------|------|
| 28 | gl | 78 Hylke van der Heide | HPF | 17.15 | 15.93 | PR |
| | bl | 67 Bram Zijlstra | HPD | 15.73 | 20.85 | FL |
| | | <u>Hylke van der Heide</u> | | | <u>Bram Zijlstra</u> | |
| | | 100m 15.93 (15.93) | | 100m 20.85 (20.85) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|--------------------|-------------------------|------|
| 29 | wt | 105 Fayenna Schaap | DPD | 14.19 | 14.13 | PR |
| | rd | 94 Michella De Jong | DPE | 15.27 | 15.51 | |
| | | <u>Fayenna Schaap</u> | | | <u>Michella De Jong</u> | |
| | | 100m 14.13 (14.13) | | 100m 15.51 (15.51) | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|--------------------|---------------------------|------|
| 30 | gl | 16 Trude Schoustra | DPD | 15.59 | 15.07 | PR |
| | bl | 10 Aniek van der Tuuk | DPD | 14.45 | 14.26 | PR |
| | | <u>Trude Schoustra</u> | | | <u>Aniek van der Tuuk</u> | |
| | | 100m 15.07 (15.07) | | 100m 14.26 (14.26) | | |

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Elfstedenhal - Leeuwarden

3. Uitslag Pupillen A en B (100/700) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 7 Nick van der Staal | HPB | 34 | I | 12.69 | | |
| 2 | 13 Berend Zijlstra | HPA | 33 | I | 12.93 | | |
| 3 | 75 Jurjen Kramer | HPA | 33 | O | 12.98 | | |
| 4 | 106 Miriam van Es | DPB | 34 | O | 13.09 | PR | |
| 5 | 108 Ingmar Jansen | HPB | 31 | I | 13.43 | PR | |
| 6 | 107 Ferry-Jan De Ruiter | HPA | 31 | O | 13.82 | | |

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3. Rituitslag Pupillen A en B (100/700) 100 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------|---------------------|---------|---------------------|-------|--------------|------|
| 31 | wt | 108 | Ingmar Jansen | | HPB | 13.72 | 13.43 | PR |
| | rd | 107 | Ferry-Jan De Ruiter | | HPA | 13.46 | 13.82 | |
| | | Ingmar Jansen | | | Ferry-Jan De Ruiter | | | |
| | | 100m | 13.43 | (13.43) | 100m | 13.82 | (13.82) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------|--|--|-----|----|------|------|
| 32 | gl | | | | | | | |
| | bl | | | | | | | |
| | | m | | | m | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------|-----------------|---------|---------------|-------|--------------|------|
| 33 | wt | 13 | Berend Zijlstra | | HPA | 12.69 | 12.93 | |
| | rd | 75 | Jurjen Kramer | | HPA | 12.90 | 12.98 | |
| | | Berend Zijlstra | | | Jurjen Kramer | | | |
| | | 100m | 12.93 | (12.93) | 100m | 12.98 | (12.98) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|---------------|-------|--------------|------|
| 34 | gl | 7 | Nick van der Staal | | HPB | 12.52 | 12.69 | |
| | bl | 106 | Miriam van Es | | DPB | 13.12 | 13.09 | PR |
| | | Nick van der Staal | | | Miriam van Es | | | |
| | | 100m | 12.69 | (12.69) | 100m | 13.09 | (13.09) | |

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4. Uitslag Junioren B/C en ouder (500/1500) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------|-----|------|------|-------|-------|--------|
| 1 | 85 Rixt Bijlsma | DC1 | 36 | O | 44.26 | HT PR | |
| 2 | 73 Daan Westra | HC1 | 35 | I | 46.89 | PR | |
| 3 | 60 Antje Ypma | DC1 | 36 | I | 47.57 | | |
| 4 | 36 Menthe Pietersma | DC1 | 35 | O | 48.72 | | |

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4. Rituitslag Junioren B/C en ouder (500/1500) 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 35 | wt | 73 | Daan Westra | | HC1 | 46.98 | | 46.89 | PR |
| | rd | 36 | Menthe Pietersma | | DC1 | 47.12 | | 48.72 | |
| | | Daan Westra | | | Menthe Pietersma | | | | |
| | | 100m | 12.95 | (12.95) | 100m | 12.94 | (12.94) | | |
| | | 500m | 46.89 | (33.94) | 500m | 48.72 | (35.78) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------|---------------------|---------|---------------------|-------|---------|--------------|-------|
| 36 | gl | 60 | Antje Ypma | | DC1 | 47.44 | | 47.57 | |
| | bl | 85 | Rixt Bijlsma | | DC1 | 45.65 | | 44.26 | HT PR |
| | | Antje Ypma | | | Rixt Bijlsma | | | | |
| | | 100m | 13.11 | (13.11) | 100m | 44.26 | (44.26) | | |
| | | 500m | 47.57 | (34.46) | | | | | |

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5. Uitslag Pupillen A en ouder (500/1000) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 115 Sandra v/d Heide | DA1 | 51 | I | 42.91 | | |
| 2 | 47 Tijmen Kiwiet | HB1 | 52 | O | 43.69 | PR | |
| 3 | 24 Hidde-Jan Poiesz | HC2 | 51 | O | 45.31 | PR | |
| 4 | 51 Jeroen Wessels | HC2 | 48 | I | 46.50 | PR | |
| 5 | 8 Nynke Krol | DPA | 49 | I | 46.52 | | |
| 6 | 55 Stijn Sloot | HB1 | 49 | O | 46.97 | | |
| 7 | 82 Sverre de Vegt | HPA | 52 | I | 47.21 | | |
| 8 | 59 Allard van der Ende | HPA | 50 | I | 47.87 | PR | |
| 9 | 22 Nienke Valkenburg | DA1 | 47 | O | 47.99 | | |
| 10 | 25 Sybrich Buisman | DC1 | 47 | I | 48.42 | | |
| 11 | 45 Daphne Marit van der Heide | DB2 | 44 | I | 48.79 | PR | |
| 12 | 6 Wytse Hamstra | HC1 | 45 | O | 48.82 | PR | |
| 13 | 87 Doutzen Wierda | DPA | 48 | O | 48.94 | PR | |
| 14 | 57 Jennifer Buis | DN3 | 50 | O | 49.43 | | |
| 15 | 96 Jolien Hazeveld | DPA | 46 | I | 49.45 | PR | |
| 16 | 35 Bram Wimmenhove | HC2 | 43 | O | 49.65 | | |
| 17 | 46 Romke Jepma | HC2 | 43 | I | 50.44 | | |
| 18 | 48 Maurits Aalberts | HPA | 44 | O | 50.85 | PR | |
| 19 | 2 Welmoed de Boer | DC2 | 42 | O | 50.96 | PR | |
| 20 | 52 Miriam Gossen | DSA | 46 | O | 51.41 | | |
| 21 | 113 Watse Westra | HB1 | 39 | I | 51.44 | PR | |
| 22 | 26 Silke Vries | DC1 | 41 | I | 51.82 | | |
| 23 | 33 Esmee Soet | DC2 | 45 | I | 52.03 | | |
| 24 | 112 Feya Hollak | DC1 | 42 | I | 53.23 | | |
| 25 | 103 Manou Walta | DPA | 38 | O | 53.34 | PR | |
| 26 | 54 Annet de Boer | DC1 | 39 | O | 53.95 | | |
| 27 | 71 Petra Bekema | DB1 | 40 | O | 54.94 | | |
| 28 | 109 Verena Jansen | DC1 | 40 | I | 55.09 | | |
| 29 | 37 Iris Boersma | DB1 | 38 | I | 58.66 | PR | |
| 30 | 15 Froucke Schoustra | DPA | 37 | I | 59.17 | PR | |
| 31 | 80 Lois Marly Libregts | DN1 | 41 | O | 1:03.69 | FL | |
| 32 | 39 Jetske Elgersma | DC2 | 37 | O | 1:04.91 | PR | |

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Elfstedenhal - Leeuwarden

5. Rituitslag Pupillen A en ouder (500/1000) 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|---------|----------------|------|
| 37 | wt | 15 | Froucke Schoustra | | DPA | | 1:04.00 | 59.17 | PR |
| | rd | 39 | Jetske Elgersma | | DC2 | | 1:06.63 | 1:04.91 | PR |
| | | Froucke Schoustra | | | Jetske Elgersma | | | | |
| | | 100m | 14.62 | (14.62) | 100m | 15.42 | (15.42) | | |
| | | 500m | 59.17 | (44.55) | 500m | 1:04.91 | (49.49) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|---------|--------------|------|
| 38 | gl | 37 | Iris Boersma | | DB1 | | 59.94 | 58.66 | PR |
| | bl | 103 | Manou Walta | | DPA | | 59.32 | 53.34 | PR |
| | | Iris Boersma | | | Manou Walta | | | | |
| | | 100m | 14.73 | (14.73) | 100m | 14.06 | (14.06) | | |
| | | 500m | 58.66 | (43.93) | 500m | 53.34 | (39.28) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 39 | wt | 113 | Witse Westra | | HB1 | | 53.06 | 51.44 | PR |
| | rd | 54 | Annet de Boer | | DC1 | | 53.27 | 53.95 | |
| | | Witse Westra | | | Annet de Boer | | | | |
| | | 100m | 14.22 | (14.22) | 100m | 14.55 | (14.55) | | |
| | | 500m | 51.44 | (37.22) | 500m | 53.95 | (39.40) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|---------|--------------|------|
| 40 | gl | 109 | Verena Jansen | | DC1 | | 53.80 | 55.09 | |
| | bl | 71 | Petra Bekema | | DB1 | | 53.99 | 54.94 | |
| | | Verena Jansen | | | Petra Bekema | | | | |
| | | 100m | 13.89 | (13.89) | 100m | 14.33 | (14.33) | | |
| | | 500m | 55.09 | (41.20) | 500m | 54.94 | (40.61) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------|----------------------------|---------|----------------------------|---------|---------|----------------|------|
| 41 | wt | 26 | Silke Vries | | DC1 | | 51.20 | 51.82 | |
| | rd | 80 | Lois Marly Libregts | | DN1 | | 52.58 | 1:03.69 | FL |
| | | Silke Vries | | | Lois Marly Libregts | | | | |
| | | 100m | 13.82 | (13.82) | 100m | 13.56 | (13.56) | | |
| | | 500m | 51.82 | (38.00) | 500m | 1:03.69 | (50.13) | | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 42 | gl | 112 | Feya Hollak | | DC1 | 52.14 | 53.23 | |
| | bl | 2 | Welmoed de Boer | | DC2 | 50.98 | 50.96 | PR |
| | | Feya Hollak | | | Welmoed de Boer | | | |
| | | 100m | 13.97 | (13.97) | 100m | 13.52 | (13.52) | |
| | | 500m | 53.23 | (39.26) | 500m | 50.96 | (37.44) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 43 | wt | 46 | Romke Jepma | | HC2 | 50.19 | 50.44 | |
| | rd | 35 | Bram Wimmenhove | | HC2 | 49.45 | 49.65 | |
| | | Romke Jepma | | | Bram Wimmenhove | | | |
| | | 100m | 12.99 | (12.99) | 100m | 12.71 | (12.71) | |
| | | 500m | 50.44 | (37.45) | 500m | 49.65 | (36.94) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------------------|-----------------------------------|---------|-------------------------|-------|--------------|------|
| 44 | gl | 45 | Daphne Marit van der Heide | | DB2 | 48.91 | 48.79 | PR |
| | bl | 48 | Maurits Aalberts | | HPA | 50.88 | 50.85 | PR |
| | | Daphne Marit van der Heide | | | Maurits Aalberts | | | |
| | | 100m | 12.82 | (12.82) | 100m | 13.47 | (13.47) | |
| | | 500m | 48.79 | (35.97) | 500m | 50.85 | (37.38) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|----------------------|---------|----------------------|-------|--------------|------|
| 45 | wt | 33 | Esmee Soet | | DC2 | 49.68 | 52.03 | |
| | rd | 6 | Wytse Hamstra | | HC1 | 49.45 | 48.82 | PR |
| | | Esmee Soet | | | Wytse Hamstra | | | |
| | | 100m | 13.67 | (13.67) | 100m | 13.18 | (13.18) | |
| | | 500m | 52.03 | (38.36) | 500m | 48.82 | (35.64) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|--------------|------|
| 46 | gl | 96 | Jolien Hazeveld | | DPA | 49.45 | 49.45 | PR |
| | bl | 52 | Miriam Gossen | | DSA | 49.53 | 51.41 | |
| | | Jolien Hazeveld | | | Miriam Gossen | | | |
| | | 100m | 13.16 | (13.16) | 100m | 13.75 | (13.75) | |
| | | 500m | 49.45 | (36.29) | 500m | 51.41 | (37.66) | |

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Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 47 | wt | 25 | Sybrich Buisman | | DC1 | 48.31 | 48.42 | |
| | rd | 22 | Nienke Valkenburg | | DA1 | 44.95 | 47.99 | |
| | | <u>Sybrich Buisman</u> | | | <u>Nienke Valkenburg</u> | | | |
| | | 100m | 13.01 | (13.01) | 100m | 13.04 | (13.04) | |
| | | 500m | 48.42 | (35.41) | 500m | 47.99 | (34.95) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 48 | gl | 51 | Jeroen Wessels | | HC2 | 48.28 | 46.50 | PR |
| | bl | 87 | Doutzen Wierda | | DPA | 49.04 | 48.94 | PR |
| | | <u>Jeroen Wessels</u> | | | <u>Doutzen Wierda</u> | | | |
| | | 100m | 12.51 | (12.51) | 100m | 12.95 | (12.95) | |
| | | 500m | 46.50 | (33.99) | 500m | 48.94 | (35.99) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------|--------------------|---------|--------------------|-------|--------------|------|
| 49 | wt | 8 | Nynke Krol | | DPA | 45.07 | 46.52 | |
| | rd | 55 | Stijn Sloot | | HB1 | 45.66 | 46.97 | |
| | | <u>Nynke Krol</u> | | | <u>Stijn Sloot</u> | | | |
| | | 100m | 12.40 | (12.40) | 100m | 12.92 | (12.92) | |
| | | 500m | 46.52 | (34.12) | 500m | 46.97 | (34.05) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|---------|----------------------|-------|--------------|------|
| 50 | gl | 59 | Allard van der Ende | | HPA | 48.18 | 47.87 | PR |
| | bl | 57 | Jennifer Buis | | DN3 | 47.85 | 49.43 | |
| | | <u>Allard van der Ende</u> | | | <u>Jennifer Buis</u> | | | |
| | | 100m | 12.79 | (12.79) | 100m | 13.45 | (13.45) | |
| | | 500m | 47.87 | (35.08) | 500m | 49.43 | (35.98) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 51 | wt | 115 | Sandra v/d Heide | | DA1 | 42.50 | 42.91 | |
| | rd | 24 | Hidde-Jan Poiesz | | HC2 | 45.45 | 45.31 | PR |
| | | <u>Sandra v/d Heide</u> | | | <u>Hidde-Jan Poiesz</u> | | | |
| | | 100m | 11.53 | (11.53) | 100m | 12.01 | (12.01) | |
| | | 500m | 42.91 | (31.38) | 500m | 45.31 | (33.30) | |

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| Elfstedenhal - Leeuwarden | | | | | | |
|---------------------------|----|-----------------------|-------|----------------------|-------|-----------------|
| | | Naam | | Cat | PR | Tijd Info |
| 52 | gl | 82 Sverre de Vegt | | HPA | 46.37 | 47.21 |
| | bl | 47 Tijmen Kiwiet | | HB1 | 45.39 | 43.69 PR |
| | | <u>Sverre de Vegt</u> | | <u>Tijmen Kiwiet</u> | | |
| | | 100m | 12.17 | (12.17) | 100m | 11.89 (11.89) |
| | | 500m | 47.21 | (35.04) | 500m | 43.69 (31.80) |

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Elfstedenhal - Leeuwarden

6. Uitslag Pupillen C en ouder (100/500) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 23 Jurre Valkenburg | HPB | 75 | O | 49.49 | | |
| 2 | 99 Maud de Vries | DC1 | 75 | I | 49.71 | | |
| 3 | 100 Joas van der Vaart | HC1 | 73 | O | 50.86 | | |
| 4 | 79 Ilana Hokse | DPC | 59 | O | 50.95 | PR | |
| 5 | 50 Rimar Kaper | HC1 | 76 | I | 50.99 | | |
| 6 | 31 Bente Dam | DPA | 74 | O | 51.00 | | |
| 7 | 49 Philip Aalberts | HPC | 55 | I | 51.04 | | |
| 8 | 1 Jurjen Dijkstra | HPA | 74 | I | 51.94 | | |
| 9 | 34 Maarten van Achteren | HC1 | 68 | I | 51.96 | PR | |
| 10 | 56 Jolieke Zijlstra | DPB | 69 | O | 52.19 | PR | |
| 11 | 29 Lynn van Baaren | DPA | 73 | I | 52.28 | | |
| 12 | 104 Renske Kromkamp | DPC | 71 | O | 52.73 | | |
| 13 | 61 Bas van der Weij | HPB | 71 | I | 53.44 | | |
| | 83 Anna de Vegt | DPC | 72 | O | 53.44 | | |
| 15 | 3 Frouwkje Dijkstra | DC2 | 72 | I | 53.90 | | |
| 16 | 76 Larissa Feenstra | DPA | 67 | O | 54.07 | | |
| 17 | 97 Femke Hazeveld | DPC | 70 | I | 54.31 | | |
| 18 | 21 Esra Alkema | DPC | 65 | O | 54.42 | PR | |
| 19 | 28 Myrthe Zwaagstra | DPB | 70 | O | 54.61 | | |
| 20 | 84 Louise Bouma | DC1 | 68 | O | 54.94 | | |
| 21 | 18 Aniek Snijdelaar | DPB | 64 | O | 55.14 | PR | |
| 22 | 72 Ilona Borger | DC1 | 65 | I | 55.32 | PR | |
| 23 | 32 Amber Soet | DPA | 67 | I | 56.12 | | |
| 24 | 64 Fimke van der Wey | DPB | 62 | O | 56.21 | PR | |
| 25 | 69 Hidde Boskma | HPB | 63 | O | 56.27 | PR | |
| 26 | 12 Lotte van der Woud | DPA | 66 | I | 56.76 | | |
| 27 | 17 Norah Bijlsma | DPA | 61 | O | 57.27 | PR | |
| 28 | 98 Pim de Vries | HPC | 66 | O | 57.41 | PR | |
| 29 | 58 Jim Oosterhuis | HPC | 61 | I | 1:00.42 | PR | |
| 30 | 77 Romée Lanser | DPB | 63 | I | 1:01.02 | | |
| 31 | 27 Yfke Vries | DPC | 62 | I | 1:01.97 | | |
| 32 | 74 Ranomi Schaap | DPB | 64 | I | 1:02.18 | | |
| 33 | 4 Wietske de Boer | DPA | 60 | I | 1:03.62 | PR | |
| 34 | 19 Djurre Zuidema | HPA | 59 | I | 1:04.08 | PR | |
| 35 | 41 Jorik Ettema | HPA | 57 | I | 1:04.27 | PR | |
| 36 | 30 Julia Boersma | DPB | 69 | I | 1:06.42 | FL | |
| 37 | 66 Isa Draijer | DPA | 60 | O | 1:06.96 | PR | |
| 38 | 40 Sanne Elgersma | DPB | 53 | I | 1:07.81 | | |

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Elfstedenhal - Leeuwarden

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 39 | 62 Sinne Kramer | DPB | 56 | I | 1:09.79 | | |
| 40 | 63 Wille Kramer | HPC | 56 | O | 1:11.58 | | |
| 41 | 42 Laurien Ettema | DPC | 58 | I | 1:13.86 | | |
| 42 | 38 Iris Buma | DPC | 58 | O | 1:14.79 | | |
| 43 | 44 Marit Dijkstra | DPC | 57 | O | 1:15.68 | | |
| 44 | 43 Marij Elzinga | DPC | 53 | O | 1:16.88 | | |
| 45 | 65 Femke Draijer | DPC | 55 | O | 1:27.44 | FL | |
| | 89 Tim Postma | HC1 | | | | WDR | |

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Elfstedenhal - Leeuwarden

6. Rituitslag Pupillen C en ouder (100/500) 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|
| 53 | wt | 40 | Sanne Elgersma | | DPB | | 1:07.81 | |
| | rd | 43 | Marij Elzinga | | DPC | | 1:16.88 | |
| | | <u>Sanne Elgersma</u> | | | <u>Marij Elzinga</u> | | | |
| | | 100m | 15.29 | (15.29) | 100m | 17.04 | (17.04) | |
| | | 500m | 1:07.81 | (52.52) | 500m | 1:16.88 | (59.84) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 54 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|----------------------|---------|----------------|------|
| 55 | wt | 49 | Philip Aalberts | | HPC | | 51.04 | |
| | rd | 65 | Femke Draijer | | DPC | | 1:27.44 | FL |
| | | <u>Philip Aalberts</u> | | | <u>Femke Draijer</u> | | | |
| | | 100m | 13.44 | (13.44) | 100m | 16.73 | (16.73) | |
| | | 500m | 51.04 | (37.60) | 500m | 1:27.44 | (70.71) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|---------------------|---------|----------------|------|
| 56 | gl | 62 | Sinne Kramer | | DPB | | 1:09.79 | |
| | bl | 63 | Wille Kramer | | HPC | | 1:11.58 | |
| | | <u>Sinne Kramer</u> | | | <u>Wille Kramer</u> | | | |
| | | 100m | 15.31 | (15.31) | 100m | 15.28 | (15.28) | |
| | | 500m | 1:09.79 | (54.48) | 500m | 1:11.58 | (56.30) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 57 | wt | 41 | Jorik Ettema | | HPA | 1:17.52 | 1:04.27 | PR |
| | rd | 44 | Marit Dijkstra | | DPC | | 1:15.68 | |
| | | <u>Jorik Ettema</u> | | | <u>Marit Dijkstra</u> | | | |
| | | 100m | 14.70 | (14.70) | 100m | 16.58 | (16.58) | |
| | | 500m | 1:04.27 | (49.57) | 500m | 1:15.68 | (59.10) | |

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| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|---------|------------------|---------|----------------|------|--|
| 58 | gl | 42 | Laurien Ettema | | DPC | | 1:13.86 | | |
| | bl | 38 | Iris Buma | | DPC | | 1:14.79 | | |
| | | <u>Laurien Ettema</u> | | | <u>Iris Buma</u> | | | | |
| | | 100m | 16.32 | (16.32) | 100m | 16.93 | (16.93) | | |
| | | 500m | 1:13.86 | (57.54) | 500m | 1:14.79 | (57.86) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|---------|--------------------|---------|----------------|------|--|
| 59 | wt | 19 | Djurre Zuidema | | HPA | 1:04.33 | 1:04.08 | PR | |
| | rd | 79 | Ilana Hokse | | DPC | 53.76 | 50.95 | PR | |
| | | <u>Djurre Zuidema</u> | | | <u>Ilana Hokse</u> | | | | |
| | | 100m | 16.11 | (16.11) | 100m | 13.42 | (13.42) | | |
| | | 500m | 1:04.08 | (47.97) | 500m | 50.95 | (37.53) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------------------------|------------------------|---------|--------------------|---------|----------------|------|--|
| 60 | gl | 4 | Wietske de Boer | | DPA | 1:08.21 | 1:03.62 | PR | |
| | bl | 66 | Isa Draijer | | DPA | 1:08.09 | 1:06.96 | PR | |
| | | <u>Wietske de Boer</u> | | | <u>Isa Draijer</u> | | | | |
| | | 100m | 15.79 | (15.79) | 100m | 15.72 | (15.72) | | |
| | | 500m | 1:03.62 | (47.83) | 500m | 1:06.96 | (51.24) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|--|
| 61 | wt | 58 | Jim Oosterhuis | | HPC | 1:00.82 | 1:00.42 | PR | |
| | rd | 17 | Norah Bijlsma | | DPA | 1:01.71 | 57.27 | PR | |
| | | <u>Jim Oosterhuis</u> | | | <u>Norah Bijlsma</u> | | | | |
| | | 100m | 13.98 | (13.98) | 100m | 13.67 | (13.67) | | |
| | | 500m | 1:00.42 | (46.44) | 500m | 57.27 | (43.60) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------|--------------------------|---------|--------------------------|---------|----------------|------|--|
| 62 | gl | 27 | Yfke Vries | | DPC | 1:01.79 | 1:01.97 | | |
| | bl | 64 | Fimke van der Wey | | DPB | 1:02.29 | 56.21 | PR | |
| | | <u>Yfke Vries</u> | | | <u>Fimke van der Wey</u> | | | | |
| | | 100m | 15.44 | (15.44) | 100m | 13.90 | (13.90) | | |
| | | 500m | 1:01.97 | (46.53) | 500m | 56.21 | (42.31) | | |

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| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|--------------------|---------------------|---------|---------------------|-------|---------|---------|----------------|------|
| 63 | wt | 77 | Romé Lanser | | DPB | | | 1:00.13 | 1:01.02 | |
| | rd | 69 | Hidde Boskma | | HPB | | | 58.61 | 56.27 | PR |
| | | Romé Lanser | | | Hidde Boskma | | | | | |
| | | 100m | 14.72 | (14.72) | 100m | 13.49 | (13.49) | | | |
| | | 500m | 1:01.02 | (46.30) | 500m | 56.27 | (42.78) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|----------------------|-------------------------|---------|-------------------------|-------|---------|---------|----------------|------|
| 64 | gl | 74 | Ranomi Schaap | | DPB | | | 1:00.42 | 1:02.18 | |
| | bl | 18 | Aniek Snijdelaar | | DPB | | | 58.77 | 55.14 | PR |
| | | Ranomi Schaap | | | Aniek Snijdelaar | | | | | |
| | | 100m | 14.61 | (14.61) | 100m | 13.47 | (13.47) | | | |
| | | 500m | 1:02.18 | (47.57) | 500m | 55.14 | (41.67) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|---------|-------|--------------|------|
| 65 | wt | 72 | Ilona Borger | | DC1 | | | 57.78 | 55.32 | PR |
| | rd | 21 | Esra Alkema | | DPC | | | 55.21 | 54.42 | PR |
| | | Ilona Borger | | | Esra Alkema | | | | | |
| | | 100m | 13.98 | (13.98) | 100m | 14.52 | (14.52) | | | |
| | | 500m | 55.32 | (41.34) | 500m | 54.42 | (39.90) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|---------------------|-------|---------|-------|--------------|------|
| 66 | gl | 12 | Lotte van der Woud | | DPA | | | 55.37 | 56.76 | |
| | bl | 98 | Pim de Vries | | HPC | | | 58.08 | 57.41 | PR |
| | | Lotte van der Woud | | | Pim de Vries | | | | | |
| | | 100m | 14.26 | (14.26) | 100m | 14.95 | (14.95) | | | |
| | | 500m | 56.76 | (42.50) | 500m | 57.41 | (42.46) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|-------------------|-------------------------|---------|-------------------------|-------|---------|-------|--------------|------|
| 67 | wt | 32 | Amber Soet | | DPA | | | 55.10 | 56.12 | |
| | rd | 76 | Larissa Feenstra | | DPA | | | 53.51 | 54.07 | |
| | | Amber Soet | | | Larissa Feenstra | | | | | |
| | | 100m | 13.75 | (13.75) | 100m | 13.67 | (13.67) | | | |
| | | 500m | 56.12 | (42.37) | 500m | 54.07 | (40.40) | | | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|-----------------------------|-----------------------------|---------|-------------------------|-------|----------------|------|
| 68 | gl | 34 | Maarten van Achteren | | HC1 | 54.39 | 51.96 | PR |
| | bl | 84 | Louise Bouma | | DC1 | 54.93 | 54.94 | |
| | | <u>Maarten van Achteren</u> | | | <u>Louise Bouma</u> | | | |
| | | 100m | 13.24 | (13.24) | 100m | 14.25 | (14.25) | |
| | | 500m | 51.96 | (38.72) | 500m | 54.94 | (40.69) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 69 | wt | 30 | Julia Boersma | | DPB | 53.13 | 1:06.42 | FL |
| | rd | 56 | Jolieke Zijlstra | | DPB | 53.44 | 52.19 | PR |
| | | <u>Julia Boersma</u> | | | <u>Jolieke Zijlstra</u> | | | |
| | | 100m | 21.59 | (21.59) | 100m | 13.28 | (13.28) | |
| | | 500m | 1:06.42 | (44.83) | 500m | 52.19 | (38.91) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 70 | gl | 97 | Femke Hazeveld | | DPC | 53.14 | 54.31 | |
| | bl | 28 | Myrthe Zwaagstra | | DPB | 53.27 | 54.61 | |
| | | <u>Femke Hazeveld</u> | | | <u>Myrthe Zwaagstra</u> | | | |
| | | 100m | 13.71 | (13.71) | 100m | 14.29 | (14.29) | |
| | | 500m | 54.31 | (40.60) | 500m | 54.61 | (40.32) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 71 | wt | 61 | Bas van der Weij | | HPB | 52.90 | 53.44 | |
| | rd | 104 | Renske Kromkamp | | DPC | 52.52 | 52.73 | |
| | | <u>Bas van der Weij</u> | | | <u>Renske Kromkamp</u> | | | |
| | | 100m | 13.59 | (13.59) | 100m | 13.62 | (13.62) | |
| | | 500m | 53.44 | (39.85) | 500m | 52.73 | (39.11) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 72 | gl | 3 | Frouwkje Dijkstra | | DC2 | 52.29 | 53.90 | |
| | bl | 83 | Anna de Vegt | | DPC | 52.29 | 53.44 | |
| | | <u>Frouwkje Dijkstra</u> | | | <u>Anna de Vegt</u> | | | |
| | | 100m | 13.64 | (13.64) | 100m | 13.75 | (13.75) | |
| | | 500m | 53.90 | (40.26) | 500m | 53.44 | (39.69) | |

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Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | | | PR | Tijd Info |
|----|----|------------------------|---------------------------|---------|---------------------------|-------|---------|-------|--------------|
| 73 | wt | 29 | Lynn van Baaren | | DPA | | | 50.14 | 52.28 |
| | rd | 100 | Joas van der Vaart | | HC1 | | | 50.11 | 50.86 |
| | | <u>Lynn van Baaren</u> | | | <u>Joas van der Vaart</u> | | | | |
| | | 100m | 13.01 | (13.01) | 100m | 13.26 | (13.26) | | |
| | | 500m | 52.28 | (39.27) | 500m | 50.86 | (37.60) | | |

| | | Naam | | | Cat | | | PR | Tijd Info |
|----|----|------------------------|------------------------|---------|------------------|-------|---------|-------|--------------|
| 74 | gl | 1 | Jurjen Dijkstra | | HPA | | | 51.80 | 51.94 |
| | bl | 31 | Bente Dam | | DPA | | | 50.06 | 51.00 |
| | | <u>Jurjen Dijkstra</u> | | | <u>Bente Dam</u> | | | | |
| | | 100m | 13.51 | (13.51) | 100m | 13.04 | (13.04) | | |
| | | 500m | 51.94 | (38.43) | 500m | 51.00 | (37.96) | | |

| | | Naam | | | Cat | | | PR | Tijd Info |
|----|----|----------------------|-------------------------|---------|-------------------------|-------|---------|-------|--------------|
| 75 | wt | 99 | Maud de Vries | | DC1 | | | 49.53 | 49.71 |
| | rd | 23 | Jurre Valkenburg | | HPB | | | 48.80 | 49.49 |
| | | <u>Maud de Vries</u> | | | <u>Jurre Valkenburg</u> | | | | |
| | | 100m | 13.15 | (13.15) | 100m | 12.98 | (12.98) | | |
| | | 500m | 49.71 | (36.56) | 500m | 49.49 | (36.51) | | |

| | | Naam | | | Cat | | | PR | Tijd Info |
|----|----|--------------------|--------------------|---------|-------------------|--|--|-------|--------------|
| 76 | gl | 50 | Rimar Kaper | | HC1 | | | 50.07 | 50.99 |
| | bl | 89 | Tim Postma | | HC1 | | | 44.12 | WDR |
| | | <u>Rimar Kaper</u> | | | <u>Tim Postma</u> | | | | |
| | | 100m | 13.01 | (13.01) | | | | | |
| | | 500m | 50.99 | (37.98) | | | | | |

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Elfstedenhal - Leeuwarden

7. Uitslag Jongste pupillen (100/300) 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 1 | 105 Fayenna Schaap | DPD | 82 | O | 38.56 | | |
| 2 | 16 Trude Schoustra | DPD | 81 | I | 39.23 | PR | |
| 3 | 10 Aniek van der Tuuk | DPD | 82 | I | 39.25 | | |
| 4 | 67 Bram Zijlstra | HPD | 81 | O | 40.33 | PR | |
| 5 | 94 Michella De Jong | DPE | 80 | O | 42.18 | | |
| 6 | 9 Jitse Hamstra | HPE | 77 | O | 43.58 | | |
| 7 | 78 Hylke van der Heide | HPF | 78 | O | 44.84 | | |
| 8 | 68 Thijs Zijlstra | HPF | 80 | I | 45.26 | PR | |
| 9 | 70 Elvyra Koning | DPF | 79 | I | 46.76 | PR | |
| 10 | 14 Jimte Schoustra | HPD | 79 | O | 46.83 | PR | |
| 11 | 95 Romy Gmelich Meijling | DPE | 77 | I | 46.99 | | |
| 12 | 91 Jeltje De Jong | DPD | 78 | I | 54.69 | FL | |

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Elfstedenhal - Leeuwarden

7. Rituitslag Jongste pupillen (100/300) 300 meter

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Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------------------------------|------------------------------|---------|----------------------|-------|--------------|------|--|
| 77 | wt | 95 | Romy Gmelich Meijling | | DPE | | 46.99 | | |
| | rd | 9 | Jitse Hamstra | | HPE | | 43.58 | | |
| | | <u>Romy Gmelich Meijling</u> | | | <u>Jitse Hamstra</u> | | | | |
| | | 300m | 46.99 | (46.99) | 300m | 43.58 | (43.58) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|----------------------------|---------|----------------------------|-------|--------------|------|--|
| 78 | gl | 91 | Jeltje De Jong | | DPD | | 54.69 | FL | |
| | bl | 78 | Hylke van der Heide | | HPF | | 44.84 | | |
| | | <u>Jeltje De Jong</u> | | | <u>Hylke van der Heide</u> | | | | |
| | | 300m | 54.69 | (54.69) | 300m | 44.84 | (44.84) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------------------|------------------------|---------|------------------------|-------|--------------|------|--|
| 79 | wt | 70 | Elvyra Koning | | DPF | 50.91 | 46.76 | PR | |
| | rd | 14 | Jimte Schoustra | | HPD | 50.09 | 46.83 | PR | |
| | | <u>Elvyra Koning</u> | | | <u>Jimte Schoustra</u> | | | | |
| | | 300m | 46.76 | (46.76) | 300m | 46.83 | (46.83) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-------------------------|---------|-------------------------|-------|--------------|------|--|
| 80 | gl | 68 | Thijs Zijlstra | | HPF | 46.11 | 45.26 | PR | |
| | bl | 94 | Michella De Jong | | DPE | 41.04 | 42.18 | | |
| | | <u>Thijs Zijlstra</u> | | | <u>Michella De Jong</u> | | | | |
| | | 300m | 45.26 | (45.26) | 300m | 42.18 | (42.18) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------------------------|------------------------|---------|----------------------|-------|--------------|------|--|
| 81 | wt | 16 | Trude Schoustra | | DPD | 40.58 | 39.23 | PR | |
| | rd | 67 | Bram Zijlstra | | HPD | 40.35 | 40.33 | PR | |
| | | <u>Trude Schoustra</u> | | | <u>Bram Zijlstra</u> | | | | |
| | | 300m | 39.23 | (39.23) | 300m | 40.33 | (40.33) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------------|---------------------------|---------|-----------------------|-------|--------------|------|--|
| 82 | gl | 10 | Aniek van der Tuuk | | DPD | 39.05 | 39.25 | | |
| | bl | 105 | Fayenna Schaap | | DPD | 38.28 | 38.56 | | |
| | | <u>Aniek van der Tuuk</u> | | | <u>Fayenna Schaap</u> | | | | |
| | | 300m | 39.25 | (39.25) | 300m | 38.56 | (38.56) | | |

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Elfstedenhal - Leeuwarden

8. Uitslag Pupillen A en B (100/700) 700 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 75 Jurjen Kramer | HPA | 85 | I | 1:09.25 | PR | |
| 2 | 13 Berend Zijlstra | HPA | 86 | I | 1:11.99 | PR | |
| 3 | 106 Miriam van Es | DPB | 83 | O | 1:12.30 | | |
| 4 | 7 Nick van der Staal | HPB | 86 | O | 1:12.72 | | |
| 5 | 107 Ferry-Jan De Ruiter | HPA | 85 | O | 1:15.99 | | |
| 6 | 108 Ingmar Jansen | HPB | 83 | I | 1:16.79 | | |

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Elfstedenhal - Leeuwarden

8. Rituitslag Pupillen A en B (100/700) 700 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|----------------------|---------|----------------|------|
| 83 | wt | 108 | Ingmar Jansen | | HPB | | 1:16.79 | |
| | rd | 106 | Miriam van Es | | DPB | | 1:12.30 | |
| | | <u>Ingmar Jansen</u> | | | <u>Miriam van Es</u> | | | |
| | | 300m | 34.04 | (34.04) | 300m | 32.26 | (32.26) | |
| | | 700m | 1:16.79 | (42.75) | 700m | 1:12.30 | (40.04) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 84 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 85 | wt | 75 | Jurjen Kramer | | HPA | 1:10.53 | 1:09.25 | PR |
| | rd | 107 | Ferry-Jan De Ruiter | | HPA | | 1:15.99 | |
| | | <u>Jurjen Kramer</u> | | | <u>Ferry-Jan De Ruiter</u> | | | |
| | | 300m | 31.54 | (31.54) | 300m | 33.83 | (33.83) | |
| | | 700m | 1:09.25 | (37.71) | 700m | 1:15.99 | (42.16) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 86 | gl | 13 | Berend Zijlstra | | HPA | 1:14.24 | 1:11.99 | PR |
| | bl | 7 | Nick van der Staal | | HPB | | 1:12.72 | |
| | | <u>Berend Zijlstra</u> | | | <u>Nick van der Staal</u> | | | |
| | | 300m | 32.36 | (32.36) | 300m | 32.58 | (32.58) | |
| | | 700m | 1:11.99 | (39.63) | 700m | 1:12.72 | (40.14) | |

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Elfstedenhal - Leeuwarden

9. Uitslag Junioren B/C en ouder (500/1500) 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1 | 85 Rixt Bijlsma | DC1 | 88 | O | 2:23.43 | | |
| 2 | 73 Daan Westra | HC1 | 88 | I | 2:25.09 | | |
| 3 | 60 Antje Ypma | DC1 | 87 | I | 2:25.51 | PR | |
| 4 | 36 Menthe Pietersma | DC1 | 87 | O | 2:29.19 | | |

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Elfstedenhal - Leeuwarden

9. Rituitslag Junioren B/C en ouder (500/1500) 1500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 87 | wt | 60 | Antje Ypma | | DC1 | 2:29.75 | | 2:25.51 | PR |
| | rd | 36 | Menthe Pietersma | | DC1 | | | 2:29.19 | |
| | | Antje Ypma | | | Menthe Pietersma | | | | |
| | | 300m | 32.20 | (32.20) | 300m | 31.77 | (31.77) | | |
| | | 700m | 1:09.12 | (36.92) | 700m | 1:09.37 | (37.60) | | |
| | | 1100m | 1:46.96 | (37.84) | 1100m | 1:48.96 | (39.59) | | |
| | | 1500m | 2:25.51 | (38.55) | 1500m | 2:29.19 | (40.23) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------|---------------------|---------|---------------------|---------|---------|----------------|------|
| 88 | gl | 73 | Daan Westra | | HC1 | | | 2:25.09 | |
| | bl | 85 | Rixt Bijlsma | | DC1 | | | 2:23.43 | |
| | | Daan Westra | | | Rixt Bijlsma | | | | |
| | | 300m | 31.03 | (31.03) | 300m | 30.66 | (30.66) | | |
| | | 700m | 1:06.43 | (35.40) | 700m | 1:06.44 | (35.78) | | |
| | | 1100m | 1:44.81 | (38.38) | 1100m | 1:45.02 | (38.58) | | |
| | | 1500m | 2:25.09 | (40.28) | 1500m | 2:23.43 | (38.41) | | |

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Elfstedenhal - Leeuwarden

10. Uitslag Pupillen A en ouder (500/1000) 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|-------|--------|
| 1 | 115 Sandra v/d Heide | DA1 | 104 | O | 1:28.68 | | |
| 2 | 47 Tijmen Kiwiet | HB1 | 104 | I | 1:29.29 | PR | |
| 3 | 55 Stijn Sloot | HB1 | 103 | O | 1:31.86 | | |
| 4 | 24 Hidde-Jan Poiesz | HC2 | 103 | I | 1:33.84 | | |
| 5 | 6 Wytse Hamstra | HC1 | 100 | I | 1:36.61 | PR | |
| 6 | 8 Nynke Krol | DPA | 101 | O | 1:37.06 | | |
| 7 | 82 Sverre de Vegt | HPA | 91 | O | 1:37.10 | | |
| 8 | 51 Jeroen Wessels | HC2 | 98 | I | 1:37.56 | HT PR | |
| 9 | 45 Daphne Marit van der Heide | DB2 | 100 | O | 1:38.45 | PR | |
| 10 | 35 Bram Wimmenhove | HC2 | 102 | I | 1:39.62 | | |
| 11 | 22 Nienke Valkenburg | DA1 | 102 | O | 1:40.09 | | |
| 12 | 46 Romke Jepma | HC2 | 98 | O | 1:41.16 | HT PR | |
| 13 | 59 Allard van der Ende | HPA | 89 | O | 1:41.27 | | |
| 14 | 113 Watse Westra | HB1 | 96 | I | 1:41.51 | PR | |
| 15 | 96 Jolien Hazeveld | DPA | 99 | I | 1:41.73 | | |
| 16 | 57 Jennifer Buis | DN3 | 101 | I | 1:41.93 | | |
| 17 | 2 Welmoed de Boer | DC2 | 96 | O | 1:42.68 | PR | |
| 18 | 87 Doutzen Wierda | DPA | 95 | O | 1:43.30 | PR | |
| 19 | 26 Silke Vries | DC1 | 97 | I | 1:44.33 | HT | |
| 20 | 80 Lois Marly Libregts | DN1 | 92 | O | 1:45.48 | | |
| 21 | 33 Esmee Soet | DC2 | 99 | O | 1:46.39 | | |
| 22 | 103 Manou Walta | DPA | 94 | I | 1:48.08 | PR | |
| 23 | 48 Maurits Aalberts | HPA | 92 | I | 1:48.48 | | |
| 24 | 112 Feya Hollak | DC1 | 94 | O | 1:49.19 | | |
| 25 | 52 Miriam Gossen | DSA | 95 | I | 1:50.88 | | |
| 26 | 71 Petra Bekema | DB1 | 93 | I | 1:53.82 | | |
| 27 | 109 Verena Jansen | DC1 | 93 | O | 1:54.82 | | |
| 28 | 15 Froucke Schoustra | DPA | 90 | O | 1:58.52 | | |
| 29 | 25 Sybrich Buisman | DC1 | 97 | O | 1:59.62 | FL | |
| 30 | 37 Iris Boersma | DB1 | 90 | I | 2:05.66 | | |
| 31 | 39 Jetske Elgersma | DC2 | 91 | I | 2:16.87 | | |
| | 54 Annet de Boer | DC1 | 89 | I | | DQ | |

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10. Rituitslag Pupillen A en ouder (500/1000) 1000 meter

| | | Naam | Cat | PR | Tijd | Info |
|-------|----|-------------------------------|---------|---------|---------|----------------------------|
| 89 | wt | 54 Annet de Boer | DC1 | | | DQ |
| | rd | 59 Allard van der Ende | HPA | | | 1:41.27 |
| | | <u>Annet de Boer</u> | | | | |
| | | | | | | <u>Allard van der Ende</u> |
| | | | | 200m | 22.97 | (22.97) |
| | | | | 600m | 1:00.79 | (37.82) |
| | | | | 1000m | 1:41.27 | (40.48) |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 90 | gl | 37 Iris Boersma | DB1 | | | 2:05.66 |
| | bl | 15 Froucke Schoustra | DPA | | | 1:58.52 |
| | | <u>Iris Boersma</u> | | | | |
| | | 200m | 26.98 | (26.98) | | |
| | | 600m | 1:14.11 | (47.13) | | |
| | | 1000m | 2:05.66 | (51.55) | | |
| | | | | | | <u>Froucke Schoustra</u> |
| | | 200m | 26.48 | (26.48) | | |
| | | 600m | 1:10.96 | (44.48) | | |
| | | 1000m | 1:58.52 | (47.56) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 91 | wt | 39 Jetske Elgersma | DC2 | | | 2:16.87 |
| | rd | 82 Sverre de Vegt | HPA | | | 1:37.10 |
| | | <u>Jetske Elgersma</u> | | | | |
| | | 200m | 29.11 | (29.11) | | |
| | | 600m | 1:21.51 | (52.40) | | |
| | | 1000m | 2:16.87 | (55.36) | | |
| | | | | | | <u>Sverre de Vegt</u> |
| | | 200m | 22.37 | (22.37) | | |
| | | 600m | 58.79 | (36.42) | | |
| | | 1000m | 1:37.10 | (38.31) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 92 | gl | 48 Maurits Aalberts | HPA | | | 1:48.48 |
| | bl | 80 Lois Marly Libregts | DN1 | | | 1:45.48 |
| | | <u>Maurits Aalberts</u> | | | | |
| | | 200m | 26.23 | (26.23) | | |
| | | 600m | 1:07.73 | (41.50) | | |
| | | 1000m | 1:48.48 | (40.75) | | |
| | | | | | | <u>Lois Marly Libregts</u> |
| | | 200m | 24.62 | (24.62) | | |
| | | 600m | 1:03.93 | (39.31) | | |
| | | 1000m | 1:45.48 | (41.55) | | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|----------------------|---------|----------------------|---------|----------------|------|
| 93 | wt | 71 | Petra Bekema | | DB1 | 1:52.57 | 1:53.82 | |
| | rd | 109 | Verena Jansen | | DC1 | 1:53.68 | 1:54.82 | |
| | | Petra Bekema | | | Verena Jansen | | | |
| | | 200m | 25.67 | (25.67) | 200m | 26.21 | (26.21) | |
| | | 600m | 1:08.62 | (42.95) | 600m | 1:09.66 | (43.45) | |
| | | 1000m | 1:53.82 | (45.20) | 1000m | 1:54.82 | (45.16) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|--------------------|---------|----------------|------|
| 94 | gl | 103 | Manou Walta | | DPA | 1:51.30 | 1:48.08 | PR |
| | bl | 112 | Feya Hollak | | DC1 | 1:47.81 | 1:49.19 | |
| | | Manou Walta | | | Feya Hollak | | | |
| | | 200m | 24.21 | (24.21) | 200m | 24.99 | (24.99) | |
| | | 600m | 1:05.48 | (41.27) | 600m | 1:05.94 | (40.95) | |
| | | 1000m | 1:48.08 | (42.60) | 1000m | 1:49.19 | (43.25) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 95 | wt | 52 | Miriam Gossen | | DSA | 1:44.50 | 1:50.88 | |
| | rd | 87 | Doutzen Wierda | | DPA | 1:45.94 | 1:43.30 | PR |
| | | Miriam Gossen | | | Doutzen Wierda | | | |
| | | 200m | 24.14 | (24.14) | 200m | 23.42 | (23.42) | |
| | | 600m | 1:04.31 | (40.17) | 600m | 1:02.12 | (38.70) | |
| | | 1000m | 1:50.88 | (46.57) | 1000m | 1:43.30 | (41.18) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|------------------------|---------|------------------------|---------|----------------|------|
| 96 | gl | 113 | Witse Westra | | HB1 | 1:45.11 | 1:41.51 | PR |
| | bl | 2 | Welmoed de Boer | | DC2 | 1:44.88 | 1:42.68 | PR |
| | | Witse Westra | | | Welmoed de Boer | | | |
| | | 200m | 24.24 | (24.24) | 200m | 23.82 | (23.82) | |
| | | 600m | 1:01.48 | (37.24) | 600m | 1:01.87 | (38.05) | |
| | | 1000m | 1:41.51 | (40.03) | 1000m | 1:42.68 | (40.81) | |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|------------------------|----------|------------------------|---------|----------------|------|
| 97 | wt | 26 | Silke Vries | | DC1 | 1:44.22 | 1:44.33 | HT |
| | rd | 25 | Sybrich Buisman | | DC1 | 1:37.22 | 1:59.62 | FL |
| | | <u>Silke Vries</u> | | | <u>Sybrich Buisman</u> | | | |
| | | 200m | 1:44.33 | (104.33) | 200m | 22.83 | (22.83) | |
| | | | | | 600m | 1:20.20 | (57.37) | |
| | | | | | 1000m | 1:59.62 | (39.42) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|--------------------|---------|----------------|-------|
| 98 | gl | 51 | Jeroen Wessels | | HC2 | 1:43.57 | 1:37.56 | HT PR |
| | bl | 46 | Romke Jepma | | HC2 | 1:42.53 | 1:41.16 | HT PR |
| | | <u>Jeroen Wessels</u> | | | <u>Romke Jepma</u> | | | |
| | | 200m | 1:37.56 | (97.56) | 200m | 1:41.16 | (101.16) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|-------------------|---------|----------------|------|
| 99 | wt | 96 | Jolien Hazeveld | | DPA | 1:41.45 | 1:41.73 | |
| | rd | 33 | Esmee Soet | | DC2 | 1:41.54 | 1:46.39 | |
| | | <u>Jolien Hazeveld</u> | | | <u>Esmee Soet</u> | | | |
| | | 200m | 23.26 | (23.26) | 200m | 24.50 | (24.50) | |
| | | 600m | 1:02.44 | (39.18) | 600m | 1:04.29 | (39.79) | |
| | | 1000m | 1:41.73 | (39.29) | 1000m | 1:46.39 | (42.10) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|-----------------------------------|---------|-----------------------------------|---------|----------------|------|
| 100 | gl | 6 | Wytse Hamstra | | HC1 | 1:40.57 | 1:36.61 | PR |
| | bl | 45 | Daphne Marit van der Heide | | DB2 | 1:39.97 | 1:38.45 | PR |
| | | <u>Wytse Hamstra</u> | | | <u>Daphne Marit van der Heide</u> | | | |
| | | 200m | 22.61 | (22.61) | 200m | 22.49 | (22.49) | |
| | | 600m | 59.29 | (36.68) | 600m | 59.13 | (36.64) | |
| | | 1000m | 1:36.61 | (37.32) | 1000m | 1:38.45 | (39.32) | |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|----------------------|---------|-------------------|---------|----------------|------|
| 101 | wt | 57 | Jennifer Buis | | DN3 | 1:37.72 | 1:41.93 | |
| | rd | 8 | Nynke Krol | | DPA | 1:36.34 | 1:37.06 | |
| | | <u>Jennifer Buis</u> | | | <u>Nynke Krol</u> | | | |
| | | 200m | 23.51 | (23.51) | 200m | 22.26 | (22.26) | |
| | | 600m | 1:00.61 | (37.10) | 600m | 58.61 | (36.35) | |
| | | 1000m | 1:41.93 | (41.32) | 1000m | 1:37.06 | (38.45) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 102 | gl | 35 | Bram Wimmenhove | | HC2 | 1:38.04 | 1:39.62 | |
| | bl | 22 | Nienke Valkenburg | | DA1 | 1:31.59 | 1:40.09 | |
| | | <u>Bram Wimmenhove</u> | | | <u>Nienke Valkenburg</u> | | | |
| | | 200m | 22.72 | (22.72) | 200m | 22.34 | (22.34) | |
| | | 600m | 1:00.39 | (37.67) | 600m | 59.37 | (37.03) | |
| | | 1000m | 1:39.62 | (39.23) | 1000m | 1:40.09 | (40.72) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-------------------------|-------------------------|---------|--------------------|---------|----------------|------|
| 103 | wt | 24 | Hidde-Jan Poiesz | | HC2 | 1:33.18 | 1:33.84 | |
| | rd | 55 | Stijn Sloot | | HB1 | 1:29.57 | 1:31.86 | |
| | | <u>Hidde-Jan Poiesz</u> | | | <u>Stijn Sloot</u> | | | |
| | | 200m | 21.29 | (21.29) | 200m | 21.91 | (21.91) | |
| | | 600m | 56.21 | (34.92) | 600m | 56.11 | (34.20) | |
| | | 1000m | 1:33.84 | (37.63) | 1000m | 1:31.86 | (35.75) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 104 | gl | 47 | Tijmen Kiwiet | | HB1 | 1:33.83 | 1:29.29 | PR |
| | bl | 115 | Sandra v/d Heide | | DA1 | 1:27.05 | 1:28.68 | |
| | | <u>Tijmen Kiwiet</u> | | | <u>Sandra v/d Heide</u> | | | |
| | | 200m | 20.54 | (20.54) | 200m | 20.28 | (20.28) | |
| | | 600m | 53.50 | (32.96) | 600m | 52.70 | (32.42) | |
| | | 1000m | 1:29.29 | (35.79) | 1000m | 1:28.68 | (35.98) | |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

11. Uitslag Junioren B en ouder (3000) 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|---------|------|--------|
| 1 | 102 Grietsen Wijma | H60 | 107 | I | 5:02.80 | | |
| 2 | 111 Femke Boskma | DA1 | 107 | O | 5:07.11 | | |
| 3 | 20 Amber Feller | DB1 | 106 | O | 5:08.90 | | |
| 4 | 114 Lizette van der Vegt | D45 | 105 | I | 5:37.44 | | |
| 5 | 90 Rikst Dijkstra-Posthuma | D50 | 106 | I | 5:42.51 | | |
| 6 | 53 Ilse Calsbeek | DA2 | 108 | I | 5:45.29 | FL | |
| 7 | 86 Barbara Heerschop | D70 | 108 | O | 5:50.08 | | |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

11. Rituitslag Junioren B en ouder (3000) 3000 meter

| | Naam | Cat | PR | Tijd | Info |
|-----|----------|---------------------------------|-----|----------------|------|
| 105 | wt rd | 114 Lizette van der Vegt | D45 | 5:37.44 | |

Lizette van der Vegt

| | | |
|-------|---------|---------|
| 200m | 28.12 | (28.12) |
| 600m | 1:11.39 | (43.27) |
| 1000m | 1:55.67 | (44.28) |
| 1400m | 2:40.40 | (44.73) |
| 1800m | 3:24.50 | (44.10) |
| 2200m | 4:08.50 | (44.00) |
| 2600m | 4:52.83 | (44.33) |
| 3000m | 5:37.44 | (44.61) |

m

| | Naam | Cat | PR | Tijd | Info |
|-----|------|-----------------------------------|-----|----------------|------|
| 106 | gl | 90 Rikst Dijkstra-Posthuma | D50 | 5:42.51 | |
| | bl | 20 Amber Feller | DB1 | 5:08.90 | |

Rikst Dijkstra-Posthuma

| | | |
|-------|---------|---------|
| 200m | 24.50 | (24.50) |
| 600m | 1:05.31 | (40.81) |
| 1000m | 1:49.60 | (44.29) |
| 1400m | 2:34.97 | (45.37) |
| 1800m | 3:21.52 | (46.55) |
| 2200m | 4:08.21 | (46.69) |
| 2600m | 4:55.49 | (47.28) |
| 3000m | 5:42.51 | (47.02) |

Amber Feller

| | | |
|-------|---------|---------|
| 200m | 23.43 | (23.43) |
| 600m | 1:01.04 | (37.61) |
| 1000m | 1:40.64 | (39.60) |
| 1400m | 2:21.27 | (40.63) |
| 1800m | 3:02.64 | (41.37) |
| 2200m | 3:45.11 | (42.47) |
| 2600m | 4:27.59 | (42.48) |
| 3000m | 5:08.90 | (41.31) |

Elfstedenhal Gewestelijke wedstrijd [incl gastrijders] 20 oktober 2024

Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 107 | wt | 102 | Grietsen Wijma | | H60 | 4:34.13 | 5:02.80 | |
| | rd | 111 | Femke Boskma | | DA1 | | 5:07.11 | |
| | | <u>Grietsen Wijma</u> | | | <u>Femke Boskma</u> | | | |
| | | 200m | 23.30 | (23.30) | 200m | 23.84 | (23.84) | |
| | | 600m | 1:01.63 | (38.33) | 600m | 1:01.94 | (38.10) | |
| | | 1000m | 1:40.72 | (39.09) | 1000m | 1:41.88 | (39.94) | |
| | | 1400m | 2:20.66 | (39.94) | 1400m | 2:22.19 | (40.31) | |
| | | 1800m | 3:01.75 | (41.09) | 1800m | 3:03.06 | (40.87) | |
| | | 2200m | 3:42.71 | (40.96) | 2200m | 3:44.47 | (41.41) | |
| | | 2600m | 4:22.89 | (40.18) | 2600m | 4:26.48 | (42.01) | |
| | | 3000m | 5:02.80 | (39.91) | 3000m | 5:07.11 | (40.63) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 108 | gl | 53 | Ilse Calsbeek | | DA2 | 5:15.68 | 5:45.29 | FL |
| | bl | 86 | Barbara Heerschop | | D70 | 5:01.56 | 5:50.08 | |
| | | <u>Ilse Calsbeek</u> | | | <u>Barbara Heerschop</u> | | | |
| | | 200m | 24.16 | (24.16) | 200m | 27.19 | (27.19) | |
| | | 600m | 1:03.29 | (39.13) | 600m | 1:12.47 | (45.28) | |
| | | 1000m | 1:43.80 | (40.51) | 1000m | 1:59.74 | (47.27) | |
| | | 1400m | 2:25.79 | (41.99) | 1400m | 2:45.92 | (46.18) | |
| | | 1800m | 3:08.40 | (42.61) | 1800m | 3:32.18 | (46.26) | |
| | | 2200m | 3:51.90 | (43.50) | 2200m | 4:18.32 | (46.14) | |
| | | 2600m | 4:36.29 | (44.39) | 2600m | 5:04.83 | (46.51) | |
| | | 3000m | 5:45.29 | (69.00) | 3000m | 5:50.08 | (45.25) | |