

pure & super sprint

Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

1. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	80 Nout Tates	HA2	5	O	10.67		
2	66 Erik Jeuring	H40	3	O	11.79		
3	1 Marloes Westerhof	DSB	6	O	11.80		
4	37 Joanne Spliethof	DSA	5	I	11.81		
5	71 Lièn van Dasselaar	DN1	4	I	11.89		
6	59 Gerwin Boschloo	H50	3	I	12.12		
7	12 Wietske Bannink	DSB	6	I	12.23		
8	10 Lenneke Groot Koerkamp	DA1	4	O	12.62		
9	74 Annabel Weteringe	DB1	1	O	12.91	PB	
10	30 Elin Varenbrink	DC1	2	I	13.18	PB	
11	68 Olle Klunder	HPD	1	I	13.23		
12	55 Mirjam Hulsebos	D55	2	O	14.26		

Referee:

Assistant:

Starter:

From 1/7/2024 5:30:00 PM to 1/7/2024 5:41:52 PM

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7 January 2024

1. Race Result 100 meter

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From 1/7/2024 5:30:00 PM to 1/7/2024 5:41:52 PM

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		Name		Cat		PB		Time	Info
1	wt	68	Olle Klunder		HPD		13.10	13.23	
	rd	74	Annabel Weteringe		DB1		12.94	12.91	PB
		<u>Olle Klunder</u>				<u>Annabel Weteringe</u>			
		100m	13.23	(13.23)		100m	12.91	(12.91)	

		Name		Cat		PB		Time	Info
2	yw	30	Elin Varenbrink		DC1		13.33	13.18	PB
	bl	55	Mirjam Hulsebos		D55		13.53	14.26	
		<u>Elin Varenbrink</u>				<u>Mirjam Hulsebos</u>			
		100m	13.18	(13.18)		100m	14.26	(14.26)	

		Name		Cat		PB		Time	Info
3	wt	59	Gerwin Boschloo		H50		11.93	12.12	
	rd	66	Erik Jeuring		H40		10.93	11.79	
		<u>Gerwin Boschloo</u>				<u>Erik Jeuring</u>			
		100m	12.12	(12.12)		100m	11.79	(11.79)	

		Name		Cat		PB		Time	Info
4	yw	71	Lièn van Dasselaar		DN1		11.61	11.89	
	bl	10	Lenneke Groot Koerkamp		DA1		12.09	12.62	
		<u>Lièn van Dasselaar</u>				<u>Lenneke Groot Koerkamp</u>			
		100m	11.89	(11.89)		100m	12.62	(12.62)	

		Name		Cat		PB		Time	Info
5	wt	37	Joanne Spliethof		DSA		11.60	11.81	
	rd	80	Nout Tates		HA2		10.39	10.67	
		<u>Joanne Spliethof</u>				<u>Nout Tates</u>			
		100m	11.81	(11.81)		100m	10.67	(10.67)	

		Name		Cat		PB		Time	Info
6	yw	12	Wietske Bannink		DSB		11.76	12.23	
	bl	1	Marloes Westerhof		DSB		11.26	11.80	
		<u>Wietske Bannink</u>				<u>Marloes Westerhof</u>			
		100m	12.23	(12.23)		100m	11.80	(11.80)	

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2. Result 100 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Beau Kappers	HB2	34	O	11.08	PB	
2	33 Niels Teunissen	HB2	32	O	11.35	PB	
3	82 Etienne Tournier	HB2	33	O	11.38	PB	
4	18 Luca Batterink	HC1	31	O	11.48	PB	
5	70 Harry Pardijs	H45	30	O	11.85		
	36 Zoë Tiemens	DN3	32	I	11.85		
7	8 Mees Klunder	HC2	29	O	11.92		
8	48 Liz Wolters	DPA	26	I	11.94	PB	
9	34 Huub Smeets	HB2	26	O	12.03	PB	
10	38 Veerle Friso	DC2	33	I	12.15		
11	60 Bas Ellenbroek	HC1	29	I	12.22		
12	26 Justin van Velde	HPA	22	O	12.24	PB	
13	61 Elena Ruijtenberg	DC2	25	O	12.25	PB	
14	84 Renske van Winkoop	DPB	27	O	12.30		
15	25 Femke Assink	DN4	23	O	12.34		
16	83 Stef van Moolenbroek	HC2	30	I	12.35		
17	13 Jeanette ten Hag	D45	31	I	12.46		
18	21 Kalista Lamers	DB2	28	I	12.53		
19	50 Femke Lindeboom	DPA	17	O	12.54	PB	
20	62 Lisa Huis in 't Veld	DPA	28	O	12.55		
21	77 Herre Mak	HC1	16	O	12.57	PB	
22	45 Marthe Schalkwijk	DC2	24	O	12.59	PB	
23	51 Caspian Alexander	HPA	27	I	12.61		
24	40 Joost Smeets	HC2	21	O	12.63	PB	
25	46 Isis van Til	DB1	22	I	12.69	PB	
	29 Roan Varenbrink	HPB	25	I	12.69		
27	64 Tristan Swenne	HB2	23	I	12.73		
28	6 Sjoerd de Haan	HC1	19	I	12.76	PB	
29	44 Iris Rietman	DB1	24	I	12.81		
30	16 Lena Wisselink	DPA	19	O	12.99		
31	9 Just Klunder	HPA	20	O	13.00		
32	2 Eva Mezzo	DPB	17	I	13.07	PB	
33	72 Bente van Dasselaar	DC1	15	O	13.10	PB	
34	14 Suze Kleinsman	DPA	15	I	13.12	PB	
35	63 Tobi Kiers	HB1	21	I	13.13		
36	69 Jill Krikken	DPC	20	I	13.24		
37	7 Noor Klunder	DPB	18	I	13.47		
38	41 Kim Versteeg	DPA	14	O	13.48	PB	

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	81 Neyómy Barry	DPA	11	I	13.56	PB	
40	4 Alexander Warmink	HC1	12	I	13.57	PB	
41	24 Joëlle van Drimmelen	DPB	13	O	13.61		
42	49 Minke Nijenhuis	DPA	16	I	13.64		
43	39 Silke van den Bos	DC1	11	O	13.76	PB	
44	76 Elin Mak	DPD	9	O	13.78	PB	
45	19 Danique Stout	DPB	13	I	13.80		
46	58 Lisa Oldenhof	DPB	10	O	13.84	PB	
47	42 Famke Aukema	DC1	9	I	14.14		
48	85 Eline van den Beld	DPD	12	O	14.23		
49	5 Wietze de Haan	HPA	10	I	14.24		
50	56 Naomi Potjes	DPB	14	I	14.26		
51	57 Jolynn Wijngaards	DPB	7	I	14.50		
52	23 Lara Aukema	DPB	8	O	14.87	PB	
53	3 Thijmen Warmink	HPB	8	I	14.88		
	27 Paul de Leeuw	HC1	34	I		DQ	
	65 Anne-Fleur van der Liet	DB2				WDR	

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2. Race Result 100 meter

		Name		Cat		PB		Time	Info
7	wt	57	Jolynn Wijngaards		DPB			14.50	
	rd								
		<u>Jolynn Wijngaards</u>							
		100m	14.50	(14.50)		m			

		Name		Cat		PB		Time	Info
8	yw	3	Tijmen Warmink		HPB	14.42		14.88	
	bl	23	Lara Aukema		DPB	15.97		14.87	PB
		<u>Tijmen Warmink</u>				<u>Lara Aukema</u>			
		100m	14.88	(14.88)		100m	14.87	(14.87)	

		Name		Cat		PB		Time	Info
9	wt	42	Famke Aukema		DC1	14.08		14.14	
	rd	76	Elin Mak		DPD	14.06		13.78	PB
		<u>Famke Aukema</u>				<u>Elin Mak</u>			
		100m	14.14	(14.14)		100m	13.78	(13.78)	

		Name		Cat		PB		Time	Info
10	yw	5	Wietze de Haan		HPA	14.13		14.24	
	bl	58	Lisa Oldenhof		DPB	14.25		13.84	PB
		<u>Wietze de Haan</u>				<u>Lisa Oldenhof</u>			
		100m	14.24	(14.24)		100m	13.84	(13.84)	

		Name		Cat		PB		Time	Info
11	wt	81	Neyómy Barry		DPA	13.73		13.56	PB
	rd	39	Silke van den Bos		DC1	14.04		13.76	PB
		<u>Neyómy Barry</u>				<u>Silke van den Bos</u>			
		100m	13.56	(13.56)		100m	13.76	(13.76)	

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		Name	Cat	PB	Time	Info
12	yw	4 Alexander Warmink	HC1	13.83	13.57	PB
	bl	85 Eline van den Beld	DPD	13.80	14.23	
		<u>Alexander Warmink</u>		<u>Eline van den Beld</u>		
		100m 13.57 (13.57)		100m 14.23 (14.23)		

		Name	Cat	PB	Time	Info
13	wt	19 Danique Stout	DPB	13.71	13.80	
	rd	24 Joëlle van Drimmelen	DPB	13.58	13.61	
		<u>Danique Stout</u>		<u>Joëlle van Drimmelen</u>		
		100m 13.80 (13.80)		100m 13.61 (13.61)		

		Name	Cat	PB	Time	Info
14	yw	56 Naomi Potjes	DPB	13.64	14.26	
	bl	41 Kim Versteeg	DPA	13.60	13.48	PB
		<u>Naomi Potjes</u>		<u>Kim Versteeg</u>		
		100m 14.26 (14.26)		100m 13.48 (13.48)		

		Name	Cat	PB	Time	Info
15	wt	14 Suze Kleinsman	DPA	13.30	13.12	PB
	rd	72 Bente van Dasselaar	DC1	13.50	13.10	PB
		<u>Suze Kleinsman</u>		<u>Bente van Dasselaar</u>		
		100m 13.12 (13.12)		100m 13.10 (13.10)		

		Name	Cat	PB	Time	Info
16	yw	49 Minke Nijenhuis	DPA	13.51	13.64	
	bl	77 Herre Mak	HC1	13.24	12.57	PB
		<u>Minke Nijenhuis</u>		<u>Herre Mak</u>		
		100m 13.64 (13.64)		100m 12.57 (12.57)		

		Name	Cat	PB	Time	Info
17	wt	2 Eva Mezzo	DPB	13.20	13.07	PB
	rd	50 Femke Lindeboom	DPA	13.13	12.54	PB
		<u>Eva Mezzo</u>		<u>Femke Lindeboom</u>		
		100m 13.07 (13.07)		100m 12.54 (12.54)		

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		Name	Cat	PB	Time	Info
18	yw	7 Noor Klunder	DPB	13.14	13.47	
	bl	65 Anne-Fleur van der Liet	DB2	12.66	WDR	
		<u>Noor Klunder</u>		<u>Anne-Fleur van der Liet</u>		
		100m 13.47 (13.47)		100m 12.66 (12.66)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	6 Sjoerd de Haan	HC1	12.94	12.76	PB
	rd	16 Lena Wisselink	DPA	12.82	12.99	
		<u>Sjoerd de Haan</u>		<u>Lena Wisselink</u>		
		100m 12.76 (12.76)		100m 12.99 (12.99)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	69 Jill Krikken	DPC	12.90	13.24	
	bl	9 Just Klunder	HPA	12.82	13.00	
		<u>Jill Krikken</u>		<u>Just Klunder</u>		
		100m 13.24 (13.24)		100m 13.00 (13.00)		
<hr/>						
		Name	Cat	PB	Time	Info
21	wt	63 Tobi Kiers	HB1	12.72	13.13	
	rd	40 Joost Smeets	HC2	12.71	12.63	PB
		<u>Tobi Kiers</u>		<u>Joost Smeets</u>		
		100m 13.13 (13.13)		100m 12.63 (12.63)		
<hr/>						
		Name	Cat	PB	Time	Info
22	yw	46 Isis van Til	DB1	12.74	12.69	PB
	bl	26 Justin van Velde	HPA	12.77	12.24	PB
		<u>Isis van Til</u>		<u>Justin van Velde</u>		
		100m 12.69 (12.69)		100m 12.24 (12.24)		
<hr/>						
		Name	Cat	PB	Time	Info
23	wt	64 Tristan Swenne	HB2	12.66	12.73	
	rd	25 Femke Assink	DN4	11.98	12.34	
		<u>Tristan Swenne</u>		<u>Femke Assink</u>		
		100m 12.73 (12.73)		100m 12.34 (12.34)		

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		Name	Cat	PB	Time	Info
24	yw	44 Iris Rietman	DB1	12.40	12.81	
	bl	45 Marthe Schalkwijk	DC2	12.70	12.59	PB
		<u>Iris Rietman</u>			<u>Marthe Schalkwijk</u>	
		100m 12.81 (12.81)		100m 12.59 (12.59)		

		Name	Cat	PB	Time	Info
25	wt	29 Roan Varenbrink	HPB	12.43	12.69	
	rd	61 Elena Ruijtenberg	DC2	12.38	12.25	PB
		<u>Roan Varenbrink</u>			<u>Elena Ruijtenberg</u>	
		100m 12.69 (12.69)		100m 12.25 (12.25)		

		Name	Cat	PB	Time	Info
26	yw	48 Liz Wolters	DPA	12.18	11.94	PB
	bl	34 Huub Smeets	HB2	12.40	12.03	PB
		<u>Liz Wolters</u>			<u>Huub Smeets</u>	
		100m 11.94 (11.94)		100m 12.03 (12.03)		

		Name	Cat	PB	Time	Info
27	wt	51 Caspian Alexander	HPA	12.12	12.61	
	rd	84 Renske van Winkoop	DPB	12.15	12.30	
		<u>Caspian Alexander</u>			<u>Renske van Winkoop</u>	
		100m 12.61 (12.61)		100m 12.30 (12.30)		

		Name	Cat	PB	Time	Info
28	yw	21 Kalista Lamers	DB2	12.18	12.53	
	bl	62 Lisa Huis in 't Veld	DPA	12.18	12.55	
		<u>Kalista Lamers</u>			<u>Lisa Huis in 't Veld</u>	
		100m 12.53 (12.53)		100m 12.55 (12.55)		

		Name	Cat	PB	Time	Info
29	wt	60 Bas Ellenbroek	HC1	12.04	12.22	
	rd	8 Mees Klunder	HC2	11.88	11.92	
		<u>Bas Ellenbroek</u>			<u>Mees Klunder</u>	
		100m 12.22 (12.22)		100m 11.92 (11.92)		

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		Name	Cat	PB	Time	Info
30	yw	83 Stef van Moolenbroek	HC2	12.11	12.35	
	bl	70 Harry Pardijs	H45	10.24	11.85	
		<u>Stef van Moolenbroek</u>		<u>Harry Pardijs</u>		
		100m 12.35 (12.35)		100m 11.85 (11.85)		

		Name	Cat	PB	Time	Info
31	wt	13 Jeanette ten Hag	D45	11.80	12.46	
	rd	18 Luca Batterink	HC1	11.73	11.48	PB
		<u>Jeanette ten Hag</u>		<u>Luca Batterink</u>		
		100m 12.46 (12.46)		100m 11.48 (11.48)		

		Name	Cat	PB	Time	Info
32	yw	36 Zoë Tiemens	DN3	11.55	11.85	
	bl	33 Niels Teunissen	HB2	11.73	11.35	PB
		<u>Zoë Tiemens</u>		<u>Niels Teunissen</u>		
		100m 11.85 (11.85)		100m 11.35 (11.35)		

		Name	Cat	PB	Time	Info
33	wt	38 Veerle Friso	DC2	11.66	12.15	
	rd	82 Etienne Tournier	HB2	11.38	11.38	PB
		<u>Veerle Friso</u>		<u>Etienne Tournier</u>		
		100m 12.15 (12.15)		100m 11.38 (11.38)		

		Name	Cat	PB	Time	Info
34	yw	27 Paul de Leeuw	HC1	11.54	DQ	
	bl	35 Beau Kappers	HB2	11.38	11.08	PB
		<u>Paul de Leeuw</u>		<u>Beau Kappers</u>		
		100m 11.75 (11.75)		100m 11.08 (11.08)		

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7 January 2024

3. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	80 Nout Tates	HA2	44	O	40.69	
2	78 Gerben Hettinga	H55	43	O	44.68	
3	71 Lièn van Dasselaar	DN1	44	I	44.92	
4	43 Jan-Willem van Velsen	H50	41	O	45.07	
5	1 Marloes Westerhof	DSB	43	I	45.25	
6	59 Gerwin Boschloo	H50	41	I	45.35	
7	79 Gert-Jan Braas	H60	39	O	45.55	
8	66 Erik Jeurig	H40	42	I	45.81	
9	37 Joanne Spliethof	DSA	42	O	46.44	
10	22 Rudie Assink	H55	40	I	47.31	
11	20 Chantal Herms	D45	40	O	48.20	
12	10 Lenneke Groot Koerkamp	DA1	38	O	48.31	
13	67 Arjen Esselink	H55	39	I	48.35	
14	12 Wietske Bannink	DSB	38	I	48.95	
15	74 Annabel Weteringe	DB1	37	O	50.47	
16	15 Demi Bartelds	DN3	37	I	50.60	
17	47 Remco Wisselink	H45	36	I	52.27	
18	68 Olle Klunder	HPD	35	I	53.30	
19	55 Mirjam Hulsebos	D55	36	O	53.48	
20	30 Elin Varenbrink	DC1	35	O	53.53	

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3. Race Result 500 meter

		Name		Cat		PB		Time	Info
35	wt	68	Olle Klunder		HPD	53.01		53.30	
	rd	30	Elin Varenbrink		DC1	51.89		53.53	
		Olle Klunder			Elin Varenbrink				
		100m	13.50	(13.50)	100m	13.61	(13.61)		
		500m	53.30	(39.80)	500m	53.53	(39.92)		

		Name		Cat		PB		Time	Info
36	yw	47	Remco Wisselink		H45	49.77		52.27	
	bl	55	Mirjam Hulsebos		D55	50.18		53.48	
		Remco Wisselink			Mirjam Hulsebos				
		100m	13.71	(13.71)	100m	14.27	(14.27)		
		500m	52.27	(38.56)	500m	53.48	(39.21)		

		Name		Cat		PB		Time	Info
37	wt	15	Demi Bartelds		DN3	48.30		50.60	
	rd	74	Annabel Weteringe		DB1	48.91		50.47	
		Demi Bartelds			Annabel Weteringe				
		100m	13.32	(13.32)	100m	13.05	(13.05)		
		500m	50.60	(37.28)	500m	50.47	(37.42)		

		Name		Cat		PB		Time	Info
38	yw	12	Wietske Bannink		DSB	43.81		48.95	
	bl	10	Lenneke Groot Koerkamp		DA1	46.98		48.31	
		Wietske Bannink			Lenneke Groot Koerkamp				
		100m	12.38	(12.38)	100m	12.48	(12.48)		
		500m	48.95	(36.57)	500m	48.31	(35.83)		

		Name		Cat		PB		Time	Info
39	wt	67	Arjen Esselink		H55	46.23		48.35	
	rd	79	Gert-Jan Braas		H60	43.08		45.55	
		Arjen Esselink			Gert-Jan Braas				
		100m	12.60	(12.60)	100m	12.24	(12.24)		
		500m	48.35	(35.75)	500m	45.55	(33.31)		

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7 January 2024

		Name		Cat		PB		Time	Info
40	yw	22	Rudie Assink		H55		43.69	47.31	
	bl	20	Chantal Herms		D45		45.90	48.20	
		Rudie Assink			Chantal Herms				
		100m	12.68	(12.68)	100m	12.68	(12.68)		
		500m	47.31	(34.63)	500m	48.20	(35.52)		
<hr/>									
		Name		Cat		PB		Time	Info
41	wt	59	Gerwin Boschloo		H50		43.16	45.35	
	rd	43	Jan-Willem van Velsen		H50		44.40	45.07	
		Gerwin Boschloo			Jan-Willem van Velsen				
		100m	11.97	(11.97)	100m	12.02	(12.02)		
		500m	45.35	(33.38)	500m	45.07	(33.05)		
<hr/>									
		Name		Cat		PB		Time	Info
42	yw	66	Erik Jeuring		H40		41.78	45.81	
	bl	37	Joanne Spliethof		DSA		44.43	46.44	
		Erik Jeuring			Joanne Spliethof				
		100m	12.08	(12.08)	100m	11.87	(11.87)		
		500m	45.81	(33.73)	500m	46.44	(34.57)		
<hr/>									
		Name		Cat		PB		Time	Info
43	wt	1	Marloes Westerhof		DSB		41.87	45.25	
	rd	78	Gerben Hettinga		H55		41.52	44.68	
		Marloes Westerhof			Gerben Hettinga				
		100m	12.07	(12.07)	100m	12.26	(12.26)		
		500m	45.25	(33.18)	500m	44.68	(32.42)		
<hr/>									
		Name		Cat		PB		Time	Info
44	yw	71	Lièn van Dasselaar		DN1		41.86	44.92	
	bl	80	Nout Tates		HA2		38.95	40.69	
		Lièn van Dasselaar			Nout Tates				
		100m	12.04	(12.04)	100m	10.84	(10.84)		
		500m	44.92	(32.88)	500m	40.69	(29.85)		

Referee:

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Print: 3/31/2025 9:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

4. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Beau Kappers	HB2	72	O	27.11	RW	
2	33 Niels Teunissen	HB2	57	I	27.13	PB	
3	70 Harry Pardijs	H45	71	I	27.53		
4	82 Etienne Tournier	HB2	72	I	27.74		
5	36 Zoë Tiemens	DN3	71	O	27.86		
6	18 Luca Batterink	HC1	70	O	28.06		
7	27 Paul de Leeuw	HC1	67	I	28.42	PB	
8	8 Mees Klunder	HC2	69	O	28.46		
9	38 Veerle Friso	DC2	70	I	28.53		
10	25 Femke Assink	DN4	68	I	28.99		
11	60 Bas Ellenbroek	HC1	68	O	29.24		
12	48 Liz Wolters	DPA	66	O	29.27		
13	13 Jeanette ten Hag	D45	63	I	29.42		
14	21 Kalista Lamers	DB2	69	I	29.48		
15	34 Huub Smeets	HB2	64	O	29.59	PB	
16	84 Renske van Winkoop	DPB	66	I	29.60		
	61 Elena Ruijtenberg	DC2	65	I	29.60		
18	83 Stef van Moolenbroek	HC2	63	O	29.63		
19	6 Sjoerd de Haan	HC1	60	O	30.09	PB	
20	26 Justin van Velde	HPA	59	I	30.47	PB	
21	77 Herre Mak	HC1	55	O	30.53	PB	
22	46 Isis van Til	DB1	60	I	30.64	PB	
23	64 Tristan Swenne	HB2	61	I	30.70	PB	
24	51 Caspian Alexander	HPA	65	O	30.84		
25	44 Iris Rietman	DB1	67	O	30.94		
26	45 Marthe Schalkwijk	DC2	62	I	30.98		
27	62 Lisa Huis in 't Veld	DPA	64	I	31.03		
28	63 Tobi Kiers	HB1	62	O	31.25		
29	72 Bente van Dasselaar	DC1	56	I	31.36	PB	
30	29 Roan Varenbrink	HPB	58	I	31.41	PB	
31	40 Joost Smeets	HC2	59	O	31.99		
	9 Just Klunder	HPA	58	O	31.99		
33	50 Femke Lindeboom	DPA	53	I	32.32	PB	
34	2 Eva Mezzo	DPB	54	I	33.30	PB	
35	69 Jill Krikken	DPC	55	I	33.42		
36	24 Joëlle van Drimmelen	DPB	56	O	33.48		
37	81 Neyómy Barry	DPA	51	O	33.87	PB	
38	42 Famke Aukema	DC1	52	I	34.03	PB	

Referee:

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Print: 3/31/2025 7:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	39 Silke van den Bos	DC1	52	O	34.31		
40	7 Noor Klunder	DPB	53	O	34.34		
41	14 Suze Kleinsman	DPA	47	O	34.37	PB	
42	76 Elin Mak	DPD	47	I	34.55	PB	
43	5 Wietze de Haan	HPA	54	O	34.85		
44	19 Danique Stout	DPB	50	O	35.08		
45	4 Alexander Warmink	HC1	51	I	35.50		
46	85 Eline van den Beld	DPD	49	I	35.53		
47	41 Kim Versteeg	DPA	50	I	35.77		
48	49 Minke Nijenhuis	DPA	48	O	35.88		
49	56 Naomi Potjes	DPB	49	O	37.24		
50	58 Lisa Oldenhof	DPB	48	I	38.01		
51	57 Jolynn Wijngaards	DPB	46	O	39.95	PB	
52	3 Thijmen Warmink	HPB	45	I	40.12		
53	23 Lara Aukema	DPB	46	I	44.38	FL	
54	16 Lena Wisselink	DPA	57	O	55.18	FL	
	65 Anne-Fleur van der Liet	DB2				WDR	

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

4. Race Result 300 meter

		Name		Cat		PB		Time	Info
45	wt	3	Thijmen Warmink		HPB		39.94	40.12	
	rd								
		<u>Thijmen Warmink</u>							
		300m	40.12	(40.12)	m				

		Name		Cat		PB		Time	Info
46	yw	23	Lara Aukema		DPB		42.81	44.38	FL
	bl	57	Jolynn Wijngaards		DPB		40.53	39.95	PB
		<u>Lara Aukema</u>			<u>Jolynn Wijngaards</u>				
		300m	44.38	(44.38)	300m	39.95	(39.95)		

		Name		Cat		PB		Time	Info
47	wt	76	Elin Mak		DPD		35.83	34.55	PB
	rd	14	Suze Kleinsman		DPA		35.34	34.37	PB
		<u>Elin Mak</u>			<u>Suze Kleinsman</u>				
		300m	34.55	(34.55)	300m	34.37	(34.37)		

		Name		Cat		PB		Time	Info
48	yw	58	Lisa Oldenhof		DPB		37.16	38.01	
	bl	49	Minke Nijenhuis		DPA		35.63	35.88	
		<u>Lisa Oldenhof</u>			<u>Minke Nijenhuis</u>				
		300m	38.01	(38.01)	300m	35.88	(35.88)		

		Name		Cat		PB		Time	Info
49	wt	85	Eline van den Beld		DPD		34.74	35.53	
	rd	56	Naomi Potjes		DPB		35.03	37.24	
		<u>Eline van den Beld</u>			<u>Naomi Potjes</u>				
		300m	35.53	(35.53)	300m	37.24	(37.24)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
50	yw	41 Kim Versteeg	DPA	35.12	35.77	
	bl	19 Danique Stout	DPB	34.93	35.08	
		<u>Kim Versteeg</u>			<u>Danique Stout</u>	
		300m 35.77 (35.77)		300m 35.08 (35.08)		
<hr/>						
		Name	Cat	PB	Time	Info
51	wt	4 Alexander Warmink	HC1	34.82	35.50	
	rd	81 Neyómy Barry	DPA	34.83	33.87	PB
		<u>Alexander Warmink</u>			<u>Neyómy Barry</u>	
		300m 35.50 (35.50)		300m 33.87 (33.87)		
<hr/>						
		Name	Cat	PB	Time	Info
52	yw	42 Famke Aukema	DC1	34.07	34.03	PB
	bl	39 Silke van den Bos	DC1	33.76	34.31	
		<u>Famke Aukema</u>			<u>Silke van den Bos</u>	
		300m 34.03 (34.03)		300m 34.31 (34.31)		
<hr/>						
		Name	Cat	PB	Time	Info
53	wt	50 Femke Lindeboom	DPA	32.68	32.32	PB
	rd	7 Noor Klunder	DPB	32.20	34.34	
		<u>Femke Lindeboom</u>			<u>Noor Klunder</u>	
		300m 32.32 (32.32)		300m 34.34 (34.34)		
<hr/>						
		Name	Cat	PB	Time	Info
54	yw	2 Eva Mezzo	DPB	33.74	33.30	PB
	bl	5 Wietze de Haan	HPA	34.00	34.85	
		<u>Eva Mezzo</u>			<u>Wietze de Haan</u>	
		300m 33.30 (33.30)		300m 34.85 (34.85)		
<hr/>						
		Name	Cat	PB	Time	Info
55	wt	69 Jill Krikken	DPC	32.21	33.42	
	rd	77 Herre Mak	HC1	32.25	30.53	PB
		<u>Jill Krikken</u>			<u>Herre Mak</u>	
		300m 33.42 (33.42)		300m 30.53 (30.53)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
56	yw	72 Bente van Dasselaar	DC1	32.30	31.36	PB
	bl	24 Joëlle van Drimmelen	DPB	32.63	33.48	
		<u>Bente van Dasselaar</u>			<u>Joëlle van Drimmelen</u>	
		300m 31.36 (31.36)		300m 33.48 (33.48)		
<hr/>						
		Name	Cat	PB	Time	Info
57	wt	33 Niels Teunissen	HB2	31.65	27.13	PB
	rd	16 Lena Wisselink	DPA	31.70	55.18	FL
		<u>Niels Teunissen</u>			<u>Lena Wisselink</u>	
		300m 27.13 (27.13)		300m 55.18 (55.18)		
<hr/>						
		Name	Cat	PB	Time	Info
58	yw	29 Roan Varenbrink	HPB	32.11	31.41	PB
	bl	9 Just Klunder	HPA	31.66	31.99	
		<u>Roan Varenbrink</u>			<u>Just Klunder</u>	
		300m 31.41 (31.41)		300m 31.99 (31.99)		
<hr/>						
		Name	Cat	PB	Time	Info
59	wt	26 Justin van Velde	HPA	30.79	30.47	PB
	rd	40 Joost Smeets	HC2	31.54	31.99	
		<u>Justin van Velde</u>			<u>Joost Smeets</u>	
		300m 30.47 (30.47)		300m 31.99 (31.99)		
<hr/>						
		Name	Cat	PB	Time	Info
60	yw	46 Isis van Til	DB1	31.49	30.64	PB
	bl	6 Sjoerd de Haan	HC1	31.09	30.09	PB
		<u>Isis van Til</u>			<u>Sjoerd de Haan</u>	
		300m 30.64 (30.64)		300m 30.09 (30.09)		
<hr/>						
		Name	Cat	PB	Time	Info
61	wt	64 Tristan Swenne	HB2	30.77	30.70	PB
	rd	65 Anne-Fleur van der Liet	DB2	29.89	WDR	
		<u>Tristan Swenne</u>			<u>Anne-Fleur van der Liet</u>	
		300m 30.70 (30.70)				

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Print: 3/31/2025 9:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
62	yw	45 Marthe Schalkwijk	DC2	30.54	30.98	
	bl	63 Tobi Kiers	HB1	30.61	31.25	
		<u>Marthe Schalkwijk</u>		<u>Tobi Kiers</u>		
		300m 30.98 (30.98)		300m 31.25 (31.25)		
<hr/>						
		Name	Cat	PB	Time	Info
63	wt	13 Jeanette ten Hag	D45	28.38	29.42	
	rd	83 Stef van Moolenbroek	HC2	29.41	29.63	
		<u>Jeanette ten Hag</u>		<u>Stef van Moolenbroek</u>		
		300m 29.42 (29.42)		300m 29.63 (29.63)		
<hr/>						
		Name	Cat	PB	Time	Info
64	yw	62 Lisa Huis in 't Veld	DPA	29.64	31.03	
	bl	34 Huub Smeets	HB2	29.66	29.59	PB
		<u>Lisa Huis in 't Veld</u>		<u>Huub Smeets</u>		
		300m 31.03 (31.03)		300m 29.59 (29.59)		
<hr/>						
		Name	Cat	PB	Time	Info
65	wt	61 Elena Ruijtenberg	DC2	29.40	29.60	
	rd	51 Caspian Alexander	HPA	29.30	30.84	
		<u>Elena Ruijtenberg</u>		<u>Caspian Alexander</u>		
		300m 29.60 (29.60)		300m 30.84 (30.84)		
<hr/>						
		Name	Cat	PB	Time	Info
66	yw	84 Renske van Winkoop	DPB	29.13	29.60	
	bl	48 Liz Wolters	DPA	29.15	29.27	
		<u>Renske van Winkoop</u>		<u>Liz Wolters</u>		
		300m 29.60 (29.60)		300m 29.27 (29.27)		
<hr/>						
		Name	Cat	PB	Time	Info
67	wt	27 Paul de Leeuw	HC1	28.68	28.42	PB
	rd	44 Iris Rietman	DB1	29.12	30.94	
		<u>Paul de Leeuw</u>		<u>Iris Rietman</u>		
		300m 28.42 (28.42)		300m 30.94 (30.94)		

Referee:

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From 1/7/2024 5:30:00 PM to 1/7/2024 8:03:26 PM

Print: 3/31/2025 9:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
68	yw	25 Femke Assink	DN4	28.09	28.99	
	bl	60 Bas Ellenbroek	HC1	28.26	29.24	
		<u>Femke Assink</u>		<u>Bas Ellenbroek</u>		
		300m 28.99 (28.99)		300m 29.24 (29.24)		

		Name	Cat	PB	Time	Info
69	wt	21 Kalista Lamers	DB2	28.03	29.48	
	rd	8 Mees Klunder	HC2	28.26	28.46	
		<u>Kalista Lamers</u>		<u>Mees Klunder</u>		
		300m 29.48 (29.48)		300m 28.46 (28.46)		

		Name	Cat	PB	Time	Info
70	yw	38 Veerle Friso	DC2	27.80	28.53	
	bl	18 Luca Batterink	HC1	27.38	28.06	
		<u>Veerle Friso</u>		<u>Luca Batterink</u>		
		300m 28.53 (28.53)		300m 28.06 (28.06)		

		Name	Cat	PB	Time	Info
71	wt	70 Harry Pardijs	H45	24.26	27.53	
	rd	36 Zoë Tiemens	DN3	26.82	27.86	
		<u>Harry Pardijs</u>		<u>Zoë Tiemens</u>		
		300m 27.53 (27.53)		300m 27.86 (27.86)		

		Name	Cat	PB	Time	Info
72	yw	82 Etienne Tournier	HB2	27.27	27.74	
	bl	35 Beau Kappers	HB2	26.82	27.11	RW
		<u>Etienne Tournier</u>		<u>Beau Kappers</u>		
		300m 27.74 (27.74)		300m 27.11 (27.11)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	80 Nout Tates	HA2	80	O	25.13	
2	66 Erik Jeuring	H40	78	I	28.36	
3	43 Jan-Willem van Velsen	H50	77	O	28.48	PB
4	59 Gerwin Boschloo	H50	80	I	28.57	
5	71 Lièn van Dasselaar	DN1	79	I	28.58	
6	37 Joanne Spliethof	DSA	77	I	28.70	
7	78 Gerben Hettinga	H55	79	O	29.15	
8	79 Gert-Jan Braas	H60	78	O	29.21	
9	12 Wietske Bannink	DSB	75	O	29.72	
10	22 Rudie Assink	H55	75	I	29.77	
11	20 Chantal Herms	D45	76	I	29.92	
12	67 Arjen Esselink	H55	74	O	30.76	PB
13	15 Demi Bartelds	DN3	73	O	31.92	
14	47 Remco Wisselink	H45	73	I	32.37	
15	55 Mirjam Hulsebos	D55	74	I	33.51	
	10 Lenneke Groot Koerkamp	DA1	76	O	DNF	

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Print: 3/31/2025 7:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

5. Race Result 300 meter

		Name	Cat	PB	Time	Info
73	wt	47 Remco Wisselink	H45		32.37	
	rd	15 Demi Bartelds	DN3	30.91	31.92	
		<u>Remco Wisselink</u>		<u>Demi Bartelds</u>		
		300m 32.37 (32.37)		300m 31.92 (31.92)		

		Name	Cat	PB	Time	Info
74	yw	55 Mirjam Hulsebos	D55	32.35	33.51	
	bl	67 Arjen Esselink	H55	31.21	30.76	PB
		<u>Mirjam Hulsebos</u>		<u>Arjen Esselink</u>		
		300m 33.51 (33.51)		300m 30.76 (30.76)		

		Name	Cat	PB	Time	Info
75	wt	22 Rudie Assink	H55	28.53	29.77	
	rd	12 Wietske Bannink	DSB	28.09	29.72	
		<u>Rudie Assink</u>		<u>Wietske Bannink</u>		
		300m 29.77 (29.77)		300m 29.72 (29.72)		

		Name	Cat	PB	Time	Info
76	yw	20 Chantal Herms	D45	29.80	29.92	
	bl	10 Lenneke Groot Koerkamp	DA1	29.41	DNF	
		<u>Chantal Herms</u>		<u>Lenneke Groot Koerkamp</u>		
		300m 29.92 (29.92)				

		Name	Cat	PB	Time	Info
77	wt	37 Joanne Spliethof	DSA	28.21	28.70	
	rd	43 Jan-Willem van Velsen	H50	29.27	28.48	PB
		<u>Joanne Spliethof</u>		<u>Jan-Willem van Velsen</u>		
		300m 28.70 (28.70)		300m 28.48 (28.48)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
78	yw	66 Erik Jeuring	H40	27.12	28.36	
	bl	79 Gert-Jan Braas	H60	29.02	29.21	
		Erik Jeuring		Gert-Jan Braas		
		300m	28.36 (28.36)	300m	29.21 (29.21)	

		Name	Cat	PB	Time	Info
79	wt	71 Lièn van Dasselaar	DN1	27.27	28.58	
	rd	78 Gerben Hettinga	H55	28.07	29.15	
		Lièn van Dasselaar		Gerben Hettinga		
		300m	28.58 (28.58)	300m	29.15 (29.15)	

		Name	Cat	PB	Time	Info
80	yw	59 Gerwin Boschloo	H50	28.06	28.57	
	bl	80 Nout Tates	HA2	25.05	25.13	
		Gerwin Boschloo		Nout Tates		
		300m	28.57 (28.57)	300m	25.13 (25.13)	

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

6. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Beau Kappers	HB2	108	I	27.25		
2	33 Niels Teunissen	HB2	93	O	27.28		
3	70 Harry Pardijs	H45	107	O	27.62		
	82 Etienne Tournier	HB2	108	O	27.62		
5	36 Zoë Tiemens	DN3	107	I	27.99		
6	18 Luca Batterink	HC1	106	I	28.28		
7	8 Mees Klunder	HC2	105	I	28.65		
8	38 Veerle Friso	DC2	106	O	28.74		
9	27 Paul de Leeuw	HC1	103	O	28.75		
10	25 Femke Assink	DN4	104	O	29.22		
11	60 Bas Ellenbroek	HC1	104	I	29.35		
12	13 Jeanette ten Hag	D45	99	O	29.51		
	48 Liz Wolters	DPA	102	I	29.51		
14	61 Elena Ruijtenberg	DC2	101	O	29.66		
	34 Huub Smeets	HB2	100	I	29.66		
16	83 Stef van Moolenbroek	HC2	99	I	29.80		
17	21 Kalista Lamers	DB2	105	O	29.97		
18	77 Herre Mak	HC1	91	I	29.99	PB	
19	6 Sjoerd de Haan	HC1	96	I	30.02	PB	
20	26 Justin van Velde	HPA	95	O	30.28	PB	
21	84 Renske van Winkoop	DPB	102	O	30.34		
22	64 Tristan Swenne	HB2	97	O	30.57	PB	
23	44 Iris Rietman	DB1	103	I	30.58		
24	46 Isis van Til	DB1	96	O	30.66		
25	51 Caspian Alexander	HPA	101	I	30.70		
26	40 Joost Smeets	HC2	95	I	31.34	PB	
27	9 Just Klunder	HPA	94	I	31.44	PB	
28	45 Marthe Schalkwijk	DC2	98	O	31.53		
29	62 Lisa Huis in 't Veld	DPA	100	O	31.68		
30	72 Bente van Dasselaar	DC1	92	O	31.70	MT	
31	63 Tobi Kiers	HB1	98	I	32.02		
32	29 Roan Varenbrink	HPB	94	O	32.18		
33	50 Femke Lindeboom	DPA	89	O	32.35		
34	16 Lena Wisselink	DPA	93	I	33.03		
35	7 Noor Klunder	DPB	89	I	33.33		
36	24 Joëlle van Drimmelen	DPB	92	I	33.34	MT	
37	2 Eva Mezzo	DPB	90	O	33.51		
38	69 Jill Krikken	DPC	91	O	33.58		

Referee:

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From 1/7/2024 5:30:00 PM to 1/7/2024 7:41:36 PM

Print: 3/31/2025 7:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	39 Silke van den Bos	DC1	88	I	34.23		
40	42 Famke Aukema	DC1	88	O	34.35		
41	5 Wietze de Haan	HPA	90	I	34.49		
42	14 Suze Kleinsman	DPA	83	I	34.57		
43	19 Danique Stout	DPB	86	I	34.58	PB	
44	81 Neyómy Barry	DPA	87	I	34.60		
45	49 Minke Nijenhuis	DPA	84	I	35.34	PB	
46	85 Eline van den Beld	DPD	85	O	35.48		
47	41 Kim Versteeg	DPA	86	O	35.63		
48	76 Elin Mak	DPD	83	O	35.74		
49	56 Naomi Potjes	DPB	85	I	36.89		
50	4 Alexander Warmink	HC1	87	O	36.98		
51	58 Lisa Oldenhof	DPB	84	O	38.12		
52	57 Jolynn Wijngaards	DPB	82	I	38.78	PB	
53	23 Lara Aukema	DPB	81	O	40.70	PB	
54	3 Thijmen Warmink	HPB	82	O	47.90	FL	
	65 Anne-Fleur van der Liet	DB2				WDR	

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From 1/7/2024 5:30:00 PM to 1/7/2024 7:41:36 PM

Print: 3/31/2025 7:03:41 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

6. Race Result 300 meter

	Name	Cat	PB	Time	Info
81	wt				
	rd	23 Lara Aukema	DPB	42.81	40.70 PB
		<u>Lara Aukema</u>			
	m		300m	40.70	(40.70)

	Name	Cat	PB	Time	Info
82	yw	57 Jolynn Wijngaards	DPB	40.53	38.78 PB
	bl	3 Thijmen Warmink	HPB	39.94	47.90 FL
		<u>Jolynn Wijngaards</u>			
	300m	38.78	(38.78)		
		<u>Thijmen Warmink</u>			
	300m	47.90	(47.90)		

	Name	Cat	PB	Time	Info
83	wt	14 Suze Kleinsman	DPA	35.34	34.57
	rd	76 Elin Mak	DPD	35.83	35.74
		<u>Suze Kleinsman</u>			
	300m	34.57	(34.57)		
		<u>Elin Mak</u>			
	300m	35.74	(35.74)		

	Name	Cat	PB	Time	Info
84	yw	49 Minke Nijenhuis	DPA	35.63	35.34 PB
	bl	58 Lisa Oldenhof	DPB	37.16	38.12
		<u>Minke Nijenhuis</u>			
	300m	35.34	(35.34)		
		<u>Lisa Oldenhof</u>			
	300m	38.12	(38.12)		

	Name	Cat	PB	Time	Info
85	wt	56 Naomi Potjes	DPB	35.03	36.89
	rd	85 Eline van den Beld	DPD	34.74	35.48
		<u>Naomi Potjes</u>			
	300m	36.89	(36.89)		
		<u>Eline van den Beld</u>			
	300m	35.48	(35.48)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
86	yw	19 Danique Stout	DPB	34.93	34.58	PB
	bl	41 Kim Versteeg	DPA	35.12	35.63	
		<u>Danique Stout</u>		<u>Kim Versteeg</u>		
		300m 34.58 (34.58)		300m 35.63 (35.63)		
<hr/>						
		Name	Cat	PB	Time	Info
87	wt	81 Neyómy Barry	DPA	34.83	34.60	
	rd	4 Alexander Warmink	HC1	34.82	36.98	
		<u>Neyómy Barry</u>		<u>Alexander Warmink</u>		
		300m 34.60 (34.60)		300m 36.98 (36.98)		
<hr/>						
		Name	Cat	PB	Time	Info
88	yw	39 Silke van den Bos	DC1	33.76	34.23	
	bl	42 Famke Aukema	DC1	34.07	34.35	
		<u>Silke van den Bos</u>		<u>Famke Aukema</u>		
		300m 34.23 (34.23)		300m 34.35 (34.35)		
<hr/>						
		Name	Cat	PB	Time	Info
89	wt	7 Noor Klunder	DPB	32.20	33.33	
	rd	50 Femke Lindeboom	DPA	32.68	32.35	
		<u>Noor Klunder</u>		<u>Femke Lindeboom</u>		
		300m 33.33 (33.33)		300m 32.35 (32.35)		
<hr/>						
		Name	Cat	PB	Time	Info
90	yw	5 Wietze de Haan	HPA	34.00	34.49	
	bl	2 Eva Mezzo	DPB	33.74	33.51	
		<u>Wietze de Haan</u>		<u>Eva Mezzo</u>		
		300m 34.49 (34.49)		300m 33.51 (33.51)		
<hr/>						
		Name	Cat	PB	Time	Info
91	wt	77 Herre Mak	HC1	32.25	29.99	PB
	rd	69 Jill Krikken	DPC	32.21	33.58	
		<u>Herre Mak</u>		<u>Jill Krikken</u>		
		300m 29.99 (29.99)		300m 33.58 (33.58)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name		Cat		PB		Time	Info
92	yw	24	Joëlle van Drimmelen		DPB	32.63		33.34	MT
	bl	72	Bente van Dasselaar		DC1	32.30		31.70	MT
		<u>Joëlle van Drimmelen</u>			<u>Bente van Dasselaar</u>				
		300m	33.34	(33.34)	300m	31.70	(31.70)		
<hr/>									
		Name		Cat		PB		Time	Info
93	wt	16	Lena Wisselink		DPA	31.70		33.03	
	rd	33	Niels Teunissen		HB2	31.65		27.28	
		<u>Lena Wisselink</u>			<u>Niels Teunissen</u>				
		300m	33.03	(33.03)	300m	27.28	(27.28)		
<hr/>									
		Name		Cat		PB		Time	Info
94	yw	9	Just Klunder		HPA	31.66		31.44	PB
	bl	29	Roan Varenbrink		HPB	32.11		32.18	
		<u>Just Klunder</u>			<u>Roan Varenbrink</u>				
		300m	31.44	(31.44)	300m	32.18	(32.18)		
<hr/>									
		Name		Cat		PB		Time	Info
95	wt	40	Joost Smeets		HC2	31.54		31.34	PB
	rd	26	Justin van Velde		HPA	30.79		30.28	PB
		<u>Joost Smeets</u>			<u>Justin van Velde</u>				
		300m	31.34	(31.34)	300m	30.28	(30.28)		
<hr/>									
		Name		Cat		PB		Time	Info
96	yw	6	Sjoerd de Haan		HC1	31.09		30.02	PB
	bl	46	Isis van Til		DB1	31.49		30.66	
		<u>Sjoerd de Haan</u>			<u>Isis van Til</u>				
		300m	30.02	(30.02)	300m	30.66	(30.66)		
<hr/>									
		Name		Cat		PB		Time	Info
97	wt	65	Anne-Fleur van der Liet		DB2	29.89		WDR	
	rd	64	Tristan Swenne		HB2	30.77		30.57	PB
		<u>Anne-Fleur van der Liet</u>			<u>Tristan Swenne</u>				
					300m	30.57	(30.57)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
98	yw	63 Tobi Kiers	HB1	30.61	32.02	
	bl	45 Marthe Schalkwijk	DC2	30.54	31.53	
		<u>Tobi Kiers</u>		<u>Marthe Schalkwijk</u>		
		300m 32.02 (32.02)		300m 31.53 (31.53)		

		Name	Cat	PB	Time	Info
99	wt	83 Stef van Moolenbroek	HC2	29.41	29.80	
	rd	13 Jeanette ten Hag	D45	28.38	29.51	
		<u>Stef van Moolenbroek</u>		<u>Jeanette ten Hag</u>		
		300m 29.80 (29.80)		300m 29.51 (29.51)		

		Name	Cat	PB	Time	Info
100	yw	34 Huib Smeets	HB2	29.66	29.66	
	bl	62 Lisa Huis in 't Veld	DPA	29.64	31.68	
		<u>Huib Smeets</u>		<u>Lisa Huis in 't Veld</u>		
		300m 29.66 (29.66)		300m 31.68 (31.68)		

		Name	Cat	PB	Time	Info
101	wt	51 Caspian Alexander	HPA	29.30	30.70	
	rd	61 Elena Ruijtenberg	DC2	29.40	29.66	
		<u>Caspian Alexander</u>		<u>Elena Ruijtenberg</u>		
		300m 30.70 (30.70)		300m 29.66 (29.66)		

		Name	Cat	PB	Time	Info
102	yw	48 Liz Wolters	DPA	29.15	29.51	
	bl	84 Renske van Winkoop	DPB	29.13	30.34	
		<u>Liz Wolters</u>		<u>Renske van Winkoop</u>		
		300m 29.51 (29.51)		300m 30.34 (30.34)		

		Name	Cat	PB	Time	Info
103	wt	44 Iris Rietman	DB1	29.12	30.58	
	rd	27 Paul de Leeuw	HC1	28.68	28.75	
		<u>Iris Rietman</u>		<u>Paul de Leeuw</u>		
		300m 30.58 (30.58)		300m 28.75 (28.75)		

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Sport- en Recreatiecentrum de Scheg - Deventer

7 January 2024

		Name	Cat	PB	Time	Info
104	yw	60 Bas Ellenbroek	HC1	28.26	29.35	
	bl	25 Femke Assink	DN4	28.09	29.22	
		Bas Ellenbroek		Femke Assink		
		300m 29.35 (29.35)		300m 29.22 (29.22)		

		Name	Cat	PB	Time	Info
105	wt	8 Mees Klunder	HC2	28.26	28.65	
	rd	21 Kalista Lamers	DB2	28.03	29.97	
		Mees Klunder		Kalista Lamers		
		300m 28.65 (28.65)		300m 29.97 (29.97)		

		Name	Cat	PB	Time	Info
106	yw	18 Luca Batterink	HC1	27.38	28.28	
	bl	38 Veerle Friso	DC2	27.80	28.74	
		Luca Batterink		Veerle Friso		
		300m 28.28 (28.28)		300m 28.74 (28.74)		

		Name	Cat	PB	Time	Info
107	wt	36 Zoë Tiemens	DN3	26.82	27.99	
	rd	70 Harry Pardijs	H45	24.26	27.62	
		Zoë Tiemens		Harry Pardijs		
		300m 27.99 (27.99)		300m 27.62 (27.62)		

		Name	Cat	PB	Time	Info
108	yw	35 Beau Kappers	HB2	26.82	27.25	
	bl	82 Etienne Tournier	HB2	27.27	27.62	
		Beau Kappers		Etienne Tournier		
		300m 27.25 (27.25)		300m 27.62 (27.62)		