

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

1. Result DPA 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	27 Liv Kogelman	DPA	6	I	46.01	9
2	50 Kyra Kamstra	DPA	5	O	48.44	8
3	3 Selene Dekker	DPA	6	O	49.06 PB	7
4	15 Merel Smit	DPA	5	I	52.06 PB	6
5	9 Bente van Dasselaar	DPA	4	I	54.81	5
6	21 Britt Spenkelink	DPA	4	O	57.78 PB	4
7	33 Esmee Hesselink	DPB	3	I	58.38 PB	3
8	39 Famke Aukema	DPA	3	O	1:05.48	2
9	54 Aline Veltman	DPA	1	I	1:14.52 PB	1

Referee:

Assistant:

Starter:

From 11/5/2022 5:30:00 PM to 11/5/2022 5:43:34 PM

Print: 1/15/2025 8:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

1. Race Result DPA 500 meter

		Name		Cat		PB		Time	Info
1	wt rd	54	Aline Veltman		DPA	1:16.19		1:14.52	PB
		Aline Veltman							
		100m	17.43	(17.43)		m			
		500m	1:14.52	(57.09)					

		Name		Cat		PB		Time	Info
2	yw bl								
			m						

		Name		Cat		PB		Time	Info
3	wt rd	33	Esmee Hesselink		DPB	59.12		58.38	PB
		39	Famke Aukema		DPA	59.63		1:05.48	
		Esmee Hesselink							
		100m	14.20	(14.20)		100m	16.12	(16.12)	
		500m	58.38	(44.18)		500m	1:05.48	(49.36)	

		Name		Cat		PB		Time	Info
4	yw bl	9	Bente van Dasselaar		DPA	52.83		54.81	
		21	Britt Spenkelink		DPA	58.43		57.78	PB
		Bente van Dasselaar							
		100m	14.11	(14.11)		100m	14.09	(14.09)	
		500m	54.81	(40.70)		500m	57.78	(43.69)	

		Name		Cat		PB		Time	Info
5	wt rd	15	Merel Smit		DPA	52.37		52.06	PB
		50	Kyra Kamstra		DPA	47.99		48.44	
		Merel Smit							
		100m	13.71	(13.71)		100m	12.72	(12.72)	
		500m	52.06	(38.35)		500m	48.44	(35.72)	

Referee:

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Print: 1/15/2025 9:40:02 AM

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5 November 2022

		Name		Cat		PB	Time	Info
6	yw	27	Liv Kogelman		DPA	45.99	46.01	
	bl	3	Selene Dekker		DPA	50.28	49.06	PB
		Liv Kogelman			Selene Dekker			
		100m	12.21	(12.21)	100m	12.60	(12.60)	
		500m	46.01	(33.80)	500m	49.06	(36.46)	

Referee:

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From 11/5/2022 5:30:00 PM to 11/5/2022 5:43:34 PM

Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

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5 November 2022

2. Result HPA 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Pom Peerdeman	HPA	11	O	47.51	PB	9
2	16 Nick Hendriksen	HPA	12	I	48.75		8
3	51 Colin de Velde	HPA	12	O	49.17		7
4	25 Noor Leusink	DPB	11	I	50.52		6
5	22 Sjoerd de Haan	HPA	9	O	51.88	PB	5
6	46 Herre Mak	HPA	9	I	53.26		4
7	10 Anna van Elst	DPA	10	O	55.32		3
8	34 Mart Bloemen	HPA	10	I	58.65		2
9	47 Abe van Laar	HPB	7	I	1:11.03		1

Referee:

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Print: 1/15/2025 8:40:02 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

2. Race Result HPA 500 meter

		Name		Cat		PB		Time	Info
7	wt rd	47	Abe van Laar		HPB			1:11.03	
			Abe van Laar						
			100m	15.60	(15.60)		m		
			500m	1:11.03	(55.43)				

		Name		Cat		PB		Time	Info
8	yw bl								
			m				m		

		Name		Cat		PB		Time	Info
9	wt rd	46	Herre Mak		HPA	52.58		53.26	
		22	Sjoerd de Haan		HPA	53.36		51.88	PB
			Herre Mak						
			100m	13.54	(13.54)		100m	13.73	(13.73)
			500m	53.26	(39.72)		500m	51.88	(38.15)
			Sjoerd de Haan						
			100m	13.73	(13.73)		100m	13.73	(13.73)
			500m	51.88	(38.15)		500m	51.88	(38.15)

		Name		Cat		PB		Time	Info
10	yw bl	34	Mart Bloemen		HPA			58.65	
		10	Anna van Elst		DPA	54.14		55.32	
			Mart Bloemen						
			100m	14.28	(14.28)		100m	13.86	(13.86)
			500m	58.65	(44.37)		500m	55.32	(41.46)
			Anna van Elst						
			100m	13.86	(13.86)		100m	13.86	(13.86)
			500m	55.32	(41.46)		500m	55.32	(41.46)

		Name		Cat		PB		Time	Info
11	wt rd	25	Noor Leusink		DPB	49.20		50.52	
		4	Pom Peerdeman		HPA	47.51		47.51	PB
			Noor Leusink						
			100m	12.93	(12.93)		100m	12.21	(12.21)
			500m	50.52	(37.59)		500m	47.51	(35.30)
			Pom Peerdeman						
			100m	12.21	(12.21)		100m	12.21	(12.21)
			500m	47.51	(35.30)		500m	47.51	(35.30)

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5 November 2022

		Name		Cat		PB	Time	Info
12	yw	16	Nick Hendriksen		HPA		48.69	48.75
	bl	51	Colin de Velde		HPA		47.49	49.17
		Nick Hendriksen			Colin de Velde			
		100m	12.62	(12.62)	100m	12.92	(12.92)	
		500m	48.75	(36.13)	500m	49.17	(36.25)	

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Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

3. Result DC 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Anne Keppels	DC1	17	O	47.17	9
2	52 Freya Goerres	DC2	18	I	48.37	8
3	17 Kim Bakker	DC1	18	O	50.42	7
4	35 Eloise van der Sligte	DC1	15	O	50.50 PB	6
5	23 Noah Bak	DC2	16	I	50.55	5
6	5 Taylor Bork	DC1	17	I	50.75	4
7	40 Annabel Weteringe	DC2	16	O	51.44	3
8	45 Monique de Groot	DPA	13	I	53.84 PB	2
9	11 Liss Phielix	DC1	15	I	54.21	1

Referee:

Assistant:

Starter:

From 11/5/2022 5:30:00 PM to 11/5/2022 5:54:05 PM

Print: 1/15/2025 8:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

3. Race Result DC 500 meter

		Name		Cat		PB		Time	Info
13	wt rd	45	Monique de Groot		DPA		1:00.51	53.84	PB

Monique de Groot

100m	13.46	(13.46)	m
500m	53.84	(40.38)	

		Name		Cat		PB		Time	Info
14	yw bl								

m			m
---	--	--	---

		Name		Cat		PB		Time	Info
15	wt rd	11	Liss Phielix		DC1		53.65	54.21	
		35	Eloise van der Sligte		DC1		51.50	50.50	PB

Liss Phielix

100m	13.78	(13.78)
500m	54.21	(40.43)

Eloise van der Sligte

100m	13.37	(13.37)
500m	50.50	(37.13)

		Name		Cat		PB		Time	Info
16	yw bl	23	Noah Bak		DC2		50.45	50.55	
		40	Annabel Weteringe		DC2		49.21	51.44	

Noah Bak

100m	13.21	(13.21)
500m	50.55	(37.34)

Annabel Weteringe

100m	13.51	(13.51)
500m	51.44	(37.93)

		Name		Cat		PB		Time	Info
17	wt rd	5	Taylor Bork		DC1		49.33	50.75	
		29	Anne Keppels		DC1		46.32	47.17	

Taylor Bork

100m	13.02	(13.02)
500m	50.75	(37.73)

Anne Keppels

100m	12.46	(12.46)
500m	47.17	(34.71)

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Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB	Time	Info
18	yw	52	Freya Goerres		DC2	46.57	48.37	
	bl	17	Kim Bakker		DC1	49.48	50.42	
		Freya Goerres			Kim Bakker			
		100m	12.74	(12.74)	100m	13.00	(13.00)	
		500m	48.37	(35.63)	500m	50.42	(37.42)	

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From 11/5/2022 5:30:00 PM to 11/5/2022 5:54:05 PM

Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

4. Result HC 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	12 Tijl de Vries	HC1	23	O	44.60	PB	9
2	24 Noam van de Koppel	HC2	23	I	45.03	PB	8
3	36 Mart Polman	HC1	24	O	46.53	PB	7
4	18 Twan van de Poppe	HPA	24	I	47.68		6
5	53 Wester van der Heide	HC1	21	O	48.42		5
6	44 Joachim Van Laar	HC1	22	O	51.66	PB	4
7	30 Jelle Overkamp	HC1	22	I	54.62		3
8	6 Arend Holman	HC1	19	I	56.99		2
9	41 Merijn Lankreijer	HC1	21	I	1:11.79	FL	1

Referee:

Assistant:

Starter:

From 11/5/2022 5:30:00 PM to 11/5/2022 5:59:54 PM

Print: 1/15/2025 8:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

4. Race Result HC 500 meter

		Name		Cat		PB		Time	Info
19	wt rd	6	Arend Holman		HC1			56.99	
			Arend Holman						
			100m	13.49	(13.49)		m		
			500m	56.99	(43.50)				

		Name		Cat		PB		Time	Info
20	yw bl								
							m		
							m		

		Name		Cat		PB		Time	Info
21	wt rd	41	Merijn Lankreijer		HC1	1:00.04		1:11.79	FL
		53	Wester van der Heide		HC1	47.35		48.42	
			Merijn Lankreijer						
			100m	14.69	(14.69)		100m	12.97	(12.97)
			500m	1:11.79	(57.10)		500m	48.42	(35.45)
			Wester van der Heide						
			100m	12.97	(12.97)		100m	12.97	(12.97)
			500m	48.42	(35.45)		500m	48.42	(35.45)

		Name		Cat		PB		Time	Info
22	yw bl	30	Jelle Overkamp		HC1	54.18		54.62	
		44	Joachim Van Laar		HC1	58.34		51.66	PB
			Jelle Overkamp						
			100m	14.23	(14.23)		100m	13.56	(13.56)
			500m	54.62	(40.39)		500m	51.66	(38.10)
			Joachim Van Laar						
			100m	13.56	(13.56)		100m	13.56	(13.56)
			500m	51.66	(38.10)		500m	51.66	(38.10)

		Name		Cat		PB		Time	Info
23	wt rd	24	Noam van de Koppel		HC2	45.50		45.03	PB
		12	Tijl de Vries		HC1	44.85		44.60	PB
			Noam van de Koppel						
			100m	12.01	(12.01)		100m	11.99	(11.99)
			500m	45.03	(33.02)		500m	44.60	(32.61)
			Tijl de Vries						
			100m	11.99	(11.99)		100m	11.99	(11.99)
			500m	44.60	(32.61)		500m	44.60	(32.61)

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From 11/5/2022 5:30:00 PM to 11/5/2022 5:59:54 PM

Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB		Time	Info
24	yw	18	Twan van de Poppe		HPA		47.16	47.68	
	bl	36	Mart Polman		HC1		46.80	46.53	PB
		Twan van de Poppe			Mart Polman				
		100m	12.58	(12.58)	100m	12.37	(12.37)		
		500m	47.68	(35.10)	500m	46.53	(34.16)		

Referee:

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From 11/5/2022 5:30:00 PM to 11/5/2022 5:59:54 PM

Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

5. Result DPB 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	7 Noortje Kappers	DPB	29	I	48.38	PB	9
2	13 Joanne Hendriksen	DPB	29	O	53.91		8
3	19 Jitske Bennink	DPB	30	I	57.36		7
4	1 Sanne Brandsen	DPB	27	O	59.46	PB	6
5	28 Lieke Grobbink	DPC	27	I	59.62		5
6	43 Saar Burgwal	DPB	28	I	1:01.88	PB	4
7	37 Sara Keizer	DPB	25	I	1:03.10		3
	48 Alyne Eelkje Goerres	DPA	30	O	54.52	OC	
	31 Wes Bloemen	HPC	28	O	1:06.38	OC	

Referee:

Assistant:

Starter:

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Print: 1/15/2025 8:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

5. Race Result DPB 500 meter

		Name		Cat		PB		Time	Info
25	wt rd	37	Sara Keizer		DPB			1:03.10	
		Sara Keizer							
		100m	14.71	(14.71)		m			
		500m	1:03.10	(48.39)					

		Name		Cat		PB		Time	Info
26	yw bl								

		Name		Cat		PB		Time	Info
27	wt rd	28	Lieke Grobbink		DPC	57.53		59.62	
		1	Sanne Brandsen		DPB	1:02.29		59.46	PB
		Lieke Grobbink							
		100m	14.02	(14.02)		100m	14.67	(14.67)	
		500m	59.62	(45.60)		500m	59.46	(44.79)	

		Name		Cat		PB		Time	Info
28	yw bl	43	Saar Burgwal		DPB	1:08.25		1:01.88	PB
		31	Wes Bloemen		HPC			1:06.38	OC
		Saar Burgwal							
		100m	14.68	(14.68)		100m	1:06.38	(66.38)	
		500m	1:01.88	(47.20)					

		Name		Cat		PB		Time	Info
29	wt rd	7	Noortje Kappers		DPB	48.39		48.38	PB
		13	Joanne Hendriksen		DPB	53.00		53.91	
		Noortje Kappers							
		100m	12.73	(12.73)		100m	13.42	(13.42)	
		500m	48.38	(35.65)		500m	53.91	(40.49)	

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Print: 1/15/2025 9:40:02 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB		Time	Info
30	yw	19	Jitske Bennink		DPB	56.83		57.36	
	bl	48	Alyne Eelkje Goerres		DPA	53.37		54.52	OC
		<u>Jitske Bennink</u>			<u>Alyne Eelkje Goerres</u>				
		100m	14.05	(14.05)	100m	54.52	(54.52)		
		500m	57.36	(43.31)					

Referee:

Assistant:

Starter:

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Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

6. Result HPB 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	14 Renske van Winkoop	DPC	35	I	49.83	9
2	2 Coen Esselink	HPB	36	I	54.41	8
3	49 Tieme Bouma	HPB	36	O	56.06	7
4	20 Melle ter Horst	HPB	34	I	56.49	6
5	32 Joep Nagel	HPB	35	O	56.81	5
6	8 Federico Talen	HPC	33	I	56.99	4
7	38 Noor Klunder	DPC	34	O	1:01.15	3
8	26 Pepijn Beimer	HPC	33	O	1:02.20 PB	2
9	42 Samuel Jagtenberg	HPC	31	I	1:13.33	1

Referee:

Assistant:

Starter:

From 11/5/2022 5:30:00 PM to 11/5/2022 6:10:57 PM

Print: 1/15/2025 8:40:03 AM

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

6. Race Result HPB 500 meter

		Name		Cat		PB		Time	Info
31	wt	42		Samuel Jagtenberg		HPC		1:13.33	
	rd								
Samuel Jagtenberg									
		100m	16.71	(16.71)		m			
		500m	1:13.33	(56.62)					

		Name		Cat		PB		Time	Info
32	yw								
	bl								
						m			
						m			

		Name		Cat		PB		Time	Info
33	wt	8		Federico Talen		HPC	54.65	56.99	
	rd								
Federico Talen									
		100m	13.80	(13.80)		100m	15.09	(15.09)	
		500m	56.99	(43.19)		500m	1:02.20	(47.11)	
Pepijn Beimer									
		100m	15.09	(15.09)					
		500m	1:02.20	(47.11)					

		Name		Cat		PB		Time	Info
34	yw	20		Melle ter Horst		HPB	55.51	56.49	
	bl								
Melle ter Horst									
		100m	14.03	(14.03)		100m	14.10	(14.10)	
		500m	56.49	(42.46)		500m	1:01.15	(47.05)	
Noor Klunder									
		100m	14.10	(14.10)					
		500m	1:01.15	(47.05)					

		Name		Cat		PB		Time	Info
35	wt	14		Renske van Winkoop		DPC	49.74	49.83	
	rd								
Renske van Winkoop									
		100m	12.85	(12.85)		100m	13.64	(13.64)	
		500m	49.83	(36.98)		500m	56.81	(43.17)	
Joep Nagel									
		100m	13.64	(13.64)					
		500m	56.81	(43.17)					

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Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB	Time	Info
36	yw	2	Coen Esselink		HPB	52.39	54.41	
	bl	49	Tieme Bouma		HPB	53.43	56.06	
		Coen Esselink			Tieme Bouma			
		100m	13.31	(13.31)	100m	14.31	(14.31)	
		500m	54.41	(41.10)	500m	56.06	(41.75)	

Referee:

Assistant:

Starter:

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Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

7. Result DPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	27 Liv Kogelman	DPA	42	O	1:36.46	PB	9
2	50 Kyra Kamstra	DPA	41	I	1:38.86		8
3	3 Selene Dekker	DPA	39	I	1:45.36		7
4	15 Merel Smit	DPA	37	I	1:47.19		6
5	9 Bente van Dasselaar	DPA	41	O	1:53.67	PB	5
6	21 Britt Spenkelink	DPA	42	I	1:58.93		4
7	33 Esmee Hesselink	DPB	40	I	2:01.32		3
8	39 Famke Aukema	DPA	40	O	2:16.06		2
9	54 Aline Veltman	DPA	39	O	2:25.72		1

Referee:

Assistant:

Starter:

From 11/5/2022 5:30:00 PM to 11/5/2022 6:40:04 PM

Print: 1/15/2025 8:40:03 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

7. Race Result DPA 1000 meter

		Name		Cat		PB	Time	Info
37	wt rd	15	Merel Smit		DPA		1:47.19	

Merel Smit

200m	24.34	(24.34)	m
600m	1:04.22	(39.88)	
1000m	1:47.19	(42.97)	

		Name		Cat		PB	Time	Info
38	yw bl							

m

m

		Name		Cat		PB	Time	Info
39	wt rd	3	Selene Dekker		DPA		1:45.36	
		54	Aline Veltman		DPA		2:25.72	

Selene Dekker

200m	23.19	(23.19)
600m	1:03.36	(40.17)
1000m	1:45.36	(42.00)

Aline Veltman

200m	30.48	(30.48)
600m	1:26.81	(56.33)
1000m	2:25.72	(58.91)

		Name		Cat		PB	Time	Info
40	yw bl	33	Esmee Hesselink		DPB		2:01.32	
		39	Famke Aukema		DPA		2:16.06	

Esmee Hesselink

200m	26.02	(26.02)
600m	1:12.88	(46.86)
1000m	2:01.32	(48.44)

Famke Aukema

200m	29.31	(29.31)
600m	1:22.59	(53.28)
1000m	2:16.06	(53.47)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB		Time	Info
41	wt	50	Kyra Kamstra		DPA		1:34.70	1:38.86	
	rd	9	Bente van Dasselaar		DPA		1:55.25	1:53.67	PB
		Kyra Kamstra				Bente van Dasselaar			
		200m	22.62	(22.62)		200m	25.23	(25.23)	
		600m	1:00.13	(37.51)		600m	1:07.96	(42.73)	
		1000m	1:38.86	(38.73)		1000m	1:53.67	(45.71)	

		Name		Cat		PB		Time	Info
42	yw	21	Britt Spenkelink		DPA			1:58.93	
	bl	27	Liv Kogelman		DPA		1:36.84	1:36.46	PB
		Britt Spenkelink				Liv Kogelman			
		200m	25.23	(25.23)		200m	21.66	(21.66)	
		600m	1:10.68	(45.45)		600m	57.81	(36.15)	
		1000m	1:58.93	(48.25)		1000m	1:36.46	(38.65)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

8. Result HPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	4 Pom Peerdeman	HPA	47	I	1:38.50 PB	9
2	51 Colin de Velde	HPA	48	I	1:42.84	8
3	16 Nick Hendriksen	HPA	47	O	1:44.50	7
4	25 Noor Leusink	DPB	46	O	1:44.53 MT	6
5	22 Sjoerd de Haan	HPA	45	I	1:46.32 MT	5
6	46 Herre Mak	HPA	48	O	1:54.81	4
7	34 Mart Bloemen	HPA	46	I	1:59.41 MT	3
8	10 Anna van Elst	DPA	43	I	2:00.30	2
9	47 Abe van Laar	HPB	45	O	2:19.10 MT	1

Referee:

Assistant:

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

8. Race Result HPA 1000 meter

	Name	Cat	PB	Time	Info
43	wt rd	10 Anna van Elst	DPA	2:00.30	

Anna van Elst

200m	26.37	(26.37)	m
600m	1:13.34	(46.97)	
1000m	2:00.30	(46.96)	

	Name	Cat	PB	Time	Info
44	yw bl				

m

m

	Name	Cat	PB	Time	Info
45	wt rd	22 Sjoerd de Haan	HPA	1:51.20	1:46.32 MT
		47 Abe van Laar	HPB		2:19.10 MT

Sjoerd de Haan

200m	1:46.32	(106.32)
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Abe van Laar

200m	2:19.10	(139.10)
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	Name	Cat	PB	Time	Info
46	yw bl	34 Mart Bloemen	HPA		1:59.41 MT
		25 Noor Leusink	DPB	1:47.27	1:44.53 MT

Mart Bloemen

200m	1:59.41	(119.41)
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Noor Leusink

200m	1:44.53	(104.53)
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	Name	Cat	PB	Time	Info
47	wt rd	4 Pom Peerdeman	HPA	1:41.41	1:38.50 PB
		16 Nick Hendriksen	HPA	1:41.38	1:44.50

Pom Peerdeman

200m	21.40	(21.40)
600m	58.26	(36.86)
1000m	1:38.50	(40.24)

Nick Hendriksen

200m	22.67	(22.67)
600m	1:02.14	(39.47)
1000m	1:44.50	(42.36)

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Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB	Time	Info
48	yw	51	Colin de Velde		HPA		1:37.03	1:42.84
	bl	46	Herre Mak		HPA		1:51.97	1:54.81
		Colin de Velde			Herre Mak			
		200m	22.78	(22.78)	200m	25.37	(25.37)	
		600m	1:01.56	(38.78)	600m	1:09.32	(43.95)	
		1000m	1:42.84	(41.28)	1000m	1:54.81	(45.49)	

Referee:

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

9. Result DC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Anne Keppels	DC1	54	I	1:38.49	9
2	52 Freya Goerres	DC2	53	O	1:39.45	8
3	35 Eloise van der Sligte	DC1	53	I	1:41.87 PB	7
4	23 Noah Bak	DC2	51	I	1:42.62	6
5	5 Taylor Bork	DC1	51	O	1:44.06	5
6	17 Kim Bakker	DC1	49	I	1:45.58	4
7	40 Annabel Weteringe	DC2	54	O	1:47.63	3
8	45 Monique de Groot	DPA	52	O	1:52.18	2
9	11 Liss Phielix	DC1	52	I	2:14.05	1

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

9. Race Result DC 1000 meter

		Name		Cat		PB		Time	Info
49	wt rd	17	Kim Bakker		DC1			1:45.58	

Kim Bakker

200m	23.85	(23.85)	m
600m	1:03.67	(39.82)	
1000m	1:45.58	(41.91)	

		Name		Cat		PB		Time	Info
50	yw bl								

m

m

		Name		Cat		PB		Time	Info
51	wt	23	Noah Bak		DC2	1:42.55		1:42.62	
	rd	5	Taylor Bork		DC1	1:42.97		1:44.06	

Noah Bak			Taylor Bork		
200m	22.97	(22.97)	200m	23.57	(23.57)
600m	1:02.19	(39.22)	600m	1:02.09	(38.52)
1000m	1:42.62	(40.43)	1000m	1:44.06	(41.97)

		Name		Cat		PB		Time	Info
52	yw	11	Liss Phielix		DC1	1:54.59		2:14.05	
	bl	45	Monique de Groot		DPA			1:52.18	

Liss Phielix

200m	25.50	(25.50)
600m	1:23.27	(57.77)
1000m	2:14.05	(50.78)

Monique de Groot

200m	25.04	(25.04)
600m	1:07.35	(42.31)
1000m	1:52.18	(44.83)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB		Time	Info
53	wt	35	Eloise van der Sligte		DC1		1:42.95	1:41.87	PB
	rd	52	Freya Goerres		DC2		1:34.60	1:39.45	
		<u>Eloise van der Sligte</u>			<u>Freya Goerres</u>				
		200m	23.56	(23.56)	200m	22.80	(22.80)		
		600m	1:00.93	(37.37)	600m	1:00.03	(37.23)		
		1000m	1:41.87	(40.94)	1000m	1:39.45	(39.42)		

		Name		Cat		PB		Time	Info
54	yw	29	Anne Keppels		DC1		1:36.67	1:38.49	
	bl	40	Annabel Weteringe		DC2		1:43.30	1:47.63	
		<u>Anne Keppels</u>			<u>Annabel Weteringe</u>				
		200m	21.73	(21.73)	200m	24.00	(24.00)		
		600m	58.74	(37.01)	600m	1:04.12	(40.12)		
		1000m	1:38.49	(39.75)	1000m	1:47.63	(43.51)		

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

10. Result HC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	36 Mart Polman	HC1	60	O	1:33.08	9
2	24 Noam van de Koppel	HC2	59	O	1:33.23 PB	8
3	12 Tijl de Vries	HC1	59	I	1:33.24	7
4	18 Twan van de Poppe	HPA	58	O	1:36.66	6
5	53 Wester van der Heide	HC1	60	I	1:36.71	5
6	44 Joachim Van Laar	HC1	55	I	1:44.02	4
7	30 Jelle Overkamp	HC1	57	O	1:51.68	3
8	41 Merijn Lankreijer	HC1	58	I	1:56.81 PB	2
9	6 Arend Holman	HC1	57	I	2:05.34	1

Referee:

Assistant:

Starter:

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

10. Race Result HC 1000 meter

	Name	Cat	PB	Time Info
55	wt rd	44 Joachim Van Laar	HC1	1:44.02

Joachim Van Laar

200m	23.74	(23.74)	m
600m	1:03.42	(39.68)	
1000m	1:44.02	(40.60)	

	Name	Cat	PB	Time Info
56	yw bl			

m m

	Name	Cat	PB	Time Info
57	wt rd	6 Arend Holman	HC1	2:02.23 2:05.34
		30 Jelle Overkamp	HC1	1:51.20 1:51.68

Arend Holman

200m	24.92	(24.92)
600m	1:11.67	(46.75)
1000m	2:05.34	(53.67)

Jelle Overkamp

200m	25.53	(25.53)
600m	1:08.05	(42.52)
1000m	1:51.68	(43.63)

	Name	Cat	PB	Time Info
58	yw bl	41 Merijn Lankreijer	HC1	2:05.09 1:56.81 PB
		18 Twan van de Poppe	HPA	1:36.39 1:36.66

Merijn Lankreijer

200m	26.30	(26.30)
600m	1:10.19	(43.89)
1000m	1:56.81	(46.62)

Twan van de Poppe

200m	21.96	(21.96)
600m	58.09	(36.13)
1000m	1:36.66	(38.57)

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name		Cat		PB		Time	Info
59	wt	12	Tijl de Vries		HC1		1:31.83	1:33.24	
	rd	24	Noam van de Koppel		HC2		1:33.90	1:33.23	PB
		<u>Tijl de Vries</u>				<u>Noam van de Koppel</u>			
		200m	20.75	(20.75)		200m	21.83	(21.83)	
		600m	55.32	(34.57)		600m	56.76	(34.93)	
		1000m	1:33.24	(37.92)		1000m	1:33.23	(36.47)	

		Name		Cat		PB		Time	Info
60	yw	53	Wester van der Heide		HC1		1:34.57	1:36.71	
	bl	36	Mart Polman		HC1		1:32.44	1:33.08	
		<u>Wester van der Heide</u>				<u>Mart Polman</u>			
		200m	22.75	(22.75)		200m	21.36	(21.36)	
		600m	58.13	(35.38)		600m	56.13	(34.77)	
		1000m	1:36.71	(38.58)		1000m	1:33.08	(36.95)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

11. Result DPB 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	7 Noortje Kappers	DPB	65	O	30.46	9
2	13 Joanne Hendriksen	DPB	66	I	33.17	8
3	28 Lieke Grobbink	DPC	65	I	35.89	7
4	19 Jitske Bennink	DPB	64	O	36.20 MT	6
5	43 Saar Burgwal	DPB	63	I	36.45 PB	5
6	1 Sanne Brandsen	DPB	64	I	36.85 PB	4
7	37 Sara Keizer	DPB	63	O	37.74 MT	3
	48 Alyne Eelkje Goerres	DPA	66	O	34.59 OC	
	31 Wes Bloemen	HPC	61	I	38.31 OC	

Referee:

Assistant:

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Print: 1/15/2025 8:40:03 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

11. Race Result DPB 300 meter

Referee:

Assistant:

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Print: 1/15/2025 9:40:03 AM

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Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name	Cat	PB	Time	Info
61	wt	31 Wes Bloemen	HPC		38.31	OC
	rd					
		Wes Bloemen				
		300m	38.31 (38.31)		m	
<hr/>						
		Name	Cat	PB	Time	Info
62	yw					
	bl					
		m		m		
<hr/>						
		Name	Cat	PB	Time	Info
63	wt	43 Saar Burgwal	DPB	40.00	36.45	PB
	rd	37 Sara Keizer	DPB	37.52	37.74	MT
		Saar Burgwal		Sara Keizer		
		300m	36.45 (36.45)	300m	37.74 (37.74)	
<hr/>						
		Name	Cat	PB	Time	Info
64	yw	1 Sanne Brandsen	DPB	37.16	36.85	PB
	bl	19 Jitske Bennink	DPB	35.36	36.20	MT
		Sanne Brandsen		Jitske Bennink		
		300m	36.85 (36.85)	300m	36.20 (36.20)	
<hr/>						
		Name	Cat	PB	Time	Info
65	wt	28 Lieke Grobbink	DPC	35.17	35.89	
	rd	7 Noortje Kappers	DPB	30.05	30.46	
		Lieke Grobbink		Noortje Kappers		
		300m	35.89 (35.89)	300m	30.46 (30.46)	
<hr/>						
		Name	Cat	PB	Time	Info
66	yw	13 Joanne Hendriksen	DPB	32.93	33.17	
	bl	48 Alyne Eelkje Goerres	DPA	34.02	34.59	OC
		Joanne Hendriksen		Alyne Eelkje Goerres		
		300m	33.17 (33.17)	300m	34.59 (34.59)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

12. Result HPB 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	14 Renske van Winkoop	DPC	72	I	31.01	9
2	2 Coen Esselink	HPB	71	I	33.36 PB	8
3	32 Joep Nagel	HPB	72	O	34.55	7
4	8 Federico Talen	HPC	71	O	34.81	6
5	49 Tieme Bouma	HPB	69	O	34.90	5
6	20 Melle ter Horst	HPB	67	I	35.99	4
7	38 Noor Klunder	DPC	70	O	37.73	3
8	26 Pepijn Beimer	HPC	70	I	38.07	2
9	42 Samuel Jagtenberg	HPC	69	I	42.29 MT	1

Referee:

Assistant:

Starter:

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Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

12. Race Result HPB 300 meter

Referee:

Assistant:

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Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

		Name	Cat	PB	Time	Info
67	wt	20	Melle ter Horst	HPB	34.18	35.99
	rd					
		Melle ter Horst				
		300m	35.99 (35.99)		m	
<hr/>						
		Name	Cat	PB	Time	Info
68	yw					
	bl					
					m	
					m	
<hr/>						
		Name	Cat	PB	Time	Info
69	wt	42	Samuel Jagtenberg	HPC	52.47	42.29 MT
	rd	49	Tieme Bouma	HPB	34.82	34.90
		Samuel Jagtenberg				
		300m	42.29 (42.29)			
		Tieme Bouma				
		300m	34.90 (34.90)			
<hr/>						
		Name	Cat	PB	Time	Info
70	yw	26	Pepijn Beimer	HPC	36.85	38.07
	bl	38	Noor Klunder	DPC	35.77	37.73
		Pepijn Beimer				
		300m	38.07 (38.07)			
		Noor Klunder				
		300m	37.73 (37.73)			
<hr/>						
		Name	Cat	PB	Time	Info
71	wt	2	Coen Esselink	HPB	33.81	33.36 PB
	rd	8	Federico Talen	HPC	33.43	34.81
		Coen Esselink				
		300m	33.36 (33.36)			
		Federico Talen				
		300m	34.81 (34.81)			
<hr/>						
		Name	Cat	PB	Time	Info
72	yw	14	Renske van Winkoop	DPC	30.82	31.01
	bl	32	Joep Nagel	HPB	34.53	34.55
		Renske van Winkoop				
		300m	31.01 (31.01)			
		Joep Nagel				
		300m	34.55 (34.55)			

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

13. Result team sprint

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	108 BORNSE SSV	T	4	I	1:51.27		
2	107 HCH	T	5	I	1:55.13		
3	105 DIJC	T	2	O	1:55.51		
4	104 YC STOKVIS	T	1	I	1:58.23		
5	106 STG ELBURG	T	3	I	1:59.88		
6	109 STG KOGGENLAND	T	4	O	2:00.85		
7	102 HIJC	T	5	O	2:04.12		
8	103 SPORTIEF	T	2	I	2:13.77		
9	101 EIJV	T	3	O	2:35.69		

Referee:

Assistant:

Starter:

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Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

5 November 2022

13. Race Result team sprint

		Name		Cat		PB	Time	Info
1	wt	104	YC STOKVIS		T		1:58.23	
	rd							
		YC STOKVIS						
		200m	1:58.23	(118.23)		m		

		Name		Cat		PB	Time	Info
2	wt	103	SPORTIEF		T		2:13.77	
	rd	105	DIJC		T		1:55.51	
		SPORTIEF						
		200m	2:13.77	(133.77)				
		DIJC						
		200m	1:55.51	(115.51)				

		Name		Cat		PB	Time	Info
3	wt	106	STG ELBURG		T		1:59.88	
	rd	101	EIJV		T		2:35.69	
		STG ELBURG						
		200m	1:59.88	(119.88)				
		EIJV						
		200m	2:35.69	(155.69)				

		Name		Cat		PB	Time	Info
4	wt	108	BORNSE SSV		T		1:51.27	
	rd	109	STG KOGGENLAND		T		2:00.85	
		BORNSE SSV						
		200m	1:51.27	(111.27)				
		STG KOGGENLAND						
		200m	2:00.85	(120.85)				

		Name		Cat		PB	Time	Info
5	wt	107	HCH		T		1:55.13	
	rd	102	HIJC		T		2:04.12	
		HCH						
		200m	1:55.13	(115.13)				
		HIJC						
		200m	2:04.12	(124.12)				