

1. Uitslag Pupillen C en ouder (100/500) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1 | 16 Anton Boersma | HPB | 12 | I | 12.16 | PR | |
| 2 | 68 Sven Burghoorn | HC1 | 3 | O | 12.17 | PR | |
| 3 | 96 Jibbe Koops | HPB | 11 | O | 12.51 | | |
| 4 | 82 Anne Breider | DPA | 11 | I | 12.52 | PR | |
| 5 | 5 Nynke Krol | DPC | 12 | O | 12.65 | | |
| 6 | 32 Jan Aesge van der Meer | HPB | 9 | I | 12.68 | PR | |
| 7 | 67 Lotte de Jong | DC2 | 10 | O | 12.86 | PR | |
| 8 | 99 Jurjen Kramer | HPC | 8 | O | 13.08 | PR | |
| 9 | 98 Imre Blomberg | DPC | 9 | O | 13.17 | | |
| 10 | 1 Berend Zijlstra | HPC | 10 | I | 13.18 | | |
| 11 | 84 Marit Veenhuis | DPB | 8 | I | 13.41 | | |
| 12 | 14 Bente Dam | DPC | 6 | I | 13.59 | PR | |
| 13 | 12 Rimar Kaper | HPB | 7 | O | 13.60 | PR | |
| 14 | 21 Frouwkje Dijkstra | DPA | 5 | O | 13.80 | PR | |
| 15 | 20 Jurjen Dijkstra | HPC | 6 | O | 14.02 | | |
| 16 | 3 Ilona Borger | DPB | 5 | I | 14.25 | | |
| 17 | 7 Lieke Planting | DPC | 4 | I | 14.36 | | |
| 18 | 44 Lynn van Baaren | DPC | 3 | I | 14.47 | | |
| | 24 Roos van der Werf | DPC | 2 | I | 14.47 | PR | |
| 20 | 71 Louise Bouma | DPB | 2 | O | 14.49 | PR | |
| 21 | 34 Timo vd Pol | HPA | 1 | I | 14.62 | | |
| 22 | 38 Silke Vries | DPB | 4 | O | 15.10 | | |
| 23 | 90 Wouter Kuiken | HPC | 1 | O | 25.56 | FL | |
| | 63 Marin Steegstra | DPA | 7 | I | DNS | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

1. Rituitslag Pupillen C en ouder (100/500) 100 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------|----------------------|---------|----------------------|-------|--------------|------|
| 1 | wt | 34 | Timo vd Pol | | HPA | | 14.62 | |
| | rd | 90 | Wouter Kuiken | | HPC | 17.02 | 25.56 | FL |
| | | <u>Timo vd Pol</u> | | | <u>Wouter Kuiken</u> | | | |
| | | 100m | 14.62 | (14.62) | 100m | 25.56 | (25.56) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|---------------------|-------|--------------|------|
| 2 | gl | 24 | Roos van der Werf | | DPC | 14.74 | 14.47 | PR |
| | bl | 71 | Louise Bouma | | DPB | 14.64 | 14.49 | PR |
| | | <u>Roos van der Werf</u> | | | <u>Louise Bouma</u> | | | |
| | | 100m | 14.47 | (14.47) | 100m | 14.49 | (14.49) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|---------|-----------------------|-------|--------------|------|
| 3 | wt | 44 | Lynn van Baaren | | DPC | 14.38 | 14.47 | |
| | rd | 68 | Sven Burghoorn | | HC1 | 14.21 | 12.17 | PR |
| | | <u>Lynn van Baaren</u> | | | <u>Sven Burghoorn</u> | | | |
| | | 100m | 14.47 | (14.47) | 100m | 12.17 | (12.17) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|--------------------|-------|--------------|------|
| 4 | gl | 7 | Lieke Planting | | DPC | 14.36 | 14.36 | |
| | bl | 38 | Silke Vries | | DPB | 14.68 | 15.10 | |
| | | <u>Lieke Planting</u> | | | <u>Silke Vries</u> | | | |
| | | 100m | 14.36 | (14.36) | 100m | 15.10 | (15.10) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 5 | wt | 3 | Ilona Borger | | DPB | 14.16 | 14.25 | |
| | rd | 21 | Frouwkje Dijkstra | | DPA | 14.04 | 13.80 | PR |
| | | <u>Ilona Borger</u> | | | <u>Frouwkje Dijkstra</u> | | | |
| | | 100m | 14.25 | (14.25) | 100m | 13.80 | (13.80) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | Cat | PR | Tijd | Info |
|---|----|---------------------------|-----|-------|------------------------|------|
| 6 | gl | 14 Bente Dam | DPC | 13.72 | 13.59 | PR |
| | bl | 20 Jurjen Dijkstra | HPC | 13.99 | 14.02 | |
| | | <u>Bente Dam</u> | | | <u>Jurjen Dijkstra</u> | |
| | | 100m 13.59 (13.59) | | | 100m 14.02 (14.02) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|---------------------------|-----|-------|--------------------|------|
| 7 | wt | 63 Marin Steegstra | DPA | 13.22 | DNS | |
| | rd | 12 Rimar Kaper | HPB | 13.64 | 13.60 | PR |
| | | <u>Marin Steegstra</u> | | | <u>Rimar Kaper</u> | |
| | | | | | 100m 13.60 (13.60) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|--------------------------|-----|-------|----------------------|------|
| 8 | gl | 84 Marit Veenhuis | DPB | 13.22 | 13.41 | |
| | bl | 99 Jurjen Kramer | HPC | 13.43 | 13.08 | PR |
| | | <u>Marit Veenhuis</u> | | | <u>Jurjen Kramer</u> | |
| | | 100m 13.41 (13.41) | | | 100m 13.08 (13.08) | |

| | | Naam | Cat | PR | Tijd | Info |
|---|----|----------------------------------|-----|-------|----------------------|------|
| 9 | wt | 32 Jan Æesge van der Meer | HPB | 12.93 | 12.68 | PR |
| | rd | 98 Imre Blomberg | DPC | 13.00 | 13.17 | |
| | | <u>Jan Æesge van der Meer</u> | | | <u>Imre Blomberg</u> | |
| | | 100m 12.68 (12.68) | | | 100m 13.17 (13.17) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|-------|----------------------|------|
| 10 | gl | 1 Berend Zijlstra | HPC | 12.99 | 13.18 | |
| | bl | 67 Lotte de Jong | DC2 | 13.02 | 12.86 | PR |
| | | <u>Berend Zijlstra</u> | | | <u>Lotte de Jong</u> | |
| | | 100m 13.18 (13.18) | | | 100m 12.86 (12.86) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------|-----|-------|--------------------|------|
| 11 | wt | 82 Anne Breider | DPA | 12.55 | 12.52 | PR |
| | rd | 96 Jibbe Koops | HPB | 12.50 | 12.51 | |
| | | <u>Anne Breider</u> | | | <u>Jibbe Koops</u> | |
| | | 100m 12.52 (12.52) | | | 100m 12.51 (12.51) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|-------|-------------------|------|-------|--------------|------|
| 12 | gl | 16 Anton Boersma | | HPB | | 12.23 | 12.16 | PR |
| | bl | 5 Nynke Krol | | DPC | | 12.57 | 12.65 | |
| | | <u>Anton Boersma</u> | | <u>Nynke Krol</u> | | | | |
| | | 100m | 12.16 | (12.16) | 100m | 12.65 | (12.65) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

2. Uitslag Jongste pupillen (100/300) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 30 Nick van der Staal | HPD | 16 | O | 13.48 | PR | |
| 2 | 17 Julia Boersma | DPD | 15 | I | 14.35 | | |
| 3 | 37 Myrthe Zwaagstra | DPD | 14 | I | 14.71 | PR | |
| 4 | 70 Afke Brouwer | DPE | 16 | I | 14.76 | | |
| 5 | 97 Lieke Brouwer | DPF | 13 | O | 16.03 | PR | |
| 6 | 39 Yfke Vries | DPE | 14 | O | 16.39 | | |
| 7 | 25 Esra Alkema | DPE | 13 | I | 17.74 | PR | |

2. Rituitslag Jongste pupillen (100/300) 100 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|----------------------|---------|----------------------|-------|--------------|------|
| 13 | wt | 25 | Esra Alkema | | DPE | 18.24 | 17.74 | PR |
| | rd | 97 | Lieke Brouwer | | DPF | 17.60 | 16.03 | PR |
| | | Esra Alkema | | | Lieke Brouwer | | | |
| | | 100m | 17.74 | (17.74) | 100m | 16.03 | (16.03) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-------------------|-------|--------------|------|
| 14 | gl | 37 | Myrthe Zwaagstra | | DPD | 15.56 | 14.71 | PR |
| | bl | 39 | Yfke Vries | | DPE | 16.31 | 16.39 | |
| | | Myrthe Zwaagstra | | | Yfke Vries | | | |
| | | 100m | 14.71 | (14.71) | 100m | 16.39 | (16.39) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|-----|-------|--------------|------|
| 15 | wt | 17 | Julia Boersma | | DPD | 14.11 | 14.35 | |
| | rd | | | | | | | |
| | | Julia Boersma | | | | | | |
| | | 100m | 14.35 | (14.35) | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 16 | gl | 70 | Afke Brouwer | | DPE | 14.22 | 14.76 | |
| | bl | 30 | Nick van der Staal | | HPD | 13.82 | 13.48 | PR |
| | | Afke Brouwer | | | Nick van der Staal | | | |
| | | 100m | 14.76 | (14.76) | 100m | 13.48 | (13.48) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

3. Uitslag Pupillen A en B (100/700) 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------|-----|------|------|-------|------|--------|
| 1 | 85 Ids Hellinga | HPB | 19 | I | 12.68 | PR | |
| 2 | 9 Thijs de Wit | HPA | 20 | I | 13.23 | PR | |
| 3 | 60 Tim Postma | HPB | 19 | O | 13.39 | | |
| 4 | 40 Antje Ypma | DPB | 20 | O | 13.44 | | |
| 5 | 41 Wytse Hamstra | HPB | 17 | I | 13.84 | | |
| 6 | 23 Romke Jepma | HPA | 17 | O | 14.11 | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

3. Rituitslag Pupillen A en B (100/700) 100 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 17 | wt | 41 | Wytse Hamstra | | HPB | 13.69 | 13.84 | |
| | rd | 23 | Romke Jepma | | HPA | 13.78 | 14.11 | |
| | | <u>Wytse Hamstra</u> | | | <u>Romke Jepma</u> | | | |
| | | 100m | 13.84 | (13.84) | 100m | 14.11 | (14.11) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 18 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|-------------------|-------|--------------|------|
| 19 | wt | 85 | Ids Hellinga | | HPB | 12.84 | 12.68 | PR |
| | rd | 60 | Tim Postma | | HPB | 12.88 | 13.39 | |
| | | <u>Ids Hellinga</u> | | | <u>Tim Postma</u> | | | |
| | | 100m | 12.68 | (12.68) | 100m | 13.39 | (13.39) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|-------------------|-------|--------------|------|
| 20 | gl | 9 | Thijs de Wit | | HPA | 13.42 | 13.23 | PR |
| | bl | 40 | Antje Ypma | | DPB | 13.10 | 13.44 | |
| | | <u>Thijs de Wit</u> | | | <u>Antje Ypma</u> | | | |
| | | 100m | 13.23 | (13.23) | 100m | 13.44 | (13.44) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

4. Uitslag Junioren B/C en ouder (500/1500) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|-------|------|--------|
| 1 | 91 Daan Ridder | HB2 | 24 | I | 40.07 | | |
| 2 | 93 Thibaut Vos | HC2 | 24 | O | 40.71 | PR | |
| 3 | 79 Mark Mc Cormick | HN4 | 23 | I | 41.90 | | |
| 4 | 78 Jasmijn Veenhuis | DB1 | 23 | O | 42.07 | | |
| 5 | 83 Paula Kuipers | DB2 | 22 | O | 43.64 | | |
| 6 | 64 Ilse Calsbeek | DB2 | 21 | O | 48.82 | | |
| 7 | 59 Tsjomme Dijkstra | HSB | 21 | I | 48.86 | | |
| 8 | 15 Paulisca Groenhof | DA1 | 22 | I | 49.48 | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

4. Rituitslag Junioren B/C en ouder (500/1500) 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|----------------------|-------|--------------|------|
| 21 | wt | 59 | Tsjomme Dijkstra | | HSB | 47.41 | 48.86 | |
| | rd | 64 | Ilse Calsbeek | | DB2 | 48.72 | 48.82 | |
| | | <u>Tsjomme Dijkstra</u> | | | <u>Ilse Calsbeek</u> | | | |
| | | 100m | 12.31 | (12.31) | 100m | 12.57 | (12.57) | |
| | | 500m | 48.86 | (36.55) | 500m | 48.82 | (36.25) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|----------------------|-------|--------------|------|
| 22 | gl | 15 | Paulisca Groenhof | | DA1 | 48.40 | 49.48 | |
| | bl | 83 | Paula Kuipers | | DB2 | 43.40 | 43.64 | |
| | | <u>Paulisca Groenhof</u> | | | <u>Paula Kuipers</u> | | | |
| | | 100m | 13.03 | (13.03) | 100m | 12.10 | (12.10) | |
| | | 500m | 49.48 | (36.45) | 500m | 43.64 | (31.54) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 23 | wt | 79 | Mark Mc Cormick | | HN4 | 41.77 | 41.90 | |
| | rd | 78 | Jasmijn Veenhuis | | DB1 | 41.82 | 42.07 | |
| | | <u>Mark Mc Cormick</u> | | | <u>Jasmijn Veenhuis</u> | | | |
| | | 100m | 11.46 | (11.46) | 100m | 11.75 | (11.75) | |
| | | 500m | 41.90 | (30.44) | 500m | 42.07 | (30.32) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|--------------------|-------|--------------|------|
| 24 | gl | 91 | Daan Ridder | | HB2 | 39.41 | 40.07 | |
| | bl | 93 | Thibaut Vos | | HC2 | 40.92 | 40.71 | PR |
| | | <u>Daan Ridder</u> | | | <u>Thibaut Vos</u> | | | |
| | | 100m | 11.28 | (11.28) | 100m | 11.01 | (11.01) | |
| | | 500m | 40.07 | (28.79) | 500m | 40.71 | (29.70) | |

5. Uitslag Pupillen A en ouder (500/1000) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 80 Jurre Hoffer | HB2 | 41 | I | 40.33 | PR | |
| 2 | 94 Rutger Jansma | HC2 | 42 | O | 40.55 | | |
| 3 | 89 Patrick Kuiper | HSA | 41 | O | 42.14 | | |
| 4 | 76 Ynze Nijland | HB1 | 39 | I | 42.30 | PR | |
| 5 | 74 Britt Breider | DB1 | 40 | I | 42.48 | PR | |
| 6 | 73 Dirk Zwaan | HSA | 40 | O | 42.63 | PR | |
| 7 | 11 Jordy Kelderhuis | HB1 | 39 | O | 43.17 | PR | |
| 8 | 69 Fenna de Boer | DN1 | 42 | I | 43.25 | | |
| 9 | 19 Christian Groenhof | HB1 | 37 | O | 43.93 | PR | |
| 10 | 13 Elvira bij de Weg | DA2 | 38 | I | 45.48 | | |
| 11 | 31 Tijn Bijma | HPA | 38 | O | 45.93 | | |
| 12 | 8 Jelmer Tasma | HPA | 37 | I | 46.75 | | |
| 13 | 49 Merel Vlug | DPA | 33 | I | 47.40 | PR | |
| 14 | 33 Silke Ludema | DB1 | 30 | O | 47.66 | PR | |
| 15 | 86 Femke Brouwer | DB1 | 36 | O | 47.78 | | |
| 16 | 62 Jennifer Buis | DN1 | 36 | I | 47.85 | | |
| 17 | 36 Marrit Bosma | DPA | 35 | I | 47.93 | | |
| 18 | 4 Sanne Brink | DPA | 33 | O | 47.97 | PR | |
| 19 | 22 Else Marie Boersma | DPA | 34 | I | 48.41 | | |
| 20 | 18 Jelly Hiemstra | DB1 | 32 | O | 48.57 | | |
| 21 | 81 Melissa Buis | DB1 | 31 | O | 48.93 | PR | |
| 22 | 47 Rimer Tjoelker | HPA | 32 | I | 49.13 | | |
| 23 | 88 Miriam Gossen | DN3 | 30 | I | 50.11 | | |
| 24 | 75 Samantha Buis | DN2 | 29 | I | 50.31 | | |
| 25 | 55 Hidde-Jan Poiesz | HPA | 28 | O | 50.65 | PR | |
| 26 | 57 Daphne Marit van der Heide | DC2 | 28 | I | 50.67 | PR | |
| 27 | 29 Doutsen de Vries | DB1 | 29 | O | 51.36 | | |
| 28 | 28 Tessa Tasma | DC2 | 27 | O | 51.67 | PR | |
| 29 | 35 Mirte Kingma | DPA | 27 | I | 51.83 | | |
| 30 | 54 Watse Westra | HC1 | 26 | O | 54.18 | | |
| 31 | 46 Susan Dijkshoorn | DSA | 26 | I | 54.98 | PR | |
| 32 | 10 Hannah de Vries | DPA | 35 | O | 1:00.16 | FL | |
| 33 | 66 Tjalling van Raaij | HPA | 25 | I | 1:01.81 | PR | |
| | 48 Sophie Oostenbrink | DC1 | 31 | I | DNS | | |

5. Rituitslag Pupillen A en ouder (500/1000) 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|-----|----|--|---------|-------------------|
| 25 | wt | 66 | Tjalling van Raaij | | HPA | | | 1:03.23 | 1:01.81 PR |
| | rd | | | | | | | | |
| | | <u>Tjalling van Raaij</u> | | | | | | | |
| | | 100m | 14.58 | (14.58) | | m | | | |
| | | 500m | 1:01.81 | (47.23) | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-----|------|-------|---------|-----------------|
| 26 | gl | 46 | Susan Dijkshoorn | | DSA | | | 55.53 | 54.98 PR |
| | bl | 54 | Watse Westra | | HC1 | | | 53.06 | 54.18 |
| | | <u>Susan Dijkshoorn</u> | | | | | | | |
| | | 100m | 14.13 | (14.13) | | 100m | 14.47 | (14.47) | |
| | | 500m | 54.98 | (40.85) | | 500m | 54.18 | (39.71) | |
| | | <u>Watse Westra</u> | | | | | | | |
| | | 100m | 14.47 | (14.47) | | 100m | 14.47 | (14.47) | |
| | | 500m | 54.18 | (39.71) | | 500m | 54.18 | (39.71) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|---------------------|---------|-----|------|-------|---------|-----------------|
| 27 | wt | 35 | Mirte Kingma | | DPA | | | 51.74 | 51.83 |
| | rd | 28 | Tessa Tasma | | DC2 | | | 52.26 | 51.67 PR |
| | | <u>Mirte Kingma</u> | | | | | | | |
| | | 100m | 13.40 | (13.40) | | 100m | 13.47 | (13.47) | |
| | | 500m | 51.83 | (38.43) | | 500m | 51.67 | (38.20) | |
| | | <u>Tessa Tasma</u> | | | | | | | |
| | | 100m | 13.47 | (13.47) | | 100m | 13.47 | (13.47) | |
| | | 500m | 51.67 | (38.20) | | 500m | 51.67 | (38.20) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------------------|-----------------------------------|---------|-----|------|-------|---------|-----------------|
| 28 | gl | 57 | Daphne Marit van der Heide | | DC2 | | | 52.21 | 50.67 PR |
| | bl | 55 | Hidde-Jan Poiesz | | HPA | | | 51.41 | 50.65 PR |
| | | <u>Daphne Marit van der Heide</u> | | | | | | | |
| | | 100m | 12.91 | (12.91) | | 100m | 13.26 | (13.26) | |
| | | 500m | 50.67 | (37.76) | | 500m | 50.65 | (37.39) | |
| | | <u>Hidde-Jan Poiesz</u> | | | | | | | |
| | | 100m | 13.26 | (13.26) | | 100m | 13.26 | (13.26) | |
| | | 500m | 50.65 | (37.39) | | 500m | 50.65 | (37.39) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|-----|------|-------|---------|--------------|
| 29 | wt | 75 | Samantha Buis | | DN2 | | | 48.43 | 50.31 |
| | rd | 29 | Doutsen de Vries | | DB1 | | | 50.90 | 51.36 |
| | | <u>Samantha Buis</u> | | | | | | | |
| | | 100m | 13.44 | (13.44) | | 100m | 13.89 | (13.89) | |
| | | 500m | 50.31 | (36.87) | | 500m | 51.36 | (37.47) | |
| | | <u>Doutsen de Vries</u> | | | | | | | |
| | | 100m | 13.89 | (13.89) | | 100m | 13.89 | (13.89) | |
| | | 500m | 51.36 | (37.47) | | 500m | 51.36 | (37.47) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|--|
| 30 | gl | 88 | Miriam Gossen | | DN3 | 49.53 | 50.11 | | |
| | bl | 33 | Silke Ludema | | DB1 | 49.77 | 47.66 | PR | |
| | | <u>Miriam Gossen</u> | | | <u>Silke Ludema</u> | | | | |
| | | 100m | 13.31 | (13.31) | 100m | 12.41 | (12.41) | | |
| | | 500m | 50.11 | (36.80) | 500m | 47.66 | (35.25) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------------|---------------------------|-----|---------------------|-------|--------------|------|--|
| 31 | wt | 48 | Sophie Oostenbrink | | DC1 | 48.99 | DNS | | |
| | rd | 81 | Melissa Buis | | DB1 | 49.73 | 48.93 | PR | |
| | | <u>Sophie Oostenbrink</u> | | | <u>Melissa Buis</u> | | | | |
| | | 100m | | | 100m | 13.16 | (13.16) | | |
| | | 500m | | | 500m | 48.93 | (35.77) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|--|
| 32 | gl | 47 | Rimer Tjoelker | | HPA | 48.90 | 49.13 | | |
| | bl | 18 | Jelly Hiemstra | | DB1 | 48.47 | 48.57 | | |
| | | <u>Rimer Tjoelker</u> | | | <u>Jelly Hiemstra</u> | | | | |
| | | 100m | 12.96 | (12.96) | 100m | 13.22 | (13.22) | | |
| | | 500m | 49.13 | (36.17) | 500m | 48.57 | (35.35) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------|-----------------------|---------|-----------------------|-------|--------------|------|--|
| 33 | wt | 49 | Merel Vlug | | DPA | 48.06 | 47.40 | PR | |
| | rd | 4 | Sanne Brinksma | | DPA | 48.14 | 47.97 | PR | |
| | | <u>Merel Vlug</u> | | | <u>Sanne Brinksma</u> | | | | |
| | | 100m | 12.80 | (12.80) | 100m | 12.91 | (12.91) | | |
| | | 500m | 47.40 | (34.60) | 500m | 47.97 | (35.06) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|---------------------------|---------------------------|---------|-----|-------|--------------|------|--|
| 34 | gl | 22 | Else Marie Boersma | | DPA | 48.22 | 48.41 | | |
| | bl | | | | | | | | |
| | | <u>Else Marie Boersma</u> | | | | | | | |
| | | 100m | 13.05 | (13.05) | m | | | | |
| | | 500m | 48.41 | (35.36) | | | | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|------------------------------|-------|---------------------------|-------|----------------|---------|
| 35 | wt | 36 Marrit Bosma | DPA | | 47.02 | 47.93 | |
| | rd | 10 Hannah de Vries | DPA | | 47.73 | 1:00.16 | FL |
| | | Marrit Bosma | | Hannah de Vries | | | |
| | | 100m | 12.98 | (12.98) | 100m | 12.62 | (12.62) |
| | | 500m | 47.93 | (34.95) | 500m | 1:00.16 | (47.54) |
| | | Naam | Cat | | PR | Tijd | Info |
| 36 | gl | 62 Jennifer Buis | DN1 | | 47.85 | 47.85 | |
| | bl | 86 Femke Brouwer | DB1 | | 46.24 | 47.78 | |
| | | Jennifer Buis | | Femke Brouwer | | | |
| | | 100m | 12.97 | (12.97) | 100m | 12.92 | (12.92) |
| | | 500m | 47.85 | (34.88) | 500m | 47.78 | (34.86) |
| | | Naam | Cat | | PR | Tijd | Info |
| 37 | wt | 8 Jelmer Tasma | HPA | | 45.81 | 46.75 | |
| | rd | 19 Christian Groenhof | HB1 | | 44.64 | 43.93 | PR |
| | | Jelmer Tasma | | Christian Groenhof | | | |
| | | 100m | 12.70 | (12.70) | 100m | 11.47 | (11.47) |
| | | 500m | 46.75 | (34.05) | 500m | 43.93 | (32.46) |
| | | Naam | Cat | | PR | Tijd | Info |
| 38 | gl | 13 Elvira bij de Weg | DA2 | | 44.57 | 45.48 | |
| | bl | 31 Tijn Bijma | HPA | | 45.54 | 45.93 | |
| | | Elvira bij de Weg | | Tijn Bijma | | | |
| | | 100m | 12.60 | (12.60) | 100m | 12.18 | (12.18) |
| | | 500m | 45.48 | (32.88) | 500m | 45.93 | (33.75) |
| | | Naam | Cat | | PR | Tijd | Info |
| 39 | wt | 76 Ynze Nijland | HB1 | | 42.80 | 42.30 | PR |
| | rd | 11 Jordy Kelderhuis | HB1 | | 44.30 | 43.17 | PR |
| | | Ynze Nijland | | Jordy Kelderhuis | | | |
| | | 100m | 11.30 | (11.30) | 100m | 11.32 | (11.32) |
| | | 500m | 42.30 | (31.00) | 500m | 43.17 | (31.85) |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|-------------------|-------|--------------|------|
| 40 | gl | 74 Britt Breider | | DB1 | | 43.19 | 42.48 | PR |
| | bl | 73 Dirk Zwaan | | HSA | | 42.89 | 42.63 | PR |
| | | Britt Breider | | | Dirk Zwaan | | | |
| | | 100m | 11.77 | (11.77) | 100m | 11.45 | (11.45) | |
| | | 500m | 42.48 | (30.71) | 500m | 42.63 | (31.18) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|-------|---------|-----------------------|-------|--------------|------|
| 41 | wt | 80 Jurre Hoffer | | HB2 | | 41.65 | 40.33 | PR |
| | rd | 89 Patrick Kuiper | | HSA | | 41.81 | 42.14 | |
| | | Jurre Hoffer | | | Patrick Kuiper | | | |
| | | 100m | 11.10 | (11.10) | 100m | 11.53 | (11.53) | |
| | | 500m | 40.33 | (29.23) | 500m | 42.14 | (30.61) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|----------------------|-------|--------------|------|
| 42 | gl | 69 Fenna de Boer | | DN1 | | 41.81 | 43.25 | |
| | bl | 94 Rutger Jansma | | HC2 | | 39.85 | 40.55 | |
| | | Fenna de Boer | | | Rutger Jansma | | | |
| | | 100m | 11.79 | (11.79) | 100m | 11.14 | (11.14) | |
| | | 500m | 43.25 | (31.46) | 500m | 40.55 | (29.41) | |

6. Uitslag Pupillen C en ouder (100/500) 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1 | 68 Sven Burghoorn | HC1 | 44 | I | 46.44 | | |
| 2 | 16 Anton Boersma | HPB | 54 | O | 47.02 | | |
| 3 | 96 Jibbe Koops | HPB | 54 | I | 47.94 | | |
| 4 | 82 Anne Breider | DPA | 53 | I | 48.29 | | |
| 5 | 32 Jan Aesge van der Meer | HPB | 51 | I | 49.69 | PR | |
| 6 | 5 Nynke Krol | DPC | 52 | O | 49.83 | PR | |
| 7 | 67 Lotte de Jong | DC2 | 50 | I | 51.03 | PR | |
| 8 | 99 Jurjen Kramer | HPC | 52 | I | 51.67 | PR | |
| 9 | 98 Imre Blomberg | DPC | 51 | O | 51.92 | | |
| | 84 Marit Veenhuis | DPB | 50 | O | 51.92 | PR | |
| 11 | 1 Berend Zijlstra | HPC | 49 | I | 55.30 | | |
| 12 | 21 Frouwkje Dijkstra | DPA | 47 | I | 56.55 | PR | |
| 13 | 20 Jurjen Dijkstra | HPC | 49 | O | 56.65 | | |
| 14 | 71 Louise Bouma | DPB | 47 | O | 56.74 | PR | |
| 15 | 12 Rimar Kaper | HPB | 48 | O | 59.45 | | |
| 16 | 38 Silke Vries | DPB | 45 | O | 59.52 | | |
| 17 | 24 Roos van der Werf | DPC | 43 | I | 59.90 | HT | |
| 18 | 34 Timo vd Pol | HPA | 43 | O | 59.92 | HT | |
| 19 | 3 Ilona Borger | DPB | 46 | I | 1:00.52 | PR | |
| 20 | 7 Lieke Planting | DPC | 46 | O | 1:01.40 | | |
| 21 | 44 Lynn van Baaren | DPC | 45 | I | 1:04.32 | PR | |
| 22 | 90 Wouter Kuiken | HPC | 44 | O | 1:25.64 | HT | |
| | 14 Bente Dam | DPC | 48 | I | DQ | | |
| | 63 Marin Steegstra | DPA | 53 | O | DNS | | |

6. Rituitslag Pupillen C en ouder (100/500) 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|--------------------|-------|---------|--------------|------|
| 43 | wt | 24 | Roos van der Werf | | DPC | | | 59.90 | HT |
| | rd | 34 | Timo vd Pol | | HPA | | | 59.92 | HT |
| | | Roos van der Werf | | | Timo vd Pol | | | | |
| | | 100m | 59.90 | (59.90) | 100m | 59.92 | (59.92) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|---------|----------------|------|
| 44 | gl | 68 | Sven Burghoorn | | HC1 | | | 46.44 | |
| | bl | 90 | Wouter Kuiken | | HPC | 1:20.12 | | 1:25.64 | HT |
| | | Sven Burghoorn | | | Wouter Kuiken | | | | |
| | | 100m | 43.57 | (43.57) | 100m | 1:25.64 | (85.64) | | |
| | | 500m | 46.44 | (2.87) | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------------------------|------------------------|---------|--------------------|---------|---------|----------------|------|
| 45 | wt | 44 | Lynn van Baaren | | DPC | 1:04.36 | | 1:04.32 | PR |
| | rd | 38 | Silke Vries | | DPB | 58.81 | | 59.52 | |
| | | Lynn van Baaren | | | Silke Vries | | | | |
| | | 100m | 14.60 | (14.60) | 100m | 14.64 | (14.64) | | |
| | | 500m | 1:04.32 | (49.72) | 500m | 59.52 | (44.88) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 46 | gl | 3 | Ilona Borger | | DPB | 1:00.60 | | 1:00.52 | PR |
| | bl | 7 | Lieke Planting | | DPC | 1:00.47 | | 1:01.40 | |
| | | Ilona Borger | | | Lieke Planting | | | | |
| | | 100m | 14.66 | (14.66) | 100m | 14.66 | (14.66) | | |
| | | 500m | 1:00.52 | (45.86) | 500m | 1:01.40 | (46.74) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|---------|--------------|------|
| 47 | wt | 21 | Frouwkje Dijkstra | | DPA | 56.70 | | 56.55 | PR |
| | rd | 71 | Louise Bouma | | DPB | 58.56 | | 56.74 | PR |
| | | Frouwkje Dijkstra | | | Louise Bouma | | | | |
| | | 100m | 14.16 | (14.16) | 100m | 14.33 | (14.33) | | |
| | | 500m | 56.55 | (42.39) | 500m | 56.74 | (42.41) | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------------------|-------|---------|------------------------|-------|---------|-----------------|
| 48 | gl | 14 Bente Dam | | | DPC | 58.49 | | DQ |
| | bl | 12 Rimar Kaper | | | HPB | 58.73 | | 59.45 |
| | | Bente Dam | | | Rimar Kaper | | | |
| | | 100m | | | 100m | 13.92 | (13.92) | |
| | | 500m | | | 500m | 59.45 | (45.53) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 49 | wt | 1 Berend Zijlstra | | | HPC | 55.09 | | 55.30 |
| | rd | 20 Jurjen Dijkstra | | | HPC | 56.56 | | 56.65 |
| | | Berend Zijlstra | | | Jurjen Dijkstra | | | |
| | | 100m | 13.64 | (13.64) | 100m | 14.13 | (14.13) | |
| | | 500m | 55.30 | (41.66) | 500m | 56.65 | (42.52) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 50 | gl | 67 Lotte de Jong | | | DC2 | 54.10 | | 51.03 PR |
| | bl | 84 Marit Veenhuis | | | DPB | 52.47 | | 51.92 PR |
| | | Lotte de Jong | | | Marit Veenhuis | | | |
| | | 100m | 12.95 | (12.95) | 100m | 13.44 | (13.44) | |
| | | 500m | 51.03 | (38.08) | 500m | 51.92 | (38.48) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 51 | wt | 32 Jan Aesge van der Meer | | | HPB | 50.05 | | 49.69 PR |
| | rd | 98 Imre Blomberg | | | DPC | 51.43 | | 51.92 |
| | | Jan Aesge van der Meer | | | Imre Blomberg | | | |
| | | 100m | 12.99 | (12.99) | 100m | 13.11 | (13.11) | |
| | | 500m | 49.69 | (36.70) | 500m | 51.92 | (38.81) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 52 | gl | 99 Jurjen Kramer | | | HPC | 51.82 | | 51.67 PR |
| | bl | 5 Nynke Krol | | | DPC | 49.98 | | 49.83 PR |
| | | Jurjen Kramer | | | Nynke Krol | | | |
| | | 100m | 13.43 | (13.43) | 100m | 12.88 | (12.88) | |
| | | 500m | 51.67 | (38.24) | 500m | 49.83 | (36.95) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|-------|------------------------|--|-------|--------------|------|
| 53 | wt | 82 Anne Breider | | DPA | | 47.06 | 48.29 | |
| | rd | 63 Marin Steegstra | | DPA | | 49.76 | DNS | |
| | | Anne Breider | | Marin Steegstra | | | | |
| | | 100m | 12.74 | (12.74) | | | | |
| | | 500m | 48.29 | (35.55) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|----------------------|------|-------|--------------|------|
| 54 | gl | 96 Jibbe Koops | | HPB | | 46.60 | 47.94 | |
| | bl | 16 Anton Boersma | | HPB | | 46.61 | 47.02 | |
| | | Jibbe Koops | | Anton Boersma | | | | |
| | | 100m | 12.62 | (12.62) | 100m | 12.40 | (12.40) | |
| | | 500m | 47.94 | (35.32) | 500m | 47.02 | (34.62) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

7. Uitslag Jongste pupillen (100/300) 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 30 Nick van der Staal | HPD | 57 | O | 36.89 | PR | |
| 2 | 17 Julia Boersma | DPD | 58 | I | 37.33 | | |
| 3 | 37 Myrthe Zwaagstra | DPD | 55 | O | 41.16 | | |
| 4 | 39 Yfke Vries | DPE | 56 | I | 46.25 | | |
| 5 | 25 Esra Alkema | DPE | 56 | O | 48.49 | PR | |
| 6 | 70 Afke Brouwer | DPE | 57 | I | 50.09 | FL | |
| 7 | 97 Lieke Brouwer | DPF | 55 | I | 53.98 | FL | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

7. Rituitslag Jongste pupillen (100/300) 300 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|-------|-------------------------|------|
| 55 | wt | 97 Lieke Brouwer | DPF | | 53.98 | FL |
| | rd | 37 Myrthe Zwaagstra | DPD | 40.96 | 41.16 | |
| | | <u>Lieke Brouwer</u> | | | <u>Myrthe Zwaagstra</u> | |
| | | 300m 53.98 (53.98) | | | 300m 41.16 (41.16) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------|-----|-------|--------------------|------|
| 56 | gl | 39 Yfke Vries | DPE | 42.66 | 46.25 | |
| | bl | 25 Esra Alkema | DPE | 51.47 | 48.49 | PR |
| | | <u>Yfke Vries</u> | | | <u>Esra Alkema</u> | |
| | | 300m 46.25 (46.25) | | | 300m 48.49 (48.49) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|-------|---------------------------|------|
| 57 | wt | 70 Afke Brouwer | DPE | 40.79 | 50.09 | FL |
| | rd | 30 Nick van der Staal | HPD | 37.30 | 36.89 | PR |
| | | <u>Afke Brouwer</u> | | | <u>Nick van der Staal</u> | |
| | | 300m 50.09 (50.09) | | | 300m 36.89 (36.89) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|-------|--------------|------|
| 58 | gl | 17 Julia Boersma | DPD | 36.76 | 37.33 | |
| | bl | | | | | |
| | | <u>Julia Boersma</u> | | | <u>m</u> | |
| | | 300m 37.33 (37.33) | | | m | |

**Elfstedenhal, Gewestelijke wedstrijd (incl
gastrijders) zondag 12 februari 2023**

Elfstedenhal - Leeuwarden

8. Uitslag Pupillen A en B (100/700) 700 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1 | 85 Ids Hellinga | HPB | 61 | O | 1:07.99 | | |
| 2 | 41 Wytse Hamstra | HPB | 61 | I | 1:12.52 | | |
| 3 | 40 Antje Ypma | DPB | 62 | O | 1:12.69 | | |
| 4 | 60 Tim Postma | HPB | 62 | I | 1:13.65 | | |
| 5 | 9 Thijs de Wit | HPA | 59 | I | 1:16.36 | | |
| 6 | 23 Romke Jepma | HPA | 59 | O | 1:16.50 | | |

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Elfstedenhal - Leeuwarden

8. Rituitslag Pupillen A en B (100/700) 700 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|--------------------|---------|----------------|------|
| 59 | wt | 9 | Thijs de Wit | | HPA | | 1:16.36 | |
| | rd | 23 | Romke Jepma | | HPA | | 1:16.50 | |
| | | <u>Thijs de Wit</u> | | | <u>Romke Jepma</u> | | | |
| | | 300m | 34.27 | (34.27) | 300m | 35.21 | (35.21) | |
| | | 700m | 1:16.36 | (42.09) | 700m | 1:16.50 | (41.29) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------|--|-----|----------|----|------|------|
| 60 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|---------------------|---------|----------------|------|
| 61 | wt | 41 | Wytse Hamstra | | HPB | | 1:12.52 | |
| | rd | 85 | Ids Hellinga | | HPB | 1:07.90 | 1:07.99 | |
| | | <u>Wytse Hamstra</u> | | | <u>Ids Hellinga</u> | | | |
| | | 300m | 33.44 | (33.44) | 300m | 31.54 | (31.54) | |
| | | 700m | 1:12.52 | (39.08) | 700m | 1:07.99 | (36.45) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|-------------------|---------|-------------------|---------|----------------|------|
| 62 | gl | 60 | Tim Postma | | HPB | 1:11.02 | 1:13.65 | |
| | bl | 40 | Antje Ypma | | DPB | 1:10.92 | 1:12.69 | |
| | | <u>Tim Postma</u> | | | <u>Antje Ypma</u> | | | |
| | | 300m | 33.39 | (33.39) | 300m | 34.47 | (34.47) | |
| | | 700m | 1:13.65 | (40.26) | 700m | 1:12.69 | (38.22) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

9. Uitslag Junioren B/C en ouder (500/1500) 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 79 Mark Mc Cormick | HN4 | 64 | I | 2:04.23 | HT | |
| 2 | 91 Daan Ridder | HB2 | 66 | I | 2:04.26 | | |
| 3 | 78 Jasmijn Veenhuis | DB1 | 66 | O | 2:10.66 | | |
| 4 | 83 Paula Kuipers | DB2 | 65 | I | 2:18.10 | | |
| 5 | 59 Tsjomme Dijkstra | HSB | 63 | O | 2:23.34 | HT | |
| 6 | 15 Paulisca Groenhof | DA1 | 63 | I | 2:35.31 | HT | |
| 7 | 64 Ilse Calsbeek | DB2 | 64 | O | 2:37.09 | HT | |
| | 93 Thibaut Vos | HC2 | | | | WDR | |

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Elfstedenhal - Leeuwarden

9. Rituitslag Junioren B/C en ouder (500/1500) 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|-------------------------|------|
| 63 | wt | 15 Paulisca Groenhof | DA1 | 2:33.65 | 2:35.31 | HT |
| | rd | 59 Tsjomme Dijkstra | HSB | 2:27.08 | 2:23.34 | HT |
| | | <u>Paulisca Groenhof</u> | | | <u>Tsjomme Dijkstra</u> | |
| | | 300m 2:35.31 (155.31) | | | 300m 2:23.34 (143.34) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|-----------------------|------|
| 64 | gl | 79 Mark Mc Cormick | HN4 | | 2:04.23 | HT |
| | bl | 64 Ilse Calsbeek | DB2 | 2:36.97 | 2:37.09 | HT |
| | | <u>Mark Mc Cormick</u> | | | <u>Ilse Calsbeek</u> | |
| | | 300m 2:04.23 (124.23) | | | 300m 2:37.09 (157.09) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|---------|--------------------|------|
| 65 | wt | 83 Paula Kuipers | DB2 | 2:11.37 | 2:18.10 | |
| | rd | 93 Thibaut Vos | HC2 | 2:08.02 | WDR | |
| | | <u>Paula Kuipers</u> | | | <u>Thibaut Vos</u> | |
| | | 300m 29.11 (29.11) | | | | |
| | | 700m 1:02.10 (32.99) | | | | |
| | | 1100m 1:38.67 (36.57) | | | | |
| | | 1500m 2:18.10 (39.43) | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|---------|-------------------------|------|
| 66 | gl | 91 Daan Ridder | HB2 | 1:58.35 | 2:04.26 | |
| | bl | 78 Jasmijn Veenhuis | DB1 | 2:10.12 | 2:10.66 | |
| | | <u>Daan Ridder</u> | | | <u>Jasmijn Veenhuis</u> | |
| | | 300m 26.67 (26.67) | | | 300m 27.93 (27.93) | |
| | | 700m 56.42 (29.75) | | | 700m 1:00.23 (32.30) | |
| | | 1100m 1:29.07 (32.65) | | | 1100m 1:35.05 (34.82) | |
| | | 1500m 2:04.26 (35.19) | | | 1500m 2:10.66 (35.61) | |

10. Uitslag Pupillen A en ouder (500/1000) 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 80 Jurre Hoffer | HB2 | 81 | I | 1:21.03 | HT | |
| 2 | 94 Rutger Jansma | HC2 | 83 | I | 1:22.57 | | |
| 3 | 89 Patrick Kuiper | HSA | 84 | O | 1:24.58 | PR | |
| 4 | 74 Britt Breider | DB1 | 84 | I | 1:26.59 | PR | |
| 5 | 11 Jordy Kelderhuis | HB1 | 77 | O | 1:28.96 | PR | |
| 6 | 76 Ynze Nijland | HB1 | 82 | O | 1:29.77 | HT | |
| 7 | 19 Christian Groenhof | HB1 | 81 | O | 1:30.07 | HT | |
| 8 | 73 Dirk Zwaan | HSA | 80 | I | 1:32.30 | | |
| 9 | 8 Jelmer Tasma | HPA | 79 | O | 1:32.95 | PR | |
| 10 | 13 Elvira bij de Weg | DA2 | 79 | I | 1:33.31 | | |
| 11 | 4 Sanne Brinksma | DPA | 75 | I | 1:33.96 | HT | |
| 12 | 36 Marrit Bosma | DPA | 78 | I | 1:36.37 | | |
| 13 | 62 Jennifer Buis | DN1 | 76 | I | 1:37.72 | HT | |
| 14 | 86 Femke Brouwer | DB1 | 82 | I | 1:37.87 | HT | |
| 15 | 49 Merel Vlug | DPA | 76 | O | 1:38.27 | HT | |
| 16 | 81 Melissa Buis | DB1 | 74 | O | 1:39.53 | PR | |
| 17 | 29 Doutsen de Vries | DB1 | 74 | I | 1:40.55 | PR | |
| 18 | 10 Hannah de Vries | DPA | 77 | I | 1:40.65 | | |
| 19 | 47 Rimer Tjoelker | HPA | 68 | I | 1:40.71 | HT | |
| 20 | 57 Daphne Marit van der Heide | DC2 | 73 | O | 1:41.16 | PR | |
| 21 | 18 Jelly Hiemstra | DB1 | 75 | O | 1:41.22 | HT | |
| 22 | 22 Else Marie Boersma | DPA | 73 | I | 1:41.53 | PR | |
| 23 | 75 Samantha Buis | DN2 | 72 | I | 1:42.53 | | |
| 24 | 35 Mirte Kingma | DPA | 68 | O | 1:46.74 | HT | |
| 25 | 55 Hidde-Jan Poiesz | HPA | 69 | I | 1:47.84 | PR | |
| 26 | 28 Tessa Tasma | DC2 | 72 | O | 1:47.85 | | |
| 27 | 88 Miriam Gossen | DN3 | 70 | O | 1:49.48 | | |
| 28 | 46 Susan Dijkshoorn | DSA | 69 | O | 1:54.17 | PR | |
| 29 | 33 Silke Ludema | DB1 | 71 | I | 2:01.81 | FL | |
| 30 | 66 Tjalling van Raaij | HPA | 67 | I | 2:20.96 | HT | |
| | 54 Watse Westra | HC1 | 70 | I | DNF | | |
| | 48 Sophie Oostenbrink | DC1 | 71 | O | DNS | | |
| | 31 Tijn Bijma | HPA | | | WDR | | |
| | 69 Fenna de Boer | DN1 | | | WDR | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

10. Rituitslag Pupillen A en ouder (500/1000) 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|---------|----------|--|----|----------------|------|
| 67 | wt | 66 Tjalling van Raaij | | HPA | | | 2:20.96 | HT |
| | rd | | | | | | | |
| | | Tjalling van Raaij | | | | | | |
| | | 200m | 2:20.96 | (140.96) | | m | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|---------|--------------|------|---------|----------------|------|
| 68 | gl | 47 Rimer Tjoelker | | HPA | | | 1:40.71 | HT |
| | bl | 35 Mirte Kingma | | DPA | | | 1:46.74 | HT |
| | | Rimer Tjoelker | | Mirte Kingma | | | | |
| | | 200m | 1:40.71 | (100.71) | 200m | 1:46.74 | (106.74) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------|------------------|-------|---------|----------------|------|
| 69 | wt | 55 Hidde-Jan Poiesz | | HPA | | 1:48.51 | 1:47.84 | PR |
| | rd | 46 Susan Dijkshoorn | | DSA | | 1:57.53 | 1:54.17 | PR |
| | | Hidde-Jan Poiesz | | Susan Dijkshoorn | | | | |
| | | 200m | 24.76 | (24.76) | 200m | 26.39 | (26.39) | |
| | | 600m | 1:05.37 | (40.61) | 600m | 1:08.96 | (42.57) | |
| | | 1000m | 1:47.84 | (42.47) | 1000m | 1:54.17 | (45.21) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------|-------|---------------|-------|---------|----------------|------|
| 70 | gl | 54 Watse Westra | | HC1 | | 1:50.82 | DNF | |
| | bl | 88 Miriam Gossen | | DN3 | | 1:44.50 | 1:49.48 | |
| | | Watsse Westra | | Miriam Gossen | | | | |
| | | 200m | 25.77 | (25.77) | 200m | 24.55 | (24.55) | |
| | | | | | 600m | 1:04.23 | (39.68) | |
| | | | | | 1000m | 1:49.48 | (45.25) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------------|-----------------|---------|-----------------------------------|------|
| 71 | wt | 33 Silke Ludema | DB1 | 1:45.97 | 2:01.81 | FL |
| | rd | 48 Sophie Oostenbrink | DC1 | 1:45.30 | DNS | |
| | | Silke Ludema | | | Sophie Oostenbrink | |
| | | 200m | 37.87 (37.87) | | | |
| | | 600m | 1:17.22 (39.35) | | | |
| | | 1000m | 2:01.81 (44.59) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 72 | gl | 75 Samantha Buis | DN2 | 1:38.19 | 1:42.53 | |
| | bl | 28 Tessa Tasma | DC2 | 1:47.45 | 1:47.85 | |
| | | Samantha Buis | | | Tessa Tasma | |
| | | 200m | 23.26 (23.26) | 200m | 24.71 (24.71) | |
| | | 600m | 1:00.54 (37.28) | 600m | 1:05.21 (40.50) | |
| | | 1000m | 1:42.53 (41.99) | 1000m | 1:47.85 (42.64) | |
| | | Naam | Cat | PR | Tijd | Info |
| 73 | wt | 22 Else Marie Boersma | DPA | 1:43.80 | 1:41.53 | PR |
| | rd | 57 Daphne Marit van der Heide | DC2 | 1:44.24 | 1:41.16 | PR |
| | | Else Marie Boersma | | | Daphne Marit van der Heide | |
| | | 200m | 23.16 (23.16) | 200m | 22.82 (22.82) | |
| | | 600m | 1:00.38 (37.22) | 600m | 1:00.87 (38.05) | |
| | | 1000m | 1:41.53 (41.15) | 1000m | 1:41.16 (40.29) | |
| | | Naam | Cat | PR | Tijd | Info |
| 74 | gl | 29 Doutsen de Vries | DB1 | 1:42.90 | 1:40.55 | PR |
| | bl | 81 Melissa Buis | DB1 | 1:41.96 | 1:39.53 | PR |
| | | Doutsen de Vries | | | Melissa Buis | |
| | | 200m | 23.72 (23.72) | 200m | 23.08 (23.08) | |
| | | 600m | 1:00.68 (36.96) | 600m | 59.25 (36.17) | |
| | | 1000m | 1:40.55 (39.87) | 1000m | 1:39.53 (40.28) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | Tijd | Info |
|-----------------------|----|--------------------------|-----------------------|---------|------|---------|----------------|------|
| 75 | wt | 4 Sanne Brinksma | | DPA | | 1:39.24 | 1:33.96 | HT |
| | rd | 18 Jelly Hiemstra | | DB1 | | 1:41.87 | 1:41.22 | HT |
| Sanne Brinksma | | | Jelly Hiemstra | | | | | |
| | | 200m | 1:33.96 | (93.96) | 200m | 1:41.22 | (101.22) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----------------------|----|-------------------------|-------------------|---------|------|---------|----------------|------|
| 76 | gl | 62 Jennifer Buis | | DN1 | | 1:39.80 | 1:37.72 | HT |
| | bl | 49 Merel Vlug | | DPA | | 1:40.39 | 1:38.27 | HT |
| Jennifer Buis | | | Merel Vlug | | | | | |
| | | 200m | 1:37.72 | (97.72) | 200m | 1:38.27 | (98.27) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|------------------------|----|----------------------------|-------------------------|---------|-------|---------|----------------|------|
| 77 | wt | 10 Hannah de Vries | | DPA | | 1:38.61 | 1:40.65 | |
| | rd | 11 Jordy Kelderhuis | | HB1 | | 1:35.69 | 1:28.96 | PR |
| Hannah de Vries | | | Jordy Kelderhuis | | | | | |
| | | 200m | 22.48 | (22.48) | 200m | 20.30 | (20.30) | |
| | | 600m | 1:00.87 | (38.39) | 600m | 53.86 | (33.56) | |
| | | 1000m | 1:40.65 | (39.78) | 1000m | 1:28.96 | (35.10) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---------------------|----|------------------------|---------|---------|---|---------|----------------|------|
| 78 | gl | 36 Marrit Bosma | | DPA | | 1:35.23 | 1:36.37 | |
| | bl | | | | | | | |
| Marrit Bosma | | | | | | | | |
| | | 200m | 22.28 | (22.28) | m | | | |
| | | 600m | 57.93 | (35.65) | | | | |
| | | 1000m | 1:36.37 | (38.44) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|--------------------------|----|-----------------------------|---------------------|---------|-------|---------|----------------|------|
| 79 | wt | 13 Elvira bij de Weg | | DA2 | | 1:31.94 | 1:33.31 | |
| | rd | 8 Jelmer Tasma | | HPA | | 1:33.27 | 1:32.95 | PR |
| Elvira bij de Weg | | | Jelmer Tasma | | | | | |
| | | 200m | 21.33 | (21.33) | 200m | 21.86 | (21.86) | |
| | | 600m | 55.68 | (34.35) | 600m | 56.65 | (34.79) | |
| | | 1000m | 1:33.31 | (37.63) | 1000m | 1:32.95 | (36.30) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|----------------------|---------------------------|---------|---------------------------|----|--|---------|-------------------|
| 80 | gl | 73 | Dirk Zwaan | | HSA | | | 1:31.21 | 1:32.30 |
| | bl | 31 | Tijn Bijma | | HPA | | | 1:33.86 | WDR |
| | | Dirk Zwaan | | | Tijn Bijma | | | | |
| | | | 200m | 20.00 | (20.00) | | | | |
| | | | 600m | 53.62 | (33.62) | | | | |
| | | | 1000m | 1:32.30 | (38.68) | | | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 81 | wt | 80 | Jurre Hoffer | | HB2 | | | 1:27.45 | 1:21.03 HT |
| | rd | 19 | Christian Groenhof | | HB1 | | | 1:31.58 | 1:30.07 HT |
| | | Jurre Hoffer | | | Christian Groenhof | | | | |
| | | | 200m | 1:21.03 | (81.03) | | | 200m | 1:30.07 (90.07) |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 82 | gl | 86 | Femke Brouwer | | DB1 | | | 1:31.87 | 1:37.87 HT |
| | bl | 76 | Ynze Nijland | | HB1 | | | 1:28.41 | 1:29.77 HT |
| | | Femke Brouwer | | | Ynze Nijland | | | | |
| | | | 200m | 1:37.87 | (97.87) | | | 200m | 1:29.77 (89.77) |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 83 | wt | 94 | Rutger Jansma | | HC2 | | | 1:21.02 | 1:22.57 |
| | rd | 69 | Fenna de Boer | | DN1 | | | 1:23.79 | WDR |
| | | Rutger Jansma | | | Fenna de Boer | | | | |
| | | | 200m | 19.33 | (19.33) | | | | |
| | | | 600m | 50.14 | (30.81) | | | | |
| | | | 1000m | 1:22.57 | (32.43) | | | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 84 | gl | 74 | Britt Breider | | DB1 | | | 1:27.18 | 1:26.59 PR |
| | bl | 89 | Patrick Kuiper | | HSA | | | 1:25.34 | 1:24.58 PR |
| | | Britt Breider | | | Patrick Kuiper | | | | |
| | | | 200m | 20.39 | (20.39) | | | 200m | 19.58 (19.58) |
| | | | 600m | 51.64 | (31.25) | | | 600m | 50.50 (30.92) |
| | | | 1000m | 1:26.59 | (34.95) | | | 1000m | 1:24.58 (34.08) |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

11. Uitslag Junioren B en ouder (3000) 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 56 Robin Metz | HB1 | 87 | I | 4:23.47 | | |
| 2 | 95 Wiecher Visser | H45 | 85 | I | 4:59.73 | | |
| 3 | 58 Rosa Lieke Smits | DB2 | 85 | O | 5:06.63 | | |
| 4 | 6 Jenieke Kuiken | DA1 | 87 | O | 5:14.43 | PR | |
| 5 | 65 Nikki Wetting | DA2 | 88 | I | 5:36.00 | | |
| | 61 Kai-Arne Ottenhoff | HB1 | 88 | O | DNS | | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

11. Rituitslag Junioren B en ouder (3000) 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 85 | wt | 95 | Wiecher Visser | | H45 | | 4:59.73 | |
| | rd | 58 | Rosa Lieke Smits | | DB2 | | 5:06.63 | |
| | | <u>Wiecher Visser</u> | | | <u>Rosa Lieke Smits</u> | | | |
| | | 200m | 26.05 | (26.05) | 200m | 22.81 | (22.81) | |
| | | 600m | 1:04.36 | (38.31) | 600m | 59.22 | (36.41) | |
| | | 1000m | 1:42.49 | (38.13) | 1000m | 1:38.91 | (39.69) | |
| | | 1400m | 2:21.33 | (38.84) | 1400m | 2:19.40 | (40.49) | |
| | | 1800m | 3:01.19 | (39.86) | 1800m | 3:00.78 | (41.38) | |
| | | 2200m | 3:40.95 | (39.76) | 2200m | 3:42.37 | (41.59) | |
| | | 2600m | 4:20.63 | (39.68) | 2600m | 4:24.42 | (42.05) | |
| | | 3000m | 4:59.73 | (39.10) | 3000m | 5:06.63 | (42.21) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--|-----|--|----|------|------|
| 86 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 87 | wt | 56 | Robin Metz | | HB1 | | 4:23.47 | |
| | rd | 6 | Jenieke Kuiken | | DA1 | 5:18.51 | 5:14.43 | PR |
| | | <u>Robin Metz</u> | | | <u>Jenieke Kuiken</u> | | | |
| | | 200m | 21.34 | (21.34) | 200m | 22.69 | (22.69) | |
| | | 600m | 57.35 | (36.01) | 600m | 59.94 | (37.25) | |
| | | 1000m | 1:32.16 | (34.81) | 1000m | 1:40.36 | (40.42) | |
| | | 1400m | 2:06.14 | (33.98) | 1400m | 2:21.94 | (41.58) | |
| | | 1800m | 2:40.87 | (34.73) | 1800m | 3:04.57 | (42.63) | |
| | | 2200m | 3:16.09 | (35.22) | 2200m | 3:47.54 | (42.97) | |
| | | 2600m | 3:51.12 | (35.03) | 2600m | 4:31.26 | (43.72) | |
| | | 3000m | 4:23.47 | (32.35) | 3000m | 5:14.43 | (43.17) | |

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

| | | Naam | Cat | PR | Tijd Info |
|----|----|------------------------------|-----|---------|----------------|
| 88 | gl | 65 Nikki Wetting | DA2 | 4:51.62 | 5:36.00 |
| | bl | 61 Kai-Arne Ottenhoff | HB1 | 4:20.21 | DNS |

Nikki Wetting

| | | |
|-------|---------|---------|
| 200m | 25.17 | (25.17) |
| 600m | 1:04.29 | (39.12) |
| 1000m | 1:45.71 | (41.42) |
| 1400m | 2:28.91 | (43.20) |
| 1800m | 3:13.67 | (44.76) |
| 2200m | 3:59.75 | (46.08) |
| 2600m | 4:47.20 | (47.45) |
| 3000m | 5:36.00 | (48.80) |

Kai-Arne Ottenhoff

Elfstedenhal, Gewestelijke wedstrijd (incl gastrijders) zondag 12 februari 2023

Elfstedenhal - Leeuwarden

12. Uitslag Junioren A en ouder (5000) 5000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------|-----|------|------|---------|------|--------|
| 1 | 77 Simon de Smit | HA2 | 92 | I | 6:47.64 | PR | |
| 2 | 52 Jasper Tinga | HA2 | 92 | O | 6:53.73 | | |
| 3 | 45 Jornt Dijk | HN3 | 91 | O | 7:14.31 | HT | |
| 4 | 92 Eelke Westra | HA2 | 91 | I | 7:56.68 | HT | |

12. Rituitslag Junioren A en ouder (5000) 5000 meter

| | Naam | Cat | PR | Tijd | Info |
|----|------|-----|----|------|------|
| 89 | wt | | | | |
| | rd | | | | |
| | m | m | | | |

| | Naam | Cat | PR | Tijd | Info |
|----|------|-----|----|------|------|
| 90 | gl | | | | |
| | bl | | | | |
| | m | m | | | |

| | Naam | Cat | PR | Tijd | Info |
|----|---------------------|------------------------|------|------------------|------|
| 91 | wt | 92 Eelke Westra | HA2 | 7:56.68 | HT |
| | rd | 45 Jornt Dijk | HN3 | 7:14.31 | HT |
| | Eelke Westra | Jornt Dijk | | | |
| | 200m | 7:56.68 (476.68) | 200m | 7:14.31 (434.31) | |

| | Naam | Cat | PR | Tijd | Info |
|----|----------------------|-------------------------|-------|-----------------|-------------------|
| 92 | gl | 77 Simon de Smit | HA2 | 6:54.02 | 6:47.64 PR |
| | bl | 52 Jasper Tinga | HA2 | 6:51.48 | 6:53.73 |
| | Simon de Smit | Jasper Tinga | | | |
| | 200m | 19.37 (19.37) | 200m | 20.19 (20.19) | |
| | 600m | 50.96 (31.59) | 600m | 51.23 (31.04) | |
| | 1000m | 1:22.84 (31.88) | 1000m | 1:23.30 (32.07) | |
| | 1400m | 1:54.96 (32.12) | 1400m | 1:55.54 (32.24) | |
| | 1800m | 2:32.11 (37.15) | 1800m | 2:27.89 (32.35) | |
| | 2200m | 3:10.02 (37.91) | 2200m | 3:00.52 (32.63) | |
| | 2600m | 4:06.54 (56.52) | 2600m | 3:33.43 (32.91) | |
| | 3000m | 4:39.55 (33.01) | 3000m | 3:59.12 (25.69) | |
| | 3400m | 5:12.69 (33.14) | 3400m | 4:27.81 (28.69) | |
| | 3800m | 5:45.92 (33.23) | 3800m | 5:05.41 (37.60) | |
| | 4200m | 6:06.49 (20.57) | 4200m | 5:43.19 (37.78) | |
| | 4600m | 6:27.06 (20.57) | 4600m | 6:19.58 (36.39) | |
| | 5000m | 6:47.64 (20.58) | 5000m | 6:53.73 (34.15) | |