

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

## 2. Uitslag Dames 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 84 Bente Moller         | DN1 | 17   | O    | 43.17   |      |        |
|     | 28 Esther Withagen      | DN1 | 18   | O    | 43.17   |      |        |
| 3   | 2 Annick van der Woude  | DN4 | 18   | I    | 44.52   |      |        |
| 4   | 62 Lieve Bunt           | DA2 | 17   | I    | 44.91   |      |        |
| 5   | 76 Tess ten Dolle       | DN2 | 16   | O    | 45.72   |      |        |
| 6   | 73 Alessandra Primavera | DSA | 15   | I    | 46.56   |      |        |
| 7   | 53 Anne Schermer        | DN2 | 14   | O    | 48.05   | PR   |        |
| 8   | 47 Hiltje Gerritsma     | DSA | 15   | O    | 48.24   | PR   |        |
| 9   | 1 Quirine Krommendijk   | DN3 | 14   | I    | 48.66   |      |        |
| 10  | 56 Sonia Schipper       | DSA | 12   | O    | 48.68   | PR   |        |
| 11  | 58 Eeke Weenink         | DN1 | 13   | O    | 48.70   |      |        |
| 12  | 82 Aniek Hesselink      | DN2 | 11   | O    | 49.03   |      |        |
| 13  | 38 Amélie Coremans      | DN3 | 10   | O    | 49.27   |      |        |
| 14  | 34 Marleen de Boer      | DN3 | 16   | I    | 49.93   |      |        |
| 15  | 71 Rosanne van der Post | DSA | 13   | I    | 50.24   |      |        |
| 16  | 94 Robin Geesken        | DSA | 9    | I    | 52.34   |      |        |
| 17  | 25 Marijke de Jong      | DN3 | 10   | I    | 52.89   |      |        |
| 18  | 19 Geanne Stol          | DN1 | 11   | I    | 53.51   |      |        |
| 19  | 8 Paulien Abma          | DN3 | 8    | O    | 53.57   |      |        |
| 20  | 70 Reinate Bathoorn     | DN4 | 12   | I    | 53.76   |      |        |
| 21  | 80 Saline Verkerk       | DN4 | 9    | O    | 54.39   |      |        |
| 22  | 75 Iris van Duinen      | DSA | 5    | O    | 55.20   | PR   |        |
| 23  | 29 Leonie Jelsma        | DSA | 7    | I    | 55.46   | PR   |        |
| 24  | 35 Juliana Bruil        | DSA | 7    | O    | 55.92   |      |        |
| 25  | 74 Lisa Elzinga         | DSA | 8    | I    | 57.25   |      |        |
| 26  | 77 Edmee Witmer         | DN3 | 3    | I    | 58.45   | PR   |        |
| 27  | 40 Marianne Westerhof   | DSA | 5    | I    | 1:01.10 |      |        |
| 28  | 43 Nynke Anjema         | DSA | 1    | I    | 1:01.47 |      |        |
| 29  | 55 Danique Hoervers     | DN4 | 4    | I    | 1:02.89 | PR   |        |
| 30  | 63 Feline Waardenburg   | DSA | 4    | O    | 1:04.78 | PR   |        |
| 31  | 10 Annabel Rodewijk     | DN1 | 3    | O    | 1:05.38 |      |        |
| 32  | 23 Celine van der Vinne | DSA | 6    | I    | 1:08.50 |      |        |
| 33  | 45 Marith Wijtenhorst   | DN2 | 6    | O    | 1:09.24 | FL   |        |
| 34  | 91 Emma Janssen         | DN1 | 19   | I    | 1:18.93 | PR   |        |
| 35  | 17 Leonie Nijs          | DSA | 2    | O    | 1:33.85 | FL   |        |

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## 2. Rituitslag Dames 500 meter

|   |    | Naam                |                     | Cat     |     | PR |  | Tijd           | Info |
|---|----|---------------------|---------------------|---------|-----|----|--|----------------|------|
| 1 | wt | 43                  | <b>Nynke Anjema</b> |         | DSA |    |  | <b>1:01.47</b> |      |
|   | rd |                     |                     |         |     |    |  |                |      |
|   |    | <b>Nynke Anjema</b> |                     |         |     |    |  |                |      |
|   |    | 100m                | 15.62               | (15.62) |     | m  |  |                |      |
|   |    | 500m                | 1:01.47             | (45.85) |     |    |  |                |      |

|   |    | Naam               |                    | Cat |     | PR   |         | Tijd           | Info |
|---|----|--------------------|--------------------|-----|-----|------|---------|----------------|------|
| 2 | gl |                    |                    |     |     |      |         |                |      |
|   | bl | 17                 | <b>Leonie Nijs</b> |     | DSA |      |         | <b>1:33.85</b> | FL   |
|   |    | <b>Leonie Nijs</b> |                    |     |     |      |         |                |      |
|   |    | m                  |                    |     |     | 100m | 20.03   | (20.03)        |      |
|   |    |                    |                    |     |     | 500m | 1:33.85 | (73.82)        |      |

|   |    | Naam                |                         | Cat     |     | PR      |         | Tijd           | Info |
|---|----|---------------------|-------------------------|---------|-----|---------|---------|----------------|------|
| 3 | wt | 77                  | <b>Edmee Witmer</b>     |         | DN3 | 1:01.24 |         | <b>58.45</b>   | PR   |
|   | rd | 10                  | <b>Annabel Rodewijk</b> |         | DN1 | 1:03.56 |         | <b>1:05.38</b> |      |
|   |    | <b>Edmee Witmer</b> |                         |         |     |         |         |                |      |
|   |    | 100m                | 14.49                   | (14.49) |     | 100m    | 15.80   | (15.80)        |      |
|   |    | 500m                | 58.45                   | (43.96) |     | 500m    | 1:05.38 | (49.58)        |      |

|   |    | Naam                   |                           | Cat     |     | PR      |         | Tijd           | Info |
|---|----|------------------------|---------------------------|---------|-----|---------|---------|----------------|------|
| 4 | gl | 55                     | <b>Danique HoEVERS</b>    |         | DN4 | 1:04.08 |         | <b>1:02.89</b> | PR   |
|   | bl | 63                     | <b>Feline Waardenburg</b> |         | DSA | 1:06.59 |         | <b>1:04.78</b> | PR   |
|   |    | <b>Danique HoEVERS</b> |                           |         |     |         |         |                |      |
|   |    | 100m                   | 15.05                     | (15.05) |     | 100m    | 15.49   | (15.49)        |      |
|   |    | 500m                   | 1:02.89                   | (47.84) |     | 500m    | 1:04.78 | (49.29)        |      |

|   |    | Naam                      |                           | Cat     |     | PR    |       | Tijd           | Info |
|---|----|---------------------------|---------------------------|---------|-----|-------|-------|----------------|------|
| 5 | wt | 40                        | <b>Marianne Westerhof</b> |         | DSA | 59.53 |       | <b>1:01.10</b> |      |
|   | rd | 75                        | <b>Iris van Duinen</b>    |         | DSA | 55.52 |       | <b>55.20</b>   | PR   |
|   |    | <b>Marianne Westerhof</b> |                           |         |     |       |       |                |      |
|   |    | 100m                      | 15.65                     | (15.65) |     | 100m  | 14.23 | (14.23)        |      |
|   |    | 500m                      | 1:01.10                   | (45.45) |     | 500m  | 55.20 | (40.97)        |      |

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|   |    | Naam                        |                             | Cat     |                           | PR      |         | Tijd           | Info |
|---|----|-----------------------------|-----------------------------|---------|---------------------------|---------|---------|----------------|------|
| 6 | gl | 23                          | <b>Celine van der Vinne</b> |         | DSA                       |         | 1:03.40 | <b>1:08.50</b> |      |
|   | bl | 45                          | <b>Marith Wijtenhorst</b>   |         | DN2                       |         | 1:02.60 | <b>1:09.24</b> | FL   |
|   |    | <b>Celine van der Vinne</b> |                             |         | <b>Marith Wijtenhorst</b> |         |         |                |      |
|   |    | 100m                        | 16.30                       | (16.30) | 100m                      | 15.13   | (15.13) |                |      |
|   |    | 500m                        | 1:08.50                     | (52.20) | 500m                      | 1:09.24 | (54.11) |                |      |

|   |    | Naam                 |                      | Cat     |                      | PR    |         | Tijd         | Info |
|---|----|----------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 7 | wt | 29                   | <b>Leonie Jelsma</b> |         | DSA                  |       | 55.47   | <b>55.46</b> | PR   |
|   | rd | 35                   | <b>Juliana Bruil</b> |         | DSA                  |       | 54.85   | <b>55.92</b> |      |
|   |    | <b>Leonie Jelsma</b> |                      |         | <b>Juliana Bruil</b> |       |         |              |      |
|   |    | 100m                 | 14.24                | (14.24) | 100m                 | 14.75 | (14.75) |              |      |
|   |    | 500m                 | 55.46                | (41.22) | 500m                 | 55.92 | (41.17) |              |      |

|   |    | Naam                |                     | Cat     |                     | PR    |         | Tijd         | Info |
|---|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 8 | gl | 74                  | <b>Lisa Elzinga</b> |         | DSA                 |       | 54.78   | <b>57.25</b> |      |
|   | bl | 8                   | <b>Paulien Abma</b> |         | DN3                 |       | 50.87   | <b>53.57</b> |      |
|   |    | <b>Lisa Elzinga</b> |                     |         | <b>Paulien Abma</b> |       |         |              |      |
|   |    | 100m                | 15.35               | (15.35) | 100m                | 14.09 | (14.09) |              |      |
|   |    | 500m                | 57.25               | (41.90) | 500m                | 53.57 | (39.48) |              |      |

|   |    | Naam                 |                       | Cat     |                       | PR    |         | Tijd         | Info |
|---|----|----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 9 | wt | 94                   | <b>Robin Geesken</b>  |         | DSA                   |       | 51.99   | <b>52.34</b> |      |
|   | rd | 80                   | <b>Saline Verkerk</b> |         | DN4                   |       | 50.93   | <b>54.39</b> |      |
|   |    | <b>Robin Geesken</b> |                       |         | <b>Saline Verkerk</b> |       |         |              |      |
|   |    | 100m                 | 13.93                 | (13.93) | 100m                  | 14.81 | (14.81) |              |      |
|   |    | 500m                 | 52.34                 | (38.41) | 500m                  | 54.39 | (39.58) |              |      |

|    |    | Naam                   |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 10 | gl | 25                     | <b>Marijke de Jong</b> |         | DN3                    |       | 51.00   | <b>52.89</b> |      |
|    | bl | 38                     | <b>Amélie Coremans</b> |         | DN3                    |       | 48.22   | <b>49.27</b> |      |
|    |    | <b>Marijke de Jong</b> |                        |         | <b>Amélie Coremans</b> |       |         |              |      |
|    |    | 100m                   | 13.88                  | (13.88) | 100m                   | 13.50 | (13.50) |              |      |
|    |    | 500m                   | 52.89                  | (39.01) | 500m                   | 49.27 | (35.77) |              |      |

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|    |    | Naam               |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 11 | wt | 19                 | <b>Geanne Stol</b>     |         | DN1                    |       | 50.84   | <b>53.51</b> |      |
|    | rd | 82                 | <b>Aniek Hesselink</b> |         | DN2                    |       | 47.51   | <b>49.03</b> |      |
|    |    | <b>Geanne Stol</b> |                        |         | <b>Aniek Hesselink</b> |       |         |              |      |
|    |    | 100m               | 14.62                  | (14.62) | 100m                   | 13.27 | (13.27) |              |      |
|    |    | 500m               | 53.51                  | (38.89) | 500m                   | 49.03 | (35.76) |              |      |

|    |    | Naam                    |                         | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-----------------------|-------|---------|--------------|------|
| 12 | gl | 70                      | <b>Reinate Bathoorn</b> |         | DN4                   |       | 50.87   | <b>53.76</b> |      |
|    | bl | 56                      | <b>Sonia Schipper</b>   |         | DSA                   |       | 49.16   | <b>48.68</b> | PR   |
|    |    | <b>Reinate Bathoorn</b> |                         |         | <b>Sonia Schipper</b> |       |         |              |      |
|    |    | 100m                    | 14.10                   | (14.10) | 100m                  | 13.16 | (13.16) |              |      |
|    |    | 500m                    | 53.76                   | (39.66) | 500m                  | 48.68 | (35.52) |              |      |

|    |    | Naam                        |                             | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|---------------------|-------|---------|--------------|------|
| 13 | wt | 71                          | <b>Rosanne van der Post</b> |         | DSA                 |       | 49.15   | <b>50.24</b> |      |
|    | rd | 58                          | <b>Eeke Weenink</b>         |         | DN1                 |       | 45.43   | <b>48.70</b> |      |
|    |    | <b>Rosanne van der Post</b> |                             |         | <b>Eeke Weenink</b> |       |         |              |      |
|    |    | 100m                        | 13.49                       | (13.49) | 100m                | 13.28 | (13.28) |              |      |
|    |    | 500m                        | 50.24                       | (36.75) | 500m                | 48.70 | (35.42) |              |      |

|    |    | Naam                       |                            | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|----------------------------|----------------------------|---------|----------------------|-------|---------|--------------|------|
| 14 | gl | 1                          | <b>Quirine Krommendijk</b> |         | DN3                  |       | 47.41   | <b>48.66</b> |      |
|    | bl | 53                         | <b>Anne Schermer</b>       |         | DN2                  |       | 49.00   | <b>48.05</b> | PR   |
|    |    | <b>Quirine Krommendijk</b> |                            |         | <b>Anne Schermer</b> |       |         |              |      |
|    |    | 100m                       | 12.94                      | (12.94) | 100m                 | 12.83 | (12.83) |              |      |
|    |    | 500m                       | 48.66                      | (35.72) | 500m                 | 48.05 | (35.22) |              |      |

|    |    | Naam                        |                             | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|-------------------------|-------|---------|--------------|------|
| 15 | wt | 73                          | <b>Alessandra Primavera</b> |         | DSA                     |       | 45.10   | <b>46.56</b> |      |
|    | rd | 47                          | <b>Hiltje Gerritsma</b>     |         | DSA                     |       | 48.26   | <b>48.24</b> | PR   |
|    |    | <b>Alessandra Primavera</b> |                             |         | <b>Hiltje Gerritsma</b> |       |         |              |      |
|    |    | 100m                        | 12.74                       | (12.74) | 100m                    | 13.40 | (13.40) |              |      |
|    |    | 500m                        | 46.56                       | (33.82) | 500m                    | 48.24 | (34.84) |              |      |

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|    |    | Naam                   |                        | Cat     |                       | PR    |         | Tijd  | Info         |
|----|----|------------------------|------------------------|---------|-----------------------|-------|---------|-------|--------------|
| 16 | gl | 34                     | <b>Marleen de Boer</b> |         | DN3                   |       |         | 48.39 | <b>49.93</b> |
|    | bl | 76                     | <b>Tess ten Dolle</b>  |         | DN2                   |       |         | 44.42 | <b>45.72</b> |
|    |    | <b>Marleen de Boer</b> |                        |         | <b>Tess ten Dolle</b> |       |         |       |              |
|    |    | 100m                   | 13.52                  | (13.52) | 100m                  | 12.44 | (12.44) |       |              |
|    |    | 500m                   | 49.93                  | (36.41) | 500m                  | 45.72 | (33.28) |       |              |

|    |    | Naam              |                     | Cat     |                     | PR    |         | Tijd  | Info         |
|----|----|-------------------|---------------------|---------|---------------------|-------|---------|-------|--------------|
| 17 | wt | 62                | <b>Lieve Bunt</b>   |         | DA2                 |       |         | 43.24 | <b>44.91</b> |
|    | rd | 84                | <b>Bente Moller</b> |         | DN1                 |       |         | 42.98 | <b>43.17</b> |
|    |    | <b>Lieve Bunt</b> |                     |         | <b>Bente Moller</b> |       |         |       |              |
|    |    | 100m              | 12.10               | (12.10) | 100m                | 11.94 | (11.94) |       |              |
|    |    | 500m              | 44.91               | (32.81) | 500m                | 43.17 | (31.23) |       |              |

|    |    | Naam                        |                             | Cat     |                        | PR    |         | Tijd  | Info         |
|----|----|-----------------------------|-----------------------------|---------|------------------------|-------|---------|-------|--------------|
| 18 | gl | 2                           | <b>Annick van der Woude</b> |         | DN4                    |       |         | 43.94 | <b>44.52</b> |
|    | bl | 28                          | <b>Esther Withagen</b>      |         | DN1                    |       |         | 41.95 | <b>43.17</b> |
|    |    | <b>Annick van der Woude</b> |                             |         | <b>Esther Withagen</b> |       |         |       |              |
|    |    | 100m                        | 12.22                       | (12.22) | 100m                   | 11.69 | (11.69) |       |              |
|    |    | 500m                        | 44.52                       | (32.30) | 500m                   | 43.17 | (31.48) |       |              |

|    |    | Naam                |                     | Cat     |     | PR |  | Tijd    | Info              |
|----|----|---------------------|---------------------|---------|-----|----|--|---------|-------------------|
| 19 | wt | 91                  | <b>Emma Janssen</b> |         | DN1 |    |  | 1:20.19 | <b>1:18.93</b> PR |
|    | rd |                     |                     |         |     |    |  |         |                   |
|    |    | <b>Emma Janssen</b> |                     |         |     |    |  |         |                   |
|    |    | 100m                | 19.82               | (19.82) | m   |    |  |         |                   |
|    |    | 500m                | 1:18.93             | (59.11) |     |    |  |         |                   |

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## 3. Uitslag Heren 500 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1   | 72 Colin Schrijver     | HSA | 41   | O    | 38.96 |      |        |
| 2   | 49 Danny Heijkoop      | HN4 | 39   | O    | 39.28 |      |        |
| 3   | 85 Wester Landman      | HN3 | 41   | I    | 39.57 |      |        |
| 4   | 66 Donald Stappenbelt  | HN2 | 42   | I    | 39.83 |      |        |
| 5   | 90 Jens Klootwijk      | HN2 | 40   | I    | 40.09 |      |        |
| 6   | 30 Thomas Selles       | HN3 | 40   | O    | 40.32 |      |        |
| 7   | 64 Udo van der Wier    | HN2 | 38   | I    | 40.46 |      |        |
| 8   | 15 Arthur Zijlstra     | HN3 | 38   | O    | 40.54 | PR   |        |
| 9   | 16 Florian Meijer      | HSA | 37   | I    | 40.75 |      |        |
| 10  | 68 Lasse Hiddink       | HSA | 42   | O    | 40.83 |      |        |
| 11  | 14 Daan Voorhoeve      | HSA | 36   | I    | 41.13 |      |        |
| 12  | 57 Daniël Kooyman      | HSA | 35   | I    | 41.26 |      |        |
| 13  | 88 Mark Withagen       | HN1 | 39   | I    | 41.33 |      |        |
| 14  | 65 Bram ten Berge      | HA2 | 35   | O    | 41.54 |      |        |
| 15  | 83 Tjibbe Moller       | HA1 | 36   | O    | 41.69 |      |        |
| 16  | 6 Peter van Buiten     | HSA | 33   | I    | 41.98 | PR   |        |
| 17  | 4 Loek Hendriksen      | HN4 | 34   | O    | 42.16 |      |        |
| 18  | 18 Stan Krewinkel      | HSA | 31   | O    | 42.26 |      |        |
| 19  | 81 Rens Hiddink        | HN3 | 37   | O    | 42.76 |      |        |
| 20  | 44 Yoran Nijenhuis     | HSA | 33   | O    | 42.90 |      |        |
| 21  | 2 Fedor van der Laan   | HSA | 32   | I    | 43.27 |      |        |
| 22  | 1 Arthur Knibbe        | HSA | 34   | I    | 43.38 |      |        |
| 23  | 20 Sybe Weening        | HN4 | 31   | I    | 44.67 |      |        |
| 24  | 78 Thijs Buisman       | HN1 | 29   | I    | 44.71 |      |        |
| 25  | 48 Harmen Nanninga     | HSA | 29   | O    | 44.79 | PR   |        |
| 26  | 9 Colin Koenderink     | HN2 | 30   | I    | 45.43 | PR   |        |
| 27  | 12 Menno Brink         | HSA | 28   | O    | 45.75 | PR   |        |
| 28  | 79 Jelmer de Hoop      | HN4 | 30   | O    | 45.83 | PR   |        |
| 29  | 61 Jesper Kussendrager | HSA | 28   | I    | 46.47 | PR   |        |
| 30  | 31 Sytse Veersma       | HSA | 25   | O    | 46.56 | PR   |        |
| 31  | 26 Ewout Vos           | HN3 | 27   | O    | 46.96 | PR   |        |
| 32  | 54 Dirk Grimm          | HSA | 32   | O    | 47.22 |      |        |
| 33  | 86 Luc Dekker          | HN4 | 27   | I    | 47.57 |      |        |
| 34  | 1 Lars Huiting         | HN3 | 26   | I    | 47.62 |      |        |
| 35  | 42 Sven Paternotte     | HSA | 23   | I    | 47.80 | PR   |        |
| 36  | 22 Cas Smeets          | HSA | 21   | O    | 48.88 | PR   |        |
| 37  | 13 Floris Naber        | HSA | 26   | O    | 49.85 |      |        |
| 38  | 11 Hasin Ayari         | HN3 | 24   | O    | 50.76 |      |        |

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| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 67 Mats Verlaak        | HSA | 24   | I    | 51.35   |      |        |
| 40  | 39 Zevus Janssen       | HSA | 21   | I    | 51.89   | PR   |        |
| 41  | 51 Teun Zwanenburg     | HN1 | 22   | I    | 52.07   | PR   |        |
| 42  | 59 Stan Rolfes         | HN3 | 23   | O    | 52.17   |      |        |
| 43  | 33 Jelte van der Zwaag | HN2 | 20   | I    | 52.25   | PR   |        |
| 44  | 89 Jelmer Venema       | HN3 | 22   | O    | 54.25   | PR   |        |
| 45  | 36 Thomas Hanhart      | HSA | 25   | I    | 56.32   |      |        |
| 46  | 92 Bernard den Boogert | HN1 | 19   | I    | 56.86   |      |        |
| 47  | 27 Rense Uitenbroek    | HSA | 20   | O    | 59.53   |      |        |
| 48  | 93 Joost Adams         | HSA | 19   | O    | 1:00.09 | PR   |        |

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## 3. Rituitslag Heren 500 meter

|    |    | Naam                       |                            | Cat     |                    | PR      |         | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|--------------------|---------|---------|----------------|------|
| 19 | wt | 92                         | <b>Bernard den Boogert</b> |         | HN1                |         |         | <b>56.86</b>   |      |
|    | rd | 93                         | <b>Joost Adams</b>         |         | HSA                | 1:00.26 |         | <b>1:00.09</b> | PR   |
|    |    | <b>Bernard den Boogert</b> |                            |         | <b>Joost Adams</b> |         |         |                |      |
|    |    | 100m                       | 13.84                      | (13.84) | 100m               | 14.70   | (14.70) |                |      |
|    |    | 500m                       | 56.86                      | (43.02) | 500m               | 1:00.09 | (45.39) |                |      |

|    |    | Naam                       |                            | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|----------------------------|----------------------------|---------|-------------------------|-------|---------|--------------|------|
| 20 | gl | 33                         | <b>Jelte van der Zwaag</b> |         | HN2                     | 52.30 |         | <b>52.25</b> | PR   |
|    | bl | 27                         | <b>Rense Uitenbroek</b>    |         | HSA                     | 58.78 |         | <b>59.53</b> |      |
|    |    | <b>Jelte van der Zwaag</b> |                            |         | <b>Rense Uitenbroek</b> |       |         |              |      |
|    |    | 100m                       | 14.08                      | (14.08) | 100m                    | 15.15 | (15.15) |              |      |
|    |    | 500m                       | 52.25                      | (38.17) | 500m                    | 59.53 | (44.38) |              |      |

|    |    | Naam                 |                      | Cat     |                   | PR    |         | Tijd         | Info |
|----|----|----------------------|----------------------|---------|-------------------|-------|---------|--------------|------|
| 21 | wt | 39                   | <b>Zevus Janssen</b> |         | HSA               | 52.11 |         | <b>51.89</b> | PR   |
|    | rd | 22                   | <b>Cas Smeets</b>    |         | HSA               | 50.91 |         | <b>48.88</b> | PR   |
|    |    | <b>Zevus Janssen</b> |                      |         | <b>Cas Smeets</b> |       |         |              |      |
|    |    | 100m                 | 13.06                | (13.06) | 100m              | 12.66 | (12.66) |              |      |
|    |    | 500m                 | 51.89                | (38.83) | 500m              | 48.88 | (36.22) |              |      |

|    |    | Naam                   |                        | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|---------|--------------|------|
| 22 | gl | 51                     | <b>Teun Zwanenburg</b> |         | HN1                  | 54.26 |         | <b>52.07</b> | PR   |
|    | bl | 89                     | <b>Jelmer Venema</b>   |         | HN3                  | 54.38 |         | <b>54.25</b> | PR   |
|    |    | <b>Teun Zwanenburg</b> |                        |         | <b>Jelmer Venema</b> |       |         |              |      |
|    |    | 100m                   | 13.61                  | (13.61) | 100m                 | 14.48 | (14.48) |              |      |
|    |    | 500m                   | 52.07                  | (38.46) | 500m                 | 54.25 | (39.77) |              |      |

|    |    | Naam                   |                        | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|--------------------|-------|---------|--------------|------|
| 23 | wt | 42                     | <b>Sven Paternotte</b> |         | HSA                | 48.45 |         | <b>47.80</b> | PR   |
|    | rd | 59                     | <b>Stan Rolfes</b>     |         | HN3                | 51.63 |         | <b>52.17</b> |      |
|    |    | <b>Sven Paternotte</b> |                        |         | <b>Stan Rolfes</b> |       |         |              |      |
|    |    | 100m                   | 12.97                  | (12.97) | 100m               | 13.99 | (13.99) |              |      |
|    |    | 500m                   | 47.80                  | (34.83) | 500m               | 52.17 | (38.18) |              |      |



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|    |    | Naam                |                     | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|---------|--------------|------|
| 24 | gl | 67                  | <b>Mats Verlaak</b> |         | HSA                |       | 50.08   | <b>51.35</b> |      |
|    | bl | 11                  | <b>Hasin Ayari</b>  |         | HN3                |       | 49.12   | <b>50.76</b> |      |
|    |    | <b>Mats Verlaak</b> |                     |         | <b>Hasin Ayari</b> |       |         |              |      |
|    |    | 100m                | 13.56               | (13.56) | 100m               | 12.86 | (12.86) |              |      |
|    |    | 500m                | 51.35               | (37.79) | 500m               | 50.76 | (37.90) |              |      |

|    |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 25 | wt | 36                    | <b>Thomas Hanhart</b> |         | HSA                  |       | 51.16   | <b>56.32</b> |      |
|    | rd | 31                    | <b>Sytse Veersma</b>  |         | HSA                  |       | 47.80   | <b>46.56</b> | PR   |
|    |    | <b>Thomas Hanhart</b> |                       |         | <b>Sytse Veersma</b> |       |         |              |      |
|    |    | 100m                  | 13.93                 | (13.93) | 100m                 | 12.37 | (12.37) |              |      |
|    |    | 500m                  | 56.32                 | (42.39) | 500m                 | 46.56 | (34.19) |              |      |

|    |    | Naam                |                     | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|---------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 26 | gl | 1                   | <b>Lars Huiting</b> |         | HN3                 |       | 47.53   | <b>47.62</b> |      |
|    | bl | 13                  | <b>Floris Naber</b> |         | HSA                 |       | 49.67   | <b>49.85</b> |      |
|    |    | <b>Lars Huiting</b> |                     |         | <b>Floris Naber</b> |       |         |              |      |
|    |    | 100m                | 12.84               | (12.84) | 100m                | 13.75 | (13.75) |              |      |
|    |    | 500m                | 47.62               | (34.78) | 500m                | 49.85 | (36.10) |              |      |

|    |    | Naam              |                   | Cat     |                  | PR    |         | Tijd         | Info |
|----|----|-------------------|-------------------|---------|------------------|-------|---------|--------------|------|
| 27 | wt | 86                | <b>Luc Dekker</b> |         | HN4              |       | 47.00   | <b>47.57</b> |      |
|    | rd | 26                | <b>Ewout Vos</b>  |         | HN3              |       | 47.44   | <b>46.96</b> | PR   |
|    |    | <b>Luc Dekker</b> |                   |         | <b>Ewout Vos</b> |       |         |              |      |
|    |    | 100m              | 12.68             | (12.68) | 100m             | 12.54 | (12.54) |              |      |
|    |    | 500m              | 47.57             | (34.89) | 500m             | 46.96 | (34.42) |              |      |

|    |    | Naam                       |                            | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|----------------------------|----------------------------|---------|--------------------|-------|---------|--------------|------|
| 28 | gl | 61                         | <b>Jesper Kussendrager</b> |         | HSA                |       | 46.62   | <b>46.47</b> | PR   |
|    | bl | 12                         | <b>Menno Brink</b>         |         | HSA                |       | 46.85   | <b>45.75</b> | PR   |
|    |    | <b>Jesper Kussendrager</b> |                            |         | <b>Menno Brink</b> |       |         |              |      |
|    |    | 100m                       | 12.62                      | (12.62) | 100m               | 12.66 | (12.66) |              |      |
|    |    | 500m                       | 46.47                      | (33.85) | 500m               | 45.75 | (33.09) |              |      |

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|    |    | Naam                      |                           |         | Cat                    |       |         | PR    | Tijd         | Info |  |
|----|----|---------------------------|---------------------------|---------|------------------------|-------|---------|-------|--------------|------|--|
| 29 | wt | 78                        | <b>Thijs Buisman</b>      |         | HN1                    |       |         | 43.26 | <b>44.71</b> |      |  |
|    | rd | 48                        | <b>Harmen Nanninga</b>    |         | HSA                    |       |         | 46.12 | <b>44.79</b> | PR   |  |
|    |    | <u>Thijs Buisman</u>      |                           |         | <u>Harmen Nanninga</u> |       |         |       |              |      |  |
|    |    | 100m                      | 11.87                     | (11.87) | 100m                   | 12.36 | (12.36) |       |              |      |  |
|    |    | 500m                      | 44.71                     | (32.84) | 500m                   | 44.79 | (32.43) |       |              |      |  |
|    |    | Naam                      |                           |         | Cat                    |       |         | PR    | Tijd         | Info |  |
| 30 | gl | 9                         | <b>Colin Koenderink</b>   |         | HN2                    |       |         | 45.98 | <b>45.43</b> | PR   |  |
|    | bl | 79                        | <b>Jelmer de Hoop</b>     |         | HN4                    |       |         | 46.34 | <b>45.83</b> | PR   |  |
|    |    | <u>Colin Koenderink</u>   |                           |         | <u>Jelmer de Hoop</u>  |       |         |       |              |      |  |
|    |    | 100m                      | 11.95                     | (11.95) | 100m                   | 12.12 | (12.12) |       |              |      |  |
|    |    | 500m                      | 45.43                     | (33.48) | 500m                   | 45.83 | (33.71) |       |              |      |  |
|    |    | Naam                      |                           |         | Cat                    |       |         | PR    | Tijd         | Info |  |
| 31 | wt | 20                        | <b>Sybe Weening</b>       |         | HN4                    |       |         | 43.68 | <b>44.67</b> |      |  |
|    | rd | 18                        | <b>Stan Krewinkel</b>     |         | HSA                    |       |         | 41.80 | <b>42.26</b> |      |  |
|    |    | <u>Sybe Weening</u>       |                           |         | <u>Stan Krewinkel</u>  |       |         |       |              |      |  |
|    |    | 100m                      | 11.93                     | (11.93) | 100m                   | 11.64 | (11.64) |       |              |      |  |
|    |    | 500m                      | 44.67                     | (32.74) | 500m                   | 42.26 | (30.62) |       |              |      |  |
|    |    | Naam                      |                           |         | Cat                    |       |         | PR    | Tijd         | Info |  |
| 32 | gl | 2                         | <b>Fedor van der Laan</b> |         | HSA                    |       |         | 43.17 | <b>43.27</b> |      |  |
|    | bl | 54                        | <b>Dirk Grimm</b>         |         | HSA                    |       |         | 45.01 | <b>47.22</b> |      |  |
|    |    | <u>Fedor van der Laan</u> |                           |         | <u>Dirk Grimm</u>      |       |         |       |              |      |  |
|    |    | 100m                      | 11.70                     | (11.70) | 100m                   | 12.72 | (12.72) |       |              |      |  |
|    |    | 500m                      | 43.27                     | (31.57) | 500m                   | 47.22 | (34.50) |       |              |      |  |
|    |    | Naam                      |                           |         | Cat                    |       |         | PR    | Tijd         | Info |  |
| 33 | wt | 6                         | <b>Peter van Buiten</b>   |         | HSA                    |       |         | 42.30 | <b>41.98</b> | PR   |  |
|    | rd | 44                        | <b>Yoran Nijenhuis</b>    |         | HSA                    |       |         | 41.96 | <b>42.90</b> |      |  |
|    |    | <u>Peter van Buiten</u>   |                           |         | <u>Yoran Nijenhuis</u> |       |         |       |              |      |  |
|    |    | 100m                      | 11.46                     | (11.46) | 100m                   | 11.28 | (11.28) |       |              |      |  |
|    |    | 500m                      | 41.98                     | (30.52) | 500m                   | 42.90 | (31.62) |       |              |      |  |

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|       |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
|-------|----|-------------------------|-------------------------|---------|------------------------|-------|---------|--------------|------|
| 34    | gl | 1                       | <b>Arthur Knibbe</b>    |         | HSA                    |       | 42.94   | <b>43.38</b> |      |
|       | bl | 4                       | <b>Loek Hendriksen</b>  |         | HN4                    |       | 41.46   | <b>42.16</b> |      |
|       |    | <b>Arthur Knibbe</b>    |                         |         | <b>Loek Hendriksen</b> |       |         |              |      |
|       |    | 100m                    | 11.59                   | (11.59) | 100m                   | 11.59 | (11.59) |              |      |
|       |    | 500m                    | 43.38                   | (31.79) | 500m                   | 42.16 | (30.57) |              |      |
| <hr/> |    |                         |                         |         |                        |       |         |              |      |
|       |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
| 35    | wt | 57                      | <b>Daniël Kooyman</b>   |         | HSA                    |       | 39.95   | <b>41.26</b> |      |
|       | rd | 65                      | <b>Bram ten Berge</b>   |         | HA2                    |       | 39.58   | <b>41.54</b> |      |
|       |    | <b>Daniël Kooyman</b>   |                         |         | <b>Bram ten Berge</b>  |       |         |              |      |
|       |    | 100m                    | 11.00                   | (11.00) | 100m                   | 11.04 | (11.04) |              |      |
|       |    | 500m                    | 41.26                   | (30.26) | 500m                   | 41.54 | (30.50) |              |      |
| <hr/> |    |                         |                         |         |                        |       |         |              |      |
|       |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
| 36    | gl | 14                      | <b>Daan Voorhoeve</b>   |         | HSA                    |       | 41.05   | <b>41.13</b> |      |
|       | bl | 83                      | <b>Tjibbe Moller</b>    |         | HA1                    |       | 41.66   | <b>41.69</b> |      |
|       |    | <b>Daan Voorhoeve</b>   |                         |         | <b>Tjibbe Moller</b>   |       |         |              |      |
|       |    | 100m                    | 11.13                   | (11.13) | 100m                   | 11.71 | (11.71) |              |      |
|       |    | 500m                    | 41.13                   | (30.00) | 500m                   | 41.69 | (29.98) |              |      |
| <hr/> |    |                         |                         |         |                        |       |         |              |      |
|       |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
| 37    | wt | 16                      | <b>Florian Meijer</b>   |         | HSA                    |       | 39.00   | <b>40.75</b> |      |
|       | rd | 81                      | <b>Rens Hiddink</b>     |         | HN3                    |       | 40.59   | <b>42.76</b> |      |
|       |    | <b>Florian Meijer</b>   |                         |         | <b>Rens Hiddink</b>    |       |         |              |      |
|       |    | 100m                    | 11.30                   | (11.30) | 100m                   | 11.45 | (11.45) |              |      |
|       |    | 500m                    | 40.75                   | (29.45) | 500m                   | 42.76 | (31.31) |              |      |
| <hr/> |    |                         |                         |         |                        |       |         |              |      |
|       |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
| 38    | gl | 64                      | <b>Udo van der Wier</b> |         | HN2                    |       | 39.84   | <b>40.46</b> |      |
|       | bl | 15                      | <b>Arthur Zijlstra</b>  |         | HN3                    |       | 40.59   | <b>40.54</b> | PR   |
|       |    | <b>Udo van der Wier</b> |                         |         | <b>Arthur Zijlstra</b> |       |         |              |      |
|       |    | 100m                    | 11.16                   | (11.16) | 100m                   | 11.18 | (11.18) |              |      |
|       |    | 500m                    | 40.46                   | (29.30) | 500m                   | 40.54 | (29.36) |              |      |

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|    |    | Naam                 |                       | Cat     |                       | PR    |         | Tijd  | Info         |
|----|----|----------------------|-----------------------|---------|-----------------------|-------|---------|-------|--------------|
| 39 | wt | 88                   | <b>Mark Withagen</b>  |         | HN1                   |       |         | 38.35 | <b>41.33</b> |
|    | rd | 49                   | <b>Danny Heijkoop</b> |         | HN4                   |       |         | 38.16 | <b>39.28</b> |
|    |    | <b>Mark Withagen</b> |                       |         | <b>Danny Heijkoop</b> |       |         |       |              |
|    |    | 100m                 | 11.57                 | (11.57) | 100m                  | 10.73 | (10.73) |       |              |
|    |    | 500m                 | 41.33                 | (29.76) | 500m                  | 39.28 | (28.55) |       |              |

|    |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd  | Info         |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|-------|--------------|
| 40 | gl | 90                    | <b>Jens Klootwijk</b> |         | HN2                  |       |         | 39.81 | <b>40.09</b> |
|    | bl | 30                    | <b>Thomas Selles</b>  |         | HN3                  |       |         | 39.25 | <b>40.32</b> |
|    |    | <b>Jens Klootwijk</b> |                       |         | <b>Thomas Selles</b> |       |         |       |              |
|    |    | 100m                  | 11.10                 | (11.10) | 100m                 | 10.87 | (10.87) |       |              |
|    |    | 500m                  | 40.09                 | (28.99) | 500m                 | 40.32 | (29.45) |       |              |

|    |    | Naam                  |                        | Cat     |                        | PR    |         | Tijd  | Info         |
|----|----|-----------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|
| 41 | wt | 85                    | <b>Wester Landman</b>  |         | HN3                    |       |         | 37.86 | <b>39.57</b> |
|    | rd | 72                    | <b>Colin Schrijver</b> |         | HSA                    |       |         | 36.97 | <b>38.96</b> |
|    |    | <b>Wester Landman</b> |                        |         | <b>Colin Schrijver</b> |       |         |       |              |
|    |    | 100m                  | 10.94                  | (10.94) | 100m                   | 11.14 | (11.14) |       |              |
|    |    | 500m                  | 39.57                  | (28.63) | 500m                   | 38.96 | (27.82) |       |              |

|    |    | Naam                      |                           | Cat     |                      | PR    |         | Tijd  | Info         |
|----|----|---------------------------|---------------------------|---------|----------------------|-------|---------|-------|--------------|
| 42 | gl | 66                        | <b>Donald Stappenbelt</b> |         | HN2                  |       |         | 38.22 | <b>39.83</b> |
|    | bl | 68                        | <b>Lasse Hiddink</b>      |         | HSA                  |       |         | 37.71 | <b>40.83</b> |
|    |    | <b>Donald Stappenbelt</b> |                           |         | <b>Lasse Hiddink</b> |       |         |       |              |
|    |    | 100m                      | 11.10                     | (11.10) | 100m                 | 11.16 | (11.16) |       |              |
|    |    | 500m                      | 39.83                     | (28.73) | 500m                 | 40.83 | (29.67) |       |              |

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## 5. Uitslag Dames 1500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 84 Bente Moller         | DN1 | 60   | O    | 2:14.02 |      |        |
| 2   | 28 Esther Withagen      | DN1 | 59   | I    | 2:17.02 |      |        |
| 3   | 2 Annick van der Woude  | DN4 | 59   | O    | 2:18.83 |      |        |
| 4   | 76 Tess ten Dolle       | DN2 | 58   | O    | 2:23.72 |      |        |
| 5   | 73 Alessandra Primavera | DSA | 60   | I    | 2:24.47 |      |        |
| 6   | 58 Eeke Weenink         | DN1 | 54   | I    | 2:26.80 |      |        |
| 7   | 56 Sonia Schipper       | DSA | 55   | O    | 2:26.95 | PR   |        |
| 8   | 47 Hiltje Gerritsma     | DSA | 57   | O    | 2:27.03 |      |        |
| 9   | 62 Lieve Bunt           | DA2 | 55   | I    | 2:27.32 |      |        |
| 10  | 82 Aniek Hesselink      | DN2 | 58   | I    | 2:27.56 |      |        |
| 11  | 53 Anne Schermer        | DN2 | 56   | I    | 2:29.98 |      |        |
| 12  | 38 Amélie Coremans      | DN3 | 52   | I    | 2:31.09 |      |        |
| 13  | 34 Marleen de Boer      | DN3 | 57   | I    | 2:31.79 |      |        |
| 14  | 71 Rosanne van der Post | DSA | 54   | O    | 2:38.65 |      |        |
| 15  | 1 Quirine Krommendijk   | DN3 | 53   | I    | 2:39.06 |      |        |
| 16  | 80 Saline Verkerk       | DN4 | 56   | O    | 2:40.49 |      |        |
| 17  | 94 Robin Geesken        | DSA | 52   | O    | 2:40.96 |      |        |
| 18  | 19 Geanne Stol          | DN1 | 53   | O    | 2:43.10 |      |        |
| 19  | 25 Marijke de Jong      | DN3 | 51   | I    | 2:50.87 |      |        |
| 20  | 8 Paulien Abma          | DN3 | 49   | I    | 2:55.78 |      |        |
| 21  | 35 Juliana Bruil        | DSA | 50   | I    | 2:56.48 |      |        |
| 22  | 74 Lisa Elzinga         | DSA | 50   | O    | 2:57.20 | PR   |        |
| 23  | 70 Reinate Bathoorn     | DN4 | 51   | O    | 2:57.21 |      |        |
| 24  | 29 Leonie Jelsma        | DSA | 44   | O    | 2:58.19 |      |        |
| 25  | 77 Edmee Witmer         | DN3 | 46   | O    | 3:07.53 |      |        |
| 26  | 75 Iris van Duinen      | DSA | 49   | O    | 3:08.53 | PR   |        |
| 27  | 55 Danique Hoevers      | DN4 | 46   | I    | 3:12.29 |      |        |
| 28  | 45 Marith Wijtenhorst   | DN2 | 44   | I    | 3:16.17 |      |        |
| 29  | 40 Marianne Westerhof   | DSA | 45   | I    | 3:17.98 |      |        |
| 30  | 43 Nynke Anjema         | DSA | 45   | O    | 3:24.58 |      |        |
| 31  | 63 Feline Waardenburg   | DSA | 48   | I    | 3:30.92 |      |        |
| 32  | 10 Annabel Rodewijk     | DN1 | 47   | O    | 3:53.77 |      |        |
| 33  | 23 Celine van der Vinne | DSA | 48   | O    | 4:00.89 |      |        |
| 34  | 91 Emma Janssen         | DN1 | 47   | I    | 4:09.06 | PR   |        |
| 35  | 17 Leonie Nijs          | DSA | 43   | I    | 4:24.03 |      |        |

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## 5. Rituitslag Dames 1500 meter

|       |          | Naam                      |                           | Cat     |                      | PR    |         | Tijd           | Info |
|-------|----------|---------------------------|---------------------------|---------|----------------------|-------|---------|----------------|------|
| 43    | wt<br>rd | 17                        | <b>Leonie Nijs</b>        |         | DSA                  |       |         | <b>4:24.03</b> |      |
|       |          | <b>Leonie Nijs</b>        |                           |         |                      |       |         |                |      |
|       |          | 300m                      | 54.54                     | (54.54) |                      | m     |         |                |      |
|       |          | 700m                      | 2:03.19                   | (68.65) |                      |       |         |                |      |
|       |          | 1100m                     | 3:13.36                   | (70.17) |                      |       |         |                |      |
|       |          | 1500m                     | 4:24.03                   | (70.67) |                      |       |         |                |      |
| <hr/> |          |                           |                           |         |                      |       |         |                |      |
|       |          | Naam                      |                           | Cat     |                      | PR    |         | Tijd           | Info |
| 44    | gl       | 45                        | <b>Marith Wijtenhorst</b> |         | DN2                  |       |         | <b>3:16.17</b> |      |
|       | bl       | 29                        | <b>Leonie Jelsma</b>      |         | DSA                  |       |         | <b>2:58.19</b> |      |
|       |          | <b>Marith Wijtenhorst</b> |                           |         | <b>Leonie Jelsma</b> |       |         |                |      |
|       |          | 300m                      | 42.32                     | (42.32) |                      | 300m  | 38.23   | (38.23)        |      |
|       |          | 700m                      | 1:32.64                   | (50.32) |                      | 700m  | 1:23.70 | (45.47)        |      |
|       |          | 1100m                     | 2:24.73                   | (52.09) |                      | 1100m | 2:09.89 | (46.19)        |      |
|       |          | 1500m                     | 3:16.17                   | (51.44) |                      | 1500m | 2:58.19 | (48.30)        |      |
| <hr/> |          |                           |                           |         |                      |       |         |                |      |
|       |          | Naam                      |                           | Cat     |                      | PR    |         | Tijd           | Info |
| 45    | wt       | 40                        | <b>Marianne Westerhof</b> |         | DSA                  |       |         | <b>3:17.98</b> |      |
|       | rd       | 43                        | <b>Nynke Anjema</b>       |         | DSA                  |       |         | <b>3:24.58</b> |      |
|       |          | <b>Marianne Westerhof</b> |                           |         | <b>Nynke Anjema</b>  |       |         |                |      |
|       |          | 300m                      | 41.66                     | (41.66) |                      | 300m  | 42.19   | (42.19)        |      |
|       |          | 700m                      | 1:32.35                   | (50.69) |                      | 700m  | 1:33.90 | (51.71)        |      |
|       |          | 1100m                     | 2:25.15                   | (52.80) |                      | 1100m | 2:29.28 | (55.38)        |      |
|       |          | 1500m                     | 3:17.98                   | (52.83) |                      | 1500m | 3:24.58 | (55.30)        |      |
| <hr/> |          |                           |                           |         |                      |       |         |                |      |
|       |          | Naam                      |                           | Cat     |                      | PR    |         | Tijd           | Info |
| 46    | gl       | 55                        | <b>Danique Hoevers</b>    |         | DN4                  |       |         | <b>3:12.29</b> |      |
|       | bl       | 77                        | <b>Edmee Witmer</b>       |         | DN3                  |       |         | <b>3:07.53</b> |      |
|       |          | <b>Danique Hoevers</b>    |                           |         | <b>Edmee Witmer</b>  |       |         |                |      |
|       |          | 300m                      | 38.60                     | (38.60) |                      | 300m  | 38.73   | (38.73)        |      |
|       |          | 700m                      | 1:27.80                   | (49.20) |                      | 700m  | 1:26.11 | (47.38)        |      |
|       |          | 1100m                     | 2:19.66                   | (51.86) |                      | 1100m | 2:16.13 | (50.02)        |      |
|       |          | 1500m                     | 3:12.29                   | (52.63) |                      | 1500m | 3:07.53 | (51.40)        |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                      |                             |         | Cat                         | PR      | Tijd           | Info |
|----|----|---------------------------|-----------------------------|---------|-----------------------------|---------|----------------|------|
| 47 | wt | 91                        | <b>Emma Janssen</b>         |         | DN1                         | 4:56.10 | <b>4:09.06</b> | PR   |
|    | rd | 10                        | <b>Annabel Rodewijk</b>     |         | DN1                         | 3:50.20 | <b>3:53.77</b> |      |
|    |    | <b>Emma Janssen</b>       |                             |         | <b>Annabel Rodewijk</b>     |         |                |      |
|    |    | 300m                      | 1:03.21                     | (63.21) | 300m                        | 48.98   | (48.98)        |      |
|    |    | 700m                      | 2:03.87                     | (60.66) | 700m                        | 1:49.75 | (60.77)        |      |
|    |    | 1100m                     | 3:04.54                     | (60.67) | 1100m                       | 2:52.04 | (62.29)        |      |
|    |    | 1500m                     | 4:09.06                     | (64.52) | 1500m                       | 3:53.77 | (61.73)        |      |
|    |    | Naam                      |                             |         | Cat                         | PR      | Tijd           | Info |
| 48 | gl | 63                        | <b>Feline Waardenburg</b>   |         | DSA                         |         | <b>3:30.92</b> |      |
|    | bl | 23                        | <b>Celine van der Vinne</b> |         | DSA                         | 3:52.60 | <b>4:00.89</b> |      |
|    |    | <b>Feline Waardenburg</b> |                             |         | <b>Celine van der Vinne</b> |         |                |      |
|    |    | 300m                      | 31.92                       | (31.92) | 300m                        | 47.42   | (47.42)        |      |
|    |    | 700m                      | 1:35.11                     | (63.19) | 700m                        | 1:47.39 | (59.97)        |      |
|    |    | 1100m                     | 2:32.27                     | (57.16) | 1100m                       | 2:53.85 | (66.46)        |      |
|    |    | 1500m                     | 3:30.92                     | (58.65) | 1500m                       | 4:00.89 | (67.04)        |      |
|    |    | Naam                      |                             |         | Cat                         | PR      | Tijd           | Info |
| 49 | wt | 8                         | <b>Paulien Abma</b>         |         | DN3                         | 2:38.85 | <b>2:55.78</b> |      |
|    | rd | 75                        | <b>Iris van Duinen</b>      |         | DSA                         | 3:09.12 | <b>3:08.53</b> | PR   |
|    |    | <b>Paulien Abma</b>       |                             |         | <b>Iris van Duinen</b>      |         |                |      |
|    |    | 300m                      | 35.60                       | (35.60) | 300m                        | 38.28   | (38.28)        |      |
|    |    | 700m                      | 1:19.91                     | (44.31) | 700m                        | 1:25.58 | (47.30)        |      |
|    |    | 1100m                     | 2:07.42                     | (47.51) | 1100m                       | 2:16.26 | (50.68)        |      |
|    |    | 1500m                     | 2:55.78                     | (48.36) | 1500m                       | 3:08.53 | (52.27)        |      |
|    |    | Naam                      |                             |         | Cat                         | PR      | Tijd           | Info |
| 50 | gl | 35                        | <b>Juliana Bruil</b>        |         | DSA                         | 2:54.89 | <b>2:56.48</b> |      |
|    | bl | 74                        | <b>Lisa Elzinga</b>         |         | DSA                         | 3:07.00 | <b>2:57.20</b> | PR   |
|    |    | <b>Juliana Bruil</b>      |                             |         | <b>Lisa Elzinga</b>         |         |                |      |
|    |    | 300m                      | 37.07                       | (37.07) | 300m                        | 37.91   | (37.91)        |      |
|    |    | 700m                      | 1:20.84                     | (43.77) | 700m                        | 1:23.09 | (45.18)        |      |
|    |    | 1100m                     | 2:07.90                     | (47.06) | 1100m                       | 2:09.71 | (46.62)        |      |
|    |    | 1500m                     | 2:56.48                     | (48.58) | 1500m                       | 2:57.20 | (47.49)        |      |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|       |    | Naam                           | Cat             | PR                          | Tijd            | Info |
|-------|----|--------------------------------|-----------------|-----------------------------|-----------------|------|
| 51    | wt | 25 <b>Marijke de Jong</b>      | DN3             | 2:44.00                     | <b>2:50.87</b>  |      |
|       | rd | 70 <b>Reinate Bathoorn</b>     | DN4             | 2:47.89                     | <b>2:57.21</b>  |      |
|       |    | <b>Marijke de Jong</b>         |                 | <b>Reinate Bathoorn</b>     |                 |      |
|       |    | 300m                           | 35.20 (35.20)   | 300m                        | 36.81 (36.81)   |      |
|       |    | 700m                           | 1:17.55 (42.35) | 700m                        | 1:21.37 (44.56) |      |
|       |    | 1100m                          | 2:03.28 (45.73) | 1100m                       | 2:09.07 (47.70) |      |
|       |    | 1500m                          | 2:50.87 (47.59) | 1500m                       | 2:57.21 (48.14) |      |
| <hr/> |    |                                |                 |                             |                 |      |
|       |    | Naam                           | Cat             | PR                          | Tijd            | Info |
| 52    | gl | 38 <b>Amélie Coremans</b>      | DN3             | 2:26.50                     | <b>2:31.09</b>  |      |
|       | bl | 94 <b>Robin Geesken</b>        | DSA             | 2:40.39                     | <b>2:40.96</b>  |      |
|       |    | <b>Amélie Coremans</b>         |                 | <b>Robin Geesken</b>        |                 |      |
|       |    | 300m                           | 32.03 (32.03)   | 300m                        | 34.43 (34.43)   |      |
|       |    | 700m                           | 1:09.16 (37.13) | 700m                        | 1:14.91 (40.48) |      |
|       |    | 1100m                          | 1:49.13 (39.97) | 1100m                       | 1:57.83 (42.92) |      |
|       |    | 1500m                          | 2:31.09 (41.96) | 1500m                       | 2:40.96 (43.13) |      |
| <hr/> |    |                                |                 |                             |                 |      |
|       |    | Naam                           | Cat             | PR                          | Tijd            | Info |
| 53    | wt | 1 <b>Quirine Krommendijk</b>   | DN3             | 2:35.65                     | <b>2:39.06</b>  |      |
|       | rd | 19 <b>Geanne Stol</b>          | DN1             | 2:34.18                     | <b>2:43.10</b>  |      |
|       |    | <b>Quirine Krommendijk</b>     |                 | <b>Geanne Stol</b>          |                 |      |
|       |    | 300m                           | 32.40 (32.40)   | 300m                        | 35.42 (35.42)   |      |
|       |    | 700m                           | 1:12.16 (39.76) | 700m                        | 1:17.00 (41.58) |      |
|       |    | 1100m                          | 1:54.70 (42.54) | 1100m                       | 1:59.98 (42.98) |      |
|       |    | 1500m                          | 2:39.06 (44.36) | 1500m                       | 2:43.10 (43.12) |      |
| <hr/> |    |                                |                 |                             |                 |      |
|       |    | Naam                           | Cat             | PR                          | Tijd            | Info |
| 54    | gl | 58 <b>Eeke Weenink</b>         | DN1             | 2:18.95                     | <b>2:26.80</b>  |      |
|       | bl | 71 <b>Rosanne van der Post</b> | DSA             | 2:34.49                     | <b>2:38.65</b>  |      |
|       |    | <b>Eeke Weenink</b>            |                 | <b>Rosanne van der Post</b> |                 |      |
|       |    | 300m                           | 31.85 (31.85)   | 300m                        | 33.20 (33.20)   |      |
|       |    | 700m                           | 1:08.53 (36.68) | 700m                        | 1:12.05 (38.85) |      |
|       |    | 1100m                          | 1:46.78 (38.25) | 1100m                       | 1:54.52 (42.47) |      |
|       |    | 1500m                          | 2:26.80 (40.02) | 1500m                       | 2:38.65 (44.13) |      |



# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam              |                       | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 55 | wt | 62                | <b>Lieve Bunt</b>     |         | DA2                   |         | 2:23.61 | <b>2:27.32</b> |      |
|    | rd | 56                | <b>Sonia Schipper</b> |         | DSA                   |         | 2:29.01 | <b>2:26.95</b> | PR   |
|    |    | <b>Lieve Bunt</b> |                       |         | <b>Sonia Schipper</b> |         |         |                |      |
|    |    | 300m              | 29.12                 | (29.12) | 300m                  | 31.73   | (31.73) |                |      |
|    |    | 700m              | 1:05.88               | (36.76) | 700m                  | 1:08.00 | (36.27) |                |      |
|    |    | 1100m             | 1:46.38               | (40.50) | 1100m                 | 1:46.76 | (38.76) |                |      |
|    |    | 1500m             | 2:27.32               | (40.94) | 1500m                 | 2:26.95 | (40.19) |                |      |

|    |    | Naam                 |                       | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 56 | gl | 53                   | <b>Anne Schermer</b>  |         | DN2                   |         | 2:29.25 | <b>2:29.98</b> |      |
|    | bl | 80                   | <b>Saline Verkerk</b> |         | DN4                   |         | 2:28.52 | <b>2:40.49</b> |      |
|    |    | <b>Anne Schermer</b> |                       |         | <b>Saline Verkerk</b> |         |         |                |      |
|    |    | 300m                 | 32.19                 | (32.19) | 300m                  | 35.56   | (35.56) |                |      |
|    |    | 700m                 | 1:10.47               | (38.28) | 700m                  | 1:16.44 | (40.88) |                |      |
|    |    | 1100m                | 1:49.78               | (39.31) | 1100m                 | 1:58.32 | (41.88) |                |      |
|    |    | 1500m                | 2:29.98               | (40.20) | 1500m                 | 2:40.49 | (42.17) |                |      |

|    |    | Naam                   |                         | Cat     |                         | PR      |         | Tijd           | Info |
|----|----|------------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 57 | wt | 34                     | <b>Marleen de Boer</b>  |         | DN3                     |         | 2:28.47 | <b>2:31.79</b> |      |
|    | rd | 47                     | <b>Hiltje Gerritsma</b> |         | DSA                     |         | 2:26.08 | <b>2:27.03</b> |      |
|    |    | <b>Marleen de Boer</b> |                         |         | <b>Hiltje Gerritsma</b> |         |         |                |      |
|    |    | 300m                   | 32.73                   | (32.73) | 300m                    | 32.74   | (32.74) |                |      |
|    |    | 700m                   | 1:10.60                 | (37.87) | 700m                    | 1:09.02 | (36.28) |                |      |
|    |    | 1100m                  | 1:50.41                 | (39.81) | 1100m                   | 1:47.47 | (38.45) |                |      |
|    |    | 1500m                  | 2:31.79                 | (41.38) | 1500m                   | 2:27.03 | (39.56) |                |      |

|    |    | Naam                   |                        | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|------------------------|------------------------|---------|-----------------------|---------|---------|----------------|------|
| 58 | gl | 82                     | <b>Aniek Hesselink</b> |         | DN2                   |         | 2:25.83 | <b>2:27.56</b> |      |
|    | bl | 76                     | <b>Tess ten Dolle</b>  |         | DN2                   |         | 2:18.12 | <b>2:23.72</b> |      |
|    |    | <b>Aniek Hesselink</b> |                        |         | <b>Tess ten Dolle</b> |         |         |                |      |
|    |    | 300m                   | 32.12                  | (32.12) | 300m                  | 30.46   | (30.46) |                |      |
|    |    | 700m                   | 1:09.09                | (36.97) | 700m                  | 1:05.85 | (35.39) |                |      |
|    |    | 1100m                  | 1:47.70                | (38.61) | 1100m                 | 1:44.28 | (38.43) |                |      |
|    |    | 1500m                  | 2:27.56                | (39.86) | 1500m                 | 2:23.72 | (39.44) |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|       |    | Naam                        |                             |         | Cat                         |         |         | PR      | Tijd           | Info |
|-------|----|-----------------------------|-----------------------------|---------|-----------------------------|---------|---------|---------|----------------|------|
| 59    | wt | 28                          | <b>Esther Withagen</b>      |         | DN1                         |         |         | 2:12.85 | <b>2:17.02</b> |      |
|       | rd | 2                           | <b>Annick van der Woude</b> |         | DN4                         |         |         | 2:15.06 | <b>2:18.83</b> |      |
|       |    | <b>Esther Withagen</b>      |                             |         | <b>Annick van der Woude</b> |         |         |         |                |      |
|       |    | 300m                        | 28.80                       | (28.80) | 300m                        | 29.38   | (29.38) |         |                |      |
|       |    | 700m                        | 1:02.59                     | (33.79) | 700m                        | 1:03.74 | (34.36) |         |                |      |
|       |    | 1100m                       | 1:38.75                     | (36.16) | 1100m                       | 1:40.56 | (36.82) |         |                |      |
|       |    | 1500m                       | 2:17.02                     | (38.27) | 1500m                       | 2:18.83 | (38.27) |         |                |      |
| <hr/> |    |                             |                             |         |                             |         |         |         |                |      |
|       |    | Naam                        |                             |         | Cat                         |         |         | PR      | Tijd           | Info |
| 60    | gl | 73                          | <b>Alessandra Primavera</b> |         | DSA                         |         |         | 2:12.73 | <b>2:24.47</b> |      |
|       | bl | 84                          | <b>Bente Moller</b>         |         | DN1                         |         |         | 2:09.96 | <b>2:14.02</b> |      |
|       |    | <b>Alessandra Primavera</b> |                             |         | <b>Bente Moller</b>         |         |         |         |                |      |
|       |    | 300m                        | 30.47                       | (30.47) | 300m                        | 28.28   | (28.28) |         |                |      |
|       |    | 700m                        | 1:05.85                     | (35.38) | 700m                        | 1:00.90 | (32.62) |         |                |      |
|       |    | 1100m                       | 1:44.23                     | (38.38) | 1100m                       | 1:35.98 | (35.08) |         |                |      |
|       |    | 1500m                       | 2:24.47                     | (40.24) | 1500m                       | 2:14.02 | (38.04) |         |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

## 6. Uitslag Heren 3000 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 72 Colin Schrijver     | HSA | 85   | O    | 4:08.58 | PR   |        |
| 2   | 85 Wester Landman      | HN3 | 83   | O    | 4:13.19 | PR   |        |
| 3   | 90 Jens Klootwijk      | HN2 | 84   | I    | 4:17.81 |      |        |
| 4   | 49 Danny Heijkoop      | HN4 | 86   | O    | 4:20.29 |      |        |
| 5   | 88 Mark Withagen       | HN1 | 83   | I    | 4:23.93 |      |        |
| 6   | 15 Arthur Zijlstra     | HN3 | 82   | I    | 4:25.00 | PR   |        |
| 7   | 68 Lasse Hiddink       | HSA | 85   | I    | 4:25.22 |      |        |
| 8   | 66 Donald Stappenbelt  | HN2 | 86   | I    | 4:29.36 |      |        |
| 9   | 64 Udo van der Wier    | HN2 | 81   | O    | 4:30.12 |      |        |
| 10  | 2 Fedor van der Laan   | HSA | 79   | O    | 4:32.64 |      |        |
| 11  | 57 Daniël Kooyman      | HSA | 81   | I    | 4:35.37 |      |        |
| 12  | 18 Stan Krewinkel      | HSA | 80   | I    | 4:39.08 | PR   |        |
| 13  | 83 Tjibbe Moller       | HA1 | 80   | O    | 4:39.51 |      |        |
| 14  | 65 Bram ten Berge      | HA2 | 84   | O    | 4:39.74 |      |        |
| 15  | 14 Daan Voorhoeve      | HSA | 78   | I    | 4:40.14 | PR   |        |
| 16  | 44 Yoran Nijenhuis     | HSA | 79   | I    | 4:41.95 |      |        |
| 17  | 81 Rens Hiddink        | HN3 | 77   | I    | 4:43.12 | PR   |        |
| 18  | 30 Thomas Selles       | HN3 | 77   | O    | 4:43.61 | PR   |        |
| 19  | 16 Florian Meijer      | HSA | 82   | O    | 4:47.29 |      |        |
| 20  | 6 Peter van Buiten     | HSA | 75   | I    | 4:47.84 | PR   |        |
| 21  | 4 Loek Hendriksen      | HN4 | 78   | O    | 4:50.72 |      |        |
| 22  | 78 Thijs Buisman       | HN1 | 76   | O    | 4:55.12 | PR   |        |
| 23  | 9 Colin Koenderink     | HN2 | 76   | I    | 5:00.29 | PR   |        |
| 24  | 48 Harmen Nanninga     | HSA | 64   | O    | 5:07.94 |      |        |
| 25  | 1 Arthur Knibbe        | HSA | 74   | I    | 5:09.48 | PR   |        |
| 26  | 12 Menno Brink         | HSA | 65   | I    | 5:10.53 |      |        |
| 27  | 26 Ewout Vos           | HN3 | 66   | I    | 5:11.22 |      |        |
| 28  | 79 Jelmer de Hoop      | HN4 | 75   | O    | 5:11.32 |      |        |
| 29  | 86 Luc Dekker          | HN4 | 73   | I    | 5:14.55 | PR   |        |
| 30  | 54 Dirk Grimm          | HSA | 67   | I    | 5:14.71 | PR   |        |
| 31  | 13 Floris Naber        | HSA | 72   | I    | 5:17.94 | PR   |        |
| 32  | 20 Sybe Weening        | HN4 | 73   | O    | 5:19.77 |      |        |
| 33  | 42 Sven Paternotte     | HSA | 71   | O    | 5:20.86 | PR   |        |
| 34  | 67 Mats Verlaak        | HSA | 71   | I    | 5:23.97 | PR   |        |
| 35  | 33 Jelte van der Zwaag | HN2 | 63   | I    | 5:34.65 |      |        |
| 36  | 61 Jesper Kussendrager | HSA | 74   | O    | 5:36.38 |      |        |
| 37  | 51 Teun Zwanenburg     | HN1 | 63   | O    | 5:49.07 |      |        |
| 38  | 1 Lars Huiting         | HN3 | 72   | O    | 5:49.29 |      |        |

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 27 Rense Uitenbroek    | HSA | 70   | O    | 5:54.12 | PR   |        |
| 40  | 59 Stan Rolfes         | HN3 | 65   | O    | 6:04.53 |      |        |
| 41  | 89 Jelmer Venema       | HN3 | 69   | I    | 6:10.32 | PR   |        |
| 42  | 22 Cas Smeets          | HSA | 68   | I    | 6:17.55 | PR   |        |
| 43  | 11 Hasin Ayari         | HN3 | 70   | I    | 6:17.87 | PR   |        |
| 44  | 39 Zevus Janssen       | HSA | 67   | O    | 7:10.36 | PR   |        |
| 45  | 93 Joost Adams         | HSA | 68   | O    | 7:12.39 | PR   |        |
|     | 92 Bernard den Boogert | HN1 | 64   | I    | DNF     |      |        |
|     | 36 Thomas Hanhart      | HSA | 66   | O    | DNF     |      |        |
|     | 31 Sytse Veersma       | HSA | 69   | O    | DNF     |      |        |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

## 6. Rituitslag Heren 3000 meter

|    |    | Naam                       |                            | Cat     |                        | PR      |         | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|------------------------|---------|---------|----------------|------|
| 63 | wt | 33                         | <b>Jelte van der Zwaag</b> |         | HN2                    |         |         | <b>5:34.65</b> |      |
|    | rd | 51                         | <b>Teun Zwanenburg</b>     |         | HN1                    |         |         | <b>5:49.07</b> |      |
|    |    | <b>Jelte van der Zwaag</b> |                            |         | <b>Teun Zwanenburg</b> |         |         |                |      |
|    |    | 200m                       | 26.56                      | (26.56) | 200m                   | 27.40   | (27.40) |                |      |
|    |    | 600m                       | 1:11.19                    | (44.63) | 600m                   | 1:11.49 | (44.09) |                |      |
|    |    | 1000m                      | 1:54.64                    | (43.45) | 1000m                  | 1:57.09 | (45.60) |                |      |
|    |    | 1400m                      | 2:38.54                    | (43.90) | 1400m                  | 2:42.73 | (45.64) |                |      |
|    |    | 1800m                      | 3:23.17                    | (44.63) | 1800m                  | 3:28.68 | (45.95) |                |      |
|    |    | 2200m                      | 4:07.07                    | (43.90) | 2200m                  | 4:14.63 | (45.95) |                |      |
|    |    | 2600m                      | 4:52.45                    | (45.38) | 2600m                  | 5:02.05 | (47.42) |                |      |
|    |    | 3000m                      | 5:34.65                    | (42.20) | 3000m                  | 5:49.07 | (47.02) |                |      |

|    |    | Naam                       |                            | Cat     |                        | PR      |         | Tijd           | Info |
|----|----|----------------------------|----------------------------|---------|------------------------|---------|---------|----------------|------|
| 64 | gl | 92                         | <b>Bernard den Boogert</b> |         | HN1                    |         |         | <b>DNF</b>     |      |
|    | bl | 48                         | <b>Harmen Nanninga</b>     |         | HSA                    |         |         | <b>5:07.94</b> |      |
|    |    | <b>Bernard den Boogert</b> |                            |         | <b>Harmen Nanninga</b> |         |         |                |      |
|    |    | 200m                       | 27.71                      | (27.71) | 200m                   | 22.30   | (22.30) |                |      |
|    |    | 600m                       | 1:13.56                    | (45.85) | 600m                   | 58.78   | (36.48) |                |      |
|    |    | 1000m                      | 2:01.98                    | (48.42) | 1000m                  | 1:38.03 | (39.25) |                |      |
|    |    | 1400m                      | 3:00.53                    | (58.55) | 1400m                  | 2:18.93 | (40.90) |                |      |
|    |    |                            |                            |         | 1800m                  | 3:05.73 | (46.80) |                |      |
|    |    |                            |                            |         | 2200m                  | 3:42.78 | (37.05) |                |      |
|    |    |                            |                            |         | 2600m                  | 4:25.59 | (42.81) |                |      |
|    |    |                            |                            |         | 3000m                  | 5:07.94 | (42.35) |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam               |                    |         | Cat   |                    |         | PR | Tijd           | Info |
|----|----|--------------------|--------------------|---------|-------|--------------------|---------|----|----------------|------|
| 65 | wt | 12                 | <b>Menno Brink</b> |         |       | HSA                |         |    | <b>5:10.53</b> |      |
|    | rd | 59                 | <b>Stan Rolfes</b> |         |       | HN3                |         |    | <b>6:04.53</b> |      |
|    |    | <b>Menno Brink</b> |                    |         |       | <b>Stan Rolfes</b> |         |    |                |      |
|    |    | 200m               | 23.23              | (23.23) | 200m  | 26.13              | (26.13) |    |                |      |
|    |    | 600m               | 59.36              | (36.13) | 600m  | 1:09.86            | (43.73) |    |                |      |
|    |    | 1000m              | 1:38.36            | (39.00) | 1000m | 1:56.11            | (46.25) |    |                |      |
|    |    | 1400m              | 2:19.65            | (41.29) | 1400m | 2:44.69            | (48.58) |    |                |      |
|    |    | 1800m              | 3:01.79            | (42.14) | 1800m | 3:33.42            | (48.73) |    |                |      |
|    |    | 2200m              | 3:44.54            | (42.75) | 2200m | 4:23.59            | (50.17) |    |                |      |
|    |    | 2600m              | 4:27.57            | (43.03) | 2600m | 5:14.43            | (50.84) |    |                |      |
|    |    | 3000m              | 5:10.53            | (42.96) | 3000m | 6:04.53            | (50.10) |    |                |      |

|    |    | Naam             |                       |         | Cat   |                       |         | PR | Tijd           | Info |
|----|----|------------------|-----------------------|---------|-------|-----------------------|---------|----|----------------|------|
| 66 | gl | 26               | <b>Ewout Vos</b>      |         |       | HN3                   |         |    | <b>5:11.22</b> |      |
|    | bl | 36               | <b>Thomas Hanhart</b> |         |       | HSA                   |         |    | <b>DNF</b>     |      |
|    |    | <b>Ewout Vos</b> |                       |         |       | <b>Thomas Hanhart</b> |         |    |                |      |
|    |    | 200m             | 24.48                 | (24.48) | 200m  | 27.13                 | (27.13) |    |                |      |
|    |    | 600m             | 1:02.82               | (38.34) | 600m  | 1:14.82               | (47.69) |    |                |      |
|    |    | 1000m            | 1:42.84               | (40.02) | 1000m | 2:07.28               | (52.46) |    |                |      |
|    |    | 1400m            | 2:23.89               | (41.05) | 1400m | 3:03.77               | (56.49) |    |                |      |
|    |    | 1800m            | 3:05.18               | (41.29) | 1800m | 4:02.79               | (59.02) |    |                |      |
|    |    | 2200m            | 3:47.63               | (42.45) | 2200m | 5:05.11               | (62.32) |    |                |      |
|    |    | 2600m            | 4:29.86               | (42.23) |       |                       |         |    |                |      |
|    |    | 3000m            | 5:11.22               | (41.36) |       |                       |         |    |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam              |                      | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|-------------------|----------------------|---------|----------------------|---------|---------|----------------|------|
| 67 | wt | 54                | <b>Dirk Grimm</b>    |         | HSA                  |         | 6:38.39 | <b>5:14.71</b> | PR   |
|    | rd | 39                | <b>Zevus Janssen</b> |         | HSA                  |         | 8:15.60 | <b>7:10.36</b> | PR   |
|    |    | <b>Dirk Grimm</b> |                      |         | <b>Zevus Janssen</b> |         |         |                |      |
|    |    | 200m              | 29.92                | (29.92) | 200m                 | 38.70   | (38.70) |                |      |
|    |    | 600m              | 59.85                | (29.93) | 600m                 | 1:17.41 | (38.71) |                |      |
|    |    | 1000m             | 1:38.73              | (38.88) | 1000m                | 2:11.47 | (54.06) |                |      |
|    |    | 1400m             | 2:18.97              | (40.24) | 1400m                | 3:08.75 | (57.28) |                |      |
|    |    | 1800m             | 3:00.55              | (41.58) | 1800m                | 4:08.40 | (59.65) |                |      |
|    |    | 2200m             | 3:44.41              | (43.86) | 2200m                | 5:09.19 | (60.79) |                |      |
|    |    | 2600m             | 4:30.46              | (46.05) | 2600m                | 6:09.81 | (60.62) |                |      |
|    |    | 3000m             | 5:14.71              | (44.25) | 3000m                | 7:10.36 | (60.55) |                |      |

|    |    | Naam              |                    | Cat     |                    | PR      |         | Tijd           | Info |
|----|----|-------------------|--------------------|---------|--------------------|---------|---------|----------------|------|
| 68 | gl | 22                | <b>Cas Smeets</b>  |         | HSA                |         | 6:31.87 | <b>6:17.55</b> | PR   |
|    | bl | 93                | <b>Joost Adams</b> |         | HSA                |         | 7:25.63 | <b>7:12.39</b> | PR   |
|    |    | <b>Cas Smeets</b> |                    |         | <b>Joost Adams</b> |         |         |                |      |
|    |    | 200m              | 26.32              | (26.32) | 200m               | 31.71   | (31.71) |                |      |
|    |    | 600m              | 1:10.74            | (44.42) | 600m               | 1:26.30 | (54.59) |                |      |
|    |    | 1000m             | 1:57.11            | (46.37) | 1000m              | 2:22.62 | (56.32) |                |      |
|    |    | 1400m             | 2:45.31            | (48.20) | 1400m              | 3:19.50 | (56.88) |                |      |
|    |    | 1800m             | 3:34.95            | (49.64) | 1800m              | 4:17.98 | (58.48) |                |      |
|    |    | 2200m             | 4:26.94            | (51.99) | 2200m              | 5:17.06 | (59.08) |                |      |
|    |    | 2600m             | 5:21.50            | (54.56) | 2600m              | 6:15.80 | (58.74) |                |      |
|    |    | 3000m             | 6:17.55            | (56.05) | 3000m              | 7:12.39 | (56.59) |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                 |                      |         | Cat                  |         |         | PR      | Tijd           | Info |
|----|----|----------------------|----------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 69 | wt | 89                   | <b>Jelmer Venema</b> |         | HN3                  |         |         | 6:31.04 | <b>6:10.32</b> | PR   |
|    | rd | 31                   | <b>Sytse Veersma</b> |         | HSA                  |         |         | 6:23.22 | <b>DNF</b>     |      |
|    |    | <b>Jelmer Venema</b> |                      |         | <b>Sytse Veersma</b> |         |         |         |                |      |
|    |    | 200m                 | 27.87                | (27.87) | 200m                 | 23.43   | (23.43) |         |                |      |
|    |    | 600m                 | 1:13.52              | (45.65) | 600m                 | 1:03.17 | (39.74) |         |                |      |
|    |    | 1000m                | 2:00.14              | (46.62) | 1000m                | 1:45.08 | (41.91) |         |                |      |
|    |    | 1400m                | 2:47.50              | (47.36) | 1400m                | 2:30.09 | (45.01) |         |                |      |
|    |    | 1800m                | 3:35.77              | (48.27) | 1800m                | 3:15.22 | (45.13) |         |                |      |
|    |    | 2200m                | 4:25.71              | (49.94) | 2200m                | 4:01.14 | (45.92) |         |                |      |
|    |    | 2600m                | 5:17.26              | (51.55) | 2600m                | 4:55.12 | (53.98) |         |                |      |
|    |    | 3000m                | 6:10.32              | (53.06) |                      |         |         |         |                |      |

|    |    | Naam               |                         |         | Cat                     |         |         | PR      | Tijd           | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|---------|---------|---------|----------------|------|
| 70 | gl | 11                 | <b>Hasin Ayari</b>      |         | HN3                     |         |         | 6:28.59 | <b>6:17.87</b> | PR   |
|    | bl | 27                 | <b>Rense Uitenbroek</b> |         | HSA                     |         |         | 6:26.22 | <b>5:54.12</b> | PR   |
|    |    | <b>Hasin Ayari</b> |                         |         | <b>Rense Uitenbroek</b> |         |         |         |                |      |
|    |    | 200m               | 28.22                   | (28.22) | 200m                    | 28.02   | (28.02) |         |                |      |
|    |    | 600m               | 1:13.68                 | (45.46) | 600m                    | 1:12.11 | (44.09) |         |                |      |
|    |    | 1000m              | 2:00.81                 | (47.13) | 1000m                   | 1:57.84 | (45.73) |         |                |      |
|    |    | 1400m              | 2:48.62                 | (47.81) | 1400m                   | 2:45.50 | (47.66) |         |                |      |
|    |    | 1800m              | 3:38.20                 | (49.58) | 1800m                   | 3:33.76 | (48.26) |         |                |      |
|    |    | 2200m              | 4:29.38                 | (51.18) | 2200m                   | 4:21.12 | (47.36) |         |                |      |
|    |    | 2600m              | 5:22.96                 | (53.58) | 2600m                   | 5:08.14 | (47.02) |         |                |      |
|    |    | 3000m              | 6:17.87                 | (54.91) | 3000m                   | 5:54.12 | (45.98) |         |                |      |



# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|----|----|---------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 71 | wt | 67                  | <b>Mats Verlaak</b>    |         | HSA                    |         |         | 6:21.79 | <b>5:23.97</b> | PR   |
|    | rd | 42                  | <b>Sven Paternotte</b> |         | HSA                    |         |         | 5:45.67 | <b>5:20.86</b> | PR   |
|    |    | <b>Mats Verlaak</b> |                        |         | <b>Sven Paternotte</b> |         |         |         |                |      |
|    |    | 200m                | 25.48                  | (25.48) | 200m                   | 24.59   | (24.59) |         |                |      |
|    |    | 600m                | 1:07.46                | (41.98) | 600m                   | 1:04.23 | (39.64) |         |                |      |
|    |    | 1000m               | 1:50.22                | (42.76) | 1000m                  | 1:45.66 | (41.43) |         |                |      |
|    |    | 1400m               | 2:32.82                | (42.60) | 1400m                  | 2:27.98 | (42.32) |         |                |      |
|    |    | 1800m               | 3:15.07                | (42.25) | 1800m                  | 3:10.99 | (43.01) |         |                |      |
|    |    | 2200m               | 3:57.65                | (42.58) | 2200m                  | 3:54.29 | (43.30) |         |                |      |
|    |    | 2600m               | 4:41.25                | (43.60) | 2600m                  | 4:37.84 | (43.55) |         |                |      |
|    |    | 3000m               | 5:23.97                | (42.72) | 3000m                  | 5:20.86 | (43.02) |         |                |      |

|    |    | Naam                |                     |         | Cat                 |         |         | PR      | Tijd           | Info |
|----|----|---------------------|---------------------|---------|---------------------|---------|---------|---------|----------------|------|
| 72 | gl | 13                  | <b>Floris Naber</b> |         | HSA                 |         |         | 5:53.11 | <b>5:17.94</b> | PR   |
|    | bl | 1                   | <b>Lars Huiting</b> |         | HN3                 |         |         | 5:43.61 | <b>5:49.29</b> |      |
|    |    | <b>Floris Naber</b> |                     |         | <b>Lars Huiting</b> |         |         |         |                |      |
|    |    | 200m                | 24.78               | (24.78) | 200m                | 24.78   | (24.78) |         |                |      |
|    |    | 600m                | 1:03.69             | (38.91) | 600m                | 1:03.27 | (38.49) |         |                |      |
|    |    | 1000m               | 1:44.26             | (40.57) | 1000m               | 1:44.37 | (41.10) |         |                |      |
|    |    | 1400m               | 2:27.08             | (42.82) | 1400m               | 2:28.71 | (44.34) |         |                |      |
|    |    | 1800m               | 3:09.86             | (42.78) | 1800m               | 3:15.98 | (47.27) |         |                |      |
|    |    | 2200m               | 3:52.38             | (42.52) | 2200m               | 4:04.78 | (48.80) |         |                |      |
|    |    | 2600m               | 4:35.38             | (43.00) | 2600m               | 4:56.27 | (51.49) |         |                |      |
|    |    | 3000m               | 5:17.94             | (42.56) | 3000m               | 5:49.29 | (53.02) |         |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam              |                     | Cat     |     | PR                  |         | Tijd    | Info              |
|----|----|-------------------|---------------------|---------|-----|---------------------|---------|---------|-------------------|
| 73 | wt | 86                | <b>Luc Dekker</b>   |         | HN4 |                     |         | 5:32.09 | <b>5:14.55</b> PR |
|    | rd | 20                | <b>Sybe Weening</b> |         | HN4 |                     |         | 5:16.37 | <b>5:19.77</b>    |
|    |    | <b>Luc Dekker</b> |                     |         |     | <b>Sybe Weening</b> |         |         |                   |
|    |    | 200m              | 23.92               | (23.92) |     | 200m                | 22.80   | (22.80) |                   |
|    |    | 600m              | 1:03.67             | (39.75) |     | 600m                | 1:02.19 | (39.39) |                   |
|    |    | 1000m             | 1:45.27             | (41.60) |     | 1000m               | 1:43.63 | (41.44) |                   |
|    |    | 1400m             | 2:26.60             | (41.33) |     | 1400m               | 2:25.26 | (41.63) |                   |
|    |    | 1800m             | 3:08.62             | (42.02) |     | 1800m               | 3:08.28 | (43.02) |                   |
|    |    | 2200m             | 3:51.50             | (42.88) |     | 2200m               | 3:51.48 | (43.20) |                   |
|    |    | 2600m             | 4:33.66             | (42.16) |     | 2600m               | 4:35.73 | (44.25) |                   |
|    |    | 3000m             | 5:14.55             | (40.89) |     | 3000m               | 5:19.77 | (44.04) |                   |

|    |    | Naam                 |                            | Cat     |     | PR                         |         | Tijd    | Info              |
|----|----|----------------------|----------------------------|---------|-----|----------------------------|---------|---------|-------------------|
| 74 | gl | 1                    | <b>Arthur Knibbe</b>       |         | HSA |                            |         | 5:17.04 | <b>5:09.48</b> PR |
|    | bl | 61                   | <b>Jesper Kussendrager</b> |         | HSA |                            |         | 5:27.99 | <b>5:36.38</b>    |
|    |    | <b>Arthur Knibbe</b> |                            |         |     | <b>Jesper Kussendrager</b> |         |         |                   |
|    |    | 200m                 | 21.86                      | (21.86) |     | 200m                       | 23.78   | (23.78) |                   |
|    |    | 600m                 | 59.82                      | (37.96) |     | 600m                       | 1:03.76 | (39.98) |                   |
|    |    | 1000m                | 1:39.92                    | (40.10) |     | 1000m                      | 1:46.36 | (42.60) |                   |
|    |    | 1400m                | 2:21.29                    | (41.37) |     | 1400m                      | 2:30.87 | (44.51) |                   |
|    |    | 1800m                | 3:03.45                    | (42.16) |     | 1800m                      | 3:15.79 | (44.92) |                   |
|    |    | 2200m                | 3:45.40                    | (41.95) |     | 2200m                      | 4:02.70 | (46.91) |                   |
|    |    | 2600m                | 4:28.10                    | (42.70) |     | 2600m                      | 4:49.56 | (46.86) |                   |
|    |    | 3000m                | 5:09.48                    | (41.38) |     | 3000m                      | 5:36.38 | (46.82) |                   |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                    |                         | Cat     |                       | PR      |         | Tijd    | Info              |
|----|----|-------------------------|-------------------------|---------|-----------------------|---------|---------|---------|-------------------|
| 75 | wt | 6                       | <b>Peter van Buiten</b> |         | HSA                   |         |         | 4:48.38 | <b>4:47.84</b> PR |
|    | rd | 79                      | <b>Jelmer de Hoop</b>   |         | HN4                   |         |         | 5:10.41 | <b>5:11.32</b>    |
|    |    | <b>Peter van Buiten</b> |                         |         | <b>Jelmer de Hoop</b> |         |         |         |                   |
|    |    | 200m                    | 21.54                   | (21.54) | 200m                  | 23.35   | (23.35) |         |                   |
|    |    | 600m                    | 57.48                   | (35.94) | 600m                  | 1:01.27 | (37.92) |         |                   |
|    |    | 1000m                   | 1:34.21                 | (36.73) | 1000m                 | 1:42.05 | (40.78) |         |                   |
|    |    | 1400m                   | 2:12.03                 | (37.82) | 1400m                 | 2:23.13 | (41.08) |         |                   |
|    |    | 1800m                   | 2:50.01                 | (37.98) | 1800m                 | 3:04.26 | (41.13) |         |                   |
|    |    | 2200m                   | 3:29.03                 | (39.02) | 2200m                 | 3:45.96 | (41.70) |         |                   |
|    |    | 2600m                   | 4:08.52                 | (39.49) | 2600m                 | 4:28.44 | (42.48) |         |                   |
|    |    | 3000m                   | 4:47.84                 | (39.32) | 3000m                 | 5:11.32 | (42.88) |         |                   |

|    |    | Naam                    |                         | Cat     |                      | PR      |         | Tijd    | Info              |
|----|----|-------------------------|-------------------------|---------|----------------------|---------|---------|---------|-------------------|
| 76 | gl | 9                       | <b>Colin Koenderink</b> |         | HN2                  |         |         | 5:01.10 | <b>5:00.29</b> PR |
|    | bl | 78                      | <b>Thijs Buisman</b>    |         | HN1                  |         |         | 5:05.16 | <b>4:55.12</b> PR |
|    |    | <b>Colin Koenderink</b> |                         |         | <b>Thijs Buisman</b> |         |         |         |                   |
|    |    | 200m                    | 22.51                   | (22.51) | 200m                 | 22.27   | (22.27) |         |                   |
|    |    | 600m                    | 59.65                   | (37.14) | 600m                 | 58.08   | (35.81) |         |                   |
|    |    | 1000m                   | 1:39.02                 | (39.37) | 1000m                | 1:35.62 | (37.54) |         |                   |
|    |    | 1400m                   | 2:19.20                 | (40.18) | 1400m                | 2:14.54 | (38.92) |         |                   |
|    |    | 1800m                   | 2:59.29                 | (40.09) | 1800m                | 2:54.11 | (39.57) |         |                   |
|    |    | 2200m                   | 3:40.05                 | (40.76) | 2200m                | 3:33.88 | (39.77) |         |                   |
|    |    | 2600m                   | 4:20.57                 | (40.52) | 2600m                | 4:14.36 | (40.48) |         |                   |
|    |    | 3000m                   | 5:00.29                 | (39.72) | 3000m                | 4:55.12 | (40.76) |         |                   |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                |                      | Cat     |                      | PR      |         | Tijd    | Info              |
|----|----|---------------------|----------------------|---------|----------------------|---------|---------|---------|-------------------|
| 77 | wt | 81                  | <b>Rens Hiddink</b>  |         | HN3                  |         |         | 4:44.21 | <b>4:43.12</b> PR |
|    | rd | 30                  | <b>Thomas Selles</b> |         | HN3                  |         |         | 4:45.62 | <b>4:43.61</b> PR |
|    |    | <b>Rens Hiddink</b> |                      |         | <b>Thomas Selles</b> |         |         |         |                   |
|    |    | 200m                | 21.23                | (21.23) | 200m                 | 20.97   | (20.97) |         |                   |
|    |    | 600m                | 57.00                | (35.77) | 600m                 | 54.57   | (33.60) |         |                   |
|    |    | 1000m               | 1:31.95              | (34.95) | 1000m                | 1:29.84 | (35.27) |         |                   |
|    |    | 1400m               | 2:08.95              | (37.00) | 1400m                | 2:06.57 | (36.73) |         |                   |
|    |    | 1800m               | 2:46.86              | (37.91) | 1800m                | 2:44.37 | (37.80) |         |                   |
|    |    | 2200m               | 3:25.33              | (38.47) | 2200m                | 3:23.06 | (38.69) |         |                   |
|    |    | 2600m               | 4:04.53              | (39.20) | 2600m                | 4:02.93 | (39.87) |         |                   |
|    |    | 3000m               | 4:43.12              | (38.59) | 3000m                | 4:43.61 | (40.68) |         |                   |

|    |    | Naam                  |                        | Cat     |                        | PR      |         | Tijd    | Info              |
|----|----|-----------------------|------------------------|---------|------------------------|---------|---------|---------|-------------------|
| 78 | gl | 14                    | <b>Daan Voorhoeve</b>  |         | HSA                    |         |         | 4:47.96 | <b>4:40.14</b> PR |
|    | bl | 4                     | <b>Loek Hendriksen</b> |         | HN4                    |         |         | 4:44.14 | <b>4:50.72</b>    |
|    |    | <b>Daan Voorhoeve</b> |                        |         | <b>Loek Hendriksen</b> |         |         |         |                   |
|    |    | 200m                  | 20.65                  | (20.65) | 200m                   | 21.88   | (21.88) |         |                   |
|    |    | 600m                  | 55.04                  | (34.39) | 600m                   | 56.84   | (34.96) |         |                   |
|    |    | 1000m                 | 1:30.32                | (35.28) | 1000m                  | 1:34.10 | (37.26) |         |                   |
|    |    | 1400m                 | 2:06.89                | (36.57) | 1400m                  | 2:11.65 | (37.55) |         |                   |
|    |    | 1800m                 | 2:43.58                | (36.69) | 1800m                  | 2:49.66 | (38.01) |         |                   |
|    |    | 2200m                 | 3:21.87                | (38.29) | 2200m                  | 3:28.91 | (39.25) |         |                   |
|    |    | 2600m                 | 4:00.34                | (38.47) | 2600m                  | 4:09.45 | (40.54) |         |                   |
|    |    | 3000m                 | 4:40.14                | (39.80) | 3000m                  | 4:50.72 | (41.27) |         |                   |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                   |                           |         | Cat                       |         |         | PR      | Tijd           | Info |
|----|----|------------------------|---------------------------|---------|---------------------------|---------|---------|---------|----------------|------|
| 79 | wt | 44                     | <b>Yoran Nijenhuis</b>    |         | HSA                       |         |         | 4:36.87 | <b>4:41.95</b> |      |
|    | rd | 2                      | <b>Fedor van der Laan</b> |         | HSA                       |         |         | 4:31.15 | <b>4:32.64</b> |      |
|    |    | <b>Yoran Nijenhuis</b> |                           |         | <b>Fedor van der Laan</b> |         |         |         |                |      |
|    |    | 200m                   | 21.45                     | (21.45) | 200m                      | 21.28   | (21.28) |         |                |      |
|    |    | 600m                   | 57.11                     | (35.66) | 600m                      | 54.95   | (33.67) |         |                |      |
|    |    | 1000m                  | 1:33.11                   | (36.00) | 1000m                     | 1:30.85 | (35.90) |         |                |      |
|    |    | 1400m                  | 2:09.45                   | (36.34) | 1400m                     | 2:06.80 | (35.95) |         |                |      |
|    |    | 1800m                  | 2:45.86                   | (36.41) | 1800m                     | 2:42.98 | (36.18) |         |                |      |
|    |    | 2200m                  | 3:23.23                   | (37.37) | 2200m                     | 3:19.28 | (36.30) |         |                |      |
|    |    | 2600m                  | 4:01.61                   | (38.38) | 2600m                     | 3:55.78 | (36.50) |         |                |      |
|    |    | 3000m                  | 4:41.95                   | (40.34) | 3000m                     | 4:32.64 | (36.86) |         |                |      |

|    |    | Naam                  |                       |         | Cat                  |         |         | PR      | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 80 | gl | 18                    | <b>Stan Krewinkel</b> |         | HSA                  |         |         | 4:43.98 | <b>4:39.08</b> | PR   |
|    | bl | 83                    | <b>Tjibbe Moller</b>  |         | HA1                  |         |         | 4:31.56 | <b>4:39.51</b> |      |
|    |    | <b>Stan Krewinkel</b> |                       |         | <b>Tjibbe Moller</b> |         |         |         |                |      |
|    |    | 200m                  | 21.45                 | (21.45) | 200m                 | 20.99   | (20.99) |         |                |      |
|    |    | 600m                  | 55.55                 | (34.10) | 600m                 | 55.37   | (34.38) |         |                |      |
|    |    | 1000m                 | 1:30.49               | (34.94) | 1000m                | 1:31.64 | (36.27) |         |                |      |
|    |    | 1400m                 | 2:07.18               | (36.69) | 1400m                | 2:08.16 | (36.52) |         |                |      |
|    |    | 1800m                 | 2:44.03               | (36.85) | 1800m                | 2:45.88 | (37.72) |         |                |      |
|    |    | 2200m                 | 3:21.63               | (37.60) | 2200m                | 3:23.60 | (37.72) |         |                |      |
|    |    | 2600m                 | 4:00.21               | (38.58) | 2600m                | 4:01.48 | (37.88) |         |                |      |
|    |    | 3000m                 | 4:39.08               | (38.87) | 3000m                | 4:39.51 | (38.03) |         |                |      |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                  |                         | Cat     |                         | PR      |         | Tijd           | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 81 | wt | 57                    | <b>Daniël Kooyman</b>   |         | HSA                     |         | 4:27.87 | <b>4:35.37</b> |      |
|    | rd | 64                    | <b>Udo van der Wier</b> |         | HN2                     |         | 4:24.04 | <b>4:30.12</b> |      |
|    |    | <b>Daniël Kooyman</b> |                         |         | <b>Udo van der Wier</b> |         |         |                |      |
|    |    | 200m                  | 20.97                   | (20.97) | 200m                    | 20.69   | (20.69) |                |      |
|    |    | 600m                  | 54.97                   | (34.00) | 600m                    | 52.80   | (32.11) |                |      |
|    |    | 1000m                 | 1:29.62                 | (34.65) | 1000m                   | 1:25.11 | (32.31) |                |      |
|    |    | 1400m                 | 2:05.19                 | (35.57) | 1400m                   | 1:58.88 | (33.77) |                |      |
|    |    | 1800m                 | 2:41.56                 | (36.37) | 1800m                   | 2:34.56 | (35.68) |                |      |
|    |    | 2200m                 | 3:18.85                 | (37.29) | 2200m                   | 3:12.08 | (37.52) |                |      |
|    |    | 2600m                 | 3:56.72                 | (37.87) | 2600m                   | 3:50.73 | (38.65) |                |      |
|    |    | 3000m                 | 4:35.37                 | (38.65) | 3000m                   | 4:30.12 | (39.39) |                |      |

|    |    | Naam                   |                        | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|------------------------|------------------------|---------|-----------------------|---------|---------|----------------|------|
| 82 | gl | 15                     | <b>Arthur Zijlstra</b> |         | HN3                   |         | 4:30.08 | <b>4:25.00</b> | PR   |
|    | bl | 16                     | <b>Florian Meijer</b>  |         | HSA                   |         | 4:26.84 | <b>4:47.29</b> |      |
|    |    | <b>Arthur Zijlstra</b> |                        |         | <b>Florian Meijer</b> |         |         |                |      |
|    |    | 200m                   | 20.41                  | (20.41) | 200m                  | 21.94   | (21.94) |                |      |
|    |    | 600m                   | 52.96                  | (32.55) | 600m                  | 57.86   | (35.92) |                |      |
|    |    | 1000m                  | 1:26.56                | (33.60) | 1000m                 | 1:35.09 | (37.23) |                |      |
|    |    | 1400m                  | 2:01.11                | (34.55) | 1400m                 | 2:11.77 | (36.68) |                |      |
|    |    | 1800m                  | 2:35.92                | (34.81) | 1800m                 | 2:48.99 | (37.22) |                |      |
|    |    | 2200m                  | 3:11.92                | (36.00) | 2200m                 | 3:27.16 | (38.17) |                |      |
|    |    | 2600m                  | 3:48.17                | (36.25) | 2600m                 | 4:07.47 | (40.31) |                |      |
|    |    | 3000m                  | 4:25.00                | (36.83) | 3000m                 | 4:47.29 | (39.82) |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                 |                       | Cat     |                       | PR      |         | Tijd    | Info              |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|---------|---------|-------------------|
| 83 | wt | 88                   | <b>Mark Withagen</b>  |         | HN1                   |         |         | 4:20.56 | <b>4:23.93</b>    |
|    | rd | 85                   | <b>Wester Landman</b> |         | HN3                   |         |         | 4:16.55 | <b>4:13.19</b> PR |
|    |    | <b>Mark Withagen</b> |                       |         | <b>Wester Landman</b> |         |         |         |                   |
|    |    | 200m                 | 20.32                 | (20.32) | 200m                  | 20.24   | (20.24) |         |                   |
|    |    | 600m                 | 52.64                 | (32.32) | 600m                  | 52.15   | (31.91) |         |                   |
|    |    | 1000m                | 1:25.70               | (33.06) | 1000m                 | 1:25.06 | (32.91) |         |                   |
|    |    | 1400m                | 2:00.30               | (34.60) | 1400m                 | 1:57.72 | (32.66) |         |                   |
|    |    | 1800m                | 2:35.42               | (35.12) | 1800m                 | 2:30.94 | (33.22) |         |                   |
|    |    | 2200m                | 3:11.11               | (35.69) | 2200m                 | 3:04.46 | (33.52) |         |                   |
|    |    | 2600m                | 3:47.61               | (36.50) | 2600m                 | 3:38.61 | (34.15) |         |                   |
|    |    | 3000m                | 4:23.93               | (36.32) | 3000m                 | 4:13.19 | (34.58) |         |                   |

|    |    | Naam                  |                       | Cat     |                       | PR      |         | Tijd    | Info           |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|
| 84 | gl | 90                    | <b>Jens Klootwijk</b> |         | HN2                   |         |         | 4:12.78 | <b>4:17.81</b> |
|    | bl | 65                    | <b>Bram ten Berge</b> |         | HA2                   |         |         | 4:19.21 | <b>4:39.74</b> |
|    |    | <b>Jens Klootwijk</b> |                       |         | <b>Bram ten Berge</b> |         |         |         |                |
|    |    | 200m                  | 20.00                 | (20.00) | 200m                  | 20.95   | (20.95) |         |                |
|    |    | 600m                  | 51.68                 | (31.68) | 600m                  | 57.31   | (36.36) |         |                |
|    |    | 1000m                 | 1:23.99               | (32.31) | 1000m                 | 1:33.76 | (36.45) |         |                |
|    |    | 1400m                 | 1:57.58               | (33.59) | 1400m                 | 2:10.71 | (36.95) |         |                |
|    |    | 1800m                 | 2:31.68               | (34.10) | 1800m                 | 2:47.70 | (36.99) |         |                |
|    |    | 2200m                 | 3:06.39               | (34.71) | 2200m                 | 3:24.83 | (37.13) |         |                |
|    |    | 2600m                 | 3:41.73               | (35.34) | 2600m                 | 4:02.26 | (37.43) |         |                |
|    |    | 3000m                 | 4:17.81               | (36.08) | 3000m                 | 4:39.74 | (37.48) |         |                |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                 |                        | Cat     |                        | PR      |         | Tijd    | Info              |
|----|----|----------------------|------------------------|---------|------------------------|---------|---------|---------|-------------------|
| 85 | wt | 68                   | <b>Lasse Hiddink</b>   |         | HSA                    |         |         | 3:55.76 | <b>4:25.22</b>    |
|    | rd | 72                   | <b>Colin Schrijver</b> |         | HSA                    |         |         | 4:12.18 | <b>4:08.58</b> PR |
|    |    | <b>Lasse Hiddink</b> |                        |         | <b>Colin Schrijver</b> |         |         |         |                   |
|    |    | 200m                 | 20.13                  | (20.13) | 200m                   | 19.95   | (19.95) |         |                   |
|    |    | 600m                 | 55.13                  | (35.00) | 600m                   | 51.69   | (31.74) |         |                   |
|    |    | 1000m                | 1:30.20                | (35.07) | 1000m                  | 1:24.35 | (32.66) |         |                   |
|    |    | 1400m                | 2:05.04                | (34.84) | 1400m                  | 1:57.14 | (32.79) |         |                   |
|    |    | 1800m                | 2:40.00                | (34.96) | 1800m                  | 2:29.86 | (32.72) |         |                   |
|    |    | 2200m                | 3:14.98                | (34.98) | 2200m                  | 3:02.51 | (32.65) |         |                   |
|    |    | 2600m                | 3:50.04                | (35.06) | 2600m                  | 3:35.34 | (32.83) |         |                   |
|    |    | 3000m                | 4:25.22                | (35.18) | 3000m                  | 4:08.58 | (33.24) |         |                   |

|    |    | Naam                      |                           | Cat     |                       | PR      |         | Tijd    | Info           |
|----|----|---------------------------|---------------------------|---------|-----------------------|---------|---------|---------|----------------|
| 86 | gl | 66                        | <b>Donald Stappenbelt</b> |         | HN2                   |         |         | 4:12.19 | <b>4:29.36</b> |
|    | bl | 49                        | <b>Danny Heijkoop</b>     |         | HN4                   |         |         | 4:09.32 | <b>4:20.29</b> |
|    |    | <b>Donald Stappenbelt</b> |                           |         | <b>Danny Heijkoop</b> |         |         |         |                |
|    |    | 200m                      | 20.11                     | (20.11) | 200m                  | 19.96   | (19.96) |         |                |
|    |    | 600m                      | 53.64                     | (33.53) | 600m                  | 52.52   | (32.56) |         |                |
|    |    | 1000m                     | 1:27.20                   | (33.56) | 1000m                 | 1:26.58 | (34.06) |         |                |
|    |    | 1400m                     | 2:01.51                   | (34.31) | 1400m                 | 2:00.77 | (34.19) |         |                |
|    |    | 1800m                     | 2:36.71                   | (35.20) | 1800m                 | 2:35.08 | (34.31) |         |                |
|    |    | 2200m                     | 2:57.05                   | (20.34) | 2200m                 | 3:09.71 | (34.63) |         |                |
|    |    | 2600m                     | 3:13.33                   | (16.28) | 2600m                 | 3:44.92 | (35.21) |         |                |
|    |    | 3000m                     | 4:29.36                   | (76.03) | 3000m                 | 4:20.29 | (35.37) |         |                |



# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

## 7. Uitslag Dames 1000 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 84 Bente Moller         | DN1 | 104  | I    | 1:26.75 | PR   |        |
| 2   | 28 Esther Withagen      | DN1 | 104  | O    | 1:26.78 |      |        |
| 3   | 2 Annick van der Woude  | DN4 | 103  | I    | 1:29.74 |      |        |
| 4   | 73 Alessandra Primavera | DSA | 101  | I    | 1:33.38 |      |        |
| 5   | 62 Lieve Bunt           | DA2 | 101  | O    | 1:33.64 |      |        |
| 6   | 82 Aniek Hesselink      | DN2 | 100  | O    | 1:36.26 |      |        |
| 7   | 56 Sonia Schipper       | DSA | 99   | O    | 1:36.42 | PR   |        |
| 8   | 53 Anne Schermer        | DN2 | 99   | I    | 1:36.44 | PR   |        |
| 9   | 47 Hiltje Gerritsma     | DSA | 102  | O    | 1:36.53 |      |        |
| 10  | 34 Marleen de Boer      | DN3 | 98   | I    | 1:37.43 |      |        |
| 11  | 38 Amélie Coremans      | DN3 | 100  | I    | 1:37.47 | PR   |        |
| 12  | 58 Eeke Weenink         | DN1 | 102  | I    | 1:37.52 |      |        |
| 13  | 71 Rosanne van der Post | DSA | 97   | O    | 1:41.64 |      |        |
| 14  | 19 Geanne Stol          | DN1 | 98   | O    | 1:44.14 |      |        |
| 15  | 94 Robin Geesken        | DSA | 97   | I    | 1:44.92 |      |        |
| 16  | 80 Saline Verkerk       | DN4 | 95   | O    | 1:44.98 | PR   |        |
| 17  | 8 Paulien Abma          | DN3 | 95   | I    | 1:46.82 | PR   |        |
| 18  | 25 Marijke de Jong      | DN3 | 96   | O    | 1:48.14 | PR   |        |
| 19  | 29 Leonie Jelsma        | DSA | 94   | O    | 1:50.24 | PR   |        |
| 20  | 35 Juliana Bruil        | DSA | 96   | I    | 1:50.99 | PR   |        |
| 21  | 75 Iris van Duinen      | DSA | 94   | I    | 1:56.11 |      |        |
| 22  | 77 Edmee Witmer         | DN3 | 93   | O    | 1:59.21 | PR   |        |
| 23  | 40 Marianne Westerhof   | DSA | 91   | I    | 2:05.98 |      |        |
| 24  | 43 Nynke Anjema         | DSA | 92   | O    | 2:06.66 |      |        |
| 25  | 55 Danique Hoever       | DN4 | 91   | O    | 2:08.42 | PR   |        |
| 26  | 45 Marith Wijtenhorst   | DN2 | 92   | I    | 2:12.47 |      |        |
| 27  | 63 Feline Waardenburg   | DSA | 90   | O    | 2:16.06 |      |        |
| 28  | 10 Annabel Rodewijk     | DN1 | 90   | I    | 2:20.21 |      |        |
| 29  | 91 Emma Janssen         | DN1 | 89   | I    | 2:41.42 | PR   |        |
| 30  | 17 Leonie Nijs          | DSA | 89   | O    | 2:53.93 |      |        |
|     | 76 Tess ten Dolle       | DN2 | 103  | O    | DQ      |      |        |
|     | 1 Quirine Krommendijk   | DN3 |      |      | WDR     |      |        |
|     | 23 Celine van der Vinne | DSA |      |      | WDR     |      |        |
|     | 74 Lisa Elzinga         | DSA |      |      | WDR     |      |        |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

## 7. Rituitslag Dames 1000 meter

|    |    | Naam                           | Cat | PR | Tijd                        | Info       |
|----|----|--------------------------------|-----|----|-----------------------------|------------|
| 87 | wt | 1 <b>Quirine Krommendijk</b>   | DN3 |    | 1:40.07                     | <b>WDR</b> |
|    | rd | 23 <b>Celine van der Vinne</b> | DSA |    | 2:14.83                     | <b>WDR</b> |
|    |    | <u>Quirine Krommendijk</u>     |     |    | <u>Celine van der Vinne</u> |            |

|    |    | Naam     | Cat | PR | Tijd     | Info |
|----|----|----------|-----|----|----------|------|
| 88 | gl |          |     |    |          |      |
|    | bl |          |     |    |          |      |
|    |    | <u>m</u> |     |    | <u>m</u> |      |

|    |    | Naam                   | Cat | PR                    | Tijd               | Info      |
|----|----|------------------------|-----|-----------------------|--------------------|-----------|
| 89 | wt | 91 <b>Emma Janssen</b> | DN1 | 2:47.10               | <b>2:41.42</b>     | <b>PR</b> |
|    | rd | 17 <b>Leonie Nijs</b>  | DSA |                       | <b>2:53.93</b>     |           |
|    |    | <u>Emma Janssen</u>    |     |                       | <u>Leonie Nijs</u> |           |
|    |    | 200m 35.57 (35.57)     |     | 200m 37.48 (37.48)    |                    |           |
|    |    | 600m 1:38.27 (62.70)   |     | 600m 1:44.19 (66.71)  |                    |           |
|    |    | 1000m 2:41.42 (63.15)  |     | 1000m 2:53.93 (69.74) |                    |           |

|    |    | Naam                         | Cat | PR                    | Tijd                      | Info |
|----|----|------------------------------|-----|-----------------------|---------------------------|------|
| 90 | gl | 10 <b>Annabel Rodewijk</b>   | DN1 | 2:14.40               | <b>2:20.21</b>            |      |
|    | bl | 63 <b>Feline Waardenburg</b> | DSA |                       | <b>2:16.06</b>            |      |
|    |    | <u>Annabel Rodewijk</u>      |     |                       | <u>Feline Waardenburg</u> |      |
|    |    | 200m 30.24 (30.24)           |     | 200m 30.66 (30.66)    |                           |      |
|    |    | 600m 1:23.65 (53.41)         |     | 600m 1:22.03 (51.37)  |                           |      |
|    |    | 1000m 2:20.21 (56.56)        |     | 1000m 2:16.06 (54.03) |                           |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|    |    | Naam                      |                           | Cat     |                        | PR      |         | Tijd    | Info              |
|----|----|---------------------------|---------------------------|---------|------------------------|---------|---------|---------|-------------------|
| 91 | wt | 40                        | <b>Marianne Westerhof</b> |         | DSA                    |         |         | 2:04.90 | <b>2:05.98</b>    |
|    | rd | 55                        | <b>Danique HoEVERS</b>    |         | DN4                    |         |         | 2:12.16 | <b>2:08.42</b> PR |
|    |    | <b>Marianne Westerhof</b> |                           |         | <b>Danique HoEVERS</b> |         |         |         |                   |
|    |    | 200m                      | 28.01                     | (28.01) | 200m                   | 29.01   | (29.01) |         |                   |
|    |    | 600m                      | 1:15.24                   | (47.23) | 600m                   | 1:18.35 | (49.34) |         |                   |
|    |    | 1000m                     | 2:05.98                   | (50.74) | 1000m                  | 2:08.42 | (50.07) |         |                   |

|    |    | Naam                      |                           | Cat     |                     | PR      |         | Tijd    | Info           |
|----|----|---------------------------|---------------------------|---------|---------------------|---------|---------|---------|----------------|
| 92 | gl | 45                        | <b>Marith Wijtenhorst</b> |         | DN2                 |         |         | 2:04.27 | <b>2:12.47</b> |
|    | bl | 43                        | <b>Nynke Anjema</b>       |         | DSA                 |         |         |         | <b>2:06.66</b> |
|    |    | <b>Marith Wijtenhorst</b> |                           |         | <b>Nynke Anjema</b> |         |         |         |                |
|    |    | 200m                      | 29.94                     | (29.94) | 200m                | 28.52   | (28.52) |         |                |
|    |    | 600m                      | 1:20.99                   | (51.05) | 600m                | 1:14.65 | (46.13) |         |                |
|    |    | 1000m                     | 2:12.47                   | (51.48) | 1000m               | 2:06.66 | (52.01) |         |                |

|    |    | Naam                |                     | Cat |                     | PR      |         | Tijd    | Info              |
|----|----|---------------------|---------------------|-----|---------------------|---------|---------|---------|-------------------|
| 93 | wt | 74                  | <b>Lisa Elzinga</b> |     | DSA                 |         |         | 1:48.65 | <b>WDR</b>        |
|    | rd | 77                  | <b>Edmee Witmer</b> |     | DN3                 |         |         | 2:07.79 | <b>1:59.21</b> PR |
|    |    | <b>Lisa Elzinga</b> |                     |     | <b>Edmee Witmer</b> |         |         |         |                   |
|    |    | 200m                |                     |     | 200m                | 26.51   | (26.51) |         |                   |
|    |    | 600m                |                     |     | 600m                | 1:11.73 | (45.22) |         |                   |
|    |    | 1000m               |                     |     | 1000m               | 1:59.21 | (47.48) |         |                   |

|    |    | Naam                   |                        | Cat     |                      | PR      |         | Tijd    | Info              |
|----|----|------------------------|------------------------|---------|----------------------|---------|---------|---------|-------------------|
| 94 | gl | 75                     | <b>Iris van Duinen</b> |         | DSA                  |         |         | 1:55.81 | <b>1:56.11</b>    |
|    | bl | 29                     | <b>Leonie Jelsma</b>   |         | DSA                  |         |         | 1:53.25 | <b>1:50.24</b> PR |
|    |    | <b>Iris van Duinen</b> |                        |         | <b>Leonie Jelsma</b> |         |         |         |                   |
|    |    | 200m                   | 26.03                  | (26.03) | 200m                 | 25.75   | (25.75) |         |                   |
|    |    | 600m                   | 1:08.81                | (42.78) | 600m                 | 1:07.26 | (41.51) |         |                   |
|    |    | 1000m                  | 1:56.11                | (47.30) | 1000m                | 1:50.24 | (42.98) |         |                   |

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|    |    | Naam                |                       |         | Cat                   |         |         | PR      | Tijd           | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 95 | wt | 8                   | <b>Paulien Abma</b>   |         | DN3                   |         |         | 1:47.05 | <b>1:46.82</b> | PR   |
|    | rd | 80                  | <b>Saline Verkerk</b> |         | DN4                   |         |         | 1:48.08 | <b>1:44.98</b> | PR   |
|    |    | <b>Paulien Abma</b> |                       |         | <b>Saline Verkerk</b> |         |         |         |                |      |
|    |    | 200m                | 24.37                 | (24.37) | 200m                  | 25.27   | (25.27) |         |                |      |
|    |    | 600m                | 1:04.58               | (40.21) | 600m                  | 1:04.69 | (39.42) |         |                |      |
|    |    | 1000m               | 1:46.82               | (42.24) | 1000m                 | 1:44.98 | (40.29) |         |                |      |

|    |    | Naam                 |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|----|----|----------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 96 | gl | 35                   | <b>Juliana Bruil</b>   |         | DSA                    |         |         | 1:52.35 | <b>1:50.99</b> | PR   |
|    | bl | 25                   | <b>Marijke de Jong</b> |         | DN3                    |         |         | 1:48.18 | <b>1:48.14</b> | PR   |
|    |    | <b>Juliana Bruil</b> |                        |         | <b>Marijke de Jong</b> |         |         |         |                |      |
|    |    | 200m                 | 25.79                  | (25.79) | 200m                   | 25.02   | (25.02) |         |                |      |
|    |    | 600m                 | 1:07.12                | (41.33) | 600m                   | 1:05.25 | (40.23) |         |                |      |
|    |    | 1000m                | 1:50.99                | (43.87) | 1000m                  | 1:48.14 | (42.89) |         |                |      |

|    |    | Naam                 |                             |         | Cat                         |         |         | PR      | Tijd           | Info |
|----|----|----------------------|-----------------------------|---------|-----------------------------|---------|---------|---------|----------------|------|
| 97 | wt | 94                   | <b>Robin Geesken</b>        |         | DSA                         |         |         | 1:43.83 | <b>1:44.92</b> |      |
|    | rd | 71                   | <b>Rosanne van der Post</b> |         | DSA                         |         |         | 1:40.56 | <b>1:41.64</b> |      |
|    |    | <b>Robin Geesken</b> |                             |         | <b>Rosanne van der Post</b> |         |         |         |                |      |
|    |    | 200m                 | 24.02                       | (24.02) | 200m                        | 23.34   | (23.34) |         |                |      |
|    |    | 600m                 | 1:03.15                     | (39.13) | 600m                        | 1:00.96 | (37.62) |         |                |      |
|    |    | 1000m                | 1:44.92                     | (41.77) | 1000m                       | 1:41.64 | (40.68) |         |                |      |

|    |    | Naam                   |                        |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 98 | gl | 34                     | <b>Marleen de Boer</b> |         | DN3                |         |         | 1:36.02 | <b>1:37.43</b> |      |
|    | bl | 19                     | <b>Geanne Stol</b>     |         | DN1                |         |         | 1:41.43 | <b>1:44.14</b> |      |
|    |    | <b>Marleen de Boer</b> |                        |         | <b>Geanne Stol</b> |         |         |         |                |      |
|    |    | 200m                   | 23.03                  | (23.03) | 200m               | 25.47   | (25.47) |         |                |      |
|    |    | 600m                   | 59.08                  | (36.05) | 600m               | 1:04.15 | (38.68) |         |                |      |
|    |    | 1000m                  | 1:37.43                | (38.35) | 1000m              | 1:44.14 | (39.99) |         |                |      |

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|    |    | Naam                 |                       | Cat     |                       | PR      |         | Tijd           | Info |
|----|----|----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 99 | wt | 53                   | <b>Anne Schermer</b>  |         | DN2                   |         | 1:36.47 | <b>1:36.44</b> | PR   |
|    | rd | 56                   | <b>Sonia Schipper</b> |         | DSA                   |         | 1:39.09 | <b>1:36.42</b> | PR   |
|    |    | <b>Anne Schermer</b> |                       |         | <b>Sonia Schipper</b> |         |         |                |      |
|    |    | 200m                 | 22.38                 | (22.38) | 200m                  | 22.39   | (22.39) |                |      |
|    |    | 600m                 | 58.44                 | (36.06) | 600m                  | 58.04   | (35.65) |                |      |
|    |    | 1000m                | 1:36.44               | (38.00) | 1000m                 | 1:36.42 | (38.38) |                |      |

|     |    | Naam                   |                        | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|------------------------|---------|---------|----------------|------|
| 100 | gl | 38                     | <b>Amélie Coremans</b> |         | DN3                    |         | 1:38.89 | <b>1:37.47</b> | PR   |
|     | bl | 82                     | <b>Aniek Hesselink</b> |         | DN2                    |         | 1:35.05 | <b>1:36.26</b> |      |
|     |    | <b>Amélie Coremans</b> |                        |         | <b>Aniek Hesselink</b> |         |         |                |      |
|     |    | 200m                   | 22.97                  | (22.97) | 200m                   | 22.79   | (22.79) |                |      |
|     |    | 600m                   | 58.76                  | (35.79) | 600m                   | 58.83   | (36.04) |                |      |
|     |    | 1000m                  | 1:37.47                | (38.71) | 1000m                  | 1:36.26 | (37.43) |                |      |

|     |    | Naam                        |                             | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|-----------------------------|-----------------------------|---------|-------------------|---------|---------|----------------|------|
| 101 | wt | 73                          | <b>Alessandra Primavera</b> |         | DSA               |         | 1:27.68 | <b>1:33.38</b> |      |
|     | rd | 62                          | <b>Lieve Bunt</b>           |         | DA2               |         | 1:30.38 | <b>1:33.64</b> |      |
|     |    | <b>Alessandra Primavera</b> |                             |         | <b>Lieve Bunt</b> |         |         |                |      |
|     |    | 200m                        | 21.81                       | (21.81) | 200m              | 20.67   | (20.67) |                |      |
|     |    | 600m                        | 56.56                       | (34.75) | 600m              | 55.59   | (34.92) |                |      |
|     |    | 1000m                       | 1:33.38                     | (36.82) | 1000m             | 1:33.64 | (38.05) |                |      |

|     |    | Naam                |                         | Cat     |                         | PR      |         | Tijd           | Info |
|-----|----|---------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 102 | gl | 58                  | <b>Eeke Weenink</b>     |         | DN1                     |         | 1:31.59 | <b>1:37.52</b> |      |
|     | bl | 47                  | <b>Hiltje Gerritsma</b> |         | DSA                     |         | 1:36.11 | <b>1:36.53</b> |      |
|     |    | <b>Eeke Weenink</b> |                         |         | <b>Hiltje Gerritsma</b> |         |         |                |      |
|     |    | 200m                | 22.98                   | (22.98) | 200m                    | 23.45   | (23.45) |                |      |
|     |    | 600m                | 58.96                   | (35.98) | 600m                    | 58.91   | (35.46) |                |      |
|     |    | 1000m               | 1:37.52                 | (38.56) | 1000m                   | 1:36.53 | (37.62) |                |      |

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|     |    | Naam                        |                             | Cat     |                       | PR |  | Tijd    | Info           |
|-----|----|-----------------------------|-----------------------------|---------|-----------------------|----|--|---------|----------------|
| 103 | wt | 2                           | <b>Annick van der Woude</b> |         | DN4                   |    |  | 1:26.99 | <b>1:29.74</b> |
|     | rd | 76                          | <b>Tess ten Dolle</b>       |         | DN2                   |    |  | 1:28.96 | <b>DQ</b>      |
|     |    | <b>Annick van der Woude</b> |                             |         | <b>Tess ten Dolle</b> |    |  |         |                |
|     |    | 200m                        | 20.95                       | (20.95) |                       |    |  |         |                |
|     |    | 600m                        | 54.08                       | (33.13) |                       |    |  |         |                |
|     |    | 1000m                       | 1:29.74                     | (35.66) |                       |    |  |         |                |

|     |    | Naam                |                        | Cat     |                        | PR    |         | Tijd    | Info              |
|-----|----|---------------------|------------------------|---------|------------------------|-------|---------|---------|-------------------|
| 104 | gl | 84                  | <b>Bente Moller</b>    |         | DN1                    |       |         | 1:26.82 | <b>1:26.75</b> PR |
|     | bl | 28                  | <b>Esther Withagen</b> |         | DN1                    |       |         | 1:23.26 | <b>1:26.78</b>    |
|     |    | <b>Bente Moller</b> |                        |         | <b>Esther Withagen</b> |       |         |         |                   |
|     |    | 200m                | 20.48                  | (20.48) |                        | 200m  | 20.45   | (20.45) |                   |
|     |    | 600m                | 52.25                  | (31.77) |                        | 600m  | 51.88   | (31.43) |                   |
|     |    | 1000m               | 1:26.75                | (34.50) |                        | 1000m | 1:26.78 | (34.90) |                   |

# NSK Allround

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## 9. Uitslag Heren 1500 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 85 Wester Landman      | HN3 | 130  | O    | 1:56.96 |      |        |
| 2   | 72 Colin Schrijver     | HSA | 130  | I    | 1:57.28 |      |        |
| 3   | 49 Danny Heijkoop      | HN4 | 129  | O    | 2:00.45 |      |        |
| 4   | 90 Jens Klootwijk      | HN2 | 129  | I    | 2:01.26 |      |        |
| 5   | 88 Mark Withagen       | HN1 | 127  | I    | 2:02.27 |      |        |
| 6   | 66 Donald Stappenbelt  | HN2 | 128  | O    | 2:03.41 |      |        |
| 7   | 68 Lasse Hiddink       | HSA | 128  | I    | 2:03.55 |      |        |
| 8   | 64 Udo van der Wier    | HN2 | 125  | O    | 2:04.53 |      |        |
| 9   | 15 Arthur Zijlstra     | HN3 | 127  | O    | 2:04.90 | PR   |        |
| 10  | 16 Florian Meijer      | HSA | 123  | I    | 2:06.45 |      |        |
|     | 18 Stan Krewinkel      | HSA | 124  | I    | 2:06.45 | PR   |        |
| 12  | 83 Tjibbe Moller       | HA1 | 124  | O    | 2:07.12 | PR   |        |
| 13  | 57 Daniël Kooyman      | HSA | 126  | I    | 2:07.62 |      |        |
| 14  | 14 Daan Voorhoeve      | HSA | 125  | I    | 2:08.19 | PR   |        |
| 15  | 44 Yoran Nijenhuis     | HSA | 122  | O    | 2:08.82 |      |        |
| 16  | 65 Bram ten Berge      | HA2 | 123  | O    | 2:09.43 |      |        |
| 17  | 30 Thomas Selles       | HN3 | 126  | O    | 2:12.30 |      |        |
| 18  | 6 Peter van Buiten     | HSA | 121  | O    | 2:13.82 | PR   |        |
| 19  | 4 Loek Hendriksen      | HN4 | 122  | I    | 2:14.45 |      |        |
| 20  | 78 Thijs Buisman       | HN1 | 120  | O    | 2:15.04 | PR   |        |
| 21  | 81 Rens Hiddink        | HN3 | 121  | I    | 2:17.54 |      |        |
| 22  | 9 Colin Koenderink     | HN2 | 119  | O    | 2:20.59 | PR   |        |
| 23  | 26 Ewout Vos           | HN3 | 118  | O    | 2:20.81 | PR   |        |
| 24  | 48 Harmen Nanninga     | HSA | 120  | I    | 2:20.85 |      |        |
| 25  | 54 Dirk Grimm          | HSA | 118  | I    | 2:22.00 |      |        |
| 26  | 12 Menno Brink         | HSA | 119  | I    | 2:23.34 |      |        |
| 27  | 20 Sybe Weening        | HN4 | 117  | O    | 2:23.50 |      |        |
| 28  | 79 Jelmer de Hoop      | HN4 | 117  | I    | 2:23.57 | PR   |        |
| 29  | 86 Luc Dekker          | HN4 | 115  | O    | 2:25.74 | PR   |        |
| 30  | 42 Sven Paternotte     | HSA | 116  | I    | 2:26.48 | PR   |        |
| 31  | 13 Floris Naber        | HSA | 115  | I    | 2:27.38 | PR   |        |
| 32  | 67 Mats Verlaak        | HSA | 114  | I    | 2:28.51 | PR   |        |
| 33  | 1 Lars Huiting         | HN3 | 114  | O    | 2:29.60 | PR   |        |
| 34  | 61 Jesper Kussendrager | HSA | 116  | O    | 2:30.12 |      |        |
| 35  | 31 Sytse Veersma       | HSA | 110  | I    | 2:33.06 | PR   |        |
| 36  | 33 Jelte van der Zwaag | HN2 | 113  | I    | 2:37.07 |      |        |
| 37  | 51 Teun Zwanenburg     | HN1 | 113  | O    | 2:37.59 |      |        |
| 38  | 22 Cas Smeets          | HSA | 112  | O    | 2:42.75 | PR   |        |

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| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 59 Stan Rolfes         | HN3 | 111  | O    | 2:43.98 |      |        |
| 40  | 11 Hasin Ayari         | HN3 | 111  | I    | 2:45.28 | PR   |        |
| 41  | 89 Jelmer Venema       | HN3 | 112  | I    | 2:50.69 | PR   |        |
| 42  | 27 Rense Uitenbroek    | HSA | 110  | O    | 2:52.83 | PR   |        |
| 43  | 39 Zevus Janssen       | HSA | 109  | I    | 2:57.19 | PR   |        |
| 44  | 93 Joost Adams         | HSA | 109  | O    | 3:08.79 |      |        |
| 45  | 36 Thomas Hanhart      | HSA | 108  | O    | 3:09.71 |      |        |
| 46  | 69 Roel Hoogeveen      | HN3 | 107  | I    | 3:49.65 | PR   |        |
|     | 92 Bernard den Boogert | HN1 | 108  | I    | DQ      |      |        |



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## 9. Rituitslag Heren 1500 meter

|     | Naam     | Cat | PR | Tijd | Info |
|-----|----------|-----|----|------|------|
| 105 | wt<br>rd |     |    |      |      |
|     | m        | m   |    |      |      |

|     | Naam     | Cat | PR | Tijd | Info |
|-----|----------|-----|----|------|------|
| 106 | gl<br>bl |     |    |      |      |
|     | m        | m   |    |      |      |

|     | Naam     | Cat                      | PR              | Tijd    | Info              |
|-----|----------|--------------------------|-----------------|---------|-------------------|
| 107 | wt<br>rd | 69 <b>Roel Hoogeveen</b> | HN3             | 4:08.30 | <b>3:49.65</b> PR |
|     |          | <b>Roel Hoogeveen</b>    |                 |         |                   |
|     |          | 300m                     | 44.80 (44.80)   | m       |                   |
|     |          | 700m                     | 1:44.10 (59.30) |         |                   |
|     |          | 1100m                    | 2:47.33 (63.23) |         |                   |
|     |          | 1500m                    | 3:49.65 (62.32) |         |                   |

|     | Naam     | Cat                           | PR              | Tijd    | Info           |
|-----|----------|-------------------------------|-----------------|---------|----------------|
| 108 | gl<br>bl | 92 <b>Bernard den Boogert</b> | HN1             |         | <b>DQ</b>      |
|     |          | 36 <b>Thomas Hanhart</b>      | HSA             | 2:49.41 | <b>3:09.71</b> |
|     |          | <b>Bernard den Boogert</b>    |                 |         |                |
|     |          | 300m                          | 38.26 (38.26)   |         |                |
|     |          | 700m                          | 1:25.44 (47.18) |         |                |
|     |          | 1100m                         | 2:12.41 (46.97) |         |                |
|     |          | 1500m                         | 2:59.42 (47.01) |         |                |
|     |          | <b>Thomas Hanhart</b>         |                 |         |                |
|     |          | 300m                          | 36.94 (36.94)   |         |                |
|     |          | 700m                          | 1:25.18 (48.24) |         |                |
|     |          | 1100m                         | 2:17.34 (52.16) |         |                |
|     |          | 1500m                         | 3:09.71 (52.37) |         |                |

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|     |    | Naam                       | Cat     |         | PR                      | Tijd           | Info    |
|-----|----|----------------------------|---------|---------|-------------------------|----------------|---------|
| 109 | wt | 39 <b>Zevus Janssen</b>    | HSA     |         | 2:57.36                 | <b>2:57.19</b> | PR      |
|     | rd | 93 <b>Joost Adams</b>      | HSA     |         |                         | <b>3:08.79</b> |         |
|     |    | <b>Zevus Janssen</b>       |         |         | <b>Joost Adams</b>      |                |         |
|     |    | 300m                       | 33.03   | (33.03) | 300m                    | 39.32          | (39.32) |
|     |    | 700m                       | 1:16.50 | (43.47) | 700m                    | 1:27.69        | (48.37) |
|     |    | 1100m                      | 2:05.29 | (48.79) | 1100m                   | 2:18.11        | (50.42) |
|     |    | 1500m                      | 2:57.19 | (51.90) | 1500m                   | 3:08.79        | (50.68) |
|     |    | Naam                       | Cat     |         | PR                      | Tijd           | Info    |
| 110 | gl | 31 <b>Sytse Veersma</b>    | HSA     |         | 2:47.53                 | <b>2:33.06</b> | PR      |
|     | bl | 27 <b>Rense Uitenbroek</b> | HSA     |         | 2:58.08                 | <b>2:52.83</b> | PR      |
|     |    | <b>Sytse Veersma</b>       |         |         | <b>Rense Uitenbroek</b> |                |         |
|     |    | 300m                       | 30.99   | (30.99) | 300m                    | 37.19          | (37.19) |
|     |    | 700m                       | 1:08.64 | (37.65) | 700m                    | 1:21.55        | (44.36) |
|     |    | 1100m                      | 1:49.68 | (41.04) | 1100m                   | 2:07.13        | (45.58) |
|     |    | 1500m                      | 2:33.06 | (43.38) | 1500m                   | 2:52.83        | (45.70) |
|     |    | Naam                       | Cat     |         | PR                      | Tijd           | Info    |
| 111 | wt | 11 <b>Hasin Ayari</b>      | HN3     |         | 2:47.40                 | <b>2:45.28</b> | PR      |
|     | rd | 59 <b>Stan Rolfes</b>      | HN3     |         |                         | <b>2:43.98</b> |         |
|     |    | <b>Hasin Ayari</b>         |         |         | <b>Stan Rolfes</b>      |                |         |
|     |    | 300m                       | 32.85   | (32.85) | 300m                    | 34.43          | (34.43) |
|     |    | 700m                       | 1:13.84 | (40.99) | 700m                    | 1:15.50        | (41.07) |
|     |    | 1100m                      | 1:58.43 | (44.59) | 1100m                   | 1:59.40        | (43.90) |
|     |    | 1500m                      | 2:45.28 | (46.85) | 1500m                   | 2:43.98        | (44.58) |
|     |    | Naam                       | Cat     |         | PR                      | Tijd           | Info    |
| 112 | gl | 89 <b>Jelmer Venema</b>    | HN3     |         | 2:55.39                 | <b>2:50.69</b> | PR      |
|     | bl | 22 <b>Cas Smeets</b>       | HSA     |         | 2:59.19                 | <b>2:42.75</b> | PR      |
|     |    | <b>Jelmer Venema</b>       |         |         | <b>Cas Smeets</b>       |                |         |
|     |    | 300m                       | 36.17   | (36.17) | 300m                    | 34.44          | (34.44) |
|     |    | 700m                       | 1:17.97 | (41.80) | 700m                    | 1:15.27        | (40.83) |
|     |    | 1100m                      | 2:03.57 | (45.60) | 1100m                   | 1:58.12        | (42.85) |
|     |    | 1500m                      | 2:50.69 | (47.12) | 1500m                   | 2:42.75        | (44.63) |

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                       |                            |         | Cat                        | PR      | Tijd           | Info |
|-----|----|----------------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 113 | wt | 33                         | <b>Jelte van der Zwaag</b> |         | HN2                        |         | <b>2:37.07</b> |      |
|     | rd | 51                         | <b>Teun Zwanenburg</b>     |         | HN1                        |         | <b>2:37.59</b> |      |
|     |    | <u>Jelte van der Zwaag</u> |                            |         | <u>Teun Zwanenburg</u>     |         |                |      |
|     |    | 300m                       | 34.86                      | (34.86) | 300m                       | 33.66   | (33.66)        |      |
|     |    | 700m                       | 1:15.58                    | (40.72) | 700m                       | 1:13.41 | (39.75)        |      |
|     |    | 1100m                      | 1:56.31                    | (40.73) | 1100m                      | 1:54.93 | (41.52)        |      |
|     |    | 1500m                      | 2:37.07                    | (40.76) | 1500m                      | 2:37.59 | (42.66)        |      |
|     |    | Naam                       |                            |         | Cat                        | PR      | Tijd           | Info |
| 114 | gl | 67                         | <b>Mats Verlaak</b>        |         | HSA                        | 2:34.57 | <b>2:28.51</b> | PR   |
|     | bl | 1                          | <b>Lars Huiting</b>        |         | HN3                        | 2:34.09 | <b>2:29.60</b> | PR   |
|     |    | <u>Mats Verlaak</u>        |                            |         | <u>Lars Huiting</u>        |         |                |      |
|     |    | 300m                       | 32.45                      | (32.45) | 300m                       | 30.54   | (30.54)        |      |
|     |    | 700m                       | 1:10.27                    | (37.82) | 700m                       | 1:06.66 | (36.12)        |      |
|     |    | 1100m                      | 1:49.62                    | (39.35) | 1100m                      | 1:46.71 | (40.05)        |      |
|     |    | 1500m                      | 2:28.51                    | (38.89) | 1500m                      | 2:29.60 | (42.89)        |      |
|     |    | Naam                       |                            |         | Cat                        | PR      | Tijd           | Info |
| 115 | wt | 13                         | <b>Floris Naber</b>        |         | HSA                        | 2:42.63 | <b>2:27.38</b> | PR   |
|     | rd | 86                         | <b>Luc Dekker</b>          |         | HN4                        | 2:27.19 | <b>2:25.74</b> | PR   |
|     |    | <u>Floris Naber</u>        |                            |         | <u>Luc Dekker</u>          |         |                |      |
|     |    | 300m                       | 32.50                      | (32.50) | 300m                       | 32.19   | (32.19)        |      |
|     |    | 700m                       | 1:09.64                    | (37.14) | 700m                       | 1:09.45 | (37.26)        |      |
|     |    | 1100m                      | 1:48.06                    | (38.42) | 1100m                      | 1:47.98 | (38.53)        |      |
|     |    | 1500m                      | 2:27.38                    | (39.32) | 1500m                      | 2:25.74 | (37.76)        |      |
|     |    | Naam                       |                            |         | Cat                        | PR      | Tijd           | Info |
| 116 | gl | 42                         | <b>Sven Paternotte</b>     |         | HSA                        | 2:28.90 | <b>2:26.48</b> | PR   |
|     | bl | 61                         | <b>Jesper Kussendrager</b> |         | HSA                        | 2:26.69 | <b>2:30.12</b> |      |
|     |    | <u>Sven Paternotte</u>     |                            |         | <u>Jesper Kussendrager</u> |         |                |      |
|     |    | 300m                       | 31.18                      | (31.18) | 300m                       | 31.03   | (31.03)        |      |
|     |    | 700m                       | 1:06.96                    | (35.78) | 700m                       | 1:06.93 | (35.90)        |      |
|     |    | 1100m                      | 1:45.55                    | (38.59) | 1100m                      | 1:46.96 | (40.03)        |      |
|     |    | 1500m                      | 2:26.48                    | (40.93) | 1500m                      | 2:30.12 | (43.16)        |      |

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                  |                       | Cat     |                     | PR      |         | Tijd    | Info              |
|-----|----|-----------------------|-----------------------|---------|---------------------|---------|---------|---------|-------------------|
| 117 | wt | 79                    | <b>Jelmer de Hoop</b> |         | HN4                 |         |         | 2:27.78 | <b>2:23.57</b> PR |
|     | rd | 20                    | <b>Sybe Weening</b>   |         | HN4                 |         |         | 2:22.13 | <b>2:23.50</b>    |
|     |    | <b>Jelmer de Hoop</b> |                       |         | <b>Sybe Weening</b> |         |         |         |                   |
|     |    | 300m                  | 30.22                 | (30.22) | 300m                | 29.60   | (29.60) |         |                   |
|     |    | 700m                  | 1:06.09               | (35.87) | 700m                | 1:05.41 | (35.81) |         |                   |
|     |    | 1100m                 | 1:43.92               | (37.83) | 1100m               | 1:43.97 | (38.56) |         |                   |
|     |    | 1500m                 | 2:23.57               | (39.65) | 1500m               | 2:23.50 | (39.53) |         |                   |

|     |    | Naam              |                   | Cat     |                  | PR      |         | Tijd    | Info              |
|-----|----|-------------------|-------------------|---------|------------------|---------|---------|---------|-------------------|
| 118 | gl | 54                | <b>Dirk Grimm</b> |         | HSA              |         |         | 2:18.23 | <b>2:22.00</b>    |
|     | bl | 26                | <b>Ewout Vos</b>  |         | HN3              |         |         | 2:30.24 | <b>2:20.81</b> PR |
|     |    | <b>Dirk Grimm</b> |                   |         | <b>Ewout Vos</b> |         |         |         |                   |
|     |    | 300m              | 31.17             | (31.17) | 300m             | 30.88   | (30.88) |         |                   |
|     |    | 700m              | 1:06.46           | (35.29) | 700m             | 1:06.22 | (35.34) |         |                   |
|     |    | 1100m             | 1:43.32           | (36.86) | 1100m            | 1:43.58 | (37.36) |         |                   |
|     |    | 1500m             | 2:22.00           | (38.68) | 1500m            | 2:20.81 | (37.23) |         |                   |

|     |    | Naam               |                         | Cat     |                         | PR      |         | Tijd    | Info              |
|-----|----|--------------------|-------------------------|---------|-------------------------|---------|---------|---------|-------------------|
| 119 | wt | 12                 | <b>Menno Brink</b>      |         | HSA                     |         |         |         | <b>2:23.34</b>    |
|     | rd | 9                  | <b>Colin Koenderink</b> |         | HN2                     |         |         | 2:27.09 | <b>2:20.59</b> PR |
|     |    | <b>Menno Brink</b> |                         |         | <b>Colin Koenderink</b> |         |         |         |                   |
|     |    | 300m               | 30.42                   | (30.42) | 300m                    | 29.54   | (29.54) |         |                   |
|     |    | 700m               | 1:05.67                 | (35.25) | 700m                    | 1:04.77 | (35.23) |         |                   |
|     |    | 1100m              | 1:43.53                 | (37.86) | 1100m                   | 1:42.42 | (37.65) |         |                   |
|     |    | 1500m              | 2:23.34                 | (39.81) | 1500m                   | 2:20.59 | (38.17) |         |                   |

|     |    | Naam                   |                        | Cat     |                      | PR      |         | Tijd    | Info              |
|-----|----|------------------------|------------------------|---------|----------------------|---------|---------|---------|-------------------|
| 120 | gl | 48                     | <b>Harmen Nanninga</b> |         | HSA                  |         |         |         | <b>2:20.85</b>    |
|     | bl | 78                     | <b>Thijs Buisman</b>   |         | HN1                  |         |         | 2:15.88 | <b>2:15.04</b> PR |
|     |    | <b>Harmen Nanninga</b> |                        |         | <b>Thijs Buisman</b> |         |         |         |                   |
|     |    | 300m                   | 29.78                  | (29.78) | 300m                 | 28.02   | (28.02) |         |                   |
|     |    | 700m                   | 1:04.48                | (34.70) | 700m                 | 1:00.80 | (32.78) |         |                   |
|     |    | 1100m                  | 1:41.73                | (37.25) | 1100m                | 1:36.05 | (35.25) |         |                   |
|     |    | 1500m                  | 2:20.85                | (39.12) | 1500m                | 2:15.04 | (38.99) |         |                   |

# NSK Allround

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30 november en 1 december 2024

|     |    | Naam                   |                         |         | Cat                     | PR      | Tijd           | Info |
|-----|----|------------------------|-------------------------|---------|-------------------------|---------|----------------|------|
| 121 | wt | 81                     | <b>Rens Hiddink</b>     |         | HN3                     | 2:15.43 | <b>2:17.54</b> |      |
|     | rd | 6                      | <b>Peter van Buiten</b> |         | HSA                     | 2:14.12 | <b>2:13.82</b> | PR   |
|     |    | <b>Rens Hiddink</b>    |                         |         | <b>Peter van Buiten</b> |         |                |      |
|     |    | 300m                   | 29.65                   | (29.65) | 300m                    | 28.36   | (28.36)        |      |
|     |    | 700m                   | 1:04.47                 | (34.82) | 700m                    | 1:02.30 | (33.94)        |      |
|     |    | 1100m                  | 1:40.62                 | (36.15) | 1100m                   | 1:38.16 | (35.86)        |      |
|     |    | 1500m                  | 2:17.54                 | (36.92) | 1500m                   | 2:13.82 | (35.66)        |      |
|     |    | Naam                   |                         |         | Cat                     | PR      | Tijd           | Info |
| 122 | gl | 4                      | <b>Loek Hendriksen</b>  |         | HN4                     | 2:11.16 | <b>2:14.45</b> |      |
|     | bl | 44                     | <b>Yoran Nijenhuis</b>  |         | HSA                     | 2:04.37 | <b>2:08.82</b> |      |
|     |    | <b>Loek Hendriksen</b> |                         |         | <b>Yoran Nijenhuis</b>  |         |                |      |
|     |    | 300m                   | 27.79                   | (27.79) | 300m                    | 27.23   | (27.23)        |      |
|     |    | 700m                   | 59.43                   | (31.64) | 700m                    | 58.95   | (31.72)        |      |
|     |    | 1100m                  | 1:35.07                 | (35.64) | 1100m                   | 1:32.67 | (33.72)        |      |
|     |    | 1500m                  | 2:14.45                 | (39.38) | 1500m                   | 2:08.82 | (36.15)        |      |
|     |    | Naam                   |                         |         | Cat                     | PR      | Tijd           | Info |
| 123 | wt | 16                     | <b>Florian Meijer</b>   |         | HSA                     | 2:02.75 | <b>2:06.45</b> |      |
|     | rd | 65                     | <b>Bram ten Berge</b>   |         | HA2                     | 2:02.30 | <b>2:09.43</b> |      |
|     |    | <b>Florian Meijer</b>  |                         |         | <b>Bram ten Berge</b>   |         |                |      |
|     |    | 300m                   | 27.19                   | (27.19) | 300m                    | 27.37   | (27.37)        |      |
|     |    | 700m                   | 57.46                   | (30.27) | 700m                    | 59.55   | (32.18)        |      |
|     |    | 1100m                  | 1:30.59                 | (33.13) | 1100m                   | 1:33.62 | (34.07)        |      |
|     |    | 1500m                  | 2:06.45                 | (35.86) | 1500m                   | 2:09.43 | (35.81)        |      |
|     |    | Naam                   |                         |         | Cat                     | PR      | Tijd           | Info |
| 124 | gl | 18                     | <b>Stan Krewinkel</b>   |         | HSA                     | 2:07.96 | <b>2:06.45</b> | PR   |
|     | bl | 83                     | <b>Tjibbe Moller</b>    |         | HA1                     | 2:08.46 | <b>2:07.12</b> | PR   |
|     |    | <b>Stan Krewinkel</b>  |                         |         | <b>Tjibbe Moller</b>    |         |                |      |
|     |    | 300m                   | 27.42                   | (27.42) | 300m                    | 26.99   | (26.99)        |      |
|     |    | 700m                   | 58.67                   | (31.25) | 700m                    | 57.64   | (30.65)        |      |
|     |    | 1100m                  | 1:31.84                 | (33.17) | 1100m                   | 1:31.14 | (33.50)        |      |
|     |    | 1500m                  | 2:06.45                 | (34.61) | 1500m                   | 2:07.12 | (35.98)        |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                         | Cat     |         | PR                        | Tijd           | Info    |
|-----|----|------------------------------|---------|---------|---------------------------|----------------|---------|
| 125 | wt | 14 <b>Daan Voorhoeve</b>     | HSA     |         | 2:09.24                   | <b>2:08.19</b> | PR      |
|     | rd | 64 <b>Udo van der Wier</b>   | HN2     |         | 2:02.00                   | <b>2:04.53</b> |         |
|     |    | <b>Daan Voorhoeve</b>        |         |         | <b>Udo van der Wier</b>   |                |         |
|     |    | 300m                         | 27.24   | (27.24) | 300m                      | 26.81          | (26.81) |
|     |    | 700m                         | 58.83   | (31.59) | 700m                      | 56.66          | (29.85) |
|     |    | 1100m                        | 1:32.42 | (33.59) | 1100m                     | 1:28.90        | (32.24) |
|     |    | 1500m                        | 2:08.19 | (35.77) | 1500m                     | 2:04.53        | (35.63) |
|     |    | Naam                         | Cat     |         | PR                        | Tijd           | Info    |
| 126 | gl | 57 <b>Daniël Kooyman</b>     | HSA     |         | 2:03.46                   | <b>2:07.62</b> |         |
|     | bl | 30 <b>Thomas Selles</b>      | HN3     |         | 2:00.39                   | <b>2:12.30</b> |         |
|     |    | <b>Daniël Kooyman</b>        |         |         | <b>Thomas Selles</b>      |                |         |
|     |    | 300m                         | 26.83   | (26.83) | 300m                      | 26.48          | (26.48) |
|     |    | 700m                         | 58.14   | (31.31) | 700m                      | 57.66          | (31.18) |
|     |    | 1100m                        | 1:31.74 | (33.60) | 1100m                     | 1:32.99        | (35.33) |
|     |    | 1500m                        | 2:07.62 | (35.88) | 1500m                     | 2:12.30        | (39.31) |
|     |    | Naam                         | Cat     |         | PR                        | Tijd           | Info    |
| 127 | wt | 88 <b>Mark Withagen</b>      | HN1     |         | 1:58.07                   | <b>2:02.27</b> |         |
|     | rd | 15 <b>Arthur Zijlstra</b>    | HN3     |         | 2:04.92                   | <b>2:04.90</b> | PR      |
|     |    | <b>Mark Withagen</b>         |         |         | <b>Arthur Zijlstra</b>    |                |         |
|     |    | 300m                         | 25.95   | (25.95) | 300m                      | 26.73          | (26.73) |
|     |    | 700m                         | 55.58   | (29.63) | 700m                      | 57.25          | (30.52) |
|     |    | 1100m                        | 1:27.65 | (32.07) | 1100m                     | 1:30.19        | (32.94) |
|     |    | 1500m                        | 2:02.27 | (34.62) | 1500m                     | 2:04.90        | (34.71) |
|     |    | Naam                         | Cat     |         | PR                        | Tijd           | Info    |
| 128 | gl | 68 <b>Lasse Hiddink</b>      | HSA     |         | 1:51.41                   | <b>2:03.55</b> |         |
|     | bl | 66 <b>Donald Stappenbelt</b> | HN2     |         | 1:55.00                   | <b>2:03.41</b> |         |
|     |    | <b>Lasse Hiddink</b>         |         |         | <b>Donald Stappenbelt</b> |                |         |
|     |    | 300m                         | 26.97   | (26.97) | 300m                      | 26.30          | (26.30) |
|     |    | 700m                         | 57.73   | (30.76) | 700m                      | 56.17          | (29.87) |
|     |    | 1100m                        | 1:30.41 | (32.68) | 1100m                     | 1:28.68        | (32.51) |
|     |    | 1500m                        | 2:03.55 | (33.14) | 1500m                     | 2:03.41        | (34.73) |

# NSK Allround

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|       |    | Naam                   |                        |         | Cat                   |         |         | PR      | Tijd           | Info |
|-------|----|------------------------|------------------------|---------|-----------------------|---------|---------|---------|----------------|------|
| 129   | wt | 90                     | <b>Jens Klootwijk</b>  |         | HN2                   |         |         | 1:59.46 | <b>2:01.26</b> |      |
|       | rd | 49                     | <b>Danny Heijkoop</b>  |         | HN4                   |         |         | 1:58.07 | <b>2:00.45</b> |      |
|       |    | <b>Jens Klootwijk</b>  |                        |         | <b>Danny Heijkoop</b> |         |         |         |                |      |
|       |    | 300m                   | 26.37                  | (26.37) | 300m                  | 25.90   | (25.90) |         |                |      |
|       |    | 700m                   | 55.47                  | (29.10) | 700m                  | 55.53   | (29.63) |         |                |      |
|       |    | 1100m                  | 1:27.18                | (31.71) | 1100m                 | 1:27.16 | (31.63) |         |                |      |
|       |    | 1500m                  | 2:01.26                | (34.08) | 1500m                 | 2:00.45 | (33.29) |         |                |      |
| <hr/> |    |                        |                        |         |                       |         |         |         |                |      |
|       |    | Naam                   |                        |         | Cat                   |         |         | PR      | Tijd           | Info |
| 130   | gl | 72                     | <b>Colin Schrijver</b> |         | HSA                   |         |         | 1:53.74 | <b>1:57.28</b> |      |
|       | bl | 85                     | <b>Wester Landman</b>  |         | HN3                   |         |         | 1:55.57 | <b>1:56.96</b> |      |
|       |    | <b>Colin Schrijver</b> |                        |         | <b>Wester Landman</b> |         |         |         |                |      |
|       |    | 300m                   | 25.52                  | (25.52) | 300m                  | 25.62   | (25.62) |         |                |      |
|       |    | 700m                   | 53.99                  | (28.47) | 700m                  | 54.30   | (28.68) |         |                |      |
|       |    | 1100m                  | 1:24.24                | (30.25) | 1100m                 | 1:24.58 | (30.28) |         |                |      |
|       |    | 1500m                  | 1:57.28                | (33.04) | 1500m                 | 1:56.96 | (32.38) |         |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

## 13. Uitslag Dames 3000 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 84 Bente Moller         | DN1 | 138  | O    | 4:48.52 |      |        |
| 2   | 2 Annick van der Woude  | DN4 | 137  | I    | 4:53.71 |      |        |
| 3   | 47 Hiltje Gerritsma     | DSA | 136  | O    | 4:56.33 | PR   |        |
| 4   | 28 Esther Withagen      | DN1 | 138  | I    | 5:01.88 |      |        |
| 5   | 34 Marleen de Boer      | DN3 | 134  | I    | 5:09.34 |      |        |
| 6   | 56 Sonia Schipper       | DSA | 136  | I    | 5:10.65 | PR   |        |
| 7   | 73 Alessandra Primavera | DSA | 135  | O    | 5:12.22 |      |        |
| 8   | 82 Aniek Hesselink      | DN2 | 133  | I    | 5:13.43 |      |        |
| 9   | 58 Eeke Weenink         | DN1 | 134  | O    | 5:14.38 |      |        |
| 10  | 62 Lieve Bunt           | DA2 | 137  | O    | 5:17.60 |      |        |
| 11  | 53 Anne Schermer        | DN2 | 135  | I    | 5:17.61 | PR   |        |
| 12  | 38 Amélie Coremans      | DN3 | 133  | O    | 5:25.04 | PR   |        |
| 13  | 80 Saline Verkerk       | DN4 | 131  | O    | 5:36.60 | PR   |        |
| 14  | 94 Robin Geesken        | DSA | 132  | I    | 5:44.81 |      |        |
| 15  | 19 Geanne Stol          | DN1 | 132  | O    | 5:55.24 |      |        |
|     | 71 Rosanne van der Post | DSA | 131  | I    | DNF     |      |        |



# NSK Allround

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30 november en 1 december 2024

## 13. Rituitslag Dames 3000 meter

|     |    | Naam                        |                             | Cat     |                       | PR      |         | Tijd | Info              |
|-----|----|-----------------------------|-----------------------------|---------|-----------------------|---------|---------|------|-------------------|
| 131 | wt | 71                          | <b>Rosanne van der Post</b> |         | DSA                   |         | 5:54.42 |      | <b>DNF</b>        |
|     | rd | 80                          | <b>Saline Verkerk</b>       |         | DN4                   |         | 5:48.55 |      | <b>5:36.60</b> PR |
|     |    | <b>Rosanne van der Post</b> |                             |         | <b>Saline Verkerk</b> |         |         |      |                   |
|     |    | 200m                        | 24.96                       | (24.96) | 200m                  | 26.48   | (26.48) |      |                   |
|     |    | 600m                        | 1:05.46                     | (40.50) | 600m                  | 1:08.83 | (42.35) |      |                   |
|     |    |                             |                             |         | 1000m                 | 1:52.31 | (43.48) |      |                   |
|     |    |                             |                             |         | 1400m                 | 2:36.91 | (44.60) |      |                   |
|     |    |                             |                             |         | 1800m                 | 3:21.35 | (44.44) |      |                   |
|     |    |                             |                             |         | 2200m                 | 4:06.43 | (45.08) |      |                   |
|     |    |                             |                             |         | 2600m                 | 4:51.44 | (45.01) |      |                   |
|     |    |                             |                             |         | 3000m                 | 5:36.60 | (45.16) |      |                   |

|     |    | Naam                 |                      | Cat     |                    | PR      |         | Tijd | Info           |
|-----|----|----------------------|----------------------|---------|--------------------|---------|---------|------|----------------|
| 132 | gl | 94                   | <b>Robin Geesken</b> |         | DSA                |         | 5:34.19 |      | <b>5:44.81</b> |
|     | bl | 19                   | <b>Geanne Stol</b>   |         | DN1                |         | 5:33.01 |      | <b>5:55.24</b> |
|     |    | <b>Robin Geesken</b> |                      |         | <b>Geanne Stol</b> |         |         |      |                |
|     |    | 200m                 | 26.93                | (26.93) | 200m               | 26.66   | (26.66) |      |                |
|     |    | 600m                 | 1:09.84              | (42.91) | 600m               | 1:08.38 | (41.72) |      |                |
|     |    | 1000m                | 1:54.42              | (44.58) | 1000m              | 1:52.69 | (44.31) |      |                |
|     |    | 1400m                | 2:40.15              | (45.73) | 1400m              | 2:37.82 | (45.13) |      |                |
|     |    | 1800m                | 3:26.96              | (46.81) | 1800m              | 3:24.39 | (46.57) |      |                |
|     |    | 2200m                | 4:13.51              | (46.55) | 2200m              | 4:08.80 | (44.41) |      |                |
|     |    | 2600m                | 4:59.73              | (46.22) | 2600m              | 5:09.24 | (60.44) |      |                |
|     |    | 3000m                | 5:44.81              | (45.08) | 3000m              | 5:55.24 | (46.00) |      |                |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                   |                        | Cat     |     | PR                     |         | Tijd    | Info              |
|-----|----|------------------------|------------------------|---------|-----|------------------------|---------|---------|-------------------|
| 133 | wt | 82                     | <b>Aniek Hesselink</b> |         | DN2 |                        |         | 5:07.90 | <b>5:13.43</b>    |
|     | rd | 38                     | <b>Amélie Coremans</b> |         | DN3 |                        |         | 5:28.53 | <b>5:25.04</b> PR |
|     |    | <b>Aniek Hesselink</b> |                        |         |     | <b>Amélie Coremans</b> |         |         |                   |
|     |    | 200m                   | 24.03                  | (24.03) |     | 200m                   | 24.35   | (24.35) |                   |
|     |    | 600m                   | 1:02.42                | (38.39) |     | 600m                   | 1:02.24 | (37.89) |                   |
|     |    | 1000m                  | 1:41.79                | (39.37) |     | 1000m                  | 1:42.95 | (40.71) |                   |
|     |    | 1400m                  | 2:22.74                | (40.95) |     | 1400m                  | 2:25.29 | (42.34) |                   |
|     |    | 1800m                  | 3:04.56                | (41.82) |     | 1800m                  | 3:08.90 | (43.61) |                   |
|     |    | 2200m                  | 3:47.25                | (42.69) |     | 2200m                  | 3:53.85 | (44.95) |                   |
|     |    | 2600m                  | 4:30.35                | (43.10) |     | 2600m                  | 4:39.42 | (45.57) |                   |
|     |    | 3000m                  | 5:13.43                | (43.08) |     | 3000m                  | 5:25.04 | (45.62) |                   |

|     |    | Naam                   |                        | Cat     |     | PR                  |         | Tijd    | Info           |
|-----|----|------------------------|------------------------|---------|-----|---------------------|---------|---------|----------------|
| 134 | gl | 34                     | <b>Marleen de Boer</b> |         | DN3 |                     |         | 5:02.23 | <b>5:09.34</b> |
|     | bl | 58                     | <b>Eeke Weenink</b>    |         | DN1 |                     |         | 5:05.46 | <b>5:14.38</b> |
|     |    | <b>Marleen de Boer</b> |                        |         |     | <b>Eeke Weenink</b> |         |         |                |
|     |    | 200m                   | 24.05                  | (24.05) |     | 200m                | 23.83   | (23.83) |                |
|     |    | 600m                   | 1:02.62                | (38.57) |     | 600m                | 1:02.71 | (38.88) |                |
|     |    | 1000m                  | 1:41.90                | (39.28) |     | 1000m               | 1:42.45 | (39.74) |                |
|     |    | 1400m                  | 2:22.69                | (40.79) |     | 1400m               | 2:22.73 | (40.28) |                |
|     |    | 1800m                  | 3:04.41                | (41.72) |     | 1800m               | 3:04.27 | (41.54) |                |
|     |    | 2200m                  | 3:46.26                | (41.85) |     | 2200m               | 3:46.71 | (42.44) |                |
|     |    | 2600m                  | 4:27.68                | (41.42) |     | 2600m               | 4:30.07 | (43.36) |                |
|     |    | 3000m                  | 5:09.34                | (41.66) |     | 3000m               | 5:14.38 | (44.31) |                |

# NSK Allround

IJsbaan Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                 |                             | Cat     |                             | PR |       | Tijd    | Info              |
|-----|----|----------------------|-----------------------------|---------|-----------------------------|----|-------|---------|-------------------|
| 135 | wt | 53                   | <b>Anne Schermer</b>        |         | DN2                         |    |       | 6:03.81 | <b>5:17.61</b> PR |
|     | rd | 73                   | <b>Alessandra Primavera</b> |         | DSA                         |    |       | 4:40.95 | <b>5:12.22</b>    |
|     |    | <b>Anne Schermer</b> |                             |         | <b>Alessandra Primavera</b> |    |       |         |                   |
|     |    | 200m                 | 24.29                       | (24.29) |                             |    | 200m  | 23.56   | (23.56)           |
|     |    | 600m                 | 1:03.53                     | (39.24) |                             |    | 600m  | 1:01.80 | (38.24)           |
|     |    | 1000m                | 1:45.18                     | (41.65) |                             |    | 1000m | 1:42.52 | (40.72)           |
|     |    | 1400m                | 2:27.23                     | (42.05) |                             |    | 1400m | 2:24.35 | (41.83)           |
|     |    | 1800m                | 3:09.52                     | (42.29) |                             |    | 1800m | 3:05.68 | (41.33)           |
|     |    | 2200m                | 3:52.20                     | (42.68) |                             |    | 2200m | 3:47.55 | (41.87)           |
|     |    | 2600m                | 4:35.02                     | (42.82) |                             |    | 2600m | 4:30.14 | (42.59)           |
|     |    | 3000m                | 5:17.61                     | (42.59) |                             |    | 3000m | 5:12.22 | (42.08)           |

|     |    | Naam                  |                         | Cat     |                         | PR |       | Tijd    | Info              |
|-----|----|-----------------------|-------------------------|---------|-------------------------|----|-------|---------|-------------------|
| 136 | gl | 56                    | <b>Sonia Schipper</b>   |         | DSA                     |    |       | 5:22.93 | <b>5:10.65</b> PR |
|     | bl | 47                    | <b>Hiltje Gerritsma</b> |         | DSA                     |    |       | 4:57.86 | <b>4:56.33</b> PR |
|     |    | <b>Sonia Schipper</b> |                         |         | <b>Hiltje Gerritsma</b> |    |       |         |                   |
|     |    | 200m                  | 24.32                   | (24.32) |                         |    | 200m  | 24.68   | (24.68)           |
|     |    | 600m                  | 1:02.03                 | (37.71) |                         |    | 600m  | 1:01.59 | (36.91)           |
|     |    | 1000m                 | 1:40.71                 | (38.68) |                         |    | 1000m | 1:39.29 | (37.70)           |
|     |    | 1400m                 | 2:21.00                 | (40.29) |                         |    | 1400m | 2:18.11 | (38.82)           |
|     |    | 1800m                 | 3:02.38                 | (41.38) |                         |    | 1800m | 2:57.68 | (39.57)           |
|     |    | 2200m                 | 3:44.71                 | (42.33) |                         |    | 2200m | 3:37.74 | (40.06)           |
|     |    | 2600m                 | 4:27.67                 | (42.96) |                         |    | 2600m | 4:17.32 | (39.58)           |
|     |    | 3000m                 | 5:10.65                 | (42.98) |                         |    | 3000m | 4:56.33 | (39.01)           |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                        |                             |         | Cat               |         |         | PR      | Tijd           | Info |
|-----|----|-----------------------------|-----------------------------|---------|-------------------|---------|---------|---------|----------------|------|
| 137 | wt | 2                           | <b>Annick van der Woude</b> |         | DN4               |         |         | 4:49.09 | <b>4:53.71</b> |      |
|     | rd | 62                          | <b>Lieve Bunt</b>           |         | DA2               |         |         | 5:11.01 | <b>5:17.60</b> |      |
|     |    | <b>Annick van der Woude</b> |                             |         | <b>Lieve Bunt</b> |         |         |         |                |      |
|     |    | 200m                        | 22.46                       | (22.46) | 200m              | 22.88   | (22.88) |         |                |      |
|     |    | 600m                        | 59.27                       | (36.81) | 600m              | 1:02.46 | (39.58) |         |                |      |
|     |    | 1000m                       | 1:37.11                     | (37.84) | 1000m             | 1:43.82 | (41.36) |         |                |      |
|     |    | 1400m                       | 2:15.55                     | (38.44) | 1400m             | 2:26.45 | (42.63) |         |                |      |
|     |    | 1800m                       | 2:54.87                     | (39.32) | 1800m             | 3:09.48 | (43.03) |         |                |      |
|     |    | 2200m                       | 3:34.24                     | (39.37) | 2200m             | 3:53.31 | (43.83) |         |                |      |
|     |    | 2600m                       | 4:13.78                     | (39.54) | 2600m             | 4:37.95 | (44.64) |         |                |      |
|     |    | 3000m                       | 4:53.71                     | (39.93) | 3000m             | 5:17.60 | (39.65) |         |                |      |

|     |    | Naam                   |                        |         | Cat                 |         |         | PR      | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|---------------------|---------|---------|---------|----------------|------|
| 138 | gl | 28                     | <b>Esther Withagen</b> |         | DN1                 |         |         | 4:57.79 | <b>5:01.88</b> |      |
|     | bl | 84                     | <b>Bente Moller</b>    |         | DN1                 |         |         | 4:46.16 | <b>4:48.52</b> |      |
|     |    | <b>Esther Withagen</b> |                        |         | <b>Bente Moller</b> |         |         |         |                |      |
|     |    | 200m                   | 21.28                  | (21.28) | 200m                | 21.43   | (21.43) |         |                |      |
|     |    | 600m                   | 56.66                  | (35.38) | 600m                | 55.11   | (33.68) |         |                |      |
|     |    | 1000m                  | 1:34.79                | (38.13) | 1000m               | 1:31.01 | (35.90) |         |                |      |
|     |    | 1400m                  | 2:15.27                | (40.48) | 1400m               | 2:08.28 | (37.27) |         |                |      |
|     |    | 1800m                  | 2:56.76                | (41.49) | 1800m               | 2:46.89 | (38.61) |         |                |      |
|     |    | 2200m                  | 3:38.95                | (42.19) | 2200m               | 3:26.65 | (39.76) |         |                |      |
|     |    | 2600m                  | 4:21.02                | (42.07) | 2600m               | 4:07.22 | (40.57) |         |                |      |
|     |    | 3000m                  | 5:01.88                | (40.86) | 3000m               | 4:48.52 | (41.30) |         |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

## 15. Uitslag Heren 5000 meter

| Pos | Naam                | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1   | 72 Colin Schrijver  | HSA | 143  | O    | 7:06.01 | PR   |        |
| 2   | 85 Wester Landman   | HN3 | 143  | I    | 7:15.61 |      |        |
| 3   | 90 Jens Klootwijk   | HN2 | 142  | I    | 7:29.34 |      |        |
| 4   | 68 Lasse Hiddink    | HSA | 141  | O    | 7:29.69 |      |        |
| 5   | 49 Danny Heijkoop   | HN4 | 142  | O    | 7:30.46 | PR   |        |
| 6   | 15 Arthur Zijlstra  | HN3 | 140  | I    | 7:38.57 | PR   |        |
| 7   | 88 Mark Withagen    | HN1 | 141  | I    | 7:38.82 | PR   |        |
| 8   | 57 Daniël Kooyman   | HSA | 139  | O    | 7:59.86 |      |        |
| 9   | 64 Udo van der Wier | HN2 | 140  | O    | 8:01.93 | PR   |        |
| 10  | 83 Tjibbe Moller    | HA1 | 138  | O    | 8:07.31 |      |        |
| 11  | 18 Stan Krewinkel   | HSA | 138  | I    | 8:11.94 | PR   |        |
| 12  | 65 Bram ten Berge   | HA2 | 136  | I    | 8:12.34 |      |        |
| 13  | 14 Daan Voorhoeve   | HSA | 139  | I    | 8:15.03 | PR   |        |
| 14  | 6 Peter van Buiten  | HSA | 137  | O    | 8:15.99 |      |        |
| 15  | 44 Yoran Nijenhuis  | HSA | 137  | I    | 8:19.86 | PR   |        |
| 16  | 81 Rens Hiddink     | HN3 | 134  | O    | 8:27.20 |      |        |
| 17  | 4 Loek Hendriksen   | HN4 | 136  | O    | 8:33.53 |      |        |
| 18  | 9 Colin Koenderink  | HN2 | 134  | I    | 8:33.61 | PR   |        |
| 19  | 48 Harmen Nanninga  | HSA | 135  | I    | 8:44.38 |      |        |
| 20  | 78 Thijs Buisman    | HN1 | 135  | O    | 8:46.03 |      |        |
| 21  | 79 Jelmer de Hoop   | HN4 | 133  | I    | 8:47.63 |      |        |
| 22  | 12 Menno Brink      | HSA | 133  | O    | 8:59.95 |      |        |
| 23  | 26 Ewout Vos        | HN3 | 132  | I    | 9:07.40 |      |        |
| 24  | 20 Sybe Weening     | HN4 | 132  | O    | 9:23.15 | PR   |        |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

## 15. Rituitslag Heren 5000 meter

|     |    | Naam             |                     | Cat     |                     | PR      |         | Tijd           | Info |
|-----|----|------------------|---------------------|---------|---------------------|---------|---------|----------------|------|
| 132 | wt | 26               | <b>Ewout Vos</b>    |         | HN3                 |         |         | <b>9:07.40</b> |      |
|     | rd | 20               | <b>Sybe Weening</b> |         | HN4                 | 9:27.55 |         | <b>9:23.15</b> | PR   |
|     |    | <b>Ewout Vos</b> |                     |         | <b>Sybe Weening</b> |         |         |                |      |
|     |    | 200m             | 24.95               | (24.95) | 200m                | 23.63   | (23.63) |                |      |
|     |    | 600m             | 1:05.62             | (40.67) | 600m                | 1:05.04 | (41.41) |                |      |
|     |    | 1000m            | 1:48.57             | (42.95) | 1000m               | 1:49.90 | (44.86) |                |      |
|     |    | 1400m            | 2:33.03             | (44.46) | 1400m               | 2:34.67 | (44.77) |                |      |
|     |    | 1800m            | 3:17.58             | (44.55) | 1800m               | 3:19.59 | (44.92) |                |      |
|     |    | 2200m            | 4:02.30             | (44.72) | 2200m               | 4:05.42 | (45.83) |                |      |
|     |    | 2600m            | 4:47.48             | (45.18) | 2600m               | 4:52.03 | (46.61) |                |      |
|     |    | 3000m            | 5:32.01             | (44.53) | 3000m               | 5:38.74 | (46.71) |                |      |
|     |    | 3400m            | 6:15.79             | (43.78) | 3400m               | 6:25.54 | (46.80) |                |      |
|     |    | 3800m            | 7:00.71             | (44.92) | 3800m               | 7:10.48 | (44.94) |                |      |
|     |    | 4200m            | 7:44.98             | (44.27) | 4200m               | 7:55.22 | (44.74) |                |      |
|     |    | 4600m            | 8:28.13             | (43.15) | 4600m               | 8:39.61 | (44.39) |                |      |
|     |    | 5000m            | 9:07.40             | (39.27) | 5000m               | 9:23.15 | (43.54) |                |      |

|     |    | Naam                  |                       | Cat     |                    | PR      |         | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|--------------------|---------|---------|----------------|------|
| 133 | gl | 79                    | <b>Jelmer de Hoop</b> |         | HN4                |         |         | <b>8:47.63</b> |      |
|     | bl | 12                    | <b>Menno Brink</b>    |         | HSA                |         |         | <b>8:59.95</b> |      |
|     |    | <b>Jelmer de Hoop</b> |                       |         | <b>Menno Brink</b> |         |         |                |      |
|     |    | 200m                  | 24.21                 | (24.21) | 200m               | 26.15   | (26.15) |                |      |
|     |    | 600m                  | 1:03.88               | (39.67) | 600m               | 1:07.65 | (41.50) |                |      |
|     |    | 1000m                 | 1:44.18               | (40.30) | 1000m              | 1:49.68 | (42.03) |                |      |
|     |    | 1400m                 | 2:25.72               | (41.54) | 1400m              | 2:32.11 | (42.43) |                |      |
|     |    | 1800m                 | 3:07.25               | (41.53) | 1800m              | 3:15.23 | (43.12) |                |      |
|     |    | 2200m                 | 3:48.83               | (41.58) | 2200m              | 3:58.36 | (43.13) |                |      |
|     |    | 2600m                 | 4:30.59               | (41.76) | 2600m              | 4:41.10 | (42.74) |                |      |
|     |    | 3000m                 | 5:12.40               | (41.81) | 3000m              | 5:23.84 | (42.74) |                |      |
|     |    | 3400m                 | 5:54.26               | (41.86) | 3400m              | 6:06.59 | (42.75) |                |      |
|     |    | 3800m                 | 6:37.59               | (43.33) | 3800m              | 6:50.02 | (43.43) |                |      |
|     |    | 4200m                 | 7:21.20               | (43.61) | 4200m              | 7:33.12 | (43.10) |                |      |
|     |    | 4600m                 | 8:04.52               | (43.32) | 4600m              | 8:16.98 | (43.86) |                |      |
|     |    | 5000m                 | 8:47.63               | (43.11) | 5000m              | 8:59.95 | (42.97) |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam             |                  |         | Cat          |         |         | PR      | Tijd           | Info |
|-----|----|------------------|------------------|---------|--------------|---------|---------|---------|----------------|------|
| 134 | wt | 9                | Colin Koenderink |         | HN2          |         |         | 9:15.93 | <b>8:33.61</b> | PR   |
|     | rd | 81               | Rens Hiddink     |         | HN3          |         |         |         | <b>8:27.20</b> |      |
|     |    | Colin Koenderink |                  |         | Rens Hiddink |         |         |         |                |      |
|     |    | 200m             | 23.06            | (23.06) | 200m         | 23.30   | (23.30) |         |                |      |
|     |    | 600m             | 1:01.65          | (38.59) | 600m         | 1:02.49 | (39.19) |         |                |      |
|     |    | 1000m            | 1:41.81          | (40.16) | 1000m        | 1:41.77 | (39.28) |         |                |      |
|     |    | 1400m            | 2:22.75          | (40.94) | 1400m        | 2:21.26 | (39.49) |         |                |      |
|     |    | 1800m            | 3:03.76          | (41.01) | 1800m        | 3:02.24 | (40.98) |         |                |      |
|     |    | 2200m            | 3:44.92          | (41.16) | 2200m        | 3:42.64 | (40.40) |         |                |      |
|     |    | 2600m            | 4:26.28          | (41.36) | 2600m        | 4:23.68 | (41.04) |         |                |      |
|     |    | 3000m            | 5:08.02          | (41.74) | 3000m        | 5:04.01 | (40.33) |         |                |      |
|     |    | 3400m            | 5:49.89          | (41.87) | 3400m        | 5:45.09 | (41.08) |         |                |      |
|     |    | 3800m            | 6:31.52          | (41.63) | 3800m        | 6:26.57 | (41.48) |         |                |      |
|     |    | 4200m            | 7:12.59          | (41.07) | 4200m        | 7:07.62 | (41.05) |         |                |      |
|     |    | 4600m            | 7:53.50          | (40.91) | 4600m        | 7:47.99 | (40.37) |         |                |      |
|     |    | 5000m            | 8:33.61          | (40.11) | 5000m        | 8:27.20 | (39.21) |         |                |      |

|     |    | Naam            |                 |         | Cat           |         |         | PR | Tijd           | Info |
|-----|----|-----------------|-----------------|---------|---------------|---------|---------|----|----------------|------|
| 135 | gl | 48              | Harmen Nanninga |         | HSA           |         |         |    | <b>8:44.38</b> |      |
|     | bl | 78              | Thijs Buisman   |         | HN1           |         |         |    | <b>8:46.03</b> |      |
|     |    | Harmen Nanninga |                 |         | Thijs Buisman |         |         |    |                |      |
|     |    | 200m            | 22.34           | (22.34) | 200m          | 23.32   | (23.32) |    |                |      |
|     |    | 600m            | 1:01.55         | (39.21) | 600m          | 1:02.14 | (38.82) |    |                |      |
|     |    | 1000m           | 1:41.64         | (40.09) | 1000m         | 1:42.39 | (40.25) |    |                |      |
|     |    | 1400m           | 2:23.32         | (41.68) | 1400m         | 2:23.09 | (40.70) |    |                |      |
|     |    | 1800m           | 3:04.42         | (41.10) | 1800m         | 3:04.70 | (41.61) |    |                |      |
|     |    | 2200m           | 3:46.49         | (42.07) | 2200m         | 3:46.43 | (41.73) |    |                |      |
|     |    | 2600m           | 4:28.48         | (41.99) | 2600m         | 4:29.25 | (42.82) |    |                |      |
|     |    | 3000m           | 5:11.15         | (42.67) | 3000m         | 5:12.02 | (42.77) |    |                |      |
|     |    | 3400m           | 5:53.84         | (42.69) | 3400m         | 5:55.35 | (43.33) |    |                |      |
|     |    | 3800m           | 6:36.89         | (43.05) | 3800m         | 6:38.63 | (43.28) |    |                |      |
|     |    | 4200m           | 7:19.85         | (42.96) | 4200m         | 7:21.90 | (43.27) |    |                |      |
|     |    | 4600m           | 8:02.71         | (42.86) | 4600m         | 8:04.85 | (42.95) |    |                |      |
|     |    | 5000m           | 8:44.38         | (41.67) | 5000m         | 8:46.03 | (41.18) |    |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                  |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|-----|----|-----------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 136 | wt | 65                    | <b>Bram ten Berge</b>  |         | HA2                    |         |         |         | <b>8:12.34</b> |      |
|     | rd | 4                     | <b>Loek Hendriksen</b> |         | HN4                    |         |         | 8:21.10 | <b>8:33.53</b> |      |
|     |    | <b>Bram ten Berge</b> |                        |         | <b>Loek Hendriksen</b> |         |         |         |                |      |
|     |    | 200m                  | 21.63                  | (21.63) | 200m                   | 23.58   | (23.58) |         |                |      |
|     |    | 600m                  | 1:00.94                | (39.31) | 600m                   | 1:03.16 | (39.58) |         |                |      |
|     |    | 1000m                 | 1:39.73                | (38.79) | 1000m                  | 1:43.25 | (40.09) |         |                |      |
|     |    | 1400m                 | 2:19.40                | (39.67) | 1400m                  | 2:23.72 | (40.47) |         |                |      |
|     |    | 1800m                 | 2:58.38                | (38.98) | 1800m                  | 3:04.37 | (40.65) |         |                |      |
|     |    | 2200m                 | 3:37.76                | (39.38) | 2200m                  | 3:45.57 | (41.20) |         |                |      |
|     |    | 2600m                 | 4:17.06                | (39.30) | 2600m                  | 4:27.03 | (41.46) |         |                |      |
|     |    | 3000m                 | 4:56.29                | (39.23) | 3000m                  | 5:08.88 | (41.85) |         |                |      |
|     |    | 3400m                 | 5:35.43                | (39.14) | 3400m                  | 5:49.53 | (40.65) |         |                |      |
|     |    | 3800m                 | 6:14.71                | (39.28) | 3800m                  | 6:30.13 | (40.60) |         |                |      |
|     |    | 4200m                 | 6:53.80                | (39.09) | 4200m                  | 7:10.59 | (40.46) |         |                |      |
|     |    | 4600m                 | 7:33.11                | (39.31) | 4600m                  | 7:52.54 | (41.95) |         |                |      |
|     |    | 5000m                 | 8:12.34                | (39.23) | 5000m                  | 8:33.53 | (40.99) |         |                |      |

|     |    | Naam                   |                         |         | Cat                     |         |         | PR      | Tijd           | Info |
|-----|----|------------------------|-------------------------|---------|-------------------------|---------|---------|---------|----------------|------|
| 137 | gl | 44                     | <b>Yoran Nijenhuis</b>  |         | HSA                     |         |         | 8:23.97 | <b>8:19.86</b> | PR   |
|     | bl | 6                      | <b>Peter van Buiten</b> |         | HSA                     |         |         |         | <b>8:15.99</b> |      |
|     |    | <b>Yoran Nijenhuis</b> |                         |         | <b>Peter van Buiten</b> |         |         |         |                |      |
|     |    | 200m                   | 22.06                   | (22.06) | 200m                    | 21.95   | (21.95) |         |                |      |
|     |    | 600m                   | 1:00.55                 | (38.49) | 600m                    | 59.00   | (37.05) |         |                |      |
|     |    | 1000m                  | 1:40.13                 | (39.58) | 1000m                   | 1:39.97 | (40.97) |         |                |      |
|     |    | 1400m                  | 2:20.09                 | (39.96) | 1400m                   | 2:19.48 | (39.51) |         |                |      |
|     |    | 1800m                  | 2:59.29                 | (39.20) | 1800m                   | 2:59.07 | (39.59) |         |                |      |
|     |    | 2200m                  | 3:39.60                 | (40.31) | 2200m                   | 3:38.80 | (39.73) |         |                |      |
|     |    | 2600m                  | 4:19.11                 | (39.51) | 2600m                   | 4:19.34 | (40.54) |         |                |      |
|     |    | 3000m                  | 4:59.04                 | (39.93) | 3000m                   | 4:58.58 | (39.24) |         |                |      |
|     |    | 3400m                  | 5:38.38                 | (39.34) | 3400m                   | 5:38.43 | (39.85) |         |                |      |
|     |    | 3800m                  | 6:18.40                 | (40.02) | 3800m                   | 6:17.62 | (39.19) |         |                |      |
|     |    | 4200m                  | 6:58.35                 | (39.95) | 4200m                   | 6:57.64 | (40.02) |         |                |      |
|     |    | 4600m                  | 7:38.64                 | (40.29) | 4600m                   | 7:37.18 | (39.54) |         |                |      |
|     |    | 5000m                  | 8:19.86                 | (41.22) | 5000m                   | 8:15.99 | (38.81) |         |                |      |



# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                  |                       |         | Cat                  | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|
| 138 | wt | 18                    | <b>Stan Krewinkel</b> |         | HSA                  | 8:25.22 | <b>8:11.94</b> | PR   |
|     | rd | 83                    | <b>Tjibbe Moller</b>  |         | HA1                  |         | <b>8:07.31</b> |      |
|     |    | <b>Stan Krewinkel</b> |                       |         | <b>Tjibbe Moller</b> |         |                |      |
|     |    | 200m                  | 21.89                 | (21.89) | 200m                 | 21.98   | (21.98)        |      |
|     |    | 600m                  | 57.84                 | (35.95) | 600m                 | 59.52   | (37.54)        |      |
|     |    | 1000m                 | 1:35.06               | (37.22) | 1000m                | 1:38.32 | (38.80)        |      |
|     |    | 1400m                 | 2:12.95               | (37.89) | 1400m                | 2:17.26 | (38.94)        |      |
|     |    | 1800m                 | 2:51.46               | (38.51) | 1800m                | 2:56.14 | (38.88)        |      |
|     |    | 2200m                 | 3:30.71               | (39.25) | 2200m                | 3:34.96 | (38.82)        |      |
|     |    | 2600m                 | 4:09.59               | (38.88) | 2600m                | 4:13.62 | (38.66)        |      |
|     |    | 3000m                 | 4:49.07               | (39.48) | 3000m                | 4:52.38 | (38.76)        |      |
|     |    | 3400m                 | 5:28.89               | (39.82) | 3400m                | 5:31.39 | (39.01)        |      |
|     |    | 3800m                 | 6:08.94               | (40.05) | 3800m                | 6:10.49 | (39.10)        |      |
|     |    | 4200m                 | 6:49.50               | (40.56) | 4200m                | 6:50.27 | (39.78)        |      |
|     |    | 4600m                 | 7:30.65               | (41.15) | 4600m                | 7:29.26 | (38.99)        |      |
|     |    | 5000m                 | 8:11.94               | (41.29) | 5000m                | 8:07.31 | (38.05)        |      |

|     |    | Naam                  |                       |         | Cat                   | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 139 | gl | 14                    | <b>Daan Voorhoeve</b> |         | HSA                   | 8:47.28 | <b>8:15.03</b> | PR   |
|     | bl | 57                    | <b>Daniël Kooyman</b> |         | HSA                   | 7:45.32 | <b>7:59.86</b> |      |
|     |    | <b>Daan Voorhoeve</b> |                       |         | <b>Daniël Kooyman</b> |         |                |      |
|     |    | 200m                  | 21.46                 | (21.46) | 200m                  | 22.37   | (22.37)        |      |
|     |    | 600m                  | 58.93                 | (37.47) | 600m                  | 59.23   | (36.86)        |      |
|     |    | 1000m                 | 1:36.87               | (37.94) | 1000m                 | 1:36.56 | (37.33)        |      |
|     |    | 1400m                 | 2:15.23               | (38.36) | 1400m                 | 2:13.42 | (36.86)        |      |
|     |    | 1800m                 | 2:53.40               | (38.17) | 1800m                 | 2:50.79 | (37.37)        |      |
|     |    | 2200m                 | 3:32.47               | (39.07) | 2200m                 | 3:28.47 | (37.68)        |      |
|     |    | 2600m                 | 4:11.60               | (39.13) | 2600m                 | 4:06.01 | (37.54)        |      |
|     |    | 3000m                 | 4:50.97               | (39.37) | 3000m                 | 4:44.19 | (38.18)        |      |
|     |    | 3400m                 | 5:30.85               | (39.88) | 3400m                 | 5:22.78 | (38.59)        |      |
|     |    | 3800m                 | 6:11.17               | (40.32) | 3800m                 | 6:01.93 | (39.15)        |      |
|     |    | 4200m                 | 6:52.27               | (41.10) | 4200m                 | 6:41.46 | (39.53)        |      |
|     |    | 4600m                 | 7:33.45               | (41.18) | 4600m                 | 7:20.80 | (39.34)        |      |
|     |    | 5000m                 | 8:15.03               | (41.58) | 5000m                 | 7:59.86 | (39.06)        |      |

# NSK Allround

Ijsbaan Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                   |                         |         | Cat   |         |         | PR                      | Tijd           | Info |
|-----|----|------------------------|-------------------------|---------|-------|---------|---------|-------------------------|----------------|------|
| 140 | wt | 15                     | <b>Arthur Zijlstra</b>  |         | HN3   |         |         | 7:54.41                 | <b>7:38.57</b> | PR   |
|     | rd | 64                     | <b>Udo van der Wier</b> |         | HN2   |         |         | 8:18.26                 | <b>8:01.93</b> | PR   |
|     |    | <b>Arthur Zijlstra</b> |                         |         |       |         |         | <b>Udo van der Wier</b> |                |      |
|     |    | 200m                   | 20.92                   | (20.92) | 200m  | 22.33   | (22.33) |                         |                |      |
|     |    | 600m                   | 54.79                   | (33.87) | 600m  | 57.44   | (35.11) |                         |                |      |
|     |    | 1000m                  | 1:29.89                 | (35.10) | 1000m | 1:34.61 | (37.17) |                         |                |      |
|     |    | 1400m                  | 2:05.79                 | (35.90) | 1400m | 2:11.37 | (36.76) |                         |                |      |
|     |    | 1800m                  | 2:41.90                 | (36.11) | 1800m | 2:48.10 | (36.73) |                         |                |      |
|     |    | 2200m                  | 3:18.42                 | (36.52) | 2200m | 3:25.61 | (37.51) |                         |                |      |
|     |    | 2600m                  | 3:54.83                 | (36.41) | 2600m | 4:03.81 | (38.20) |                         |                |      |
|     |    | 3000m                  | 4:31.54                 | (36.71) | 3000m | 4:42.64 | (38.83) |                         |                |      |
|     |    | 3400m                  | 5:08.68                 | (37.14) | 3400m | 5:22.52 | (39.88) |                         |                |      |
|     |    | 3800m                  | 5:45.83                 | (37.15) | 3800m | 6:02.90 | (40.38) |                         |                |      |
|     |    | 4200m                  | 6:23.71                 | (37.88) | 4200m | 6:43.22 | (40.32) |                         |                |      |
|     |    | 4600m                  | 7:01.12                 | (37.41) | 4600m | 7:22.84 | (39.62) |                         |                |      |
|     |    | 5000m                  | 7:38.57                 | (37.45) | 5000m | 8:01.93 | (39.09) |                         |                |      |

|     |    | Naam                 |                      |         | Cat   |         |         | PR                   | Tijd           | Info |
|-----|----|----------------------|----------------------|---------|-------|---------|---------|----------------------|----------------|------|
| 141 | gl | 88                   | <b>Mark Withagen</b> |         | HN1   |         |         | 8:05.37              | <b>7:38.82</b> | PR   |
|     | bl | 68                   | <b>Lasse Hiddink</b> |         | HSA   |         |         | 6:47.61              | <b>7:29.69</b> |      |
|     |    | <b>Mark Withagen</b> |                      |         |       |         |         | <b>Lasse Hiddink</b> |                |      |
|     |    | 200m                 | 20.59                | (20.59) | 200m  | 20.24   | (20.24) |                      |                |      |
|     |    | 600m                 | 54.67                | (34.08) | 600m  | 54.52   | (34.28) |                      |                |      |
|     |    | 1000m                | 1:29.42              | (34.75) | 1000m | 1:30.29 | (35.77) |                      |                |      |
|     |    | 1400m                | 2:04.90              | (35.48) | 1400m | 2:05.75 | (35.46) |                      |                |      |
|     |    | 1800m                | 2:40.41              | (35.51) | 1800m | 2:41.82 | (36.07) |                      |                |      |
|     |    | 2200m                | 3:16.19              | (35.78) | 2200m | 3:17.50 | (35.68) |                      |                |      |
|     |    | 2600m                | 3:52.66              | (36.47) | 2600m | 3:53.39 | (35.89) |                      |                |      |
|     |    | 3000m                | 4:29.65              | (36.99) | 3000m | 4:29.47 | (36.08) |                      |                |      |
|     |    | 3400m                | 5:07.11              | (37.46) | 3400m | 5:05.69 | (36.22) |                      |                |      |
|     |    | 3800m                | 5:44.99              | (37.88) | 3800m | 5:42.30 | (36.61) |                      |                |      |
|     |    | 4200m                | 6:22.97              | (37.98) | 4200m | 6:18.92 | (36.62) |                      |                |      |
|     |    | 4600m                | 7:01.12              | (38.15) | 4600m | 6:54.91 | (35.99) |                      |                |      |
|     |    | 5000m                | 7:38.82              | (37.70) | 5000m | 7:29.69 | (34.78) |                      |                |      |

# NSK Allround

IJsbahn Twente - Enschede  
30 november en 1 december 2024

|     |    | Naam                  |                       |         | Cat                   | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 142 | wt | 90                    | <b>Jens Klootwijk</b> |         | HN2                   | 7:26.62 | <b>7:29.34</b> |      |
|     | rd | 49                    | <b>Danny Heijkoop</b> |         | HN4                   | 7:39.66 | <b>7:30.46</b> | PR   |
|     |    | <b>Jens Klootwijk</b> |                       |         | <b>Danny Heijkoop</b> |         |                |      |
|     |    | 200m                  | 20.81                 | (20.81) | 200m                  | 20.87   | (20.87)        |      |
|     |    | 600m                  | 53.68                 | (32.87) | 600m                  | 54.22   | (33.35)        |      |
|     |    | 1000m                 | 1:27.04               | (33.36) | 1000m                 | 1:28.23 | (34.01)        |      |
|     |    | 1400m                 | 2:02.55               | (35.51) | 1400m                 | 2:03.07 | (34.84)        |      |
|     |    | 1800m                 | 2:37.88               | (35.33) | 1800m                 | 2:39.11 | (36.04)        |      |
|     |    | 2200m                 | 3:13.83               | (35.95) | 2200m                 | 3:15.08 | (35.97)        |      |
|     |    | 2600m                 | 3:49.75               | (35.92) | 2600m                 | 3:50.76 | (35.68)        |      |
|     |    | 3000m                 | 4:25.69               | (35.94) | 3000m                 | 4:26.80 | (36.04)        |      |
|     |    | 3400m                 | 5:02.23               | (36.54) | 3400m                 | 5:03.42 | (36.62)        |      |
|     |    | 3800m                 | 5:39.32               | (37.09) | 3800m                 | 5:40.04 | (36.62)        |      |
|     |    | 4200m                 | 6:15.87               | (36.55) | 4200m                 | 6:17.24 | (37.20)        |      |
|     |    | 4600m                 | 6:52.54               | (36.67) | 4600m                 | 6:53.62 | (36.38)        |      |
|     |    | 5000m                 | 7:29.34               | (36.80) | 5000m                 | 7:30.46 | (36.84)        |      |

|     |    | Naam                  |                        |         | Cat                    | PR      | Tijd           | Info |
|-----|----|-----------------------|------------------------|---------|------------------------|---------|----------------|------|
| 143 | gl | 85                    | <b>Wester Landman</b>  |         | HN3                    | 7:06.10 | <b>7:15.61</b> |      |
|     | bl | 72                    | <b>Colin Schrijver</b> |         | HSA                    | 7:14.24 | <b>7:06.01</b> | PR   |
|     |    | <b>Wester Landman</b> |                        |         | <b>Colin Schrijver</b> |         |                |      |
|     |    | 200m                  | 20.52                  | (20.52) | 200m                   | 20.26   | (20.26)        |      |
|     |    | 600m                  | 55.11                  | (34.59) | 600m                   | 53.24   | (32.98)        |      |
|     |    | 1000m                 | 1:30.03                | (34.92) | 1000m                  | 1:27.20 | (33.96)        |      |
|     |    | 1400m                 | 2:04.36                | (34.33) | 1400m                  | 2:01.50 | (34.30)        |      |
|     |    | 1800m                 | 2:38.75                | (34.39) | 1800m                  | 2:35.61 | (34.11)        |      |
|     |    | 2200m                 | 3:13.01                | (34.26) | 2200m                  | 3:09.89 | (34.28)        |      |
|     |    | 2600m                 | 3:47.29                | (34.28) | 2600m                  | 3:44.03 | (34.14)        |      |
|     |    | 3000m                 | 4:21.36                | (34.07) | 3000m                  | 4:17.99 | (33.96)        |      |
|     |    | 3400m                 | 4:55.27                | (33.91) | 3400m                  | 4:51.78 | (33.79)        |      |
|     |    | 3800m                 | 5:29.39                | (34.12) | 3800m                  | 5:25.18 | (33.40)        |      |
|     |    | 4200m                 | 6:04.01                | (34.62) | 4200m                  | 5:58.36 | (33.18)        |      |
|     |    | 4600m                 | 6:39.38                | (35.37) | 4600m                  | 6:31.93 | (33.57)        |      |
|     |    | 5000m                 | 7:15.61                | (36.23) | 5000m                  | 7:06.01 | (34.08)        |      |