

## 1. Uitslag 500 meter - omloop 1

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 32 Sepp Nauta           | HB1 | 1    | I    | 46.60   | PR   |        |
| 2   | 8 Ravi de Jong          | HN1 | 2    | O    | 46.70   |      |        |
| 3   | 122 Jan Willem Dijkstra | H55 | 1    | O    | 48.85   |      |        |
| 4   | 10 Joanne Vromen        | DSA | 2    | I    | 1:17.32 |      |        |

## 1. Rituitslag 500 meter - omloop 1

|   |    | Naam                           | Cat             | PR                         | Tijd          | Info |
|---|----|--------------------------------|-----------------|----------------------------|---------------|------|
| 1 | wt | 32 <b>Sepp Nauta</b>           | HB1             | 47.11                      | 46.60         | PR   |
|   | rd | 122 <b>Jan Willem Dijkstra</b> | H55             | 47.12                      | 48.85         |      |
|   |    | <b>Sepp Nauta</b>              |                 | <b>Jan Willem Dijkstra</b> |               |      |
|   |    | 100m                           | 12.39 (12.39)   | 100m                       | 13.36 (13.36) |      |
|   |    | 500m                           | 46.60 (34.21)   | 500m                       | 48.85 (35.49) |      |
|   |    |                                |                 |                            |               |      |
|   |    | Naam                           | Cat             | PR                         | Tijd          | Info |
| 2 | gl | 10 <b>Joanne Vromen</b>        | DSA             | 1:15.70                    | 1:17.32       |      |
|   | bl | 8 <b>Ravi de Jong</b>          | HN1             | 45.45                      | 46.70         |      |
|   |    | <b>Joanne Vromen</b>           |                 | <b>Ravi de Jong</b>        |               |      |
|   |    | 100m                           | 17.56 (17.56)   | 100m                       | 12.39 (12.39) |      |
|   |    | 500m                           | 1:17.32 (59.76) | 500m                       | 46.70 (34.31) |      |

## 2. Uitslag 500 meter - Ijsbeercup

| Pos | Naam                             | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------------------|-----|------|------|-------|------|--------|
| 1   | 96 Bart Hof                      | HC1 | 24   | O    | 43.50 |      |        |
| 2   | 82 Lars Hoek                     | HC1 | 24   | I    | 43.70 |      |        |
| 3   | 5 Jasper van Tol                 | HC1 | 21   | I    | 44.26 | PR   |        |
| 4   | 12 Mees Olie                     | HC2 | 21   | O    | 45.00 |      |        |
| 5   | 98 Yfke Vreeken                  | DC1 | 23   | I    | 45.47 |      |        |
| 6   | 17 Mark van Huuksloot Kuilenburg | HC1 | 23   | O    | 45.51 |      |        |
| 7   | 102 Sam van Dongen               | HC2 | 22   | I    | 45.78 |      |        |
| 8   | 2 Melanie Ooms                   | DC1 | 22   | O    | 45.89 |      |        |
| 9   | 40 Jelle van Ruiten              | HC2 | 20   | I    | 47.34 |      |        |
| 10  | 16 Timo van der Poel             | HC1 | 19   | I    | 47.57 | PR   |        |
|     | 126 Tygo van der Poel            | HC2 | 16   | I    | 47.57 | PR   |        |
| 12  | 46 Rinske van der Maarl          | DC2 | 20   | O    | 47.58 |      |        |
| 13  | 7 Floris van Maris               | HC1 | 18   | O    | 47.65 | PR   |        |
| 14  | 95 Laurens Heineman              | HC1 | 18   | I    | 47.81 | PR   |        |
| 15  | 59 Ralph Kooloos                 | HC1 | 15   | O    | 48.70 |      |        |
| 16  | 104 Esmee Bijl                   | DC2 | 19   | O    | 49.32 |      |        |
| 17  | 103 Emi Kiers                    | DC2 | 14   | O    | 49.36 |      |        |
| 18  | 88 Philipine Cornelissen         | DC2 | 16   | O    | 49.47 |      |        |
| 19  | 105 Emma Tauber                  | DC1 | 17   | O    | 49.67 |      |        |
| 20  | 127 Freek Tonino                 | HC2 | 14   | I    | 49.80 |      |        |
| 21  | 117 Kelsy Mulckhuyse             | DC2 | 17   | I    | 50.42 |      |        |
| 22  | 22 Evi Ruissen                   | DC2 | 13   | I    | 50.44 |      |        |
| 23  | 36 Dominique van der Aa          | DC1 | 13   | O    | 50.80 |      |        |
| 24  | 121 Christiaan Zandstra          | HC2 | 11   | O    | 50.83 | PR   |        |
| 25  | 68 Pien de Ruijter               | DC2 | 12   | I    | 50.88 |      |        |
| 26  | 65 Hille de Graaf                | DC1 | 15   | I    | 50.90 |      |        |
| 27  | 116 Stern Amons                  | HC1 | 8    | I    | 51.39 | PR   |        |
| 28  | 4 Ella Westerik                  | DC2 | 11   | I    | 51.52 |      |        |
| 29  | 11 Jelle Boonstra                | HC1 | 9    | I    | 51.56 |      |        |
| 30  | 28 Lisa Meeuwissen               | DC2 | 12   | O    | 51.79 |      |        |
| 31  | 81 Roos Valentijn                | DC2 | 10   | I    | 51.86 |      |        |
| 32  | 115 Elisa Domingues Rosa         | DC2 | 7    | I    | 52.25 |      |        |
| 33  | 44 Mark Prins                    | HC1 | 9    | O    | 52.78 |      |        |
| 34  | 60 Manou van Blijswijk           | DC1 | 7    | O    | 53.49 |      |        |
| 35  | 77 Alissa Pels                   | DC2 | 10   | O    | 53.72 |      |        |
| 36  | 42 Ilya Fontaine                 | HC1 | 8    | O    | 53.76 |      |        |
| 37  | 76 Matthijs van Rhenen           | HC1 | 5    | I    | 54.92 |      |        |
| 38  | 124 Isa Pruisscher               | DC1 | 6    | O    | 55.22 |      |        |



# IJsbeercup 6 en Kennemercup 7

IJsbaan Haarlem - Haarlem

7 december 2025



| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 39  | 101 Valerie Rinses | DC1 | 3    | I    | 58.29   | PR   |        |
| 40  | 128 Fiene Dekker   | DC1 | 3    | O    | 59.44   |      |        |
| 41  | 79 Sanne Neijzing  | DC1 | 5    | O    | 1:00.09 |      |        |
| 42  | 49 Aimée Tolk      | DC2 | 6    | I    | 1:00.52 |      |        |

## 2. Rituitslag 500 meter - IJsbeercup

|   |    | Naam                      | Cat           | PR                  | Tijd          | Info |
|---|----|---------------------------|---------------|---------------------|---------------|------|
| 3 | wt | 101 <b>Valerie Rinses</b> | DC1           | 1:00.28             | 58.29         | PR   |
|   | rd | 128 <b>Fiene Dekker</b>   | DC1           | 58.47               | 59.44         |      |
|   |    | <b>Valerie Rinses</b>     |               | <b>Fiene Dekker</b> |               |      |
|   |    | 100m                      | 14.63 (14.63) | 100m                | 14.30 (14.30) |      |
|   |    | 500m                      | 58.29 (43.66) | 500m                | 59.44 (45.14) |      |

|   |    | Naam | Cat | PR | Tijd | Info |
|---|----|------|-----|----|------|------|
| 4 | gl |      |     |    |      |      |
|   | bl |      |     |    |      |      |
|   |    | m    |     | m  |      |      |

|   |    | Naam                          | Cat           | PR                    | Tijd            | Info |
|---|----|-------------------------------|---------------|-----------------------|-----------------|------|
| 5 | wt | 76 <b>Matthijs van Rhenen</b> | HC1           | 53.91                 | 54.92           |      |
|   | rd | 79 <b>Sanne Neijzing</b>      | DC1           | 58.04                 | 1:00.09         |      |
|   |    | <b>Matthijs van Rhenen</b>    |               | <b>Sanne Neijzing</b> |                 |      |
|   |    | 100m                          | 13.99 (13.99) | 100m                  | 14.57 (14.57)   |      |
|   |    | 500m                          | 54.92 (40.93) | 500m                  | 1:00.09 (45.52) |      |

|   |    | Naam                      | Cat             | PR                    | Tijd          | Info |
|---|----|---------------------------|-----------------|-----------------------|---------------|------|
| 6 | gl | 49 <b>Aimée Tolk</b>      | DC2             | 58.93                 | 1:00.52       |      |
|   | bl | 124 <b>Isa Pruisscher</b> | DC1             | 52.42                 | 55.22         |      |
|   |    | <b>Aimée Tolk</b>         |                 | <b>Isa Pruisscher</b> |               |      |
|   |    | 100m                      | 15.20 (15.20)   | 100m                  | 13.49 (13.49) |      |
|   |    | 500m                      | 1:00.52 (45.32) | 500m                  | 55.22 (41.73) |      |

|   |    | Naam                            | Cat           | PR                         | Tijd          | Info |
|---|----|---------------------------------|---------------|----------------------------|---------------|------|
| 7 | wt | 115 <b>Elisa Domingues Rosa</b> | DC2           | 51.75                      | 52.25         |      |
|   | rd | 60 <b>Manou van Blijswijk</b>   | DC1           | 52.73                      | 53.49         |      |
|   |    | <b>Elisa Domingues Rosa</b>     |               | <b>Manou van Blijswijk</b> |               |      |
|   |    | 100m                            | 13.44 (13.44) | 100m                       | 13.71 (13.71) |      |
|   |    | 500m                            | 52.25 (38.81) | 500m                       | 53.49 (39.78) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |                 | Naam |                     | Cat                 | PR    |       | Tijd    | Info |
|----|-----------------|------|---------------------|---------------------|-------|-------|---------|------|
| 8  | gl              | 116  | Stern Amons         | HC1                 | 51.87 |       | 51.39   | PR   |
|    | bl              | 42   | Ilya Fontaine       | HC1                 | 52.49 |       | 53.76   |      |
|    | Stern Amons     |      |                     | Ilya Fontaine       |       |       |         |      |
|    |                 | 100m | 12.98               | (12.98)             | 100m  | 14.26 | (14.26) |      |
|    |                 | 500m | 51.39               | (38.41)             | 500m  | 53.76 | (39.50) |      |
|    |                 |      |                     |                     |       |       |         |      |
|    |                 | Naam |                     | Cat                 | PR    |       | Tijd    | Info |
| 9  | wt              | 11   | Jelle Boonstra      | HC1                 | 51.15 |       | 51.56   |      |
|    | rd              | 44   | Mark Prins          | HC1                 | 51.62 |       | 52.78   |      |
|    | Jelle Boonstra  |      |                     | Mark Prins          |       |       |         |      |
|    |                 | 100m | 13.14               | (13.14)             | 100m  | 13.18 | (13.18) |      |
|    |                 | 500m | 51.56               | (38.42)             | 500m  | 52.78 | (39.60) |      |
|    |                 |      |                     |                     |       |       |         |      |
|    |                 | Naam |                     | Cat                 | PR    |       | Tijd    | Info |
| 10 | gl              | 81   | Roos Valentijn      | DC2                 | 50.85 |       | 51.86   |      |
|    | bl              | 77   | Alissa Pels         | DC2                 | 51.54 |       | 53.72   |      |
|    | Roos Valentijn  |      |                     | Alissa Pels         |       |       |         |      |
|    |                 | 100m | 13.77               | (13.77)             | 100m  | 14.64 | (14.64) |      |
|    |                 | 500m | 51.86               | (38.09)             | 500m  | 53.72 | (39.08) |      |
|    |                 |      |                     |                     |       |       |         |      |
|    |                 | Naam |                     | Cat                 | PR    |       | Tijd    | Info |
| 11 | wt              | 4    | Ella Westerik       | DC2                 | 50.88 |       | 51.52   |      |
|    | rd              | 121  | Christiaan Zandstra | HC2                 | 51.01 |       | 50.83   | PR   |
|    | Ella Westerik   |      |                     | Christiaan Zandstra |       |       |         |      |
|    |                 | 100m | 13.08               | (13.08)             | 100m  | 13.14 | (13.14) |      |
|    |                 | 500m | 51.52               | (38.44)             | 500m  | 50.83 | (37.69) |      |
|    |                 |      |                     |                     |       |       |         |      |
|    |                 | Naam |                     | Cat                 | PR    |       | Tijd    | Info |
| 12 | gl              | 68   | Pien de Ruijter     | DC2                 | 50.86 |       | 50.88   |      |
|    | bl              | 28   | Lisa Meeuwissen     | DC2                 | 50.24 |       | 51.79   |      |
|    | Pien de Ruijter |      |                     | Lisa Meeuwissen     |       |       |         |      |
|    |                 | 100m | 13.68               | (13.68)             | 100m  | 13.38 | (13.38) |      |
|    |                 | 500m | 50.88               | (37.20)             | 500m  | 51.79 | (38.41) |      |

# IJsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
|----|----|---------------------------------|---------------|------------------------------|---------------|------|
| 13 | wt | 22 <b>Evi Ruissen</b>           | DC2           | 49.80                        | 50.44         |      |
|    | rd | 36 <b>Dominique van der Aa</b>  | DC1           | 50.22                        | 50.80         |      |
|    |    | <b>Evi Ruissen</b>              |               | <b>Dominique van der Aa</b>  |               |      |
|    |    | 100m                            | 13.15 (13.15) | 100m                         | 13.06 (13.06) |      |
|    |    | 500m                            | 50.44 (37.29) | 500m                         | 50.80 (37.74) |      |
|    |    |                                 |               |                              |               |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 14 | gl | 127 <b>Freek Tonino</b>         | HC2           | 49.34                        | 49.80         |      |
|    | bl | 103 <b>Emi Kiers</b>            | DC2           | 48.61                        | 49.36         |      |
|    |    | <b>Freek Tonino</b>             |               | <b>Emi Kiers</b>             |               |      |
|    |    | 100m                            | 12.84 (12.84) | 100m                         | 12.56 (12.56) |      |
|    |    | 500m                            | 49.80 (36.96) | 500m                         | 49.36 (36.80) |      |
|    |    |                                 |               |                              |               |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 15 | wt | 65 <b>Hille de Graaf</b>        | DC1           | 49.11                        | 50.90         |      |
|    | rd | 59 <b>Ralph Kooloos</b>         | HC1           | 48.31                        | 48.70         |      |
|    |    | <b>Hille de Graaf</b>           |               | <b>Ralph Kooloos</b>         |               |      |
|    |    | 100m                            | 13.31 (13.31) | 100m                         | 12.85 (12.85) |      |
|    |    | 500m                            | 50.90 (37.59) | 500m                         | 48.70 (35.85) |      |
|    |    |                                 |               |                              |               |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 16 | gl | 126 <b>Tygo van der Poel</b>    | HC2           | 49.25                        | 47.57         | PR   |
|    | bl | 88 <b>Philipine Cornelissen</b> | DC2           | 48.50                        | 49.47         |      |
|    |    | <b>Tygo van der Poel</b>        |               | <b>Philipine Cornelissen</b> |               |      |
|    |    | 100m                            | 12.72 (12.72) | 100m                         | 13.17 (13.17) |      |
|    |    | 500m                            | 47.57 (34.85) | 500m                         | 49.47 (36.30) |      |
|    |    |                                 |               |                              |               |      |
|    |    | Naam                            | Cat           | PR                           | Tijd          | Info |
| 17 | wt | 117 <b>Kelsy Mulckhuyse</b>     | DC2           | 47.68                        | 50.42         |      |
|    | rd | 105 <b>Emma Tauber</b>          | DC1           | 48.17                        | 49.67         |      |
|    |    | <b>Kelsy Mulckhuyse</b>         |               | <b>Emma Tauber</b>           |               |      |
|    |    | 100m                            | 12.97 (12.97) | 100m                         | 12.84 (12.84) |      |
|    |    | 500m                            | 50.42 (37.45) | 500m                         | 49.67 (36.83) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
|----|----|--------------------------------|---------------|-----------------------------|---------------|------|
| 18 | gl | 95 <b>Laurens Heineman</b>     | HC1           | 48.19                       | 47.81         | PR   |
|    | bl | 7 <b>Floris van Maris</b>      | HC1           | 47.66                       | 47.65         | PR   |
|    |    | <b>Laurens Heineman</b>        |               | <b>Floris van Maris</b>     |               |      |
|    |    | 100m                           | 12.40 (12.40) | 100m                        | 12.55 (12.55) |      |
|    |    | 500m                           | 47.81 (35.41) | 500m                        | 47.65 (35.10) |      |
|    |    |                                |               |                             |               |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 19 | wt | 16 <b>Timo van der Poel</b>    | HC1           | 47.64                       | 47.57         | PR   |
|    | rd | 104 <b>Esmee Bijl</b>          | DC2           | 47.18                       | 49.32         |      |
|    |    | <b>Timo van der Poel</b>       |               | <b>Esmee Bijl</b>           |               |      |
|    |    | 100m                           | 12.52 (12.52) | 100m                        | 12.74 (12.74) |      |
|    |    | 500m                           | 47.57 (35.05) | 500m                        | 49.32 (36.58) |      |
|    |    |                                |               |                             |               |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 20 | gl | 40 <b>Jelle van Ruiten</b>     | HC2           | 46.94                       | 47.34         |      |
|    | bl | 46 <b>Rinske van der Maarl</b> | DC2           | 46.41                       | 47.58         |      |
|    |    | <b>Jelle van Ruiten</b>        |               | <b>Rinske van der Maarl</b> |               |      |
|    |    | 100m                           | 12.78 (12.78) | 100m                        | 12.80 (12.80) |      |
|    |    | 500m                           | 47.34 (34.56) | 500m                        | 47.58 (34.78) |      |
|    |    |                                |               |                             |               |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 21 | wt | 5 <b>Jasper van Tol</b>        | HC1           | 45.24                       | 44.26         | PR   |
|    | rd | 12 <b>Mees Olie</b>            | HC2           | 44.97                       | 45.00         |      |
|    |    | <b>Jasper van Tol</b>          |               | <b>Mees Olie</b>            |               |      |
|    |    | 100m                           | 11.99 (11.99) | 100m                        | 11.85 (11.85) |      |
|    |    | 500m                           | 44.26 (32.27) | 500m                        | 45.00 (33.15) |      |
|    |    |                                |               |                             |               |      |
|    |    | Naam                           | Cat           | PR                          | Tijd          | Info |
| 22 | gl | 102 <b>Sam van Dongen</b>      | HC2           | 45.22                       | 45.78         |      |
|    | bl | 2 <b>Melanie Ooms</b>          | DC1           | 45.69                       | 45.89         |      |
|    |    | <b>Sam van Dongen</b>          |               | <b>Melanie Ooms</b>         |               |      |
|    |    | 100m                           | 12.20 (12.20) | 100m                        | 12.12 (12.12) |      |
|    |    | 500m                           | 45.78 (33.58) | 500m                        | 45.89 (33.77) |      |

|    |    | Naam                                    | Cat           | PR                                   | Tijd          | Info |
|----|----|-----------------------------------------|---------------|--------------------------------------|---------------|------|
| 23 | wt | 98 <b>Yfke Vreeken</b>                  | DC1           | 44.74                                | 45.47         |      |
|    | rd | 17 <b>Mark van Huuksloot Kuilenburg</b> | HC1           | 44.65                                | 45.51         |      |
|    |    | <b>Yfke Vreeken</b>                     |               | <b>Mark van Huuksloot Kuilenburg</b> |               |      |
|    |    | 100m                                    | 12.20 (12.20) | 100m                                 | 12.43 (12.43) |      |
|    |    | 500m                                    | 45.47 (33.27) | 500m                                 | 45.51 (33.08) |      |
|    |    |                                         |               |                                      |               |      |
|    |    | Naam                                    | Cat           | PR                                   | Tijd          | Info |
| 24 | gl | 82 <b>Lars Hoek</b>                     | HC1           | 42.11                                | 43.70         |      |
|    | bl | 96 <b>Bart Hof</b>                      | HC1           | 42.91                                | 43.50         |      |
|    |    | <b>Lars Hoek</b>                        |               | <b>Bart Hof</b>                      |               |      |
|    |    | 100m                                    | 11.87 (11.87) | 100m                                 | 11.77 (11.77) |      |
|    |    | 500m                                    | 43.70 (31.83) | 500m                                 | 43.50 (31.73) |      |

## 3. Uitslag 500 bij 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 61 Mike van Dijk         | HSA | 46   | I    | 40.41   |      |        |
| 2   | 47 Miel van der Veer     | HN2 | 45   | I    | 41.21   |      |        |
| 3   | 34 Roan Portier          | HB1 | 46   | O    | 42.05   |      |        |
| 4   | 30 Mik de Groot          | HN1 | 43   | O    | 42.45   |      |        |
| 5   | 63 Bob van Nobelen       | H40 | 44   | I    | 42.57   |      |        |
| 6   | 78 Job van Dongen        | HA2 | 44   | O    | 43.98   |      |        |
| 7   | 35 Timor Portier         | HB1 | 42   | O    | 44.11   |      |        |
| 8   | 23 Marcel Huismans       | H55 | 41   | O    | 44.17   |      |        |
| 9   | 91 Jasper Klerks         | HSA | 41   | I    | 44.51   |      |        |
| 10  | 9 Zhara Möllers          | DA2 | 43   | I    | 45.08   |      |        |
| 11  | 85 Pepijn van de Poll    | HB2 | 40   | O    | 45.13   | PR   |        |
| 12  | 21 Milou Butter          | DSA | 39   | O    | 45.48   |      |        |
| 13  | 92 Lars van Klink        | HA1 | 39   | I    | 45.66   |      |        |
| 14  | 64 Anouk Könst           | DN1 | 42   | I    | 45.75   |      |        |
| 15  | 86 Bram Braak            | HN1 | 40   | I    | 46.36   |      |        |
| 16  | 24 Simon Huismans        | HB1 | 36   | I    | 46.38   | PR   |        |
| 17  | 69 Michiel de Ruijter    | H50 | 38   | I    | 47.37   |      |        |
| 18  | 26 Britt van Wijk        | DA1 | 35   | I    | 47.46   |      |        |
| 19  | 29 Jan van der Veer      | H55 | 37   | O    | 47.47   | HT   |        |
| 20  | 75 Lis uit den Boogaard  | DB1 | 35   | O    | 48.37   |      |        |
| 21  | 100 Leendert Schoenmaker | H55 | 34   | I    | 48.43   | PR   |        |
| 22  | 74 Renske Bruinsma       | DSA | 31   | O    | 49.25   |      |        |
| 23  | 97 Sylvie van den Heuvel | DN2 | 32   | I    | 49.28   |      |        |
| 24  | 25 Anne Lubbers          | DA1 | 32   | O    | 49.36   | PR   |        |
| 25  | 114 Robin Schippers      | HB1 | 33   | I    | 49.64   |      |        |
| 26  | 107 Fabienne de Bie      | DA2 | 29   | I    | 49.94   | PR   |        |
| 27  | 120 Sven Jonkheer        | HB1 | 33   | O    | 50.34   |      |        |
| 28  | 73 Leanne Molenaar       | DN4 | 34   | O    | 50.59   |      |        |
| 29  | 99 Mette van Leeuwen     | DA2 | 30   | I    | 50.86   |      |        |
| 30  | 129 Flyn Verbeek         | HB1 | 29   | O    | 51.20   |      |        |
| 31  | 18 Pien Lodder           | DN3 | 30   | O    | 51.46   |      |        |
| 32  | 110 Meike Lubbers        | D40 | 28   | I    | 52.84   |      |        |
| 33  | 83 Ben Rückert           | H75 | 27   | I    | 52.91   | TRC  |        |
| 34  | 72 M. Stoete             | D55 | 27   | O    | 53.70   |      |        |
| 35  | 15 Renske van der Poel   | DB1 | 26   | O    | 54.13   | PR   |        |
| 36  | 87 Kelly Tromp           | DSA | 26   | I    | 54.71   | PR   |        |
| 37  | 125 Carli Hartgerink     | D40 | 28   | O    | 55.62   |      |        |
| 38  | 13 Joep Withagen         | HB1 | 25   | I    | 1:00.29 |      |        |



# IJsbeercup 6 en Kennemercup 7

IJsbaan Haarlem - Haarlem

7 december 2025



| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 43 Lois Elstgeest      | DB1 | 37   | I    | 1:03.69 | FL   |        |
|     | 106 Britt van Schie    | DB1 | 36   | O    | DNF     |      |        |
|     | 80 Karel Kloek         | HB1 | 31   | I    | DNS     |      |        |
|     | 27 Renske van der Veer | DN4 |      |      | WDR     |      |        |
|     | 108 Han Kamminga       | H55 |      |      | WDR     |      |        |

## 3. Rituitslag 500 bij 1000 meter

|    |    | Naam                          | Cat             | PR    | Tijd          | Info |
|----|----|-------------------------------|-----------------|-------|---------------|------|
| 25 | wt | 13 <b>Joep Withagen</b>       | HB1             | 58.93 | 1:00.29       |      |
|    | rd |                               |                 |       |               |      |
|    |    | Joep Withagen                 |                 |       |               |      |
|    |    | 100m                          | 15.66 (15.66)   | m     |               |      |
|    |    | 500m                          | 1:00.29 (44.63) |       |               |      |
|    |    |                               |                 |       |               |      |
|    |    | Naam                          | Cat             | PR    | Tijd          | Info |
| 26 | gl | 87 <b>Kelly Tromp</b>         | DSA             | 55.47 | 54.71         | PR   |
|    | bl | 15 <b>Renske van der Poel</b> | DB1             | 55.57 | 54.13         | PR   |
|    |    | Kelly Tromp                   |                 |       |               |      |
|    |    | 100m                          | 14.78 (14.78)   | 100m  | 14.73 (14.73) |      |
|    |    | 500m                          | 54.71 (39.93)   | 500m  | 54.13 (39.40) |      |
|    |    |                               |                 |       |               |      |
|    |    | Naam                          | Cat             | PR    | Tijd          | Info |
| 27 | wt | 83 <b>Ben Rückert</b>         | H75             | 44.08 | 52.91         | TRC  |
|    | rd | 72 <b>M. Stoete</b>           | D55             | 49.49 | 53.70         |      |
|    |    | Ben Rückert                   |                 |       |               |      |
|    |    | 100m                          | 14.74 (14.74)   | 100m  | 15.09 (15.09) |      |
|    |    | 500m                          | 52.91 (38.17)   | 500m  | 53.70 (38.61) |      |
|    |    |                               |                 |       |               |      |
|    |    | Naam                          | Cat             | PR    | Tijd          | Info |
| 28 | gl | 110 <b>Meike Lubbers</b>      | D40             | 49.47 | 52.84         |      |
|    | bl | 125 <b>Carli Hartgerink</b>   | D40             | 54.25 | 55.62         |      |
|    |    | Meike Lubbers                 |                 |       |               |      |
|    |    | 100m                          | 14.28 (14.28)   | 100m  | 14.54 (14.54) |      |
|    |    | 500m                          | 52.84 (38.56)   | 500m  | 55.62 (41.08) |      |
|    |    |                               |                 |       |               |      |
|    |    | Naam                          | Cat             | PR    | Tijd          | Info |
| 29 | wt | 107 <b>Fabienne de Bie</b>    | DA2             | 51.16 | 49.94         | PR   |
|    | rd | 129 <b>Flyn Verbeek</b>       | HB1             | 51.04 | 51.20         |      |
|    |    | Fabienne de Bie               |                 |       |               |      |
|    |    | 100m                          | 13.07 (13.07)   | 100m  | 12.84 (12.84) |      |
|    |    | 500m                          | 49.94 (36.87)   | 500m  | 51.20 (38.36) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                            | Cat | PR                     | Tijd  | Info |
|----|----|---------------------------------|-----|------------------------|-------|------|
| 30 | gl | 99 <b>Mette van Leeuwen</b>     | DA2 | 50.46                  | 50.86 |      |
|    | bl | 18 <b>Pien Lodder</b>           | DN3 | 50.64                  | 51.46 |      |
|    |    | <b>Mette van Leeuwen</b>        |     | <b>Pien Lodder</b>     |       |      |
|    |    | 100m 13.73 (13.73)              |     | 100m 14.07 (14.07)     |       |      |
|    |    | 500m 50.86 (37.13)              |     | 500m 51.46 (37.39)     |       |      |
|    |    | Naam                            | Cat | PR                     | Tijd  | Info |
| 31 | wt | 80 <b>Karel Kloek</b>           | HB1 | 48.02                  | DNS   |      |
|    | rd | 74 <b>Renske Bruinsma</b>       | DSA | 49.20                  | 49.25 |      |
|    |    | <b>Karel Kloek</b>              |     | <b>Renske Bruinsma</b> |       |      |
|    |    |                                 |     | 100m 13.27 (13.27)     |       |      |
|    |    |                                 |     | 500m 49.25 (35.98)     |       |      |
|    |    | Naam                            | Cat | PR                     | Tijd  | Info |
| 32 | gl | 97 <b>Sylvie van den Heuvel</b> | DN2 | 48.46                  | 49.28 |      |
|    | bl | 25 <b>Anne Lubbers</b>          | DA1 | 49.56                  | 49.36 | PR   |
|    |    | <b>Sylvie van den Heuvel</b>    |     | <b>Anne Lubbers</b>    |       |      |
|    |    | 100m 13.10 (13.10)              |     | 100m 12.96 (12.96)     |       |      |
|    |    | 500m 49.28 (36.18)              |     | 500m 49.36 (36.40)     |       |      |
|    |    | Naam                            | Cat | PR                     | Tijd  | Info |
| 33 | wt | 114 <b>Robin Schippers</b>      | HB1 | 48.18                  | 49.64 |      |
|    | rd | 120 <b>Sven Jonkheer</b>        | HB1 | 49.33                  | 50.34 |      |
|    |    | <b>Robin Schippers</b>          |     | <b>Sven Jonkheer</b>   |       |      |
|    |    | 100m 13.43 (13.43)              |     | 100m 14.00 (14.00)     |       |      |
|    |    | 500m 49.64 (36.21)              |     | 500m 50.34 (36.34)     |       |      |
|    |    | Naam                            | Cat | PR                     | Tijd  | Info |
| 34 | gl | 100 <b>Leendert Schoenmaker</b> | H55 | 49.14                  | 48.43 | PR   |
|    | bl | 73 <b>Leanne Molenaar</b>       | DN4 | 46.71                  | 50.59 |      |
|    |    | <b>Leendert Schoenmaker</b>     |     | <b>Leanne Molenaar</b> |       |      |
|    |    | 100m 13.27 (13.27)              |     | 100m 13.63 (13.63)     |       |      |
|    |    | 500m 48.43 (35.16)              |     | 500m 50.59 (36.96)     |       |      |

|    |    | Naam                           | Cat             | PR                          | Tijd          | Info |
|----|----|--------------------------------|-----------------|-----------------------------|---------------|------|
| 35 | wt | 26 <b>Britt van Wijk</b>       | DA1             | 46.38                       | 47.46         |      |
|    | rd | 75 <b>Lis uit den Boogaard</b> | DB1             | 46.38                       | 48.37         |      |
|    |    | <b>Britt van Wijk</b>          |                 | <b>Lis uit den Boogaard</b> |               |      |
|    |    | 100m                           | 12.97 (12.97)   | 100m                        | 13.08 (13.08) |      |
|    |    | 500m                           | 47.46 (34.49)   | 500m                        | 48.37 (35.29) |      |
|    |    | Naam                           | Cat             | PR                          | Tijd          | Info |
| 36 | gl | 24 <b>Simon Huismans</b>       | HB1             | 47.33                       | 46.38         | PR   |
|    | bl | 106 <b>Britt van Schie</b>     | DB1             | 48.30                       | DNF           |      |
|    |    | <b>Simon Huismans</b>          |                 | <b>Britt van Schie</b>      |               |      |
|    |    | 100m                           | 12.60 (12.60)   | 100m                        | 12.27 (12.27) |      |
|    |    | 500m                           | 46.38 (33.78)   |                             |               |      |
|    |    | Naam                           | Cat             | PR                          | Tijd          | Info |
| 37 | wt | 43 <b>Lois Elstgeest</b>       | DB1             | 45.92                       | 1:03.69       | FL   |
|    | rd | 29 <b>Jan van der Veer</b>     | H55             | 43.20                       | 47.47         | HT   |
|    |    | <b>Lois Elstgeest</b>          |                 | <b>Jan van der Veer</b>     |               |      |
|    |    | 100m                           | 13.77 (13.77)   | 100m                        | 12.78 (12.78) |      |
|    |    | 500m                           | 1:03.69 (49.92) | 500m                        | 47.47 (34.69) |      |
|    |    | Naam                           | Cat             | PR                          | Tijd          | Info |
| 38 | gl | 69 <b>Michiel de Ruijter</b>   | H50             | 47.25                       | 47.37         |      |
|    | bl | 27 <b>Renske van der Veer</b>  | DN4             | 44.88                       | WDR           |      |
|    |    | <b>Michiel de Ruijter</b>      |                 | <b>Renske van der Veer</b>  |               |      |
|    |    | 100m                           | 23.68 (23.68)   |                             |               |      |
|    |    | 500m                           | 47.37 (23.69)   |                             |               |      |
|    |    | Naam                           | Cat             | PR                          | Tijd          | Info |
| 39 | wt | 92 <b>Lars van Klink</b>       | HA1             | 45.22                       | 45.66         |      |
|    | rd | 21 <b>Milou Butter</b>         | DSA             | 42.93                       | 45.48         |      |
|    |    | <b>Lars van Klink</b>          |                 | <b>Milou Butter</b>         |               |      |
|    |    | 100m                           | 12.32 (12.32)   | 100m                        | 12.61 (12.61) |      |
|    |    | 500m                           | 45.66 (33.34)   | 500m                        | 45.48 (32.87) |      |

|    |    | Naam                         | Cat           | PR                        | Tijd          | Info |
|----|----|------------------------------|---------------|---------------------------|---------------|------|
| 40 | gl | 86 <b>Bram Braak</b>         | HN1           | 45.72                     | 46.36         |      |
|    | bl | 85 <b>Pepijn van de Poll</b> | HB2           | 45.28                     | 45.13         | PR   |
|    |    | <b>Bram Braak</b>            |               | <b>Pepijn van de Poll</b> |               |      |
|    |    | 100m                         | 12.63 (12.63) | 100m                      | 12.50 (12.50) |      |
|    |    | 500m                         | 46.36 (33.73) | 500m                      | 45.13 (32.63) |      |
|    |    | Naam                         | Cat           | PR                        | Tijd          | Info |
| 41 | wt | 91 <b>Jasper Klerks</b>      | HSA           | 43.84                     | 44.51         |      |
|    | rd | 23 <b>Marcel Huismans</b>    | H55           | 39.80                     | 44.17         |      |
|    |    | <b>Jasper Klerks</b>         |               | <b>Marcel Huismans</b>    |               |      |
|    |    | 100m                         | 12.07 (12.07) | 100m                      | 12.14 (12.14) |      |
|    |    | 500m                         | 44.51 (32.44) | 500m                      | 44.17 (32.03) |      |
|    |    | Naam                         | Cat           | PR                        | Tijd          | Info |
| 42 | gl | 64 <b>Anouk Könst</b>        | DN1           | 43.72                     | 45.75         |      |
|    | bl | 35 <b>Timor Portier</b>      | HB1           | 43.52                     | 44.11         |      |
|    |    | <b>Anouk Könst</b>           |               | <b>Timor Portier</b>      |               |      |
|    |    | 100m                         | 12.63 (12.63) | 100m                      | 11.43 (11.43) |      |
|    |    | 500m                         | 45.75 (33.12) | 500m                      | 44.11 (32.68) |      |
|    |    | Naam                         | Cat           | PR                        | Tijd          | Info |
| 43 | wt | 9 <b>Zhara Möllers</b>       | DA2           | 43.36                     | 45.08         |      |
|    | rd | 30 <b>Mik de Groot</b>       | HN1           | 41.65                     | 42.45         |      |
|    |    | <b>Zhara Möllers</b>         |               | <b>Mik de Groot</b>       |               |      |
|    |    | 100m                         | 12.37 (12.37) | 100m                      | 11.73 (11.73) |      |
|    |    | 500m                         | 45.08 (32.71) | 500m                      | 42.45 (30.72) |      |
|    |    | Naam                         | Cat           | PR                        | Tijd          | Info |
| 44 | gl | 63 <b>Bob van Nobelen</b>    | H40           | 40.23                     | 42.57         |      |
|    | bl | 78 <b>Job van Dongen</b>     | HA2           | 43.36                     | 43.98         |      |
|    |    | <b>Bob van Nobelen</b>       |               | <b>Job van Dongen</b>     |               |      |
|    |    | 100m                         | 11.48 (11.48) | 100m                      | 11.75 (11.75) |      |
|    |    | 500m                         | 42.57 (31.09) | 500m                      | 43.98 (32.23) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                        | Cat   | PR                  | Tijd  | Info          |
|----|----|-----------------------------|-------|---------------------|-------|---------------|
| 45 | wt | 47 <b>Miel van der Veer</b> | HN2   | 39.31               | 41.21 |               |
|    | rd | 108 <b>Han Kamminga</b>     | H55   | 39.19               | WDR   |               |
|    |    | <b>Miel van der Veer</b>    |       | <b>Han Kamminga</b> |       |               |
|    |    | 100m                        | 11.57 | (11.57)             |       |               |
|    |    | 500m                        | 41.21 | (29.64)             |       |               |
|    |    |                             |       |                     |       |               |
|    |    | Naam                        | Cat   | PR                  | Tijd  | Info          |
| 46 | gl | 61 <b>Mike van Dijk</b>     | HSA   | 38.38               | 40.41 |               |
|    | bl | 34 <b>Roan Portier</b>      | HB1   | 41.91               | 42.05 |               |
|    |    | <b>Mike van Dijk</b>        |       | <b>Roan Portier</b> |       |               |
|    |    | 100m                        | 11.37 | (11.37)             | 100m  | 11.27 (11.27) |
|    |    | 500m                        | 40.41 | (29.04)             | 500m  | 42.05 (30.78) |

## 4. Uitslag 500 meter - omloop 2

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 8 Ravi de Jong          | HN1 | 48   | I    | 45.56 |      |        |
| 2   | 32 Sepp Nauta           | HB1 | 47   | O    | 46.53 | PR   |        |
| 3   | 122 Jan Willem Dijkstra | H55 | 47   | I    | 48.36 |      |        |
|     | 10 Joanne Vromen        | DSA | 48   | O    | DNS   |      |        |

## 4. Rituitslag 500 meter - omloop 2

|    |    | Naam                           | Cat           | PR                   | Tijd          | Info |
|----|----|--------------------------------|---------------|----------------------|---------------|------|
| 47 | wt | 122 <b>Jan Willem Dijkstra</b> | H55           | 47.12                | 48.36         |      |
|    | rd | 32 <b>Sepp Nauta</b>           | HB1           | 47.11                | 46.53         | PR   |
|    |    | <b>Jan Willem Dijkstra</b>     |               | <b>Sepp Nauta</b>    |               |      |
|    |    | 100m                           | 13.22 (13.22) | 100m                 | 12.39 (12.39) |      |
|    |    | 500m                           | 48.36 (35.14) | 500m                 | 46.53 (34.14) |      |
|    |    |                                |               |                      |               |      |
|    |    | Naam                           | Cat           | PR                   | Tijd          | Info |
| 48 | gl | 8 <b>Ravi de Jong</b>          | HN1           | 45.45                | 45.56         |      |
|    | bl | 10 <b>Joanne Vromen</b>        | DSA           | 1:15.70              | DNS           |      |
|    |    | <b>Ravi de Jong</b>            |               | <b>Joanne Vromen</b> |               |      |
|    |    | 100m                           | 12.26 (12.26) |                      |               |      |
|    |    | 500m                           | 45.56 (33.30) |                      |               |      |

## 5. Uitslag 1000 meter - IJsbeercup

| Pos | Naam                             | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1   | 96 Bart Hof                      | HC1 | 70   | I    | 1:27.76 |      |        |
| 2   | 82 Lars Hoek                     | HC1 | 70   | O    | 1:28.62 | PR   |        |
| 3   | 17 Mark van Huuksloot Kuilenburg | HC1 | 69   | O    | 1:31.15 |      |        |
| 4   | 5 Jasper van Tol                 | HC1 | 68   | O    | 1:31.22 | PR   |        |
| 5   | 12 Mees Olie                     | HC2 | 68   | I    | 1:31.52 | PR   |        |
| 6   | 98 Yfke Vreeken                  | DC1 | 69   | I    | 1:33.02 |      |        |
| 7   | 40 Jelle van Ruiten              | HC2 | 65   | O    | 1:34.12 | PR   |        |
| 8   | 16 Timo van der Poel             | HC1 | 63   | O    | 1:35.32 | PR   |        |
| 9   | 2 Melanie Ooms                   | DC1 | 66   | O    | 1:35.49 |      |        |
| 10  | 126 Tygo van der Poel            | HC2 | 63   | I    | 1:36.12 | PR   |        |
| 11  | 59 Ralph Kooloos                 | HC1 | 65   | I    | 1:37.65 | PR   |        |
| 12  | 46 Rinske van der Maarl          | DC2 | 67   | O    | 1:37.77 |      |        |
| 13  | 95 Laurens Heineman              | HC1 | 59   | O    | 1:39.44 | PR   |        |
| 14  | 7 Floris van Maris               | HC1 | 64   | I    | 1:40.18 |      |        |
| 15  | 88 Philipine Cornelissen         | DC2 | 64   | O    | 1:40.30 |      |        |
| 16  | 102 Sam van Dongen               | HC2 | 67   | I    | 1:40.52 | FL   |        |
| 17  | 36 Dominique van der Aa          | DC1 | 60   | I    | 1:40.77 | PR   |        |
|     | 104 Esmee Bijl                   | DC2 | 66   | I    | 1:40.77 |      |        |
| 19  | 103 Emi Kiers                    | DC2 | 57   | I    | 1:40.78 | PR   |        |
| 20  | 22 Evi Ruissen                   | DC2 | 62   | O    | 1:40.91 | PR   |        |
| 21  | 105 Emma Tauber                  | DC1 | 61   | I    | 1:41.30 |      |        |
| 22  | 117 Kelsy Mulckhuyse             | DC2 | 62   | I    | 1:42.62 | PR   |        |
| 23  | 28 Lisa Meeuwissen               | DC2 | 60   | O    | 1:43.21 | PR   |        |
| 24  | 81 Roos Valentijn                | DC2 | 58   | I    | 1:43.33 | PR   |        |
| 25  | 121 Christiaan Zandstra          | HC2 | 59   | I    | 1:43.36 | PR   |        |
| 26  | 68 Pien de Ruijter               | DC2 | 57   | O    | 1:43.73 | PR   |        |
| 27  | 127 Freek Tonino                 | HC2 | 54   | O    | 1:43.85 | PR   |        |
| 28  | 4 Ella Westerik                  | DC2 | 58   | O    | 1:43.99 | PR   |        |
| 29  | 65 Hille de Graaf                | DC1 | 61   | O    | 1:44.05 |      |        |
| 30  | 11 Jelle Boonstra                | HC1 | 56   | I    | 1:44.40 | PR   |        |
| 31  | 116 Stern Amons                  | HC1 | 55   | I    | 1:44.97 | PR   |        |
| 32  | 42 Ilya Fontaine                 | HC1 | 54   | I    | 1:45.76 | PR   |        |
| 33  | 77 Alissa Pels                   | DC2 | 55   | O    | 1:46.28 | PR   |        |
| 34  | 76 Matthijs van Rhenen           | HC1 | 53   | I    | 1:47.73 | PR   |        |
| 35  | 124 Isa Pruisscher               | DC1 | 53   | O    | 1:47.86 | PR   |        |
| 36  | 44 Mark Prins                    | HC1 | 56   | O    | 1:48.13 |      |        |
| 37  | 115 Elisa Domingues Rosa         | DC2 | 52   | I    | 1:52.38 |      |        |
| 38  | 60 Manou van Blijswijk           | DC1 | 52   | O    | 1:52.93 | PR   |        |



# IJsbeercup 6 en Kennemercup 7

IJsbaan Haarlem - Haarlem

7 december 2025



| Pos | Naam                      | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|---------------------------|-----|------|------|----------------|------|--------|
| 39  | 79 <b>Sanne Neijzing</b>  | DC1 | 51   | I    | <b>1:59.79</b> | PR   |        |
| 40  | 128 <b>Fiene Dekker</b>   | DC1 | 51   | O    | <b>2:01.50</b> | PR   |        |
| 41  | 49 <b>Aimée Tolk</b>      | DC2 | 49   | I    | <b>2:06.21</b> | PR   |        |
|     | 101 <b>Valerie Rinses</b> | DC1 | 49   | O    | <b>DNF</b>     |      |        |

## 5. Rituitslag 1000 meter - IJsbeercup

|    |    | Naam                            | Cat | PR                         | Tijd    | Info |
|----|----|---------------------------------|-----|----------------------------|---------|------|
| 49 | wt | 49 <b>Aimée Tolk</b>            | DC2 | 2:17.31                    | 2:06.21 | PR   |
|    | rd | 101 <b>Valerie Rinses</b>       | DC1 | 2:14.82                    | DNF     |      |
|    |    | <b>Aimée Tolk</b>               |     | <b>Valerie Rinses</b>      |         |      |
|    |    | 200m 27.01 (27.01)              |     | 200m 26.09 (26.09)         |         |      |
|    |    | 600m 1:15.08 (48.07)            |     | 600m 1:10.68 (44.59)       |         |      |
|    |    | 1000m 2:06.21 (51.13)           |     |                            |         |      |
|    |    | Naam                            | Cat | PR                         | Tijd    | Info |
| 50 | gl |                                 |     |                            |         |      |
|    | bl |                                 |     |                            |         |      |
|    |    | m                               |     | m                          |         |      |
|    |    | Naam                            | Cat | PR                         | Tijd    | Info |
| 51 | wt | 79 <b>Sanne Neijzing</b>        | DC1 | 2:01.65                    | 1:59.79 | PR   |
|    | rd | 128 <b>Fiene Dekker</b>         | DC1 | 2:05.68                    | 2:01.50 | PR   |
|    |    | <b>Sanne Neijzing</b>           |     | <b>Fiene Dekker</b>        |         |      |
|    |    | 200m 27.07 (27.07)              |     | 200m 26.13 (26.13)         |         |      |
|    |    | 600m 1:12.26 (45.19)            |     | 600m 1:11.68 (45.55)       |         |      |
|    |    | 1000m 1:59.79 (47.53)           |     | 1000m 2:01.50 (49.82)      |         |      |
|    |    | Naam                            | Cat | PR                         | Tijd    | Info |
| 52 | gl | 115 <b>Elisa Domingues Rosa</b> | DC2 | 1:47.94                    | 1:52.38 |      |
|    | bl | 60 <b>Manou van Blijswijk</b>   | DC1 | 1:55.64                    | 1:52.93 | PR   |
|    |    | <b>Elisa Domingues Rosa</b>     |     | <b>Manou van Blijswijk</b> |         |      |
|    |    | 200m 24.46 (24.46)              |     | 200m 24.93 (24.93)         |         |      |
|    |    | 600m 1:06.91 (42.45)            |     | 600m 1:07.21 (42.28)       |         |      |
|    |    | 1000m 1:52.38 (45.47)           |     | 1000m 1:52.93 (45.72)      |         |      |

|    |    | Naam                          | Cat | PR                    | Tijd    | Info |
|----|----|-------------------------------|-----|-----------------------|---------|------|
| 53 | wt | 76 <b>Matthijs van Rhenen</b> | HC1 | 1:48.65               | 1:47.73 | PR   |
|    | rd | 124 <b>Isa Pruisscher</b>     | DC1 | 1:49.37               | 1:47.86 | PR   |
|    |    | <b>Matthijs van Rhenen</b>    |     | <b>Isa Pruisscher</b> |         |      |
|    |    | 200m 23.96 (23.96)            |     | 200m 24.41 (24.41)    |         |      |
|    |    | 600m 1:04.69 (40.73)          |     | 600m 1:05.79 (41.38)  |         |      |
|    |    | 1000m 1:47.73 (43.04)         |     | 1000m 1:47.86 (42.07) |         |      |
|    |    | Naam                          | Cat | PR                    | Tijd    | Info |
| 54 | gl | 42 <b>Ilya Fontaine</b>       | HC1 | 1:48.22               | 1:45.76 | PR   |
|    | bl | 127 <b>Freek Tonino</b>       | HC2 | 1:47.50               | 1:43.85 | PR   |
|    |    | <b>Ilya Fontaine</b>          |     | <b>Freek Tonino</b>   |         |      |
|    |    | 200m 23.94 (23.94)            |     | 200m 22.85 (22.85)    |         |      |
|    |    | 600m 1:04.26 (40.32)          |     | 600m 1:02.38 (39.53)  |         |      |
|    |    | 1000m 1:45.76 (41.50)         |     | 1000m 1:43.85 (41.47) |         |      |
|    |    | Naam                          | Cat | PR                    | Tijd    | Info |
| 55 | wt | 116 <b>Stern Amons</b>        | HC1 | 1:47.80               | 1:44.97 | PR   |
|    | rd | 77 <b>Alissa Pels</b>         | DC2 | 1:47.06               | 1:46.28 | PR   |
|    |    | <b>Stern Amons</b>            |     | <b>Alissa Pels</b>    |         |      |
|    |    | 200m 22.98 (22.98)            |     | 200m 24.93 (24.93)    |         |      |
|    |    | 600m 1:03.95 (40.97)          |     | 600m 1:05.08 (40.15)  |         |      |
|    |    | 1000m 1:44.97 (41.02)         |     | 1000m 1:46.28 (41.20) |         |      |
|    |    | Naam                          | Cat | PR                    | Tijd    | Info |
| 56 | gl | 11 <b>Jelle Boonstra</b>      | HC1 | 1:47.70               | 1:44.40 | PR   |
|    | bl | 44 <b>Mark Prins</b>          | HC1 | 1:47.55               | 1:48.13 |      |
|    |    | <b>Jelle Boonstra</b>         |     | <b>Mark Prins</b>     |         |      |
|    |    | 200m 23.25 (23.25)            |     | 200m 23.40 (23.40)    |         |      |
|    |    | 600m 1:03.34 (40.09)          |     | 600m 1:05.05 (41.65)  |         |      |
|    |    | 1000m 1:44.40 (41.06)         |     | 1000m 1:48.13 (43.08) |         |      |

|    |    | Naam                           | Cat | PR                      | Tijd    | Info |
|----|----|--------------------------------|-----|-------------------------|---------|------|
| 57 | wt | 103 <b>Emi Kiers</b>           | DC2 | 1:45.06                 | 1:40.78 | PR   |
|    | rd | 68 <b>Pien de Ruijter</b>      | DC2 | 1:45.72                 | 1:43.73 | PR   |
|    |    | <b>Emi Kiers</b>               |     | <b>Pien de Ruijter</b>  |         |      |
|    |    | 200m 22.68 (22.68)             |     | 200m 23.99 (23.99)      |         |      |
|    |    | 600m 1:01.28 (38.60)           |     | 600m 1:02.26 (38.27)    |         |      |
|    |    | 1000m 1:40.78 (39.50)          |     | 1000m 1:43.73 (41.47)   |         |      |
|    |    | Naam                           | Cat | PR                      | Tijd    | Info |
| 58 | gl | 81 <b>Roos Valentijn</b>       | DC2 | 1:45.28                 | 1:43.33 | PR   |
|    | bl | 4 <b>Ella Westerik</b>         | DC2 | 1:46.26                 | 1:43.99 | PR   |
|    |    | <b>Roos Valentijn</b>          |     | <b>Ella Westerik</b>    |         |      |
|    |    | 200m 23.72 (23.72)             |     | 200m 23.92 (23.92)      |         |      |
|    |    | 600m 1:02.53 (38.81)           |     | 600m 1:03.25 (39.33)    |         |      |
|    |    | 1000m 1:43.33 (40.80)          |     | 1000m 1:43.99 (40.74)   |         |      |
|    |    | Naam                           | Cat | PR                      | Tijd    | Info |
| 59 | wt | 121 <b>Christiaan Zandstra</b> | HC2 | 1:43.61                 | 1:43.36 | PR   |
|    | rd | 95 <b>Laurens Heineman</b>     | HC1 | 1:44.45                 | 1:39.44 | PR   |
|    |    | <b>Christiaan Zandstra</b>     |     | <b>Laurens Heineman</b> |         |      |
|    |    | 200m 23.00 (23.00)             |     | 200m 21.73 (21.73)      |         |      |
|    |    | 600m 1:02.14 (39.14)           |     | 600m 58.71 (36.98)      |         |      |
|    |    | 1000m 1:43.36 (41.22)          |     | 1000m 1:39.44 (40.73)   |         |      |
|    |    | Naam                           | Cat | PR                      | Tijd    | Info |
| 60 | gl | 36 <b>Dominique van der Aa</b> | DC1 | 1:43.12                 | 1:40.77 | PR   |
|    | bl | 28 <b>Lisa Meeuwissen</b>      | DC2 | 1:44.53                 | 1:43.21 | PR   |
|    |    | <b>Dominique van der Aa</b>    |     | <b>Lisa Meeuwissen</b>  |         |      |
|    |    | 200m 22.62 (22.62)             |     | 200m 23.31 (23.31)      |         |      |
|    |    | 600m 1:01.23 (38.61)           |     | 600m 1:02.30 (38.99)    |         |      |
|    |    | 1000m 1:40.77 (39.54)          |     | 1000m 1:43.21 (40.91)   |         |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                            | Cat | PR                           | Tijd    | Info |
|----|----|---------------------------------|-----|------------------------------|---------|------|
| 61 | wt | 105 <b>Emma Tauber</b>          | DC1 | 1:40.82                      | 1:41.30 |      |
|    | rd | 65 <b>Hille de Graaf</b>        | DC1 | 1:42.74                      | 1:44.05 |      |
|    |    | <b>Emma Tauber</b>              |     | <b>Hille de Graaf</b>        |         |      |
|    |    | 200m 22.27 (22.27)              |     | 200m 23.32 (23.32)           |         |      |
|    |    | 600m 1:00.62 (38.35)            |     | 600m 1:02.70 (39.38)         |         |      |
|    |    | 1000m 1:41.30 (40.68)           |     | 1000m 1:44.05 (41.35)        |         |      |
|    |    | Naam                            | Cat | PR                           | Tijd    | Info |
| 62 | gl | 117 <b>Kelsy Mulckhuysen</b>    | DC2 | 1:43.03                      | 1:42.62 | PR   |
|    | bl | 22 <b>Evi Ruissen</b>           | DC2 | 1:41.93                      | 1:40.91 | PR   |
|    |    | <b>Kelsy Mulckhuysen</b>        |     | <b>Evi Ruissen</b>           |         |      |
|    |    | 200m 23.01 (23.01)              |     | 200m 23.26 (23.26)           |         |      |
|    |    | 600m 1:02.18 (39.17)            |     | 600m 1:01.80 (38.54)         |         |      |
|    |    | 1000m 1:42.62 (40.44)           |     | 1000m 1:40.91 (39.11)        |         |      |
|    |    | Naam                            | Cat | PR                           | Tijd    | Info |
| 63 | wt | 126 <b>Tygo van der Poel</b>    | HC2 | 1:39.40                      | 1:36.12 | PR   |
|    | rd | 16 <b>Timo van der Poel</b>     | HC1 | 1:38.05                      | 1:35.32 | PR   |
|    |    | <b>Tygo van der Poel</b>        |     | <b>Timo van der Poel</b>     |         |      |
|    |    | 200m 21.84 (21.84)              |     | 200m 21.98 (21.98)           |         |      |
|    |    | 600m 58.39 (36.55)              |     | 600m 57.65 (35.67)           |         |      |
|    |    | 1000m 1:36.12 (37.73)           |     | 1000m 1:35.32 (37.67)        |         |      |
|    |    | Naam                            | Cat | PR                           | Tijd    | Info |
| 64 | gl | 7 <b>Floris van Maris</b>       | HC1 | 1:38.53                      | 1:40.18 |      |
|    | bl | 88 <b>Philipine Cornelissen</b> | DC2 | 1:39.39                      | 1:40.30 |      |
|    |    | <b>Floris van Maris</b>         |     | <b>Philipine Cornelissen</b> |         |      |
|    |    | 200m 22.75 (22.75)              |     | 200m 22.87 (22.87)           |         |      |
|    |    | 600m 1:00.87 (38.12)            |     | 600m 1:00.54 (37.67)         |         |      |
|    |    | 1000m 1:40.18 (39.31)           |     | 1000m 1:40.30 (39.76)        |         |      |

|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
|----|----|--------------------------------|-----|-----------------------------|---------|------|
| 65 | wt | 59 <b>Ralph Kooloos</b>        | HC1 | 1:37.94                     | 1:37.65 | PR   |
|    | rd | 40 <b>Jelle van Ruiten</b>     | HC2 | 1:35.60                     | 1:34.12 | PR   |
|    |    | <b>Ralph Kooloos</b>           |     | <b>Jelle van Ruiten</b>     |         |      |
|    |    | 200m 22.59 (22.59)             |     | 200m 21.75 (21.75)          |         |      |
|    |    | 600m 1:00.03 (37.44)           |     | 600m 57.00 (35.25)          |         |      |
|    |    | 1000m 1:37.65 (37.62)          |     | 1000m 1:34.12 (37.12)       |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 66 | gl | 104 <b>Esmee Bijl</b>          | DC2 | 1:35.31                     | 1:40.77 |      |
|    | bl | 2 <b>Melanie Ooms</b>          | DC1 | 1:30.68                     | 1:35.49 |      |
|    |    | <b>Esmee Bijl</b>              |     | <b>Melanie Ooms</b>         |         |      |
|    |    | 200m 22.37 (22.37)             |     | 200m 21.26 (21.26)          |         |      |
|    |    | 600m 1:00.37 (38.00)           |     | 600m 56.90 (35.64)          |         |      |
|    |    | 1000m 1:40.77 (40.40)          |     | 1000m 1:35.49 (38.59)       |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 67 | wt | 102 <b>Sam van Dongen</b>      | HC2 | 1:32.69                     | 1:40.52 | FL   |
|    | rd | 46 <b>Rinske van der Maarl</b> | DC2 | 1:34.78                     | 1:37.77 |      |
|    |    | <b>Sam van Dongen</b>          |     | <b>Rinske van der Maarl</b> |         |      |
|    |    | 200m 29.59 (29.59)             |     | 200m 22.54 (22.54)          |         |      |
|    |    | 600m 1:04.15 (34.56)           |     | 600m 59.60 (37.06)          |         |      |
|    |    | 1000m 1:40.52 (36.37)          |     | 1000m 1:37.77 (38.17)       |         |      |
|    |    | Naam                           | Cat | PR                          | Tijd    | Info |
| 68 | gl | 12 <b>Mees Olie</b>            | HC2 | 1:33.51                     | 1:31.52 | PR   |
|    | bl | 5 <b>Jasper van Tol</b>        | HC1 | 1:32.81                     | 1:31.22 | PR   |
|    |    | <b>Mees Olie</b>               |     | <b>Jasper van Tol</b>       |         |      |
|    |    | 200m 20.33 (20.33)             |     | 200m 21.41 (21.41)          |         |      |
|    |    | 600m 55.12 (34.79)             |     | 600m 55.05 (33.64)          |         |      |
|    |    | 1000m 1:31.52 (36.40)          |     | 1000m 1:31.22 (36.17)       |         |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                                    | Cat             | PR                                   | Tijd            | Info |
|----|----|-----------------------------------------|-----------------|--------------------------------------|-----------------|------|
| 69 | wt | 98 <b>Yfke Vreeken</b>                  | DC1             | 1:31.68                              | 1:33.02         |      |
|    | rd | 17 <b>Mark van Huuksloot Kuilenburg</b> | HC1             | 1:30.72                              | 1:31.15         |      |
|    |    | <b>Yfke Vreeken</b>                     |                 | <b>Mark van Huuksloot Kuilenburg</b> |                 |      |
|    |    | 200m                                    | 21.38 (21.38)   | 200m                                 | 21.62 (21.62)   |      |
|    |    | 600m                                    | 56.15 (34.77)   | 600m                                 | 55.67 (34.05)   |      |
|    |    | 1000m                                   | 1:33.02 (36.87) | 1000m                                | 1:31.15 (35.48) |      |
|    |    | Naam                                    | Cat             | PR                                   | Tijd            | Info |
| 70 | gl | 96 <b>Bart Hof</b>                      | HC1             | 1:26.34                              | 1:27.76         |      |
|    | bl | 82 <b>Lars Hoek</b>                     | HC1             | 1:29.42                              | 1:28.62         | PR   |
|    |    | <b>Bart Hof</b>                         |                 | <b>Lars Hoek</b>                     |                 |      |
|    |    | 200m                                    | 20.27 (20.27)   | 200m                                 | 20.41 (20.41)   |      |
|    |    | 600m                                    | 53.31 (33.04)   | 600m                                 | 42.79 (22.38)   |      |
|    |    | 1000m                                   | 1:27.76 (34.45) | 1000m                                | 1:28.62 (45.83) |      |

## 6. Uitslag 1000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 47 Miel van der Veer     | HN2 | 92   | I    | 1:20.59 |      |        |
| 2   | 61 Mike van Dijk         | HSA | 91   | O    | 1:21.37 |      |        |
| 3   | 30 Mik de Groot          | HN1 | 91   | I    | 1:24.48 | PR   |        |
| 4   | 34 Roan Portier          | HB1 | 89   | O    | 1:25.52 | PR   |        |
| 5   | 63 Bob van Nobelen       | H40 | 89   | I    | 1:26.62 |      |        |
| 6   | 23 Marcel Huismans       | H55 | 90   | I    | 1:27.43 |      |        |
| 7   | 78 Job van Dongen        | HA2 | 87   | I    | 1:27.95 | PR   |        |
| 8   | 85 Pepijn van de Poll    | HB2 | 87   | O    | 1:28.54 | PR   |        |
| 9   | 64 Anouk Könst           | DN1 | 85   | O    | 1:28.73 |      |        |
| 10  | 9 Zhara Möllers          | DA2 | 86   | I    | 1:29.33 |      |        |
| 11  | 91 Jasper Klerks         | HSA | 88   | O    | 1:29.35 |      |        |
| 12  | 21 Milou Butter          | DSA | 90   | O    | 1:29.65 |      |        |
| 13  | 92 Lars van Klink        | HA1 | 88   | I    | 1:30.06 | PR   |        |
| 14  | 86 Bram Braak            | HN1 | 84   | I    | 1:30.63 | PR   |        |
| 15  | 69 Michiel de Ruijter    | H50 | 83   | I    | 1:31.62 | PR   |        |
| 16  | 29 Jan van der Veer      | H55 | 85   | I    | 1:34.06 |      |        |
| 17  | 35 Timor Portier         | HB1 | 83   | O    | 1:34.25 |      |        |
| 18  | 26 Britt van Wijk        | DA1 | 82   | O    | 1:35.45 |      |        |
| 19  | 43 Lois Elstgeest        | DB1 | 84   | O    | 1:36.28 |      |        |
| 20  | 24 Simon Huismans        | HB1 | 81   | O    | 1:36.36 | PR   |        |
| 21  | 74 Renske Bruinsma       | DSA | 81   | I    | 1:36.86 | PR   |        |
| 22  | 100 Leendert Schoenmaker | H55 | 80   | O    | 1:37.08 | PR   |        |
| 23  | 114 Robin Schippers      | HB1 | 79   | O    | 1:37.33 | PR   |        |
| 24  | 75 Lis uit den Boogaard  | DB1 | 77   | O    | 1:37.59 |      |        |
| 25  | 25 Anne Lubbers          | DA1 | 76   | I    | 1:40.04 | PR   |        |
| 26  | 73 Leanne Molenaar       | DN4 | 79   | I    | 1:40.07 |      |        |
| 27  | 106 Britt van Schie      | DB1 | 78   | O    | 1:41.14 | PR   |        |
| 28  | 97 Sylvie van den Heuvel | DN2 | 78   | I    | 1:41.48 |      |        |
| 29  | 120 Sven Jonkheer        | HB1 | 75   | I    | 1:42.96 | PR   |        |
| 30  | 110 Meike Lubbers        | D40 | 80   | I    | 1:44.26 |      |        |
| 31  | 99 Mette van Leeuwen     | DA2 | 75   | O    | 1:44.65 |      |        |
| 32  | 129 Flyn Verbeek         | HB1 | 76   | O    | 1:44.70 | PR   |        |
| 33  | 18 Pien Lodder           | DN3 | 74   | O    | 1:44.89 | PR   |        |
| 34  | 72 M. Stoete             | D55 | 82   | I    | 1:45.64 |      |        |
| 35  | 107 Fabienne de Bie      | DA2 | 73   | O    | 1:46.85 | PR   |        |
| 36  | 83 Ben Rückert           | H75 | 73   | I    | 1:47.42 | TRC  |        |
| 37  | 87 Kelly Tromp           | DSA | 71   | I    | 1:52.60 | PR   |        |
| 38  | 125 Carli Hartgerink     | D40 | 74   | I    | 1:52.83 |      |        |



# IJsbeercup 6 en Kennemercup 7

IJsbaan Haarlem - Haarlem

7 december 2025



| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39  | 15 Renske van der Poel | DB1 | 72   | O    | 1:53.60 | PR   |        |
| 40  | 13 Joep Withagen       | HB1 | 72   | I    | 2:03.12 |      |        |
|     | 80 Karel Kloek         | HB1 | 77   | I    | DNS     |      |        |
|     | 27 Renske van der Veer | DN4 |      |      | WDR     |      |        |
|     | 108 Han Kamminga       | H55 |      |      | WDR     |      |        |

## 6. Rituitslag 1000 meter

|    |          | Naam                  | Cat | PR      | Tijd    | Info |
|----|----------|-----------------------|-----|---------|---------|------|
| 71 | wt<br>rd | 87 <b>Kelly Tromp</b> | DSA | 1:56.62 | 1:52.60 | PR   |

### Kelly Tromp

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 25.89   | (25.89) | m |
| 600m  | 1:07.93 | (42.04) |   |
| 1000m | 1:52.60 | (44.67) |   |

|    |    | Naam                          | Cat | PR      | Tijd    | Info |
|----|----|-------------------------------|-----|---------|---------|------|
| 72 | gl | 13 <b>Joep Withagen</b>       | HB1 | 2:00.84 | 2:03.12 |      |
|    | bl | 15 <b>Renske van der Poel</b> | DB1 | 1:57.31 | 1:53.60 | PR   |

### Joep Withagen

|       |         |         |
|-------|---------|---------|
| 200m  | 26.94   | (26.94) |
| 600m  | 1:09.00 | (42.06) |
| 1000m | 2:03.12 | (54.12) |

### Renske van der Poel

|       |         |         |
|-------|---------|---------|
| 200m  | 25.51   | (25.51) |
| 600m  | 1:07.61 | (42.10) |
| 1000m | 1:53.60 | (45.99) |

|    |    | Naam                       | Cat | PR      | Tijd    | Info |
|----|----|----------------------------|-----|---------|---------|------|
| 73 | wt | 83 <b>Ben Rückert</b>      | H75 | 1:28.25 | 1:47.42 | TRC  |
|    | rd | 107 <b>Fabienne de Bie</b> | DA2 | 1:48.45 | 1:46.85 | PR   |

### Ben Rückert

|       |         |         |
|-------|---------|---------|
| 200m  | 25.85   | (25.85) |
| 600m  | 1:06.02 | (40.17) |
| 1000m | 1:47.42 | (41.40) |

### Fabienne de Bie

|       |         |         |
|-------|---------|---------|
| 200m  | 23.76   | (23.76) |
| 600m  | 1:03.63 | (39.87) |
| 1000m | 1:46.85 | (43.22) |

|    |    | Naam                        | Cat | PR      | Tijd    | Info |
|----|----|-----------------------------|-----|---------|---------|------|
| 74 | gl | 125 <b>Carli Hartgerink</b> | D40 | 1:49.02 | 1:52.83 |      |
|    | bl | 18 <b>Pien Lodder</b>       | DN3 | 1:46.06 | 1:44.89 | PR   |

### Carli Hartgerink

|       |         |         |
|-------|---------|---------|
| 200m  | 25.00   | (25.00) |
| 600m  | 1:07.84 | (42.84) |
| 1000m | 1:52.83 | (44.99) |

### Pien Lodder

|       |         |         |
|-------|---------|---------|
| 200m  | 24.52   | (24.52) |
| 600m  | 1:03.72 | (39.20) |
| 1000m | 1:44.89 | (41.17) |

|    |    | Naam                            | Cat | PR                          | Tijd    | Info |
|----|----|---------------------------------|-----|-----------------------------|---------|------|
| 75 | wt | 120 <b>Sven Jonkheer</b>        | HB1 | 1:45.33                     | 1:42.96 | PR   |
|    | rd | 99 <b>Mette van Leeuwen</b>     | DA2 | 1:43.74                     | 1:44.65 |      |
|    |    | <b>Sven Jonkheer</b>            |     | <b>Mette van Leeuwen</b>    |         |      |
|    |    | 200m 23.77 (23.77)              |     | 200m 24.73 (24.73)          |         |      |
|    |    | 600m 1:02.81 (39.04)            |     | 600m 1:04.17 (39.44)        |         |      |
|    |    | 1000m 1:42.96 (40.15)           |     | 1000m 1:44.65 (40.48)       |         |      |
|    |    | Naam                            | Cat | PR                          | Tijd    | Info |
| 76 | gl | 25 <b>Anne Lubbers</b>          | DA1 | 1:43.18                     | 1:40.04 | PR   |
|    | bl | 129 <b>Flyn Verbeek</b>         | HB1 | 1:44.89                     | 1:44.70 | PR   |
|    |    | <b>Anne Lubbers</b>             |     | <b>Flyn Verbeek</b>         |         |      |
|    |    | 200m 22.43 (22.43)              |     | 200m 23.87 (23.87)          |         |      |
|    |    | 600m 1:00.08 (37.65)            |     | 600m 1:03.98 (40.11)        |         |      |
|    |    | 1000m 1:40.04 (39.96)           |     | 1000m 1:44.70 (40.72)       |         |      |
|    |    | Naam                            | Cat | PR                          | Tijd    | Info |
| 77 | wt | 80 <b>Karel Kloek</b>           | HB1 | 1:41.56                     | DNS     |      |
|    | rd | 75 <b>Lis uit den Boogaard</b>  | DB1 | 1:35.64                     | 1:37.59 |      |
|    |    | <b>Karel Kloek</b>              |     | <b>Lis uit den Boogaard</b> |         |      |
|    |    |                                 |     | 200m 21.86 (21.86)          |         |      |
|    |    |                                 |     | 600m 58.34 (36.48)          |         |      |
|    |    |                                 |     | 1000m 1:37.59 (39.25)       |         |      |
|    |    | Naam                            | Cat | PR                          | Tijd    | Info |
| 78 | gl | 97 <b>Sylvie van den Heuvel</b> | DN2 | 1:40.80                     | 1:41.48 |      |
|    | bl | 106 <b>Britt van Schie</b>      | DB1 | 1:42.87                     | 1:41.14 | PR   |
|    |    | <b>Sylvie van den Heuvel</b>    |     | <b>Britt van Schie</b>      |         |      |
|    |    | 200m 22.33 (22.33)              |     | 200m 22.35 (22.35)          |         |      |
|    |    | 600m 1:00.74 (38.41)            |     | 600m 1:00.69 (38.34)        |         |      |
|    |    | 1000m 1:41.48 (40.74)           |     | 1000m 1:41.14 (40.45)       |         |      |

|                        |    | Naam                            | Cat                         | PR      | Tijd            | Info |
|------------------------|----|---------------------------------|-----------------------------|---------|-----------------|------|
| 79                     | wt | 73 <b>Leanne Molenaar</b>       | DN4                         | 1:34.38 | 1:40.07         |      |
|                        | rd | 114 <b>Robin Schippers</b>      | HB1                         | 1:39.77 | 1:37.33         | PR   |
| <b>Leanne Molenaar</b> |    |                                 | <b>Robin Schippers</b>      |         |                 |      |
|                        |    | 200m                            | 23.19 (23.19)               | 200m    | 23.21 (23.21)   |      |
|                        |    | 600m                            | 1:00.67 (37.48)             | 600m    | 59.55 (36.34)   |      |
|                        |    | 1000m                           | 1:40.07 (39.40)             | 1000m   | 1:37.33 (37.78) |      |
|                        |    |                                 |                             |         |                 |      |
|                        |    | Naam                            | Cat                         | PR      | Tijd            | Info |
| 80                     | gl | 110 <b>Meike Lubbers</b>        | D40                         | 1:40.42 | 1:44.26         |      |
|                        | bl | 100 <b>Leendert Schoenmaker</b> | H55                         | 1:39.08 | 1:37.08         | PR   |
| <b>Meike Lubbers</b>   |    |                                 | <b>Leendert Schoenmaker</b> |         |                 |      |
|                        |    | 200m                            | 24.37 (24.37)               | 200m    | 23.14 (23.14)   |      |
|                        |    | 600m                            | 1:02.97 (38.60)             | 600m    | 59.72 (36.58)   |      |
|                        |    | 1000m                           | 1:44.26 (41.29)             | 1000m   | 1:37.08 (37.36) |      |
|                        |    |                                 |                             |         |                 |      |
|                        |    | Naam                            | Cat                         | PR      | Tijd            | Info |
| 81                     | wt | 74 <b>Renske Bruinsma</b>       | DSA                         | 1:37.70 | 1:36.86         | PR   |
|                        | rd | 24 <b>Simon Huismans</b>        | HB1                         | 1:36.85 | 1:36.36         | PR   |
| <b>Renske Bruinsma</b> |    |                                 | <b>Simon Huismans</b>       |         |                 |      |
|                        |    | 200m                            | 22.40 (22.40)               | 200m    | 22.22 (22.22)   |      |
|                        |    | 600m                            | 59.02 (36.62)               | 600m    | 58.83 (36.61)   |      |
|                        |    | 1000m                           | 1:36.86 (37.84)             | 1000m   | 1:36.36 (37.53) |      |
|                        |    |                                 |                             |         |                 |      |
|                        |    | Naam                            | Cat                         | PR      | Tijd            | Info |
| 82                     | gl | 72 <b>M. Stoete</b>             | D55                         | 1:38.47 | 1:45.64         |      |
|                        | bl | 26 <b>Britt van Wijk</b>        | DA1                         | 1:33.35 | 1:35.45         |      |
| <b>M. Stoete</b>       |    |                                 | <b>Britt van Wijk</b>       |         |                 |      |
|                        |    | 200m                            | 25.15 (25.15)               | 200m    | 22.25 (22.25)   |      |
|                        |    | 600m                            | 1:04.67 (39.52)             | 600m    | 57.72 (35.47)   |      |
|                        |    | 1000m                           | 1:45.64 (40.97)             | 1000m   | 1:35.45 (37.73) |      |

|    |    | Naam                          | Cat | PR                         | Tijd    | Info |
|----|----|-------------------------------|-----|----------------------------|---------|------|
| 83 | wt | 69 <b>Michiel de Ruijter</b>  | H50 | 1:36.60                    | 1:31.62 | PR   |
|    | rd | 35 <b>Timor Portier</b>       | HB1 | 1:32.42                    | 1:34.25 |      |
|    |    | <b>Michiel de Ruijter</b>     |     | <b>Timor Portier</b>       |         |      |
|    |    | 200m 21.66 (21.66)            |     | 200m 20.50 (20.50)         |         |      |
|    |    | 600m 56.12 (34.46)            |     | 600m 55.89 (35.39)         |         |      |
|    |    | 1000m 1:31.62 (35.50)         |     | 1000m 1:34.25 (38.36)      |         |      |
|    |    | Naam                          | Cat | PR                         | Tijd    | Info |
| 84 | gl | 86 <b>Bram Braak</b>          | HN1 | 1:33.60                    | 1:30.63 | PR   |
|    | bl | 43 <b>Lois Elstgeest</b>      | DB1 | 1:35.94                    | 1:36.28 |      |
|    |    | <b>Bram Braak</b>             |     | <b>Lois Elstgeest</b>      |         |      |
|    |    | 200m 20.95 (20.95)            |     | 200m 22.26 (22.26)         |         |      |
|    |    | 600m 54.81 (33.86)            |     | 600m 57.79 (35.53)         |         |      |
|    |    | 1000m 1:30.63 (35.82)         |     | 1000m 1:36.28 (38.49)      |         |      |
|    |    | Naam                          | Cat | PR                         | Tijd    | Info |
| 85 | wt | 29 <b>Jan van der Veer</b>    | H55 | 1:33.19                    | 1:34.06 |      |
|    | rd | 64 <b>Anouk Könst</b>         | DN1 | 1:24.42                    | 1:28.73 |      |
|    |    | <b>Jan van der Veer</b>       |     | <b>Anouk Könst</b>         |         |      |
|    |    | 200m 21.63 (21.63)            |     | 200m 20.86 (20.86)         |         |      |
|    |    | 600m 56.91 (35.28)            |     | 600m 53.73 (32.87)         |         |      |
|    |    | 1000m 1:34.06 (37.15)         |     | 1000m 1:28.73 (35.00)      |         |      |
|    |    | Naam                          | Cat | PR                         | Tijd    | Info |
| 86 | gl | 9 <b>Zhara Möllers</b>        | DA2 | 1:28.02                    | 1:29.33 |      |
|    | bl | 27 <b>Renske van der Veer</b> | DN4 | 1:31.47                    | WDR     |      |
|    |    | <b>Zhara Möllers</b>          |     | <b>Renske van der Veer</b> |         |      |
|    |    | 200m 21.12 (21.12)            |     |                            |         |      |
|    |    | 600m 54.03 (32.91)            |     |                            |         |      |
|    |    | 1000m 1:29.33 (35.30)         |     |                            |         |      |

|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
|----|----|------------------------------|-----------------|---------------------------|-----------------|------|
| 87 | wt | 78 <b>Job van Dongen</b>     | HA2             | 1:29.94                   | 1:27.95         | PR   |
|    | rd | 85 <b>Pepijn van de Poll</b> | HB2             | 1:30.29                   | 1:28.54         | PR   |
|    |    | <b>Job van Dongen</b>        |                 | <b>Pepijn van de Poll</b> |                 |      |
|    |    | 200m                         | 19.66 (19.66)   | 200m                      | 20.97 (20.97)   |      |
|    |    | 600m                         | 52.80 (33.14)   | 600m                      | 53.47 (32.50)   |      |
|    |    | 1000m                        | 1:27.95 (35.15) | 1000m                     | 1:28.54 (35.07) |      |
|    |    |                              |                 |                           |                 |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 88 | gl | 92 <b>Lars van Klink</b>     | HA1             | 1:30.27                   | 1:30.06         | PR   |
|    | bl | 91 <b>Jasper Klerks</b>      | HSA             | 1:28.63                   | 1:29.35         |      |
|    |    | <b>Lars van Klink</b>        |                 | <b>Jasper Klerks</b>      |                 |      |
|    |    | 200m                         | 21.07 (21.07)   | 200m                      | 21.29 (21.29)   |      |
|    |    | 600m                         | 55.25 (34.18)   | 600m                      | 54.59 (33.30)   |      |
|    |    | 1000m                        | 1:30.06 (34.81) | 1000m                     | 1:29.35 (34.76) |      |
|    |    |                              |                 |                           |                 |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 89 | wt | 63 <b>Bob van Nobelen</b>    | H40             | 1:21.81                   | 1:26.62         |      |
|    | rd | 34 <b>Roan Portier</b>       | HB1             | 1:27.80                   | 1:25.52         | PR   |
|    |    | <b>Bob van Nobelen</b>       |                 | <b>Roan Portier</b>       |                 |      |
|    |    | 200m                         | 19.55 (19.55)   | 200m                      | 18.93 (18.93)   |      |
|    |    | 600m                         | 51.98 (32.43)   | 600m                      | 50.07 (31.14)   |      |
|    |    | 1000m                        | 1:26.62 (34.64) | 1000m                     | 1:25.52 (35.45) |      |
|    |    |                              |                 |                           |                 |      |
|    |    | Naam                         | Cat             | PR                        | Tijd            | Info |
| 90 | gl | 23 <b>Marcel Huismans</b>    | H55             | 1:19.70                   | 1:27.43         |      |
|    | bl | 21 <b>Milou Butter</b>       | DSA             | 1:26.47                   | 1:29.65         |      |
|    |    | <b>Marcel Huismans</b>       |                 | <b>Milou Butter</b>       |                 |      |
|    |    | 200m                         | 20.48 (20.48)   | 200m                      | 21.36 (21.36)   |      |
|    |    | 600m                         | 53.05 (32.57)   | 600m                      | 53.05 (31.69)   |      |
|    |    | 1000m                        | 1:27.43 (34.38) | 1000m                     | 1:29.65 (36.60) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|                          |    | Naam                        | Cat                  | PR      | Tijd            | Info |
|--------------------------|----|-----------------------------|----------------------|---------|-----------------|------|
| 91                       | wt | 30 <b>Mik de Groot</b>      | HN1                  | 1:25.34 | 1:24.48         | PR   |
|                          | rd | 61 <b>Mike van Dijk</b>     | HSA                  | 1:16.64 | 1:21.37         |      |
| <b>Mik de Groot</b>      |    |                             | <b>Mike van Dijk</b> |         |                 |      |
|                          |    | 200m                        | 19.43 (19.43)        | 200m    | 19.12 (19.12)   |      |
|                          |    | 600m                        | 50.26 (30.83)        | 600m    | 48.54 (29.42)   |      |
|                          |    | 1000m                       | 1:24.48 (34.22)      | 1000m   | 1:21.37 (32.83) |      |
|                          |    |                             |                      |         |                 |      |
|                          |    | Naam                        | Cat                  | PR      | Tijd            | Info |
| 92                       | gl | 47 <b>Miel van der Veer</b> | HN2                  | 1:18.80 | 1:20.59         |      |
|                          | bl | 108 <b>Han Kamminga</b>     | H55                  | 1:19.39 | WDR             |      |
| <b>Miel van der Veer</b> |    |                             | <b>Han Kamminga</b>  |         |                 |      |
|                          |    | 200m                        | 19.14 (19.14)        |         |                 |      |
|                          |    | 600m                        | 49.25 (30.11)        |         |                 |      |
|                          |    | 1000m                       | 1:20.59 (31.34)      |         |                 |      |

## 7. Uitslag 3000 meter

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1   | 109 Teun van Nobelen | HB2 | 101  | I    | 4:32.62 |      |        |
| 2   | 51 Pepijn Schmutzer  | HB2 | 100  | O    | 4:42.60 |      |        |
| 3   | 112 Rob Visser       | H45 | 101  | O    | 4:43.68 |      |        |
| 4   | 20 Paul Robijn       | H55 | 102  | O    | 4:44.57 |      |        |
| 5   | 6 Josine Kroon       | D45 | 99   | I    | 4:57.78 | TRC  |        |
| 6   | 67 Mees de Ruijter   | HB2 | 97   | O    | 4:57.84 | PR   |        |
| 7   | 37 Lianne van Assema | DB2 | 100  | I    | 4:59.39 |      |        |
| 8   | 31 Evy van Duijn     | DA1 | 98   | O    | 5:06.46 | PR   |        |
| 9   | 3 Marjolein Ooms     | DB1 | 98   | I    | 5:07.06 | PR   |        |
| 10  | 1 Erwin Dekker       | H65 | 102  | I    | 5:07.77 |      |        |
| 11  | 89 Bente Adema       | DB2 | 99   | O    | 5:10.72 |      |        |
| 12  | 50 Eline Schmutzer   | DB2 | 96   | O    | 5:14.23 | PR   |        |
| 13  | 54 Noa Bierens       | DA1 | 95   | I    | 5:15.54 |      |        |
| 14  | 52 Sep Jan de Graaff | HB2 | 96   | I    | 5:23.65 | PR   |        |
| 15  | 38 John van Assema   | H55 | 95   | O    | 5:32.10 |      |        |
| 16  | 45 Sander Nederstigt | HSA | 93   | O    | 5:32.71 | PR   |        |
| 17  | 53 Mark Peters       | H65 | 97   | I    | 5:32.72 |      |        |
| 18  | 90 Charline Kwadrin  | DA2 | 93   | I    | 5:34.93 | PR   |        |

## 7. Rituitslag 3000 meter

|    |    | Naam                 | Cat             | PR                | Tijd            | Info |
|----|----|----------------------|-----------------|-------------------|-----------------|------|
| 93 | wt | 90 Charline Kwadrin  | DA2             | 5:38.41           | 5:34.93         | PR   |
|    | rd | 45 Sander Nederstigt | HSA             | 5:37.77           | 5:32.71         | PR   |
|    |    | Charline Kwadrin     |                 | Sander Nederstigt |                 |      |
|    |    | 200m                 | 24.17 (24.17)   | 200m              | 24.81 (24.81)   |      |
|    |    | 600m                 | 1:05.30 (41.13) | 600m              | 1:05.12 (40.31) |      |
|    |    | 1000m                | 1:47.64 (42.34) | 1000m             | 1:47.65 (42.53) |      |
|    |    | 1400m                | 2:31.48 (43.84) | 1400m             | 2:31.91 (44.26) |      |
|    |    | 1800m                | 3:16.81 (45.33) | 1800m             | 3:16.96 (45.05) |      |
|    |    | 2200m                | 4:02.62 (45.81) | 2200m             | 4:01.95 (44.99) |      |
|    |    | 2600m                | 4:48.91 (46.29) | 2600m             | 4:47.92 (45.97) |      |
|    |    | 3000m                | 5:34.93 (46.02) | 3000m             | 5:32.71 (44.79) |      |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 94 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |
|    |    | m    |     |    |      |      |
|    |    | m    |     |    |      |      |

|    |    | Naam                      | Cat                    | PR      | Tijd            | Info |
|----|----|---------------------------|------------------------|---------|-----------------|------|
| 95 | wt | 54 <b>Noa Bierens</b>     | DA1                    | 5:10.71 | 5:15.54         |      |
|    | rd | 38 <b>John van Assema</b> | H55                    | 5:05.49 | 5:32.10         |      |
|    |    | <b>Noa Bierens</b>        | <b>John van Assema</b> |         |                 |      |
|    |    | 200m                      | 24.13 (24.13)          | 200m    | 27.61 (27.61)   |      |
|    |    | 600m                      | 1:01.68 (37.55)        | 600m    | 1:09.37 (41.76) |      |
|    |    | 1000m                     | 1:40.50 (38.82)        | 1000m   | 1:52.02 (42.65) |      |
|    |    | 1400m                     | 2:21.17 (40.67)        | 1400m   | 2:35.38 (43.36) |      |
|    |    | 1800m                     | 3:03.14 (41.97)        | 1800m   | 3:19.81 (44.43) |      |
|    |    | 2200m                     | 3:47.09 (43.95)        | 2200m   | 4:04.68 (44.87) |      |
|    |    | 2600m                     | 4:31.61 (44.52)        | 2600m   | 4:49.03 (44.35) |      |
|    |    | 3000m                     | 5:15.54 (43.93)        | 3000m   | 5:32.10 (43.07) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|    |    | Naam                        | Cat | PR      | Tijd    | Info |
|----|----|-----------------------------|-----|---------|---------|------|
| 96 | gl | 52 <b>Sep Jan de Graaff</b> | HB2 | 5:33.86 | 5:23.65 | PR   |
|    | bl | 50 <b>Eline Schmutzer</b>   | DB2 | 5:34.68 | 5:14.23 | PR   |

## Sep Jan de Graaff

|       |         |         |
|-------|---------|---------|
| 200m  | 24.32   | (24.32) |
| 600m  | 1:03.86 | (39.54) |
| 1000m | 1:44.73 | (40.87) |
| 1400m | 2:27.77 | (43.04) |
| 1800m | 3:11.69 | (43.92) |
| 2200m | 3:56.35 | (44.66) |
| 2600m | 4:40.01 | (43.66) |
| 3000m | 5:23.65 | (43.64) |

## Eline Schmutzer

|       |         |         |
|-------|---------|---------|
| 200m  | 24.59   | (24.59) |
| 600m  | 1:03.56 | (38.97) |
| 1000m | 1:44.21 | (40.65) |
| 1400m | 2:25.82 | (41.61) |
| 1800m | 3:08.71 | (42.89) |
| 2200m | 3:51.50 | (42.79) |
| 2600m | 4:32.44 | (40.94) |
| 3000m | 5:14.23 | (41.79) |

|    |    | Naam                      | Cat | PR      | Tijd    | Info |
|----|----|---------------------------|-----|---------|---------|------|
| 97 | wt | 53 <b>Mark Peters</b>     | H65 | 5:07.45 | 5:32.72 |      |
|    | rd | 67 <b>Mees de Ruijter</b> | HB2 | 5:22.36 | 4:57.84 | PR   |

## Mark Peters

|       |         |         |
|-------|---------|---------|
| 200m  | 27.21   | (27.21) |
| 600m  | 1:08.26 | (41.05) |
| 1000m | 1:49.20 | (40.94) |
| 1400m | 2:31.74 | (42.54) |
| 1800m | 3:16.19 | (44.45) |
| 2200m | 4:01.96 | (45.77) |
| 2600m | 4:46.59 | (44.63) |
| 3000m | 5:32.72 | (46.13) |

## Mees de Ruijter

|       |         |         |
|-------|---------|---------|
| 200m  | 22.30   | (22.30) |
| 600m  | 58.83   | (36.53) |
| 1000m | 1:36.39 | (37.56) |
| 1400m | 2:15.31 | (38.92) |
| 1800m | 2:54.73 | (39.42) |
| 2200m | 3:35.14 | (40.41) |
| 2600m | 4:15.92 | (40.78) |
| 3000m | 4:57.84 | (41.92) |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|                       |    | Naam                    | Cat                  | PR      | Tijd            | Info |
|-----------------------|----|-------------------------|----------------------|---------|-----------------|------|
| 98                    | gl | 3 <b>Marjolein Ooms</b> | DB1                  | 5:13.69 | 5:07.06         | PR   |
|                       | bl | 31 <b>Evy van Duijn</b> | DA1                  | 5:24.25 | 5:06.46         | PR   |
| <b>Marjolein Ooms</b> |    |                         | <b>Evy van Duijn</b> |         |                 |      |
|                       |    | 200m                    | 22.46 (22.46)        | 200m    | 22.75 (22.75)   |      |
|                       |    | 600m                    | 58.13 (35.67)        | 600m    | 59.40 (36.65)   |      |
|                       |    | 1000m                   | 1:35.71 (37.58)      | 1000m   | 1:38.48 (39.08) |      |
|                       |    | 1400m                   | 2:15.36 (39.65)      | 1400m   | 2:18.43 (39.95) |      |
|                       |    | 1800m                   | 2:56.33 (40.97)      | 1800m   | 2:59.72 (41.29) |      |
|                       |    | 2200m                   | 3:39.31 (42.98)      | 2200m   | 3:42.85 (43.13) |      |
|                       |    | 2600m                   | 4:21.81 (42.50)      | 2600m   | 4:24.46 (41.61) |      |
|                       |    | 3000m                   | 5:07.06 (45.25)      | 3000m   | 5:06.46 (42.00) |      |

|                     |    | Naam                  | Cat                | PR      | Tijd            | Info |
|---------------------|----|-----------------------|--------------------|---------|-----------------|------|
| 99                  | wt | 6 <b>Josine Kroon</b> | D45                | 4:54.73 | 4:57.78         | TRC  |
|                     | rd | 89 <b>Bente Adema</b> | DB2                | 4:56.70 | 5:10.72         |      |
| <b>Josine Kroon</b> |    |                       | <b>Bente Adema</b> |         |                 |      |
|                     |    | 200m                  | 23.84 (23.84)      | 200m    | 23.56 (23.56)   |      |
|                     |    | 600m                  | 1:00.71 (36.87)    | 600m    | 1:01.12 (37.56) |      |
|                     |    | 1000m                 | 1:38.96 (38.25)    | 1000m   | 1:40.89 (39.77) |      |
|                     |    | 1400m                 | 2:18.73 (39.77)    | 1400m   | 2:21.81 (40.92) |      |
|                     |    | 1800m                 | 2:58.12 (39.39)    | 1800m   | 3:03.63 (41.82) |      |
|                     |    | 2200m                 | 3:38.24 (40.12)    | 2200m   | 3:46.50 (42.87) |      |
|                     |    | 2600m                 | 4:18.20 (39.96)    | 2600m   | 4:27.52 (41.02) |      |
|                     |    | 3000m                 | 4:57.78 (39.58)    | 3000m   | 5:10.72 (43.20) |      |

# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025

|     |    | Naam                        | Cat | PR      | Tijd    | Info |
|-----|----|-----------------------------|-----|---------|---------|------|
| 100 | gl | 37 <b>Lianne van Assema</b> | DB2 | 4:48.07 | 4:59.39 |      |
|     | bl | 51 <b>Pepijn Schmutzer</b>  | HB2 | 4:38.99 | 4:42.60 |      |

## Lianne van Assema

|       |         |         |
|-------|---------|---------|
| 200m  | 23.12   | (23.12) |
| 600m  | 59.71   | (36.59) |
| 1000m | 1:37.30 | (37.59) |
| 1400m | 2:16.25 | (38.95) |
| 1800m | 2:56.37 | (40.12) |
| 2200m | 3:37.36 | (40.99) |
| 2600m | 4:11.00 | (33.64) |
| 3000m | 4:59.39 | (48.39) |

## Pepijn Schmutzer

|       |         |         |
|-------|---------|---------|
| 200m  | 22.23   | (22.23) |
| 600m  | 58.28   | (36.05) |
| 1000m | 1:35.56 | (37.28) |
| 1400m | 2:12.50 | (36.94) |
| 1800m | 2:49.80 | (37.30) |
| 2200m | 3:27.36 | (37.56) |
| 2600m | 4:05.25 | (37.89) |
| 3000m | 4:42.60 | (37.35) |

|     |    | Naam                        | Cat | PR      | Tijd    | Info |
|-----|----|-----------------------------|-----|---------|---------|------|
| 101 | wt | 109 <b>Teun van Nobelen</b> | HB2 | 4:27.53 | 4:32.62 |      |
|     | rd | 112 <b>Rob Visser</b>       | H45 | 4:29.41 | 4:43.68 |      |

## Teun van Nobelen

|       |         |         |
|-------|---------|---------|
| 200m  | 22.30   | (22.30) |
| 600m  | 56.82   | (34.52) |
| 1000m | 1:31.26 | (34.44) |
| 1400m | 2:06.92 | (35.66) |
| 1800m | 2:42.93 | (36.01) |
| 2200m | 3:19.36 | (36.43) |
| 2600m | 3:55.76 | (36.40) |
| 3000m | 4:32.62 | (36.86) |

## Rob Visser

|       |         |         |
|-------|---------|---------|
| 200m  | 22.36   | (22.36) |
| 600m  | 56.91   | (34.55) |
| 1000m | 1:33.17 | (36.26) |
| 1400m | 2:10.65 | (37.48) |
| 1800m | 2:48.04 | (37.39) |
| 2200m | 3:26.00 | (37.96) |
| 2600m | 4:04.47 | (38.47) |
| 3000m | 4:43.68 | (39.21) |



# Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

7 december 2025



|     |    | Naam           | Cat             | PR          | Tijd            | Info |
|-----|----|----------------|-----------------|-------------|-----------------|------|
| 102 | gl | 1 Erwin Dekker | H65             | 4:35.85     | 5:07.77         |      |
|     | bl | 20 Paul Robijn | H55             | 4:18.82     | 4:44.57         |      |
|     |    | Erwin Dekker   |                 | Paul Robijn |                 |      |
|     |    | 200m           | 24.43 (24.43)   | 200m        | 22.27 (22.27)   |      |
|     |    | 600m           | 1:03.54 (39.11) | 600m        | 57.35 (35.08)   |      |
|     |    | 1000m          | 1:43.43 (39.89) | 1000m       | 1:35.22 (37.87) |      |
|     |    | 1400m          | 2:23.33 (39.90) | 1400m       | 2:13.33 (38.11) |      |
|     |    | 1800m          | 3:03.22 (39.89) | 1800m       | 2:51.27 (37.94) |      |
|     |    | 2200m          | 3:43.61 (40.39) | 2200m       | 3:28.98 (37.71) |      |
|     |    | 2600m          | 4:24.97 (41.36) | 2600m       | 4:06.43 (37.45) |      |
|     |    | 3000m          | 5:07.77 (42.80) | 3000m       | 4:44.57 (38.14) |      |