



Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

15 december 2024



1. Uitslag 500 meter - omloop 1

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|-------|------|--------|
| 1 | 109 Joeke van Mulligen | HN4 | 8 | I | 41.69 | | |
| 2 | 89 Mik de Groot | HA2 | 8 | O | 43.37 | | |
| 3 | 97 Frans Verhoeve | H55 | 7 | O | 43.87 | | |
| 4 | 38 Bente Adema | DB1 | 5 | I | 45.85 | | |
| 5 | 15 Aranka Keur | D40 | 7 | I | 47.78 | | |
| 6 | 60 Charline Kwadrin | DA1 | 5 | O | 48.19 | PR | |
| 7 | 70 Emma Hartveld | DN1 | 6 | I | 48.78 | | |
| 8 | 77 Silvijn Vastenhout | HA1 | 6 | O | 50.29 | PR | |
| 9 | 72 Vincent Lankamp | HB1 | 1 | I | 51.12 | PR | |
| 10 | 102 Mette van Leeuwen | DA1 | 4 | I | 51.53 | | |
| 11 | 75 Pien Lodder | DN2 | 4 | O | 52.26 | | |
| 12 | 95 Lisanne Hartveld | DB1 | 3 | O | 53.01 | PR | |
| 13 | 87 Britt van Hameren | DB2 | 3 | I | 55.43 | | |

1. Rituitslag 500 meter - omloop 1

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|---------|-----|-------|--------------|------|
| 1 | wt | 72 | Vincent Lankamp | | HB1 | 51.81 | 51.12 | PR |
| | rd | | | | | | | |
| | | Vincent Lankamp | | | | | | |
| | | 100m | 13.41 | (13.41) | | | m | |
| | | 500m | 51.12 | (37.71) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|--|-----|--|----|------|------|
| 2 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | | | | | m | |
| | | | | | | | m | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|-------|--------------|---------------|
| 3 | wt | 87 | Britt van Hameren | | DB2 | 52.19 | 55.43 | |
| | rd | 95 | Lisanne Hartveld | | DB1 | 53.11 | 53.01 | PR |
| | | Britt van Hameren | | | | | | |
| | | 100m | 14.66 | (14.66) | | | 100m | 13.90 (13.90) |
| | | 500m | 55.43 | (40.77) | | | 500m | 53.01 (39.11) |
| | | Lisanne Hartveld | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|-------|--------------|---------------|
| 4 | gl | 102 | Mette van Leeuwen | | DA1 | 51.21 | 51.53 | |
| | bl | 75 | Pien Lodder | | DN2 | 52.08 | 52.26 | |
| | | Mette van Leeuwen | | | | | | |
| | | 100m | 13.77 | (13.77) | | | 100m | 14.21 (14.21) |
| | | 500m | 51.53 | (37.76) | | | 500m | 52.26 (38.05) |
| | | Pien Lodder | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|-----|-------|--------------|---------------|
| 5 | wt | 38 | Bente Adema | | DB1 | 45.79 | 45.85 | |
| | rd | 60 | Charline Kwadrin | | DA1 | 48.40 | 48.19 | PR |
| | | Bente Adema | | | | | | |
| | | 100m | 12.49 | (12.49) | | | 100m | 13.18 (13.18) |
| | | 500m | 45.85 | (33.36) | | | 500m | 48.19 (35.01) |
| | | Charline Kwadrin | | | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|---|----|-------------------------------|-------|---------|---------------------------|-------|--------------|------|
| 6 | gl | 70 Emma Hartveld | | | DN1 | 47.95 | 48.78 | |
| | bl | 77 Silvijn Vastenhout | | | HA1 | 50.61 | 50.29 | PR |
| | | Emma Hartveld | | | Silvijn Vastenhout | | | |
| | | 100m | 13.58 | (13.58) | 100m | 13.17 | (13.17) | |
| | | 500m | 48.78 | (35.20) | 500m | 50.29 | (37.12) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 7 | wt | 15 Aranka Keur | | | D40 | 45.04 | 47.78 | |
| | rd | 97 Frans Verhoeve | | | H55 | 40.44 | 43.87 | |
| | | Aranka Keur | | | Frans Verhoeve | | | |
| | | 100m | 12.66 | (12.66) | 100m | 12.12 | (12.12) | |
| | | 500m | 47.78 | (35.12) | 500m | 43.87 | (31.75) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 8 | gl | 109 Joeke van Mulligen | | | HN4 | 40.36 | 41.69 | |
| | bl | 89 Mik de Groot | | | HA2 | 41.65 | 43.37 | |
| | | Joeke van Mulligen | | | Mik de Groot | | | |
| | | 100m | 11.50 | (11.50) | 100m | 11.98 | (11.98) | |
| | | 500m | 41.69 | (30.19) | 500m | 43.37 | (31.39) | |

2. Uitslag 500 meter Ijsbeercup

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1 | 73 Timor Portier | HC2 | 25 | I | 43.52 | PR | |
| 2 | 74 Roan Portier | HC2 | 25 | O | 43.77 | PR | |
| 3 | 18 Stijn Vergeer | HC1 | 26 | O | 44.30 | | |
| 4 | 8 Marjolein Ooms | DC2 | 26 | I | 45.63 | | |
| 5 | 56 Tessel Huizinga | DC2 | 24 | I | 46.43 | | |
| 6 | 14 Aurelia Groeneveld | DC2 | 24 | O | 46.85 | | |
| 7 | 104 Sverre Kroes | HC2 | 21 | O | 47.09 | PR | |
| 8 | 24 Jelle van Ruiten | HC1 | 21 | I | 47.80 | PR | |
| 9 | 49 Sam van Dongen | HC1 | 23 | O | 48.13 | | |
| 10 | 10 Lis uit den Boogaard | DC2 | 23 | I | 48.44 | | |
| 11 | 5 Mees Olie | HC1 | 22 | I | 48.47 | | |
| 12 | 2 Rinske van der Maarl | DC1 | 20 | O | 49.58 | PR | |
| 13 | 29 Thijmen van Schie | HC2 | 18 | I | 49.82 | PR | |
| 14 | 27 Sepp Nauta | HC2 | 17 | O | 49.83 | PR | |
| 15 | 59 Esmee Bijl | DC1 | 20 | I | 50.15 | | |
| 16 | 113 Siem Braak | HC2 | 19 | I | 50.63 | PR | |
| 17 | 36 Philipine Cornelissen | DC1 | 22 | O | 50.71 | | |
| 18 | 6 Emi Kiers | DC1 | 16 | I | 51.00 | PR | |
| 19 | 9 Evi Ruissen | DC1 | 17 | I | 52.07 | PR | |
| 20 | 21 Lisa Meeuwissen | DC1 | 18 | O | 52.14 | | |
| 21 | 103 Robin Schippers | HC2 | 14 | O | 52.20 | | |
| 22 | 100 Quint van Ketel | HC2 | 11 | O | 52.44 | PR | |
| 23 | 3 Christiaan Zandstra | HC1 | 13 | O | 52.49 | PR | |
| 24 | 43 Kelsy Mulckhuyse | DC1 | 19 | O | 52.91 | | |
| 25 | 13 Ella Westerek | DC1 | 16 | O | 53.23 | | |
| 26 | 7 Alissa Pels | DC1 | 14 | I | 53.36 | PR | |
| 27 | 46 Tygo van den Hoek | HC2 | 12 | I | 53.87 | PR | |
| 28 | 82 Pien de Ruijter | DC1 | 13 | I | 54.51 | PR | |
| 29 | 101 Elisa Domingues Rosa | DC1 | 15 | I | 55.07 | | |
| 30 | 42 Roos Valentijn | DC1 | 15 | O | 55.12 | | |
| 31 | 107 Matthijs van Veen | HC1 | 10 | I | 55.67 | PR | |
| 32 | 11 Lieke van Klink | DC1 | 12 | O | 56.73 | PR | |
| 33 | 22 Teije Zuidervaart | HC1 | 11 | I | 58.16 | | |
| 34 | 108 David van Veen | HC1 | 10 | O | 58.62 | PR | |
| 35 | 114 Stijn van der Meer | HC1 | 9 | I | 1:00.95 | PR | |
| 36 | 94 Saphira Heeremans | DC1 | 9 | O | 1:08.00 | PR | |

2. Rituitslag 500 meter IJsbeercup

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|---------------------------|---------------------------|------|---------|----------------|------|
| 9 | wt | 114 | Stijn van der Meer | | HC1 | 1:05.76 | 1:00.95 | PR |
| | rd | 94 | Saphira Heeremans | | DC1 | 1:09.21 | 1:08.00 | PR |
| | | | | Stijn van der Meer | | | | |
| | | | | Saphira Heeremans | | | | |
| | | 100m | 15.29 | (15.29) | 100m | 15.56 | (15.56) | |
| | | 500m | 1:00.95 | (45.66) | 500m | 1:08.00 | (52.44) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|--------------------------|------|---------|--------------|------|
| 10 | gl | 107 | Matthijs van Veen | | HC1 | 58.60 | 55.67 | PR |
| | bl | 108 | David van Veen | | HC1 | 1:01.11 | 58.62 | PR |
| | | | | Matthijs van Veen | | | | |
| | | | | David van Veen | | | | |
| | | 100m | 14.01 | (14.01) | 100m | 14.46 | (14.46) | |
| | | 500m | 55.67 | (41.66) | 500m | 58.62 | (44.16) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|--------------------------|------|-------|--------------|------|
| 11 | wt | 22 | Teije Zuidervaart | | HC1 | 58.06 | 58.16 | |
| | rd | 100 | Quint van Ketel | | HC2 | 54.14 | 52.44 | PR |
| | | | | Teije Zuidervaart | | | | |
| | | | | Quint van Ketel | | | | |
| | | 100m | 13.68 | (13.68) | 100m | 13.61 | (13.61) | |
| | | 500m | 58.16 | (44.48) | 500m | 52.44 | (38.83) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|--------------------------|------|-------|--------------|------|
| 12 | gl | 46 | Tygo van den Hoek | | HC2 | 55.20 | 53.87 | PR |
| | bl | 11 | Lieke van Klink | | DC1 | 57.79 | 56.73 | PR |
| | | | | Tygo van den Hoek | | | | |
| | | | | Lieke van Klink | | | | |
| | | 100m | 14.02 | (14.02) | 100m | 14.78 | (14.78) | |
| | | 500m | 53.87 | (39.85) | 500m | 56.73 | (41.95) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|----------------------------|----------------------------|------|-------|--------------|------|
| 13 | wt | 82 | Pien de Ruijter | | DC1 | 55.81 | 54.51 | PR |
| | rd | 3 | Christiaan Zandstra | | HC1 | 52.68 | 52.49 | PR |
| | | | | Pien de Ruijter | | | | |
| | | | | Christiaan Zandstra | | | | |
| | | 100m | 14.04 | (14.04) | 100m | 13.56 | (13.56) | |
| | | 500m | 54.51 | (40.47) | 500m | 52.49 | (38.93) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----------------------------|---------|------------------------|-------|--------------|------|
| 14 | gl | 7 | Alissa Pels | | DC1 | 53.37 | 53.36 | PR |
| | bl | 103 | Robin Schippers | | HC2 | 51.71 | 52.20 | |
| | | Alissa Pels | | | Robin Schippers | | | |
| | | 100m | 14.22 | (14.22) | 100m | 13.68 | (13.68) | |
| | | 500m | 53.36 | (39.14) | 500m | 52.20 | (38.52) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 15 | wt | 101 | Elisa Domingues Rosa | | DC1 | 53.77 | 55.07 | |
| | rd | 42 | Roos Valentijn | | DC1 | 53.56 | 55.12 | |
| | | Elisa Domingues Rosa | | | Roos Valentijn | | | |
| | | 100m | 13.97 | (13.97) | 100m | 14.16 | (14.16) | |
| | | 500m | 55.07 | (41.10) | 500m | 55.12 | (40.96) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 16 | gl | 6 | Emi Kiers | | DC1 | 51.23 | 51.00 | PR |
| | bl | 13 | Ella Westerik | | DC1 | 53.00 | 53.23 | |
| | | Emi Kiers | | | Ella Westerik | | | |
| | | 100m | 13.19 | (13.19) | 100m | 13.47 | (13.47) | |
| | | 500m | 51.00 | (37.81) | 500m | 53.23 | (39.76) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 17 | wt | 9 | Evi Ruissen | | DC1 | 52.28 | 52.07 | PR |
| | rd | 27 | Sepp Nauta | | HC2 | 51.46 | 49.83 | PR |
| | | Evi Ruissen | | | Sepp Nauta | | | |
| | | 100m | 13.75 | (13.75) | 100m | 13.57 | (13.57) | |
| | | 500m | 52.07 | (38.32) | 500m | 49.83 | (36.26) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 18 | gl | 29 | Thijmen van Schie | | HC2 | 50.70 | 49.82 | PR |
| | bl | 21 | Lisa Meeuwissen | | DC1 | 52.05 | 52.14 | |
| | | Thijmen van Schie | | | Lisa Meeuwissen | | | |
| | | 100m | 12.63 | (12.63) | 100m | 13.83 | (13.83) | |
| | | 500m | 49.82 | (37.19) | 500m | 52.14 | (38.31) | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|---------------------------------|-------|------------------------------|-------|--------------|---------|
| 19 | wt | 113 Siem Braak | HC2 | | 51.59 | 50.63 | PR |
| | rd | 43 Kelsy Mulckhuysse | DC1 | | 51.41 | 52.91 | |
| | | Siem Braak | | Kelsy Mulckhuysse | | | |
| | | 100m | 12.83 | (12.83) | 100m | 13.72 | (13.72) |
| | | 500m | 50.63 | (37.80) | 500m | 52.91 | (39.19) |
| | | Naam | Cat | | PR | Tijd | Info |
| 20 | gl | 59 Esmee Bijl | DC1 | | 49.32 | 50.15 | |
| | bl | 2 Rinske van der Maarl | DC1 | | 50.72 | 49.58 | PR |
| | | Esmee Bijl | | Rinske van der Maarl | | | |
| | | 100m | 13.11 | (13.11) | 100m | 13.13 | (13.13) |
| | | 500m | 50.15 | (37.04) | 500m | 49.58 | (36.45) |
| | | Naam | Cat | | PR | Tijd | Info |
| 21 | wt | 24 Jelle van Ruiten | HC1 | | 48.26 | 47.80 | PR |
| | rd | 104 Sverre Kroes | HC2 | | 49.63 | 47.09 | PR |
| | | Jelle van Ruiten | | Sverre Kroes | | | |
| | | 100m | 12.86 | (12.86) | 100m | 12.70 | (12.70) |
| | | 500m | 47.80 | (34.94) | 500m | 47.09 | (34.39) |
| | | Naam | Cat | | PR | Tijd | Info |
| 22 | gl | 5 Mees Olie | HC1 | | 48.15 | 48.47 | |
| | bl | 36 Philipine Cornelissen | DC1 | | 50.33 | 50.71 | |
| | | Mees Olie | | Philipine Cornelissen | | | |
| | | 100m | 12.79 | (12.79) | 100m | 13.41 | (13.41) |
| | | 500m | 48.47 | (35.68) | 500m | 50.71 | (37.30) |
| | | Naam | Cat | | PR | Tijd | Info |
| 23 | wt | 10 Lis uit den Boogaard | DC2 | | 46.91 | 48.44 | |
| | rd | 49 Sam van Dongen | HC1 | | 47.24 | 48.13 | |
| | | Lis uit den Boogaard | | Sam van Dongen | | | |
| | | 100m | 13.02 | (13.02) | 100m | 12.79 | (12.79) |
| | | 500m | 48.44 | (35.42) | 500m | 48.13 | (35.34) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------------|-------|---------|---------------------------|-------|--------------|------|
| 24 | gl | 56 Tessel Huizinga | | | DC2 | 45.12 | 46.43 | |
| | bl | 14 Aurelia Groeneveld | | | DC2 | 44.58 | 46.85 | |
| | | Tessel Huizinga | | | Aurelia Groeneveld | | | |
| | | 100m | 12.73 | (12.73) | 100m | 12.46 | (12.46) | |
| | | 500m | 46.43 | (33.70) | 500m | 46.85 | (34.39) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 25 | wt | 73 Timor Portier | | | HC2 | 44.46 | 43.52 | PR |
| | rd | 74 Roan Portier | | | HC2 | 44.36 | 43.77 | PR |
| | | Timor Portier | | | Roan Portier | | | |
| | | 100m | 11.60 | (11.60) | 100m | 11.63 | (11.63) | |
| | | 500m | 43.52 | (31.92) | 500m | 43.77 | (32.14) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 26 | gl | 8 Marjolein Ooms | | | DC2 | 45.11 | 45.63 | |
| | bl | 18 Stijn Vergeer | | | HC1 | 43.25 | 44.30 | |
| | | Marjolein Ooms | | | Stijn Vergeer | | | |
| | | 100m | 12.77 | (12.77) | 100m | 12.12 | (12.12) | |
| | | 500m | 45.63 | (32.86) | 500m | 44.30 | (32.18) | |

3. Uitslag 500 bij 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1 | 30 Kai van Bennekom | HB2 | 39 | O | 38.75 | | |
| 2 | 91 Ids Witkamp | HB1 | 40 | I | 41.23 | | |
| 3 | 63 Rick Loos | HA1 | 40 | O | 41.67 | | |
| 4 | 79 Max Barends | HB1 | 38 | I | 43.00 | PR | |
| 5 | 54 Tom Loos | HA1 | 38 | O | 43.09 | | |
| 6 | 48 Job van Dongen | HA1 | 36 | I | 43.87 | PR | |
| 7 | 16 Driek Tolk | HA1 | 37 | O | 44.29 | | |
| 8 | 51 Gem Wender | H45 | 35 | O | 44.33 | | |
| 9 | 26 Rob Visser | H45 | 35 | I | 44.35 | | |
| 10 | 52 Floris Wender | HB2 | 36 | O | 44.37 | | |
| 11 | 33 Danique van Rooden | DA1 | 37 | I | 44.39 | | |
| 12 | 83 Mees de Ruijter | HB1 | 33 | O | 44.73 | | |
| 13 | 4 Jesper Koot | H45 | 27 | O | 45.30 | | |
| 14 | 39 Evert Jan van Dijk | H45 | 33 | I | 45.64 | | |
| 15 | 12 Lars van Klink | HB2 | 34 | I | 45.84 | | |
| 16 | 45 Ravi de Jong | HA2 | 34 | O | 46.38 | | |
| 17 | 112 Laurens Dam | HB2 | 31 | I | 47.74 | | |
| 18 | 1 Anouk Rodenburg | DB2 | 31 | O | 47.95 | | |
| 19 | 62 Imke van Dongen | DB1 | 32 | I | 49.83 | | |
| 20 | 20 Josine Kroon | D40 | 27 | I | 50.32 | | |
| 21 | 41 Pieter van Dijk | HA2 | 30 | O | 54.15 | | |
| 22 | 40 Meggy van Dijk-Brolsma | D50 | 29 | I | 58.73 | | |
| 23 | 17 Ramona van Leeuwen- van Noort | D55 | 29 | O | 59.25 | | |
| 24 | 53 Henk van der Zwaan | H65 | 30 | I | 1:00.02 | | |
| 25 | 96 Amy Valentijn | DB2 | 32 | O | 1:12.19 | FL | |
| | 55 Jonah Zwaan | HB2 | 39 | I | DNS | | |

3. Rituitslag 500 bij 1500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|--------------------|-------|--------------|------|
| 27 | wt | 20 | Josine Kroon | | D40 | | 50.32 | |
| | rd | 4 | Jesper Koot | | H45 | | 45.30 | |
| | | Josine Kroon | | | Jesper Koot | | | |
| | | 100m | 13.86 | (13.86) | 100m | 12.68 | (12.68) | |
| | | 500m | 50.32 | (36.46) | 500m | 45.30 | (32.62) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 28 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | | |
| | | | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------------|--------------------------------------|---------|--------------------------------------|-------|--------------|------|
| 29 | wt | 40 | Meggy van Dijk-Brolsma | | D50 | 53.39 | 58.73 | |
| | rd | 17 | Ramona van Leeuwen- van Noort | | D55 | 55.33 | 59.25 | |
| | | Meggy van Dijk-Brolsma | | | Ramona van Leeuwen- van Noort | | | |
| | | 100m | 16.15 | (16.15) | 100m | 16.41 | (16.41) | |
| | | 500m | 58.73 | (42.58) | 500m | 59.25 | (42.84) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|------------------------|-------|----------------|------|
| 30 | gl | 53 | Henk van der Zwaan | | H65 | 44.69 | 1:00.02 | |
| | bl | 41 | Pieter van Dijk | | HA2 | 48.71 | 54.15 | |
| | | Henk van der Zwaan | | | Pieter van Dijk | | | |
| | | 100m | 16.36 | (16.36) | 100m | 14.37 | (14.37) | |
| | | 500m | 1:00.02 | (43.66) | 500m | 54.15 | (39.78) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|------------------------|---------|------------------------|-------|--------------|------|
| 31 | wt | 112 | Laurens Dam | | HB2 | 47.37 | 47.74 | |
| | rd | 1 | Anouk Rodenburg | | DB2 | 47.40 | 47.95 | |
| | | Laurens Dam | | | Anouk Rodenburg | | | |
| | | 100m | 12.76 | (12.76) | 100m | 13.14 | (13.14) | |
| | | 500m | 47.74 | (34.98) | 500m | 47.95 | (34.81) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------------|-------|---------|------------------------|---------|----------------|------|
| 32 | gl | 62 Imke van Dongen | | | DB1 | 49.06 | 49.83 | |
| | bl | 96 Amy Valentijn | | | DB2 | 47.39 | 1:12.19 | FL |
| | | Imke van Dongen | | | Amy Valentijn | | | |
| | | 100m | 12.79 | (12.79) | 100m | 13.56 | (13.56) | |
| | | 500m | 49.83 | (37.04) | 500m | 1:12.19 | (58.63) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 33 | wt | 39 Evert Jan van Dijk | | | H45 | 42.65 | 45.64 | |
| | rd | 83 Mees de Ruijter | | | HB1 | 44.58 | 44.73 | |
| | | Evert Jan van Dijk | | | Mees de Ruijter | | | |
| | | 100m | 12.33 | (12.33) | 100m | 11.90 | (11.90) | |
| | | 500m | 45.64 | (33.31) | 500m | 44.73 | (32.83) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 34 | gl | 12 Lars van Klink | | | HB2 | 45.32 | 45.84 | |
| | bl | 45 Ravi de Jong | | | HA2 | 46.16 | 46.38 | |
| | | Lars van Klink | | | Ravi de Jong | | | |
| | | 100m | 12.47 | (12.47) | 100m | 12.67 | (12.67) | |
| | | 500m | 45.84 | (33.37) | 500m | 46.38 | (33.71) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 35 | wt | 26 Rob Visser | | | H45 | 42.71 | 44.35 | |
| | rd | 51 Gem Wender | | | H45 | 43.79 | 44.33 | |
| | | Rob Visser | | | Gem Wender | | | |
| | | 100m | 12.43 | (12.43) | 100m | 12.76 | (12.76) | |
| | | 500m | 44.35 | (31.92) | 500m | 44.33 | (31.57) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 36 | gl | 48 Job van Dongen | | | HA1 | 44.03 | 43.87 | PR |
| | bl | 52 Floris Wender | | | HB2 | 44.24 | 44.37 | |
| | | Job van Dongen | | | Floris Wender | | | |
| | | 100m | 11.88 | (11.88) | 100m | 12.28 | (12.28) | |
| | | 500m | 43.87 | (31.99) | 500m | 44.37 | (32.09) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|-------------------|-------|--------------|------|
| 37 | wt | 33 | Danique van Rooden | | DA1 | 43.30 | 44.39 | |
| | rd | 16 | Driek Tolk | | HA1 | 43.73 | 44.29 | |
| | | Danique van Rooden | | | Driek Tolk | | | |
| | | 100m | 12.11 | (12.11) | 100m | 12.12 | (12.12) | |
| | | 500m | 44.39 | (32.28) | 500m | 44.29 | (32.17) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|-----------------|-------|--------------|------|
| 38 | gl | 79 | Max Barends | | HB1 | 43.19 | 43.00 | PR |
| | bl | 54 | Tom Loos | | HA1 | 42.66 | 43.09 | |
| | | Max Barends | | | Tom Loos | | | |
| | | 100m | 11.49 | (11.49) | 100m | 11.75 | (11.75) | |
| | | 500m | 43.00 | (31.51) | 500m | 43.09 | (31.34) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|-------------------------|--|-------------------------|-------|--------------|------|
| 39 | wt | 55 | Jonah Zwaan | | HB2 | 41.20 | DNS | |
| | rd | 30 | Kai van Bennekom | | HB2 | 38.20 | 38.75 | |
| | | Jonah Zwaan | | | Kai van Bennekom | | | |
| | | | | | 100m | 10.64 | (10.64) | |
| | | | | | 500m | 38.75 | (28.11) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|------------------|-------|--------------|------|
| 40 | gl | 91 | Ids Witkamp | | HB1 | 41.01 | 41.23 | |
| | bl | 63 | Rick Loos | | HA1 | 41.20 | 41.67 | |
| | | Ids Witkamp | | | Rick Loos | | | |
| | | 100m | 11.48 | (11.48) | 100m | 11.44 | (11.44) | |
| | | 500m | 41.23 | (29.75) | 500m | 41.67 | (30.23) | |

4. Uitslag 500 bij 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 1 | 93 Bruno Bonetti | HB2 | 47 | I | 40.81 | | |
| 2 | 86 Stefan Huizenga | HA2 | 47 | O | 41.41 | | |
| 3 | 85 Bert Nijman | H40 | 48 | I | 43.34 | | |
| 4 | 78 Lara Dingjan | DN1 | 48 | O | 43.77 | | |
| 5 | 84 Kersty Heeremans | DN1 | 45 | O | 46.37 | PR | |
| 6 | 69 Evy van Duijn | DB2 | 46 | O | 47.87 | | |
| 7 | 44 Annette Laarhoven | DA1 | 46 | I | 47.99 | PR | |
| 8 | 64 Anne Lubbers | DB2 | 41 | O | 49.62 | PR | |
| 9 | 47 Sylvie van den Heuvel | DN1 | 45 | I | 49.83 | | |
| 10 | 80 Sep Jan de Graaff | HB1 | 41 | I | 50.52 | PR | |
| 11 | 111 Sanne Ganzinga | DA2 | 43 | I | 51.02 | | |
| 12 | 61 Erwin Henskes | H65 | 44 | O | 51.14 | | |
| 13 | 88 Wieteke Huiberts | DN1 | 43 | O | 51.19 | PR | |
| 14 | 65 Lou Hoogewerf | H70 | 44 | I | 55.94 | | |

4. Rituitslag 500 bij 1000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|--------------|------|
| 41 | wt | 80 | Sep Jan de Graaff | | HB1 | 51.97 | 50.52 | PR |
| | rd | 64 | Anne Lubbers | | DB2 | 50.61 | 49.62 | PR |
| | | Sep Jan de Graaff | | | Anne Lubbers | | | |
| | | 100m | 13.42 | (13.42) | 100m | 13.04 | (13.04) | |
| | | 500m | 50.52 | (37.10) | 500m | 49.62 | (36.58) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|---|----|------|------|
| 42 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 43 | wt | 111 | Sanne Ganzinga | | DA2 | 48.37 | 51.02 | |
| | rd | 88 | Wieteke Huiberts | | DN1 | 51.87 | 51.19 | PR |
| | | Sanne Ganzinga | | | Wieteke Huiberts | | | |
| | | 100m | 13.10 | (13.10) | 100m | 13.59 | (13.59) | |
| | | 500m | 51.02 | (37.92) | 500m | 51.19 | (37.60) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|----------------------|-------|--------------|------|
| 44 | gl | 65 | Lou Hoogewerf | | H70 | 46.75 | 55.94 | |
| | bl | 61 | Erwin Henskes | | H65 | 45.20 | 51.14 | |
| | | Lou Hoogewerf | | | Erwin Henskes | | | |
| | | 100m | 14.29 | (14.29) | 100m | 14.18 | (14.18) | |
| | | 500m | 55.94 | (41.65) | 500m | 51.14 | (36.96) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------------|------------------------------|---------|-------------------------|-------|--------------|------|
| 45 | wt | 47 | Sylvie van den Heuvel | | DN1 | 48.46 | 49.83 | |
| | rd | 84 | Kersty Heeremans | | DN1 | 46.64 | 46.37 | PR |
| | | Sylvie van den Heuvel | | | Kersty Heeremans | | | |
| | | 100m | 12.96 | (12.96) | 100m | 12.70 | (12.70) | |
| | | 500m | 49.83 | (36.87) | 500m | 46.37 | (33.67) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-------|---------|------------------------|-------|--------------|------|
| 46 | gl | 44 Annette Laarhoven | | | DA1 | 48.14 | 47.99 | PR |
| | bl | 69 Evy van Duijn | | | DB2 | 47.67 | 47.87 | |
| | | Annette Laarhoven | | | Evy van Duijn | | | |
| | | 100m | 12.77 | (12.77) | 100m | 13.02 | (13.02) | |
| | | 500m | 47.99 | (35.22) | 500m | 47.87 | (34.85) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 47 | wt | 93 Bruno Bonetti | | | HB2 | 40.74 | 40.81 | |
| | rd | 86 Stefan Huizenga | | | HA2 | 39.51 | 41.41 | |
| | | Bruno Bonetti | | | Stefan Huizenga | | | |
| | | 100m | 11.38 | (11.38) | 100m | 11.56 | (11.56) | |
| | | 500m | 40.81 | (29.43) | 500m | 41.41 | (29.85) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 48 | gl | 85 Bert Nijman | | | H40 | 42.60 | 43.34 | |
| | bl | 78 Lara Dingjan | | | DN1 | 43.34 | 43.77 | |
| | | Bert Nijman | | | Lara Dingjan | | | |
| | | 100m | 11.87 | (11.87) | 100m | 12.06 | (12.06) | |
| | | 500m | 43.34 | (31.47) | 500m | 43.77 | (31.71) | |

5. Uitslag 500 meter - omloop 2

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 109 Joeke van Mulligen | HN4 | 56 | O | 41.42 | | |
| 2 | 97 Frans Verhoeve | H55 | 55 | I | 42.86 | | |
| 3 | 89 Mik de Groot | HA2 | 56 | I | 43.86 | | |
| 4 | 38 Bente Adema | DB1 | 53 | O | 46.34 | | |
| 5 | 15 Aranka Keur | D40 | 55 | O | 47.76 | | |
| 6 | 72 Vincent Lankamp | HB1 | 51 | O | 48.70 | PR | |
| 7 | 60 Charline Kwadrin | DA1 | 53 | I | 49.65 | | |
| 8 | 70 Emma Hartveld | DN1 | 54 | O | 49.81 | | |
| 9 | 77 Silvijn Vastenhout | HA1 | 54 | I | 51.56 | | |
| 10 | 102 Mette van Leeuwen | DA1 | 52 | O | 52.43 | | |
| 11 | 75 Pien Lodder | DN2 | 52 | I | 52.81 | | |
| 12 | 87 Britt van Hameren | DB2 | 49 | O | 53.16 | | |
| 13 | 95 Lisanne Hartveld | DB1 | 51 | I | 1:04.42 | FL | |

5. Rituitslag 500 meter - omloop 2

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|---------|---------|-------|----------------|------|
| 49 | wt | | | | | | | |
| | rd | 87 | Britt van Hameren | | DB2 | 52.19 | 53.16 | |
| | | | Britt van Hameren | | | | | |
| | | | m | | 100m | 14.08 | (14.08) | |
| | | | | | 500m | 53.16 | (39.08) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 50 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | m | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 51 | wt | 95 | Lisanne Hartveld | | DB1 | 53.11 | 1:04.42 | FL |
| | rd | 72 | Vincent Lankamp | | HB1 | 51.81 | 48.70 | PR |
| | | | Lisanne Hartveld | | | | | |
| | | | 100m | 13.87 | (13.87) | | | |
| | | | 500m | 1:04.42 | (50.55) | | | |
| | | | Vincent Lankamp | | | | | |
| | | | 100m | 12.81 | (12.81) | | | |
| | | | 500m | 48.70 | (35.89) | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 52 | gl | 75 | Pien Lodder | | DN2 | 52.08 | 52.81 | |
| | bl | 102 | Mette van Leeuwen | | DA1 | 51.21 | 52.43 | |
| | | | Pien Lodder | | | | | |
| | | | 100m | 14.21 | (14.21) | | | |
| | | | 500m | 52.81 | (38.60) | | | |
| | | | Mette van Leeuwen | | | | | |
| | | | 100m | 14.16 | (14.16) | | | |
| | | | 500m | 52.43 | (38.27) | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 53 | wt | 60 | Charline Kwadrin | | DA1 | 48.40 | 49.65 | |
| | rd | 38 | Bente Adema | | DB1 | 45.79 | 46.34 | |
| | | | Charline Kwadrin | | | | | |
| | | | 100m | 13.40 | (13.40) | | | |
| | | | 500m | 49.65 | (36.25) | | | |
| | | | Bente Adema | | | | | |
| | | | 100m | 12.49 | (12.49) | | | |
| | | | 500m | 46.34 | (33.85) | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-------|---------|---------------------------|-------|--------------|------|
| 54 | gl | 77 Silvijn Vastenhout | | | HA1 | 50.61 | 51.56 | |
| | bl | 70 Emma Hartveld | | | DN1 | 47.95 | 49.81 | |
| | | Silvijn Vastenhout | | | Emma Hartveld | | | |
| | | 100m | 13.22 | (13.22) | 100m | 13.59 | (13.59) | |
| | | 500m | 51.56 | (38.34) | 500m | 49.81 | (36.22) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 55 | wt | 97 Frans Verhoeve | | | H55 | 40.44 | 42.86 | |
| | rd | 15 Aranka Keur | | | D40 | 45.04 | 47.76 | |
| | | Frans Verhoeve | | | Aranka Keur | | | |
| | | 100m | 11.84 | (11.84) | 100m | 12.58 | (12.58) | |
| | | 500m | 42.86 | (31.02) | 500m | 47.76 | (35.18) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 56 | gl | 89 Mik de Groot | | | HA2 | 41.65 | 43.86 | |
| | bl | 109 Joeke van Mulligen | | | HN4 | 40.36 | 41.42 | |
| | | Mik de Groot | | | Joeke van Mulligen | | | |
| | | 100m | 12.30 | (12.30) | 100m | 11.49 | (11.49) | |
| | | 500m | 43.86 | (31.56) | 500m | 41.42 | (29.93) | |

6. Uitslag 1500 meter Ijsbeercup

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1 | 56 Tessel Huizinga | DC2 | 73 | O | 2:20.15 | | |
| 2 | 74 Roan Portier | HC2 | 71 | I | 2:25.98 | PR | |
| 3 | 18 Stijn Vergeer | HC1 | 74 | I | 2:26.12 | | |
| 4 | 8 Marjolein Ooms | DC2 | 73 | I | 2:27.07 | | |
| 5 | 73 Timor Portier | HC2 | 72 | O | 2:27.19 | PR | |
| 6 | 49 Sam van Dongen | HC1 | 74 | O | 2:28.37 | | |
| 7 | 10 Lis uit den Boogaard | DC2 | 71 | O | 2:33.57 | | |
| 8 | 24 Jelle van Ruiten | HC1 | 70 | O | 2:35.76 | | |
| 9 | 27 Sepp Nauta | HC2 | 68 | O | 2:35.87 | PR | |
| 10 | 2 Rinske van der Maarl | DC1 | 67 | I | 2:36.55 | PR | |
| 11 | 59 Esmee Bijl | DC1 | 67 | O | 2:39.26 | PR | |
| 12 | 103 Robin Schippers | HC2 | 63 | I | 2:40.86 | PR | |
| 13 | 5 Mees Olie | HC1 | 69 | O | 2:41.23 | | |
| 14 | 36 Philipine Cornelissen | DC1 | 69 | I | 2:42.07 | | |
| 15 | 3 Christiaan Zandstra | HC1 | 64 | O | 2:42.96 | PR | |
| 16 | 29 Thijmen van Schie | HC2 | 65 | O | 2:43.36 | PR | |
| 17 | 104 Sverre Kroes | HC2 | 66 | I | 2:44.07 | PR | |
| 18 | 9 Evi Ruissen | DC1 | 65 | I | 2:44.10 | PR | |
| 19 | 43 Kelsy Mulckhuys | DC1 | 68 | I | 2:46.96 | | |
| 20 | 113 Siem Braak | HC2 | 63 | O | 2:48.26 | PR | |
| 21 | 21 Lisa Meeuwissen | DC1 | 70 | I | 2:48.33 | | |
| 22 | 46 Tygo van den Hoek | HC2 | 60 | I | 2:48.65 | PR | |
| 23 | 42 Roos Valentijn | DC1 | 61 | I | 2:49.27 | PR | |
| 24 | 7 Alissa Pels | DC1 | 64 | I | 2:49.74 | PR | |
| 25 | 100 Quint van Ketel | HC2 | 59 | O | 2:50.32 | PR | |
| 26 | 6 Emi Kiers | DC1 | 66 | O | 2:50.67 | | |
| 27 | 11 Lieke van Klink | DC1 | 62 | O | 2:55.74 | PR | |
| 28 | 13 Ella Westerik | DC1 | 61 | O | 2:55.92 | PR | |
| 29 | 101 Elisa Domingues Rosa | DC1 | 62 | I | 2:57.69 | PR | |
| 30 | 82 Pien de Ruijter | DC1 | 57 | I | 2:58.48 | | |
| 31 | 22 Teije Zuidervaart | HC1 | 59 | I | 3:13.66 | PR | |
| 32 | 114 Stijn van der Meer | HC1 | 58 | I | 3:19.89 | | |
| 33 | 94 Saphira Heeremans | DC1 | 58 | O | 3:43.60 | PR | |
| | 108 David van Veen | HC1 | 57 | O | DNS | | |
| | 107 Matthijs van Veen | HC1 | 60 | O | DNS | | |
| | 14 Aurelia Groeneveld | DC2 | | | WDR | | |

6. Rituitslag 1500 meter Ijsbeercup

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|----|----------------|------|
| 57 | wt | 82 Pien de Ruijter | DC1 | | 2:58.48 | |
| | rd | 108 David van Veen | HC1 | | DNS | |

Pien de Ruijter

| | | |
|-------|---------|---------|
| 300m | 36.10 | (36.10) |
| 700m | 1:20.64 | (44.54) |
| 1100m | 2:08.55 | (47.91) |
| 1500m | 2:58.48 | (49.93) |

David van Veen

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|-----|---------|----------------|------|
| 58 | gl | 114 Stijn van der Meer | HC1 | | 3:19.89 | |
| | bl | 94 Saphira Heeremans | DC1 | 4:03.69 | 3:43.60 | PR |

Stijn van der Meer

| | | |
|-------|---------|---------|
| 300m | 40.62 | (40.62) |
| 700m | 1:33.83 | (53.21) |
| 1100m | 2:28.34 | (54.51) |
| 1500m | 3:19.89 | (51.55) |

Saphira Heeremans

| | | |
|-------|---------|---------|
| 300m | 42.40 | (42.40) |
| 700m | 1:40.79 | (58.39) |
| 1100m | 2:43.12 | (62.33) |
| 1500m | 3:43.60 | (60.48) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 59 | wt | 22 Teije Zuidervaart | HC1 | 3:26.88 | 3:13.66 | PR |
| | rd | 100 Quint van Ketel | HC2 | 3:10.99 | 2:50.32 | PR |

Teije Zuidervaart

| | | |
|-------|---------|---------|
| 300m | 38.32 | (38.32) |
| 700m | 1:27.66 | (49.34) |
| 1100m | 2:20.57 | (52.91) |
| 1500m | 3:13.66 | (53.09) |

Quint van Ketel

| | | |
|-------|---------|---------|
| 300m | 35.98 | (35.98) |
| 700m | 1:19.27 | (43.29) |
| 1100m | 2:04.30 | (45.03) |
| 1500m | 2:50.32 | (46.02) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 60 | gl | 46 Tygo van den Hoek | HC2 | 3:07.49 | 2:48.65 | PR |
| | bl | 107 Matthijs van Veen | HC1 | 3:03.52 | DNS | |

Tygo van den Hoek

| | | |
|-------|---------|---------|
| 300m | 33.78 | (33.78) |
| 700m | 1:15.12 | (41.34) |
| 1100m | 2:00.03 | (44.91) |
| 1500m | 2:48.65 | (48.62) |

Matthijs van Veen

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----------------------------|---------|----------------------------|---------|----------------|------|
| 61 | wt | 42 | Roos Valentijn | | DC1 | 2:56.69 | 2:49.27 | PR |
| | rd | 13 | Ella Westerik | | DC1 | 2:57.04 | 2:55.92 | PR |
| | | Roos Valentijn | | | Ella Westerik | | | |
| | | 300m | 34.47 | (34.47) | 300m | 33.98 | (33.98) | |
| | | 700m | 1:17.24 | (42.77) | 700m | 1:17.90 | (43.92) | |
| | | 1100m | 2:03.11 | (45.87) | 1100m | 2:05.30 | (47.40) | |
| | | 1500m | 2:49.27 | (46.16) | 1500m | 2:55.92 | (50.62) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 62 | gl | 101 | Elisa Domingues Rosa | | DC1 | 3:02.31 | 2:57.69 | PR |
| | bl | 11 | Lieke van Klink | | DC1 | 3:00.98 | 2:55.74 | PR |
| | | Elisa Domingues Rosa | | | Lieke van Klink | | | |
| | | 300m | 36.85 | (36.85) | 300m | 36.18 | (36.18) | |
| | | 700m | 1:22.55 | (45.70) | 700m | 1:19.39 | (43.21) | |
| | | 1100m | 2:10.59 | (48.04) | 1100m | 2:07.67 | (48.28) | |
| | | 1500m | 2:57.69 | (47.10) | 1500m | 2:55.74 | (48.07) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 63 | wt | 103 | Robin Schippers | | HC2 | 2:56.49 | 2:40.86 | PR |
| | rd | 113 | Siem Braak | | HC2 | 2:50.69 | 2:48.26 | PR |
| | | Robin Schippers | | | Siem Braak | | | |
| | | 300m | 33.92 | (33.92) | 300m | 34.30 | (34.30) | |
| | | 700m | 1:15.24 | (41.32) | 700m | 1:16.53 | (42.23) | |
| | | 1100m | 1:57.64 | (42.40) | 1100m | 2:00.99 | (44.46) | |
| | | 1500m | 2:40.86 | (43.22) | 1500m | 2:48.26 | (47.27) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 64 | gl | 7 | Alissa Pels | | DC1 | 2:51.67 | 2:49.74 | PR |
| | bl | 3 | Christiaan Zandstra | | HC1 | 2:50.05 | 2:42.96 | PR |
| | | Alissa Pels | | | Christiaan Zandstra | | | |
| | | 300m | 35.74 | (35.74) | 300m | 35.03 | (35.03) | |
| | | 700m | 1:18.61 | (42.87) | 700m | 1:16.87 | (41.84) | |
| | | 1100m | 2:03.83 | (45.22) | 1100m | 2:01.18 | (44.31) | |
| | | 1500m | 2:49.74 | (45.91) | 1500m | 2:42.96 | (41.78) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----------------------------|---------|--------------------------|---------|----------------|------|
| 65 | wt | 9 | Evi Ruissen | | DC1 | 2:47.85 | 2:44.10 | PR |
| | rd | 29 | Thijmen van Schie | | HC2 | 2:48.56 | 2:43.36 | PR |
| | | Evi Ruissen | | | Thijmen van Schie | | | |
| | | 300m | 34.53 | (34.53) | 300m | 32.99 | (32.99) | |
| | | 700m | 1:17.89 | (43.36) | 700m | 1:16.04 | (43.05) | |
| | | 1100m | 2:01.35 | (43.46) | 1100m | 2:01.34 | (45.30) | |
| | | 1500m | 2:44.10 | (42.75) | 1500m | 2:43.36 | (42.02) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 66 | gl | 104 | Sverre Kroes | | HC2 | 2:48.62 | 2:44.07 | PR |
| | bl | 6 | Emi Kiers | | DC1 | 2:48.16 | 2:50.67 | |
| | | Sverre Kroes | | | Emi Kiers | | | |
| | | 300m | 33.53 | (33.53) | 300m | 35.48 | (35.48) | |
| | | 700m | 1:15.63 | (42.10) | 700m | 1:19.78 | (44.30) | |
| | | 1100m | 1:59.05 | (43.42) | 1100m | 2:05.89 | (46.11) | |
| | | 1500m | 2:44.07 | (45.02) | 1500m | 2:50.67 | (44.78) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 67 | wt | 2 | Rinske van der Maarl | | DC1 | 2:40.57 | 2:36.55 | PR |
| | rd | 59 | Esmee Bijl | | DC1 | 2:43.27 | 2:39.26 | PR |
| | | Rinske van der Maarl | | | Esmee Bijl | | | |
| | | 300m | 33.55 | (33.55) | 300m | 34.02 | (34.02) | |
| | | 700m | 1:14.16 | (40.61) | 700m | 1:13.95 | (39.93) | |
| | | 1100m | 1:55.51 | (41.35) | 1100m | 1:56.85 | (42.90) | |
| | | 1500m | 2:36.55 | (41.04) | 1500m | 2:39.26 | (42.41) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 68 | gl | 43 | Kelsy Mulckhuysse | | DC1 | 2:44.30 | 2:46.96 | |
| | bl | 27 | Sepp Nauta | | HC2 | 2:45.29 | 2:35.87 | PR |
| | | Kelsy Mulckhuysse | | | Sepp Nauta | | | |
| | | 300m | 34.06 | (34.06) | 300m | 32.52 | (32.52) | |
| | | 700m | 1:17.11 | (43.05) | 700m | 1:12.23 | (39.71) | |
| | | 1100m | 2:02.37 | (45.26) | 1100m | 1:54.80 | (42.57) | |
| | | 1500m | 2:46.96 | (44.59) | 1500m | 2:35.87 | (41.07) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------------|------------------------------|---------|-----------------------------|---------|----------------|------|
| 69 | wt | 36 | Philipine Cornelissen | | DC1 | 2:37.14 | 2:42.07 | |
| | rd | 5 | Mees Olie | | HC1 | 2:35.61 | 2:41.23 | |
| | | Philipine Cornelissen | | | Mees Olie | | | |
| | | 300m | 32.54 | (32.54) | 300m | 32.81 | (32.81) | |
| | | 700m | 1:14.00 | (41.46) | 700m | 1:13.64 | (40.83) | |
| | | 1100m | 1:56.74 | (42.74) | 1100m | 1:57.30 | (43.66) | |
| | | 1500m | 2:42.07 | (45.33) | 1500m | 2:41.23 | (43.93) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 70 | gl | 21 | Lisa Meeuwissen | | DC1 | 2:43.43 | 2:48.33 | |
| | bl | 24 | Jelle van Ruiten | | HC1 | 2:35.60 | 2:35.76 | |
| | | Lisa Meeuwissen | | | Jelle van Ruiten | | | |
| | | 300m | 33.77 | (33.77) | 300m | 32.39 | (32.39) | |
| | | 700m | 1:16.64 | (42.87) | 700m | 1:11.83 | (39.44) | |
| | | 1100m | 2:02.05 | (45.41) | 1100m | 1:53.21 | (41.38) | |
| | | 1500m | 2:48.33 | (46.28) | 1500m | 2:35.76 | (42.55) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 71 | wt | 74 | Roan Portier | | HC2 | 2:30.31 | 2:25.98 | PR |
| | rd | 10 | Lis uit den Boogaard | | DC2 | 2:26.44 | 2:33.57 | |
| | | Roan Portier | | | Lis uit den Boogaard | | | |
| | | 300m | 28.67 | (28.67) | 300m | 31.47 | (31.47) | |
| | | 700m | 1:05.53 | (36.86) | 700m | 1:09.47 | (38.00) | |
| | | 1100m | 1:45.01 | (39.48) | 1100m | 1:51.02 | (41.55) | |
| | | 1500m | 2:25.98 | (40.97) | 1500m | 2:33.57 | (42.55) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 72 | gl | 14 | Aurelia Groeneveld | | DC2 | 2:25.21 | WDR | |
| | bl | 73 | Timor Portier | | HC2 | 2:28.23 | 2:27.19 | PR |
| | | Aurelia Groeneveld | | | Timor Portier | | | |
| | | 300m | | | 300m | 28.61 | (28.61) | |
| | | 700m | | | 700m | 1:04.97 | (36.36) | |
| | | 1100m | | | 1100m | 1:45.88 | (40.91) | |
| | | 1500m | | | 1500m | 2:27.19 | (41.31) | |



Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

15 december 2024



| | | Naam | | | Cat | | | PR | Tijd | Info |
|-------|----|-----------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 73 | wt | 8 | Marjolein Ooms | | DC2 | | | 2:20.94 | 2:27.07 | |
| | rd | 56 | Tessel Huizinga | | DC2 | | | 2:15.48 | 2:20.15 | |
| | | Marjolein Ooms | | | Tessel Huizinga | | | | | |
| | | 300m | 31.23 | (31.23) | 300m | 31.13 | (31.13) | | | |
| | | 700m | 1:08.51 | (37.28) | 700m | 1:06.93 | (35.80) | | | |
| | | 1100m | 1:46.97 | (38.46) | 1100m | 1:42.29 | (35.36) | | | |
| | | 1500m | 2:27.07 | (40.10) | 1500m | 2:20.15 | (37.86) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 74 | gl | 18 | Stijn Vergeer | | HC1 | | | 2:19.69 | 2:26.12 | |
| | bl | 49 | Sam van Dongen | | HC1 | | | 2:24.06 | 2:28.37 | |
| | | Stijn Vergeer | | | Sam van Dongen | | | | | |
| | | 300m | 29.72 | (29.72) | 300m | 30.48 | (30.48) | | | |
| | | 700m | 1:06.60 | (36.88) | 700m | 1:07.41 | (36.93) | | | |
| | | 1100m | 1:45.93 | (39.33) | 1100m | 1:45.93 | (38.52) | | | |
| | | 1500m | 2:26.12 | (40.19) | 1500m | 2:28.37 | (42.44) | | | |

7. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1 | 30 Kai van Bennekom | HB2 | 87 | I | 1:57.35 | PR | |
| 2 | 51 Gem Wender | H45 | 85 | O | 2:07.30 | | |
| 3 | 91 Ids Witkamp | HB1 | 88 | O | 2:08.00 | | |
| 4 | 63 Rick Loos | HA1 | 88 | I | 2:10.23 | | |
| 5 | 52 Floris Wender | HB2 | 86 | I | 2:10.26 | PR | |
| 6 | 79 Max Barends | HB1 | 86 | O | 2:11.71 | | |
| 7 | 26 Rob Visser | H45 | 84 | O | 2:12.90 | | |
| 8 | 39 Evert Jan van Dijk | H45 | 84 | I | 2:13.22 | | |
| 9 | 16 Driek Tolk | HA1 | 85 | I | 2:13.67 | | |
| 10 | 4 Jesper Koot | H45 | 75 | I | 2:15.27 | | |
| 11 | 54 Tom Loos | HA1 | 83 | I | 2:17.02 | | |
| 12 | 48 Job van Dongen | HA1 | 82 | O | 2:18.85 | | |
| 13 | 12 Lars van Klink | HB2 | 81 | O | 2:20.74 | | |
| 14 | 83 Mees de Ruijter | HB1 | 82 | I | 2:21.32 | PR | |
| 15 | 45 Ravi de Jong | HA2 | 81 | I | 2:22.87 | PR | |
| 16 | 1 Anouk Rodenburg | DB2 | 79 | O | 2:26.33 | | |
| 17 | 20 Josine Kroon | D40 | 75 | O | 2:28.98 | | |
| 18 | 112 Laurens Dam | HB2 | 80 | I | 2:29.98 | | |
| 19 | 96 Amy Valentijn | DB2 | 80 | O | 2:39.32 | | |
| 20 | 62 Imke van Dongen | DB1 | 79 | I | 2:43.27 | | |
| 21 | 17 Ramona van Leeuwen- van Noort | D55 | 77 | I | 2:57.71 | | |
| 22 | 53 Henk van der Zwaan | H65 | 77 | O | 2:57.80 | | |
| 23 | 40 Meggy van Dijk-Brolsma | D50 | 78 | I | 2:58.49 | | |
| | 41 Pieter van Dijk | HA2 | 78 | O | | DQ | |
| | 55 Jonah Zwaan | HB2 | 87 | O | | DNS | |
| | 33 Danique van Rooden | DA1 | | | | WDR | |

7. Rituitslag 1500 meter

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|------------------------|---------|---------|---------------------|----------------|---------|
| 75 | wt | 4 Jesper Koot | H45 | | | 2:15.27 | |
| | rd | 20 Josine Kroon | D40 | | | 2:28.98 | |
| | | Jesper Koot | | | Josine Kroon | | |
| | | 300m | 30.04 | (30.04) | 300m | 32.99 | (32.99) |
| | | 700m | 1:04.18 | (34.14) | 700m | 1:10.83 | (37.84) |
| | | 1100m | 1:39.42 | (35.24) | 1100m | 1:50.07 | (39.24) |
| | | 1500m | 2:15.27 | (35.85) | 1500m | 2:28.98 | (38.91) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|------|-----|--|----|------|------|
| 76 | gl | | | | | | |
| | bl | | | | | | |
| | | m | | | m | | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|---|---------|---------|---------------------------|----------------|---------|
| 77 | wt | 17 Ramona van Leeuwen- van Noort | D55 | | 2:55.11 | 2:57.71 | |
| | rd | 53 Henk van der Zwaan | H65 | | 2:11.41 | 2:57.80 | |
| | | Ramona van Leeuwen- van Noort | | | Henk van der Zwaan | | |
| | | 300m | 39.51 | (39.51) | 300m | 39.96 | (39.96) |
| | | 700m | 1:24.10 | (44.59) | 700m | 1:25.58 | (45.62) |
| | | 1100m | 2:10.90 | (46.80) | 1100m | 2:11.74 | (46.16) |
| | | 1500m | 2:57.71 | (46.81) | 1500m | 2:57.80 | (46.06) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|----------------------------------|---------|---------|------------------------|----------------|---------|
| 78 | gl | 40 Meggy van Dijk-Brolsma | D50 | | 2:46.13 | 2:58.49 | |
| | bl | 41 Pieter van Dijk | HA2 | | 2:25.73 | DQ | |
| | | Meggy van Dijk-Brolsma | | | Pieter van Dijk | | |
| | | 300m | 39.01 | (39.01) | 300m | 34.07 | (34.07) |
| | | 700m | 1:24.40 | (45.39) | 700m | 1:15.34 | (41.27) |
| | | 1100m | 2:11.10 | (46.70) | 1100m | 1:58.74 | (43.40) |
| | | 1500m | 2:58.49 | (47.39) | 1500m | 2:44.79 | (46.05) |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|------------------------|---------|----------------|------|
| 79 | wt | 62 | Imke van Dongen | | DB1 | 2:34.25 | 2:43.27 | |
| | rd | 1 | Anouk Rodenburg | | DB2 | 2:23.85 | 2:26.33 | |
| | | Imke van Dongen | | | Anouk Rodenburg | | | |
| | | 300m | 32.13 | (32.13) | 300m | 32.64 | (32.64) | |
| | | 700m | 1:12.77 | (40.64) | 700m | 1:10.20 | (37.56) | |
| | | 1100m | 1:57.53 | (44.76) | 1100m | 1:48.02 | (37.82) | |
| | | 1500m | 2:43.27 | (45.74) | 1500m | 2:26.33 | (38.31) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 80 | gl | 112 | Laurens Dam | | HB2 | 2:27.44 | 2:29.98 | |
| | bl | 96 | Amy Valentijn | | DB2 | 2:26.04 | 2:39.32 | |
| | | Laurens Dam | | | Amy Valentijn | | | |
| | | 300m | 31.61 | (31.61) | 300m | 36.29 | (36.29) | |
| | | 700m | 1:10.09 | (38.48) | 700m | 1:16.09 | (39.80) | |
| | | 1100m | 1:50.34 | (40.25) | 1100m | 1:57.78 | (41.69) | |
| | | 1500m | 2:29.98 | (39.64) | 1500m | 2:39.32 | (41.54) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 81 | wt | 45 | Ravi de Jong | | HA2 | 2:25.28 | 2:22.87 | PR |
| | rd | 12 | Lars van Klink | | HB2 | 2:17.47 | 2:20.74 | |
| | | Ravi de Jong | | | Lars van Klink | | | |
| | | 300m | 30.18 | (30.18) | 300m | 30.60 | (30.60) | |
| | | 700m | 1:05.73 | (35.55) | 700m | 1:06.64 | (36.04) | |
| | | 1100m | 1:43.62 | (37.89) | 1100m | 1:43.88 | (37.24) | |
| | | 1500m | 2:22.87 | (39.25) | 1500m | 2:20.74 | (36.86) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 82 | gl | 83 | Mees de Ruijter | | HB1 | 2:25.10 | 2:21.32 | PR |
| | bl | 48 | Job van Dongen | | HA1 | 2:18.15 | 2:18.85 | |
| | | Mees de Ruijter | | | Job van Dongen | | | |
| | | 300m | 28.91 | (28.91) | 300m | 28.97 | (28.97) | |
| | | 700m | 1:03.91 | (35.00) | 700m | 1:03.59 | (34.62) | |
| | | 1100m | 1:41.75 | (37.84) | 1100m | 1:41.13 | (37.54) | |
| | | 1500m | 2:21.32 | (39.57) | 1500m | 2:18.85 | (37.72) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----------------|---------|---------------------------|------|
| 83 | wt | 54 Tom Loos | HA1 | 2:12.54 | 2:17.02 | |
| | rd | 33 Danique van Rooden | DA1 | 2:11.66 | WDR | |
| | | Tom Loos | | | Danique van Rooden | |
| | | 300m | 28.03 (28.03) | | | |
| | | 700m | 1:02.51 (34.48) | | | |
| | | 1100m | 1:39.37 (36.86) | | | |
| | | 1500m | 2:17.02 (37.65) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 84 | gl | 39 Evert Jan van Dijk | H45 | 2:09.93 | 2:13.22 | |
| | bl | 26 Rob Visser | H45 | 2:08.34 | 2:12.90 | |
| | | Evert Jan van Dijk | | | Rob Visser | |
| | | 300m | 29.10 (29.10) | 300m | 29.03 (29.03) | |
| | | 700m | 1:02.88 (33.78) | 700m | 1:01.90 (32.87) | |
| | | 1100m | 1:37.67 (34.79) | 1100m | 1:36.52 (34.62) | |
| | | 1500m | 2:13.22 (35.55) | 1500m | 2:12.90 (36.38) | |
| | | Naam | Cat | PR | Tijd | Info |
| 85 | wt | 16 Driek Tolk | HA1 | 2:09.11 | 2:13.67 | |
| | rd | 51 Gem Wender | H45 | 2:04.24 | 2:07.30 | |
| | | Driek Tolk | | | Gem Wender | |
| | | 300m | 28.84 (28.84) | 300m | 29.57 (29.57) | |
| | | 700m | 1:02.26 (33.42) | 700m | 1:00.97 (31.40) | |
| | | 1100m | 1:37.17 (34.91) | 1100m | 1:33.73 (32.76) | |
| | | 1500m | 2:13.67 (36.50) | 1500m | 2:07.30 (33.57) | |
| | | Naam | Cat | PR | Tijd | Info |
| 86 | gl | 52 Floris Wender | HB2 | 2:10.45 | 2:10.26 | PR |
| | bl | 79 Max Barends | HB1 | 2:11.12 | 2:11.71 | |
| | | Floris Wender | | | Max Barends | |
| | | 300m | 29.24 (29.24) | 300m | 28.39 (28.39) | |
| | | 700m | 1:01.63 (32.39) | 700m | 1:00.50 (32.11) | |
| | | 1100m | 1:35.69 (34.06) | 1100m | 1:35.50 (35.00) | |
| | | 1500m | 2:10.26 (34.57) | 1500m | 2:11.71 (36.21) | |



Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

15 december 2024



| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|---------|---------|---------|------|
| 87 | wt | 30 Kai van Bennekom | HB2 | 1:58.74 | 1:57.35 | PR |
| | rd | 55 Jonah Zwaan | HB2 | 2:00.98 | DNS | |
| | | Kai van Bennekom | | | | |
| | | 300m | 25.81 | (25.81) | | |
| | | 700m | 54.95 | (29.14) | | |
| | | 1100m | 1:24.96 | (30.01) | | |
| | | 1500m | 1:57.35 | (32.39) | | |
| | | Jonah Zwaan | | | | |
| | | 300m | | | | |
| | | 700m | | | | |
| | | 1100m | | | | |
| | | 1500m | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 88 | gl | 63 Rick Loos | HA1 | 2:05.02 | 2:10.23 | |
| | bl | 91 Ids Witkamp | HB1 | 2:05.18 | 2:08.00 | |
| | | Rick Loos | | | | |
| | | 300m | 27.16 | (27.16) | | |
| | | 700m | 58.93 | (31.77) | | |
| | | 1100m | 1:33.81 | (34.88) | | |
| | | 1500m | 2:10.23 | (36.42) | | |
| | | Ids Witkamp | | | | |
| | | 300m | 27.12 | (27.12) | | |
| | | 700m | 58.41 | (31.29) | | |
| | | 1100m | 1:32.19 | (33.78) | | |
| | | 1500m | 2:08.00 | (35.81) | | |

8. Uitslag 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------------|-----|------|------|----------------|------|--------|
| 1 | 93 Bruno Bonetti | HB2 | 95 | I | 1:20.89 | PR | |
| 2 | 86 Stefan Huizenga | HA2 | 96 | O | 1:22.48 | | |
| 3 | 85 Bert Nijman | H40 | 96 | I | 1:26.36 | | |
| 4 | 78 Lara Dingjan | DN1 | 95 | O | 1:28.24 | | |
| 5 | 84 Kersty Heeremans | DN1 | 94 | I | 1:33.98 | | |
| 6 | 69 Evy van Duijn | DB2 | 94 | O | 1:37.23 | PR | |
| 7 | 44 Annette Laarhoven | DA1 | 91 | O | 1:41.26 | | |
| 8 | 61 Erwin Henskes | H65 | 93 | I | 1:41.33 | | |
| 9 | 80 Sep Jan de Graaff | HB1 | 92 | I | 1:43.42 | PR | |
| 10 | 64 Anne Lubbers | DB2 | 89 | O | 1:44.26 | | |
| 11 | 88 Wieteke Huiberts | DN1 | 92 | O | 1:47.26 | | |
| 12 | 111 Sanne Ganzinga | DA2 | 93 | O | 1:47.62 | | |
| 13 | 65 Lou Hoogewerf | H70 | 89 | I | 1:56.97 | | |
| | 47 Sylvie van den Heuvel | DN1 | | | | WDR | |

8. Rituitslag 1000 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|------------------------------|------------------------------|---------|--------------------------|---------|----------------|------|
| 89 | wt | 65 | Lou Hoogewerf | | H70 | 1:33.90 | 1:56.97 | |
| | rd | 64 | Anne Lubbers | | DB2 | 1:43.18 | 1:44.26 | |
| | | <u>Lou Hoogewerf</u> | | | <u>Anne Lubbers</u> | | | |
| | | 200m | 25.65 | (25.65) | 200m | 23.56 | (23.56) | |
| | | 600m | 1:08.88 | (43.23) | 600m | 1:02.87 | (39.31) | |
| | | 1000m | 1:56.97 | (48.09) | 1000m | 1:44.26 | (41.39) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 90 | gl | | | | | | | |
| | bl | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 91 | wt | 47 | Sylvie van den Heuvel | | DN1 | 1:41.06 | WDR | |
| | rd | 44 | Annette Laarhoven | | DA1 | 1:40.38 | 1:41.26 | |
| | | <u>Sylvie van den Heuvel</u> | | | <u>Annette Laarhoven</u> | | | |
| | | 200m | | | 200m | 23.72 | (23.72) | |
| | | 600m | | | 600m | 1:01.98 | (38.26) | |
| | | 1000m | | | 1000m | 1:41.26 | (39.28) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 92 | gl | 80 | Sep Jan de Graaff | | HB1 | 1:47.01 | 1:43.42 | PR |
| | bl | 88 | Wieteke Huiberts | | DN1 | 1:45.89 | 1:47.26 | |
| | | <u>Sep Jan de Graaff</u> | | | <u>Wieteke Huiberts</u> | | | |
| | | 200m | 23.67 | (23.67) | 200m | 24.67 | (24.67) | |
| | | 600m | 1:02.83 | (39.16) | 600m | 1:04.48 | (39.81) | |
| | | 1000m | 1:43.42 | (40.59) | 1000m | 1:47.26 | (42.78) | |



Ijsbeercup 6 en Kennemercup 7

Ijsbaan Haarlem - Haarlem

15 december 2024



| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|-------------------------|-------------------------|---------|------------------------|---------|---------|----------------|------|
| 93 | wt | 61 | Erwin Henskes | | H65 | | 1:29.19 | 1:41.33 | |
| | rd | 111 | Sanne Ganzinga | | DA2 | | 1:41.17 | 1:47.62 | |
| | | Erwin Henskes | | | Sanne Ganzinga | | | | |
| | | 200m | 24.40 | (24.40) | 200m | 23.47 | (23.47) | | |
| | | 600m | 1:02.43 | (38.03) | 600m | 1:03.40 | (39.93) | | |
| | | 1000m | 1:41.33 | (38.90) | 1000m | 1:47.62 | (44.22) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 94 | gl | 84 | Kersty Heeremans | | DN1 | | 1:32.33 | 1:33.98 | |
| | bl | 69 | Evy van Duijn | | DB2 | | 1:38.02 | 1:37.23 | PR |
| | | Kersty Heeremans | | | Evy van Duijn | | | | |
| | | 200m | 22.30 | (22.30) | 200m | 22.85 | (22.85) | | |
| | | 600m | 57.03 | (34.73) | 600m | 59.35 | (36.50) | | |
| | | 1000m | 1:33.98 | (36.95) | 1000m | 1:37.23 | (37.88) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 95 | wt | 93 | Bruno Bonetti | | HB2 | | 1:21.67 | 1:20.89 | PR |
| | rd | 78 | Lara Dingjan | | DN1 | | 1:26.76 | 1:28.24 | |
| | | Bruno Bonetti | | | Lara Dingjan | | | | |
| | | 200m | 19.06 | (19.06) | 200m | 20.63 | (20.63) | | |
| | | 600m | 48.87 | (29.81) | 600m | 53.28 | (32.65) | | |
| | | 1000m | 1:20.89 | (32.02) | 1000m | 1:28.24 | (34.96) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 96 | gl | 85 | Bert Nijman | | H40 | | 1:26.18 | 1:26.36 | |
| | bl | 86 | Stefan Huizenga | | HA2 | | 1:17.91 | 1:22.48 | |
| | | Bert Nijman | | | Stefan Huizenga | | | | |
| | | 200m | 20.10 | (20.10) | 200m | 19.97 | (19.97) | | |
| | | 600m | 52.13 | (32.03) | 600m | 50.78 | (30.81) | | |
| | | 1000m | 1:26.36 | (34.23) | 1000m | 1:22.48 | (31.70) | | |