

1. Uitslag DPA 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	1 Yael Prenger	DPA	6	O	47.09		12
2	67 Patou de Haas	DPA	6	I	50.54	PR	11
3	113 Femke de Boer	DPA	5	O	52.23		10
4	41 Laura Stroo	DPA	3	O	54.81	PR	9
5	11 Lisa Isfordink	DPA	5	I	55.71		8
6	121 Nina Giovannangelo	DPA	4	O	56.07		7
7	21 Syl de Jong	DPA	4	I	56.73		6
8	96 Fay Persoon	DPA	3	I	56.78		5
9	78 Leanne Molenaar	DPA	2	O	58.00	PR	4
10	106 Lynn Damen	DPB	1	I	1:09.67	PR	3
	57 Marenka Portengen	DPB	2	I	DNS		

1. Rituitslag DPA 500 meter

		Naam			Cat	PR	Tijd	Info
1	wt	106	Lynn Damen		DPB	1:14.34	1:09.67	PR
	rd							
		<u>Lynn Damen</u>						
		100m	15.72	(15.72)	m			
		500m	1:09.67	(53.95)				

		Naam			Cat	PR	Tijd	Info
2	gl	57	Marenka Portengen		DPB	1:10.04	DNS	
	bl	78	Leanne Molenaar		DPA	59.19	58.00	PR
		<u>Marenka Portengen</u>						
				<u>Leanne Molenaar</u>				
					100m	14.67	(14.67)	
					500m	58.00	(43.33)	

		Naam			Cat	PR	Tijd	Info
3	wt	96	Fay Persoon		DPA	55.28	56.78	
	rd	41	Laura Stroo		DPA	55.09	54.81	PR
		<u>Fay Persoon</u>						
					100m	13.66	(13.66)	
					500m	56.78	(43.12)	
		<u>Laura Stroo</u>						
					100m	13.98	(13.98)	
					500m	54.81	(40.83)	

		Naam			Cat	PR	Tijd	Info
4	gl	21	Syl de Jong		DPA	55.04	56.73	
	bl	121	Nina Giovannangelo		DPA	54.74	56.07	
		<u>Syl de Jong</u>						
					100m	13.99	(13.99)	
					500m	56.73	(42.74)	
		<u>Nina Giovannangelo</u>						
					100m	14.01	(14.01)	
					500m	56.07	(42.06)	

		Naam			Cat	PR	Tijd	Info
5	wt	11	Lisa Isfordink		DPA	54.55	55.71	
	rd	113	Femke de Boer		DPA	51.14	52.23	
		<u>Lisa Isfordink</u>						
					100m	13.80	(13.80)	
					500m	55.71	(41.91)	
		<u>Femke de Boer</u>						
					100m	13.52	(13.52)	
					500m	52.23	(38.71)	

		Naam		Cat		PR		Tijd	Info
6	gl	67	Patou de Haas		DPA	50.84		50.54	PR
	bl	1	Yael Prenger		DPA	45.01		47.09	
		Patou de Haas				Yael Prenger			
		100m	12.88	(12.88)	100m	12.19	(12.19)		
		500m	50.54	(37.66)	500m	47.09	(34.90)		

2. Uitslag HPA 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	2 Mats Siemons	HPA	12	O	45.21	PR	12
2	97 Ted Dalrymple	HPB	12	I	46.00		11
3	68 Jeremy Brinkers	HPA	11	O	49.22		10
4	117 Maik Stam	HPB	10	I	50.39	PR	9
5	32 Sander Bakker	HPA	11	I	50.48		8
6	22 Peye de Rooter	HPA	9	I	52.10		7
7	58 Thierry Holslag	HPA	9	O	52.15		6
8	12 Daniël van Velsen	HPB	10	O	52.21		5
9	118 Bas van Dalen	HPA	7	O	55.17	PR	4
10	124 Emiel van de Klok	HPA	7	I	56.17		3

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2. Rituitslag HPA 500 meter

		Naam			Cat	PR	Tijd	Info
7	wt	124	Emiel van de Klok		HPA	55.80	56.17	
	rd	118	Bas van Dalen		HPA	55.45	55.17	PR
		<u>Emiel van de Klok</u>			<u>Bas van Dalen</u>			
		100m	13.73	(13.73)	100m	13.42	(13.42)	
		500m	56.17	(42.44)	500m	55.17	(41.75)	

		Naam			Cat	PR	Tijd	Info
8	gl							
	bl							
		<u>m</u>			<u>m</u>			

		Naam			Cat	PR	Tijd	Info
9	wt	22	Peye de Ruiter		HPA	51.94	52.10	
	rd	58	Thierry Holslag		HPA	51.70	52.15	
		<u>Peye de Ruiter</u>			<u>Thierry Holslag</u>			
		100m	12.97	(12.97)	100m	13.18	(13.18)	
		500m	52.10	(39.13)	500m	52.15	(38.97)	

		Naam			Cat	PR	Tijd	Info
10	gl	117	Maik Stam		HPB	51.77	50.39	PR
	bl	12	Daniël van Velsen		HPB	51.12	52.21	
		<u>Maik Stam</u>			<u>Daniël van Velsen</u>			
		100m	13.27	(13.27)	100m	13.17	(13.17)	
		500m	50.39	(37.12)	500m	52.21	(39.04)	

		Naam			Cat	PR	Tijd	Info
11	wt	32	Sander Bakker		HPA	49.41	50.48	
	rd	68	Jeremy Brinkers		HPA	48.26	49.22	
		<u>Sander Bakker</u>			<u>Jeremy Brinkers</u>			
		100m	12.77	(12.77)	100m	13.18	(13.18)	
		500m	50.48	(37.71)	500m	49.22	(36.04)	

		Naam		Cat		PR		Tijd	Info
12	gl	97	Ted Dalrymple		HPB		45.28	46.00	
	bl	2	Mats Siemons		HPA		45.23	45.21	PR
		Ted Dalrymple			Mats Siemons				
		100m	12.08	(12.08)	100m	11.91	(11.91)		
		500m	46.00	(33.92)	500m	45.21	(33.30)		

3. Uitslag DJC 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	42 Emma Kant	DC2	18	O	43.46		12
2	59 Alicia van Giesen	DC2	18	I	44.89		11
3	23 Noa Kleijnendorst	DC1	17	O	46.32		10
4	80 Tara Donoghue	DC1	17	I	47.41		9
5	69 Nola Sloot	DC2	16	O	48.26		8
6	77 Robin de Smit	DC1	15	I	50.60		7
7	98 Milou Zuiderwijk	DC2	15	O	50.66		6
8	33 Ilse Bakker	DC2	16	I	51.24		5
9	51 Lisa Huijsman	DC2	14	O	52.82		4
10	88 Melissa Stam	DC1	14	I	53.18		3
11	13 Sara Egers	DC2	13	I	55.80		2

3. Rituitslag DJC 500 meter

		Naam			Cat	PR	Tijd	Info
13	wt	13 Sara Egers			DC2	55.16	55.80	
	rd							
		<u>Sara Egers</u>						
		100m	14.07	(14.07)	m			
		500m	55.80	(41.73)				
		Naam			Cat	PR	Tijd	Info
14	gl	88 Melissa Stam			DC1	51.80	53.18	
	bl	51 Lisa Huijsman			DC2	51.69	52.82	
		<u>Melissa Stam</u>			<u>Lisa Huijsman</u>			
		100m	13.34	(13.34)	100m	14.10	(14.10)	
		500m	53.18	(39.84)	500m	52.82	(38.72)	
		Naam			Cat	PR	Tijd	Info
15	wt	77 Robin de Smit			DC1	49.99	50.60	
	rd	98 Milou Zuiderwijk			DC2	49.60	50.66	
		<u>Robin de Smit</u>			<u>Milou Zuiderwijk</u>			
		100m	50.60	(50.60)	100m	33.70	(33.70)	
					500m	50.66	(16.96)	
		Naam			Cat	PR	Tijd	Info
16	gl	33 Ilse Bakker			DC2	49.42	51.24	
	bl	69 Nola Sloot			DC2	46.84	48.26	
		<u>Ilse Bakker</u>			<u>Nola Sloot</u>			
		100m	51.24	(51.24)	100m	48.26	(48.26)	
		Naam			Cat	PR	Tijd	Info
17	wt	80 Tara Donoghue			DC1	45.62	47.41	
	rd	23 Noa Kleijnendorst			DC1	44.81	46.32	
		<u>Tara Donoghue</u>			<u>Noa Kleijnendorst</u>			
		100m	12.74	(12.74)	100m	12.07	(12.07)	
		500m	47.41	(34.67)	500m	46.32	(34.25)	

		Naam		Cat		PR		Tijd	Info
18	gl	59	Alicia van Giesen		DC2		43.68	44.89	
	bl	42	Emma Kant		DC2		42.01	43.46	
		<u>Alicia van Giesen</u>				<u>Emma Kant</u>			
		100m	11.82	(11.82)		100m	11.79	(11.79)	
		500m	44.89	(33.07)		500m	43.46	(31.67)	

4. Uitslag HJC 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	52 Robin Schaap	HC2	24	O	43.18		12
2	24 Matthijs Rus	HC2	23	O	44.60		11
3	70 Daan van der Wilt	HC2	24	I	45.34		10
4	114 Matthis Polman	HC2	23	I	45.85		9
5	99 David Eijsackers	HC2	22	O	46.42		8
6	60 Terence Brandse	HC2	22	I	46.65		7
7	81 Vincent Nikkels	HC1	21	O	49.44		6
8	122 Merten Oldenziel	HB2	19	I	51.80		5
9	89 Timo Beetsma	HC2	20	O	51.85		4
10	34 Timo Kegelaar	HC1	21	I	53.51		3
11	43 Freek Drost	HC1	20	I	54.75		2
12	108 Wester Zaal	HC1	19	O	55.00		1

4. Rituitslag HJC 500 meter

		Naam			Cat	PR	Tijd	Info
19	wt	122	Merten Oldenziel		HB2		51.80	
	rd	108	Wester Zaal		HC1	54.53	55.00	
		<u>Merten Oldenziel</u>			<u>Wester Zaal</u>			
		100m	12.93	(12.93)	100m	13.38	(13.38)	
		500m	51.80	(38.87)	500m	55.00	(41.62)	

		Naam			Cat	PR	Tijd	Info
20	gl	43	Freek Drost		HC1	51.05	54.75	
	bl	89	Timo Beetsma		HC2	50.74	51.85	
		<u>Freek Drost</u>			<u>Timo Beetsma</u>			
		100m	13.30	(13.30)	100m	13.26	(13.26)	
		500m	54.75	(41.45)	500m	51.85	(38.59)	

		Naam			Cat	PR	Tijd	Info
21	wt	34	Timo Kegelaar		HC1	50.48	53.51	
	rd	81	Vincent Nikkels		HC1	48.15	49.44	
		<u>Timo Kegelaar</u>			<u>Vincent Nikkels</u>			
		100m	13.79	(13.79)	100m	12.47	(12.47)	
		500m	53.51	(39.72)	500m	49.44	(36.97)	

		Naam			Cat	PR	Tijd	Info
22	gl	60	Terence Brandse		HC2	45.86	46.65	
	bl	99	David Eijsackers		HC2	45.46	46.42	
		<u>Terence Brandse</u>			<u>David Eijsackers</u>			
		100m	11.88	(11.88)	100m	12.34	(12.34)	
		500m	46.65	(34.77)	500m	46.42	(34.08)	

		Naam			Cat	PR	Tijd	Info
23	wt	114	Matthis Polman		HC2	44.50	45.85	
	rd	24	Matthijs Rus		HC2	43.85	44.60	
		<u>Matthis Polman</u>			<u>Matthijs Rus</u>			
		100m	12.41	(12.41)	100m	11.86	(11.86)	
		500m	45.85	(33.44)	500m	44.60	(32.74)	

		Naam		Cat		PR		Tijd	Info
24	gl	70	Daan van der Wilt		HC2			43.44	45.34
	bl	52	Robin Schaap		HC2			42.46	43.18
		Daan van der Wilt			Robin Schaap				
		100m	12.00	(12.00)	100m	11.50	(11.50)		
		500m	45.34	(33.34)	500m	43.18	(31.68)		

5. Uitslag DJB 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	5 Willemijn van der Vlugt	DB1	30	O	45.72		12
2	53 Pien van den Bos	DB1	30	I	45.93		11
3	61 Heleen Compier	DC2	29	O	46.60		10
4	25 Stefanie Link	DB2	29	I	48.01		9
5	15 Merel Dijkman	DB2	28	O	50.29		8
6	107 Renee Bol	DB1	28	I	50.62		7
7	90 Marissa Dekker	DB1	27	O	51.21		6
8	71 Mirthe van der Beek	DB2	27	I	52.37		5
9	44 Zoe Paardekooper	DB1	25	O	54.47		4
10	82 Roxanne Boers	DB1	25	I	57.05		3

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5. Rituitslag DJB 500 meter

		Naam			Cat	PR	Tijd	Info
25	wt	82	Roxanne Boers		DB1	52.36	57.05	
	rd	44	Zoe Paardekooper		DB1	50.44	54.47	
		Roxanne Boers			Zoe Paardekooper			
		100m	13.90	(13.90)	100m	14.09	(14.09)	
		500m	57.05	(43.15)	500m	54.47	(40.38)	

		Naam			Cat	PR	Tijd	Info
26	gl							
	bl							
		m			m			

		Naam			Cat	PR	Tijd	Info
27	wt	71	Mirthe van der Beek		DB2	49.12	52.37	
	rd	90	Marissa Dekker		DB1	48.02	51.21	
		Mirthe van der Beek			Marissa Dekker			
		100m	13.82	(13.82)	100m	13.36	(13.36)	
		500m	52.37	(38.55)	500m	51.21	(37.85)	

		Naam			Cat	PR	Tijd	Info
28	gl	107	Renee Bol		DB1	49.28	50.62	
	bl	15	Merel Dijkman		DB2	49.20	50.29	
		Renee Bol			Merel Dijkman			
		100m	12.66	(12.66)	100m	12.94	(12.94)	
		500m	50.62	(37.96)	500m	50.29	(37.35)	

		Naam			Cat	PR	Tijd	Info
29	wt	25	Stefanie Link		DB2	46.28	48.01	
	rd	61	Heleen Compier		DC2	45.46	46.60	
		Stefanie Link			Heleen Compier			
		100m	12.61	(12.61)	100m	12.41	(12.41)	
		500m	48.01	(35.40)	500m	46.60	(34.19)	

		Naam		Cat		PR		Tijd	Info
30	gl	53	Pien van den Bos		DB1		43.86	45.93	
	bl	5	Willemijn van der Vlugt		DB1		43.67	45.72	
		Pien van den Bos			Willemijn van der Vlugt				
		100m	12.37	(12.37)	100m	12.13	(12.13)		
		500m	45.93	(33.56)	500m	45.72	(33.59)		

6. Uitslag HJB 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	6 Serge Yoro	HB1	36	O	40.68		12
2	26 Leon de Hoop	HB1	36	I	40.74		11
3	54 Danny Schaap	HB2	34	O	42.96		10
4	36 Gijs Huisman	HB1	35	I	43.48		9
5	112 Sjoerd de Boer	HB1	35	O	44.00		8
6	72 Gerben Vos	HB2	34	I	44.51		7
7	62 Tobias Gobel	HB1	33	O	44.94		6
8	101 Max van Wijk	HB1	33	I	45.24		5
9	16 Jimmie van der Veen	HB1	32	O	45.89		4
10	91 Lars Pereboom	HB2	32	I	46.84		3
11	45 Simon Rem	HB1	31	O	48.39		2
12	83 Jorrit Woudsma	HB1	31	I	52.17		1

6. Rituitslag HJB 500 meter

		Naam			Cat	PR	Tijd	Info
31	wt	83 Jorrit Woudsma			HB1	51.14	52.17	
	rd	45 Simon Rem			HB1	48.09	48.39	
		<u>Jorrit Woudsma</u>			<u>Simon Rem</u>			
		100m	13.14	(13.14)	100m	12.77	(12.77)	
		500m	52.17	(39.03)	500m	48.39	(35.62)	

		Naam			Cat	PR	Tijd	Info
32	gl	91 Lars Pereboom			HB2	46.33	46.84	
	bl	16 Jimmie van der Veen			HB1	45.20	45.89	
		<u>Lars Pereboom</u>			<u>Jimmie van der Veen</u>			
		100m	12.25	(12.25)	100m	11.79	(11.79)	
		500m	46.84	(34.59)	500m	45.89	(34.10)	

		Naam			Cat	PR	Tijd	Info
33	wt	101 Max van Wijk			HB1	44.53	45.24	
	rd	62 Tobias Gobel			HB1	44.34	44.94	
		<u>Max van Wijk</u>			<u>Tobias Gobel</u>			
		100m	12.08	(12.08)	100m	12.07	(12.07)	
		500m	45.24	(33.16)	500m	44.94	(32.87)	

		Naam			Cat	PR	Tijd	Info
34	gl	72 Gerben Vos			HB2	44.05	44.51	
	bl	54 Danny Schaap			HB2	42.25	42.96	
		<u>Gerben Vos</u>			<u>Danny Schaap</u>			
		100m	11.77	(11.77)	100m	11.54	(11.54)	
		500m	44.51	(32.74)	500m	42.96	(31.42)	

		Naam			Cat	PR	Tijd	Info
35	wt	36 Gijs Huisman			HB1	42.72	43.48	
	rd	112 Sjoerd de Boer			HB1	42.50	44.00	
		<u>Gijs Huisman</u>			<u>Sjoerd de Boer</u>			
		100m	11.73	(11.73)	100m	11.73	(11.73)	
		500m	43.48	(31.75)	500m	44.00	(32.27)	

		Naam		Cat		PR		Tijd	Info
36	gl	26	Leon de Hoop		HB1		39.95	40.74	
	bl	6	Serge Yoro		HB1		39.42	40.68	
		Leon de Hoop			Serge Yoro				
		100m	10.92	(10.92)	100m	11.15	(11.15)		
		500m	40.74	(29.82)	500m	40.68	(29.53)		

7. Uitslag DJA/DN 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	102 Sanne Knijnenburg	DA1	42	I	46.09		12
2	27 Els Breedveld	DN3	42	O	47.03		11
3	73 Demi Vollering	DA2	41	O	47.37		10
4	37 Emmy Pordon	DB2	41	I	49.00		9
5	111 Danielle Douma	DN3	39	O	49.26		8
6	63 Eveline Hermsen	DB1	38	O	49.32		7
7	46 Sybille Mulder	DN3	40	O	50.13		6
8	123 Fleur Kleijne	DA1	38	I	51.37		5
9	17 Laura Jonker	DA1	40	I	51.48		4
10	116 Elise Neefjes	DB2	37	I	52.28		3
	84 Bente Elgersma	DA1	39	I	DNS		

7. Rituitslag DJA/DN 500 meter

		Naam	Cat	PR	Tijd	Info
37	wt	116 Elise Neeffjes	DB2	51.78	52.28	
	rd					
		Elise Neeffjes				
		100m	13.87 (13.87)	m		
		500m	52.28 (38.41)			

		Naam	Cat	PR	Tijd	Info
38	gl	123 Fleur Kleijne	DA1	49.84	51.37	
	bl	63 Eveline Hermsen	DB1	48.20	49.32	
		Fleur Kleijne		Eveline Hermsen		
		100m	13.16 (13.16)	100m	13.05 (13.05)	
		500m	51.37 (38.21)	500m	49.32 (36.27)	

		Naam	Cat	PR	Tijd	Info
39	wt	84 Bente Elgersma	DA1	49.14	DNS	
	rd	111 Danielle Douma	DN3	45.37	49.26	
		Bente Elgersma		Danielle Douma		
				100m	12.85 (12.85)	
				500m	49.26 (36.41)	

		Naam	Cat	PR	Tijd	Info
40	gl	17 Laura Jonker	DA1	47.52	51.48	
	bl	46 Sybille Mulder	DN3	46.59	50.13	
		Laura Jonker		Sybille Mulder		
		100m	13.48 (13.48)	100m	13.47 (13.47)	
		500m	51.48 (38.00)	500m	50.13 (36.66)	

		Naam	Cat	PR	Tijd	Info
41	wt	37 Emmy Pordon	DB2	47.54	49.00	
	rd	73 Demi Vollering	DA2	45.34	47.37	
		Emmy Pordon		Demi Vollering		
		100m	12.78 (12.78)	100m	12.69 (12.69)	
		500m	49.00 (36.22)	500m	47.37 (34.68)	

		Naam		Cat		PR		Tijd	Info
42	gl	102	Sanne Knijnenburg		DA1		43.59	46.09	
	bl	27	Els Breedveld		DN3		43.79	47.03	
		Sanne Knijnenburg			Els Breedveld				
		100m	12.14	(12.14)	100m	12.45	(12.45)		
		500m	46.09	(33.95)	500m	47.03	(34.58)		

8. Uitslag HJA/HN 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	55 Luuk Kleijne	HN2	47	I	41.26		12
2	74 Jimmy-Boy Spies	HA2	48	I	42.52		11
3	64 Sebastian Post	HN1	47	O	42.62		10
4	115 Remco Boere	HA2	46	I	42.91		9
5	110 Wouter van der Hauw	HN1	46	O	43.11		8
6	93 Ruben Oldenburger	HB1	45	O	44.55		7
7	85 Niels Jansen	HA2	48	O	44.64		6
8	38 Joost Kooiman	HB1	44	O	47.87		5
9	103 Jop Kaarsemaker	HA2	45	I	47.91		4
10	18 Koen Talman	HSA	43	I	50.23		3
	47 Jochem van den Broek	HB2	44	I	DNS		

8. Rituitslag HJA/HN 500 meter

		Naam			Cat	PR	Tijd	Info
43	wt	18 Koen Talman			HSA	49.16	50.23	
	rd							
		<u>Koen Talman</u>						
		100m	13.74	(13.74)	m			
		500m	50.23	(36.49)				

		Naam			Cat	PR	Tijd	Info
44	gl	47 Jochem van den Broek			HB2	48.01	DNS	
	bl	38 Joost Kooiman			HB1	46.72	47.87	
		<u>Jochem van den Broek</u>			<u>Joost Kooiman</u>			
		100m	12.55	(12.55)	500m	47.87	(35.32)	
		500m	47.87	(35.32)				

		Naam			Cat	PR	Tijd	Info
45	wt	103 Jop Kaarsemaker			HA2	46.65	47.91	
	rd	93 Ruben Oldenburger			HB1	43.09	44.55	
		<u>Jop Kaarsemaker</u>			<u>Ruben Oldenburger</u>			
		100m	12.80	(12.80)	100m	11.61	(11.61)	
		500m	47.91	(35.11)	500m	44.55	(32.94)	

		Naam			Cat	PR	Tijd	Info
46	gl	115 Remco Boere			HA2	42.30	42.91	
	bl	110 Wouter van der Hauw			HN1	42.15	43.11	
		<u>Remco Boere</u>			<u>Wouter van der Hauw</u>			
		100m	11.60	(11.60)	100m	11.73	(11.73)	
		500m	42.91	(31.31)	500m	43.11	(31.38)	

		Naam			Cat	PR	Tijd	Info
47	wt	55 Luuk Kleijne			HN2	40.39	41.26	
	rd	64 Sebastian Post			HN1	40.91	42.62	
		<u>Luuk Kleijne</u>			<u>Sebastian Post</u>			
		100m	10.90	(10.90)	100m	11.48	(11.48)	
		500m	41.26	(30.36)	500m	42.62	(31.14)	

		Naam		Cat		PR		Tijd	Info
48	gl	74	Jimmy-Boy Spies		HA2		40.80	42.52	
	bl	85	Niels Jansen		HA2		38.16	44.64	
		Jimmy-Boy Spies				Niels Jansen			
		100m	11.42	(11.42)		100m	11.63	(11.63)	
		500m	42.52	(31.10)		500m	44.64	(33.01)	

9. Uitslag DS/DM 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	29 Kimberly Nieuwerth	DN4	54	O	44.25		12
2	65 Gerdien Meijer	D50	53	I	45.24		11
3	19 Wietske Bannink	DSA	54	I	46.37		10
4	48 Henriëtte Goede	D50	52	O	46.78		9
5	94 Ilse Hoornsman	DB1	53	O	48.46		8
6	125 Martina de Hoog	DN1	52	I	49.41		7
7	39 Megan Hoogland	DB1	51	O	50.25		6
8	9 Iris Gimpel	DSA	51	I	50.36		5
9	104 Maaïke van Zijll	DN2	50	O	51.05		4
10	86 Linda van der Salm	DSB	50	I	53.20		3
11	119 Yvonne Kuin	D55	49	I	1:03.81		2

9. Rituitslag DS/DM 500 meter

		Naam			Cat	PR	Tijd	Info
49	wt	119	Yvonne Kuin		D55	58.47	1:03.81	
	rd							
		Yvonne Kuin						
		100m	16.15	(16.15)		m		
		500m	1:03.81	(47.66)				

		Naam			Cat	PR	Tijd	Info
50	gl	86	Linda van der Salm		DSB	49.60	53.20	
	bl	104	Maaïke van Zijll		DN2	48.73	51.05	
		Linda van der Salm			Maaïke van Zijll			
		100m	13.99	(13.99)		100m	13.66	(13.66)
		500m	53.20	(39.21)		500m	51.05	(37.39)

		Naam			Cat	PR	Tijd	Info
51	wt	9	Iris Gimpel		DSA	47.65	50.36	
	rd	39	Megan Hoogland		DB1	47.66	50.25	
		Iris Gimpel			Megan Hoogland			
		100m	12.98	(12.98)		100m	13.01	(13.01)
		500m	50.36	(37.38)		500m	50.25	(37.24)

		Naam			Cat	PR	Tijd	Info
52	gl	125	Martina de Hoog		DN1	45.61	49.41	
	bl	48	Henriëtte Goede		D50	43.73	46.78	
		Martina de Hoog			Henriëtte Goede			
		100m	13.03	(13.03)		100m	12.59	(12.59)
		500m	49.41	(36.38)		500m	46.78	(34.19)

		Naam			Cat	PR	Tijd	Info
53	wt	65	Gerdien Meijer		D50	42.72	45.24	
	rd	94	Ilse Hoornsman		DB1	45.11	48.46	
		Gerdien Meijer			Ilse Hoornsman			
		100m	12.26	(12.26)		100m	12.82	(12.82)
		500m	45.24	(32.98)		500m	48.46	(35.64)

		Naam	Cat	PR	Tijd	Info
54	gl	19 Wietske Bannink	DSA	43.81	46.37	
	bl	29 Kimberly Nieuwerth	DN4	42.58	44.25	
		Wietske Bannink		Kimberly Nieuwerth		
		100m	11.97 (11.97)	100m	11.94 (11.94)	
		500m	46.37 (34.40)	500m	44.25 (32.31)	

10. Uitslag HS/HM 500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	56 Wessel Wouda	HN2	60	I	41.11		12
2	30 Wijnand Kooiman	H50	59	I	42.66		11
3	40 Sjors Leek	HN3	59	O	42.90		10
4	105 Daniel Knoester	HSB	60	O	43.31		9
5	76 Jan-Willem Meijer	HSB	58	O	43.89		8
6	95 Frank Rooter	HB2	58	I	45.32		7
7	49 Werner Rem	H55	57	I	48.56		6
8	20 Lex de Boom	HSA	57	O	49.02		5
9	87 Milan Kracht	H40	56	I	51.03		4
10	109 Jaco de Kraker	H50	56	O	51.43		3
11	120 Aad van Kleef	H55	55	I	53.87		2

10. Rituitslag HS/HM 500 meter

		Naam		Cat		PR	Tijd	Info
55	wt	120	Aad van Kleef		H55	49.27	53.87	
	rd							
		Aad van Kleef						
		100m	14.25	(14.25)	m			
		500m	53.87	(39.62)				

		Naam		Cat		PR	Tijd	Info
56	gl	87	Milan Kracht		H40	48.87	51.03	
	bl	109	Jaco de Kraker		H50	46.68	51.43	
		Milan Kracht						
		100m	13.95	(13.95)	100m	13.76	(13.76)	
		500m	51.03	(37.08)	500m	51.43	(37.67)	
		Jaco de Kraker						

		Naam		Cat		PR	Tijd	Info
57	wt	49	Werner Rem		H55	46.37	48.56	
	rd	20	Lex de Boom		HSA	46.47	49.02	
		Werner Rem						
		100m	13.06	(13.06)	100m	13.07	(13.07)	
		500m	48.56	(35.50)	500m	49.02	(35.95)	
		Lex de Boom						

		Naam		Cat		PR	Tijd	Info
58	gl	95	Frank Ruiter		HB2	43.79	45.32	
	bl	76	Jan-Willem Meijer		HSB	41.76	43.89	
		Frank Ruiter						
		100m	11.87	(11.87)	100m	11.53	(11.53)	
		500m	45.32	(33.45)	500m	43.89	(32.36)	
		Jan-Willem Meijer						

		Naam		Cat		PR	Tijd	Info
59	wt	30	Wijnand Kooiman		H50	40.24	42.66	
	rd	40	Sjors Leek		HN3	40.97	42.90	
		Wijnand Kooiman						
		100m	11.42	(11.42)	100m	11.36	(11.36)	
		500m	42.66	(31.24)	500m	42.90	(31.54)	
		Sjors Leek						

		Naam		Cat		PR	Tijd	Info
60	gl	56	Wessel Wouda		HN2		39.58	41.11
	bl	105	Daniel Knoester		HSB		39.27	43.31
		Wessel Wouda			Daniel Knoester			
		100m	10.94	(10.94)	100m	11.52	(11.52)	
		500m	41.11	(30.17)	500m	43.31	(31.79)	

11. Uitslag DPA 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	1 Yael Prenger	DPA	66	I	1:35.78		12
2	113 Femke de Boer	DPA	65	I	1:49.76		11
3	41 Laura Stroo	DPA	63	I	1:54.30	PR	10
4	78 Leanne Molenaar	DPA	62	I	2:00.07	PR	9
5	121 Nina Giovannangelo	DPA	64	I	2:00.54		8
6	21 Syl de Jong	DPA	64	O	2:01.66		7
7	11 Lisa Isfordink	DPA	65	O	2:02.23		6
8	96 Fay Persoon	DPA	63	O	2:02.57		5
9	57 Marenka Portengen	DPB	62	O	2:31.15	PR	4
10	106 Lynn Damen	DPB	61	O	2:39.73		3
	67 Patou de Haas	DPA	66	O	DQ		

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11. Rituitslag DPA 1000 meter

		Naam	Cat	PR	Tijd	Info
61	wt	106 Lynn Damen	DPB		2:39.73	
	rd					

Lynn Damen

m	200m	40.44	(40.44)
	600m	1:39.05	(58.61)
	1000m	2:39.73	(60.68)

		Naam	Cat	PR	Tijd	Info
62	gl	78 Leanne Molenaar	DPA	2:15.37	2:00.07	PR
	bl	57 Marenka Portengen	DPB	2:36.55	2:31.15	PR

Leanne Molenaar

200m	25.53	(25.53)
600m	1:11.26	(45.73)
1000m	2:00.07	(48.81)

Marenka Portengen

200m	31.34	(31.34)
600m	1:28.06	(56.72)
1000m	2:31.15	(63.09)

		Naam	Cat	PR	Tijd	Info
63	wt	41 Laura Stroo	DPA	1:54.54	1:54.30	PR
	rd	96 Fay Persoon	DPA		2:02.57	

Laura Stroo

200m	24.98	(24.98)
600m	1:07.97	(42.99)
1000m	1:54.30	(46.33)

Fay Persoon

200m	26.57	(26.57)
600m	1:12.96	(46.39)
1000m	2:02.57	(49.61)

		Naam	Cat	PR	Tijd	Info
64	gl	121 Nina Giovannangelo	DPA	1:54.61	2:00.54	
	bl	21 Syl de Jong	DPA		2:01.66	

Nina Giovannangelo

200m	25.37	(25.37)
600m	1:11.29	(45.92)
1000m	2:00.54	(49.25)

Syl de Jong

200m	26.13	(26.13)
600m	1:11.87	(45.74)
1000m	2:01.66	(49.79)

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		Naam	Cat		PR	Tijd	Info
65	wt	113 Femke de Boer	DPA		1:44.45	1:49.76	
	rd	11 Lisa Isfordink	DPA			2:02.23	
		<u>Femke de Boer</u>			<u>Lisa Isfordink</u>		
		200m	24.88	(24.88)	200m	27.22	(27.22)
		600m	1:06.19	(41.31)	600m	1:12.11	(44.89)
		1000m	1:49.76	(43.57)	1000m	2:02.23	(50.12)

		Naam	Cat		PR	Tijd	Info
66	gl	1 Yael Prenger	DPA		1:35.45	1:35.78	
	bl	67 Patou de Haas	DPA		1:50.76	DQ	
		<u>Yael Prenger</u>			<u>Patou de Haas</u>		
		200m	21.20	(21.20)	200m	23.72	(23.72)
		600m	56.90	(35.70)			
		1000m	1:35.78	(38.88)			

12. Uitslag HPA 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	2 Mats Siemons	HPA	72	I	1:35.48		12
2	97 Ted Dalrymple	HPB	72	O	1:35.55		11
3	68 Jeremy Brinkers	HPA	71	I	1:41.83		10
4	32 Sander Bakker	HPA	71	O	1:45.86		9
5	117 Maik Stam	HPB	70	O	1:46.84	PR	8
6	12 Daniël van Velsen	HPB	70	I	1:49.27		7
7	58 Thierry Holslag	HPA	69	I	1:52.40		6
8	22 Peye de Ruiter	HPA	69	O	1:52.42		5
9	124 Emiel van de Klok	HPA	67	O	1:58.22	PR	4
10	118 Bas van Dalen	HPA	67	I	2:00.07		3

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12. Rituitslag HPA 1000 meter

		Naam		Cat		PR	Tijd	Info
67	wt	118	Bas van Dalen		HPA	1:58.28	2:00.07	
	rd	124	Emiel van de Klok		HPA	1:59.46	1:58.22	PR

Bas van Dalen			Emiel van de Klok		
200m	26.42	(26.42)	200m	25.61	(25.61)
600m	1:13.35	(46.93)	600m	1:10.97	(45.36)
1000m	2:00.07	(46.72)	1000m	1:58.22	(47.25)

		Naam		Cat		PR	Tijd	Info
68	gl							
	bl							

m

		Naam		Cat		PR	Tijd	Info
69	wt	58	Thierry Holslag		HPA	1:43.46	1:52.40	
	rd	22	Peye de Ruiter		HPA		1:52.42	

Thierry Holslag			Peye de Ruiter		
200m	24.55	(24.55)	200m	25.10	(25.10)
600m	1:07.49	(42.94)	600m	1:08.16	(43.06)
1000m	1:52.40	(44.91)	1000m	1:52.42	(44.26)

		Naam		Cat		PR	Tijd	Info
70	gl	12	Daniël van Velsen		HPB		1:49.27	
	bl	117	Maik Stam		HPB	1:48.09	1:46.84	PR

Daniël van Velsen			Maik Stam		
200m	24.24	(24.24)	200m	24.13	(24.13)
600m	1:05.25	(41.01)	600m	1:04.67	(40.54)
1000m	1:49.27	(44.02)	1000m	1:46.84	(42.17)

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		Naam	Cat	PR	Tijd	Info
71	wt	68 Jeremy Brinkers	HPA	1:37.28	1:41.83	
	rd	32 Sander Bakker	HPA	1:42.02	1:45.86	
		<u>Jeremy Brinkers</u>		<u>Sander Bakker</u>		
		200m	23.19 (23.19)	200m	23.60 (23.60)	
		600m	1:01.83 (38.64)	600m	1:03.11 (39.51)	
		1000m	1:41.83 (40.00)	1000m	1:45.86 (42.75)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
72	gl	2 Mats Siemons	HPA	1:33.60	1:35.48	
	bl	97 Ted Dalrymple	HPB	1:34.42	1:35.55	
		<u>Mats Siemons</u>		<u>Ted Dalrymple</u>		
		200m	20.89 (20.89)	200m	21.94 (21.94)	
		600m	57.12 (36.23)	600m	57.71 (35.77)	
		1000m	1:35.48 (38.36)	1000m	1:35.55 (37.84)	

13. Uitslag DJC 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	42 Emma Kant	DC2	78	I	1:29.17		12
2	80 Tara Donoghue	DC1	77	O	1:35.94		11
3	59 Alicia van Giesen	DC2	78	O	1:37.02		10
4	23 Noa Kleijnendorst	DC1	77	I	1:39.82		9
5	69 Nola Sloot	DC2	76	I	1:41.67		8
6	77 Robin de Smit	DC1	75	O	1:44.90		7
7	51 Lisa Huijsman	DC2	74	I	1:48.44		6
8	33 Ilse Bakker	DC2	76	O	1:49.75		5
9	98 Milou Zuiderwijk	DC2	75	I	1:50.27		4
10	88 Melissa Stam	DC1	74	O	1:54.29	PR	3
11	13 Sara Egers	DC2	73	O	2:06.60		2

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13. Rituitslag DJC 1000 meter

		Naam	Cat	PR	Tijd	Info
73	wt					
	rd	13 Sara Egers	DC2	1:59.75	2:06.60	

Sara Egers

m		200m	26.67	(26.67)
		600m	1:12.92	(46.25)
		1000m	2:06.60	(53.68)

		Naam	Cat	PR	Tijd	Info
74	gl	51 Lisa Huijsman	DC2	1:46.23	1:48.44	
	bl	88 Melissa Stam	DC1	1:50.62	1:54.29	PR

Lisa Huijsman

200m		24.76	(24.76)
		1:04.41	(39.65)
		1:48.44	(44.03)

Melissa Stam

200m		25.59	(25.59)
		1:08.47	(42.88)
		1:54.29	(45.82)

		Naam	Cat	PR	Tijd	Info
75	wt	98 Milou Zuiderwijk	DC2	1:43.19	1:50.27	
	rd	77 Robin de Smit	DC1	1:43.95	1:44.90	

Milou Zuiderwijk

200m		24.08	(24.08)
		1:05.84	(41.76)
		1:50.27	(44.43)

Robin de Smit

200m		23.70	(23.70)
		1:03.48	(39.78)
		1:44.90	(41.42)

		Naam	Cat	PR	Tijd	Info
76	gl	69 Nola Sloot	DC2	1:37.39	1:41.67	
	bl	33 Ilse Bakker	DC2	1:42.09	1:49.75	

Nola Sloot

200m		22.10	(22.10)
		59.83	(37.73)
		1:41.67	(41.84)

Ilse Bakker

200m		24.55	(24.55)
		1:05.81	(41.26)
		1:49.75	(43.94)

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		Naam			Cat	PR	Tijd	Info
77	wt	23	Noa Kleijnendorst		DC1	1:38.63	1:39.82	
	rd	80	Tara Donoghue		DC1	1:30.17	1:35.94	
		<u>Noa Kleijnendorst</u>			<u>Tara Donoghue</u>			
		200m	22.54	(22.54)	200m	23.00	(23.00)	
		600m	59.71	(37.17)	600m	58.76	(35.76)	
		1000m	1:39.82	(40.11)	1000m	1:35.94	(37.18)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
78	gl	42	Emma Kant		DC2	1:23.57	1:29.17	
	bl	59	Alicia van Giesen		DC2	1:31.31	1:37.02	
		<u>Emma Kant</u>			<u>Alicia van Giesen</u>			
		200m	20.99	(20.99)	200m	21.41	(21.41)	
		600m	53.85	(32.86)	600m	56.55	(35.14)	
		1000m	1:29.17	(35.32)	1000m	1:37.02	(40.47)	

14. Uitslag HJC 1000 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	52 Robin Schaap	HC2	84	I	1:30.47		12
2	70 Daan van der Wilt	HC2	84	O	1:33.16		11
3	24 Matthijs Rus	HC2	83	I	1:34.27		10
4	114 Matthis Polman	HC2	83	O	1:34.50		9
5	99 David Eijsackers	HC2	82	I	1:38.38		8
6	60 Terence Brandse	HC2	82	O	1:38.70		7
7	81 Vincent Nikkels	HC1	81	I	1:47.49		6
8	89 Timo Beetsma	HC2	80	I	1:49.76		5
9	122 Merten Oldenziel	HB2	79	O	1:50.33		4
10	34 Timo Kegelaar	HC1	81	O	1:52.05		3
11	108 Wester Zaal	HC1	79	I	1:57.97	PR	2
12	43 Freek Drost	HC1	80	O	1:59.47		1

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14. Rituitslag HJC 1000 meter

		Naam	Cat	PR	Tijd	Info
79	wt	108 Wester Zaal	HC1	1:58.87	1:57.97	PR
	rd	122 Merten Oldenziel	HB2		1:50.33	

Wester Zaal

200m	25.07	(25.07)
600m	1:09.82	(44.75)
1000m	1:57.97	(48.15)

Merten Oldenziel

200m	24.54	(24.54)
600m	1:05.69	(41.15)
1000m	1:50.33	(44.64)

		Naam	Cat	PR	Tijd	Info
80	gl	89 Timo Beetsma	HC2	1:46.98	1:49.76	
	bl	43 Freek Drost	HC1	1:50.20	1:59.47	

Timo Beetsma

200m	23.58	(23.58)
600m	1:05.18	(41.60)
1000m	1:49.76	(44.58)

Freek Drost

200m	25.05	(25.05)
600m	1:10.62	(45.57)
1000m	1:59.47	(48.85)

		Naam	Cat	PR	Tijd	Info
81	wt	81 Vincent Nikkels	HC1	1:46.60	1:47.49	
	rd	34 Timo Kegelaar	HC1	1:44.52	1:52.05	

Vincent Nikkels

200m	23.37	(23.37)
600m	1:04.31	(40.94)
1000m	1:47.49	(43.18)

Timo Kegelaar

200m	25.30	(25.30)
600m	1:07.15	(41.85)
1000m	1:52.05	(44.90)

		Naam	Cat	PR	Tijd	Info
82	gl	99 David Eijsackers	HC2	1:34.22	1:38.38	
	bl	60 Terence Brandse	HC2	1:36.58	1:38.70	

David Eijsackers

200m	21.68	(21.68)
600m	58.25	(36.57)
1000m	1:38.38	(40.13)

Terence Brandse

200m	22.63	(22.63)
600m	59.11	(36.48)
1000m	1:38.70	(39.59)

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		Naam	Cat	PR	Tijd	Info
83	wt	24 Matthijs Rus	HC2	1:30.28	1:34.27	
	rd	114 Matthis Polman	HC2	1:32.68	1:34.50	
		<u>Matthijs Rus</u>			<u>Matthis Polman</u>	
		200m	21.57 (21.57)	200m	22.46 (22.46)	
		600m	56.56 (34.99)	600m	57.54 (35.08)	
		1000m	1:34.27 (37.71)	1000m	1:34.50 (36.96)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
84	gl	52 Robin Schaap	HC2	1:28.28	1:30.47	
	bl	70 Daan van der Wilt	HC2	1:28.57	1:33.16	
		<u>Robin Schaap</u>			<u>Daan van der Wilt</u>	
		200m	20.29 (20.29)	200m	21.57 (21.57)	
		600m	54.21 (33.92)	600m	56.30 (34.73)	
		1000m	1:30.47 (36.26)	1000m	1:33.16 (36.86)	

15. Uitslag DJB 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	53 Pien van den Bos	DB1	90	O	2:23.85		12
2	5 Willemijn van der Vlugt	DB1	90	I	2:25.28		11
3	61 Heleen Compier	DC2	89	I	2:26.75		10
4	25 Stefanie Link	DB2	89	O	2:34.67		9
5	90 Marissa Dekker	DB1	87	I	2:42.46		8
6	15 Merel Dijkman	DB2	88	I	2:44.83		7
7	71 Mirthe van der Beek	DB2	87	O	2:44.99		6
8	107 Renee Bol	DB1	88	O	2:45.59	PR	5
9	44 Zoe Paardekooper	DB1	85	I	2:48.14		4
10	82 Roxanne Boers	DB1	85	O	3:13.16		3

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15. Rituitslag DJB 1500 meter

		Naam	Cat	PR	Tijd	Info
85	wt	44 Zoe Paardekooper	DB1	2:41.37	2:48.14	
	rd	82 Roxanne Boers	DB1	2:50.52	3:13.16	
		Zoe Paardekooper		Roxanne Boers		
		300m	35.72 (35.72)	300m	36.32 (36.32)	
		700m	1:18.82 (43.10)	700m	1:24.09 (47.77)	
		1100m	2:03.46 (44.64)	1100m	2:16.71 (52.62)	
		1500m	2:48.14 (44.68)	1500m	3:13.16 (56.45)	

		Naam	Cat	PR	Tijd	Info
86	gl					
	bl					
		m		m		

		Naam	Cat	PR	Tijd	Info
87	wt	90 Marissa Dekker	DB1	2:34.97	2:42.46	
	rd	71 Mirthe van der Beek	DB2	2:37.83	2:44.99	
		Marissa Dekker		Mirthe van der Beek		
		300m	34.02 (34.02)	300m	35.06 (35.06)	
		700m	1:14.91 (40.89)	700m	1:16.92 (41.86)	
		1100m	1:59.49 (44.58)	1100m	2:01.20 (44.28)	
		1500m	2:42.46 (42.97)	1500m	2:44.99 (43.79)	

		Naam	Cat	PR	Tijd	Info
88	gl	15 Merel Dijkman	DB2		2:44.83	
	bl	107 Renee Bol	DB1	2:47.23	2:45.59	PR
		Merel Dijkman		Renee Bol		
		300m	33.79 (33.79)	300m	34.22 (34.22)	
		700m	1:17.42 (43.63)	700m	1:16.15 (41.93)	
		1100m	2:01.18 (43.76)	1100m	2:00.89 (44.74)	
		1500m	2:44.83 (43.65)	1500m	2:45.59 (44.70)	

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		Naam			Cat	PR	Tijd	Info
89	wt	61	Heleen Compier		DC2	2:21.80	2:26.75	
	rd	25	Stefanie Link		DB2	2:24.78	2:34.67	
		Heleen Compier			Stefanie Link			
		300m	30.66	(30.66)	300m	32.28	(32.28)	
		700m	1:07.48	(36.82)	700m	1:11.07	(38.79)	
		1100m	1:47.12	(39.64)	1100m	1:53.18	(42.11)	
		1500m	2:26.75	(39.63)	1500m	2:34.67	(41.49)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
90	gl	5	Willemijn van der Vlugt		DB1	2:16.24	2:25.28	
	bl	53	Pien van den Bos		DB1	2:16.19	2:23.85	
		Willemijn van der Vlugt			Pien van den Bos			
		300m	30.31	(30.31)	300m	31.16	(31.16)	
		700m	1:06.22	(35.91)	700m	1:07.19	(36.03)	
		1100m	1:44.86	(38.64)	1100m	1:45.11	(37.92)	
		1500m	2:25.28	(40.42)	1500m	2:23.85	(38.74)	

16. Uitslag HJB 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	26 Leon de Hoop	HB1	96	O	2:14.17		12
2	6 Serge Yoro	HB1	96	I	2:14.42		11
3	112 Sjoerd de Boer	HB1	95	I	2:18.11		10
4	101 Max van Wijk	HB1	93	O	2:18.89		9
5	62 Tobias Gobel	HB1	93	I	2:19.04		8
6	36 Gijs Huisman	HB1	95	O	2:20.24		7
7	54 Danny Schaap	HB2	94	I	2:21.19		6
8	72 Gerben Vos	HB2	94	O	2:24.30		5
9	16 Jimmie van der Veen	HB1	92	I	2:25.32	PR	4
10	45 Simon Rem	HB1	91	I	2:36.39		3
11	91 Lars Pereboom	HB2	92	O	2:37.36		2
12	83 Jorrit Woudsma	HB1	91	O	2:53.26		1

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16. Rituitslag HJB 1500 meter

		Naam	Cat	PR	Tijd	Info
91	wt	45 Simon Rem	HB1	2:33.82	2:36.39	
	rd	83 Jorrit Woudsma	HB1	2:42.00	2:53.26	

Simon Rem

300m	32.58	(32.58)
700m	1:14.23	(41.65)
1100m	1:56.16	(41.93)
1500m	2:36.39	(40.23)

Jorrit Woudsma

300m	35.85	(35.85)
700m	1:19.76	(43.91)
1100m	2:05.71	(45.95)
1500m	2:53.26	(47.55)

		Naam	Cat	PR	Tijd	Info
92	gl	16 Jimmie van der Veen	HB1	2:26.93	2:25.32	PR
	bl	91 Lars Pereboom	HB2	2:32.49	2:37.36	

Jimmie van der Veen

300m	29.40	(29.40)
700m	1:07.04	(37.64)
1100m	1:46.17	(39.13)
1500m	2:25.32	(39.15)

Lars Pereboom

300m	31.83	(31.83)
700m	1:10.91	(39.08)
1100m	1:52.98	(42.07)
1500m	2:37.36	(44.38)

		Naam	Cat	PR	Tijd	Info
93	wt	62 Tobias Gobel	HB1	2:15.06	2:19.04	
	rd	101 Max van Wijk	HB1	2:13.19	2:18.89	

Tobias Gobel

300m	30.02	(30.02)
700m	1:04.86	(34.84)
1100m	1:41.56	(36.70)
1500m	2:19.04	(37.48)

Max van Wijk

300m	30.99	(30.99)
700m	1:06.38	(35.39)
1100m	1:42.19	(35.81)
1500m	2:18.89	(36.70)

		Naam	Cat	PR	Tijd	Info
94	gl	54 Danny Schaap	HB2	2:11.69	2:21.19	
	bl	72 Gerben Vos	HB2	2:16.35	2:24.30	

Danny Schaap

300m	28.92	(28.92)
700m	1:03.13	(34.21)
1100m	1:40.51	(37.38)
1500m	2:21.19	(40.68)

Gerben Vos

300m	30.91	(30.91)
700m	1:07.82	(36.91)
1100m	1:45.97	(38.15)
1500m	2:24.30	(38.33)

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		Naam			Cat	PR	Tijd	Info
95	wt	112	Sjoerd de Boer		HB1	2:09.20	2:18.11	
	rd	36	Gijs Huisman		HB1	2:15.73	2:20.24	
		<u>Sjoerd de Boer</u>			<u>Gijs Huisman</u>			
		300m	28.63	(28.63)	300m	28.05	(28.05)	
		700m	1:03.12	(34.49)	700m	1:03.13	(35.08)	
		1100m	1:40.38	(37.26)	1100m	1:41.16	(38.03)	
		1500m	2:18.11	(37.73)	1500m	2:20.24	(39.08)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
96	gl	6	Serge Yoro		HB1	2:03.22	2:14.42	
	bl	26	Leon de Hoop		HB1	2:07.23	2:14.17	
		<u>Serge Yoro</u>			<u>Leon de Hoop</u>			
		300m	27.94	(27.94)	300m	27.99	(27.99)	
		700m	1:02.26	(34.32)	700m	1:01.81	(33.82)	
		1100m	1:38.20	(35.94)	1100m	1:38.33	(36.52)	
		1500m	2:14.42	(36.22)	1500m	2:14.17	(35.84)	

17. Uitslag DJA/DN 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	73 Demi Vollering	DA2	101	I	2:26.21		12
2	37 Emmy Pordon	DB2	101	O	2:33.81		11
3	102 Sanne Knijnenburg	DA1	102	O	2:38.12		10
4	27 Els Breedveld	DN3	102	I	2:39.09		9
5	46 Sybille Mulder	DN3	100	I	2:43.28		8
6	123 Fleur Kleijne	DA1	98	O	2:47.84		7
7	63 Eveline Hermsen	DB1	98	I	2:47.86	PR	6
8	17 Laura Jonker	DA1	100	O	2:48.56		5
9	111 Danielle Douma	DN3	99	I	2:51.57		4
10	116 Elise Neefjes	DB2	97	O	2:52.68		3
	84 Bente Elgersma	DA1	99	O	DNS		

17. Rituitslag DJA/DN 1500 meter

		Naam	Cat	PR	Tijd	Info
97	wt					
	rd	116 Elise Neeffjes	DB2	2:43.71	2:52.68	
		<u>Elise Neeffjes</u>				
		m		300m	36.06	(36.06)
				700m	1:20.03	(43.97)
				1100m	2:06.25	(46.22)
				1500m	2:52.68	(46.43)
<hr/>						
		Naam	Cat	PR	Tijd	Info
98	gl	63 Eveline Hermsen	DB1	2:59.42	2:47.86	PR
	bl	123 Fleur Kleijne	DA1	2:45.00	2:47.84	
		<u>Eveline Hermsen</u>		<u>Fleur Kleijne</u>		
		300m	34.21	(34.21)	300m	35.03 (35.03)
		700m	1:17.54	(43.33)	700m	1:17.32 (42.29)
		1100m	2:03.58	(46.04)	1100m	2:02.68 (45.36)
		1500m	2:47.86	(44.28)	1500m	2:47.84 (45.16)
<hr/>						
		Naam	Cat	PR	Tijd	Info
99	wt	111 Danielle Douma	DN3	2:23.34	2:51.57	
	rd	84 Bente Elgersma	DA1	2:41.85	DNS	
		<u>Danielle Douma</u>		<u>Bente Elgersma</u>		
		300m	33.02	(33.02)		
		700m	1:15.51	(42.49)		
		1100m	2:03.37	(47.86)		
		1500m	2:51.57	(48.20)		
<hr/>						
		Naam	Cat	PR	Tijd	Info
100	gl	46 Sybille Mulder	DN3	2:24.51	2:43.28	
	bl	17 Laura Jonker	DA1	2:29.67	2:48.56	
		<u>Sybille Mulder</u>		<u>Laura Jonker</u>		
		300m	33.82	(33.82)	300m	34.73 (34.73)
		700m	1:16.31	(42.49)	700m	1:18.20 (43.47)
		1100m	2:00.18	(43.87)	1100m	2:03.21 (45.01)
		1500m	2:43.28	(43.10)	1500m	2:48.56 (45.35)

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		Naam	Cat	PR	Tijd	Info
101	wt	73 Demi Vollering	DA2	2:16.15	2:26.21	
	rd	37 Emmy Pordon	DB2	2:28.48	2:33.81	

Demi Vollering

300m	31.38	(31.38)
700m	1:08.05	(36.67)
1100m	1:47.09	(39.04)
1500m	2:26.21	(39.12)

Emmy Pordon

300m	32.53	(32.53)
700m	1:09.91	(37.38)
1100m	1:51.04	(41.13)
1500m	2:33.81	(42.77)

		Naam	Cat	PR	Tijd	Info
102	gl	27 Els Breedveld	DN3	2:18.86	2:39.09	
	bl	102 Sanne Knijnenburg	DA1	2:16.59	2:38.12	

Els Breedveld

300m	32.34	(32.34)
700m	1:13.31	(40.97)
1100m	1:56.89	(43.58)
1500m	2:39.09	(42.20)

Sanne Knijnenburg

300m	31.95	(31.95)
700m	1:11.85	(39.90)
1100m	1:55.28	(43.43)
1500m	2:38.12	(42.84)

18. Uitslag HJA/HN 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	55 Luuk Kleijne	HN2	107	O	2:12.41		12
2	64 Sebastian Post	HN1	107	I	2:15.70		11
3	74 Jimmy-Boy Spies	HA2	108	O	2:16.88		10
4	110 Wouter van der Hauw	HN1	106	I	2:18.57		9
5	115 Remco Boere	HA2	106	O	2:20.76		8
6	85 Niels Jansen	HA2	108	I	2:22.92		7
7	93 Ruben Oldenburger	HB1	105	I	2:29.74		6
8	103 Jop Kaarsemaker	HA2	105	O	2:31.14		5
9	38 Joost Kooiman	HB1	104	I	2:36.24		4
10	18 Koen Talman	HSA	103	O	2:47.20		3
	47 Jochem van den Broek	HB2	104	O	DNS		

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18. Rituitslag HJA/HN 1500 meter

		Naam	Cat	PR	Tijd	Info
103	wt	18 Koen Talman	HSA	2:31.79	2:47.20	
	rd					
		<u>Koen Talman</u>				
		m		300m	46.75	(46.75)
				700m	1:26.60	(39.85)
				1100m	2:07.33	(40.73)
				1500m	2:47.20	(39.87)
<hr/>						
		Naam	Cat	PR	Tijd	Info
104	gl	38 Joost Kooiman	HB1	2:28.62	2:36.24	
	bl	47 Jochem van den Broek	HB2	2:32.11	DNS	
		<u>Joost Kooiman</u>		<u>Jochem van den Broek</u>		
		300m	31.63	(31.63)		
		700m	1:11.40	(39.77)		
		1100m	1:53.94	(42.54)		
		1500m	2:36.24	(42.30)		
<hr/>						
		Naam	Cat	PR	Tijd	Info
105	wt	93 Ruben Oldenburger	HB1	2:21.49	2:29.74	
	rd	103 Jop Kaarsemaker	HA2	2:22.85	2:31.14	
		<u>Ruben Oldenburger</u>		<u>Jop Kaarsemaker</u>		
		300m	30.74	(30.74)	300m	32.85 (32.85)
		700m	1:09.62	(38.88)	700m	1:12.14 (39.29)
		1100m	1:49.74	(40.12)	1100m	1:51.32 (39.18)
		1500m	2:29.74	(40.00)	1500m	2:31.14 (39.82)
<hr/>						
		Naam	Cat	PR	Tijd	Info
106	gl	110 Wouter van der Hauw	HN1	2:08.08	2:18.57	
	bl	115 Remco Boere	HA2	2:13.28	2:20.76	
		<u>Wouter van der Hauw</u>		<u>Remco Boere</u>		
		300m	29.22	(29.22)	300m	30.00 (30.00)
		700m	1:03.70	(34.48)	700m	1:04.93 (34.93)
		1100m	1:41.15	(37.45)	1100m	1:42.35 (37.42)
		1500m	2:18.57	(37.42)	1500m	2:20.76 (38.41)

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		Naam			Cat	PR	Tijd	Info
107	wt	64	Sebastian Post		HN1	2:04.11	2:15.70	
	rd	55	Luuk Kleijne		HN2	2:04.06	2:12.41	
		Sebastian Post			Luuk Kleijne			
		300m	28.19	(28.19)	300m	27.93	(27.93)	
		700m	1:01.77	(33.58)	700m	1:00.76	(32.83)	
		1100m	1:38.22	(36.45)	1100m	1:35.09	(34.33)	
		1500m	2:15.70	(37.48)	1500m	2:12.41	(37.32)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
108	gl	85	Niels Jansen		HA2	2:05.91	2:22.92	
	bl	74	Jimmy-Boy Spies		HA2	2:02.73	2:16.88	
		Niels Jansen			Jimmy-Boy Spies			
		300m	29.96	(29.96)	300m	29.58	(29.58)	
		700m	1:05.40	(35.44)	700m	1:03.67	(34.09)	
		1100m	1:43.69	(38.29)	1100m	1:39.72	(36.05)	
		1500m	2:22.92	(39.23)	1500m	2:16.88	(37.16)	

19. Uitslag DS/DM 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	29 Kimberly Nieuwerth	DN4	114	I	2:21.13		12
2	65 Gerdien Meijer	D50	113	O	2:31.24		11
3	48 Henriëtte Goede	D50	112	I	2:31.80		10
4	125 Martina de Hoog	DN1	112	O	2:41.69		9
5	19 Wietske Bannink	DSA	114	O	2:41.89		8
6	86 Linda van der Salm	DSB	110	O	2:43.41		7
7	94 Ilse Hoornsman	DB1	113	I	2:43.83		6
8	9 Iris Gimpel	DSA	111	O	2:46.22		5
9	39 Megan Hoogland	DB1	111	I	2:47.42		4
10	104 Maaïke van Zijll	DN2	110	I	2:48.91		3
11	119 Yvonne Kuin	D55	109	O	3:31.23		2

19. Rituitslag DS/DM 1500 meter

		Naam	Cat	PR	Tijd	Info
109	wt	119 Yvonne Kuin	D55	3:10.10	3:31.23	
	rd					
		Yvonne Kuin				
		m	300m	42.50	(42.50)	
			700m	1:38.04	(55.54)	
			1100m	2:35.40	(57.36)	
			1500m	3:31.23	(55.83)	
<hr/>						
		Naam	Cat	PR	Tijd	Info
110	gl	104 Maaïke van Zijl	DN2	2:33.35	2:48.91	
	bl	86 Linda van der Salm	DSB	2:29.31	2:43.41	
		Maaïke van Zijl		Linda van der Salm		
		300m	35.40	(35.40)	300m	35.62 (35.62)
		700m	1:17.88	(42.48)	700m	1:16.32 (40.70)
		1100m	2:03.19	(45.31)	1100m	1:59.50 (43.18)
		1500m	2:48.91	(45.72)	1500m	2:43.41 (43.91)
<hr/>						
		Naam	Cat	PR	Tijd	Info
111	wt	39 Megan Hoogland	DB1	2:39.76	2:47.42	
	rd	9 Iris Gimpel	DSA	2:35.51	2:46.22	
		Megan Hoogland		Iris Gimpel		
		300m	34.62	(34.62)	300m	32.58 (32.58)
		700m	1:17.62	(43.00)	700m	1:13.49 (40.91)
		1100m	2:02.39	(44.77)	1100m	1:59.21 (45.72)
		1500m	2:47.42	(45.03)	1500m	2:46.22 (47.01)
<hr/>						
		Naam	Cat	PR	Tijd	Info
112	gl	48 Henriëtte Goede	D50	2:10.43	2:31.80	
	bl	125 Martina de Hoog	DN1	2:23.71	2:41.69	
		Henriëtte Goede		Martina de Hoog		
		300m	30.96	(30.96)	300m	33.46 (33.46)
		700m	1:08.26	(37.30)	700m	1:13.85 (40.39)
		1100m	1:49.00	(40.74)	1100m	1:57.64 (43.79)
		1500m	2:31.80	(42.80)	1500m	2:41.69 (44.05)

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		Naam			Cat	PR	Tijd	Info
113	wt	94	Ilse Hoornsman		DB1	2:26.93	2:43.83	
	rd	65	Gerdien Meijer		D50	2:10.56	2:31.24	
		Ilse Hoornsman			Gerdien Meijer			
		300m	32.73	(32.73)	300m	31.58	(31.58)	
		700m	1:15.02	(42.29)	700m	1:10.38	(38.80)	
		1100m	2:00.16	(45.14)	1100m	1:51.15	(40.77)	
		1500m	2:43.83	(43.67)	1500m	2:31.24	(40.09)	
		Kimberly Nieuwerth			Wietske Bannink			
114	gl	29	Kimberly Nieuwerth		DN4	2:09.09	2:21.13	
	bl	19	Wietske Bannink		DSA	2:22.74	2:41.89	
		Kimberly Nieuwerth			Wietske Bannink			
		300m	29.85	(29.85)	300m	31.71	(31.71)	
		700m	1:05.28	(35.43)	700m	1:12.14	(40.43)	
		1100m	1:42.63	(37.35)	1100m	1:56.13	(43.99)	
		1500m	2:21.13	(38.50)	1500m	2:41.89	(45.76)	

20. Uitslag HS/HM 1500 meter

Pos	Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	56 Wessel Wouda	HN2	120	O	2:12.43		12
2	30 Wijnand Kooiman	H50	119	O	2:13.71		11
3	105 Daniel Knoester	HSB	120	I	2:16.03		10
4	40 Sjors Leek	HN3	119	I	2:20.14		9
5	76 Jan-Willem Meijer	HSB	118	I	2:25.65		8
6	95 Frank Ruiten	HB2	118	O	2:28.44		7
7	109 Jaco de Kraker	H50	116	I	2:33.96		6
8	87 Milan Kracht	H40	116	O	2:36.71		5
9	49 Werner Rem	H55	117	O	2:38.27		4
10	20 Lex de Boom	HSA	117	I	2:38.62		3
	120 Aad van Kleef	H55	115	O	DQ		

20. Rituitslag HS/HM 1500 meter

		Naam	Cat	PR	Tijd	Info																										
115	wt	120 Aad van Kleef	H55	2:25.21		DQ																										
	rd																															
		<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; border-top: 1px solid black; border-bottom: 1px solid black;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Aad van Kleef</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">2:33.96</td> <td style="text-align: center;">(153.96)</td> <td></td> <td></td> </tr> </table> </td> <td style="width: 50%; border-top: 1px solid black; border-bottom: 1px solid black;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Aad van Kleef</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">2:36.71</td> <td style="text-align: center;">(156.71)</td> <td></td> <td></td> </tr> </table> </td> </tr> </table>					<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Aad van Kleef</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">2:33.96</td> <td style="text-align: center;">(153.96)</td> <td></td> <td></td> </tr> </table>		Aad van Kleef						300m	2:33.96	(153.96)			<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Aad van Kleef</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">2:36.71</td> <td style="text-align: center;">(156.71)</td> <td></td> <td></td> </tr> </table>		Aad van Kleef						300m	2:36.71	(156.71)		
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		Naam	Cat	PR	Tijd	Info																										
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	bl	87 Milan Kracht	H40	2:30.94		2:36.71																										
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		<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; border-top: 1px solid black; border-bottom: 1px solid black;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Jan-Willem Meijer</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">30.23</td> <td style="text-align: center;">(30.23)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">700m</td> <td style="text-align: center;">1:06.20</td> <td style="text-align: center;">(35.97)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1100m</td> <td style="text-align: center;">1:44.49</td> <td style="text-align: center;">(38.29)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1500m</td> <td style="text-align: center;">2:25.65</td> <td style="text-align: center;">(41.16)</td> <td></td> <td></td> </tr> </table> </td> <td style="width: 50%; border-top: 1px solid black; border-bottom: 1px solid black;"> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Frank Ruiter</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">30.32</td> <td style="text-align: center;">(30.32)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">700m</td> <td style="text-align: center;">1:07.19</td> <td style="text-align: center;">(36.87)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1100m</td> <td style="text-align: center;">1:46.91</td> <td style="text-align: center;">(39.72)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1500m</td> <td style="text-align: center;">2:28.44</td> <td style="text-align: center;">(41.53)</td> <td></td> <td></td> </tr> </table> </td> </tr> </table>					<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Jan-Willem Meijer</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">30.23</td> <td style="text-align: center;">(30.23)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">700m</td> <td style="text-align: center;">1:06.20</td> <td style="text-align: center;">(35.97)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1100m</td> <td style="text-align: center;">1:44.49</td> <td style="text-align: center;">(38.29)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1500m</td> <td style="text-align: center;">2:25.65</td> <td style="text-align: center;">(41.16)</td> <td></td> <td></td> </tr> </table>		Jan-Willem Meijer						300m	30.23	(30.23)				700m	1:06.20	(35.97)				1100m	1:44.49	(38.29)				1500m	2:25.65	(41.16)			<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;"></td> <td style="width: 15%; text-align: center;">Frank Ruiter</td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> <td style="width: 15%;"></td> </tr> <tr> <td></td> <td style="text-align: center;">300m</td> <td style="text-align: center;">30.32</td> <td style="text-align: center;">(30.32)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">700m</td> <td style="text-align: center;">1:07.19</td> <td style="text-align: center;">(36.87)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1100m</td> <td style="text-align: center;">1:46.91</td> <td style="text-align: center;">(39.72)</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;">1500m</td> <td style="text-align: center;">2:28.44</td> <td style="text-align: center;">(41.53)</td> <td></td> <td></td> </tr> </table>		Frank Ruiter						300m	30.32	(30.32)				700m	1:07.19	(36.87)				1100m	1:46.91	(39.72)				1500m	2:28.44	(41.53)		
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23 januari 2016

		Naam			Cat	PR	Tijd	Info
119	wt	40	Sjors Leek		HN3	2:09.57	2:20.14	
	rd	30	Wijnand Kooiman		H50	1:59.54	2:13.71	
		Sjors Leek			Wijnand Kooiman			
		300m	29.05	(29.05)	300m	29.03	(29.03)	
		700m	1:03.28	(34.23)	700m	1:02.78	(33.75)	
		1100m	1:40.16	(36.88)	1100m	1:37.78	(35.00)	
		1500m	2:20.14	(39.98)	1500m	2:13.71	(35.93)	
<hr/>								
		Naam			Cat	PR	Tijd	Info
120	gl	105	Daniel Knoester		HSB	1:55.49	2:16.03	
	bl	56	Wessel Wouda		HN2	2:04.57	2:12.43	
		Daniel Knoester			Wessel Wouda			
		300m	29.29	(29.29)	300m	28.66	(28.66)	
		700m	1:03.32	(34.03)	700m	1:01.87	(33.21)	
		1100m	1:38.89	(35.57)	1100m	1:36.33	(34.46)	
		1500m	2:16.03	(37.14)	1500m	2:12.43	(36.10)	