

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

1. Result DPA 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	27 Danique Stout	DPA	6	I	51.01	9
2	9 Lieke Grobbink	DPA	5	I	51.55	8
3	33 Noor Klunder	DPA	6	O	51.71	7
4	61 Nienke Neefjes	DPA	5	O	54.63	6
5	39 Wende Hendriks	DPA	3	O	55.49 PB	5
6	21 Maud Wiggers	DPA	4	O	56.36	4
7	3 Lise Veeneman	DPA	1	I	59.49 PB	3
8	46 Pien Evers	DPB	4	I	59.79	2
9	56 Benthe Blaak	DPB	1	O	1:03.14	1
10	15 Britt Kamper	DPA	3	I	1:08.13 FL	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

1. Race Result DPA 500 meter

		Name		Cat		PB		Time	Info
1	wt	3	Lise Veeneman		DPA	1:04.00		59.49	PB
	rd	56	Benthe Blaak		DPB	1:01.32		1:03.14	
		<u>Lise Veeneman</u>			<u>Benthe Blaak</u>				
		100m	14.49	(14.49)	100m	14.65	(14.65)		
		500m	59.49	(45.00)	500m	1:03.14	(48.49)		

		Name		Cat		PB		Time	Info
2	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
3	wt	15	Britt Kamper		DPA	57.64		1:08.13	FL
	rd	39	Wende Hendriks		DPA	55.68		55.49	PB
		<u>Britt Kamper</u>			<u>Wende Hendriks</u>				
		100m	13.94	(13.94)	100m	13.97	(13.97)		
		500m	1:08.13	(54.19)	500m	55.49	(41.52)		

		Name		Cat		PB		Time	Info
4	yw	46	Pien Evers		DPB	57.29		59.79	
	bl	21	Maud Wiggers		DPA	54.07		56.36	
		<u>Pien Evers</u>			<u>Maud Wiggers</u>				
		100m	13.69	(13.69)	100m	14.40	(14.40)		
		500m	59.79	(46.10)	500m	56.36	(41.96)		

		Name		Cat		PB		Time	Info
5	wt	9	Lieke Grobbink		DPA	49.55		51.55	
	rd	61	Nienke Neefjes		DPA	53.18		54.63	
		<u>Lieke Grobbink</u>			<u>Nienke Neefjes</u>				
		100m	13.36	(13.36)	100m	13.70	(13.70)		
		500m	51.55	(38.19)	500m	54.63	(40.93)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
6	yw	27	Danique Stout		DPA		48.17	51.01	
	bl	33	Noor Klunder		DPA		49.84	51.71	
		Danique Stout			Noor Klunder				
		100m	13.37	(13.37)	100m	13.52	(13.52)		
		500m	51.01	(37.64)	500m	51.71	(38.19)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

2. Result HPA 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Lauren van den Brink	DPA	11	I	44.59		9
2	10 Huib de Vries	HPA	12	O	45.31		8
3	67 Olle Klunder	HPA	10	O	51.03		7
4	28 Emma van der Velde	DPA	11	O	52.91		6
5	34 Fabian Kruithof	HPA	10	I	53.21	PB	5
6	40 Wouter Jansen	HPA	12	I	54.24		4
7	16 Lorna Bosma	DPA	9	O	57.00		3
	66 Julia Kettelarij	DPB	9	I	57.00		2
9	55 Meijs Dikken	DPB	7	O	1:03.56		1
10	62 Kim Pronk	DPA	7	I	1:03.62	PB	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

2. Race Result HPA 500 meter

		Name		Cat		PB		Time	Info
7	wt	62	Kim Pronk		DPA	1:04.54		1:03.62	PB
	rd	55	Meijs Dikken		DPB	1:01.12		1:03.56	
		Kim Pronk			Meijs Dikken				
		100m	14.86	(14.86)	100m	15.46	(15.46)		
		500m	1:03.62	(48.76)	500m	1:03.56	(48.10)		

		Name		Cat		PB		Time	Info
8	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
9	wt	66	Julia Kettelarij		DPB	56.21		57.00	
	rd	16	Lorna Bosma		DPA	55.15		57.00	
		Julia Kettelarij			Lorna Bosma				
		100m	13.83	(13.83)	100m	14.58	(14.58)		
		500m	57.00	(43.17)	500m	57.00	(42.42)		

		Name		Cat		PB		Time	Info
10	yw	34	Fabian Kruithof		HPA	53.23		53.21	PB
	bl	67	Olle Klunder		HPA	49.56		51.03	
		Fabian Kruithof			Olle Klunder				
		100m	13.30	(13.30)	100m	13.07	(13.07)		
		500m	53.21	(39.91)	500m	51.03	(37.96)		

		Name		Cat		PB		Time	Info
11	wt	4	Lauren van den Brink		DPA	42.66		44.59	
	rd	28	Emma van der Velde		DPA	50.34		52.91	
		Lauren van den Brink			Emma van der Velde				
		100m	12.17	(12.17)	100m	13.38	(13.38)		
		500m	44.59	(32.42)	500m	52.91	(39.53)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB	Time	Info
12	yw	40	Wouter Jansen		HPA	51.77	54.24	
	bl	10	Huib de Vries		HPA	44.66	45.31	
		Wouter Jansen			Huib de Vries			
		100m	13.86	(13.86)	100m	11.78	(11.78)	
		500m	54.24	(40.38)	500m	45.31	(33.53)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

3. Result DC 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Femke Lindeboom	DC1	18	O	50.19	9
2	11 Dionne Geerdink	DC1	17	O	50.86	8
3	44 Lena Wisselink	DC1	17	I	51.14	7
4	63 Amarins Dronrijp	DC1	18	I	52.84	6
5	17 Tessa Ankersmit	DC2	15	I	54.19	5
6	5 Silke van den Bos	DC2	16	I	55.66	4
7	51 Amy Elschot	DC1	15	O	57.87	3
8	48 Maren Ros	DC2	16	O	58.42	2
9	31 Minke Nijenhuis	DC1	13	O	59.93	1
10	53 Myrthe Tekelenburg	DC1	13	I	1:07.58	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

3. Race Result DC 500 meter

		Name		Cat		PB		Time	Info
13	wt	53	Myrthe Tekelenburg		DC1		1:06.43	1:07.58	
	rd	31	Minke Nijenhuis		DC1		53.52	59.93	
		Myrthe Tekelenburg				Minke Nijenhuis			
		100m	15.42	(15.42)		100m	14.51	(14.51)	
		500m	1:07.58	(52.16)		500m	59.93	(45.42)	

		Name		Cat		PB		Time	Info
14	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
15	wt	17	Tessa Ankersmit		DC2		51.62	54.19	
	rd	51	Amy Elschot		DC1		54.61	57.87	
		Tessa Ankersmit				Amy Elschot			
		100m	13.58	(13.58)		100m	14.42	(14.42)	
		500m	54.19	(40.61)		500m	57.87	(43.45)	

		Name		Cat		PB		Time	Info
16	yw	5	Silke van den Bos		DC2		52.53	55.66	
	bl	48	Maren Ros		DC2		56.70	58.42	
		Silke van den Bos				Maren Ros			
		100m	14.22	(14.22)		100m	14.82	(14.82)	
		500m	55.66	(41.44)		500m	58.42	(43.60)	

		Name		Cat		PB		Time	Info
17	wt	44	Lena Wisselink		DC1		50.10	51.14	
	rd	11	Dionne Geerdink		DC1		49.95	50.86	
		Lena Wisselink				Dionne Geerdink			
		100m	13.10	(13.10)		100m	13.00	(13.00)	
		500m	51.14	(38.04)		500m	50.86	(37.86)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
18	yw	63	Amarins Dronrijp		DC1		50.39	52.84	
	bl	29	Femke Lindeboom		DC1		47.09	50.19	
		Amarins Dronrijp			Femke Lindeboom				
		100m	13.38	(13.38)	100m	12.73	(12.73)		
		500m	52.84	(39.46)	500m	50.19	(37.46)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

4. Result HC 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	6 Caspian Alexander	HC1	23	I	45.49		9
2	30 Mike Zonderland	HC2	24	O	46.94		8
3	32 Wietze de Haan	HC1	24	I	50.07		7
4	23 Pien Tassche	DC2	21	I	51.52		6
5	24 Jort van der Kooi	HC1	23	O	53.56		5
6	54 Bart Mengerink	HPA	21	O	53.81		4
7	18 Hidde van der Leij	HC2	22	O	54.38		3
8	45 Famke Aukema	DC2	22	I	55.16		2
9	52 Vere Tijink	DC2	19	O	56.30		1
10	64 Alma Hes	DC2	19	I	1:08.76	PB	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

4. Race Result HC 500 meter

		Name		Cat		PB		Time	Info
19	wt	64	Alma Hes		DC2		1:08.85	1:08.76	PB
	rd	52	Vere Tijink		DC2		54.36	56.30	
		Alma Hes				Vere Tijink			
		100m	15.74	(15.74)	100m	14.00	(14.00)		
		500m	1:08.76	(53.02)	500m	56.30	(42.30)		

		Name		Cat		PB		Time	Info
20	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
21	wt	23	Pien Tassche		DC2		50.77	51.52	
	rd	54	Bart Mengerink		HPA		52.96	53.81	
		Pien Tassche				Bart Mengerink			
		100m	14.19	(14.19)	100m	13.49	(13.49)		
		500m	51.52	(37.33)	500m	53.81	(40.32)		

		Name		Cat		PB		Time	Info
22	yw	45	Famke Aukema		DC2		52.09	55.16	
	bl	18	Hidde van der Leij		HC2		53.29	54.38	
		Famke Aukema				Hidde van der Leij			
		100m	14.57	(14.57)	100m	14.11	(14.11)		
		500m	55.16	(40.59)	500m	54.38	(40.27)		

		Name		Cat		PB		Time	Info
23	wt	6	Caspian Alexander		HC1		43.18	45.49	
	rd	24	Jort van der Kooi		HC1		50.52	53.56	
		Caspian Alexander				Jort van der Kooi			
		100m	11.86	(11.86)	100m	13.13	(13.13)		
		500m	45.49	(33.63)	500m	53.56	(40.43)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB	Time	Info
24	yw	32	Wietze de Haan		HC1		47.76	50.07
	bl	30	Mike Zonderland		HC2		46.19	46.94
		Wietze de Haan			Mike Zonderland			
		100m	13.13	(13.13)	100m	12.76	(12.76)	
		500m	50.07	(36.94)	500m	46.94	(34.18)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

5. Result DPB 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	7 Marit Grobbink	DPB	30	O	52.56	9
2	13 Lexie Ruiter	DPC	30	I	54.49	8
3	25 Myrthe Cents	DPB	29	O	55.61	7
4	19 Iris Boswerger	DPB	29	I	57.46	6
5	35 Jill Isfordink	DPB	27	I	58.58 PB	5
6	57 Suus ter Braak	DPC	27	O	1:03.85 PB	4
7	49 Vajèn Kerkmeijer	DPB	28	O	1:04.58	3
8	1 Floor Scholten	DPC	25	O	1:08.79	2
9	59 Tessa Meijer	DPC	28	I	1:10.41 PB	1
10	50 Lana Oostewaal	DPC	25	I	1:18.47	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

5. Race Result DPB 500 meter

		Name		Cat		PB		Time	Info
25	wt	50	Lana Oostewaal		DPC			1:18.47	
	rd	1	Floor Scholten		DPC			1:08.79	
		Lana Oostewaal			Floor Scholten				
		100m	16.42	(16.42)	100m	15.50	(15.50)		
		500m	1:18.47	(62.05)	500m	1:08.79	(53.29)		

		Name		Cat		PB		Time	Info
26	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
27	wt	35	Jill Isfordink		DPB	1:00.10		58.58	PB
	rd	57	Suus ter Braak		DPC	1:04.77		1:03.85	PB
		Jill Isfordink			Suus ter Braak				
		100m	14.52	(14.52)	100m	15.29	(15.29)		
		500m	58.58	(44.06)	500m	1:03.85	(48.56)		

		Name		Cat		PB		Time	Info
28	yw	59	Tessa Meijer		DPC	1:19.33		1:10.41	PB
	bl	49	Vajèn Kerkmeijer		DPB	59.49		1:04.58	
		Tessa Meijer			Vajèn Kerkmeijer				
		100m	15.13	(15.13)	100m	15.05	(15.05)		
		500m	1:10.41	(55.28)	500m	1:04.58	(49.53)		

		Name		Cat		PB		Time	Info
29	wt	19	Iris Boswerger		DPB	55.38		57.46	
	rd	25	Myrthe Cents		DPB	54.15		55.61	
		Iris Boswerger			Myrthe Cents				
		100m	14.42	(14.42)	100m	13.74	(13.74)		
		500m	57.46	(43.04)	500m	55.61	(41.87)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name	Cat	PB	Time	Info
30	yw	13 Lexie Ruiter	DPC	54.23	54.49	
	bl	7 Marit Grobbink	DPB	49.95	52.56	
		Lexie Ruiter		Marit Grobbink		
		100m	13.55 (13.55)	100m	13.17 (13.17)	
		500m	54.49 (40.94)	500m	52.56 (39.39)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

6. Result HPB 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	8 Jasper Drent	HPB	35	I	53.89	9
2	43 Simon de Olde	HPC	35	O	54.16	8
3	2 Thure Louwers	HPC	36	I	54.98 PB	7
4	26 Jasper van Gelder	HPC	36	O	58.07 PB	6
5	36 Timo Bennink	HPB	34	I	59.30 PB	5
6	20 Anne Abbink	DPB	33	O	1:00.92 PB	4
7	65 Jaap Wiering	HPB	34	O	1:01.49	3
8	60 Lincoln Kostwinder	HPB	33	I	1:01.70	2
9	58 Tobias van der Velden	HPD	31	O	1:06.71 PB	1
10	38 Indy van Dieren	DPC	31	I	1:15.45	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

6. Race Result HPB 500 meter

		Name		Cat		PB		Time	Info
31	wt	38	Indy van Dieren		DPC			1:15.45	
	rd	58	Tobias van der Velden		HPD	1:07.26		1:06.71	PB
		Indy van Dieren			Tobias van der Velden				
		100m	15.03	(15.03)	100m	14.71	(14.71)		
		500m	1:15.45	(60.42)	500m	1:06.71	(52.00)		

		Name		Cat		PB		Time	Info
32	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
33	wt	60	Lincoln Kostwinder		HPB	1:00.25		1:01.70	
	rd	20	Anne Abbink		DPB	1:02.90		1:00.92	PB
		Lincoln Kostwinder			Anne Abbink				
		100m	14.67	(14.67)	100m	14.55	(14.55)		
		500m	1:01.70	(47.03)	500m	1:00.92	(46.37)		

		Name		Cat		PB		Time	Info
34	yw	36	Timo Bennink		HPB	1:02.49		59.30	PB
	bl	65	Jaap Wiering		HPB	1:01.31		1:01.49	
		Timo Bennink			Jaap Wiering				
		100m	14.34	(14.34)	100m	15.22	(15.22)		
		500m	59.30	(44.96)	500m	1:01.49	(46.27)		

		Name		Cat		PB		Time	Info
35	wt	8	Jasper Drent		HPB	53.61		53.89	
	rd	43	Simon de Olde		HPC	51.78		54.16	
		Jasper Drent			Simon de Olde				
		100m	13.24	(13.24)	100m	13.58	(13.58)		
		500m	53.89	(40.65)	500m	54.16	(40.58)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
36	yw	2	Thure Louwers		HPC		55.13	54.98	PB
	bl	26	Jasper van Gelder		HPC		59.47	58.07	PB
		Thure Louwers			Jasper van Gelder				
		100m	14.12	(14.12)	100m	14.19	(14.19)		
		500m	54.98	(40.86)	500m	58.07	(43.88)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

7. Result DPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	9 Lieke Grobbink	DPA	42	I	1:42.74	9
2	27 Danique Stout	DPA	42	O	1:42.81	8
3	33 Noor Klunder	DPA	41	I	1:48.38	7
4	61 Nienke Neefjes	DPA	40	I	1:54.07 PB	6
5	39 Wende Hendriks	DPA	41	O	1:54.94	5
6	21 Maud Wiggers	DPA	39	O	1:56.15	4
7	15 Britt Kamper	DPA	37	O	2:04.32	3
8	3 Lise Veeneman	DPA	39	I	2:05.41	2
9	46 Pien Evers	DPB	40	O	2:06.83	1
10	56 Benthe Blaak	DPB	37	I	2:27.51 FL	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

7. Race Result DPA 1000 meter

		Name		Cat		PB	Time	Info
37	wt	56	Benthe Blaak		DPB		2:27.51	FL
	rd	15	Britt Kamper		DPA		2:04.32	

Benthe Blaak

200m	29.41	(29.41)
600m	1:22.83	(53.42)
1000m	2:27.51	(64.68)

Britt Kamper

200m	27.15	(27.15)
600m	1:14.79	(47.64)
1000m	2:04.32	(49.53)

		Name		Cat		PB	Time	Info
38	yw							
	bl							

m

m

		Name		Cat		PB	Time	Info
39	wt	3	Lise Veeneman		DPA		2:05.41	
	rd	21	Maud Wiggers		DPA		1:56.15	

Lise Veeneman

200m	25.89	(25.89)
600m	1:12.38	(46.49)
1000m	2:05.41	(53.03)

Maud Wiggers

200m	26.73	(26.73)
600m	1:10.00	(43.27)
1000m	1:56.15	(46.15)

		Name		Cat		PB	Time	Info
40	yw	61	Nienke Neeffjes		DPA	2:00.25	1:54.07	PB
	bl	46	Pien Evers		DPB		2:06.83	

Nienke Neeffjes

200m	24.97	(24.97)
600m	1:09.73	(44.76)
1000m	1:54.07	(44.34)

Pien Evers

200m	26.16	(26.16)
600m	1:13.81	(47.65)
1000m	2:06.83	(53.02)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
41	wt	33	Noor Klunder		DPA		1:46.37	1:48.38	
	rd	39	Wende Hendriks		DPA		1:54.41	1:54.94	
		Noor Klunder				Wende Hendriks			
		200m	24.16	(24.16)		200m	25.43	(25.43)	
		600m	1:04.31	(40.15)		600m	1:07.36	(41.93)	
		1000m	1:48.38	(44.07)		1000m	1:54.94	(47.58)	

		Name		Cat		PB		Time	Info
42	yw	9	Lieke Grobbink		DPA		1:39.05	1:42.74	
	bl	27	Danique Stout		DPA		1:38.60	1:42.81	
		Lieke Grobbink				Danique Stout			
		200m	23.31	(23.31)		200m	23.29	(23.29)	
		600m	1:02.11	(38.80)		600m	1:02.08	(38.79)	
		1000m	1:42.74	(40.63)		1000m	1:42.81	(40.73)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

8. Result HPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Lauren van den Brink	DPA	48	O	1:29.67	TRC	9
2	10 Huib de Vries	HPA	48	I	1:35.45		8
3	67 Olle Klunder	HPA	43	O	1:45.11	PB	7
4	34 Fabian Kruithof	HPA	45	I	1:51.77		6
5	40 Wouter Jansen	HPA	43	I	1:52.03		5
6	28 Emma van der Velde	DPA	47	I	1:52.59		4
7	66 Julia Kettelarij	DPB	47	O	1:58.28		3
8	16 Lorna Bosma	DPA	46	I	2:10.03		2
9	55 Meijs Dikken	DPB	45	O	2:13.95		1
10	62 Kim Pronk	DPA	46	O	2:19.27	PB	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

8. Race Result HPA 1000 meter

		Name		Cat		PB		Time	Info
43	wt	40	Wouter Jansen		HPA			1:52.03	
	rd	67	Olle Klunder		HPA	2:03.66		1:45.11	PB
		Wouter Jansen			Olle Klunder				
		200m	25.09	(25.09)	200m	24.19	(24.19)		
		600m	1:06.76	(41.67)	600m	1:03.19	(39.00)		
		1000m	1:52.03	(45.27)	1000m	1:45.11	(41.92)		

		Name		Cat		PB		Time	Info
44	yw								
	bl								
		m			m				

		Name		Cat		PB		Time	Info
45	wt	34	Fabian Kruithof		HPA			1:51.77	
	rd	55	Meijs Dikken		DPB			2:13.95	
		Fabian Kruithof			Meijs Dikken				
		200m	24.13	(24.13)	200m	28.39	(28.39)		
		600m	1:06.02	(41.89)	600m	1:19.38	(50.99)		
		1000m	1:51.77	(45.75)	1000m	2:13.95	(54.57)		

		Name		Cat		PB		Time	Info
46	yw	16	Lorna Bosma		DPA			2:10.03	
	bl	62	Kim Pronk		DPA	2:23.09		2:19.27	PB
		Lorna Bosma			Kim Pronk				
		200m	27.12	(27.12)	200m	28.61	(28.61)		
		600m	1:13.93	(46.81)	600m	1:21.60	(52.99)		
		1000m	2:10.03	(56.10)	1000m	2:19.27	(57.67)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
47	wt	28	Emma van der Velde		DPA		1:43.11	1:52.59	
	rd	66	Julia Kettelarij		DPB			1:58.28	
		Emma van der Velde			Julia Kettelarij				
		200m	24.57	(24.57)	200m	26.05	(26.05)		
		600m	1:07.19	(42.62)	600m	1:11.03	(44.98)		
		1000m	1:52.59	(45.40)	1000m	1:58.28	(47.25)		

		Name		Cat		PB		Time	Info
48	yw	10	Huib de Vries		HPA		1:32.96	1:35.45	
	bl	4	Lauren van den Brink		DPA		1:24.08	1:29.67	TRC
		Huib de Vries			Lauren van den Brink				
		200m	21.24	(21.24)	200m	21.11	(21.11)		
		600m	56.53	(35.29)	600m	54.10	(32.99)		
		1000m	1:35.45	(38.92)	1000m	1:29.67	(35.57)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

9. Result DC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Femke Lindeboom	DC1	53	I	1:44.04	9
2	11 Dionne Geerdink	DC1	54	I	1:47.42	8
3	63 Amarins Dronrijp	DC1	53	O	1:50.91	7
4	5 Silke van den Bos	DC2	52	I	1:56.73	6
	17 Tessa Ankersmit	DC2	51	O	1:56.73	5
6	48 Maren Ros	DC2	49	I	2:02.59 PB	4
7	44 Lena Wisselink	DC1	54	O	2:02.74	3
8	31 Minke Nijenhuis	DC1	51	I	2:04.79	2
9	51 Amy Elschot	DC1	52	O	2:12.49	1
10	53 Myrthe Tekelenburg	DC1	49	O	2:37.44 FL	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

9. Race Result DC 1000 meter

		Name	Cat	PB	Time	Info
49	wt	48 Maren Ros	DC2	2:16.20	2:02.59	PB
	rd	53 Myrthe Tekelenburg	DC1	2:23.34	2:37.44	FL

Maren Ros

200m	26.70	(26.70)
600m	1:12.82	(46.12)
1000m	2:02.59	(49.77)

Myrthe Tekelenburg

200m	39.54	(39.54)
600m	1:36.23	(56.69)
1000m	2:37.44	(61.21)

		Name	Cat	PB	Time	Info
50	yw					
	bl					

m

m

		Name	Cat	PB	Time	Info
51	wt	31 Minke Nijenhuis	DC1	1:53.09	2:04.79	
	rd	17 Tessa Ankersmit	DC2	1:49.69	1:56.73	

Minke Nijenhuis

200m	27.28	(27.28)
600m	1:15.15	(47.87)
1000m	2:04.79	(49.64)

Tessa Ankersmit

200m	25.50	(25.50)
600m	1:10.36	(44.86)
1000m	1:56.73	(46.37)

		Name	Cat	PB	Time	Info
52	yw	5 Silke van den Bos	DC2	1:53.31	1:56.73	
	bl	51 Amy Elschot	DC1	1:57.20	2:12.49	

Silke van den Bos

200m	25.63	(25.63)
600m	1:09.70	(44.07)
1000m	1:56.73	(47.03)

Amy Elschot

200m	27.90	(27.90)
600m	1:18.67	(50.77)
1000m	2:12.49	(53.82)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
53	wt	29	Femke Lindeboom		DC1		1:36.70	1:44.04	
	rd	63	Amarins Dronrijp		DC1		1:45.95	1:50.91	
		Femke Lindeboom			Amarins Dronrijp				
		200m	22.91	(22.91)	200m	25.71	(25.71)		
		600m	1:02.07	(39.16)	600m	1:08.06	(42.35)		
		1000m	1:44.04	(41.97)	1000m	1:50.91	(42.85)		

		Name		Cat		PB		Time	Info
54	yw	11	Dionne Geerdink		DC1		1:41.66	1:47.42	
	bl	44	Lena Wisselink		DC1		1:46.63	2:02.74	
		Dionne Geerdink			Lena Wisselink				
		200m	23.52	(23.52)	200m	24.58	(24.58)		
		600m	1:03.69	(40.17)	600m	1:05.16	(40.58)		
		1000m	1:47.42	(43.73)	1000m	2:02.74	(57.58)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

10. Result HC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	6 Caspian Alexander	HC1	59	O	1:35.07	9
2	30 Mike Zonderland	HC2	59	I	1:35.77	8
3	32 Wietze de Haan	HC1	60	O	1:41.32	7
4	23 Pien Tassche	DC2	60	I	1:43.44	6
5	24 Jort van der Kooi	HC1	57	I	1:52.25	5
6	45 Famke Aukema	DC2	57	O	1:53.67	4
7	52 Vere Tijink	DC2	58	I	1:56.44	3
8	54 Bart Mengerink	HPA	55	O	1:59.68	2
9	64 Alma Hes	DC2	55	I	2:22.89	1
	18 Hidde van der Leij	HC2	58	O	DQ	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

10. Race Result HC 1000 meter

		Name		Cat		PB		Time	Info
55	wt	64	Alma Hes		DC2		2:18.56	2:22.89	
	rd	54	Bart Mengerink		HPA		1:54.60	1:59.68	

Alma Hes

200m	30.04	(30.04)
600m	1:25.27	(55.23)
1000m	2:22.89	(57.62)

Bart Mengerink

200m	26.29	(26.29)
600m	1:12.23	(45.94)
1000m	1:59.68	(47.45)

		Name		Cat		PB		Time	Info
56	yw								
	bl								

m

m

		Name		Cat		PB		Time	Info
57	wt	24	Jort van der Kooi		HC1		1:44.88	1:52.25	
	rd	45	Famke Aukema		DC2		1:46.88	1:53.67	

Jort van der Kooi

200m	24.07	(24.07)
600m	1:06.94	(42.87)
1000m	1:52.25	(45.31)

Famke Aukema

200m	26.90	(26.90)
600m	1:09.83	(42.93)
1000m	1:53.67	(43.84)

		Name		Cat		PB		Time	Info
58	yw	52	Vere Tijink		DC2		1:48.59	1:56.44	
	bl	18	Hidde van der Leij		HC2		1:48.20	DQ	

Vere Tijink

200m	25.24	(25.24)
600m	1:08.00	(42.76)
1000m	1:56.44	(48.44)

Hidde van der Leij

200m	25.18	(25.18)
600m	1:07.96	(42.78)
1000m	1:56.37	(48.41)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
59	wt	30	Mike Zonderland		HC2		1:33.52	1:35.77	
	rd	6	Caspian Alexander		HC1		1:28.56	1:35.07	
			Mike Zonderland						Caspian Alexander
			200m	22.03	(22.03)		200m	21.29	(21.29)
			600m	57.29	(35.26)		600m	57.25	(35.96)
			1000m	1:35.77	(38.48)		1000m	1:35.07	(37.82)
<hr/>									
		Name		Cat		PB		Time	Info
60	yw	23	Pien Tassche		DC2		1:41.19	1:43.44	
	bl	32	Wietze de Haan		HC1		1:38.01	1:41.32	
			Pien Tassche						Wietze de Haan
			200m	25.00	(25.00)		200m	23.01	(23.01)
			600m	1:02.84	(37.84)		600m	1:00.61	(37.60)
			1000m	1:43.44	(40.60)		1000m	1:41.32	(40.71)

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

11. Result DPB 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	7 Marit Grobbink	DPB	65	O	33.38		9
2	25 Myrthe Cents	DPB	66	I	33.48		8
3	13 Lexie Ruiten	DPC	66	O	33.67		7
4	19 Iris Boswerger	DPB	65	I	35.38		6
5	35 Jill Isfordink	DPB	64	I	35.89	PB	5
6	49 Vajèn Kerkmeijer	DPB	64	O	38.25		4
7	57 Suus ter Braak	DPC	63	I	38.94		3
8	1 Floor Scholten	DPC	63	O	40.80		2
9	59 Tessa Meijer	DPC	61	I	41.87		1
10	50 Lana Oostewaal	DPC	61	O	47.04	PB	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

11. Race Result DPB 300 meter

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

12. Result HPB 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	43 Simon de Olde	HPC	72	I	33.72		9
2	8 Jasper Drent	HPB	71	I	34.02		8
3	2 Thure Louwers	HPC	71	O	34.66	PB	7
4	26 Jasper van Gelder	HPC	72	O	36.00		6
5	20 Anne Abbink	DPB	69	I	37.08	PB	5
6	60 Lincoln Kostwinder	HPB	69	O	38.43		4
7	65 Jaap Wiering	HPB	70	O	39.06		3
8	58 Tobias van der Velden	HPD	67	O	41.56		2
9	36 Timo Bennink	HPB	70	I	43.65	FL	1
10	38 Indy van Dieren	DPC	67	I	49.80		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

12. Race Result HPB 300 meter

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name	Cat	PB	Time	Info
67	wt	38 Indy van Dieren	DPC	42.09	49.80	
	rd	58 Tobias van der Velden	HPD	39.89	41.56	
		<u>Indy van Dieren</u>		<u>Tobias van der Velden</u>		
		300m 49.80 (49.80)		300m 41.56 (41.56)		

		Name	Cat	PB	Time	Info
68	yw					
	bl					
		<u>m</u>		<u>m</u>		

		Name	Cat	PB	Time	Info
69	wt	20 Anne Abbink	DPB	38.52	37.08	PB
	rd	60 Lincoln Kostwinder	HPB	36.24	38.43	
		<u>Anne Abbink</u>		<u>Lincoln Kostwinder</u>		
		300m 37.08 (37.08)		300m 38.43 (38.43)		

		Name	Cat	PB	Time	Info
70	yw	36 Timo Bennink	HPB	37.38	43.65	FL
	bl	65 Jaap Wiering	HPB	37.39	39.06	
		<u>Timo Bennink</u>		<u>Jaap Wiering</u>		
		300m 43.65 (43.65)		300m 39.06 (39.06)		

		Name	Cat	PB	Time	Info
71	wt	8 Jasper Drent	HPB	32.67	34.02	
	rd	2 Thure Louwers	HPC	35.04	34.66	PB
		<u>Jasper Drent</u>		<u>Thure Louwers</u>		
		300m 34.02 (34.02)		300m 34.66 (34.66)		

		Name	Cat	PB	Time	Info
72	yw	43 Simon de Olde	HPC	32.54	33.72	
	bl	26 Jasper van Gelder	HPC	35.00	36.00	
		<u>Simon de Olde</u>		<u>Jasper van Gelder</u>		
		300m 33.72 (33.72)		300m 36.00 (36.00)		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

13. Result team sprint 1e ronde

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	101 DNIJ 5058	T	4	O	1:50.27	
2	102 YSCH 4012	T	2	I	1:52.33	
3	106 DYC 4688	T	3	O	2:01.24	
4	103 STG Koggenland 6802	T	1	O	2:04.33	
5	108 Sportief 4686	T	5	O	2:04.47	
6	110 STG Hoorn 6669	T	4	I	2:09.27	
7	104 Bornse SSV 4011	T	5	I	2:09.28	
8	105 YC Stokvis 4261	T	1	I	2:15.50	
9	109 HIJC 4326	T	2	O	2:18.18	
10	107 SIJE 4612	T	3	I	2:45.64	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

13. Race Result team sprint 1e ronde

		Name		Cat		PB		Time	Info
1	wt	105	YC Stokvis 4261		T			2:15.50	
	rd	103	STG Koggenland 6802		T			2:04.33	
		YC Stokvis 4261				STG Koggenland 6802			
		200m	2:15.50	(135.50)		200m	2:04.33	(124.33)	

		Name		Cat		PB		Time	Info
2	wt	102	YSCH 4012		T			1:52.33	
	rd	109	HIJC 4326		T			2:18.18	
		YSCH 4012				HIJC 4326			
		200m	1:52.33	(112.33)		200m	2:18.18	(138.18)	

		Name		Cat		PB		Time	Info
3	wt	107	SIJE 4612		T			2:45.64	
	rd	106	DYC 4688		T			2:01.24	
		SIJE 4612				DYC 4688			
		200m	2:45.64	(165.64)		200m	2:01.24	(121.24)	

		Name		Cat		PB		Time	Info
4	wt	110	STG Hoorn 6669		T			2:09.27	
	rd	101	DNIJ 5058		T			1:50.27	
		STG Hoorn 6669				DNIJ 5058			
		200m	2:09.27	(129.27)		200m	1:50.27	(110.27)	

		Name		Cat		PB		Time	Info
5	wt	104	Bornse SSV 4011		T			2:09.28	
	rd	108	Sportief 4686		T			2:04.47	
		Bornse SSV 4011				Sportief 4686			
		200m	2:09.28	(129.28)		200m	2:04.47	(124.47)	

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

14. Result team sprint 2e ronde

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	101 DNIJ 5058	T	4	I	1:52.09		
2	102 YSCH 4012	T	3	O	2:03.54		
3	105 YC Stokvis 4261	T	1	I	2:09.82		
4	107 SIJE 4612	T	4	O	2:12.38		
5	106 DYC 4688	T	3	I	2:14.27		
6	103 STG Koggenland 6802	T	5	O	2:14.42		
7	104 Bornse SSV 4011	T	1	O	2:22.07		
8	108 Sportief 4686	T	5	I	2:33.86		
9	110 STG Hoorn 6669	T	2	O	2:43.70		
10	109 HIJC 4326	T	2	I	2:54.06		

Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

14. Race Result team sprint 2e ronde

		Name	Cat	PB	Time	Info
1	wt	105 YC Stokvis 4261	T		2:09.82	
	rd	104 Bornse SSV 4011	T		2:22.07	
		<u>YC Stokvis 4261</u>		<u>Bornse SSV 4011</u>		
		200m 2:09.82 (129.82)		200m 2:22.07 (142.07)		

		Name	Cat	PB	Time	Info
2	wt	109 HIJC 4326	T		2:54.06	
	rd	110 STG Hoorn 6669	T		2:43.70	
		<u>HIJC 4326</u>		<u>STG Hoorn 6669</u>		
		200m 2:54.06 (174.06)		200m 2:43.70 (163.70)		

		Name	Cat	PB	Time	Info
3	wt	106 DYC 4688	T		2:14.27	
	rd	102 YSCH 4012	T		2:03.54	
		<u>DYC 4688</u>		<u>YSCH 4012</u>		
		200m 2:14.27 (134.27)		200m 2:03.54 (123.54)		

		Name	Cat	PB	Time	Info
4	wt	101 DNIJ 5058	T		1:52.09	
	rd	107 SIJE 4612	T		2:12.38	
		<u>DNIJ 5058</u>		<u>SIJE 4612</u>		
		200m 1:52.09 (112.09)		200m 2:12.38 (132.38)		

		Name	Cat	PB	Time	Info
5	wt	108 Sportief 4686	T		2:33.86	
	rd	103 STG Koggenland 6802	T		2:14.42	
		<u>Sportief 4686</u>		<u>STG Koggenland 6802</u>		
		200m 2:33.86 (153.86)		200m 2:14.42 (134.42)		