

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 1. Result DPA 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	27 <b>Danique Stout</b>	DPA	6	I	<b>51.01</b>	9
2	9 <b>Lieke Grobbink</b>	DPA	5	I	<b>51.55</b>	8
3	33 <b>Noor Klunder</b>	DPA	6	O	<b>51.71</b>	7
4	61 <b>Nienke Neefjes</b>	DPA	5	O	<b>54.63</b>	6
5	39 <b>Wende Hendriks</b>	DPA	3	O	<b>55.49</b> PB	5
6	21 <b>Maud Wiggers</b>	DPA	4	O	<b>56.36</b>	4
7	3 <b>Lise Veeneman</b>	DPA	1	I	<b>59.49</b> PB	3
8	46 <b>Pien Evers</b>	DPB	4	I	<b>59.79</b>	2
9	56 <b>Benthe Blaak</b>	DPB	1	O	<b>1:03.14</b>	1
10	15 <b>Britt Kamper</b>	DPA	3	I	<b>1:08.13</b> FL	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 1. Race Result DPA 500 meter

		Name		Cat		PB		Time	Info
1	wt	3	<b>Lise Veeneman</b>		DPA	1:04.00		<b>59.49</b>	PB
	rd	56	<b>Benthe Blaak</b>		DPB	1:01.32		<b>1:03.14</b>	
		<u>Lise Veeneman</u>			<u>Benthe Blaak</u>				
		100m	14.49	(14.49)	100m	14.65	(14.65)		
		500m	59.49	(45.00)	500m	1:03.14	(48.49)		

		Name		Cat		PB		Time	Info
2	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
3	wt	15	<b>Britt Kamper</b>		DPA	57.64		<b>1:08.13</b>	FL
	rd	39	<b>Wende Hendriks</b>		DPA	55.68		<b>55.49</b>	PB
		<u>Britt Kamper</u>			<u>Wende Hendriks</u>				
		100m	13.94	(13.94)	100m	13.97	(13.97)		
		500m	1:08.13	(54.19)	500m	55.49	(41.52)		

		Name		Cat		PB		Time	Info
4	yw	46	<b>Pien Evers</b>		DPB	57.29		<b>59.79</b>	
	bl	21	<b>Maud Wiggers</b>		DPA	54.07		<b>56.36</b>	
		<u>Pien Evers</u>			<u>Maud Wiggers</u>				
		100m	13.69	(13.69)	100m	14.40	(14.40)		
		500m	59.79	(46.10)	500m	56.36	(41.96)		

		Name		Cat		PB		Time	Info
5	wt	9	<b>Lieke Grobbink</b>		DPA	49.55		<b>51.55</b>	
	rd	61	<b>Nienke Neefjes</b>		DPA	53.18		<b>54.63</b>	
		<u>Lieke Grobbink</u>			<u>Nienke Neefjes</u>				
		100m	13.36	(13.36)	100m	13.70	(13.70)		
		500m	51.55	(38.19)	500m	54.63	(40.93)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
6	yw	27	<b>Danique Stout</b>		DPA		48.17	<b>51.01</b>	
	bl	33	<b>Noor Klunder</b>		DPA		49.84	<b>51.71</b>	
		<b>Danique Stout</b>			<b>Noor Klunder</b>				
		100m	13.37	(13.37)	100m	13.52	(13.52)		
		500m	51.01	(37.64)	500m	51.71	(38.19)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 2. Result HPA 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	4 Lauren van den Brink	DPA	11	I	44.59	9
2	10 Huib de Vries	HPA	12	O	45.31	8
3	67 Olle Klunder	HPA	10	O	51.03	7
4	28 Emma van der Velde	DPA	11	O	52.91	6
5	34 Fabian Kruithof	HPA	10	I	53.21 PB	5
6	40 Wouter Jansen	HPA	12	I	54.24	4
7	16 Lorna Bosma	DPA	9	O	57.00	3
	66 Julia Kettelarij	DPB	9	I	57.00	2
9	55 Meijs Dikken	DPB	7	O	1:03.56	1
10	62 Kim Pronk	DPA	7	I	1:03.62 PB	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 2. Race Result HPA 500 meter

		Name		Cat		PB		Time	Info
7	wt	62	<b>Kim Pronk</b>		DPA	1:04.54		<b>1:03.62</b>	PB
	rd	55	<b>Meijs Dikken</b>		DPB	1:01.12		<b>1:03.56</b>	
		<b>Kim Pronk</b>			<b>Meijs Dikken</b>				
		100m	14.86	(14.86)	100m	15.46	(15.46)		
		500m	1:03.62	(48.76)	500m	1:03.56	(48.10)		

		Name		Cat		PB		Time	Info
8	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
9	wt	66	<b>Julia Kettelarij</b>		DPB	56.21		<b>57.00</b>	
	rd	16	<b>Lorna Bosma</b>		DPA	55.15		<b>57.00</b>	
		<b>Julia Kettelarij</b>			<b>Lorna Bosma</b>				
		100m	13.83	(13.83)	100m	14.58	(14.58)		
		500m	57.00	(43.17)	500m	57.00	(42.42)		

		Name		Cat		PB		Time	Info
10	yw	34	<b>Fabian Kruithof</b>		HPA	53.23		<b>53.21</b>	PB
	bl	67	<b>Olle Klunder</b>		HPA	49.56		<b>51.03</b>	
		<b>Fabian Kruithof</b>			<b>Olle Klunder</b>				
		100m	13.30	(13.30)	100m	13.07	(13.07)		
		500m	53.21	(39.91)	500m	51.03	(37.96)		

		Name		Cat		PB		Time	Info
11	wt	4	<b>Lauren van den Brink</b>		DPA	42.66		<b>44.59</b>	
	rd	28	<b>Emma van der Velde</b>		DPA	50.34		<b>52.91</b>	
		<b>Lauren van den Brink</b>			<b>Emma van der Velde</b>				
		100m	12.17	(12.17)	100m	13.38	(13.38)		
		500m	44.59	(32.42)	500m	52.91	(39.53)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB	Time	Info
12	yw	40	<b>Wouter Jansen</b>		HPA	51.77	<b>54.24</b>	
	bl	10	<b>Huib de Vries</b>		HPA	44.66	<b>45.31</b>	
		<b>Wouter Jansen</b>			<b>Huib de Vries</b>			
		100m	13.86	(13.86)	100m	11.78	(11.78)	
		500m	54.24	(40.38)	500m	45.31	(33.53)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 3. Result DC 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Femke Lindeboom	DC1	18	O	50.19	9
2	11 Dionne Geerdink	DC1	17	O	50.86	8
3	44 Lena Wisselink	DC1	17	I	51.14	7
4	63 Amarins Dronrijp	DC1	18	I	52.84	6
5	17 Tessa Ankersmit	DC2	15	I	54.19	5
6	5 Silke van den Bos	DC2	16	I	55.66	4
7	51 Amy Elschot	DC1	15	O	57.87	3
8	48 Maren Ros	DC2	16	O	58.42	2
9	31 Minke Nijenhuis	DC1	13	O	59.93	1
10	53 Myrthe Tekelenburg	DC1	13	I	1:07.58	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 3. Race Result DC 500 meter

		Name		Cat		PB		Time	Info
13	wt	53	<b>Myrthe Tekelenburg</b>		DC1	1:06.43		<b>1:07.58</b>	
	rd	31	<b>Minke Nijenhuis</b>		DC1	53.52		<b>59.93</b>	
		<b>Myrthe Tekelenburg</b>			<b>Minke Nijenhuis</b>				
		100m	15.42	(15.42)	100m	14.51	(14.51)		
		500m	1:07.58	(52.16)	500m	59.93	(45.42)		

		Name		Cat		PB		Time	Info
14	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
15	wt	17	<b>Tessa Ankersmit</b>		DC2	51.62		<b>54.19</b>	
	rd	51	<b>Amy Elschot</b>		DC1	54.61		<b>57.87</b>	
		<b>Tessa Ankersmit</b>			<b>Amy Elschot</b>				
		100m	13.58	(13.58)	100m	14.42	(14.42)		
		500m	54.19	(40.61)	500m	57.87	(43.45)		

		Name		Cat		PB		Time	Info
16	yw	5	<b>Silke van den Bos</b>		DC2	52.53		<b>55.66</b>	
	bl	48	<b>Maren Ros</b>		DC2	56.70		<b>58.42</b>	
		<b>Silke van den Bos</b>			<b>Maren Ros</b>				
		100m	14.22	(14.22)	100m	14.82	(14.82)		
		500m	55.66	(41.44)	500m	58.42	(43.60)		

		Name		Cat		PB		Time	Info
17	wt	44	<b>Lena Wisselink</b>		DC1	50.10		<b>51.14</b>	
	rd	11	<b>Dionne Geerdink</b>		DC1	49.95		<b>50.86</b>	
		<b>Lena Wisselink</b>			<b>Dionne Geerdink</b>				
		100m	13.10	(13.10)	100m	13.00	(13.00)		
		500m	51.14	(38.04)	500m	50.86	(37.86)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
18	yw	63	<b>Amarins Dronrijp</b>		DC1		50.39	<b>52.84</b>	
	bl	29	<b>Femke Lindeboom</b>		DC1		47.09	<b>50.19</b>	
		<b>Amarins Dronrijp</b>				<b>Femke Lindeboom</b>			
		100m	13.38	(13.38)		100m	12.73	(12.73)	
		500m	52.84	(39.46)		500m	50.19	(37.46)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 4. Result HC 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	6 Caspian Alexander	HC1	23	I	45.49	9
2	30 Mike Zonderland	HC2	24	O	46.94	8
3	32 Wietze de Haan	HC1	24	I	50.07	7
4	23 Pien Tassche	DC2	21	I	51.52	6
5	24 Jort van der Kooi	HC1	23	O	53.56	5
6	54 Bart Mengerink	HPA	21	O	53.81	4
7	18 Hidde van der Leij	HC2	22	O	54.38	3
8	45 Famke Aukema	DC2	22	I	55.16	2
9	52 Vere Tijink	DC2	19	O	56.30	1
10	64 Alma Hes	DC2	19	I	1:08.76 PB	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 4. Race Result HC 500 meter

		Name		Cat		PB		Time	Info
19	wt	64	<b>Alma Hes</b>		DC2	1:08.85		<b>1:08.76</b>	PB
	rd	52	<b>Vere Tijink</b>		DC2	54.36		<b>56.30</b>	
		<b>Alma Hes</b>			<b>Vere Tijink</b>				
		100m	15.74	(15.74)	100m	14.00	(14.00)		
		500m	1:08.76	(53.02)	500m	56.30	(42.30)		

		Name		Cat		PB		Time	Info
20	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
21	wt	23	<b>Pien Tassche</b>		DC2	50.77		<b>51.52</b>	
	rd	54	<b>Bart Mengerink</b>		HPA	52.96		<b>53.81</b>	
		<b>Pien Tassche</b>			<b>Bart Mengerink</b>				
		100m	14.19	(14.19)	100m	13.49	(13.49)		
		500m	51.52	(37.33)	500m	53.81	(40.32)		

		Name		Cat		PB		Time	Info
22	yw	45	<b>Famke Aukema</b>		DC2	52.09		<b>55.16</b>	
	bl	18	<b>Hidde van der Leij</b>		HC2	53.29		<b>54.38</b>	
		<b>Famke Aukema</b>			<b>Hidde van der Leij</b>				
		100m	14.57	(14.57)	100m	14.11	(14.11)		
		500m	55.16	(40.59)	500m	54.38	(40.27)		

		Name		Cat		PB		Time	Info
23	wt	6	<b>Caspian Alexander</b>		HC1	43.18		<b>45.49</b>	
	rd	24	<b>Jort van der Kooi</b>		HC1	50.52		<b>53.56</b>	
		<b>Caspian Alexander</b>			<b>Jort van der Kooi</b>				
		100m	11.86	(11.86)	100m	13.13	(13.13)		
		500m	45.49	(33.63)	500m	53.56	(40.43)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB	Time	Info
24	yw	32	<b>Wietze de Haan</b>		HC1		47.76	<b>50.07</b>
	bl	30	<b>Mike Zonderland</b>		HC2		46.19	<b>46.94</b>
		<b>Wietze de Haan</b>			<b>Mike Zonderland</b>			
		100m	13.13	(13.13)	100m	12.76	(12.76)	
		500m	50.07	(36.94)	500m	46.94	(34.18)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 5. Result DPB 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	7 Marit Grobbink	DPB	30	O	52.56	9
2	13 Lexie Ruiten	DPC	30	I	54.49	8
3	25 Myrthe Cents	DPB	29	O	55.61	7
4	19 Iris Boswerger	DPB	29	I	57.46	6
5	35 Jill Isfordink	DPB	27	I	58.58 PB	5
6	57 Suus ter Braak	DPC	27	O	1:03.85 PB	4
7	49 Vajèn Kerkmeijer	DPB	28	O	1:04.58	3
8	1 Floor Scholten	DPC	25	O	1:08.79	2
9	59 Tessa Meijer	DPC	28	I	1:10.41 PB	1
10	50 Lana Oostewaal	DPC	25	I	1:18.47	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 5. Race Result DPB 500 meter

		Name		Cat		PB		Time	Info
25	wt	50	Lana Oostewaal		DPC			<b>1:18.47</b>	
	rd	1	Floor Scholten		DPC			<b>1:08.79</b>	
		Lana Oostewaal			Floor Scholten				
		100m	16.42	(16.42)	100m	15.50	(15.50)		
		500m	1:18.47	(62.05)	500m	1:08.79	(53.29)		

		Name		Cat		PB		Time	Info
26	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
27	wt	35	Jill Isfordink		DPB	1:00.10		<b>58.58</b>	PB
	rd	57	Suus ter Braak		DPC	1:04.77		<b>1:03.85</b>	PB
		Jill Isfordink			Suus ter Braak				
		100m	14.52	(14.52)	100m	15.29	(15.29)		
		500m	58.58	(44.06)	500m	1:03.85	(48.56)		

		Name		Cat		PB		Time	Info
28	yw	59	Tessa Meijer		DPC	1:19.33		<b>1:10.41</b>	PB
	bl	49	Vajèn Kerkmeijer		DPB	59.49		<b>1:04.58</b>	
		Tessa Meijer			Vajèn Kerkmeijer				
		100m	15.13	(15.13)	100m	15.05	(15.05)		
		500m	1:10.41	(55.28)	500m	1:04.58	(49.53)		

		Name		Cat		PB		Time	Info
29	wt	19	Iris Boswerger		DPB	55.38		<b>57.46</b>	
	rd	25	Myrthe Cents		DPB	54.15		<b>55.61</b>	
		Iris Boswerger			Myrthe Cents				
		100m	14.42	(14.42)	100m	13.74	(13.74)		
		500m	57.46	(43.04)	500m	55.61	(41.87)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name	Cat	PB	Time	Info
30	yw	13 <b>Lexie Ruiter</b>	DPC	54.23	<b>54.49</b>	
	bl	7 <b>Marit Grobbink</b>	DPB	49.95	<b>52.56</b>	
		<b>Lexie Ruiter</b>		<b>Marit Grobbink</b>		
		100m	13.55 (13.55)	100m	13.17 (13.17)	
		500m	54.49 (40.94)	500m	52.56 (39.39)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 6. Result HPB 500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	8 Jasper Drent	HPB	35	I	53.89	9
2	43 Simon de Olde	HPC	35	O	54.16	8
3	2 Thure Louwers	HPC	36	I	54.98 PB	7
4	26 Jasper van Gelder	HPC	36	O	58.07 PB	6
5	36 Timo Bennink	HPB	34	I	59.30 PB	5
6	20 Anne Abbink	DPB	33	O	1:00.92 PB	4
7	65 Jaap Wiering	HPB	34	O	1:01.49	3
8	60 Lincoln Kostwinder	HPB	33	I	1:01.70	2
9	58 Tobias van der Velden	HPD	31	O	1:06.71 PB	1
10	38 Indy van Dieren	DPC	31	I	1:15.45	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 6. Race Result HPB 500 meter

		Name		Cat		PB		Time	Info
31	wt	38	<b>Indy van Dieren</b>		DPC			<b>1:15.45</b>	
	rd	58	<b>Tobias van der Velden</b>		HPD	1:07.26		<b>1:06.71</b>	PB
		<b>Indy van Dieren</b>			<b>Tobias van der Velden</b>				
		100m	15.03	(15.03)	100m	14.71	(14.71)		
		500m	1:15.45	(60.42)	500m	1:06.71	(52.00)		

		Name		Cat		PB		Time	Info
32	yw								
	bl								
			m				m		

		Name		Cat		PB		Time	Info
33	wt	60	<b>Lincoln Kostwinder</b>		HPB	1:00.25		<b>1:01.70</b>	
	rd	20	<b>Anne Abbink</b>		DPB	1:02.90		<b>1:00.92</b>	PB
		<b>Lincoln Kostwinder</b>			<b>Anne Abbink</b>				
		100m	14.67	(14.67)	100m	14.55	(14.55)		
		500m	1:01.70	(47.03)	500m	1:00.92	(46.37)		

		Name		Cat		PB		Time	Info
34	yw	36	<b>Timo Bennink</b>		HPB	1:02.49		<b>59.30</b>	PB
	bl	65	<b>Jaap Wiering</b>		HPB	1:01.31		<b>1:01.49</b>	
		<b>Timo Bennink</b>			<b>Jaap Wiering</b>				
		100m	14.34	(14.34)	100m	15.22	(15.22)		
		500m	59.30	(44.96)	500m	1:01.49	(46.27)		

		Name		Cat		PB		Time	Info
35	wt	8	<b>Jasper Drent</b>		HPB	53.61		<b>53.89</b>	
	rd	43	<b>Simon de Olde</b>		HPC	51.78		<b>54.16</b>	
		<b>Jasper Drent</b>			<b>Simon de Olde</b>				
		100m	13.24	(13.24)	100m	13.58	(13.58)		
		500m	53.89	(40.65)	500m	54.16	(40.58)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
36	yw	2	<b>Thure Louwers</b>		HPC		55.13	<b>54.98</b>	PB
	bl	26	<b>Jasper van Gelder</b>		HPC		59.47	<b>58.07</b>	PB
		<b>Thure Louwers</b>				<b>Jasper van Gelder</b>			
		100m	14.12	(14.12)		100m	14.19	(14.19)	
		500m	54.98	(40.86)		500m	58.07	(43.88)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 7. Result DPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	9 <b>Lieke Grobbink</b>	DPA	42	I	<b>1:42.74</b>	9
2	27 <b>Danique Stout</b>	DPA	42	O	<b>1:42.81</b>	8
3	33 <b>Noor Klunder</b>	DPA	41	I	<b>1:48.38</b>	7
4	61 <b>Nienke Neefjes</b>	DPA	40	I	<b>1:54.07</b> PB	6
5	39 <b>Wende Hendriks</b>	DPA	41	O	<b>1:54.94</b>	5
6	21 <b>Maud Wiggers</b>	DPA	39	O	<b>1:56.15</b>	4
7	15 <b>Britt Kamper</b>	DPA	37	O	<b>2:04.32</b>	3
8	3 <b>Lise Veeneman</b>	DPA	39	I	<b>2:05.41</b>	2
9	46 <b>Pien Evers</b>	DPB	40	O	<b>2:06.83</b>	1
10	56 <b>Benthe Blaak</b>	DPB	37	I	<b>2:27.51</b> FL	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 7. Race Result DPA 1000 meter

		Name		Cat		PB	Time	Info
37	wt	56	<b>Benthe Blaak</b>		DPB		<b>2:27.51</b>	FL
	rd	15	<b>Britt Kamper</b>		DPA		<b>2:04.32</b>	

### Benthe Blaak

200m	29.41	(29.41)
600m	1:22.83	(53.42)
1000m	2:27.51	(64.68)

### Britt Kamper

200m	27.15	(27.15)
600m	1:14.79	(47.64)
1000m	2:04.32	(49.53)

		Name		Cat		PB	Time	Info
38	yw							
	bl							

m

m

		Name		Cat		PB	Time	Info
39	wt	3	<b>Lise Veeneman</b>		DPA		<b>2:05.41</b>	
	rd	21	<b>Maud Wiggers</b>		DPA		<b>1:56.15</b>	

### Lise Veeneman

200m	25.89	(25.89)
600m	1:12.38	(46.49)
1000m	2:05.41	(53.03)

### Maud Wiggers

200m	26.73	(26.73)
600m	1:10.00	(43.27)
1000m	1:56.15	(46.15)

		Name		Cat		PB	Time	Info
40	yw	61	<b>Nienke Neeffjes</b>		DPA	2:00.25	<b>1:54.07</b>	PB
	bl	46	<b>Pien Evers</b>		DPB		<b>2:06.83</b>	

### Nienke Neeffjes

200m	24.97	(24.97)
600m	1:09.73	(44.76)
1000m	1:54.07	(44.34)

### Pien Evers

200m	26.16	(26.16)
600m	1:13.81	(47.65)
1000m	2:06.83	(53.02)

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
41	wt	33	<b>Noor Klunder</b>		DPA		1:46.37	<b>1:48.38</b>	
	rd	39	<b>Wende Hendriks</b>		DPA		1:54.41	<b>1:54.94</b>	
		<b>Noor Klunder</b>				<b>Wende Hendriks</b>			
		200m	24.16	(24.16)		200m	25.43	(25.43)	
		600m	1:04.31	(40.15)		600m	1:07.36	(41.93)	
		1000m	1:48.38	(44.07)		1000m	1:54.94	(47.58)	

		Name		Cat		PB		Time	Info
42	yw	9	<b>Lieke Grobbink</b>		DPA		1:39.05	<b>1:42.74</b>	
	bl	27	<b>Danique Stout</b>		DPA		1:38.60	<b>1:42.81</b>	
		<b>Lieke Grobbink</b>				<b>Danique Stout</b>			
		200m	23.31	(23.31)		200m	23.29	(23.29)	
		600m	1:02.11	(38.80)		600m	1:02.08	(38.79)	
		1000m	1:42.74	(40.63)		1000m	1:42.81	(40.73)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 8. Result HPA 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	4 Lauren van den Brink	DPA	48	O	1:29.67	TRC	9
2	10 Huib de Vries	HPA	48	I	1:35.45		8
3	67 Olle Klunder	HPA	43	O	1:45.11	PB	7
4	34 Fabian Kruithof	HPA	45	I	1:51.77		6
5	40 Wouter Jansen	HPA	43	I	1:52.03		5
6	28 Emma van der Velde	DPA	47	I	1:52.59		4
7	66 Julia Kettelarij	DPB	47	O	1:58.28		3
8	16 Lorna Bosma	DPA	46	I	2:10.03		2
9	55 Meijs Dikken	DPB	45	O	2:13.95		1
10	62 Kim Pronk	DPA	46	O	2:19.27	PB	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 8. Race Result HPA 1000 meter

		Name		Cat		PB		Time	Info
43	wt	40	<b>Wouter Jansen</b>		HPA			<b>1:52.03</b>	
	rd	67	<b>Olle Klunder</b>		HPA	2:03.66		<b>1:45.11</b>	PB
		<b>Wouter Jansen</b>			<b>Olle Klunder</b>				
		200m	25.09	(25.09)	200m	24.19	(24.19)		
		600m	1:06.76	(41.67)	600m	1:03.19	(39.00)		
		1000m	1:52.03	(45.27)	1000m	1:45.11	(41.92)		

		Name		Cat		PB		Time	Info
44	yw								
	bl								
		m			m				

		Name		Cat		PB		Time	Info
45	wt	34	<b>Fabian Kruithof</b>		HPA			<b>1:51.77</b>	
	rd	55	<b>Meijs Dikken</b>		DPB			<b>2:13.95</b>	
		<b>Fabian Kruithof</b>			<b>Meijs Dikken</b>				
		200m	24.13	(24.13)	200m	28.39	(28.39)		
		600m	1:06.02	(41.89)	600m	1:19.38	(50.99)		
		1000m	1:51.77	(45.75)	1000m	2:13.95	(54.57)		

		Name		Cat		PB		Time	Info
46	yw	16	<b>Lorna Bosma</b>		DPA			<b>2:10.03</b>	
	bl	62	<b>Kim Pronk</b>		DPA	2:23.09		<b>2:19.27</b>	PB
		<b>Lorna Bosma</b>			<b>Kim Pronk</b>				
		200m	27.12	(27.12)	200m	28.61	(28.61)		
		600m	1:13.93	(46.81)	600m	1:21.60	(52.99)		
		1000m	2:10.03	(56.10)	1000m	2:19.27	(57.67)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
47	wt	28	<b>Emma van der Velde</b>		DPA		1:43.11	<b>1:52.59</b>	
	rd	66	<b>Julia Kettelarij</b>		DPB			<b>1:58.28</b>	
		<b>Emma van der Velde</b>			<b>Julia Kettelarij</b>				
		200m	24.57	(24.57)	200m	26.05	(26.05)		
		600m	1:07.19	(42.62)	600m	1:11.03	(44.98)		
		1000m	1:52.59	(45.40)	1000m	1:58.28	(47.25)		

		Name		Cat		PB		Time	Info
48	yw	10	<b>Huib de Vries</b>		HPA		1:32.96	<b>1:35.45</b>	
	bl	4	<b>Lauren van den Brink</b>		DPA		1:24.08	<b>1:29.67</b>	TRC
		<b>Huib de Vries</b>			<b>Lauren van den Brink</b>				
		200m	21.24	(21.24)	200m	21.11	(21.11)		
		600m	56.53	(35.29)	600m	54.10	(32.99)		
		1000m	1:35.45	(38.92)	1000m	1:29.67	(35.57)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 9. Result DC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	29 Femke Lindeboom	DC1	53	I	1:44.04	9
2	11 Dionne Geerdink	DC1	54	I	1:47.42	8
3	63 Amarins Dronrijp	DC1	53	O	1:50.91	7
4	5 Silke van den Bos	DC2	52	I	1:56.73	6
	17 Tessa Ankersmit	DC2	51	O	1:56.73	5
6	48 Maren Ros	DC2	49	I	2:02.59 PB	4
7	44 Lena Wisselink	DC1	54	O	2:02.74	3
8	31 Minke Nijenhuis	DC1	51	I	2:04.79	2
9	51 Amy Elschot	DC1	52	O	2:12.49	1
10	53 Myrthe Tekelenburg	DC1	49	O	2:37.44 FL	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 9. Race Result DC 1000 meter

		Name	Cat	PB	Time	Info
49	wt	48 <b>Maren Ros</b>	DC2	2:16.20	<b>2:02.59</b>	PB
	rd	53 <b>Myrthe Tekelenburg</b>	DC1	2:23.34	<b>2:37.44</b>	FL

### Maren Ros

200m	26.70	(26.70)
600m	1:12.82	(46.12)
1000m	2:02.59	(49.77)

### Myrthe Tekelenburg

200m	39.54	(39.54)
600m	1:36.23	(56.69)
1000m	2:37.44	(61.21)

		Name	Cat	PB	Time	Info
50	yw					
	bl					

m

m

		Name	Cat	PB	Time	Info
51	wt	31 <b>Minke Nijenhuis</b>	DC1	1:53.09	<b>2:04.79</b>	
	rd	17 <b>Tessa Ankersmit</b>	DC2	1:49.69	<b>1:56.73</b>	

### Minke Nijenhuis

200m	27.28	(27.28)
600m	1:15.15	(47.87)
1000m	2:04.79	(49.64)

### Tessa Ankersmit

200m	25.50	(25.50)
600m	1:10.36	(44.86)
1000m	1:56.73	(46.37)

		Name	Cat	PB	Time	Info
52	yw	5 <b>Silke van den Bos</b>	DC2	1:53.31	<b>1:56.73</b>	
	bl	51 <b>Amy Elschot</b>	DC1	1:57.20	<b>2:12.49</b>	

### Silke van den Bos

200m	25.63	(25.63)
600m	1:09.70	(44.07)
1000m	1:56.73	(47.03)

### Amy Elschot

200m	27.90	(27.90)
600m	1:18.67	(50.77)
1000m	2:12.49	(53.82)

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
53	wt	29	<b>Femke Lindeboom</b>		DC1		1:36.70	<b>1:44.04</b>	
	rd	63	<b>Amarins Dronrijp</b>		DC1		1:45.95	<b>1:50.91</b>	
		<b>Femke Lindeboom</b>			<b>Amarins Dronrijp</b>				
		200m	22.91	(22.91)	200m	25.71	(25.71)		
		600m	1:02.07	(39.16)	600m	1:08.06	(42.35)		
		1000m	1:44.04	(41.97)	1000m	1:50.91	(42.85)		

		Name		Cat		PB		Time	Info
54	yw	11	<b>Dionne Geerdink</b>		DC1		1:41.66	<b>1:47.42</b>	
	bl	44	<b>Lena Wisselink</b>		DC1		1:46.63	<b>2:02.74</b>	
		<b>Dionne Geerdink</b>			<b>Lena Wisselink</b>				
		200m	23.52	(23.52)	200m	24.58	(24.58)		
		600m	1:03.69	(40.17)	600m	1:05.16	(40.58)		
		1000m	1:47.42	(43.73)	1000m	2:02.74	(57.58)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 10. Result HC 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	6 Caspian Alexander	HC1	59	O	1:35.07	9
2	30 Mike Zonderland	HC2	59	I	1:35.77	8
3	32 Wietze de Haan	HC1	60	O	1:41.32	7
4	23 Pien Tassche	DC2	60	I	1:43.44	6
5	24 Jort van der Kooi	HC1	57	I	1:52.25	5
6	45 Famke Aukema	DC2	57	O	1:53.67	4
7	52 Vere Tijink	DC2	58	I	1:56.44	3
8	54 Bart Mengerink	HPA	55	O	1:59.68	2
9	64 Alma Hes	DC2	55	I	2:22.89	1
	18 Hidde van der Leij	HC2	58	O	DQ	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 10. Race Result HC 1000 meter

		Name		Cat		PB		Time	Info
55	wt	64	<b>Alma Hes</b>		DC2		2:18.56	<b>2:22.89</b>	
	rd	54	<b>Bart Mengerink</b>		HPA		1:54.60	<b>1:59.68</b>	

### Alma Hes

200m	30.04	(30.04)
600m	1:25.27	(55.23)
1000m	2:22.89	(57.62)

### Bart Mengerink

200m	26.29	(26.29)
600m	1:12.23	(45.94)
1000m	1:59.68	(47.45)

		Name		Cat		PB		Time	Info
56	yw								
	bl								

m

m

		Name		Cat		PB		Time	Info
57	wt	24	<b>Jort van der Kooi</b>		HC1		1:44.88	<b>1:52.25</b>	
	rd	45	<b>Famke Aukema</b>		DC2		1:46.88	<b>1:53.67</b>	

### Jort van der Kooi

200m	24.07	(24.07)
600m	1:06.94	(42.87)
1000m	1:52.25	(45.31)

### Famke Aukema

200m	26.90	(26.90)
600m	1:09.83	(42.93)
1000m	1:53.67	(43.84)

		Name		Cat		PB		Time	Info
58	yw	52	<b>Vere Tijink</b>		DC2		1:48.59	<b>1:56.44</b>	
	bl	18	<b>Hidde van der Leij</b>		HC2		1:48.20	<b>DQ</b>	

### Vere Tijink

200m	25.24	(25.24)
600m	1:08.00	(42.76)
1000m	1:56.44	(48.44)

### Hidde van der Leij

200m	25.18	(25.18)
600m	1:07.96	(42.78)
1000m	1:56.37	(48.41)

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name		Cat		PB		Time	Info
59	wt	30	<b>Mike Zonderland</b>		HC2		1:33.52	<b>1:35.77</b>	
	rd	6	<b>Caspian Alexander</b>		HC1		1:28.56	<b>1:35.07</b>	
			<b>Mike Zonderland</b>						
			200m	22.03	(22.03)		200m	21.29	(21.29)
			600m	57.29	(35.26)		600m	57.25	(35.96)
			1000m	1:35.77	(38.48)		1000m	1:35.07	(37.82)

		Name		Cat		PB		Time	Info
60	yw	23	<b>Pien Tassche</b>		DC2		1:41.19	<b>1:43.44</b>	
	bl	32	<b>Wietze de Haan</b>		HC1		1:38.01	<b>1:41.32</b>	
			<b>Pien Tassche</b>						
			200m	25.00	(25.00)		200m	23.01	(23.01)
			600m	1:02.84	(37.84)		600m	1:00.61	(37.60)
			1000m	1:43.44	(40.60)		1000m	1:41.32	(40.71)

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 11. Result DPB 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	7 Marit Grobbink	DPB	65	O	33.38	9
2	25 Myrthe Cents	DPB	66	I	33.48	8
3	13 Lexie Ruiten	DPC	66	O	33.67	7
4	19 Iris Boswerger	DPB	65	I	35.38	6
5	35 Jill Isfordink	DPB	64	I	35.89 PB	5
6	49 Vajèn Kerkmeijer	DPB	64	O	38.25	4
7	57 Suus ter Braak	DPC	63	I	38.94	3
8	1 Floor Scholten	DPC	63	O	40.80	2
9	59 Tessa Meijer	DPC	61	I	41.87	1
10	50 Lana Oostewaal	DPC	61	O	47.04 PB	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

---

## 11. Race Result DPB 300 meter

---



# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 12. Result HPB 300 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	43 Simon de Olde	HPC	72	I	33.72	9
2	8 Jasper Drent	HPB	71	I	34.02	8
3	2 Thure Louwers	HPC	71	O	34.66 PB	7
4	26 Jasper van Gelder	HPC	72	O	36.00	6
5	20 Anne Abbink	DPB	69	I	37.08 PB	5
6	60 Lincoln Kostwinder	HPB	69	O	38.43	4
7	65 Jaap Wiering	HPB	70	O	39.06	3
8	58 Tobias van der Velden	HPD	67	O	41.56	2
9	36 Timo Bennink	HPB	70	I	43.65 FL	1
10	38 Indy van Dieren	DPC	67	I	49.80	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

---

## 12. Race Result HPB 300 meter

---

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

		Name	Cat	PB	Time	Info
67	wt	38 <b>Indy van Dieren</b>	DPC	42.09	<b>49.80</b>	
	rd	58 <b>Tobias van der Velden</b>	HPD	39.89	<b>41.56</b>	
		<u>Indy van Dieren</u>		<u>Tobias van der Velden</u>		
		300m 49.80 (49.80)		300m 41.56 (41.56)		

		Name	Cat	PB	Time	Info
68	yw					
	bl					
		<u>m</u>		<u>m</u>		

		Name	Cat	PB	Time	Info
69	wt	20 <b>Anne Abbink</b>	DPB	38.52	<b>37.08</b>	PB
	rd	60 <b>Lincoln Kostwinder</b>	HPB	36.24	<b>38.43</b>	
		<u>Anne Abbink</u>		<u>Lincoln Kostwinder</u>		
		300m 37.08 (37.08)		300m 38.43 (38.43)		

		Name	Cat	PB	Time	Info
70	yw	36 <b>Timo Bennink</b>	HPB	37.38	<b>43.65</b>	FL
	bl	65 <b>Jaap Wiering</b>	HPB	37.39	<b>39.06</b>	
		<u>Timo Bennink</u>		<u>Jaap Wiering</u>		
		300m 43.65 (43.65)		300m 39.06 (39.06)		

		Name	Cat	PB	Time	Info
71	wt	8 <b>Jasper Drent</b>	HPB	32.67	<b>34.02</b>	
	rd	2 <b>Thure Louwers</b>	HPC	35.04	<b>34.66</b>	PB
		<u>Jasper Drent</u>		<u>Thure Louwers</u>		
		300m 34.02 (34.02)		300m 34.66 (34.66)		

		Name	Cat	PB	Time	Info
72	yw	43 <b>Simon de Olde</b>	HPC	32.54	<b>33.72</b>	
	bl	26 <b>Jasper van Gelder</b>	HPC	35.00	<b>36.00</b>	
		<u>Simon de Olde</u>		<u>Jasper van Gelder</u>		
		300m 33.72 (33.72)		300m 36.00 (36.00)		

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 13. Result team sprint 1e ronde

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	101 DNIJ 5058	T	4	O	1:50.27	
2	102 YSCH 4012	T	2	I	1:52.33	
3	106 DYC 4688	T	3	O	2:01.24	
4	103 STG Koggenland 6802	T	1	O	2:04.33	
5	108 Sportief 4686	T	5	O	2:04.47	
6	110 STG Hoorn 6669	T	4	I	2:09.27	
7	104 Bornse SSV 4011	T	5	I	2:09.28	
8	105 YC Stokvis 4261	T	1	I	2:15.50	
9	109 HIJC 4326	T	2	O	2:18.18	
10	107 SIJE 4612	T	3	I	2:45.64	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 13. Race Result team sprint 1e ronde

		Name	Cat	PB	Time	Info
1	wt	105 YC Stokvis 4261	T		2:15.50	
	rd	103 STG Koggenland 6802	T		2:04.33	
		YC Stokvis 4261		STG Koggenland 6802		
		200m	2:15.50 (135.50)	200m	2:04.33 (124.33)	

		Name	Cat	PB	Time	Info
2	wt	102 YSCH 4012	T		1:52.33	
	rd	109 HIJC 4326	T		2:18.18	
		YSCH 4012		HIJC 4326		
		200m	1:52.33 (112.33)	200m	2:18.18 (138.18)	

		Name	Cat	PB	Time	Info
3	wt	107 SIJE 4612	T		2:45.64	
	rd	106 DYC 4688	T		2:01.24	
		SIJE 4612		DYC 4688		
		200m	2:45.64 (165.64)	200m	2:01.24 (121.24)	

		Name	Cat	PB	Time	Info
4	wt	110 STG Hoorn 6669	T		2:09.27	
	rd	101 DNIJ 5058	T		1:50.27	
		STG Hoorn 6669		DNIJ 5058		
		200m	2:09.27 (129.27)	200m	1:50.27 (110.27)	

		Name	Cat	PB	Time	Info
5	wt	104 Bornse SSV 4011	T		2:09.28	
	rd	108 Sportief 4686	T		2:04.47	
		Bornse SSV 4011		Sportief 4686		
		200m	2:09.28 (129.28)	200m	2:04.47 (124.47)	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 14. Result team sprint 2e ronde

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	101 DNIJ 5058	T	4	I	1:52.09	
2	102 YSCH 4012	T	3	O	2:03.54	
3	105 YC Stokvis 4261	T	1	I	2:09.82	
4	107 SIJE 4612	T	4	O	2:12.38	
5	106 DYC 4688	T	3	I	2:14.27	
6	103 STG Koggenland 6802	T	5	O	2:14.42	
7	104 Bornse SSV 4011	T	1	O	2:22.07	
8	108 Sportief 4686	T	5	I	2:33.86	
9	110 STG Hoorn 6669	T	2	O	2:43.70	
10	109 HIJC 4326	T	2	I	2:54.06	

# Interclub SportiefOost

Sport- en Recreatiecentrum de Scheg - Deventer

23 November 2024

## 14. Race Result team sprint 2e ronde

		Name		Cat		PB		Time	Info
1	wt	105	<b>YC Stokvis 4261</b>		T			<b>2:09.82</b>	
	rd	104	<b>Bornse SSV 4011</b>		T			<b>2:22.07</b>	
		<b>YC Stokvis 4261</b>				<b>Bornse SSV 4011</b>			
		200m	2:09.82	(129.82)		200m	2:22.07	(142.07)	

		Name		Cat		PB		Time	Info
2	wt	109	<b>HIJC 4326</b>		T			<b>2:54.06</b>	
	rd	110	<b>STG Hoorn 6669</b>		T			<b>2:43.70</b>	
		<b>HIJC 4326</b>				<b>STG Hoorn 6669</b>			
		200m	2:54.06	(174.06)		200m	2:43.70	(163.70)	

		Name		Cat		PB		Time	Info
3	wt	106	<b>DYC 4688</b>		T			<b>2:14.27</b>	
	rd	102	<b>YSCH 4012</b>		T			<b>2:03.54</b>	
		<b>DYC 4688</b>				<b>YSCH 4012</b>			
		200m	2:14.27	(134.27)		200m	2:03.54	(123.54)	

		Name		Cat		PB		Time	Info
4	wt	101	<b>DNIJ 5058</b>		T			<b>1:52.09</b>	
	rd	107	<b>SIJE 4612</b>		T			<b>2:12.38</b>	
		<b>DNIJ 5058</b>				<b>SIJE 4612</b>			
		200m	1:52.09	(112.09)		200m	2:12.38	(132.38)	

		Name		Cat		PB		Time	Info
5	wt	108	<b>Sportief 4686</b>		T			<b>2:33.86</b>	
	rd	103	<b>STG Koggenland 6802</b>		T			<b>2:14.42</b>	
		<b>Sportief 4686</b>				<b>STG Koggenland 6802</b>			
		200m	2:33.86	(153.86)		200m	2:14.42	(134.42)	