



Ijsbeercup 3

Ijsbaan Haarlem - Haarlem
14 oktober 2023



1. Uitslag 500 meter pupillen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------------|-----|------|------|-------|------|--------|
| 1 | 27 Lev van den Bosch | HPB | 2 | O | 49.30 | PR | |
| 2 | 28 Mark van Huuksloot Kuilenburg | HPB | 2 | I | 52.85 | PR | |
| 3 | 29 Ella Westerik | DPA | 1 | O | 56.46 | PR | |
| 4 | 30 Evi Ruissen | DPA | 1 | I | 56.93 | PR | |



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1. Rituitslag 500 meter pupillen

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 1 | wt | 30 | Evi Ruissen | | DPA | 58.49 | | 56.93 | PR |
| | rd | 29 | Ella Westerik | | DPA | 58.70 | | 56.46 | PR |
| | | Evi Ruissen | | | Ella Westerik | | | | |
| | | 100m | 14.02 | (14.02) | 100m | 13.62 | (13.62) | | |
| | | 500m | 56.93 | (42.91) | 500m | 56.46 | (42.84) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------------------------|--------------------------------------|---------|--------------------------|-------|---------|--------------|------|
| 2 | gl | 28 | Mark van Huuksloot Kuilenburg | | HPB | 52.95 | | 52.85 | PR |
| | bl | 27 | Lev van den Bosch | | HPB | 51.97 | | 49.30 | PR |
| | | Mark van Huuksloot Kuilenburg | | | Lev van den Bosch | | | | |
| | | 100m | 13.52 | (13.52) | 100m | 13.11 | (13.11) | | |
| | | 500m | 52.85 | (39.33) | 500m | 49.30 | (36.19) | | |



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2. Uitslag 500 meter Ijsberen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 5 Guus van der Hoorn | HC1 | 20 | O | 46.42 | PR | |
| | 6 Ids Witkamp | HC2 | 21 | I | 46.42 | | |
| 3 | 21 Zoë van der Velden | DC1 | 22 | O | 46.70 | | |
| 4 | 22 Ilse van der Velden | DC1 | 19 | I | 47.31 | | |
| 5 | 25 Teun van Nobelen | HC2 | 20 | I | 47.68 | | |
| 6 | 16 Aurelia Groeneveld | DC1 | 19 | O | 47.70 | | |
| 7 | 57 Syb Maarse | HC2 | 22 | I | 47.71 | PR | |
| 8 | 35 Max Barends | HC2 | 18 | I | 47.91 | | |
| 9 | 11 Lou van den Bosch | DC1 | 17 | O | 48.68 | | |
| 10 | 9 Roan Portier | HC1 | 18 | O | 48.74 | PR | |
| 11 | 15 Lianne van Assema | DC2 | 16 | O | 49.05 | | |
| 12 | 38 Mees de Ruijter | HC2 | 15 | O | 49.23 | PR | |
| 13 | 34 Tessel Huizinga | DC1 | 17 | I | 49.83 | | |
| 14 | 3 Carlos Godwaldt | HC1 | 14 | I | 50.47 | | |
| 15 | 13 Marjolein Ooms | DC1 | 16 | I | 50.81 | | |
| 16 | 39 Suzy Kuipers | DC1 | 11 | O | 51.79 | PR | |
| 17 | 8 Timor Portier | HC1 | 15 | I | 51.87 | | |
| 18 | 7 Sven van Wijk | HC1 | 12 | O | 52.14 | PR | |
| 19 | 12 Bente Adema | DC2 | 9 | O | 52.60 | | |
| 20 | 56 Pepijn van de Poll | HC2 | 3 | I | 52.63 | | |
| 21 | 23 Daniel Klijnsma | HC1 | 13 | O | 52.96 | | |
| 22 | 36 Sepp Nauta | HC1 | 11 | I | 53.18 | | |
| 23 | 1 Eline Schmutzer | DC2 | 13 | I | 53.45 | | |
| 24 | 26 Karel Kloek | HC1 | 10 | O | 53.95 | PR | |
| 25 | 20 Floris Fransen | HC1 | 14 | O | 54.12 | | |
| 26 | 19 Siem Braak | HC1 | 10 | I | 54.64 | | |
| 27 | 48 Anne van Zijl | DC1 | 12 | I | 54.71 | | |
| 28 | 18 Sep Jan de Graaff | HC2 | 9 | I | 56.70 | | |
| 29 | 50 Yfke Schleeper | DC1 | 7 | I | 56.83 | | |
| 30 | 58 Sverre Kroes | HC1 | 8 | O | 57.00 | PR | |
| 31 | 14 Thijmen van Schie | HC1 | 7 | O | 57.70 | PR | |
| 32 | 59 Simon Huismans | HC1 | 5 | I | 59.06 | PR | |
| 33 | 33 Tibbe Zwart | HC1 | 5 | O | 59.10 | PR | |
| 34 | 24 Zoe Verhagen | DC2 | 8 | I | 1:01.83 | | |
| 35 | 49 Espen Huijzer | HC1 | 6 | I | 1:02.19 | | |
| 36 | 40 Marijne Spijksma | DC2 | 6 | O | 1:02.69 | PR | |
| 37 | 43 Naomi Bakker | DC1 | 3 | O | 1:15.88 | | |
| | 17 Luc Hogenboom | HC2 | 21 | O | DNS | | |



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2. Rituitslag 500 meter Ijsberen

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------------|---------------------------|---------|---------------------|---------|---------|----------------|------|
| 3 | wt | 56 | Pepijn van de Poll | | HC2 | | | 52.63 | |
| | rd | 43 | Naomi Bakker | | DC1 | 1:13.24 | | 1:15.88 | |
| | | Pepijn van de Poll | | | Naomi Bakker | | | | |
| | | 100m | 14.00 | (14.00) | 100m | 18.07 | (18.07) | | |
| | | 500m | 52.63 | (38.63) | 500m | 1:15.88 | (57.81) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|------|---|-----|--|----|--|------|------|
| 4 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | m | | | | | m | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|--------------------|---------|---------|--------------|------|
| 5 | wt | 59 | Simon Huismans | | HC1 | 1:00.79 | | 59.06 | PR |
| | rd | 33 | Tibbe Zwart | | HC1 | 1:02.45 | | 59.10 | PR |
| | | Simon Huismans | | | Tibbe Zwart | | | | |
| | | 100m | 14.15 | (14.15) | 100m | 14.28 | (14.28) | | |
| | | 500m | 59.06 | (44.91) | 500m | 59.10 | (44.82) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 6 | gl | 49 | Espen Huijzer | | HC1 | 59.68 | | 1:02.19 | |
| | bl | 40 | Marijne Spijksma | | DC2 | 1:04.84 | | 1:02.69 | PR |
| | | Espen Huijzer | | | Marijne Spijksma | | | | |
| | | 100m | 14.41 | (14.41) | 100m | 14.41 | (14.41) | | |
| | | 500m | 1:02.19 | (47.78) | 500m | 1:02.69 | (48.28) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|-----------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 7 | wt | 50 | Yfke Schleeper | | DC1 | 56.44 | | 56.83 | |
| | rd | 14 | Thijmen van Schie | | HC1 | 57.88 | | 57.70 | PR |
| | | Yfke Schleeper | | | Thijmen van Schie | | | | |
| | | 100m | 13.47 | (13.47) | 100m | 13.73 | (13.73) | | |
| | | 500m | 56.83 | (43.36) | 500m | 57.70 | (43.97) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|---------------------|---------------------|---------|---------------------|-------|---------|----------------|------|
| 8 | gl | 24 | Zoe Verhagen | | DC2 | | 57.90 | 1:01.83 | |
| | bl | 58 | Sverre Kroes | | HC1 | | 58.84 | 57.00 | PR |
| | | Zoe Verhagen | | | Sverre Kroes | | | | |
| | | 100m | 15.31 | (15.31) | 100m | 13.72 | (13.72) | | |
| | | 500m | 1:01.83 | (46.52) | 500m | 57.00 | (43.28) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|--------------------|-------|---------|--------------|------|
| 9 | wt | 18 | Sep Jan de Graaff | | HC2 | | 56.37 | 56.70 | |
| | rd | 12 | Bente Adema | | DC2 | | 52.18 | 52.60 | |
| | | Sep Jan de Graaff | | | Bente Adema | | | | |
| | | 100m | 14.11 | (14.11) | 100m | 13.81 | (13.81) | | |
| | | 500m | 56.70 | (42.59) | 500m | 52.60 | (38.79) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------|--------------------|---------|--------------------|-------|---------|--------------|------|
| 10 | gl | 19 | Siem Braak | | HC1 | | 52.86 | 54.64 | |
| | bl | 26 | Karel Kloek | | HC1 | | 54.56 | 53.95 | PR |
| | | Siem Braak | | | Karel Kloek | | | | |
| | | 100m | 13.48 | (13.48) | 100m | 13.57 | (13.57) | | |
| | | 500m | 54.64 | (41.16) | 500m | 53.95 | (40.38) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------------------|---------------------|---------|---------------------|-------|---------|--------------|------|
| 11 | wt | 36 | Sepp Nauta | | HC1 | | 53.05 | 53.18 | |
| | rd | 39 | Suzy Kuipers | | DC1 | | 53.32 | 51.79 | PR |
| | | Sepp Nauta | | | Suzy Kuipers | | | | |
| | | 100m | 13.30 | (13.30) | 100m | 13.29 | (13.29) | | |
| | | 500m | 53.18 | (39.88) | 500m | 51.79 | (38.50) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 12 | gl | 48 | Anne van Zijl | | DC1 | | 53.30 | 54.71 | |
| | bl | 7 | Sven van Wijk | | HC1 | | 52.71 | 52.14 | PR |
| | | Anne van Zijl | | | Sven van Wijk | | | | |
| | | 100m | 13.73 | (13.73) | 100m | 13.36 | (13.36) | | |
| | | 500m | 54.71 | (40.98) | 500m | 52.14 | (38.78) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|------------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 13 | wt | 1 | Eline Schmutzer | | DC2 | | 51.83 | 53.45 | |
| | rd | 23 | Daniel Klijnsma | | HC1 | | 51.48 | 52.96 | |
| | | Eline Schmutzer | | | Daniel Klijnsma | | | | |
| | | 100m | 13.64 | (13.64) | 100m | 13.78 | (13.78) | | |
| | | 500m | 53.45 | (39.81) | 500m | 52.96 | (39.18) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 14 | gl | 3 | Carlos Godwaldt | | HC1 | | 50.61 | 50.47 | |
| | bl | 20 | Floris Fransen | | HC1 | | 52.59 | 54.12 | |
| | | Carlos Godwaldt | | | Floris Fransen | | | | |
| | | 100m | 13.23 | (13.23) | 100m | 14.34 | (14.34) | | |
| | | 500m | 50.47 | (37.24) | 500m | 54.12 | (39.78) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 15 | wt | 8 | Timor Portier | | HC1 | | 50.11 | 51.87 | |
| | rd | 38 | Mees de Ruijter | | HC2 | | 50.45 | 49.23 | PR |
| | | Timor Portier | | | Mees de Ruijter | | | | |
| | | 100m | 12.55 | (12.55) | 100m | 12.43 | (12.43) | | |
| | | 500m | 51.87 | (39.32) | 500m | 49.23 | (36.80) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 16 | gl | 13 | Marjolein Ooms | | DC1 | | 48.76 | 50.81 | |
| | bl | 15 | Lianne van Assema | | DC2 | | 47.06 | 49.05 | |
| | | Marjolein Ooms | | | Lianne van Assema | | | | |
| | | 100m | 13.20 | (13.20) | 100m | 13.41 | (13.41) | | |
| | | 500m | 50.81 | (37.61) | 500m | 49.05 | (35.64) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 17 | wt | 34 | Tessel Huizinga | | DC1 | | 49.38 | 49.83 | |
| | rd | 11 | Lou van den Bosch | | DC1 | | 47.46 | 48.68 | |
| | | Tessel Huizinga | | | Lou van den Bosch | | | | |
| | | 100m | 13.25 | (13.25) | 100m | 12.98 | (12.98) | | |
| | | 500m | 49.83 | (36.58) | 500m | 48.68 | (35.70) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|----------------------------|----------------------------|---------|-----|---------------------------|-------|--------------|------|
| 18 | gl | 35 | Max Barends | | HC2 | | 47.51 | 47.91 | |
| | bl | 9 | Roan Portier | | HC1 | | 49.31 | 48.74 | PR |
| | | Max Barends | | | | Roan Portier | | | |
| | | 100m | 12.48 | (12.48) | | 100m | 12.61 | (12.61) | |
| | | 500m | 47.91 | (35.43) | | 500m | 48.74 | (36.13) | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 19 | wt | 22 | Ilse van der Velden | | DC1 | | 47.15 | 47.31 | |
| | rd | 16 | Aurelia Groeneveld | | DC1 | | 46.89 | 47.70 | |
| | | Ilse van der Velden | | | | Aurelia Groeneveld | | | |
| | | 100m | 12.39 | (12.39) | | 100m | 12.57 | (12.57) | |
| | | 500m | 47.31 | (34.92) | | 500m | 47.70 | (35.13) | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 20 | gl | 25 | Teun van Nobelen | | HC2 | | 47.15 | 47.68 | |
| | bl | 5 | Guus van der Hoorn | | HC1 | | 46.49 | 46.42 | PR |
| | | Teun van Nobelen | | | | Guus van der Hoorn | | | |
| | | 100m | 12.85 | (12.85) | | 100m | 12.55 | (12.55) | |
| | | 500m | 47.68 | (34.83) | | 500m | 46.42 | (33.87) | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 21 | wt | 6 | Ids Witkamp | | HC2 | | 45.97 | 46.42 | |
| | rd | 17 | Luc Hogenboom | | HC2 | | 43.60 | DNS | |
| | | Ids Witkamp | | | | Luc Hogenboom | | | |
| | | 100m | 12.30 | (12.30) | | | | | |
| | | 500m | 46.42 | (34.12) | | | | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 22 | gl | 57 | Syb Maarse | | HC2 | | 47.10 | 47.71 | PR |
| | bl | 21 | Zoë van der Velden | | DC1 | | 46.83 | 46.70 | |
| | | Syb Maarse | | | | Zoë van der Velden | | | |
| | | 100m | 12.69 | (12.69) | | 100m | 12.38 | (12.38) | |
| | | 500m | 47.71 | (35.02) | | 500m | 46.70 | (34.32) | |



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3. Uitslag 500 meter overige rijders

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|-------|------|--------|
| 1 | 31 Bob van Nobelen | HSB | 28 | O | 42.00 | | |
| 2 | 44 Frans Verhoeve | H55 | 27 | O | 43.26 | | |
| 3 | 55 Cas Middelkoop | HB1 | 28 | I | 44.39 | PR | |
| 4 | 51 Luuk van Dijk | HN1 | 23 | O | 44.93 | | |
| 5 | 32 Ciska de Ree | DSB | 26 | O | 48.17 | | |
| 6 | 54 Hein Smit | HB1 | 25 | O | 48.39 | PR | |
| 7 | 47 Pim Braak | HB1 | 25 | I | 48.74 | | |
| 8 | 41 Milou Lammerts | DN1 | 26 | I | 52.71 | | |
| 9 | 37 Wende Heeremans | DB1 | 23 | I | 52.80 | PR | |
| | 42 Danny Witkamp | H55 | 27 | I | DNF | | |



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3. Rituitslag 500 meter overige rijders

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|---------|--------------|------|
| 23 | wt | 37 | Wende Heeremans | | DB1 | | 52.93 | 52.80 | PR |
| | rd | 51 | Luuk van Dijk | | HN1 | | | 44.93 | |
| | | <u>Wende Heeremans</u> | | | <u>Luuk van Dijk</u> | | | | |
| | | 100m | 14.04 | (14.04) | 100m | 12.15 | (12.15) | | |
| | | 500m | 52.80 | (38.76) | 500m | 44.93 | (32.78) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|---|-----|---|----|--|------|------|
| 24 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | m | | m | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------------------|------------------|---------|------------------|-------|---------|--------------|------|
| 25 | wt | 47 | Pim Braak | | HB1 | | 47.59 | 48.74 | |
| | rd | 54 | Hein Smit | | HB1 | | 48.60 | 48.39 | PR |
| | | <u>Pim Braak</u> | | | <u>Hein Smit</u> | | | | |
| | | 100m | 12.70 | (12.70) | 100m | 12.85 | (12.85) | | |
| | | 500m | 48.74 | (36.04) | 500m | 48.39 | (35.54) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|---------|--------------|------|
| 26 | gl | 41 | Milou Lammerts | | DN1 | | 50.29 | 52.71 | |
| | bl | 32 | Ciska de Ree | | DSB | | 46.60 | 48.17 | |
| | | <u>Milou Lammerts</u> | | | <u>Ciska de Ree</u> | | | | |
| | | 100m | 13.54 | (13.54) | 100m | 12.66 | (12.66) | | |
| | | 500m | 52.71 | (39.17) | 500m | 48.17 | (35.51) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|----------------------|-----------------------|-----|-----------------------|-------|---------|--------------|------|
| 27 | wt | 42 | Danny Witkamp | | H55 | | 41.40 | DNF | |
| | rd | 44 | Frans Verhoeve | | H55 | | 40.44 | 43.26 | |
| | | <u>Danny Witkamp</u> | | | <u>Frans Verhoeve</u> | | | | |
| | | | | | 100m | 11.71 | (11.71) | | |
| | | | | | 500m | 43.26 | (31.55) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 28 | gl | 55 | Cas Middelkoop | | HB1 | | 45.43 | 44.39 | PR |
| | bl | 31 | Bob van Nobelen | | HSB | | 40.43 | 42.00 | |
| | | Cas Middelkoop | | | Bob van Nobelen | | | | |
| | | 100m | 11.88 | (11.88) | 100m | 11.24 | (11.24) | | |
| | | 500m | 44.39 | (32.51) | 500m | 42.00 | (30.76) | | |



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4. Uitslag 1500 meter pupillen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------------|-----|------|------|---------|------|--------|
| 1 | 27 Lev van den Bosch | HPB | 30 | O | 2:36.00 | | |
| 2 | 28 Mark van Huuksloot Kuilenburg | HPB | 30 | I | 2:45.55 | | |
| 3 | 30 Evi Ruissen | DPA | 29 | I | 3:05.06 | | |
| 4 | 29 Ella Westerik | DPA | 29 | O | 3:13.70 | | |



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4. Rituitslag 1500 meter pupillen

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----------------|----|----------------|------|
| 29 | wt | 30 Evi Ruissen | DPA | | 3:05.06 | |
| | rd | 29 Ella Westerik | DPA | | 3:13.70 | |
| | | Evi Ruissen | | | | |
| | | 300m | 37.13 (37.13) | | | |
| | | 700m | 1:26.84 (49.71) | | | |
| | | 1100m | 2:16.03 (49.19) | | | |
| | | 1500m | 3:05.06 (49.03) | | | |
| | | Ella Westerik | | | | |
| | | 300m | 37.96 (37.96) | | | |
| | | 700m | 1:27.45 (49.49) | | | |
| | | 1100m | 2:20.05 (52.60) | | | |
| | | 1500m | 3:13.70 (53.65) | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---|-----------------|----|----------------|------|
| 30 | gl | 28 Mark van Huuksloot Kuilenburg | HPB | | 2:45.55 | |
| | bl | 27 Lev van den Bosch | HPB | | 2:36.00 | |
| | | Mark van Huuksloot Kuilenburg | | | | |
| | | 300m | 34.23 (34.23) | | | |
| | | 700m | 1:16.86 (42.63) | | | |
| | | 1100m | 2:00.67 (43.81) | | | |
| | | 1500m | 2:45.55 (44.88) | | | |
| | | Lev van den Bosch | | | | |
| | | 300m | 34.15 (34.15) | | | |
| | | 700m | 1:13.77 (39.62) | | | |
| | | 1100m | 1:54.81 (41.04) | | | |
| | | 1500m | 2:36.00 (41.19) | | | |



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5. Uitslag 1500 meter Ijsberen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1 | 25 Teun van Nobelen | HC2 | 48 | O | 2:20.51 | PR | |
| 2 | 6 Ids Witkamp | HC2 | 49 | I | 2:24.89 | | |
| 3 | 35 Max Barends | HC2 | 45 | I | 2:25.46 | PR | |
| 4 | 34 Tessel Huizinga | DC1 | 46 | I | 2:27.64 | | |
| 5 | 15 Lianne van Assema | DC2 | 46 | O | 2:28.05 | | |
| 6 | 22 Ilse van der Velden | DC1 | 47 | I | 2:30.32 | PR | |
| 7 | 3 Carlos Godwaldt | HC1 | 44 | I | 2:30.73 | PR | |
| 8 | 5 Guus van der Hoorn | HC1 | 48 | I | 2:31.70 | | |
| 9 | 21 Zoë van der Velden | DC1 | 50 | O | 2:31.75 | PR | |
| 10 | 11 Lou van den Bosch | DC1 | 45 | O | 2:33.57 | | |
| 11 | 16 Aurelia Groeneveld | DC1 | 47 | O | 2:33.86 | PR | |
| 12 | 13 Marjolein Ooms | DC1 | 44 | O | 2:39.37 | PR | |
| 13 | 9 Roan Portier | HC1 | 43 | O | 2:42.73 | PR | |
| 14 | 56 Pepijn van de Poll | HC2 | 31 | I | 2:44.11 | | |
| 15 | 20 Floris Fransen | HC1 | 42 | I | 2:45.25 | | |
| 16 | 36 Sepp Nauta | HC1 | 42 | O | 2:45.29 | PR | |
| 17 | 1 Eline Schmutzer | DC2 | 41 | O | 2:48.31 | | |
| 18 | 38 Mees de Ruijter | HC2 | 43 | I | 2:48.58 | HT | |
| | 39 Suzy Kuipers | DC1 | 41 | I | 2:48.58 | | |
| 20 | 12 Bente Adema | DC2 | 39 | O | 2:51.00 | | |
| 21 | 26 Karel Kloek | HC1 | 38 | O | 2:53.69 | | |
| 22 | 8 Timor Portier | HC1 | 40 | O | 2:55.20 | | |
| 23 | 19 Siem Braak | HC1 | 40 | I | 2:55.56 | PR | |
| 24 | 7 Sven van Wijk | HC1 | 38 | I | 2:58.71 | | |
| 25 | 48 Anne van Zijl | DC1 | 37 | I | 3:01.71 | PR | |
| 26 | 50 Yfke Schleeper | DC1 | 37 | O | 3:04.14 | PR | |
| 27 | 58 Sverre Kroes | HC1 | 35 | O | 3:05.80 | | |
| 28 | 18 Sep Jan de Graaff | HC2 | 36 | O | 3:08.17 | | |
| 29 | 14 Thijmen van Schie | HC1 | 36 | I | 3:13.48 | | |
| 30 | 59 Simon Huismans | HC1 | 33 | O | 3:14.01 | | |
| 31 | 33 Tibbe Zwart | HC1 | 33 | I | 3:15.39 | | |
| 32 | 24 Zoe Verhagen | DC2 | 35 | I | 3:28.50 | | |
| 33 | 49 Espen Huijzer | HC1 | 34 | O | 3:37.56 | | |
| 34 | 40 Marijne Spijksma | DC2 | 34 | I | 3:43.42 | | |
| 35 | 43 Naomi Bakker | DC1 | 31 | O | 4:00.18 | | |
| | 57 Syb Maarse | HC2 | 49 | O | DNF | | |
| | 23 Daniel Klijnsma | HC1 | 39 | I | DQ | | |
| | 17 Luc Hogenboom | HC2 | 50 | I | DNS | | |



Ijsbeercup 3

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5. Rituitslag 1500 meter IJsberen

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------------|---------|---------------------------|-----------------------|---------|---------|----------------|------|
| 31 | wt | 56 | | Pepijn van de Poll | | HC2 | | 2:44.11 | |
| | rd | 43 | | Naomi Bakker | | DC1 | | 4:00.18 | |
| | | Pepijn van de Poll | | | Naomi Bakker | | | | |
| | | 300m | 34.35 | (34.35) | 300m | 48.89 | (48.89) | | |
| | | 700m | 1:15.13 | (40.78) | 700m | 1:50.90 | (62.01) | | |
| | | 1100m | 1:59.27 | (44.14) | 1100m | 2:55.94 | (65.04) | | |
| | | 1500m | 2:44.11 | (44.84) | 1500m | 4:00.18 | (64.24) | | |
| | | m | | | m | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 32 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | m | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 33 | wt | 33 | | Tibbe Zwart | | HC1 | | 3:15.39 | |
| | rd | 59 | | Simon Huismans | | HC1 | | 3:14.01 | |
| | | Tibbe Zwart | | | Simon Huismans | | | | |
| | | 300m | 40.50 | (40.50) | 300m | 41.83 | (41.83) | | |
| | | 700m | 1:31.57 | (51.07) | 700m | 1:32.32 | (50.49) | | |
| | | 1100m | 2:23.25 | (51.68) | 1100m | 2:24.58 | (52.26) | | |
| | | 1500m | 3:15.39 | (52.14) | 1500m | 3:14.01 | (49.43) | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 34 | gl | 40 | | Marijne Spijksma | | DC2 | | 3:43.42 | |
| | bl | 49 | | Espen Huijzer | | HC1 | | 3:37.56 | |
| | | Marijne Spijksma | | | Espen Huijzer | | | | |
| | | 300m | 42.57 | (42.57) | 300m | 42.37 | (42.37) | | |
| | | 700m | 1:39.79 | (57.22) | 700m | 1:37.30 | (54.93) | | |
| | | 1100m | 2:41.38 | (61.59) | 1100m | 2:38.65 | (61.35) | | |
| | | 1500m | 3:43.42 | (62.04) | 1500m | 3:37.56 | (58.91) | | |



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| | | Naam | | | Cat | | | PR | Tijd | Info |
|-------|----|--------------------------|--------------------------|---------|--------------------------|---------|---------|---------|----------------|------|
| 35 | wt | 24 | Zoe Verhagen | | DC2 | | | 3:08.87 | 3:28.50 | |
| | rd | 58 | Sverre Kroes | | HC1 | | | | 3:05.80 | |
| | | Zoe Verhagen | | | Sverre Kroes | | | | | |
| | | 300m | 41.22 | (41.22) | 300m | 36.91 | (36.91) | | | |
| | | 700m | 1:35.67 | (54.45) | 700m | 1:24.20 | (47.29) | | | |
| | | 1100m | 2:32.03 | (56.36) | 1100m | 2:14.71 | (50.51) | | | |
| | | 1500m | 3:28.50 | (56.47) | 1500m | 3:05.80 | (51.09) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 36 | gl | 14 | Thijmen van Schie | | HC1 | | | | 3:13.48 | |
| | bl | 18 | Sep Jan de Graaff | | HC2 | | | 3:07.08 | 3:08.17 | |
| | | Thijmen van Schie | | | Sep Jan de Graaff | | | | | |
| | | 300m | 36.92 | (36.92) | 300m | 37.85 | (37.85) | | | |
| | | 700m | 1:27.75 | (50.83) | 700m | 1:26.08 | (48.23) | | | |
| | | 1100m | 2:20.33 | (52.58) | 1100m | 2:18.23 | (52.15) | | | |
| | | 1500m | 3:13.48 | (53.15) | 1500m | 3:08.17 | (49.94) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 37 | wt | 48 | Anne van Zijl | | DC1 | | | 3:10.44 | 3:01.71 | PR |
| | rd | 50 | Yfke Schleeper | | DC1 | | | 3:13.63 | 3:04.14 | PR |
| | | Anne van Zijl | | | Yfke Schleeper | | | | | |
| | | 300m | 36.57 | (36.57) | 300m | 38.76 | (38.76) | | | |
| | | 700m | 1:21.78 | (45.21) | 700m | 1:25.85 | (47.09) | | | |
| | | 1100m | 2:10.43 | (48.65) | 1100m | 2:15.08 | (49.23) | | | |
| | | 1500m | 3:01.71 | (51.28) | 1500m | 3:04.14 | (49.06) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 38 | gl | 7 | Sven van Wijk | | HC1 | | | | 2:58.71 | |
| | bl | 26 | Karel Kloek | | HC1 | | | | 2:53.69 | |
| | | Sven van Wijk | | | Karel Kloek | | | | | |
| | | 300m | 35.68 | (35.68) | 300m | 36.44 | (36.44) | | | |
| | | 700m | 1:22.77 | (47.09) | 700m | 1:21.27 | (44.83) | | | |
| | | 1100m | 2:10.02 | (47.25) | 1100m | 2:08.20 | (46.93) | | | |
| | | 1500m | 2:58.71 | (48.69) | 1500m | 2:53.69 | (45.49) | | | |



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| | | Naam | Cat | PR | Tijd | Info |
|-------|----|---------------------------|-----|-----------------------|------------------------|-------------------|
| 39 | wt | 23 Daniel Klijnsma | HC1 | 2:40.60 | | DQ |
| | rd | 12 Bente Adema | DC2 | 2:45.23 | | 2:51.00 |
| | | Daniel Klijnsma | | | Bente Adema | |
| | | 300m 47.10 (47.10) | | 300m 35.49 (35.49) | | |
| | | 700m 1:32.86 (45.76) | | 700m 1:19.29 (43.80) | | |
| | | 1100m 2:20.31 (47.45) | | 1100m 2:05.85 (46.56) | | |
| | | 1500m 3:06.19 (45.88) | | 1500m 2:51.00 (45.15) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 40 | gl | 19 Siem Braak | HC1 | 3:09.81 | | 2:55.56 PR |
| | bl | 8 Timor Portier | HC1 | 2:45.62 | | 2:55.20 |
| | | Siem Braak | | | Timor Portier | |
| | | 300m 35.82 (35.82) | | 300m 35.75 (35.75) | | |
| | | 700m 1:21.43 (45.61) | | 700m 1:21.54 (45.79) | | |
| | | 1100m 2:09.13 (47.70) | | 1100m 2:10.63 (49.09) | | |
| | | 1500m 2:55.56 (46.43) | | 1500m 2:55.20 (44.57) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 41 | wt | 39 Suzy Kuipers | DC1 | | | 2:48.58 |
| | rd | 1 Eline Schmutzer | DC2 | 2:47.72 | | 2:48.31 |
| | | Suzy Kuipers | | | Eline Schmutzer | |
| | | 300m 34.58 (34.58) | | 300m 35.25 (35.25) | | |
| | | 700m 1:18.99 (44.41) | | 700m 1:18.81 (43.56) | | |
| | | 1100m 2:04.68 (45.69) | | 1100m 2:05.31 (46.50) | | |
| | | 1500m 2:48.58 (43.90) | | 1500m 2:48.31 (43.00) | | |
| <hr/> | | | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 42 | gl | 20 Floris Fransen | HC1 | | | 2:45.25 |
| | bl | 36 Sepp Nauta | HC1 | 2:47.25 | | 2:45.29 PR |
| | | Floris Fransen | | | Sepp Nauta | |
| | | 300m 35.53 (35.53) | | 300m 34.71 (34.71) | | |
| | | 700m 1:18.14 (42.61) | | 700m 1:17.64 (42.93) | | |
| | | 1100m 2:02.64 (44.50) | | 1100m 2:02.72 (45.08) | | |
| | | 1500m 2:45.25 (42.61) | | 1500m 2:45.29 (42.57) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|------------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 43 | wt | 38 | Mees de Ruijter | | HC2 | | | 2:48.58 | HT |
| | rd | 9 | Roan Portier | | HC1 | 2:46.74 | | 2:42.73 | PR |
| | | Mees de Ruijter | | | Roan Portier | | | | |
| | | 300m | 33.64 | (33.64) | 300m | 33.60 | (33.60) | | |
| | | 700m | 1:15.81 | (42.17) | 700m | 1:14.30 | (40.70) | | |
| | | 1100m | 2:01.52 | (45.71) | 1100m | 1:58.83 | (44.53) | | |
| | | 1500m | 2:48.58 | (47.06) | 1500m | 2:42.73 | (43.90) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 44 | gl | 3 | Carlos Godwaldt | | HC1 | 2:31.11 | | 2:30.73 | PR |
| | bl | 13 | Marjolein Ooms | | DC1 | 2:40.47 | | 2:39.37 | PR |
| | | Carlos Godwaldt | | | Marjolein Ooms | | | | |
| | | 300m | 32.84 | (32.84) | 300m | 34.17 | (34.17) | | |
| | | 700m | 1:12.65 | (39.81) | 700m | 1:14.46 | (40.29) | | |
| | | 1100m | 1:52.37 | (39.72) | 1100m | 1:56.47 | (42.01) | | |
| | | 1500m | 2:30.73 | (38.36) | 1500m | 2:39.37 | (42.90) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 45 | wt | 35 | Max Barends | | HC2 | 2:30.05 | | 2:25.46 | PR |
| | rd | 11 | Lou van den Bosch | | DC1 | 2:32.54 | | 2:33.57 | |
| | | Max Barends | | | Lou van den Bosch | | | | |
| | | 300m | 30.59 | (30.59) | 300m | 32.55 | (32.55) | | |
| | | 700m | 1:06.28 | (35.69) | 700m | 1:12.35 | (39.80) | | |
| | | 1100m | 1:45.08 | (38.80) | 1100m | 1:53.32 | (40.97) | | |
| | | 1500m | 2:25.46 | (40.38) | 1500m | 2:33.57 | (40.25) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 46 | gl | 34 | Tessel Huizinga | | DC1 | 2:25.14 | | 2:27.64 | |
| | bl | 15 | Lianne van Assema | | DC2 | 2:23.15 | | 2:28.05 | |
| | | Tessel Huizinga | | | Lianne van Assema | | | | |
| | | 300m | 32.17 | (32.17) | 300m | 33.28 | (33.28) | | |
| | | 700m | 1:11.12 | (38.95) | 700m | 1:10.56 | (37.28) | | |
| | | 1100m | 1:49.48 | (38.36) | 1100m | 1:50.04 | (39.48) | | |
| | | 1500m | 2:27.64 | (38.16) | 1500m | 2:28.05 | (38.01) | | |



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| | | Naam | | Cat | | PR | | Tijd | Info |
|-------|----|----------------------------|----------------------------|---------|---------------------------|---------|---------|----------------|------|
| 47 | wt | 22 | Ilse van der Velden | | DC1 | | 2:32.87 | 2:30.32 | PR |
| | rd | 16 | Aurelia Groeneveld | | DC1 | | 2:36.40 | 2:33.86 | PR |
| | | Ilse van der Velden | | | Aurelia Groeneveld | | | | |
| | | 300m | 30.76 | (30.76) | 300m | 31.43 | (31.43) | | |
| | | 700m | 1:09.75 | (38.99) | 700m | 1:09.58 | (38.15) | | |
| | | 1100m | 1:50.09 | (40.34) | 1100m | 1:51.44 | (41.86) | | |
| | | 1500m | 2:30.32 | (40.23) | 1500m | 2:33.86 | (42.42) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 48 | gl | 5 | Guus van der Hoorn | | HC1 | | 2:29.96 | 2:31.70 | |
| | bl | 25 | Teun van Nobelen | | HC2 | | 2:21.94 | 2:20.51 | PR |
| | | Guus van der Hoorn | | | Teun van Nobelen | | | | |
| | | 300m | 31.82 | (31.82) | 300m | 31.19 | (31.19) | | |
| | | 700m | 1:10.99 | (39.17) | 700m | 1:07.66 | (36.47) | | |
| | | 1100m | 1:52.81 | (41.82) | 1100m | 1:44.51 | (36.85) | | |
| | | 1500m | 2:31.70 | (38.89) | 1500m | 2:20.51 | (36.00) | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 49 | wt | 6 | Ids Witkamp | | HC2 | | 2:22.83 | 2:24.89 | |
| | rd | 57 | Syb Maarse | | HC2 | | 2:28.21 | DNF | |
| | | Ids Witkamp | | | Syb Maarse | | | | |
| | | 300m | 30.11 | (30.11) | 300m | 31.22 | (31.22) | | |
| | | 700m | 1:07.16 | (37.05) | | | | | |
| | | 1100m | 1:45.41 | (38.25) | | | | | |
| | | 1500m | 2:24.89 | (39.48) | | | | | |
| <hr/> | | | | | | | | | |
| | | Naam | | Cat | | PR | | Tijd | Info |
| 50 | gl | 17 | Luc Hogenboom | | HC2 | | 2:21.38 | DNS | |
| | bl | 21 | Zoë van der Velden | | DC1 | | 2:32.51 | 2:31.75 | PR |
| | | Luc Hogenboom | | | Zoë van der Velden | | | | |
| | | | | 300m | 30.93 | (30.93) | | | |
| | | | | 700m | 1:09.61 | (38.68) | | | |
| | | | | 1100m | 1:51.31 | (41.70) | | | |
| | | | | 1500m | 2:31.75 | (40.44) | | | |



Ijsbeercup 3

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6. Uitslag 1500 meter overige rijders

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|----------------|------|--------|
| 1 | 31 Bob van Nobelen | HSB | 55 | I | 2:11.39 | | |
| 2 | 44 Frans Verhoeve | H55 | 56 | I | 2:17.89 | | |
| 3 | 42 Danny Witkamp | H55 | 56 | O | 2:20.11 | | |
| 4 | 51 Luuk van Dijk | HN1 | 51 | I | 2:24.66 | | |
| 5 | 55 Cas Middelkoop | HB1 | 51 | O | 2:26.94 | | |
| 6 | 32 Ciska de Ree | DSB | 55 | O | 2:31.55 | | |
| 7 | 47 Pim Braak | HB1 | 54 | O | 2:36.01 | | |
| 8 | 54 Hein Smit | HB1 | 53 | I | 2:36.49 | | |
| 9 | 37 Wende Heeremans | DB1 | 54 | I | 2:36.79 | PR | |



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Ijsbaan Haarlem - Haarlem

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6. Rituitslag 1500 meter overige rijders

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----------------------|---------|---------|---------|----------------|-----------------|
| 51 | wt | 51 | | Luuk van Dijk | | HN1 | | 2:24.66 | |
| | rd | 55 | | Cas Middelkoop | | HB1 | 2:24.76 | 2:26.94 | |
| | | | | Luuk van Dijk | | | | | |
| | | | | 300m | 28.89 | (28.89) | | 300m | 30.64 (30.64) |
| | | | | 700m | 1:04.30 | (35.41) | | 700m | 1:08.16 (37.52) |
| | | | | 1100m | 1:42.76 | (38.46) | | 1100m | 1:48.39 (40.23) |
| | | | | 1500m | 2:24.66 | (41.90) | | 1500m | 2:26.94 (38.55) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 52 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | | m | | | | m | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|------------------|---------|---------|---------|----------------|------|
| 53 | wt | 54 | | Hein Smit | | HB1 | 2:34.94 | 2:36.49 | |
| | rd | | | | | | | | |
| | | | | Hein Smit | | | | | |
| | | | | 300m | 31.94 | (31.94) | | m | |
| | | | | 700m | 1:11.79 | (39.85) | | | |
| | | | | 1100m | 1:54.18 | (42.39) | | | |
| | | | | 1500m | 2:36.49 | (42.31) | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|------------------------|---------|---------|---------|----------------|-----------------|
| 54 | gl | 37 | | Wende Heeremans | | DB1 | 2:37.89 | 2:36.79 | PR |
| | bl | 47 | | Pim Braak | | HB1 | 2:33.56 | 2:36.01 | |
| | | | | Wende Heeremans | | | | | |
| | | | | 300m | 33.75 | (33.75) | | 300m | 32.05 (32.05) |
| | | | | 700m | 1:13.33 | (39.58) | | 700m | 1:11.14 (39.09) |
| | | | | 1100m | 1:54.59 | (41.26) | | 1100m | 1:53.36 (42.22) |
| | | | | 1500m | 2:36.79 | (42.20) | | 1500m | 2:36.01 (42.65) |



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| | | Naam | | | Cat | | | PR | Tijd | Info |
|-------|----|------------------------|------------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 55 | wt | 31 | Bob van Nobelen | | HSB | | | 2:05.52 | 2:11.39 | |
| | rd | 32 | Ciska de Ree | | DSB | | | 2:24.10 | 2:31.55 | |
| | | Bob van Nobelen | | | Ciska de Ree | | | | | |
| | | 300m | 28.38 | (28.38) | 300m | 31.38 | (31.38) | | | |
| | | 700m | 1:01.59 | (33.21) | 700m | 1:08.57 | (37.19) | | | |
| | | 1100m | 1:35.95 | (34.36) | 1100m | 1:48.94 | (40.37) | | | |
| | | 1500m | 2:11.39 | (35.44) | 1500m | 2:31.55 | (42.61) | | | |
| <hr/> | | | | | | | | | | |
| | | Naam | | | Cat | | | PR | Tijd | Info |
| 56 | gl | 44 | Frans Verhoeve | | H55 | | | 1:59.82 | 2:17.89 | |
| | bl | 42 | Danny Witkamp | | H55 | | | 1:57.80 | 2:20.11 | |
| | | Frans Verhoeve | | | Danny Witkamp | | | | | |
| | | 300m | 28.89 | (28.89) | 300m | 31.00 | (31.00) | | | |
| | | 700m | 1:03.74 | (34.85) | 700m | 1:05.78 | (34.78) | | | |
| | | 1100m | 1:40.16 | (36.42) | 1100m | 1:42.67 | (36.89) | | | |
| | | 1500m | 2:17.89 | (37.73) | 1500m | 2:20.11 | (37.44) | | | |



Ijsbeercup 3

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7. Uitslag Extra 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------|-----|------|------|---------|------|--------|
| 1 | 3 Carlos Godwaldt | HC1 | 59 | I | 1:43.71 | | |
| 2 | 1 Eline Schmutzer | DC2 | 60 | I | 1:46.93 | PR | |
| 3 | 39 Suzy Kuipers | DC1 | 60 | O | 1:48.43 | | |
| 4 | 20 Floris Fransen | HC1 | 59 | O | 1:54.56 | | |



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7. Rituitslag Extra 1000 meter

| | Naam | Cat | PR | Tijd | Info |
|----|----------|-----|----|------|------|
| 57 | wt rd | | | | |
| | | m | | m | |

| | Naam | Cat | PR | Tijd | Info |
|----|----------|-----|----|------|------|
| 58 | gl bl | | | | |
| | | m | | m | |

| | Naam | Cat | PR | Tijd | Info |
|----|------------------------|--------------------------|-------|-----------------|----------------|
| 59 | wt | 3 Carlos Godwaldt | HC1 | 1:40.93 | 1:43.71 |
| | rd | 20 Floris Fransen | HC1 | 1:47.22 | 1:54.56 |
| | Carlos Godwaldt | Floris Fransen | | | |
| | 200m | 23.13 (23.13) | 200m | 25.18 (25.18) | |
| | 600m | 1:02.69 (39.56) | 600m | 1:09.10 (43.92) | |
| | 1000m | 1:43.71 (41.02) | 1000m | 1:54.56 (45.46) | |

| | Naam | Cat | PR | Tijd | Info |
|----|------------------------|--------------------------|-------|-----------------|-------------------|
| 60 | gl | 1 Eline Schmutzer | DC2 | 1:49.22 | 1:46.93 PR |
| | bl | 39 Suzy Kuipers | DC1 | 1:47.83 | 1:48.43 |
| | Eline Schmutzer | Suzy Kuipers | | | |
| | 200m | 23.62 (23.62) | 200m | 23.94 (23.94) | |
| | 600m | 1:04.41 (40.79) | 600m | 1:05.09 (41.15) | |
| | 1000m | 1:46.93 (42.52) | 1000m | 1:48.43 (43.34) | |



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8. Uitslag Extra 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------|-----|------|------|----------------|------|--------|
| 1 | 42 Danny Witkamp | H55 | 64 | I | 4:58.68 | | |
| 2 | 52 Ruben Molenaar | HB1 | 63 | I | 5:03.18 | PR | |
| 3 | 55 Cas Middelkoop | HB1 | 63 | O | 5:12.42 | PR | |
| 4 | 53 Leanne Molenaar | DN2 | 64 | O | 5:32.14 | | |
| 5 | 54 Hein Smit | HB1 | 61 | O | 5:38.95 | PR | |
| 6 | 60 Xander Terstal | HN1 | 61 | I | 5:44.14 | | |



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8. Rituitslag Extra 3000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|------------------|---------|---------|----------------|------|
| 61 | wt | 60 | Xander Terstal | | HN1 | 5:36.65 | | 5:44.14 | |
| | rd | 54 | Hein Smit | | HB1 | 5:42.60 | | 5:38.95 | PR |
| | | Xander Terstal | | | Hein Smit | | | | |
| | | 200m | 24.17 | (24.17) | 200m | 25.27 | (25.27) | | |
| | | 600m | 1:05.15 | (40.98) | 600m | 1:08.19 | (42.92) | | |
| | | 1000m | 1:48.73 | (43.58) | 1000m | 1:53.53 | (45.34) | | |
| | | 1400m | 2:34.04 | (45.31) | 1400m | 2:39.44 | (45.91) | | |
| | | 1800m | 3:20.28 | (46.24) | 1800m | 3:25.76 | (46.32) | | |
| | | 2200m | 4:08.35 | (48.07) | 2200m | 4:11.20 | (45.44) | | |
| | | 2600m | 4:55.61 | (47.26) | 2600m | 4:56.23 | (45.03) | | |
| | | 3000m | 5:44.14 | (48.53) | 3000m | 5:38.95 | (42.72) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|---|----|--|------|------|
| 62 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | m | | | m | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 63 | wt | 52 | Ruben Molenaar | | HB1 | 5:20.66 | | 5:03.18 | PR |
| | rd | 55 | Cas Middelkoop | | HB1 | 5:25.19 | | 5:12.42 | PR |
| | | Ruben Molenaar | | | Cas Middelkoop | | | | |
| | | 200m | 22.31 | (22.31) | 200m | 23.05 | (23.05) | | |
| | | 600m | 1:00.94 | (38.63) | 600m | 1:02.27 | (39.22) | | |
| | | 1000m | 1:40.52 | (39.58) | 1000m | 1:42.69 | (40.42) | | |
| | | 1400m | 2:20.29 | (39.77) | 1400m | 2:25.24 | (42.55) | | |
| | | 1800m | 3:00.78 | (40.49) | 1800m | 3:08.30 | (43.06) | | |
| | | 2200m | 3:41.48 | (40.70) | 2200m | 3:51.36 | (43.06) | | |
| | | 2600m | 4:22.73 | (41.25) | 2600m | 4:33.45 | (42.09) | | |
| | | 3000m | 5:03.18 | (40.45) | 3000m | 5:12.42 | (38.97) | | |



Ijsbeercup 3

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| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 64 | gl | 42 Danny Witkamp | H55 | 4:10.68 | 4:58.68 | |
| | bl | 53 Leanne Molenaar | DN2 | 5:13.96 | 5:32.14 | |

Danny Witkamp

| | | |
|-------|---------|---------|
| 200m | 24.38 | (24.38) |
| 600m | 1:03.62 | (39.24) |
| 1000m | 1:43.66 | (40.04) |
| 1400m | 2:23.49 | (39.83) |
| 1800m | 3:02.44 | (38.95) |
| 2200m | 3:41.23 | (38.79) |
| 2600m | 4:19.86 | (38.63) |
| 3000m | 4:58.68 | (38.82) |

Leanne Molenaar

| | | |
|-------|---------|---------|
| 200m | 24.75 | (24.75) |
| 600m | 1:06.49 | (41.74) |
| 1000m | 1:49.39 | (42.90) |
| 1400m | 2:32.92 | (43.53) |
| 1800m | 3:18.71 | (45.79) |
| 2200m | 4:03.03 | (44.32) |
| 2600m | 4:47.65 | (44.62) |
| 3000m | 5:32.14 | (44.49) |