

## 1. Uitslag 500 meter

| Pos | Naam                               | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|------------------------------------|-----|------|------|-------|------|--------|
| 1   | 1 Matteo van Schajik               | HA1 | 2    | I    | 38.70 |      |        |
| 2   | 37 Bart Valentijn                  | HSA | 4    | O    | 38.86 |      |        |
| 3   | 28 Daan de Graaf                   | HB2 | 2    | O    | 39.35 |      |        |
| 4   | 53 Jelmer de Winter                | HA1 | 1    | O    | 39.85 |      |        |
| 5   | 14 Samuel de Bie                   | HB2 | 3    | I    | 40.20 |      |        |
| 6   | 36 Loic Crielaers                  | HB1 | 1    | I    | 40.28 |      |        |
| 7   | 9 Lars van Ipenburg                | HB1 | 4    | I    | 40.55 |      |        |
| 8   | 5 Lars Groenheiden                 | HB1 | 3    | O    | 41.53 |      |        |
| 9   | 24 Kian Baard                      | HB1 | 5    | O    | 41.62 |      |        |
| 10  | 16 Jesse van Buren                 | HB2 | 6    | I    | 41.77 |      |        |
| 11  | 6 Onne van Miltenburg              | HB1 | 5    | I    | 41.86 |      |        |
| 12  | 54 Tess Postma                     | DA2 | 7    | I    | 42.21 |      |        |
| 13  | 22 Christiaan Smit                 | HSA | 6    | O    | 42.78 |      |        |
| 14  | 26 Jurre Leijen                    | HC1 | 8    | I    | 43.67 | HT   |        |
| 15  | 2 Valerie Vinken                   | DA1 | 8    | O    | 44.13 | HT   |        |
| 16  | 25 Sjaak de Boer                   | HC2 | 11   | O    | 44.53 | PR   |        |
| 17  | 48 Bram Bos                        | HN1 | 9    | I    | 45.21 |      |        |
| 18  | 18 Gerard Hagoort                  | H45 | 10   | O    | 45.28 |      |        |
| 19  | 13 Meggie Verbakel                 | DC1 | 9    | O    | 45.54 | PR   |        |
| 20  | 33 Peter Kuiper                    | H40 | 13   | I    | 45.58 | PR   |        |
| 21  | 8 Diede Brandts                    | DB1 | 10   | I    | 45.92 |      |        |
| 22  | 38 Moully Delfgaauw                | HC2 | 12   | O    | 45.94 |      |        |
| 23  | 23 Johan Sonneveld                 | HSA | 11   | I    | 46.79 |      |        |
| 24  | 29 Tirza Blokland                  | DB1 | 14   | I    | 46.98 |      |        |
| 25  | 20 Sophie van Oosterom             | DB1 | 18   | O    | 47.81 | PR   |        |
| 26  | 34 Foeke Gieskes                   | HC2 | 15   | I    | 47.89 | PR   |        |
| 27  | 35 Jonathan Rijken                 | HC1 | 14   | O    | 47.91 |      |        |
| 28  | 11 Sara de Wolf                    | DC1 | 15   | O    | 47.97 |      |        |
| 29  | 7 Renzo Wessels                    | HB2 | 13   | O    | 48.02 |      |        |
| 30  | 3 Jikke van Hövell tot Westerflier | DC2 | 16   | I    | 48.79 |      |        |
| 31  | 41 Jort Lion                       | HC1 | 18   | I    | 48.94 |      |        |
| 32  | 17 Tirsa Hagoort                   | DB1 | 22   | O    | 50.05 | PR   |        |
| 33  | 40 Mathijs van Ravenhorst          | HC1 | 19   | O    | 50.52 |      |        |
| 34  | 50 Nanne Kabel                     | DC2 | 20   | O    | 50.69 |      |        |
| 35  | 49 Timon Sandker                   | HC1 | 17   | O    | 51.40 |      |        |
| 36  | 55 Tessa van der Sande             | DC1 | 20   | I    | 51.70 |      |        |
| 37  | 44 Arie Griffioen                  | HSB | 22   | I    | 51.90 | PR   |        |
| 38  | 30 Isabel Verhaegh                 | DSA | 19   | I    | 53.55 |      |        |

| Pos | Naam                 | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 39  | 19 Johan Smit        | H65 | 21   | O    | 54.00   |      |        |
| 40  | 42 Elise Blokland    | DC1 | 21   | I    | 54.78   |      |        |
| 41  | 51 Koen Pleizier     | HB1 | 16   | O    | 56.27   | FL   |        |
| 42  | 47 Charlotte Mooij   | DPB | 23   | I    | 57.10   | PR   |        |
| 43  | 39 Evi Verlaan       | DC2 | 23   | O    | 59.33   |      |        |
| 44  | 21 Auke Baan-hofman  | HC1 | 24   | I    | 1:30.89 | FL   |        |
|     | 43 Boaz Zwaneveld    | HB1 | 17   | I    | DNF     |      |        |
|     | 31 David Leguit      | HB1 | 7    | O    | DQ      |      |        |
|     | 46 Timo van Dommelen | HB1 | 12   | I    | DNS     |      |        |

## 1. Rituitslag 500 meter

|   |    | Naam                  |                         | Cat     |                         | PR    | Tijd         | Info |
|---|----|-----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 1 | wt | 36                    | <b>Loic Crielaers</b>   |         | HB1                     | 39.61 | <b>40.28</b> |      |
|   | rd | 53                    | <b>Jelmer de Winter</b> |         | HA1                     | 39.08 | <b>39.85</b> |      |
|   |    | <b>Loic Crielaers</b> |                         |         | <b>Jelmer de Winter</b> |       |              |      |
|   |    | 100m                  | 10.89                   | (10.89) | 100m                    | 10.66 | (10.66)      |      |
|   |    | 500m                  | 40.28                   | (29.39) | 500m                    | 39.85 | (29.19)      |      |

|   |    | Naam                      |                           | Cat     |                      | PR    | Tijd         | Info |
|---|----|---------------------------|---------------------------|---------|----------------------|-------|--------------|------|
| 2 | gl | 1                         | <b>Matteo van Schajik</b> |         | HA1                  | 38.18 | <b>38.70</b> |      |
|   | bl | 28                        | <b>Daan de Graaf</b>      |         | HB2                  | 38.95 | <b>39.35</b> |      |
|   |    | <b>Matteo van Schajik</b> |                           |         | <b>Daan de Graaf</b> |       |              |      |
|   |    | 100m                      | 10.72                     | (10.72) | 100m                 | 10.66 | (10.66)      |      |
|   |    | 500m                      | 38.70                     | (27.98) | 500m                 | 39.35 | (28.69)      |      |

|   |    | Naam                 |                         | Cat     |                         | PR    | Tijd         | Info |
|---|----|----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 3 | wt | 14                   | <b>Samuel de Bie</b>    |         | HB2                     | 40.04 | <b>40.20</b> |      |
|   | rd | 5                    | <b>Lars Groenheiden</b> |         | HB1                     | 40.66 | <b>41.53</b> |      |
|   |    | <b>Samuel de Bie</b> |                         |         | <b>Lars Groenheiden</b> |       |              |      |
|   |    | 100m                 | 11.19                   | (11.19) | 100m                    | 11.28 | (11.28)      |      |
|   |    | 500m                 | 40.20                   | (29.01) | 500m                    | 41.53 | (30.25)      |      |

|   |    | Naam                     |                          | Cat     |                       | PR    | Tijd         | Info |
|---|----|--------------------------|--------------------------|---------|-----------------------|-------|--------------|------|
| 4 | gl | 9                        | <b>Lars van Ipenburg</b> |         | HB1                   | 40.24 | <b>40.55</b> |      |
|   | bl | 37                       | <b>Bart Valentijn</b>    |         | HSA                   | 37.84 | <b>38.86</b> |      |
|   |    | <b>Lars van Ipenburg</b> |                          |         | <b>Bart Valentijn</b> |       |              |      |
|   |    | 100m                     | 11.30                    | (11.30) | 100m                  | 10.64 | (10.64)      |      |
|   |    | 500m                     | 40.55                    | (29.25) | 500m                  | 38.86 | (28.22)      |      |

|   |    | Naam                       |                            | Cat     |                   | PR    | Tijd         | Info |
|---|----|----------------------------|----------------------------|---------|-------------------|-------|--------------|------|
| 5 | wt | 6                          | <b>Onne van Miltenburg</b> |         | HB1               | 41.21 | <b>41.86</b> |      |
|   | rd | 24                         | <b>Kian Baard</b>          |         | HB1               | 40.73 | <b>41.62</b> |      |
|   |    | <b>Onne van Miltenburg</b> |                            |         | <b>Kian Baard</b> |       |              |      |
|   |    | 100m                       | 11.70                      | (11.70) | 100m              | 11.43 | (11.43)      |      |
|   |    | 500m                       | 41.86                      | (30.16) | 500m              | 41.62 | (30.19)      |      |

|       |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
|-------|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|
| 6     | gl | 16                     | <b>Jesse van Buren</b> |         | HB2                    | 40.68 | <b>41.77</b> |      |
|       | bl | 22                     | <b>Christiaan Smit</b> |         | HSA                    | 41.90 | <b>42.78</b> |      |
|       |    | <b>Jesse van Buren</b> |                        |         | <b>Christiaan Smit</b> |       |              |      |
|       |    | 100m                   | 11.58                  | (11.58) | 100m                   | 11.58 | (11.58)      |      |
|       |    | 500m                   | 41.77                  | (30.19) | 500m                   | 42.78 | (31.20)      |      |
| <hr/> |    |                        |                        |         |                        |       |              |      |
|       |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
| 7     | wt | 54                     | <b>Tess Postma</b>     |         | DA2                    | 41.50 | <b>42.21</b> |      |
|       | rd | 31                     | <b>David Leguit</b>    |         | HB1                    | 42.62 | <b>DQ</b>    |      |
|       |    | <b>Tess Postma</b>     |                        |         | <b>David Leguit</b>    |       |              |      |
|       |    | 100m                   | 11.53                  | (11.53) |                        |       |              |      |
|       |    | 500m                   | 42.21                  | (30.68) |                        |       |              |      |
| <hr/> |    |                        |                        |         |                        |       |              |      |
|       |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
| 8     | gl | 26                     | <b>Jurre Leijen</b>    |         | HC1                    | 43.69 | <b>43.67</b> | HT   |
|       | bl | 2                      | <b>Valerie Vinken</b>  |         | DA1                    | 43.71 | <b>44.13</b> | HT   |
|       |    | <b>Jurre Leijen</b>    |                        |         | <b>Valerie Vinken</b>  |       |              |      |
|       |    | 100m                   | 11.41                  | (11.41) | 100m                   | 12.13 | (12.13)      |      |
|       |    | 500m                   | 43.67                  | (32.26) | 500m                   | 44.13 | (32.00)      |      |
| <hr/> |    |                        |                        |         |                        |       |              |      |
|       |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
| 9     | wt | 48                     | <b>Bram Bos</b>        |         | HN1                    | 44.63 | <b>45.21</b> |      |
|       | rd | 13                     | <b>Meggie Verbakel</b> |         | DC1                    | 45.56 | <b>45.54</b> | PR   |
|       |    | <b>Bram Bos</b>        |                        |         | <b>Meggie Verbakel</b> |       |              |      |
|       |    | 100m                   | 12.20                  | (12.20) | 100m                   | 12.31 | (12.31)      |      |
|       |    | 500m                   | 45.21                  | (33.01) | 500m                   | 45.54 | (33.23)      |      |
| <hr/> |    |                        |                        |         |                        |       |              |      |
|       |    | Naam                   |                        | Cat     |                        | PR    | Tijd         | Info |
| 10    | gl | 8                      | <b>Diede Brandts</b>   |         | DB1                    | 44.05 | <b>45.92</b> |      |
|       | bl | 18                     | <b>Gerard Hagoort</b>  |         | H45                    | 41.29 | <b>45.28</b> |      |
|       |    | <b>Diede Brandts</b>   |                        |         | <b>Gerard Hagoort</b>  |       |              |      |
|       |    | 100m                   | 12.64                  | (12.64) | 100m                   | 12.27 | (12.27)      |      |
|       |    | 500m                   | 45.92                  | (33.28) | 500m                   | 45.28 | (33.01)      |      |

|    |    | Naam                     |                          |         | Cat                    | PR    | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|-------|--------------|------|
| 11 | wt | 23                       | <b>Johan Sonneveld</b>   |         | HSA                    | 46.62 | <b>46.79</b> |      |
|    | rd | 25                       | <b>Sjaak de Boer</b>     |         | HC2                    | 45.75 | <b>44.53</b> | PR   |
|    |    | <u>Johan Sonneveld</u>   |                          |         | <u>Sjaak de Boer</u>   |       |              |      |
|    |    | 100m                     | 12.51                    | (12.51) | 100m                   | 11.58 | (11.58)      |      |
|    |    | 500m                     | 46.79                    | (34.28) | 500m                   | 44.53 | (32.95)      |      |
|    |    | Naam                     |                          |         | Cat                    | PR    | Tijd         | Info |
| 12 | gl | 46                       | <b>Timo van Dommelen</b> |         | HB1                    | 45.95 | <b>DNS</b>   |      |
|    | bl | 38                       | <b>Mouly Delfgaauw</b>   |         | HC2                    | 45.87 | <b>45.94</b> |      |
|    |    | <u>Timo van Dommelen</u> |                          |         | <u>Mouly Delfgaauw</u> |       |              |      |
|    |    | 100m                     |                          |         | 100m                   | 12.04 | (12.04)      |      |
|    |    | 500m                     |                          |         | 500m                   | 45.94 | (33.90)      |      |
|    |    | Naam                     |                          |         | Cat                    | PR    | Tijd         | Info |
| 13 | wt | 33                       | <b>Peter Kuiper</b>      |         | H40                    | 46.60 | <b>45.58</b> | PR   |
|    | rd | 7                        | <b>Renzo Wessels</b>     |         | HB2                    | 46.93 | <b>48.02</b> |      |
|    |    | <u>Peter Kuiper</u>      |                          |         | <u>Renzo Wessels</u>   |       |              |      |
|    |    | 100m                     | 12.23                    | (12.23) | 100m                   | 12.52 | (12.52)      |      |
|    |    | 500m                     | 45.58                    | (33.35) | 500m                   | 48.02 | (35.50)      |      |
|    |    | Naam                     |                          |         | Cat                    | PR    | Tijd         | Info |
| 14 | gl | 29                       | <b>Tirza Blokland</b>    |         | DB1                    | 46.64 | <b>46.98</b> |      |
|    | bl | 35                       | <b>Jonathan Rijken</b>   |         | HC1                    | 46.63 | <b>47.91</b> |      |
|    |    | <u>Tirza Blokland</u>    |                          |         | <u>Jonathan Rijken</u> |       |              |      |
|    |    | 100m                     | 12.68                    | (12.68) | 100m                   | 12.52 | (12.52)      |      |
|    |    | 500m                     | 46.98                    | (34.30) | 500m                   | 47.91 | (35.39)      |      |
|    |    | Naam                     |                          |         | Cat                    | PR    | Tijd         | Info |
| 15 | wt | 34                       | <b>Foeke Gieskes</b>     |         | HC2                    | 48.72 | <b>47.89</b> | PR   |
|    | rd | 11                       | <b>Sara de Wolf</b>      |         | DC1                    | 47.12 | <b>47.97</b> |      |
|    |    | <u>Foeke Gieskes</u>     |                          |         | <u>Sara de Wolf</u>    |       |              |      |
|    |    | 100m                     | 12.90                    | (12.90) | 100m                   | 13.08 | (13.08)      |      |
|    |    | 500m                     | 47.89                    | (34.99) | 500m                   | 47.97 | (34.89)      |      |

|    |    | Naam                             |                                  |         | Cat                    | PR    | Tijd         | Info |
|----|----|----------------------------------|----------------------------------|---------|------------------------|-------|--------------|------|
| 16 | gl | 3                                | Jikke van Hövell tot Westerfliet |         | DC2                    | 48.54 | <b>48.79</b> |      |
|    | bl | 51                               | Koen Pleizier                    |         | HB1                    | 48.45 | <b>56.27</b> | FL   |
|    |    | Jikke van Hövell tot Westerfliet |                                  |         | Koen Pleizier          |       |              |      |
|    |    | 100m                             | 13.13                            | (13.13) | 100m                   | 12.46 | (12.46)      |      |
|    |    | 500m                             | 48.79                            | (35.66) | 500m                   | 56.27 | (43.81)      |      |
|    |    | Naam                             |                                  |         | Cat                    | PR    | Tijd         | Info |
| 17 | wt | 43                               | Boaz Zwaneveld                   |         | HB1                    | 48.99 | <b>DNF</b>   |      |
|    | rd | 49                               | Timon Sandker                    |         | HC1                    | 49.94 | <b>51.40</b> |      |
|    |    | Boaz Zwaneveld                   |                                  |         | Timon Sandker          |       |              |      |
|    |    | 100m                             | 12.80                            | (12.80) | 100m                   | 13.40 | (13.40)      |      |
|    |    |                                  |                                  |         | 500m                   | 51.40 | (38.00)      |      |
|    |    | Naam                             |                                  |         | Cat                    | PR    | Tijd         | Info |
| 18 | gl | 41                               | Jort Lion                        |         | HC1                    | 48.74 | <b>48.94</b> |      |
|    | bl | 20                               | Sophie van Oosterom              |         | DB1                    | 48.85 | <b>47.81</b> | PR   |
|    |    | Jort Lion                        |                                  |         | Sophie van Oosterom    |       |              |      |
|    |    | 100m                             | 12.60                            | (12.60) | 100m                   | 13.04 | (13.04)      |      |
|    |    | 500m                             | 48.94                            | (36.34) | 500m                   | 47.81 | (34.77)      |      |
|    |    | Naam                             |                                  |         | Cat                    | PR    | Tijd         | Info |
| 19 | wt | 30                               | Isabel Verhaegh                  |         | DSA                    | 50.38 | <b>53.55</b> |      |
|    | rd | 40                               | Mathijs van Ravenhorst           |         | HC1                    | 50.22 | <b>50.52</b> |      |
|    |    | Isabel Verhaegh                  |                                  |         | Mathijs van Ravenhorst |       |              |      |
|    |    | 100m                             | 13.71                            | (13.71) | 100m                   | 12.99 | (12.99)      |      |
|    |    | 500m                             | 53.55                            | (39.84) | 500m                   | 50.52 | (37.53)      |      |
|    |    | Naam                             |                                  |         | Cat                    | PR    | Tijd         | Info |
| 20 | gl | 55                               | Tessa van der Sande              |         | DC1                    | 50.57 | <b>51.70</b> |      |
|    | bl | 50                               | Nanne Kabel                      |         | DC2                    | 49.30 | <b>50.69</b> |      |
|    |    | Tessa van der Sande              |                                  |         | Nanne Kabel            |       |              |      |
|    |    | 100m                             | 13.32                            | (13.32) | 100m                   | 13.36 | (13.36)      |      |
|    |    | 500m                             | 51.70                            | (38.38) | 500m                   | 50.69 | (37.33)      |      |

|    |    | Naam                  |                       |         | Cat               |       |         | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-------------------|-------|---------|-------|--------------|------|
| 21 | wt | 42                    | <b>Elise Blokland</b> |         | DC1               |       |         | 54.05 | <b>54.78</b> |      |
|    | rd | 19                    | <b>Johan Smit</b>     |         | H65               |       |         | 47.45 | <b>54.00</b> |      |
|    |    | <b>Elise Blokland</b> |                       |         | <b>Johan Smit</b> |       |         |       |              |      |
|    |    | 100m                  | 14.55                 | (14.55) | 100m              | 14.15 | (14.15) |       |              |      |
|    |    | 500m                  | 54.78                 | (40.23) | 500m              | 54.00 | (39.85) |       |              |      |

|    |    | Naam                  |                       |         | Cat                  |       |         | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|-------|--------------|------|
| 22 | gl | 44                    | <b>Arie Griffioen</b> |         | HSB                  |       |         | 53.90 | <b>51.90</b> | PR   |
|    | bl | 17                    | <b>Tirsa Hagoort</b>  |         | DB1                  |       |         | 50.66 | <b>50.05</b> | PR   |
|    |    | <b>Arie Griffioen</b> |                       |         | <b>Tirsa Hagoort</b> |       |         |       |              |      |
|    |    | 100m                  | 13.93                 | (13.93) | 100m                 | 13.32 | (13.32) |       |              |      |
|    |    | 500m                  | 51.90                 | (37.97) | 500m                 | 50.05 | (36.73) |       |              |      |

|    |    | Naam                   |                        |         | Cat                |       |         | PR      | Tijd         | Info |
|----|----|------------------------|------------------------|---------|--------------------|-------|---------|---------|--------------|------|
| 23 | wt | 47                     | <b>Charlotte Mooij</b> |         | DPB                |       |         | 1:01.36 | <b>57.10</b> | PR   |
|    | rd | 39                     | <b>Evi Verlaan</b>     |         | DC2                |       |         | 56.03   | <b>59.33</b> |      |
|    |    | <b>Charlotte Mooij</b> |                        |         | <b>Evi Verlaan</b> |       |         |         |              |      |
|    |    | 100m                   | 13.83                  | (13.83) | 100m               | 15.24 | (15.24) |         |              |      |
|    |    | 500m                   | 57.10                  | (43.27) | 500m               | 59.33 | (44.09) |         |              |      |

|    |    | Naam                    |                         |         | Cat |  |  | PR    | Tijd           | Info |
|----|----|-------------------------|-------------------------|---------|-----|--|--|-------|----------------|------|
| 24 | gl | 21                      | <b>Auke Baan-hofman</b> |         | HC1 |  |  | 55.74 | <b>1:30.89</b> | FL   |
|    | bl |                         |                         |         |     |  |  |       |                |      |
|    |    | <b>Auke Baan-hofman</b> |                         |         |     |  |  |       |                |      |
|    |    | 100m                    | 13.95                   | (13.95) | m   |  |  |       |                |      |
|    |    | 500m                    | 1:30.89                 | (76.94) |     |  |  |       |                |      |

## 2. Uitslag 700 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 1 Matteo van Schajik      | HA1 | 25   | O    | 54.28   | PR   |        |
| 2   | 28 Daan de Graaf          | HB2 | 26   | O    | 54.52   | PR   |        |
| 3   | 53 Jelmer de Winter       | HA1 | 33   | I    | 54.72   | PR   |        |
| 4   | 14 Samuel de Bie          | HB2 | 26   | I    | 56.42   | PR   |        |
| 5   | 25 Sjaak de Boer          | HC2 | 28   | O    | 1:03.33 | PR   |        |
| 6   | 18 Gerard Hagoort         | H45 | 25   | I    | 1:04.68 |      |        |
| 7   | 34 Foeke Gieskes          | HC2 | 32   | I    | 1:06.94 | PR   |        |
| 8   | 51 Koen Pleizier          | HB1 | 35   | O    | 1:07.52 |      |        |
| 9   | 50 Nanne Kabel            | DC2 | 34   | I    | 1:09.66 | PR   |        |
| 10  | 41 Jort Lion              | HC1 | 29   | O    | 1:10.00 | PR   |        |
| 11  | 17 Tirsa Hagoort          | DB1 | 27   | I    | 1:10.29 | PR   |        |
| 12  | 40 Mathijs van Ravenhorst | HC1 | 27   | O    | 1:10.66 | PR   |        |
| 13  | 44 Arie Griffioen         | HSB | 36   | I    | 1:11.76 |      |        |
| 14  | 49 Timon Sandker          | HC1 | 28   | I    | 1:12.96 |      |        |
| 15  | 55 Tessa van der Sande    | DC1 | 29   | I    | 1:14.07 | PR   |        |
| 16  | 19 Johan Smit             | H65 | 30   | I    | 1:15.54 |      |        |
| 17  | 42 Elise Blokland         | DC1 | 30   | O    | 1:17.14 |      |        |
| 18  | 39 Evi Verlaan            | DC2 | 31   | I    | 1:20.07 |      |        |
| 19  | 47 Charlotte Mooij        | DPB | 35   | I    | 1:20.28 |      |        |
| 20  | 21 Auke Baan-hofman       | HC1 | 31   | O    | 1:23.56 |      |        |
|     | 30 Isabel Verhaegh        | DSA | 32   | O    | DNF     |      |        |
|     | 36 Loic Crielaers         | HB1 | 33   | O    | DNF     |      |        |
|     | 43 Boaz Zwaneveld         | HB1 | 34   | O    | DNS     |      |        |



## 2. Rituitslag 700 meter

|    |    | Naam |                           | Cat     |         | PR   | Tijd                      | Info            |
|----|----|------|---------------------------|---------|---------|------|---------------------------|-----------------|
| 25 | wt | 18   | <b>Gerard Hagoort</b>     |         | H45     |      | 1:02.09                   | <b>1:04.68</b>  |
|    | rd | 1    | <b>Matteo van Schajik</b> |         | HA1     |      | 1:03.90                   | <b>54.28 PR</b> |
|    |    |      | <b>Gerard Hagoort</b>     |         |         |      | <b>Matteo van Schajik</b> |                 |
|    |    |      | 300m                      | 29.97   | (29.97) | 300m | 25.61                     | (25.61)         |
|    |    |      | 700m                      | 1:04.68 | (34.71) | 700m | 54.28                     | (28.67)         |

|    |    | Naam |                      | Cat   |         | PR   | Tijd                 | Info            |
|----|----|------|----------------------|-------|---------|------|----------------------|-----------------|
| 26 | gl | 14   | <b>Samuel de Bie</b> |       | HB2     |      | 1:03.84              | <b>56.42 PR</b> |
|    | bl | 28   | <b>Daan de Graaf</b> |       | HB2     |      | 56.10                | <b>54.52 PR</b> |
|    |    |      | <b>Samuel de Bie</b> |       |         |      | <b>Daan de Graaf</b> |                 |
|    |    |      | 300m                 | 26.37 | (26.37) | 300m | 25.36                | (25.36)         |
|    |    |      | 700m                 | 56.42 | (30.05) | 700m | 54.52                | (29.16)         |

|    |    | Naam |                               | Cat     |         | PR   | Tijd                          | Info              |
|----|----|------|-------------------------------|---------|---------|------|-------------------------------|-------------------|
| 27 | wt | 17   | <b>Tirsa Hagoort</b>          |         | DB1     |      | 1:12.53                       | <b>1:10.29 PR</b> |
|    | rd | 40   | <b>Mathijs van Ravenhorst</b> |         | HC1     |      | 1:11.53                       | <b>1:10.66 PR</b> |
|    |    |      | <b>Tirsa Hagoort</b>          |         |         |      | <b>Mathijs van Ravenhorst</b> |                   |
|    |    |      | 300m                          | 31.82   | (31.82) | 300m | 32.12                         | (32.12)           |
|    |    |      | 700m                          | 1:10.29 | (38.47) | 700m | 1:10.66                       | (38.54)           |

|    |    | Naam |                      | Cat     |         | PR   | Tijd                 | Info              |
|----|----|------|----------------------|---------|---------|------|----------------------|-------------------|
| 28 | gl | 49   | <b>Timon Sandker</b> |         | HC1     |      | 1:12.53              | <b>1:12.96</b>    |
|    | bl | 25   | <b>Sjaak de Boer</b> |         | HC2     |      | 1:07.40              | <b>1:03.33 PR</b> |
|    |    |      | <b>Timon Sandker</b> |         |         |      | <b>Sjaak de Boer</b> |                   |
|    |    |      | 300m                 | 33.43   | (33.43) | 300m | 28.56                | (28.56)           |
|    |    |      | 700m                 | 1:12.96 | (39.53) | 700m | 1:03.33              | (34.77)           |

|    |    | Naam |                            | Cat     |         | PR   | Tijd             | Info              |
|----|----|------|----------------------------|---------|---------|------|------------------|-------------------|
| 29 | wt | 55   | <b>Tessa van der Sande</b> |         | DC1     |      | 1:16.92          | <b>1:14.07 PR</b> |
|    | rd | 41   | <b>Jort Lion</b>           |         | HC1     |      | 1:13.15          | <b>1:10.00 PR</b> |
|    |    |      | <b>Tessa van der Sande</b> |         |         |      | <b>Jort Lion</b> |                   |
|    |    |      | 300m                       | 33.70   | (33.70) | 300m | 31.39            | (31.39)           |
|    |    |      | 700m                       | 1:14.07 | (40.37) | 700m | 1:10.00          | (38.61)           |

|       |    | Naam                    |                         | Cat     |                         | PR      | Tijd    | Info              |
|-------|----|-------------------------|-------------------------|---------|-------------------------|---------|---------|-------------------|
| 30    | gl | 19                      | <b>Johan Smit</b>       |         | H65                     |         | 1:07.78 | <b>1:15.54</b>    |
|       | bl | 42                      | <b>Elise Blokland</b>   |         | DC1                     |         | 1:16.08 | <b>1:17.14</b>    |
|       |    | <u>Johan Smit</u>       |                         |         | <u>Elise Blokland</u>   |         |         |                   |
|       |    | 300m                    | 34.52                   | (34.52) | 300m                    | 36.10   | (36.10) |                   |
|       |    | 700m                    | 1:15.54                 | (41.02) | 700m                    | 1:17.14 | (41.04) |                   |
| <hr/> |    |                         |                         |         |                         |         |         |                   |
|       |    | Naam                    |                         | Cat     |                         | PR      | Tijd    | Info              |
| 31    | wt | 39                      | <b>Evi Verlaan</b>      |         | DC2                     |         | 1:18.86 | <b>1:20.07</b>    |
|       | rd | 21                      | <b>Auke Baan-hofman</b> |         | HC1                     |         | 1:19.41 | <b>1:23.56</b>    |
|       |    | <u>Evi Verlaan</u>      |                         |         | <u>Auke Baan-hofman</u> |         |         |                   |
|       |    | 300m                    | 36.17                   | (36.17) | 300m                    | 36.89   | (36.89) |                   |
|       |    | 700m                    | 1:20.07                 | (43.90) | 700m                    | 1:23.56 | (46.67) |                   |
| <hr/> |    |                         |                         |         |                         |         |         |                   |
|       |    | Naam                    |                         | Cat     |                         | PR      | Tijd    | Info              |
| 32    | gl | 34                      | <b>Foeke Gieskes</b>    |         | HC2                     |         | 1:17.42 | <b>1:06.94</b> PR |
|       | bl | 30                      | <b>Isabel Verhaegh</b>  |         | DSA                     |         | 1:20.46 | <b>DNF</b>        |
|       |    | <u>Foeke Gieskes</u>    |                         |         | <u>Isabel Verhaegh</u>  |         |         |                   |
|       |    | 300m                    | 31.27                   | (31.27) | 300m                    | 34.01   | (34.01) |                   |
|       |    | 700m                    | 1:06.94                 | (35.67) |                         |         |         |                   |
| <hr/> |    |                         |                         |         |                         |         |         |                   |
|       |    | Naam                    |                         | Cat     |                         | PR      | Tijd    | Info              |
| 33    | wt | 53                      | <b>Jelmer de Winter</b> |         | HA1                     |         | 1:28.71 | <b>54.72</b> PR   |
|       | rd | 36                      | <b>Loic Crielaers</b>   |         | HB1                     |         | 1:22.34 | <b>DNF</b>        |
|       |    | <u>Jelmer de Winter</u> |                         |         | <u>Loic Crielaers</u>   |         |         |                   |
|       |    | 300m                    | 25.30                   | (25.30) |                         |         |         |                   |
|       |    | 700m                    | 54.72                   | (29.42) |                         |         |         |                   |
| <hr/> |    |                         |                         |         |                         |         |         |                   |
|       |    | Naam                    |                         | Cat     |                         | PR      | Tijd    | Info              |
| 34    | gl | 50                      | <b>Nanne Kabel</b>      |         | DC2                     |         | 1:21.74 | <b>1:09.66</b> PR |
|       | bl | 43                      | <b>Boaz Zwaneveld</b>   |         | HB1                     |         | 1:24.44 | <b>DNS</b>        |
|       |    | <u>Nanne Kabel</u>      |                         |         | <u>Boaz Zwaneveld</u>   |         |         |                   |
|       |    | 300m                    | 32.27                   | (32.27) |                         |         |         |                   |
|       |    | 700m                    | 1:09.66                 | (37.39) |                         |         |         |                   |

|    |    | Naam                   |                        | Cat     |                      | PR      | Tijd           | Info |
|----|----|------------------------|------------------------|---------|----------------------|---------|----------------|------|
| 35 | wt | 47                     | <b>Charlotte Mooij</b> |         | DPB                  |         | <b>1:20.28</b> |      |
|    | rd | 51                     | <b>Koen Pleizier</b>   |         | HB1                  |         | <b>1:07.52</b> |      |
|    |    | <b>Charlotte Mooij</b> |                        |         | <b>Koen Pleizier</b> |         |                |      |
|    |    | 300m                   | 35.09                  | (35.09) | 300m                 | 30.98   | (30.98)        |      |
|    |    | 700m                   | 1:20.28                | (45.19) | 700m                 | 1:07.52 | (36.54)        |      |

|    |    | Naam                  |                       | Cat     |     | PR | Tijd           | Info |
|----|----|-----------------------|-----------------------|---------|-----|----|----------------|------|
| 36 | gl | 44                    | <b>Arie Griffioen</b> |         | HSB |    | <b>1:11.76</b> |      |
|    | bl |                       |                       |         |     |    |                |      |
|    |    | <b>Arie Griffioen</b> |                       |         |     |    |                |      |
|    |    | 300m                  | 34.04                 | (34.04) | m   |    |                |      |
|    |    | 700m                  | 1:11.76               | (37.72) |     |    |                |      |

## 3. Uitslag 1500 meter

| Pos | Naam                               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------------------|-----|------|------|---------|------|--------|
| 1   | 24 Kian Baard                      | HB1 | 38   | O    | 2:03.88 |      |        |
| 2   | 9 Lars van Ipenburg                | HB1 | 37   | O    | 2:04.86 |      |        |
| 3   | 16 Jesse van Buren                 | HB2 | 38   | I    | 2:05.75 |      |        |
| 4   | 6 Onne van Miltenburg              | HB1 | 40   | I    | 2:05.77 |      |        |
| 5   | 5 Lars Groenheiden                 | HB1 | 37   | I    | 2:06.73 |      |        |
| 6   | 31 David Leguit                    | HB1 | 41   | O    | 2:15.41 | PR   |        |
| 7   | 2 Valerie Vinken                   | DA1 | 39   | I    | 2:17.95 |      |        |
| 8   | 38 Mouly Delfgaauw                 | HC2 | 44   | I    | 2:19.72 | PR   |        |
| 9   | 8 Diede Brandts                    | DB1 | 40   | O    | 2:20.92 |      |        |
| 10  | 33 Peter Kuiper                    | H40 | 43   | O    | 2:24.27 | PR   |        |
| 11  | 26 Jurre Leijen                    | HC1 | 44   | O    | 2:25.18 | PR   |        |
| 12  | 7 Renzo Wessels                    | HB2 | 42   | I    | 2:27.07 |      |        |
| 13  | 29 Tirza Blokland                  | DB1 | 43   | I    | 2:27.84 |      |        |
| 14  | 13 Meggie Verbakel                 | DC1 | 42   | O    | 2:28.50 |      |        |
| 15  | 11 Sara de Wolf                    | DC1 | 41   | I    | 2:28.81 |      |        |
| 16  | 20 Sophie van Oosterom             | DB1 | 45   | I    | 2:29.45 | PR   |        |
| 17  | 35 Jonathan Rijken                 | HC1 | 45   | O    | 2:31.03 |      |        |
| 18  | 3 Jikke van Hövell tot Westerflief | DC2 | 46   | O    | 2:36.40 | PR   |        |
|     | 54 Tess Postma                     | DA2 | 39   | O    | DNS     |      |        |
|     | 46 Timo van Dommelen               | HB1 | 46   | I    | DNS     |      |        |

## 3. Rituitslag 1500 meter

|    |    | Naam                       |                          | Cat     |                          | PR      | Tijd           | Info |
|----|----|----------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 37 | wt | 5                          | <b>Lars Groenheiden</b>  |         | HB1                      | 1:59.91 | <b>2:06.73</b> |      |
|    | rd | 9                          | <b>Lars van Ipenburg</b> |         | HB1                      | 1:59.17 | <b>2:04.86</b> |      |
|    |    | <b>Lars Groenheiden</b>    |                          |         | <b>Lars van Ipenburg</b> |         |                |      |
|    |    | 300m                       | 27.62                    | (27.62) | 300m                     | 26.64   | (26.64)        |      |
|    |    | 700m                       | 59.76                    | (32.14) | 700m                     | 57.62   | (30.98)        |      |
|    |    | 1100m                      | 1:33.14                  | (33.38) | 1100m                    | 1:30.65 | (33.03)        |      |
|    |    | 1500m                      | 2:06.73                  | (33.59) | 1500m                    | 2:04.86 | (34.21)        |      |
|    |    | <b>Jesse van Buren</b>     |                          |         | <b>Kian Baard</b>        |         |                |      |
|    |    | 300m                       | 27.60                    | (27.60) | 300m                     | 27.00   | (27.00)        |      |
|    |    | 700m                       | 59.16                    | (31.56) | 700m                     | 57.87   | (30.87)        |      |
|    |    | 1100m                      | 1:32.04                  | (32.88) | 1100m                    | 1:30.17 | (32.30)        |      |
|    |    | 1500m                      | 2:05.75                  | (33.71) | 1500m                    | 2:03.88 | (33.71)        |      |
|    |    | <b>Valerie Vinken</b>      |                          |         | <b>Tess Postma</b>       |         |                |      |
|    |    | 300m                       | 29.60                    | (29.60) |                          |         |                |      |
|    |    | 700m                       | 1:04.26                  | (34.66) |                          |         |                |      |
|    |    | 1100m                      | 1:40.62                  | (36.36) |                          |         |                |      |
|    |    | 1500m                      | 2:17.95                  | (37.33) |                          |         |                |      |
|    |    | <b>Onne van Miltenburg</b> |                          |         | <b>Diede Brandts</b>     |         |                |      |
|    |    | 300m                       | 28.33                    | (28.33) | 300m                     | 30.70   | (30.70)        |      |
|    |    | 700m                       | 1:00.31                  | (31.98) | 700m                     | 1:06.38 | (35.68)        |      |
|    |    | 1100m                      | 1:33.19                  | (32.88) | 1100m                    | 1:43.78 | (37.40)        |      |
|    |    | 1500m                      | 2:05.77                  | (32.58) | 1500m                    | 2:20.92 | (37.14)        |      |

|    |    | Naam |                     | Cat |     | PR | Tijd    | Info              |
|----|----|------|---------------------|-----|-----|----|---------|-------------------|
| 41 | wt | 11   | <b>Sara de Wolf</b> |     | DC1 |    | 2:25.04 | <b>2:28.81</b>    |
|    | rd | 31   | <b>David Leguit</b> |     | HB1 |    | 2:15.56 | <b>2:15.41</b> PR |

## Sara de Wolf

|       |         |         |
|-------|---------|---------|
| 300m  | 30.60   | (30.60) |
| 700m  | 1:08.40 | (37.80) |
| 1100m | 1:48.72 | (40.32) |
| 1500m | 2:28.81 | (40.09) |

## David Leguit

|       |         |         |
|-------|---------|---------|
| 300m  | 28.87   | (28.87) |
| 700m  | 1:02.72 | (33.85) |
| 1100m | 1:38.62 | (35.90) |
| 1500m | 2:15.41 | (36.79) |

|    |    | Naam |                        | Cat |     | PR | Tijd    | Info           |
|----|----|------|------------------------|-----|-----|----|---------|----------------|
| 42 | gl | 7    | <b>Renzo Wessels</b>   |     | HB2 |    | 2:24.79 | <b>2:27.07</b> |
|    | bl | 13   | <b>Meggie Verbakel</b> |     | DC1 |    | 2:24.47 | <b>2:28.50</b> |

## Renzo Wessels

|       |         |         |
|-------|---------|---------|
| 300m  | 31.35   | (31.35) |
| 700m  | 1:09.08 | (37.73) |
| 1100m | 1:48.37 | (39.29) |
| 1500m | 2:27.07 | (38.70) |

## Meggie Verbakel

|       |         |         |
|-------|---------|---------|
| 300m  | 31.43   | (31.43) |
| 700m  | 1:08.41 | (36.98) |
| 1100m | 1:48.08 | (39.67) |
| 1500m | 2:28.50 | (40.42) |

|    |    | Naam |                       | Cat |     | PR | Tijd    | Info              |
|----|----|------|-----------------------|-----|-----|----|---------|-------------------|
| 43 | wt | 29   | <b>Tirza Blokland</b> |     | DB1 |    | 2:22.77 | <b>2:27.84</b>    |
|    | rd | 33   | <b>Peter Kuiper</b>   |     | H40 |    | 2:32.58 | <b>2:24.27</b> PR |

## Tirza Blokland

|       |         |         |
|-------|---------|---------|
| 300m  | 31.39   | (31.39) |
| 700m  | 1:09.09 | (37.70) |
| 1100m | 1:48.39 | (39.30) |
| 1500m | 2:27.84 | (39.45) |

## Peter Kuiper

|       |         |         |
|-------|---------|---------|
| 300m  | 29.50   | (29.50) |
| 700m  | 1:04.33 | (34.83) |
| 1100m | 1:42.48 | (38.15) |
| 1500m | 2:24.27 | (41.79) |

|    |    | Naam |                        | Cat |     | PR | Tijd    | Info              |
|----|----|------|------------------------|-----|-----|----|---------|-------------------|
| 44 | gl | 38   | <b>Mouly Delfgaauw</b> |     | HC2 |    | 2:23.21 | <b>2:19.72</b> PR |
|    | bl | 26   | <b>Jurre Leijen</b>    |     | HC1 |    | 2:27.05 | <b>2:25.18</b> PR |

## Mouly Delfgaauw

|       |         |         |
|-------|---------|---------|
| 300m  | 29.67   | (29.67) |
| 700m  | 1:05.01 | (35.34) |
| 1100m | 1:42.30 | (37.29) |
| 1500m | 2:19.72 | (37.42) |

## Jurre Leijen

|       |         |         |
|-------|---------|---------|
| 300m  | 29.13   | (29.13) |
| 700m  | 1:04.98 | (35.85) |
| 1100m | 1:44.41 | (39.43) |
| 1500m | 2:25.18 | (40.77) |

|    |    | Naam |                            | Cat     |         | PR                     | Tijd           | Info    |
|----|----|------|----------------------------|---------|---------|------------------------|----------------|---------|
| 45 | wt | 20   | <b>Sophie van Oosterom</b> |         | DB1     | 2:33.29                | <b>2:29.45</b> | PR      |
|    | rd | 35   | <b>Jonathan Rijken</b>     |         | HC1     |                        | <b>2:31.03</b> |         |
|    |    |      | <b>Sophie van Oosterom</b> |         |         | <b>Jonathan Rijken</b> |                |         |
|    |    |      | 300m                       | 30.99   | (30.99) | 300m                   | 31.66          | (31.66) |
|    |    |      | 700m                       | 1:07.64 | (36.65) | 700m                   | 1:10.03        | (38.37) |
|    |    |      | 1100m                      | 1:48.42 | (40.78) | 1100m                  | 1:50.40        | (40.37) |
|    |    |      | 1500m                      | 2:29.45 | (41.03) | 1500m                  | 2:31.03        | (40.63) |

|    |    | Naam |   | Cat |     | PR                                      | Tijd           | Info |
|----|----|------|---|-----|-----|---|----------------|------|
| 46 | gl | 46   | <b>Timo van Dommelen</b>                |     | HB1 | 2:37.29                                 | <b>DNS</b>     |      |
|    | bl | 3    | <b>Jikke van Hövell tot Westerfliet</b> |     | DC2 | 2:36.55                                 | <b>2:36.40</b> | PR   |
|    |    |      | <b>Timo van Dommelen</b>                |     |     | <b>Jikke van Hövell tot Westerfliet</b> |                |      |
|    |    |      | 300m                                    |     |     | 32.09                                   | (32.09)        |      |
|    |    |      | 700m                                    |     |     | 1:11.12                                 | (39.03)        |      |
|    |    |      | 1100m                                   |     |     | 1:54.32                                 | (43.20)        |      |
|    |    |      | 1500m                                   |     |     | 2:36.40                                 | (42.08)        |      |

## 4. Uitslag 3000 meter

| Pos | Naam               | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------|-----|------|------|---------|------|--------|
| 1   | 37 Bart Valentijn  | HSA | 48   | O    | 4:13.20 |      |        |
| 2   | 22 Christiaan Smit | HSA | 47   | I    | 5:04.74 |      |        |
| 3   | 48 Bram Bos        | HN1 | 48   | I    | 5:05.76 | PR   |        |
| 4   | 23 Johan Sonneveld | HSA | 47   | O    | 5:24.27 |      |        |



## 4. Rituitslag 3000 meter

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 47 | wt | 22 <b>Christiaan Smit</b> | HSA | 4:42.45 | <b>5:04.74</b> |      |
|    | rd | 23 <b>Johan Sonneveld</b> | HSA | 5:05.54 | <b>5:24.27</b> |      |

## Christiaan Smit

|       |         |         |
|-------|---------|---------|
| 200m  | 22.71   | (22.71) |
| 600m  | 59.23   | (36.52) |
| 1000m | 1:36.45 | (37.22) |
| 1400m | 2:15.16 | (38.71) |
| 1800m | 2:55.33 | (40.17) |
| 2200m | 3:36.90 | (41.57) |
| 2600m | 4:20.16 | (43.26) |
| 3000m | 5:04.74 | (44.58) |

## Johan Sonneveld

|       |         |         |
|-------|---------|---------|
| 200m  | 24.87   | (24.87) |
| 600m  | 1:06.20 | (41.33) |
| 1000m | 1:48.75 | (42.55) |
| 1400m | 2:32.38 | (43.63) |
| 1800m | 3:15.74 | (43.36) |
| 2200m | 3:58.81 | (43.07) |
| 2600m | 4:41.63 | (42.82) |
| 3000m | 5:24.27 | (42.64) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 48 | gl | 48 <b>Bram Bos</b>       | HN1 | 5:10.84 | <b>5:05.76</b> | PR   |
|    | bl | 37 <b>Bart Valentijn</b> | HSA | 3:55.24 | <b>4:13.20</b> |      |

## Bram Bos

|       |         |         |
|-------|---------|---------|
| 200m  | 22.39   | (22.39) |
| 600m  | 59.70   | (37.31) |
| 1000m | 1:38.29 | (38.59) |
| 1400m | 2:18.33 | (40.04) |
| 1800m | 2:59.18 | (40.85) |
| 2200m | 3:41.14 | (41.96) |
| 2600m | 4:23.40 | (42.26) |
| 3000m | 5:05.76 | (42.36) |

## Bart Valentijn

|       |         |         |
|-------|---------|---------|
| 200m  | 19.74   | (19.74) |
| 600m  | 50.91   | (31.17) |
| 1000m | 1:22.53 | (31.62) |
| 1400m | 1:54.83 | (32.30) |
| 1800m | 2:27.97 | (33.14) |
| 2200m | 3:02.11 | (34.14) |
| 2600m | 3:36.99 | (34.88) |
| 3000m | 4:13.20 | (36.21) |