

# Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

12 November 2022

## 1. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	2 Tijmen Snel	HSA	16	I	35.58		
2	1 Serge Yoro	HN4	15	I	35.88		
3	20 Pim Stuij	HN1	15	O	36.26		
4	10 Swen Halferkamps	HA1	13	O	37.16	PB	
5	28 Tim Hoogkamer	HSA	14	O	37.26		
6	29 Watse Vermaning	HN4	13	I	37.28		
7	19 Jelle Rieff	HN1	14	I	37.34		
8	13 Stijn Beekelaar	HA2	16	O	37.40		
9	7 Bryant Boogert	HA1	11	O	37.78		
10	45 Mathijs Molenaar	HB2	12	I	37.91		
11	18 Pelle Bolsius	HB1	9	O	38.33	PB	
12	14 Björn Kitselaar	HA1	11	I	38.45		
13	15 Jort de Gans	HA1	12	O	38.75		
14	33 Tygo Kompier	HB2	10	O	38.87		
15	27 Bart Seffinga	H40	9	I	38.89		
16	3 Maud Lugters	DN3	8	I	39.16		
17	16 Niels van Reeuwijk	HA1	10	I	39.17		
18	4 Sanneke de Neeling	DSA	8	O	39.35		
19	8 Geert Frijters	HA2	7	O	39.37		
20	22 Eise van Schijndel	HB2	6	I	39.47	PB	
21	17 Olaf Vunderink	HB2	5	O	39.63		
22	41 Donald Stappenbelt	HA2	1	O	40.01		
23	24 Bram ten Berge	HB2	5	I	40.33		
24	25 Julian Kant	HB1	4	I	40.37	PB	
25	23 Ibe Hoedeman	HB2	4	O	40.65		
26	32 Elanne de Vries	DB2	3	O	41.47	PB	
27	30 Lieke Hoogendoorn	DB2	3	I	41.50	PB	
28	39 Milou de Lange	DB2	1	I	42.89	PB	
29	11 Vera van Ditshuizen	DN1	2	I	43.10		
30	37 Evi de Ruijter	DB1	2	O	44.08		
	35 Thijs van Bostelen	HA1	7	I	DNF		
	9 Teun van der Linden	HA1			WDR		

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		Name		Cat		PB	Time	Info
1	wt	39	<b>Milou de Lange</b>		DB2	43.16	<b>42.89</b>	PB
	rd	41	<b>Donald Stappenbelt</b>		HA2	39.40	<b>40.01</b>	
		<b>Milou de Lange</b>			<b>Donald Stappenbelt</b>			
		100m	11.86	(11.86)	100m	11.19	(11.19)	
		500m	42.89	(31.03)	500m	40.01	(28.82)	

		Name		Cat		PB	Time	Info
2	yw	11	<b>Vera van Ditshuizen</b>		DN1	42.15	<b>43.10</b>	
	bl	37	<b>Evi de Ruijter</b>		DB1	43.16	<b>44.08</b>	
		<b>Vera van Ditshuizen</b>			<b>Evi de Ruijter</b>			
		100m	12.14	(12.14)	100m	12.18	(12.18)	
		500m	43.10	(30.96)	500m	44.08	(31.90)	

		Name		Cat		PB	Time	Info
3	wt	30	<b>Lieke Hoogendoorn</b>		DB2	41.86	<b>41.50</b>	PB
	rd	32	<b>Elanne de Vries</b>		DB2	41.49	<b>41.47</b>	PB
		<b>Lieke Hoogendoorn</b>			<b>Elanne de Vries</b>			
		100m	11.52	(11.52)	100m	11.53	(11.53)	
		500m	41.50	(29.98)	500m	41.47	(29.94)	

		Name		Cat		PB	Time	Info
4	yw	25	<b>Julian Kant</b>		HB1	41.06	<b>40.37</b>	PB
	bl	23	<b>Ibe Hoedeman</b>		HB2	40.47	<b>40.65</b>	
		<b>Julian Kant</b>			<b>Ibe Hoedeman</b>			
		100m	11.07	(11.07)	100m	10.88	(10.88)	
		500m	40.37	(29.30)	500m	40.65	(29.77)	

		Name		Cat		PB	Time	Info
5	wt	24	<b>Bram ten Berge</b>		HB2	39.95	<b>40.33</b>	
	rd	17	<b>Olaf Vunderink</b>		HB2	39.24	<b>39.63</b>	
		<b>Bram ten Berge</b>			<b>Olaf Vunderink</b>			
		100m	10.99	(10.99)	100m	10.95	(10.95)	
		500m	40.33	(29.34)	500m	39.63	(28.68)	

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		Name	Cat	PB	Time	Info
6	yw	22 <b>Eise van Schijndel</b>	HB2	39.65	<b>39.47</b>	PB
	bl	9 <b>Teun van der Linden</b>	HA1	40.22	<b>WDR</b>	
		<b>Eise van Schijndel</b>		<b>Teun van der Linden</b>		
		100m	11.10	(11.10)		
		500m	39.47	(28.37)		

		Name	Cat	PB	Time	Info
7	wt	35 <b>Thijs van Bostelen</b>	HA1	39.41	<b>DNF</b>	
	rd	8 <b>Geert Frijters</b>	HA2	38.79	<b>39.37</b>	
		<b>Thijs van Bostelen</b>		<b>Geert Frijters</b>		
		100m	11.07	(11.07)	100m	10.90 (10.90)
					500m	39.37 (28.47)

		Name	Cat	PB	Time	Info
8	yw	3 <b>Maud Lugters</b>	DN3	38.55	<b>39.16</b>	
	bl	4 <b>Sanneke de Neeling</b>	DSA	37.66	<b>39.35</b>	
		<b>Maud Lugters</b>		<b>Sanneke de Neeling</b>		
		100m	11.02	(11.02)	100m	11.11 (11.11)
		500m	39.16	(28.14)	500m	39.35 (28.24)

		Name	Cat	PB	Time	Info
9	wt	27 <b>Bart Seffinga</b>	H40	37.10	<b>38.89</b>	
	rd	18 <b>Pelle Bolsius</b>	HB1	38.45	<b>38.33</b>	PB
		<b>Bart Seffinga</b>		<b>Pelle Bolsius</b>		
		100m	10.88	(10.88)	100m	10.70 (10.70)
		500m	38.89	(28.01)	500m	38.33 (27.63)

		Name	Cat	PB	Time	Info
10	yw	16 <b>Niels van Reeuwijk</b>	HA1	38.90	<b>39.17</b>	
	bl	33 <b>Tygo Kompier</b>	HB2	38.29	<b>38.87</b>	
		<b>Niels van Reeuwijk</b>		<b>Tygo Kompier</b>		
		100m	10.92	(10.92)	100m	11.07 (11.07)
		500m	39.17	(28.25)	500m	38.87 (27.80)

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		Name	Cat	PB	Time	Info
11	wt	14 Björn Kitselaar	HA1	38.23	<b>38.45</b>	
	rd	7 Bryant Boogert	HA1	37.55	<b>37.78</b>	
		<b>Björn Kitselaar</b>		<b>Bryant Boogert</b>		
		100m	10.50 (10.50)	100m	10.67 (10.67)	
		500m	38.45 (27.95)	500m	37.78 (27.11)	
		Name	Cat	PB	Time	Info
12	yw	45 Mathijs Molenaar	HB2	37.83	<b>37.91</b>	
	bl	15 Jort de Gans	HA1	38.33	<b>38.75</b>	
		<b>Mathijs Molenaar</b>		<b>Jort de Gans</b>		
		100m	10.62 (10.62)	100m	10.97 (10.97)	
		500m	37.91 (27.29)	500m	38.75 (27.78)	
		Name	Cat	PB	Time	Info
13	wt	29 Watse Vermaning	HN4	37.00	<b>37.28</b>	
	rd	10 Swen Halferkamps	HA1	37.20	<b>37.16</b>	PB
		<b>Witse Vermaning</b>		<b>Swen Halferkamps</b>		
		100m	10.51 (10.51)	100m	10.20 (10.20)	
		500m	37.28 (26.77)	500m	37.16 (26.96)	
		Name	Cat	PB	Time	Info
14	yw	19 Jelle Rieff	HN1	36.67	<b>37.34</b>	
	bl	28 Tim Hoogkamer	HSA	37.03	<b>37.26</b>	
		<b>Jelle Rieff</b>		<b>Tim Hoogkamer</b>		
		100m	10.43 (10.43)	100m	10.22 (10.22)	
		500m	37.34 (26.91)	500m	37.26 (27.04)	
		Name	Cat	PB	Time	Info
15	wt	1 Serge Yoro	HN4	34.98	<b>35.88</b>	
	rd	20 Pim Stuij	HN1	35.70	<b>36.26</b>	
		<b>Serge Yoro</b>		<b>Pim Stuij</b>		
		100m	10.27 (10.27)	100m	10.18 (10.18)	
		500m	35.88 (25.61)	500m	36.26 (26.08)	

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		Name		Cat		PB	Time	Info
16	yw	2	<b>Tijmen Snel</b>		HSA	34.82	<b>35.58</b>	
	bl	13	<b>Stijn Beekelaar</b>		HA2	37.13	<b>37.40</b>	
		<b>Tijmen Snel</b>			<b>Stijn Beekelaar</b>			
		100m	9.93	(9.93)	100m	10.33	(10.33)	
		500m	35.58	(25.65)	500m	37.40	(27.07)	

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## 2. Result 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	40 Bram van Essen	HN2	2	0	6:57.83	

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Thialf - Heerenveen

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## 2. Race Result 5000 meter

	Name	Cat	PB	Time Info
1	wt rd			
	m	m		

	Name	Cat	PB	Time Info
2	yw bl			
	40 <b>Bram van Essen</b>	HN2		<b>6:57.83</b>

### Bram van Essen

m			
200m	19.23	(19.23)	
600m	49.72	(30.49)	
1000m	1:21.68	(31.96)	
1400m	1:54.16	(32.48)	
1800m	2:26.49	(32.33)	
2200m	2:59.13	(32.64)	
2600m	3:31.69	(32.56)	
3000m	4:04.25	(32.56)	
3400m	4:37.80	(33.55)	
3800m	5:11.68	(33.88)	
4200m	5:46.89	(35.21)	
4600m	6:22.49	(35.60)	
5000m	6:57.83	(35.34)	

# Trainingswedstrijd KNSB- en topteams

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## 3. Result 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	35 Thijs van Bostelen	HA1	5	O	4:09.29		
2	33 Tygo Kompier	HB2	6	I	4:11.10	PB	
3	22 Eise van Schijndel	HB2	3	O	4:11.15	PB	
4	45 Mathijs Molenaar	HB2	6	O	4:13.67	PB	
5	24 Bram ten Berge	HB2	3	I	4:19.75	PB	
6	25 Julian Kant	HB1	1	O	4:23.87	PB	
7	36 Alexander Boon	HB1	7	O	4:26.40		
8	30 Lieke Hoogendoorn	DB2	4	O	4:26.43	PB	
9	38 Daan van Zwienen	HB1	7	I	4:28.92	PB	
10	32 Elanne de Vries	DB2	2	I	4:35.39	PB	
11	37 Evi de Ruijter	DB1	1	I	4:42.29	PB	
12	46 Lièn van Dasselaar	DA2	8	I	4:47.68		
13	39 Milou de Lange	DB2	2	O	4:53.52	PB	
14	12 Emma Kole	DA2	4	I	5:05.69		
	9 Teun van der Linden	HA1				WDR	



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## 3. Race Result 3000 meter

	Name	Cat	PB	Time	Info
1	wt 37 <b>Evi de Ruijter</b>	DB1	4:44.94	<b>4:42.29</b>	PB
	rd 25 <b>Julian Kant</b>	HB1	4:36.38	<b>4:23.87</b>	PB

### Evi de Ruijter

200m	22.48	(22.48)
600m	57.19	(34.71)
1000m	1:33.13	(35.94)
1400m	2:10.22	(37.09)
1800m	2:48.06	(37.84)
2200m	3:26.61	(38.55)
2600m	4:05.11	(38.50)
3000m	4:42.29	(37.18)

### Julian Kant

200m	20.86	(20.86)
600m	54.22	(33.36)
1000m	1:27.97	(33.75)
1400m	2:02.35	(34.38)
1800m	2:37.39	(35.04)
2200m	3:12.80	(35.41)
2600m	3:48.40	(35.60)
3000m	4:23.87	(35.47)

	Name	Cat	PB	Time	Info
2	yw 32 <b>Elanne de Vries</b>	DB2	4:40.28	<b>4:35.39</b>	PB
	bl 39 <b>Milou de Lange</b>	DB2	5:24.43	<b>4:53.52</b>	PB

### Elanne de Vries

200m	20.07	(20.07)
600m	53.16	(33.09)
1000m	1:29.32	(36.16)
1400m	2:06.34	(37.02)
1800m	2:43.46	(37.12)
2200m	3:21.09	(37.63)
2600m	3:58.97	(37.88)
3000m	4:35.39	(36.42)

### Milou de Lange

200m	21.38	(21.38)
600m	56.04	(34.66)
1000m	1:32.96	(36.92)
1400m	2:11.46	(38.50)
1800m	2:50.68	(39.22)
2200m	3:30.98	(40.30)
2600m	4:12.60	(41.62)
3000m	4:53.52	(40.92)

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		Name		Cat		PB	Time	Info
3	wt	24	<b>Bram ten Berge</b>		HB2	4:28.80	<b>4:19.75</b>	PB
	rd	22	<b>Eise van Schijndel</b>		HB2	4:14.95	<b>4:11.15</b>	PB
			<b>Bram ten Berge</b>				<b>Eise van Schijndel</b>	
			200m	19.89	(19.89)	200m	19.96	(19.96)
			600m	53.08	(33.19)	600m	51.46	(31.50)
			1000m	1:26.91	(33.83)	1000m	1:24.08	(32.62)
			1400m	2:01.06	(34.15)	1400m	1:56.77	(32.69)
			1800m	2:35.57	(34.51)	1800m	2:29.61	(32.84)
			2200m	3:10.05	(34.48)	2200m	3:02.59	(32.98)
			2600m	3:44.73	(34.68)	2600m	3:36.35	(33.76)
			3000m	4:19.75	(35.02)	3000m	4:11.15	(34.80)

		Name		Cat		PB	Time	Info
4	yw	12	<b>Emma Kole</b>		DA2	4:34.10	<b>5:05.69</b>	
	bl	30	<b>Lieke Hoogendoorn</b>		DB2	4:33.86	<b>4:26.43</b>	PB
			<b>Emma Kole</b>				<b>Lieke Hoogendoorn</b>	
			200m	23.85	(23.85)	200m	20.42	(20.42)
			600m	1:02.44	(38.59)	600m	51.86	(31.44)
			1000m	1:42.30	(39.86)	1000m	1:25.43	(33.57)
			1400m	2:22.54	(40.24)	1400m	2:00.78	(35.35)
			1800m	3:02.55	(40.01)	1800m	2:36.97	(36.19)
			2200m	3:43.10	(40.55)	2200m	3:13.26	(36.29)
			2600m	4:24.11	(41.01)	2600m	3:49.81	(36.55)
			3000m	5:05.69	(41.58)	3000m	4:26.43	(36.62)

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		Name	Cat	PB	Time	Info
5	wt	9 <b>Teun van der Linden</b>	HA1	4:09.22		<b>WDR</b>
	rd	35 <b>Thijs van Bostelen</b>	HA1	4:06.47		<b>4:09.29</b>
		<u>Teun van der Linden</u>		<u>Thijs van Bostelen</u>		
				200m	20.05	(20.05)
				600m	50.61	(30.56)
				1000m	1:21.61	(31.00)
				1400m	1:53.57	(31.96)
				1800m	2:26.19	(32.62)
				2200m	2:59.63	(33.44)
				2600m	3:33.94	(34.31)
				3000m	4:09.29	(35.35)

		Name	Cat	PB	Time	Info
6	yw	33 <b>Tygo Kompier</b>	HB2	4:17.11		<b>4:11.10</b> PB
	bl	45 <b>Mathijs Molenaar</b>	HB2	4:16.18		<b>4:13.67</b> PB
		<u>Tygo Kompier</u>		<u>Mathijs Molenaar</u>		
				200m	19.59	(19.59)
				600m	51.25	(31.66)
				1000m	1:23.60	(32.35)
				1400m	1:57.02	(33.42)
				1800m	2:30.70	(33.68)
				2200m	3:04.58	(33.88)
				2600m	3:38.27	(33.69)
				3000m	4:11.10	(32.83)
				200m	19.27	(19.27)
				600m	50.53	(31.26)
				1000m	1:23.39	(32.86)
				1400m	1:56.85	(33.46)
				1800m	2:30.51	(33.66)
				2200m	3:04.50	(33.99)
				2600m	3:39.05	(34.55)
				3000m	4:13.67	(34.62)

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		Name		Cat		PB		Time	Info
7	wt	38	<b>Daan van Zwiene</b>		HB1		4:33.11	<b>4:28.92</b>	PB
	rd	36	<b>Alexander Boon</b>		HB1		4:24.49	<b>4:26.40</b>	
		<b>Daan van Zwiene</b>			<b>Alexander Boon</b>				
		200m	20.18	(20.18)	200m	19.98	(19.98)		
		600m	53.58	(33.40)	600m	53.18	(33.20)		
		1000m	1:28.03	(34.45)	1000m	1:27.75	(34.57)		
		1400m	2:03.64	(35.61)	1400m	2:03.08	(35.33)		
		1800m	2:39.79	(36.15)	1800m	2:38.40	(35.32)		
		2200m	3:15.54	(35.75)	2200m	3:14.18	(35.78)		
		2600m	3:52.44	(36.90)	2600m	3:50.53	(36.35)		
		3000m	4:28.92	(36.48)	3000m	4:26.40	(35.87)		

		Name		Cat		PB		Time	Info
8	yw	46	<b>Lièn van Dasselaar</b>		DA2		4:47.36	<b>4:47.68</b>	
	bl								
		<b>Lièn van Dasselaar</b>							
		200m	21.55	(21.55)	m				
		600m	56.44	(34.89)					
		1000m	1:32.88	(36.44)					
		1400m	2:10.50	(37.62)					
		1800m	2:49.04	(38.54)					
		2200m	3:28.47	(39.43)					
		2600m	4:08.14	(39.67)					
		3000m	4:47.68	(39.54)					

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## 4. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	16 Niels van Reeuwijk	HA1	4	I	1:55.65	PB	
2	15 Jort de Gans	HA1	3	O	1:56.98	PB	
3	41 Donald Stappenbelt	HA2	2	O	1:58.48	MT	
4	17 Olaf Vunderink	HB2	3	I	1:58.61	PB	
5	8 Geert Frijters	HA2	4	O	1:58.62	PB	
6	23 Ibe Hoedeman	HB2	2	I	2:09.76	MT	
7	11 Vera van Ditshuizen	DN1	1	I	2:11.34	MT	
8	44 Zéfina de Bruin	DN2	1	O	2:15.99	MT	

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## 4. Race Result 1500 meter

		Name	Cat	PB	Time	Info
1	wt	11 <b>Vera van Ditshuizen</b>	DN1	2:06.68	<b>2:11.34</b>	MT
	rd	44 <b>Zéфина de Bruin</b>	DN2	2:14.43	<b>2:15.99</b>	MT

### Vera van Ditshuizen

300m	28.78	(28.78)
700m	1:01.40	(32.62)
1100m	1:35.73	(34.33)
1500m	2:11.34	(35.61)

### Zéфина de Bruin

300m	27.93	(27.93)
700m	1:04.01	(36.08)
1100m	1:39.54	(35.53)
1500m	2:15.99	(36.45)

		Name	Cat	PB	Time	Info
2	yw	23 <b>Ibe Hoedeman</b>	HB2	2:05.21	<b>2:09.76</b>	MT
	bl	41 <b>Donald Stappenbelt</b>	HA2	1:57.01	<b>1:58.48</b>	MT

### Ibe Hoedeman

300m	27.46	(27.46)
700m	58.40	(30.94)
1100m	1:32.53	(34.13)
1500m	2:09.76	(37.23)

### Donald Stappenbelt

300m	26.20	(26.20)
700m	55.23	(29.03)
1100m	1:58.48	(63.25)

		Name	Cat	PB	Time	Info
3	wt	17 <b>Olaf Vunderink</b>	HB2	1:59.18	<b>1:58.61</b>	PB
	rd	15 <b>Jort de Gans</b>	HA1	1:58.79	<b>1:56.98</b>	PB

### Olaf Vunderink

300m	26.11	(26.11)
700m	55.31	(29.20)
1100m	1:26.17	(30.86)
1500m	1:58.61	(32.44)

### Jort de Gans

300m	25.32	(25.32)
700m	54.09	(28.77)
1100m	1:24.61	(30.52)
1500m	1:56.98	(32.37)

		Name	Cat	PB	Time	Info
4	yw	16 <b>Niels van Reeuwijk</b>	HA1	1:56.25	<b>1:55.65</b>	PB
	bl	8 <b>Geert Frijters</b>	HA2	2:00.19	<b>1:58.62</b>	PB

### Niels van Reeuwijk

300m	25.57	(25.57)
700m	54.49	(28.92)
1100m	1:24.56	(30.07)
1500m	1:55.65	(31.09)

### Geert Frijters

300m	25.22	(25.22)
700m	53.75	(28.53)
1100m	1:24.93	(31.18)
1500m	1:58.62	(33.69)

# Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

12 November 2022

## 5. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	20 Pim Stuij	HN1	5	O	1:12.22	PB	
2	28 Tim Hoogkamer	HSA	6	I	1:14.61		
3	19 Jelle Rieff	HN1	6	O	1:14.62		
4	7 Bryant Boogert	HA1	5	I	1:14.66	PB	
5	18 Pelle Bolsius	HB1	4	O	1:15.45	PB	
6	27 Bart Seffinga	H40	2	O	1:16.20		
7	13 Stijn Beekelaar	HA2	4	I	1:16.46		
8	14 Björn Kitselaar	HA1	2	I	1:18.09		
9	4 Sanneke de Neeling	DSA	3	I	1:18.22		
10	3 Maud Lugters	DN3	1	I	1:18.45		
11	5 Marit van Beijnum	DN3	1	O	1:18.82		
12	43 Pien Smit	DA2	3	O	1:20.25		

# Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

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## 5. Race Result 1000 meter

		Name	Cat	PB	Time Info
1	wt	3 <b>Maud Lugters</b>	DN3	1:17.16	<b>1:18.45</b>
	rd	5 <b>Marit van Beijnum</b>	DN3	1:18.04	<b>1:18.82</b>

### Maud Lugters

200m	18.41	(18.41)
600m	46.92	(28.51)
1000m	1:18.45	(31.53)

### Marit van Beijnum

200m	18.14	(18.14)
600m	47.00	(28.86)
1000m	1:18.82	(31.82)

		Name	Cat	PB	Time Info
2	yw	14 <b>Björn Kitselaar</b>	HA1	1:17.06	<b>1:18.09</b>
	bl	27 <b>Bart Seffinga</b>	H40	1:12.16	<b>1:16.20</b>

### Björn Kitselaar

200m	18.08	(18.08)
600m	46.79	(28.71)
1000m	1:18.09	(31.30)

### Bart Seffinga

200m	18.34	(18.34)
600m	46.13	(27.79)
1000m	1:16.20	(30.07)

		Name	Cat	PB	Time Info
3	wt	4 <b>Sanneke de Neeling</b>	DSA	1:13.74	<b>1:18.22</b>
	rd	43 <b>Pien Smit</b>	DA2	1:15.60	<b>1:20.25</b>

### Sanneke de Neeling

200m	18.95	(18.95)
600m	47.98	(29.03)
1000m	1:18.22	(30.24)

### Pien Smit

200m	18.92	(18.92)
600m	47.84	(28.92)
1000m	1:20.25	(32.41)

		Name	Cat	PB	Time Info
4	yw	13 <b>Stijn Beekelaar</b>	HA2	1:14.18	<b>1:16.46</b>
	bl	18 <b>Pelle Bolsius</b>	HB1	1:16.32	<b>1:15.45</b> PB

### Stijn Beekelaar

200m	18.14	(18.14)
600m	46.12	(27.98)
1000m	1:16.46	(30.34)

### Pelle Bolsius

200m	18.37	(18.37)
600m	46.09	(27.72)
1000m	1:15.45	(29.36)



# Trainingswedstrijd KNSB- en topteams

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		Name		Cat		PB		Time	Info
5	wt	7	<b>Bryant Boogert</b>		HA1		1:15.13	<b>1:14.66</b>	PB
	rd	20	<b>Pim Stuij</b>		HN1		1:12.66	<b>1:12.22</b>	PB
		<b>Bryant Boogert</b>				<b>Pim Stuij</b>			
		200m	17.44	(17.44)		200m	16.82	(16.82)	
		600m	44.90	(27.46)		600m	43.22	(26.40)	
		1000m	1:14.66	(29.76)		1000m	1:12.22	(29.00)	

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		Name		Cat		PB		Time	Info
6	yw	28	<b>Tim Hoogkamer</b>		HSA		1:13.60	<b>1:14.61</b>	
	bl	19	<b>Jelle Rieff</b>		HN1		1:13.07	<b>1:14.62</b>	
		<b>Tim Hoogkamer</b>				<b>Jelle Rieff</b>			
		200m	17.54	(17.54)		200m	17.72	(17.72)	
		600m	45.16	(27.62)		600m	45.07	(27.35)	
		1000m	1:14.61	(29.45)		1000m	1:14.62	(29.55)	

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