

# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 1. Result 100 meter

| Pos | Name                    | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 19 Luuk van de Pol      | HPA | 1    | O    | 11.58 |      |        |
| 2   | 52 Sophie Exterkate     | DPA | 1    | I    | 11.94 | PB   |        |
| 3   | 36 Bodhi Smeele         | HPA | 3    | O    | 12.12 | PB   |        |
| 4   | 144 Philip Diniz        | HPB | 5    | O    | 12.18 | PB   |        |
| 5   | 16 Kyara Pasman         | DPA | 7    | O    | 12.69 | PB   |        |
| 6   | 90 Anne Keppels         | DPC | 4    | I    | 12.77 |      |        |
| 7   | 63 Niels Wijma          | HPA | 12   | I    | 12.78 | PB   |        |
| 8   | 42 Liv Kogelman         | DPD | 6    | I    | 12.81 | PB   |        |
| 9   | 118 Peter Lassche       | HPA | 6    | O    | 12.84 | PB   |        |
| 10  | 37 Djem Smeele          | HPC | 4    | O    | 12.87 | PB   |        |
| 11  | 45 Noor Leusink         | DPE | 9    | I    | 13.07 | PB   |        |
| 12  | 15 Mette ten Cate       | DPB | 5    | I    | 13.12 |      |        |
| 13  | 8 Stefan Everts         | HPD | 7    | I    | 13.23 |      |        |
| 14  | 2 Jelle Kleinlugtenbeld | HPB | 9    | O    | 13.27 | PB   |        |
| 15  | 117 Lucas Lassche       | HPC | 8    | I    | 13.29 | PB   |        |
| 16  | 30 Yonne Oonk           | DPA | 11   | I    | 13.57 |      |        |
| 17  | 86 Sarah Kamp           | DPB | 8    | O    | 13.76 |      |        |
| 18  | 47 Romée Bluemink       | DPD | 11   | O    | 13.78 | PB   |        |
| 19  | 43 Suze ten Hartog      | DPC | 12   | O    | 13.79 | PB   |        |
| 20  | 89 Jules Keppels        | DPE | 10   | I    | 13.89 | PB   |        |
| 21  | 40 Huib de Vries        | HPF | 13   | I    | 14.09 | PB   |        |
| 22  | 46 Maud Leusink         | DPD | 10   | O    | 14.12 |      |        |
| 23  | 1 Noortje Kappers       | DPE | 14   | I    | 14.29 |      |        |
| 24  | 143 Noor Lutje Spelberg | DPD | 13   | O    | 14.34 | PB   |        |
| 25  | 106 Esmée Cents         | DPB | 25   | I    | 14.35 |      |        |
| 26  | 98 Daan Cents           | HPC | 19   | O    | 14.39 | PB   |        |
| 27  | 101 Douwe de Haan       | HPC | 19   | I    | 14.45 | PB   |        |
| 28  | 10 Jelmer van Leussen   | HPE | 17   | O    | 14.68 | PB   |        |
| 29  | 41 Teun Boomkamp        | HPE | 14   | O    | 14.74 | PB   |        |
| 30  | 22 Liss Phielix         | DPC | 15   | I    | 14.78 | PB   |        |
| 31  | 9 Niels Everts          | HPF | 15   | O    | 14.86 | PB   |        |
| 32  | 100 Kris de Haan        | DPB | 26   | I    | 14.92 |      |        |
| 33  | 5 Veerle Zunnebeld      | DPE | 16   | O    | 15.15 | PB   |        |
|     | 21 Sanna van der Velde  | DPD | 17   | I    | 15.15 | PB   |        |
| 35  | 130 Nova Tieke          | DPC | 20   | O    | 15.33 | PB   |        |
| 36  | 146 Julius Thuring      | HPE | 16   | I    | 15.57 |      |        |
| 37  | 122 Pien Tassche        | DPD | 18   | I    | 15.73 | PB   |        |
| 38  | 20 Emma van der Velde   | DPF | 18   | O    | 15.89 | PB   |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

| Pos | Name                     | Cat | Pair | Lane | Time  | Info | Points |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 39  | 97 Lise Cents            | DPE | 21   | O    | 16.21 | PB   |        |
| 40  | 58 Jasper Drent          | HPF | 20   | I    | 16.22 | PB   |        |
| 41  | 114 Romee Selles         | DPE | 26   | O    | 16.45 |      |        |
| 42  | 126 Kars Oosting         | HPC | 23   | O    | 16.50 | PB   |        |
| 43  | 11 Joëlle van Drimmelen  | DPF | 22   | O    | 17.41 | PB   |        |
| 44  | 141 Maud van Leeuwen     | DPE | 25   | O    | 18.04 |      |        |
| 45  | 39 Roel de Vries         | HPF | 23   | I    | 18.14 | PB   |        |
| 46  | 128 Cato Borchert        | DPF | 21   | I    | 18.27 |      |        |
| 47  | 59 Renske Drent          | DPF | 22   | I    | 18.92 |      |        |
| 48  | 107 Myrthe Cents         | DPF | 24   | O    | 18.96 | PB   |        |
| 49  | 115 Linde Selles         | DPF | 24   | I    | 19.22 |      |        |
|     | 108 Britt van der Linden | DPA |      |      | WDR   |      |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 1. Race Result 100 meter

|   |    | Name                       | Cat   | PB                     | Time         | Info          |
|---|----|----------------------------|-------|------------------------|--------------|---------------|
| 1 | wt | 52 <b>Sophie Exterkate</b> | DPA   | 12.01                  | <b>11.94</b> | PB            |
|   | rd | 19 <b>Luuk van de Pol</b>  | HPA   | 11.53                  | <b>11.58</b> |               |
|   |    | <b>Sophie Exterkate</b>    |       | <b>Luuk van de Pol</b> |              |               |
|   |    | 100m                       | 11.94 | (11.94)                | 100m         | 11.58 (11.58) |

|   |    | Name | Cat | PB | Time | Info |
|---|----|------|-----|----|------|------|
| 2 | yw |      |     |    |      |      |
|   | bl |      |     |    |      |      |
|   |    | m    |     |    | m    |      |

|   |    | Name                            | Cat | PB                  | Time         | Info    |
|---|----|---------------------------------|-----|---------------------|--------------|---------|
| 3 | wt | 108 <b>Britt van der Linden</b> | DPA | 12.25               | <b>WDR</b>   |         |
|   | rd | 36 <b>Bodhi Smeele</b>          | HPA | 12.22               | <b>12.12</b> | PB      |
|   |    | <b>Britt van der Linden</b>     |     | <b>Bodhi Smeele</b> |              |         |
|   |    |                                 |     | 100m                | 12.12        | (12.12) |

|   |    | Name                   | Cat   | PB                 | Time         | Info          |
|---|----|------------------------|-------|--------------------|--------------|---------------|
| 4 | yw | 90 <b>Anne Keppels</b> | DPC   | 12.71              | <b>12.77</b> |               |
|   | bl | 37 <b>Djem Smeele</b>  | HPC   | 12.94              | <b>12.87</b> | PB            |
|   |    | <b>Anne Keppels</b>    |       | <b>Djem Smeele</b> |              |               |
|   |    | 100m                   | 12.77 | (12.77)            | 100m         | 12.87 (12.87) |

|   |    | Name                     | Cat   | PB                  | Time         | Info          |
|---|----|--------------------------|-------|---------------------|--------------|---------------|
| 5 | wt | 15 <b>Mette ten Cate</b> | DPB   | 12.99               | <b>13.12</b> |               |
|   | rd | 144 <b>Philip Diniz</b>  | HPB   | 12.53               | <b>12.18</b> | PB            |
|   |    | <b>Mette ten Cate</b>    |       | <b>Philip Diniz</b> |              |               |
|   |    | 100m                     | 13.12 | (13.12)             | 100m         | 12.18 (12.18) |

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|    |    | Name                           | Cat           | PB                           | Time          | Info |
|----|----|--------------------------------|---------------|------------------------------|---------------|------|
| 6  | yw | 42 <b>Liv Kogelman</b>         | DPD           | 13.16                        | <b>12.81</b>  | PB   |
|    | bl | 118 <b>Peter Lassche</b>       | HPA           | 13.15                        | <b>12.84</b>  | PB   |
|    |    | <b>Liv Kogelman</b>            |               | <b>Peter Lassche</b>         |               |      |
|    |    | 100m                           | 12.81 (12.81) | 100m                         | 12.84 (12.84) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 7  | wt | 8 <b>Stefan Everts</b>         | HPD           | 13.16                        | <b>13.23</b>  |      |
|    | rd | 16 <b>Kyara Pasman</b>         | DPA           | 12.98                        | <b>12.69</b>  | PB   |
|    |    | <b>Stefan Everts</b>           |               | <b>Kyara Pasman</b>          |               |      |
|    |    | 100m                           | 13.23 (13.23) | 100m                         | 12.69 (12.69) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 8  | yw | 117 <b>Lucas Lassche</b>       | HPC           | 13.50                        | <b>13.29</b>  | PB   |
|    | bl | 86 <b>Sarah Kamp</b>           | DPB           | 13.42                        | <b>13.76</b>  |      |
|    |    | <b>Lucas Lassche</b>           |               | <b>Sarah Kamp</b>            |               |      |
|    |    | 100m                           | 13.29 (13.29) | 100m                         | 13.76 (13.76) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 9  | wt | 45 <b>Noor Leusink</b>         | DPE           | 13.17                        | <b>13.07</b>  | PB   |
|    | rd | 2 <b>Jelle Kleinlugtenbeld</b> | HPB           | 13.36                        | <b>13.27</b>  | PB   |
|    |    | <b>Noor Leusink</b>            |               | <b>Jelle Kleinlugtenbeld</b> |               |      |
|    |    | 100m                           | 13.07 (13.07) | 100m                         | 13.27 (13.27) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 10 | yw | 89 <b>Jules Keppels</b>        | DPE           | 14.21                        | <b>13.89</b>  | PB   |
|    | bl | 46 <b>Maud Leusink</b>         | DPD           | 14.03                        | <b>14.12</b>  |      |
|    |    | <b>Jules Keppels</b>           |               | <b>Maud Leusink</b>          |               |      |
|    |    | 100m                           | 13.89 (13.89) | 100m                         | 14.12 (14.12) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 11 | wt | 30 <b>Yonne Oonk</b>           | DPA           | 13.47                        | <b>13.57</b>  |      |
|    | rd | 47 <b>Romée Bluemink</b>       | DPD           | 14.03                        | <b>13.78</b>  | PB   |
|    |    | <b>Yonne Oonk</b>              |               | <b>Romée Bluemink</b>        |               |      |
|    |    | 100m                           | 13.57 (13.57) | 100m                         | 13.78 (13.78) |      |

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|    |    | Name                           | Cat           | PB                         | Time          | Info |
|----|----|--------------------------------|---------------|----------------------------|---------------|------|
| 12 | yw | 63 <b>Niels Wijma</b>          | HPA           | 14.30                      | <b>12.78</b>  | PB   |
|    | bl | 43 <b>Suze ten Hartog</b>      | DPC           | 14.22                      | <b>13.79</b>  | PB   |
|    |    | <b>Niels Wijma</b>             |               | <b>Suze ten Hartog</b>     |               |      |
|    |    | 100m                           | 12.78 (12.78) | 100m                       | 13.79 (13.79) |      |
|    |    | Name                           | Cat           | PB                         | Time          | Info |
| 13 | wt | 40 <b>Huib de Vries</b>        | HPF           | 14.35                      | <b>14.09</b>  | PB   |
|    | rd | 143 <b>Noor Lutje Spelberg</b> | DPD           | 14.64                      | <b>14.34</b>  | PB   |
|    |    | <b>Huib de Vries</b>           |               | <b>Noor Lutje Spelberg</b> |               |      |
|    |    | 100m                           | 14.09 (14.09) | 100m                       | 14.34 (14.34) |      |
|    |    | Name                           | Cat           | PB                         | Time          | Info |
| 14 | yw | 1 <b>Noortje Kappers</b>       | DPE           | 14.29                      | <b>14.29</b>  |      |
|    | bl | 41 <b>Teun Boomkamp</b>        | HPE           | 14.77                      | <b>14.74</b>  | PB   |
|    |    | <b>Noortje Kappers</b>         |               | <b>Teun Boomkamp</b>       |               |      |
|    |    | 100m                           | 14.29 (14.29) | 100m                       | 14.74 (14.74) |      |
|    |    | Name                           | Cat           | PB                         | Time          | Info |
| 15 | wt | 22 <b>Liss Phielix</b>         | DPC           | 15.16                      | <b>14.78</b>  | PB   |
|    | rd | 9 <b>Niels Everts</b>          | HPF           | 15.14                      | <b>14.86</b>  | PB   |
|    |    | <b>Liss Phielix</b>            |               | <b>Niels Everts</b>        |               |      |
|    |    | 100m                           | 14.78 (14.78) | 100m                       | 14.86 (14.86) |      |
|    |    | Name                           | Cat           | PB                         | Time          | Info |
| 16 | yw | 146 <b>Julius Thuring</b>      | HPE           | 15.27                      | <b>15.57</b>  |      |
|    | bl | 5 <b>Veerle Zunnebeld</b>      | DPE           | 15.52                      | <b>15.15</b>  | PB   |
|    |    | <b>Julius Thuring</b>          |               | <b>Veerle Zunnebeld</b>    |               |      |
|    |    | 100m                           | 15.57 (15.57) | 100m                       | 15.15 (15.15) |      |
|    |    | Name                           | Cat           | PB                         | Time          | Info |
| 17 | wt | 21 <b>Sanna van der Velde</b>  | DPD           | 15.24                      | <b>15.15</b>  | PB   |
|    | rd | 10 <b>Jelmer van Leussen</b>   | HPE           | 15.44                      | <b>14.68</b>  | PB   |
|    |    | <b>Sanna van der Velde</b>     |               | <b>Jelmer van Leussen</b>  |               |      |
|    |    | 100m                           | 15.15 (15.15) | 100m                       | 14.68 (14.68) |      |

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|    |    | Name                           | Cat           | PB                          | Time          | Info |
|----|----|--------------------------------|---------------|-----------------------------|---------------|------|
| 18 | yw | 122 <b>Pien Tassche</b>        | DPD           | 15.96                       | <b>15.73</b>  | PB   |
|    | bl | 20 <b>Emma van der Velde</b>   | DPF           | 16.46                       | <b>15.89</b>  | PB   |
|    |    | <b>Pien Tassche</b>            |               | <b>Emma van der Velde</b>   |               |      |
|    |    | 100m                           | 15.73 (15.73) | 100m                        | 15.89 (15.89) |      |
|    |    |                                |               |                             |               |      |
|    |    | Name                           | Cat           | PB                          | Time          | Info |
| 19 | wt | 101 <b>Douwe de Haan</b>       | HPC           | 16.09                       | <b>14.45</b>  | PB   |
|    | rd | 98 <b>Daan Cents</b>           | HPC           | 15.99                       | <b>14.39</b>  | PB   |
|    |    | <b>Douwe de Haan</b>           |               | <b>Daan Cents</b>           |               |      |
|    |    | 100m                           | 14.45 (14.45) | 100m                        | 14.39 (14.39) |      |
|    |    |                                |               |                             |               |      |
|    |    | Name                           | Cat           | PB                          | Time          | Info |
| 20 | yw | 58 <b>Jasper Drent</b>         | HPF           | 17.19                       | <b>16.22</b>  | PB   |
|    | bl | 130 <b>Nova Tieke</b>          | DPC           | 16.95                       | <b>15.33</b>  | PB   |
|    |    | <b>Jasper Drent</b>            |               | <b>Nova Tieke</b>           |               |      |
|    |    | 100m                           | 16.22 (16.22) | 100m                        | 15.33 (15.33) |      |
|    |    |                                |               |                             |               |      |
|    |    | Name                           | Cat           | PB                          | Time          | Info |
| 21 | wt | 128 <b>Cato Borchert</b>       | DPF           | 18.22                       | <b>18.27</b>  |      |
|    | rd | 97 <b>Lise Cents</b>           | DPE           | 17.58                       | <b>16.21</b>  | PB   |
|    |    | <b>Cato Borchert</b>           |               | <b>Lise Cents</b>           |               |      |
|    |    | 100m                           | 18.27 (18.27) | 100m                        | 16.21 (16.21) |      |
|    |    |                                |               |                             |               |      |
|    |    | Name                           | Cat           | PB                          | Time          | Info |
| 22 | yw | 59 <b>Renske Drent</b>         | DPF           | 18.25                       | <b>18.92</b>  |      |
|    | bl | 11 <b>Joëlle van Drimmelen</b> | DPF           | 20.77                       | <b>17.41</b>  | PB   |
|    |    | <b>Renske Drent</b>            |               | <b>Joëlle van Drimmelen</b> |               |      |
|    |    | 100m                           | 18.92 (18.92) | 100m                        | 17.41 (17.41) |      |
|    |    |                                |               |                             |               |      |
|    |    | Name                           | Cat           | PB                          | Time          | Info |
| 23 | wt | 39 <b>Roel de Vries</b>        | HPF           | 18.62                       | <b>18.14</b>  | PB   |
|    | rd | 126 <b>Kars Oosting</b>        | HPC           | 21.72                       | <b>16.50</b>  | PB   |
|    |    | <b>Roel de Vries</b>           |               | <b>Kars Oosting</b>         |               |      |
|    |    | 100m                           | 18.14 (18.14) | 100m                        | 16.50 (16.50) |      |

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|    |    |     | Name             | Cat              | PB      | Time  | Info          |
|----|----|-----|------------------|------------------|---------|-------|---------------|
| 24 | yw | 115 | Linde Selles     | DPF              |         | 19.22 |               |
|    | bl | 107 | Myrthe Cents     | DPF              | 22.72   | 18.96 | PB            |
|    |    |     | Linde Selles     | Myrthe Cents     |         |       |               |
|    |    |     | 100m             | 19.22            | (19.22) | 100m  | 18.96 (18.96) |
|    |    |     |                  |                  |         |       |               |
|    |    |     | Name             | Cat              | PB      | Time  | Info          |
| 25 | wt | 106 | Esmée Cents      | DPB              |         | 14.35 |               |
|    | rd | 141 | Maud van Leeuwen | DPE              |         | 18.04 |               |
|    |    |     | Esmée Cents      | Maud van Leeuwen |         |       |               |
|    |    |     | 100m             | 14.35            | (14.35) | 100m  | 18.04 (18.04) |
|    |    |     |                  |                  |         |       |               |
|    |    |     | Name             | Cat              | PB      | Time  | Info          |
| 26 | yw | 100 | Kris de Haan     | DPB              |         | 14.92 |               |
|    | bl | 114 | Romee Selles     | DPE              |         | 16.45 |               |
|    |    |     | Kris de Haan     | Romee Selles     |         |       |               |
|    |    |     | 100m             | 14.92            | (14.92) | 100m  | 16.45 (16.45) |

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## 2. Result 100 meter

| Pos | Name                    | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 147 Maud Salomons       | DC1 | 28   | O    | 12.03 |      |        |
| 2   | 68 Ruben de Rijk        | HPA | 29   | I    | 12.17 | PB   |        |
| 3   | 85 Noa Handelzalts      | DPB | 28   | I    | 12.75 | PB   |        |
| 4   | 136 Robin Dunnink       | HPC | 27   | I    | 12.82 | PB   |        |
| 5   | 70 Dilara Hultink       | DPC | 30   | I    | 13.34 | PB   |        |
| 6   | 24 Simon Wiegman        | HPB | 33   | I    | 13.41 | PB   |        |
| 7   | 137 Wibe de Jong        | HPB | 30   | O    | 13.47 |      |        |
| 8   | 67 Elena Ruijtenberg    | DPC | 32   | I    | 13.54 | PB   |        |
|     | 134 Eva Weultjes        | DPB | 31   | I    | 13.54 | PB   |        |
| 10  | 62 Sam Bebelaar         | HPC | 29   | O    | 13.61 | PB   |        |
| 11  | 54 Finn Brouwer         | HPB | 32   | O    | 14.10 | PB   |        |
| 12  | 112 Yfke Raadsveld      | DPD | 34   | O    | 14.62 |      |        |
| 13  | 66 Lisa Huis in 't veld | DPE | 31   | O    | 14.68 |      |        |
| 14  | 87 Bente van Bolhuis    | DPC | 35   | I    | 14.69 | PB   |        |
| 15  | 129 Lars Bruins         | HPC | 34   | I    | 14.97 | PB   |        |
| 16  | 104 Norah Poel          | DPB | 33   | O    | 14.98 | PB   |        |
| 17  | 53 Eva Brouwer          | DPD | 36   | O    | 15.49 | PB   |        |
| 18  | 61 Tess Bebelaar        | DPA | 35   | O    | 15.70 |      |        |
| 19  | 64 Silke Verwijs        | DPF | 36   | I    | 16.84 | PB   |        |

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8 February 2020

## 2. Race Result 100 meter

|                                                                                                                                                                                                                 |       | Name                           | Cat                  | PB    | Time         | Info |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--------------------------------|----------------------|-------|--------------|------|-----------------|--|--|----------------------|--|--|--|------|-------|---------|------|-------|---------|--|
| 27                                                                                                                                                                                                              | wt    | 136 <b>Robin Dunnink</b>       | HPC                  | 13.09 | <b>12.82</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 | rd    |                                |                      |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| <table> <tr> <td colspan="3">Robin Dunnink</td><td colspan="4"></td></tr> <tr> <td>100m</td><td>12.82</td><td>(12.82)</td><td>m</td><td colspan="3"></td></tr> </table>                                         |       |                                |                      |       |              |      | Robin Dunnink   |  |  |                      |  |  |  | 100m | 12.82 | (12.82) | m    |       |         |  |
| Robin Dunnink                                                                                                                                                                                                   |       |                                |                      |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 100m                                                                                                                                                                                                            | 12.82 | (12.82)                        | m                    |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 |       | Name                           | Cat                  | PB    | Time         | Info |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 28                                                                                                                                                                                                              | yw    | 85 <b>Noa Handelzalts</b>      | DPB                  | 13.00 | <b>12.75</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 | bl    | 147 <b>Maud Salomons</b>       | DC1                  | 11.83 | <b>12.03</b> |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| <table> <tr> <td colspan="3">Noa Handelzalts</td><td colspan="4">Maud Salomons</td></tr> <tr> <td>100m</td><td>12.75</td><td>(12.75)</td><td>100m</td><td>12.03</td><td>(12.03)</td><td></td></tr> </table>     |       |                                |                      |       |              |      | Noa Handelzalts |  |  | Maud Salomons        |  |  |  | 100m | 12.75 | (12.75) | 100m | 12.03 | (12.03) |  |
| Noa Handelzalts                                                                                                                                                                                                 |       |                                | Maud Salomons        |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 100m                                                                                                                                                                                                            | 12.75 | (12.75)                        | 100m                 | 12.03 | (12.03)      |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 |       | Name                           | Cat                  | PB    | Time         | Info |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 29                                                                                                                                                                                                              | wt    | 68 <b>Ruben de Rijk</b>        | HPA                  | 12.35 | <b>12.17</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 | rd    | 62 <b>Sam Bebelaar</b>         | HPC                  | 13.76 | <b>13.61</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| <table> <tr> <td colspan="3">Ruben de Rijk</td><td colspan="4">Sam Bebelaar</td></tr> <tr> <td>100m</td><td>12.17</td><td>(12.17)</td><td>100m</td><td>13.61</td><td>(13.61)</td><td></td></tr> </table>        |       |                                |                      |       |              |      | Ruben de Rijk   |  |  | Sam Bebelaar         |  |  |  | 100m | 12.17 | (12.17) | 100m | 13.61 | (13.61) |  |
| Ruben de Rijk                                                                                                                                                                                                   |       |                                | Sam Bebelaar         |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 100m                                                                                                                                                                                                            | 12.17 | (12.17)                        | 100m                 | 13.61 | (13.61)      |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 |       | Name                           | Cat                  | PB    | Time         | Info |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 30                                                                                                                                                                                                              | yw    | 70 <b>Dilara Hultink</b>       | DPC                  | 13.37 | <b>13.34</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 | bl    | 137 <b>Wibe de Jong</b>        | HPB                  | 13.15 | <b>13.47</b> |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| <table> <tr> <td colspan="3">Dilara Hultink</td><td colspan="4">Wibe de Jong</td></tr> <tr> <td>100m</td><td>13.34</td><td>(13.34)</td><td>100m</td><td>13.47</td><td>(13.47)</td><td></td></tr> </table>       |       |                                |                      |       |              |      | Dilara Hultink  |  |  | Wibe de Jong         |  |  |  | 100m | 13.34 | (13.34) | 100m | 13.47 | (13.47) |  |
| Dilara Hultink                                                                                                                                                                                                  |       |                                | Wibe de Jong         |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 100m                                                                                                                                                                                                            | 13.34 | (13.34)                        | 100m                 | 13.47 | (13.47)      |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 |       | Name                           | Cat                  | PB    | Time         | Info |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 31                                                                                                                                                                                                              | wt    | 134 <b>Eva Weultjes</b>        | DPB                  | 13.62 | <b>13.54</b> | PB   |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
|                                                                                                                                                                                                                 | rd    | 66 <b>Lisa Huis in 't veld</b> | DPE                  | 14.52 | <b>14.68</b> |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| <table> <tr> <td colspan="3">Eva Weultjes</td><td colspan="4">Lisa Huis in 't veld</td></tr> <tr> <td>100m</td><td>13.54</td><td>(13.54)</td><td>100m</td><td>14.68</td><td>(14.68)</td><td></td></tr> </table> |       |                                |                      |       |              |      | Eva Weultjes    |  |  | Lisa Huis in 't veld |  |  |  | 100m | 13.54 | (13.54) | 100m | 14.68 | (14.68) |  |
| Eva Weultjes                                                                                                                                                                                                    |       |                                | Lisa Huis in 't veld |       |              |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |
| 100m                                                                                                                                                                                                            | 13.54 | (13.54)                        | 100m                 | 14.68 | (14.68)      |      |                 |  |  |                      |  |  |  |      |       |         |      |       |         |  |

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|    |    | Name                        | Cat | PB                    | Time         | Info |
|----|----|-----------------------------|-----|-----------------------|--------------|------|
| 32 | yw | 67 <b>Elena Ruijtenberg</b> | DPC | 13.91                 | <b>13.54</b> | PB   |
|    | bl | 54 <b>Finn Brouwer</b>      | HPB | 14.51                 | <b>14.10</b> | PB   |
|    |    | <u>Elena Ruijtenberg</u>    |     | <u>Finn Brouwer</u>   |              |      |
|    |    | 100m 13.54 (13.54)          |     | 100m 14.10 (14.10)    |              |      |
|    |    | Name                        | Cat | PB                    | Time         | Info |
| 33 | wt | 24 <b>Simon Wiegman</b>     | HPB | 14.54                 | <b>13.41</b> | PB   |
|    | rd | 104 <b>Norah Poel</b>       | DPB | 15.19                 | <b>14.98</b> | PB   |
|    |    | <u>Simon Wiegman</u>        |     | <u>Norah Poel</u>     |              |      |
|    |    | 100m 13.41 (13.41)          |     | 100m 14.98 (14.98)    |              |      |
|    |    | Name                        | Cat | PB                    | Time         | Info |
| 34 | yw | 129 <b>Lars Bruins</b>      | HPC | 15.54                 | <b>14.97</b> | PB   |
|    | bl | 112 <b>Yfke Raadsveld</b>   | DPD | 14.54                 | <b>14.62</b> |      |
|    |    | <u>Lars Bruins</u>          |     | <u>Yfke Raadsveld</u> |              |      |
|    |    | 100m 14.97 (14.97)          |     | 100m 14.62 (14.62)    |              |      |
|    |    | Name                        | Cat | PB                    | Time         | Info |
| 35 | wt | 87 <b>Bente van Bolhuis</b> | DPC | 14.83                 | <b>14.69</b> | PB   |
|    | rd | 61 <b>Tess Bebelaar</b>     | DPA |                       | <b>15.70</b> |      |
|    |    | <u>Bente van Bolhuis</u>    |     | <u>Tess Bebelaar</u>  |              |      |
|    |    | 100m 14.69 (14.69)          |     | 100m 15.70 (15.70)    |              |      |
|    |    | Name                        | Cat | PB                    | Time         | Info |
| 36 | yw | 64 <b>Silke Verwijs</b>     | DPF | 20.69                 | <b>16.84</b> | PB   |
|    | bl | 53 <b>Eva Brouwer</b>       | DPD | 15.62                 | <b>15.49</b> | PB   |
|    |    | <u>Silke Verwijs</u>        |     | <u>Eva Brouwer</u>    |              |      |
|    |    | 100m 16.84 (16.84)          |     | 100m 15.49 (15.49)    |              |      |

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## 3. Result 500 meter

| Pos | Name                         | Cat | Pair | Lane | Time  | Info | Points |
|-----|------------------------------|-----|------|------|-------|------|--------|
| 1   | 102 Stefan Westenbroek       | HA1 | 38   | O    | 35.77 |      |        |
| 2   | 96 Joep Wennemars            | HB2 | 39   | I    | 36.74 | PB   |        |
| 3   | 27 Mees Hulst                | HB2 | 38   | I    | 38.02 |      |        |
| 4   | 28 Stijn Hulst               | HN2 | 39   | O    | 38.59 |      |        |
| 5   | 4 Jens Verbeek               | HB2 | 41   | I    | 38.74 |      |        |
| 6   | 103 Bas Elst                 | HN4 | 40   | I    | 39.10 | PB   |        |
| 7   | 25 Loek van Vilsteren        | HB1 | 40   | O    | 39.28 | PB   |        |
| 8   | 18 Daan van de Pol           | HB2 | 43   | I    | 39.66 | PB   |        |
| 9   | 34 Niels Meijer              | HB2 | 42   | I    | 40.39 | PB   |        |
| 10  | 14 Mats ten Cate             | HB1 | 41   | O    | 40.40 | PB   |        |
| 11  | 38 Donald Stappenbelt        | HB1 | 42   | O    | 40.73 | PB   |        |
| 12  | 7 Olaf Vunderink             | HC1 | 44   | O    | 41.64 | PB   |        |
| 13  | 33 Jelle Langevoort          | HB1 | 44   | I    | 41.66 | PB   |        |
| 14  | 44 Evert Hof                 | H50 | 43   | O    | 41.70 |      |        |
| 15  | 12 Famke Minnee              | DA1 | 45   | I    | 42.30 |      |        |
| 16  | 93 Luuk Laarhuis             | HB2 | 47   | I    | 42.63 |      |        |
| 17  | 55 Stijn ten Cate            | HC2 | 46   | O    | 42.64 | PB   |        |
| 18  | 26 Hermen Velthuis           | HN2 | 48   | O    | 42.66 |      |        |
| 19  | 119 Lara van Son             | DB1 | 45   | O    | 42.90 | PB   |        |
| 20  | 29 Kayleigh ter Laak         | DA1 | 46   | I    | 43.03 |      |        |
| 21  | 23 Eva Riemersma-van Rheenen | DSB | 50   | I    | 43.36 | PB   |        |
| 22  | 50 Sybren Kemper             | HA2 | 49   | I    | 43.83 |      |        |
| 23  | 113 Timo van Vilsteren       | HA2 | 48   | I    | 44.14 |      |        |
| 24  | 6 Quinten Meerveld           | HA1 | 50   | O    | 44.38 |      |        |
| 25  | 48 Robbin Besten             | HA1 | 47   | O    | 44.55 |      |        |
| 26  | 13 Birte Tellegen            | DC2 | 52   | I    | 44.78 |      |        |
| 27  | 123 Willem Jan Keppels       | HA1 | 55   | I    | 44.81 |      |        |
| 28  | 148 Anke Breunis             | DN2 | 56   | I    | 45.18 |      |        |
| 29  | 51 Ellemijn Luisman          | DB1 | 54   | I    | 45.73 | PB   |        |
| 30  | 91 Robin Keppels             | DC1 | 49   | O    | 45.83 |      |        |
| 31  | 52 Sophie Exterkate          | DPA | 53   | I    | 46.03 |      |        |
| 32  | 144 Philip Diniz             | HPB | 52   | O    | 46.12 |      |        |
| 33  | 36 Bodhi Smeele              | HPA | 57   | I    | 46.43 | PB   |        |
| 34  | 17 Britt Bijker              | DC2 | 56   | O    | 46.48 | PB   |        |
| 35  | 84 Ronald van Leussen        | H45 | 57   | O    | 46.99 | PB   |        |
|     | 77 Sjoerd Riezebos           | HA2 | 66   | O    | 46.99 |      |        |
| 37  | 56 Mats van der Heijden      | HC1 | 55   | O    | 47.04 | PB   |        |
| 38  | 99 Jenne de Haan             | H45 | 59   | O    | 47.49 | PB   |        |

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| Pos | Name                     | Cat | Pair | Lane | Time    | Info | Points |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 39  | 120 Emma vander Lied     | DB1 | 54   | O    | 48.11   |      |        |
| 40  | 35 Bo Meijer             | DB1 | 58   | O    | 48.15   |      |        |
| 41  | 63 Niels Wijma           | HPA | 58   | I    | 48.75   |      |        |
| 42  | 118 Peter Lassche        | HPA | 62   | I    | 49.69   | PB   |        |
| 43  | 16 Kyara Pasman          | DPA | 60   | I    | 50.11   | PB   |        |
| 44  | 32 Ilse Hofstee          | DA1 | 65   | I    | 50.66   | PB   |        |
| 45  | 90 Anne Keppels          | DPC | 59   | I    | 50.76   |      |        |
| 46  | 73 Marit Bouwman         | DC2 | 64   | I    | 50.85   | PB   |        |
| 47  | 37 Djem Smeele           | HPC | 60   | O    | 51.30   |      |        |
| 48  | 8 Stefan Everts          | HPD | 64   | O    | 51.35   | PB   |        |
| 49  | 2 Jelle Kleinlugtenbeld  | HPB | 61   | O    | 51.52   | PB   |        |
| 50  | 15 Mette ten Cate        | DPB | 61   | I    | 51.71   | PB   |        |
| 51  | 42 Liv Kogelman          | DPD | 63   | O    | 52.87   | PB   |        |
| 52  | 30 Yonne Oonk            | DPA | 62   | O    | 53.50   |      |        |
| 53  | 74 Maja Keukenschrijver  | DA1 | 63   | I    | 53.94   |      |        |
| 54  | 45 Noor Leusink          | DPE | 65   | O    | 54.19   | PB   |        |
| 55  | 117 Lucas Lassche        | HPC | 67   | I    | 54.40   | PB   |        |
| 56  | 86 Sarah Kamp            | DPB | 66   | I    | 55.33   | PB   |        |
| 57  | 88 Guido van der Giessen | HC1 | 68   | I    | 57.00   | PB   |        |
| 58  | 105 Dinand Rozendaal     | HC1 | 76   | O    | 57.99   | PB   |        |
| 59  | 57 Lars Marsman          | HB2 | 51   | O    | 58.06   | MT   |        |
| 60  | 89 Jules Keppels         | DPE | 69   | I    | 59.04   | PB   |        |
| 61  | 46 Maud Leusink          | DPD | 67   | O    | 59.58   | PB   |        |
| 62  | 43 Suze ten Hartog       | DPC | 68   | O    | 59.97   | PB   |        |
| 63  | 78 Jort Bos              | HC2 | 71   | O    | 1:00.74 | PB   |        |
| 64  | 125 Erika Leusink Kraft  | D40 | 77   | I    | 1:00.97 |      |        |
| 65  | 47 Romée Bluemink        | DPD | 69   | O    | 1:00.98 | PB   |        |
| 66  | 79 Emma Sprukkelhorst    | DB1 | 78   | O    | 1:01.24 |      |        |
| 67  | 41 Teun Boomkamp         | HPE | 79   | I    | 1:03.10 |      |        |
| 68  | 98 Daan Cents            | HPC | 81   | O    | 1:03.15 |      |        |
| 69  | 40 Huib de Vries         | HPF | 82   | O    | 1:03.37 |      |        |
| 70  | 109 Fabian Scholten      | HC1 | 82   | I    | 1:03.42 |      |        |
| 71  | 143 Noor Lutje Spelberg  | DPD | 73   | I    | 1:03.62 | PB   |        |
| 72  | 100 Kris de Haan         | DPB | 73   | O    | 1:04.62 | PB   |        |
| 73  | 10 Jelmer van Leussen    | HPE | 81   | I    | 1:05.92 |      |        |
| 74  | 101 Douwe de Haan        | HPC | 78   | I    | 1:06.61 |      |        |
| 75  | 5 Veerle Zunnebeld       | DPE | 70   | O    | 1:06.77 | PB   |        |
| 76  | 106 Esmée Cents          | DPB | 72   | I    | 1:07.18 | PB   |        |
| 77  | 122 Pien Tassche         | DPD | 79   | O    | 1:07.66 |      |        |

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| Pos | Name                        | Cat | Pair | Lane | Time    | Info | Points |
|-----|-----------------------------|-----|------|------|---------|------|--------|
| 78  | 22 Liss Phielix             | DPC | 70   | I    | 1:07.67 | PB   |        |
| 79  | 121 Nadia Amsink            | DC1 | 75   | I    | 1:08.86 | PB   |        |
| 80  | 130 Nova Tieke              | DPC | 75   | O    | 1:09.57 | PB   |        |
| 81  | 1 Noortje Kappers           | DPE | 74   | I    | 1:09.72 |      |        |
| 82  | 21 Sanna van der Velde      | DPD | 71   | I    | 1:10.14 |      |        |
| 83  | 97 Lise Cents               | DPE | 76   | I    | 1:12.29 |      |        |
| 84  | 126 Kars Oosting            | HPC | 77   | O    | 1:15.72 |      |        |
| 85  | 139 Christa Otterman        | D45 | 80   | O    | 1:19.85 | FL   |        |
| 86  | 20 Emma van der Velde       | DPF | 74   | O    | 1:22.67 | FL   |        |
| 87  | 127 Annemarie van der Steen | DSB | 80   | I    | 1:23.31 | FL   |        |
| 88  | 9 Niels Everts              | HPF | 72   | O    | 1:24.20 | FL   |        |
|     | 145 Chris Fredriks          | HB2 | 37   | I    | DNF     |      |        |
|     | 19 Luuk van de Pol          | HPA | 51   | I    | DNF     |      |        |
|     | 108 Britt van der Linden    | DPA |      |      | WDR     |      |        |

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## 3. Race Result 500 meter

|    |    | Name                          | Cat           | PB                 | Time          | Info |
|----|----|-------------------------------|---------------|--------------------|---------------|------|
| 37 | wt | 145 <b>Chris Fredriks</b>     | HB2           | 37.09              | <b>DNF</b>    |      |
|    | rd |                               |               |                    |               |      |
|    |    | Chris Fredriks                |               |                    |               |      |
|    |    |                               | m             |                    |               |      |
|    |    | Name                          | Cat           | PB                 | Time          | Info |
| 38 | yw | 27 <b>Mees Hulst</b>          | HB2           | 38.01              | <b>38.02</b>  |      |
|    | bl | 102 <b>Stefan Westenbroek</b> | HA1           | 35.65              | <b>35.77</b>  |      |
|    |    | Mees Hulst                    |               | Stefan Westenbroek |               |      |
|    |    | 100m                          | 10.57 (10.57) | 100m               | 9.93 (9.93)   |      |
|    |    | 500m                          | 38.02 (27.45) | 500m               | 35.77 (25.84) |      |
|    |    | Name                          | Cat           | PB                 | Time          | Info |
| 39 | wt | 96 <b>Joep Wennemars</b>      | HB2           | 37.05              | <b>36.74</b>  | PB   |
|    | rd | 28 <b>Stijn Hulst</b>         | HN2           | 38.17              | <b>38.59</b>  |      |
|    |    | Joep Wennemars                |               | Stijn Hulst        |               |      |
|    |    | 100m                          | 10.36 (10.36) | 100m               | 10.76 (10.76) |      |
|    |    | 500m                          | 36.74 (26.38) | 500m               | 38.59 (27.83) |      |
|    |    | Name                          | Cat           | PB                 | Time          | Info |
| 40 | yw | 103 <b>Bas Elst</b>           | HN4           | 39.22              | <b>39.10</b>  | PB   |
|    | bl | 25 <b>Loek van Vilsteren</b>  | HB1           | 39.87              | <b>39.28</b>  | PB   |
|    |    | Bas Elst                      |               | Loek van Vilsteren |               |      |
|    |    | 100m                          | 10.76 (10.76) | 100m               | 10.79 (10.79) |      |
|    |    | 500m                          | 39.10 (28.34) | 500m               | 39.28 (28.49) |      |
|    |    | Name                          | Cat           | PB                 | Time          | Info |
| 41 | wt | 4 <b>Jens Verbeek</b>         | HB2           | 38.64              | <b>38.74</b>  |      |
|    | rd | 14 <b>Mats ten Cate</b>       | HB1           | 40.75              | <b>40.40</b>  | PB   |
|    |    | Jens Verbeek                  |               | Mats ten Cate      |               |      |
|    |    | 100m                          | 10.79 (10.79) | 100m               | 11.23 (11.23) |      |
|    |    | 500m                          | 38.74 (27.95) | 500m               | 40.40 (29.17) |      |

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|    |    | Name                         | Cat           | PB                        | Time          | Info |
|----|----|------------------------------|---------------|---------------------------|---------------|------|
| 42 | yw | 34 <b>Niels Meijer</b>       | HB2           | 40.43                     | <b>40.39</b>  | PB   |
|    | bl | 38 <b>Donald Stappenbelt</b> | HB1           | 41.26                     | <b>40.73</b>  | PB   |
|    |    | <b>Niels Meijer</b>          |               | <b>Donald Stappenbelt</b> |               |      |
|    |    | 100m                         | 11.20 (11.20) | 100m                      | 11.27 (11.27) |      |
|    |    | 500m                         | 40.39 (29.19) | 500m                      | 40.73 (29.46) |      |
|    |    | Name                         | Cat           | PB                        | Time          | Info |
| 43 | wt | 18 <b>Daan van de Pol</b>    | HB2           | 40.59                     | <b>39.66</b>  | PB   |
|    | rd | 44 <b>Evert Hof</b>          | H50           | 41.30                     | <b>41.70</b>  |      |
|    |    | <b>Daan van de Pol</b>       |               | <b>Evert Hof</b>          |               |      |
|    |    | 100m                         | 10.75 (10.75) | 100m                      | 11.43 (11.43) |      |
|    |    | 500m                         | 39.66 (28.91) | 500m                      | 41.70 (30.27) |      |
|    |    | Name                         | Cat           | PB                        | Time          | Info |
| 44 | yw | 33 <b>Jelle Langevoort</b>   | HB1           | 41.90                     | <b>41.66</b>  | PB   |
|    | bl | 7 <b>Olaf Vunderink</b>      | HC1           | 42.11                     | <b>41.64</b>  | PB   |
|    |    | <b>Jelle Langevoort</b>      |               | <b>Olaf Vunderink</b>     |               |      |
|    |    | 100m                         | 11.55 (11.55) | 100m                      | 11.49 (11.49) |      |
|    |    | 500m                         | 41.66 (30.11) | 500m                      | 41.64 (30.15) |      |
|    |    | Name                         | Cat           | PB                        | Time          | Info |
| 45 | wt | 12 <b>Famke Minnee</b>       | DA1           | 41.36                     | <b>42.30</b>  |      |
|    | rd | 119 <b>Lara van Son</b>      | DB1           | 43.17                     | <b>42.90</b>  | PB   |
|    |    | <b>Famke Minnee</b>          |               | <b>Lara van Son</b>       |               |      |
|    |    | 100m                         | 11.72 (11.72) | 100m                      | 11.78 (11.78) |      |
|    |    | 500m                         | 42.30 (30.58) | 500m                      | 42.90 (31.12) |      |
|    |    | Name                         | Cat           | PB                        | Time          | Info |
| 46 | yw | 29 <b>Kayleigh ter Laak</b>  | DA1           | 42.70                     | <b>43.03</b>  |      |
|    | bl | 55 <b>Stijn ten Cate</b>     | HC2           | 42.98                     | <b>42.64</b>  | PB   |
|    |    | <b>Kayleigh ter Laak</b>     |               | <b>Stijn ten Cate</b>     |               |      |
|    |    | 100m                         | 11.81 (11.81) | 100m                      | 11.49 (11.49) |      |
|    |    | 500m                         | 43.03 (31.22) | 500m                      | 42.64 (31.15) |      |

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|    |    | Name                                | Cat           | PB                      | Time          | Info |
|----|----|-------------------------------------|---------------|-------------------------|---------------|------|
| 47 | wt | 93 <b>Luuk Laarhuis</b>             | HB2           | 41.26                   | <b>42.63</b>  |      |
|    | rd | 48 <b>Robbin Besten</b>             | HA1           | 43.50                   | <b>44.55</b>  |      |
|    |    | <b>Luuk Laarhuis</b>                |               | <b>Robbin Besten</b>    |               |      |
|    |    | 100m                                | 11.33 (11.33) | 100m                    | 11.69 (11.69) |      |
|    |    | 500m                                | 42.63 (31.30) | 500m                    | 44.55 (32.86) |      |
|    |    | Name                                | Cat           | PB                      | Time          | Info |
| 48 | yw | 113 <b>Timo van Vilsteren</b>       | HA2           | 43.77                   | <b>44.14</b>  |      |
|    | bl | 26 <b>Hermen Velthuis</b>           | HN2           | 41.77                   | <b>42.66</b>  |      |
|    |    | <b>Timo van Vilsteren</b>           |               | <b>Hermen Velthuis</b>  |               |      |
|    |    | 100m                                | 11.82 (11.82) | 100m                    | 11.97 (11.97) |      |
|    |    | 500m                                | 44.14 (32.32) | 500m                    | 42.66 (30.69) |      |
|    |    | Name                                | Cat           | PB                      | Time          | Info |
| 49 | wt | 50 <b>Sybren Kemper</b>             | HA2           | 43.01                   | <b>43.83</b>  |      |
|    | rd | 91 <b>Robin Keppels</b>             | DC1           | 44.74                   | <b>45.83</b>  |      |
|    |    | <b>Sybren Kemper</b>                |               | <b>Robin Keppels</b>    |               |      |
|    |    | 100m                                | 12.27 (12.27) | 100m                    | 12.34 (12.34) |      |
|    |    | 500m                                | 43.83 (31.56) | 500m                    | 45.83 (33.49) |      |
|    |    | Name                                | Cat           | PB                      | Time          | Info |
| 50 | yw | 23 <b>Eva Riemersma-van Rheenen</b> | DSB           | 43.67                   | <b>43.36</b>  | PB   |
|    | bl | 6 <b>Quinten Meerveld</b>           | HA1           | 43.98                   | <b>44.38</b>  |      |
|    |    | <b>Eva Riemersma-van Rheenen</b>    |               | <b>Quinten Meerveld</b> |               |      |
|    |    | 100m                                | 12.16 (12.16) | 100m                    | 12.00 (12.00) |      |
|    |    | 500m                                | 43.36 (31.20) | 500m                    | 44.38 (32.38) |      |
|    |    | Name                                | Cat           | PB                      | Time          | Info |
| 51 | wt | 19 <b>Luuk van de Pol</b>           | HPA           | 44.46                   | <b>DNF</b>    |      |
|    | rd | 57 <b>Lars Marsman</b>              | HB2           | 45.34                   | <b>58.06</b>  | MT   |
|    |    | <b>Luuk van de Pol</b>              |               | <b>Lars Marsman</b>     |               |      |
|    |    | 100m                                | 14.27 (14.27) | 100m                    | 12.08 (12.08) |      |
|    |    |                                     |               | 500m                    | 58.06 (45.98) |      |

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|    |    | Name                            | Cat           | PB                          | Time          | Info |
|----|----|---------------------------------|---------------|-----------------------------|---------------|------|
| 52 | yw | 13 <b>Birte Tellegen</b>        | DC2           | 44.38                       | <b>44.78</b>  |      |
|    | bl | 144 <b>Philip Diniz</b>         | HPB           | 45.78                       | <b>46.12</b>  |      |
|    |    | <b>Birte Tellegen</b>           |               | <b>Philip Diniz</b>         |               |      |
|    |    | 100m                            | 12.17 (12.17) | 100m                        | 12.39 (12.39) |      |
|    |    | 500m                            | 44.78 (32.61) | 500m                        | 46.12 (33.73) |      |
|    |    |                                 |               |                             |               |      |
|    |    | Name                            | Cat           | PB                          | Time          | Info |
| 53 | wt | 52 <b>Sophie Exterkate</b>      | DPA           | 45.21                       | <b>46.03</b>  |      |
|    | rd | 108 <b>Britt van der Linden</b> | DPA           | 46.31                       | <b>WDR</b>    |      |
|    |    | <b>Sophie Exterkate</b>         |               | <b>Britt van der Linden</b> |               |      |
|    |    | 100m                            | 12.15 (12.15) |                             |               |      |
|    |    | 500m                            | 46.03 (33.88) |                             |               |      |
|    |    |                                 |               |                             |               |      |
|    |    | Name                            | Cat           | PB                          | Time          | Info |
| 54 | yw | 51 <b>Ellemijn Luisman</b>      | DB1           | 46.11                       | <b>45.73</b>  | PB   |
|    | bl | 120 <b>Emma vander Lied</b>     | DB1           | 46.50                       | <b>48.11</b>  |      |
|    |    | <b>Ellemijn Luisman</b>         |               | <b>Emma vander Lied</b>     |               |      |
|    |    | 100m                            | 12.37 (12.37) | 100m                        | 13.14 (13.14) |      |
|    |    | 500m                            | 45.73 (33.36) | 500m                        | 48.11 (34.97) |      |
|    |    |                                 |               |                             |               |      |
|    |    | Name                            | Cat           | PB                          | Time          | Info |
| 55 | wt | 123 <b>Willem Jan Keppels</b>   | HA1           | 43.56                       | <b>44.81</b>  |      |
|    | rd | 56 <b>Mats van der Heijden</b>  | HC1           | 47.41                       | <b>47.04</b>  | PB   |
|    |    | <b>Willem Jan Keppels</b>       |               | <b>Mats van der Heijden</b> |               |      |
|    |    | 100m                            | 11.96 (11.96) | 100m                        | 12.44 (12.44) |      |
|    |    | 500m                            | 44.81 (32.85) | 500m                        | 47.04 (34.60) |      |
|    |    |                                 |               |                             |               |      |
|    |    | Name                            | Cat           | PB                          | Time          | Info |
| 56 | yw | 148 <b>Anke Breunis</b>         | DN2           | 43.03                       | <b>45.18</b>  |      |
|    | bl | 17 <b>Britt Bijker</b>          | DC2           | 46.63                       | <b>46.48</b>  | PB   |
|    |    | <b>Anke Breunis</b>             |               | <b>Britt Bijker</b>         |               |      |
|    |    | 100m                            | 12.53 (12.53) | 100m                        | 12.49 (12.49) |      |
|    |    | 500m                            | 45.18 (32.65) | 500m                        | 46.48 (33.99) |      |

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|    |    | Name                           | Cat           | PB                           | Time          | Info |
|----|----|--------------------------------|---------------|------------------------------|---------------|------|
| 57 | wt | 36 <b>Bodhi Smeele</b>         | HPA           | 47.03                        | <b>46.43</b>  | PB   |
|    | rd | 84 <b>Ronald van Leussen</b>   | H45           | 47.64                        | <b>46.99</b>  | PB   |
|    |    | <b>Bodhi Smeele</b>            |               | <b>Ronald van Leussen</b>    |               |      |
|    |    | 100m                           | 12.17 (12.17) | 100m                         | 13.16 (13.16) |      |
|    |    | 500m                           | 46.43 (34.26) | 500m                         | 46.99 (33.83) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 58 | yw | 63 <b>Niels Wijma</b>          | HPA           | 48.25                        | <b>48.75</b>  |      |
|    | bl | 35 <b>Bo Meijer</b>            | DB1           | 46.68                        | <b>48.15</b>  |      |
|    |    | <b>Niels Wijma</b>             |               | <b>Bo Meijer</b>             |               |      |
|    |    | 100m                           | 13.02 (13.02) | 100m                         | 12.82 (12.82) |      |
|    |    | 500m                           | 48.75 (35.73) | 500m                         | 48.15 (35.33) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 59 | wt | 90 <b>Anne Keppels</b>         | DPC           | 50.57                        | <b>50.76</b>  |      |
|    | rd | 99 <b>Jenne de Haan</b>        | H45           | 50.85                        | <b>47.49</b>  | PB   |
|    |    | <b>Anne Keppels</b>            |               | <b>Jenne de Haan</b>         |               |      |
|    |    | 100m                           | 13.18 (13.18) | 100m                         | 12.92 (12.92) |      |
|    |    | 500m                           | 50.76 (37.58) | 500m                         | 47.49 (34.57) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 60 | yw | 16 <b>Kyara Pasman</b>         | DPA           | 52.28                        | <b>50.11</b>  | PB   |
|    | bl | 37 <b>Djem Smeele</b>          | HPC           | 50.85                        | <b>51.30</b>  |      |
|    |    | <b>Kyara Pasman</b>            |               | <b>Djem Smeele</b>           |               |      |
|    |    | 100m                           | 13.07 (13.07) | 100m                         | 13.30 (13.30) |      |
|    |    | 500m                           | 50.11 (37.04) | 500m                         | 51.30 (38.00) |      |
|    |    | Name                           | Cat           | PB                           | Time          | Info |
| 61 | wt | 15 <b>Mette ten Cate</b>       | DPB           | 51.84                        | <b>51.71</b>  | PB   |
|    | rd | 2 <b>Jelle Kleinlugtenbeld</b> | HPB           | 53.54                        | <b>51.52</b>  | PB   |
|    |    | <b>Mette ten Cate</b>          |               | <b>Jelle Kleinlugtenbeld</b> |               |      |
|    |    | 100m                           | 13.19 (13.19) | 100m                         | 13.46 (13.46) |      |
|    |    | 500m                           | 51.71 (38.52) | 500m                         | 51.52 (38.06) |      |

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|    |    | Name                           | Cat | PB                     | Time         | Info |
|----|----|--------------------------------|-----|------------------------|--------------|------|
| 62 | yw | 118 <b>Peter Lassche</b>       | HPA | 52.79                  | <b>49.69</b> | PB   |
|    | bl | 30 <b>Yonne Oonk</b>           | DPA | 52.60                  | <b>53.50</b> |      |
|    |    | <b>Peter Lassche</b>           |     | <b>Yonne Oonk</b>      |              |      |
|    |    | 100m 12.86 (12.86)             |     | 100m 13.81 (13.81)     |              |      |
|    |    | 500m 49.69 (36.83)             |     | 500m 53.50 (39.69)     |              |      |
|    |    | Name                           | Cat | PB                     | Time         | Info |
| 63 | wt | 74 <b>Maja Keukenschrijver</b> | DA1 | 53.34                  | <b>53.94</b> |      |
|    | rd | 42 <b>Liv Kogelman</b>         | DPD | 55.17                  | <b>52.87</b> | PB   |
|    |    | <b>Maja Keukenschrijver</b>    |     | <b>Liv Kogelman</b>    |              |      |
|    |    | 100m 14.16 (14.16)             |     | 100m 13.04 (13.04)     |              |      |
|    |    | 500m 53.94 (39.78)             |     | 500m 52.87 (39.83)     |              |      |
|    |    | Name                           | Cat | PB                     | Time         | Info |
| 64 | yw | 73 <b>Marit Bouwman</b>        | DC2 | 55.34                  | <b>50.85</b> | PB   |
|    | bl | 8 <b>Stefan Everts</b>         | HPD | 53.82                  | <b>51.35</b> | PB   |
|    |    | <b>Marit Bouwman</b>           |     | <b>Stefan Everts</b>   |              |      |
|    |    | 100m 12.91 (12.91)             |     | 100m 13.28 (13.28)     |              |      |
|    |    | 500m 50.85 (37.94)             |     | 500m 51.35 (38.07)     |              |      |
|    |    | Name                           | Cat | PB                     | Time         | Info |
| 65 | wt | 32 <b>Ilse Hofstee</b>         | DA1 | 51.98                  | <b>50.66</b> | PB   |
|    | rd | 45 <b>Noor Leusink</b>         | DPE | 56.75                  | <b>54.19</b> | PB   |
|    |    | <b>Ilse Hofstee</b>            |     | <b>Noor Leusink</b>    |              |      |
|    |    | 100m 13.23 (13.23)             |     | 100m 13.56 (13.56)     |              |      |
|    |    | 500m 50.66 (37.43)             |     | 500m 54.19 (40.63)     |              |      |
|    |    | Name                           | Cat | PB                     | Time         | Info |
| 66 | yw | 86 <b>Sarah Kamp</b>           | DPB | 55.75                  | <b>55.33</b> | PB   |
|    | bl | 77 <b>Sjoerd Riezebos</b>      | HA2 | 45.89                  | <b>46.99</b> |      |
|    |    | <b>Sarah Kamp</b>              |     | <b>Sjoerd Riezebos</b> |              |      |
|    |    | 100m 14.01 (14.01)             |     | 100m 12.43 (12.43)     |              |      |
|    |    | 500m 55.33 (41.32)             |     | 500m 46.99 (34.56)     |              |      |

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|    |    | Name                            | Cat             | PB                      | Time            | Info |
|----|----|---------------------------------|-----------------|-------------------------|-----------------|------|
| 67 | wt | 117 <b>Lucas Lassche</b>        | HPC             | 57.17                   | <b>54.40</b>    | PB   |
|    | rd | 46 <b>Maud Leusink</b>          | DPD             | 1:02.91                 | <b>59.58</b>    | PB   |
|    |    | <b>Lucas Lassche</b>            |                 | <b>Maud Leusink</b>     |                 |      |
|    |    | 100m                            | 13.65 (13.65)   | 100m                    | 14.39 (14.39)   |      |
|    |    | 500m                            | 54.40 (40.75)   | 500m                    | 59.58 (45.19)   |      |
|    |    |                                 |                 |                         |                 |      |
|    |    | Name                            | Cat             | PB                      | Time            | Info |
| 68 | yw | 88 <b>Guido van der Giessen</b> | HC1             | 1:04.67                 | <b>57.00</b>    | PB   |
|    | bl | 43 <b>Suze ten Hartog</b>       | DPC             | 1:04.63                 | <b>59.97</b>    | PB   |
|    |    | <b>Guido van der Giessen</b>    |                 | <b>Suze ten Hartog</b>  |                 |      |
|    |    | 100m                            | 14.32 (14.32)   | 100m                    | 14.51 (14.51)   |      |
|    |    | 500m                            | 57.00 (42.68)   | 500m                    | 59.97 (45.46)   |      |
|    |    |                                 |                 |                         |                 |      |
|    |    | Name                            | Cat             | PB                      | Time            | Info |
| 69 | wt | 89 <b>Jules Keppels</b>         | DPE             | 1:06.32                 | <b>59.04</b>    | PB   |
|    | rd | 47 <b>Romée Bluemink</b>        | DPD             | 1:06.79                 | <b>1:00.98</b>  | PB   |
|    |    | <b>Jules Keppels</b>            |                 | <b>Romée Bluemink</b>   |                 |      |
|    |    | 100m                            | 14.04 (14.04)   | 100m                    | 14.15 (14.15)   |      |
|    |    | 500m                            | 59.04 (45.00)   | 500m                    | 1:00.98 (46.83) |      |
|    |    |                                 |                 |                         |                 |      |
|    |    | Name                            | Cat             | PB                      | Time            | Info |
| 70 | yw | 22 <b>Liss Phielix</b>          | DPC             | 1:09.94                 | <b>1:07.67</b>  | PB   |
|    | bl | 5 <b>Veerle Zunnebeld</b>       | DPE             | 1:11.02                 | <b>1:06.77</b>  | PB   |
|    |    | <b>Liss Phielix</b>             |                 | <b>Veerle Zunnebeld</b> |                 |      |
|    |    | 100m                            | 15.73 (15.73)   | 100m                    | 15.63 (15.63)   |      |
|    |    | 500m                            | 1:07.67 (51.94) | 500m                    | 1:06.77 (51.14) |      |
|    |    |                                 |                 |                         |                 |      |
|    |    | Name                            | Cat             | PB                      | Time            | Info |
| 71 | wt | 21 <b>Sanna van der Velde</b>   | DPD             | 1:09.78                 | <b>1:10.14</b>  |      |
|    | rd | 78 <b>Jort Bos</b>              | HC2             | 1:11.94                 | <b>1:00.74</b>  | PB   |
|    |    | <b>Sanna van der Velde</b>      |                 | <b>Jort Bos</b>         |                 |      |
|    |    | 100m                            | 15.86 (15.86)   | 100m                    | 14.58 (14.58)   |      |
|    |    | 500m                            | 1:10.14 (54.28) | 500m                    | 1:00.74 (46.16) |      |

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|    |    | Name                           | Cat             | PB      | Time            | Info |
|----|----|--------------------------------|-----------------|---------|-----------------|------|
| 72 | yw | 106 <b>Esmée Cents</b>         | DPB             | 1:14.18 | <b>1:07.18</b>  | PB   |
|    | bl | 9 <b>Niels Everts</b>          | HPF             | 1:11.07 | <b>1:24.20</b>  | FL   |
|    |    | <b>Esmée Cents</b>             |                 |         |                 |      |
|    |    | <b>Niels Everts</b>            |                 |         |                 |      |
|    |    | 100m                           | 14.96 (14.96)   | 100m    | 19.68 (19.68)   |      |
|    |    | 500m                           | 1:07.18 (52.22) | 500m    | 1:24.20 (64.52) |      |
|    |    |                                |                 |         |                 |      |
|    |    | Name                           | Cat             | PB      | Time            | Info |
| 73 | wt | 143 <b>Noor Lutje Spelberg</b> | DPD             | 1:11.60 | <b>1:03.62</b>  | PB   |
|    | rd | 100 <b>Kris de Haan</b>        | DPB             | 1:19.48 | <b>1:04.62</b>  | PB   |
|    |    | <b>Noor Lutje Spelberg</b>     |                 |         |                 |      |
|    |    | <b>Kris de Haan</b>            |                 |         |                 |      |
|    |    | 100m                           | 14.63 (14.63)   | 100m    | 15.02 (15.02)   |      |
|    |    | 500m                           | 1:03.62 (48.99) | 500m    | 1:04.62 (49.60) |      |
|    |    |                                |                 |         |                 |      |
|    |    | Name                           | Cat             | PB      | Time            | Info |
| 74 | yw | 1 <b>Noortje Kappers</b>       | DPE             | 1:09.72 | <b>1:09.72</b>  |      |
|    | bl | 20 <b>Emma van der Velde</b>   | DPF             | 1:16.49 | <b>1:22.67</b>  | FL   |
|    |    | <b>Noortje Kappers</b>         |                 |         |                 |      |
|    |    | <b>Emma van der Velde</b>      |                 |         |                 |      |
|    |    | 100m                           | 15.10 (15.10)   | 100m    | 16.63 (16.63)   |      |
|    |    | 500m                           | 1:09.72 (54.62) | 500m    | 1:22.67 (66.04) |      |
|    |    |                                |                 |         |                 |      |
|    |    | Name                           | Cat             | PB      | Time            | Info |
| 75 | wt | 121 <b>Nadia Amsink</b>        | DC1             | 1:16.65 | <b>1:08.86</b>  | PB   |
|    | rd | 130 <b>Nova Tieke</b>          | DPC             | 1:21.60 | <b>1:09.57</b>  | PB   |
|    |    | <b>Nadia Amsink</b>            |                 |         |                 |      |
|    |    | <b>Nova Tieke</b>              |                 |         |                 |      |
|    |    | 100m                           | 15.79 (15.79)   | 100m    | 15.98 (15.98)   |      |
|    |    | 500m                           | 1:08.86 (53.07) | 500m    | 1:09.57 (53.59) |      |
|    |    |                                |                 |         |                 |      |
|    |    | Name                           | Cat             | PB      | Time            | Info |
| 76 | yw | 97 <b>Lise Cents</b>           | DPE             |         | <b>1:12.29</b>  |      |
|    | bl | 105 <b>Dinand Rozendaal</b>    | HC1             | 1:20.27 | <b>57.99</b>    | PB   |
|    |    | <b>Lise Cents</b>              |                 |         |                 |      |
|    |    | <b>Dinand Rozendaal</b>        |                 |         |                 |      |
|    |    | 100m                           | 15.97 (15.97)   | 100m    | 13.93 (13.93)   |      |
|    |    | 500m                           | 1:12.29 (56.32) | 500m    | 57.99 (44.06)   |      |

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# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

|    |    | Name                                | Cat | PB                        | Time           | Info |
|----|----|-------------------------------------|-----|---------------------------|----------------|------|
| 77 | wt | 125 <b>Erika Leusink Kraft</b>      | D40 |                           | <b>1:00.97</b> |      |
|    | rd | 126 <b>Kars Oosting</b>             | HPC |                           | <b>1:15.72</b> |      |
|    |    | <b>Erika Leusink Kraft</b>          |     | <b>Kars Oosting</b>       |                |      |
|    |    | 100m 15.47 (15.47)                  |     | 100m 16.09 (16.09)        |                |      |
|    |    | 500m 1:00.97 (45.50)                |     | 500m 1:15.72 (59.63)      |                |      |
|    |    | Name                                | Cat | PB                        | Time           | Info |
| 78 | yw | 101 <b>Douwe de Haan</b>            | HPC |                           | <b>1:06.61</b> |      |
|    | bl | 79 <b>Emma Sprukkelhorst</b>        | DB1 |                           | <b>1:01.24</b> |      |
|    |    | <b>Douwe de Haan</b>                |     | <b>Emma Sprukkelhorst</b> |                |      |
|    |    | 100m 14.87 (14.87)                  |     | 100m 15.38 (15.38)        |                |      |
|    |    | 500m 1:06.61 (51.74)                |     | 500m 1:01.24 (45.86)      |                |      |
|    |    | Name                                | Cat | PB                        | Time           | Info |
| 79 | wt | 41 <b>Teun Boomkamp</b>             | HPE |                           | <b>1:03.10</b> |      |
|    | rd | 122 <b>Pien Tassche</b>             | DPD |                           | <b>1:07.66</b> |      |
|    |    | <b>Teun Boomkamp</b>                |     | <b>Pien Tassche</b>       |                |      |
|    |    | 100m 15.12 (15.12)                  |     | 100m 15.71 (15.71)        |                |      |
|    |    | 500m 1:03.10 (47.98)                |     | 500m 1:07.66 (51.95)      |                |      |
|    |    | Name                                | Cat | PB                        | Time           | Info |
| 80 | yw | 127 <b>Annnemarie van der Steen</b> | DSB |                           | <b>1:23.31</b> | FL   |
|    | bl | 139 <b>Christa Otterman</b>         | D45 |                           | <b>1:19.85</b> | FL   |
|    |    | <b>Annnemarie van der Steen</b>     |     | <b>Christa Otterman</b>   |                |      |
|    |    | 100m 16.42 (16.42)                  |     | 100m 16.63 (16.63)        |                |      |
|    |    | 500m 1:23.31 (66.89)                |     | 500m 1:19.85 (63.22)      |                |      |
|    |    | Name                                | Cat | PB                        | Time           | Info |
| 81 | wt | 10 <b>Jelmer van Leussen</b>        | HPE |                           | <b>1:05.92</b> |      |
|    | rd | 98 <b>Daan Cents</b>                | HPC |                           | <b>1:03.15</b> |      |
|    |    | <b>Jelmer van Leussen</b>           |     | <b>Daan Cents</b>         |                |      |
|    |    | 100m 15.18 (15.18)                  |     | 100m 14.67 (14.67)        |                |      |
|    |    | 500m 1:05.92 (50.74)                |     | 500m 1:03.15 (48.48)      |                |      |

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Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

|    |    | Name                | Cat             | PB            | Time            | Info |
|----|----|---------------------|-----------------|---------------|-----------------|------|
| 82 | yw | 109 Fabian Scholten | HC1             |               | 1:03.42         |      |
|    | bl | 40 Huib de Vries    | HPF             |               | 1:03.37         |      |
|    |    | Fabian Scholten     |                 | Huib de Vries |                 |      |
|    |    | 100m                | 14.75 (14.75)   | 100m          | 14.28 (14.28)   |      |
|    |    | 500m                | 1:03.42 (48.67) | 500m          | 1:03.37 (49.09) |      |

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Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 4. Result 500 meter

| Pos | Name                      | Cat | Pair | Lane | Time    | Info | Points |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 81 Joost Dekkers          | HA1 | 84   | I    | 40.58   |      |        |
| 2   | 60 Roberto van Goor       | H45 | 83   | I    | 42.69   |      |        |
| 3   | 69 Wiebe de Rijk          | HC2 | 84   | O    | 43.12   |      |        |
| 4   | 110 Niek Burgmeijer       | HB2 | 86   | I    | 43.95   |      |        |
| 5   | 133 Arno Broekhuis        | H45 | 85   | I    | 44.58   |      |        |
| 6   | 75 Bram Kloosterman       | HC2 | 87   | O    | 44.87   | PB   |        |
| 7   | 65 Just Venema            | HC1 | 87   | I    | 45.42   | PB   |        |
| 8   | 140 Ronald Horstman       | H55 | 86   | O    | 45.76   |      |        |
| 9   | 68 Ruben de Rijk          | HPA | 88   | O    | 45.83   |      |        |
| 10  | 131 Bert Keizer           | H65 | 85   | O    | 46.36   |      |        |
| 11  | 80 Frank Dekkers          | H50 | 88   | I    | 46.77   |      |        |
| 12  | 116 Arjen Verheij         | H45 | 89   | I    | 48.06   | PB   |        |
| 13  | 138 Rick van der Stege    | HC1 | 89   | O    | 48.14   | PB   |        |
| 14  | 94 Koen Super             | HB1 | 90   | O    | 48.17   | PB   |        |
| 15  | 85 Noa Handelzalts        | DPB | 90   | I    | 49.82   | PB   |        |
| 16  | 71 Maria Ufkes            | D40 | 91   | I    | 49.89   |      |        |
| 17  | 136 Robin Dunnink         | HPC | 91   | O    | 50.92   | PB   |        |
| 18  | 124 Fred van Bussel       | H55 | 94   | I    | 51.27   |      |        |
| 19  | 137 Wibe de Jong          | HPB | 92   | I    | 51.84   | PB   |        |
| 20  | 111 Denice Burgmeijer     | DC1 | 94   | O    | 51.88   | PB   |        |
| 21  | 24 Simon Wiegman          | HPB | 92   | O    | 52.31   |      |        |
| 22  | 134 Eva Weultjes          | DPB | 93   | O    | 53.32   | PB   |        |
| 23  | 135 Gerard van Bussel     | H70 | 95   | O    | 54.50   | PB   |        |
| 24  | 142 Anneke Venema         | D55 | 95   | I    | 54.94   | PB   |        |
| 25  | 62 Sam Bebelaar           | HPC | 98   | O    | 57.22   | PB   |        |
| 26  | 70 Dilara Hultink         | DPC | 96   | I    | 57.71   |      |        |
| 27  | 132 Carl de Rijk          | H45 | 101  | I    | 59.25   |      |        |
| 28  | 95 Anna Super             | DC2 | 97   | I    | 59.58   | PB   |        |
| 29  | 67 Elena Ruijtenberg      | DPC | 98   | I    | 1:01.00 | PB   |        |
| 30  | 112 Yfke Raadsveld        | DPD | 96   | O    | 1:02.11 |      |        |
| 31  | 87 Bente van Bolhuis      | DPC | 99   | I    | 1:02.66 | PB   |        |
| 32  | 54 Finn Brouwer           | HPB | 97   | O    | 1:03.55 | PB   |        |
| 33  | 92 Ab van Zwieten de Blom | H65 | 99   | O    | 1:04.46 |      |        |
| 34  | 66 Lisa Huis in 't veld   | DPE | 100  | O    | 1:04.86 | PB   |        |
| 35  | 104 Norah Poel            | DPB | 102  | O    | 1:09.01 |      |        |
| 36  | 129 Lars Bruins           | HPC | 101  | O    | 1:10.73 |      |        |
| 37  | 53 Eva Brouwer            | DPD | 102  | I    | 1:12.31 | PB   |        |
| 38  | 61 Tess Bebelaar          | DPA | 100  | I    | 1:15.53 |      |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

| Pos | Name           | Cat | Pair | Lane | Time | Info | Points |
|-----|----------------|-----|------|------|------|------|--------|
| 82  | Hans Bom       | H55 | 93   | I    |      | DNS  |        |
| 83  | Wester Landman | HB2 |      |      |      | WDR  |        |

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# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 4. Race Result 500 meter

|    |    | Name                       | Cat           | PB                    | Time         | Info |
|----|----|----------------------------|---------------|-----------------------|--------------|------|
| 83 | wt | 60 <b>Roberto van Goor</b> | H45           | 42.27                 | <b>42.69</b> |      |
|    | rd | 83 <b>Wester Landman</b>   | HB2           | 39.88                 | <b>WDR</b>   |      |
|    |    | <b>Roberto van Goor</b>    |               | <b>Wester Landman</b> |              |      |
|    |    | 100m                       | 11.78 (11.78) |                       |              |      |
|    |    | 500m                       | 42.69 (30.91) |                       |              |      |

|    |    | Name                    | Cat           | PB                   | Time          | Info |
|----|----|-------------------------|---------------|----------------------|---------------|------|
| 84 | yw | 81 <b>Joost Dekkers</b> | HA1           | 40.47                | <b>40.58</b>  |      |
|    | bl | 69 <b>Wiebe de Rijk</b> | HC2           | 42.52                | <b>43.12</b>  |      |
|    |    | <b>Joost Dekkers</b>    |               | <b>Wiebe de Rijk</b> |               |      |
|    |    | 100m                    | 11.25 (11.25) | 100m                 | 11.82 (11.82) |      |
|    |    | 500m                    | 40.58 (29.33) | 500m                 | 43.12 (31.30) |      |

|    |    | Name                      | Cat           | PB                 | Time          | Info |
|----|----|---------------------------|---------------|--------------------|---------------|------|
| 85 | wt | 133 <b>Arno Broekhuis</b> | H45           | 44.44              | <b>44.58</b>  |      |
|    | rd | 131 <b>Bert Keizer</b>    | H65           | 43.12              | <b>46.36</b>  |      |
|    |    | <b>Arno Broekhuis</b>     |               | <b>Bert Keizer</b> |               |      |
|    |    | 100m                      | 12.42 (12.42) | 100m               | 12.50 (12.50) |      |
|    |    | 500m                      | 44.58 (32.16) | 500m               | 46.36 (33.86) |      |

|    |    | Name                       | Cat           | PB                     | Time          | Info |
|----|----|----------------------------|---------------|------------------------|---------------|------|
| 86 | yw | 110 <b>Niek Burgmeijer</b> | HB2           | 43.11                  | <b>43.95</b>  |      |
|    | bl | 140 <b>Ronald Horstman</b> | H55           | 44.03                  | <b>45.76</b>  |      |
|    |    | <b>Niek Burgmeijer</b>     |               | <b>Ronald Horstman</b> |               |      |
|    |    | 100m                       | 12.18 (12.18) | 100m                   | 12.88 (12.88) |      |
|    |    | 500m                       | 43.95 (31.77) | 500m                   | 45.76 (32.88) |      |

|    |    | Name                       | Cat           | PB                      | Time          | Info |
|----|----|----------------------------|---------------|-------------------------|---------------|------|
| 87 | wt | 65 <b>Just Venema</b>      | HC1           | 47.54                   | <b>45.42</b>  | PB   |
|    | rd | 75 <b>Bram Kloosterman</b> | HC2           | 46.67                   | <b>44.87</b>  | PB   |
|    |    | <b>Just Venema</b>         |               | <b>Bram Kloosterman</b> |               |      |
|    |    | 100m                       | 12.25 (12.25) | 100m                    | 11.89 (11.89) |      |
|    |    | 500m                       | 45.42 (33.17) | 500m                    | 44.87 (32.98) |      |

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Sport- en Recreatiecentrum de Scheg - Deventer

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|    |    | Name                          | Cat           | PB                        | Time          | Info |
|----|----|-------------------------------|---------------|---------------------------|---------------|------|
| 88 | yw | 80 <b>Frank Dekkers</b>       | H50           | 46.49                     | <b>46.77</b>  |      |
|    | bl | 68 <b>Ruben de Rijk</b>       | HPA           | 45.83                     | <b>45.83</b>  |      |
|    |    | <b>Frank Dekkers</b>          |               | <b>Ruben de Rijk</b>      |               |      |
|    |    | 100m                          | 12.80 (12.80) | 100m                      | 12.31 (12.31) |      |
|    |    | 500m                          | 46.77 (33.97) | 500m                      | 45.83 (33.52) |      |
|    |    | Name                          | Cat           | PB                        | Time          | Info |
| 89 | wt | 116 <b>Arjen Verheij</b>      | H45           | 48.74                     | <b>48.06</b>  | PB   |
|    | rd | 138 <b>Rick van der Stege</b> | HC1           | 49.70                     | <b>48.14</b>  | PB   |
|    |    | <b>Arjen Verheij</b>          |               | <b>Rick van der Stege</b> |               |      |
|    |    | 100m                          | 13.11 (13.11) | 100m                      | 12.92 (12.92) |      |
|    |    | 500m                          | 48.06 (34.95) | 500m                      | 48.14 (35.22) |      |
|    |    | Name                          | Cat           | PB                        | Time          | Info |
| 90 | yw | 85 <b>Noa Handelzalts</b>     | DPB           | 51.12                     | <b>49.82</b>  | PB   |
|    | bl | 94 <b>Koen Super</b>          | HB1           | 50.62                     | <b>48.17</b>  | PB   |
|    |    | <b>Noa Handelzalts</b>        |               | <b>Koen Super</b>         |               |      |
|    |    | 100m                          | 13.01 (13.01) | 100m                      | 12.76 (12.76) |      |
|    |    | 500m                          | 49.82 (36.81) | 500m                      | 48.17 (35.41) |      |
|    |    | Name                          | Cat           | PB                        | Time          | Info |
| 91 | wt | 71 <b>Maria Ufkes</b>         | D40           | 45.98                     | <b>49.89</b>  |      |
|    | rd | 136 <b>Robin Dunnink</b>      | HPC           | 52.18                     | <b>50.92</b>  | PB   |
|    |    | <b>Maria Ufkes</b>            |               | <b>Robin Dunnink</b>      |               |      |
|    |    | 100m                          | 13.16 (13.16) | 100m                      | 13.09 (13.09) |      |
|    |    | 500m                          | 49.89 (36.73) | 500m                      | 50.92 (37.83) |      |
|    |    | Name                          | Cat           | PB                        | Time          | Info |
| 92 | yw | 137 <b>Wibe de Jong</b>       | HPB           | 51.99                     | <b>51.84</b>  | PB   |
|    | bl | 24 <b>Simon Wiegman</b>       | HPB           | 51.36                     | <b>52.31</b>  |      |
|    |    | <b>Wibe de Jong</b>           |               | <b>Simon Wiegman</b>      |               |      |
|    |    | 100m                          | 13.42 (13.42) | 100m                      | 13.59 (13.59) |      |
|    |    | 500m                          | 51.84 (38.42) | 500m                      | 52.31 (38.72) |      |

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|    |    | Name                         | Cat   | PB                       | Time           | Info            |
|----|----|------------------------------|-------|--------------------------|----------------|-----------------|
| 93 | wt | 82 <b>Hans Bom</b>           | H55   | 51.99                    | <b>DNS</b>     |                 |
|    | rd | 134 <b>Eva Weultjes</b>      | DPB   | 54.41                    | <b>53.32</b>   | PB              |
|    |    | <b>Hans Bom</b>              |       | <b>Eva Weultjes</b>      |                |                 |
|    |    | 100m                         | 13.75 | (13.75)                  |                |                 |
|    |    | 500m                         | 53.32 | (39.57)                  |                |                 |
|    |    | Name                         | Cat   | PB                       | Time           | Info            |
| 94 | yw | 124 <b>Fred van Bussel</b>   | H55   | 49.82                    | <b>51.27</b>   |                 |
|    | bl | 111 <b>Denice Burgmeijer</b> | DC1   | 53.23                    | <b>51.88</b>   | PB              |
|    |    | <b>Fred van Bussel</b>       |       | <b>Denice Burgmeijer</b> |                |                 |
|    |    | 100m                         | 13.66 | (13.66)                  | 100m           | 13.39 (13.39)   |
|    |    | 500m                         | 51.27 | (37.61)                  | 500m           | 51.88 (38.49)   |
|    |    | Name                         | Cat   | PB                       | Time           | Info            |
| 95 | wt | 142 <b>Anneke Venema</b>     | D55   | 56.64                    | <b>54.94</b>   | PB              |
|    | rd | 135 <b>Gerard van Bussel</b> | H70   | 54.91                    | <b>54.50</b>   | PB              |
|    |    | <b>Anneke Venema</b>         |       | <b>Gerard van Bussel</b> |                |                 |
|    |    | 100m                         | 15.05 | (15.05)                  | 100m           | 15.00 (15.00)   |
|    |    | 500m                         | 54.94 | (39.89)                  | 500m           | 54.50 (39.50)   |
|    |    | Name                         | Cat   | PB                       | Time           | Info            |
| 96 | yw | 70 <b>Dilara Hultink</b>     | DPC   | 57.24                    | <b>57.71</b>   |                 |
|    | bl | 112 <b>Yfke Raadsveld</b>    | DPD   | 1:00.57                  | <b>1:02.11</b> |                 |
|    |    | <b>Dilara Hultink</b>        |       | <b>Yfke Raadsveld</b>    |                |                 |
|    |    | 100m                         | 13.85 | (13.85)                  | 100m           | 14.93 (14.93)   |
|    |    | 500m                         | 57.71 | (43.86)                  | 500m           | 1:02.11 (47.18) |
|    |    | Name                         | Cat   | PB                       | Time           | Info            |
| 97 | wt | 95 <b>Anna Super</b>         | DC2   | 1:00.62                  | <b>59.58</b>   | PB              |
|    | rd | 54 <b>Finn Brouwer</b>       | HPB   | 1:04.42                  | <b>1:03.55</b> | PB              |
|    |    | <b>Anna Super</b>            |       | <b>Finn Brouwer</b>      |                |                 |
|    |    | 100m                         | 14.64 | (14.64)                  | 100m           | 15.17 (15.17)   |
|    |    | 500m                         | 59.58 | (44.94)                  | 500m           | 1:03.55 (48.38) |

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|     |    | Name                             | Cat | PB                            | Time           | Info |
|-----|----|----------------------------------|-----|-------------------------------|----------------|------|
| 98  | yw | 67 <b>Elena Ruijtenberg</b>      | DPC | 1:02.91                       | <b>1:01.00</b> | PB   |
|     | bl | 62 <b>Sam Bebelaar</b>           | HPC | 1:00.93                       | <b>57.22</b>   | PB   |
|     |    | <b>Elena Ruijtenberg</b>         |     | <b>Sam Bebelaar</b>           |                |      |
|     |    | 100m 14.11 (14.11)               |     | 100m 13.43 (13.43)            |                |      |
|     |    | 500m 1:01.00 (46.89)             |     | 500m 57.22 (43.79)            |                |      |
|     |    | Name                             | Cat | PB                            | Time           | Info |
| 99  | wt | 87 <b>Bente van Bolhuis</b>      | DPC | 1:04.89                       | <b>1:02.66</b> | PB   |
|     | rd | 92 <b>Ab van Zwieten de Blom</b> | H65 | 52.66                         | <b>1:04.46</b> |      |
|     |    | <b>Bente van Bolhuis</b>         |     | <b>Ab van Zwieten de Blom</b> |                |      |
|     |    | 100m 14.85 (14.85)               |     | 100m 17.37 (17.37)            |                |      |
|     |    | 500m 1:02.66 (47.81)             |     | 500m 1:04.46 (47.09)          |                |      |
|     |    | Name                             | Cat | PB                            | Time           | Info |
| 100 | yw | 61 <b>Tess Bebelaar</b>          | DPA | 1:14.81                       | <b>1:15.53</b> |      |
|     | bl | 66 <b>Lisa Huis in 't veld</b>   | DPE | 1:07.05                       | <b>1:04.86</b> | PB   |
|     |    | <b>Tess Bebelaar</b>             |     | <b>Lisa Huis in 't veld</b>   |                |      |
|     |    | 100m 16.82 (16.82)               |     | 100m 15.06 (15.06)            |                |      |
|     |    | 500m 1:15.53 (58.71)             |     | 500m 1:04.86 (49.80)          |                |      |
|     |    | Name                             | Cat | PB                            | Time           | Info |
| 101 | wt | 132 <b>Carl de Rijk</b>          | H45 |                               | <b>59.25</b>   |      |
|     | rd | 129 <b>Lars Bruins</b>           | HPC |                               | <b>1:10.73</b> |      |
|     |    | <b>Carl de Rijk</b>              |     | <b>Lars Bruins</b>            |                |      |
|     |    | 100m 15.58 (15.58)               |     | 100m 16.00 (16.00)            |                |      |
|     |    | 500m 59.25 (43.67)               |     | 500m 1:10.73 (54.73)          |                |      |
|     |    | Name                             | Cat | PB                            | Time           | Info |
| 102 | yw | 53 <b>Eva Brouwer</b>            | DPD | 1:18.19                       | <b>1:12.31</b> | PB   |
|     | bl | 104 <b>Norah Poel</b>            | DPB |                               | <b>1:09.01</b> |      |
|     |    | <b>Eva Brouwer</b>               |     | <b>Norah Poel</b>             |                |      |
|     |    | 100m 16.62 (16.62)               |     | 100m 15.78 (15.78)            |                |      |
|     |    | 500m 1:12.31 (55.69)             |     | 500m 1:09.01 (53.23)          |                |      |

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## 5. Result 300 meter

| Pos | Name                    | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 19 Luuk van de Pol      | HPA | 103  | O    | 28.46 |      |        |
| 2   | 52 Sophie Exterkate     | DPA | 105  | O    | 28.95 |      |        |
| 3   | 144 Philip Diniz        | HPB | 103  | I    | 29.13 | PB   |        |
| 4   | 36 Bodhi Smeele         | HPA | 107  | O    | 29.90 | PB   |        |
| 5   | 90 Anne Keppels         | DPC | 106  | I    | 30.68 | PB   |        |
| 6   | 63 Niels Wijma          | HPA | 106  | O    | 30.84 | PB   |        |
| 7   | 16 Kyara Pasman         | DPA | 107  | I    | 30.89 | PB   |        |
| 8   | 37 Djem Smeele          | HPC | 108  | I    | 31.21 | PB   |        |
| 9   | 118 Peter Lassche       | HPA | 109  | I    | 31.26 | PB   |        |
| 10  | 15 Mette ten Cate       | DPB | 109  | O    | 32.02 | PB   |        |
| 11  | 117 Lucas Lassche       | HPC | 112  | O    | 32.82 | PB   |        |
| 12  | 2 Jelle Kleinlugtenbeld | HPB | 110  | O    | 32.89 | PB   |        |
| 13  | 42 Liv Kogelman         | DPD | 111  | I    | 33.02 | PB   |        |
| 14  | 8 Stefan Everts         | HPD | 108  | O    | 33.07 |      |        |
| 15  | 30 Yonne Oonk           | DPA | 111  | O    | 33.70 |      |        |
| 16  | 86 Sarah Kamp           | DPB | 110  | I    | 34.20 |      |        |
| 17  | 89 Jules Keppels        | DPE | 114  | O    | 36.41 | PB   |        |
|     | 46 Maud Leusink         | DPD | 114  | I    | 36.41 | PB   |        |
| 19  | 47 Romée Bluemink       | DPD | 112  | I    | 36.70 | PB   |        |
| 20  | 43 Suze ten Hartog      | DPC | 129  | O    | 36.72 | MT   |        |
| 21  | 41 Teun Boomkamp        | HPE | 115  | I    | 38.04 | PB   |        |
| 22  | 143 Noor Lutje Spelberg | DPD | 115  | O    | 38.29 | PB   |        |
| 23  | 98 Daan Cents           | HPC | 122  | O    | 38.92 | PB   |        |
| 24  | 40 Huib de Vries        | HPF | 117  | O    | 38.95 | PB   |        |
| 25  | 22 Liss Phielix         | DPC | 117  | I    | 39.36 | PB   |        |
| 26  | 106 Esmée Cents         | DPB | 121  | I    | 39.72 | PB   |        |
| 27  | 1 Noortje Kappers       | DPE | 118  | I    | 39.90 |      |        |
| 28  | 101 Douwe de Haan       | HPC | 119  | O    | 40.08 | PB   |        |
| 29  | 10 Jelmer van Leussen   | HPE | 118  | O    | 40.16 | PB   |        |
| 30  | 122 Pien Tassche        | DPD | 120  | I    | 40.69 | PB   |        |
| 31  | 100 Kris de Haan        | DPB | 121  | O    | 40.86 | PB   |        |
| 32  | 5 Veerle Zunnebeld      | DPE | 116  | I    | 41.02 | PB   |        |
| 33  | 9 Niels Everts          | HPF | 116  | O    | 41.13 | PB   |        |
| 34  | 130 Nova Tieke          | DPC | 120  | O    | 41.58 | PB   |        |
| 35  | 21 Sanna van der Velde  | DPD | 119  | I    | 42.17 | PB   |        |
| 36  | 146 Julius Thuring      | HPE | 128  | I    | 42.44 |      |        |
| 37  | 45 Noor Leusink         | DPE | 113  | I    | 43.63 | FL   |        |
| 38  | 97 Lise Cents           | DPE | 123  | O    | 45.55 | PB   |        |

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| Pos | Name                     | Cat | Pair | Lane | Time  | Info | Points |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 39  | 20 Emma van der Velde    | DPF | 122  | I    | 46.23 | PB   |        |
| 40  | 126 Kars Oosting         | HPC | 124  | I    | 47.93 | PB   |        |
| 41  | 11 Joëlle van Drimmelen  | DPF | 123  | I    | 49.14 | PB   |        |
| 42  | 114 Romee Selles         | DPE | 127  | I    | 49.24 |      |        |
| 43  | 58 Jasper Drent          | HPF | 125  | O    | 50.16 | MT   |        |
| 44  | 107 Myrthe Cents         | DPF | 125  | I    | 50.45 | MT   |        |
| 45  | 59 Renske Drent          | DPF | 126  | O    | 51.23 |      |        |
| 46  | 39 Roel de Vries         | HPF | 124  | O    | 53.22 |      |        |
| 47  | 128 Cato Borchert        | DPF | 127  | O    | 55.64 |      |        |
| 48  | 115 Linde Selles         | DPF | 128  | O    | 56.03 |      |        |
| 49  | 141 Maud van Leeuwen     | DPE | 126  | I    | 56.08 | MT   |        |
|     | 108 Britt van der Linden | DPA |      |      | WDR   |      |        |

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## 5. Race Result 300 meter

|     |    | Name                      | Cat | PB                     | Time         | Info |
|-----|----|---------------------------|-----|------------------------|--------------|------|
| 103 | wt | 144 <b>Philip Diniz</b>   | HPB | 29.17                  | <b>29.13</b> | PB   |
|     | rd | 19 <b>Luuk van de Pol</b> | HPA | 27.84                  | <b>28.46</b> |      |
|     |    | <u>Philip Diniz</u>       |     | <u>Luuk van de Pol</u> |              |      |
|     |    | 300m 29.13 (29.13)        |     | 300m 28.46 (28.46)     |              |      |

|     |    | Name     | Cat | PB       | Time | Info |
|-----|----|----------|-----|----------|------|------|
| 104 | yw |          |     |          |      |      |
|     | bl |          |     |          |      |      |
|     |    | <u>m</u> |     | <u>m</u> |      |      |

|     |    | Name                            | Cat | PB                      | Time         | Info |
|-----|----|---------------------------------|-----|-------------------------|--------------|------|
| 105 | wt | 108 <b>Britt van der Linden</b> | DPA | 29.64                   | <b>WDR</b>   |      |
|     | rd | 52 <b>Sophie Exterkate</b>      | DPA | 28.79                   | <b>28.95</b> |      |
|     |    | <u>Britt van der Linden</u>     |     | <u>Sophie Exterkate</u> |              |      |
|     |    |                                 |     | 300m 28.95 (28.95)      |              |      |

|     |    | Name                   | Cat | PB                 | Time         | Info |
|-----|----|------------------------|-----|--------------------|--------------|------|
| 106 | yw | 90 <b>Anne Keppels</b> | DPC | 31.12              | <b>30.68</b> | PB   |
|     | bl | 63 <b>Niels Wijma</b>  | HPA | 30.96              | <b>30.84</b> | PB   |
|     |    | <u>Anne Keppels</u>    |     | <u>Niels Wijma</u> |              |      |
|     |    | 300m 30.68 (30.68)     |     | 300m 30.84 (30.84) |              |      |

|     |    | Name                   | Cat | PB                  | Time         | Info |
|-----|----|------------------------|-----|---------------------|--------------|------|
| 107 | wt | 16 <b>Kyara Pasman</b> | DPA | 32.35               | <b>30.89</b> | PB   |
|     | rd | 36 <b>Bodhi Smeele</b> | HPA | 30.18               | <b>29.90</b> | PB   |
|     |    | <u>Kyara Pasman</u>    |     | <u>Bodhi Smeele</u> |              |      |
|     |    | 300m 30.89 (30.89)     |     | 300m 29.90 (29.90)  |              |      |

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|     |    | Name                           | Cat | PB                           | Time         | Info |
|-----|----|--------------------------------|-----|------------------------------|--------------|------|
| 108 | yw | 37 <b>Djem Smeele</b>          | HPC | 32.52                        | <b>31.21</b> | PB   |
|     | bl | 8 <b>Stefan Everts</b>         | HPD | 32.71                        | <b>33.07</b> |      |
|     |    | <b>Djem Smeele</b>             |     | <b>Stefan Everts</b>         |              |      |
|     |    | 300m 31.21 (31.21)             |     | 300m 33.07 (33.07)           |              |      |
|     |    | Name                           | Cat | PB                           | Time         | Info |
| 109 | wt | 118 <b>Peter Lassche</b>       | HPA | 32.85                        | <b>31.26</b> | PB   |
|     | rd | 15 <b>Mette ten Cate</b>       | DPB | 32.70                        | <b>32.02</b> | PB   |
|     |    | <b>Peter Lassche</b>           |     | <b>Mette ten Cate</b>        |              |      |
|     |    | 300m 31.26 (31.26)             |     | 300m 32.02 (32.02)           |              |      |
|     |    | Name                           | Cat | PB                           | Time         | Info |
| 110 | yw | 86 <b>Sarah Kamp</b>           | DPB | 33.17                        | <b>34.20</b> |      |
|     | bl | 2 <b>Jelle Kleinlugtenbeld</b> | HPB | 33.95                        | <b>32.89</b> | PB   |
|     |    | <b>Sarah Kamp</b>              |     | <b>Jelle Kleinlugtenbeld</b> |              |      |
|     |    | 300m 34.20 (34.20)             |     | 300m 32.89 (32.89)           |              |      |
|     |    | Name                           | Cat | PB                           | Time         | Info |
| 111 | wt | 42 <b>Liv Kogelman</b>         | DPD | 33.90                        | <b>33.02</b> | PB   |
|     | rd | 30 <b>Yonne Oonk</b>           | DPA | 33.64                        | <b>33.70</b> |      |
|     |    | <b>Liv Kogelman</b>            |     | <b>Yonne Oonk</b>            |              |      |
|     |    | 300m 33.02 (33.02)             |     | 300m 33.70 (33.70)           |              |      |
|     |    | Name                           | Cat | PB                           | Time         | Info |
| 112 | yw | 47 <b>Romée Bluemink</b>       | DPD | 37.07                        | <b>36.70</b> | PB   |
|     | bl | 117 <b>Lucas Lassche</b>       | HPC | 35.27                        | <b>32.82</b> | PB   |
|     |    | <b>Romée Bluemink</b>          |     | <b>Lucas Lassche</b>         |              |      |
|     |    | 300m 36.70 (36.70)             |     | 300m 32.82 (32.82)           |              |      |
|     |    | Name                           | Cat | PB                           | Time         | Info |
| 113 | wt | 45 <b>Noor Leusink</b>         | DPE | 35.32                        | <b>43.63</b> | FL   |
|     | rd | 43 <b>Suze ten Hartog</b>      | DPC | 37.27                        | <b>43.07</b> |      |
|     |    | <b>Noor Leusink</b>            |     | <b>Suze ten Hartog</b>       |              |      |
|     |    | 300m 43.63 (43.63)             |     | 300m 43.07 (43.07)           |              |      |

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|     |    | Name                           | Cat           | PB                         | Time          | Info |
|-----|----|--------------------------------|---------------|----------------------------|---------------|------|
| 114 | yw | 46 <b>Maud Leusink</b>         | DPD           | 37.64                      | <b>36.41</b>  | PB   |
|     | bl | 89 <b>Jules Keppels</b>        | DPE           | 38.04                      | <b>36.41</b>  | PB   |
|     |    | <b>Maud Leusink</b>            |               | <b>Jules Keppels</b>       |               |      |
|     |    | 300m                           | 36.41 (36.41) | 300m                       | 36.41 (36.41) |      |
|     |    | Name                           | Cat           | PB                         | Time          | Info |
| 115 | wt | 41 <b>Teun Boomkamp</b>        | HPE           | 38.97                      | <b>38.04</b>  | PB   |
|     | rd | 143 <b>Noor Lutje Spelberg</b> | DPD           | 38.99                      | <b>38.29</b>  | PB   |
|     |    | <b>Teun Boomkamp</b>           |               | <b>Noor Lutje Spelberg</b> |               |      |
|     |    | 300m                           | 38.04 (38.04) | 300m                       | 38.29 (38.29) |      |
|     |    | Name                           | Cat           | PB                         | Time          | Info |
| 116 | yw | 5 <b>Veerle Zunnebeld</b>      | DPE           | 41.60                      | <b>41.02</b>  | PB   |
|     | bl | 9 <b>Niels Everts</b>          | HPF           | 41.28                      | <b>41.13</b>  | PB   |
|     |    | <b>Veerle Zunnebeld</b>        |               | <b>Niels Everts</b>        |               |      |
|     |    | 300m                           | 41.02 (41.02) | 300m                       | 41.13 (41.13) |      |
|     |    | Name                           | Cat           | PB                         | Time          | Info |
| 117 | wt | 22 <b>Liss Phielix</b>         | DPC           | 41.23                      | <b>39.36</b>  | PB   |
|     | rd | 40 <b>Huib de Vries</b>        | HPF           | 39.59                      | <b>38.95</b>  | PB   |
|     |    | <b>Liss Phielix</b>            |               | <b>Huib de Vries</b>       |               |      |
|     |    | 300m                           | 39.36 (39.36) | 300m                       | 38.95 (38.95) |      |
|     |    | Name                           | Cat           | PB                         | Time          | Info |
| 118 | yw | 1 <b>Noortje Kappers</b>       | DPE           | 39.90                      | <b>39.90</b>  |      |
|     | bl | 10 <b>Jelmer van Leussen</b>   | HPE           | 42.07                      | <b>40.16</b>  | PB   |
|     |    | <b>Noortje Kappers</b>         |               | <b>Jelmer van Leussen</b>  |               |      |
|     |    | 300m                           | 39.90 (39.90) | 300m                       | 40.16 (40.16) |      |
|     |    | Name                           | Cat           | PB                         | Time          | Info |
| 119 | wt | 21 <b>Sanna van der Velde</b>  | DPD           | 42.28                      | <b>42.17</b>  | PB   |
|     | rd | 101 <b>Douwe de Haan</b>       | HPC           | 42.96                      | <b>40.08</b>  | PB   |
|     |    | <b>Sanna van der Velde</b>     |               | <b>Douwe de Haan</b>       |               |      |
|     |    | 300m                           | 42.17 (42.17) | 300m                       | 40.08 (40.08) |      |

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|     |    | Name                           | Cat | PB                   | Time         | Info |
|-----|----|--------------------------------|-----|----------------------|--------------|------|
| 120 | yw | 122 <b>Pien Tassche</b>        | DPD | 43.93                | <b>40.69</b> | PB   |
|     | bl | 130 <b>Nova Tieke</b>          | DPC | 44.30                | <b>41.58</b> | PB   |
|     |    | <b>Pien Tassche</b>            |     | <b>Nova Tieke</b>    |              |      |
|     |    | 300m 40.69 (40.69)             |     | 300m 41.58 (41.58)   |              |      |
|     |    | Name                           | Cat | PB                   | Time         | Info |
| 121 | wt | 106 <b>Esmée Cents</b>         | DPB | 43.86                | <b>39.72</b> | PB   |
|     | rd | 100 <b>Kris de Haan</b>        | DPB | 44.15                | <b>40.86</b> | PB   |
|     |    | <b>Esmée Cents</b>             |     | <b>Kris de Haan</b>  |              |      |
|     |    | 300m 39.72 (39.72)             |     | 300m 40.86 (40.86)   |              |      |
|     |    | Name                           | Cat | PB                   | Time         | Info |
| 122 | yw | 20 <b>Emma van der Velde</b>   | DPF | 46.68                | <b>46.23</b> | PB   |
|     | bl | 98 <b>Daan Cents</b>           | HPC | 44.67                | <b>38.92</b> | PB   |
|     |    | <b>Emma van der Velde</b>      |     | <b>Daan Cents</b>    |              |      |
|     |    | 300m 46.23 (46.23)             |     | 300m 38.92 (38.92)   |              |      |
|     |    | Name                           | Cat | PB                   | Time         | Info |
| 123 | wt | 11 <b>Joëlle van Drimmelen</b> | DPF | 59.40                | <b>49.14</b> | PB   |
|     | rd | 97 <b>Lise Cents</b>           | DPE | 50.59                | <b>45.55</b> | PB   |
|     |    | <b>Joëlle van Drimmelen</b>    |     | <b>Lise Cents</b>    |              |      |
|     |    | 300m 49.14 (49.14)             |     | 300m 45.55 (45.55)   |              |      |
|     |    | Name                           | Cat | PB                   | Time         | Info |
| 124 | yw | 126 <b>Kars Oosting</b>        | HPC | 1:02.20              | <b>47.93</b> | PB   |
|     | bl | 39 <b>Roel de Vries</b>        | HPF |                      | <b>53.22</b> |      |
|     |    | <b>Kars Oosting</b>            |     | <b>Roel de Vries</b> |              |      |
|     |    | 300m 47.93 (47.93)             |     | 300m 53.22 (53.22)   |              |      |
|     |    | Name                           | Cat | PB                   | Time         | Info |
| 125 | wt | 107 <b>Myrthe Cents</b>        | DPF | 1:04.67              | <b>50.45</b> | MT   |
|     | rd | 58 <b>Jasper Drent</b>         | HPF |                      | <b>50.16</b> | MT   |
|     |    | <b>Myrthe Cents</b>            |     | <b>Jasper Drent</b>  |              |      |
|     |    | 300m 50.45 (50.45)             |     | 300m 50.16 (50.16)   |              |      |

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|     |    | Name                        | Cat           | PB                   | Time          | Info |
|-----|----|-----------------------------|---------------|----------------------|---------------|------|
| 126 | yw | 141 <b>Maud van Leeuwen</b> | DPE           |                      | <b>56.08</b>  | MT   |
|     | bl | 59 <b>Renske Drent</b>      | DPF           |                      | <b>51.23</b>  |      |
|     |    | <b>Maud van Leeuwen</b>     |               | <b>Renske Drent</b>  |               |      |
|     |    | 300m                        | 56.08 (56.08) | 300m                 | 51.23 (51.23) |      |
|     |    | Name                        | Cat           | PB                   | Time          | Info |
| 127 | wt | 114 <b>Romee Selles</b>     | DPE           |                      | <b>49.24</b>  |      |
|     | rd | 128 <b>Cato Borchert</b>    | DPF           |                      | <b>55.64</b>  |      |
|     |    | <b>Romee Selles</b>         |               | <b>Cato Borchert</b> |               |      |
|     |    | 300m                        | 49.24 (49.24) | 300m                 | 55.64 (55.64) |      |
|     |    | Name                        | Cat           | PB                   | Time          | Info |
| 128 | yw | 146 <b>Julius Thuring</b>   | HPE           |                      | <b>42.44</b>  |      |
|     | bl | 115 <b>Linde Selles</b>     | DPF           |                      | <b>56.03</b>  |      |
|     |    | <b>Julius Thuring</b>       |               | <b>Linde Selles</b>  |               |      |
|     |    | 300m                        | 42.44 (42.44) | 300m                 | 56.03 (56.03) |      |
|     |    | Name                        | Cat           | PB                   | Time          | Info |
| 129 | wt |                             |               |                      |               |      |
|     | rd | 43 <b>Suze ten Hartog</b>   | DPC           | 37.27                | <b>36.72</b>  | MT   |
|     |    | <b>Suze ten Hartog</b>      |               |                      |               |      |
|     |    | m                           |               | 300m                 | 36.72 (36.72) |      |

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## 6. Result 300 meter

| Pos | Name                    | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1   | 68 Ruben de Rijk        | HPA | 130  | I    | 29.46 | MT   |        |
| 2   | 147 Maud Salomons       | DC1 | 130  | O    | 30.12 | MT   |        |
| 3   | 85 Noa Handelzalts      | DPB | 131  | I    | 31.69 |      |        |
| 4   | 136 Robin Dunnink       | HPC | 133  | I    | 32.51 |      |        |
| 5   | 24 Simon Wiegman        | HPB | 132  | I    | 32.63 | PB   |        |
| 6   | 137 Wibe de Jong        | HPB | 129  | I    | 33.69 | MT   |        |
| 7   | 134 Eva Weultjes        | DPB | 131  | O    | 34.16 | PB   |        |
| 8   | 62 Sam Bebelaar         | HPC | 133  | O    | 35.15 | PB   |        |
| 9   | 70 Dilara Hultink       | DPC | 132  | O    | 35.55 |      |        |
| 10  | 112 Yfke Raadsveld      | DPD | 134  | I    | 37.28 | PB   |        |
| 11  | 67 Elena Ruijtenberg    | DPC | 135  | I    | 37.65 |      |        |
| 12  | 54 Finn Brouwer         | HPB | 134  | O    | 37.90 |      |        |
| 13  | 66 Lisa Huis in 't veld | DPE | 135  | O    | 38.70 | PB   |        |
| 14  | 87 Bente van Bolhuis    | DPC | 136  | O    | 39.37 |      |        |
| 15  | 104 Norah Poel          | DPB | 137  | I    | 41.26 |      |        |
| 16  | 129 Lars Bruins         | HPC | 136  | I    | 42.41 |      |        |
| 17  | 53 Eva Brouwer          | DPD | 137  | O    | 43.26 | PB   |        |
| 18  | 61 Tess Bebelaar        | DPA | 138  | I    | 43.54 | PB   |        |
|     | 64 Silke Verwijs        | DPF | 138  | O    | DQ    |      |        |

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 6. Race Result 300 meter

|                     |          | Name                    | Cat   | PB      | Time         | Info |
|---------------------|----------|-------------------------|-------|---------|--------------|------|
| 129                 | wt<br>rd | 137 <b>Wibe de Jong</b> | HPB   | 31.96   | <b>33.69</b> | MT   |
| <b>Wibe de Jong</b> |          |                         |       |         |              |      |
|                     |          | 300m                    | 33.69 | (33.69) |              | m    |

|                      |    | Name                     | Cat   | PB      | Time         | Info |
|----------------------|----|--------------------------|-------|---------|--------------|------|
| 130                  | yw | 68 <b>Ruben de Rijk</b>  | HPA   | 29.14   | <b>29.46</b> | MT   |
|                      | bl | 147 <b>Maud Salomons</b> | DC1   | 29.05   | <b>30.12</b> | MT   |
| <b>Ruben de Rijk</b> |    |                          |       |         |              |      |
|                      |    | 300m                     | 29.46 | (29.46) |              |      |
| <b>Maud Salomons</b> |    |                          |       |         |              |      |
|                      |    | 300m                     | 30.12 | (30.12) |              |      |

|                        |    | Name                      | Cat   | PB      | Time         | Info |
|------------------------|----|---------------------------|-------|---------|--------------|------|
| 131                    | wt | 85 <b>Noa Handelzalts</b> | DPB   | 31.47   | <b>31.69</b> |      |
|                        | rd | 134 <b>Eva Weultjes</b>   | DPB   | 35.83   | <b>34.16</b> | PB   |
| <b>Noa Handelzalts</b> |    |                           |       |         |              |      |
|                        |    | 300m                      | 31.69 | (31.69) |              |      |
| <b>Eva Weultjes</b>    |    |                           |       |         |              |      |
|                        |    | 300m                      | 34.16 | (34.16) |              |      |

|                       |    | Name                     | Cat   | PB      | Time         | Info |
|-----------------------|----|--------------------------|-------|---------|--------------|------|
| 132                   | yw | 24 <b>Simon Wiegman</b>  | HPB   | 33.82   | <b>32.63</b> | PB   |
|                       | bl | 70 <b>Dilara Hultink</b> | DPC   | 34.57   | <b>35.55</b> |      |
| <b>Simon Wiegman</b>  |    |                          |       |         |              |      |
|                       |    | 300m                     | 32.63 | (32.63) |              |      |
| <b>Dilara Hultink</b> |    |                          |       |         |              |      |
|                       |    | 300m                     | 35.55 | (35.55) |              |      |

|                      |    | Name                     | Cat   | PB      | Time         | Info |
|----------------------|----|--------------------------|-------|---------|--------------|------|
| 133                  | wt | 136 <b>Robin Dunnink</b> | HPC   | 32.46   | <b>32.51</b> |      |
|                      | rd | 62 <b>Sam Bebelaar</b>   | HPC   | 36.42   | <b>35.15</b> | PB   |
| <b>Robin Dunnink</b> |    |                          |       |         |              |      |
|                      |    | 300m                     | 32.51 | (32.51) |              |      |
| <b>Sam Bebelaar</b>  |    |                          |       |         |              |      |
|                      |    | 300m                     | 35.15 | (35.15) |              |      |

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|     |    | Name                    | Cat                  | PB    | Time          | Info |
|-----|----|-------------------------|----------------------|-------|---------------|------|
| 134 | yw | 112 Yfke Raadsveld      | DPD                  | 37.83 | <b>37.28</b>  | PB   |
|     | bl | 54 Finn Brouwer         | HPB                  | 36.48 | <b>37.90</b>  |      |
|     |    | Yfke Raadsveld          | Finn Brouwer         |       |               |      |
|     |    | 300m                    | 37.28 (37.28)        | 300m  | 37.90 (37.90) |      |
|     |    | Name                    | Cat                  | PB    | Time          | Info |
| 135 | wt | 67 Elena Ruijtenberg    | DPC                  | 37.21 | <b>37.65</b>  |      |
|     | rd | 66 Lisa Huis in 't veld | DPE                  | 39.29 | <b>38.70</b>  | PB   |
|     |    | Elena Ruijtenberg       | Lisa Huis in 't veld |       |               |      |
|     |    | 300m                    | 37.65 (37.65)        | 300m  | 38.70 (38.70) |      |
|     |    | Name                    | Cat                  | PB    | Time          | Info |
| 136 | yw | 129 Lars Bruins         | HPC                  | 41.43 | <b>42.41</b>  |      |
|     | bl | 87 Bente van Bolhuis    | DPC                  | 39.07 | <b>39.37</b>  |      |
|     |    | Lars Bruins             | Bente van Bolhuis    |       |               |      |
|     |    | 300m                    | 42.41 (42.41)        | 300m  | 39.37 (39.37) |      |
|     |    | Name                    | Cat                  | PB    | Time          | Info |
| 137 | wt | 104 Norah Poel          | DPB                  | 40.52 | <b>41.26</b>  |      |
|     | rd | 53 Eva Brouwer          | DPD                  | 44.39 | <b>43.26</b>  | PB   |
|     |    | Norah Poel              | Eva Brouwer          |       |               |      |
|     |    | 300m                    | 41.26 (41.26)        | 300m  | 43.26 (43.26) |      |
|     |    | Name                    | Cat                  | PB    | Time          | Info |
| 138 | yw | 61 Tess Bebelaar        | DPA                  | 48.37 | <b>43.54</b>  | PB   |
|     | bl | 64 Silke Verwijs        | DPF                  |       | <b>DQ</b>     |      |
|     |    | Tess Bebelaar           | Silke Verwijs        |       |               |      |
|     |    | 300m                    | 43.54 (43.54)        |       |               |      |

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 7. Result 1500 meter

| Pos | Name                         | Cat | Pair | Lane | Time    | Info  | Points |
|-----|------------------------------|-----|------|------|---------|-------|--------|
| 1   | 96 Joep Wennemars            | HB2 | 141  | I    | 1:53.05 |       |        |
| 2   | 145 Chris Fredriks           | HB2 | 142  | I    | 1:54.02 |       |        |
| 3   | 4 Jens Verbeek               | HB2 | 141  | O    | 1:57.34 | PB    |        |
| 4   | 28 Stijn Hulst               | HN2 | 147  | I    | 1:59.25 | PB    |        |
| 5   | 34 Niels Meijer              | HB2 | 144  | I    | 1:59.34 | PB    |        |
| 6   | 25 Loek van Vilsteren        | HB1 | 143  | O    | 2:00.00 | PB    |        |
| 7   | 14 Mats ten Cate             | HB1 | 143  | I    | 2:00.61 | PB    |        |
| 8   | 27 Mees Hulst                | HB2 | 142  | O    | 2:00.65 |       |        |
| 9   | 38 Donald Stappenbelt        | HB1 | 145  | I    | 2:04.36 |       |        |
| 10  | 33 Jelle Langevoort          | HB1 | 146  | I    | 2:04.42 | PB    |        |
| 11  | 26 Hermen Velthuis           | HN2 | 144  | O    | 2:05.50 |       |        |
| 12  | 12 Famke Minnee              | DA1 | 145  | O    | 2:05.73 |       |        |
| 13  | 50 Sybren Kemper             | HA2 | 148  | I    | 2:08.31 |       |        |
| 14  | 44 Evert Hof                 | H50 | 147  | O    | 2:08.78 |       |        |
| 15  | 18 Daan van de Pol           | HB2 | 149  | I    | 2:08.89 | PB    |        |
| 16  | 6 Quinten Meerveld           | HA1 | 150  | I    | 2:09.75 | PB    |        |
| 17  | 29 Kayleigh ter Laak         | DA1 | 146  | O    | 2:11.44 |       |        |
| 18  | 23 Eva Riemersma-van Rheenen | DSB | 148  | O    | 2:12.95 | PB    |        |
| 19  | 123 Willem Jan Keppels       | HA1 | 151  | I    | 2:14.63 |       |        |
| 20  | 48 Robbin Besten             | HA1 | 149  | O    | 2:16.51 | PB    |        |
| 21  | 119 Lara van Son             | DB1 | 150  | O    | 2:17.85 |       |        |
| 22  | 99 Jenne de Haan             | H45 | 155  | I    | 2:20.40 | MT PB |        |
| 23  | 113 Timo van Vilsteren       | HA2 | 151  | O    | 2:20.92 | PB    |        |
| 24  | 51 Ellemijn Luisman          | DB1 | 154  | I    | 2:21.35 | PB    |        |
| 25  | 77 Sjoerd Riezebos           | HA2 | 155  | O    | 2:21.74 |       |        |
| 26  | 93 Luuk Laarhuis             | HB2 | 152  | O    | 2:21.78 | PB    |        |
| 27  | 57 Lars Marsman              | HB2 | 152  | I    | 2:28.43 |       |        |
| 28  | 120 Emma vander Lied         | DB1 | 153  | I    | 2:31.24 |       |        |
| 29  | 35 Bo Meijer                 | DB1 | 154  | O    | 2:32.92 |       |        |
| 30  | 32 Ilse Hofstee              | DA1 | 156  | I    | 2:37.38 | PB    |        |
| 31  | 74 Maja Keukenschrijver      | DA1 | 156  | O    | 2:52.83 |       |        |
| 32  | 125 Erika Leusink Kraft      | D40 | 157  | I    | 3:10.50 |       |        |
| 33  | 79 Emma Sprukkelhorst        | DB1 | 157  | O    | 3:18.08 |       |        |
| 34  | 139 Christa Otterman         | D45 | 158  | O    | 3:48.83 |       |        |
| 35  | 127 Annemarie van der Steen  | DSB | 158  | I    | 4:00.16 |       |        |
|     | 84 Ronald van Leussen        | H45 | 153  | O    | DQ      |       |        |

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## 7. Race Result 1500 meter

| Name         | Cat | PB | Time | Info |
|--------------|-----|----|------|------|
| 139 wt<br>rd |     |    |      |      |
|              | m   |    | m    |      |

| Name         | Cat | PB | Time | Info |
|--------------|-----|----|------|------|
| 140 yw<br>bl |     |    |      |      |
|              | m   |    | m    |      |

| Name         | Cat                      | PB                    | Time    | Info              |
|--------------|--------------------------|-----------------------|---------|-------------------|
| 141 wt<br>rd | 96 <b>Joep Wennemars</b> | HB2                   | 1:52.28 | <b>1:53.05</b>    |
|              | 4 <b>Jens Verbeek</b>    | HB2                   | 1:58.02 | <b>1:57.34</b> PB |
|              | <b>Joep Wennemars</b>    | <b>Jens Verbeek</b>   |         |                   |
|              | 300m 24.88 (24.88)       | 300m 25.59 (25.59)    |         |                   |
|              | 700m 52.85 (27.97)       | 700m 54.31 (28.72)    |         |                   |
|              | 1100m 1:22.46 (29.61)    | 1100m 1:24.78 (30.47) |         |                   |
|              | 1500m 1:53.05 (30.59)    | 1500m 1:57.34 (32.56) |         |                   |

| Name         | Cat                       | PB                    | Time    | Info           |
|--------------|---------------------------|-----------------------|---------|----------------|
| 142 yw<br>bl | 145 <b>Chris Fredriks</b> | HB2                   | 1:51.20 | <b>1:54.02</b> |
|              | 27 <b>Mees Hulst</b>      | HB2                   | 1:59.03 | <b>2:00.65</b> |
|              | <b>Chris Fredriks</b>     | <b>Mees Hulst</b>     |         |                |
|              | 300m 24.92 (24.92)        | 300m 26.03 (26.03)    |         |                |
|              | 700m 52.77 (27.85)        | 700m 55.49 (29.46)    |         |                |
|              | 1100m 1:22.51 (29.74)     | 1100m 1:27.28 (31.79) |         |                |
|              | 1500m 1:54.02 (31.51)     | 1500m 2:00.65 (33.37) |         |                |

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|     |    | Name                         | Cat             | PB                        | Time            | Info |
|-----|----|------------------------------|-----------------|---------------------------|-----------------|------|
| 143 | wt | 14 <b>Mats ten Cate</b>      | HB1             | 2:02.06                   | <b>2:00.61</b>  | PB   |
|     | rd | 25 <b>Loek van Vilsteren</b> | HB1             | 2:01.05                   | <b>2:00.00</b>  | PB   |
|     |    | <b>Mats ten Cate</b>         |                 | <b>Loek van Vilsteren</b> |                 |      |
|     |    | 300m                         | 26.09 (26.09)   | 300m                      | 25.66 (25.66)   |      |
|     |    | 700m                         | 56.08 (29.99)   | 700m                      | 55.37 (29.71)   |      |
|     |    | 1100m                        | 1:27.93 (31.85) | 1100m                     | 1:27.20 (31.83) |      |
|     |    | 1500m                        | 2:00.61 (32.68) | 1500m                     | 2:00.00 (32.80) |      |
|     |    | Name                         | Cat             | PB                        | Time            | Info |
| 144 | yw | 34 <b>Niels Meijer</b>       | HB2             | 2:00.53                   | <b>1:59.34</b>  | PB   |
|     | bl | 26 <b>Hermen Velthuis</b>    | HN2             | 2:04.10                   | <b>2:05.50</b>  |      |
|     |    | <b>Niels Meijer</b>          |                 | <b>Hermen Velthuis</b>    |                 |      |
|     |    | 300m                         | 26.72 (26.72)   | 300m                      | 28.11 (28.11)   |      |
|     |    | 700m                         | 56.90 (30.18)   | 700m                      | 59.35 (31.24)   |      |
|     |    | 1100m                        | 1:27.72 (30.82) | 1100m                     | 1:31.59 (32.24) |      |
|     |    | 1500m                        | 1:59.34 (31.62) | 1500m                     | 2:05.50 (33.91) |      |
|     |    | Name                         | Cat             | PB                        | Time            | Info |
| 145 | wt | 38 <b>Donald Stappenbelt</b> | HB1             | 2:03.16                   | <b>2:04.36</b>  |      |
|     | rd | 12 <b>Famke Minnee</b>       | DA1             | 2:04.39                   | <b>2:05.73</b>  |      |
|     |    | <b>Donald Stappenbelt</b>    |                 | <b>Famke Minnee</b>       |                 |      |
|     |    | 300m                         | 27.09 (27.09)   | 300m                      | 27.73 (27.73)   |      |
|     |    | 700m                         | 58.67 (31.58)   | 700m                      | 58.85 (31.12)   |      |
|     |    | 1100m                        | 1:31.27 (32.60) | 1100m                     | 1:31.82 (32.97) |      |
|     |    | 1500m                        | 2:04.36 (33.09) | 1500m                     | 2:05.73 (33.91) |      |
|     |    | Name                         | Cat             | PB                        | Time            | Info |
| 146 | yw | 33 <b>Jelle Langevoort</b>   | HB1             | 2:05.41                   | <b>2:04.42</b>  | PB   |
|     | bl | 29 <b>Kayleigh ter Laak</b>  | DA1             | 2:08.74                   | <b>2:11.44</b>  |      |
|     |    | <b>Jelle Langevoort</b>      |                 | <b>Kayleigh ter Laak</b>  |                 |      |
|     |    | 300m                         | 27.17 (27.17)   | 300m                      | 28.46 (28.46)   |      |
|     |    | 700m                         | 58.29 (31.12)   | 700m                      | 1:00.75 (32.29) |      |
|     |    | 1100m                        | 1:31.05 (32.76) | 1100m                     | 1:35.15 (34.40) |      |
|     |    | 1500m                        | 2:04.42 (33.37) | 1500m                     | 2:11.44 (36.29) |      |

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|     |    | Name             |                           |         | Cat                       |         |         | PB      | Time Info  |  |
|-----|----|------------------|---------------------------|---------|---------------------------|---------|---------|---------|------------|--|
| 147 | wt | 28               | Stijn Hulst               |         | HN2                       |         |         | 1:59.75 | 1:59.25 PB |  |
|     | rd | 44               | Evert Hof                 |         | H50                       |         |         | 2:08.55 | 2:08.78    |  |
|     |    | Stijn Hulst      |                           |         | Evert Hof                 |         |         |         |            |  |
|     |    | 300m             | 25.75                     | (25.75) | 300m                      | 27.85   | (27.85) |         |            |  |
|     |    | 700m             | 55.18                     | (29.43) | 700m                      | 59.93   | (32.08) |         |            |  |
|     |    | 1100m            | 1:26.16                   | (30.98) | 1100m                     | 1:33.48 | (33.55) |         |            |  |
|     |    | 1500m            | 1:59.25                   | (33.09) | 1500m                     | 2:08.78 | (35.30) |         |            |  |
|     |    | Name             |                           |         | Cat                       |         |         | PB      | Time Info  |  |
| 148 | yw | 50               | Sybren Kemper             |         | HA2                       |         |         | 2:07.03 | 2:08.31    |  |
|     | bl | 23               | Eva Riemersma-van Rheenen |         | DSB                       |         |         | 2:13.08 | 2:12.95 PB |  |
|     |    | Sybren Kemper    |                           |         | Eva Riemersma-van Rheenen |         |         |         |            |  |
|     |    | 300m             | 28.98                     | (28.98) | 300m                      | 30.00   | (30.00) |         |            |  |
|     |    | 700m             | 1:00.94                   | (31.96) | 700m                      | 1:02.82 | (32.82) |         |            |  |
|     |    | 1100m            | 1:34.15                   | (33.21) | 1100m                     | 1:37.28 | (34.46) |         |            |  |
|     |    | 1500m            | 2:08.31                   | (34.16) | 1500m                     | 2:12.95 | (35.67) |         |            |  |
|     |    | Name             |                           |         | Cat                       |         |         | PB      | Time Info  |  |
| 149 | wt | 18               | Daan van de Pol           |         | HB2                       |         |         | 2:11.38 | 2:08.89 PB |  |
|     | rd | 48               | Robbin Besten             |         | HA1                       |         |         | 2:16.65 | 2:16.51 PB |  |
|     |    | Daan van de Pol  |                           |         | Robbin Besten             |         |         |         |            |  |
|     |    | 300m             | 26.69                     | (26.69) | 300m                      | 28.72   | (28.72) |         |            |  |
|     |    | 700m             | 58.80                     | (32.11) | 700m                      | 1:02.85 | (34.13) |         |            |  |
|     |    | 1100m            | 1:33.46                   | (34.66) | 1100m                     | 1:38.32 | (35.47) |         |            |  |
|     |    | 1500m            | 2:08.89                   | (35.43) | 1500m                     | 2:16.51 | (38.19) |         |            |  |
|     |    | Name             |                           |         | Cat                       |         |         | PB      | Time Info  |  |
| 150 | yw | 6                | Quinten Meerveld          |         | HA1                       |         |         | 2:11.41 | 2:09.75 PB |  |
|     | bl | 119              | Lara van Son              |         | DB1                       |         |         | 2:16.73 | 2:17.85    |  |
|     |    | Quinten Meerveld |                           |         | Lara van Son              |         |         |         |            |  |
|     |    | 300m             | 29.74                     | (29.74) | 300m                      | 28.46   | (28.46) |         |            |  |
|     |    | 700m             | 1:02.54                   | (32.80) | 700m                      | 1:01.88 | (33.42) |         |            |  |
|     |    | 1100m            | 1:35.75                   | (33.21) | 1100m                     | 1:38.93 | (37.05) |         |            |  |
|     |    | 1500m            | 2:09.75                   | (34.00) | 1500m                     | 2:17.85 | (38.92) |         |            |  |

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|     |    | Name                          | Cat | PB                        | Time           | Info |
|-----|----|-------------------------------|-----|---------------------------|----------------|------|
| 151 | wt | 123 <b>Willem Jan Keppels</b> | HA1 | 2:14.00                   | <b>2:14.63</b> |      |
|     | rd | 113 <b>Timo van Vilsteren</b> | HA2 | 2:22.58                   | <b>2:20.92</b> | PB   |
|     |    | <b>Willem Jan Keppels</b>     |     | <b>Timo van Vilsteren</b> |                |      |
|     |    | 300m 29.23 (29.23)            |     | 300m 29.15 (29.15)        |                |      |
|     |    | 700m 1:02.65 (33.42)          |     | 700m 1:04.09 (34.94)      |                |      |
|     |    | 1100m 1:37.83 (35.18)         |     | 1100m 1:42.19 (38.10)     |                |      |
|     |    | 1500m 2:14.63 (36.80)         |     | 1500m 2:20.92 (38.73)     |                |      |
|     |    | Name                          | Cat | PB                        | Time           | Info |
| 152 | yw | 57 <b>Lars Marsman</b>        | HB2 | 2:22.55                   | <b>2:28.43</b> |      |
|     | bl | 93 <b>Luuk Laarhuis</b>       | HB2 | 2:23.20                   | <b>2:21.78</b> | PB   |
|     |    | <b>Lars Marsman</b>           |     | <b>Luuk Laarhuis</b>      |                |      |
|     |    | 300m 31.06 (31.06)            |     | 300m 28.53 (28.53)        |                |      |
|     |    | 700m 1:09.30 (38.24)          |     | 700m 1:04.12 (35.59)      |                |      |
|     |    | 1100m 1:48.97 (39.67)         |     | 1100m 1:42.12 (38.00)     |                |      |
|     |    | 1500m 2:28.43 (39.46)         |     | 1500m 2:21.78 (39.66)     |                |      |
|     |    | Name                          | Cat | PB                        | Time           | Info |
| 153 | wt | 120 <b>Emma vander Lied</b>   | DB1 | 2:23.20                   | <b>2:31.24</b> |      |
|     | rd | 84 <b>Ronald van Leussen</b>  | H45 | 2:21.09                   | <b>DQ</b>      |      |
|     |    | <b>Emma vander Lied</b>       |     | <b>Ronald van Leussen</b> |                |      |
|     |    | 300m 32.80 (32.80)            |     |                           |                |      |
|     |    | 700m 1:09.78 (36.98)          |     |                           |                |      |
|     |    | 1100m 1:49.78 (40.00)         |     |                           |                |      |
|     |    | 1500m 2:31.24 (41.46)         |     |                           |                |      |
|     |    | Name                          | Cat | PB                        | Time           | Info |
| 154 | yw | 51 <b>Ellemijn Luisman</b>    | DB1 | 2:26.73                   | <b>2:21.35</b> | PB   |
|     | bl | 35 <b>Bo Meijer</b>           | DB1 | 2:29.41                   | <b>2:32.92</b> |      |
|     |    | <b>Ellemijn Luisman</b>       |     | <b>Bo Meijer</b>          |                |      |
|     |    | 300m 30.21 (30.21)            |     | 300m 30.92 (30.92)        |                |      |
|     |    | 700m 1:05.36 (35.15)          |     | 700m 1:08.63 (37.71)      |                |      |
|     |    | 1100m 1:42.71 (37.35)         |     | 1100m 1:50.24 (41.61)     |                |      |
|     |    | 1500m 2:21.35 (38.64)         |     | 1500m 2:32.92 (42.68)     |                |      |

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|     |    | Name                                | Cat             | PB                          | Time            | Info  |
|-----|----|-------------------------------------|-----------------|-----------------------------|-----------------|-------|
| 155 | wt | 99 <b>Jenne de Haan</b>             | H45             | 2:28.26                     | <b>2:20.40</b>  | MT PB |
|     | rd | 77 <b>Sjoerd Riezebos</b>           | HA2             | 2:21.23                     | <b>2:21.74</b>  |       |
|     |    | <b>Jenne de Haan</b>                |                 | <b>Sjoerd Riezebos</b>      |                 |       |
|     |    | 300m                                | 30.67 (30.67)   | 300m                        | 30.77 (30.77)   |       |
|     |    | 700m                                | 1:04.86 (34.19) | 700m                        | 1:06.19 (35.42) |       |
|     |    | 1100m                               | 1:41.28 (36.42) | 1100m                       | 1:43.22 (37.03) |       |
|     |    | 1500m                               | 2:20.40 (39.12) | 1500m                       | 2:21.74 (38.52) |       |
|     |    | Name                                | Cat             | PB                          | Time            | Info  |
| 156 | yw | 32 <b>Ilse Hofstee</b>              | DA1             | 2:42.45                     | <b>2:37.38</b>  | PB    |
|     | bl | 74 <b>Maja Keukenschrijver</b>      | DA1             |                             | <b>2:52.83</b>  |       |
|     |    | <b>Ilse Hofstee</b>                 |                 | <b>Maja Keukenschrijver</b> |                 |       |
|     |    | 300m                                | 34.43 (34.43)   | 300m                        | 38.43 (38.43)   |       |
|     |    | 700m                                | 1:14.72 (40.29) | 700m                        | 1:23.04 (44.61) |       |
|     |    | 1100m                               | 1:56.29 (41.57) | 1100m                       | 2:01.88 (38.84) |       |
|     |    | 1500m                               | 2:37.38 (41.09) | 1500m                       | 2:52.83 (50.95) |       |
|     |    | Name                                | Cat             | PB                          | Time            | Info  |
| 157 | wt | 125 <b>Erika Leusink Kraft</b>      | D40             |                             | <b>3:10.50</b>  |       |
|     | rd | 79 <b>Emma Sprukkelhorst</b>        | DB1             |                             | <b>3:18.08</b>  |       |
|     |    | <b>Erika Leusink Kraft</b>          |                 | <b>Emma Sprukkelhorst</b>   |                 |       |
|     |    | 300m                                | 39.77 (39.77)   | 300m                        | 39.61 (39.61)   |       |
|     |    | 700m                                | 1:27.79 (48.02) | 700m                        | 1:27.94 (48.33) |       |
|     |    | 1100m                               | 2:17.13 (49.34) | 1100m                       | 2:17.72 (49.78) |       |
|     |    | 1500m                               | 3:10.50 (53.37) | 1500m                       | 3:18.08 (60.36) |       |
|     |    | Name                                | Cat             | PB                          | Time            | Info  |
| 158 | yw | 127 <b>Annnemarie van der Steen</b> | DSB             |                             | <b>4:00.16</b>  |       |
|     | bl | 139 <b>Christa Otterman</b>         | D45             |                             | <b>3:48.83</b>  |       |
|     |    | <b>Annnemarie van der Steen</b>     |                 | <b>Christa Otterman</b>     |                 |       |
|     |    | 300m                                | 49.68 (49.68)   | 300m                        | 49.93 (49.93)   |       |
|     |    | 700m                                | 1:53.08 (63.40) | 700m                        | 1:49.31 (59.38) |       |
|     |    | 1100m                               | 2:48.35 (55.27) | 1100m                       | 2:45.51 (56.20) |       |
|     |    | 1500m                               | 4:00.16 (71.81) | 1500m                       | 3:48.83 (63.32) |       |

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## 8. Result 1500 meter

| Pos | Name                      | Cat | Pair | Lane | Time    | Info | Points |
|-----|---------------------------|-----|------|------|---------|------|--------|
| 1   | 81 Joost Dekkers          | HA1 | 161  | I    | 2:00.93 |      |        |
| 2   | 60 Roberto van Goor       | H45 | 162  | I    | 2:05.96 |      |        |
| 3   | 133 Arno Broekhuis        | H45 | 161  | O    | 2:13.46 |      |        |
| 4   | 110 Niek Burgmeijer       | HB2 | 162  | O    | 2:16.55 | PB   |        |
| 5   | 140 Ronald Horstman       | H55 | 163  | O    | 2:17.25 |      |        |
| 6   | 80 Frank Dekkers          | H50 | 163  | I    | 2:21.86 |      |        |
| 7   | 131 Bert Keizer           | H65 | 164  | I    | 2:26.61 |      |        |
| 8   | 124 Fred van Bussel       | H55 | 166  | I    | 2:31.71 |      |        |
| 9   | 94 Koen Super             | HB1 | 164  | O    | 2:35.11 | PB   |        |
| 10  | 142 Anneke Venema         | D55 | 166  | O    | 2:45.47 | PB   |        |
| 11  | 132 Carl de Rijk          | H45 | 168  | O    | 2:53.53 |      |        |
| 12  | 92 Ab van Zwieten de Blom | H65 | 167  | O    | 3:13.72 |      |        |
|     | 116 Arjen Verheij         | H45 | 165  | I    | DQ      |      |        |
|     | 71 Maria Ufkes            | D40 | 165  | O    | DQ      |      |        |
|     | 135 Gerard van Bussel     | H70 | 167  | I    | DQ      |      |        |
|     | 82 Hans Bom               | H55 | 168  | I    | DNS     |      |        |
|     | 83 Wester Landman         | HB2 |      |      | WDR     |      |        |

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## 8. Race Result 1500 meter

|     |          | Name                     | Cat | PB      | Time Info  |
|-----|----------|--------------------------|-----|---------|------------|
| 159 | wt<br>rd | 83 <b>Wester Landman</b> | HB2 | 2:02.12 | <b>WDR</b> |

Wester Landman

m

|     |          | Name | Cat | PB | Time Info |
|-----|----------|------|-----|----|-----------|
| 160 | yw<br>bl |      |     |    |           |

m

m

|     |          | Name                      | Cat | PB      | Time Info      |
|-----|----------|---------------------------|-----|---------|----------------|
| 161 | wt<br>rd | 81 <b>Joost Dekkers</b>   | HA1 | 2:00.69 | <b>2:00.93</b> |
|     |          | 133 <b>Arno Broekhuis</b> | H45 | 2:13.13 | <b>2:13.46</b> |

Joost Dekkers

Arno Broekhuis

300m 26.90 (26.90)

300m 30.11 (30.11)

700m 56.95 (30.05)

700m 1:03.90 (33.79)

1100m 1:28.31 (31.36)

1100m 1:38.25 (34.35)

1500m 2:00.93 (32.62)

1500m 2:13.46 (35.21)

|     |          | Name                       | Cat | PB      | Time Info         |
|-----|----------|----------------------------|-----|---------|-------------------|
| 162 | yw<br>bl | 60 <b>Roberto van Goor</b> | H45 | 2:04.41 | <b>2:05.96</b>    |
|     |          | 110 <b>Niek Burgmeijer</b> | HB2 | 2:20.60 | <b>2:16.55</b> PB |

Roberto van Goor

Niek Burgmeijer

300m 28.29 (28.29)

300m 28.76 (28.76)

700m 1:00.02 (31.73)

700m 1:02.62 (33.86)

1100m 1:32.66 (32.64)

1100m 1:39.13 (36.51)

1500m 2:05.96 (33.30)

1500m 2:16.55 (37.42)

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|     |    | Name                       | Cat | PB                     | Time           | Info |
|-----|----|----------------------------|-----|------------------------|----------------|------|
| 163 | wt | 80 <b>Frank Dekkers</b>    | H50 | 2:19.52                | <b>2:21.86</b> |      |
|     | rd | 140 <b>Ronald Horstman</b> | H55 | 2:15.21                | <b>2:17.25</b> |      |
|     |    | <b>Frank Dekkers</b>       |     | <b>Ronald Horstman</b> |                |      |
|     |    | 300m 30.82 (30.82)         |     | 300m 30.27 (30.27)     |                |      |
|     |    | 700m 1:05.99 (35.17)       |     | 700m 1:04.28 (34.01)   |                |      |
|     |    | 1100m 1:43.24 (37.25)      |     | 1100m 1:40.41 (36.13)  |                |      |
|     |    | 1500m 2:21.86 (38.62)      |     | 1500m 2:17.25 (36.84)  |                |      |
|     |    | Name                       | Cat | PB                     | Time           | Info |
| 164 | yw | 131 <b>Bert Keizer</b>     | H65 | 2:08.66                | <b>2:26.61</b> |      |
|     | bl | 94 <b>Koen Super</b>       | HB1 | 2:38.76                | <b>2:35.11</b> | PB   |
|     |    | <b>Bert Keizer</b>         |     | <b>Koen Super</b>      |                |      |
|     |    | 300m 30.90 (30.90)         |     | 300m 33.21 (33.21)     |                |      |
|     |    | 700m 1:07.99 (37.09)       |     | 700m 1:13.14 (39.93)   |                |      |
|     |    | 1100m 1:47.12 (39.13)      |     | 1100m 1:54.04 (40.90)  |                |      |
|     |    | 1500m 2:26.61 (39.49)      |     | 1500m 2:35.11 (41.07)  |                |      |
|     |    | Name                       | Cat | PB                     | Time           | Info |
| 165 | wt | 116 <b>Arjen Verheij</b>   | H45 | 2:33.17                | <b>DQ</b>      |      |
|     | rd | 71 <b>Maria Ufkes</b>      | D40 | 2:17.55                | <b>DQ</b>      |      |
|     |    | <b>Arjen Verheij</b>       |     | <b>Maria Ufkes</b>     |                |      |
|     |    | 300m 31.74 (31.74)         |     | 300m 32.59 (32.59)     |                |      |
|     |    | 700m 1:10.57 (38.83)       |     | 700m 1:12.17 (39.58)   |                |      |
|     |    | 1100m 1:51.40 (40.83)      |     | 1100m 1:52.86 (40.69)  |                |      |
|     |    | 1500m 2:33.79 (42.39)      |     | 1500m 2:34.01 (41.15)  |                |      |
|     |    | Name                       | Cat | PB                     | Time           | Info |
| 166 | yw | 124 <b>Fred van Bussel</b> | H55 | 2:28.58                | <b>2:31.71</b> |      |
|     | bl | 142 <b>Anneke Venema</b>   | D55 | 2:48.11                | <b>2:45.47</b> | PB   |
|     |    | <b>Fred van Bussel</b>     |     | <b>Anneke Venema</b>   |                |      |
|     |    | 300m 33.89 (33.89)         |     | 300m 36.16 (36.16)     |                |      |
|     |    | 700m 1:11.71 (37.82)       |     | 700m 1:17.23 (41.07)   |                |      |
|     |    | 1100m 1:50.90 (39.19)      |     | 1100m 2:00.72 (43.49)  |                |      |
|     |    | 1500m 2:31.71 (40.81)      |     | 1500m 2:45.47 (44.75)  |                |      |

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|     |    | Name                      | Cat                    | PB      | Time    | Info    |
|-----|----|---------------------------|------------------------|---------|---------|---------|
| 167 | wt | 135 Gerard van Bussel     | H70                    | 2:47.26 |         | DQ      |
|     | rd | 92 Ab van Zwieten de Blom | H65                    | 2:44.41 |         | 3:13.72 |
|     |    | Gerard van Bussel         |                        |         |         |         |
|     |    |                           | Ab van Zwieten de Blom |         |         |         |
|     |    |                           | 300m                   | 36.96   | (36.96) |         |
|     |    |                           | 700m                   | 1:32.43 | (55.47) |         |
|     |    |                           | 1100m                  | 2:22.67 | (50.24) |         |
|     |    |                           | 1500m                  | 3:13.72 | (51.05) |         |
|     |    |                           |                        |         |         |         |
|     |    | Name                      | Cat                    | PB      | Time    | Info    |
| 168 | yw | 82 Hans Bom               | H55                    | 2:53.88 |         | DNS     |
|     | bl | 132 Carl de Rijk          | H45                    |         |         | 2:53.53 |
|     |    | Hans Bom                  |                        |         |         |         |
|     |    |                           | Carl de Rijk           |         |         |         |
|     |    |                           | 300m                   | 21.66   | (21.66) |         |
|     |    |                           | 700m                   | 58.46   | (36.80) |         |
|     |    |                           | 1100m                  | 1:55.99 | (57.53) |         |
|     |    |                           | 1500m                  | 2:53.53 | (57.54) |         |

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## 9. Result 300 meter

| Pos | Name                    | Cat | Pair | Lane | Time    | Info | Points |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 146 Julius Thuring      | HPE | 172  | O    | 45.06   | PB   |        |
| 2   | 58 Jasper Drent         | HPF | 171  | I    | 47.17   |      |        |
| 3   | 11 Joëlle van Drimmelen | DPF | 171  | O    | 47.70   | MT   |        |
| 4   | 107 Myrthe Cents        | DPF | 169  | O    | 50.16   | PB   |        |
| 5   | 39 Roel de Vries        | HPF | 169  | I    | 50.55   |      |        |
| 6   | 141 Maud van Leeuwen    | DPE | 173  | O    | 51.98   |      |        |
| 7   | 128 Cato Borchert       | DPF | 173  | I    | 52.19   |      |        |
| 8   | 114 Romee Selles        | DPE | 174  | O    | 52.29   |      |        |
| 9   | 115 Linde Selles        | DPF | 174  | I    | 56.05   |      |        |
| 10  | 59 Renske Drent         | DPF | 172  | I    | 1:01.50 |      |        |

Referee:

Assistant:

Starter:

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## 9. Race Result 300 meter

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Referee:

Assistant:

Starter:

From 2/8/2020 7:00:00 PM to 2/8/2020 11:16:15 PM

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# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

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|     |    | Name                           | Cat             | PB                          | Time           | Info |
|-----|----|--------------------------------|-----------------|-----------------------------|----------------|------|
| 169 | wt | 39 <b>Roel de Vries</b>        | HPF             |                             | <b>50.55</b>   |      |
|     | rd | 107 <b>Myrthe Cents</b>        | DPF             | 1:04.67                     | <b>50.16</b>   | PB   |
|     |    | <b>Roel de Vries</b>           |                 | <b>Myrthe Cents</b>         |                |      |
|     |    | 300m                           | 50.55 (50.55)   | 300m                        | 50.16 (50.16)  |      |
|     |    | Name                           | Cat             | PB                          | Time           | Info |
| 170 | yw |                                |                 |                             |                |      |
|     | bl |                                |                 |                             |                |      |
|     |    | m                              |                 | m                           |                |      |
|     |    | Name                           | Cat             | PB                          | Time           | Info |
| 171 | wt | 58 <b>Jasper Drent</b>         | HPF             |                             | <b>47.17</b>   |      |
|     | rd | 11 <b>Joëlle van Drimmelen</b> | DPF             | 59.40                       | <b>47.70</b>   | MT   |
|     |    | <b>Jasper Drent</b>            |                 | <b>Joëlle van Drimmelen</b> |                |      |
|     |    | 300m                           | 47.17 (47.17)   | 300m                        | 47.70 (47.70)  |      |
|     |    | Name                           | Cat             | PB                          | Time           | Info |
| 172 | yw | 59 <b>Renske Drent</b>         | DPF             |                             | <b>1:01.50</b> |      |
|     | bl | 146 <b>Julius Thuring</b>      | HPE             |                             | <b>45.06</b>   | PB   |
|     |    | <b>Renske Drent</b>            |                 | <b>Julius Thuring</b>       |                |      |
|     |    | 300m                           | 1:01.50 (61.50) | 300m                        | 45.06 (45.06)  |      |
|     |    | Name                           | Cat             | PB                          | Time           | Info |
| 173 | wt | 128 <b>Cato Borchert</b>       | DPF             |                             | <b>52.19</b>   |      |
|     | rd | 141 <b>Maud van Leeuwen</b>    | DPE             |                             | <b>51.98</b>   |      |
|     |    | <b>Cato Borchert</b>           |                 | <b>Maud van Leeuwen</b>     |                |      |
|     |    | 300m                           | 52.19 (52.19)   | 300m                        | 51.98 (51.98)  |      |
|     |    | Name                           | Cat             | PB                          | Time           | Info |
| 174 | yw | 115 <b>Linde Selles</b>        | DPF             |                             | <b>56.05</b>   |      |
|     | bl | 114 <b>Romee Selles</b>        | DPE             |                             | <b>52.29</b>   |      |
|     |    | <b>Linde Selles</b>            |                 | <b>Romee Selles</b>         |                |      |
|     |    | 300m                           | 56.05 (56.05)   | 300m                        | 52.29 (52.29)  |      |

Referee:

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## 10. Result 300 meter

| Pos | Name              | Cat | Pair | Lane | Time  | Info | Points |
|-----|-------------------|-----|------|------|-------|------|--------|
| 1   | 147 Maud Salomons | DC1 | 175  | O    | 29.08 |      |        |
|     | 64 Silke Verwijs  | DPF |      |      | WDR   |      |        |

Referee:

Assistant:

Starter:

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## 10. Race Result 300 meter

|     |    | Name                     | Cat                  | PB    | Time         | Info       |
|-----|----|--------------------------|----------------------|-------|--------------|------------|
| 175 | wt | 64 <b>Silke Verwijs</b>  | DPF                  |       |              | <b>WDR</b> |
|     | rd | 147 <b>Maud Salomons</b> | DC1                  | 29.05 | <b>29.08</b> |            |
|     |    | <u>Silke Verwijs</u>     |                      |       |              |            |
|     |    |                          | <u>Maud Salomons</u> |       |              |            |
|     |    |                          | 300m                 | 29.08 | (29.08)      |            |

Referee:

Assistant:

Starter:

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## 11. Result 1000 meter

| Pos | Name                     | Cat | Pair | Lane | Time    | Info  | Points |
|-----|--------------------------|-----|------|------|---------|-------|--------|
| 1   | 7 Olaf Vunderink         | HC1 | 178  | O    | 1:24.19 |       |        |
| 2   | 13 Birte Tellegen        | DC2 | 176  | I    | 1:30.25 |       |        |
| 3   | 148 Anke Breunis         | DN2 | 178  | I    | 1:33.72 |       |        |
| 4   | 17 Britt Bijker          | DC2 | 180  | I    | 1:36.89 |       |        |
| 5   | 56 Mats van der Heijden  | HC1 | 181  | I    | 1:37.63 |       |        |
| 6   | 73 Marit Bouwman         | DC2 | 180  | O    | 1:46.76 | PB    |        |
| 7   | 88 Guido van der Giessen | HC1 | 181  | O    | 2:04.43 |       |        |
| 8   | 105 Dinand Rozendaal     | HC1 | 183  | I    | 2:06.38 | PB    |        |
| 9   | 78 Jort Bos              | HC2 | 182  | O    | 2:06.48 | MT PB |        |
| 10  | 109 Fabian Scholten      | HC1 | 183  | O    | 2:17.88 |       |        |
| 11  | 121 Nadia Amsink         | DC1 | 182  | I    | 2:27.79 | PB    |        |
|     | 55 Stijn ten Cate        | HC2 | 179  | I    | DQ      |       |        |
|     | 91 Robin Keppels         | DC1 | 179  | O    | DQ      |       |        |

Referee:

Assistant:

Starter:

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# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 11. Race Result 1000 meter

|     |          | Name              | Cat | PB      | Time           | Info |
|-----|----------|-------------------|-----|---------|----------------|------|
| 176 | wt<br>rd | 13 Birte Tellegen | DC2 | 1:29.72 | <b>1:30.25</b> |      |

### Birte Tellegen

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 21.17   | (21.17) | m |
| 600m  | 54.46   | (33.29) |   |
| 1000m | 1:30.25 | (35.79) |   |

|     |          | Name | Cat | PB | Time | Info |
|-----|----------|------|-----|----|------|------|
| 177 | yw<br>bl |      |     |    |      |      |

|   |   |
|---|---|
| m | m |
|---|---|

|     |          | Name             | Cat | PB      | Time           | Info |
|-----|----------|------------------|-----|---------|----------------|------|
| 178 | wt<br>rd | 148 Anke Breunis | DN2 | 1:26.92 | <b>1:33.72</b> |      |
|     |          | 7 Olaf Vunderink | HC1 | 1:23.89 | <b>1:24.19</b> |      |

### Anke Breunis

|       |         |         |
|-------|---------|---------|
| 200m  | 21.86   | (21.86) |
| 600m  | 56.34   | (34.48) |
| 1000m | 1:33.72 | (37.38) |

### Olaf Vunderink

|       |         |         |
|-------|---------|---------|
| 200m  | 20.23   | (20.23) |
| 600m  | 51.53   | (31.30) |
| 1000m | 1:24.19 | (32.66) |

|     |          | Name              | Cat | PB      | Time      | Info |
|-----|----------|-------------------|-----|---------|-----------|------|
| 179 | yw<br>bl | 55 Stijn ten Cate | HC2 | 1:29.25 | <b>DQ</b> |      |
|     |          | 91 Robin Keppels  | DC1 | 1:31.43 | <b>DQ</b> |      |

### Stijn ten Cate

|       |         |         |
|-------|---------|---------|
| 200m  | 21.57   | (21.57) |
| 600m  | 56.29   | (34.72) |
| 1000m | 1:33.02 | (36.73) |

### Robin Keppels

|       |         |         |
|-------|---------|---------|
| 200m  | 20.22   | (20.22) |
| 600m  | 53.37   | (33.15) |
| 1000m | 1:29.67 | (36.30) |

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|     |    | Name                            | Cat | PB                           | Time           | Info  |
|-----|----|---------------------------------|-----|------------------------------|----------------|-------|
| 180 | wt | 17 <b>Britt Bijker</b>          | DC2 | 1:34.59                      | <b>1:36.89</b> |       |
|     | rd | 73 <b>Marit Bouwman</b>         | DC2 | 1:57.57                      | <b>1:46.76</b> | PB    |
|     |    | <b>Britt Bijker</b>             |     | <b>Marit Bouwman</b>         |                |       |
|     |    | 200m 22.05 (22.05)              |     | 200m 23.90 (23.90)           |                |       |
|     |    | 600m 58.69 (36.64)              |     | 600m 1:03.44 (39.54)         |                |       |
|     |    | 1000m 1:36.89 (38.20)           |     | 1000m 1:46.76 (43.32)        |                |       |
|     |    | Name                            | Cat | PB                           | Time           | Info  |
| 181 | yw | 56 <b>Mats van der Heijden</b>  | HC1 | 1:36.62                      | <b>1:37.63</b> |       |
|     | bl | 88 <b>Guido van der Giessen</b> | HC1 |                              | <b>2:04.43</b> |       |
|     |    | <b>Mats van der Heijden</b>     |     | <b>Guido van der Giessen</b> |                |       |
|     |    | 200m 21.96 (21.96)              |     | 200m 27.29 (27.29)           |                |       |
|     |    | 600m 59.28 (37.32)              |     | 600m 1:14.76 (47.47)         |                |       |
|     |    | 1000m 1:37.63 (38.35)           |     | 1000m 2:04.43 (49.67)        |                |       |
|     |    | Name                            | Cat | PB                           | Time           | Info  |
| 182 | wt | 121 <b>Nadia Amsink</b>         | DC1 | 2:38.93                      | <b>2:27.79</b> | PB    |
|     | rd | 78 <b>Jort Bos</b>              | HC2 | 2:40.25                      | <b>2:06.48</b> | MT PB |
|     |    | <b>Nadia Amsink</b>             |     | <b>Jort Bos</b>              |                |       |
|     |    | 200m 30.78 (30.78)              |     | 200m 2:06.48 (126.48)        |                |       |
|     |    | 600m 1:27.19 (56.41)            |     |                              |                |       |
|     |    | 1000m 2:27.79 (60.60)           |     |                              |                |       |
|     |    | Name                            | Cat | PB                           | Time           | Info  |
| 183 | yw | 105 <b>Dinand Rozendaal</b>     | HC1 | 3:18.30                      | <b>2:06.38</b> | PB    |
|     | bl | 109 <b>Fabian Scholten</b>      | HC1 |                              | <b>2:17.88</b> |       |
|     |    | <b>Dinand Rozendaal</b>         |     | <b>Fabian Scholten</b>       |                |       |
|     |    | 200m 2:06.38 (126.38)           |     | 200m 29.62 (29.62)           |                |       |
|     |    |                                 |     | 600m 1:22.56 (52.94)         |                |       |
|     |    |                                 |     | 1000m 2:17.88 (55.32)        |                |       |

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Sport- en Recreatiecentrum de Scheg - Deventer

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## 12. Result 1000 meter

| Pos | Name                   | Cat | Pair | Lane | Time    | Info  | Points |
|-----|------------------------|-----|------|------|---------|-------|--------|
| 1   | 69 Wiebe de Rijk       | HC2 | 186  | O    | 1:27.80 |       |        |
| 2   | 75 Bram Kloosterman    | HC2 | 184  | I    | 1:33.70 | PB    |        |
| 3   | 65 Just Venema         | HC1 | 184  | O    | 1:34.63 | PB    |        |
| 4   | 138 Rick van der Stege | HC1 | 186  | I    | 1:38.75 | MT PB |        |
| 5   | 111 Denice Burgmeijer  | DC1 | 187  | O    | 1:48.73 | MT PB |        |
| 6   | 95 Anna Super          | DC2 | 187  | I    | 2:06.55 | PB    |        |

Referee:

Assistant:

Starter:

From 2/8/2020 7:00:00 PM to 2/8/2020 11:21:09 PM

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# Stokvisdennen-Zwolle-Borne-DSO in Heerenveen

Sport- en Recreatiecentrum de Scheg - Deventer

8 February 2020

## 12. Race Result 1000 meter

|     |    | Name                       | Cat | PB                    | Time           | Info |
|-----|----|----------------------------|-----|-----------------------|----------------|------|
| 184 | wt | 75 <b>Bram Kloosterman</b> | HC2 | 1:35.00               | <b>1:33.70</b> | PB   |
|     | rd | 65 <b>Just Venema</b>      | HC1 | 1:36.62               | <b>1:34.63</b> | PB   |
|     |    | <b>Bram Kloosterman</b>    |     | <b>Just Venema</b>    |                |      |
|     |    | 200m 21.32 (21.32)         |     | 200m 22.05 (22.05)    |                |      |
|     |    | 600m 57.40 (36.08)         |     | 600m 57.16 (35.11)    |                |      |
|     |    | 1000m 1:33.70 (36.30)      |     | 1000m 1:34.63 (37.47) |                |      |

|     |    | Name | Cat | PB | Time | Info |
|-----|----|------|-----|----|------|------|
| 185 | yw |      |     |    |      |      |
|     | bl |      |     |    |      |      |
|     |    | m    |     | m  |      |      |

|     |    | Name                          | Cat | PB                    | Time           | Info  |
|-----|----|-------------------------------|-----|-----------------------|----------------|-------|
| 186 | wt | 138 <b>Rick van der Stege</b> | HC1 | 1:42.48               | <b>1:38.75</b> | MT PB |
|     | rd | 69 <b>Wiebe de Rijk</b>       | HC2 | 1:26.36               | <b>1:27.80</b> |       |
|     |    | <b>Rick van der Stege</b>     |     | <b>Wiebe de Rijk</b>  |                |       |
|     |    | 200m 1:38.75 (98.75)          |     | 200m 20.34 (20.34)    |                |       |
|     |    |                               |     | 600m 42.97 (22.63)    |                |       |
|     |    |                               |     | 1000m 1:27.80 (44.83) |                |       |

|     |    | Name                         | Cat | PB                       | Time           | Info  |
|-----|----|------------------------------|-----|--------------------------|----------------|-------|
| 187 | yw | 95 <b>Anna Super</b>         | DC2 | 2:14.95                  | <b>2:06.55</b> | PB    |
|     | bl | 111 <b>Denice Burgmeijer</b> | DC1 | 1:56.39                  | <b>1:48.73</b> | MT PB |
|     |    | <b>Anna Super</b>            |     | <b>Denice Burgmeijer</b> |                |       |
|     |    | 200m 36.56 (36.56)           |     | 200m 1:48.73 (108.73)    |                |       |
|     |    | 600m 1:15.50 (38.94)         |     |                          |                |       |
|     |    | 1000m 2:06.55 (51.05)        |     |                          |                |       |

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