

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

1. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	9 Armand Broos	HN3	28	O	35.80		
2	8 Sebas Diniz	HN2	29	O	36.10		
3	7 Gijs Esders	HSB	29	I	36.16		
4	6 Kayo Vos	HN1	27	O	36.17		
5	37 Tim Prins	HA2	28	I	36.19		
6	44 Stein de Wit	HA2	25	I	36.28	PB	
7	29 Pim Stuij	HN1	27	I	36.63		
8	74 Thijs Govers	HSA	30	I	36.74		
9	45 Chris Fredriks	HN1	26	O	36.75		
	33 Matthieu Hollaar	HN1	26	I	36.75	PB	
11	78 Niels d'Huy	HN2	30	O	36.77		
12	46 Ward Dielissen	HA1	24	I	37.13	PB	
13	10 Jur Veenje	HN3	25	O	37.22		
14	15 Thomas de Lange	HN1	24	O	37.34		
15	16 Loek van Vilsteren	HA2	22	O	37.39	PB	
16	34 Max Bergsma	HA2	23	O	37.48		
17	17 Stijn Beekelaar	HA2	23	I	37.62		
18	43 Stijn van de Bunt	HA2	18	I	37.65	PB	
19	26 Swen Halferkamps	HA1	20	O	37.70		
20	23 Bryant Boogert	HA1	19	I	37.92	PB	
21	27 Thom Rooijackers	HA2	19	O	38.02	PB	
22	71 Bart Valentijn	HSA	22	I	38.07		
23	66 Jelmer Hendriks	HN1	18	O	38.26		
24	14 Rick Meijer	HN1	21	O	38.38		
25	38 Matthé Pronk	HA2	15	I	38.42	PB	
26	19 Jort de Gans	HA1	16	I	38.56	PB	
27	40 Dione Voskamp	DSA	15	O	38.69		
	18 Björn Kitselaar	HA1	17	I	38.69		
29	42 Sijmen Egberts	HA2	21	I	38.80		
30	22 Pelle Bolsius	HB1	16	O	38.85		
31	41 Naomi Verkerk	DN4	14	I	38.95		
32	24 Geert Frijters	HA2	17	O	38.98	PB	
33	20 Niels van Reeuwijk	HA1	13	I	39.21	PB	
34	60 Luca Heesen	HN2	20	I	39.27		
35	28 Remco Stam	HA2	12	O	39.46	PB	
36	48 Chloé Hoogendoorn	DA2	14	O	39.73		
37	52 Rinse Franken	HB2	11	I	39.87		
38	36 Sil van der Veen	HB2	9	O	40.41	PB	

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	21 Olaf Vunderink	HB2	13	O	40.69		
40	25 Lotte Groenen	DA1	10	O	40.84		
41	56 Bram ten Berge	HB2	9	I	40.86		
42	53 Eise van Schijndel	HB2	12	I	41.25		
43	54 Ibe Hoedeman	HB2	11	O	41.47		
44	50 Rosalie van Vliet	DB2	5	O	41.59		
45	65 Sofie Bouw	DA1	6	O	41.70	PB	
46	64 Yasmine Bouaziz	DA2	10	I	41.78		
47	35 Sanne Westra	DN1	8	I	41.80		
48	47 Jade Groenewoud	DA2	8	O	42.11		
49	63 Amee Hollanders	DN1	7	O	42.19		
50	13 Janna Bolsius	DA1	6	I	42.50		
51	49 Sophie Kraaijeveld	DA2	5	I	42.59		
52	30 Emma Noz	DA1	4	O	42.64	PB	
53	11 Vera van Ditshuizen	DN1	3	I	43.19		
54	69 Isa Leroy	DB2	2	O	43.39		
55	12 Emma Kole	DA2	3	O	43.54		
56	55 Lianne van Gammeren	DB2	4	I	44.32		
57	70 Lauren Teunissen	DA2	2	I	45.00		
58	68 Quinty van Klink	DN3	1	O	45.24		
59	51 Bo Mengerink	DA1	1	I	45.91		

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1. Race Result 500 meter

		Name		Cat		PB	Time	Info
1	wt	51	Bo Mengerink		DA1	43.95	45.91	
	rd	68	Quinty van Klink		DN3	44.81	45.24	
		Bo Mengerink			Quinty van Klink			
		100m	12.21	(12.21)	100m	12.61	(12.61)	
		500m	45.91	(33.70)	500m	45.24	(32.63)	

		Name		Cat		PB	Time	Info
2	yw	70	Lauren Teunissen		DA2	44.13	45.00	
	bl	69	Isa Leroy		DB2	42.77	43.39	
		Lauren Teunissen			Isa Leroy			
		100m	12.37	(12.37)	100m	11.86	(11.86)	
		500m	45.00	(32.63)	500m	43.39	(31.53)	

		Name		Cat		PB	Time	Info
3	wt	11	Vera van Ditshuizen		DN1	42.15	43.19	
	rd	12	Emma Kole		DA2	42.93	43.54	
		Vera van Ditshuizen			Emma Kole			
		100m	11.97	(11.97)	100m	12.13	(12.13)	
		500m	43.19	(31.22)	500m	43.54	(31.41)	

		Name		Cat		PB	Time	Info
4	yw	55	Lianne van Gammeren		DB2	42.56	44.32	
	bl	30	Emma Noz		DA1	42.74	42.64	PB
		Lianne van Gammeren			Emma Noz			
		100m	11.74	(11.74)	100m	11.68	(11.68)	
		500m	44.32	(32.58)	500m	42.64	(30.96)	

		Name		Cat		PB	Time	Info
5	wt	49	Sophie Kraaijeveld		DA2	42.02	42.59	
	rd	50	Rosalie van Vliet		DB2	41.26	41.59	
		Sophie Kraaijeveld			Rosalie van Vliet			
		100m	11.98	(11.98)	100m	11.58	(11.58)	
		500m	42.59	(30.61)	500m	41.59	(30.01)	

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		Name		Cat		PB	Time	Info
6	yw	13	Janna Bolsius		DA1	42.08	42.50	
	bl	65	Sofie Bouw		DA1	41.73	41.70	PB
		Janna Bolsius			Sofie Bouw			
		100m	11.90	(11.90)	100m	11.39	(11.39)	
		500m	42.50	(30.60)	500m	41.70	(30.31)	
		Name		Cat		PB	Time	Info
7	wt							
	rd	63	Amee Hollanders		DN1	41.03	42.19	
		Amee Hollanders						
		m			100m	11.56	(11.56)	
					500m	42.19	(30.63)	
		Name		Cat		PB	Time	Info
8	yw	35	Sanne Westra		DN1	40.97	41.80	
	bl	47	Jade Groenewoud		DA2	40.18	42.11	
		Sanne Westra			Jade Groenewoud			
		100m	11.98	(11.98)	100m	11.86	(11.86)	
		500m	41.80	(29.82)	500m	42.11	(30.25)	
		Name		Cat		PB	Time	Info
9	wt	56	Bram ten Berge		HB2	40.57	40.86	
	rd	36	Sil van der Veen		HB2	40.42	40.41	PB
		Bram ten Berge			Sil van der Veen			
		100m	11.13	(11.13)	100m	11.32	(11.32)	
		500m	40.86	(29.73)	500m	40.41	(29.09)	
		Name		Cat		PB	Time	Info
10	yw	64	Yasmine Bouaziz		DA2	40.22	41.78	
	bl	25	Lotte Groenen		DA1	40.64	40.84	
		Yasmine Bouaziz			Lotte Groenen			
		100m	11.39	(11.39)	100m	11.34	(11.34)	
		500m	41.78	(30.39)	500m	40.84	(29.50)	

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		Name			Cat			PB	Time	Info	
11	wt	52	Rinse Franken		HB2			39.51	39.87		
	rd	54	Ibe Hoedeman		HB2			40.67	41.47		
		Rinse Franken			Ibe Hoedeman						
		100m	11.10	(11.10)	100m	11.06	(11.06)				
		500m	39.87	(28.77)	500m	41.47	(30.41)				
		Name			Cat			PB	Time	Info	
12	yw	53	Eise van Schijndel		HB2			40.04	41.25		
	bl	28	Remco Stam		HA2			39.99	39.46	PB	
		Eise van Schijndel			Remco Stam						
		100m	11.33	(11.33)	100m	11.08	(11.08)				
		500m	41.25	(29.92)	500m	39.46	(28.38)				
		Name			Cat			PB	Time	Info	
13	wt	20	Niels van Reeuwijk		HA1			39.45	39.21	PB	
	rd	21	Olaf Vunderink		HB2			39.24	40.69		
		Niels van Reeuwijk			Olaf Vunderink						
		100m	10.94	(10.94)	100m	11.16	(11.16)				
		500m	39.21	(28.27)	500m	40.69	(29.53)				
		Name			Cat			PB	Time	Info	
14	yw	41	Naomi Verkerk		DN4			38.25	38.95		
	bl	48	Chloé Hoogendoorn		DA2			39.39	39.73		
		Naomi Verkerk			Chloé Hoogendoorn						
		100m	10.84	(10.84)	100m	11.06	(11.06)				
		500m	38.95	(28.11)	500m	39.73	(28.67)				
		Name			Cat			PB	Time	Info	
15	wt	38	Matthé Pronk		HA2			38.51	38.42	PB	
	rd	40	Dione Voskamp		DSA			37.57	38.69		
		Matthé Pronk			Dione Voskamp						
		100m	10.93	(10.93)	100m	10.58	(10.58)				
		500m	38.42	(27.49)	500m	38.69	(28.11)				

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		Name	Cat		PB	Time	Info
16	yw	19 Jort de Gans	HA1		38.96	38.56	PB
	bl	22 Pelle Bolsius	HB1		38.83	38.85	
		Jort de Gans		Pelle Bolsius			
		100m	10.92	(10.92)	100m	10.79	(10.79)
		500m	38.56	(27.64)	500m	38.85	(28.06)
		Name	Cat		PB	Time	Info
17	wt	18 Björn Kitselaar	HA1		38.45	38.69	
	rd	24 Geert Frijters	HA2		39.01	38.98	PB
		Björn Kitselaar		Geert Frijters			
		100m	10.59	(10.59)	100m	10.68	(10.68)
		500m	38.69	(28.10)	500m	38.98	(28.30)
		Name	Cat		PB	Time	Info
18	yw	43 Stijn van de Bunt	HA2		38.42	37.65	PB
	bl	66 Jelmer Hendriks	HN1		38.17	38.26	
		Stijn van de Bunt		Jelmer Hendriks			
		100m	10.84	(10.84)	100m	10.41	(10.41)
		500m	37.65	(26.81)	500m	38.26	(27.85)
		Name	Cat		PB	Time	Info
19	wt	23 Bryant Boogert	HA1		38.04	37.92	PB
	rd	27 Thom Rooijackers	HA2		38.08	38.02	PB
		Bryant Boogert		Thom Rooijackers			
		100m	10.41	(10.41)	100m	10.58	(10.58)
		500m	37.92	(27.51)	500m	38.02	(27.44)
		Name	Cat		PB	Time	Info
20	yw	60 Luca Heesen	HN2		37.93	39.27	
	bl	26 Swen Halferkamps	HA1		37.61	37.70	
		Luca Heesen		Swen Halferkamps			
		100m	10.86	(10.86)	100m	10.43	(10.43)
		500m	39.27	(28.41)	500m	37.70	(27.27)

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		Name			Cat			PB	Time	Info
21	wt	42	Sijmen Egberts		HA2			37.34	38.80	
	rd	14	Rick Meijer		HN1			37.60	38.38	
		Sijmen Egberts				Rick Meijer				
		100m	10.98	(10.98)	100m	10.88	(10.88)			
		500m	38.80	(27.82)	500m	38.38	(27.50)			

		Name			Cat			PB	Time	Info
22	yw	71	Bart Valentijn		HSA			37.84	38.07	
	bl	16	Loek van Vilsteren		HA2			37.55	37.39	PB
		Bart Valentijn				Loek van Vilsteren				
		100m	10.50	(10.50)	100m	10.45	(10.45)			
		500m	38.07	(27.57)	500m	37.39	(26.94)			

		Name			Cat			PB	Time	Info
23	wt	17	Stijn Beekelaar		HA2			37.33	37.62	
	rd	34	Max Bergsma		HA2			37.22	37.48	
		Stijn Beekelaar				Max Bergsma				
		100m	10.41	(10.41)	100m	10.32	(10.32)			
		500m	37.62	(27.21)	500m	37.48	(27.16)			

		Name			Cat			PB	Time	Info
24	yw	46	Ward Dielissen		HA1			37.14	37.13	PB
	bl	15	Thomas de Lange		HN1			37.10	37.34	
		Ward Dielissen				Thomas de Lange				
		100m	10.25	(10.25)	100m	10.66	(10.66)			
		500m	37.13	(26.88)	500m	37.34	(26.68)			

		Name			Cat			PB	Time	Info
25	wt	44	Stein de Wit		HA2			36.57	36.28	PB
	rd	10	Jur Veenje		HN3			36.73	37.22	
		Stein de Wit				Jur Veenje				
		100m	10.20	(10.20)	100m	10.54	(10.54)			
		500m	36.28	(26.08)	500m	37.22	(26.68)			

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		Name	Cat	PB	Time	Info
26	yw	33 Matthieu Hollaar	HN1	36.84	36.75	PB
	bl	45 Chris Fredriks	HN1	36.37	36.75	
		Matthieu Hollaar		Chris Fredriks		
		100m	10.52 (10.52)	100m	10.33 (10.33)	
		500m	36.75 (26.23)	500m	36.75 (26.42)	
		Name	Cat	PB	Time	Info
27	wt	29 Pim Stuij	HN1	36.18	36.63	
	rd	6 Kayo Vos	HN1	35.91	36.17	
		Pim Stuij		Kayo Vos		
		100m	10.25 (10.25)	100m	10.14 (10.14)	
		500m	36.63 (26.38)	500m	36.17 (26.03)	
		Name	Cat	PB	Time	Info
28	yw	37 Tim Prins	HA2	35.79	36.19	
	bl	9 Armand Broos	HN3	35.51	35.80	
		Tim Prins		Armand Broos		
		100m	10.35 (10.35)	100m	9.97 (9.97)	
		500m	36.19 (25.84)	500m	35.80 (25.83)	
		Name	Cat	PB	Time	Info
29	wt	7 Gijs Esders	HSB	34.99	36.16	
	rd	8 Sebas Diniz	HN2	35.29	36.10	
		Gijs Esders		Sebas Diniz		
		100m	10.20 (10.20)	100m	10.06 (10.06)	
		500m	36.16 (25.96)	500m	36.10 (26.04)	
		Name	Cat	PB	Time	Info
30	yw	74 Thijs Govers	HSA	35.43	36.74	
	bl	78 Niels d'Huy	HN2	36.04	36.77	
		Thijs Govers		Niels d'Huy		
		100m	10.08 (10.08)	100m	10.54 (10.54)	
		500m	36.74 (26.66)	500m	36.77 (26.23)	

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2. Result 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	3 Zeno de Ponti	HN2	2	O	6:44.63	
2	32 Colin James Duivenvoorden	HN1	2	I	6:47.99	
3	58 Adriaan de Kluiver	HSA	1	O	7:00.04	
4	1 Esmee Visser	DSA	1	I	7:11.68	

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2. Race Result 5000 meter

		Name	Cat	PB	Time	Info
1	wt	1 Esmee Visser	DSA	6:45.73	7:11.68	
	rd	58 Adriaan de Kluiver	HSA	6:53.74	7:00.04	
		Esmee Visser				Adriaan de Kluiver
		200m	22.44 (22.44)	200m	19.97 (19.97)	
		600m	56.54 (34.10)	600m	52.22 (32.25)	
		1000m	1:30.50 (33.96)	1000m	1:25.16 (32.94)	
		1400m	2:04.62 (34.12)	1400m	1:58.23 (33.07)	
		1800m	2:38.78 (34.16)	1800m	2:31.44 (33.21)	
		2200m	3:13.45 (34.67)	2200m	3:04.16 (32.72)	
		2600m	3:47.73 (34.28)	2600m	3:36.94 (32.78)	
		3000m	4:21.89 (34.16)	3000m	4:10.25 (33.31)	
		3400m	4:55.66 (33.77)	3400m	4:43.59 (33.34)	
		3800m	5:29.74 (34.08)	3800m	5:17.11 (33.52)	
		4200m	6:03.78 (34.04)	4200m	5:50.92 (33.81)	
		4600m	6:37.80 (34.02)	4600m	6:25.46 (34.54)	
		5000m	7:11.68 (33.88)	5000m	7:00.04 (34.58)	

		Name	Cat	PB	Time	Info
2	yw	32 Colin James Duivenvoorden	HN1	6:33.99	6:47.99	
	bl	3 Zeno de Ponti	HN2	6:35.87	6:44.63	
		Colin James Duivenvoorden				Zeno de Ponti
		200m	19.88 (19.88)	200m	20.23 (20.23)	
		600m	51.44 (31.56)	600m	51.14 (30.91)	
		1000m	1:22.18 (30.74)	1000m	1:22.57 (31.43)	
		1400m	1:52.77 (30.59)	1400m	1:54.13 (31.56)	
		1800m	2:23.45 (30.68)	1800m	2:25.77 (31.64)	
		2200m	2:54.59 (31.14)	2200m	2:57.76 (31.99)	
		2600m	3:26.31 (31.72)	2600m	3:29.93 (32.17)	
		3000m	3:59.21 (32.90)	3000m	4:02.04 (32.11)	
		3400m	4:32.79 (33.58)	3400m	4:33.85 (31.81)	
		3800m	5:06.38 (33.59)	3800m	5:06.31 (32.46)	
		4200m	5:40.88 (34.50)	4200m	5:39.07 (32.76)	
		4600m	6:15.05 (34.17)	4600m	6:11.95 (32.88)	
		5000m	6:47.99 (32.94)	5000m	6:44.63 (32.68)	

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3. Result 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	2 Jesse Speijers	HN2	5	O	3:46.51	PB	
2	43 Stijn van de Bunt	HA2	5	I	3:49.14		
3	75 Max Visscher	HN4	6	O	4:06.21		
4	46 Ward Dielissen	HA1	1	O	4:12.81	PB	
5	4 Robin Groot	DN3	4	I	4:13.66		
6	47 Jade Groenewoud	DA2	4	O	4:19.10		
7	77 Naomi van der Werf	DSA	3	O	4:22.83		
8	49 Sophie Kraaijeveld	DA2	3	I	4:23.98		
9	50 Rosalie van Vliet	DB2	2	O	4:26.63	PB	
10	5 Kim Talsma	DN3	2	I	4:26.64		
11	68 Quinty van Klink	DN3	1	I	4:45.12		
	42 Sijmen Egberts	HA2	6	I	DNS		

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3. Race Result 3000 meter

		Name		Cat		PB		Time	Info
1	wt	68	Quinty van Klink		DN3	4:35.51		4:45.12	
	rd	46	Ward Dielissen		HA1	4:18.50		4:12.81	PB
		Quinty van Klink			Ward Dielissen				
		200m	21.91	(21.91)	200m	20.68	(20.68)		
		600m	56.72	(34.81)	600m	53.19	(32.51)		
		1000m	1:32.93	(36.21)	1000m	1:25.65	(32.46)		
		1400m	2:10.44	(37.51)	1400m	1:57.49	(31.84)		
		1800m	2:48.95	(38.51)	1800m	2:29.86	(32.37)		
		2200m	3:28.01	(39.06)	2200m	3:02.89	(33.03)		
		2600m	4:06.52	(38.51)	2600m	3:37.06	(34.17)		
		3000m	4:45.12	(38.60)	3000m	4:12.81	(35.75)		

		Name		Cat		PB		Time	Info
2	yw	5	Kim Talsma		DN3	4:13.49		4:26.64	
	bl	50	Rosalie van Vliet		DB2	4:26.79		4:26.63	PB
		Kim Talsma			Rosalie van Vliet				
		200m	21.00	(21.00)	200m	20.60	(20.60)		
		600m	53.55	(32.55)	600m	53.12	(32.52)		
		1000m	1:27.15	(33.60)	1000m	1:27.35	(34.23)		
		1400m	2:01.58	(34.43)	1400m	2:02.39	(35.04)		
		1800m	2:36.43	(34.85)	1800m	2:38.42	(36.03)		
		2200m	3:11.91	(35.48)	2200m	3:14.82	(36.40)		
		2600m	3:48.68	(36.77)	2600m	3:51.02	(36.20)		
		3000m	4:26.64	(37.96)	3000m	4:26.63	(35.61)		

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name		Cat		PB	Time	Info
3	wt	49	Sophie Kraaijeveld		DA2	4:10.39	4:23.98	
	rd	77	Naomi van der Werf		DSA	4:16.33	4:22.83	
				Sophie Kraaijeveld				
				Naomi van der Werf				
		200m	21.71	(21.71)	200m		21.11	(21.11)
		600m	55.42	(33.71)	600m		54.16	(33.05)
		1000m	1:29.43	(34.01)	1000m		1:27.75	(33.59)
		1400m	2:04.04	(34.61)	1400m		2:01.78	(34.03)
		1800m	2:38.96	(34.92)	1800m		2:36.06	(34.28)
		2200m	3:14.01	(35.05)	2200m		3:11.06	(35.00)
		2600m	3:49.08	(35.07)	2600m		3:46.77	(35.71)
		3000m	4:23.98	(34.90)	3000m		4:22.83	(36.06)

		Name		Cat		PB	Time	Info
4	yw	4	Robin Groot		DN3	4:05.93	4:13.66	
	bl	47	Jade Groenewoud		DA2	4:07.07	4:19.10	
				Robin Groot				
				Jade Groenewoud				
		200m	20.73	(20.73)	200m		21.29	(21.29)
		600m	52.37	(31.64)	600m		53.82	(32.53)
		1000m	1:24.30	(31.93)	1000m		1:26.68	(32.86)
		1400m	1:56.73	(32.43)	1400m		2:00.16	(33.48)
		1800m	2:29.83	(33.10)	1800m		2:34.10	(33.94)
		2200m	3:03.56	(33.73)	2200m		3:08.72	(34.62)
		2600m	3:38.10	(34.54)	2600m		3:43.76	(35.04)
		3000m	4:13.66	(35.56)	3000m		4:19.10	(35.34)

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name		Cat		PB	Time	Info
5	wt	43	Stijn van de Bunt		HA2	3:47.04	3:49.14	
	rd	2	Jesse Speijers		HN2	3:47.56	3:46.51	PB
		Stijn van de Bunt			Jesse Speijers			
		200m	19.21	(19.21)	200m	19.16	(19.16)	
		600m	48.47	(29.26)	600m	48.15	(28.99)	
		1000m	1:18.29	(29.82)	1000m	1:17.40	(29.25)	
		1400m	1:48.41	(30.12)	1400m	1:47.06	(29.66)	
		1800m	2:18.02	(29.61)	1800m	2:16.92	(29.86)	
		2200m	2:47.50	(29.48)	2200m	2:46.75	(29.83)	
		2600m	3:17.21	(29.71)	2600m	3:16.74	(29.99)	
		3000m	3:49.14	(31.93)	3000m	3:46.51	(29.77)	

		Name		Cat		PB	Time	Info
6	yw	42	Sijmen Egberts		HA2	3:45.17	DNS	
	bl	75	Max Visscher		HN4	3:52.87	4:06.21	
		Sijmen Egberts			Max Visscher			
		200m			200m	19.98	(19.98)	
		600m			600m	50.51	(30.53)	
		1000m			1000m	1:21.34	(30.83)	
		1400m			1400m	1:53.17	(31.83)	
		1800m			1800m	2:25.73	(32.56)	
		2200m			2200m	2:58.97	(33.24)	
		2600m			2600m	3:30.47	(31.50)	
		3000m			3000m	4:06.21	(35.74)	

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

4. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	6 Kayo Vos	HN1	10	I	1:49.18	PB	
2	15 Thomas de Lange	HN1	9	I	1:51.49		
3	16 Loek van Vilsteren	HA2	10	O	1:51.56	PB	
4	71 Bart Valentijn	HSA	7	I	1:53.25		
5	14 Rick Meijer	HN1	9	O	1:54.54		
6	22 Pelle Bolsius	HB1	8	I	1:54.99	PB	
7	36 Sil van der Veen	HB2	5	O	1:56.65	PB	
8	20 Niels van Reeuwijk	HA1	6	O	1:57.08	PB	
9	17 Stijn Beekelaar	HA2	7	O	1:58.07		
10	19 Jort de Gans	HA1	6	I	1:58.79	PB	
11	18 Björn Kitselaar	HA1	4	I	2:00.52	PB	
12	62 Daniël van Velsen	HA2	4	O	2:00.70		
13	21 Olaf Vunderink	HB2	5	I	2:00.95		
14	67 Philip Diniz	HC2	2	I	2:03.96	PB	
15	13 Janna Bolsius	DA1	2	O	2:07.30	PB	
16	11 Vera van Ditshuizen	DN1	3	I	2:10.18		
17	30 Emma Noz	DA1	1	I	2:11.33		
18	12 Emma Kole	DA2	3	O	2:12.58		
19	69 Isa Leroy	DB2	1	O	2:13.49		
	38 Matthé Pronk	HA2	8	O		DNS	

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

4. Race Result 1500 meter

		Name		Cat		PB		Time	Info
1	wt	30	Emma Noz		DA1	2:06.88		2:11.33	
	rd	69	Isa Leroy		DB2	2:13.27		2:13.49	
		Emma Noz			Isa Leroy				
		300m	27.81	(27.81)	300m	28.32	(28.32)		
		700m	59.14	(31.33)	700m	1:00.98	(32.66)		
		1100m	1:33.72	(34.58)	1100m	1:36.54	(35.56)		
		1500m	2:11.33	(37.61)	1500m	2:13.49	(36.95)		
<hr/>									
		Name		Cat		PB		Time	Info
2	yw	67	Philip Diniz		HC2	2:09.22		2:03.96	PB
	bl	13	Janna Bolsius		DA1	2:08.49		2:07.30	PB
		Philip Diniz			Janna Bolsius				
		300m	27.25	(27.25)	300m	28.63	(28.63)		
		700m	58.21	(30.96)	700m	1:00.32	(31.69)		
		1100m	1:30.26	(32.05)	1100m	1:33.21	(32.89)		
		1500m	2:03.96	(33.70)	1500m	2:07.30	(34.09)		
<hr/>									
		Name		Cat		PB		Time	Info
3	wt	11	Vera van Ditshuizen		DN1	2:06.68		2:10.18	
	rd	12	Emma Kole		DA2	2:05.81		2:12.58	
		Vera van Ditshuizen			Emma Kole				
		300m	28.46	(28.46)	300m	29.13	(29.13)		
		700m	1:00.96	(32.50)	700m	1:01.85	(32.72)		
		1100m	1:35.09	(34.13)	1100m	1:37.01	(35.16)		
		1500m	2:10.18	(35.09)	1500m	2:12.58	(35.57)		
<hr/>									
		Name		Cat		PB		Time	Info
4	yw	18	Björn Kitselaar		HA1	2:01.75		2:00.52	PB
	bl	62	Daniël van Velsen		HA2	1:57.11		2:00.70	
		Björn Kitselaar			Daniël van Velsen				
		300m	25.76	(25.76)	300m	26.77	(26.77)		
		700m	55.82	(30.06)	700m	56.23	(29.46)		
		1100m	1:27.41	(31.59)	1100m	1:27.38	(31.15)		
		1500m	2:00.52	(33.11)	1500m	2:00.70	(33.32)		

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name	Cat	PB	Time	Info
5	wt	21 Olaf Vunderink	HB2	1:59.18	2:00.95	
	rd	36 Sil van der Veen	HB2	1:57.28	1:56.65	PB
		Olaf Vunderink				Sil van der Veen
		300m	26.28 (26.28)	300m	26.96 (26.96)	
		700m	56.19 (29.91)	700m	56.16 (29.20)	
		1100m	1:27.71 (31.52)	1100m	1:26.13 (29.97)	
		1500m	2:00.95 (33.24)	1500m	1:56.65 (30.52)	

		Name	Cat	PB	Time	Info
6	yw	19 Jort de Gans	HA1	2:00.59	1:58.79	PB
	bl	20 Niels van Reeuwijk	HA1	2:00.27	1:57.08	PB
		Jort de Gans				Niels van Reeuwijk
		300m	25.95 (25.95)	300m	25.79 (25.79)	
		700m	54.27 (28.32)	700m	54.63 (28.84)	
		1100m	1:25.23 (30.96)	1100m	1:25.07 (30.44)	
		1500m	1:58.79 (33.56)	1500m	1:57.08 (32.01)	

		Name	Cat	PB	Time	Info
7	wt	71 Bart Valentijn	HSA	1:50.66	1:53.25	
	rd	17 Stijn Beekelaar	HA2	1:56.04	1:58.07	
		Bart Valentijn				Stijn Beekelaar
		300m	25.06 (25.06)	300m	25.15 (25.15)	
		700m	53.35 (28.29)	700m	54.02 (28.87)	
		1100m	1:22.63 (29.28)	1100m	1:25.37 (31.35)	
		1500m	1:53.25 (30.62)	1500m	1:58.07 (32.70)	

		Name	Cat	PB	Time	Info
8	yw	22 Pelle Bolsius	HB1	1:55.75	1:54.99	PB
	bl	38 Matthé Pronk	HA2	1:54.14	DNS	
		Pelle Bolsius				Matthé Pronk
		300m	25.71 (25.71)			
		700m	54.09 (28.38)			
		1100m	1:23.78 (29.69)			
		1500m	1:54.99 (31.21)			

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name			Cat			PB	Time	Info
9	wt	15	Thomas de Lange		HN1			1:50.14	1:51.49	
	rd	14	Rick Meijer		HN1			1:52.90	1:54.54	
		Thomas de Lange				Rick Meijer				
		300m	24.53	(24.53)	300m	24.98	(24.98)			
		700m	51.74	(27.21)	700m	52.85	(27.87)			
		1100m	1:20.41	(28.67)	1100m	1:22.61	(29.76)			
		1500m	1:51.49	(31.08)	1500m	1:54.54	(31.93)			

		Name			Cat			PB	Time	Info
10	yw	6	Kayo Vos		HN1			1:49.42	1:49.18	PB
	bl	16	Loek van Vilsteren		HA2			1:54.14	1:51.56	PB
		Kayo Vos				Loek van Vilsteren				
		300m	23.83	(23.83)	300m	24.58	(24.58)			
		700m	50.76	(26.93)	700m	52.06	(27.48)			
		1100m	1:19.09	(28.33)	1100m	1:20.95	(28.89)			
		1500m	1:49.18	(30.09)	1500m	1:51.56	(30.61)			

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

5. Result 1000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	37 Tim Prins	HA2	9	O	1:11.25	
2	33 Matthieu Hollaar	HN1	8	O	1:12.03	
3	10 Jur Veenje	HN3	8	I	1:12.09	
4	45 Chris Fredriks	HN1	10	I	1:12.25	
5	44 Stein de Wit	HA2	6	I	1:12.31 PB	
6	73 Elwin Jongman	HN4	9	I	1:12.32	
7	74 Thijs Govers	HSA	10	O	1:12.72	
8	29 Pim Stuij	HN1	7	O	1:13.53	
9	34 Max Bergsma	HA2	5	O	1:14.06	
10	57 Mervin Maatman	HN2	7	I	1:14.27	
11	59 Max de Graaf	HN3	6	O	1:14.57	
12	76 Bram Steenaart	HN4	1	O	1:17.13	
13	52 Rinse Franken	HB2	5	I	1:18.14	
14	53 Eise van Schijndel	HB2	4	O	1:20.07	
15	35 Sanne Westra	DN1	3	O	1:20.65	
16	56 Bram ten Berge	HB2	1	I	1:21.38 PB	
17	54 Ibe Hoedeman	HB2	4	I	1:22.83	
18	55 Lianne van Gammeren	DB2	2	I	1:31.29	
19	51 Bo Mengerink	DA1	2	O	1:32.68	
	48 Chloé Hoogendoorn	DA2	3	I	DNS	

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

5. Race Result 1000 meter

		Name		Cat		PB		Time	Info
1	wt	56	Bram ten Berge		HB2		1:23.37	1:21.38	PB
	rd	76	Bram Steenaart		HN4			1:17.13	

Bram ten Berge

200m	18.88	(18.88)
600m	48.91	(30.03)
1000m	1:21.38	(32.47)

Bram Steenaart

200m	18.99	(18.99)
600m	47.28	(28.29)
1000m	1:17.13	(29.85)

		Name		Cat		PB		Time	Info
2	yw	55	Lianne van Gammeren		DB2		1:25.50	1:31.29	
	bl	51	Bo Mengerink		DA1		1:27.41	1:32.68	

Lianne van Gammeren

200m	20.59	(20.59)
600m	54.66	(34.07)
1000m	1:31.29	(36.63)

Bo Mengerink

200m	21.93	(21.93)
600m	56.71	(34.78)
1000m	1:32.68	(35.97)

		Name		Cat		PB		Time	Info
3	wt	48	Chloé Hoogendoorn		DA2		1:18.00	DNS	
	rd	35	Sanne Westra		DN1		1:20.15	1:20.65	

Chloé Hoogendoorn

Sanne Westra

200m	19.69	(19.69)
600m	49.35	(29.66)
1000m	1:20.65	(31.30)

		Name		Cat		PB		Time	Info
4	yw	54	Ibe Hoedeman		HB2		1:21.85	1:22.83	
	bl	53	Eise van Schijndel		HB2		1:18.96	1:20.07	

Ibe Hoedeman

200m	18.95	(18.95)
600m	49.35	(30.40)
1000m	1:22.83	(33.48)

Eise van Schijndel

200m	19.20	(19.20)
600m	48.53	(29.33)
1000m	1:20.07	(31.54)

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name	Cat		PB	Time	Info
5	wt	52 Rinse Franken	HB2		1:17.66	1:18.14	
	rd	34 Max Bergsma	HA2		1:13.22	1:14.06	
		Rinse Franken			Max Bergsma		
		200m	18.71	(18.71)	200m	17.49	(17.49)
		600m	47.53	(28.82)	600m	45.04	(27.55)
		1000m	1:18.14	(30.61)	1000m	1:14.06	(29.02)

		Name	Cat		PB	Time	Info
6	yw	44 Stein de Wit	HA2		1:12.78	1:12.31	PB
	bl	59 Max de Graaf	HN3		1:13.37	1:14.57	
		Stein de Wit			Max de Graaf		
		200m	17.33	(17.33)	200m	17.86	(17.86)
		600m	43.61	(26.28)	600m	45.29	(27.43)
		1000m	1:12.31	(28.70)	1000m	1:14.57	(29.28)

		Name	Cat		PB	Time	Info
7	wt	57 Mervin Maatman	HN2		1:11.86	1:14.27	
	rd	29 Pim Stuij	HN1		1:12.66	1:13.53	
		Mervin Maatman			Pim Stuij		
		200m	17.66	(17.66)	200m	17.27	(17.27)
		600m	44.76	(27.10)	600m	43.92	(26.65)
		1000m	1:14.27	(29.51)	1000m	1:13.53	(29.61)

		Name	Cat		PB	Time	Info
8	yw	10 Jur Veenje	HN3		1:10.87	1:12.09	
	bl	33 Matthieu Hollaar	HN1		1:12.02	1:12.03	
		Jur Veenje			Matthieu Hollaar		
		200m	17.59	(17.59)	200m	17.50	(17.50)
		600m	44.19	(26.60)	600m	43.76	(26.26)
		1000m	1:12.09	(27.90)	1000m	1:12.03	(28.27)

Trainingswedstrijd KNSB- en topteams

Thialf - Heerenveen

17 September 2022

		Name		Cat		PB		Time	Info
9	wt	73	Elwin Jongman		HN4		1:10.39	1:12.32	
	rd	37	Tim Prins		HA2		1:09.15	1:11.25	
		Elwin Jongman				Tim Prins			
		200m	17.20	(17.20)		200m	17.21	(17.21)	
		600m	43.30	(26.10)		600m	43.16	(25.95)	
		1000m	1:12.32	(29.02)		1000m	1:11.25	(28.09)	

		Name		Cat		PB		Time	Info
10	yw	45	Chris Fredriks		HN1		1:10.53	1:12.25	
	bl	74	Thijs Govers		HSA		1:09.78	1:12.72	
		Chris Fredriks				Thijs Govers			
		200m	17.23	(17.23)		200m	17.08	(17.08)	
		600m	43.65	(26.42)		600m	43.69	(26.61)	
		1000m	1:12.25	(28.60)		1000m	1:12.72	(29.03)	