

## 1. Uitslag Iedereen 100-500m

| Pos | Naam            | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------|-----|------|------|-------|------|--------|
| 1   | 29 Isa Oudenes  | DB2 | 1    | I    | 12.06 |      |        |
| 2   | 3 Chantal Herms | D50 | 1    | O    | 12.62 | TRC  |        |

## 1. Rituitslag Iedereen 100-500m

|   |    | Naam                   | Cat   | PR      | Tijd         | Info |
|---|----|------------------------|-------|---------|--------------|------|
| 1 | wt | 29 <b>Isa Oudenes</b>  | DB2   | 11.62   | <b>12.06</b> |      |
|   | rd | 3 <b>Chantal Herms</b> | D50   | 12.49   | <b>12.62</b> | TRC  |
|   |    | <b>Isa Oudenes</b>     |       |         |              |      |
|   |    | 100m                   | 12.06 | (12.06) |              |      |
|   |    | <b>Chantal Herms</b>   |       |         |              |      |
|   |    | 100m                   | 12.62 | (12.62) |              |      |

## 2. Uitslag Iedereen 500-1000

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 20 Jules van Winden    | HA1 | 12   | I    | 40.39   |      |        |
| 2   | 22 Tom van Dijck       | HA2 | 13   | O    | 42.34   |      |        |
| 3   | 32 Stijn Kroon         | HA1 | 13   | I    | 43.06   |      |        |
| 4   | 28 Erik Agterdenbos    | HSB | 12   | O    | 43.11   |      |        |
| 5   | 33 Youssra Pals        | DB1 | 10   | I    | 45.87   |      |        |
| 6   | 2 Bram Morel           | HC2 | 11   | O    | 47.10   | PR   |        |
| 7   | 21 Maartje van Dijck   | DC2 | 11   | I    | 47.92   |      |        |
| 8   | 30 Hiba Pals           | DC1 | 10   | O    | 48.24   |      |        |
| 9   | 11 Djim Spierings      | HPA | 9    | O    | 49.92   |      |        |
| 10  | 7 Naomi Segers         | DPA | 9    | I    | 50.26   |      |        |
| 11  | 5 Bregje Nafzger       | DB1 | 6    | I    | 51.88   |      |        |
| 12  | 24 Loïs Mijland        | DPB | 8    | O    | 52.04   |      |        |
| 13  | 19 Mila Langenberg     | DC1 | 7    | O    | 52.88   |      |        |
| 14  | 12 Gerard Adolfse      | H60 | 8    | I    | 53.14   |      |        |
| 15  | 26 Floor Vogelaar      | DPB | 4    | I    | 54.32   | PR   |        |
| 16  | 36 Hans Bakker         | H60 | 6    | O    | 55.24   |      |        |
| 17  | 14 Zoé van de Laar     | DC1 | 5    | I    | 55.63   |      |        |
| 18  | 23 Zepp Spierings      | HC2 | 7    | I    | 56.01   |      |        |
| 19  | 25 Lena Westra         | DPB | 5    | O    | 56.03   |      |        |
| 20  | 35 Ton van Helden      | H75 | 4    | O    | 58.53   |      |        |
| 21  | 34 Grete Svea Brehmer  | DC1 | 3    | I    | 59.23   | PR   |        |
| 22  | 4 Eva Rietman          | DA2 | 3    | O    | 1:01.16 | PR   |        |
| 23  | 10 Richard Marijnissen | H45 | 2    | I    | 1:06.20 | PR   |        |

## 2. Rituitslag Iedereen 500-1000

|   |    | Naam                       |                            | Cat     |     | PR | Tijd           | Info |
|---|----|----------------------------|----------------------------|---------|-----|----|----------------|------|
| 2 | wt | 10                         | <b>Richard Marijnissen</b> |         | H45 |    | <b>1:06.20</b> | PR   |
|   | rd |                            |                            |         |     |    |                |      |
|   |    | <b>Richard Marijnissen</b> |                            |         |     |    |                |      |
|   |    | 100m                       | 17.15                      | (17.15) |     | m  |                |      |
|   |    | 500m                       | 1:06.20                    | (49.05) |     |    |                |      |

|   |    | Naam                      |                           | Cat     |     | PR      | Tijd           | Info    |
|---|----|---------------------------|---------------------------|---------|-----|---------|----------------|---------|
| 3 | gl | 34                        | <b>Grete Svea Brehmer</b> |         | DC1 | 59.64   | <b>59.23</b>   | PR      |
|   | bl | 4                         | <b>Eva Rietman</b>        |         | DA2 | 1:03.04 | <b>1:01.16</b> | PR      |
|   |    | <b>Grete Svea Brehmer</b> |                           |         |     |         |                |         |
|   |    | 100m                      | 14.70                     | (14.70) |     | 100m    | 15.24          | (15.24) |
|   |    | 500m                      | 59.23                     | (44.53) |     | 500m    | 1:01.16        | (45.92) |
|   |    | <b>Eva Rietman</b>        |                           |         |     |         |                |         |
|   |    | 100m                      | 14.70                     | (14.70) |     | 100m    | 15.24          | (15.24) |
|   |    | 500m                      | 59.23                     | (44.53) |     | 500m    | 1:01.16        | (45.92) |

|   |    | Naam                  |                       | Cat     |     | PR    | Tijd         | Info    |
|---|----|-----------------------|-----------------------|---------|-----|-------|--------------|---------|
| 4 | wt | 26                    | <b>Floor Vogelaar</b> |         | DPB | 55.20 | <b>54.32</b> | PR      |
|   | rd | 35                    | <b>Ton van Helden</b> |         | H75 | 44.15 | <b>58.53</b> |         |
|   |    | <b>Floor Vogelaar</b> |                       |         |     |       |              |         |
|   |    | 100m                  | 13.91                 | (13.91) |     | 100m  | 14.71        | (14.71) |
|   |    | 500m                  | 54.32                 | (40.41) |     | 500m  | 58.53        | (43.82) |
|   |    | <b>Ton van Helden</b> |                       |         |     |       |              |         |
|   |    | 100m                  | 13.91                 | (13.91) |     | 100m  | 14.71        | (14.71) |
|   |    | 500m                  | 54.32                 | (40.41) |     | 500m  | 58.53        | (43.82) |

|   |    | Naam                   |                        | Cat     |     | PR    | Tijd         | Info    |
|---|----|------------------------|------------------------|---------|-----|-------|--------------|---------|
| 5 | gl | 14                     | <b>Zoé van de Laar</b> |         | DC1 | 54.75 | <b>55.63</b> |         |
|   | bl | 25                     | <b>Lena Westra</b>     |         | DPB | 55.35 | <b>56.03</b> |         |
|   |    | <b>Zoé van de Laar</b> |                        |         |     |       |              |         |
|   |    | 100m                   | 14.76                  | (14.76) |     | 100m  | 14.14        | (14.14) |
|   |    | 500m                   | 55.63                  | (40.87) |     | 500m  | 56.03        | (41.89) |
|   |    | <b>Lena Westra</b>     |                        |         |     |       |              |         |
|   |    | 100m                   | 14.76                  | (14.76) |     | 100m  | 14.14        | (14.14) |
|   |    | 500m                   | 55.63                  | (40.87) |     | 500m  | 56.03        | (41.89) |

|   |    | Naam                  |                       | Cat     |     | PR    | Tijd         | Info    |
|---|----|-----------------------|-----------------------|---------|-----|-------|--------------|---------|
| 6 | wt | 5                     | <b>Bregje Nafzger</b> |         | DB1 | 51.15 | <b>51.88</b> |         |
|   | rd | 36                    | <b>Hans Bakker</b>    |         | H60 | 49.88 | <b>55.24</b> |         |
|   |    | <b>Bregje Nafzger</b> |                       |         |     |       |              |         |
|   |    | 100m                  | 13.41                 | (13.41) |     | 100m  | 14.77        | (14.77) |
|   |    | 500m                  | 51.88                 | (38.47) |     | 500m  | 55.24        | (40.47) |
|   |    | <b>Hans Bakker</b>    |                       |         |     |       |              |         |
|   |    | 100m                  | 13.41                 | (13.41) |     | 100m  | 14.77        | (14.77) |
|   |    | 500m                  | 51.88                 | (38.47) |     | 500m  | 55.24        | (40.47) |

|    |    | Naam                        | Cat           | PR    | Tijd          | Info                   |
|----|----|-----------------------------|---------------|-------|---------------|------------------------|
| 7  | gl | 23 <b>Zepp Spierings</b>    | HC2           | 53.34 | <b>56.01</b>  |                        |
|    | bl | 19 <b>Mila Langenberg</b>   | DC1           | 51.24 | <b>52.88</b>  |                        |
|    |    | <b>Zepp Spierings</b>       |               |       |               | <b>Mila Langenberg</b> |
|    |    | 100m                        | 13.93 (13.93) | 100m  | 13.41 (13.41) |                        |
|    |    | 500m                        | 56.01 (42.08) | 500m  | 52.88 (39.47) |                        |
|    |    | Naam                        | Cat           | PR    | Tijd          | Info                   |
| 8  | wt | 12 <b>Gerard Adolfse</b>    | H60           | 47.34 | <b>53.14</b>  |                        |
|    | rd | 24 <b>Loïs Mijland</b>      | DPB           | 51.11 | <b>52.04</b>  |                        |
|    |    | <b>Gerard Adolfse</b>       |               |       |               | <b>Loïs Mijland</b>    |
|    |    | 100m                        | 13.80 (13.80) | 100m  | 13.57 (13.57) |                        |
|    |    | 500m                        | 53.14 (39.34) | 500m  | 52.04 (38.47) |                        |
|    |    | Naam                        | Cat           | PR    | Tijd          | Info                   |
| 9  | gl | 7 <b>Naomi Segers</b>       | DPA           | 47.81 | <b>50.26</b>  |                        |
|    | bl | 11 <b>Djim Spierings</b>    | HPA           | 48.52 | <b>49.92</b>  |                        |
|    |    | <b>Naomi Segers</b>         |               |       |               | <b>Djim Spierings</b>  |
|    |    | 100m                        | 13.27 (13.27) | 100m  | 13.47 (13.47) |                        |
|    |    | 500m                        | 50.26 (36.99) | 500m  | 49.92 (36.45) |                        |
|    |    | Naam                        | Cat           | PR    | Tijd          | Info                   |
| 10 | wt | 33 <b>Youssra Pals</b>      | DB1           | 43.88 | <b>45.87</b>  |                        |
|    | rd | 30 <b>Hiba Pals</b>         | DC1           | 46.69 | <b>48.24</b>  |                        |
|    |    | <b>Youssra Pals</b>         |               |       |               | <b>Hiba Pals</b>       |
|    |    | 100m                        | 12.42 (12.42) | 100m  | 13.09 (13.09) |                        |
|    |    | 500m                        | 45.87 (33.45) | 500m  | 48.24 (35.15) |                        |
|    |    | Naam                        | Cat           | PR    | Tijd          | Info                   |
| 11 | gl | 21 <b>Maartje van Dijck</b> | DC2           | 47.65 | <b>47.92</b>  |                        |
|    | bl | 2 <b>Bram Morel</b>         | HC2           | 47.17 | <b>47.10</b>  | PR                     |
|    |    | <b>Maartje van Dijck</b>    |               |       |               | <b>Bram Morel</b>      |
|    |    | 100m                        | 12.70 (12.70) | 100m  | 12.19 (12.19) |                        |
|    |    | 500m                        | 47.92 (35.22) | 500m  | 47.10 (34.91) |                        |

|    |    | Naam                    |                         |         | Cat                     | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 12 | wt | 20                      | <b>Jules van Winden</b> |         | HA1                     | 39.92 | <b>40.39</b> |      |
|    | rd | 28                      | <b>Erik Agterdenbos</b> |         | HSB                     | 41.26 | <b>43.11</b> |      |
|    |    | <u>Jules van Winden</u> |                         |         | <u>Erik Agterdenbos</u> |       |              |      |
|    |    | 100m                    | 11.02                   | (11.02) | 100m                    | 11.59 | (11.59)      |      |
|    |    | 500m                    | 40.39                   | (29.37) | 500m                    | 43.11 | (31.52)      |      |

|    |    | Naam               |                      |         | Cat                  | PR    | Tijd         | Info |
|----|----|--------------------|----------------------|---------|----------------------|-------|--------------|------|
| 13 | gl | 32                 | <b>Stijn Kroon</b>   |         | HA1                  | 42.45 | <b>43.06</b> |      |
|    | bl | 22                 | <b>Tom van Dijck</b> |         | HA2                  | 41.92 | <b>42.34</b> |      |
|    |    | <u>Stijn Kroon</u> |                      |         | <u>Tom van Dijck</u> |       |              |      |
|    |    | 100m               | 11.48                | (11.48) | 100m                 | 11.77 | (11.77)      |      |
|    |    | 500m               | 43.06                | (31.58) | 500m                 | 42.34 | (30.57)      |      |

## 3. Uitslag Iedereen 1000m

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 20 Jules van Winden    | HA1 | 24   | I    | 1:20.65 |      |        |
| 2   | 22 Tom van Dijck       | HA2 | 25   | I    | 1:26.36 |      |        |
| 3   | 28 Erik Agterdenbos    | HSB | 24   | O    | 1:27.24 |      |        |
| 4   | 32 Stijn Kroon         | HA1 | 25   | O    | 1:28.87 |      |        |
| 5   | 33 Youssra Pals        | DB1 | 22   | O    | 1:34.10 |      |        |
| 6   | 21 Maartje van Dijck   | DC2 | 22   | I    | 1:39.58 |      |        |
| 7   | 2 Bram Morel           | HC2 | 20   | I    | 1:40.51 |      |        |
| 8   | 7 Naomi Segers         | DPA | 23   | I    | 1:44.36 |      |        |
| 9   | 11 Djim Spierings      | HPA | 21   | I    | 1:44.63 |      |        |
| 10  | 24 Loïs Mijland        | DPB | 21   | O    | 1:47.25 | PR   |        |
| 11  | 5 Bregje Nafzger       | DB1 | 20   | O    | 1:48.35 |      |        |
| 12  | 19 Mila Langenberg     | DC1 | 18   | I    | 1:52.32 |      |        |
| 13  | 26 Floor Vogelaar      | DPB | 19   | I    | 1:54.56 |      |        |
| 14  | 35 Ton van Helden      | H75 | 17   | I    | 1:57.48 |      |        |
| 15  | 25 Lena Westra         | DPB | 17   | O    | 1:57.97 |      |        |
| 16  | 23 Zepp Spierings      | HC2 | 19   | O    | 1:58.23 |      |        |
| 17  | 34 Grete Svea Brehmer  | DC1 | 16   | O    | 2:03.52 |      |        |
| 18  | 4 Eva Rietman          | DA2 | 14   | I    | 2:08.44 | PR   |        |
| 19  | 14 Zoé van de Laar     | DC1 | 18   | O    | 2:11.81 | FL   |        |
| 20  | 10 Richard Marijnissen | H45 | 16   | I    | 2:18.96 | PR   |        |
|     | 30 Hiba Pals           | DC1 |      |      |         | WDR  |        |

## 3. Rituitslag Iedereen 1000m

|    |          | Naam                 | Cat | PR | Tijd           | Info |
|----|----------|----------------------|-----|----|----------------|------|
| 14 | wt<br>rd | 4 <b>Eva Rietman</b> | DA2 |    | <b>2:08.44</b> | PR   |

### Eva Rietman

|       |         |         |   |
|-------|---------|---------|---|
| 200m  | 27.99   | (27.99) | m |
| 600m  | 1:15.92 | (47.93) |   |
| 1000m | 2:08.44 | (52.52) |   |

|    |          | Naam | Cat | PR | Tijd | Info |
|----|----------|------|-----|----|------|------|
| 15 | gl<br>bl |      |     |    |      |      |

m

m

|    |    | Naam                          | Cat | PR      | Tijd           | Info |
|----|----|-------------------------------|-----|---------|----------------|------|
| 16 | wt | 10 <b>Richard Marijnissen</b> | H45 |         | <b>2:18.96</b> | PR   |
|    | rd | 34 <b>Grete Svea Brehmer</b>  | DC1 | 2:02.05 | <b>2:03.52</b> |      |

### Richard Marijnissen

|       |         |         |
|-------|---------|---------|
| 200m  | 31.03   | (31.03) |
| 600m  | 1:22.93 | (51.90) |
| 1000m | 2:18.96 | (56.03) |

### Grete Svea Brehmer

|       |         |         |
|-------|---------|---------|
| 200m  | 27.55   | (27.55) |
| 600m  | 1:14.60 | (47.05) |
| 1000m | 2:03.52 | (48.92) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 17 | gl | 35 <b>Ton van Helden</b> | H75 | 1:31.44 | <b>1:57.48</b> |      |
|    | bl | 25 <b>Lena Westra</b>    | DPB | 1:57.80 | <b>1:57.97</b> |      |

### Ton van Helden

|       |         |         |
|-------|---------|---------|
| 200m  | 26.77   | (26.77) |
| 600m  | 1:11.31 | (44.54) |
| 1000m | 1:57.48 | (46.17) |

### Lena Westra

|       |         |         |
|-------|---------|---------|
| 200m  | 26.16   | (26.16) |
| 600m  | 1:10.71 | (44.55) |
| 1000m | 1:57.97 | (47.26) |



|    |    | Naam                      | Cat             | PR      | Tijd            | Info                   |
|----|----|---------------------------|-----------------|---------|-----------------|------------------------|
| 18 | wt | 19 <b>Mila Langenberg</b> | DC1             | 1:48.37 | <b>1:52.32</b>  |                        |
|    | rd | 14 <b>Zoé van de Laar</b> | DC1             | 1:53.62 | <b>2:11.81</b>  | FL                     |
|    |    | <b>Mila Langenberg</b>    |                 |         |                 | <b>Zoé van de Laar</b> |
|    |    | 200m                      | 24.32 (24.32)   | 200m    | 26.33 (26.33)   |                        |
|    |    | 600m                      | 1:06.38 (42.06) | 600m    | 1:19.28 (52.95) |                        |
|    |    | 1000m                     | 1:52.32 (45.94) | 1000m   | 2:11.81 (52.53) |                        |

|    |    | Naam                     | Cat             | PR      | Tijd            | Info                  |
|----|----|--------------------------|-----------------|---------|-----------------|-----------------------|
| 19 | gl | 26 <b>Floor Vogelaar</b> | DPB             | 1:54.08 | <b>1:54.56</b>  |                       |
|    | bl | 23 <b>Zepp Spierings</b> | HC2             | 1:51.68 | <b>1:58.23</b>  |                       |
|    |    | <b>Floor Vogelaar</b>    |                 |         |                 | <b>Zepp Spierings</b> |
|    |    | 200m                     | 25.56 (25.56)   | 200m    | 26.20 (26.20)   |                       |
|    |    | 600m                     | 1:09.57 (44.01) | 600m    | 1:11.59 (45.39) |                       |
|    |    | 1000m                    | 1:54.56 (44.99) | 1000m   | 1:58.23 (46.64) |                       |

|    |    | Naam                    | Cat             | PR      | Tijd            | Info                  |
|----|----|-------------------------|-----------------|---------|-----------------|-----------------------|
| 20 | wt | 2 <b>Bram Morel</b>     | HC2             | 1:39.03 | <b>1:40.51</b>  |                       |
|    | rd | 5 <b>Bregje Nafzger</b> | DB1             | 1:47.11 | <b>1:48.35</b>  |                       |
|    |    | <b>Bram Morel</b>       |                 |         |                 | <b>Bregje Nafzger</b> |
|    |    | 200m                    | 23.14 (23.14)   | 200m    | 24.34 (24.34)   |                       |
|    |    | 600m                    | 1:02.14 (39.00) | 600m    | 1:05.45 (41.11) |                       |
|    |    | 1000m                   | 1:40.51 (38.37) | 1000m   | 1:48.35 (42.90) |                       |

|    |    | Naam                     | Cat             | PR      | Tijd            | Info                |
|----|----|--------------------------|-----------------|---------|-----------------|---------------------|
| 21 | gl | 11 <b>Djim Spierings</b> | HPA             | 1:37.84 | <b>1:44.63</b>  |                     |
|    | bl | 24 <b>Loïs Mijland</b>   | DPB             | 1:48.12 | <b>1:47.25</b>  | PR                  |
|    |    | <b>Djim Spierings</b>    |                 |         |                 | <b>Loïs Mijland</b> |
|    |    | 200m                     | 23.68 (23.68)   | 200m    | 24.37 (24.37)   |                     |
|    |    | 600m                     | 1:03.55 (39.87) | 600m    | 1:04.74 (40.37) |                     |
|    |    | 1000m                    | 1:44.63 (41.08) | 1000m   | 1:47.25 (42.51) |                     |

|    |    | Naam                        | Cat             | PR                  | Tijd            | Info |
|----|----|-----------------------------|-----------------|---------------------|-----------------|------|
| 22 | wt | 21 <b>Maartje van Dijck</b> | DC2             | 1:36.96             | <b>1:39.58</b>  |      |
|    | rd | 33 <b>Youssra Pals</b>      | DB1             | 1:29.92             | <b>1:34.10</b>  |      |
|    |    | <b>Maartje van Dijck</b>    |                 | <b>Youssra Pals</b> |                 |      |
|    |    | 200m                        | 22.55 (22.55)   | 200m                | 21.53 (21.53)   |      |
|    |    | 600m                        | 1:00.25 (37.70) | 600m                | 56.48 (34.95)   |      |
|    |    | 1000m                       | 1:39.58 (39.33) | 1000m               | 1:34.10 (37.62) |      |

|    |    | Naam                  | Cat             | PR               | Tijd           | Info |
|----|----|-----------------------|-----------------|------------------|----------------|------|
| 23 | gl | 7 <b>Naomi Segers</b> | DPA             | 1:36.87          | <b>1:44.36</b> |      |
|    | bl | 30 <b>Hiba Pals</b>   | DC1             | 1:34.71          | <b>WDR</b>     |      |
|    |    | <b>Naomi Segers</b>   |                 | <b>Hiba Pals</b> |                |      |
|    |    | 200m                  | 23.60 (23.60)   |                  |                |      |
|    |    | 600m                  | 1:02.70 (39.10) |                  |                |      |
|    |    | 1000m                 | 1:44.36 (41.66) |                  |                |      |

|    |    | Naam                       | Cat             | PR                      | Tijd            | Info |
|----|----|----------------------------|-----------------|-------------------------|-----------------|------|
| 24 | wt | 20 <b>Jules van Winden</b> | HA1             | 1:18.93                 | <b>1:20.65</b>  |      |
|    | rd | 28 <b>Erik Agterdenbos</b> | HSB             | 1:22.63                 | <b>1:27.24</b>  |      |
|    |    | <b>Jules van Winden</b>    |                 | <b>Erik Agterdenbos</b> |                 |      |
|    |    | 200m                       | 18.92 (18.92)   | 200m                    | 20.50 (20.50)   |      |
|    |    | 600m                       | 49.07 (30.15)   | 600m                    | 53.56 (33.06)   |      |
|    |    | 1000m                      | 1:20.65 (31.58) | 1000m                   | 1:27.24 (33.68) |      |

|    |    | Naam                    | Cat             | PR                 | Tijd            | Info |
|----|----|-------------------------|-----------------|--------------------|-----------------|------|
| 25 | gl | 22 <b>Tom van Dijck</b> | HA2             | 1:23.18            | <b>1:26.36</b>  |      |
|    | bl | 32 <b>Stijn Kroon</b>   | HA1             | 1:27.35            | <b>1:28.87</b>  |      |
|    |    | <b>Tom van Dijck</b>    |                 | <b>Stijn Kroon</b> |                 |      |
|    |    | 200m                    | 20.50 (20.50)   | 200m               | 20.34 (20.34)   |      |
|    |    | 600m                    | 51.86 (31.36)   | 600m               | 52.84 (32.50)   |      |
|    |    | 1000m                   | 1:26.36 (34.50) | 1000m              | 1:28.87 (36.03) |      |

## 4. Uitslag Iedereen 500m

| Pos | Naam            | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------|-----|------|------|-------|------|--------|
| 1   | 29 Isa Oudenes  | DB2 | 26   | O    | 44.56 |      |        |
| 2   | 3 Chantal Herms | D50 | 26   | I    | 48.83 |      |        |

## 4. Rituitslag Iedereen 500m

|    |    | Naam                   | Cat           | PR    | Tijd          | Info               |
|----|----|------------------------|---------------|-------|---------------|--------------------|
| 26 | wt | 3 <b>Chantal Herms</b> | D50           | 45.90 | <b>48.83</b>  |                    |
|    | rd | 29 <b>Isa Oudenes</b>  | DB2           | 43.32 | <b>44.56</b>  |                    |
|    |    | <b>Chantal Herms</b>   |               |       |               | <b>Isa Oudenes</b> |
|    |    | 100m                   | 12.95 (12.95) | 100m  | 12.28 (12.28) |                    |
|    |    | 500m                   | 48.83 (35.88) | 500m  | 44.56 (32.28) |                    |

## 5. Uitslag Iedereen 3000m

| Pos | Naam                           | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|--------------------------------|-----|------|------|----------------|------|--------|
| 1   | 27 <b>Martha Trude Brehmer</b> | DC2 | 27   | I    | <b>5:02.16</b> | PR   |        |
| 2   | 12 <b>Gerard Adolfse</b>       | H60 | 30   | I    | <b>5:21.21</b> |      |        |
| 3   | 1 <b>Tamar Wolters</b>         | DC2 | 27   | O    | <b>5:28.27</b> |      |        |
| 4   | 36 <b>Hans Bakker</b>          | H60 | 29   | I    | <b>5:31.78</b> |      |        |
| 5   | 15 <b>Sander Jansen</b>        | H60 | 30   | O    | <b>5:52.23</b> |      |        |
|     | 16 <b>Geert Antonis</b>        | HSB |      |      |                | WDR  |        |

## 5. Rituitslag Iedereen 3000m

|    |    | Naam                           | Cat             | PR                   | Tijd            | Info |
|----|----|--------------------------------|-----------------|----------------------|-----------------|------|
| 27 | wt | 27 <b>Martha Trude Brehmer</b> | DC2             |                      | <b>5:02.16</b>  | PR   |
|    | rd | 1 <b>Tamar Wolters</b>         | DC2             | 5:24.97              | <b>5:28.27</b>  |      |
|    |    | <b>Martha Trude Brehmer</b>    |                 | <b>Tamar Wolters</b> |                 |      |
|    |    | 200m                           | 22.94 (22.94)   | 200m                 | 25.07 (25.07)   |      |
|    |    | 600m                           | 1:00.14 (37.20) | 600m                 | 1:04.40 (39.33) |      |
|    |    | 1000m                          | 1:38.06 (37.92) | 1000m                | 1:45.11 (40.71) |      |
|    |    | 1400m                          | 2:17.62 (39.56) | 1400m                | 2:27.61 (42.50) |      |
|    |    | 1800m                          | 2:58.26 (40.64) | 1800m                | 3:11.75 (44.14) |      |
|    |    | 2200m                          | 3:39.43 (41.17) | 2200m                | 3:57.00 (45.25) |      |
|    |    | 2600m                          | 4:20.99 (41.56) | 2600m                | 4:43.10 (46.10) |      |
|    |    | 3000m                          | 5:02.16 (41.17) | 3000m                | 5:28.27 (45.17) |      |

|    |    | Naam | Cat | PR | Tijd | Info |
|----|----|------|-----|----|------|------|
| 28 | gl |      |     |    |      |      |
|    | bl |      |     |    |      |      |
|    |    | m    |     |    |      |      |
|    |    | m    |     |    |      |      |

|    |    | Naam                    | Cat             | PR                   | Tijd           | Info |
|----|----|-------------------------|-----------------|----------------------|----------------|------|
| 29 | wt | 36 <b>Hans Bakker</b>   | H60             | 5:20.80              | <b>5:31.78</b> |      |
|    | rd | 16 <b>Geert Antonis</b> | HSB             | 4:30.73              | <b>WDR</b>     |      |
|    |    | <b>Hans Bakker</b>      |                 | <b>Geert Antonis</b> |                |      |
|    |    | 200m                    | 26.76 (26.76)   |                      |                |      |
|    |    | 600m                    | 1:08.66 (41.90) |                      |                |      |
|    |    | 1000m                   | 1:51.08 (42.42) |                      |                |      |
|    |    | 1400m                   | 2:33.93 (42.85) |                      |                |      |
|    |    | 1800m                   | 3:17.73 (43.80) |                      |                |      |
|    |    | 2200m                   | 4:01.54 (43.81) |                      |                |      |
|    |    | 2600m                   | 4:46.21 (44.67) |                      |                |      |
|    |    | 3000m                   | 5:31.78 (45.57) |                      |                |      |

|    |    | Naam                     |         |         | Cat                  | PR      | Tijd           | Info |
|----|----|--------------------------|---------|---------|----------------------|---------|----------------|------|
| 30 | gl | 12 <b>Gerard Adolfse</b> |         |         | H60                  | 5:01.99 | <b>5:21.21</b> |      |
|    | bl | 15 <b>Sander Jansen</b>  |         |         | H60                  | 4:40.22 | <b>5:52.23</b> |      |
|    |    | <b>Gerard Adolfse</b>    |         |         | <b>Sander Jansen</b> |         |                |      |
|    |    | 200m                     | 25.89   | (25.89) | 200m                 | 26.65   | (26.65)        |      |
|    |    | 600m                     | 1:07.53 | (41.64) | 600m                 | 1:10.80 | (44.15)        |      |
|    |    | 1000m                    | 1:49.95 | (42.42) | 1000m                | 1:56.34 | (45.54)        |      |
|    |    | 1400m                    | 2:31.83 | (41.88) | 1400m                | 2:42.07 | (45.73)        |      |
|    |    | 1800m                    | 3:14.10 | (42.27) | 1800m                | 3:27.60 | (45.53)        |      |
|    |    | 2200m                    | 3:56.77 | (42.67) | 2200m                | 4:15.04 | (47.44)        |      |
|    |    | 2600m                    | 4:39.30 | (42.53) | 2600m                | 5:02.81 | (47.77)        |      |
|    |    | 3000m                    | 5:21.21 | (41.91) | 3000m                | 5:52.23 | (49.42)        |      |