

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 1. Result 100

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	90 Luuk van de Pol	HB2	10	I	11.14	PB	
2	101 Liam Schroten	HPA	9	I	11.61	PB	
3	79 Erik Jeurig	H40	10	O	11.83		
4	3 Femke Lindeboom	DPA	9	O	11.95	PB	
5	92 Jens Bakker	HB2	7	O	12.49		
6	89 Lennaart Lamers	HSB	1	I	13.04		
7	94 Annabel Weteringe	DB1	8	I	13.07		
8	5 Stefan Aukema	H45	7	I	13.33	PB	
9	107 Maud Nijkamp	DPC	6	O	13.49	PB	
10	86 Alexander Warmink	HC1	8	O	13.52		
11	30 Tessa Bosman	DC2	1	O	13.62		
12	93 Lisa Oldenhof	DPB	6	I	13.93		
13	10 Lara Aukema	DPB	4	O	13.96	PB	
14	12 Christan van den Brink	HPE	5	O	14.19		
15	110 Elysa ter Kulve	DPC	5	I	14.48		
16	22 Jelle Nijkamp	HPC	3	O	14.56	PB	
17	85 Thijmen Warmink	HPB	4	I	15.03		
18	84 Vayèn van der Weerd	DPD	3	I	15.21		
19	42 Esmee Noordman	DPE	2	I	15.60		
20	21 Koen Nijkamp	HPE	2	O	15.64		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 1. Race Result 100

		Name		Cat		PB		Time	Info
1	wt	89	<b>Lennaart Lamers</b>		HSB			<b>13.04</b>	
	rd	30	<b>Tessa Bosman</b>		DC2			<b>13.62</b>	
		<u>Lennaart Lamers</u>			<u>Tessa Bosman</u>				
		100m	13.04	(13.04)	100m	13.62	(13.62)		

		Name		Cat		PB		Time	Info
2	yw	42	<b>Esmee Noordman</b>		DPE		14.79	<b>15.60</b>	
	bl	21	<b>Koen Nijkamp</b>		HPE		15.47	<b>15.64</b>	
		<u>Esmee Noordman</u>			<u>Koen Nijkamp</u>				
		100m	15.60	(15.60)	100m	15.64	(15.64)		

		Name		Cat		PB		Time	Info
3	wt	84	<b>Vayèn van der Weerd</b>		DPD		15.19	<b>15.21</b>	
	rd	22	<b>Jelle Nijkamp</b>		HPC		14.80	<b>14.56</b>	PB
		<u>Vayèn van der Weerd</u>			<u>Jelle Nijkamp</u>				
		100m	15.21	(15.21)	100m	14.56	(14.56)		

		Name		Cat		PB		Time	Info
4	yw	85	<b>Thijmen Warmink</b>		HPB		14.06	<b>15.03</b>	
	bl	10	<b>Lara Aukema</b>		DPB		14.42	<b>13.96</b>	PB
		<u>Thijmen Warmink</u>			<u>Lara Aukema</u>				
		100m	15.03	(15.03)	100m	13.96	(13.96)		

		Name		Cat		PB		Time	Info
5	wt	110	<b>Elysa ter Kulve</b>		DPC		13.82	<b>14.48</b>	
	rd	12	<b>Christan van den Brink</b>		HPE		13.78	<b>14.19</b>	
		<u>Elysa ter Kulve</u>			<u>Christan van den Brink</u>				
		100m	14.48	(14.48)	100m	14.19	(14.19)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name	Cat	PB	Time	Info
6	yw	93 <b>Lisa Oldenhof</b>	DPB	13.84	<b>13.93</b>	
	bl	107 <b>Maud Nijkamp</b>	DPC	13.76	<b>13.49</b>	PB
		<u>Lisa Oldenhof</u>		<u>Maud Nijkamp</u>		
		100m 13.93 (13.93)		100m 13.49 (13.49)		

		Name	Cat	PB	Time	Info
7	wt	5 <b>Stefan Aukema</b>	H45	13.58	<b>13.33</b>	PB
	rd	92 <b>Jens Bakker</b>	HB2	12.45	<b>12.49</b>	
		<u>Stefan Aukema</u>		<u>Jens Bakker</u>		
		100m 13.33 (13.33)		100m 12.49 (12.49)		

		Name	Cat	PB	Time	Info
8	yw	94 <b>Annabel Weteringe</b>	DB1	12.91	<b>13.07</b>	
	bl	86 <b>Alexander Warmink</b>	HC1	13.43	<b>13.52</b>	
		<u>Annabel Weteringe</u>		<u>Alexander Warmink</u>		
		100m 13.07 (13.07)		100m 13.52 (13.52)		

		Name	Cat	PB	Time	Info
9	wt	101 <b>Liam Schroten</b>	HPA	11.63	<b>11.61</b>	PB
	rd	3 <b>Femke Lindeboom</b>	DPA	12.04	<b>11.95</b>	PB
		<u>Liam Schroten</u>		<u>Femke Lindeboom</u>		
		100m 11.61 (11.61)		100m 11.95 (11.95)		

		Name	Cat	PB	Time	Info
10	yw	90 <b>Luuk van de Pol</b>	HB2	11.53	<b>11.14</b>	PB
	bl	79 <b>Erik Jeurig</b>	H40	10.93	<b>11.83</b>	
		<u>Luuk van de Pol</u>		<u>Erik Jeurig</u>		
		100m 11.14 (11.14)		100m 11.83 (11.83)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 2. Result 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	89 Lennaart Lamers	HSB	40	I	40.49		
2	100 Niels Teunissen	HB2	40	O	42.01		
3	44 Djem Smeele	HC2	39	O	42.53		
4	14 Twan van de Poppe	HC1	37	O	43.35		
5	101 Liam Schroten	HPA	38	O	43.37		
6	67 Lesley Bartelds	HA2	38	I	43.55		
7	47 Luca Batterink	HC1	35	O	43.95		
8	26 Elena Ruijtenberg	DC2	36	O	44.31		
9	33 Nick Hendriksen	HC1	36	I	44.72		
	79 Erik Jeurig	H40	37	I	44.72		
11	98 Klaas Jan van der Veen	H50	34	O	45.01		
12	1 Wouter Wietzes	H45	33	I	45.79		
13	2 Bas Ellenbroek	HC1	34	I	45.92		
14	103 Guido Loonstra	HN1	33	O	45.94		
15	4 Lenneke Groot Koerkamp	DA1	31	O	46.98		
16	39 Johan Bakker	H45	31	I	47.33		
17	92 Jens Bakker	HB2	32	I	47.65		
18	35 Barry Burgers	H50	30	I	47.73		
19	80 Norah van Elst	DPB	32	O	47.83		
20	78 Milou Klatt-ten Cate	DSB	28	I	48.50		
21	20 Marthe Schalkwijk	DC2	29	O	48.66		
22	16 Lisa Otten	DC2	29	I	48.85		
23	94 Annabel Weteringe	DB1	28	O	49.53		
24	112 Femke Ditzel	DA1	27	O	49.54		
25	72 Denice Burgmeijer	DA1	24	O	50.35		
26	40 Marit Noordman	DB1	27	I	50.60		
27	52 Just Klunder	HPA	30	O	50.71		
28	49 Noor Klunder	DPB	26	O	51.06		
29	5 Stefan Aukema	H45	20	I	51.14	PB	
30	88 Isa van der Weerd	DPA	25	O	51.28		
31	59 Maria Ufkes	D45	23	I	51.45		
32	96 Thijmen van Haaf	HB2	26	I	51.72		
33	43 Jill Krikken	DPC	21	O	51.81		
34	65 Evi de Vries	DPD	19	I	51.98	PB	
35	104 Fleur v.d. Beek	DPA	22	I	52.25		
36	41 Iris Noordman	DPA	19	O	52.54		
37	87 Mireille van der Weerd	DC2	21	I	52.76		
38	60 Sanna van der Velde	DC1	25	I	52.78		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

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Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	9 Silke van den Bos	DC1	20	O	53.60	PB	
40	58 Emma van der Velde	DPB	23	O	53.63		
41	90 Luuk van de Pol	HB2	35	I	53.78	FL	
42	95 Jasmijn van Ittersum	DB2	17	I	53.92	PB	
43	57 Kim Versteeg	DPA	17	O	55.32		
44	37 Minke Nijenhuis	DPA	16	I	56.08	PB	
45	61 Lotte van Veen	DPD	13	I	56.54	PB	
46	38 Suze Kleinsman	DPA	15	O	56.59		
47	12 Christan van den Brink	HPE	16	O	56.82		
48	15 Jasmijn Smit	DPC	18	O	57.76		
49	93 Lisa Oldenhof	DPB	13	O	58.05		
50	55 Miquel Stout	HPE	14	O	58.18	PB	
51	86 Alexander Warmink	HC1	18	I	58.46		
52	31 Nadine Hendriksen	DPE	15	I	59.16		
53	29 Feline van de Brandhof	DPA	14	I	59.49	PB	
54	56 Eva Mezzo	DPB	22	O	1:01.83	FL	
55	66 Livia Wessling	DPC	12	O	1:04.72	PB	
56	54 Danique Stout	DPB	24	I	1:05.73	FL	
57	110 Elysa ter Kulve	DPC	11	O	1:11.25		
58	27 Jitske van de Hel	DC2	12	I	1:13.85	FL	
59	109 Jayvinn ter Kulve	HPE	11	I	1:16.08	FL	
	70 Beau Kappers	HB2			WDR		

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 2. Race Result 500 meter

		Name		Cat		PB		Time	Info
11	wt	109	<b>Jayvinn ter Kulve</b>		HPE			<b>1:16.08</b>	FL
	rd	110	<b>Elysa ter Kulve</b>		DPC	1:01.45		<b>1:11.25</b>	
		<u>Jayvinn ter Kulve</u>			<u>Elysa ter Kulve</u>				
		100m	15.38	(15.38)	100m	15.08	(15.08)		
		500m	1:16.08	(60.70)	500m	1:11.25	(56.17)		

		Name		Cat		PB		Time	Info
12	yw	27	<b>Jitske van de Hel</b>		DC2	1:04.09		<b>1:13.85</b>	FL
	bl	66	<b>Livia Wessling</b>		DPC	1:05.70		<b>1:04.72</b>	PB
		<u>Jitske van de Hel</u>			<u>Livia Wessling</u>				
		100m	24.56	(24.56)	100m	14.84	(14.84)		
		500m	1:13.85	(49.29)	500m	1:04.72	(49.88)		

		Name		Cat		PB		Time	Info
13	wt	61	<b>Lotte van Veen</b>		DPD	57.06		<b>56.54</b>	PB
	rd	93	<b>Lisa Oldenhof</b>		DPB	57.61		<b>58.05</b>	
		<u>Lotte van Veen</u>			<u>Lisa Oldenhof</u>				
		100m	13.91	(13.91)	100m	14.03	(14.03)		
		500m	56.54	(42.63)	500m	58.05	(44.02)		

		Name		Cat		PB		Time	Info
14	yw	29	<b>Feline van de Brandhof</b>		DPA	59.71		<b>59.49</b>	PB
	bl	55	<b>Miquel Stout</b>		HPE	58.41		<b>58.18</b>	PB
		<u>Feline van de Brandhof</u>			<u>Miquel Stout</u>				
		100m	14.72	(14.72)	100m	14.35	(14.35)		
		500m	59.49	(44.77)	500m	58.18	(43.83)		

		Name		Cat		PB		Time	Info
15	wt	31	<b>Nadine Hendriksen</b>		DPE	57.01		<b>59.16</b>	
	rd	38	<b>Suze Kleinsman</b>		DPA	56.45		<b>56.59</b>	
		<u>Nadine Hendriksen</u>			<u>Suze Kleinsman</u>				
		100m	14.33	(14.33)	100m	13.65	(13.65)		
		500m	59.16	(44.83)	500m	56.59	(42.94)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

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		Name		Cat		PB		Time	Info
16	yw	37	<b>Minke Nijenhuis</b>		DPA		57.06	<b>56.08</b>	PB
	bl	12	<b>Christan van den Brink</b>		HPE		56.33	<b>56.82</b>	
		<b>Minke Nijenhuis</b>			<b>Christan van den Brink</b>				
		100m	13.76	(13.76)	100m	14.23	(14.23)		
		500m	56.08	(42.32)	500m	56.82	(42.59)		

		Name		Cat		PB		Time	Info
17	wt	95	<b>Jasmijn van Ittersum</b>		DB2		54.15	<b>53.92</b>	PB
	rd	57	<b>Kim Versteeg</b>		DPA		54.45	<b>55.32</b>	
		<b>Jasmijn van Ittersum</b>			<b>Kim Versteeg</b>				
		100m	14.19	(14.19)	100m	13.84	(13.84)		
		500m	53.92	(39.73)	500m	55.32	(41.48)		

		Name		Cat		PB		Time	Info
18	yw	86	<b>Alexander Warmink</b>		HC1		56.23	<b>58.46</b>	
	bl	15	<b>Jasmijn Smit</b>		DPC		55.11	<b>57.76</b>	
		<b>Alexander Warmink</b>			<b>Jasmijn Smit</b>				
		100m	13.83	(13.83)	100m	14.83	(14.83)		
		500m	58.46	(44.63)	500m	57.76	(42.93)		

		Name		Cat		PB		Time	Info
19	wt	65	<b>Evi de Vries</b>		DPD		53.05	<b>51.98</b>	PB
	rd	41	<b>Iris Noordman</b>		DPA		51.95	<b>52.54</b>	
		<b>Evi de Vries</b>			<b>Iris Noordman</b>				
		100m	13.03	(13.03)	100m	13.45	(13.45)		
		500m	51.98	(38.95)	500m	52.54	(39.09)		

		Name		Cat		PB		Time	Info
20	yw	5	<b>Stefan Aukema</b>		H45		53.83	<b>51.14</b>	PB
	bl	9	<b>Silke van den Bos</b>		DC1		53.92	<b>53.60</b>	PB
		<b>Stefan Aukema</b>			<b>Silke van den Bos</b>				
		100m	13.65	(13.65)	100m	13.97	(13.97)		
		500m	51.14	(37.49)	500m	53.60	(39.63)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
21	wt	87	<b>Mireille van der Weerd</b>		DC2		51.83	<b>52.76</b>	
	rd	43	<b>Jill Krikken</b>		DPC		51.16	<b>51.81</b>	
		<b>Mireille van der Weerd</b>			<b>Jill Krikken</b>				
		100m	13.87	(13.87)	100m	13.15	(13.15)		
		500m	52.76	(38.89)	500m	51.81	(38.66)		

		Name		Cat		PB		Time	Info
22	yw	104	<b>Fleur v.d. Beek</b>		DPA		51.57	<b>52.25</b>	
	bl	56	<b>Eva Mezzo</b>		DPB		51.50	<b>1:01.83</b>	FL
		<b>Fleur v.d. Beek</b>			<b>Eva Mezzo</b>				
		100m	13.20	(13.20)	100m	12.91	(12.91)		
		500m	52.25	(39.05)	500m	1:01.83	(48.92)		

		Name		Cat		PB		Time	Info
23	wt	59	<b>Maria Ufkes</b>		D45		45.98	<b>51.45</b>	
	rd	58	<b>Emma van der Velde</b>		DPB		50.76	<b>53.63</b>	
		<b>Maria Ufkes</b>			<b>Emma van der Velde</b>				
		100m	13.65	(13.65)	100m	13.54	(13.54)		
		500m	51.45	(37.80)	500m	53.63	(40.09)		

		Name		Cat		PB		Time	Info
24	yw	54	<b>Danique Stout</b>		DPB		50.51	<b>1:05.73</b>	FL
	bl	72	<b>Denice Burgmeijer</b>		DA1		50.10	<b>50.35</b>	
		<b>Danique Stout</b>			<b>Denice Burgmeijer</b>				
		100m	13.52	(13.52)	100m	13.07	(13.07)		
		500m	1:05.73	(52.21)	500m	50.35	(37.28)		

		Name		Cat		PB		Time	Info
25	wt	60	<b>Sanna van der Velde</b>		DC1		49.56	<b>52.78</b>	
	rd	88	<b>Isa van der Weerd</b>		DPA		49.45	<b>51.28</b>	
		<b>Sanna van der Velde</b>			<b>Isa van der Weerd</b>				
		100m	13.38	(13.38)	100m	13.22	(13.22)		
		500m	52.78	(39.40)	500m	51.28	(38.06)		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
26	yw	96	<b>Thijmen van Haaf</b>		HB2		49.24	<b>51.72</b>	
	bl	49	<b>Noor Klunder</b>		DPB		49.84	<b>51.06</b>	
		<b>Thijmen van Haaf</b>			<b>Noor Klunder</b>				
		100m	12.94	(12.94)	100m	13.23	(13.23)		
		500m	51.72	(38.78)	500m	51.06	(37.83)		

		Name		Cat		PB		Time	Info
27	wt	40	<b>Marit Noordman</b>		DB1		49.21	<b>50.60</b>	
	rd	112	<b>Femke Ditzel</b>		DA1		48.72	<b>49.54</b>	
		<b>Marit Noordman</b>			<b>Femke Ditzel</b>				
		100m	13.25	(13.25)	100m	13.02	(13.02)		
		500m	50.60	(37.35)	500m	49.54	(36.52)		

		Name		Cat		PB		Time	Info
28	yw	78	<b>Milou Klatt-ten Cate</b>		DSB		43.41	<b>48.50</b>	
	bl	94	<b>Annabel Weteringe</b>		DB1		48.91	<b>49.53</b>	
		<b>Milou Klatt-ten Cate</b>			<b>Annabel Weteringe</b>				
		100m	12.97	(12.97)	100m	12.85	(12.85)		
		500m	48.50	(35.53)	500m	49.53	(36.68)		

		Name		Cat		PB		Time	Info
29	wt	16	<b>Lisa Otten</b>		DC2		47.98	<b>48.85</b>	
	rd	20	<b>Marthe Schalkwijk</b>		DC2		47.66	<b>48.66</b>	
		<b>Lisa Otten</b>			<b>Marthe Schalkwijk</b>				
		100m	12.97	(12.97)	100m	12.81	(12.81)		
		500m	48.85	(35.88)	500m	48.66	(35.85)		

		Name		Cat		PB		Time	Info
30	yw	35	<b>Barry Burgers</b>		H50		47.60	<b>47.73</b>	
	bl	52	<b>Just Klunder</b>		HPA		47.75	<b>50.71</b>	
		<b>Barry Burgers</b>			<b>Just Klunder</b>				
		100m	12.84	(12.84)	100m	13.23	(13.23)		
		500m	47.73	(34.89)	500m	50.71	(37.48)		

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		Name		Cat		PB		Time	Info
31	wt	39	<b>Johan Bakker</b>		H45		44.04	<b>47.33</b>	
	rd	4	<b>Lenneke Groot Koerkamp</b>		DA1		46.70	<b>46.98</b>	
		<b>Johan Bakker</b>			<b>Lenneke Groot Koerkamp</b>				
		100m	12.92	(12.92)	100m	12.22	(12.22)		
		500m	47.33	(34.41)	500m	46.98	(34.76)		
<hr/>									
		Name		Cat		PB		Time	Info
32	yw	92	<b>Jens Bakker</b>		HB2		46.45	<b>47.65</b>	
	bl	80	<b>Norah van Elst</b>		DPB		46.25	<b>47.83</b>	
		<b>Jens Bakker</b>			<b>Norah van Elst</b>				
		100m	12.94	(12.94)	100m	12.54	(12.54)		
		500m	47.65	(34.71)	500m	47.83	(35.29)		
<hr/>									
		Name		Cat		PB		Time	Info
33	wt	1	<b>Wouter Wietzes</b>		H45		42.68	<b>45.79</b>	
	rd	103	<b>Guido Loonstra</b>		HN1		43.34	<b>45.94</b>	
		<b>Wouter Wietzes</b>			<b>Guido Loonstra</b>				
		100m	12.44	(12.44)	100m	12.36	(12.36)		
		500m	45.79	(33.35)	500m	45.94	(33.58)		
<hr/>									
		Name		Cat		PB		Time	Info
34	yw	2	<b>Bas Ellenbroek</b>		HC1		44.79	<b>45.92</b>	
	bl	98	<b>Klaas Jan van der Veen</b>		H50		41.97	<b>45.01</b>	
		<b>Bas Ellenbroek</b>			<b>Klaas Jan van der Veen</b>				
		100m	12.02	(12.02)	100m	12.40	(12.40)		
		500m	45.92	(33.90)	500m	45.01	(32.61)		
<hr/>									
		Name		Cat		PB		Time	Info
35	wt	90	<b>Luuk van de Pol</b>		HB2		44.46	<b>53.78</b>	FL
	rd	47	<b>Luca Batterink</b>		HC1		43.19	<b>43.95</b>	
		<b>Luuk van de Pol</b>			<b>Luca Batterink</b>				
		100m	11.30	(11.30)	100m	11.44	(11.44)		
		500m	53.78	(42.48)	500m	43.95	(32.51)		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name	Cat	PB	Time	Info
36	yw	33 <b>Nick Hendriksen</b>	HC1	43.92	<b>44.72</b>	
	bl	26 <b>Elena Ruijtenberg</b>	DC2	43.26	<b>44.31</b>	
		<b>Nick Hendriksen</b>				<b>Elena Ruijtenberg</b>
		100m 12.14 (12.14)		100m 12.09 (12.09)		
		500m 44.72 (32.58)		500m 44.31 (32.22)		

		Name	Cat	PB	Time	Info
37	wt	79 <b>Erik Jeuring</b>	H40	41.78	<b>44.72</b>	
	rd	14 <b>Twan van de Poppe</b>	HC1	42.27	<b>43.35</b>	
		<b>Erik Jeuring</b>				<b>Twan van de Poppe</b>
		100m 11.89 (11.89)		100m 11.71 (11.71)		
		500m 44.72 (32.83)		500m 43.35 (31.64)		

		Name	Cat	PB	Time	Info
38	yw	67 <b>Lesley Bartelds</b>	HA2	41.82	<b>43.55</b>	
	bl	101 <b>Liam Schrotten</b>	HPA	42.16	<b>43.37</b>	
		<b>Lesley Bartelds</b>				<b>Liam Schrotten</b>
		100m 11.80 (11.80)		100m 11.67 (11.67)		
		500m 43.55 (31.75)		500m 43.37 (31.70)		

		Name	Cat	PB	Time	Info
39	wt	70 <b>Beau Kappers</b>	HB2	40.02	<b>WDR</b>	
	rd	44 <b>Djem Smeele</b>	HC2	41.72	<b>42.53</b>	
		<b>Beau Kappers</b>				<b>Djem Smeele</b>
				100m 11.30 (11.30)		
				500m 42.53 (31.23)		

		Name	Cat	PB	Time	Info
40	yw	89 <b>Lennaart Lamers</b>	HSB	38.49	<b>40.49</b>	
	bl	100 <b>Niels Teunissen</b>	HB2	40.50	<b>42.01</b>	
		<b>Lennaart Lamers</b>				<b>Niels Teunissen</b>
		100m 11.05 (11.05)		100m 11.32 (11.32)		
		500m 40.49 (29.44)		500m 42.01 (30.69)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 3. Result 100 (2e 100)

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	107 Maud Nijkamp	DPC	41	I	13.71	

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 6:02:57 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 3. Race Result 100 (2e 100)

	Name	Cat	PB	Time	Info
41	wt rd	107 Maud Nijkamp	DPC	13.76	<b>13.71</b>
	<b>Maud Nijkamp</b>				
	100m	13.71 (13.71)			m

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 6:02:57 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 5. Result 300 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	47 Luca Batterink	HC1	51	I	27.12	PB	
2	3 Femke Lindeboom	DPA	51	O	30.20	PB	
3	72 Denice Burgmeijer	DA1	50	I	31.08	PB	
4	112 Femke Ditzel	DA1	50	O	31.17	PB	
5	38 Suze Kleinsman	DPA	49	I	34.12		
6	61 Lotte van Veen	DPD	49	O	34.45		
7	30 Tessa Bosman	DC2	47	O	34.83	PB	
8	37 Minke Nijenhuis	DPA	48	O	34.96	PB	
9	57 Kim Versteeg	DPA	48	I	35.10		
10	31 Nadine Hendriksen	DPE	47	I	36.05		
11	55 Miquel Stout	HPE	46	I	36.23		
12	10 Lara Aukema	DPB	44	I	36.71	PB	
13	29 Feline van de Brandhof	DPA	46	O	37.67		
14	22 Jelle Nijkamp	HPC	45	O	38.86		
15	84 Vayèn van der Weerd	DPD	45	I	40.74		
16	85 Thijmen Warmink	HPB	44	O	41.35		
17	21 Koen Nijkamp	HPE	42	O	41.95	PB	
18	42 Esmee Noordman	DPE	42	I	42.00		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 6:30:44 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name	Cat	PB	Time	Info
47	yw	31 <b>Nadine Hendriksen</b>	DPE	35.55	<b>36.05</b>	
	bl	30 <b>Tessa Bosman</b>	DC2	36.04	<b>34.83</b>	PB
		<u>Nadine Hendriksen</u>		<u>Tessa Bosman</u>		
		300m 36.05 (36.05)		300m 34.83 (34.83)		

		Name	Cat	PB	Time	Info
48	wt	57 <b>Kim Versteeg</b>	DPA	33.96	<b>35.10</b>	
	rd	37 <b>Minke Nijenhuis</b>	DPA	35.34	<b>34.96</b>	PB
		<u>Kim Versteeg</u>		<u>Minke Nijenhuis</u>		
		300m 35.10 (35.10)		300m 34.96 (34.96)		

		Name	Cat	PB	Time	Info
49	yw	38 <b>Suze Kleinsman</b>	DPA	34.08	<b>34.12</b>	
	bl	61 <b>Lotte van Veen</b>	DPD	34.09	<b>34.45</b>	
		<u>Suze Kleinsman</u>		<u>Lotte van Veen</u>		
		300m 34.12 (34.12)		300m 34.45 (34.45)		

		Name	Cat	PB	Time	Info
50	wt	72 <b>Denice Burgmeijer</b>	DA1	32.62	<b>31.08</b>	PB
	rd	112 <b>Femke Ditzel</b>	DA1	32.25	<b>31.17</b>	PB
		<u>Denice Burgmeijer</u>		<u>Femke Ditzel</u>		
		300m 31.08 (31.08)		300m 31.17 (31.17)		

		Name	Cat	PB	Time	Info
51	yw	47 <b>Luca Batterink</b>	HC1	27.38	<b>27.12</b>	PB
	bl	3 <b>Femke Lindeboom</b>	DPA	32.32	<b>30.20</b>	PB
		<u>Luca Batterink</u>		<u>Femke Lindeboom</u>		
		300m 27.12 (27.12)		300m 30.20 (30.20)		



# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 6. Result 700 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	44 Djem Smeele	HC2	61	O	59.09	PB	
2	36 Zoë Tiemens	DN3	62	O	59.32	PB	
3	67 Lesley Bartelds	HA2	61	I	59.83	PB	
4	64 Femke Assink	DN4	63	O	1:01.72	PB	
5	33 Nick Hendriksen	HC1	60	I	1:02.84	PB	
6	98 Klaas Jan van der Veen	H50	62	I	1:02.97		
7	48 Demi Bartelds	DN3	60	O	1:08.94	PB	
8	56 Eva Mezzo	DPB	59	I	1:10.37	PB	
9	96 Thijmen van Haaf	HB2	56	O	1:10.44	PB	
10	40 Marit Noordman	DB1	53	O	1:10.56	PB	
11	59 Maria Ufkes	D45	52	I	1:10.65		
12	88 Isa van der Weerd	DPA	58	O	1:11.84		
13	43 Jill Krikken	DPC	59	O	1:12.85		
14	41 Iris Noordman	DPA	58	I	1:13.24	PB	
15	60 Sanna van der Velde	DC1	54	I	1:13.50	PB	
16	104 Fleur v.d. Beek	DPA	57	O	1:13.86	PB	
17	54 Danique Stout	DPB	57	I	1:14.25	PB	
18	51 Olle Klunder	HPD	56	I	1:14.26	PB	
19	87 Mireille van der Weerd	DC2	53	I	1:14.46	PB	
20	65 Evi de Vries	DPD	54	O	1:15.13	PB	
21	9 Silke van den Bos	DC1	55	I	1:15.18	PB	
22	11 Florine Zunnabeld	DPB	55	O	1:16.68	PB	
23	15 Jasmijn Smit	DPC	52	O	1:22.42		
	70 Beau Kappers	HB2			WDR		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 6. Race Result 700 meter

		Name		Cat		PB		Time	Info
52	wt	59	<b>Maria Ufkes</b>		D45			<b>1:10.65</b>	
	rd	15	<b>Jasmijn Smit</b>		DPC	1:18.86		<b>1:22.42</b>	
		<b>Maria Ufkes</b>			<b>Jasmijn Smit</b>				
		300m	32.25	(32.25)	300m	37.19	(37.19)		
		700m	1:10.65	(38.40)	700m	1:22.42	(45.23)		

		Name		Cat		PB		Time	Info
53	yw	87	<b>Mireille van der Weerd</b>		DC2	1:25.08		<b>1:14.46</b>	PB
	bl	40	<b>Marit Noordman</b>		DB1	1:21.74		<b>1:10.56</b>	PB
		<b>Mireille van der Weerd</b>			<b>Marit Noordman</b>				
		300m	34.20	(34.20)	300m	32.75	(32.75)		
		700m	1:14.46	(40.26)	700m	1:10.56	(37.81)		

		Name		Cat		PB		Time	Info
54	wt	60	<b>Sanna van der Velde</b>		DC1	1:15.79		<b>1:13.50</b>	PB
	rd	65	<b>Evi de Vries</b>		DPD	1:17.43		<b>1:15.13</b>	PB
		<b>Sanna van der Velde</b>			<b>Evi de Vries</b>				
		300m	33.52	(33.52)	300m	33.82	(33.82)		
		700m	1:13.50	(39.98)	700m	1:15.13	(41.31)		

		Name		Cat		PB		Time	Info
55	yw	9	<b>Silke van den Bos</b>		DC1	1:17.96		<b>1:15.18</b>	PB
	bl	11	<b>Florine Zunnabeld</b>		DPB	1:18.40		<b>1:16.68</b>	PB
		<b>Silke van den Bos</b>			<b>Florine Zunnabeld</b>				
		300m	33.31	(33.31)	300m	34.83	(34.83)		
		700m	1:15.18	(41.87)	700m	1:16.68	(41.85)		

		Name		Cat		PB		Time	Info
56	wt	51	<b>Olle Klunder</b>		HPD	1:15.47		<b>1:14.26</b>	PB
	rd	96	<b>Thijmen van Haaf</b>		HB2	1:14.68		<b>1:10.44</b>	PB
		<b>Olle Klunder</b>			<b>Thijmen van Haaf</b>				
		300m	32.94	(32.94)	300m	31.88	(31.88)		
		700m	1:14.26	(41.32)	700m	1:10.44	(38.56)		

Referee:

Assistant:

Starter:

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
57	yw	54	<b>Danique Stout</b>		DPB	1:14.50		<b>1:14.25</b>	PB
	bl	104	<b>Fleur v.d. Beek</b>		DPA	1:14.31		<b>1:13.86</b>	PB
		<b>Danique Stout</b>				<b>Fleur v.d. Beek</b>			
		300m	33.64	(33.64)		300m	33.41	(33.41)	
		700m	1:14.25	(40.61)		700m	1:13.86	(40.45)	

		Name		Cat		PB		Time	Info
58	wt	41	<b>Iris Noordman</b>		DPA	1:13.65		<b>1:13.24</b>	PB
	rd	88	<b>Isa van der Weerd</b>		DPA	1:10.90		<b>1:11.84</b>	
		<b>Iris Noordman</b>				<b>Isa van der Weerd</b>			
		300m	33.36	(33.36)		300m	32.73	(32.73)	
		700m	1:13.24	(39.88)		700m	1:11.84	(39.11)	

		Name		Cat		PB		Time	Info
59	yw	56	<b>Eva Mezzo</b>		DPB	1:11.42		<b>1:10.37</b>	PB
	bl	43	<b>Jill Krikken</b>		DPC	1:12.44		<b>1:12.85</b>	
		<b>Eva Mezzo</b>				<b>Jill Krikken</b>			
		300m	31.64	(31.64)		300m	32.72	(32.72)	
		700m	1:10.37	(38.73)		700m	1:12.85	(40.13)	

		Name		Cat		PB		Time	Info
60	wt	33	<b>Nick Hendriksen</b>		HC1	1:07.48		<b>1:02.84</b>	PB
	rd	48	<b>Demi Bartelds</b>		DN3	1:09.09		<b>1:08.94</b>	PB
		<b>Nick Hendriksen</b>				<b>Demi Bartelds</b>			
		300m	29.19	(29.19)		300m	31.74	(31.74)	
		700m	1:02.84	(33.65)		700m	1:08.94	(37.20)	

		Name		Cat		PB		Time	Info
61	yw	67	<b>Lesley Bartelds</b>		HA2	1:03.82		<b>59.83</b>	PB
	bl	44	<b>Djem Smeele</b>		HC2	1:05.31		<b>59.09</b>	PB
		<b>Lesley Bartelds</b>				<b>Djem Smeele</b>			
		300m	27.75	(27.75)		300m	27.44	(27.44)	
		700m	59.83	(32.08)		700m	59.09	(31.65)	

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 6:44:40 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
62	wt	98	<b>Klaas Jan van der Veen</b>		H50		1:00.60	<b>1:02.97</b>	
	rd	36	<b>Zoë Tiemens</b>		DN3		59.87	<b>59.32</b>	PB
		<b>Klaas Jan van der Veen</b>			<b>Zoë Tiemens</b>				
		300m	29.18	(29.18)	300m	27.54	(27.54)		
		700m	1:02.97	(33.79)	700m	59.32	(31.78)		

		Name		Cat		PB		Time	Info
63	yw	70	<b>Beau Kappers</b>		HB2		58.74	<b>WDR</b>	
	bl	64	<b>Femke Assink</b>		DN4		1:02.55	<b>1:01.72</b>	PB
		<b>Beau Kappers</b>			<b>Femke Assink</b>				
		300m	28.69	(28.69)	300m	28.69	(28.69)		
		700m	1:01.72	(33.03)	700m	1:01.72	(33.03)		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 6:44:40 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 7. Result 1500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	105 Lauren van den Brink	DPB	64	O	2:18.06	TRC	
2	1 Wouter Wietzes	H45	71	I	2:20.68		
3	39 Johan Bakker	H45	70	I	2:21.42		
4	103 Guido Loonstra	HN1	71	O	2:22.81		
5	35 Barry Burgers	H50	69	I	2:25.04	PB	
6	8 Veerle Zunnabeld	DPA	70	O	2:25.52		
7	4 Lenneke Groot Koerkamp	DA1	68	O	2:28.57		
8	80 Norah van Elst	DPB	65	O	2:29.58		
9	2 Bas Ellenbroek	HC1	69	O	2:32.26		
10	13 Caspian Alexander	HPA	65	I	2:32.79		
11	81 Federico Talen	HPB	66	O	2:34.44		
12	16 Lisa Otten	DC2	68	I	2:35.78		
13	20 Marthe Schalkwijk	DC2	67	O	2:37.45	PB	
14	52 Just Klunder	HPA	67	I	2:37.70		
15	49 Noor Klunder	DPB	66	I	2:48.83		
16	58 Emma van der Velde	DPB	64	I	2:57.08		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:13:41 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 7. Race Result 1500 meter

		Name	Cat	PB	Time	Info
64	wt	58 <b>Emma van der Velde</b>	DPB		<b>2:57.08</b>	
	rd	105 <b>Lauren van den Brink</b>	DPB		<b>2:18.06</b>	TRC

### Emma van der Velde

300m	34.82	(34.82)
700m	1:20.26	(45.44)
1100m	2:09.35	(49.09)
1500m	2:57.08	(47.73)

### Lauren van den Brink

300m	29.89	(29.89)
700m	1:04.44	(34.55)
1100m	1:41.26	(36.82)
1500m	2:18.06	(36.80)

		Name	Cat	PB	Time	Info
65	yw	13 <b>Caspian Alexander</b>	HPA		<b>2:32.79</b>	
	bl	80 <b>Norah van Elst</b>	DPB		<b>2:29.58</b>	

### Caspian Alexander

300m	30.62	(30.62)
700m	1:09.73	(39.11)
1100m	1:50.43	(40.70)
1500m	2:32.79	(42.36)

### Norah van Elst

300m	31.16	(31.16)
700m	1:09.17	(38.01)
1100m	1:49.63	(40.46)
1500m	2:29.58	(39.95)

		Name	Cat	PB	Time	Info
66	wt	49 <b>Noor Klunder</b>	DPB		<b>2:48.83</b>	
	rd	81 <b>Federico Talen</b>	HPB		<b>2:34.44</b>	

### Noor Klunder

300m	33.32	(33.32)
700m	1:14.91	(41.59)
1100m	2:01.20	(46.29)
1500m	2:48.83	(47.63)

### Federico Talen

300m	31.98	(31.98)
700m	1:10.97	(38.99)
1100m	1:52.36	(41.39)
1500m	2:34.44	(42.08)

		Name	Cat	PB	Time	Info
67	yw	52 <b>Just Klunder</b>	HPA	2:36.23	<b>2:37.70</b>	
	bl	20 <b>Marthe Schalkwijk</b>	DC2	2:37.81	<b>2:37.45</b>	PB

### Just Klunder

300m	31.97	(31.97)
700m	1:12.05	(40.08)
1100m	1:54.55	(42.50)
1500m	2:37.70	(43.15)

### Marthe Schalkwijk

300m	31.87	(31.87)
700m	1:11.71	(39.84)
1100m	1:54.92	(43.21)
1500m	2:37.45	(42.53)

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
68	wt	16	<b>Lisa Otten</b>		DC2		2:35.49	<b>2:35.78</b>	
	rd	4	<b>Lenneke Groot Koerkamp</b>		DA1		2:28.17	<b>2:28.57</b>	
		<b>Lisa Otten</b>			<b>Lenneke Groot Koerkamp</b>				
		300m	31.74	(31.74)	300m	31.28	(31.28)		
		700m	1:10.75	(39.01)	700m	1:09.27	(37.99)		
		1100m	1:53.46	(42.71)	1100m	1:48.55	(39.28)		
		1500m	2:35.78	(42.32)	1500m	2:28.57	(40.02)		

		Name		Cat		PB		Time	Info
69	yw	35	<b>Barry Burgers</b>		H50		2:28.31	<b>2:25.04</b>	PB
	bl	2	<b>Bas Ellenbroek</b>		HC1		2:31.48	<b>2:32.26</b>	
		<b>Barry Burgers</b>			<b>Bas Ellenbroek</b>				
		300m	31.96	(31.96)	300m	30.56	(30.56)		
		700m	1:08.34	(36.38)	700m	1:07.56	(37.00)		
		1100m	1:46.49	(38.15)	1100m	1:48.52	(40.96)		
		1500m	2:25.04	(38.55)	1500m	2:32.26	(43.74)		

		Name		Cat		PB		Time	Info
70	wt	39	<b>Johan Bakker</b>		H45		2:13.62	<b>2:21.42</b>	
	rd	8	<b>Veerle Zunnebeld</b>		DPA		2:22.26	<b>2:25.52</b>	
		<b>Johan Bakker</b>			<b>Veerle Zunnebeld</b>				
		300m	30.78	(30.78)	300m	30.84	(30.84)		
		700m	1:06.06	(35.28)	700m	1:07.12	(36.28)		
		1100m	1:43.27	(37.21)	1100m	1:45.85	(38.73)		
		1500m	2:21.42	(38.15)	1500m	2:25.52	(39.67)		

		Name		Cat		PB		Time	Info
71	yw	1	<b>Wouter Wietzes</b>		H45		2:07.87	<b>2:20.68</b>	
	bl	103	<b>Guido Loonstra</b>		HN1		2:21.06	<b>2:22.81</b>	
		<b>Wouter Wietzes</b>			<b>Guido Loonstra</b>				
		300m	30.02	(30.02)	300m	30.08	(30.08)		
		700m	1:05.36	(35.34)	700m	1:05.58	(35.50)		
		1100m	1:43.10	(37.74)	1100m	1:43.24	(37.66)		
		1500m	2:20.68	(37.58)	1500m	2:22.81	(39.57)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 9. Result 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	100 Niels Teunissen	HB2	76	O	4:25.01		
2	14 Twan van de Poppe	HC1	76	I	4:41.40	PB	
3	62 Tijl de Vries	HC2	72	I	4:52.86		
4	26 Elena Ruijtenberg	DC2	75	O	5:02.61	PB	
5	82 Isabella Talen	DB1	77	I	5:04.48		
6	78 Milou Klatt-ten Cate	DSB	77	O	5:16.82		
7	63 Marcel Bloemenkamp	H55	75	I	5:31.18		
8	69 Myrthe Kuiper	DB2	74	I	5:50.18		
9	6 Famke Aukema	DC1	74	O	5:54.48		
10	99 Thea de Groot	DB2	73	I	5:54.56		
	91 Herman van de Bunt	HN1	73	O	DNS		
	111 Reina Wietzes	D40			WDR		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:48:06 PM

Print: 3/29/2025 1:28:14 PM



# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 9. Race Result 3000 meter

	Name	Cat	PB	Time Info
72	wt 62 <b>Tijl de Vries</b>	HC2		<b>4:52.86</b>
	rd 111 <b>Reina Wietzes</b>	D40		<b>WDR</b>
	<b>Tijl de Vries</b>			<b>Reina Wietzes</b>
	200m	22.10 (22.10)		
	600m	58.67 (36.57)		
	1000m	1:36.04 (37.37)		
	1400m	2:13.72 (37.68)		
	1800m	2:52.80 (39.08)		
	2200m	3:33.05 (40.25)		
	2600m	4:12.86 (39.81)		
	3000m	4:52.86 (40.00)		

	Name	Cat	PB	Time Info
73	yw 99 <b>Thea de Groot</b>	DB2	5:51.26	<b>5:54.56</b>
	bl 91 <b>Herman van de Bunt</b>	HN1		<b>DNS</b>
	<b>Thea de Groot</b>			<b>Herman van de Bunt</b>
	200m	26.71 (26.71)		
	600m	1:10.84 (44.13)		
	1000m	1:56.18 (45.34)		
	1400m	2:43.22 (47.04)		
	1800m	3:30.63 (47.41)		
	2200m	4:18.71 (48.08)		
	2600m	5:07.41 (48.70)		
	3000m	5:54.56 (47.15)		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:48:06 PM

Print: 3/29/2025 2:28:14 PM

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name		Cat		PB		Time	Info
74	wt	69	<b>Myrthe Kuiper</b>		DB2		5:22.40	<b>5:50.18</b>	
	rd	6	<b>Famke Aukema</b>		DC1		5:46.86	<b>5:54.48</b>	
		<b>Myrthe Kuiper</b>				<b>Famke Aukema</b>			
		200m	25.18	(25.18)		200m	25.85	(25.85)	
		600m	1:08.44	(43.26)		600m	1:09.22	(43.37)	
		1000m	1:52.55	(44.11)		1000m	1:54.88	(45.66)	
		1400m	2:37.14	(44.59)		1400m	2:42.37	(47.49)	
		1800m	3:22.52	(45.38)		1800m	3:30.62	(48.25)	
		2200m	4:10.64	(48.12)		2200m	4:19.18	(48.56)	
		2600m	5:00.64	(50.00)		2600m	5:08.11	(48.93)	
		3000m	5:50.18	(49.54)		3000m	5:54.48	(46.37)	

		Name		Cat		PB		Time	Info
75	yw	63	<b>Marcel Bloemenkamp</b>		H55		5:21.39	<b>5:31.18</b>	
	bl	26	<b>Elena Ruijtenberg</b>		DC2		5:11.90	<b>5:02.61</b>	PB
		<b>Marcel Bloemenkamp</b>				<b>Elena Ruijtenberg</b>			
		200m	25.31	(25.31)		200m	24.63	(24.63)	
		600m	1:05.18	(39.87)		600m	1:03.12	(38.49)	
		1000m	1:47.43	(42.25)		1000m	1:42.23	(39.11)	
		1400m	2:30.38	(42.95)		1400m	2:21.99	(39.76)	
		1800m	3:13.96	(43.58)		1800m	3:02.42	(40.43)	
		2200m	3:59.00	(45.04)		2200m	3:42.45	(40.03)	
		2600m	4:44.63	(45.63)		2600m	4:22.72	(40.27)	
		3000m	5:31.18	(46.55)		3000m	5:02.61	(39.89)	

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:48:06 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

		Name	Cat	PB	Time	Info	
76	wt	14 Twan van de Poppe	HC1	4:45.39	<b>4:41.40</b>	PB	
	rd	100 Niels Teunissen	HB2	4:23.74	<b>4:25.01</b>		
		<b>Twan van de Poppe</b>			<b>Niels Teunissen</b>		
		200m	21.60 (21.60)	200m	20.83 (20.83)		
		600m	57.20 (35.60)	600m	54.84 (34.01)		
		1000m	1:33.97 (36.77)	1000m	1:29.42 (34.58)		
		1400m	2:10.74 (36.77)	1400m	2:04.16 (34.74)		
		1800m	2:47.47 (36.73)	1800m	2:39.25 (35.09)		
		2200m	3:25.13 (37.66)	2200m	3:14.45 (35.20)		
		2600m	4:02.85 (37.72)	2600m	3:49.60 (35.15)		
		3000m	4:41.40 (38.55)	3000m	4:25.01 (35.41)		

		Name	Cat	PB	Time	Info	
77	yw	82 Isabella Talen	DB1	4:54.24	<b>5:04.48</b>		
	bl	78 Milou Klatt-ten Cate	DSB	4:34.60	<b>5:16.82</b>		
		<b>Isabella Talen</b>			<b>Milou Klatt-ten Cate</b>		
		200m	22.73 (22.73)	200m	23.21 (23.21)		
		600m	59.17 (36.44)	600m	1:00.94 (37.73)		
		1000m	1:37.82 (38.65)	1000m	1:41.64 (40.70)		
		1400m	2:18.02 (40.20)	1400m	2:24.06 (42.42)		
		1800m	2:58.81 (40.79)	1800m	3:07.33 (43.27)		
		2200m	3:39.88 (41.07)	2200m	3:50.65 (43.32)		
		2600m	4:22.02 (42.14)	2600m	4:34.20 (43.55)		
		3000m	5:04.48 (42.46)	3000m	5:16.82 (42.62)		

# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 10. Result 5000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	7 Joris Mulder	HB1	78	O	7:49.47	PB	
2	50 Mees Klunder	HC2	78	I	7:55.95		
3	34 Henk Hendriksen	HSB	79	O	8:13.37	PB	
4	106 Michiel Arendsen	H45	79	I	8:38.13		

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:58:22 PM

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# Recordwedstrijd woensdag

Sport- en Recreatiecentrum de Scheg - Deventer

6 March 2024

## 10. Race Result 5000 meter

	Name	Cat	PB	Time	Info
78	wt 50 <b>Mees Klunder</b>	HC2		<b>7:55.95</b>	
	rd 7 <b>Joris Mulder</b>	HB1	8:02.75	<b>7:49.47</b>	PB
	<b>Mees Klunder</b>				
	200m	20.73 (20.73)			
	600m	55.84 (35.11)			
	1000m	1:32.15 (36.31)			
	1400m	2:08.64 (36.49)			
	1800m	2:45.61 (36.97)			
	2200m	3:22.60 (36.99)			
	2600m	4:00.17 (37.57)			
	3000m	4:38.49 (38.32)			
	3400m	5:17.12 (38.63)			
	3800m	5:56.66 (39.54)			
	4200m	6:36.06 (39.40)			
	4600m	7:16.11 (40.05)			
	5000m	7:55.95 (39.84)			
	<b>Joris Mulder</b>				
	200m	21.32 (21.32)			
	600m	56.98 (35.66)			
	1000m	1:34.48 (37.50)			
	1400m	2:11.35 (36.87)			
	1800m	2:48.18 (36.83)			
	2200m	3:25.69 (37.51)			
	2600m	4:03.36 (37.67)			
	3000m	4:41.15 (37.79)			
	3400m	5:19.24 (38.09)			
	3800m	5:57.35 (38.11)			
	4200m	6:35.22 (37.87)			
	4600m	7:12.83 (37.61)			
	5000m	7:49.47 (36.64)			

	Name	Cat	PB	Time	Info
79	yw 106 <b>Michiel Arendsen</b>	H45		<b>8:38.13</b>	
	bl 34 <b>Henk Hendriksen</b>	HSB	8:20.57	<b>8:13.37</b>	PB
	<b>Michiel Arendsen</b>				
	200m	24.22 (24.22)			
	600m	1:02.87 (38.65)			
	1000m	1:41.23 (38.36)			
	1400m	2:20.27 (39.04)			
	1800m	2:59.69 (39.42)			
	2200m	3:39.86 (40.17)			
	2600m	4:20.97 (41.11)			
	3000m	5:01.52 (40.55)			
	3400m	5:43.22 (41.70)			
	3800m	6:25.69 (42.47)			
	4200m	7:09.50 (43.81)			
	4600m	7:54.20 (44.70)			
	5000m	8:38.13 (43.93)			
	<b>Henk Hendriksen</b>				
	200m	24.51 (24.51)			
	600m	1:02.19 (37.68)			
	1000m	1:40.73 (38.54)			
	1400m	2:18.67 (37.94)			
	1800m	2:57.09 (38.42)			
	2200m	3:35.57 (38.48)			
	2600m	4:14.21 (38.64)			
	3000m	4:53.19 (38.98)			
	3400m	5:32.63 (39.44)			
	3800m	6:12.39 (39.76)			
	4200m	6:52.18 (39.79)			
	4600m	7:32.72 (40.54)			
	5000m	8:13.37 (40.65)			

Referee:

Assistant:

Starter:

From 3/6/2024 5:15:00 PM to 3/6/2024 7:58:22 PM

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