

**1. Result 500 meter**

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	1 Gijs Nolen	HB1	8	O	39.95		
2	4 Ingmar Kaizer	HB1	7	I	46.03		
3	7 Iris Verbeek	DB2	7	O	46.38		
4	13 Tara Hanssen	DC1	8	I	47.18		
5	5 Tim Verbeek	HC2	5	O	48.97		
6	16 Jesse Hermans	HB2	1	I	49.15		
7	15 Koenraad Korlaar	HPA	1	O	50.84		
8	2 Sylke Nolen	DPA	6	O	51.24	PB	
9	11 Filippa van Dijk	DPB	6	I	52.65	PB	
10	10 Maxime Constandse	HPB	4	I	53.56	PB	
11	8 Toots van Olst	DPA	5	I	55.08	PB	
12	9 Marijn Schepers	DPA	3	I	55.14	PB	
13	3 Merlijne Kaizer	DPB	3	O	59.52	PB	
14	6 Stijn Verbeek	HPB	4	O	1:02.70		

## 1. Race Result 500 meter

		Name		Cat		PB	Time	Info
1	wt	16	<b>Jesse Hermans</b>		HB2		<b>49.15</b>	
	rd	15	<b>Koenraad Korlaar</b>		HPA		<b>50.84</b>	
			<b>Jesse Hermans</b>		<b>Koenraad Korlaar</b>			
			100m	13.40	(13.40)	100m	12.91	(12.91)
			500m	49.15	(35.75)	500m	50.84	(37.93)

		Name		Cat		PB	Time	Info
2	yw							
	bl							
			m			m		

		Name		Cat		PB	Time	Info
3	wt	9	<b>Marijn Schepers</b>		DPA	56.20	<b>55.14</b>	PB
	rd	3	<b>Merlijne Kaizer</b>		DPB	1:01.13	<b>59.52</b>	PB
			<b>Marijn Schepers</b>		<b>Merlijne Kaizer</b>			
			100m	13.58	(13.58)	100m	13.92	(13.92)
			500m	55.14	(41.56)	500m	59.52	(45.60)

		Name		Cat		PB	Time	Info
4	yw	10	<b>Maxime Constandse</b>		HPB	54.82	<b>53.56</b>	PB
	bl	6	<b>Stijn Verbeek</b>		HPB	1:00.49	<b>1:02.70</b>	
			<b>Maxime Constandse</b>		<b>Stijn Verbeek</b>			
			100m	13.38	(13.38)	100m	14.75	(14.75)
			500m	53.56	(40.18)	500m	1:02.70	(47.95)

		Name		Cat		PB	Time	Info
5	wt	8	<b>Toots van Olst</b>		DPA	57.26	<b>55.08</b>	PB
	rd	5	<b>Tim Verbeek</b>		HC2	46.89	<b>48.97</b>	
			<b>Toots van Olst</b>		<b>Tim Verbeek</b>			
			100m	13.47	(13.47)	100m	12.93	(12.93)
			500m	55.08	(41.61)	500m	48.97	(36.04)

		Name			Cat			PB	Time	Info
6	yw	11	<b>Filippa van Dijk</b>		DPB			54.49	<b>52.65</b>	PB
	bl	2	<b>Sylke Nolen</b>		DPA			51.93	<b>51.24</b>	PB
		<b>Filippa van Dijk</b>			<b>Sylke Nolen</b>					
		100m	13.69	(13.69)	100m	13.26	(13.26)			
		500m	52.65	(38.96)	500m	51.24	(37.98)			

		Name			Cat			PB	Time	Info
7	wt	4	<b>Ingmar Kaizer</b>		HB1			45.88	<b>46.03</b>	
	rd	7	<b>Iris Verbeek</b>		DB2			45.31	<b>46.38</b>	
		<b>Ingmar Kaizer</b>			<b>Iris Verbeek</b>					
		100m	12.43	(12.43)	100m	13.03	(13.03)			
		500m	46.03	(33.60)	500m	46.38	(33.35)			

		Name			Cat			PB	Time	Info
8	yw	13	<b>Tara Hanssen</b>		DC1			46.28	<b>47.18</b>	
	bl	1	<b>Gijs Nolen</b>		HB1			39.25	<b>39.95</b>	
		<b>Tara Hanssen</b>			<b>Gijs Nolen</b>					
		100m	12.75	(12.75)	100m	10.95	(10.95)			
		500m	47.18	(34.43)	500m	39.95	(29.00)			

## 2. Result 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	14 Emma Fransen	DN1	9	O	<b>8:31.92</b> PB	
2	12 Lisa Brandt	DA1	9	I	<b>9:05.46</b>	

**2. Race Result 5000 meter**

		Name	Cat	PB	Time	Info
9	wt	12 <b>Lisa Brandt</b>	DA1		<b>9:05.46</b>	
	rd	14 <b>Emma Fransen</b>	DN1	8:32.55	<b>8:31.92</b>	PB
<b>Lisa Brandt</b>			<b>Emma Fransen</b>			
	200m	25.37 (25.37)		200m	23.32 (23.32)	
	600m	1:06.95 (41.58)		600m	1:02.68 (39.36)	
	1000m	1:49.95 (43.00)		1000m	1:42.07 (39.39)	
	1400m	2:33.29 (43.34)		1400m	2:22.03 (39.96)	
	1800m	3:17.37 (44.08)		1800m	3:01.84 (39.81)	
	2200m	4:01.12 (43.75)		2200m	3:41.90 (40.06)	
	2600m	4:44.94 (43.82)		2600m	4:22.86 (40.96)	
	3000m	5:29.35 (44.41)		3000m	5:04.26 (41.40)	
	3400m	6:13.78 (44.43)		3400m	5:45.77 (41.51)	
	3800m	6:57.70 (43.92)		3800m	6:27.24 (41.47)	
	4200m	7:41.50 (43.80)		4200m	7:09.03 (41.79)	
	4600m	8:23.69 (42.19)		4600m	7:51.14 (42.11)	
	5000m	9:05.46 (41.77)		5000m	8:31.92 (40.78)	

**3. Result 1000 meter**

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	1 Gijs Nolen	HB1	16	O	<b>1:23.65</b>	
2	7 Iris Verbeek	DB2	16	I	<b>1:30.46</b>	
3	4 Ingmar Kaizer	HB1	17	I	<b>1:31.05</b>	PB
4	13 Tara Hanssen	DC1	17	O	<b>1:38.68</b>	
5	5 Tim Verbeek	HC2	14	O	<b>1:42.81</b>	
6	16 Jesse Hermans	HB2	12	O	<b>1:43.38</b>	
7	15 Koenraad Korlaar	HPA	10	I	<b>1:48.01</b>	
8	2 Sylke Nolen	DPA	15	O	<b>1:50.35</b>	PB
9	10 Maxime Constandse	HPB	10	O	<b>1:51.49</b>	
10	11 Filippa van Dijk	DPB	13	O	<b>1:52.47</b>	
11	9 Marijn Schepers	DPA	14	I	<b>1:56.20</b>	
12	8 Toots van Olst	DPA	15	I	<b>1:56.52</b>	
13	3 Merlijne Kaizer	DPB	13	I	<b>2:04.38</b>	
14	6 Stijn Verbeek	HPB	12	I	<b>2:16.42</b>	

## 3. Race Result 1000 meter

		Name	Cat	PB	Time Info
10	wt	15 <b>Koenraad Korlaar</b>	HPA		<b>1:48.01</b>
	rd	10 <b>Maxime Constandse</b>	HPB		<b>1:51.49</b>

**Koenraad Korlaar**

200m	22.79	(22.79)
600m	1:02.99	(40.20)
1000m	1:48.01	(45.02)

**Maxime Constandse**

200m	24.78	(24.78)
600m	1:08.38	(43.60)
1000m	1:51.49	(43.11)

		Name	Cat	PB	Time Info
11	yw				
	bl				

m

m

		Name	Cat	PB	Time Info
12	wt	6 <b>Stijn Verbeek</b>	HPB		<b>2:16.42</b>
	rd	16 <b>Jesse Hermans</b>	HB2		<b>1:43.38</b>

**Stijn Verbeek**

200m	28.24	(28.24)
600m	1:21.51	(53.27)
1000m	2:16.42	(54.91)

**Jesse Hermans**

200m	23.74	(23.74)
600m	1:02.58	(38.84)
1000m	1:43.38	(40.80)

		Name	Cat	PB	Time Info
13	yw	3 <b>Merlijne Kaizer</b>	DPB		<b>2:04.38</b>
	bl	11 <b>Filippa van Dijk</b>	DPB		<b>1:52.47</b>

**Merlijne Kaizer**

200m	26.45	(26.45)
600m	1:13.75	(47.30)
1000m	2:04.38	(50.63)

**Filippa van Dijk**

200m	25.47	(25.47)
600m	1:07.60	(42.13)
1000m	1:52.47	(44.87)

		Name	Cat	PB	Time	Info
14	wt	9 <b>Marijn Schepers</b>	DPA		<b>1:56.20</b>	
	rd	5 <b>Tim Verbeek</b>	HC2	1:37.65	<b>1:42.81</b>	
		<b>Marijn Schepers</b>		<b>Tim Verbeek</b>		
		200m 24.78 (24.78)		200m 24.01 (24.01)		
		600m 1:08.56 (43.78)		600m 1:03.29 (39.28)		
		1000m 1:56.20 (47.64)		1000m 1:42.81 (39.52)		

		Name	Cat	PB	Time	Info
15	yw	8 <b>Toots van Olst</b>	DPA		<b>1:56.52</b>	
	bl	2 <b>Sylke Nolen</b>	DPA	1:52.40	<b>1:50.35</b>	PB
		<b>Toots van Olst</b>		<b>Sylke Nolen</b>		
		200m 25.10 (25.10)		200m 25.01 (25.01)		
		600m 1:08.94 (43.84)		600m 1:06.68 (41.67)		
		1000m 1:56.52 (47.58)		1000m 1:50.35 (43.67)		

		Name	Cat	PB	Time	Info
16	wt	7 <b>Iris Verbeek</b>	DB2	1:28.58	<b>1:30.46</b>	
	rd	1 <b>Gijs Nolen</b>	HB1	1:19.57	<b>1:23.65</b>	
		<b>Iris Verbeek</b>		<b>Gijs Nolen</b>		
		200m 22.07 (22.07)		200m 19.39 (19.39)		
		600m 55.54 (33.47)		600m 50.20 (30.81)		
		1000m 1:30.46 (34.92)		1000m 1:23.65 (33.45)		

		Name	Cat	PB	Time	Info
17	yw	4 <b>Ingmar Kaizer</b>	HB1	1:33.65	<b>1:31.05</b>	PB
	bl	13 <b>Tara Hanssen</b>	DC1	1:34.65	<b>1:38.68</b>	
		<b>Ingmar Kaizer</b>		<b>Tara Hanssen</b>		
		200m 21.29 (21.29)		200m 23.00 (23.00)		
		600m 55.41 (34.12)		600m 58.82 (35.82)		
		1000m 1:31.05 (35.64)		1000m 1:38.68 (39.86)		