

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

1. Uitslag Junioren C/B (supersprint) 1e 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 60 Floris van Hardeveld | HB1 | 10 | I | 10.44 | PR | |
| 2 | 63 Niek Bijma | HB1 | 10 | O | 10.72 | PR | |
| 3 | 120 Sven Burghoorn | HC2 | 8 | I | 11.23 | PR | |
| 4 | 24 Pieter Zijlstra | HB1 | 9 | O | 11.26 | PR | |
| 5 | 23 Melle van der Zee | HC2 | 7 | I | 11.33 | PR | |
| 6 | 51 Christian Groenhof | HB2 | 3 | O | 11.36 | PR | |
| 7 | 39 Naomi Kammeraat | DB1 | 9 | I | 11.56 | | |
| 8 | 49 Marit van der Meer | DB1 | 7 | O | 11.65 | PR | |
| 9 | 35 Jente Kiwiet | HC2 | 6 | O | 11.91 | PR | |
| 10 | 25 Hannah de Vries | DC1 | 5 | O | 12.04 | PR | |
| 11 | 61 Silke Ludema | DB2 | 2 | O | 12.14 | PR | |
| 12 | 40 Maaïke Brouwer | DC2 | 8 | O | 12.15 | PR | |
| 13 | 104 Rosa-Lynn Compagner | DC2 | 5 | I | 12.24 | PR | |
| 14 | 67 Freya Goerres | DB1 | 1 | O | 12.39 | PR | |
| 15 | 20 Robine Lubbinge | DC2 | 6 | I | 12.43 | | |
| 16 | 17 Marriët van der Tol | DB2 | 3 | I | 12.50 | PR | |
| 17 | 53 Foske Bouma | DC2 | 4 | I | 13.22 | | |
| 18 | 98 Lize Romy Elzinga | DC1 | 2 | I | 13.34 | | |
| 19 | 66 Alyne Goerres | DC1 | 1 | I | 13.43 | PR | |
| 20 | 41 Mats Rabbinge | HC2 | 4 | O | 16.35 | FL | |

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1. Rituitslag Junioren C/B (supersprint) 1e 100 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------|----------------------|---------|-----|----|----------------------|--------------|---------|
| 1 | wt | 66 | Alyne Goerres | | DC1 | | 13.51 | 13.43 | PR |
| | rd | 67 | Freya Goerres | | DB1 | | 13.21 | 12.39 | PR |
| | | <u>Alyne Goerres</u> | | | | | <u>Freya Goerres</u> | | |
| | | 100m | 13.43 | (13.43) | | | 100m | 12.39 | (12.39) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|----|---------------------|--------------|---------|
| 2 | gl | 98 | Lize Romy Elzinga | | DC1 | | 13.32 | 13.34 | |
| | bl | 61 | Silke Ludema | | DB2 | | 12.93 | 12.14 | PR |
| | | <u>Lize Romy Elzinga</u> | | | | | <u>Silke Ludema</u> | | |
| | | 100m | 13.34 | (13.34) | | | 100m | 12.14 | (12.14) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------------|----------------------------|---------|-----|----|---------------------------|--------------|---------|
| 3 | wt | 17 | Marriët van der Tol | | DB2 | | 12.57 | 12.50 | PR |
| | rd | 51 | Christian Groenhof | | HB2 | | 12.91 | 11.36 | PR |
| | | <u>Marriët van der Tol</u> | | | | | <u>Christian Groenhof</u> | | |
| | | 100m | 12.50 | (12.50) | | | 100m | 11.36 | (11.36) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|--------------------|----------------------|---------|-----|----|----------------------|--------------|---------|
| 4 | gl | 53 | Foske Bouma | | DC2 | | 12.62 | 13.22 | |
| | bl | 41 | Mats Rabbinge | | HC2 | | 12.56 | 16.35 | FL |
| | | <u>Foske Bouma</u> | | | | | <u>Mats Rabbinge</u> | | |
| | | 100m | 13.22 | (13.22) | | | 100m | 16.35 | (16.35) |

| | | Naam | | Cat | | PR | | Tijd | Info |
|---|----|----------------------------|----------------------------|---------|-----|----|------------------------|--------------|---------|
| 5 | wt | 104 | Rosa-Lynn Compagner | | DC2 | | 12.34 | 12.24 | PR |
| | rd | 25 | Hannah de Vries | | DC1 | | 12.35 | 12.04 | PR |
| | | <u>Rosa-Lynn Compagner</u> | | | | | <u>Hannah de Vries</u> | | |
| | | 100m | 12.24 | (12.24) | | | 100m | 12.04 | (12.04) |

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| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|-----------------------------|-----------------------------|---------|---------------------------|-------|--------------|------|
| 6 | gl | 20 | Robine Lubbinge | | DC2 | 12.28 | 12.43 | |
| | bl | 35 | Jente Kiwiet | | HC2 | 12.34 | 11.91 | PR |
| | | <u>Robine Lubbinge</u> | | | <u>Jente Kiwiet</u> | | | |
| | | 100m | 12.43 | (12.43) | 100m | 11.91 | (11.91) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 7 | wt | 23 | Melle van der Zee | | HC2 | 11.79 | 11.33 | PR |
| | rd | 49 | Marit van der Meer | | DB1 | 11.68 | 11.65 | PR |
| | | <u>Melle van der Zee</u> | | | <u>Marit van der Meer</u> | | | |
| | | 100m | 11.33 | (11.33) | 100m | 11.65 | (11.65) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 8 | gl | 120 | Sven Burghoorn | | HC2 | 12.17 | 11.23 | PR |
| | bl | 40 | Maaïke Brouwer | | DC2 | 12.26 | 12.15 | PR |
| | | <u>Sven Burghoorn</u> | | | <u>Maaïke Brouwer</u> | | | |
| | | 100m | 11.23 | (11.23) | 100m | 12.15 | (12.15) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 9 | wt | 39 | Naomi Kammeraat | | DB1 | 11.39 | 11.56 | |
| | rd | 24 | Pieter Zijlstra | | HB1 | 11.38 | 11.26 | PR |
| | | <u>Naomi Kammeraat</u> | | | <u>Pieter Zijlstra</u> | | | |
| | | 100m | 11.56 | (11.56) | 100m | 11.26 | (11.26) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 10 | gl | 60 | Floris van Hardeveld | | HB1 | 10.63 | 10.44 | PR |
| | bl | 63 | Niek Bijma | | HB1 | 10.76 | 10.72 | PR |
| | | <u>Floris van Hardeveld</u> | | | <u>Niek Bijma</u> | | | |
| | | 100m | 10.44 | (10.44) | 100m | 10.72 | (10.72) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

2. Uitslag Junioren C en ouder 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 129 Swen Halferkamps | HA2 | 47 | I | 36.38 | PR | |
| 2 | 89 Gijs Kamp | HN1 | 48 | I | 36.52 | | |
| 3 | 130 Mervin Maatman | HN3 | 48 | O | 37.05 | | |
| 4 | 109 Tom Nijdam | HN1 | 46 | I | 38.08 | | |
| 5 | 82 Roel Regts | HA1 | 44 | O | 38.11 | PR | |
| 6 | 79 Jornt Dijk | HN4 | 46 | O | 38.25 | | |
| 7 | 74 Jesse de Lange | HN3 | 45 | I | 38.27 | | |
| 8 | 36 Colin Breed | HB2 | 47 | O | 38.31 | | |
| 9 | 75 Chris de Velde | HA1 | 45 | O | 38.93 | | |
| 10 | 128 Berend Lange | HB1 | 43 | I | 39.11 | | |
| 11 | 62 Mats Westra | HB2 | 44 | I | 39.18 | | |
| 12 | 31 Johannes Hoomans | HC1 | 42 | O | 39.97 | | |
| 13 | 115 Milan Rietveld | HB2 | 41 | I | 40.22 | | |
| 14 | 134 Rick Schuurman | HB1 | 42 | I | 40.41 | | |
| 15 | 22 Jan-Hendrik Hoekstra | HB1 | 41 | O | 40.47 | | |
| 16 | 99 Jildou Schaaf | DN1 | 40 | O | 40.70 | | |
| 17 | 27 Marika de Glee | DB2 | 39 | I | 40.79 | PR | |
| 18 | 14 Huub Adema | HB1 | 38 | I | 41.26 | PR | |
| 19 | 4 Mart Sypersma | HC2 | 37 | I | 41.34 | PR | |
| 20 | 47 Jelte Hellinga | HB1 | 39 | O | 41.39 | | |
| 21 | 71 Elbrich Nicolay | DA1 | 35 | I | 41.46 | PR | |
| 22 | 124 Hilde Noppert | DN4 | 40 | I | 41.95 | | |
| 23 | 84 Sylvia de Vries | DA2 | 36 | O | 42.07 | PR | |
| 24 | 81 Cerinthe De Jonge | DA2 | 37 | O | 42.11 | | |
| 25 | 131 Silke Hijma | DN1 | 38 | O | 42.21 | | |
| 26 | 29 Lars Dijk | HC1 | 23 | O | 42.31 | PR | |
| 27 | 76 Lidia Tempert | DN4 | 36 | I | 42.39 | | |
| 28 | 15 Anton van der Tol | HC2 | 33 | I | 42.49 | PR | |
| 29 | 126 Piet Hijlkema | H50 | 43 | O | 42.53 | | |
| 30 | 121 Lieke Hijlkema | DB2 | 33 | O | 42.71 | | |
| 31 | 54 Willeke Bouwhuis | DB1 | 34 | O | 42.77 | | |
| 32 | 48 Berends Zeger | HC2 | 25 | I | 42.96 | PR | |
| 33 | 7 Stefan Everts | HC1 | 35 | O | 43.01 | | |
| 34 | 16 Anouk Aalders | DC2 | 34 | I | 43.13 | | |
| 35 | 6 Tijn Bijma | HC1 | 31 | I | 43.17 | | |
| 36 | 72 Mayke Vriesinga | DA1 | 32 | I | 43.23 | | |
| 37 | 58 Martijn Westerhof | HB2 | 29 | O | 43.32 | PR | |
| 38 | 100 Sam van der Monde | DN1 | 31 | O | 43.37 | | |

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Thialf - Heerenveen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|-------|------|--------|
| 39 | 9 Kailey van der Veen | DC1 | 28 | I | 43.70 | PR | |
| | 28 Eva-Sofie Elferink | DC2 | 32 | O | 43.70 | | |
| 41 | 37 Janna Wietske van der Ende | DC1 | 28 | O | 44.12 | PR | |
| 42 | 43 Luca Stroetinga | HC1 | 27 | I | 44.34 | PR | |
| 43 | 1 Rozina Veldstra | DC2 | 29 | I | 44.40 | | |
| 44 | 42 Wester van der Heide | HC2 | 30 | O | 44.48 | | |
| 45 | 11 Colin de Velde | HC1 | 23 | I | 44.60 | PR | |
| 46 | 92 Jasper Knulst | H50 | 30 | I | 44.78 | | |
| 47 | 30 Bjorn Koen | HB1 | 21 | O | 44.81 | PR | |
| 48 | 3 Mariska Stegenga | DC2 | 26 | I | 44.91 | | |
| 49 | 52 Nienke Valkenburg | DB2 | 22 | O | 44.95 | PR | |
| 50 | 12 Kyra Kamstra | DC1 | 22 | I | 44.99 | PR | |
| 51 | 87 Mettie de Vegt | DSB | 24 | I | 45.09 | | |
| 52 | 8 Marrit Bosma | DC1 | 25 | O | 45.15 | | |
| 53 | 13 Sara van de Pol | DC1 | 21 | I | 45.64 | PR | |
| 54 | 32 Kaya Kolder | DC1 | 26 | O | 45.86 | | |
| 55 | 90 Corien de Jong | DA1 | 24 | O | 46.20 | | |
| 56 | 19 Merel Vlug | DC1 | 19 | I | 46.45 | PR | |
| 57 | 64 Kim van der Graaf | DC2 | 20 | I | 46.62 | PR | |
| 58 | 38 Sanne Brinksma | DC1 | 19 | O | 46.75 | PR | |
| | 2 Amber Feller | DC2 | 18 | I | 46.75 | PR | |
| 60 | 102 Rimer Tjoelker | HC1 | 18 | O | 47.34 | PR | |
| 61 | 59 Gerianne Kromkamp | DC1 | 17 | O | 47.66 | PR | |
| 62 | 5 Jildau de Vries | DC1 | 15 | I | 48.23 | | |
| 63 | 46 Maud Jubbega | DC1 | 16 | O | 48.37 | PR | |
| 64 | 55 Janine Postma | DB2 | 15 | O | 48.94 | | |
| 65 | 26 Eline Teeninga | DC1 | 16 | I | 49.09 | | |
| 66 | 56 Jorrit Kiestra | HC2 | 17 | I | 49.16 | | |
| 67 | 33 Sanne Beintema | DB2 | 13 | I | 49.75 | | |
| 68 | 65 Lianne Bloem | DC1 | 12 | O | 49.88 | | |
| 69 | 50 Jildou de Haan | DC1 | 13 | O | 49.99 | PR | |
| 70 | 117 Sophie van der Zee | DC2 | 14 | I | 51.45 | PR | |
| 71 | 21 Aimee Prins | DC1 | 14 | O | 51.52 | | |
| 72 | 105 Nina Kuiken | DB2 | 11 | O | 52.04 | | |
| 73 | 44 Meike de Groot | DB2 | 12 | I | 53.64 | | |
| 74 | 45 Jant Anna Pasveer | DC1 | 11 | I | 53.67 | | |
| | 10 Jade Zijlstra | DC2 | 20 | O | DNF | | |
| | 18 Jelmer Tasma | HC1 | 27 | O | DQ | | |

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Thialf - Heerenveen

2. Rituitslag Junioren C en ouder 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|--------------------|-------|--------------|------|
| 11 | wt | 45 | Jant Anna Pasveer | | DC1 | 53.57 | 53.67 | |
| | rd | 105 | Nina Kuiken | | DB2 | 49.57 | 52.04 | |
| | | <u>Jant Anna Pasveer</u> | | | <u>Nina Kuiken</u> | | | |
| | | 100m | 13.54 | (13.54) | 100m | 13.91 | (13.91) | |
| | | 500m | 53.67 | (40.13) | 500m | 52.04 | (38.13) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|----------------------|-------|--------------|------|
| 12 | gl | 44 | Meike de Groot | | DB2 | 53.08 | 53.64 | |
| | bl | 65 | Lisanne Bloem | | DC1 | | 49.88 | |
| | | <u>Meike de Groot</u> | | | <u>Lisanne Bloem</u> | | | |
| | | 100m | 13.78 | (13.78) | 100m | 13.05 | (13.05) | |
| | | 500m | 53.64 | (39.86) | 500m | 49.88 | (36.83) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 13 | wt | 33 | Sanne Beintema | | DB2 | 48.12 | 49.75 | |
| | rd | 50 | Jildou de Haan | | DC1 | 50.89 | 49.99 | PR |
| | | <u>Sanne Beintema</u> | | | <u>Jildou de Haan</u> | | | |
| | | 100m | 13.81 | (13.81) | 100m | 13.29 | (13.29) | |
| | | 500m | 49.75 | (35.94) | 500m | 49.99 | (36.70) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|--------------------|-------|--------------|------|
| 14 | gl | 117 | Sophie van der Zee | | DC2 | 52.58 | 51.45 | PR |
| | bl | 21 | Aimee Prins | | DC1 | 51.20 | 51.52 | |
| | | <u>Sophie van der Zee</u> | | | <u>Aimee Prins</u> | | | |
| | | 100m | 13.62 | (13.62) | 100m | 14.18 | (14.18) | |
| | | 500m | 51.45 | (37.83) | 500m | 51.52 | (37.34) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|--------------|------|
| 15 | wt | 5 | Jildau de Vries | | DC1 | 47.86 | 48.23 | |
| | rd | 55 | Janine Postma | | DB2 | 47.82 | 48.94 | |
| | | <u>Jildau de Vries</u> | | | <u>Janine Postma</u> | | | |
| | | 100m | 12.91 | (12.91) | 100m | 12.77 | (12.77) | |
| | | 500m | 48.23 | (35.32) | 500m | 48.94 | (36.17) | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|--------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 16 | gl | 26 | Eline Teeninga | | DC1 | 47.47 | 49.09 | |
| | bl | 46 | Maud Jubbega | | DC1 | 49.18 | 48.37 | PR |
| | | <u>Eline Teeninga</u> | | | <u>Maud Jubbega</u> | | | |
| | | 100m | 12.80 | (12.80) | 100m | 13.17 | (13.17) | |
| | | 500m | 49.09 | (36.29) | 500m | 48.37 | (35.20) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 17 | wt | 56 | Jorrit Kiestra | | HC2 | 47.96 | 49.16 | |
| | rd | 59 | Gerianne Kromkamp | | DC1 | 48.90 | 47.66 | PR |
| | | <u>Jorrit Kiestra</u> | | | <u>Gerianne Kromkamp</u> | | | |
| | | 100m | 12.97 | (12.97) | 100m | 12.86 | (12.86) | |
| | | 500m | 49.16 | (36.19) | 500m | 47.66 | (34.80) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 18 | gl | 2 | Amber Feller | | DC2 | 47.20 | 46.75 | PR |
| | bl | 102 | Rimer Tjoelker | | HC1 | 48.32 | 47.34 | PR |
| | | <u>Amber Feller</u> | | | <u>Rimer Tjoelker</u> | | | |
| | | 100m | 12.63 | (12.63) | 100m | 12.76 | (12.76) | |
| | | 500m | 46.75 | (34.12) | 500m | 47.34 | (34.58) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 19 | wt | 19 | Merel Vlug | | DC1 | 46.72 | 46.45 | PR |
| | rd | 38 | Sanne Brinksma | | DC1 | 47.34 | 46.75 | PR |
| | | <u>Merel Vlug</u> | | | <u>Sanne Brinksma</u> | | | |
| | | 100m | 12.64 | (12.64) | 100m | 12.86 | (12.86) | |
| | | 500m | 46.45 | (33.81) | 500m | 46.75 | (33.89) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 20 | gl | 64 | Kim van der Graaf | | DC2 | 46.75 | 46.62 | PR |
| | bl | 10 | Jade Zijlstra | | DC2 | 45.87 | DNF | |
| | | <u>Kim van der Graaf</u> | | | <u>Jade Zijlstra</u> | | | |
| | | 100m | 12.61 | (12.61) | 100m | 12.86 | (12.86) | |
| | | 500m | 46.62 | (34.01) | | | | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|-------------------|-------|--------------|------|
| 21 | wt | 13 | Sara van de Pol | | DC1 | 46.50 | 45.64 | PR |
| | rd | 30 | Bjorn Koen | | HB1 | 45.78 | 44.81 | PR |
| | | <u>Sara van de Pol</u> | | | <u>Bjorn Koen</u> | | | |
| | | 100m | 12.74 | (12.74) | 100m | 11.86 | (11.86) | |
| | | 500m | 45.64 | (32.90) | 500m | 44.81 | (32.95) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 22 | gl | 12 | Kyra Kamstra | | DC1 | 45.47 | 44.99 | PR |
| | bl | 52 | Nienke Valkenburg | | DB2 | 45.66 | 44.95 | PR |
| | | <u>Kyra Kamstra</u> | | | <u>Nienke Valkenburg</u> | | | |
| | | 100m | 12.25 | (12.25) | 100m | 12.38 | (12.38) | |
| | | 500m | 44.99 | (32.74) | 500m | 44.95 | (32.57) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------|
| 23 | wt | 11 | Colin de Velde | | HC1 | 45.46 | 44.60 | PR |
| | rd | 29 | Lars Dijck | | HC1 | 45.35 | 42.31 | PR |
| | | <u>Colin de Velde</u> | | | <u>Lars Dijck</u> | | | |
| | | 100m | 12.07 | (12.07) | 100m | 11.78 | (11.78) | |
| | | 500m | 44.60 | (32.53) | 500m | 42.31 | (30.53) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 24 | gl | 87 | Mettie de Vegt | | DSB | 44.72 | 45.09 | |
| | bl | 90 | Corien de Jong | | DA1 | 45.41 | 46.20 | |
| | | <u>Mettie de Vegt</u> | | | <u>Corien de Jong</u> | | | |
| | | 100m | 12.74 | (12.74) | 100m | 12.61 | (12.61) | |
| | | 500m | 45.09 | (32.35) | 500m | 46.20 | (33.59) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|--------------|------|
| 25 | wt | 48 | Berends Zeger | | HC2 | 44.13 | 42.96 | PR |
| | rd | 8 | Marrit Bosma | | DC1 | 44.89 | 45.15 | |
| | | <u>Berends Zeger</u> | | | <u>Marrit Bosma</u> | | | |
| | | 100m | 11.90 | (11.90) | 100m | 12.42 | (12.42) | |
| | | 500m | 42.96 | (31.06) | 500m | 45.15 | (32.73) | |

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| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-------|---------|-------|--------------------|---------|
| 26 | gl | 3 | Mariska Stegenga | | DC2 | 43.73 | 44.91 | |
| | bl | 32 | Kaya Kolder | | DC1 | 45.11 | 45.86 | |
| | | | <u>Mariska Stegenga</u> | | | | <u>Kaya Kolder</u> | |
| | | | 100m | 12.64 | (12.64) | 100m | 12.98 | (12.98) |
| | | | 500m | 44.91 | (32.27) | 500m | 45.86 | (32.88) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|---------|-------|---------------------|------|
| 27 | wt | 43 | Luca Stroetinga | | HC1 | 44.42 | 44.34 | PR |
| | rd | 18 | Jelmer Tasma | | HC1 | 44.44 | DQ | |
| | | | <u>Luca Stroetinga</u> | | | | <u>Jelmer Tasma</u> | |
| | | | 100m | 12.12 | (12.12) | | | |
| | | | 500m | 44.34 | (32.22) | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------------------|-------|---------|-------|-----------------------------------|---------|
| 28 | gl | 9 | Kailey van der Veen | | DC1 | 44.14 | 43.70 | PR |
| | bl | 37 | Janna Wietske van der Ende | | DC1 | 44.26 | 44.12 | PR |
| | | | <u>Kailey van der Veen</u> | | | | <u>Janna Wietske van der Ende</u> | |
| | | | 100m | 12.20 | (12.20) | 100m | 12.27 | (12.27) |
| | | | 500m | 43.70 | (31.50) | 500m | 44.12 | (31.85) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|-------|---------|-------|--------------------------|---------|
| 29 | wt | 1 | Rozina Veldstra | | DC2 | 43.38 | 44.40 | |
| | rd | 58 | Martijn Westerhof | | HB2 | 44.19 | 43.32 | PR |
| | | | <u>Rozina Veldstra</u> | | | | <u>Martijn Westerhof</u> | |
| | | | 100m | 12.14 | (12.14) | 100m | 11.53 | (11.53) |
| | | | 500m | 44.40 | (32.26) | 500m | 43.32 | (31.79) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------------|-------|---------|-------|-----------------------------|---------|
| 30 | gl | 92 | Jasper Knulst | | H50 | 43.46 | 44.78 | |
| | bl | 42 | Wester van der Heide | | HC2 | 44.00 | 44.48 | |
| | | | <u>Jasper Knulst</u> | | | | <u>Wester van der Heide</u> | |
| | | | 100m | 11.81 | (11.81) | 100m | 11.95 | (11.95) |
| | | | 500m | 44.78 | (32.97) | 500m | 44.48 | (32.53) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-------|----|--------------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 31 | wt | 6 | Tijn Bijma | | HC1 | 43.08 | 43.17 | |
| | rd | 100 | Sam van der Monde | | DN1 | 42.78 | 43.37 | |
| | | <u>Tijn Bijma</u> | | | <u>Sam van der Monde</u> | | | |
| | | 100m | 11.74 | (11.74) | 100m | 12.02 | (12.02) | |
| | | 500m | 43.17 | (31.43) | 500m | 43.37 | (31.35) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 32 | gl | 72 | Mayke Vriesinga | | DA1 | 42.96 | 43.23 | |
| | bl | 28 | Eva-Sofie Elferink | | DC2 | 43.13 | 43.70 | |
| | | <u>Mayke Vriesinga</u> | | | <u>Eva-Sofie Elferink</u> | | | |
| | | 100m | 11.87 | (11.87) | 100m | 12.49 | (12.49) | |
| | | 500m | 43.23 | (31.36) | 500m | 43.70 | (31.21) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 33 | wt | 15 | Anton van der Tol | | HC2 | 42.94 | 42.49 | PR |
| | rd | 121 | Lieke Hijlkema | | DB2 | 41.73 | 42.71 | |
| | | <u>Anton van der Tol</u> | | | <u>Lieke Hijlkema</u> | | | |
| | | 100m | 11.89 | (11.89) | 100m | 11.92 | (11.92) | |
| | | 500m | 42.49 | (30.60) | 500m | 42.71 | (30.79) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 34 | gl | 16 | Anouk Aalders | | DC2 | 42.96 | 43.13 | |
| | bl | 54 | Willeke Bouwhuis | | DB1 | 41.83 | 42.77 | |
| | | <u>Anouk Aalders</u> | | | <u>Willeke Bouwhuis</u> | | | |
| | | 100m | 11.96 | (11.96) | 100m | 11.76 | (11.76) | |
| | | 500m | 43.13 | (31.17) | 500m | 42.77 | (31.01) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 35 | wt | 71 | Elbrich Nicolay | | DA1 | 42.01 | 41.46 | PR |
| | rd | 7 | Stefan Everts | | HC1 | 42.49 | 43.01 | |
| | | <u>Elbrich Nicolay</u> | | | <u>Stefan Everts</u> | | | |
| | | 100m | 11.69 | (11.69) | 100m | 11.78 | (11.78) | |
| | | 500m | 41.46 | (29.77) | 500m | 43.01 | (31.23) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|-----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 36 | gl | 76 | Lidia Tempert | | DN4 | 41.91 | 42.39 | |
| | bl | 84 | Sylvia de Vries | | DA2 | 42.21 | 42.07 | PR |
| | | <u>Lidia Tempert</u> | | | <u>Sylvia de Vries</u> | | | |
| | | 100m | 11.81 | (11.81) | 100m | 12.10 | (12.10) | |
| | | 500m | 42.39 | (30.58) | 500m | 42.07 | (29.97) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 37 | wt | 4 | Mart Sypersma | | HC2 | 41.47 | 41.34 | PR |
| | rd | 81 | Cerinthe De Jonge | | DA2 | 41.98 | 42.11 | |
| | | <u>Mart Sypersma</u> | | | <u>Cerinthe De Jonge</u> | | | |
| | | 100m | 11.30 | (11.30) | 100m | 11.53 | (11.53) | |
| | | 500m | 41.34 | (30.04) | 500m | 42.11 | (30.58) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 38 | gl | 14 | Huub Adema | | HB1 | 41.79 | 41.26 | PR |
| | bl | 131 | Silke Hijma | | DN1 | 41.52 | 42.21 | |
| | | <u>Huub Adema</u> | | | <u>Silke Hijma</u> | | | |
| | | 100m | 11.30 | (11.30) | 100m | 11.90 | (11.90) | |
| | | 500m | 41.26 | (29.96) | 500m | 42.21 | (30.31) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 39 | wt | 27 | Marika de Glee | | DB2 | 40.86 | 40.79 | PR |
| | rd | 47 | Jelte Hellinga | | HB1 | 41.30 | 41.39 | |
| | | <u>Marika de Glee</u> | | | <u>Jelte Hellinga</u> | | | |
| | | 100m | 11.23 | (11.23) | 100m | 11.53 | (11.53) | |
| | | 500m | 40.79 | (29.56) | 500m | 41.39 | (29.86) | |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 40 | gl | 124 | Hilde Noppert | | DN4 | 41.36 | 41.95 | |
| | bl | 99 | Jildou Schaaf | | DN1 | 40.70 | 40.70 | |
| | | <u>Hilde Noppert</u> | | | <u>Jildou Schaaf</u> | | | |
| | | 100m | 12.04 | (12.04) | 100m | 11.41 | (11.41) | |
| | | 500m | 41.95 | (29.91) | 500m | 40.70 | (29.29) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 41 | wt | 115 | Milan Rietveld | | HB2 | 39.34 | 40.22 | |
| | rd | 22 | Jan-Hendrik Hoekstra | | HB1 | 39.69 | 40.47 | |
| | | Milan Rietveld | | | Jan-Hendrik Hoekstra | | | |
| | | 100m | 10.92 | (10.92) | 100m | 11.28 | (11.28) | |
| | | 500m | 40.22 | (29.30) | 500m | 40.47 | (29.19) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 42 | gl | 134 | Rick Schuurman | | HB1 | 40.07 | 40.41 | |
| | bl | 31 | Johannes Hoomans | | HC1 | 39.71 | 39.97 | |
| | | Rick Schuurman | | | Johannes Hoomans | | | |
| | | 100m | 11.03 | (11.03) | 100m | 11.13 | (11.13) | |
| | | 500m | 40.41 | (29.38) | 500m | 39.97 | (28.84) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|----------------------|---------|----------------------|-------|--------------|------|
| 43 | wt | 128 | Berend Lange | | HB1 | 38.59 | 39.11 | |
| | rd | 126 | Piet Hijlkema | | H50 | 39.43 | 42.53 | |
| | | Berend Lange | | | Piet Hijlkema | | | |
| | | 100m | 11.03 | (11.03) | 100m | 11.63 | (11.63) | |
| | | 500m | 39.11 | (28.08) | 500m | 42.53 | (30.90) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|-------------------|-------|--------------|------|
| 44 | gl | 62 | Mats Westra | | HB2 | 39.11 | 39.18 | |
| | bl | 82 | Roel Regts | | HA1 | 38.78 | 38.11 | PR |
| | | Mats Westra | | | Roel Regts | | | |
| | | 100m | 10.78 | (10.78) | 100m | 10.33 | (10.33) | |
| | | 500m | 39.18 | (28.40) | 500m | 38.11 | (27.78) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 45 | wt | 74 | Jesse de Lange | | HN3 | 37.90 | 38.27 | |
| | rd | 75 | Chris de Velde | | HA1 | 38.75 | 38.93 | |
| | | Jesse de Lange | | | Chris de Velde | | | |
| | | 100m | 10.76 | (10.76) | 100m | 10.75 | (10.75) | |
| | | 500m | 38.27 | (27.51) | 500m | 38.93 | (28.18) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------|-------------------|---------|-------------------|-------|--------------|------|
| 46 | gl | 109 | Tom Nijdam | | HN1 | 38.08 | 38.08 | |
| | bl | 79 | Jornt Dijk | | HN4 | 37.70 | 38.25 | |
| | | Tom Nijdam | | | Jornt Dijk | | | |
| | | 100m | 10.68 | (10.68) | 100m | 10.58 | (10.58) | |
| | | 500m | 38.08 | (27.40) | 500m | 38.25 | (27.67) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|--------------------|-------|--------------|------|
| 47 | wt | 129 | Swen Halferkamps | | HA2 | 36.73 | 36.38 | PR |
| | rd | 36 | Colin Breed | | HB2 | 37.69 | 38.31 | |
| | | Swen Halferkamps | | | Colin Breed | | | |
| | | 100m | 10.09 | (10.09) | 100m | 10.70 | (10.70) | |
| | | 500m | 36.38 | (26.29) | 500m | 38.31 | (27.61) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 48 | gl | 89 | Gijs Kamp | | HN1 | 36.15 | 36.52 | |
| | bl | 130 | Mervin Maatman | | HN3 | 36.76 | 37.05 | |
| | | Gijs Kamp | | | Mervin Maatman | | | |
| | | 100m | 10.14 | (10.14) | 100m | 10.45 | (10.45) | |
| | | 500m | 36.52 | (26.38) | 500m | 37.05 | (26.60) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

3. Uitslag Junioren C/B (supersprint) 2e 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 1 | 60 Floris van Hardeveld | HB1 | 58 | I | 10.67 | | |
| 2 | 63 Niek Bijma | HB1 | 57 | O | 10.87 | | |
| 3 | 24 Pieter Zijlstra | HB1 | 57 | I | 11.23 | PR | |
| 4 | 23 Melle van der Zee | HC2 | 56 | O | 11.42 | | |
| 5 | 51 Christian Groenhof | HB2 | 52 | O | 11.51 | | |
| 6 | 39 Naomi Kammeraat | DB1 | 58 | O | 11.55 | | |
| 7 | 35 Jente Kiwiet | HC2 | 53 | I | 11.89 | PR | |
| | 49 Marit van der Meer | DB1 | 55 | I | 11.89 | | |
| 9 | 61 Silke Ludema | DB2 | 50 | O | 12.09 | PR | |
| 10 | 25 Hannah de Vries | DC1 | 54 | I | 12.11 | | |
| | 104 Rosa-Lynn Compagner | DC2 | 53 | O | 12.11 | PR | |
| 12 | 41 Mats Rabbinge | HC2 | 52 | I | 12.14 | PR | |
| 13 | 40 Maaïke Brouwer | DC2 | 56 | I | 12.23 | | |
| 14 | 20 Robine Lubbinge | DC2 | 54 | O | 12.42 | | |
| 15 | 67 Freya Goerres | DB1 | 50 | I | 12.43 | | |
| 16 | 17 Marriët van der Tol | DB2 | 51 | O | 12.68 | | |
| 17 | 53 Foske Bouma | DC2 | 51 | I | 13.20 | | |
| 18 | 98 Lize Romy Elzinga | DC1 | 49 | I | 13.31 | PR | |
| 19 | 66 Alyne Goerres | DC1 | 49 | O | 13.34 | PR | |
| 20 | 120 Sven Burghoorn | HC2 | 55 | O | 14.87 | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

3. Rituitslag Junioren C/B (supersprint) 2e 100 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|---------------|----------------------|---------------|------|
| 49 | wt | 98 Lize Romy Elzinga | DC1 | 13.32 | 13.31 | PR |
| | rd | 66 Alyne Goerres | DC1 | 13.51 | 13.34 | PR |
| | | <u>Lize Romy Elzinga</u> | | <u>Alyne Goerres</u> | | |
| | | 100m | 13.31 (13.31) | 100m | 13.34 (13.34) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|---------------|---------------------|---------------|------|
| 50 | gl | 67 Freya Goerres | DB1 | 13.21 | 12.43 | |
| | bl | 61 Silke Ludema | DB2 | 12.93 | 12.09 | PR |
| | | <u>Freya Goerres</u> | | <u>Silke Ludema</u> | | |
| | | 100m | 12.43 (12.43) | 100m | 12.09 (12.09) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------------|---------------|----------------------------|---------------|------|
| 51 | wt | 53 Foske Bouma | DC2 | 12.62 | 13.20 | |
| | rd | 17 Marriët van der Tol | DB2 | 12.57 | 12.68 | |
| | | <u>Foske Bouma</u> | | <u>Marriët van der Tol</u> | | |
| | | 100m | 13.20 (13.20) | 100m | 12.68 (12.68) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|---------------|---------------------------|---------------|------|
| 52 | gl | 41 Mats Rabbinge | HC2 | 12.56 | 12.14 | PR |
| | bl | 51 Christian Groenhof | HB2 | 12.91 | 11.51 | |
| | | <u>Mats Rabbinge</u> | | <u>Christian Groenhof</u> | | |
| | | 100m | 12.14 (12.14) | 100m | 11.51 (11.51) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------|---------------|----------------------------|---------------|------|
| 53 | wt | 35 Jente Kiwiet | HC2 | 12.34 | 11.89 | PR |
| | rd | 104 Rosa-Lynn Compagner | DC2 | 12.34 | 12.11 | PR |
| | | <u>Jente Kiwiet</u> | | <u>Rosa-Lynn Compagner</u> | | |
| | | 100m | 11.89 (11.89) | 100m | 12.11 (12.11) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|---------|------------------------|--------------|---------|
| 54 | gl | 25 | Hannah de Vries | | DC1 | 12.35 | 12.11 | |
| | bl | 20 | Robine Lubbinge | | DC2 | 12.28 | 12.42 | |
| | | | Hannah de Vries | | | Robine Lubbinge | | |
| | | | 100m | 12.11 | (12.11) | 100m | 12.42 | (12.42) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------------|-------|---------|-----------------------|--------------|---------|
| 55 | wt | 49 | Marit van der Meer | | DB1 | 11.68 | 11.89 | |
| | rd | 120 | Sven Burghoorn | | HC2 | 12.17 | 14.87 | |
| | | | Marit van der Meer | | | Sven Burghoorn | | |
| | | | 100m | 11.89 | (11.89) | 100m | 14.87 | (14.87) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|--------------------------|-------|---------|--------------------------|--------------|---------|
| 56 | gl | 40 | Maaïke Brouwer | | DC2 | 12.26 | 12.23 | |
| | bl | 23 | Melle van der Zee | | HC2 | 11.79 | 11.42 | |
| | | | Maaïke Brouwer | | | Melle van der Zee | | |
| | | | 100m | 12.23 | (12.23) | 100m | 11.42 | (11.42) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|---------|-------------------|--------------|---------|
| 57 | wt | 24 | Pieter Zijlstra | | HB1 | 11.38 | 11.23 | PR |
| | rd | 63 | Niek Bijma | | HB1 | 10.76 | 10.87 | |
| | | | Pieter Zijlstra | | | Niek Bijma | | |
| | | | 100m | 11.23 | (11.23) | 100m | 10.87 | (10.87) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------------|-------|---------|------------------------|--------------|---------|
| 58 | gl | 60 | Floris van Hardeveld | | HB1 | 10.63 | 10.67 | |
| | bl | 39 | Naomi Kammeraat | | DB1 | 11.39 | 11.55 | |
| | | | Floris van Hardeveld | | | Naomi Kammeraat | | |
| | | | 100m | 10.67 | (10.67) | 100m | 11.55 | (11.55) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

4. Uitslag Junioren C/B (supersprint) 1e 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|-------|--------|
| 1 | 60 Floris van Hardeveld | HB1 | 68 | I | 24.85 | PR | |
| 2 | 63 Niek Bijma | HB1 | 67 | I | 25.69 | PR | |
| 3 | 24 Pieter Zijlstra | HB1 | 67 | O | 26.11 | PR | |
| 4 | 39 Naomi Kammeraat | DB1 | 68 | O | 26.87 | PR | |
| 5 | 23 Melle van der Zee | HC2 | 59 | O | 26.95 | PR | |
| 6 | 51 Christian Groenhof | HB2 | 61 | O | 26.99 | PR | |
| 7 | 120 Sven Burghoorn | HC2 | 60 | I | 27.42 | | |
| 8 | 49 Marit van der Meer | DB1 | 65 | I | 27.92 | PR | |
| 9 | 25 Hannah de Vries | DC1 | 64 | I | 28.65 | PR | |
| 10 | 104 Rosa-Lynn Compagner | DC2 | 63 | I | 28.90 | PR | |
| 11 | 40 Maaïke Brouwer | DC2 | 66 | I | 29.13 | PR | |
| 12 | 41 Mats Rabbinge | HC2 | 64 | O | 29.37 | PR | |
| 13 | 17 Marriët van der Tol | DB2 | 65 | O | 29.83 | PR | |
| 14 | 61 Silke Ludema | DB2 | 59 | I | 29.98 | HT PR | |
| 15 | 67 Freya Goerres | DB1 | 62 | I | 30.06 | PR | |
| 16 | 20 Robine Lubbinge | DC2 | 66 | O | 30.47 | | |
| 17 | 66 Alyne Goerres | DC1 | 61 | I | 31.87 | PR | |
| 18 | 53 Foske Bouma | DC2 | 62 | O | 32.52 | | |
| 19 | 98 Lize Romy Elzinga | DC1 | 60 | O | 33.54 | PR | |
| | 35 Jente Kiwiet | HC2 | | | | WDR | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

4. Rituitslag Junioren C/B (supersprint) 1e 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|--------------------------|---------|--------------------------|-------|--------------|-------|
| 59 | wt | 61 | Silke Ludema | | DB2 | 38.55 | 29.98 | HT PR |
| | rd | 23 | Melle van der Zee | | HC2 | 34.70 | 26.95 | PR |
| | | <u>Silke Ludema</u> | | | <u>Melle van der Zee</u> | | | |
| | | 300m | 29.98 | (29.98) | 300m | 26.95 | (26.95) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 60 | gl | 120 | Sven Burghoorn | | HC2 | | 27.42 | |
| | bl | 98 | Lize Romy Elzinga | | DC1 | 33.87 | 33.54 | PR |
| | | <u>Sven Burghoorn</u> | | | <u>Lize Romy Elzinga</u> | | | |
| | | 300m | 27.42 | (27.42) | 300m | 33.54 | (33.54) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 61 | wt | 66 | Alyne Goerres | | DC1 | 32.39 | 31.87 | PR |
| | rd | 51 | Christian Groenhof | | HB2 | 32.24 | 26.99 | PR |
| | | <u>Alyne Goerres</u> | | | <u>Christian Groenhof</u> | | | |
| | | 300m | 31.87 | (31.87) | 300m | 26.99 | (26.99) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 62 | gl | 67 | Freya Goerres | | DB1 | 32.47 | 30.06 | PR |
| | bl | 53 | Foske Bouma | | DC2 | 32.14 | 32.52 | |
| | | <u>Freya Goerres</u> | | | <u>Foske Bouma</u> | | | |
| | | 300m | 30.06 | (30.06) | 300m | 32.52 | (32.52) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|---------|---------------------|-------|--------------|------|
| 63 | wt | 104 | Rosa-Lynn Compagner | | DC2 | 30.31 | 28.90 | PR |
| | rd | 35 | Jente Kiwiet | | HC2 | 29.89 | WDR | |
| | | <u>Rosa-Lynn Compagner</u> | | | <u>Jente Kiwiet</u> | | | |
| | | 300m | 28.90 | (28.90) | | | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|-------|----|------|-----------------------------|-------|---------|-------|----------------------------|---------|
| 64 | gl | 25 | Hannah de Vries | | DC1 | 29.98 | 28.65 | PR |
| | bl | 41 | Mats Rabbinge | | HC2 | 30.93 | 29.37 | PR |
| | | | Hannah de Vries | | | | Mats Rabbinge | |
| | | | 300m | 28.65 | (28.65) | 300m | 29.37 | (29.37) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 65 | wt | 49 | Marit van der Meer | | DB1 | 28.64 | 27.92 | PR |
| | rd | 17 | Marriët van der Tol | | DB2 | 29.87 | 29.83 | PR |
| | | | Marit van der Meer | | | | Marriët van der Tol | |
| | | | 300m | 27.92 | (27.92) | 300m | 29.83 | (29.83) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 66 | gl | 40 | Maaïke Brouwer | | DC2 | 29.25 | 29.13 | PR |
| | bl | 20 | Robine Lubbinge | | DC2 | 29.31 | 30.47 | |
| | | | Maaïke Brouwer | | | | Robine Lubbinge | |
| | | | 300m | 29.13 | (29.13) | 300m | 30.47 | (30.47) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 67 | wt | 63 | Niek Bijma | | HB1 | 25.80 | 25.69 | PR |
| | rd | 24 | Pieter Zijlstra | | HB1 | 27.05 | 26.11 | PR |
| | | | Niek Bijma | | | | Pieter Zijlstra | |
| | | | 300m | 25.69 | (25.69) | 300m | 26.11 | (26.11) |
| <hr/> | | | | | | | | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 68 | gl | 60 | Floris van Hardeveld | | HB1 | 25.07 | 24.85 | PR |
| | bl | 39 | Naomi Kammeraat | | DB1 | 27.38 | 26.87 | PR |
| | | | Floris van Hardeveld | | | | Naomi Kammeraat | |
| | | | 300m | 24.85 | (24.85) | 300m | 26.87 | (26.87) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

5. Uitslag Junioren C en ouder 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|---------|------|--------|
| 1 | 74 Jesse de Lange | HN3 | 92 | I | 1:51.54 | PR | |
| 2 | 79 Jornt Dijk | HN4 | 92 | O | 1:52.80 | | |
| 3 | 36 Colin Breed | HB2 | 91 | I | 1:54.63 | PR | |
| 4 | 75 Chris de Velde | HA1 | 90 | O | 1:56.08 | PR | |
| 5 | 22 Jan-Hendrik Hoekstra | HB1 | 89 | I | 1:57.43 | PR | |
| 6 | 62 Mats Westra | HB2 | 89 | O | 1:58.28 | PR | |
| 7 | 115 Milan Rietveld | HB2 | 87 | I | 2:00.22 | | |
| 8 | 128 Berend Lange | HB1 | 90 | I | 2:00.28 | | |
| 9 | 126 Piet Hijlkema | H50 | 91 | O | 2:03.61 | | |
| 10 | 134 Rick Schuurman | HB1 | 88 | I | 2:03.79 | PR | |
| 11 | 124 Hilde Noppert | DN4 | 87 | O | 2:04.62 | PR | |
| 12 | 31 Johannes Hoomans | HC1 | 86 | O | 2:05.08 | PR | |
| 13 | 84 Sylvia de Vries | DA2 | 85 | I | 2:05.15 | PR | |
| 14 | 47 Jelte Hellinga | HB1 | 86 | I | 2:05.21 | PR | |
| 15 | 76 Lidia Tempert | DN4 | 88 | O | 2:05.31 | | |
| 16 | 71 Elbrich Nicolay | DA1 | 84 | I | 2:05.53 | PR | |
| 17 | 4 Mart Sypersma | HC2 | 81 | I | 2:05.54 | PR | |
| 18 | 15 Anton van der Tol | HC2 | 83 | O | 2:06.18 | PR | |
| 19 | 27 Marika de Glee | DB2 | 82 | O | 2:06.66 | PR | |
| 20 | 28 Eva-Sofie Elferink | DC2 | 84 | O | 2:08.70 | PR | |
| 21 | 6 Tijn Bijma | HC1 | 82 | I | 2:08.91 | PR | |
| 22 | 78 Tosca Mulder | DN1 | 83 | I | 2:09.54 | | |
| 23 | 54 Willeke Bouwhuis | DB1 | 81 | O | 2:10.24 | PR | |
| 24 | 7 Stefan Everts | HC1 | 79 | O | 2:10.63 | PR | |
| 25 | 29 Lars Dijk | HC1 | 72 | I | 2:11.68 | | |
| 26 | 100 Sam van der Monde | DN1 | 79 | I | 2:13.16 | PR | |
| 27 | 3 Mariska Stegenga | DC2 | 77 | I | 2:13.73 | PR | |
| 28 | 9 Kailey van der Veen | DC1 | 80 | I | 2:15.19 | PR | |
| 29 | 12 Kyra Kamstra | DC1 | 76 | O | 2:15.25 | PR | |
| 30 | 18 Jelmer Tasma | HC1 | 78 | I | 2:15.31 | PR | |
| 31 | 8 Marrit Bosma | DC1 | 80 | O | 2:16.24 | | |
| 32 | 13 Sara van de Pol | DC1 | 70 | I | 2:16.29 | | |
| 33 | 10 Jade Zijlstra | DC2 | 78 | O | 2:16.91 | PR | |
| 34 | 43 Luca Stroetinga | HC1 | 69 | O | 2:17.08 | | |
| 35 | 16 Anouk Aalders | DC2 | 75 | O | 2:17.21 | PR | |
| 36 | 37 Janna Wietske van der Ende | DC1 | 69 | I | 2:17.70 | | |
| 37 | 1 Rozina Veldstra | DC2 | 77 | O | 2:18.48 | | |
| 38 | 38 Sanne Brinksma | DC1 | 70 | O | 2:21.00 | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 39 | 30 Bjorn Koen | HB1 | 73 | I | 2:26.21 | PR | |
| 40 | 5 Jildau de Vries | DC1 | 74 | O | 2:26.22 | PR | |
| 41 | 48 Berends Zeger | HC2 | 76 | I | 2:27.24 | FL | |
| 42 | 33 Sanne Beintema | DB2 | 71 | I | 2:30.47 | | |
| 43 | 56 Jorrit Kiestra | HC2 | 74 | I | 2:32.88 | PR | |
| 44 | 55 Janine Postma | DB2 | 73 | O | 2:37.21 | | |
| 45 | 117 Sophie van der Zee | DC2 | 72 | O | 2:47.01 | PR | |
| 46 | 44 Meike de Groot | DB2 | 71 | O | 2:55.96 | | |
| | 11 Colin de Velde | HC1 | 75 | I | DNF | | |
| | 14 Huub Adema | HB1 | | | WDR | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

5. Rituitslag Junioren C en ouder 1500 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------------------|-----------------------------------|---------|---------------------------|---------|----------------|------|
| 69 | wt | 37 | Janna Wietske van der Ende | | DC1 | | 2:17.70 | |
| | rd | 43 | Luca Stroetinga | | HC1 | | 2:17.08 | |
| | | <u>Janna Wietske van der Ende</u> | | | <u>Luca Stroetinga</u> | | | |
| | | 300m | 29.43 | (29.43) | 300m | 29.53 | (29.53) | |
| | | 700m | 1:03.52 | (34.09) | 700m | 1:03.63 | (34.10) | |
| | | 1100m | 1:39.87 | (36.35) | 1100m | 1:39.89 | (36.26) | |
| | | 1500m | 2:17.70 | (37.83) | 1500m | 2:17.08 | (37.19) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 70 | gl | 13 | Sara van de Pol | | DC1 | | 2:16.29 | |
| | bl | 38 | Sanne Brinksma | | DC1 | | 2:21.00 | |
| | | <u>Sara van de Pol</u> | | | <u>Sanne Brinksma</u> | | | |
| | | 300m | 30.25 | (30.25) | 300m | 31.42 | (31.42) | |
| | | 700m | 1:03.61 | (33.36) | 700m | 1:07.08 | (35.66) | |
| | | 1100m | 1:39.63 | (36.02) | 1100m | 1:44.51 | (37.43) | |
| | | 1500m | 2:16.29 | (36.66) | 1500m | 2:21.00 | (36.49) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 71 | wt | 33 | Sanne Beintema | | DB2 | 2:26.97 | 2:30.47 | |
| | rd | 44 | Meike de Groot | | DB2 | 2:51.63 | 2:55.96 | |
| | | <u>Sanne Beintema</u> | | | <u>Meike de Groot</u> | | | |
| | | 300m | 32.17 | (32.17) | 300m | 35.53 | (35.53) | |
| | | 700m | 1:09.83 | (37.66) | 700m | 1:17.65 | (42.12) | |
| | | 1100m | 1:49.63 | (39.80) | 1100m | 2:04.79 | (47.14) | |
| | | 1500m | 2:30.47 | (40.84) | 1500m | 2:55.96 | (51.17) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 72 | gl | 29 | Lars Dijk | | HC1 | | 2:11.68 | |
| | bl | 117 | Sophie van der Zee | | DC2 | 2:53.10 | 2:47.01 | PR |
| | | <u>Lars Dijk</u> | | | <u>Sophie van der Zee</u> | | | |
| | | 300m | 28.29 | (28.29) | 300m | 33.72 | (33.72) | |
| | | 700m | 59.99 | (31.70) | 700m | 1:15.03 | (41.31) | |
| | | 1100m | 1:34.87 | (34.88) | 1100m | 2:00.11 | (45.08) | |
| | | 1500m | 2:11.68 | (36.81) | 1500m | 2:47.01 | (46.90) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | Cat | | PR | Tijd | Info |
|-------|----|--------------------------|---------|---------|------------------------|----------------|---------|
| 73 | wt | 30 Bjorn Koen | HB1 | | 2:28.37 | 2:26.21 | PR |
| | rd | 55 Janine Postma | DB2 | | 2:33.50 | 2:37.21 | |
| | | Bjorn Koen | | | Janine Postma | | |
| | | 300m | 30.40 | (30.40) | 300m | 31.97 | (31.97) |
| | | 700m | 1:08.34 | (37.94) | 700m | 1:11.47 | (39.50) |
| | | 1100m | 1:47.76 | (39.42) | 1100m | 1:53.97 | (42.50) |
| | | 1500m | 2:26.21 | (38.45) | 1500m | 2:37.21 | (43.24) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 74 | gl | 56 Jorrit Kiestra | HC2 | | 2:35.00 | 2:32.88 | PR |
| | bl | 5 Jildau de Vries | DC1 | | 2:31.13 | 2:26.22 | PR |
| | | Jorrit Kiestra | | | Jildau de Vries | | |
| | | 300m | 31.94 | (31.94) | 300m | 31.27 | (31.27) |
| | | 700m | 1:09.40 | (37.46) | 700m | 1:06.97 | (35.70) |
| | | 1100m | 1:50.44 | (41.04) | 1100m | 1:45.29 | (38.32) |
| | | 1500m | 2:32.88 | (42.44) | 1500m | 2:26.22 | (40.93) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 75 | wt | 11 Colin de Velde | HC1 | | 2:20.06 | DNF | |
| | rd | 16 Anouk Aalders | DC2 | | 2:20.00 | 2:17.21 | PR |
| | | Colin de Velde | | | Anouk Aalders | | |
| | | 300m | 29.86 | (29.86) | 300m | 28.78 | (28.78) |
| | | 700m | 1:04.49 | (34.63) | 700m | 1:02.61 | (33.83) |
| | | | | | 1100m | 1:39.34 | (36.73) |
| | | | | | 1500m | 2:17.21 | (37.87) |
| <hr/> | | | | | | | |
| | | Naam | Cat | | PR | Tijd | Info |
| 76 | gl | 48 Berends Zeger | HC2 | | 2:24.42 | 2:27.24 | FL |
| | bl | 12 Kyra Kamstra | DC1 | | 2:22.44 | 2:15.25 | PR |
| | | Berends Zeger | | | Kyra Kamstra | | |
| | | 300m | 28.31 | (28.31) | 300m | 29.46 | (29.46) |
| | | 700m | 1:00.29 | (31.98) | 700m | 1:03.04 | (33.58) |
| | | 1100m | 1:33.06 | (32.77) | 1100m | 1:38.87 | (35.83) |
| | | 1500m | 2:27.24 | (54.18) | 1500m | 2:15.25 | (36.38) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|---------|------------------------|---------|----------------|------|
| 77 | wt | 3 | Mariska Stegenga | | DC2 | 2:14.53 | 2:13.73 | PR |
| | rd | 1 | Rozina Veldstra | | DC2 | 2:14.47 | 2:18.48 | |
| | | Mariska Stegenga | | | Rozina Veldstra | | | |
| | | 300m | 29.57 | (29.57) | 300m | 29.22 | (29.22) | |
| | | 700m | 1:02.82 | (33.25) | 700m | 1:02.35 | (33.13) | |
| | | 1100m | 1:37.53 | (34.71) | 1100m | 1:38.83 | (36.48) | |
| | | 1500m | 2:13.73 | (36.20) | 1500m | 2:18.48 | (39.65) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 78 | gl | 18 | Jelmer Tasma | | HC1 | 2:18.81 | 2:15.31 | PR |
| | bl | 10 | Jade Zijlstra | | DC2 | 2:18.86 | 2:16.91 | PR |
| | | Jelmer Tasma | | | Jade Zijlstra | | | |
| | | 300m | 29.16 | (29.16) | 300m | 30.70 | (30.70) | |
| | | 700m | 1:02.98 | (33.82) | 700m | 1:04.81 | (34.11) | |
| | | 1100m | 1:38.81 | (35.83) | 1100m | 1:40.49 | (35.68) | |
| | | 1500m | 2:15.31 | (36.50) | 1500m | 2:16.91 | (36.42) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 79 | wt | 100 | Sam van der Monde | | DN1 | 2:14.77 | 2:13.16 | PR |
| | rd | 7 | Stefan Everts | | HC1 | 2:14.84 | 2:10.63 | PR |
| | | Sam van der Monde | | | Stefan Everts | | | |
| | | 300m | 28.40 | (28.40) | 300m | 28.18 | (28.18) | |
| | | 700m | 1:01.60 | (33.20) | 700m | 1:00.18 | (32.00) | |
| | | 1100m | 1:37.07 | (35.47) | 1100m | 1:34.76 | (34.58) | |
| | | 1500m | 2:13.16 | (36.09) | 1500m | 2:10.63 | (35.87) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 80 | gl | 9 | Kailey van der Veen | | DC1 | 2:16.53 | 2:15.19 | PR |
| | bl | 8 | Marrit Bosma | | DC1 | 2:15.54 | 2:16.24 | |
| | | Kailey van der Veen | | | Marrit Bosma | | | |
| | | 300m | 29.78 | (29.78) | 300m | 29.78 | (29.78) | |
| | | 700m | 1:03.69 | (33.91) | 700m | 1:03.49 | (33.71) | |
| | | 1100m | 1:39.27 | (35.58) | 1100m | 1:39.22 | (35.73) | |
| | | 1500m | 2:15.19 | (35.92) | 1500m | 2:16.24 | (37.02) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-------|----|------------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 81 | wt | 4 | Mart Sypersma | | HC2 | 2:08.67 | 2:05.54 | PR |
| | rd | 54 | Willeke Bouwhuis | | DB1 | 2:13.45 | 2:10.24 | PR |
| | | Mart Sypersma | | | Willeke Bouwhuis | | | |
| | | 300m | 27.10 | (27.10) | 300m | 28.35 | (28.35) | |
| | | 700m | 58.71 | (31.61) | 700m | 1:00.84 | (32.49) | |
| | | 1100m | 1:31.42 | (32.71) | 1100m | 1:35.32 | (34.48) | |
| | | 1500m | 2:05.54 | (34.12) | 1500m | 2:10.24 | (34.92) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 82 | gl | 6 | Tijn Bijma | | HC1 | 2:12.70 | 2:08.91 | PR |
| | bl | 27 | Marika de Glee | | DB2 | 2:07.91 | 2:06.66 | PR |
| | | Tijn Bijma | | | Marika de Glee | | | |
| | | 300m | 27.83 | (27.83) | 300m | 26.89 | (26.89) | |
| | | 700m | 59.76 | (31.93) | 700m | 58.47 | (31.58) | |
| | | 1100m | 1:34.10 | (34.34) | 1100m | 1:32.01 | (33.54) | |
| | | 1500m | 2:08.91 | (34.81) | 1500m | 2:06.66 | (34.65) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 83 | wt | 78 | Tosca Mulder | | DN1 | 2:09.27 | 2:09.54 | |
| | rd | 15 | Anton van der Tol | | HC2 | 2:10.56 | 2:06.18 | PR |
| | | Tosca Mulder | | | Anton van der Tol | | | |
| | | 300m | 27.53 | (27.53) | 300m | 28.00 | (28.00) | |
| | | 700m | 58.88 | (31.35) | 700m | 59.45 | (31.45) | |
| | | 1100m | 1:32.57 | (33.69) | 1100m | 1:32.21 | (32.76) | |
| | | 1500m | 2:09.54 | (36.97) | 1500m | 2:06.18 | (33.97) | |
| <hr/> | | | | | | | | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 84 | gl | 71 | Elbrich Nicolay | | DA1 | 2:08.20 | 2:05.53 | PR |
| | bl | 28 | Eva-Sofie Elferink | | DC2 | 2:10.58 | 2:08.70 | PR |
| | | Elbrich Nicolay | | | Eva-Sofie Elferink | | | |
| | | 300m | 27.72 | (27.72) | 300m | 29.28 | (29.28) | |
| | | 700m | 58.64 | (30.92) | 700m | 1:01.50 | (32.22) | |
| | | 1100m | 1:31.07 | (32.43) | 1100m | 1:34.40 | (32.90) | |
| | | 1500m | 2:05.53 | (34.46) | 1500m | 2:08.70 | (34.30) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 85 | wt | 84 Sylvia de Vries | DA2 | 2:07.87 | 2:05.15 | PR |
| | rd | 14 Huub Adema | HB1 | 2:06.99 | WDR | |

Sylvia de Vries

| | | |
|-------|---------|---------|
| 300m | 27.74 | (27.74) |
| 700m | 58.49 | (30.75) |
| 1100m | 1:30.90 | (32.41) |
| 1500m | 2:05.15 | (34.25) |

Huub Adema

| | | |
|-------|---------|---------|
| 300m | 26.50 | (26.50) |
| 700m | 57.74 | (31.24) |
| 1100m | 1:31.25 | (33.51) |
| 1500m | 2:05.08 | (33.83) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 86 | gl | 47 Jelte Hellinga | HB1 | 2:06.24 | 2:05.21 | PR |
| | bl | 31 Johannes Hoomans | HC1 | 2:06.92 | 2:05.08 | PR |

Jelte Hellinga

| | | |
|-------|---------|---------|
| 300m | 27.48 | (27.48) |
| 700m | 59.00 | (31.52) |
| 1100m | 1:32.08 | (33.08) |
| 1500m | 2:05.21 | (33.13) |

Johannes Hoomans

| | | |
|-------|---------|---------|
| 300m | 26.50 | (26.50) |
| 700m | 57.74 | (31.24) |
| 1100m | 1:31.25 | (33.51) |
| 1500m | 2:05.08 | (33.83) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 87 | wt | 115 Milan Rietveld | HB2 | 1:58.93 | 2:00.22 | |
| | rd | 124 Hilde Noppert | DN4 | 2:04.89 | 2:04.62 | PR |

Milan Rietveld

| | | |
|-------|---------|---------|
| 300m | 26.64 | (26.64) |
| 700m | 56.72 | (30.08) |
| 1100m | 1:27.80 | (31.08) |
| 1500m | 2:00.22 | (32.42) |

Hilde Noppert

| | | |
|-------|---------|---------|
| 300m | 27.14 | (27.14) |
| 700m | 57.43 | (30.29) |
| 1100m | 1:30.30 | (32.87) |
| 1500m | 2:04.62 | (34.32) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 88 | gl | 134 Rick Schuurman | HB1 | 2:04.23 | 2:03.79 | PR |
| | bl | 76 Lidia Tempert | DN4 | 2:04.71 | 2:05.31 | |

Rick Schuurman

| | | |
|-------|---------|---------|
| 300m | 26.90 | (26.90) |
| 700m | 57.83 | (30.93) |
| 1100m | 1:30.08 | (32.25) |
| 1500m | 2:03.79 | (33.71) |

Lidia Tempert

| | | |
|-------|---------|---------|
| 300m | 27.73 | (27.73) |
| 700m | 58.58 | (30.85) |
| 1100m | 1:31.14 | (32.56) |
| 1500m | 2:05.31 | (34.17) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 89 | wt | 22 Jan-Hendrik Hoekstra | HB1 | 1:59.19 | 1:57.43 | PR |
| | rd | 62 Mats Westra | HB2 | 1:59.02 | 1:58.28 | PR |

Jan-Hendrik Hoekstra

| | | |
|-------|---------|---------|
| 300m | 26.49 | (26.49) |
| 700m | 55.72 | (29.23) |
| 1100m | 1:26.20 | (30.48) |
| 1500m | 1:57.43 | (31.23) |

Mats Westra

| | | |
|-------|---------|---------|
| 300m | 25.67 | (25.67) |
| 700m | 54.30 | (28.63) |
| 1100m | 1:25.02 | (30.72) |
| 1500m | 1:58.28 | (33.26) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 90 | gl | 128 Berend Lange | HB1 | 1:57.48 | 2:00.28 | |
| | bl | 75 Chris de Velde | HA1 | 1:56.92 | 1:56.08 | PR |

Berend Lange

| | | |
|-------|---------|---------|
| 300m | 26.01 | (26.01) |
| 700m | 55.27 | (29.26) |
| 1100m | 1:26.97 | (31.70) |
| 1500m | 2:00.28 | (33.31) |

Chris de Velde

| | | |
|-------|---------|---------|
| 300m | 25.52 | (25.52) |
| 700m | 54.54 | (29.02) |
| 1100m | 1:24.90 | (30.36) |
| 1500m | 1:56.08 | (31.18) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 91 | wt | 36 Colin Breed | HB2 | 1:56.85 | 1:54.63 | PR |
| | rd | 126 Piet Hijlkema | H50 | 1:55.13 | 2:03.61 | |

Colin Breed

| | | |
|-------|---------|---------|
| 300m | 25.39 | (25.39) |
| 700m | 54.04 | (28.65) |
| 1100m | 1:23.92 | (29.88) |
| 1500m | 1:54.63 | (30.71) |

Piet Hijlkema

| | | |
|-------|---------|---------|
| 300m | 27.34 | (27.34) |
| 700m | 58.49 | (31.15) |
| 1100m | 1:30.78 | (32.29) |
| 1500m | 2:03.61 | (32.83) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 92 | gl | 74 Jesse de Lange | HN3 | 1:51.59 | 1:51.54 | PR |
| | bl | 79 Jornt Dijk | HN4 | 1:52.46 | 1:52.80 | |

Jesse de Lange

| | | |
|-------|---------|---------|
| 300m | 25.02 | (25.02) |
| 700m | 52.33 | (27.31) |
| 1100m | 1:20.87 | (28.54) |
| 1500m | 1:51.54 | (30.67) |

Jornt Dijk

| | | |
|-------|---------|---------|
| 300m | 25.30 | (25.30) |
| 700m | 53.30 | (28.00) |
| 1100m | 1:22.30 | (29.00) |
| 1500m | 1:52.80 | (30.50) |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

6. Uitslag Junioren C/B (supersprint) 2e 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|-------|-------|--------|
| 1 | 60 Floris van Hardeveld | HB1 | 102 | O | 24.70 | PR | |
| 2 | 63 Niek Bijma | HB1 | 101 | O | 25.98 | | |
| 3 | 24 Pieter Zijlstra | HB1 | 101 | I | 26.36 | | |
| 4 | 23 Melle van der Zee | HC2 | 93 | I | 26.73 | PR | |
| 5 | 39 Naomi Kammeraat | DB1 | 102 | I | 26.79 | PR | |
| 6 | 51 Christian Groenhof | HB2 | 95 | I | 26.87 | PR | |
| 7 | 49 Marit van der Meer | DB1 | 99 | O | 28.39 | | |
| 8 | 25 Hannah de Vries | DC1 | 98 | O | 28.94 | | |
| 9 | 61 Silke Ludema | DB2 | 93 | O | 28.96 | HT PR | |
| 10 | 104 Rosa-Lynn Compagner | DC2 | 97 | O | 28.98 | | |
| 11 | 40 Maaïke Brouwer | DC2 | 100 | O | 29.06 | PR | |
| 12 | 41 Mats Rabbinge | HC2 | 98 | I | 29.26 | PR | |
| 13 | 120 Sven Burghoorn | HC2 | 94 | O | 29.64 | HT FL | |
| 14 | 67 Freya Goerres | DB1 | 96 | O | 29.96 | PR | |
| 15 | 20 Robine Lubbinge | DC2 | 100 | I | 30.49 | | |
| 16 | 17 Marriët van der Tol | DB2 | 99 | I | 30.60 | | |
| 17 | 66 Alyne Goerres | DC1 | 95 | O | 31.98 | | |
| 18 | 53 Foske Bouma | DC2 | 96 | I | 32.38 | | |
| 19 | 98 Lize Romy Elzinga | DC1 | 94 | I | 32.73 | PR | |
| | 35 Jente Kiwiet | HC2 | | | WDR | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

6. Rituitslag Junioren C/B (supersprint) 2e 300 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|--------------|-------|
| 93 | wt | 23 | Melle van der Zee | | HC2 | 34.70 | 26.73 | PR |
| | rd | 61 | Silke Ludema | | DB2 | 38.55 | 28.96 | HT PR |
| | | <u>Melle van der Zee</u> | | | <u>Silke Ludema</u> | | | |
| | | 300m | 26.73 | (26.73) | 300m | 28.96 | (28.96) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------------|--------------------------|---------|-----------------------|-------|--------------|-------|
| 94 | gl | 98 | Lize Romy Elzinga | | DC1 | 33.87 | 32.73 | PR |
| | bl | 120 | Sven Burghoorn | | HC2 | | 29.64 | HT FL |
| | | <u>Lize Romy Elzinga</u> | | | <u>Sven Burghoorn</u> | | | |
| | | 300m | 32.73 | (32.73) | 300m | 29.64 | (29.64) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|----------------------|-------|--------------|------|
| 95 | wt | 51 | Christian Groenhof | | HB2 | 32.24 | 26.87 | PR |
| | rd | 66 | Alyne Goerres | | DC1 | 32.39 | 31.98 | |
| | | <u>Christian Groenhof</u> | | | <u>Alyne Goerres</u> | | | |
| | | 300m | 26.87 | (26.87) | 300m | 31.98 | (31.98) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--------------------|----------------------|---------|----------------------|-------|--------------|------|
| 96 | gl | 53 | Foske Bouma | | DC2 | 32.14 | 32.38 | |
| | bl | 67 | Freya Goerres | | DB1 | 32.47 | 29.96 | PR |
| | | <u>Foske Bouma</u> | | | <u>Freya Goerres</u> | | | |
| | | 300m | 32.38 | (32.38) | 300m | 29.96 | (29.96) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|----------------------------|-----|----------------------------|-------|--------------|------|
| 97 | wt | 35 | Jente Kiwiet | | HC2 | 29.89 | WDR | |
| | rd | 104 | Rosa-Lynn Compagner | | DC2 | 30.31 | 28.98 | |
| | | <u>Jente Kiwiet</u> | | | <u>Rosa-Lynn Compagner</u> | | | |
| | | | | | 300m | 28.98 | (28.98) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 98 | gl | 41 | Mats Rabbinge | | HC2 | 30.93 | 29.26 | PR |
| | bl | 25 | Hannah de Vries | | DC1 | 29.98 | 28.94 | |
| | | Mats Rabbinge | | | Hannah de Vries | | | |
| | | 300m | 29.26 | (29.26) | 300m | 28.94 | (28.94) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------------|----------------------------|---------|---------------------------|-------|--------------|------|
| 99 | wt | 17 | Marriët van der Tol | | DB2 | 29.87 | 30.60 | |
| | rd | 49 | Marit van der Meer | | DB1 | 28.64 | 28.39 | |
| | | Marriët van der Tol | | | Marit van der Meer | | | |
| | | 300m | 30.60 | (30.60) | 300m | 28.39 | (28.39) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|-----|----|------------------------|------------------------|---------|-----------------------|-------|--------------|------|
| 100 | gl | 20 | Robine Lubbinge | | DC2 | 29.31 | 30.49 | |
| | bl | 40 | Maaïke Brouwer | | DC2 | 29.25 | 29.06 | PR |
| | | Robine Lubbinge | | | Maaïke Brouwer | | | |
| | | 300m | 30.49 | (30.49) | 300m | 29.06 | (29.06) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|-----|----|------------------------|------------------------|---------|-------------------|-------|--------------|------|
| 101 | wt | 24 | Pieter Zijlstra | | HB1 | 27.05 | 26.36 | |
| | rd | 63 | Niek Bijma | | HB1 | 25.80 | 25.98 | |
| | | Pieter Zijlstra | | | Niek Bijma | | | |
| | | 300m | 26.36 | (26.36) | 300m | 25.98 | (25.98) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|-----|----|------------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 102 | gl | 39 | Naomi Kammeraat | | DB1 | 27.38 | 26.79 | PR |
| | bl | 60 | Floris van Hardeveld | | HB1 | 25.07 | 24.70 | PR |
| | | Naomi Kammeraat | | | Floris van Hardeveld | | | |
| | | 300m | 26.79 | (26.79) | 300m | 24.70 | (24.70) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

7. Uitslag Junioren C en ouder 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1 | 130 Mervin Maatman | HN3 | 115 | O | 1:11.55 | PR | |
| 2 | 109 Tom Nijdam | HN1 | 115 | I | 1:14.75 | PR | |
| 3 | 82 Roel Regts | HA1 | 116 | I | 1:16.01 | PR | |
| 4 | 99 Jildou Schaaf | DN1 | 113 | O | 1:21.75 | | |
| 5 | 131 Silke Hijma | DN1 | 114 | I | 1:24.15 | | |
| 6 | 121 Lieke Hijlkema | DB2 | 113 | I | 1:25.85 | PR | |
| 7 | 72 Mayke Vriesinga | DA1 | 114 | O | 1:27.20 | | |
| 8 | 81 Cerinthe De Jonge | DA2 | 112 | I | 1:27.22 | | |
| 9 | 42 Wester van der Heide | HC2 | 110 | O | 1:28.33 | PR | |
| 10 | 92 Jasper Knulst | H50 | 111 | I | 1:28.41 | | |
| 11 | 32 Kaya Kolder | DC1 | 109 | O | 1:29.42 | PR | |
| 12 | 87 Mettie de Vegt | DSB | 112 | O | 1:30.00 | | |
| 13 | 52 Nienke Valkenburg | DB2 | 110 | I | 1:31.73 | PR | |
| 14 | 2 Amber Feller | DC2 | 108 | I | 1:34.18 | PR | |
| 15 | 59 Gerianne Kromkamp | DC1 | 107 | I | 1:34.74 | PR | |
| 16 | 90 Corien de Jong | DA1 | 109 | I | 1:35.74 | | |
| 17 | 64 Kim van der Graaf | DC2 | 107 | O | 1:35.99 | PR | |
| 18 | 102 Rimer Tjoelker | HC1 | 106 | I | 1:37.56 | PR | |
| 19 | 46 Maud Jubbega | DC1 | 103 | I | 1:40.43 | PR | |
| 20 | 26 Eline Teeninga | DC1 | 106 | O | 1:42.73 | | |
| 21 | 65 Lisanne Bloem | DC1 | 105 | O | 1:43.06 | | |
| 22 | 105 Nina Kuiken | DB2 | 105 | I | 1:44.41 | | |
| 23 | 21 Aimee Prins | DC1 | 103 | O | 1:45.87 | | |
| 24 | 50 Jildou de Haan | DC1 | 104 | I | 1:46.59 | | |
| 25 | 45 Jant Anna Pasveer | DC1 | 104 | O | 1:50.76 | | |
| | 19 Merel Vlug | DC1 | 108 | O | | DQ | |
| | 58 Martijn Westerhof | HB2 | 111 | O | | DQ | |
| | 89 Gijs Kamp | HN1 | | | | WDR | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

7. Rituitslag Junioren C en ouder 1000 meter

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|------------------------|-----------------|--------------------|-----------------|------|
| 103 | wt | 46 Maud Jubbega | DC1 | 1:44.45 | 1:40.43 | PR |
| | rd | 21 Aimee Prins | DC1 | | 1:45.87 | |
| | | Maud Jubbega | | Aimee Prins | | |
| | | 200m | 23.15 (23.15) | 200m | 24.45 (24.45) | |
| | | 600m | 1:01.40 (38.25) | 600m | 1:04.62 (40.17) | |
| | | 1000m | 1:40.43 (39.03) | 1000m | 1:45.87 (41.25) | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|-----------------------------|-----------------|--------------------------|-----------------|------|
| 104 | gl | 50 Jildou de Haan | DC1 | | 1:46.59 | |
| | bl | 45 Jant Anna Pasveer | DC1 | | 1:50.76 | |
| | | Jildou de Haan | | Jant Anna Pasveer | | |
| | | 200m | 24.11 (24.11) | 200m | 25.04 (25.04) | |
| | | 600m | 1:04.45 (40.34) | 600m | 1:06.98 (41.94) | |
| | | 1000m | 1:46.59 (42.14) | 1000m | 1:50.76 (43.78) | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|-------------------------|-----------------|----------------------|-----------------|------|
| 105 | wt | 105 Nina Kuiken | DB2 | 1:40.66 | 1:44.41 | |
| | rd | 65 Lisanne Bloem | DC1 | 1:42.89 | 1:43.06 | |
| | | Nina Kuiken | | Lisanne Bloem | | |
| | | 200m | 24.23 (24.23) | 200m | 24.20 (24.20) | |
| | | 600m | 1:02.19 (37.96) | 600m | 1:02.04 (37.84) | |
| | | 1000m | 1:44.41 (42.22) | 1000m | 1:43.06 (41.02) | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|---------------------------|-----------------|-----------------------|-----------------|------|
| 106 | gl | 102 Rimer Tjoelker | HC1 | 1:40.71 | 1:37.56 | PR |
| | bl | 26 Eline Teeninga | DC1 | 1:39.18 | 1:42.73 | |
| | | Rimer Tjoelker | | Eline Teeninga | | |
| | | 200m | 21.94 (21.94) | 200m | 23.47 (23.47) | |
| | | 600m | 57.74 (35.80) | 600m | 1:01.34 (37.87) | |
| | | 1000m | 1:37.56 (39.82) | 1000m | 1:42.73 (41.39) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 107 | wt | 59 | Gerianne Kromkamp | | DC1 | 1:40.23 | 1:34.74 | PR |
| | rd | 64 | Kim van der Graaf | | DC2 | 1:37.29 | 1:35.99 | PR |
| | | Gerianne Kromkamp | | | Kim van der Graaf | | | |
| | | 200m | 22.09 | (22.09) | 200m | 21.95 | (21.95) | |
| | | 600m | 57.25 | (35.16) | 600m | 57.36 | (35.41) | |
| | | 1000m | 1:34.74 | (37.49) | 1000m | 1:35.99 | (38.63) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|---------------------|---------------------|---------|-------------------|---------|----------------|------|
| 108 | gl | 2 | Amber Feller | | DC2 | 1:36.07 | 1:34.18 | PR |
| | bl | 19 | Merel Vlug | | DC1 | 1:36.43 | DQ | |
| | | Amber Feller | | | Merel Vlug | | | |
| | | 200m | 21.86 | (21.86) | | | | |
| | | 600m | 56.46 | (34.60) | | | | |
| | | 1000m | 1:34.18 | (37.72) | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-----------------------|-----------------------|---------|--------------------|---------|----------------|------|
| 109 | wt | 90 | Corien de Jong | | DA1 | 1:33.84 | 1:35.74 | |
| | rd | 32 | Kaya Kolder | | DC1 | 1:29.86 | 1:29.42 | PR |
| | | Corien de Jong | | | Kaya Kolder | | | |
| | | 200m | 21.96 | (21.96) | 200m | 21.93 | (21.93) | |
| | | 600m | 57.47 | (35.51) | 600m | 54.96 | (33.03) | |
| | | 1000m | 1:35.74 | (38.27) | 1000m | 1:29.42 | (34.46) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------------|-----------------------------|---------|-----------------------------|---------|----------------|------|
| 110 | gl | 52 | Nienke Valkenburg | | DB2 | 1:33.15 | 1:31.73 | PR |
| | bl | 42 | Wester van der Heide | | HC2 | 1:30.03 | 1:28.33 | PR |
| | | Nienke Valkenburg | | | Wester van der Heide | | | |
| | | 200m | 20.94 | (20.94) | 200m | 20.77 | (20.77) | |
| | | 600m | 54.41 | (33.47) | 600m | 53.47 | (32.70) | |
| | | 1000m | 1:31.73 | (37.32) | 1000m | 1:28.33 | (34.86) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 111 | wt | 92 | Jasper Knulst | | H50 | 1:26.15 | 1:28.41 | |
| | rd | 58 | Martijn Westerhof | | HB2 | 1:28.99 | DQ | |
| | | Jasper Knulst | | | Martijn Westerhof | | | |
| | | 200m | 20.91 | (20.91) | | | | |
| | | 600m | 53.36 | (32.45) | | | | |
| | | 1000m | 1:28.41 | (35.05) | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------------|--------------------------|---------|-----------------------|---------|----------------|------|
| 112 | gl | 81 | Cerinthe De Jonge | | DA2 | 1:26.18 | 1:27.22 | |
| | bl | 87 | Mettie de Vegt | | DSB | 1:26.83 | 1:30.00 | |
| | | Cerinthe De Jonge | | | Mettie de Vegt | | | |
| | | 200m | 19.62 | (19.62) | 200m | 22.01 | (22.01) | |
| | | 600m | 51.19 | (31.57) | 600m | 55.37 | (33.36) | |
| | | 1000m | 1:27.22 | (36.03) | 1000m | 1:30.00 | (34.63) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|
| 113 | wt | 121 | Lieke Hijlkema | | DB2 | 1:25.91 | 1:25.85 | PR |
| | rd | 99 | Jildou Schaaf | | DN1 | 1:21.05 | 1:21.75 | |
| | | Lieke Hijlkema | | | Jildou Schaaf | | | |
| | | 200m | 20.18 | (20.18) | 200m | 19.34 | (19.34) | |
| | | 600m | 51.17 | (30.99) | 600m | 49.41 | (30.07) | |
| | | 1000m | 1:25.85 | (34.68) | 1000m | 1:21.75 | (32.34) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------|------------------------|---------|------------------------|---------|----------------|------|
| 114 | gl | 131 | Silke Hijma | | DN1 | 1:22.30 | 1:24.15 | |
| | bl | 72 | Mayke Vriesinga | | DA1 | 1:25.92 | 1:27.20 | |
| | | Silke Hijma | | | Mayke Vriesinga | | | |
| | | 200m | 20.10 | (20.10) | 200m | 20.16 | (20.16) | |
| | | 600m | 50.42 | (30.32) | 600m | 52.41 | (32.25) | |
| | | 1000m | 1:24.15 | (33.73) | 1000m | 1:27.20 | (34.79) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | Cat | | PR | Tijd | Info |
|-----|----|-------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 115 | wt | 109 | Tom Nijdam | | HN1 | 1:15.19 | 1:14.75 | PR |
| | rd | 130 | Mervin Maatman | | HN3 | 1:11.86 | 1:11.55 | PR |
| | | Tom Nijdam | | | Mervin Maatman | | | |
| | | 200m | 17.95 | (17.95) | 200m | 17.05 | (17.05) | |
| | | 600m | 45.43 | (27.48) | 600m | 43.59 | (26.54) | |
| | | 1000m | 1:14.75 | (29.32) | 1000m | 1:11.55 | (27.96) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|-----|----|-------------------|-------------------|---------|------------------|---------|----------------|------|
| 116 | gl | 82 | Roel Regts | | HA1 | 1:16.28 | 1:16.01 | PR |
| | bl | 89 | Gijs Kamp | | HN1 | 1:14.16 | WDR | |
| | | Roel Regts | | | Gijs Kamp | | | |
| | | 200m | 17.90 | (17.90) | | | | |
| | | 600m | 46.40 | (28.50) | | | | |
| | | 1000m | 1:16.01 | (29.61) | | | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

8. Uitslag Junioren B en ouder 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------|-----|------|------|---------|-------|--------|
| 1 | 77 Anna Marit Sybrandi | DN1 | 122 | O | 4:15.70 | PR | |
| 2 | 93 Lisan van der Linde | DN2 | 121 | I | 4:22.90 | PR | |
| 3 | 111 Joas Woudstra | HSB | 122 | I | 4:23.98 | | |
| 4 | 133 Jasmijn Veenhuis | DB2 | 119 | O | 4:25.46 | PR | |
| 5 | 103 Jarno Haitjema | HB2 | 120 | O | 4:26.11 | PR | |
| 6 | 116 Romée Ebbinge | DSA | 121 | O | 4:29.07 | | |
| 7 | 122 Quinty van Klink | DN4 | 120 | I | 4:30.18 | PR | |
| 8 | 132 Wessel Wijnja | HSB | 117 | O | 4:33.28 | HT PR | |
| 9 | 96 Geert Fekken | H45 | 119 | I | 4:33.62 | | |
| 10 | 70 Nynke Tinga | DA1 | 118 | I | 4:37.31 | HT PR | |
| 11 | 95 Rianne Gerritsen | D40 | 117 | I | 5:07.39 | HT | |
| | 118 Sandra v/d Heide | DB2 | 118 | O | DQ | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

8. Rituitslag Junioren B en ouder 3000 meter

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|----------------------------|-----|-----------------------|----------------|-------|
| 117 | wt | 95 Rianne Gerritsen | D40 | 5:06.67 | 5:07.39 | HT |
| | rd | 132 Wessel Wijnja | HSB | 4:47.47 | 4:33.28 | HT PR |
| | | Rianne Gerritsen | | Wessel Wijnja | | |
| | | 200m 0.00 (.00) | | 200m 21.09 (21.09) | | |
| | | 600m 1:00.15 (60.15) | | 600m 53.88 (32.79) | | |
| | | 1000m 1:38.94 (38.79) | | 1000m 1:27.88 (34.00) | | |
| | | 1400m 2:19.64 (40.70) | | 1400m 2:03.29 (35.41) | | |
| | | 1800m 3:01.16 (41.52) | | 1800m 2:39.80 (36.51) | | |
| | | 2200m 3:43.40 (42.24) | | 2200m 3:16.94 (37.14) | | |
| | | 2600m 4:25.21 (41.81) | | 2600m 3:54.78 (37.84) | | |
| | | 3000m 5:07.39 (42.18) | | 3000m 4:33.28 (38.50) | | |

| | | Naam | Cat | PR | Tijd | Info |
|-----|----|-----------------------------|-----|-------------------------|----------------|-------|
| 118 | gl | 70 Nynke Tinga | DA1 | 4:40.78 | 4:37.31 | HT PR |
| | bl | 118 Sandra v/d Heide | DB2 | | DQ | |
| | | Nynke Tinga | | Sandra v/d Heide | | |
| | | 200m 20.82 (20.82) | | | | |
| | | 600m 55.46 (34.64) | | | | |
| | | 1000m 1:31.67 (36.21) | | | | |
| | | 1400m 2:08.75 (37.08) | | | | |
| | | 1800m 2:46.05 (37.30) | | | | |
| | | 2200m 3:22.74 (36.69) | | | | |
| | | 2600m 3:59.86 (37.12) | | | | |
| | | 3000m 4:37.31 (37.45) | | | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-----------------------------|---------|---------|-------------------------|---------|----------------|------|
| 119 | wt | 96 Geert Fekken | | | H45 | 4:33.21 | 4:33.62 | |
| | rd | 133 Jasmijn Veenhuis | | | DB2 | 4:34.01 | 4:25.46 | PR |
| | | Geert Fekken | | | Jasmijn Veenhuis | | | |
| | | 200m | 21.43 | (21.43) | 200m | 20.78 | (20.78) | |
| | | 600m | 56.04 | (34.61) | 600m | 54.29 | (33.51) | |
| | | 1000m | 1:32.03 | (35.99) | 1000m | 1:28.54 | (34.25) | |
| | | 1400m | 2:07.89 | (35.86) | 1400m | 2:02.89 | (34.35) | |
| | | 1800m | 2:43.50 | (35.61) | 1800m | 2:37.88 | (34.99) | |
| | | 2200m | 3:19.62 | (36.12) | 2200m | 3:13.40 | (35.52) | |
| | | 2600m | 3:56.26 | (36.64) | 2600m | 3:49.53 | (36.13) | |
| | | 3000m | 4:33.62 | (37.36) | 3000m | 4:25.46 | (35.93) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|-----------------------------|---------|---------|-----------------------|---------|----------------|------|
| 120 | gl | 122 Quinty van Klink | | | DN4 | 4:32.22 | 4:30.18 | PR |
| | bl | 103 Jarno Haitjema | | | HB2 | 4:27.86 | 4:26.11 | PR |
| | | Quinty van Klink | | | Jarno Haitjema | | | |
| | | 200m | 22.17 | (22.17) | 200m | 21.67 | (21.67) | |
| | | 600m | 55.48 | (33.31) | 600m | 55.62 | (33.95) | |
| | | 1000m | 1:29.49 | (34.01) | 1000m | 1:29.60 | (33.98) | |
| | | 1400m | 2:04.39 | (34.90) | 1400m | 2:03.67 | (34.07) | |
| | | 1800m | 2:39.90 | (35.51) | 1800m | 2:38.92 | (35.25) | |
| | | 2200m | 3:15.97 | (36.07) | 2200m | 3:14.37 | (35.45) | |
| | | 2600m | 3:52.78 | (36.81) | 2600m | 3:50.35 | (35.98) | |
| | | 3000m | 4:30.18 | (37.40) | 3000m | 4:26.11 | (35.76) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------------|----------------------------|---------|----------------------|---------|----------------|------|
| 121 | wt | 93 | Lisan van der Linde | | DN2 | 4:27.00 | 4:22.90 | PR |
| | rd | 116 | Romée Ebbinge | | DSA | 4:28.50 | 4:29.07 | |
| | | <u>Lisan van der Linde</u> | | | <u>Romée Ebbinge</u> | | | |
| | | 200m | 21.33 | (21.33) | 200m | 21.53 | (21.53) | |
| | | 600m | 54.09 | (32.76) | 600m | 54.43 | (32.90) | |
| | | 1000m | 1:27.28 | (33.19) | 1000m | 1:28.52 | (34.09) | |
| | | 1400m | 2:01.13 | (33.85) | 1400m | 2:03.32 | (34.80) | |
| | | 1800m | 2:35.17 | (34.04) | 1800m | 2:38.91 | (35.59) | |
| | | 2200m | 3:09.66 | (34.49) | 2200m | 3:15.02 | (36.11) | |
| | | 2600m | 3:45.71 | (36.05) | 2600m | 3:51.81 | (36.79) | |
| | | 3000m | 4:22.90 | (37.19) | 3000m | 4:29.07 | (37.26) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|----------------------|----------------------------|---------|----------------------------|---------|----------------|------|
| 122 | gl | 111 | Joas Woudstra | | HSB | 4:23.94 | 4:23.98 | |
| | bl | 77 | Anna Marit Sybrandi | | DN1 | 4:20.53 | 4:15.70 | PR |
| | | <u>Joas Woudstra</u> | | | <u>Anna Marit Sybrandi</u> | | | |
| | | 200m | 21.50 | (21.50) | 200m | 21.17 | (21.17) | |
| | | 600m | 54.12 | (32.62) | 600m | 53.23 | (32.06) | |
| | | 1000m | 1:27.39 | (33.27) | 1000m | 1:26.30 | (33.07) | |
| | | 1400m | 2:01.70 | (34.31) | 1400m | 1:59.69 | (33.39) | |
| | | 1800m | 2:36.75 | (35.05) | 1800m | 2:33.03 | (33.34) | |
| | | 2200m | 3:12.16 | (35.41) | 2200m | 3:06.89 | (33.86) | |
| | | 2600m | 3:47.83 | (35.67) | 2600m | 3:41.16 | (34.27) | |
| | | 3000m | 4:23.98 | (36.15) | 3000m | 4:15.70 | (34.54) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

9. Uitslag Junioren A en ouder 5000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-------------------------------|-----|------|------|----------------|------|--------|
| 1 | 88 Mika Kolder | HA1 | 123 | O | 6:41.17 | PR | |
| 2 | 94 Hidde Westra | HN1 | 127 | O | 6:46.51 | PR | |
| 3 | 68 Sietse de Vries | HA1 | 123 | I | 6:49.42 | | |
| 4 | 108 Loek van Vilsteren | HN1 | 126 | O | 6:50.03 | PR | |
| 5 | 73 Jasper Tinga | HN1 | 128 | I | 6:51.62 | | |
| 6 | 119 Rick Meijer | HN2 | 125 | I | 6:52.90 | PR | |
| 7 | 97 Dyon Talsma | HN3 | 128 | O | 6:53.51 | PR | |
| 8 | 80 Johan Bouwhuis | HA1 | 124 | I | 6:54.24 | | |
| 9 | 113 Bram van Essen | HN3 | 127 | I | 7:01.45 | | |
| 10 | 83 Pieter-Jorn Gemser | H40 | 126 | I | 7:06.21 | | |
| 11 | 114 Max Douma | HSA | 125 | O | 7:13.71 | | |
| | 91 Sille Hut | HA2 | 124 | O | DNF | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

9. Rituitslag Junioren A en ouder 5000 meter

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|---------------------------|---------|---------|--------------------|---------|----------------|------|
| 123 | wt | 68 Sietse de Vries | | | HA1 | | 6:49.42 | |
| | rd | 88 Mika Kolder | | | HA1 | 7:25.29 | 6:41.17 | PR |
| | | Sietse de Vries | | | Mika Kolder | | | |
| | | 200m | 20.02 | (20.02) | 200m | 19.50 | (19.50) | |
| | | 600m | 51.36 | (31.34) | 600m | 50.21 | (30.71) | |
| | | 1000m | 1:23.42 | (32.06) | 1000m | 1:21.19 | (30.98) | |
| | | 1400m | 1:55.80 | (32.38) | 1400m | 1:52.78 | (31.59) | |
| | | 1800m | 2:28.13 | (32.33) | 1800m | 2:24.56 | (31.78) | |
| | | 2200m | 3:00.48 | (32.35) | 2200m | 2:56.29 | (31.73) | |
| | | 2600m | 3:32.76 | (32.28) | 2600m | 3:28.11 | (31.82) | |
| | | 3000m | 4:04.91 | (32.15) | 3000m | 4:00.05 | (31.94) | |
| | | 3400m | 4:36.80 | (31.89) | 3400m | 4:32.12 | (32.07) | |
| | | 3800m | 5:08.98 | (32.18) | 3800m | 5:04.20 | (32.08) | |
| | | 4200m | 5:38.88 | (29.90) | 4200m | 5:36.42 | (32.22) | |
| | | 4600m | 6:08.78 | (29.90) | 4600m | 6:08.79 | (32.37) | |
| | | 5000m | 6:49.42 | (40.64) | 5000m | 6:41.17 | (32.38) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------------|---------|---------|------------------|---------|----------------|------|
| 124 | gl | 80 Johan Bouwhuis | | | HA1 | | 6:54.24 | |
| | bl | 91 Sille Hut | | | HA2 | | DNF | |
| | | Johan Bouwhuis | | | Sille Hut | | | |
| | | 200m | 19.64 | (19.64) | 200m | 19.20 | (19.20) | |
| | | 600m | 51.33 | (31.69) | 600m | 50.23 | (31.03) | |
| | | 1000m | 1:23.49 | (32.16) | 1000m | 1:22.47 | (32.24) | |
| | | 1400m | 1:56.17 | (32.68) | 1400m | 1:55.12 | (32.65) | |
| | | 1800m | 2:28.34 | (32.17) | 1800m | 2:27.92 | (32.80) | |
| | | 2200m | 3:00.82 | (32.48) | 2200m | 3:00.77 | (32.85) | |
| | | 2600m | 3:33.65 | (32.83) | 2600m | 3:34.50 | (33.73) | |
| | | 3000m | 4:06.54 | (32.89) | 3000m | 4:09.49 | (34.99) | |
| | | 3400m | 4:39.46 | (32.92) | 3400m | 4:46.64 | (37.15) | |
| | | 3800m | 5:12.59 | (33.13) | 3800m | 5:21.43 | (34.79) | |
| | | 4200m | 5:46.09 | (33.50) | | | | |
| | | 4600m | 6:20.27 | (34.18) | | | | |
| | | 5000m | 6:54.24 | (33.97) | | | | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|--------------------|--------------------|---------|------------------|---------|----------------|------|
| 125 | wt | 119 | Rick Meijer | | HN2 | 6:59.37 | 6:52.90 | PR |
| | rd | 114 | Max Douma | | HSA | 7:00.53 | 7:13.71 | |
| | | Rick Meijer | | | Max Douma | | | |
| | | 200m | 19.30 | (19.30) | 200m | 19.38 | (19.38) | |
| | | 600m | 51.04 | (31.74) | 600m | 50.58 | (31.20) | |
| | | 1000m | 1:24.09 | (33.05) | 1000m | 1:23.29 | (32.71) | |
| | | 1400m | 1:56.44 | (32.35) | 1400m | 1:56.12 | (32.83) | |
| | | 1800m | 2:28.61 | (32.17) | 1800m | 2:29.36 | (33.24) | |
| | | 2200m | 3:00.94 | (32.33) | 2200m | 3:03.25 | (33.89) | |
| | | 2600m | 3:33.28 | (32.34) | 2600m | 3:37.92 | (34.67) | |
| | | 3000m | 4:05.44 | (32.16) | 3000m | 4:13.33 | (35.41) | |
| | | 3400m | 4:37.71 | (32.27) | 3400m | 4:49.49 | (36.16) | |
| | | 3800m | 5:10.54 | (32.83) | 3800m | 5:25.52 | (36.03) | |
| | | 4200m | 5:44.11 | (33.57) | 4200m | 6:01.19 | (35.67) | |
| | | 4600m | 6:18.40 | (34.29) | 4600m | 6:37.39 | (36.20) | |
| | | 5000m | 6:52.90 | (34.50) | 5000m | 7:13.71 | (36.32) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|-----|----|---------------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 126 | gl | 83 | Pieter-Jorn Gemser | | H40 | 7:04.76 | 7:06.21 | |
| | bl | 108 | Loek van Vilsteren | | HN1 | 6:58.04 | 6:50.03 | PR |
| | | Pieter-Jorn Gemser | | | Loek van Vilsteren | | | |
| | | 200m | 21.29 | (21.29) | 200m | 19.48 | (19.48) | |
| | | 600m | 54.09 | (32.80) | 600m | 50.20 | (30.72) | |
| | | 1000m | 1:26.78 | (32.69) | 1000m | 1:21.57 | (31.37) | |
| | | 1400m | 1:59.64 | (32.86) | 1400m | 1:53.04 | (31.47) | |
| | | 1800m | 2:32.79 | (33.15) | 1800m | 2:24.45 | (31.41) | |
| | | 2200m | 3:06.33 | (33.54) | 2200m | 2:56.05 | (31.60) | |
| | | 2600m | 3:40.04 | (33.71) | 2600m | 3:28.17 | (32.12) | |
| | | 3000m | 4:14.07 | (34.03) | 3000m | 4:00.62 | (32.45) | |
| | | 3400m | 4:48.12 | (34.05) | 3400m | 4:33.37 | (32.75) | |
| | | 3800m | 5:22.53 | (34.41) | 3800m | 5:06.79 | (33.42) | |
| | | 4200m | 5:57.15 | (34.62) | 4200m | 5:40.76 | (33.97) | |
| | | 4600m | 6:31.87 | (34.72) | 4600m | 6:15.26 | (34.50) | |
| | | 5000m | 7:06.21 | (34.34) | 5000m | 6:50.03 | (34.77) | |

Supersprint C/B junioren & Gew. wedstr A jun en ouder

Thialf - Heerenveen

| | | Naam | Cat | | PR | Tijd | Info |
|-----|----|---------------------------|---------|---------|---------------------|----------------|---------|
| 127 | wt | 113 Bram van Essen | HN3 | | 6:57.83 | 7:01.45 | |
| | rd | 94 Hidde Westra | HN1 | | 6:48.93 | 6:46.51 | PR |
| | | Bram van Essen | | | Hidde Westra | | |
| | | 200m | 19.83 | (19.83) | 200m | 20.30 | (20.30) |
| | | 600m | 52.78 | (32.95) | 600m | 52.90 | (32.60) |
| | | 1000m | 1:25.85 | (33.07) | 1000m | 1:25.53 | (32.63) |
| | | 1400m | 1:58.49 | (32.64) | 1400m | 1:57.53 | (32.00) |
| | | 1800m | 2:30.70 | (32.21) | 1800m | 2:29.27 | (31.74) |
| | | 2200m | 3:03.64 | (32.94) | 2200m | 3:00.90 | (31.63) |
| | | 2600m | 3:36.58 | (32.94) | 2600m | 3:32.60 | (31.70) |
| | | 3000m | 4:09.49 | (32.91) | 3000m | 4:04.27 | (31.67) |
| | | 3400m | 4:42.76 | (33.27) | 3400m | 4:35.85 | (31.58) |
| | | 3800m | 5:16.75 | (33.99) | 3800m | 5:07.71 | (31.86) |
| | | 4200m | 5:51.38 | (34.63) | 4200m | 5:40.30 | (32.59) |
| | | 4600m | 6:26.58 | (35.20) | 4600m | 6:13.24 | (32.94) |
| | | 5000m | 7:01.45 | (34.87) | 5000m | 6:46.51 | (33.27) |

| | | Naam | Cat | | PR | Tijd | Info |
|-----|----|------------------------|---------|---------|--------------------|----------------|---------|
| 128 | gl | 73 Jasper Tinga | HN1 | | 6:51.48 | 6:51.62 | |
| | bl | 97 Dyon Talsma | HN3 | | 6:54.03 | 6:53.51 | PR |
| | | Jasper Tinga | | | Dyon Talsma | | |
| | | 200m | 19.79 | (19.79) | 200m | 20.27 | (20.27) |
| | | 600m | 51.42 | (31.63) | 600m | 52.53 | (32.26) |
| | | 1000m | 1:24.07 | (32.65) | 1000m | 1:25.41 | (32.88) |
| | | 1400m | 1:56.69 | (32.62) | 1400m | 1:58.58 | (33.17) |
| | | 1800m | 2:29.31 | (32.62) | 1800m | 2:31.59 | (33.01) |
| | | 2200m | 3:02.20 | (32.89) | 2200m | 3:04.60 | (33.01) |
| | | 2600m | 3:35.55 | (33.35) | 2600m | 3:37.51 | (32.91) |
| | | 3000m | 4:08.51 | (32.96) | 3000m | 4:10.38 | (32.87) |
| | | 3400m | 4:40.75 | (32.24) | 3400m | 4:42.78 | (32.40) |
| | | 3800m | 5:13.39 | (32.64) | 3800m | 5:14.86 | (32.08) |
| | | 4200m | 5:46.34 | (32.95) | 4200m | 5:47.66 | (32.80) |
| | | 4600m | 6:18.93 | (32.59) | 4600m | 6:20.78 | (33.12) |
| | | 5000m | 6:51.62 | (32.69) | 5000m | 6:53.51 | (32.73) |