

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 1. Uitslag Sprint 100 meter

| Pos | Naam                        | Cat | Paar | Baan | Tijd  | Info  | Punten |
|-----|-----------------------------|-----|------|------|-------|-------|--------|
| 1   | 115 Daan van Zwienen        | HB2 | 26   | I    | 10.36 |       |        |
| 2   | 110 Thomas van Herk         | HN3 | 26   | O    | 10.68 | PR    |        |
| 3   | 108 Evi de Vries            | DPD | 23   | I    | 12.64 | PR    |        |
| 4   | 3 Liam Makkinga             | HPD | 25   | I    | 12.67 |       |        |
| 5   | 63 Merijn Abrahamse         | HPA | 25   | O    | 12.76 | PR FL |        |
|     | 94 Luuk van Zwienen         | HPA | 23   | O    | 12.76 | PR    |        |
| 7   | 74 Peter Verburg            | HPC | 17   | I    | 13.08 | PR    |        |
| 8   | 37 Lotte van Veen           | DPD | 19   | O    | 13.29 | PR    |        |
| 9   | 14 Myrthe Cents             | DPC | 24   | I    | 13.30 |       |        |
| 10  | 87 Coen Zijderlaan          | HPC | 17   | O    | 13.35 | PR    |        |
| 11  | 125 Suze Verschoor          | DPA | 21   | O    | 13.43 | PR    |        |
| 12  | 22 Jasper van Gelder        | HPD | 22   | O    | 13.49 | PR    |        |
| 13  | 61 Jorn de Bruin            | HPD | 15   | O    | 13.58 | PR    |        |
| 14  | 43 Fedde ter Laak           | HPD | 21   | I    | 13.61 |       |        |
| 15  | 31 Esmée Lugtenberg         | DPD | 19   | I    | 13.84 |       |        |
| 16  | 41 Jildau ter Laak          | DPC | 20   | I    | 13.85 |       |        |
| 17  | 160 Vin Oudenes             | HPC | 18   | I    | 13.90 | PR    |        |
| 18  | 13 Fajah Lugtenberg         | DPD | 22   | I    | 13.99 |       |        |
| 19  | 26 Miquel Stout             | HPE | 18   | O    | 14.15 |       |        |
| 20  | 102 Jasper Neimeijer        | HPD | 13   | I    | 14.27 | PR    |        |
| 21  | 75 Indy Wesselink           | DPC | 13   | O    | 14.29 | PR    |        |
|     | 158 Florian de Kool         | HPD | 20   | O    | 14.29 | FL    |        |
| 23  | 150 Fien Mettau             | DPE | 14   | O    | 14.48 | PR    |        |
| 24  | 155 Lotte Neven             | DPC | 16   | I    | 14.51 |       |        |
| 25  | 118 Nikki Slegtenhorst      | DPD | 15   | I    | 14.52 |       |        |
| 26  | 112 Jelmer Verburg          | HPE | 9    | I    | 14.60 | PR    |        |
| 27  | 143 Anna Hogendoorn         | DPE | 2    | I    | 14.71 |       |        |
| 28  | 123 Thomas Hoogeboom        | HPC | 7    | I    | 14.78 | PR    |        |
| 29  | 135 Levi van Ee             | HPB | 12   | O    | 14.83 | PR    |        |
| 30  | 48 Vayèn van der Weerd      | DPD | 11   | O    | 15.04 | PR    |        |
| 31  | 21 Sverre Botter            | HPF | 14   | I    | 15.12 | PR    |        |
| 32  | 55 Esmee Noordman           | DPE | 12   | I    | 15.13 |       |        |
| 33  | 124 Anna Hoogeboom          | DPE | 8    | O    | 15.17 | PR    |        |
| 34  | 30 Lynn Lohuis              | DPE | 9    | O    | 15.29 | PR    |        |
| 35  | 38 Maud van Zeijst          | DPF | 11   | I    | 15.42 |       |        |
| 36  | 146 Willem Schalkwijk       | HPE | 6    | O    | 15.59 | PR    |        |
| 37  | 28 Lola Bruggeman           | DPF | 7    | O    | 15.64 |       |        |
| 38  | 162 Boaz van den Berg Jeths | HPF | 5    | I    | 16.03 | PR    |        |

Scheidsrechter:

Assistent:

Starter:

Van 8-3-2024 18:00:00 tot 8-3-2024 18:24:33

Print: 31-3-2025 10:28:30

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

| Pos | Naam                    | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-------------------------|-----|------|------|-------|------|--------|
| 39  | 23 Anouk Borger         | DPD | 2    | O    | 16.33 |      |        |
| 40  | 159 Annejet Mettau      | DPF | 6    | I    | 16.41 | PR   |        |
| 41  | 156 Eline Neven         | DPE | 8    | I    | 16.42 | FL   |        |
| 42  | 104 Nine Schoonderwoerd | DPE | 5    | O    | 16.54 | PR   |        |
| 43  | 32 Lisa Hoogeboom       | DPF | 4    | I    | 17.41 | PR   |        |
|     | 149 Cato Mettau         | DPC | 16   | O    | 17.41 | FL   |        |
| 45  | 100 Lola Casteleijn     | DPD | 1    | O    | 17.43 |      |        |
| 46  | 103 Dex Boer            | HPD | 3    | I    | 17.72 |      |        |
| 47  | 147 Lot Schalkwijk      | DPF | 4    | O    | 18.04 | PR   |        |
| 48  | 134 Hannah van Ee       | DPE | 3    | O    | 19.53 | PR   |        |
| 49  | 101 Norah Casteleijn    | DPF | 1    | I    | 20.79 |      |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 1. Rituitslag Sprint 100 meter

|   |    | Naam                    |                         | Cat     |                        | PR    |         | Tijd         | Info |
|---|----|-------------------------|-------------------------|---------|------------------------|-------|---------|--------------|------|
| 1 | wt | 101                     | <b>Norah Casteleijn</b> |         | DPF                    |       |         | <b>20.79</b> |      |
|   | rd | 100                     | <b>Lola Casteleijn</b>  |         | DPD                    |       |         | <b>17.43</b> |      |
|   |    | <b>Norah Casteleijn</b> |                         |         | <b>Lola Casteleijn</b> |       |         |              |      |
|   |    | 100m                    | 20.79                   | (20.79) | 100m                   | 17.43 | (17.43) |              |      |

|   |    | Naam                   |                        | Cat     |                     | PR    |         | Tijd         | Info |
|---|----|------------------------|------------------------|---------|---------------------|-------|---------|--------------|------|
| 2 | gl | 143                    | <b>Anna Hogendoorn</b> |         | DPE                 |       |         | <b>14.71</b> |      |
|   | bl | 23                     | <b>Anouk Borger</b>    |         | DPD                 |       |         | <b>16.33</b> |      |
|   |    | <b>Anna Hogendoorn</b> |                        |         | <b>Anouk Borger</b> |       |         |              |      |
|   |    | 100m                   | 14.71                  | (14.71) | 100m                | 16.33 | (16.33) |              |      |

|   |    | Naam            |                      | Cat     |                      | PR    |         | Tijd         | Info |
|---|----|-----------------|----------------------|---------|----------------------|-------|---------|--------------|------|
| 3 | wt | 103             | <b>Dex Boer</b>      |         | HPD                  |       |         | <b>17.72</b> |      |
|   | rd | 134             | <b>Hannah van Ee</b> |         | DPE                  | 20.44 |         | <b>19.53</b> | PR   |
|   |    | <b>Dex Boer</b> |                      |         | <b>Hannah van Ee</b> |       |         |              |      |
|   |    | 100m            | 17.72                | (17.72) | 100m                 | 19.53 | (19.53) |              |      |

|   |    | Naam                  |                       | Cat     |                       | PR    |         | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 4 | gl | 32                    | <b>Lisa Hoogeboom</b> |         | DPF                   | 18.78 |         | <b>17.41</b> | PR   |
|   | bl | 147                   | <b>Lot Schalkwijk</b> |         | DPF                   | 20.56 |         | <b>18.04</b> | PR   |
|   |    | <b>Lisa Hoogeboom</b> |                       |         | <b>Lot Schalkwijk</b> |       |         |              |      |
|   |    | 100m                  | 17.41                 | (17.41) | 100m                  | 18.04 | (18.04) |              |      |

|   |    | Naam                           |                                | Cat     |                            | PR    |         | Tijd         | Info |
|---|----|--------------------------------|--------------------------------|---------|----------------------------|-------|---------|--------------|------|
| 5 | wt | 162                            | <b>Boaz van den Berg Jeths</b> |         | HPF                        | 17.70 |         | <b>16.03</b> | PR   |
|   | rd | 104                            | <b>Nine Schoonderwoerd</b>     |         | DPE                        | 17.18 |         | <b>16.54</b> | PR   |
|   |    | <b>Boaz van den Berg Jeths</b> |                                |         | <b>Nine Schoonderwoerd</b> |       |         |              |      |
|   |    | 100m                           | 16.03                          | (16.03) | 100m                       | 16.54 | (16.54) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|   |    | Naam                         | Cat | PR                 | Tijd                     | Info |
|---|----|------------------------------|-----|--------------------|--------------------------|------|
| 6 | gl | 159 <b>Annejet Mettau</b>    | DPF | 17.66              | <b>16.41</b>             | PR   |
|   | bl | 146 <b>Willem Schalkwijk</b> | HPE | 17.40              | <b>15.59</b>             | PR   |
|   |    | <u>Annejet Mettau</u>        |     |                    | <u>Willem Schalkwijk</u> |      |
|   |    | 100m 16.41 (16.41)           |     | 100m 15.59 (15.59) |                          |      |

|   |    | Naam                        | Cat | PR                 | Tijd                  | Info |
|---|----|-----------------------------|-----|--------------------|-----------------------|------|
| 7 | wt | 123 <b>Thomas Hoogeboom</b> | HPC | 16.99              | <b>14.78</b>          | PR   |
|   | rd | 28 <b>Lola Bruggeman</b>    | DPF | 15.61              | <b>15.64</b>          |      |
|   |    | <u>Thomas Hoogeboom</u>     |     |                    | <u>Lola Bruggeman</u> |      |
|   |    | 100m 14.78 (14.78)          |     | 100m 15.64 (15.64) |                       |      |

|   |    | Naam                      | Cat | PR                 | Tijd                  | Info |
|---|----|---------------------------|-----|--------------------|-----------------------|------|
| 8 | gl | 156 <b>Eline Neven</b>    | DPE | 16.36              | <b>16.42</b>          | FL   |
|   | bl | 124 <b>Anna Hoogeboom</b> | DPE | 16.25              | <b>15.17</b>          | PR   |
|   |    | <u>Eline Neven</u>        |     |                    | <u>Anna Hoogeboom</u> |      |
|   |    | 100m 16.42 (16.42)        |     | 100m 15.17 (15.17) |                       |      |

|   |    | Naam                      | Cat | PR                 | Tijd               | Info |
|---|----|---------------------------|-----|--------------------|--------------------|------|
| 9 | wt | 112 <b>Jelmer Verburg</b> | HPE | 15.55              | <b>14.60</b>       | PR   |
|   | rd | 30 <b>Lynn Lohuis</b>     | DPE | 16.12              | <b>15.29</b>       | PR   |
|   |    | <u>Jelmer Verburg</u>     |     |                    | <u>Lynn Lohuis</u> |      |
|   |    | 100m 14.60 (14.60)        |     | 100m 15.29 (15.29) |                    |      |

|    |    | Naam     | Cat | PR | Tijd     | Info |
|----|----|----------|-----|----|----------|------|
| 10 | gl |          |     |    |          |      |
|    | bl |          |     |    |          |      |
|    |    | <u>m</u> |     |    | <u>m</u> |      |
|    |    |          |     |    |          |      |

|    |    | Naam                          | Cat | PR                 | Tijd                       | Info |
|----|----|-------------------------------|-----|--------------------|----------------------------|------|
| 11 | wt | 38 <b>Maud van Zeijst</b>     | DPF | 15.36              | <b>15.42</b>               |      |
|    | rd | 48 <b>Vayèn van der Weerd</b> | DPD | 15.19              | <b>15.04</b>               | PR   |
|    |    | <u>Maud van Zeijst</u>        |     |                    | <u>Vayèn van der Weerd</u> |      |
|    |    | 100m 15.42 (15.42)            |     | 100m 15.04 (15.04) |                            |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
|-------|----|-------------------------------|-----|--------------------|------------------------|------|
| 12    | gl | 55 <b>Esmee Noordman</b>      | DPE | 14.79              | <b>15.13</b>           |      |
|       | bl | 135 <b>Levi van Ee</b>        | HPB | 15.20              | <b>14.83</b>           | PR   |
|       |    | <u>Esmee Noordman</u>         |     |                    | <u>Levi van Ee</u>     |      |
|       |    | 100m 15.13 (15.13)            |     | 100m 14.83 (14.83) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
| 13    | wt | 102 <b>Jasper Neimeijer</b>   | HPD | 14.65              | <b>14.27</b>           | PR   |
|       | rd | 75 <b>Indy Wesselink</b>      | DPC | 14.83              | <b>14.29</b>           | PR   |
|       |    | <u>Jasper Neimeijer</u>       |     |                    | <u>Indy Wesselink</u>  |      |
|       |    | 100m 14.27 (14.27)            |     | 100m 14.29 (14.29) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
| 14    | gl | 21 <b>Sverre Botter</b>       | HPF | 15.56              | <b>15.12</b>           | PR   |
|       | bl | 150 <b>Fien Mettau</b>        | DPE | 14.71              | <b>14.48</b>           | PR   |
|       |    | <u>Sverre Botter</u>          |     |                    | <u>Fien Mettau</u>     |      |
|       |    | 100m 15.12 (15.12)            |     | 100m 14.48 (14.48) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
| 15    | wt | 118 <b>Nikki Slegtenhorst</b> | DPD | 14.41              | <b>14.52</b>           |      |
|       | rd | 61 <b>Jorn de Bruin</b>       | HPD | 14.33              | <b>13.58</b>           | PR   |
|       |    | <u>Nikki Slegtenhorst</u>     |     |                    | <u>Jorn de Bruin</u>   |      |
|       |    | 100m 14.52 (14.52)            |     | 100m 13.58 (13.58) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
| 16    | gl | 155 <b>Lotte Neven</b>        | DPC | 14.35              | <b>14.51</b>           |      |
|       | bl | 149 <b>Cato Mettau</b>        | DPC | 14.64              | <b>17.41</b>           | FL   |
|       |    | <u>Lotte Neven</u>            |     |                    | <u>Cato Mettau</u>     |      |
|       |    | 100m 14.51 (14.51)            |     | 100m 17.41 (17.41) |                        |      |
| <hr/> |    |                               |     |                    |                        |      |
|       |    | Naam                          | Cat | PR                 | Tijd                   | Info |
| 17    | wt | 74 <b>Peter Verburg</b>       | HPC | 13.97              | <b>13.08</b>           | PR   |
|       | rd | 87 <b>Coen Zijderlaan</b>     | HPC | 14.02              | <b>13.35</b>           | PR   |
|       |    | <u>Peter Verburg</u>          |     |                    | <u>Coen Zijderlaan</u> |      |
|       |    | 100m 13.08 (13.08)            |     | 100m 13.35 (13.35) |                        |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
|-------|----|-----------------------------|-----|--------------------|--------------------------|------|
| 18    | gl | 160 <b>Vin Oudenes</b>      | HPC | 14.13              | <b>13.90</b>             | PR   |
|       | bl | 26 <b>Miquel Stout</b>      | HPE | 13.97              | <b>14.15</b>             |      |
|       |    | <u>Vin Oudenes</u>          |     |                    | <u>Miquel Stout</u>      |      |
|       |    | 100m 13.90 (13.90)          |     | 100m 14.15 (14.15) |                          |      |
| <hr/> |    |                             |     |                    |                          |      |
|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
| 19    | wt | 31 <b>Esmée Lugtenberg</b>  | DPD | 13.75              | <b>13.84</b>             |      |
|       | rd | 37 <b>Lotte van Veen</b>    | DPD | 13.67              | <b>13.29</b>             | PR   |
|       |    | <u>Esmée Lugtenberg</u>     |     |                    | <u>Lotte van Veen</u>    |      |
|       |    | 100m 13.84 (13.84)          |     | 100m 13.29 (13.29) |                          |      |
| <hr/> |    |                             |     |                    |                          |      |
|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
| 20    | gl | 41 <b>Jildau ter Laak</b>   | DPC | 13.83              | <b>13.85</b>             |      |
|       | bl | 158 <b>Florian de Kool</b>  | HPD | 13.95              | <b>14.29</b>             | FL   |
|       |    | <u>Jildau ter Laak</u>      |     |                    | <u>Florian de Kool</u>   |      |
|       |    | 100m 13.85 (13.85)          |     | 100m 14.29 (14.29) |                          |      |
| <hr/> |    |                             |     |                    |                          |      |
|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
| 21    | wt | 43 <b>Fedde ter Laak</b>    | HPD | 13.57              | <b>13.61</b>             |      |
|       | rd | 125 <b>Suze Verschoor</b>   | DPA | 13.61              | <b>13.43</b>             | PR   |
|       |    | <u>Fedde ter Laak</u>       |     |                    | <u>Suze Verschoor</u>    |      |
|       |    | 100m 13.61 (13.61)          |     | 100m 13.43 (13.43) |                          |      |
| <hr/> |    |                             |     |                    |                          |      |
|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
| 22    | gl | 13 <b>Fajah Lugtenberg</b>  | DPD | 13.64              | <b>13.99</b>             |      |
|       | bl | 22 <b>Jasper van Gelder</b> | HPD | 13.55              | <b>13.49</b>             | PR   |
|       |    | <u>Fajah Lugtenberg</u>     |     |                    | <u>Jasper van Gelder</u> |      |
|       |    | 100m 13.99 (13.99)          |     | 100m 13.49 (13.49) |                          |      |
| <hr/> |    |                             |     |                    |                          |      |
|       |    | Naam                        | Cat | PR                 | Tijd                     | Info |
| 23    | wt | 108 <b>Evi de Vries</b>     | DPD | 13.00              | <b>12.64</b>             | PR   |
|       | rd | 94 <b>Luuk van Zwiene</b>   | HPA | 12.79              | <b>12.76</b>             | PR   |
|       |    | <u>Evi de Vries</u>         |     |                    | <u>Luuk van Zwiene</u>   |      |
|       |    | 100m 12.64 (12.64)          |     | 100m 12.76 (12.76) |                          |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|       |    | Naam                    |                         | Cat     |                         | PR    |         | Tijd         | Info  |
|-------|----|-------------------------|-------------------------|---------|-------------------------|-------|---------|--------------|-------|
| 24    | gl | 14                      | <b>Myrthe Cents</b>     |         | DPC                     |       | 13.17   | <b>13.30</b> |       |
|       | bl |                         |                         |         |                         |       |         |              |       |
|       |    | <b>Myrthe Cents</b>     |                         |         |                         |       |         |              |       |
|       |    | 100m                    | 13.30                   | (13.30) | m                       |       |         |              |       |
| <hr/> |    |                         |                         |         |                         |       |         |              |       |
|       |    | Naam                    |                         | Cat     |                         | PR    |         | Tijd         | Info  |
| 25    | wt | 3                       | <b>Liam Makkinga</b>    |         | HPD                     |       | 12.58   | <b>12.67</b> |       |
|       | rd | 63                      | <b>Merijn Abrahamse</b> |         | HPA                     |       | 12.81   | <b>12.76</b> | PR FL |
|       |    | <b>Liam Makkinga</b>    |                         |         | <b>Merijn Abrahamse</b> |       |         |              |       |
|       |    | 100m                    | 12.67                   | (12.67) | 100m                    | 12.76 | (12.76) |              |       |
| <hr/> |    |                         |                         |         |                         |       |         |              |       |
|       |    | Naam                    |                         | Cat     |                         | PR    |         | Tijd         | Info  |
| 26    | gl | 115                     | <b>Daan van Zwienen</b> |         | HB2                     |       | 10.22   | <b>10.36</b> |       |
|       | bl | 110                     | <b>Thomas van Herk</b>  |         | HN3                     |       | 10.85   | <b>10.68</b> | PR    |
|       |    | <b>Daan van Zwienen</b> |                         |         | <b>Thomas van Herk</b>  |       |         |              |       |
|       |    | 100m                    | 10.36                   | (10.36) | 100m                    | 10.68 | (10.68) |              |       |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 2. Uitslag 5/700 en 5/1000 500 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|---------------------------|-----|------|------|-------|------|--------|
| 1   | 175 Loek van Vilsteren    | HN1 | 56   | O    | 36.86 |      |        |
| 2   | 178 Simcha Kruithof       | HN1 | 27   | O    | 38.49 |      |        |
| 3   | 174 Mats van der Heijden  | HA1 | 56   | I    | 40.85 | PR   |        |
| 4   | 109 Tijl de Vries         | HC2 | 55   | I    | 41.06 | PR   |        |
| 5   | 12 Djem Smeele            | HC2 | 55   | O    | 41.08 | PR   |        |
| 6   | 170 Fleur Smits           | DB2 | 53   | I    | 41.75 | PR   |        |
| 7   | 34 Justin van Velde       | HPA | 54   | O    | 43.85 | PR   |        |
| 8   | 60 Wilfred van Stam       | H55 | 54   | I    | 44.25 |      |        |
| 9   | 79 Noortje Kappers        | DPA | 52   | O    | 44.99 |      |        |
| 10  | 8 Veerle Zunnabeld        | DPA | 51   | I    | 45.11 | PR   |        |
| 11  | 18 Caspian Alexander      | HPA | 51   | O    | 45.45 | PR   |        |
| 12  | 127 Owen Knook            | HB1 | 49   | O    | 45.52 | PR   |        |
| 13  | 68 Ferd Veelenturf        | H65 | 52   | I    | 46.35 |      |        |
| 14  | 138 Floortje Korpershoek  | DC2 | 50   | I    | 46.48 | PR   |        |
| 15  | 36 Norah van Elst         | DPB | 49   | I    | 46.75 |      |        |
| 16  | 83 Valentijn van der Liet | HC2 | 50   | O    | 46.86 | PR   |        |
| 17  | 6 Femke Lindeboom         | DPA | 48   | O    | 47.09 | PR   |        |
| 18  | 69 Mike Zonderland        | HC1 | 46   | O    | 47.12 | PR   |        |
| 19  | 97 Federico Talen         | HPB | 48   | I    | 47.84 | PR   |        |
| 20  | 89 Jasper Zijderlaan      | HC2 | 46   | I    | 47.86 | PR   |        |
| 21  | 152 Douwe de Haan         | HC2 | 41   | O    | 48.13 | PR   |        |
| 22  | 65 Daan Cents             | HC2 | 47   | I    | 48.42 | PR   |        |
| 23  | 5 Loek Oudenes            | HC1 | 47   | O    | 48.60 |      |        |
| 24  | 45 Joëlle van Drimmelen   | DPB | 44   | I    | 49.28 | PR   |        |
| 25  | 91 Joop Prins             | H50 | 41   | I    | 49.79 | PR   |        |
| 26  | 77 Bente van Dasselaar    | DC1 | 45   | O    | 49.94 |      |        |
| 27  | 47 Isa van der Weerd      | DPA | 45   | I    | 49.97 |      |        |
| 28  | 51 Sanna van der Velde    | DC1 | 43   | O    | 50.05 |      |        |
| 29  | 105 Kars Oosting          | HC2 | 31   | O    | 50.12 | PR   |        |
| 30  | 25 Danique Stout          | DPB | 43   | I    | 50.38 | PR   |        |
| 31  | 76 Mika Wesselink         | HPA | 40   | I    | 50.86 | PR   |        |
| 32  | 129 Tijn Schoonderwoerd   | HPC | 42   | O    | 51.34 |      |        |
| 33  | 46 Mireille van der Weerd | DC2 | 40   | O    | 51.52 | PR   |        |
| 34  | 133 Mark Storm            | HPA | 36   | I    | 51.62 | PR   |        |
| 35  | 168 Jasmijn Jongeneel     | DB1 | 38   | I    | 51.88 | PR   |        |
| 36  | 131 Fenna Neven           | DC1 | 36   | O    | 51.98 | PR   |        |
| 37  | 52 Emma van der Velde     | DPB | 42   | I    | 52.02 |      |        |
| 38  | 9 Florine Zunnabeld       | DPB | 38   | O    | 52.13 | PR   |        |

Scheidsrechter:

Assistent:

Starter:

Van 8-3-2024 18:00:00 tot 8-3-2024 18:54:26

Print: 31-3-2025 10:28:30



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 39  | 15 Liss Phielix       | DC2 | 35   | I    | 53.04   |      |        |
| 40  | 66 Lise Cents         | DPA | 39   | O    | 53.40   |      |        |
| 41  | 137 Lieke Nuyt        | DPA | 37   | I    | 53.67   | PR   |        |
| 42  | 142 Stan Hogendoorn   | HPB | 35   | O    | 53.89   | PR   |        |
| 43  | 157 Herman Wien       | H60 | 29   | I    | 55.12   |      |        |
|     | 16 Lisa Oldenhof      | DPB | 33   | I    | 55.12   | PR   |        |
| 45  | 27 Tessa Bosman       | DC2 | 33   | O    | 55.55   | PR   |        |
| 46  | 96 Aiden de Koster    | DPA | 34   | O    | 55.86   | PR   |        |
| 47  | 11 Tess de Waal       | DPB | 32   | I    | 55.89   | PR   |        |
| 48  | 20 Britt Nijland      | DPB | 32   | O    | 56.86   | PR   |        |
| 49  | 114 Jolynn Wijngaards | DPB | 30   | I    | 57.24   | PR   |        |
| 50  | 2 Yara Makkinga       | DPA | 34   | I    | 57.89   |      |        |
| 51  | 122 Ize Borreman      | DPA | 28   | O    | 58.11   |      |        |
| 52  | 132 Ruben Hogenkamp   | HPA | 31   | I    | 58.22   |      |        |
| 53  | 171 Senna Schuldink   | DB1 | 27   | I    | 59.57   |      |        |
| 54  | 121 Lauren de Kool    | DPA | 37   | O    | 1:01.30 | FL   |        |
| 55  | 39 Ilse Horstman      | DPA | 28   | I    | 1:01.76 |      |        |
| 56  | 165 Rens Uijtewaal    | HB1 | 44   | O    | 1:01.99 | FL   |        |
| 57  | 56 Iris Noordman      | DPA | 39   | I    | 1:03.71 | FL   |        |
| 58  | 93 Esmee Buzepol      | DPB | 29   | O    | 1:08.02 |      |        |
| 59  | 141 Nova Tieke        | DC2 | 30   | O    | 1:14.96 | FL   |        |
|     | 140 Kiki Tellier      | DN4 | 53   | O    | DNF     |      |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 2. Rituitslag 5/700 en 5/1000 500 meter

|    |    | Naam                   |                        | Cat     |                        | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 27 | wt | 171                    | <b>Senna Schuldink</b> |         | DB1                    |       |         | <b>59.57</b> |      |
|    | rd | 178                    | <b>Simcha Kruithof</b> |         | HN1                    | 37.76 |         | <b>38.49</b> |      |
|    |    | <b>Senna Schuldink</b> |                        |         | <b>Simcha Kruithof</b> |       |         |              |      |
|    |    | 100m                   | 14.38                  | (14.38) | 100m                   | 10.66 | (10.66) |              |      |
|    |    | 500m                   | 59.57                  | (45.19) | 500m                   | 38.49 | (27.83) |              |      |

|    |    | Naam                 |                      | Cat     |                     | PR    |         | Tijd           | Info |
|----|----|----------------------|----------------------|---------|---------------------|-------|---------|----------------|------|
| 28 | gl | 39                   | <b>Ilse Horstman</b> |         | DPA                 |       |         | <b>1:01.76</b> |      |
|    | bl | 122                  | <b>Ize Borreman</b>  |         | DPA                 |       |         | <b>58.11</b>   |      |
|    |    | <b>Ilse Horstman</b> |                      |         | <b>Ize Borreman</b> |       |         |                |      |
|    |    | 100m                 | 15.22                | (15.22) | 100m                | 14.66 | (14.66) |                |      |
|    |    | 500m                 | 1:01.76              | (46.54) | 500m                | 58.11 | (43.45) |                |      |

|    |    | Naam               |                      | Cat     |                      | PR      |         | Tijd           | Info |
|----|----|--------------------|----------------------|---------|----------------------|---------|---------|----------------|------|
| 29 | wt | 157                | <b>Herman Wien</b>   |         | H60                  |         |         | <b>55.12</b>   |      |
|    | rd | 93                 | <b>Esmee Buzepol</b> |         | DPB                  |         |         | <b>1:08.02</b> |      |
|    |    | <b>Herman Wien</b> |                      |         | <b>Esmee Buzepol</b> |         |         |                |      |
|    |    | 100m               | 14.48                | (14.48) | 100m                 | 14.88   | (14.88) |                |      |
|    |    | 500m               | 55.12                | (40.64) | 500m                 | 1:08.02 | (53.14) |                |      |

|    |    | Naam                     |                          | Cat     |                   | PR      |         | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|-------------------|---------|---------|----------------|------|
| 30 | gl | 114                      | <b>Jolynn Wijngaards</b> |         | DPB               | 1:02.32 |         | <b>57.24</b>   | PR   |
|    | bl | 141                      | <b>Nova Tieke</b>        |         | DC2               | 1:09.34 |         | <b>1:14.96</b> | FL   |
|    |    | <b>Jolynn Wijngaards</b> |                          |         | <b>Nova Tieke</b> |         |         |                |      |
|    |    | 100m                     | 13.63                    | (13.63) | 100m              | 23.37   | (23.37) |                |      |
|    |    | 500m                     | 57.24                    | (43.61) | 500m              | 1:14.96 | (51.59) |                |      |

|    |    | Naam                   |                        | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|---------|--------------|------|
| 31 | wt | 132                    | <b>Ruben Hogenkamp</b> |         | HPA                 | 57.93 |         | <b>58.22</b> |      |
|    | rd | 105                    | <b>Kars Oosting</b>    |         | HC2                 | 59.76 |         | <b>50.12</b> | PR   |
|    |    | <b>Ruben Hogenkamp</b> |                        |         | <b>Kars Oosting</b> |       |         |              |      |
|    |    | 100m                   | 14.37                  | (14.37) | 100m                | 13.89 | (13.89) |              |      |
|    |    | 500m                   | 58.22                  | (43.85) | 500m                | 50.12 | (36.23) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 32 | gl | 11                   | <b>Tess de Waal</b>    |         | DPB                    | 58.54 | <b>55.89</b> | PR   |
|    | bl | 20                   | <b>Britt Nijland</b>   |         | DPB                    | 58.33 | <b>56.86</b> | PR   |
|    |    | <b>Tess de Waal</b>  |                        |         | <b>Britt Nijland</b>   |       |              |      |
|    |    | 100m                 | 13.55                  | (13.55) | 100m                   | 13.62 | (13.62)      |      |
|    |    | 500m                 | 55.89                  | (42.34) | 500m                   | 56.86 | (43.24)      |      |
|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
| 33 | wt | 16                   | <b>Lisa Oldenhof</b>   |         | DPB                    | 57.61 | <b>55.12</b> | PR   |
|    | rd | 27                   | <b>Tessa Bosman</b>    |         | DC2                    | 57.41 | <b>55.55</b> | PR   |
|    |    | <b>Lisa Oldenhof</b> |                        |         | <b>Tessa Bosman</b>    |       |              |      |
|    |    | 100m                 | 13.88                  | (13.88) | 100m                   | 13.84 | (13.84)      |      |
|    |    | 500m                 | 55.12                  | (41.24) | 500m                   | 55.55 | (41.71)      |      |
|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
| 34 | gl | 2                    | <b>Yara Makkinga</b>   |         | DPA                    | 56.13 | <b>57.89</b> |      |
|    | bl | 96                   | <b>Aiden de Koster</b> |         | DPA                    | 56.86 | <b>55.86</b> | PR   |
|    |    | <b>Yara Makkinga</b> |                        |         | <b>Aiden de Koster</b> |       |              |      |
|    |    | 100m                 | 14.43                  | (14.43) | 100m                   | 13.90 | (13.90)      |      |
|    |    | 500m                 | 57.89                  | (43.46) | 500m                   | 55.86 | (41.96)      |      |
|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
| 35 | wt | 15                   | <b>Liss Phielix</b>    |         | DC2                    | 51.62 | <b>53.04</b> |      |
|    | rd | 142                  | <b>Stan Hogendoorn</b> |         | HPB                    | 56.57 | <b>53.89</b> | PR   |
|    |    | <b>Liss Phielix</b>  |                        |         | <b>Stan Hogendoorn</b> |       |              |      |
|    |    | 100m                 | 13.70                  | (13.70) | 100m                   | 13.71 | (13.71)      |      |
|    |    | 500m                 | 53.04                  | (39.34) | 500m                   | 53.89 | (40.18)      |      |
|    |    | Naam                 |                        |         | Cat                    | PR    | Tijd         | Info |
| 36 | gl | 133                  | <b>Mark Storm</b>      |         | HPA                    | 55.92 | <b>51.62</b> | PR   |
|    | bl | 131                  | <b>Fenna Neven</b>     |         | DC1                    | 54.59 | <b>51.98</b> | PR   |
|    |    | <b>Mark Storm</b>    |                        |         | <b>Fenna Neven</b>     |       |              |      |
|    |    | 100m                 | 13.20                  | (13.20) | 100m                   | 13.16 | (13.16)      |      |
|    |    | 500m                 | 51.62                  | (38.42) | 500m                   | 51.98 | (38.82)      |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam              |                       |         | Cat                   | PR      | Tijd           | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 37 | wt | 137               | <b>Lieke Nuyt</b>     |         | DPA                   | 53.97   | <b>53.67</b>   | PR   |
|    | rd | 121               | <b>Lauren de Kool</b> |         | DPA                   | 53.19   | <b>1:01.30</b> | FL   |
|    |    | <b>Lieke Nuyt</b> |                       |         | <b>Lauren de Kool</b> |         |                |      |
|    |    | 100m              | 14.35                 | (14.35) | 100m                  | 13.55   | (13.55)        |      |
|    |    | 500m              | 53.67                 | (39.32) | 500m                  | 1:01.30 | (47.75)        |      |

|    |    | Naam                     |                          |         | Cat                      | PR    | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 38 | gl | 168                      | <b>Jasmijn Jongeneel</b> |         | DB1                      | 53.53 | <b>51.88</b> | PR   |
|    | bl | 9                        | <b>Florine Zunnabeld</b> |         | DPB                      | 53.11 | <b>52.13</b> | PR   |
|    |    | <b>Jasmijn Jongeneel</b> |                          |         | <b>Florine Zunnabeld</b> |       |              |      |
|    |    | 100m                     | 13.45                    | (13.45) | 100m                     | 13.69 | (13.69)      |      |
|    |    | 500m                     | 51.88                    | (38.43) | 500m                     | 52.13 | (38.44)      |      |

|    |    | Naam                 |                      |         | Cat               | PR    | Tijd           | Info |
|----|----|----------------------|----------------------|---------|-------------------|-------|----------------|------|
| 39 | wt | 56                   | <b>Iris Noordman</b> |         | DPA               | 51.95 | <b>1:03.71</b> | FL   |
|    | rd | 66                   | <b>Lise Cents</b>    |         | DPA               | 52.89 | <b>53.40</b>   |      |
|    |    | <b>Iris Noordman</b> |                      |         | <b>Lise Cents</b> |       |                |      |
|    |    | 100m                 | 21.18                | (21.18) | 100m              | 13.57 | (13.57)        |      |
|    |    | 500m                 | 1:03.71              | (42.53) | 500m              | 53.40 | (39.83)        |      |

|    |    | Naam                  |                               |         | Cat                           | PR    | Tijd         | Info |
|----|----|-----------------------|-------------------------------|---------|-------------------------------|-------|--------------|------|
| 40 | gl | 76                    | <b>Mika Wesselink</b>         |         | HPA                           | 52.12 | <b>50.86</b> | PR   |
|    | bl | 46                    | <b>Mireille van der Weerd</b> |         | DC2                           | 51.83 | <b>51.52</b> | PR   |
|    |    | <b>Mika Wesselink</b> |                               |         | <b>Mireille van der Weerd</b> |       |              |      |
|    |    | 100m                  | 12.93                         | (12.93) | 100m                          | 13.83 | (13.83)      |      |
|    |    | 500m                  | 50.86                         | (37.93) | 500m                          | 51.52 | (37.69)      |      |

|    |    | Naam              |                      |         | Cat                  | PR    | Tijd         | Info |
|----|----|-------------------|----------------------|---------|----------------------|-------|--------------|------|
| 41 | wt | 91                | <b>Joop Prins</b>    |         | H50                  | 50.58 | <b>49.79</b> | PR   |
|    | rd | 152               | <b>Douwe de Haan</b> |         | HC2                  | 50.98 | <b>48.13</b> | PR   |
|    |    | <b>Joop Prins</b> |                      |         | <b>Douwe de Haan</b> |       |              |      |
|    |    | 100m              | 13.35                | (13.35) | 100m                 | 12.43 | (12.43)      |      |
|    |    | 500m              | 49.79                | (36.44) | 500m                 | 48.13 | (35.70)      |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                        |                             |         | Cat                        | PR      | Tijd           | Info |
|----|----|-----------------------------|-----------------------------|---------|----------------------------|---------|----------------|------|
| 42 | gl | 52                          | <b>Emma van der Velde</b>   |         | DPB                        | 50.76   | <b>52.02</b>   |      |
|    | bl | 129                         | <b>Tijn Schoonderwoerd</b>  |         | HPC                        | 51.31   | <b>51.34</b>   |      |
|    |    | <u>Emma van der Velde</u>   |                             |         | <u>Tijn Schoonderwoerd</u> |         |                |      |
|    |    | 100m                        | 13.59                       | (13.59) | 100m                       | 13.05   | (13.05)        |      |
|    |    | 500m                        | 52.02                       | (38.43) | 500m                       | 51.34   | (38.29)        |      |
|    |    | Naam                        |                             |         | Cat                        | PR      | Tijd           | Info |
| 43 | wt | 25                          | <b>Danique Stout</b>        |         | DPB                        | 50.51   | <b>50.38</b>   | PR   |
|    | rd | 51                          | <b>Sanna van der Velde</b>  |         | DC1                        | 49.56   | <b>50.05</b>   |      |
|    |    | <u>Danique Stout</u>        |                             |         | <u>Sanna van der Velde</u> |         |                |      |
|    |    | 100m                        | 13.27                       | (13.27) | 100m                       | 13.12   | (13.12)        |      |
|    |    | 500m                        | 50.38                       | (37.11) | 500m                       | 50.05   | (36.93)        |      |
|    |    | Naam                        |                             |         | Cat                        | PR      | Tijd           | Info |
| 44 | gl | 45                          | <b>Joëlle van Drimmelen</b> |         | DPB                        | 49.85   | <b>49.28</b>   | PR   |
|    | bl | 165                         | <b>Rens Uijttewaal</b>      |         | HB1                        | 49.46   | <b>1:01.99</b> | FL   |
|    |    | <u>Joëlle van Drimmelen</u> |                             |         | <u>Rens Uijttewaal</u>     |         |                |      |
|    |    | 100m                        | 12.78                       | (12.78) | 100m                       | 12.76   | (12.76)        |      |
|    |    | 500m                        | 49.28                       | (36.50) | 500m                       | 1:01.99 | (49.23)        |      |
|    |    | Naam                        |                             |         | Cat                        | PR      | Tijd           | Info |
| 45 | wt | 47                          | <b>Isa van der Weerd</b>    |         | DPA                        | 49.45   | <b>49.97</b>   |      |
|    | rd | 77                          | <b>Bente van Dasselaar</b>  |         | DC1                        | 49.40   | <b>49.94</b>   |      |
|    |    | <u>Isa van der Weerd</u>    |                             |         | <u>Bente van Dasselaar</u> |         |                |      |
|    |    | 100m                        | 13.19                       | (13.19) | 100m                       | 13.22   | (13.22)        |      |
|    |    | 500m                        | 49.97                       | (36.78) | 500m                       | 49.94   | (36.72)        |      |
|    |    | Naam                        |                             |         | Cat                        | PR      | Tijd           | Info |
| 46 | gl | 89                          | <b>Jasper Zijderlaan</b>    |         | HC2                        | 49.15   | <b>47.86</b>   | PR   |
|    | bl | 69                          | <b>Mike Zonderland</b>      |         | HC1                        | 49.32   | <b>47.12</b>   | PR   |
|    |    | <u>Jasper Zijderlaan</u>    |                             |         | <u>Mike Zonderland</u>     |         |                |      |
|    |    | 100m                        | 12.58                       | (12.58) | 100m                       | 12.48   | (12.48)        |      |
|    |    | 500m                        | 47.86                       | (35.28) | 500m                       | 47.12   | (34.64)        |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam              |                     |         | Cat                 | PR    | Tijd         | Info |
|----|----|-------------------|---------------------|---------|---------------------|-------|--------------|------|
| 47 | wt | 65                | <b>Daan Cents</b>   |         | HC2                 | 49.02 | <b>48.42</b> | PR   |
|    | rd | 5                 | <b>Loek Oudenes</b> |         | HC1                 | 48.46 | <b>48.60</b> |      |
|    |    | <b>Daan Cents</b> |                     |         | <b>Loek Oudenes</b> |       |              |      |
|    |    | 100m              | 12.31               | (12.31) | 100m                | 12.74 | (12.74)      |      |
|    |    | 500m              | 48.42               | (36.11) | 500m                | 48.60 | (35.86)      |      |

|    |    | Naam                  |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|-----------------------|------------------------|---------|------------------------|-------|--------------|------|
| 48 | gl | 97                    | <b>Federico Talen</b>  |         | HPB                    | 47.91 | <b>47.84</b> | PR   |
|    | bl | 6                     | <b>Femke Lindeboom</b> |         | DPA                    | 48.45 | <b>47.09</b> | PR   |
|    |    | <b>Federico Talen</b> |                        |         | <b>Femke Lindeboom</b> |       |              |      |
|    |    | 100m                  | 12.56                  | (12.56) | 100m                   | 12.34 | (12.34)      |      |
|    |    | 500m                  | 47.84                  | (35.28) | 500m                   | 47.09 | (34.75)      |      |

|    |    | Naam                  |                       |         | Cat               | PR    | Tijd         | Info |
|----|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------|
| 49 | wt | 36                    | <b>Norah van Elst</b> |         | DPB               | 46.25 | <b>46.75</b> |      |
|    | rd | 127                   | <b>Owen Knook</b>     |         | HB1               | 47.04 | <b>45.52</b> | PR   |
|    |    | <b>Norah van Elst</b> |                       |         | <b>Owen Knook</b> |       |              |      |
|    |    | 100m                  | 12.42                 | (12.42) | 100m              | 11.76 | (11.76)      |      |
|    |    | 500m                  | 46.75                 | (34.33) | 500m              | 45.52 | (33.76)      |      |

|    |    | Naam                        |                               |         | Cat                           | PR    | Tijd         | Info |
|----|----|-----------------------------|-------------------------------|---------|-------------------------------|-------|--------------|------|
| 50 | gl | 138                         | <b>Floortje Korpershoek</b>   |         | DC2                           | 47.17 | <b>46.48</b> | PR   |
|    | bl | 83                          | <b>Valentijn van der Liet</b> |         | HC2                           | 47.15 | <b>46.86</b> | PR   |
|    |    | <b>Floortje Korpershoek</b> |                               |         | <b>Valentijn van der Liet</b> |       |              |      |
|    |    | 100m                        | 12.21                         | (12.21) | 100m                          | 13.14 | (13.14)      |      |
|    |    | 500m                        | 46.48                         | (34.27) | 500m                          | 46.86 | (33.72)      |      |

|    |    | Naam                    |                          |         | Cat                      | PR    | Tijd         | Info |
|----|----|-------------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 51 | wt | 8                       | <b>Veerle Zunnabeld</b>  |         | DPA                      | 45.91 | <b>45.11</b> | PR   |
|    | rd | 18                      | <b>Caspian Alexander</b> |         | HPA                      | 45.76 | <b>45.45</b> | PR   |
|    |    | <b>Veerle Zunnabeld</b> |                          |         | <b>Caspian Alexander</b> |       |              |      |
|    |    | 100m                    | 12.43                    | (12.43) | 100m                     | 12.01 | (12.01)      |      |
|    |    | 500m                    | 45.11                    | (32.68) | 500m                     | 45.45 | (33.44)      |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                   |                        |         | Cat                    | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|
| 52 | gl | 68                     | <b>Ferd Veelenturf</b> |         | H65                    | 42.32 | <b>46.35</b> |      |
|    | bl | 79                     | <b>Noortje Kappers</b> |         | DPA                    | 44.33 | <b>44.99</b> |      |
|    |    | <b>Ferd Veelenturf</b> |                        |         | <b>Noortje Kappers</b> |       |              |      |
|    |    | 100m                   | 12.61                  | (12.61) | 100m                   | 12.28 | (12.28)      |      |
|    |    | 500m                   | 46.35                  | (33.74) | 500m                   | 44.99 | (32.71)      |      |

|    |    | Naam               |                     |         | Cat                 | PR    | Tijd         | Info |
|----|----|--------------------|---------------------|---------|---------------------|-------|--------------|------|
| 53 | wt | 170                | <b>Fleur Smits</b>  |         | DB2                 | 41.84 | <b>41.75</b> | PR   |
|    | rd | 140                | <b>Kiki Tellier</b> |         | DN4                 | 43.01 | <b>DNF</b>   |      |
|    |    | <b>Fleur Smits</b> |                     |         | <b>Kiki Tellier</b> |       |              |      |
|    |    | 100m               | 11.41               | (11.41) | 100m                | 11.91 | (11.91)      |      |
|    |    | 500m               | 41.75               | (30.34) |                     |       |              |      |

|    |    | Naam                    |                         |         | Cat                     | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 54 | gl | 60                      | <b>Wilfred van Stam</b> |         | H55                     | 43.95 | <b>44.25</b> |      |
|    | bl | 34                      | <b>Justin van Velde</b> |         | HPA                     | 44.49 | <b>43.85</b> | PR   |
|    |    | <b>Wilfred van Stam</b> |                         |         | <b>Justin van Velde</b> |       |              |      |
|    |    | 100m                    | 12.01                   | (12.01) | 100m                    | 11.74 | (11.74)      |      |
|    |    | 500m                    | 44.25                   | (32.24) | 500m                    | 43.85 | (32.11)      |      |

|    |    | Naam                 |                      |         | Cat                | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 55 | wt | 109                  | <b>Tijl de Vries</b> |         | HC2                | 41.32 | <b>41.06</b> | PR   |
|    | rd | 12                   | <b>Djem Smeele</b>   |         | HC2                | 41.72 | <b>41.08</b> | PR   |
|    |    | <b>Tijl de Vries</b> |                      |         | <b>Djem Smeele</b> |       |              |      |
|    |    | 100m                 | 11.19                | (11.19) | 100m               | 11.14 | (11.14)      |      |
|    |    | 500m                 | 41.06                | (29.87) | 500m               | 41.08 | (29.94)      |      |

|    |    | Naam                        |                             |         | Cat                       | PR    | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|---------------------------|-------|--------------|------|
| 56 | gl | 174                         | <b>Mats van der Heijden</b> |         | HA1                       | 40.93 | <b>40.85</b> | PR   |
|    | bl | 175                         | <b>Loek van Vilsteren</b>   |         | HN1                       | 36.66 | <b>36.86</b> |      |
|    |    | <b>Mats van der Heijden</b> |                             |         | <b>Loek van Vilsteren</b> |       |              |      |
|    |    | 100m                        | 10.89                       | (10.89) | 100m                      | 10.39 | (10.39)      |      |
|    |    | 500m                        | 40.85                       | (29.96) | 500m                      | 36.86 | (26.47)      |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 3. Uitslag 500/1500 en 500/3000 500 meter

| Pos | Naam                       | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|----------------------------|-----|------|------|-------|------|--------|
| 1   | 19 Nout Tates              | HA2 | 84   | I    | 38.17 | PR   |        |
| 2   | 88 Olaf Vunderink          | HA1 | 84   | O    | 38.28 |      |        |
| 3   | 173 Joost de Jong          | HN3 | 81   | I    | 38.64 |      |        |
| 4   | 78 Sylvian Hoogeveen       | HA2 | 81   | O    | 38.66 |      |        |
| 5   | 17 Donald Stappenbelt      | HN1 | 83   | I    | 38.73 |      |        |
| 6   | 139 Julian de Boer         | HB2 | 82   | O    | 39.00 |      |        |
| 7   | 179 Matthijs de Haan       | HC2 | 83   | O    | 39.03 |      |        |
| 8   | 10 Lennaart Lamers         | HSB | 80   | I    | 39.10 |      |        |
| 9   | 113 Leon de Hoop           | HSA | 80   | O    | 39.36 |      |        |
| 10  | 82 Niels Meijer            | HN2 | 79   | I    | 39.45 |      |        |
| 11  | 40 Bodhi Smeele            | HB2 | 82   | I    | 39.59 |      |        |
| 12  | 86 Berto Anker             | HA2 | 78   | I    | 40.45 | PR   |        |
| 13  | 50 Luuk van de Pol         | HB2 | 73   | I    | 40.96 | PR   |        |
| 14  | 62 Remco Boere             | HSA | 77   | O    | 41.26 |      |        |
| 15  | 64 Jordi Storm             | HN1 | 79   | O    | 41.30 |      |        |
| 16  | 58 Okke Pas                | HSA | 76   | O    | 41.70 |      |        |
| 17  | 54 Zoë Tiemens             | DN3 | 78   | O    | 41.86 |      |        |
| 18  | 128 Kyenno Fredrikze       | HB2 | 74   | O    | 41.93 | PR   |        |
| 19  | 59 Laurens Rus             | HSA | 73   | O    | 42.40 |      |        |
| 20  | 117 Susanne Prins          | DA2 | 77   | I    | 42.73 |      |        |
| 21  | 7 Quinten Meerveld         | HN3 | 74   | I    | 42.79 | PR   |        |
| 22  | 151 Iris Mulder            | DN2 | 71   | O    | 42.86 | PR   |        |
| 23  | 99 Arjan Bakker            | H60 | 75   | I    | 43.16 |      |        |
| 24  | 4 Isa Oudenes              | DB1 | 71   | I    | 43.36 | PR   |        |
| 25  | 80 Lièn van Dasselaar      | DN1 | 76   | I    | 43.66 |      |        |
| 26  | 90 Esmee Zijderlaan        | DB2 | 72   | O    | 43.76 | PR   |        |
| 27  | 84 Emma van der Liet       | DN1 | 75   | O    | 43.80 | PR   |        |
| 28  | 136 Annika Korpershoek     | DC2 | 72   | I    | 43.99 | PR   |        |
| 29  | 98 Isabella Talen          | DB1 | 68   | O    | 45.16 |      |        |
| 30  | 72 Peter de Bruin          | HC1 | 70   | O    | 45.20 |      |        |
| 31  | 35 Bregje Nagelmaeker      | DA1 | 68   | I    | 45.30 | PR   |        |
| 32  | 42 Bernhard Melenhorst     | H50 | 66   | I    | 45.57 | PR   |        |
| 33  | 154 Jenne de Haan          | H50 | 66   | O    | 45.72 | PR   |        |
| 34  | 71 Sjoerd Riezebos         | HN4 | 69   | I    | 45.77 |      |        |
| 35  | 44 Talita van Hartskamp    | DSA | 64   | I    | 45.78 | PR   |        |
| 36  | 67 Richard Cents           | H45 | 67   | I    | 46.18 | PR   |        |
| 37  | 85 Anne-Fleur van der Liet | DB2 | 64   | O    | 46.59 | PR   |        |
| 38  | 120 Luna Beks              | DC1 | 65   | O    | 46.66 | PR   |        |

Scheidsrechter:

Assistent:

Starter:

Van 8-3-2024 18:00:00 tot 8-3-2024 19:16:13

Print: 31-3-2025 10:28:30



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

| Pos | Naam                     | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|--------------------------|-----|------|------|-------|------|--------|
| 39  | 1 Maren de Bruin         | DPA | 65   | I    | 46.85 | PR   |        |
| 40  | 163 Ronald van Leussen   | H50 | 67   | O    | 46.93 | PR   |        |
| 41  | 130 Mette Verdoold       | DC2 | 63   | I    | 47.18 | PR   |        |
| 42  | 24 Bo Meijer             | DN1 | 69   | O    | 47.72 |      |        |
| 43  | 81 Demi Bartelds         | DN3 | 62   | I    | 47.76 | PR   |        |
| 44  | 172 Maud Salomons        | DA1 | 62   | O    | 48.38 |      |        |
| 45  | 49 Ilse Hofstee          | DN3 | 59   | O    | 48.51 | PR   |        |
| 46  | 95 Isolde de Koster      | DC2 | 61   | O    | 48.82 | PR   |        |
| 47  | 144 Eva Hogendoorn       | DC2 | 61   | I    | 49.15 | PR   |        |
| 48  | 53 Maria Ufkes           | D45 | 60   | I    | 49.19 |      |        |
| 49  | 57 Marit Noordman        | DB1 | 63   | O    | 49.46 |      |        |
| 50  | 161 Jasmijn Verdoold     | DC2 | 60   | O    | 50.45 |      |        |
| 51  | 29 Melanie Bruggeman     | DSB | 59   | I    | 50.94 | PR   |        |
| 52  | 153 Kris de Haan         | DB1 | 58   | I    | 52.12 | PR   |        |
| 53  | 92 Allard van Schoneveld | H50 | 58   | O    | 54.37 |      |        |
| 54  | 167 Arjan de Jong        | HSB | 57   | I    | 57.34 |      |        |
| 55  | 107 Jeroen Neimeijer     | H40 | 57   | O    | 59.37 | PR   |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 3. Rituitslag 500/1500 en 500/3000 500 meter

|    |    | Naam                 |                         | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|----------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 57 | wt | 167                  | <b>Arjan de Jong</b>    |         | HSB                     |       | 56.67   | <b>57.34</b> |      |
|    | rd | 107                  | <b>Jeroen Neimeijer</b> |         | H40                     |       | 1:03.37 | <b>59.37</b> | PR   |
|    |    | <b>Arjan de Jong</b> |                         |         | <b>Jeroen Neimeijer</b> |       |         |              |      |
|    |    | 100m                 | 14.27                   | (14.27) | 100m                    | 14.56 | (14.56) |              |      |
|    |    | 500m                 | 57.34                   | (43.07) | 500m                    | 59.37 | (44.81) |              |      |

|    |    | Naam                |                              | Cat     |                              | PR    |         | Tijd         | Info |
|----|----|---------------------|------------------------------|---------|------------------------------|-------|---------|--------------|------|
| 58 | gl | 153                 | <b>Kris de Haan</b>          |         | DB1                          |       | 52.55   | <b>52.12</b> | PR   |
|    | bl | 92                  | <b>Allard van Schoneveld</b> |         | H50                          |       | 53.95   | <b>54.37</b> |      |
|    |    | <b>Kris de Haan</b> |                              |         | <b>Allard van Schoneveld</b> |       |         |              |      |
|    |    | 100m                | 13.20                        | (13.20) | 100m                         | 14.47 | (14.47) |              |      |
|    |    | 500m                | 52.12                        | (38.92) | 500m                         | 54.37 | (39.90) |              |      |

|    |    | Naam                     |                          | Cat     |                     | PR    |         | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|---------------------|-------|---------|--------------|------|
| 59 | wt | 29                       | <b>Melanie Bruggeman</b> |         | DSB                 |       | 52.70   | <b>50.94</b> | PR   |
|    | rd | 49                       | <b>Ilse Hofstee</b>      |         | DN3                 |       | 49.19   | <b>48.51</b> | PR   |
|    |    | <b>Melanie Bruggeman</b> |                          |         | <b>Ilse Hofstee</b> |       |         |              |      |
|    |    | 100m                     | 13.44                    | (13.44) | 100m                | 13.01 | (13.01) |              |      |
|    |    | 500m                     | 50.94                    | (37.50) | 500m                | 48.51 | (35.50) |              |      |

|    |    | Naam               |                         | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 60 | gl | 53                 | <b>Maria Ufkes</b>      |         | D45                     |       | 45.98   | <b>49.19</b> |      |
|    | bl | 161                | <b>Jasmijn Verdoold</b> |         | DC2                     |       | 49.89   | <b>50.45</b> |      |
|    |    | <b>Maria Ufkes</b> |                         |         | <b>Jasmijn Verdoold</b> |       |         |              |      |
|    |    | 100m               | 13.22                   | (13.22) | 100m                    | 13.32 | (13.32) |              |      |
|    |    | 500m               | 49.19                   | (35.97) | 500m                    | 50.45 | (37.13) |              |      |

|    |    | Naam                  |                         | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 61 | wt | 144                   | <b>Eva Hogendoorn</b>   |         | DC2                     |       | 49.87   | <b>49.15</b> | PR   |
|    | rd | 95                    | <b>Isolde de Koster</b> |         | DC2                     |       | 50.57   | <b>48.82</b> | PR   |
|    |    | <b>Eva Hogendoorn</b> |                         |         | <b>Isolde de Koster</b> |       |         |              |      |
|    |    | 100m                  | 13.43                   | (13.43) | 100m                    | 12.98 | (12.98) |              |      |
|    |    | 500m                  | 49.15                   | (35.72) | 500m                    | 48.82 | (35.84) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                 |                      |         | Cat                  |       |         | PR    | Tijd         | Info |  |
|----|----|----------------------|----------------------|---------|----------------------|-------|---------|-------|--------------|------|--|
| 62 | gl | 81                   | <b>Demi Bartelds</b> |         | DN3                  |       |         | 48.16 | <b>47.76</b> | PR   |  |
|    | bl | 172                  | <b>Maud Salomons</b> |         | DA1                  |       |         | 46.52 | <b>48.38</b> |      |  |
|    |    | <b>Demi Bartelds</b> |                      |         | <b>Maud Salomons</b> |       |         |       |              |      |  |
|    |    | 100m                 | 12.86                | (12.86) | 100m                 | 12.63 | (12.63) |       |              |      |  |
|    |    | 500m                 | 47.76                | (34.90) | 500m                 | 48.38 | (35.75) |       |              |      |  |

|    |    | Naam                  |                       |         | Cat                   |       |         | PR    | Tijd         | Info |  |
|----|----|-----------------------|-----------------------|---------|-----------------------|-------|---------|-------|--------------|------|--|
| 63 | wt | 130                   | <b>Mette Verdoold</b> |         | DC2                   |       |         | 47.83 | <b>47.18</b> | PR   |  |
|    | rd | 57                    | <b>Marit Noordman</b> |         | DB1                   |       |         | 49.21 | <b>49.46</b> |      |  |
|    |    | <b>Mette Verdoold</b> |                       |         | <b>Marit Noordman</b> |       |         |       |              |      |  |
|    |    | 100m                  | 12.50                 | (12.50) | 100m                  | 13.03 | (13.03) |       |              |      |  |
|    |    | 500m                  | 47.18                 | (34.68) | 500m                  | 49.46 | (36.43) |       |              |      |  |

|    |    | Naam                        |                                |         | Cat                            |       |         | PR    | Tijd         | Info |  |
|----|----|-----------------------------|--------------------------------|---------|--------------------------------|-------|---------|-------|--------------|------|--|
| 64 | gl | 44                          | <b>Talita van Hartskamp</b>    |         | DSA                            |       |         | 46.28 | <b>45.78</b> | PR   |  |
|    | bl | 85                          | <b>Anne-Fleur van der Liet</b> |         | DB2                            |       |         | 46.66 | <b>46.59</b> | PR   |  |
|    |    | <b>Talita van Hartskamp</b> |                                |         | <b>Anne-Fleur van der Liet</b> |       |         |       |              |      |  |
|    |    | 100m                        | 12.88                          | (12.88) | 100m                           | 12.65 | (12.65) |       |              |      |  |
|    |    | 500m                        | 45.78                          | (32.90) | 500m                           | 46.59 | (33.94) |       |              |      |  |

|    |    | Naam                  |                       |         | Cat              |       |         | PR    | Tijd         | Info |  |
|----|----|-----------------------|-----------------------|---------|------------------|-------|---------|-------|--------------|------|--|
| 65 | wt | 1                     | <b>Maren de Bruin</b> |         | DPA              |       |         | 46.94 | <b>46.85</b> | PR   |  |
|    | rd | 120                   | <b>Luna Beks</b>      |         | DC1              |       |         | 47.46 | <b>46.66</b> | PR   |  |
|    |    | <b>Maren de Bruin</b> |                       |         | <b>Luna Beks</b> |       |         |       |              |      |  |
|    |    | 100m                  | 12.99                 | (12.99) | 100m             | 12.56 | (12.56) |       |              |      |  |
|    |    | 500m                  | 46.85                 | (33.86) | 500m             | 46.66 | (34.10) |       |              |      |  |

|    |    | Naam                       |                            |         | Cat                  |       |         | PR    | Tijd         | Info |  |
|----|----|----------------------------|----------------------------|---------|----------------------|-------|---------|-------|--------------|------|--|
| 66 | gl | 42                         | <b>Bernhard Melenhorst</b> |         | H50                  |       |         | 45.75 | <b>45.57</b> | PR   |  |
|    | bl | 154                        | <b>Jenne de Haan</b>       |         | H50                  |       |         | 46.44 | <b>45.72</b> | PR   |  |
|    |    | <b>Bernhard Melenhorst</b> |                            |         | <b>Jenne de Haan</b> |       |         |       |              |      |  |
|    |    | 100m                       | 12.56                      | (12.56) | 100m                 | 12.35 | (12.35) |       |              |      |  |
|    |    | 500m                       | 45.57                      | (33.01) | 500m                 | 45.72 | (33.37) |       |              |      |  |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                 |                           |         | Cat                       | PR    | Tijd         | Info |
|----|----|----------------------|---------------------------|---------|---------------------------|-------|--------------|------|
| 67 | wt | 67                   | <b>Richard Cents</b>      |         | H45                       | 47.63 | <b>46.18</b> | PR   |
|    | rd | 163                  | <b>Ronald van Leussen</b> |         | H50                       | 46.99 | <b>46.93</b> | PR   |
|    |    | <b>Richard Cents</b> |                           |         | <b>Ronald van Leussen</b> |       |              |      |
|    |    | 100m                 | 12.36                     | (12.36) | 100m                      | 13.16 | (13.16)      |      |
|    |    | 500m                 | 46.18                     | (33.82) | 500m                      | 46.93 | (33.77)      |      |

|    |    | Naam                      |                           |         | Cat                   | PR    | Tijd         | Info |
|----|----|---------------------------|---------------------------|---------|-----------------------|-------|--------------|------|
| 68 | gl | 35                        | <b>Bregje Nagelmaeker</b> |         | DA1                   | 45.57 | <b>45.30</b> | PR   |
|    | bl | 98                        | <b>Isabella Talen</b>     |         | DB1                   | 45.11 | <b>45.16</b> |      |
|    |    | <b>Bregje Nagelmaeker</b> |                           |         | <b>Isabella Talen</b> |       |              |      |
|    |    | 100m                      | 12.58                     | (12.58) | 100m                  | 12.44 | (12.44)      |      |
|    |    | 500m                      | 45.30                     | (32.72) | 500m                  | 45.16 | (32.72)      |      |

|    |    | Naam                   |                        |         | Cat              | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------|-------|--------------|------|
| 69 | wt | 71                     | <b>Sjoerd Riezebos</b> |         | HN4              | 43.76 | <b>45.77</b> |      |
|    | rd | 24                     | <b>Bo Meijer</b>       |         | DN1              | 46.05 | <b>47.72</b> |      |
|    |    | <b>Sjoerd Riezebos</b> |                        |         | <b>Bo Meijer</b> |       |              |      |
|    |    | 100m                   | 12.24                  | (12.24) | 100m             | 12.36 | (12.36)      |      |
|    |    | 500m                   | 45.77                  | (33.53) | 500m             | 47.72 | (35.36)      |      |

|    |    | Naam |                       |      | Cat                   | PR      | Tijd         | Info |
|----|----|------|-----------------------|------|-----------------------|---------|--------------|------|
| 70 | gl |      |                       |      |                       |         |              |      |
|    | bl | 72   | <b>Peter de Bruin</b> |      | HC1                   | 45.03   | <b>45.20</b> |      |
|    |    |      |                       |      | <b>Peter de Bruin</b> |         |              |      |
|    |    | m    |                       |      | 100m                  | 12.31   | (12.31)      |      |
|    |    |      |                       | 500m | 45.20                 | (32.89) |              |      |

|    |    | Naam               |                    |         | Cat                | PR    | Tijd         | Info |
|----|----|--------------------|--------------------|---------|--------------------|-------|--------------|------|
| 71 | wt | 4                  | <b>Isa Oudenes</b> |         | DB1                | 44.76 | <b>43.36</b> | PR   |
|    | rd | 151                | <b>Iris Mulder</b> |         | DN2                | 43.81 | <b>42.86</b> | PR   |
|    |    | <b>Isa Oudenes</b> |                    |         | <b>Iris Mulder</b> |       |              |      |
|    |    | 100m               | 11.74              | (11.74) | 100m               | 11.76 | (11.76)      |      |
|    |    | 500m               | 43.36              | (31.62) | 500m               | 42.86 | (31.10)      |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                      |                           | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|---------------------------|---------------------------|---------|-------------------------|-------|---------|--------------|------|
| 72 | gl | 136                       | <b>Annika Korpershoek</b> |         | DC2                     |       | 44.64   | <b>43.99</b> | PR   |
|    | bl | 90                        | <b>Esmee Zijderlaan</b>   |         | DB2                     |       | 43.93   | <b>43.76</b> | PR   |
|    |    | <b>Annika Korpershoek</b> |                           |         | <b>Esmee Zijderlaan</b> |       |         |              |      |
|    |    | 100m                      | 11.69                     | (11.69) | 100m                    | 11.97 | (11.97) |              |      |
|    |    | 500m                      | 43.99                     | (32.30) | 500m                    | 43.76 | (31.79) |              |      |

|    |    | Naam                   |                        | Cat     |                    | PR    |         | Tijd         | Info |
|----|----|------------------------|------------------------|---------|--------------------|-------|---------|--------------|------|
| 73 | wt | 50                     | <b>Luuk van de Pol</b> |         | HB2                |       | 44.46   | <b>40.96</b> | PR   |
|    | rd | 59                     | <b>Laurens Rus</b>     |         | HSA                |       | 41.23   | <b>42.40</b> |      |
|    |    | <b>Luuk van de Pol</b> |                        |         | <b>Laurens Rus</b> |       |         |              |      |
|    |    | 100m                   | 10.97                  | (10.97) | 100m               | 11.53 | (11.53) |              |      |
|    |    | 500m                   | 40.96                  | (29.99) | 500m               | 42.40 | (30.87) |              |      |

|    |    | Naam                    |                         | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 74 | gl | 7                       | <b>Quinten Meerveld</b> |         | HN3                     |       | 43.09   | <b>42.79</b> | PR   |
|    | bl | 128                     | <b>Kyenno Fredrikze</b> |         | HB2                     |       | 42.69   | <b>41.93</b> | PR   |
|    |    | <b>Quinten Meerveld</b> |                         |         | <b>Kyenno Fredrikze</b> |       |         |              |      |
|    |    | 100m                    | 12.12                   | (12.12) | 100m                    | 11.64 | (11.64) |              |      |
|    |    | 500m                    | 42.79                   | (30.67) | 500m                    | 41.93 | (30.29) |              |      |

|    |    | Naam                |                          | Cat     |                          | PR    |         | Tijd         | Info |
|----|----|---------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 75 | wt | 99                  | <b>Arjan Bakker</b>      |         | H60                      |       | 41.23   | <b>43.16</b> |      |
|    | rd | 84                  | <b>Emma van der Liet</b> |         | DN1                      |       | 43.81   | <b>43.80</b> | PR   |
|    |    | <b>Arjan Bakker</b> |                          |         | <b>Emma van der Liet</b> |       |         |              |      |
|    |    | 100m                | 12.14                    | (12.14) | 100m                     | 12.34 | (12.34) |              |      |
|    |    | 500m                | 43.16                    | (31.02) | 500m                     | 43.80 | (31.46) |              |      |

|    |    | Naam                      |                           | Cat     |                 | PR    |         | Tijd         | Info |
|----|----|---------------------------|---------------------------|---------|-----------------|-------|---------|--------------|------|
| 76 | gl | 80                        | <b>Lièn van Dasselaar</b> |         | DN1             |       | 41.86   | <b>43.66</b> |      |
|    | bl | 58                        | <b>Okke Pas</b>           |         | HSA             |       | 40.33   | <b>41.70</b> |      |
|    |    | <b>Lièn van Dasselaar</b> |                           |         | <b>Okke Pas</b> |       |         |              |      |
|    |    | 100m                      | 11.79                     | (11.79) | 100m            | 11.49 | (11.49) |              |      |
|    |    | 500m                      | 43.66                     | (31.87) | 500m            | 41.70 | (30.21) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|       |    | Naam                   |                          |         | Cat                      |       |         | PR    | Tijd         | Info |  |
|-------|----|------------------------|--------------------------|---------|--------------------------|-------|---------|-------|--------------|------|--|
| 77    | wt | 117                    | <b>Susanne Prins</b>     |         | DA2                      |       |         | 40.87 | <b>42.73</b> |      |  |
|       | rd | 62                     | <b>Remco Boere</b>       |         | HSA                      |       |         | 40.67 | <b>41.26</b> |      |  |
|       |    | <b>Susanne Prins</b>   |                          |         | <b>Remco Boere</b>       |       |         |       |              |      |  |
|       |    | 100m                   | 11.82                    | (11.82) | 100m                     | 11.24 | (11.24) |       |              |      |  |
|       |    | 500m                   | 42.73                    | (30.91) | 500m                     | 41.26 | (30.02) |       |              |      |  |
| <hr/> |    |                        |                          |         |                          |       |         |       |              |      |  |
|       |    | Naam                   |                          |         | Cat                      |       |         | PR    | Tijd         | Info |  |
| 78    | gl | 86                     | <b>Berto Anker</b>       |         | HA2                      |       |         | 40.87 | <b>40.45</b> | PR   |  |
|       | bl | 54                     | <b>Zoë Tiemens</b>       |         | DN3                      |       |         | 41.21 | <b>41.86</b> |      |  |
|       |    | <b>Berto Anker</b>     |                          |         | <b>Zoë Tiemens</b>       |       |         |       |              |      |  |
|       |    | 100m                   | 11.18                    | (11.18) | 100m                     | 11.56 | (11.56) |       |              |      |  |
|       |    | 500m                   | 40.45                    | (29.27) | 500m                     | 41.86 | (30.30) |       |              |      |  |
| <hr/> |    |                        |                          |         |                          |       |         |       |              |      |  |
|       |    | Naam                   |                          |         | Cat                      |       |         | PR    | Tijd         | Info |  |
| 79    | wt | 82                     | <b>Niels Meijer</b>      |         | HN2                      |       |         | 39.18 | <b>39.45</b> |      |  |
|       | rd | 64                     | <b>Jordi Storm</b>       |         | HN1                      |       |         | 39.98 | <b>41.30</b> |      |  |
|       |    | <b>Niels Meijer</b>    |                          |         | <b>Jordi Storm</b>       |       |         |       |              |      |  |
|       |    | 100m                   | 10.90                    | (10.90) | 100m                     | 11.51 | (11.51) |       |              |      |  |
|       |    | 500m                   | 39.45                    | (28.55) | 500m                     | 41.30 | (29.79) |       |              |      |  |
| <hr/> |    |                        |                          |         |                          |       |         |       |              |      |  |
|       |    | Naam                   |                          |         | Cat                      |       |         | PR    | Tijd         | Info |  |
| 80    | gl | 10                     | <b>Lennaart Lamers</b>   |         | HSB                      |       |         | 38.49 | <b>39.10</b> |      |  |
|       | bl | 113                    | <b>Leon de Hoop</b>      |         | HSA                      |       |         | 38.22 | <b>39.36</b> |      |  |
|       |    | <b>Lennaart Lamers</b> |                          |         | <b>Leon de Hoop</b>      |       |         |       |              |      |  |
|       |    | 100m                   | 10.90                    | (10.90) | 100m                     | 10.75 | (10.75) |       |              |      |  |
|       |    | 500m                   | 39.10                    | (28.20) | 500m                     | 39.36 | (28.61) |       |              |      |  |
| <hr/> |    |                        |                          |         |                          |       |         |       |              |      |  |
|       |    | Naam                   |                          |         | Cat                      |       |         | PR    | Tijd         | Info |  |
| 81    | wt | 173                    | <b>Joost de Jong</b>     |         | HN3                      |       |         | 38.12 | <b>38.64</b> |      |  |
|       | rd | 78                     | <b>Sylvian Hoogeveen</b> |         | HA2                      |       |         | 38.57 | <b>38.66</b> |      |  |
|       |    | <b>Joost de Jong</b>   |                          |         | <b>Sylvian Hoogeveen</b> |       |         |       |              |      |  |
|       |    | 100m                   | 10.64                    | (10.64) | 100m                     | 10.72 | (10.72) |       |              |      |  |
|       |    | 500m                   | 38.64                    | (28.00) | 500m                     | 38.66 | (27.94) |       |              |      |  |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 82 | gl | 40                  | <b>Bodhi Smeele</b>   |         | HB2                   |       | 38.80   | <b>39.59</b> |      |
|    | bl | 139                 | <b>Julian de Boer</b> |         | HB2                   |       | 38.99   | <b>39.00</b> |      |
|    |    | <b>Bodhi Smeele</b> |                       |         | <b>Julian de Boer</b> |       |         |              |      |
|    |    | 100m                | 11.18                 | (11.18) | 100m                  | 10.82 | (10.82) |              |      |
|    |    | 500m                | 39.59                 | (28.41) | 500m                  | 39.00 | (28.18) |              |      |

|    |    | Naam                      |                           | Cat     |                         | PR    |         | Tijd         | Info |
|----|----|---------------------------|---------------------------|---------|-------------------------|-------|---------|--------------|------|
| 83 | wt | 17                        | <b>Donald Stappenbelt</b> |         | HN1                     |       | 38.37   | <b>38.73</b> |      |
|    | rd | 179                       | <b>Matthijs de Haan</b>   |         | HC2                     |       | 38.40   | <b>39.03</b> |      |
|    |    | <b>Donald Stappenbelt</b> |                           |         | <b>Matthijs de Haan</b> |       |         |              |      |
|    |    | 100m                      | 10.91                     | (10.91) | 100m                    | 11.00 | (11.00) |              |      |
|    |    | 500m                      | 38.73                     | (27.82) | 500m                    | 39.03 | (28.03) |              |      |

|    |    | Naam              |                       | Cat     |                       | PR    |         | Tijd         | Info |
|----|----|-------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 84 | gl | 19                | <b>Nout Tates</b>     |         | HA2                   |       | 38.51   | <b>38.17</b> | PR   |
|    | bl | 88                | <b>Olaf Vunderink</b> |         | HA1                   |       | 37.99   | <b>38.28</b> |      |
|    |    | <b>Nout Tates</b> |                       |         | <b>Olaf Vunderink</b> |       |         |              |      |
|    |    | 100m              | 10.37                 | (10.37) | 100m                  | 10.66 | (10.66) |              |      |
|    |    | 500m              | 38.17                 | (27.80) | 500m                  | 38.28 | (27.62) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 4. Uitslag Sprint 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|-------------------------|-----|------|------|---------|-------|--------|
| 1   | 176 Chris Fredriks      | HN2 | 85   | I    | 36.49   |       |        |
| 2   | 115 Daan van Zwienen    | HB2 | 98   | I    | 37.97   |       |        |
| 3   | 177 Jonas Bakker        | HB2 | 85   | O    | 39.19   |       |        |
| 4   | 110 Thomas van Herk     | HN3 | 98   | O    | 41.06   | PR    |        |
| 5   | 94 Luuk van Zwienen     | HPA | 97   | O    | 49.62   |       |        |
| 6   | 125 Suze Verschoor      | DPA | 97   | I    | 52.22   | PR    |        |
| 7   | 74 Peter Verburg        | HPC | 96   | I    | 56.10   | PR    |        |
| 8   | 87 Coen Zijderlaan      | HPC | 94   | I    | 56.50   | PR    |        |
| 9   | 63 Merijn Abrahamse     | HPA | 95   | I    | 56.51   | PR    |        |
| 10  | 158 Florian de Kool     | HPD | 95   | O    | 57.44   | PR    |        |
| 11  | 149 Cato Mettau         | DPC | 96   | O    | 58.48   | PR    |        |
| 12  | 160 Vin Oudenes         | HPC | 93   | I    | 1:03.56 | PR    |        |
| 13  | 143 Anna Hogendoorn     | DPE | 86   | O    | 1:04.94 |       |        |
| 14  | 135 Levi van Ee         | HPB | 91   | I    | 1:05.47 | PR    |        |
| 15  | 61 Jorn de Bruin        | HPD | 94   | O    | 1:06.31 | PR FL |        |
| 16  | 150 Fien Mettau         | DPE | 86   | I    | 1:07.01 |       |        |
| 17  | 155 Lotte Neven         | DPC | 91   | O    | 1:07.08 | PR    |        |
| 18  | 118 Nikki Slegtenhorst  | DPD | 88   | O    | 1:07.33 |       |        |
| 19  | 112 Jelmer Verburg      | HPE | 89   | O    | 1:08.05 | PR    |        |
| 20  | 156 Eline Neven         | DPE | 93   | O    | 1:15.13 | PR    |        |
| 21  | 104 Nine Schoonderwoerd | DPE | 89   | I    | 1:17.69 | PR    |        |
| 22  | 159 Annejet Mettau      | DPF | 90   | I    | 1:21.63 |       |        |
| 23  | 100 Lola Casteleijn     | DPD | 88   | I    | 1:22.16 |       |        |
| 24  | 103 Dex Boer            | HPD | 87   | O    | 1:27.97 | FL    |        |
| 25  | 134 Hannah van Ee       | DPE | 90   | O    | 1:34.83 | HT PR |        |
| 26  | 101 Norah Casteleijn    | DPF | 87   | I    | 1:36.12 |       |        |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 4. Rituitslag Sprint 500 meter

|    |    | Naam                  |                       | Cat     |                     | PR    | Tijd    | Info         |
|----|----|-----------------------|-----------------------|---------|---------------------|-------|---------|--------------|
| 85 | wt | 176                   | <b>Chris Fredriks</b> |         | HN2                 |       | 35.96   | <b>36.49</b> |
|    | rd | 177                   | <b>Jonas Bakker</b>   |         | HB2                 |       | 38.71   | <b>39.19</b> |
|    |    | <b>Chris Fredriks</b> |                       |         | <b>Jonas Bakker</b> |       |         |              |
|    |    | 100m                  | 10.13                 | (10.13) | 100m                | 10.67 | (10.67) |              |
|    |    | 500m                  | 36.49                 | (26.36) | 500m                | 39.19 | (28.52) |              |

|    |    | Naam               |                        | Cat     |                        | PR      | Tijd    | Info           |
|----|----|--------------------|------------------------|---------|------------------------|---------|---------|----------------|
| 86 | gl | 150                | <b>Fien Mettau</b>     |         | DPE                    |         |         | <b>1:07.01</b> |
|    | bl | 143                | <b>Anna Hogendoorn</b> |         | DPE                    |         |         | <b>1:04.94</b> |
|    |    | <b>Fien Mettau</b> |                        |         | <b>Anna Hogendoorn</b> |         |         |                |
|    |    | 100m               | 14.55                  | (14.55) | 100m                   | 14.54   | (14.54) |                |
|    |    | 500m               | 1:07.01                | (52.46) | 500m                   | 1:04.94 | (50.40) |                |

|    |    | Naam                    |                         | Cat     |                 | PR      | Tijd    | Info              |
|----|----|-------------------------|-------------------------|---------|-----------------|---------|---------|-------------------|
| 87 | wt | 101                     | <b>Norah Casteleijn</b> |         | DPF             |         |         | <b>1:36.12</b>    |
|    | rd | 103                     | <b>Dex Boer</b>         |         | HPD             |         |         | <b>1:27.97</b> FL |
|    |    | <b>Norah Casteleijn</b> |                         |         | <b>Dex Boer</b> |         |         |                   |
|    |    | 100m                    | 20.87                   | (20.87) | 100m            | 18.28   | (18.28) |                   |
|    |    | 500m                    | 1:36.12                 | (75.25) | 500m            | 1:27.97 | (69.69) |                   |

|    |    | Naam                   |                           | Cat     |                           | PR      | Tijd    | Info           |
|----|----|------------------------|---------------------------|---------|---------------------------|---------|---------|----------------|
| 88 | gl | 100                    | <b>Lola Casteleijn</b>    |         | DPD                       |         |         | <b>1:22.16</b> |
|    | bl | 118                    | <b>Nikki Slegtenhorst</b> |         | DPD                       |         |         | <b>1:07.33</b> |
|    |    | <b>Lola Casteleijn</b> |                           |         | <b>Nikki Slegtenhorst</b> |         |         |                |
|    |    | 100m                   | 17.87                     | (17.87) | 100m                      | 14.52   | (14.52) |                |
|    |    | 500m                   | 1:22.16                   | (64.29) | 500m                      | 1:07.33 | (52.81) |                |

|    |    | Naam                       |                            | Cat     |                       | PR      | Tijd    | Info              |
|----|----|----------------------------|----------------------------|---------|-----------------------|---------|---------|-------------------|
| 89 | wt | 104                        | <b>Nine Schoonderwoerd</b> |         | DPE                   | 1:21.76 |         | <b>1:17.69</b> PR |
|    | rd | 112                        | <b>Jelmer Verburg</b>      |         | HPE                   | 1:21.95 |         | <b>1:08.05</b> PR |
|    |    | <b>Nine Schoonderwoerd</b> |                            |         | <b>Jelmer Verburg</b> |         |         |                   |
|    |    | 100m                       | 16.52                      | (16.52) | 100m                  | 34.02   | (34.02) |                   |
|    |    | 500m                       | 1:17.69                    | (61.17) | 500m                  | 1:08.05 | (34.03) |                   |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                  |                       |         | Cat                  |         |         | PR | Tijd           | Info  |
|----|----|-----------------------|-----------------------|---------|----------------------|---------|---------|----|----------------|-------|
| 90 | gl | 159                   | <b>Annejet Mettau</b> |         | DPF                  |         |         |    | <b>1:21.63</b> |       |
|    | bl | 134                   | <b>Hannah van Ee</b>  |         | DPE                  |         |         |    | <b>1:34.83</b> | HT PR |
|    |    | <b>Annejet Mettau</b> |                       |         | <b>Hannah van Ee</b> |         |         |    |                |       |
|    |    | 100m                  | 16.92                 | (16.92) | 100m                 | 1:34.83 | (94.83) |    |                |       |
|    |    | 500m                  | 1:21.63               | (64.71) |                      |         |         |    |                |       |

|    |    | Naam               |                    |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|--------------------|--------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 91 | wt | 135                | <b>Levi van Ee</b> |         | HPB                |         |         | 1:13.03 | <b>1:05.47</b> | PR   |
|    | rd | 155                | <b>Lotte Neven</b> |         | DPC                |         |         | 1:09.11 | <b>1:07.08</b> | PR   |
|    |    | <b>Levi van Ee</b> |                    |         | <b>Lotte Neven</b> |         |         |         |                |      |
|    |    | 100m               | 14.86              | (14.86) | 100m               | 14.60   | (14.60) |         |                |      |
|    |    | 500m               | 1:05.47            | (50.61) | 500m               | 1:07.08 | (52.48) |         |                |      |

|    |    | Naam |  |  | Cat |  |  | PR | Tijd | Info |
|----|----|------|--|--|-----|--|--|----|------|------|
| 92 | gl |      |  |  |     |  |  |    |      |      |
|    | bl |      |  |  |     |  |  |    |      |      |
|    |    | m    |  |  | m   |  |  |    |      |      |

|    |    | Naam               |                    |         | Cat                |         |         | PR      | Tijd           | Info |
|----|----|--------------------|--------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 93 | wt | 160                | <b>Vin Oudenes</b> |         | HPC                |         |         | 1:07.65 | <b>1:03.56</b> | PR   |
|    | rd | 156                | <b>Eline Neven</b> |         | DPE                |         |         | 1:17.37 | <b>1:15.13</b> | PR   |
|    |    | <b>Vin Oudenes</b> |                    |         | <b>Eline Neven</b> |         |         |         |                |      |
|    |    | 100m               | 14.24              | (14.24) | 100m               | 16.39   | (16.39) |         |                |      |
|    |    | 500m               | 1:03.56            | (49.32) | 500m               | 1:15.13 | (58.74) |         |                |      |

|    |    | Naam                   |                        |         | Cat                  |         |         | PR      | Tijd           | Info  |
|----|----|------------------------|------------------------|---------|----------------------|---------|---------|---------|----------------|-------|
| 94 | gl | 87                     | <b>Coen Zijderlaan</b> |         | HPC                  |         |         | 1:05.76 | <b>56.50</b>   | PR    |
|    | bl | 61                     | <b>Jorn de Bruin</b>   |         | HPD                  |         |         | 1:07.29 | <b>1:06.31</b> | PR FL |
|    |    | <b>Coen Zijderlaan</b> |                        |         | <b>Jorn de Bruin</b> |         |         |         |                |       |
|    |    | 100m                   | 13.70                  | (13.70) | 100m                 | 13.91   | (13.91) |         |                |       |
|    |    | 500m                   | 56.50                  | (42.80) | 500m                 | 1:06.31 | (52.40) |         |                |       |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|    |    | Naam                    |                         |         | Cat                    |       |         | PR    | Tijd         | Info |
|----|----|-------------------------|-------------------------|---------|------------------------|-------|---------|-------|--------------|------|
| 95 | wt | 63                      | <b>Merijn Abrahamse</b> |         | HPA                    |       |         | 57.90 | <b>56.51</b> | PR   |
|    | rd | 158                     | <b>Florian de Kool</b>  |         | HPD                    |       |         | 59.79 | <b>57.44</b> | PR   |
|    |    | <b>Merijn Abrahamse</b> |                         |         | <b>Florian de Kool</b> |       |         |       |              |      |
|    |    | 100m                    | 13.01                   | (13.01) | 100m                   | 13.56 | (13.56) |       |              |      |
|    |    | 500m                    | 56.51                   | (43.50) | 500m                   | 57.44 | (43.88) |       |              |      |

|    |    | Naam                 |                      |         | Cat                |       |         | PR      | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|---------|---------|--------------|------|
| 96 | gl | 74                   | <b>Peter Verburg</b> |         | HPC                |       |         | 59.61   | <b>56.10</b> | PR   |
|    | bl | 149                  | <b>Cato Mettau</b>   |         | DPC                |       |         | 1:03.46 | <b>58.48</b> | PR   |
|    |    | <b>Peter Verburg</b> |                      |         | <b>Cato Mettau</b> |       |         |         |              |      |
|    |    | 100m                 | 13.52                | (13.52) | 100m               | 14.02 | (14.02) |         |              |      |
|    |    | 500m                 | 56.10                | (42.58) | 500m               | 58.48 | (44.46) |         |              |      |

|    |    | Naam                  |                        |         | Cat                    |       |         | PR    | Tijd         | Info |
|----|----|-----------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|------|
| 97 | wt | 125                   | <b>Suze Verschoor</b>  |         | DPA                    |       |         | 53.73 | <b>52.22</b> | PR   |
|    | rd | 94                    | <b>Luuk van Zwiene</b> |         | HPA                    |       |         | 48.83 | <b>49.62</b> |      |
|    |    | <b>Suze Verschoor</b> |                        |         | <b>Luuk van Zwiene</b> |       |         |       |              |      |
|    |    | 100m                  | 13.93                  | (13.93) | 100m                   | 12.88 | (12.88) |       |              |      |
|    |    | 500m                  | 52.22                  | (38.29) | 500m                   | 49.62 | (36.74) |       |              |      |

|    |    | Naam                   |                        |         | Cat                    |       |         | PR    | Tijd         | Info |
|----|----|------------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|------|
| 98 | gl | 115                    | <b>Daan van Zwiene</b> |         | HB2                    |       |         | 37.47 | <b>37.97</b> |      |
|    | bl | 110                    | <b>Thomas van Herk</b> |         | HN3                    |       |         | 41.63 | <b>41.06</b> | PR   |
|    |    | <b>Daan van Zwiene</b> |                        |         | <b>Thomas van Herk</b> |       |         |       |              |      |
|    |    | 100m                   | 10.29                  | (10.29) | 100m                   | 10.67 | (10.67) |       |              |      |
|    |    | 500m                   | 37.97                  | (27.68) | 500m                   | 41.06 | (30.39) |       |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 5. Uitslag Pupillen 1e 300 meter

| Pos | Naam                        | Cat | Paar | Baan | Tijd  | Info  | Punten |
|-----|-----------------------------|-----|------|------|-------|-------|--------|
| 1   | 108 Evi de Vries            | DPD | 111  | I    | 30.99 | PR    |        |
| 2   | 3 Liam Makkinga             | HPD | 111  | O    | 31.17 |       |        |
| 3   | 14 Myrthe Cents             | DPC | 112  | I    | 33.29 | PR    |        |
| 4   | 37 Lotte van Veen           | DPD | 109  | I    | 33.76 | PR    |        |
| 5   | 22 Jasper van Gelder        | HPD | 107  | I    | 35.00 | PR    |        |
| 6   | 41 Jildau ter Laak          | DPC | 109  | O    | 35.19 | PR    |        |
| 7   | 26 Miquel Stout             | HPE | 110  | O    | 35.61 | PR    |        |
| 8   | 31 Esmée Lugtenberg         | DPD | 108  | I    | 35.68 | PR    |        |
| 9   | 13 Fajah Lugtenberg         | DPD | 107  | O    | 36.62 |       |        |
| 10  | 75 Indy Wesselink           | DPC | 108  | O    | 36.90 |       |        |
| 11  | 102 Jasper Neimeijer        | HPD | 106  | O    | 38.81 | PR    |        |
| 12  | 55 Esmee Noordman           | DPE | 105  | I    | 39.51 | PR    |        |
| 13  | 146 Willem Schalkwijk       | HPE | 101  | I    | 39.66 | HT PR |        |
| 14  | 123 Thomas Hoogeboom        | HPC | 101  | O    | 39.70 | HT PR |        |
| 15  | 21 Sverre Botter            | HPF | 105  | O    | 40.29 |       |        |
| 16  | 30 Lynn Lohuis              | DPE | 103  | I    | 40.42 | PR    |        |
| 17  | 43 Fedde ter Laak           | HPD | 112  | O    | 40.88 |       |        |
| 18  | 124 Anna Hoogeboom          | DPE | 103  | O    | 41.37 | PR    |        |
| 19  | 28 Lola Bruggeman           | DPF | 104  | O    | 42.34 | PR    |        |
| 20  | 162 Boaz van den Berg Jeths | HPF | 102  | O    | 43.66 | PR    |        |
| 21  | 23 Anouk Borger             | DPD | 99   | I    | 44.75 |       |        |
| 22  | 32 Lisa Hoogeboom           | DPF | 102  | I    | 47.46 | PR    |        |
| 23  | 147 Lot Schalkwijk          | DPF | 99   | O    | 47.63 | PR    |        |
| 24  | 38 Maud van Zeijst          | DPF | 104  | I    | 50.09 | FL    |        |
| 25  | 48 Vayèn van der Weerd      | DPD | 106  | I    | 50.28 | FL    |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 5. Rituitslag Pupillen 1e 300 meter

|    |    | Naam                |                       | Cat     |                       | PR      |         | Tijd         | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|---------|--------------|------|
| 99 | wt | 23                  | <b>Anouk Borger</b>   |         | DPD                   |         |         | <b>44.75</b> |      |
|    | rd | 147                 | <b>Lot Schalkwijk</b> |         | DPF                   | 1:01.45 |         | <b>47.63</b> | PR   |
|    |    | <b>Anouk Borger</b> |                       |         | <b>Lot Schalkwijk</b> |         |         |              |      |
|    |    | 300m                | 44.75                 | (44.75) | 300m                  | 47.63   | (47.63) |              |      |

|     |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|-----|----|------|--|-----|---|----|--|------|------|
| 100 | gl |      |  |     |   |    |  |      |      |
|     | bl |      |  |     |   |    |  |      |      |
|     |    | m    |  |     | m |    |  |      |      |

|     |    | Naam                     |                          | Cat     |                         | PR    |         | Tijd         | Info  |
|-----|----|--------------------------|--------------------------|---------|-------------------------|-------|---------|--------------|-------|
| 101 | wt | 146                      | <b>Willem Schalkwijk</b> |         | HPE                     | 48.41 |         | <b>39.66</b> | HT PR |
|     | rd | 123                      | <b>Thomas Hoogeboom</b>  |         | HPC                     | 48.77 |         | <b>39.70</b> | HT PR |
|     |    | <b>Willem Schalkwijk</b> |                          |         | <b>Thomas Hoogeboom</b> |       |         |              |       |
|     |    | 300m                     | 39.66                    | (39.66) | 300m                    | 39.70 | (39.70) |              |       |

|     |    | Naam                  |                                | Cat     |                                | PR    |         | Tijd         | Info |
|-----|----|-----------------------|--------------------------------|---------|--------------------------------|-------|---------|--------------|------|
| 102 | gl | 32                    | <b>Lisa Hoogeboom</b>          |         | DPF                            | 52.54 |         | <b>47.46</b> | PR   |
|     | bl | 162                   | <b>Boaz van den Berg Jeths</b> |         | HPF                            | 52.68 |         | <b>43.66</b> | PR   |
|     |    | <b>Lisa Hoogeboom</b> |                                |         | <b>Boaz van den Berg Jeths</b> |       |         |              |      |
|     |    | 300m                  | 47.46                          | (47.46) | 300m                           | 43.66 | (43.66) |              |      |

|     |    | Naam               |                       | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|--------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 103 | wt | 30                 | <b>Lynn Lohuis</b>    |         | DPE                   | 42.40 |         | <b>40.42</b> | PR   |
|     | rd | 124                | <b>Anna Hoogeboom</b> |         | DPE                   | 46.44 |         | <b>41.37</b> | PR   |
|     |    | <b>Lynn Lohuis</b> |                       |         | <b>Anna Hoogeboom</b> |       |         |              |      |
|     |    | 300m               | 40.42                 | (40.42) | 300m                  | 41.37 | (41.37) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                   |                        | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|------------------------|------------------------|---------|-----------------------|-------|---------|--------------|------|
| 104 | gl | 38                     | <b>Maud van Zeijst</b> |         | DPF                   |       | 42.15   | <b>50.09</b> | FL   |
|     | bl | 28                     | <b>Lola Bruggeman</b>  |         | DPF                   |       | 43.03   | <b>42.34</b> | PR   |
|     |    | <b>Maud van Zeijst</b> |                        |         | <b>Lola Bruggeman</b> |       |         |              |      |
|     |    | 300m                   | 50.09                  | (50.09) | 300m                  | 42.34 | (42.34) |              |      |

|     |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 105 | wt | 55                    | <b>Esmee Noordman</b> |         | DPE                  |       | 39.89   | <b>39.51</b> | PR   |
|     | rd | 21                    | <b>Sverre Botter</b>  |         | HPF                  |       | 40.08   | <b>40.29</b> |      |
|     |    | <b>Esmee Noordman</b> |                       |         | <b>Sverre Botter</b> |       |         |              |      |
|     |    | 300m                  | 39.51                 | (39.51) | 300m                 | 40.29 | (40.29) |              |      |

|     |    | Naam                       |                            | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|----------------------------|----------------------------|---------|-------------------------|-------|---------|--------------|------|
| 106 | gl | 48                         | <b>Vayèn van der Weerd</b> |         | DPD                     |       | 39.93   | <b>50.28</b> | FL   |
|     | bl | 102                        | <b>Jasper Neimeijer</b>    |         | HPD                     |       | 39.73   | <b>38.81</b> | PR   |
|     |    | <b>Vayèn van der Weerd</b> |                            |         | <b>Jasper Neimeijer</b> |       |         |              |      |
|     |    | 300m                       | 50.28                      | (50.28) | 300m                    | 38.81 | (38.81) |              |      |

|     |    | Naam                     |                          | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|--------------------------|--------------------------|---------|-------------------------|-------|---------|--------------|------|
| 107 | wt | 22                       | <b>Jasper van Gelder</b> |         | HPD                     |       | 36.13   | <b>35.00</b> | PR   |
|     | rd | 13                       | <b>Fajah Lugtenberg</b>  |         | DPD                     |       | 36.59   | <b>36.62</b> |      |
|     |    | <b>Jasper van Gelder</b> |                          |         | <b>Fajah Lugtenberg</b> |       |         |              |      |
|     |    | 300m                     | 35.00                    | (35.00) | 300m                    | 36.62 | (36.62) |              |      |

|     |    | Naam                    |                         | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|-------------------------|-------------------------|---------|-----------------------|-------|---------|--------------|------|
| 108 | gl | 31                      | <b>Esmée Lugtenberg</b> |         | DPD                   |       | 37.21   | <b>35.68</b> | PR   |
|     | bl | 75                      | <b>Indy Wesselink</b>   |         | DPC                   |       | 36.19   | <b>36.90</b> |      |
|     |    | <b>Esmée Lugtenberg</b> |                         |         | <b>Indy Wesselink</b> |       |         |              |      |
|     |    | 300m                    | 35.68                   | (35.68) | 300m                  | 36.90 | (36.90) |              |      |

|     |    | Naam                  |                        | Cat     |                        | PR    |         | Tijd         | Info |
|-----|----|-----------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 109 | wt | 37                    | <b>Lotte van Veen</b>  |         | DPD                    |       | 34.09   | <b>33.76</b> | PR   |
|     | rd | 41                    | <b>Jildau ter Laak</b> |         | DPC                    |       | 36.09   | <b>35.19</b> | PR   |
|     |    | <b>Lotte van Veen</b> |                        |         | <b>Jildau ter Laak</b> |       |         |              |      |
|     |    | 300m                  | 33.76                  | (33.76) | 300m                   | 35.19 | (35.19) |              |      |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 6. Uitslag 700 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 34 Justin van Velde     | HPA | 128  | O    | 1:01.64 | PR   |        |
| 2   | 8 Veerle Zunnebeld      | DPA | 127  | I    | 1:02.83 | PR   |        |
| 3   | 79 Noortje Kappers      | DPA | 128  | I    | 1:02.89 | PR   |        |
| 4   | 36 Norah van Elst       | DPB | 127  | O    | 1:04.30 | PR   |        |
| 5   | 18 Caspian Alexander    | HPA | 125  | O    | 1:04.87 | PR   |        |
| 6   | 6 Femke Lindeboom       | DPA | 126  | I    | 1:05.72 | PR   |        |
| 7   | 97 Federico Talen       | HPB | 126  | O    | 1:06.91 | PR   |        |
| 8   | 47 Isa van der Weerd    | DPA | 125  | I    | 1:09.77 | PR   |        |
| 9   | 45 Joëlle van Drimmelen | DPB | 124  | I    | 1:10.64 | PR   |        |
| 10  | 56 Iris Noordman        | DPA | 124  | O    | 1:12.06 | PR   |        |
| 11  | 25 Danique Stout        | DPB | 123  | I    | 1:12.52 | PR   |        |
| 12  | 66 Lise Cents           | DPA | 121  | I    | 1:13.05 | PR   |        |
| 13  | 129 Tijn Schoonderwoerd | HPC | 122  | O    | 1:13.28 | PR   |        |
| 14  | 9 Florine Zunnebeld     | DPB | 121  | O    | 1:13.43 | PR   |        |
| 15  | 76 Mika Wesselink       | HPA | 122  | I    | 1:13.67 | PR   |        |
| 16  | 52 Emma van der Velde   | DPB | 123  | O    | 1:14.68 | PR   |        |
| 17  | 133 Mark Storm          | HPA | 115  | I    | 1:14.70 |      |        |
| 18  | 131 Fenna Neven         | DC1 | 113  | I    | 1:14.87 |      |        |
| 19  | 142 Stan Hogendoorn     | HPB | 117  | O    | 1:15.70 | PR   |        |
| 20  | 16 Lisa Oldenhof        | DPB | 117  | I    | 1:16.51 | PR   |        |
| 21  | 2 Yara Makkinga         | DPA | 119  | I    | 1:17.95 | PR   |        |
| 22  | 132 Ruben Hogenkamp     | HPA | 119  | O    | 1:19.29 | PR   |        |
| 23  | 137 Lieke Nuyt          | DPA | 113  | O    | 1:19.56 | PR   |        |
| 24  | 122 Ize Borreman        | DPA | 114  | O    | 1:21.17 |      |        |
| 25  | 20 Britt Nijland        | DPB | 118  | O    | 1:21.52 | PR   |        |
| 26  | 11 Tess de Waal         | DPB | 118  | I    | 1:22.25 | PR   |        |
| 27  | 114 Jolynn Wijngaards   | DPB | 115  | O    | 1:22.74 |      |        |
| 28  | 39 Ilse Horstman        | DPA | 114  | I    | 1:24.82 |      |        |
| 29  | 93 Esmee Buzepol        | DPB | 116  | O    | 1:33.69 |      |        |
| 30  | 171 Senna Schuldink     | DB1 | 116  | I    | 1:36.68 |      |        |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 6. Rituitslag 700 meter

|     |    | Naam               |                    | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|--------------------|--------------------|---------|-------------------|---------|---------|----------------|------|
| 113 | wt | 131                | <b>Fenna Neven</b> |         | DC1               |         |         | <b>1:14.87</b> |      |
|     | rd | 137                | <b>Lieke Nuyt</b>  |         | DPA               | 1:24.59 |         | <b>1:19.56</b> | PR   |
|     |    | <b>Fenna Neven</b> |                    |         | <b>Lieke Nuyt</b> |         |         |                |      |
|     |    | 300m               | 34.01              | (34.01) | 300m              | 36.66   | (36.66) |                |      |
|     |    | 700m               | 1:14.87            | (40.86) | 700m              | 1:19.56 | (42.90) |                |      |

|     |    | Naam                 |                      | Cat     |                     | PR      |         | Tijd           | Info |
|-----|----|----------------------|----------------------|---------|---------------------|---------|---------|----------------|------|
| 114 | gl | 39                   | <b>Ilse Horstman</b> |         | DPA                 |         |         | <b>1:24.82</b> |      |
|     | bl | 122                  | <b>Ize Borreman</b>  |         | DPA                 |         |         | <b>1:21.17</b> |      |
|     |    | <b>Ilse Horstman</b> |                      |         | <b>Ize Borreman</b> |         |         |                |      |
|     |    | 300m                 | 38.00                | (38.00) | 300m                | 37.03   | (37.03) |                |      |
|     |    | 700m                 | 1:24.82              | (46.82) | 700m                | 1:21.17 | (44.14) |                |      |

|     |    | Naam              |                          | Cat     |                          | PR      |         | Tijd           | Info |
|-----|----|-------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 115 | wt | 133               | <b>Mark Storm</b>        |         | HPA                      |         |         | <b>1:14.70</b> |      |
|     | rd | 114               | <b>Jolynn Wijngaards</b> |         | DPB                      |         |         | <b>1:22.74</b> |      |
|     |    | <b>Mark Storm</b> |                          |         | <b>Jolynn Wijngaards</b> |         |         |                |      |
|     |    | 300m              | 33.08                    | (33.08) | 300m                     | 35.72   | (35.72) |                |      |
|     |    | 700m              | 1:14.70                  | (41.62) | 700m                     | 1:22.74 | (47.02) |                |      |

|     |    | Naam                   |                        | Cat     |                      | PR      |         | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|----------------------|---------|---------|----------------|------|
| 116 | gl | 171                    | <b>Senna Schuldink</b> |         | DB1                  |         |         | <b>1:36.68</b> |      |
|     | bl | 93                     | <b>Esmee Buzepol</b>   |         | DPB                  |         |         | <b>1:33.69</b> |      |
|     |    | <b>Senna Schuldink</b> |                        |         | <b>Esmee Buzepol</b> |         |         |                |      |
|     |    | 300m                   | 47.56                  | (47.56) | 300m                 | 39.76   | (39.76) |                |      |
|     |    | 700m                   | 1:36.68                | (49.12) | 700m                 | 1:33.69 | (53.93) |                |      |

|     |    | Naam                 |                        | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|----------------------|------------------------|---------|------------------------|---------|---------|----------------|------|
| 117 | wt | 16                   | <b>Lisa Oldenhof</b>   |         | DPB                    | 1:29.95 |         | <b>1:16.51</b> | PR   |
|     | rd | 142                  | <b>Stan Hogendoorn</b> |         | HPB                    | 1:37.94 |         | <b>1:15.70</b> | PR   |
|     |    | <b>Lisa Oldenhof</b> |                        |         | <b>Stan Hogendoorn</b> |         |         |                |      |
|     |    | 300m                 | 34.06                  | (34.06) | 300m                   | 34.39   | (34.39) |                |      |
|     |    | 700m                 | 1:16.51                | (42.45) | 700m                   | 1:15.70 | (41.31) |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                |                      |         | Cat                  |         |         | PR      | Tijd           | Info |
|-----|----|---------------------|----------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 118 | gl | 11                  | <b>Tess de Waal</b>  |         | DPB                  |         |         | 1:27.96 | <b>1:22.25</b> | PR   |
|     | bl | 20                  | <b>Britt Nijland</b> |         | DPB                  |         |         | 1:24.89 | <b>1:21.52</b> | PR   |
|     |    | <b>Tess de Waal</b> |                      |         | <b>Britt Nijland</b> |         |         |         |                |      |
|     |    | 300m                | 35.57                | (35.57) | 300m                 | 35.84   | (35.84) |         |                |      |
|     |    | 700m                | 1:22.25              | (46.68) | 700m                 | 1:21.52 | (45.68) |         |                |      |

|     |    | Naam                 |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|-----|----|----------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 119 | wt | 2                    | <b>Yara Makkinga</b>   |         | DPA                    |         |         | 1:22.02 | <b>1:17.95</b> | PR   |
|     | rd | 132                  | <b>Ruben Hogenkamp</b> |         | HPA                    |         |         | 1:23.48 | <b>1:19.29</b> | PR   |
|     |    | <b>Yara Makkinga</b> |                        |         | <b>Ruben Hogenkamp</b> |         |         |         |                |      |
|     |    | 300m                 | 34.63                  | (34.63) | 300m                   | 35.09   | (35.09) |         |                |      |
|     |    | 700m                 | 1:17.95                | (43.32) | 700m                   | 1:19.29 | (44.20) |         |                |      |

|     |    | Naam |  |  | Cat |  |  | PR | Tijd | Info |
|-----|----|------|--|--|-----|--|--|----|------|------|
| 120 | gl |      |  |  |     |  |  |    |      |      |
|     | bl |      |  |  |     |  |  |    |      |      |
|     |    | m    |  |  | m   |  |  |    |      |      |

|     |    | Naam              |                          |         | Cat                      |         |         | PR      | Tijd           | Info |
|-----|----|-------------------|--------------------------|---------|--------------------------|---------|---------|---------|----------------|------|
| 121 | wt | 66                | <b>Lise Cents</b>        |         | DPA                      |         |         | 1:19.93 | <b>1:13.05</b> | PR   |
|     | rd | 9                 | <b>Florine Zunnabeld</b> |         | DPB                      |         |         | 1:16.68 | <b>1:13.43</b> | PR   |
|     |    | <b>Lise Cents</b> |                          |         | <b>Florine Zunnabeld</b> |         |         |         |                |      |
|     |    | 300m              | 32.85                    | (32.85) | 300m                     | 33.61   | (33.61) |         |                |      |
|     |    | 700m              | 1:13.05                  | (40.20) | 700m                     | 1:13.43 | (39.82) |         |                |      |

|     |    | Naam                  |                            |         | Cat                        |         |         | PR      | Tijd           | Info |
|-----|----|-----------------------|----------------------------|---------|----------------------------|---------|---------|---------|----------------|------|
| 122 | gl | 76                    | <b>Mika Wesselink</b>      |         | HPA                        |         |         | 1:17.21 | <b>1:13.67</b> | PR   |
|     | bl | 129                   | <b>Tijn Schoonderwoerd</b> |         | HPC                        |         |         | 1:18.56 | <b>1:13.28</b> | PR   |
|     |    | <b>Mika Wesselink</b> |                            |         | <b>Tijn Schoonderwoerd</b> |         |         |         |                |      |
|     |    | 300m                  | 32.82                      | (32.82) | 300m                       | 33.12   | (33.12) |         |                |      |
|     |    | 700m                  | 1:13.67                    | (40.85) | 700m                       | 1:13.28 | (40.16) |         |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                 |                           |         | Cat                       | PR      | Tijd           | Info |
|-----|----|----------------------|---------------------------|---------|---------------------------|---------|----------------|------|
| 123 | wt | 25                   | <b>Danique Stout</b>      |         | DPB                       | 1:14.25 | <b>1:12.52</b> | PR   |
|     | rd | 52                   | <b>Emma van der Velde</b> |         | DPB                       | 1:15.25 | <b>1:14.68</b> | PR   |
|     |    | <b>Danique Stout</b> |                           |         | <b>Emma van der Velde</b> |         |                |      |
|     |    | 300m                 | 33.20                     | (33.20) | 300m                      | 33.76   | (33.76)        |      |
|     |    | 700m                 | 1:12.52                   | (39.32) | 700m                      | 1:14.68 | (40.92)        |      |

|     |    | Naam                        |                             |         | Cat                  | PR      | Tijd           | Info |
|-----|----|-----------------------------|-----------------------------|---------|----------------------|---------|----------------|------|
| 124 | gl | 45                          | <b>Joëlle van Drimmelen</b> |         | DPB                  | 1:14.64 | <b>1:10.64</b> | PR   |
|     | bl | 56                          | <b>Iris Noordman</b>        |         | DPA                  | 1:13.24 | <b>1:12.06</b> | PR   |
|     |    | <b>Joëlle van Drimmelen</b> |                             |         | <b>Iris Noordman</b> |         |                |      |
|     |    | 300m                        | 31.87                       | (31.87) | 300m                 | 33.21   | (33.21)        |      |
|     |    | 700m                        | 1:10.64                     | (38.77) | 700m                 | 1:12.06 | (38.85)        |      |

|     |    | Naam                     |                          |         | Cat                      | PR      | Tijd           | Info |
|-----|----|--------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 125 | wt | 47                       | <b>Isa van der Weerd</b> |         | DPA                      | 1:10.90 | <b>1:09.77</b> | PR   |
|     | rd | 18                       | <b>Caspian Alexander</b> |         | HPA                      | 1:08.17 | <b>1:04.87</b> | PR   |
|     |    | <b>Isa van der Weerd</b> |                          |         | <b>Caspian Alexander</b> |         |                |      |
|     |    | 300m                     | 32.05                    | (32.05) | 300m                     | 29.61   | (29.61)        |      |
|     |    | 700m                     | 1:09.77                  | (37.72) | 700m                     | 1:04.87 | (35.26)        |      |

|     |    | Naam                   |                        |         | Cat                   | PR      | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|-----------------------|---------|----------------|------|
| 126 | gl | 6                      | <b>Femke Lindeboom</b> |         | DPA                   | 1:09.52 | <b>1:05.72</b> | PR   |
|     | bl | 97                     | <b>Federico Talen</b>  |         | HPB                   | 1:09.42 | <b>1:06.91</b> | PR   |
|     |    | <b>Femke Lindeboom</b> |                        |         | <b>Federico Talen</b> |         |                |      |
|     |    | 300m                   | 30.00                  | (30.00) | 300m                  | 30.58   | (30.58)        |      |
|     |    | 700m                   | 1:05.72                | (35.72) | 700m                  | 1:06.91 | (36.33)        |      |

|     |    | Naam                    |                         |         | Cat                   | PR      | Tijd           | Info |
|-----|----|-------------------------|-------------------------|---------|-----------------------|---------|----------------|------|
| 127 | wt | 8                       | <b>Veerle Zunnebeld</b> |         | DPA                   | 1:04.52 | <b>1:02.83</b> | PR   |
|     | rd | 36                      | <b>Norah van Elst</b>   |         | DPB                   | 1:07.63 | <b>1:04.30</b> | PR   |
|     |    | <b>Veerle Zunnebeld</b> |                         |         | <b>Norah van Elst</b> |         |                |      |
|     |    | 300m                    | 29.42                   | (29.42) | 300m                  | 29.60   | (29.60)        |      |
|     |    | 700m                    | 1:02.83                 | (33.41) | 700m                  | 1:04.30 | (34.70)        |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                   |                         | Cat     |                         | PR      |         | Tijd           | Info |
|-----|----|------------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 128 | gl | 79                     | <b>Noortje Kappers</b>  |         | DPA                     |         | 1:05.68 | <b>1:02.89</b> | PR   |
|     | bl | 34                     | <b>Justin van Velde</b> |         | HPA                     |         | 1:03.36 | <b>1:01.64</b> | PR   |
|     |    | <b>Noortje Kappers</b> |                         |         | <b>Justin van Velde</b> |         |         |                |      |
|     |    | 300m                   | 29.07                   | (29.07) | 300m                    | 28.06   | (28.06) |                |      |
|     |    | 700m                   | 1:02.89                 | (33.82) | 700m                    | 1:01.64 | (33.58) |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 7. Uitslag Sprint 300 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 115 Daan van Zwienen    | HB2 | 142  | O    | 24.54   |      |        |
| 2   | 110 Thomas van Herk     | HN3 | 142  | I    | 26.03   |      |        |
| 3   | 125 Suze Verschoor      | DPA | 140  | I    | 33.56   | PR   |        |
| 4   | 74 Peter Verburg        | HPC | 140  | O    | 34.04   | PR   |        |
| 5   | 63 Merijn Abrahamse     | HPA | 139  | O    | 35.23   |      |        |
| 6   | 87 Coen Zijderlaan      | HPC | 138  | I    | 35.32   | PR   |        |
| 7   | 158 Florian de Kool     | HPD | 139  | I    | 35.47   | PR   |        |
| 8   | 160 Vin Oudenes         | HPC | 136  | O    | 37.42   | PR   |        |
| 9   | 149 Cato Mettau         | DPC | 138  | O    | 37.70   | PR   |        |
| 10  | 61 Jorn de Bruin        | HPD | 137  | O    | 37.72   | PR   |        |
| 11  | 118 Nikki Slegtenhorst  | DPD | 135  | O    | 39.20   | PR   |        |
| 12  | 150 Fien Mettau         | DPE | 129  | O    | 39.30   |      |        |
| 13  | 143 Anna Hogendoorn     | DPE | 129  | I    | 39.50   |      |        |
| 14  | 135 Levi van Ee         | HPB | 135  | I    | 39.97   | PR   |        |
| 15  | 155 Lotte Neven         | DPC | 136  | I    | 40.16   | PR   |        |
| 16  | 112 Jelmer Verburg      | HPE | 137  | I    | 40.37   |      |        |
| 17  | 159 Annejet Mettau      | DPF | 133  | O    | 46.62   |      |        |
| 18  | 103 Dex Boer            | HPD | 133  | I    | 47.31   |      |        |
| 19  | 156 Eline Neven         | DPE | 131  | I    | 47.54   |      |        |
| 20  | 104 Nine Schoonderwoerd | DPE | 134  | O    | 48.12   |      |        |
| 21  | 100 Lola Casteleijn     | DPD | 131  | O    | 48.50   |      |        |
| 22  | 134 Hannah van Ee       | DPE | 134  | I    | 56.41   |      |        |
| 23  | 101 Norah Casteleijn    | DPF | 132  | I    | 1:01.67 |      |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 7. Rituitslag Sprint 300 meter

|     |    | Naam                   |                        | Cat     |                    | PR    |         | Tijd         | Info |
|-----|----|------------------------|------------------------|---------|--------------------|-------|---------|--------------|------|
| 129 | wt | 143                    | <b>Anna Hogendoorn</b> |         | DPE                |       |         | <b>39.50</b> |      |
|     | rd | 150                    | <b>Fien Mettau</b>     |         | DPE                |       |         | <b>39.30</b> |      |
|     |    | <b>Anna Hogendoorn</b> |                        |         | <b>Fien Mettau</b> |       |         |              |      |
|     |    | 300m                   | 39.50                  | (39.50) | 300m               | 39.30 | (39.30) |              |      |

|     |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|-----|----|------|--|-----|---|----|--|------|------|
| 130 | gl |      |  |     |   |    |  |      |      |
|     | bl |      |  |     |   |    |  |      |      |
|     |    | m    |  |     | m |    |  |      |      |

|     |    | Naam               |                        | Cat     |                        | PR    |         | Tijd         | Info |
|-----|----|--------------------|------------------------|---------|------------------------|-------|---------|--------------|------|
| 131 | wt | 156                | <b>Eline Neven</b>     |         | DPE                    |       |         | <b>47.54</b> |      |
|     | rd | 100                | <b>Lola Casteleijn</b> |         | DPD                    |       |         | <b>48.50</b> |      |
|     |    | <b>Eline Neven</b> |                        |         | <b>Lola Casteleijn</b> |       |         |              |      |
|     |    | 300m               | 47.54                  | (47.54) | 300m                   | 48.50 | (48.50) |              |      |

|     |    | Naam                    |                         | Cat     |     | PR |  | Tijd           | Info |
|-----|----|-------------------------|-------------------------|---------|-----|----|--|----------------|------|
| 132 | gl | 101                     | <b>Norah Casteleijn</b> |         | DPF |    |  | <b>1:01.67</b> |      |
|     | bl |                         |                         |         |     |    |  |                |      |
|     |    | <b>Norah Casteleijn</b> |                         |         | m   |    |  |                |      |
|     |    | 300m                    | 1:01.67                 | (61.67) | m   |    |  |                |      |

|     |    | Naam            |                       | Cat     |                       | PR    |         | Tijd         | Info |
|-----|----|-----------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 133 | wt | 103             | <b>Dex Boer</b>       |         | HPD                   |       |         | <b>47.31</b> |      |
|     | rd | 159             | <b>Annejet Mettau</b> |         | DPF                   |       |         | <b>46.62</b> |      |
|     |    | <b>Dex Boer</b> |                       |         | <b>Annejet Mettau</b> |       |         |              |      |
|     |    | 300m            | 47.31                 | (47.31) | 300m                  | 46.62 | (46.62) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                 |                            | Cat     |                            | PR    |         | Tijd         | Info |
|-----|----|----------------------|----------------------------|---------|----------------------------|-------|---------|--------------|------|
| 134 | gl | 134                  | <b>Hannah van Ee</b>       |         | DPE                        |       |         | <b>56.41</b> |      |
|     | bl | 104                  | <b>Nine Schoonderwoerd</b> |         | DPE                        |       |         | <b>48.12</b> |      |
|     |    | <b>Hannah van Ee</b> |                            |         | <b>Nine Schoonderwoerd</b> |       |         |              |      |
|     |    | 300m                 | 56.41                      | (56.41) | 300m                       | 48.12 | (48.12) |              |      |

|     |    | Naam               |                           | Cat     |                           | PR    |         | Tijd         | Info |
|-----|----|--------------------|---------------------------|---------|---------------------------|-------|---------|--------------|------|
| 135 | wt | 135                | <b>Levi van Ee</b>        |         | HPB                       | 42.95 |         | <b>39.97</b> | PR   |
|     | rd | 118                | <b>Nikki Slegtenhorst</b> |         | DPD                       | 40.31 |         | <b>39.20</b> | PR   |
|     |    | <b>Levi van Ee</b> |                           |         | <b>Nikki Slegtenhorst</b> |       |         |              |      |
|     |    | 300m               | 39.97                     | (39.97) | 300m                      | 39.20 | (39.20) |              |      |

|     |    | Naam               |                    | Cat     |                    | PR    |         | Tijd         | Info |
|-----|----|--------------------|--------------------|---------|--------------------|-------|---------|--------------|------|
| 136 | gl | 155                | <b>Lotte Neven</b> |         | DPC                | 41.74 |         | <b>40.16</b> | PR   |
|     | bl | 160                | <b>Vin Oudenes</b> |         | HPC                | 48.09 |         | <b>37.42</b> | PR   |
|     |    | <b>Lotte Neven</b> |                    |         | <b>Vin Oudenes</b> |       |         |              |      |
|     |    | 300m               | 40.16              | (40.16) | 300m               | 37.42 | (37.42) |              |      |

|     |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 137 | wt | 112                   | <b>Jelmer Verburg</b> |         | HPE                  |       |         | <b>40.37</b> |      |
|     | rd | 61                    | <b>Jorn de Bruin</b>  |         | HPD                  | 40.17 |         | <b>37.72</b> | PR   |
|     |    | <b>Jelmer Verburg</b> |                       |         | <b>Jorn de Bruin</b> |       |         |              |      |
|     |    | 300m                  | 40.37                 | (40.37) | 300m                 | 37.72 | (37.72) |              |      |

|     |    | Naam                   |                        | Cat     |                    | PR    |         | Tijd         | Info |
|-----|----|------------------------|------------------------|---------|--------------------|-------|---------|--------------|------|
| 138 | gl | 87                     | <b>Coen Zijderlaan</b> |         | HPC                | 37.85 |         | <b>35.32</b> | PR   |
|     | bl | 149                    | <b>Cato Mettau</b>     |         | DPC                | 39.96 |         | <b>37.70</b> | PR   |
|     |    | <b>Coen Zijderlaan</b> |                        |         | <b>Cato Mettau</b> |       |         |              |      |
|     |    | 300m                   | 35.32                  | (35.32) | 300m               | 37.70 | (37.70) |              |      |

|     |    | Naam                   |                         | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|------------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 139 | wt | 158                    | <b>Florian de Kool</b>  |         | HPD                     | 35.85 |         | <b>35.47</b> | PR   |
|     | rd | 63                     | <b>Merijn Abrahamse</b> |         | HPA                     | 35.08 |         | <b>35.23</b> |      |
|     |    | <b>Florian de Kool</b> |                         |         | <b>Merijn Abrahamse</b> |       |         |              |      |
|     |    | 300m                   | 35.47                   | (35.47) | 300m                    | 35.23 | (35.23) |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                  |                       | Cat     |                      | PR    |         | Tijd         | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|-------|---------|--------------|------|
| 140 | gl | 125                   | <b>Suze Verschoor</b> |         | DPA                  |       | 35.60   | <b>33.56</b> | PR   |
|     | bl | 74                    | <b>Peter Verburg</b>  |         | HPC                  |       | 37.37   | <b>34.04</b> | PR   |
|     |    | <b>Suze Verschoor</b> |                       |         | <b>Peter Verburg</b> |       |         |              |      |
|     |    | 300m                  | 33.56                 | (33.56) | 300m                 | 34.04 | (34.04) |              |      |

|     |    | Naam |  | Cat |   | PR |  | Tijd | Info |
|-----|----|------|--|-----|---|----|--|------|------|
| 141 | wt |      |  |     |   |    |  |      |      |
|     | rd |      |  |     |   |    |  |      |      |
|     |    | m    |  |     | m |    |  |      |      |

|     |    | Naam                   |                         | Cat     |                         | PR    |         | Tijd         | Info |
|-----|----|------------------------|-------------------------|---------|-------------------------|-------|---------|--------------|------|
| 142 | gl | 110                    | <b>Thomas van Herk</b>  |         | HN3                     |       | 25.88   | <b>26.03</b> |      |
|     | bl | 115                    | <b>Daan van Zwienen</b> |         | HB2                     |       | 24.23   | <b>24.54</b> |      |
|     |    | <b>Thomas van Herk</b> |                         |         | <b>Daan van Zwienen</b> |       |         |              |      |
|     |    | 300m                   | 26.03                   | (26.03) | 300m                    | 24.54 | (24.54) |              |      |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 8. Uitslag Pupillen 2e 300 meter

| Pos | Naam                        | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------------------|-----|------|------|-------|------|--------|
| 1   | 3 Liam Makkinga             | HPD | 155  | I    | 31.48 |      |        |
| 2   | 108 Evi de Vries            | DPD | 155  | O    | 31.90 |      |        |
| 3   | 43 Fedde ter Laak           | HPD | 156  | I    | 33.58 | PR   |        |
| 4   | 37 Lotte van Veen           | DPD | 153  | O    | 34.30 |      |        |
| 5   | 14 Myrthe Cents             | DPC | 156  | O    | 34.36 |      |        |
| 6   | 41 Jildau ter Laak          | DPC | 153  | I    | 35.18 | PR   |        |
| 7   | 22 Jasper van Gelder        | HPD | 151  | O    | 35.53 |      |        |
| 8   | 26 Miquel Stout             | HPE | 154  | I    | 36.20 |      |        |
| 9   | 75 Indy Wesselink           | DPC | 152  | I    | 36.70 |      |        |
| 10  | 31 Esmée Lugtenberg         | DPD | 152  | O    | 36.90 |      |        |
| 11  | 13 Fajah Lugtenberg         | DPD | 151  | I    | 36.93 |      |        |
| 12  | 123 Thomas Hoogeboom        | HPC | 145  | I    | 39.23 | PR   |        |
| 13  | 102 Jasper Neimeijer        | HPD | 150  | I    | 39.29 |      |        |
| 14  | 146 Willem Schalkwijk       | HPE | 145  | O    | 39.87 |      |        |
| 15  | 48 Vayèn van der Weerd      | DPD | 150  | O    | 40.12 |      |        |
| 16  | 30 Lynn Lohuis              | DPE | 147  | O    | 40.79 |      |        |
| 17  | 124 Anna Hoogeboom          | DPE | 147  | I    | 40.93 | PR   |        |
| 18  | 55 Esmee Noordman           | DPE | 149  | O    | 41.11 |      |        |
| 19  | 38 Maud van Zeijst          | DPF | 148  | O    | 41.55 | PR   |        |
| 20  | 162 Boaz van den Berg Jeths | HPF | 146  | I    | 42.93 | PR   |        |
| 21  | 28 Lola Bruggeman           | DPF | 148  | I    | 43.08 |      |        |
| 22  | 23 Anouk Borger             | DPD | 143  | O    | 48.32 |      |        |
| 23  | 32 Lisa Hoogeboom           | DPF | 146  | O    | 48.46 |      |        |
| 24  | 147 Lot Schalkwijk          | DPF | 143  | I    | 49.18 |      |        |
| 25  | 21 Sverre Botter            | HPF | 149  | I    | 53.73 | FL   |        |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
|-----|----|-------------------------------|-----|-------|--------------|----------------------------|
| 148 | gl | 28 <b>Lola Bruggeman</b>      | DPF | 43.03 | <b>43.08</b> |                            |
|     | bl | 38 <b>Maud van Zeijst</b>     | DPF | 42.15 | <b>41.55</b> | PR                         |
|     |    | <u>Lola Bruggeman</u>         |     |       |              | <u>Maud van Zeijst</u>     |
|     |    | 300m 43.08 (43.08)            |     |       |              | 300m 41.55 (41.55)         |
|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
| 149 | wt | 21 <b>Sverre Botter</b>       | HPF | 40.08 | <b>53.73</b> | FL                         |
|     | rd | 55 <b>Esmee Noordman</b>      | DPE | 39.89 | <b>41.11</b> |                            |
|     |    | <u>Sverre Botter</u>          |     |       |              | <u>Esmee Noordman</u>      |
|     |    | 300m 53.73 (53.73)            |     |       |              | 300m 41.11 (41.11)         |
|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
| 150 | gl | 102 <b>Jasper Neimeijer</b>   | HPD | 39.73 | <b>39.29</b> |                            |
|     | bl | 48 <b>Vayèn van der Weerd</b> | DPD | 39.93 | <b>40.12</b> |                            |
|     |    | <u>Jasper Neimeijer</u>       |     |       |              | <u>Vayèn van der Weerd</u> |
|     |    | 300m 39.29 (39.29)            |     |       |              | 300m 40.12 (40.12)         |
|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
| 151 | wt | 13 <b>Fajah Lugtenberg</b>    | DPD | 36.59 | <b>36.93</b> |                            |
|     | rd | 22 <b>Jasper van Gelder</b>   | HPD | 36.13 | <b>35.53</b> |                            |
|     |    | <u>Fajah Lugtenberg</u>       |     |       |              | <u>Jasper van Gelder</u>   |
|     |    | 300m 36.93 (36.93)            |     |       |              | 300m 35.53 (35.53)         |
|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
| 152 | gl | 75 <b>Indy Wesselink</b>      | DPC | 36.19 | <b>36.70</b> |                            |
|     | bl | 31 <b>Esmée Lugtenberg</b>    | DPD | 37.21 | <b>36.90</b> |                            |
|     |    | <u>Indy Wesselink</u>         |     |       |              | <u>Esmée Lugtenberg</u>    |
|     |    | 300m 36.70 (36.70)            |     |       |              | 300m 36.90 (36.90)         |
|     |    | Naam                          | Cat | PR    | Tijd         | Info                       |
| 153 | wt | 41 <b>Jildau ter Laak</b>     | DPC | 36.09 | <b>35.18</b> | PR                         |
|     | rd | 37 <b>Lotte van Veen</b>      | DPD | 34.09 | <b>34.30</b> |                            |
|     |    | <u>Jildau ter Laak</u>        |     |       |              | <u>Lotte van Veen</u>      |
|     |    | 300m 35.18 (35.18)            |     |       |              | 300m 34.30 (34.30)         |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam |                       | Cat |       | PR      |       | Tijd         | Info |
|-----|----|------|-----------------------|-----|-------|---------|-------|--------------|------|
| 154 | gl | 26   | <b>Miquel Stout</b>   |     | HPE   |         | 35.94 | <b>36.20</b> |      |
|     | bl |      |                       |     |       |         |       |              |      |
|     |    |      | <b>Miquel Stout</b>   |     |       |         |       |              |      |
|     |    |      | 300m                  |     | 36.20 | (36.20) |       |              | m    |
|     |    |      |                       |     |       |         |       |              |      |
|     |    | Naam |                       | Cat |       | PR      |       | Tijd         | Info |
| 155 | wt | 3    | <b>Liam Makkinga</b>  |     | HPD   |         | 31.07 | <b>31.48</b> |      |
|     | rd | 108  | <b>Evi de Vries</b>   |     | DPD   |         | 32.53 | <b>31.90</b> |      |
|     |    |      | <b>Liam Makkinga</b>  |     |       |         |       |              |      |
|     |    |      | 300m                  |     | 31.48 | (31.48) |       |              |      |
|     |    |      |                       |     |       |         |       |              |      |
|     |    |      | <b>Evi de Vries</b>   |     |       |         |       |              |      |
|     |    |      | 300m                  |     | 31.90 | (31.90) |       |              |      |
|     |    |      |                       |     |       |         |       |              |      |
|     |    | Naam |                       | Cat |       | PR      |       | Tijd         | Info |
| 156 | gl | 43   | <b>Fedde ter Laak</b> |     | HPD   |         | 33.74 | <b>33.58</b> | PR   |
|     | bl | 14   | <b>Myrthe Cents</b>   |     | DPC   |         | 33.50 | <b>34.36</b> |      |
|     |    |      | <b>Fedde ter Laak</b> |     |       |         |       |              |      |
|     |    |      | 300m                  |     | 33.58 | (33.58) |       |              |      |
|     |    |      |                       |     |       |         |       |              |      |
|     |    |      | <b>Myrthe Cents</b>   |     |       |         |       |              |      |
|     |    |      | 300m                  |     | 34.36 | (34.36) |       |              |      |
|     |    |      |                       |     |       |         |       |              |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 9. Uitslag 1500 meter

| Pos | Naam                       | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|----------------------------|-----|------|------|---------|-------|--------|
| 1   | 88 Olaf Vunderink          | HA1 | 179  | O    | 1:52.97 |       |        |
| 2   | 173 Joost de Jong          | HN3 | 180  | I    | 1:53.62 |       |        |
| 3   | 82 Niels Meijer            | HN2 | 178  | O    | 1:54.83 | PR    |        |
| 4   | 17 Donald Stappenbelt      | HN1 | 178  | I    | 1:55.00 | PR    |        |
| 5   | 139 Julian de Boer         | HB2 | 177  | I    | 1:58.64 |       |        |
| 6   | 19 Nout Tates              | HA2 | 175  | I    | 1:58.91 | PR    |        |
| 7   | 78 Sylvian Hoogeveen       | HA2 | 176  | O    | 1:59.67 | HT PR |        |
| 8   | 10 Lennaart Lamers         | HSB | 180  | O    | 1:59.83 |       |        |
| 9   | 7 Quinten Meerveld         | HN3 | 176  | I    | 2:00.31 | PR    |        |
| 10  | 64 Jordi Storm             | HN1 | 177  | O    | 2:00.74 | HT FL |        |
| 11  | 151 Iris Mulder            | DN2 | 174  | O    | 2:06.28 | PR    |        |
| 12  | 54 Zoë Tiemens             | DN3 | 173  | O    | 2:11.32 |       |        |
| 13  | 80 Lièn van Dasselaar      | DN1 | 173  | I    | 2:11.87 |       |        |
| 14  | 84 Emma van der Liet       | DN1 | 174  | I    | 2:11.89 |       |        |
| 15  | 72 Peter de Bruin          | HC1 | 172  | O    | 2:11.95 | PR    |        |
| 16  | 50 Luuk van de Pol         | HB2 | 163  | O    | 2:12.06 | PR    |        |
| 17  | 35 Bregje Nagelmaeker      | DA1 | 172  | I    | 2:13.68 | PR    |        |
| 18  | 4 Isa Oudenes              | DB1 | 175  | O    | 2:15.24 | PR    |        |
| 19  | 71 Sjoerd Riezebos         | HN4 | 171  | I    | 2:16.33 |       |        |
| 20  | 90 Esmee Zijderlaan        | DB2 | 166  | I    | 2:16.75 | HT PR |        |
| 21  | 42 Bernhard Melenhorst     | H50 | 167  | O    | 2:16.94 | PR    |        |
| 22  | 98 Isabella Talen          | DB1 | 171  | O    | 2:17.32 | PR    |        |
| 23  | 163 Ronald van Leussen     | H50 | 167  | I    | 2:18.09 | PR    |        |
| 24  | 44 Talita van Hartskamp    | DSA | 164  | O    | 2:20.22 | PR    |        |
| 25  | 1 Maren de Bruin           | DPA | 160  | O    | 2:20.42 | PR    |        |
| 26  | 154 Jenne de Haan          | H50 | 168  | O    | 2:20.98 |       |        |
| 27  | 49 Ilse Hofstee            | DN3 | 162  | O    | 2:22.50 | PR    |        |
| 28  | 67 Richard Cents           | H45 | 165  | I    | 2:25.30 | PR    |        |
| 29  | 120 Luna Beks              | DC1 | 161  | I    | 2:25.38 | PR    |        |
| 30  | 24 Bo Meijer               | DN1 | 168  | I    | 2:26.41 |       |        |
| 31  | 85 Anne-Fleur van der Liet | DB2 | 162  | I    | 2:27.15 | PR    |        |
| 32  | 57 Marit Noordman          | DB1 | 164  | I    | 2:28.10 | PR    |        |
| 33  | 53 Maria Ufkes             | D45 | 165  | O    | 2:29.28 |       |        |
| 34  | 130 Mette Verdoold         | DC2 | 161  | O    | 2:29.37 | PR    |        |
| 35  | 81 Demi Bartelds           | DN3 | 159  | O    | 2:29.46 | PR    |        |
| 36  | 95 Isolde de Koster        | DC2 | 160  | I    | 2:29.95 | PR    |        |
| 37  | 144 Eva Hogendoorn         | DC2 | 159  | I    | 2:33.50 | PR    |        |
| 38  | 172 Maud Salomons          | DA1 | 163  | I    | 2:34.71 |       |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

| Pos | Naam                          | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|-------------------------------|-----|------|------|----------------|------|--------|
| 39  | 29 <b>Melanie Bruggeman</b>   | DSB | 158  | O    | <b>2:41.39</b> | PR   |        |
| 40  | 153 <b>Kris de Haan</b>       | DB1 | 157  | O    | <b>2:48.54</b> |      |        |
| 41  | 107 <b>Jeroen Neimeijer</b>   | H40 | 157  | I    | <b>3:04.35</b> | PR   |        |
|     | 161 <b>Jasmijn Verdoold</b>   | DC2 | 158  | I    | <b>DQ</b>      |      |        |
|     | 136 <b>Annika Korpershoek</b> | DC2 | 166  | O    | <b>DQ</b>      |      |        |
|     | 40 <b>Bodhi Smeele</b>        | HB2 | 179  | I    | <b>DNS</b>     |      |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 9. Rituitslag 1500 meter

|       |    | Naam                    |                          | Cat     |                          | PR      |         | Tijd           | Info |
|-------|----|-------------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 157   | wt | 107                     | <b>Jeroen Neimeijer</b>  |         | H40                      |         | 3:19.25 | <b>3:04.35</b> | PR   |
|       | rd | 153                     | <b>Kris de Haan</b>      |         | DB1                      |         |         | <b>2:48.54</b> |      |
|       |    | <b>Jeroen Neimeijer</b> |                          |         | <b>Kris de Haan</b>      |         |         |                |      |
|       |    | 300m                    | 39.09                    | (39.09) | 300m                     | 36.30   | (36.30) |                |      |
|       |    | 700m                    | 1:26.72                  | (47.63) | 700m                     | 1:18.79 | (42.49) |                |      |
|       |    | 1100m                   | 2:15.67                  | (48.95) | 1100m                    | 2:02.99 | (44.20) |                |      |
|       |    | 1500m                   | 3:04.35                  | (48.68) | 1500m                    | 2:48.54 | (45.55) |                |      |
| <hr/> |    |                         |                          |         |                          |         |         |                |      |
|       |    | Naam                    |                          | Cat     |                          | PR      |         | Tijd           | Info |
| 158   | gl | 161                     | <b>Jasmijn Verdoold</b>  |         | DC2                      |         | 2:45.24 | <b>DQ</b>      |      |
|       | bl | 29                      | <b>Melanie Bruggeman</b> |         | DSB                      |         | 2:57.50 | <b>2:41.39</b> | PR   |
|       |    | <b>Jasmijn Verdoold</b> |                          |         | <b>Melanie Bruggeman</b> |         |         |                |      |
|       |    | 300m                    | 33.52                    | (33.52) | 300m                     | 33.53   | (33.53) |                |      |
|       |    | 700m                    | 1:13.68                  | (40.16) | 700m                     | 1:12.01 | (38.48) |                |      |
|       |    | 1100m                   | 1:57.44                  | (43.76) | 1100m                    | 1:55.20 | (43.19) |                |      |
|       |    |                         |                          |         | 1500m                    | 2:41.39 | (46.19) |                |      |
| <hr/> |    |                         |                          |         |                          |         |         |                |      |
|       |    | Naam                    |                          | Cat     |                          | PR      |         | Tijd           | Info |
| 159   | wt | 144                     | <b>Eva Hogendoorn</b>    |         | DC2                      |         | 2:41.75 | <b>2:33.50</b> | PR   |
|       | rd | 81                      | <b>Demi Bartelds</b>     |         | DN3                      |         | 2:32.22 | <b>2:29.46</b> | PR   |
|       |    | <b>Eva Hogendoorn</b>   |                          |         | <b>Demi Bartelds</b>     |         |         |                |      |
|       |    | 300m                    | 32.56                    | (32.56) | 300m                     | 31.55   | (31.55) |                |      |
|       |    | 700m                    | 1:10.67                  | (38.11) | 700m                     | 1:08.52 | (36.97) |                |      |
|       |    | 1100m                   | 1:51.23                  | (40.56) | 1100m                    | 1:48.26 | (39.74) |                |      |
|       |    | 1500m                   | 2:33.50                  | (42.27) | 1500m                    | 2:29.46 | (41.20) |                |      |
| <hr/> |    |                         |                          |         |                          |         |         |                |      |
|       |    | Naam                    |                          | Cat     |                          | PR      |         | Tijd           | Info |
| 160   | gl | 95                      | <b>Isolde de Koster</b>  |         | DC2                      |         | 2:42.89 | <b>2:29.95</b> | PR   |
|       | bl | 1                       | <b>Maren de Bruin</b>    |         | DPA                      |         | 2:42.55 | <b>2:20.42</b> | PR   |
|       |    | <b>Isolde de Koster</b> |                          |         | <b>Maren de Bruin</b>    |         |         |                |      |
|       |    | 300m                    | 31.46                    | (31.46) | 300m                     | 30.78   | (30.78) |                |      |
|       |    | 700m                    | 1:08.31                  | (36.85) | 700m                     | 1:06.04 | (35.26) |                |      |
|       |    | 1100m                   | 1:48.32                  | (40.01) | 1100m                    | 1:42.80 | (36.76) |                |      |
|       |    | 1500m                   | 2:29.95                  | (41.63) | 1500m                    | 2:20.42 | (37.62) |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                              | Cat | PR                    | Tijd                        | Info |
|-----|----|-----------------------------------|-----|-----------------------|-----------------------------|------|
| 161 | wt | 120 <b>Luna Beks</b>              | DC1 | 2:36.63               | <b>2:25.38</b>              | PR   |
|     | rd | 130 <b>Mette Verdoold</b>         | DC2 | 2:38.42               | <b>2:29.37</b>              | PR   |
|     |    | <b>Luna Beks</b>                  |     |                       | <b>Mette Verdoold</b>       |      |
|     |    | 300m 30.48 (30.48)                |     | 300m 30.52 (30.52)    |                             |      |
|     |    | 700m 1:06.55 (36.07)              |     | 700m 1:06.88 (36.36)  |                             |      |
|     |    | 1100m 1:45.18 (38.63)             |     | 1100m 1:46.93 (40.05) |                             |      |
|     |    | 1500m 2:25.38 (40.20)             |     | 1500m 2:29.37 (42.44) |                             |      |
|     |    | Naam                              | Cat | PR                    | Tijd                        | Info |
| 162 | gl | 85 <b>Anne-Fleur van der Liet</b> | DB2 | 2:28.19               | <b>2:27.15</b>              | PR   |
|     | bl | 49 <b>Ilse Hofstee</b>            | DN3 | 2:33.47               | <b>2:22.50</b>              | PR   |
|     |    | <b>Anne-Fleur van der Liet</b>    |     |                       | <b>Ilse Hofstee</b>         |      |
|     |    | 300m 30.29 (30.29)                |     | 300m 31.80 (31.80)    |                             |      |
|     |    | 700m 1:05.47 (35.18)              |     | 700m 1:07.94 (36.14)  |                             |      |
|     |    | 1100m 1:44.88 (39.41)             |     | 1100m 1:44.92 (36.98) |                             |      |
|     |    | 1500m 2:27.15 (42.27)             |     | 1500m 2:22.50 (37.58) |                             |      |
|     |    | Naam                              | Cat | PR                    | Tijd                        | Info |
| 163 | wt | 172 <b>Maud Salomons</b>          | DA1 | 2:32.48               | <b>2:34.71</b>              |      |
|     | rd | 50 <b>Luuk van de Pol</b>         | HB2 | 2:29.80               | <b>2:12.06</b>              | PR   |
|     |    | <b>Maud Salomons</b>              |     |                       | <b>Luuk van de Pol</b>      |      |
|     |    | 300m 31.76 (31.76)                |     | 300m 26.82 (26.82)    |                             |      |
|     |    | 700m 1:10.33 (38.57)              |     | 700m 58.98 (32.16)    |                             |      |
|     |    | 1100m 1:51.75 (41.42)             |     | 1100m 1:34.10 (35.12) |                             |      |
|     |    | 1500m 2:34.71 (42.96)             |     | 1500m 2:12.06 (37.96) |                             |      |
|     |    | Naam                              | Cat | PR                    | Tijd                        | Info |
| 164 | gl | 57 <b>Marit Noordman</b>          | DB1 | 2:33.77               | <b>2:28.10</b>              | PR   |
|     | bl | 44 <b>Talita van Hartskamp</b>    | DSA | 2:21.17               | <b>2:20.22</b>              | PR   |
|     |    | <b>Marit Noordman</b>             |     |                       | <b>Talita van Hartskamp</b> |      |
|     |    | 300m 31.78 (31.78)                |     | 300m 31.13 (31.13)    |                             |      |
|     |    | 700m 1:08.67 (36.89)              |     | 700m 1:06.13 (35.00)  |                             |      |
|     |    | 1100m 1:47.83 (39.16)             |     | 1100m 1:42.86 (36.73) |                             |      |
|     |    | 1500m 2:28.10 (40.27)             |     | 1500m 2:20.22 (37.36) |                             |      |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                    | Cat     |         | PR                 | Tijd           | Info    |
|-----|----|-------------------------|---------|---------|--------------------|----------------|---------|
| 165 | wt | 67 <b>Richard Cents</b> | H45     |         | 2:26.19            | <b>2:25.30</b> | PR      |
|     | rd | 53 <b>Maria Ufkes</b>   | D45     |         | 2:17.55            | <b>2:29.28</b> |         |
|     |    | <b>Richard Cents</b>    |         |         | <b>Maria Ufkes</b> |                |         |
|     |    | 300m                    | 30.40   | (30.40) | 300m               | 31.86          | (31.86) |
|     |    | 700m                    | 1:06.80 | (36.40) | 700m               | 1:09.62        | (37.76) |
|     |    | 1100m                   | 1:45.05 | (38.25) | 1100m              | 1:48.84        | (39.22) |
|     |    | 1500m                   | 2:25.30 | (40.25) | 1500m              | 2:29.28        | (40.44) |

|     |    | Naam                          | Cat     |         | PR                        | Tijd           | Info    |
|-----|----|-------------------------------|---------|---------|---------------------------|----------------|---------|
| 166 | gl | 90 <b>Esmee Zijderlaan</b>    | DB2     |         | 2:27.96                   | <b>2:16.75</b> | HT PR   |
|     | bl | 136 <b>Annika Korpershoek</b> | DC2     |         | 2:27.63                   | <b>DQ</b>      |         |
|     |    | <b>Esmee Zijderlaan</b>       |         |         | <b>Annika Korpershoek</b> |                |         |
|     |    | 300m                          | 29.34   | (29.34) | 300m                      | 30.11          | (30.11) |
|     |    | 700m                          | 1:02.94 | (33.60) | 700m                      | 1:04.93        | (34.82) |
|     |    | 1100m                         | 1:39.36 | (36.42) |                           |                |         |
|     |    | 1500m                         | 2:16.75 | (37.39) |                           |                |         |

|     |    | Naam                          | Cat     |         | PR                         | Tijd           | Info    |
|-----|----|-------------------------------|---------|---------|----------------------------|----------------|---------|
| 167 | wt | 163 <b>Ronald van Leussen</b> | H50     |         | 2:21.09                    | <b>2:18.09</b> | PR      |
|     | rd | 42 <b>Bernhard Melenhorst</b> | H50     |         | 2:25.94                    | <b>2:16.94</b> | PR      |
|     |    | <b>Ronald van Leussen</b>     |         |         | <b>Bernhard Melenhorst</b> |                |         |
|     |    | 300m                          | 30.90   | (30.90) | 300m                       | 30.64          | (30.64) |
|     |    | 700m                          | 1:05.46 | (34.56) | 700m                       | 1:04.79        | (34.15) |
|     |    | 1100m                         | 1:41.27 | (35.81) | 1100m                      | 1:39.93        | (35.14) |
|     |    | 1500m                         | 2:18.09 | (36.82) | 1500m                      | 2:16.94        | (37.01) |

|     |    | Naam                     | Cat     |         | PR                   | Tijd           | Info    |
|-----|----|--------------------------|---------|---------|----------------------|----------------|---------|
| 168 | gl | 24 <b>Bo Meijer</b>      | DN1     |         | 2:20.85              | <b>2:26.41</b> |         |
|     | bl | 154 <b>Jenne de Haan</b> | H50     |         | 2:20.40              | <b>2:20.98</b> |         |
|     |    | <b>Bo Meijer</b>         |         |         | <b>Jenne de Haan</b> |                |         |
|     |    | 300m                     | 30.47   | (30.47) | 300m                 | 30.42          | (30.42) |
|     |    | 700m                     | 1:06.49 | (36.02) | 700m                 | 1:04.87        | (34.45) |
|     |    | 1100m                    | 1:45.63 | (39.14) | 1100m                | 1:41.64        | (36.77) |
|     |    | 1500m                    | 2:26.41 | (40.78) | 1500m                | 2:20.98        | (39.34) |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     | Naam     | Cat | PR | Tijd | Info |
|-----|----------|-----|----|------|------|
| 169 | wt<br>rd |     |    |      |      |
|     | m        | m   |    |      |      |

|     | Naam     | Cat | PR | Tijd | Info |
|-----|----------|-----|----|------|------|
| 170 | gl<br>bl |     |    |      |      |
|     | m        | m   |    |      |      |

|     | Naam                   | Cat                       | PR                    | Tijd            | Info              |
|-----|------------------------|---------------------------|-----------------------|-----------------|-------------------|
| 171 | wt                     | 71 <b>Sjoerd Riezebos</b> | HN4                   | 2:09.93         | <b>2:16.33</b>    |
|     | rd                     | 98 <b>Isabella Talen</b>  | DB1                   | 2:17.44         | <b>2:17.32</b> PR |
|     | <b>Sjoerd Riezebos</b> |                           | <b>Isabella Talen</b> |                 |                   |
|     | 300m                   | 29.75 (29.75)             | 300m                  | 29.48 (29.48)   |                   |
|     | 700m                   | 1:04.56 (34.81)           | 700m                  | 1:03.56 (34.08) |                   |
|     | 1100m                  | 1:40.37 (35.81)           | 1100m                 | 1:39.94 (36.38) |                   |
|     | 1500m                  | 2:16.33 (35.96)           | 1500m                 | 2:17.32 (37.38) |                   |

|     | Naam                      | Cat                          | PR                    | Tijd            | Info              |
|-----|---------------------------|------------------------------|-----------------------|-----------------|-------------------|
| 172 | gl                        | 35 <b>Bregje Nagelmaeker</b> | DA1                   | 2:17.33         | <b>2:13.68</b> PR |
|     | bl                        | 72 <b>Peter de Bruin</b>     | HC1                   | 2:15.88         | <b>2:11.95</b> PR |
|     | <b>Bregje Nagelmaeker</b> |                              | <b>Peter de Bruin</b> |                 |                   |
|     | 300m                      | 29.53 (29.53)                | 300m                  | 29.68 (29.68)   |                   |
|     | 700m                      | 1:02.90 (33.37)              | 700m                  | 1:02.83 (33.15) |                   |
|     | 1100m                     | 1:37.53 (34.63)              | 1100m                 | 1:36.93 (34.10) |                   |
|     | 1500m                     | 2:13.68 (36.15)              | 1500m                 | 2:11.95 (35.02) |                   |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                      |                           |         | Cat                      |         |         | PR      | Tijd           | Info  |  |
|-----|----|---------------------------|---------------------------|---------|--------------------------|---------|---------|---------|----------------|-------|--|
| 173 | wt | 80                        | <b>Lièn van Dasselaar</b> |         | DN1                      |         |         | 2:11.39 | <b>2:11.87</b> |       |  |
|     | rd | 54                        | <b>Zoë Tiemens</b>        |         | DN3                      |         |         | 2:10.11 | <b>2:11.32</b> |       |  |
|     |    | <b>Lièn van Dasselaar</b> |                           |         | <b>Zoë Tiemens</b>       |         |         |         |                |       |  |
|     |    | 300m                      | 28.16                     | (28.16) | 300m                     | 28.15   | (28.15) |         |                |       |  |
|     |    | 700m                      | 1:00.91                   | (32.75) | 700m                     | 1:00.85 | (32.70) |         |                |       |  |
|     |    | 1100m                     | 1:35.55                   | (34.64) | 1100m                    | 1:34.89 | (34.04) |         |                |       |  |
|     |    | 1500m                     | 2:11.87                   | (36.32) | 1500m                    | 2:11.32 | (36.43) |         |                |       |  |
|     |    | Naam                      |                           |         | Cat                      |         |         | PR      | Tijd           | Info  |  |
| 174 | gl | 84                        | <b>Emma van der Liet</b>  |         | DN1                      |         |         | 2:10.43 | <b>2:11.89</b> |       |  |
|     | bl | 151                       | <b>Iris Mulder</b>        |         | DN2                      |         |         | 2:10.97 | <b>2:06.28</b> | PR    |  |
|     |    | <b>Emma van der Liet</b>  |                           |         | <b>Iris Mulder</b>       |         |         |         |                |       |  |
|     |    | 300m                      | 29.26                     | (29.26) | 300m                     | 27.75   | (27.75) |         |                |       |  |
|     |    | 700m                      | 1:01.46                   | (32.20) | 700m                     | 59.01   | (31.26) |         |                |       |  |
|     |    | 1100m                     | 1:35.82                   | (34.36) | 1100m                    | 1:31.74 | (32.73) |         |                |       |  |
|     |    | 1500m                     | 2:11.89                   | (36.07) | 1500m                    | 2:06.28 | (34.54) |         |                |       |  |
|     |    | Naam                      |                           |         | Cat                      |         |         | PR      | Tijd           | Info  |  |
| 175 | wt | 19                        | <b>Nout Tates</b>         |         | HA2                      |         |         | 2:01.02 | <b>1:58.91</b> | PR    |  |
|     | rd | 4                         | <b>Isa Oudenes</b>        |         | DB1                      |         |         | 2:18.69 | <b>2:15.24</b> | PR    |  |
|     |    | <b>Nout Tates</b>         |                           |         | <b>Isa Oudenes</b>       |         |         |         |                |       |  |
|     |    | 300m                      | 25.80                     | (25.80) | 300m                     | 29.02   | (29.02) |         |                |       |  |
|     |    | 700m                      | 55.65                     | (29.85) | 700m                     | 1:02.38 | (33.36) |         |                |       |  |
|     |    | 1100m                     | 1:26.79                   | (31.14) | 1100m                    | 1:37.81 | (35.43) |         |                |       |  |
|     |    | 1500m                     | 1:58.91                   | (32.12) | 1500m                    | 2:15.24 | (37.43) |         |                |       |  |
|     |    | Naam                      |                           |         | Cat                      |         |         | PR      | Tijd           | Info  |  |
| 176 | gl | 7                         | <b>Quinten Meerveld</b>   |         | HN3                      |         |         | 2:04.51 | <b>2:00.31</b> | PR    |  |
|     | bl | 78                        | <b>Sylvian Hoogeveen</b>  |         | HA2                      |         |         | 1:59.97 | <b>1:59.67</b> | HT PR |  |
|     |    | <b>Quinten Meerveld</b>   |                           |         | <b>Sylvian Hoogeveen</b> |         |         |         |                |       |  |
|     |    | 300m                      | 27.89                     | (27.89) | 300m                     | 26.21   | (26.21) |         |                |       |  |
|     |    | 700m                      | 58.04                     | (30.15) | 700m                     | 56.13   | (29.92) |         |                |       |  |
|     |    | 1100m                     | 1:28.83                   | (30.79) | 1100m                    | 1:11.77 | (15.64) |         |                |       |  |
|     |    | 1500m                     | 2:00.31                   | (31.48) | 1500m                    | 1:59.67 | (47.90) |         |                |       |  |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                      |                           |         | Cat                    | PR      | Tijd           | Info  |
|-----|----|---------------------------|---------------------------|---------|------------------------|---------|----------------|-------|
| 177 | wt | 139                       | <b>Julian de Boer</b>     |         | HB2                    | 1:58.04 | <b>1:58.64</b> |       |
|     | rd | 64                        | <b>Jordi Storm</b>        |         | HN1                    | 1:57.45 | <b>2:00.74</b> | HT FL |
|     |    | <b>Julian de Boer</b>     |                           |         | <b>Jordi Storm</b>     |         |                |       |
|     |    | 300m                      | 26.39                     | (26.39) | 300m                   | 26.75   | (26.75)        |       |
|     |    | 700m                      | 56.15                     | (29.76) | 700m                   | 56.60   | (29.85)        |       |
|     |    | 1100m                     | 1:27.12                   | (30.97) | 1100m                  | 1:28.04 | (31.44)        |       |
|     |    | 1500m                     | 1:58.64                   | (31.52) | 1500m                  | 2:00.74 | (32.70)        |       |
|     |    | <b>Donald Stappenbelt</b> |                           |         | <b>Niels Meijer</b>    |         |                |       |
| 178 | gl | 17                        | <b>Donald Stappenbelt</b> |         | HN1                    | 1:56.44 | <b>1:55.00</b> | PR    |
|     | bl | 82                        | <b>Niels Meijer</b>       |         | HN2                    | 1:56.20 | <b>1:54.83</b> | PR    |
|     |    | 300m                      | 25.42                     | (25.42) | 300m                   | 25.92   | (25.92)        |       |
|     |    | 700m                      | 53.43                     | (28.01) | 700m                   | 54.83   | (28.91)        |       |
|     |    | 1100m                     | 1:23.04                   | (29.61) | 1100m                  | 1:24.50 | (29.67)        |       |
|     |    | 1500m                     | 1:55.00                   | (31.96) | 1500m                  | 1:54.83 | (30.33)        |       |
|     |    | <b>Bodhi Smeele</b>       |                           |         | <b>Olaf Vunderink</b>  |         |                |       |
| 179 | wt | 40                        | <b>Bodhi Smeele</b>       |         | HB2                    | 1:56.09 | <b>DNS</b>     |       |
|     | rd | 88                        | <b>Olaf Vunderink</b>     |         | HA1                    | 1:52.44 | <b>1:52.97</b> |       |
|     |    | 300m                      |                           |         | 300m                   | 25.17   | (25.17)        |       |
|     |    | 700m                      |                           |         | 700m                   | 53.14   | (27.97)        |       |
|     |    | 1100m                     |                           |         | 1100m                  | 1:22.37 | (29.23)        |       |
|     |    | 1500m                     |                           |         | 1500m                  | 1:52.97 | (30.60)        |       |
|     |    | <b>Joost de Jong</b>      |                           |         | <b>Lennaart Lamers</b> |         |                |       |
| 180 | gl | 173                       | <b>Joost de Jong</b>      |         | HN3                    | 1:52.77 | <b>1:53.62</b> |       |
|     | bl | 10                        | <b>Lennaart Lamers</b>    |         | HSB                    | 1:57.70 | <b>1:59.83</b> |       |
|     |    | 300m                      | 25.24                     | (25.24) | 300m                   | 25.53   | (25.53)        |       |
|     |    | 700m                      | 53.28                     | (28.04) | 700m                   | 55.27   | (29.74)        |       |
|     |    | 1100m                     | 1:22.79                   | (29.51) | 1100m                  | 1:26.56 | (31.29)        |       |
|     |    | 1500m                     | 1:53.62                   | (30.83) | 1500m                  | 1:59.83 | (33.27)        |       |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 10. Uitslag 1000 meter

| Pos | Naam                      | Cat | Paar | Baan | Tijd    | Info  | Punten |
|-----|---------------------------|-----|------|------|---------|-------|--------|
| 1   | 175 Loek van Vilsteren    | HN1 | 196  | I    | 1:12.23 |       |        |
| 2   | 178 Simcha Kruithof       | HN1 | 182  | I    | 1:16.13 | PR    |        |
| 3   | 177 Jonas Bakker          | HB2 | 182  | O    | 1:18.13 |       |        |
| 4   | 12 Djem Smeele            | HC2 | 195  | O    | 1:22.50 | PR    |        |
| 5   | 174 Mats van der Heijden  | HA1 | 196  | O    | 1:24.61 |       |        |
| 6   | 109 Tijl de Vries         | HC2 | 194  | O    | 1:24.84 | PR    |        |
| 7   | 170 Fleur Smits           | DB2 | 195  | I    | 1:25.49 |       |        |
| 8   | 140 Kiki Tellier          | DN4 | 193  | O    | 1:28.29 |       |        |
| 9   | 83 Valentijn van der Liet | HC2 | 193  | I    | 1:29.13 | PR    |        |
| 10  | 60 Wilfred van Stam       | H55 | 194  | I    | 1:29.45 |       |        |
| 11  | 68 Ferd Veelenturf        | H65 | 192  | O    | 1:33.83 |       |        |
| 12  | 127 Owen Knook            | HB1 | 189  | O    | 1:35.27 | PR    |        |
| 13  | 69 Mike Zonderland        | HC1 | 186  | O    | 1:37.10 | PR    |        |
| 14  | 152 Douwe de Haan         | HC2 | 188  | O    | 1:37.12 | PR    |        |
| 15  | 138 Floortje Korpershoek  | DC2 | 191  | I    | 1:37.13 | PR    |        |
| 16  | 89 Jasper Zijderlaan      | HC2 | 190  | O    | 1:37.22 | PR    |        |
| 17  | 5 Loek Oudenes            | HC1 | 191  | O    | 1:37.50 | PR    |        |
| 18  | 91 Joop Prins             | H50 | 192  | I    | 1:39.10 | PR    |        |
| 19  | 165 Rens Uijttewaal       | HB1 | 188  | I    | 1:39.46 | PR    |        |
| 20  | 77 Bente van Dasselaar    | DC1 | 189  | I    | 1:40.26 | PR    |        |
| 21  | 51 Sanna van der Velde    | DC1 | 190  | I    | 1:41.95 | PR    |        |
| 22  | 46 Mireille van der Weerd | DC2 | 187  | I    | 1:43.09 | PR    |        |
| 23  | 121 Lauren de Kool        | DPA | 185  | I    | 1:48.58 | PR    |        |
| 24  | 168 Jasmijn Jongeneel     | DB1 | 186  | I    | 1:49.65 | PR    |        |
| 25  | 157 Herman Wien           | H60 | 183  | I    | 1:50.47 |       |        |
| 26  | 65 Daan Cents             | HC2 | 187  | O    | 1:51.01 | FL    |        |
| 27  | 15 Liss Phielix           | DC2 | 185  | O    | 1:54.62 |       |        |
| 28  | 27 Tessa Bosman           | DC2 | 184  | I    | 1:54.94 | PR    |        |
| 29  | 96 Aiden de Koster        | DPA | 184  | O    | 1:57.42 | PR    |        |
| 30  | 105 Kars Oosting          | HC2 | 183  | O    | 2:01.48 | PR FL |        |
| 31  | 141 Nova Tieke            | DC2 | 181  | I    | 2:49.20 |       |        |
|     | 179 Matthijs de Haan      | HC2 | 181  | O    | DNS     |       |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 10. Rituitslag 1000 meter

|     |    | Naam              |                         | Cat     |                         | PR      |         | Tijd           | Info |
|-----|----|-------------------|-------------------------|---------|-------------------------|---------|---------|----------------|------|
| 181 | wt | 141               | <b>Nova Tieke</b>       |         | DC2                     |         |         | <b>2:49.20</b> |      |
|     | rd | 179               | <b>Matthijs de Haan</b> |         | HC2                     | 1:16.95 |         | <b>DNS</b>     |      |
|     |    | <b>Nova Tieke</b> |                         |         | <b>Matthijs de Haan</b> |         |         |                |      |
|     |    | 200m              | 28.12                   | (28.12) | 200m                    | 1:19.41 | (79.41) |                |      |
|     |    | 600m              | 1:38.66                 | (70.54) |                         |         |         |                |      |
|     |    | 1000m             | 2:49.20                 | (70.54) |                         |         |         |                |      |

|     |    | Naam                   |                        | Cat     |                     | PR      |         | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|---------------------|---------|---------|----------------|------|
| 182 | gl | 178                    | <b>Simcha Kruithof</b> |         | HN1                 | 1:16.40 |         | <b>1:16.13</b> | PR   |
|     | bl | 177                    | <b>Jonas Bakker</b>    |         | HB2                 | 1:17.22 |         | <b>1:18.13</b> |      |
|     |    | <b>Simcha Kruithof</b> |                        |         | <b>Jonas Bakker</b> |         |         |                |      |
|     |    | 200m                   | 18.00                  | (18.00) | 200m                | 23.61   | (23.61) |                |      |
|     |    | 600m                   | 45.88                  | (27.88) | 600m                | 47.22   | (23.61) |                |      |
|     |    | 1000m                  | 1:16.13                | (30.25) | 1000m               | 1:18.13 | (30.91) |                |      |

|     |    | Naam               |                     | Cat     |                     | PR      |         | Tijd           | Info  |
|-----|----|--------------------|---------------------|---------|---------------------|---------|---------|----------------|-------|
| 183 | wt | 157                | <b>Herman Wien</b>  |         | H60                 |         |         | <b>1:50.47</b> |       |
|     | rd | 105                | <b>Kars Oosting</b> |         | HC2                 | 2:04.98 |         | <b>2:01.48</b> | PR FL |
|     |    | <b>Herman Wien</b> |                     |         | <b>Kars Oosting</b> |         |         |                |       |
|     |    | 200m               | 25.43               | (25.43) | 200m                | 26.09   | (26.09) |                |       |
|     |    | 600m               | 1:07.39             | (41.96) | 600m                | 1:10.02 | (43.93) |                |       |
|     |    | 1000m              | 1:50.47             | (43.08) | 1000m               | 2:01.48 | (51.46) |                |       |

|     |    | Naam                |                        | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|---------------------|------------------------|---------|------------------------|---------|---------|----------------|------|
| 184 | gl | 27                  | <b>Tessa Bosman</b>    |         | DC2                    | 1:57.62 |         | <b>1:54.94</b> | PR   |
|     | bl | 96                  | <b>Aiden de Koster</b> |         | DPA                    | 2:03.52 |         | <b>1:57.42</b> | PR   |
|     |    | <b>Tessa Bosman</b> |                        |         | <b>Aiden de Koster</b> |         |         |                |      |
|     |    | 200m                | 25.67                  | (25.67) | 200m                   | 26.05   | (26.05) |                |      |
|     |    | 600m                | 1:09.55                | (43.88) | 600m                   | 1:11.06 | (45.01) |                |      |
|     |    | 1000m               | 1:54.94                | (45.39) | 1000m                  | 1:57.42 | (46.36) |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                  |                       |         | Cat                 | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|---------------------|---------|----------------|------|
| 185 | wt | 121                   | <b>Lauren de Kool</b> |         | DPA                 | 1:50.54 | <b>1:48.58</b> | PR   |
|     | rd | 15                    | <b>Liss Phielix</b>   |         | DC2                 | 1:53.75 | <b>1:54.62</b> |      |
|     |    | <b>Lauren de Kool</b> |                       |         | <b>Liss Phielix</b> |         |                |      |
|     |    | 200m                  | 24.12                 | (24.12) | 200m                | 24.69   | (24.69)        |      |
|     |    | 600m                  | 1:05.08               | (40.96) | 600m                | 1:08.46 | (43.77)        |      |
|     |    | 1000m                 | 1:48.58               | (43.50) | 1000m               | 1:54.62 | (46.16)        |      |

|     |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
|-----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 186 | gl | 168                      | <b>Jasmijn Jongeneel</b> |         | DB1                    | 2:00.89 | <b>1:49.65</b> | PR   |
|     | bl | 69                       | <b>Mike Zonderland</b>   |         | HC1                    | 1:47.66 | <b>1:37.10</b> | PR   |
|     |    | <b>Jasmijn Jongeneel</b> |                          |         | <b>Mike Zonderland</b> |         |                |      |
|     |    | 200m                     | 24.03                    | (24.03) | 200m                   | 21.92   | (21.92)        |      |
|     |    | 600m                     | 1:05.10                  | (41.07) | 600m                   | 58.46   | (36.54)        |      |
|     |    | 1000m                    | 1:49.65                  | (44.55) | 1000m                  | 1:37.10 | (38.64)        |      |

|     |    | Naam                          |                               |         | Cat               | PR      | Tijd           | Info |
|-----|----|-------------------------------|-------------------------------|---------|-------------------|---------|----------------|------|
| 187 | wt | 46                            | <b>Mireille van der Weerd</b> |         | DC2               | 1:46.62 | <b>1:43.09</b> | PR   |
|     | rd | 65                            | <b>Daan Cents</b>             |         | HC2               | 1:43.35 | <b>1:51.01</b> | FL   |
|     |    | <b>Mireille van der Weerd</b> |                               |         | <b>Daan Cents</b> |         |                |      |
|     |    | 200m                          | 24.00                         | (24.00) | 200m              | 35.28   | (35.28)        |      |
|     |    | 600m                          | 1:02.65                       | (38.65) | 600m              | 1:16.19 | (40.91)        |      |
|     |    | 1000m                         | 1:43.09                       | (40.44) | 1000m             | 1:51.01 | (34.82)        |      |

|     |    | Naam                  |                       |         | Cat                  | PR      | Tijd           | Info |
|-----|----|-----------------------|-----------------------|---------|----------------------|---------|----------------|------|
| 188 | gl | 165                   | <b>Rens Uijtewaal</b> |         | HB1                  | 1:43.29 | <b>1:39.46</b> | PR   |
|     | bl | 152                   | <b>Douwe de Haan</b>  |         | HC2                  | 1:47.65 | <b>1:37.12</b> | PR   |
|     |    | <b>Rens Uijtewaal</b> |                       |         | <b>Douwe de Haan</b> |         |                |      |
|     |    | 200m                  | 23.07                 | (23.07) | 200m                 | 22.63   | (22.63)        |      |
|     |    | 600m                  | 1:00.97               | (37.90) | 600m                 | 56.06   | (33.43)        |      |
|     |    | 1000m                 | 1:39.46               | (38.49) | 1000m                | 1:37.12 | (41.06)        |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                       |                            | Cat     |                   | PR      |         | Tijd           | Info |
|-----|----|----------------------------|----------------------------|---------|-------------------|---------|---------|----------------|------|
| 189 | wt | 77                         | <b>Bente van Dasselaar</b> |         | DC1               |         | 1:41.54 | <b>1:40.26</b> | PR   |
|     | rd | 127                        | <b>Owen Knook</b>          |         | HB1               |         | 1:43.12 | <b>1:35.27</b> | PR   |
|     |    | <b>Bente van Dasselaar</b> |                            |         | <b>Owen Knook</b> |         |         |                |      |
|     |    | 200m                       | 22.74                      | (22.74) | 200m              | 20.99   | (20.99) |                |      |
|     |    | 600m                       | 1:00.49                    | (37.75) | 600m              | 56.82   | (35.83) |                |      |
|     |    | 1000m                      | 1:40.26                    | (39.77) | 1000m             | 1:35.27 | (38.45) |                |      |

|     |    | Naam                       |                            | Cat     |                          | PR      |         | Tijd           | Info |
|-----|----|----------------------------|----------------------------|---------|--------------------------|---------|---------|----------------|------|
| 190 | gl | 51                         | <b>Sanna van der Velde</b> |         | DC1                      |         | 1:42.25 | <b>1:41.95</b> | PR   |
|     | bl | 89                         | <b>Jasper Zijderlaan</b>   |         | HC2                      |         | 1:40.93 | <b>1:37.22</b> | PR   |
|     |    | <b>Sanna van der Velde</b> |                            |         | <b>Jasper Zijderlaan</b> |         |         |                |      |
|     |    | 200m                       | 23.51                      | (23.51) | 200m                     | 21.77   | (21.77) |                |      |
|     |    | 600m                       | 1:01.80                    | (38.29) | 600m                     | 58.26   | (36.49) |                |      |
|     |    | 1000m                      | 1:41.95                    | (40.15) | 1000m                    | 1:37.22 | (38.96) |                |      |

|     |    | Naam                        |                             | Cat     |                     | PR      |         | Tijd           | Info |
|-----|----|-----------------------------|-----------------------------|---------|---------------------|---------|---------|----------------|------|
| 191 | wt | 138                         | <b>Floortje Korpershoek</b> |         | DC2                 |         | 1:39.25 | <b>1:37.13</b> | PR   |
|     | rd | 5                           | <b>Loek Oudenes</b>         |         | HC1                 |         | 1:39.78 | <b>1:37.50</b> | PR   |
|     |    | <b>Floortje Korpershoek</b> |                             |         | <b>Loek Oudenes</b> |         |         |                |      |
|     |    | 200m                        | 21.29                       | (21.29) | 200m                | 22.29   | (22.29) |                |      |
|     |    | 600m                        | 57.45                       | (36.16) | 600m                | 58.67   | (36.38) |                |      |
|     |    | 1000m                       | 1:37.13                     | (39.68) | 1000m               | 1:37.50 | (38.83) |                |      |

|     |    | Naam              |                        | Cat     |                        | PR      |         | Tijd           | Info |
|-----|----|-------------------|------------------------|---------|------------------------|---------|---------|----------------|------|
| 192 | gl | 91                | <b>Joop Prins</b>      |         | H50                    |         | 1:39.32 | <b>1:39.10</b> | PR   |
|     | bl | 68                | <b>Ferd Veelenturf</b> |         | H65                    |         | 1:23.83 | <b>1:33.83</b> |      |
|     |    | <b>Joop Prins</b> |                        |         | <b>Ferd Veelenturf</b> |         |         |                |      |
|     |    | 200m              | 22.98                  | (22.98) | 200m                   | 22.65   | (22.65) |                |      |
|     |    | 600m              | 59.89                  | (36.91) | 600m                   | 57.63   | (34.98) |                |      |
|     |    | 1000m             | 1:39.10                | (39.21) | 1000m                  | 1:33.83 | (36.20) |                |      |



# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                          |                               |         | Cat                 | PR      | Tijd           | Info |
|-----|----|-------------------------------|-------------------------------|---------|---------------------|---------|----------------|------|
| 193 | wt | 83                            | <b>Valentijn van der Liet</b> |         | HC2                 | 1:29.74 | <b>1:29.13</b> | PR   |
|     | rd | 140                           | <b>Kiki Tellier</b>           |         | DN4                 | 1:26.46 | <b>1:28.29</b> |      |
|     |    | <b>Valentijn van der Liet</b> |                               |         | <b>Kiki Tellier</b> |         |                |      |
|     |    | 200m                          | 22.11                         | (22.11) | 200m                | 20.43   | (20.43)        |      |
|     |    | 600m                          | 55.20                         | (33.09) | 600m                | 52.80   | (32.37)        |      |
|     |    | 1000m                         | 1:29.13                       | (33.93) | 1000m               | 1:28.29 | (35.49)        |      |

|     |    | Naam                    |                         |         | Cat                  | PR      | Tijd           | Info |
|-----|----|-------------------------|-------------------------|---------|----------------------|---------|----------------|------|
| 194 | gl | 60                      | <b>Wilfred van Stam</b> |         | H55                  | 1:28.69 | <b>1:29.45</b> |      |
|     | bl | 109                     | <b>Tijl de Vries</b>    |         | HC2                  | 1:28.60 | <b>1:24.84</b> | PR   |
|     |    | <b>Wilfred van Stam</b> |                         |         | <b>Tijl de Vries</b> |         |                |      |
|     |    | 200m                    | 20.96                   | (20.96) | 200m                 | 19.52   | (19.52)        |      |
|     |    | 600m                    | 53.72                   | (32.76) | 600m                 | 51.20   | (31.68)        |      |
|     |    | 1000m                   | 1:29.45                 | (35.73) | 1000m                | 1:24.84 | (33.64)        |      |

|     |    | Naam               |                    |         | Cat                | PR      | Tijd           | Info |
|-----|----|--------------------|--------------------|---------|--------------------|---------|----------------|------|
| 195 | wt | 170                | <b>Fleur Smits</b> |         | DB2                | 1:25.09 | <b>1:25.49</b> |      |
|     | rd | 12                 | <b>Djem Smeele</b> |         | HC2                | 1:23.31 | <b>1:22.50</b> | PR   |
|     |    | <b>Fleur Smits</b> |                    |         | <b>Djem Smeele</b> |         |                |      |
|     |    | 200m               | 19.70              | (19.70) | 200m               | 19.22   | (19.22)        |      |
|     |    | 600m               | 50.87              | (31.17) | 600m               | 50.14   | (30.92)        |      |
|     |    | 1000m              | 1:25.49            | (34.62) | 1000m              | 1:22.50 | (32.36)        |      |

|     |    | Naam                      |                             |         | Cat                         | PR      | Tijd           | Info |
|-----|----|---------------------------|-----------------------------|---------|-----------------------------|---------|----------------|------|
| 196 | gl | 175                       | <b>Loek van Vilsteren</b>   |         | HN1                         | 1:11.94 | <b>1:12.23</b> |      |
|     | bl | 174                       | <b>Mats van der Heijden</b> |         | HA1                         | 1:22.18 | <b>1:24.61</b> |      |
|     |    | <b>Loek van Vilsteren</b> |                             |         | <b>Mats van der Heijden</b> |         |                |      |
|     |    | 200m                      | 17.34                       | (17.34) | 200m                        | 19.57   | (19.57)        |      |
|     |    | 600m                      | 43.98                       | (26.64) | 600m                        | 50.93   | (31.36)        |      |
|     |    | 1000m                     | 1:12.23                     | (28.25) | 1000m                       | 1:24.61 | (33.68)        |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 11. Uitslag 3000 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 113 Leon de Hoop         | HSA | 199  | I    | 4:15.28 | PR   |        |
| 2   | 99 Arjan Bakker          | H60 | 201  | I    | 4:19.23 |      |        |
| 3   | 86 Berto Anker           | HA2 | 202  | I    | 4:20.78 | PR   |        |
| 4   | 117 Susanne Prins        | DA2 | 202  | O    | 4:25.25 | PR   |        |
| 5   | 62 Remco Boere           | HSA | 199  | O    | 4:25.27 | PR   |        |
| 6   | 58 Okke Pas              | HSA | 198  | O    | 4:26.59 |      |        |
| 7   | 128 Kyenno Fredrikze     | HB2 | 198  | I    | 4:27.15 | PR   |        |
| 8   | 59 Laurens Rus           | HSA | 201  | O    | 4:39.91 |      |        |
| 9   | 111 Lianne Koetsier      | DN3 | 200  | O    | 4:55.56 |      |        |
| 10  | 166 Maxime van Stam      | DSA | 200  | I    | 5:10.66 |      |        |
| 11  | 92 Allard van Schoneveld | H50 | 197  | O    | 5:56.83 |      |        |
| 12  | 167 Arjan de Jong        | HSB | 197  | I    | 6:06.66 |      |        |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

## 11. Rituitslag 3000 meter

|     |    | Naam                 |                              | Cat     |                              | PR      |         | Tijd           | Info |
|-----|----|----------------------|------------------------------|---------|------------------------------|---------|---------|----------------|------|
| 197 | wt | 167                  | <b>Arjan de Jong</b>         |         | HSB                          |         |         | <b>6:06.66</b> |      |
|     | rd | 92                   | <b>Allard van Schoneveld</b> |         | H50                          |         |         | <b>5:56.83</b> |      |
|     |    | <b>Arjan de Jong</b> |                              |         | <b>Allard van Schoneveld</b> |         |         |                |      |
|     |    | 200m                 | 28.17                        | (28.17) | 200m                         | 26.61   | (26.61) |                |      |
|     |    | 600m                 | 1:12.87                      | (44.70) | 600m                         | 1:10.88 | (44.27) |                |      |
|     |    | 1000m                | 1:58.93                      | (46.06) | 1000m                        | 1:57.02 | (46.14) |                |      |
|     |    | 1400m                | 2:46.48                      | (47.55) | 1400m                        | 2:44.39 | (47.37) |                |      |
|     |    | 1800m                | 3:35.88                      | (49.40) | 1800m                        | 3:32.61 | (48.22) |                |      |
|     |    | 2200m                | 4:26.00                      | (50.12) | 2200m                        | 4:21.25 | (48.64) |                |      |
|     |    | 2600m                | 5:16.58                      | (50.58) | 2600m                        | 5:09.74 | (48.49) |                |      |
|     |    | 3000m                | 6:06.66                      | (50.08) | 3000m                        | 5:56.83 | (47.09) |                |      |

|     |    | Naam                    |                         | Cat     |                 | PR      |         | Tijd           | Info |
|-----|----|-------------------------|-------------------------|---------|-----------------|---------|---------|----------------|------|
| 198 | gl | 128                     | <b>Kyenno Fredrikze</b> |         | HB2             | 4:40.99 |         | <b>4:27.15</b> | PR   |
|     | bl | 58                      | <b>Okke Pas</b>         |         | HSA             | 4:12.40 |         | <b>4:26.59</b> |      |
|     |    | <b>Kyenno Fredrikze</b> |                         |         | <b>Okke Pas</b> |         |         |                |      |
|     |    | 200m                    | 20.65                   | (20.65) | 200m            | 21.80   | (21.80) |                |      |
|     |    | 600m                    | 54.26                   | (33.61) | 600m            | 55.39   | (33.59) |                |      |
|     |    | 1000m                   | 1:28.61                 | (34.35) | 1000m           | 1:28.95 | (33.56) |                |      |
|     |    | 1400m                   | 2:04.19                 | (35.58) | 1400m           | 2:04.11 | (35.16) |                |      |
|     |    | 1800m                   | 2:39.25                 | (35.06) | 1800m           | 2:39.66 | (35.55) |                |      |
|     |    | 2200m                   | 3:15.19                 | (35.94) | 2200m           | 3:14.88 | (35.22) |                |      |
|     |    | 2600m                   | 3:50.55                 | (35.36) | 2600m           | 3:50.49 | (35.61) |                |      |
|     |    | 3000m                   | 4:27.15                 | (36.60) | 3000m           | 4:26.59 | (36.10) |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                |                     |         | Cat                |         |         | PR      | Tijd           | Info |
|-----|----|---------------------|---------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 199 | wt | 113                 | <b>Leon de Hoop</b> |         | HSA                |         |         | 4:25.36 | <b>4:15.28</b> | PR   |
|     | rd | 62                  | <b>Remco Boere</b>  |         | HSA                |         |         | 4:30.08 | <b>4:25.27</b> | PR   |
|     |    | <b>Leon de Hoop</b> |                     |         | <b>Remco Boere</b> |         |         |         |                |      |
|     |    | 200m                | 19.93               | (19.93) | 200m               | 20.13   | (20.13) |         |                |      |
|     |    | 600m                | 51.78               | (31.85) | 600m               | 52.28   | (32.15) |         |                |      |
|     |    | 1000m               | 1:24.80             | (33.02) | 1000m              | 1:25.96 | (33.68) |         |                |      |
|     |    | 1400m               | 1:58.79             | (33.99) | 1400m              | 2:00.78 | (34.82) |         |                |      |
|     |    | 1800m               | 2:33.07             | (34.28) | 1800m              | 2:36.24 | (35.46) |         |                |      |
|     |    | 2200m               | 3:07.03             | (33.96) | 2200m              | 3:11.94 | (35.70) |         |                |      |
|     |    | 2600m               | 3:41.18             | (34.15) | 2600m              | 3:48.43 | (36.49) |         |                |      |
|     |    | 3000m               | 4:15.28             | (34.10) | 3000m              | 4:25.27 | (36.84) |         |                |      |

|     |    | Naam                   |                        |         | Cat                    |         |         | PR      | Tijd           | Info |
|-----|----|------------------------|------------------------|---------|------------------------|---------|---------|---------|----------------|------|
| 200 | gl | 166                    | <b>Maxime van Stam</b> |         | DSA                    |         |         | 4:51.19 | <b>5:10.66</b> |      |
|     | bl | 111                    | <b>Lianne Koetsier</b> |         | DN3                    |         |         | 4:41.57 | <b>4:55.56</b> |      |
|     |    | <b>Maxime van Stam</b> |                        |         | <b>Lianne Koetsier</b> |         |         |         |                |      |
|     |    | 200m                   | 23.05                  | (23.05) | 200m                   | 22.65   | (22.65) |         |                |      |
|     |    | 600m                   | 1:01.27                | (38.22) | 600m                   | 59.78   | (37.13) |         |                |      |
|     |    | 1000m                  | 1:41.69                | (40.42) | 1000m                  | 1:38.59 | (38.81) |         |                |      |
|     |    | 1400m                  | 2:22.92                | (41.23) | 1400m                  | 2:18.56 | (39.97) |         |                |      |
|     |    | 1800m                  | 3:03.77                | (40.85) | 1800m                  | 2:57.42 | (38.86) |         |                |      |
|     |    | 2200m                  | 3:45.52                | (41.75) | 2200m                  | 3:36.20 | (38.78) |         |                |      |
|     |    | 2600m                  | 4:28.06                | (42.54) | 2600m                  | 4:15.80 | (39.60) |         |                |      |
|     |    | 3000m                  | 5:10.66                | (42.60) | 3000m                  | 4:55.56 | (39.76) |         |                |      |

# Lekstreek en Stokvisdennen in Thialf

Thialf - Heerenveen

8 maart 2024

|     |    | Naam                |                     |         | Cat                |         |         | PR      | Tijd           | Info |
|-----|----|---------------------|---------------------|---------|--------------------|---------|---------|---------|----------------|------|
| 201 | wt | 99                  | <b>Arjan Bakker</b> |         | H60                |         |         | 4:04.59 | <b>4:19.23</b> |      |
|     | rd | 59                  | <b>Laurens Rus</b>  |         | HSA                |         |         | 4:30.13 | <b>4:39.91</b> |      |
|     |    | <b>Arjan Bakker</b> |                     |         | <b>Laurens Rus</b> |         |         |         |                |      |
|     |    | 200m                | 21.59               | (21.59) | 200m               | 21.34   | (21.34) |         |                |      |
|     |    | 600m                | 55.23               | (33.64) | 600m               | 56.06   | (34.72) |         |                |      |
|     |    | 1000m               | 1:29.33             | (34.10) | 1000m              | 1:31.75 | (35.69) |         |                |      |
|     |    | 1400m               | 2:03.88             | (34.55) | 1400m              | 2:07.67 | (35.92) |         |                |      |
|     |    | 1800m               | 2:38.17             | (34.29) | 1800m              | 2:44.42 | (36.75) |         |                |      |
|     |    | 2200m               | 3:12.06             | (33.89) | 2200m              | 3:21.91 | (37.49) |         |                |      |
|     |    | 2600m               | 3:45.65             | (33.59) | 2600m              | 4:00.73 | (38.82) |         |                |      |
|     |    | 3000m               | 4:19.23             | (33.58) | 3000m              | 4:39.91 | (39.18) |         |                |      |

|     |    | Naam               |                      |         | Cat                  |         |         | PR      | Tijd           | Info |
|-----|----|--------------------|----------------------|---------|----------------------|---------|---------|---------|----------------|------|
| 202 | gl | 86                 | <b>Berto Anker</b>   |         | HA2                  |         |         | 4:33.52 | <b>4:20.78</b> | PR   |
|     | bl | 117                | <b>Susanne Prins</b> |         | DA2                  |         |         | 4:29.82 | <b>4:25.25</b> | PR   |
|     |    | <b>Berto Anker</b> |                      |         | <b>Susanne Prins</b> |         |         |         |                |      |
|     |    | 200m               | 20.21                | (20.21) | 200m                 | 20.94   | (20.94) |         |                |      |
|     |    | 600m               | 53.52                | (33.31) | 600m                 | 54.11   | (33.17) |         |                |      |
|     |    | 1000m              | 1:27.27              | (33.75) | 1000m                | 1:28.16 | (34.05) |         |                |      |
|     |    | 1400m              | 2:01.45              | (34.18) | 1400m                | 2:02.98 | (34.82) |         |                |      |
|     |    | 1800m              | 2:36.07              | (34.62) | 1800m                | 2:38.31 | (35.33) |         |                |      |
|     |    | 2200m              | 3:10.99              | (34.92) | 2200m                | 3:13.94 | (35.63) |         |                |      |
|     |    | 2600m              | 3:46.01              | (35.02) | 2600m                | 3:49.66 | (35.72) |         |                |      |
|     |    | 3000m              | 4:20.78              | (34.77) | 3000m                | 4:25.25 | (35.59) |         |                |      |