

1. Uitslag Dames Jun-B 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 72 Birgit Radt | DB2 | 7 | O | 43.63 | PR | |
| 2 | 67 Ymke Wubben | DB1 | 8 | I | 44.13 | | |
| 3 | 33 Amber Koetsier | DB1 | 8 | O | 44.54 | | |
| 4 | 69 Esmee Zijderlaan | DB2 | 7 | I | 45.42 | | |
| 5 | 36 Kira Kramer | DB1 | 6 | O | 45.83 | | |
| 6 | 25 Lenthe Jansen | DB2 | 5 | I | 46.01 | | |
| 7 | 61 Anne Spruijt | DB1 | 5 | O | 46.90 | | |
| 8 | 50 Lieke van Ooij | DB2 | 6 | I | 47.00 | | |
| 9 | 17 Simone Gravesteyn | DB1 | 4 | I | 47.16 | | |
| 10 | 16 Nora de Graaf | DB2 | 4 | O | 47.53 | | |
| 11 | 42 Vera van der Leden | DB2 | 3 | O | 47.99 | | |
| 12 | 60 Kem Scheffer | DB1 | 3 | I | 48.46 | | |
| 13 | 57 Evelien Ras | DB2 | 2 | O | 49.83 | | |
| 14 | 14 Emma van der Goes | DB1 | 1 | O | 50.65 | PR | |
| 15 | 27 Sara de Jong | DB1 | 2 | I | 51.61 | | |
| 16 | 30 Annika Kaper | DB1 | 1 | I | 53.66 | PR | |

1. Rituitslag Dames Jun-B 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|--------------------------|-------|--------------------------|-------|--------------|---------|
| 1 | wt | 30 | Annika Kaper | | DB1 | 53.88 | 53.66 | PR |
| | rd | 14 | Emma van der Goes | | DB1 | 51.30 | 50.65 | PR |
| | | | Annika Kaper | | Emma van der Goes | | | |
| | | | 100m | 13.72 | (13.72) | 100m | 13.09 | (13.09) |
| | | | 500m | 53.66 | (39.94) | 500m | 50.65 | (37.56) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|---------------------|-------|--------------------|-------|--------------|---------|
| 2 | gl | 27 | Sara de Jong | | DB1 | 48.21 | 51.61 | |
| | bl | 57 | Evelien Ras | | DB2 | 48.54 | 49.83 | |
| | | | Sara de Jong | | Evelien Ras | | | |
| | | | 100m | 13.52 | (13.52) | 100m | 12.75 | (12.75) |
| | | | 500m | 51.61 | (38.09) | 500m | 49.83 | (37.08) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|---------------------------|-------|---------------------------|-------|--------------|---------|
| 3 | wt | 60 | Kem Scheffer | | DB1 | 47.27 | 48.46 | |
| | rd | 42 | Vera van der Leden | | DB2 | 47.79 | 47.99 | |
| | | | Kem Scheffer | | Vera van der Leden | | | |
| | | | 100m | 12.91 | (12.91) | 100m | 12.83 | (12.83) |
| | | | 500m | 48.46 | (35.55) | 500m | 47.99 | (35.16) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|--------------------------|-------|----------------------|-------|--------------|---------|
| 4 | gl | 17 | Simone Gravesteyn | | DB1 | 47.10 | 47.16 | |
| | bl | 16 | Nora de Graaf | | DB2 | 47.03 | 47.53 | |
| | | | Simone Gravesteyn | | Nora de Graaf | | | |
| | | | 100m | 12.74 | (12.74) | 100m | 12.83 | (12.83) |
| | | | 500m | 47.16 | (34.42) | 500m | 47.53 | (34.70) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|----------------------|-------|---------------------|-------|--------------|---------|
| 5 | wt | 25 | Lenthe Jansen | | DB2 | 44.44 | 46.01 | |
| | rd | 61 | Anne Spruijt | | DB1 | 46.21 | 46.90 | |
| | | | Lenthe Jansen | | Anne Spruijt | | | |
| | | | 100m | 12.26 | (12.26) | 100m | 12.26 | (12.26) |
| | | | 500m | 46.01 | (33.75) | 500m | 46.90 | (34.64) |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|--------------------|-------|--------------|------|
| 6 | gl | 50 | Lieke van Ooij | | DB2 | 46.42 | 47.00 | |
| | bl | 36 | Kira Kramer | | DB1 | 43.97 | 45.83 | |
| | | Lieke van Ooij | | | Kira Kramer | | | |
| | | 100m | 12.62 | (12.62) | 100m | 12.08 | (12.08) | |
| | | 500m | 47.00 | (34.38) | 500m | 45.83 | (33.75) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-------------------------|-------------------------|---------|--------------------|-------|--------------|------|
| 7 | wt | 69 | Esmee Zijderlaan | | DB2 | 43.93 | 45.42 | |
| | rd | 72 | Birgit Radt | | DB2 | 43.80 | 43.63 | PR |
| | | Esmee Zijderlaan | | | Birgit Radt | | | |
| | | 100m | 12.24 | (12.24) | 100m | 11.83 | (11.83) | |
| | | 500m | 45.42 | (33.18) | 500m | 43.63 | (31.80) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 8 | gl | 67 | Ymke Wubben | | DB1 | 43.29 | 44.13 | |
| | bl | 33 | Amber Koetsier | | DB1 | 43.36 | 44.54 | |
| | | Ymke Wubben | | | Amber Koetsier | | | |
| | | 100m | 12.32 | (12.32) | 100m | 12.43 | (12.43) | |
| | | 500m | 44.13 | (31.81) | 500m | 44.54 | (32.11) | |

2. Uitslag Heren Jun-B 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|-------|------|--------|
| 1 | 70 Daan van Zwienen | HB2 | 16 | O | 38.37 | | |
| 2 | 28 Taeke Jongbloed | HB1 | 15 | O | 40.26 | | |
| 3 | 5 Luke Bavius | HB1 | 16 | I | 40.32 | | |
| 4 | 55 Dong Yang Plugge | HB2 | 14 | O | 40.83 | | |
| 5 | 66 Jules van Winden | HB2 | 15 | I | 41.00 | | |
| 6 | 26 Quinten de Jong | HB1 | 13 | I | 41.08 | PR | |
| 7 | 37 Gio Kromokario | HB1 | 14 | I | 41.67 | | |
| 8 | 43 Ben Lispet | HB1 | 13 | O | 42.60 | | |
| 9 | 73 Kyenno Fredrikze | HB2 | 11 | O | 42.69 | PR | |
| 10 | 20 Jim Hartveld | HB1 | 12 | I | 43.29 | | |
| 11 | 11 Liam Dias d'Ullois | HB2 | 11 | I | 43.83 | | |
| 12 | 71 Aidan Verhoeve | HB2 | 12 | O | 43.93 | | |
| 13 | 10 Julian Broos | HB1 | 10 | I | 46.17 | PR | |
| 14 | 64 Stijn van der Wal | HB1 | 9 | I | 51.46 | PR | |
| | 53 Niels Pennings | HB2 | 10 | O | DNS | | |

2. Rituitslag Heren Jun-B 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|--------------------------|--------------------------|---------|-----|-------|--------------|------|
| 9 | wt | 64 | Stijn van der Wal | | HB1 | 53.91 | 51.46 | PR |
| | rd | | | | | | | |
| | | Stijn van der Wal | | | | | | |
| | | 100m | 13.69 | (13.69) | m | | | |
| | | 500m | 51.46 | (37.77) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|-----|-------|--------------|------|
| 10 | gl | 10 | Julian Broos | | HB1 | 47.35 | 46.17 | PR |
| | bl | 53 | Niels Pennings | | HB2 | 43.95 | DNS | |
| | | Julian Broos | | | | | | |
| | | 100m | 12.11 | (12.11) | | | | |
| | | 500m | 46.17 | (34.06) | | | | |
| | | Niels Pennings | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------------|---------------------------|---------|------|-------|--------------|------|
| 11 | wt | 11 | Liam Dias d'Ullois | | HB2 | 43.34 | 43.83 | |
| | rd | 73 | Kyenno Fredrikze | | HB2 | 43.24 | 42.69 | PR |
| | | Liam Dias d'Ullois | | | | | | |
| | | 100m | 11.65 | (11.65) | 100m | 11.65 | (11.65) | |
| | | 500m | 43.83 | (32.18) | 500m | 42.69 | (31.04) | |
| | | Kyenno Fredrikze | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-----------------------|-----------------------|---------|------|-------|--------------|------|
| 12 | gl | 20 | Jim Hartveld | | HB1 | 41.66 | 43.29 | |
| | bl | 71 | Aidan Verhoeve | | HB2 | 41.82 | 43.93 | |
| | | Jim Hartveld | | | | | | |
| | | 100m | 11.82 | (11.82) | 100m | 11.43 | (11.43) | |
| | | 500m | 43.29 | (31.47) | 500m | 43.93 | (32.50) | |
| | | Aidan Verhoeve | | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|------|-------|--------------|------|
| 13 | wt | 26 | Quinten de Jong | | HB1 | 41.46 | 41.08 | PR |
| | rd | 43 | Ben Lispet | | HB1 | 41.23 | 42.60 | |
| | | Quinten de Jong | | | | | | |
| | | 100m | 11.39 | (11.39) | 100m | 11.24 | (11.24) | |
| | | 500m | 41.08 | (29.69) | 500m | 42.60 | (31.36) | |
| | | Ben Lispet | | | | | | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-----------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 14 | gl | 37 | Gio Kromokario | | HB1 | 40.32 | 41.67 | |
| | bl | 55 | Dong Yang Plugge | | HB2 | 40.08 | 40.83 | |
| | | Gio Kromokario | | | Dong Yang Plugge | | | |
| | | 100m | 11.20 | (11.20) | 100m | 11.18 | (11.18) | |
| | | 500m | 41.67 | (30.47) | 500m | 40.83 | (29.65) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|-------------------------|-------------------------|---------|------------------------|-------|--------------|------|
| 15 | wt | 66 | Jules van Winden | | HB2 | 39.92 | 41.00 | |
| | rd | 28 | Taeke Jongbloed | | HB1 | 39.75 | 40.26 | |
| | | Jules van Winden | | | Taeke Jongbloed | | | |
| | | 100m | 11.09 | (11.09) | 100m | 11.28 | (11.28) | |
| | | 500m | 41.00 | (29.91) | 500m | 40.26 | (28.98) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|-------------------------|---------|-------------------------|-------|--------------|------|
| 16 | gl | 5 | Luke Bavius | | HB1 | 39.70 | 40.32 | |
| | bl | 70 | Daan van Zwienen | | HB2 | 37.47 | 38.37 | |
| | | Luke Bavius | | | Daan van Zwienen | | | |
| | | 100m | 11.16 | (11.16) | 100m | 10.35 | (10.35) | |
| | | 500m | 40.32 | (29.16) | 500m | 38.37 | (28.02) | |

3. Uitslag Dames Jun-A 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------------|-----|------|------|--------------|------|--------|
| 1 | 59 Guusje van Santen | DA2 | 18 | O | 47.32 | | |
| 2 | 22 Famke Hogenboom | DA2 | 18 | I | 49.11 | | |
| 3 | 32 Caitlin Koenen | DA2 | 17 | O | 49.83 | | |
| 4 | 68 Pip Ypenburg | DA1 | 17 | I | 51.78 | | |

3. Rituitslag Dames Jun-A 500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|-------|---------|--------------|------|
| 17 | wt | 68 | Pip Ypenburg | | DA1 | 50.51 | | 51.78 | |
| | rd | 32 | Caitlin Koenen | | DA2 | 48.82 | | 49.83 | |
| | | Pip Ypenburg | | | Caitlin Koenen | | | | |
| | | 100m | 13.55 | (13.55) | 100m | 13.30 | (13.30) | | |
| | | 500m | 51.78 | (38.23) | 500m | 49.83 | (36.53) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------------------------|--------------------------|---------|--------------------------|-------|---------|--------------|------|
| 18 | gl | 22 | Famke Hogenboom | | DA2 | 47.48 | | 49.11 | |
| | bl | 59 | Guusje van Santen | | DA2 | 44.47 | | 47.32 | |
| | | Famke Hogenboom | | | Guusje van Santen | | | | |
| | | 100m | 12.96 | (12.96) | 100m | 12.83 | (12.83) | | |
| | | 500m | 49.11 | (36.15) | 500m | 47.32 | (34.49) | | |

4. Uitslag Heren Jun-A 500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|--------------|------|--------|
| 1 | 34 Tygo Kompier | HA1 | 24 | O | 38.81 | | |
| 2 | 19 Dion van Hal | HA1 | 22 | O | 41.47 | | |
| 3 | 38 Indy Kromokario | HA1 | 24 | I | 41.63 | | |
| 4 | 1 Berto Anker | HA2 | 23 | O | 42.53 | | |
| 5 | 54 Sven Pera | HA2 | 21 | O | 42.82 | | |
| 6 | 13 Guus Gelderblom | HA2 | 22 | I | 42.92 | | |
| 7 | 52 Maarten Pennings | HA1 | 23 | I | 43.09 | | |
| 8 | 18 Tiemen Haaring | HA1 | 21 | I | 43.50 | | |
| 9 | 40 Duco Kuper | HA1 | 20 | I | 44.96 | | |
| 10 | 39 Jeroen Kuiper | HA2 | 19 | I | 46.69 | | |

4. Rituitslag Heren Jun-A 500 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|----------------------|----------------------|---------|-----|-------|--------------|------|
| 19 | wt rd | 39 | Jeroen Kuiper | | HA2 | 46.29 | 46.69 | |
| | | Jeroen Kuiper | | | | | | |
| | | 100m | 12.49 | (12.49) | | m | | |
| | | 500m | 46.69 | (34.20) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|-------------------|-------------------|---------|-----|-------|--------------|------|
| 20 | gl bl | 40 | Duco Kuper | | HA1 | 44.90 | 44.96 | |
| | | Duco Kuper | | | | | | |
| | | 100m | 11.75 | (11.75) | | m | | |
| | | 500m | 44.96 | (33.21) | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|-----------------------|-----------------------|------------------|------|-------|--------------|------|
| 21 | wt rd | 18 | Tiemen Haaring | | HA1 | 42.71 | 43.50 | |
| | | 54 | Sven Pera | | HA2 | 42.21 | 42.82 | |
| | | Tiemen Haaring | | Sven Pera | | | | |
| | | 100m | 11.86 | (11.86) | 100m | 11.24 | (11.24) | |
| | | 500m | 43.50 | (31.64) | 500m | 42.82 | (31.58) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|------------------------|------------------------|---------------------|------|-------|--------------|------|
| 22 | gl bl | 13 | Guus Gelderblom | | HA2 | 42.13 | 42.92 | |
| | | 19 | Dion van Hal | | HA1 | 41.23 | 41.47 | |
| | | Guus Gelderblom | | Dion van Hal | | | | |
| | | 100m | 11.65 | (11.65) | 100m | 11.50 | (11.50) | |
| | | 500m | 42.92 | (31.27) | 500m | 41.47 | (29.97) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----------|-------------------------|-------------------------|--------------------|------|-------|--------------|------|
| 23 | wt rd | 52 | Maarten Pennings | | HA1 | 41.59 | 43.09 | |
| | | 1 | Berto Anker | | HA2 | 40.87 | 42.53 | |
| | | Maarten Pennings | | Berto Anker | | | | |
| | | 100m | 11.49 | (11.49) | 100m | 11.74 | (11.74) | |
| | | 500m | 43.09 | (31.60) | 500m | 42.53 | (30.79) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|---------------------|-------|---------|--------------|
| 24 | gl | 38 | Indy Kromokario | | HA1 | | 40.64 | 41.63 |
| | bl | 34 | Tygo Kompier | | HA1 | | 36.99 | 38.81 |
| | | Indy Kromokario | | | Tygo Kompier | | | |
| | | 100m | 11.11 | (11.11) | 100m | 10.68 | (10.68) | |
| | | 500m | 41.63 | (30.52) | 500m | 38.81 | (28.13) | |

5. Uitslag Dames Jun-B 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 67 Ymke Wubben | DB1 | 32 | O | 2:14.29 | | |
| 2 | 33 Amber Koetsier | DB1 | 32 | I | 2:19.19 | | |
| 3 | 72 Birgit Radt | DB2 | 31 | O | 2:19.58 | | |
| 4 | 25 Lenthe Jansen | DB2 | 31 | I | 2:23.32 | | |
| 5 | 69 Esmee Zijderlaan | DB2 | 27 | I | 2:27.96 | PR | |
| 6 | 61 Anne Spruijt | DB1 | 30 | I | 2:29.49 | | |
| 7 | 50 Lieke van Ooij | DB2 | 29 | O | 2:30.38 | | |
| 8 | 16 Nora de Graaf | DB2 | 29 | I | 2:30.58 | | |
| 9 | 42 Vera van der Leden | DB2 | 28 | O | 2:36.55 | | |
| 10 | 17 Simone Gravesteyn | DB1 | 25 | O | 2:40.35 | PR | |
| 11 | 57 Evelien Ras | DB2 | 28 | I | 2:41.09 | | |
| 12 | 27 Sara de Jong | DB1 | 26 | I | 2:45.17 | | |
| 13 | 14 Emma van der Goes | DB1 | 26 | O | 2:45.77 | | |
| 14 | 30 Annika Kaper | DB1 | 25 | I | 3:00.54 | | |
| | 60 Kem Scheffer | DB1 | | | | WDR | |
| | 36 Kira Kramer | DB1 | | | | WDR | |

5. Rituitslag Dames Jun-B 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 25 | wt | 30 Annika Kaper | DB1 | 2:59.31 | 3:00.54 | |
| | rd | 17 Simone Gravesteyn | DB1 | 2:44.69 | 2:40.35 | PR |

Annika Kaper

| | | |
|-------|---------|---------|
| 300m | 35.70 | (35.70) |
| 700m | 1:20.05 | (44.35) |
| 1100m | 2:09.46 | (49.41) |
| 1500m | 3:00.54 | (51.08) |

Simone Gravesteyn

| | | |
|-------|---------|---------|
| 300m | 32.42 | (32.42) |
| 700m | 1:10.52 | (38.10) |
| 1100m | 1:53.73 | (43.21) |
| 1500m | 2:40.35 | (46.62) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 26 | gl | 27 Sara de Jong | DB1 | 2:35.52 | 2:45.17 | |
| | bl | 14 Emma van der Goes | DB1 | 2:44.05 | 2:45.77 | |

Sara de Jong

| | | |
|-------|---------|---------|
| 300m | 35.15 | (35.15) |
| 700m | 1:17.07 | (41.92) |
| 1100m | 2:00.98 | (43.91) |
| 1500m | 2:45.17 | (44.19) |

Emma van der Goes

| | | |
|-------|---------|---------|
| 300m | 32.60 | (32.60) |
| 700m | 1:13.78 | (41.18) |
| 1100m | 1:59.52 | (45.74) |
| 1500m | 2:45.77 | (46.25) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 27 | wt | 69 Esmee Zijderlaan | DB2 | 2:32.49 | 2:27.96 | PR |
| | rd | 60 Kem Scheffer | DB1 | 2:36.77 | WDR | |

Esmee Zijderlaan

| | | |
|-------|---------|---------|
| 300m | 30.98 | (30.98) |
| 700m | 1:08.08 | (37.10) |
| 1100m | 1:47.85 | (39.77) |
| 1500m | 2:27.96 | (40.11) |

Kem Scheffer

| | | Naam | Cat | PR | Tijd | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 28 | gl | 57 Evelien Ras | DB2 | 2:32.83 | 2:41.09 | |
| | bl | 42 Vera van der Leden | DB2 | 2:32.37 | 2:36.55 | |

Evelien Ras

| | | |
|-------|---------|---------|
| 300m | 31.51 | (31.51) |
| 700m | 1:11.97 | (40.46) |
| 1100m | 1:56.45 | (44.48) |
| 1500m | 2:41.09 | (44.64) |

Vera van der Leden

| | | |
|-------|---------|---------|
| 300m | 31.89 | (31.89) |
| 700m | 1:10.98 | (39.09) |
| 1100m | 1:53.38 | (42.40) |
| 1500m | 2:36.55 | (43.17) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|-----------------------|
| 29 | wt | 16 Nora de Graaf | DB2 | 2:25.52 | 2:30.58 | |
| | rd | 50 Lieke van Ooij | DB2 | 2:25.08 | 2:30.38 | |
| | | Nora de Graaf | | | | Lieke van Ooij |
| | | 300m 32.00 (32.00) | | | | 300m 32.44 (32.44) |
| | | 700m 1:09.98 (37.98) | | | | 700m 1:10.40 (37.96) |
| | | 1100m 1:49.52 (39.54) | | | | 1100m 1:50.54 (40.14) |
| | | 1500m 2:30.58 (41.06) | | | | 1500m 2:30.38 (39.84) |
| | | Naam | Cat | PR | Tijd | Info |
| 30 | gl | 61 Anne Spruijt | DB1 | 2:22.70 | 2:29.49 | |
| | bl | 36 Kira Kramer | DB1 | 2:20.76 | WDR | |
| | | Anne Spruijt | | | | Kira Kramer |
| | | 300m 31.03 (31.03) | | | | |
| | | 700m 1:08.98 (37.95) | | | | |
| | | 1100m 1:48.71 (39.73) | | | | |
| | | 1500m 2:29.49 (40.78) | | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 31 | wt | 25 Lenthe Jansen | DB2 | 2:16.94 | 2:23.32 | |
| | rd | 72 Birgit Radt | DB2 | 2:16.93 | 2:19.58 | |
| | | Lenthe Jansen | | | | Birgit Radt |
| | | 300m 30.96 (30.96) | | | | 300m 29.35 (29.35) |
| | | 700m 1:07.27 (36.31) | | | | 700m 1:04.13 (34.78) |
| | | 1100m 1:45.03 (37.76) | | | | 1100m 1:41.18 (37.05) |
| | | 1500m 2:23.32 (38.29) | | | | 1500m 2:19.58 (38.40) |
| | | Naam | Cat | PR | Tijd | Info |
| 32 | gl | 33 Amber Koetsier | DB1 | 2:12.78 | 2:19.19 | |
| | bl | 67 Ymke Wubben | DB1 | 2:08.99 | 2:14.29 | |
| | | Amber Koetsier | | | | Ymke Wubben |
| | | 300m 29.97 (29.97) | | | | 300m 29.56 (29.56) |
| | | 700m 1:04.08 (34.11) | | | | 700m 1:02.10 (32.54) |
| | | 1100m 1:41.16 (37.08) | | | | 1100m 1:37.28 (35.18) |
| | | 1500m 2:19.19 (38.03) | | | | 1500m 2:14.29 (37.01) |

6. Uitslag Heren Jun-B 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 1 | 28 Taeke Jongbloed | HB1 | 40 | I | 2:03.66 | | |
| 2 | 70 Daan van Zwiene | HB2 | 40 | O | 2:04.33 | | |
| 3 | 5 Luke Bavius | HB1 | 39 | O | 2:06.49 | | |
| 4 | 26 Quinten de Jong | HB1 | 37 | O | 2:10.74 | | |
| 5 | 55 Dong Yang Plugge | HB2 | 37 | I | 2:10.87 | | |
| 6 | 73 Kyenno Fredrikze | HB2 | 38 | O | 2:12.82 | | |
| 7 | 11 Liam Dias d'Ullois | HB2 | 34 | I | 2:17.60 | | |
| 8 | 37 Gio Kromokario | HB1 | 36 | I | 2:18.75 | | |
| 9 | 20 Jim Hartveld | HB1 | 38 | I | 2:18.99 | | |
| 10 | 43 Ben Lispet | HB1 | 35 | O | 2:20.90 | | |
| 11 | 71 Aidan Verhoeve | HB2 | 36 | O | 2:22.26 | | |
| 12 | 10 Julian Broos | HB1 | 35 | I | 2:34.72 | | |
| 13 | 64 Stijn van der Wal | HB1 | 33 | I | 2:34.81 | PR | |
| | 53 Niels Pennings | HB2 | 34 | O | DNS | | |
| | 66 Jules van Winden | HB2 | | | WDR | | |

6. Rituitslag Heren Jun-B 1500 meter

| | | Naam | Cat | PR | Tijd Info |
|----|----|-----------------------------|-----|---------|-------------------|
| 33 | wt | 64 Stijn van der Wal | HB1 | 2:48.67 | 2:34.81 PR |
| | rd | | | | |

Stijn van der Wal

| | | | |
|-------|---------|---------|---|
| 300m | 34.42 | (34.42) | m |
| 700m | 1:14.39 | (39.97) | |
| 1100m | 1:54.53 | (40.14) | |
| 1500m | 2:34.81 | (40.28) | |

| | | Naam | Cat | PR | Tijd Info |
|----|----|------------------------------|-----|---------|----------------|
| 34 | gl | 11 Liam Dias d'Ullois | HB2 | 2:16.51 | 2:17.60 |
| | bl | 53 Niels Pennings | HB2 | 2:21.67 | DNS |

Liam Dias d'Ullois

| | | |
|-------|---------|---------|
| 300m | 28.75 | (28.75) |
| 700m | 1:03.24 | (34.49) |
| 1100m | 1:39.86 | (36.62) |
| 1500m | 2:17.60 | (37.74) |

Niels Pennings

| | | Naam | Cat | PR | Tijd Info |
|----|----|------------------------|-----|---------|----------------|
| 35 | wt | 10 Julian Broos | HB1 | 2:33.24 | 2:34.72 |
| | rd | 43 Ben Lispet | HB1 | 2:13.33 | 2:20.90 |

Julian Broos

| | | |
|-------|---------|---------|
| 300m | 30.72 | (30.72) |
| 700m | 1:09.09 | (38.37) |
| 1100m | 1:51.39 | (42.30) |
| 1500m | 2:34.72 | (43.33) |

Ben Lispet

| | | |
|-------|---------|---------|
| 300m | 29.38 | (29.38) |
| 700m | 1:04.93 | (35.55) |
| 1100m | 1:42.13 | (37.20) |
| 1500m | 2:20.90 | (38.77) |

| | | Naam | Cat | PR | Tijd Info |
|----|----|--------------------------|-----|---------|----------------|
| 36 | gl | 37 Gio Kromokario | HB1 | 2:11.04 | 2:18.75 |
| | bl | 71 Aidan Verhoeve | HB2 | 2:10.65 | 2:22.26 |

Gio Kromokario

| | | |
|-------|---------|---------|
| 300m | 27.85 | (27.85) |
| 700m | 1:01.08 | (33.23) |
| 1100m | 1:38.13 | (37.05) |
| 1500m | 2:18.75 | (40.62) |

Aidan Verhoeve

| | | |
|-------|---------|---------|
| 300m | 28.46 | (28.46) |
| 700m | 1:03.49 | (35.03) |
| 1100m | 1:42.32 | (38.83) |
| 1500m | 2:22.26 | (39.94) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|----------------------------|-----------------|-------------------------|-----------------|------|
| 37 | wt | 55 Dong Yang Plugge | HB2 | 2:10.21 | 2:10.87 | |
| | rd | 26 Quinten de Jong | HB1 | 2:09.29 | 2:10.74 | |
| | | Dong Yang Plugge | | Quinten de Jong | | |
| | | 300m | 27.49 (27.49) | 300m | 27.94 (27.94) | |
| | | 700m | 1:00.08 (32.59) | 700m | 1:00.67 (32.73) | |
| | | 1100m | 1:34.78 (34.70) | 1100m | 1:35.72 (35.05) | |
| | | 1500m | 2:10.87 (36.09) | 1500m | 2:10.74 (35.02) | |
| | | Naam | Cat | PR | Tijd | Info |
| 38 | gl | 20 Jim Hartveld | HB1 | 2:08.67 | 2:18.99 | |
| | bl | 73 Kyenno Fredrikze | HB2 | 2:08.24 | 2:12.82 | |
| | | Jim Hartveld | | Kyenno Fredrikze | | |
| | | 300m | 29.18 (29.18) | 300m | 28.59 (28.59) | |
| | | 700m | 1:03.33 (34.15) | 700m | 1:01.21 (32.62) | |
| | | 1100m | 1:40.25 (36.92) | 1100m | 1:36.44 (35.23) | |
| | | 1500m | 2:18.99 (38.74) | 1500m | 2:12.82 (36.38) | |
| | | Naam | Cat | PR | Tijd | Info |
| 39 | wt | 66 Jules van Winden | HB2 | 2:04.48 | WDR | |
| | rd | 5 Luke Bavius | HB1 | 2:03.40 | 2:06.49 | |
| | | Jules van Winden | | Luke Bavius | | |
| | | | | 300m | 26.73 (26.73) | |
| | | | | 700m | 57.39 (30.66) | |
| | | | | 1100m | 1:30.91 (33.52) | |
| | | | | 1500m | 2:06.49 (35.58) | |
| | | Naam | Cat | PR | Tijd | Info |
| 40 | gl | 28 Taeke Jongbloed | HB1 | 2:00.33 | 2:03.66 | |
| | bl | 70 Daan van Zwiene | HB2 | 1:57.85 | 2:04.33 | |
| | | Taeke Jongbloed | | Daan van Zwiene | | |
| | | 300m | 26.85 (26.85) | 300m | 26.00 (26.00) | |
| | | 700m | 56.72 (29.87) | 700m | 56.57 (30.57) | |
| | | 1100m | 1:28.79 (32.07) | 1100m | 1:29.86 (33.29) | |
| | | 1500m | 2:03.66 (34.87) | 1500m | 2:04.33 (34.47) | |

7. Uitslag Dames Jun-A 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------------|-----|------|------|----------------|------|--------|
| 1 | 59 Guusje van Santen | DA2 | 42 | O | 2:25.66 | | |
| 2 | 22 Famke Hogenboom | DA2 | 42 | I | 2:34.76 | | |
| 3 | 32 Caitlin Koenen | DA2 | 41 | O | 2:37.11 | | |
| 4 | 68 Pip Ypenburg | DA1 | 41 | I | 2:42.70 | | |

7. Rituitslag Dames Jun-A 1500 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|---------|----------------|------|
| 41 | wt | 68 | Pip Ypenburg | | DA1 | 2:40.97 | | 2:42.70 | |
| | rd | 32 | Caitlin Koenen | | DA2 | 2:35.40 | | 2:37.11 | |
| | | Pip Ypenburg | | | Caitlin Koenen | | | | |
| | | 300m | 33.91 | (33.91) | 300m | 33.84 | (33.84) | | |
| | | 700m | 1:14.83 | (40.92) | 700m | 1:13.05 | (39.21) | | |
| | | 1100m | 1:57.86 | (43.03) | 1100m | 1:54.48 | (41.43) | | |
| | | 1500m | 2:42.70 | (44.84) | 1500m | 2:37.11 | (42.63) | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------------------------|--------------------------|---------|--------------------------|---------|---------|----------------|------|
| 42 | gl | 22 | Famke Hogenboom | | DA2 | 2:28.42 | | 2:34.76 | |
| | bl | 59 | Guusje van Santen | | DA2 | 2:19.58 | | 2:25.66 | |
| | | Famke Hogenboom | | | Guusje van Santen | | | | |
| | | 300m | 32.38 | (32.38) | 300m | 31.43 | (31.43) | | |
| | | 700m | 1:10.26 | (37.88) | 700m | 1:07.33 | (35.90) | | |
| | | 1100m | 1:52.00 | (41.74) | 1100m | 1:45.48 | (38.15) | | |
| | | 1500m | 2:34.76 | (42.76) | 1500m | 2:25.66 | (40.18) | | |

8. Uitslag Heren Jun-A 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|----------------|------|--------|
| 1 | 34 Tygo Kompier | HA1 | 48 | O | 1:57.28 | | |
| 2 | 19 Dion van Hal | HA1 | 47 | I | 2:03.29 | PR | |
| 3 | 1 Berto Anker | HA2 | 48 | I | 2:11.25 | | |
| 4 | 54 Sven Pera | HA2 | 46 | O | 2:13.85 | HT | |
| 5 | 13 Guus Gelderblom | HA2 | 46 | I | 2:14.37 | | |
| 6 | 18 Tiemen Haaring | HA1 | 44 | O | 2:16.97 | PR | |
| 7 | 52 Maarten Pennings | HA1 | 47 | O | 2:18.94 | | |
| 8 | 38 Indy Kromokario | HA1 | 44 | I | 2:19.69 | PR | |
| 9 | 39 Jeroen Kuiper | HA2 | 43 | I | 2:20.14 | PR | |
| 10 | 40 Duco Kuper | HA1 | 45 | O | 2:33.04 | FL | |

8. Rituitslag Heren Jun-A 1500 meter

| | | Naam | Cat | PR | Tijd Info |
|----|----------|-------------------------|-----|---------|-------------------|
| 43 | wt rd | 39 Jeroen Kuiper | HA2 | 2:21.77 | 2:20.14 PR |

Jeroen Kuiper

| | | | |
|-------|---------|---------|---|
| 300m | 29.80 | (29.80) | m |
| 700m | 1:04.69 | (34.89) | |
| 1100m | 1:41.94 | (37.25) | |
| 1500m | 2:20.14 | (38.20) | |

| | | Naam | Cat | PR | Tijd Info |
|----|----|---------------------------|-----|---------|-------------------|
| 44 | gl | 38 Indy Kromokario | HA1 | 2:22.45 | 2:19.69 PR |
| | bl | 18 Tiemen Haaring | HA1 | 2:17.23 | 2:16.97 PR |

Indy Kromokario

| | | |
|-------|---------|---------|
| 300m | 27.37 | (27.37) |
| 700m | 1:00.45 | (33.08) |
| 1100m | 1:38.69 | (38.24) |
| 1500m | 2:19.69 | (41.00) |

Tiemen Haaring

| | | |
|-------|---------|---------|
| 300m | 29.37 | (29.37) |
| 700m | 1:03.60 | (34.23) |
| 1100m | 1:39.63 | (36.03) |
| 1500m | 2:16.97 | (37.34) |

| | | Naam | Cat | PR | Tijd Info |
|----|----------|----------------------|-----|---------|-------------------|
| 45 | wt rd | 40 Duco Kuper | HA1 | 2:17.35 | 2:33.04 FL |

Duco Kuper

| | | | |
|---|-------|---------|---------|
| m | 300m | 29.74 | (29.74) |
| | 700m | 1:05.50 | (35.76) |
| | 1100m | 1:42.96 | (37.46) |
| | 1500m | 2:33.04 | (50.08) |

| | | Naam | Cat | PR | Tijd Info |
|----|----|---------------------------|-----|---------|-------------------|
| 46 | gl | 13 Guus Gelderblom | HA2 | 2:10.71 | 2:14.37 |
| | bl | 54 Sven Pera | HA2 | 2:12.49 | 2:13.85 HT |

Guus Gelderblom

| | | |
|-------|---------|---------|
| 300m | 29.66 | (29.66) |
| 700m | 1:04.29 | (34.63) |
| 1100m | 1:39.01 | (34.72) |
| 1500m | 2:14.37 | (35.36) |

Sven Pera

| | | |
|-------|---------|---------|
| 300m | 27.98 | (27.98) |
| 700m | 1:01.93 | (33.95) |
| 1100m | 1:38.04 | (36.11) |
| 1500m | 2:13.85 | (35.81) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-------------------------|-----|-----|----|---------|-------------------|
| 47 | wt | 19 | Dion van Hal | | HA1 | | 2:06.99 | 2:03.29 PR |
| | rd | 52 | Maarten Pennings | | HA1 | | 2:08.57 | 2:18.94 |

Dion van Hal

| | | |
|-------|---------|---------|
| 300m | 27.42 | (27.42) |
| 700m | 58.31 | (30.89) |
| 1100m | 1:30.42 | (32.11) |
| 1500m | 2:03.29 | (32.87) |

Maarten Pennings

| | | |
|-------|---------|---------|
| 300m | 29.44 | (29.44) |
| 700m | 1:04.51 | (35.07) |
| 1100m | 1:41.12 | (36.61) |
| 1500m | 2:18.94 | (37.82) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---------------------|-----|-----|----|---------|----------------|
| 48 | gl | 1 | Berto Anker | | HA2 | | 2:07.10 | 2:11.25 |
| | bl | 34 | Tygo Kompier | | HA1 | | 1:52.74 | 1:57.28 |

Berto Anker

| | | |
|-------|---------|---------|
| 300m | 28.14 | (28.14) |
| 700m | 1:00.52 | (32.38) |
| 1100m | 1:35.20 | (34.68) |
| 1500m | 2:11.25 | (36.05) |

Tygo Kompier

| | | |
|-------|---------|---------|
| 300m | 25.51 | (25.51) |
| 700m | 54.56 | (29.05) |
| 1100m | 1:25.24 | (30.68) |
| 1500m | 1:57.28 | (32.04) |

9. Uitslag Dames Jun-B 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------------|-----|------|------|----------------|------|--------|
| 1 | 67 Ymke Wubben | DB1 | 52 | I | 4:47.14 | | |
| 2 | 33 Amber Koetsier | DB1 | 52 | O | 4:51.39 | | |
| 3 | 25 Lenthe Jansen | DB2 | 51 | I | 4:57.96 | | |
| 4 | 69 Esmee Zijderlaan | DB2 | 51 | O | 5:15.70 | | |
| 5 | 50 Lieke van Ooij | DB2 | 50 | I | 5:20.90 | PR | |
| 6 | 16 Nora de Graaf | DB2 | 50 | O | 5:21.02 | | |
| 7 | 42 Vera van der Leden | DB2 | 49 | I | 5:42.43 | | |
| 8 | 17 Simone Gravesteyn | DB1 | 49 | O | 5:55.80 | | |

9. Rituitslag Dames Jun-B 3000 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------|---------------------------|---------|-------|---------|--------------------------|------|
| 49 | wt | 42 | Vera van der Leden | | DB2 | | 5:42.43 | |
| | rd | 17 | Simone Gravesteyn | | DB1 | | 5:55.80 | |
| | | | Vera van der Leden | | | | Simone Gravesteyn | |
| | | 200m | 25.79 | (25.79) | 200m | 25.66 | (25.66) | |
| | | 600m | 1:07.98 | (42.19) | 600m | 1:09.85 | (44.19) | |
| | | 1000m | 1:52.49 | (44.51) | 1000m | 1:56.52 | (46.67) | |
| | | 1400m | 2:38.30 | (45.81) | 1400m | 2:44.18 | (47.66) | |
| | | 1800m | 3:24.20 | (45.90) | 1800m | 3:31.90 | (47.72) | |
| | | 2200m | 4:11.50 | (47.30) | 2200m | 4:19.34 | (47.44) | |
| | | 2600m | 4:57.64 | (46.14) | 2600m | 5:08.38 | (49.04) | |
| | | 3000m | 5:42.43 | (44.79) | 3000m | 5:55.80 | (47.42) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|-------|-----------------------|---------|-------|---------|----------------------|------|
| 50 | gl | 50 | Lieke van Ooij | | DB2 | 5:21.72 | 5:20.90 | PR |
| | bl | 16 | Nora de Graaf | | DB2 | 5:17.47 | 5:21.02 | |
| | | | Lieke van Ooij | | | | Nora de Graaf | |
| | | 200m | 23.96 | (23.96) | 200m | 24.70 | (24.70) | |
| | | 600m | 1:03.98 | (40.02) | 600m | 1:04.70 | (40.00) | |
| | | 1000m | 1:45.90 | (41.92) | 1000m | 1:46.50 | (41.80) | |
| | | 1400m | 2:29.20 | (43.30) | 1400m | 2:28.73 | (42.23) | |
| | | 1800m | 3:12.70 | (43.50) | 1800m | 3:11.97 | (43.24) | |
| | | 2200m | 3:56.60 | (43.90) | 2200m | 3:55.02 | (43.05) | |
| | | 2600m | 4:39.74 | (43.14) | 2600m | 4:39.15 | (44.13) | |
| | | 3000m | 5:20.90 | (41.16) | 3000m | 5:21.02 | (41.87) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|----------------------------|---------|---------|-------------------------|---------|----------------|------|
| 51 | wt | 25 Lenthe Jansen | | | DB2 | 4:49.21 | 4:57.96 | |
| | rd | 69 Esmee Zijderlaan | | | DB2 | 5:18.61 | 5:15.70 | |
| | | Lenthe Jansen | | | Esmee Zijderlaan | | | |
| | | 200m | 23.02 | (23.02) | 200m | 24.02 | (24.02) | |
| | | 600m | 1:01.79 | (38.77) | 600m | 1:03.24 | (39.22) | |
| | | 1000m | 1:41.92 | (40.13) | 1000m | 1:44.27 | (41.03) | |
| | | 1400m | 2:22.66 | (40.74) | 1400m | 2:27.50 | (43.23) | |
| | | 1800m | 3:01.88 | (39.22) | 1800m | 3:10.76 | (43.26) | |
| | | 2200m | 3:41.11 | (39.23) | 2200m | 3:54.19 | (43.43) | |
| | | 2600m | 4:20.54 | (39.43) | 2600m | 4:35.90 | (41.71) | |
| | | 3000m | 4:57.96 | (37.42) | 3000m | 5:15.70 | (39.80) | |

| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------------|---------|---------|-----------------------|---------|----------------|------|
| 52 | gl | 67 Ymke Wubben | | | DB1 | 4:34.63 | 4:47.14 | |
| | bl | 33 Amber Koetsier | | | DB1 | 4:41.80 | 4:51.39 | |
| | | Ymke Wubben | | | Amber Koetsier | | | |
| | | 200m | 1:00.08 | (60.08) | 200m | 23.07 | (23.07) | |
| | | 600m | 1:36.89 | (36.81) | 600m | 59.80 | (36.73) | |
| | | 1000m | 2:15.34 | (38.45) | 1000m | 1:38.08 | (38.28) | |
| | | 1400m | 2:53.09 | (37.75) | 1400m | 2:16.42 | (38.34) | |
| | | 1800m | 3:30.78 | (37.69) | 1800m | 2:55.15 | (38.73) | |
| | | 2200m | 4:08.99 | (38.21) | 2200m | 3:33.90 | (38.75) | |
| | | 2600m | 4:47.14 | (38.15) | 2600m | 4:12.82 | (38.92) | |
| | | | | | 3000m | 4:51.39 | (38.57) | |

10. Uitslag Heren Jun-B 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|------------------------------|-----|------|------|----------------|------|--------|
| 1 | 28 Taeke Jongbloed | HB1 | 56 | I | 4:17.93 | | |
| 2 | 5 Luke Bavius | HB1 | 56 | O | 4:26.19 | | |
| 3 | 73 Kyenno Fredrikze | HB2 | 53 | I | 4:40.99 | PR | |
| 4 | 26 Quinten de Jong | HB1 | 55 | O | 4:45.18 | | |
| 5 | 55 Dong Yang Plugge | HB2 | 55 | I | 4:50.16 | PR | |
| 6 | 11 Liam Dias d'Ullois | HB2 | 53 | O | 5:00.16 | | |

10. Rituitslag Heren Jun-B 3000 meter

| | | Naam | | Cat | | PR | | Tijd | Info | |
|----|----|-------|---------------------------|---------|-------|---------|---------------------------|----------------|------|--|
| 53 | wt | 73 | Kyenno Fredrikze | | HB2 | 4:44.31 | | 4:40.99 | PR | |
| | rd | 11 | Liam Dias d'Ullois | | HB2 | 4:53.74 | | 5:00.16 | | |
| | | | Kyenno Fredrikze | | | | Liam Dias d'Ullois | | | |
| | | 200m | 21.90 | (21.90) | 200m | 23.05 | (23.05) | | | |
| | | 600m | 58.62 | (36.72) | 600m | 1:02.74 | (39.69) | | | |
| | | 1000m | 1:35.79 | (37.17) | 1000m | 1:42.03 | (39.29) | | | |
| | | 1400m | 2:13.60 | (37.81) | 1400m | 2:22.22 | (40.19) | | | |
| | | 1800m | 2:50.64 | (37.04) | 1800m | 3:02.88 | (40.66) | | | |
| | | 2200m | 3:27.49 | (36.85) | 2200m | 3:43.21 | (40.33) | | | |
| | | 2600m | 4:04.56 | (37.07) | 2600m | 4:22.53 | (39.32) | | | |
| | | 3000m | 4:40.99 | (36.43) | 3000m | 5:00.16 | (37.63) | | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|-----|--|----|--|------|------|
| 54 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | | | | | | | |

| | | Naam | | Cat | | PR | | Tijd | Info | |
|----|----|-------|-------------------------|---------|-------|---------|------------------------|----------------|------|--|
| 55 | wt | 55 | Dong Yang Plugge | | HB2 | 5:11.51 | | 4:50.16 | PR | |
| | rd | 26 | Quinten de Jong | | HB1 | 4:41.41 | | 4:45.18 | | |
| | | | Dong Yang Plugge | | | | Quinten de Jong | | | |
| | | 200m | 22.12 | (22.12) | 200m | 20.78 | (20.78) | | | |
| | | 600m | 57.09 | (34.97) | 600m | 55.34 | (34.56) | | | |
| | | 1000m | 1:33.86 | (36.77) | 1000m | 1:33.11 | (37.77) | | | |
| | | 1400m | 2:12.75 | (38.89) | 1400m | 2:11.82 | (38.71) | | | |
| | | 1800m | 2:51.97 | (39.22) | 1800m | 2:51.46 | (39.64) | | | |
| | | 2200m | 3:31.30 | (39.33) | 2200m | 3:29.85 | (38.39) | | | |
| | | 2600m | 4:10.98 | (39.68) | 2600m | 4:08.49 | (38.64) | | | |
| | | 3000m | 4:50.16 | (39.18) | 3000m | 4:45.18 | (36.69) | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|--|--------------------|---------|----------------|
| 56 | gl | 28 | Taeke Jongbloed | | | HB1 | 4:08.17 | 4:17.93 |
| | bl | 5 | Luke Bavius | | | HB1 | 4:20.75 | 4:26.19 |
| | | Taeke Jongbloed | | | | Luke Bavius | | |
| | | 200m | 20.65 | (20.65) | | 200m | 20.97 | (20.97) |
| | | 600m | 53.42 | (32.77) | | 600m | 54.44 | (33.47) |
| | | 1000m | 1:26.24 | (32.82) | | 1000m | 1:28.52 | (34.08) |
| | | 1400m | 1:59.46 | (33.22) | | 1400m | 2:03.50 | (34.98) |
| | | 1800m | 2:32.96 | (33.50) | | 1800m | 2:38.71 | (35.21) |
| | | 2200m | 3:07.37 | (34.41) | | 2200m | 3:14.40 | (35.69) |
| | | 2600m | 3:42.40 | (35.03) | | 2600m | 3:49.93 | (35.53) |
| | | 3000m | 4:17.93 | (35.53) | | 3000m | 4:26.19 | (36.26) |

11. Uitslag Dames Jun-A 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|-----------------------------|-----|------|------|----------------|------|--------|
| 1 | 59 Guusje van Santen | DA2 | 58 | I | 5:20.97 | | |
| 2 | 22 Famke Hogenboom | DA2 | 58 | O | 5:35.34 | | |
| 3 | 32 Caitlin Koenen | DA2 | 57 | I | 5:37.05 | | |
| 4 | 68 Pip Ypenburg | DA1 | 57 | O | 5:54.43 | | |

11. Rituitslag Dames Jun-A 3000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------|-----------------------|---------|-----|---------|---------------------|----------------|------|
| 57 | wt | 32 | Caitlin Koenen | | DA2 | 5:34.44 | | 5:37.05 | |
| | rd | 68 | Pip Ypenburg | | DA1 | 5:39.00 | | 5:54.43 | |
| | | | Caitlin Koenen | | | | Pip Ypenburg | | |
| | | 200m | 24.46 | (24.46) | | 200m | 25.37 | (25.37) | |
| | | 600m | 1:05.43 | (40.97) | | 600m | 1:08.00 | (42.63) | |
| | | 1000m | 1:48.13 | (42.70) | | 1000m | 1:54.06 | (46.06) | |
| | | 1400m | 2:32.06 | (43.93) | | 1400m | 2:41.10 | (47.04) | |
| | | 1800m | 3:17.63 | (45.57) | | 1800m | 3:29.63 | (48.53) | |
| | | 2200m | 4:04.20 | (46.57) | | 2200m | 4:18.52 | (48.89) | |
| | | 2600m | 4:51.04 | (46.84) | | 2600m | 5:07.62 | (49.10) | |
| | | 3000m | 5:37.05 | (46.01) | | 3000m | 5:54.43 | (46.81) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------|--------------------------|---------|-----|---------|------------------------|----------------|------|
| 58 | gl | 59 | Guusje van Santen | | DA2 | 5:02.32 | | 5:20.97 | |
| | bl | 22 | Famke Hogenboom | | DA2 | 5:27.48 | | 5:35.34 | |
| | | | Guusje van Santen | | | | Famke Hogenboom | | |
| | | 200m | 24.26 | (24.26) | | 200m | 24.72 | (24.72) | |
| | | 600m | 1:03.68 | (39.42) | | 600m | 1:05.58 | (40.86) | |
| | | 1000m | 1:44.80 | (41.12) | | 1000m | 1:48.94 | (43.36) | |
| | | 1400m | 2:27.23 | (42.43) | | 1400m | 2:34.30 | (45.36) | |
| | | 1800m | 3:10.12 | (42.89) | | 1800m | 3:19.91 | (45.61) | |
| | | 2200m | 3:53.63 | (43.51) | | 2200m | 4:05.23 | (45.32) | |
| | | 2600m | 4:37.52 | (43.89) | | 2600m | 4:51.60 | (46.37) | |
| | | 3000m | 5:20.97 | (43.45) | | 3000m | 5:35.34 | (43.74) | |

12. Uitslag Heren jun-A 3000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------------|-----|------|------|----------------|------|--------|
| 1 | 34 Tygo Kompier | HA1 | 62 | I | 4:14.39 | | |
| 2 | 19 Dion van Hal | HA1 | 62 | O | 4:15.11 | PR | |
| 3 | 54 Sven Pera | HA2 | 61 | O | 4:35.22 | PR | |
| 4 | 1 Berto Anker | HA2 | 61 | I | 4:39.63 | | |
| 5 | 13 Guus Gelderblom | HA2 | 60 | I | 4:47.87 | | |
| 6 | 52 Maarten Pennings | HA1 | 59 | O | 4:50.50 | | |
| 7 | 18 Tiemen Haaring | HA1 | 59 | I | 5:02.01 | | |
| 8 | 38 Indy Kromokario | HA1 | 60 | O | 5:30.45 | | |

12. Rituitslag Heren jun-A 3000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------|-------------------------|---------|-----|---------|-------------------------|----------------|------|
| 59 | wt | 18 | Tiemen Haaring | | HA1 | 4:50.35 | | 5:02.01 | |
| | rd | 52 | Maarten Pennings | | HA1 | 4:39.00 | | 4:50.50 | |
| | | | Tiemen Haaring | | | | Maarten Pennings | | |
| | | 200m | 22.15 | (22.15) | | 200m | 21.42 | (21.42) | |
| | | 600m | 59.26 | (37.11) | | 600m | 57.68 | (36.26) | |
| | | 1000m | 1:38.05 | (38.79) | | 1000m | 1:36.06 | (38.38) | |
| | | 1400m | 2:17.39 | (39.34) | | 1400m | 2:14.88 | (38.82) | |
| | | 1800m | 2:57.89 | (40.50) | | 1800m | 2:53.73 | (38.85) | |
| | | 2200m | 3:39.04 | (41.15) | | 2200m | 3:32.50 | (38.77) | |
| | | 2600m | 4:20.82 | (41.78) | | 2600m | 4:11.60 | (39.10) | |
| | | 3000m | 5:02.01 | (41.19) | | 3000m | 4:50.50 | (38.90) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|-------|------------------------|---------|-----|---------|------------------------|----------------|------|
| 60 | gl | 13 | Guus Gelderblom | | HA2 | 4:45.23 | | 4:47.87 | |
| | bl | 38 | Indy Kromokario | | HA1 | 5:20.42 | | 5:30.45 | |
| | | | Guus Gelderblom | | | | Indy Kromokario | | |
| | | 200m | 22.45 | (22.45) | | 200m | 22.42 | (22.42) | |
| | | 600m | 1:00.49 | (38.04) | | 600m | 58.37 | (35.95) | |
| | | 1000m | 1:37.26 | (36.77) | | 1000m | 1:36.91 | (38.54) | |
| | | 1400m | 2:14.79 | (37.53) | | 1400m | 2:17.77 | (40.86) | |
| | | 1800m | 2:52.64 | (37.85) | | 1800m | 3:01.96 | (44.19) | |
| | | 2200m | 3:30.81 | (38.17) | | 2200m | 3:48.78 | (46.82) | |
| | | 2600m | 4:09.40 | (38.59) | | 2600m | 4:39.21 | (50.43) | |
| | | 3000m | 4:47.87 | (38.47) | | 3000m | 5:30.45 | (51.24) | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|--------------------|--------------------|---------|-------|---------|---------|------------------|----------------|------|
| 61 | wt | 1 | Berto Anker | | HA2 | | | 4:33.52 | 4:39.63 | |
| | rd | 54 | Sven Pera | | HA2 | | | 4:41.12 | 4:35.22 | PR |
| | | Berto Anker | | | | | | Sven Pera | | |
| | | 200m | 21.03 | (21.03) | 200m | 20.90 | (20.90) | | | |
| | | 600m | 56.07 | (35.04) | 600m | 55.57 | (34.67) | | | |
| | | 1000m | 1:32.32 | (36.25) | 1000m | 1:31.32 | (35.75) | | | |
| | | 1400m | 2:08.18 | (35.86) | 1400m | 2:07.80 | (36.48) | | | |
| | | 1800m | 2:45.46 | (37.28) | 1800m | 2:45.08 | (37.28) | | | |
| | | 2200m | 3:23.51 | (38.05) | 2200m | 3:21.99 | (36.91) | | | |
| | | 2600m | 4:01.96 | (38.45) | 2600m | 3:58.64 | (36.65) | | | |
| | | 3000m | 4:39.63 | (37.67) | 3000m | 4:35.22 | (36.58) | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info |
|----|----|---------------------|---------------------|---------|-------|---------|---------|---------------------|----------------|------|
| 62 | gl | 34 | Tygo Kompier | | HA1 | | | 4:03.07 | 4:14.39 | |
| | bl | 19 | Dion van Hal | | HA1 | | | 4:21.85 | 4:15.11 | PR |
| | | Tygo Kompier | | | | | | Dion van Hal | | |
| | | 200m | 20.17 | (20.17) | 200m | 20.19 | (20.19) | | | |
| | | 600m | 51.90 | (31.73) | 600m | 52.45 | (32.26) | | | |
| | | 1000m | 1:24.12 | (32.22) | 1000m | 1:25.64 | (33.19) | | | |
| | | 1400m | 1:56.96 | (32.84) | 1400m | 1:59.48 | (33.84) | | | |
| | | 1800m | 2:30.59 | (33.63) | 1800m | 2:33.45 | (33.97) | | | |
| | | 2200m | 3:04.37 | (33.78) | 2200m | 3:07.28 | (33.83) | | | |
| | | 2600m | 3:38.97 | (34.60) | 2600m | 3:41.23 | (33.95) | | | |
| | | 3000m | 4:14.39 | (35.42) | 3000m | 4:15.11 | (33.88) | | | |